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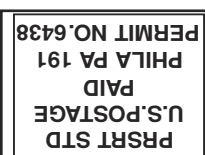
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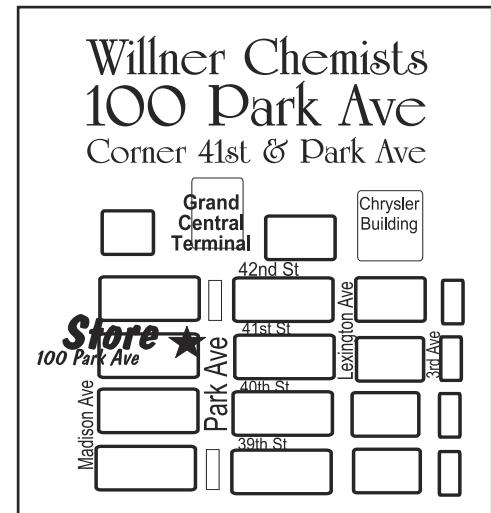
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



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The Nutritional Supplement Professionals

The Willner Window

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BEYOND BONE BROTH, BEEF FLAVOR - JRW67103
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Jarrow Formulas' Golden Milk (with grass fed rBST-Free whey protein concentrate) and Golden Tea (vegan formula) are contemporary adaptations of traditional drink recipes that combine turmeric and warming spices. They are a delicious way to introduce the benefits and digestive properties of turmeric root (*Curcuma longa*) into your daily regimen.*

GOLDEN MILK TURMERIC INFUSION - JRW67100
GOLDEN TEA TURMERIC INFUSION - JRW67101

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Jarro-Dophilus® Oral Probiotic lozenges contain *Lactobacillus brevis* CECT 7480, *Lactobacillus plantarum* CECT 7481 and *Pediococcus acidilactici* CECT 8633, three documented strains that have been shown in scientific studies to help promote the health of the gums and teeth and promote better breath.*



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Natural Fresh Peppermint Flavor - JRW67391

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The use of *Lactobacillus brevis* CECT 7480, *Lactobacillus plantarum* CECT 7481 and *Pediococcus acidilactici* CECT 8633 for oral health is protected by US Patent No. 9,192,634 B2.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Adaptogen Complex

**An excellent anti-stress formula;
a Chi or energy tonic.**

1 fl oz - Product Code: 57083

Who would benefit from this supplement?

- Those suffering from fatigue, overexertion, stress, chemotherapy, depression. Best used on a daily basis.

Ingredients:

Phyto-Tech™ Adaptogen Complex contains the following herbs: Red Reishi Mushroom, Eleuthero Root, Ashwagandha Root, Vanuatu Kava Root, Licorice Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend
- Phyto-Tech™ Immune Complex

Adrenal Adaptogen Complex

**Supports healthy adrenal gland function,
optimizing the body's handling of stress induced
fatigue, immune deficiency and debility.**

90 VeggieCaps - Product Code: 67452

Who might benefit from this supplement?

- Those suffering from fatigue, burnout, stress, debility, Immune Deficiency
- Those with poor immune function brought on by stress, mental and physical weakness.

Ingredients:

Phyto-Tech™ Adrenal Adaptogen Complex contains, in each veggie capsule, 465 mg of the following fresh ground herbs: Organic Eleuthero Root 155mg, Organic Ashwagandha Root 155mg, Organic Schizandra Berry 40mg, Imported Cordyceps Mushroom 40mg, American Ginseng Root 25mg, Rhodiola Root Extract (5% Resaving) 25mg, Red Chinese Ginseng Root 20mg, Organic Aralia mandshurica Root 5mg.

The vegetarian capsule contains modified vegetable cellulose.

Properties:

Traditionally, this combination of herbs can be thought to exert the following properties: Adaptogen, Adrenal Tonic, Immuno-Modulating, Mood Enhancing, Anti-Depressant

Indications:

Adrenal Adaptogen Complex is a balancing adaptogenic formula indicated for those who are overworked, overstressed, and find themselves feeling tired, overwhelmed and burnt-out most or all of the time. It is also helpful for those who haven't hit the wall yet, but live fast-paced, high-stress lifestyles and want to avoid breakdown and burnout. Adrenal Adaptogen Complex will increase the body's resistance to physical, mental, and environmental stress, and help to defend against diseases and disorders caused by over-stress. The herbs used in the formula are highly adaptogenic and work synergistically to moderate the stress response, not by blocking it altogether but by balancing it out. In other words, they enable the body to respond more appropriately to stress without over-exaggerating the response. This prevents adrenal overstimulation and protects the adrenals from breakdown and exhaustion. Adaptogens act positively on glucose metabolism as they stimulate the liver to convert glycogen to glucose, enhance entry of glucose into the cell, and enhance utilization of glucose within cells. Regular use of Adrenal Adaptogen Complex will help normalize stress hormone levels, lessening ones predisposition to stress, decrease over-reactions during the stress response, and provide protection against the effects of long-term stress. In addition, energy and vitality will be restored, and mood and emotional well-being will improve.

Eleuthero (Eleutherococcus senticosus) has been used in Traditional Chinese Medicine for thousands of years and is indicated for those with fatigue, physical weakness, compromised immunity, and poor work capacity and concentration. Pharmacologically, Eleuthero tonifies, displays

anti-stress activity, increases lymphocyte count, and has an immunomodulatory effect on the cellular immune system. Studies show that Eleuthero increases endurance, reduces the alarm phase of the stress response, prevents stress-induced illness and disease, supports adrenal function, and enhances T-cell activation and immune system function. Formerly known in the U.S. as Siberian Ginseng, Eleuthero is not a true ginseng, but it does belong to the same family of plants. Compared to true ginseng, Eleuthero is non-heating and milder in its stimulatory effects.

Ashwagandha is used preventively to avoid burnout and breakdown and restoratively to help strengthen those who are already mentally and/or physically depleted. It has positive effects on chronic fatigue syndrome, depression, debility, and recovery from wasting diseases. Ashwagandha is one of the most important herbs of Ayurveda and is known as "Ayurvedic" Ginseng. It is indicated for similar conditions as Ginseng, but it is not heating, Yang, or stimulating like Ginseng. Many scientific studies have been conducted that support Ashwagandha's adaptogenic and anti-stress activity. It's been found to be effective at increasing physical endurance, preventing gastric ulcers brought on by stress, and reducing the rise of stress hormone levels in the blood. Ashwagandha also has cognitive effects and can increase intellect and memory. Several studies indicate it slows stops and reverses neuritic atrophy and synaptic loss, and thus has been used in the treatment of neurodegenerative diseases such as Alzheimer's, Parkinson's, and Huntington's. Ashwagandha also displays GABA-mimetic, anxiolytic and anti-depressant properties and can help stabilize mood in those with anxiety and depression.

American Ginseng (Panax quinquefolius) is native to North America and was used in traditional indigenous medicine by tribes such as the Cherokee, Creek, Iroquois, Menominee,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Yeast Beta Glucan Boosts Immunity

Beta-glucan is a type of soluble fiber shown to be beneficial in heart health and immune function. Different forms of beta-glucan are found in different plants. Supplements containing beta-glucan from yeast and mushroom sources, for example, are often used for their effect on the immune system.

The following study supports the claim that beta-glucan from yeast supports immune function.

Immediately after intense exercise, the immune system is less able to protect against opportunistic infection. In this study, participants took a placebo or 250 mg of yeast beta glucan per day. After 10 days, participants completed a 90-minute exercise session in a hot, humid environmental chamber.

Four hours after exercise, blood samples showed that, compared to placebo, those in the beta glucan group produced 48 percent more interferon-gamma, an immune factor that combats bacterial and viral infection; a 38 percent increase in immune killer T-cells, which combat pathogens; and a 29 percent increase in monocytes, a type of immune cell produced in bone marrow that travels through the blood and into the tissues.

Discussing the findings, doctors said that after exercise, both trained athletes and weekend warriors are more prone to illness, and that beta glucan can strengthen the immune system and its response after exercise.

Reference: *Frontiers in Physiology*; October, 2017, 00786, Published Online

**Willner Chemists
Product Recommendation:**

**Jarrow Formulas
Beta Glucan 250mg
60 Capsules
Product Code: 51304**

**The pharmacists and
nutritionists at
Willner Chemists
will be happy to help you
choose the formulation best
for your specific needs.**

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ojibwa, Pawnn, and Seneca. Its primary uses include enhancing blood sugar metabolism in both healthy individuals and those with type 2 diabetes, improving cardiorespiratory endurance during activity, boosting mood and reducing fatigue. It has a systemic effect to increase vigor, energy and vitality, and is especially helpful for individuals feeling overworked and rundown.

Red Chinese Ginseng (Panax ginseng) is more warming and stimulating than American. Studies have shown it to have positive effects on quality of life, physical and mental stress, and intellectual skills. Traditional Chinese Medicine believes that it replenishes vital essence and promotes blood circulation. It acts through both the hypothalamus-pituitary-adrenal axis and through its immunomodulatory activity.

Schizandra increases endurance and mental performance, and has an adaptogenic, tonifying, and stimulating effect during extreme fatigue. Studies indicate daily use of Schizandra helps prevent increases in cortisol, nitric oxide and stress activated protein kinase. It also exhibits anti-depressant activity and is indicated for depressions related to excessive fatigue and nervous exhaustion.

Cordyceps have been traditionally used as a tonic to improve energy, endurance, stamina, appetite and sleep patterns. Research indicates they have biological and pharmacological actions in diseases of the liver, kidneys and cardiovascular system, and effects on immunological disorders. Cordyceps stimulate production of T helper cells, TNF-alpha and interleukin 1 production, increase natural killer cell activity, and prolong lymphocyte survival.

Rhodiola increases resistance to chemical, biological, and physical stressors and protects the body from stress-induced breakdown. It stimulates the activity of the neurotransmitters serotonin, dopamine and norepinephrine, helps normalize

mood in depressed individuals, and improves cognitive function.

Aralia mandshurica is an adaptogen native to the eastern regions of Russia, northern China, and Korea and has been traditionally used to treat stress, fatigue, debility, depression, immune weakness and headache. It's also been studied for its positive effects on lipid metabolism.

Rhaponticum, native to Russia, is used to restore strength and energy, improve mood, and increase mental focus and alertness, especially in stressful conditions. It has a wide-range of properties that include cardiac tonic, nervine, immune stimulant, antioxidant, and liver protector.

Contra-indications and Cautions:
Pregnancy; Possibly high blood pressure

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (nutritional support for stress and fatigue)
- Immune Acute Complex (if immune system is weak)
- St. John's Wort (for depression)
- Ginkgo (to increase memory and cerebral circulation)

Dosage:

Take 1capsule, 1-3 times per day or as needed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

Adrenal Stress Complex

Supports healthy adrenal gland function, optimizing the body's handling of stress.

1 fl oz - Product Code: 57037

Phyto-Tech™ Adrenal Stress Complex is a blend of adrenal-normalizing, adaptogenic herbs especially valuable for those

suffering the stressful effects of a fast paced lifestyle. This formula can be considered an "adrenal tonic." This formula also helps maintain healthy blood sugar levels by supporting liver function.

Who would benefit from this supplement?

- Those suffering from stress related to a fast-paced, demanding lifestyle.
- Those who have problems with blood sugar regulation, including hypoglycemia and adult onset, type 2 diabetes.
- Those with adrenal dysfunction leading to blood sugar swings, water imbalance, mood swings, and thyroid dysfunction.

Ingredients:

Phyto-Tech™ Adrenal Stress Complex contains the following herbs: Licorice Root, Eleuthero Root, Devil's Club Root Bark, Dandelion Root, Sarsaparilla Root, Ginger Root.

Dosage:

20-40 drops in water or juice, 2-3 times daily, or as needed.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex, when fatigue and burn out present
- Phyto-Tech™ Ginseng Energy Blend, when extreme fatigue, low passion present
- Phyto-Tech™ Holy Basil 20-8-8-5 liquid veggie caps to counteract stress and control cortisol levels.

Allergy Complex

This supplement supports healthy sinus and respiratory systems function by exerting an anti-histamine, decongestant type action.

1 fl oz - Product Code: 56983

Alcohol Free - Product Code 57041

Child Friendly - Product Code 57013

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WILLVITE (with Iron) 120 Tablets

SUPPLEMENT FACTS:

Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract (Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.



... from Willner Chemists A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.*

Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

Available Now: Willvite Regular & Iron-Free
Willvite, 120 Tabs, Product Code: 30439
Willvite, Iron Free, 120 Tabs, Product Code: 44384

**Now with added CoQ10,
Lycopene, Phytoantioxidants
and Lutein!
Regular, and Iron-Free!**

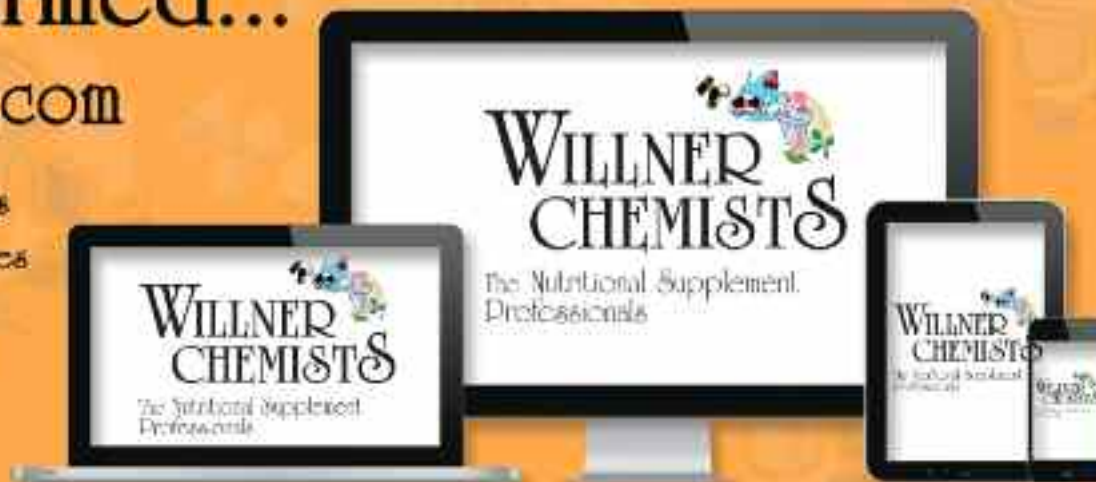


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Ginkgo Biloba and Dementia

Historically, few herbs have been as widely researched and used therapeutically as ginkgo biloba. There is always the desire to find something "new" however, especially by the marketing people, and I fear that ginkgo is not receiving as much attention as it should. Do you realize, for example, that ginkgo biloba has actually been shown to be an effective treatment for Alzheimer's disease? This is not an empty marketing claim. It's a claim supported by research.

Ginkgo is known to be a powerful phyto antioxidant, and is thought to enhance peripheral and cerebral circulation. It has been used for numerous health problems, including the following: "Orally, ginkgo leaf is used for dementia, including Alzheimer's, vascular, and mixed dementia. Ginkgo leaf is also used orally for conditions associated with cerebral vascular insufficiency, especially in the elderly, including memory loss, headache, tinnitus, vertigo, dizziness, difficulty concentrating, mood disturbances, and hearing disorders. It is also used orally for ischemic stroke, peripheral arterial disease (PAD), arteriosclerosis, angina pectoris, and cardiac reperfusion injury. Ginkgo leaf is also used for cognitive dysfunction related to chemotherapy or Lyme disease, as well as sexual dysfunction, including that caused by SSRI antidepressants. It is also used orally for cognitive disorders secondary to depression; eye problems, including macular degeneration and glaucoma; attention deficit-hyperactivity disorder (ADHD); autism; thrombosis; heart disease; hypercholesterolemia; premenstrual

Among the various medical treatments for Alzheimer's is finding ways to increase acetylcholine levels in the brain. One way to do this is to reduce the activity of the enzyme that breaks down acetylcholine. That enzyme is called acetylcholinesterase.

Ginkgo can inhibit acetylcholinesterase (AChE) activity. In addition to inhibiting AChE activity, ginkgo leaf extract might be helpful for Alzheimer's disease due to inhibition of toxicity and cell death induced by beta-amyloid peptides. It might also increase acetylcholine levels in portions of the brain associated with cognitive function. However, these latter effects have not yet been demonstrated in humans.

Acetylcholinesterase inhibitor (AChEI) drugs are the first-line treatments for Alzheimer's. These include donepezil, rivastigmine, and galantamine. As mentioned above, these drugs reversibly inhibit the acetylcholinesterase (AChE) enzyme, which breaks down acetylcholine. By inhibiting the

patients with Alzheimer's disease. Ginkgo is one of those nutritional supplements with many potential health benefits, but with little or no downside. It is well tolerated and pretty much side effect free. Some medical doctors include it in their "watch out for bleeding" problems, but, as Dr. Gaby points out, the concern that ginkgo might promote bleeding is based on reports that it inhibits platelet aggregation. However, a meta-analysis of 18 randomized controlled trials (with a total of 1,985 adults) found that ginkgo had no significant effect on platelet aggregation.

References:

1. Therapeutic Research Center, Natural Medicines
2. Gaby, Alan R., M.D.. Nutritional Medicine, 2nd Edition. Alan R. Gaby, M.D., 04/2017. VitalBook file.
3. Consumerlabs.com
4. Natural Insights

Note: The concern that ginkgo might promote bleeding is based on reports that it inhibits platelet aggregation.^{1, 13,14} However, a meta-analysis of 18 randomized controlled trials (with a total of 1,985 adults) found that ginkgo had no significant effect on platelet aggregation.¹⁵

(Gaby 228)

Gaby, Alan R., M.D.. Nutritional Medicine, 2nd Edition. Alan R. Gaby, M.D., 04/2017. VitalBook file.

The citation provided is a guideline. Please check each citation for accuracy before use.

There is evidence showing that taking ginkgo leaf extract modestly improves symptoms of Alzheimer's disease and other dementias. Studies lasting from three months to one year show that ginkgo leaf extract can stabilize or improve some measures of cognitive function and social functioning in patients with Alzheimer's.

syndrome (PMS); dysentery and filariasis; and diabetic retinopathy. Ginkgo leaf is also used orally to improve cognitive behavior and sleep patterns in patients with depression, chronic fatigue syndrome (CFS), schizophrenia, and for the prevention of winter depression. Ginkgo leaf is also used orally for preventing acute mountain sickness and aging, regulating gastric acidity, improving liver and gallbladder function, controlling blood pressure, and treating Raynaud's disease. It is also used orally to treat asthma, allergies, bronchitis, and for various disorders of the central nervous system."

What led me to revisit ginkgo biloba was a study published in Reference: Nutrients; 2017, Vol. 9, No. 8, 803. In this study, 18 healthy, physically active young men took a placebo or 160 mg of ginkgo biloba per day for six weeks.

Before and after the supplement period, the men performed a graduated cycling test that measured maximum oxygen capacity. Both groups saw an increase in oxygen capacity between the two test periods, but the ginkgo biloba group increased 6 percent compared to 1 percent for placebo. The ginkgo group also saw an increase in antioxidant capacity, and an increase in a protein that influences a number of brain functions, including stimulating growth of new neurons and synapses-nerves and nerve-signaling pathways.

These results suggest a possible benefit to those suffering from Alzheimer's and similar conditions.

Ginkgo biloba is, in fact, one of the most popular supplements used to treat symptoms of Alzheimer's disease and dementia. As it turns out, there is good reason for this.

breakdown of acetylcholine, they increase acetylcholine levels.

There is evidence showing that taking ginkgo leaf extract modestly improves symptoms of Alzheimer's disease and other dementias. Studies lasting from three months to one year show that ginkgo leaf extract can stabilize or improve some measures of cognitive function and social functioning in patients with Alzheimer's. Higher daily doses of ginkgo (240 mg) seem to have a greater effect on cognitive function than lower daily doses (120 mg). However, due to poor study quality, there are concerns that positive results observed in some of the early ginkgo studies may not be reliable. Although most clinical trials show benefit, there are some conflicting findings.

Ginkgo has also been evaluated for the prevention of Alzheimer's disease or dementia. Epidemiologic research shows that taking ginkgo extract is not associated with a decreased risk of developing Alzheimer's disease or dementia in elderly patients with memory impairment. However, it might be associated with a decreased risk of overall mortality. Also, three large-scale clinical trials show that taking ginkgo extract 120 mg twice daily does not reduce the risk of developing all-cause dementia or Alzheimer's disease in elderly patients with normal cognitive function or in those with mild cognitive impairment. Unfortunately, evidence from a larger analysis suggests that, although taking ginkgo extract may improve cognition in patients with Alzheimer's disease, it does not prevent disease progression.

To summarize, taking ginkgo extract does not seem to prevent or slow the progression of Alzheimer's disease. But taking ginkgo extract might improve cognitive function in

Product Recommendation:

Nature's Way
GinkGold MAX 120 Mg Once Daily
60 Tablets
Product Code: 42262

The pharmacists and nutritionists at Willner Chemists will be happy to advise you about appropriate supplementation.

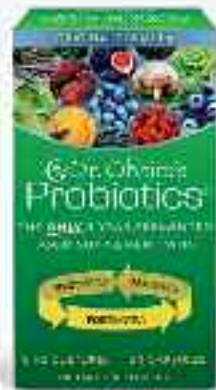
www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit Don's Blog
www.dongoldberg.com



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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who would benefit from this supplement?

- Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion.

Ingredients:

Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

Dosage: Preventative:

Begin use 2-4 weeks before the onset of the allergy season by taking Allergy Complex 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

Complimentary Formulas:

- Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech™ Liver Support along with Allergy Complex.
 - Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Turmeric treats liver deficiency which almost all hay fever is a symptom of. By treating the underlying constitutional predisposition, Phyto-Tech™ Allergy Complex can work deeper.
- (Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

American Ginseng

American Ginseng is an adaptogenic, immune-system modulating herb, enhancing stamina and energy.

American Ginseng 1:3 - 1 fl oz - Product Code: 56981
60 Veggie Caps - Product Code: 60122

Ingredients:

Phyto-Tech™ American Ginseng 1:3 contains certified organic

American Ginseng (Panax quinquefolium), 333 mg/ml. Also available in a vegetarian capsule form. Each Phyto-Tech™ American Ginseng veggie cap contains 400 mg of certified organic American Ginseng Root.

American Ginseng is a classic adaptogen herb with systemic action. It increases resistance to illness and environmental stresses, improving vigor, vitality, and energy.

American Ginseng does not treat disease directly, but strengthens the body's ability to adapt to stress and therefore may help to avoid acute episodes from manifesting when one is dealing with a chronic disease.

American Ginseng is especially helpful during the later stages in life, the effects of years of stress, wear and tear on the body begin to manifest themselves.

Who would benefit from this supplement?

- Those who are beginning to notice the signs of aging.
- Those who feel depleted and are low on passion or vital energy.
- Those who fear working too hard and burning out.
- Those who feel that they are under too much stress, and it is affecting their general health.
- Those who participate in athletics, and want to boost energy and stamina.
- Those who want to fight the aging process. Those who are elderly, and feel rundown and mildly depressed.

Dosage:

20-40 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer).

Complimentary Formulas:

- For the elderly, Phyto-Tech™ Ginkgo Biloba Leaf 1:1.5 works well with American Ginseng, especially if mild depression is a problem.

Antiox Phyto Blend

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a convenient liquid extract.

1 fl oz - Product Code: 57551

Who might benefit from this supplement?

- Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "anti-aging" supplement regimen.
- More specifically, this herbal supplement might benefit:**
- Those who desire protection against everyday toxins—dietary, environmental and chemical.
 - Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
 - Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.
 - Those who want to live a longer, healthier life.
- Phyto-Tech™ Antiox Phyto Blend is a mixture of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients:

... continued on page 15

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Omega-3 Supplements Reduce Coronary Heart Disease

Omega-3 supplementation has grown complicated. Perhaps this is an inevitable result of success. You are faced with a daunting array of products fish oil, EPA, DHA, Krill Oil, etc. There is some debate as to exactly what health conditions benefit from fish oil, or omega-3 supplementation. Triglycerides or cholesterol, for example. . . or both? What is most important, however, is the fact that there are many potential benefits to increased fish and fish oil (omega-3) consumption, with few if any downsides. The following studies provide a few examples of the over-all benefits of omega-3 supplementation.

In one recent long-term study, doctors tracked the vitamins and supplements in 22,035 men and women, aged 39 to 79, and followed up for 22 years.

Overall, compared to those who did not take any supplements, those who took omega-3 supplements were 26 percent less likely to die from coronary heart disease (CHD).

Doctors also measured those whose only supplement was omega-3, and found they were 17 percent less likely to die from CHD compared to those who took no supplements at all.

In a final finding, chances of surviving CHD

were greater in those who consistently took omega-3, and in those who began taking omega-3 during the study period, but the survival benefit disappeared in those who stopped taking omega-3.

Reference: *BMJ Open*; 2017, Vol. 7, No. 10, Published Online

Willner Chemists Product Recommendation:

**Nordic Naturals
Omega Ultimate
120 Softgels
Product Code: 50093**

**The pharmacists and
nutritionists at
Willner Chemists
will be happy to help you
choose the formulation best
for your specific needs.**

Additional Comments from Don Goldberg

This is significant, as it highlights the fact that even though we may not know exactly how it does what it does, it does it! Safely and inexpensively.

In another recent study, this favorable benefit to risk ratio is further highlighted.

In this study, the goal was to examine the efficacy and safety of adding omega-3 fatty acids to statin therapy (rosuvastatin) in patients with elevated triglycerides that did not respond to the statin treatment.

The study was multicenter, randomized, double-blind, and placebo-controlled. After a 4-week run-in period of rosuvastatin treatment, the patients who had residual hypertriglyceridemia were randomized to receive rosuvastatin 20 mg/d plus omega-3 fatty acids 4 g/d (ROSUMEGA group) or rosuvastatin 20 mg/d (rosuvastatin group) with a 1:1 ratio and were prescribed each medication for 8 weeks.

Here is what they found. A total of 201 patients were analyzed (mean [SD] age, 58.1 [10.7] years; 62.7% male). After 8 weeks of treatment, the percentage change from baseline in triglycerides (TGs) and non HDL-C was significantly greater in the

ROSUMEGA group than in the rosuvastatin group (TGs: -26.3% vs -11.4%, P < 0.001; non HDL-C: -10.7% vs -2.2%, P = 0.001). In the linear regression analysis, the lipid-lowering effect of omega-3 fatty acids was greater when baseline TG or non-HDL-C levels were high and body mass index was low. The incidence of adverse events was not significantly different between the 2 groups.

Implications: In patients with residual hypertriglyceridemia despite statin treatment, a combination of omega-3 fatty acids and rosuvastatin produced a greater reduction of TGs and non-HDL-C than rosuvastatin alone.

(Chee HaeKimMD, et al. *Efficacy and Safety of Adding Omega-3 Fatty Acids in Statin-treated Patients with Residual Hypertriglyceridemia: ROMANTIC (Rosuvastatin-OMAcor iN residual hyperTriglyceridemia), a Randomized, Double-blind, and Placebo-controlled Trial. Clinical Therapeutics. Volume 40, Issue 1, January 2018, Pages 83-94*)



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Phyto-Tech™ Antiox Phyto Blend contains the following: Acai Berry 4:1, Mangosteen Extract, Goji Berry Extract, Pomegranate 40%, Glycerin Vegetable, Water Pure Deionized, Raspberry Flavor Natural.

References:

Acai Berry (*Euterpe oleracea*) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death) effects. A study published in *The Journal of Agricultural and Food Chemistry*, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (*Garcinia magostana*) is a plant native to Southeast Asia. Studies reveal that xanthones from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthones significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthones from mangosteen inhibit the activities of COX-1 and COX-2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (*Lycium barbarum*) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysaccharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without

the Goji Berry supplement had only a 16.1 percent response rate. Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging.

Pomegranate (*Punica granatum*) contains thousands of phytochemicals including anthocyanins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants.

This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength Veggie Cap.

*New, High Potency 375 mg Veggie Caps
90 Veggie Caps - Product Code 63745*

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Who might benefit from this herbal supplement?

- Those who desire protection against everyday toxins—dietary, environmental and chemical.
- Those with cardiovascular problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.
- Those who want to live a longer, healthier life.

Ingredients:

Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

... continued on page 16

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

Cautions: Pregnancy, Nursing

Dosage:

Take one 375 mg veggie capsule once or twice a day.

References:

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The powerful antioxidants in Green Tea may help fight the free radicals that contribute to skin, lung, and stomach cancer as well as contribute to lowered blood pressure and LDL cholesterol. Green Tea is rich in a type of polyphenol called catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C

and E. These catechins include four major polyphenols including epigallocatechin gallate (EGCG), epicatechin gallate (ECG), epigallocatechin (EGC) and epicatechin (EC). Of these compounds EGCG is the most abundant in green tea and has generated the most interest. Peer-reviewed scientific research has consistently shown that EGCG is a potent antioxidant, deactivating health-damaging free-radicals. By virtue of its antioxidant effects EGCG has been shown to exert a number of beneficial activities, such as reducing inflammation, and normalizing cell and tissue functions. In promoting cardiovascular health EGCG has been shown to inhibit free-radical activity in the arteries, improving coronary circulation. Other studies have shown that EGCG has a benefit in normalizing blood glucose and protecting the pancreas from oxidative damage, as well as in boosting metabolism and burning fat. Green tea catechins and EGCG in particular have also been shown to naturally support detoxification and the elimination of toxic substances from the body while protecting the liver.

Grape skin and grape seed extracts are anti-inflammatory and radioprotective. They are abundant in a group of polyphenols called procyanidins. Procyanidins are strong antioxidants, lipid peroxidation inhibitors, and free radical scavengers. Procyanidins have antimutagenic effects, meaning they can counteract environmental mutagens, which are thought to be one of the causes of chronic degenerative diseases. Procyanidins also increase circulation making them helpful for conditions such as venous insufficiency (a condition in which the veins have trouble sending blood from the legs back to the heart). A placebo controlled study showed that treatment with procyanidins improved venous functionality and reduced pain, cramps, edema and paresthesias (tingling). Due to procyanidins positive effects on circulation, grape skin and seed extracts are helpful for numerous vision disorders. Studies show treatment with procyanidins from the extracts

... continued on page 20

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Vitamin K Important for Cardiovascular Health and Kidney Stone Prevention

Optimal levels of vitamin K help keep calcium from building up excess amounts in the blood and along artery walls. It should be no surprise, therefore, that vitamin K would prevent kidney stones and enhance artery wall flexibility.

The effect of vitamin K2 on circulation was highlighted in this recent study on kidney transplant patients.

Prior studies have shown as many as 80 percent of those who undergo kidney transplant are low in vitamin K, which increases chances of hardening of the arteries and heart problems. This recent study measured changes in artery flexibility in 60 people who took vitamin K2 supplements after a kidney transplant.

After eight weeks of taking 360 mcg of vitamin K2 as menaquinone-7 per day, doctors measured both central and peripheral blood pressure over 24 hours and found arterial stiffness had improved significantly. Also, vitamin K levels had normalized in 55 percent of participants. Discussing the findings, doctors said, "The results in this trial are staggering, especially as the statistically significant effect was seen very quickly."

Reference: *Journal of the American Society of Hypertension*; 2017, Vol. 11, No. 9, Published Online

This next study looked at the role vitamin K plays in preventing kidney stones.

Good levels of vitamin K help keep calcium from building up excess amounts in the blood and along artery walls. Doctors thought chances for developing kidney stones would increase when vitamin K levels are low.

In this study of 1,748 men and women, doctors measured levels of a protein that inhibits calcium buildup. The protein is called "matrix gla protein" or MGP. To work, to inhibit calcium buildup, it needs vitamin K for activation.

One-third of the participants began the study with high levels of inactive MGP. Over the 12-year follow-up period, those with the highest levels of inactive MGP were 31 percent more likely to have developed kidney stones than those with lower inactive MGP levels. In other words, the more active MGP present (i.e. activated by vitamin K), the lower the incidence of kidney stones.

The findings suggest that increasing vitamin K in the diet or adding vitamin K supplements may help keep kidney stones from forming.

Reference: *Nephrology, Dialysis, Transplantation*; March, 2017, Published Online

Willner Chemists Product Recommendation:

**Jarrow Formulas
MK 7 90 mcg
60 Softgels
Product Code: 44618**

**Dr. Mercola
K2 180 mcg MK 7 Soy-Free
30 Capsules
Product Code: 66316**

**Protocol for Life
MK 7 K2 160 mcg
60 Tablets
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Healthy Origins



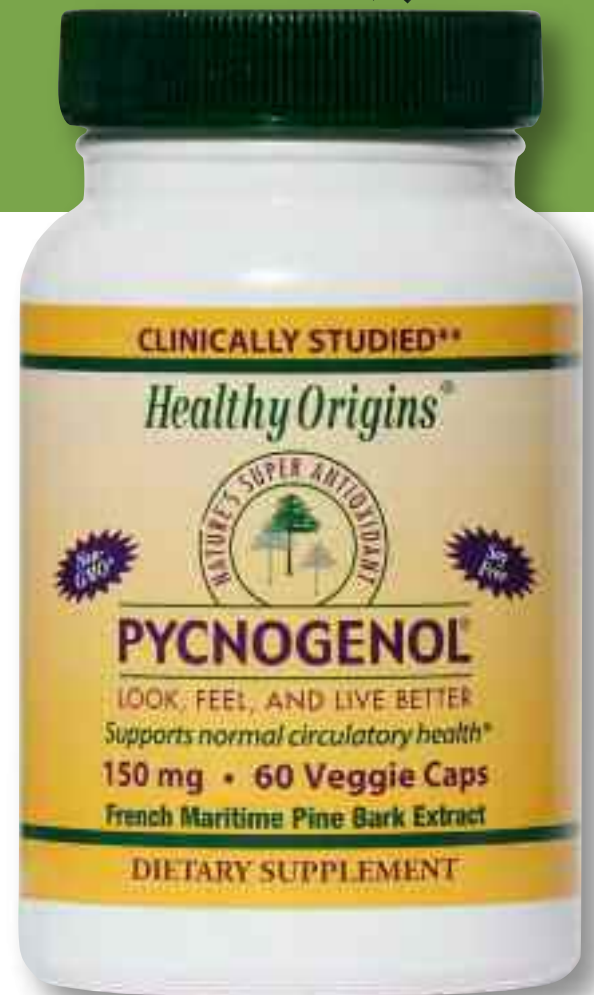
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PYCNOGENOL 30 Mg	60 Vcaps	\$ 35.99	\$ 23.39	63255
PYCNOGENOL 30 Mg	180 Vcaps	\$ 89.99	\$ 58.49	63256
PYCNOGENOL 100 Mg	30 Vcaps	\$ 46.99	\$ 30.54	59360
PYCNOGENOL 100 Mg	60 Vcaps	\$ 84.99	\$ 55.24	58711
PYCNOGENOL 100 Mg	120 Vcaps	\$ 154.99	\$ 100.74	63253
PYCNOGENOL 150 Mg	30 Vcaps	\$ 59.99	\$ 38.99	63417
PYCNOGENOL 150 Mg	60 Vcaps	\$ 109.99	\$ 71.49	63418
PYCNOGENOL 150 Mg	120 Vcaps	\$ 199.99	\$ 129.99	63419



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WELLNESS

— is in our nature —

Discover a new chapter in holistic wellness—Fermented Booster Powders that bring pure and potent herbs to smoothies and more. Our unique 2-step fermentation method makes the herbs easily digestible and unleashes immune-boosting beta glucans.* Our science proves what nature always knew—that wellness is in our nature. With New Chapter,[®] you'll feel it.



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- Fermented Turmeric for inflammation support*
- Fermented Maca for energy support*
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Paul Schulick
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65 Grams Item #62664
Retail \$45.95
Willner Chemists \$35.21

FERMENTED MACA BOOSTER POWDER

65 Grams Item #62663
Retail \$45.95
Willner Chemists \$35.21

FERMENTED ALOE BOOSTER POWDER

54 Grams Item #62662
Retail \$45.95
Willner Chemists \$35.21

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

increase resistance to glare, decrease ocular stress from prolonged activity at a computer and improve contrast sensitivity, retinal function and sensitivity in myopia (nearsightedness).

Complimentary Products:

- Phyto-Tech™ Antiox Phyto Blend, liquid herbal extract
- Phyto-Tech™ Green Tea Guo, regular and peach flavored

Anxiety Complex

This is a calming, soothing and relaxing formula that focuses on emotional stress.

1 fl oz - Product Code: 57014

Phyto-Tech™ Anxiety Complex is a blend of herbs with anti-anxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and soothe the mind when going through difficult times emotionally and mentally, but it does not interfere with cognitive function, allowing you to stay alert and think clearly.

Who would benefit from this supplement?

- Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression.
- Those who need to remain clear headed, but also need a calming and soothing effect.
- Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

Ingredients:

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

Dosage:

Acute short-term need: 2-4 squirts every hour as needed. Anxi-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses.
Tonic long-term need: 30-60 drops 2-3 times per day.

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Complimentary Products:

These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

- If mild depression accompanies anxiety, consider St. John's Complex or St. John's Wort.
- If an over-all calming, sedating action is needed, consider Phyto-Tech™ Relax PM.
- If exhaustion is present, consider Phyto-Tech™ Adaptogen Complex or Phyto-Tech™ Ginseng Energy Blend.
- If body pain is present, consider Phyto-Tech™ MuscleGestic.

Arnica Oil 1:6 Topical

A popular first-aid remedy for trauma, injuries.

1 fl oz - Product Code: 57082

Arnica is the pre-eminent remedy for trauma, injuries, and accidents and is a common part of first aid kits and home medicine cabinets. This topical oil is massaged into painful tissue that has been traumatized from an accident, athletic event and overexertion. Massage Therapists and Chiropractors commonly use arnica oil on muscle and joints that are problematic in order to disburse congested fluids in a painful area.

It is thought that Arnica works as a fluid transport stimulating herb. It moves interstitial fluids through ischemic tissue. Ischemic tissue is tissue that has diminished oxygen content because of restricted blood and fluid flow. This action by Arnica on the painful tissue helps it heal and stop the pain cycle. As a result of the increased circulation, cellular waste is removed, bruises clear up, pain diminishes, tissue heals, tissue oxygenates and recovery time is significantly reduced. Athletes find arnica reduces potential for injury, reduces recovery time from injury and bruising.

Arnica Topical Oil is great for the daily bumps and bruises inevitable in life and especially childhood. It is safe for kids.

Ingredients:

Phyto-Tech™ Arnica Oil 1:6 Topical contains the following: Arnica montana Flowers (Wild Harvested), Sage Essential Oil, Extra Virgin Cold Pressed Olive Oil,
Note: First extracted in alcohol and oil to maximize potency, then the alcohol is removed.

Special Note: Most Arnica on the market is "Mexican" Arnica. This is commonly Heterotheca inuloides, an adulterant and is not true Arnica. The Vitality Works Arnica products are made from the true European Arnica montana.

Cautions: Do not apply to open wounds, ulcerations or on areas prone to bleeding; Do not take internally; Discontinue use if very sensitive skin results in a rash.

Complimentary Formulas and Single Herbs:

- Phyto-Tech™ MuscleGestic, an oral formula for muscle and general body pain, inflammation
- Phyto-Tech™ Comfrey Root 1:3 (to promote healing of breaks, fractures, sprains, cuts, lesions)
- Phyto-Tech™ Valerian Root 1:2 (for severe pain)
- Phyto-Tech™ St. John's Wort 1:2 (if nerves are very sensitive or painful)

Dosage:

Massage into effected areas as needed. Repeat 2-3 times per day or as needed.

Arnica works best if applied in full concentration to the problematic area. It is less effective if applied all over the body as massage oil. Use a different oil for a massage (i.e. almond oil) and arnica on the painful area.

Ashwagandha Root

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy. Fresh ground vegetarian capsule and liquid herbal extract.

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healthnotes

Probiotics Reduce Postpartum Depression

In this study, 380 women between 14 and 16 weeks pregnant began taking lactobacillus rhamnosus or a placebo daily through six months after giving birth. Doctors asked the women to report their symptoms of depression and anxiety by recalling when their child was one to two months old.

Compared to placebo, women taking the probiotics reported significantly fewer symptoms of postpartum depression, and had lower anxiety scores on standard depression and anxiety tests. Moms whose babies had colic reported higher depression and anxiety scores than mothers of non-colicky babies, but probiotics still significantly reduced both depression and anxiety in these women.

Commenting on the findings, doctors said, "The results are astonishing-that one capsule containing lactobacillus rhamnosus could have such an important effect."

Reference: Journal Ebiomedicine; October, 2017, Vol. 24, 159-65

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.

Willner Chemists Product Recommendation:

Allergy Research Culturelle Lactobacillus 30 Vcaps Product Code: 32822

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 80% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.



Also available in a veggie cap. Each Phyto-Tech Green Tea capsule contains Green Tea Extract (80% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.
1 fl oz - Regular Flavor - Code: 56944
2 fl oz - Regular Flavor - Code: 57099
1 fl oz - Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126

Better B12, Better Absorbed



Many people are aware of the health benefits of Vitamin B12. They've heard that it can boost energy, enhance metabolism, promote better sleep and support nerve tissue and brain cells.* However, most people are probably supplementing with the traditional form of Vitamin B12, known as cyanocobalamin.

Jarrow Formulas® innovative Vitamin B12 features Methylcobalamin, a form of Vitamin B12 that is not only better absorbed by the body, but is also more efficiently retained within its cells.* That means enhanced benefits.

Jarrow Formulas® Methyl B-12 is entirely vegetarian and comes in great tasting lemon, tropical and cherry dissolvable lozenges. With 1000, 2500 or 5000 mcg sizes, this Methyl B-12 is the superior Vitamin B12 supplement.

B-Right® is a carefully balanced, low-odor B-Complex formula. B-Right contains methylcobalamin, pantethine and pyridoxal 5-phosphate (P-5-P), since these forms are more readily utilized as coenzymes than other forms of vitamin B12, vitamin B5 and vitamin B6 respectively.*

Methyl B-12, 5000 mcg 60 Lozenges - JRW34918

Methyl B-12, 1000 mcg 100 Lozenges - JRW34453

B-Right®, 100 Vegetarian Capsules - JRW23418

www.Jarrow.com

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FORMULAS®

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

Ashwagandha Root 1:1.5 - 1 fl oz - Product Code: 57008
90 Veggie Caps - Product Code: 67465

Who would benefit from this supplement?

- Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders.

Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, “yang” or stimulating than Panax ginseng. Ashwagandha is known as the “Ayurvedic” Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand.

It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

Ingredients:

Phyto-Tech™ Ashwagandha Root Liquid Extract contains the following: Fresh Organic Ashwagandha Root (Withania somnifera), Grain Alcohol, Deionized Water. Phyto-Tech™ Ashwagandha Root Veggie Caps contain, in

each capsule, Organic Ashwagandha Root, 380 mg and selectively imported Ashwagandha Root Extract (1.5% Vithanalooids), 95 mg. The capsule contains modified vegetable cellulose. *Certified organic.*

Dosage:

Liquid Extract: 30 drops, 1-3 times per day or as directed in juice or water. Capsule: 1 veggie cap, 1-3 times a day. The fluid extract may contain a small amount of herbal precipitate due to the strength of the preparation.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex
- Phyto-Tech™ Ginseng Energy Blend

Astragalus Root

As a long term tonic, Astragalus helps boost deep immunity and resistance.

Astragalus Root 1:3 - 1 fl oz - Product Code: 56949
Astragalus Root, 460 mg
90 Veggie Caps - Product Code: 60340

Who would benefit from this supplement?

- Those who get sick easily or suffer from chronic health problems. It is especially useful for those undergoing chemotherapy.

“You may already be accustomed to taking echinacea at the first sign of a cold or flu, or when people around you are getting sick. How is astragalus different? Like echinacea, Astragalus not only helps prevent colds and flu but shortens the course of a bug once it has set in. Astragalus can also be used as a long-term preventive and restorative herb, both to prevent illness and to renew energy and vitality once an acute illness has passed. Scientific evidence also suggests that astragalus may be one of the most important herbs for strengthening the immune system against serious diseases, including cancer.” (McCaleb, Robert, et al, *The Encyclopedia*

of Popular Herbs, The Herb Research Foundation, Prima Health, 2000)

The indications listed for Astragalus include the following:

- Colds and flu, chronic respiratory problems such as bronchitis, digestive ailments, susceptibility to infectious disease, recovery after illness, general weakness and fatigue, cancer.

The active constituents include polysaccharides (glucans), saponins (astragalosides), flavonoids and phytosterols, all of which contribute to the positive actions of Astragalus. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. It appears to help trigger immune cells from a “resting” state into heightened activity. One study showed Astragalus root helps promote and maintain respiratory health. It also enhances the body’s production of immunoglobulin and stimulates macrophages. Astragalus can help activate T-cells and natural killer (NK) cells. Astragalus stimulated NK-cell activity of human peripheral blood lymphocytes and restored steroid-inhibited NK-cell activity in another study.

Traditionally, many herbalists feel Astragalus is best used when not acute. In other words, use it in between acute episodes in order to boost immunity and avoid frequent acute episodes. Astragalus is indicated for those who get sick frequently, for illnesses that do not resolve in a reasonable time, for those who get sick time after time. It is also indicated for those using antibiotics frequently. Think of it as an herbal flu shot, so take it before the immune season begins, especially for the elderly, the young and the immune suppressed.

Dosage:

20-60 drops, 2-3 times per day or as needed in juice or

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Just How Important Is Vitamin D?

This simple vitamin seems to be implicated in numerous health conditions. Recent studies provide two compelling examples, related to type 1 diabetes and multiple sclerosis.

Type 1 Diabetes

Type 1 diabetes, when the body does not produce enough insulin to regulate blood sugar, is now the most common metabolic disorder in children under 10. In this study, doctors focused on special cells in the pancreas that produce insulin, called islet cells. In some children, the immune system mistakenly attacks islet cells, a precursor of type 1 diabetes. Vitamin D regulates the immune system.

Doctors compared 376 children who developed the islet autoimmune disorder to 1,041 children who did not. Kids that went on to develop islet autoimmune disorder had a genetic variant of the vitamin D receptor gene, had lower levels of vitamin D during infancy and childhood, and were more likely to later develop type 1 diabetes. Kids with higher vitamin D levels were less likely to develop islet autoimmune disorder.

Reference: *Diabetes Journals*; October, 2017, db170802, Published Online

Multiple Sclerosis

In this study, doctors measured vitamin D levels in blood samples from 800,000 women during prenatal testing. Nine years later, the team identified 1,092 cases of multiple sclerosis (MS) from the group, and compared these samples to 2,123 samples from women who had not developed MS.

Women whose vitamin D levels were at least 20 nanograms per milliliter of blood (ng/mL) were 39 percent less likely to have developed MS compared to women whose vitamin D levels were 12 ng/mL or lower.

Reference: *Neurology*; 2017, Vol. 89, No. 15, 1578-83

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.

Willner Chemists Product Recommendation:

**Jarrow Formulas
D3 1000 - 200 Softgels
Product Code: 55164**

**Jarrow Formulas
D3 2500 IU - 100 Softgels
Product Code: 54727**

**Jarrow Formulas
D3 5000 IU Olive Oil
100 Softgels
Product Code: 58307**





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



water.
Phyto-Tech™ Astragalus Root 1:3 contains Astragalus membranaceus, 333 mg/ml, certified organic.

Complimentary Formulas:

- Phyto-Tech™ Immune Complex

Attention Complex

This “Child Friendly” supplement supports healthy attention and concentration.

1 fl oz - Product Code: 57030

Who would benefit from this supplement?

- Children who suffer from ADHD, ADD, poor concentration and focus, stress, fatigue and mental exhaustion.

Phyto-Tech™ Attention Plus is effective for increasing cognitive ability, helping attention, memory and focus, increasing concentration capacity, reducing mental fog and alleviating stress and fatigue. It can be helpful for those who have Attention Deficit Hyperactivity Disorder (ADHD), which affects one’s ability to pay attention, stay still, and/or control their impulses.

Ingredients:

Phyto-Tech™ Attention Complex contains the following herbs Ginkgo biloba Leaf, Gotu Kola Leaf, Licorice Root, Lobelia Herb and Rhodiola Root.

Dosage:

See label for age-adjusted dosage guidelines.

Bacopa

Bacopa has been used in Ayurvedic medicine as a brain tonic, sedative and anti-epileptic. It enhances cognitive function while, at the same time, reducing anxiety.

90 Veggie Caps - Product Code: 67469

Who might benefit from using this supplement?

- Those who suffer from poor mental function, memory problems, learning disabilities
- Those who also suffer from anxiety and depression

Ingredients:

Each veggie cap contains the following: Organic Bacopa Herb (Bacopa monnieri) - 300mg, and Selectively Imported Bacopa Herb Extract (20% Bacosides) - 100mg
The vegetarian capsule contains: Modified Vegetable Cellulose

Properties:

Traditionally, Bacopa exerts the following actions:
• Antioxidant, Adaptogenic, Nervine

Indications:

Bacopa, also known as Brahmi, has been used in Ayurvedic medicine for hundreds of years as a brain tonic, sedative, and anti-epileptic. Bacopa is unique in that it enhances cognitive function, while simultaneously reducing anxiety. This makes it an ideal herb for students, those with mentally challenging jobs, children and adults with learning disabilities, and the elderly experiencing mental decline.
Current research on Bacopa supports its ability to enhance memory, learning and concentration and to reduce anxiety and depression. Its constituents are lipophilic and have the ability to cross the blood brain barrier, which accounts for its actions on cognition. Bacosides have been identified as the main active constituents of the herb responsible for its positive influences on brain function. Bacosides enhance nerve impulse transmission and help repair damaged neurons by increasing kinase activity, neuronal synthesis, and synaptic activity. The antioxidant activity of Bacopa plays a key role in its influence on cognition. Research shows it appears to prevent DNA damage in the brain and modulate expression of enzymes that fight reactive oxygen species.
Bacopa also has a stimulatory effect on thyroid function and

has been shown to increase production of T4 (thyroxine), a thyroid hormone. This can positively affect fatigue issues.

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (Nutritional support and energy)
- Brain Bio Boost Complex (formula to support cognitive function)
- Turmeric Root 1:1.5 (Antioxidant support)

Dosage:

Take 1 cap, 1-2 times per day.

Bilberry

Bilberry is a powerful antioxidant, and is traditionally used to support eye health and visual function.

Liquid Extract - 1 fl oz - Product Code: 57043

Bilberry Standardized & Full Spectrum

Also available as a standardized (25% Anthocyanidin) extract, 50 mg, in a base of full spectrum 250 mg Bilberry Leaf (Wild Harvested) in a Veggie Cap formulation

60 Veggie Caps - Product Code: 60119

Who would benefit from taking this herbal supplement?

- Those who are concerned about possible eye or vision problems, including macular degeneration, cataracts.

Bilberry contains potent antioxidants that protect and improve micro-circulation, that is, the circulation of blood through the capillaries. These antioxidant pigments, called anthocyanosides or anthocyanins, are similar to those found in red grape skins. Anthocyanosides protect cells in the

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Willner Chemists Phyto-Tech™ Herbal Supplements

Willner Chemists has offered stevia as a liquid herbal concentrate, providing Stevia Leaf Extract, standardized to 90% Steviosides, in 1, 2 and 4 oz sizes:

- Phyto-Tech™ Stevia Extract 90
1 fl oz - Product Code: 56943
- 2 fl oz - Product Code: 56940
- 4 fl oz - Product Code: 56942

Now, Willner Chemists is pleased to offer six new stevia leaf extracts, in flavored form:

- Phyto-Tech™ Stevia Extract - Chocolate
2 oz, Alcohol Free - Product Code: 60140
- Phyto-Tech™ Stevia Extract - Cinnamon
2 oz, Alcohol Free - Product Code: 60139
- Phyto-Tech™ Stevia Extract - Lemon
2 oz, Alcohol Free - Product Code: 60141
- Phyto-Tech™ Stevia Extract - Orange
2 oz, Alcohol Free - Product Code: 60144
- Phyto-Tech™ Stevia Extract - Peppermint
2 oz, Alcohol Free - Product Code: 60143
- Phyto-Tech™ Stevia Extract - Vanilla
2 oz, Alcohol Free - Product Code: 60142

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

To listen to an interview on stevia and other therapeutic herbal supplements, go to www.willner.com and look up the May 22, 2011 Willner Window Radio Program



Stevia Extracts

New Flavors Now Available!

Extracts of leaves from *Stevia rebaudiana* have been used for many years in traditional treatment of diabetes in South America. Various compounds in stevia has been concentrated, and used as natural sweeteners. These compounds possess up to 250 times the sweetness intensity of sucrose, and they are noncaloric and noncarcinogenic. Stevioside, a natural plant glycoside isolated from the plant *Stevia rebaudiana*, has been commercialized as a non-caloric sweetener in Japan for more than 20 years. Some studies have shown that stevia may be beneficial to those with hypertension, and those with type-2 diabetes. **Dosage:** Add 2-8 drops, as needed. Each ml is equivalent to 300 mg of Stevia.

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use:
As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

Visit our website for more information or to place an order: www.willner.com



The Nutritional Supplement Professionals

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



circulatory system, keeping them more flexible to provide better blood flow and oxygen to capillary-rich organs such as the retina of the eye. Researchers have also found that bilberry affects enzymes responsible for energy production in the eye, which is especially important to good vision under poor light conditions, including night vision.

“Bilberry extract and bilberry constituents appear to improve circulation in young and elderly people alike. Bilberry extract may be helpful in preventing many of the vision problems associated with aging. In combination with vitamin E, it can prevent cataracts; it can also prevent retinopathies (diseases of the retina), including diabetic retinopathy, and possibly even ordinary nearsightedness (myopia). Bilberry’s ability to strengthen capillary circulation helps those who bruise easily, and bilberry extracts are even used before elective surgery to minimize bruising and excessive bleeding. Increasing capillary strength also helps in treating spider veins, varicose veins, and hemorrhoids.” (McCaleb, Robert, et al., *The Encyclopedia of Popular Herbs*, The Herb Research Foundation, Prima Health, 2000)

Ingredients:

Each 30 drops contains 500 mg of certified organic Bilberry berry.

Black Cohosh Root

This herb helps normalize the menstrual cycle and promote a healthy menopause.

1 fl oz - Product Code: 56969

90 Veggie Caps - Product Code: 60120

Who would benefit from taking this supplement?

- Women experiencing the following problems may find this herb helpful: PMS, menstrual cramps, uncomfortable menopausal symptoms.

Black Cohosh is considered by herbalists to be a distinctive woman’s remedy. It stimulates delayed menses as an

emmenagogue while relaxing the muscles around the uterine area to help decrease menstrual cramps. It can help PMS symptoms and help to regulate a woman back into a more normal cycle. It can also help amenorrhea and dysmenorrhea. It is commonly combined with Chaste Tree Berry and Dong Quai Root.

It is also a famous remedy in menopause. German studies show that Black Cohosh will diminish the negative side effects of menopause by improving symptoms such as hot flashes, perspiration, heart palpitations, nervousness and irritability, sleep problems and depression. Research suggests estrogenic activity in the alcoholic extract, inhibiting LH but not follicle stimulating hormone. Some research refutes estrogen activity and suggests neurotransmitter interference. It either fools the pituitary from looking for leutinizing hormone or actually inhibits LH. This results in a decrease in the above-mentioned symptoms and exerts a most positive effect on menopause.

Ingredients:

Each 30 drops of Phyto-Tech™ Black Cohosh contains 333 mg certified organic Black Cohosh Root. Also available in a veggie cap formulation. Each capsule contains 500 mg of Wild Harvested Black Cohosh Root.

Cautions: Pregnancy, Nursing. No known drug interactions. Since Black Cohosh is not actually estrogenic, it is NOT contraindicated in estrogen sensitive cancer.

Dosage:

15-30 drops 2-3 times per day or as needed in juice or water. Increase serving to 30-60 drops for acute cramping and lack of period during menses.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berries (to increase progesterone)
- Phyto-Tech™ Menopause Complex (menopause formulas with black cohosh)
- Phyto-Tech™ Menses Complex (PMS and cycle regulating formula with black cohosh)

Black Walnut Hull

This herb is traditionally used to support intestinal health.

1 fl oz - Product Code: 56987

The Black Walnut used in this supplement is derived from the hulls while in their green state. This is when they are most potent.

Who would benefit from this supplement?

- Those who are concerned about possible parasite, fungal or bacterial infections, including candidiasis;
- Those with gastrointestinal problems such as indigestion, diarrhea and constipation.

Fresh Black Walnut Hulls are harvested in their green state (before they blacken) where they are more potent. Black Walnut’s two main active chemicals are juglone and tannins. Juglone is antibiotic and antifungal and has a normalizing effect on intestinal tissue. Tannins are astringents that reduce secretions, relieve irritation and tighten tissues by shrinking the top layers of the skin. These properties led to the use of Black Walnut Hull for treating gastrointestinal problems such as indigestion, diarrhea and constipation. It is also considered a strong killer of fungal infections such as athletes’ foot, Candida Albicans and other internal and topical fungal infections. It is a great addition to a Candida treatment protocol.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

A.C. GRACE		66245 I LOVE JOY CHAKRA BST		10M SPY 16.00 14.40		41598 ALL 1 GREEN PHYTO		5.2 PWD 20.29 16.23		32822 CULTURELLE LACT G G		30 VCA 33.59 26.87					
53451	GRACE E UNIQUE 400 IU	120	SGC	42.95	38.65	25988	ALL 1 GRN PHYTO 15.9Z	15.	PWD	53.69	42.95	58975	D3 COMPLETE 2000 IU K2	60	SGC	28.72	22.97
53450	GRACE E UNIQUE 400 IU	30	SGC	11.95	10.75	28844	ALL 1 POWDER ACT SEN	15Z	PWD	60.39	48.31	42079	D3 SUPER	60	CAP	16.82	13.45
55962	GRACE E UNIQUE LIQ 400	1Z	LIQ	21.75	19.57	39778	ALL 1 POWDER SENIOR	2LB	PWD	105.99	84.79	38107	DHA	90	SGC	21.72	17.37
54938	GRACE E UNIQUE TOCTR G	60	SGC	39.50	35.55	18077	ALL 1 PWD 15.90Z	5.9	PWD	53.69	42.95	58770	DHEA 10 MG MICRONIZED	60	TAB	20.88	16.70
ABSORBAID		66246 I SEE CLARITY CHAKRA		10M SPY 16.00 14.40		18076	ALL 1 PWD 5.29 OZ	5.2 PWD 19.89 15.91		39289 DIM 75 MG		120 CAP 59.12 47.29					
29436	ABSORBAID	240	VCAP	39.99	31.99	22553	ALL 1 RICEBASE PWD	1 K PWD 80.59 64.47		39451 DIM PALMETTO PROSTATE E P O 500 MG		60 SGC 99.25 79.40					
29431	ABSORBAID	90	VCAP	19.99	15.99	ADV. ORTHOMOLECULAR		59658 ACETYL GLUTATHIONE 100		22480 ENERGY LIPOD NT FACTOR		120 SGC 34.52 27.61					
29432	ABSORBAID PWD 300 GMS	300	PWD	44.99	35.99	45663	CARDIO MAG 50 MG	60 TAB 103.49 82.79		63777 ENERGY LIPOD NT FACTOR		60 CHW 62.67 50.13					
ACTIVZ		41452 CHANCA PIEDRA		90 VCA 28.00 22.40		45670	CITICOLINE 250 MG	60 TAB 197.98 158.38		61945 ENERGY LIPIDS PWD NT F		150 PWD 91.39 73.11					
63672	BEEF JUICE PWD ORG	207	PWD	22.99	20.69	58700	CURCUMIN 95	100 CAP 88.49 70.79		10121 EPA SUPER		60 SGC 24.12 19.29					
65646	COCONUT WATER ORGANIC	NIC	PWD	24.99	22.49	56670	PEAK K2 15 MG	150 VCA 26.18 20.94		10040 ESTEROL CAP		100 CAP 36.69 29.35					
64969	GREEN SMOOTHIE POWDER	9Z	PWD	42.99	38.69	67884	PROBIOTIC 3 VCAP	100 CAP 45.20 36.16		10041 ESTEROL CAP		200 CAP 55.27 44.21					
65137	SILVER GEL LARGE	4Z	GEL	24.95	22.45	67884	PROBIOTIC 3 VCAP	100 CAP 45.20 36.16		10044 FREE AMINO 750		100 CAP 36.46 29.16					
63673	WHEATGRASS JUICE PWD	114	PWD	15.99	14.39	45435	R LIPOIC ACID 150 MG	60 VCA 49.95 39.96		68144 FUCO IMMUNE		30 36.00 28.80					
ACURE ORGANICS		54116 STRONTIUM SUPPORT II		60 VCA 24.00 19.20		54116	STRONTIUM SUPPORT II	120 VCA 39.00 31.20		65978 FULL SPECTRUM DIGEST		90 VCA 59.25 47.40					
61817	ARGAN OIL MOR 100% ORG	1Z	OIL	12.99	12.99	50779	T 100	16Z LIQ 93.59 74.87		51153 FULL SPECTRUM K		90 SGC 55.05 44.04					
65302	BODY LOT COCOA BUTTER	8Z	GEL	9.99	9.99	45476	TLC 3.0 PWD	8Z LIQ 55.99 44.79		68051 G I FLORA		90 VCA 19.75 15.80					
64843	BODY LOT FIRMINING LEMON	8Z	LOT	9.99	9.99	38836	TOTAL E W/CO10 30 MG	2Z GEL 28.97 23.17		10047 GASTROCLEANSE		100 CAP 18.58 14.86					
67377	BODY SPRAY DRY CIT GIN	2Z	SPY	12.99	12.99	ADVANCED RESEARCH		2Z SPY 22.99 18.39		10049 GASTROMYCIN		150 CAP 33.92 27.12					
66355	BODY WASH CELL STIMUL	8Z	LIQ	9.99	9.99	43726	2 AEP CAL 500 MG	2Z SPY 22.99 18.39		10053 GERMANIUM 150		50 CAP 59.25 47.40					
66354	BODY WASH SENSIT SKIN	8Z	LIQ	9.99	9.99	27021	2 AEP CAL 500 MG	100 CAP 17.91 14.32		10055 GLA 320 BORAGE OIL NEW		30 CAP 27.17 21.73					
66917	CGF REPAIR SERUM	1Z	LIQ	19.99	19.99	28510	CAL OROTATE 612 MG	250 CAP 48.52 38.81		16904 GLUTAMINE 500		100 CAP 20.77 16.61					
61825	CONDIT ARGAN OIL LEAVE	4Z	LIQ	9.99	9.99	27022	LITHIUM OROTATE	100 CAP 32.24 25.79		10107 GRAPE PIPS 100 MG		90 CAP 32.74 26.19					
61822	CONDIT LEMONGRASS + ARG	12Z	LIQ	9.99	9.99	26513	MAG OROTATE 500 MG	90 CAP 75.17 60.13		61946 HEALTHY AGING NT FACT		120 TAB 41.76 33.40					
68158	CONDIT TONER PEAR & FIG	12Z	LIQ	9.99	9.99	26512	MAG OROTATE 500 MG	60 VCA 59.96 47.96		60075 HEART BEEF		100 CAP 44.69 35.75					
63668	DAY CRM GOTU KOLA STM A	1.7	CRM	16.99	16.99	26514	MAG OROTATE 500 MG	240 PWD 49.84 39.87		29719 HOMOCYSTEINE		90 CAP 22.82 18.25					
63581	EYE CREAM CHLORELLA	1Z	CRM	16.99	16.99	27020	MEMBRANE CMP 2 AEP CAL	120 VCA 20.66 16.52		60076 HYPOTHALAMUS		100 CAP 99.64 79.71					
63669	FACIAL CLEANSER SENSIT	4Z	LIQ	9.99	9.99	39502	POT OROTATE 175 MG	60 CAP 27.84 22.27		38920 IMM KINE		60 CAP 65.47 52.37					
63974	FACIAL CLEANSER SUPERF	4Z	GEL	9.99	9.99	26516	ZINC OROTATE 60 MG	60 CAP 17.80 14.24		10062 IMMUNO GLAND PLEX 500		60 CAP 18.87 15.09					
65503	FACIAL CLENS CRM ARGAN	4Z	CRM	9.99	9.99	26515	ZINC OROTATE 60 MG	100 CAP 19.98 15.98		60077 KIDNEY BEEF		100 CAP 20.87 16.69					
63583	FACIAL CREAM SENSITIVE	1.7	CRM	17.99	17.99	AEROBIC LIFE		100 CAP 22.04 17.63		53651 KING CHLORELLA		600 TAB 44.82 35.85					
62441	FACIAL MASK CGF ARGAN	1Z	CRM	9.99	7.99	10260	AEROBIC 07 70ML	120 CAP 74.52 59.61		28896 LACTOBACILLUS PLNT SAL		100 CAP 34.73 27.78					
62443	FACIAL MOISTOIL CST	1.7	LOT	16.99	16.99	21265	AEROBIC BULK CLEANSER	240 PWD 24.44 19.55		52541 LIPOPHOS EDTA LIQ		2Z LIQ 33.90 27.12					
62435	FACIAL SCRUB BRIGHTEN	4Z	CRM	9.99	9.99	55184	MAG 07	300 PWD 25.59 20.47		10087 LIVER BEEF 500 NATURAL		125 CAP 20.77 16.61					
66919	FACIAL SCRUB POR MINIM	4Z	CRM	12.98	12.98	37740	MAG 07	120 CAP 18.89 15.11		60079 LUNG BEEF		100 CAP 24.10 19.28					
62440	FACIAL TONER ROSE	2Z	LIQ	12.99	12.99	ALACER CORP		120 CAP 16.06 12.84		64156 LUTEIN 20 MG SGC		60 SGC 38.14 30.51					
64274	MARULA OIL PURE	1Z	LIQ	15.95	15.95	57174	EMERGEN C ACAI BERRY	100 CAP 22.38 17.90		60080 LYMPH BEEF		100 CAP 22.50 18.00					
68246	NIGHT OIL BLUE TANSY	1Z	LIQ	12.99	12.99	56861	EMERGEN C CRAN POM	100 CAP 22.25 17.80		10067 LYSINE 500		100 CAP 15.67 12.53					
65816	ROSEHIP OIL	1Z	OIL	12.99	10.39	63277	EMERGEN C IMMUN + CITR	120 PWD 17.13 13.70		10075 MAG CITRATE 170 MG		90 CAP 16.51 13.20					
ADORATHERAPY		54791		EMERGEN C PINK LEMONAD		30 PAK 16.69 13.35		100 CAP 16.00 12.80		64076 MAG CITRATE 170 MG		180 CAP 28.97 23.17					
66369	AWAKE MOOD BOOST SPRAY	10M	SPY	20.00	18.00	54791	EMERGEN C RASPBERRY	180 CAP 23.63 18.90		22204 MAGNESIUM MALATE FORTE		120 TAB 29.02 23.21					
66370	BALANCED MOOD BOOST	10M	SPY	20.00	18.00	57467	EMERGEN C REG LEM LM	250 PWD 13.00 10.40		10117 MAGNESIUM SOLUTION		8Z LIQ 17.54 14.03					
66371	BEAUTIFUL MOOD BOOST	10M	SPY	20.00	18.00	10142	EMERGEN C SUPER ORANGE	150 CAP 16.56 13.24		59565 MAGNOLIA EXT		120 CAP 38.50 30.80					
66240	CLEAR AWAY GOOD MOOD	4Z	SPY	16.00	14.40	56502	EMERGEN C TANGERINE	100 CAP 16.55 13.24		35085 MASTICA 500 MG		120 CAP 53.35 42.68					
66248	I AM TRANQUILITY CHAKRA	10M	SPY	16.00	14.40	57176	EMERGEN C TROPICAL	75 CAP 13.61 10.88		27268 MELATONIN 1.2 MG T/R		60 CAP 28.64 22.91					
66242	I BELONG VITALITY CHAK	10M	SPY	16.00	14.40	57309	EMERGEN C TROPICAL	200 SGC 236.18 188.94		20965 MELATONIN 20 S GUARD		60 CAP 39.66 31.72					
66243	I FEEL CREATIV CHAKRA	10M	SPY	16.00	14.40	ALL ONE NUTRITECH		60 SGC 236.18 188.94		44519 MELATONIN 3 MG		120 TAB 19.00 15.20					
		33801		ALL 1 CALCIUM COMPLEX		8.5 PWD 26.69 21.35		60 SGC 67.88 54.30		10068 METHIONINE		100 CAP 21.79 17.43					
								61505 CULTURELLE KIDS		53602 MICRO CHITOSAN 600		60 VCA 32.19 25.75					
								63137 CULTURELLE KIDS CHW		24996 MOLYBDENUM LIQUID		1Z LIQ 14.37 11.49					

When it comes to mental health, it's not all in your head



3 BRAINS™ is a NEW line of supplements designed to support the critical relationship between the **HEART**, the **BRAIN**, and the **GUT**. Together these three “brains” influence mental, emotional, and physical health. The Three Brains™ line of supplements is designed to help maintain optimal brain health by supporting that critical relationship.

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“Nutrients from whole foods, exercise, and supplements are effective, non-invasive ways to support the ‘three brains’ interaction and optimize mental health and cognition.”

– **Karen Jensen, ND**, author of *Three Brains: How the Heart, Brain, and Gut Influence Mental Health and Identity*



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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[‡]Scientific scrutiny revealed that Theracurmin was more bioavailable on a milligram-to-milligram basis than other leading⁹ enhanced and regular forms of curcumin.
⁹As measured by SPINS 2014 data.

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"My husband and I have been **taking Res-Q 1250 for more than 20 years**. We have had wonderful results which include great anti-inflammatory properties, lower triglycerides and help with cholesterol levels. I think this is a **superior product compared to others on the market** and would recommend it highly to anyone who cares about their health and well-being." – Kathleen & Kenneth

"Both my husband and I have been **using Res-Q 1250 for years**. In fact, our doctors continue to list this as one of the products we **SHOULD** take. **Have recommended this to friends and relatives** when the subject of health comes up. LOVE IT!" – Andrea

"I have been **using Res-Q 1250 for 15 years**. I just had my 70th birthday and feel 20 years younger. Everyone that I meet cannot believe my age. I have given bottles to several family members. **I cannot live without this product!**" – Cathy

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Natural Supplements



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage:

30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Saw Palmetto Berry 1:3 (for increased potency)

Brain Bio Boost Complex

Supports healthy cognitive function, focus and memory, increasing overall cognitive ability and vitality. The elderly find this formula especially helpful.

1 fl oz - Product Code: 57071

Who would benefit from this supplement?

- Those with memory loss, confusion, Alzheimer's disease, dizziness, tinnitus, ADHD and ADD. This is an ideal supplement for college students and others facing demanding mental challenge. It is best used long-term.

Ingredients:

Phyto-Tech™ Brain Bio Boost Complex contains the following herbs: Gotu Kola Leaf, Ginkgo Leaf, Green Tea, Codonopsis Root, Licorice Root, Rhodiola Root.

Phyto-Tech™ Brain Bio Boost Complex is a blend of herbs thought to increase overall cognitive ability, energy and vitality. It improves memory and concentration. It is indicated for those with age-related cognitive decline as well as for those who are faced with heavy cognitive demands, such as college students. It can help in Attention Deficit Hyperactivity Disorder (ADHD) by helping one pay attention, sit still and process information.

Supportive Information:

Ginkgo is for cerebral vascular insufficiency and works by cerebral and peripheral blood flow. As one gets older, blood flow to the brain and to peripheral tissue decreases with these resulting symptoms. Diminished cerebral circulation

can also result in vertigo, ringing in the ear, Alzheimer's symptoms, forgetfulness and depression. Ginkgo can help all of this. Ginkgo is famous in assisting memory, focus and cognition.

Gotu Kola reduces adrenal corticosterone blood levels during stress. It is high in flavonoids and studies show it helps in capillary fragility and strengthens vascular integrity in the brain and throughout the body. It is a cognitive stimulating herb for use in fatigue, confusion and general lethargy. It is helpful for those exhausted from emotional upheaval or excessive work habits.

Green Tea is a potent antioxidant that binds with free radicals to neutralize their harmful effects. Green Tea is rich in polyphenols and one in particular called a catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. Studies demonstrate the antioxidant effects of green tea catechins improve overall reference and working-memory related learning ability. Green Teas polyphenols are also believed to help ward off neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons against the harmful effects of reactive oxygen species (ROS) and nitric oxide (NO).

Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free

radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

Codonopsis is very similar to ginseng, but milder and more neutral in energy. It increases stamina and alertness and keeps the body and mind strong when under stress.

Licorice works as a limbic (emotional) brain tonic and tonifies the stress axis (hypothalamus, pituitary, adrenal axis). Researchers have found a compound in licorice known as carbenoxolone inhibits an enzyme in the brain involved in making stress-related hormones which have been associated with age related mental decline.

Phyto-Tech™ Brain Bio Boost Complex cannot be expected to work overnight and is best if used consistently for at least 2 weeks. It can be continued as a long-term tonic, especially in the elderly.

Dosage:

20-40 drops in juice or water, 2-3 times daily or as needed

Cautions and Contraindications: While interaction unlikely, those taking prescription blood thinners, or MAO inhibitors should advise their physicians. Do not take during pregnancy, if nursing, or preparing for surgery. The amount of licorice in this formula is theoretically too low to affect blood pressure, but those with high blood pressure should monitor their BP as a precaution.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

Product Code	Name	Size	List Price	Discount Price
60116	NUTRASEA DHA 800 LIQ	200 LIQ	29.99	29.99
AUBREY ORGANICS				
66151	AGE DEFY THERAPY MOIST	50M CRM	23.50	23.50
40305	CALM SKIN THERAPY SERUM	15M CRM	9.99	9.99
63696	CALMING SKIN CLEANSER	3.4 LIQ	14.95	14.95
44024	COLLAGEN TCM MOISTURIZ	2.2 CRM	22.50	22.50
66158	CONDIT GREEN TEA MAND	11Z LIQ	10.93	10.93
66358	CONDIT ROSA MOSQUETA	11Z LIQ	14.99	14.99
55073	GINSENG BIOTIN HAIR GEL	6.2 GEL	9.95	9.95
51134	HAND BODY LOT EPO	8.2 LOT	13.95	13.95
43987	HAND BODY LOT ROS MASQ	8.2 LOT	12.95	12.95
62970	MOIST REVITAL THERAPY	1.7 CRM	22.50	22.50
56272	REVITAL THERAPY SERUM	.36 OIL	12.98	12.98
40279	SHAMPOO HERBAL PRIM TTO	16Z LIQ	13.70	13.70
67299	SHAMPOO GPB ROSEM PEPP	11Z LIQ	10.48	10.48
66228	SHAMPOO GREEN TEA	11Z LIQ	10.48	10.48
40292	SHAMPOO HERBAL ROSA	11Z LIQ	9.98	9.98
66229	SHAMPOO HONEYSUCK ROSE	11Z LIQ	10.48	10.48
40278	SHAMPOO JAY JOJOBA ALO	16Z LIQ	15.48	15.48
AURA CACIA				
23833	ALMOND OIL SWEET 16OZ	16Z LIQ	17.45	13.96
62999	ARGAN DAY FACE OIL SER	1.2 LIQ	19.99	15.99
61089	ARGAN OIL SPRAY	1.2 SPY	14.99	11.99
63389	AWAKENING YOGA MIST	4.2 SPY	9.99	7.99
63000	BAOBAB NIGHT FACE OIL	1.2 LIQ	19.99	15.99
24866	BASIL OIL ESSENTIAL	.5Z LIQ	11.59	9.27
23830	CHAMOMILE WILD ESSEN	.5Z LIQ	45.69	36.55
61889	CHILL PILL MIST	2.2 SPY	7.99	6.39
23681	CINNAMON OIL LEAF	.5Z LIQ	8.49	6.79
23566	CLOVE OIL .5OZ	.5Z LIQ	7.59	6.07
66793	COMFORT ESS OIL BLEND	.5Z LIQ	9.99	7.99
23870	CYPRESS OIL	.5Z LIQ	8.99	7.19
63393	EMPOWERING SOLAR PLEX A	.31 STK	15.99	12.79
63394	ENLIGHTENING CROWN STK	.31 STK	15.99	12.79
23750	EUCALYPTUS OIL 2.2	2.2 LIQ	17.69	14.15
63395	EXPRESSIVE THROAT STK	.31 STK	15.99	12.79
61891	FIRST RESPONSE MIST	2.2 SPY	7.99	6.39
23615	FRANKINCENSE ESS OIL	.5Z LIQ	29.89	23.91
22190	GERANIUM ESS OIL .5OZ	.5 LIQ	17.89	14.31
26296	GINGER ESS OIL	.5Z LIQ	14.15	11.32
23456	GRAPEFRUIT ESS OIL	.5Z LIQ	9.85	7.88
63396	GROUNDING RT AROMA STK	.31 STK	15.99	12.79
66795	HELICHRYSUM ESSEN OIL	.5Z LIQ	15.99	12.79
66794	INDULGE ESS OIL BLEND	.5Z LIQ	9.99	7.99
63397	INSIGHTFUL THIRD EYE	.31 STK	15.99	12.79
23832	JUNIPER OIL .5OZ	.5Z LIQ	22.49	17.99
22522	LAVENDER ESSENTIAL OIL	2.2 LIQ	40.99	32.79
22668	LAVENDER ESSENTIAL OIL	.5Z LIQ	13.19	10.55
63165	MEDIAVAL MIX	.5Z LIQ	10.99	8.79
63390	MOTIVATING YOGA MIST	4.2 SPY	9.99	7.99
23934	MYRRH ESSENT OIL	.5Z LIQ	31.19	24.95
63398	OPENING HEART AROMA STK	.31 STK	15.99	12.79
61892	PANIC BUTTON MIST	2.2 SPY	7.99	6.39
24303	PATCHOULI	.5Z LIQ	19.79	15.83
61893	PEP TALK MIST	2.2 SPY	7.99	6.39
21993	PEPPERMINT ESS OIL 15ML	.5Z LIQ	8.99	7.19
28650	PINE OIL	.5 LIQ	7.99	6.39
63391	PURIFYING YOGA MIST	4.2 SPY	9.99	7.99
66797	ROSE ABS JOJOB ESS OIL	.5Z LIQ	14.99	11.99
63001	ROSEHIP DP FACE OIL SR	1.2 LIQ	19.99	15.99
61092	ROSEHIP OIL SPRAY	1.2 SPY	13.59	10.87
23831	SAGE OIL .5OZ	.5Z LIQ	9.99	7.99
63392	SENSUAL SACRAL ARO STK	.31 STK	15.99	12.79
61093	TAMANU OIL SPRAY	1.2 SPY	15.99	12.79
63002	TAMANU SOOTH FACE OIL	1.2 LIQ	19.99	15.99
23871	TEA TREE OIL	.5Z LIQ	8.69	6.95
23872	THYME RED ESS OIL	.5Z LIQ	18.39	14.71
66798	VANILLA WJOJ ESS OIL	.5Z LIQ	24.99	19.99
26779	YLANG ESSENTIAL OIL	.5 LIQ	14.99	11.99
AVALON				
56008	C FACIAL SERUM	1.2 SER	25.59	20.47
55145	C RENEWAL CREAM	2.2 CRM	21.99	17.59
65391	COND BIOTIN B COMPLEX	14Z LIQ	12.09	9.67
59997	COND TTO SCALP TRMT	11Z LIQ	11.09	8.87
38115	CONDITIONER LAVENDER	11Z LIQ	11.09	8.87
38382	CONDITIONER ROSEMARY	11Z LIQ	11.09	8.87
39632	COQ10 FACIAL CLN CRM	8.5 CRM	12.99	10.39
37287	COQ10 WRINKLE DAY CRM	1.7 CRM	25.99	20.79
39633	FIRMING LOT COQ10 ORG A	8.2 CRM	17.99	14.39
44376	HAND & BODY LOT LAVEN	12Z LOT	11.99	9.59
61551	HAND & BODY LOT LEMON	12Z LOT	11.99	9.59
55144	INTENS DEF C CLNS MILK	8.5 CRM	12.59	10.07
50012	SHAMPOO BIOTIN B CMP	14Z LIQ	12.09	9.67
38111	SHAMPOO LAVENDER	11Z LIQ	11.09	8.87
38114	SHAMPOO LEMON	11Z LIQ	11.09	8.87
50960	SHAMPOO PEPPERMINT	11Z LIQ	11.09	8.87
38383	SHAMPOO ROSEMARY	11Z LIQ	11.09	8.87
59996	SHAMPOO TTO SCALP TRMT	11Z LIQ	11.09	8.87
BABO BOTANICALS				
62042	BABY LOT OATMEAL CALEN	8.2 LOT	14.59	11.67
62046	SHAMPOO WASH BABY OAT	8.2 LIQ	14.59	11.67
62047	SHAMPOO WASH CUC ALOE	8.2 LIQ	14.59	11.67
BACH FLOWER REMEDIES				
44901	AGRIMONY	20M LIQ	19.99	15.99
17149	ASPEN 20ML	20 LIQ	19.99	15.99
17150	BEECH 20ML	20 LIQ	19.99	15.99
17151	CENTAURY 20ML	20 LIQ	19.99	15.99
42204	CERATO 20ML	20 LIQ	19.99	15.99
42043	CHERRY PLUM 20 ML	20 LIQ	19.99	15.99
42244	CHESTNUT BUD 20 ML	20 LIQ	19.99	15.99
42005	CHICORY 20ML	20 LIQ	19.99	15.99
17157	CRAB APPLE 20ML	20 LIQ	19.99	15.99
43567	ELM 20 ML	20M LIQ	19.99	15.99
42245	GENTIAN 20 ML	20 LIQ	19.99	15.99
17173	GORSE 20ML	20 LIQ	19.99	15.99
45181	HEATHER 20 ML	20M LIQ	19.99	15.99
43568	HOLLY 20 ML	20M LIQ	19.99	15.99
42341	HONEYSUCKLE 20 ML	20 LIQ	19.99	15.99
42711	HORNBEAM 20 ML	20 LIQ	19.99	15.99
42890	IMPATIENS 20ML	20M LIQ	19.99	15.99
42546	LARCH	20 LIQ	19.99	15.99
42338	MIMULUS 20 ML	20 LIQ	19.99	15.99
42717	MUSTARD 20 ML	20M LIQ	19.99	15.99
42588	OAK	20 LIQ	19.99	15.99
41781	OLIVE 20ML	20 LIQ	19.99	15.99
42172	PINE 20 ML	20M LIQ	19.99	15.99
17197	RED CHESTNUT 20ML	20 LIQ	19.99	15.99
59899	RESCUE REMED PAST BL C	50 LOZ	10.15	8.12
17198	RESCUE REMEDY 10ML	10 LIQ	17.05	13.64
17199	RESCUE REMEDY 20ML	20 LIQ	24.05	19.24
59020	RESCUE REMEDY CRM	30G CRM	13.05	10.44
57418	RESCUE REMEDY KIDS A/F	10M LIQ	16.99	13.59
53441	RESCUE REMEDY PASTLE	50 LOZ	10.15	8.12
58706	RESCUE REMEDY PET	10M LIQ	19.29	15.43
52385	RESCUE REMEDY SLEEP	7ML SPY	17.05	13.64
56698	RESCUE REMEDY SLEEP BFR	20 SPY	25.05	20.04
41495	RESCUE REMEDY SPRAY	20 SPY	24.05	19.24
52590	RESCUE REMEDY SPRAY 7 M	7ML SPY	15.99	12.79
61108	RESCUE SLEEP LIQ MELTS	28 LOZ	11.99	9.59
42340	ROCK ROSE 20 ML	20 LIQ	19.99	15.99
43040	SCLERANTHUS 20ML	20M LIQ	19.99	15.99
42587	STAR OF BETHLEHEM	20 LIQ	19.99	15.99
42073	SWEET CHESTNUT 20 ML	20 LIQ	19.99	15.99
17212	VERVAIN 20ML	20M LIQ	19.99	15.99
42246	VINE 20 ML	20 LIQ	19.99	15.99
42074	WALNUT 20 ML	20 LIQ	19.99	15.99
41780	WATER VIOLET 20ML	20 LIQ	19.99	15.99
41882	WHITE CHESTNUT 20ML	20 LIQ	19.99	15.99
42339	WILD OAT 20 ML	20 LIQ	19.99	15.99
17224	WILD ROSE 20ML	20 LIQ	19.99	15.99
17227	WILLOW 20ML	20 LIQ	19.99	15.99
BARLEANS				
45627	BREVAİL	30 CAP	21.63	21.63
42701	E P O 1300 MG	120 SGC	35.67	35.67
61051	FISH OIL ORANGE FLAVOR	250 SGC	28.08	28.08
51567	FLAX OIL	16Z LIQ	22.18	22.18
51566	FLAX OIL	12Z LIQ	17.27	17.27
34447	FLAX OIL CAP 1000 MG	250 CAP	31.73	31.73
33524	FLAX OIL CAP 1000 MG	100 CAP	13.25	13.25
67350	FLAX OIL GUMMIES ORANG	90 CHW	21.67	21.67
35862	FLAXSEED OIL HIGH LIGN	16Z LIQ	22.68	22.68
30467	FLAXSEED OIL HIGH LIGN	32Z LIQ	43.25	43.25
30470	FLAXSEED OIL HIGH LIGN	12Z LIQ	17.85	17.85
37657	FLAXSEED OIL LIGNAN	100 SGC	13.92	13.92
37658	FLAXSEED OIL LIGNAN	250 SGC	32.25	32.25
43829	FORTI FLAX	16Z PWD	8.42	8.42
58022	OLIVE LEAF COMP PEPPER	16Z LIQ	37.33	37.33
58908	OMEGA MAN	120 SGC	32.25	32.25
34062	OMEGA TWIN FLAX BOR LG	12Z LIQ	31.20	31.20
67351	PROBIOTIC GUMMIES RASP	60 CHW	20.00	20.00
BHI HEEL				
15118				

It's your skin!

XYNDET®


Xyndet® Skin Care Line aids in the care of

- Acne
- Atopic Eczema
- Psoriasis
- Dandruff
- Itching

& takes care of dry, scaly and sensitive skin.



XYNDET® SKIN CARE LINE

	XYNDET® Sensitive Skin Formula Cleansing Bar	XYNDET® Hair & Body Wash	XYNDET® Balm
Acne	very good	good	good
Atopic eczema	very good	very good	very good
Psoriasis		very good	very good
Sensitive Skin	very good	very good	very good
Dandruff	good	very good	good
Itching	good	good	very good
Red Scalp		very good	very good

What are the differences between XYNDET® and regular soaps?

Soaps are based on fatty acids, mostly animal fat. XYNDET® does not contain fatty acids or other animal products. Our washing products contain fatty alcohols. Fatty alcohols foam up nicely at any water harshness. XYNDET® Sensitive Skin Formula Cleansing Bar removes surface residues of make up and helps open up pores for deeper cleaning.

What are the special features of XYNDET® Balm?

XYNDET® Balm is a very fine structured oil in a water emulsion. It transfers moisture as well as oils into skin. It goes through hard and scaly skin. In extreme cases of hard and scaly skin we recommend to apply a thick layer of XYNDET® Balm and wrapping it with a plastic foil for a maximum of 2 hours. The balm will not leave any greasy residues, provided the skin was not treated prior with any other product.

Why is XYNDET® Balm recommended for itching?

XYNDET® Balm should be kept in a cool place in order to apply a cooling effect to the itchy skin. XYNDET® Balm transports moisture and oils into the skin. XYNDET® contains Dead Sea salt and Dead Sea silt, which have a balancing effect on the skin.

What about XYNDET® Hair & Body Wash?

XYNDET® Hair & Body Wash, a Sensitive Skin Formula Cleansing Liquid is composed of products containing Dead Sea minerals. Like the other XYNDET® products it is completely free of fragrances and coloring agents.

XYNDET® Sensitive Skin Formula Cleansing bar and XYNDET® Hair & Body Wash have a skin neutral ph value of 5.7.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Burdock Root

Burdock root is a gentle liver and blood cleanser, especially useful for toxic skin disorders. Recent evidence supports its historic role in treating diabetes. It is an ingredient in various popular cancer remedies.

1 fl oz - Product Code: 57061

Who would benefit from this product?

• Those with skin conditions such as eczema, acne, and psoriasis. Historically, Burdock has been used to treat diabetes, and it is a common ingredient of several popular cancer remedies (*EssiacR* and *HoxseyR*). Burdock Root has been widely recommended to diabetic patients by healthcare professionals.

Burdock Root is considered safe. In Japan, burdock is considered a "vegetable," and consumed as such.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water. Phyto-Tech™ Burdock Root contains 667 mg certified organic burdock root per 30 drops.

California Poppy 1:3

California poppy has been used as a sedative to relieve insomnia and nervousness.

1 fl oz - Product Code: 57643

In an article by Abascal K, Yarnell E., *Nervine herbs for treating anxiety* (*Altern Compliment Ther.* 2004 December:309-315.), the authors discussed California poppy. They first pointed out that "anxiety disorders are common in many Western countries, and conventional drugs like benzodiazepines are often prescribed to relieve anxiety. However, these drugs have worrisome short-term and long-term side effects. Nervine herbs (herbs that quiet nervous excitement) have a long history of traditional use in relieving

anxiety, insomnia, and mild depression. With the exception of St. John's wort (*Hypericum perforatum*), kava (*Piper methysticum*), and valerian (*Valeriana officinalis*), there is little published research on the safety and efficacy of nervine herbs. The purpose of this article was to review the available research and explain how the lesser-known nervine herbs are commonly used in practice." One of those "lesser-known nervine herbs" was California poppy. They made the following observation: "California poppy (*Eschscholzia californica*) is used for its mild analgesic and calming effects. Unlike the opium poppy (*Papaver somniferum*), it has no narcotic effects. Animal studies indicate California poppy tea reduces anxiety, acts as a mild analgesic, and helps prevent drug-induced memory loss. Most herbal practitioners combine lower doses of California poppy with other nervines to relieve anxiety. Researchers studied a combination of California poppy, hawthorn flower (*Crataegus laevigata*), and magnesium in 264 people with mild to moderate anxiety. Those taking the herb mixture had significantly improved anxiety symptoms after three months compared to those taking placebo. Hawthorn is primarily used for heart conditions and is not usually considered a nervine. However, it may help alleviate anxiety symptoms such as heart palpitations and increased blood pressure."

Calming Complex

This supplement, "designed for children", exerts a sedative and calming action appropriate for daytime use. It can also be used at night to help induce sleep.

1 fl oz - Product Code: 56996

Who would benefit from this supplement?

• Children who are hyperactive, anxious, obsessive compulsive, ADHD or insomnia.

Phyto-Tech™ Child Friendly Calming Complex contains the

following herbs: Chamomile Flower, Valerian Root, Hops Strobiles, Lobelia Herb, Vegetable Glycerin, Pure Dionized Water.

Phyto-Tech™ Child Friendly Calming Complex can be used during the day to help calm down an excitable child. It can be used as a daily tonic or on an as needed basis. It can also be used at night (10-30 minutes before bed time) to help bring on sleep. Typically, it will not make a child sleepy when used in the daytime. It is a strong yet gentle central nervous system and adrenaline calmer. It will help slow down a hyperactive child to increase focus in the day. It can also be used for situations that create anxiety and stress, ranging from airline flights and car trips to difficult family situations to performance anxiety. Phyto-Tech™ Child Friendly Calming Complex will also function as a mild analgesic, and take the edge off muscle pain and tension. It will help spasms, cramping, colic pain and gas pain.

Dosage (by Weight):

10-30 lb. Use 10-20 drops; 31-60 lb. Use 20-40 drops; 61-100 lb. Use 40-60 drops; Over 100 lb. Use 60-90 drops. Administer 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK.

Cautions: If a child is taking a prescription sedative, consult with the doctor, and take lower herbal doses.

Candida Complex

An Alternative Formula, with Anti-Fungal and Anti-Infective Properties. Clinically developed specifically for those with chronic candida and yeast infections.

