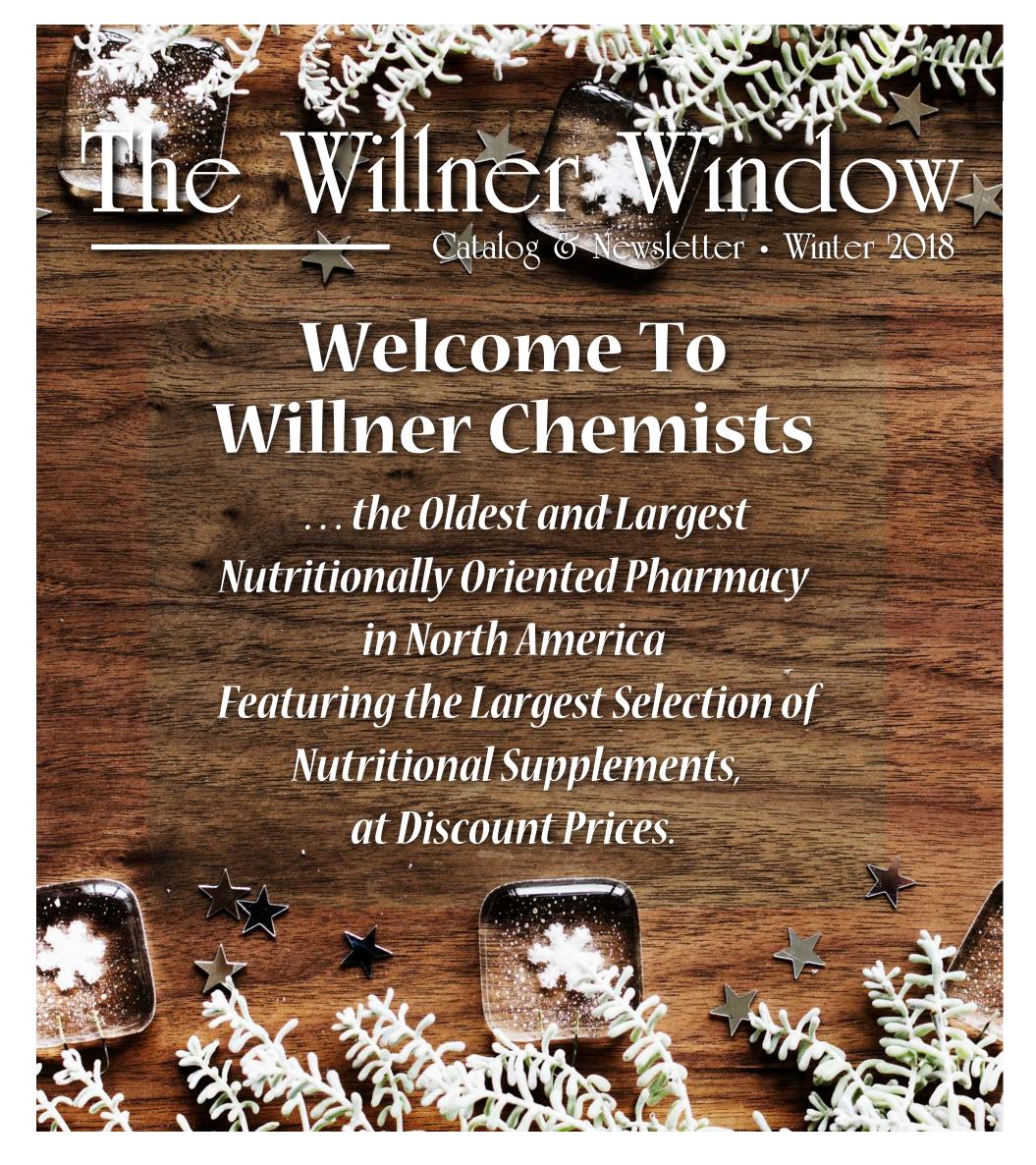


# Willner Chemists - Midtown Manhattan

100 Park Ave, New York NY 10017 (1 block south of Grand Central Terminal) 1-800-633-1106 or 212-682-2817 - fax: 212-682-6192

Store Hours: Mon-Fri: 8:45 AM to 7 PM; Sat: 9 AM to 5 PM Pharmacy Hours: Mon-Fri: 8:45 AM to 4:45 PM, (Closed Saturday & Sunday)





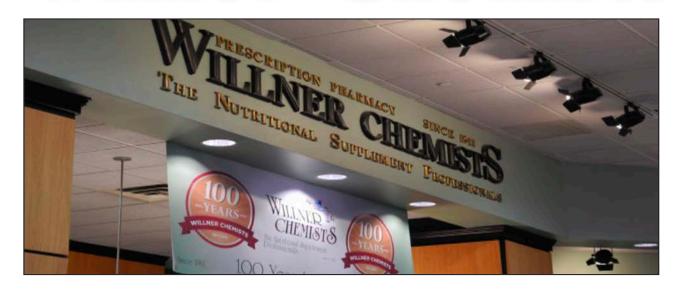
# Willner Chemists - Midtown Manhattan

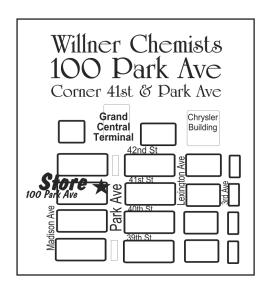
100 Park Ave, New York NY 10017 (1 block south of Grand Central Terminal) 1-800-633-1106 or 212-682-2817 - fax: 212-682-6192

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# Come Visit us at

# Willner Chemists





#### **Welcome to Willner Chemists**

The oldest and largest nutritionally oriented pharmacy in North America, featuring the largest selection of nutritional supplements at discount prices.

#### **News & Store Events**

Samples, demos, book signings and more! Visit our website for a schedule of upcoming events at our Park Avenue location.

#### Request a Free Consultation

Willner Chemists features a staff of nutritionally trained Pharmacists to answer your health and supplement questions.

#### Visit Us Online

Visit www.willner.com for more product information and easy online ordering!

# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

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The Willner Window

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Jarrow FORMULAS



# NUTRADITIONAL

INTRODUCING A NUTRITIONAL TAKE ON TRADITIONAL DRINK RECIPES: BEYOND BONE BROTH®, GOLDEN MILK & GOLDEN TEA





# **COLLAGEN + MINERALS**

# BEYOND BONE BROTH®

Jarrow Formulas' Beyond Bone Broth® (beef and chicken flavors) is a delicious drink mix that provides a savory blend of nutrients that go beyond the nutritional benefits of traditional broths.\* It's the perfect supplement for those seeking to improve the intake of nutrients that support the health of bones, joints and the skin.\*

BEYOND BONE BROTH, BEEF FLAVOR - JRW67103 BEYOND BONE BROTH, CHICKEN FLAVOR - JRW67102

# TURMERIC + SPICES

# **GOLDEN MILK & TEA**

Jarrow Formulas' Golden Milk (with grass fed rBST-Free whey protein concentrate) and Golden Tea (vegan formula) are contemporary adaptations of traditional drink recipes that combine turmeric and warming spices. They are a delicious way to introduce the benefits and digestive properties of turmeric root (Curcuma longa) into your daily regimen.\*

GOLDEN MILK TURMERIC INFUSION - JRW67100 GOLDEN TEA TURMERIC INFUSION - JRW67101

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Visit us at www.jarrow.com for more product information.

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# GUMMIES FOR THE WHOLE FAMILY

Jarrow Formulas' gummies deliver important nutrients in a variety of delicious flavors for every member of your family.



Yum-Yum D3 Gummies, 90 Gummies, JRW57302 Theanine Gummies, 60 Gummies, JRW66838

Ubiquinol QH-Gummies, 30 Gummies, JRW66916 MK-7 Gummies, 60 Gummies, JRW67104

Yum-Yum PS100 Gummies, 60 Gummies, JRW67105

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Visit us at www.jarrow.com for more product information.

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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **§**



#### **Adaptogen Complex**

An excellent anti-stress formula; a Chi or energy tonic.

1 fl oz - Product Code: 57083

#### Who would benefit from this supplement?

• Those suffering from fatigue, overexertion, stress, chemotherapy, depression. Best used on a daily basis.

#### **Ingredients:**

Phyto-Tech™ Adaptogen Complex contains the following herbs: Red Reishi Mushroom, Eleuthero Root, Ashwagandha Root, Vanuatu Kava Root, Licorice Root.

#### Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend
   Phyto-Tech™ Immune Complex

#### **Adrenal Adaptogen Complex**

Supports healthy adrenal gland function, optimizing the body's handling of stress induced fatigue, immune deficiency and debility.

90 VeggiCaps - Product Code: 67452

#### Who might benefit from this supplement?

- Those suffering from fatigue, burnout, stress, debility, Immune Deficiency
- Those with poor immune function brought on by stress, mental and physical weakness.

#### **Ingredients:**

Phyto-Tech™ Adrenal Adaptogen Complex contains, in each veggie capsule, 465 mg of the following fresh ground herbs: Organic Eleuthero Root 155mg, Organic Ashwagandha Root 155mg, Organic Schizandra Berry 40mg, Imported Cordyceps Mushroom 40mg, American Ginseng Root 25mg, Rhodiola Root Extract (5% Resaving) 25mg, Red Chinese Ginseng Root 20mg, Organic Aralia mandshurica Root 5mg.

The vegetarian capsule contains modified vegetable cellulose.

Traditionaly, this combination of herbs can be thought to exert the following properties: Adaptogen, Adrenal Tonic, Immuno-Modulating, Mood Enhancing, Anti-Depressant

Adrenal Adaptogen Complex is a balancing adaptogenic formula indicated for those who are overworked, overstressed, and find themselves feeling tired, overwhelmed and burnt-out most or all of the time. It is also helpful for those who haven't hit the wall yet, but live fast-paced, highstress lifestyles and want to avoid breakdown and burnout. Adrenal Adaptogen Complex will increase the body's resistance to physical, mental, and environmental stress, and help to defend against diseases and disorders caused by overstress. The herbs used in the formula are highly adaptogenic and work synergistically to moderate the stress response, not by blocking it altogether but by balancing it out. In other words, they enable the body to respond more appropriately to stress without over-exaggerating the response. This prevents adrenal overstimulation and protects the adrenals from breakdown and exhaustion. Adaptogens act positively on glucose metabolism as they stimulate the liver to convert glycogen to glucose, enhance entry of glucose into the cell, and enhance utilization of glucose within cells. Regular use of Adrenal Adaptogen Complex will help normalize stress hormone levels, lessening ones predisposition to stress, decrease over-reactions during the stress response, and provide protection against the effects of long-term stress. In addition, energy and vitality will be restored, and mood and emotional well-being will improve.

Eleuthero (Eleutherococcus senticosus) has been used in Traditional Chinese Medicine for thousands of years and is indicated for those with fatigue, physical weakness, compromised immunity, and poor work capacity and concentration. Pharmacologically, Eleuthero tonifies, displays anti-stress activity, increases lymphocyte count, and has an immunomodulatory effect on the cellular immune system. Studies show that Eleuthero increases endurance, reduces the alarm phase of the stress response, prevents stress-induced illness and disease, supports adrenal function, and enhances T-cell activation and immune system function. Formerly known in the U.S. as Siberian Ginseng, Eleuthero is not a true ginseng, but it does belong to the same family of plants. Compared to true ginseng, Eleuthero is non-heating and milder in its stimulatory effects.

Ashwagandha is used preventively to avoid burnout and breakdown and restoratively to help strengthen those who are already mentally and/or physically depleted. It has positive effects on chronic fatigue syndrome, depression, debility, and recovery from wasting diseases. Ashwagandha is one of the most important herbs of Ayurveda and is known as "Ayurvedic" Ginseng. It is indicated for similar conditions as Ginseng, but it is not heating, Yang, or stimulating like Ginseng. Many scientific studies have been conducted that support Ashwagandha's adaptogenic and anti-stress activity. It's been found to be effective at increasing physical endurance, preventing gastric ulcers brought on by stress, and reducing the rise of stress hormone levels in the blood. Ashwagandha also has cognitive effects and can increase intellect and memory. Several studies indicate it slows stops and reverses neuritic atrophy and synaptic loss, and thus has been used in the treatment of neurodegenerative diseases such as Alzheimer's, Parkinson's, and Huntington's. Ashwagandha also displays GABA-mimetic, anxiolytic and anti-depressant properties and can help stabilize mood in those with anxiety and depression.

American Ginseng (Panax quinquefolius) is native to North America and was used in traditional indigenous medicine by tribes such as the Cherokee, Creek, Iroquois, Menominee,

... continued on page 9

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease



# **Carotenoids Protect Eyes from Blue Light Damage**

 $B^{\text{lue light-the short light-waves from TV,}}_{\text{computer and smartphone screens,}}$ fluorescent and LED lights, and the sun-has good and bad effects. It can make you more alert, but also disrupt sleep cycles, strain the eyes and neck, and give headaches.

In this study, 48 healthy young adults with at least six hours of daily near-field screen exposure took a placebo or a 24 mg combination of the carotenoids normally found in the macula of the eye-lutein, zeaxanthin, and meso-zeaxanthin.

After six months, while the placebo group had not improved, those taking the supplement had higher levels of macular carotenoids, better sleep quality, less eye strain and fatigue, better visual acuity, and 34 percent fewer headaches.

(Reference: Foods; 2017, Vol. 6, No. 7, 47, Published Online)

#### www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them. ... and remember to visit Don's Blog www.dongoldberg.com

#### Additional Comments from Don Goldberg

There are many situations where extra carotenoids may be appropriate, especially when it comes to eye and heart health. Many people think of "betacarotene" when they see the term "carotenoids," but that is a mistake. Carotenoids refers to a group of related compounds, and is best taken as a group. One product I recommend is Jarrow Formulas "Carotenall," Product Code 43873 (60 softgels). Here is some information on this product:

- CarotenAll contains alpha- and betacarotene extracted from palm fruit (EVTene ) in a ratio similar to carrots. One softgel of CarotenAll provides greater amounts of the major carotenoids (Alpha-& Beta-Carotene, Lutein, Zeaxanthin and Lycopene) than 5 6 servings of fruits and vegetables.
- Lycopene is an antioxidant carotenoid extracted from non-GMO tomatoes (Lyc-O-Mato ). Lycopene protects against damage from the reactive oxygen species (ROS) singlet oxygen.
- Lutein is an antioxidant carotenoid that occurs in nature with zeaxanthin. Dietary lutein and zeaxanthin concentrate in the

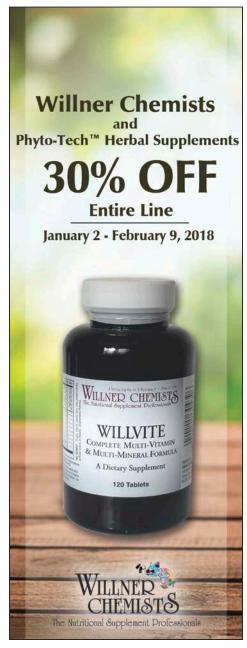
eye's macula and lens where they protect these tissues from oxidative stress. Astaxanthin is a highly-potent antioxidant carotenoid found in seafood and algae that protects lipids from peroxidation.

Suggested Usage: Take 1 softgel 1 to 2 times per day or as directed by your qualified healthcare professional.

**Product Recommendation:** 

**Jarrow Formulas** Carotenall 60 softgels Product Code: 43873

The pharmacist and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs



## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **§**



Ojibwa, Pawnn, and Seneca. Its primary uses include enhancing blood sugar metabolism in both healthy individuals and those with type 2 diabetes, improving cardiorespiratory endurance during activity, boosting mood and reducing fatigue. It has a systemic effect to increase vigor, energy and vitality, and is especially helpful for individuals feeling overworked and rundown.

Red Chinese Ginseng (Panax ginseng) is more warming and stimulating than American. Studies have shown it to have positive effects on quality or life, physical and mental stress, and intellectual skills. Traditional Chinese Medicine believes that it replenishes vital essence and promotes blood circulation. It acts through both the hypothalamus-pituitaryadrenal axis and through its immunomodulatory activity.

Schizandra increases endurance and mental performance, and has an adaptogenic, tonifying, and stimulating effect during extreme fatigue. Studies indicate daily use of Schizandra helps prevent increases in cortisol, nitric oxide and stress activated protein kinase. It also exhibits antidepressant activity and is indicated for depressions related to excessive fatigue and nervous exhaustion.

Cordyceps have been traditionally used as a tonic to improve energy, endurance, stamina, appetite and sleep patterns. Research indicates they have biological and pharmacological actions in diseases of the liver, kidneys and cardiovascular system, and effects on immunological disorders. Cordyceps stimulate production of T helper cells, TNF-alpha and interleukin 1 production, increase natural killer cell activity, and prolong lymphocyte survival.

Rhodiola increases resistance to chemical, biological, and physical stressors and protects the body from stress-induced breakdown. It stimulates the activity of the neurotransmitters serotonin, dopamine and norepinephrine, helps normalize

mood in depressed individuals, and improves cognitive function.

Aralia mandshurica is an adaptogen native to the eastern regions of Russia, northern China, and Korea and has been traditionally used to treat stress, fatigue, debility, depression, immune weakness and headache. It's also been studied for its positive effects on lipid metabolism.

Rhaponticum, native to Russia, is used to restore strength and energy, improve mood, and increase mental focus and alertness, especially in stressful conditions. It has a widerange of properties that include cardiac tonic, nervine, immune stimulant, antioxidant, and liver protector.

Contra-indications and Cautions: Pregnancy; Possibly high blood pressure

#### **Complimentary Formulas & Single Herbs:**

- B-Complex Vitamins (nutritional support for stress and
- Immune Acute Complex (if immune system is weak)
- St. John's Wort (for depression)
- Ginkgo (to increase memory and cerebral circulation)

Take 1capsule, 1-3 times per day or as needed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

#### **Adrenal Stress Complex**

Supports healthy adrenal gland function, optimizing the body's handling of stress.

1 fl oz - Product Code: 57037

Phyto-Tech™ Adrenal Stress Complex is a blend of adrenalnormalizing, adaptogenic herbs especially valuable for those suffereing the stressful effects of a fast paced lifestyle. This formula can be considered an "adrenal tonic." This formula also helps maintain healthy blood sugar levels by supporting liver function.

#### Who would benefit from this supplement?

- · Those suffering from stress related to a fast-paced, demanding lifestyle.
- Those who have problems with blood sugar regulation, including hypoglycemia and adult onset, type 2 diabetes.
- Those with adrenal dysfunction leading to blood sugar swings, water imbalance, mood swings, and thyroid dysfunction.

#### **Ingredients:**

Phyto-Tech™ Adrenal Stress Complex contains the following herbs: Licorice Root, Eleuthero Root, Devil's Club Root Bark, Dandelion Root, Sarsaparilla Root, Ginger Root.

20-40 drops in water or juice, 2-3 times daily, or as needed. **Complimentary Formulas:** 

- Phyto-Tech<sup>™</sup> Adaptogen Complex, when fatigue and burn out present
- Phyto-Tech™ Ginseng Energy Blend, when extreme fatigue, low passion present
- Phyto-Tech™ Holy Basil 20-8-8-5 liquid veggie caps to counteract stress and control cortisol levels.

#### **Allergy Complex**

This supplement supports healthy sinus and respiratory systems function by exerting an antihistamine, decongestant type action.

> 1 fl oz - Product Code: 56983 Alcohol Free - Product Code 57041 Child Friendly - Product Code 57013

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.













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#### **WILLVITE** (with Iron) 120 Tablets

#### **SUPPLEMENT FACTS:**

Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	ı	Per 4 tabs	% DV
Vitamin A	750/ /45 000 HN forms and	20,000IU	400%
	om acetate, 75% (15,000 IU) from national		
,	scorbic Acid & Calcium Ascorbate)	750 mg 800IU	1250%
Vitamin D3 (as		300IU	200% 1000%
Vitamin K2 (as	-Alpha Tocopheryl Succinate)	60 mcg	75%
	Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as	The state of the s	30 mg	1764%
Niacin (as Niacin		50 mg	250%
Vitamin B6 (as		30 mg	1500%
Folic Acid	T yriddxille Tioly	400 mcg	100%
	s Methylcobalamin)	200 mcg	3333%
Biotin	o Would Joob alaming	300 mcg	100%
	id (from d-calcium pantonthenate)	50 mg	500%
	Carbonate & Citrate)	800 mg	80%
Iron (from Rice (		9 mg	50%
lodine (from Kel	,	150 mcg	100%
	om Oxide & Aspartate)	600 mg	150%
Zinc (from AA Cl	helate)	20 mg	133%
	L-Selenomethionine)	100 mcg	143%
Copper (from AA	A Chelate)	2 mg	100%
Manganese (fro	om Manganese Gluconate)	5 mg	250%
Chromium (as F	Picolinate)	100 mcg	83%
Molybdenum (f	rom Chelate)	150 mcg	200%
Potassium (fron	n AA Chelate)	50 mg	1%
Choline Bitartra	ate	50 mg	*
Inositol		25 mg	*
	ract (Vitis vinifera)	25 mg	*
CoEnzyme Q 1	0	20mg	*
PABA (para-ami	nobenzoic acid)	10 mg	,
Lutein		2 mg	*
Lycopene		2 mg	*
,	ate, aspartate, glycinate)	1 mg	*
Silicon (horsetai		350 mcg	*
Vanadium (sulfa	· ·	10 mcg	*
* Daily value no	ot established.		

Other ingredients: Celluose, Stearic Acid, Croscarrnellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.



The Nutritional Supplement Professionals

# ... from Willner Chemists

# A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accomodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.\*

Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

Available Now: Willvite Regular & Iron-Free Willvite, 120 Tabs, Product Code: 30439 Willvite, Iron Free, 120 Tabs, Product Code: 44384

Now with added CoQ10,
Lycopene, Phytoantioxidants
and Lutein!
Regular, and Iron-Free!
Willner Chemists

Phyto-Tech<sup>\*</sup>

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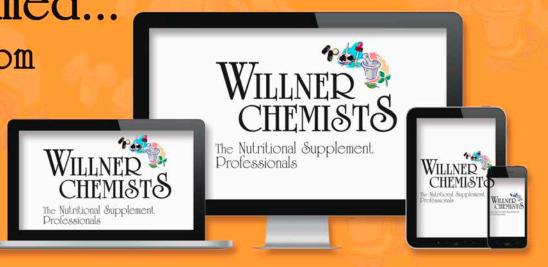
Jan. 2 - Feb. 9, 2018

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WILLVITE
Iron-Free
Complete Multi-Vitamin
& Multi-Mineral Formula
A Dietary Supplement
120 Tablets

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.

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# **Rhodiola Eases Burnout**

sed for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

I came across this study recently, and was impressed that it talked about a cure for "burnout." Now, I'm not sure "burnout" is a medical term, but I get the idea. The regular dictionary defines burnout as "exhaustion of physical or emotional strength or motivation usually as a result of prolonged stress or frustration." Another definition is "the cessation of operation usually of a ajet or rocket engine," but I don't think that's what this study was about.

Now, the study was set up to examine the effects of the herb rhodiola. Knowing something about this adaptogenic herb, I am not surprised at the result, or the novel terminology. Rhodiola has traditionally been used for stress, fatigue, and depression, but this is the first study to examine "burnout."

In this trial, 118 men and women complaining of emotional and physical exhaustion, fatigue, lack of joy, loss of zest for life, and feelings of depersonalization took 400 mg of rhodiola rosea per day. All stress symptoms began improving in the first week and continued to improve during the 12-week trial. Participants also reported increased sexual interest and function, and found the greatest changes in increased joy, and lower levels of tension and fatigue.

(Reference: Neuropsychiatric Disease & Treatment; 2017, Vol. 13, 889-98)

There are excellent, standardized rhodiola supplements in the Willner Phyto-Tech line. The standardized Liquid Extract: 1 Fl Oz, is Prod Code: 57032 and the standardized Fresh Ground Capsule: 60 VeggieCaps, is Prod Code: 67460. Here is information on this product from the Willner Phyto-Tech reference mongraphs:

#### Rhodiola 5 (Standardized)

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

#### Who might benefit from this herbal supplement?

- Those suffering from low energy or fatigue;
- Those who suffer from mental fog, poor memory, or learning problems;
- Those who are looking to increase their stamina, endurance and athletic performance;
- Those who are under high stress; those with sexual or fertility problems.

Phyto-Techô Rhodiola 5 liquid extract contains Rhodiola Rosea standardized to 5% Rosavin, Alcohol Pure Grain, Water Pure Deionized, per 1 ml (30 drops).

Phyto-Techô Rhodiola veggie caps contains Imported Rhodiola Root Extract standardized to a minimum of 5% rosavins, 500 mg per capsule

Rhodiola as been associated with the following properties: Adaptogenic, Adrenal Tonic, Mood Enhancing, Anti-Depressant

#### Indications:

Rhodiola rosea, also known as golden root, arctic root or roseroot, has been used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders. Numerous studies have proved Rhodiola to be a powerful adaptogen that increases ones resistance to chemical, biological, and physical stressors and protects the body from breakdown due to chronic stress. Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of

In this trial, 118 men and women complaining of emotional and physical exhaustion, fatigue, lack of joy, loss of zest for life, and feelings of depersonalization took 400 mg of rhodiola rosea per day. All stress symptoms began improving in the first week and continued to improve during the 12-week trial. Participants also reported increased sexual interest and function, and found the greatest changes in increased joy, and lower levels of tension and fatigue.

dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, and memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

A study involving 56 healthy male and female physicians working the night shift (age 24-35) were given 170 mg of Rhodiola extract for 6 weeks. Their mental performance was evaluated using tests to determine speed of visual and auditory perception, attention capacity, and short-term memory. A significant improvement in mental performance tests was observed in the treatment group during the first two-week period. Another double-blind, placebo controlled study involving 60 foreign students at a Russian high school showed that supplementation by the students with Rhodiola resulted in a decrease of mental fatigue and situational anxiety and an increase in physical work capacity, coordination, kinesthetic sensitivity, and general well-being.

For athletes or anyone seeking to enhance physical performance, Rhodiola has been shown to improve strength,

endurance, cardiovascular measures, coordination and recovery time. In one study, 42 master level competitive skiers were given either Rhodiola rosea extract or placebo 30-60 minutes before a 20 km race on skies that involved carrying a rifle and shooting targets at stops. The athletes receiving Rhodiola showed a significant increase in shooting accuracy, less arm tremor, better coordination, and their heart rates returned to normal more quickly.

Rhodiola has also been found to have cardio protective and anticancer benefits and can increase fertility in both men and women.

In 1986 it was discovered that the chemical composition that sets Rhodiola rosea apart from other species of Rhodiola are three cinnamyl alchohol-vicianosides identified as rosavin, rosin and rosarin. The term rosavins is used to include all three of these chemical compounds. Rosavins are known as the marker compound that differentiates true Rhodiola rosea extract from other Rhodiola species.

Contra-Indications and Cautions: Pregnancy; Nursing

#### Complimentary Formulas & Single Herbs:

- Ginseng Energy Blend (Ginseng formula for energy)
- Ginkgo biloba (to increase memory and cerebral circulation)
- St Johns Wort (for depression)

**Dosage:** Liquid: 30 drops in juice or water 1-3 times per day or as needed; Veggie Cap: 1 capsule, 1-3 times per day or as needed.

Note: The liquid formula may contain small amounts of herbal precipitate (small particles) due to strength of preparation. The taste is very astringent, slightly bitter.

The pharmacists and nutritionists at Willner Chemists will be happy to advise you about appropriate supplementation.

#### www.willner.com

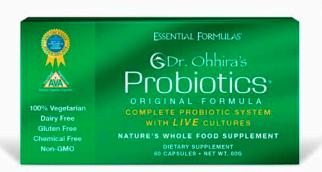
The Willner Chemists web site is a valuable resource for information on nutritional supplements...
how to choose them, and how to use them.

... and remember to visit Don's Blog www.dongoldberg.com



# Fall Into Health With Our Award-Winning Formulas

It's that time of year again. Your immunity, good health and general well-being are being challenged everyday in everyway! Back-to-school stress, coughing kids and sneezing co-workers make it essential to support your health. With more than 25 years of research, Essential Formulas' superior line of dietary supplements will ensure your good health this season.\*



**Dr. Ohhira's Probiotics**<sup>®</sup> is doctor recommended to promote superior digestion, support absorption of other vitamins and minerals AND promote a healthy immune response for optimal whole health. Unlike other products that simply contain billions of non-native bacteria, Dr. Ohhira's Probiotics<sup>®</sup> award-winning formulas provide the restorative biogenic ingredients needed to support your exclusive probiotic fingerprint. Winner of seven "Best of Supplements" awards, it is certified AVA Vegetarian, dairy free, gluten free and non-GMO.\*

Dr. Ohhira's Propolis PLUS® utilizes only the most potent Brazilian Green Propolis (a highly antimicrobial substance created by bees) which demonstrates a powerful ability to support a healthy immune system. Propolis is paired with antioxidant astaxanthin, Dr. Ohhira's revolutionary probiotic extract, Vitamin E and flax oil. This creates a synergetic combination that provides complete antioxidant and immune system support and supports whole health and energy. Propolis PLUS® is certified AVA Vegetarian, dairy free, gluten free and non-GMO.\*





Ensure your good health this season with Reg´Activ® Immune & Vitality™ This formula contains a revolutionary probiotic blend of *Lactobacillus fermentum* ME-3 and KP08. Immune system cells depend on glutathione's antioxidant support and ME-3 is the ONLY probiotic proven to produce glutathione from within the body. KP08 promotes the balanced production of interferon-alpha, which in turn supports a healthy immune response. The two probiotic strains deliver synergetic effects including a core energy boost and unparalleled immune system support.\*

# **ESSENTIAL FORMULAS®**



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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **?**



#### Who would benefit from this supplement?

• Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion.

#### **Ingredients:**

Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

#### **Dosage: Preventative:**

Begin use 2-4 weeks before the onset of the allergy season by taking Allergy Complex 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

#### **Complimentary Formulas:**

- Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech™ Liver Support along with Allergy Complex.
- Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Tumeric treats liver deficiency which almost all hay fever is a symptom of. By treating the underlying constitutional predisposition, Phyto-Tech™ Allergy Complex can work deeper.

(Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

#### **American Ginseng**

American Ginseng is an adaptogenic, immunesystem modulating herb, enhancing stamina and energy.

American Ginseng 1:3 - 1 fl oz - Product Code: 56981 60 Veggie Caps - Product Code: 60122

#### **Ingredients:**

Phyto-Tech™ American Ginseng 1:3 contains certified organic

American Ginseng (Panax quinquefolium), 333 mg/ml. Also available in a vegetarian capsule form. Each Phyto-Tech™ American Ginseng veggie cap contains 400 mg of certified organic American Ginseng Root.

American Ginseng is a classic adaptogen herb with systemic action. It increases resistance to illness and environmental stresses, improving vigor, vitality, and energy.

American Ginseng does not treat disease directly, but strengthens the body's ability to adapt to stress and therefore may help to avoid acute episodes from manifesting when one is dealing with a chronic disease.

American Ginseng is especially helpful during the later stages in life, the effects of years of stress, wear and tear on the body begin to manifest themselves.

#### Who would benefit from this supplement?

- Those who are beginning to notice the signs of aging.
- Those who feel depleted and are low on passion or vital energy.
- Those who fear working too hard and burning out.
- Those who feel that they are under too much stress, and it is affecting their general health.
- Those who participarte in athletics, and want to boost energy and stamina.
- Those who want to fight the aging process. Those who are elderly, and feel rundown and mildly depressed.

#### **Dosage**

20-40 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer).

#### **Complimentary Formulas:**

• For the elderly, Phyto-Tech™ Ginkgo Biloba Leaf 1:1.5 works well with American Ginseng, especially if mild depression is a problem.

#### **Antiox Phyto Blend**

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a convenient liquid extract.

1 fl oz - Product Code: 57551

#### Who might benefit from this supplement?

• Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "antiaging" supplement regimen.

#### More specifically, this herbal supplement might benefit:

- Those who desire protection against everyday toxins—dietary, environmental and chemical.
- Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifecture.
- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune
- disease, cognitive impairment, Alzheimer's disease, immur dysfunction, cataracts, and macular degeneration.

   Those who want to live a longer, healthier life.

  Phyto Toch ™ Antiox Phyto Bland is a mixture of powerful.
- Phyto-Tech™ Antiox Phyto Blend is a mixture of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients:

... continued on page 15

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# **Naturally Lower Blood Pressure With Olive Leaf Extract**

Olive leaf contains natural antioxidant polyphenols with health benefits. In this study, 60 pre-hypertensive men, with systolic blood pressure of 121 to 140, and diastolic pressure of 81 to 90, took 142 mg of olive leaf extract polyphenols per day or a placebo, in alternating six-week phases.

While the placebo group did not improve, the olive leaf group saw daytime and 24-hour systolic blood pressures decline by 3.95 and 3.33 mmHg, respectively, and the same readings for diastolic pressures decline by 3.0 and 2.42 mmHg. Total and LDL cholesterol and triglycerides also declined for olive leaf, and a sign of inflammation, interleukin-8, was also slightly lower.

The improvements in total and LDL cholesterols could reduce chances for heart and circulatory events by 4.2 to 9.75 percent, and the blood pressure improvements could lower chances of heart disease 9 to 14 percent. Stroke and heart events could also be 20 to 22.5 percent less likely, doctors said.

(Reference: European Journal of Nutrition; 2017, Vol. 56, No. 4, 1421-32)

It should be pointed out that olive oil and olive leaf are two different substances. While olive oil is used as a food (although it also has medicinal value), olive leaf is primarily used medicinally, or as a tea.

According to Natural Medicines TRC online database, here is a comprehensive listing of the possible uses of the two substances:

#### Olive Oil

Orally, olive oil is used for cardiovascular disease, hypertension, hypercholesterolemia, and diabetes. Olive oil is also used orally for breast cancer, rheumatoid arthritis (RA), migraine headache, firming the breasts, treating bile duct and gallbladder inflammation, gallstones, jaundice, flatulence, and meteorism (swelling of the abdomen due to intestinal or peritoneal gas). It is also used orally for preventing colorectal cancer, as a mild laxative for constipation, and for Roemheld's syndrome. Some people also use olive oil to boost bacteria in the gut and as a "cleanser" or "purifier."

#### Olive Leaf:

Orally, olive leaf is used for treatment of viral, bacterial, and protozoal conditions including influenza, swine flu, the common cold, meningitis, Epstein-Barr Virus (EBV), encephalitis, herpes, shingles, HIV/ARC/AIDS, chronic fatigue, and hepatitis B. Olive leaf is also used for pneumonia; tuberculosis (TB); gonorrhea; malaria; dengue; bacteremia; severe diarrhea; blood poisoning; and infections including dental, ear, urinary tract, and surgical infections. Other uses include

hypertension, diabetes, allergic rhinitis, improving renal and digestive function, and as a diuretic and antipyretic.

Olive Leaf Extract is available in the Willner Chemists Phyto-Tech supplement line. It is the appropriate product for use when the "leaf" is desired. A copy of the product monograph is provided below for your convenience:

# Who might benefit from this herbal supplement?

- Those in need of enhanced immune support;
- Those with hypertension (high blood pressure):
- Those with blood sugar swings;
- Those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

Phyto-Tech Olive Leaf 1:2 contains Olive Leaf (Olea europaea), 250 mg/ml, Pure Grain Alcohol, Deionized Water. Certified Organic.

**Dosage:** 20-40 drops, 2-3 times per day or as needed in juice or water.

#### Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.

Liquid 1 fl oz Product Code: 56958

The pharmacist and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.

# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🥞



Phyto-Tech<sup>™</sup> Antiox Phyto Blend contains the following: Acai Berry 4:1, Mangosteen Extract, Goji Berry Extract, Pomegranate 40%, Glycerin Vegetable, Water Pure Deionized, Raspberry Flavor Natural.

Acai Berry (Euterpe oleraceae) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in The Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apostisis in up to 86 percent of leukemia cells tested.

Mangosteen (Garcinia magostana) is a plant native to Southeast Asia. Studies reveal that xanthones from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti?inflammatory properties. In one study mangosteen's xanthones significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthones from mangosteen inhibit the activities of COX?1 and COX?2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (Lycium barbarum) polysaccharides exhibit antitumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysacharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without

the Goji Berry supplement had only a 16.1 percent response rate. Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterifed zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging.

Pomegranate (Punica granatum) contains thousands of phytochemicals including anthocyananins, ellagic acid derivatives, catechins and procyandins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

#### **Antiox Phyto Complex II**

Some of the most powerful, broad-spectrum antioxidants are those found in plants.

This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength Veggie Cap.

> New, High Potency 375 mg Veggie Caps 90 Veggie Caps - Product Code 63745

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most

#### Who might benefit from this herbal supplement?

- Those who desire protection against everyday toxins dietary, environmental and chemical.
- Those with cardiovascular problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune
- dysfunction, cataracts, and macular degeneration. Those who want to live a longer, healthier life.

#### **Ingredients:**

Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

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Offer available 01/02/18 - 02/09/18



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO TREAT, DIAGNOSE, CURE, OR PREVENT ANY DISEASE.

# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Cautions: Pregnancy, Nursing

#### **Dosage**:

Take one 375 mg veggie capsule once or twice a day. **References:** 

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The powerful antioxidants in Green Tea may help fight the free radicals that contribute to skin, lung, and stomach cancer as well as contribute to lowered blood pressure and LDL cholesterol. Green Tea is rich in a type of polyphenol called catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C

and E. These catechins include four major polyphenols including epigallocatechin gallate (EGCG), epicatechin gallate (ECG), epigallocatechin (EGC) and epicatechin (EC). Of these compounds EGCG is the most abundant in green tea and has generated the most interest. Peer?reviewed scientific research has consistently shown that EGCG is a potent antioxidant, deactivating health-damaging free-radicals. By virtue of its antioxidant effects EGCG has been shown to exert a number of beneficial activities, such as reducing inflammation, and normalizing cell and tissue functions. In promoting cardiovascular health EGCG has been shown to inhibit free-radical activity in the arteries, improving coronary circulation. Other studies have shown that ECGC has a benefit in normalizing blood glucose and protecting the pancreas from oxidative damage, as well as in boosting metabolism and burning fat. Green tea catechins and ECGC in particular have also been shown to naturally support detoxification and the elimination of toxic substances from the body while protecting the liver.

Grape skin and grape seed extracts are anti-inflammatory and radioprotective. They are abundant in a group of polyphenols called procyanidins. Procyanidins are strong antioxidants, lipid peroxidation inhibitors, and free radical scavengers. Procyanidins have antimutagenic effects, meaning they can counteract environmental mutagens, which are thought to be one of the causes of chronic degenerative diseases. Procyanidins also increase circulation making them helpful for conditions such as venous insufficiency (a condition in which the veins have trouble sending blood from the legs back to the heart). A placebo controlled study showed that treatment with procyanidins improved venous functionality and reduced pain, cramps, edema and paresthesias (tingling). Due to procyanidins positive effects on circulation, grape skin and seed extracts are helpful for numerous vision disorders. Studies show treatment with procyanidins from the extracts

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# Fenugreek and Menopause

Eenugreek contains estrogenic isoflavones and diosgenin, a phytosteroid similar to estrogen. Declining estrogen levels are the cause of menopausal symptoms. Earlier studies have found fenugreek may influence hormonal activity, leading doctors to believe it may have a beneficial effect on menopausal symptoms. In this study, 104 healthy women took 300 mg of fenugreek seed extract twice per day, or a placebo.

After 12 weeks, while the placebo group had not improved, those taking fenugreek seed extract saw significant reductions in menopausal symptoms including daytime hot flushes and night sweats, improvements in mood and irritability, and fewer physical and sexual symptoms.

(Reference: Phytotherapy Research; July, 2017, Published Online)

#### Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused more on its apparent hypoglycemic actions.

Liquid 1 fl oz Product Code: 57081

90 Veggie Caps Product Code: 67458 Fenugreek has other uses as well. It is available from the Willner Chemists Phyto-Tech line in both liquid and capsule form. Part of the fenugreek monograph in the Phyto-Tech reference section is reprinted below for your convenience:

#### Who might benefit by taking this herb?

- Those with Type 2 diabetes, blood sugar swings, insulin resistance.
- Those with high cholesterol, artherosclerosis, high triglycerides and digestive problems.

*Ingredients:* Each I ml (30 drops) of liquid extract contains 333 mg of full spectrum, organic Fenugreek Seed (Trigonella foenumgraecum); Each veggie cap contains 575 mg of full spectrum, organic Fenugreek Seed.

*Indications*: Fenugreek, native to Asia and Southeastern Europe, has a long history of use as both a spice and a medicine. The seeds are composed of fiber, primarily the water-soluble fiber galactomannan, proteins, lipids, steroidal saponins, alkaloids, and C-glycoside flavones. The taste and odor of Fenugreek resembles maple syrup.

Animal and human studies have shown Fenugreek reduces blood glucose levels by slowing absorption of sugars in the stomach and stimulating insulin production. Patients with mild diabetes taking Fenugreek were able to reduce or stop drug therapy due to better blood glucose control. Fenugreek fiber supplementation was found to reduce hunger, increase satiety and the postprandial insulin response in obese subjects. It also has been shown to reduce serum cholesterol and in patients with hypercholesterolemia. Taking Fenugreek seed powder capsules reduced total cholesterol and low-density

Additional Comments from Don Goldberg

Fenugreek helps stimulate milk production in lactating women. Research has shown it can increase milk production within 24 to 72 hours of consumption. It can also stimulate uterine contractions and induce labor, therefore it is not recommended during pregnancy.

lipoprotein (LDL) cholesterol.

The mucilage in Fenugreek seeds helps soothe the gastrointestinal tract by coating the lining of the stomach and intestines. This makes it helpful for a variety of digestive disorders including indigestion, constipation, and gastritis (inflammation of the stomach).

According to Nutrition Focus, "Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are thought to account for many of the beneficial effects of

fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate atherosclerosis and non-insulindependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and non-insulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL ("good") cholesterol levels.

Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

**Dosage:** For the liquid extract, 30 drops up to three times per day, in water or juice, or as directed. For the veggie cap, take one capsule, 1 or 2 times daily, or as directed..

**Caution:** Do not use during pregnancy. Possible interaction with blood-thinning medications. Take 2 hours before of after taking medications. Keep out of the reach of children.



Magnesium Bisglycinate Chelate (Albion Labs)

68131 Magnesium Bisglycinate Chelate (Albion Labs)



Healthy Origins® Magnesium Bisglycinate Chelate is produced using patented chelation technology from the world leader in amino acid chelate nutrition; Albion Laboratories®. The scientists at Albion® have found a way to substantially increase the bioavailability of elemental magnesium by bonding it with the amino acid glycine. Amino acids are easily identified and assimilated by the body, so glycine has shown tremendous abilities as a carrier for the magnesium into the intestinal wall.\*

Retail:

\$ 24.99

120 Tabs

360 Tabs \$ 59.99

Sale Price

\$ 16.24

Magnesium has emerged as one of the most noteworthy supplements due to a copious amount of research demonstrating its wide range of health benefits for the body. However, even with a mountain of documented research behind it, magnesium deficiency still plagues the majority of the world's population. Magnesium

# Supplement Facts Serving Size: 2 Tablets Servings Per Container: 180 Amount Per Serving % DV Magnesium (elemental) 200 mg 50%

(from 2,000 mg of magnesium bisglycinate chelate)

Willner

Code:

68130

deficiency can be directly linked with a myriad of health issues, so ensuring that your body is receiving enough dietary magnesium is of paramount importance. Thankfully, magnesium deficiency can be easily alleviated by adding supplemental magnesium into your diet. Although, with so many different magnesium products to choose from which one should you take? Fortunately, there is one magnesium product that reigns supreme over all the rest - Magnesium Bisglycinate Chelate.\*

- **100% Fully Reacted** Not Buffered.
- Superior Absorption and Bioavailability supported by clinical trials.\*
- Gentle on the Digestive System does not ionize in the gut.\*
- 🦱 Suitable for Vegetarians & Vegans.
- 🛑 Supports Cardiovascular & Neurological Health.\*
- Non-GMO & Soy Free

Also available in a powder form.



-	Code:	Magnesium Bisglycinate Chelate (Albion Labs)	0.05		Sale Price
	03491	Magnesium bisglycinate Chefate (Albion Labs)	o uz.	\$ 49.99	\$ 19.49



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Healthy Origins®
Healthy Value from Reliable Origins

Toll-Free 888-228-6650 Fax 412-220-8760 P.O. Box 12615 Pittsburgh, PA 15241-0615

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease



# Nothing beats feeling Alive!



Made with Vitamins, Minerals, Orchard Fruits, Garden Veggies, B-Vitamins & More

Look for our complete line of Alive! formulas available in Adult, Women's, Women's 50+, Men's, Men's 50+ & Children's.

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡Alive!\* Multi-Vitamins provide 60 – 200 mg fruit/vegetable powder per serving.

# NEWCHAPTER.

MULTIVITAMINS | CALCIUM | HERBALS | FISH OIL

# WELLNESS

# — is in our nature —

Introducing a new chapter in holistic wellness—Fermented Booster Powders that bring pure and potent herbs to smoothies and more. Our unique 2-step fermentation method makes the herbs easily digestible and unleashes immune-boosting beta glucans.\* Our science proves what nature always knew—that wellness is in our nature. With New Chapter,® you'll feel it.



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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🗧



increase resistance to glare, decrease ocular stress from prolonged activity at a computer and improve contrast sensitivity, retinal function and sensitivity in myopia (nearsightedness).

#### **Complimentary Products:**

- Phyto-Tech™ Antiox Phyto Blend, liquid herbal extract
- Phyto-Tech™ Green Tea Guo, regular and peach flavored

#### **Anxiety Complex**

# This is a calming, soothing and relaxing formula that focuses on emotional stress.

1 fl oz - Product Code: 57014

Phyto-Tech™ Anxiety Complex is a blend of herbs with antianxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and sooth the mind when going through difficult times emotionally and mentally, but it does not interfere with collgnitive function, allowing you to stay alert and think clearly.

#### Who would benefit from this supplement?

- Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression.
- Those who need to remain clear headed, but also need a calming and soothing effect.
- Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

#### Ingredients:

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

#### **Dosage**

Acute short-term need: 2-4 squirts every hour as needed. Anxiet-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses.

Tonic long-term need: 30-60 drops 2-3 times per day.

#### **Complimentary Products:**

These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

- If mild depression accompanies anxiety, consider St. John's Complex or St. John's Wort.
- If an over-all calming, sedating action is needed, consider Phyto-Tech  $^{\text{\tiny TM}}$  Relax PM.
- If exhaustion is present, consider Phyto-Tech<sup>™</sup> Adaptogen
   Complex or Phyto-Tech<sup>™</sup> Ginseng Energy Blend.
- If body pain is present, consider Phyto-Tech™ MuscleGesic.

#### **Arnica Oil 1:6 Topical**

#### A popular first-aid remedy for trauma, injuries.

1 fl oz - Product Code: 57082

Arnica is the pre-eminent remedy for trauma, injuries, and accidents and is a common part of first aid kits and home medicine cabinets. This topical oil is massaged into painful tissue that has been traumatized from an accident, athletic event and overexertion. Massage Therapists and Chiropractors commonly use arnica oil on muscle and joints that are problematic in order to disburse congested fluids in a painful area.

It is thought that Arnica works as a fluid transport stimulating herb. It moves interstitual fluids through ischemic tissue. Ischemic tissue is tissue that has diminished oxygen content because of restricted blood and fluid flow. This action by Arnica on the painful tissue helps it heal and stop the pain cycle. As a result of the increased circulation, cellular waste is removed, bruises clear up, pain diminishes, tissue heals, tissue oxygenates and recovery time is significantly reduced. Athletes find arnica reduces potential for injury, reduces recovery time from injury and bruising.

Arnica Topical Oil is great for the daily bumps and bruises inevitable in life and especially childhood. It is safe for kids. **Ingredients:** 

Phyto-Tech™ Arnica Oil 1:6 Topical contains the following: Arnica montana Flowers (Wild Harvested), Sage Essential Oil, Extra Virgin Cold Pressed Olive Oil,

Note: First extracted in alcohol and oil to maximize potency, then the alcohol is removed.

**Special Note:** Most Arnica on the market is "Mexican" Arnica. This is commonly Heterothica inuloides, an adulterant and is not true Arnica. The Vitality Works Arnica products are made from the true European Arnica montana.

Cautions: Do not apply to open wounds, ulcerations or on areas prone to bleeding; Do not take internally; Discontinue use if very sensitive skin results in a rash.

#### **Complimentary Formulas and Single Herbs:**

- Phyto-Tech™ MuscleGesic, an oral formula for muscle and general body pain, inflammation
- Phyto-Tech<sup>™</sup> Comfrey Root 1:3 (to promote healing of breaks, fractures, sprains, cuts, lesions)
- Phyto-Tech<sup>™</sup> Valerian Root 1:2 (for severe pain)
- Phyto-Tech™ St. John's Wort 1:2 (if nerves are very sensitive or painful)

#### Dosage

Massage into effected areas as needed. Repeat 2-3 times per day or as needed.

Arnica works best if applied in full concentration to the problematic area. It is less effective if applied all over the body as massage oil. Use a different oil for a massage (i.e. almond oil) and arnica on the painful area.

#### **Ashwagandha Root**

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy. Fresh ground vegetarian capsule and liquid herbal extract.

... continued on page 22

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



# **New Studies Show Herbs Reduce Menopausal Symptoms**

#### Red Clover and Probiotics.

The red clover plant contains isoflavones that have estrogenic effects on the body. Earlier studies found red clover may be beneficial in menopause heart and bone health concerns, but research on hot flushes has been inconsistent.

In this study, 59 peri-menopausal women, aged 40 to 65, who reported having five or more hot flushes per day, took a placebo or a liquid red clover extract containing 34 mg of isoflavones plus a lactic acid probiotic, per day.

After 12 weeks, while the placebo group had not improved, for those taking red clover, doctors measured over a 24-hour period a significant drop in sweat gland activity on the skin; a primary sign of hot flushes. The women taking red clover also reported three fewer hot flushes per day compared to nearly no reduction for placebo.

Discussing the findings, doctors said that moderate doses of red clover isoflavones with probiotics can safely reduce the physical and self-reported symptoms of menopause.

(Reference: PLoS One; June, 2017, 0176590, Published Online)

#### Fennel

Fennel, the licorice-flavored herb, has phytoestrogens that effectively treated menopause symptoms in earlier studies. In this study, 59 women within the first five years of menopause took 100 mg of fennel twice per day or a placebo.

After eight weeks, while the placebo group had not improved, women taking fennel saw menopause symptom scores cut in half, from 20 to 9.35, on the Menopause Rating Scale (MRS). The MRS considers symptoms including anxiety, depression, fatigue and irritability, as well as sweating, hot flashes, heart complaints, sleep disorders, and joint, muscle, urinary, and sexual symptoms. An MRS score of 44 means the most severe symptoms, and a score of zero is no symptoms

(Reference: Menopause: Vol. 24, No. 9, 1017-21)

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.

# Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

#### The Phyto-Tech™ Green Tea Guo

formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

#### Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech<sup>TM</sup> Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech<sup>TM</sup> Green Tea Guo preparations are alcohol free. One is naturally peach flavored.



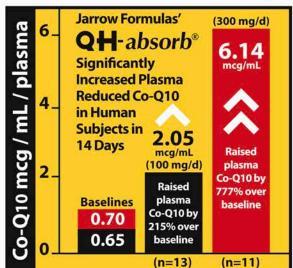
Also available in a veggie cap.
Each Phyto-Tech Green Tea capsule
caontains Green Tea Extract (98%
polyphenols, 50% EGCG) 250 mg, and full
spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944 2 fl oz ~ Regular Flavor - Code: 57098 1 fl oz ~ Peach Flavor - Code: 56998 90 Veggie Caps - Code: 60126



# **QH**-absorb<sup>®</sup> delivers Co-Q10 benefits in LESS time and at HIGHER levels!

DIETARY



QH-ABSORB $^\circ$ , 100 MG, 60 SOFTGELS - JRW53091 QH-ABSORB $^\circ$ , 100 MG, 120 SOFTGELS - JRW59922 QH-ABSORB $^\circ$ , 200 MG, 30 SOFTGELS - JRW55162 QH-ABSORB $^\circ$ , 200 MG, 60 SOFTGELS - JRW59935 QH-ABSORB $^\circ$  + PQQ, 30 SOFTGELS - JRW63121

Our clinical studies confirm that 300 mg of our proprietary QH-absorb® per day raised plasma Co-Q10 levels by 777% over baseline in humans. This represents the greatest increase in Co-Q10 levels ever achieved.\*

Co-Q10 plays an essential role in the production of energy in every cell in the human body, but standard Co-Q10, ubiquinone, must be reduced to ubiquinol to be physiologically active.\*

Jarrow Formulas® QH-absorb® is the "reduced" – antioxidant-form of Co-Q10 that is proprietary, stabilized and ready for absorption!\*

Jarrow Formulas® QH-absorb® offers tremendously improved bioavailability over all other tested Co-Q10 supplements, both ubiquinone and ubiquinol.\*

# www.Jarrow.com



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# Pro

## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **₹**



Ashwagandha Root 1:1.5 - 1 fl oz - Product Code: 57008 90 Veggie Caps - Product Code: 67465

#### Who would benefit from this supplement?

• Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders.

Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, "yang" or simulating than Panax ginseng. Ashwagandha is known as the "Ayurvedic" Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand.

It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

#### **Ingredients**:

Phyto-Tech™ Ashwagandha Root Liquid Extract contains the following: Fresh Organic Ashwaganda Root (Withania somnifera), Grain Alcohol, Deionized Water.
Phyto-Tech™ Ashwagandha Root Veggie Caps contain, in

each capsule, Organic Ashwagandha Root, 380 mg and selectively imported Ashwagandha Root Extract (1.5% Vithanaloids), 95 mg. The capsule contains modified vegetable cellulose. *Certified organic*.

#### Dosage

Liquid Extract: 30 drops, 1-3 times per day or as directed in juice or water. Capsule: 1 veggie cap, 1-3 times a day. The fluid extract may contain a smal amount of herbal precipitate due to the strength of the preparation.

#### **Complimentary Formulas:**

- Phyto-Tech™ Adaptogen Complex
- Phyto-Tech™ Ginseng Energy Blend

#### **Astragalus Root**

As a long term tonic, Astragalus helps boost deep immunity and resistance.

Astragalus Root 1:3 - 1 fl oz - Product Code: 56949 Astragalus Root, 460 mg 90 Veggie Caps - Product Code: 60340

#### Who would benefit from this supplement?

• Those who get sick easily or suffer from chronic health problems. It is especially useful for those undergoing chemotherapy.

"You may already be accustomed to taking echinacea at the first sign of a cold or flu, or when people around you are getting sick. How is astragalus different? Like echinacea, Astragalus not only helps prevent colds and flu but shortens the course of a bug once it has set in. Astragalus can also be used as a long-term preventive and restorative herb, both to prevent illness and to renew energy and vitality once an acute illness hs passed. Scientific evidence salso suggests that astragalus may be one of the most important herbs for strengthening the immune system against serious diseases, including cancer." (McCaleb, Robert, et al, The Encyclopedia

of Popular Herbs, The Herb Research Foundation, Prima Health, 2000)

# The indications listed for Astragalus include the following:

• Colds and flu, chronic respiratory problems such as bronchitis, digestive ailments, susceptibility to infectious disease, recovery after illness, general weakness and fatigue, cancer.

The active constituents include polysaccharides (glucans), saponins (astragalosides), flavonoids and phytosterols, all of which contribute to the positive actions of Astragalus. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. It appears to help trigger immune cells from a "resting" state into heightened activity. One study showed Astragalus root helps promote and maintain respiratory health. It also enhances the body's production of immunoglobulin and stimulates macrophages. Astragalus can help activate T-cells and natural killer (NK) cells. Astragalus stimulated NK-cell activity of human peripheral blood lymphocytes and restored steroid-inhibited NK-cell activity in another study.

Traditionally, many herbalists feel Astragalus is best used when not acute. In other words, use it in between acute episodes in order to boost immunity and avoid frequent acute episodes. Astragalus is indicated for those who get sick frequently, for illnesses that do not resolve in a reasonable time, for those who get sick time after time. It is also indicated for those using antibiotics frequently. Think of it as an herbal flu shot, so take it before the immune season begins, especially for the elderly, the young and the immune suppressed.

#### Dosage:

20-60 drops, 2-3 times per day or as needed in juice or

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# EPA-DHA, Alzheimer's and Brain Blood Flow

Should older patients, including those experiencing symptoms of early dimentia or Alzheimer's disease, take omega-3 (EPA-DHA, fish oil supplements)?

For numerous reasons, I think the answer is yes, but not all physicians agree. Perhaps the following study, published in the Journal of Alzheimer's Disease, will help them decide.

This is one of the first studies to explore the effects of omega-3s on cognition and brain physiology. In the study, doctors divided 166 participants into low- and high-levels of the omega-3s EPA and DHA. Researchers then scanned 128 regions of each participant's brain, and everyone completed computerized tests of memory and cognition.

As blood flow to the brain-and levels of omega-3s in the brain-increased, participants did better on tests of cognition and memory. Doctors said the findings revealed a direct link between lower omega-3 levels and reduced brain blood flow to regions important for learning, memory, depression, and dementia.

For those who would like more technical information, here is an abstract of the actual study:

Abstract: Background: The interrelationships between omega-3 fatty acids status, brain perfusion, and cognition are not well understood. Objective: To evaluate if SPECT brain imaging of cerebral perfusion and cognition varies as a function of omega-3 fatty acid levels. Methods: A random sample of 166 study participants was drawn from a psychiatric referral clinical for which erythrocyte quantification of omega-3 eicosapentaenoic acid (EPA) plus docosahexaenoic acid (DHA) (the Omega-3 Index) was available. Quantitative brain SPECT was done on 128 regions based on a standard anatomical Atlas. Persons with erythrocyte EPA+DHA concentrations were dichotomized based on membership in top 50th percentile versus bottom 50th percentile categories. Two-sample t -tests were done to identify statistically significant differences in perfusion between the percentile groups. Partial correlations were modeled between EPA+DHA concentration and SPECT regions. Neurocognitive status was assessed using

computerized testing (WebNeuro) and was separately correlated to cerebral perfusion on brain SPECT imaging and omega-3 EPA+DHA levels. Results: Partial correlation analyses showed statistically significant relationships between higher omega-3 levels and cerebral perfusion were in the right parahippocampal gyrus (r?=?0.20, p?=?0.03), right precuneus (r?=?0.20, p?=?0.03), and vermis subregion 6 (p?=?0.21, p?=?0.03). Omega-3 Index

levels separately correlated to the feeling subsection of the WebNeuro (r?=?0.25, p?=?0.01). Conclusion: Quantitative omega-3 EPA+DHA erythrocyte concentrations are independently correlated with brain perfusion on SPECT imaging and neurocognitive tests. These results have implications for the role of omega-3 fatty acids toward contributing to cognitive reserve.



(Reference: Journal of Alzheimer's Disease; 2017, Vol. 58, No. 4, 1189-99. Quantitative Erythrocyte Omega-3 EPA Plus DHA Levels are Related to Higher Regional Cerebral Blood Flow on Brain SPECT. Amen, Daniel G. | Willeumier, Kristen | Omalu, Bennet | Newberg, Andrew | Raghavendra, Cauligi | Raji, Cyrus A.)

## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



water.

Phyto-Tech™ Astragalus Root 1:3 contains Astragalus membranaceus, 333 mg/ml, certified organic.

#### **Complimentary Formulas:**

• Phyto-Tech™ Immune Complex

#### **Attention Complex**

This "Child Friendly" supplement supports healthy attention and concentration.

1 fl oz - Product Code: 57030

#### Who would benefit from this supplement?

• Children who suffer from ADHD, ADD, poor concentration and focus, stress, fatigue and mental exhaustion.

Phyto-Tech<sup>™</sup> Attention Plus is effective for increasing cognitive ability, helping attention, memory and focus, increasing concentration capacity, reducing mental fog and alleviating stress and fatigue. It can be helpful for those who have Attention Deficit Hyperactivity Disorder (ADHD), which affects one's ability to pay attention, stay still, and/or control their impulses.

#### **Ingredients:**

Phyto-Tech™ Attention Complex contains the following herbs Ginkgo biloba Leaf, Gotu Kola Leaf, Licorice Root, Lobelia Herb and Rhodiola Root.

See label for age-adjusted dosage guidelines.

#### Bacopa

Bacopa has been used in Ayurvedic medicine as a brain tonic, sedative and anti-epileptic. It enhances cognitive function while, at the same time, reducing anxiety.

90 Veggie Caps - Product Code: 67469

#### Who might benefit from using this supplement?

- Those who suffer from poor mental function, memory problems, learning disabilities
- Those who also suffer from anxiety and depression

Each veggie cap contains the following: Organic Bacopa Herb (Bacopa monnieri) - 300mg, and Selectively Imported Bacopa Herb Extract (20% Bacosides) - 100mg The vegetarian capsule contains: Modified Vegetable Cellulose

#### **Properties:**

Traditionally, Bacopa exerts the following actions:

• Antioxidant, Adaptogenic, Nervine

#### Indications:

Bacopa, also known as Brahmi, has been used in Ayurvedic medicine for hundreds of years as a brain tonic, sedative, and anti-epileptic. Bacopa is unique in that it enhances cognitive function, while simultaneously reducing anxiety. This makes it an ideal herb for students, those with mentally challenging jobs, children and adults with learning disabilities, and the elderly experiencing mental decline.

Current research on Bacopa supports its ability to enhance memory, learning and concentration and to reduce anxiety and depression. Its constituents are lipophilic and have the ability to cross the blood brain barrier, which accounts for its actions on cognition. Bacosides have been identified as the main active constituents of the herb responsible for its positive influences on brain function. Bacosides enhance nerve impulse transmission and help repair damaged neurons by increasing kinase activity, neuronal synthesis, and synaptic activity. The antioxidant activity of Bacopa plays a key role in its influence on cognition. Research shows it appears to prevent DNA damage in the brain and modulate expression of enzymes that fight reactive oxygen species.

Bacopa also has a stimulatory effect on thyroid function and

has been shown to increase production of T4 (thyroxine), a thyroid hormone. This can positively affect fatigue issues.

#### Complimentary Formulas & Single Herbs:

- B-Complex Vitamins(Nutritional support and energy)
- Brain Bio Boost Complex (formula to support cognitive function)
- Turmeric Root 1:1.5 (Antioxidant support)

#### Dosage:

Take 1 cap, 1-2 times per day.

#### **Bilberry**

Bilberry is a powerful antioxidant, and is traditionally used to support eye health and visual function.

Liquid Extract - 1 fl oz - Product Code: 57043

#### **Bilberry Standardized &**

#### **Full Spectrum**

Also available as a standardized (25% Anthocyanidin) extract, 50 mg, in a base of full spectrum 250 mg Bilberry Leaf

(Wild Harvested) in a Veggie Cap formulation

60 Veggie Caps - Product Code: 60119

#### Who would benefit from taking this herbal supplement?

• Those who are concerned about possible eye or vision problems, including macular degeneration, cataracts.

Billberry contains potent antioxidants that protect and improve micro-circulation, that is, the circulation of blood through the capillaries. These antioxidant pigments, called anthocyanosides or anthocyanins, are similar to those found in red grape skins. Anthocyanosides protect cells in the

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# Willner Chemists Phyto-Tech ™ Herbal Supplements

Willner Chemists has offered stevia as a liquid herbal concentrate, providing

Stevia Leaf Extract, standardized to 90% Steviosides, in 1, 2 and 4 oz sizes:

Phyto-Tech™ Stevia Extract 90

1 fl oz - Product Code: 56943 2 fl oz - Product Code: 56940

4 fl oz - Product Code: 56942

Now, Willner Chemists is pleased to offer six new stevia leaf extracts, in flavored form:

> Phyto-Tech™ Stevia Extract - Chocolate 2 oz, Alcohol Free - Product Code: 60140 Phyto-Tech™ Stevia Extract - Cinnamon 2 oz, Alcohol Free - Product Code: 60139 Phyto-Tech™ Stevia Extract - Lemon 2 oz, Alcohol Free - Product Code: 60141 Phyto-Tech™ Stevia Extract - Orange 2 oz, Alcohol Free - Product Code: 60144 Phyto-Tech™ Stevia Extract - Peppermint 2 oz, Alcohol Free - Product Code: 60143 Phyto-Tech™ Stevia Extract - Vanilla 2 oz, Alcohol Free - Product Code: 60142

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

To listen to an interview on stevia and other therapeutic herbal supplements, go to www.willner.com and look up the May 22, 2011 Willner Window Radio Program

# tevia Extracts

#### New Flavors Now Available!

Extracts of leaves from Stevia rebaudiana have been used for many years in traditional treatment of diabetes in South America. Various compounds in stevia has been concentrated, and used as natural sweeteners. These compounds possess up to 250 times the sweetness intensity of sucrose, and they are noncaloric and noncariogenic. Stevioside, a natural plant glycoside isolated from the plant Stevia rebaudiana, has been commercialized as a noncaloric sweetener in Japan for more than 20 years. Some studies have shown that stevia may be beneficial to those with hypertension, and those with type-2 diabetes.

Dosage: Add 2-8 drops, as needed. Each ml is equivalent to 300 mg of Stevia.

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin,

Suggested Use:

STEVIA

Chocolate

HERBAL SUPPLEMENT 2 ft oz (59 ml)

As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

Visit our website for more information or

to place an order: www.willner.com





The Nutritional Supplement Professionals

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.



# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



circulatory system, keeping them more flexible to provide better flood flow and oxygen to capillary-rich organs such as the retina of the eye. Researchers have also found that bilberry affects enzymes responsible for energy production in the eye, which is especially important to good vision under poor light conditions, including night vision.

"Bilberry extract and bilberry constituents appear to improve circulation in young and elderly people alike. Bilberry extract may be helpful in preventing many of the vision problems associated with aging. In combination with vitamin E, it can prevent cataracts; it can also prevent retinopathies (diseases of the retina), including diabetic retinopathy, and possibly even ordinary nearsightedness (myopia). Bilberry's ability to strengthen capillary circulation helps those who bruise easily, and bilberry extracts are even used before elective surgery to minimize bruising and excessive bleeding. Increasing capillary strength also helps in treating spider veins, varicose veins, and hemorrhoids." (McCaleb, Robert, et.al., The Encyclopdedia of Popular Herbs, The Herb Research Foundation, Prima Health,

#### **Ingredients:**

Each 30 drops contains 500 mg of certified organic Bilberry

#### **Black Cohosh Root**

This herb helps normalize the menstrual cycle and promote a healthy menopause.

> 1 fl oz - Product Code: 56969 90 Veggie Caps - Product Code: 60120

#### Who would benefit from taking this supplement?

• Women experiencing the following problems may find this herb helpful: PMS, menstrual cramps, uncomfortable menopausal symptoms.

Black Cohosh is considered by herbalists to be a distinctive woman's remedy. It stimulates delayed menses as an

emmenogogue while relaxing the muscles around the uterine area to help decrease menstrual cramps. It can help PMS symptoms and help to regulate a woman back into a more normal cycle. It can also help amenorrhea and dysmenorrhea. It is commonly combined with Chaste Tree Berry and Dong Quai Root.

It is also a famous remedy in menopause. German studies show that Black Cohosh will diminish the negative side effects of menopause by improving symptoms such as hot flashes, perspiration, heart palpitations, nervousness and irritability, sleep problems and depression. Research suggests estrogenic activity in the alcoholic extract, inhibiting LH but not follicle stimulating hormone. Some research refutes estrogen activity and suggests neurotransmitter interference. It either fools the pituitary from looking for leutinizing hormone or actually inhibits LH. This results in a decrease in the abovementioned symptoms and exerts a most positive effect on menopause.

#### **Ingredients:**

Each 30 drops of Phyto-Tech™ Black Cohosh contains 333 mg certified organic Black Cohosh Root. Also available in a veggie cap formulation. Each capsule contains 500 mg of Wild Harvested Black Cohosh Root.

Cautions: Pregnancy, Nursing. No known drug interactions. Since Black Cohosh is not actually estrogenic, it is NOT contraindicated in estrogen sensitive cancer.

#### Dosage:

FACIAL SCRUB POR MINIM

FACIAL TONER ROSE

MARULA OIL PURE

64274

15-30 drops 2-3 times per day or as needed in juice or water. Increase serving to 30-60 drops for acute cramping and lack of period during menses.

#### **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Chaste Tree Berries (to increase progesterone)
- Phyto-Tech<sup>™</sup> Menopause Complex (menopause formulas with black cohosh)
- Phyto-Tech<sup>™</sup> Menses Complex (PMS and cycle regulating formula with black cohosh)

#### **Black Walnut Hull**

## This herb is traditionally used to support intestinal

1 fl oz - Product Code: 56987

The Black Walnut used in this supplement is derived from the hulls while in their green state. This is when they are most

#### Who would benefit from this supplement?

- Those who are concerned about possible parasite, fungal or bacterial infections, including candidiasis;
- Those with gastrointestinal problems such as indigestion, diarrhea and constipation.

Fresh Black Walnut Hulls are harvested in their green state (before they blacken) where they are more potent. Black Walnut's two main active chemicals are juglone and tannins. Juglone is antibiotic and antifungal and has a normalizing effect on intestinal tissue Tannins are astringents that reduce secretions, relieve irritation and tighten tissues by shrinking the top layers of the skin. These properties led to the use of Black Walnut Hull for treating gastrointestinal problems such as indigestion, diarrhea and constipation. It is also considered a strong killer of fungal infections such as athletes' foot, Candida Albicans and other internal and topical fungal infections. It is a great addition to a Candida treatment protocol.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

12.99 12.99

15.95 15.95

2 Z LIQ 1 Z LIQ

LIQ



100	DO LIKES COSMETIC	CS			
67793	NEW ITEMS	EA		50.00	50.00
63343	CARROT SEED OIL CLD PR	17	OIL	15.99	15.99
4 L	IFE RESEARCH				
34547	TRANSFER FACTOR CLASIC	90	CAP	49.95	49.95
35249	TRANSFER FACTORS PLUS	60	CAP	59.95	59.95
A.0	C. GRACE				
53451	GRACE E UNIQUE 400 IU	120	SGC	42.95	38.65
53450	GRACE E UNIQUE 400 IU	30	SGC	11.95	10.75
55962	GRACE E UNIQUE LIQ 400	1 Z	LIQ	21.75	19.57
54938	GRACE E UNIQUE TOCOTR G	60	SGC	39.50	35.55
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AB	SORBAID				
29431	ABSORBAID	90	VCAP	19.99	15.99
29436	ABSORBAID	240	VCAP	39.99	31.99
29432	ABSORBAID PWD 300 GMS	300	PWD	44.99	35.99
AC	TIVZ				
63672	BEET JUICE PWD ORG	207	PWD	22.99	20.69
65646	COCONUT WATER ORGANIC	NIC	PWD	24.99	22.49
64969	GREEN SMOOTHIE POWDER	9 Z	PWD	42.99	38.69
65137	SILVER GEL LARGE	4 Z	GEL	24.95	22.45
65136	SILVER GEL SMALL	1.5	GEL	11.49	10.34
63673	WHEATGRASS JUICE PWD	114	PWD	15.99	14.39
AC	LIRE ORGANICS				
	URE ORGANICS	47	011	40.00	40.00
61817	ARGAN OIL MOR 100% ORG	17	OIL	12.99	12.99
61817 65302	ARGAN OIL MOR 100% ORG Body Lot Cocoa Butter	8 Z	GEL	9.99	9.99
61817 65302 64843	ARGAN OIL MOR 100% ORG Body Lot Cocoa Butter Body Lot Firming Lemon	8 Z 8 Z	GEL Lot	9.99 9.99	9.99 9.99
61817 65302 64843 62436	ARGAN OIL MOR 100% ORG Body Lot Cocoa Butter Body Lot Firming Lemon Body Lot Orange + Argan	8 Z 8 Z 8 Z	GEL Lot Lot	9.99 9.99 9.99	9.99 9.99 9.99
61817 65302 64843 62436 67377	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN	8 Z 8 Z 8 Z 2 Z	GEL Lot Lot Spy	9.99 9.99 9.99 12.99	9.99 9.99 9.99 12.99
61817 65302 64843 62436 67377 67374	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE	8 Z 8 Z 8 Z 2 Z 2 Z	GEL LOT LOT SPY SPY	9.99 9.99 9.99 12.99 12.99	9.99 9.99 9.99 12.99 12.99
61817 65302 64843 62436 67377	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN	8 Z 8 Z 8 Z 2 Z	GEL Lot Lot Spy	9.99 9.99 9.99 12.99	9.99 9.99 9.99 12.99
61817 65302 64843 62436 67377 67374 66355	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY ROSE BODY SPRAY DRY ROSE BODY WASH CELL STIMUL	8 Z 8 Z 8 Z 2 Z 2 Z 8 Z	GEL LOT LOT SPY SPY LIQ	9.99 9.99 9.99 12.99 12.99 9.99	9.99 9.99 9.99 12.99 12.99 9.99
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH CELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH — MNGBL COCO	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 8 Z 1 Z 8 Z	GEL LOT LOT SPY SPY LIQ LIQ LIQ	9.99 9.99 9.99 12.99 12.99 9.99 9.99	9.99 9.99 9.99 12.99 12.99 9.99 9.99
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH CELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH — MNGBL COCO CONDIT ARGAN OIL — STM	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 8 Z 8 Z	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ	9.99 9.99 12.99 12.99 9.99 9.99 19.99 9.99	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY ROSE BODY SPRAY DRY ROSE BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH — MIGBL COCO CONDIT ARGAN OIL — STM CONDIT ARGAN OIL LEAVE	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 8 Z 4 Z	GEL LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61822	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH SELL STIMUL BODY WASH SENSIT SKIN CGF BEPAIR SERUM COND SMOTH — HNIGBL COCO CONDIT ARGAN OIL — STM CONDIT LEMONGRASS — ARG	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 8 Z 4 Z 4 Z	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61822 61824	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE + ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY CIT GIN BODY WASH SELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH + MNGBL COCO CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS + ARG CONDIT MINIT + ECHIN STIM	8 Z 8 Z 2 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 4 Z 1 Z 8	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ LIQ	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61822 61824 63668	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE + ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH CELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH + MNGBL COCO CONDIT ARGAN OIL + STM CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS + ARG CONDIT MINT + ECHIN STM DAY CRM GOTU KOLA STM A	8 Z 8 Z 2 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 4 Z 12Z 8 Z 1 Z 2 Z 7 Z 7 Z 8 Z 8 Z 1 Z 8 Z 8 Z 1 Z 7 Z 7 Z 8 Z 8 Z 8 Z 8 Z 1 Z 7	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ LIQ CRM	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9	9.99 9.99 9.99 12.99 9.99 9.99 9.99 9.99
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61824 63668 65823	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT FIRMING LEMON BODY SPRAY DRY ROSE BODY WASH CELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH + MNGBL COCO CONDIT ARGAN OIL 1 STM CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS + ARG CONDIT MINT + ECHIN STM DAY CRM GOTU KOLA STM A DEEP ROOT CONDITIONER	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 4 Z 12Z 8 Z 12Z 12Z 12Z 12Z 12Z 12Z 12Z 12Z 12Z 12	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ LIQ CRM CRM	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61822 61824 63668 65823 63581	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY ROSE BODY WASH CELL STIMUL BODY WASH SENSIT SKIN CGF REPAIR SERUM COND SMOTH — MNGBL COCO CONDIT ARGAN OIL LEAVE CONDIT ARGAN OIL LEAVE CONDIT HINT + ECHIN STM DAY CRM GOTU KOLA STM A DEEP ROOT CONDITIONER EYE CREAM CHLORELLA	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 4 Z 12Z 8 Z 12Z 12Z 1.7 4 Z 1.7	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ LIQ CRM CRM CRM	9.99 9.99 9.99 12.99 12.99 9.99 9.99 9.9	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9
61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61822 61824 63668 65823 63581 63669	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH SENSIT SKIN CGF BEPAIR SERUM COND SMOTH — HNIGBL COCO CONDIT ARGAN OIL — STM CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS — ARG CONDIT MINT — ECHIN STM DAY CRM GOTU KOLA STM A DEEP ROOT CONDITIONER EYE CREAM CHLORELLA FACIAL CLEANSER SENSIT	8 Z 8 Z 2 Z 2 Z 8 Z 1 Z 8 Z 4 Z 12Z 8 Z 1.7 4 Z 1.7 4 Z 1.7 4 Z 1.7 4 Z	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ CRM CRM CRM LIQ	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9	9.99 9.99 9.99 12.99 9.99 9.99 9.99 9.99
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61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61823 61825 61822 61824 63668 65823 63581 63669	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH SENSIT SKIN CGF BEPAIR SERUM COND SMOTH — HNIGBL COCO CONDIT ARGAN OIL — STM CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS — ARG CONDIT MINT — ECHIN STM DAY CRM GOTU KOLA STM A DEEP ROOT CONDITIONER EYE CREAM CHLORELLA FACIAL CLEANSER SENSIT	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 8 Z 8 Z 1 Z 8 Z 1 Z 8 Z 1 Z 4 Z 1 Z 4 Z 4 Z 4 Z 4 Z 4 Z	GEL LOT SPY SPY LIQ LIQ LIQ LIQ LIQ CRM CRM CRM LIQ GEL CRM	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9	9.99 9.99 9.99 12.99 9.99 9.99 9.99 9.99
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61817 65302 64843 62436 67377 67374 66355 66354 66917 67555 61822 61822 61822 61823 63688 63688 6369 63974 635503 63583	ARGAN OIL MOR 100% ORG BODY LOT COCOA BUTTER BODY LOT FIRMING LEMON BODY LOT ORANGE — ARGAN BODY SPRAY DRY CIT GIN BODY SPRAY DRY ROSE BODY WASH SENSIT SKIN CGF BEPAIR SERUM COND SMOTH — HNIGBL COCO CONDIT ARGAN OIL LEAVE CONDIT ARGAN OIL LEAVE CONDIT LEMONGRASS — ARG CONDIT MINT — ECHIN STM DAY CRM GOTU KOLA STM A DEEP ROOT CONDITIONER EYE CREAM CHLORELLA FACIAL CLEANSER SUPERF FACIAL CLEANSER SUPERF FACIAL CLEANSER SUPERF FACIAL CREAM SENSITIVE FACIAL CREAM SENSITIVE FACIAL MASK CGF ARGAN FACIAL MOISTOIL CST	8 Z 8 Z 2 Z 2 Z 8 Z 8 Z 1 Z 8 Z 4 Z 1 Z 8 Z 4 Z 1 Z 4 Z 1 Z 4 Z 1 Z 4 Z 1 Z 4 Z 1 Z 2 Z 4 Z 1 Z 2 Z 3 Z 4 Z 4 Z 4 Z 4 Z 1 Z 2 Z 4 Z 4 Z 1 Z 2 Z 4 Z 2 Z 4	GEL LOT LOT SPY SPY LIQ LIQ LIQ LIQ LIQ CRM CRM LIQ CRM CRM CRM	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9	9.99 9.99 12.99 12.99 9.99 9.99 9.99 9.9
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65816	ROSEHIP OIL	1 Z	OIL	12.99	10.39
61819	SHAMPOO ARGAN OIL $+$ ST	8 Z	LIQ	9.99	9.99
61821	SHAMPOO DRY	2.6	PWD	9.99	9.99
61818	SHAMPOO LEMONGRASS ARG	8 Z	LIQ	9.99	9.99
61820	SHAMPOO MINT $+$ ECHN ST	8 Z	LIQ	9.99	9.99
67556	SHAMPOO SMOTH $+$ MNGBL	8 Z	LIQ	9.99	9.99
65710	SHAVE GEL FOAMING	6.2	GEL	8.99	8.99
66369	AWAKE MOOD BOOST SPRAY	10M	SPY	20.00	18.00
66370	BALANCED MOOD BOOST	10M	SPY	20.00	18.00
66240	CLEAR AWAY GOOD MOOD	4 Z	SPY	16.00	14.40
66248	I AM TRANQUILIT CHAKRA	10M	SPY	16.00	14.40
66242	I BELONG VITALITY CHAK	10M	SPY	16.00	14.40
66244	I CAN MOTIVATION CHAKR	10M	SPY	16.00	14.40
66243	I FEEL CREATIV CHAKRA	10M	SPY	16.00	14.40
66245	I LOVE JOY CHAKRA BST	10M	SPY	16.00	14.40
66247	I SEE CLARITY CHAKRA	10M	SPY	16.00	14.40
66372	INSPIRED MOOD BOOST	10M		20.00	18.00
66373	PEACEFUL MOOD BOOST	10M	SPY	20.00	18.00
66374	SEDUCTIVE MOOD BOOST	10M	SPY	20.00	18.00
66375	SMART MOOD BOOST SPRAY	10M	SPY	20.00	18.00
AD	V. ORTHOMOLECU	JLAR			
67167	BONE PROTECT ADV $+$ STR	60	VCA	32.00	25.60
45663	CARDIO MAG 50 MG	120	VCA	50.00	40.00
41452	CHANCA PIEDRA	90	VCA	28.00	22.40
58700	CITICOLINE 250 MG	60	VCA	47.00	37.60
67881	INOSITOL PWD	500	PWD	46.00	36.80
45434	PEAK K2 15 MG	90	VCA	52.00	41.60
67884	PROBIOTIC 3 VCAP	90	VCA	49.00	39.20
45435	R LIPOIC ACID 150 MG	90	VCA	42.00	33.60
54116	STRONTIUM SUPPORT II	60	VCA	24.00	19.20
50779	T 100	60	TAB	30.00	24.00
45476	TLC 3.0 PWD	240	PWD	36.00	28.80
AD	VANCED RESEAR	СН			
27021	2 AEP CAL 500 MG	100	VCA	19.39	15.51
43726	2 AEP CAL 500 MG	200	VCA	36.52	29.22
44428	2 AEP MAG 500 MG	100	CAP	19.39	15.51
26510	CAL OROTATE 612 MG	100	CAP	37.89	30.31
27022	LITHIUM OROTATE	200	TAB	21.99	17.59
26514	MAG OROTATE 500 MG	200	TAB	59.69	47.75
26513	MAG OROTATE 500 MG	100	TAB	31.19	24.95
26512	MAG OROTATE 500 MG	50	TAB	16.29	13.03
27020	MEMBRANE CMP 2 AEP CAL	100	CAP	21.56	17.24
39502	POT OROTATE 175 MG	200	VCA	33.77	27.02
26516	ZINC OROTATE 60 MG	200	TAB	12.76	10.20
ΑE	ROBIC LIFE				
10260	AEROBIC 07 70ML	70	LIQ	23.95	21.55

В	21265	AEROBIC BULK CLEANSE	12Z	PWD	16.95	15.25	10064	ARGININE 500 MG	100	CAP	17.91	14.32
9	37740	MAG 07	90	VCA	23.95	21.55	10015	ARTEMESIA 500	100	CAP		25.79
ō	55184	MAG 07	180	VCA	36.95	33.25	51002	ARTEMISINNIN SUPER	60	VCA	59.96	47.96
}	ΔL	ACER CORP					29691	ARTHRED 240GMS	240	PWD	49.84	39.87
Ð							10120	B COMPLEX SUPER	120	VCA	20.66	16.52
3	57174	EMERGEN C ACAI BERRY	30	PAK		13.35	19723	BIFIDO BIO W/L.SPORO	60	CAP		22.27
3	56861	EMERGEN C CRAN POM	30	PAK		13.35	10022	BIOTIN 5000	60	CAP	17.80	
3		EMERGEN C IMMUN + CITR	30	PAK		15.99	60073	BONE MARROW BEEF	100	CAP	19.98	
3		EMERGEN C PINK LEMONAD	30	PAK		13.35	60074	BRAIN BEEF	100	CAP	22.04	
9		EMERGEN C RASPBERRY	30	PAK		13.35	32720	BRAINWAVE PLUS (REMIND)	120	CAP	74.52	
J	10142	EMERGEN C REG LEM LM	30	PAK		13.35	10115	BUFFERED C POWDER	240	PWD	24.44	
J		EMERGEN C SUPER ORANGE	30	PAK		13.35	10026	BUTYREN	100	TAB	18.56	
J	57176	EMERGEN C TANGERINE	30	PAK		13.35	40725	C BUF PWD FROM CASVA	300	PWD	25.59	
J	57309	EMERGEN C TROPICAL	30	PAK	16.69	13.35	45509	C BUFF CAP CASAVA 500	120	CAP	18.89	
J	ALI	BA					10114	C BUFFERED 500 MG CAP	120	CAP	16.06	
J	66937	AFTER SUN ALOE LOTION	8 Z	LOT	7.99	6.39	10003	C PURE CAP 1000 CORN	100	CAP		17.90
J	66934	SUNSCREEN FACIAL SPF30	4 Z	LOT	11.49	9.19	57784	C PURE CAP CASSAVA	100	CAP	22.25	
J	59964	SUNSCREEN KIDS SPF 30	4 Z	LOT	10.99	8.79	10004	C PURE PWD CORN	120	PWD	17.13	
J n	66930	SUNSCREEN KIDS SPF 45 A	4 Z	LOT	11.49	9.19	27217	CAL MAG CITRATE	100	CAP		12.80
J n	66935	SUNSCREEN KIDS SPF 50	6 Z	SPY		12.79	10027 30409	CALCIUM CITRATE 150 MG	180 90	CAP Cap		18.90
J n	42255	SUNSCREEN LAVEN SPF 45	4 Z	LOT	11.49	9.19	27949	CALCIUM PYRUVATE 110 Cats Claw 3X	90 60	CAP	39.89	26.63
J n	59890	SUNSCREEN MIN FF SPF30	4 Z	CRM	10.99	8.79	27949 28971	CELLULOSE 250 GMS	250	PWD	13.00	
J	56519	SUNSCREEN SPF 45 SPORT	47	LOT	10.99	8.79	21530	CHRONOSET MELATON 1.3	250 100	CAP	16.55	
			72	LUI	10.00	0.70	29033	COQ10 100 TOCOTRIENOL	200	SGC	236.18	
- 1	AL	KAZONE					25033 25475	COQ10 100 TOCOTRIENOL	60	SGC	78.36	
ń	63382	ALKAZONE PH BOOSTER	1.2	LIQ	27.99	22.39	54516	COOH CF 100 UBIO CO10	60	SGC		54.30
í	63383	PH TEST STRIPS	50	MIS	9.99	7.99	61505	CULTURELLE KIDS	30	PAK	37.19	
ĺ	ΔL	L ONE NUTRITECH					63137	CULTURELLE KIDS CHW	30	CHW	36.99	
)							32822	CULTURELLE LACT G G	30	VCA		26.87
)	33801	ALL 1 CALCIUM COMPLEX	8.5	PWD	26.69		58975	D3 COMPLETE 2000 IU K2	60	SGC	28.72	
)	25988	ALL 1 GRN PHYTO 15.9Z	15.	PWD	53.69		42079	D3 SUPER	60	CAP	16.82	
)	28844	ALL 1 POWDER ACT SEN	15Z	PWD	60.39		38107	DHA	90	SGC		17.37
)	39778	ALL 1 POWDER SENIOR	2LB		105.99		58770	DHEA 10 MG MICRONIZED	60	TAB	20.88	16.70
)	18077	ALL 1 PWD 15.90Z	5.9	PWD		42.95	39289	DIM 75 MG	120	CAP		47.29
)	18076	ALL 1 PWD 5.29 OZ	5.2	PWD	19.89		39451	DIM PALMETTO PROSTATE	60	SGC	99.25	
1	26669	ALL 1 RICEBASE	5.2	PWD	17.89	14.31	22480	E P O 500 MG	120	SGC		27.61
	ALI	LERGY RESEARCH					61945	ENERGY LIPIDS PWD NT F	150	PWD	91.39	
1	29444	5 HTP 50 MG	150	CAP	50.37	/N 29	43891	EPA SUPER	200	SGC		47.16
!	59658	ACETYL GLUTATHIONE 100	60	TAB	103.49		10121	EPA SUPER	.60	SGC		19.29
!	68019	ACETYL GLUTATHIONE 300	60	TAB	197.98		26822	EPD MULTIVITAMIN BASIC	150	CAP		31.72
l n	24355	ACETYL L CARNITINE 500	100	CAP		70.79	22523	ELD IKACE MINEKAT2	75	CAP	10.60	8.48
1	62446	ADRENAL 100 MG VCAP	150	VCA		20.94	10041	ESTERUL CAP	200	CAP		44.21
]	66801	ADV NEUROPLUS BRAIN	90	TAB		66.43	10040	ESTERUL CAP	100	CAP		29.35
)	67837	ALLER AID L92	60	VCA		39.96	52445	LIRKOROO21	75	VCA		43.84
) 1	10013	ANTIOX FORM ORIGINAL	120	VCA		31.20	57590	FLAVINUX	90	VCA		55.06
7	58836	ARGENTYN 23	16Z	LIQ		74.87	16903	FDFF AMINO 750	100	PWD	15.31	
i N	51398	ARGENTYN 23	8 Z	LIQ		44.79	10044 68051	C I ELODA	100 90	CAP		29.16
,	62390	ARGENTYN 23 FIRST AID	27	GEL		23.17	10049	U I FLUNA CACTROMYCIN	90 150	VCA Cap		15.80 27.12
	54729	ARGENTYN 23 SPRAY	2 7	SPY		18.39	10049	CERMANIIIM 150	100 50	CAP		47.40
ō	66592	ARGENTYN 23 VERT NASAL	2 Z	SPY	22.99	18.39	10055	EPO MOLIVITAMIN BASIC EPO TRACE MINERALS ESTEROL CAP ESTEROL CAP FIBROBOOST FLAVINOX FOS 1 00G FREE AMINO 750 G I FLORA GASTROMYCIN GERMANIUM 150 GLA 320 BORAGE OIL NEW	30 30	CAP		21.73
							10000	OFW 950 DOUWOF OIL INTIA	JÜ	OMI	21.11	Z1./J



BRAINS™ is a NEW line of supplements designed to support the critical relationship between the HEART, the BRAIN, and the GUT. Together these three "brains" influence mental, emotional, and physical health. The Three Brains™ line of supplements is designed to help maintain optimal brain health by supporting that critical relationship.

# GIVE YOUR BRAINS WHAT THEY NEED

"Nutrients from whole foods, exercise, and supplements are effective, non-invasive ways to support the 'three brains' interaction and optimize mental health and cognition."

- **Dr. Karen Jensen, ND,** author of *Three Brains:* How the Heart, Brain, and Gut Influence Mental Health and Identity



3brainshealth.com

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Delicious Goodness from the Sea



# SeaRich™ Omega-3 – an easier way to get your omega-3s

SeaRich Omega-3 is made using the freshest and highest quality omega-3 fish oil. To create a truly delicious family of products, we have blended our fish oils with natural, non-GMO flavors, including monk fruit (a near-zero calorie sweetener). Available in delicious Lemon Meringue, Grapefruit Punch, and Coconut-Lime flavors — formulas that every member of the family can enjoy!

Certifications from ISURA<sup>™</sup>, the International Verified Omega-3<sup>™</sup> (IVO<sup>™</sup>) organization, and the International Fish Oil Standards<sup>™</sup> (IFOS<sup>™</sup>) program guarantee that these sustainably harvested fish oils are of the highest quality.







These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements ?



Black Walnut Hull also enjoys a reputation as a parasite killer. It will help to destroy amoebas, protozoans (giardia, blastocytis hominis), pinworms, tinneas and ringworm. Use larger doses once a parasitic infection is in place. Often, treatment needs go for one month in order to kill parasites in all cycles or forms from adult to egg. It can be combined with other anti-parasitic treatment. Black Walnut Hull can be used preventitively if one is traveling to an area where parasites are common or unusual. Take Black Walnut Hull for a few days prior to when one leaves the area and continue taking the entire length of the trip. One must still use common sense and avoid possible parasite contaminated food and drink. Common symptoms of intestinal parasites are diarrhea, gas or bloating, nausea or vomiting, stomach pain or tenderness, fatigue or weakness, weight loss and presence of worms in stool. If you suspect you have a parasite infestation, consult with a physician.

Cautions: Prolonged use is not advised.

#### Ingredients

Each 30 drops contains 1,000 mg of certified organic green Black Walnut Hulls.

#### Dosage:

Preventitive: 15-30 drops, 2 times per day in juice or water. General: 15-40 drops 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day in juice or water. This dose can be maintained for over 1 month.

#### **Complimentary Formulas:**

- Phyto-Tech™ Oregano Oil 70 (anti-parasitic, anti-bacterial, anti-fungal)
- Phyto-Tech™ Immune Complex
- $\bullet$  Phyto-Tech  $^{\scriptscriptstyle\mathsf{TM}}$  Green Walnut Complex (Walnut with Wormwood and Clove)

#### **Blue Cohosh 1:3**

Blue Cohosh is similar to Black Cohosh in use. It is used for premenstrual conditions where a heavy bearing down sensation is felt. It is indicated for a feeling of fullness in the abdomen and legs, cramping onset of ones menses, irregular menses or lack of menses. It is anti-spasmodic and helps to relieve cramps. It has symptomatically helped some where endometriosis causes much discomfort and pain.

1 fl oz - Product Code: 57066

Blue Cohosh is a traditional herbal remedy, used by midwives, Native Americans and eclectic physicians of the early 20th century, for use only in the last 3 weeks of pregnancy to help ease a woman in to labor. Midwives still use it today, but only after a woman is term or after week 37. It may help to ease spastic cramping.

Caution: Do not use Blue Cohosh during pregnancy unless under the supervision and direction of your physician.

#### Dosage

General: 5-20 drops, 2-3 times per day or as needed in juice or water.

Acute cramps: 10 drops every 10-20 minutes until pain subsides.

#### **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Chaste Tree Berries (to increase progesterone)
- Phyto-Tech™ Menopause Complex (menopause formulas with black cohosh)
- $\bullet$  Phyto-Tech  $\sp ^{\text{\tiny TM}}$  Menses Complex (PMS and cycle regulating formula with black cohosh)

#### **BPH Complex**

This herbal supplement was designed to support prostate function and the male reproductive system.

1 fl oz - Product Code: 57085

#### Who would benefit from this supplement?

• Men with benign prostatic hyperplasia, elevated PSA levels, impotence.

Phyto-Tech™ BPH Complex contains the following herbs: Saw Palmetto Berry, Fresh Nettle Root, Red Root, Sarsaparilla Root, Fresh Turmeric Root, Dong Quai Root. Phyto-Tech™ BPH Complex is actually designed for use as a male prostate tonic to help prevent benign prostatic hyperplasia (BPH) that is common to most men in mid-life and on. It will help reduce prostate swelling, keep testosterone healthy and help maintain a healthy libido. It also helps the dull ache, urine dribbling, weak urine flow, waking at night to urinate and can help men who have the inability to maintain an erection.

For those who actually have BPH, Phyto-Tech™ BPH Complex will help bring the prostate back into a healthy state and help reduce all the symptoms that accompany BPH.

Phyto-Tech™ BPH Complex can be used as a long-term tonic. It is a good idea for most men to treat their reproductive tracts annually with Phyto-Tech™ BPH Complex once they are over 50 years of age. This is when most prostate problems arise. Using Phyto-Tech™ BPH Complex for 1-2 months once per year is a wise male preventative treatment for maintaining a healthy prostate throughout a life. Since prostate swelling is so prevalent in society, it makes sense to use this male tonic as a preventative.

... continued on page 28

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



16904 10107 61946	GLUTAMINE 500 Grape Pips 100 Mg Healthy aging Nt Fact	100 90 120	CAP Cap Tab	20.77 32.74 41.76	26.19	10010 29119 10011	PANCREAS LAMB ALL DIG Pancreas Pork all Pancreas Pork all dig	90 720 60	CAP CAP CAP	27.73 22.18 198.94 159.15 26.89 21.51	17055 61005 22537	GOLDENSEAL TEA ORGANIC Holy Basil Tea Org Horsetail Grass Tea	24 24 24	BAG Bag Bag	8.79 8.19 8.69	7.03 6.55 6.95	36387 68070	IMMPOWER Metatrol Cap	60		54.95 199.95	
29719	HOMOCYSTEINE	90	CAP	22.82	18.25	10092	PANTOTHENIC 500 (B-5)	90	CAP	16.35 13.08	65234	LEMON BALM ORG TEA	24	BAG	8.19	6.55		IERICAN BIOTECH				
60076 38920	HYPOTHALAMUS IMM KINE	100 60	CAP Cap	99.64	79.71 52.37	10096 10097	PARAMICROCIDIN 125 Paramicrocidin 250	150 120	CAP CAP	26.52 21.21 38.93 31.14	62846 63589	MILK THISTLE TEA ORG Parsley tea organic	24 24	BAG BAG	7.99 7.29	6.39 5.83	65606 56299	ASAP OTC WOUND DRESSNG Silver biotics 10 PPM		GEL LIQ	13.99 40.99	
10062	IMMUNO GLAND PLEX 500	60	CAP	18.87		25417	PECTIN MOD CITRUS MCP	120 16Z	PWD	136.17 108.93	63519	PASSION FLOWER TEA ORG	24	BAG	7.49	5.99		SILVER BIOTICS 10 PPM	8 Z		28.99	
60077	KIDNEY BEEF	100	CAP		16.69	26571	PECTIN MOD CITRUS MCP	120	CAP	36.70 29.36	20992	PAU D'ARCO TEA BAG OG	24	BAG	7.49	5.99	ΔM	IERICAN HEALTH				
53651	KING CHOLRELLA	600	TAB	44.82		28143	PERM A VITE PWD	300	PWD	45.42 36.33	62916	RASPBERRY LEAF ORGANIC	24	BAG	8.39	6.71			250	TAD	22.00	20.45
28896	LACTOBACILLUS PLNT SAL Laktoferrin w Colostru	100 90	CAP CAP	34.73 54.62		28596 28256	PHOS CHOL 385 MG PHOS SERINE CMP	100 90	SGC VCA	21.24 16.99 65.95 52.76	37475 66134	ROOIBOS TEA ORG Rose Hips tea organic	24 24	BAG BAG	8.99 7.99	7.19 6.39	27111 44138	ACEROLA + 500 MG SUPE ACEROLA + SUPER C 500		TAB CHW	33.06 17.63	
26709 52541	LIPOPHOS EDTA LIQ	2 Z	LIQ	33.90		20200 23165	PHYLLANTHUS COMPLEX	120	CAP	00.90 02.70 46.98 37.58	63890	SPEARMINT LEAF TEA ORG	24 24	BAG	7.89	6.31	23863	ACIDOPH CHEW BLUEBERRY	100	CHW		8.80
10087	LIVER BEEF 500 NATURAL	125	CAP	20.77		52125	PHYTOCORT CAP	120	CAP	49.37 39.49	65654	ST JOHNS WORT TEA ORG	24	BAG	7.49		51058	ACIDOPH CHW MIXED FLAV	100	CHW	11.00	8.80
55397	LUMBROKINASE	60	CAP	91.08		10104	POTASSIUM CITRATE	120	CAP	15.00 12.00	62358	UVA URSI TEA ORG	24	BAG	7.99	6.39	22761	ACIDOPH CHW STRAW	100	CHW		8.80
60079	LUNG BEEF	100	CAP	24.10		58735	PREGNENOLONE 150 MICRO	60	TAB	61.69 49.35	64619	VALERIAN PEPERMINT ORG	24	BAG	9.89	7.91	23835 51641	ACIDOPH LIQ PLAIN Acidoph Liq Straw	16Z 16Z	LIQ LIQ	14.99 14.99	
64156 10067	LUTEIN 20 MG SGC Lysine 500	60 100	SGC Cap	38.14 15.67	30.51 12.53	55536 23180	PREGNENOLONE 50 MG Progreens(G radiance)	60 9.2	TAB PWD	35.39 28.31 54.15 43.32	20986	XXXECHIN TEA ORGANIC	24	BAG	7.89	6.31	38591	APPLE CIDER VINEG 240	200	TAB	9.95	
10007	MAG CITRATE 170 MG	90	CAP	16.51		26529	PROLIVE W/ANTIOX	9.2 90	TAB	38.14 30.51	AIV	IAZING GRASS					63724	BLUE GREEN ALGA 500 MG		CAP	33.09	
64076	MAG CITRATE 170 MG	180	CAP	28.97		10109	QUERCETIN 300	60	CAP	31.56 25.24	67296	DETOX DIGEST GRN SUPFD	7.4	PWD	29.99	25.49	59638	DIGEST HPE	90	VCA	39.99	
22204	MAGNESIUM MALATE FORTE	120	TAB	29.02		10021	QUERCETN BIOFLAVONOIDS	100	CAP	22.26 17.80	65250	GREEN SUPERFD ALK DET	8.5	PWD	29.99		24764	E P O 1300 ROYAL BRIT	120	SGC	33.09	
10117	MAGNESIUM SOLUTION	8 Z	LIQ	17.54		56389	RUSSIAN CHOICE IMMUNE	200	CAP	63.32 50.65	64275	GREEN SUPERFO PINE LM	7.4	PWD	29.99		23435 55045	E P O 500 ROYAL BRITT E P O 500 ROYAL BRITT		SGC SGC	19.99 36.59	
59565 35085	MAGNOLIA EXT Mastica 500 Mg	120 120	CAP CAP	38.50 53.35		10111 56148	SACCHRMYC BOULARDI 450 Securil Probiotic	50 30	VCA VCA	26.91 21.52 28.17 22.53	60807 60809	GREEN SUPERFOOD CHOC Green Superfood Energy	7.4 7.4	PWD PWD	29.99 29.99		24763	E P O ROYAL BRIT 1300	200 60	SGC	30.59 17.69	
25473	MATRIXX	180	CAP	48.15		10116	SELENIUM SODIUM SOLUT	8 Z	LIQ	13.60 10.88	60811	GREEN SUPERFOOD ORAC	7.4	PWD	29.99		55935	ENZYME PROBIOTIC CMP	90	VCA	20.99	
27268	MELATONIN 1.2 MG T/R	60	CAP	28.64		19140	STABILIUM 200	30	SGC	25.22 20.17	60806	GREEN SUPERFOOD ORIG	8.5	PWD	29.99		60848	ESTER C 1000 EFFER PWD	21	PAK	12.99	
20965	MELATONIN 20 S GUARD	60	CAP	39.66		19364	SYMBIOTIC W/FOS 140GM	140	PWD	29.85 23.88	60808	GREEN SUPRFD BERRY GRN	8.5	PWD	29.99		67616	ESTER C 1000 EFFER RSP	21	PAK		10.39
44519	MELATONIN 3 MG	120	TAB		15.20	36622	TAURINE 1000 MG	250	CAP	43.98 35.18	67303	PROTEIN SUPERFOOD ORIG	15.	PWD	34.99		54640	ESTER C 1000 MG W/CITR ESTER C 1000 W/BIO TAB	90 90	CAP Tab	28.49 22.89	
10068 53602	METHIONINE Micro Chitosan 600	100 60	CAP VCA	21.79 32.19		10070 10126	TAURINE 500 TG 100	100 100	CAP CAP	14.00 11.20 38.49 30.79	67304 64553	PROTEIN SUPERFOOD VAN Raw reserve van spice	12Z 9.2	PWD PWD	34.99 39.99		53077 53074	ESTER C 1000 W/BIO TB	120	TAB	30.59	
24996	MOLYBDENUM LIQUID	1 Z	LIQ	14.37		29767	THIODOX	90	TAB	56.49 50.79 66.24 52.99	60804	WHEAT GRASS PWD ORGAN	8.5	PWD	26.99		64108	ESTER C 1000 W/BIO VEG	180	TAB	41.59	
33816	MSM 500 MG	150	CAP	24.12		10127	THYMUS 500	75	CAP	37.98 30.38		WHEAT GRASS PWD ORGANI	172		45.99		60847	ESTER C 1000 W/PROBIOT	60	TAB	21.79	
50036	MUCOLYXIR	12M	LIQ	43.68	34.94	60087	THYROID	100	CAP	17.77 14.21	ΔIV	IAZING HERBS NUT	rraci	ELITI	CALS	2	53792	ESTER C 250 MG CHW	125	WAF	16.69	
10077	MULTI MIN	120	CAP	24.75		50735	TMG 750 MG A	100	CAP	21.99 17.59		BLACK SEED 500 MG					53076	ESTER C 500 MG CAP	120	CAP	18.09	
10078 10080	MULTI VI MIN Multi vit min no cu/fe	150 150	CAP Cap	36.18 28.82		63433 63432	TOCOMIN SUPRABIO TOCO A TOCOMIN SUPRABIO TOCO A	120 60	SGC SGC	79.98 63.98 41.18 32.94	60781 60782	BLACK SEED 500 MG SGC	100 90	CAP SGC	20.65 28.00		54971 53075	ESTER C 500 MG TAB VEG ESTER C 500 W/BIO CAP	225 240	TAB Cap	24.09 34.69	
10082	N A C 500	120	TAB	35.78		63434	TOCOMIN SUPRABIO TOCO A	60	SGC	75.98 60.78	61855	BLACK SEED OIL	4 Z	LIQ	23.95		55845	ESTER C 500 W/BIO CAP	60	CAP	10.59	
19706	N A G	90	CAP	42.54		56149	TOCOTRIENOLS 50 DELTA	75	SGC	36.02 28.81		BLACK SEED OIL PREMIUM		LIQ	67.95		53084	ESTER C 500 W/BIO CAP	120	CAP	19.09	
45278	NATTOKINASE 100 MG	60	SGC	41.18		55396	TOCOTRIENOLS DELT FRAC	30	SGC	25.36 20.28	AIV	IERICAN BIOLOGIC	S				53080	ESTER C 500 W/BIO TAB	225	TAB	25.29	
45279	NATTOKINASE 100 MG	180		112.58		10128	TRICYCLINE	90	CAP	46.37 37.09	18090	ADRENAL 160 MG	120	TAB	24.61	10 00	53083 53082	ESTER C 500 W/BIO TAB ESTER C 500 W/BIO VCAP	90 60	TAB VCA	12.89 12.39	
40657	NATTOKINASE FIBRENASE I	/90 90	SGC Cap	49.98 14.24		10071 38921	TYROSINE Vascustatin	100 120	CAP Cap	21.11 16.88 129.38 103.50	50154	ALPHA GPC 300 MG	60	VCA	51.50		53079	ESTER C 500 W/BIO VCAP	120	VCA	20.89	
10083 10084	NIACIN B3 250 MG Niacin no flush 430 Mg	90 75	CAP	27.73		309Z1 66802	WHOLE GI WELLNESS	120 180	TAB	57.04 45.63	37842	BRAIN POWER ULTRA	90	CAP	56.26		53081	ESTER C 500 W/BIO VCAP		VCA	39.89	
65975	NRF2 RENEW	120	VCA	70.38		64466	ZEN 200 MG	120	VCA	54.00 43.20	67926	CALCIUM AEP	100	CAP	43.80	35.04	55044	ESTER C LIQ 250 MG BER	8 Z	LIQ	19.79	
10085	OCUDYNE	200	CAP	56.66	45.32	39453	ZEN 200 MG	60	VCA	34.02 27.21	24913	INFLA ZYME FORTE	500		123.00		54990	ESTER C W/BIOFLAV PWD	8 Z	PWD	32.89	
26382	OCUDYNE II W/MIN LUT	200	CAP	66.17		10129	ZINC CITRATE 25	60	CAP	7.68 6.14	18085	INFLA ZYME FORTE Infla zyme forte	90 100	TAB Tab	28.85		53793	ESTER C W/BIOFLAV PWD	4 Z	PWD	18.09	
37715	OREGANO OIL	60	SGC	21.71		10130	ZINC CITRATE 50	60	CAP	8.60 6.88	18086 36979	TAURINE PLUS	180 1 Z	LIQ	48.26 30.60		57763 68005	ESTER C W/CRANBERRY Kidstix multi pak grp	90 30	TAB Pak	18.69 17.99	
64742 10089	ORNITHINE ASPARTAT PWD OX BILE	100 100	PWD Cap	69.31 27.48		27948	ZINC PICOLINATE 25 MG	60	CAP	12.72 10.17	18094	THYROID	90	TAB	32.25		68006	KIDSTIX MULTI PK TROP	30	PAK	17.99	
63438	OX BILE 125 MG	180	CAP	30.89		AL	VITA					IERICAN BIOSCIEN					68004	KIDSTIX PROB PAK 5 BIL	30		24.99	
10108	P 5 P	60	CAP	20.90		22535	CRANBERRY TEA ORNANIC		BAG	11.99 9.59				DIME	400.05	470.05	24445	PAPAYA ENZ PLUS SUPER	360	CHW	21.99	17.59
22182	PALMETTO CMP II W/LYCO	60	SGC	36.24		63110	DANDELION ROOT TEA ORG	24	BAG	7.99 6.39	50633	AVE WHEAT GERM ORANGE HP8 HERBAL PROST SUPP	30 70		199.95		17131	PAPAYA ENZ PLUS SUPER	180	CHW	13.09	
10009	PANCREAS BEEF ALL DIG	90	CAP	19.97	15.97	62357	ELDER FLOWER TEA ORG	24	BAG	7.29 5.83	44707	ULO UEUDAT LUASI SALL	10	VGA	49.95	J9.90	22544	PAPAYA ENZYME ORIGINAL	250	CHW	11.00	8.80



"When I compared the dosage, quality and price to other brands, I discovered **Res-Q 1250** omega-3 fish oil is the **best buy**. I am very **happy with all the benefits**." – Charles

"I just started **Res-Q GlycoPlus** for joint health and it's amazing. It **helps my knees** so much!" – Denise "I had been using another brand red yeast rice which helped lower my cholesterol, but since using Res-Q LDL-XQ<sup>10</sup>, my test results are outstanding!" – Sam

# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



30-60 drops, 2-3 times per day or as needed in juice or

#### **Complimentary Formulas:**

 Phyto-Tech<sup>™</sup> Saw Palmetto Berry 1:3 (for increased potency)

#### **Brain Bio Boost Complex**

Supports healthy cognitive function, focus and memory, increasing overall cognitive ability and vitality. The elderly find this formula especially helpful.

1 fl oz - Product Code: 57071

#### Who would benefit from this supplement?

• Those with memory loss, confusion, Alzheimer's disease, dizziness, tinnitus, ADHD and ADD. This is an ideal supplement for college students and others facing demanding mental challenge. It is best used long-term.

#### **Ingredients:**

Phyto-Tech™ Brain Bio Boost Complex contains the following herbs: Gotu Kola Leaf, Ginkgo Leaf, Green Tea, Codonopsis Root, Licorice Root, Rhodiola Root.

Phyto-Tech™ Brain Bio Boost Complex is a blend of herbs thought to increase overall cognitive ability, energy and vitality. It improves memory and concentration. It is indicated for those with age-related cognitive decline as well as for those who are faced with heavy cognitive demands, such as college students It can help in Attention Deficit Hyperactivity Disorder (ADHD) by helping one pay attention, sit still and process information.

#### Supportive Information:

Ginkgo is for cerebral vascular insufficiency and works by cerebral and peripheral blood flow. As one gets older, blood flow to the brain and to peripheral tissue decreases with these resulting symptoms. Diminished cerebral circulation

CHW 20.99 16.79

66735

can also result in vertigo, ringing in the ear, Alzheimer's symptoms, forgetfulness and depression. Ginkgo can help all of this. Ginkgo is famous in assisting memory, focus and

Gotu Kola reduces adrenal corticosterone blood levels during stress. It is high in flavonoids and studies show it helps in capillary fragility and strengthens vascular integrity in the brain and throughout the body. It is a cognitive stimulating herb for use in fatigue, confusion and general lethargy. It is helpful for those exhausted from emotional upheaval or excessive work habits.

Green Tea is a potent antioxidant that binds with free radicals to neutralize their harmful effects. Green Tea is rich in polyphenols and one in particular called a catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. Studies demonstrate the antioxidant effects of green tea catechins improve overall reference and working-memory related learning ability. Green Teas polyphenols are also believed to help ward off neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons against the harmful effects of reative oxygen species (ROS) and nitric oxide (NO).

Rhodiola stimulates the activity of serotonin, dopamine, and norepineprhine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotansmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free

radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

Codonopsis is very similar to ginseng, but milder and more neutral in energy. It increases stamina and alertness and keeps the body and mind strong when under stress.

Licorice works as a limbic (emotional) brain tonic and tonifies the stress axis (hypothalamus, pituitary, adrenal axis). Researchers have found a compound in licorice known as carbenoxolone inhibits an enzyme in the brain involved in making stress-related hormones which have been associated with age related mental decline.

Phyto-Tech™ Brain Bio Boost Complex cannot be expected to work overnight and is best if used consistently for at least 2 weeks. It can be continued as a long-term tonic, especially in the elderly.

#### Dosage:

20-40 drops in juice or water, 2-3 times daily or as needed

Cautions and Contrindications: While interaction unlikely, those taking prescription blood thinners, or MAO inhibitors should advise their physicians. Do not take during pregnancy, if nursing, or preparing for surgery. The amount of licorice in this formula is theorectically too low to affect blood pressure, but those with high blood pressure should monitor their BP as

C FACIAL SERUM

C RENEWAL CREAM

COND BIOTIN B COMPLEX

CONDITIONER LAVENDER CONDITIONER ROSEMARY

COQ10 FACIAL CLN CRM

HAND & BODY LOT LEMON

INTENS DEF C CLNS MILK

SHAMPOO BIOTIN B CMP

SHAMPOO LAVENDER

SHAMPOO PEPPERMINT

SHAMPOO ROSEMARY

SHAVE CRM LAVENDER

**BABO BOTANICALS** BABY LOT OATMEAL CALEN

SHAMPOO TTO SCALP TRMT

SHAMPOO WASH BABY OAT

**BACH FLOWER REMEDIES** 

SHAMPOO IFMON

56008

55145

65391

38382

61551

55144

38114

62042

... continued on page 30

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease

PAPAYA FN7YMF ORIGINAL

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

43.00 38.70

58.50 52.65

LIQ



21.99 17.59

12.09 LIQ

11.09 11.09

12.99

11.99

11.99 9.59

12.09

11.09

11 09 8.87

11.09 8.87

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14 59 11 67

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19.99 15.99 19.99 15.99 19.99 15.99 19.99

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SER CRM

LOT CRM 12Z

LIQ

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LIQ

LIQ

CRM

2 Z 14Z

11Z 11Z LIQ

8.5 14Z

11Z 11Z

8 Z

8 Z LOT

LIQ

44107	PAPAYA ENZYME UNIOINAL PAPAYA ENZYME PLUS SUP PAPAYA ENZYME W/CHLOR PAPAYA ENZYME W/CHLOR	90	CHW	8.39	6.71
25038 22711	PAPAYA ENZYME W/CHLUK DADAVA ENZYME W/CHLOD	250 600	CHW	12.09 21.99	
57881	PROBIOTIC CD 12 BILL	60	TAB	31.49	
AIV	IERICAN LECITHIN				
15048	PHOS CHOL 900	100	SGC	69.45	55.56
22132	PHOS CHOL CONC	8 Z	LIQ	99.95	79.95
50111	PHOS CHOL LIQ	16Z	LIQ	181.50	145.20
	IERICAS FINEST				
36958	BETA GLUCAN 1 3 500 MG	100	CAP	17.49	17.49
35327 35328	BOSWELLIN CURCUMINOIDS Curcuminoids 500 Mg	90 90	TAB Cap	25.99 23.39	25.99 23.39
51079	CURCUMINOIDS 300 MG CURCUMN C3 CMP 1000 MG FORSIFAN FYTRFMF	60	CPL	34.99	34.99
38914	FORSLEAN EXTREME	90	CAP	25.99	25.99
35335	HGH DOPA 400	250	CAP	34.99	34.99
35332	LACTOSPORE FLORA	60	CPL	7.99	7.99
35336	TRIBULUS 45	60	CAP	13.99	13.99
AN	ABOLIC				
55757	AVED M IRON FREE	120	TAB	50.72	
62612	IRON CHELATE TAB 29 MG	90	TAB	13.50	12.15
20021	TRI B PLEX	60	CAP	23.78	21.40
32477	ZYMAIN	90	TAB	36.56	32.90
	EX ENERGETICS				
53481	ADAPTOCRINE K2	90	CAP	29.00	26.10
53481 53933	ADAPTOCRINE K2 Adrena Calm Kr 16 a	1.6	CRM	42.90	38.61
53481 53933 40426	ADAPTOCRINE K2 Adrena Calm Kr 16 A Adreno Zyme Z 5	1.6 90	CRM TAB	42.90 28.98	38.61 26.08
53481 53933 40426 23577	ADAPTOCRINE K2 ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12	1.6 90 1 Z	CRM TAB LIQ	42.90 28.98 16.50	38.61 26.08 14.85
53481 53933 40426 23577 56042	ADAPTOCRINE K2 Adrena Calm Kr 16 A Adreno Zyme Z 5	1.6 90	CRM TAB	42.90 28.98 16.50 19.70	38.61 26.08 14.85 17.73
53481 53933 40426 23577	ADAPTOCRINE K2 ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9	1.6 90 1 Z 1 Z	CRM TAB LIQ LIQ	42.90 28.98 16.50	38.61 26.08 14.85
53481 53933 40426 23577 56042 59991 24323 65415	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11	1.6 90 1 Z 1 Z 90 1 Z 90	CRM TAB LIQ LIQ VCA LIQ CAP	42.90 28.98 16.50 19.70 19.90 18.90 23.50	38.61 26.08 14.85 17.73 17.91 17.01 21.15
53481 53933 40426 23577 56042 59991 24323 65415	ADAPTOCRINE K2 ADBENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTERTOTOX N9 BILE MIN K11 RRAIN E DHA CHERBY	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z	CRM TAB LIQ LIQ VCA LIQ CAP LIQ	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23
53481 53933 40426 23577 56042 59991 24323 65415	ADAPTOCRINE K2 ADBENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTERTOTOX N9 BILE MIN K11 RRAIN E DHA CHERBY	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861	ADAPTOCRINE K2 ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1LB	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B 3 Lyper Zyme Z 24 Bacterotox N9 Bile Min K11 Brain E Dha Cherry Cholestar Rf K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1 LB 2 Z	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD LIQ	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 61079	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1LB 2 Z	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD LIQ CAP	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B 3 Lyper Zyme Z 24 Bacterotox N9 Bile Min K11 Brain E Dha Cherry Cholestar Rf K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1 LB 2 Z	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD LIQ	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 44356 44986 66485	ADAPTOCRINE K2 ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR WITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME WITE K26	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1LB 2 Z 90 180 90	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD LIQ CAP VCA	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 61079 44356 44986 66485 666485	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GIVSEN K 1 HCL PROZYME Z 26 HEME VITE K26 LIQUA D K87	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1 LB 2 Z 90 180 90 90	CRM TAB LIQ VCA LIQ CAP LIQ CAP PWD LIQ CAP VCA TAB CAP LIQ	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.90	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 61079 44366 44986 66485 666630 41233	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME VITE K87 LIVER DRAINAGE D 3	1.6 90 1 Z 1 Z 90 1 Z 90 4 Z 90 1 LB 2 Z 90 180 90 90 .5Z	CRM TAB LIQ VCA LIQ CAP LIQ CAP PWD LIQ CAP VCA TAB CAP LIQ LIQ LIQ	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.90 17.50	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 44356 44986 66485 66630 41233 56320	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME WITE K26 LIQUA D K87 LIVER DRAINAGE D 3 METHYL SP K14	1.6 90 1 Z 1 Z 90 1 Z 90 1 LB 2 Z 90 180 90 .5Z 1 Z	CRM TAB LIQ LIQ VCA LIQ CAP PWD LIQ CAP VCA TAB CAP LIQ LIQ CAP	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.90 17.50 25.30	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75 22.77
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 63861 50427 61079 44356 44986 66485 66630 41233 56320 62576	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR WITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME WITE K26 LIQUA D K87 LIVER DRAINAGE D 3 METHYL SP K14 NEURO AMINO SP	1.6 90 1 Z 1 Z 90 1 Z 90 1 LB 2 Z 90 180 90 .5Z 1 Z 90	CRM TAB LIQ LIQ VCA LIQ CAP PWD LIQ CAP TAB CAP LIQ CAP CAP CAP CAP	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.50 25.30 57.00	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75 22.77 51.30
53481 53933 40426 23577 56042 59991 24323 65415 66185 64181 50427 61079 44386 66485 66485 66630 41233 56320 62576 65726	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME VITE K26 LIQUA D K87 LIVER DRAINAGE D 3 METHYL SP K14 MEURO AMINO SP NOURISH GREENS K 67 APX	1.6 90 1 Z 1 Z 90 1 Z 90 1 LB 2 Z 90 180 90 .5Z 1 Z 90 .5Z	CRM TAB LIQ LIQ VCA LIQ CAP PWD LIQ CAP TAB CAP LIQ CAP LIQ CAP PWD	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.50 25.30 57.00 44.50	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75 22.77 51.30 40.05
53481 53933 40426 23577 56042 59991 24323 65415 66185 64131 50427 61079 44366 44986 66485 666485 66630 41233 56320 65726 55726 50065	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GIVSEN K 1 HCL PROZYME Z 26 HEME VITE K26 LIQUA D K87 LIVER DRAINAGE D 3 METHYL SP K14 NEURO AMINO SP NOURISH GREENS K 67 APX OXICELL CRM KR-22	1.6 90 1 Z 1 Z 90 1 Z 90 1 LB 2 Z 90 180 90 .5Z 1 Z 90 .38	CRM TAB LIQ LIQ VCA LIQ CAP LIQ CAP PWD LIQ CAP PWD CAP PWD CAP CAP PWD CAP CAP CAP	42.90 28.98 16.50 19.70 19.70 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.50 25.30 57.00 44.50 41.00	38.61 26.08 14.85 17.73 17.91 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75 22.77 51.30 40.05 36.90
53481 53933 40426 23577 56042 59991 24323 65415 66185 64181 50427 61079 44386 66485 66485 66630 41233 56320 62576 65726	ADAPTOCRINE KZ ADRENA CALM KR 16 A ADRENO ZYME Z 5 ALLERTOX AIRBORNE S12 B 12 K 34 B SUPER ZYME Z 24 BACTEROTOX N9 BILE MIN K11 BRAIN E DHA CHERRY CHOLESTAR RF K 27 CLEAR VITE PSF VAN GALL BLADDER TERRAIN GLUTATHIONE K 57 GLYSEN K 1 HCL PROZYME Z 26 HEME VITE K26 LIQUA D K87 LIVER DRAINAGE D 3 METHYL SP K14 MEURO AMINO SP NOURISH GREENS K 67 APX	1.6 90 1 Z 1 Z 90 1 Z 90 1 LB 2 Z 90 180 90 .5Z 1 Z 90 .5Z	CRM TAB LIQ LIQ VCA LIQ CAP PWD LIQ CAP TAB CAP LIQ CAP LIQ CAP PWD	42.90 28.98 16.50 19.70 19.90 18.90 23.50 44.70 37.50 64.00 22.90 27.10 39.30 19.90 22.00 17.50 25.30 57.00 44.50	38.61 26.08 14.85 17.73 17.91 17.01 21.15 40.23 33.75 57.60 20.61 24.39 35.37 17.90 19.80 17.90 15.75 22.77 51.30 40.05

28847	SPLEEN BLOOD ACTIV C-6	17	LIQ	17.50	15.75
63515	SUPER DIGESTZYME Z22	100	TAB	29.00	26.10
67577	SUPER METHYL SP	90		43.50	39.15
59841	THYRO CNV	90	CAP	32.50	29.25
64027	TURMERO ACTIVE	8 Z	LIQ	52.00	46.80
60342	X VIROMIN K 13	90	CAP	35.50	31.85
AP	OTHECARY PRODU	JCTS			
40200	MEDTIME PLANNER DELUXE	EA	MIS	10.99	10.99
53110	PILL REMIND 1 DAY TIME	EA	MIS	12.99	12.99
41952	PILL REMIND 14 DAY AL	EA	EA	9.82	7.86
59877	PILL REMIND AMPM 3X LK	EA	MIS	8.89	8.89
63347	PILL STACKABLE SMALL	EA	MIS	7.49	7.49
AR	THUR ANDREW M	EDICAI	L.		
60915	NEPRINOL	300	CAP	199.99	
60917	NEPRINOL	90	CAP	79.99	71.99
60916	NEPRINOL	150	CAP	109.99	98.99
60919	SYNTOL	180	CAP	99.99	89.99
	BREY ORGANICS				
62971	AGE DEFY THERAP CLEANS	3.4	LIQ	14.95	14.95
51510	AGE DEFY THERAP SERUM	10M	LIQ	14.95	14.95
66151	AGE DEFY THERAPY MOIST	50M	CRM	23.50	23.50
66154	CALM SKIN THERAP MOIST	50M	CRM	22.50	22.50
63696	CALMING SKIN CLEANSER	3.4	LIQ	14.95	14.95
44024	COLLAGEN TCM MOISTURIZ	27	CRM	22.50	22.50
66158	CONDIT GREEN TEA MAND	117	LIQ	10.93	10.93
66358	CONDIT ROSA MOSQUETA	117	LIQ	14.99	14.99
40327	EVENING PRIMROSE OIL	17	LIO	19.59	17.63
55073	GINSENG BIOTN HAIR GEL Hand body lot epo	6 Z 8 Z	GEL	9.95	9.95
51134 43987	HAND BODY LOT ROS MASQ	8 Z	LOT Lot	13.95 12.95	13.95 12.95
4390 <i>1</i> 65641	LUMESSENCE LIFT	1 Z	CRM	33.50	33.50
62970	MOIST REVITAL THERAPY	1.7	CRM	22.50	22.50
56272	REVITAL THERAPY SERUM	.36	OIL	12.98	12.98
67299	SHAMPOO GPB ROSEM PEPP	11Z	LIQ	10.48	10.48
66228	SHAMPOO GREEN TEA	112	LIQ	10.48	10.40
40292	SHAMPOO HERBAL ROSA	112	LIQ	9.98	9.98
66229	SHAMPOO HONEYSUCK ROSE	117	LIQ	10.48	10.48
40278	SHAMPOO JAY JOJOBA ALO	162	LIQ	15.48	15.48
AU	RA CACIA				
23833	ALMOND OIL SWEET 160Z	16Z	LIQ	17.45	13.96
23295	ANISE OIL .5Z	.5Z	LIQ	16.19	12.95
62999	ARGAN DAY FACE OIL SER	17	LIQ	19.99	15.99
61089	ARGAN OIL SPRAY	17	SPY	14.99	11.99
63389	AWAKENING YOGA MIST	4 Z	SPY	9.99	7.99
63000	BAOBAB NIGHT FACE OIL	17	LIQ	19.99	15.99

1 Z SPY

BAOBAB OIL SPRAY

61090

14.99 11.99

RED YEAST RICE O CAP

RESVERO ACTIVE K76

4866	BASIL OIL ESSENTIAL BERGAMOT ESSENT OIL CHILL PILL MIST CLARY SAGE CLOVE OIL 5.02 COMFORT ESS OIL BLEND COOL HOTTIE MIST CYPRESS OIL EMPOWERING SOLAR PLEX A ENLIGHTENING CROWN STK EXPRESSIVE THROAT STK FIRST BESPONSE MIST FRANKENCENSE ESS OIL GERANIUM ESS OIL .502 GINGER ESS OIL GROUNDING RT AROMA STK HELICHRYSUM ESSEN OIL GROUNDING BT AROMA STK HELICHRYSUM ESSEN OIL INSIGHTEUL THIRD EYE JUNIPER OIL .502 LAVENDER ESSENTIAL OIL COPENING HEART AROMA STK PANIC BUTTON MIST WYBRI ESSENT OIL OPENING HEART AROMA STK PANIC BUTTON MIST PATCHOULI PEP TALK MIST PEPRMINT ESS OIL 15ML PINE OIL PURIFYING YOGA MIST ROSE ABS JOJOB ESS OIL ROSEHIP OIL SPRAY SAGE OIL .502 SENSUAL SACRAL ARO STK TAMANU OIL SPRAY TAMANU SOOTH FACE OIL TEA TREE OIL THYME RED ESS OIL VETIVER ESSENTIAL OIL ROMIERE MOUTHWASH AYURVEDIC	57	IIN	11 59	9 27
8684	RERGAMOT ESSENT OU	.02 57	III	14 99	11 99
1889	CHILL PILL MIST	27	SPY	7 99	6 3q
2190	CLARY SAGE	<u>د د</u>	IIN	13 39	10.33
3556	CLAIT GAGE	.u 57	III	7 50	6.07
.5500 16703	CLOVE DIE .302 COMFORT FCC OII RIFND	.JZ 57	III	0.00	7 00
1890	COMI ONL 133 OIL DELIND	.JL 27	CDA	7 99	6 30
3870	CVPRESS UII	57	IIN	2 QQ	7 10
3393	EMPOWERING SOLAR PLEX A	31	CTK	15 QQ	12 70
3301	ENLIGHTENING CROWN STK	31	CTK	15.00	12.70
3305	ENDERGOINE THROAT STK	31	CTK	15.00	12.70
1891	FIRST RESOURT HINDAY OTA	27	CDA	7 99	6 3Q
3615	EBUNKENCENSE ESS UII	57	IIN	7.55 79.89	23 Q1
2190	GERANIUM ESS OU 507	.JZ 5	III	17 89	14 31
6796	GINGER ESS OII	.0 57	III	14.15	11 37
3456	GRAPFFRIIIT FSS NII	.02 57	III	9.85	7.88
3396	GROUNDING RT AROMA STK	31	STK	15 99	12 79
6795	HELICHBYSUM ESSEN OU	.01 57	IIN	15.00	12.70
3397	INSIGHTFIII THIRD FYF	31	STK	15.00	12.70
3837	JUNIPER OU 507	.01 57	IIN	22.49	17 99
2668	LAVENDER ESSENTIAL DIL	57	III	12.39	9 91
2522	LAVENDER ESSENTIAL OIL	27	110	38 39	30.71
1091	MACADAMIA OII SPRAY	17	SPY	10.99	8 79
3165	MFDIFVAL MIX	57	110	10.00	8 79
3390	MOTIVATING YOGA MIST	47	SPY	9 99	7 99
3934	MYRRH ESSENT OIL	.57	LIQ	31.19	24.95
3398	OPENING HEART AROMA STK	.31	STK	15.99	12.79
1892	PANIC BUTTON MIST	2.2	SPY	7.99	6.39
4303	PATCHOULI	.5Z	LIQ	19.79	15.83
1893	PEP TALK MIST	2 Z	SPY	7.99	6.39
1993	PEPRMINT ESS OIL 15ML	.5Z	LIQ	8.99	7.19
8650	PINE OIL	.5	LIQ	7.99	6.39
3391	PURIFYING YOGA MIST	4 Z	SPY	9.99	7.99
6797	ROSE ABS JOJOB ESS OIL	.5Z	LIQ	14.99	11.99
3001	ROSEHIP DP FACE OIL SR	1 Z	LIQ	19.99	15.99
1092	ROSEHIP OIL SPRAY	1 Z	SPY	13.59	10.87
23831	SAGE OIL .50Z	.5Z	LIQ	9.99	7.99
3392	SENSUAL SACRAL ARO STK	.31	STK	15.99	12.79
1093	TAMANU OIL SPRAY	1 Z	SPY	15.99	12.79
3002	TAMANU SOOTH FACE OIL	1 Z	LIQ	19.99	15.99
23871	TEA TREE OIL	.5Z	LIQ	8.69	6.95
23872	THYME RED ESS OIL	.5Z	LIQ	18.39	14.71
6798	VANILLA W/JOJ ESS OIL	.5Z	LIQ	24.99	19.99
29899	VETIVER ESSENT OIL	.5Z	LIQ	15.89	12.71
26779	YLANG ESSENTIAL OIL	.5	LIQ	14.99	11.99
AU	ROMIERE  MOUTHWASH AYURVEDIC TPST AURO HERBAL 4.16Z TPST AURO MINT FR				
7172	MOUTHWASH AYURVEDIC	167	LIQ	15.39	12.31
6554	TPST AURO HERBAL 4.16Z	4.1	TUB	8.25	6.60
7944	TPST AURO MINT FR	4.1	TUB	8.25	6.60

13	EMPOWERING SOLAR PLEX A	.31	STK	15.99	12.79
14	ENLIGHTENING CROWN STK	.31	STK	15.99	12.79
15	EXPRESSIVE THROAT STK	.31	STK	15.99	12.79
11	FIRST RESPONSE MIST	2 Z	SPY	7.99	6.39
5	FRANKENCENSE ESS OIL	.5Z	LIQ	29.89	23.91
10	GERANIUM ESS OIL .50Z	.5	LIQ	17.89	14.31
16	GINGER ESS OIL	.5Z	LIQ	14.15	11.32
6	GRAPEFRUIT ESS OIL	.5Z	LIQ	9.85	7.88
16	GROUNDING RT AROMA STK	.31	STK	15.99	12.79
15	HELICHRYSUM ESSEN OIL	.5Z	LIQ	15.99	12.79
17	INSIGHTFUL THIRD EYE	.31	STK	15.99	12.79
12	JUNIPER OIL .50Z	.52	LIQ	22.49	17.99
8	LAVENDER ESSENTIAL OIL	.52	LIQ	12.39	9.91
22	LAVENDER ESSENTIAL OIL	2 Z	LIQ	38.39	30.71
1	MACADAMIA OIL SPRAY	1 Z	SPY	10.99	8.79
35	MEDIEVAL MIX	.52	LIQ	10.99	8.79
90	MOTIVATING YOGA MIST	4 Z	SPY	9.99	7.99
}4	MYRRH ESSENT OIL	.5Z	LIQ	31.19	24.95
18	OPENING HEART AROMA STK	.31	STK	15.99	12.79
12	PANIC BUTTON MIST	27	SPY	7.99	6.39
13	PATCHOULI	.52	LIQ	19.79	15.83
13	PEP TALK MIST	2 Z	SPY	7.99	6.39
13	PEPRMINT ESS OIL 15ML	.5Z	LIQ	8.99	7.19
i0	PINE OIL	.5	LIQ	7.99	6.39
1	PURIFYING YOGA MIST	4 Z	SPY	9.99	7.99
17	ROSE ABS JOJOB ESS OIL	.5Z	LIQ	14.99	11.99
)1	ROSEHIP DP FACE OIL SR	1 Z	LIQ	19.99	15.99
12	ROSEHIP OIL SPRAY	1 Z	SPY	13.59	10.87
}1	SAGE OIL .50Z	.5Z	LIQ	9.99	7.99
12	SENSUAL SACRAL ARO STK	.31	STK	15.99	12.79
13	TAMANU OIL SPRAY	1 Z	SPY	15.99	12.79
12	TAMANU SOOTH FACE OIL	1 Z	LIQ	19.99	15.99
11	TEA TREE OIL	.52	LIQ	8.69	6.95
12	THYME RED ESS OIL	.52	LIQ	18.39	14.71
98	VANILLA W/JOJ ESS OIL	.52	LIQ	24.99	19.99
99	VETIVER ESSENT OIL	.52	LIQ	15.89	12.71
19	YLANG ESSENTIAL OIL	.5	LIQ	14.99	11.99
ŢŢ	ROMERE				
2	MOUTHWASH AYURVEDIC	167	LIQ	15.39	12.31
i4	TPST AURO HERBAL 4.16Z	4.1	TUB		6.60
14   /		4.1 // 1			

TUB

8.25

TPST FRESHMINT

L	14901	AGRIMONY	20M	LIC
1	7149	ASPEN 20ML	20	LIC
1	17150	BEECH 20ML	20	LIO
1	17151	CENTAURY 20ML	20	LIO
L	12004	CERATO 20ML	20	LIO
L	12243	CHERRY PLUM 20 ML	20	LIC
L	12244	CHESTNUT BUD 20 ML	20	LIC
L	12005	CHICORY 20ML	20	LIC
1	17156	CLEMATIS 20ML	20	LIC
1	17157	CRAB APPLE 20ML	20	LIC
L	13567	ELM 20 ML	20M	LIC
L	12245	GENTIAN 20 ML	20	LIC
1	17173	GORSE 20ML	20	LIC
L	15181	HEATHER 20 ML	20M	LIC
L	13568	HOLLY 20 ML	20M	LIC
L	12341	HONEYSUCKLE 20 ML	20	LIC
L	12711	HORNBEAM 20 ML	20	LIC
L	12890	IMPATIENS 20ML	20M	LIC
	P	lease Note: The pr	ices in th	is l
	th	ne normal, day-to-	day Willn	er (
	dis	counts. Be sure to	check the	e S
		for addition		

isting are Chemists Sale listings for additional discounts! See back page, or www.willner.com

# It's your skin!



Xyndet® Skin Care Line aids in the care of

- Acne
- Atopic Eczema
- Psoriasis
- Dandruff
- Itching

& takes care of dry, scaly and sensitive skin.



#### What are the special features of XYNDET® Balm?

XYNDET® Balm is a very fine structured oil in a water emulsion. It transfers moisture as well as oils into skin. It goes through hard and scaly skin. In extreme cases of hard and scaly skin we recommend to apply a thick layer of XYNDET® Balm and wrapping it with a plastic foil for a maximum of 2 hours. The balm will not leave any greasy residues, provided the skin was not treated prior with any other product.

#### Why is XYNDET® Balm recommended for itching?

XYNDET® Balm should be kept in a cool place in order to apply a cooling effect to the itchy skin. XYNDET® Balm transports moisture and oils into the skin. XYNDET® contains Dead Sea salt and Dead Sea silt, which have a balancing effect on the skin.

#### What about XYNDET® Hair & Body Wash?

XYNDET® Hair & Body Wash, a Sensitive Skin Formula Cleansing Liquid is composed of products containing Dead Sea minerals. Like the other XYNDET® products it is completely free of fragrances and coloring agents.

XYNDET® Sensitive Skin Formula Cleansing bar and XYNDET® Hair & Body Wash have a skin neutral ph value of 5.7.

# XYNDET® SKIN CARE LINI

THE STATE OF THE PARTY OF THE P	XYNDET® Sensitive Skin Formula Cleansing Bar	XYNDET® Hair & Body Wash	XYNDET® Balm
Acne	very good	good	good
Atopic eczema	very good	very good	very good
Psoriasis		very good	very good
Sensitive Skin	very good	very good	very good
Dandruff	good	very good	good
Itching	good	good	very good
Red Scalp		very good	very good

# What are the differences between XYNDET® and regular soaps?

Soaps are based on fatty acids, mostly animal fat. XYNDET® does not contain fatty acids or other animal products. Our washing products contain fatty alcohols. Fatty alcohols foam up nicely at any water harshness. XYNDET® Sensitive Skin Formula Cleansing Bar removes surface residues of make up and helps open up pores for deeper cleaning.

## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **₹**



#### **Burdock Root**

Burdock root is a gentle liver and blood cleanser, especially useful for toxic skin disorders. Recent evidence supports its historic role in treating diabetes. It is an ingredient in various popular cancer remedies.

1 fl oz - Product Code: 57061

#### Who would benefit from this product?

• Those with skin conditions such as eczema, acne, and psoriasis. Historically, Burdock has been used to treat diabetes, and it is a common ingredient of several popular cancer remedies (EssiacR and HoxseyR). Burdock Root has been widely recommended to diabetic patients by healthcare professionals.

Burdock Root is considered safe. In Japan, burdock is considered a "vegetable," and consumed as such.

30-60 drops 2-3 times per day or as needed in juice or water. Phyto-Tech™ Burdock Root contains 667 mg certified organic burdock root per 30 drops.

#### California Poppy 1:3

#### California poppy has been used as a sedative to relieve insomnia and nervousness.

1 fl oz - Product Code: 57643 In an article by Abascal K, Yarnell E., Nervine herbs for treating anxiety (Altern Compliment Ther. 2004 December:309-315.), the authors discussed California poppy. They first pointed out that "anxiety disorders are common in many Western countries, and conventional drugs like benzodiazepines are often prescribed to relieve anxiety. However, these drugs have worrisome short-term and longterm side effects. Nervine herbs (herbs that quiet nervous excitement) have a long history of traditional use in relieving

anxiety, insomnia, and mild depression. With the exception of St. John's wort (Hypericum perforatum), kava (Piper methysticum), and valerian (Valeriana officinalis), there is little published research on the safety and efficacy of nervine herbs. The purpose of this article was to review the available research and explain how the lesser-known nervine herbs are commonly used in practice." One of those "lesser-known nervine herbs" was California poppy. They made the following observation: "California poppy (Eschscholzia californica) is used for its mild analgesic and calming effects. Unlike the opium poppy (Papaver somniferum), it has no narcotic effects. Animal studies indicate California poppy tea reduces anxiety, acts as a mild analgesic, and helps prevent drug-induced memory loss. Most herbal practitioners combine lower doses of California poppy with other nervines to relieve anxiety. Researchers studied a combination of California poppy, hawthorn flower (Crataegus laevigata), and magnesium in 264 people with mild to moderate anxiety. Those taking the herb mixture had significantly improved anxiety symptoms after three months compared to those taking placebo. Hawthorn is primarily used for heart conditions and is not usually considered a nervine. However, it may help alleviate anxiety symptoms such as heart palpitations and increased blood pressure. "

#### Calming Complex

This supplement, "designed for children", exerts a sedative and calming action appropriate for daytime use. It can also be used at night to help induce sleep.

1 fl oz - Product Code: 56996

#### Who would benefit from this supplement?

• Children who are hyperactive, anxious, obsessive compulsive, ADHD or insomnia.

Complex will also function as a mild analgesic, and take the edge off muscle pain and tension. It will help spasms, cramping, colic pain and gas pain. Dosage (by Weight):

airline flights and car trips to difficult family situations to

performance anxiety. Phyto-Tech™ Child Friendly Calming

following herbs: Chamomile Flower, Valerian Root, Hops

Strobiles, Lobelia Herb, Vegetable Glycerin, Pure Dionized

Phyto-Tech™ Child Friendly Calming Complex can be used

during the day to help calm down an excitable child. It can

be used at night (10-30 minutes before bed time) to help

be used as a daily tonic or on an as needed basis. It can also

bring on sleep. Typically, it will not make a child sleepy when

used in the daytime. It is a strong yet gentle central nervous

hyperactive child to increase focus in the day. It can also be

used for situations that create anxiety and stress, ranging from

system and adrenaline calmer. It will help slow down a

10-30 lb. Use 10-20 drops; 31-60 lb. Use 20-40 drops; 61-100 lb. Use 40-60 drops; Over 100 lb. Use 60-90 drops. Administer 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK.

Cautions: If a child is taking a prescription sedative, consult with the doctor, and take lower herbal doses.

#### Candida Complex

An Alterative Formula, with Anti-Fungal and Anti-Infective Properties. Clinically developed specifically for those with chronic candida and yeast infections.

1 fl oz - Product Code: 57730

Please Note: Chronic Candidiasis is not commonly recognized

... continued on page 32

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Phyto-Tech™ Child Friendly Calming Complex contains the

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



42546	LARCH	20	LIQ	19.99	15.99	58908	OMEGA MAN	120	SGC	32.25	25.80
42338	MIMULUS 20 ML	20	LIQ	19.99	15.99	34062	OMEGA TWIN FLAX BOR LG	12Z	LIQ	31.20	24.96
42171	MUSTARD 20 ML	20M	LIQ		15.99	67351	PROBIOTIC GUMMIES RASP	60	CHW	20.00	16.00
42588	OAK	20	LIQ	19.99	15.99	RH	I HEEL				
41781	OLIVE 20ML	20	LIQ		15.99			400	TAR	40.50	44.00
42172	PINE 20 ML	20M	LIQ		15.99	58462	ADRISIN ALLERGY RELIEF Allergy	100 100	TAB Tab	12.59 12.59	
17197	RED CHESTNUT 20ML	20	LIQ Loz		15.99 8.12	15088 15142	ALLERGY REL CLEARLIFE	20M	SPY		11.33
58969 17198	RESCUE REMED PAST BL C Rescue remedy 10ML	50 10	LIQ	10.15 17.05	13.64	64721	ARNICA PLUS	20W 100	TAB	14.99	
17190	RESCUE REMEDY 20ML	20	LIQ		19.24	15089	ARTHRITIS	100	TAB	12.59	
59020	RESCUE REMEDY CRM	30G	CRM		10.44	15091	BACK	100	TAB	12.59	
57418	RESCUE REMEDY KIDS A/F	10M	LIQ		13.59	39767	BODYANEW CLEANSE DETOX	KIT	KIT	37.79	34.01
53441	RESCUE REMEDY PASTLLE	50	LOZ	10.15	8.12	66041	BODYANEW FATIGE ORAL	50	LIQ		10.79
58706	RESCUE REMEDY PET	10M	LIQ	19.29	15.43	15096	CALMING	100	TAB	12.59	
52385	RESCUE REMEDY SLEEP	7ML	SPY		13.64	15100	COLD	100	TAB	11.99	
56698	RESCUE REMEDY SLEEP BFR	20	SPY	25.05	20.04	63611	COLD FLU RELIEF BERRY	100	TAB	12.59	
41495	RESCUE REMEDY SPRAY	_20	SPY		19.24	67953	COLD FLU RELIF REB LEM	100	TAB	12.59	
52590	RESCUE REMEDY SPRAY 7 M	7ML	SPY		12.79	15102	COUGH	100	TAB SRP	12.59	
61108	RESCUE SLEEP LIQ MELTS	28	LOZ LIQ	11.99	9.59	35138 20536	COUGH RELIEF REBOOST Decongest Nasal Spray	4.2 20	SPY	12.59 12.59	11.33
42340 41933	ROCK ROSE 20 ML Rock water 20 ML	20 20	LIQ		15.99 15.99	20030 15103	DIARRHEA	100	TAB		10.07
43040	SCLERANTHUS 20ML	20M	LIQ		15.99	15111	FLU PLUS	100	TAB	12.59	
42587	STAR OF BETHLEHEM	20101	LIQ		15.99	15116	HEMORRHOID	100	TAB	11.99	
42073	SWEET CHESTNUT 20 ML	20	LIQ		15.99	15115	MIGRAINE (HEADACHE II)	100	TAB	12.59	
17212	VERVAIN 20ML	20M	LIQ		15.99	15094	MUCUS RELIEF BRONCHIT	100	TAB	12.59	
42246	VINE 20 ML	20	LIQ	19.99	15.99	15128	NAUSEA	100	TAB	12.59	
42074	WALNUT 20 ML	20	LIQ		15.99	15158	REBOOST IMMUNE ENGYSTL	100	TAB	11.99	
41780	WATER VIOLET 20ML	20	LIQ		15.99	15134	SINUS	100	TAB		10.07
41882	WHITE CHESTNUT 20ML	20	LIQ		15.99	15135	SKIN	100	TAB	12.59	
42339	WILD OAT 20 ML	20	LIQ		15.99	15137 15177	SPASM-PAIN T relief (traumeel)	100 100	TAB Tab	11.99 12.59	
17227	WILLOW 20ML	20	LIQ	19.99	15.99	20439	T RELIEF (TRAUML OINT)	50G	ONT	12.59	
BA	RLEANS					65627	T RELIEF ARTHRITS OINT	50	ONT		11.33
45627	BREVAIL	30	CAP	21 63	17.30	20531	T RELIEF ORAL DROPS	50	LIQ	12.59	
42701	E P O 1300 MG	120	SGC	35.67		20537	T RELIEF TRAUMEEL OINT	100	ONT	24.19	
33851	ESSENTIAL WOMAN 1000	120	CAP		25.93	15179	T RELIF ARTHRIT (ZEEL)	100	TAB	12.59	
61051	FISH OIL ORANGE FLAVOR	250	SGC		22.46	15140	THROAT	100	TAB		13.04
61886	FLAX OIL	327	LIQ		33.72	53119	THROAT RELIEF REBOOST	20M	SPY	12.59	
51566	FLAX OIL	127	LIQ	17.27		41589	TRAUMEEL GEL	50G	GEL		11.33
51567	FLAX OIL	16Z	LIQ		17.74	67558	TRAUMEEL OINTMENT RX	100	ONT	30.00	30.00
33524 34447	FLAX OIL CAP 1000 MG Flax oil cap 1000 MG	100 250	CAP Cap		10.60 25.38	31379 53402	URI CONTROL RX Wellmind tension rel bh	100 100	TAB Tab	22.99	20.69 11.33
5444 <i>1</i> 67350	FLAX OIL GUMMIES ORANG	200 90	CHW	21.67		5340Z 66790	WELLMIND VERTIGO RX ON	100	TAB	12.59 28.49	
30467	FLAXSEED OIL HIGH LIGN	32Z	LIQ		34.60			100	IAD	20.40	20.04
30470	FLAXSEED OIL HIGH LIGN	127	LIQ		14.28	BIC	O GENESIS				
35862	FLAXSEED OIL HIGH LIGN	162	LIQ		18.14	43710	DIABETONE PLUS	90	VCA	54.69	43.75
37658	FLAXSEED OIL LIGNAN	250	SGC		25.80	43204	INTESTINAL REPAIR CAP	120	VCA	49.19	39.35
37657	FLAXSEED OIL LIGNAN	100	SGC	13.92	11.13	63539	METHYL FACTORS LIQ	2 Z	LIQ	29.89	24.95
43829	FORTI FLAX	16Z	PWD	8.42	6.73	60093	SLEEP FACTORS	60	VCA	40.99	32.79
34552	GREENS 9.3 OZ ORGANIC	8.4	PWD	42.58	34.06	62809	ULTRAGENESIS W/ O IRON	180	CAP	43.99	35.19
61327	OLIVE LEAF COMP NATURL	16Z	LIQ	37.33	29.86	51345	XYLITOL FRUIT GUM	90	GUM	14.99	11.99
58022	OLIVE LEAF COMP PEPPER	16Z	LIQ	37.33	29.86						

RIO	K PLUS					52121	BRONCHIFORCE	12	LIQ	16.25	14.63
		45	040	00.40	04.07	44972		1 Z	LIQ	16.25	14.63
67786	BIO K + CAP 50 BILLON	15 cn/	CAP		34.37	64738	CANDIDA COMBO	1 Z	LIQ	17.20	15.48
60940	BIO K + FERMENTED RICE	6PK	LIQ	31.95		45200	CARDIO TONIC	1 Z	LIQ		14.63
50585 50583	BIO K PLUS CL1285 D/F	6PK 6PK	LIQ LIQ	29.59	26.64	52119	CARDIOTONE	1 Z	LIQ	16.25	
60837	BIO K PLUS CL1285 ORIG BIO-K + CAP 25 BILLION	15	CAP	24.36		60698	CEREBROPLEX	1 Z	LIQ		14.63
55900	BIO-K + CAF 25 BILLION BIO-K PLUS BKP/6	6PK	LIQ	29.59		52142	COLTOX	17	LIQ		14.63
	• •	UFIX	LIU	20.00	20.04	59445	ECHINAPLEX	27	LIQ	23.90	
BIC	NUTRITION					54754	CALCIFORCE CANDIDA COMBO CARDIO TONIC CARDIO TONIC CARDIOTONE CEREBROPLEX COLTOX ECHINAPLEX ECZEMA HP EDEMA HP ENDOCRINE BALANCER EQUISTAPLEX EV TOX FING 1 GENPLEX II GINGERPLEX II GLUTATHIONE 6X HEMOFORCE HEPATATOX HYDRANGEAPLEX HYDRANGEAPLEX INFLAMMATION II INJURY KIDNEY TONIC II LIVER TONIC I	17	LIQ	20.12	
65538	CARALLUMA 1000 MG	60	VCA	14.99	11.99	51503	EUEWA HY	1 Z 1 Z	LIQ LIQ	20.12	
62775	GARCINIA CAMBOGIA 500	60	VCA	15.99		51979 43962	ENDUCTINE DALANGEN	17	LIQ	16.25 18.25	14.63
61794	GREEN COFFEE BEAN 800	50	CAP	29.99	23.99	53611	EU TOY	17	LIQ	16.25	
61969	MORINGA 5000 MG SUPER	60	VCA	19.99	15.99	51235	ENG 1	12	LIQ		14.63
65361	MORINGA LEAF PWD ORGNI	300	PWD		15.99	44860	GENPLEX II	17	LIQ	23.40	
61970	TESTOSTERONE WELLNESS	60	TAB	27.99	22.39	56153	GINGERPLEX II	17	LIQ	18.25	
BIO	STRATH					65130	GLUTATHIONE 6X	17	LIQ	17.20	
		100	TAD	00.00	00.10	44988	HEMOFORCE	17	LIQ		14.63
24378	BIO STRATH ORIG	100	TAB		23.19	43288	HEPATATOX	1 Z	LIQ	16.25	14.63
17246	BIO STRATH ORIG 3.4 OZ	.47	LIQ		13.59	44254	HYDRANGEAPLEX	1 Z	LIQ	18.25	16.43
17247	BIO STRATH ORIG 8.4 OZ	.4Z	LIQ	20.99	23.19	62582	HYDRANGEAPLEX	2 Z	LIQ	23.90	21.51
BIO	TECH					43571	INFLAMATION II	1 Z	LIQ		14.63
14743	A 25	100	SGC	7.40	6.66	43961	INFLAMMATION I	1 Z	LIQ		14.63
66765	B2 400 MG	100	CAP		23.40	45355	INJURY	1 Z	LIQ		14.63
51102	B6 FOLIC ACID B12 METH	100	CAP		20.70	67908	INJURY CRM	2.7	CRM	25.40	
52112	CARNITINE 400 MG	100	CAP		57.60	50321	KELPLEX	17	LIQ	18.25	
58713	CRM CHROM POLINICOT	100	CAP	13.60		45598	KIDNEY TONIC I	27	LIQ	21.90	
51254	D 3 50	100	CAP	30.00	27.00	51364	KIDNEY TONIC II	27	LIQ	21.90	
44893	D MANNOSE CAP	100	CAP	35.00	31.50	51365 43940	LIVEK TUNIC I	2 Z 1 Z	LIQ Liq	21.90 21.90	
36251	D MANNOSE PWD 100 GRAM	100	PWD	50.00		43940 43920	LTIVI U	27	LIQ	21.90	
35590	D MANNOSE PWD 50 GRAMS	50	PWD		28.80	43570	IVMPH II	27	LIQ	21.90	
26959	D3 5 5000 CAP	100	CAP	7.30	6.57	42461	IVMPH III	27	LIQ	21.90	
59990	D3 5 5000 IU	250	CAP		14.13	42312	METALOGIN	12	LIQ		14.63
51183	D3 50	12	CAP		16.20	54940	MINAPIFX	12	LIQ	18.25	
54671	DHEA 5 MG	100	CAP	10.00	8.00	67177	MOLD MIX	17	LIQ	19.00	
42223	FOLIC ACID 20 MG	100	CAP CAP		12.60	52478	MYRRHPLEX	1 Z	LIQ	18.25	
55858 14729	FOLIC ACID 5 MG Lacto Pectin	100 100	CAP	12.00 19.70	10.80	44855	NEUROTOX	1 Z	LIQ	16.25	
			UAI	13.70	17.73	44540	OCCULOPLEX G	1 Z	LIQ	16.25	14.63
BIC	ACTIVE NUTRITI	ONAL				44165	OCCULOPLEX I	1 Z	LIQ	16.25	14.63
43433	ACETYLCHOLINE CHLORIDE	1 Z	LIQ	17.42	15.68	59342	OSTEOPLEX	1 Z	LIQ	16.25	
53062	ADAPTAGEN	17	LIQ	16.25		62253	PARA THYROPLEX	1 Z	LIQ	16.25	
44914	ADRENOPLEX	1 Z	LIQ	16.25	14.63	56650	PNEUWUIUX	1 /	LIQ		14.63
45599	ARTHRITIS HP	1 Z	LIQ	20.12	18.11	44980	PRE/POST SURGERY	17	LIQ		14.63
44483	BAC	1 Z	LIQ	16.25	14.63	68077	PROSTA BALANCER CAP	60	CAP	39.00	35.10
44484	BAC HP	1 Z	LIQ	20.12	18.11	45201	RENOTOX	17	LIQ		14.63
66521	BIO ASSIMILATION	120	CAP		26.55	51965	SCIATICA HP	1 Z 1 Z	LIQ Liq	20.12	15.68
61748	BIO ASSIMILATION CAP	240	CAP		51.93	52357 51022	SEROTONIN Soliplex	12	LIQ		16.43
58944	BIO RES Q	17	LIQ	15.25		51022 51504	SOLIPLEX	27	LIQ		21.51
67332	BLOOD ROOT	17	LIQ		21.06	44542	THYROPLEX	12	LIQ	16.25	
66387	BONE DEVELOPER CAP	60	CAP	24.99	22.49	52976	SCIATICA HP SEROTONIN SOLIPLEX SOLIPLEX THYROPLEX UNIVERALTOX	12	LIQ	16.25	14.63
44971	BONE REPAIR-HP	17	LIQ	20.12	18.11	02010	UNITERINETON	1.2	LIU	10.20	17.00



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<sup>1</sup>Vitamin Retailer magazine 2003-2007, 2010-2017.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



as a medical condition by conventional medicine; any diagnosis and/or treatment of this condition should be supervised by a health professional. This product is not intended to treat, cure or mitigate disease.