1 fl oz - Product Code: 57730

Please Note: Chronic Candidiasis is not commonly recognized

... continued on page 32

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

41589	TRAUMEEL GEL	50G	GEL	12.59	11.33	52121	BRONCHIFORCE	1Z	LIQ	16.25	14.63	15248	ECHINAFORCE 100ML	100	LIQ	37.99	30.39	63436	BIO CARDIO SIRT BP	8Z	PWD	47.50	42.75
53402	WELLMIND TENSION REL BH	100	TAB	12.59	11.33	45200	CARDIO TONIC	1Z	LIQ	16.25	14.63	32939	LIVER GALLBLADDER	1.7	LIQ	22.99	18.39	51208	BIO CARDIOZYME FORTE	360	CAP	64.90	58.41
BIO GENESIS						52119	CARDIOTONE	1Z	LIQ	16.25	14.63	23556	MOLKOSAN 500ML	500	LIQ	34.99	27.99	21307	BIO CARDIOZYME FORTE	120	CAP	24.50	22.05
43710	DIABETONE PLUS	90	VCA	54.69	49.22	52142	COLTOX	1Z	LIQ	16.25	14.63	33472	PROSTASAN	30	CAP	39.99	31.99	21312	BIO D MULSION	1Z	DRP	12.90	11.70
43204	INTESTINAL REPAIR CAP	120	VCA	49.19	44.27	43935	DANDIPLX	1Z	LIQ	18.25	16.43	26042	SINUS RELIEF SINUSAN	120	TAB	19.99	15.99	45031	BIO D MULSION FORTE	1Z	DRP	19.90	17.91
60093	SLEEP FACTORS	60	VCA	40.99	36.89	50014	DRAINAGE	1Z	LIQ	16.25	14.63	34626	VENAFORCE GEL	3.5	GEL	29.99	23.99	40456	BIO FCTS	90	CAP	22.90	20.60
BIO K PLUS						54754	ECZEMA HP	1Z	LIQ	20.12	18.11												
67786	BIO K + CAP 50 BILLION	15	CAP	38.19	34.37	51979	ENDOCRINE BALANCER	1Z	LIQ	16.25	14.63												
50585	BIO K PLUS CL1285 D/F	6PK	LIQ	29.59	26.64	43962	EQUISTAPLEX	1Z	LIQ	18.25	16.43												
50583	BIO K PLUS CL1285 ORIG	6PK	LIQ	29.59	26.64	53611	EV TOX	1Z	LIQ	16.25	14.63												
60837	BIO-K + CAP 25 BILLION	15	CAP	24.36	21.91	53313	GABA	1Z	LIQ	17.42	15.68												
55900	BIO-K PLUS BKP/6	6PK	LIQ	29.59	26.64	44974	GINGERPLEX I	1Z	LIQ	18.25	16.43												
BIO NUTRITION						44988	HEMOFORCE	1Z	LIQ	16.25	14.63												
68185	BLOOD PRESSURE WELLNES	60	TAB	23.99	19.19	44976	HEPATAFORCE	1Z	LIQ	16.25	14.63												
65538	CARALLUMA 1000 MG	60	VCA	14.99	11.99	43288	HEPATATOX	1Z	LIQ	16.25	14.63												
62775	GARCINIA CAMBOGIA 500	60	VCA	15.99	12.79	62582	HYDRANGEAPLEX	2Z	LIQ	23.90	21.51												
61794	GREEN COFFEE BEAN 800	50	CAP	29.99	23.99	44254	HYDRANGEAPLEX	1Z	LIQ	18.25	16.43												
61969	MORINGA 5000 MG SUPER	60	VCA	19.99	15.99	43571	INFLAMATION II	1Z	LIQ	16.25	14.63												
65361	MORINGA LEAF PWD ORGNI	300	PWD	19.99	15.99	43961	INFLAMMATION I	1Z	LIQ	16.25	14.63												
BIO STRATH						45355	INJURY	1Z	LIQ	16.25	14.63												
24378	BIO STRATH ORIG	100	TAB	28.99	23.19	45598	KIDNEY TONIC 1	2Z	LIQ	21.90	19.71												
17246	BIO STRATH ORIG 3.4 OZ	.4Z	LIQ	16.99	13.59	51364	KIDNEY TONIC II	2Z	LIQ	21.90	19.71												
17247	BIO STRATH ORIG 8.4 OZ	.4Z	LIQ	28.99	23.19	44858	LIPOTOX	1Z	LIQ	16.25	14.63												
BIO TECH						51365	LIVER TONIC I	2Z	LIQ	21.90	19.71												
51102	B6 FOLIC ACID B12 METH	100	CAP	23.00	20.70	53200	LIVER TONIC II	2Z	LIQ	21.90	19.71												
52112	CARNITINE 400 MG	100	CAP	64.00	57.60	43920	LYMPH I	2Z	LIQ	21.90	19.71												
58713	CRM CHROM POLINICOT	100	CAP	13.60	12.24	43570	LYMPH II	2Z	LIQ	21.90	19.71												
51254	D 3 50	100	CAP	30.00	27.00	42461	LYMPH III	2Z	LIQ	21.90	19.71												
44893	D MANNOSE CAP	100	CAP	35.00	31.50	42312	METALOGIN	1Z	LIQ	16.25	14.63												
36251	D MANNOSE PWD 100 GRAM	100	PWD	50.00	45.00	52478	MYRRHPLEX	1Z	LIQ	18.25	16.43												
54618	D3 1000 IU	100	CAP	7.00	6.30	44540	OCCULOPLEX G	1Z	LIQ	16.25	14.63												
58573	D3 1000 IU	250	CAP	14.50	13.05	62253	PARA THYROPLEX	1Z	LIQ	16.25	14.63												
26959	D3 5 5000 CAP	100	CAP	7.30	6.57	56650	PNEUMOTOX	1Z	LIQ	16.25	14.63												
59990	D3 5 5000 IU	250	CAP	15.70	14.13	44980	PRE/POST SURGERY	1Z	LIQ	16.25	14.63												
51183	D3 50	12	CAP	18.00	16.20	51716	RENA FORCE	1Z	LIQ	16.25	14.63												
55858	FOLIC ACID 5 MG	100	CAP	12.00	10.80	45201	RENOTOX	1Z	LIQ	16.25	14.63												
14729	LACTO PECTIN	100	CAP	19.70	17.73	52357	SEROTONIN	1Z	LIQ	17.42	15.68												
BIOACTIVE NUTRITIONAL						51504	SOLIPLX	2Z	LIQ	23.90	21.51												
53062	ADAPTAGEN	1Z	LIQ	16.25	14.63	53168	STOMAPLEX	1Z	LIQ	14.40	12.96												
44914	ADRENOPLEX	1Z	LIQ	16.25	14.63	52364	TRIFOLOPLEX	1Z	LIQ	18.25	16.43												
43473	ALLERGEN 1	1Z	LIQ	16.25	14.63	52976	UNIVERSALTOX	1Z	LIQ	16.25	14.63												
44483	BAC	1Z	LIQ	16.25	14.63	44982	VENOFORCE I	1Z	LIQ	16.25	14.63												
44484	BAC HP	1Z	LIQ	20.12	18.11	50182	VENOFORCE II	1Z	LIQ	16.25	14.63												
61748	BIO ASSIMILATION CAP	240	CAP	57.70	51.93	59263	VERMAPLEX	2Z	LIQ	23.90	21.51												
58944	BIO RES Q	1Z	LIQ	15.25	13.73	43902	VERMEX	1Z	LIQ	16.25	14.63												
44971	BONE REPAIR-HP	1Z	LIQ	20.12	18.11	43289	VIROTOX	1Z	LIQ	16.25	14.63												
BIOALGAE						26418	ALLERGY POLLINOSAN	120	TAB	19.99	15.99												
BIOCARDIO						26419	ALLERGY POLLINOSAN	1.7	LIQ	19.99	15.99												
BIOCALCIN						36448	BRONCHOSAN 1.7ML	1.7	LIQ	22.99	18.39												
BIOCARDIO 369						15443	CAL ABSORP URTICALCIN	400	TAB	19.99	15.99												
BIOCALCIN						51481	FRUCTO BORATE COMPLEX	60	VCA	37.58	37.58												
BIOCALCIN						51478	GARLIC FREEZ DRIED 400	90	VCA	35.94	35.94												
BIOCALCIN						51480	HIGH ORAC SYNBIOTIC	60	VCA	71.40	71.40												
BIOCALCIN						52070	ORIGINAL SYNBIOTIC PWD	120	PWD	32.70	32.70												
BIOCALCIN						54784	SUPERNATANT SYNBIOTIC	60	VCA	57.94	57.94												
BIOCALCIN						68154	WEIGHT LESS CAP NO 4	60	VCA	59.94	59.94												
BIOCALCIN						BIOIMMERSION																	
BIOCALCIN						51224	BETA GLUCAN SYNBIOTIC	300	PWD	92.34	92.34												
BIOCALCIN						58330	CRUCIFEROUS SPROUT CAP	120	CAP	58.74	58.74												
BIOCALCIN						51481	FRUCTO BORATE COMPLEX	60	VCA	37.58	37.58												
BIOCALCIN						51478	GARLIC FREEZ DRIED 400	90	VCA	35.94	35.94												
BIOCALCIN						51480	HIGH ORAC SYNBIOTIC	60	VCA	71.40	71.40												
BIOCALCIN						52070	ORIGINAL SYNBIOTIC PWD	120	PWD	32.70	32.70												
BIOCALCIN						54784	SUPERNATANT SYNBIOTIC	60	VCA	57.94	57.94												
BIOCALCIN						68154	WEIGHT LESS CAP NO 4	60	VCA	59.94	59.94												
BIOCALCIN						BIOMED HEALTH																	
BIOCALCIN						54857	BAO SHI MENS HAIR NUTR	120	CPL	37.99	30.39												
BIOCALCIN						54859	BAO SHI ORIG HAIR NUTR	90	CPL	31.99	25.59												
BIOCALCIN						54858	BAO SHI WOMEN HAIR NTR	120	CPL	37.99	30.39												
BIOCALCIN						BIONORICA																	
BIOCALCIN						57890	SINUPRET KIDS SINUS	100	LIQ	19.99	15.99												
BIOCALCIN						57892	SINUPRET PLUS TAB SINUS	50	TAB	34.99	27.99												
BIOCALCIN						57891	SINUPRET PLUS TAB SINUS	25	TAB	19.99	15.99												
BIOCALCIN						BIOTICS																	
BIOCALCIN						63190	5 HTP	150	CAP	36.50	32.85												
BIOCALCIN						65122	5 HTP PLUS FORTE	90	CAP	47.50	42.75												
BIOCALCIN						44545	7 KETO ZYME 5 MG	120	TAB	17.50	15.75												
BIOCALCIN						25477	A D P	120	TAB	43.30	38.97												
BIOCALCIN						21280	A D P	60	TAB	22.60	20.34												
BIOCALCIN						45560	ADBS PLUS	90	TAB	24.80	22.32												
BIOCALCIN						53469	ADHS																

Spring Is in the Air

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Aller-Response™ features quercetin, which was shown in cell culture studies to help lower the release of histamine.*

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



as a medical condition by conventional medicine; any diagnosis and/or treatment of this condition should be supervised by a health professional. This product is not intended to treat, cure or mitigate disease.

James Duke, Ph.D., in his book "The Green Pharmacy", makes the following comment on Black walnut (*Juglans nigra*). "Kathi Keville, author of *The Illustrated Herb Encyclopedia* and *Herbs for Health and Healing*, a California Herbalist whom I admire, recounts one impressive study showing that the fresh husk of the black walnut destroyed candida better than a commonly prescribed antifungal drug." "Recurrent or chronic infections, including chronic candidiasis, are characterized by a depressed immune system. A repetitive cycle makes it difficult to overcome chronic candidiasis: a compromised immune system leads to infection, and infection leads to damage to the immune system, further weakening resistance." (Murray and Pizzorno, *Encyclopedia of Natural Medicine*). Enhanced immune system function may be the most important component of treating this condition.

Dosage:

Take 30 drops 3 times a day in water before meals. Each serving (30 drops) contains the following: Fresh Black Walnut Hull 150 mg, Fresh Spilanthes Flower 75 mg, Usnea Lichen 67 mg, Pau D'Arco Bark 67 mg, Oregon Grape Root 50 mg, Gentian Root 33 mg, Fennel Seed 17 mg, Tea Tree Oil 3 mg, Oregano Oil 1 mg, Grain Alcohol, Deionized Water.

Cascara Sagrada

Cascara sagrada, obtained from the dried bark of *Rhamnus purshianus* (Rhamnaceae), is traditionally used as a laxative and detoxification agent.

90 Veggie Caps - Product Code: 60124

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Who would benefit from this supplement?

- Those suffering from occasional constipation. Like any "stimulant" laxative, it is not intended for long term or chronic use.

Dosage:

Traditional dosage of the dried bark is 300 to 1000 mg taken at bedtime. This is equivalent to one or two capsules. Start with one capsule. The appropriate amount of cascara is the smallest dose that is necessary to maintain soft stools.

Ingredients:

Each capsule contains 420 mg of full-spectrum, wildcrafted Cascara sagrada bark.

Complimentary Formulas:

- Moving On (Product Code: 67472)

Cayenne 1:5

Cayenne is a spice derived from various species of *Capsicum*. As such, it adds color, pungency and aroma to foods consumed throughout the world.

1 fl oz - Product Code: 57054

Chamomile Flowers

Chamomile is traditionally used for its mild relaxing effect. It calms, soothes and supports the nervous system.

1 fl oz - Product Code: 57067

Who would benefit from this supplement?

- Those with stress, anxiety, stomach upset due to nervousness, and mild insomnia.

Phyto-Tech™ Chamomile Flower is traditionally used as a mild relaxing herb for mild insomnia, anxiousness and stomach upset from nervousness. It is a gentle sedative to the central nervous system and can calm one down. It is best

when one wants a gentle relaxing herb to gently help them to sleep or to simply relax during the day. It will not make one sleepy like Valerian can, nor will it reduce pain as well as skullcap. It is suitable for children, those who are very sensitive to sedatives and for the elderly. It is especially soothing in a warm cup of water at bedtime.

Chamomile can be used for digestive upset from nervous eating or overeating. It can soothe upset tummies from overeating junk foods.

It has also been used for teething infants and children who need a little pain relieving action. Dilute amounts are added to water, milk or juice in amounts suitable to the weight of the child.

Dosage:

Use 10-20 drops for a 30 pound child, 25-30 drops for a 60 pound child and an adult dose above these weights.

Ingredients:

Phyto-Tech™ Chamomile Flowers contains 333 mg certified organic Chamomile in 30 drops.

Chaste Tree Berry

Chaste Tree helps to balance the female cycle and supports proper progesterone levels.

1 fl oz - Product Code: 56989

Who would benefit from this supplement?

- Women with progesterone deficiency, PMS, menopause related problems, and infertility.

Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water. Phyto-Tech™ Chaste Tree Berry contains 500 mg of certified organic chaste tree berry in 30 drops.

... continued on page 34



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



60336	IODIZYME HP	120	TAB	33.50	30.15	50463	ARGININE 500 MG	100	VCA	19.50	15.60	50557	COQ10 100 MG SGC	60	SGC	28.50	22.80	55001	MAG POT ASPAR W/BROM	120	VCA	26.50	21.20
21399	K ZYME	100	TAB	12.50	11.25	51856	B 100 COMPLEX CAP	100	VCA	26.50	21.20	52872	COQ10 200 MG SGC	60	SGC	44.50	35.60	54109	MAGNESIUM CITRATE 200	120	CPL	19.95	15.96
45561	KAPPAREST	180	CAP	47.50	42.75	51858	B 50 COMPLEX	100	VCA	15.50	12.40	43812	COQ10 60 MG SGC	90	SGC	28.50	22.80	45492	MANGANESE 10 MG	90	VCA	12.95	10.36
21400	LACTOZYME	180	TAB	14.50	13.05	51627	B12 & FOLIC ACID RASB	2 Z	LIQ	19.50	15.60	60867	CYRTEINE 500 MG	60	VCA	21.50	17.20	55009	MEGA BIO C FORM 500 MG	90	VCA	21.50	17.20
27333	LI ZYME FORTE	100	TAB	28.90	26.01	53589	B12 5000 MCG CHW METHY	60	CHW	24.95	19.96	55066	D3 1000 IU	100	SGC	10.50	8.40	66910	MELATONIN 5 MG CHW RSP	60	CHW	7.95	6.36
62280	LIPID SIRT	240	CAP	89.90	80.90	57962	B12 METHYLCOB 1000 CHW	60	CHW	9.50	7.60	55067	D3 1000 IU	250	SGC	18.50	14.80	66914	MELATONIN 5 MG CHW RSP	120	CHW	13.95	11.16
65192	LIPIDIC ACID PLUS	90	CAP	23.00	20.70	58377	B6 50 MG	90	VCA	10.95	8.76	59495	D3 1000 IU DROPS	1 Z	LIQ	16.95	13.56	56792	MENS CHOICE	90	CPL	36.50	29.20
42324	LIVOTRIT PLUS	180	TAB	35.50	31.95	52057	B6 B12 FOLIC ACID	60	CHW	15.50	12.40	51585	D3 1000 LANOLIN	90	VCA	10.50	8.40	55025	MILK THISTLE EXT 175	60	VCA	19.50	15.60
29214	MEDA STIM	100	CAP	29.90	26.90	59074	BCAA VCAP	120	VCA	34.50	27.60	51586	D3 1000 LANOLIN	180	VCA	18.50	14.80	40276	MPX 1000 MENS PROSTATE	120	CAP	41.50	33.20
21416	METHIONINE 200	100	TAB	17.90	16.11	55007	BETAINE HCL PLUS PEPSN	90	VCA	25.50	20.40	57503	D3 2000 CHW RASP	90	CHW	14.50	11.60	42631	MSM 1000 MG	120	VCA	27.50	22.00
65174	MG ORGOTATE 500	90	CAP	26.90	24.21	42295	BILBERRY FRIT EXT 80 MG	60	VCA	29.50	23.60	59496	D3 2000 IU DROPS	1 Z	LIQ	20.95	16.76	67388	MULTI MIN CHEL BORN	90	VCA	16.50	13.20
21417	MG ZYME	100	CAP	16.90	15.20	66889	BIOTIN 1000 MCG VCAP	90	VCA	11.50	9.20	55006	D3 2000 IU SGC	100	SGC	11.50	9.20	54108	MULTI MIN CHEL FE FREE	120	CPL	27.50	22.00
21422	MO ZYME FORTE	100	TAB	14.90	13.41	55017	BIOTIN 5000 MCG VCAP	60	VCA	10.50	8.40	60868	D3 2000 IU SGC	250	SGC	21.50	17.20	54997	MULTI MIN CHEL HI POT	180	VCA	31.95	25.56
43793	N A C	90	CAP	29.90	26.91	67502	BLOOD PRESSURE SUPPORT	60	VCA	22.95	18.36	55005	D3 2000 IU VCAP	90	VCA	13.95	11.16	54996	MULTI MIN CHEL IRON FR	180	VCA	31.95	25.56
53171	NEURO 5 HTP PLUS	90	CAP	39.90	35.90	68222	BLOOD SUGAR SUPPORT	90	VCA	36.95	29.56	55068	D3 400 IU	250	SGC	17.50	14.00	54057	MULTI MINS IRON FREE	60	CPL	14.50	11.60
65362	NIACIN 100	150	CAP	16.50	14.85	53630	BREWERS YEAST POWDER	16Z	PWD	21.95	17.56	53315	D3 400 IU VCAP	90	VCA	9.95	7.96	44308	MULTI ONE IRON FREE	60	VCA	26.50	21.20
54205	NITRO GREENS 240 GRAMS	240	PWD	45.90	41.30	41351	BROMELAIN SUPER 500 MG	60	VCA	24.95	19.96	60332	D3 400 RAINFORST ANIML	90	CHW	8.95	7.16	42183	MULTI ONE IRON FREE	90	VCA	37.95	30.36
51140	OPTIMAL EFA CAP	120	CAP	29.90	26.90	54309	C 1000 BUFFERED CAPLET	90	CPL	19.50	15.60	67245	D3 5000 IU	100	SGC	12.50	10.00	54994	MULTI ONE IRON FREE B	120	VCA	48.95	39.16
65557	OSTEO B PLUS	180	TAB	38.60	34.74	41381	C 1000 MG OPTIMUM	90	VCA	30.50	24.40	66168	D3 5000 IU DROPS	1 Z	DRP	25.95	20.76	54107	MULTI ONE VCAP	90	VCA	37.95	30.36
21434	PALMETTO +	90	CAP	29.70	26.73	50462	C 1000 MG PLUS BIOFLAV	180	CPL	39.50	31.60	57506	D3 5000 VCAP	120	VCA	19.50	15.60	54998	MULTI ONE VCAP	120	VCA	48.95	39.16
41038	PCOH PLUS	60	CAP	27.90	25.11	60617	C 500	90	VCA	11.95	9.55	59672	DMAE 100 MG BITARTRATE	100	VCA	16.50	13.20	44306	MULTI ONE VCAP	60	VCA	26.50	21.20
60486	PHENITROPIC 300 MG	60	CAP	27.00	24.30	54312	C 500 + ROSE HIPS	180	VCA	23.95	19.16	55014	E 400 IU PLUS SELENIUM	60	VCA	20.50	16.40	55012	N A C 500 MG	60	VCA	17.50	14.00
21435	PHOS CHOL CAP	100	CAP	22.50	20.25	54311	C 500 + ROSE HIPS VCAP	90	VCA	12.50	10.00	41543	E 400 MIXED	100	SGC	30.50	24.40	65428	NIACIN 500 MG NO FLUSH	120	VCA	31.50	25.20
44302	PHOS SERINE	90	CAP	69.00	62.10	54308	C 500 BUFFERED VCAP	180	VCA	32.95	26.36	58295	E COMPLEX HI GAMMA	60	CAP	43.50	34.80	45593	NUCLEOTIDE COMPLEX	60	VCA	50.50	40.40
44454	PHOSPHOZYME SUPER LIQ	2 Z	LIQ	11.90	10.70	54306	C 500 EARTHSWEET CHW	90	TAB	15.50	12.40	57200	E P O 500 MG	100	SGC	14.50	11.60	42877	OLIVE LEAF EXT 300 MG	60	VCA	15.50	12.40
21439	POBPHYRA ZYME	90	TAB	16.90	15.20	67001	C 500 PLUS BIOF	180	CPL	29.50	23.60	55778	EGGC GREEN TEA LF EXT	60	VCA	13.50	10.80	43477	OMEGA 3 1000 BRAIN FRM	60	SGC	22.50	18.00
63684	POT CITRATE HP W/MAG	9.5	PWD	29.00	26.10	42062	CAL 1200 MG W/D	120	SGC	20.50	16.40	43786	ELUTHERO ROOT 500 MG	60	VCA	16.50	13.20	41352	OMEGA 3 1000 MG	90	SGC	19.50	15.60
62663	RED YEAST RICE	90	CAP	19.90	17.90	63141	CAL CITRATE PLUS MAG	90	VCA	15.95	12.76	55003	EYE ANTIOXIDANT FORM	60	VCA	26.50	21.20	40592	OPTIMUM ENZYMES	90	VCA	20.50	16.40
56020	RESVERASIRT HP	120	CAP	149.50	134.55	54995	CAL CITRATE PLUS MAG	180	VCA	29.95	23.96	52685	EYE ANTIOXIDANT FORM	120	VCA	50.50	40.40	68066	OPTIMUM ENZYMES	180	VCA	35.50	28.40
21452	STAMINA CAP	100	CAP	22.60	20.34	43930	CAL CITRATE W/D 250	180	CPL	22.50	18.00	63093	FENUGREEK SEED EXT 300	60	VCA	14.50	11.60	55115	OSTEO BONE FORMULA	180	VCA	45.50	36.40
21414	TAURINE	100	CAP	15.90	14.31	42224	CAL CITRATE W/MAG & D	90	CPL	14.95	11.96	41728	FLAXSEED OIL 1000 MG	100	SGC	12.95	10.36	57736	PHOS SERINE COMPLE 100	60	SGC	38.50	30.80
21455	THYROSTIM	90	TAB	19.50	17.55	43327	CAL CITRATE W/MAG & D	180	CPL	27.95	22.36	42913	FOLIC ACID 400 MCG	90	CAP	9.95	7.96	62541	PLANTS STEROLS 500 MG	90	VCA	27.50	22.00
51331	THYROSTIM	270	TAB	53.50	48.15	42226	CAL MAG CITR LIQ BLUE	16Z	LIQ	14.50	11.60	66156	GARCINIA CAMBOGIA 900	90	VCA	24.50	19.60	62718	POT GLYCI ALBION 99 MG	90	VCA	15.50	12.40
66986	TMG PWD	8 Z	PWD	29.50	26.55	42298	CAL MAG CITR LIQ LEMN	16Z	LIQ	14.50	11.60	43303	GLUCOS CHOND MSM	120	CAP	40.50	32.40	44193	POWER THOUGHT	60	CPL	35.50	28.40
33958	TRI CHOL	90	CAP	27.90	25.10	40494	CAL MAG CITR LIQ ORNGE	16Z	LIQ	14.50	11.60	61595	GLUTATHIONE RED 100 MG	30	VCA	14.50	11.60	53211	POWER THOUGHT	90	CPL	45.50	36.40
21415	TYROSINE	90	CAP	26.80	24.12	54992	CAL MAG CITRATE LIQ MX	16Z	LIQ	14.50	11.60	64202	GREENS ORGANIC SUPER	14	PWD	47.50	38.00	67734	PROBIOT 10 BIL SING DY	30	VCA	12.95	10.36
31914	ULTRA VIR X	90	CAP	28.90	26.00	50476	CAL MAG CITR LIQ STRAW	16Z	LIQ	14.50	11.60	40377	HOMOCYSTEINE FORMULA	60									



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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Complimentary Formulas:

- Phyto-Tech™ Menses Complex (for PMS related problems)
- Phyto-Tech™ Menopause Complex (for Menopausal symptoms)
- Phyto-Tech™ Fertility Complex (if infertile, trying to become pregnant)
- Phyto-Tech™ Dong Quai Root (if estrogen deficient)
- Phyto-Tech™ Black Cohosh Root (for hot flashes, cramps)

Chinese Red Ginseng

Ginseng is the premier adaptogenic, immune-modulating herb. Chinese Red Ginseng (Panax ginseng) is more “stimulating” or warming than American Ginseng.

1 fl oz - Product Code: 57023

Who would benefit from this supplement?

- Those suffering from fatigue, burn-out, frequent illness, depression. Red Chinese Ginseng is thought to increase vigor, energy, vitality and resistance to illness and environmental or external stress. It is often the preferred adaptogenic herb for the elderly.

Supplemental Information:

Phyto-Tech™ Chinese Red Ginseng increases vigor, energy, vitality and resistance to illness and environmental stresses. It is best for those who are depleted and are low on passion in life. It is also indicated for those working too hard and are afraid of burn out. Red Chinese Ginseng will increase the stress hormone ACTH from the pituitary that helps the body adapt to stress. When stress is initiating the breakdown on one’s innate weakness (genetic, constitutional, predispositional tendencies), Red Chinese Ginseng will help the body to cope and therefore assist in many chronic diseases, especially if debilitating and wasting.

Phyto-Tech™ Chinese Red Ginseng is not for those in their prime of life who are full of fire, the Type-A personality. It is

for those who used to be that way and are now not what they used to be. It helps in the aging process to stay alert, youthful, energetic and adaptive to environmental changes. It is immunomodulating and keeps the immune system firing on all levels.

Phyto-Tech™ Chinese Red Ginseng is a tonic for the 21st century with the fast paced life style that creates accelerated wear and tear. It gives more mileage to the body. Phyto-Tech™ Chinese Red Ginseng should be considered for depression in the elderly who might not be chemically depressed in a St. John’s Wort way (serotonin), but need some energy to process life with more passion and enjoyment. It is synergistic with Ginkgo for the elderly. Phyto-Tech™ Chinese Red Ginseng is a more yang or warming and stimulating ginseng than the American. Eleuthero Root (sometimes referred to as Siberian Ginseng) is not a true Ginseng and is considered neutral, not warming or cooling.

Dosage:

15-45 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer). Phyto-Tech™ Chinese Red Ginseng contains 333 mg of imported Chinese Red Ginseng per 30 drops.

Chlorophyll Extract

Often considered the “blood” of plants, chlorophyll is structurally similar to hemoglobin. It has a protective and detoxification action.

1 fl oz - Product Code: 56977

Who would benefit from this supplement?

- Those with heavy metal toxicity and those looking for cleansing and detoxification properties.
- Those with bad breath and body odor.
- Those suffering from fatigue and those with slow healing wounds.

Dosage:

15-30 drops in water or juice, 1-2 time daily, or as needed Phyto-Tech™ Chlorophyll provides 100 mg Chlorophyll, from Mulberry leaf, per 30 drops.

Supplemental Information:

Chlorophyll is the sunlight collecting molecule in plants that gives them their green pigment. Plants use chlorophyll to collect light needed for photosynthesis. Through photosynthesis Chlorophyll molecules have the ability to convert solar energy into chemical energy by manufacturing carbohydrates from carbon dioxide and water.

Chlorophyll is often referred to as the “blood” of plants. Interestingly, Chlorophyll molecules are structurally very similar to human hemoglobin molecules. The difference between the two being that Chlorophyll carries Magnesium at its center and hemoglobin carries iron at its center. Like iron, Chlorophyll helps the body build red blood cells and thus increases oxygen availability. It energizes and revitalizes the body and is helpful for fatigue, shortness of breath, asthma, altitude sickness and intense physical exertion.

Chlorophyll acts as an internal deodorizer and is helpful for people with halitosis (bad breath) and body odor. It can be used as an aid to reduce digestive tract odor from a colostomy or ileostomy and also fecal odor caused by incontinence. It can also help for foul smelling gas.

Chlorophyll cleanses and nourishes the intestinal tract and is healing to the mucosal lining. It can also be helpful for constipation.

Chlorophyll is an excellent whole body cleanser. It not only detoxifies the digestive tract, but also facilitates cleansing of the blood and liver and assists in the chelation of heavy metals. It is capable of neutralizing harmful oxidants and may

... continued on page 36

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



55924	SUPER EARTH MULTI LIQ	32Z	LIQ	36.95	29.56	39047	PSORIALFLORA	1Z	CRM	10.99	8.79	15067	SINGLE RMD MULTI 50M	EA	PEL	8.25	8.25	66882	HEALING LYME 2ND EDIT	EA	BOK	24.95	21.20
56012	SUPER EARTH NO IRON	180	CPL	61.95	49.56	32401	SCIATIC AIDE	100	TAB	11.49	9.19	29303	SINUSALIA	60	TAB	13.19	10.55	63548	HEALING LYME DIS COINF	EA	BOK	19.95	16.95
41847	SUPER EARTH WITH IRON	90	CPL	33.50	26.80	25089	SPORTS GEL	2.5	GEL	14.49	11.59	58665	SINUSALIA PELLETS	160	PEL	14.39	12.95	66957	HEALING OILS	EA	BOK	14.95	12.40
62344	Taurine 500 MG	50	VCA	9.50	7.60	16947	STINGSTOP SOOTHIN GEL	2.5	GEL	12.99	10.39							64706	HERB BOOK	EA	BOK	19.95	16.95
54105	THEANINE 150 MG	30	VCA	21.50	17.20	16946	STINGSTOP SOOTHIN GEL	1Z	GEL	7.49	5.99							64047	HERBAL ANTIVIRALS	EA	BOK	24.95	21.20
54106	TRYPTOPHAN 500 MG	30	VCA	14.50	11.60													67979	HERBS FOR STRESS & ANX	EA	BOK	8.95	7.60
55065	TURMERIC ROOT EXTRACT	60	VCA	29.50	23.60													68069	KETO COMFORT FOODS	EA	BOK	34.95	29.70
53140	UBIQUINOL COQ10 100 MG	60	VSG	56.50	45.20													67191	KETOGENIC COOK QUICK	EA	BOK	34.95	29.70
58429	UBIQUINOL COQ10 200 MG	60	SGC	101.95	81.56													66710	KETOGENIC COOKBOOK	EA	BOK	39.95	33.45
53139	UBIQUINOL COQ10 25 MG	60	SGC	19.50	15.60													67987	KETOGENIC DIET	EA	BOK	14.95	12.70
52596	UBIQUINOL COQ10 50 MG	60	SGC	31.50	25.20													59620	KIDNEY DISEASE WHAT KN	EA	BOK	17.95	15.25
40497	ULTIMATE HAIR AND NAIL	60	CAP	20.50	16.40													67746	LIVER DISEASE WHT MUST	EA	BOK	17.95	15.25
40495	ULTIMATE HAIR AND NAIL	90	CAP	30.50	24.40													54669	LIVER GALLBLADDER MIRA	EA	BOK	14.95	12.70
65417	VEGGIE PROT VAN SP ERT	11B	PWD	31.95	25.56													64049	LONGEVITY NOW	EA	BOK	29.95	25.45
67372	WELLNESS SUPPORT	30	CPL	15.95	12.76													65466	LUMINOUS MIND	EA	BOK	14.95	12.70
67373	WELLNESS SUPPORT	60	CPL	29.95	23.96													59399	MAGNESIUM MIRACLE	EA	BOK	16.00	13.60
61072	WHEY PROT ISO MIX BERRY	21B	PWD	63.95	51.16													63221	MALE HERBAL 2ND ED	EA	BOK	16.95	14.40
61576	WHEY PROT ISO FREN VAN	21B	PWD	63.95	51.16													65465	MEDITAT FOR YOUR LIFE	EA	BOK	16.99	14.44
56335	WHEY PROT ISOL FR VAN	11B	PWD	37.95	30.36													64224	MIRACLE KIDNEY CLEANSE	EA	BOK	14.95	12.70
56337	WHEY PROT ISOL STRAW	11B	PWD	37.95	30.36													43633	MOOD CURE	EA	BOK	17.00	14.45
56492	WHEY PROT ISOLATE CHOC	2.2	PWD	63.95	51.16													63225	MULTIPLE SCLER 4 DUMM	EA	BOK	21.99	18.69
56336	WHEY PROTEIN ISOL CHOC	11B	PWD	37.95	30.36													66973	NAT REMED LOW TESTOST	EA	BOK	14.95	12.70
53590	WHEY PROTEIN ISOL ORIG	1.1	PWD	37.95	30.36													65958	NETI HEAL SECRETS YOGA	EA	BOK	9.95	8.45
55897	WHEY PROTEIN ISOL ORG	2.2	PWD	63.95	51.16													67978	NETI HEAL SECRETS YOGA	EA	BOK	15.95	13.55
62925	ZEAXANTHIN PLUS LUTEIN	60	SGC	30.50	24.40													67978	OUTRAGEOUS OPENNESS	EA	BOK	16.00	13.60
55020	ZINC 30 MG CHELATED	90	VCA	13.95	11.16													64649	PALEO SLOW COOKER	EA	BOK	27.00	22.95
58736	ZINC PICOLINATE 50 MG	50	VCA	10.95	8.76													64650	PALEO VEGAN	EA	BOK	16.95	14.40
																		61431	PCOS DIET PLAN	EA	BOK	18.99	16.14
																		62566	PERFECT DIGESTION	EA	BOK	13.00	11.05
																		59013	PERMANENT PAIN CURE B	EA	BOK	16.95	14.40
																		66694	PLANT BASED PALEO	EA	BOK	19.95	16.95
																		64223	POWER FOOD FOR BRAIN	EA	BOK	16.00	13.60
																		59143	PRESERV NUTRIT HEAL 5TH	EA	BOK	30.00	25.50
																		67251	PULP KITCHEN COOKBOOK	EA	BOK	14.95	12.70
																		66450	RADIANT SKN INSIDE	EA	BOK	19.95	16.95
																		66883	RADICAL REMISSION	EA	BOK	16.99	14.44
																		37777	RAW GOURMET	EA	BOK	24.95	21.20
																		65460	RAWSONME VEGAN BAKING	EA	BOK	19.99	16.99
																		63157	REAL FOOD FOR CATS	EA	BOK	10.95	9.30
																		65779	REBUILD DR Z'S BOY CMP	EA	BOK	16.95	14.40
																		67929	REVERSE GUT DISEAS NAT	EA	BOK	16.95	14.40
																		64709	SEXUAL HERBAL	EA	BOK	24.95	21.20
																		63266	SKINNY GUT DIET	EA	BOK	26.00	22.10
																		67850	STOP VISION LOSS NOW	EA	BOK	16.95	14.40
																		58650	STRENGTH TRAIN ANA 3RD	EA	BOK	19.95	16.95
																		59222	STRETCHING ANATOMY	EA	BOK	19.95	16.95
																		65470	SUBTLE BODY	EA	BOK	39.95	33.95
																		65532	SUPER IMMUNITY PPBK	EA	BOK	15.99	13.59
																		63266	SUPERFOODS	EA	BOK	18.95	16.10
																		60751	TAKING CHRG FERT 10TH	EA	BOK	25.99	22.09
																		63916	THRIV AFT CANCER DF GD	EA	BOK	15.99	13.59
																		67328	THYROID CONNECTION	EA	BOK	28.00	23.80



Specific Strains of Probiotics Can Support Healthy Immunity

By Neil Edward Levin, CCN, DANLA
Senior Nutrition Education Manager of NOW® Health Group
Past President of American Nutrition Association

The intestinal epithelium is a continuous physical-functional barrier protecting our internal environment against undesirable external influences. Surface disruptions cause the loss of epithelial cells, degrading our immune barriers. Disruptive factors include reactions to dietary components, gastrointestinal secretory substances, and microbes (xenobiotics).

Probiotics are defined as products which contain viable non-pathogenic microorganisms able to confer health benefits to the host. In a healthy adult, cells of microorganisms are estimated to outnumber human cells by a factor of 10:1.

deliver the benefits to consumers, with clear label potency claims and storage requirements (preferably shelf stable for convenience)

Research indicates that some probiotic strains promote health-related functions, including normal host resistance to microbes. Immune competency requires a balanced interaction of microflora, gut epithelium (the cells lining the G.I. tract), and our immune cells. Disruption of these structural interactions contributes to potential immune dysfunction and short-term inflammation. Lactobacillus bacteria have been successful in helping address these issues.

Bifidobacterium lactis BI-04:

In a 4-month, double-blind, randomized study, 47 children with birch pollen allergy received this probiotic combination (5 billion CFU/day) or placebo. The allergy changed fecal microbiota composition. Symptoms were recorded in a diary. The strains were selected based on their inflammatory modulating properties and immune supporting effects.* Blood samples were taken for analysis of cytokines and eosinophils, and nasal swabs for eosinophils. Fecal samples were analyzed for microbiota components, calprotectin, and IgA. This specific combination of probiotics prevented pollen-induced infiltration of eosinophils into nasal mucosa, with a trend for reduced nasal symptoms. *

These examples show the power of specific strains of probiotic bacteria to support healthy immune system function.*

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Danisco Howaru product monograph

Effects of seven potential probiotic strains on specific immune responses in healthy adults: a double-blind, randomized, controlled trial. FEMS Immunol Med Microbiol. 2008. PMID: 18422632.

“Probiotics are defined as products which contain viable non-pathogenic microorganisms able to confer health benefits to the host. In a healthy adult, cells of microorganisms are estimated to outnumber human cells by a factor of 10:1. Aging changes our gut microbiota (microbial community) composition and alters immune system function. There are many studies of adults linking altered gut microbiota with health problems such as digestive, immune, and bowel issues. Probiotics, prebiotics, and related factors may affect the health status of seniors by modifying their G.I. environment and improving the composition of the microbial community, which modulates the immune system.”

Aging changes our gut microbiota (microbial community) composition and alters immune system function. There are many studies of adults linking altered gut microbiota with health problems such as digestive, immune, and bowel issues. Probiotics, prebiotics, and related factors may affect the health status of seniors by modifying their G.I. environment and improving the composition of the microbial community, which modulates the immune system.

Bacteria form colonies and communicate both among themselves and with intestinal cells. Communication between Natural Killer and Dendritic (antigen-presenting) cells is expedited via immunomodulation by certain bacterial probiotics such as Lactobacillus acidophilus. Immune problems may be caused by miscommunication between bacteria and our cells, especially certain autoimmune reactions, unless a healthy microbial community is maintained.

Each probiotic strain has specific health benefits, but doesn't provide every health benefit associated with general probiotic use. A probiotic's origin (soil, food, human feces) also doesn't guarantee benefits because "human strains" originate in food, soil, or water and to be an oral probiotic a strain must be:

- An identifiable safe species
- A specific microbial strain proven to have human health benefits
- Bile- and acid-resistant to reach the gut intact
- Viable throughout processing and in retail packaging to

Here are two examples of the clinical science supporting strain-specific probiotic bacteria:

Lactobacillus acidophilus NCFM®:

In a study of healthy children 3-5 years old without known pre-existing diseases, probiotic supplementation with L. acidophilus NCFM® (10 billion CFU/day) maintained healthy immune system function better than the placebo group.* Daily supplementation of L. acidophilus NCFM® for 6 months was a safe, effective way to reduce the number of missed school days.2*

In mouse studies, oral administration of L. acidophilus NCFM® effectively maintained healthy cellular health in the colon. *

Lactobacillus acidophilus NCFM® has several positive characteristics. It survives passage through the G.I. tract (is inherently acid resistant) and positively influences the gut microflora.* In healthy adults, consumption increases the number of Lactobacilli in the feces, indicating survival after oral supplementation. *

Bifidobacterium lactis BI-04:

In a pilot study of healthy adults, B. lactis BI-04 (20 billion CFU/day) modulated immune responses and induced a faster increase in serum IgG concentrations than several other probiotic strains or a placebo. *

Lactobacillus acidophilus NCFM® combined with

Note: Information in this article is provided for informational purposes only. Any and all information is not intended as a substitute for the advice provided by your physician or other healthcare provider. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Willner Chemists
Product Recommendation:

NOW® combines the two clinically tested strains - Lactobacillus acidophilus NCFM with Bifidobacterium lactis BI-04 - in their Respiratory Care Probiotic formula to help provide a robust but balanced immune response to seasonal respiratory challenges:

Protocol for Life
Protodophilus Respiratory Care
12 Billion - 60 Vcaps
Product Code: 67641



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



reduce oxidative damage from certain carcinogens. It also has the ability to form tight molecular complexes with carcinogens and in doing so blocks the body's absorption of them. In a placebo controlled study conducted in China Chlorophyll supplementation was found to decrease DNA damage caused by aflatoxin, a liver carcinogen produced by fungus in moldy grains and legumes. Scientists hope that in populations with unavoidable dietary aflatoxin exposure Chlorophyll supplementation could significantly reduce the risk of developing liver cancer.

Cinnamon Bark 40

This is a standardized Cinnamon Bark complex in a liquid filled veggie cap.

60 Liquid Filled Capsules - Product Code: 57092
90 Veggie Caps - Product Code: 60118

Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

Who would benefit from this supplement?

- Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions.

Ingredients:

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes).

According to the Natural Standard Integrative Medicine database, "Cinnamon may be used for various medical conditions (77;78). In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric

diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication (79). Cinnamon has been touted as having a positive effect on postprandial glucose metabolism (80). Its ability to lower blood sugar in individuals with diabetes has been discussed (81). Naturally occurring compounds found in cinnamon (Cinnamomum cassia), including chromium and polyphenols, may improve insulin sensitivity (82). Human data suggest that cinnamon exhibits "sweet" properties and may be used in strategies for reduction of sugar intake (83).

Ingredients:

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes).

Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark. The Cinnamon used in Phyto-Tech™ Cinnamon supplements is Cinnamomum cassia, the species utilized in research. It is certified organic and vegetarian.

Cleanse Complex 1:2

A herbal formula based on traditional concepts of a rapid, systemic (full body) cleansing.

4 fl oz - Product Code: 57073

Many of the herbs used in Phyto-Tech™ Cleanse Complex have a long tradition of use in naturopathic medicine for many toxic conditions. The theory behind using Phyto-Tech™ Cleanse Complex is that it will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels.

Herbs do not really actually cleanse the blood and tissues directly, but instead, stimulate the organs to increase the rate

in which they do this naturally. Phyto-Tech™ Cleanse Complex will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxification is thought to help stimulate organs that eliminate the toxemia from drug usage. It can be used in smaller more moderate doses if a slower cleanse is desired. Faster cleanses can result in more uncomfortable acute healing symptoms that might not be desired, but are usually harmless (i.e., loose stool, nausea, headaches, skin discharges). These symptoms can be avoided by decreasing the dose or pace.

Phyto-Tech™ Cleanse Complex works best in conjunction with other cleansing protocols, such as dietary changes, increasing water consumption and exercise.

Ingredients:

Phyto-Tech™ Cleanse Complex contains the following herbs: Oregon Grape Root, Red Clover Blossoms, Fresh Burdock Root, Fresh Dandelion Root, Alfalfa Leaf, Yerba Mansa Root, Red Root, Vegetable Glycerin, Deionized Water, Natural Flavors

Dosage:

Pour entire contents into 1 gallon of pure water and drink over 3 hours.

Cautions and Contraindications: Do not use if pregnant or nursing; do not use if using other detoxification protocols unless under physician direction; may affect metabolism of some medications, so advise your physician.

Complimentary Formulas:

- Phyto-Tech™ Liver Support
- Phyto-Tech™ Digest Stim Complex
- Phyto-Tech™ Menses Complex

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



67928 UNDOCTORED	EA	BOK	27.99	23.79	59536 FACIAL CLEANS RADIANCE	6 Z	LIQ	9.99	8.99	50285 C L O 1000 LO A LEM	150	SGC	22.20	18.87	53486 K2 VITAMIN MK 4	60	CAP	24.90	21.16
63073 UNSTUCK	EA	BOK	16.00	13.60	42320 FACIAL CLEANSER ORANGE	4 Z	CRM	8.00	7.20	12580 C L O 370	100	SGC	8.90	7.56	60023 K2 VITAMIN MK 4	180	CAP	69.00	58.65
65084 VETS GUIDE NAT REM DOG	EA	BOK	14.95	12.70	42129 FOOT CREME W/ E	4 Z	CRM	11.49	9.19	12581 C L O 390	250	SGC	15.90	13.51	65351 KEY E HAND BODY CREAM	2 Z	TUB	15.90	13.51
61120 VIBRATIONAL MEDICINE	EA	BOK	18.00	15.30	41903 HAIR TREAT AVOCADO BUT	4 Z	BUT	11.49	9.19	32682 C L O LEMON FLV 500ML	500	LIQ	49.90	42.41	12537 KEY E SUPPOSITORIES	12	SUP	8.88	7.54
66467 VIT CURE WOM HLTH PROB	EA	BOK	18.95	16.10	41748 HAND CRM BEESWAX ALMND	2 Z	CRM	11.69	9.35	23226 C L O LEMON FLVR	8.4	LIQ	29.90	25.41	40696 KEY E SUPPOSITORIES	24	SUP	14.40	12.24
65578 VITAM AND MINER DENYST	EA	BOK	19.95	16.95	59882 HAND REPAIR CREAM SHEA	3.2	CRM	16.99	13.59	50543 C L O LEMON KIDS	250	LIQ	29.90	25.41	40198 LUTEIN & GREENS 20 MG	60	CAP	27.90	23.71
64587 WAHLS PROTOCOL PPBK	EA	BOK	18.00	15.30	41740 HAND SALVE	3 Z	CRM	11.49	9.19	12574 C L O LIQ REG 250ML	250	LIQ	29.90	25.41	40199 LUTEIN 15 MG W/KALE	180	VCA	83.40	70.89
34844 WEB THAT HAS NO WEAVER	EA	BOK	18.95	16.10	35904 INSECT REPELLENT HERB	4 Z	SPY	7.99	7.19	12575 C L O LIQ REG 500ML	500	LIQ	49.90	42.41	41241 LYCOPENE 15 MG	60	SGC	19.90	16.91
66557 WHEAT BELLY 10 DAY GRN	EA	BOK	25.99	22.09	65971 NOURISH LOT BABE BEE	6 Z	LOT	7.99	7.19	12579 C L O SUPER 1000	250	SGC	32.50	27.62	12907 LYSINE 500	300	CAP	27.70	23.54
56754 WHOLE FD GD STRONG BO B	EA	BOK	21.95	18.65	60175 NOURISH LOT BABY BEE	6 Z	LOT	10.29	8.23	12578 C L O SUPER 1000	100	SGC	15.90	13.51	12934 Lysine PWD 100G	100	PWD	9.90	8.41
67334 WILD FERMENTATION 2ND	EA	BOK	29.95	25.45	42803 RES-Q OINTMENT	.60	ONT	9.69	7.75	12824 CHROMIUM 200	300	TAB	19.50	16.57	12806 MAG 400 MG LIQ SGC	100	SGC	14.90	12.66
38350 WISDOM OF MENOPAUSE	EA	BOK	22.00	18.70	55277 SHAMPOO & WASH BABY	12 Z	LIQ	8.99	8.09	12823 CHROMIUM 200	100	TAB	7.75	6.58	12831 MAG GLYCINATE 200 CHEL	90	TAB	19.90	16.91
26864 YEAST CONNECT HANDBOOK	EA	BOK	15.95	14.55	59316 SHAMPOO & WASH BABY FF	12 Z	LIQ	8.99	8.09	67938 COD LIVER OIL LIQ FRT	8.4	LIQ	29.90	25.41	53436 MEDOMEGA FISH OIL 2800	100	LIQ	34.90	29.66
66542 YOGA FOR BACK PAIN	EA	BOK	19.95	16.95	55268 SHAVE CREAM	6 Z	CRM	10.29	8.23	27354 COQ10 100 MG	90	SGC	39.90	33.91	28095 MOISTURE EYES	180	SGC	52.90	44.96
65957 YOGA FOR CANCER	EA	BOK	19.95	16.95	41967 TONER GARDEN TOMATO	8 Z	LIQ	14.19	11.35	41122 D 2000	120	SGC	12.90	10.96	55484 MULTI MINI IRON FREE	90	TAB	19.90	16.91
					42801 TONER ROSEWATER GLYC	7 Z	LIQ	14.09	11.27	54500 D 2000 SOLAR GEMS	120	SGC	12.50	10.62	41119 MULTI MINI IRON FREE	180	TAB	34.50	29.32
										54501 D 4000 SOLAR GEMS	120	SGC	15.90	13.51	12639 NIACIN 100	300	TAB	27.90	23.71
										12572 D3 1000	100	SGC	7.90	6.71	12636 NIACIN 500	100	TAB	8.90	7.56
										12573 D3 1000	250	SGC	14.90	12.66	12641 NIACIN 500	250	TAB	31.20	26.52
										61116 D3 1000 IU DROPS	11M	DRP	14.90	12.66	12644 NIACIN 500 TIME T/R	500	TAB	45.20	38.42
										58008 D3 10000 IU	120	SGC	19.90	16.91	12642 NIACIN 500 TIME T/R	100	TAB	12.40	10.54
										58957 D3 2000 IU	360	SGC	29.90	25.41	12643 NIACIN 500 TIME T/R	250	TAB	23.90	20.31
										60749 D3 2000 IU DROPS	11M	DRP	18.90	16.06	58229 OMEGA 3 ELITE 1250 MG	120	SGC	34.90	29.66
										12571 D3 400	250	SGC	12.40	10.54	12893 OMEGA 3 SUPER + 30FREE	100	SGC	25.50	21.67
										55698 D3 400 IU DROP BABY	11M	LIQ	12.90	10.96	12890 OMEGA 3 SUPER 1000	50	SGC	12.90	10.96
										57810 D3 400 IU DROPS KIDS	11M	LIQ	12.90	10.96	12891 OMEGA 3 SUPER 1000	100	SGC	25.50	21.67
										67866 DHA 100 MG CHW KIDS	120	CHW	23.90	20.31	12892 OMEGA 3 SUPER 1000	250	SGC	57.90	49.21
										29778 DHA SUPER	60	SGC	24.90	21.16	12884 SALMON OIL	180	SGC	34.90	29.66
										29230 DHA SUPER	180	SGC	68.50	58.22	62394 SALMON OIL COMP 120 + 60	180	SGC	39.90	33.91
										65140 DHA SUPER GEMS 60 + 20	80	SGC	24.90	21.16	12886 SALMON OIL + 50 FREE	180	SGC	34.90	29.66
										12503 E 200 GEMS PLUS MIXED	100	SGC	21.50	18.27	12792 SELENIUM 200	180	CAP	24.50	20.82
										12485 E 400 GEMS	90	SGC	33.90	28.81	56507 SUPER D OMEGA 3	250	LIQ	27.90	23.71
										35969 E 400 GEMS ELITE	60	SGC	34.90	29.66	37308 TOCOTRIENOL CMP W/E	90	SGC	59.90	50.91
										36224 E 400 GEMS ELITE	120	SGC	64.90	55.16	12793 ZINC 15 MG	100	TAB	7.50	6.37
										12507 E 400 GEMS PLUS MIXED	250	SGC	100.00	85.00	12841 ZINC 30 CHEL	100	TAB	7.90	6.71
										12506 E 400 GEMS PLUS MIXED	100	SGC	58.00	49.30					
										12494 E 400 GEMS	100	SGC	52.00	44.20					
										44018 E GAMMA GEMS 500 MG	60	SGC	34.90	29.66					
										12544 E GEM OIL DROPS	2 Z	LIQ	14.90	12.66					
										58227 ECOSMART OMEGA 3 CALAM	120	SGC	29.90	25.41					
										27512 EYE RITE	60	CAP	39.90	33.91					
										56743 FISH OIL FIN KIDS ORAN	200	LIQ	26.50	22.52					
										56508 FISH OIL FINEST LEMON	120	SGC	27.90	23.71					
										44370 FISH OIL MULTI	120	SGC	54.90	46.66					
										44369 FISH OIL MULTI	60	SGC	29.90	25.41					
										16 Z LIQ	16 Z	LIQ	53.00	45.05					
										41730 FISH OIL OMEGA 3 LIQ	6.7	LIQ	26.50	22.52					
										52214 FISH OIL OMEGA 3 ORANG	16.7	LIQ	53.00	45.05					
										52213 FISH OIL OMEGA 3 ORANG	6.7	LIQ	26.50	22.52					
										51625 FISH OIL ORANGE 120 + 30	120	SGC	27.90	23.71					
										52694 GLUTAMINE 750 MG CAPS	90	CAP	16.60	14.11					
										64227 INFLAMMATION BALANCE	180	SGC	55.90	47.51					

PureWoman™

Targeting the Whole Woman
at Every Stage of Life‡

Part of what makes women unique is the complex interplay of hormones, their receptors, and dietary, lifestyle and environmental factors as they converge on every organ system in the female body.

Developed in collaboration with integrative gynecologist Felice L. Gersh, M.D.,* PureWoman™ offers product protocols that address:

- ✓ Premenstrual and Menopausal Support‡
- ✓ Breast and Ovarian Health‡
- ✓ Cardiometabolic Health‡
- ✓ Reproductive Support‡
- ✓ Emotional Well-Being and Occasional Stress‡



Learn more at
PureEncapsulations.com/purewoman



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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

*Dr. Gersh has been retained as a consultant in advising Pure Encapsulations.

‡These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Nothing But Pure®



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Clove 1:4

Clove is a source of the volatile oil, Eugenol.

1 fl oz - Product Code: 57062

Clove has been shown to exert an antimicrobial and anti-inflammatory actions. It also is an effective dental analgesic and helpful in conditions associated with inflammation of the mouth and pharynx. It has been used internally for stomach ulcers.

The expert panel German Commission E has approved the use of clove as a topical antiseptic and anesthetic.

Comfrey Root 1:3

Comfrey has been used for centuries as a way to promote healing.

1 fl oz - Product Code: 57080

Comfrey is used for burns, surgery, cuts, ulcerations in the gastrointestinal tract (ulcers, ulcerations, bowel surgery), breaks and fractures to bones, for poorly healing bones, and for osteoporosis. Comfrey was so widely used by herbalists to promote more rapid repair of broken bones, it earned the common names boneset and knitbone.

Comfrey is the preeminent herb to promote healing of tissue ranging from skin, soft tissue, broken bones, fractures and it promotes calcium re-uptake into the bones.

Controversy surrounds Comfrey because of its' content of pyrrolizidine alkaloids (PA). This potentially liver toxic substance is in minimal concentration in this dry plant extract (it is higher in fresh plant Comfrey) It is for short-term use (up to 2 months) and does not normally present a problem unless liver pathology exists (see contraindications below).

Ingredients:

Phyto-Tech™ Comfrey Root 1:3 contains Comfrey Root (Symphytum officinale), Grain Alcohol, Deionized Water.

Certified Organic.

Dosage:

20-30 drops, 2-3 times per day or as needed in juice or water

Contraindications and Cautions: Pregnancy; Nursing; Do not use if liver enzymes are elevated or with liver pathology; Do not use over 2 months in a row because of the pyrrolizidine alkaloid content.

Cordyceps

Traditional medicinal "mushroom" (parasitic ascomycete fungi), Cordyceps sinensis, also known as Caterpillar Mushroom or Caterpillar Fungus, from China, Nepal and Tibet.

60 Veggie Caps, Product Code: 67468

Who might benefit from this product?

• Those looking to boost longevity, enhance immune function, boost athletic performance.

Ingredients:

Each veggie cap contains 500 mg Organic Cordyceps Mushroom Mycelia. Other Ingredients: Pullulan (capsule), Organic Myceliated Brown Rice, Vegetable Cellulose. It should be noted that our Cordyceps are cultivated in the U.S. and cultured on organic brown rice, so they are indeed vegetarian.

Orally, cordyceps is used for strengthening the immune system, improving athletic performance, reducing the effects of aging, promoting longevity, treating lethargy, and improving liver function in people with hepatitis B. Other traditional uses include treating coughs, chronic bronchitis, respiratory disorders, kidney disorders, frequent nocturia, male sexual dysfunction, anemia, heart arrhythmias, high cholesterol, liver disorders, dizziness, weakness, tinnitus, wasting, and opium addiction. It is also used as a stimulant, a

tonic, and an adaptogen which is used to increase energy, enhance stamina, and reduce fatigue.

Dosage:

One capsule, 2 times a day or as needed.

Cough Complex

A traditional Chinese formula for immediate respiratory system support; relieves coughs and congestion.

1 fl oz - Product Code: 57036

Who would benefit from this supplement?

• Those with acute or chronic cough, especially wet, or phlegm producing coughs.

According to Traditional Chinese medicine, this formula can be helpful to those with cough due to the common cold, acute or chronic bronchitis, emphysema, pertussis and smoker's cough.

Ingredients:

Phyto-Tech™ Cough Complex contains the following herbs: Houttuynia Herb, Poria Cocus, Platycodon Root, Skullcap Root, Bitter Orange Fruit, Fritillaria Bulb, White Mulberry Root Bark, Tangerine Peel, Licorice Root, Pinellia Root, Ginger Root.

Pinyin Names: Yu Xing Cao, Fu Ling, Jie Geng, Zhi Shi, Chuan Bei Mu, Sang Bai Pi, Chen Pi, Gan Cao, Ban Xia, Gan Jiang

Dosage:

Adults: 60-90 drops (2 to 3 squirts) in water or juice, 3 to 4 times per day or as needed.

Children: half the dosage.

Most effective away from food by at least 20 minutes.

Caution: Do not use when pregnant; not as effective for dry cough.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



COMPLEMENTARY PRESCRIPTIONS

56588	B12 METHYL 1000 LIQ	4Z	LIQ	23.95	23.95
56587	B12 METHYL 1000 LIQ	1Z	LIQ	12.95	12.95
55344	CANDIDA COMPLEX	90	CAP	24.95	24.95
62923	COLLAGN TYPE II 500 MG	60	CAP	29.95	29.95
55501	LITHIUM OROTATE	120	CAP	14.95	14.95
59885	MASTIC GUM DGL	60	CHW	24.95	24.95
56145	VESITROL	60	CAP	49.95	49.95

COROMEGA

53003	COROMEGA CHOC ORANG PK	90	PAK	34.99	34.99
39364	COROMEGA DAILY DOSE	90P	PAK	34.99	34.99
36730	COROMEGA DAILY DOSE	30P	PAK	14.99	14.99
58755	COROMEGA OMEGA 3 + D OR	90	PAK	34.99	34.99

COUNTRY LIFE

16231	A 10000 UNITS DRY	100	TAB	11.39	9.11
16235	A&D 10000/400	100	SGC	8.99	7.19
50997	ACTEYL L CARNITINE 500	120	VCA	50.59	40.47
16173	ACIDOPH W/PECTIN	250	CAP	26.79	21.43
24879	ALLER MAX	50	CAP	19.59	15.67
25671	ALLER MAX	100	CAP	35.99	28.79
60945	ALOE VERA 100% INN FIL	32Z	LIQ	17.49	13.99
22671	ANTIOXIDANT SUPER 10	120	TAB	50.39	40.31
16350	ANTIOXIDANT SUPER 10	60	TAB	26.99	21.59
16055	ARGININE 500 W/B6 CAP	100	CAP	14.99	11.99
29833	ARTHRO JOINT MUSCLE RF	60	SGC	29.79	23.83
16249	B 50 ACTION CAP	100	CAP	17.59	14.07
16248	B BASIC 25 MG B COMP	90	CAP	14.99	11.99
16238	B1 100 W/RICE BRAN	100	TAB	9.99	7.99
22634	B12 1000 T/R	60	TAB	12.99	10.39
16244	B12 3000 FOLIC SUBL	60	LOZ	19.59	15.67
16247	B12 500 W/FOLIC SUBL	100	LOZ	9.99	7.99
38419	B12 SUPERIOR 3000 MCG	50	LOZ	19.99	15.99
16241	B6 100 TAB	100	TAB	10.99	8.79
16240	B6 50 TAB	100	TAB	9.99	7.99
53366	BERRIES & WHEY	11	PWD	26.99	21.59
23953	BETAINE HCL PEPSIN 600	100	TAB	11.99	9.59
16221	BETAINE HCL PEPSIN 600	250	TAB	20.59	16.47
22161	BIO RUTIN CMP 500/500	90	TAB	26.99	21.59
61601	BIOTIN 10 MG VCAP	60	VCA	20.59	16.47
61602	BIOTIN 10 MG VCAP C	120	VCA	29.79	23.83
16260	BIOTIN 1000	100	TAB	11.99	9.59
25952	BIOTIN 5 MG	60	CAP	15.99	12.79
55711	BIOTIN 5 MG	120	VCA	27.79	22.23
16259	BIOTIN 500 MCG	100	TAB	9.99	7.99
16107	BONE DENSITY FACTORS	100	TAB	18.59	14.87
22902	BONE DENSITY FACTORS	200	TAB	35.99	28.79
57518	BONE SOLID	180	CAP	30.99	24.79
53785	BUFFER C 1000 MG PH	60	TAB	16.99	13.59
53781	BUFFER C 500 MG PH CNT	60	VCA	16.99	13.59

53782	BUFFER C 500 MG PH CNT	120	VCA	22.59	18.07
16279	C 1000 CAP MAXI W/BIO	90	CAP	18.59	14.87
16280	C 1000 CAP MAXI W/BIO	180	CAP	30.99	24.79
16282	C 1000 RH T/R	90	TAB	12.99	10.39
16292	C 1000 RH/BF 150 BUF	250	TAB	30.99	24.79
16291	C 1000 RH/BF 150 BUF	100	TAB	14.99	11.99
20392	C 1000 W/RH	250	TAB	29.99	23.99
20767	C 500 ACEROLA W/BF WAF	180	CHW	29.99	23.99
16296	C 500 ACEROLA W/BF/RUT	90	CHW	17.59	14.07
16289	C 500 RH/BF 100 BUF	100	TAB	11.99	9.59
20764	C 500 RH/BF 100TR BUF	250	TAB	23.79	19.03
16274	C 500 W/RH	250	TAB	19.99	15.99
20763	C CMP 1000/500 MAXI TR	180	TAB	30.99	24.79
16293	C CRYSTALS 2500 MG	8Z	PWD	20.99	16.79
16184	C L O	250	SGC	18.99	15.19
16141	CAL MAG 1000/500 TAB	180	TAB	23.59	18.87
16140	CAL MAG 1000/500 TAB	90	TAB	13.99	11.19
58365	CAL MAG 1000/500 TB D	90	TAB	13.99	11.19
21168	CAL MAG CAP TM	180	VCA	18.59	14.87
21167	CAL MAG CAP TM	90	CAP	11.99	9.59
34509	CAL MAG CITRATE MAXISB	200	SGC	28.99	23.19
16142	CAL MAG POT 500/500/99	90	TAB	13.99	11.19
16143	CAL MAG POT 500/500/99	180	TAB	20.59	16.47
43338	CAL MAG W/D CMP TM	240	VCA	25.79	20.63
43337	CAL MAG W/D CMP TM	120	VCA	15.99	12.79
52093	CAL MAG W/D3 LIQ	32Z	LIQ	27.79	22.23
16157	CAL MAG ZINC TM	250	TAB	19.59	15.67
16145	CAL MAG ZINC TM	180	TAB	20.59	16.47
16139	CAL SNACK	120	CHW	24.79	19.83
20736	CAL W/BORON TM 1000	90	CAP	14.99	11.99
16233	CAROTENE 25000 SGC	100	SGC	21.99	17.59
29834	CAROTENOID COMPLEX	60	SGC	30.99	24.79
16180	CHARCOAL 260	100	CAP	14.99	11.99
16261	CHOLINE 293 W/RICE BRN	100	TAB	15.99	12.79
22669	CHROMIUM PICOL 200	200	CAP	20.59	16.47
24510	COENZYME ACTIVE B6 50	30	CAP	9.99	7.99
62836	COENZYME B CMP ADV	60	VCA	30.99	24.79
62837	COENZYME B CMP ADV	120	VCA	49.39	39.51
68204	COENZYME B CMP PWD CCN	55G	PWD	23.99	19.19
22673	COENZYME B COMPLEX CAP	60	VCA	20.59	16.47
43981	COENZYME B COMPLEX CAP	120	VCA	30.99	24.79
24168	COQ10 100 MG	60	VCA	30.99	24.79
43350	COQ10 100 MG MEGA GEL	60	SGC	53.59	42.87
53779	COQ10 100 MG VEG SGC	60	SGC	29.99	23.99
58351	COQ10 100 MG VEG SGC	120	SGC	46.39	37.11
53154	COQ10 30 MG MAXI SORB	120	SGC	51.39	41.11
53778	COQ10 60 MG VEG SGC	60	SGC	19.59	15.67
16183	COQ10 60 XTRA SUPER	60	CAP	26.79	21.43
59794	CORE DAILY 1 MEN	60	TAB	23.59	18.87
59795	CORE DAILY 1 WOMEN	MEN	TAB	23.59	18.87
59797	CORE DAILY 1 WOMEN 50+	60	TAB	32.99	26.39
30211	CREATINE MONOHY PWD	325	PWD	20.49	16.39

16237	D 1000 DRY	100	TAB	8.99	7.19
16236	D 400	100	SGC	8.99	7.19
55556	D3 1000 IU SGC LANOLIN	200	SGC	14.59	11.67
55266	D3 1000 SGC LANOLIN	100	SGC	8.99	7.19
68203	D3 2000 SPRAY VEGN VAN	.8Z	SPY	19.99	15.99
53780	D3 2500 IU LANOLIN	60	SGC	8.99	7.19
55555	D3 2500 IU SGC LANOLIN	200	SGC	16.99	13.59
62216	D3 5000 IU VEGAN	60	VCA	28.79	23.03
62215	D3 5000 IU VEGAN	30	VCA	20.59	16.47
57179	D3 5000 SGC	200	SGC	20.99	16.79
57178	D3 5000 SGC	60	SGC	11.99	9.59
44603	DAILY DOPHILUS AM/PM	11Z	VCA	32.99	26.39
43330	DAILY TOT 1 DY	60	VCA	21.99	17.59
26462	DHEA 25 MG	90	CAP	16.99	13.59
27219	DHEA COMPLEX MEN 50 MG	60	CAP	28.79	23.03
16311	E 400 COMPLEX	90	SGC	33.99	27.19
20775	E 400 COMPLEX	180	SGC	61.99	49.59
20288	E 400 SGC	180	SGC	61.99	49.59
20393	E P O 500	60	SGC	11.99	9.59
60595	FLEX-ABLE ADVANCED	90	CAP	43.59	34.87
65853	FOLATE 800 CHW ORANGE	100	CHW	15.99	12.79
31867	FOLIC ACID 800	250	TAB	11.99	9.59
16263	FOLIC ACID 800	100	TAB	7.99	6.39
16098	GABA RELAXER RR	60	TAB	20.59	16.47
29816	GLUCOS CHOND 500/400	90	CAP	32.99	26.39
16066	GLUTAMINE 500 W/B6 CAP	100	CAP	15.99	12.79
23986	GLYCEMIC FACTORS	100	TAB	29.99	23.99
23988	GRAPE SEED EXT 100 MG	50	CAP	29.99	23.99
26081	GRAPE SEED EXT 200 MG	60	CAP	57.59	46.07
16265	INOSITOL PWD 1100 MG	4Z	PWD	28.79	23.03
16160	IRON AID	60	TAB	12.99	10.39
53886	IRON EASY 25 MG	90	VCA	13.99	11.19
64248	K2 500 MCG VEGAN MELTS	60	TAB	27.79	22.23
16187	KELP 225 MCG	300	TAB	11.99	9.59
16189	LECITHIN GRAN 160Z	16	PWD	19.99	15.99
22226	LIGA TEND RR	100	TAB	32.99	26.39
29812	LIVER SUPPORT FACTORS	100	TAB	38.99	0.00
39381	LUTEIN 20 MG	60	SGC	30.99	24.79
16076	LYSINE 1000 W/B6 TAB	100	TAB	13.99	11.19
16075	LYSINE 500 W/B6 CAP	250	CAP	25.79	20.63
16072	LYSINE 500 W/B6 TAB	100	TAB	12.99	10.39
44922	MAG 300 W/SILICA	120	CAP	17.99	14.39
20741	MAG CHELATED 250 MG	90	TAB	9.99	7.99
16161	MAG CHELATED 250 MG	180	TAB	18.59	14.87
67590	MAG GLYCINATE CHEL 400	90	TAB	18.99	15.19
22734	MAG POT ASPAR T/MINS	180	TAB	23.59	18.87
16147					

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**The Only Women's Probiotic Containing
Four Predominant Vaginal Strains***

Jarro-Dophilus® Women contains the four predominant *Lactobacilli* strains of the healthy vaginal tract.*

All four strains were isolated from the vaginal tracts of healthy pregnant women and have been clinically tested for efficacy in helping to maintain protective, healthy vaginal microflora and urinary tract health.*

***L. crispatus* LbV 88**

***L. jensenii* LbV 116**

***L. gasseri* LbV 150N**

***L. rhamnosus* LbV 96**

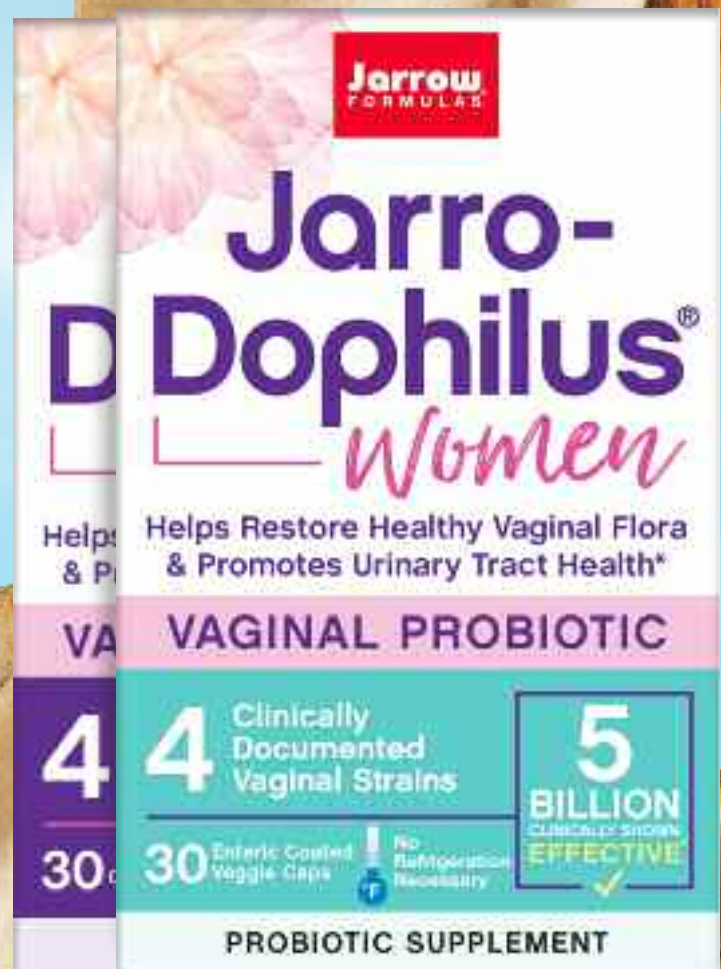
When it comes to choosing effective probiotics, clinically documented strains matter.™

Choose science.

Choose Jarro-Dophilus® probiotics.

JARRO-DOPHILUS® WOMEN, 5 BILLION, 30 V CAPS - JRW67422

JARRO-DOPHILUS® WOMEN, 10 BILLION, 30 CAPS - JRW67416



Jarro-Dophilus® Women contains the clinically tested Astarte® strains which are protected by U.S. Patent 8,846,027 and European Patent 2,509,610. Astarte® is owned by HSO Health Care GmbH, Vienna, Austria, and licensed in the U.S. to Jarrow Formulas, Inc. Other international patents pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Cramp Bark 1:3

Traditionally used for menstrual cramps, due to its smooth muscle relaxant action.

1 fl oz - Product Code: 57059

The bark has traditionally been used for cramps, including menstrual cramps and cramping associated with arthritis. While research is limited, a laboratory study found that viopudial isolated from Viburnum opulus (cramp bark) had antispasmodic effects on smooth muscle.

Who might benefit from this supplement?

- Women suffering from difficult periods, dysmenorrhea and PMS; It may also be helpful to those with intestinal cramps.

Ingredients:

Phyto-Tech™ Cramp Bark 1:3 contains Cramp Bark (Viburnum opulus), Grain Alcohol, Deionized Water. Wild Harvested.

Dosage:

General: 30-60 drops, 2-3 times per day or as needed in juice or water; Acute Cramping: Take 60 drops to 1 teaspoon as needed.

Cranberry 4:1

Cranberry is widely used to prevent urinary tract infections.

90 Veggie Caps - Product Code: 60121

Ingredients:

Each 400 mg veggie cap contains the equivalent of 1600 mg of raw Berry.

Cranberry is widely used to prevent urinary tract infections, and has been used for this purpose for many years. There is research that supports this, although they may not be perfect. The key thing to note, however, is that the evidence supporting cranberry's ability to "prevent" UTI is much more

convincing than any evidence supporting its ability to "treat" UTI's.

For treatment, it can be used as an adjunct to other therapy, but it may not be wise to rely on it as the main agent. In the past, it was thought to work by acidifying the urine, but now we know that there is a substance, a proanthocyanadin, which prevents the adhesion of bacteria to the cells lining the urinary tract.

There is another caution regarding cranberry juice. Some women make the mistake of going out and buying cranberry juice, rather than using a cranberry extract. The problem with the juice is that it has a high sugar content. Thus, the benefit of using a supplement where the active constituents of cranberry are concentrated, leaving the sugar behind. Phyto-Tech™ Cranberry 4:1 is ideal for this purpose.

Dosage:

One to two Capsules daily, or as directed. Drink plenty of water.

Complementary Product:

- Phyto-Tech™ Urinary Kidney Complex.

Cranberry Mannose

An herbal nutrient blend designed for those with frequent urinary tract infections.

60 Veggie Caps, Product Code: 67467

Who might benefit from this product?

- Those suffering from urinary tract infections.

Ingredients:

Each two veggie caps contains vitamin C, 30 mg, D-Mannose 1000 mg, and Cranberry Fruit 37:1 (min. 4% Proanthocyanidins) 400 mg.

Indications:

Cranberry is used for prevention and treatment of urinary tract infections and kidney stones. D-mannose has also been used for this purpose. Many feel that the combination of these two ingredients results in a synergistic effectiveness

greater than either ingredient by itself. Preliminary research suggests supplemental d-mannose might interfere with the adhesion of Escherichia coli bacteria to the urinary tract, theoretically protecting from some urinary tract infections (UTIs). Bacteria such as Escherichia coli produce lectins, which bind the organism to sugar residues, such as d-mannose, on host epithelial cells. Theoretically, giving supplemental d-mannose can bind the bacteria and prevent attachment to the vaginal and urinary tract lining. Cranberry is thought to work in a similar manner. In vitro tests indicate that d-mannose can partially or completely inhibit binding of around 50% of Escherichia coli strains to epithelial cells. The effect of d-mannose on urinary tract infections in humans remains to be studied.

Dosage:

Two capsules, up to three times daily, or as directed.

Damiana 1:3

Traditionally used as an aphrodisiac, for women, especially in Central America, since ancient times. It may also exhibit mood elevating action.

1 fl oz - Product Code: 57641

Damiana is traditionally used as a general tonic for the nervous, endocrine, and reproductive systems. In addition, specific historical uses include coughs, gastrointestinal disorders, diuresis. It has been used as an aphrodisiac in Africa and the Americas.

Dandelion Root 1:1.5

Dandelion Root has long been considered a liver and gallbladder tonic, and digestive stimulant.

1 fl oz - Product Code: 56966

90 Veggie Caps - Product Code: 60117

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

healthnotes

Prenatal Depression and Omega-3 Supplements

Prenatal depression is common in pregnant women, with effects in both the mothers and their children. In this study, doctors measured omega-3 levels in 16 healthy pregnant women and 17 pregnant women with prenatal depression.

Overall, women with prenatal depression had lower levels of omega-3s, and a higher ratio of omega-6 to omega-3, compared to the healthy pregnant women. Looking more closely, women with prenatal depression had lower levels of the omega-3s EPA and DHA, and higher levels of a sign of inflammation.

Doctors said the brain is rich in omega-3s which regulate biological processes that directly affect mood and cognitive function, and that these findings support the connection between omega-3 fatty acids and healthy mood in pregnancy.

Reference: *Progress in Neuro-Psychopharmacology and Biological Psychiatry*; 2018, Vol. 80-C, 273-8



**Willner Chemists
Product Recommendation:**

**Minami Nutrition
Mordha Prenatal Omega 3
60 Softgels
Product Code: 53455**

Resveratrol Reduces Endometriosis in Lab Study

Endometriosis reproduces tissue outside the uterus that normally lines the inside of the uterus. With each menstrual cycle, this external endometrial tissue thickens, breaks down, and bleeds. Because this blood has no way to exit the body, it becomes trapped, irritating surrounding tissue and causing pain. This can lead to infertility.

In the lab, resveratrol decreased the number and size of endometrial implants, suppressed the spread of endometrial tissue, reduced new blood vessel formation, and decreased inflammation.

Reference: *Biomedicine and Pharmacotherapy*; 2017, Vol. 91, 220-8



**Willner Chemists
Product Recommendation:**

**Reserveage Organics
Resveratrol 250mg
60 Vcaps
Product Code: 57550**



MULTIVITAMINS | CALCIUM | HERBALS | FISH OIL

VITALITY

— is in our nature —

Discover Every Woman™'s One Daily 55+ multivitamin—a new chapter in nourishment. Expertly formulated to support healthy immune defenses with clinical-strength Astaxanthin, a rare plant-nutrient.* Our complete multivitamin is uniquely fermented with probiotics and whole foods to activate healthy aging benefits.* Our science proves what nature always knew—that vitality is in our nature. With New Chapter,® you'll feel it.



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- ✓ Made with Organic Veggies & Herbs
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48 Tablets Item #67606
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Retail \$61.95
Willner Chemists **\$46.46**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal supplement?

• Those with liver disease, upset stomach, loss of appetite, heartburn; those in need of liver and gallbladder detoxification; those suffering from constipation. Dandelion is commonly used as a food. The leaves are used in salads and teas. The roots are sometime used as a coffee substitute. The leaves and roots have been used traditionally to treat liver, gallbladder, kidney and joint problems. Dandelion is categorized by many herbalists as a blood purifier, or "alterative."

Ingredients:

Phyto-Tech™ Dandelion Root 1:1.5 contains Fresh Dandelion Root (*Taraxacum officinale*) 667 mg/ml, Grain Alcohol, Pule Deionized Water. Certified Organic.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water. Also available in a veggie capsule, with each Phyto-Tech™ Dandelion capsule containing 500 mg of certified organic Dandelion Root (*Taraxacum officinale*).

Cautions: Contraindicated in blockage of the bile ducts, acute gallbladder inflammation, and intestinal blockage.

Complimentary Formulas:

- Phyto-Tech™ Liver Support, Liquid or Vegicaps
- Phyto-Tech™ Burdock Root 1:1.5
- Phyto-Tech™ Milk Thistle Seed 1:3

Devil's Claw

This herb, wild harvested from the Kahalari desert of Africa, has been shown to exert significant anti-inflammatory and analgesic action.

1 fl oz - Product Code: 57029

Who could benefit from this supplement?

- Those with arthritis, rheumatism, fibromyalgia, joint and muscle pain.

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Ingredients:

Phyto-Tech™ Devil's Claw 1:4 provides 250 mg of Devil's Claw secondary tubers per 30 drops. Devil's claw (*Harpagophytum procumbens*) originates from the Kalahari and Savannah desert regions of South and Southeast Africa. The part used is the secondary tubers. Currently, the major uses of devil's claw are as an anti-inflammatory and pain reliever for joint diseases, back pain, and headache. Devil's Claw enjoys widespread popularity as a treatment for mild joint pain throughout Europe. This use is supported by several clinical studies. Devil's Claw also increases gastric digestive enzymes, thus aiding in protein and fat digestion. It has been known to help reduce cholesterol and uric acids in the blood, which can lead to gout.

Dosage:

20-40 drops, 2-3 times per day or as needed in juice or water. Best used long term (over 1 month continual use).

Contraindications: Gastric and duodenal ulcers. Do not use during pregnancy or if breastfeeding.

Digest Stim Complex

This formula promotes optimal digestive enzyme balance for proper digestive function. It can be categorized as a bitter digestive tonic.

Digest Stim Complex - 1 fl oz - Product Code: 56999

Digest Stim Complex - Alcohol Free
1 fl oz - Product Code: 57040

Who can benefit from using this supplement?

- Those who are deficient in digestive enzyme secretion or gastric function. Helpful in cases of indigestion, gas, sluggish bowels, bloating.
- Phyto-Tech™ Digest Stim is available in a regular, and an alcohol-free version. Most commonly, it is taken before meals.

Ingredients:

Phyto-Tech™ Digest Stim contains the following herbs: Gentian Root, Fennel Seed, Oregon Grape Root, Ginger Root, Licorice Root, Prickly Ash Bark, Blue Flag Root, Peppermint Spirits, and Potassium Carbonate. Phyto-Tech™ Digest Stim will stimulate the body to secrete more digestive enzymes (HCl, bile, pancreatic enzymes, pepsin, lipase, and saliva) which will enhance digestion. This makes absorption more possible. This formula actually makes the body secrete its own digestive enzymes if deficient instead of taking digestive enzymes by themselves. The goal is to get the body to function normally and to not rely on external enzymes.

It can be used as needed for meals that cause indigestion. Phyto-Tech™ Digest Stim can be used as a tonic for those with chronic indigestion, before or after a meal, but is best when used before the meal.

Phyto-Tech™ Digest Stim also contains fennel and peppermint to soothe digestive upset and keep the digestive tract calm while digesting efficiently. This formula can be especially helpful to the elderly, where poor digestion is common.

Many herbalists recommend Phyto-Tech™ Digest Stim for *Candida albicans*. *Candida* thrives in a digestive tract that under secretes, thus becoming too alkaline (digestive pH is acidic, blood pH is alkaline). Phyto-Tech™ Digest Stim is thought to increase HCl in the stomach, thus keeping it very acidic which kills parasites, bacteria, germs and keeps *Candida* in check. Insufficient digestive enzymes result in leaky gut syndrome and the candida/parasite/germ hypothesis that cannot be healed without increasing digestive enzymes.

Contraindications: Pregnancy; Ulcers, Irritable Bowel (Phyto-Tech™ Digest Stim may help or worsen this condition—use caution)

... continued on page 44



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



29825	ULT FAT METABOLIZER	90	TAB	29.99	23.99	62098	BP ELITE	120	CAP	48.00	38.40	60288	LIPOSOMAL C LIQ	10.	LIQ	39.60	31.68	38136	SPECTRA WOMAN	240	TAB	66.80	53.44
29831	ULT PROTEIN SYS CHOCO	2LB	PWD	50.99	40.79	34888	C 300 CHW CHERRY	90	CHW	17.50	14.00	56262	LUTEIN 10 MG	60	VCA	21.20	16.96	64118	STRESS B CAP	90	CAP	33.60	26.88
16345	VANADYL SULFATE 5000	90	CAP	10.99	8.79	16968	CAL MAG 500/200 D 50	180	TAB	23.10	18.48	42742	MAG CITRATE 140 MG	90	CAP	15.00	12.00	65757	TELOMERE BENEFITS	60	VCA	148.00	118.40
23692	VANADYL SULFATE 5000	180	CAP	19.59	15.67	50022	CAL MAG CITRATE POWDER	4.9	PWD	17.50	14.00	59050	MAG CITRATE EFFERV PWD	375	PWD	47.20	37.76	45272	THEANINE 200 MG	60	VCA	36.40	29.12
54231	VARICOVEIN MEN WOMEN	60	VCA	32.99	26.39	52245	CANDID AWAY	90	CAP	42.00	33.60	61585	MANGO PLEX W/ RASP KET	KET	CAP	41.60	33.28	54339	THYROID BASICS	120	CAP	41.60	33.28
31896	WHEY PRO PWD NAT	24Z	PWD	47.99	38.39	41015	CARB DOWN	90	CAP	38.80	31.04	41929	MAXI HGH	10.	PWD	65.60	52.48	56512	TRI MAG 300	120	VCA	21.20	16.96
31746	WHEY PRO PWD NAT	12Z	PWD	26.99	21.59	41171	CAROTENE 25000 IU	180	CAP	19.20	15.36	54889	MEGA PROBIOT ND DG ENZ	90	CHW	43.20	34.56	41174	ZINC LOZENGES 23 MG	60	LOZ	11.00	8.80
44685	WHEY PROT PWD CH FD	14Z	PWD	26.99	21.59	16967	CARTILAGE +	180	CAP	46.40	37.12	61283	MEGA PROBIOTIC 50+ D/FR	60	CAP	66.40	53.12						
62425	WHEY PROT PWD CH SG FR	15.	PWD	26.99	21.59	42193	CHOLESTURE	90	VCA	39.20	31.36	50019	MEGA PROBIOTIC ND	120	VCA	43.30	34.64						
65856	WHEY PROT PWD COCON SF	11.	PWD	26.99	21.59	33288	CHROMEMATE	90	CAP	14.50	11.60	41198	MELATONIN 3 MG	120	CAP	19.20	15.36						
62426	WHEY PROT PWD VN SG FR	15.	PWD	26.99	21.59	41842	CLEARLY FIBER	5.8	PWD	16.20	12.96	59569	MELATONIN LIPOSOMAL	30	LIQ	16.80	13.44						
63139	WHEY PROTEIN NAT ORG	10.	PWD	39.99	31.99	40914	COLLAGEN NATURAL	90	TAB	51.60	41.28	41167	MILK THISTLE 300 MG	90	CAP	24.00	19.20						
44906	WHEY PROTEIN PWD VAN	12Z	PWD	26.99	21.59	43334	COQ10 100 MG CHEW MELT	60	CHW	39.90	31.92	51337	N A C 500 MG	90	VCA	18.80	15.04						
63140	WHEY PROTEIN VAN ORG	12.	PWD	39.99	31.99	56338	COQ10 DMG 300 300	60	CHW	90.00	72.00	52548	NATTOKINASE PLUS	60	VCA	35.90	28.72						
54829	WOMENS HER DAILY NUTRI	60	TAB	38.99	31.19	41180	CRANBERRY 400 MG	60	CAP	12.90	10.32	66701	NATURAL FLEX	90	CAP	40.80	32.64						
16170	ZINC 50	100	TAB	9.99	7.99	59048	CURCUMIN C3 COMPLEX	60	CAP	39.20	31.36	67554	NITRO BENEFITS PWD	10Z	PWD	45.96	36.78						
16153	ZINC 50 TM	90	TAB	9.99	7.99	67509	CURCUMIN LIPOSOMAL LIQ	10.	LIQ	42.00	33.60	28628	OLIVIR OLIVE EXT TAB	45	TAB	23.20	18.56						
32600	ZINC LOZ CHERRY W/C	60	LOZ	9.99	7.99	45589	CX 2 SOLUTIONS	180	VCA	76.40	61.12	35624	OLIVIR OLIVE EXT VCAP	90	TAB	44.00	35.20						
						59382	D MANNANOSE COMPLEX PWD	30	PWD	42.40	33.92	41207	OLIVIR OLIVE EXT VCAP	45	VCA	44.00	35.20						
						55417	D3 1000 IU	250	TAB	15.00	12.00	36788	OMEGA 3 1000 ENT VCAP	90	SGC	28.80	23.04						
						60289	D3 10000 IU SPRAY	1Z	SPY	15.60	12.48	16981	OMEGA 3 1000 ENT COAT	120	SGC	41.20	32.96						
						56280	D3 5000 IU	120	CAP	25.60	20.48	57596	OMEGA 3 HP D	90	SGC	26.50	21.20						
						64024	DAILY BEST ULTRA	60	CAP	34.40	27.52	43304	OMEGA 3 SUPREME	180	CAP	38.00	30.40						
						56279	DHEA 25 MG	90	CAP	14.50	11.60	10395	PERNA	90	TAB	34.40	27.52						
						59049	DHEA SPRAY 5 LIPO MICR	1Z	SPY	18.80	15.04	36903	PERNA PLUS	180	TAB	63.60	50.88						
						67511	DIM LIPOSOMAL LIQ	10.	LIQ	44.00	35.20	38708	PERNA PLUS	180	TAB	63.60	50.88						
						39273	DIMPRO 75 MG	60	VCA	30.70	24.56	66832	PHYTO BENEFITS	60	CAP	50.00	40.00						
						45078	DIMPRO 75 MG	120	VCA	54.00	43.20	20272	POTEN C 1000 TR	250	TAB	56.40	45.12						
						10387	DISC DISCOVERY	180	TAB	31.20	24.96	10397	POTEN C 1000 TR	90	TAB	19.60	15.68						
						26573	DL PHENYLALANINE 750	60	CAP	19.60	15.68	42765	PROSTATE HEALTH VCAP	60	VCA	54.00	43.20						
						36772	DMG GLUCONIC 250 CHW	90	CHW	49.20	39.36	34218	PSYCOGENOL 50	60	CAP	61.60	49.28						
						43532	DMG GLUCONIC 500 MG CH	60	CHW	59.60	47.68	43862	RAPID BALANCE G I	90	CAP	29.40	23.52						
						39866	DMG LIQ 300 MG	2Z	LIQ	40.40	32.32	42329	RESVERATROL 50	120	VCA	40.40	32.32						
						61724	E 400 MIXED TOCOPHEROL	60	SGC	31.60	25.28	58316	RIGHT WHEY PWD VANILLA	2.1	PWD	59.20	47.36						
						40912	FLAXSEED OIL 1000 SGC	90	CAP	13.70	10.96	38411	SAW PALMETTO 320 MG	90	CAP	18.80	15.04						
						56513	G1 BENEFITS	384	PWD	64.80	51.84	50593	SERENITY NOW CHW	30	CHW	36.80	29.44						
						34420	GINKGO BILOBA 60 MG	90	CAP	15.90	12.72	57264	SERENITY NOW SM DG CAT	30	CHW	12.00	9.60						
						66274	GLUCO BENEFITS	90	CAP	57.90	46.32	68020	SKIN BENEFITS	30	CAP	53.95	43.16						
						40522	GLUCO SYNERGY	60	CAP	36.40	29.12	66979	SLEEP BENEFITS	60	CAP	41.95	33.56						
						41165	GLUCOS SULF 500 MG	120	CAP	27.70	22.16	16979	SPECTRA	240	TAB	62.80	50.24						
						41184	GRAPE SEED 100 MG	90	CAP	27.20	21.76	16978	SPECTRA	120	TAB	35.60	28.48						
						43239	GREEN TEA 70 EGCG	60	VCA	39.20	31.36	42432	SPECTRA GREENS PWD	12.	PWD	46.00	36.80						
						42642	HAIR EFFECT	90	VCA	49.20	39.36	56734	SPECTRA INFINITE NUTR	31B	PWD	291.90	233.52						
						35996	HEALTHY EYES	90	CAP	48.80	39.04	29211	SPECTRA MAN	120	TAB	39.20	31.36						
						51333	HEALTHY VEINS	60	VCA	27.20	21.76	37803	SPECTRA MAN	240	TAB	68.00	54.40						
						51482	HYALURONIC ACID 40 MG	60	VCA	34.00	27.20	50086	SPECTRA MULTI AGE	17	PWD	44.40	35.52						



BENEFITS OF RESVERATROL

- 300 mg - Powerful Antioxidant*
- Pure Red Wine Extract - Alcohol Free
- Helps support normal healthy aging*
- Helps fight cell damaging free radicals*

Suitable for Vegetarians & Vegans

Serving Size: 1 Vegetable Capsule

Amount Per Serving

- Polygonum cuspidatum* Extract (Root) 600 mg
(50% Trans-Resveratrol - 300 mg)
- Red Wine Extract (Alcohol-Free) 15 mg
(*Vitis vinifera*) (min. 30% Polyphenols)

Daily Value not established.

Willner Code:			Retail:	Sale Price:
57131	Resveratrol 300 mg	60 Vcap	\$ 39.99	\$ 25.99
60051	Resveratrol 300 mg	150 Vcap	\$ 89.99	\$ 58.49

**35%
Line Drive
Every Month**

Premium Grape Seed Extract

- Now in Veggie Capsules
- Non-GMO • Soy Free
- Made from California Grapes
- Clinically Studied Ingredient*

Suitable for Vegetarians & Vegans



Willner Code			Retail:	Sale Price:
59368	MegaNatural® BP - Grape Seed Extract 150 mg.	60 VCaps	\$ 19.99	\$ 12.99
60464	MegaNatural® BP - Grape Seed Extract 150 mg.	150 VCaps	\$ 44.99	\$ 29.24
59369	MegaNatural® BP - Grape Seed Extract 300mg.	60 VCaps	\$ 33.32	\$ 21.66
60351	MegaNatural® BP - Grape Seed Extract 300mg.	150 VCaps	\$ 74.99	\$ 48.74

Healthy Origins®
Healthy Value from Reliable Origins

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage:

In general, it is best before a meal but can be used afterward. Daily use: 15-60 drops, 2-3 times per day or as needed in juice or water. Use before or after meals. Occasional use: 30-60 drops before or after meals that create indigestion or digestive upset.

Dong Quai Root 1:3

A highly regarded, well known Chinese herb widely used for various menstrual and menopausal problems.

1 fl oz - Product Code: 57001

Who might benefit from this supplement?

- Women suffering from various menstrual irregularities;
- Women seeking to lessen the symptoms of menopause (hot flashes, mood swings, irritability)
- Women with premenstrual disorders (PMS) to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability).

Ingredients:

Phyto-Tech™ Dong Quai Root 1:3 contains Dong Quai Root, Alcohol Pure Grain, Water Pure Deionized; 333 mg/ml.

Herbalists consider Dong Quai to be an estrogen synergist. It sensitizes the binding or absorption sites where estrogen is absorbed into the body and will increase levels of estrogen. In menopause where estrogen is decreasing, it helps satisfy the bodies craving and diminishes symptoms. In PMS, Dong Quai accentuates the estrogen phase or phase from menses to ovulation. It is especially indicated for cycles longer than 28 days. It is contraindicated for cycles less than 28 days, which is estrogen excess (use Chaste Tree Berries here). Dong Quai will help bring a longer cycle back to a 28-day cycle, help bring on a crampy slow onset period and possibly help alleviate a dry vagina.

Contraindications: Pregnancy; Menses that have a cycle shorter than 28 days.

Dosage:

15-45 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berry (if cycle is shorter than 28 days or if progesterone deficient)
- Phyto-Tech™ Menopause Complex (menopausal formula)
- Phyto-Tech™ Menses Complex (if PMS)
- Phyto-Tech™ Black Cohosh Root 1:3 (hot flashes, slow onset period)

Ear Drops

Soothes aches, promotes comfort and circulation, and supports immunity, as an external ear oil.

Phyto-Tech™ Ear Drops - Product Code: 56953

Phyto-Tech™ Ear Oil - Child Friendly - Product Code: 57011

Who can benefit from this supplement?

- Children and adults with ear infections.

Ingredients:

Phyto-Tech™ Ear Drops contains the following herbs: Mullein Flower Oil, Coptis Root Oil, Garlic Bulb Oil, Arnica Montana Flower Oil, Cold Pressed Extra Virgin Olive Oil.

This product comes in two versions:

- Phyto-Tech™ Ear Drops (Code 56953)
 - Child Friendly version, Phyto-Tech™ Ear Oil (Code 57011)
- Both come in 1 fl oz bottles.