James Duke, Ph.D., in his book "The Green Pharmacy", makes the following comment on Black walnut (Juglans nigra.) "Kathi Keville, author of The Illustrated Herb Encyclopedia and Herbs for Health and Healing, a California Heralist whom I admire, recounts one impressive study showeing that the fresh husk of the black walnut destroyed candida better than a commonly prescribed antifungal drug." "Recurrent or chronic infections, including chronic candidsis, are characterized by a depressed immune system. A repetitive cycle makes it difficult to overcome chronic candidiasis: a compromised immune system leads to infection, and infection leads to damage to the immune system, further weakining resistance." (Murray and Pizzorno, Encyclopedia of Natural Medicine). Enhanced immune system function may be the most important component of treating this condition.

#### Dosage:

Take 30 drops 3 times a day in water before meals. Each serving (30 drops) contains the following: Fresh Black Walnut Hull 150 mg, Fresh Spilanthes Flower 75 mg, Usnea Lichen 67 mg, Pau D'Arco Bark 67 mg, Oregon Grape Root 50 mg, Gentian Root 33 mg, Fennel Seed 17 mg, Tea Tree Oil 3 mg, Oregano Oil 1 mg, Grain Alcohol, Deionized Water.

#### Cascara Sagrada

Cascara sagrada, obtained from the dried bark of Rhamnus purshianus (Rhamnaceae), is traditionally used as a laxative and detoxification agent.

90 Veggie Caps - Product Code: 60124

#### Who would benefit from this supplement?

• Those suffering from occasional constipation. Like any "stimulant" laxative, it is not intended for long term or chronic use

#### Dosage:

Traditional dosage of the dried bark is 300 to 1000 mg taken at bedtime. This is equivalent to one or two capsules. Start with one capsule. The appropriate amount of cascara is the smallest dose that is necessary to maintain soft stools.

#### **Ingredients**

Each capsule contains 420 mg of full-spectrum, wildcrafted Cascara sagrada bark.

#### **Complimentary Formulas:**

• Moving On (Product Code: 67472)

#### Cayenne 1:5

Cayenne is a spice derived from various species of Capsicum. As such, it adds color, pungency and aroma to foods consumed throughout the world.

1 fl oz - Product Code: 57054

#### **Chamomile Flowers**

Chamomile is traditionally used for its mild relaxing effect. It calms, sooths and supports the nervous system.

1 fl oz - Product Code: 57067

#### Who would benefit from this supplement?

• Those with stress, anxiety, stomach upset due to nervousness, and mild insomnia.

Phyto-Tech<sup>TM</sup> Chamomile Flower is traditionally used as a mild relaxing herb for mild insomnia, anxiousness and stomach upset from nervousness. It is a gentle sedative to the central nervous system and can calm one down. It is best

when one wants a gentle relaxing herb to gently help them to sleep or to simply relax during the day. It will not make one sleepy like Valerian can, nor will it reduce pain as well as skullcap. It is suitable for children, those who are very sensitive to sedatives and for the elderly. It is especially soothing in a warm cup of water at bedtime.

Chamomile can be used for digestive upset from nervous eating or overeating. It can soothe upset tummies form overeating junk foods.

It has also been used for teething infants and children who need a little pain relieving action. Dilute amounts are added to water, milk or juice in amounts suitable to the weight of the child.

#### Dosage

Use 10-20 drops for a 30 pound child, 25-30 drops for a 60 pound child and an adult dose above these weights.

#### ngredients:

Phyto-Tech™ Chamomile Flowers contains 333 mg certified organic Chamomile in 30 drops.

#### **Chaste Tree Berry**

Chaste Tree helps to balance the female cycle and supports proper progesterone levels.

1 fl oz - Product Code: 56989

#### Who would benefit from this supplement:

• Women with progesterone deficiency, PMS, menopause related problems, and infertility.

#### Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water Phyto-Tech™ Chaste Tree Berry contains 500 mg of certified organic chaste tree berry in 30 drops.

... continued on page 34

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

#### 7)

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



44982	VENOFORCE I	12	IIN	16.25 14.63	21297	BIO AE MULSION FORTE	17	DRP	19.50	17 55	33538	HISTOPLEX	90	CAP	34.50	31 05	55374	ACIDOPHILUS PLUS PWD	3.7	PWD	25.50 20.40
50182	VENOFORCE II	12	LIQ	16.25 14.63	21299	BIO ANABOLIC	31	PAK	36.50		52204	HISTOPLEX AB	90	CAP	34.50		39788	AGE LESS SKIN FORMULA	60	VCA	25.50 20.40 25.50 20.40
59263	VERMAPLEX	27	LIQ	23.90 21.51	21301	BIO B 100	180	TAB		16.10	21392	HYDROZYME	250	TAB	30.50		39789	AGE LESS SKIN FORMULA	120	VCA	49.50 39.60
43902	VERMEX	1 Z	LIQ	16.25 14.63	21305	BIO C + 1000	100	TAB		22.41	30263	I A G (ARA) 100GM	100	PWD	30.90		56794	AGELESS CHOICE MEN $50+$	90	CPL	38.50 30.80
BIG	DFORCE				63436	BIO CARDIO SIRT BP	8 Z	PWD		42.75	21396	INTENZYME FORTE	500	TAB	99.90		56793	AGELESS CHOICE WOM $50+$	90	CPL	38.50 30.80
		120	TAD	10.00 15.00	51208	BIO CARDIOZYME FORTE	360	CAP		58.41	21395	INTENZYME FORTE	100	TAB	21.90		54999	AMINO ACID CAPS 750 MG	120	VCA	37.50 30.00
26418 26419	ALLERGY POLLINOSAN ALLERGY POLLINOSAN	120 1.7	TAB Liq	19.99 15.99 19.99 15.99	21307 21312	BIO CARDIOZYME FORTE BIO D MULSION	120 1 Z	CAP DRP	24.50 2 12.90	22.05 11.70	60336 28340	IODIZYME HP IPS INTESTINAL PRM SUP	120 90	TAB Cap	33.50 27.90		42875 50463	ANTIOXIDANT FORM SUPER Arginine 500 mg	60 100	VCA VCA	35.50 28.40 19.50 15.60
36448	BRONCHOSAN 1.7ML	1.7	LIQ	22.99 18.39	45031	BIO D MULSION FORTE	17	DRP		17.91	20340 21399	K ZYME	100	TAB	12.50		51856	B 100 COMPLEX CAP	100	VCA	26.50 21.20
15443	CAL ABSORP URTICALCIN	400	TAB	19.99 15.99	40456	BIO FCTS	90	CAP		20.60	27333	LI ZYME FORTE	100	TAB	28.90		51858	B 50 COMPLEX	100	VCA	15.50 12.40
15248	ECHINAFORCE 100ML	100	LIQ	37.99 30.39	60021	BIO K FORTE	60	CAP	25.50		62280	LIPID SIRT	240	CAP	89.90		51627	B12 & FOLIC ACID RASB	27	LIQ	19.50 15.60
32939	LIVER GALLBLADDER	1.7	LIQ	22.99 18.39	42681	BIO K MULSION	1 Z	LIQ	24.90	22.41	65192	LIPOIC ACID PLUS	90	CAP	23.00	20.70	41522	B12 2000 MCG	90	CHW	12.95 10.36
23556	MOLKOSAN 500ML	500	LIQ	34.99 27.99	21320	BIO MULTI +	90	TAB	23.50		66189	LIQ IODINE 75 MCG	2.7		11.90		53589	B12 5000 MCG CHW METHY	60	CHW	24.95 19.96
33472	PROSTASAN	30	CAP	39.99 31.99	21321	BIO MULTI +	270	TAB		54.80	42324	LIVOTRIT PLUS	180	TAB	35.50		57962	B12 METHYLCOB 1000 CHW	60	CHW	9.50 7.60
63485 26042	SECURE SENSITIVE DENT SINUS RELIEF SINUSAN	1.4 120	GEL Tab	11.69 9.35 19.99 15.99	21398 34014	BIO MULTI + FE/CU FREE BIO MULTI + FE/CU FREE	90	TAB Tab	23.50	21.15 54.80	29214	MEDA STIM	100 90	CAP Cap	29.90		58377 52057	B6 50 MG	90	VCA Chw	10.95 8.76 15.50 12.40
34626	VENAFORCE GEL		GEL	29.99 23.99	21324	BIO PROTECT	270 90	CAP	60.90 ± 24.90		65174 21417	MG OROTATE 500 MG Zyme	90 100	CAP	26.90 16.90		52057 59074	B6 B12 FOLIC ACID BCAA VCAP	60 120	VCA	34.50 27.60
		0.0	ULL	20.00 20.00	21311	BIOCTASOL FORTE	90	TAB		15.21	21422	MO ZYME FORTE	100	TAB	14.90		55074 55007	BETAINE HCL PLUS PEPSN	90	VCA	25.50 20.40
BIC	DIMMERSION				21319	BIOMEGA 3	100	CAP	21.50		44373	MSM CAP	60	CAP	16.90		42295	BILBERRY FRT EXT 80 MG	60	VCA	29.50 23.60
51224	BETA GLUCAN SYNBIOTIC	300	PWD		21326	BROMELAIN + 100 MG	100	TAB	15.90			MULTI MINS	120	TAB	14.50		66689	BIOTIN 1000 MCG VCAP	90	VCA	11.50 9.20
51479	BLUEBERRY EXT 500 FD	60		137.94 137.94	21327	BROMELAIN + CLA	100	TAB	19.80		43793	N A C	180	CAP	29.90		55017	BIOTIN 5000 MCG VCAP	60	VCA	10.50 8.40
58330 51481	CRUCIFEROUS SPROUT CAP Fructo Borate Complex	120	CAP	58.74 58.74	39251	BUTYRIC CAL MAG	180	CAP	39.90		33859	NEUTROPHIL PLUS	90	CAP	29.50		67502	BLOOD PRESSURE SUPPORT	60	VCA	22.95 18.36
51481 51478	GARLIC FREEZ DRIED 400	60 90	VCA VCA	37.58 37.58 35.94 35.94	58787	C CAL MAG PWD	220	PWD	21.90		65362	NIACIN 100	150	CAP	16.50		53630	BREWERS YEAST POWDER	16Z	PWD	21.95 17.56
51470	HIGH ORAC SYNBIOTIC	60	VCA	71.40 71.40	42239 21333	CAL D GLUCARATE Cal mag +	120 60	CAP Tab	47.00 15.90		54205 51140	NITRO GREENS 240 GRAMS Optimal efa cap	240 120	PWD Cap	45.90 29.90		41351 41381	BROMELAIN SUPER 500 MG C 1000 MG OPTIMUM	60 90	VCA VCA	24.95 19.96 30.50 24.40
52070	ORIGINAL SYNBIOTIC PWD	120	PWD	32.70 32.70	21333	CAL MAG ZYME CAP	90	CAP	17.50		65557	OSTEO B PLUS	180	TAB	38.60		63743	C 1000 MG OPTIMUM	180	VCA	57.50 46.00
54784	SUPERNATANT SYNBIOTIC	60	VCA	57.94 57.94	44103	CHLORELLA	180	CAP	22.50		21434	PALMETTO +	90	CAP	29.70		50462	C 1000 MG PLUS BIOFLAV	180	CPL	39.50 31.60
RIC	OMED HEALTH				21340	CHLOROCAPS	90	CAP	26.90		41038	PCOH PLUS	60	CAP	27.90		60617	C 500	90	VCA	11.95 9.55
		400	ODI	07.00 00.00	21338	CHONDRO +	120	TAB	35.00		60486	PHENITROPIC 300 MG	60	CAP	27.00		54311	C 500 $+$ Rose HIPS VCAP	90	VCA	12.50 10.00
54857 54859	BAO SHI MENS HAIR NUTR BAO SHI ORIG HAIR NUTR	120 90	CPL CPL	37.99 30.39 31.99 25.59	39643	CHONDROSAMINE PLUS	90	CAP	36.00		67873	PHENITROPIC 300 MG	120		49.50		54308	C 500 BUFFERED VCAP	180	VCA	32.95 26.36
54858	BAO SHI WOMEN HAIR NTR			37.99 20.39	23705	COO ZYME 30	60	TAB	26.00		21435	PHOS CHOL CAP	100	CAP	22.50		54306	C 500 EARTHSWEET CHW	90	TAB	15.50 12.40
		120	UIL	07.00 00.00	63647 67972	COQZYME 100 PLUS Curcum RX	60 60	CAP Cap	52.50 31.50		21439 63684	PORPHYRA ZYME Pot citrate HP W/Mag	90 9.5	TAB PWD	16.90 29.00		42062 63141	CAL 1200 MG W/D Cal Citrate Plus Mag	120 90	SGC VCA	20.50 16.40 15.95 12.76
BIG	OTICS				21350	CYTOZYME AD	60	TAB		20.55 16.65	62663	RED YEAST RICE	90	CAP	19.90		54995	CAL CITRATE PLUS MAG	180	VCA	29.95 23.96
63190	5 HTP	150	CAP	36.50 32.85	21351	CYTOZYME AD	180	TAB		44.10	40219	RENAL PLUS	180	TAB	24.90		43930	CAL CITRATE W/D 250	180	CPL	22.50 18.00
65122	5 HTP PLUS FORTE	90	CAP	47.50 42.75	21361	CYTOZYME PAN	60	TAB		13.95	56020	RESVERASIRT HP	120	CAP	149.50	134.55	42224	CAL CITRATE W/MAG & D	90	CPL	14.95 11.96
44545 21280	7 KETO ZYME 5 MG A D P	120 60	TAB Tab	17.50 15.75 22.60 20.34	21364	CYTOZYME PT/HPT	60	TAB		14.85	68045	SCENT AREST	60	CAP	39.90		43327	CAL CITRATE W/MAG & D	180	CPL	27.95 22.36
25477	ADP	120	TAB	43.30 39.97	52507	CYTOZYME THY	180	TAB		44.05	21448	SELENIUM AQUEOUS .50Z	.5	DRP	12.90		42226	CAL MAG CITR LIQ BLUE	16Z	LIQ	14.50 11.60
45560	ADBS PLUS	90	TAB	24.80 22.32	44114 57199	DE STRESS	30	CAP Cap	28.30		21452	STAMINA CAP	100	CAP	22.60		42298 40494	CAL MAG CITR LIQ LEMN	16Z	LIQ LIQ	14.50 11.60
53469	ADHS	240	TAB	43.00 38.70	57199 55477	DYSBIOCIDE e p o	120 100	CAP	28.50 1 17.50	25.65 15.75	51331 21455	THYROSTIM Thyrostim	270 90	TAB Tab	53.50 19.50		40494 54992	CAL MAG CITR LIQ ORNGE CAL MAG CITRATE LIQ MX	16Z 16Z	LIQ	14.50 11.60 14.50 11.60
52766	AMINO SPORT	180	CAP	39.90 35.90	34690	FC CIDAL	100	CAP		25.10	33958	TRI CHOL	90	CAP	27.90		54991	CAL MAG CITRATE LIQ MX	16Z	LIQ	14.50 11.60
35869	B VITAL	60	CAP	27.90 25.11	21379	FE ZYME	100	TAB		12.15	21415	TYROSINE	100	CAP	26.80		50476	CAL MAG LIQ STRAW	16Z	LIQ	14.50 11.60
21287	B12 2000 LOZ	60	LOZ	21.70 19.53	21385	GASTRAZYME	90	TAB	21.90	19.70	31914	ULTRA VIR X	90	CAP	28.90	26.00	45271	CAL MAG PLUS BORON	180	CAP	27.95 22.36
28140	B12 FOLATE PLUS	100	CAP	22.90 20.60	51143	GLUCO SYN AMINE	90	CAP	28.90		64714	VASCULOSIRT	150	CAP	69.90		60333	CAL MAG W/D3 RAINFORST	90	CHW	12.95 10.36
21286 65851	B6 PHOSPHATE 20 MG Berberine HCL	100 90	TAB Cap	16.90 15.20 38.50 34.65	21389	GLUCOBALANCE	90	CAP		32.85	21459	ZN ZYME FORTE	100	TAB	14.90	13.40	54993	CAL MAG ZINC 333/155/5	120	SGC	20.50 16.40
21290	BETA PLUS	90	TAB	16.50 14.85	37207 61758	GLUCOBALANCE Glutamine PWD 500 GRAM	180	CAP PWD	64.50 52.50	58.05	BLU	JEBONNET					42335 41848	CAL MAG ZINC SGC Cantaloupe MLN ext 100	60 60	SGC VCA	12.50 10.00 32.50 26.00
41089	BETA TCP	180	TAB	29.70 26.73	31577	GLUTAMINE PWD 500 GRAM GTA	500 90	CAP	23.90		66902	5 HTP 100 MG VCAP	60	VCA	17.50	14 00	41848 53592	CANTALOUPE MLN EXT 250	60	VCA	32.50 26.00 59.50 47.60
31530	BETAINE PLUS HP 700 MG	90	CAP	17.90 16.10	38092	GTA FORTE	90	CAP	39.80		45070	A&D 25000/1000 IU	100	SGC	13.50		55019	CARNITINE 500 MG	60	VCA	28.50 47.00 28.50 22.80
36993	BIO 3B G	180	TAB	19.50 17.55	51330	GTA FORTE II	90	CAP		35.82	42336	ACETYL L CARNITINE 500	30	VCA	16.50		45241	CARNITINE LIQ RASPBERY	8 Z	LIQ	18.50 14.80
67914	BIO ADEK MULSION	1 Z	DRP	24.90 22.41	21390	HCI +	90	TAB		11.60	41625	ACIDOPHILUS MILK FREE	100	VCA	25.50	20.40	55064	CHERRY FRUIT EXTRACT	60	VCA	17.50 14.00



# **Nutrients Support Healthy Pregnancy**

It's not always smooth sailing during pregnancy. Problems can arise. Some women, for example, can develop elevated blood sugar during pregnancy, a condition called gestational diabetes. Chances are higher for women who are obese, have high blood pressure, or are over age 30, among other factors. The condition may allow the baby to grow too large and may lead to complications after birth.

In a recent study, 326 women in the third trimester of pregnancy with gestational diabetes took a placebo or 500 mg of epigallocatechin-gallate (EGCG) per day through birth.

#### What is EGCG?

EGCG is the main active ingredient in green tea. Green tea is rich in phyto antioxidants, or polyphenols, or catechins. The main catechin is EGCG. For comparison purposes, green tea-containing beverages used in clinical research have been standardized to contain about 400 mg of total catechins per cup, or 302 mg of EGCG per cup.

Compared to placebo, women who had taken EGCG were more likely to give birth to normal-weight babies-less than 8 lbs. 13 oz. The women and their babies were also more likely to have normal blood sugar levels. Newborns were also less likely to have respiratory distress, have a more normal heart

rate, better muscle tone and reflexes, and healthy skin color.

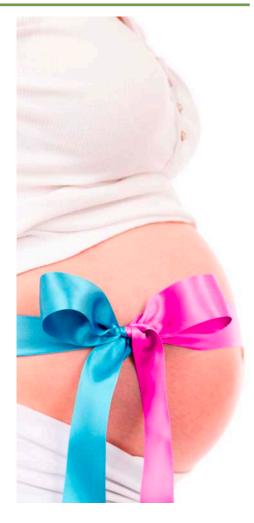
(Reference: Journal of Human Nutrition & Dietetics; March, 2017, Published Online)

Supplements of ECGC are available at Willner Chemists, from several companies (NOW, Bluebonnet, DaVinci Labs, etc). The pharmacists and nutritionists at Willner will be happy to assist you.

#### EGCG for moms and babies

Various green tea products and extracts have been examined in clinical trials. Green tea, green tea beverages, and green tea extracts are typically standardized polyphenol of total catechin content. The commonly used dose of green tea, which is about 3 cups per day, provides 240-480 mg of polyphenols (53867). Green teas used in clinical research have been standardized to contain 178-823 mg of total catechins per cup (53994,53995,90156,90168,90174,90184). Green tea-containing beverages used in clinical research have been standardized to contain about 400 mg of total catechins per cup of green tea beverage (53987,54030), or 302 mg of EGCG per cup (90175).

Supplements containing green tea extract have been standardized to contain about 400-450 mg of total catechins per capsule (53994,53995,54035,54039).







## Produ

## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **₹**



#### **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Menses Complex (for PMS related problems)
- Phyto-Tech™ Menopause Complex (for Menopausal symptoms)
- Phyto-Tech™ Fertility Complex (if infertile, trying to become pregnant)
- Phyto-Tech™ Dong Quai Root (if estrogen deficient)
- Phyto-Tech™ Black Cohosh Root (for hot flashes, cramps)

#### **Chinese Red Ginseng**

Ginseng is the premier adaptogenic, immunemodulating herb. Chinese Red Ginseng (Panax ginseng) is more "stimulating" or warming than American Ginseng.

1 fl oz - Product Code: 57023

#### Who would benefit from this supplement?

• Those suffering from fatigue, burn-out, frequent illness, depression. Red Chinese Ginseng is thought to increase vigor, energy, vitality and resistance to illness and environmental or external stress. It is often the preferred adaptogenic herb for the elderly.

#### Supplemental Information:

Phyto-Tech™ Chinese Red Ginseng increases vigor, energy, vitality and resistance to illness and environmental stresses. It is best for those who are depleted and are low on passion in life. It is also indicted for those working too hard and are afraid of burn out. Red Chinese Ginseng will increase the stress hormone ACTH from the pituitary that helps the body adapt to stress. When stress is initiating the breakdown on one's innate weakness (genetic, constitutional, predispositional tendencies), Red Chinese Ginseng will help the body to cope and therefore assist in many chronic diseases, especially if debilitating and wasting.

Phyto-Tech™ Chinese Red Ginseng is not for those in their prime of life who are full of fire, the Type-A personality. It is

for those who used to be that way and are now not what they used to be. It helps in the aging process to stay alert, youthful, energetic and adaptive to environmental changes. It is immunomodulating and keeps the immune system firing on all levels

Phyto-Tech™ Chinese Red Ginseng is a tonic for the 21st century with the fast paced life style that creates accelerated wear and tear. It gives more mileage to the body. Phyto-Tech™ Chinese Red Ginseng should be considered for depression in the elderly who might not be chemically depressed in a St. John's Wort way (serotonin), but need some energy to process life with more passion and enjoyment. It is synergistic with Ginkgo for the elderly. Phyto-Tech™ Chinese Red Ginseng is a more yang or warming and stimulating ginseng than the American. Eleuthero Root (sometimes referred to as Siberian Ginseng) is not a true Ginseng and is considered neutral, not warming or cooling.

#### Dosage:

15-45 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer).

Phyto-Tech™ Chinese Red Ginseng contains 333 mg of imported Chinese Red Ginseng per 30 drops.

#### **Chlorophyll Extract**

Often considered the "blood" of plants, chlorophyll is structurally similar to hemoglobin. It has a protective and detoxifcation action.

1 fl oz - Product Code: 56977

#### Who would benefit from this supplement?

- Those with heavy metal toxicity and those looking for cleansing and detoxification properties.
- Those with bad breath and body odor.
- Those suffering from fatigue and those with slow healing wounds.

#### Dosage:

15-30 drops in water or juice, 1-2 time daily, or as needed Phyto-Tech™ Chlorophyll provides 100 mg Chlorophyll, from Mulberry leaf, per 30 drops.

#### Supplemental Information:

Chlorophyll is the sunlight collecting molecule in plants that gives them their green pigment. Plants use chlorophyll to collect light needed for photosynthesis. Through photosynthesis Chlorophyll molecules have the ability to convert solar energy into chemical energy by manufacturing carbohydrates from carbon dioxide and water.

Chlorophyll is often referred to as the "blood" of plants. Interestingly, Chlorophyll molecules are structurally very similar to human hemoglobin molecules. The difference between the two being that Chlorophyll carries Magnesium at its center and hemoglobin carries iron at its center. Like iron, Chlorophyll helps the body build red blood cells and thus increases oxygen availability. It energizes and revitalizes the body and is helpful for fatigue, shortness of breath, asthma, altitude sickness and intense physical exertion.

Chlorophyll acts as an internal deodorizer and is helpful for people with halitosis (bad breath) and body odor. It can be used as an aid to reduce digestive tract odor from a colostomy or ileostomy and also fecal odor caused by incontinence. It can also help for foul smelling gas. Chlorophyll cleanses and nourishes the intestinal tract and is healing to the mucosal lining. It can also be helpful for constipation.

Chorophyll is an excellent whole body cleanser. It not only detoxifies the digestive tract, but also facilitates cleansing of the blood and liver and assists in the chelation of heavy metals. It is capable of neutralizing harmful oxidants and may

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



TAR

15.95 15.95 15.95 15.95

11.49 9.19
14.39 11.51
7.49 5.99
11.49 9.19
12.99 10.39
7.49 5.99
13.49 10.79
13.49 10.79
13.49 10.79
14.89 11.91
8.49 6.79
14.89 11.91
8.49 6.79
11.49 9.19
11.49 9.19
14.49 11.59
12.99 10.39
7.49 5.99
12.99 10.39

13.19 11.87 23.30 20.97

17.99 14.39 11.99 10.79 11.99 10.79 15.59 14.00

11.98 10.78 7.45 6.70

15.59 14.00 7.45 6.70

12.29 11.07 12.29 11.07

14.69 13.28 11.99 9.59 11.99 10.79

7.75 6.98 8.36 7.52

7.45

TAB Tab

CRM

CRM

GEL GEL GEL ONT

ONT LIQ

LIQ

12.25 9.80 12.25 9.80

50831	CHOLESTRICE	90	VCA	47.50 38.00	50828	LIPOIC ACID 300 MG	60	VCA	28.50	22 80	58526	RESVERATROL TRANS 500	60	VCA	85 50	68.40	65911	NEROLI ORANGE TONER	27
55008	CHROMIUM PICOL 200 MCG	100	VCA	13.50 10.80	68127	LIVER DETOX VCAP	60	VCA	40.95		54316	RUTIN 500 MG	50	VCA		11.96	64548	ROSE DEW TONER	2.2
50832	CINNULIN PF EXT	60	VCA	27.50 22.00	68126	LIVER DETOX VCAP	30	VCA		17.56	59444	SAW PALMETTO EXT 160	60	SGC	19.50			EDICKE & TAFEL	
54104	CITRUS BIOFLAV 750 MG	90	VCA	19.95 15.96	42443	LUTEIN 20 MG	60	SGC	30.50	24.40	55026	SAW PALMETTO EXT 320	30	SGC	19.50	15.60	ВО	ERICKE & TAFEL	
67733	COENZYME B CMP VCAP	100	VCA	28.50 22.80	54110	LYCOPENE 20 MG	60	SGC	40.50	32.40	55023	SELENIUM 200 MCG Y/F	90	VCA	13.50	10.80	23994	ALLERGIEMITTEL	40
60352	COQ10 100 MG	90	SGC	39.50 31.60	55004	LYSINE 500 MG VCAP	100	VCA	18.95	15.16	68120	SIMPLY ENERGY PWD GRAP	10.	PWD		20.76	16919	ALPHA CF COLD & FLU	40
50557	COQ10 100 MG SGC	60	SGC	28.50 22.80	45034	MAG 200 CHEL ALBION	60	VCA	16.95	13.56	68121	SIMPLY ENERGY PWD LEMN	10.	PWD	25.95	20.76	38987	ALPHA CF COLD & FLU	120
43812	COQ10 60 MG SGC	90	SGC	28.50 22.80	62703	MAG 200 CHEL ALBION	120	VCA		25.56	68122	SIMPLY ENERGY PWD STRW	10.	PWD	25.95		16934	ALPHA CHILD CF	100
60867	CYRTEINE 500 MG	60	VCA	21.50 17.20	43932	MAG ASPARTATE 400 MG	100	VCA	16.95		41541	SKINNY GARCINIA	60	VCA		22.00	16941	ARNIFLORA ARNICA GEL	2.7
57504	D3 1000 CHW RASP	90	CHW	10.95 8.76	55001	MAG POT ASPAR W/BROM	120	VCA	26.50		66904	SLEEP SUPPORT VCAP	30	VCA	14.95		16940	ARNIFLORA ARNICA GEL	12
55066	D3 1000 IU	100	SGC	10.50 8.40	54109	MAGNESIUM CITRATE 200	120	CPL	19.95		51857	STRESS B COMPLEX	100	VCA	26.50		27519	BRONCHITIS ASTHMA AIDE	100
55067	D3 1000 IU	250	SGC	18.50 14.80	45492	MANGANESE 10 MG	90	VCA	12.95	10.36	67370	STRESS RELIEF VCAP	30	VCA		15.16	16942	CALIFLORA CALENDLA GEL	2.7
59495	D3 1000 IU DROPS	17	LIQ	16.95 13.56	55009	MEGA BIO C FORM 500 MG	90	VCA		17.20	67371	STRESS RELIEF VCAP	60	VCA		28.76	16943	CALIFLORA CALENDLA GEL	17
51585	D3 1000 LANOLIN	90	VCA	10.50 8.40	66910	MELATONIN 5 MG CHW RSP	60	CHW	7.95	6.36	56012	SUPER EARTH NO IRON	180	CPL	61.95		27950	COUGH & BRONC NIGHTIM	8 Z
51586	D3 1000 LANOLIN	180	VCA	18.50 14.80	56792	MENS CHOICE	90	CPL		29.20	40496	SUPER EARTH NO IRON	90	CPL		26.80	23689	COUGH & BRONCH CHILD	8 Z
57503	D3 2000 CHW RASP	90	CHW	14.50 11.60	55025	MILK THISTLE EXT 175	60	VCA	19.50	15.60	41847	SUPER EARTH WITH IRON	90	CPL		26.80	23660 16939	COUGH & BRONCH CHILD	4 Z
59496	D3 2000 IU DROPS	17	LIQ	20.95 16.76	40276	MPX 1000 MENS PROSTATE	120	CAP		33.20	54105	THEANINE 150 MG	30	VCA	21.50		16938	COUGH & BRONCH DAYTIM Cough & Bronch Daytime	4 Z 8 Z
55006	D3 2000 IU SGC	100	SGC	11.50 9.20	42631	MSM 1000 MG	120	VCA VCA		22.00	54106 ccocc	TRYPTOPHAN 500 MG	30	VCA	14.50 29.50		23661	COUGH & BRONCH NIGHTIM	4 Z
60868 55005	D3 2000 IU SGC D3 2000 IU VCAP	250 90	SGC VCA	21.50 17.20 13.95 11.16	67388 54108	MULTI MIN CHEL BORON Multi min Chel Fe Free	90 120	CPL	16.50 27.50	13.20 22.00	55065 53140	TURMERIC ROOT EXTRACT Ubiquinol coq10 100 mg	60 60	VCA VSG		45.20	50912	COUGH BRONCH SYRUP ZN	8 Z
55068	D3 400 IU	250	SGC	17.50 14.00	54997	MULTI MIN CHEL HI POT	180	VCA		25.56	58429	UBIQUINOL COQ10 100 MG	60 60	SGC	101.95		32825	FLORASONE CARDIOSP CRM	12
59494	D3 400 IU DROPS	1 Z	LIQ	13.95 11.16	54996	MULTI MIN CHEL IRON FR	180	VCA	31.95		53139	UBIQUINOL COQ10 25 MG	60	SGC	19.50		39047	PSORIAFLORA	17
53315	D3 400 IU VCAP	90	VCA	9.95 7.96	54057	MULTI MINS IRON FREE	60	CPL	14.50		52596	UBIQUINOL COQ10 50 MG	60	SGC	31.50		32401	SCIATIC AIDE	100
60332	D3 400 RAINFORST ANIML	90	CHW	8.95 7.16	44308	MULTI ONE IRON FREE	60	VCA	26.50		40495	ULTIMATE HAIR AND NAIL	90	CAP		24.40	25089	SPORTS GEL	2.5
67245	D3 5000 IU	100	SGC	12.50 10.00	42183	MULTI ONE IRON FREE	90	VCA		30.36	65417	VEGGIE PROT VAN SP ERT	1LB	PWD	31.95		16947	STINGSTOP SOOTHIN GEL	2.5
66168	D3 5000 IU DROPS	17	DRP	25.95 20.76	54994	MULTI ONE IRON FREE B	120	VCA		39.16	67372	WELLNESS SUPPORT	30	CPL		12.76	16946	STINGSTOP SOOTHING GEL	17
57506	D3 5000 VCAP	120	VCA	19.50 15.60	44306	MULTI ONE VCAP	60	VCA		21.20	67373	WELLNESS SUPPORT	60	CPL	29.95		16945	TRIFLORA ARTHRITIS GEL	2.7
59672	DMAE 100 MG BITARTRATE	100	VCA	16.50 13.20	54107	MULTI ONE VCAP	90	VCA	37.95	30.36	61072	WHEY PRO ISO MIX BERRY	2LB	PWD	63.95	51.16	PO.	IRON USA	
55014	E 400 IU PLUS SELENIUM	60	VCA	20.50 16.40	54998	MULTI ONE VCAP	120	VCA	48.95	39.16	61576	WHEY PROT ISO FREN VAN	2LB	PWD	63.95	51.16			
41543	E 400 MIXED	100	SGC	30.50 24.40	44843	MULTI VITA SGC	120	SGC	37.50	30.00	56410	WHEY PROT ISOL BERRY	1LB	PWD	37.95		31962	ACIDIL TAB	60
58295	E COMPLEX HI GAMMA	60	CAP	43.50 34.80	55012	N A C 500 MG	60	VCA		14.00	56335	WHEY PROT ISOL FR VAN	1LB	PWD	37.95		66219	ACTEANE HOT FLASH REL	120
41727	E P O 1300 MG	60	SGC	21.50 17.20	65428	NIACIN 500 MG NO FLUSH	120	VCA	31.50	25.20	56337	WHEY PROT ISOL STRAW	1LB	PWD	37.95		42528	ARNICA 30C BUY 2 GET 1	KIT
57200	E P O 500 MG	100	SGC	14.50 11.60	67732	NITRO POWER PWD RASP	3.7	PWD	33.95		56492	WHEY PROT ISOLATE CHOC	2.2	PWD	63.95		66011	ARNICA GEL	4.1
55778	EGCG GREEN TEA LF EXT	60	VCA	13.50 10.80	45593	NUCLEOTIDE COMPLEX	60	VCA	50.50	40.40	61042	WHEY PROTEIN ISO STRAW	2LB	PWD	63.95		61034	ARNICARE ARNICA TAB	60
43786	ELEUTHERO ROOT 500 MG	60	VCA	16.50 13.20	42877	OLIVE LEAF EXT 300 MG	60	VCA	15.50	12.40	56336	WHEY PROTEIN ISOL CHOC	1LB	PWD	37.95		55399	ARNICARE ARTHR TAB	60
52685	EYE ANTIOXIDANT FORM	120	VCA	50.50 40.40	43477	OMEGA 3 1000 BRAIN FRM	60	SGC	22.50	18.00	55897	WHEY PROTEIN ISOL ORIG	2.2	PWD	63.95		57297 43944	ARNICARE CREAM ARN 30C ARNICARE CREAM ARNICA	2.5 1.3
55003	EYE ANTIOXIDANT FORM	60	VCA	26.50 21.20	41352	OMEGA 3 1000 MG	90	SGC	19.50	15.60	53590	WHEY PROTEIN ISOL ORIG	1.1	PWD	37.95		43944 51705	ARNICARE CREAM ARNICA	1.5 2.5
41728	FLAXSEED OIL 1000 MG	100 90	SGC	12.95 10.36	40592 68066	OPTIMUM ENZYMES OPTIMUM ENZYMES	90	VCA VCA	20.50 35.50	16.40 28.40	62925 55020	ZEAXANTHIN PLUS LUTEIN Zinc 30 Mg Chelated	60 90	SGC	30.50		15085	ARNICARE GEL ARNICA	1.5
42913 62049	FOLIC ACID 400 MCG Folic Acid 800 MCG		CAP VCA	9.95 7.96 19.95 15.96	55115	OSTEO BONE FORMULA	180	VCA	35.50 45.50	20.40 36.40	58736	ZING 30 MG CHELAIED ZING PICOLINATE 50 MG	50 50	VCA VCA	13.95 10.95		31940	ARNICARE GEL ARNICA	2.5
66156	GARCINIA CAMBOGIA 900	180 90	VCA	24.50 19.60	57736	PHOS SERINE COMPLE 100	180 60	SGC	40.50 38.50	30.40 30.80			อบ	VUA	10.55	0.70	38130	ARNICARE GEL ARNICA 30	2.5
43303	GLUCOS CHOND MSM	120	CAP	40.50 32.40	62541	PLANTS STEROLS 500 MG	90	VCA	27.50	22.00	BN	G ENTERPRISES					15084	ARNICARE CINTMENT	12
55010	GLUTAMINE 500 MG VCAP	100	VCA	18.95 15.16	44193	POWER THOUGHT	60	CPL		28.40	66816	EMU OIL 100%	27	OIL	27.55	24 80	40812	AVENOC OINTMENT	17
61595	GLUTATHIONE RED 100 MG	30	VCA	14.50 11.60	53211	POWER THOUGHT	90	CPL		36.40	66814	EMU OIL CREAM W/MSM	47	CRM	21.35		25658	AVENOC SUPPOSITORIES	10
64202	GREENS ORGANIC SUPER	14.	PWD	47.50 38.00	67734	PROBIOT 10 BIL SING DY	30	VCA		10.36	66817	LEMONADE DIET MST C***	32Z	LIQ		33.52	51704	CALENDULA CREAM	2.5
40377	HOMOCYSTEINE FORMULA	60	CAP	14.50 11.60	67735	PROBIOT 30 BIL SING DY	30	VCA	27.95		65074	QCARBO32 TROP 1 STEP	32Z	LIQ	42.99	34.39	31942	CALENDULA GEL	2.5
43650	IRON 18 MG CHELATED	90	VCA	12.50 10.00	59068	PROTEIN DUAL ACT CHOC	1.0	PWD		29.56	66815	ULTRA BLUE CRM W/ MSM			17.10		15083	CALENDULA GEL 1.5 OZ	1.5
55002	IRON CHELATED 27 MG	90	VCA	13.50 10.80	59066	PROTEIN DUAL ACT FR VN	1.0	PWD		29.56	PΩ	DYCEUTICALS		_			25065	CALENDULA OINTMENT	1 Z
67736	LADIES PROB 10B SINGLE	30	VCA	13.95 11.16	53999	PYCNOGENOL 100 MG	60	VCA	101.95	81.56							66220	CAMILIA BABY TEETHING	10
67737	LADIES PROB 50B SINGL B	30	VCA	40.95 32.76	44811	QUERCETIN SUPER	60	VCA	30.95		64277	CALENDULA OIL ORG	7.2	OIL	22.50		60568	CAMILIA BABY TEETHING	30
50475	LECITHIN GRANULES	16Z	PWD	19.50 15.60	43931	QUERCETIN SUPER	30	VCA		13.56	64276	CALENDULA OIL PUMP ORG	3.3	OIL	16.50	16.50	65981	CHESTAL ADULT HONEY	6.7
42334	LIPOIC ACID 200 MG	60	VCA	20.50 16.40	60011	RED YEAST RICE 600 MG	120	VCA	30.95	24.76	64278	CALENDULA SALVE ORG	ORG	SLV	15.95	15.95	64070	CHESTAL CHILD COLD &	6.7



# Vitamin K, Cardiovascular Health and Calcium Deposits

There are several forms of Vitamin K used therapeutically. Vitamin K1 (phytonadione) and Vitamin K2 (menaquinone) are the most common.

There are several forms of vitamin K used therapeutically. Vitamin K1 (phytonadione) and vitamin K2 (menaquinone) are the most common.

Vitamin K is most commonly used for blood clotting problems. For example, vitamin K is used to reverse the effects of "blood thinning" medications when too much is given. It is also used to prevent clotting problems in newborns who don't have enough vitamin K. Vitamin K is also given, as you might expect, to treat and prevent vitamin K deficiency

An increased understanding of the role of vitamin K in the body beyond blood clotting led some researchers to suggest that the recommended amounts for dietary intake of vitamin K be increased. In 2001, the National Institute of Medicine Food and Nutrition Board increased their recommended amounts of vitamin K slightly, but refused to make larger increases. They explained there wasn't enough scientific evidence to make larger increases in the recommended amount of vitamin K.

One of the reasons for increased interest in vitamin K is related its possible role in preventing coronary calcification.

Vitamin K might play a role in the prevention of atherosclerosis. The development of atherosclerosis is linked to low serum levels of vitamin K.

Vitamin K is a cofactor for activation of matrix Gla-protein by carboxylation. This protein is found in blood vessel walls, where it inhibits vascular calcification. Vascular vitamin K deficiency is thought to increase the amount of Doctors found those with high levels of inactive MGP were deficient in vitamin K2 and had more blood vessel calcification. Compared to the start of the study, levels of inactive MGP decreased 86 percent after taking vitamin K2 for four weeks.

(Reference: BMC Nephrology; June, 2017, 18:191; Published Online)

Thus, the protective role of vitamin K2 in preventing blood vessel calcification seems to be validated.

Vitamin K2 can be found in various types of nutritional supplements. Your multivitamin should contain vitamin K2. Willvite, from Willner Chemist (#30439, #44384) contains 60 mcg as MK7, or 75% of the Daily Value in a full 4 tablet dose. Bone Support supplements such as Jarrow Formulas Bone Up will typically contain vitamin K2 among other bone support nutrients. Several companies also combine vitamin K2 with vitamin D. And, of course, there are numerous products that contain vitamin K2 or MK7 alone, as a stand-alone supplement. Please talk to one of the pharmacists or nutritionists at Willner Chemists for assistance in selecting the most appropriate vitamin K2 supplement for your specific needs. Call 1-800-633-1106 or stop by the store (100 Park Ave, New York, NY 10017 (corner 41st St.).

Vitamin K1 is generally the preferred form of vitamin K because it is less toxic, works faster, is stronger, and works better for certain conditions

# IVitamin K is a vitamin found in leafy green vegetables, broccoli, and brussel sprouts. The name Vitamin K comes from the German word "Koagulationsvitamin."

undercarboxylated, non-functional matrix Gla-protein, leading to increased calcification and atherosclerosis. Some population research suggests that higher dietary intake of vitamin K2, especially the MK-4 fraction, is associated with a reduced risk of coronary calcification and risk of and mortality from coronary heart disease. Interestingly enough, although there is some discrepancy, overall it appears that dietary intake of vitamin K1 does not seem to affect cardiovascular outcomes.

In hemodialysis patients, accelerated vascular calcification is common due to low intakes and circulating levels of vitamin K in these patients. A specific type of vitamin K2 (menaquinone-7; MK-7) appears to reduce levels of the undercarboxylated, non-functional matrix Gla-protein in these patients.

When people lose kidney function, they must go on dialysis to cleanse the blood of water and waste--but they often see calcium build up in blood vessels. Vitamin K2 may play a role in controlling this calcium build-up.

Earlier studies found those on dialysis tended to have lower levels of vitamin K2 compared to healthy people. In a recent study, 50 people on dialysis took 360 mcg of vitamin K2, as menaquinone-7, per day for four weeks.

Doctors measured a protein in the blood called matrix Gla protein, or MGP, which inhibits calcium build-up in blood vessels but needs vitamin K to activate this function. When vitamin K levels are low, MGP becomes inactive.

The pharmacists and nutritionists at Willner Chemists will be happy to advise you about appropriate supplementation.

#### www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements... how to choose them, and how to use them.

... and remember to visit Don's Blog www.dongoldberg.com

# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



reduce oxidative damage from certain carcinogens. It also has the ability to form tight molecular complexes with carcinogens and in doing so blocks the body's absorption of them. In a placebo controlled study conducted in China Chlorophyll supplementation was found to decrease DNA damage caused by aflatoxin, a liver carcinogen produced by fungus in moldy grains and legumes. Scientists hope that in populations with unavoidable dietary aflatoxin exposure Chlorophyll supplementation could significantly reduce the risk of developing liver cancer.

#### **Cinnamon Bark 40**

# This is a standardized Cinnamon Bark complex in a liquid filled veggie cap.

60 Liquid Filled Capsules - Product Code: 57092 90 Veggie Caps - Product Code: 60118 Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

#### Who would benefit from this supplement?

• Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions

#### **Ingredients:**

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized ro 40 mg Cinnamaldehydes.

According to the Natural Standard Integrative Medicine database, "Cinnamon may be used for various medical conditions (77;78). In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric

diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication (79). Cinnamon has been touted as having a positive effect on postprandial glucose metabolism (80). Its ability to lower blood sugar in individuals with diabetes has been discussed (81). Naturally occurring compounds found in cinnamon (Cinnamomum cassia), including chromium and polyphenols, may improve insulin sensitivity (82). Human data suggest that cinnamon exhibits "sweet" properties and may be used in strategies for reduction of sugar intake (83).

#### **Ingredients:**

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized ro 40 mg Cinnamaldehydes.

Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark. The Cinnamon used in Phyto-Tech $^{\text{TM}}$  Cinnamon supplements is Cinnamonum cassia, the species utilized in research. It is certified organic and vegetarian.

#### **Cleanse Complex 1:2**

# A herbal formula based on traditional concepts of a rapid, systemic (full body) cleansing.

4 fl oz - Product Code: 57073

Many of the herbs used in Phyto-Tech™ Cleanse Complex have a long tradition of use in naturopathic medicine for many toxic conditions. The theory behind using Phyto-Tech™ Cleanse Complex is that it will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels.

Herbs do not really actually cleanse the blood and tissues directly, but instead, stimulate the organs to increase the rate

in which they do this naturally. Phyto-Tech™ Cleanse Complex will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxification is thought to help stimulate organs that eliminate the toxemia from drug usage. It can be used in smaller more moderate doses if a slower cleanse is desired. Faster cleanses can result in more uncomfortable acute healing symptoms that might not be desired, but are usually harmless (i.e., loose stool, nausea, headaches, skin discharges). These symptoms can be avoided by decreasing the dose or pace.

Phyto-Tech™ Cleanse Complex works best in conjunction with other cleansing protocols, such as dietary changes, increasing water consumption and exercise.

#### Ingredients

Phyto-Tech™ Cleanse Complex contains the following herbs: Oregon Grape Root, Red Clover Blossoms, Fresh Burdock Root, Fresh Dandelion Root, Alfalfa Leaf, Yerba Mansa Root, Red Root, Vegetable Glycerin, Deionized Water, Natural Flavors

#### Dosage:

Pour entire contents into 1 gallon of pure water and drink over 3 hours.

Cautions and Contraindications: Do not use if pregnant or nursing; do not use if using other detoxification protocals unless under physician direction; may affect metabolism of some medications, so advise your physician.

#### **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Liver Support
- Phyto-Tech™ Digest Stim Complex
- Phyto-Tech<sup>™</sup> Menses Complex

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

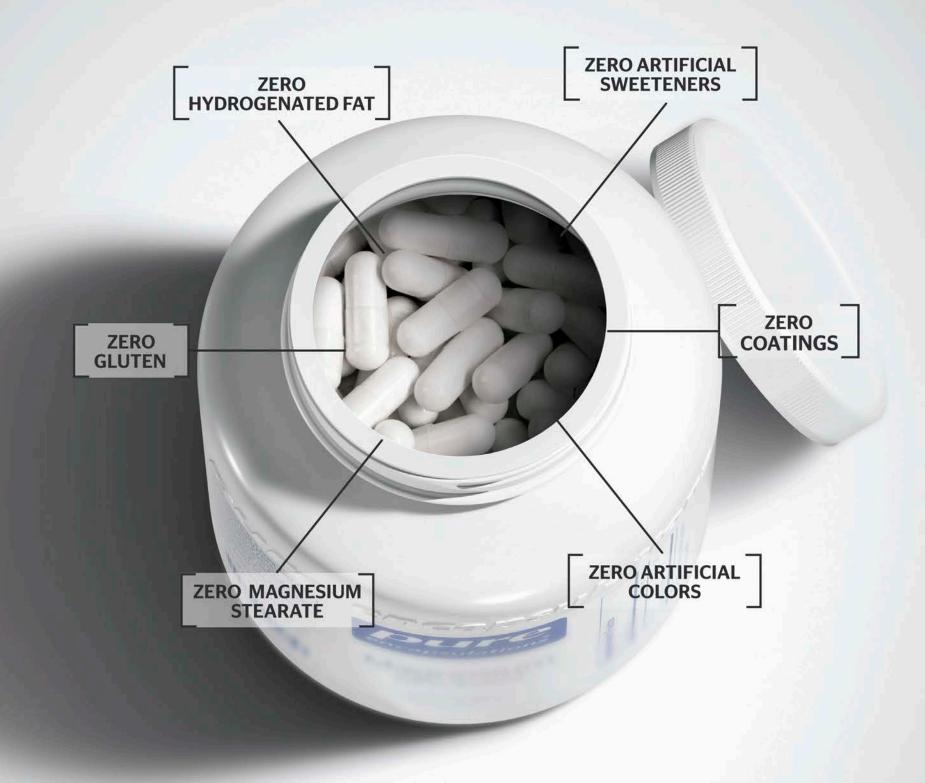
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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



66079	CHESTAL CHILDREN HONEY	6.7	LIQ	11.60	10 44	64890	CANDIDA CLEANSE	EA	BOK	14.95	12 70	67978	OUTRAGEOUS OPENNESS	EA	BOK	16 NN	13.60	64176	CLEANS MOUSSE REFRESH	5.0	LIQ	39.99 31.99
64918	CHESTAL COLD AND COUGH	6.7	LIQ		10.44	63792	CHANGE BRAIN CHANGE BOD	EA	BOK		13.60	64649	PALEO SLOW COOKER	EA	BOK	27.00		52037	CLEANSING MILK REGENER	5.0 5.2	LIQ	43.99 35.19
15071	COLDCALM	60	TAB	13.19		67295	CHICKPEA FLOUR COOKBK	EA	BOK	17.95		64650	PALEO VEGAN	EA	BOK	16.95		55756	CLEANSING MILK ROSE DEW	50	LIQ	32.99 26.39
56001	COLDCALM CHILDREN	80	PEL	14.39		61126	CHINESE MEDICINE BIBLE	EA	BOK	14.95		61431	PCOS DIET PLAN	EA	BOK		16.14	61267	DAY CREAM ZZ SENSITIVE	50M	CRM	36.99 29.59
50437	CYCLEASE CRAMP	60	TAB	13.19		33989	CLAY CURE NAT HEALING	ĒĀ	BOK		8.45	62566	PERFECT DIGESTION	ĒĀ	BOK		11.05	67544	DAY CRM REGEN ZZ SENS	50M	CRM	44.99 35.99
33171	GASALIA (FLATULENCE)	60	TAB	13.19		65199	COCONUT KETOGENIC DIET	EA	BOK		14.40	65144	PILATES ANATOMY	EA	BOK		16.95	55247	DAY CRM REGNERATION BOR	1.6	CRM	59.99 47.99
45390	GEMMA THERAPY LIQ		LIQ		12.00	59221	COMPLETE BOOK JUICING B	EA	BOK		12.70	66522	PLANET HEAL THYSELF	EA	BOK	16.99		64486	DAY CRM ROSE DEW	50M	CRM	47.99 38.39
67756	JET LAG RELIEF KIT	KIT	PEL		12.80	37725	COMPLETE HOMEOPATHY HB	EA	BOK	15.95		64223	POWER FOOD FOR BRAIN	EA	BOK		13.60	37000	DAY CRM SYS ABSLT	1.7		109.99 87.99
67757	LEG PAIN RELIEF KIT	KIT	PEL		12.80	64041	DEFEAT CANCER	EA	BOK	34.95		59143	PRESCR NUTRIT HEAL 5TH	EA	BOK		25.50	64488	EXFOLIATING PEEL	50M	CRM	48.99 39.19
34289	LIQUID REM (DILUTIONS)	17	LIQ	17.20		56747	DEFEATING DIABETES	EA	BOK	14.95		67251	PULP KITCHEN COOKBOOK	EA	BOK		12.70	67545	EYE CREAM ZZ SENSITIVE	15M	CRM	34.99 27.99
15061	LIQUID REM (DILUTIONS)	27	LIQ		28.60	64827	DENTAL HERBALISM	FΑ	BOK		16.95	66450	RADIANT SKN INSIDE	EA	BOK	19.95		64482	EYE CRM SYSTEM ABSOL	15M	CRM	59.99 47.19
65888	OPTIQUE 1 EYE DROPS	30	VIL		14.07	63942	DIABETES & HYPOGLYCEM	EA	BOK		11.00	37777	RAW GOURMET	EA	BOK		21.20	61266	EYE WRINKLE CRM REG LL	30M	CRM	54.99 43.99
15070	OSCILLOCOCCINUM	6	PEL	15.69		67335	DIGESTIVE HLTH REAL FD	EA	BOK	34.95		65460	RAWSOME VEGAN BAKING	EA	BOK		16.99	64484	FACIAL TONER ROSE DEW	150	LIQ	39.99 31.99
58080	OSCILLOCOCCINUM	12	VIL	25.79		64504	DIGESTIVE WELLNESS	EA	BOK	22.00		63157	REAL FOOD FOR CATS	EA	BOK	10.95		65996	FOR LIPS	36M	STK	12.99 10.39
61036	OSCILLOCOCCINUM 30 DOS	30	PEL	39.39		26136	DMSO NATURE'S HEALER	EA	BOK		12.70	64499	RESPIRATORY SOLUTION	EA	BOK		16.95	64487	HAND BALM	50M	CRM	14.99 11.99
15074	QUIETUDE INSOMNIA REM	60	TAB	13.19		67223	DR KIDDS GD HERB CAT C	EA	BOK		12.70	65116	RESTORING DIGEST HLTH	EA	BOK		12.75	61268	NIGHT CREAM ZZ SENSIT	50M	CRM	36.99 29.59
32003	ROXALIA(SORE THROAT)	60	TAB	13.19		22843	EARL MINDEL NEW VT BIB	EA	BOK	9.99	8.49	67929	REVERSE GUT DISEAS NAT	EA	BOK		14.40	64481	NIGHT CRM LIGHT SYS AB	50M		109.99 87.99
32002	SABADIL ALLERGY	60	TAB	13.19		38709	EATING FOR IBS	EA	BOK	16.95		63658	REVERSING DYSLEXIA	EA	BOK		14.40	67543	NIGHT CRM REGEN ZZ SNS	50M	CRM	44.99 35.99
31060	SEDALIA STRESS NERVO	60	TAB	13.19		67240	END OF DIABETES PPBK	EA	BOK	15.99	13.59	64709	SEXUAL HERBAL	EA	BOK	24.95		55248	NIGHT CRM REGENERATION	1.6	CRM	59.99 47.99
15066	SINGLE RMD MULTI 10M	ĒĀ	PEL		8.25	66942	END OF HEART DISEASE	EA	BOK		24.64	63498	STOP ALZHEIMERS NOW	ĒĀ	BOK		16.95	54679	ORANGE BLOSSOM ENERGZ B	1.7	LIQ	37.99 30.39
15065	SINGLE RMD MULTI 1M	EA	PEL	8.25	8.25	66341	ESSENTIAL OILS HANDBK	EA	BOK	12.95	11.00	67850	STOP VISION LOSS NOW	EA	BOK	16.95	14.40	64490	REVITAL CARE ROSE BLOS	50M	LIQ	37.99 30.39
15063	SINGLE RMD MULTI 200C	EA	PEL	8.25	8.25	31283	FAMILY GUIDE TO HOMEOP	EA	BOK	17.00	14.45	58650	STRENGTH TRAIN ANA 3RD	EA	BOK	19.95	16.95					
15067	SINGLE RMD MULTI 50M	EA	PEL	8.25	8.25	64960	FIGHT DIABETES VIT ANTI	EA	BOK	16.95	14.40	59222	STRETCHING ANATOMY	EA	BOK	19.95	16.95	BR	ONNERS CASTILE			
29303	SINUSALIA	60	TAB	13.19	10.55	64045	FLEXATARIAN DIET	EA	BOK	16.95	14.40	60751	TAKING CHRG FERT 10TH	EA	BOK	25.99	22.09	26640	CASTILE SOAP ALMOND	16Z	LIQ	9.99 7.99
58665	SINUSALIA PELLETS	160	PEL	14.39	12.95	67848	FOOD & SUPP OPT VIS CR	EA	BOK	16.95	14.40	66644	THRIVE DON'T ONLY SURV	EA	BOK	16.99	16.99	35038	CASTILE SOAP ALMOND	32Z	LIQ	16.99 13.59
19326	YEASTAWAY	7	SUP	16.19	14.57	58823	FOODS TO FIGHT CANCER	EA	BOK	19.95	16.95	67328	THYROID CONNECTION	EA	BOK	28.00	23.80	40291	CASTILE SOAP BABY MILD	32Z	LIQ	16.99 13.59
P.O	OKS					65893	GLUTEN FR SUG FR COOK	EA	BOK	16.95	14.40	62560	TIMELESS SECR HLTH *d	EA	BOK	34.95	29.70	36119	CASTILE SOAP EUCALYPT	16Z	LIQ	9.99 7.99
ьс						62490	GLYCEMIC LOAD DIET	EA	BOK	16.95	14.40	63070	TRUST YOUR GUT	EA	BOK	18.95	16.10	29677	CASTILE SOAP EUCALYPT	32Z	LIQ	16.99 13.59
64632	100 BST GLUTEN FR RECIP		BOK	14.95		63682	GRAIN BRAIN	EA	BOK	27.00	22.95	36402	ULT ANTI AGING PROG	EA	BOK	19.99	16.99	27296	CASTILE SOAP LAVENDER	16Z	LIQ	9.99 7.99
56231	12 ESSENT MINERAL CELL	EA	BOK		6.75	68068	HAPPY GUT PPBK	EA	BOK		14.44	67928	UNDOCTORED	EA	BOK	27.99		37425	CASTILE SOAP LAVENDER	32Z	LIQ	16.99 13.59
66648	500 PALEO RECIPES	EA	BOK	19.99		67747	HEAL WITH MEDIC MARIJN	EA	BOK	16.95		67851	VEGETARIAN TO VEGAN	EA	BOK	14.95	12.70	27547	CASTILE SOAP PEPERMINT	32Z	LIQ	16.99 13.59
67252	A.G.E. LESS DIET	EA	BOK	16.95		38677	HEALING BACK PAIN	EA	BOK	13.99	11.89	65085	VET GUIDE NAT REM CATS	EA	BOK	16.00	13.60	27267	CASTILE SOAP PEPERMINT	16Z	LIQ	10.59 8.47
52256	ACID ALKALINE FOOD GUD	EA	BOK	8.95	7 00	00000	HEALING LYME 2ND EDIT		BOK		04 00		VICTO CHINE MAT DEM DOC									
40066	ADRENAL FATIGUE				7.60	66882		EA		24.95		65084	VETS GUIDE NAT REM DOG	EA	BOK	14.95		44533	CASTILE SOAP TTO	32Z	LIQ	16.99 13.59
GEUJJ		EA	BOK	14.95	12.70	63548	HEALING LYME DIS COINF	EA EA	BOK	19.95	16.95	61120	VIBRATIONAL MEDICINE	EA	BOK	18.00	15.30	42301	CASTILE SOAP TTO	16Z	LIQ	9.99 7.99
65923	ALMOND MILK COOKBOOK	EA	BOK	14.95 12.95	12.70 11.00	63548 66957	HEALING LYME DIS COINF HEALING OILS	EA Ea	BOK Bok	19.95 14.95	16.95 12.40	61120 65578	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST	EA Ea	BOK Bok	18.00 19.95	15.30 16.95	42301 66336	CASTILE SOAP TTO Hand & Body Lot Laven	16Z 8 Z	LIQ Lot	9.99 7.99 9.99 7.99
65722	ALTERED GENE TWST TRTH	EA Ea	BOK Bok	14.95 12.95 21.95	12.70 11.00 18.65	63548 66957 32928	HEALING LYME DIS COINF HEALING OILS HEALING W/WHOL FOOD SF	EA Ea Ea	BOK Bok Bok	19.95 14.95 35.00	16.95 12.40 29.75	61120 65578 64587	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK	EA Ea Ea	BOK Bok Bok	18.00 19.95 18.00	15.30 16.95 15.30	42301	CASTILE SOAP TTO	16Z 8 Z	LIQ	9.99 7.99
65722 44617	ALTERED GENE TWST TRTH Aromatherapy for every	EA Ea Ea	BOK Bok Bok	14.95 12.95 21.95 12.95	12.70 11.00 18.65 11.00	63548 66957 32928 67979	HEALING LYME DIS COINF HEALING OILS HEALING W/WHOL FOOD SF HERBS FOR STRESS & ANX	EA Ea Ea	BOK Bok Bok Bok	19.95 14.95 35.00 8.95	16.95 12.40 29.75 7.60	61120 65578 64587 34844	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER	EA Ea Ea	BOK BOK BOK BOK	18.00 19.95 18.00 18.95	15.30 16.95 15.30 16.10	42301 66336 54267	CASTILE SOAP TTO Hand & Body Lot Laven Hand Body Lot Oran LV B	16Z 8 Z	LIQ Lot	9.99 7.99 9.99 7.99
65722 44617 52029	ALTERED GENE TWST TRTH Aromatherapy for every Arthritis 2nd edition	EA Ea Ea	BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95	12.70 11.00 18.65 11.00 16.10	63548 66957 32928 67979 66008	HEALING LYME DIS COINF HEALING OILS HEALING W/WHOL FOOD SF HERBS FOR STRESS & ANX Inspiralized	EA EA EA EA	BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99	16.95 12.40 29.75 7.60 16.99	61120 65578 64587 34844 66557	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN	EA EA EA EA	BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99	15.30 16.95 15.30 16.10 22.09	42301 66336 54267 <b>BU</b>	CASTILE SOAP TTO Hand & Body Lot Laven Hand Body Lot Oran LV B RTS BEES	16Z 8 Z 8 Z	LIQ LOT LOT	9.99 7.99 9.99 7.99 9.99 7.99
65722 44617 52029 63679	ALTERED GENE TWST TRTH Aromatherapy for Every Arthritis 2nd Edition Autoimmune Cause/Cr 3r	EA Ea Ea Ea	BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95	12.70 11.00 18.65 11.00 16.10 22.05	63548 66957 32928 67979 66008 68069	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS	EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95	16.95 12.40 29.75 7.60 16.99 29.70	61120 65578 64587 34844 66557 64630	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY PPBK	EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99	15.30 16.95 15.30 16.10 22.09 14.44	42301 66336 54267 <b>BU</b> 55267	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES AFTER SHAVE MENS	16Z 8 Z 8 Z 2.5	LIQ LOT LOT	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31
65722 44617 52029 63679 65392	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AYURVEDA BIBLE	EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95	63548 66957 32928 67979 66008 68069 66710	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95	16.95 12.40 29.75 7.60 16.99 29.70 33.45	61120 65578 64587 34844 66557 64630 56754	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY PPBK WHOLE FD GD STRONG BO B	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65	42301 66336 54267 <b>BU</b> 55267 41735	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES AFTER SHAVE MENS BABY OIL APRICOT	16Z 8 Z 8 Z 2.5 4 Z	LIQ LOT LOT LOT LIQ	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10
65722 44617 52029 63679 65392 65393	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AVURVED BIBLE AYURVEDIC COOK SELF HL	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75	63548 66957 32928 67979 66008 68069 66710 67987	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC DIET	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70	61120 65578 64587 34844 66557 64630 56754 65829	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY PPBK WHOLE FO GD STRONG BO B WHY CANT I GET BETTER	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.99	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49	42301 66336 54267 <b>BU</b> 55267 41735 56891	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER	16Z 8 Z 8 Z 8 Z 2.5 4 Z 6 Z	LIQ LOT LOT LOT LIQ LOT	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19
65722 44617 52029 63679 65392 65393 29922	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS ZND EDITION AUTOIMMUNE CAUSE/CR 3R AYURVEDA BIBLE AYURVEDIC COOK SELF HL BACK TO EDEN REV ED	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00 9.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45	63548 66957 32928 67979 66008 68069 66710 67987 67834	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC DIET KETOGENIC KITCHEN	EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49	61120 65578 64587 34844 66557 64630 56754 65829 67334	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY PPBK WHOLE FO GD STRONG BO B WHY CANT I GET BETTER WILD FERMENTATION 2ND	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.99	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE	16Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z	LIQ LOT LOT LOT LIQ LOT LOT	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19
65722 44617 52029 63679 65392 65393 29922 65016	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AYURVEDA BIBLE AYURVEDIC COOK SELF HL BACK TO EDEN REV ED BECOMING VEGAN EXPRESS	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00 9.95 19.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95	63548 66957 32928 67979 66008 68069 66710 67987 67834 64506	HEALING LYME DIS COINF HEALING OILS HEALING OILS HEALING OILS HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC COOKBOOK KETOGENIC HET KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 16.99	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY 10 DAY GRN WHOLE FO GD STRONG BO B WHY CANT I GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.99 29.95 21.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BES AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE BODY WASH CITRUS GINGE	16Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z 12Z	LIQ LOT LOT LOT LIQ LOT LOT LIQ	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19
65722 44617 52029 63679 65392 65393 29922 65016 62341	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS ZND EDITION AUTOIMMUNE CAUSE/CR 3R AYURVEDA BIBLE AYURVEDG COOK SELF HL BACK TO EDEN REV ED BECOMING VEGAN EXPRESS BITE IT & WRITE IT	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00 9.95 19.95 7.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95 6.75	63548 66957 32928 67979 66008 68069 66710 67987 67834 64506 45649	HEALING LYME DIS COINF HEALING OILS HEALING WIWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC DIET KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM LOWCARB VEGETARIAN	EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99 19.99	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 16.99 11.00	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213 26864	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY PPBK WHOLE FO GD STRONG BO B WHY CANT I GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN YEAST CONNECT HANDBOOK	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.95 21.95 15.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65 14.55	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711 53625	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES  AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE BODY WASH CITRUS GINGE CONDITIONER DEEP SHEA	16Z 8 Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z 12Z 5 Z	LIQ LOT LOT LOT LIQ LOT LOT LIQ LIQ	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19 7.99 7.19
65722 44617 52029 63679 65392 65393 29922 65016 62341 55628	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AVURVEDIC COOK SELF HL BACK TO EDEN REV ED BECOMING VEGAN EXPRESS BITE IT & WRITE IT BLOOD PRESSURE CURE PP	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00 9.95 7.95 15.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95 6.75 13.55	63548 66957 32928 67979 66008 68069 66710 67987 67834 64506 45649 59399	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC DIET KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM LOWCARB VEGETARIAN MAGNESIUM MIRACLE	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99 19.99 12.95 16.00	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 16.99 11.00 13.60	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213 26864 66542	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY 19 DAY GRN WHOLE FD GD STRONG BO B WHY CANT I GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN YEAST CONNECT HANDBOOK YOGA FOR BACK PAIN	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.95 21.95 15.95 19.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65 14.55 16.95	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711 53625 59881	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES  AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE BODY WASH CITRUS GINGE CONDITIONER DEEP SHEA DEEP PORE SCRUB PEACH	16Z 8 Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z 12Z 5 Z 4 Z	LIQ LOT LOT LOT LIQ LOT LIQ LIQ CRM	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19 7.99 7.19 10.29 8.23
65722 44617 52029 63679 65392 65393 29922 65016 62341 55628 65579	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AVURVED BIBLE AYURVEDIC COOK SELF HL BACK TO EDEN REV ED BECOMING VEGAN EXPRESS BITE IT & WRITE IT BLOOD PRESSURE CURE PP BLOOD SUGAR SOLUT PPBK	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 15.00 9.95 19.95 7.95 15.95	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95 6.75 13.55 14.45	63548 66957 32928 67979 66008 68069 66710 67987 67834 64506 45649 59399 67849	HEALING LYME DIS COINF HEALING OILS HEALING WWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC DIET KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM LOWCARB VEGETARIAN MAGNESIUM MIRACLE MEDICAL MEDIUM	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99 19.99 12.95 16.00 26.99	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 16.99 11.00 13.60 22.94	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213 26864 66542 52350	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY 10 DAY GRN WHOLE FD GD STRONG BO B WHY CANT 1 GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN YEAST CONNECT HANDBOOK YOGA FOR BACK PAIN YOGA OF HERBS	EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.95 21.95 15.95 15.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65 14.55 16.95 13.55	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711 53625 59881 63234	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES  AFTER SHAVE MENS BABY OIL APRICOT BODY LOT FLAG FREE BODY LOT FRAG FREE BODY WASH CITRUS GINGE CONDITIONER DEEP SHEA DEEP PORE SCRUB PEACH DIAPER OINTMENT BABY	2.5 4 Z 6 Z 6 Z 12Z 5 Z 4 Z 3 Z	LIQ LOT LOT LIQ LOT LOT LIQ LIQ CRM ONT	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19 7.99 7.19 10.29 8.23 8.99 8.09
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65722 44617 52029 63679 65392 65393 29922 65016 62341 55628 65579 60746	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS ZND EDITION AUTOIMMUNE CAUSE/CR 3R AVURVEDA BIBLE AVURVEDA BIBLE BACK TO EDEN REV ED BECOMING VEGAN EXPRESS BITE IT & WRITE IT BLOOD PRESSURE CURE PP BLOOD SUGAR SOLUT PPBK BODY ECOLOGY DIET PPBK BRAIN THT CHANGE ITSLE	EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 19.95 19.95 7.95 17.00 15.95 17.00	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95 6.75 13.55 14.45 13.55	63548 66957 32928 67979 66008 68069 66710 67987 67884 64506 45649 59399 67849 65465 64224	HEALING LYME DIS COINF HEALING OILS HEALING WIWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC COOKBOOK KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM LOWCARB VEGETARIAN MAGNESIUM MIRACLE MEDICAL MEDIUM MEDITAT FOR YOUR LIFE MIRACLE KIDNEY CLEANSE	EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99 12.95 16.00 26.99 14.95	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 11.00 13.60 22.94 14.44 12.70	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213 26864 66542 52350 63660	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY 10 DAY GRN WHOLE FD GD STRONG BO B WHY CANT 1 GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN YEAST CONNECT HANDBOOK YOGA FOR BACK PAIN YOGA OF HERBS	EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.95 21.95 15.95 15.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65 14.55 16.95 13.55	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711 53625 59881 63234 65414 59536	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES  AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE BODY WASH CITRUS GINGE CONDITIONER DEEP SHEA DEEP PORE SCRUB PEACH DIAPER OINTMENT BABY EYE CRIM W, ROYAL JELLY FACIAL CLEANS RADIANCE	16Z 8 Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z 12Z 5 Z 4 Z 3 Z .5Z 6 Z	LIQ LOT LOT LIQ LOT LIQ CRM ONT CRM LIQ	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19 7.99 7.19 10.29 8.23 8.99 8.99 8.99
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65722 44617 52029 63679 65392 65393 29922 65016 62341 55628 65579 60746 64211 58692	ALTERED GENE TWST TRTH AROMATHERAPY FOR EVERY ARTHRITIS 2ND EDITION AUTOIMMUNE CAUSE/CR 3R AYURVEDA BIBLE AVURVEDA BIBLE BACK TO EDEN REV ED BECOMING VEGAN EXPRESS BITE IT 6 WRITE IT BLOOD PRESSURE CURE PP BLOOD SUGAR SOLUT PPBK BODY ECOLOGY DIET PPBK BRAIN THT CHANGE ITSLE BUILDING BONE VITALITY	EA EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	14.95 12.95 21.95 12.95 18.95 25.95 19.95 19.95 19.95 17.95 17.00 15.95 17.00 16.95 32.50	12.70 11.00 18.65 11.00 16.10 22.05 16.95 12.75 8.45 16.95 6.75 13.55 14.45 14.45 14.40 27.62	63548 66957 32928 67979 66008 68069 66710 67987 67834 64506 45649 59399 67849 65455 64224 37343	HEALING LYME DIS COINF HEALING OILS HEALING WIWHOL FOOD SF HERBS FOR STRESS & ANX INSPIRALIZED KETO COMFORT FOODS KETOGENIC COOKBOOK KETOGENIC COOKBOOK KETOGENIC KITCHEN LIVING GLUTEN FR 4 DM LOWCARB VEGETARIAN MAGNESIUM MIRACLE MEDICAL MEDIUM MIRACLE KIDNEY CLEANSE MIRACLE OF MSM	EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	19.95 14.95 35.00 8.95 19.99 34.95 39.95 14.95 29.99 12.95 16.00 26.99 14.95 15.00	16.95 12.40 29.75 7.60 16.99 29.70 33.45 12.70 25.49 11.00 13.60 22.94 14.44 12.70 12.75	61120 65578 64587 34844 66557 64630 56754 65829 67334 64213 26864 66542 52350 63660	VIBRATIONAL MEDICINE VITAM AND MINER DEMYST WAHLS PROTOCOL PPBK WEB THAT HAS NO WEAVER WHEAT BELLY 10 DAY GRN WHEAT BELLY 10 DAY GRN WHOLE FO GO STRONG BO B WHY CANT I GET BETTER WILD FERMENTATION 2ND WOMENS STRENGTH TRN AN YEAST CONNECT HANDBOOK YOGA FOR BACK PAIN YOGA OF HERBS YOUR BLOOD NEVER LIES RLIND OF GERMAN	EA EA EA EA EA EA EA EA EA	BOK BOK BOK BOK BOK BOK BOK BOK BOK BOK	18.00 19.95 18.00 18.95 25.99 16.99 21.95 29.95 21.95 15.95 15.95 16.95	15.30 16.95 15.30 16.10 22.09 14.44 18.65 25.49 25.45 18.65 14.55 16.95 13.55 14.40	42301 66336 54267 <b>BU</b> 55267 41735 56891 60174 54711 53625 59881 63234 65414 59536 42320	CASTILE SOAP TTO HAND & BODY LOT LAVEN HAND BODY LOT ORAN LV B RTS BEES  AFTER SHAVE MENS BABY OIL APRICOT BODY LOT ALDE & BUTTER BODY LOT FRAG FREE BODY WASH CITRUS GINGE CONDITIONER DEEP SHEA DEEP PORE SCRUB PEACH DIAPER OINTMENT BABY EYE CRM W/ ROYAL JELLY FACIAL CLEANS RADIANCE FACIAL CLEANSER ORANGE	16Z 8 Z 8 Z 8 Z 2.5 4 Z 6 Z 6 Z 12Z 5 Z 4 Z 3 Z .5Z 6 Z 4	LIQ LOT LOT LIQ LOT LIQ CRM ONT CRM LIQ CRM	9.99 7.99 9.99 7.99 9.99 7.99 10.39 8.31 9.00 8.10 7.99 7.19 7.99 7.19 7.99 7.19 10.29 8.23 8.99 8.09 29.95 26.60 9.99 8.99 8.00 7.20

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#### **Clove 1:4**

#### Clove is a source of the volatile oil, Eugenol.

1 fl oz - Product Code: 57062

Clove has been shown to exert an antimicrobial and antiinflammatory actions. It also is an effective dental analgesic and helpful in conditions associated with inflammation of the mouth and pharynx. It has been used internally for stomach ulcers.