Echina Acute Complex

Liquid Herbal Extract

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

Echina Acute Complex Liquid Drops

1 fl oz - Product Code: 56946

Echina Acute Complex Liquid Drops

2 fl oz - Product Code: 56979

Echina Acute Complex, Alcohol Free

1 fl oz - Product Code: 56974

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Ingredients:

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root

Echina Acute Complex

Liquid Veggie Caps

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

60 Liquid Filled Veggie Caps - Product Code: 57093

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Ingredients:

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea purpurea Herb, Goldenseal

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



56660	CONDITIONER FRAGR FREE	8Z	LIQ	8.99	7.19	66927	CLEANSING CREAM CHAMOM	150	CRM	23.95	21.55	58037	COLLAGEN TYPE 1&3 TAB	180	TAB	21.99	17.59	42860	MSM 1500 BEST TABS	120	TAB	14.99	11.99
42058	CONDITIONER JOJOBA	12Z	LIQ	7.99	6.39	66922	FACIAL TONER CUCUMBER	3Z	SPY	23.49	21.15	55490	COQ10 100 MG HI ABSORP	60	SGC	18.99	15.19	33018	MSM BEST PWD 250 GMS	250	PWD	16.99	13.59
67057	FACE OIL RESTORATIVE	.96	LIQ	17.99	14.39	66515	HYALURONIC ACID SERUGL	1Z	GEL	46.89	42.21	57598	COQ10 100 MG HI ABSORP	120	VCA	33.99	27.19	63717	MULTIPLE BEST	90	VCA	39.99	31.99
29332	FACE WASH TTO	32Z	LIQ	17.99	14.39	66520	LIP VOLUMIZER	.15	STK	22.95	20.65	54710	COQ10 100 MG SGC HI AB	120	SGC	33.99	27.19	61454	N A C 600 DETOX REGUL	60	VCA	10.99	8.79
23238	FACE WASH TTO	8Z	SOP	10.09	8.07	36049	MOIST EVENING RICH INUT	2.5	LIQ	25.49	22.95	28409	COQ10 100 MG VCA HI AB	30	VCA	10.99	8.79	66174	NATTO SERRA BEST	90	VCA	37.99	30.39
23995	FACIAL CLEANSING PADS	50	PAD	7.99	6.39	36048	MOIST PERFECTING TIME	2.5	LIQ	28.59	25.73	35706	COQ10 100 MG VCAP	60	VCA	18.99	15.19	63616	NATTOKINASE 2000 FU	270	VCA	65.99	52.79
23241	FACIAL MOIST JOJO ALOE	4Z	CRM	7.99	6.39	66921	MUD MASK CAPP COCOA	3Z	CRM	16.95	15.25	42104	COQ10 200 MG HI ABSORB	60	VCA	29.99	23.99	44740	NATTOKINASE 2000 FU	90	VCA	23.99	19.19
23242	FACIAL SCRUB	4Z	CRM	7.99	6.39	66923	MUD MASK TOMATO ITAL	3Z	CRM	16.99	15.28	51572	COQ10 400 MG HI ABSORB	60	VCA	51.99	41.59	36551	NONI CONC BEST 650 MG	150	CAP	30.99	24.79
62364	HAIR CRM COCO SFT CURL	6.4	CRM	9.99	7.99	66929	PROTECT MOIST SOLAR	2.5	CRM	26.49	21.19	56393	CURCUMIN C3 COMPL 1000	120	TAB	99.99	79.99	52597	PHOS SERINE 100 MG BST	60	SGC	39.99	31.99
62232	HAND & BODY LOT LIME DR	8Z	LOT	8.99	7.19	66516	SKIN BRIGHTENING SERUM	1Z	LIQ	29.59	26.64	41886	CURCUMIN FROM TURM 500	120	CAP	59.99	47.99	62919	PQQ 20 MG BIOPQQ	30	VCA	35.99	28.79
51435	HAND BODY LOT ALM ORG	8Z	LOT	8.99	7.19	66518	SUN DAMAGE REPAIR SER	1Z	LIQ	40.79	36.71	56665	D PHENYLALANINE 500 MG	60	VCA	27.99	22.39	67888	PROBIOTIC 2 BIL W/LACT	60	VCA	23.33	18.64
51672	HAND BODY LOT LAVENDER	8Z	LOT	8.99	7.19	66519	UNDER EYE REPAIR SERUM	15M	LIQ	24.49	22.04	55509	D RIBOSE 850 MG	120	VCA	35.99	28.79	64463	PROBIOTIC 20 BIL BEST	30	VCA	29.99	23.99
51788	HAND BODY LOTION COCO	8Z	LOT	8.99	7.19						53108	D RIBOSE PWD	8.8	PWD	49.99	39.99	34981	PROSTATE COMPREN FORM	120	VCA	34.99	27.99	
52466	HAND REPAIR CREAM PUMP	4Z	CRM	8.99	7.19					57294	D3 1000 IU	180	SGC	9.99	7.99	54659	PROTEOLYTIC ENZYMES BES	EST	VCA	42.99	34.39		
17257	JOJOBA OIL 100% PURE	4Z	LIQ	13.99	11.19	22022	DMSO 70%CON/30%WATER	8Z	LIQ	23.99	19.19	57295	D3 2000 IU	180	SGC	10.99	8.79	55508	PUREWAY C 500 MG S/R	60	TAB	13.99	11.19
17256	JOJOBA OIL 100% PURE	2Z	LIQ	8.99	7.19	42712	DMSO 70%CON/30%WATER	4Z	LIQ	18.49	14.79	58042	D3 5000 IU	180	SGC	11.99	9.59	17265	QUERCETIN BROMELAIN	180	CAP	39.99	31.99
45380	JOJOBA OIL ORGANIC 100%	4Z	LIQ	15.99	12.79	41271	DMSO 99.9% PLASTIC	8Z	LIQ	21.39	17.11	60236	D3 5000 IU SGC	360	SGC	20.99	16.79	43807	R LIPOIC ACID 100 MG	60	VCA	33.99	27.19
67054	MOIST REVITALIZ OILS	2Z	OIL	16.99	13.59	43313	DMSO CRM	4Z	CRM	25.99	20.79	62796	DHA 200 MG VEG ALGAE	60	SGC	39.99	31.99	59341	R LIPOIC ACID 100 MG	180	VCA	89.99	71.99
67331	MORINGA JOJOBA & ROSE	2Z	OIL	13.95	11.16	22744	DMSO CRM 70%/30%ALOE	4Z	CRM	28.89	23.11	60238	DHA 500 SGC CALAMARI	60	SGC	27.99	22.39	30003	RED WINE EXT FRN CR 60	90	CAP	12.99	10.39
29331	MOUTHWASH TTO SPRMINT	16Z	LIQ	8.59	6.87	27940	DMSO GEL 70%CON 30%ALO	4Z	GEL	22.59	18.07	60272	DHA 500 SGC CALAMARI	180	SGC	69.99	55.99	54703	RESVERATROL 100 MG	60	VCA	24.99	19.99
64234	MOUTHWASH TTO ULT MINT	16Z	LIQ	7.99	6.39	40509	DMSO ROLL ON	3Z	ROL	18.49	14.79	33352	DIGESTIVE ENZYME BEST	90	CAP	39.99	31.99	58203	RESVERATROL 200 TRANS	60	VCA	34.99	27.99
67055	OIL CLEANS FACE CREAMY	6.4	CRM	14.95	11.96					53624	EPICOR 500 MG	60	VCA	34.99	27.99	57385	SAM E 200	60	TAB	39.99	31.99		
57820	SHAMPOO COCONUT	8Z	LIQ	8.99	7.19					61972	FISLETIN 1000 W/COGNES	30	VCA	27.99	22.39	60235	SAM E 400 DOUB STR	60	TAB	71.99	57.59		
55659	SHAMPOO FRAGRANCE FREE	8Z	LIQ	8.99	7.19	32980	5 HTP 100 MG BEST	60	CAP	17.99	14.39	60481	FOLATE 400 FULLY ACTIV	90	VCA	13.99	11.19	51053	SAM E 400 DOUB STR	30	TAB	39.99	31.99
51433	SHAMPOO ITAL RD GR ORG	8Z	LIQ	8.99	7.19	52045	ACAI 500 MG BEST	120	VCA	23.99	19.19	52551	FUCOIDAN 70% BEST	60	VCA	55.99	44.79	40935	SAW PALM 320 MG	60	SGC	25.99	20.79
52464	SHAMPOO LEMON TT ORG	8Z	LIQ	8.99	7.19	40437	ACETYL L CARNITINE BT	60	CAP	21.99	17.59	43714	GINKGO EXTRA STRENGTH	120	CAP	14.99	11.99	51739	SERRAPEPTASE BEST	90	VCA	24.99	19.99
52462	SHAMPOO RASPBERRY ORG	8Z	LIQ	8.99	7.19	61942	AGARICUS BEST 400 MG	90	VCA	32.99	26.39	34446	GLUCOS CHOND MSM	240	CAP	46.99	37.59	58722	SERRAPEPTASE HI POTENC	90	VCA	51.99	41.59
17261	SHAMPOO TTO	12Z	LIQ	8.99	7.19	56666	ARGININE 500 SUST+ IM D	120	TAB	29.99	23.99	34445	GLUCOS CHOND MSM	120	CAP	25.99	20.79	56481	SUNTHEANINE 150 MG	90	VCA	29.99	23.99
29380	SKIN OINTMENT TTO	1Z	CRM	7.99	6.39	67375	ARGININE CMP W/ NITROS	60	TAB	39.99	31.99	61286	GLUCOS CHOND MSM & HYL	150	CAP	42.99	34.39	45188	SYNTRINOL 150 MG	60	SGC	31.99	25.59
29333	SOAP CASTILE TTO LIQ	32Z	LIQ	17.99	14.39	58956	ARTEMISININ 100 MG	100	VCA	51.99	41.59	31495	GLUCOS MSM SYNERGISTIC	180	CAP	19.99	15.99	62649	TOCOTRIENOLS 50 TOCOMN	60	SGC	24.99	19.99
26829	TEA TREE OIL LAVENDER	.6Z	LIQ	12.99	10.39	64522	ASTAXANTHIN 6 MG SGC	30	VSG	18.99	15.19	35271	GLUCOS SULF 750 MG	180	CAP	19.99	15.99	52210	TRYPTOPHAN 500 MG	90	VCA	33.99	27.19
26107	TTO 100% PURE	.5Z	LIQ	7.59	6.07	64523	ASTAXANTHIN 6 MG SGC	90	SGC	49.99	39.99	51738	GOJI BERRY EXT BEST	120	VCA	19.99	15.99	61303	UBIQUINOL 200 BEST SGC	30	SGC	49.99	39.99
17258	TTO 100% PURE	1Z	LIQ	11.50	9.20	63617	B COMPLEX FULLY ACTIVE	30	VCA	13.99	11.19	62917	HESPER METH CHALC 500	60	VCA	29.99	23.99	57386	UBIQUINOL COQ10 100 MG	60	SGC	49.99	39.99
17259	TTO 100% PURE	2Z	LIQ	19.50	15.60	63836	B12 FULL ACT 1500 METH	60	VCA	8.99	7.19	61285	HYALURONIC ACID 100 CH	60	TAB	39.99	31.99	54289	UBIQUINOL COQ10 50 BST	90	SGC	39.99	31.99
32544	TTO 20% PURE KIND SKIN	4Z	OIL	9.99	7.99	62893	BENFOTIAM 150 + LIPOIC	60	VCA	22.99	18.39	58881	HYALURONIC ACID 50 CHN	180	CAP	57.49	45.99	64273	VISION ENHANCERS NAT	60	SGC	24.99	19.99
23294	TTO ECO HARVEST	2Z	LIQ	21.95	17.56																		

DAIWA KRILL OIL

DAIWA SUPER KRILL OIL

Powered by  SUPERBA **Boost**™

Provides omega-3s with optimal levels of Phospholipids and Choline.



 **DAIWA**
HEALTH DEVELOPMENT

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Root, Echinacea angustifolia Root, Oregon Grape Root, Fresh Yerba Mansa Root, Myrrh Gum, Fresh Wild Indigo Root.

Echinacea Root 1:2

One of the most popular immune system stimulating herbs.

1 fl oz - Product Code: 56945

2 fl oz - Product Code: 56980

1 fl oz, Alcohol Free - Product Code: 56968

90 Veggie Caps - Product Code: 60129

Who can benefit from this herbal supplement?

- Those who need to stop an oncoming cold, flu or other infection.

Echinacea can also be helpful to those needing a long-term tonic, either due to chronic health problems or a tendency to get ill easily. "Contrary to popular myth, Echinacea is safe for long term use and will not decrease immune response over time. That myth was [based on] a misinterpretation of a [foreign language] study done about 40 years ago."

Ingredients:

Phyto-Tech™ Echinacea Root 1:2 contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops. Also available as a veggie capsule, with each Phyto-Tech™ Echinacea capsule containing 420 mg of certified organic Echinacea Root (Echinacea angustifolia).

Echinacea Triple 1:2.1

A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.

1 fl oz - Product Code: 56994

1 fl oz Alcohol Free - Product Code: 57052

Who will benefit from this supplement?

The indications for Phyto-Tech™ Echinacea Triple are basically the same for Echinacea. This product is designed for those who prefer a combination of the three different forms of Echinacea to maximize the efficacy and "diversify" some of the active constituents.

Echinacea, of course, is best known as an immune builder for immune deficiency and for its ability to prevent or ameliorate an upcoming cold, flu or infection when used at the first sign of the condition. The larger doses shown below reflect this purpose.

Echinacea is not thought to kill microbes by itself. Instead, it stimulates the immune system to do it. It supports the healthy innate immune response. This is why one does not need to be apprehensive about taking Echinacea in the presence of auto-immune disorders.

Ingredients:

Phyto-Tech™ Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root, pure grain alcohol and purified water.

Dosage:

Acute: 3-5 dropperfuls and up to 1 teaspoon (5-6 dropperfuls) every 2-3 hours when on the edge of illness. Long Term Tonic: 30-90 drops, 1-3 times per day or as needed, in juice or water.

Elderberry

Recent research shows this herb may be especially effective for those with influenza virus infections.

1 fl oz - Product Code: 57026

Who can benefit from this supplement?

- Those who suffer from influenza and similar viral infections, as well as those with cardiovascular disease and vision problems. Elderberry is rich in flavonoids, anthocyanins and other phyto-antioxidants.

Phyto-Tech™ Elderberry supplies one of the most effective herbs to use against the flu. Studies suggest this herb shortens the duration of flu symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. Elderberry can be used during an active flu episode (combined, perhaps, with Oregon Oil, Echinacea-Goldenseal, or Phyto-Tech™ Immune Acute Complex). It can also be used as a preventative to avoid getting sick during the flu season.

Elderberry 1:2 liquid extract is a very concentrated source of anthocyanins, the purple pigments that function as powerful antioxidants, along with the flavonoids quercetin and rutin, vitamin A and vitamin C.

The extract can be taken on a long term basis to increase one's resistance to illness and help rebuild a strong immune response.

Elderberry also benefits the cardiovascular system. Those with poor night vision will be helped by Elderberry, as it is thought to help regenerate rhodopsin, the pigment in the retina that is responsible for both the formation of the photoreceptor cells and the perception of light, enabling the eyes to adapt to darkness.

Dosage:

20-40 drops, 2-3 times per day in juice or water. Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified organic Elderberry berries in each 30 drops.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



43527	BASIC PREV 5 NO FE	270	VCA	44.50	35.60	44122	INOSITOL 650 MG	100	CAP	27.50	22.00	26456	PHYTOGENOL 50 MG	90	TAB	81.60	65.28
43594	BASIC PREV 5 NO FE TAB	180	TAB	36.10	28.88	26576	INTESTAMINE 360 GMS	360	PWD	73.40	58.72	19053	QUERCIPLEX	100	CAP	39.80	31.84
38711	BENI KOJI RED RICE 500	120	CAP	32.60	26.08	36225	IPRIFLAVONE 300 MG	60	CAP	24.60	19.68	32967	RIBOFLAVIN B2 100 MG	60	CAP	12.20	9.76
19067	BETAINE + 650 MG	250	CAP	48.00	38.40	60999	K2 VITAMINE 90 MCG	60	VCA	29.30	23.44	56935	SAW PALMETTO MAX V	60	VCA	32.40	25.92
10186	BETAINE HCL 648 MG	250	CAP	32.30	25.84	24372	LECITHIN 1200 MG	100	SGC	17.30	13.84	30239	SELENO METHIONINE	100	CAP	15.20	12.16
26295	BIOFLAVONOID CMP 1000	100	TAB	16.70	13.36	27304	LIPIC ACID 100 MG	60	TAB	18.60	14.88	65570	SERENITEN PLUS	30	VCA	42.40	33.92
32719	BOSWELLIA TURMERIC	60	TAB	32.20	25.76	29668	LIPIC ACID ULTRA FORTE	60	CAP	95.50	76.40	44224	SERINE 500 MG	60	CAP	39.80	31.84
53444	BRAIN CALM	60	VCA	26.90	21.52	51906	LYCOPENE 5 MG	90	SGC	25.80	20.64	36584	STRESS B PLUS	90	TAB	19.80	15.84
43503	BRAIN ENERGY	60	CAP	29.70	23.76	19059	MAG ASPARTATE 100	250	CAP	24.10	19.28	57348	STRONTIUM 200 MG	90	VCA	25.90	20.72
51113	BRAIN MEMORY	60	VCA	44.00	35.20	19058	MAG ASPARTATE 100	100	CAP	11.80	9.44	23961	TAURINE 500 MG	100	VCA	15.20	12.16
43502	BRAIN MOOD	60	CAP	56.40	45.12	34902	MAG CITRATE 150 MG	90	CAP	13.40	10.72	43569	THEANINE 100 MG	60	CAP	28.20	22.56
19068	BROMELAIN 5000 M.C.U.	60	CAP	10.00	8.00	32743	MAG GLYCINATE 100 MG	120	TAB	20.30	16.24	36114	TRI B 100	90	TAB	27.40	21.92
50654	C 1000 MG	250	CAP	31.40	25.12	66661	MAG GLYCINATE 100 MG	240	TAB	38.20	30.56	61736	TURMERIC MAX V	60	VCA	12.60	10.08
27041	C 1000 MG W/BIO NAT	250	TAB	33.30	26.64	43942	MAG OXIDE	100	CAP	7.70	6.16	56933	UBIQUINOL QH 100 MG	60	SGC	96.60	77.28
26526	CAL 6 + MAG 250/125	250	TAB	20.00	16.00	19060	MAG POT ASPARTATE	100	CAP	15.20	12.16	26569	ULTRA G I	90	CAP	48.60	38.88
38470	CAL CITRATE 250 MG	250	TAB	19.60	15.68	19061	MAG POT ASPARTATE COMP	250	CAP	35.60	28.48	44092	ULTRA I 3 C ULT INDIN +	60	VCA	32.90	26.32
66821	CAL MAG 1001	180	TAB	22.80	18.24	38814	MAG TAURATE 400	120	TAB	20.20	16.16	19020	ULTRA PREV III CAP	180	CAP	32.40	25.92
24127	CAL MAG 2001	180	TAB	23.30	18.64	64128	MAGNESIUM LIQ	8 Z	LIQ	26.40	21.12	19016	ULTRA PREV III W/CU	180	TAB	42.60	34.08
59546	CAP ALOE	100	CAP	12.80	10.24	52024	MAGNESIUM OXIDE	250	CAP	14.40	11.52	19015	ULTRA PREV III W/CU/FE	180	TAB	43.70	34.96
43611	CAPRYLEX	90	TAB	19.90	15.92	50352	MANGANESE CHEL 50 MG	90	TAB	9.40	7.52	63427	ULTRA PREVENTI 2 A DAY	30	TAB	40.00	32.00
60928	CARNITINE 250 MG	60	CAP	22.90	18.32	68242	MELATONIN 2 MG CONTROL	60	TAB	13.00	10.40	59707	ULTRA PREVENTIVE EZ TB	120	TAB	41.80	33.44
55930	CARNOSINE 500 MG	30	CAP	30.50	24.40	22615	MELATONIN 3 MG SUB	60	TAB	13.80	11.04	59708	ULTRA PREVENTIVE EZ TB	240	TAB	75.70	60.56
23448	CHROM PICOL 250 MCG	100	CAP	16.80	13.44	39454	MELATONIN P.R 3 MG	180	TAB	34.20	27.36	42673	ULTRA PREVENTIVE X	120	TAB	43.20	34.56
55546	CITRUS Q10 100 MG	60	TAB	58.00	46.40	64474	METHYL B 12 PLUS	90	LOZ	17.70	14.16	44041	ULTRA PREVENTIVE X	240	TAB	77.70	62.16
61747	CLA	120	SGC	30.40	24.32	52269	METHYL B12 1000 MCG	30	LIQ	14.80	11.84	54911	ULTRA PREVENTIVE X VCA	240	VCA	59.00	47.20
56509	COLEUS EXT 250 MG	60	VCA	35.40	28.32	65129	METHYL FOLATE 5-WTHF	60	TAB	18.00	14.40	42678	ULTRA PREVENTIVE PLUS VAN	908	PWD	58.50	46.80
59706	CORVALEN D RIBOSE PWD	9.9	PWD	50.40	40.32	68063	METHYLATED RESVERATROL	30	VCA	64.20	51.36	24458	ULTRAZYME	60	TAB	17.20	13.76
54709	CORVALENM MAG MALIC	12Z	PWD	63.70	50.96	43590	MOLYBDENUM 250	100	TAB	8.00	6.40	26249	ULTRAZYME	180	TAB	39.60	31.68
66809	CYSTO RENEW BLADD SUPP	120	CAP	48.00	38.40	22144	MOLYBDENUM 500	60	CAP	12.80	10.24	58000	UNI PROS TROL ULTRA	60	SGC	77.20	61.76
54900	D3 & K LIQ 1000 IU	1 Z	LIQ	47.80	38.24	40066	MOVE ACTIVE W/CU II	30	CAP	35.80	28.64	43523	VANADYL SULFATE 7.5 MG	90	TAB	12.60	10.08
59561	D3 5000 IU	100	TAB	12.20	9.76	57481	MSM 750 MG CAP	100	CAP	25.10	20.08	51356	VINPOCETINE 10 MG	90	VCA	30.50	24.40
56934	D3 LIQ 30 ML	30	LIQ	24.00	19.20	60900	MULTI PROBIOTIC 15 BIL	60	CAP	41.00	32.80	57521	WOBENZYM PS	180	TAB	90.80	72.64
26259	DEPA SGC	100	SGC	18.60	14.88	65197	MULTI PROBIOTIC 40 BIL	60	VCA	35.50	28.40	43690	ZINC PICOLINATE 20	100	TAB	10.30	8.24
60529	DHA HIGH QUELL 775 MG	60	SGC	39.40	31.52	30101	MULTI PROBIOTIC 4000	100	CAP	32.50	26.00	28634	ZINC PICOLINATE 50 MG	100	CAP	15.20	12.16
43563	DHEA 10 MG	100	CAP	15.20	12.16	24222	N A C 500 MG	90	VCA	26.50	21.20						
29305	DHEA 25 MG	100	CAP	18.60	14.88	32716	NEUROTONE	120	TAB	84.00	67.20						
27895	DHEA 25 MG SUB	120	TAB	32.30	25.84	50655	NIACINAMIDE 500 MG D	100	CAP	10.20	8.16	66704	B12 ENERGY BOOST SPRAY	.85	SPY	21.25	19.13
33985	DHEA 5 MG SUBLINGUAL	100	TAB	11.80	9.44	40762	NOPAL CACTUS	60	CAP	24.30	19.44	68228	BEETS W/ RED SPINACH	60	CAP	22.49	22.49
39279	DHEA 50 MG	100	CAP	24.40	19.52	57359	NUTRI E 400 FORTE	60	SGC	39.30	31.44	68229	D3 & K2 5000/180 CAP	30	CAP	37.49	37.49
61550	EPA DHA PLUS D QUELL	60	SGC	56.90	45.52	50659	OLIVE LEAF EXT 500 MG	120	CAP	39.80	31.84	66702	D3 1000 SPRAY ORANGE	.85	SPY	19.48	17.98
60530	EPA ULTRA QUELL 800	60	SGC	39.20	31.36	20945	OPTI EPA 500	250	SGC	100.20	80.16	66049	GINSENG KOREAN EXT FRM	30	CAP	32.46	29.22
67931	ESTER C COMPLEX	100	VCA	24.90	19.92	54564	OPTI ZINC 30 MG	90	VCA	14.00	11.20	66316	K2 180 MCG MK 7 SOY FR	30	CAP	34.99	31.49
26925	GABA 500 MG	60	CAP	19.20	15.36	25571	ORA ADREN 80	100	CAP	15.20	12.16	66050	LIPIDOMAL C 1000 2 CAP	60	CAP	18.71	16.83
54423	GARLIC ODORLESS 500MG	100	TAB	15.20	12.16	45584	ORNITHINE 500 MG	60	CAP	20.20	16.16	66703	MELATONIN SLEEP SUP SPR	.85	SPY	18.75	16.88
43589	GERMANIUM 150 MG CAP	30	CAP	60.90	48.72	34565	OSTEO GUARD PLUS IPRIF	120	TAB	40.40	32.32	66230	PROBIOTICS COMP 70 BIL	60	CAP	37.46	33.70
19056	GLA ULTRA	90	SGC	51.80	41.44	29330	P 5 P	100	CAP	21.10	16.88	66048	SAW PALM EXT W/LYCOPEN	30	CAP	32.46	29.22
28843	GLUCOSAMINE PLUS 250	120	CAP	39.80	31.84	56275	PABA 500 MG	100	CAP	16.50	13.20						
28087	GLUTATHIONE PLUS W/NAC	60	CAP	34.20	27.36	23446	PANTOTHENIC ACID 500	100	CAP	14.60	11.68						
58023	GLYCINE 500 MG	60	CAP	14.00	11.20	35196	PHENYLALANINE 500 MG	90	CAP	20.00	16.00	60671	CARDIOVASCULAR HEALTH	90	TAB	39.90	31.92
27055	GSH 250	90	CAP	90.80	72.64	63851	PQQ PLUS	30	VCA	66.30	53.04	60840	HEALTHY BLOOD PRES SYN	1			



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Elderberry Pelargonium Complex

For the common cold? or the flu?

With this formula, a combination of Elderberry and Pelargonium (Umckaloabo), you are covered either way!

90 Veggie Caps, Product Code: 67462

Who might benefit from this product?

- Those suffering from the common cold or the flu
- Those exhibiting the following symptoms: sore throat, cough, sinusitis, bronchitis, congestion, headache, body aches, fever, scratchy throats.

Ingredients:

Each 2 vegetarian capsules contains the following:
Organic Elderberry Fruit 750 mg, Wildcrafted Elderberry Flower 100 mg, Selectively Imported Pelargonium sidoides Root (Umckaloabo) 100 mg.

The vegetarian capsule contains: Modified Vegetable Cellulose

Properties:

These two herbs have been shown to exert the following properties:

Anti-Viral, Anti-Bacterial, Immuno-Protective, Immuno-Stimulating, Immuno-Modulating, Antioxidant

Indications:

Elderberry Pelargonium Complex is a unique formula that combines both Elderberry and Elderflower with Umckaloabo Root. It helps strengthen the immune system and provides immediate and effective immune support. Elderberry Pelargonium Complex can be used as a preventative to increase resistance to illness and help rebuild a strong immune response, or it can be taken when already ill to reduce symptoms and shorten the duration of the illness. Elderberry is one of the most effective herbs to use for flu. Studies report the herb shortens the duration of flu

symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. The herbs constituents neutralize the activity of the hemagglutinin spikes found on the surface of several viruses, causing the viruses to deactivate so they are unable to infect cells. Elderberry can be used during an active flu, or used as a preventative to avoid getting sick during the flu season.

Elderberry is a very concentrated source of anthocyanins, purple pigments that serve as powerful antioxidants. These anthocyanins enhance immune function and protect the body against disease by boosting the production of cytokines (proteins that regulate immune response), including tumor necrosis factor-alpha and interleukins. Elderberry also contains the flavonoids quercetin and rutin, and is high in vitamins A and C.

Umckaloabo is indicated for reducing the symptoms and shortening the duration of upper respiratory ailments, such as colds, bronchitis, sinusitis, coughs, sore throat, congestion, muscle aches, headaches and fever. It is a safe and effective herbal formula that can be used by both adults and children as an alternative to over the counter cold and sinus medications. Umckaloabo is made from an extract of the Pelargonium sidoides root. P. sidoides was first cultivated in South Africa where it has a long history of use in treating coughs, upper respiratory infections and throat irritations. Umckaloabo can provide fast relief from the uncomfortable symptoms of viral illnesses such as colds and most bronchial infections. A study published in 2007 tested P. sidoides effects on 207 patients aged 18-55 years who presented common cold symptoms. The patients in the P. sidoides treatment group had a significant reduction in symptoms such as nasal drainage, sore throat, nasal congestion, sneezing, scratchy throat, hoarseness, cough, headache, muscle aches and fever. Clinical trials in adults and children diagnosed with acute

bronchitis show that treatment with P. sidoides reduces the severity of symptoms, such as coughing, expectoration, chest pain, shortness of breath and wheezing, and shortens the duration of sick leave from work or school by 2 days. In 2008 a meta-analysis of 4 randomized clinical trials showed P. sidoides to be superior in efficacy compared with placebo in the treatment of acute bronchitis. Researchers concluded that P. sidoides offers an effective alternative to antibiotics.

Extracts of the P. sidoides root are antibacterial and immunomodulating. Studies have identified gallic acid and its methyl ester to be the prominent immunomodulatory constituents of P. sidoides, with both compounds demonstrating significant macrophage (white blood cell) activity. Numerous other studies document P. sidoides' antibacterial activity and confirm the roots' efficacy in treating the common cold, sore throat and bronchitis. Coumarins, phenolics and unsaturated fatty acids, especially linoleic acid, from P. sidoides demonstrate direct antibacterial activity and significant immune stimulation of the host.

A 2007 study published in Phytomedicine examined the impact of P. sidoides on the activity of human peripheral blood phagocytes and found several important components contributing to the roots' biological activity. The study reported P. sidoides increased phagocytosis (a major mechanism used by the immune system to remove pathogens from the body), increased oxidative bursts (the rapid release of reactive oxygen species from immune cells to destroy foreign bacteria), and increased intracellular killing of test organisms.

Complimentary Formulas & Single Herbs:

- Echinacea-Goldenseal (active infections)
- Respiratory Complex (to decongest and clear the respiratory)

... continued on page 50

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

EARTH SCIENCE

56353	AB HYDROXY NIGHT REJUV	1 Z	LIQ	24.99	19.99
40184	ADE CRM CLEANSER	8 Z	CRM	10.59	8.47
65636	AFTER SHAVE SKIN SOOTH	5.9	CRM	10.59	8.49
39655	ALMOND ALOE MOIS SPF15	5 Z	CRM	12.09	9.67
43195	APRICOT NIGHT CRM	2 Z	CRM	16.99	13.59
56354	COMPLEXION TONER FRESH	8 Z	LIQ	10.59	8.47
66560	CONDIT CERAMIDE FRG FR	10 Z	LIQ	10.99	8.79
39058	CONDITIONER FRAG/FREE	17 Z	LIQ	8.99	7.19
26729	DAY CRM HYDRAT BETA GN	2 Z	CRM	24.99	19.99
56355	EYE MAKEUP REMOV CHAM	4 Z	CRM	8.99	7.19
56356	FACIAL SCRUB GENTLE	4 Z	CRM	10.99	8.79
56350	FACIAL WASH CLARIFYING	8 Z	LIQ	10.59	8.47
61376	HAIR MASK DEEP CONDIT	6 Z	CRM	9.59	7.67
61373	HAND BODY LOT OAT ALOE	8 Z	LOT	9.99	7.99
61378	HAND CREAM PUREFECTION	2 Z	CRM	8.99	7.19
32786	HERBAL ASTRINGENT	9 Z	LIQ	10.59	8.47
66563	SHAMPOO CERAM CARE FF	10 Z	LIQ	10.99	8.79
66562	SHAMPOO CERAMIDE VOLUM	10 Z	LIQ	10.99	8.79
39481	SHAMPOO FRAGRANCE FREE	12 Z	LIQ	8.99	7.19
56343	SHAMPOO HAIR TREATMENT	12 Z	LIQ	8.99	7.19
66565	SHAMPOO OLIVE & AVOCAD	6 Z	LIQ	9.49	7.59
65638	SKIN LOT CERAMIDE HLTH	8 Z	LOT	11.99	9.59
61379	WHIPP CRM CLEANSER	5.8	CRM	14.99	11.99

EARTHLI DELIGHT

28888	CONDITIONER HAIR	16 Z	LIQ	14.50	13.05
28880	HAIR GROWTH STIMULAT	4 Z	CRM	13.50	12.15
28887	SHAMPOO HERBAL	16 Z	LIQ	14.50	13.05

EARTHS CARE

65621	ACNE SPOT TREATMENT	.97	LIQ	14.99	11.99
65618	ANTI ITCH CREAM	2.4	CRM	10.99	8.79
65620	DRY & CRACKED SKIN BLM	2.5	CRM	10.99	8.79
65619	PAIN RELIEVING OINTMNT	2.5	ONT	12.99	10.39

ECLECTIC INSTITUTE

17281	AVENA SATIVA OATS	90	VCA	20.00	18.00
57266	BEEF JUICE	90	PWD	16.80	15.12
62494	BILBERRY 400 MG	120	VCA	22.30	17.84
35478	BITTER MELON 200 MG FD	90	VCAP	22.00	19.80
22692	CALEN/CNFR/CMFRY CRM	1 Z	CRM	9.10	8.19
35575	CALENDULA	1 Z	LIQ	12.30	11.07
58372	CELERY PWD ORGANIC	90	PWD	18.40	16.56
35469	CORDYCEPS LIQUID	1 Z	LIQ	17.40	15.66
42713	CRANBERRY FREEZE DRIED	90	VCA	22.00	19.80
35487	DANDELION LEAF 150 MG	90	VCAP	22.00	19.80
35514	ECHIN GOLDENSEL 350 FD	50	VCAP	30.80	27.72
62144	EYE FOOD PWD	138	PWD	40.50	36.45
36381	GARLIC FD	90	VCAP	23.40	21.06
35495	GINKGO 500 MG FD VCAP	90	VCAP	22.00	19.80

17572	GINKGO BILBO LF 450 FD	90	CAP	20.00	18.00
35496	GOLDENSEAL 400 MG FD	90	VCAP	26.40	23.76
58356	GRAVEL ROOT	1 Z	LIQ	12.30	11.07
64854	HAWTHORN BERRY 500 FD	50	VCA	12.90	10.32
35498	HAWTHORN BRY 500 MG FD	90	VCAP	22.00	19.80
21802	HYDRASTIS CANADENSIS	90	CAP	19.00	17.10
58373	KALE PWD ORGANIC	90	PWD	13.70	12.33
52410	LARIX CAP	100	CAP	29.00	26.10
35434	LOMATIUM OSHA ORGANOL	1 Z	LIQ	12.90	11.61
35550	LOMATIUM OSHA SPRAY	1 Z	SPY	12.10	10.89
39209	MILK THISTLE 600 MG	120	VCAP	12.90	11.61
35501	NETTLES 300 MG FD	90	VCAP	21.80	19.62
43526	NETTLES QUERCETIN	90	CAP	22.90	20.61
41591	NETTLES ROOT 250 MG	90	VCA	23.40	21.06
17279	OPTI BIOTIC	80	TAB	20.00	18.00
19069	OPTIMUM ULTRA CAP	240	CAP	33.60	30.24
35510	PARA FIGHT INTREST SUPP	45	VCAP	26.70	24.03
60389	QUERCETIN FLAVONOID	90G	PWD	14.49	13.41
40151	SAW PALM 600 MG FD	240	CAP	42.10	37.89
35605	SHEPHERD'S PURSE ORGNL	1 Z	LIQ	12.30	11.07
35506	UVA URSI 350 MG FD	90	VCAP	22.00	19.80
24357	VITAL FORCE W/O IRON	180	TAB	35.00	31.50

ECOLOGICAL FORMULAS

10262	ALLITHIAMINE 50	60	CAP	15.95	13.55
10269	BLACK CURRANT SEED OIL	90	SGC	14.95	12.70
10270	BORAGE OIL GLA 240	60	SGC	13.95	11.85
10271	BUFFERED C CRYSTALS	250	PWD	24.95	21.20
10272	BUTYRIC ACID CAL MAG	90	CAP	16.95	14.40
19734	C 1000 FROM TAPIOCA	90	CAP	18.95	16.10
53031	C PWD FROM TAPIOCA	150	PWD	28.95	24.60
10276	CAPRYSTATIN	90	TAB	15.95	13.55
25022	CARNOSINE (ANTI OX)	60	CAP	17.95	15.25
10278	CHONDROITIN 4 SULPHATE	60	CAP	15.95	13.55
41973	CHROMIUM CRUCIFERATE	30	CAP	13.95	11.85
10279	CITRAMESIA	90	CAP	15.95	13.55
67998	CLAUDIVASTIN 500 MG	60	TAB	27.95	23.75
16960	CO ENZYME A	60	TAB	17.95	15.25
10280	CO ENZYME B YEAST FR	100	CAP	17.95	15.25
10286	CORTOL ACE	60	CAP	11.95	10.15
10289	DIABETROL	90	CAP	13.95	11.85
10296	FERRITIN IRON 5	60	CAP	14.95	12.70
54817	FORSKOLIN	60	CAP	15.95	13.55
16962	GLUCOSTABIL	180	CAP	29.95	25.45
10338	GTF NON YEAST	120	CAP	15.95	13.55
10304	HEPAGEN	60	CAP	19.95	16.95
10310	ISOTONIC MIN FORM 1	75	CAP	10.95	9.30
19741	LIVER EXT LYOPHILIZED	90	CAP	11.95	10.15
10320	MAGNESIUM SOLUTION 18%	8 Z	LIQ	11.95	10.15
44513	MAGNESIUM TAURATE 125	180	CAP	28.95	24.60
10321	MAGNESIUM TAURATE 125	60	CAP	11.95	10.15
21765	MALIC ACID 600	90	CAP	15.95	13.55

10324	MANGANESE PICOL 20	60	CAP	11.95	10.15
10327	MEGABIOTIN 7500	50	CAP	16.95	14.40
10331	MONOLAURIN 300 MG	90	CAP	16.95	14.40
57479	MONOLAURIN 600 MG	90	CAP	27.95	23.75
40687	NADH 5 MG	60	TAB	25.95	22.05
56331	NADH 5 MG	120	TAB	37.95	32.25
10339	NORIVAL	60	CAP	16.95	14.40
59810	NORIVAL	120	CAP	25.95	22.05
26901	OMNICHOLINE	120	CAP	18.95	16.10
23610	ONCOTONIN 10 MG	30	CAP	20.85	17.72
10343	ORITHRUP	8 Z	LIQ	11.95	10.15
10349	PAN 8 SUPPRE	90	CAP	11.95	10.15
10350	PANTETHINE	60	TAB	17.95	15.25
10364	QUERCETIN C	90	CAP	11.95	10.15
10367	RESBID	60	CAP	15.95	13.55
10368	RHEUMATOL FORTE	60	CAP	14.95	12.70
10371	SERRAFLAZyme 5	100	TAB	15.95	13.55
24753	SPHINGOLIN	240	CAP	37.95	32.25
10375	SPHINGOLIN MS	60	CAP	10.95	9.30
10378	T CELL FORMULA	60	CAP	13.95	11.85
10380	THIOCTIC	50	CAP	19.95	16.95
10381	TRI SALTS 200G	200	PWD	8.95	7.60
58086	URIDINE	60	CAP	17.95	15.25
59046	URIDINE 300 MG	60	CAP	28.95	24.60
10385	ZINC PICOL 25	60	CAP	9.95	8.45

ECOTREND

64189	DOMATCHA PACKETS	24	PAK	45.99	41.39
59683	DOMATCHA POWDER ORG	30G	PWD	33.99	31.59
59684	DOMATCHA POWDER ORG	2.8	PWD	41.99	37.79
59448	FUNGAL FREE NAILS	.22	LIQ	39.95	35.95

EMERALD LABORATORIES

62048	ADRENAL HEALTH VCAP E	60	VCA	32.95	26.36
62051	B HEALTHY VCAP RW COEN	60	VCA	24.95	19.96
62625	JOINT HEALTH VCAP	90	VCA	32.95	26.36
64417	MENS 45 PLUS MULTI VIT	30	CAP	16.95	13.56

EMERITA

68163	ESTRIOL BALANCING CRM	4 Z	CRM	47.99	38.39
40169	NATURAL LUBRICANT	2 Z	CRM	11.59	9.27
50214	OH WARMING LUBRICANT	2 Z	CRM	11.59	9.27
53121	PERSONAL MOIST LUBRIC	4 Z	LIQ	18.39	14.71
31244	PERSONAL MOISTUR LUBRI	2 Z	CRM	11.59	9.27
31245	PHYTOESTROGEN CRM	2 Z	CRM	24.09	19.27
51835	PROGEST CRM PARABEN FR	48	PAK	34.39	27.51
50213	PROGEST CRM PARABEN FR	2 Z	CRM	33.09	26.47
51765	PROGEST CRM PARABEN FR	4 Z	CRM	50.19	40.15
40993	RESPONSE CREAM	1 Z	CRM	32.35	25.88

ENDO MET

26847	ENDO DREN	90	TAB	22.00	22.00
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37746	MAG CHELATED	180	TAB	23.00	23.00
26849	THYRO COMPLEX	90	TAB	24.00	24.00
ENZYMATIC THERAPY					
31779	7 KETO DHEA 25 MG	60	CAP	23.99	19.19
35665	7 KETO NATURA LEAN	30	CAP	47.99	38.39
20040	ACID A CAL	100	CAP	20.99	16.79
33722	ACID EASE DIGEST FORM	180	CAP	36.99	29.59
25370	ACID EASE DIGEST FORM	90	CAP	21.49	17.19
42364	ACIDOPHILUS PEARLS	90	SGC	39.95	31.96
56719	ACTIVLIFE 010 100 MG	60	SGC	56.99	45.59
53685	ACTIVLIFE 010 50 UBIQ	60	SGC	34.99	27.99
43219	ADRENAL STRESS END	60	CAP	25.99	20.79
20086	ADRENERGIZE ADREN CORT	50	CAP	21.49	17.19
20061	AIR POWER	100	TAB	18.49	14.79

New! Turmeric Combination Formulas

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Hawthorne / CoQ10 / Turmeric / Methylfolate Blend
Formulated to Provide Comprehensive Cardiovascular Support

Product Features:

- Hawthorne Berry, standardized to vitexin, supports heart muscle function, rhythm and blood pressure. Hawthorne is considered the number one herbal heart tonic.
- CoQ10 supports healthy mitochondria in heart muscle for strong, long term heart muscle function.
- Beet Powder supports nitric oxide production which helps maintain healthy blood vessels and blood flow.
- Turmeric Root Extract, a powerful antioxidant, provides a natural anti-inflammatory action, and supports blood vessel health.
- Red Root supports lymph drainage to help maintain healthy blood fats which support vessel health.
- Methyltetrahydrofolate, an active (methylated) folic acid, also called Quatre-folic acid, helps to maintain healthy cholesterol and homocysteine levels.
- Methylcobalamin, a methylated B12, helps to keep homocysteine levels in a healthy range; it is also important for cellular energy production.
- Black Pepper extract facilitates absorption and promotes healthy circulation. This is important to assure maximal benefit from turmeric extract.
- Turmeric Heart Synergy is best taken long term for heart & vascular health.
- 100% Vegetarian. All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.




*These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat, or prevent any disease.



60 Veggie Caps
Product Code: 68220

Check out the
Phyto-Tech™ Product Reference Guide
for more information


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Don Goldberg's Blog . . . Comments, news and opinion on nutrition, supplements & health
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50 YEARS



OF EXCELLENCE

For 50 years your commitment to natural health and wellness has fueled the success of our business. As we celebrate this amazing milestone we'd like to thank you, our valued customers, for your loyalty and your devotion to NOW® natural health products. We wouldn't be here without you. We look forward to another 50 years of empowering people to lead healthier lives!





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



The mucilage in Fenugreek seeds helps soothe the gastrointestinal tract by coating the lining of the stomach and intestines. This makes it helpful for a variety of digestive disorders including indigestion, constipation, and gastritis (inflammation of the stomach).

According to Nutrition Focus, "Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are thought to account for many of the beneficial effects of fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate atherosclerosis and non-insulin-dependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and non-insulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL ("good") cholesterol levels.

Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

Dosage:

For the liquid extract, 30 drops up to three times per day, in water or juice, or as directed. For the veggie cap, take one capsule, 1 or 2 times daily, or as directed..

Caution: Do not use during pregnancy. Possible interaction with blood-thinning medications. Take 2 hours before of after taking medications. Keep out of the reach of children.

Complimentary Formulas & Single Herbs:

- Thyroid Complex (Product Code: 67455, Formula for low thyroid)

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- B-Complex Vitamins and/or Vitamin B-12
- Antiox Phyto Blend (Additional antioxidant support)
- Antiox Phyto Complex II

Fertility Complex

Support for a healthy and successful pregnancy

1 fl oz - Product Code: 57000

Who can benefit from this supplement?

- Women who are trying to become pregnant and those who are already pregnant; especially those with a history of difficult pregnancies.

Ingredients:

Phyto-Tech™ Fertility Complex, Alcohol Free, contains the following herbs: Red Raspberry Leaf, Red Clover Blossoms, Nettles Leaf, Yellow Dock Root.

Feverfew 1:2

Traditionally, an antipyretic (reducing fever); now, best know for the prevention of migraine headache.

1 fl oz - Product Code: 57065

Who can benefit from this supplement?

- Those who suffer from chronic migraine headaches. It is also indicated for fever, pain, and conditions involving inflammation, such as arthritis.

According to traditional herbalists, "Feverfew is the pre-eminent headache remedy. It is for both regular headaches and migrained headaches. It is anti-inflammatory and reduces pain. Feverfew inhibits platelet aggregation and therefore thins blood. The parthenolide compound that does this in Feverfew also reduces inflammation throughout the body. Feverfew works best at the initial onset of a headache. Take hourly if one suspects a migraine is coming on the help ward it off. It may help arthritis and inflamed joints as well. Feverfew cools the body and is indicated for those who run

warm to hot. It can help reduce a fever." (Coven, Herbal Handbook)

Ingredients:

Phyto-Tech™ Feverfew 1:2 contains Certified Organic Feverfew herb (Chrysanthemum parthenium or Tanacetum parthenium), grain alcohol, purified water. 30 drops contain 500 mg.

Caution: Do not use during pregnancy.

Dosage:

Acute Headache: 30-60 drops, every hour, in juice or water until headache subsides; Long Term Use: 30-90 drops, 2-3 times per day in juice or water.

FibroGesic

Soothing to muscle and nerve discomfort, while supporting joint and connective tissue integrity.

1 fl oz - Product Code: 57031

Who can benefit from this supplement?

- Those with chronic body, muscle and joint pain (fibromyalgia). The herbs in this formula have been shown to decrease muscle pain and inflammation, and to increase circulation into the muscle tissue. It is most effective when used long-term.

This formula was designed specifically for those with fibromyalgia. It contains herbs known to help decrease muscle pain and inflammation, and to increase circulation into the muscles. It can be used not only by those with fibromyalgia, but also by those with injuries, muscle soreness, etc, as well as general body pain. Obviously, Phyto-Tech™ FibroGesic is not as strong as prescription pain medications, but it is nontoxic, safe and non-addictive. Fibromyalgia requires a mult-faceted approach to management, and FibroGesic is designed to be a part of that regimen.

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healthnotes

Beta-Alanine Improved Muscle Function During Intense Exercise

During intense exercise, muscles build up acids that reduce physical function and increase fatigue. Beta-alanine is an amino acid, a specific building block of carnosine, a molecule that helps neutralize these damaging muscle acids.

In this study, 26 men and women took a placebo or 6 grams of beta-alanine per day. Participants performed intensive exercise at the start of the study and after four weeks taking beta-alanine. Compared to placebo, muscle carnosine levels increased in both men and women, and reduced fatigue.

The study builds on earlier research that found beta-alanine increased lean-muscle mass and exercise capacity, and improved physical functioning in older adults.

Discussing the findings, doctors said that even though men naturally have greater muscle carnosine content than women, muscle carnosine levels increased in both men and women after taking beta-alanine, and that beta-alanine reduced muscle fatigue and increased physical performance after four weeks.

The current, established usage of beta-

alanine is for improving athletic performance and exercise capacity, building lean muscle mass, and improving physical functioning in the elderly. The above study supports this usage.

Reference: Nutrition Research, October, 2017, Published Online

Willner Chemists Product Recommendation:

**NOW Foods
Beta Alanine Powder 500
Product Code: 56469**

**The pharmacists and
nutritionists at
Willner Chemists
will be happy to help you
choose the formulation best
for your specific needs.**





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Phyto-Tech™ Fibrogesic is best considered a long-term tonic. It will help “take the edge off” the discomfort, allowing for relaxation and faster healing.

Ingredients:

Phyto-Tech™ Fibrogesic contains the following herbs: Fresh Skullcap Herb, Fresh St. John’s Wort Flowers, Devil’s Claw Tuber, Fresh Ginger Root, Fresh Pulsatilla Herb.

Dosage:

General: 40-60 drops, 2-3 times per day, or as needed, in juice or water; Acute Pain: 60-120 drops, 2-3 times per day, or as needed, in juice or water.

Fo Ti Root

Considered in Chinese Medicine as a rejuvenating plant, thought to prevent aging, enhance fertility and promote longevity.

1 fl oz - Product Code: 57642

It has been recommended, by both Eastern and Western herbalists, as a tonic to maintain vigor, increase energy, tone the kidneys and liver, and purify the blood. It is said to lower cholesterol, improve immune function, and correct hypertension.

Garlic

Each Phyto-Tech™ Garlic capsule contains 500 mg of certified organic Garlic Bulb (Allium sativum).

90 Veggie Caps - Product Code: 60130

Gentian Root 1:3

A classic “bitter” herb, used for centuries as a digestive aid.

1 fl oz - Product Code: 57640

Who can benefit from this herbal supplement?

- Those with indigestion, dyspepsia, and difficulty digesting dietary fat and protein.

Ingredients:

Phyto-Tech™ Gentian Root 1:3 contains Certified Organic Gention (Gentiana lutea), grain alcohol, purified water, in a 1:3 ratio.

As defined by herbalists, “Gentian can be considered the perfect bitter herb to stimulate digestion in numerous ways. The bitter compounds in Gentian stimulate the bitter taste buds on the tongue. this sends a message to the brain to increase bile from the liver, which emulsifies or digests fat. In a lesser way, the bitter stimulation also sends a message to increase hydrochloric acid from the stomach, which increases protein digestion. In other words, bitters stimulate the body’s ability to digest and therefore assimilate fat and protein. . .” (Coven, Herbal Handbook)

Caution: Do not use if you have ulcers.

Dosage:

10-30 drops, 2-3 times per day or as needed, in juice or water. Can be taken on an “as needed” basis or daily, for chronic indigestion.

Gentle Movement

A “Child Friendly” gentle, mild laxative formula designed to normalize bowel function, especially for children or the elderly.

1 fl oz - Product Code: 57022

Who can benefit from this supplement?

Children, the elderly, or anyone with a sensitive digestive system suffering from mild constipation or sluggish bowel.

Ingredients:

Phyto-Tech™ Gentle Movement, Child Friendly, Alcohol Free contains the following herbs: Yellow Dock Root, Licorice

Root, Fresh Marshmallow Root.

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the most appropriate product for your needs.

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don Goldberg’s Blog **www.dongoldberg.com**

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Calcium for PMS

Premenstrual syndrome affects millions of women and can last up to two weeks before menses.

Premenstrual syndrome (PMS) affects millions of women and is recognized as the most significant disorder among women. Several days to 2 weeks before menses, a range of emotional, behavioral, and physical symptoms can occur. These symptoms known as PMS are decreased following the menstrual period. Prevalence of PMS during the reproductive period has been reported to be between 70% to 90%.

The most common symptoms in PMS include abdominal bloating, breast tenderness, anxiety, crying spells, depression, fatigue, lack of energy, anger and irritability, changes in appetite, and varying degrees of edema. Etiology of PMS still remains unknown.

In this study, 66 female college students, average age 21, diagnosed with PMS, took a placebo or 500 mg of calcium per day. Doctors measured symptoms before and two months after taking calcium.

Symptoms were similar in both groups before taking calcium, but after one and two monthly cycles, anxiety, depression, emotional changes, water retention and other body changes improved for the women taking calcium. The calcium group was given

500 mg calcium for two cycles, after lunch. The type of calcium used was not provided.

Doctors concluded calcium is a low-cost, effective treatment for reducing symptoms of PMS.

Previous studies showed that positive results were obtained with 1000 mg calcium per day as well, but this study indicated that 500 mg daily was as effective.

Reference: *Obstet Gynecol Sci.* 2017 Jan; 60(1): 100-105.

Published online 2017 Jan 15. doi: 10.5468/ogs.2017.60.1.100

PMCID: PMC5313351

Effect of calcium on premenstrual syndrome: A double-blind randomized clinical trial. Fatemeh Shobeiri, et al.

**Willner Chemists
Product Recommendation:**

**Nature’s Way
Calcium Citrate Complex
250mg - 100 Capsules
Product Code: 24616**


New Formula! Higher Potency, Vegetarian Capsule

Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.


Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg. (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.



Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

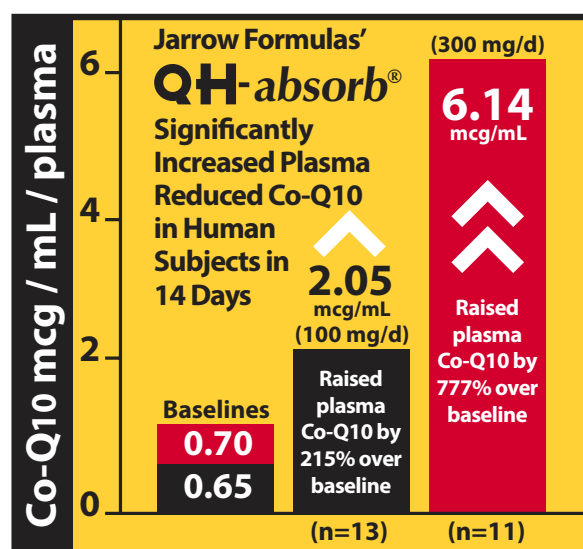


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

More ~~Less~~ is More



QH-absorb® delivers Co-Q10 benefits in **LESS** time and at **HIGHER** levels!



Our clinical studies confirm that 300 mg of our proprietary QH-absorb® per day raised plasma Co-Q10 levels by 777% over baseline in humans. This represents the greatest increase in Co-Q10 levels ever achieved.*

Co-Q10 plays an essential role in the production of energy in every cell in the human body, but standard Co-Q10, ubiquinone, must be reduced to ubiquinol to be physiologically active.*

Jarrow Formulas® QH-absorb® is the “reduced” – antioxidant-form of Co-Q10 that is proprietary, stabilized and ready for absorption!*

Jarrow Formulas® QH-absorb® offers tremendously improved bioavailability over all other tested Co-Q10 supplements, both ubiquinone and ubiquinol.*

- QH-ABSORB®, 100 MG, 60 SOFTGELS - JRW53091
- QH-ABSORB®, 100 MG, 120 SOFTGELS - JRW59922
- QH-ABSORB®, 200 MG, 30 SOFTGELS - JRW55162
- QH-ABSORB®, 200 MG, 60 SOFTGELS - JRW59935
- QH-ABSORB® + PQQ, 30 SOFTGELS - JRW63121

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ginger Cough Tonic

A blend of Ginger and other herbs especially useful for soothing coughs

4 fl oz - Product Code: 56985

Ingredients:

Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Hoony, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

Suggested Dose:

1/2 to 1 teaspoon as needed. Can be diluted in hot water. Shake well before using.

Warning: Keep out of the reach of children; do not use while pregnant or nursing.

Ginger Energy Tonic

A formula that increases circulation, energy, vitality, and resistance to illness and environmental stresses.

4 fl oz - Product Code: 57055

Who might benefit from this supplement?

- Those who suffer from fatigue and stress
- Those with low energy and those who are engaged in taxing or strenuous pursuits; those with poor circulation; those with poor digestion.

Ingredients:

Phyto-Tech™ Ginger Energy Tonic contains the following: Ginger Root Dry, Ginger Root Fresh, Ginseng American, Ginkgo Leaf, Rhodiola Rosea 5% Rosavin, Schisandra Berry, Glycerin Vegetable, Honey, Water Pure Deionized.

Ginger Immune Tonic

A Blend of Ginger and other Immune Modulating Herbs

4 fl oz - Product Code: 57012

Ingredients:

Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

Suggested Dose:

1/2 to 1 teaspoonful as needed. Can be diluted in hot water. Shake well before using.

Ginger Root 1:1.5

This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.

1 fl oz - Product Code: 56995

90 Veggie Caps - Product Code: 60127

Who can benefit from this supplement?

- Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.

Ingredients:

Phyto-Tech™ Ginger Root 1:1.5 provides 667 mg of certified organic Fresh Ginger Root per 30 drops. Also available as a veggie cap, with each Phyto-Tech™ Ginger capsule containing 500 mg of certified organic Ginger Root (Zingiber officinalis). (Product code: 60127)

Ginger Tonic

A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.

4 fl oz - Product Code: 57015

Who might benefit from this supplement?

- Those suffering from nausea due to motion sickness or pregnancy;
- Those with digestive discomfort and those with arthritis and other inflammatory problems.

Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting.

Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that is slow.

Ginger also has the ability to inhibit nuclear factor-kB (NF-kB), cyclooxygenase (COX) and lipooxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can help protect the intestinal mucosa from damage.

Ginger Tonic has a vasodilating action, and will increase circulation and warm one up.

Ingredients:

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



14292	C 1000 T/R	100	TAB	15.95	12.76	14487	KELP PACIFIC	100	TAB	7.65	6.12	67052	CHAGA EXT	1 Z	LIQ	19.95	17.95	66743	DAILY WELLBEING WOMEN	60	VCA	39.99	35.99
14293	C 1000 T/R	250	TAB	31.90	25.56	38217	LUTEIN 20 MG	100	TAB	47.95	38.36	57934	CORDYCEPS 500 HOST DEF	120	VCA	59.95	53.35	45615	DANDELION ROOT	1 Z	LIQ	14.99	13.49
14273	C 250	100	TAB	7.60	6.08	63185	LUTEIN 6 MG F	100	TAB	17.95	14.36	57926	CORDYCEPS 500 HOST DEF	60	VCA	31.95	28.75	24017	ECHIN GOLDENSEAL GLYC.	1 Z	LIQ	13.99	12.59
14275	C 500	100	TAB	8.80	7.04	14506	LYSINE 500 TAB	100	TAB	10.70	8.55	57927	CORDYCHI 500 HOST DEF	60	VCA	31.95	28.75	23820	ECHIN GOLDENSEAL SUPREME	4 Z	LIQ	45.99	41.39
14276	C 500	250	TAB	17.60	14.08	14507	LYSINE 500 TAB	250	TAB	20.95	16.76	65340	CORDYCHI EXT HOST DEF	1 Z	LIQ	19.95	17.95	37482	ECHIN GOLDENSEAL SUPREME	1 Z	LIQ	13.99	12.59
14268	C PWD DULL C 16 OZ	16Z	PWD	38.75	31.00	14509	MAG CARBONATE PWD	1#	PWD	21.70	17.36	57923	LIONS MANE 500 HOST DF	60	VCA	31.95	28.75	38149	ECHIN GOLDENSEAL SUPREME	60	CAP	29.99	26.99
14267	C PWD DULL C 4 OZ	4 Z	PWD	11.95	9.56	14341	MAG CHELATED 100 MG	100	TAB	10.80	8.64	65960	LIONS MANE 500 MG HOST	120	CAP	59.95	53.95	37481	ECHIN SUPREME	2 Z	LIQ	26.99	24.29
41513	CAL CITRATE PWD PURE	16Z	PWD	17.50	14.00	23491	MAG CITRATE 100 MG	250	TAB	23.20	18.56	57932	MAITAKE 500 HOST DEF	60	VCA	31.95	28.75	38148	ECHIN SUPREME	60	SGC	29.99	26.99
38594	CAL CITRATE W/D	250	TAB	25.40	20.32	23490	MAG CITRATE 100 MG	100	TAB	11.60	9.28	57933	MAITAKE 500 HOST DEF	120	VCA	59.95	53.95	23168	ECHIN SUPREME	1 Z	LIQ	14.99	13.49
38593	CAL CITRATE W/D	100	TAB	12.70	10.16	14511	MAG GLUCONATE 500	500	TAB	29.95	23.96	62483	MYCO SHIELD CINN SPRAY	1 Z	SPY	19.95	17.95	24900	ECHIN/GOLDE/PROP/SPRAY	1 Z	LIQ	13.99	12.59
14310	CAL GLUCONATE	1#	PWD	25.20	20.16	14512	MAGNESIUM OXIDE PWD	16Z	PWD	21.50	17.20	62482	MYCO SHIELD PEPP SPRAY	1 Z	SPY	19.95	17.95	57425	ECHINACEA SUPREME	30	CAP	17.99	16.19
14311	CAL GLUCONATE 300	100	TAB	9.35	7.48	14513	MANGANESE GLUCONATE 50	100	TAB	7.75	6.20	65986	MYCOBOTANICALS BRAIN	60	CAP	29.95	26.95	38167	ELEUTHERO ROOT	60	SGC	28.99	26.09
14312	CAL GLUCONATE 500	500	TAB	29.90	23.92	14518	MONOCAPS	100	TAB	15.45	12.36	65749	MYCOBOTANICALS LIVER	60	CAP	29.95	26.95	38150	ENERGY VITALITY	60	SGC	29.99	26.99
14316	CAL MAG SUPER 1000/500	100	TAB	10.60	8.48	14531	NIACIN 100 TAB	100	TAB	7.95	6.36	65750	MYCOBOTANICALS WOMEN	60	CAP	29.95	26.95	67669	EVERYDAY IMMUNE MUSH+	60	VCA	34.99	31.49
14323	CAL PANTOTHENATE 200	100	TAB	9.50	7.60	26437	NIACIN 500 MG	100	TAB	12.60	10.08	59185	MYCOMMUNITY EXTRACT	2 Z	LIQ	39.95	35.95	60638	FRESH BREATH SPRAY	.5Z	SPY	7.50	6.75
14326	CAL PANTOTHENATE 545	100	TAB	13.90	11.12	14536	NIACINAMIDE 100 TAB	100	TAB	7.40	5.92	57930	MYCOMMUNITY HOST DEF	60	VCA	39.95	35.95	57208	GAS & BLOATING CAP	50	CAP	24.99	22.49
14329	CAL PHOSPHATE PWD	1#	PWD	19.50	15.60	30113	NIACINAMIDE 250 MG	500	TAB	27.90	22.32	57931	MYCOMMUNITY HOST DEF	120	VCA	69.95	62.95	55203	GINGER SUPREME	60	CAP	35.99	32.39
14301	CALCIUM CARBONATE 650	100	TAB	10.40	8.32	30111	NIACINAMIDE 250 MG	100	TAB	8.30	6.64	57935	REISHI 500 HOST DEF	120	VCA	59.95	53.95	38152	GINKGO LEAF	60	SGC	30.99	27.89
14302	CALCIUM CARBONATE 650	250	TAB	20.80	16.64	30114	NIACINAMIDE 500 MG	500	TAB	34.80	27.84	57924	REISHI 500 MG HOST DEF	60	VCA	31.95	28.75	24221	GINSENG WILD SUPREME	1 Z	LIQ	22.99	20.69
14300	CALCIUM CARBONATE PWD	1LB	PWD	14.90	11.92	14538	NIACINAMIDE 500 TAB	100	TAB	9.80	7.84	66669	REISHI LIQ HOST DEFENS	2 Z	LIQ	36.95	33.25	67623	GOLDEN MILK 105GM	105	PWD	19.99	17.99
14305	CALCIUM CITRATE 250 MG	250	TAB	23.90	19.12	14562	PAN C 500	250	TAB	27.80	22.24	65961	STAMETS 7 HOST DEFENSE	120	CAP	59.95	53.95	24678	GOLDENSEAL ROOT	1 Z	LIQ	15.99	14.39
14304	CALCIUM CITRATE 250 MG	100	TAB	11.95	9.55	14572	PAPAYA TAB	100	TAB	9.70	7.76	57928	STAMETS 7 HOST DEFENSE	60	VCA	37.95	34.15	56099	GREEN TEA	60	VCA	27.99	25.19
14306	CALCIUM CITRATE 250 MG	500	TAB	39.80	31.84	14580	PARVENZYME	100	TAB	10.95	8.76	61625	TURKEY TAIL 500 HOST	120	VCA	59.95	53.99	56101	GREEN TEA LIQ	1 Z	LIQ	14.99	13.49
14313	CALCIUM LACTATE 600	100	TAB	9.90	7.92	14581	PARVENZYME	250	TAB	21.90	17.52	57922	TURKEY TAIL 500 HST DF	60	VCA	31.95	28.75	31150	HAWTHORN BERRY A/F	2 Z	LIQ	25.99	23.39
14251	CAROTENE 10000 TAB	100	TAB	14.80	11.84	14592	POT 80 MG GLUCONATE	250	TAB	17.60	14.08							36572	HAWTHORN SUPREME	2 Z	LIQ	26.99	24.29
14337	CHROMIUM 200 CHEL	100	TAB	8.10	6.48	14595	QUERCETIN 250	100	TAB	26.95	21.56							38153	HAWTHORN SUPREME	60	SGC	29.99	26.99
14339	CHROMIUM 400 CHEL	100	TAB	10.60	8.48	14596	QUERCETIN 250	250	TAB	52.90	42.32	31553	COLLOIDAL SILVER	4 Z	LIQ	25.95	20.76	51194	HOLY BASIL	60	CAP	29.99	26.99
14369	CITRUS BIOFLAV PWD	4 Z	PWD	12.75	10.20	14593	QUERCETIN 50	100	TAB	10.50	8.40	51837	CRANBIOTIC	60	TAB	26.99	21.59	54421	HOLY BASIL	1 Z	LIQ	14.99	13.49
14374	COPPER 2	100	TAB	8.60	6.88	14598	QUIN B STRONG 25	250	TAB	23.90	19.12	17581	HAIR SKIN NAILS WOMEN	135	TAB	23.99	19.19	63502	HOLY BASIL LEAF	120	VCA	49.99	44.99
30272	COQ10 50 MG	50	TAB	28.95	23.16	14600	QUIN B STRONG W/C/ZINC	100	TAB	17.95	14.36	25390	VITAL K + GINSENG	16Z	LIQ	15.99	12.79	62886	IRON LIQ PLANTFORCE	8.5	LIQ	25.99	23.39
59650	D2 2000 IU	100	TAB	11.90	9.52	14606	QUINTABS M	100	TAB	18.45	14.76							38154	KAVA KAVA	60	LIQ	31.99	28.79
32979	D2 400 I.U. DELTA	250	TAB	12.95	10.36	38222	QUINTABS M IRON FREE	100	TAB	18.20	14.56							43695	KAVA KAVA ROOT	1 Z	LIQ	15.99	14.39
14382	D3 1000	100	TAB	7.65	6.12	51728	SCD MULTIVIT HI PO	180	TAB	39.95	31.96	63936	ADRENAL HEALTH	120	CAP	49.99	44.99	30410	LEMON BALM	1 Z	LIQ	13.99	12.59
14383	D3 1000	500	TAB	25.50	20.40	14548	SELENIUM OCEANIC 200	100	TAB	16.60	13.28	51025	ADRENAL HEALTH	60	CAP	29.99	26.99	29766	LICORICE ROOT	1 Z	LIQ	13.99	12.59
60894	D3 3000 IU TAB	250	TAB	23.80	19.04	14549	SELENIUM OCEANIC 200	250	TAB	33.20	26.56	66742	ADRENAL HLTH JUMP STRT	60	LVC	34.99	31.49	67668	LIVER DEFENSE MUSH + HRB	60	VCA	34.99	31.49
14381	D3 400 USPU DELTA	500	TAB	21.10	16.88	14542	SELENIUM OCEANIC 50	100	TAB	9.60	7.68	66741	ADRENAL HLTH NIGHT RST	60	LVC	29.99	26.99	38482	LIVER HEALTH LP	60	CAP	29.99	26.99
14380	D3 400 USPU DELTA	250	TAB	11.60	9.28	14626	SUPER DEC B 100	250	TAB	50.80	40.64	62702	ASHWAGANDHA ROOT	60	CAP	24.99	22.49	64072	MACA	60	CAP	19.99	17.99
59466	D3 5000 TAB	250	TAB	27.90	22.32	14632	SUPER QUINTS B 50	500	TAB	54.80													

Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.

Ginkgo Biloba Leaf

One of the most widely researched herbs in recent years, Ginkgo biloba has been associated with memory, increased cerebral and peripheral circulation.

1 fl oz - Regular - Product Code: 56961
 Alcohol Free - Product Code: 57024
 90 Veggie Caps - Product Code: 60131

Who can benefit from this supplement?

- Those suffering from memory loss, early stage dementia (Alzheimer's disease), tinnitus, vertigo, inability to concentrate, circulatory problems.

Ingredients:

Phyto-Tech™ Ginkgo Biloba Leaf 1:1.15 contains 667 mg of ethically wild harvested Fresh and Dry Ginkgo biloba Leaf per 30 drops, in both alcohol and alcohol-free versions. Also available in a vegetarian capsule form. Each Phyto-Tech™ Ginkgo veggie cap contains 60 mg of standardized Ginkgo biloba Leaf Extract (24% ginkgo flavonglycosides and 6% terpene lactones) and 400 mg of certified organic Ginkgo biloba leaf. This provides for an optimal standardized and full spectrum phytotherapeutic approach.

Ginseng, American

See American Ginseng

Ginseng, Chinese Red

See Chinese Red Ginseng

Ginseng Energy Blend

A combination of adaptogenic herbs resulting in a synergistic blend enhancing emotional, physical and mental energy.

1 fl oz - Regular Formula - Product Code: 56962
 2 fl oz - Regular Formula - Product Code: 57087
 1 fl oz - Alcohol Free - Product Code: 57068

Each type of ginseng, Red Chinese and American, and other adaptogenic herbs, such as Eleutherococcus, have traditionally different properties. The combination, along with complimentary herbs such as Licorice, Ginkgo, Fo Ti and Codonopsis, results in an energy blend for all purposes.

Who can benefit from this supplement?

- Those who are under stress, suffering from fatigue, mental "burn out," adrenal fatigue, poor immune system function.

This blend of adaptogenic herbs supports the adrenal glands, the immune system, and the nervous system.

Ingredients:

Phyto-Tech™ Ginseng Energy Blend is available in an alcohol and an alcohol free version. It contains the following herbs: Red Chinese Ginseng Root, American Ginseng Root, Eleuthero Root, Licorice Root, Ginkgo Leaf, Fo Ti Root, Codonopsis Root, Ginger Root.

Glucosamine Plus

A synergistic blend of Glucosamine, Chondroitin, MSM plus Devil's Claw for effective relief of arthritic and joint discomfort. Devil's Claw sets this formula apart due to its proven anti-inflammatory action.

120 Veggie Cap - Product Code: 67473

Who might benefit from using this product?

- Those suffering from osteo and rheumatoid arthritis

- Those with muscle and joint pain and stiffness
- Those who participate in athletic or strenuous physical work

Ingredients:

Two veggie caps provide: Selectively Imported Glucosamine Sulfate 750mg, Selectively Imported Chondroitin Sulfate 600mg, Selectively Imported MSM (Methylsulphonylmethane) 250mg, Selectively Imported Devils Claw Root (5% Harpagosides) 50mg. Other ingredients: Modified Vegetable Cellulose, Omega 3 (Flax Seed), Natural Silica.

Indications:

Phyto-Tech™ Glucosamine Plus caps provide important nutritional support for healthy joints and connective tissue. Both glucosamine and chondroitin are major structural components found naturally in the body that promote optimal joint and connective tissue health. This unique formula combines glucosamine and chondroitin with MSM and devil's claw to provide fast and effective pain relief, while simultaneously nourishing cartilage, ligaments, and tendons, and enhancing joint lubrication flexibility, and mobility. It can be used to provide relief for conditions such as arthritis, osteoarthritis, and physical overuse or as a preventative to help maintain healthy joints and connective tissues.

Glucosamine is an amino sugar, consisting of an amino acid (glutamine) and a simple sugar (glucose), that the body uses as the structural basis for connective tissue and lubricating fluids. Amino sugars are the building blocks for molecules called glycosaminoglycans (GAGs), which are large molecules that form the glue-like matrix that holds the body together. While the body uses approximately 20 different amino sugars, the GAG's produced by glucosamine specifically are used to make cartilage, ligaments tendons, and bones. Because connective tissue is constantly being broken down

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Creatine Increases Muscle Strength

Creatine is naturally present in the body, mostly in muscles tissue but also in the brain. It is also found in foods such as red meat and seafood.

Creatine is most commonly used for improving exercise performance and increasing muscle mass in athletes and older adults. There is also some science supporting the use of creatine in improving the athletic performance of young, healthy people during brief high-intensity activity such as sprinting. Because of this, creatine is often used as a dietary supplement to improve muscle strength and athletic performance.

Studies supporting its efficacy continue to be generated. In this recent study, 17 male high school canoeists maintained their basic training program and diet while adding 5 grams of creatine monohydrate powder plus 5 grams of dextrose powder, dissolved in water four times per day with meals and before bed. Five grams is about one teaspoonful.

Before taking creatine and after six days of the supplement, the canoeists took a bench rowing test. After creatine, maximum upper body strength increased and fatigue recovery time decreased.

Doctors were particularly interested in a muscle function known as post-activation potentiation, or PAP, which means that the force of a muscle increases after it contracts. PAP recovery times decreased after taking

creatine.

Discussing the findings, doctors said creatine effectively increases muscle efficiency and develops muscle strength.

Reference: *Nutrients*; 2017, Vol. 9, No. 11, 1169

**Willner Chemists
Product Recommendation:**

**Jarrow Formulas
Creatine Monohydrate
Powder
Product Code: 25042**

**Country Life
Creatine Monohydrate
Powder
Product Code: 30211**





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



by normal everyday use, the body requires a continuous supply of glucosamine to replace or restructure the broken down tissue. Severe stress, major injuries, and aging can all reduce GAG synthesis from glucosamine. In addition, certain diseases such as osteoarthritis are associated with low GAG production. In osteoarthritis, cartilage begins to thin and breakdown causing stiffness, friction, and joint pain. Research indicates that supplementation with glucosamine sulfate may help the body make more GAG's, increasing the amount of cartilage and fluid around the joints, helping to prevent further breakdown. A clinical trial comparing the use of glucosamine sulfate and ibuprofen for pain relief in patients with TMJ osteoarthritis, reported that glucosamine provided greater relief from the pain caused by function during daily activities.

Chondroitin, found naturally in the body, is a major component of cartilage where it helps absorb fluid into the connective tissue, provides the building blocks for cartilage production, and may also help prevent cartilage break down. In osteoarthritis research, Chondroitin has been shown to reduce joint pain, swelling, and stiffness and improve joint function. A double-blind, placebo-controlled study evaluating the symptomatic effects of chondroitin in patients with osteoarthritis of the hand reported patients treated with chondroitin sulfate showed a significant increase in hand function and decrease in pain and morning stiffness compared to placebo. Studies evaluating the effects of glucosamine and chondroitin combination therapy show mixed results. However, one of the largest studies, the 2008 Glucosamine/Chondroitin Arthritis Intervention Trial (GAIT), reported that glucosamine combined with chondroitin provided statistically significant pain relief compared to placebo in patients experiencing moderate to severe pain.

MSM (Methylsulphonylmethane), a metabolite of DMSO, is a naturally occurring sulfur compound found in humans that is

anti-inflammatory, analgesic, and protects cells against oxidative damage. It helps reduce joint pain, improve joint movement, and prevent muscle damage. A clinical trial evaluating the effects of MSM on patients with osteoarthritis reported that MSM supplementation reduced pain and improved physical function compared to placebo. Another study comparing the efficacy of glucosamine, MSM, and their combination on pain relief in knee osteoarthritis found that combination therapy reduced swelling and provided greater pain relief and improved joint function than individual therapy.

Devil's Claw, a tuber from Africa contains harpagosides, glycosides that reduce inflammation in the joints. It is used to alleviate arthritic and overuse symptoms, and is effective for both chronic and acute joint pain. It acts as an analgesic in joints and seems to calm down inflammatory conditions in the connective tissue. It can also help reduce chronic muscle pain, such as is found in fibromyalgia. Published studies have shown Devil's Claw to be as effective as certain popular arthritis drugs.

Contra-indications and Cautions: Pregnancy, Nursing. Those allergic to shellfish

Dosage:
Take 2 capsules, 2 times per day with water.

Glycemic Support Complex

A blend of herbs designed to normalize blood sugar metabolism

90 Veggie Caps - Product Code: 67453

Who might benefit from using this herbal blend?

- Those with hypoglycemia, insulin resistance, sugar cravings,
- Those with energy and mood swings related to blood sugar levels

Ingredients:

Each veggie capsule contains the following fresh ground herbs: Organic Cinnamon Bark - 200mg, Ethically Wild Harvested Nopal Opuntia Cactus - 100mg, Selectively Imported Gymnema Herb (25% Gymnemic Acid) - 45mg, Selectively Imported Bitter Melon Fruit - 45mg, Organic Fenugreek Seed - 45mg, Chromium (as nicotinate) - 240 mcg (200% DV), Stevia Leaf Extract - 5mg, in a vegetarian capsule consisting of Modified Vegetable Cellulose

Dosage:
Serving Size: 1 Veggie Cap

Properties:

Traditionally, this combination of herbs would be thought to exert the following properties: Hypoglycemic, Hypolipidemic, Digestive, Stomachic, Antioxidant, Anti-Inflammatory

Indications:

In simple terms, Glycemic Support Complex supports healthy glucose metabolism and insulin activity. It is indicated for those with adult onset type 2 diabetes and those with pre-diabetes to assist in controlling elevated glucose and lipid concentrations. It can also be used by healthy individuals to maintain normal blood sugar levels and avoid future problems.

Cinnamon has been extensively researched for its potential treatment of blood sugar swings and type 2 diabetes. In type 2 diabetes, insulin made by the pancreas can no longer get into cells to produce energy. Since the cells are not getting the insulin they need, the pancreas continues making more and more. Abnormally high levels of insulin that accumulate in the blood lead to many complications including cardiovascular disease, stroke,, hypertension, hyperlipidemia, kidney disease, and blindness. Extracts of Cinnamon have been found to increase glucose uptake, glycogen synthesis

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



65704	OLIVE LEAF VCAP	120	VCA	45.99	41.39	64572	B12 500 METHYL SPR KND	2Z	SPY	17.99	15.29	64563	MENS MULTI KIND ORG	120	TAB	83.99	71.39	61558	RAW MEAL PWD CHOC	2.6	PWD	62.99	53.54		
41417	OREGANO LEAF	1Z	LIQ	14.99	13.49	67969	BABY PROB LIQ 2B ORG	56M	LIQ	19.99	16.99	58013	MENS MULTI RAW VIT COD	120	TAB	44.99	38.24	64283	RAW MEAL PWD CHOC COC	21Z	PWD	33.99	28.89		
62272	PASSION FLOWER VINE	1Z	LIQ	14.99	13.49	56781	BETTER BRAIN OCEANS 3	90	SGC	51.99	44.19	64469	MENS ONCE DAILY KND OG	30	TAB	30.99	26.34	64281	RAW MEAL PWD VAN CHAI	21Z	PWD	33.99	28.89		
42679	PEPPERMINT LEAF	1Z	LIQ	14.99	13.49	56392	C 150 MG RAW	60	VCA	19.99	16.99	64557	MENS ONCE DAILY KND OG	60	TAB	51.99	44.19	61559	RAW MEAL PWD VANILLA	2.5	PWD	62.99	53.54		
52243	PROSTATE HEALTH	60	SGC	30.99	27.89	43635	C L O OIL	8Z	LIQ	18.99	16.14	66123	MENS PROB ONCE DAILY	30	VCA	41.99	35.69	63202	RAW MEAL PWD VN CHI OG	2.5	PWD	62.99	53.54		
52378	QUICK DEFENSE	40	CAP	41.99	37.79	57921	CALCIUM 150 MG RAW	120	VCA	50.99	43.34	66118	MOOD PLUS PROBIOTICS	60	CAP	46.99	39.94	63203	RAW PROT PWD VN CHI OG	22Z	PWD	46.99	39.94		
38782	RED CLOVER SUPREME	1Z	LIQ	13.99	12.59	64975	CALCIUM 150 MG RAW VIT	60	VCA	28.99	24.64	67205	MOOD PROBIOTIC	60	CAP	46.99	39.94	61556	RAW PROTEIN CHOC ORG	650	PWD	46.99	39.94		
65896	REFLUX RELIEF CHW	45	CHW	32.99	29.69	41762	COCONUT OIL ORGANIC	16Z	LIQ	17.99	15.29	57204	OMEGA 3 BEYOND	60	SGC	33.99	28.89	58032	RAW PROTEIN ORGANIC	568	PWD	46.99	39.94		
57210	REFLUX RELIEF CHW	15	CHW	12.99	11.69	62162	COCONUT OIL ORGANIC	32Z	OIL	32.99	28.04	40345	OMEGA ZYME	90	CPL	43.99	37.39	61557	RAW PROTEIN VAN ORG	631	PWD	46.99	39.94		
59635	RESVERATROL 150 MG	50	CAP	24.99	22.49	68082	COCONUT OIL XTRA PLAST	14Z	OIL	9.99	8.49	51695	OMEGA ZYME ULTRA	90	CAP	51.99	44.19	68050	RECOVERY SPORT BLK LM	15.	PWD	39.95	33.45		
64412	RHODIOLA ROSEA EXT 240	120	VCA	45.99	41.39	68083	COCONUT OIL XTRA PLAST	29Z	OIL	19.99	16.99	67135	ONCE DAILY ULTRA	30	CAP	51.99	44.19	60675	RESVERATROL RAW VT CD G	60	CAP	54.99	46.74		
41914	RHODIOLA ROSEA EXT 240	60	SGC	27.99	25.19	68084	COCONUT OIL XTRA PLAST	56Z	OIL	32.99	28.04	38079	PERFECT FOOD	150	CPL	51.99	44.19	39990	RM # 10	60	CPL	46.99	39.94		
38165	SAW PALMETTO	60	SGC	29.99	26.99	62321	COLON CARE 50B PROB RW	30	CAP	43.99	37.39	63654	PERFECT FOOD ALKAL DTX	285	PWD	44.99	38.24	59005	SINUS IMMUNE BALANCE	30	CPL	15.70	13.34		
40125	SKIN AND NAIL SUPPORT	60	CAP	29.99	26.99	60674	COD10 RAW VIT CODE	60	CAP	54.99	46.74	61560	PERFECT FOOD PWD CH RW	285	PWD	44.99	38.24	41602	SUPER SEED PWD	600	PWD	26.98	22.93		
61762	SLEEPTHRU VCAP	60	VCA	30.99	27.89	64573	D3 1000 RAW VIT KND	2Z	SPY	22.99	19.54	63652	PERFECT FOOD PWD RW AP	224	PWD	44.99	38.24	62323	ULT CARE 100B PROB RAW	30	CAP	49.95	42.45		
56493	SOUND SLEEP	30	VCA	18.99	17.09	58029	D3 2000 RAW VIT CODE	60	CAP	21.58	18.34	57915	PERFECT FOOD PWD RW OG	240	PWD	44.99	38.24	67207	URINARY TRACT PROBIOT	60	CAP	46.99	39.94		
38168	SOUND SLEEP	60	SGC	28.99	26.09	66098	D3 2000 VEG OG KND CHW	30	CHW	17.99	15.29	63655	PERFECT FOOD PWD RW OG	481	PWD	80.99	68.84	62322	VAGINAL CRE 50B PRB RW	30	CAP	43.99	37.39		
56104	ST JOHNS WORT FLOW LIQ	1Z	LIQ	13.99	12.59	60673	D3 5000 RAW VIT CODE	60	CAP	26.99	22.94	63643	PERFECT FOOD RAW EMERG	285	PWD	44.99	38.24	67966	WHEY PROT CHC GRASS FD	14Z	PWD	39.99	33.49		
54287	STRESS RESPONSE	30	CAP	17.99	16.19	58580	E 250 IU VITAMIN CODE	60	CAP	27.99	23.79	56628	PERFECT FOOD RAW GREEN	240	VCA	44.99	38.24	68003	WHEY PROT STRAW GRS FD	13.	PWD	39.99	33.49		
29543	SWEETISH BITTER ELIXIR	2Z	LIQ	18.99	17.09	68049	ENERGY & FOCUS SPORT	8.1	PWD	39.95	33.45	63653	PERFECT FOOD WHEAT CR	120	PWD	32.99	28.04	67967	WHEY PROT VAN GRASS FD	14Z	PWD	39.99	33.49		
61903	THYROID SUPPORT	120	CAP	46.99	42.29	67330	ENZYMES ORG DIGEST+ CHW	90	CHW	30.99	26.34	55769	PERFECT WEIGHT VIT COD	120	CAP	49.99	42.49	63198	WILD ROSE HERBAL D TOX	KIT	KIT	39.99	33.99		
38369	THYROID SUPPORT	60	SGC	29.99	26.99	59353	ENZYMES MEN RAW	90	CAP	54.99	46.74	64568	PLANT CALCIUM ORG KIND	90	TAB	38.99	33.14	40907	WOBENZYM N TAB	100	TAB	41.99	35.69		
41692	TUMMY TONIC	1Z	LIQ	12.99	11.69	60479	ENZYMES RAW WOMEN 50 &	90	VCA	54.99	46.74	64569	PLANT CALCIUM ORG KIND	180	TAB	65.99	56.09	22367	WOBENZYM N TAB	800	TAB	226.99	192.94		
65701	TURMERIC BOOST RESTORE	5.2	PWD	29.99	26.99	59352	ENZYMES WOMEN RAW	90	CAP	54.99	46.74	67202	PLANT COLLAGEN BUILD	60	TAB	33.99	28.89	21151	WOBENZYM N TAB	200	TAB	71.99	61.19		
65700	TURMERIC BOOST UPLIFT	5.2	PWD	29.99	26.99	59354	FIBER RAW	600	PWD	35.99	30.59	65293	PLANT PROT ORG CHOC SM	10Z	PWD	30.99	26.34	41028	WOBENZYM N TAB	400	TAB	137.99	117.29		
56313	TURMERIC EXTRA STRENG	60	CAP	29.99	26.99	61478	FIBER RAW	200	PWD	19.99	16.99	65292	PLANT PROT ORG VAN SMT	9Z	PWD	30.99	26.34	56871	WOMEN MULTI RAW ONE	75	VCA	39.99	33.99		
64291	TURMERIC SUPR PAIN PM	30	VCA	24.99	22.49	66480	FIBROTIC 50 BILL PAK	20	PAK	46.99	39.94	65291	PLANT PROT ORG YERBA MT	9Z	PWD	30.99	26.34	67725	WOMENS 40 MULTI GUMMY	120	CHW	34.99	29.74		
64292	TURMERIC SUPREME ALLER	60	VCA	29.99	26.99	53607	FUCO THIN	90	SGC	56.99	48.44	68046	PLANT PROT SPORT CHOC	28.	PWD	54.95	46.70	64558	WOMENS 40+ MULTI KIND	60	TAB	51.99	44.19		
64289	TURMERIC SUPREME EXTRA	120	VCA	49.99	44.99	62782	FUCO THIN GREEN	90	CAP	54.99	46.74	68048	PLANT PROT SPORT VAN	28.	PWD	54.95	46.70	64559	WOMENS 40+ MULTI KIND	120	TAB	83.99	71.39		
64295	TURMERIC SUPREME JOINT	60	VCA	29.99	26.99	38726	GOATEIN PWD	450	PWD	69.99	59.49	67726	PRENATAL MULTI GUMMY	120	CHW	34.99	29.74	67724	WOMENS MULTI GUMMY MYK	120	CHW	34.99	29.74		
64290	TURMERIC SUPREME PAIN	60	VCA	29.99	26.99	62233	HEALTHY BLOOD VIT CODE	60	VCA	16.75	14.23	64560	PRENATAL MULTI KND ORG	90	TAB	46.99	39.94	64566	WOMENS MULTI KIND ORG	60	TAB	51.99	44.19		
26098	VALERIAN POPPY SUPREME	1Z	LIQ	13.99	12.59	66095	IRON + HERBS PLNT LIQ	5Z	LIQ	30.99	26.34	64561	PRENATAL MULTI KND ORG	180	TAB	83.99	71.39	64567	WOMENS MULTI KIND ORG	120	TAB	83.99	71.39		
38170	VALERIAN ROOT EXT 100	60	SGC	28.99	26.09	57744	IRON 22 MG RAW VIT COD	30	VCA	16.99	14.44	66093	PRENATAL ONCE DAILY OG	30	TAB	41.99	35.69	64570	WOMENS ONCE DAILY KIND	60	TAB	51.99	44.19		
56103	VALERIAN ROOT LIQ ORG	1Z	LIQ	14.99	13.49	62234	K COMPLEX RAW K1/K2	60	VCA	30.99	26.34	66094	PRENATAL ONCE DAILY OG	90	TAB	104.99	89.24	64571	WOMENS ONCE DAILY KIND	30	TAB	30.99	26.34		
38410	VISION ENHANCEMENT	60	SGC	29.99	26.99	67723	KIDS MULTI GUMMY CHERR	120	CHW	34.99	29.74	67203	PRENATAL PRB SHLF ONCE	30	CAP	25.99	22.09	66122	WOMENS PROB ONCE DAILY	30	VCA	41.99	35.69		
63993	VITEX BERRY	60	CAP	19.99	17.99	67722	KIDS MULTI GUMMY FRUIT	120	CHW	34.99	29.74	67204	PRENATAL RAW 20B ONCE	30	CAP	25.99	22.09	62235	ZINC 30 MG RAW VIT COD	60	VCA	13.60	11.56		
28934	VITEX ELIXIR FOR WOM	2Z	LIQ	15.99	14.39	59002	KIDS MULTI VITAM CODE	30	CHW	17.99	15.29	57920	PRENATAL RAW VIT CODE	90	VCA	44.99	38.24								
52379	WHOLE BODY DEFENSE	60	CAP	30.99	27.89	59001	KIDS MULTI VITAM CODE	760	CHW	29.99	25.49	62524	PRENATAL RAW VIT CODE	30	VCA	22.99	19.54								
59915	WILD OATS MILKY SEED	1Z	LIQ	14.99	13.49	67968	KIDS + PROB CHW SHLF ST	30	CHW	24.99	21.24	51694	PRIMAL DEFENS ULTRA	90	CAP	56.99	48.44	39199	ANTIOXIDANT SUPER	90	CAP	65.40	58.86		
38161	WOMENS BALANCE	60	SGC	29.99	26.99	67378	KIDS + PROB CHW SHLF CHW	30	CHW	24.99	21.24	36252</													



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and phosphorylation of the insulin receptor. In addition, Cinnamon also has antioxidant activity important for the prevention of diabetes related complications.

Nopal Opuntia Cactus, also known as prickly pear cactus, is believed to have anti-diabetic, anti-inflammatory and antioxidant activity. Traditionally the plant was used as both a medicine and as a source of nourishment. Its chemical composition is similar to that of a vegetable and it has been used as a food in the Mexican diet for centuries. It contains an abundant amount of mucilage and fiber which very likely play a role in its ability to delay glucose absorption. A study investigating its hypoglycemic effects in humans found a significant reduction of serum glucose and insulin concentration in diabetic patients treated with Nopal. Another study's findings suggest that Nopal can reduce postprandial blood glucose, serum insulin and plasma GIP peaks, as well as increase antioxidant activity in healthy people and patients with type 2 diabetes.

Gymnema has been used for centuries in India for the treatment of type 2 diabetes. It increases insulin secretion and utilization of glucose, inhibits glucose absorption from the intestine, and helps regenerate pancreatic islet cells. The gymnemic acid molecules found in Gymnema promote lowered blood sugar by attaching to the external layers of the intestine and preventing sugar molecules from being absorbed. In addition, these molecules also bind to taste buds in the mouth, which is why Gymnema is believed to prevent sugar cravings.

Bitter Melon's steroidal glycosides, alkaloids and insulinomimetic lectins are believed to be responsible for its anti-diabetic effects. In studies, Bitter Melon extracts have been found to significantly improve glucose tolerance and fasting blood glucose levels. It has also been reported to stimulate insulin secretion and prevent glucose absorption.

Fenugreek seed has been shown in studies to reduce blood glucose, serum cholesterol and carbohydrate-induced hyperglycemia. It is high in fiber, saponins, and alkaloids, which are believed to be responsible for its beneficial effects on blood sugar. It has also been found to have anti-inflammatory and diuretic properties

The trace mineral Chromium assists the body in utilizing insulin. Reports indicate that Chromium deficiency may cause metabolic abnormalities such as insulin-resistance and hyperlipidemia. Studies have found niacin-bound chromium (Chromium nicotinate) to be effective in improving insulin resistance, reducing cholesterol levels, and improving body composition.

Stevia is an herb that is 250-300 times sweeter than table sugar, however it does not negatively alter blood glucose and thus can be used as a sweetener for those with blood sugar swings, diabetics and anyone wanting to avoid sugar. Research has shown it may be effective in regulating blood sugar levels and lowering blood pressure.

Contra-indications and Cautions: Allergy to Cinnamon or Peruvian Balsam; Pregnancy; Nursing

Complimentary Formulas & Single Herbs:

- Adrenal Stress Complex (liquid formula to help the body regulate sugar and energy)
- B-Complex vitamins

Dosage:

Take 1 veggie cap 1-3 times per day or as directed by health care professional..

Goldenseal Root 1:5

Used by Native Americans for colds, flu, sore throat and intestinal problems.

1 fl oz - Product Code: 56950

60 Veggie Caps - Product Code: 60128

Who can benefit from taking this herbal supplement?

- Those with infections of any mucosal tissue, including the respiratory tract, urinary tract, digestive tract, reproductive tract and gum infections.

The anti-microbial activity of Goldenseal may be due to two alkaloids, hydrastine and berberine.

Ingredients:

Goldenseal is in serious danger of over-harvesting in the wild, so only organically cultivated goldenseal should be used. This is what is used in Phyto-Tech™ Goldenseal Root 1:5. Also available in a vegetarian capsule form. Each Phyto-Tech™ Goldenseal veggie cap contains 250 mg of certified organic Goldenseal Root.

Echinacea Goldenseal

90 Veggie Caps - Product Code: 60125

Ingredients:

Each Phyto-Tech™ Echinacea Goldenseal veggie capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic.