The expert panel German Commission E has approved the use of clove as a topical antiseptic and anesthetic.

#### **Comfrey Root 1:3**

#### Comfrey has been used for centuries as a way to promote healing.

1 fl oz - Product Code: 57080

Comfrey is used for burns, surgery, cuts, ulcerations in the gastrointestinal tract (ulcers, ulcerations, bowel surgery), breaks and fractures to bones, for poorly healing bones, and for osteoporosis. Comfrey was so widely used by herbalists to promote more rapid repair of broken bones, it earned the common names boneset and knitbone.

Comfrey is the preeminent herb to promote healing of tissue ranging from skin, soft tissue, broken bones, fractures and it promotes calcium re-uptake into the bones.

Controversy surrounds Comfrey because of its' content of pyrrolizidine alkaloids (PA). This potentially liver toxic substance is in minimal concentration in this dry plant extract (it is higher in fresh plant Comfrey) It is for short-term use (up to 2 months) and does not normally present a problem unless liver pathology exists (see contraindications below).

#### **Ingredients**

Phyto-Tech<sup>™</sup> Comfrey Root 1:3 contains Comfrey Root (Symphytum officinale), Grain Alcohol, Deionized Water.

Certified Organic.

#### Dosage

20-30 drops, 2-3 times per day or as needed in juice or water

Contraindications and Cautions: Pregnancy; Nursing; Do not use if liver enzymes are elevated of with liver pathology; Do not use over 2 months in a row because of the pyrrolizidine alkaloid content.

#### **Cordyceps**

Traditional medicinal "mushroom" (parasitic ascomycete fungi), Cordyceps sinensis, also known as Caterpillar Mushroom or Caterpillar Fungus, from China, Nepal and Tibet.

60 Veggie Caps, Product Code: 67468

#### Who might benefit from this product?

• Those looking to boost longevity, enhance immune function, boost athletic performance.

#### **Ingredients:**

Each veggie cap contains 500 mg Organic Cordyceps Mushroom Mycelia. Other Ingredients: Pullulan (capsule), Organic Myceliated Brown Rice, Vegetable Cellulose. It should be noted that our Cordyceps are cultivated in the U.S. and cultured on organic brown rice, so they are indeed vegetarian.

Orally, cordyceps is used for strengthening the immune system, improving athletic performance, reducing the effects of aging, promoting longevity, treating lethargy, and improving liver function in people with hepatitis B. Other traditional uses include treating coughs, chronic bronchitis, respiratory disorders, kidney disorders, frequent nocturia, male sexual dysfunction, anemia, heart arrhythmias, high cholesterol, liver disorders, dizziness, weakness, tinnitus, wasting, and opium addiction. It is also used as a stimulant, a

tonic, and an adaptogen which is used to increase energy, enhance stamina, and reduce fatigue.

#### Dosage:

One capsule, 2 times a day or as needed.

#### **Cough Complex**

A traditional Chinese formula for immediate respiratory system support; relieves coughs and congestion.

1 fl oz - Product Code: 57036

#### Who would benefit from this supplement?

• Those with acute or chronic cough, especially wet, or phlegm producing coughs.

According to Traditional Chinese medicine, this formula can be helpful to those with cough due to the common cold, acute or chronic bronchitis, emphysema, pertussis and smoker's cough.

#### Ingredients:

Phyto-Tech™ Cough Complex contains the following herbs: Houttuynia Herb, Poria Cocus, Platycodon Root, Skullcap Root, Bitter Orange Fruit, Fritillaria Bulb, White Mulberry Root Bark, Tangerine Peel, Licorice Root, Pinellia Root, Ginger Root.

Pinyin Names: Yu Xing Cao, Fu Ling, Jie Geng, Zhi Shi, Chuan Bei Mu, Sang Bai Pi, Chen Pi, Gan Cao, Ban Xia, Gan liang

#### **Dosage:**

Adults: 60-90 drops (2 to 3 squirts) in water or juice, 3 to 4 times per day or as needed.

Children: half the dosage.

Most effective away from food by at least 20 minutes.

Caution: Do not use when pregnant; not as effective for dry cough.

... continued on page 40

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



35904 42803 55277 59316 55268 41967 42801	INSECT REPELLENT HERB RES-Q OINTMENT SHAMPOO & WASH BABY SHAMPOO G WASH BABY FF SHAVE CREAM TONER GARDEN TOMATO TONER ROSEWATER GLYC	.60 12Z 12Z 6 Z 8 Z	SPY ONT LIQ LIQ CRM LIQ LIQ	7.99 9.69 8.99 8.99 10.29 14.19		12578 12823 67938 27354 12878 41122 54500	C L O SUPER 1000 CHROMIUM 200 COD LIVER OIL LIQ FRT COQ10 100 MG COQ10 30 D 2000 D 2000 SOLAR GEMS	100 100 8.4 90 120 120	SGC TAB LIQ SGC SGC SGC SGC	12.50	6.58 25.41 33.91 20.31 10.96 10.62	51411 53436 28095 41119 55484 12639	MAGNESIUM OXIDE MEDOMEGA FISH OIL 2800 MOISTURE EYES MULTI MINI IRON FREE MULTI MINI IRON FREE NIACIN 100 NIACIN 50	180 100 180 180 90 300	CAP LIQ SGC TAB TAB TAB	34.90 52.90 34.50 19.90 27.90 8.90	23.71 7.56	_	IODDX RX 12.5 MG LITHIUM OROTATE MASTIC GUM DGL NEO 40 DAILY ULTRA K2 15 MG VESITROL ROIVIEGA	90 120 60 30 90 60	TAB CAP CHW LOZ CAP CAP	22.95 22.95 14.95 14.95 24.95 24.95 59.95 59.95 48.95 48.95 49.95	5 5 5
CA	NNAVEST					54501 12572	D 4000 SOLAR GEMS D3 1000	120 100	SGC SGC	15.90 7.90	13.51 6.71	12641 12642	NIACIN 500 Niacin 500 time T/R	250 100	TAB Tab	31.20	26.52 10.54	53003	COROMEGA CHOC ORANG PK	90	PAK	34.99 34.99	1
67380	CBD OIL + (15 MG CBD)	60	CAP	69.95	69 95	12572	D3 1000 D3 1000	250	SGC	14.90	12.66	12644	NIACIN 500 TIME T/R	500	TAB		38.42	39364	COROMEGA DAILY DOSE	90P	PAK	34.99 34.99	
66319	CBD OIL PLUS BALM HEMP	1.3	CRM	35.95		61116	D3 1000 IU DROPS	11M	DRP	14.90	12.66	12643	NIACIN 500 TIME T/R	250	TAB	23.90		36730	COROMEGA DAILY DOSE	30P	PAK	14.99 14.99	
66328	CBD OIL PLUS SPRAY UNF		SPY	19.95		58008	D3 10000 IU	120	SGC	19.90	16.91	58229	OMEGA 3 ELITE 1250 MG	120	SGC	34.90	29.66	58755	COROMEGA OMEGA $3+D$ or	90	PAK	34.99 34.99	j
66332	CBD OIL PLUS XTRA PEPP	27	SPY	65.95		58957	D3 2000 IU	360	SGC	29.90		12893	OMEGA 3 SUPER + 30FREE	100	SGC	25.50		CO	UNTRY LIFE				
66333	CBD OIL PLUS XTRA UNFL	27	SPY	65.95		60749	D3 2000 IU DROPS	11M	DRP		16.06	12892	OMEGA 3 SUPER 1000	250	SGC	57.90			A 10000 UNITS DRY	100	TAD	11.39 9.11	
66329 67865	CBD OIL SPRAY PLUS PEP CBD OIL+ XTR STR UNFL	1 Z 1 Z	SPY LIQ	19.95 41.95		12571 55698	D3 400 D3 400 IU DROP BABY	250 11M	SGC LIQ	12.40 12.90	10.54 10.96	12891 12890	OMEGA 3 SUPER 1000 OMEGA 3 SUPER 1000	100 50	SGC SGC		21.67 10.96	16231 16235	A 10000 UNITS DRY A&D 10000/400	100	TAB SGC	8.99 7.19	
67864	CBD OIL + 15 MG CBD GLD	60	SGC	89.95		57810	D3 400 IU DROPS KIDS	11M	LIQ	12.90	10.96	12884	SALMON OIL	180	SGC	34.90		50997	ACETYL L CARNITINE 500	120	VCA	50.59 40.47	
67916	CBD OIL + 15 MG CBD GLD	10	SGC	19.95		67866	DHA 100 MG CHW KIDS	120	CHW	23.90	20.31	62394	SALMON OIL COMP 120 + 60	180	SGC		33.91	16173	ACIDOPH W/PECTIN	250	CAP	26.79 21.43	
67862	CBD OIL $+$ 15 MG GLD APP	.10	MIS	89.95	89.95	29230	DHA SUPER	180	SGC		58.22	12886	SALMON OIL + 50 FREE	180	SGC		29.66	25671	ALLER MAX	100	CAP	35.99 28.79	
67863	CBD OIL+ BALM HEMP XTR	3.3	CRM	51.95	51.95	29778	DHA SUPER	60	SGC	24.90	21.16	12791	SELENIUM 200	60	CAP	9.50	8.07	24879	ALLER MAX	50	CAP	19.59 15.67	
CA	RLSON LABORATO	RIFS				65140	DHA SUPER GEMS $60 + 20$	80	SGC		21.16	56507	SUPER D OMEGA 3	250	LIQ	27.90		58986	ALOE VERA + LIQUID	327	LIQ	21.99 17.59	
	A 10 000 NAT		000	10.00	14.02	12897	DIGESTIVE ENZYMES	100	TAB	29.90		37308	TOCOTRIENOL CMP W/E	90	SGC	59.90		60945	ALOE VERA 100% INN FIL	32Z	LIQ	17.49 13.99	
12554 12553	A 10 000 NAT	250 100	SGC SGC	16.50 7.50	6.37	12503	E 200 GEMS PLUS MIXED	100	SGC	21.50	18.27	12793	ZINC 15 MG	100	TAB	7.50		16350 22671	ANTIOXIDANT SUPER 10 ANTIOXIDANT SUPER 10	60 120	TAB Tab	26.99 21.59 50.39 40.31	
12558	A 10000 NAI A 10000 SOL	250	SGC	24.90		12485 36224	E 400 GEMS E 400 GEMS ELITE	90 120	SGC SGC	33.90 64.90			ZINC 30 CHEL	100	TAB	7.90	6.71	29833	ARTHRO JOINT MUSCLE RF	60	SGC	29.79 23.83	
12556	A 25000 NAT	250	SGC	23.90		35969	E 400 GEMS ELITE	60	SGC	34.90		СН	ILD LIFE					16249	B 50 ACTION CAP	100	CAP	17.59 14.07	
12555	A 25000 NAT	100	SGC			40504	E 400 GEMS ELITE	240		124.00		41615	ALLER CARE	4 Z	LIQ	16.95	13.56	16248	B BASIC 25 MG B COMP	90	CAP	14.99 11.99	
25241	A PALMITATE 15000	240	SGC		16.06	12507	E 400 GEMS PLUS MIXED	250		100.00	85.00	45242	C L O OIL STRAWBRRY	8 Z	LIQ	19.95	15.96	16238	B1 100 W/RICE BRAN	100	TAB	9.99 7.99	
12566	A&D 10000 + 400	100	SGC	8.50	7.22	12506	E 400 GEMS PLUS MIXED	100	SGC	58.00	49.30	34349	C VIT LIQ	4 Z	LIQ	7.95		22634	B12 1000 T/R	60	TAB	12.99 10.39	
12568	A&D 25000/1000	100	SGC		10.11	12494	E 800 GEMS	100	SGC	52.00	44.20	57419	CAL MAG LIQ	16Z	LIQ		15.96	16244	B12 3000 FOLIC SUBL	60	LOZ	19.59 15.67	
12569	A&D 25000/1000	250 90	SGC	23.50		44018	E GAMMA GEMS 500 MG	60	SGC		29.66	65376	COUGH SYRUP FORM 3 BERR	4 Z	LIQ		11.99	16247	B12 500 W/FOLIC SUBL B12 Superior 3000 MCG	100	LOZ	9.99 7.99	
12744 12745	ACES ACES	200	SGC GEL	29.90 62.00		58227	ECOSMART OMEGA 3 CALAM	120	SGC	29.90	25.41	65377	D3 400 IU DROPS ORG D3 LIQ MIXED BERRY	10M	DRP LIQ		13.59 6.39	38419 16239	B2 100 W/RICE BRAN	50 100	LOZ Tab	19.99 15.99 13.39 10.71	
12743	ACES + ZN	120	SGC	36.90		27512 56743	EYE RITE Fish oil fin Kids Oran	60	CAP Liq	39.90	33.91 22.52	58687 64269	DHA PURE	1 Z 90	SGC	7.99	0.39 10.39	16241	B6 100 TAB	100	TAB	10.99 8.79	-
12746	ACES + ZN	60	SGC		16.91	56508	FISH OIL FINEST LEMON	200 120	SGC		23.71	34350	ECHINACEA	1 Z	LIQ	8.95		16240	B6 50 TAB	100	TAB	9.99 7.99	
22287	ACES + ZN	180	SGC		44.20	44370	FISH OIL MULTI	120	SGC		46.66	34351	FIRST DEFENSE	4 Z	LIQ	21.95		16178	BEE PROPOLIS	100	CAP	20.59 16.47	
12922	ARGININE 100G	100	PWD	17.95	15.25	41730	FISH OIL OMEGA 3 LIQ	6.7	LIQ	26.50	22.52	67552	GRIPE WATER ORGANIC	27	LIQ	14.99		53366	BERRIES & WHEY	11.	PWD	26.99 21.59	j
12594	B 50 GEL	100	SGC			42824	FISH OIL OMEGA 3 LIQ	16Z	LIQ	53.00	45.05	34346	MULTI VIT & MIN	8 Z	LIQ		13.56	23953	BETAINE HCL PEPSIN 600	100	TAB	11.99 9.59	
12620	B12 1000 SUBL	180	TAB	21.50		52214	FISH OIL OMEGA 3 ORANG	16.	LIQ		45.05	38405	PROBIOTICS W/COLOSTRUM	50G	PWD	23.95	19.16	16221	BETAINE HCL PEPSIN 600	250	TAB	20.59 16.47	
12602	B2 100	100	TAB	9.90	8.41	52213	FISH OIL OMEGA 3 ORANG	6.7	LIQ	26.50		СН	IS ENTERPRISE					22161	BIO RUTIN CMP 500/500	90	TAB	26.99 21.59	
12622 12950	BIOTIN 1000 Buffalo liver	250 180	TAB Cap	12.50 62.50	10.62 53.12	51625	FISH OIL ORANGE 120 + 30	120	SGC	27.90		63544	ASPARAGUS	120	CAP	45.00	45.00	61601 61602	BIOTIN 10 MG VCAP BIOTIN 10 MG VCAP C	60 120	VCA VCA	20.59 16.47 29.79 23.83	-
66202	C CRYSTALS	35Z	PWD		46.75	52694 64227	GLUTAMINE 750 MG CAPS Inflammation Balance	90 180	CAP SGC	16.60 55.90	14.11	44358	MYOMIN	120	CAP	45.00 45.00		16260	BIOTIN 1000	100	TAB	11.99 9.59	
50286	C L O 1000 LEMON	300	SGC	39.90		60023	K2 VITAMIN MK 4	180	CAP		47.51 58.65		VEIN LITE	120	CAP	45.00		55711	BIOTIN 5 MG	120	VCA	27.79 22.23	
12580	C L O 370	100	SGC	8.90	7.56	53486	K2 VITAMIN MK 4	60	CAP	24.90				120	Onti	10.00	10.00	25952	BIOTIN 5 MG	60	CAP	15.99 12.79	
12581	C L O 390	250	SGC		13.51	40696	KEY E SUPPOSITORIES	24	SUP	14.40			LD-EEZE					16259	BIOTIN 500 MCG	100	TAB	9.99 7.99	
32682	C L O LEMON FLV 500ML	500	LIQ	49.90		12537	KEY E SUPPOSITORIES	12	SUP	8.88	7.54	29517	COLD EEZE CHERRY LOZ		LOZ		7.56	22902	BONE DENSITY FACTORS	200	TAB	35.99 28.79	
23226	C L O LEMON FLVR	8.4	LIQ	29.90		35120	LIPOIC ACID 300 MG	90	TAB		36.97	29519	COLD EEZE TROPICAL	18	LOZ	9.45	7.56	16107	BONE DENSITY FACTORS	100	TAB	18.59 14.87	
50543	C L O LEMON KIDS	250	LIQ	29.90		40198	LUTEIN 15 MG W/KALE	60	CAP	27.90		CO	<b>MPLEMENTARY P</b>	RESCR	IPTI	<u>ONS</u>		57518	BONE SOLID	180	CAP	30.99 24.79	
12574 12575	C L O LIQ REG 250ML C L O LIQ REG 500ML	250 500	LIQ LIQ	29.90 49.90		12907	LYSINE 500	300	CAP		23.54	56587	B12 METHYL 1000 LIQ	12	LIQ	12 95	12.95	53782 16279	BUFFER C 500 MG PH CNT C 1000 CAP MAXI W/BIO	120 90	VCA Cap	22.59 18.07 18.59 14.87	
12579	C L O SUPER 1000	250	SGC	32.50		12934 12831	Lysine PWD 100G MAG GLYCINATE 200 CHEL	100 90	PWD Tab	9.90 19.90	8.41 16.91	56588	B12 METHYL 1000 LIQ		LIQ		23.95		C 1000 CAP MAXI W/BIO	180	CAP	30.99 24.79	
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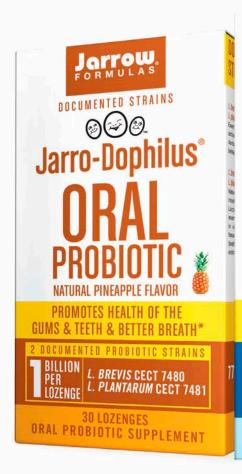




# Jarro-Dophilus® ORAL PROBLEM ORAL PROBLEM

#### PROMOTES HEALTH OF THE GUMS & TEETH & BETTER BREATH\*

Jarro-Dophilus® Oral Probiotic lozenges contain Lactobacillus brevis CECT 7480 and Lactobacillus plantarum CECT 7481, two documented strains that have been shown in scientific studies to help promote the health of the gums and teeth and promote better breath.\*



DOCUMENTED STRAINS

DOCUME

PROMOTES HEALTH OF THE GUMS & TEETH & BETTER BREATH'

2 DOCUMENTED PROBIOTIC STRAINS

BILLION L. BREVIS CECT 7480
PER L. PLANTARUM CECT 7481

30 LOZENGES
ORAL PROBIOTIC SUPPLEMENT

Jarro-Dophilus\*

ORAL

PROBIOTIC

NATURAL GREEN APPLE FLAVOR

GUMS & TEETH & BETTER BREATH\*

2 DOCUMENTED PROBIOTIC STRAINS

BILLION | BREVIS CECT 7480

30 LOZENGES ORAL PROBIOTIC SUPPLEMENT

Jarro-Dophilus® Oral Probiotic Ja Natural Pineapple Flavor - JRW67392 Natural F

Jarro-Dophilus® Oral Probiotic Natural Fresh Peppermint Flavor - JRW67391 Jarro-Dophilus® Oral Probiotic Natural Green Apple Flavor - JRW67442

The use of *Lactobacillus brevis* CECT 7480 and *Lactobacillus plantarum* CECT 7481 for oral health is protected by US Patent No. 9,192,634 B2.

#### VISIT US AT WWW.JARROW.COM FOR MORE PRODUCT INFORMATION

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **§**



#### Cramp Bark 1:3

#### Traditionally used for menstrual cramps, due to its smooth muscle relaxant action.

1 fl oz - Product Code: 57059

The bark has traditionally been used for cramps, including menstrual cramps and cramping associated with arthritis. While research is limited, a laboratory study found that viopudial isolated from Viburnum opulus (cramp bark) had antispasmodic effects on smooth muscle.

#### Who might benefit from this supplement?

· Women suffering from difficult periods, dysmenorrhea and PMS; It may also be helpful to those with intestinal cramps.

#### **Ingredients:**

Phyto-Tech<sup>™</sup> Cramp Bark 1:3 contains Cramp Bark (Viburnum opulus), Grain Alcohol, Deionized Water. Wild Harvested.

#### Dosage:

General: 30-60 drops, 2-3 times per day or as needed in juice or water; Acute Cramping: Take 60 drops to 1 teaspoon as needed.

#### **Cranberry 4:1**

#### Cranberry is widely used to prevent urinary tract infections.

90 Veggie Caps - Product Code: 60121

#### **Ingredients:**

Each 400 mg veggie cap contains the equivalent of 1600 mg of raw Berry.

Cranberry is widely used to prevent urinary tract infections, and has been used for this purpose for many years. There is research that supports this, although they may not be perfect. The key thing to note, however, is that the evidence supporting cranberry's ability to "prevent" UTI is much more

convincing that any evidence supporting its ability to "treat"

For treatment, it can be used as an adjunct to other therapy, but it may not be wise to rely on it as the main agent. In the past, it was thought to work by acidifying the urine, but now we know that there is a substance, a proanthocyanadin, the prevents the adhesion of bacteria to the cells lining the urinary tract.

There is another caution regarding cranberry juice. Some women make the mistake of going out an buying cranberry juice, rather than using a cranberry extract. The problem with the juice is that it has a high sugar content. Thus, the benefit of using a supplement where the active constituents of cranberry are concentrated, leaving the sugar behind. Phyto-Tech™ Cranberry 4:1 is ideal for this purpose.

One to two Capsules daily, or as directed. Drink plenty of

#### Complementary Product:

Phyto-Tech<sup>™</sup> Urinary Kidney Complex.

#### **Cranberry Mannose**

An herbal nutrient blend designed for those with frequent urinary tract infections.

60 Veggie Caps, Product Code: 67467

Who might benefit from this product?

· Those suffering from urinary tract infections.

#### **Ingredients:**

Each two veggie caps contains vitamin C,30 mg, D-Mannose 1000 mg, and Cranberry Fruit 37:1 (min. 4% Proanthocyanidins) 400 mg.

#### **Indications:**

Cranberry is used for prevention and treatment of urinary tract infections and kidney stones. D-mannose has also been used for this purpose. Many feel that the combination of these two ingredients results in a synergistic effectiveness

greater than either ingredient by itself. Preliminary research suggests supplemental d-mannose might interfere with the adhesion of Escherichia coli bacteria to the urinary tract, theoretically protecting from some urinary tract infections (UTIs). Bacteria such as Escherichia coli produce lectins, which bind the organism to sugar residues, such as dmannose, on host epithelial cells. Theoretically, giving supplemental d-mannose can bind the bacteria and prevent attachment to the vaginal and urinary tract lining. Cranberry is thought to work in a similar manner. In vitro tests indicate that d-mannose can partially or completely inhibit binding of around 50% of Escherichia coli strains to epithelial cells. The effect of d-mannose on urinary tract infections in humans remains to be studied.

Two capsules, up to three times daily, or as directed.

#### Damiana 1:3

Traditionally used as an aphrodisiac, for women, especially in Cenrtral America, since ancient times. It may also exhibit mood elevating action.

1 fl oz - Product Code: 57641 Damiana is traditionally used as a general tonic for the nervous, endocrine, and reproductive systems. In addition, specific historical uses include coughs, gastrointestinal disorders, diuresis. It has been used as an aphrodisiac in Africa and the Americas.

#### **Dandelion Root 1:1.5**

Dandelion Root has long been considered a liver and galbladder tonic, and digestive stimulant.

> 1 fl oz - Product Code: 56966 90 Veggie Caps - Product Code: 60117

> > ... continued on page 42

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#### Astaxanthin Supplements Improve Astaxanthin Protects Skin From Performance, Lower Heart Rate

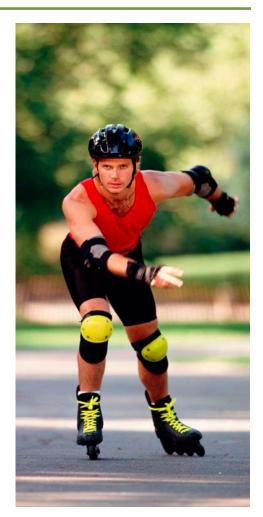
Previous studies found astaxanthin improved cycling performance in athletes. In this recent study, 14 male and 14 female recreational runners, with an average age or 42 years, took a placebo or 12 mg of astaxanthin per day.

After eight weeks, the placebo group had not improved. Those taking astaxanthin, however, saw a 10 percent lower heart rate during a long-distance run compared to the same test at the start of the study. While there were no effects in shorter, higher-intensity runs, during the long-distance portions of the tests, participants were able to cover the same amount of distance at a lower heart rate compared to their performance before taking astaxanthin.

(Reference: Medicine & Science in Sports & Exercise; 2017, Vol. 49, No. 5S, 941)

Astaxanthin is a member of the carotenoid family of antioxidants. One popular source is Krill oil, but it is available alone, or in combination with other carotenoids.

The pharmacists and nutritionists at Willner Chemists will be happy to help you decide which product best suits your specific needs.



## **Sun Damage**

kin exposed to the sun secretes enzymes Sthat degrade collagen and elastin, causing skin aging and inflammation. In this study, 65 healthy women took 6 mg or 12 mg of astaxanthin per day, or a placebo.

After 16 weeks, wrinkles increased and moisture declined for placebo while remaining stable for astaxanthin. Inflammation in the top layer of the skin increased significantly for placebo, slightly for the low-dose group, but not at all for the high-dose astaxanthin group.

Separately, in the lab, doctors exposed skin cells to sun-like ultraviolet-B radiation. Untreated cells became injured and inflamed, while cells treated with astaxanthin remained

(Reference: Journal of Clinical Biochemistry and Nutrition; 2017, Vol. 61, No. 1, 33-9)

Astaxanthin is available in many forms alone, in krill oil, in carotenoid mixtures, and in phyto antioxidant blends.

The pharmacists and nutritionists at Willner Chemists will be happy to help you choose the formulation best for your specific needs.



#### NEWCHAPTER.

MULTIVITAMINS | CALCIUM | HERBALS | FISH OIL

## VITALITY — is in our nature —

Discover Every Woman™'s One Daily 55+ multivitamin—a new chapter in nourishment. Expertly formulated to support healthy immune defenses with clinical-strength Astaxanthin, a rare plant-nutrient! Our complete multivitamin is uniquely fermented with probiotics and whole foods to activate healthy aging benefits! Our science proves what nature always knew—that vitality is in our nature. With New Chapter,® you'll feel it.



- ✓ Immune, heart, digestive & energy support\*
- ✓ Made with organic veggies & herbs
- ✓ Gentle even on an empty stomach









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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🗧



#### Who might benefit from this herbal supplement?

• Those with liver disease, upset stomach, loss of appetite, heartburn; those in need of liver and gallbladder detoxification; those suffering from constipation. Dandelion is commonly used as a food. The leaves are used in salads and teas. The roots are sometime used as a coffee substitute. The leaves and roots have been used traditionally to treat liver, gallbladder, kidney and joint problems. Dandelion is categorized by many herbalists as a blood purifier, or "alterastive."

#### **Ingredients:**

Phyto-Tech™ Dandelion Root 1:1.5 contains Fresh Dandelion Root (Taraxacum officinale) 667 mg/ml, Grain Alcohol, Pule Deionized Water. Certified Organic.

#### Dosage

30-60 drops 2-3 times per day or as needed in juice or water. Also available in a veggie capsule, with each Phyto-Tech™ Dandelion capsule containing 500 mg of certified organic Dandelion Root (Taraxacum officinale).

Cautions: Contraindicated in blockage of the bile ducts, acute gallbladder inflammation, and intestinal blockage.

#### **Complimentary Formulas:**

- Phyto-Tech™ Liver Support, Liquid or Vegicasps
- Phyto-Tech™ Burdock Root 1:1.5
- Phyto-Tech™ Milk Thistle Seed 1:3

#### **Devil's Claw**

This herb, wild harvested from the Kahalari desert of Africa, has been shown to exert significant antiinflammatory and analgesic action.

1 fl oz - Product Code: 57029

#### Who could benefit from this supplement?

• Those with arthritis, rheumatism, fibromyalgia, joint and muscle pain.

#### **Ingredients:**

Phyto-Tech™ Devil's Claw 1:4 provides 250 mg of Devil's Claw secondary tubers per 30 drops.

Devil's claw (Harpagophytum procumbens) originates from the Kalahari and Savannah desert regions of South and Southeast Africa. The part used is the secondary tubors. Currently, the major uses of devil's claw are as an anti-inflammatory and pain reliever for joint diseases, back pain, and headache. Devil's Claw enjoys widespread popularity as a treatment for mild joint pain throughout Europe. This use is supported by several clinical studies.

Devil's Claw also increases gastric digestive enzymes, thus aiding in protein and fat digestion. It has been known to help reduce cholesterol and uric acids in the blood, which can lead to gout.

#### Dosage:

20-40 drops, 2-3 times per day or as needed in juice or water. Best used long term (over 1 month continual use).

Contraindications: Gastric and duodenal ulcers. Do not use during pregnancy or if breastfeeding.

#### **Digest Stim Complex**

This formula promotes optimal digestive enzyme balance for proper digestive function. It can be categorized as a bitter digestive tonic.

Digest Stim Complex - 1 fl oz - Product Code: 56999 Digest Slim Complex - Alcohol Free 1 fl oz - Product Code: 57040

#### Who can benefit from using this supplement?

• Those who are deficient in digestive enzyme secretion or gastric function. Helpful in cases of indigestion, gas, sluggish bowels, bloating.

Phyto-Tech™ Digest Stim is available in a regular, and an alcohol-free version. Most commonly, it is taken before meals.

#### **Ingredients:**

Phyto-Tech™ Digest Stim contains the following herbs:
Gentian Root, Fennel Seed, Oregon Grape Root, Ginger
Root, Licorice Root, Prickly Ash Bark, Blue Flag Root,
Peppermint Spirits, and Potassium Carbonate.
Phyto-Tech™ Digest Stim will stimulate the body to secrete
more digestive enzymes (HCl, bile, pancreatic enzymes,
pepsin, lipase, and saliva) which will enhance digestion. This
makes absorption more possible. This formula actually makes
the body secrete its own digestive enzymes if deficient
instead of taking digestive enzymes by themselves. The goal is
to get the body to function normally and to not rely on
external enzymes.

It can be used as needed for meals that cause indigestion. Phyto-Tech™ Digest Stim can be used as a tonic for those with chronic indigestion, before or after a meal, but is best when used before the meal.

Phyto-Tech™ Digest Stim also contains fennel and peppermint to soothe digestive upset and keep the digestive tract calm while digesting efficiently.

This formula can be especially helpful to the elderly, where poor digestion is common.

Many herbalists recommend Phyto-Tech™ Digest Stim for Candida albicans. Candida thrives in a digestive tract that under secretes, thus becoming too alkaline (digestive pH is acidic, blood pH is alkaline). Phyto-Tech™ Digest Stim is thought to increases HCl in the stomach, thus keeping it very acidic which kills parasites, bacteria, germs and keeps Candida in check. Insufficient digestive enzymes result in leaky gut syndrome and the candida/parasite/germ hypothesis that cannot be healed without increasing digestive enzymes.

Contraindications: Pregnancy; Ulcers, Irritable Bowel (Phyto-Tech™ Digest Stim may help or worsen this condition—use caution)

... continued on page 44

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

#### 3)



16282	C 1000 RH T/R	90	TAB	12.99	10.39	55266	D3 1000 SGC LANOLIN	100	SGC	8.99 7.19	65086	MAXI SKIN COLLAGEN C A	90	TAB	21 00	17.59	29825	ULT FAT METABOLIZER	90	TAB	29.99 23.99
16292	C 1000 RH/BF 150 BUF	250	TAB		24.79	53780	D3 2500 IU LANOLIN	60	SGC	8.99 7.19	67843	MAXI SKIN VITAL B12 PW	4.3	PWD	21.99		29831	ULT PROTEIN SYS CHOCO	2LB	PWD	50.99 40.79
16291	C 1000 RH/BF 150 BUFF	100	TAB		11.99	55555	D3 2500 IU SGC LANOLIN	200	SGC	16.99 13.59	67844	MAXI SKN ZEN THEAN PWD	3.5	PWD		17.59	26825	ULT PROTEIN SYS VAN	2LB	PWD	50.99 40.79
20392	C 1000 W/RH	250	TAB		23.99	62216	D3 5000 IU VEGAN	60	VCA	28.79 23.03	16331	MAXINE GENT STR NO FE	120	CAP		23.03	16345	VANADYL SULFATE 5000	90	CAP	10.99 8.79
20767	C 500 ACEROLA W/BF WAF	180	CHW		23.99	62215	D3 5000 IU VEGAN	30	VCA	20.59 16.47	16328	MAXINE TR FEM FOR WOM	120	TAB		32.79	23692	VANADYL SULFATE 5000	180	CAP	19.59 15.67
16296	C 500 ACEROLA W/BF/RUT	90	CHW		14.07	57179	D3 5000 SGC	200	SGC	20.99 16.79	24841	MELATONIN 3 MG RAP/REL	90	TAB		10.39	54231	VARICOVEIN MEN WOMEN	60	VCA	32.99 26.39
16289	C 500 RH/BF 100 BUF	100	TAB	11.99	9.59	57178	D3 5000 SGC	60	SGC	11.99 9.59	54827	MENS DAILY NUTRITION	60	TAB		29.59	16215	WATER FACTOR MAX RR	60	TAB	13.99 11.19
20764	C 500 RH/BF 100TR BUF	250	TAB		19.03	43330	DAILY TOT 1 DY	60	VCA	21.99 17.59	54828	MENS DAILY NUTRITION	120	TAB		47.19	25924	WATER FACTORS MAX	90	TAB	18.59 14.87
16274	C 500 W/RH	250	TAB		15.99	32468	DHEA 10 MG	50	CAP	9.99 7.99	16078	METHIONINE 500 W/B6	60	TAB		10.39	31896	WHEY PRO PWD NAT	247	PWD	47.99 38.39
20763	C CMP 1000/500 MAXI TR	180	TAB		24.79	26462	DHEA 25 MG	90	CAP	16.99 13.59	63271	METHYL B12 1000 CHERRY	60	LOZ		10.71	31746	WHEY PRO PWD NAT	127	PWD	26.99 21.59
16293	C CRYSTALS 2500 MG	8 Z	PWD		16.79	27219	DHEA COMPLEX MEN 50 MG	60	CAP	28.79 23.03	56057	METHYL B12 3000 MCG	120	LOZ		31.19	65855	WHEY PROT COCOA COC SF	11.	PWD	26.99 21.59
16141	CAL MAG 1000/500 TAB	180	TAB		18.87	16194	DMG 125	60	LOZ	25.79 20.63	63270	METHYL B12 5000 CHERRY	60	LOZ		18.07	44685	WHEY PROT PWD CH FD	147	PWD	26.99 21.59
16140	CAL MAG 1000/500 TAB	90	TAB		11.19	20775	E 400 COMPLEX	180	SGC	61.99 49.59	65088	METHYL FOLATE 800 MELT	60	TAB		16.47	62425	WHEY PROT PWD CH SG FR	15.	PWD	26.99 21.59
58365	CAL MAG 1000/500 TB D	90	TAB		11.19	16311	E 400 COMPLEX	90	SGC	33.99 27.19	16337	MULTI 100 TR W/TM	90	TAB		26.39	65856	WHEY PROT PWD COCON SF	11.	PWD	26.99 21.59
21168	CAL MAG CAP TM	180	VCA		14.87	20288	E 400 SGC	180	SGC	61.99 49.59	23989	MULTI ADULT CHEW WAF	60	CHW		15.99	62426	WHEY PROT PWD VN SG FR	15.	PWD	26.99 21.59
21167	CAL MAG CAP TM	90	CAP		9.59	60595	FLEX-ABLE ADVANCED	90	CAP	43.59 34.87	65353	MULTI ADULT CHEW WAF	120	CHW		31.99	63139	WHEY PROTEIN NAT ORG	10.	PWD	39.99 31.99
34509	CAL MAG CITRATE MAXISB	200	SGC		23.19	65853	FOLATE 800 CHW ORANGE	100	CHW	15.99 12.79	51643	MULTI LIQ FOOD BASE	327	LIQ		34.87	44906	WHEY PROTEIN PWD VAN	127	PWD	26.99 21.59
16142	CAL MAG POT 500/500/99	90	TAB		11.19	31867	FOLIC ACID 800	250	TAB	11.99 9.59	16149	NERVE & OSTEO SUPP	180	TAB		19.83	63140	WHEY PROTEIN VAN ORG	12.	PWD	39.99 31.99
16143	CAL MAG POT 500/500/99	180	TAB		16.47	29816	GLUCOS CHOND 500/400	90	CAP	32.99 26.39	52461	OMEGA 3 6 9 COMPLETE	180	SGC		39.99	54830	WOMENS DAILY NUTRITION	120	TAB	61.99 49.59
43338	CAL MAG W/D CMP TM	240	VCA		20.63	16066	GLUTAMINE 500 W/B6 CAP	100	CAP	15.99 12.79	43828	OMEGA 3 6 9 ULTRA	90	SGC		22.39	54829	WOMENS HER DAILY NUTRI	60	TAB	38.99 31.19
43337	CAL MAG W/D CMP TM	120	VCA		12.79	23986	GLYCEMIC FACTORS	100	TAB	29.99 23.99	16197	OMEGA 3 F B O 1000	200	SGC		21.59	16170	ZINC 50	100	TAB	9.99 7.99
52093	CAL MAG W/D3 LIQ	32Z	LIQ		22.23	23988	GRAPE SEED EXT 100 MG	50	CAP	29.99 23.99	16196	OMEGA 3 F B O 1000	100	SGC		14.39	16153	ZINC 50 TM	90	TAB	9.99 7.99
16145	CAL MAG ZINC TM	180	TAB		16.47	26081	GRAPE SEED EXT 200 MG	60	CAP	57.59 46.07	43842	OMEGA 3 MOOD	90	SGC		27.99	32600	ZINC LOZ CHERRY W/C	60	LOZ	9.99 7.99
16157	CAL MAG ZINC TM	250	TAB		15.67	16265	INOSITOL PWD 1100 MG	4 2	PWD	28.79 23.03	34051	OMEGA ULTRA	120	SGC		21.11	54581	ZINC PICOLINATE	100	TAB	11.99 9.59
16139	CAL SNACK	120	CHW		19.83	16160	IRON AID	60	TAB	12.99 10.39	16270	PABA 1000 TR W/RICE BR	60	TAB		12.79					
20736	CAL W/BORON TM 1000	90	CAP	14.99	11.99	16314	K1 100	100	TAB	7.99 6.39	27245	PANTOTHENIC AC 1000 TR	60	TAB		16.47	CR	EATIVE BIOSCIEN	NCE		
16061	CARNITINE 500 W/B6 CAP	30	CAP		19.99	64248	K2 500 MCG VEGAN MELTS	60	TAB	27.79 22.23	16226	PAPAYA 25 CHW	200	CHW	10.99		65051	30 DAY DIET VCAP	60	VCA	24.95 19.96
16060	CARNITINE 500 W/B6 CAP	60	CAP	38.19	30.55	16187	KELP 225 MCG	300	TAB	11.99 9.59	16227	PAPAYA 25 CHW	500	CHW	17.59	14.07	65050	GARCINIA CAMBOGIA 1500	60	VCA	24.95 19.96
16233	CAROTENE 25000 SGC	100	SGC	21.99	17.59	67592	KIDS CARE PROB 5BL CHW	30	CHW	15.99 12.79	16198	PHOS CHOL 1200 MG	100	SGC	20.59	16.47	66192	HMB POWDER 3000 MG	3.5	PWD	27.09 21.67
29834	CAROTENOID COMPLEX	60	SGC	30.99	24.79	16189	LECITHIN GRAN 160Z	16	PWD	19.99 15.99	50998	PHOS SERINE (NEURO PS)	60	SGC	55.59	44.47	66191	LIVER FORM NAC MILK THS	60	VCA	24.95 19.96
16180	CHARCOAL 260	100	CAP	14.99	11.99	22226	LIGA TEND RR	100	TAB	32.99 26.39	16164	POTASSIUM 99 MG	250	TAB	14.99	11.99	65048	PROBIOTICS 8 BILL GARC	60	VCA	26.95 21.56
31883	CHARCOAL 260	40	CAP	9.99	7.99	32667	LIPOIC ACID 100 MG	50	CAP	14.99 11.99	16175	POWER DOPHILUS	200	CAP	35.99	28.79	CP	OWN MAPLE SYR	PLID		
16261	CHOLINE 293 W/RICE BRN	100	TAB	15.99	12.79	29812	LIVER SUPPORT FACTORS	100	TAB	38.99 31.19	61603	PRENATAL REAL FOOD	90	TAB	39.99	31.99					
22669	CHROMIUM PICOL 200	200	CAP	20.59	16.47	39381	LUTEIN 20 MG	60	SGC	30.99 24.79	16109	PROSTA MAX FOR MEN	100	TAB	32.99	26.39	67801	MAPLE SYRUP BOURB ORG	12.	LIQ	18.59 16.73
31860	COD LIVER OIL	100	SGC	10.99	8.79	16076	LYSINE 1000 W/B6 TAB	100	TAB	13.99 11.19	23859	PYCNOGENOL 100 MG CAP	30	CAP		47.03	67800	MAPLE SYRUP GRAD A DRK	12.	LIQ	15.69 14.12
24510	COENZYME ACTIVE B6 50	30	CAP	9.99	7.99	16075	LYSINE 500 W/B6 CAP	250	CAP	25.79 20.63	16120	PYCNOGENOL 50 CAP	50	CAP	51.59	41.27	67803	MAPLE SYRUP GRD A AMB	12.	LIQ	15.69 14.12
62836	COENZYME B CMP ADV	60	VCA	30.99	24.79	44922	MAG 300 W/SILICA	120	CAP	17.99 14.39	44014	R LIPOIC ACID 100 MG	60	VCA	28.79	23.03	DA	IWA PHARMACE	UTICAL	CO.	
62837	COENZYME B CMP ADV	120	VCA		39.51	20741	MAG CHELATED 250 MG	90	TAB	9.99 7.99	58121	RESVERATROL PLUS	60	VCA		20.63					00.00 05.40
43981	COENZYME B COMPLEX CAP	120	VCA		24.79	16161	MAG CHELATED 250 MG	180	TAB	18.59 14.87	16306	RUTIN 500	100	TAB		20.79	65668	KRILL OIL 500 MG DAIWA	60	SGC	29.90 25.40
22673	COENZYME B COMPLEX CAP	60	VCA		16.47	22734	MAG POT ASPAR T/MINS	180	TAB	23.59 18.87	29002	SAW PALM PYGEUM	90	CAP		21.59	68031	KRILL OIL SUBERB BOOST	60	SGC	39.90 31.92
24168	COQ10 100 MG	60	VCA		24.79	16147	MAG POT ASPARTATE TM	90	TAB	13.99 11.19	16167	SELENIUM 100 YEAST FR	180	TAB		11.99	51511	PEAKIMMUNE4 250 MG	50	CAP	59.95 50.96
43350	COQ10 100 MG MEGA GEL	60	SGC		42.87	54580	MAGNESIUM CITRATE /CAL	120	TAB	18.59 14.87	16168	SELENIUM 200	90	TAB		11.19	65113	PLASMANEX 1 D	60	VCA	60.00 51.00
58351	COQ10 100 MG VEG SGC	120	SGC		37.11	16096	MAX AMINO CAPS W/B6	90	CAP	20.59 16.47	52804	SHARP THOUGHT	30	VCA		26.39	DA	VINCI LABORATO	DRIES		
53779	COQ10 100 MG VEG SGC	60	SGC		23.99	41661	MAX FOR MEN MULTI VCAP	120	VCA	32.99 26.39	57841	STRESS SHIELD	60	VCA		19.83	65690	5 MTHF B12 MC 2000	60	CAP	22.40 17.92
53778	COQ10 60 MG VEG SGC	60	SGC		15.67	16332	MAX FOR MEN TR	60	TAB	23.59 18.87	16088	TAURINE 500 W/B6 CAP	100	CAP	11.99						
16183	COQ10 60 XTRA SUPER	60	CAP		21.43	16333	MAX FOR MEN TR TAB	120	TAB	40.99 32.79	64249	THEANINE 100 MG MELTS	60	TAB		21.43	64155 66985	A D K 5000/5000/500	60 60	CAP CAP	30.00 24.00 44.95 35.96
59794	CORE DAILY 1 MEN	60	TAB		18.87	67845	MAXI COLLAGEN C A PWD	7.5	PWD	22.99 18.39	52693	THEANINE 200 MG	60	VCA		26.39	00985 16965	ADIPO LEPTIN BENEFITS All zyme	90 90	TAB	44.95 35.96 18.80 15.04
59797	CORE DAILY 1 WOMEN 50 +	60	TAB		26.39	62217	MAXI HAIR FOR MEN SGC	60	SGC	32.99 26.39	16106	THYRO MAX	60	TAB		14.07		ALL ZYME ALLER DMG	90 60	VTAB	32.80 26.24
30211	CREATINE MONOHY PWD	325	PWD		16.39	16213	MAXI HAIR MAX	90	TAB	24.79 19.83	16152	TOT MINS MULTI MIN CMP	120	TAB		19.83	43903 28334	ALLER DING AMINO 21	90 90	CAP	38.40 30.72
16237	D 1000 DRY	100	TAB	8.99	7.19	16212	MAXI HAIR MAX	60	TAB	18.59 14.87	16347	TOTAL MINS FE FREE TAR	120	TAB		20.63	20334 68018	ANINO ZI ANDRO BENEFITS	90 60	CAP	30.40 30.72 40.20 32.16
16236	D 400	100	SGC	8.99	7.19	61393	MAXI HAIR PLUS VCAP	120	VCA	29.99 23.99	51642	TOTAL MINS IRON FR VCA	150	VCA	23.59		42944	ARABINOGALACTAN PWD	100		39.60 31.68
55556	D3 1000 IU SGC LANOLIN	200	SGC	14.59	11.67	65087	MAXI SKIN COLLAGEN C A	2.7	PWD	16.59 13.27	29824	ULT FAT METABOLIZER	60	TAB	19.99	15.99	42344	VIIVALIAAAN LAAA	100	1 44 11	JJ.UU JI.UO

#### **Over 90%!**

Over 90% of the world's CoQ10 comes from China

but not Healthy Origins® CoQ10! Our CoQ10 is manufactured exclusively by Kaneka Nutrients in Pasadena, TX, USA!

Where does your favorite

CoQ10 brand come from?

## **from Healthy Origins**®

Healthy Value from Reliable Origins

Kaneka Q10® is the only CoQ10 in the world produced through a natural yeast fermentation process. This exclusive fermentation process yields a CoQ10 which is bio-identical to what the human body produces. All of the other manufacturers from China produce their CoQ10 from bacteria.

All Healthy Origins® CoQ10 Gels are encapsulated in the USA, using only Kaneka Q10®, produced exclusively in Pasadena, TX, USA.

In addition to our raw material quality, we formulate our CoQ10 in a base of cold pressed olive oil for enhanced absorption.

#### CoQ10 for adults ages 20 to 40:



All Healthy Origins® Ubiquinol Gels are encapsulated in the USA, using only Kaneka QH™, produced exclusively in Pasadena, TX, USA.

for sale to their own employees.

#### **Ubiquinol for adults ages 40 and older:**

What is Ubiquinol? - Your body produces CoQ10 and then converts it to its active form Ubiquinol, an essential nutrient for cellular function and antioxidant protection. By age 40, the body's ability to produce and convert CoQ10 to its active form Ubiquinol diminishes significantly.\*

Formulated with Medium Chain Triglycerides and Ascorbyl Palmitate for enhanced absorption. All of our Ubiquinol gels are fortified with an additional 5 percent Ubiquinol raw material to ensure that every softgel is a minimum 100 percent of label claim at the time of expiration.\*



#### **Co10 (USA) Complete Selection**

Willner					
Code:					
10	0 MG				
43026	30 Gels	Retail:	12.99	Sale Price:	8.44
43027	60 Gels	Retail:	23.29	Sale Price:	15.14
57509	150 Gels	Retail:	52.99	Sale Price:	34.44
60089	300 Gels	Retail:	94.99	Sale Price:	61.74
20	0 MG				
58278	30 Gels	Retail:	20.99	Sale Price:	13.64
57510	60 Gels	Retail:	37.99	Sale Price:	24.69
58279	150 Gels	Retail:	85.99	Sale Price:	55.89
30	0 MG				
43028	30 Gels	Retail:	28.99	Sale Price:	18.84
43029	60 Gels	Retail:	51.99	Sale Price:	33.79
57938	150 Gels	Retail:	117.99	Sale Price:	76.69
40	0 MG				
60090	30 Gels	Retail:	35.99	Sale Price:	23.39
57511	60 Gels	Retail:	64.99	Sale Price:	42.24
59545	150 Gels	Retail:	149.99	Sale Price:	97.49
60	0 MG				
63420	30 Gels	Retail:	44.99	Sale Price:	29.24
63421	60 Gels	Retail:	79.99	Sale Price:	51.99
63422	150 Gels	Retail:	179.99	Sale Price:	116.99

#### All Healthy Origins ® CoQ10 and Ubiquinol products are Soy Free & Non-GMO!

#### **Ubiquinol (USA) Complete Selection**

Willner					
Code:					
Code:					
50	MG				
59608	30 Gels	Retail:	17.99	Sale Price:	11.69
58276	60 Gels	Retail:	31.99	Sale Price:	20.79
58997	150 Gels	Retail:	75.99	Sale Price:	49.39
10	0 MG				
59671	30 Gels	Retail:	29.99	Sale Price:	19.49
57130	60 Gels	Retail:	55.99	Sale Price:	36.39
58998	150 Gels	Retail:	132.99	Sale Price:	86.44
100 MG V	Veggie Gels				
66299	30 Vgels	Retail:	29.99	Sale Price:	19.49
66300	60 Vgels	Retail:	55.99	Sale Price:	36.39
66301	150 Vgels	Retail:	132.99	Sale Price:	86.44
20	0 MG				
60534	30 Gels	Retail:	51.99	Sale Price:	33.79
58277	60 Gels	Retail:	97.99	Sale Price:	63.69
58999	150 Gels	Retail:	235.99	Sale Price:	153.39
30	0 MG				
63423	30 Gels	Retail:	69.99	Sale Price:	45.49
63424	60 Gels	Retail:	124.99	Sale Price:	81.24
63425	150 Gels	Retail:	279.99	Sale Price:	181.99

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



#### Dosage

In general, it is best before a meal but can be used afterward. Daily use: 15-60 drops, 2-3 times per day or as needed in juice or water. Use before or after meals.

Occasional use: 30-60 drops before or after meals that create indigestion or digestive upset.

#### **Dong Quai Root 1:3**

A highly regarded, well known Chinese herb widely used for various menstrual and menopausal problems.

1 fl oz - Product Code: 57001

#### Who might benefit from this supplement?

- Women suffering from various menstrual irregularities;
- Women seeking to lessen the symptoms of menopause (hot flashes, mood swings, irritability)
- Women with premenstrual disorders (PMS) to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability).

#### **Ingredients:**

Phyto-Tech™ Dong Quai Root 1:3 contains Dong Quai Root, Alcohol Pure Grain, Water Pure Deionized; 333 mg/ml.

Herbalists consider Dong Quai to be an estrogen synergist. It sensitizes the binding or absorption sites where estrogen is absorbed into the body and will increase levels of estrogen. In menopause where estrogen is decreasing, it helps satisfy the bodies craving and diminishes symptoms. In PMS, Dong Quai accentuates the estrogen phase or phase from menses to ovulation. It is especially indicated for cycles longer than 28 days. It is contraindicated for cycles less than 28 days, which is estrogen excess (use Chaste Tree Berries here). Dong Quai will help bring a longer cycle back to a 28-day cycle, help bring on a crampy slow onset period and possibly help alleviate a dry vagina.

Contraindications: Pregnancy; Menses that have a cycle shorter than 28 days.

#### Dosage:

15-45 drops, 2-3 times per day or as needed in juice or

#### **Complimentary Formulas:**

- Phyto-Tech™ Chaste Tree Berry (if cycle is shorter than 28 days or if progesterone deficient)
- Phyto-Tech<sup>™</sup> Menopause Complex (menopausal formula)
- Phyto-Tech™ Menses Complex (if PMS)
- Phyto-Tech<sup>™</sup> Black Cohosh Root 1:3 (hot flashes, slow onset period)

#### **Ear Drops**

Soothes aches, promotes comfort and circulation, and supports immunity, as an external ear oil.

Phyto-Tech™ Ear Drops - Product Code: 56953 Phyto-Tech™ Ear Oil - Child Friendly - Product Code: 57011

#### Who can benefit from this supplement?

· Children and adults with ear infections.

#### Ingredients.

Phyto-Tech™ Ear Drops contains the following herbs: Mullein Flower Oil, Coptis Root Oil, Garlic Bulb Oil, Arnica Montana Flower Oil, Cold Pressed Extra Virgin Olive Oil.

#### This product comes in two versions:

- Phyto-Tech™ Ear Drops (Code 56953)
- Child Friendly version, Phyto-Tech™ Ear Oil (Code 57011) Both come in 1 fl oz bottles.

#### **Echina Acute Complex**

#### Liquid Herbal Extract

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula. Echina Acute Complex Liquid Drops 1 fl oz - Product Code: 56946 Echina Acute Complex Liquid Drops 2 fl oz - Product Code: 56979 Echina Acute Complex, Alcohol Free 1 fl oz - Product Code: 56974

#### Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

#### **Ingredients:**

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root

#### **Echina Acute Complex**

Liquid Veggie Caps

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

60 Liquid Filled Veggie Caps - Product Code: 57093

#### Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

#### **Ingredients:**

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea purpurea Herb, Goldenseal

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



64582 22780 22103 44004 59568	ASTAXANTHIN D3 LIQ B COMPLEX 75 CAP B12 1000 CHW + F/A B12 1000 CHW METHYL FA B12 MC SPRAY	1 Z 60 100 100 30	LIQ Cap Tab Sub Liq	14.80 18.40	25.28 11.52 11.84 14.72 24.96	41184 43239 42642 35996 53133	GRAPE SEED 100 MG Green tea 70 eggg Hair Effect Healthy Eyes Healthy Veins	90 60 90 90 60	CAP VCA VCA CAP VCA	39.20 49.20 46.80		42432 29211 37803 50086 27736	SPECTRA GREENS PWD SPECTRA MAN SPECTRA MAN SPECTRA MULTI AGE SPECTRA NO CU/FE	12. 120 240 17 120	PWD TAB TAB PWD TAB	44.00 37.20 66.00 42.40 29.60	29.76 52.80 33.92	31529 55125 33202 29505	SKIN LITE SPOT CREAM SOOTH CLEANSER W/PYC TEA TREE & E OIL TEA TREE E CRM DERMA E SERT ESSENCE	6 Z 1 Z	CRM LIQ OIL CRM	24.95 15.59 14.99 14.99	12.47 11.99
41382 63014 61754 16972 62098 34888	BEHAVIOR BALANCE DMG BERBERINE FORCE 500 MG BIO DIM I 3 C COMPLEX BIOTIN 1000 WITH C BP ELITE C 300 CHW CHERRY	120 60 60 60 120 90	VCA VCA CAP TAB CAP CHW	39.60 54.80 10.00 46.00 16.40	36.80 31.68 43.84 8.00 36.80 13.12	51482 41655 57409 58871 57263 57261	HYALURONIC ACID 40 MG IMMUNO DMG IMMUNO DMG CHW IRON BISGIYCINATE JOINT SUPP DOGS MED LG JOINT SUPP SMALL DG CT	60 90 120 60 45 45	VCA VTAB CHW VCA CHW	52.80 20.00 22.40 9.20	40.96 42.24 16.00 17.92 7.36	52730 51484 45587 29722 26664 38136	SPECTRA DRANGES SPECTRA PURPLES SPECTRA REDS SPECTRA SENIOR SPECTRA WOMAN SPECTRA WOMAN	9.9 11Z 1.4 180 120 240	PWD PWD PWD CPL TAB TAB	45.60 46.40 45.60 44.40 36.00 64.80	37.12 36.48 35.52 28.80 51.84	23235 35237 55656 58783 23246	BLEMISH TOUCH STIK TTO BODY CREAM SHEA BUTTER BODY WASH LAVENDER BUL CLEANS ORG GENTLE NOUR COND TTO W/ESS OILS	6 Z 8 Z 6.7 12Z	STK CRM LIQ LIQ LIQ	9.99 8.99 13.99 8.99	11.19 7.19
16968 50022 52245 41015 66273 41171 16967	CAL MAG 500/200 D 50 CAL MAG CITRATE POWDER CANDID AWAY CARB DOWN CARDIO BENEFITS CARDIENE 25000 IU CARTILAGE +	180 4.9 90 90 90 180	TAB PWD CAP CAP CAP CAP	42.00 36.80 52.95 17.20	14.72 33.60 29.44 42.36 13.76	54445 50592 59941 60288 56262 42742 41929	K2 PLUS MK 7 LIBIDO LIPOIC ACID 300 MG ALP LIPOSOMAL C LIQ LUTEIN 10 MG MAG CITBATE 140 MG MAXI HGH	60 90 60 10. 60 90	CAP SGC CAP LIQ VCA CAP PWD	29.20	16.96 8.00	67510	STRESS B CAP TELOMERE BENEFITS THEANINE 200 MG THYROID BASICS TRI MAG 300 XXXCOQ10 LIPOSOMAL LIQ ZINC LOZENGES 23 MG	90 60 60 120 120 10. 60	CAP VCA VCA CAP VCA LIQ LOZ		118.40 27.52 31.68	51436 57821 42058 58782 58778 29332 23238	CONDITION RED GRAP ORG CONDITIONER COCONUT CONDITIONER JOJOBA CONTROL LOT THOR CLEAN DEFENSE LOT DLY SPF 15 FACE WASH TTO FACE WASH TTO	8 Z 8 Z 12Z 4 Z 2 Z 32Z 8 Z	LIQ LIQ LOT LOT LOT LIQ SOP	18.99	7.19 6.39 10.39 15.19
42193 33288 41842 40914 43334 35173	CHOLESTSURE CHROMEMATE CLEARLY FIBER COLLAGEN NATURAL COOLO 100 MG CHEW MELT COOLO 100 MG TAB	90 90 5.8 90 60	VCA CAP PWD TAB CHW CHW	39.20 13.20 15.20 49.60	31.36 10.56 12.16 39.68 44.48	61283 50019 41198 59569 65758 66976	MEGA PROBIOTIC 50 + D/FR MEGA PROBIOTIC ND MELATONIN 3 MG MELATONIN LIPOSOMAL METABOLIC MULTI METHYL BENEFITS	60 120 120 30 180 60	CAP VCA CAP LIQ VCA CAP	62.00 35.60 19.20 16.80 64.40	51.60 28.48 15.36	32816 29167 29168	NTAL HERB COMPA TOOTH & GUM PASTE TOOTH & GUM TONIC UNDER THE GUM	4 Z 18Z	TUB Liq	12.50 31.00 31.00	12.50 27.90	23995 23241 23242 52467 62364 51435	FACIAL CLEANSING PADS FACIAL MOIST JOJO ALOE FACIAL SCRUB FOOT REPAIR CRM PISTAC HAIR CRM COCO SFT CURL HAND BODY LOT ALM ORG	50 4 Z 4 Z 3.5 6.4 8 Z	PAD CRM CRM CRM CRM LOT	7.99 7.99 7.99 8.99 9.99	6.39 6.39 6.39 7.19
56338 41180 59048 67509 45589 59382	COQ10 DMG 300 300 CRANBERRY 400 MG CURCUMIN C3 COMPLEX CURCUMIN LIPOSOMAL LIQ CX 2 SOLUTIONS D MANNOSE COMPLEX PWD	60 60 60 10. 180 30	CHW CAP CAP LIQ VCA PWD	90.00 9.20 33.60 42.00 74.40	72.00 7.36 26.88 33.60 59.52	41167 51337 52648 66701 35624 43678	MILK THISTLE 300 MG N A C 500 MG NATOKINASE PLUS NATURAL FLEX OLIVIR OLIVE EXT TAB OLIVIR OLIVE EXT VAP	90 90 60 90 90 45	CAP VCA VCA CAP TAB VCA	22.00 17.60 34.00 36.00 44.00 23.20	17.60 14.08 27.20 28.80 35.20	53753	RIMA E  A & GREEN TEA CREAM A OIL REFINING (WRINK) ACNE CLEANSEN YERY CL ACNE SCRUB VERY CLEAR ANTI WRINKLE A GLYCOLI	2 Z	CRM OIL LIQ CRM LIQ	21.99 12.79 15.50 13.95 13.75	10.23 12.40 11.16	51672 51788 52466 17256 17257 45380	HAND BODY LOT LAVENDER HAND BODY LOTION COCO HAND REPAIR CREAM PUMP JOJOBA OIL 100% PURE JOJOBA OIL 100% PURE JOJOBA OIL ORGNIC 100%	8 Z 8 Z 4 Z 2 Z 4 Z 4 Z 4 Z	LOT LOT CRM LIQ LIQ LIQ	8.99 8.99 8.99 8.99 13.99	7.19 7.19 7.19 7.19 7.19 11.19
55417 60289 56280 64024 56279 59049	D3 1000 IU D3 10000 IU SPRAY D3 5000 IU DAILY BEST ULTRA DHEA 25 MG DHEA SPRAY 5 LIPO MICR	250 1 Z 120 60 90	TAB SPY CAP CAP CAP SPY	11.60 15.60 25.60 32.40 11.60 18.80	9.28 12.48 20.48 25.92 9.28	41207 16981 57596 43304 10391 44135	OLIVIR OLIVE EXT VCAP OMEGA 3 1000 ENT COAT OMEGA 3 SUPPEME OMEGA 3 SUPPEME OMNI PARA SHIELD	90 90 120 90 90 120	VCA SGC SGC SGC TAB VTAB	44.00 26.80 39.20 24.80 28.40	35.20 21.44 31.36 19.84	30253 62360 62361 52065 56817 52566	ANTI WRINKLE CRM A RET BRIGHT SERUM EVENLY RO DARK CIRCLE EYE CRM DEEP WRINK PET ESR DEEP WRINK REV EYE CRM DEEP WRINKLE MOIST PPT	4 7 2 7 .52 2 7 .52 2 7	CRM LIQ CRM SER CRM CRM	14.99 29.99 29.99 43.50 29.99 43.50	11.99 23.99 23.99 34.80 23.99	67054 67331 29331 64234 67055 57820	MOIST REVITALIZ OILS MORINGA JOJOBA & ROSE MOUTHWASH TTO SPRMINT MOUTHWASH TTO UIT MINT OIL CLEANS FACE CREAMY SHAMPOO COCONUT	2 Z 2 Z 16Z 16Z 6.4 8 Z	OIL OIL LIQ LIQ CRM LIQ	16.99	13.59 11.16 6.87 6.39
67511 39273 45078 10387 26573 36772	DIM LIPOSOMAL LIQ DIMPRO 75 MG DIMPRO 75 MG DISCOVERY DL PHENYLALANINE 750 DMG GLUCONIC 250 CHW	10. 60 120 180 60	LIQ VCA VCA TAB CAP CHW	44.00 28.80 52.00	35.20 23.04 41.60 23.36 15.68	10395 36903 38708 66832 10397 42765	PERNA PLUS PERNA PLUS PERNA PLUS PHYTO BENEFITS POTEN C 1000 TR PROSTATE HEALTH VCAP	180 90 180 60 90	CAP TAB TAB CAP TAB VCA	36.40 34.40 63.60 48.00 21.60	29.12 27.52 50.88	60365 32302 31735 64766 55123 43444	DMAE ALPHA LIPOI ESTER E OIL 14000I U DERMA D E SKIN DRY CRM 12000 FACIAL WIPES MYDRATING FIRMING CLEANSER FIRMING MOUST DMAE ALA	6 Z 2 Z 4 Z 25 6 Z 2 Z	LIQ LIQ CRM MIS LIQ CRM	15.59 11.59 14.99 7.99 15.59 22.49	12.47 9.27 11.99 6.39 12.47	55659 51432 51433 52464 52462 17261	SHAMPOO FRAGRANCE FREE SHAMPOO GREEN APP GING SHAMPOO ITAL RD GR ORG SHAMPOO LEMON TT ORG SHAMPOO RASPBERRY ORG SHAMPOO TTO	8 Z 8 Z 8 Z 8 Z 8 Z 12Z	LIQ LIQ LIQ LIQ LIQ LIQ	8.99 8.99 8.99 8.99 8.99	7.19 7.19 7.19 7.19 7.19
43532 39866 61724 40912 43626 56513	DIMG GLUCONIC 500 MG CH DIMG GLUCONIC 500 MG CH DIMG LIQ 300 MG E 400 MIXED TOCOPHEROL FLAXSEED OIL 1000 SGC GAMMA LIN 1300 MG GI BENEFITS	60 2 Z 60 90 90 384	CHW LIQ SGC CAP SGC PWD	59.60 38.40 28.00 12.80 31.60 64.80	47.68 30.72 22.40 10.24 25.28	34218 43862 42329 38411 50593 57264	PRODUITE REALITY VAR PYCHOGENOL 50 RAPID BALANCE G I RESVERATROL 50 SAW PALMETTO 320 MG SERENITY NOW CHW SERENITY NOW SM 06 CAT	60 90 120 90 30	CAP CAP VCA CAP CHW CHW	59.60 27.60 40.40 17.60	47.68 22.08 32.32 14.08 31.04	64789 67343 60816 55126 59464 29504	FIRMING SERUM DIMAE HYDRAT SCRUB HYAL ACID HYDRATING CLINS HYAL HYDRATING EYE CRIM HYAL MICRODERMABRASIN SCRUB MOIST SOOTH OIL ER PYC	2 7 4 7 6 7 .57 2 7 2 7	LIQ CRM LIQ CRM CRM GEL	22.50 15.50 15.59 21.59 32.49 29.95	18.00 12.40 12.47 17.27 25.99	29380 29333 26829 17259 17258 26107	SKIN OINTMENT TTO SOAP CASTILE TTO LIQ TEA TREE OIL LAVENDER TTO 100% PURE TTO 100% PURE TTO 100% PURE	1 Z 32Z .6Z 2 Z 1 Z .5Z	CRM LIQ LIQ LIQ LIQ LIQ	7.99 17.99 12.99	6.39 14.39 10.39
34420 66274 40522 41165	GINGO BILOBA 60 MG Gluco Benefits Gluco Synergy Glucos Sulf 500 MG	384 90 90 60 120	CAP CAP CAP CAP	13.60 55.95 36.40 26.00	10.88 44.76 29.12	57264 68020 66979 16979 16978	SKIN BENEFITS SLEEP BENEFITS SPECTRA SPECTRA	30 30 60 240 120	CAP CAP TAB TAB	53.95	43.16 33.56 45.44	29503 50101 39361 33915	MOIST SOOTHING CRM PYC Night Cream Hydrating Psorzema Psoriasis CRM Scar Gel	21 21 41 21	CRM CRM CRM	29.95 29.59 19.95	23.96 23.67	32544 33679 23294 22960	TTO 20% PURE KIND SKIN TTO ECO HARVEST TTO ECO HARVEST TTO ECO HARVEST ORG	.32 4 Z 1 Z 2 Z .5Z	OIL LIQ LIQ LIQ	9.99 13.59	7.99 10.87

## DAIWA KRILL OIL DAIWA SUPER KRILL OIL

Powered by SUPERBABoost

Provides omega-3s with optimal levels of Phospholipids and Choline.







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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **?**



Root, Echinacea angustifolia Root, Oregon Grape Root, Fresh Yerba Mansa Root, Myrrh Gum, Fresh Wild Indigo Root.

#### **Echinacea Root 1:2**

One of the most popular immune system stimulating herbs.

1 fl oz - Product Code: 56945 2 fl oz - Product Code: 56980 1 fl oz, Alcohol Free - Product Code: 56968 90 Veggie Caps - Product Code: 60129

#### Who can benefit from this herbal supplement?

• Those who need to stop an oncoming cold, flu or other infection.

Echinacea can also be helpful to those needing a long-term tonic, either due to chronic health problems or a tendence to get ill easily. "Contrary to popular myth, Echinacea is safe for long term use and will not decrease immune response over time. That myth was [based on] a misinterpretation of a [foreign language] study done about 40 years ago."

Ingredients:
Phyto-Tech™ Echinacea Root 1:2 contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops.
Also available as a veggie capsule, with each Phyto-Tech™ Echinacea capsule containing 420 mg of certified organic Echinacea Root (Echinacea angustifolia).

#### **Echinacea Triple 1:2.1**

A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.

> 1 fl oz - Product Code: 56994 1 fl oz Alcohol Free - Product Code: 57052

#### Who will benefit from this supplement?

The indications for Phyto-Tech™ Echinacea Triple are basically the same for Echinacea. This product is designed for those who prefer a combination of the three different forms of Echinacea to maximize the efficacy and "diversify" some of the active constituents.

Echinacea, of course, is best known as an immune builder for immune deficiency and for its ability to prevent or ameliorate an upcoming cold, flu or infection when used at the first sign of the condition. The larger doses shown below reflect this purpose

Echinacea is not thought to kill microbes by itself. Instead, it stimulates the immune system to do it. It supports the healthy innate immune response. This is why one does not need to be apprehensive about taking Echinacea in the presence of auto-immune disorders.

#### Ingredients:

Phyto-Tech™ Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root, pure grain alcohol and purified water.

#### Dosage

Acute: 3-5 droperfulls and up to 1 teaspoon (5-6 dropperfuls) every 2-3 hours when on the edge of illness. Long Term Tonic: 30-90 drops, 1-3 times per day or as needed, in juice or water.

#### **Elderberry**

Recent research shows this herb may be especially effective for those with influenza virus infections.

1 fl oz - Product Code: 57026

#### Who can benefit from this supplement?

• Those who suffer from influenza and similar viral infections, as well as those with cardiovascular disease and vision problems. Elderberry is rich in flavonoids, anthocyanins and other phyto-antioxidants.

Phyto-Tech™ Elderberry supplies one of the most effective herbs to use against the flu. Studies suggest this herb shortens the duration of flu symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective agains numerous strains of influenza. Elderberry can be used during an active flu episode (combined, perhaps, with Oregano Oil, Echinacea-Goldenseal, or Phyto-Tech™ Immune Acute Complex). It can also be used as a preventative to avoid getting sick during the flu season.

Elderberry 1:2 liquid extract is a very concentrated source of anthocyanins, the purple pigments that function as powerful antioxidants, along with the flavonoids quercetin and rutin, vitamin A and vitamin C.

The extract can be taken on a long term basis to increase one's resistance to illness and help rebuild a strong immune response.

Elderberry also benefits the cardiovascular system. Those with poor night vision will be helped by Elderberry, as it is thought to help regenerate rhosopsin, the pigment in the retina that is responsible for both the formation of the photoreceptor cells and the perception of light, enabling the eyes to adapt to darkness.

#### Dosage:

20-40 drops, 2-3 times per day in juice or wateer. Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified organic Elderberry berries in each 30 drops.