Gotu Kola 1:1.5

1 fl oz - Product Code: 57010

Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

1 fl oz - Regular Flavor - Product Code: 56944

2 fl oz - Regular Flavor - Product Code: 57098

... continued on page 63

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



63049	COQ10 100 24 HR MICRO	60	VCA	31.99	25.59	59183	SUPERFOOD RAW PWD OP	240	PWD	30.99	24.79	33951	YIN CHAO JIN 750 MG	90	TAB	21.50	21.50	60546	COGNIZIN CITICOLINE	150	VCA	84.99	67.99
63047	CURCUMIN 250 MG	60	SGC	34.99	27.99	GRETHERS PASTILLES						HEALTH FROM THE SUN						43027	COQ10 100 MG SGC	60	SGC	23.29	18.63
63050	MILK THISTLE EXT 350	60	CAP	29.99	23.99	67002	BLACK CURR PAST SUG FR	24	LOZ	9.98	9.98	20328	BLACK CURRANT OIL 1000	60	CAP	31.59	25.27	57509	COQ10 100 MG SGC	150	SGC	52.99	42.39
63063	PTEROSTILBENE 100 MG	60	VCA	29.99	23.99	67003	BLACK CURRANT PASTILLE	24	LOZ	9.98	9.98	20326	BLACK CURRANT OIL 500	180	CAP	50.99	40.79	60089	COQ10 100 MG SGC	300	SGC	94.99	75.99
63046	R LIPOIC ACID 300 MG	60	VCA	49.99	39.99	68078	ELDERFL LEM PASTIL S/F	24	LOZ	9.98	9.98	20325	BLACK CURRANT OIL 500	90	CAP	28.29	22.63	58279	COQ10 200 MG SGC	150	SGC	85.99	68.79
GENESIS TODAY						67004	RED CURR PASTIL SUG FR	24	LOZ	9.98	9.98	58672	BLACK CURRANT OIL VEG	60	SGC	31.89	25.51	57510	COQ10 300 MG SGC	60	SGC	37.99	30.39
60956	ACAI 100 ORGANIC	32Z	LIQ	39.59	31.67	HEALTH AID AMERICA						58721	BORAGE OIL 300 1300 HF	30	SGC	17.99	14.39	43029	COQ10 300 MG SGC	60	SGC	51.99	41.59
62377	CALIFORNIA POPPY 400	400	VCA	23.99	23.99	64181	FEMPROBIO 50 BILL VAGN	30	CAP	39.99	35.99	20322	BORAGE OIL 300 1300 HF	60	SGC	31.35	25.08	59738	COQ10 300 MG SGC	150	SGC	117.79	94.23
60974	FIBER PWD GENESSENTIAL	9 Z	PWD	21.99	21.99	63590	HAIR VIT ONE A DAY	30	SGC	25.99	23.39	58585	BORAGE OIL VEG 1000 VC	60	VCA	34.59	27.67	57511	COQ10 400 MG SGC	60	SGC	64.99	51.99
62367	GARCINIA CAMBOGIA 400	90	VCA	21.89	17.51	58926	IMMUPROBIO 50 BILLION	30	VCA	37.99	34.39	58555	E P O 1000 MG ORG VEG	90	SGC	32.19	25.75	59545	COQ10 400 MG SGC H	150	SGC	149.99	119.99
62366	GREEN COFFEE BN W/SVET	90	VCA	26.99	26.99	62274	IMMUPROBIO 50 BILLION	60	VCA	69.99	62.99	51248	E P O 1300 MG	60	SGC	14.69	11.75	63421	COQ10 600 MG SGC	60	SGC	79.99	63.99
63886	LIVER CLEANSE LIQ	32Z	LIQ	36.99	36.99	65505	ORALPROBIO 2 BILL CHW	30	CHW	26.99	24.29	50898	E P O 500 HEXANE FREE	180	SGC	20.55	16.44	63422	COQ10 600 MG SGC	150	SGC	179.99	143.99
62376	MAGNOLIA BARK EXT 400	60	VCA	23.99	23.99	64182	SENIORPROBIO 30 BILL	30	CAP	31.49	28.34	25267	E P O LIQ GOLD	4 Z	LIQ	38.89	31.11	67639	CURCUMIN PHYTOS MERIVA	60	VCA	32.99	26.39
60959	NONI 100 ORGANIC	32Z	LIQ	33.69	26.95	60787	TRAVELPROBIO 10 BILL	30	VCA	17.99	16.19	25266	E P O LIQ GOLD	2 Z	LIQ	21.59	17.27	57133	D RIBOSE PWD 300GM HO	10	PWD	59.99	47.99
60960	POWER 4	32Z	LIQ	46.10	46.10	HEALTH CONCERNS						66991	FLAX SEED OIL 1000 VEG	180	VCA	45.99	36.79	66991	D RIBOSE VCAP	180	VCA	45.99	36.79
60962	SEA BUCKTHORN	32Z	LIQ	38.95	38.95	36576	AC Q TABS	90	TAB	21.50	21.50	23297	FIPRO FLAX	15	PWD	9.99	7.99	62654	D3 1000 IU	360	SGC	15.99	12.79
60972	SUPERFRUIT 3 6 7 9 BLN	90	SGC	24.99	24.99	29321	ASTRA 18 DIET	90	TAB	21.50	21.50	24119	FLAX OIL 1000 ORGANIC	180	CAP	24.89	19.91	62653	D3 1000 IU	180	SGC	9.49	7.59
GEORGE'S						26546	ASTRA ESSENCE	270	TAB	49.95	49.95	57791	FLAX SEED OIL 1000 VEG	90	SGC	18.85	15.08	58288	D3 10000 IU	360	SGC	34.99	27.99
55419	ALOE VERA GEL	8 Z	GEL	8.19	6.55	24944	ASTRA ISATIS	90	CAP	21.50	21.50	36517	MYGRASTICK	3ML	TUB	10.59	8.47	54439	D3 10000 IU	120	SGC	16.65	13.32
55575	ALOE VERA LIQ 100 %	32Z	LIQ	10.19	8.15	24945	ASTRA ISATIS	270	CAP	49.95	49.95	58664	PUMPKIN SD OIL VG 1000	90	SGC	29.09	23.27	66800	D3 10000 IU SGC	30	SGC	9.99	7.99
51578	ALOE VERA LIQUID 100%	GAL	LIQ	33.19	26.55	24946	ASTRA ESSENCE	270	TAB	49.95	49.95	56671	TOTAL EFA MAX OMEGA	90	SGC	32.49	25.99	63804	D3 2000 IU SGC	240	SGC	14.99	11.99
GIOVANNI						24947	ASTRA ESSENCE	90	TAB	21.50	21.50	26084	TOTAL EFA SGC	90	SGC	26.09	20.87	57862	D3 2400	120	SGC	8.99	7.19
29532	CONDITI SMOOTH AS SILK	8 Z	LIQ	8.95	7.16	26546	ASTRA ESSENCE	270	TAB	49.95	49.95	28199	TOTAL EFA SGC	180	SGC	48.39	38.71	58285	D3 2400 IU	360	SGC	19.99	15.99
29531	CONDITIONER 50/50 BAL	8 Z	LIQ	8.95	7.16	24944	ASTRA ISATIS	90	CAP	21.50	21.50	59626	TOTAL EFA VEG	90	SGC	34.69	27.75	58286	D3 5000 IU	360	SGC	24.99	19.99
31180	L.A. HOLD HAIR SPRAY	8 Z	SPY	8.95	7.16	24945	ASTRA ISATIS	270	CAP	49.95	49.95	HEALTH PLUS						57863	D3 5000 IU	120	SGC	11.65	9.32
29529	SHAMPOO 50/50 BALANCED	8 Z	LIQ	8.95	7.16	24946	ASTRA ISATIS	270	CAP	49.95	49.95	30161	COLON CLEANS	200	CAP	15.99	12.79	67949	D3 5000 IU VEG SGC	180	VSG	24.99	19.99
61087	SHAMPOO SMOOTH AS SILK	8.5	LIQ	8.95	7.16	24947	ASTRA ESSENCE	270	TAB	49.95	49.95	26887	COLON CLEANSE	12Z	PWD	13.99	11.19	67950	D3 5000 IU VEG SGC	360	VSG	39.99	31.99
29530	SHAMPOO TEA TREE TRIP	8 Z	LIQ	8.95	7.16	32791	FORMULA H	90	TAB	21.50	21.50	56097	COLON CLEANSE ORANGE	12Z	PWD	14.99	11.99	64519	DIGESTIVE ENZYMES	180	VCA	59.99	47.99
GODDESS GARDEN ORGANIC						31434	COPTIS PURGE FIRE	90	TAB	21.50	21.50	28029	COLON CLEANSE SUPER	12Z	PWD	14.99	11.99	64518	DIGESTIVE ENZYMES	90	VCA	34.99	27.99
65762	SUNSCREEN BABY SPF 30	3.4	LOT	14.65	11.72	59285	EASE 2	270	TAB	49.95	49.95	24867	COLON CLEANSE SUPER	240	CAP	21.99	17.59	59365	E 1000 MIXED SGC	120	SGC	45.99	36.79
65765	SUNSCREEN EVRDY SPF 30	6 Z	LOT	20.00	16.00	27155	FERTILE GARDEN	90	TAB	21.50	21.50	24867	COLON CLEANSE SUPER	240	CAP	21.99	17.59	59362	E 400 MIXED SGC	180	SGC	29.99	23.99
65763	SUNSCREEN FACE SPF 30	3.4	LOT	16.65	13.32	32791	FORMULA H	90	TAB	21.50	21.50	59361	E 400 MIXED SGC	90	SGC	16.99	13.59	63801	EGGSHELL MEMBR 500 NEM	60	VCA	49.99	39.99
65761	SUNSCREEN SPORT SPF 30	3.4	LOT	14.65	11.72	39749	GASTRODIA RELIEVE WIND	90	TAB	21.50	21.50	57860	EPICOR 500 MG VCAP	30	VCA	24.99	19.99	58280	EPICOR 500 MG VCAP	150	VCA	99.99	79.99
GREEN FOODS						56404	GREAT YIN	90	TAB	21.50	21.50	59374	EPICOR 500 MG VCAP	60	VCA	44.99	35.99	59374	FLAX OIL ORG ULTRA LIG	16Z	LIQ	17.99	14.39
58269	CHLORELLA 200 MG ORG	300	TAB	18.99	15.19	34175	HEAD Q 715 MG	90	TAB	21.50	21.50	65997	FLAX OIL ORG ULTRA LIG	16Z	LIQ	17.99	14.39	58083	GLUTATHIONE REDUC 250	60	CAP	24.99	19.99
40195	GREEN MAGMA PWD	11Z	PWD	54.99	43.99	26420	ISATIS GOLD	90	TAB	21.50	21.50	59695	ASTAXANTHIN 4 MG	150	SGC	64.99	51.99	59367	GLUTATHIONE REDUC 500	150	CAP	102.99	82.39
17479	GREEN MAGMA USA PWD OZ	5.3	PWD	32.99	26.39	40381	LILY BULB FORMULA	90	TAB	21.50	21.50	66306	ASTAXANTHIN 4 MG VEGAN	60	VSG	24.99	19.99	57858	GLUTATHIONE REDUC 500	60	CAP	45.99	36.79
17480	GREEN MAGMA USA TAB	250	TAB	27.55	22.04	35815	MARROW PLUS	90	TAB	21.50	21.50	66307	ASTAXANTHIN 4 MG VEGAN	150	VSG	54.99	43.99	59368	GRAPE SD EXT 150 BP MG	60	VCA	19.99	15.99
30057	MAGMA PLUS 10.5 OZ	10	PWD	43.99	35.19	35072	NINE FLAVOR TEA	90	TAB	21.50	21.50	64825	BIOTIN 10000 MCG	150	VCA	29.99	23.99	60464	GRAPE SD EXT 150 BP MG	150	VCA	44.99	



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

59378	LIPOIC ACID 300 ALPHA	60	CAP	14.99	11.99	17645	FENUGREEK CONC DROPS	1	Z	LIQ	14.99	11.99	36848	HAIR COLOR BLONDE 7N	4.5	LIQ	17.99	14.39	40505	BACOPA 250 MG	60	CAP	24.95	19.96		
59379	LIPOIC ACID 300 ALPHA	150	CAP	31.85	25.32	17648	GENTIAN	1	Z	LIQ	13.49	10.79	36849	HAIR COLOR BROWN 2N	4.5	LIQ	17.99	14.39	65229	BACOPA 250 MG	30	CPL	15.95	12.76		
59380	LIPOIC ACID 600 MG	60	CAP	22.99	18.39	17649	GINGER	1	Z	LIQ	14.99	11.99	36850	HAIR COLOR CHESTNT 4N	4.5	LIQ	17.99	14.39	58512	BITTER MELON	60	CPL	18.95	15.16		
59381	LIPOIC ACID 600 MG	150	CAP	47.99	38.39	17650	GINKGO BILOBA	1	Z	LIQ	14.99	11.99	36853	HAIR COLOR COP BLND 7R	4.5	LIQ	17.99	14.39	45217	BOSWELLIA	60	CAP	14.95	11.96		
66305	LUTEIN ZEAX 20/4 VSG	180	VSG	59.99	47.99	66361	GINSENG ASIAN PANAX	1	Z	LIQ	29.99	23.99	36852	HAIR COLOR COP CHST 4R	4.5	LIQ	17.99	14.39	68138	COMFORT CLEANSE	60	VCA	20.95	16.76		
66304	LUTEIN ZEAX 20/4 VSG	60	VSG	24.99	19.99	21957	GOLDEN ECHINACEA	1	Z	LIQ	14.99	11.99	36855	HAIR COLOR DK BLNDE 6N	4.5	LIQ	17.99	14.39	68141	FLORAVANI	90	VCA	39.95	31.96		
50758	LYC-O-MATO 15 MG	60	GEL	26.99	21.59	17654	GOLDENROD	1	Z	LIQ	12.50	10.00	36856	HAIR COLOR DK CHNT 3N	4.5	LIQ	17.99	14.39	65228	GARCINIA	120	CPL	34.95	27.96		
58510	LYC-O-MATO LYCOPENE 15	180	SGC	69.99	55.99	17655	GOLDENSEAL	1	Z	LIQ	16.39	13.11	36866	HAIR COLOR GLD CHNT 4D	4.5	LIQ	17.99	14.39	45218	GARCINIA	60	CAP	18.95	15.16		
68130	MAG BISGLYC CHELATE	120	TAB	24.99	19.99	17656	GOLDENSEAL GLYC ALC FR	1	Z	LIQ	16.39	13.11	36858	HAIR COLOR GOLD BLN 7D	4.5	LIQ	17.99	14.39	29474	GLUCOCARE	90	VCA	24.95	19.96		
68131	MAG BISGLYC CHELATE	360	TAB	59.99	47.99	29412	GOOD MOOD TONIC	1	Z	LIQ	13.99	11.19	36859	HAIR COLOR HNEY BLN 9N	4.5	LIQ	17.99	14.39	62074	GLUCOCARE	180	VCA	43.95	35.16		
65491	MAG BISGLYCINATE PWD	8	Z	29.99	23.99	17657	GOTU KOLA	1	Z	LIQ	14.99	11.99	36862	HAIR COLOR LT BLNDE 8N	4.5	LIQ	17.99	14.39	45219	GUDUCHI	60	CAP	14.95	11.96		
67414	METHYL FOLATE 800 MCG	120	VCA	29.99	23.99	17661	HAWTHORN BLEND	1	Z	LIQ	14.99	11.99	36863	HAIR COLOR LT CHEST 5N	4.5	LIQ	17.99	14.39	43114	GUGGU	60	CAP	15.95	12.76		
67642	MULTI MINERAL CHEL ALB	120	VCA	24.99	19.99	34802	HAWTHORN BLEND	4	Z	LIQ	53.20	42.56	36871	HAIR COLOR MAH BLDE 7M	4.5	LIQ	17.99	14.39	41520	GYMNEMA 250 MG	60	CPL	19.95	15.96		
61265	NATTOKINASE 100 MG	180	VCA	58.32	46.66	17623	HE SHOU WU FO TI CHIN	1	Z	LIQ	13.49	10.79	36872	HAIR COLOR MAH CHNT 4M	4.5	LIQ	17.99	14.39	57358	HEARTCARE	240	VCA	39.95	31.96		
61264	NATTOKINASE 100 MG	60	VCA	21.65	17.32	22034	HEALTHY HEART TONIC	1	Z	LIQ	14.99	11.99	36854	HAIR COLR DK ASH BN 6C	4.5	LIQ	17.99	14.39	29473	IMMUNOCARE	120	TAB	23.95	19.16		
59698	PHASE 2 CARB CONTROL	180	CAP	41.99	33.59	22053	HERBAL ED'S SALVE	1	Z	CRM	9.90	7.92	36857	HAIR COLR DK GO BLN 6D	4.5	LIQ	17.99	14.39	29470	LIVERCARE	90	CAP	27.95	22.36		
57859	PROBIOTIC 30 BILLION	60	VCA	37.99	30.39	17664	HOPS	1	Z	LIQ	14.00	11.20	36860	HAIR COLR LT ASH BL 8C	4.5	LIQ	17.99	14.39	54089	LIVERCARE	180	VCA	44.95	35.96		
58283	PROBIOTIC 30 BILLION	150	CAP	85.99	68.79	17665	HOREHOUND	1	Z	LIQ	12.50	10.00	36861	HAIR COLR LT ASH CT 5C	4.5	LIQ	17.99	14.39	63227	MENO CARE	120	VCA	25.95	20.76		
59360	PCYNOGENOL 100 MG	30	VCA	46.99	37.59	17666	HORSE CHESTNUT EXT	1	Z	LIQ	14.99	11.99	36865	HAIR COLR DK GO BLN 8R	4.5	LIQ	17.99	14.39	66778	MENSTRICARE	120	VCA	30.95	24.76		
58711	PCYNOGENOL 100 MG	60	VCA	84.99	67.99	17668	HORSETAIL	1	Z	LIQ	14.99	11.99	36867	HAIR COLR LT COP CT 5R	4.5	LIQ	17.99	14.39	39457	MINDCARE	120	TAB	39.95	31.96		
63253	PCYNOGENOL 100 MG	120	VCA	154.99	123.99	17669	HYDRANGEA ROOT EXT	1	Z	LIQ	14.99	11.99	36868	HAIR COLR LT GO BND 8D	4.5	LIQ	17.99	14.39	29471	MINDCARE	60	TAB	22.95	18.36		
63419	PCYNOGENOL 150 MG	120	VCA	199.99	159.99	17670	HYSSOP	1	Z	LIQ	14.99	11.99	36869	HAIR COLR LT GO CHT 5D	4.5	LIQ	17.99	14.39	45220	NEEM	60	CAP	16.95	13.50		
63255	PCYNOGENOL 30 MG	60	VCA	35.99	28.79	22040	IMMUNE DEFENSE TONIC	1	Z	LIQ	13.99	11.19	36870	HAIR COLR LT MAH CT 5M	4.5	LIQ	17.99	14.39	29475	PROSTACARE	120	TAB	27.95	22.36		
62686	RAZBERI K 300 TRP STR	180	CAP	49.99	39.99	28652	INFLAMA RESP TURM CHAM	1	Z	LIQ	13.99	11.19	36873	HAIR COLR PLTN BLN 10N	4.5	LIQ	17.99	14.39	64768	PROSTACARE	240	TAB	48.95	39.16		
62685	RAZBERI K 300 TRP STR	60	CAP	24.99	19.99	17680	LEMON BALM BLEND	1	Z	LIQ	13.99	11.19	38763	SHAMPOO NORMAL	8.7	LIQ	12.99	10.39	51178	SHATAVARI	60	CAP	18.95	15.16		
57131	RESVERATROL 300 MG	60	VCA	39.99	31.99	17682	LINDEN	1	Z	LIQ	13.99	11.19			29468	STRESSCARE	120	VCA	27.95	22.36						
60051	RESVERATROL 300 MG	150	CAP	89.99	71.99	22025	LIVER HEALTH	1	Z	LIQ	13.99	11.19			54090	STRESSCARE	240	VCA	44.95	35.96						
61700	SELENO EXCELL 200 CAP	180	CAP	13.99	11.19	17683	LOBELIA	1	Z	LIQ	12.99	10.39	53578	ALLERGY RELIEF SYSTEM	KIT	KIT	46.98	39.93	64992	TRIBULUS	60	CPL	25.95	20.76		
62684	SPIRULINA 500 MG ORG	720	TAB	49.99	39.99	28900	LOBELIA SKUNK CABBAGE	1	Z	LIQ	13.99	11.19	21135	CHLOROXYGEN A/F	1	Z	LIQ	13.32	11.32	65230	TRIPHALA 250 MG	30	CPL	10.95	8.76	
62682	SPIRULINA 500 MG ORG	180	TAB	15.99	12.79	17684	LOMATIUM	1	Z	LIQ	14.99	11.99	55839	CHLOROXYGEN MINT A/F	1	Z	LIQ	13.32	11.32	51179	TRIPHALA 250 MG	60	CAP	18.95	15.16	
59694	TEAVIGO 150 GREEN TEA	60	CAP	29.99	23.99	22048	MALE SEXUAL VITALITY	1	Z	LIQ	17.99	14.39	60102	CHLOROXYGEN SGC	60	SGC	14.98	12.73	68140	TRIPHALA 250 MG	90	CPL	26.95	21.56		
67412	THEANINE 100 MG VCAP	90	VCA	19.99	15.99	17685	MARSHMALLOW	1	Z	LIQ	12.99	10.39	52831	CRAN BLADDER RELIEF	60	SGC	27.98	23.78	62583	TURMERIC	60	VCA	29.95	23.96		
59702	TOCOMIN 50 MG SUPRABIO	150	SGC	59.99	47.99	17687	MEADOWSWEET	1	Z	LIQ	13.99	11.19	44213	DEEP HEALTH SGC	120	SGC	48.98	41.63	65231	TURMERIC 250 MG	30	VCA	18.95	15.16		
66300	UBIQUINOL 100 COQ10 VG	60	VSG	55.99	44.79	17689	MILK THISTLE	1	Z	LIQ	14.99	11.99	41366	DEEP HEALTH SGC	60	SGC	27.98	23.78	29467	URICARE	120	VCA	20.95	16.76		
66301	UBIQUINOL 100 COQ10 VG	150	VSG	132.99	106.39	17691	MOTHERWORT	1	Z	LIQ	13.49	10.79	34681	DEEP SLEEP	1	Z	LIQ	13.98	11.88	29476	VEINCARE	60	TAB	20.95	16.76	
57130	UBIQUINOL 100 SOY FREE	60	SGC	55.99	44.79	17692	MULLEIN FLOWER	1	Z	LIQ	14.99	11.99	21682	DEEP SLEEP	2	Z	LIQ	25.98	22.08							
58998	UBIQUINOL 100 SOY FREE	150	SGC	132.99	106.39	54762	MULLEIN GARLIC	1	Z	LIQ	12.99	10.39	50131	DEEP SLEEP	120	SGC	48.98	41.63								
58277	UBIQUINOL 200 SOY FREE	60	SGC	97.99	78.39	17693	MYRRH EXT	1	Z	LIQ	14.99	11.99	40594	DEEP SLEEP	60	SGC	27.98	23.78								
59899	UBIQUINOL 200 SOY FREE	150	SGC	235.99	188.79	22031	NERVOUS SYSTEM TONIC	1	Z	LIQ	14.00	11.20	21681	DEEP SLEEP A/F	1	Z	LIQ	14.98	12.73							
63425	UBIQUINOL 300 MG SGC	150	SGC	279.99	223.99	33638	NEUTRALIZING CORDIAL	1	Z	LIQ	13.99	11.19	29006	ECHIN TRIPLE SOURCE	2	Z	LIQ	25.98	22.08							
59608	UBIQUINOL 50 SOY FREE	30	SGC	17.99	14.39	33795	OLIVE WHOLE LF EXT	1	Z	LIQ	14.99	11.99	23799	ESSIAC TONIC	4	Z	LIQ	46.98	39.93							
58276	UBIQUINOL 50 SOY FREE	60	SGC	31.99	25.59	60427	OREGANO SPIRITS	1	Z	LIQ	14.99	11.99	21686	ESSIAC TONIC	2	Z	LIQ	25.98	22.08							
58997	UBIQUINOL 50 SOY FREE	150	SGC	75.99	60.79	17697	OREGON GRAPE	1	Z	LIQ	13.49	10.79	39442	ESSIAC TONIC	60	SGC	27.98	23.78	28941	BIOSODE SUPPORT	8	Z	LIQ	29.00	23.20	
67644	UC II 40 MG	60	VCA	34.99	27.99	17699	PASSION FLOWER	1	Z	LIQ	13.99	11.19	43966	ESSIAC TONIC SGC	120	SGC	48.98	41.63	21462	BIOSODE SUPPORT	4	Z	LIQ	19.00	15.20	
						63737	PASSION FLOWER	4	Z	LIQ	53.20	42.56	17766	GINSENG ULTIMATE 7	1	Z	LIQ	29.98	25.48	21467	CHEMICALS	4	Z	LIQ	19.00	15.20
						17700	PAU D'ARCO	1	Z	LIQ	14.99	11.99	33547	HB PRESSURE TONIC	2	Z	LIQ	25.98	22.08	21469	DENTALS	4	Z	LIQ	19.00	15.20
						33642	PEPPERMINT SPIRITS	1	Z	LIQ	13.99	11.19	56661	IMMUNE ALERT EARLY	60	SGC	27.98	23.78	21470	FOOD ADDITIVES 1	4	Z	LIQ	19.00	15.20	
						17702	PERIWINKLE	1	Z	LIQ	13.49	10.79	17760	IMMUNO BOOST	1	Z	LIQ	13.98	11.88	21471	FOOD ADDITIVES II	4	Z	LIQ	19.00	15.20
						17675	PHARMA KAVA	1	Z	LIQ	17.50	14.00	28968	IVY ITCH RELIEF	1	Z										



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



1 fl oz - Peach Flavor - Product Code: 56998
90 Veggie Caps - Product Code: 60126

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

• The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Ingredients:

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech™ Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

Green Walnut Complex

1 fl oz - Product Code: 57034

Hawthorn Berry 1:3

1 fl oz - Product Code: 56964
90 Veggie Caps - Product Code: 60132

Headache Complex

A blend of herbs designed to provide optimal relief to the pain and inflammation associated with headaches.

1 fl oz - Product Code: 57088

Who can benefit from this supplement?

• Those with migraine or other types of headaches.

Ingredients:

Phyto-Tech™ Headache Complex contains the following herbs: White Willow Bark, Feverfew Herb, Meadowsweet Herb, Fresh Ginger Root, Fresh Pulsatilla Herb.

Aspirin was initially synthesized from salicin extracted from white willow bark and/or meadowsweet. The white willow bark used in this product has a very high salicin content.

Herbal Biotic Complex

Child Friendly

1 fl oz - Product Code: 56973

Herp Ease Formula

A blend of herbs designed for use during the acute outbreak of any type of herpes infection.

1 fl oz - Product Code: 57099

Who might benefit from this herbal supplement?

• Those suffering an acute outbreak of genital herpes, cold sores (oral herpes), or shingles (herpes zoster.)

While there is no cure for herpes, this formula will help to quiet the attack and reduce the inflammation. The Ayurvedic herb Neem is a very strong anti-bacterial and anti-viral that limits the viral attack. Licorice and Turmeric are strong anti-inflammatory herbs that reduce the outbreak. They limit prostaglandin-induced inflammation. The anti-viral actions of St. John's Wort are being discovered and used for many viral

conditions. St. John's Wort is also a nerve ending sedative, which helps in pain. Since herpes lives in the nerve endings and tends to erupt when under stress (stress hyper stimulates the nerve endings), St. John's Wort is of obvious value. St. John's Wort is calming under stress, is a nerve ending sedative and has anti-viral implications.

Ingredients:

Phyto-Tech™ Herp Ease Formula contains: Neem Herb, Licorice Root, St. John's Wort Flowers Fresh, Turmeric Root Fresh, Alcohol Pure Grain, Water Pure Deionized.

Holy Basil 20-8-8-5 Standardized

Holy Basil is a powerful adaptogen that helps the body overcome stress while calming the mind, uplifting the spirit, and restoring tranquility. It eases anxiety and nervous irritability and helps those with stress related health conditions. It also promotes healthy glucose levels, acts as a powerful antioxidant and fights inflammation.

60 Veggie Caps (Liquid Fill) - Product Code: 57051

Phyto-Tech™ Holy Basil liquid filled veggie caps is standardized to 20 mg Eugenols, 8 mg Caryophyllene, 8 mg Rosparinic Acid and 5 mg Ursolic Acid.

Ingredients:

Each liquid filled veggie cap contains the following: Holy Basil Leaf Alc Extract (certified organic), 300 mg; Holy Basil Supercritical Extract, 150 mg; Lecithin Soy Non GMO, Cellulose Mod Vegetable, Chlorophyll. The usual dosage is one capsule 2 times daily.

Who can benefit from this supplement?

• Those suffering from anxiety, irritability or mild depression; those living a fast-paced, high stress lifestyle
• Those who need help maintaining normal glucose and cortisol levels

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Vitamin D Eases Pain in Rheumatoid Arthritis

People with rheumatoid arthritis (RA) often have nerve pain. In this study, doctors measured vitamin D levels in 93 people with rheumatoid arthritis and found that those whose vitamin D levels fell below 20 nanograms per milliliter of blood (ng/mL) had nearly six times the level of nerve pain as those whose vitamin D levels were at least 30 ng/mL.

Because of the direct link between low vitamin D levels and nerve pain, doctors suggested those with rheumatoid arthritis have their vitamin D levels checked, and when low, to supplement with vitamin D.

Reference: *International Journal of Rheumatic Diseases*; 2017, 1756-185X.13160, Published Online

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

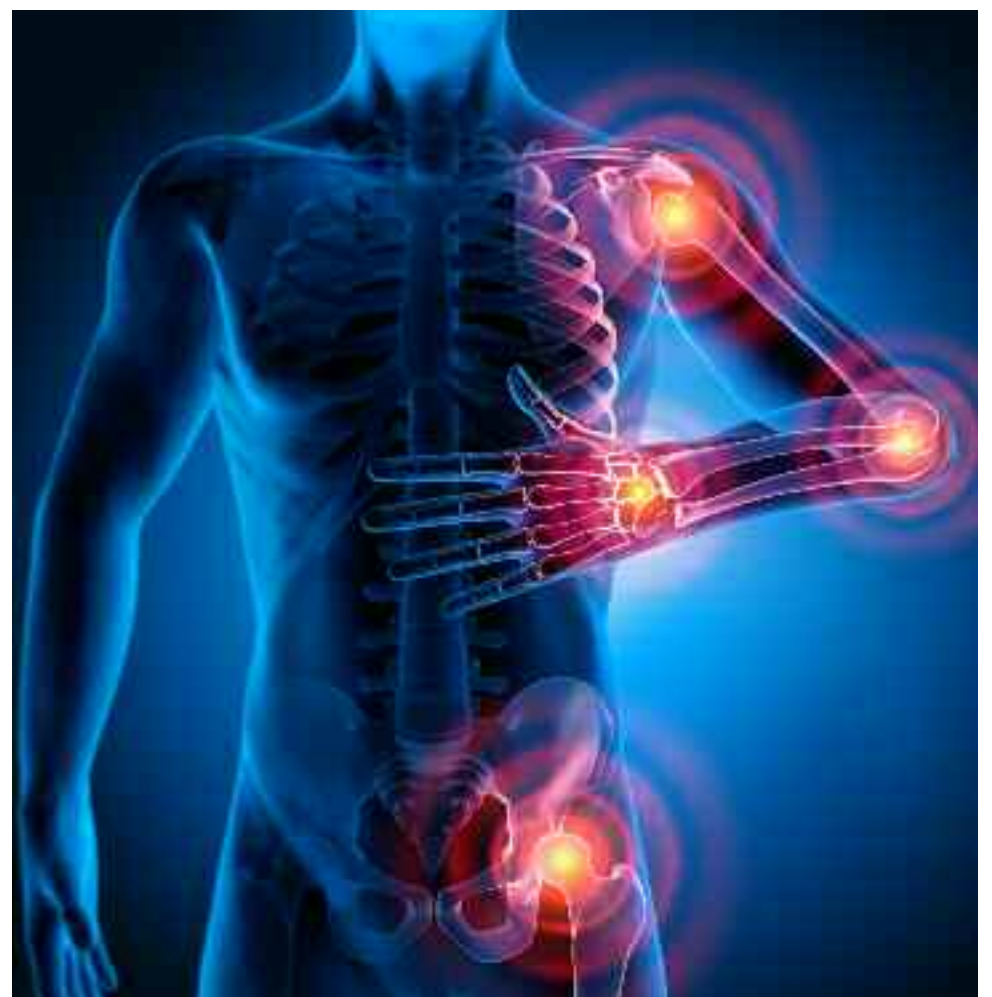
... and remember to visit Don's Blog
www.dongoldberg.com

Willner Chemists Product Recommendation:

Jarrow Formulas
D3 1000 IU - 200 Softgels
Product Code: 55164

Jarrow Formulas
D3 2500 IU - 100 Softgels
Product Code: 54727

Jarrow Formulas
D3 5000 IU Olive Oil
100 Softgels
Product Code: 58307





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



• Those suffering from various types of inflammation. Holy Basil (Ocimum sanctum), also known as Tulsi, is one of the most highly regarded plants in Ayurvedic medicine. It has been used for centuries in India to treat an array of conditions such as inflammation, digestive complaints, asthma, arthritis, and skin conditions. In the West it is most well known for its ability to counteract stress, calm the mind and lift the spirit. According to herbalists, Holy Basil is an adaptogen that promotes a healthy stress response and can protect one from breakdown due to chronic stress, emotional turmoil or work overload. Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and dopamine. Holy Basil is helpful for individuals with stress-related conditions, such as anxiety, irritability, depression, irritable bowel, digestive disorders, hormonal fluctuations, adrenal fatigue, insomnia, and immune deficiency. Holy Basil encourages emotional well-being and restores homeostasis to individuals who feel like stress has gotten the best of them. Research supports the traditional claims for Holy Basil's role in glucose metabolism, and hypoglycemic effects. A 1996 study involving patients with type 2 diabetes reported a significant decrease in the patients' fasting blood glucose levels when treated with holy basil compared to treatment with placebo. Total serum cholesterol levels were also reduced. A more recent 2006 study found that Holy Basil stimulates insulin secretion from the pancreas, which contributes to the plants anti-diabetic action. In addition, Holy Basil decreases the stress hormone cortisol, which rises when one is exposed to chronic stress. Elevated cortisol levels trigger the body to produce more glucose causing an unhealthy increase in blood glucose levels. This can also result in weight gain. Holy Basil can be helpful for those with type-2 diabetes, pre-diabetes, or rapid blood sugar swings.

Why is the Phyto-Tech™ Holy Basil liquid filled veggie cap standardized to 20-8-8-5?

Holy Basil contains numerous polyphenols such as eugenol, ursolic acid and rosmarinic acid that act as powerful antioxidants to fight free radicals and protect cells from oxidative damage. These compounds also fight inflammation and inhibit production of cyclooxygenase-2 (COX-2) enzymes. A study published in Phytomedicine measured the activity of Holy Basil's phenolic compounds and found the COX-2 inhibitory activity of the compounds to be comparable to ibuprofen, naproxen and aspirin. Holy Basil is therefore indicated for relieving inflammation and pain caused by arthritis, tendonitis, bursitis, sports injury and physical overuse.

Hoodia Gordonii 1:4

Tested Authentic

A South African herb thought to support healthy weight by decreasing food cravings.

1 fl oz Liquid drops - Product Code: 57017

60 Liquid Filled Veggie Caps - Product Code: 57050

60 Veggie Caps - Product Code: 60133

According to many experts, many products now on the market claiming to contain Hoodia may be mislabeled. Here is advice from Mitch Coven, Medical Herbalist: "Consumers should use caution when purchasing products that claim to be true Hoodia Gordonii. Several Hoodia products on the market are made of cactus-like material and contain no P57 [P57 is a steroidal glycoside thought to be the active ingredient of Hoodia] or any other active appetite suppressing substance. The 20:1 claims that many companies use for their Hoodia products are false. These products are not concentrated extracts. Their claim of 20:1 is a fresh to dry down ratio of raw material. Their 20:1 claims are just dry raw material. Additionally, many 20:1 Hoodia claims are actually adulterated material with prickly pear cactus, maltodextrin and sand. Many fail independent lab tests. Consumers should demand to see 3rd party authentic test results on the current

lot numbered batch. Authentic Hoodia must also be accompanied by an international CITES certificate for validation. Since Hoodia is endangered, the South African government carefully allows only a small amount of Hoodia to be harvested in order to protect it. The CITES certificate with a current date shows that the batch is authentic and not an illegally harvested batch. Consumers should insist on seeing this document which responsible manufacturers will always have and gladly show." Willner Chemists Phyto-Tech™ Hoodia Gordonii 1:4 is tested authentic and certification to this effect is available on request.

Who can benefit from this supplement?

• Those who are overweight and suffer from excessive food cravings.

Complimentary Formulas:

• Phyto-Tech™ Green Tea Guo.

Ingredients:

Phyto-Tech™ Hoodia Gordonii 1:4 is available in liquid herbal form (drops) and in liquid filled veggie caps. Each capsule or 30 drops of liquid contains 250 mg of Hoodia gordonii Aerial Parts, tested authentic. Also available in a veggie cap, with each Phyto-Tech™ Hoodia capsule containing 250 mg of "selectively imported South African Hoodia gordonii Aerial Parts." (Product code: 60133)

Immune Acute Complex

A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention

Liquid Herbal Formula - 1 fl oz - Product Code: 57728
Fresh Ground Veggie Caps

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

65601	BEETLEITE SPORT PK BC	10	PAK	29.95	29.95	57404	SNIFFLER N SNEEZES 4 KD	125	TAB	9.39	7.51	52526	KREBS MAG POT CHELATES	120	TAB	8.50	7.22	57341	GREEN TEA FAT METABOL	75	SGC	21.50	17.20		
60986	NEO 40 DAILY	30	LOZ	59.95	59.95	22281	UPSET STOMACH	100	TAB	11.79	9.43	61704	LAVELA WS 1265	60	SGC	35.00	29.75	57340	LIVING GREEN MENS MULTI	90	SGC	23.99	19.19		
HYDRAME						INNATE RESPONSE FORMULAS																			
55088	HYDRAME SKIN LOTION	8	Z	LOT	13.95	13.95	62832	ADRENAL RESPONSE	60	TAB	36.95	31.90	59016	LAXATIVE FORMULA	60	TAB	14.00	11.90	67833	MULTI I ONLY W/O IRON	60	SGC	22.65	18.12	
67945	HYDRAMY FACE ARGAN OIL	2	Z	CRM	9.95	9.95	64261	FLORA 20-14 7 DAY INT	7	CAP	32.96	28.91	53236	LIPASE CONCENTRATE HP	90	CAP	22.50	19.12	57343	POWER TO SLEEP PM SGC	60	SGC	20.99	16.79	
HYLANDS HOMEOPATHIC						INTEGRATIVE THERAPY																			
59439	ALLERGY 4 KIDS LIQ CMP	4	Z	LIQ	10.59	8.47	55353	ADREN PLUS	60	CAP	21.00	17.85	52056	PAINLEX 2 PHASE	180	TAB	43.40	36.89	63129	TESTOSTERONE UP	60	SGC	39.99	31.99	
57406	ALLERGY RELIEF 4 KIDS	125	TAB		9.39	7.51	53184	ADRENAL COMPLEX	180	CAP	53.10	45.13	52281	PARA GARD	120	CAP	60.30	51.25	67752	TESTOSTERONE UP RED	60	SGC	44.99	35.99	
57405	ALLERGY RELIEF TAB	60	TAB		9.19	7.35	53813	ADRENAL STRESS END	50	CAP	25.00	21.25	54689	PERMEABILITY FACTORS	90	SGC	40.70	34.59	57334	TRIPLE BOOST CAFF FR IR	75	SGC	21.50	17.20	
57232	ARNICA 30X TAB	50	TAB		8.89	7.11	65717	ALLOLEAR CHW BERRY	60	CHW	33.50	28.47	60070	PHOS SERINE	60	SGC	46.00	39.10	67795	TRIPLE DIET MAX ACCEL	72	GEL	26.65	21.32	
27798	ARNICA MONTANA 30X	250	TAB		9.49	7.59	63205	ALPHA GLYCOSYL ISOQUER	60	VCA	29.50	25.07	57682	PRO FLORA PEARLS CONC	90	CAP	49.95	42.45	57344	TRIPLE TEA FAT BURNER	75	SGC	21.99	17.59	
24232	ARNICA SPRAY LOT	4	Z	LIQ	12.99	10.39	56591	B12 ACTIVE CHERRY FLAV	30	CHW	9.50	8.07	52345	PROBIOTIC PEARLS	90	PRL	40.00	34.00	J R LIGGETTS						
24455	BIOPLASMA	000	TAB		20.89	16.71	54811	BERBERINE COMPLEX	90	VCA	28.00	23.80	64075	PROBIOTIC PEARLS ADV	60	CAP	60.00	51.00	67923	SHAMPOO BAR COCONUT	3.5	BAR	7.49	5.99	
24940	C 25 MG BABY TAB H	125	TAB		10.99	8.79	53192	BETAINE HCL 650 MG	250	CAP	36.20	30.77	60742	PROS FORTE	90	SGC	38.00	32.30	62590	SHAMPOO BAR HERBAL	3.5	BAR	7.49	5.99	
25032	CALC FLUOR 6X	500	TAB		12.49	9.99	45458	BIO ZYME	200	TAB	40.00	34.00	52397	RECANCOSTAT 100	90	CAP	46.00	39.10	67924	SHAMPOO BAR JOJO & PEP	3.5	BAR	7.49	5.99	
25483	CALC PHOS 6X	500	TAB		12.49	9.99	53684	BLUE HERON	120	CAP	22.90	19.46	53464	RECANCOSTAT 400 MG	60	CAP	107.50	91.37	JARROW FORMULAS						
26535	CALC SULF 6X	500	TAB		12.49	9.99	52405	BETAINE HCL 650 MG	250	CAP	36.50	31.02	53238	RECANCOSTAT POWDER	56G	PWD	137.00	116.45	31838	5 HTP 100 MG	60	CAP	27.95	22.36	
63431	CALM 'N RESTFUL 4 KIDS	125	TAB		9.39	7.51	66439	CAL MAG ORANGE VAN	16Z	LIQ	22.00	18.70	54016	RESVERATROL ULTRA	90	CAP	24.50	20.82	31837	5 HTP 50 MG	90	CAP	20.95	16.76	
18559	CALMS	100	TAB		10.79	8.63	52405	CALCIUM D GLUCARATE	90	CAP	36.40	30.94	59171	RESVERATROL ULTRA HIGH	60	SGC	44.00	37.40	56423	7 KETO DHEA 100 MG	30	CAP	21.95	17.56	
18561	CALMS FORTE	100	TAB		11.19	8.95	58683	CELL FORTE MAX 3	120	CAP	36.50	31.02	53844	RF PLUS	180	CAP	48.80	41.48	56805	ACETYL CARNITINE 500	120	CAP	38.95	31.16	
66167	CALMS FORTE SLEEP	50	TAB		9.19	7.35	56813	CELLULAR FORTE IP 6 IN	120	TAB	25.50	21.67	52399	SIMILASE	90	CAP	23.50	19.97	29951	ACETYL L CARNITINE 250	60	CAP	15.95	12.76	
57399	COLD N COUGH 4 KIDS	4	Z	LIQ	11.19	8.95	52472	CLINICAL NUTR 45+ WOM	180	TAB	33.50	28.47	52525	SIMILASE	180	CAP	43.70	37.14	40671	ACETYL L CARNITINE 250	120	CAP	23.95	19.16	
18558	COLD TABS TINY BABY	125	TAB		14.29	11.43	53864	CLINICAL NUTRI GLUCO IT	90	TAB	33.00	28.05	53818	SIMILASE BV	90	CAP	28.10	23.88	53177	ADRENAL OPTIMIZER	120	TAB	25.95	20.76	
68208	COMPL COLD & FLU 4 KID	4	Z	LIQ	11.69	9.35	56394	CLINICAL NUTRIEN WOMEM	90	TAB	24.00	20.40	55786	SIMILASE GFCCF	120	CAP	25.00	21.25	67159	AHIFLOWER OIL 750 VEGN	60	VSG	22.95	18.36	
59623	COUGH COLD NIGHT KIDS	4	Z	LIQ	11.69	9.35	54799	CLINICAL NUTRIENS MEN	90	TAB	24.00	20.40	52600	SIMILASE LIPO	90	CAP	27.50	23.37	51313	ALCA 500 W/LIP ACID	100	CAP	39.95	31.96	
61289	DIAPER OINTMENT BABY	2.5	ONT		9.79	7.83	57788	COQ10 100 MG SGC	60	SGC	40.00	34.00	54534	SLE FORTE	120	CAP	29.10	24.73	42173	ALPHA GPC 300 MG	60	VCA	39.95	31.96	
61287	EARRACHE DROPS INFANT	.33	DRP		11.19	8.95	66709	COQ10 200 MG CHW CHOC I	30	CHW	60.00	51.00	52716	SPECTRA 303 T	180	TAB	49.90	42.41	23113	ANTIOXIDANT OPTIMIZER	90	VTAB	23.95	19.16	
26542	EARRACHE PHOS 6X	500	TAB		12.49	9.99	52529	COQ10 200 MG CHW MAPLE	30	CHW	60.00	51.00	52011	SPECTRA PROBIOTIC W/CO	90	CAP	30.50	25.92	67420	APPLE CIDER VINEGAR OG	16Z	LIQ	7.95	6.36	
66351	GAS	100	TAB		11.79	9.43	56819	CURCUMAX	60	CAP	38.50	32.72	52533	SPECTRUM 2C NO IRON	240	CAP	42.50	36.12	36755	ARGININE 1000	100	TAB	17.95	14.36	
26538	KALI MUR 6X	500	TAB		12.49	9.99	54257	D3 1000 IU	90	TAB	8.30	7.05	54535	TESTOSTERONE FORMULA	90	CAP	29.20	24.82	68223	ARGININE CITRULL SUST	120	TAB	27.95	22.36	
26539	KALI PHOS 6X	500	TAB		12.49	9.99	52398	DETOXICATION FACTORS	120	CAP	64.00	54.40	57141	THEANINE	60	CAP	19.50	16.57	38642	ARTICHOKE 500 MG	180	CAP	30.95	24.76	
26536	KALI SULPH 6X	500	TAB		12.39	9.91	52417	E H B	60	CAP	21.80	18.53	56531	THYROSINE COMPLEX	100	CAP	21.00	17.85	50091	ASHWAGANDHA EXT 300 MG	120	VCA	22.95	18.36	
24233	LEG CRAMPS #22	100	TAB		15.59	12.47	66166	ENTEROGENIC INTENS 100	30	CAP	50.00	42.50	56619	TOTAL FORMULA 3 NO FE I	90	TAB	14.60	12.41	61020	ASTAXANTHIN 12 MG	30	SGC	27.95	22.36	
44994	LEG CRAMPS OINTMENT	2.5	ONT		12.69	10.15	52249	ESKIMO 3 SGC	105	SGC	19.90	16.91	54415	TRI MAGNESIUM	60	VCA	19.80	16.83	59891	ASTAXANTHIN 4 MG	60	SGC	21.95	17.56	
58345	LEG CRAMPS PM W/QUININ	50	TAB		13.89	11.11	53372	ESKIMO PUREFA 1000 MG	150	SGC	40.00	34.00	58144	UBQH 100 MG	60	SGC	55.00	46.75	23418	B RIGHT	100	CAP	24.95	19.96	
50206	MAG PHOS 6X HYL/1000	000	TAB		22.29	17.83	52240	FOLIPLX W/B12	60	TAB	22.10	18.78	61849	V CLEAR EPs 7630 ORI	1	Z	LIQ	15.00	12.75	67226	BEAUTYSIL HAIR & NAILS	60	TAB	23.95	19.16
42720	MIGRAINE HEAD RELIEF	60	TAB		9.19	7.35	64357	GLYCATION MANAGER	60	CAP	46.00	39.10	IRVING NATURALS												
57402	MOTION SICKNESS TAB	50	TAB		8.69	6.95	58841	GLYCEMIC MANAGER	60	TAB	24.00	20.40	57338	3 IN 1 CARB BLK PHAS 2	75	SGC	21.99	17.59	51304	BETA GLUCAN 250 MG	60	CAP	39.95	31.96	
57231	MUSCLE THERAPY GEL	3	Z	GEL	9.59	7.67	52248	GLYCO KINETIC COMPLEX	90	CAP	27.80	23.63	68079	BRAIN AWAKE RED	60	SGC	23.98	19.18	67103	BEYOND BONE BRO	10	PWD	31.95	25.56	
26721	NAT PHOS 6X	500	TAB		12.49	9.99	60532	GREEN TEA ELITE W/EGCG	60	CAP	18.00	15.30	24809	BIFIDUS BALANCE	100	CAP	17.95	14.36	31318	BILBERRYBIO + GRAPESKINZ	120	CAP	39.95	31.96	
41620	NATRIUM MUR 30 X	500	TAB		12.49	9.99	52239	INDOLPLEX	60	CAP	45.80	38.93	41945	BIOTIN 5 MG	100	CAP	23.99	19.19	66124	BITTER MELON EXT WILD	60	TAB	24.95	19.96	
26541	NATRIUM MUR 6X	500	TAB	</																					

LifeExtension[®]
Stay Healthy, Live Better



Get advanced cellular energy support for heart and brain health.

Carnitine is an essential part of the process by which your cells burn fatty acids for fuel. That boost in cellular function supports reduced muscle fatigue during exercise and quicker recovery after ... and may also benefit your brain, heart, and central nervous system.

Our newly reformulated Optimized Carnitine provides three advanced forms of carnitine in a single formula: acetyl-L-carnitine, acetyl-L-carnitine arginate, and glycine propionyl-L-carnitine. Help your body recover quicker from exercise and support your heart, brain, and nervous system at the same time. Try Optimized Carnitine today!

For a complete list of ingredients, cautions, references, dosages, and uses, please visit LifeExtension.com. Life Extension will not be liable for typographical, photographic, or other pricing or content errors found in our printed or electronic communications. Prices subject to change without notice. Cannot be combined with any other offer.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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All Life Extension[®] products are formulated with premium-quality ingredients based on the latest scientific studies to help you achieve optimal health. Optimized Carnitine and other fine Life Extension products are available at Willner Chemists.

Order yours today!

WSMCAV180201



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



90 Veggie Caps - Product Code: 67470

Who might benefit from this herbal supplement?

- Those who sense the onset a cold, flu or similar condition.
- Those who need an immediate boost to their immune system.

Ingredients & Dosage (Liquid Herbal Formula):

Each serving of Phyto-Tech™ Liquid Immune Acute Complex (30 drops) contains the following: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angusifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13 mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5 mg, Deionized Water, Grain Alcohol.

Dosage: 30 drops, 1-2 times per day or as needed in juice or water. Increase frequency when needed. Shake well before using.

Ingredients & Dosage (Veggie Cap):

Each serving (2 veggie caps) of Phyto-Tech™ Immune Acute Complex Capsules provides the following: Veggie Cap: 250mg Organic Astragalus Root, 150 mg Organic Echinacea angustifolia Root, 140 mg Organic Garlic Bulb, 80mg Organic Maitake Mushroom, 80mg Organic Shiitake Mushroom, 50mg Forsythia Fruit, 50mg Honeysuckle Flower, 50mg Isatis Root, 10mg Beta Glucan 3/6/9.

Dosage: 2 veggie capsules, 1-2 times per day or as needed. Increase frequency when in need

Indications:

This formula is designed to address all aspects of deep immunity. Deep immunity references that not only does it strengthen initial immune response via circulating white blood cells in the blood, but it also stimulates white blood cells in the lymph which are secondary and a deeper immune response. It strengthens the immune system, protects against microbial invasion and attacks microbes that have taken residence in the body. Immune Acute Complex

can be used for those wanting to avoid getting sick or those trying to push an illness out of the body. It has broad-spectrum effects that stimulate immune activity, modulate the immune system, fight bacterial and viral conditions, and open up nasal passages. It is also an excellent tonic for those who are prone to getting colds and flu, and can be used in acute situations when the immune system needs an extra boost. It can also be used by those with chronic infections to strengthen and rebuild the immune system and protect against further immune breakdown.

Astragalus, Maitake, and Shiitake are well known for their ability to stimulate deep immunity. They are great for those prone to getting sick or those who have chronic immune deficiency that needs support. Astragalus contains polysaccharides, saponins, flavonoids, and phytosterols which contribute to its immune enhancing affects. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. One of the most active constituents in Maitake and Shiitake mushroom is believed to be a beta glucan polysaccharide that powers up the immune system. Beta glucan, which can also be derived from yeast, acts as a "biological defense modifier" to stimulate and modulate various immune responses. It has been heavily researched for its immune enhancing properties and its ability to activate macrophage immune cells, NK-Cells, T-Cells, B-Cells, and cytokines. A study from Harvard Medical School found animals treated with beta glucan were more resistant to bacterial, viral, and fungal inundation. Beta glucan treatment stimulated proliferation of white blood cells and increased phagocytic macrophage activity. A concentrated beta glucan extract is added to Immune Acute Complex to further increase the formula's immune enhancing properties. Echinacea excites the immune system to fight off microbes before they dominate an organ system and create illness. Numerous studies show Echinacea to have positive effects for

colds, flu, and upper respiratory tract infections. It stimulates phagocytosis and helps ward off oncoming infections. As a long-term tonic it can boost immunity and help rebuild a healthy immune response.

Forsythia Fruit, Honeysuckle Flower, and Isatis Root are traditional Chinese herbs used to help the body to resolve illness and clear toxins. These herbs are powerful anti-virals and are extremely effective in the early stages of colds and flu.

Licorice is added as an expectorant to thin mucus in the lungs to clear congestion. It brings down inflammation and soothes sore throats.

Colloidal Silver has been used throughout history as an antibiotic and disinfectant. It destroys the enzymes responsible for oxygen metabolism in bacteria, viruses, and fungi, thus cutting off oxygen to these harmful pathogens and suffocating them. Colloidal Silver kills bacterial, viral, and fungal organisms upon contact, yet leaves the good bacteria in the body unharmed.

Garlic also acts as a natural antibiotic and antiviral agent. It fights chronic or recurrent infections and is indicated for those with low resistance to infection. It has a long history of relieving the symptoms of upper-respiratory illnesses, and can bring down inflammation in the mucus membranes of the nose and throat.

Eucalyptus Oil and Menthol Crystals are airborne aromatics added to the formula to clear the sinuses and open up breathing. Their soothing vapors stimulate the opening of respiratory and nasal passages, improving airflow and encouraging the release of mucus.

Contra-indications and Cautions: Pregnancy and Nursing, High blood pressure, Prescriptions blood thinners

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Magnesium Strengthens Bone, Reduces Fracture

Evidence has been mounting that magnesium increases bone mineral density, but until now studies linking magnesium and chances of fracture have been inconclusive.

In this study, doctors measured magnesium in the diets of 3,765 people, average age 61, over a follow-up period of eight years. Those who got the most magnesium on average from food and supplements-398 mg per day for men, 373 mg per day for women-were 53 and 62 percent, respectively, less likely to have developed a bone fracture compared to men and women who got the least magnesium in the diet.

Based on these findings, and because magnesium is both safe and affordable, doctors suggest public health officials consider recommending taking magnesium supplements as a preventative against bone fracture in the general population.

At Willner Chemists, we have long been urging customers to utilize a calcium supplement that includes magnesium rather than a plain calcium supplement. In Willner's comprehensive multivitamin multimineral formula, Willvite, magnesium is included along with calcium. In fact, the ratio of magnesium to calcium has been increased in the newly revised formula.

Reference: *British Journal of Nutrition*; 2017, Vol. 117, No. 11, 1570-6

Willner Chemists Product Recommendation:

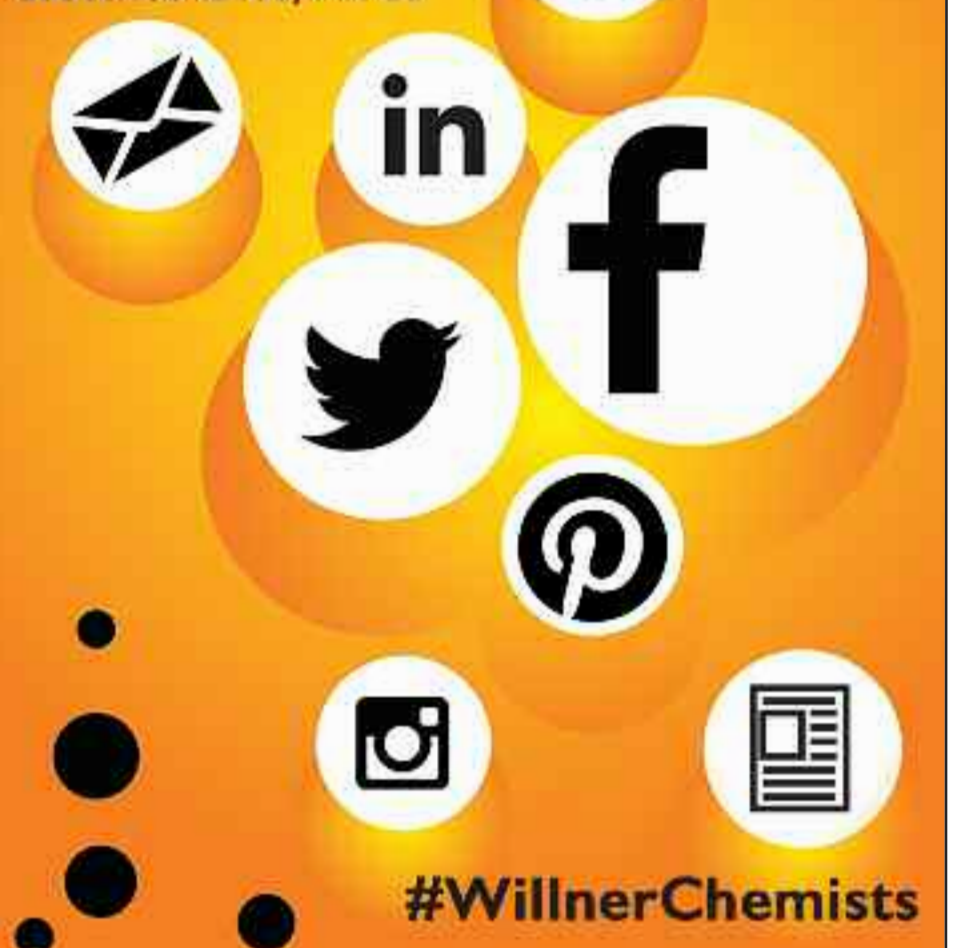
Solgar
Magnesium Citrate 200mg
120 Tablets
Product Code: 13368

Pure Encapsulations
Magnesium Citrate 150mg
90 Capsules
Product Code: 19202

Metagenics
Magnesium Glycinate 100mg
120 Tablets
Product Code: 13753

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



References:

For more information on this product, go to the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Immune Acute Complex", or use this url: <http://www.willner.com/article.aspx?artid=239>

Immune Complex

Supports healthy immune system function, especially on a long-term and preventive basis.

1 fl oz - Regular - Product Code: 57003

1 fl oz - Alcohol Free - Product Code: 57033

Who can benefit from this product?

- Those who have a tendency to catch whatever "bug" is going around
- Those who have frequent and long-lasting bouts of cold and flu, and those with any chronic immune deficiency problem.

Description:

Phyto-Tech™ Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy. This is not intended for use after you have come down with the cold, flu or similar condition. In that case, use one of the "acute" formulas, such as Phyto-Tech™ Echina Acute Complex.

Ingredients:

Phyto-Tech™ Immune Complex contains the following herbs: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root,

Suma Root, Licorice Root, Eleuthero Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend, when fatigue and low energy present.
- Phyto-Tech™ Astragalus Root 1:3, for added immune support.
- Phyto-Tech™ Oregano Oil 70, for added immune support in acute conditions.
- Phyto-Tech™ Respiratory Complex, when congestion is present.
- Phyto-Tech™ Echina Acute Complex, for added immune support in acute conditions and when thick, discolored mucus is present.
- Phyto-Tech™ Elderberry 1:2, especially for viral infections.
- Phyto-Tech™ Immune Complex comes in a regular (alcohol) version and an alcohol free version.

Kava Root 1:2

Kava Root 75 Standardized

Long known around the world as an inducer of deep physical and mental relaxation, Kava is now considered a useful herb for calming and anxiety.

1 fl oz - Regular Liquid Herbal - Product Code: 56947

1 fl oz - Alcohol Free Liquid - Product Code: 56975

Kava Root 75

60 Liquid Filled Veggi Caps - Product Code: 57049

Phyto-Tech™ Kava - 90 Veggie Caps - Product Code: 60341

Who can benefit from this supplement?

- Those with anxiety, mild depression, ADHD and insomnia related to an over active mind.

Ingredients:

Phyto-Tech™ Kava Root 1:2 is available as a liquid extract, alcoholic and alcohol free, as well as a standardized liquid filled Veggie Cap. The liquid contains 500 mg of Kava per 30

drops. The liquid filled Veggie Cap is standardized to 75 mg Kavalactone per capsule (approximately 1,500 mg Kava). Also available in a vegetarian capsule form. Each Phyto-Tech™ veggie cap contains 380 mg selectively imported Vanuatu Kava Root.

Lemon Balm 1:2

1 fl oz - Product Code: 57057

Licorice Root 1:3

Licorice is best known as a tonic for the adrenal gland, useful for those with fatigue or under stress.

1 fl oz - Product Code: 56986

Who can benefit from this supplement?

- Those suffering from adrenal fatigue, stress, inflammatory conditions, gastric ulcers and lung congestion.

Licorice helps a stressed adrenal gland maintain its' production of adrenaline, cortisone and aldosterone, the hormones normally secreted by the adrenal gland. Aldosterone affects the body's ability to hold more water, and maintains normal hydration. Licorice also increases cortisol levels, thus helping to reduce inflammation. This can be helpful in conditions as varied as asthma, psoriasis, hepatitis, lupus, MS, arthritis, eczema and other auto immune disorders. Licorice is also thought to have a synergistic action in herbal mixtures, and is commonly used, in small quantities, in herbal blends, especially in traditional Chinese medicine.

Ingredients:

Phyto-Tech™ Licorice Root 1:3 contains 333 mg/ml (30 drops) of certified organic licorice root, along with pure grain alcohol and deionized water.

Dosage:

20-40 drops, 2-3 times per day or as needed, in juice or

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Willner Chemists Phyto-Tech™ Herbal Supplements

Individual Essential Oils:

- Cedarwood (Himalayan) - 1 fl oz. # 63003
- Cinnamon Leaf - 1 fl oz. #62679
- Citronella - 1 fl oz. #66285
- Clove - 1 fl oz. #63004
- Eucalyptus - 1 fl oz. #62680
- Eucalyptus - 4 fl oz. #62681
- Frankincense - 1 fl oz. #66286
- Grapefruit (Pink) - 1 fl oz. #62710
- Jasmine - 1 fl oz. #66287
- Lavender (French) - 1 fl oz. #63005
- Lavender (French) - 4 fl oz. #62787
- Lavender (Bulgarian) - 1 fl oz. #62815
- Lemon - 1 fl oz. #63006
- Lemongrass - 1 fl oz. #66310
- Orange (Sweet) - 1 fl oz. #62820
- Oregano - 1 fl oz. #62821
- Patchouli - 1 fl oz. #62822
- Peppermint - 1 fl oz. #62884
- Peppermint - 4 fl oz. #63007
- Rose - 1 fl oz. #66288
- Rose Geranium - 1 fl oz. #66290
- Rosemary - 1 fl oz. #63008
- Sage - 1 fl oz. #66289
- Sandalwood* - 1 fl oz. #66291
- Tea Tree (Australian) - 1 fl oz. #63009
- Tea Tree (Australian) - 4 fl oz. #63010
- Ylang Ylang - 1 fl oz. #63011

Willner Chemists
Phyto-Tech™
30% OFF
Select Items
April 2 - May 11

Essential Oils

100% Pure - Sustainably Harvested - Quality Tested
(Gas Chromatography/Mass Spec and Fourier Transform Infrared Spectroscopy)
GMP Certified Facility - Kosher Certified



Essential Oil Blends:

- Bug Shield - 1 fl oz. #66292
- Energy Boost - 1 fl oz. #66293
- Essential Love - 1 fl oz. #66294
- Head Relief - 1 fl oz. #66295
- Sleep Dreams - 1 fl oz. #66296

WILLNER CHEMISTS
The Nutritional Supplement Professionals

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



55410	BLACK CURRANT + LUTEIN	60	SGC	29.95	23.96	38835	GREEN DEFENSE 6.35Z	6.3	PWD	26.95	21.56	33990	PS 100 DRY CAP	60	CAP	29.95	23.96	66611	SHAMP CONDIT ZINC SAGE	8 Z	LIQ	19.75	19.75
56141	BLACK CURRANT 200 VCAP	60	VCA	21.95	17.56	68111	GREEN DEFENSE DETOX	6.3	PWD	31.95	25.56	33991	PS 100 DRY CAP	120	CAP	51.95	41.56	66613	SHAMP HAIR RECONSTR HON	6 Z	LIQ	25.75	25.75
23114	BONE UP	120	CAP	16.95	13.56	31368	GREEN TEA 5:1	100	CAP	12.95	10.36	67988	PS 100 PHOS SERINE	120	SGC	59.95	47.96	66614	SHAMPOO BARE UNSC ALL	8 Z	LIQ	14.25	14.25
23115	BONE UP	240	CAP	28.95	23.16	31727	HAWTHORN 500 MG	100	CAP	17.95	14.36	26555	PS 100 PHOS SERINE	60	SGC	33.95	27.16	66610	SHAMPOO EVENING PRIMRS	8 Z	LIQ	16.00	16.00
59191	BONE UP	360	CAP	39.95	31.96	50466	HYALURONIC ACID 50 MG	120	CAP	35.95	28.76	60354	PTEROSTILBENE TRANS 50	60	VCA	29.95	23.96	66609	SHAMPOO ROSEM LAVEND	8 Z	LIQ	16.00	16.00
65831	BONE UP PWD ORANGE	13	PWD	41.95	33.56	45670	HYALURONIC ACID 50 MG	60	CAP	19.95	15.96	67842	PUMPKIN SD PRP PWD ORG	16Z	PWD	29.95	23.96						
67656	BONE UP THREE PER DAY	180	CAP	36.95	29.56	58176	IDEAL BOWEL SUPPORT	30	VCA	26.95	21.56	63121	QH ABSORB 100 + PQQ 10	30	SGC	39.95	31.96						
61851	BONE UP THREE PER DAY	90	CAP	19.95	15.96	57999	INOSITOL 750 MG	100	CAP	17.95	14.36	65735	QH ABSORB 100 + PQQ 10	60	SGC	75.95	60.76						
54418	BONE UP ULTRA	240	TAB	45.95	36.76	34634	INOSITOL PWD	8 Z	PWD	29.95	23.96	53094	QH ABSORB 100 MG UBIQ	60	SGC	49.95	39.96						
34368	BONE UP ULTRA	120	TAB	31.95	25.56	53826	INULINFOS	180	PWD	11.95	9.55	59922	QH ABSORB 100 MG UBIQ	120	SGC	79.95	63.96						
24803	BONE UP VEGETARIAN	120	TAB	18.95	15.16	33013	IP 6 500 MG	120	CAP	18.95	15.16	59335	QH ABSORB 200 MG UBIQ	60	SGC	79.95	63.96						
23128	BORAGE OIL GLA 240	60	CAP	16.50	13.20	33011	ISO RICH SOY 446 GMS	14Z	PWD	17.50	14.00	55162	QH ABSORB 200 MG UBIQ	30	SGC	49.99	39.99						
30155	BORAGE OIL GLA 240	120	SGC	29.95	23.96	52993	ISO RICH SOY 899 GMS	899	PWD	27.95	22.36	66916	QH ABSORB 50 MG GUMMIE	30	GUM	19.95	15.96						
58178	BRAIN BOOST	60	VCA	25.95	20.76	58054	JARRO DOPH ALLERG FR	60	VCA	19.95	15.96	34406	QUERCETIN 500	200	CAP	66.95	53.56						
39507	BRANCH CHAIN AMINO ACD	120	CAP	15.95	12.76	67956	JARRO DOPH INFANT PROB	15M	DRP	15.95	12.76	23123	QUERCETIN 500	100	CAP	36.95	29.56						
50465	BROCCOMAX 250 MG CAP	60	CAP	26.95	21.56	67585	JARRO DOPH WOMEN 10 BL	60	CAP	49.95	39.96	60367	R LIPOIC ACID 100 MG	60	VCA	29.95	23.96						
30012	BROMELAIN 1000 GDU 500	60	PWD	16.95	13.56	67416	JARRO DOPH WOMEN 10 BL	30	CAP	29.95	23.96	58831	RED YEAST RICE + COQ10	120	CAP	29.95	23.96						
45674	BROWN RICE PROT VAN	11B	PWD	22.45	17.96	67422	JARRO DOPH WOMEN 5 BIL	30	VCA	27.95	22.36	63625	RED YEAST RICE + NATTO	60	CAP	29.95	19.19						
40562	CAL MAG CITRATES	90	TAB	10.95	8.76	67504	JARRO DOPH WOMEN 5 BIL	60	VCA	47.95	38.36	59192	RESVERATROL 100	120	VCA	37.95	30.36						
50302	CARNITALL 600 +	90	VCA	28.95	23.16	34898	JARRO DOPHILUS BABY	2.5	PWD	19.95	15.96	53126	RESVERATROL 100	60	VCA	20.95	16.76						
56706	CARNITINE 500 LIQUICAP	100	CAP	32.95	26.36	50875	JARRO DOPHILUS EPS	15	VCA	9.95	7.96	57300	RESVERATROL SYNER 200	60	TAB	39.95	31.96						
43844	CARNITINE 500 MG TARTR	180	CAP	58.95	47.16	38625	JARRO DOPHILUS EPS	60	VCA	23.95	19.16	36724	RESVERATROL SYNERGY	60	TAB	20.95	16.76						
23391	CARNITINE 500 TARTRATE	50	CAP	22.95	18.36	51940	JARRO DOPHILUS EPS	120	VCA	41.95	33.56	52992	RESVERATROL SYNERGY	120	TAB	37.95	30.36						
23392	CARNITINE 500 TARTRATE	100	VCA	41.95	33.56	63623	JARRO DOPHILUS EPS 25B	30	CAP	39.95	31.96	42741	RHODIOLA ROSEA	60	CAP	31.95	25.56						
38261	CARNITINE LIQ 1000 LL	16Z	LIQ	22.95	18.36	67000	JARRO DOPHILUS EPS 25B	60	VCA	73.95	59.16	56003	RIBOSE 1000 MG CHW BER	90	CHW	23.95	19.16						
39090	CARNOSINE 500 MG	90	CAP	52.95	42.36	62800	JARRO DOPHILUS SENIOR	60	CAP	29.95	23.96	35278	RIBOSE PWD	100	PWD	21.95	17.56						
43873	CAROTENAL	60	SGC	27.95	22.36	56441	JARRO DOPHILUS ULTRA	60	VCA	42.95	34.36	50504	RIBOSE PWD 200 GRAMS	200	PWD	39.95	31.96						
33664	CHLORELLA PWD(YAEYAMA)	100	PWD	15.95	12.76	24549	JARRO DOPHILUS + FOS CAP	100	CAP	19.95	15.96	67165	S ACETYL L GLUTATHIONE	60	TAB	39.95	31.96						
27504	CHLORELLA YAEYAMA CAP	30	CAP	16.95	13.56	27359	JARRO DOPHILUS + FOS CAP	200	CAP	29.95	23.96	55652	SACCHAROMYCE BOUL + MOS	30	VCA	15.95	12.76						
37751	CHRYSIN 500	30	CAP	29.95	23.96	23387	JARRO DOPHILUS + FOS PWD	2.5	PWD	23.95	19.16	60280	SACCHAROMYCES BOULARDI	180	VCA	54.95	43.96						
34648	CITICOLINE 250 MG	60	CAP	33.95	27.16	23126	JARRO ZYMES PLUS	100	CAP	18.95	15.16	24551	SACCHAROMYCES BOULARDI	/90	CAP	30.95	24.76						
59585	CITICOLINE 250 MG	120	CAP	57.95	46.36	52494	JARRO ZYMES PLUS VEG	60	CAP	13.95	11.16	33012	SAM E 200	20	TAB	15.50	12.40						
62629	CITRUS BERGAMOT EXT	60	CAP	42.95	34.36	63306	JARRSIL	60	CAP	24.95	19.96	37220	SAM E 200 MG	60	TAB	39.95	31.96						
36248	CLA 750 TONALIN	100	SGC	22.95	18.36	55617	JARRSIL	30M	LIQ	15.95	12.76	42070	SAM E 400 MG	30	TAB	39.95	31.96						
35028	CMO TRUE 380 MG	60	CAP	25.95	20.76	56406	JARRSIL 60ML	60M	LIQ	24.95	19.96	65553	SAM E 400 MG	60	TAB	69.95	55.96						
52490	COCONUT OIL EXTRA VIRG	32Z	LIQ	26.95	21.56	28956	JOINT BUILD	120	TAB	25.95	20.76	41946	SAM E JOINT W/GLUC	60	TAB	41.95	33.56						
58065	COCONUT OIL EXTRA VIRG	120	SGC	16.95	13.56	56807	JOINT BUILDER ULT JRW/	90	TAB	27.95	22.36	43017	SAM E 400 MG	120	SGC	25.95	20.76						
33211	COCONUT OIL ORGANIC	16Z	LIQ	11.95	9.55	67162	K RIGHT K1/MK4/MK7/D3	60	SGC	47.95	38.36	24535	SAW PALMETTO EXT CAP	60	SGC	14.95	11.96						
61854	COCONUT OIL ORGANIC	32Z	LIQ	18.95	15.16	42728	KRILL OIL 600 K REAL	60	SGC	33.95	27.16	27728	SELENIUM SYNERGY	60	CAP	14.95	11.96						
45669	COCONUT OIL XTRA VIRGN	16Z	LIQ	14.95	11.96	42727	KRILL OIL 600 K REAL	30	SGC	17.95	14.36	61459	SHILAJIT FULVIC ACID	60	VCA	23.95	19.16						
67419	COLLAGEN FISH TYPE I	180	TAB	24.95	19.96	37427	LACTOFERRIN 250 MG	60	CAP	49.95	39.96	58987	SLEEP OPTIMIZER	60	VCA	21.95	17.56						
66721	COLLAGEN OPTIMIZER PWD	5.8	PWD	29.95	23.96	29423	LIPIC ACID 100 MG	180	TAB	23.95	19.16	55621	SLEEP OPTIMIZER	30	VCA	13.95	11.16						
56676	COLLAGEN TYPE II	60	CAP	20.95	16.76	39618	LIPIC ACID 100 MG	90	CAP	16.95	13.56	38973	SOD SORB (TOCO LIFE)	100	CAP	12.95	10.36						
34792	COLOSTRUM PRIME LIFE	120	CAP	26.95	21.56	26684	LIPIC ACID 100 MG	60	TAB	11.95	9.55	66838	THEANINE 100 GUMM APPL	60	CHW	24.95	19.96						
23886	COQ10 100 MG	60	CAP	21.95	17.56	59190	LIPIC ACID 300 MG S/R	120	TAB	39.95	31.96	39098	THEANINE 100 MG	60	CAP	15.95	12.76						
34562	COQ10 100 MG Q ABSORB	60	SGC	35.95	28.76	32968	LIPIC ACID 300 S/R	60	TAB	24.95	19.96	54932	THEANINE 200	60	CAP	25.95	20.76						
52583	COQ10 100 MG Q ABSORB	120	SGC	49.95	39.96	52813	LIVER OPTIMIZER PF TAB	90	TAB	33.95	27.16	37034	TMG 500 TAB	120	TAB	14.95	11.96						
41343	COQ10 200 MG	30	CAP	17.95	14.36	36603	LUTEIN 20 MG SGC	60	SGC	17.95	14.36	29221	TMG TRI METHYL CRYST	50G	PWD	9.95	7.96						
41344	COQ10 200 MG	60	CAP	31.95	25.56	61163	LUTEIN 20 MG SGC	120	SGC	33.95	27.16	41315	TOCO SORB (TOCO LIFE)	60	SGC	25.95	20.76						
23414	COQ10 30 MG	60	CAP	11.95	9.55	36602	LUTEIN 20 MG SGC	30	SGC	9.95	7.96	34437	TRIBULUS COMPLEX	60	TAB	19.95	15.96						
23415	COQ10 30 MG	150	CAP	21.95	17.56	27065	LYC SORB 10 MG PRLIPS	60	SGC	21.95	17.56	55329	TRYPTOPHAN 500 MG	60	VCA	21.95	17.56						
34684	COQ10 30 MG Q ABSORB	120	SGC	25.95	20.76	24567	LYSINE 500 MG	100	CAP	9.95	0.00	24563	TYROSINE 500 MG CAP	100	CAP	13.50	10.80						
23416	COQ10 60 MG	60	CAP	17.95	14.36	68224	MACULA PROTECTIVE FACT	30	SGC	23.95	19.16	52225	VENOUS OPTIMIZER PF	90	TAB	29.95	23.96						
38843	CRAN CLEARANCE	100	CAP	18																			

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



water.

Cautions: Do not use during pregnancy or nursing; long term use might possibly cause water retention and/or edema; theoretically, could increase blood pressure at higher doses and over long term use.

Liver Support

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

1 fl oz - Regular (alcoholic), Product Code: 56948
1 fl oz - Alcohol Free, Product Code: 56971

Who can benefit from this supplement?

- Those who feel they would benefit from:
 - a systemic cleansing stimulant
 - a specific liver function stimulant
 - protecting the liver from exposure to toxins
 - skin cleansing via liver detox
 - bile stimulation

In many medical approaches, the liver is central to a myriad of health problems.

Phyto-Tech™ Liver Support comes in a liquid herbal form, regular and alcohol free, as well as a standardized liquid filled Veggie Cap. The latter is standardized to Silymarin content, and will be discussed in the next monograph.

Ingredients:

The liquid supplement contains the following herbs: Fresh Dandelion Root, Red Root, Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Fresh Ginger Root, Fringe Tree Bark.

Note: Phyto-Tech™ Liver Support formula is available in four different forms:

- Liquid Fluid Extract - 1 fl. oz.
Product Code: 56948 (see Liver Support)

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

- Alcohol Free Fluid Extract - 1 fl oz
Product Code: 56971 (see Liver Support)
- Liquid Filled Veggie Caps - 60 Caps
Product Code: 57048 (see Liver Support Caps)
- Fresh Ground Powder filled VeggieCaps
90 Caps - Product Code: 67454 (see Liver Support Caps)

Liver Support Caps

Standardized, Liquid Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

60 Liquid Filled Veggie Caps - Product Code: 57048

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a liquid filled Veggie Cap was developed, with added standardized Silymarin content.

Ingredients:

Each Phyto-Tech™ Liver Support Standardized liquid filled Veggie Cap contains the following: Silymarin, Standardized, from Milk Thistle) 80 mg., with Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Burdock Root, Dandelion Root, Red Root, Fringe Tree Bark

Cautions: see next Liver Support Capsules monograph.

Liver Support Caps

Standardized Powder Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

90 Veggie Caps - Product Code: 67454

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a fresh ground, powder filled Veggie Cap was developed, with added standardized Silymarin content.

Ingredients:

Each Veggie Cap contains: Oregon Grape Root, 100 mg, Milk Thistle Seed & Extract, 100 mg, providing 40 mg Silymarin, Yellow Dock Root, 75 mg, Dandelion Root, 75 mg, Burdock Root, 50 mg, Red Root, 25 mg. The veggie cap contains Modified Vegetable Cellulose (The herbs are organic or ethically wild harvested. 100% gluten free.

Dosage:

Take one capsule with water, 1-3 times per day, depending on the pace of the cleanse desired.

Indications: Phyto-Tech™ Liver Support can be used as a systemic (all over) cleansing stimulant, a specific liver stimulant to increase all liver function, a liver protectant, a treatment for liver stagnation or deficiency, skin cleanser via liver cleansing and a bile stimulant that will increase fat digestion and protein synthesis.

The amount of the active part of Milk Thistle, called Silymarin, is concentrated to a significant amount beyond what can be achieved in liquid extracts. Silymarin has been researched in numerous studies which show it protects the liver and helps regenerate healthy liver cells.

The liver is responsible for a majority of blood cleansing. By stimulating the liver with Liver Support, all the blood moving

... continued on page 72

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)


17818	KYOLIC 104 W/LECITHIN	200	CAP	25.45	20.36	66692	ARTERIAL PROTECT	30	VCA	48.00	38.40	63870	CURCUMIN W/GINGER &TUR	30	SGC	30.00	24.00
17817	KYOLIC 104 W/LECITHIN	100	CAP	13.99	11.19	60988	ARTHROMAX ADV UC II	60	CAP	36.00	28.80	58681	D AND K W/SEA IODIN	60	CAP	24.00	19.20
22058	KYOLIC 105 W/SEL/A/E	200	CAP	28.49	22.79	67427	ARTHROMAX HERBAL JOINT	60	VCA	40.00	32.00	53683	D RIBOSE PWD 150 GRAMS	150	PWD	27.50	22.00
32266	KYOLIC 106 CIRCULATION	300	CAP	40.45	32.36	56168	ASHWAGANDHA EX OPTIM	60	VCA	10.00	8.00	52560	D3 1000 IU SGC	250	SGC	12.50	10.00
17820	KYOLIC 106 CIRCULATION	100	CAP	16.49	13.19	63897	ASIAN ENERGY BOOST	90	VCA	24.00	19.20	52488	D3 5000 IU	60	SGC	11.00	8.80
21610	KYOLIC 106 CIRCULATION	200	CAP	28.95	23.16	63127	ASTAXANTHIN PHOSLI 4 MG	30	SGC	16.00	12.80	58872	D3 7000 IU	60	CAP	14.00	11.20
43218	KYOLIC 108 HEART	100	CAP	16.49	13.19	63856	B COMPLEX COMPLETE	60	VCA	12.00	9.60	68042	DAY CRM SKIN CARE	1.6	CRM	50.00	40.00
56546	KYOLIC 109 BLOOD PRESS	80	CAP	27.45	21.96	54044	BEINFOTAMINE MEGA 250	120	VCA	30.00	24.00	52196	DHEA 100 MG	60	VCA	24.00	19.20
65989	KYOLIC 109 FORMULA	160	CAP	46.95	37.56	54043	BENFOTAMINE W/THIAMIN	120	VCA	19.95	15.96	54735	DHEA 15 MG	100	CAP	14.00	11.20
51734	KYOLIC 110 W/COQ10	100	CAP	30.95	24.76	56453	BERRY COMPLETE	30	VCA	21.00	16.80	52316	DHEA 25 MG CAP	100	CAP	18.00	14.40
61659	KYOLIC CURCUMIN	50	CAP	31.95	25.56	58955	BERRY COMPLETE ENHANCE	60	VCA	29.00	23.20	52315	DHEA 25 MG CHW	100	CHW	14.00	11.20
17823	KYOLIC LIQ GAR	4.2	LIQ	29.95	23.96	61875	BIO COLLAGEN W/ UC II	60	CAP	36.00	28.80	61357	DHEA 50 MG	60	CAP	19.00	15.20
17824	KYOLIC LIQ GAR	2.2	LIQ	16.99	13.59	59824	BIOACTIVE MILK PEPTIDE	30	VCA	18.00	14.40	62984	DHEA COMPLETE	60	VCA	48.00	38.40
22943	KYOLIC OMEGA 3	90	SGC	25.95	20.76	62496	BLACK CUMIN SD OIL 500	60	SGC	16.00	12.80	52520	DIGEST RC	30	TAB	14.00	11.20
65594	KYOLIC ONE PER DAY	60	CAP	25.45	20.36	62521	BLACK CUMIN W/BIO CURM	60	SGC	32.00	25.60	66946	DIGESTIVE ENZY W/ PROB	60	VCA	28.00	22.40
44680	KYOLIC ONE PER DAY	30	CAP	13.99	11.19	67293	BLOOD PRESS 3X ACTION L	60	TAB	44.00	35.20	52191	DIGESTIVE ENZYMES SUPR	60	CAP	22.00	17.60
25640	KYOLIC RESERVE 600	120	CAP	28.95	23.16	67294	BLOOD PRESSUR DUAL ACT	60	TAB	44.00	32.50	66345	DOPAMIND WILD GREN OAT	60	TAB	48.00	38.40
65686	LUCKY 7 MENS PERFORM	60	VCA	30.99	24.79	59402	BLUEBERRY EXT W/POMEGR	60	CAP	30.00	24.00	63574	EFFERVESCENT VIT C MAG	180	PWD	20.00	16.00
29201	NEURO LOGIC	120	CAP	33.95	27.16	52165	BLUEBERRY EXTRACT CAPS	60	VCA	22.50	18.00	65972	ENDOTH DEF POM & CORDI	60	SGC	68.00	54.40
31895	PROSTA LOGIC	60	CAP	39.45	31.56	68041	BODY LOT SKIN CARE	6.2	LOT	28.00	22.40	59031	ENDOTHELIAL DEFENSE	60	VCA	54.00	43.20
63835	RED YEAST RICE W/COQ10	75	CAP	22.95	18.36	52167	BONE RESTORE	120	CAP	22.50	18.00	68166	EPA DHA CLEARLY	120	SGC	30.00	24.00
						62932	BONE RESTORE W/ K2	120	CAP	24.00	19.20	67275	EPA DHA MEGA	120	SGC	20.00	16.00
						52173	BP MANAGEMENT NATURAL	60	TAB	44.00	35.20	67553	ESOPHACOOL CHW	120	CHW	20.00	16.00
						63888	BRAIN SHIELD GASTRODIN	60	VCA	33.00	26.40	63782	ESOPHAGEAL GUARDIAN	60	CHW	36.00	28.80
						52460	BRITE EYES III	2	VIL	34.00	27.20	68190	ESTROGEN NATURAL	30	TAB	30.00	24.00
						55265	BROMELAIN COATED	60	TAB	21.00	16.80	58717	EUROPEAN LEG SOLUTION	30	TAB	20.00	16.00
						53086	C 1000 W/DIHYDROQUERC	250	TAB	25.50	20.40	60364	EYE PRESSURE SUPPORT	30	VCA	38.00	30.40
						58294	CAL D GLUCARATE 200 MG	60	VCA	18.00	14.40	63992	FLORASSIST BALANCE LIQ	30	VCA	32.00	25.60
						64826	CAL REDUCE CHW	120	CHW	45.00	36.00	67405	FLORASSIST GI	30	VCA	33.00	26.40
						62383	CARDIO PEAK HAWTH ARJ L	120	VCA	36.00	28.80	65092	FLORASSIST HEART PROB	60	VCA	32.00	25.60
						52169	CARNITINE OPTIMIZED	60	VCA	30.00	24.00	68017	FLORASSIST IMMUNE HEAL	30	VCA	26.00	20.80
						55107	CARNOSINE SUPER	60	VCA	40.00	32.00	66597	FLORASSIST MOOD	60	CAP	33.00	26.40
						65744	CHOL SUPPORT	60	LVC	52.00	41.60	57227	FLORASSIST ORAL HYGIEN	30	LOZ	20.00	16.00
						52923	CINSULIN ENHAN CINNULIN	90	VCA	38.00	30.40	66208	FLORASSIST THROAT HEAL	30	LOZ	20.00	16.00
						65177	CISTANACHE STD 210 MG	30	VCA	20.00	16.00	57354	FOLATE OPTIMIZED	100	TAB	19.00	15.20
						68132	COCOAMIND MINT CHOC PK	14	PAK	24.00	19.20	64782	FORSKOLIN 10 MG	60	VCA	16.00	12.80
						60860	COFFEENIC 400 GRN CF	90	VCA	38.00	30.40	60097	FUCODAN OPTIMIZED	60	VCA	36.00	28.80
						63852	COGNITEX W/ BRAIN SHLD	90	SGC	60.00	48.00	62630	GAMMA E TOCOPHER/TOCOT	60	SGC	40.00	32.00
						52194	COGNITEX W/ PREGNENOL L	90	SGC	62.00	49.60	52178	GAMMA E TOCOPHEROLS	60	SGC	32.00	25.60
						68167	COMFORTMAX AM/PM	60	TAB	44.00	35.20	67346	GASTRO EASE	60	VCA	44.00	35.20
						53962	COQ10 100 MG UBIQ SUP	60	SGC	56.00	44.80	66727	GLUCOSAM CHOND 400 400	100	CAP	38.00	30.40
						63764	COQ10 100 UBIQ BIOPQQ	30	SGC	54.00	43.20	52415	GLUTATHIONE C & CYSTEN	100	CAP	20.00	16.00
						52163	COQ10 100 W/D LIMON	100	SGC	46.00	36.80	68047	GLYCEMIC GUARD	30	VCA	42.00	33.60
						62414	COQ10 200 MG UBIQUINOL	30	SGC	62.00	49.60	63871	GLYCINE 1000 MG	100	VCA	12.00	9.60
						52172	COQ10 50 MG ENHAN SUP	60	SGC	25.00	20.00	52198	GRAPE SEED EXT 100 MG	60	VCA	36.00	28.80
						67498	CORTISOL BALANCE NATURA	/30	VCA	45.00	36.00	52201	GREEN TEA EXT MEGA DEC	100	CAP	30.00	24.00
						58501	CRANMAX 500 MG L	60	VCA	17.50	14.00	52202	GREEN TEA EXTRACT 725	100	CAP	30.00	24.00
						58511	CRANMAX OPTIMIZED	60	VCA	18.00	14.40	66569	HAIR SKIN NAILS REJUV	90	TAB	24.00	19.60
						53660	CREATINE NICONIZED	120	VCA	10.95	8.76	65814	HEALTH BOOST ONCE DAIL	60	SGC	54.00	43.20
						62382	CREATINE WHEY GLUTAMIN	162	PWD	30.00	24.00	53288	HEPATAPRO 900 MG	60	SGC	50.00	40.00
						58251	CRUCIFEROUS TRIPLE ACT	60	VCA	32.00	25.60	60519	HOMOCYSTEINE RESIST	100	VCA	24.00	19.20
						54588	CURCUMIN SUPER BIO 400	60	VCA	38.00	30.40	65176	IMMUNE SENESCENCE PROT	60	VCA	40.00	32.00

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The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit
Don's Blog
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

through the liver will get cleaned out on an accelerated level. At the same time Liver Support will help to prevent the liver from degenerating by arresting liver necrosis and bringing down elevated liver enzymes if elevated. It is a specific for hepatitis C.

Liver Support will decrease how the liver breaks down naturally occurring cortisone, thereby systemically decreasing inflammation.

It will also decrease hepatic portal congestion that occurs from too much fat in the diet (Red Root) and thereby decrease sticky blood and lymph. It can help decrease hemorrhoids, pelvic congestion, fatty sticky stools and all the symptoms that result from thick blood.

As a treatment for liver deficiency or liver stagnation, Liver Support can facilitate a healing on a constitutional level for an array of symptoms including, PMS, headaches, indigestion, hayfever, poor fat and protein digestion, fatigue or chronic fatigue syndrome.

Leaky gut syndrome is a combination of events. Liver Support can help by increasing gut digestive acidity and antibacterial function to help remove some causative factors behind leaky gut syndrome.

Contra-indications and Cautions: Pregnancy; Alcohol or drug addiction (be careful as an acute healing crisis can manifest); Do not use if already acutely detoxing, especially if acutely detoxing from addictions such as alcohol. Be careful if liver enzymes are elevated by going slowly.

Aggressive detoxification and herbal liver stimulants may increase the rate of metabolic breakdown of some medications, especially those medications that are broken down in the liver. This can create an undesirable situation where medications are not working (i.e. beta blockers, anti-depressants) and detoxification would be contraindicated. One may need to adjust the dosage of such medications while working with their health care professional.

Lobelia 1:2

Medically, Lobelia is known as a parasymphomimetic. It stimulates the parasympathetic nervous system, countering the effect of adrenal stimulation and stress.

1 fl oz - Product Code: 56988

Who can benefit from this herbal supplement?

- Those suffering from excess adrenal stimulation and stress, including anxiety, panic attacks, insomnia, ADHD and nervousness.

Lobelia contains an alkaloid called lobeline that is chemically similar to nicotine. Lobelia will decrease the physical craving for cigarettes as lobeline fools the binding sites that are looking for nicotine. Lobelia has historically been used to help one who wants to quit smoking. It also calms the stress one goes through and opens the lungs to help expectorate. It is perfect in its action for smoking cessation.

Ingredients:

Phyto-Tech™ Lobelia 1:2 contains fresh lobelia inflata herb, (500 mg/ml, or 30 drops), pure grain alcohol, and pure deionized water.

Dosage:

General and long term dosage is 10-30 drops, 2-3 times daily in juice or water. For acute, short term needs, one can take 10-30 squirts every hour as needed.

Use caution if you have low blood pressure, and do not use during pregnancy.

Lustrous Hair

A herbal blend based on Traditional Chinese Medicine that stimulates hair growth and healthy, lustrous hair.

2 fl oz - Product Code: 57733

Who might benefit from this herbal supplement?

- Those who suffer from hair loss or thinning, brittle, dull hair.

Ingredients:

Phyto-Tech™ Lustrous Hair contains Fo-Ti Root 230 mg, Rehmannia Root 220 mg, Astragalus Root 110 mg, Dong Quai Root 90 mg, White Peony Root 90 mg, Safflower Flower 70 mg, Chinese Salvia Root 60 mg, Liguisticum wallichii Rhizome 60 mg. Alcohol Pure Grain, Water Pure Deionized

Cautions: Do not take during pregnancy or while nursing. Keep out of the reach of children.

Dosage:

30 drops, 1-2 times a day, in juice or water. Shake well before using.

References:

For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Lustrous Hair."

Lymphatic Complex

A blend of herbs affecting the lymphatic system.

1 fl oz - Product Code: 56997

Ingredients:

Phyto-Tech™ Lymphatic Complex contains: Red Root, Fresh Ocotillo Bark, Stillingea Root, Fresh Astragalus Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day until symptoms

. . . continued on page 74

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Folic Acid Reduced Chances of Stroke in Those with High Blood Pressure and Diabetes

Greatest benefit found in those who also had high blood sugar or diabetes.

Earlier studies found folic acid protected against a first stroke, but this is one of the first studies of folic acid and stroke in those with diabetes.

The study covered 20,327 men and women with high blood pressure, with or without diabetes, and no history of adverse heart or circulatory events. About half took 10 mg of the blood pressure medication enalapril, with or without 800 mcg of folic acid per day.

Over the 4.5 years of follow-up, those with high fasting blood sugar levels-at or above 126 mg per deciliter of blood (mg/dL)-or those who had diabetes, were twice as likely as those with low fasting blood sugar levels of 90 mg/dL to have had a stroke.

Folic acid reduced chances of stroke across a wide range of fasting blood sugar levels, but the reduction was greatest in those with high fasting blood sugar.

This shows that it is especially important for those who have diabetes, or high blood sugar levels, along with high blood pressure, to take folic acid supplementation.

Reference: American Journal of Clinical Nutrition; January, 2017, Published Online

Willner Chemists Product Recommendation:

Metagenics FolaPro 60 Tablets

Product Code: 40222

Metagenics FolaPro 120 Tablets

Product Code: 43925

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best suited for your specific needs.



Seasonal and Immune System Support*

Support for nasal and ocular health during pollen season*

Aller-Aid™ L-92® supports nasal and ocular health during pollen season, and has been consistently shown to support quality of life.* It contains sterilized, powdered *L. acidophilus* L-92®, a specific well studied immunobiotic strain.* The term 'immunobiotic' is defined as a microbe, often heat-killed, which promotes the immune system through activation of gut immunity.*

Key Features

- Supports nasal and ocular health during pollen season*
- *Lactobacillus acidophilus* L-92® immunobiotic helps balance Th1/Th2 and other immune cytokines*
- With Boswellia, Luteolin, and non-GMO vitamin C

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

L-92® is a trademark of Asahi Calpis Wellness Co., Ltd., Tokyo, Japan.



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



libido in both men and women. This is thought to be due in part to the effect of alkaloids in Maca that act on the hypothalamic-pituitary axis. For perimenopause and post menopause, Maca can help reduce hot flashes and night sweats, improve mood, lessen irritability and anxiety, decrease sexual dysfunction, and increase energy levels. Maca can also help reduce the sexual dysfunction and lowered libido often experienced by those taking selective serotonin reuptake inhibitors (SSRI's) for depression.

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (For nutritional support)
- Ginseng Energy Blend (Formula for energy)
- Adrenal Adaptogen Complex (Adaptogen formula)

Dosage:

Veggie Cap: Take 2 caps, 1-2 times per day.
Powder: One teaspoonful, once per day, or as directed by a health care professional.

Male Virility

A blend of well-researched herbs known to enhance men's libido and sexual performance.

1 fl oz - Product Code: 57731

Who might benefit from this herbal supplement?

- Those men who suffer from decreased libido or impaired sexual function.

Ingredients:

Phyto-Tech™ Male Virility contains Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg.

Cautions: There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physical to determine if such problems exist.

Use this product under the supervision of a health professional.

Dosage: 30 drops, once per day in juice or water.

Complimentary Formulas:

- Phyto-Tech™ BPH Complex.

References:

For more information on this herbal blend, go to www.willner.com and look for the article in the Reference Library section.

Menopause Complex

Support for the hormonal transition of menopause.

1 fl oz - Product Code: 57084

Who can benefit from this supplement?

- Those women experiencing menopausal symptoms, include hot flashes and mood swings.

Ingredients:

Phyto-Tech™ Menopause Complex contains the following herbs: Chaste Tree Berries, Black Cohosh Root, Lobelia Herb, Wild Yam Root, Dong Quai Root, Milk Thistle Seed, Motherwort Herb.

Menses Complex

A female tonic that helps regulate the menstrual cycle and relieve PMS symptoms.

1 fl oz - Product Code: 57053

Who can benefit from this supplement?

- Those women who have PMS, irregular cycles, discomfort. Phyto-Tech™ Menses Complex needs to be taken for from one to three months to see full and lasting effects.

Ingredients:

Phyto-Tech™ Menses Complex contains the following herbs: Chaste Tree Berry, Wild Yam Root, Dong Quai Root, Red

Raspberry Leaf, Licorice Root, Oregon Grape Root, Fresh Garrya Leaf, Cramp Bark, Nettles Leaf.