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#### 31



50947 45367 67906 57312 500547 40417 59673 65843 44372 56864 68081 37571 38339 53635 61086 65626 59056 67114 51692 42189 52741 60180 50517 50308 54200 54906 55015 39989 54200 54996 52115 54381 51992 44809 67901 43307 660053	ACELTYL L CARNITINE ADRENOTONE AUTHOROTONE AUTHOROTONE AUTHOROTONE BYPEME B12 FOLATE 2000/400 BAXAPRIN BRAIN VITALE BRAIN VITALE BRAIN VITALE BRAIN VITALE CAL MALATE CHELATE CALCIUM O GLUCARATE CARNITINE TARTRATE PWD CATCHOLACALM COONOL 100 MG COONOL 150 MG CRAVE ARREST CURCUM EVAIL D 2000 MG MG SYNERGY D COMPLEX W/A E K1 6K2 D SUPPEME D3 2000 IU EMULSI DETOX ANTIOX DIGESTZYMES DIM EVAIL DOPABOOST EGGG GREEN TEA 500 MG FERROCHEL IRON CHELATE FUNAMYCES FOLATE LIO SUPER GASTROMEND HP GI MICROB X GI REVIVE PWD GUITATHIONE PWD GMMA E ULTRA SGC GPC 300 MG GPC 110 GRAPE SEED SUPREME H S N SKIN G JOINT PWD HISTAEZE	90 CAP 33.00 33.00 90 VCA 25.00 25.00 60 CAP 32.00 32.00 120 CAP 33.80 39.80 60 VCA 29.00 29.00 180 CAP 33.90 39.90 120 VCA 110.40 110.40 60 VCA 61.00 61.00 60 CAP 41.80 41.80 180 CAP 31.00 31.00 120 CAP 24.00 24.00 60 CAP 41.80 31.50 120 CAP 24.00 24.00 90 CAP 42.00 42.00 90 CAP 42.00 42.00 90 CAP 47.50 47.50 60 SGC 33.50 33.50 120 CAP 47.50 47.50 60 SGC 49.00 49.00 120 CAP 17.80 17.80 60 CAP 29.00 29.00 120 CAP 17.80 17.80 60 CAP 29.00 29.00 60 VCA 29.80 29.80 17 LIQ 22.50 22.50 60 CAP 29.00 29.00 60 VCA 19.80 19.80 120 CAP 13.80 19.80 120 CAP 45.00 45.00 60 CAP 29.00 29.00 60 CAP 33.00 33.00 12 LIQ 28.00 28.00 60 CAP 38.00 38.00 12 LIQ 28.00 28.00 60 CAP 45.00 45.00 60 CAP 45.00 45.00 60 CAP 45.00 45.00 60 CAP 45.00 45.00 60 CAP 58.00 58.00 27 LIQ 57.50 57.50 60 CAP 58.00 58.00 60 CAP 58.00 58.00 60 CAP 58.00 58.00 60 CAP 68.00 58.00 60 CAP 69.00 50.00 60 CAP 68.00 58.00 60 CAP 69.00 50.00 60 CAP 68.00 58.00 60 CAP 69.00 50.00 60 CAP 69.00 50.00 60 CAP 60.00 60.00	67637 41999 44776 58340 54150 61756 55081 64268 56582 54722 51160 50307 51210 56472 60620 51413 38135 53865 44201 61988 41723 66892 38643 59497 40431 64628 61236 67186 60514 44026 51272 43823 62389 50632 58689 58688 54893 40317 57038 50055 58350 61847	LV GB COMPLEX MAG BUFF CHELATE DFH/24 MAG BUFF CHELATE DFH/24 MAG BUFFERED CGELATE MAG MALATE CHELATE MAGMEDERM METABOLIC SYNERGY D METAL X SYNERGY MSM PWD UNFLAV NEUROMAG NIACIN CRT 500 MG OCUFORCE OLIVE LEAF EXT 500 MG OMEGAVAIL OMEGAVAIL UITRA OMEGAVAIL UITRA OREGANO OIL SGC OSTEOFORCE PALEOFIBER PWD DRINK PALEOGREENS PWD PALEOMEAL CHOC PWD PALEOMEAL CHOC PWD PALEOMEAL PWD VAN PALEOMEAL VANILLA PWD PHOS CHOLINA PWD PALOGREENS PWD PLOS CHOLINA PWD PALOGREENS PWD PALEOMEAL VANILLA PWD PALEOMEAL VANILLA PWD PALOGREENS PWD PALEOMEAL VANILLA PWD PALOGREENS PWD PALEOMEAL CHOC PWD PALEOMEAL CHOC PWD PALEOMEAL CHOC PWD PALEOMEAL VANILLA PWD PHOS CHOLINA PWD PANT ENZYME DIGESTIVE PREGUENOLONE CRT PROBIOTIC SUPREME CAP PROBIOTIC SUPREME CAP PROBIOTIC SUPREME CAP PROBIOTIC SUPREME PS 150 SOY FREE Q EVAIT 100 MG OUERCETIN + NETTLES RED YEAST RYB SYNERGY RIBO CARNICLEAR LIQ STRESSARREST THYROID SYNERGY TPST PERIOBIOT SPER FF TRF 150 TRF 350	120 120 8 Z 180 90 400 90 60 60 91 240 240 120 240 120 318 270 270 540 180 300 60 60 60 60 60 90 180 120 90 120 90 120 90 120 90 120 90 120 90 120 90 120 90 120	CAP CAP TAB GEL CAP PWD TAB LIQ CAP TAB LIQ SGC SGC TAB PWD PWD PWD TAB CAP TAB	22.00 22.00 43.80 43.80 25.80 25.80 20.00 18.00 69.00 69.00 48.00 48.00 20.00 52.00 21.20 21.20 41.50 41.50 30.50 28.50 26.00 26.00 46.00 46.00 79.90 79.90 14.90 28.50 28.50 28.50 39.00 59.00 51.90 59.00 51.90 59.00 51.90 59.00 51.90 44.90 44.90 44.90 44.100 41.00 19.00	66514 66928 36046 66517 36044 66927 66922 66515 66520 36048 66921 66923 66929 360516 66518 66518 66519 22022 42712 41271 43313 22744 27940 40509 22022 43805 52045 40437 56666 67375 58956 64523 63617 63836 62893 63617 63836 628917 63543	DMSO 70%CON/30%/WATER DMSO 70%CON/30%WATER DMSO 99.9% PLASTIC DMSO CRM DMSO CRM 70%/30%ALOE DMSO GEL 70%CON 30%ALO DMSO ROLL ON  CTORS BEST 5 HTP 100 MG BEST 5 HTP FOR MANCED ACAI 500 MG BEST ACETYL L CARNITINE BT ARGININE 500 SUST + IM D ARGININE CMP W/ NITROS ARTEMISININ 100 MG ASTAXANTHIN 6 MG SGC B COMPLEX FULLY ACTIVE B12 FULL ACT 1500 METH BENFOTIAM 150 H LIPOIC BENFOTIAMINE 150 MG BENFOTIAMINE 150 MG BENFOTIAMINE 300 MG	KIT KIT 77 CRN 17 LIQ 17 LIQ 18 CRN 30 SPY 17 GEL .15 STK 2.5 LIQ 2.5 CRN 37 CRN 37 CRN 2.5 CRN 17 LIQ 15M LIQ	36.69 32.99 37.79 34.00 24.49 21.99 23.94 21.55 23.49 21.15 46.89 42.21 22.95 20.65 25.49 22.95 26.49 21.19 16.99 15.28 1 26.49 21.19 24.49 22.04 29.59 26.64 40.79 36.71 24.49 22.04 29.59 26.99 21.99 17.59 17.99 14.39 32.99 26.39 23.99 19.19 21.99 17.59 29.99 23.99 39.99 31.99 51.99 17.59 29.99 23.99 13.99 11.19 21.99 17.59 29.99 23.99 13.99 11.19 21.99 17.59 29.99 23.99 13.99 11.19 29.99 23.99 13.99 11.19 21.99 14.59 29.99 23.99 29.99	60570 40132 504462 50397 45204 61301 58038 58037 57598 55490 547104 51572 62983 33612 56393 41886 56665 55506 57294 57294 57295 580426 60272 60236 62796 60272 60236 62796 60272 60238 33352 53624 43714 34446 34446 34445 61285	CARNITINE BEST 500 MG CARNITINE BEST 500 MG CARNOSINE 500 MG BEST CELADRIN CINNAMON EXT BEST COLLAGEN TYPE 163 TAB COLLAGEN TYPE 163	60 90 90 60 240 7 Z 180 120 60 120 60 120 120 60 120 8.8 180 180 180 360 60 90 60 120 120 8.8 180 180 180 180 180 180 180 18	VCAP VCAP VCAP VCA	64.99 51.99 24.99 19.99 18.99 16.79 18.99 16.79 18.99 15.99 21.99 17.59 33.99 27.19 18.99 15.19 27.99 15.19 29.99 27.99 18.99 27.99 20.99 47.99 20.99 47.99 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 8.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 16.79 20.99 31.99 20.99 31.99 20.99 31.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 15.99 20.99 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51992 44809 67901 43336 66075 60053 53688 63951 52450 50389 64476 61546 64980	GMMA E ULTRA SGC GPC 300 MG GPC LIQ GRAPE SEED SUPREME H S N SKIN & JOINT PWD	60 SGC 39.90 39.90 30 CAP 58.00 58.00 2 Z LIQ 57.50 57.50 60 CAP 29.00 29.00 360 PWD 50.00 50.00	40317 57038 50055 58350 61847 63241 60619 51589 64444 59415 63153 56445	STELLAR C STRESSARREST THYROID SYNERGY TPST PERIOBIOT SPER FF	90 90 120 90M	CAP CAP CAP TUB	28.00 28.00 20.00 20.00 34.40 34.40 14.00 14.00	64523 63617 63836 62893 50017 63543 52408 67096 51052 58400 61971 58035 60913	ASTAXANTHIN 6 MG SGC B COMPLEX FULLY ACTIVE B12 FULL ACT 1500 METH BENFOTIAM 150 + LIPOIC BENFOTIAMINE 150 MG	90 SGC 30 VCA 60 VCA 60 VCA 120 VCA	49.99 39.99 13.99 11.19 8.99 7.19 22.99 18.39 26.99 21.59 14.99 11.99 19.99 15.99 47.99 38.39 36.99 29.59 29.99 23.99 27.99 22.39	61286 31495 35271 51738	GLUCOS CHOND MSM & HYL GLUCOS MSM SYNERGISTIC GLUCOS SULF 750 MG GOJI BERRY EXT BEST	150 180 180 120 60 60 180 60 60 60 60	CAP CAP VCA VCA TAB CAP VCA VCA VCA VCA VCA	42.99 34.39 19.99 15.99 19.99 15.99 19.99 15.99



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Vegetarian / Vegan



#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🗑



#### **Elderberry Pelargonium Complex**

For the common cold? or the flu?
With this formula, a combination of Elderberry
and Pelargonium (Unckaloabo), you are covered
either way!

90 Veggie Caps, Product Code: 67462

#### Who might benefit from this product?

- Those suffering from the common cold or the flu
- Those exhibiting the following symptoms: sore throat, cough, sinusitis, bronchitis, congestion, headache, body aches, fever, scratchy throats.

#### **Ingredients:**

Each 2 vegetarian capsules contains the following: Organic Elderberry Fruit 750 mg, Wildcrafted Elderberry Flower 100 mg, Selectively Imported Pelargonium sidoides Root (Umckaloabo) 100 mg.

The vegetarian capsule contains: Modified Vegetable Cellulose

#### **Properties:**

These two herbs have been shown to exert the following properties:

Anti-Viral, Anti-Bacterial, Immuno-Protective, Immuno-Stimulating, Immuno-Modulating, Antioxidant

#### **Indications:**

Elderberry Pelargonium Complex is a unique formula that combines both Elderberry and Elderflower with Umckaloabo Root. It helps strengthen the immune system and provides immediate and effective immune support. Elderberry Pelargonium Complex can be used as a preventative to increase resistance to illness and help rebuild a strong immune response, or it can be taken when already ill to reduce symptoms and shorten the duration of the illness. Elderberry is one of the most effective herbs to use for flu. Studies report the herb shortens the duration of flu

symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. The herbs constituents neutralize the activity of the hemagglutinin spikes found on the surface of several viruses, causing the viruses to deactivate so they are unable to infect cells. Elderberry can be used during an active flu, or used as a preventative to avoid getting sick during the flu season.

Elderberry is a very concentrated source of anthocyanins, purple pigments that serve as powerful antioxidants. These anthocyanins enhance immune function and protect the body against disease by boosting the production of cytokines (proteins that regulate immune response), including tumor necrosis factor-alpha and interleukins. Elderberry also contains the flavonoids quercetin and rutin, and is high in vitamins A and C.

Umckaloabo is indicated for reducing the symptoms and shortening the duration of upper respiratory ailments, such as colds, bronchitis, sinusitis, coughs, sore throat, congestion, muscle aches, headaches and fever. It is a safe and effective herbal formula that can be used by both adults and children as an alternative to over the counter cold and sinus medications. Umckaloabo is made from an extract of the Pelargonium sidoides root. P. sidoides was first cultivated in South Africa where it has a long history of use in treating coughs, upper respiratory infections and throat irritations. Umckaloabo can provide fast relief from the uncomfortable symptoms of viral illnesses such as colds and most bronchial infections. A study published in 2007 tested P. sidoides effects on 207 patients aged 18-55 years who presented common cold symptoms. The patients in the P. sidoides treatment group had a significant reduction in symptoms such as nasal drainage, sore throat, nasal congestion, sneezing, scratchy throat, hoarseness, cough, headache, muscle aches and fever. Clinical trials in adults and children diagnosed with acute

bronchitis show that treatment with P. sidoides reduces the severity of symptoms, such as coughing, expectoration, chest pain, shortness of breath and wheezing, and shortens the duration of sick leave from work or school by 2 days. In 2008 a meta-analysis of 4 randomized clinical trials showed P. sidoides to be superior in efficacy compared with placebo in the treatment of acute bronchitis. Researchers concluded that P. sidoides offers an effective alternative to antibiotics.

Extracts of the P. sidoides root are antibacterial and immunomodulating. Studies have identified gallic acid and its methyl ester to be the prominent immunomodulatory constituents of P. sidoides, with both compounds demonstrating significant macrophage (white blood cell) activity. Numerous other studies document P. sidoides' antibacterial activity and confirm the roots' efficacy in treating the common cold, sore throat and bronchitis. Coumarins, phenolics and unsaturated fatty acids, especially linoleic acid, from P. sidoides demonstrate direct antibacterial activity and significant immune stimulation of the host.

A 2007 study published in Phytomedicine examined the impact of P. sidoides on the activity of human peripheral blood phagocytes and found several important components contributing to the roots' biological activity. The study reported P. sidoides increased phagocytosis (a major mechanism used by the immune system to remove pathogens from the body), increased oxidative bursts (the rapid release of reactive oxygen species from immune cells to destroy foreign bacteria), and increased intracellular killing of test organisms.

#### **Complimentary Formulas & Single Herbs:**

- Echinacea-Goldenseal (active infections)
- Respiratory Complex (to decongest and clear the respiratory)

... continued on page 50

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

#### 3)



40017	LIPOIC ACID BEST 150	120	CAP	12 00	10.39	67921	ALPHA GPC	60	VCA	49.00	30 20	33985	DHEA 5 MG SUBLINGUAL	100	TAB	11.80	9.44	30101	MULTI PROBIOTIC 4000	100	CAP	31.80 25.44
55156	LUMBROKINASE 20 MG	60	VCA		63.99	10207	AMINO IRON 18	100	TAB	9.40	7.52	39279	DHEA 50 MG	100	CAP		18.88	24222	N A C 500 MG	90	VCA	25.80 20.64
55355	LUTEIN 20 MG FLORAGLO	60	SGC		19.19	25582	AMINO MAG 200 CHEL	100	TAB		11.84	61550	EPA DHA PLUS D QUELL	60	SGC		44.64	51630	N A C 750 MG	90	CAP	41.00 32.80
67395	LUTEIN LUTEMAX & MESO	60	SGC		15.99	63786	ANTIOXIDANT KLEAN ATHL	90	VCA	39.00		67931	ESTER C COMPLEX	100	VCA		19.92	32716	NEUROTONE	120	TAB	84.00 67.20
23739	MAG HIGH ABSORPTION	120	TAB		13.59	27327	ASCORBPLEX 1000 BUFF	180	TAB		31.36	59409	FLAX SEED OIL ORGANIC	100	SGC		15.84	57475	NIATAB 500	100	TAB	14.00 11.20
35270	MAG HIGH ABSORPTION	240	TAB		23.99	40790	ATP 20	60	TAB	20.90	16.72	26925	GABA 500 MG	60	CAP		15.36	40762	NOPAL CACTUS	60	CAP	24.30 19.44
67925	MENO STRONG W/GENIVIDA	60	VCA		19.99	60500	B COMPLEX W/MEATFOLIN	60	VCA	23.60		54423	GARLIC ODORLESS 500MG	100	TAB		12.16	57359	NUTRI E 400 FORTE	60	SGC	38.20 30.56
62063	MERIVA PHYTOSOME CURCU	180	VCA		58.39	68133	B12 2500 MCG HYDROXYC	60	LOZ	17.40	13.92	43589	GERMANIUM 150 MG CAP	30	CAP		48.00	41415	OPTI DHA	60	SGC	29.60 23.68
58527	MERIVA PHYTOSOME CURCU	60	VCA		21.59	44536	B12 500 MCG	100	TAB	8.50	6.80	19056	GLA ULTRA	90	SGC		40.80	20945	OPTI EPA 500	250	SGC	100.20 80.16
30005	MSM 1000 MG	180	CAP		15.19	40145	B6 100 MG	100	TAB	7.70	6.16	39450	GLUCOSET	60	CAP		27.36	60412	OPTI EPA ENTERIC COATD	60	SGC	29.00 23.20
42860	MSM 1500 BEST TABS	120	TAB		11.99	10178	BASIC PREV 2 NO CU/FE	180	TAB	34.20		28087	GLUTATHIONE PLUS W/NAC	60	CAP		27.36	54564	OPTI ZINC 30 MG	90	VCA	14.00 11.20
33018	MSM BEST PWD 250 GMS	250	PWD		13.59	10180	BASIC PREV 4 NO CU/FE	180	TAB	42.00		58023	GLYCINE 500 MG	60	CAP		11.20	34565	OSTEO GUARD PLUS IPRIF	120	TAB	40.40 32.32
63717	MULTIPLE BEST	90	VCA		31.99	43527	BASIC PREV 5 NO FE	270	VCA		34.88	27055	GSH 250	90	CAP		72.64	29330	P 5 P	100	CAP	20.30 16.24
61454	N A C 600 DETOX REGUL	60	VCA	10.99		43594	BASIC PREV 5 NO FE TAB	180	TAB	35.40	28.32	55548	GTF CHROMIUM 200	100	VCA	10.40		56275	PABA 500 MG	100	CAP	15.50 12.40
63616	NATTOKINASE 2000 FU	270	VCA	65.99	52.79	38711	BENI KOJI RED RICE 500	120	CAP	32.60	26.08	36533	HAIR SKIN NAILS PLUS	100	CAP	27.50	22.00	23446	PANTOTHENIC ACID 500	100	CAP	14.60 11.68
44740	NATTOKINASE 2000 FU	90	VCA	23.99	19.19	19067	BETAINE + 650MG	250	CAP	46.20	36.96	43609	HESPERIDIN METHYL	60	CAP	24.20	19.36	35196	PHENYLALANINE 500 MG	90	CAP	19.00 15.20
36551	NONI CONC BEST 650 MG	150	CAP	30.99	24.79	10186	BETAINE HCL 648 MG	250	CAP	31.30	25.04	38371	HOMOCYSTROL + TMG	90	VCAP	31.60	25.28	63851	PQQ PLUS	30	VCA	65.60 52.48
52597	PHOS SERINE 100 MG BST	60	SGC	39.99	31.99	20964	BILEX	90	TAB	15.20	12.16	33578	IMMU SUPPORT FORM	120	TAB	43.60	34.88	52356	PREGNENOLONE 25 MG	60	TAB	23.60 18.88
58040	PHOS SERINE 100 MG BST	120	VCA	54.99	43.99	26295	BIOFLAVONOID CMP 1000	100	TAB	16.20	12.96	44122	INOSITOL 650 MG	100	CAP	26.50	21.20	31395	PREGNENOLONE 5 MG SUB	100	TAB	13.20 10.56
67888	PROBIOTIC 2 BIL W/LACT	60	VCA		18.64	32719	BOSWELLIA TURMERIC	60	TAB	31.60	25.28	26576	INTESTAMINE 360 GMS	360	PWD	73.40	58.72	26456	PYCNOGENOL 50 MG	90	TAB	80.00 64.00
64463	PROBIOTIC 20 BIL BEST	30	VCA		23.99	53444	BRAIN CALM	60	VCA	26.30		36225	IPRIFLAVONE 300 MG	60	CAP		19.12	34297	QUERCETIN BROMELAN CMP	100	TAB	29.60 23.68
34981	PROSTATE COMPREN FORM	120	VCA		27.99	43503	BRAIN ENERGY	60	CAP	29.00		39295	IRON TIME RELEASE	90	TAB	11.80		19053	QUERCIPLEX	100	CAP	39.80 31.84
54659	PROTEOLYTIC ENZYMES BES	EST	VCA		34.39	51113	BRAIN MEMORY	60	VCA	44.00	35.20	60999	K2 VITAMINE 90 MCG	60	VCA	28.60		32967	RIBOFLAVIN B2 100 MG	60	CAP	12.20 9.76
55508	PUREWAY C 500 MG S/R	60	TAB		11.19	43502	BRAIN MOOD	60	CAP	56.40	45.12	24372	LECITHIN 1200 MG	100	SGC		12.80	30239	SELENO METHIONINE	100	CAP	15.20 12.16
17265	QUERCETIN BROMELAIN	180	CAP		31.99	19068	BROMELAIN 5000 M.C.U.	60	CAP	10.00	8.00	40223	LICORICE RT V W/GLYC	60	VCA		16.32	65570	SERENITEN PLUS	30	VCA	41.80 33.44
43807	R LIPOIC ACID 100 MG	60	VCA		27.19	50654	C 1000 MG	250	CAP	31.40		43612	LIPANASE	90	TAB		21.20	44224	SERINE 500 MG	60	CAP	39.80 31.84
59341	R LIPOIC ACID 100 MG	180	VCA		71.99	26526	CAL 6 + MAG 250/125	250	TAB		15.52	27304	LIPOIC ACID 100 MG	60	TAB		14.48	36584	STRESS B PLUS	90	TAB	19.00 15.20
30003	RED WINE EXT FRN GR 60	90	CAP		10.39	38470	CAL CITRATE 250 MG	250	TAB	19.00	15.20	29668	LIPOIC ULTRA FORTE	60	CAP		75.68	57348	STRONTIUM 200 MG	90	VCA	25.20 20.16
54703	RESVERATROL 100 MG	60 60	VCA		19.99	66821	CAL MAG 1001	180	TAB Tab	22.80 22.40	18.24	51906 19059	LYCOPENE 5 MG Mag aspartate 100	90	SGC Cap		20.64 18.56	23961 43569	TAURINE 500 MG Theanine 100 MG	100 60	VCA Cap	15.20 12.16 28.20 22.56
58203	RESVERATROL 200 TRANS	60	VCA		27.99	24127	CAL MAG 2001	180						250	CAP							
57385 51053	SAM E 200 Sam e 400 doub Str	30	TAB Tab		31.99 31.99	63719 35127	CAL MAG W/D LIQ CAL MICROCRYST 1000 MG	15Z 90	LIQ Tab	30.60 17.40	24.48 13.92	19058 34902	MAG ASPARTATE 100 Mag Citrate 150 mg	100 90	CAP	11.80	9.44 10.08	52734 53227	THREONINE 500 MG Thyro mend	60 120	CAP VCA	22.40 17.92 52.00 41.60
60235	SAM E 400 DOUB STR	50 60	TAB		57.59	23191	CAL MICROCRYST 500 MG	100	CAP		10.24	32743	MAG GLYCINATE 100 MG	120	TAB		15.76	36114	TRI B 100	90	TAB	26.50 21.20
40935	SAW PALM 320 MG	60	SGC		20.79	59546	CAP ALOE	100	CAP	12.80	10.24	52745 66661	MAG GLYCINATE 100 MG	240	TAB		29.68	25424	TYROSINE 500	100	CAP	29.60 23.68
51739	SERRAPEPTASE BEST	90	VCA		19.99	43611	CAPRYLEX	90	TAB		15.44	43942	MAG OXIDE	100	CAP		6.16	56933	UBIQUINOL QH 100 MG	60	SGC	95.20 76.16
58722	SERRAPEPTASE HI POTENC	90	VCA		41.59	60928	CARNITINE 250 MG	60	CAP	22.90	18.32	19060	MAG POT ASPARTATE	100	CAP		12.16	26569	ULTRA G I	90	CAP	48.60 38.88
62647	SPIRULINA 500 MG ORG	180	TAB		10.79	55930	CARNOSINE 500 MG	30	CAP		23.68	19061	MAG POT ASPARTATE COMP	250	CAP		27.84	44092	ULTRA I 3 C ULT INDIN+	60	VCA	32.10 25.68
56481	SUNTHEANINE 150 MG	90	VCA		23.99	23583	CHOLINE BITARTRATE	100	CAP		11.20	38814	MAG TAURATE 400	120	TAB		16.16	19020	ULTRA PREV III CAP	180	CAP	31.30 25.04
45188	SYTRINOL 150 MG	60	SGC		25.59	23448	CHROM PICOL 250 MCG	100	CAP			64128	MAGNESIUM LIQ	8 Z	LIQ		21.12	19014	ULTRA PREV III TAB	180	TAB	42.60 34.08
62649	TOCOTRIENOLS 50 TOCOMN	60	SGC		19.99	55546	CITRUS Q10 100 MG	60	TAB	57.40		52024	MAGNESIUM OXIDE	250	CAP		11.04	19016	ULTRA PREV III W/CU	180	TAB	42.00 33.60
52210	TRYPTOPHAN 500 MG	90	VCA		27.19	61747	CLA	120	SGC		24.32	34886	MALIC ACID + MAG	90	TAB	12.00		63427	ULTRA PREVENTI 2 A DAY	30	TAB	39.40 31.52
61303	UBIQUINOL 200 BEST SGC	30	SGC		39.99	61555	CO BIOTIC	60	VCA		39.68	50352	MANGANESE CHEL 50 MG	90	TAB	9.40		59708	ULTRA PREVENTIVE EZ TB	240	TAB	74.60 59.68
57386	UBIQUINOL COQ10 100 MG	60	SGC		39.99	63807	CORVALEN D RIBOSE CHW	90	CHW		34.24	22615	MELATONIN 3 MG SUB	60	TAB		11.04	42673	ULTRA PREVENTIVE X	120	TAB	42.30 33.84
54289	UBIQUINOL COQ10 50 BST	90	SGC	39.99	31.99	59706	CORVALEN D RIBOSE PWD	9.9	PWD	49.40	39.52	39454	MELATONIN P.R 3 MG	180	TAB	34.20	27.36	44041	ULTRA PREVENTIVE X	240	TAB	76.60 61.28
64273	VISION ENHANCERS NAT	60	SGC	24.99	19.99	54709	CORVALENM MAG MALIC	12Z	PWD	62.80	50.24	64474	METHYL B 12 PLUS	90	LOZ	16.50	13.20	54911	ULTRA PREVENTIVE X VCA	240	VCA	58.40 46.72
50109	ZINC CARNOSINE PEPZ GI	120	VCA	34.99	27.99	66809	CYSTO RENEW BLADD SUPP	120	CAP	48.00	38.40	52269	METHYL B12 1000 MCG	30	LIQ	14.80	11.84	42678	ULTRA PROTEIN PLUS VAN	908	PWD	56.80 45.44
DO	UGLAS LABORAT	OPIES				54900	D3 & K LIQ 1000 IU	1 Z	LIQ	47.80	38.24	68063	METHYLATED RESVERATROL	30	VCA	63.60	50.88	67011	ULTRA PROTEN GREEN VAN	212	PWD	67.40 53.92
						59561	D3 5000 IU	100	TAB	12.20	9.76	43590	MOLYBDENUM 250	100	TAB		5.92	26249	ULTRAZYME	180	TAB	39.60 31.68
29256	ACETYL L CARNITINE 500	60	CAP		17.36	60529	DHA HIGH QUELL 775 MG	60	SGC		31.04	22144	MOLYBDENUM 500	60	CAP	12.80		58000	UNI PROS TROL ULTRA	60	SGC	76.40 61.12
60491	ACETYL L CARNITINE 500	120	CAP		33.28	43563	DHEA 10 MG	100	CAP	15.20		40062	MOVE ACTIVE W/UC II	30	CAP		27.84	43523	VANADYL SULFATE 7.5 MG	90	TAB	12.60 10.08
59169	ADRENO MEND	120	VCA		44.64	29305	DHEA 25 MG	100	CAP	18.60	14.88	60900	MULTI PROBIOTIC 15 BIL	60	CAP	40.20		40144	VEGETARIAN ENZYME	120	TAB	33.20 26.56
35007	ADRENPLUS 300	120	CAP	34.80	27.84	27895	DHEA 25 MG SUB	120	TAB	31.60	25.28	65197	MULTI PROBIOTIC 40 BIL	60	VCA	34.80	27.84	51356	VINPOCETINE 10 MG	90	VCA	29.60 23.68



#### The Human Microbiome

#### by Jillian Capodice, LAC

Jillian Capodice, LAC is a writer and the executive editor and host of the WellJillian website & Interview Series. She is an experienced practitioner of acupuncture and holistic medicine and specializes in acupuncture, traditional Asian medicine, herbology, exercise, nutrition and lifestyle medicine. She has collaborated with colleagues on research in prostate cancer, breast cancer, chronic pain and various men's health and urologic conditions. She is one of a few specialists practicing Integrative Urology and provides comprehensive, patient centered care for men and women with urologic diseases and all people who seek a holistic and multidisciplinary approach to the prevention and treatment of complex human diseases.

Jillian has authored over 33 peer-reviewed scientific papers and book chapters. She is currently Assistant Professor and Director of the Integrative Urology and Wellness Program in the Department of Urology, Icahn School of Medicine, Mount Sinai Health System, New York, New York, USA \*see terms and conditions.

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The human body is home to ten times more bacteria than the total of our own cells. The majority of bacteria are found in the human gastrointestinal tract but there are also large densities on the skin, mouth, and vagina. The human genome sequence was published in 2001 and it is a profound achievement in medicine. It also brought to light the notion that we won't be able to truly realize its significance without understanding the interactions between the body and the vast number of microbes within it (1-3).

The term "microbiome" is credited to Joshua Lederberg. Microbiome is defined as the "ecological community of commensal, symbiotic, and pathogenic microorganisms that literally share our body space" (3, 4). The human microbiome project was established after the human genome sequence. The goal of the human microbiome project is to inventory the microbial genes and genomes of the major body sites containing synergistic bacteria in order to learn about the role of the microbiome in human health and disease. The purpose of this article is to provide a short background on some of the roles of these omnipotent organisms.

The human gut contains the largest density of bacterial microflora in the human body. The term microflora encompasses mostly bacteria but in addition to bacteria, microflora also includes archaea (microorganisms similar to bacteria), protozoa, and viruses. To put this in perspective, bacteria are both more numerous and older than us. If we compare bacteria to the genus, Homo (i.e.: the genus that is modern humans and includes extinct species such as Homo erectus and Neanderthal) it is estimated that the origin of bacteria is over 3.2 billion years ago versus the origin of the genus Homo which is thought to have originated about 2.5 million years ago respectively. This implies that microbes have had much more time to evolve and adapt versus modern day humans, Homo sapiens. It is also thought that there has been a long co-evolutionary process between humans as a host and our microbiome (4, 5).

Before introducing the main gut microflora it is again important to recognize the relationship between the brain and the gut. Historically the human nervous

system and the brain in particular is characterized as the dominant system. The brain as the mothership, gives us the features that are uniquely human such as language and emotional expression. However the nervous system comprises the peripheral nervous system which includes over 200 million nerve cells that make up the enteric (gut) nervous system. What this means is that the central nervous system is not as impenetrable as previously thought. It does not act independently of the rest of the body systems and is more like a conduit for communication. With regard to microflora, it is now realized that there is a brain gut axis that transmits neuronal, endocrine, and immune system signals that is very likely dominated by gut microflora and not the brain (4,6).

#### Overview of Microflora

There are more than 200 species of microflora that live in the human gut. This is estimated to account for about 1kg of weight and encodes a genome that is 100 times larger than the human genome (5-7). The most common species in the gut belong to the phyla Bacteroidetes and Firmicutes. The most common genera include: Bacteroides, Bifidobacterium, Clostridium, Eucaberium, Faecalibacterium, Peptidococcus, Peptidostreptococcus and Ruminococcus (5, 7, 8). Lactobacillius and Escherichia are the most studied microflora but they are less numerous than the abovementioned organisms (8).

Human microflora colonization begins early and it is thought that children are dominated by the main phyla by about one year old. It is also thought that the diversity of gut bacteria varies based on factors related to feeding (formula- versus breast-feeding), dietary habits, antibiotic usage, hygiene, exposure to early infections, and geography (8).

The first evidence of the impact of diet and nutritional factors on the diversity of gut microflora are from the study of malnourished versus well-nourished populations. Many dietary factors have been hypothesized to have beneficial or harmful effects on gut microflora. Some of these include the differences in the consumption and amounts of animal protein, plant fiber, sugar, and processed additives.

Researchers have compared the gut microbiome of African and Western children and described differences in its composition (9). In this early and important study, it was demonstrated that there were variations in gut bacteria composition as measured by the different presence of various bacteria phyla. For example Actinobacteria and Bacteroidetes were more prevalent in African children and Firmicutes and Proteobacteria were more prevalent in the European children in this study. This study also demonstrated that African children had a greater prevalence of an anti-inflammatory short chain fatty acid (SCFA) producing bacteria. This type of bacteria utilizes plant fibers as energy in their biochemical anti-inflammatory cascade (9).

The relevance of this finding is that there are a diversity of species linked to geography and diet. Moreover other studies have demonstrated that presence of the short chain fatty acids results in a lower stool pH which might be linked to better gut health. The underlying discussion point implies that diets containing higher amounts of dietary fiber from plant sources may improve overall gut health (9-11). It is very difficult to study the exact molecular mechanisms that are influenced by the diet alone on gut microflora, the immune system, and beyond but we are now finding that alterations in gut bacteria may be linked to a wide variety of human diseases such as diabetes mellitus, cardiovascular disease, and some neurologic diseases.

#### Immunity and the Microbiome

In addition to the connection between the nervous system and the gastrointestinal system, gut microflora have a profound impact on the immune system. The human immune system is a powerful system that protects the body from the constant encounters with environmental microorganisms that have the potential

If the human body is home to ten times more bacteria than the total of our own cells. The majority of bacteria are found in the human gastrointestinal tract but there are also large densities on the skin, mouth, and vagina. The human genome sequence was published in 2001 and it is a profound achievement in medicine. It also brought to light the notion that we won't be able to truly realize its significance without understanding the interactions between the body and the vast number of microbes within it."

... continued on page 53

**Note:** Information in this article is provided for informational purposes only. Any and all information is not intended as a substitute for the advice provided by your physician or other healthcare provider. Viewpoints expressed are attributed to Jillian Capodice & WellJillian subsidiaries only and do not represent any viewpoints or opinions of the Mount Sinai Health System, Icahn School of Medicine or any affiliated Departments of the Mount Sinai Health System, New York, New York, USA

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



- Immuno Acute Complex(to strengthen immune system)
- Lymphatic Complex (for lingering colds/flu)
- Oregano Oil 70 (broad-spectrum antimicrobial)
- B-Complex Vitamins and Vitamin D3 (nutritional support for immunity)

#### Dosage:

2 caps, 1-2 times per day or as needed.

#### **Eleutherococcus 1:2**

Also known as Siberian Ginseng, Eleutherococcus is an adaptogenic, immuno-modulating herb.

1 fl oz - Product Code: 57018

#### Who will benefit from this herb?

• Those suffering from stress, fatigue, burn out, and frequent colds brought on by stress.

Phyto-Tech™ Eleutherococcus 1:2 provides 500 mg./ml (30 drops) of Eleuthero senticosis root.

As a true adaptogenic herb, it modulates how the body responds to stress by being a hormonal tonic to the stress axis—the hypothalamus, pituitary, and adrenal glands. By enhancing the body's ability to adapt to stress, the body can perform at a higher level. Too much stress creates chemical changes in the body that create a host of problems. Eleuthero prevents this from happening.

Eleuthrococcus is ideal for those who the more hot, stimulant ginsengs would be innapropriate, i.e. "those with passion and fire." Eleuthero is not a true ginseng. It is the only non-heating ginseng, so it is indicated for those who have an adverse effect from Chinese or American ginseng, but still want what ginseng can do for them. It is a great long-term tonic for those who simple do too much and want to avoid burn out.

Caution: German Commission E recommends caution if you have high blood pressure.

#### Dosage:

20-60 drops, 2-3 times a day, or as needed, in juice or water. Consider it a Long-term tonic, and do not expect immediate results (allow one to three months).

#### **Eyebright 1:3**

Historically, considered the "cure for all evils of the eve."

1 fl oz - Product Code: 57077

#### Who would benefit by using this herb?

 Those with hayfever, allergies, respiratory congestion, sinus infections, allergic conjunctivitis and allergic ear infections.
 In other words, Eyebright can be considered environmental allergy tonic.

Eyebright is widely used as a topical treatment for various eye conditions, but due to concerns about potential microbial contamination and hygenic problems, we do not recommend this. For eye problems, including blepharitis, conjunctivitis and styes, use it orally as an adjunct to ophthalmic medication.

#### Ingredients:

Phyto-Tech™ Eyebright contains Eyebright Herb (Euphrasia officinalis), wild harvested, in a 1:3 ratio (333 mg/ml) (30 drops), in a base of grain alcohol and purified water.

#### Dosage:

30-60 drops 2-3 times per day or as need in juice or water. For acute allergy attacks, take 60-90 drops 3-4 times per day for 2-3 days.

#### Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused more on its apparent hypoglycemic actions.

Liquid 1 fl oz - Product Code: 57081

90 Veggie Caps - Product Code: 67458

#### Who might benefit by taking this herb?

- Those with Type 2 diabetes, blood sugar swings, insulin resistance.
- Those with high cholesterol, artherosclerosis, high triglycerides and digestive problems.

#### **Ingredients:**

Each I ml (30 drops) of liquid extract contains 333 mg of full spectrum, organic Fenugreek Seed (Trigonella foenum-graecum); Each veggie cap contains 575 mg of full spectrum, organic Fenugreek Seed.

#### **Indications:**

Fenugreek, native to Asia and Southeastern Europe, has a long history of use as both a spice and a medicine. The seeds are composed of fiber, primarily the water-soluble fiber galactomannan, proteins, lipids, steroidal saponins, alkaloids, and C-glycoside flavones. The taste and odor of Fenugreek resembles maple syrup.

Animal and human studies have shown Fenugreek reduces blood glucose levels by slowing absorption of sugars in the stomach and stimulating insulin production. Patients with mild diabetes taking Fenugreek were able to reduce or stop drug therapy due to better blood glucose control. Fenugreek fiber supplementation was found to reduce hunger, increase satiety and the postprandial insulin response in obese subjects. It also has been shown to reduce serum cholesterol and in patients with hypercholesterolemia. Taking Fenugreek seed powder capsules reduced total cholesterol and low-density lipoprotein (LDL) cholesterol.

Fenugreek helps stimulate milk production in lactating women. Research has shown it can increase milk production within 24 to 72 hours of consumption. It can also stimulate uterine contractions and induce labor, therefore it is not recommended during pregnancy.

... continued on page 53

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🤄



The mucilage in Fenugreek seeds helps soothe the gastrointestinal tract by coating the lining of the stomach and intestines. This makes it helpful for a variety of digestive disorders including indigestion, constipation, and gastritis (inflammation of the stomach).

According to Nutrition Focus, "Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are thought to account for many of the beneficial effects of fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate atherosclerosis and non-insulindependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and noninsulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL ("good") cholesterol levels.

Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

#### Dosage:

For the liquid extract, 30 drops up to three times per day, in water or juice, or as directed. For the veggie cap, take one capsule, 1 or 2 times daily, or as directed..

Caution: Do not use during pregnancy. Possible interaction with blood-thinning medications. Take 2 hours before of after taking medications. Keep out of the reach of children.

#### Complimentary Formulas & Single Herbs:

• Thyroid Complex (Product Code: 67455, Formula for low thyroid)

- B-Complex Vitamins and/or Vitamin B-12
- Antiox Phyto Blend (Additional antioxidant support)
- Antiox Phyto Complex II

#### **Fertility Complex**

#### Support for a healthy and successful pregnancy

1 fl oz - Product Code: 57000

#### Who can benefit from this supplement?

• Women who are trying to become pregnant and those who are already pregnant; especially those with a history of difficult pregnancies.

#### Ingredients:

Phyto-Tech<sup>™</sup> Fertility Complex, Alcohol Free, contains the following herbs: Red Raspberry Leaf, Red Clover Blossoms, Nettles Leaf, Yellow Dock Root.

#### Feverfew 1:2

### Traditionally, an antipyretic (reducing fever); now, best know for the prevention of migraine headache.

1 fl oz - Product Code: 57065

#### Who can benefit from this supplement?

• Those who suffer from chronic migraine headaches. It is also indicated for fever, pain, and conditions involving inflammation, such as arthritis.

According to traditional herbalists, "Feverfew is the preeminent headache remedy. It is for both regular headaches and migrained headaches. It is anti-inflammatory and reduces pain. Feverfew inhibits platelet aggregation and therefore thins blood. The parthenolide compound that does this in Feverfew also reduces inflammation throughout the body. Feverfew works best at the initial onset of a headache. Take hourly if one suspects a migraine is coming on the help ward it off. It may help arthritis and inflammed joints as well. Feverfew cools the body and is indicated for those who run

warm to hot. It can help reduce a fever." (Coven, Herbal Handbook)

#### Ingredients:

Phyto-Tech™ Feverfew 1:2 contains Certified Organic Feverfew herb (Chrysanthemum parthenium or Tanacetum parthenium), grain alsohol, purified water. 30 drops contain 500 mg.

Caution: Do not use during pregnancy.

#### Dosage

Acute Headache: 30-60 drops, every hour, in juice or water until headache subsides; Long Term Use: 30-90 drops, 2-3 times per day in juice or water.

#### **FibroGesic**

Soothing to muscle and nerve discomfort, while supporting joint and connective tissue integrity.

1 fl oz - Product Code: 57031

#### Who can benefit from this supplement?

• Those with chronic body, muscle and joint pain (fibromyalgia). The herbs in this formula have been shown to decrease muscle pain and inflammation, and to increase circulation into the muscle tissue. It is most effective when used long-term.

This formula was designed specifically for those with fibromyalgia. It contains herbs known to help decrease muscle pain and inflammation, and to increase circulation into the muscles. It can be used not only by those with fibromyalgia, but also by those with injuries, muscle soreness, etc, as well as general body pain. Obviously, Phyto-Tech ™ FibroGesic is not as strong as prescription pain medications, but it is nontoxic, safe and non-addictive. Fibromyalgia requires a mult-faceted approach to management, and FibroGesic is designed to be a part of that regimen.

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#### The Human Microbiome (continued)

to cause disease. The immune system is made up of two components: the innate and adaptive immune system. The microbiome is a critical component of innate immunity. Innate immunity refers the immune system responses that are present from birth versus adaptive immunity. Adaptive immunity is learned/acquired through exposure to various microorganisms during life.

The microbiome is a very important component of innate immune system defense. Microflora in the body affect a number of things including immune response maturation, protection against pathogenic invasion and overgrowth, and modulation between inflammation and homeostasis. For example beneficial bacteria found on the skin produce an antimicrobial peptide that protects us from growth of a pathogenic bacteria, Staphylococcus aureus. If this beneficial bacteria becomes deficient it can be a main cause of atopic dermatitis (a common type of eczema) (12). It is also thought that alterations in the diversity,

composition, and/or metabolites of the microbiome may play a role in the development of various diseases and conditions including asthma, atopic dermatitis, food allergies, inflammatory bowel disease, cardiovascular disease, and other systemic inflammatory diseases (13-16).

#### Role of the Intestines and the Human Microbiome

Besides harboring the largest number of microflora the intestines play a key role in the human microbiome. Numerous factors influence gut microflora including drugs, exercise, food, and pathogenic infections. These same factors influence the fetus in utero and during infancy. In addition to the role of diet on the composition of gut microflora, the example fecal transplantat as an emerging treatment for antibiotic-resistant infection underscores the role of microflora and the delicate balance that must be maintained in the human body.

Clostridium difficile (C. diff) is a pathogenic bacteria that most commonly

causes antibiotic-associated diarrhea (AAD). C. diff was identified in 1978 as the most common causative organism of AAD (17). Between 1989 and 1992 a strain of C.diff became highly resistant to the antibiotic clindamycin and C. diff was implicated as the cause of a large outbreak of diarrhea in four large hospitals in the United States (18, 19). Following this outbreak a new strain of C. diff continued to be a significant pathogen and resulted in numerous occurrences of antibiotic-associated diarrhea throughout the North America and Europe. This time the class of antibiotics, flurorquinolones, were implicated (20). After this, increasing reports of C. diff outbreaks occurred throughout Canada, the Unites States, and Europe and were then realized to be a main contributor of gastroenteritisassociated deaths (21). In 2011 an estimated 453,00 cases of C. diff occurred in the United Sates accounting for approximately 29,200 deaths (22).

C. diff infection occurs by colonization

of the intestinal tract by C. diff which disrupts the normal intestinal flora following antimicrobial therapy. C.diff binds to intestinal cells, which causes inflammation within the intestines and subsequent diarrhea. C. diff is transmitted via a fecal-oral route via ingestion of spores. It is highly transmissible in the hospital environment but it has also been shown that non-hospitalized people can be carriers and subject to C. diff infection (19).

In relation to this article, the role of antibiotic usage in the pathogenesis of C. diff infection, the mechanisms and subsequent treatments are the teaching point. Antibiotics are shown to disrupt the epithelial barrier function of normal flora in the colon. This provides an optimal environment for C. diff to thrive and multiply. The other major factor that contributes to its virulence is the development of C.diff strains that are resistant to antibiotics. The mutation of bacteria strains and antibiotic resistance

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**Note:** Information in this article is provided for informational purposes only. Any and all information is not intended as a substitute for the advice provided by your physician or other healthcare provider. Viewpoints expressed are attributed to Jillian Capodice & WellJillian subsidiaries only and do not represent any viewpoints or opinions of the Mount Sinai Health System, Icahn School of Medicine or any affiliated Departments of the Mount Sinai Health System, New York, New York, USA

#### **Produ**

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements ?



Phyto-Tech™ Fibrogesic is best considered a long-term tonic. It will help "take the edge off" the discomfort, allowing for relaxation and faster healing.

#### **Ingredients:**

Phyto-Tech™ Fibrogesic contains the following herbs: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Fresh Ginger Root, Fresh Pulsatilla Herb.

#### Dosage

General: 40-60 drops, 2-3 times per day, or as needed, in juice or water; Acute Pain: 60-120 drops, 2-3 times per day, or as needed, in juice or water.

#### Fo Ti Root

Considered in Chinese Medicine as a rejuvenating plant, thought to prevent aging, enhance fertility and promote longevity.

1 fl oz - Product Code: 57642

It has been recommended, by both Eastern and Western herbalists, as a tonic to maintain vigor, increase energy, tone the kidneys and liver, and purify the blood. It is said to lower cholesterol, improve immune function, and correct hypertension.

#### Garlic

Each Phyto-Tech™ Garlic capsule contains 500 mg of certified organic Garlic Bulb (Allium sativum).

90 Veggie Caps - Product Code: 60130

#### **Gentian Root 1:3**

A classic "bitter" herb, used for centuries as a digestive aid.

1 fl oz - Product Code: 57640

#### Who can benefit from this herbal supplement?

• Those with indigestion, dyspepsia, and difficulty digesting dietary fat and protein.

#### **Ingredients:**

Phyto-Tech™ Gentian Root 1:3 contains Certified Organic Gention (Gentiana lutea), grain alsohol, purified water, in a 1:3 ratio.

As defined by herbalists, "Gentian can be considered the perfect bitter herb to stimulate digestion in numerous ways. The bitter compounds in Gentian stimulate the bitter taste buds on the tongue. this sends a message to the brain to increase bile from the liver, which emulsifies or digests fat. In a lesser way, the bitter stimulation also sends a message to increase hydrochloric acid from the stomach, which increases protein digestion. In other words, bitters stimulate the body's ability to digest and therefore assimilate fat and protein. . . " (Coven, Herbal Handbook)

Caution: Do not use if you have ulcers.

#### **Dosage**

10-30 drops, 2-3 times per day or as needed, in juice or water. Can be taken on an "as needed" basis or daily, for chronic indigestion.

#### **Gentle Movement**

A "Child Friendly" gentle, mild laxative formula designed to normalize bowel function, expecially for children or the elderly.

1 fl oz - Product Code: 57022

#### Who can benefit from this supplement?

Children, the elderly, or anyone with a sensitive digestive system suffering from mild constipation or sluggish bowel.

Phyto-Tech™ Gentle Movement, Child Friendly, Alcohol Free contains the following herbs: Yellow Dock Root, Licorice

Root, Fresh Marshmallow Root.

#### **Ginger Cough Tonic**

A blend of Ginger and other herbs especially useful for soothing coughs

4 fl oz - Product Code: 56985

#### **Ingredients:**

Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Hoeny, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

#### Suggested Dose:

1/2 to 1 teaspoon as needed. Can be diluted in hot water. Shake well before using.

Warning: Keep out of the reach of children; do not use while pregnant or nursing.

#### **Ginger Energy Tonic**

A formula that increases circulation, energy, vitality, and resistance to illness and environmental stresses.

4 fl oz - Product Code: 57055

#### Who might benefit from this supplement?

- Those who suffer from fatigue and stress
- Those with low energy and those who are engaged in taxing or strenuous pursuits; those with poor circulation; those with poor digestion.

#### **Ingredients:**

Phyto-Tech™ Ginger Energy Tonic contains the following: Ginger Root Dry, Ginger Root Fresh, Ginseng American, Ginkgo Leaf, Rhodiola Rosea 5% Rosavin, Schisandra Berry, Glycerin Vegetable, Honey, Water Pure Deionized.

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#### Omega-3 Supplements Before Surgery Impart Better Immunity, Less Inflammation

Maybe doctors should rethink warning patients to stop taking omega-3 nutritional supplements before surgery. In fact, according to the following study, omega-3 supplements may actually be beneficial.

The most common surgical treatment for gastrointestinal cancer is to remove that part of the intestine containing the tumor and reconnect the remaining healthy tissue, triggering an immune and inflammatory response.

Doctors reviewed findings from nine placebo-controlled studies involving 623 gastrointestinal surgeries where participants took omega-3 nutritional supplements. Compared to placebo, those taking omega-3s had lower levels of two types of inflammation: C-reactive protein and interleukin-6. The omega-3 groups also had higher levels of several immune white blood cell types that recognize and attack bacteria, viruses, and foreign tissue.

Doctors said it is best to start nutritional support five to seven days before surgery and continue after the procedure to help reduce inflammation and protect the body from infection

(Reference: BMC Cancer; 2017, Vol. 17, No. 1, 271)



## **Omega-3 Protect During Chemotherapy**

Earlier studies found omega-3s helped maintain body weight and muscle mass during chemotherapy, but this study focused on how omega-3s might protect against chemo-toxicity.

In this study, 61 people undergoing chemotherapy for esophageal cancer took a nutritional supplement drink with 250 mg of omega-3s or 900 mg of omega-3s. Participants started taking the omega-3s three days before chemotherapy through the 12th day of treatment. Doctors administered the liquid through a nasal tube when participants were unable to drink.

After chemotherapy, the high-omega-3 group had less inflammation and fewer ulcerations in the mouth; a common complication of this type of treatment. The high-omega-3 group also had severe diarrhea half as often as the low-omega-3 group, and doctors also found fewer abnormalities in liver enzymes for those taking the high dose

of omega-3s.

(Reference: Nutrition Journal; January, 2017, Vol. 33, 204-10)

#### Additional Comments from Don Goldberg

There is considerable evidence that certain types of nutritional and herbal supplements adaptogenic herbs, antioxidants, anti-inflammatory nutrients alleviate the side effects and toxicity inherent to many cancer treatments. Doctor's are often reluctant to recommend supplements because they fear this may reduce the effectiveness of the cancer treatment. This may be misguided, and as studies such as this one continue to accumulate, perhaps things will change.

#### www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements - how to choose them, and how to use them.

... and remember to visit Don's Blog @ www.dongoldberg.com

## Better B12, Better Absorbed



Many people are aware of the health benefits of Vitamin B12. They've heard that it can boost energy, enhance metabolism, promote better sleep and support nerve tissue and brain cells.\* However, most people are probably supplementing with the traditional form of Vitamin B12, known as cyanocobalamin.

**Jarrow Formulas**<sup>®</sup> innovative Vitamin B12 features Methylcobalamin, a form of Vitamin B12 that is not only better absorbed by the body, but is also more efficiently retained within its cells.\* That means enhanced benefits. **Jarrow Formulas**<sup>®</sup> Methyl B-12 is entirely vegetarian and comes in great tasting lemon, tropical and cherry dissolvable lozenges. With 1000, 2500 or 5000 mcg sizes, this Methyl B-12 is the superior Vitamin B12 supplement.

**B-Right**<sup>®</sup> is a carefully balanced, low-odor B-Complex formula. B-Right contains methylcobalamin, pantethine and pyridoxal 5-phosphate (P-5-P), since these forms are more readily utilized as coenzymes than other forms of vitamin B12, vitamin B5 and vitamin B6 respectively.\*

Methyl B-12, 5000 mcg 60 Lozenges - JRW34918 Methyl B-12, 1000 mcg 100 Lozenges - JRW34453 B-Right®, 100 Vegetarian Capsules - JRW23418





\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements ?



#### **Ginger Immune Tonic**

A Blend of Ginger and other Immune Modulating

4 fl oz - Product Code: 57012

#### **Ingredients:**

Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

1/2 to 1 teaspoonful as needed. Can be diluted in hot water. Shake well before using.

#### **Ginger Root 1:1.5**

This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.

> 1 fl oz - Product Code: 56995 90 Veggie Caps - Product Code: 60127

#### Who can benefit from this supplement?

• Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.

#### **Ingredients:**

Phyto-Tech™ Ginger Root 1:1.5 provides 667 mg of certified organic Fresh Ginger Root per 30 drops.

Also available as a veggie cap, with each Phyto-Tech™ Ginger capsule containing 500 mg of certified organic Ginger Root (Zingiber officinalis). (Product code: 60127)

#### **Ginger Tonic**

A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.

4 fl oz - Product Code: 57015

#### Who might benefit from this supplement?

- Those suffering from nausea due to motion sickness or pregnancy;
- · Those with digestive discomfort and those with arthritis and other inflammatory problems.

Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting.

Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that

Ginger also has the ability to inhibit nuclear factor-kB (NFkB), cyclooxygenase (COX) and lipooxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can helps protect the intestinal mucosa from

Ginger Tonic has a vasodilating action, and will increase circulation and warm one up.

#### **Ingredients:**

RP MANAGER

Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger

Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.

#### Ginkgo Biloba Leaf

One of the most widely researched herbs in recent years, Ginkgo biloba has been associated with memory, increased cerebral and peripheral circulation.

> 1 fl oz - Regular - Product Code: 56961 Alcohol Free - Product Code: 57024 90 Veggie Caps - Product Code: 60131

#### Who can benefit from this supplement?

• Those suffering from memory loss, early stage dementia (Alzheimer's disease), tinnitus, vertigo, inability to concentrate, circulatory problems.

#### Ingredients:

Phyto-Tech™ Ginkgo Biloba Leaf 1:1.15 contains 667 mg of ethically wild harvested Fresh and Dry Ginkgo biloba Leaf per 30 drops, in both alcohol and alcohol-free versions. Also available in a vegetarian capsule form. Each Phyto-Tech™ Ginkgo veggie cap contains 60 mg of standardized Ginkgo biloba Leaf Extract (24% ginkgo flavonglycosides and 6% terpene lactones) and 400 mg of certified organic Ginkgo biloba leaf. This provides for an optimal standardized and full spectrum phytotherapeutic approach.

#### Ginseng, American

See American Ginseng

#### Ginseng, Chinese Red

See Chinese Red Ginseng

DIGEST GOLD + PROBLOTI

ENZYME DEFEN (VIRA 2X)

GLUTENEASE EXTRA STREN

BATH SALTS EUCAL ARNIC

BATH SALTS FRNCH LAVEN

RODY LOT COCO VAN TANG

**BODY LOT FRENCH LAVEND** 

**BODY LOT GRAPEFR MINT** 

BODY LOT ROSE CHAMOMII

HAND SOAP FRENCH LAVEN

EVERYONE LOT 3 N 1

DIGEST SPECTRUM

FN7YMF DFFFNSF

LACTO

LYPO GOLD

LYPO GOLD

MUCOSTOR

NATTO-K

REPAIR GOLD

SFRRA GOLD

STEM XCELL VEGGIE GEST GASTRO

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42.99 38.69

72.99 65.69

52 99 47 69

30.99 27.89

22.99 20.69

22.99 20.69

33.99 30.59

58.98 53.08

72.99 65.69

29 99 26 99

41.99 37.79

39.99 35.99

12.99 10.39

12.99 10.39

8.99 8.99

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10.99

7.19 7.19

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#### Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

24369

29.95 23.96



100 TAB

90

30 30 CAP

CHW 9.50

TAB

18.49 14.79

20.49 16.39

9.50 7.60

26.49 21.19

7.60

34511

44784

20100

32811

BP MANAGEK	90	IAR	29.95	23.96
BROMELAIN +	90	CAP	27.49	
BY MANAGER BROMELAIN + BRONCHAL SOOTHE CELL FORTE MAX CELL FORTE W/IP 6 INOS CELL FORTE W/IP 6 INOS CELL FORTE W/IP 6 INOS CHOLESTEROL SHIELD COMPLETEGEST COMPLETEGEST 40 + RENW	120	LIQ	15.49	
CELL FORTE MAX	120	CAP	39.99	31.99
CELL FORTE W/IP 6 INOS	120	VCA	27.49	21.99
CELL FORTE W/IP 6 INOS	240	VCA	52.99	42.39
CHERRY FRUIT EXTRACT	180	CAP	35.95	28.76
CHOLESTEROL SHIFLD	90	TAB	39.99	31.99
COMPLETEGEST	90	CAP	23.50	18.80
COMPLETEGEST AO + RENW	60	CAP	25.95	20.76
COMPLETEGEST MEALTIME	180	CAP	39.95	31.96
COULTELEGRAL MEASURE	120	SGC	74.95	59.96
COOLO 100 MO 300	20	CHW	29.95	23.96
COULD TOO WIG W/E GRW	งก งบ	CHW	29.95	23.96
COULD TOO W/E CHW CHUC	าก าก	CHW	29.95	23.96
COOLO 200 MC CUM MARIE	JU			
CULIU ZUU MIG CHW MAPLE	JU	CHW	59.95	47.96
DERMA KLEAK AKNE SUAP	37	BAR	8.50	6.80
DGL	100	CHW	14.49	
DGL ULTRA FF CHOC	90	CHW	14.49	11.59
DGL ULTRA GERMAN CHOC	90	CHW	14.49	11.59
DGL W/O FRUCTOSE CHW	100	TAB	14.49	11.59
DMG B15 +	60	CAP	22.99	18.39
DR CHOICE 45 PLUS WOM	180	TAB	34.95	27.96
DR CHOICE 50 PLUS MEN	120	TAB	34.95	27.96
DR CHOICE FOR DIABETIC	90	TAB	33.95	27.16
DR CHOICE FOR MEN	90	TAB	24.95	19.96
ENERGIZING IRON	90	SGC	21.95	17.56
CHOLESTEROL SHIELD COMPLETEGEST COMPLETEGEST 40 + RENW COMPLETEGEST MEALTIME COOLO 100 MG SCC COOLO 100 MG W/C CHW COOLO 100 W/C CHW CHOC COOLO 100 W/C CHW CHOC COOLO 100 W/C CHW MAPLE DEL WOR CHW MAPLE DEL WOR CHW MAPLE DEL ULTRA FF CHOC DEL ULTRA GERMAN CHOC DEL WOR FERCH DEL WOR FERCH DEL WOR FERCH DEL WOR FORMULA FORSAOHLI COLEUS 18% GABA 250 MG GABLINASE GABLINASE	217	PWD	52.99	42.39
ESBERITOX CHW	100	CHW	20.49	16.39
ESBERITOX CHW	200	CHW	33.99	27.19
FSKIMO 3 1000 MG SGC	90	SGC	29.95	23.96
ESTRORALANCE W/ DIM	60	TAB	50.99	40.79
FIRER FUSION + FORMIUA	120	CAP	12.99	10.39
ENDOVALIT COLOUR TOURISTA	60	CAP	25.50	20.40
CARA 250 MC	en Ou	CAP	16.49	13.19
CADINACE	100	TAB	36.99	29.59
CADLINAGE	100 00	TAB	13.49	10.79
CACTOCOCTUC	JU 100	CHW	21.50	17.20
CINICO DIIALOCOME	100	SGC		
GINCENE DANAY DIVTO	120		38.50	30.80
GINGENG PANAX PHYIO	100	CAP	26.50	21.20
Profession of the Profession o	120	CAP	28.99	23.19
GRAPE SEED PHYTO 100	90	CAP	57.50	46.00
G2 200 AND CHOND SOFE	60	TAB	38.50	30.80
GS 500 NEW & IMPROVED	180	CAP	41.95	33.56
GUGULPLEX	90	TAB	35.99	28.79
HDL ASSIST BOOSTER	120	TAB	39.95	31.96
FORSKOHLI COLEUS 18% GABA 250 MG GARLINASE GARLINASE GASTROSOOTHE GINKGO PHYTOSOME GINGGO PHYTOSOME GINEND PANAX PHYTO GLUTEN DEFENSE GRAPE SEED PHYTO 100 GS 500 AND CHOND SULF GS 500 NEW & IMPROVED GGUOLPLEX HDL ASSIS BOOSTER HEM TONE HOT PLANTS FOR HER	90	CAP	28.49	22.79
HOT PLANTS FOR HER	60	CAP	33.99	27.19
HOT PLANTS FOR HIM	60	CAP	33.99	27.19
IRON ULTIMATE	90	SGC	23.99	19.19
IVY EXT	90	TAB	14.50	11.60
LIVER CLEASE COMPLETE	84	VCA	26.99	21.59

9.99	31.99	52/40	MEIAB AUV IHYKUID FUKM	180	CAP
7.49	21.99	20091	METABOLIC ADV THYROID	100	CAP
2.99	42.39	39248	MILK THISTLE SUPER	120	CAP
5.95	28.76	20114	MILK THISTLE SUPER	60	SGC
9.99	31.99	20111	MILK THISTLE X	60	CAP
3.50	18.80	20104	OSTEOPRIME CAP	120	CAP
5.95	20.76	51616	OSTEOPRIME PLUS	120	TAB
9.95	31.96	32663	OSTIVONE	90	CAP
4.95	59.96	64777	PEARLS $50 + PROBIOTIC$	30	PRL
9.95	23.96	58621	PEARLS ELITE ACIDOP 5B	30	PRL
9.95	23.96	56845	PEARLS YB YEAST BALANC	30	SGC
9.95	23.96	20138	PEPPERMINT PLUS	60	SGC
9.95	47.96	43376	PERIMENOPAUSE FORM	60	TAB
8.50	6.80	40501	PETADOLEX PROACTIVE	60	SGC
4.49	11.59	45376	PROATATE ADVANTAGE	180	SGC
4.49	11.59	50921	PROTECTIVE BREAST FORM	60	TAB
4.49	11.59	50955	REMIFEMIN	120	TAB
4.49	11.59	36122	METABOLIC ADV THYROID FURM METABOLIC ADV THYROID MILK THISTLE SUPER MILK THISTLE SUPER MILK THISTLE X OSTEOPRIME CAP OSTEOPRIME PLUS OSTIVONE PEARLS 50 + PROBIOTIC PEARLS ELITE ACIDDP 5B PEARLS YB YEAST BALANC PEPPERMINT PLUS PERIMENOPAUSE FORM PETADOLEX PROACTIVE PROATATE ADVANTAGE PROTECTIVE BREAST FORM BEMIFEMIN SAVENTARO UNCARIA TOM	90	CAP
2.99	18.39	36121	SAVENTARO UNCARIA TOM	30	CAP
4.95	27.96	23991	SAW PALM SUPER 160 MG	120	SGC
4.95	27.96	40716	SAW PALM SUPER 160 MG	180	SGC
3.95	27.16	32400	SILYBIN ADVANCED	60	CAP
4.95	19.96	44728	SLEEP FORM REVITALIZ	90	CAP
1.95	17.56	40599	SLEEP FORM REVITALIZ	30	CAP
2.99	42.39	59813	SAW PALM SUPER 160 MG SILYBIN ADVANCED SLEEP FORM REVITALIZ SLEEP FORM REVITALIZ SLEEP TONIGHT ST. JOHNS WORT EXT 0.3% TART CHERRY LITTA GUMM	28	TAB
0.49	16.39	29598	ST JOHNS WORT EXT 0.3%	120	TAB
3.99	27.19	66082	TART CHERRY ULTRA GUMM	75	GUN
9.95	23.96	63815	TART CHERRY ULTRA VCAP THEANINE THEANINE 100 MG CAP	90	VCA
0.99	40.79	41404	THEANINE	60	CAP
2.99	10.39	54643	THEANINE 100 MG CAP	180	CAP
5.50	20.40	52250	THYMULUS	60	CAP
6.49	13.19	52558	THYMUPLEX IMM BOOS CP	50	CAP
6.99	29.59	28928	VARICARE	90	TAB
3.49	10.79	42783	WHOLE BODY CLEANSE	KIT	KIT
1.50	17.20	24653	YEAST BALANCE	90	SGC
8.50	30.80	51603	YOUTHFUL YOU DHEA 5 MG	60	CAP
6.50	21.20	EVI.	ZYMEDICA		
8.99	23.19				
7.50	46.00	59483	ACID SOOTHE	90	CAP
8.50	30.80	67277	BEAN ASSIST	30	VCA
1.95	33.56	45199	CANDIDASE	84	CAP
5.99	28.79	57580	CARBGEST	60	CAP
9.95	31.96	52697	DIGEST	180	VCA
8.49	22.79	66828	DIGEST GOLD	120	CAP
3.99	27.19	45198	DIGEST GOLD	90	VCA
3.99	27.19	57587	DIGEST GOLD	180	VCA
3.99	19.19	62574	DIGEST GOLD	240	VCA

 $DIGEST\ GOLD\ +\ PROBIOT$ 

 $\mathsf{DIGEST}\,\mathsf{GOLD} + \mathsf{PROBIOT}$ 

MEGA 7YME PANCREAT 10X

MEGA ZYME PANCREAT 10X

MENOPAUSE FORMUL AM/PM

METAR ANY THYROID FORM

1	20	CAP	22.95	18.36
1	20	TAB	29.50	23.60
	90	CAP	34.50	27.60
	30	PRL	19.95	15.96
	30	PRL	29.95	23.96
	30	SGC	19.95	15.96
	60	SGC	17.50	14.00
	60	TAB	24.49	19.59
	60	SGC	52.99	42.39
1	80	SGC	41.95	33.56
	60	TAB	69.99	55.99
1	20	TAB	34.95	27.96
		CAP	48.49	38.79
		CAP	17.50	14.00
1		SGC		29.56
1		SGC		42.00
		CAP		22.39
		CAP	39.99	31.99
	30	CAP	15.99	12.79
		TAB	24.99	19.99
		TAB	25.99	20.79
		GUM	24.95	19.96
		VCA	24.99	19.99
	60	CAP	20.49	16.39
	80	CAP	54.99	43.99
	60	CAP	27.99	22.39
		CAP	21.99	17.59
		TAB	28.99	23.19
	(IT	KIT	29.95	23.96
		SGC	30.00	24.00
	60	CAP	8.99	7.19
	nn	CAP	24.00	22.49
		LAP	24.99	22.49

23.95 19.16

39.95 31.96

24.49 19.59

32.50 26.00

21.95 17.56

40.50 32.40

22.50 18.00

17.20

50294

59417

67279 57183

45197

57146

200 TAB

TAB

СДР

9.99	55.99	
4.95	27.96	
8.49	38.79	633
7.50	14.00	633
6.95	29.56	632
2.50	42.00	632
7.99	22.39	632
9.99	31.99	632
5.99	12.79	673
4.99	19.99	519
5.99	20.79	538
4.95	19.96	
4.99	19.99	_
0.49	16.39	659
4.99	43.99	659
7.99	22.39	584
1.99	17.59	659
8.99	23.19	55
9.95	23.96	540
0.00	24.00	440
8.99	7.19	42
		572
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4.99	22.49	
7.99	7.19	_
1.99	46.79	678
0.99	27.89	60

52.99 47.6

84 99 76 4

99.98 89.98

47.99

240 VCA 105.99 95.3

45 VCA 32.99

180

17.59	65995	IMMUNE &
23.19	55566	Magoroku
23.96	54093	PROBIOTIC I
24.00	44650	Probiotics
7.19	42709	Probiotics
7.13	57224 58649	PROBIOTICS Propolis P
22.49 7.19		TREME
46.79	67813	BCAA PLUS
27.89	60503	Post Work
47.69 57.59	60200 60201	PRE WORKO
43.19	67731	PRE WORKO
76.49	<b>FL</b> 0	DRA
95.39 29.69	62769	7 SOURCES

896 HA	AND SOAP LEMON EUCAYP	12Z	SOP	8.99	7.19
ESSE	NTIAL FORMULAS				
	ARDIO WELLNESS REGACT	60			49.95
993 DE	TOX LIVER HLTH REGAC	60	VCA	50.80	45.72
412 ES	SENTIAL LIVING OILS	60	VCA	36.25	32.63
995 IM	IMUNE & VITAL REGACT	60	CAP	50.80	45.72
566 MA	AGOROKU SKIN CARE	1.7	CRM	38.45	34.60
093 PR	IOBIOTIC KAMPUKU SOAP	80G	BAR	12.05	10.84
650 PR	IOBIOTICS ORIG FORM	60	CAP	59.35	53.41
709 PR	ROBIOTICS ORIG FORM	30	CAP	36.25	32.63
224 PR	ROBIOTICS PROF FORM	60	CAP	69.25	62.25
649 PR	ROPOLIS PLUS W/ASTAX	60	CAP	76.95	69.25
<b>EXTR</b>	EME EDGE SPORTS	S			

60200 60201	PRE WORKOUT PWD GRAPE Pre workout PWD SAV LM	.66 .66	PWD PWD	25.95 25.95	20.76 20.76
67731	PRE WORKOUT PWD STR KW	.66	PWD		20.76
FLO	DRA				
62769	7 SOURCES OMEGA 3 6 9	8.5	LIQ	19.99	16.99
62770	7 SOURCES OMEGA 3 6 9 F	172	LIQ	35.99	30.59

20061

20038

40854

30333

AIR POWER

AKNE ZYME

ALPHA BETIC MULTI

B COMPLEX DAILY ENERGY

B12 INFUSION BIOA B12 E

BLOOD SUGAR MANAGER

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🥌



#### **Ginseng Energy Blend**

A combination of adaptogenic herbs resulting in a synergistic blend enhancing emotional, physical and mental energy.

1 fl oz - Regular Formula - Product Code: 56962 2 fl oz - Regular Formula - Product Code: 57087 1 fl oz - Alcohol Free - Product Code: 57068

Each type of ginseng, Red Chinese and American, and other adaptogenic herbs, such as Eleutherococcus, have traditionally different properties. The combination, along with complimentary herbs such as Licorice, Ginkgo, Fo Ti and Codonopsis, results in an energy blend for all purposes.

#### Who can benefit from this supplement?

• Those who are under stress, suffering from fatigue, mental "burn out," adrenal fatigue, poor immune system function.

This blend of adaptogenic herbs supports the adrenal glands, the immune system, and the nervous system.

#### **Ingredients:**

Phyto-Tech™ Ginseng Energy Blend is available in an alcohol and an alcohol free version. It contains the following herbs: Red Chinese Ginseng Root, American Ginseng Root, Eleuthero Root, Licorice Root, Ginkgo Leaf, Fo Ti Root, Codonopsis Root, Ginger Root.

#### **Glucosamine Plus**

A synergistic blend of Glucosamine, Chondroitin, MSM plus Devil's Claw for effective relief of arthritic and joint discomfort. Devil's Claw sets this formula apart due to its proven anti-inflammatory action.

120 Veggie Cap - Product Code: 67473

#### Who might benefit from using this product?

Those suffering from osteo and rheumatoid artiritis

· Those with muscle and joint pain and stiffness

• Those who participate in athletic or strenuous physical

#### **Ingredients:**

Two veggie caps provide: Selectively Imported Glucosamine Sulfate 750mg, Selectively Imported Chondroitin Sulfate 600mg, Selectively Imported MSM (Methylsulphonylmethane) 250mg, Selectively Imported Devils Claw Root (5% Harpagosides) 50mg. Other ingredients: Modified Vegetable Cellulose, Omega 3 (Flax Seed), Natural Silica.

#### **Indications:**

 $Phyto\text{-}Tech^{\,{}^{\text{\tiny TM}}}\ Glucosamine\ Plus\ caps\ provide\ important$ nutritional support for healthy joints and connective tissue. Both glucosamine and chondroitin are major structural components found naturally in the body that promote optimal joint and connective tissue health. This unique formula combines glucosamine and chondroitin with MSM and devil's claw to provide fast and effective pain relief, while simultaneously nourishing cartilage, ligaments, and tendons, and enhancing joint lubrication flexibility, and mobility. It can be used to provide relief for conditions such as arthritis, osteoarthritis, and physical overuse or as a preventative to help maintain healthy joints and connective tissues.

Glucosamine is an amino sugar, consisting of an amino acid (glutamine) and a simple sugar (glucose), that the body uses as the structural basis for connective tissue and lubricating fluids. Amino sugars are the building blocks for molecules called glycosaminoglycans (GAGs), which are large molecules that form the glue-like matrix that holds the body together. While the body uses approximately 20 different amino sugars, the GAG's produced by glucosamine specifically are used to make cartilage, ligaments tendons, and bones. Because connective tissue is constantly being broken down by normal everyday use, the body requires a continuous supply of glucosamine to replace or restructure the broken

down tissue. Severe stress, major injuries, and aging can all reduce GAG synthesis from glucosamine. In addition, certain diseases such as osteoarthritis are associated with low GAG production. In osteoarthritis, cartilage begins to thin and breakdown causing stiffness, friction, and joint pain. Research indicates that supplementation with glucosamine sulfate may help the body make more GAG's, increasing the amount of cartilage and fluid around the joints, helping to prevent further breakdown. A clinical trial comparing the use of glucosamine sulfate and ibuprofen for pain relief in patients with TMJ osteoarthritis, reported that glucosamine provided greater relief from the pain caused by function during daily

Chondroitin, found naturally in the body, is a major component of cartilage where it helps absorb fluid into the connective tissue, provides the building blocks for cartilage production, and may also help prevent cartilage break down. In osteoarthritis research, Chondroitin has been shown to reduce joint pain, swelling, and stiffness and improve joint function. A double-blind, placebo-controlled study evaluating the symptomatic effects of chondroitin in patients with osteoarthritis of the hand reported patients treated with chondroitin sulfate showed a significant increase in hand function and decrease in pain and morning stiffness compared to placebo. Studies evaluating the effects of glucosamine and chondroitin combination therapy show mixed results. However, one of the largest studies, the 2008 Glucosamine/Chondroitin Arthritis Intervention Trial (GAIT), reported that glucosamine combined with chondroitin provided statistically significant pain relief compared to placebo in patients experiencing moderate to severe pain.

MSM (Methylsulphonylmethane), a metabolite of DMSO, is a naturally occurring sulfur compound found in humans that is anti-inflammatory, analgesic, and protects cells against

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#### The Human Microbiome (continued)

of C. diff and many other types of bacteria is a significant problem that is being widely studied in medicine and antibiotic stewardship is of extreme importance. In the case of C. diff, clindamycin and the fluroquinolones have been shown to be the most frequently associated with C. diff infection however any antibiotic can predispose a person to C. diff. The risk factors for C. diff infection include use of multiple antibiotics, long duration of antibiotic use, >65 years of age, severe illnesses, and long stays in hospitals or long-term care facilities (19).

The main treatment for C. diff infection is antibiotic therapy but an emerging alternative therapy for C. diff infection and particularly for recurrent C. diff is fecal microbe transplantation. People with recurrent C. diff infection demonstrate decreased amounts and diversity of intestinal microflora, in particular Bacteroidetes and Firmicutes. Based on this the hypothesis that was postulated was that transplant of

microflora from the stool of healthy individuals could restore the balance of the beneficial strains and cure the infection (19, 22). It has now been shown that fecal transplant has a cure rate ranging from 81 to 94 percent success in patients with recurrent C.diff infection (2, 23, 24).

Route of administration of fecal microflora transplant include: colonoscopy, enema, nasogastric/jejunal tube small bowel administration, and oral administration of frozen capsules (19). Data on the optimal route of administration and other factors are under investigation. It is also important to note that potential adverse events of fecal transplant are not yet well studied however all stool samples from healthy donors must be tested for viral and bacterial pathogens and parasites prior to transplant.

The example of fecal transplant in patients with recurrent C. diff infection is one that underscores the role of microflora within the gut. It is

highlighted because it is obviously interesting and memorable.

#### **Probiotics**

The abovementioned topics are layered and dense and countless questions are still being derived. To conclude this article, I'll briefly discuss probiotics.

Since intestinal microflora can be altered and a potential factor in the development of a variety of conditions, then the possibility that altering microflora by the addition of beneficial bacteria is an important question to ask and study. Probiotics are defined as microorganisms that can have beneficial proprieties within the host. Most of the commercially available probiotics are derived from food sources most frequently, fermented milk products. The most commonly studied probiotics include strains from lactic acid bacilli such as Lactobacillus and Bifidobacterium, and Saccharomyces boulardii, a nonpathogenic strain derived from yeast. There are also many strains

of probiotics that are under development and are being genetically engineered to have favorable influences in the body.