Milk Thistle Seed

Supports and protects healthy liver function.

1 fl oz - Regular (alcohol) - Product Code: 56952

1 fl oz - Alcohol Free - Product Code: 56954

90 Veggie Caps - Product Code: 60134

Who can benefit from this supplement?

- Those with liver disease, hepatitis, alcoholism, drug users, elevated liver enzymes, exposure to toxins in the environment.

Ingredients:

Phyto-Tech™ Milk Thistle Seed 1:3 contains certified organic Milk Thistle Seed, 333 mg per 30 drops. Also available in a veggie cap, with each Phyto-Tech™ Milk Thistle capsule containing 250 mg of Milk Thistle Seed (standardized at 80% silymarin) and 200 mg of certified organic Milk Thistle Seed. (Product Code: 60134)

Mint Breath Spray Concentrate

New, Stronger Formula; A natural, refreshing breath spray to combat bad breath.

1 fl oz - Product Code: 57732

Phyto-Tech™ Mint Breath Spray Concentrate is a new stronger formula. containing Peppermint, Cinnamon, Lo Han Guo Fruit Extract and Chlorophyll in a Vegetable Glycerine Base.

Mint Breath Spray Concentrate is a convenient herbal remedy to quickly combat bad breath. Bad breath or halitosis can be caused by numerous circumstances, including spicy and pungent foods, poor dental hygiene, dry mouth, tobacco use, infection in the respiratory tract or sinuses and poor digestion.

... continued on page 77

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



MEDITREE AUSTRALIAN

67539	CLNS SCRUB MASK TEA TR	1.8	CRM	16.50	14.85
67540	FACE CREAM KAKADU PLUM	1.8	CRM	16.90	15.21
67538	FACE SERUM KADADU PLUM	1.7	SPY	34.95	31.45
67537	KAKADU PLUM CRM CLEANS	3.5	CRM	16.90	15.31

MEGAFOOD

31196	B CMP BALANCED NEW FRM	90	TAB	44.56	40.10
31329	B COMPLEX BALANCED	60	TAB	34.56	31.10
61536	B12 VEGAN	30	VCA	20.56	18.50
10537	BABY AND ME	120	TAB	46.15	41.53
33658	BALANCED MINERALS DAIL	90	TAB	37.76	33.98
34688	BLOOD BUILDER	60	TAB	19.56	17.60
41731	BLOOD BUILDER	90	TAB	30.96	27.86
60903	C COMPLEX DAILY FOODS	60	TAB	19.96	17.96
58394	D3 1000 IU	60	TAB	26.96	24.26
64669	DAILY ENERGY PWD	52G	PWD	24.96	22.46
60470	KIDS ONE DAILY	30	TAB	20.36	18.32
67654	MEGA FLORA FOR WOMEN	90	VCA	46.56	41.90
44192	MEGAFLORA	60	VCA	61.96	55.76
60472	MEN OVER 40 ONE DAILY	60	TAB	48.96	44.06
67158	MEN OVER 40 ONE DAILY	90	TAB	63.16	56.84
62480	MEN OVER 55 TAB	60	TAB	34.96	31.46
62762	MENS ONE DAILY	30	TAB	28.76	25.88
61661	SELENIUM	60	TAB	28.36	25.52
39271	SKIN HAIR & NAILS	60	TAB	36.96	33.26
60904	THYROID STRENGTH	60	TAB	44.16	39.74
64668	TURMERIC DAILY PWD	59G	PWD	24.96	22.46
67514	TURMERIC STRENGTH JNTS	60	TAB	50.76	45.68
67513	TURMERIC STRENGTH LIVR	60	TAB	45.36	40.82
67512	TURMERIC STRENGTH WHOL	60	TAB	33.56	30.20
60905	UN STRESS	60	TAB	34.16	30.74
60471	WOMEN OVER 40 ONE DAIL	60	TAB	48.96	44.06
62481	WOMEN OVER 55	60	TAB	34.96	31.46
62763	WOMENS ONE DAILY	30	TAB	28.76	25.88
35631	WOMEN'S ONE DAILY	90	TAB	62.36	56.12

MELLISA B NATURALLY

68104	CLEANSING MILK	3Z	CRM	16.59	13.59
68105	EXFOLIAT MASK PMP COCO	1Z	CRM	24.09	19.27
68106	MICRODERMABRAS SCRUB	1Z	CRM	24.09	19.27
68107	PACK YOUR BAGS EYE CRM	.5Z	CRM	30.09	24.07

METABOLIC RESPONSE

60370	BONE MAXIMIZER III	150	CAP	29.99	23.99
39620	CARDIO CHELATE (EDTA)	180	CAP	39.99	31.99
64769	CHRYSIN 500 MG	30	CAP	24.99	19.99
65629	COQ10 100 MG W/L CARNI	16Z	LIQ	29.99	23.99
32721	CORDYCEPS 750 MG	60	VCA	19.98	15.98
34592	KIDS ATTENTION GELS	90	SGC	29.95	23.96
38344	MSM CRM	4Z	CRM	17.95	14.36

45176 RELAX ALL

13825	500 C METHOXYFLAVONE	270	TAB	54.75	CALL
13822	ADRENOGEN	270	TAB	49.95	CALL
44464	ADRESE	180	CAP	94.25	CALL
39702	ADRESE	60	CAP	34.50	CALL
41134	ADVA CLEAR	126	CAP	80.75	CALL
43613	ANDROGRAPHIS PLUS	90	TAB	62.95	CALL
44040	ARGININE PLUS	120	TAB	35.95	CALL
54907	BIOPURE PROTEIN	12.	PWD	37.50	CALL
13845	BONE BUILDER VEG MTG/27	270	TAB	44.25	CALL
13827	CAL APAT BONE BLD 500	270	TAB	46.50	CALL
26209	CAL APAT BONE BLD ACT	180	TAB	59.25	CALL
13828	CAL APAT BONE BLD BOR	270	TAB	48.50	CALL
44340	CAL APAT BONE BLD FORT	90	CAP	29.50	CALL
53465	CAL APAT BONE BLD FORT	180	CAP	54.50	CALL
59980	CAL APAT BONE BLD MAG	180	TAB	48.50	CALL
30405	CAL APAT BONE BLD W/MG	90	TAB	27.50	CALL
22286	CAL APAT BONE BLD XTRA	90	TAB	28.25	CALL
43921	CAL APAT BONE BLD XTRA	180	TAB	52.25	CALL
43572	CAL APAT CHW BONE BLD	90	TAB	24.50	CALL
33546	CAL APATITE + IPRIFLAV	270	TAB	75.50	CALL
31730	CAL APATITE + IPRIFLAV	90	TAB	29.25	CALL
36568	CANDIBACTIN AR	60	SGC	39.95	CALL
55991	CANDIBACTIN AR	120	SGC	71.50	CALL
36569	CANDIBACTIN BR	90	TAB	39.95	CALL
55992	CANDIBACTIN BR	180	TAB	71.50	CALL
50005	CARDIOGENIC INTEN CARE	90	TAB	38.75	CALL
13722	CARNITINE 250 W/CHR 50	30	TAB	24.95	CALL
38341	CELAPRO (CELL PROTECT)	60	SGC	39.95	CALL
38897	CENITOL 30 SERVINGS	7.8	PWD	36.95	CALL
52958	CERALIN FORTE	90	CAP	55.25	CALL
64845	CERIVA TAB	30	TAB	35.95	CALL
41257	CHOLAREST SC TAB	60	TAB	26.95	CALL
35733	CHONDRO CARE	120	TAB	45.25	CALL
54816	CHONDRO CARE	240	TAB	80.75	CALL
13724	CHROMIUM PICOL	60	TAB	12.95	CALL
36112	CLA ULTRA	60	CAP	41.95	CALL
13830	COLLAGENICS	180	TAB	54.75	CALL
61959	COQ10 300 MG NUTRAGEMS	30	CHW	69.95	CALL
43923	COQ10 ST 100 MG	120	SGC	98.75	CALL
36412	COQ10 ST 100 MG	60	SGC	51.95	CALL
62002	CORATIN	60	TAB	33.95	CALL
13727	CORTICO B5B6	60	TAB	24.95	CALL
13831	CORTICO B5B6	180	TAB	59.75	CALL
51711	D3 1000	120	TAB	18.75	CALL
63274	D3 10000 W/K2 SGC	60	SGC	26.95	CALL
50000	D3 2000 CMP ISOFLOVONE	90	TAB	23.95	CALL
57094	D3 5000 SGC	120	SGC	21.95	CALL
63080	D3 LIQ 1000 IU DROPS	2Z	DRP	25.95	CALL
13729	E 400 SELENIUM	60	TAB	21.95	CALL

43924	E COMPLEX 1:1	180	CAP	60.50	CALL
33810	E COMPLEX 1:1	60	CAP	23.75	CALL
13755	E P O OMEGAG META EPO	90	CAP	20.95	CALL
39727	ENDEFEN	14Z	PWD	49.50	CALL
13851	ENDURA LEMON LIME 1.5#	1.5	PWD	27.95	CALL
67959	EPA DHA 1000 OMEGAGEN	60	SGC	42.95	CALL
44534	EPA DHA 1200 LIQ BAL	7Z	LIQ	30.50	CALL
66818	EPA DHA 2400 LIQ OMEGA	5Z	LIQ	44.25	CALL
13736	EPA DHA 300	90	SGC	15.50	CALL
51289	EPA DHA 720 LEMON	60	SGC	24.50	CALL
44847	EPA DHA 720 LEMON SGC	120	SGC	43.95	CALL
59844	EPA DHA 750 TRIGLYCER	60	SGC	32.95	CALL
13834	EPA DHA COMPLEX	270	SGC	39.50	CALL
41940	EPA DHA EXTRA ENTRIC	60	SGC	21.50	CALL
51169	EPA DHA X STR ENT COAT	120	SGC	38.95	CALL
63208	EPA DHA X STR ENT COAT	240	SGC	69.95	CALL
51204	EPA DHA XTRA STR LEMON	120	SGC	31.75	CALL
58663	EPA DHA XTRA STR LEMON	60	SGC	19.95	CALL
63206	EPA DHA XTRA STR LEMON	240	SGC	57.95	CALL
38316	ESTRIUM TROPICAL MANGO	26Z	PWD	53.25	CALL
50877	ESTRO FACTORS	180	TAB	110.50	CALL
64066	ESTROVERA TAB	90	TAB	94.95	CALL
64104	ESTROVERA TAB	30	TAB	34.95	CALL
36314	EXHILARIN	60	TAB	23.75	CALL
13737	EZ FLEX	60	TAB	26.95	CALL
29883	FEM ESSENTIALS	90	TAB	24.95	CALL
34619	FENUGREEK PLUS	60	TAB	29.95	CALL
21242	FIBROPLEX	120	TAB	30.95	CALL
43925	FOLAPRO	120	TAB	35.75	CALL
40222	FOLAPRO	60	TAB	20.25	CALL
21981	GARLIC SUPER 6000	90	TAB	31.95	CALL
63272	GI SUSTAIN	29.	PWD	71.95	CALL
32850	GINKGO ROSE	90	TAB	34.50	CALL
13835	GLA 240 OMEGAGEN FORTE	60	CAP	58.50	CALL
31911	GLUCOS SULF 500 MG	90	TAB	30.50	CALL
26711	GLUCOS SULF 500 MG	60	TAB	24.25	CALL
36595	GLUTAGENICS PWD	9Z	PWD	63.95	CALL
13836	GLYCOGENICS	180	TAB	53.75	CALL
13741	GLYCOGENICS	60	TAB	20.50	CALL
13837	HEMAGENICS	180	TAB	42.75	CALL
13742	HEMAGENICS	60	TAB	16.75	CALL
62099	HERBULK ULTRA BALANCE	8.7	PWD	25.95	CALL
67920	HERSYNERGY	60	TAB	45.95	CALL
65320	HISSYNERGY	60	TAB	23.75	CALL
67895	INFLAV INTENS CARE NEW	120	CAP	39.95	CALL
51950	INSINASE	90	TAB	64.95	CALL
39515	INTESOL	60	SGC	42.95	CALL
13747	INTRINSI B12 FOLATE	60	TAB	19.25	CALL
13840	INTRINSI B12 FOLATE	180	TAB	50.95	CALL
51476	KAPREX AI	90	TAB	57.25	CALL
53323	KAPREX NEW IMPROVED	60	SGC	56.25	CALL
32750	LICORICE PLUS	60	TAB	24.95	CALL

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Peppermint is an herb that is helpful for many conditions including indigestion, irritable bowel, nausea, congestion, headaches and body aches. Peppermint and its active constituent menthol have significant antiviral and antibacterial activity. Studies support peppermint's use to enhance gastric emptying and reduce nausea. It will increase saliva in the mouth and facilitate healthy digestion. Mint Breath Spray Concentrate also contains Chlorophyll, which is known for its deodorizing properties. Chlorophyll cleanses and detoxifies the digestive tract while promoting digestion. It is an effective remedy for those with chronic bad breath or digestive tract odor. Mint Breath Spray Concentrate can be used for occasional or chronic bad breath. It will deodorize the breath from smoking or tobacco use, illness, infection and eating offending foods such as garlic and onions.

Dosage:

Holding spray nozzle close to the mouth, spray 2-3 times into the mouth as needed. Spray more frequently when desired.

Motherwort 1:3

1 fl oz - Product Code: 57070

Moving On

A natural, effective herbal laxative formula for those occasions when constipation or need for detoxification calls for stronger measures.

90 Veggie Caps - Product Code: 67472

Who might benefit from using this herbal supplement?

- Those with severe constipation, where more gentle measures are not sufficient
- Those who are participating in a limited time cleansing or detoxification program
- Those suffering from irregularity and sluggish bowel due to traveling

Ingredients:

Two veggie caps contain the following:
Wildcrafted Aged Cascara Sagrada Bark 450mg, Wildcrafted Yellow Dock Root 150mg, Organic Triphala Fruit 100mg, Wildcrafted Oregon Grape Root 100mg, Organic Licorice Root 50mg, Organic Gentian Root 50mg, Organic Ginger Root 50mg, and the veggie capsule contains Modified Vegetable Cellulose

Indications:

Phyto-Tech™ Moving On encourages healthy bowel movements and restores tone to weakened bowels. It will help to increase digestion by increasing digestive enzymes, improve assimilation, and stimulate elimination to provide fast and effective relief of constipation and underactive bowels. The formula increases peristalsis (the wave-like contraction that pushes contents through the bowel or colon). Moving On stimulates bile and digestive enzyme production, which strengthens the gastrointestinal tract. It also enhances liver function and helps retain moisture in the intestines. Moving On is a non-cramping, gentle formula.

Cascara is a predictable laxative that increases peristalsis. It softens the stool by helping it to move out more quickly and can assist in painful bowel movements. Yellow Dock stimulates bile production and is often used as a digestive bitter for those with poor digestion. Increasing bile output causes peristalsis to increase which helps assist in normal healthy bowel function. Yellow Dock contains small amounts of anthraquinone glycosides, which give it mild laxative effects. Yellow Dock also promotes the absorption of nutrients by the ileum.

Triphala has been used in the Ayurvedic system of medicine for thousands of years as a bowel tonic and whole body rejuvenator. The formula consists of the three fruits: amalaki, haritaki, and bibhitaki. The combination balances the system by enhancing digestion, drawing stagnated wastes out of the

intestines, and gently encouraging healthy and complete elimination.

Similar in action to Yellow Dock, Oregon Grape and Gentian are bitters that stimulate the liver to produce more bile and other liver enzymes. They essentially increase liver function and are indicated for those with constitutional deficiency patterns in the liver and digestive system. They will increase fat digestion (by increasing bile) and protein digestion (by increasing HCl and pepsinogen), and speedup the rate in which the liver detoxifies the blood as it passes through the liver.

Licorice increases the hormone aldosterone, which increases water retention slightly. It will help hydrate and soften dry stools and acts as a mild laxative. Licorice is soothing to the digestive tract and is known for healing stomach and duodenal ulcers.

Ginger will increase digestive enzymes and speed up the transit time of food that is slow. It essentially increases the fire of digestion. It has a history of use in foods to help digest and move them through the digestive tract. It also helps reduce gas and can help prevent and alleviate nausea.

Contra-indications and Cautions: Pregnancy, Nursing; Colitis, inflammatory bowel, irritable bowel. It is not advisable to use stimulant laxatives regularly over a long period of time follow the advice of your health care professional.

Warning: Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Discontinue if use leads to diarrhea or watery stools. Do not exceed recommended dosage. Keep out of the reach of children.

Dosage:

Take 2 capsules, 1-2 times per day, between meals or just before bedtime. This too shall pass!

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Youthful Skin: Astaxanthin Reduces Oxidative Stress

It's thought that antioxidants slow the aging effects of oxidation on the skin. With age, the skin sheds more cells, has increases in microbial organisms, and less lubricating lipids.

This study looked at the effect of the fat soluble antioxidant, astaxanthin, on the skin.

Thirty-one men and women, aged 40 or older, took 4 mg of astaxanthin per day. After four weeks, a marker for oxidative stress, malondialdehyde, was measured, and found to be lower by 21.7 percent.

Analyzing the skin, doctors found less shedding and lower microbial presence. There was also a significant increase in lipid droplet size, indicating more supple, hydrated, and youthful skin.

Doctors explained the skin is lipidic (oily) in nature, and that lipids provide an important barrier function. The study findings support their theory that a lipid-soluble antioxidant, taken orally, such as astaxanthin would provide protective and restorative effects.

Reference: Nutrition Research; October, 2017, Published Online

**Willner Chemists
Product Recommendation:**

**NOW Foods
Astaxanthin 4mg
90 Softgels
Product Code: 60039**

**Healthy Origins
Astaxanthin 4mg
Vegan Astapure
60 Vegan Softgels
Product Code: 66306**

**The pharmacists and
nutritionists at
Willner Chemists
will be happy to help you
choose the formulation best
suited for your specific
needs.**

Treat Eczema with Probiotics

Atopic dermatitis, the most common form of eczema, is a defect in the skin immune system that causes severe itching, scaling, and surface loss of the skin.

In this study, 50 children and young adults, aged 4 to 17 with moderate atopic dermatitis, took a placebo or a probiotic containing B. lactis, B. longum, and L. casei, while continuing to use topical corticosteroids for skin flare-ups.

After 12 weeks, those taking probiotics saw an 83 percent reduction in symptoms compared to 24 percent for placebo. Also, those on probiotics reduced by 29 percent the number of days requiring topical corticosteroids to treat skin flare-ups.

Commenting on the findings, doctors said probiotics could be used more widely in clinical practice to treat atopic dermatitis.

Reference: JAMA Dermatology; November, 2017, 3647, Published Online

**Willner Chemists
Product Recommendation:**

**Allergy Research
G I Flora - 90 Vcaps
Product Code: 68051**





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Mullein 1:3

1 fl oz - Product Code: 57201

MuscleGestic

A blend of herbs designed to help reduce muscle and nerve pain, and inflammation.

1 fl oz - Product Code: 57035

Who might benefit from this herbal supplement?

- Those suffering from muscle pain; those suffering from fibromyalgia
- Those who wish to shorten recovery time after athletic workouts; those recovering from injuries or accidents.

Ingredients:

Phyto-Tech™ MuscleGestic contains the following: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Black Cohosh Root, Fresh Lobelia Herb, Fresh Betony Herb, Pure Grain Alcohol, Deionized Water.

MuscleGestic has many uses. It helps diminish muscle and nerve pain and inflammation. Skullcap and St. John's Wort decrease the frequency the nerve sends a pain signal to the brain while Devil's Claw decreases inflammation. It can be used as a preventative, for immediate acute pain and for chronic pain.

Unlike a prescription pain medication (potentially addictive and toxic), this non-toxic and non-addictive approach will diminish pain but not paralyze the pain signal completely. This allows for enough pain relief so one can relax and heal rapidly.

Chronic pain can lead to depression and that is addressed with the St. John's Wort in the formula.

As a specific for fibromyalgia and chronic pain disorders, MuscleGestic helps diminish pain and connective tissue

inflammation.

Dosage:

Preventative: Before a painful event (dental visit, deep muscle massage, workout, athletic event) 30 drops minimum and up to 120 drops 1/2 to 1 hour before the event.
Acute dosage: 60-90 drops in water every 2-3 hours until pain subsides. Then 2-3 times daily until not needed.
Chronic pain: 60-90 drops 2-3 times daily in water.
Note: Phyto-Tech™ Arnica Oil 1:6 can be used topically for local muscle pain and inflammation along with MuscleGestic.

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

Liquid Extract: 1 fl oz - Product Code: 57002

Who might benefit from this herbal supplement?

- Those with a weakened immune system; those who frequently catch cold or flu
- Those undergoing chemotherapy; those with serious conditions such as HIB and AIDS.

Ingredients:

Phyto-Tech™ Mushroom Extract Complex contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root, Deionized Water, Pure Grain Alcohol.

Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a long-term tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptogenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy of treatment is actually enhanced. However, it is recommended to consult with your physician before using products of this type.

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot extract. The two liquids are combined to create a full spectrum mushroom extract.

Dosage:

General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.

More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



13750	LIPO GEN	90	TAB	22.95	CALL	65458	SPECTRAZYME METAGEST M	270	TAB	46.25	CALL
35191	LIPOTAIN NO FLUS NIACN	60	TAB	41.75	CALL	65632	SPECTRAZYME PAN 9X ES	90	TAB	43.75	CALL
52114	LIPOTAIN NO FLUS NIACN	180	TAB	107.25	CALL	50514	TESTRALIN	60	TAB	59.25	CALL
13752	MAG CITRATE 200 MG	120	TAB	19.95	CALL	39704	THYROSOL	60	TAB	23.75	CALL
13753	MAG GLYCINATE 100 MG	120	TAB	25.75	CALL	56021	THYROSOL	180	TAB	63.95	CALL
43926	MAG GLYCINATE 100 MG	240	TAB	46.95	CALL	13876	TRAN Q (TCB 12)	60	TAB	27.75	CALL
63715	MEGA 10 OMEGA 7+3	60	SGC	42.95	CALL	67560	ULTRA CALM BAR CHOC	12	BAR	35.95	CALL
45442	META GLYCEMX	120	TAB	82.95	CALL	13860	ULTRA CLEAR 21 SERV	32Z	PWD	76.95	CALL
44050	META GLYCEMX	60	TAB	47.95	CALL	51773	ULTRA CLEAR PLS PH VAN	34Z	PWD	81.95	CALL
53649	META I 3 C	180	CAP	76.95	CALL	23971	ULTRA CLEAR PLUS	32.	PWD	80.95	CALL
38340	META I 3 C	60	CAP	28.25	CALL	51677	ULTRA CLEAR PLUS PN BN	32Z	PWD	80.95	CALL
50309	META LIPOATE 300 MG	30	TAB	40.50	CALL	67153	ULTRA CLEAR RENEW VAN	11B	PWD	84.95	CALL
13757	META STOSTEROL 2.0	90	TAB	42.25	CALL	67716	ULTRA FLORA CONT 10 BL	30	CAP	39.95	CALL
10597	METAFIBER 380GM	380	PWD	25.75	CALL	45603	ULTRA FLORA IB	30	CAP	57.75	CALL
55216	METALLO CLEAR	180	TAB	55.25	CALL	65288	ULTRA FLORA IMMUNE BST	30	CAP	32.95	CALL
67249	METHYL CARE (VESSEL CAR	120	CAP	37.95	CALL	53407	ULTRA FLORA INT LACT F	60	CAP	44.95	CALL
13759	MG K ASPARTATE	60	TAB	16.75	CALL	61999	ULTRA FLORA SPECTRUM	30	CAP	41.25	CALL
43637	MULT INT CAR NO FE ACT	180	TAB	36.95	CALL	67317	ULTRA GLUC CONTCHOC MTG	27Z	PWD	69.95	CALL
13766	MULTI MIN CHELATE	90	TAB	26.25	CALL	65520	ULTRA GLUCOSE CONT CHC	3.1	PWD	119.95	CALL
13760	MULTIGENICS	90	TAB	22.95	CALL	65518	ULTRA GLUCOSE CONT VAN	7PK	PAK	39.95	CALL
13843	MULTIGENICS	180	TAB	41.50	CALL	65521	ULTRA GLUCOSE CONT VAN	3.1	PWD	119.95	CALL
28638	MULTIGENICS INT CARE	180	TAB	36.95	CALL	13809	ULTRA POTENT C 1000	90	TAB	30.95	CALL
13844	MULTIGENICS NO FE	180	TAB	41.50	CALL	30670	ULTRA POTENT C 250 CHW	90	CHW	22.75	CALL
13761	MULTIGENICS NO FE	90	TAB	22.95	CALL	13808	ULTRA POTENT C 500	90	TAB	20.50	CALL
13763	MULTIGENICS ORANGE FLV	90	CHW	28.25	CALL	13786	ULTRA POTENT C PWD	8 Z	PWD	39.50	CALL
51864	MYCOTAKI	90	CAP	46.95	CALL	67561	ULTRA PRO BAR DOU CHOC	12	BAR	35.95	CALL
13770	MYOCALM (MYOPLEX)	60	TAB	11.25	CALL	52715	ULTRA PROSTAGEN CONC	60	TAB	44.95	CALL
21979	MYOCALM (MYOPLEX)	180	TAB	29.95	CALL	54322	ULTRAFLOA ACUTE CARE	APS	CAP	34.25	CALL
13771	MYOCALM + (MYOPX PM)	60	TAB	14.25	CALL	30746	ULTRAFLOA BALANCE MTG	CAP	CAP	38.25	CALL
21980	MYOCALM PLUS MYOPLX PM	180	TAB	33.75	CALL	25087	ULTRAFLOA SYNERGY MTG/	50G	PWD	39.95	CALL
53324	NANO CELL Q COQ10	5 Z	LIQ	38.25	CALL	67708	ULTRAGI REPLENISH VAN	41.	PWD	99.95	CALL
39499	NAZANOL	30	TAB	27.95	CALL	53513	ULTRAINFLAMX + 360 MANG	21.	PWD	69.95	CALL
59195	NIATIN NIACIN 500 MG	120	TAB	26.95	CALL	53514	ULTRAINFLAMX + 360 PINE	2.7	PWD	69.95	CALL
45383	OMEGA EFA NEW	60	SGC	23.95	CALL	45096	ULTRAINFLAMX MANGO	25.	PWD	71.95	CALL
64153	OSTEOANTIV	60	TAB	53.95	CALL	41654	ULTRAMEAL CHOC NEW	23.	PWD	35.75	CALL
56581	OSTERA	60	TAB	53.95	CALL	40742	ULTRAMEAL RICE CHOC	28Z	PWD	39.75	CALL
41668	PERIMINE	60	TAB	35.95	CALL	50413	ULTRAMEAL RICE VAN	22Z	PWD	39.75	CALL
61179	PHYTO MULTI NO IRON	60	TAB	36.50	CALL	45215	ULTRAMEAL WHEY CHOC	23Z	PWD	42.75	CALL
61178	PHYTO MULTI W/IRON	60	TAB	36.50	CALL	45214	ULTRAMEAL WHEY VAN	23Z	PWD	42.75	CALL
57115	PHYTOGANIX SUPERFRUIT	150	PWD	55.25	CALL	44742	VASOTENSIN	120	TAB	57.25	CALL
13785	PNEUMO CAROTENE	60	TAB	20.95	CALL	35272	VENAPLEX (HORSE CHEST)	60	TAB	32.95	CALL
53704	PROTRYPIN	120	TAB	47.95	CALL	61637	WELLNES ESS HEALTH BAL	30	PAK	69.95	CALL
44695	REHAGEN DTX	60	CAP	34.95	CALL	61721	WELLNESS ESSEN PREGNC	30	PAK	64.75	CALL
44056	SELESTRO	60	TAB	40.95	CALL	62001	WELLNESS ESSEN WOM PRM	30	PAK	68.95	CALL
61530	SERENAGEN	60	TAB	20.50	CALL	61531	WELLNESS ESSENT WOMEN	30	PAK	58.75	CALL
13792	SILYMARIN 80	90	TAB	22.95	CALL	50351	WELLNESS ESSENTIAL MEN	30	PAK	68.95	CALL
44238	SINUPLEX	120	TAB	36.75	CALL	13849	ZINC A.G.	180	TAB	29.75	CALL
43927	SPECTRA ZYME COMPLETE	180	CAP	59.25	CALL	35046	ZINC A.G.	60	TAB	12.95	CALL
65583	SPECTRA ZYME COMPLETE	60	CAP	21.95	CALL	13812	ZINC DRINK 140ML	140	LIQ	28.95	CALL
13712	SPECTRA ZYME PAN 9X	90	TAB	26.95	CALL	13813	ZINC TALLY LIQ 120ML	120	LIQ	25.95	CALL
68139	SPECTRAZYME GLUTEN DIG	90	CAP	59.95	CALL	43018	ZINLORI 75 ZINC CARN	60	TAB	51.95	CALL
65785	SPECTRAZYME METAGEST	90	TAB	17.75	CALL						

MICHAELS					
39113	BLOOD PRESSURE FACTORS	90	TAB	29.59	23.67
51522	BLOOD PRESSURE FACTORS	180	TAB	47.69	38.15
53487	CHOLESTEROL METABOLISM	180	TAB	45.39	36.31
66925	D3 + K2 SUB TAB VEG	90	TAB	22.69	18.15
53118	DETOX CLEANSE ULT PAK	42	PAK	38.59	30.87
53112	KIDNEY FACTORS	60	TAB	22.69	18.15
40818	KIDNEY FACTORS	120	TAB	36.39	29.11
MILLCREEK					
30778	CONDITIONER BIOTIN	16Z	LIQ	9.99	7.99
30767	ELASTIN CREAM	4 Z	CRM	15.49	12.39
30784	SHAMPOO KERATIN	16Z	LIQ	9.99	7.99
MILLER PHARMACAL					
10680	CALCIUM	100	TAB	12.40	9.92
10657	MG ASPARTATE	100	TAB	14.00	11.20
31319	MG TAURINE FORTE	180	CAP	35.60	28.72
10666	MIL ADREGEN	180	TAB	43.60	34.88
MINAMI NUTRITION					
53458	CARDIO 3 PLUSINZO	60	SGC	48.61	44.00
53455	MORPHA PRENATAL OMEGA3	60	SGC	30.99	27.89
61212	MORPHA PRENATAL ONE DY	30	SGC	19.52	17.57
53453	MOREPA ONE DAILY ORAN	60	SGC	41.04	36.94
62785	MOREPA PLATINUM 1100	60	SGC	43.99	39.59
60004	MOREPA PLATINUM 1100	30	SGC	29.82	26.84
MODERN PRODUCTS					
21840	SWISS KRISS FLK 3.25OZ	3.2	FLK	10.69	8.55
21842	SWISS KRISS TAB	120	TAB	7.69	6.15
21841	SWISS KRISS TAB	250	TAB	17.19	13.75
MODUCARE					
38917	MODUCARE	180	VCA	64.45	51.56
38916	MODUCARE	90	VCA	34.95	27.96
42702	MODUCARE CHW GRAPE	120	CHW	51.45	41.16
43958	MODUCHOL	60	VCAP	27.95	22.36
MONTIFF					
55802	ALANINE 500 MG	50	CAP	18.00	14.40
37191	ALL BASIC 677 MG	200	CAP	63.78	51.02
52207	ALL BASIC PLUS	100	CAP	39.95	31.96
37198	ATP 25 MG ENTERIC PREP	90	TAB	32.00	25.60
43682	B LONG SR	120	TAB	38.72	30.98
44097	HISTIDINE 600 MG	50	CAP	32.00	25.60
61073	LEUCINE 500 MG	50	CAP	18.00	14.40
42209	LIVER PROTECT	180	CAP	88.00	70.40
37549	LYSINE HCl 500 MG	100	CAP	20.00	16.00
42597	N ACETYL L CARNITN 500	90	CAP	34.00	27.20
37204	PROLINE 500 MG PURE	100	CAP	31.00	24.80
45667	PROSTA PROTECT	100	CAP	48.00	38.40

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The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit

Don's Blog
www.dongoldberg.com

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Mushroom Immune Complex

A synergistic blend of 14 powerful organic mushroom mycelia specifically chosen for their powerful action on the immune system.

90 Veggie Caps - Product Code: 67461

Who might benefit from using this product?

- Those with health problems that will benefit from enhanced and optimized immune function
- Those who are suffering from stress, fatigue, debility; those affected by the stress of cancer therapy, recovery programs, etc.
- Those with auto-immune disorders

Ingredients:

Each 525 mg Phyto-Tech™ Mushroom Immune Complex vegetarian capsule contains the following: Certified Organic Mushroom Mycelium of: Maitake, Reishi, Turkey Tail (Coriolus), Chaga, Cordyceps, Shiitake, Lions Mane, Poria cocos, Fomes fomentarius, Agaricus blazei, Mesima, Tremella, Velvet Foot, Zhu Ling (Polyporus umbellatus) in Vegetable Capsules (pullulan).

Properties:

This blend of mushroom mycelium can be characterized as having the following properties: Immuno-Modulating, Antioxidant, Anti-tumor, Anti-Inflammatory, Antidiabetic, Antiviral, Antibiotic, Hepatoprotective

Indications:

Mushroom Immune is a synergistic blend of 14 powerful organic mushroom mycelia. The formula can be used as both a preventative to maintain a strong immune system and protect one from immune breakdown, and as a treatment for those in the midst of immune deficiency, chronic stress and fatigue, debility, illness, and disease. Many diseases are linked to immune dysfunction, including cancer, AIDS/HIV, hepatitis, chronic fatigue syndrome, and autoimmune disorders. Medicinal mushrooms are believed to

have approximately 125 therapeutic effects including, immunomodulating, antioxidant, antitumor, antiviral, antibacterial, antiparasitic, hepatoprotective, and antidiabetic properties. Many of the medicinal benefits of mushrooms are derived from glucan polysaccharides and polysaccharide-peptides found in their cell walls. Polysaccharides are long molecule chains that have antitumor and immunostimulating properties. They have been shown to activate the immune response and potentiate a variety of immune cells including host cells, such as monocytes, neutrophils, dendritic cells, natural killer (NK) cells, and macrophages, plus chemical messengers, such as interferons, cytokines, and interleukins. Some polysaccharides act as immune system enhancers and some have direct cytotoxic effects on cancer cells. Certain immune cells have specific receptors for specific polysaccharides present in mushrooms, such as Dectin-1, TLR and CR3, which explains why mushrooms have such a profound effect on immunity. Research has reported that mushrooms used in combination with each other have a multitude of beneficial effects, including increased longevity and reduced side effects in advanced cancer patients undergoing chemotherapy.

There are fourteen different mushrooms utilized in Phyto-Tech™ Mushroom Immune Complex. Following, you can find more detailed information, including its connection to immune system health, for each of them.

Maitake stimulates regulation of interleukin-1, NK-cells, cytotoxic T-cells, and superoxide anions. The polysaccharides it contains have a unique structure and have been extensively researched for their immunomodulating activity. Maitake's primary polysaccharide, beta-D-glucan is well absorbed orally. It has been shown to enhance immune function and has been studied for its benefits in cancer treatment and blood sugar support. Maitake is considered to be anti-HIV, antihypertensive, antidiabetic, and antiobesity. It is used for prevention and treatment of flu, diabetes, hypertension,

hypercholesterolemia, urinary tract infections, and HIV.

Reishi contains numerous polysaccharides as well as triterpenes and amino acids that increase immunity and provide cardiovascular and blood sugar support. It stimulates circulation and helps lower blood pressure. Its water-soluble polysaccharides have been shown to have antitumor and immunostimulating activity. Studies report Reishi helps reduce cholesterol, blood pressure, and blood sugar levels, inhibits platelet aggregation, and alleviates altitude sickness. It is analgesic, anti-inflammatory, antibacterial, antioxidant, antiviral, and demonstrates anti-allergic activity.

Turkey Tail, also called Coriolus, has a multicolored cap resembling a turkey tail. It has been heavily researched for its anti-cancer properties and its ability to support immunity. PSK, a water-soluble protein-bound polysaccharide and PSP, a polysaccharide-peptide are two key compounds in Turkey Tail that have been the focus of much research. PSK acts both directly (stimulates immunity) and indirectly (cytotoxic) on tumor cells, and also enhances interferon production to destroy viruses. PSP stimulates the immune system and has anti-cancer properties. Studies report that when used along with traditional cancer treatment, PSK and PSP can increase patient longevity.

Chaga is known by in Siberia as the "Mushroom of Immortality." They consumed it on a daily basis to increase stamina, prevent disease, and promote longevity. It is unlike other mushrooms in that it isn't soft, but very hard like wood, and looks less like a mushroom and more like a large tree growth. It protects itself from harsh climates by concentrating natural compounds in order to survive, making it extremely nutrient dense and powerful in its health benefits. It is high in B vitamins, minerals, enzymes, flavonoids, and phenols. It contains a unique pigment-like phenolic compound called

... continued on page 81

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

52145	TAURINE 500 MG	100	CAP	18.00	14.40
37456	VITA MINZ PLUS	120	CAP	42.00	33.60

MOOR NAT PRODUCTS					
19337	HERBAL MELANGE	8 Z	LIQ	29.99	23.99

MOTHERLOVE HERBAL					
60544	DIAPER RASH & THRUSH	1 Z	CRM	9.95	8.95
63994	GOATS RUE	60	CAP	24.95	22.45
62810	GREEN SALVE	1 Z	SLV	8.95	8.05
60537	MORE MILK PLUS LIQ A/F	2 Z	LIQ	20.95	18.85
60540	NIPPLE CREAM	1 Z	CRM	9.95	8.95
60539	PREGNANT BELLY SALVE	4 Z	SLV	17.95	16.15
63995	TATTOO CARE	1 Z	CRM	9.95	8.95

MUSHROOM WISDOM					
57693	BREATE MATE	120	TAB	59.97	47.97
59451	CHAGA SUPER	120	TAB	39.95	31.96
39597	CORDYCEPS SUPER	120	VTAB	39.95	31.96
39599	CORIOULUS SUPER (TURKEY)	120	VTAB	32.95	26.36
39593	LIONS MANE SUPER	120	VTAB	29.95	23.96
27776	MAITAKE D FRACTION	360	CAP	79.95	63.96
27775	MAITAKE D FRACTION	120	CAP	29.95	23.96
29605	MAITAKE D FRACTION GRF	2 Z	LIQ	22.95	18.36
29604	MAITAKE D FRACTION GRF	4 Z	LIQ	39.95	31.96
25581	MAITAKE D FRACTION PRO	1 Z	LIQ	49.95	39.96
34053	MAITAKE D FRACTION PRO	2 Z	LIQ	89.95	71.96
59975	MAITAKE GRIFRON MUSHRO	120	CPL	34.95	27.96
28159	MAITAKE MAI GREEN TEA	208	TEA	8.95	7.16
59450	MESHIMA SUPER	120	TAB	39.95	31.96
34974	MUSHROOM EMPERORS	120	CAP	39.99	31.99
29678	PROST MATE W/MAITAKE	120	CAP	29.95	23.96
39595	REISHI SUPER	120	VTAB	29.95	23.96
39596	SHIITAKE SUPER	120	VTAB	24.95	19.96
41910	SX FRACTION MAITAKE	270	VTAB	129.95	103.96
39598	TREMELLA SUPER	120	VTAB	29.95	23.96

NANTUCKET SPIDER					
67789	BUG REPELL DEET FR SPR	8 Z	SPY	12.99	12.99
67790	DOGS BUG REPELL DT FR	8 Z	SPY	12.99	12.99
67788	SUMMER CAMP BUG REPELL	8 Z	SPY	12.99	12.99

NATRA BIO					
26950	ADRENAL SUPPORT	60	TAB	10.19	8.15
17989	ADRENAL SUPPORT	1 Z	LIQ	10.99	8.79
53626	ALLERGY & SINUS	60	TAB	9.79	7.83
22894	ALLERGY RELIEF	1 Z	LIQ	9.99	7.99
51346	ALLERGY RELIEF	60	TAB	10.39	8.31
22885	ANIMAL HAIR DANDER DR	1 Z	LIQ	12.59	10.07
60552	ARNICA CREAM THE RUB	4 Z	CRM	12.79	10.23
17955	BLADDER IRRITATION	1 Z	LIQ	10.39	8.31
38681	COLD & SINUS W/ZINC	.8Z	SPY	12.19	9.75

NATRACARE					
57150	TAMPONS COTTON SUPER +	20	PAD	7.79	6.43
66712	TAMPONS REG W/APPLICAT	16	MIS	8.29	6.63
66670	TAMPONS SUP ORG W/APP	16	MIS	8.29	6.63

NATREN					
21819	BIFIDO FACTOR	4.5	PWD	49.95	39.95
24655	BIFIDO FACTOR DF	3 Z	PWD	45.95	36.76
24470	BIFIDO FACTOR DF	60	CAP	35.95	28.76
37562	BIFIDO FACTOR DF CAP	90	CAP	51.95	41.56
36817	DIGESTALAC BULGARC PWD	60	VCAP	35.95	28.76
18019	DIGESTALAC BULGARC PWD	4.5	PWD	49.95	39.96
24498	GYNAETREN VAGINAL KIT	EA	KIT	31.95	25.56
26006	HEALTHY TRINITY CAPS	30	CAP	69.95	55.96
39272	HEALTHY TRINITY CAPS	60	CAP	126.95	101.56
53100	LIFE START II ADUL VCA	60	VCA	54.99	43.99
24845	MEGADOPH DAIRY CAPS	90	CAP	51.95	41.56
18029	MEGADOPH DAIRY PWD	4.5	PWD	49.95	39.96
24401	MEGADOPH DF PWD	3 Z	PWD	46.95	37.56
26628	MEGADOPHILUS D/F CAP	90	VCA	51.99	41.59

NATROL					
55963	5 HTP 100 MG T/R	45	TAB	19.29	15.43
60574	5 HTP 200 MG TIME RELE	30	TAB	24.49	19.59
53046	ACAI 1000 MG	75	VCA	12.29	9.83
58982	ACAI DIET W/GREEN TEA	60	CAP	12.29	9.83
41306	ACIDOPHILUS	100	CAP	10.49	8.39
59679	BIOTIN 10000 MCG MAX	100	TAB	16.99	13.59
50346	BRAINSPEED MEMORY	60	TAB	23.99	19.19
34150	CAL D GLUCARATE 250 MG	60	TAB	26.29	21.03
40609	CARB INTERCE W/PHASE 2	60	CAP	25.09	20.07
44177	CARB INTERCE W/PHASE 2	120	CAP	31.49	25.19
36699	CETYLURE	120	CAP	31.49	25.19
56362	CINNAMON EXT 500 MG	80	TAB	9.99	7.99
29650	CLA TONALIN 1200 MG	60	SGC	19.39	15.51
28960	CLA TONALIN 1200 MG	90	SGC	27.19	21.75
67603	COGNUM	60	TAB	32.99	26.39

NATURADE					
30173	COUGH SYRUP CHILD A/F	8 Z	LIQ	15.85	12.68
18037	EXPEC COUGH SYRUP	8 Z	LIQ	15.85	12.68
23775	EXPEC COUGH SYRUP	4 Z	LIQ	10.09	8.07
18038	EXPEC II COUGH SYRUP	8 Z	LIQ	15.89	12.71
26564	NASAL SPRAY SALIN A	1.5	LIQ	12.45	9.96
22542	VEG PROTEIN SOY FR	29.	PWD	41.69	33.35
21839	VEG PROTEIN SOY FR	14.	PWD	23.79	19.03
18035	WEIGHT GAIN VAN NSA	16Z	PWD	24.89	19.91
27102	WEIGHT GAIN VAN NSA	40.	PWD	45.29	36.23

26508	DHEA 25 MG	90	CAP	23.59	18.87
38818	DHEA 25 MG	300	TAB	28.89	23.11
65206	DHEA 25 MG TAB	180	TAB	19.29	15.43
41373	DHEA 50 MG	60	TAB	10.99	8.79
44342	DHT BLOCKER	60	TAB	45.49	36.39
54520	EASY C 500 VTAB	90	TAB	10.49	8.39
54519	EASY C 500 W/BIO VCAP	240	VCA	33.29	26.63
54518	EASY C 500 W/BIO VCAP	120	VCA	17.49	13.99
28433	GINKGO BILOBA 120 MG	60	CAP	16.49	13.19
45208	GLUCOS CHOND MSM	90	TAB	29.99	23.99
32540	GREEN TEA 500 MG.	60	CAP	11.99	9.59
GUARANA 200		90	CAP	10.49	8.39
50982	HYAL ACID MSM GLUCOS	90	CAP	20.99	16.79
30170	LIPOIC ACID 300 MG	50	CAP	12.29	9.83
50061	LIPOIC ACID 600 MG	30	CAP	12.29	9.83
57171	LIPOIC ACID 600 T/R	45	TAB	15.79	12.63
25632	MELATONIN 1 MG	90	TAB	7.89	6.31
65202	MELATONIN 10 FAST DISS	60	TAB	12.99	10.39
24706	MELATONIN 3	60	TAB	9.99	7.99
24707	MELATONIN 3	120	TAB	16.69	13.35
26351	MELATONIN 3 MG T/R	100	TAB	8.79	7.03
54000	MELATONIN 5 MG T/R	100	TAB	10.49	8.39
67818	MELATONIN ADV + 5 HTP	60	TAB	15.79	12.63
34999	MSM GLUCOSAMINE CREAM	4 Z	CRM	13.99	11.19
21232	MY FAV MULTI NO FE CAP	180	CAP	24.49	19.59
28413	MY FAV TAKE ONE W/O FE	60	TAB	16.69	13.35
55296	NIACIN 500 MG T/R	100	TAB	13.99	11.19
67244	OMEGA 3 1000 MG	150	SGC	12.29	9.83
38290	OMEGA 3 FLAX OIL 1000	90	CAP	10.89	8.71
53049	OMEGA EXTREME FISH OIL	60	SGC	14.89	11.91
37426	PROSTATEXCELL	60	TAB	19.49	15.59
31441	QUERCETIN 250 MG	50	CAP	10.49	8.39
36583	SHEN MIN ADV WOMEN	60	TAB	39.69	31.75
34181	SHEN MIN ADVANCE MENS	60	TAB	39.69	31.75
28014	SHEN MIN HAIR NUTRIENT	90	TAB	33.99	27.19
29188	SHEN MIN TOPICAL	3 Z	LIQ	22.69	18.15
41247	SLEEP N RESTORE	20	TAB	7.89	6.31
31135	SOY ISOFLAVONES	60	CAP	7.89	6.31
33355	WATER PILL CAP	60	CAP	9.99	7.99

NATURAL CARE					
36057	ANXIETY RELIEF	120	TAB	18.19	14.55
51797	CHOLEST CARE	120	CAP	38.59	30.87
38853	HEARALL	60	CAP	34.29	27.43
36059	KIDNEY CARE	60	CAP	17.39	13.91
36061	LUNG SAVER	60	CAP	19.09	15.27
51447	NERVE FIX	60	CAP	34.19	27.35
39931	OPTIALL	60	CAP	28.89	23.11
51795	REFLUX AWAY	60	CAP	25.39	20.31
39801	RING STOP	60	CAP	35.55	28.44
53664	RING STOP EAR DROPS	.5Z	LIQ	20.45	16.36
35758	VEIN GARD ULTRA	60	CAP	18.69	14.95
35276	VEIN GARD ULTRA	2.2	CRM	23.69	18.95

NATURAL DENTIST					
56839	ANTIINGIVITIS RINSE	16Z	LIQ	10.99	8.79
58011	HEALTHY GUM ORANGE ZWT	16Z	LIQ	10.99	8.79
58010	HEALTHY GUM RINSE PEP	16Z	LIQ	10.99	8.79
53873	TPST PEPPERMINT TW ORIG	5 Z	TUB	7.99	6.39



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



chromogenic complex, which exerts a protective effect on tissues. Chaga is also rich in superoxide dismutase (SOD), a potent antioxidant enzyme that scavenges tissue-damaging free radicals. It is considered to be a powerful adaptogen that strengthens the body's resistance to stress. Its active constituents are believed to be polysaccharides, triterpenes, and sterols. It has anti-inflammatory, anticancer, antimutagenic, antiviral, analgesic, hepatoprotective, immuno-stimulating, and hypoglycemic effects. It is also a rich source of beta glucans that possess immunomodulating activity.

Cordyceps contains polysaccharides, sterols, peptides, fatty acids, vitamins, minerals, and nucleotides, and have been found to support the heart, lungs, kidneys, adrenals, and immune system. They are commonly used to increase energy, endurance, and sexual vitality. Cordyceps has antioxidant, free radical-scavenging, anticancer and hypoglycemic properties.

Shiitake demonstrates anticancer benefits not by directly attacking cancer cells, but by enhancing the immune system. It is used in Japan to help support immune function in cancer patients. It also has immunomodulating, antibacterial, antiviral, anti-parasitic, hepatoprotective, and cardiovascular effects.

Lions Mane is used in traditional Chinese medicine to increase strength and vigor, and to improve digestion. Its polysaccharides have been shown to have cytotoxic effects in cancer cells. Lions Mane is unique in that it supports brain health. It contains nerve growth factors (NFG's), which are involved in the growth of neurons.

Poria cocos demonstrates anti-cancer and immunomodulatory activities. Its main chemical constituents include triterpenoids, polysaccharides, ergosterol, caprylic

acid, undecanoic acid, lauric acid, dodecenoic acid, and palmitic acid. In Chinese medicine it is used to treat conditions of the heart, lungs, kidneys, and spleen. In cancer therapy it is used to lessen the side effects of chemotherapy, strengthen the body, increase appetite, and improve body weight.

Fomes fomentarius has a long history of use as a styptic to stop bleeding and as a vulnerary to heal wounds. In China it has been used to treat cancers of the stomach, uterus, and esophagus. It exhibits antibacterial, antiviral, and antitumor properties, which are believed to be primarily attributed to its iodine content and to a substance it contains called fomentariol.

Agaricus blazei, native to Brazil, is widely cultivated in Japan for its medicinal properties. It has been used to treat many diseases including cancer, chronic hepatitis, diabetes, cardiovascular disease, and AIDS. It supports the immune system and has shown immunomodulating and antitumor activity.

Mesima, also known as Phellinus Linteus, contains beta D-glucan and lectin, which enhance immune activity, and a compound called interfungins A, which has been reported to help balance blood sugar levels. It also exhibits antioxidant, anticancer, and antibacterial effects. It has been used to treat gastroenteric dysfunction, and can help in conditions of constipation, diarrhea, and irritable bowel.

Tramella is thought of as a tonic to the immune system and has been traditionally used in Chinese medicine as a treatment for exhaustion and debility. It enhances immune function and leukocyte activity and is anticancer. It contains the acidic polysaccharide glucuronoxylomannan. Clinically, Tramella has been shown to be an effective treatment for chemotherapy-induced leukopenia.

Velvet Foot, known in China and Japan as Enokitake, is traditionally used in Chinese medicine to treat liver disease and gastric ulcers. It is anticancer and antitumor, and contains the beta-glycoprotein Proflamin, which has been used as a combination therapy in cancer treatment.

Zhu Ling (Polyporus umbellatus) has been traditionally used to treat edema, urinary problems, vaginal discharge, jaundice, and diarrhea. It possesses diuretic activities and has been used in the treatment of kidney diseases. It has anticancer, immuno-enhancing, and hepatoprotective properties.

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (for nutritional support)
- Oregano Oil (powerful antimicrobial)
- Immune Acute Complex (herbal formula for immune support)
- Adrenal Adaptogen Complex (adaptogen formula)

Dosage:

Veggie Cap: Take 1 capsule, 1-3 times per day or as needed. Made with U.S. Grown Certified Organic Mushrooms.

Myrrh Gum 1:4

1 fl oz - Product Code: 57079

Neem

1 fl oz - Product Code: 57074

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.


New Formula! Higher Potency, Vegetarian Capsule

Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4.1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.



Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

WILLNER CHEMISTS

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Probiotics Relieve Constipation

With age, changes in the gut microbiome can increase chances for constipation. Treating the condition in older adults is a challenge. The typical drug therapies prescribed by doctors have had inconsistent results, and sometimes produce harmful side effects.

We usually talk about fiber as a means of treating or preventing constipation. But probiotic supplementation should not be overlooked.

In this recent publication, researchers reviewed the literature for constipation studies in older adults that used probiotics as a remedy. Doctors identified nine probiotics trials covering 778 men and women, aged 65 to 102, who were complaining of constipation. The studies lasted from two weeks to six months, with the most frequent probiotics being *B. longum*, *L. casei shirota*, or *S. thermophiles*.

The results were impressive. Overall, probiotics reduced constipation by 10 to 40 percent compared to placebo.

Reference: *Archives of Gerontology and Geriatrics*; 2017, July, 2017, Vol. 71, 142-9

**Willner Chemists
Product Recommendation:**

**Garden of Life
Colon Care
50 Billion Probiotic Raw
30 Capsules
Product Code: 62321**

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit Don's Blog
www.dongoldberg.com



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Nerve Calmplex

Nerve Calmplex is a blend of herbs designed to help those with overactive minds, resulting in insomnia at night, and mental stress during the day. More gentle than other sedating formulas, it is very useful for stress, mild insomnia and nervousness, especially during the day.

1 fl oz - Product Code: 56984

1 fl oz - Alcohol Free, Product Code: 57069

Ingredients:

Phyto-Tech™ Nerve Calmplex contains Fresh Milky Wild Oat Seed, Fresh St. John's Wort Flowers, Fresh Skullcap Herb, Passion Flower Herb, Hops Strobiles, Fresh Lobelia Herb, Fresh Pulsatilla Herb, Grain Alcohol, Deionized Water. (The alcohol-free version contains no Grain Alcohol) All of the herbs are either certified organic or ethically wildharvested.

Nettles 1:2

Nettles has traditionally been used by herbalists for urinary tract infections, edema, allergic rhinitis and general anti-inflammatory action.

1 fl oz - Product Code: 56991

75 Veggie Caps - Product Code: 60135

Who might benefit from this herbal supplement?

- Those with inflammatory diseases of the lower urinary tract; those with kidney stones;
- Those with hayfever and similar allergic conditions.; those with edema.

Nettles is also rich in minerals, and is often used as a nutritional supplement, i.e. a source of calcium, potassium, silicon and other trace minerals.

Ingredients:

Phyto-Tech™ Nettles 1:2 contains Nettles herb (Urtica

dioica), Pure Grain Alcohol, Deionized Water. Certified Organic. Also known as Stinging Nettle. Also available in vegetarian capsule form. Each Phyto-Tech™ Nettle veggie cap contains 500 mg of certified organic Nettles Herb.

Note:

Nettles "Herb" refers to the above ground parts of the plant. Nettles "Root" consists of the underground parts of the plant. The constituents are different. It is the root that has been shown to be useful in treating benign prostatic hyperplasia (BPH) not the herb.

Dosage:

30-60 drops, 2-3 times per day or as needed in juice or water

Neutralizing Cordial

A traditional herbal formula for digestive distress.

1 fl oz - Product Code: 57060

Who might benefit from this herbal supplement:

- Those with heartburn, acid reflux, indigestion, irritable bowel, ulcers and any digestive discomfort exacerbated by too much stomach acid;
- Those with overactive bowel peristalsis and gas; those with digestive upset.

Ingredients:

Phyto-Tech™ Neutralizing Cordial contains the following: Turkey Rhubarb Root, Cinnamon Bark, Goldenseal Root, Peppermint Spirits, Potassium Carbonate, Simple Syrup, Grain Alcohol, Deionized Water.

Neutralizing Cordial can be used for chronic digestive upset or on an as needed basis. The effect can be felt quickly and can be repeated safely. It helps digestive upset when eating new foods while traveling.

Neutralizing Cordial is a "Pepto Bismol"-like formula that can be part of a household medicine cabinet. It is safe for children and has a very agreeable taste.

Dosage:

General: 30-60 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops every 1 hour until feel better.

Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.

1 fl oz - Product Code: 56958

Who might benefit from this herbal supplement?

- Those in need of enhanced immune support;
- Those with hypertension (high blood pressure);
- Those with blood sugar swings;
- Those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

Ingredients:

Phyto-Tech™ Olive Leaf 1:2 contains Olive Leaf (Olea europaea), 250 mg/ml, Pure Grain Alcohol, Deionized Water. Certified Organic.

Dosage:

20-40 drops, 2-3 times per day or as needed in juice or water.

Oral Tonic Complex

A therapeutic herbal mouthwash concentrate.

1 fl oz - Product Code: 56992

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



58730	BIOSIL 5 MG	120	VCA	62.99	50.39	43664	ECHINAMIDE ECHIN SYRUP	5 Z	SRP	19.95	15.96	57446	OIL OF OREGANO ORGANIC	1 Z	LIQ	21.95	17.56
61334	BIOSIL BONE COLLAGENIZ	40	VCA	24.95	19.96	51879	ECHINAMIDE THROAT SPY	1 Z	SPY	16.95	13.56	43253	OLIVE LEAF EXT 500 MG	60	CAP	13.95	11.16
60526	BIOSIL HEALTHY BONES +	KIT	KIT	39.95	31.96	55529	ESTROSENSE	120	VCA	53.95	43.16	66833	OLIVE LEAF EXT 500 MG	90	CAP	19.95	15.96
55196	BIOSIL SILICON LIQ 30M	1 Z	LIQ	31.99	25.59	43125	ESTROSENSE	60	CAP	29.95	23.96	66773	OMEGA 3 1500/750 D LEM	6.7	LIQ	39.95	31.96
67771	BLADDERSENSE VCAP	90	VCA	21.95	17.56	55338	EYE FACTORS ADVANCED	60	CAP	34.95	27.96	66789	OMEGA 3 750 500 W/D3	6.7	LIQ	25.95	20.76
61335	BONE MINERALIZER MATRIX	120	TAB	17.95	14.36	43511	EYE FACTORS W/LUTEIN	90	CAP	14.95	11.96	66774	OMEGA 3 750/500 COC LM	6.7	LIQ	24.95	19.96
62027	BROMELAIN 500 MG	180	CAP	36.95	29.56	56879	FOLIC ACID 1 MG	90	TAB	7.95	6.36	67954	OMEGA 3 750/500 GRAPEF	6.7	LIQ	24.95	19.96
61710	C 1000 T/R TAB	180	TAB	21.95	17.56	60273	GARLIC RICH 500 MG OC	90	VCA	19.95	15.96	66772	OMEGA 3 750/500 LM MR	6.7	LIQ	24.95	19.96
40868	C 500 MG BLUEBERRY RAS	180	CHW	23.95	19.16	67366	GASTRO ASSIST VCAP	60	VCA	49.95	39.96	54003	OMEGA 3 FACTORS 120 + 60	180	SGC	27.99	27.99
40863	C 500 MG BLUEBERRY RAS	90	CHW	13.95	11.16	67365	GINGER 500 MG CHEWABLE	90	CHW	15.95	12.76	41829	OMEGA 3 FACTORS RX	60	SGC	17.95	14.36
55283	C 500 MG MIXED FR CHW	90	CHW	13.95	11.16	43250	GINKGO BILOBA EXT 60	60	CAP	10.95	8.76	41830	OMEGA 3 FACTORS RX	120	SGC	29.95	23.96
63605	C 500 MG MIXED FRUIT	180	CHW	23.95	19.16	43246	GLUCOS CHOND 500/400	120	CAP	35.95	28.76	50891	OMEGA 3 FACTORS RX	240	SGC	54.95	43.96
40860	C 500 MG TANGY ORANGE	90	CHW	13.95	11.16	43245	GLUCOSAMINE SULF 500	180	CAP	19.95	15.99	45351	OMEGA 3 FACTORS RX LIQ	8 Z	LIQ	39.95	31.95
40861	C 500 MG TANGY ORANGE	180	CHW	23.95	19.16	63283	GLUTAMINE 1000 MICRON	180	VCA	28.95	23.16	45679	OMEGA 3 RX E P O & FLX	120	SGC	21.95	17.56
41768	C 500 PEACH PASHION MAN	180	CHW	23.95	19.16	43251	GRAPE SEED EXT 100 MG	60	CAP	14.95	11.96	45678	OMEGA 3 RX FISH & FLAX	120	SGC	23.95	19.16
43223	CAL MAG CTR 250/250 D	180	TAB	25.95	20.76	50083	GRAPE SEED EXT 100 MG	90	CAP	21.99	17.59	61319	OMEGA 3 RX ULT 1 DY D3	150	SGC	59.95	47.96
67981	CALM BIOTIC 3 BL SHLF N	30	VCA	19.95	15.96	53732	GTF CHROMIUM 500 MG	90	TAB	7.49	5.99	59107	OMEGA 3 RX ULTRA 1 DAY	150	SGC	56.95	45.56
45451	CELADRIN JOINT HEALTH	90	SGC	24.95	19.96	56400	HAIR SKIN AND NAILS	120	VCA	41.95	33.56	59094	OSTEOMOVE JOINT CARE	120	CPL	44.95	35.96
40867	CELERY SEED EXT 75 MG	60	CAP	21.95	17.56	65119	HERRING GOLD 500 OMEGA	60	SGC	29.95	23.96	64963	OSTEOMOVE JOINT CARE N	240	CPL	79.95	63.96
60832	CHERRY FRUIT EXT 500	90	SGC	22.95	18.36	67767	HIGHER THOUGHTS 3 BR	90	SGC	29.95	23.96	43273	PAPAYA ENZYMES CHW	120	CHW	10.95	8.76
59812	CHIA FACTORS POWDER	12	PWD	14.95	11.96	59682	HYALURONIC ACID 100 MG	60	VCA	49.95	39.96	51883	PEPPERMINT + OREGANO OIL	60	SGC	17.95	14.36
64863	CITRUS BIOFL 650 + HES	90	CAP	12.95	10.36	55978	IRON EASY 20 MG CHW	60	CHW	15.95	12.76	42769	PEPTACE	90	CAP	39.95	31.96
53166	CLA 1000 MG DUO	60	SGC	23.99	23.99	67217	JOINT OPTIMIZER CURCUM	60	VCA	34.95	27.96	54634	PGX DAILY 750 MG	120	SGC	39.95	31.96
67773	COCONUT OIL W/LAVENDER	4 Z	LIQ	9.95	7.96	65091	K2 100 MCG	60	CAP	17.95	14.36	56399	PGX DAILY 750 MG	240	SGC	69.95	55.96
66527	COGNIFIT WHL EARTH	60	SGC	40.95	32.76	60549	KELP 800 MCG LIQUID	1 Z	LIQ	19.95	15.96	54478	PGX DAILY PAK	30	PAK	25.95	20.76
43280	COQ10 100 MG SGC	60	SGC	22.95	18.36	40885	LACTASE ENZYME	60	CAP	21.95	17.56	54730	PHARMA GABA 100 MG	120	SGC	39.95	31.96
53165	COQ10 100 MG SGC DUO	60	SGC	22.95	22.95	45643	LIPOIC ACID 200 MG	120	CAP	29.95	23.96	53579	PHARMA GABA CHW	60	CHW	29.95	23.96
56164	COQ10 100 MG SGC DUO	120	SGC	39.95	39.95	41227	LIV GALL CLEANSE	90	CAP	17.95	14.36	41080	PHOS SERINE 100 MG	60	SGC	37.95	30.36
43283	COQ10 200 MG SGC	60	SGC	35.95	28.76	43249	LIVER HEALTH HERBAL	60	CAP	24.95	19.96	65559	PLANT PROT CHOC RW ORG	17Z	PWD	32.95	26.36
62688	COQ10 200 MG SGC DUO	60	SGC	39.95	39.95	40873	LUNG BRONCHIAL SINUS	90	TAB	26.95	21.56	67116	PLANT PRT VG UNF RW OG	13	PWD	32.95	26.36
43607	COQ10 50 MG	120	SGC	25.95	20.76	43264	LUTEIN 20 MG SGC	30	SGC	11.95	9.56	65539	PLANT PRT VG VN RW OG N	19	PWD	32.95	26.36
57547	CRANRICH 500 MG DUO	90	CAP	19.99	19.99	63289	LUTEIN 40 MG SGC	60	SGC	34.95	27.96	51650	PROSTATE HEALTH	60	SGC	29.99	23.96
60952	CRANRICH 500 MG SGC OG	90	SGC	21.95	17.56	43263	LYCOPENE 10 MG CAP	60	CAP	24.95	19.96	43217	PS IQ	60	SGC	16.95	13.56
67772	CRANSENSE CRANBERR 500	120	CAP	21.95	17.56	63287	LYSINE 1000 (PER 2 CP)	180	VCA	18.95	15.16	67615	QUERCETIN COMPLEX	90	CAP	24.95	19.96
63095	CURCUMIN THERACURM 30 N	120	VCA	54.95	43.96	51911	MAG CITRATE 150 MG	90	CAP	12.95	10.36	63970	QUICK BLAST ECHINAMIDE	30	CHW	11.95	9.55
65585	CURCUMIN THERACURM 30 N	30	VCA	16.95	13.56	66340	MARINE ALGAE 3 WHL ERT	30	VSG	23.95	19.16	67980	RELIEF BIOTIC 7B SHLF	30	VCA	19.95	15.96
59476	CURCUMIN THERACURM 30 N	60	VCA	29.95	23.96	63967	MELATONIN 5 MG CHW	180	CHW	23.95	19.16	57936	RESVERATROL 250 MG	60	VCA	39.95	31.96
63860	CURCUMIN THERACURM 60 N	60	VCA	55.95	44.76	42439	MENOSSENSE	90	CAP	24.95	19.96	40862	SALMON OIL 1000 MG	180	SGC	25.95	20.76
63859	CURCUMIN THERACURM 60 N	30	VCA	31.95	25.56	55887	MENOSSENSE	180	VCA	44.95	35.96	41081	SALMON OIL 1000 MG	90	SGC	15.95	12.76
55976	D3 & K2 1000IU/120 MCG	60	SGC	29.95	23.96	64967	MENS 50 + WHLE EARTH	60	TAB	39.95	31.96	43252	SAW PALM EXT 160 MG	60	SGC	17.95	14.36
66002	D3 1000 VGN WHL EARTH	90	VCA	19.99	15.99	64965	MENS MULTI WHOLE EARTH	60	TAB	39.95	31.96	67770	SERENE MIND VCAP 3 BR	120	VCA	29.95	23.96
61050	D3 2000 IU SGC	120	SGC	10.95	8.76	67768	MENTAL SUNSHINE ENT CT	90	TAB	29.95	23.96	52929	SERENITY FORMULA	60	CAP	17.95	14.36
58292	D3 2000 IU SGC DUO	120	SGC	15.99	15.99	43256	MILK THISTLE PHYTO	90	CAP	24.95	19.96	54207	SEXESSENTIALS WOMANS	90	CAP	24.95	19.96
54792	D3 2000 IU TAB	90	TAB	7.95	6.36	40864	MSM JOINT FORMULA	180	CAP	35.95	28.76	58197	SEXUAL VITALITY MEN	90	VCA	39.95	31.96
58293	D3 5000 IU SGC DUO	120	SGC	17.99	17.99	57291	MULBERRY EXT 100 MG	90	CAP	13.95	11.16	67367	SILIPHOS PHYTOSOME 160	MG	VCA	24.95	19.96
57747	D3 5000 IU SGC LANOLIN	120	SGC	14.95	11.96	57656	MULTI ACIDOPHILUS FOS	90	CAP	20.95	16.76	43227	SLEEP RELAX	90	CAP	16.95	13.56
66003	D3 5000 VGN WHL EARTH	90	VCA	29.95	23.96	40875	MULTI ENZYME HIGH POTN	120	VCA	39.95	31.96	44423	SLIMSTYLES CHOC	1.1	PWD	49.99	39.96
63858	DGL CHEWABLE	180	CHW	24.95	19.96	63285	N A C 500 MG	90	VCA	19.95	15.96	52883	SLIMSTYLES PGX GRANULE	5.3	PWD	25.95	20.76
40882	DGL CHEWABLE	90	CHW	13.49	10.79	62464	NEM 500 NAT EGGSH MEMB	30	VCA	29.95	23.96	52932	SUNTHEANINE 100 MG CHW	60	CHW	25.95	20.76
43268	E 400 MIXED CAP	90	SGC	19.95	15.96	63571	OIL OF OREGANO	2 Z	LIQ	39.95	31.96	44875	SUNTHEANINE 125 MG	60	VCA	25.95	20.76
43269	E 400 MIXED CAP	180	SGC	35.95	28.76	63631	OIL OF OREGANO 180 SGC	60	SGC	23.95	19.16	66018	SUPER MUSHROOM WHL ERT	60	VCA	58.95	47.16
45095	ECHINAM																

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**natural
Factors**



Powerful Antioxidant and Immune Support

Certified Organic OIL OF OREGANO

- Certified organic with minimum 80% carvacrol guaranteed
- Blended with organic, cold pressed extra-virgin olive oil in the ideal ratio for absorption by the body
- The whole herb top is used to provide the natural synergy of active ingredients
- Gently steam-distilled for maximum purity and potency



**natural
Factors**

naturalfactors.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal supplement?

- Those with periodontal disease; those with gum infections, abscess, or bleeding gums
- Those with halitosis (bad breath).

Ingredients:

Phyto-Tech™ Oral Tonic Complex contains the following: Goldenseal Root, Bayberry Root Bark, Prickly Ash Bark, Myrrh Gum, Coptis Root, Grain Alcohol, Deionized Water. Phyto-Tech™ Oral Tonic Complex is excellent as a preventative or curative for periodontal (gum) disease (pyorrhea). As a mouthwash in water, it helps to kill bacteria in the mouth and gums, it will tighten gums that are puffy and it will decrease gum bleeding. It will also increase saliva that will inhibit bacterial formation.

Oral Tonic Complex also makes ones mouth feel clean and fresh even though the formula is bitter initially. It can be used as a preventative before and after oral surgery.

Dosage:

General: 30-90 drops in a little water and swish around vigorously in the mouth after brushing once per day. Acute infections: Repeat 3 times per day or massage directly into gums with ones finger.

Oregano Oil 70

Contains only true wild Mediterranean Origanum vulgare, the most powerful Oregano nature offers.

It is standardized to 70% carvacrol, the active component of the herb. It provides immediate immune support and has a broad spectrum effect. It also helps regulate candida.

1 fl oz - Liquid, Product Code: 56939

60 Liquid Filled Veggie Caps - Product Code: 57047

120 Liquid Filled Veggie Caps - Product Code: 57046

Ingredients:

Guaranteed true Wild Oregano, from Turkey. Steam distilled

for highest purity and potency.

Who can benefit from this supplement?

- Those with bacterial, fungal, viral (cold and flu) and parasitic infections. Travelers.

Phyto-Tech™ Oregano Oil 70 is standardized to not less than 70% Carvacrol. It is available in liquid form (43 mg oregano oil equivalent to 30 mg carvacrol per four drops) and in a liquid filled veggie cap (45 mg oregano oil equivalent to 32 mg carvacrol per capsule).

Dosage:

Veggie Caps: 1 capsule 1-3 times per day is a typical dose. Go up to 2 caps if necessary when ill or severe parasites. Liquid: Internal Acute: 2-6 drops in water or juice up to every 2 hours until symptoms subside plus a few days. Can go up to 10 drops when necessary per serving. Internal Long Term: 1-4 drops in water or juice 1-3 times per day. Long term use is OK. Topical: Use enough to cover the area desired. If a warming sensation occurs that is unpleasant, dilute in a little lotion or vegetable oil first.

Oregano Plus

A broad-spectrum formula that provides powerful anti-microbial action and immune support.

90 Veggie Caps - Product Code: 67465

Who might benefit from this product?

- Those suffering from infections, including fungal, yeast (candida), bacterial, viral and parasitic

Ingredients:

Each veggie cap contains: Organic Oregano Leaf 285mg, Organic Garlic Bulb 66mg, Organic Onion Bulb 66mg, Organic Ginger Root 25mg, Organic Cayenne Fruit 10mg; The vegetarian capsule contains Modified Vegetable Cellulose

Properties:

The herbs contained in this formulation are thought to exert the following properties: Antimicrobial, Antibacterial, Antifungal, Anti-Candida, Vermifuge (kills parasites), Circulatory Stimulant, Diaphoretic, Expectorant, Antioxidant, Anti-Inflammatory

Indications:

Phyto-Tech™ Oregano Plus is a broad-spectrum formula that provides powerful immune support. It raises the body's defenses against foreign pathogens and helps prevent microbial inundation. It is indicated for all types of infections including bacterial, viral, fungal, parasitic, and yeast (Candida). It supports optimum respiratory function and will help to clear mucous, phlegm, and congestion. It also is a natural antioxidant, anti-inflammatory, and circulatory stimulant. The formula can be used short-term during acute illness or it can be safely used long-term for those who are immune deficient and prone to getting sick often.

Oregano Oil is a strong antimicrobial compound that works like tea tree oil, goldenseal, and grapefruit seed extract all in one. It has strong antibacterial actions and will kill microbes on contact. It is not an immune booster like Echinacea, but a killer for acute inundation and protection when traveling or if vulnerable to microbial breakdown. Powerful actions of Oregano Oil include: antiseptic, anti-microbial, anti-fungal, anti-parasitic, anti-spasmodic, and expectorant. It will destroy bacteria, parasites, yeast, and molds, and it is the most effective natural product to kill Candida.

Garlic and Onion act on bacteria, viruses, and parasites. They are especially useful for infections of the respiratory system, such as recurrent colds, flu, and chronic bronchitis. They can also be used to treat whooping cough and bronchial asthma. Garlic and Onion contain several different organosulfur compounds that are believed to have anticancer properties.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

41325	THYROID HEALTH FORMULA	60	VCA	14.95	11.96	58910	CALM PWD	16Z	PWD	39.95	31.96	28711	ECHIN W/GRAPE FLAV A/F	1Z	LIQ	12.99	10.39
50569	THYROSENSE	60	VCA	14.95	11.96	52497	CALM PWD	8Z	PWD	22.95	18.36	14978	ECHINACEA A/F	1Z	LIQ	16.09	12.87
55533	THYROSENSE	120	VCA	26.95	21.56	67685	CALM PWD ORANGE	8Z	PWD	23.95	19.16	45539	EVENING PRIMROSE LIQ	4Z	LIQ	31.99	25.59
52931	TRANQUIL SLEEP CHW	60	CHW	31.95	25.56	52498	CALM PWD RASP LEMON	8Z	PWD	23.95	19.16	14856	EYEBRIGHT	1Z	LIQ	12.70	10.16
57646	TRANQUIL SLEEP ENTER N	90	SGC	37.95	30.36	58655	CALM PWD RASPBERRY LEM	16Z	PWD	40.95	32.76	14980	EYEBRIGHT A/F	1Z	LIQ	13.80	11.04
40889	TURMERIC BROMELN 450	90	CAP	33.95	27.16	63512	CALM PWD SWEET LEMON	8Z	PWD	23.95	19.16	14861	FO TI	1Z	LIQ	12.70	10.16
60524	UBIQUINOL 100 QH COQ10	60	SGC	49.95	39.96	68080	CALMFUL SLEEP	4Z	PWD	17.49	13.99	14863	GARLIC	1Z	LIQ	11.50	9.20
60953	UBIQUINOL 100 QH DUO	60	SGC	57.99	57.99	52707	ORGANIC LIFE VIT LIQ	32Z	LIQ	36.95	29.56	14981	GINGER ROOT A/F	1Z	LIQ	16.99	13.59
52375	ULT PROB 12/12 FORM	60	VCA	29.95	23.96							50940	GINKGO BILOBA A/F	2Z	LIQ	25.30	20.24
52377	ULTIMATE PROBIOT WOMEN	60	VCA	29.95	23.96							14982	GINKGO BILOBA A/F	1Z	LIQ	13.80	11.04
44850	URISENSE W/CRAN MAX	90	VCA	29.95	23.96							45542	GLUCOS CHOND LIQ	16Z	LIQ	27.99	22.39
65118	VEGAN GREEN PRT BR CHC	6PK	BAR	17.99	14.39	65370	BEE PROPOLIS TRIO	60	CAP	27.99	22.39	14985	GOLDENSEAL ROOT A/F	1Z	LIQ	21.90	17.52
63903	VEGAN PROT SATIS VAN	525	PWD	34.95	27.96	59356	EASEFEMIN MENOPAUSE	30	CAP	30.99	24.79	14986	GOTU KOLA HERB A/F	1Z	LIQ	12.99	10.39
62420	VEGAN PROTEIN FACTORS	12Z	PWD	24.95	19.96	65441	GASTRO GUARDIAN	60	CAP	26.99	21.59	14987	GREEN TEA EXT A/F	1Z	LIQ	13.80	11.04
52982	VEINSENSE BEAUTIF LEGS	60	VCA	26.95	21.56	65371	IMMUNE GUARDIAN	30	CAP	22.99	18.39	44116	GREEN TEA EXT SUP A/F	2Z	LIQ	18.99	15.19
43261	VITEX EXT FOR WOMEN	90	CAP	15.95	12.76	65442	RED BEE PROPOLIS	60	VCA	78.99	63.19	14877	HAWTHORN BERRIES	2Z	LIQ	22.90	18.32
43855	WELLBETX PGX	180	VCA	34.95	27.96	65372	THROAT GUARDIAN SPRAY	20M	SPY	20.99	16.79	14988	HAWTHORN BERRY A/F	1Z	LIQ	13.00	10.40
55971	WHEY FACTORS CHOC	21B	PWD	59.95	47.96							14989	HORSETAIL A/F	1Z	LIQ	12.70	10.16
52156	WHEY FACTORS DOUB CHOC	12Z	PWD	26.95	21.56							14990	HYSSOP A/F	1Z	LIQ	13.79	11.03
52155	WHEY FACTORS FR VANILL	12Z	PWD	26.95	21.56							37991	KAVA 6	90	VCAP	34.99	27.99
56413	WHEY FACTORS FRENCH VN	21B	PWD	59.95	47.96							67078	KAVA 6 A/F LIQ	1Z	LIQ	19.99	15.99
52157	WHEY FACTORS STRAWBERR	12Z	PWD	26.95	21.56							14991	LICORICE ROOT A/F	1Z	LIQ	13.80	11.04
52158	WHEY FACTORS UNFLAVOR	12Z	PWD	26.95	21.56							14892	LOBELIA INFLATA 3X	1Z	LIQ	13.99	11.19
56913	WHEY FACTORS UNFLAVOR	21B	PWD	59.95	47.96							67180	MAG PLANT BASED CAP	90	CAP	19.99	15.99
67219	WHOLE BODY OPTIM CURC	60	SGC	34.95	27.96							14992	MARSHMALLOW ROOT A/F	1Z	LIQ	13.80	11.04
64966	WOMENS 50+ WHLE EARTH	60	TAB	39.95	31.96							23002	MILK THISTLE A/F	1Z	LIQ	13.80	11.04
64964	WOMENS MULTI WHLE EART	60	TAB	39.95	31.96							14898	MOTHERWORT	1Z	LIQ	11.50	9.20
40859	WOMENS PLUS MULTISTART	180	TAB	34.95	27.96							14899	MUIRA PUAMA ROOT	1Z	LIQ	13.99	11.19
40874	ZYMACTIVE SUPER ENZYME	90	TAB	37.95	30.36							15032	MULLEIN FLOWER OIL A/F	1Z	LIQ	11.50	9.20
												14967	MULLEIN LEAVES A/F	1Z	LIQ	13.80	11.04
												45545	MULTIPLE MINERALS LIQ	8Z	LIQ	11.99	9.59
												14994	NETTLES A/F	1Z	LIQ	12.70	10.16
												37536	OLIVE LEAF OLEOPEIN AF	2Z	LIQ	19.60	15.68
												33167	OREGANO OIL A/F	1Z	LIQ	32.99	26.39
												14911	PASSION FLOWER	2Z	LIQ	20.70	16.56
												37998	PASSIONFLOWER STAND	60	VCAP	13.99	11.19
												14996	PAU D'ARCO A/F	1Z	LIQ	12.70	10.16
												58089	PERIO BRITE CINNAMINT	16Z	LIQ	10.99	8.79
												42688	PERIOCLEANSE	4Z	LIQ	19.95	15.96
												42689	PERIOWASH	16Z	LIQ	10.95	8.76
												59525	PERIOWASH WINTER MINT	16Z	LIQ	10.95	8.76
												28725	PROPOLIS A/F	1Z	LIQ	17.99	14.39
												65628	PUERARIA MIRIFICA ESTR	60	VCA	24.99	19.99
												14999	RED CLOVER TOPS A/F	1Z	LIQ	13.80	11.04
												15002	SAGE A/F	1Z	LIQ	13.80	11.04
												56106	SAMBUCUS	4Z	LIQ	14.99	11.99
												57886	SAMBUCUS	8Z	LIQ	27.99	22.39
												57888	SAMBUCUS IMMUNE SUPP	4Z	LIQ	15.99	12.79
												66110	SAMBUCUS IMMUNE SUPP	8Z	LIQ	29.99	23.99
												66114	SAMBUCUS KIDS ORANGE	8Z	LIQ	27.99	22.39
												68192	SAMBUCUS MEGA 7 GUMIES	30	GUM	25.09	20.07
												64187	SAMBUCUS PM NIGHTTIME	4Z	LIQ	19.99	15.99

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit Don's Blog www.dongoldberg.com



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Onion also contains high amounts of the antioxidant flavonoid quercetin, which has anti-inflammatory, antioxidant, antihistamine, and anti-proliferative (inhibits cell growth) properties.

Ginger and Cayenne are strong circulatory stimulants that will increase circulation and warm up the body. They vasodilate blood to the peripheral tissues which can promote a sweat, increasing the body's ability to detoxify. They will also assist in strengthening the body's resistance to illness causing organisms.

Complimentary Formulas & Single Herbs:

- Goldenseal (if sinus infection, or discolored mucus)
- Digest Stim Complex (to increase digestive enzymes and acidify pH in Candida)
- Immune Complex (to boost immunity if the intent is prevention)
- Respir Ease/Respiratory Complex (if congested and viral)
- Kids Cough (alcohol free version of Respir Ease for kids)
- Ear Drops (Formula for ear infection)
- Sinus Decongest (sinus infections and allergies)
- Yin Chiao Plus (at very first sign of coming down with something)

Dosage:

Take 1 cap, 1-3 times per day.

Parasite Complex

A blend of herbs know to kill parasites. It can be used as a preventive, when traveling, camping, etc., or for treatment of acute infestations.

1 fl oz - Product Code: 56960

Who might benefit from this herbal supplement?

- Those who have parasite infestation or those who anticipate being exposed to parasites (travel, camping, etc.)

Dosage:

For Prevention: Use 60 drops, 2 times per day for a few days before travel and throughout the travel time. Continue for a few days after returning.

For acute parasitic infection: 60 - 90 drops 3-4 times per day for 1 month, or until symptoms stop and then for a few more days. Commonly, one can go into a dormant phase of parasitic infection and one needs to continue taking Parasite Complex during this phase. It is common to need to take this for at least one full month in order to kill all parasites in all their phases (eggs to maturity).

Ingredients:

Phyto-Tech™ Parasite Complex contains Quassia Wood, Black Green Walnut Hulls, Garrya Herb Fresh, Clove Bud, Bayberry Root Bark, Alcohol Pure Grain, Water Pure Deionized
Phyto-Tech™ Parasite Complex can be used along with Phyto-Tech™ Oregano Oil 70.

Complimentary Formulas:

- Phyto-Tech™ Oregano Oil 70.

Passion Flower 1:3

Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.

1 fl oz - Product Code: 57058

Who might benefit from this herbal supplement?

- Those who suffer from stress and anxiety
- Those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents.

Ingredients:

Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (*Passiflora incarnata*), Grain Alcohol, Deionized Water,

at a strength of 333 mg/ml (30 drops).

Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water.

Pau D'Arco Bark 1:3

Most often used today as a treatment for systemic Candida yeast infections.

1 fl oz - Product Code: 57004

Who might benefit from this supplement?

- Those suffering from Candida yeast infections
- Those suffering from weak immune function.

Ingredients:

Phyto-Tech™ Pau D'Arco Bark 1:3 contains Pau D'Arco Bark (*Tabebuia impetiginosa*), Pure Grain Alcohol, Deionized Water, 200 mg/ml (30 drops).

Dosage:

20-40 drops, 2-3 times per day or as needed in water.

Pelargonium

Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.

4 fl oz - Cherry Flavor - Product Code: 57729

Who would benefit from this herbal supplement?

- Those suffering from bronchitis, acute pharyngitis, or the common cold.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



59470	SAMBUCUS SPRAY	2Z	SPY	9.99	7.99	16845	SILICA POWER	60	CAP	16.89	13.51	56082	IMMUNE BOOSTER KIDS	90	CHW	12.20	10.98
14938	SAW PALM BERRIES	2Z	LIQ	22.90	18.32	NATURES LIFE						68000	JOINT SUPPORT AGELOSS	90	TAB	54.95	49.45
15004	SAW PALM BERRY A/F	1Z	LIQ	16.99	13.59	35017	600 PROSTATE MAINTAIN	250	CAP	42.39	33.91	15957	LECITHIN EGG YOLK 600	90	CAP	22.60	20.34
15006	SKULLCAP HERB A/F	1Z	LIQ	13.99	11.19	25413	ALOE VERA GEL 98%	16Z	LIQ	12.69	10.15	15872	MAG 200 MG CHELATED	180	TAB	24.35	21.91
14942	SLIPPERY ELM BARK	2Z	LIQ	19.60	15.68	64246	BETAINE HCl 350 MG	100	TAB	9.69	7.75	41749	MAG 250 DYNO MINS NEW	90	TAB	18.20	16.38
14943	ST JOHNS WORT	1Z	LIQ	12.70	10.16	25871	BIOTIN 2.5 MG CAP	100	CAP	17.99	14.39	15672	MEGA STRESS B CMP SR	90	TAB	41.50	37.35
28726	STEVIA A/F	2Z	LIQ	23.00	18.40	26386	CAL CITRATE & MAG 250	250	TAB	29.29	23.43	15665	OATS & HONEY CHW WAF	180	CHW	16.95	15.25
62068	TURMERIC & GINGER VCAP	90	VCA	34.99	27.99	34689	CAL MAG PHOS W/D LIQ	32Z	LIQ	25.49	20.39	15757	ORANGE JUICE C 250 CHW	180	CHW	20.40	18.36
61210	UT ANSWER LIQ CRN MAN	4Z	LIQ	34.99	27.99	22250	CAL MAG SUPER 1000/500	250	TAB	22.79	18.23	15988	PAPAYA ENZYMES CHW	360	CHW	15.85	14.26
15009	VALERIAN ROOT A/F	1Z	LIQ	12.99	10.39	21147	CAL MAG SUPER 1000/500	100	TAB	10.29	8.23	25911	PHOS SERINE DMAE CMP	60	CAP	49.75	44.78
14970	VITEX CHASTE/BERRY A/F	1Z	LIQ	13.80	11.04	27353	CALCIUM SOFTGEL MG/ZN	100	SGC	14.79	11.83	15841	PRENATAL COMPLEX ULTRA	180	TAB	42.45	38.20
14956	WITCH HAZEL	1Z	LIQ	12.70	10.16	26073	GRAPE SEED EXT 105 MG	100	CAP	28.69	22.95	16029	PCYNOGENOL 30 CAP	30	CAP	27.85	25.06
53308	YUCCA A/F	1Z	LIQ	12.70	10.16	67751	LEMON BIOFLAV 1000 MG	250	TAB	39.09	31.27	15772	QUERCETIN + 125 MG	90	TAB	24.85	22.36
NATURES GATE						25608	MAGNESIUM 500 MG	100	CAP	11.89	9.51	56212	RED YEAST RICE 600 XR	60	TAB	40.70	36.63
38104	COLLOIDAL OATMEAL LOT	18Z	LOT	10.59	8.47	26943	MALIC ACID 800 MG	100	CAP	11.39	9.11	35374	RIBOSE RX ENERGY	60	TAB	58.05	52.24
54924	CONDIT BIOTIN STRENGTH	18Z	LIQ	8.69	6.95	25855	ZINC 30 MG PICOLINATE	100	CAP	12.49	9.99	15856	S O L ENERGY SHAKE	1.1	PWD	28.15	25.33
43866	CONDITIONER ALOE VERA	18Z	LIQ	8.69	6.95	NATURES PLUS						22085	S O L ENERGY SHAKE	2.2	PWD	49.70	44.73
32353	CONDITIONER CHAMOMILE	18Z	LIQ	8.69	6.95	15842	ADULTS CHEWABLE	90	CHW	27.95	25.15	15854	S O L TAB	90	TAB	38.35	34.51
35766	CONDITIONER HEMP RAIN	18Z	LIQ	8.69	6.95	34704	ANIMAL PARADE ASSORTED	90	CHW	15.20	13.68	15703	SHOT-O-B12 5000 SR	60	TAB	42.65	38.38
30171	CONDITIONER JOJOBA	18Z	LIQ	8.69	6.95	38683	ANIMAL PARADE ASSORTED	180	CHW	27.25	24.52	42091	SOURCE OF LIFE LIQUID	30Z	LIQ	40.30	36.27
54925	CONDITIONER POMEGR SUNF	18Z	LIQ	8.69	6.95	22640	ANIMAL PARADE CHERRY	180	CHW	27.25	24.52	20862	SPIRU TEIN CHOC	1#	PWD	24.90	22.41
32352	CONDITIONER RAINWTR TTD	18Z	LIQ	8.69	6.95	34608	ANIMAL PARADE GRAPE	90	CHW	15.20	13.68	26653	SPIRU TEIN CHOC	2#	PWD	43.85	39.46
32206	E OIL 32 000 ROLL ON	1.1	OIL	11.19	8.95	16000	APPLE PECTIN 500	180	TAB	20.40	18.36	21947	SPIRU TEIN STRAW	1#	PWD	24.90	22.41
32349	E OIL 40 000 IU	2Z	OIL	12.89	10.31	15686	B 150 MEGA SR	90	TAB	38.35	34.51	16001	SPIRU TEIN VAN	1#	PWD	24.90	22.41
32350	MOIST LOT FRAG FREE	18Z	LOT	10.59	8.47	15697	B6 500 SR	90	TAB	25.15	22.63	26654	SPIRU TEIN VANILLA	21B	PWD	43.85	39.46
32383	MOIST LOT W/PAPAYA HRB	18Z	LOT	10.59	8.47	15766	BIOFLAV 1000	90	TAB	14.55	13.09	66895	T MALE CAP TESTOSTERON	60	CAP	29.80	26.82
59977	MOIST LOTION HEMP	18Z	LOT	10.59	8.47	26194	BIOPERINE 10 MG	60	CAP	8.99	8.09	21239	ULTRA HAIR (SHAKE)	11B	PWD	22.60	20.34
28139	MOIST LOTION HERBAL	18Z	CRM	10.64	8.51	15770	BIORUTIN 1000	90	TAB	21.40	19.26	16019	ULTRA HAIR SR	90	TAB	31.20	28.08
23449	SHAMPOO & WASH BABY	18Z	LIQ	8.69	6.95	15867	BONE POWER	180	SGC	35.50	31.95	52063	ULTRA INFLAMACTIN	60	VCA	28.40	25.56
36889	SHAMPOO ALOE VERA	18Z	LIQ	8.69	6.95	15876	CAL MAG 500 250 VTAB	180	TAB	38.50	34.65	57216	ULTRA ONE DAILY FE/FRE	90	VCA	36.35	32.71
54926	SHAMPOO BIOTIN STRENGT	18Z	LIQ	8.69	6.95	15878	CAL MAG CAP 250/125	180	TAB	25.90	23.31	61709	ULTRA T MALE TAB	60	TAB	40.80	36.72
23741	SHAMPOO HERBAL	18Z	LIQ	8.69	6.95	55528	CAL MAG WD3 + K2	90	TAB	17.30	15.57	15824	ULTRA TWO SR W/TRACE	180	TAB	98.75	88.87
26102	SHAMPOO JOJOBA	18Z	LIQ	8.69	6.95	15915	CALCIUM DYNO MINS NP	90	TAB	18.20	16.38	15982	ULTRA ZYME	90	TAB	36.05	32.44
54927	SHAMPOO POMEGRAN SUNFL	18Z	LIQ	8.69	6.95	15895	CHROMIUM PICOL 200	90	TAB	14.30	12.87	35890	ZMA RX STRENGTH	180	CAP	32.15	28.93
32351	SHAMPOO TEA TREE CALM	18Z	LIQ	8.65	6.92	58764	CINNAMON 350 MG	60	VCA	17.45	15.70	NATURES SECRET					
16840	SAW PALMETTO	100	CAP	17.39	13.91	15890	COPPER 3	90	TAB	8.90	8.00	37138	15 DAY WEIGHT LOSS	60	TAB	12.95	10.36
NATURES HERBS						42092	CRANBERRY 1000 ULTRA	90	TAB	39.25	35.33	28922	CANDISTROY	60	TAB	26.95	21.56
15582	ALOE VERA GEL	50	VCA	18.09	14.47	43665	CRANBERRY W/C ULT CHW	180	CHW	26.40	23.76	25441	MULTI FIBER CLEANSE	275	TAB	25.99	20.79
15583	ALOE VERA INNER LEAF	100	CAP	18.69	14.95	56066	D3 500 BLACK CHERRY	90	CHW	8.75	7.87	23176	SUPERCLEANSE	100	TAB	15.95	12.76
15589	ASTRAGALUS ROOT 400 MG	100	CAP	16.49	13.19	59573	D3 5000 IU SOL VEG	60	VCA	15.50	13.95	30100	SUPERCLEANSE	200	TAB	23.95	19.16
25620	CATS CLAW	250	CAP	36.39	29.11	20941	E CRM 2.2 OZ	2.2	CRM	16.30	14.67	23175	ULTIMATE CLEANSE	240	TAB	29.99	23.99
28756	CELERY SEED POWER	60	CAP	11.49	9.19	22206	E OIL LIQ 14 000	.5Z	LIQ	9.30	8.37	NATURES WAY					
16731	DANDELION ROOT	100	CAP	16.79	13.43	67810	FAT BUSTERS ULTRA	60	TAB	30.55	27.31	56281	ACAI EXT STAND 510 MG	60	VCA	19.19	15.35
16743	ECHIN ROOT HERB ORG	100	CAP	18.79	15.03	15942	GARLITE 500	90	CAP	18.45	16.60	61881	AFRICAN MANGO 150 MG	60	VCA	24.99	19.99
16790	HAWTHORN FLOWER/BERRY	100	CAP	16.49	13.19	35889	GLUCOS CHOND MSM JOINT	4Z	CRM	17.35	15.61	18125	ALFA MAX	100	CAP	11.19	8.95
16817	MILK THISTLE POWER	50	CAP	23.89	19.11	63405	GLUCOS CHOND MSM JT 3X	4Z	CRM	21.85	19.67	18126	ALFALFA LEAF 370 MG	100	CAP	8.05	6.44
34718	NETTLE ROOT POWER	60	CAP	22.99	18.39	42184	GLUCOS CHOND MSM RX	180	TAB	88.05	79.24	24520	ALOE MAX LAX CAP	100	VCA	13.89	11.11
24331	SAW PALM	250	CAP	40.19	32.15	43654	GUGULIPID 1000 RX	30	TAB	21.40	19.26	18128	ALOE VERA 550 MG	100	VCA	10.25	8.20
24833	SAW PALM POWER 320	60	SGC	29.59	23.67	26714	HAWTHORN HERBAL ACTIVE	60	CAP	11.65	10.48	51193	ALOE VERA GEL & JUICE				



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



The use of Pelargonium sidoides extract is based on traditional use by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umckaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umckaloabo. He eventually recovered from his illness. Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract.

Ingredients:

Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg. Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed.

Reference:

Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)

Propolis Resin 1:5

Lead Free

1 fl oz - Product Code: 57072

Who might benefit from this herbal supplement?

- Those suffering from microbial infections.

Propolis is a tree resin that the bees use to coat their hive. It prevents bacterial infection in the hive and keeps the bees healthy.

Propolis is a very strong anti-microbial, bacterial and viral. It is important for the Propolis to be pretreated to remove lead toxicity as it naturally contains lead. Our Propolis is lead-free. Propolis is primarily an acute and first aid remedy. It is best in

the acute mode of a cold or any other infection. Herbalists recommend Propolis for bronchitis, pneumonia and other respiratory infections.

Dosage:

General: 10-25 drops, 2-3 times per day or as needed in juice or water.

Acute: 20-30 drops every 2 hours to fight infection.

Red Yeast Rice Q10

A naturally fermented yeast strain shown to be especially supportive to cardiovascular health.

90 Veggie Caps - Product Code: 67464

Who might benefit from the use of this product?

- Those with high cholesterol, high triglycerides and other heart conditions.

Ingredients:

Each vegetarian capsule contains Certified Organic Red Yeast Rice (*Monascus purpureus*) 600mg, CoQ10 (Ubiquinone) 30mg. The capsule contains Modified Vegetable Cellulose.

Indications:

Red Yeast Rice is produced by fermenting yeast (*Monascus purpureus*) over rice. It has a long history of use in Chinese medicine to lower cholesterol, improve blood circulation, and help digestion. Studies report that Red Yeast Rice can lower low-density lipoprotein (LDL) cholesterol, total cholesterol, and triglycerides by inhibiting the enzyme HMG-CoA reductase, which helps the body make cholesterol. Red Yeast Rice naturally contains similar compounds (monacolins) as those contained in statin medications (pharmaceuticals used to lower cholesterol). The difference is that statins are synthetically manufactured drugs, whereas the compounds found in Red Yeast Rice are naturally occurring. Researchers are uncertain as to whether Red Yeast Rice is effective because of its natural statin-like compounds or if it is other constituents in it, such as sterols, isoflavones, and

monounsaturated fatty acids, that are responsible.

It is important to avoid Red Yeast Rice products that may be low quality and may contain citrinin, a contaminate that can cause kidney failure and genetic damage to cells. Citrinin is formed when Red Yeast Rice is not fermented properly. In addition, much of the Red Yeast Rice on the market, especially imported Red Yeast Rice, is processed with heat, which diminishes its activity. Phyto-Tech™ uses a high quality Organic Red Yeast Rice produced in the United States that is cold-processed in order to maintain purity, potency, safety, and a high activity level. Every batch is tested to insure no citrinin is present and monacolins are consistent as a natural product.

Because Red Yeast Rice is a natural type of statin and inhibits the enzyme in the body that is needed to make cholesterol, like statins drugs, it blocks the body's ability to produce Coenzyme Q-10 (Co-Q10). If one is taking statin drugs or Red Yeast Rice, Co-Q10 should also be taken to avoid depletion. Co-Q10 is required for the production of energy within every cell of our body and is critical for the health of all tissues and organs. It acts as a catalyst to the electron transport chain in the mitochondria of our cells where ATP (adenosine triphosphate) energy is produced. Co-Q10 is especially important for the health of the heart due to the organ's high-energy demands. It can benefit anyone experiencing cardiovascular problems such as high blood pressure, high cholesterol, angina, arrhythmias or congestive heart failure. Co-Q10 improves overall heart function by enhancing energy production, inhibiting blood clot formation, improving the heart's pumping action, and preventing the oxidation of LDL (bad cholesterol).

Contra-indications and Cautions: Pregnancy and Nursing

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

healthnotes

Probiotics Reduce C. Difficile Infection

Does it make sense to take probiotic supplements at the same time you are taking antibiotics? This has been an often raised question in the past. This research sheds additional light on this question.

Earlier studies found that probiotics reduce the chances of developing the bacterial infection clostridium difficile (C. diff) while taking antibiotics, but few studies have tested probiotics with antibiotics during an initial C. diff infection. C. diff is the most common hospital-acquired infection, and is also common during courses of broad-spectrum or long-term antibiotics, particularly in older adults.

In this study, 33 people with an initial mild to moderate C. diff infection took a standard antibiotic treatment with or without 17 billion total colony-forming units of the probiotics L. acidophilus and paracasei, and B. bacterium lactis.

After 28 days, those taking probiotics saw symptoms ease 24 hours sooner than placebo. Discussing the findings, doctors said even a small decrease in the length of infection can have a large benefit in the cost of care and can improve the quality of life.

Reference: *Journal of Antimicrobial Chemotherapy*; August, 2017, Published Online

Willner Chemists Product Recommendation:

**Jarrow Formulas
Jarro Dophilus
Allergen Free
60 Vcaps**

Product Code: 58054

**The pharmacists and
nutritionists at
Willner Chemists
will be happy to help you
choose the formulation best
suited for your specific needs.**

Introducing our Improved and Expanded...

Health and Beauty Department

Hair, Skin & Nails • Topical Skin Care
Supplements • Essential Oils
Anti-Aging Supplements & Treatments

Free Consultations Available with our
Pharmacists and Nutritionists

Call 1-800-633-1106 to make an appointment;
Check our website www.willner.com for demo schedule

WILLNER CHEMISTS



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage:

Take 1 capsule, 1-2 times per day, or as directed.

Reishi Mushroom 1:3

A powerful adaptogenic herb with proven immune enhancing activity.

1 fl oz - Product Code: 57063

Who might benefit from this herbal supplement?

- Those under constant, daily stress; those who suffer from frequent illness, those undergoing chemotherapy.

Ingredients:

Phyto-Tech™ Reishi Mushroom 1:3 contains Red Reishi Mushroom, Pure Grain Alcohol, Deionized Water, 250 mg/ml (30 drops).

Reishi Mushroom is for those under daily stress and want to avoid break down. Stress can bring on irritability, fatigue, weakened immune function, headaches, poor digestion, and elimination problems. Stress does not directly cause disease, but brings it on faster, usually along the lines of ones genetic, constitutional, predispositional or inherited weakness. Conversely, the release of stress promotes healing.

Reishi Mushroom is best used over the long-term (one month or more). It can be valuable to those suffering from chronic fatigue syndrome.

Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water.

Relax AM

A blend of Kava Kava and other anti-anxiety, relaxing herbs that calm and sooth the mind without inducing drowsiness or mental fog. This is the perfect herbal supplement to use during the day, therefor, during periods of emotional stress.

1 fl oz - Product Code: 56963

2 fl oz - Product Code: 57019

Who might benefit from this herbal supplement?

- Those with anxiety, nervous irritability, panic attacks and over-active minds
- Those under emotional stress.
- Those with insomnia due to over-activity and stress during the day.
- Those with performance anxiety, ranging from public speaking to sex.
- Those with mild depression associated with anxiety or severe stress.
- For those with insomnia, Phyto-Tech™ Relax PM is a perfect supplement to use along with this, in the evening.

Ingredients:

Phyto-Tech™ Relax AM contains Kava Kava Root Vanuatu, Kava Kava Root Hawaiian, Passion Flower, St. John's Wort Flowers, Lobelia Herb Fresh, Pulsatilla Herb Fresh, Alcohol Pure Grain, Water Pure Deionized

Relax AM synergistically combines the wonderful benefits of Kava Kava with the potentiating benefits of the powerful anti-anxiety herbs Pulsatilla and fresh Lobelia extract. This formula reduces anxiety, nervous irritability, compulsive thinking and panic attacks. Similar in action to benzodiazepine drugs (valium, xanax, klonipin, halcion) Relax AM will calm and soothe the mind and soul when going through difficult times emotionally and mentally, yet does not interfere with cognitive function for staying alert and clear.

Relax AM helps insomnia when the mind will not calm down, yet one is tired or exhausted. It will help light sleepers by helping one go beyond REM sleep and into deeper sleep stages where rest and healing occur.

Relax AM is calming, and appeals to those needing a safe way to relax.

Relax AM may help reduce depression if associated with anxiety or severe stress.

Relax AM can help performance anxiety from activities ranging from public speaking to sex

Complimentary Formulas:

- Phyto-Tech™ St. John's Complex (a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, and Fresh Pulsatilla Herb (if depression accompanies the anxiety)
- Phyto-Tech™ St. John's Wort 1:2 (if depression accompanies the anxiety)
- Phyto-Tech™ Relax PM (to help sedate the whole nervous system)
- Phyto-Tech™ Ginseng Energy Blend (if exhaustion and deficiency is present)

Relax PM

A blend of Valerian and other herbs designed to promote sleep, relaxation and pain relief, especially in the evening and at night.

1 fl oz - Product Code: 56959

Alcohol Free - 1 fl oz - Product Code: 57025

Who might benefit from this herbal supplement?

- Those with insomnia will find this supplement very helpful. It induces relaxation, lessens anxiety, and can reduce pain. It has a muscle relaxant action.

Relax PM slows mental activity, and thus is best used at night. For daytime use, the Phyto-Tech™ Relax AM formula is recommended.

Ingredients:

Phyto-Tech™ Relax PM contains Valerian Root, Fresh, Hops Strobiles, Kava Kava Root, Vanuatu, Passion Flower, Chamomile Flowers, Lobelia Herb, Fresh, Pulsatilla Herb, Fresh, Alcohol, Pure Grain, Water, Pure Deionized

Dosage:

Sleep: 60 - 120 drops in water or juice every 30-60 minutes,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



39677	ALOE VERA WHOLE LEAF	32Z	LIQ	12.79	10.23	18185	ECHINACEA	180	CAP	17.99	14.39	18257	KIDNEY BLADDER FORM KB	100	CAP	12.49	9.99	32588	URINARY W/CRAN 480 MG	100	CAP	11.99	9.59		
18129	ALOEJAX	100	VCA	10.69	8.55	18187	ECHINACEA HERB	100	CAP	12.49	9.99	24518	KUDZU CAP	50	CAP	13.99	11.19	29726	UVA URSI EXT STANDARZD	60	CAP	14.99	11.99		
44252	ANDROGRAPHIS EXT STAND	60	VCA	13.49	10.79	36077	ECHINAGUARD LIQ	4 Z	LIQ	24.99	19.99	55740	LEG VEINS W/TRU OPC	120	VCA	23.49	18.79	18317	UVA URSI LEAVES	100	CAP	9.99	7.99		
33412	ARTICHOKE EXT 300 MG	60	CAP	10.25	8.20	31428	ELDERBERRY BLACK	100	CAP	13.89	11.11	31466	LEG VEINS W/TRU OPC	60	CAP	12.99	10.39	29733	VALERIAN EXT STAND 110	90	CAP	11.99	9.59		
44270	ASHWAGANDHA EX 500 MG	60	VCA	18.69	14.95	18204	EX STRESS	100	CAP	11.99	9.59	18263	LICORICE ROOT	100	CAP	9.49	7.59	24039	VALERIAN NIGHTTIME	100	TAB	19.99	15.99		
18132	ASTRAGALUS ROOT 470 MG	100	CAP	10.25	8.20	18205	EYEBRIGHT HERB	100	CAP	11.49	9.19	33414	MACA EXTRACT STAND	60	CAP	20.99	16.79	18319	VALERIAN ROOT 530 MG	180	CAP	14.49	11.59		
55530	ASTRAGALUS STAND EXT	60	VCA	20.99	16.79	18248	EYEBRIGHT HERB BLEND	100	CAP	14.99	11.99	18265	MARSHMALLOW ROOT	100	CAP	10.49	8.39	18318	VALERIAN ROOT 530 MG	100	CAP	9.99	7.99		
18139	BEE POLLEN PREM 580 MG	180	CAP	15.99	12.79	38066	FEMAPRIN VITEX	60	CAP	18.99	15.19	24519	MELISSA LEMON BALM CAP	100	CAP	9.49	7.59	18322	VITEX AGNUS-CASTUS	100	CAP	8.49	6.79		
18140	BEET ROOT CAP	100	CAP	11.49	9.19	18208	FENNEL SEED	100	CAP	9.49	7.59	55637	MILK THISTLE EXT 175	120	VCA	31.99	25.59	62599	WHITE KIDNEY BEAN EXT	60	VCA	19.99	15.99		
29724	BILBERRY EXT STAND 80	90	CAP	25.99	20.79	18209	FENU THYME	100	CAP	9.99	7.99	31966	MILK THISTLE STAND	60	CAP	18.49	14.79	18324	WHITE OAK BARK	100	CAP	9.49	7.59		
18144	BLACK COHOSH RT 515 MG	100	CAP	10.49	8.39	18210	FENUGREEK	100	CAP	9.99	7.99	18267	MYRRH GUM	100	CAP	10.49	8.39	18325	WHITE WILLOW BARK	100	CAP	9.99	7.99		
33219	BLACK COHOSH STAND 40	60	TAB	11.49	9.19	18211	FEVERFEW	180	CAP	17.99	14.39	18271	NATURALAX 3	100	CAP	10.69	8.55	29685	WHITE WILLOW BARK EXT	60	CAP	23.99	19.19		
18146	BLACK WALNUT HULLS 500	100	CAP	10.49	8.39	29681	FEVERFEW EXT STANDZ	60	CAP	10.69	8.55	31430	NEEM CAPS	100	CAP	9.49	7.59	24292	WILD YAM	100	CAP	10.69	8.55		
44277	BLADDERWRACK HERB 580	100	CAP	11.99	9.59	18215	FO TI	100	CAP	10.99	8.79	18272	NETTLE LEAF	100	CAP	9.99	7.99	18328	YELLOW DOCK ROOT	100	CAP	9.49	7.59		
18147	BLESSED THISTLE 375 MG	100	CAP	10.49	8.39	62927	FORSYTHIA 250 MG EXT	60	VCA	30.99	24.79	55636	OLIVE LEAF EXT 20% OLE	60	VCA	22.99	18.39	18329	YUCCA	180	CAP	15.49	12.39		
31427	BLOOD SUGAR W/GYMNEMA	90	CAP	15.99	12.79	18218	GARLIC/PARSLEY	100	CAP	10.49	8.39	32591	OLIVE LEAF STANDARDZED	60	CAP	12.99	10.39								
33413	BOSWELLIA EXT 307 MG	60	TAB	14.59	11.67	18219	GARLICIN 350 MG	90	TAB	20.45	16.36	38761	ORCHARD 12 FRUITS	60	CAP	14.99	11.99								
18151	BURDOCK ROOT 475 MG	100	CAP	10.99	8.79	18224	GARLICIN CF	90	TAB	16.49	13.19	42259	OREGANO OIL STAND	60	VCA	17.99	14.39	32596	5 HTP 50 MG ENT COAT	60	TAB	16.99	13.59		
18152	BUTCHERS BROOM ROOT	100	CAP	9.49	7.59	18227	GINGER ROOT	100	CAP	9.49	7.59	37441	OREGON GRAPE ROOT	90	CAP	8.49	6.79	24559	A 10000 SGC	100	SGC	9.09	7.27		
18159	CASCARA SAGRADA BARK	180	CAP	14.49	11.59	18228	GINGER ROOT	180	CAP	14.99	11.59	18278	PARSLEY HERB	100	CAP	10.69	8.55	60799	ALIVE ADULT MULTI GUMM	90	CHW	17.75	14.20		
18158	CASCARA SAGRADA BARK	100	CAP	9.99	7.99	31432	GINKGO EXTRACT 60 MG	60	CAP	19.49	15.59	18280	PAU D'ARCO	180	CAP	13.99	11.19	65283	ALIVE B CMP GUMMIES	60	GUM	12.99	10.39		
18160	CATNIP HERB	100	CAP	9.49	7.59	42260	GINKGOLD 60 MG BONUS	150	TAB	40.49	32.39	18279	PAU D'ARCO INNER BARK	100	CAP	9.49	7.59	54056	ALIVE C	120	VCA	26.99	21.59		
25636	CAT'S CLAW	100	CAP	11.49	9.19	42263	GINKGOLD EYES	60	TAB	33.99	27.19	44276	POMEGRANATE EXT STAND	60	VCA	19.99	15.99	54055	ALIVE C PWD ORGANIC	120	PWD	24.99	19.99		
31423	CAT'S CLAW EXT	60	CAP	21.49	17.19	42262	GINKGOLD MAX 120 MG	60	TAB	39.49	31.59	39771	PROSTOL	120	SGC	39.99	31.99	61408	ALIVE CALCIUM BONE FRM	120	TAB	39.99	31.99		
18161	CAYENNE	180	CAP	13.99	11.19	18233	GINSENG 550 AMERICAN	50	CAP	22.99	18.39	18291	PSYLLIUM HUSK	100	CAP	10.69	8.55	61452	ALIVE CALCIUM BONE FRM	60	TAB	22.99	18.39		
18162	CAYENNE	100	CAP	9.49	7.59	18232	GINSENG ASIAN KOREAN	100	CAP	24.99	19.99	18293	RED CLOVER BLOSSOM HRB	100	CAP	9.49	7.59	64077	ALIVE CALCIUM GUMMIES	60	GUM	13.35	10.68		
18163	CAYENNE GARLIC	100	CAP	9.99	7.99	29732	GINSENG ELEUTHERO EXT	60	CAP	20.99	16.79	18294	RED CLOVER COMBO	100	CAP	10.99	8.79	60797	ALIVE CHILDREN GUMMIES	90	CHW	16.89	13.51		
25168	CAYENNE XTRA HOT	100	CAP	11.49	9.19	18234	GINSENG ELEUTHERO SIBE	100	CAP	9.99	7.99	18295	RED RASPBERRY LEAVES	100	CAP	10.49	8.39	60798	ALIVE CHILDRENS CHW	120	CHW	16.05	12.84		
18164	CHAMOMILE	100	CAP	9.49	7.59	18235	GINSENG ELEUTHERO SIBE	180	CAP	14.49	11.59	29736	REISHI MUSHR EXT STANZ	100	CAP	15.49	12.39	68073	ALIVE HAIR SKN NLS GUM	60	CHW	19.99	15.99		
29682	CHAMOMILE EXT STANDZ	60	CAP	13.49	10.79	29725	GINSENG KOR ASIAN EXT	60	VCA	34.99	27.99	43693	RHODIOLA ROSEA EXT	60	VCA	16.99	13.59	64776	ALIVE IMMUNE GUMMIES	90	GUM	20.45	16.36		
24524	CHANGE O LIFE CAP	180	CAP	15.99	12.79	18236	GLUCOMANNAN	100	CAP	17.99	14.39	18299	SARSAPARILLA ROOT	100	CAP	11.49	9.19	58862	ALIVE MENS 50+ ONCE DL	60	TAB	23.09	18.47		
18167	CHARCOAL ACTIVATED	100	CAP	12.79	10.23	18237	GOLDENSEAL HERB	180	CAP	19.99	15.99	29737	SAW PALM EXT STANDARZD	60	SGC	18.49	14.79	62668	ALIVE MENS GUMMY	75	CHW	17.79	14.23		
18170	CHLORELLA	100	CAP	20.79	16.63	18239	GOLDENSEAL ROOT	50	CAP	19.49	15.59	24509	SAW PALMETTO BERRY CAP	180	CAP	24.99	19.99	57537	ALIVE MENS MULTI	90	TAB	26.65	21.32		
18171	CHLOROFRESH	90	CAP	19.19	15.35	18240	GOLDENSEAL ROOT	100	CAP	30.99	24.79	24508	SAW PALMETTO BERRY CAP	100	CAP	15.99	12.79	58861	ALIVE MENS ONCE DAILY	60	TAB	23.09	18.47		
18172	CHLOROFRESH LIQ MINT	16Z	LIQ	13.39	10.71	18241	GOTU KOLA	100	CAP	9.99	7.99	18300	SCHIZANDRA FRUIT	100	CAP	11.49	9.19	53891	ALIVE MULTI LIQ CITRUS	32Z	LIQ	38.39	30.71		
18173	CHLOROFRESH LIQ NAT	16Z	LIQ	12.49	9.99	18242	GOTU KOLA HERB	180	CAP	14.49	11.59	18301	SCULLCAP HERB	100	CAP	12.79	10.23	58860	ALIVE MULTI ONCE DAILY	60	TAB	25.99	20.79		
51919	CINNAMON EXT STANDZ	60	VCA	14.49	11.59	58141	GRAPE SEED EXT STD	60	VCA	20.99	16.79	18302	SENNA LEAVES	100	VCA	9.49	7.59	42512	ALIVE NO IRON ADDED	180	TAB	44.45	35.56		
44271	CORDYCEPS EXT STAND	60	VCA	19.99	15.																				

New! Turmeric Combination Formulas

SAVE 30% off List Price!
April 2 - May 11, 2018

Phyto-Tech™ Turmeric Joint Synergy

Turmeric / Devil's Claw / Willow / Cat's Claw Blend
Herbal Supplement to Support Healthy Joints and Reduce Inflammation


Product Features:

- Turmeric Root extract (95% curcuminoids) and Willow Bark extract (25% Salicin) provide relief from muscle and joint discomfort through support of the body's natural inflammatory process.
- Devil's Claw Root is a specific joint and connective tissue herb to promote a healthy inflammatory response.
- Cat's Claw Bark supports healthy joints and is adaptogenic.
- Black Cohosh Root calms joint and muscle discomfort.
- Licorice Root supports the inflammatory system by balancing healthy cortisol.
- Black Pepper extract facilitates absorption and promotes healthy circulation.
- Joint Synergy is best taken long term to maintain healthy joints.
- 100% Vegetarian. All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.



60 Veggie Caps
Product Code: 68219

Check out the
Phyto-Tech™ Product Reference Guide
for more information


The Nutritional Supplement
Professionals

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat, or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



1/2 hour before bed time until asleep. Can repeat if wake up. OK with other sleeping aids or protocols. Acute Pain: 60 - 120 drops in water or juice every hour or as needed to control pain. General Use: 30 - 60 drops in water or juice 2-3 times per day or as needed

Complimentary Formulas:

- Phyto-Tech™ Relax AM or Phyto-Tech™ Anxiety Complex (if anxious or mind races, toss and turn)
- Phyto-Tech™ Valerian Root 1:2 (if need more sedation)
- Phyto-Tech™ Kava Root 1:2 (if anxious or mind races)
- Phyto-Tech™ St. Johns Wort (for depression, pain)

Respiratory Complex

A blend of antimicrobial, decongestant, bronchopulmonary healing herbs.

1 fl oz, Product Code: 5695

Alcohol Free - 1 fl oz - Product Code: 57027

Child Friendly - 1 fl oz - Product Code: 56956

60 Veggie Caps (Liquid Fill) - Product Code: 57089

Who might benefit from this herbal supplement?

- Those suffering from acute colds, flue, sinus infections, asthma, bronchitis, pneumonia, and general lung congestion;
- Those who smoke; those with excess mucous in the lungs;
- Those who get sick easily and are exposed to sources of infection.

Ingredients:

Phyto-Tech™ Respiratory Complex Veggie Caps contains Fresh Osha Root, Fresh Yerba Santa Leaf, Lomatium Root, Garlic Bulb, Mullein Leaf, Thyme Herb, Licorice Root, Oregon Grape Root, Echinacea purpurea Flowering Tops, Wild Cherry Bark, Ginger Root, Oregano Oil. Phyto-Tech™ Respiratory Complex Liquid, regular and alcohol free, is similar, but does not contain the Oregano Oil. Oregano Oil add some additional antimicrobial action to the

blend.

Respiratory Complex is a great respiratory remedy for acute colds, flu, sinus infections, asthma, bronchitis, pneumonia, smokers' lung, pneumocystis and general lung congestion. It is a powerful lung macrophage (white blood cell) stimulant to help the lung powerfully address viral and bacterial conditions. It helps clear the lungs of congestion in order to resolve lingering mucus that wants to be expelled. Herbalists believe that If mucus stays in the lungs too long, it becomes a breeding ground for viruses and bacteria to continually live, thus prolonging recovery from colds and flues.

For colds and flu, Respiratory Complex is a powerful and immediate lung white blood cell stimulant (Osha, Lomatium). Phlegm is loosened with Licorice, the chest cavity is opened with Lobelia, lungs relax with Wild Cherry and Mullein and Yerba Santa excites the lung cilia to remove the phlegm. This is especially good for spastic cough.

The formula is very effective as a preventive for those who get sick easily and/or anticipate exposure to others who are sick. Taking Respiratory Complex, along with Echinacea, at the initial onset of a respiratory illness can be very effective in reducing the severity and duration of the condition.

Rhodiola 5 (Standardized)

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

Standardized Liquid Extract - 1 Fl oz - Product Code: 57032
Standardized Fresh Ground Capsule

60 Veggie Caps - Product Code: 67460

Who might benefit from this herbal supplement?

- Those suffering from low energy or fatigue;
- Those who suffer from mental fog, poor memory, or learning problems;
- Those who are looking to increase their stamina, endurance and athletic performance;
- Those who are under high stress; those with sexual or fertility problems.

Ingredients:

Phyto-Tech™ Rhodiola 5 liquid extract contains Rhodiola Rosea standardized to 5% Rosavin, Alcohol Pure Grain, Water Pure Deionized, per 1 ml (30 drops). Phyto-Tech™ Rhodiola veggie caps contains Imported Rhodiola Root Extract standardized to a minimum of 5% rosavins, 500 mg per capsule. The veggie cap contains modified vegetable cellulose, natural silica. Rhodiola as been associated with the following properties: Adaptogenic, Adrenal Tonic, Mood Enhancing, Anti-Depressant

Indications:

Rhodiola rosea, also known as golden root, arctic root or roseroot, has been used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders. Numerous studies have proved Rhodiola to be a powerful adaptogen that increases ones resistance to chemical, biological, and physical stressors and protects the body from breakdown due to chronic stress. Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



24602	C 1000 W/RH	100	CAP	14.39	11.51	64446	PRIMADO OPT 50 BIL WOM	30	VCA	42.65	34.12	56047	UMCKA PWD CHERRY	10	PWD	10.99	8.79
24600	C 500 W/BIOFLAV	100	CAP	11.19	8.95	67846	PRIMADOPH GUMM 4 BL BER	60	CHW	25.59	20.47	65037	UMCKA THROAT SPR CH MT	1.9	SPY	11.99	9.59
24601	C 500 W/BIOFLAV	250	CAP	22.99	18.39	65403	PRIMADOPH OPT INT 200B	30	VCA	102.35	81.88	33918	VISION W/LUTEIN & BILY	60	CAP	24.99	19.99
24635	CAL MAG W/D	100	CAP	12.29	9.83	51631	PRIMADOPH OPTIMA	30	VCA	30.99	24.79	24627	ZINC 30	100	CAP	7.49	5.99
24633	CAL MAG ZINC	100	CAP	12.29	9.83	50910	PRIMADOPH OPTIMA	60	VCA	59.49	47.59	NATUREWORKS					
24616	CALCIUM CITRATE 250 MG	100	CAP	11.75	9.40	60652	PRIMADOPH CITRATE 100 B	30	VCA	49.99	39.99	50188	SILICA GEL CITRUS	17Z	GEL	35.99	28.79
24617	CALCIUM CITRATE 250 MG	250	CAP	21.99	17.59	60650	PRIMADOPH OPTIMA 60 BL	30	VCA	39.99	31.99	18047	SWEDISH BIT 16.9Z	16.	LIQ	52.45	41.96
61409	CALM AID SGC	30	SGC	19.99	15.99	60651	PRIMADOPH OPTIMA 90 BL	30	VCA	49.99	39.99	18048	SWEDISH BITTERS	8.4	LIQ	31.35	25.08
26200	CHARCOAL ACT CAP	100	CAP	10.69	8.55	44506	PRIMADOPH REUTERI	90	CAP	30.99	24.79	22546	SWEDISH BITTERS	3.3	LIQ	15.35	12.28
28129	CHOLINE 500 TAB	100	TAB	12.49	9.99	38415	PRIMADOPH REUTERI	30	CAP	12.99	10.39	NEOCELL					
24619	CHROMIUM PICOLIN 200	60	CAP	7.49	5.99	52295	PRIMADOPH REUTERI PERL	30	PRL	17.99	14.39	64200	BEAUTY BURST FRUIT PUN	60	CHW	19.99	15.99
61900	COCONUT OIL LIQ	10Z	LIQ	15.99	12.79	38931	PRIMADOPH REUTERI PWD	5Z	PWD	21.99	17.59	64947	BEAUTY INFUSION CRANB	11.	PWD	34.95	27.96
61977	COCONUT OIL LIQ	20Z	LIQ	29.99	23.99	18284	PRIMADOPHILUS 290 CAP	90	CAP	20.99	16.79	64946	BEAUTY INFUSION TANG	11.	PWD	34.95	27.96
50911	COCONUT OIL XTR VRG OG	16Z	OIL	19.69	15.75	18285	PRIMADOPHILUS 290 CAP	180	CAP	36.49	29.19	66570	BIOTIN BURSTS ACAI BER	30	CHW	15.99	12.79
63376	COCONUT OIL XTRA VIRG	120	SGC	16.99	13.59	22252	PRIMADOPHILUS BIFIDUS	90	CAP	22.99	18.39	56544	COLLAGEN + C POMEGR LIQ	16Z	LIQ	29.95	23.96
60030	COCONUT OIL XTRA VIRG	32Z	OIL	24.99	19.99	37871	PRIMADOPHILUS KID CHW	30	CHW	9.99	7.99	56543	COLLAGEN FISH HYAL ACD	120	CAP	19.95	15.96
63458	COCONUT RAW ORGANIC	16Z	LIQ	13.49	10.79	56930	PRIMADOPHILUS KIDS ORA	30	CHW	9.99	7.99	56549	COLLAGEN II JOINT CMP	120	CAP	29.99	23.99
40400	COMPLETIA DIABETIC MUL	90	TAB	29.99	23.99	18287	PRIMADOPHILUS/CHILDREN	5Z	PWD	17.99	14.39	56545	COLLAGEN SUPER + C TAB	120	TAB	16.19	12.95
56789	CRAN RX	30	VCA	14.99	11.99	56506	RED YEAST RICE 1200 MG	60	TAB	33.49	26.79	56547	COLLAGEN SUPER POWDER	7Z	PWD	16.19	12.95
65036	CRAN RX GUMMIES	60	CHW	19.99	15.99	52732	RESVERATROL	60	VCA	21.99	17.59	56548	HA PURE HYALURONIC ACD	60	CAP	27.95	22.36
61425	CURICA PAIN RELIEF	100	TAB	42.99	34.39	66233	SAMBUCUS FIZZY W/C PAK	10	PAK	10.69	8.55	59634	HYALURONIC ACD BLUE	16Z	LIQ	29.99	23.99
65864	CURICA TURMERIC DROPS	2Z	LIQ	31.99	25.59	32589	SAMBUCUS FOR KIDS	4Z	LIQ	15.59	12.47	61533	SUPER COLLAGEN + C	250	TAB	25.29	20.23
65863	CURICA TURMERIC VCAP	60	VCA	47.99	38.39	55966	SAMBUCUS FOR KIDS BER	8Z	LIQ	28.99	23.19	NEUROSCIENCE					
28452	DHA 100 MG NEUROMINS	60	SGC	25.49	20.39	64773	SAMBUCUS GUMMIES ELDER	60	GUM	19.99	15.99	65172	CALM CP	60	CAP	57.00	57.00
53263	DHA NEUROMINS 200 MG	60	SGC	43.49	34.79	32590	SAMBUCUS IMMUNE FORM	4Z	LIQ	16.59	13.27	67976	IMMUWELL	60	CAP	67.00	67.00
38689	DIM PLUS	60	CAP	22.99	18.39	43720	SAMBUCUS IMMUNE FORM	8Z	LIQ	30.99	24.79	62779	KAVINACE	60	CAP	48.00	48.00
38688	DIM PLUS	120	CAP	41.99	33.59	34353	SAMBUCUS IMMUNE FRM LZ	30	LOZ	14.59	11.67	62935	KAVINACE	120	CAP	82.00	82.00
24613	E 400 D ALPHA SGC	100	SGC	28.15	22.52	35075	SAMBUCUS LOZ BLACK ELD	30	LOZ	14.59	11.67	62936	KAVINACE ULTRA PM	30	CAP	54.00	54.00
44939	E P O 1300 MG EFA GOLD	120	SGC	30.49	24.39	64774	SAMBUCUS NIGHTTIME LIQ	4Z	LIQ	16.99	13.59	64778	TRAVACOR	120	CAP	82.00	82.00
42666	EFA BLEND CHILDREN	120	SGC	21.99	17.59	60705	SAMBUCUS ORGANIC LIQ	4Z	LIQ	18.99	15.19	64757	TRAVACOR N	60	CAP	48.00	48.00
43697	FISOL FISH OIL	180	SGC	34.69	27.75	30130	SAMBUCUS ORIGINAL	4Z	LIQ	15.59	12.47	NEW CHAPTER					
38748	FISOL FISH OIL	90	SGC	16.99	13.59	43698	SAMBUCUS ORIGINAL	7.8	LIQ	28.99	23.19	67662	ALOE BOOST PWD FERMENT	54G	PWD	46.95	37.56
60028	FISOL SUPER FISH OIL	180	SGC	42.49	33.99	30183	SAMBUCUS SUGAR FREE	4Z	LIQ	15.59	12.47	68021	BLACK SEED BOOST FERM	54G	PWD	46.95	37.56
51688	FISOL SUPER FISH OIL	90	SGC	22.99	18.39	43719	SAMBUCUS SUGAR FREE	8Z	LIQ	28.99	23.19	53468	BLOOD PRESSURE TAKE	30	VCA	49.95	39.96
32005	GLUCOSAMINE HCL	90	CAP	19.49	15.59	66223	SAMBUCUS VEG SGC MX PT	18	VSG	31.99	25.59	60628	BONE STRENGT TAKE TINY	240	TAB	63.95	51.16
45046	HEMP POWDER NON GMO	16Z	PWD	18.99	15.19	24626	SELENIUM 200 Y/F	100	CAP	10.15	8.12	64138	BONE STRENGT TAKE TINY	120	TAB	36.95	29.56
50176	HYDRAPLENISH	60	VCA	24.99	19.99	39540	SYSTEM WELL ULT IMMUN	90	TAB	20.59	16.47	54342	BONE STRENGTH SLIM	120	TAB	63.95	51.16
58210	HYDRAPLENISH SERUM ULT	1Z	SER	41.99	33.59	50174	SYTRINOL 150 MG	60	SGC	27.99	22.39	64752	BONE STRENGTH SLIM	180	TAB	89.95	71.96
65499	IMMUNABLES PAK KIDS	30	PAK	29.99	23.99	29054	TRU OPC 75 MG	90	TAB	29.49	23.59	57351	BONE STRENGTH TAB	30	TAB	20.95	16.76
24575	INOSITOL 500	100	CAP	13.49	10.79	53876	UMCKA CHERRY CHEWABLE	20	CHW	15.59	12.47	55914	BONE STRENGTH TAB	60	TAB	36.95	29.56
31437	ISOFLAVONE SOY	100	CAP	15.99	12.79	52289	UMCKA CHERRY SYRUP	8Z	LIQ	28.99	23.19	58096	BREATHE LIFESHIELD	60	CAP	37.95	30.36
44945	KRILL OIL 500 MG	60	SGC	41.49	33.19	42690	UMCKA CHERRY SYRUP A/F	4Z	LIQ	15.59	12.47	34394	C VIT FOOD CMP 250 MG	90	TAB	49.95	39.96
52521	LACTASE ENZYME	100	CAP	21.35	17.08	57679	UMCKA CHLD CHERRY A/F	4Z	LIQ	11.99	9.59	34395	C VIT FOOD CMP 250 MG	180	TAB	65.95	52.76
24623	MAG 500	100	CAP	10.15	8.12	54051	UMCKA COLD & FLU BERRY	20	CHW	16.49	13.19	65819	CINNAMON FORCE LVCP	30	LVC	30.95	24.76
66083	MCT OIL 100% FRM COCON	16Z	LIQ	21.99	17.59	54053	UMCKA COLD FLU BER SYR	4Z	LIQ	16.49	13.19	65820	CINNAMON FORCE LVCP	60	LVC	50.95	40.76
24580	NIACINAMIDE 500 NO FLS	100	CAP	7.99	6.39	62186	UMCKA COUGH SYRUP	4Z	LIQ	16.99	13.59	67869	COENZYM B FD CMP 1 DY	90	TAB	74.95	59.96
38336	PEPOGEST	60	SGC	13.99	11.19	52287	UMCKA GRAPE SUGAR FREE	4Z	LIQ	15.59	12.47	67832	ESTROTONE VCAP	60	VCA	56.95	45.56
26367	PHOS SERINE	60	SGC	51.99	41.59	53961	UMCKA LEMON HOT DRINK	10	PWD	10.59	8.47	58448	EVERY MAN II 40+	48	TAB	44.95	35.96
24625	POT CHELATE 99	100	CAP	8.55	6.84	42682	UMCKA MENTHOL SYRUP	4Z	LIQ	15.59	12.47						
65858	PRIMAD OPT 50B HDS IMM	30	VCA	39.99	31.99	42670	UMCKA ORIGINAL A/F DRP	1Z	LIQ	15.59	12.47						
65857	PRIMAD OPT HDS 50+ 50B	30	VCA	39.99	31.99	42664	UMCKA ORIGINAL DROPS	1Z	LIQ	15.59	12.47						
64447	PRIMAD OPT 50 BIL DIG	30	VCA	42.65	34.12	52285	UMCKA ORIGINAL DROPS	2Z	LIQ	28.99	23.19						

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The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit **Don's Blog** www.dongoldberg.com

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, and memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

A study involving 56 healthy male and female physicians working the night shift (age 24-35) were given 170 mg of Rhodiola extract for 6 weeks. Their mental performance was evaluated using tests to determine speed of visual and auditory perception, attention capacity, and short-term memory. A significant improvement in mental performance tests was observed in the treatment group during the first two-week period. Another double-blind, placebo controlled study involving 60 foreign students at a Russian high school showed that supplementation by the students with Rhodiola resulted in a decrease of mental fatigue and situational anxiety and an increase in physical work capacity, coordination, kinesthetic sensitivity, and general well-being.

For athletes or anyone seeking to enhance physical performance, Rhodiola has been shown to improve strength, endurance, cardiovascular measures, coordination and recovery time. In one study, 42 master level competitive skiers were given either Rhodiola rosea extract or placebo 30-60 minutes before a 20 km race on skies that involved carrying a rifle and shooting targets at stops. The athletes receiving Rhodiola showed a significant increase in shooting accuracy, less arm tremor, better coordination, and their heart rates returned to normal more quickly.

Rhodiola has also been found to have cardio protective and anticancer benefits and can increase fertility in both men and women.

In 1986 it was discovered that the chemical composition that sets Rhodiola rosea apart from other species of Rhodiola are three cinnamyl alcohol-vicianosides identified as rosavin, rosin and rosarin. The term rosavins is used to include all three of these chemical compounds. Rosavins are known as the marker compound that differentiates true Rhodiola rosea extract from other Rhodiola species.

Contra-Indications and Cautions: Pregnancy; Nursing

Complimentary Formulas & Single Herbs:

- Ginseng Energy Blend (Ginseng formula for energy)
- Ginkgo biloba (to increase memory and cerebral circulation)
- St Johns Wort (for depression)

Dosage:

Liquid: 30 drops in juice or water 1-3 times per day or as needed; Veggie Cap: 1 capsule, 1-3 times per day or as needed.

Note: The liquid formula may contain small amounts of herbal precipitate (small particles) due to strength of preparation. The taste is very astringent, slightly bitter.

Saw Palmetto Berry 1:3

Perhaps the most researched, most effective herb for treating an enlarged prostate (BPH).

Liquid - 1 fl oz - Product Code: 57006
60 Liquid Veggie Caps - Product Code: 67450

Who might benefit from this herbal supplement?

- Men with an enlarged prostate, or benign prostatic hyperplasia (BPH).

Ingredients:

Phyto-Tech™ Saw Palmetto Berry 1:3 contains Certified Organic Saw Palmetto Berries (Serenoa repens), Pure Grain Alcohol, Deionized Water. Each 30 drops contains 333 mg. Phyto-Tech™ Saw Palmetto Liquid Veggie Caps contains, per one capsule, Saw Palmetto Berry, 160 mg (Serenoa repens) as a CO2 Supercritical Extract (standardized to minimum 85%, Essential Fatty Acids, 136 mg), Soy Lecithin (PCR Negative), Modified Vegetable Cellulose.

Saw Palmetto is the well known herb for swollen or enlarged prostate, commonly called benign prostatic hyperplasia (BPH). Symptoms of BPH range from difficult urination, dull ache, impotence, difficulty maintaining an erection, waking to urinate, urgency to urinate and precancerous blood chemistry such as elevated PSA's. It is thought that Saw Palmetto inhibits dihydrotestosterone, the compound that causes prostate cells to multiply excessively. * Many herbalists consider Saw Palmetto to be a valuable male tonic to help maintain prostate health as men age. Prostate inflammation is common in men over 50, especially those with a diet high in animal products and trans fatty acids. Prostate cancer is the second most common cancer in men. Prostate cancer is the male equivalent to uterine and ovarian cancer in women. Some believe that chronic BPH is a precursor to prostate cancer in some men. Saw Palmetto can be used as a preventative mens' tonic herb to help avoid the swelling in the first place. If one has BPH already, Saw Palmetto can reduce the inflammation to normalize the prostate. Saw Palmetto is nontoxic and can be used long term.

Dosage:

General preventative tonic: 30-60 drops, 2 times per day or as needed in juice or water; Stronger dose: 60-90 drops, 2-3 times per day in juice or water. Liquid Veggie Caps: One capsule, 1-2 times per day, or as directed.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



58449	EVERY MAN II 40 +	96	TAB	75.95	60.76	64853	TURMERIC FORCE LIQVCP	120	LVC	63.95	51.16	43374	C L O ARCTIC PLAIN	8 Z	LIQ	26.95	21.56	62151	OMEGA ALGAE VEG	120	SGC	49.95	39.96
58434	EVERY MAN NEW FORM	120	TAB	81.95	65.56	64852	TURMERIC FORCE LIQVCP	60	LVC	36.95	29.56	51120	C L O ARTIC W/D LEMON	8 Z	LIQ	27.95	22.36	61740	OMEGA ALGAE VEG	60	SGC	27.99	22.39
61496	EVERY MAN ONE DAILY 40 +	48	TAB	49.95	39.96	57438	WHOLEMEGA 1000 MG	120	SGC	59.95	47.96	54390	COD LIVER OIL ARTIC ST	8 Z	LIQ	26.95	21.56	56885	OMEGA BLOOD SUGAR	60	SGC	26.95	21.56
64214	EVERY MAN ONE DAILY 40 +	96	TAB	89.95	71.96	57365	WHOLEMEGA 1000 MG	60	SGC	31.95	25.56	55709	COD LIVER OIL LEM 1000	180	SGC	39.95	31.96	55707	OMEGA COMPLETE JUNIOR	180	SGC	35.95	28.76
61497	EVERY MAN ONE DAILY 40 +	72	TAB	69.95	55.96	59837	WHOLEMEGA 1000 MG	180	SGC	83.95	67.16	67576	COO10 100 MG GUMMIES	60	CHW	24.95	19.96	50070	OMEGA COMPLETE JUNIOR	90	SGC	19.95	15.96
61495	EVERY MAN ONE DAILY 40 +	72	TAB	27.95	22.36	57366	WHOLEMEGA 500 TINY	90	SGC	31.95	25.56	67575	D3 + K2 1000/45 GUMM	60	CHW	24.95	19.96	66713	OMEGA CURCUMIN	60	SGC	44.95	35.96
64215	EVERY MANS ONE DAILY	96	TAB	76.95	61.56	66639	ZYFLAMEND NIGHT LIQVCP	60	LVC	44.95	35.96	62912	D3 1000 IU GUMMIES	60	CHW	13.49	10.79	59821	OMEGA DAILY KIDS CHW	30	CHW	9.95	7.96
67607	EVERY MANS ONE DLY 55 +	48	TAB	61.95	49.56	66440	ZYFLAMEND PROSTATE LVC	60	LVC	48.95	39.16	56886	D3 1000IU ORANGE	120	SGC	16.95	13.56	58658	OMEGA JOINT EXTRA	90	SGC	51.95	41.56
58446	EVERY MANS ONE NEW FRM	48	TAB	39.95	31.96	67134	ZYFLAMEND WHOLE BD LVC	30	LVC	27.95	22.36	64943	D3 5000 IU SGC ORANGE	120	SGC	23.95	19.16	55708	OMEGA LDL	60	SGC	29.95	23.96
58447	EVERY MANS ONE NEW FRM	72	TAB	59.95	47.96	66523	ZYFLAMEND WHOLE BD LV	180	LVC	100.95	80.76	62153	D3 LIQ 1000 IU VEGAN	1 Z	LIQ	21.95	17.56	67257	OMEGA MEMORY W/CURCUM	60	SGC	49.95	39.96
58445	EVERY MANS ONE NEW FRM	24	TAB	24.95	19.96	67026	ZYFLAMEND WHOLE BODY	60	LVC	44.95	35.96	58426	DHA BABYS LIQUID	2 Z	LIQ	15.95	12.76	67574	OMEGA ULTIM 2X D3 MINI	60	SGC	35.95	28.76
58443	EVERY WOMAN II 40 + NEW	48	TAB	44.95	35.96	66444	ZYFLAMEND WHOLE LVCP	120	LVC	72.95	58.36	40947	DHA CHILDRENS FORM 250	90	SGC	14.95	11.96	67573	OMEGA ULTIM 2X D3 SGC N	60	SGC	51.95	41.56
58444	EVERY WOMAN II 40 + NEW	96	TAB	75.95	60.76							50071	DHA CHILDRENS FORM 250	180	SGC	24.95	19.96	42307	OMEGA ULTIMATE	60	SGC	27.75	22.20
58437	EVERY WOMAN NEW FORM	72	TAB	51.95	41.56							55706	DHA CHILDRENS FORM 250	360	SGC	43.95	35.16	50093	OMEGA ULTIMATE	120	SGC	49.95	39.96
61503	EVERY WOMAN ONE DLY 40 +	72	TAB	69.95	55.96							52920	DHA CHILDRENS LIQUID	8 Z	LIQ	26.95	21.56	53378	OMEGA ULTIMATE	180	SGC	69.95	55.96
61502	EVERY WOMAN ONE DLY 40 +	48	TAB	49.95	39.96	58695	BACTERIAL INFECT PRO	1 Z	LIQ	19.00	17.10	52253	DHA CHILDRENS LIQUID	4 Z	LIQ	16.95	13.56	55117	OMEGA ULTIMATE + COQ10	60	SGC	38.95	31.16
61501	EVERY WOMAN ONE DLY 40 +	72	TAB	27.95	22.36	68033	BLADDER KIDNEY PRO N	1 Z	LIQ	19.00	17.10	61299	BREAST CARE FIBROCYSTIC	30	SGC	15.95	12.76	67254	OMEGA ULTIMATE + COQ10	120	SGC	69.95	55.96
67606	EVERY WOMANS ONE 55 +	48	TAB	61.95	49.56	59616	BRONCHITIS ASTMA RX	1 Z	LIQ	19.00	17.10	59823	DHA DAILY SGC	90	SGC	28.95	23.16	66138	OMEGA ULTIMATE 2X	60	SGC	49.95	39.96
64217	EVERY WOMANS ONE DLY 40	96	TAB	89.95	71.96	59416	CANDIDIASIS YEAST PRO	1 Z	LIQ	19.00	17.10	66686	DHA FORMULA 500 MG	180	SGC	49.95	39.96	54587	OMEGA ULTIMATE 500 MIN	60	SGC	34.95	27.96
58439	EVERY WOMANS ONE NEW	24	TAB	24.95	19.96	58401	CATARACTS	1 Z	LIQ	16.00	14.40	66137	DHA PRENAT 500 W/D STR	90	SGC	28.95	23.16	61840	OMEGA ULTIMATE D3	120	SGC	51.95	41.56
58441	EVERY WOMANS ONE NEW	48	TAB	39.95	31.96	65901	CONNECTIVE TISSUE	1 Z	LIQ	19.50	17.55	53377	DHA PRENATAL 500 MG	90	SGC	28.95	23.16	55874	OMEGA ULTIMATE D3	60	SGC	28.95	23.16
58442	EVERY WOMANS ONE NEW	72	TAB	59.95	47.96	39804	COUGH & ASTHMA # 2	1 Z	LIQ	16.00	14.40	59834	DHA PRENATAL 500 MG	180	SGC	49.95	39.96	59725	OMEGA ULTIMATE FISH GL	60	FSG	29.95	23.96
64216	EVERY WOMANS ONE NEW	96	TAB	76.95	61.56	37837	DETOXIFIER	1 Z	LIQ	16.00	14.40	59726	DHA XTRA 1000 SGC	60	SGC	31.95	25.56	59820	OMEGA ULTIMATE JUNIOR	90	SGC	29.95	23.96
66231	GARLIC FORCE LIQUIDVCP	30	VCA	39.95	31.96	44001	DRAINER PRO	1 Z	LIQ	19.00	15.20	41007	EPA FORMULA LEMON	60	SGC	29.95	23.96	43371	OMEGA ULTIMATE LIQUID	4 Z	LIQ	41.95	33.56
65674	GINGER FORCE LIQUIDVCP	60	LVC	35.95	28.76	58182	ECZEMA SKIN CARE	1 Z	LIQ	16.00	14.40	52919	EPA XTRA	60	SGC	39.95	31.96	53379	OMEGA ULTIMATE LIQUID	8 Z	LIQ	71.95	57.56
68024	GOLDEN BLACK SEED	30	VCA	39.95	31.96	65434	EYE FLOATERS	1 Z	LIQ	19.00	17.10	67255	NORDIC BERR MULTI CHER	120	CHW	24.95	19.96	61399	OMEGA ULTIMATE XTRA	60	SGC	32.95	26.36
68025	GOLDEN BLACK SEED	60	VCA	59.95	47.96	61539	FEMALE FIBROIDS	1 Z	LIQ	17.00	15.30	62152	NORDIC BERRIES MULTI	200	CHW	36.95	29.56	55601	OMEGA VISION DHA EYE	60	SGC	49.95	39.96
60414	GRAPE SEED FORCE 300	30	VCA	34.95	27.96	59035	GLAUCOMA PRO NW	1 Z	LIQ	19.00	17.10	57572	NORDIC OMEGA 3 FISHIES	30	CHW	34.95	27.96	41536	OMEGA WOMAN E P O	120	SGC	29.99	23.99
67166	HOLY BASIL FORCE LVCP	60	LVC	44.95	35.96	59543	INJURY RESCUE PRO N	1 Z	LIQ	19.00	17.10	62035	NORDIC OMEGA 3 FISHIES	36	CHW	21.25	17.00	67256	PRENATAL DHA 500 D FSG	180	FSG	51.95	41.56
67069	HOLY BASIL FORCE LVCP	120	LVC	72.95	58.36	37838	JUMP START YOUR HEALTH	KIT	KIT	39.00	35.10	56173	NORDIC OMEGA 3 GUMMIES	60	CHW	22.95	18.00	63716	PROBIOTIC 12 BILL + PRE	60	CAP	29.95	23.96
67020	LEMON BALM FORCE LVCP	30	LVC	32.95	26.36	58696	LYMPHATIC DRAINER	1 Z	LIQ	17.00	15.30	62150	OMEGA 3 6 9 COMP XTRA	60	SGC	31.95	25.56	66854	PROBIOTIC GUMMIES KIDS	60	CAP	19.95	15.96
58097	LIVER FORCE LIFESHIELD	60	CAP	37.95	30.36	45673	MENOPAUSE # 18	1 Z	LIQ	16.00	14.40	40949	OMEGA 3 6 9 COMPLETE	60	SGC	18.95	15.16						
67663	MACA BOOST PWD FERMENT	546	PWD	46.95	37.56	62776	MOLD DUST DANDER	1 Z	LIQ	19.00	17.10	51004	OMEGA 3 6 9 COMPLETE	8 Z	LIQ	29.95	23.96						
68022	MACA TABS FERMENTED	48	TAB	46.95	37.56	58324	NERVOUSNESS	1 Z	LIQ	16.00	14.40	50092	OMEGA 3 6 9 COMPLETE	120	SGC	33.95	27.16	67700	BLACK SEED OIL LIQUID	8 Z	LIQ	34.99	27.99
68023	MACA TABS FERMENTED	96	TAB	78.95	63.16	58402	NERVOUSNESS & ANXIT	1 Z	LIQ	19.00	17.10	58344	OMEGA 3 6 9 COMPLETE	16 Z	LIQ	54.95	43.96	67699	BLACK SEED OIL SGC	90	SGC	34.99	27.99
58100	MIND FORCE LIFESHIELD	60	CAP	37.95	30.36	59090	NEURO CARE	1 Z	LIQ	19.00	17.10	54389	OMEGA 3 6 9 COMPLETE	180	SGC	47.95	38.36	58676	BLACK SEED PLUS OIL	12 Z	LIQ	47.99	38.39
44120	OMEGA 7 SUPERCritical	30	LVC	33.95	27.16	41664	PARASITE #53	1 Z	LIQ	16.00	14.40	61649	OMEGA 3 6 9 COMPLETE D	60	SGC	19.95	15.96	33895	CILANTRO OIL	1 Z	LIQ	39.99	31.99
56646	OMEGA 7 SUPERCritical	60	LVC	62.95	50.60	58535	SCIATICA BACK CARE	1 Z	LIQ	16.00	14.40	61650	OMEGA 3 6 9 COMPLETE D	120	SGC	35.95	28.76	67154	CLOVANOL	1 Z	LIQ	39.99	31.99
63170	PERFECT ENERGY	96	TAB	79.95	63.96	66232	SINUSITIS PRO	1 Z	LIQ	19.00	17.10	54602	OMEGA 3 D3	8 Z	LIQ	26.95	21.56	28002	OREGAMAX	90	CAP	29.99	23.99

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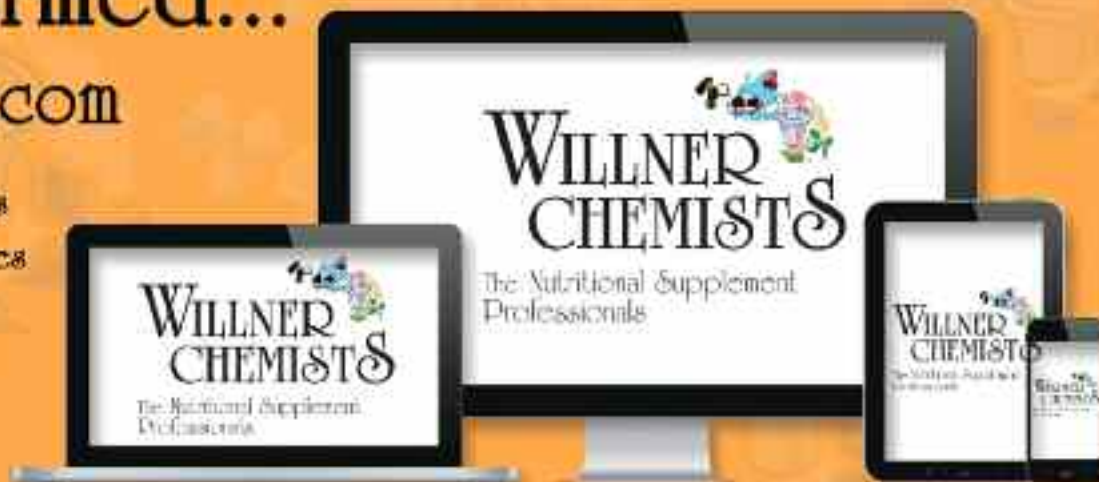
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† Made with organic algae and aloe

‡ Clinically proven to reduce the appearance of fine lines and wrinkles

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Note: Phyto-Tech™ Saw Palmetto Berry 1:3 is a full spectrum hydroalcoholic liquid extract, not a “standardized” liposterolic extract. It is not possible to make a direct dose comparison to “160 mg liposterolic extract.” Clinical and traditional evidence, however, would suggest the recommended 60 drop dosage, above, is equivalent to the 160 ml liposterolic dose.

*Saw Palmetto contains several types of active compounds: sterols (such as beta-sitosterol), flavonoids (such as Isoquercitrin), water soluble polysaccharides, and fatty oils. This combination of botanicals exert antiandrogenic, antiestrogenic and antiinflammatory effects, all of which contribute to its action against BPH. Ethanolic (alcohol) extracts contain all of the above. For this reason, many prefer a full spectrum extract.

Schisandra Berry

An adaptogenic herb thought to fight stress, improve immune function and increase energy and endurance.

Liquid Extract - 1 fl oz - Product Code: 67466

Who might benefit from this herbal supplement?

- Those suffering from stress and fatigue
- Those who need a boost in energy, mental and physical performance.
- Those with poor immune function.

Ingredients:

Each 30 drops (1 ml) contains Selectively Imported Schisandra Berries (*Schisandra chinensis*), 333 mg in a base of grain alcohol and deionized water. Schisandra shrub native to northern and northeast China, as well as areas of Korea and Russia. The berries of *Schisandra chinensis* are called wu wei zi in Chinese, translated as “five-flavor fruit,” based on its salty, sweet, sour, pungent, and bitter flavors.

Indications:

Orally, schisandra is used as an adaptogen for increasing resistance to disease and stress, increasing energy, and increasing physical performance and endurance. Traditionally, including Traditional Chinese Medicine, Schisandra is also used for many other health conditions, including improving vision, boosting muscular activity, improving cellular energy, for hepatitis, liver protection, preventing premature aging, increasing lifespan, for premenstrual syndrome (PMS), stimulating the immune system, speeding recovery after surgery, protecting against radiation, counteracting the effects of sugar, preventing motion sickness, normalizing blood sugar and blood pressure, reducing high cholesterol, preventing infection, improving adrenal health, and energizing RNA-DNA to rebuild cells. Schisandra is also used for coughs, asthma, insomnia, neurasthenia, chronic diarrhea, dysentery, night sweats, spontaneous sweating, involuntary seminal discharge, thirst, impotence, physical exhaustion, excessive urination, depression, irritability, and memory loss. When it comes to evidence for these traditional claims, recent research does seem to support its effect on enhancing cognitive performance and improving liver function on patients with hepatitis. Work is ongoing in areas from vision improvement to immune enhancement.

Dosage:

30 drops in water or juice, 1-3 times per day, or as needed. Shake well before using.

Silver Colloid Complex

A combination containing Colloidal Silver 15ppm, Olive Leaf, and Wild Oregano Oil

1 fl oz - Product Code: 56972

1 fl oz Spray - Product Code: 57021

Silver Colloid 15 - 4 fl oz - Product Code: 557039

Ingredients:

Phyto-Tech™ Silver Colloid Complex contains the following: Colloidal silver 15ppm, Olive Leaf, Wild Oregano Oil (70% Carvacrol), Deionized Water, Pure Grain Alcohol, Non-GMO Soy Lecithin.

There is an ongoing and unresolved debate over whether colloidal or ionic silver particles are more effective at killing pathogens. Studies show both as being effective for the conditions discussed here. At the same time, there is some debate over whether or not the marketing claims for Colloidal Silver are overly enthusiastic.

Silver Colloid Complex addressed both of these concerns. It employs a combination of both colloidal and ionic particles with a size of 15 ppm. A small particle size is important for the body to be able to absorb and circulate. With particle sizes larger than 30 ppm, a condition called argyria can occur. Argyria causes a bluish-gray discoloration of the skin, other organs, deep tissues, nails and gums.

In addition, Silver Colloid Complex is combined with Olive Leaf and Oregano Oil for added immune power. Olive Leaf is known for its effectiveness in fighting infections and supporting overall immunity. The key active ingredients of Olive Leaf are the iridoide monoterpenes or oleuropein. It is a powerful anti-microbial for bacteria and viral infections. Oleuropein is converted into elenoic acid in the body which may prevent viruses and bacteria from replicating. Oregano Oil is an anti-microbial that has an immediate impact on acute germ inundation. It is a broad spectrum and powerful. Research has found the phenol Carvacrol to be the active compound in Oregano Oil that gives it its powerful ability to kill bacteria, fungus, candida, and parasites.

Phyto-Tech™ Silver Colloid Complex can be used on a daily basis as a preventative against illness, or it can be used once one is ill to support the body and speed healing. It is a broad-spectrum anti-microbial that can be taken internally for colds, flu, coughs, candidiasis, and parasites. It is also an effective external treatment for sore throats, infected wounds, acne,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.




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*Capsules remain intact for more than 60 minutes in stomach acid (USP 2040).



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



athletes toot, diaper rash, gum disease, nail fungus, and psoriasis. It is a great traveling aid, especially when traveling to third world countries.

Sinus Allergy Blend

Traditional Chinese Herbal Formula

1 fl oz - Product Code: 56982

Sinus Decongest

A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways. This facilitates breathing, drainage and helps fight microbial growth. It produces a short term intensity that is followed by a more mellow, warming sensation in the sinus area. Sinus Decongest will open even the most stubborn and clogged sinus cavity. It can be used many times during the day to help maintain breathing and sinus drainage.

1 fl oz - Product Code: 56941

2 fl oz - Product Code: 66599

1 fl oz Spray - Product Code: 66588

Who might benefit from this herbal formula?

- Those suffering from sinus infections, sinus headaches, cold and flu, congestion from allergies and environmental toxins.
- Those who snore.
- Those with congestion while flying.

It is best to inhale deeply right after taking Phyto-Tech™ Sinus Decongest. The deeper one inhales, the more effective the result.

Dosage:

General Dosage: Take 15-30 drops directly in mouth, or in water or juice as soon as is needed. Take 1-3 times per day

and up to every 3 hours when needed.

Acute infection: Take every 30 minutes to 2 hours until relief maintains.

Ingredients:

Phyto-Tech™ Sinus Decongest contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb, Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain, Glycerin Vegetable, Honey.

How does it work?

Peppermint Oil and Fresh Organic Horseradish pulls the action up and into the sinus while the pungency of Cayenne, Garlic Onion and Horseradish increase circulation. Since the sinus cavity has poor circulation in general, this increase allows immune compounds in the blood to fight infection. The additional Immuno-Stimulating action of Echinacea, Spilanthes, Goldenseal, Elderberry, Garlic, Olive and Fresh Osha help stimulate the body to fight off microbial inundation and assist in healing. Decongesting herbs like Horehound, Licorice, Wild Cherry and Osha also help clean the lungs. Sinus Decongest helps to thin, thick and infected mucus and expectorate it out. In this way, it can help resolve an unproductive cough. Fever managing herbs like Boneset, Yarrow, Osha, Andrographis and Peppermint also help reestablish immune homeostasis.

Complimentary Formulas:

- Phyto-Tech™ Sinus Decongest is synergistic with other immune formulas to increase immune stimulation.
- Combine with Echinacea Goldenseal (Phyto-Tech™ Echina Acute Complex) or Phyto-Tech™ Oregano Oil 70 to additionally stimulate white blood cell activity.
- For lung congestion or sore throats, combine with Phyto-Tech™ Respiratory Complex.
- For long-term immune weakness, combine with Phyto-

Tech™ Immune Complex or Phyto-Tech™ Elderberry 1:2.

- Phyto-Tech™ Respiratory Complex (to clear out lungs);
- Phyto-Tech™ Mushroom Extract Complex/Dual Extraction Blend (rebuild immunity)
- Phyto-Tech™ Sinus Allergy Blend/Chinese Herbal Formula (Chinese formula to balance constitutions)
- Phyto-Tech™ Allergy Complex (if allergies)
- Phyto-Tech™ Oregano Oil 70 (powerful anti-microbial)
- Phyto-Tech™ Echina Acute Complex (colds and Flu)
- Phyto-Tech™ Astragalus Root 1:3 (if chronic weak immunity)

Skullcap 1:2

1 fl oz - Product Code: 57064

Sleep Complex

Phyto-Tech™ Sleep Complex with Melatonin

A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.

1 fl oz - Product Code: 57028

60 liquid filled Veggie Caps - Product Code: 57045

Who can benefit from this supplement?

- Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety.

Ingredients:

Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg.

Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



NOW FOODS

53105	5 HTP 100 MG	60	CAP	19.99	15.99	54185	BALSAM FIR NEEDLE OIL	1 Z	LIQ	11.99	9.59	32995	CAROTENE 25000	180	SGC	29.99	23.99	56218	CURCUMIN 700 MG	120	VCA	49.99	39.99
38807	5 HTP 100 MG	120	VCAP	35.95	28.76	41471	BASIL OIL	1 Z	LIQ	12.99	10.39	59059	CASTOR OIL	16Z	LIQ	8.99	7.19	59324	CURCUMIN BIO PHYTOSOME	60	VCA	31.99	25.59
61031	5 HTP 100 MG CHW	90	CHW	27.99	22.39	60598	BCAA PWD	12Z	PWD	43.99	35.19	54180	CASTOR OIL 650 MG SGC	120	SGC	13.99	11.19	52111	CURCUMIN EXT	60	VCA	27.99	22.39
44403	5 HTP 50 MG	90	CAP	17.99	14.39	65942	BEEF GELATIN 550 MG	200	CAP	16.99	13.59	38628	CATS CLAW 5000	120	CAP	24.99	19.99	50507	D MANNOSE 500 MG	120	CAP	31.99	25.59
61433	7 KETO 100 MG	120	VCA	69.99	55.99	59593	BENTONITE CLAY POWDER	1LB	PWD	19.99	15.99	51007	CELADRINE LIPOS CRM	4 Z	CRM	19.95	15.96	50508	D MANNOSE PWD	3 Z	PWD	31.99	25.59
59104	7 KETO 100 MG LEANGEL	60	SGC	39.99	31.99	41058	BERGAMOT OIL	1 Z	LIQ	14.99	11.99	63817	CHEER UP BUTTERCUP OIL	7 Z	LIQ	12.99	10.39	55594	D RIBOSE 1500 MG CHW	90	CHW	35.99	28.79
41974	7 KETO DHEA 25 MG	90	CAP	21.99	17.59	66279	BERRYDOPHILUS 10B CHW	50	CHW	24.99	19.99	39923	CHITOSAN 500 MG CHROM	120	CAP	19.99	15.99	53019	D RIBOSE 750 MG CAP	60	CAP	18.99	15.19
42087	7 KETO DHEA100 MG N	60	VCA	39.99	31.99	65422	BETA ALANINE 750 MG	120	CAP	29.99	23.99	41818	CHLORELLA 1000 MG	120	TAB	23.99	19.19	57122	D RIBOSE POWDER	8 Z	PWD	39.99	31.99
43758	A 25000 IU	250	SGC	17.99	14.39	56469	BETA ALANINE POWDER	500	PWD	44.99	35.99	60247	CHOLESTEROL PRO	60	TAB	29.99	23.99	55325	D3 & K2 1000/45	120	VCA	12.99	10.39
56470	AAKG 3500 ARGIN ALP K	180	TAB	49.99	39.99	42170	BETA GLUCAN 1 3 100 MG	90	VCA	19.99	15.99	60562	CHOLESTEROL PRO	120	TAB	54.99	43.99	43559	D3 1000 IU	180	SGC	8.99	7.19
64297	ACACIA PWD ORGANIC PUR	12Z	PWD	14.99	11.99	59925	BETA GLUCANS 250 XTRA	60	VCA	24.99	19.99	57690	CHOLINE/INOSITOL	100	CAP	12.99	10.39	58883	D3 1000 IU CHW FRUIT	180	CHW	11.99	9.59
55743	ACETYL L CARNITINE 500	100	CAP	29.99	23.99	61950	BETA SITOSTEROL PLANT	90	SGC	24.99	19.99	36167	CHROM PICOL 200 MCG	250	CAP	14.99	11.99	63846	D3 5000 IU SGC	120	SGC	16.99	13.59
61061	ACID RELIEF W/ENZYMES	60	LOZ	16.99	13.59	40706	BETAINE HCL 648 MG	120	CAP	19.99	15.99	39642	CIDER VINEGAR DIET	180	CAP	14.99	11.99	56755	D3 2000 IU	240	SGC	16.99	13.59
43946	ACIDOPH BIFDUS	120	CAP	27.99	22.39	36580	BILBERRY COMPLEX 80 MG	100	CAP	29.99	23.99	50045	CINNAMON BARK 600 MG	120	CAP	12.99	10.39	53496	D3 2000 SGC	120	SGC	8.99	7.19
44032	ADAM MENS MULTIPLE TAB	120	TAB	43.99	35.19	63386	BIOTIN 10 MG XTRA STR	120	VCA	23.99	19.19	33024	CINNAMON OIL (CASSIA)	1 Z	LIQ	8.99	7.19	58884	D3 5000 IU CHW MINT	120	CHW	14.99	11.99
50869	ALLIBIOTIC CF	60	SGC	21.99	17.59	41994	BIOTIN 5000 VCAP	60	VCA	9.99	7.99	64590	CITRIC ACID	1LB	PWD	12.99	10.39	55883	D3 5000 SGC	120	SGC	12.99	10.39
61607	ALMOND OIL ORGANIC	8 Z	LIQ	23.99	19.19	52905	BLACK CHERRY EXT	90	VCA	19.99	15.99	67651	CITRULLINE 1200 MG	120	TAB	39.99	31.99	61033	D3 BODY CREAM	4 Z	CRM	9.99	7.99
56580	ALMOND OIL SWEET	16Z	OIL	12.99	10.39	36162	BONE MEAL PWD	16Z	PWD	17.99	14.39	52962	CITRULLINE 750 MG	90	VCA	27.99	22.39	56538	D3 LIQUID	2 Z	LIQ	9.99	7.99
38476	ALOE VERA 5000 MG SGC	100	SGC	13.99	11.19	53954	BONE STRENGTH	240	CAP	27.99	22.39	60212	CITRULLINE PURE PWD	4 Z	PWD	29.99	23.99	51488	DAIRY DIGEST COMPLETE	90	VCA	19.99	15.99
58842	AMINO 9 ESSENTIALS PWD	11.	PWD	43.99	35.19	41984	BONE STRENGTH SLIM	120	CAP	14.99	11.99	63772	CITRUS BIOFL 700 C RUT	100	CAP	14.99	11.99	63772	DARK SPOT SERUM	1 Z	LIQ	15.99	12.79
61778	AMINO COMPLETE	120	CAP	15.99	12.79	28647	BORAGE OIL 240 MG	120	SGC	31.99	25.59	37077	CLA 800 MG	90	SGC	19.99	15.96	61032	DERMAL SOOTHING CREAM	4 Z	CRM	14.99	11.99
29660	AMINO COMPLETE	360	CAP	35.99	28.79	52659	BORON 3 MG	250	CAP	15.99	12.79	41995	CLA 800 SGC	180	SGC	35.99	28.79	50041	D-FLAME	90	VCA	25.99	20.79
41470	ANISE OIL	1 Z	LIQ	7.49	5.99	40659	BOSWELLIA EXT 250	60	CAP	14.99	11.99	50773	CLA EXTREME	90	SGC	31.99	25.59	39947	DGL 400 MG	100	LOZ	14.99	11.99
43388	ANTIOXIDANT SUPER VCAP	120	VCA	37.99	30.39	39926	BRAIN ELEVATE	60	VCA	21.99	17.59	41474	CLARY SAGE OIL	1 Z	LIQ	18.99	15.19	43312	DHA 250	120	SGC	19.99	15.99
54036	APPLE CIDER VINGAR 450	180	CAP	13.99	11.19	37293	BRAIN ELEVATE	120	VCAP	39.99	31.99	59899	CLEANS GEL C MANUK HON	8 Z	GEL	9.99	7.99	56539	DHA 500 MG SGC	90	SGC	26.99	21.59
37491	APRICOT KERNEL OIL	16Z	LIQ	11.99	9.59	56197	BRANCHED CHAIN AMINO	120	CAP	25.99	20.79	63816	CLEAR THE AIR OIL BLND	1 Z	LIQ	12.99	10.39	58004	DIGEST ULTIMATE PLATIN	60	VCA	25.99	20.79
61610	ARGAN OIL ORGANIC	2 Z	LIQ	16.99	13.59	39054	BREWERS YEAST	60	PWD	12.99	10.39	36194	COCAO BUTTER	7 Z	LIQ	8.99	7.12	58272	DIGEST ULTIMATE PLATIN	120	VCA	45.99	36.79
45264	ARGININE 1000 MG	120	TAB	27.99	22.39	51495	BROMELAIN 500 MG VCAP	60	VCA	15.99	12.79	52290	COCAO BUTTER LOTION	8 Z	LOT	8.99	7.19	44957	DMAC 250 MG	100	VCA	13.99	11.19
53604	ARGININE 500 MG	250	CAP	23.99	19.19	51495	BUTTERBUR 75 MG	60	VCA	25.99	20.79	27256	COCAO BUTTER W/JOJOBA	6.5	CRM	9.99	7.99	43574	DMG 125 MG	100	CAP	14.99	11.99
57139	ARGININE ORNITHINE	100	CAP	17.99	14.39	51425	C 1000 CMP BUFF S/R	90	TAB	15.99	12.79	36195	COCONUT OIL	7 Z	LIQ	7.49	5.99	56760	DOPA MUCUNA 400 MG	90	VCA	19.99	15.99
54181	ARGININE POWER SUP STK	2.2	PWD	37.99	30.39	39532	C 1000 SR ROSE HIPS	250	TAB	25.99	20.79	66642	COCONUT OIL LIQ PURE	16Z	OIL	16.99	13.59	44101	E 200 ALPHA	100	SGC	11.99	9.59
39344	ARGININE PWD	1LB	PWD	39.95	31.96	33110	C 1000 W/BIO	100	CAP	12.99	10.39	38258	COQ10 100 MG HAWTHORN	90	VCA	35.99	28.79	36650	E 400 MIXED	100	SGC	17.99	14.39
54381	ARNICA COOLING RELIEF	2 Z	GEL	9.99	7.99	30176	C 1000 W/BIO FLAV	500	CAP	53.99	43.19	38253	COQ10 100 MG W/E 30	50	GEL	21.99	17.59	36651	E 400 MIXED	250	GEL	39.99	31.99
56214	ARTICHOKE EXT 450 MG	90	VCA	16.99	13.59	36649	C 1000 W/BIOFLAV 100	250	CAP	27.99	22.39	38458	COQ10 100 MG W/E 30	150	SGC	55.99	44.79	53282	E CREAM 28000 IU	4 Z	CRM	14.99	11.99
44239	ASCORBYL PALMITATE 500	100	VCA	17.99	14.39	54803	C 500 ALPHASORB BUFF	90	VCA	15.99	12.79	35759	COQ10 100 MG W/HAWTH	180	VCAP	61.99	49.59	53014	E OIL 2X 32 000 IU	1 Z	LIQ	17.99	14.39
56216	ASHWAGANDHA EX 450 MG	90	VCA	16.99	13.59	54553	C CRYSTALS ASC AC PWD	8 Z	PWD	14.99	11.99	42730	COQ10 150 MG W/LECID	100	VCA	47.99	38.39	39059	E OIL 54600 IU	4 Z	LIQ	24.99	19.99
67120</																							



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin, 3 mg.

Sleep Complex with Melatonin comes in two forms a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin.

Dosage:

For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night.

This herbal supplement can be used along with other sleeping aids.

Spilanthes 1:2

An herb with a long folk history of use in treating dry mouth, toothache, and various types of gum disease. More recently, it have been investigated for its antibacterial and antifungal action, along with antioxidant and anti-inflammatory activity

1 fl oz - Product Code: 57487

Who might benefit from this herbal supplement?

- Those with dry mouth.
- Those with gum disease, bad breath, an altered sense of taste, thick saliva, cracked lips or split skin at the corners of the mouth.
- Those with fungal infections in the mouth.
- Those with sore throat

Ingredients:

Phyto-Tech™ Spilanthes is composed of Spilanthes Flower Tops Fresh, Alcohol Pure Grain, Water Pure Deionized.

St John's Complex

A synergistic blend of herbs designed to reduce mild depression and elevate mood.

1 fl oz - Product Code: 57075

Who might benefit from this supplement?

- Those with mild depression, mood swings, lethargy
- Those who are "feeling down;" those with a depressed libido.

Ingredients:

Phyto-Tech™ St. John's Complex contains a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, Fresh Pulsatilla Herb, Pure Grain Alcohol, Deionized Water.

Those who feel flat or have lowered passion and vital energy can use St. John's Complex. Many people do not have clinical depression, but do feel deflated and a bit down on a daily basis. These people can use this safe remedy. While some will feel immediate effects (most likely from the other ingredients besides the St. John's Wort), full benefits are realized after one month of continual use.

Effects can take effect in as soon as 2 weeks, but 4 weeks is more common. It is best used as a long-term tonic over 1 month. It can also be used very long term.

Caution: not intended for severe depression; do not take during pregnancy or while nursing; do not combine with prescription antidepressant medication.

Dosage:

Generally: 20-60 drops, 2-3 times per day in juice or water.

St John's Wort 1:2

St. John's Wort is indicated for mild to moderate depression. It is safe and can be used long term.

1 fl oz - Alcohol Free,- Product Code: 57020

1 fl oz - Reg, Product Code: 56967

Also available in a vegetarian capsule form
90 Veggie Caps - Product Code: 60123

Ingredients:

Each Phyto-Tech™ St. John's Wort veggie capsule contains 300 mg of St. John's Wort Herb (standardized at 0.3% Hypericin) in a base of 150 mg of full spectrum, certified organic St. John's Wort Herb.

Stay Well Complex

Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea results in enhanced efficacy.

1 fl oz - Product Code: 56976

Who can benefit from this herbal supplement?

- Children and their family members who want to prevent the spread and worsening of cold and flu infection.
- Those who frequently catch colds.

At the first threat of the onset of a cold or flu, give large frequent doses over the course of one day for an immediate effect. It is safe to repeat doses every 2 hours when on the edge of getting sick. Contrary to popular myth, Echinacea will remain effective for months with daily use. This is why Echinacea has become famous and is indicated for children who get repeated colds season after season. It is also indicated for adults and the elderly.

The addition of Elderberry increases efficacy for use for symptoms of a cold, flu or influenza. It should help reduce these symptoms and their duration.

Phyto-Tech™ Stay Well Complex is not diluted but is instead, a full strength extract suitable for adults as well.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

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everclen.com



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ingredients:

Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20 mg./ml., Vegetable Glycerin, Deionized Water, Honey. Caution: Due to the honey content, this product is not recommended for children under two years of age.

Dosage:

(by weight)
If 10-30 lb., use 10-20 drops; if 31-60 lb., use 20-40 drops; if 61-100 lb., use 40-60 drops; if over 100 lb. Use 60-90 drops. Take appropriate dose 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK, but taste is improved if added to food.

Stevia Extract 90

Stevia Leaf Extract, standardized to 90% Steviosides. A very pleasant tasting, sweet herb, with no bitter aftertaste.

2 fl oz - Product Code: 56940
1 fl oz - Product Code: 56943
4 fl oz - Product Code: 56942

Who can benefit from this herb?

- Those with blood sugar swings, diabetes, obesity, hypertension.

Dosage:

Add 2-8 drops as needed.

Each ml. of Phyto-Tech™ Stevia Extract 90 is equivalent to 300 mg of Stevia. All are 100% Gluten Free.

Now Available In Naturally Flavored Versions:

- Lemon Flavor Stevia, 2 fl oz - Product Code: 60141
- Orange Flavor Stevia, 2 fl oz - Product Code: 60144
- Chocolate Flavor Stevia, 2 fl oz - Product Code: 60140
- Peppermint Flavor Stevia, 2 fl oz - Product Code: 60143
- Cinnamon Flavor Stevia, 2 fl oz - Product Code: 60139
- Vanilla Flavor Stevia, 2 fl oz - Product Code: 60142

Systemic Detox

This detoxifying herbal formula facilitates a full body (systemic) cleansing.

1 fl oz - Product Code: 56970

Alcohol Free - 1 fl oz - Product Code: 57078

Who might benefit from this herbal supplement?

- Those who are concerned about exposure to internally and/or environmental toxins;
- Those who are concerned about the toxemia from drug usage.

Ingredients:

Phyto-Tech™ Systemic Detox contains the following: Fresh Burdock Root, Yellow Dock Root, Oregon Grape Root, Fresh Dandelion Root, Red Clover Flowers, Nettles Herb, Red Root, Fresh Ginger Root, Grain Alcohol, Deionized water

This synergistic blend of herbs is designed to affect multiple organ systems, as follows:

- Liver: Oregon Grape, Burdock, Yellow Dock, Dandelion, and Red Root
- Urinary Tract: Burdock, Dandelion Root
- Lymph: Red Root, Red Clover
- Skin: Red Clover, Burdock, and Yellow Dock
- Small Intestines: Yellow Dock
- Large Intestines (colon): Yellow Dock
- Blood: Red Clover, Nettles
- Circulation: Ginger

Many of these herbs have a long tradition of use in naturopathic medicine for many toxic conditions. Using Systemic Detox will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels. Herbs do not really cleanse the blood and tissues but instead, stimulate the organs to increase the rate in which they do this naturally. Systemic Detox will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It

is indicated for internally and externally generated toxins. Detoxify helps stimulate organs that eliminate the toxemia from drug usage. It can be used in larger more frequent doses if a faster cleanse is desired, or in moderate doses for a slower cleanse.

Caution: Temporary discomfort can occur during "detoxification" protocols. The value and efficacy of "detoxification" is somewhat controversial, and may not be supported by medical evidence. This product is contraindicated during pregnancy and nursing. This product may affect the rate of metabolic breakdown of certain medications, especially those metabolized in the liver—consult a physician if you are taking such medications.

As these herbs can increase bile from the liver for fat digestion and hydrochloric acid from the stomach for protein digestion, thereby decrease metabolic waste from incomplete digestion. This will assist those who need digestive enzymes. As a consequence of increased innate digestive enzyme output, peristalsis will increase to help assist normal healthy bowel function. It is not so much a laxative as a regulating agent for sluggish bowels.

Dosage:

Regular cleansing: 15-60 drops 2 to 3 times per day in juice or water; Fast cleanse: Take up to 3 squirts (1 squirt is 30 drops) 4 to 6 times per day in a little water; Overall, adjust the dose to the intensity of the cleansing process and pace desired.

Complementary Formulas:

- For more focus on the liver, add Phyto-Tech™ Liver Support formula.
- For additional digestive system focus, add Phyto-Tech™ Digest Stim Complex.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



59030	EYE CRM CORRECT 2 IN 1	1 Z	CRM	17.99	14.39	53176	HAWTHORN EXT 300 MG	90	VCA	13.99	11.19	66698	LIVER REFRESH	180	CAP	43.99	35.91	53791	NEEM OIL	1 Z	OIL	8.99	7.19
63084	FACIAL TONER CLAR ILL	8 Z	CRM	15.99	12.79	61786	HERBAL PAUSE ESTRO G	60	VCA	27.99	22.39	36187	LUTEIN 10 MG ESTERS	60	SGC	14.95	11.96	61160	NEPTUNE KRILL OIL 1000	60	SGC	59.99	47.99
56762	FIBER 3 POWDER	16 Z	PWD	15.99	12.79	66635	HMB 500 MG PATENTED	120	CAP	39.99	31.99	57558	LUTEIN 20 MG ESTERS	90	VCA	29.99	23.99	60682	NEPTUNE KRILL OIL 500	120	SGC	64.99	51.99
41990	FLAX OIL 1000 LIGNAN	120	SGC	12.99	10.39	53283	HYALURONIC ACID PM WRINK	2 Z	CRM	18.99	15.19	36188	LYCOPENE 10 MG	60	SGC	21.99	17.59	54864	NEPTUNE KRILL OIL 500	60	SGC	33.99	27.19
54870	FLAX OIL 1000 ORGANIC	100	SGC	10.99	8.79	57117	HYALURONIC ACID 100 MG	60	VCA	29.99	23.99	56211	LYCOPENE 20 MG SGC	50	SGC	29.99	23.99	41401	NEROLI OIL	1 Z	LIQ	24.99	19.99
43960	FOLIC ACID 800 MCG/B12	250	TAB	7.49	5.99	67729	HYALURONIC ACID 100 MG	120	VCA	49.99	39.99	45254	LYSINE 500 MG	250	CAP	18.99	15.19	44087	NETTLE ROOT EXT 250 MG	90	VCA	14.99	11.99
41392	FRANKINCENSE OIL	1 Z	LIQ	9.99	7.99	45066	HYALURONIC ACID 50 MG	60	VCA	19.99	15.99	36153	LYSINE 500 MG CAP	100	CAP	8.99	7.19	59653	NIACIN 500 MG CAP	100	CAP	8.99	7.19
67533	FULL SPECTRUM MINERL	240	CAP	29.99	23.99	52939	HYALURONIC ACID AM	2 Z	CRM	18.99	15.19	36152	LYSINE 500 MG TAB	250	TAB	15.99	12.79	43106	NIACIN NO FLUSH 250 MG	180	CAP	19.99	15.99
40480	GABA 500 MG	100	CAP	12.99	10.39	60430	HYALURONIC ACID LIQ	16 Z	LIQ	29.99	23.99	39345	LYSINE PWD	11B	PWD	21.99	17.59	51428	NIACINAMIDE 500 MG	100	CAP	7.99	6.39
55148	GABA 750 MG	100	VCA	17.99	14.39	52875	HYALURONIC ACID SERUM	1 Z	LIQ	19.99	15.99	57501	MACA 750 MG EXT VCAP	90	VCA	24.99	19.99	59410	NUTMEG OIL	1 Z	OIL	13.99	11.19
51875	GARLIC OIL 1500 MG	250	SGC	12.99	10.39	65146	IGF 1 EXTREME SPRAY	2 Z	SPY	59.99	47.99	57377	MACA POWDER 6:1	7 Z	PWD	29.99	23.99	66640	NUTRI SHAVE CREAM	8 Z	CRM	7.49	5.99
31250	GELATIN BEEF PWD	11B	PWD	13.99	11.19	41324	IGF 1 SPRAY	1 Z	SPY	29.99	23.99	65102	MAG BISGLYCIN PWD 250	8 Z	PWD	19.99	15.99	60949	NUTRITIONAL YEAST PWD	10Z	PWD	13.99	11.19
36786	GELATIN CAPS #1	500	CAP	9.99	7.99	51493	IMMUNE RENEW	90	VCA	19.99	15.99	44804	MAG CITRATE 166 MG VCP	120	VCA	16.99	13.59	39550	OCU EYE SUPPORT	60	CAP	21.99	17.59
35760	GELATIN CAPS #3	000	CAP	14.99	11.99	51492	INDOLE 3 CARBINOL	60	VCA	25.99	20.79	37492	MAG CITRATE 200 MG	100	TAB	13.99	11.19	56221	OLIVE LEAF EXT 500 MG	120	VCA	21.95	17.56
24072	GELATIN CAPS '0'	000	CAP	12.99	10.39	53143	INOSITOL 500 MG	100	CAP	9.99	7.99	34413	MAG CITRATE 200 MG	250	TAB	27.99	22.39	37110	OMEGA 3 1000 MG	180	SGC	23.99	19.19
34422	GELATIN CAPS '00'	750	CAP	16.99	13.59	51477	INSTANT ENERGY B12 PAK	75	PAK	14.99	11.99	42627	MAG CITRATE PWD	8 Z	PWD	12.99	10.39	32789	OMEGA 3 1000 MG	200	SGC	15.99	12.79
59897	GENTLE SCRUB C & DRYZA	4 Z	CRM	8.99	7.19	39252	INULIN	8 Z	PWD	11.99	9.59	53208	MAG POT ASPARTATE + TA	120	CAP	19.99	15.99	50371	OMEGA 3 1000 MG ENTER	90	SGC	12.99	10.39
41475	GERANIUM OIL	1 Z	LIQ	19.99	15.99	38887	IPRIFLAVONE 300 MG	90	CAP	19.99	15.99	65333	MAGNESIUM LIQ W/TRC MN	8 Z	LIQ	23.99	19.19	51456	OMEGA 3 1000 MG ENTER	180	SGC	23.99	19.19
41476	GINGER OIL	1 Z	LIQ	10.99	8.79	44765	IRON COMPLEX	100	TAB	9.99	7.99	41377	MAGNESIUM OXIDE PWD	8 Z	PWD	9.99	7.99	50423	OMEGA 3 6 9	250	SGC	27.99	22.39
52884	GINKGO BILOBA 120 MG	200	VCA	36.99	29.59	41060	JASMINE ABSOLUTE OIL	1 Z	LIQ	26.99	21.59	52764	MAPLE SYRUP GRADE B	64Z	SRP	44.99	35.99	41988	OMEGA 3 6 9 SUPER	90	SGC	15.99	12.79
66766	GLUCOMANNAN PURE PWD NO	8 Z	PWD	19.99	15.99	39757	JASMINE OIL	1 Z	LIQ	7.99	6.39	52765	MAPLE SYRUP GRADE B	16Z	SRP	12.99	10.39	54868	OMEGA 3 6 9 SUPER 1200	180	SGC	29.99	23.99
36667	GLUCOS CHOND 2X	120	TAB	45.99	36.79	36190	JOINT & MUSCLE CRM	4 Z	CRM	14.99	11.99	54188	MASSAGE OIL ARNICA WRM	8 Z	LIQ	12.99	10.39	53490	OMEGA 3 ULTRA 750 MG	90	SGC	23.99	19.19
37659	GLUCOS CHOND 2X	240	TAB	77.99	62.39	36197	JOJOBA OIL	4 Z	LIQ	12.99	10.39	56664	MASSAGE OIL COMFORTING	16Z	OIL	14.99	11.99	53491	OMEGA 3 ULTRA 750 MG	180	SGC	43.99	35.19
39925	GLUCOS CHOND MSM	90	CAP	23.99	19.19	35806	JOJOBA OIL PURE	16Z	LIQ	39.99	31.99	53563	MASSAGE OIL LAVEN ALM	16Z	LIQ	14.99	11.99	52535	OMEGA SUPER 1200 EPA	240	SGC	39.99	31.99
38918	GLUCOS CHOND MSM	180	CAP	43.99	35.19	41398	JUNIPER BERRY OIL	1 Z	LIQ	24.99	19.99	61967	MASSAGE OIL VAN CITRUS	8 Z	LIQ	8.99	7.19	58844	ORALBIOTIC BLIS K12 LZ	60	LOZ	23.99	19.19
40954	GLUCOS CHOND MSM LIQ	16Z	LIQ	21.99	17.59	54807	K2 100 MCG	100	VCA	14.99	11.99	61608	MASSAGE OIL TRANQ ROSE	8 Z	LIQ	8.99	7.19	44911	ORANGE OIL	4 Z	OIL	8.99	7.19
29781	GLUCOS CHOND SULF	120	CAP	31.95	25.56	53023	KAVA KAVA EXTRACT250	60	CAP	19.99	15.99	56467	MCT OIL	32Z	LIQ	24.99	19.99	36678	OREGANO 450 MG	100	CAP	9.99	7.99
38854	GLUCOS CHOND SULF 2X	60	TAB	24.99	19.99	41901	KELP 325 MCG	250	CAP	15.99	12.79	62159	MCT OIL 1000 MG SGC	150	SGC	19.99	15.99	36192	OREGANO OIL	90	SGC	17.99	14.39
42832	GLUCOS MSM 500/500 VEG	120	VCA	21.98	17.58	50257	KELP PWD	8 Z	PWD	8.99	7.19	42231	MELATONIN 1 MG TWO STG	100	TAB	8.99	7.19	30545	OREGANO OIL 100% PURE	1 Z	LIQ	16.99	13.59
51424	GLUCOS MSM 500/500 VEG	240	VCA	39.99	31.99	68035	KIDNEY CLEANSE	90	VCA	19.99	15.99	53021	MELATONIN 3 MG	180	CAP	11.99	9.59	41064	OREGANO OIL XTRA STRN	1 Z	LIQ	11.99	9.59
38105	GLUCOS MSM ARNICA LOT	8 Z	GEL	16.99	13.59	54264	LANOLIN LIQUID PURE	4 Z	LIQ	9.99	7.99	57502	MELATONIN 3 MG LIQ	2 Z	LIQ	9.89	7.91	30036	ORNITHINE 500	120	CAP	25.99	20.79
30192	GLUCOS SULF 750 MG	120	CAP	19.99	15.99	51831	LANOLIN OIL PURE	7 Z	OIL	11.99	9.59	50513	MELATONIN 3 MG LOZ	180	LOZ	11.99	9.59	56884	PANCREATIN 500 MG 4X	250	CAP	29.99	23.99
61787	GLUCOSAMINE 1000 VEG	90	VCA	21.99	17.59	59923	LAVENDER & TEA TREE	1 Z	LIQ	9.99	7.99	58849	MELATONIN 5 MG VCAP	CAP	VCA	19.99	15.99	41939	PANTETHINE 300 MG SGC	60	SGC	26.99	21.59
41553	GLUTAMINE 1000 MG	120	CAP	19.99	15.99	36179	LAVENDER OIL	4 Z	LIQ	34.99	27.99	39917	MENOPAUSE SUPPORT	90	CAP	19.99	15.99	55510	PANTETHINE 600 MG SGC	60	SGC	45.99	36.79
68175	GLUTAMINE 1000 MG	240	VCA	37.99	30.39	64452	LAVENDER OIL	2 Z	LIQ	19.99	15.99	63819	MENTAL FOCUS	1 Z	LIQ	12.99	10.39	44151	PAPAYA ENZYME	180	CHW	11.99	9.59
36659	GLUTAMINE PWD	11B	PWD	39.95	31.96	36178	LAVENDER OIL	1 Z	LIQ	11.99	9.59	51397	METHIONINE 500 MG W/B6	100	CAP	15.99	12.79	65332	PEA PROTEIN ORG UNFLAV	1.5	PWD	26.99	21.59
35305	GRAPE SEED ANTIOX 60	60	CAP	25.99	20.79	41055	LAVENDER OIL ORGAN.	1 Z	LIQ														



Throat Spray

A soothing, healing spray for sore and irritated throats.

1 fl oz - Alcohol Free Spray - Product Code: 56957

Who might benefit from this herbal supplement?

• Those with sore and irritated throats due to sickness or over-use; those whose throats are raw and sore from lecturing, yelling, singing, excessive talking, dry air, etc; those with sore throats due to cold or flu.

Ingredients:

Phyto-Tech™ Throat Spray contains the following: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint)

Throat Spray can be used as a preventive measure, i.e. before lecturing, flying on airplanes, contact with sick people, etc, or at the first onset of a respiratory illness.

For colds and flu, Throat Spray is a powerful and immediate lung white blood cell stimulant (Osha, Propolis). Phlegm is loosened with Licorice and the lungs are opened with Osha.

Thyme is specific for throat infections while Propolis coats and helps create an immune barrier. General immunity is stimulated with Echinacea and Spilanthes. Both of those herbs also increase saliva, which pH corrects the mouth and throat to prevent bacteria penetration. As long as saliva and healthy mucus cover the throat, microorganisms such as Strep and influenza will have a harder time penetrating tissue and moving into the body. Licorice, Aloe Vera and honey help to coat mucosal tissue like the throat as demulcents. Ginger increases blood supply to the respiratory tract to bring in innate immunity and help resolve an infection.

Throat Spray may be helpful to athletes, asthmatic and those exposed to high altitudes as Osha will increase oxygen uptake. It is great for high altitude sports. Osha brings blood

into the capillaries of the lungs, thus facilitating oxygen uptake via hemoglobin.

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Thyroid Complex

A blend of herbs, vitamins and minerals that support thyroid function.

90 VeggieCaps - Product Code: 67455

Who might benefit from using this product?

• Those with Hypothyroidism, Low Thyroid Activity, Sluggish Metabolism, Fatigue and Weight Gain, Slow Digestion.