Initial studies of probiotic safety and efficacy have been performed in various gastrointestinal conditions such as Crohn's disease, diverticular colitis, pouchitis (inflammation of the ileal pouch in patients who have a colectomy), radiation-induced enteritis, and ulcerative colitis (25). There have also been studies in disease related to diarrhea including antibiotic-associated diarrhea, infectious diarrhea, and celiac disease.

The main mechanisms in which probiotics are thought to benefit inflammatory and diarrheal illnesses is not completely understood but likely related to these mechanisms;

The ability to suppress growth of pathogenic bacteria

-The ability to inhibit pathogenic bacteria binding to the intestinal

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Note: Information in this article is provided for informational purposes only. Any and all information is not intended as a substitute for the advice provided by your physician or other healthcare provider. Viewpoints expressed are attributed to Jillian Capodice & WellJillian subsidiaries only and do not represent any viewpoints or opinions of the Mount Sinai Health System, Icahn School of Medicine or any affiliated Departments of the Mount Sinai Health System, New York, New York, USA

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements ?



oxidative damage. It helps reduce joint pain, improve joint movement, and prevent muscle damage. A clinical trial evaluating the effects of MSM on patients with osteoarthritis reported that MSM supplementation reduced pain and improved physical function compared to placebo. Another study comparing the efficacy of glucosamine, MSM, and their combination on pain relief in knee osteoarthritis found that combination therapy reduced swelling and provided greater pain relief and improved joint function than individual therapy.

Devil's Claw, a tuber from Africa contains harpagosides, glycosides that reduce inflammation in the joints. It is used to alleviate arthritic and overuse symptoms, and is effective for both chronic and acute joint pain. It acts as an analgesic in joints and seems to calm down inflammatory conditions in the connective tissue. It can also help reduce chronic muscle pain, such as is found in fibromyalgia. Published studies have shown Devil's Claw to be as effective as certain popular arthritis drugs.

Contra-indications and Cautions: Pregnancy, Nursing. Those allergic to shellfish

#### Dosage:

Take 2 capsules, 2 times per day with water.

#### **Glycemic Support Complex**

#### A blend of herbs designed to normalize blood sugar metabolism

90 Veggie Caps - Product Code: 67453

#### Who might benefit from using this herbal blend?

- Those with hypoglycemia, insulin resistance, sugar cravings.
- Those with energy and mood swings related to blood sugar levels

**Ingredients:** 

Each veggie capsule contains the following fresh ground herbs: Organic Cinnamon Bark - 200mg, Ethically Wild Harvested Nopal Opuntia Cactus - 100mg, Selectively Imported Gymnema Herb (25% Gymnemic Acid) - 45mg, Selectively Imported Bitter Melon Fruit - 45mg, Organic Fenugreek Seed - 45mg, Chromium (as nicotinate) - 240 mcg (200% DV), Stevia Leaf Extract - 5mg, in a vegetarian capsule consisting of Modified Vegetable Cellulose

#### Dosage:

Serving Size: 1 Veggie Cap

#### **Properties:**

Traditionally, this combination of herbs would be thought to exert the following properties: Hypoglycemic, Hypolipidemic, Digestive, Stomachic, Antioxidant, Anti-Inflammatory

#### Indications:

In simple terms, Glycemic Support Complex supports healthy glucose metabolism and insulin activity. It is indicated for those with adult onset type 2 diabetes and those with prediabetes to assist in controlling elevated glucose and lipid concentrations. It can also be used by healthy individuals to maintain normal blood sugar levels and avoid future problems.

Cinnamon has been extensively researched for its potential treatment of blood sugar swings and type 2 diabetes. In type 2 diabetes, insulin made by the pancreas can no longer get into cells to produce energy. Since the cells are not getting the insulin they need, the pancreas continues making more and more. Abnormally high levels of insulin that accumulate in the blood lead to many complications including cardiovascular disease, stroke,, hypertension, hyperlipidemia, kidney disease, and blindness. Extracts of Cinnamon have been found to increase glucose uptake, glycogen synthesis and phosphorylation of the insulin receptor. In addition, Cinnamon also has antioxidant activity important for the

prevention of diabetes related complications.

Nopal Opuntia Cactus, also known as prickly pear cactus, is believed to have anti-diabetic, anti-inflammatory and antioxidant activity. Traditionally the plant was used as both a medicine and as a source of nourishment. Its chemical composition is similar to that of a vegetable and it has been used as a food in the Mexican diet for centuries. It contains an abundant amount of mucilage and fiber which very likely play a role in its ability to delay glucose absorption. A study investigating its hypoglycemic effects in humans found a significant reduction of serum glucose and insulin concentration in diabetic patients treated with Nopal. Another study's findings suggest that Nopal can reduce postprandial blood glucose, serum insulin and plasma GIP peaks, as well as increase antioxidant activity in healthy people and patients with type 2 diabetes.

Gymnema has been used for centuries in India for the treatment of type 2 diabetes. It increases insulin secretion and utilization of glucose, inhibits glucose absorption from the intestine, and helps regenerate pancreatic islet cells. The gymnemic acid molecules found in Gymnema promote lowered blood sugar by attaching to the external layers of the intestine and preventing sugar molecules from being absorbed. In addition, these molecules also bind to taste buds in the mouth, which is why Gymnema is believed to prevent sugar cravings.

Bitter Melon's steroidal glycosides, alkaloids and insulinomimetic lectins are believed to be responsible for its anti-diabetic effects. In studies, Bitter Melon extracts have been found to significantly improve glucose tolerance and fasting blood glucose levels. It has also been reported to stimulate insulin secretion and prevent glucose absorption.

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																					<u> </u>	
51776	ADULT ENZY BLN ADV UDO	60	CAP	30.49	25 91	15524	IRON + HERBS 8.50Z	8.5	LIQ	26.79	21 43	14301	CALCIUM CARBONATE 650	100	TAB	10.40	8.32	14538	NIACINAMIDE 500 TAB	100	TAB	9.80 7.84
51775	ADULT ENZYME BLND UDO	60	CAP	24.49		61333	IRON TABS 10 MG	80	TAB	25.79		14300	CALCIUM CARBONATE PWD	1LB	PWD			14580	PARVENZYME	100	TAB	10.95 8.76
61963	ADULT PROBIOTIC ADV	60	CAP	40.49	34.41	15533	MAGNESIUM LIQ 8.5Z	8.5	LIQ	26.79	21.43	14305	CALCIUM CITRATE 250 MG	250	TAB	23.90	19.12	14581	PARVENZYME	250	TAB	21.90 17.52
44692	ADULT PROBIOTIC ADV UDO	30	CAP	21.49	18.26	EO	UR LLC					14304	CALCIUM CITRATE 250 MG	100	TAB	11.95	9.55	14592	POT 80 MG GLUCONATE	250	TAB	17.60 14.08
61961	ADULTS PROBIOTIC BLEND	120	CAP	40.49	34.41	го						14306	CALCIUM CITRATE 250 MG	500	TAB	39.80	31.84	14595	QUERCETIN 250	100	TAB	26.95 21.56
51780	ADULTS PROBIOTIC UDOS	60	CAP	20.99	17.84	67670	CRAVE CRUSH LOZENGES		LOZ	34.99		14313	CALCIUM LACTATE 600	100	TAB	9.90	7.92	14596	QUERCETIN 250	250	TAB	52.90 42.32
66708	BAOBITES BLOOD ORANGE	6.1	SNK	12.50	10.62	67830	CRAVE CRUSH LOZENGES	60	LOZ	59.99		14251	CAROTENE 10000 TAB	100	TAB	14.80	11.84	14593	QUERCETIN 50	100	TAB	10.50 8.40
66707	BAOBITES PEACH MANGO	6.1	SNK	12.50		67415	CRAVE CRUSH LOZENGES	15	LOZ	17.99	17.99	14339	CHROMIUM 400 CHEL	100	TAB	10.60		14598	QUIN B STRONG 25	250	TAB	23.90 19.12
66706	BAOBITES POMEGRANATE	6.1	SNK	12.50	10.62	FO	UR SIGMATIC					14369	CITRUS BIOFLAV PWD	4 Z	PWD	12.75		14600	QUIN B STRONG W/C/ZINC	100	TAB	17.95 14.36
51779	CHILDRENS PROBIOTC UDO	60	CAP	16.49					DAV	05.00	05.00	14374	COPPER 2	100	TAB	8.60	6.88	14604	QUINTABS	250	TAB	34.80 27.84
60186	DHA 250 MG VEG ALGAE	60	SGC	31.49		66881	CHAGA MUSHROOM ELIX MX	20		35.00		30272	COQ10 50 MG	50	TAB	28.95		14607	QUINTABS M	250	TAB	36.90 29.52
30299	FLAX OIL	172	LIQ	21.49		66879	MUSHRM COFF CORDYCEPS	10	PAK		15.00	55945	CRANBERRY 400 MG TAB	100	TAB	11.95		14606	QUINTABS M	100	TAB	18.45 14.76
51769	FLAX OIL	327	LIQ	33.79		66878	MUSHRM COFF LIONS MANE	10	PAK		15.00	59650	D2 2000 IU	100	TAB	11.90		38318	QUINTABS M IRON FREE	250	TAB	36.40 29.12
51903	FLAX OIL HIGH LIGN ORG	172	LIQ	21.49		66880	REISHI MUSHRM ELIX MX	20	PAK	35.00	35.00	32979	D2 400 I.U. DELTA	250	TAB	12.95		38222	QUINTABS M IRON FREE	100	TAB	18.20 14.56
22607	FLOR ESSENCE DRY 2.20Z	2.2	PWD	37.99		FRI	EEDA VITAMINS					14382	D3 1000	100	TAB	7.65		14611	RUTIN 50	100	TAB	8.25 6.60
22518	FLOR ESSENCE LIQ 170Z	172	LIQ	37.99		14178	A 10000 PALMITATE H20	100	TAB	7.40	5.02	14383	D3 1000	500	TAB	25.50		53715	SCD B CMP W/C & ZINC	250	TAB	35.80 28.64
52619	FLOR ESSENCE LIQUID	327	LIQ	59.49		25506	A PALMITATE 15	250	TAB		15.12	14380	D3 400 USPU DELTA	250	TAB	11.60	9.28	14548	SELENIUM OCEANIC 200	100	TAB	16.60 13.28
40788	FLORASIL (SILICA VEGETA	180	VCA	35.49		22741	A PALMITATE 15	100	TAB	9.45	7.56	14381	D3 400 USPU DELTA	500	TAB	21.10		14542	SELENIUM OCEANIC 50	100	TAB	9.60 7.68
40789	FLORASIL SILICA VEGET	90	CAP	19.49		14196	ALFALFA CONC 600 MG	250	TAB	17.90		14397	E 400	90	TAB	22.95	18.36	14632	SUPER QUINTS B 50	500	TAB	54.80 43.84
52374	GOJI BERRIES	8 Z	MIS	12.49		26426	ALLERGY FORMULA	100	TAB		11.16	14411 30108	E 400 H20 DISP MIXED Fem cal citrate	90	TAB	23.95		14631	SUPER QUINTS B 50	250 50	TAB	33.60 26.88
51778	INFANT PROBIOTC BL UDO	2.6	PWD LIQ		16.56 15.12	14630	B 50 SUPER QUINTS	100	TAB		13.44	30108 30109	FEM CAL CITRATE	250	TAB Tab	23.80 12.70		55944 14653	TRYPTOPHAN 500 MG TAB		TAB Tab	31.95 25.56 56.40 45.12
27194 37692	OLIVE OIL ORGANIC PET ESSEN FOR DOGS UDO	17Z 16Z	PWD	21.99		14246	B COMPLEX NO PABA/FOL	100	TAB	11.90	9.52	30109 14415	FERROUS FUMARATE 300	100 250	TAB	14.90		14651	ULTRA FREEDA Ultra freeda	270 90	TAB	25.40 43.12 25.40 20.32
37092 35668	PUMPKIN SEED OIL	8.5	LIQ	20.99		14231	B12 50	100	LOZ	7.45	5.96	14417	FLAVONS 500	100	TAB			14655	ULTRA FREEDA IRON FREE	180	TAB	40.80 32.64
65568	RED BEET CRYSTALS SALU	0.0 7.2	PWD	26.49		14239	B12 500	100	LOZ	11.45	9.16	14417	FOLIC ACID 400 MCG	500	TAB	22.95		14654	ULTRA FREEDA IRON FREE	90	TAB	25.20 20.16
56123	SAMBU ELDERBERRY CONC	5.9	LIQ	17.49		14222	B6 100	100	TAB	11.85	9.48	14429	FREEDAVITE	100	TAB	8.75		63175	VISION SUPPORT	90	TAB	36.00 28.80
54100	SAMBU GUARD LOZENGES	3.5 40	LOZ		11.04	14220	B6 50	100	TAB	8.80	7.04	14429	FRUIT C 200	100	CHW	9.95	7.96	14662	YELETS TEENAGE MULTI	100	TAB	12.75 10.20
42098	SESAME OIL	8.5	LIQ	9.99		22279	BETAINE HCL 300	100	TAB	10.90	8.71	38220	GERI FREEDA IRON FREE	100	TAB	13.95		14353	ZINC 22.5 CHELATED	100	TAB	9.50 7.60
53198	SUNFLOWER	172	LIQ	14.79		20253	BETAINE HCL 300	250	TAB	21.80	17.44	43135	GLUCOSAMIN 500 NO SHEL	250	TAB	45.80	36.64	14664	ZING ELEMENTAL 30	100	TAB	9.80 7.84
41935	SUPER 8 PROBIOTC UDO'S	30	CAP	22.49		26428	BIOTIN 2.5 MG	100	TAB	13.80	11.04	50295	GLUCOSAMIN 500 NO SHEL	100	TAB	22.90		14668	ZING GLUCONATE 15 MG	500	TAB	23.95 19.16
61962	SUPER 8 PROBIOTIC UDOS	60	CAP	41.99		23674	BROMELAIN 500 MG	100	TAB	13.90	11.12	14473	HI VEGI LIP	100	TAB	25.95		14667	ZINC GLUCONATE 15 MG	100	TAB	8.05 6.44
53394	SUPER BIFIDO + PROBIOT	30	CAP	46.49		14299	BUFF C PWD CAL ASCORB	16Z	PWD	47.90	38.32	14474	HI VEGI LIP	250	TAB	51.20		14669	ZINC LOZ 10	100	LOZ	13.30 10.64
15546	SWEDISH BITTERS ALC FR	3.3	LIQ	11.49		14295	BUFF C TAB CAL ASCORB	100	TAB	12.95	10.36	14477	INOSITOL 650 TAB	250	TAB	31.90						10.00
15547	SWEDISH BITTERS ALC FR	8.5	LIQ	24.49		14296	BUFF C TAB CAL ASCORB	250	TAB	26.90		14476	INOSITOL 650 TAB	100	TAB	15.95		FR	OWNIES			
52969	UDO'S CHOICE DHA OIL	172	LIQ	36.49	31.01	14297	BUFF C TAB CAL ASCORB	500	TAB		35.16	14487	KELP PACIFIC	100	TAB	7.65	6.12	42442	FROWNIES RECTANGLE	144	PAD	19.95 17.96
53393	UDO'S CHOICE DHA OIL	8.5	LIQ	20.99	17.84	14271	C 100	250	TAB	8.80	7.04	14488	KELP PACIFIC	250	TAB	15.30	12.24	42441	FROWNIES SQUARE	144	PAD	19.95 17.96
43947	UDO'S CHOICE HIGH LIGN	172	LIQ	28.99		14279	C 1000	250	TAB	26.90		38217	LUTEIN 20 MG	100	TAB	47.95	38.36	42827	ROSE WATER HYDRATOR F	27	SPY	12.95 11.65
53392	UDO'S CHOICE OIL BLEND	32Z	LIQ	47.49		14278	C 1000	100	TAB	13.45		63185	LUTEIN 6 MG F	100	TAB	17.95		FU	NGI PERFECTI			
26794	UDO'S CHOICE OIL BLEND	90	CAP	20.49		14293	C 1000 T/R	250	TAB	31.90		14506	LYSINE 500 TAB	100	TAB	10.70						24.05 20.75
26795	UDO'S CHOICE OIL BLEND	180	CAP	35.49		14292	C 1000 T/R	100	TAB		12.76	14507	LYSINE 500 TAB	250	TAB	20.95		65337	BREATHE VCAP HOST DEF	60	VCA	31.95 28.75
23862	UDO'S CHOICE OIL BLEND	8.5	LIQ	17.49	14.86	14274 14273	C 250 C 250	500 100	TAB Tab	23.95 7.60	19.16 6.08	14509	MAG CARBONATE PWD	1#	PWD	21.70		65336	BREATHE VCAP HOST DEF	30	VCA	19.95 17.95
FL	ORADIX					14275	C 500	100	TAB	7.00 8.80	0.00 7.04	23491	MAG CITRATE 100 MG	250	TAB	23.20		57929	CHAGA 500 HOST DEFENSE	60	VCA	31.95 28.75
		177	110	AE 70	10.01	14275	CAL GLUCONATE	100 1#	PWD		20.16	23490	MAG CITRATE 100 MG	100	TAB	11.60	9.28	67052 57926	CHAGA EXT Cordyceps 500 Host def	1 Z 60	LIQ VCA	19.95 17.95 31.95 28.75
41088	CAL MAG ZN/D/HRB LIQ	172		45.79		14310	CAL GLUCONATE 500	500	TAB		23.92	51880	MAG CITRATE PWD	16Z	PWD	18.95		57920 57934	CORDYCEPS 500 HOST DEF	120	VCA	51.95 Z0.75 59.95 53.35
22978 15536	CAL MAG ZN/D/HRB LIQ Child Multivitamin oz	8.5 8.5	LIQ LIQ	26.79 24.49		14316	CAL MAG SUPER 1000/500	100	TAB	10.60	8.48	14511 14510	MAG GLUCONATE 500	500	TAB Tab	29.95		57927	CORDYCHI 500 HOST DEF	60	VCA	31.95 28.75
15535	EPRESAT ADULT MULTI	0.0 17Z	LIU		40.39	14317	CAL MAG SUPER 1000/500	250	TAB		16.96	14510	MAG GLUCONATE 500 Magnesium oxide PWD	100 16Z	PWD	8.95 21.50		65340	CORDYCHI EXT HOST DEF	1 Z	LIQ	19.95 17.95
15534	EPRESAT ADULT MULTI	8.5	LIU	33.79		24299	CAL MINT CHW 650 MG	100	CHW	10.45	8.36	14512	MAGNESIUM UXIDE PWD MANGANESE GLUCONATE 50	100	TAB	7.75		57923	LIONS MANE 500 HOST DF	60	VCA	31.95 28.75
15529	FLORAVITAL FE/HERB YF	8.5	LIQ	26.79		14323	CAL PANTOTHENATE 200	100	TAB	9.50	7.60	14518	MONOCAPS	100	TAB	15.45		65960	LIONS MANE 500 MG HOST	120	CAP	59.95 53.95
15530	FLORAVITAL FE/HRB YF	17Z	LIQ	45.79		14326	CAL PANTOTHENATE 545	100	TAB		11.12	14531	NIACIN 100 TAB	100	TAB	7.95	6.36	57933	MAITAKE 500 HOST DEF	120	VCA	59.95 53.95
15538	HERBAL BITTERS	8.5	LIQ	26.79		14329	CAL PHOSPHATE PWD	1#	PWD	19.50	15.60	26437	NIACIN 100 IAB NIACIN 500 MG	100	TAB	12.60	0.30 10.08	57932	MAITAKE 500 HOST DEF	60	VCA	31.95 28.75
15525	IRON + HERBS 170Z	172	LIQ	45.79		14302	CALCIUM CARBONATE 650	250	TAB	20.80		14536	NIACIN 300 MG NIACINAMIDE 100 TAB	100	TAB	7.40	5.92	62483	MYCO SHIELD CINN SPRAY		SPY	19.95 17.95
1000	1 112100 1702	172	2.4	10.10	00.00							1 7000	UIIIIIDE 100 IAD	100	IND	7.70	0.02	00				

## HELP YOUR BODY, NATURALLY

The Therapeutic Foods Supplements encompass the diversity of potent eco farmed and wild crafted plant-based nutrients, the next generation activated probiotics and their rich metabolites, and the vitality of patented nutriceuticals. The Biolmmersion product range utilizes the Power, Intelligence, and Hormetic nature of phyto-nutrients, probiotics, and nutriceuticals to effect health in our body.



#### WEIGHT-LESS | ULTRA MINERALS | ORGANIC CHLORELLA

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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements **§**



Fenugreek seed has been shown in studies to reduce blood glucose, serum cholesterol and carbohydrate-induced hyperglycemia. It is high in fiber, saponins, and alkaloids, which are believed to be responsible for its beneficial effects on blood sugar. It has also been found to have anti-inflammatory and diuretic properties

The trace mineral Chromium assists the body in utilizing insulin. Reports indicate that Chromium deficiency may cause metabolic abnormalities such as insulin-resistance and hyperlipidemia. Studies have found niacin-bound chromium (Chromium nicotinate) to be effective in improving insulin resistance, reducing cholesterol levels, and improving body composition.

Stevia is an herb that is 250-300 times sweeter than table sugar, however it does not negatively alter blood glucose and thus can be used as a sweetener for those with blood sugar swings, diabetics and anyone wanting to avoid sugar. Research has shown it may be effective in regulating blood sugar levels and lowering blood pressure. Contra-indications and Cautions: Allergy to Cinnamon or

#### **Complimentary Formulas & Single Herbs:**

Peruvian Balsam; Pregnancy; Nursing

- Adrenal Stress Complex (liquid formula to help the body regulate sugar and energy)
- B-Complex vitamins

#### Dosage:

Take 1 veggie cap 1-3 times per day or as directed by health care professional..

#### **Goldenseal Root 1:5**

Used by Native Americans for colds, flu, sore throat and intestinal problems.

1 fl oz - Product Code: 56950 60 Veggie Caps - Product Code: 60128

#### Who can benefit from taking this herbal supplement?

• Those with infections of any mucosal tissue, including the respiratory tract, urinary tract, digestive tract, reproductive tract and gum infections.

The anti-microbial activity of Goldenseal may be due to two alkaloids, hydrastine and berberine.

#### **Ingredients:**

Goldenseal is in serious danger of over-harvesting in the wild, so only organically cultivated goldenseal should be used. This is what is used in Phyto-Tech™ Goldenseal Root 1:5. Also available in a vegetarian capsule form. Each Phyto-Tech™ Goldenseal veggie cap contains 250 mg of certified organic Goldenseal Root.

#### **Echinacea Goldenseal**

90 Veggie Caps - Product Code: 60125

#### Ingredients:

Each Phyto-Tech™ Echinacea Goldenseal veggie capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic.

#### Gotu Kola 1:1.5

1 fl oz - Product Code: 57010

#### **Green Tea Guo**

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

1 fl oz - Regular Flavor - Product Code: 56944 2 fl oz - Regular Flavor - Product Code: 57098 1 fl oz - Peach Flavor - Product Code: 56998 90 Veggie Caps - Product Code: 60126 The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

#### Who can benefit from this supplement?

• The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

#### Ingredients:

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech $^{\text{TM}}$  Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech™ Green Tea capsule caontains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

#### **Green Walnut Complex**

1 fl oz - Product Code: 57034

#### **Hawthorn Berry 1:3**

1 fl oz - Product Code: 56964 90 Veggie Caps - Product Code: 60132

... continued on page 63

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

#### 3)



62482 65986 65750 59185 57931 57930 57935 57924 65339 66695 67928 65961 61625	MYCO SHIELD PEPP SPRAY MYCOBOTANICALS BRAIN MYCOBOTANICALS WOMEN MYCOMMUNITY EXTRACT MYCOMMUNITY HOST DEF MYCOMMUNITY HOST DEF REISHI 500 HOST DEF REISHI 500 MG HOST DEF REISHI LIQ HOST DEFENSE STAMETS 7 HOST DEFENSE STAMETS 7 HOST DEFENSE TURKEY TAIL 500 HOST TURKEY TAIL 500 HOST TURKEY TAIL 500 HOST	1 Z 60 60 2 Z 120 60 120 60 1 Z 2 Z 60 120 120 60	SPY CAP LIQ VCA VCA VCA LIQ LIQ VCA CAP VCA CAP VCA	19.95 17.95 29.95 26.95 29.95 26.95 39.95 36.95 39.95 35.95 59.95 53.95 31.95 28.75 31.95 33.25 37.95 34.15 59.95 53.95 31.95 28.75	39601 38148 23168 37481 24900 57425 38167 38150 67669 60638 57208 38152 24221	ECHIN RED ROOT SUPR ECHIN SUPREME ECHIN SUPREME ECHIN SUPREME ECHIN/GOLDE/PROP/SPRAY ECHINACEA SUPREME ELEUTHERO ROOT ENERGY VITALITY EVERYDAY IMMUNE MUSH + FRESH BREATH SPRAY GAS & BLOATING CAP GINGER SUPREME GINKOO LEAF GINSENG WILD SUPREME	1 Z 60 1 Z 2 Z 1 Z 30 60 60 .5Z 50 60	LIQ SGC LIQ LIQ CAP SGC VCA SPY CAP CAP SGC LIQ	12.99 11 29.99 26 13.99 12 25.99 23 13.99 12 17.99 16 27.99 25 29.99 26 34.99 31 7.50 6 24.99 22 34.99 31 29.99 26 21.99 19	.99 522 .59 523 .39 387 .59 572 .19 658 .19 676 .99 596 .49 644 .75 419 .49 381 .49 241	243 378 782 210 896 666 635 412 914 165 101	PROPOLIS LIQUID PROSTATE HEALTH QUICK DEFENSE RED CLOVER SUPREME REFLUX RELIEF CHW REFLUX RELIEF CHW REISHI + TURMENT MUSH + RESVERATROL 150 MG RHODIOLA ROSEA EXT 240 RHODIOLA ROSEA EXT 240 SAW PALMETTO SCUDDERS ALTERATIVE SKIN AND NAIL SUPPORT SLEEP & RELAX CAP	1 Z 60 40 1 Z 15 45 60 50 120 60 2 Z 60 50	LIQ SGC CAP LIQ CHW VCA CAP VCA SGC SGC LIQ CAP CAP	14.99 29.99 41.99 12.99 12.99 32.99 31.99 23.99 45.99 27.99 28.99 24.99 29.99	26.99 37.79 11.69 11.69 29.69 28.79 21.59 41.39 25.19 26.09 22.49 26.99	67969 56781 56392 43635 57921 64975 62162 41762 68082 68083 68084 62321 60674 64573	BABY PROB LIQ 2B ORG BETTER BRAIN OCEANS 3 C 150 MG RAW C 1 0 0IL CALCIUM 150 MG RAW CALCIUM 150 MG RAW VIT COCONUT OIL ORGANIC COCONUT OIL ORGANIC COCONUT OIL ORGANIC COCONUT OIL XTRA PLAST COCONUT OIL XTRA PLAST COCONUT OIL XTRA PLAST COLON CARE 500 PROB RW COQTO RAW VIT CODE D3 1000 VEG SPR VN KND	56M 90 60 8 Z 120 60 32Z 16Z 14Z 29Z 56Z 30 60 2 Z	LIQ SGC VCA LIQ VCA VCA OIL LIQ OIL OIL CAP CAP SPY	19.99 16.99 51.99 44.19 19.99 16.99 18.99 16.14 50.99 43.34 28.99 24.64 32.99 28.04 17.99 15.29 9.99 84.49 19.99 16.99 32.99 28.04 43.99 37.39 43.94 46.74 22.99 19.54
FU	TUREBIOTICS				67623	GOLDEN MILK 105GM	105	PWD	19.99 17			SLEEPTHRU VCAP	60	VCA	29.99		58029	D3 2000 RAW VIT CODE	60	CAP	21.58 18.34
27044	COLLOIDAL SILVER	27	LIQ	16.95 13.56	56099 56101	GREEN TEA Green tea lio	60 1 Z	VCA Lio	27.99 25 13.99 12			SOUND SLEEP Sound Sleep	30 60	VCA SGC	17.99 27.99		66098 60673	D3 2000 VEG OG KND CHW D3 5000 RAW VIT CODE	30 60	CHW Cap	17.99 15.29 26.99 22.94
51837	CRANBIOTIC	60	TAB	26.99 21.59	31150	HAWTHORN BERRY A/F	2 7	LIQ	24.99 22			ST JOHNS WORT FLOW LIQ	12	LIQ	12.99		57916	DHA CHW OCEANS KIDS	120	CHW	19.99 16.99
17581 28122	HAIR SKIN NAILS WOMEN Pressure Lo	135 270	TAB Tab	23.99 19.19 39.89 31.91	24011 38153	HAWTHORN BERRY A/F HAWTHORN SUPREME	1 Z 60	LIQ SGC	12.99 11 29.99 26			STRESS REPONSE SWEETISH BITTER ELIXIR	30 2 Z	CAP Liq	17.99 17.99		58580 68049	E 250 IU VITAMIN CODE Energy & Focus Sport	60 8.1	CAP PWD	27.99 23.79 39.95 33.45
29646	SILYMARIN PLUS	120	TAB	35.95 28.76	36572	HAWTHORN SUPREME	27	LIQ	25.99 23	.39 383	369	THYROID SUPPORT	60	SGC	29.99	26.99	67330	ENYMES ORG DIGEST+ CHW	90	CHW	30.99 26.34
51095 25390	STRESS ASSIST Vital K+ Ginseng	60 16Z	VCA LIQ	24.99 19.99 15.99 12.79	51194	HOLY BASIL	60 1.7	CAP	29.99 26			THYROID SUPPORT	120	CAP	46.99		59353	ENZYMES MEN RAW	90	CAP	54.99 46.74
		102	LIU	10.99 12.75	54421 63502	HOLY BASIL Holy Basil Leaf	1 Z 120	LIQ VCA	13.99 12 49.99 44			TUMMY TONIC Turmeric Boost Restore	1 Z 5.2	LIQ PWD	12.99 29.99		60479 59352	ENZYMES RAW WOMEN 50 & Enzymes women raw	90 90	VCA Cap	54.99 46.74 54.99 46.74
	AIA HERBS	00	CAD	00.00 00.00	62886	IRON LIQ PLANTFORCE	8.5	LIQ	25.99 23	.39 657	700	TURMERIC BOOST UPLIFT	5.2	PWD	29.99	26.99	59354	FIBER RAW	600	PWD	35.99 30.59
51025 63936	ADRENAL HEALTH Adrenal Health	60 120	CAP Cap	29.99 26.99 49.99 44.99	38154 43695	KAVA KAVA Kava Kava Root	60 1 Z	LIQ LIQ	29.99 26 14.79 13			TURMERIC EXTRA STRENG TURMERIC SUPR PAIN PM	60 30	CAP VCA	29.99 24.99		61478 66480	FIBER RAW Fitbiotic 50 bill pak	200 20	PWD Pak	19.99 16.99 46.99 39.94
66742	ADRENAL HLTH JUMP STRT	60	LVC	34.99 31.49	44282	LACTATION SUPPORT	60	SGC	26.99 24			TURMERIC SUPREME ALLER	50 60	VCA	29.99		53607	FUCO THIN	20 90	SGC	56.99 48.44
66741	ADRENAL HLTH NIGHT RST	60	LVC	29.99 26.99	30410	LEMON BALM	17	LIQ	12.99 11	.69 642	289	TURMERIC SUPREME EXTRA	120	VCA	49.99	44.99	38726	GOATEIN PWD	450	PWD	69.99 59.49
62702 27342	ASHWAGANDHA ROOT ASTRAGALUS SUPREME	60 1 Z	CAP Liq	24.99 22.49 12.99 11.69	29766	LICORICE ROOT	17	LIQ	12.99 11			TURMERIC SUPREME JOINT	60	VCA	29.99		62233	HEALTHY BLOOD VIT CODE	60	VCA	16.75 14.23
43585	ASTRAGALUS SUPREME	60	CAP	29.99 26.99	67668 38482	LIVER DEFENSE MUSH + HRB Liver Health LP	60 60	VCA Cap	34.99 31 29.99 26			TURMERIC SUPREME PAIN VALERIAN POPPY SUPREME	60 1 Z	VCA LIQ	29.99 12.99		66095 57744	IRON + HERBS PLNT LIQ Iron 22 mg raw vit cod	5 Z 30	LIQ VCA	30.99 26.34 16.99 14.44
44281	BLACK COHOSH EXT 80 MG	60	CAP	27.99 25.19	64072	MACA	60	CAP	19.99 17			VALERIAN ROOT EXT 100	60	SGC	27.99		62234	K COMPLEX RAW K1/K2	60	VCA	30.99 26.34
24677	BLACK COHOSH ROOT W/C	17	LIQ	12.99 11.69	63503	MACA PWD ORG GELAT	16Z	PWD	29.99 26			VISION ENHANCEMENT	60	SGC	29.99		67723	KIDS MULTI GUMMY CHERR	120	CHW	34.99 29.74
40123 60640	BLACK ELDERBERRY Black Elderberry Kids	60 3 Z	CAP Liq	27.99 25.19 19.99 17.99	65413	MACA PWD ORG GELATINZ	8 Z	PWD	17.99 16			VITEX BERRY	60	CAP	19.99		67722	KIDS MULTI GUMMY FRUIT	120	CHW	34.99 29.74
56192	BLACK ELDERBERRY NIGHT	3 Z	LIQ	21.99 19.79	65706 65778	MACABOOST CACAO GINGER Macaboost van Chai	8 Z 8 Z	PWD PWD	24.99 22 24.99 22			VITEX ELIXIR FOR WOM Whole Body Defense	2 Z 60	LIQ Cap	14.99 29.99		59002 59001	KIDS MULTI VITAM CODE KIDS MULTI VITAM CODE	30 /60	CHW CHW	17.99 15.29 29.99 25.49
56193	BLACK ELDERBERRY NIGHT	5.4	LIQ	32.99 29.69	38155	MALE LIBIDO	60	SGC	27.99 25			WILD OATS MILKY SEED	1 Z	LIQ	13.99		67968	KIDS + PROB CHW SHLF ST	30	CHW	24.99 21.24
56190	BLACK ELDERBERRY SYRUP	3 Z	LIQ	21.99 19.79	61150	MELISSA SUPREME A/F	2.2	LIQ	24.99 22			WOMENS BALANCE	60	SGC	29.99	26.99	67378	KIDS+ PROBIOT ORG CHW	30	CHW	24.99 21.24
56191 56189	BLACK ELDERBERRY SYRUP Bronchial Wellness Syr	5 4 5.4	LIQ LIQ	32.99 29.69 24.99 22.49	40130	MENTAL ALERTNESS	60	CAP	29.99 26			WOMENS LIBIDO	60	SGC	27.99		67196	MAG RELAX REST ORANGE	196	PWD	22.95 19.50
60215	BRONCHIAL WELLNESS TEA	20	BAG	7.99 7.19	67667 38157	MENTAL CLARITY MSH + HRB Milk Thistle Seed	60 60	VCA SGC	34.99 31 29.99 26	00		WORMWOOD BLACK WALNUT	12	LIQ	15.99	14.39	67197 67200	MAG RELAX REST ORANGE Mag relax rest orig	391 190	PWD PWD	39.95 33.45 22.95 19.50
51958	CINNAMON BARK	60	GEL	25.99 23.39	64885	MILK THISTLE SEED	120	SGC	49.99 44		GAI	RDEN OF LIFE					67201	MAG RELAX REST ORIG	381	PWD	39.95 33.45
32304	CLEANSE KIT SUPREME	KIT	KIT	29.99 26.99	24013	MILK THISTLE SEED GLYC	17	LIQ	13.99 12			5 DY MX CR 400B PRB RW	75G	PWD	43.99		67198	MAG RELAX REST STR LEM	230	PWD	22.95 19.50
67665 63501	CORDYCEPS + MUSHR + HERBS Cough Syrup Kids A/F	60 3 Z	VCA Liq	31.99 28.79 19.99 17.99	38138 38160	NETTLE LEAF OIL OF OREGANO SGC	60 60	CAP SGC	28.99 26 26.99 24			50 & WISER MENS MULTI 50 & WISER WOMENS MULT	120 120	CAP Cap	44.99 44.99		67199 56811	MAG RELAX REST STR LEM Men multi raw one	461 75	PWD VCA	39.95 33.45 39.99 33.99
66744	DAILY WELLBEING MEN	60	VCA	39.99 35.99	65705	OIL OF OREGANO VCAP	120	VCA	45.99 41			AMLA C SPRAY ORG KIND	27	SPY	12.95		67728	MENS 40 MULTI GUMMY	73 120	CHW	34.99 29.74
66743	DAILY WELLBEING WOMEN	60	VCA	39.99 35.99	38159	OLIVE LEAF	60	VCA	26.99 24	.29 660		AMLA C SPRAY ORG KND	2 Z	SPY	12.95		64565	MENS 40 + MULTI KND ORG	120	TAB	83.99 71.39
45615	DANDELION ROOT	17	LIQ LIQ	13.99 12.59	56102	OLIVE LEAF LIQUID	17	LIQ	14.99 13			B COMPLEX ORGANIC KIND	30	TAB	30.99		64564	MENS 40 + MULTI KND ORG	60	TAB	51.99 44.19
24017 38149	ECHIN GOLDENSEAL GLYC. ECHIN GOLDENSL SUPREME	1 Z 60	CAP	12.99 11.69 29.99 26.99	65704 41417	OLIVE LEAF VCAP Oregano leaf	120 1 Z	VCA	45.99 41 13.99 12			B COMPLEX RAW B12 1000 RAW	60 30	VCA VCA	21.56 16.99	18.32 14.44	67727 64562	MENS MULTI GUMMY MYKIN Mens multi kind org	120 60	CHW Tab	34.99 29.74 51.99 44.19
37482	ECHIN GOLDENSL SUPREME	1 Z		12.99 11.69	42679	PEPPERMINT LEAF	12	LIQ	13.99 12			B12 500 METHYL SPR KND		SPY	17.99		64563	MENS MULTI KIND ORG	120	TAB	83.99 71.39



## Looks like somebody's been taking their Solgar No. 7

They increased their flexibility, mobility, and range of motion.\*

Even better, their joint comfort showed real improvement... in just 7 days. \*\*

Finally, the next generation in joint comfort, mobility, flexibility, and range of motion.\* Solgar® N<sup>O.</sup> 7 brings together bio-active nutrients that work to create a fast-acting approach for occasional "tweaks" and joint stresses brought on by exercise, sports, or physical activity.¹\* Start to get back on track fast — when stiff joints occasionally say no... Solgar® N<sup>O.</sup> 7 says YES!\*

AVAILABLE AT WILLNER CHEMISTS.









1. Based on two human studies with 5-LOXIN Advanced® where subjects rated their joint health over time, subjects' joint health improved within 7 days and continued to improve throughout the duration of the studies.

5-LOXIN ADVANCED® is a registered trademark of PL Thomas-Laila Nutra, LLC U.S. Patent #8,551,496 and patents pending.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





12-227   Conference	MESTOR MIXTORIC BAILY NITO 6  68 178 5139 4.19  68975 DIESTION VAR BERESTS  90 VCA 38.9 39.9 39.9 39.9 55.5  58910 MINT ILU VIRANIN CORE  580 CAP 48.9 39.9 469974 FIBER PYOU CHASSETIAL  91 VVA 29.9 19.9 19.9 19.9 19.9 19.9 18.2 19.1 15.2 15.0 57.55  58900 MINTI ILU VIRANIN CORE  92 VLA 39.9 39.9 40.9 VCA 38.9 39.9 49.9 VCA 38.9 VC
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#### Product

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🧲



#### **Headache Complex**

A blend of herbs designed to provide optimal relief to the pain and inflammation associated with headaches.

I fl oz - Product Code: 57088

#### Who can benefit from this supplement?

• Those with migraine or other types of headaches.

#### Ingredients

Phyto-Tech™ Headache Complex contains the following herbs: White Willow Bark, Feverfew Herb, Meadowsweet Herb, Fresh Ginger Root, Fresh Pulsatilla Herb. Aspirin was initially synthesized from salicin extracted from white willow bark and/or meadowsweet. The white willow bark used in this product has a very high salacin content.

#### **Herbal Biotic Complex**

**Child Friendly** 

1 fl oz - Product Code: 56973

#### **Herp Ease Formula**

A blend of herbs designed for use during the acute outbreak of any type of herpes infection.

1 fl oz - Product Code: 57099

#### Who might benefit from this herbal supplement?

• Those suffering an acute outbreak of genital herpes, cold sores (oral herpes), or shingles (herpes zoster.)
While there is no cure for herpes, this formula will help to quiet the attack and reduce the inflammation. The Ayurvedic herb Neem is a very strong anti-bacterial and anti-viral that limits the viral attack. Licorice and Turmeric are strong anti-inflammatory herbs that reduce the outbreak. They limit prostaglandin-induced inflammation. The anti-viral actions of St. John's Wort are being discovered and used for many viral

conditions. St. John's Wort is also a nerve ending sedative, which helps in pain. Since herpes lives in the nerve endings and tends to erupt when under stress (stress hyper stimulates the nerve endings), St. John's Wort is of obvious value. St. John's Wort is calming under stress, is a nerve ending sedative and has anti-viral implications.

#### **Ingredients:**

Phyto-Tech™ Herp Ease Formula contains: Neem Herb, Licorice Root, St. John's Wort Flowers Fresh, Turmeric Root Fresh, Alcohol Pure Grain, Water Pure Deionized.

#### Holy Basil 20-8-8-5 Standardized

Holy Basil is a powerful adaptogen that helps the body overcome stress while calming the mind, uplifting the spirit, and restoring tranquility. It eases anxiety and nervous irritability and helps those with stress related health conditions. It also promotes healthy glucose levels, acts as a powerful antioxidant and fights inflammation.

60 Veggi Caps (Liquid Fill) - Product Code: 57051
Phyto-Tech™ Holy Basil liquid filled veggie caps is standardized to 20 mg Eugenols, 8 mg Caryophyllene, 8 mg Rosparinic Acid and 5 mg Ursolic Acid.

#### **Ingredients:**

Each liquid filled veggie cap contains the following: Holy Basil Leaf Alc Extract (certified organic), 300 mg; Holy Basil Supercritical Extact, 150 mg; Lecithin Soy Non GMO, Cellulose Mod Vegetable, Chlorophyll. The usual dosage is one capsule 2 times daily.

#### Who can benefit from this supplement?

- Those suffering from anxiety, irritability or mild depression; those living a fast-paced, high stress lifestyle
- Those who need help maintaining normal glucose and cortisol levels
- Those suffering from various types of inflammation.

Holy Basil (Ocimum sanctum), also known as Tulsi, is one of the most highly regarded plants in Ayurvedic medicine. It has been used for centuries in India to treat an array of conditions such as inflammation, digestive complaints, asthma, arthritis, and skin conditions. In the West it is most well known for its ability to counteract stress, calm the mind and lift the spirit. Accordidng toherbalists, Holy Basil is an adaptogen that promotes a healthy stress response and can protect one from breakdown due to chronic stress, emotional turmoil or work overload. Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and dopamine. Holy Basil is helpful for individuals with stressrelated conditions, such as anxiety, irritability, depression, irritable bowel, digestive disorders, hormonal fluctuations, adrenal fatigue, insomnia, and immune deficiency. Holy Basil encourages emotional well-being and restores homeostasis to individuals who feel like stress has gotten the best of them. Research supports the traditional claims for Holy Basil's role in glucose metabolism, and hypoglycemic effects. A 1996 study involving patients with type 2 diabetes reported a significant decrease in the patients' fasting blood glucose levels when treated with holy basil compared to treatment with placebo. Total serum cholesterol levels were also reduced. A more recent 2006 study found that Holy Basil stimulates insulin secretion from the pancreas, which contributes to the plants anti-diabetic action. In addition, Holy Basil decreases the stress hormone cortisol, which rises when one is exposed to chronic stress. Elevated cortisol levels trigger the body to produce more glucose causing an unhealthy increase in blood glucose levels. This can also result in weight gain. Holy Basil can be helpful for those with type-2 diabetes, pre-diabetes, or rapid blood sugar swings.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



#### The Human Microbiome (continued)

epithelium

-The ability to improve intestinal barrier function

-Immune system modulation via induction of protective cytokines and other beneficial immune system modulators

-Modulation of pain perception

#### Other things to mention about probiotics include:

-Different probiotic strains have different ability to colonize the intestines

-Yogurt, the most commonly known source of probiotics, varies in the amount of probiotics it contains

-Pasturization of yogurt kills the good bacteria so products that are pasturized contain added probiotics

Some probiotics may not survive gastric and bile acids

-It may not be necessary to administer live probiotics to achieve a therapeutic response as it is possible that DNA from the probiotic species may still be able to exert a therapeutic effect (25)

Finally there are wide variety of just gastrointestinal diseases in which probiotics may be beneficial including allergy, constipation, Helicobacter pylori infection, hepatic encephalopathy, irritable bowel syndrome, lactose intolerance, pancreatitis, and small bowel bacterial overgrowth. -Based on evidence-based science, these data are not definitive and are not yet commonly recommended.

#### Summary

Ten times more bacteria than human cells colonize the human body. These microbes are critical in protecting us from a wide variety of pathogens and are an extremely important line of defense for the immune system. Alterations in microflora may be causative factors in a wide variety of human diseases predominately related to inflammation. Since the human microbiome is so large, the systems most likely affected by it included the nervous, endocrine,

dermatologic, respiratory, cardiovascular, immune, and gastrointestinal systems however all of our major organ systems are influenced by these primordial organisms.

The example of the emerging study and use of fecal transplant for recurrent antibiotic- induced diarrhea caused by C. diff is a great example of gut microflora homeostasis. Probiotics are commercially available beneficial bacteria that have a potentially wide application but research is still nascent. The knowledge we obtain from the human microbiome project coupled with our increasing knowledge about the human genome will undoubtedly have a profound effect in medicine and surgery and the prevention, diagnosis, and treatment of human diseases.

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The potential impact of gut microbiota on your health: Current status and future

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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



#### Why is the Phyto-Tech™ Holy Basil liquid filled veggie cap standardized to 20-8-8-5?

Holy Basil contains numerous polyphenols such as eugenol, ursolic acid and rosmarinic acid that act as powerful antioxidants to fight free radicals and protect cells from oxidative damage. These compounds also fight inflammation and inhibit production of cyclooxygenase-2 (COX-2) enzymes. A study published in Phytomedicine measured the activity of Holy Basil's phenolic compounds and found the COX-2 inhibitory activity of the compounds to be comparable to ibuprofen, naproxen and aspirin. Holy Basil is therefore indicated for relieving inflammation and pain caused by arthritis, tendonitis, bursitis, sports injury and physical overuse.

#### **Hoodia Gordonii 1:4**

#### **Tested Authentic**

#### A South African herb thought to support healthy weight by decreasing food cravings.

1 fl oz Liquid drops - Product Code: 57017 60 Liquid Filled Veggie Caps - Product Code: 57050 60 Veggie Caps - Product Code: 60133 According to many experts, many products now on the market claiming to contain Hoodia may be mislabeled. Here is advice from Mitch Coven, Medical Herbalist: "Consumers should use caution when purchasing products that claim to be true Hoodia Gordonii. Several Hoodia products on the market are made of cactus-like material and contain no P57 [P57 is a steroidal glycoside thought to be the active ingredient of Hoodia] or any other active appetite suppressing substance. The 20:1 claims that many companies use for their Hoodia products are false. These products are not concentrated extracts. Their claim of 20:1 is a fresh to dry down ratio of raw material. Their 20:1 claims are just dry raw material. Additionally, many 20:1 Hoodia claims are actually adulterated material with prickly pear cactus, maltodextrin

and sand. Many fail independent lab tests. Consumers should demand to see 3rd party authentic test results on the current lot numbered batch. Authentic Hoodia must also be accompanied by an international CITES certificate for validation. Since Hoodia is endangered, the South African government carefully allows only a small amount of Hoodia to be harvested in order to protect it. The CITES certificate with a current date shows that the batch is authentic and not an illegally harvested batch. Consumers should insist on seeing this document which responsible manufacturers will always have and gladly show."

Willner Chemists Phyto-Tech™ Hoodia Gordonii 1:4 is tested authentic and certification to this effect is available on

#### Who can benefit from this supplement?

• Those who are overweight and suffer from excessive food

#### Complimentary Formulas:

• Phyto-Tech™ Green Tea Guo.

Phyto-Tech™ Hoodia Gordonii 1:4 is available in liquid herbal form (drops) and in liquid filled veggie caps. Each capsule or 30 drops of liquid contains 250 mg of Hoodia gordonii Aerial Parts, tested authentic.

Also available in a veggie cap, with each Phyto-Tech™ Hoodia capsule containing 250 mg of "selectively imported South African Hoodia gordonii Aerial Parts." (Product code: 60133)

#### **Immune Acute Complex**

A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention

Liquid Herbal Formula - 1 fl oz - Product Code: 57728

Fresh Ground Veggie Caps 90 Veggie Caps - Product Code: 67470

#### Who might benefit from this herbal supplement?

- Those who sense the onset a cold, flu or similar condition.
- Those who need an immediate boost to their immune

#### Ingredients & Dosage (Liquid Herbal Formula):

Each serving of Phyto-Tech™ Liquid Immune Acute Complex (30 drops) contains the following: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angusifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13 mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5 mg, Deionized Water, Grain Alcohol.

Dosage: 30 drops, 1-2 times per day or as needed in juice or water. Increase frequence when needed. Shake well before

#### Ingredients & Dosage (Veggie Cap):

Each serving (2 veggie caps) of Phyto-Tech™ Immune Acute Complex Capsules provides the following: Veggie Cap: 250mg Organic Astragalus Root, 150 mg Organic Echinacea angustifolia Root, 140 mg Organic Garlic Bulb, 80mg Organic Maitake Mushroom, 80mg Organic Shitake Mushroom, 50mg Forsythia Fruit, 50mg Honeysuckle Flower, 50mg Isatis Root, 10mg Beta Glucan 3/6/9.

Dosage: 2 veggie capsules, 1-2 times per day or as needed. Increase frequency when in need

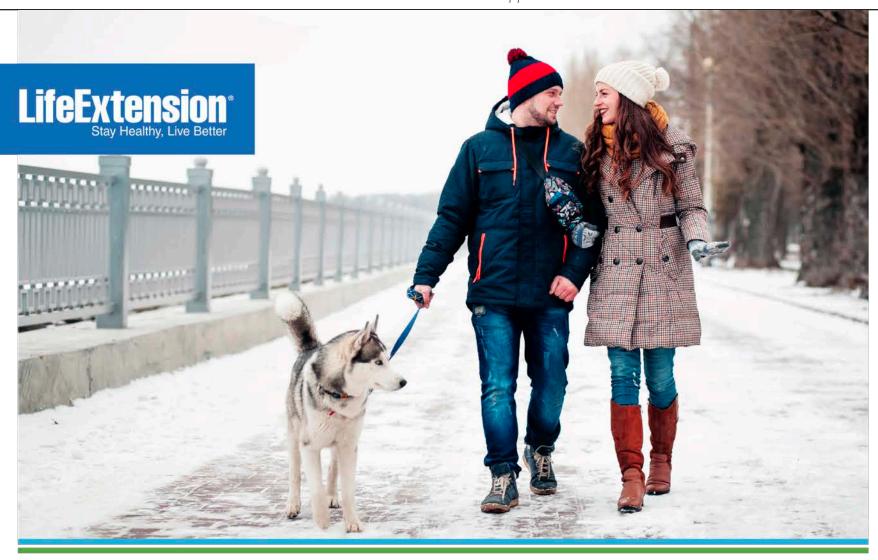
This formula is designed to address all aspects of deep immunity. Deep immunity references that not only does it strengthen initial immune response via circulating white blood cells in the blood, but it also stimulates white blood cells in the lymph which are secondary and a deeper

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43652 28328 17634 17635 17636 27585 17638 17627 65286 17640 17734 17732 17639 17641 17642 17652	COMFREY ROOT COPTIS EXTRACT CRAMP BARK DAMIANA DANDELION DANDELION ROOT DEVILS CLAW DONG QUAI DRAGONS BLOOD ECHIN GLYCERITE A/F ECHIN SUPER ECHINACEA ELDER ELECAMPANE ELECAMPANE ELECTION SUPER ELECAMPANE ELECTION SUPER ELECAMPANE ELECTION SUPER ELECAMPANE ELECTION SUPER	1	LIQ LIQ LIQ	14.00 13.99 13.99 53.20 15.00 14.00 53.20 13.99 48.99 14.99 13.99 11.70	10.39 11.20 11.19 11.19 42.56 12.00 11.20 42.56 11.19 39.19 11.99 11.19 9.36 11.20	17691 17692 54762 17693 22031 55534 33638 33795 17697 17700 33864 33642 17702 17675 17706	MOTHERWORT MULLEIN FLOWER MULLEIN GARLIC MYRRH EXT NERVOUS SYSTEM TONIC NETTLE BLEND NEUTRALIZING CORDIAL OLIVE WHOLE LF EXT OREGON GRAPE PASSION FLOWER PAU D'ARCO PAU D'ARCO PEPFEMINIT SPIRITS PERIWINKLE PHARMA KAVA PLANTAIN	12 12 12 12 12 12 12 12 12 12 12 12 12 1	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	14.00 12.99 14.00 53.20 13.99 12.50 13.99 13.99 53.20 13.99	10.23 11.20 10.39 11.20 11.20 42.56 11.19 10.00 11.19 42.56 11.19 10.00 13.59 9.60		VEIN HEALTH TONIC HR VIOLET WARMING CIRCULATION WHITE OAK WILD YAM WILLOW BARK WILLOW BARK WILLOW MINOR PAIN RESP WITCH HAZEL YARROW YARROW YELLOW DOCK YERBA MANSA YOHIMBE DROPS YUCCA ALC FREE	1 Z 1 Z 1 Z 4 Z 1 Z 1 Z 1 Z 4 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	13.99 11 13.00 10 13.99 11 13.00 10 42.60 34 12.50 10 14.00 11 13.49 10 47.50 38 12.99 10 13.00 10 16.39 13 60.80 48 14.00 11	440 3687; 19 3687; 40 3685; 00 3686; 20 3686; 79 3686; 39 3686; 40 3687; 11 3687; 64 3687; 20 3876;	HAIR COLOR MAH BLDE 7 HAIR COLOR MAH CHNT 4 HAIR COLR DK ASH BN 6C HAIR COLR DK GD BLN 6D HAIR COLR LT ASH BL 8C HAIR COLR LT ASH BL 8C HAIR COLR LT COP BN 8R HAIR COLR LT COP CT 5R HAIR COLR LT COP CT 5R HAIR COLR LT GD BND 8D HAIR COLR LT GD CHT 5D HAIR COLR LT GD CHT 5D HAIR COLR LT GD CHT 5D HAIR COLR LT MAH CT 5M HAIR COLR SWED BLN 10I HAIR COLR SWED BLN 10I SHAMPOO NORMAL	M 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39 17.99 14.39
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45045 17644	FENNEL		LIQ		10.39	17708	PRICKLY ASH		LIQ	12.50	10.00		ALOE FORCE JUICE HERB	33.	IIN	32.95 32.	95 4425	5 ALLERTONIC	6	SGC	27.98 23.78
17645	FENUGREEK CONC DROPS	12			11.19	17709	PROPOLIS	17			13.11		ALOE FORCE JUICE PURE	33.		31.95 31.			1		13.98 11.88
17646	FEVERFEW		LIQ		10.00	17720	PROSTATE HEALTH	17	LIQ	13.99	11.19	42912	ALOE FORCE SKIN GEL	4 Z	GEL	16.95 16.	95 2113		1	LIQ	13.32 11.32
59718	FLEXIBLE JOINT		LIQ		11.20	22041	RAPID IMMUNE BOOST	1 Z			11.19	HE	RBALIST ALCHEMIS	т			5583		1		13.32 11.32
24047	FUNGUS FIGHTER SPIL US		LIQ	13.99		17711	RED CLOVER	12			10.00		ANDROGRAPHIS		110	11.50 9.	60102		6		14.98 12.73
32923	GARLIC		LIQ		10.00	17712	RED RASPBERRY	17		12.00	9.60		COMFREY CALENDULA OINT	27		15.00 12.			6		27.98 23.78 14.98 12.73
17648 17649	GENTIAN Ginger		LIQ LIQ	12.50 13.99	10.00	23812 53203	RELAXING SLEEP TONIC RHODIOLA	17	LIQ LIQ		11.19 11.99	56319	HAWTHORN LIQ	8 Z		75.44 64.			1 12		14.96 12.73 48.98 41.63
17650	GINKGO BILOBA		LIQ	13.99		55181	RHODIOLA RHODIOLA ALCOHOL FREE	12			11.99		SEVEN PRECIOUS MUSHROM	27	LIQ	23.00 19.			6		27.98 23.78
66361	GINSENG ASIAN PANAX	12		29.99		17713	ROSEMARY		LIQ		11.19		SOLOMON SEAL			21.70 18.			6		27.98 23.78
21957	GOLDEN ECHINACEA		LIQ	13.99		17715	SAGE	17			11.19	णन	RBASWAY				5013		12		48.98 41.63
17654	GOLDENROD	1 Z	LIQ	12.50		17718	SARSAPARILLA	1 Z	LIQ	12.50	10.00						2168		2		25.98 22.08
17655	GOLDENSEAL		LIQ	16.39		26698	SAW PALMETTO	1 Z			11.19		BLUEBERRY MAGIC	27		26.69 21.	0 100		1		13.98 11.88
29412	GOOD MOOD TONIC		LIQ	13.99		17722	SHEPHERDS PURSE	1 Z	LIQ	12.50		29028	HERBAGREEN TEA Herbagreen tea hon lem	27	LIQ LIQ	26.69 21. 26.69 21.	2100		1		14.98 12.73
17657	GOTU KOLA		LIQ	13.99		17727	SPILANTHES	17			10.79	50804 50082	HERBAGREEN TEA PEACH	LEM 2 Z	LIQ	26.69 21.	2000		2		25.98 22.08
17661	HAWTHORN BLEND		LIQ LIQ	13.99 53.20		17716	ST JOHNS WORT	17	LIQ LIQ		11.19		LIVER ENHANCER			27.35 21.			6 4		27.98 23.78 46.98 39.93
34802 22034	HAWTHORN BLEND Healthy Heart Tonic		LIU LIQ	55.20 13.99		17717 28189	ST JOHNS WORT OIL Stone Breaker	17			11.19 11.99				LIU	27.00 21.	1776		1		29.98 25.48
22053	HERBAL ED'S SALVE		CRM	9.90	7.92	33098	STONE BREAKER FORMULA		LIQ	57.00		HE	RBATINT				3354		2		25.98 22.08
17664	HOPS		LIQ	14.00		17630	STONE RT (COLLINSONIA)		LIQ		11.19		APPLICATION KIT HERB HB	KIT	MIS	9.99 7.	99 5666		6		27.98 23.78
17665	HOREHOUND		LIQ		10.00	61424	STRESS MANAGER	17			11.19	65815		8.7	CRM	15.99 12.			1	LIQ	13.98 11.88
17666	HORSE CHESTNUT EXT	1 Z	LIQ	13.99	11.19	22039	SUGAR METABOLISM	1 Z		13.99	11.19	36845	HAIR COLOR ASH BLND 7C	4.5	LIQ	17.99 14.	2000		1	LIQ	13.98 11.88
17668	HORSETAIL		LIQ	13.99		32757	SUGAR METABOLISM	4 Z			42.56	36846 36847	HAIR COLOR ASH CHST 4C	4.5	LIQ	17.99 14.	01/0		6		27.98 23.78
17669	HYDRANGEA ROOT EXT		LIQ	13.99		17730	SUMA CONC DROPS	17		12.00		36848	HAIR COLOR BLACK 1N Hair Color Blonde 7N	4.5 4.5	LIQ Liq	17.99 14. 17.99 14.	2107		1		13.98 11.88
17670	HYSSOP		LIQ	13.99		24049	THROAT SPRAY STH PR EC	17			11.19	36849	HAIR COLOR BROWN 2N	4.5	LIQ	17.99 14.			2 6		25.98 22.08 27.98 23.78
22040	IMMUNE DEFENSE TONIC	17		13.99 13.99		17736 33640	THYME Thyroid Calm Bugl Moth	17	LIQ Liq		10.39 11.19	36850	HAIR COLOR CHESTNT 4N	4.5	LIQ	17.99 14.			1		27.96 23.76 14.98 12.73
28652 17680	INFLAMA RESP TURM CHAM Lemon Balm Blend	1 Z 1 Z	LIU LIQ	13.99		33040 45210	THYROID LIFTER NETT BL	17			11.19	36853	HAIR COLOR COP BLND 7R	4.5	LIQ	17.99 14.			2		25.98 22.08
22025	LIVER HEALTH		LIQ	13.99		17737	TURMERIC		LIQ		11.19	36852	HAIR COLOR COP CHST 4R	4.5	LIQ	17.99 14.			6		27.98 23.78
17683	LOBELIA		LIQ	12.99		22049	URIN SYST SUPP GLD HRS	12			11.19	36855	HAIR COLOR DK BLNDE 6N	4.5	LIQ	17.99 14.	39 2662 <sup>.</sup>		1		13.98 11.88
17684	LOMATIUM		LIQ	13.99		42161	USNEA	4 Z			38.00	36856	HAIR COLOR DK CHNT 3N	4.5	LIQ	17.99 14.	1000		1	. LIQ	14.98 12.73
22048	MALE SEXUAL VITALITY		LIQ	17.99		17738	USNEA	1 Z			10.00	36866	HAIR COLOR GLD CHNT 4D	4.5	LIQ	17.99 14.	TUU1		12		
17685	MARSHMALLOW	1 Z			10.39	17739	UVA URSI	1 Z			11.19	36858 36859	HAIR COLOR GOLD BLN 7D Hair Color Hney Bln 9n	4.5	LIQ	17.99 14.	2100		2		25.98 22.08
17687	MEADOWSWEET	12		13.00		17740	VALERIAN	17			11.19	36862	HAIR COLOR LT BLNDE 8N	4.5 4.5	LIQ Liq	17.99 14. 17.99 14.	2100		1		13.98 11.88
17689	MILK THISTLE	1 Z	LIU	14.99	11.99	17741	VALERIAN GLYCERITE A/F	12	LIQ	13.99	11.19	JUUUZ	HATH COLUIT IT DENUE ON	4.0	LIU	17.00 14.	39 5057	B LYMPHATONIC	6	SGC	27.98 23.78



## Convenient probiotic support for a healthy immune system.

Every year, millions of Americans have their immune systems put to the test. Now, the combination of specific probiotic strains in our new FLORASSIST® Immune Health formula can help promote your body's healthy immune response.

Scientists have discovered that a combination of specific probiotics can promote healthy levels of immunoglobulin A (IgA), an essential, naturally occurring compound.<sup>1,2</sup> IgA helps protect mucous membranes in the nose, throat, and respiratory system from year-round immune challenges and encourages your body's healthy immune response.

Try a probiotic that provides focused support for robust immune health, all year long. Add FLORASSIST® Immune Health to your daily health regimen today.

#### References

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- 2. Immunity & Ageing. 2015;12(1):1-11.







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#### Stay Healthy, Live Better

All Life Extension® products are formulated with premium-quality ingredients based on the latest scientific studies to help you achieve optimal health. These and other fine Life Extension products are available at Willner Chemists.

WSRAAV170201

#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements 🕏

immune response. It strengthens the immune system, protects against microbial invasion and attacks microbes that have taken residence in the body. Immune Acute Complex can be used for those wanting to avoid getting sick or those trying to push an illness out of the body. It has broadspectrum effects that stimulate immune activity, modulate the immune system, fight bacterial and viral conditions, and open up nasal passages. It is also an excellent tonic for those who are prone to getting colds and flu, and can be used in acute situations when the immune system needs an extra boost. It can also be used by those with chronic infections to strengthen and rebuild the immune system and protect against further immune breakdown.

Astragalus, Maitake, and Shiitake are well known for their ability to stimulate deep immunity. They are great for those prone to getting sick or those who have chronic immune deficiency that needs support. Astragalus contains polysaccharides, saponins, flavonoids, and phytosterols which contribute to its immune enhancing affects. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. One of the most active constituents in Maitake and Shiitake mushroom is believed to be a beta glucan polysaccharide that powers up the immune system. Beta glucan, which can also be derived from yeast, acts as a "biological defense modifier" to stimulate and modulate various immune responses. It has been heavily researched for its immune enhancing properties and its ability to activate macrophage immune cells, NK-Cells, T-Cells, B-Cells, and cytokines. A study from Harvard Medical School found animals treated with beta glucan were more resistant to bacterial, viral, and fungal inundation. Beta glucan treatment stimulated proliferation of white blood cells and increased phagocytic macrophage activity. A concentrated beta glucan extract is added to Immune Acute Complex to further increase the formula's immune enhancing properties.

Echinacea excites the immune system to fight off microbes before they dominate an organ system and create illness. Numerous studies show Echinacea to have positive effects for colds, flu, and upper respiratory tract infections. It stimulates phagocytosis and helps ward off oncoming infections. As a long-term tonic it can boost immunity and help rebuild a healthy immune response.

Forsythia Fruit, Honeysuckle Flower, and Isatis Root are traditional Chinese herbs used to help the body to resolve illness and clear toxins. These herbs are powerful anti-virals and are extremely effective in the early stages of colds and flu

Licorice is added as an expectorant to thin mucus in the lungs to clear congestion. It brings down inflammation and soothes sore throats

Colloidal Silver has been used throughout history as an antibiotic and disinfectant. It destroys the enzymes responsible for oxygen metabolism in bacteria, viruses, and fungi, thus cutting off oxygen to these harmful pathogens and suffocating them. Colloidal Silver kills bacterial, viral, and fungal organisms upon contact, yet leaves the good bacteria in the body unharmed.

Garlic also acts as a natural antibiotic and antiviral agent. It fights chronic or recurrent infections and is indicated for those with low resistance to infection. It has a long history of relieving the symptoms of upper-respiratory illnesses, and can bring down inflammation in the mucus membranes of the nose and throat.

Eucalyptus Oil and Menthol Crystals are airborne aromatics added to the formula to clear the sinuses and open up breathing. Their soothing vapors stimulate the opening of respiratory and nasal passages, improving airflow and encouraging the release of mucus.

Contra-indications and Cautions: Pregnancy and Nursing, High blood pressure, Prescriptions blood thinners

#### References:

For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Immune Acute Complex", or use this url: http://www.willner.com/article.aspx?artid=239

#### **Immune Complex**

Supports healthy immune system function, especially on a long-term and preventive basis.

1 fl oz - Regular - Product Code: 57003 1 fl oz - Alcohol Free - Product Code: 57033

#### Who can benefit from this product?

- Those who have a tendency to catch whatever "bug" is going around
- Those who have frequent and long-lasting bouts of cold and flu, and those with any chronic immune deficiency problem.

#### Description:

Phyto-Tech™ Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy. This is not intended for use after you have come down with the cold, flu or similar condition. In that case, use one of the "acute" formulas, such as Phyto-Tech™ Echina Acute

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

## healthnotes

## **B-Vitamin Deficiency and Depression**

Vitamin B12 and other B-vitamins play a role in producing brain chemicals that affect mood and other brain functions. Recent evidence suggests a link between the nervous system and the immune system, and that the immune system plays a significant role in depression.

Doctors reviewed studies from the years 2008 through 2016 on B-vitamins, the immune system, inflammation, and the links between these and depression. Overall, there is a clear link between B-vitamins, the immune system, and depression. Low levels of vitamins B1, B2, B3 (Niacin), B6, B9 (Folic Acid), and B12 are common in depression.

One of the major findings was that, in fact, B-vitamin supplementation reduced depressive symptoms!

Doctors also discovered a link between proinflammatory profiles and depression, and that anti-inflammatory nutrients improve depression outcomes.

Discussing the findings, doctors said, "It is clear that deficiency in B-vitamins results in symptoms of depression that affect the health and well-being of individuals."

So much for the "expensive urine" pundits! (Reference: Maturitas; February, 2017, Vol. 96, 58-71)





#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements ?



#### Complex.

#### **Ingredients:**

Phyto-Tech™ Immune Complex contains the following herbs: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root.

#### **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Ginseng Energy Blend, when fatigue and low energy present.
- Phyto-Tech<sup>™</sup> Astragalus Root 1:3, for added immune support.
- Phyto-Tech™ Oregano Oil 70, for added immune support in acute conditions.
- $\bullet$  Phyto-Tech  $^{\scriptscriptstyle\mathsf{TM}}$  Respiratory Complex, when congestion is present.
- Phyto-Tech™ Echina Acute Complex, for added immune support in acute conditions and when thick, discolored mucus is present.
- Phyto-Tech™ Elderberry 1:2, especially for viral infections.
- Phyto-Tech™ Immune Complex comes in a regular (alcohol) version and an alcohol free version.

#### Kava Root 1:2

#### Kava Root 75 Standardized

Long known around the world as an inducer of deep physical and mental relaxation, Kava is now considered a useful herb for calming and anxiety.

1 fl oz - Regular Liquid Herbal - Product Code: 56947 1 fl oz - Alcohol Free Liquid - Product Code: 56975

#### **Kava Root 75**

60 Liquid Filled Veggi Caps - Product Code: 57049 Phyto-Tech™ Kava - 90 Veggie Caps - Product Code: 60341

#### Who can benefit from this supplement?

• Those with anxiety, mild depression, ADHD and insomnia related to an over active mind.

#### **Ingredients:**

Phyto-Tech™ Kava Root 1:2 is available as a liquid extract, alcoholic and alcohol free, as well as a standardized liquid filled Veggie Cap. The liquid contains 500 mg of Kava per 30 drops. The liquid filled Veggie Cap is standardized to 75 mg Kavalactone per capsule (approximately 1,500 mg Kava). Also available in a vegetarian capsule form.

Each Phyto-Tech™ veggie cap contains 380 mg selectively imported Vanuatu Kava Root.

#### **Lemon Balm 1:2**

1 fl oz - Product Code: 57057

#### **Licorice Root 1:3**

Licorice is best known as a tonic for the adrenal gland, useful for those with fatigue or under stress.

1 fl oz - Product Code: 56986

#### Who can benefit from this supplement?

• Those suffering from adrenal fatigue, stress, inflammatory conditions, gastric ulcers and lung congestion.

Licorice helps a stressed adrenal gland maintain its' production of adrenaline, cortisone and aldosterone, the hormones normally secreted by the adrenal gland. Aldosterone affects the body's ability to hold more water, and maintains normal hydration. Licorice also increases cortisol levels, thus helping to reduce inflammation. This can be helpful in conditions as varied as asthma, psoriasis, hepatitis, lupus, MS, arthritis, eczeme and other auto immune disorders. Licorice is also thought to have a synergistic action in herbal mixtures, and is commonly used, in small quantities, in herbal blends, especially in traditional Chinese medicine.

#### Ingredients:

Phyto-Tech™ Licorice Root 1:3 contains 333 mg/ml (30 drops) of certified organic licorice root, along with pure grain

alcohol and deionized water.

#### Dosage:

20-40 drops, 2-3 times per day or as neededl, in juice or water

Cautions: Do not use during pregnancy or nursing; long term use might possible cause water retention and/or edema; theorectically, could increase blood pressure at higher doeses and over long term use.

#### **Liver Support**

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

1 fl oz - Regular (alcoholic), Product Code: 56948 1 fl oz - Alcohol Free, Product Code: 56971

#### Who can benefit from this supplement?

- Those who feel they would benefit from:
  - a systemic cleansing stimulant
- a specific liver function stimulant
- protecting the liver from exposure to toxins
- skin cleansing via liver detox
- bile stimulation

In many medical approaches, the liver is central to a myriad of health problems.

Phyto-Tech™ Liver Support comes in a liquid herbal form, regular and alcohol free, as well as a standardized liquid filled Veggie Cap. The latter is standardized to Silymarin content, and will be discussed in the next monograph.

#### **Ingredients**

The liquid supplement contains the following herbs: Fresh Dandelion Root, Red Root, Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Fresh Ginger Root, Fringe Tree Bark.

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33937 43021 21701 21700 28004	LYMPHATONIC A/F MENOPAUTONIC MOUTH TONIC MOUTH TONIC MULLEIN GARLIC EAR DRP	60 2 Z 1 Z	LIQ SGC LIQ LIQ LIQ	14.98 27.98 25.98 13.98 13.98	23.78 22.08 11.88	21476 21477 21478 21479 21480	PARASITES POLLUTION AIR POLLUTION ENVIRONS RADIATION BICKETTSIA	4 Z 4 Z 4 Z 4 Z 4 Z	LIQ LIQ LIQ LIQ LIQ	19.00 19.00 19.00	15.20 15.20 15.20 15.20 15.20	24730 55324 51916 26540 66084	NERVE TONIC RESTFUL LEGS SILICA 6X 1000 SILICEA 6X SLEEP TABS	500 50 100 500 100	TAB TAB TAB TAB TAB	16.29 11.99 22.29 12.49 11.79	9.59	54415 58144 64117	TOTAL FORMULA 3 NO FE I TRI MAGNESIUM UBOH 100 MG Zinc Catnosine	60 90 60 60	VCA SGC	14.60 12.41 19.80 16.83 55.00 46.75 35.80 30.43
21703 20940 21705 21706 21711 21710 50143 50144 17767	NERVINE TONIC OSHA ROOT OSHA ROOT COUGH SYRUP OSHA ROOT THROAT SYR RESPIRATONIC RESPIRATONIC SINGER SAV GRC CIT HON SINGER SAV GRC PRF AF SINGER'S SAV GCE EXTRA	1 Z 1 Z 2 Z 4 Z 2 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	13.98 14.98 9.98 14.98 25.98 13.98 14.98	11.88 12.73 8.48 12.73 22.08 11.88 12.73	21482	VIRUSES  INTE HEALTH  ALMOND GLO SK LOT ALM ALMOND GLO SK LOT JASM ALMOND GLO SK LOT LAVE ALMOND GLO SK LOT UNSC ANTIFUNGAL LOTION CASTOR OIL	8 Z 8 Z 8 Z 8 Z 8 Z 4 Z 16 Z	LOT LOT LOT LOT LOT LOT	9.99 9.99 9.99 9.99 9.99 10.99 9.99	7.99 7.99 7.99 7.99 7.99 8.79 7.99	57404 22281 IND 62064 62832 61974 64261 64421	SNIFFLES N SNEEZES 4 KD UPSET STOMACH  VATE RESPONSE F  ADRENAL RESPONSE B COMPLEX FLORA 200-14 7 DAY INT FLORA 20-14 ULTR STREN	125 100 ORMU 90 60 90 /7 60	TAB TAB  TAB TAB TAB TAB CAP CAP	9.39 11.79 79.95 36.95 38.95 32.96 42.96	7.51 9.43 67.95 31.90 33.10	57338 65150 68079 62658 57336 57341 57340 67833	VIN NATURALS  3 IN 1 CARB BLK PHAS 2 BRAIN AWAKE BRAIN AWAKE RED COLLAGEN PURE DEEP TIS GINKGO SMART FOCUS MEM GREEN TEA FAT METABOL LIVING GREEN MENS MULTI MULTI I ONLY W/O IRON	75 60 60 80 60 75 90	SGC SGC SGC SGC SGC SGC SGC	21.99 17.59 22.99 18.39 23.98 19.18 29.99 23.99 20.99 16.79 21.50 17.20 23.99 19.19 22.65 18.12
29785 17770	RITAGE STORE ALKA THYM MOUTHWASH ATOMIDINE	1 Z 1 Z 1 Z 1 Z 60	LIQ SPY LIQ LIQ SGC LIQ LIQ	14.98 13.98 14.98 27.98 15.29 18.69	11.88 12.23 23.78 12.23 14.95	30875 30876 30877 30878 30867 67369 55166 63957 55168	CASTOR OIL DEODORANT ROLL ON HERB DEODORANT ROLL ON JASM DEODORANT ROLL ON UNSC E OIL E OIL 45000 IU EYE CRM GOJI BERRY FACIAL CREMS EVERCLEN FACIAL CREMS GUJE BERRY	32Z 3 Z 3 Z .5Z 2 5 1 Z 5.8 4 Z	LIQ ROL ROL LIQ LIQ CRM LIQ CRM	7.99 7.99 7.99 7.09 13.99 18.99 14.99		66736 64900 61158 64254 64255 62248 65191 62655 62516	FLORA 5 14 COMPLE CARE FLORA 50 14 CLIN STREN IRON RESPONSE ONE DAILY CAP RENEWAL GREENS PWD THYROID REPONSE COMPLE VITAMIN C 400 WOMENS ONE DAILY WOMENS OVER 40 ONE DAI	60 60 90 60 300 90 180 60	CAP VCA TAB CAP PWD TAB TAB TAB	69.95 33.95	28.85 37.35 45.00 50.10 64.45 33.45	57343 57337 57335 67994 57333 64437 61171 67798 59998	POWER TO SLEEP PM SGC PROSTA STRONG SGC SKIN HAIR NAILS HEALTH STEEL LIBIDO STEEL LIBIDO STEEL LIBIDO FOR WOME STEEL LIBIDO RED STEEL LIBIDO RED STEEL LIBIDO RED STEEL LIBIDO RED	60 90 75 150 75 75 75 150	SGC SGC SGC SGC SGC SGC SGC	20.99 16.79 26.99 21.59 16.99 13.59 51.98 41.58 29.95 23.99 29.99 23.99 28.95 23.99 51.65 41.32 31.99 25.59
50951 17772 17773 64373 58206 29611 23512 29109 33257 36388	AURAGLOW MASSAGE ROSE CASTOR OIL LIQ 160Z CASTOR OIL LIQ 32Z H CASTOR OIL ORG GLASS CASTOR OIL ROLL ON COTTON FLANNEL 13X15 IPSAB GUM TREATMENT IPSAB TOOTH PWD IPSADENT MOUTHWASH MOUTHWASH HPM	16 32Z 16Z 3 Z 1 2 Z 4 Z 16Z	LIQ LIQ OIL OIL MIS LIQ PWD LIQ LIQ	10.45 11.09 17.69 17.99 7.19 14.69 12.79 8.79 14.09 9.19	14.39 5.75 11.75	51548 30899 30857 30864 30900 30883 30884 30889	HYALURONIC ACIO MOIST LAVENDER WATER MIST PSORIASIL BODY WASH PSORIASIS CRM ROSE WATER FLOWER MIST SHAMPOO EVERCLEAN UNSC SHAMPOO EVERCLEN DAND WOOL FLANNEL SMALL  MEOLAB	4 Z 8 Z 2 Z 8 Z 8 Z 8 Z 8 Z EA	CRM SPY LIQ CRM SPY LIQ LIQ PAD		15.99 7.19 11.19 12.39 7.19 7.99 8.79	55353 53184 60629 53813 63205 64149 56659 56591	ADREN PLUS ADREN PLUS ADRENAL COMPLEX ADRENAL CORTEX FRACT ADRENAL STRESS END ALPHA GLYCOSYL ISOQUER B COMPLEX ACTIVE B COMPLEX END FATIGUE B12 ACTIVE CHERRY FLAV	60 180 60 50 60 60 30	CAP CAP CAP CAP VCA VCA CAP CHW	25.00 29.50		JR	SUNNY MODD SYSTEM SIX TESTOSTERONE UP TESTOSTERONE UP RED TRIPLE DIET MAX ACCEL TRIPLE TEA FAT BURNER YOHIMBE PLUS LIGGETTS SHAMPOO BAR COCONUT	75 100 60 60 72 75 100	SGC SGC SGC GEL SGC	27.99 22.39 26.99 21.59 39.99 31.99 44.99 35.99 26.65 21.32 21.99 17.59 22.95 18.36
40241 22260 39241 66337 24865 21992 HIII	ROSE WATER ATOMIZER ROSEWATER GLYCERIN SPY ROSEWATER SER W11% HA SCARMASSAGE TRIMN WOOL FLANNEL 12X27 VIALAYA BOTANICAL FACE WASH INVIGORATING	8 7 8 7 4 7 2 7 3 7 1 -S	SPY LIQ SPY SPY LIQ PIE	10.29 9.19 7.69 24.99 11.69 13.39	8.23 7.35 6.15 19.99 9.35 10.71	27473 27493 28538 27485 28544 28545 27480 28547 28549	ANXIETY STRESS DROPS ARNICA + PAIN RELIEF ARTHRITIS DROPS CALCIUM COLLOIDAL CALENDULA + FIRST AID CANDIDA YEAST DROPS CHROMIUM COLLOIDAL COPPER COLLOIDAL	1 Z 50G 1 Z 100 50G 1 Z 100	LIQ LIQ CRM LIQ LIQ CRM LIQ LIQ	11.97	9.86 9.86 7.19 9.86 10.77 7.19 9.86 10.77	54811 53192 45458 55114 53684 66439 52405 58683 56813	BERBERINE COMPLEX BETAINE HCL 650 MG BIO ZYME BIOTIN FORT 3MG W/ZINC BLUE HERON CAL MAG ORANGE VAN 2:1 CALCIUM D GLUCARATE CELL FORTE MAX 3 CELLULAR FORTE IP 6 IN	90 250 200 60 120 16Z 90 120	VCA CAP TAB TAB CAP LIQ CAP CAP	28.00 36.20 40.00 12.00 22.90 22.00 36.40 36.50 25.50	23.80 30.77 34.00 10.20 19.46 18.70 30.94 31.02 21.67	62590 67924 51008 62585 <b>JA</b> 31838 31837 56423	SHAMPOO BAR HERBAL SHAMPOO BAR JOJO & PEP SHAMPOO BAR ORIG SHAMPOO BAR TTO RROW FORMULAS 5 HTP 100 MG 5 HTP 50 MG 7 KETO DHEA 100 MG	3.5 3.5 3.5 3.5 3.5 90	BAR BAR BAR BAR CAP CAP	7.49 5.99 7.99 5.99 7.49 5.99 7.49 5.99 27.95 22.36 20.95 16.76 21.95 17.56
	FACE WASH NEEM TURMERC I F BALIM INHALE EXHALE WARMING BODY BALM WALAYA HERBAL HE AMLA C ARJUNA ASHWAGANDHA BACOPA 250 MG BACOPA 250 MG		CAP CAP CAP CAP CAP CAP CAP CAP	18.95	15.16 15.16 17.56 19.96	27475 28551 68128 65788 27495 28555 52304 67581 67580 28566	COUGH & COLD BROPS COUGH & COLD SYRUP COUGH & COLD SYRUP HYPERICUM PERF CRM INSOMNIA DROPS IODINE COLLOIDAL KIDS 0-9 TEETHING ORAL NEW ITEMS NEW ITEMS SELENIUM COLLOIDAL	1 Z 250 100 100 1 Z 100 25M EA EA 100	LIQ LIQ CRM LIQ LIQ LIQ	8.99 28.60	9.86 8.68 7.19 20.65 9.86 10.77 7.19 28.60 17.20 9.90	56812 52472 53864 56394 54799 57788 52529 56816 54865 64696	CELLULAR FORTE IP 6 IN CLINICAL NUTR 45 + WOM CLINICAL NUTRIG GLUCO IT CLINICAL NUTRIEN WOMEN CLINICAL NUTRIENS MEN COO10 100 MG SGC COO10 200 MG CHW MAPLE CORTISOL MANAGER CORTISOL MANAGER CORTISUE	240 180 90 90 90 60 30 90 30	TAB TAB TAB TAB TAB SGC CHW TAB TAB TAB TAB TAB		28.47 28.05 20.40 20.40 34.00 51.00 55.25 20.74	56805 29951 40671 53177 67159 51313 42173 23113 67420 36755	ACETYL CARNITINE 500 ACETYL L CARNITINE 250 ACETYL L CARNITINE 250 ADRENAL OPTIMIZER AHIFLOWER OIL 750 VEGN ALCA 500 W/LIP ACID ALPHA GPC 300 MG ANTIOXIDANT OYNEGAR OG ARGINE 1000	120 60 120 120 60 100 60 90 16Z 100	LIQ	38.95 31.16 15.95 12.76 23.95 19.16 25.95 20.76 22.95 18.36 39.95 31.96 39.95 31.96 23.95 19.16 7.95 6.36 17.95 14.36
58512 45217 45273 68138 66868 45218 65228 29477 62074	BITTER MELON BOSWELLIA CHYAVANPRASH COMFORT CLEANSE CURCUMIN COMPLETE KIT GARCINIA GARCINIA GASTRICARE GLUCOCARE	60 60 60 60 KIT 60 120 /60	CPL CAP CAP VCA KIT CAP CPL VCA VCA	18.95 14.95 13.95 20.95 39.95 18.95 34.95 20.95 43.95	15.16 11.96 11.16 16.76 31.96 15.16 27.96 16.76 35.16	28567 27499 27482 HO 34480 17779 30551	SILICA COLLOIDAL SMOKING WITHDRAWAL WEIGHT CONTROL DROPS USTON HERBAL TEA DAILY DETOX APPLE CINN DAILY DETOX HERB TEA	100 1 Z 1 Z	LIQ LIQ LIQ BAG BAG	11.00 10.95 10.95 11.95 11.95 11.95	9.90 9.86 9.86 9.55 9.55	56819 63538 54257 52398 52417 66166 52249 53372 52240	CURCUMAX CURCUMAX PRO D3 1000 IU DETOXICATION FACTORS E H B ENTEROGENIC INTENS 100 ESKIMO 3 SGC ESKIMO PUREFA 1000 MG FOLIPLEX W/B12	60 60 90 120 60 30 105 150	CAP TAB TAB CAP CAP CAP SGC SGC TAB	38.50 46.00 8.30 64.00 21.80 50.00 19.90 40.00 22.10	32.72 39.10 7.05 54.40 18.53 42.50 16.91 34.00 18.78	38642 50091 61020 59891 23418 67956 67226 51304 67103	ARTICHOKE 500 MG ASHWAGANDHA EXT 300 MG ASTAXANTHIN 12 MG ASTAXANTHIN 4 MG B RIGHT BABY DROPS 8 ML BEAUTYSIL HAIR & NAILS BETA GLUCAN 250 MG BEYOND BONE BRO	180 120 30 60 100 8ML 60 60	CAP VCA SGC SGC CAP DRP TAB CAP PWD	30.95 24.76 22.95 18.36 27.95 22.36 21.95 17.56 24.95 19.96 15.95 12.76 23.95 19.16 39.95 31.96 31.95 25.56
29474 45219 43114 41520 57358 45274 29469 54089 29470 63227	GLUCOCARE GUDUCHI GUGGUL GYMNEMA 250 MG HEARTCARE HOLY BASIL LAXACARE LIVERCARE LIVERCARE MENO CARE	60 240	VCA CAP CAP CPL VCA TAB CAP VCA CAP VCA	24.95 14.95 15.95 19.95 39.95 20.95 20.95 44.95 27.95 25.95	11.96 12.76 15.96 31.96 16.76 16.76 35.96 22.36	58524 55088 67945	CONDITIONER HYDRAME HYDRAME SKIN LOTION HYDRAMY FACE ARGAN OIL  LANDS HOMEOPATH ALLERGY 4 KIDS CILLERGY RELIEF 4 KIDS ALLERGY RELIEF TAB ARNICA 30X TAB	87 27 IIC	LIQ LOT CRM LIQ TAB TAB TAB	9.95	13.95 9.95	54416 62892 64357 58841 52239 57382 44696 54024 67338 52526	GABA 750 MG GLUTAMINE FORTE PWD GLYCATION MANAGER GLYCEMIC MANAGER INDOLPLEX ITI WOMAN IVY CALM 100 ML K PAX MITONUTRIENTS KREBS MAG POT CHELATES	60 7.1 60 60 60 90 60 100 120	CAP PWD CAP TAB CAP SGC CAP LIQ TAB TAB	69.50	44.62 39.10 20.40 38.93 18.70 27.20 6.80	40435 41945 66124	BEYOND BONE BRO CHICK BIFIDUS BALANCE BILBERRY80 + GRAPESKIN2 BILE ACID FACTORS BIOTIN 5 MG BITTER MELON EXT WILD BLACK CURRANT + LUTEIN BLACK CURRANT 200 VCAP BONE UP BONE UP	10. 100 120 90 100 60 60 120 240	CAP CAP CAP CAP TAB SGC	31.95 25.56 17.95 14.36 39.95 31.96 32.95 26.36 15.95 12.76 24.95 19.96 29.95 23.96 21.95 17.56 16.95 13.56 28.95 23.16
66778 29471 39457 39458 45275 45220 64768 29475 51178	MENSTRICARE MINDCARE MINDCARE MINDCARE JR MUCUNA NEEM PROSTACARE PROSTACARE SHATAVARI	120 60 120 120 60 60 240 120	VCA TAB TAB TAB TAB CAP TAB TAB	30.95 22.95 39.95 20.95 18.95 16.95 48.95 27.95 18.95	24.76 18.36 31.96 16.76 15.16 13.56 39.16 22.36 15.16	27798 26261 24232 29617 64835 24455 57497 24940 45284	ARNICA MONTANA 30X ARNICA MONTANA 6X ARNICA SPRAY LOT BIOCHEMIC PHOSPHATES BIOCHEMIC PHOSPHATES HY BIOPLASMA BUG BITE OINTMENT C 25 MG BABY TAB CALC FLUOR 6X	250 250 4 Z 500 000 000 .26 125 000	TAB TAB LIQ TAB TAB TAB STK TAB TAB	9.49 9.49 12.99 14.39 20.99 20.89 9.19 10.99 22.29	7.59 7.59 10.39 11.51 16.79 16.71 7.35 8.79 17.83	52920 61704 59016 53236 53751 52663 53771 53322 53498 50533	LAVELA WS 1265 LAXATIVE FORMULA LIPASE CONCENTRATE HP LIPOTROPIC COMPLEX CAP MAG MALATE 100 MG MERCURY DETOX MILK THISTLE X SUPER N A C 600 MG NUTRIVITAMIN NO FE CAP	90 90 90 90 90 60 120 60	SGC TAB CAP CAP CAP CAP CAP CAP	35.00 14.00 22.50 20.50 17.60 33.40 39.90 16.70 42.00	29.75 11.90 19.12 17.42 14.96 28.39 33.91 14.19	59191 65831 67656 61851 34368 54418 24803 23128 30155	BONE UP BONE UP PWD ORANGE BONE UP THREE PER DAY BONE UP THREE PER DAY BONE UP ULTRA BONE UP ULTRA BONE UP VEGTARIAN BORAGE OIL GLA 240 BORAGE OIL GLA 240	360 13. 180 90 120 240 120 60	CAP PWD Cap Cap	39.95 31.96 39.95 31.96 36.95 29.56 19.95 15.96 31.95 25.56 45.95 36.76 18.95 15.16 16.50 13.20 29.95 23.96
29468 54090 64992 65842 51179 65230 62583 65231 29467 29476	STRESSCARE STRESSCARE TRIBULUS TRIKATU TRIPHALA TRIPHALA 250 MG TURMERIC TURMERIC TURMERIC 250 MG VIRICARE VEINCARE	30 60 30 120 60	VCA VCA CPL CPL CAP CPL VCA VCA VCA TAB	27.95 44.95 25.95 15.95 18.95 10.95 29.95 18.95 20.95 20.95	35.96 20.76 12.76 15.16 8.76 23.96 15.16 16.76 16.76	25032 25483 45286 26535 63431 18559 18561 66167 57399	CALC FLUOR 6X CALC PHOS 6X CALC PHOS 6X CALC SULF 6X CALM 'N RESTFUL 4 KIDS CALMS CALMS FORTE CALMS FORTE CALMS FORTE COLD N COUGH 4 KIDS COLD TABS TINY BABY	500 500 000 500 125 100 100 50 4 Z 125	TAB			55984 52985 53026 52056 52281 54689 60070 57682 52345 60742	OSTEOPRIME FORTE CAP IT OSTEOPRIME ULTRA OXYPERM PANPIEX 2 PHASE PARA GARD PERMEABILITY FACTORS PHOS SERINE PRO FLORA PEARLS CONC PROBIOTIC PEARLS PROS FORTE	120 120 90 180 120 90 60 90	CAP TAB CAP TAB CAP SGC SGC CAP PRL SGC	22.00 28.00 43.10 43.40 60.30 40.70 46.00 49.95 40.00 38.00	23.80 36.63 36.89 51.25 34.59 39.10 42.45 34.00 32.30	58178 39507 50465 30012 45674 40562 50302 56706 43844 23391	BROWN RICE PROT VAN CAL MAG CITRATES CARNITIALL 600 + + CARNITINE 500 LIQUICAP CARNITINE 500 MG TARTR CARNITINE 500 TARTRATE	60 120 60 60 1LB 90 90 100 180	TAB VCA CAP CAP CAP	25.95 20.76 15.95 12.76 26.95 21.56 16.95 13.56 22.45 17.96 10.95 8.76 28.95 23.16 32.95 26.36 58.95 47.16 22.95 18.36
41277 56832 41278	VIGOR CARE MEN  MALAYAN INSTITUE  NETI POT CERAMIC  NETI POT ECO UNBREAK  NETI WASH PLUS  DEON  ADAPTOSODE FOR STRESS  ADAPTOSODE RR	P 1EA EA 27	MIS MIS LIQ	25.95 16.99 11.99 15.59 19.00 19.00	13.59 9.59 12.47	61422 65299 61289 61287 26542 66351 26538 26539 26536 24233	COLIC TABS BABY DEFEND COUGH DIAPER OINTMENT BABY EARACHE DROPS INFANT FERRUM PHOS GX GAS KALI MUR GX KALI PHOS GX KALI SULPH GX LEG CRAMPS #22	125 4 Z 2.5 .33 500 100 500 500 100	TAB LIQ ONT DRP TAB TAB TAB TAB TAB	13.39 9.39 9.79 11.19 12.49 11.79 12.49 12.39 15.59	10.71 7.91 7.83 8.95 9.99 9.43 9.99 9.91 12.47	53464 53238 54016 59171 53844 52525 52399 53818 55786	RECANCOSTAT 400 MG RECANCOSTAT POWDER RESVERATROL ULTRA RESVERATROL ULTRA HIGH RF PLUS SIMILASE SIMILASE SIMILASE SIMILASE BV SIMILASE GFCF SIMILASE JR	60 56G 90 60 180 180 90 90		107.50 137.00 24.50 44.00 48.80 43.70 23.50 28.10 25.00 25.40	116.45 20.82 37.40 41.48 37.14 19.97 23.88 21.25	23392 38261 39090 43873 33664 27504 37751 34648 59585 62629	CARNITINE 500 TARTRATE CARNITINE LIQ 1000 LL CARNOSINE 500 MG CAROTENALL CHLORELLA PWD (YAEYAMA) CHLORELLA YAEYAMA CAP CHRYSIN 500 CITICHOLINE 250 MG CITICULINE 250 MG CITICULINE 250 MG CITICUS BERGAMOT EXT	100 16Z 90 60 100 150 30 60 120		41.95 33.56 22.95 18.36 52.95 42.36 27.95 22.36 15.95 12.76 16.95 13.56 29.95 23.96 33.95 27.16 57.95 46.36 42.95 34.36
21465 21466 21462 28941 21467 21469 21470 21471 21473	ALLERGENS ANTIGENS BACTERIA BIOSODE SUPPORT BIOSODE SUPPORT CHEMICALS DENTALS FOOD ADDITIVES 1 FOOD ADDITIVES II	4 Z 4 Z 8 Z 4 Z 4 Z 4 Z 4 Z 4 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 19.00 19.00 29.00 19.00 19.00	15.20 15.20 15.20 23.20 15.20 15.20 15.20 15.20 15.20	44994 58345 26260 50206 43237 42720 57402 57231 26721 41620	LEG CRAMPS OINTMENT LEG CRAMPS PM W/QUININ MAG PHOS 6X MAG PHOS 6X HYL/1000 MENOPAUSE MIGRAINE HEAD RELIEF MOTION SICKNESS TAB MUSCLE THERAPY GEL NAT PHOS 6X NATRUM MUR 30 X	2.5 50 500 000 100 60 50 3 Z 500 500	ONT TAB TAB TAB TAB TAB TAB GEL TAB	12.69 13.89 12.49 22.29 11.79 9.19 8.69 9.59 12.49	10.15	53750 52600 60356 52416 54534 52716 53399 52011 52533 62885	SIMILASE LIPO SIMILASE SENSIT STOM SIMILASE SENSITIV STOM SIMILASE SENSITIV STOM SLF FORTE SPECTRA 303 T SPECTRA 7003 T SPECTRA PROBIOTIC W/CO SPECTRUM 2C NO IRON SUPER IMMUNO TONE TESTOSTERONE FORMULA		CAP VCA VCA CAP TAB TAB CAP CAP	27.50	23.37 33.83 17.59 24.73 42.41 14.70 25.92 36.12 22.52	36248 35028 58065 52490 33211 61854 45669 67419 66721	CILA 750 TONALIN CMO TRUE 380 MG COCONUT OIL EXTRA VIRG COCONUT OIL EXTRA VIRG COCONUT OIL ORGANIC COCONUT OIL ORGANIC COCONUT OIL ORGANIC COCONUT OIL TRUE COLLAGEN FISH TYPE I COLLAGEN OPTIMIZER PWD COLLAGEN TYPE II	100 60 120 327 167 327 167 180	SGC CAP SGC LIQ LIQ LIQ TAB PWD	22.95 18.36 25.95 20.76 16.95 13.56 28.50 22.80 11.95 9.55 20.50 16.40 16.95 13.56 24.95 19.96 24.95 23.96 20.95 16.76
	NEMATODES OS	4 Z 4 Z	LIQ LIQ	19.00 19.00 29.00	15.20 15.20	26541 26543 57401	NATRUM MUR 6X Natrum Sulph 6X	500 500 100	TAB TAB TAB	12.49 12.49 10.79	9.99 9.99	57141 65876	THEANINE THERACURMIN HP THYROSINE COMPLEX	60 60 100	CAP VCA	19.50 53.00 21.00	16.57 45.05	34792 23886	COLOSTRUM PRIME LIFE COQ10 100 MG COQ10 100 MG Q ABSORB	120 60 60	CAP Cap	26.95 21.56 21.95 17.56 35.95 28.76



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#### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements Note: Phyto-Tech™ Liver Support formula is available in

four different forms: • Liquid Fluid Extract - 1 fl. oz.

Product Code: 56948 (see Liver Support)

- · Alcohol Free Fluid Extract 1 fl oz Product Code: 56971 (see Liver Support)
- Liquid Filled Veggie Caps 60 Caps
- Product Code: 57048 (see Liver Support Caps)
- Fresh Ground Powder filled VeggieCaps 90 Caps - Product Code: 67454 (see Liver Support Caps)

#### **Liver Support Caps**

Standardized, Liquid Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

60 Liquid Filled Veggie Caps - Product Code: 57048 This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a liquid filled Veggie Cap was developed, with added standardized Silymarin content.

#### **Ingredients:**

Each Phyto-Tech™ Liver Support Standardized liquid filled Veggie Cap contains the following: Silymarin, Standardized, from Milk Thistle) 80 mg., with Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Burdock Root, Dandelion Root, Red Root, Fringe Tree Bark

Cautions: see next Liver Support Capsules monograph.

#### **Liver Support Caps**

Standardized Powder Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

90 Veggie Caps - Product Code: 67454 This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a fresh ground, powder filled Veggie Cap was developed, with added standardized Silymarin content.

Each Veggie Cap contains: Oregon Grape Root, 100 mg, Milk Thistle Seed & Extract, 100 mg, providing 40 mg Silymarin, Yellow Dock Root, 75 mg, Dandelion Root, 75 mg, Burdock Root, 50 mg, Red Root, 25 mg. The veggie cap contains Modified Vegetable Cellulose (The herbs are organic or ethically wild harvested. 100% gluten free.

Take one capsule with water, 1-3 times per day, depending on the pace of the cleanse desired.

Indications: Phyto-Tech™ Liver Support can be used as a systemic (all over) cleansing stimulant, a specific liver stimulant to increase all liver function, a liver protectant, a treatment for liver stagnation or deficiency, skin cleanser via liver cleansing and a bile stimulant that will increase fat digestion and protein synthesis.

The amount of the active part of Milk Thistle, called Silymarin, is concentrated to a significant amount beyond what can be achieved in liquid extracts. Silymarin has been researched in numerous studies which show it protects the liver and helps regenerate healthy liver cells.

The liver is responsible for a majority of blood cleansing. By stimulating the liver with Liver Support, all the blood moving through the liver will get cleaned out on an accelerated level. At the same time Liver Support will help to prevent the liver from degenerating by arresting liver necrosis and bringing down elevated liver enzymes if elevated. It is a specific for hepatitis C.

Liver Support will decrease how the liver breaks down naturally occurring cortisone, thereby systemically decreasing inflammation.

It will also decrease hepatic portal congestion that occurs from too much fat in the diet (Red Root) and thereby decrease sticky blood and lymph. It can help decrease hemorrhoids, pelvic congestion, fatty sticky stools and all the symptoms that result from thick blood.

As a treatment for liver deficiency or liver stagnation, Liver Support can facilitate a healing on a constitutional level for an array of symptoms including, PMS, headaches, indigestion, hayfever, poor fat and protein digestion, fatigue or chronic fatigue syndrome.

Leaky gut syndrome is a combination of events. Liver Support can help by increasing gut digestive acidity and antibacterial function to help remove some causative factors behind leaky gut syndrome.

Contra-indications and Cautions: Pregnancy; Alcohol or drug addiction (be careful as an acute healing crisis can manifest); Do not use if already acutely detoxing, especially if acutely detoxing from addictions such as alcohol. Be careful if liver enzymes are elevated by going slowly.

Aggressive detoxification and herbal liver stimulants may increase the rate of metabolic breakdown of some medications, especially those medications that are broken down in the liver. This can create an undesirable situation where medications are not working (i.e. beta blockers, antidepressants) and detoxification would be contraindicated.

... continued on page 72

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

#### Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

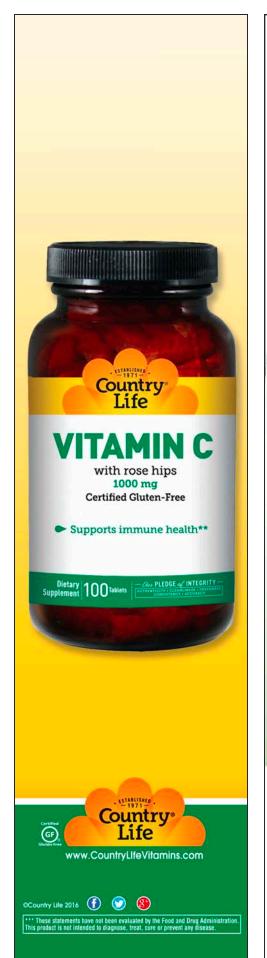


52583	COQ10 100 MG Q ABSORB	120	SGC	49.95	39.96	39342	GLUCOS CHOND 375/300	120	CAP	26.95	21.56	56406	JARROSIL 60ML	60M	LIQ	24.95	19.96
41343	COQ10 200 MG	30	CAP	17.95		41600	GLUCOS CHOND 375/300	240	CAP	47.95		28956	JOINT BUILD	120	TAB		20.76
41344	COQ10 200 MG	60	CAP		25.56	24807	GLUCOS HCL 1000 MEGA	100	TAB		17.56	56807	JOINT BUILDER ULT JRW/	90	TAB		22.36
23414	COQ10 30 MG	60	CAP	11.95	9.55	36263	GLUCOSE OPTIMIZER	120	TAB	31.95		67162	K RIGHT K1/MK4/MK7/D3	60	SGC		38.36
23415	COQ10 30 MG	150	CAP	21.95		45343	GLUOS CHOND + MSM J	240	CAP	49.95		42728	KRILL OIL 600 K REAL	60	SGC		27.16
34683	COQ10 30 MG Q ABSORB	60	SGC	15.95		33818	GLUTAMINE 1000	100	TAB	17.95		42727	KRILL OIL 600 K REAL	30	SGC		14.36
34684	COQ10 30 MG Q ABSORB	120	SGC		20.76	28186	GLUTAMINE 750	120	CAP		14.36	37427	LACTOFERRIN 250 MG	60	CAP		39.96
23416	COQ10 60 MG	60	CAP		14.36	30027	GLUTAMINE PWD 1000 GM	000	PWD		51.16	26684	LIPOIC ACID 100 MG	60	TAB	11.95	9.55
38843	CRAN CLEARANCE	100	CAP	18.95		24569	GLUTAMINE PWD 4 OZ	4 Z	PWD	13.95		39618	LIPOIC ACID 100 MG	90	CAP		13.56
54661	CREATINE 800 CAP J	120	CAP		10.36	58151	GLUTAMINE PWD 500 GRAM	17.	PWD	39.95		29423	LIPOIC ACID 100 MG	180	TAB		19.16
25042	CREATINE MONO POWDER	325	PWD	15.95		24571	GLUTAMINE PWD 8 OZ	87	PWD	23.95		59190	LIPOIC ACID 300 MG S/R	120	TAB	39.95	
34502	CREATINE MONO POWDER	1LB	PWD		21.56	30291	GLUTATHIONE REDUC 500	60	CAP		32.76	32968	LIPOIC ACID 300 S/R	60	TAB	24.95	
51698	CURCUMIN 95 500 MG	120	CAP	43.95		61976	GLUTATHIONE REDUC 500	120	CAP	71.95		52813	LIVER OPTIMIZER PF TAB	90	TAB	33.95	
23121	CURCUMIN 95 500 MG	60	CAP	25.95		67100	GOLDEN MILK TUR INFUS J	9.5	PWD	21.95		36603	LUTEIN 20 MG SGC	60	SGC		14.36
67161	CURCUMIN PHYTOS MERIVA	120	VCA	51.95		67101	GOLDEN TEA PWD	9.5	PWD	21.95		67163	LUTEIN 20 MG SGC	120	SGC	33.95	
62875	CURCUMIN PHYTOS MERIVA	60	CAP	27.95	22.36	45552	GPLC 750 GLYCOCARN	60	CAP	39.95	31.96	36602	LUTEIN 20 MG SGC	30	SGC	9.95	7.96
56412	D LIMONENE 1000 MG	60	SGC	12.95	10.36	62025	GREEN COFFEE BEAN EXT	60	VCA	20.95	16.76	27065	LYCO SORB 10 MG PRLIPS	60	SGC	21.95	17.56
67596	D MANNOSE + CRANB PWD OG	2.9	PWD	27.95	22.36	38835	GREEN DEFENSE 6.35Z	6.3	PWD	26.95	21.56	24567	LYSINE 500 MG	100	CAP	9.95	0.00
55164	D3 1000	200	SGC	13.95	11.16	68111	GREEN DEFENSE DETOX	6.3	PWD	31.95	25.56	61392	MAGMIND MAG L THREON	90	VCA	38.95	31.16
51924	D3 1000 IU	100	SGC	8.95	7.16	31368	GREEN TEA 5:1	100	CAP	12.95	10.36	38052	MAGNESIUM OPTIMIZER	100	TAB	11.95	9.55
67868	D3 1000 IU VEGAN	60	VCA	11.95	9.56	31727	HAWTHORN 500 MG	100	CAP	17.95		39862	MASTIC GUM	60	CAP	31.95	25.56
54727	D3 2500 IU	100	SGC	11.95	9.56	50466	HYALURONIC ACID 50 MG	120	CAP	35.95		25931	MAX DHA 505 MG	90	SGC		17.56
57302	D3 400 YUM YUM GUMMIES	90	CHW	12.95		45670	HYALURONIC ACID 50 MG	60	CAP		15.96	34494	MAX DHA 505 MG	180	SGC		30.36
58307	D3 5000 IU OLIVE OIL	100	SGC	12.95		58176	IDEAL BOWEL SUPPORT	30	VCA	26.95		25010	MELATONIN 3 MELLOWTON	60	CAP	7.95	6.36
67778	D3 5000 IU VEGAN VCAP J	60	VCA	27.95		67418	IMMUNE PF CHW PINEAPP	30	CHW		20.76	67164	MELATONIN 300 FAST MLT	100	LOZ		11.16
53560	DHEA 10	90	CAP	9.95	7.96	57999	INOSITOL 750 MG	100	CAP		14.36	24584	MELATONIN SUSTAIN 1 MG	120	TAB	11.95	9.55
53561	DHEA 25	90	CAP	10.95	8.76	34634	INOSITOL PWD	8 Z	PWD		23.96	26310	MELATONIN SUSTAIN 1 MG	60	TAB	7.95	6.36
62666	DIM + CDG	30	CAP	29.95		53826	INULINFOS	180	PWD	11.95	9.55	34453	METHYL B12 1000 MCG	100	LOZ	11.95	9.56
23130	E P O 1300 HEXANE FREE	60	SGC SGC	15.95		33013	IP 6 500 MG	120	CAP	17.95		65587	METHYL B12 2500 MCG	100	LOZ Loz		16.76
51939	EPA DHA BALANCE 2:1	240	SGC		33.56	33011	ISO RICH SOY 446 GMS	147	PWD		14.00	61715	METHYL B12 500 MCG	100			7.96
50873 50874	EPA DHA BALANCE 2:1 EPA DHA BALANCE 2:1	60 120	SGC	23.95	11.16 19.16	52993 58054	ISO RICH SOY 899 GMS Jarro Doph Allerg Fr	899 60	PWD VCA	19.95	22.36 15.96	34918 67160	METHYL B12 5000 MCG Methyl B12/Folate/P5P	60 100	LOZ Loz		23.96 15.96
44619	FAMIL E	60	SGC	31.95		67416	JARRO DOPH WOMEN 10 BL	30	CAP	29.95		66125	METHYL FOL 1000 5 MTHF	100	CAP		22.36
51525	FEM DOPHILUS	30	CAP	26.95		67585	JARRO DOPH WOMEN 10 BL	60	CAP	49.95		61325	METHYL FOL 400 5 MTHF	60	VCA		7.96
55615	FEM DOPHILUS	60	CAP	41.95		67584	JARRO DOPH WOMEN 5 BIL	60	VCA	47.95		34647	MILK THISTLE SILYMARIN	200	CAP		22.36
65919	FEM DOPHILUS SHLF STAB	30	VCA	24.95		67422	JARRO DOPH WOMEN 5 BIL	30	VCA	27.95		23120	MILK THISTLE SILYMARIN	100	CAP		12.76
34500	FIBER PERFECT 530 MG	150	CAP	16.95		34898	JARRO DOPHILUS BABY	2.5	PWD	19.95		23754	MINERAL BALANCE CAPS	120	CAP		13.56
24814	FLAXSEED OIL SGC	100	SGC	11.00	8.80	38625	JARRO DOPHILUS EPS	60	VCA	23.95		44618	MK 7 90 MCG	60	SGC		19.16
41029	FLAXSEED OIL SGC	200	SGC	17.95		51940	JARRO DOPHILUS EPS	120	VCA	41.95		65380	MK 7 90 MCG	120	SGC		33.56
44814	FOLIC ACID 800 MCG	100	CAP	7.95	6.36	50875	JARRO DOPHILUS EPS	15	VCA	9.95		34040	MSM SULFUR 1000 MG	100	CAP	12.95	
68039	FRENCH OAK EXT ROBUVIT	60	VCA	35.95		63623	JARRO DOPHILUS EPS 25B	30	CAP			38663	MSM SULFUR 1000 MG	200	CAP		17.56
58179	GABA SOOTHE	30	VCA	23.95		67000	JARRO DOPHILUS EPS 25B	60	VCA	73.95		39230	MSM SULFUR PWD	1LB	PWD		22.36
44186	GAMMA E 300	120	SGC	37.95	30.36	62800	JARRO DOPHILUS SENIOR	60	CAP	29.95		29416	MSM SULFUR PWD	200	PWD	13.95	11.16
64186	GARCIN CAMBOG EXT 500	90	CAP	29.95	23.96	56441	JARRO DOPHILUS ULTRA	60	VCA	42.95		41345	MUSHROOM OPTIMIZER	90	CAP	16.95	13.56
65597	GARCIN CAMBOG EXT 500	180	CAP		43.16	24549	JARRO DOPHILUS + FOS CAP	100	CAP		15.96	23393	N A C 500	100	CAP		14.36
23399	GARLIC + GINGER 500	100	CAP	16.95		27359	JARRO DOPHILUS + FOS CAP	200	CAP		23.96	23394	N A C 500 SUPER	200	CAP		26.36
29907	GERMANIUM 100 SESQIOX	60	CAP	49.95		23387	JARRO DOPHILUS + FOS PWD	2.5	PWD	23.95		23395	N A C 600 SUSTAIN	100	TAB		20.76
26374	GERMANIUM 150 SESQIOX	30	CAP	35.50		65902	JARRO ZYMES GLUTEN DIG	60	VCA	23.95		23501	N A G 700 CAP	120	CAP		19.16
34538	GINGER DRIED 500 MG	100	CAP	12.95		23126	JARRO ZYMES PLUS	100	CAP	18.95		39341	N ACETYL TYROSINE	120	CAP		15.96
35022	GINKGO BILOBA 120 MG D	120	CAP	35.95		52494	JARRO ZYMES PLUS VEG	60	CAP		11.16	44532	NATTOMAX	30	VCA		14.36
24533	GINKGO BILOBA 60 MG	60	CAP	8.95	7.16	63306	JARROSIL	60	CAP	24.95		54733	NATTOMAX	90	CAP		27.96
35026	GINKGO BILOBA 60 MG DU	120	CAP	27.95	27.95	55617	JARROSIL	30M	LIQ	15.95	12.76	34454	NEUROPTIMIZER	120	CAP	49.95	39.96

#### www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com







## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

One may need to adjust the dosage of such medications while working with their health care professional.

#### Lobelia 1:2

Medically, Lobelia is known as a parasympathomimetic. It stimulates the parasympathetic nervous system, countering the effect of adrenal stimulation and stress.

1 fl oz - Product Code: 56988

#### Who can benefit from this herbal supplement?

• Those suffering from excess adrenal stimulation and stress, including anxiety, panic attacks, insomnia, ADHD and nervousness.

Lobelia contains an alkaloid called lobeline that is chemically similar to nicotine. Lobelia will decrease the physical craving for cigarettes as lobeline fools the binding sites that are looking for nicotine. Lobelia has historically been used to help one who wants to quit smoking. It also calms the stress one goes through and opens the lungs to help expectorate. It is perfect in its action for smoking cessation.

#### **Ingredients**

Phyto-Tech™ Lobelia 1:2 contains fresh lobelia inflata herb, (500 mg/ml, or 30 drops), pure grain alcohol, and pure deionized water.

#### Dosage

General and long term dosage is 10-30 drops, 2-3 times daily in juice or water. For acute, short term needs, one can take 10-30 squirts every hour as needed.

Use caution if you have low blood pressure, and do not use during pregnancy.

#### **Lustrous Hair**

A herbal blend based on Traditional Chinese Medicine that stimulates hair growth and healthy, lustrous hair.

2 fl oz - Product Code: 57733

#### Who might benefit from this herbal supplement?

• Those who suffer from hair loss or thinning, brittle, dull hair.

#### **Ingredients:**

Phyto-Tech™ Lustrous Hair contains Fo-Ti Root 230 mg, Rehmannia Root 220 mg, Astragalus Root 110 mg, Dong Quai Root 90 mg, White Peony Root 90 mg, Safflower Flower 70 mg, Chinese Salvia Root 60 mg, Liguisticum wallichii Rhizome 60 mg. Alcohol Pure Grain, Water Pure Deionized

Cautions: Do not take during pregnancy or while nursing. Keep out of the reach of children.

#### Dosage:

30 drops, 1-2 times a day, in juice or water. Shake well before using.

#### References

For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Lustrous Hair."

#### **Lymphatic Complex**

A blend of herbs affecting the lymphatic system.

1 fl oz - Product Code: 56997

#### **Ingredients:**

Phyto-Tech™ Lymphatic Complex contains: Red Root, Fresh Ocotillo Bark, Stillingea Root, Fresh Astragalus Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

#### Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water

Acute: 60-90 drops, 3-4 times per day until symptoms reduce.

#### **Maca Root**

A native Peruvian herb, Maca's traditional use for enhancing overall vigor and fertility has been confirmed by animal studies showing it promotes libido, sexual potency and energy.

1 fl oz (500 mg per 30 drops) - Product Code: 57076

#### Who can benefit from this supplement?

• Those with age-related sexual dysfunction, low libido, lack of energy and vigor.

According to Dr. Arthur Presser's book, Pharmacist's Guide to Medicinal Herbs, the "modern day uses" for Maca "are probably no different than Maca's ancient uses. They include:

- Aphrodisiac
- Menopause & Menstruation
- Fertility
- Chronic Fatigue Syndrome
- Impotence
- Erectile dysfunctionAnabolic steroid alternative
- VitalityMental clarity
- General immunity

#### **Maca Enhanced**

An enhanced form of Maca, valued for its effect on Libido, Male and Female Hormonal Balance, Stress and Fatigue.

90 Veggie Caps - Product Code: 67456 4 oz Powder - Product Code: 67457

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

## healthnotes

#### **Curcumin Improved Liver Function**

The liver is one of the body's most important organs. It is especialls important for detoxification. It regulates the composition of blood, including the levels of glucose, protein, and fat that enter the bloodstream. It removes bilirubin, ammonia, and other toxins from the blood.

The healthy liver has a certain amount of fat, but too much fat can cause inflammation and scarring, eventually disrupting liver function.

In this study, 87 people with non-alcoholic fatty liver disease, and scarring just beginning, took a placebo or 1,000 mg of curcumin per day. After eight weeks, while the placebo group had not improved, the curcumin group had lower body mass index scores and smaller waist size. Those taking curcumin also had healthier (lower) levels of liver enzymes, which increased for placebo.

An ultrasound scan revealed improved liver condition in 75 percent of those taking curcumin compared to less than 5 percent for placebo.

(Reference: Drug Research Stuttgart; 2017, Vol. 67, No. 4, 244-51)

There are numerous curcumin supplements available, and they have different characteristics. Talk to the pharmacists or nutritionists at Willner Chemists for guidance on the curcumin supplement best for you.



New Formula! Higher Potency, Vegetarian Capsule

#### Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.





Fuco-Immune contains Maritech® Synergy, a Fucoidan seaweed extract, and *L. plantarum* L-137 (Immuno-LP20®), a stable, heat-treated immunobiotic.\* Together they support healthy lung and respiratory function, healthy gut lining and gut immunity, and significant antioxidant and anti-inflammatory activity.\*





Maritech® Synergy, a marine extract from Fucus vesiculosus macroalgae, promotes antioxidant and anti-inflammatory activity.\*

Synergy also can modulate immunity, promote gut health, and increate SIRT1.\*





Lactobacillus plantarum L-137 (Immuno-LP20®) is a stable, heat-treated immunobiotic.\*

Immuno-LP20® has particular affinity for supporting healthy lung and respiratory function, and has been shown to support cellular immunity.



Immuno-LP20® is a registered trademark of House Foods Group Inc.

'This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



800.545.9960 info@allergyresearchgroup.com www.allergyresearchgroup.com



# Who might benefit from this herbal preparation?

- Those low in energy and stamina
- Those looking to increase libido, enhance fertility
- Support adrenal function, normalize hormonal balance

## Ingredients:

Liquid: 500 mg/ml

Veggie Cap: Each two capsules contain the following: Organic Maca (Lepidium meyenii) (Raw) 800mg, Organic Maca (Gelatinized) 200mg. Total: 1000 mg.

Powder: Organic Maca powder, in the same 4:1 ratio of raw to gelatinized. One teaspoon full provides 3 grams of organic, raw/gelatinized Maca Root. The vegetarian capsule contains Modified Vegetable Cellulose.

Blending raw and gelatinized Maca is thought to enhance the bioavailability and potency of Maca.

# **Properties:**

Traditionally, Maca has been shown to exhibit the following properties: Adaptogenic, Aphrodisiac, Antioxidant

## **Indications**

Maca is a root plant native to Peru where it grows in harsh environments at very high altitudes. It is known for its resiliency, being able to survive in the most extreme conditions of freezing temperatures, intense sunlight, and strong winds. Maca has been used for thousands of years by Peruvians as both a food and a medicinal tonic to promote energy and stamina, increase libido and enhance fertility. It contains amino acids, carbohydrates, fatty acids, fiber, minerals and phytonutrients.

Maca is a powerful adaptogen that helps the body deal with biochemical, physiological, and psychological stressors. It has a revitalizing effect on those who are feeling low in energy and vitality. Used as a tonic it can help reduce stress, increase energy levels and mental focus, and restore strength and vigor. It can help improve athletic performance by improving stamina and helping the body recover faster.

Maca is a member of the Brassicacae family (the same family

as cabbage, cauliflower, and broccoli). Maca is unique however in that it contains much higher amounts of glucosinolates, which are believed to contribute to its ability to enhance fertility. Aromatic isothiocyanates in Maca are thought to be primarily responsible for Maca's aphrodisiac properties. Prostaglandins, sterols and amides are also thought to have a contributing role.

Maca does not appear to affect blood levels of testosterone, estradiol, and luteinizing hormone, follicle stimulating hormone or prolactin; however it has a balancing effect on these hormones, enhancing sexual function, and increasing libido in both men and women. This is thought to be due in part to the effect of alkaloids in Maca that act on the hypothalamic-pituitary axis. For perimenopause and post menopause, Maca can help reduce hot flashes and night sweats, improve mood, lessen irritability and anxiety, decrease sexual dysfunction, and increase energy levels. Maca can also help reduce the sexual dysfunction and lowered libido often experienced by those taking selective serotonin reuptake inhibitors (SSRI's) for depression.

# Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (For nutritional support)
- Ginseng Energy Blend (Formula for energy)
- Adrenal Adaptogen Complex (Adaptogen formula)

## Dosage

Veggie Cap: Take 2 caps, 1-2 times per day. Powder: One teaspoonful, once per day, or as directed by a health care professional.

# **Male Virility**

A blend of well-researched herbs known to enhance men's libido and sexual performance.

1 fl oz - Product Code: 57731

# Who might benefit from this herbal supplement?

Those men who suffer from decreased libido or impaired sexual function

# Ingredients:

Phyto-Tech™ Male Virility contains Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg.

Cautions: There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physicial to determine if such problems exist. Use this product under the supervision of a health professional.

**Dosage:** 30 drops, once per day in juice or water.

## **Complimentary Formulas:**

• Phyto-Tech™ BPH Complex.

### References

For more information on this herbal blend, go to www.willner.com and look for the article in the Reference Library section.

# **Menopause Complex**

# Support for the hormonal transition of menopause.

1 fl oz - Product Code: 57084

# Who can benefit from this supplement?

• Those women experiencing menopausal symptoms, include hot flashes and mood swings.

## Ingredients:

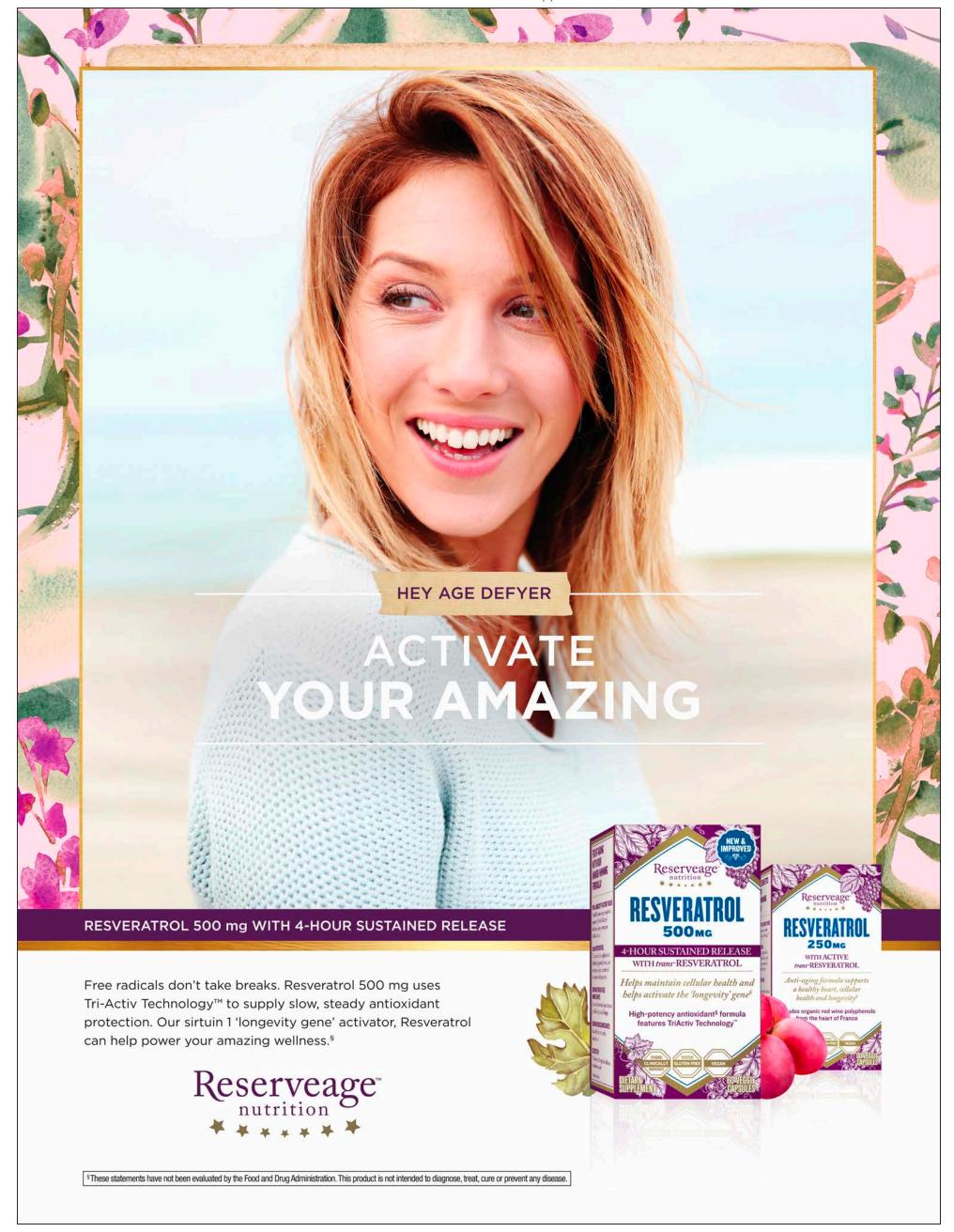
Phyto-Tech™ Menopause Complex contains the following herbs: Chaste Tree Berries, Black Cohosh Root, Lobelia Herb,

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41883	NIACINAMIDE 250 MG FF	100	CAP	8.95	7.16	50504	RIBOSE PWD 200 GRAMS	200	PWD	39.95	31.96	53355	E 5 000 IU CRM	4 Z	CRM	9.99	7.99	19425	BONE DEFENSE	90	CAP	18.09 14.47
67841	NICOTIN RIBOS 150 SUST	30	TAB	35.95	28.76	67165	S ACETYL L GLUTATHIONE	60	TAB	39.95	31.96	35265	E 5000 IU	4 Z	LIQ	8.99	7.19	19450	C 1000 W/BIOFLAV SR	250	TAB	34.79 27.83
66622	NICOTINAM RIBOS 100 MG	60	TAB			55652	SACCHAROMYCE BOUL $+$ Mos	30	VCA	15.95	12.76	33674	E CRM 25000	4 Z	CRM	15.59		19480	$CAL + SGC\ 333\ MG$	200	SGC	28.39 22.71
24305	OPC 95 100 MG	50	CAP	15.95		24551	SACCHAROMYCES BOULARDI	/90	CAP	30.95	24.76	43831	E OIL 32000 IU	1.1	LIQ	12.99	10.39	19481	$CAL + SGC\ 333\ MG$	50	SGC	9.39 7.51
24334	OPC 95 100 MG	100	CAP	29.95		60280	SACCHAROMYCES BOULARDI	180	VCA		43.96	35626	ESTER C PERFECT CRM	22	CRM	16.99	13.59	54203	CAL MAG LIQ PINEAPPLE	16Z	LIQ	16.49 13.19
67391	ORAL PROB 1 BILL PEPP	30	LOZ	29.95		33012	SAM E 200	20	TAB		12.40	36725	HAIR SPRAY THIN THICK	8 Z	SPY	11.49	9.19	38850	CALCIUM CITRATE 1000	90	TAB	11.59 9.27
67392	ORAL PROB 1 BILL PINE	30	LOZ			37220	SAM E 200 MG	60	TAB		31.96	29756	HYPER C W/ESTER C	1 Z	SER		29.52	19475	CALCIUM CITRATE + MG/D	120	TAB	13.19 10.55
67442	ORAL PROB 1 BL GRN APP	30	LOZ			65553	SAM E 400 MG	60	TAB		55.96	33868	K CREME PLUS W/BIOFLAV	2.2	CRM	22.99		19496	CHROMIUM PICOL 200	100	CAP	10.59 8.47
36753	PANTETHINE 450 MG	60	SGC	29.95		42070	SAM E 400 MG	30	TAB		31.96	39004	MOUTHWASH HEALTHY MOUT	16Z	LIQ	9.99	7.99	19523	DOLOMITE	500	TAB	19.39 15.51
41890	PANTOTHENIC ACID 500	100	CAP	10.95	8.76	41946	SAM E JOINT W/GLUCOS	60	TAB		33.56	26263	SHAMPOO BIOTIN	16Z	LIQ	10.59		19521	DOLOMITE PWD	1#	PWD	7.19 5.75
27252	PC 35 MEGA (LECITHIN)	120	SGC	17.95		43017	SAW PALMETTO EXT 160	120	SGC		20.76	36267	SHAMPOO DANDRUFF	12Z	LIQ	12.99		44764	GLUCOS CHOND MSM	90	TAB	39.89 31.91
67960	PEA PROTEIN PWD ORG	16Z	PWD	21.95		24535	SAW PALMETTO EXT CAP	60	SGC		11.96	38949	SHAMPOO JOJOBA	16Z	LIQ	10.59	8.47	19597	KELP 225 NORWEGIAN	500	TAB	14.39 11.51
42738	PET DOPHILUS PWD	27	PWD	21.95		27728	SELENIUM SYNERGY	60	CAP	14.95		29566	SHAMPOO THIN THICK	8 Z	LIQ	11.49		19609	LECITHIN 1200	250	SGC	23.79 19.03
59647	PLANT PROTEINS OPTIMAL	19Z	PWD	22.95		61459	SHILAJIT FULVIC ACID	60	VCA		19.16	42517	SHAMPOO TTO	172	LIQ	10.59	8.47	43598	MAG GLYCINATE 400	180	TAB	33.09 26.47
39682	POLICOSANOLS 10 MG ULT	100	SGC	23.95		58987	SLEEP OPTIMIZER	60	VCA		17.56	44073	SHAVING LOT 6 IN 1	8 Z	LOT	8.59	6.87	19618	MAG GLYCINATE 400 MG	90	TAB	19.19 15.35
44065	POMEGRANATE JUICE	127	LIQ		12.40	55621	SLEEP OPTIMIZER	30	VCA		10.36	34449	SOAP SATIN TTO	17.	LIQ	9.59	7.67	53913	MAG MALATE 400 MG K	90	TAB	11.69 9.35
52090	POMEGRANATE JUICE	247	LIQ	28.95		66652	SLIM WHEY PROT GRN TEA	16Z	PWD		27.16	38599	SPF 45 ACTIVE SUN BLOK	4 Z	LIQ	11.99	9.59	31602	MAG OROTATE 200 MG	60	TAB	15.39 12.31
51527	POMGUARD 400 MG	60	CAP		19.16	38973	TAURINE 1000	100	CAP		10.36	36292	STYLING GEL HI SHINE	6 Z	GEL	8.99	7.19	25701	MELATONIN 3 MG S/R	120	TAB	17.39 13.91
53827	POTASSIUM CITRATE 99	120	TAB	9.95	7.96	66838	THEANINE 100 GUMM APPL	60	CHW		19.96	35850	THIN THICK SCALP ELIX	27	LIQ	11.49	9.19	53246	NADH 5 MG ENADA	60	TAB	52.89 42.31
62798	PQQ 10 MG	30 60	CAP Cap	20.95		39098	THEANINE 100 MG	60	CAP		12.76	40194	TPST ORAL COMFRT BERRY	4.2	GEL	8.19	0.00	28669	NADH 5 MG ENADA	30	TAB	30.09 24.07
65734 62799	PQQ 20 MG PQQ 20 MG BIO PQQ	30	CAP	63.95 33.95		54932 37034	THEANINE 200 TMG 500 TAB	60 120	CAP TAB		20.76 11.96	JH:	S NATURAL PRODUC	CTS				19430 19654	NUTRITION YEAST FLK Papaya enzyme Chw Imp	22Z 100	PWD CHW	27.59 22.07 8.69 6.95
67600	PREBIOTICS XOS + GOS CHW	90	CHW	17.95		29221	TMG TRI METHYLG CRYST	50G	PWD	9.95	7.96	53654	CHAGA 300 MG	150	VCA	39.98	35.00	36089	SILICA + SUPER	60	TAB	21.29 17.03
50434	PRESSURE OPTIMIZER	60 60	CAP	37.95		41315	TOCO SORB (TOCO LIFE)	50a 60	SGC	25.95		27739	CORIOLUS VERSICOLOR	150	VCA	84.95		19681	SOD 2000 ENTERIC COATD	100	TAB	16.29 13.03
36599	PROSTATE OPTIMIZER	90	SGC	37.95		34437	TRIBULUS COMPLEX	60	TAB		15.96	39493	IMMUNE BUILDER	150	VCA	69.95		53063	SOD 3 ENTRIC COATED	100	TAB	24.09 19.27
33991	PS 100 DRY CAP	120	CAP	51.95		55329	TRYPTOPHAN 500 MG	60	VCA		17.56	63814	REISHI GANO 161	150	CAP	42.65		61966	STEVIA EXT PURE NATURAL	3.5	PWD	35.49 28.39
33990	PS 100 DRY CAP	60	CAP	29.95		24563	TYROSINE 500 MG CAP	100	CAP		10.80					12.00	00.00	41675	STEVIA PURE EXT PWD	1.3	PWD	16.99 13.59
67105	PS 100 MG GUMMIES STRW	60	GUM		22.36	62811	URIDINE 250 MG	60	CAP		31.96	JO	IN MASTERS ORGA	NICS	5					1.0	עאיו ו	10.00 10.00
26555	PS 100 PHOS SERINE	60	SGC	33.95		52225	VENOUS OPTIMIZER PF	90	TAB		23.96	66605	BODY MILK GRAPEF GERAN	8 Z	LIQ	17.75	17.75	KA	NBERRA GEL			
67988	PS 100 PHOS SERINE	120	SGC	59.95		39490	VINPOCETINE 5 MG	100	CAP	14.95		66606	BODY MILK ROSEM ARNICA	8 Z	LIQ	17.75	17.75	58737	KANBERRA GEL	27	GEL	20.00 18.00
60354	PTEROSTILBENE TRANS 50	60	VCA	29.95		57148	VISION OPTIMIZER	180	CAP		45.56	66607	BODY WASH GRAPEF GERAN	8 Z	LIQ	17.75	17.75	58738	KANBERRA GEL		GEL	32.00 28.80
67842	PUMPKIN SD PRT PWD ORG	16Z	PWD	29.95		36604	VISION OPTIMIZER	90	CAP		26.36	66608	BODY WASH ROSEM ARNICA	8 Z	LIQ	17.75	17.75					
65735	QH ABSORB 100 + PQQ 10	60	SGC	75.95	60.76	65435	WHEY PROT CHC GRASS FD	391	PWD	31.95	25.56	66620	CONDIT INTENS LAV AVOC	72	LIQ	21.75	21.75	KA	RE N HERBS			
63121	QH ABSORB 100 + PQQ 10	30	SGC	39.95		66360	WHEY PROT ISOLATE VIRG	16Z	PWD	33.95		66617	DETANGLER BARE UNSCENT	8 Z	LIQ	14.25	14.25	24170	ENERGY KARE	40	TAB	19.95 15.96
53094	QH ABSORB 100 MG UBIQ	60	SGC	49.95	39.96	65406	WHEY PROT UNFL GRSS FD	12.	PWD	29.95	23.96	66616	DETANGLER CITRUS NEROL	8 Z	LIQ	15.75	15.75	24171	KARE N LIVER	40	TAB	17.95 14.36
59922	QH ABSORB 100 MG UBIQ	120	SGC	79.95	63.96	31338	WHEY PROTEIN CHOC	2LB	PWD	34.95	27.96	66615	HAIR CLARIF COLOR SEAL	8 Z	LIQ	16.75		24172	KOLD KARE COLD/FLU	40	TAB	15.95 12.76
59935	QH ABSORB 200 MG UBIQ	60	SGC	79.95	63.96	37752	WHEY PROTEIN UNFLAV	2LB	PWD	34.95	27.96	66619	HAIR MILK ROSE APRICOT	4 Z	LIQ	15.75		33533	TRANQUILITY KARE	40	TAB	18.49 14.79
55162	QH ABSORB 200 MG UBIQ	30	SGC		39.99	52847	WHEY PROTEIN UNFLAVOR	1LB	PWD		19.16	66621	HAIR NOURISH & DEFRIZZ	.8Z	MIS	19.75		ΚΔ	RUNA			
66916	QH ABSORB 50 MG GUMMIE	30	GUM	19.95		52848	WHEY PROTEIN VANILLA	1LB	PWD	23.95		66612	HAIR RECONSTR HON HIB	4 Z	MIS	27.75				100	TAD	05.00 01.00
34406	QUERCETIN 500	200	CAP	66.95		29410	WHEY PROTEIN VANILLA	2LB	PWD		27.96	66611	SHAMP CONDIT ZINC SAGE	8 Z	LIQ	19.75		45506	CAL PLEX	180	TAB	35.20 31.68
23123	QUERCETIN 500	100	CAP	36.95		50319	YUM YUM DOPH 1 BILLION	60	CHW	15.95		66613	SHAMP HAIR RECONSTR HON	6 Z	LIQ	25.75		23882	DUOZYME (/ a	180	CAP	47.80 38.24
60367	R LIPOIC ACID 100 MG	60	VCA	29.95		67840	YUM YUM DOPH 5 BIL RSP	60	CHW		23.96	66614	SHAMPOO BARE UNSC ALL	8 Z	LIQ	14.25		40267 38543	MAXXUM #3 Progesterone pure	180	CAP CRM	37.30 29.84
58831	RED YEAST RICE + COQ10	120	CAP	29.95		67417	YUM YUM DOPH CHW CHOC	60	CHW		23.96	66610	SHAMPOO EVENING PRIMRS	8 Z	LIQ	16.00		30343 65236	ZINC PICOL PLUS	2 Z 60	CAP	32.90 26.32 10.00 8.00
63625	RED YEAST RICE + NATTO	60	CAP	23.95		27727	ZINC BALANCE 15 MG	100	CAP	12.95	10.36	66609	SHAMPOO ROSEM LAVEND	8 Z	LIQ	16.00	10.00	03230	ZING FIGUL FLUS	00	UAF	10.00 0.00
53126	RESVERATROL 100	60	VCA	20.95		JA	SON COSMETICS					JU	STINS					KII	NG BIO			
59192	RESVERATROL 100	120	VCA	37.95		35837	ALOE VERA 98 % SUPER	16Z	110	12.99	10 20	67805	ALMOND BUTTER CLASSIC	16Z	BUT	16.19	1/1 57	39949	ALLERGIES AND HAYFEVER	2.7	LIQ	19.99 15.99
57300	RESVERATROL SYNER 200	60	TAB	39.95		31030	ALOE VERA CRM 84%	4 Z	JAS	9.99	7.99	67806	ALMOND BUTTER MAPLE	16Z	BUT	16.19		64686	EARACHE RELIEF	27	SPY	19.99 15.99
52992 36724	RESVERATROL SYNERGY Resveratrol synergy	120 60	TAB Tab	37.95 20.95	30.36 16.76	43194	BODY LOT ALOE VERA	4 Z 16Z	LOT	8.09	7.99 6.47	67804	ALMOND BUTTER VANILLA	16Z	BUT	16.19		63823	HEAVY METAL DETOX CAND	27	LIQ	25.99 20.79
36724 42741	RHODIOLA ROSEA	60	CAP	20.95 31.95		26458	CONDITIONER BIOTIN	17Z	LIO	10.59	0.4 <i>1</i> 8.47			102	551	10.10		63824	HIGH POTENCY 9 CANDIDA	8 Z	LIQ	33.59 26.89
56003	RIBOSE 1000 MG CHW BER	90	CHW		29.90 19.16	32855	CONDITIONER THIN THICK	87	LIQ	11.49	9.19	KA	<u> </u>					63840	SKIN TAG REMOVER	.52	CRM	16.99 13.59
35278	RIBOSE PWD	100	PWD	21.95		38881	CONDITIONER TTO		LIQ	10.59	8.47	61363	ASTAXANTHIN 10 MG	60	VCA	42.99	34.39	39975	SNORE CONTROL	27	LIQ	19.99 15.99
552.0		.00		200																		





Wild Yam Root, Dong Quai Root, Milk Thistle Seed, Motherwort Herb.

# **Menses Complex**

A female tonic that helps regulate the menstrual cycle and relieve PMS symptoms.

1 fl oz - Product Code: 57053

## Who can benefit from this supplement?

• Those women who have PMS, irregular cycles, discomfort. Phyto-Tech™ Menses Complex needs to be taken for from one to three months to see full and lasting effects.

Phyto-Tech™ Menses Complex contains the following herbs: Chaste Tree Berry, Wild Yam Root, Dong Quai Root, Red Raspberry Leaf, Licorice Root, Oregon Grape Root, Fresh Garrya Leaf, Cramp Bark, Nettles Leaf.

# Milk Thistle Seed

# Supports and protects healthy liver function.

1 fl oz - Regular (alcohol) - Product Code: 56952 1 fl oz - Alcohol Free - Product Code: 56954 90 Veggie Caps - Product Code: 60134

# Who can benefit from this supplement?

 Those with liver disease, hepatitis, alcoholism, drug users, elevated liver enzymes, exposure to toxins in the

## Ingredients:

Phyto-Tech™ Milk Thistle Seed 1:3 contains certified organic Milk Thistle Seed, 333 mg per 30 drops.

Also available in a veggie cap, with each Phyto-Tech™ Milk Thistle capsule containing 250 mg of Milk Thistle Seed (standardized at 80% silymarin) and 200 mg of ceertified organic Milk Thistle Seed. (Product Code: 60134)

# **Mint Breath Spray Concentrate**

New, Stronger Formula; A natural, refreshing breath spray to combat bad breath.

1 fl oz - Product Code: 57732

Phyto-Tech™ Mint Breath Spray Concentrate is a new stronger formula. containing Peppermint, Cinnamon, Lo Han Guo Fruit Extract and Chlorophyll in a Vegetable Glycerine

Mint Breath Spray Concentrate is a convenient herbal remedy to quickly combat bad breath. Bad breath or halitosis can be caused by numerous circumstances, including spicy and pungent foods, poor dental hygiene, dry mouth, tobacco use, infection in the respiratory tract or sinuses and poor

Peppermint is an herb that is helpful for many conditions including indigestion, irritable bowel, nausea, congestion, headaches and body aches. Peppermint and its active constituent menthol have significant antiviral and antibacterial activity. Studies support peppermint's use to enhance gastric emptying and reduce nausea. It will increase saliva in the mouth and facilitate healthy digestion. Mint Breath Spray Concentrate also contains Chlorophyll, which is known for its deodorizing properties. Chlorophyll cleanses and detoxifies the digestive tract while promoting digestion. It is an effective remedy for those with chronic bad breath or digestive tract odor.

Mint Breath Spray Concentrate can be used for occasional or chronic bad breath. It will deodorize the breath from smoking or tobacco use, illness, infection and eating offending foods such as garlic and onions.

## Dosage:

VITAL 7YMFS FORTE

VITALDOPHILUS +

11932

Holding spray nozzle close to the mouth, spray 2-3 times into the mouth as needed. Spray more frequently when desired.

# Motherwort 1:3

1 fl oz - Product Code: 57070

# **Moving On**

A natural, effective herbal laxative formula for those occassions when constipation or need for detoxifation calls for stronger measures.

90 Veggie Caps - Product Code: 67472

# Who might benefit from using this herbal supplement?

- Those with severe constipation, where more gentle measures are not sufficient
- Those who are participating in a limited time cleansing or detoxification program
- Those suffering from irregularity and sluggish bowel due to

# Ingredients:

Two veggie caps contain the following:

Wildcrafted Aged Cascara Sagrada Bark 450mg, Wildcrafted Yellow Dock Root 150mg, Organic Triphala Fruit 100mg, Wildcrafted Oregon Grape Root 100mg, Organic Licorice Root 50mg, Organic Gentian Root 50mg, Organic Ginger Root 50mg, and the veggie capsule contains Modified Vegetable Cellulose

CAP 13.99 11.19

25.45 20.36

CAP

Phyto-Tech™ Moving On encourages healthy bowel movements and restores tone to weakened bowels. It will help to increase digestion by increasing digestive enzymes, improve assimilation, and stimulate elimination to provide fast and effective relief of constipation and underactive bowels. The formula increases peristalsis (the wave-like contraction that pushes contents through the bowel or colon). Moving On stimulates bile and digestive enzyme production, which strengthens the gastrointestinal tract. It also enhances

... continued on page 77

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

27.95 25.15

19.00 17.10

7.90 7.11

KYOLIC ONF PER DAY

KYOLIC ONE PER DAY

61450 BCAA



KIS	S MY FACE				
64386	KIDS DEFESE SPY SPF 50	6 Z	SPY	16.99	13.59
30408	MOIST HONFY CALFNOULA	16Z	CRM	10.09	8.07
30407	MOIST OLIVE ALOE FR F	16Z	CRM	10.09	8.07
50120	SHAVE MOIST FRAG FREE	117	CRM	7.95	6.36
30610	SHV MOIST KEY LIME	11Z	CRM	7.95	6.36
59648	SHV MOIST POMGRAN GRAPE	11Z	CRM	7.99	6.39
KL	AIRE VITAL LIFE				
11901	ALPHA KETO 300	60	VCA	14.50	13.05
11864	AMINO ACID COMPLETE	150	CAP	31.90	28.71
67882	BIOSPORA VCAP	120	VCA	37.25	33.52
27762	BIUSPUKA VCAP C BUFF 600 MG CAP CALCIUM COMPLEX 200 MG	250	CAP	48.95	44.05
39235			CAP	16.80	15.12
11885	CHROMIUM PICOL + 100	100	CAP	14.95	13.45
67271	CINNAMON EXT 125 MG	60	VCA	17.95	16.15
60586	ENDO ZIN	60	CAP	37.95	30.36
51286	FACTOR 4 THERA BIOTIC	60	VCA	33.90	30.51
11904	GLUTAMINE 500 Interfase	100 120	CAP VCA	16.95 48.00	15.25 43.20
58018 58061	INTERFASE PLUS	120 120	VCA	48.00 31.95	43.ZU 28.75
61612	LACTOPRIME PLUS	60	CAP	37.95	34.15
51760	LDA TRACE MINERAL CMP		VCA	8.50	7.65
56937	MAG CITRATE 150 MG	90	VCA	11.90	10.71
11910	MAG GLYCINATE 100 MG	100	CAP	13.50	12.15
11913	MICEL A 5 000	17	LIQ	17.00	15.30
39386	MULTI VITAMIN CMP EPD	90	CAP	27.95	25.15
11936	P 5 P	100	CAP	19.50	17.55
11937	P 5 P	250	CAP	41.95	37.75
11938	P 5 P PLUS W/MAG	100	CAP	22.95	20.65
39387	PRO 5	60	CAP	28.90	26.01
24757	PRO BIOTIC COMPLEX	2 Z	PWD	22.90	20.61
24758	PRO BIOTIC COMPLEX	100	CAP	19.90	17.91
57441	SACCHAROMYCES BOULARDI	60	VCA	31.00	27.90
11942	SELENO MET	100	CAP	12.90	11.61
62434	THER BIOTIC CHILDR CHW	60	TAB	37.95	34.15
44391	THER BIOTIC COMPLETE	60	VCA	42.90	38.61
66720	THER BIOTIC COMPLETE	120	VCA	79.95	71.95
56645 51772	THER BIOTIC COMPLETE PW Ther biotic detoxif	2.1 60	PWD VCA	71.95 51.90	64.75 46.71
51 <i>112</i> 62672	THER BIOTIC FACTOR 6	60	VCA	51.90 79.99	46.71 71.95
02072 55684	THER BIOTIC INFANT FOR	2.1	PWD	30.95	27.86
66317	THER BIOTIC METABOL FM	60	VCA	39.95	35.95
65043	THER BIOTIC SENIOR FORM	60	VCA	39.95	35.95
60522	THER BIOTIC WOMEN FORM	60	CAP	35.00	31.50
55131	VITA SPECTRUM	180	CAP	32.95	29.65

2 Z 100 PWD Cap

2 Z 120 PWD 25.90 23.31

26.90 24.21

19.90

32.95 29.65

17.91

KK	OGER HERB				
31324	ALOE VERA GEL	32Z	LIQ	12.00	10.8
15451	CIRCU FLOW	270	CAP	34.99	27.9
28339	EMU MU OIL	1 Z	LIQ	13.49	13.4
24675	LIVER FLUKES 6X	17	LIQ	8.00	8.0
24193	POLARITY BALANCER	100	CAP	10.99	9.8
15476	RASCAL	100	CAP	12.99	10.3
15495	TAURIN-DOPHILUS	100	TAB	10.00	9.0
40565	WILD CHERRY BARK	17	LIQ	8.95	8.9
15488	WORMWOOD COMB	100	CAP	11.65	9.3
KY	OLIC				
61984	BLOOD SUGAR BALANCR	100	CAP	17.45	13.9
67958	BRAIN ENERGY	60	CAP	39.95	31.9
17829	BRAIN MEMORY	90	CAP	27.99	22.3
31686	KYO DOPHILUS	180	CAP	34.95	27.9
59027	KYO DOPHILUS + CRANBRY	60	CAP	22.99	18.3
42366	KAN NALHITA2 A	90	CAP	29.45	23.5
17799	KYO DOPHILUS ACIDOPH	90	CAP	21.45	17.1
17798	KYO DOPHILUS ACIDOPH	45	CAP	12.95	10.3
43066	KYO DOPHILUS ONE DAY KYO DOPHILUS W/ENZYME KYO GREEN DRINK PWD SM	30	CAP	14.99	11.9
26471	KYU DUPHILUS W/ENZYME	60	CAP	17.49	13.9
17801	KAO GULLM TAD	2.8	PWD	20.45	16.3
26264	KYO GREEN TAB Kyolic 100 Garlic Cap	180 200	TAB Cap	16.99	13.5
17804	KYOLIC 100 GARLIC CAP		CAP	25.45	20.3
31207 17803	KYOLIC 100 GARLIC CAP Kyolic 100 Garlic Cap K	300 100	CAP	34.45 13.99	27.5 11.1
17805	KYOLIC 100 GARLIC CAP K	100	TAB	12.99	10.3
17806	KYOLIC 100 GARLIC TAB K	200	TAB	21.99	17.5
52850	KYOLIC 100 GARLIC VCA	200 100	VCA	15.99	12.7
17808	KYOLIC 100 GAILLIC VOA KYOLIC 101 STRESS FAT C	200	CAP	25.45	20.3
17812	KYOLIC 102 W/ENZ VCAP	200	VCA	27.45	21.9
17815	KYOLIC 103 W/C/ASTRAG	100	CAP	14.49	11.5
17816	KYOLIC 103 W/C/ASTRAG	200	CAP	25.95	20.7
17817	KYOLIC 104 W/LECITHIN	100	CAP	13.99	11.1
17818	KYOLIC 104 W/LECITHIN	200	CAP	25.45	20.3
22058	KYOLIC 105 W/SEL/A/E	200	CAP	28.49	22.7
32266	KYOLIC 106 CIRCULATION	300	CAP	40.45	32.3
17820	KYOLIC 106 CIRCULATION	100	CAP	16.49	13.1
21610	KYOLIC 106 CIRCULATION	200	CAP	28.95	23.1
43218	KYOLIC 108 HEART	100	CAP	16.49	13.1
56546	KYOLIC 109 BLOOD PRESS	80	CAP	27.45	21.9
65989	KYOLIC 109 FORMULA	160	CAP	46.95	37.5
51734	KYOLIC 110 W/COQ10	100	CAP	30.95	24.7
61659	KYOLIC CURCUMIN	50	CAP	31.95	25.5
17823	KYOLIC LIQ GAR	4 Z	LIQ	29.95	23.9
17824	KYOLIC LIQ GAR	27	LIQ	16.99	13.5
22943	KYOLIC OMEGA 3	90	SGC	25.95	20.7

65686	LUCKY 7 MENS PERFORM	60	VCA	30.99	24.79
29201	NEURO LOGIC	120	CAP	33.95	27.16
31895	PROSTA LOGIC	60	CAP	39.45	31.56
63835	RED YEAST RICE W/COQ10	75	CAP	22.95	18.36
LA	NE LABS				
58491	ADVA CAL 1000	150	CAP	40.69	36.62
58115	ADVA CAL ULTRA 1000	120	CAP	37.69	30.15
42602	H2GO TABS	90	TAB	22.69	20.42
39987	HERBAL V 500 MG	10	CAP	18.95	17.05
61979	HIPS SHOULD KNEES TOES	60	CAP	42.95	38.65
44332	SUNSPOT ES GEL	15M	CRM	41.95	37.75
LEI	DERLE				
54959	CALTRATE $600 + D$	+ D	TAB	20.69	20.69
32601	CALTRATE $600 + D$	60	TAB	12.15	12.15
39228	CENTRUM SILVER	150	TAB	21.29	21.29
22148	FERRO SEQUELS	30	TAB	8.99	8.99
21824	OCUVITE 60	60	TAB	10.15	10.15
67476	OCUVITE PRESERV AREDS 2	120	SGC	35.69	35.69
LID	DELL				
33660	FEMALE ENERGY	1 Z	LIQ	21.59	17.27
62237	LIVER DETOX SPRAY LD	1 Z	SPY	19.59	15.67
39037	LONELINESS SADNESS	1 Z	LIQ	19.59	15.67
33661	MALE ENERGY	1 Z	LIQ	21.59	17.27
29958	SD STOMACH DISTRESS	1 Z	LIQ	14.99	11.99
33662	VITAL HGH	1 Z	LIQ	39.95	31.96
LIF	E EXTENSION				
61056	5 LOX INHIB 100 APRESF	60	VCA	22.00	17.60
56043	7 KETO DHEA 100 MG	60	CAP	40.00	32.00
58721	7 KETO DHEA 25 MG	100	CAP	28.00	22.40
52660	ACETYL L CARNIT ARGIN	90	VCA	52.00	41.60
61932	ADRENAL ENERGY FORMULA	60	VCA	24.00	19.20
67570	AGELESS CELL GEROPROTE	30	SGC	40.00	32.00
65175	AMPK ACTIVATOR	90	VCA	48.00	38.40
60282	ANTI ADIPOC W/MANG IRV	60	VCA	39.00	31.20
68040	ANTI AGING SERUM SKIN	1.7	SER	60.00	48.00
67404	ANTI ALCOHOL W/HEPTOPR	60	CAP	22.00	17.60
61573	APPLEWISE POLYPHEN EXT	30	CAP	21.00	16.80
66692	ARTERIAL PROTECT	30	VCA	48.00	38.40
60988	ARTHROMAX ADV UC II	60	CAP	36.00	28.80
67427	ARTHROMAX HERBAL JOINT	60	VCA	40.00	32.00
56168	ASHWAGANDHA EX OPTIM	60	VCA	10.00	8.00
63897	ASIAN ENERGY BOOST	90	VCA	24.00	19.20
63127	ASTAXANTHN PHOSLI 4 MG	30 60	SGC	16.00	12.80
63856	R COMPLEX COMPLETE	nii	VCA	12 00	y nii

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com

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11934

VITAL 10

VITAL PLEX

VITAL 10 PWD

VITAL ZYMES COMPLETE



liver function and helps retain moisture in the intestines. Moving On is a non-cramping, gentle formula.