Ingredients:

Each two Phyto-Tech™ Thyroid Complex VeggieCaps contain the following fresh ground herbs, vitamins and minerals:

L-Tyrosine - 400mg, Organic Ashwagandha Root 100 mg, Organic Gotu Kola Herb -100 mg, Organic Bacopa 100 mg, Organic Kelp 50 mg, Wildcrafted Bladderwrack 50 mg, Piperine 1 mg, Iodine (as Potassium Iodide) 200 mcg (133% RDA), Copper (as Copper Gluconate) 1 mg (50% RDA), Zinc (as Zinc Citrate) 10 mg (66% RDA), Vitamin B5 (Calcium d-pantothenate) - 30mg 300% RDA. The vegetarian capsule contains Modified Vegetable Cellulose Properties. Traditionally, these herbs and nutrients would be expected to exert the following actions: Thyroid Stimulant, Adaptogen

Indications:

Thyroid Complex is a complex formula that provides nutritional support for the thyroid gland, stimulates hormone production, and restores normal metabolic balance in the body. The thyroid hormones are responsible for the body's use of energy, known as the basal metabolic rate (BMR). They are also critical for cell respiration and the production of ATP energy, and are required for normal growth and development, protein synthesis and energy metabolism. While a blood test can be used to test for low thyroid activity, thyroid tests are commonly normal yet one still has the

symptoms of low thyroid. These symptoms include fatigue, running cooler than others (feeling cooler in your body), cold hands and/or feet, sluggish bowels, and slow digestion.

The amino acid L-tyrosine is a precursor to the thyroid hormone Thyroxine (T4) and helps stimulate the thyroid gland. Zinc is needed to convert T4 into the active hormone Triiodothyronine (T3) and low levels of zinc have been shown to contribute to hypothyroidism. The Ayurvedic herbs Ashwagandha, Gotu Kola and Bacopa all have stimulating effects on the thyroid and support the body's production of thyroid hormones. Ashwagandha is restorative and rejuvenating for those experiencing burn-out, weakness, and fatigue. It's known as the "Ayurvedic" Ginseng and can give additional Chi or energy and help one adapt to stress. Gotu Kola stimulates the thyroid and physical and mental energy and will help with fatigue, confusion, and general lethargy. Bacopa enhances memory, learning and concentration while reducing anxiety and stress.

The trace mineral Iodine is required for the production of the thyroid hormones that regulate the metabolic energy of the body and set the basal metabolic rate (BMR). Most of the iodine in the body is concentrated in the thyroid. Iodine must be obtained regularly from the diet, as the body does not store the mineral and eliminates it quickly. Potassium iodide is a source of iodine that can be easily taken up by the thyroid gland.

Kelp and Bladderwrack are forms of algae that are rich in iodine and other important vitamins and minerals including calcium, magnesium, potassium, niacin, riboflavin, and choline. They also contains algin, a polysaccharide which has been used to help pull out intestinal toxins and heavy metals.

Vitamin B5 (pantothenic acid) is involved in metabolism and is essential for the body to utilize carbohydrates, proteins,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Chlorella Supplementation Improves Cholesterol, Blood Sugar, Blood Pressure

Doctors in this study reviewed 19 placebo-controlled trials of chlorella covering male and female adults of varying health status. The studies varied in dosage and length, with doctors finding studies lasting eight weeks or more, using doses of chlorella higher than 4 grams per day, having the most significant benefits.

On average overall, those taking chlorella saw decreases in total cholesterol of 9.09 mg per deciliter of blood (mg/dL); LDL cholesterol lower by 8.32 mg/dL; fasting blood sugar levels decrease by 4.23 mg/dL; systolic blood pressure down by 4.51 mmHg, and diastolic blood pressure decrease by 1.64 mmHg.

Commenting on the findings, doctors said chlorella was more effective in unhealthy subjects than in healthy ones for improving blood pressure and total cholesterol.

Reference: *Clinical Nutrition Journal*; 2017, 5614 - 31351-1, Published Online

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

**Willner Chemists
Product Recommendation:**

**Jarrow Formulas
Chlorella Powder Yaeyama
Product Code: 33664**

**Sun Chlorella
Chlorella Sun Granules
20 Pack
Product Code: 22920**

**Sun Chlorella
Chlorella Sun 500mg
120 Tablets
Product Code: 54967**





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and fats as energy sources. It is also required to synthesize cholesterol in the body, which is necessary to produce key hormones.

Piperine, an extract derived from black pepper, is used to enhance bioavailability of the nutrients in this formula through increased absorption.

Contra-indications and Cautions: Hyperthyroid, Pregnancy, Nursing

Complementary Formulas & Single Herbs:

- B-Complex Vitamins (nutritional support)
- Vitamin D3 (deficiency is linked to lower levels of T4)

Dosage:

Take 2 caps once a day, or as directed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease. Consult your health care professional for guidance.

Turmeric AM Relief

Specific morning formula designed to reduce body ache and pains, improve mood and improve daytime energy.

60 Veggie Caps - Product Code: 68218

Product Features:

- Turmeric Root extract (95% curcuminoids) and Willow Bark extract (25% Salicin) provide relief from muscle and joint discomfort through support of the body's natural inflammatory process.
- Skullcap and Corydalis relax muscle and control pain.
- St. John's Wort calms nerve endings that send pain signals to the brain.
- Stillingea drains extra fluids from interstitial tissue to reduce swelling.

- Red Root supports lymph drainage when tissue is swollen
- Black Pepper extract facilitates absorption and promotes healthy circulation.
- 100% Vegetarian; All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.

Phyto-Tech™ AM Relief formula also provides the following:

- Ashwagandha, to support energy and stamina
- Ginkgo Biloba Leaf supports circulation, promotes tissue healing and energy.
- Cayenne Fruit supports circulation to facilitate healing.

Ingredients:

Phyto-Tech™ AM Relief formula contains the following: Turmeric Root Extract (190 mg Curcuminoids), 200 mg; White Willow Bark Extract (25 mg Salicin), 100 mg; Corydalis Root, 70 mg; St. John's Wort Flowering Herb, 70 mg; Ginkgo Leaf, 70 mg; Skullcap Aerial Parts, 50 mg; Stillingia Root, 50 mg; Red Root, 50 mg; Cayenne Fruit, 20 mg; Black Pepper Extract, 10 mg. Other Ingredients: Modified Vegetable Cellulose.

Dosage:

Two capsules in the morning or as directed by a healthcare professional.

Turmeric Heart Synergy

Hawthorne/CoQ10/Turmeric/Methylfolate Blend

Formulated to provide comprehensive cardiovascular support.

60 Veggie Caps - Product Code: 68220

Product Features:

- Hawthorne Berry, standardized to vitexin, supports heart

muscle function, rhythm and blood pressure. Hawthorne is considered the number one herbal heart tonic.

- CoQ10 supports healthy mitochondria in heart muscle for strong, long term heart muscle function.
- Beet Powder supports nitric acid production which helps maintain healthy blood vessels and blood flow.
- Turmeric Root Extract, a powerful antioxidant, provides a natural anti-inflammatory action, and supports blood vessel health.
- Red Root supports lymph drainage to help maintain healthy blood fats which support vessel health.
- Methyltetrahydrofolate, an active (methylated) folic acid, also called Quatrefolic acid, helps to maintain healthy cholesterol and homocysteine levels.
- Methylcobalamin, a methylated B12, helps to keep homocysteine levels in a healthy range; it is also important for cellular energy production.
- Black Pepper extract facilitates absorption and promotes healthy circulation. This is important to assure maximal benefit from turmeric extract.
- Heart Complete is best taken long term for heart & vascular health.
- 100% Vegetarian. All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.

Ingredients:

Phyto-Tech™ Turmeric Heart Synergy contains the following: Folate, 800 mcg DFE (as Quatrefolic(6s)-5-Methyltetrahydrofolic Acid); B12 (as Methylcobalamin), 500 mcg; Hawthorn Berry, 200 mg; CoQ10 (Ubiquinone), 100 mg; Organic Beet Root Juice, 100 mg; Turmeric Root Extract,

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



38108	PEPPERMINT GELS	90	SGC	14.99	11.99	60248	SACCHAROMYCES BOULARDI	60	VCA	19.99	15.99	65134	TRIBULUS EXTREME	90	VCA	27.99	22.39	67948	BODY LOT ABYSSIN CHIA	13Z	LOT	12.99	10.39
41515	PEPPERMINT OIL	1Z	LIQ	7.99	6.39	41400	SAGE OIL	1Z	LIQ	12.99	10.39	42740	TRUE CALM	90	CAP	15.99	12.79	66486	BODY LOT SHEA BUTT RAW	13Z	LOT	12.99	10.39
65358	PEPPERMINT OIL	2Z	LIQ	12.99	10.39	39398	SAM E 200 MG ENT COAT	30	TAB	25.99	20.79	63628	TRYPTOPHAN 500 MG	120	VCA	39.99	31.99	67922	BODY WASH RAW SHEA N	13Z	LIQ	12.99	10.39
56196	PEPPERMINT OIL	4Z	LIQ	21.99	17.59	40543	SAM E 4X 800/400	30	TAB	45.99	36.79	54385	TRYPTOPHAN 500MG	60	VCA	21.99	17.59	64305	COCONUT & PAPAYA LOT	13Z	LOT	12.99	10.39
41056	PEPPERMINT OIL ORG	1Z	LIQ	16.99	13.59	54380	SANDALWOOD OIL BLEND	1Z	LIQ	25.99	20.79	34998	TTO 100 %	4Z	LIQ	26.99	21.59	64306	GOATS MILK & CHAI LOT	13Z	LOT	12.99	10.39
39347	PHENYLALANINE 500 MG	120	CAP	18.99	15.19	60249	SAW PALMETTO EXT 320	90	SGC	25.99	20.79	41402	TTO PURE 100%	1Z	LIQ	8.99	7.19						
63357	PHOS SERIN 150 SOY FR	60	TAB	47.99	38.39	67910	SEASONAL CHANGES KIT	KIT	KIT	22.99	18.39	56199	TYROSINE 500 MG CAP	120	CAP	15.99	12.79						
37084	PHOS SERINE 100	120	VCAP	59.99	47.99	45276	SELENIUM 200 MCG YF	90	VCA	9.99	7.99	55882	UBIQUINOL 100 MG COQ10	60	SGC	49.99	39.99						
41480	PINE OIL	1Z	LIQ	9.99	7.99	66641	SESAME SEED OIL ORG	8Z	OIL	14.99	11.99	58845	UBIQUINOL 200 MG	60	SGC	89.99	71.99						
34436	PLANT ENZYMES	120	VCAP	15.99	12.79	51494	SHARK CARTILAGE 750 MG	100	CAP	15.99	12.79	54712	UBIQUINOL COOH 50 MG	60	SGC	31.99	25.60						
56159	POLICOSANOL 10 MG VCAP	90	VCA	15.99	12.79	26303	SHARK CARTILAGE 750 MG	300	CAP	37.99	30.39	57277	UC II JOINT COLLAGEN	60	VCA	32.99	26.39						
52299	POLICOSANOL 20 MG 2X	90	VCA	27.99	22.39	36815	SHEA BUTTER	7Z	CRM	9.99	7.99	66085	UC II JOINT COLLAGEN	120	VCA	59.99	47.99						
36655	POT CHLORIDE PWD	8Z	PWD	7.99	6.39	51873	SHEA BUTTER LOT	4Z	LOT	9.99	7.99	45356	ULCETROL	60	TAB	27.99	22.39						
45251	POT GLUCONATE 99 MG	100	VTAB	7.99	6.39	66377	SHEA NUT OIL PURE	16Z	OIL	14.99	11.99	65259	ULTRASON OIL DIFF WOOD	/EA	MIS	49.99	39.99						
53822	POT GLUCONATE PWD	11B	PWD	18.99	15.19	60560	SILVER SOL 10 PPM N	4Z	SPY	17.99	14.39	63849	ULTRASONIC OIL DIFFUSR	EA	MIS	44.99	35.99						
56202	POTASSIUM CITRATE 99	180	CAP	9.99	7.99	58891	SILYMARIN 2X 300 MG	50	VCA	13.99	11.19	55140	VANILLA OIL IN JOJOBA	1Z	LIQ	24.99	19.99						
59842	POTASSIUM IODIDE 30 MG	60	TAB	9.99	7.99	65528	SLIPPERY ELM 400 MG	100	CAP	8.99	7.19	55141	WATER OUT HERBAL DIUR	100	VCA	15.99	12.79						
57834	PROBIOTIC 10 25 BILL	50	VCA	29.99	23.99	38474	SLIPPERY ELM PWD	4Z	PWD	12.99	10.39	53012	WHEY PROTEIN VANILLA	11B	PWD	29.99	23.99						
57808	PROBIOTIC 10 50 BILL	50	VCA	49.99	39.99	36648	SODIUM ASCORBATE PURE	8Z	PWD	16.99	13.59	36184	WINTERGREEN OIL	1Z	LIQ	9.99	7.99						
50959	PROGESTERONE CRM	3Z	CRM	22.99	18.39	36660	SOY PROTEIN ISOL PURE	21B	PWD	27.99	22.39	67714	WOMENS PROB 20 BILLION	50	VCA	33.99	27.19						
58847	PROSTATE HEALTH CLN ST	180	SGC	65.99	52.79	57803	SOY PROTEIN ISOLATE	11B	PWD	17.99	14.39	41367	WRINKLE RESCUE	2Z	CRM	14.99	11.99						
58846	PROSTATE HEALTH CLN ST	90	SGC	34.99	27.99	30175	SPECIAL TWO TAB	180	TAB	47.99	38.39	45203	XYLITOL PAKS	75	PAK	7.49	5.99						
36672	PROSTATE SUPPORT	90	GEL	25.99	20.79	54182	SPIRULINA 500 MG ORG	180	TAB	15.99	12.79	43548	XYLITOL PLUS PAKS	75	PAK	7.50	6.00						
57804	PSYLLIUM WHOLE HSK ORG	12Z	PWD	13.99	11.19	56210	SPIRULINA PWD ORG	11B	PWD	44.99	35.99	41391	YLANG YLANG OIL EXTRA	1Z	LIQ	27.99	22.39						
36172	PUMPKIN SEED OIL 1000	100	SGC	14.99	11.99	38551	STEVIA BALANCE PAKS	100	PAK	10.99	8.79	65569	YUCCA ROOT 500 MG	100	CAP	8.99	7.19						
66088	PUT SOME PEP IN STEP	KIT	KIT	22.99	18.39	53794	STEVIA EXT FRENCH VAN	2Z	LIQ	10.99	8.79	26305	ZINC PICOLINATE 50 MG	120	CAP	14.99	11.99						
61060	PYCNOGENOL 100 MG	60	VCA	74.99	59.99	36682	STEVIA EXT PACKETS	100	PAK	8.99	7.19	42286	ZMA	90	CAP	21.99	17.59						
28645	PYCNOGENOL 30 MG	150	CAP	59.99	47.99	53493	STEVIA EXT PAK FR VAN	75	PAK	9.99	7.99												
36664	PYCNOGENOL 30 MG BIOF	60	CAP	29.99	23.99	60728	STEVIA EXT PAK ORGANIC	75	PAK	8.99	7.19												
55308	PYCNOGENOL 60 MG	50	VCA	43.99	35.19	26308	STEVIA EXTRACT PWD	1Z	PWD	8.99	7.19	39042	ALMONDS RAW	16Z	SNK	9.99	9.99						
42736	PYGEUM & SAW PALM EXT	60	SGC	16.99	13.59	37322	STEVIYA GLYCERITE	2Z	LIQ	8.95	7.16	40402	ALMONDS ROASTED SALT	16Z	SNK	10.99	10.99						
36143	QUERCETIN BROMELAIN	120	VCA	31.99	25.59	55513	STEVIA LIQ DARK CHOC	2Z	LIQ	10.99	8.79	45361	BRAZIL NUTS WHOLE RAW	12Z	SNK	8.49	8.49						
61952	QUERCETIN BROMELAIN	240	VCA	59.99	47.99	36145	STEVIA LIQ EXTRACT	2Z	LIQ	8.99	7.19	58255	CASHEW CRUNCH CLUSTERS	9Z	SNK	7.49	7.49						
43747	RED YEAST RICE + COQ10	60	VCA	25.99	20.79	62523	SUN E 400	60	SGC	19.99	15.99	60609	CASHEWS RAW ORGANIC PK	10Z	SNK	7.49	7.49						
53106	RED YEAST RICE 1200 MG	60	TAB	25.99	20.79	65221	SUNFLOWER LECITHIN LIQ	16Z	LIQ	12.99	10.39	63484	CHIA SEED ORGANIC	12Z	SED	9.99	9.99						
56163	RED YEAST RICE 1200 MG	120	TAB	49.99	39.99	65220	SUNFLOWER LECITHIN PWD	11B	PWD	19.99	15.99	51216	COCOA PWD ORGANIC	14Z	PWD	9.99	9.99						
56161	RED YEAST RICE 600 COQ	120	VCA	49.99	39.99	36665	SUPER ENZYMES	90	TAB	18.99	15.19	57107	PINE NUTS ORGANIC	11B	PWD	7.99	7.99						
43423	RED YEAST RICE 600 MG	60	VCA	15.99	12.79	42735	SUPER ENZYMES CAP	180	CAP	36.99	29.59	62156	GOLDENBERRIES ORGANIC	8Z	SNK	9.99	9.99						
56162	RED YEAST RICE 600 MG	120	VCA	28.99	23.19	54869	SUPER PRIMROSE 1300	60	SGC	12.99	10.39	60338	MACADAMIA NUTS ROASTED	9Z	SNK	10.99	10.99						
41975	RELDORA 300 MG VCAP	60	VCA	19.99	15.99	30180	TAURINE 500 MG	100	CAP	7.99	6.39	63483	NUTS ABOUT BERRIES	8Z	SNK	7.99	7.99						
36124	RESPIR ALL	60	TAB	23.99	19.19	41057	TEA TREE OIL ORG.	1Z	LIQ	12.99	10.39	63027	PECANS HALVES & PIECES	12Z	SNK	10.99	10.99						
54435	RESVERATROL 200 MG	60	VCA	29.99	23.99	51490	TESTOJACK 100 MG	60	VCA	26.99	21.59	64781	PECANS HONEY ROASTED	8Z	SNK	10.99	10.99						
42057	RHODIOLA ARCTIC ROOT	60	VCA	17.99	14																		



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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

NUTRITION NOW

58742	B CMP GUMMY VIT CHW	70	CHW	8.99	7.19
58743	B12 GUMMY CHW	100	CHW	8.99	7.19
58744	CALCIUM GUMMY VIT CHW	60	CHW	9.99	7.99
58746	COQ10 GUMMY CHW	60	CHW	17.99	14.39
58745	D GUMMY VITAMIN	75	CHW	9.99	7.99
58747	MULTIVITES GUMMY VIT	70	CHW	9.99	7.99
58748	OMEGA 3 GUMMY VIT	60	CHW	11.99	9.59
22547	PB 8 CAP	120	CAP	27.49	21.99
21801	PB 8 CAP	60	CAP	16.99	13.59
56742	PB 8 VEG	120	VCA	27.49	21.99
22635	PB 8 VEG CAP	60	VCA	16.99	13.59
60637	PRENATAL ADULT GUMMY	75	CHW	14.99	11.99

NUTRITIONAL FRONTIERS

64105	CALM DAY VCAP	60	VCA	33.00	29.70
65148	CANDIKILL VCAP	90	VCA	49.50	44.55
66101	ESTROCLEANSE II	90	VCA	59.50	53.55
66102	GI COMPLETE PWD LEMON	390	PWD	69.50	62.55
66104	IODINE PLUS	90	CAP	25.50	22.95
66107	SLEEP TIME	120	VCA	69.75	63.00
66106	SLEEP TIME	60	VCA	37.75	34.00
66135	SUPER CAL PLUS TAB	120	TAB	35.00	31.50
66108	TESTO 180 LIQUID	2 Z	LIQ	37.75	34.00
64330	X FLAME	120	CAP	59.50	53.55

NUTRITIONAL THERAPEU

38974	B COMPLEX FACTOR	60	TAB	25.20	20.16
66771	D3/K2 WAFER VAN	30	WAF	33.99	30.59
27991	FIBER DOPHILUS	100	TAB	18.90	15.12
44422	HEALTHY AGING NT FACT	120	TAB	40.00	32.00
38639	NT FACTOR	90	TAB	50.40	40.32
66119	NT FACTOR W/COQ10 CHOC	8CT	CHW	12.99	11.69
65625	PATENTED ENERGY WAFERS	30	CHW	32.99	26.39
65497	PATENTED ENERGY WAFERS	60	CHW	59.99	47.99
66121	PATENTED ENERGY WF BLS	8CT	CHW	9.99	8.99
58275	PROFAX GOLD	60	PAK	99.99	89.99
38520	PROFAX WITH NT FACTOR	90	PAK	124.99	112.49
41998	PROFAX WITH NT FACTOR	60	PAK	87.50	78.75

OLA LOA

52878	OLA LOA ENERGY CRAN RS	30	PAK	38.49	30.79
44877	OLA LOA ENERGY ORNG PK	30	PAK	38.49	30.79
52880	OLA LOA SPORT MANG TAN	30	PAK	24.99	19.99
52881	OLA LOA SPORT MIX BERR	30	PAK	24.99	19.99

OLBAS PRODUCT

23484	ANALGESIC OIL	1.6	LIQ	32.99	26.39
18080	ANALGESIC OIL .95 OZ	.95	LIQ	19.99	15.99
18081	COUGH SYRUP	4 Z	LIQ	9.59	7.67
52773	OLBAS HERBAL TEA	7 Z	TEA	18.99	15.19
53131	OLBAS OIL .32 OZ	.32	OIL	9.59	7.67

OLYMPIAN LABS

50811	B 100 COMPLEX SR	90	TAB	36.39	29.11
41011	BIOCELL COLLAGEN II	100	CAP	49.29	39.43
63812	BIOCELL COLLAGEN II OP	60	CAP	31.09	24.87
57980	COQ10 60 MG CAP	60	CAP	21.39	17.11
40527	CORAL CALCIUM	90	CAP	27.89	22.31
41008	CORAL CALCIUM	270	CAP	57.79	46.23
63546	DAILY ESSENTIALS	30	CAP	21.49	17.19
63606	DIM 150 MG EXTRA STREN	30	CAP	18.39	14.71
57985	GRAPE SEED EXT 120 MG	100	CAP	21.09	16.87
50502	GRAPE SEED EXT 200 MG	100	CAP	25.99	20.79
42536	HERP EEZE SELF HEAL	120	VCA	71.49	57.19
37281	INFLAMERIC	90	VCA	48.59	38.87
57983	LIPOIC ACID 100 ALPHA	60	CAP	13.89	11.11
42854	LUTEIN 20 MG VEG	60	CAP	24.59	19.67
54540	MAGNESIUM CITRATE 400	100	CAP	18.19	14.55
50373	OMEGA 3 2000 ENTERIC	120	SGC	32.89	26.31
39609	SKIN SUPPORT	60	CAP	36.39	29.11
65783	ULT GREENS 8:1 PROTEIN	18	PWD	42.49	33.99

OPTICHOICE

62532	ALIVEL 100 50 MG CT BI	60	CAP	39.99	31.99
62531	ALIVEL 100 EURYCOMA 50	60	CAP	34.99	27.99
64821	CHOLESTRIN HPE 150 2X	60	CAP	34.99	27.99
62536	COQ10 100 MG SGC	60	SGC	39.99	27.99
62538	COQ10 100 PLUS OMEGA 3	60	SGC	39.99	31.99
62537	COQ10 100 UBIQUINOL QH	60	SGC	49.99	39.99
62535	COQ10 200 MG SGC	60	SGC	41.99	33.59
62542	RED YEAST RICE ULTIM	120	CAP	44.95	35.96

OPTIMOX

44524	IODORAL 12.5 MG	90	TAB	28.98	23.18
45130	IODORAL 12.5 MG	180	TAB	53.25	42.60
58129	IODORAL 50 MG	90	TAB	89.45	71.56

ORAL ESSENTIALS

67519	MOUTHWASH DRY MOUTH MT	16Z	LIQ	15.99	14.39
67518	MOUTHWASH SENSIT MINT	16Z	LIQ	14.99	13.49
67564	MOUTHWASH WHITEN LEMON	16Z	LIQ	15.99	14.39
67521	TPST ORIGINAL MINT FF	3.5	TUB	13.99	12.59
67522	TPST WHITENING MINT FF	3.5	TUB	15.99	14.39

OREGONS WILD HARVEST

63446	ASHWAGANDHA RT 400 DR	90	VCA	24.95	22.45
63448	ASTRAGALUS REISHI ORG	90	VCA	19.45	17.50
63447	ASTRAGALUS RT 375 ORG	90	VCA	16.95	15.25
63865	CAYENNE PEPPER PWD ORG	4 Z	PWD	14.00	12.60
66700	CHAMOMILE WHOLE PWD OG	4 Z	PWD	16.00	14.40
63868	CINNAMON POWDER ORG	4 Z	PWD	15.90	14.31
63449	CINNAMON TRUE 450 ORG	60	VCA	22.95	20.65
63869	COMFREY ROOT PWD ORG	4 Z	PWD	9.90	8.91
64754	DANDELION RT FLAKES OG	4 Z	FLK	13.00	11.70
63873	ECHIN ANGIUST RT PWD OG	4 Z	PWD	22.70	20.43
63450	ECHINACEA TOPS & RT OG	90	VCA	16.45	14.80
63451	FENUGREEK ROOT 500 ORG	90	VCA	13.95	12.55
63874	FENUGREEK SEED ORG	4 Z	SED	7.30	6.57
63875	GINGER ROOT PWD ORG	4 Z	PWD	12.70	11.43
63452	GOLDENSEAL RT 535 ORG	50	VCA	23.45	21.10
63453	HAWTHORN FLWR LF BR OG	90	VCA	16.95	15.25

63454	KELP 600 MG ORG	90	VCA	11.95	10.75
63456	MACA ROOT 410 RAW ORG	90	VCA	21.95	19.75
66226	MACA ROOT PWD ORG	.25	PWD	17.00	15.30
68016	MILK THISTLE DANDELION	90	CAP	28.45	25.60
63455	MILK THISTLE ORGANIC	90	VCA	29.95	26.95
67400	MILK THISTLE ORGANIC	180	CAP	44.95	40.45
68134	SLEEP BETTER	90	CAP	18.45	16.06
63880	SLIPPERY ELM PWD ORG	4 Z	PWD	17.00	15.30
63884	STRESS GUARD VCAP	90	VCA	26.95	24.25
65966	TURMERIC 450 MG ORG	60	VCA	30.95	27.85
63881	TURMERIC ROOT PWD ORG	4 Z	PWD	9.58	8.66
63882	VALERIAN ROOT PWD ORG	4 Z	PWD	15.00	13.50

ORGANIC SOUTH

56224	CONDITIONER THERA NEEM	12Z	LIQ	14.89	11.91
57703	FACIAL COMPLEXION BAR	4 Z	BAR	8.39	6.71
60467	MOUTHWASH NEEM CINNAM	16Z	LIQ	15.29	12.23
57483	MOUTHWASH THERA NEEM	16Z	LIQ	15.29	12.23
67058	NEEM CRM ORANGE YLANG	2 Z	CRM	17.59	14.07
55953	SHAMPOO THERA NEEM	12Z	LIQ	14.79	11.83
58188	SOAP BAR MEN SHAVE CMP	4 Z	BAR	7.49	5.99
55951	THERA NEEM CRM LF OIL	2 Z	CRM	17.79	14.23
56610	THERA NEEM EXTRACT	1 Z	LIQ	15.89	12.71
55952	THERA NEEM GEL LF ALDE	8 Z	GEL	13.29	10.63
56854	THERA NEEM LOTION	8 Z	LIQ	14.69	11.75
59231	TPST NEEM MINT	4 Z	TUB	8.69	6.95
56609	TPST THERA NEEM CINNAM	4.2	TUB	8.69	6.95

ORTHO MOLECULAR PRODUCTS

54259	4 SIGHT	120	VCA	124.30	111.87
54246	4 SIGHT	60	VCA	71.00	63.90
53403	ACETYL L CARNITINE 500	60	VCA	40.40	36.36
56534	ADAPTEN ALL	120	VCA	52.30	47.07
54144	ADREN ALL	120	CAP	52.30	47.07
55404	ADREN ALL	60	CAP	29.90	26.91
55406	ADRENE VIVE	60	VCA	49.90	44.91
51647	ALOE SUPER 450	100	CAP	20.40	18.36
59210	ALPHA BASE W/IRON	240	VCA	49.50	44.55
65244	ALPHA BASE W/O IRON	90	TAB	27.70	24.93
55232	ALPHA BASE W/O IRON	240	VCA	49.50	44.55
51922	BALANCE (FEM CARE)	60	VCA	24.70	22.23
67999	BERGAMOT BPF 500 MG	120	VCA	76.20	68.58
67402	BERGAMOT BPF 500 MG	60	VCA	43.50	39.15
67997	BOTANICALM	60	VCA	35.30	31.77
53650	BOTANICALM PM (NAT ZS)	30	VCA	24.50	22.15
55609	BUFFERED C PWD LEMON	300	PWD	33.90	30.51
51200	CAL MAG REACTED	90	VCA	26.40	23.76
54206	CAL REACTED	180	CAP	38.50	34.65
50497	CANDICID FORTE	90	CAP	35.90	32.31
58111	CANDICID FORTE	180	CAP	62.90	56.61
53554	CARDIO B	120	VCA	43.10	38.79
50367	CARDIO B	60	CAP	24.60	22.14
51693	CDG ESTRO DIM	60	VCA	71.00	63.90
65898	CERENITY PM	120	VCA	60.30	54.27
64623	CERIVIVE	120	VCA	62.80	56.52
52424	CHONDRO FLX	90	VCA	49.90	44.91
62872	CHROMIUM REACT 200 MCG	60	VCA	12.80	11.52
67763	CITRANOX	120	VCA	45.90	41.31
59762	CM CORE	90	CAP	46.90	42.21
51740	COQ10 100 MG SGC	120	SGC	99.90	89.91
57466	CORE RESTORE KIT	KIT	KIT	107.50	96.75
52768	D HIST JR	60	CHW	18.60	16.74
50538	D HIST NATURAL	120	CAP	41.40	37.26
60801	D HIST NATURAL	40	CAP	21.90	19.72
65649	D HIST NATURAL BLISTER	10	CAP	8.32	7.48
51301	D3 1000 IU O	180	VCA	19.90	17.91
54209	D3 5000 IU	120	VCA	26.20	23.58
64362	D3 50000 BLISTER	15	VCA	19.90	17.91
61038	DEEPEER GREENS CAP	180	CAP	59.90	53.91
56442	DHEA 25 MG	90	CAP	18.40	16.56
51148	DHEA 5 MG TAB	100	TAB	12.80	11.52
61799	DIAXINOL	120	VCA	83.90	75.51
51632	DIAXINOL	60	VCA	47.90	43.11
56475	DIGESTZYME V	90	VCA	36.50	32.85
67140	DIGESTZYME V	180	VCA	63.90	57.51
52038	E MIXED TOPICOPHEROLS	60	SGC	29.10	26.19
57997	ESTRO DIM	60	VCA	43.90	39.51
58588	FIBER PLUS PWD APP CN	445	PWD	25.00	22.50
67903	GLUTATHIOL PWD VANILA	7.3	PWD	41.50	37.35
66631	IqG PROTECT	120	CAP	46.70	42.03
51269	INFLAMMA BLOX	180	CAP	93.90	84.51
60045	INFLAMMA CORE BAN CRM	730	PWD	77.10	69.39
61358	INTESTIN OL	90	SGC	51.20	46.08
59758	IRON REACTED 29 MG	60	VCA	14.60	13.14
64902	K FORCE	60	CAP	39.90	35.91
66896	K2 180 MCG O	30	VCA	18.30	16.47
54721	K2 W/D3 45 MCG/5000 IU	60	VCA	31.30	28.17
60246	LIPITROL	60	CAP	47.90	43.11
52820	LIPOIC ACID 300 MG	60	CAP	43.90	39.51
59077	LITHIUM OROTATE 10 MG	60	VCA	24.00	21.60
67624	MAGNESIUM REACTED	60	CAP	17.00	15.30
54084	MAGNESIUM REACTED	180	VCA	40.80	36.72
67831	MAGNESIUM REACTED PWD	6 Z	PWD	31.90	28.71
53002	MEMBRIN	30	VCA	32.20	28.98
66052	METHYL B COMPLEX	60	VCA	17.50	15.75
65716	METHYL B12	60	TAB	26.70	24.03
63304	METHYL CPG				

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

54741	COQ10 400 MG SGC	30	SGC	44.00	35.20	19185	ASCORBIC ACID PURE 1000	250	CAP	41.40	---	36593	DLPA 500 MG	90	CAP	25.60	---
15281	CORYZA FORTE	250	CAP	50.50	40.40	19188	ASCORBIC ACID BUFF C	250	CAP	48.30	---	41442	DLPA 500 MG	180	CAP	46.30	---
62060	D3 1000 IU	100	CAP	9.00	7.20	29101	ASCORBIC ACID BUFF C	90	CAP	19.50	---	19189	E 400 MIXED	90	SGC	26.30	---
22897	DGL COMPLEX	90	CAP	21.50	17.20	22143	ASCORBIC ACID BUFF PWD	227	PWD	28.30	---	42372	E 400 MIXED	180	SGC	49.10	---
27550	DHEA 50 MG X TRA	60	CAP	25.00	20.00	19187	ASCORBIC ACID PURE PWD	227	PWD	25.10	---	28883	E P O 500	250	CAP	52.80	---
15282	DIGESTIN	250	CAP	68.00	54.40	37743	ASCORBYL PALMIT 500 MG	180	CAP	36.90	---	22614	E P O 500	100	SGC	23.50	---
24969	FEM GEST CREAM	2.7	CRM	24.00	19.20	31576	ASCORBYL PALMITATE	90	CAP	19.50	---	55389	EMOTIONAL WELLNESS	60	VCA	69.90	---
15288	GABA VAL	90	CAP	34.00	27.20	57213	ASHWAGANDHA 500 MG	120	VCA	37.20	---	67349	EMULSISORB COQ10 100	150	LIQ	36.60	---
43948	GC MSM 3550	120	CAP	37.00	29.60	50895	ASHWAGANDHA EXT 500 MG	60	VCA	20.20	---	56872	ENERGY XTRA	120	VCA	39.50	---
22770	GLUCOS SULF 500	60	CAP	15.00	12.00	44866	ASTAXANTHIN 4 MG	120	SGC	69.10	---	37864	EPA DHA ESSENT 1000 MG	90	SGC	30.20	---
15294	HEMADYN PRO (HEMAPLEX)	250	CAP	45.50	36.40	54687	ASTAXANTHIN 4 MG	60	SGC	39.10	---	35261	EPA DHA ESSENT 1000 MG	180	SGC	52.00	---
15295	HERBAL WATER BALANCE	50	CAP	15.00	12.00	61395	B COMPLEX LIQ 3.9 OZ	3.9	LIQ	30.30	---	64848	EPA DHA VCAP	120	VCA	89.70	---
15298	INFLAMASE	90	CAP	29.00	23.20	40524	B COMPLEX PLUS	120	CAP	34.40	---	53071	ESSENTIAL AMINOS	180	VCA	39.50	---
15317	IODINE ORGANO DROPS	2.7	LIQ	25.00	20.00	19179	B COMPLEX PLUS	60	CAP	20.10	---	67283	ESTER C FLAVONOIDS	90	VCA	33.40	---
57469	K2 VITAMIN (MENAQ7)	30	VCA	27.50	22.00	59487	B COMPLEX ULTRA W/PQQ	60	VCA	68.80	---	56028	ESTER C FLAVONOIDS	180	VCA	58.90	---
53983	LEGS ON EDGE	90	CAP	18.99	15.19	58266	B12 5000 MCG LIQ	1.7	LIQ	29.90	---	29828	FLAX BORAGE OIL	250	CAP	43.20	---
67989	LITHIUM OROTATE 5 MG	100	VCA	18.00	14.40	19180	B12 FOLATE 800/800	60	CAP	16.10	---	61832	FOLATE 1000 MCG	90	VCA	26.10	---
15303	LIVATRATE	100	CAP	16.00	12.80	53095	B12 LIQUID 1000 MCG	1.7	LIQ	17.10	---	63406	FOLATE 400 MCG	90	VCA	15.50	---
63763	LUTEIN ZEAXANTHIN	30	SGC	17.00	13.60	22142	B6 COMPLEX	60	CAP	21.00	---	19181	FOLIC ACID 800 MCG	60	CAP	11.70	---
15304	LYSINE 500	90	CAP	13.00	10.40	59944	BACOPA MONNIERA	180	VCA	40.20	---	57140	GABA	60	VCA	15.70	---
15305	MAGNEZYNE 400 MG	100	CAP	18.00	14.40	51292	BCAA PWD	227	PWD	47.30	---	39226	GARLIC ACTIVE	60	VCAP	20.30	---
30492	MCHC CAP	120	CAP	24.49	19.59	43951	BCAA VCA	90	VCA	21.00	---	39549	GINSENG PANAX	120	CAP	49.80	---
59403	MCHC W/VIT K	120	CAP	23.00	18.40	54012	BCAA VCA	250	VCA	50.90	---	41755	GLUCOS CHOND MSM	120	VCA	54.70	---
58189	MEMORIES W/SEANOL P	90	CAP	63.50	50.80	57988	BEST REST FORMULA	120	VCA	47.80	---	52025	GLUCOS HCL + CHOND	120	VCA	60.90	---
15309	MULTI CAP	250	CAP	43.00	34.40	52039	BETA SITOSTEROL	90	VCA	15.50	---	26638	GLUTAMINE 1000 MG 1 GM	90	CAP	25.70	---
54489	NIACINAMIDE 500 MG	60	VCA	14.50	11.60	43816	BETA SITOSTEROL 68 MG	270	VCA	40.00	---	43189	GLUTAMINE 1000 MG 1 GM	250	VCA	59.20	---
45064	OSTEO MINS AM	60	CAP	17.50	14.00	19154	BETAINE HCL PEP SIN 520	250	CAP	39.30	---	39147	GLUTAMINE 500 MG	90	CAP	17.30	---
43936	OSTEO MINS PM W/D + K	240	CAP	38.00	30.40	42315	BILBERRY 160 MG	120	VCA	89.40	---	36935	GLUTAMINE PWD	227	PWD	43.10	---
30400	PAN 10X	250	CAP	78.00	62.40	62904	BIOTIN 8 MG	60	VCA	10.50	---	65241	GLUTATHIONE LIPOSOMAL	60	SGC	83.30	---
15319	PAN 5X	250	CAP	62.00	49.60	52909	BIOTIN 8 MG	120	VCA	18.60	---	64141	GLUTATHIONE LIPOSOMAL	30	SGC	47.60	---
15321	PARA THYROLATE	90	CAP	17.99	14.39	39310	BLACK COHOSH	120	CAP	39.90	---	31059	GLUTATHIONE REDUC 100	120	CAP	43.80	---
23166	PARADEX	90	CAP	19.50	15.60	19161	BLACK CURRANT OIL 500	100	CAP	34.10	---	60578	GLUTEN DAIRY DIGEST	60	VCA	27.40	---
61938	PHOS SERINE 100 MG	60	VCA	37.00	29.60	22613	BORAGE OIL	180	SGC	71.30	---	52902	GLYCINE 500 MG	180	VCA	23.80	---
23751	PINEAL CONC	90	CAP	33.50	26.80	57109	BORAGE OIL 1000 MG SGC	60	SGC	26.40	---	42077	GRAPE PIP 500 MG	120	CAP	125.50	---
24916	PRO ANTHO FORTE	60	VCA	31.00	24.80	19196	BORON 2 (GLYCINATE)	60	CAP	9.70	---	50989	GRAPEFRUIT SEED EXT	120	VCA	29.20	---
15328	PROSTAGLAN	120	CAP	47.50	38.00	40677	BOSWELLIA 400 MG	120	CAP	26.70	---	34451	GREEN TEA EXT DECAFF	120	CAP	42.50	---
54597	R LIPOIC ACID 100 MG	60	CAP	41.00	32.80	53210	BOSWELLIA AKBA	120	VCA	43.40	---	64715	GYMENA SYLVESTR 250 MG	180	VCA	32.70	---
15333	RENATRATE	90	CAP	19.00	15.20	41106	BROMELAIN 2400 500	60	CAP	30.40	---	61255	HAIR SKIN NAILS ULTRA	60	VCA	37.00	---
15335	SPLENDRATE	100	CAP	17.50	14.00	38060	BROMELAIN 2400 500 MG	180	CAP	76.10	---	33780	HAWTHORN EXT	120	CAP	30.30	---
15338	THYRO COMPLEX	90	CAP	20.99	16.79	51670	CAL D GLUCARATE 500 MG	60	VCA	61.00	---	53269	HEARTBURN ESSENTIALS	180	VCA	51.20	---
15339	TRACE MIN +	100	CAP	16.50	13.20	29386	CAL MAG CITRATE	180	CAP	23.50	---	53972	HEARTBURN ESSENTIALS	90	VCA	26.80	---
15340	TRI 40	90	CAP	17.00	13.60	61582	CAL MAG MALATE 2:1	180	VCA	27.00	---	39275	HOMOCYSTEINE FACTORS	180	CAP	51.10	---
15341	TYROSINE	90	CAP	19.00	15.20	36209	CALCIUM CITRATE 150 MG	180	CAP	22.20	---	33988	HOMOCYSTEINE FACTORS	60	CAP	20.50	---
50212	U TRACT CMP CAP	120	CAP	39.00	31.20	40548	CALCIUM MCHA 250 MG	180	VCA	48.90	---	44867	HYALURONIC ACID	180	VCA	94.50	---
40667	U TRACT MANNOSE	1.7	PWD	33.00	26.40	53511	CALCIUM W/O3	180	VCA	24.60	---	44778	HYALURONIC ACID 70 MG	60	VCA	36.10	---
15342	VEGZYME	90	VCA	20.00	16.00	59954	CAPRYLIC ACID	240	VCA	37.20	---	39325	IMMUNHERBS	120	CAP	56.50	---
15343	ZINC PICOL + 25 MG	60	CAP	12.50	10.00	56158	CAPRYLIC ACID	120	VCA	20.80	---	52413	INDOLE 3 CARBINOL 200	60	VCA	30.10	---
						19190	CARNITINE 340 MG	60	CAP	39.90	---	43618	INDOLE 3 CARBINOL 200	120	CAP	52.90	---
						34513	CARNITINE 340 MG	120	CAP	73.20	---	52422	INDOLE 3 CARBINOL 400	60	VCA	52.10	---
						43782	CARNITINE FUMARATE	120	VCA	66.80	---	59614	INDOLE 3 CARBINOL 400 M	120	VCA	92.40	---
						64126	CARNOSINE 500 MG	60	VCA	64.80	---	60416	INOSITOL PWD	250	PWD	39.90	---
						44851	CARNOSINE 500 MG	120	VCA	116.90	---	50759	IODINE	120	VCA	15.00	---
						53978	CHASTE TREE VITEX	60	VCA	12.80	---	42931	IODINE & TYROSINE	120	VCA	29.50	---
						41437	CHOLESTEPURE	180	CAP	38.10	---	39015	IP 6	180	CAP	37.50	---
						60898	CHOLESTEPURE PLUS II	120	CAP	52.00	---	19201	IRON C	60	CAP	9.60	---
						37224	CHONDROITIN SULF BOVIN	180	CAP	80.00	---	61347	JUNIOR NUTRIENTS	120	VCA	21.80	---
						41238	CHROMATE GTF 600	60	CAP	14.00	---	45110	KRILL PLEX	120	SGC	119.80	---
						61322	CHROMIUM PICOL 200	180	VCA	35.40	---	34174	LACTOBACILLUS ACIDOPH	60	CAP	14.40	---
						19198	CHROMIUM PICOL 200	60	CAP	11.00	---	31386	LACTOBACILLUS SPOROGEN	60	CAP	18.90	---
						40180	CHROMIUM PICOL 200	180	CAP	28.10	---	67996	LIGAMENT RESTORE	240	VCA	95.60	---
						40448	CHROMIUM PICOL 500 MCG	180	CAP	37.70	---	53090	LIGAMENT RESTORE	120	VCA	56.40	---
						44879	CINNAMON WS	120	VCA	42.50	---	31317	LIPIC ACID 100 MG	120	VCA	38.40	---
						52913	CLA 1000 MG	180	SGC	92.40	---	29008	LIPIC ACID 100 MG	60	VCA	21.00	---
						51524	COGNITIVE FACTORS	120	VCA	69.00	---	38263	LIPIC ACID 200 MG	120	VCA	57.00	---
						58532	COLLAGEN JS	60	VCA	33.90	---	40117	LIPIC ACID 400 MG	60	CAP	42.20	---
						58555	COLLAGEN JS	120	VCA	61.90	---	41531	LIPIC ACID 400 MG	120	CAP	73.20	---
						40116	COLOSTRUM 40 % IgG	180	CAP	56.90	---	44798	LIPIC ACID 600 MG	120	VCA	87.40	---
						19200	COPPER 2 GLYCINATE	60	CAP	8.90	---	57346	LIPOTROPIC DETOX	120	VCA	23.90	---
						38062	COQ10 120 MG	60	CAP	55.20	---	57316	LITHIUM OROTATE 5 MG	180	VCA	35.80	---
						30081	COQ10 120 MG	120	VCAP	96.60	---	53973	LIVER GI DETOX	120	VCA	48.60	---
						42819	COQ10 30 MG	120	VCA	33.10	---	65727	LONGEVITY NUTRIENTS	120	VCA	51.00	---
						37677	COQ10 500 MG	60	CAP	172.80	---	58603	LUTEIN 20 MG	60	SGC	44.30	---
						24145	COQ10 60	60	CAP	33.60	---	52554	LUTEIN 20 MG	120	SGC	82.20	---
						38279	COQ10 CARNITINE	120	CAP	86.00	---	54842	LUTEIN ZEAXANTHIN	120	VCA	50.30	---
						59479	CORTISOL CALM	60	VCA	40.90	---	55551	LUTEIN ZEAXANTHIN 10/2	60	VCA	28.50	---
						56090	CRANBERRY D MANNOSE	90	VCA	45.30	---	26534	LVR FORMULA	120	CAP	58.20	---
						65825	CRANBERRY D MANNOSE	180	VCA	82.40	---	40569	LYCOPENE 10 MG	100	CAP	54.90	---
						29562	CRANBERRY NS 500 MG	90	VCA	29.40	---	52555	LYCOPENE 20 MG	120	SGC	107.70	---
						67361	CRANBERRY NS 500 MG	180	VCA	52.80	---	30224	LYSINE 500	90	CAP	10.80	---
						60713	CURCUMA SORB (MERIVA)	180	VCA	47.40	---	65312	LYSINE 500	120	VCA	28.80	---
						67715	CURCUMASORB MIND	60	VCA	51.90	---	35491	M R S MUSHROOM FORMULA	270	CAP	60.10	---
						44244	CURCUMIN 500 C3 CMP	120	VCA	44.80	---	55549	MACA 3	120	VCA	65.20	---



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



50 mg; Red Root, 50 mg; Black Pepper extract, 5mg. Other Ingredients: Modified Vegetable Cellulose.

Dosage:

One capsule, 2 times daily or as directed by a healthcare professional.

Turmeric Joint Synergy

Turmeric/Devil's Claw/Willow/Cat's Claw Blend

Herbal Supplement to Support Healthy Joints and Reduce Inflammation.

60 Veggie Caps - Product Code: 68219

Product Features:

- Turmeric Root extract (95% curcuminoids) and Willow Bark extract (25% Salicin) provide relief from muscle and joint discomfort through support of the body's natural inflammatory process.
- Devil's Claw Root is a specific joint and connective tissue herb to promote a healthy inflammatory response.
- Cat's Claw Bark supports healthy joints and is adaptogenic.
- Black Cohosh Root calms joint and muscle discomfort.
- Licorice Root supports the inflammatory system by balancing healthy cortisol.
- Black Pepper extract facilitates absorption and promotes healthy circulation.
- Joint Synergy is best taken long term to maintain healthy joints.
- 100% Vegetarian. All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.

Ingredients:

Phyto-Tech™ Turmeric Joint Synergy contains the following: Turmeric Root Extract (95 mg Curcuminoids), 100 mg; Devil's

Claw Root, 100 mg; White Willow Bark Extract (25 mg Salicin), 100 mg; Cat's Claw Bark, 50 mg; Black Cohosh Root, 50 mg; Licorice Root, 50 mg; Black Pepper Extract, 5 mg. Other Ingredients: Modified Vegetable Cellulose.

Dosage:

One capsule, 2 times daily or as directed by a healthcare professional.

Turmeric PM Relief

Specific evening formula designed to reduce body ache and pains, improve mood and improve nighttime relaxation.

60 Veggie Caps - Product Code: 68217

Product Features:

- Turmeric Root extract (95% curcuminoids) and Willow Bark extract (25% Salicin) provide relief from muscle and joint discomfort through support of the body's natural inflammatory process.
- Skullcap and Cordyali relax muscle and control pain.
- St. John's Wort calms nerve endings that send pain signals to the brain.
- Stillingea drains extra fluids from interstitial tissue to reduce swelling.
- Red Root supports lymph drainage when tissue is swollen
- Black Pepper extract facilitates absorption and promotes healthy circulation.
- 100% Vegetarian; All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.

Phyto-Tech™ PM Relief formula also provides the following:

- Valerian Root relaxes muscles and promotes deep sleep.
- Kava Root alleviates muscle soreness, anxiety and calms the

mind.

Ingredients:

Phyto-Tech™ PM Relief formula contains the following: Turmeric Root Extract (190 mg Curcuminoids), 200 mg; Valerian Root, 150 mg; Kava Root, 140 mg; White Willow Bark Extract (25 mg Salicin), 100 mg; Corydalis Root, 70 mg; St. John's Wort Flowering Herb, 70 mg; Skullcap Aerial Parts, 50 mg; Stillingia Root, 50 mg; Red Root, 50 mg; Black Pepper Extract, 10 mg. Other Ingredients: Modified Vegetable Cellulose.

Dosage:

Two capsules one hour before bedtime or as directed by a healthcare professional.

Turmeric Root 1:1.5

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent.

1 fl oz - Product Code: 57016

60 Veggie Caps - Product Code: 60137

60 Liquid Veggie Caps - Product Code: 67451

Who might benefit from this herbal supplement?

- Those who suffer from inflammatory conditions, including joint pain, atherosclerosis, bursitis, osteoarthritis;
- Those who suffer from auto-immune disorders, ranging from rheumatoid arthritis to Crohn's disease;
- Those who suffer from ulcerative colitis, and indigestion;
- Those who suffer from liver disorders.

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent. It works by keeping naturally occurring levels of

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



35942	N A C 600 MG	180	CAP	48.00	----	61997	PROBIOTIC 50B	60	VCA	67.10	----	50284	VINPOCETINE 20 MG	120	VCA	43.00	----
35882	N A C 900 MG	120	CAP	41.40	----	58213	PROBIOTIC GI	60	VCA	36.00	----	56448	WOMENS NUTRIENTS	180	VCA	56.70	----
42615	N A C 900 MG	240	CAP	73.90	----	58460	PURE PALS CHW CHERRY	90	CHW	27.60	----	64513	WOMENS NUTRIENTS	360	VCA	104.30	----
63352	NIACITL 650 MG (NO FLU)	180	VCA	56.70	----	59151	PURE PROBIOTIC	60	VCA	18.70	----	61254	WOMENS PURE PAK	30	PAK	65.80	----
43666	NIACITL 500 MG	120	CAP	43.10	----	64517	PUREBI OME INTENSIVE	30	VCA	46.40	----	60566	XANTHITRIM	60	VCA	54.20	----
58108	NITRIC OXIDE SUPP PWD	162	PWD	37.70	----	55772	PURECELL	120	VCA	53.00	----	58212	ZINC 15 MG LIQ	42	LIQ	34.30	----
66216	NITRIC OXIDE ULT STCKS	30	PAK	51.90	----	62028	PURELEAN PURE PACK	30	PAK	73.20	----	68180	ZINC 15 PICOLINATE	180	CAP	25.50	----
66215	NITRIC OXIDE ULTRA	120	VCA	59.60	----	67858	PUREMELT B12 FOLATE LZ	90	LOZ	17.90	----	19207	ZINC 15 PICOLINATE	60	CAP	9.90	----
55980	NSK SD (NATOKINASE)	60	VCA	63.20	----	51713	PCYNOGENOL 100 MG	60	VCA	66.60	----	19208	ZINC 30 PICOLINATE	60	CAP	12.30	----
45690	NSK SD (NATOKINASE)	120	VCA	68.90	----	58057	PCYNOGENOL 100 MG	60	VCA	121.80	----	33258	ZINC 30 PICOLINATE	180	CAP	31.60	----
62449	NSK SD 100 MG	120	VCA	117.50	----	28337	PCYNOGENOL 50 MG	60	CAP	66.40	----	44738	ZINC CITRATE 30 MG	60	VCA	9.00	----
55717	NUTRIENT 950	360	VCA	79.80	----	33532	PCYNOGENOL 50 MG	120	CAP	127.20	----	44737	ZINC CITRATE 30 MG	180	VCA	21.60	----
19169	NUTRIENT 950	180	CAP	45.30	----	52133	Q GEL 100 SGC	60	SGC	107.80	----						
19171	NUTRIENT 950 NO CU/FE	180	CAP	45.40	----	23827	QUERCETIN	120	CAP	37.40	----						
19172	NUTRIENT 950 NO CU/FE	90	CAP	26.50	----	19150	QUERCETIN 250	60	CAP	21.00	----	66827	BRAIN ESSENCE TABS	60	TAB	66.15	52.92
19173	NUTRIENT 950 NO IRON	180	CAP	45.60	----	52407	R LIPOIC ACID 100 MG	120	VCA	79.60	----	56724	BREAST D	30	CAP	33.59	26.87
44892	NUTRIENT 950 NO IRON	360	VCA	80.20	----	40514	RESVERATROL	120	CAP	37.50	----	44936	CANDEX	40	VCA	36.77	29.41
60941	NUTRIENT 950 W K	180	VCA	45.60	----	52700	RESVERATROL EXTRA	60	VCA	39.60	----	42294	CANDEX	120	VCA	76.79	61.43
58973	NUTRIENT 950 W/ NAC	120	VCA	40.70	----	52701	RESVERATROL EXTRA	120	VCA	70.80	----	68188	CANDEX VCAP	80	VCA	59.38	47.50
44229	NUTRIENT 950 W/ NAC	240	VCA	68.40	----	61810	RESVERATROL VESISORB	90	CAP	62.60	----	56726	D 2000	30	CAP	9.98	7.98
39218	NUTRIENT W/O CU/FE/IOD	180	CAP	45.40	----	42467	RHODIOLA ROSEA 100 MG	180	CAP	31.50	----	44162	ENERGY PLUS	60	TAB	39.98	31.98
45623	OLIVE LEAF EXT 500 MG	60	VCA	35.90	----	62083	RIBOCARNITINE Q10	180	VCA	78.00	----	50739	ENERGY PLUS	120	TAB	66.14	52.91
33506	OLIVE LEAF EXT 500 MG	120	CAP	64.90	----	38333	RIBOSE PWD	250	PWD	60.20	----	55313	IONIC FIZZ CAL PLUS	152	PWD	53.83	43.06
63126	ONE MULTI W/ COQ10	60	VCA	34.50	----	37739	SACCHAROMYCES BOULARDI	60	CAP	49.30	----	55052	IONIC FIZZ MAG PLUS PK	30	PAK	46.14	36.91
55228	OPTIFERIN C	60	VCA	11.30	----	64135	SAM E 200 MG	60	VCA	62.50	----	42952	LIFE ESSENCE	120	TAB	49.58	39.66
42416	OSTEO BALANCE	210	VCA	40.10	----	25459	SAW PALMETTO PLUS SGC	120	SGC	66.60	----	44343	ONE & ONLY	30	TAB	24.60	19.68
51508	OSTEO BALANCE	351	VCA	63.80	----	63344	SAW PALMETTO PLUS SGC	250	SGC	120.90	----	52621	ONE & ONLY MENS FORM	30	TAB	32.29	25.83
19184	P 5 P 50 ACTIVATED B6	60	CAP	14.60	----	37208	SELENIUM 200 SELENOMET	180	CAP	29.10	----	52680	ONE & ONLY WOMENS FORM	30	TAB	33.82	27.06
39368	P 5 P 50 ACTIVATED B6	180	CAP	37.50	----	19206	SELENIUM 200 SELENOMET	60	CAP	11.90	----	58322	ONE & ONLY WOMENS FORM	90	TAB	76.79	61.43
19159	PANCREATIC ENZYME FORM	60	CAP	30.60	----	57347	SELENIUM CITRATE 200	60	VCA	9.20	----	55614	VISION	60	TAB	50.76	40.60
57748	PANCREATIC VEZENZYMS	180	VCA	51.20	----	58878	SELENIUM CITRATE 200	180	VCA	21.80	----						
41146	PANTETHINE 250 MG	120	CAP	83.90	----	32997	SILYMARIN	120	CAP	34.30	----						
58267	PANTOTHENIC ACID 500	120	VCA	18.80	----	50551	STRONTIUM CITRATE 227	90	VCA	23.50	----	60278	GABATROL CAP STRES ANX	90	CAP	59.95	53.95
60068	PEPTIC CARE ZC	60	VCA	51.70	----	51649	STRONTIUM CITRATE 227	180	VCA	40.50	----	59783	GABATROL CAP STRES ANX	45	CAP	34.97	31.47
51363	PHYTO ADR	180	VCA	58.10	----	52840	SYNERGY K	120	VCA	56.60	----	60040	GABATROL PWD STRES ANX	60G	PWD	34.97	31.47
50334	POLICOSANOL 20 MG	120	VCA	57.20	----	54552	SYSTEMIC ENZYME COMP	180	VCA	57.60	----	67657	KANNA BLISS CAP	12	CAP	13.99	12.59
53627	POLYPHENOL NUTRIENTS	360	VCA	88.80	----	45156	TAURINE 1000 MG	120	VCA	25.80	----	67658	PRO MIND POWDER	30G	PWD	14.99	13.49
54018	POMEGRANATE PLUS	120	VCA	53.30	----	19193	TAURINE 500	60	CAP	10.10	----						
19204	POT 99 (ASPARTATE)	90	CAP	12.60	----	45691	THEANINE 200 MG	60	VCA	46.90	----						
37106	POT MAG ASPARTATE	180	CAP	25.90	----	42749	THEANINE 200 MG	120	VCA	85.30	----	44539	ALOE VERA 40 X CONCEN	4.5	LIQ	29.00	26.10
44934	POT MAG CITRATE	180	VCA	24.50	----	52136	THYROID SUPPORT COMP	120	VCA	48.30	----	60666	AMLA C PLUS PWD	42	PWD	13.25	11.93
64427	POTASSIUM 200 CITRATE	180	VCA	22.10	----	33663	TOCOTRIENOLS	120	SGC	91.70	----	67071	AMLA C PLUS TAB	100	TAB	11.68	10.51
50326	POTASSIUM 200 MG CITRA	90	VCA	12.90	----	58507	TRI ALKALI	351	PWD	26.20	----	44099	CHLORELLA PWD	42	PWD	22.25	20.02
27307	PREGNENOLONE 10 MG	60	CAP	10.60	----	57470	TRYPTOPHAN	90	VCA	53.80	----	22095	GREEN KAMUT WHEATGRASS	90G	PWD	29.99	26.99
43832	PREGNENOLONE 10 MG	180	VCA	25.80	----	58486	TRYPTOPHAN	180	VCA	94.90	----	61402	GREENS BEST OF GREENS	52	PWD	29.99	23.99
27308	PREGNENOLONE 30 MG	60	CAP	14.90	----	65751	TYROSINE 500 MG	90	VCA	25.00	----	56330	IONIC ELEMENTS LIQ	42	LIQ	36.00	28.80
30126	PREGNENOLONE 30 MG	180	CAP	35.30	----	54841	UBIQUINOL QH 100 MG	60	SGC	72.60	----	24408	JUST BARLEY GREEN	80G	PWD	25.99	20.79
67534	PRENATAL NUTRIENTS	60	VCA	22.80	----	56385	UBIQUINOL QH 200 MG	60	SGC	129.60	----	34047	JUST BARLEY GREEN JCE	180	VCA	29.29	23.43
53249	PRENATAL NUTRIENTS	120	VCA	41.20	----	54899	UBIQUINOL QH 50 MG	60	SGC	46.40	----	67298	SPIRULINA PWD PURE	42	PWD	13.21	11.89
64615	PROBIOMOOD STICK PAKS	30	PAK	45.80	----	44880	ULTRA NUTRIENT	360	VCA	127.60	----	55314	TART CHERRY	16Z	LIQ	35.02	31.52
52381	PROBIOTIC 5 DAIRY FRE	60	VCA	35.00	----	30257	ULTRA NUTRIENT	180	VCA	73.30	----						
61792	PROBIOTIC 123 DAIRY FRE	80	PWD	16.40	----	54718	VINPOCETINE 20 MG	60	VCA	24.00	----						

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit

Don's Blog

www.dongoldberg.com

PureLean®

A Proactive Path to Good Health[†]

Body weight is influenced by multiple factors, including genetics, diet, neurotransmitter function, physical activity and stress. When excess weight is introduced, particularly in the midsection, complex interactions occur among these elements that can affect multiple aspects of health.

PureLean® is designed to support:

- ✓ Appetite and Mood Centers of the Brain[†]
- ✓ Metabolic Rate[†]
- ✓ Satiety and Healthy Glycemic Control[†]
- ✓ Carbohydrate and Lipid Metabolism[†]
- ✓ Thermogenesis and Energy Expenditure[†]



Visit PureLean.com and use the Supplement Selector to discover your PureLean® personalized supplement protocol



GMP Registered

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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

[†]Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Nothing But Pure®



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



cortisone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma, arthritis—osteo and rheumatoid) to any condition where cortico-steroid drug use is indicated. This includes Crohn's disease, colitis and bursitis.

Ingredients:

Phyto-Tech™ Turmeric Root 1:1.5 Liquid Fluidextract contains Certified Organic Fresh Turmeric Root (Curcuma longa), 667 mg per Serving, Alcohol Pure Grain, Water Pure Deionized.

Now available as a regular (powder) vegetarian capsule or a liquid filled vegetarian capsule:

Each fresh ground powdered Turmeric capsule contain 450 mg of Standardized (95% Curcumanoids) Turmeric Root, along with 5 mg of Bioperine for enhanced absorption.

Each liquid filled veggi cap Turmeric capsule contains Organic Turmeric Root, 400 mg, Turmeric Root Extract (95% Curcuminoids, 95 mg), 100 mg, Turmeric Root (CO2 Supercritical Extract, with 40% Turmerones, 20 mg), 50 mg, and Black Pepper Fruit Extract, 5 mg. Other Ingredients: Soy Lecithin, Vegetable Cellulose, Medium Chain Triglycerides, Chlorophyll.

Urinary Kidney Complex

A blend of herbs effective against urinary tract infections - acute and chronic.

1 fl oz - Product Code: 56990

Who might benefit from this herb?

- Those with urinary tract infections, both acute and chronic.

Ingredients:

Phyto-Tech™ Urinary Kidney Complex contains the following: Uva Ursi Leaf, Nettle Leaf, Fresh Dandelion Root, Juniper Berries, Fresh Marshmallow Root, Horsetail Herb, Fresh

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Ginger Root, Grain Alcohol, Deionized Water
The Uva Ursi is germicidal in the urinary tract. Juniper and Myrrh are also strong antibacterial herbs for the urinary tract. It is important to increase the flow of urine to wash out the urinary tract. This is facilitated by the addition of Dandelion, Nettle. It helps to drink large amounts of water as well. The Marshmallow is a soothing herb to the mucosa of the urinary tract to help decrease pain and discomfort.

Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water.

For acute infection: 60-90 drops every 3-4 hours in juice or water

Uva Ursi Leaf 1:3

A powerful urinary tract antiseptic and diuretic.

1 fl oz - Product Code: 57042

Who might benefit from this herb?

- Those with urinary tract infections.

Phyto-Tech™ Uva Ursi Leaf contains arbutin, which is thought to be responsible for the herbs powerful urinary tract antiseptic properties. It is best used short term, for acute situations, for up to 2-3 weeks. It is often combined with cranberry juice to acidify the urine. It also exhibits diuretic properties, and helps to flush the urinary tract.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water.

Can increase dose to 4-5 times per day in very acute situations for a few days.

Valerian Root 1:2

Valerian has been used as a sedative and anti-anxiety treatment for more than 2,000 years. Valerian extracts were widely used in the U.S. and Europe, until replaced by prescription sedative drugs.

1 fl oz - Product Code: 56951

1 fl oz - Alcohol Free - Product Code: 56978

90 Veggie Caps - Product Code: 60138

Who might benefit from this herbal supplements?

• Valerian has a long history of use as a sedative and sleep aid. Many consider Valerian to be the strongest western herbal central nervous system sedative. Valerian will quiet a busy mind. It can promote sleep for those who cannot fall asleep and helps those who wake up in the middle of the night. Repeat the doses as needed within a night to facilitate sleep. The liquid is significantly faster in action compared to a tablet or capsule, which must be digested before it can be absorbed, so liquids are preferred for fastest action. It will help calm one down when going through difficult emotional and mental times or when in therapy and in turmoil. Taking Valerian during the day can make one feel tired, sedated or a little out of it. Thus, caution is advised. This can sometimes be controlled by altering the dosage.

Many consider valerian to be the strongest western herbal painkiller as well. It will reduce pain in the musculo-skeletal system (i.e. muscle and joint pain from injury, accidents, work outs, surgeries). Valerian may be enough to control pain after relatively mild surgeries or dental procedures. It is also a smooth muscle relaxer for pain from menstrual cramps, digestive cramps, gall bladder and kidney stones. According to herbalists, Valerian will not remove all pain like a pharmaceutical pain killer but will instead, reduce the

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

PUREMEDY

63827	ACNE FREE SALVE	1Z	SLV	14.95	13.45
65660	BLACK SALVE EXTRA DRAW	1Z	SLV	24.95	22.45
63829	ECZEMA & PSORIASIS FR	1Z	SLV	17.95	16.15
63830	FUNGUS FREE SALVE	1Z	SLV	17.95	16.15
63831	HEALING SALVE ORIGINAL	1Z	SLV	14.95	13.45
65005	HEMORRHOID RELIEF CRM	1Z	CRM	19.95	17.95
63833	ROSACEA FREE SALVE	1Z	SLV	24.95	22.45
65003	SHINGLES RELIEF CRM	1Z	CRM	24.95	22.45
65004	SKIN TAG RELIEF CRM	1Z	CRM	23.95	21.55
63834	WART RELIEF SALVE	1Z	SLV	19.95	17.95

QUALITY OF LIFE

50983	AHCC 250 KINOKO SILV	60	CAP	44.95	35.96
44012	AHCC 500 GOLD KINOKO	60	CAP	75.00	60.00
58252	AHCC 750 PLATIN KINOKO	60	VCA	85.00	68.00
60099	AHCC RX 300 MG VEG SGC	60	SGC	49.95	39.96
64589	CARTILAST	60	VCA	19.95	15.96
57800	COQ10 SR 100 MG	30	VCA	19.99	15.99
50986	IMMUNO COMPLEX	30	VCA	24.95	19.96
59572	IMMUNOKINOKO AHCC 750	60	VCA	98.00	78.40
68055	LYCOCCELL	60	SGC	35.00	35.00
61445	METASOL OLIGONOL 100	60	VCA	49.00	39.92
50985	NEPTUNE KRILL OIL	30	SGC	24.95	19.96
54239	OLIGONOL	30	CAP	29.95	23.96
67238	PRESEQUEL QOL	30	VCA	20.00	16.00
58880	PROSTACELL DUAL ACTION	120	CAP	39.95	31.96
61168	SEROTONIN	90	VCA	34.95	27.96
57799	VITA PQQ 20 MG	30	VCA	29.95	23.96
63219	VITA PQQ ENHANC BIOQ10	30	VCA	24.95	19.96

QUANTUM

51648	BUZZ AWAY EXTREME	4Z	SPY	9.99	7.99
67061	BUZZ AWAY XTREME DT FR	8Z	SPY	16.99	13.59
55597	CANKER CARE PLUS GEL	.33	GEL	8.99	7.19
26409	IMMUNE SUPPORT COLD &	2Z	LIQ	14.99	11.99
23555	MIGSHIELD MIGRELIEF	60	TAB	30.89	24.79
51729	SUPER IMMUNE +	90	VCA	14.99	11.99
41448	SUPER LYSINE + CLD STK	1EA	PAK	7.19	5.75
27566	SUPER LYSINE + LIQ	2Z	LIQ	14.99	11.99
18457	SUPER LYSINE + CRM	7G	CRM	8.19	6.55
26719	SUPER LYSINE + CRM	21G	CRM	18.39	14.71
18458	SUPER LYSINE + TAB	90	TAB	9.99	7.99
18459	SUPER LYSINE + TAB	180	TAB	19.69	15.75
23824	ZINC ECHIN LOZ	48	LOZ	10.59	8.47

QUINCY BIOSCIENCE

56050	PREVAGEN D 10 MG	30	CAP	49.95	49.95
66468	PREVAGEN D 10 MG	60	VCA	74.95	74.95
60446	PREVAGEN D 20 MG	30	CAP	59.95	59.95
64906	PROVEGEN PRO 40 MG	30	CAP	89.95	89.95

RAINBOW LIGHT

60693	50+ MINI MULTIVITAMIN	180	TAB	41.99	33.59
43449	ACTIVE ADULT 50 + SENI	90	TAB	47.99	38.39
56677	ACTIVE TEEN MULTI	90	TAB	42.09	33.67
25584	ADVANCED ENZYME SYSTEM	180	CAP	46.29	37.03
24215	B COMPLEX COMPLETE	90	TAB	24.49	19.59
65774	BRIGHT ENERGY BLISTER	30	CAP	20.29	16.23
50994	C 1000 SUPER	120	TAB	32.09	25.67
26210	C 1000 SUPER	60	TAB	17.09	13.67
62696	C SLICES GUMMIES	90	CHW	14.99	11.99
66129	CAL CITRATE BER WLL PK	30P	GUM	24.49	19.59
58991	CAL CITRATE CHW CHOC	45	CHW	26.59	21.27
58866	CAL CITRATE MINI TAB	120	TAB	15.99	12.79
42397	CAL FOOD BASED 500 MG	90	TAB	15.99	12.79
37543	CAL FOOD BASED 500 MG	180	TAB	26.19	20.95
52482	COUNTER ATT IMMUN RESP	30	TAB	18.19	14.55
60690	COUNTER ATTACK IMMUNO	90	TAB	44.79	35.83
61801	D 2500 IU GUMMY BERRY	50	GUM	16.99	13.59
56471	D 400 SUNNY GUMMIES	60	GUM	13.89	11.11
54688	D3 1000 SUNNY GUMMIES	50	CHW	14.39	11.51
64031	D3 1000 SUNNY GUMMIES	100	GUM	21.39	17.11
63238	EMBRACE PRENATAL 35 +	90	VCA	55.99	44.79
25439	EVERYDAY CAL W/ENZ	120	TAB	24.09	19.27
41322	EVERYDAY CAL W/ENZYMES	240	TAB	45.79	36.63
53801	GUMMI POWER SOURS PAK	30	PAK	20.29	16.23
30406	JUST ONCE IRON FREE	120	TAB	63.99	51.19
42396	JUST ONCE W/IRON	60	TAB	31.99	25.59
51786	KIDS ONE MULTISTARS	90	CHW	27.99	22.39
66958	LIVER SAFEGUARD	50	CAP	38.39	30.71
19125	MAGNESIUM CALCIUM +	180	TAB	34.09	27.27
44518	MENOPAUSE ONE MULTI	90	TAB	44.49	35.59
66127	MENS ENERGY MULTI GUMM	30P	PAK	26.69	21.35
67528	MENS MULTI + ENERG VIT	120	VCA	48.89	39.11
67525	MENS MULTI + STRESS	120	VCA	51.59	41.27
58236	MENS MULTI ORGANIC	120	TAB	44.19	35.35
40765	MENS ONE MULTI	90	TAB	42.49	33.99
42395	MENS ONE MULTI	30	TAB	17.99	14.39
53805	MENS ONE MULTIVITAMIN	150	TAB	54.99	43.99
65899	MENTAL CALM	30	TAB	17.59	14.07
52484	MINT ASURE	75	CAP	7.89	6.31
52028	NAIL HAIR & SKIN	60	TAB	24.49	19.59
51708	NUTRISTART MULTI PWD	25	PAK	25.09	20.07
60511	OMEGA BRAIN PERFORMANC	60	FSG	41.59	33.27
65770	PAIN EZE	40	TAB	13.99	11.19
65771	PAIN EZE BLISTER PAK	30	TAB	11.49	9.19
51036	PERFORM ENERGY MEN	90	TAB	39.99	31.99
67527	PRENATAL MULTI + ENERG	120	VCA	48.89	39.11
51028	PRENATAL ONE MULTI	30	TAB	18.99	15.19
53804	PRENATAL ONE MULTI	150	TAB	59.99	47.99
39779	PRENATAL ONE MULTI	90	TAB	42.49	33.99
52483	PRENATAL PACK	30	PAK	32.99	26.39

59141	PRENATAL PETITE MULTI	180	TAB	41.99	33.59
22875	PRENATAL SYS COMPLETE	180	TAB	41.99	33.59
55705	PROBIOACTIVE 1B VCAP	90	VCA	23.99	19.19
60554	PROBIOCLIOUS GUMMIES	50	CHW	23.49	18.79
38660	REJUVENAGE 40+ MULTI	120	TAB	56.99	45.59
45136	REJUVENAGE 40+ MULTI	60	TAB	31.99	25.59
66960	SLEEP Z Z ZEN	50	CAP	30.99	24.79
66130	TEEN ENERGY MULT GM PK	30P	PAK	26.69	21.35
67530	TEEN GIRLS MULTI + SKN	180	TAB	53.29	42.63
66128	WOMENS ENERGY MULTI GM	30P	PAK	26.69	21.35
67524	WOMENS MULTI + STRESS	120	VCA	59.89	47.91
67526	WOMENS MULTI BAL ENERG	120	CAP	48.89	39.11
58237	WOMENS MULTI ORGANIC	120	TAB	44.19	35.35
22125	WOMENS NUTRITIONAL SYS	180	TAB	49.49	39.59
38523	WOMENS ONE MULTI	90	TAB	42.49	33.99
53806	WOMENS ONE MULTI	150	TAB	54.99	43.99
42367	WOMENS ONE MULTI	30	TAB	17.99	14.39
67529	YOUNG MENS MULTI SKIN	180	TAB	53.29	42.63
65772	ZEN THERAPY	90	TAB	29.69	23.75
65773	ZEN THERAPY BLISTER	30	TAB	14.89	11.91

REDD REMEDIES

63796	120/80 CARE	60	VCA	27.99	22.39
62963	AT EASE TAB	80	TAB	28.99	23.19
66311	BONE HEALTH ADVANCED	120	CAP	28.99	23.19
64539	BRAIN AWAKENING	120	CAP	58.99	47.19
63798	CIRCULATION VA	60	VCA	39.99	31.99
64219	CRAVE STOP	60	CAP	34.99	27.99
67384	CURCUMIN C3 REDUCT CHW	60	CHW	27.99	22.39
62966	GOUCH VCAP	60	VCA	29.99	23.99
66555	GOUCH VCAP	120	VCA	57.99	46.39
63799	HEART STRONG	60	TAB	29.99	23.99
60954	JOINT HEALTH	90	VCA	74.99	59.99
66199	JOINT HEALTH ADV NEM	60	VCA	36.99	29.59
62967	MUSCLE EASE	60	TAB	17.99	14.39
62973	NERVE SHIELD R	60	TAB	31.99	25.59
62962	SINUS SUPPORT ADULT	100	TAB	34.99	27.99
62965	SINUS SUPPORT CHILD	60	CHW	18.99	15.19
62974	SINUZYME CAP	40	CAP	24.99	19.99
62976	THYROID STRONG	60	VCA	34.99	27.99

RENEW LIFE

53381	14 DAY TOTAL BODY CLEAN	KIT	KIT	36.99	33.29
67115	3 DAY CLEANSE	12	VCA	7.99	7.19
53380	7 DAY TOT BODY RAP CLE	KIT	KIT	29.99	26.99
65218	BOWEL CLEANSE CAP	150	CAP	19.99	17.99
50227	BOWEL CLEANSE ORGANIC	12	PWD	19.99	17.99
38048	CANDI SMART CANDI GONE	KIT	KIT	37.99	34.19
36573	CLEANSE MORE	60	CAP	18.99	17.09
37854	CLEANSE SMART	KIT	KIT	32.99	29.69
58600	CLEAR FIBER ORG ACACIA	4.8	PWD	13.99	12.59
54895	CLEAR FIBER ORG ACACIA	9.5	PWD	19.99	17.99


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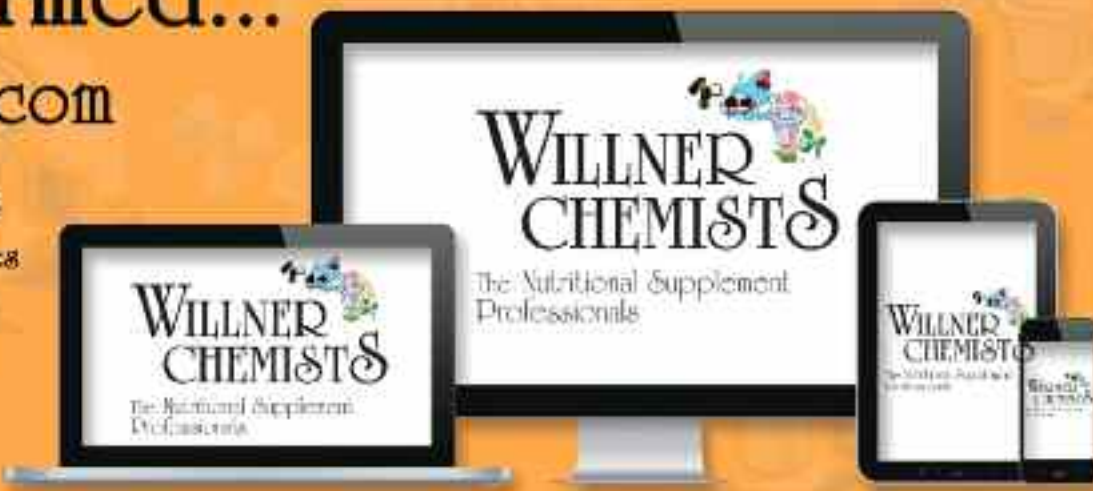
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



percent of pain recognition by 10-50%.

Contrary to popular belief, Valium was not derived from Valerian. They sound alike and are used for similar conditions, but are not related. The generally acknowledged active constituent, especially for purposes of standardization, is valerianic acid.

Ingredients:

Phyto-Tech™ Valerian Root 1:2 contains Fresh Valerian Root, 500 mg/ml.

Also available in vegetarian capsule form. Each Phyto-Tech™ Valerian Veggie Cap contains 500 mg of certified organic Valerian Root.

White Willow Bark 1:2

White Willow is one of the herbs originally associated with aspirin. White Willow (and Meadowsweet) contains salicin, a substance that reduces pain and inflammation. A chemical derivative of salicin, acetylsalicylic acid, is aspirin. Like aspirin, White Willow has a mild “blood thinning” action, which is usually considered beneficial to the heart and circulatory system.

1 fl oz - Product Code: 57044

Who might benefit from this herbal supplement?

- Those who need relief from pain, including headache pain, arthritic or joint pain, etc.

Ingredients:

Phyto-Tech™ White Willow Bark 1:2 contains White Willow Bark, Alcohol, Pure Grain, Water, Pure Deionized

Women’s Energy Tonic

A combination of herbs that function as adaptogens, hormone balancers and circulatory stimulants.

1 fl oz - Product Code: 57086

Who might benefit from this herbal supplement?

- Those women that help optimizing hormone balance;
- Those women seeking an increase in energy and vitality;
- Those women who need protection against the negative effect of stress;
- Those women with mood swings, irritability, fatigue, PMS, stress, low libido and mild depression.

Ingredients:

Phyto-Tech™ Women’s Energy Tonic contains the following: Dong Quai root, Ashwagandha Root, Damiana Leaf, Gotu Kola Leaf, Fresh Ginkgo Leaf, Chaste Tree Berry, American Ginseng Root, Grain Alcohol and Pure Deionized Water. Dong Quai and Chaste Tree Berry are popular herbs used for many menstrual irregularities. These herbs help regulate menstrual cycles, treat hot flashes, PMS, mood swings, bloating and infertility.

Ashwagandha and American Ginseng are adaptogenic herbs that increase vigor, energy, vitality and resistance to illness and environmental stresses. Together, these two herbs work synergistically to prevent breakdown under stress and to also rejuvenate and restore vitality.

Damiana has been called the “lover’s herb” due to its traditional use as an aphrodisiac. It supports both female and male sexuality by carrying oxygen and increasing circulation to the genital area. It has also been used for strengthening and stimulating the nervous system and boosting mental and physical endurance.

Gotu Kola has been traditionally used as an energizing,

cognitive stimulating herb for use in fatigue, cognitive insufficiency and mood disorders.

Phyto-Tech™ Women’s Energy Tonic can be used for occasional hormonal disturbances, but is best used as a tonic over an extended period of time (at least 3 months).

Dosage:

40-60 drops in juice or water, 2-3 times per day or as needed

Wormwood

Traditionally used by herbalists as a bitter, to improve digestion, to fight worm or parasite infestations, and as a treatment for liver and gallbladder problems.

1 fl oz - Product Code: 57056

Yin Chiao Plus

A traditional Chinese Liquid Herbal Formula, traditionally used at the first sign of the common cold or flu. Can also be helpful as a preventive measure after suspected exposure to cold or flu.

1 fl oz - Product Code: 56993

Ingredients:

Phyto-Tech™ Yin Chiao Plus contains the following herbs: Botanical Names: Isatis indigota Root, Ilex asprella Root, Chrysanthemum morifolium Flower, Forsythia suspensa Fruit, Lonicera japonica Flower, Lophatherum gracile Herb, Pueraria lobata Root, Schizonepeta tenuifolia Herb, Grain Alcohol, Deionized Water.

Pinyin Names: Ban Lan Gen, Gang Mei Gen, Ju Hua, Lian Qiao, Jin Yin Hua, Dan Zhu Ye, Ge Gen, Jing Jie
For those with knowledge of Traditional Chinese Medicine, this formula Disperses Wind Heat, Clears heat, and resolves

... continued on page 110

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

64790	CRIT CARE ENZYM DIG SM	45	CAP	32.99	29.69
55969	DAILY OMEGA ENTER COAT	60	SGC	19.99	17.99
61682	DAILY PROB 15 BIL RTS	30	VCA	21.99	19.79
63370	DAILY PROB 15 BIL RTS	60	VCA	37.99	34.19
56025	DHA 500 CRIT ENT COAT	60	SGC	29.99	26.99
56668	DIETSTART CLEANSE	56	CAP	29.99	26.99
50988	DIGEST MORE ULTRA	90	CAP	49.99	44.99
57524	ESSENTIAL DETOX ORG LQ	16Z	LIQ	36.99	33.29
53473	FIBERSMART	12Z	PWD	29.99	26.99
32790	FIBERSMART	8Z	PWD	20.99	18.89
43154	FIBERSMART CAP	120	VCA	17.99	16.19
56027	FIBERSMART CAP	200	CAP	27.99	25.19
45161	FIRST CLEANSE	60	CAP	27.99	25.19
55970	FIRST OMEGA ENTERIC COA	TEB	SGC	23.99	21.59
53612	GAS STOP	60	CAP	19.99	17.99
56925	HEARTBURN STOP	30	CAP	13.99	12.69
38566	INTESTINEW 16ZGRAMS	5.7	PWD	39.99	35.99
60228	INTESTINEW CAP	90	CAP	36.99	33.29
61691	KIDS PROBIOT 3 BL CHW	30	CHW	16.99	15.29
67150	KIDS PROBIOTIC 3 BIL CH	60	CHW	29.99	26.99
63196	KRILL OMEGA SGC	30	FSG	29.99	26.99
40593	LIVER DETOX	KIT	KIT	39.99	35.99
58835	OMEGA 3 1000 SUP CRIT	30	SGC	29.99	26.99
55967	OMEGA 600 COAT ENT COT	60	SGC	29.99	26.99
32932	PARA SMART (PARAGONE)	EA	RNW	37.99	34.19
64954	SKINNY GUT ACACIA FRT	9Z	PWD	19.99	17.99
64948	SKINNY GUT CHOC PWD	410	PWD	34.99	31.49
64949	SKINNY GUT VANILLA PWD	380	PWD	34.99	31.49
50228	TRIPLE FIBER ORGANIC	12Z	PWD	15.99	14.39
56270	TRIPLE FIBER ORGANIC	150	CAP	18.99	17.09
58289	ULT FLORA 15 BIL ADULT	30	CAP	22.99	20.69
64197	ULT FLORA 150 BIL MEGA	30	VCA	69.99	62.99
56667	ULT FLORA 200 BIL PAK	7	PAK	29.99	26.99
67443	ULT FLORA 25 BIL IMMU	30	VCA	32.99	29.69
64144	ULT FLORA 30 BIL SN CR	30	VCA	29.99	26.99
64143	ULT FLORA 30 BIL XTRA	30	VCA	29.99	26.99
55077	ULT FLORA 30 BL SENIOR	30	CAP	29.99	26.99
61692	ULT FLORA 30 BL SENIOR	60	VCA	52.99	47.69
66038	ULT FLORA 38 SOUR GUMM	60	GUM	20.49	18.44
67548	ULT FLORA 50 BIL EXT	60	VCA	67.99	61.19
64952	ULT FLORA 50 BIL EXT	30	VCA	39.99	35.99
67957	ULT FLORA 50 BIL	90	VCA	89.99	80.99
58297	ULT FLORA 80 BL CR COL	30	CAP	49.99	44.99
61703	ULT FLORA 80 BL CR COL	60	VCA	89.99	80.99
62887	ULT FLORA 90 BIL WOMEN	30	VCA	49.99	44.99
62228	ULTIMATE FLORA 100 BIL	30	VCA	59.99	53.99
60934	ULTIMATE FLORA 15 BIL	60	CAP	39.99	35.99
61830	ULTIMATE FLORA 50 BIL	60	VCA	67.99	61.19
51696	ULTIMATE FLORA VAGINAL	30	VCA	39.99	35.99
61680	WOMENS PROB 15 BIL RTS	30	VCA	21.99	19.79
63369	WOMENS PROB 15 BIL RTS	60	VCA	37.99	34.19

RES Q PRODUCTS					
68097	CALAMARINE DHA 500 MG	90	SGC	32.95	26.36
68090	CARDIOPOWER	60	CAP	54.95	43.96
68095	COD OMEGA 3 NORWEG ARC	90	SGC	32.95	26.36
68089	GLYCOPLUS GREEN LIPID	60	CAP	49.95	39.96
68092	LDL X010 RYR C0Q10	120	CAP	32.95	26.36
68091	NATURAL MALE TESTOSTER	60	TAB	26.00	20.80
68093	O3 MAX OMEGA 3 LQ ORNG	8.2	LIQ	69.00	55.20
68098	OMEGA 3 1250 + D3 CAL	200	SGC	58.00	46.40
68096	OMEGA 3 1250 + D3 CAL	/90	SGC	28.95	23.16
68094	OMEGA 3 1250 LIQ LEMON	16.	LIQ	56.00	44.80
68102	OMEGA 3 1250 SGC	90	SGC	26.95	21.56
68103	OMEGA 3 1250 SGC	200	SGC	56.00	44.80
68101	OMEGA 3 1250 SGC LEMON	200	SGC	56.00	44.80
68100	OMEGA 3 1250 SGC LEMON	90	SGC	26.95	21.56
68099	OMEGA 3 2500 TG TRYGLC	200	SGC	58.00	46.40

RESERVEAGE ORGANICS					
59829	BEAUTIFUL LEGS	30	CAP	28.99	28.99
67638	BEAUTY R&R	60	VCA	54.99	54.99
65360	BERGAMOT CHOLESTR SUP	30	VCA	34.99	34.99
57620	COLLAGEN BOOSTER	60	VCA	41.99	41.99
62818	COLLAGEN BOOSTER ULTRA	90	CAP	52.99	52.99
66315	COLLAGEN BUILDER PLANT	60	VCA	39.99	39.99
64938	COLLAGEN HYDRA PROTECT	30	CAP	29.99	29.99
66633	COLLAGEN REPLENISH CHW	60	CHW	21.95	21.95
64962	COLLAGEN REPLENISH PWD	78G	PWD	17.99	17.99
65381	GRAPE SEED EXT 325 MG	60	VCA	34.99	34.99
59828	KERATIN FOR MEN	60	CAP	47.99	47.99
67235	KERATIN HAIR BOOST PWD	2.7	PWD	39.99	35.99
59619	KERATIN HAIR BOOSTER	60	VCA	41.99	41.99
62287	PHOSPHATIDYLSERINE	60	CAP	41.99	41.99
58516	PROSTATE SCIENCE	60	CAP	32.99	32.99
57554	RESVERATROL 100 MG R	60	CAP	24.89	24.89
57550	RESVERATROL 250 MG	60	VCA	41.99	41.99
61074	RESVERATROL 250 W/PTER	60	VCA	46.59	46.59
57555	RESVERATROL 500 MG	60	CAP	78.69	78.69
61075	RESVERATROL 500 W/PTER	60	VCA	82.79	82.79
67236	RESVERATROL CHEW 60 MG	30	CHW	19.99	17.99
58492	RESVERATROL TONIC 125	5Z	LIQ	31.99	31.99
65932	TRES BEAUTY 3 COLL KER	90	CAP	59.99	59.99
59833	TRUE ENERGY COCOAWELL	60	CAP	29.99	29.99
62285	WHEY PROT CHC GRASS FD	12.	PWD	29.99	29.99
62284	WHEY PROT VAN GRASS FD	12.	PWD	29.99	29.99

REVIVA LABS					
40740	BROWN SPOT NIGHT GEL	1.2	GEL	14.29	11.43
56036	CLEANSING MILK ORGANIC	4Z	LIQ	10.45	8.36
54605	COLLAGEN FIBER EYE PAD	KIT	KIT	41.79	33.43
58130	COLLAGEN FIBER EYE PAD	3PK	PAD	23.15	18.52
27146	COLLAGEN NIGHT CREAM	1.5	CRM	15.39	12.31

RIDGECREST HERBAL					
60277	CLEAR LUNGS EXTRA STRE	120	CAP	45.99	36.79
30848	CLEAR LUNGS RED	120	CAP	37.99	30.39
27548	CLEAR LUNGS RED	60	CAP	21.99	17.59
67917	HAIR REVIVE	120	CAP	49.99	39.99

ROWELL LABORATORIES					
68074	ANTI INFECT CRM SILVER	25G	CRM	10.95	9.86
62869	ANTIFUNGAL CRM NATURAC	25G	CRM	11.95	10.75
65473	ARNI GESIC 3.5 OZ	3.5	CRM	16.95	15.25
68075	EAR ACHE REL EAR DRP	1Z	DRP	10.95	9.86
64453	PSORIASIS CARE	3.5	CRM	19.95	17.95
62868	ROSACEA CRM NATURACARE	25G	CRM	22.95	20.65

RX VITAMINS					
45128	ACID BLOCK (GES 5)	60	CHW	22.00	17.60
58918	ALGINATE PLUS	120	CAP	30.00	24.00
40403	BONE DENSITY	180	CAP	29.00	23.20
53892	D3 LIQ 2000 IU	1Z	LIQ	20.00	16.00
40263	ENZYME FORM ACTIVATED	90	CAP	31.00	24.80
40261	IMMUNE SUPPORT ADV	60	CAP	29.95	23.96
40260	LICORICE CHEWABLE	90	CHW	19.00	15.20
40259	PROSTATE ADVANCED FORM	90	SGC	38.00	30.40
41138	REVITALIZE NO IRON	90	CAP	29.95	29.95

SANHELIOS					
19849	CIRCU CAP	96	CAP	33.99	27.19
38640	CIRCU CAP ONE A DAY	50	SGC	26.99	21.59
45001	CURBITA 1000 MG BLADDE	30	SGC	24.99	19.99

SANTEVIA					
61689	ALKALINE PITCHER FILTR	EA	MIS	19.99	15.99
61688	ALKALINE PITCHER WHITE	EA	MIS	49.99	39.99
67952	POWER WATER STICK	1EA	MIS	17.99	14.39

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New! Turmeric Combination Formulas

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April 2 - May 11, 2018

Phyto-Tech™ Turmeric AM and PM Relief Formulas

Specific morning and evening formulas designed to reduce body ache and pains, improve mood and improve daytime energy and nighttime relaxation

Product Features:

- Turmeric Root extract (95% curcuminoids) and Willow Bark extract (25% Salicin) provide relief from muscle and joint discomfort through support of the body's natural inflammatory process.
- Skullcap and Cordialis relax muscle and control pain.
- St. John's Wort calms nerve endings that send pain signals to the brain.
- Stillingea drains extra fluids from interstitial tissue to reduce swelling.
- Red Root supports lymph drainage when tissue is swollen
- Black Pepper extract facilitates absorption and promotes healthy circulation.
- 100% Vegetarian; All herbs are ecologically and ethically-wild harvested, organically grown or selectively imported at the peak of potency. We support local certified organic farms and responsible ethical wild crafters. Processed in a facility that is GMP compliant, NSF GMP Certified and FDA registered. Kosher Parve.

Phyto-Tech™ AM Relief Formula also provides the following:

- Ashwagandha, to support energy and stamina
- Ginkgo Biloba Leaf supports circulation, promotes tissue healing and energy.
- Cayenne Fruit supports circulation to facilitate healing.

Phyto-Tech™ PM Relief Formula also provides the following:

- Valerian Root relaxes muscles and promotes deep sleep.
- Kava Root alleviates muscle soreness, anxiety and calms the mind.


Check out the Phyto-Tech™ Product Reference Guide for more information.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat, or prevent any disease.



60 Veggie Caps
Product Code: 68218

60 Veggie Caps
Product Code: 68217


**WILLNER
CHEMISTS**
The Nutritional Supplement
Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



toxins. Combines Yin Qiao San (Wu Jutang, 1798.) and Gan Mao Ling.

This formula is a traditional Yin Chiao blend, but here it mixes in the herbs from the Gan Mao Ling fame. This is an extremely effective medicine if taken as soon as symptoms appear. Efficacy will lessen by the third day. Four of the herbs are very powerful antivirals: Isatis, Ilex, Lonicera and Forsythia. Other herbs are symptomatic for aching neck, headache, and nasal congestion.

Begin taking a half hour before entering airports, airplanes, terminals, or crowded public facilities. Yin Chiao Plus is not appropriate once the illness enters the lungs and cough is present. Adding Echinacea at 1 teaspoon of the liquid extract three times in the day will also help.

Yohimbe Bark 1:3

Yohimbe Bark is a well known treatment form male impotence and is traditionally used as an aphrodisiac.

1 fl oz - Product Code: 57009

Who might benefit from this herbal supplement?

- Those men suffering from impotence and inability to perform.

Yohimbe is for impotence in men. It increases blood flow into the penis and can help sustain an erection. It can help men who cannot get an erection and for those who cannot maintain an erection. Constant use of Yohimbe, however, can create irritability and aggravate the prostate. Try to not use it more than a few days in a row. It is possible to have success if used the day results are desired. If the impotence is not a vascular problem, Yohimbe will not work. If stress is a related issue, add Kava Kava Root.

Ingredients:

Phyto-Tech™ Yohimbe Bark 1:3 is a tincture of Yohimbe Bark (Pausinystalia yohimbe), in pure grain alcohol and deionized water. It provided 333 mg/ml (30 drops). More potent preparations, typically containing higher, standardized levels of the alkaloid yohimbine, are available, but these products are best used only under the supervision of a physician. High doses of the yohimbine alkaloid can cause potentially dangerous side effects. Yohimbe bark (not yohimbine alkaloid) has a long history of use for many conditions.

Dosage:

The following dosage for Phyto-Tech™ Yohimbe Bark 1:3 is recommended: For chronic impotence, take 15-30 drops 2-3 times daily, or as needed, in juice or water. For more immediate results, take 20-40 drops, once or twice, only, within a day's time.

Cautions: Use caution if you have high blood pressure; do not use if you have chronic inflammation of reproductive organs or prostate; do not use long term; may potentiate pharmaceutical MAO-inhibitors.

Zincimmune Plus

Zinc - Elderberry - Umckaloabo - Echinacea
Alcohol Free

A blend of immune-enhancing herbal supplements and zinc, specifically chosen for their effectiveness against cold and flu infections.

4 Fluid Ounces - Product Code: 66271

Who would benefit from this supplement?

- Anyone needing a quick boost to their immune system, especially at the first sign of a cold or flu.

Even though cold and flu are different, and caused by a

different virus, most people do not know for sure which they have at the early stages. For this reason, the nutrients and herbs in this formulation have been chosen to cover both. Elderberry, for example, is thought to be more effective for the flu and Umckaloabo,, or Pellargonium, is known for its effect against colds. Zinc is essential to proper immune system function and Echinacea is well known for its traditional value.

Ingredients:

Phyto-Tech™ ZincImmune Plus is a pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized Water, Organic Elderberry and Blackberry Juice Concentrates, Citric Acid.

Indications:

Both colds and flu (influenza) are viral diseases. Colds are more of a respiratory infection while the flu is more of a systemic condition, characterized predominately by fever, malaise and muscle aches. Conventional medicine does not really offer an effective cure or preventive treatment for colds and flu. There is a vaccine, but it's effectiveness has been limited. These viruses are around us most of the time, and we are most susceptible in the winter. Interestingly enough, not everyone succumbs. Why is that? Speculation centers on the strength of an individuals immune system. Some of us seem better able to withstand the virus than others. One logical approach to prevention, therefore, relies on strengthening our immune system, both to avoid catching the cold or flu, and to shorten the duration and reduce the severity if we do catch it. This is where immune-enhancing herbs, vitamins and minerals come into play. ZincImmune Plus is one supplement designed to satisfy that need.

... continued on page 111

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

SAVANNAH BEE COMPANY

65029	BODY BUT ROY JEL SENS	1.6	BUT	12.90	11.61
65861	BODY BUT ROY JEL SENS	6.7	BUT	24.70	22.23
66658	BODY BUT ROY JEL TP HN	6.7	JEL	24.70	22.23
66745	BODY BUT ROY JEL TP HN	1.6	BUT	12.90	11.61
65028	BODY BUTTER ROYAL JEL	1.6	BUT	12.90	11.61
65860	BODY BUTTER ROYAL JEL	6.7	BUT	24.70	22.23
65862	BODY WASH HONEY LEM SP	8.7	LIQ	12.00	10.80
67744	BODY WIPES BAMB TUP HN	30	MIS	8.70	7.83
65430	SHAMPOO HONEY ROY JEL	8.7	LIQ	14.00	12.60

SCANDINAVIAN FORMULA

44062	SALIVASURE DRY MOUTH	90	LOZ	9.95	7.96
25610	SHARK LIVER OIL 500 MG	120	SGC	39.95	31.96
18476	STRIX BILBERRY EXT 80	60	CAP	19.95	15.96

SCHIFF PRODUCTS

29644	CAL MAG SUP 1200 W/D	90	SGC	11.39	9.11
11112	CAL MAG W/D SOFTGEL	100	SGC	9.59	7.67
22065	CALCIUM 1200 SUPER W/D	120	SGC	14.19	11.35
30016	KNOCKOUT MELATONIN + VAL	50	TAB	22.89	18.31
60933	MEGA RED OMEGA 3 KRILL	60	SGC	48.59	38.87
55288	MOVE FREE PLUS MSM ADV	120	TAB	44.19	35.35

SCIENTIFIC CONSULTIN

19790	B12 HYDROXYCOBAL 1 MG	60	TAB	19.80	19.80
19760	CAL MAG ASPARTATE	100	CAP	17.50	17.50
43310	FOLIC ACID 10 MG NAT	50	LOZ	30.75	30.75
50289	TANALBIT	120	VCA	41.75	41.75
19767	TANALBIT	60	VCA	23.00	23.00

SEABUCK WONDERS

64199	FACIAL CRM SEA BUCKTH	1.7	CRM	19.99	15.99
60205	OMEGA 7 COMP SEA BUCK	60	SGC	29.97	29.97
60203	SEA BUCKTHORN BERRY OG	1.7	LIQ	34.99	27.99
60204	SEA BUCKTHORN SEED ORG	1.7	LIQ	34.99	27.99

SEAGATE

62221	ARTICHOKE 400 MG	100	VCA	9.99	9.99
39901	BROCCOLI SPROUTS 250	100	VCA	33.95	33.95
52144	EARACHE REMEDY	.52	LIQ	9.75	9.75
29976	GRAPE SD EXT 250	30	CAP	17.95	17.95
29977	GRAPE SEED EXT 250 MG	90	CAP	26.50	26.50
62263	LEMON POWDER 100 GM	100	PWD	23.50	23.50
53107	LYCOPENE 15	90	VCA	19.99	19.99
53969	NOPAL CACTUS	180	VCA	17.95	17.95
32699	OLIVE LEAF EXT 450 MG	45	VCA	16.50	16.50
32700	OLIVE LEAF EXT 450 BOGO	90	VCA	29.95	29.95
65412	OLIVE LEAF EXTRACT	2.7	LIQ	9.99	9.99
59025	OLIVE LEAF MINT TEA	24	BAG	7.75	7.75
42582	OLIVE LEAF NASAL SPRAY	1.7	SPY	9.95	9.95
42279	OLIVE LF THROAT SPY	1.7	SPY	9.95	9.95

42278	OLIVE LF THROAT SPY RS	1.7	SPY	9.95	9.95
51011	OLIVE OIL EXTRA VIRGIN	100	SGC	18.00	18.00
58271	OLIVE VAGINAL SPRAY	1.7	SPY	14.95	14.95
65328	POMEGRANATE 500 MG	100	CAP	19.75	19.75
51806	STOP RASH	2.7	SPY	9.95	9.95

SHIKAI

38524	50 + BORAGE HAND CRM	2.7	CRM	8.49	6.79
36607	BORAGE DRY SKIN CHILD S	8.7	LIQ	13.59	10.87
63320	BORAGE FACIAL SCRUB S	4.2	CRM	13.99	11.19
61047	BORAGE SKIN THR ADV FF	8.7	LOT	15.99	12.79
55294	FACIAL MOIST BORAGE	2.7	CRM	17.99	14.39
33976	HAND & BODY LOT CUCUM	8.7	LOT	9.99	7.99
33731	HAND & BODY LOT FR VAN	8.7	LOT	9.99	7.99
42256	HAND & BODY LOT SANDAL	8.7	LOT	9.99	7.99
33978	HAND & BODY LOT YUZU	8.7	LOT	9.99	7.99
33735	SHOWER GEL MST FR VAN	12.7	GEL	9.59	7.67
33737	SHOWER GEL MST WHT GAR	12.7	GEL	9.59	7.67
42257	SHOWER GEL SANDALWOOD	12.7	LOT	9.59	7.67
38525	SKIN LOT BORAGE ADULT	8.7	LOT	14.49	11.59

SIBU BEAUTY

66473	BODY CRM SEA BUCKTHORN	6.7	CRM	20.09	16.07
66470	EYE CRM SEA BUCKTHORN	.52	CRM	29.99	23.99
67136	FACE & BODY CLEANS BAR	3.5	BAR	7.99	6.39
67137	FACE & BODY SCRUB EXFL	3.3	CRM	24.99	19.99
66472	FACE CLEANS SEA BUCKTH	4.7	LIQ	19.99	15.99
66471	FACE CRM SEA BUCKTHORN	1.7	CRM	24.99	19.99
67138	FACIAL TONR CLARIFYING	3.7	SPY	29.99	23.99
66469	HYDRAT SER SEA BUCKTH	1.7	LIQ	44.99	35.99
67652	SEA BUCKTHORN OMEGA 7	180	SGC	79.99	63.99
66474	SEA BUCKTHORN SEED OIL	10M	OIL	19.99	15.99

SIMILASAN

36130	ALLERGY EYE #2 VIALS	20	VIL	14.95	11.96
22112	ALLERGY EYE RELIEF #2	10M	LIQ	13.79	11.03
58025	COLD & MUCUS RELIEF	4.7	LIQ	10.39	8.31
37844	COMPUTER EYE FATIGUE #3	10M	LIQ	13.79	11.03
38478	EAR DROPS	10M	DRP	13.89	11.11
42830	EAR WAX RELIEF	10M	LIQ	13.89	11.11
44667	IRRITATED EYE RELIEF	10M	LIQ	13.79	11.03
59138	NASAL ALLERGY RELIEF	.68	SPY	9.99	7.99
22111	RED DRY EYE #1 DROPS	10M	LIQ	13.79	11.03
23800	SINUS RELIEF NASAL SPR	.68	LIQ	9.99	7.99
67559	SLEEP & DREAM TABS	60	TAB	10.99	8.79
53645	STYE EYE RELIEF	10M	LIQ	13.79	11.03

SOLARAY

31774	5 HTP 100 MG W/ B6 & C	60	CAP	41.29	33.03
29115	5 HTP 100 MG W/ST JOHN	30	CAP	24.09	19.27
22334	A 25000 DRY EMULS	60	CAP	9.99	7.99
20792	ACTICHRON GTF V/F	100	TAB	10.59	8.47

30163	ADRENAL CAP	60	CAP	10.09	8.07
20859	ALFAJUICE 550 CAP	180	CAP	14.39	11.51
28206	ALFALFA 500 MG	100	CAP	8.89	7.11
23704	ALOE VERA GEL CAPS	100	CAP	11.39	9.11
20829	ARTERY GARLIC VAL SP9	100	CAP	12.09	9.67
31825	ASHWAGANDHA EXT 470 MG	60	CAP	22.99	18.39
32653	ASTRAGALUS EXT	30	CAP	11.39	9.11
28204	ASTRAGALUS ROOT 400 MG	100	CAP	10.89	8.71
23546	B 100 COMPLEX CAP	100	CAP	25.09	20.07
22337	B 50 COMPLEX CAP	250	CAP	32.99	26.39
34061	B COMPLEX 50	100	CAP	15.39	12.31
28662	B COMPLEX 75	100	CAP	20.49	16.39
22336	B STRESS MEGA T/R	240	VCA	41.19	32.95
52230	B STRESS PM	120	CAP	20.99	16.79
19327	B12 2000 SUBL LOZ	90	LOZ	13.99	11.19
40817	B12 5000 MCG	30	LOZ	14.19	11.35
22488	B12 W/FOLIC 1000/400 LZ	90	LOZ	12.79	10.23
52226	B6 100 MG TIME RELEASE	60	VCA	8.39	6.71
22169	BAYBERRY 475 BRK OF RT	100	CAP	13.59	10.87
43300	BEET ROOT	100	CAP	13.29	10.63
38448	BILBERRY & LUTEIN	30	CAP	32.69	26.15
28938	BILBERRY 160 MG 1 DAY	30	CAP	31.59	25.27
25458	BILBERRY EXT 60 MG	60	CAP	19.49	15.59
44937	BILBERRY EXT 60 MG	120	VCA	34.39	27.51
29197	BILBERRY EXTRACT 42 MG	120	CAP	29.79	23.83
31848	BIO E W/SELENIUM	60	PRL	17.09	13.67
36770	BITTER MELON EXT 500	30	CAP	17.69	14.15
32500	BITTER ORANGE EXT 120	100	CAP	13.99	11.19
20854	BONE & TISSUE SP34 CP	100	CAP	11.59	9.27
28656	BOSWELLIA EXT 325 MG	60	CAP	21.69	17.35
40049	BROMELAIN 500 MG	60	CAP	24.89	19.91
18659	BUTCHERS BRM EXT 100 C	60	CAP	11.59	9.27
45313	BUTTERBUR EXT 50 MG	60	VCA	25.69	20.55
23172	C 1000 W/RH/AC T/R	250	VCA	34.89	27.91
60937	C 1000 W/RH/AC T/R	100	VCA	15.59	12.47
22339	C 1000 W/RH/ACEROLA CP	250	CAP	34.79	27.83
37283	C 500 BIO PLEX BUFF	250	CAP	23.89	19.11
22868	C 500 SUPER BIO PLEX	250	CAP	22.69	18.15
20390	C BIO SUPER T/R BUFF	250	CAP	30.69	24.55
25160	C BIO SUPER T/R BUFF	100	CAP	15.89	12.71
43869	C CRYSTALLINE NON ACID	8.7	PWD	21.59	17.27
21582	CAL ASPOROTATE CAP	100	CAP	16.29	13.03
20752	CAL CITRATE SUP 132 MG	180	CAP	20.69	16.55
40059	CAL CITRATE W/D 250	180	CAP	18.59	14.87
20753	CAL HYDRXYAPAT 1000	120	CAP	25.69	20.55
31615	CAL MAG ASPOROTATES	240	CAP	29.99	23.99
23543	CAL MAG CAP	180	CAP	17.89	14.31
22198	CAL MAG CITRATE CAP	180	CAP	22.69	18.15
36481	CAL MAG CITRATE W/D	180	VCA	21.59	17.27
31616	CAL MAG CITRATE W/D	90	CAP	12.09	9.67
60654	CAL MAG CT 2:1 D3 1000	180	CAP	21.79	17.43
27560	CAL MAG ZINC CAP	100	CAP	12.39	9.91

www.willner.com
The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit **Don's Blog** www.dongoldberg.com

 **Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements** 

Description:

The synergistic blend of immune-enhancing herbs and minerals in ZinImmune targets those immune functions related to colds and flu, as follows:

Details and References:

Zinc: Zinc has numerous important, essential roles in the body. One of those is to support immune function. It has been shown to exert antiviral activity against certain virus (e.g. rhinovirus and herpes simplex virus.) Studies have shown that “a substantial proportion of the population is failing to meet the recommended daily allowance for zinc.”

“Zinc plays a role in host defenses against infections. Suboptimal zinc status appears to be common among people consuming a typical Western diet, and may increase susceptibility to infections. In a double-blind trial, supplementation with 45 mg/day of zinc for 12 months decreased the incidence of infections in healthy middle-aged and elderly people.” (Gaby, Alan R., MD. *Nutritional Medicine*. Alan R. Gaby, M.D., 01/2011).

One of the more popular uses of zinc for colds is in lozenge form, leading to the speculation that it’s effectiveness is due to a direct action of zinc ions on the virus. Not all studies have supported this idea. Taking zinc orally may be equally effective. As already mentioned above, the immune system does not function optimally if you do not have enough zinc in the body. “A 1-year, double-blind study of 50 nursing home residents found that zinc supplements as compared to placebo reduced rates of infection.159 In addition, more than ten other studies performed in developing countries have found that zinc supplements at nutritional doses can increase resistance to respiratory and other infection in children, and that they might reduce symptom severity.” (Consumerlab.com) And in another study, “zinc supplements (not lozenges) may play a role in reducing the risk of coming down with a cold in the first place. In a review of 2 randomized trials, which included 394 healthy children,

researchers found that the groups who took zinc had fewer colds, school absences, and prescriptions for antibiotics.” Echinacea: Echinacea has a long history of use as a cold and flu remedy. In America, conventional drugs replaced it, but in Europe, it remains continues to be a popular remedy. Most research supports its ability to reduce the symptoms and duration of colds. It’s role in prevention is not as well documented.

Elderberry: The initial interest in Elderberry resulted from research on a proprietary preparation (Sambucol) that contains extracts of black elderberries (*Sambucus nigra* L.) and raspberries (*Rubus idaeus* L.). This preparation has been shown to inhibit the replication of influenza virus types A and B in vitro. In addition, an extract of *Sambucus nigra* L. decreased the infectivity of human influenza virus H1N1 in vitro. The activity of this extract against the H1N1 virus was attributed to 2 flavonoids which were shown to bind to H1N1 virions and block the ability of the virus to infect host cells. In clinical trials, treatment with Sambucol decreased the duration of illness in patients with influenza. (Gaby, Alan R., MD. *Nutritional Medicine*. Alan R. Gaby, M.D., 01/2011). As a result, extracts of elderberry have become a common herbal supplement for those with flu symptoms. It is thought to stimulate the immune system and to inhibit viral growth.

Unckaloabo (Pelargonium sidoides): Pelargonium is a plant in the geranium family, native to South Africa, where it has a long history of use in treating respiratory problems. A number of studies have shown this herb to be effective in treating acute bronchitis, strep throat and the common cold. The study, (Lizogub VG, Riley DS, Heger M. *Efficacy of a Pelargonium sidoides preparation in patients with the common cold: a randomized, double blind, placebo-controlled clinical trial*. *Explore (NY)*. 2007;3:573-584.), on 133 adults who had just come down with a cold, found that the use of a standardized pelargonium extract, three times

daily, significantly reduced the severity and duration of symptoms as compared to placebo.

Dosage:

One teaspoonful (5 ml), two to four times daily or as directed by a physician. Do not take for more than three consecutive days. Longer use should be accompanied by additional copper supplementation (1-2 mg per day).

Keep out of the reach of children. Shake well before using. Do not use when pregnant unless approved by doctor. This product is kosher and gluten-free.

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the most appropriate product for your needs.

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit

Don Goldberg’s Blog

www.dongoldberg.com

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Vitamin C Levels Directly Related to Healthy Metabolic Status

In this study, doctors measured vitamin C levels in 369 adults age 50 and found most fell below the adequate level of 50 micromoles of vitamin C per liter of blood.

Doctors then measured the health status of the two groups.

Those with higher vitamin C levels tended to have lower weight, body mass index scores, triglycerides, long-term average blood sugar levels, and smaller waist size. Doctors also found a direct link: as vitamin C levels increased, signs of mild cognitive impairment decreased.

Even though participants got an average of 110 mg of vitamin C per day-which should have provided adequate vitamin C levels-many participants had inadequate levels, possibly due to factors such as chronic health conditions.

Commenting on the findings, doctors said that consuming more fruits, vegetables, and vitamin C supplements in particular is important for people in this age group.

This also supports the claim that providing "mimumum" levels of vitamin intake does not necessarily guarantee "optimal" levels of vitamins in the body.

Reference: *Nutrients*; 2017, Vol. 9, No. 8, 831

**Willner Chemists
Product Recommendation:**

**American Health
Ester C 500 w/ Bio Cap
120 Capsules
Product Code: 53084**

**NOW Foods
Alphasorb C 1000 Buffered
120 Tablets
Product Code: 54806**

**The pharmacists and
nutritionists at
Willner Chemists will be
happy to help you choose the
formulation best suited for
your specific needs.**



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

23193	CAL MAG ZINC CAP	250	CAP	25.69	20.55	53188	PYGEUM EXT ONE DAY	30	CAP	26.79	21.43	13090	B6 100 CAP	100	CAP	11.50	9.20	59856	D3 10000 IU	120	SGC	18.70	14.96
31613	CALCIUM CITRATE 250 MG	240	CAP	22.09	17.67	25443	PYGEUM SAW PALM W/CRAN	90	CAP	28.59	22.87	13091	B6 100 TAB	250	CAP	25.40	20.32	56274	D3 2200 IU	100	VCA	14.40	11.52
20790	CALCIUM CITRATE 250 MG	120	VCA	12.99	10.39	21764	PYGEUM/SAW PALM CAP	120	CAP	40.49	32.39	13087	B6 100 TAB	100	TAB	8.80	7.04	13053	D3 400 SGC	100	SGC	7.50	6.00
23070	CALCIUM EAP 500 MG	60	CAP	13.29	10.63	20404	PYGEUM/SAW PALMETTO CP	60	CAP	20.79	16.63	29171	B6 25	100	TAB	7.60	6.08	13054	D3 400 SGC	250	SGC	13.20	10.56
20811	CAPRYL CAP	100	CAP	13.29	10.63	37578	QUERCETIN 500 MG	90	CAP	25.19	20.15	13092	B6 250 CAP	100	CAP	14.90	11.92	57134	D3 5000 IU	120	VCA	22.60	18.08
23013	CAROTENE 10000 FOOD	100	SGC	12.99	10.39	61542	RED MARINE ALGAE 375	100	CAP	17.89	14.31	13083	B6 50 TAB	100	TAB	8.70	6.96	59857	D3 5000 IU LIQ ORNG	2	LIQ	9.90	7.92
31611	CAROTENE FOOD 25000	100	SGC	26.09	20.87	43809	RED YEAST RICE + COQ10	60	CAP	32.69	26.15	30364	BETA GLUCANS 1 3 20 MG	60	TAB	14.40	11.52	58404	D3 5000 IU SGC	100	SGC	16.50	13.20
25724	CATS CLAW BARK	100	CAP	11.49	9.19	39282	RED YEAST RICE 600 MG	90	CAP	29.79	23.83	27305	BILB GINK EYEB + LUTIN	60	VCA	24.10	19.28	58106	D3 5000 VCAP	240	VCA	36.40	29.12
25723	CAYENNE COOL 100 000	90	CAP	14.49	11.59	52835	RED YEAST RICE 600 MG	120	CAP	36.99	29.59	26763	BILBERRY EXTRACT VCAP	60	VCA	15.40	12.32	52604	D3 600 IU VCAP	120	VCA	14.20	11.36
21800	CAYENNE COOL 40 000	90	CAP	10.29	8.23	27023	REISHU MUSHROOM	100	CAP	20.69	16.55	22502	BILBERRY/GINKGO/EYEBRT	60	CAP	16.40	13.12	59607	DHA 200 MG VEG OMEGA 3	50	SGC	31.90	25.52
35952	CELERY SEED	100	CAP	10.19	8.15	20821	RESPIRATION BLEND SP3	100	CAP	9.69	7.75	13117	BIOTIN 1000 CAP	50	CAP	8.80	7.04	13476	DIGESTIVE AID TAB VEG	100	CHW	14.20	11.36
18660	CENTLLA ASIATCA MADAGA	60	CAP	13.39	10.71	32415	ROSE HIPS	100	CAP	11.19	8.95	13118	BIOTIN 1000 CAP	100	CAP	13.20	10.56	13477	DIGESTIVE AID TAB VEG	250	CHW	31.90	25.52
32277	CHICKWEED	100	CAP	10.79	8.63	67617	ROSEMARY LF EXT 275 MG	45	CAP	19.59	15.67	13119	BIOTIN 1000 CAP	250	CAP	26.40	21.12	12992	DLPA 500 VCAP	100	CAP	27.50	22.00
31620	CHILDREN CHEWABLE	60	CHW	7.29	5.83	68065	SAGE LEAF ORGANIC	100	VCA	14.19	11.35	62289	BIOTIN 10000 MCG SUPR	60	VCA	19.20	15.36	13273	E 100 MIXED SGC	100	SGC	8.80	7.04
26301	CHROMIUM 100 MG	100	CAP	16.29	13.03	20815	SAW PALM BER EX 160 CP	60	CAP	19.39	15.51	62290	BIOTIN 10000 MCG SUPR S	120	VCA	30.00	24.00	13290	E 1000 MIXED SGC	100	SGC	33.10	26.48
63739	CHROMIUM PICOL 200 MCG	200	TAB	16.09	12.87	26934	SAW PALM BER EX 160 CP	120	SGC	37.79	30.23	13112	BIOTIN 300 TAB	100	TAB	7.60	6.08	40469	E 1000 MIXED VEG SGC	100	SGC	55.10	44.08
20832	CIRCULATION BLND SP11B	100	CAP	11.99	9.59	28265	SAW PALM PYGEUM 1 DAY	30	PRL	44.39	35.51	50688	BIOTIN 5000 MCG	100	VCA	19.90	15.92	13276	E 200 ALPHA SGC	100	SGC	13.20	10.56
42826	CIRCULEGS	120	CAP	37.59	30.07	23574	SAW PALMETTO BERRY	180	CAP	21.59	17.27	29619	BLACK COHOSH RT EXT +	60	VCA	27.60	22.08	13279	E 200 MIXED SGC	100	SGC	13.20	10.56
33105	CIRCULEGS	60	CAP	20.19	16.15	23171	SELENIUM 100 YST FR CP	90	CAP	8.39	6.71	32800	BOSWELLIA RESIN EXT	60	VCA	18.70	14.96	40464	E 200 MIXED VEG SGC	100	SGC	22.00	17.60
67232	COCONUT CHARCOAL ACTIV	75G	PWD	21.99	17.59	37670	SELENIUM 200 MCG	100	CAP	13.99	11.19	12980	BRANCH CHAIN AA CAP	100	CAP	29.20	23.36	13282	E 400 ALPHA SGC	100	SGC	17.70	14.16
35916	CONTINENCE W/FLOWTROL	60	CAP	32.29	25.83	30411	SELENIUM 200 MCG Y/F	90	CAP	12.29	9.83	13564	BREWERS YEAST PWD	14Z	PWD	16.40	13.12	13284	E 400 ALPHA SGC	250	SGC	37.50	30.00
29537	CORDYCEPS 520 MG	100	CAP	23.99	19.19	36947	SELENIUM 50 MCG	100	CAP	7.99	6.39	13565	BREWERS YEAST TAB	250	TAB	17.60	14.08	13262	E 400 DRY CAP	100	CAP	28.60	22.88
32323	CRANACTIN CAP	180	CAP	41.79	33.43	59296	SERRAPEPTASE 10 MG	90	CAP	20.99	16.79	13469	BROMELAIN 500 TAB	60	TAB	19.90	15.92	13287	E 400 MIXED SGC	250	SGC	35.30	28.24
25471	CRANACTIN CAP	120	CAP	30.49	24.39	36769	SHARPMIND	60	CAP	24.19	19.35	19354	C 1000 TAB	90	TAB	13.20	10.56	13285	E 400 MIXED SGC	50	SGC	9.90	7.92
20817	CRANACTIN CAP	60	CAP	16.79	13.43	27024	SHITAKE MUSHROOM	100	CAP	21.09	16.87	13226	C 1000 VCA	100	VCA	18.70	14.96	13286	E 400 MIXED SGC	100	SGC	17.70	14.16
29849	CRANACTIN SUPER	60	CAP	22.99	18.39	29641	SKIN BLEND SP4	100	CAP	11.99	9.59	13227	C 1000 VCA	250	VCA	40.80	32.64	40466	E 400 MIXED VEG SGC	100	SGC	28.70	22.96
53880	D MAINNOSE W/CRANACTIN	60	VCA	30.19	24.15	25176	SLIPPERY ELM BARK	100	CAP	10.59	8.47	13249	C 1000 W/RH TAB	100	TAB	14.40	11.52	13293	E LIQ 20 000 I.U.	4	LIQ	20.90	16.72
62619	D MAINNOSE W/CRANACTIN	120	VCA	58.09	46.47	20801	SPECTRO CAP	250	CAP	40.79	32.63	13250	C 1000 W/RH TAB	250	TAB	33.10	26.48	13292	E LIQ E	2	LIQ	14.40	11.52
31850	DHA 100 MG NEUROMINS	60	SGC	30.89	24.71	22077	SPECTRO CAP	360	CAP	54.79	43.83	13253	C 1500 W/RH TAB	90	TAB	17.70	14.16	31513	E P O 1300 MG	60	SGC	15.40	12.32
22854	DONG QUAI 550 CAP	100	CAP	14.39	11.51	38070	SPECTRO IRON FREE	250	CAP	41.19	32.95	13254	C 1500 W/RH TAB	180	TAB	33.10	26.48	19841	E P O 500 SGC	90	SGC	9.90	7.92
32303	DONG QUAI RT EXT 250	60	CAP	17.19	13.75	35107	SPECTRO IRON/FREE	360	CAP	53.99	43.19	45120	C 500 CHW CRAM RASP	90	CHW	15.40	12.32	22984	E P O 500 SGC	180	SGC	17.70	14.16
35754	DOPABEAN MUCUNA PRURN	60	CAP	24.49	19.59	28446	SPIRULINA	120	TAB	15.09	12.07	45119	C 500 CHW ORANGE	90	CHW	15.40	12.32	13268	E W/SELENIUM Y/F VCAP	100	VCA	21.90	17.52
22335	E 200 DRY MIXED CAP	100	CAP	19.09	15.27	31415	ST JOHNS WORT 300 MG	120	CAP	25.39	20.31	13223	C 500 VCAP	100	CAP	12.10	9.68	13409	EARTH SOURCE MULTI TAB	60	TAB	22.20	17.76
23493	E 400	200	PRL	48.09	38.47	62222	ST JOHNS WORT ONE DAY	60	TAB	35.09	28.07	13224	C 500 VCAP	250	CAP	27.60	22.08	13410	EARTH SOURCE MULTI TAB	90	TAB	31.50	25.20
24467	E 400 DRY	100	CAP	29.49	23.59	33112	ST JOHNS WORT ONE DAY	30	CAP	18.29	14.63	13246	C 500 W/RH TAB	100	TAB	9.90	7.92	13411	EARTH SOURCE MULTI TAB	180	TAB	60.80	48.64
29840	ECHIN W/C & ZINC	100	CAP	20.09	16.07	63495	STRONTIUM BIOCITRA 250	60	VCA	12.19	9.75	13247	C 500 W/RH TAB	250	TAB	22.20	17.60	26767	ECHIN HERB EXT	60	VCA	17.70	14.16
20372	EYE BLEND SP23	100	CAP	16.69	13.35	20806	SUPER DIGESTAWAY CAP	180	CAP	25.19	20.15	13218	C CRYSTALS 1125 MG PWD	4.4	PWD	13.20	10.56	13618	ECHINACEA 520 VCAP	100	CAP	16.50	13.20
22857	EYEBRIGHT 430 CAP	100	CAP	11.79	9.43	24106	SUPER PAPA-PALEX	180	CHW	10.89	8.71	13219	C CRYSTALS 1125 MG PWD	8.8	PWD	24.20	19.36	51184	EFA 1300 OMEGA 3 6 9	120	SGC	35.20	28.16
28207	GINGER ROOT	100	CAP	10.49	8.39	51414	TART CHERRY	90	CAP	19.99	15.99	13051	C L O SGC	100	SGC	8.80	7.04	13629	ELEUTHERO 520 CAP	100	CAP	15.40	12.32
33234	GINGER ROOT EXT 250 MG	60	CAP	11.99	9.59	64664	TART CHERRY LIQ ORG	16Z	LIQ	27.29	21.83	13052	C L O SGC	250	SGC	17.70	14.16	12970	ESSENTIAL AMINO CMP	90	CAP	27.60	22.08
31857	GINGER TRIPS CHW	60	CHW	11.19	8.95	20816	TETRA CLEANSE CAP	60	CAP	13.29	10.63	21730	CAL 600 TAB OVS SHELL	240	TAB	26.40	21.12	13213	ESTER C + TAB 1000	60	TAB	14.40	11.52
32403	GINKGO BILOBA 120 MG	30	CAP	23.39	18.71	66441	TONGKAT ALI 400 MG	60	VCA	10.39	8.31	13305	CAL 600 TAB OVS SHELL	120	TAB	14.40	11.52	13214	ESTER C + TAB 1000	90	TAB	19.90	15.92
29198	GINKGO BILOBA EXT 60	120	CAP	38.99	31.19	67398	TOTAL CLEANS URIC ACID	60	VCA	29.99	23.99	44247	CAL CITRATE W/ MAG & D	300	TAB	29.70	23.76	13215	ESTER C + TAB 1000	180	TAB	36.40	29.12
32414	GINSENG ROOT AMERICAN	50	CAP	26.39	21.11	51118	TOTAL CLEANS LYMPH	60	VCA	16.89	13.51	13307	CAL CITRATE W/D 250 MG	120	TAB	14.20	11.36	13211	ESTER C + VCAP 500	100	CAP	16.50	13.20
31816	GRAPENOL 100 MG	60	VCA	34.39	27.51	59859	TRIBULLUS EXT 450 MG	60	CAP	19.09	15.27	13308	CAL CITRATE W/D 250 MG	240	TAB	26.40	21.12	22651	ESTER C + VCAP 500	250	CAP	39.70	31.76
52177	GUGGUL EXT 450 MG	60	CAP	25.19	20.15	58343	TURMERIC 1 DAILY 600 MG	30	VCA	16.99	13.59	13306	CAL CITRATE W/D 250 MG	60	TAB	7.30	5.84	35630	FEMALE MULTIPLE	60	TAB	23.80	19.04
30344	GYMNEMA LF EXT 385 MG	60	CAP	24.59	19.67	18668	TURMERIC EXT 300 CAP	60	CAP	16.39	13.11	44243	CAL CITRATE W/MAG & D	150	TAB	16.50	13.20	37495	FEMALE MULTIPLE	120	TAB	41.00	32.80
28322	HAWTHORN BERRIES	100	CAP	9.39	7.51	28803	TWICE DAILY MULT NO FE	120	CAP	32.99	26.39	28278	CAL MAG 1:1 500/500	240	TAB								

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13505	LECITHIN GRANULES 95	8 Z	PWD	11.00	8.80	13026	TAURINE 500 VCAP	250	CAP	27.60	22.08	33310	COLD & FLU WELLNESS	48	TAB	10.25	8.20
29102	LIPIC ACID 120 MG	60	VCA	13.70	10.96	56403	THEANINE 150 MG	60	VCA	33.10	26.48	33316	COLLOIDAL SILVER 30PPM	2 Z	LIQ	17.98	14.38
31699	LIPIC ACID 200 MG	50	VCA	18.60	14.88	32807	TURMERIC ROOT EXT 400	60	VCA	16.50	13.20	29885	COLLOIDAL SILVER 30PPM	4 Z	LIQ	32.98	26.38
50672	LIPIC ACID 600 MG	50	TAB	33.10	26.48	13031	TYROSINE 500 CAP	100	CAP	24.20	19.36	29886	COLLOIDAL SILVER NASAL	2 Z	SPY	20.50	16.40
13536	LIPOTROPIC FACTORS TAB	100	TAB	22.00	17.60	64316	U CUBES CHILD MULTI	120	GUM	19.98	15.98	23854	COLLOIDAL SILVER SALVE	1 Z	CRM	15.50	12.40
13577	LIVER DESSICATED TAB	250	TAB	21.90	17.52	64315	U CUBES CHILD MULTI SO	60	GUM	11.98	9.58	25416	COQ10 100 MG	90	CAP	34.98	27.98
28289	LIVER HERBAL CMP SFP	50	VCA	22.00	17.60	57190	UBIQUINOL 100 MG COQ10	50	SGC	48.60	38.88	52814	COQ10 200 MG	60	SGC	38.50	30.80
57710	LUTEIN 20 MG SGC	60	SGC	28.70	22.96	60055	UBIQUINOL 200 MG SGC	30	SGC	51.90	41.52	44713	D 1000	200	TAB	11.50	9.20
57711	LUTEIN 40 MG SGC	30	SGC	26.40	21.12	26777	VALERIAN ROOT EXT	60	VCA	14.40	11.52	55812	D3 2000 IU	200	CAP	14.50	11.60
29103	LUTEIN CAROTENOID CMP	30	VCA	19.80	15.84	13671	VEG MULTIPLE VCAP	180	CAP	37.50	30.00	56563	D3 2000 IU SGC	200	SGC	15.98	12.78
29246	LUTEIN LYCOPENE CAROTE	30	VCA	20.90	16.72	13457	VITAMINS ONLY CAP	90	CAP	25.60	20.48	67986	DAY STARTER	120	TAB	22.50	18.00
13012	LYSINE 1000 TAB	100	TAB	14.40	11.52	13420	VM 2000 FORM TAB	60	TAB	22.20	17.76	67985	DAY STARTER	60	TAB	11.98	9.58
13013	LYSINE 1000 TAB	250	TAB	29.70	23.76	13421	VM 2000 FORM TAB	90	TAB	31.70	25.36	36556	DHA 200 MG NEUROMINS	60	SGC	45.50	36.40
13009	LYSINE 500 CAP	100	CAP	13.70	10.96	13422	VM 2000 FORM TAB	180	TAB	56.60	45.28	40957	DIM 100 MG	60	TAB	22.50	18.00
13010	LYSINE 500 CAP	250	CAP	29.70	23.76	13414	VM 75 FORM TAB	30	TAB	11.40	9.12	20679	DMAE 130	100	TAB	13.50	10.80
28283	MAG CAL 2:1 200/100	90	TAB	15.40	12.32	13415	VM 75 FORM TAB	60	TAB	20.10	16.08	20680	DMAE 130 TAB	200	TAB	25.50	20.40
13333	MAG CHEL 100 MG TAB	100	TAB	14.40	11.52	13416	VM 75 FORM TAB	90	TAB	28.50	22.80	57942	DMAE 351 MG CAP	100	CAP	13.50	10.80
13334	MAG CHEL 100 MG TAB	250	TAB	28.70	22.96	13417	VM 75 FORM TAB	180	TAB	52.70	42.16	25317	DMG 100	60	TAB	15.50	12.40
13367	MAG CITRATE 200 MG TAB	60	TAB	9.80	7.84	13418	VM 75 FORM TAB	360	TAB	96.40	77.12	35571	E 400 D/A	250	SGC	63.75	51.00
13368	MAG CITRATE 200 MG TAB	120	TAB	17.60	14.08	39709	VM 75 IRON FREE	180	TAB	52.70	42.16	25318	E P O 1350 MG	120	SGC	29.50	23.60
13365	MAG W/B-6 TAB	100	TAB	9.90	7.92	28281	VM 75 IRON FREE	60	TAB	19.90	15.92	51191	ELLAGIC ACTIVE 300 MG	60	TAB	24.50	19.60
13366	MAG W/B-6 TAB	250	TAB	18.70	14.96	28280	VM 75 IRON FREE	90	TAB	28.50	22.80	20672	ESSENTIAL ENZYMES 500	60	CAP	11.25	9.00
35629	MALE MULTIPLE	60	TAB	23.80	19.04	28277	VM 75 VEGICAPS	60	VCA	14.40	11.52	20675	ESSENTIAL ENZYMES 500	240	CAP	41.50	33.20
37496	MALE MULTIPLE	120	TAB	41.30	33.04	28276	VM 75 VEGICAPS	120	VCA	25.70	20.56	20674	ESSENTIAL ENZYMES 500	120	CAP	21.50	17.20
13335	MANGANESE CHEL 8 MG S	100	TAB	9.80	7.84	35094	VM PRIME OVER 50'S	100	TAB	20.00	16.00	59241	ESSENTIAL ENZYMES ULTR	90	CAP	43.50	34.80
60697	MELATONIN 10 MG LIQ	2 Z	LIQ	17.70	14.16	13599	WHEAT GERM OIL SGC	100	SGC	16.50	13.20	37041	ESSENTIAL ENZYMES VEG	120	CAP	22.50	18.00
58405	MELATONIN 10 MG TAB	60	TAB	17.70	14.16	24970	WHEY TO GO PRO VAN PWD	122	PWD	22.00	17.60	56397	FLU GUARD WELLNESS	525	TAB	20.98	16.78
58190	MELATONIN 3 MG NUGGET	120	NUG	9.80	7.84	24971	WHEY TO GO PRO VAN PWD	322	PWD	50.50	40.40	25346	GABA 750	180	TAB	39.50	31.60
57714	MELATONIN 5 MG	60	NUG	9.70	7.76	28034	WHEY TO GO PROT CHOC	162	PWD	22.00	17.60	54794	GABA 750 CAP	90	CAP	20.30	16.24
66133	MELATONIN 5 MG	120	NUG	16.40	13.12	28033	WHEY TO GO PROT CHOC	412	PWD	50.50	40.40	25345	GABA 750 MG TAB	90	TAB	20.50	16.40
13016	METHIONINE 500 VCAP	90	CAP	22.00	17.60	59194	WHEY TO GO STRAWBERRY	162	PWD	22.00	17.60	26957	GABA CALM SUB ORANGE	120	TAB	32.50	26.00
21739	MILK THISTLE 100	250	VCA	49.60	39.68	13344	ZINC 22 MG CHELATED	100	TAB	11.00	8.80	26215	GABA CALM SUB ORANGE	60	TAB	16.50	13.20
13643	MILK THISTLE 100 VCAP	50	CAP	13.20	10.56	13345	ZINC 22 MG CHELATED	250	TAB	22.00	17.60	28911	GABA CALM SUB PEP	120	TAB	32.50	26.00
13644	MILK THISTLE 100 VCAP	100	CAP	23.10	18.48	13401	ZINC 50 TAB	100	TAB	9.90	7.92	31531	GAMMA ORYZANOL 60 MG	200	TAB	18.50	14.80
26773	MILK THISTLE HERB EXT	60	VCA	18.70	14.96	13395	ZINC CITRATE 30 CAP	100	CAP	12.10	9.68	22550	GARCINIA +	120	TAB	33.50	26.80
44673	MILK THISTLE HERB EXT	150	VCA	37.50	30.00	13397	ZINC PICOL 22 TAB	100	TAB	10.90	8.71	29770	GINKGO 24 120 MG	120	TAB	41.50	33.20
13337	MOLYBDENUM CHEL TAB	100	TAB	9.70	7.76							27927	GINKGO 24 40 MG BILOBA	120	TAB	18.50	14.80
39397	MSM 1000 MG	120	TAB	18.70	14.96							20715	GLA 300 MEGA	120	CAP	59.50	47.60
38578	MULTI BILLION DOPH ADV	60	VCAP	23.40	18.72							37043	GLUCOS CHOND MSM	120	TAB	49.50	39.60
13428	MULTI H VEGICAP	180	CAP	41.60	33.28							39127	GLUCOS CHOND XTRA STRN	120	TAB	55.50	44.40
13539	N A C 600 MG	60	CAP	23.10	18.48							30255	GLUCOS SULF 750 MG	120	TAB	28.98	23.18
31056	N A C 600 MG	120	VCA	39.70	31.76							39129	GLUCOS SULF PWD	8 Z	PWD	23.50	18.80
13140	NIACIN 100 TAB	100	TAB	7.30	5.84							27921	GLUCOSAMINE SULF 500	120	TAB	19.50	15.60
13145	NIACIN 500 CAP	100	CAP	14.40	11.52							39136	GLUTATHIONE 250 MG	60	TAB	32.50	26.00
13146	NIACIN 500 CAP	250	CAP	29.70	23.76							67194	GLUTATHIONE BUILDER	90	TAB	23.98	19.18
13148	NIACIN 500 NO FLUSH CP	100	CAP	24.20	19.36							57801	GRAPE SEED 200 MG CAP	90	CAP	48.50	38.80
24663	NIACIN 500 NO FLUSH CP	250	CAP	54.10	43.28							25340	GRAPE SEED EXT 100	120	TAB	32.50	26.00
61465	NO 7 JOINT SUPPORT	30	VCA	24.99	19.99							66014	GRAPE SEED EXT 200 MG	60	CAP	32.98	26.38
66945	NO 7 JOINT SUPPORT	60	VCA	48.99	39.19							25322	GRAPEFRUIT PECTIN 1000	120	TAB	18.50	14.80
61466	NO 7 JOINT SUPPORT	90	VCA	64.99	51.99							25426	HEART SCIENCE	90	TAB	49.50	39.60
13484	OAT BRAN 750 TAB	250	TAB	18.70	14.96							44714	HERB KIDS LIQ WELLNESS	4 Z	LIQ	22.50	18.00
28293	OLIVE LEAF EXT SFP	60	VCA	14.40	11.52							29887	HERBAL BASIL A/F WELL	4 Z	LIQ	23.50	18.80
31506	OLIVE LEAF EXT SFP	180	VCA	30.90	24.72							44683	HOLY BASIL	120	CAP	23.50	18.80
13498	OMEGA 3 700 SGC	120	SGC	44.10	35.28							52457	HORNY GOAT WEED EXT	60	TAB	22.98	18.38
13497	OMEGA 3 700 SGC	60	SGC	24.20	19.36							29311	HOT FLASH	90	TAB	24.98	19.98
51190	OMEGA 3 950 MG SGC	100	SGC	38.60	30.88							52234	HUPERZINE A 200 MCG	120	TAB	44.50	35.60
55122	OMEGA 3 950 SGC	50	SGC	22.00	17.60							50605	HYALURONIC JOINT CMP	120	TAB	69.50	55.60
57912	OMEGA 3 FISH OIL S	120	SGC	15.40	12.32							44682	HYALURONIC ACID 50	120	TAB	49.50	39.60
58701	OMEGA SALMON FULL SPEC	120	SGC	31.90	25.52							42594	HYALURONIC ACID 50 TAB	60	TAB	25.50	20.40
30363	OMNIUM MULT IRON FREE	100	TAB	55.70	44.56							41358	HYALURONIC ACID 70 SGC	60	SGC	49.50	39.60
50671	OREGANO OIL WILD	60	SGC	15.40	12.32							55704	HYALURONIC ACID SERUM	1 Z	LIQ	17.98	14.38
13086	P 5 P 50 MG TAB	100	TAB	22.00	17.60							50604	HYALURONIC JOINT CMP	60	TAB	35.50	28.40
13165	PANTOTHENIC A 550 VCAP	100	CAP	19.80	15.84							66865	HYDROXYCOBAL B12 SUB	120	LOZ	18.50	14.80
13507	PHOS CHOL SGC SOL/100	100	SGC	18.70	14.96							42810	INFAMA REST	90	TAB	42.75	34.20
57709	PHOS SERINE 200 MG SGC	60	SGC	60.70	48.56							63731	K 500 MCG	200	TAB	12.75	10.20
28275	PHOS SERINE CMP 500 MG	30	TAB	33.00	26.40							53050	K2 100 MCG W/D3 400 S	60	TAB	27.50	22.00
52979	PM PHYTOGEN COMPLEX	60	TAB	27.50	22.00							67673	K2 ADVANTAGE 180 MCG	60	TAB	30.98	24.78
13339	POT CMP 99 MG TAB	100	TAB	12.10	9.68							59413	KRILL OIL 500 ARCTICP	60	SGC	44.50	35.60
13376	POT GLUCONATE 99 MG	250	TAB														



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25660	MELATONIN 3 MG	60	TAB	8.25	6.60	63773	ZEMBRIN 25 MG	60	TAB	40.50	32.40	11338	MYCOPRYL 680	100	CAP	20.40	18.16	18969	FERRASORB CAP	60	CAP	19.50	----
26404	MELATONIN 3 MG T/R	120	TAB	18.50	14.80	36929	ZINC 50 MG CHELATE	250	TAB	18.50	14.80	TEA TREE THERAPY				61196	FLORAMEND PRIME PROBIO	30	VCA	41.40	----		
66362	MELATONIN 3 MG T/R	60	TAB	9.50	7.60	35861	ZINC 50 MG CHELATE	100	TAB	7.50	6.00	29527	SUPPOSITORY TEA TREE	6	SUP	12.49	9.99	18952	FORM SF 722 CAP	250	CAP	35.30	----
25328	MELATONIN 5 MG	120	TAB	24.75	19.80	SOVEREIGN SILVER				28982	TTO PURE	1	Z LIQ	11.49	9.19	65349	GI ENCAP	180	VCA	32.30	----		
35948	MELATONIN 5 MG	60	TAB	13.25	10.60	39154	COLLOIDAL SILVER	8	Z LIQ	35.99	28.79	28981	TTO PURE	.5Z	LIQ	7.79	6.23	42732	GLUCOSAMINE CHOND	90	VCA	30.90	----
25329	MELATONIN 5 SUBL ORANG	100	TAB	26.50	21.20	58348	COLLOIDAL SILVER	16Z	LIQ	54.69	43.75	TERRY NATURALLY EUROPHARMA				29387	GLUCOSAMINE SULFATE	180	CAP	30.20	----		
25330	MELATONIN 5 SUBL PMINT	100	TAB	26.50	21.20	39153	COLLOIDAL SILVER	4	Z LIQ	23.99	19.19	67993	ARTERY STRONG	60	SGC	31.95	28.75	27212	GLUTAMINE 500 MG	90	CAP	18.95	----
44935	MELATONIN COMPLEX ORNG	100	CHW	23.50	18.80	66657	COLLOIDAL SILVER	32Z	LIQ	85.99	68.99	63024	ARTHOCIN JOINT SUPPORT	60	CAP	46.95	42.25	27414	GLUTAMINE PWD	18	PWD	58.10	----
35805	MELATONIN LIQ ORANGE	2	Z LIQ	11.25	9.00	39151	COLLOIDAL SILVER DROP	2	Z LIQ	14.99	11.99	63601	BONE SIL (TRICA SIL)	60	TAB	35.95	32.35	53353	GLUTATHIONE SR RED 175	60	CAP	40.85	----
35859	MELATONIN NUTRASRAY	2	Z SPY	13.25	10.60	43311	COLLOIDAL SILVER NASAL	2	Z SPY	14.99	11.99	67893	BOSMED + BOSWE & FRANK	60	SGC	35.95	32.35	18921	GLYCINE 500 CAP	250	CAP	22.60	----
66861	MELATONIN SERENE NIGHT	120	TAB	17.50	14.00	39152	COLLOIDAL SILVER SPRAY	2	Z SPY	14.99	11.99	66218	CLINICAL ESSENT MULTI	60	TAB	31.95	28.75	24125	GREEN TEA PHYTO G T EX	60	CAP	24.45	----
53252	MENS LIFE FORCE MULTI	90	TAB	44.50	35.60	56487	SILVER FIRST AID GEL	2	Z GEL	22.69	18.15	66445	COMFREY CRM TRAUMAP	3.4	CRM	37.95	34.15	39739	INDOLE 3 CARBINOL 200	60	VCA	28.40	----
38305	METHYLCOBALAMIN 1 MG	120	TAB	17.75	14.20	SUN CHLORELLA				63579	COMFREY CRM TRAUMAPLNT	1.7	CRM	24.95	22.45	18904	IODINE TYROSINE CAP	60	CAP	16.70	----		
38306	METHYLCOBALAMIN 5 MG	30	TAB	12.98	10.38	22921	CHLORELLA SUN 200 MG	300	TAB	38.25	34.42	66447	CURAMED 200 MG	60	VCA	29.95	26.95	64379	IRON BISGLYCINATE 25	60	CAP	12.00	----
37048	MSM 1000 MG	120	TAB	15.50	12.40	54967	CHLORELLA SUN 500 MG	120	TAB	38.25	34.42	66078	CURAMED 350 EFFERVESC	30	TAB	29.95	26.95	33986	ISO PHOS	60	CAP	56.50	----
38226	N A C 1000 MG	120	TAB	43.98	35.18	22920	CHLORELLA SUN GRANULES	20	PAK	38.25	34.42	66651	CURAMED 375 MG	120	SGC	62.95	56.65	43692	K2 VITAMIN	1	Z LIQ	64.90	----
20712	N A C 600	120	TAB	27.50	22.00	22929	CHLORELLA SUN TABS	500	TAB	165.09	132.07	64758	CURAMED 375 MG	60	SGC	34.95	31.45	38142	LIVER CLEANS	60	VCAP	15.75	----
20721	N A C 250	120	TAB	20.98	16.78	SUNFOOD SUPERFOODS				66651	CURAMED 375 MG	30	SGC	33.95	30.55	26378	LYSINE 500 MG	60	VCA	9.60	----		
20709	N ACETYL TYROSINE 300	60	TAB	16.50	13.20	67694	ACAI MAQUI BOWL MIX	6	Z PWD	15.99	14.39	64578	CURAMED 750 CURCUMIN	60	SGC	60.95	54.85	67900	MAG BISGLYCINATE PWD	8.4	PWD	37.45	----
53990	NADH 10 MG SUBL PEPP	20	TAB	33.98	27.18	66629	ALMONDS KEIRLUM RAW	8	Z SNK	10.95	9.85	58392	CURAMED 750 CURCUMIN	120	SGC	109.95	98.95	18886	MAG CITRAMATE 135 CAP	90	VCA	13.90	----
55804	NADH 20 MG SUBL PEPP	20	TAB	44.98	35.98	66415	ALMONDS KEIRLUM RAW	8	Z SNK	10.95	9.85	58392	CURAMIN	60	CAP	38.95	35.05	18885	MAG CITRATE 135 CAP	90	CAP	13.25	----
64984	NADH 20 MG SUBLIN PEPP	30	TAB	66.50	53.20	66416	APRICOT KERNELS RAW OG	8	Z SNK	12.99	11.69	58757	CURAMIN EU	120	CAP	66.95	60.25	64122	MANGANESE BISGLYCINATE	60	CAP	17.00	----
43702	NATTOKINASE	90	SGC	38.50	30.80	67324	BERRY ADVENTURE RW ORG	6	Z SNK	10.00	9.00	63029	CURAMIN EXTRA STRENGTH	30	TAB	24.95	22.45	18993	MEDIBULK	8	Z PWD	18.35	----
50607	NATTOKINASE 100 MG CAP	60	CAP	52.50	42.00	65756	BLACK MACA 800 CAP ORG	90	CAP	18.99	17.09	63514	CURAMIN EXTRA STRENGTH	120	TAB	83.95	75.55	38838	MEDICLEAR 32.45 OZ	32	PWD	62.40	----
50608	NATTOKINASE 50 MG SGC	60	SGC	37.50	30.00	67595	BLACK MACA PWD RAW ORG	4	Z PWD	11.99	10.79	63032	CURAMIN EXTRA STRENGTH	60	TAB	46.95	42.25	57269	MEDICLEAR PLUS	32	PWD	66.65	----
61018	NIGHT REST W/MELATONIN	50	TAB	11.50	9.20	67325	BRAZIL NUTS RAW ORG	8	Z SNK	16.99	15.29	66140	CURAMIN EXTRA STRENGTH	60	TAB	44.95	40.45	61200	MEDICLEAR SGS CHOC	40	PWD	81.65	----
68002	NIGHTWELL	4	Z LIQ	18.98	15.18	66418	CACAO NIBS RAW ORGANIC	8	Z SNK	9.95	8.95	66458	CURAMIN PM	30	CAP	23.95	21.55	29385	MELATON 3 MG	60	CAP	12.65	----
20689	NUTRA SLEEP	100	TAB	24.50	19.60	66627	CACAO POWDER RAW	1	LB PWD	18.99	17.09	66448	GLUTATHIONE CLINICAL EU	60	TAB	65.95	59.35	29384	MELATON 5 MG	60	CAP	17.35	----
60112	OMEGA 3 FISH OIL ARTICP	120	SGC	41.98	33.58	66626	CACAO POWDER RAW	8	Z PWD	9.99	8.99	64658	GRAPE SEED EXT FRENCH	60	CAP	29.95	26.95	67047	MERIVA 500 SF SOY FREE	60	VCA	30.25	----
53981	OMEGA 3 FISH OIL ENTER	60	SGC	23.98	19.18	67147	CASHW RAW ORGANIC SNF/	1	LB SNK	21.90	19.71	64456	HEALTHY FEET & NERVES	60	CAP	21.95	19.75	66697	MERIVA 500 SF SOY FREE	120	VCA	53.55	----
59668	OMEGA 3 FISH OIL ENTER	120	SGC	45.98	36.78	67146	CASHW RAW ORGANIC SNF/	8	Z SNK	11.80	10.62	64759	HEALTHY FEET & NERVES	120	CAP	37.95	34.15	66711	MERIVA SF CUR SOY FREE	ASE	VCA	42.80	----
64399	OMEGA 7 SEA BUCKTHORN	120	SGC	44.98	35.98	67695	CHOC SUPERF SMOOTH MX	8	Z PWD	15.99	14.39	60748	HEALTHY KNEES & JOINT	60	CAP	39.95	35.95	39729	META BALANCE	120	CAP	28.75	----
20695	OPTI ZINC	120	TAB	11.50	9.20	68108	COCONUT WRAPS CINN RAW	7	PK MIS	12.99	11.69	65152	HEARTBURN RELIEF IMMED	50	CHW	9.95	8.95	29779	META FEM	240	VCAP	51.10	----
40973	OREGANO OIL	60	CAP	21.50	17.20	68109	COCONUT WRAPS MORINGA	7	PK MIS	12.99	11.69	67113	IODINE COFACTORS	120	CAP	26.95	24.25	29049	METHYL GUARD	180	CAP	46.30	----
53859	PABA 100 MG	250	TAB	13.98	11.18	67612	COCONUT WRAPS RAW VEGN	7	MIS	12.99	11.69	64961	MENTAL ADVANTAGE	60	SGC	41.95	37.75	60181	METHYL GUARD PLUS	90	VCA	47.45	----
45532	PANCREATIN 475 MG VEG	120	CAP	22.98	18.38	68110	COCONUT WRAPS TURMERIC	7	PK MIS	12.99	11.69	63510	OMEGA 7 EYE RELIEF	60	SGC	39.95	35.95	34076	METHYLCOBALAMIN B12	60	CAP	17.65	----
33591	PAU D'ARCO	60	CAP	68.50	54.80	66412	GOJI BERRIES RAW ORG	8	Z SNK	14.95	13.45	61104	OMEGA 7 SEA BUCKTHORN	60	SGC	39.95	35.95	34163	MODUCARE STERINOL CAMP	60	CAP	51.30	----
34905	PHOS SERINE 150 MG	60	SGC	55.50	44.40	66413	GOLDEN BERRIES RAW ORG	8	Z SNK	13.95	12.55	65914	POMEGRANATE SEED OIL	60	SGC	33.95	30.55	63603	MOLYBDENUM GLYCINATE	60	CAP	10.10	----
24789	PHOS SERINE COMP	60	TAB	21.50	17.20	67290	MACA EXTREME PWD RW OG	8	Z PWD	25.99	23.39	67363	PROPOLIS EXT	60	CAP	29.95	26.95	65662	MULTI VITAM ELITE EXOS	KIT	CAP	62.35	----
56565	PINE BARK EXT 150 MG	60	TAB	21.50	17.20	67342	MANGO MACAD ADVENT RW	6	Z SNK	9.95	8.95	63031	SAGAPRO	30	TAB	29.95	26.95	39377	MYCO IMMUNE	2	Z LIQ	38.10	----
42309	POLICOSANOL 10 MG	60	TAB	32.98	26.68	66409	MANGO SLICES RAW ORG	8	Z SNK	13.95	12.55	63646	SAGAPRO	60	TAB	51.95	46.75	54285	NEUROCHONDRIA	90	CAP	79.90	----
50609	POLICOSANOL 20 MG	60	TAB	57.98	46.38	67289	MORINGA POWDER	8	Z PWD	15.99	14.39	61499	SINUCARE	60	SGC	33.95	30.55	64372	NIACEL 125 MG	60	VCA	32.95	----
41218	POLICOSANOL CHOLESTERL	90	TAB	38.98	31.18	67076	MSM ALOE GEL	4	Z GEL	12.95	11.65	67025	SUNCONTROL D	60	CAP	35.95	32.35	66856	NIACEL 250 MG	60	VCA	59.00	----
62805	PQQ MIND 20 MG BIO PQQ	30	TAB	35.50	28.40	67079	MSM LOT BERRY VAN	8	Z LOT	12.95	11.65	64580	TRI IODINE 12.5 MG	90	CAP	32.95	29.65	26884	NIACINAMIDE 500 MG	180	CAP	18.45	----
36563	PREGNENOLONE 25 MG	120	TAB	22.50	18.00	67077	MSM LOT COCONUT ROSE	NF/	LOT	12.95	11.65	64581	TRI IODINE 12.5 MG	180	CAP	58.95	53.05	29402	NIASAFE 600	180	CAP	49.30	----
50611	PROGESTERONE CREAM TUB	4	Z CRM	34.98	27.98	67408	MULBERRIES WHITE RW OG	8	Z SNK	9.99	8.99	65941	VECTOMEGA TAB	60	CAP	47.95	43.15	38712	OLIVE LEAF EXTRACT	60	CAP	23.95	----
33360	PROGESTERONE CRM 500	2	Z CRM	22.98	18.38	66414	OLIVES BLACK BOTIJA PR	8	Z SNK	16.95	15.25	63034	VECTOMEGA TAB	60	TAB	47.95	43.15	18988	OMEGA + (EPA & GLA)CAP	90	CAP	37.25	----
37779	PROSTA RESPONSE	90	TAB	47.98	38.38	67647	SHILAJIT CAP 700 MG RW	90	VCA	36.99	33.29	65002	VISION HEALTH	60	CAP	32.95	29.65	28384	OPC 100	60	CAP	41.65	----
65947	PROVINAL OMEGA 7 420	60	SGC	48.50	38.80	67631	SHILAJIT EXT POWDER RW	3.5	PWD	29.99	26.99	THORNE RESEARCH				18980	OSCAP CAP	120	CAP	21.25	----		
25343	PYCNOGENOL 100	60	TAB	102.98	82.38	66419	SUPERFOOD SMOOTHIE MIX	8	Z PWD	15.95	14.35	67812	3 K COMPLETE	60	VCA	24.00	----	28259	PANTETHINE 250 MG	60	CAP	35.45	----
28157																							

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

TRACE MINERALS RESEA

67501	ACTIVE JOINT PLATINUM	180	TAB	57.39	45.91
43717	BORON IONIC 6 MG	2.2	LIQ	13.49	10.79
64006	COLLOIDAL SILVER 30	8.2	LIQ	37.99	30.39
55413	ELECTROLYT STAM PK ORA	32	PAK	17.99	14.39
16890	ELECTROLYTE STAMINA TB	90	TAB	19.29	15.46
56010	ENDURE INTENSE PERF TMN	1.2	LIQ	7.19	5.77
56011	ENDURE INTENSE PERFORM	4.2	LIQ	21.29	17.03
56120	KIDS MULTI LIQ T	8.2	LIQ	20.89	16.71
43446	MAG IONIC 400 MCG LIQ	2.2	LIQ	9.49	7.59
64004	MAG PWD 350 STRESS X	25.	PWD	39.69	31.75
39033	MEGA MAG	4.2	LIQ	13.19	13.19
66338	OPTIMAL PH DROPS	1.2	DRP	15.99	12.79
67593	PRE WORKOUT PWD CLEAN	16.	PWD	61.69	49.35
43718	SELENIUM IONIC 300 MG	2.2	LIQ	13.25	10.60
64005	TRACE MINERAL DROP GLS	4.2	LIQ	28.99	23.19
16885	TRACE MINERAL DROPS	8.2	LIQ	31.49	25.19
16886	TRACE MINERAL DROPS	4.2	LIQ	21.99	17.59
16889	TRACE MINERAL TABS	300	TAB	41.39	33.21
16888	TRACE MINERAL TABS	90	TAB	18.19	14.55
16887	UTAH SEA MINERALS	16	LIQ	11.79	9.43
43715	ZINC IONIC 50 MG	2.2	LIQ	9.69	7.74

TWINLAB

45035	ACETYL L CARNITINE 500	120	CAP	55.07	44.05
11598	ARGININE 500 CAP	100	CAP	13.34	10.67
11390	B 100 COMPLEX ALLER FR	100	CAP	20.21	16.16
42114	B12 5000 MCG MEGA LOZ	60	LOZ	23.36	18.68
11393	B12 DOTS 500 LOZENGES	250	LOZ	18.35	14.68
11392	B12 DOTS 500 LOZENGES	100	LOZ	9.59	7.67
63243	B12 DOTS 5000 MCG LOZ	30	LOZ	14.18	11.34
11404	BETAINE HCL PEPSIN 648	100	CAP	16.52	13.21
54764	BLOOD PRESSURE SUCCESS	60	CAP	25.05	20.04
11418	C 1000 CAP	250	CAP	27.45	21.96
11420	C 500 CAP	250	CAP	19.34	15.47
11423	CAL CITRATE CAP + MAG	150	CAP	15.66	12.52
11425	CAL CITRATE CAP + MAG	250	CAP	23.03	18.42
68064	CARNITINE FUEL 1100	162	LIQ	18.73	14.98
11689	CARNITINE MEGA TAB 500	60	TAB	35.84	28.67
29639	CHICKEN COLLAGEN TYPE II	60	CAP	23.88	19.10
38951	CHOLESTEROL SUCCESS TB	120	TAB	33.02	26.41
11481	COPPER 2 CAP	100	CAP	8.30	6.64
11683	COQ10 30 MEGA CAP	100	CAP	34.97	27.97
11672	COQ10 MAXILIFE CAP	120	CAP	45.98	36.78
57489	D3 2000 DOT	100	TAB	9.55	7.64
11491	DAILY ONE NO IRON CAP	180	CAP	40.45	32.36
11490	DAILY ONE NO IRON CAP	90	CAP	22.95	18.36
11487	DAILY ONE W/IRON T	90	CAP	23.48	18.78
21210	DMAE 100 MG CAP	60	CAP	9.49	7.59
22381	GLA 300 ULTRA SGC	60	SGC	24.20	19.36
11613	GLUTAMINE 500 CAP	100	CAP	18.42	14.73
25052	GRAPE SEED EXT 50 MG	60	CAP	20.90	16.72
11594	INOSITOL 500 CAP	100	CAP	13.81	11.04
29774	LIPIDIC ACID ALPH 100	60	CAP	20.21	16.16
11621	LYSINE 500 CAP	100	CAP	11.99	9.59
23865	MAGNESIUM 400 MG	200	CAP	18.99	15.19
11658	MAGNESIUM 400 MG OXIDE	100	CAP	12.49	9.99
11659	MANGANESE 10 CAP	100	CAP	13.61	10.88
24871	MELATONIN 3 MG	60	CAP	9.49	7.59
11707	N A C 600 MG CAP	60	CAP	16.52	13.21
11713	NIACIN 1000 (B-3)	100	CAP	17.37	13.89
67740	OCUGUARD BLUETEIN CHW	60	CHW	19.99	15.99
67741	OCUGUARD BLUETEIN PROT	30	VCA	29.99	23.99
25048	OCUGUARD PLUS	120	CAP	51.27	41.01
54930	OMEGA 3 1000 MG	100	SGC	18.37	14.69
57181	PABA 500 MG	100	CAP	12.89	10.31
11748	PANCREATIN CAP	50	CAP	11.06	8.84
11774	SELENITE SODIUM 250	100	CAP	10.14	8.11
24936	SUPER ENZYME CAPS	200	CAP	37.05	29.64
11818	TRI BORON + CAP	240	CAP	29.89	23.91
11817	TRI BORON + CAP	120	CAP	18.99	15.19
11535	TWINEPA MEGA SGC	60	SGC	30.82	24.65
11632	TYROSINE CAP 500	100	CAP	15.58	12.46
11845	YEAST FIGHTERS CAP	75	CAP	13.34	10.67
26666	YOHIMBE FUEL	100	CAP	24.24	19.39
11847	ZINC 30 CAP	100	CAP	9.91	7.92

TYSON AND ASSOC.

18695	ALANINE 600	50	CAP	18.95	18.95
18679	AMINOVIROX 700	100	CAP	40.45	40.45
18697	ASPARTIC ACID 500	50	CAP	11.95	11.95
18704	GABA 500	100	CAP	33.90	33.90
18726	GLUTAMIC ACID 150GM	150	PWD	32.95	32.95
18705	GLUTAMIC ACID 500	100	CAP	14.95	14.95
18709	HISTIDINE 600	50	CAP	24.80	24.80
18714	SERINE 600	50	CAP	31.95	31.95
18715	TAURINE 500	100	CAP	16.95	16.95

U.A.S. LABORATORIES

64228	UP4 ADULT PROB 15 BILL	60	VCA	50.49	40.39
64795	UP4 PROB 18 KIDS CUBES	60	CHW	34.39	27.51
64796	UP4 SENIOR PROB 25 BIL	60	VCA	57.69	46.15
64797	UP4 ULTRA PROB 50 BILL	60	VCA	79.89	63.91
64800	UP4 WOMENS PROB 10 BIL	60	VCA	46.69	37.35

ULTIMA HEALTH

63342	ULTIMA GRAPE LARGE	10.	PWD	39.99	35.99
55723	ULTIMA LEMONADE LARGE	11.	PWD	39.99	35.99
55724	ULTIMA LEMONADE PWD	20	PAK	19.99	17.99
55722	ULTIMA LEMONADE SMALL	3.6	PWD	19.99	17.99
44237	ULTIMA ORANGE LARGE	10.	PWD	39.99	35.99
44226	ULTIMA ORANGE PWD PAK	20	PAK	19.99	17.99
44233	ULTIMA ORANGE SMALL	3.6	PWD	19.99	17.99
58593	ULTIMA REP GRAPE PWD	20	PAK	19.99	17.99
58592	ULTIMA REP GRAPE PWD	3.6	PWD	19.99	17.99
67855	ULTIMA REP WLD RSP PWD	20	PAK	19.99	17.99
44236	ULTIMA WILD RASP LARGE	13.	PWD	39.99	35.99
44232	ULTIMA WILD RASP SMALL	3.4	PWD	19.99	17.99

UNIVERSAL NUTRITONA

31299	GAIN FAST 3100 VAN	2.5	PWD	25.99	20.79
31309	MILK & EGG PROT VAN	1.5	PWD	27.60	22.08

31288 STEROL COMPLEX NATURAL 90 TAB 27.95 22.36
43835 UNI LIVER 30 GRAIN 500 TAB 44.50 35.60

VEGA

63268	ELECTROLYTE HYDRAT BER	5.2	PWD	29.99	25.49
65346	PROTEIN & GREENS BERRY	21.	PWD	39.95	35.95
65254	PROTEIN & GREENS VAN	21.	PWD	39.99	35.99
61077	RECOVERY ACCEL APP BER	192	PWD	40.00	36.00
64904	SMOOTHIE PWD OH NATURL	8.9	PWD	19.99	17.99
62607	SMOOTHIE PWD VIVA VAN	9.7	PWD	19.99	17.99
61462	VEGA ONE BERRY SHAKE	15.	PWD	39.99	35.99
61461	VEGA ONE CHOC SHAKE	15.	PWD	39.99	35.99
61933	VEGA ONE CHOC SHAKE	30.	PWD	69.99	62.99
66393	VEGA ONE COCONUT ALM	14.	PWD	39.99	35.99
66389	VEGA ONE COCONUT ALM	29.	PWD	69.99	62.99
62605	VEGA ONE FRN VAN SHAKE	152	PWD	39.99	35.99
62604	VEGA ONE FRN VAN SHAKE	302	PWD	69.99	62.99
64930	VEGA ONE NATURAL SHAKE	15.	PWD	39.99	35.99
62319	VEGA ONE NATURAL SHAKE	30.	PWD	69.99	62.99
59235	VEGA SPORT ACAI BERRY	540	PWD	49.99	44.99
59044	VEGA SPORT PRE WRK LEM	540	PWD	49.99	44.99
66263	VEGA SPORT PROTEIN BER	28.	PWD	54.99	49.49
66265	VEGA SPORT PROTEIN CHC	29.	PWD	54.99	49.49
66264	VEGA SPORT PROTEIN VAN	29.	PWD	54.99	49.49

VIBRANT HEALTH

38829	A MANS ZINC 30 MG	60	TAB	10.95	9.95
67287	BULLS EYE VCAP	60	VCA	29.95	26.95
68160	C SUPER NATURAL	60	VCA	15.95	14.35
55364	CHOLESTEROL BLOCKER CH	60	CHW	19.95	17.95
62760	CURCUMINOID 95 +	60	VCA	19.95	17.95
58376	FIELD OF GREENS	7.5	PWD	49.95	44.95
32457	GIGARTINA RED ALGAE	90	VCA	34.95	31.45
57202	GIGARTINA RED ALGAE V	120	VCA	39.75	35.77
42648	GREEN VIBRANCE 15 PACK	15	PAK	29.95	26.95
66837	GREEN VIBRANCE PWD	6.2	PWD	29.95	26.95
33444	GREEN VIBRANCE PWD	242	PWD	84.95	76.45
23709	GREEN VIBRANCE PWD	122	PWD	49.95	44.95
31186	GREEN VIBRANCE VCAP	240	VCA	39.95	35.95
62173	IMMUNE DEFENSE	120	CAP	29.95	26.95
29184	JOINT VIBRANCE	13.	PWD	49.95	44.95
29185	JOINT VIBRANCE	252	TAB	49.95	44.95
41220	METABOLIC VIBRANCE	90	CAP	29.95	26.95
42717	METABOLIC VIBRANCE 2	7.7	PWD	42.75	38.47
66582	PRO MATCHA CHOC PWD	20.	PWD	49.95	44.95
66583	PRO MATCHA VANILLA PWD	18.	PWD	49.95	44.95
36701	RMA HEALING OINTMENT	.25	CRM	19.95	17.95
55880	SPECTRUM VIBRANC RAINB	6.2	PWD	46.95	42.25
66580	TRILOGY MEN PAK	30	PAK	49.95	44.95
66581	TRILOGY WOMEN PAK	30	PAK	49.95	44.95
41254	TURMERIC MAX 46X CURC	60	TAB	49.95	44.95
57390	UT BIOTIC CAP	30	CAP	29.55	26.59
53842	UT VIBRANCE MANNOSSE TB	50	TAB	35.55	32.08
62591	VIBRANCE MAXIMUM VAN	242	PWD	74.95	67.45
40720	VIBRANCE UT MANNOS PWD	2.0	PWD	36.95	33.25
54694	VIBRANT CLEANSE	360	PWD	40.75	36.67
38830	ZINC KREBS CYCLE	60	CAP	9.95	8.95

VIOPIN

18605	WHEAT GERM OIL	162	LIQ	13.59	10.87
18606	WHEAT GERM OIL 20 MIN	100	SGC	18.29	14.63
24306	WHEAT GERM OIL 6 MIN	100	CAP	8.99	7.19

VITALAH

61600	OXYLENT BLACKBERRY PAK	30	PAK	34.99	31.49
58298	OXYLENT MANDARIN PAK	30	PAK	34.95	31.45
58299	OXYLENT SPARK BERR PAK	30	PAK	34.95	31.45
66693	OXYLENT SPORT BLUEB BR	15	PAK	24.95	22.46
58300	OXYLENT VARIETY PAK	30	PAK	35.95	32.35

VITANICA

52746	CANDIDASTAT	60	CAP	17.95	17.95
52756	CHASTE TREE BERRY	60	CAP	17.25	17.25
61985	FEM REBALANCE	60	CAP	25.95	25.95
54141	GABA EASE V	60	CAP	19.95	19.95
52752	LACTATION BLEND	60	CAP	20.95	20.95
52754	PREGNANCY PREP	60	CAP	20.95	20.95
61001	RHODIOLA	60	CAP	15.95	15.95
52751	SLEEP BLEND	60	CAP	21.75	21.75
52748	WOMENS SYMMETRY	180	CAP	41.75	41.75
51026	YEAST ARREST SUPP	28	SUP	32.45	32.45
52745	YEAST ARREST SUPP	14	SUP	17.95	17.95

WALLY'S NATURAL PRODT

30040	EAR CANDLE B WAX	4PK	CAN	15.79	12.63
30042	EAR CANDLE LAVENDER	4PK	CAN	15.19	12.15
30045	EAR OIL	1.2	LIQ	12.59	10.07

WASHINGTON HOMEOPATHIC PROD

59100	MOTION SICKNESS PELLET	200	PEL	9.39	9.39
61097	SMOKING BE GONE	200	PEL	9.39	9.39

WAY OUT WAX

68027	INDIAN SUMM ODOR NEUTR	4.2	SPY	7.99	7.99
68026	LAVENDER SKN ODOR NEUT	4.2	SPY	7.99	7.99
68028	NEUTRAL SCENT ODOR NEU	4.2	SPY	7.99	7.99
68155	SPICY CHAI ODOR NEUTRL	4.2	SPY		

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

57080	COMFREY ROOT 1:3 TOPIC	1 Z	LIQ	15.41	12.32	56939	OREGANO OIL 70	1 Z	LIQ	36.22	28.98	36611	XLEAR NASAL WASH	1.5	SPY	15.59	12.47
67468	CORDYCEPS VCAP	60	VCA	17.48	13.98	57047	OREGANO OIL 70	60	VCA	24.95	19.96	XYLICHEW					
57036	COUGH COMPLEX	1 Z	LIQ	15.29	12.23	67465	OREGANO PLUS VCAP	90	VCA	18.63	14.90	64912	XYLICHEW GUM LICORICE	60	GUM	9.29	7.43
60121	CRANBERRY 37:1 400 MG	90	VCA	17.48	13.98	56960	PARASITE COMPLEX	1 Z	LIQ	15.64	12.51	64915	XYLICHEW GUM PEPPERMINT	60	GUM	9.29	7.43
67467	CRANBERRY MANNOSE VCAP	60	VCA	24.15	19.32	57058	PASSION FLOWER 1:3	1 Z	LIQ	15.18	12.14	64916	XYLICHEW GUM SPEARMINT	60	GUM	9.29	7.43
57641	DAMIANA 1:3	1 Z	LIQ	15.18	12.14	57004	PAU DARCO BARK 1:5	1 Z	LIQ	14.72	11.77	XYNDET HEALTH BEAUTY					
60117	DANDELION 500 MG ORG	90	VCA	14.26	11.40	57729	PELANGONIUM CHERRY A/F	4 Z	LIQ	20.70	16.56	50886	CLEANS BAR SENS SKIN	3.5	SOP	10.00	8.00
56966	DANDELION ROOT 1:1.5	1 Z	LIQ	14.49	11.59	57072	PROPOLIS RESIN 1:5 L F	1 Z	LIQ	18.40	14.72	50887	SHAMPOO HAIR BODY	7 Z	LIQ	25.00	20.00
57029	DEVILS CLAW 1:3	1 Z	LIQ	15.41	12.32	67464	RED YEAST RICE Q10 VCP	90	VCA	33.81	27.05	50888	SKIN BALM	7 Z	CRM	45.00	36.00
57040	DIGEST STIM CMP AF	1 Z	LIQ	16.56	13.24	57063	REISHI MUSHROOM 1:3	1 Z	LIQ	17.25	13.80	Y S ORGANIC BEE FARM					
56999	DIGEST STIM COMPLEX	1 Z	LIQ	15.64	12.51	56963	RELAX AM	1 Z	LIQ	16.10	12.88	45591	BEE POLLEN WHOLE GRAN	16Z	PWD	18.95	18.95
57001	DONG QUAI ROOT 1:3	1 Z	LIQ	15.64	12.51	57019	RELAX AM	2 Z	LIQ	30.13	24.10	43883	HONEY 100 % ORGANIC RAW	16Z	JEL	7.95	7.95
56953	EAR DROPS	1 Z	LIQ	15.41	12.32	56959	RELAX PM	1 Z	LIQ	15.64	12.51	43884	HONEY 100 % ORGANIC RAW	32Z	JEL	13.49	13.49
57011	EAR OIL CHILD FRIENDLY	1 Z	LIQ	15.41	12.32	57025	RELAX PM ALCOHOL FREE	1 Z	LIQ	16.56	13.24	60208	HONEY CLOVER	32Z	JEL	9.95	9.95
60125	ECHIN GOLDENSEAL	90	VCA	21.62	17.29	56956	RESPIRAT CMP CHLD FRND	1 Z	LIQ	15.41	12.32	60571	HONEY MANUKA & PROPOL Y	20	LOZ	7.75	7.75
57052	ECHIN TRIPLE 1:2.1 AF	1 Z	LIQ	16.10	12.88	57089	RESPIRATORY CMP CAP W	60	VCA	32.20	25.76	56559	HONEY MANUKA RAW 15 +	12Z	JEL	29.95	29.95
56974	ECHINA ACUTE CMP AF	1 Z	LIQ	16.56	13.24	56955	RESPIRATORY COMPLEX	1 Z	LIQ	15.64	12.51	60939	HONEY RAW	22Z	JEL	8.45	8.45
57093	ECHINA ACUTE CMP CAP	60	VCA	32.20	25.76	57027	RESPIRATORY COMPLEX AF	1 Z	LIQ	16.56	13.24	67602	POSITIVE ENERGY	35	CAP	13.95	13.95
56946	ECHINA ACUTE COMPLEX	1 Z	LIQ	15.64	12.51	57032	RESPIRATORY COMPLEX AF	1 Z	LIQ	15.87	12.69	34039	POSITIVE ENERGY	75	CAP	25.40	25.40
56979	ECHINA ACUTE COMPLEX	2 Z	LIQ	28.52	22.81	57033	RHODIOLA 5 STAND	1 Z	LIQ	15.87	12.69	40344	PROPOLIS 1000 MG	90	CAP	13.90	13.90
60129	ECHINACEA 420 MG ORG	90	VCA	21.16	16.92	67460	RHODIOLA VCAP	60	VCA	30.36	24.29	52352	PROPOLIS EXT IN HONEY	11Z	MIS	13.90	13.90
56980	ECHINACEA ROOT 1:2	2 Z	LIQ	28.52	22.81	57006	SAW PALMETTO BERRY 1:3	1 Z	LIQ	15.18	12.14	63490	PROPOLIS GOLDENSL ECHN	60	CAP	14.50	14.50
56945	ECHINACEA ROOT 1:2	1 Z	LIQ	15.41	12.32	67450	SAW PALMETTO LVCAP	60	LVC	25.30	20.24	65644	PROPOLIS PWD	2.5	PWD	13.90	13.90
56968	ECHINACEA ROOT 1:2 AF	1 Z	LIQ	16.33	13.06	67466	SCHISANDRA BERRY LIQ	1 Z	LIQ	15.18	12.14	54934	ROYAL JELLY 2000 MG	75	CAP	36.00	36.00
56994	ECHINACEA TRIPLE 1:2.1	1 Z	LIQ	15.18	12.14	57039	SILVER COLLOID 15	4 Z	LIQ	36.22	28.98	YERBA PRIMA					
57026	ELDERBERRY 1:2	1 Z	LIQ	15.18	12.14	57021	SILVER COLLOID CMP SPR	1 Z	LIQ	14.03	11.22	31676	BENTONITE GREAT PLAINS	32Z	LIQ	18.09	14.47
67462	ELDERBERRY PELARGONIUM	90	VCA	21.39	17.11	56972	SILVER COLLOID COMPLEX	1 Z	LIQ	14.03	11.22	12097	COLON CARE FORM 625 CP	180	CAP	15.99	12.79
57018	ELEUTHEROCOCCUS 1:2	1 Z	LIQ	15.18	12.14	56982	SINUS ALLERGY BL CH HRB	1 Z	LIQ	16.10	12.88	12096	COLON CARE FORMULA	12Z	PWD	14.79	11.83
57077	EYEBRIGHT 1:3	1 Z	LIQ	15.18	12.14	56941	SINUS DECONGEST	1 Z	LIQ	20.70	16.56	18629	FIBER DAILY	180	CAP	14.49	11.59
57081	FENUGREEK 1:3	1 Z	LIQ	15.18	12.14	66599	SINUS DECONGEST	2 Z	LIQ	39.10	31.28	12100	FIBER DAILY PWD	12Z	PWD	13.29	10.63
67458	FENUGREEK VCAP	90	VCA	14.03	11.21	66588	SINUS DECONGEST SPRAY	1 Z	SPY	20.70	16.56	18630	FIBER DAILY PWD ORANGE	16Z	PWD	14.79	11.83
57065	FEVERFEW 1:2	1 Z	LIQ	15.18	12.14	57064	SKULLCAP 1:2	1 Z	LIQ	15.18	12.14	26183	FIBER PLUS	180	CAP	15.99	12.79
57031	FIBROGESIC	1 Z	LIQ	15.64	12.51	57045	SLEEP CMP W/MELATONIN	60	LVC	32.20	25.76	31675	FIBER PLUS PWD	12Z	PWD	15.59	12.47
57642	FO TI ROOT	1 Z	LIQ	15.18	12.14	57028	SLEEP COMPLEX W/MELAT	1 Z	LIQ	15.64	12.51	12120	FIBER SOLUBLE	180	CAP	13.99	11.19
60130	GARLIC 500 MG ORG	90	VCA	14.03	11.22	56967	ST JOHN'S WORT 1:2	1 Z	LIQ	15.18	12.14	12121	FIBER SOLUBLE FORMULA	12Z	PWD	14.79	11.83
57022	GENTLE MOVE CHILD FRND	1 Z	LIQ	15.41	12.32	57020	ST JOHN'S WORT 1:2 AF	1 Z	LIQ	16.10	12.88	18637	PSYLLIUM HUSK	180	CAP	13.99	11.19
60127	GINGER 500 MG ORG	90	VCA	16.10	12.88	60123	ST JOHN'S WORT EXT 300	90	VCA	14.03	11.22	12118	PSYLLIUM HUSK PWD	12Z	PWD	13.79	11.03
56985	GINGER COUGH TONIC	4 Z	LIQ	15.64	12.51	56976	STAY WELL CMP CHLD FRD	1 Z	LIQ	15.41	12.32	12117	PSYLLIUM HUSK VCAP	180	CAP	14.99	11.99
57055	GINGER ENERGY TONIC	4 Z	LIQ	15.64	12.51	56942	STEVIA EXT 90 AF	4 Z	LIQ	28.98	23.18	18639	PSYLLIUM WHOLE HUSK	12Z	PWD	13.79	11.03
57012	GINGER IMMUNE TONIC	4 Z	LIQ	15.64	12.51	60140	STEVIA EXT CHOCOLATE	2 Z	LIQ	17.02	13.61	29613	REBUILD MEN'S CLEANSNG	KIT	KIT	29.99	23.99
56995	GINGER ROOT 1:1.5	1 Z	LIQ	15.18	12.14	60139	STEVIA EXT CINNAMON	2 Z	LIQ	17.02	13.61	YOGOURMET					
57015	GINGER TONIC	4 Z	LIQ	15.64	12.51	60143	STEVIA EXT PEPPERMINT	2 Z	LIQ	17.02	13.61	64495	CBA PROB YOGURT START	5PK	PAK	10.69	10.69
57024	GINKGO BIL LF 1:1.5 AF	1 Z	LIQ	16.10	12.88	60142	STEVIA EXT VANILLA	2 Z	LIQ	17.02	13.61	64496	KEFIR START FRZ DRIED	3PK	PAK	8.49	8.49
60131	GINKGO BILOBA EXT 60	90	VCA	18.63	14.90	56943	STEVIA EXTRACT 90 AF	1 Z	LIQ	11.04	8.83	64494	YOGURT START NON DAIRY	4PK	PAK	7.79	7.79
56961	GINKGO BILOBA LF 1:1.5	1 Z	LIQ	15.18	12.14	56940	STEVIA EXTRACT 90 AF	2 Z	LIQ	16.10	12.88	YOUTHEORY					
60122	GINSENG AMERIC 400 ORG	60	VCA	50.60	40.48	56970	SYSTEMIC DETOX	1 Z	LIQ	15.64	12.51	67073	COLLAGEN FORM 1 & 3	120	TAB	11.99	9.59
56981	GINSENG AMERICAN 1:3	1 Z	LIQ	23.00	18.40	57078	SYSTEMIC DETOX AF	1 Z	LIQ	16.56	13.24	67074	COLLAGEN FORM ADV 1-3	160	TAB	15.99	12.79
57023	GINSENG CHINESE RED	1 Z	LIQ	39.10	31.28	56957	THROAT SPRAY AF	1 Z	LIQ	15.64	12.51	67075	JOINT COLLAGEN ADV	120	TAB	29.09	23.27
56962	GINSENG ENERGY BLEND	1 Z	LIQ	17.02	13.61	67455	THYROID COMPLEX VCAP	90	VCA	21.39	17.11	67109	MENS COLLAGEN ADVANCED	290	TAB	22.99	18.39
57087	GINSENG ENERGY BLEND	2 Z	LIQ	31.28	25.02	68218	TURMERIC AM RELIEF VCP	60	VCA	25.30	20.24	68231	MENS SHILAJIT ADVANCED	60	CAP	29.99	23.99
57068	GINSENG ENERGY BLND AF	1 Z	LIQ	17.94	14.35	60137	TURMERIC EXT 450 MG	60	VCA	33.12	26.49	67188	SLEEP NIGHTTIMER PWD	6 Z	PWD	21.99	19.79
67473	GLUCOSAMINE PLUS VCAP	120	VCA	30.59	24.47	68220	TURMERIC HEART SYNERGY	60	VCA	39.10	31.28	68232	SPORE PROB PWD & BILL	3.4	PWD	27.99	22.39
67453	GLYCEMIC SUPPORT CMP	90	VCA	18.86	15.09	68219	TURMERIC JOINT SYNERGY	60	VCA	25.30	20.24	68230	TURMERIC 1000 XTRA STR	60	CAP	39.99	31.99
60128	GOLDENSEAL 250 MG ORG	60	VCA	23.00	18.40	67451	TURMERIC LVCAP	60	LVC	29.32	23.46	67108	TURMERIC ADVANCE	120	TAB	29.99	26.99
56950	GOLDENSEAL ROOT 1:5	1 Z	LIQ	18.17	14.53	68217	TURMERIC PM RELIEF VCP	60	VCA	25.30	20.24	YUMMI BEARS					
57010	GOTU KOLA 1:1.5	1 Z	LIQ	15.18	12.14	57016	TURMERIC ROOT 1:1.5	1 Z	LIQ	15.18	12.14	33282	C 30 MG YUMMI BEARS	BOX	BER	15.59	12.47
60126	GREEN TEA EXT 250 MG	90	VCA	23.92	19.13	56990	URINARY KIDNEY COMPLEX	1 Z	LIQ	15.64	12.51	35134	MULTI VIT YUMMI BEARS	200	BER	34.49	27.59
57098	GREEN TEA GUO AF WIL/2	2 Z	LIQ	28.52	22.81	57042	UVA URSI LEAF 1:3	1 Z	LIQ	15.18	12.14	33281	MULTI VIT YUMMI BEARS	90	BER	19.99	15.99
56944	GREEN TEA GUO AF	1 Z	LIQ	14.95	11.96	56975	VALERIAN ROOT 1:2	1 Z	LIQ	15.18	12.14	33283	WHOLEFOOD YUMMI BEARS	90	BER	19.99	15.99
56998	GREEN TEA GUO PEAC AF W	1 Z	LIQ	15.29	12.23	60138	VALERIAN ROOT 500 ORG	90	VCA	16.33	13.06	ZAND HERBAL FORMULAS					
56964	HAWTHORN BERRY 1:3	1 Z	LIQ	15.18	12.14	57044	WHITE WILLOW BARK 1:2	1 Z	LIQ	14.49	11.59	18617	ECHINACEA EXTRACT	2 Z	LIQ	18.49	14.79
60132	HAWTHORN BERRY 500 ORG	90	VCA	14.03	11.22	57056	WORMWOOD	1 Z	LIQ	15.18	12.14	33205	HERBAL MIST THROAT SPR	2 Z	SPY	13.75	11.00
57088	HEADACHE COMPLEX	1 Z	LIQ	15.64	12.51	57009	YOHIMBE BARK 1:3	1 Z	LIQ	16.33	13.06	18623	INSURE HERBAL FORM	2 Z	LIQ	17.09	13.67
57099	HERP EASE FORMULA	1 Z	LIQ	15.64	12.51	66271	ZINCIMMUNE PLUS	4 Z	LIQ	16.10	12.88	ZION HEALTH					
57051	HOLY BASIL 20-8-8-5 ST	60	VCA	31.28	25.02	WISDOM OF THE ANCIENTS						58962	ACNE TERMINATOR	1 Z	CRM	25.19	22.67
60133	HOODIA 250 MG	60	VCA	27.60	22.08	32439	STEVIA EXT CLEAR LIQ	2 Z									

The Willner Window

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American Health

25% Off

Selected Items

Valid 4/2 - 5/11/18

Borlind

25% Off

Selected Items

Valid 4/2 - 5/11/18

Child Life

25% Off

Entire Line

Valid 4/2 - 5/11/18

Daiwa Health

30% Off

Entire Line

Valid 4/2 - 5/11/18

DaVinci Lab

25% Off

Entire Line

Valid 4/2 - 5/11/18

Healthy Origins

35% Off

Entire Line

Valid 4/2 - 5/11/18

Herbatint

25% Off

Entire Line

Valid 4/2 - 5/11/18

Himalaya

25% Off

Selected Items

Valid 4/2 - 5/11/18

Home Health

25% Off

Selected Items

Valid 4/2 - 5/11/18

Irwin

25% Off

Entire Line

Valid 4/2 - 5/11/18

Mellisa B Naturally

25% Off

Entire Line

Valid 4/2 - 5/11/18

Jarrow Formulas

25% Off

Entire Line

Valid 4/2 - 5/11/18

Life Seasons

20% Off

Entire Line

Valid 4/2 - 5/11/18

Mushroom Wisdom

25% Off

Most Items

Valid 4/2 - 5/11/18

Natrol

30% Off

Entire Line

Valid 4/2 - 5/11/18

Naturade

25% Off

Entire Line

Valid 4/2 - 5/11/18

Nature's Way

30% Off

Selected Items

Valid 4/2 - 5/11/18

NeoCell

25% Off

Entire Line

Valid 4/2 - 5/11/18

New Chapter

25% Off

Selected Items

Valid 4/2 - 5/11/18

Olympian Labs

35% Off

Entire Line

Valid 4/2 - 5/11/18

OptiChoice

30% Off

Entire Line

Valid 4/2 - 5/11/18

Planetary Formulas

30% Off

Entire Line

Valid 4/2 - 5/11/18

Renew Life

20% Off

Selected Items

Valid 4/2 - 5/11/18

Res Q

25% Off

Entire Line

Valid 4/2 - 5/11/18

Reserveage

25% Off

Entire Line

Valid 4/2 - 5/11/18

Solgar

25% Off

Selected Items

Valid 4/2 - 5/11/18

Source Naturals

30% Off

Entire Line

Valid 4/2 - 5/11/18

Symbiotics

25% Off

Entire Line

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Woodstock Herbals

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Entire Line

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Willner Chemists

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Selected Items

Valid 4/2 - 5/11/18

WILLNER CHEMISTS SPRING SALE!

UP TO 50% OFF LIST PRICE!

APRIL 2ND THROUGH MAY 11TH, 2018

The Following Product Lines Are On Sale, As Indicated:

American Health	25% Off	Select Items	Olympian Labs	35% Off	Entire Line
Borlind	25% Off	Select Items	OptiChoice	30% Off	Entire Line
Child Life	25% Off	Entire Line	Planetary Formulas	30% Off	Entire Line
Daiwa Health	30% Off	Entire Line	Pure Planet	15% Off	Entire Line
DaVinci Laboratories	25% Off	Entire Line	Renew Life	20% Off	Select Items
Essential Formulas	5% Off	Entire Line	Res Q	25% Off	Entire Line
Healthy Origins	35% Off	Entire Line	Reserveage	25% Off	Entire Line
Hemp Fusion	20% Off	Entire Line	Solgar	25% Off	Select Items
Herbatint	25% Off	Entire Line	Source Naturals	30% Off	Entire Line
Himalaya Herbal	25% Off	Select Items	Sunfood	15% Off	Entire Line
Home Health	25% Off	Select Items	Super Nutrition	20% Off	Entire Line
Irwin Naturals	25% Off	Entire Line	Symbiotics	25% Off	Entire Line
Jarrow Formulas	25% Off	Entire Line	Ucan Company	15% Off	Entire Line
Life Seasons	20% Off	Entire Line	Willner Chemists	30% Off	Select Items
Mellisa B Naturally	25% Off	Entire Line	Woodstock Herbals	25% Off	Entire Line
Mushroom Wisdom	25% Off	Most Items			
Natrol	30% Off	Entire Line			
Naturade	25% Off	Entire Line			
Natures Way	30% Off	Select Items			
NeoCell	25% Off	Entire Line			
New Chapter	25% Off	Select Items			

**Note: All indicated Sale Discounts are based on List Price*

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