Cascara is a predictable laxative that increases peristalsis. It softens the stool by helping it to move out more quickly and can assist in painful bowel movements.

Yellow Dock stimulates bile production and is often used as a digestive bitter for those with poor digestion. Increasing bile output causes peristalsis to increase which helps assist in normal healthy bowel function. Yellow Dock contains small amounts of anthraquinone glycosides, which give it mild laxative effects. Yellow Dock also promotes the absorption of nutrients by the ileum.

Triphala has been used in the Ayurvedic system of medicine for thousands of years as a bowel tonic and whole body rejuvenator. The formula consists of the three fruits: amalaki, haritaki, and bibhitaki. The combination balances the system by enhancing digestion, drawing stagnated wastes out of the intestines, and gently encouraging healthy and complete elimination.

Similar in action to Yellow Dock, Oregon Grape and Gentian are bitters that stimulate the liver to produce more bile and other liver enzymes. They essentially increase liver function and are indicated for those with constitutional deficiency patterns in the liver and digestive system. They will increase fat digestion (by increasing bile) and protein digestion (by increasing HCl and pepsinogen), and speedup the rate in which the liver detoxifies the blood as it passes through the liver

Licorice increases the hormone aldosterone, which increases water retention slightly. It will help hydrate and soften dry stools and acts as a mild laxative. Licorice is soothing to the digestive tract and is known for healing stomach and duodenal ulcers.

Ginger will increase digestive enzymes and speed up the transit time of food that is slow. It essentially increases the fire of digestion. It has a history of use in foods to help digest and move them through the digestive tract. It also helps reduce gas and can help prevent and alleviate nausea.

Contra-indications and Cautions: Pregnancy, Nursing; Colitis, inflammatory bowel, irritable bowel. It is not advisable to use stimulant laxatives regularly over a long period of time follow the advice of your health care professional.

Warning: Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Discontinue if use leads to diarrhea or watery stools. Do not exceed recommended dosage. Keep out of the reach of children.

# Dosage:

Take 2 capsules, 1-2 times per day, between meals or just before bedtime. This too shall pass!

# Mullein 1:3

1 fl oz - Product Code: 57201

# MuscleGesic

A blend of herbs designd to help reduce muscle and nerve pain, and inflammation.

1 fl oz - Product Code: 57035

# Who might benefit from this herbal supplement?

- Those suffering from muscle pain; those suffering from fibromyalgia
- Those who wish to shorten recovery time after athletic workouts; those recovering from injuries or accidents.

## **Ingredients**:

Phyto-Tech™ MuscleGesic contains the following: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Black Cohosh Root, Fresh Lobelia Herb, Fresh Betony Herb, Pure Grain Alcohol, Deionized Water.

MuscleGesic has many uses. It helps diminish muscle and nerve pain and inflammation. Skullcap and St. John's Wort decrease the frequency the nerve sends a pain signal to the brain while Devil's Claw decreases inflammation. It can be used as a preventative, for immediate acute pain and for chronic pain.

Unlike a prescription pain medication (potentially addictive and toxic), this non-toxic and non-addictive approach will diminish pain but not paralyze the pain signal completely. This allows for enough pain relief so one can relax and heal rapidly.

Chronic pain can lead to depression and that is addressed with the St. John's Wort in the formula.

As a specific for fibromyalgia and chronic pain disorders, MuscleGesic helps diminish pain and connective tissue inflammation.

# Dosage:

Preventative: Before a painful event (dental visit, deep muscle massage, workout, athletic event) 30 drops minimum and up to 120 drops 1/2 to 1 hour before the event.

Acute dosage: 60-90 drops in water every 2-3 hours until pain subsides. Then 2-3 times daily until not needed.

Chronic pain: 60-90 drops 2-3 times daily in water.

Note: Phyto-Tech™ Arnica Oil 1:6 can be used topically for local muscle pain and inflammation along with MuscleGesic.

# **Mushroom Extract Complex**

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

Liquid Extract: 1 fl oz - Product Code: 57002

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# The Human Microbiome (continued)

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# About WellJillian

WellJillian is a Trusted Writing & Interview Series on Health & Medicine with an East/West Lens by Jillian Capodice. The Writing is presented in two parts, Tuesday Essays & Sunday Science.

The Tuesday Essays from the collection, This One Is to You, 2017, Numbers 1-18, are short perspectives about health and life based on both Eastern and Western (Biomedicine). They are also posted in full text on Instagram @welljillian. The Sunday Science Pieces from This One Is to You, 2017, Numbers 1A-17A, are longer pieces about current topics of interest in medicine and science. These articles are written on a level between health news articles and peer-reviewed medical and scientific papers.

The WellJillian Interview Series is in development for 2018 and will be a written and recorded series of interviews with people who are doing important work in the field of medicine & science as well as those who employ holistic and conscious practices in their respective fields such as the creative arts, technology, business and sports

To subscribe, or for more information, go to www.welljillian.com



# Who might benefit from this herbal supplement?

- Those with a weakened immune system; those who frequently catch cold or flu
- Those undergoing chemotherapy; those with serious conditions such as HIB and AIDS.

Phyto-Tech™ Mushroom Extract Complex contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root, Deionized Water, Pure Grain Alcohol.

Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a longterm tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptoglenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy

of treatment is actually enhanced. However, it is recommeded to consult with your physician before using products of this type.

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot extract. The two liquids are combined to create a full spectrum mushroom extract.

## Dosage:

General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.

More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

# **Mushroom Immune Complex**

A synergistic blend of 14 powerful organic mushroom mycelia specifically chosen for their powerful action on the immune system.

90 Veggie Caps - Product Code: 67461

## Who might benefit from using this product?

- Those with health problems that will benefit from enhanced and optimized immune function
- Those who are suffering from stress, fatigue, debility; those affected by the stress of cancer therapy, recovery programs,
- Those with auto-immune disorders

# Ingredients:

Each 525 mg Phyto-Tech™ Mushroom Immune Complex vegetarian capsule contains the following: Certified Organic Mushroom Mycelium of: Maitake, Reishi, Turkey Tail (Coriolus), Chaga, Cordyceps, Shiitake, Lions Mane, Poria cocos, Fomes fomentarius, Agaricus blazei, Mesima, Tremella, Velvet Foot, Zhu Ling (Polyporus umbellatus) in Vegetable Capsules (pullulan).

## **Properties:**

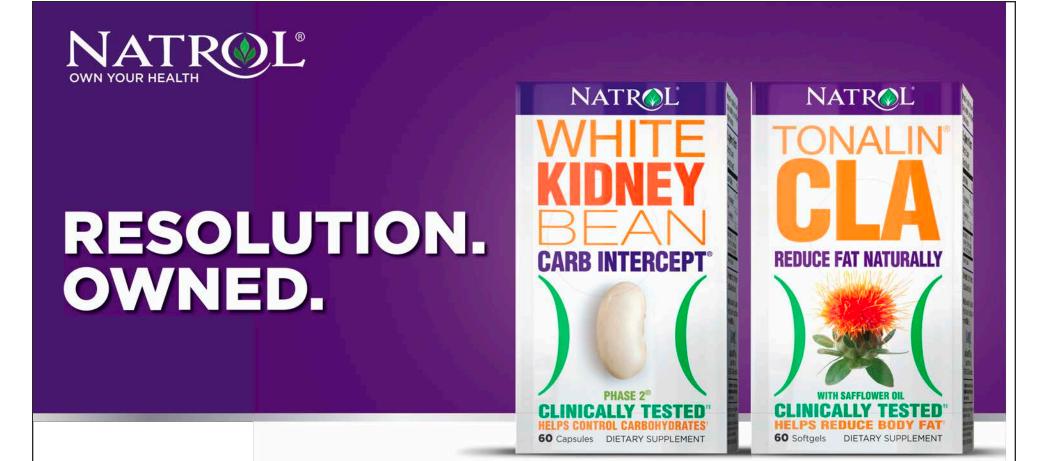
This blend of mushroom mycelium can be characterized as having the following properties: Immuno-Modulating, Antioxidant, Anti-tumor, Anti-Inflammatory, Antidiabetic, Antiviral, Antibiotic, Hepatoprotective Indications:

Mushroom Immune is a synergistic blend of 14 powerful organic mushroom mycelia. The formula can be used as both a preventative to maintain a strong immune system and protect one from immune breakdown, and as a treatment for those in the midst of immune deficiency, chronic stress and fatigue, debility, illness, and disease.

Many diseases are linked to immune dysfunction, including cancer, AIDS/HIV, hepatitis, chronic fatigue syndrome, and autoimmune disorders. Medicinal mushrooms are believed to have approximately 125 therapeutic effects including, immunomodulating, antioxidant, antitumor, antiviral, antibacterial, antiparasitic, hepatoprotective, and antidiabetic properties. Many of the medicinal benefits of mushrooms are derived from glucan polysaccharides and polysaccharidepeptides found in their cell walls. Polysaccharides are long molecule chains that have antitumor and immunostimulating properties. They have been shown to activate the immune response and potentiate a variety of immune cells including host cells, such as monocytes, neutrophils, dendritic cells, natural killer (NK) cells, and macrophages, plus chemical messengers, such as interferons, cytokines, and interleukins. Some polysaccharides act as immune system enhancers and some have direct cytotoxic effects on cancer cells. Certain immune cells have specific receptors for specific polysaccharides present in mushrooms, such as Dectin-1, TLR and CR3, which explains why mushrooms have such a profound effect on immunity. Research has reported that

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# Natrol® Phase 2® White Kidney Bean Extract

- · Promotes Healthy Body Weight<sup>†</sup>
- Helps Control Carbohydrates<sup>†</sup>
- Helps Reduce the Enzymatic Digestion of Dietary Starches<sup>†</sup>

# Natrol® Tonalin® CLA

- · Clinically Tested to Help Reduce Body Fat<sup>†</sup>
- Helps Reduce Body Fat Mass†
- Helps Increase Muscle Retention<sup>†</sup>

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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mushrooms used in combination with each other have a multitude of beneficial effects, including increased longevity and reduced side effects in advanced cancer patients undergoing chemotherapy.

There are fourteen different mushrooms utilized in Phyto-Tech™ Mushroom Immune Complex. Following, you can find more detailed information, including its connection to immune system health, for each of them.

Maitake stimulates regulation of interleukin-1, NK-cells, cytotoxic T-cells, and superoxide anions. The polysaccharides it contains have a unique structure and have been extensively researched for their immunomodulating activity. Maitake's primary polysaccharide, beta-D-glucan is well absorbed orally. It has been shown to enhance immune function and has been studied for its benefits in cancer treatment and blood sugar support. Maitake is considered to be anti-HIV, antihypertensive, antidiabetic, and antiobesity. It is used for prevention and treatment of flu, diabetes, hypertension, hypercholesterolemia, urinary tract infections, and HIV.

Reishi contains numerous polysaccharides as well as triterpenes and amino acids that increase immunity and provide cardiovascular and blood sugar support. It stimulates circulation and helps lower blood pressure. Its water-soluble polysaccharides have been shown to have antitumor and immunostimulating activity. Studies report Reishi helps reduce cholesterol, blood pressure, and blood sugar levels, inhibits platelet aggregation, and alleviates altitude sickness. It is analgesic, anti-inflammatory, antibacterial, antioxidant, antiviral, and demonstrates anti-allergic activity.

Turkey Tail, also called Coriolus, has a multicolored cap resembling a turkey tail. It has been heavily researched for its anti-cancer properties and its ability to support immunity. PSK, a water-soluble protein-bound polysaccharide and PSP, a polysaccharide-peptide are two key compounds in Turkey

Tail that have been the focus of much research. PSK acts both directly (stimulates immunity) and indirectly (cytotoxic) on tumor cells, and also enhances interferon production to destroy viruses. PSP stimulates the immune system and has anti-cancer properties. Studies report that when used along with traditional cancer treatment, PSK and PSP can increase patient longevity.

Chaga is known by in Siberia as the "Mushroom of Immortality." They consumed it on a daily basis to increase stamina, prevent disease, and promote longevity. It is unlike other mushrooms in that it isn't soft, but very hard like wood, and looks less like a mushroom and more like a large tree growth. It protects itself from harsh climates by concentrating natural compounds in order to survive, making it extremely nutrient dense and powerful in its health benefits. It is high in B vitamins, minerals, enzymes, flavonoids, and phenols. It contains a unique pigment-like phenolic compound called chromogenic complex, which exerts a protective effect on tissues. Chaga is also rich in superoxide dismutase (SOD), a potent antioxidant enzyme that scavenges tissue-damaging free radicals. It is considered to be a powerful adaptogen that strengthens the body's resistance to stress. Its active constituents are believed to be polysaccharides, triterpenes, and sterols. It has anti-inflammatory, anticancer, antimutagenic, antiviral, analgesic, hepatoprotective, immuno-stimulating, and hypoglycemic effects. It is also a rich source of beta glucans that possess immunomodulating

Cordyceps contains polysaccharides, sterols, peptides, fatty acids, vitamins, minerals, and nucleotides, and have been found to support the heart, lungs, kidneys, adrenals, and immune system. They are commonly used to increase energy, endurance, and sexual vitality. Cordyceps has antioxidant, free radical-scavenging, anticancer and hypoglycemic

Shiitake demonstrates anticancer benefits not by directly attacking cancer cells, but by enhancing the immune system. It is used in Japan to help support immune function in cancer patients. It also has immunomodulating, antibacterial, antiviral, anti-parasitic, hepatoprotective, and cardiovascular effects.

Lions Mane is used in traditional Chinese medicine to increase strength and vigor, and to improve digestion. Its polysaccharides have been shown to have cytotoxic effects in cancer cells. Lions Mane is unique in that is supports brain health. It contains nerve growth factors (NFG's), which are involved in the growth of neurons.

Poria cocos demonstrates anti-cancer and immunomodulatory activities. Its main chemical constituents include triterpenoids, polysaccharides, ergosterol, caprylic acid, undecanoic acid, lauric acid, dodecenoic acid, and palmitic acid. In Chinese medicine it is used to treat conditions of the heart, lungs, kidneys, and spleen. In cancer therapy it is used to lessen the side effects of chemotherapy, strengthen the body, increase appetite, and improve body weight.

Fomes fomentarius has a long history of use as a styptic to stop bleeding and as a vulnerary to heal wounds. In China it has been used to treat cancers of the stomach, uterus, and esophagus. It exhibits antibacterial, antiviral, and antitumor properties, which are believed to be primarily attributed to its iodine content and to a substance it contains called fomentariol.

Agaricus blazei, native to Brazil, is widely cultivated in Japan for its medicinal properties. It has been used to treat many diseases including cancer, chronic hepatitis, diabetes,

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54044	BENFOTIAMINE MEGA 250	120	VCA	30 NO	24.00	52196	DHEA 100 MG	60	VCA	24.00	19.20	64058	LACTOFERRIN	60	CAP	40 NN	38.40	61940	PYCNOGENOL 100 MG	60	VCA	64.00 51.20
54043	BENFOTIAMINE W/THIAMIN	120	VCA		15.96	54735	DHEA 15 MG	100	CAP	14.00		52181	LIFE EXTENSION MIX	240	TAB	74.00		66674	PYRIDOXAL 5 PHOS 100MG	60 60	VCA	22.00 17.60
58955	BERRY COMPLETE ENHANCE	60	VCA	29.00		52316	DHEA 25 MG CAP	100	CAP	18.00		52182	LIFE EXTENSION MIX PWD	14.	PWD	98.00		57172	QUERCETIN OPTIMIZED	60	VCA	22.00 17.00
59824	BIOACTIVE MILK PEPTIDE	30	VCA	18.00		52315	DHEA 25 MG CHW	100	CHW	14.00		56680	LIPID CONTROL ADVANCED	60	VCA	30.00		55363	R LIPOIC ACID SUPER	60	VCA	49.00 39.20
62496	BLACK CUMIN SD OIL 500	60	SGC	16.00		61357	DHEA 50 MG	60	CAP	19.00		61055	LIVER EFFECIENCY FORM	30	VCA	18.00		62384	REISHI EXT MUSHRM CMP	60	VCA	30.00 24.00
62521	BLACK CUMIN W/BIO CURM	60	SGC	32.00		62984	DHEA COMPLETE	60	VCA	48.00		67021	MACUGARD W/AST SAFFRON	60	SGC	44.00		58126	RESVERATROL 100 PTER	60	VCA	36.00 28.80
67293	BLOOD PRESS 3X ACTION L	60	TAB		35.20	52520	DIGEST RC	30	TAB	14.00		67068	MACUGUARD OCULAR SUP	60	SGC	25.00		59023	RESVERATROL 250 OPT GB	60	VCA	46.00 36.80
67294	BLOOD PRESSUR DUAL ACT	60	TAB	44.00		66946	DIGESTIVE ENZY W/ PROB	60	VCA	28.00		57758	MAG CITRATE 160 MG	100	CAP	9.00		65223	RESVERATROL OPT W/NAD L	30	VCA	42.00 33.60
59402	BLUEBERRY EXT W/POMEGR	60	VCA	30.00		52191	DIGESTIVE ENZYMES SUPR	60	CAP	22.00		67318	MAGNESIUM 250 EXT REL	60	VCA	13.00		53947	RHODIOLA EXT 250 MG	60	VCA	11.75 9.40
52165	BLUEBERRY EXTRACT CAPS	60	VCA	22.50		66345	DOPAMIND WILD GREN OAT	60	TAB	48.00		52419	MAGNESIUM 500 MG	100	VCA	12.00	9.60	65224	RIBOGEN 200 MG OAK WOD	30	VCA	36.00 28.80
68041	BODY LOT SKIN CARE	6 Z	LOT	28.00		65972	ENDOTH DEF POM & CORDI	60	SGC	68.00		67761	MEDITERRANEN WHLE FOOD	90	VCA		35.20	64201	RNA 500 MG	100	CAP	17.95 14.36
52167	BONE RESTORE	120	CAP		18.00	59031	ENDOTHELIAL DEFENSE	60	VCA		43.20	54559	MELATON 5 MG SEELP NAT	60	CAP	18.00		59087	SAFFRON W/SATIEREAL	60	CAP	36.00 28.80
62932	BONE RESTORE W/ K2	120	CAP	24.00		67275	EPA DHA MEGA	120	SGC	20.00		62478	MELATONIN 10 MG	60	CAP	28.00		55499	SAM E 200 MG	30	TAR	25.00 20.00
56688	BONE STRENGTH W/ KOACT	120	CAP	42.00		67553	ESOPHACOOL CHW	120	CHW	20.00		61010	MELATONIN 3 MG	60	CAP	8.00	6.40	55498	SAM E 400 MG	30	TAB	36.00 28.80
52173	BP MANAGEMENT NATURAL	60	TAB	44.00	35.20	63782	ESOPHAGEAL GUARDIAN	60	CHW	36.00	28.80	56449	MELATONIN 300 MCG T/R	100	CAP	12.00	9.60	64998	SE METHYL L SELENOCYST	100	VCA	11.00 8.80
63888	BRAIN SHIELD GASTRODIN	60	VCA	33.00	26.40	53410	ESTROGEN NATURAL	60	TAB	38.00	30.40	56843	MELATONIN 750 MCG T/R	60	CAP	8.00	6.40	57757	SEA IODINE 1000 MCG	60	VCA	8.00 6.40
52460	BRITE EYES III	2	VIL	34.00	27.20	58717	EUROPEAN LEG SOLUTION	30	TAB	20.00	16.00	67311	MEMORY PROTECT	36	CAP	24.00	19.60	52192	SELENIUM CMP SUPER 200	100	CAP	14.00 11.20
55265	BROMELAIN COATED	60	TAB	21.00	16.80	60364	EYE PRESSURE SUPPORT	30	VCA	38.00	30.40	61451	METHLYCOBALMIN 1 MG VN	60	LOZ	9.95	7.96	66869	SHADE FACTOR VCAP	120	VCA	44.00 35.20
53086	C 1000 W/DIHYDROQUERC	250	TAB	25.50	20.40	62960	FAST C 500 W/DIHYDROQ	120	TAB	26.00	21.20	61711	METHYLCOBAL 5 MG VAN	60	LOZ	32.00	25.60	59613	SKIN RESTORING CERAMID	30	CAP	25.00 20.00
64826	CAL REDUCE CHW	120	CHW	45.00	36.00	63992	FLORASSIST BALANCE LIQ	30	VCA	32.00	25.60	53832	MIGRA EEZE W/BUTTERBU	60	SGC	33.00	26.40	60295	SLEEP NAT ENHAN NO MEL	30	CAP	20.00 16.00
62383	CARDIO PEAK HAWTH ARJ L	120	VCA	36.00		67405	FLORASSIST GI	30	VCA	33.00		63931	MILK THISTLE (EUROPEN)	120	SGC		35.20	60065	SLEEP NATURAL W/MELATO	30	CAP	22.00 17.60
52169	CARNITINE OPTIMIZED	60	VCA	36.00		65092	FLORASSIST HEART PROB	60	VCA	32.00		59329	MITOC ENERG OPT BIOPQQ	120	CAP	94.00		52199	SODZYME W/ GLISODIN	90	CAP	28.00 22.40
55107	CARNOSINE SUPER	60	VCA	40.00		68017	FLORASSIST IMMUNE HEAL	30	VCA	26.00		59781	MITOCHONDRIAL BASC PQQ	30	VCA	44.00		53798	STRESS RELIEF NATURAL	30	VCA	28.00 22.40
65744	CHOL SUPPORT	60	LVC		41.60	66597	FLORASSIST MOOD	60	CAP	33.00		55127	MSM 1000 MG	100	CAP	14.00		60321	STRONTIUM 750 MG	90	VCA	20.00 16.00
52923	CINSULIN ENHAN CINNULIN	90	VCA			57227	FLORASSIST ORAL HYGIEN	30	LOZ	20.00			N A C 600 MG	60	CAP		11.20	56823	SUPER MIRAFORTE LIGNAN	120	CAP	62.00 49.60
65177	CISTANCHE STD 210 MG	30	VCA	20.00		66208	FLORASSIST THROAT HEAL	30	LOZ	20.00		68032	NAD PLUS CELL REG RESV	30	VCA	50.00		64858	TART CHERRY EXT	60	VCA	20.00 16.00
68132	COCOAMIND MINT CHOC PK	14	PAK	24.00		65973	FOLATE OPTIM 5000 MCG	30	TAB	25.00		65001	NAD PLUS CELL REGENERAT	30	VCA	34.00		68054	TAURINE 1000 MG	90	VCA	13.00 10.40
60860	COFFEEGENIC 400 GRN CF	90	VCA	38.00		57354	FOLATE OPTIMIZED	100	TAB	19.00		61124	NEURO MAG MAG THRE PWD	7.2	PWD	40.00		65883	TEAR SUPP W/MAQUIBRIGH	30	VCA	18.00 14.40
63852	COGNITEX W/ BRAIN SHLD	90	SGC SGC	60.00		64782	FORSKOLIN 10 MG	60 60	VCA VCA	16.00		61054	NEURO MAG MAG THREONAT Niacin no flush 800 mg	90	VCA	40.00		53160	THEANINE 100 MG	60 60	VCA VCA	24.00 19.20 13.00 10.40
52194	COGNITEX W/ PREGNENOL L	90			49.60	60097	FUCOIDAN OPTIMIZED		SGC	36.00		63788		100	CAP	19.00		59745	TMG 500 MG LIQ VCAP			
61834 53962	COGNIZIN CDP CHOLINE COQ10 100 MG UBIQ SUP	60 60	CAP SGC	36.00 56.00		62630 52178	GAMMA E TOCOPHER/TOCOT GAMMA E TOCOPHEROLS	60 60	SGC	40.00 32.00		68043 66076	NIGHT CRM SKIN CARE Nitrovasc W/Cordiart Le	1.6 30	CRM VCA	39.00 18.00	31.20 14.40	58258 52188	TOCOTRIENOLS SUPER ABS TPST LIFE EXTENTION	60 4 Z	SGC Tub	30.00 24.00 9.50 7.60
63764	COQ10 100 WG OBIQ SUP COQ10 100 UBIQ BIOPQQ	30	SGC		44.00 43.20	67346	GASTRO EASE	60	VCA	32.00 44.00		65178	NK CELL ACTIVATOR	30 30	TAB		36.00	63765	TRI SUGAR SHIELD MULBR	4 Z 60	VCA	36.00 28.80
52163	COQ10 100 W/ D LIMON	100	SGC	46.00		66727	GLUCOSAM CHOND 400 400	100	CAP	38.00		61230	OLIVE LEAF VASCULR ADV	60	VCA		28.80	66353	TRIPLE ACTION THYROID	60 60	VCA	36.00 28.80
62414	COQ10 200 MG UBIQUINOL	30	SGC		49.60	52415	GLUTATHIONE C & CYSTEN	100	CAP	20.00		67151	OLIVE OIL EXTRA VIRGIN	16.	LIQ	33.00		62861	TRYPTOPHAN 500 MG	90	CAP	33.00 26.40
52172	COQ10 50 MG ENHAN SUP	60	SGC	25.00		68047	GLYCEMIC GUARD	30	VCA	42.00		58490	OMEGA 3 SUPER SESM ENT	120	SGC	34.00		62862	TRYPTOPHAN PLUS OPTIM	90	CAP	32.00 25.60
67498	CORTISOL BALANCE NATURA	/30	VCA	45.00		63871	GLYCINE 1000 MG	100	VCA	12.00		58680	OMEGA 3 SUPR SES LG OF	120	SGC		25.60	61221	TWO PER DAY CAP	120	CAP	24.00 19.20
58501	CRANMAX 500 MG L	60	VCA	17.50		52198	GRAPE SEED EXT 100 MG	60	VCA	36.00		64680	OMEGA W/ KRILL & ASTAX	120	SGC		36.00	59196	TWO PER DAY TABLETS	60	TAB	10.50 8.40
58511	CRANMAX OPTIMIZED	60	VCA	18.00		52201	GREEN TEA EXT MEGA DEC	100	CAP	30.00		64194	PALMETTOGUARD SAW PLM	30	SGC	15.00		52159	TWO PER DAY TABLETS	120	TAB	20.00 16.00
62382	CREATINE WHEY GLUTAMIN	16Z	PWD		24.00	52202	GREEN TEA EXTRACT 725	100	CAP	30.00		58828	POMEGRANATE COMPLETE	30	SGC	24.00		57901	UBIQUINOL 100 MG W/MIT	60	SGC	62.00 49.60
58251	CRUCIFEROUS TRIPLE ACT	60	VCA	32.00	25.60	66569	HAIR SKIN NAILS REJUV	90	TAB	24.00	19.60	65530	POMEGRANATE EXT	30	VCA	19.50	15.60	58016	UBIQUINOL 50 MG W/MITO	100	SGC	58.00 46.40
58534	CRUCIFEROUS VEG TRIPLE	ION	VCA	24.00	19.20	65814	HEALTH BOOST ONCE DAIL	60	SGC	54.00	43.20	62413	PQQ 20 MG W/BIOPQQ L	/30	CAP	40.00	32.00	66598	URI ACID CONTROL	60	VCA	24.00 19.20
54588	CURCUMIN SUPER BIO 400	60	VCA	38.00	30.40	53288	HEPATAPRO 900 MG	60	SGC	50.00	40.00	59678	PQQ CAPS W/BIO PQQ 10	30	VCA	24.00	19.20	67360	VENOFLOW	30	VCA	52.00 41.60
63870	CURCUMIN W/GINGER &TUR	30	SGC	30.00	24.00	60519	HOMOCYSTEINE RESIST	100	VCA	24.00	19.20	52216	PREGNENOLONE 100 MG CP	100	CAP	30.00	24.00	56311	VENOTONE 250 MG	60	CAP	18.95 15.16
63889	CYTOKINE SUPPES W/EGCG	30	VCA		24.00	65176	IMMUNE SENESCENCE PROT	60	VCA	40.00		64578	PREGNENOLONE 50 MG	100	CAP	26.00		64441	VINPOCETINE 10 MG	100	TAB	18.00 14.40
58681	D AND K W/SEA IODIN	60	CAP	24.00		56188	INTEGRA LEAN IRVINGIA	60	VCA	28.00		58257	PRELOX NAT SEX FOR MEN	60	TAB	52.00		65426	WAIST LINE CONTROL	120	VCA	42.00 33.60
53683	D RIBOSE PWD 150 GRAMS	150	PWD	27.50		54066	IRON PROTEIN PLUS 15	100	VCA	24.00		65529	PROSTA POLLEN 3X STREN	30	SGC	28.00		63587	WHEY PROTEIN CHOC	600	PWD	30.00 27.00
58922	D VITAMIN LOTION	4 Z	LOT	36.00		57900	IRVINGIA OPTIMIZED	120	VCA	56.00		54896	PROSTATE FORM ULTRA	60	SGC	38.00		66209	X R SHIELD	90	VCA	15.00 12.00
52560	D3 1000 IU SGC	250	SGC	12.50		53066	JOINT FORMULA FAST ACT	30	VCA	39.00		67152	PROSTATE PM MIKE DITKA	30	VCA	39.99		59594	XXXCR MIMETIC LONGEV	60	VCA	39.00 31.20
52488	D3 5000 IU	60	SGC	11.00		52193	K SUPER W/ K2 ADVANCE	90	SGC		24.00	64411	PROVINAL PURIF OMEGA 7	30	SGC	27.00		64653	ZINC 50 MG HIGH POTENY	90	VCA	7.95 6.36
58872	D3 7000 IU	60	CAP	14.00		57513	K2 45 MCG LOW DOSE	90	SGC	18.00		54961	PS 100 PHOS SERINE	100	CAP		43.20	65179	ZINC LOZ 18.75 ENHA VG	30	LOZ	12.00 9.60
68042	DAY CRM SKIN CARE	1.6	CRM	50.00	40.00	60828	KRILL HEALTHY JOINT	30	SGC	32.00	25.60	56037	PUMPKIN SEED EXT W/O SO	60	VCA	20.00	16.00					



cardiovascular disease, and AIDS. It supports the immune system and has shown immunomodulating and antitumor activity.

Mesima, also known as Phellinus Linteus, contains beta D-glucan and lectin, which enhance immune activity, and a compound called interfungins A, which has been reported to help balance blood sugar levels. It also exhibits antioxidant, anticancer, and antibacterial effects. It has been used to treat gastroenteric dysfunction, and can help in conditions of constipation, diarrhea, and irritable bowel.

Tramella is thought of as a tonic to the immune system and has been traditionally used in Chinese medicine as a treatment for exhaustion and debility. It enhances immune function and leukocyte activity and is anticancer. It contains the acidic polysaccharide glucuronoxylomannan. Clinically, Tramella has been shown to be an effective treatment for chemotherapy-induced leukopenia.

Velvet Foot, known in China and Japan as Enokitake, is traditionally used in Chinese medicine to treat liver disease and gastric ulcers. It is anticancer and antitumor, and contains the beta-glycoprotein Proflamin, which has been used as a combination therapy in cancer treatment.

Zhu Ling (Polyporus umbellatus) has been traditionally used to treat edema, urinary problems, vaginal discharge, jaundice, and diarrhea. It possesses diuretic activities and has been used in the treatment of kidney diseases. It has anticancer, immuno-enhancing, and hepatoprotective properties.

# **Complimentary Formulas & Single Herbs:**

- B-Complex Vitamins (for nutritional support)
- Oregano Oil (powerful antimicrobial)
- Immune Acute Complex (herbal formula for immune support)

• Adrenal Adaptogen Complex (adaptogen formula)

## Dosage:

Veggie Cap: Take 1 capsule, 1-3 times per day or as needed. Made with U.S. Grown Certified Organic Mushrooms.

# Myrrh Gum 1:4

1 fl oz - Product Code: 57079

# Neem

1 fl oz - Product Code: 57074

# **Nerve Calmplex**

Nerve Calmplex is a blend of herbs designed to help those with overactive minds, resulting in insomnia at night, and mental stress during the day. More gentle than other sedating formulas, it is very useful for stress, mild insomnia and nervousness, especially during the day.

> 1 fl oz - Product Code: 56984 1 fl oz - Alcohol Free, Product Code: 57069

# Ingredients:

Phyto-Tech™ Nerve Calmplex contains Fresh Milky Wild Oat Seed, Fresh St. John's Wort Flowers, Fresh Skullcap Herb, Passion Flower Herb, Hops Strobiles, Fresh Lobelia Herb, Fresh Pulsatilla Herb, Grain Alcohol, Deionized Water. (The alcohol-free version contains no Grain Alcohol) All of the herbs are either certified organic or ethically wildharvested.

# Nettles 1:2

Nettles has traditionally been used by herbalists for urinary tract infections, edema, allergic rhinitis and general anti-inflammatory action.

1 fl oz - Product Code: 56991 75 Veggie Caps - Product Code: 60135

## Who might benefit from this herbal supplement?

- Those with inflammatory diseases of the lower urinary tract; those with kidney stones;
- Those with hayfever and similar allergic conditions.; those with edema

Nettles is also rich in minerals, and is often used as a nutritional supplement, i.e. a source of calcium, potassium, silicon and other trace minerals.

## **Ingredients:**

Phyto-Tech™ Nettles 1:2 contains Nettles herb (Urtica dioica), Pure Grain Alcohol, Deionized Water. Cetfified Organic. Also known as Stinging Nettle.

Also available in vegetarian capsule form. Each Phyto-Tech™ Nettle veggie cap contains 500 mg of certified organic Nettles Herb.

## Note:

Nettles "Herb" refers to the above ground parts of the plant. Nettles "Root" consists of the underground parts of the plant. The constituents are different. It is the root that has been shown to be useful in treating benign prostatic hyerplasia (BPH) not the herb.

## Dosage:

30-60 drops, 2-3 times per day or as needed in juice or water

# **Neutralizing Cordial**

A traditional herbal formula for digestive distress.

1 fl oz - Product Code: 57060

## Who might benefit from this herbal supplement:

- Those with heartburn, acid reflux, indigestion, irritable bowel, ulcers and any digestive discomfort exacerbated by too much stomach acid;
- Those with overactive bowel peristalsis and gas; those with digestive upset.

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## **Ingredients:**

Phyto-Tech™ Neutralizing Cordial contains the following: Turkey Rhubarb Root, Cinnamon Bark, Goldenseal Root, Peppermint Spirits, Potassium Carbonate, Simple Syrup, Grain Alcohol, Deionized Water.

Neutralizing Cordial can be used for chronic digestive upset or on an as need basis. The effect can be felt quickly and can be repeated safely. It helps digestive upset when eating new foods while traveling.

Neutralizing Cordial is a "Pepto Bismol"-like formula that can be part of a household medicine cabinet. It is safe for children and has a very agreeable taste.

## Dosage

General: 30-60 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops every 'hour until feel better.

# Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.

1 fl oz - Product Code: 56958

## Who might benefit from this herbal supplement?

- Those in need of enhanced immune support;
- Those with hypertension (high blood pressure);
- Those with blood sugar swings;
- Those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

## Ingredients

Phyto-Tech™ Olive Leaf 1:2 contains Olive Leaf (Olea europaea), 250 mg/ml, Pure Grain Alcohol, Deionized Water.

Certified Organic.

## Dosage:

20-40 drops, 2-3 times per day or as needed in juice or

# **Oral Tonic Complex**

# A therapeutic herbal mouthwash concentrate.

1 fl oz - Product Code: 56992

# Who might benefit from this herbal supplement?

- Those with periodontal disease; those with gum infections, abscess, or bleeding gums
- Those with halitosis (bad breath).

## Ingredients

Phyto-Tech™ Oral Tonic Complex contains the following: Goldenseal Root, Bayberry Root Bark, Prickly Ash Bark, Myrrh Gum, Coptis Root, Grain Alcohol, Deionized Water. Phyto-Tech™ Oral Tonic Complex is excellent as a preventative or curative for periodontal (gum) disease (pyorrhea). As a mouthwash in water, it helps to kill bacteria in the mouth and gums, it will tighten gums that are puffy and it will decrease gum bleeding. It will also increase saliva that will inhibit bacterial formation.

Oral Tonic Complex also makes ones mouth feel clean and fresh even though the formula is bitter initially.

It can be used as a preventative before and after oral surgery.

## Dosage:

ALOF VERA JUICE

**LUMINA HEALTH** 

DETOX HERBAL FORMULA

STOMACH HERBAL FORMULA

General: 30-90 drops in a little water and swish around vigorously in the mouth after brushing once per day. Acute infections: Repeat 3 times per day or massage directly into gums with ones finger.

# **Oregano Oil 70**

Contains only true wild Mediterranean Origanum vulgare, the most powerful Oregano nature offers. It is standardized to 70% carvacrol, the active component of the herb. It provides immediate immune support and has a broad spectrum effect. It also helps regulate candida.

1 fl oz - Liquid, Product Code: 56939 60 Liquid Filled Veggie Caps - Product Code: 57047 120 Liquid Filled Veggie Caps - Product Code: 57046

## Ingredients:

Guaranteed true Wild Oregano, from Turkey. Steam distilled for highest purity and potency.

## Who can benefit from this supplement?

• Those with bacterial, fungal, viral (cold and flu) and parasitic infections. Travelers.

Phyto-Tech™ Oregano Oil 70 is standardized to not less than 70% Carvacrol. It is available in liquid form (43 mg oregano oil equivalent to 30 mg carvacrol per four drops) and in a liquid filled veggi cap (45 mg oregano oil equivalent to 32 mg carvacrol per capsule).

## **Dosage**:

TAB

TAB

34.16 30.74

24.96 22.46

Veggie Caps: 1 capsule 1-3 times per day is a typical dose. Go up to 2 caps if necessary when ill or severe parasites. Liquid: Internal Acute: 2-6 drops in water or juice up to every 2 hours until symptoms subside plus a few days. Can go up to 10 drops when necessary per serving.

Internal Long Term: 1-4 drops in water or juice 1-3 times per day. Long term use is OK.

Topical: Use enough to cover the area desired. If a warming sensation occurs that is unpleasant, dilute in a little lotion or vegetable oil first.

... continued on page 84

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

11.19 8.95

18.89 15.11

LIQ

LIQ

D3 1000 IU

D3 2000 IU

MGF/

MAGNESIUM 60 MG DAILY



LIF	E FLO				
		4.7	110	00.50	00.07
60936	ARGAN OIL PURE ORGANIC	4 Z	LIQ	33.59	26.87
59211	BI ESTRO CARE BODY CRM	4 Z	CRM	36.39	29.11
67601	BOSWELLIA CRM UNSENTED	4 Z 4 Z	CRM	17.49	13.99
59346	DHEA FOR MEN CREAM		CRM	41.89	33.51
37804	DHEA PLUS	2 Z 2 Z	CRM	18.19	14.55
59040	E 25000 SUPER CREAM	21	CRM	17.29	13.83
59172	ESTRIOL CARE	21	PUM	18.29	14.63
36830 59254	ESTROCARE Iodine plus Liquid	21	CRM LIQ	21.09	16.87 6.07
59254 64919	MAGNESIUM GEL UNSCENTED	16Z	GEL	7.59 17.79	0.U <i>1</i> 14.23
64920	MAGNESIUM OIL PURE UNS	10Z 8 Z	SPY	11.19	8.95
04920 54596	MELATONIN CREAM	0 L 2 7	CRM	17.89	14.31
55223	MSM LOTION	8 Z	LOT	11.39	9.11
34755	PREGNENOLONE CREAM	27	CRM	18.69	14.95
44125	PROGESTA CARE BODY CRM	47	CRM	36.39	29.11
59798	PROGESTA CARE COMPLETE	4 Z	CRM	39.29	31.43
60044	PROGESTA CARE CRM TROP	4 Z	CRM	37.59	30.07
37721	PROGESTA CARE FOR MEN	37	CRM	36.79	29.43
55913	PROGESTA CARE LAV CRM	47	CRM	36.79	29.43
50230	PROGESTA CARE PLUS	4 Z	CRM	36.79	29.43
60463	SEA BUCKTHORN OIL	17	LIQ	20.49	16.39
		1 L	LIU	20.48	10.33
LIF	E SEASONS				
67710	ADRENAL T VCAP	60	VCA	34.99	29.74
67484	BEAU T VCAP HAIR SKIN	90	VCA	34.99	29.74
67961	BLOOD NOURISH R	60	VCA	24.99	21.24
67486	BP STABILITI HYPER T	120	VCA	34.99	29.74
67962	CIRCULARI T	90	VCA	27.99	23.79
67709	ENERGY VCAP	60	VCA	39.99	33.49
67836	HEALTHY AGING	90	VCA	39.99	33.49
67947	IMMUN T	90	VCA	29.99	25.49
67965	LUNG CAPACIT I VCAP	90	VCA	34.99	29.74
67481	MASCULINI T VCAP	90	VCA	39.99	33.49
67494	MOBILI T VCAP	100	VCA	34.99	29.74
67963	NEURO T BRAIN FOCUS	60	VCA	34.99	29.24
67491	PROSPERI T VCP THYROID	60	VCA	34.99	29.74
67492	VISIBILI T VCAP	60	VCA	39.99	33.49
LIE	ETIME NUTRITIONA	VI.			
53204	CAL MAG CIT LEMON CUST	167	LIQ	15.99	12.79
39800					
	CAL MAG CITRATE LIQ	16Z	LIQ	16.69	13.35
54029	CALM & CALMER OSTEO DENSITY RASBERRY	60 107	CAP	31.39 20.29	25.11
54575		16Z	LIQ	20.29	16.23
LIL	Y OF THE DESERT				
27152	ALOE GEL WHL LEAF ORG	32Z	LIQ	9.88	7.90

LO	VIIIVA IIEAEIII				
38380	CELL FOOD	1 Z	LIQ	29.95	29.95
39385	CELL FOOD OXYGEN SKIN	27	GEL	32.95	32.95
42619	CELLFOOD SILICA	4 2	LIO	34.95	34.95
		72	LIU	01.00	01.00
IVIA	CRO LIFE				
44441	MACRO GREENS PWD	10Z	PWD	42.99	34.39
52999	MACRO GREENS PWD 90 DY	30Z	PWD	99.99	79.99
53834	MIRACLE REDS 90 DAYS	30Z	PWD	99.99	79.99
51941	MIRACLE REDS PWD 30 DY	10Z	PWD	42.99	34.39
MA	AD HIPPIE				
66425	C SERUM KONJAC HYALUR	30M	LIQ	33.99	30.59
00423 66427	CREAM CLEANS NORM DRY	30W 118	CRM	15.99	14.39
	EXFOLIATING SERUM				
66423		30M	LIQ	34.99	31.49
66422	FACE CRM PEPTIDE ARGAN	30M	CRM	25.99	23.39
66426	FACE OIL ANTIOX ARGAN	30M	LIQ	24.99	22.49
67014	FACIAL SPF 30 SKIN	2.1	CRM	25.09	22.58
MA	GUEY WEAVES				
66436	BATH CLOTH MED TXT MAR	EA	MIS	8.50	8.50
66437	BATH CLOTH MED TXT ROS	EA	MIS	8.50	8.50
66438	BATH CLTH MED TXT BRWN	EA	MIS	8.50	8.50
	NUKA HEALTH			0.00	0.00
		0.0	110	05.00	05.00
62632	HONEY MANUKA MGO 250+	8.8	LIQ	35.99	35.99
67749	HONEY MANUKA MGO 30+	1.1	LIQ	35.49	35.49
68015	HONEY MANUKA MGO 400 $\pm$	8.8		49.99	49.99
MA	XI HEALTH				
62406	D3 2000 IU	180	TAB	24.95	22.45
66198	GLUTAMAX	50	CAP	48.95	44.15
54905	MAXI OMEGA 3 ENTER COT	90	SGC	46.89	37.51
	GAFOOD			10.00	07101
		00	TAD	04.40	FF 0.4
59478	ADRENAL STRENGTH	60	TAB	61.16	55.04
31196	B CMP BALANCED NEW FRM	90	TAB	44.56	40.10
31329	B COMPLEX BALANCED	60	TAB	34.56	31.10
61536	B12 VEGAN	30	VCA	20.56	18.50
10537	BABY AND ME	120	TAB	46.15	41.53
42288	BABY AND ME 2 NEW FORM	120	TAB	38.96	35.06
33658	BALANCED MINERALS DAIL	90	TAB	37.76	33.98
41731	BLOOD BUILDER	90	TAB	30.96	27.86
34688	BLOOD BUILDER	60	TAB	19.56	17.60
60903	C COMPLEX DAILY FOODS	60	TAB	19.96	17.96
64671	C PROTECT DAILY PWD	63G	PWD	24.96	22.46
44449	CAL DAILY FOODS	90	TAB	29.56	26.60
	5.12 5.11El 10000	00	1110	20.00	20.00

67654	MEGA FLORA FOR WOMEN	60	CAP	46.56	41.90
14192	MEGAFLORA	90	VCA	61.96	55.76
60472	MEN OVER 40 ONE DAILY	60	TAB	48.96	44.06
62480	MEN OVER 55 TAB	60	TAB	34.96	31.46
37820	MENS ONE DAILY	90	TAB	62.36	56.12
62762	MENS ONE DAILY	30	TAB	28.76	25.88
67322	MULTI FOR WOMEN 40+	60	TAB	38.96	35.06
61661	SELENIUM	60	TAB	28.36	25.52
39271	SKIN HAIR & NAILS	60	TAB	36.96	33.26
60904	THYROID STRENGTH	60	TAB	44.16	39.74
64668	TURMERIC DAILY PWD	59G	PWD	24.96	22.46
67514	TURMERIC STRENGTH JNTS	60	TAB	50.76	45.68
67513	TURMERIC STRENGTH LIVR	60	TAB	45.36	40.82
67512	TURMERIC STRENGTH WHOL	60	TAB	33.56	30.20
60905	UN STRESS	60	TAB	34.16	30.74
60471	WOMEN OVER 40 ONE DAIL	60	TAB	48.96	44.06
62481	WOMEN OVER 55	60	TAB	34.96	31.46
62763	WOMENS ONE DAILY	30	TAB	28.76	25.88
ME	LLISA B NATURALLY	Y			
	CLEANSING MILK	3 Z	CRM	16.59	13.59
38105	EXFOLIAT MASK PMP COCO	1 Z	CRM	24.09	19.27
68106	MICRODERMABRAS SCRUB	17	CRM	24.09	19.27
38107	PACK YOUR BAGS EYE CRM	.5Z	CRM	30.09	24.07
ME	TABOLIC MAINTENA	ANCE			
60438	5 MTHF 10 MG	90	CAP	79.60	79.60
33480	5 MTHF 2.5 MG	90	CAP	43.80	43.80
37990	BAM 750 MG	90	VCA	33.00	33.00
3066	BRAIN CELL SUPPORT	60	CAP	62.80	62.80
59946	GABA 750 MG	60	CAP	26.00	26.00
60614	LIPOIC ACID 100 MG	90	CAP	31.90	31.90
58647	PANTOTHENIC 500 MG	100	CAP	31.00	31.00
63578	TRYPTOPHAN 500 MG	60	VCA	34.00	34.00
60361	TYROSINE 500 MG	100	CAP	34.50	34.50
ME	TABOLIC RESPONSE	E			
60370	BONE MAXIMIZER III	150	CAP	29.99	23.99
39620	CARDIO CHELATE (EDTA)	180	CAP	39.99	31.99
34769	CHRYSIN 500 MG	30	CAP	24.99	19.99
35629	COQ10 100 MG W/L CARNI	16Z	LIQ	29.99	23.99
32721	CORDYCEPS 750 MG	60	VCA	19.98	15.98
34592	KIDS ATTENTION GELS	90	SGC	29.95	23.96
38344					14.36
	MSM CRM	4 Z	CRIVI	17.95	14.30
32735	MSM CRM MSM CRYSTALS 200GM	4 Z 200	CRM PWD	17.95 14.95	14.30

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit *Don's Blog* www.dongoldberg.com

ALOE JUIC WH LF PRS FR

ALOE JUICE WHL LF ORG

ALOE VERA GEL 32Z

ALOE VERA GELLY

32Z LIQ

32Z

LIQ GEL 9.29 7.43

DIETARY SUPPLEMENT Stress-Relax

Suntheanine

L-Theanine

100 mg 60 Chewable Tablets



Natural Factors' superior, fast-acting Stress-Relax products can help you cope with occasional and chronic stress, and promote sound, healthy sleep. These supplements provide a comprehensive approach for calmer days and restful nights.

TRANQUIL SLEEP Advanced fast-acting sleep formula SUNTHEANINE® L-THEANINE For mental calmness and relaxation PHARMA GABA® Clinically shown to support mental focus

Stress-Relax

Tranquil Sleep

5-HTP, Suntheanine® & Melatonin

60 Chewable Tablets

naturalfactors.com

Stress-Relax

Pharma GABA

FAST ACTING

100 mg 60 Chewable Tablets

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease,



- Dr. Mark Hyman states in his book, Eat Fat, Get Thin

# PGX DAILY®

- Supports healthy blood sugar levels already within the normal range
- Supports total cholesterol levels already within the normal range
- Promotes healthy weight loss

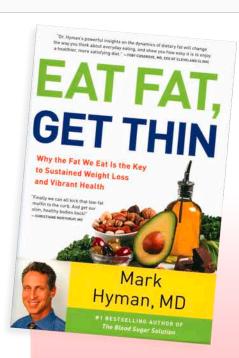


# Go to PGX.com to start the program

or contact the PGX support center at I-800-895-I470 or email support@pgx.com

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease





"I've struggled with my weight most of my life, and tried numerous diets and supplements. I finally found something that works for me - PGX! I took PGX before every meal and it reduced my appetite immediately. I was amazed at how easy it was and knew I could incorporate PGX into my lifestyle on a daily basis to lose those unwanted pounds."

- Bea N.





# **Oregano Plus**

# A broad-spectrum formula that provides powerful anti-microbial action and immune support.

90 Veggie Caps - Product Code: 67465

# Who might benefit from this product?

• Those suffering from infections, including fungal, yeast (candida), bacterial, viral and parasitic

## **Ingredients:**

Each veggie cap contains: Organic Oregano Leaf 285mg, Organic Garlic Bulb 66mg, Organic Onion Bulb 66mg, Organic Ginger Root 25mg, Organic Cayenne Fruit 10mg; The vegetarian capsule contains Modified Vegetable Cellulose

The herbs contained in this formulation are thought to exert the following properties: Antimicrobial, Antibacterial, Antifungal, Anti-Candida, Vermifuge (kills parasites), Circulatory Stimulant, Diaphoretic, Expectorant, Antioxidant, Anti-Inflammatory

## **Indications:**

Phyto-Tech™ Oregano Plus is a broad-spectrum formula that provides powerful immune support. It raises the body's defenses against foreign pathogens and helps prevent microbial inundation. It is indicated for all types of infections including bacterial, viral, fungal, parasitic, and yeast (Candida). It supports optimum respiratory function and will help to clear mucous, phlegm, and congestion. It also is a natural antioxidant, anti-inflammatory, and circulatory stimulant. The formula can be used short-term during acute illness or it can be safely used long-term for those who are immune deficient and prone to getting sick often.

Oregano Oil is a strong antimicrobial compound that works like tea tree oil, goldenseal, and grapefruit seed extract all in one. It has strong antibacterial actions and will kill microbes on contact. It is not an immune booster like Echinacea, but a killer for acute inundation and protection when traveling or if vulnerable to microbial breakdown. Powerful actions of Oregano Oil include: antiseptic, anti-microbial, anti-fungal, anti-parasitic, anti-spasmodic, and expectorant. It will destroy bacteria, parasites, yeast, and molds, and it is the most effective natural product to kill Candida.

Garlic and Onion act on bacteria, viruses, and parasites. They are especially useful for infections of the respiratory system, such as recurrent colds, flu, and chronic bronchitis. They can also be used to treat whooping cough and bronchial asthma. Garlic and Onion contain several different organosulfur compounds that are believed to have anticancer properties. Onion also contains high amounts of the antioxidant flavonoid quercetin, which has anti-inflammatory, antioxidant, antihistamine, and anti-proliferative (inhibits cell growth) properties.

Ginger and Cayenne are strong circulatory stimulants that will increase circulation and warm up the body. They vasodilate blood to the peripheral tissues which can promote a sweat, increasing the body's ability to detoxify. They will also assist in strengthening the body's resistance to illness causing

# Complimentary Formulas & Single Herbs:

- Goldenseal (if sinus infection, or discolored mucus)
- Digest Stim Complex (to increase digestive enzymes and acidify pH in Candida)
- Immune Complex (to boost immunity if the intent is prevention)
- Respir Ease/Respiratory Complex (if congested and viral)
- Kids Cough (alcohol free version of Respir Ease for kids)
- Ear Drops (Formula for ear infection)
- Sinus Decongest (sinus infections and allergies)
- Yin Chiao Plus (at very first sign of coming down with something)

Take 1 cap, 1-3 times per day.

# **Parasite Complex**

A blend of herbs know to kill parasites. It can be used as a preventive, when traveling, camping, etc., or for treatment of alcute infestations.

1 fl oz - Product Code: 56960

# Who might benefit from this herbal supplement?

• Those who have parasite infestation or those who anticipate being exposed to parasites (travel, camping, etc.)

# Dosage:

For Prevention: Use 60 drops, 2 times per day for a few days before travel and throughout the travel time. Continue for a few days after returning.

For acute parasitic infection: 60 - 90 drops 3-4 times per day for 1 month, or until symptoms stop and then for a few more days. Commonly, one can go into a dormant phase of parasitic infection and one needs to continue taking Parasite Complex during this phase. It is common to need to take this for at least one full month in order to kill all parasites in all their phases (eggs to maturity).

## **Ingredients:**

Phyto-Tech™ Parasite Complex contains Quassia Wood, Black Green Walnut Hulls, Garrya Herb Fresh, Clove Bud, Bayberry Root Bark, Alcohol Pure Grain, Water Pure

Phyto-Tech™ Parasite Complex can be used along with Phyto-Tech™ Oregano Oil 70.

# **Complimentary Formulas:**

Phyto-Tech<sup>™</sup> Oregano Oil 70.

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



ME	TAGENICS				57094	D3 5000 SGC	120	SGC	21.95 —	67895	INFLAV INTENS CARE NEW	120	CAP	39.95 —
IVII					63080	D3 LIQ 1000 IU DROPS	2.7	DRP	25.95 —	68012	INFLAVONOID	120	CAP	49.95 —
13825	500 C METHOXYFLAVONE	270	TAB	54.75 —	59843	DHA CHILDRENS 100 TUTT	120	SGC	24.75 —	68011	INFLAVONOID	60	CAP	29.95 —
13822	ADRENOGEN	270	TAB	49.95	58110	DHA HIGH 600 MG MTG/ 9	90	SGC	51.50 —	51950	INSINASE	90	TAB	64.95 —
13711	ADRENOGEN	90	TAB	19.25 —	13729	E 400 SELENIUM	60	TAB	21.95 —	39515	INTESOL	60	SGC	42.95 —
44464	ADRESET	180	CAP	94.25	33810	E COMPLEX 1:1	60	CAP	23.75 —	13747	INTRINSI B12 FOLATE	60	TAR	19.25 —
39702	ADRESET	60	CAP	34.50	43924	E COMPLEX 1:1	180	CAP	60.50 —	13840	INTRINSI B12 FOLATE	180	TAB	50.95 —
41134	ADVA CLEAR	126	CAP	80.75 —	13755	E P O OMEGAG META EPO	90	CAP	20.95 —	51476	KAPREX AI	90	TAB	57.25 —
52996	ADVA CLEAR	42	CAP	29.50 —	39727	ENDEFEN	14Z	PWD	49.50 —	53323	KAPREX NEW IMPROVED	60	SGC	56.25 —
43613	ANDROGRAPHIS PLUS	90	TAB	62.95 —	29937	ENDURA ORANGE	1.5	PWD	27.95 —	32750	LICORICE PLUS	60	TAB	24.95 —
52928	BENESOM	60	TAB	34.95	65699	EPA DHA 1000 OMEGAGEN	120	SGC	79.95 —	13750	LIPO GEN	90	TAB	22.95 —
54907	BIOPURE PROTEIN	12.	PWD	37.50 —	67959	EPA DHA 1000 OMEGAGEN	60	SGC	42.95 —	13841	LIPO GEN	270	TAB	58.75 —
34017	BLACK COHOSH PLUS	60	TAB	34.95 —	44534	EPA DHA 1200 LIQ BAL	7.2	LIO	42.55 — 30.50 —	35191	LIPO OLIN Lipotain no flus niacn	60	TAR	41.75 —
13845	BONE BUILDER VEG MTG/27	270	TAB	44.25	66818	EPA DHA 2400 LIQ OMEGA	5 Z	LIQ	30.30 — 44.25 —	13752	MAG CITRATE 200 MG	120	TAB	41.75 — 19.95 —
13827	CAL APAT BONE BLD 500	270	TAB	46.50	13736	EPA DHA 300	90	SGC	15.50 —	13753	MAG GLYCINATE 100 MG	120	TAR	25.75 —
26209	CAL APAT BONE BLD ACT	180	TAB	59.25	61827	EPA DHA 720 LEMON	240	SGC	80.95 —	43926	MAG GLYCINATE 100 MG	240	TAB	46.95 —
13828	CAL APAT BONE BLD BOR	270	TAB	48.50 —	44847	EPA DHA 720 LEMON SGC	120	SGC	43.95 —	43920 63715		60	SGC	40.95 — 42.95 —
53465	CAL APAT BONE BLD FORT	180	CAP	54.50 —	4404 <i>1</i> 59844			SGC			MEGA 10 OMEGA 7 + 3		TAB	
44340	CAL APAT BONE BLD FORT	90	CAP	29.50 —		EPA DHA 750 TRIGLYCER	60		32.95 —	44050	META GLYCEMX	60		47.95 —
59980	CAL APAT BONE BLD MAG	180	TAB	48.50 —	13834	EPA DHA COMPLEX	270	SGC	39.50 —	45442	META GLYCEMX	120	TAB	82.95 —
30405	CAL APAT BONE BLD W/MG	90	TAB	27.50 —	41940	EPA DHA EXTRA ENTRIC	60	SGC	21.50 —	38340	META I 3 C	60	CAP	28.25 —
22286	CAL APAT BONE BLD XTRA	90	TAB	28.25 —	63208	EPA DHA X STR ENT COAT	240	SGC	69.95 —	53649	META I 3 C	180	CAP	76.95 —
43921	CAL APAT BONE BLD XTRA	180	TAB	52.25 —	51169	EPA DHA X STR ENT COAT	120	SGC	38.95 —	50309	META LIPOATE 300 MG	30	TAB	40.50 —
43572	CAL APAT CHW BONE BLD	90	TAB	24.50 —	63206	EPA DHA XTRA STR LEMON	240	SGC	57.95 —	13757	META SITOSTEROL 2.0	90	TAB	42.25 —
31730	CAL APATITE + IPRIFLAV	90	TAB	29.25 —	51204	EPA DHA XTRA STR LEMON	120	SGC	31.75 —	10597	METAFIBER 380GM	380	PWD	25.75 —
33546	CAL APATITE + IPRIFLAV	270	TAB	75.50 —	58663	EPA DHA XTRA STR LEMON	60	SGC	19.95 —	55216	METALLO CLEAR	180	TAB	55.25 —
55991	CANDIBACTIN AR	120	SGC	73.30 — 71.50 —	38316	ESTRIUM TROPICAL MANGO	26Z	PWD	53.25 —	67249	METHYL CARE (VESSEL CAR	120	CAP	37.95 —
36568	CANDIBACTIN AR	60	SGC	71.30 — 39.95 —	40316	ESTRO FACTORS	90	TAB	62.75 —	13759	MG K ASPARTATE	60	TAB	16.75 —
55992	CANDIBACTIN AN	180	TAB	71.50 —	50877	ESTRO FACTORS	180	TAB	110.50 —	43637	MULT INT CAR NO FE ACT	180	TAB	36.95 —
36569	CANDIBACTIN BR	90	TAB	71.30 — 39.95 —	64104	ESTROVERA TAB	30	TAB	34.95 —	13766	MULTI MIN CHELATE	90	TAB	26.25 —
		90 90	TAB	38.75 —	64066	ESTROVERA TAB	90	TAB	94.95 —	13760	MULTIGENICS	90	TAB	22.95 —
50005 13722	CARDIOGENIC INTEN CARE		TAB		36314	EXHILARIN	60	TAB	23.75 —	13843	MULTIGENICS	180	TAB	41.50 —
	CARNITINE 250 W/CHR 50	30		24.95 —	13737	EZ FLEX	60	TAB	26.95 —	28638	MULTIGENICS INT CARE	180	TAB	36.95 —
38341	CELAPRO (CELL PROTECT)	60	SGC	39.95 —	29800	FEM ESTROPLEX	90	TAB	46.95 —	13761	MULTIGENICS NO FE	90	TAB	22.95 —
38897	CENITOL 30 SERVINGS	7.8	PWD	36.95 —	13817	FEM PREMENSTRL FEM PMS	60	TAB	25.95 —	13844	MULTIGENICS NO FE	180	TAB	41.50 —
52958	CERALIN FORTE	90	CAP	55.25 —	34619	FENUGREEK PLUS	60	TAB	29.95 —	51864	MYCOTAKI	90	CAP	46.95
64845	CERIVA TAB	30	TAB	35.95 —	21242	FIBROPLEX	120	TAB	30.95 —	21979	MYOCALM (MYOPLEX)	180	TAB	29.95 —
43922	CHOLAREST SC	180	TAB	67.50 —	40222	FOLAPRO	60	TAB	20.25 —	13770	MYOCALM (MYOPLEX)	60	TAB	11.25 —
41257	CHOLAREST SC TAB	60	TAB	26.95 —	43925	FOLAPRO	120	TAB	35.75 —	13771	MYOCALM + (MYOPX PM)	60	TAB	14.25 —
35733	CHONDRO CARE	120	TAB	45.25 —	21981	GARLIC SUPER 6000	90	TAB	31.95 —	21980	MYOCALM PLUS MYOPLX PM	180	TAB	33.75 —
54816	CHONDRO CARE	240	TAB	80.75 —	63272	GI SUSTAIN	29.	PWD	71.95 —	53324	NANO CELL Q COQ10	5 Z	LIQ	38.25 —
13724	CHROMIUM PICOL	60	TAB	12.95 —	32850	GINKGO ROSE	60	TAB	34.50 —	39499	NAZANOL	30	TAB	27.95 —
36112	CLA ULTRA	60	CAP	41.95 —	13835	GLA 240 OMEGAGEN FORTE	90	CAP	58.50 —	59195	NIATAIN NIACIN 500 MG	120	TAB	26.95 —
13830	COLLAGENICS	180	TAB	54.75 —	31911	GLUCOS SULF 500 MG	90	TAB	30.50 —	45383	OMEGA EFA NEW	60	SGC	23.95 —
61959	COQ10 300 MG NUTRAGEMS	30	CHW	69.95 —	36595	GLUTAGENICS PWD	9 Z	PWD	63.95 —	64153	OSTEOVANTIV	60	TAB	53.95 —
36412	COQ10 ST 100 MG	60	SGC	51.95 —	13741	GLYCOGENICS	60	TAB	20.50 —	56581	OSTERA	60	TAB	53.95 —
43923	COQ10 ST 100 MG	120	SGC	98.75 —	13836	GLYCOGENICS	180	TAB	53.75 —	41668	PERIMINE	60	TAB	35.95 —
62002	CORATIN	60	TAB	33.95 —	13742	HEMAGENICS	60	TAB	16.75 —	65812	PHYTO MULTI KIDS	60	CHW	29.95 —
13727	CORTICO B5B6	60	TAB	24.95 —	13837	HEMAGENICS	180	TAB	42.75 —	61179	PHYTO MULTI NO IRON	60	TAB	36.50 —
13831	CORTICO B5B6	180	TAB	59.75 —	62099	HERBULK ULTRA BALANCE	8.7	PWD	25.95 —	61178	PHYTO MULTI W/IRON	60	TAB	36.50 —
51711	D3 1000	120	TAB	18.75 —	67920	HERSYNERGY	60	TAB	45.95 —	66589	PHYTO MULTI W/O IRON	60	CAP	34.50 —
63274	D3 10000 W/K2 SGC	60	SGC	26.95 —	65320	HISSYNERGY	60	TAB	23.75 —	57115	PHYTOGANIX SUPERFRUIT	150	PWD	55.25 —
50000	D3 2000 CMP ISOFLAVONE	90	TAB	23.95 —	52889	IMMUCORE	90	TAB	35.75 —	13785	PNEUMO CAROTENE	60	TAB	20.95 —
									•			30		

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com





# **Passion Flower 1:3**

Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.

1 fl oz - Product Code: 57058

# Who might benefit from this herbal supplement?

- Those who suffer from stress and anxiety
- Those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents.

# **Ingredients:**

Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (Passiflora incarnata), Grain Alcohol, Deionized Water, at a strength of 333 mg/ml (30 drops).

Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating.

## **Dosage**

30-60 drops 2-3 times per day or as needed in juice or water.

# Pau D'Arco Bark 1:3

# Most often used today as a treatment for systemic Candida yeast infections.

1 fl oz - Product Code: 57004

# Who might benefit from this supplement?

- Those suffering from Candida yeast infections
- Those suffering from weak immune function.

## **Ingredients**

Phyto-Tech™ Pau D'Arco Bark 1:3 contains Pau D'Arco Bark (Tabebuia impetiginosa), Pure Grain Alcohol, Deionized

Water, 200 mg/ml (30 drops).

## **Dosage**

20-40 drops, 2-3 times per day or as needed in water.

# Pelargonium

Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.

4 fl oz - Cherry Flavor - Product Code: 57729

# Who would benefit from this herbal supplement?

• Those suffering from bronchitis, acute pharyngitis, or the common cold.

The use of Pelargonium sidoides extract is based on traditional use by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umckaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umckaloabo. He eventually recovered from his illness. Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract.

## **Ingredients:**

Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg. Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed.

## Reference:

Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)

# **Propolis Resin 1:5**

# **Lead Free**

1 fl oz - Product Code: 57072

# Who might benefit from this herbal supplement?Those suffering from microbial infections.

Propolis is a tree resin that the bees use to coat their hive. It prevents bacterial infection in the hive and keeps the bees healthy.

Propolis is a very strong anti-microbial, bacterial and viral. It is important for the Propolis to be pretreated to remove lead toxicity as it naturally contains lead. Our Propolis is lead-free. Propolis is primarily an acute and first aid remedy. It is best in the acute mode of a cold or any other infection. Herbalists recommend Propolis for bronchitis, pneumonia and other respiratory infections.

## Dosage:

General: 10-25 drops, 2-3 times per day or as needed in juice or water.

Acute: 20-30 drops every 2 hours to fight infection.

# **Red Yeast Rice Q10**

A naturally fermented yeast strain shown to be especially supportive to cardiovascular health.

90 Veggie Caps - Product Code: 67464

# Who might benefit from the use of this product?

• Those with high cholesterol, high triglycerides and other heart contitions.

# **Ingredients:**

Each vegetarian capsule contains Certified Organic Red Yeast Rice (Monascus purpureus) 600mg, CoQ10 (Ubiquinone) 30mg. The capsule contains Modified Vegetable Cellulose.

... continued on page 87

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

MINAMI NUTRITION
53458 CARDIO 3 PLUSHINZO



24043	PROBIOPLEX INT CARE PW	150	PWD	49.50 —
44695	RENAGEN DTX	60	CAP	49.50 — 34.95 —
44099 44056	SELESTRO	60	TAB	34.95 — 40.95 —
44000 61530	SERENAGEN	60	TAB	40.99 — 20.50 —
13792	SILYMARIN 80	90	TAB	20.30 — 22.95 —
44238	CIMILDIEV	100	TAB	36.75 —
65583	SPECTRA ZYME COMPLETE	120 60 180 270 90	CAP	21.95 —
43927	SPECTRA ZYME COMPLETE	100 100	CAP	59.25 —
65684	SPECTRA ZYME PAN 9X	100 270	TAB	68.95 —
13712	SPECTRA ZYME PAN 9X	90	TAB	26.95 —
68139	SPECTRAZYME GLUTEN DIG	90	CAP	59.95 —
65785	CDECTDATVIME METACECT	nn	TAB	17.75 —
65458	SPECTRAZYME METAGEST M	27N	TAB	46.25 —
65632	SPECTRAZYME PAN 9X ES	90	TAB	43.75 —
66404	SPM ACTIVE OMEGAGENICS	60	SGC	69.95 —
50514	TESTRALIN	60	TAB	59.25 —
39704		60	TAB	23.75 —
56021	THYROSOL THYROSOL TRAN Q (TCB 12)	180	TAR	63 95 —
13876	TRAN O (TCR 12)		TAB	27.75 —
52530	TRANCOR	120	CAP	46.25 —
66595	TRAN Q (TCB 12) TRANCOR ULTRA CADR 360 VAN SOY ULTRA CALM BAR CHOC	1LB	PWD	54.95 —
67560	ULTRA CALM BAR CHOC	1LB 12 1LB 1LB 1LB 327	BAR	35.95 —
66590	ULTRA CARD 360 CHC PEA	118	PWD	54.95 —
66591	ULTRA CARDI 360 VAN PEA	11 R	PWD	54.95 —
66594	IIITRA CARDIO 360 CHOC S	11 R	PWD	54.95 —
13860	ULTRA CARDIO 360 CHOC S Ultra Clear 21 Serv	327	PWD	76.95 —
51773	ULTRA CLEAR PLS PH VAN	34Z	PWD	81.95 —
23971	ULTRA CLEAR PLUS	32.	PWD	80.95 —
51677	ULTRA CLEAR PLUS PN BN	32Z	PWD	80.95 —
67153	ULTRA CLEAR RENEW VAN	1LB	PWD	84.95 —
61128	ULTRA FLORA BALANC D/F	120	CAP	70.25 —
67716	ULTRA FLORA CONT 10 BL	30	CAP	39 95
45603	ULTRA FLORA IB	311	CAP	57.75 —
65288	ULTRA FLORA IMMUNE BST	30 60 30 30	CAP	32.95 —
53407	ULTRA FLORA INT LACT F	60	CAP	44.95 —
66571	ULTRA FLORA RESTORE	30	CAP	49.95 —
61999	ULTRA FLORA SPECTRUM	30	CAP	41.25 —
67317	ULTRA GLUC CONTCHOC MTG	272	PWD	69.95 —
65520	ULTRA GLUCOSE CONT CHC	3.1	PWD	119.95 —
65521	ULTRA GLUCOSE CONT VAN	3.1	PWD	119.95 —
65518	ULTRA GLUCOSE CONT VAN	7PK	PAK	39.95 —
13809	ULTRA POTENT C 1000	90	TAB	30.95 —
13808	ULTRA POTENT C 1000 ULTRA POTENT C 500	90	TAB	20.50
13786	OLITIM I OTLIVI G I WD	8 Z	PWD	39.50 —
67561	ULTRA PRO BAR DOU CHOC	8 Z 12 60	BAR	35.95 —
52715	ULTRA PROSTAGEN CONC	UU	TAB	44.95 —
54322	ULTRAFLORA ACUTE CARE	APS	CAP	34.25 —
30746	ULTRAFLORA BALANCE MTG	CAP	CAP	38.25 —
64857	ULTRAFLORA CHILDRENS	60	CHW	29.95 —
25087	ULTRAFLORA SYNERGY MTG/	50G	PWD	39.95 —
64856	ULTRAFLORA WOMENS	30	CAP	31.95 —
67286	ULTRAGI REPLENISH CHOC	20Z	PWD	69.95 —

67708	ULTRAGI REPLENISH VAN	41.	PWD	99.95	
67285	ULTRAGI REPLENISH VAN	ILB	PWD	69.95	_
67628	ULTRAINFLAMX CHOC ORG	22.	PWD	69.95	_
53513	ULTRAINFLAMX $+360$ mang	21.	PWD	69.95	_
53514	ULTRAINFLAMX $+360$ PINE	25.	PWD	69.95	_
15096	ULTRAINFLAMX MANGO	25.	PWD	71.95	_
67621	ULTRAINFLAMX PLUS 360	1.7	PWD	69.95	_
66649	ULTRAMEAL ADV DUTH CHO	22.	PWD	49.95	_
66650	ULTRAMEAL ADV FREN VAN	1LB	PWD	49.95	_
11654	ULTRAMEAL CHOC NEW	23.	PWD	35.75	_
10044	ULTRAMEAL MOCHA NEW	23.	PWD	35.75	_
14054	ULTRAMEAL PLUS VAN	25Z	PWD	45.95	
10742	ULTRAMEAL RICE CHOC	28Z	PWD		
50413	ULTRAMEAL RICE VAN	227	PWD	39.75	_
11095	ULTRAMEAL VAN NEW	23Z	PWD	35.75	
15215	ULTRAMEAL WHEY CHOC	23Z	PWD	42.75	_
15214	ULTRAMEAL WHEY VAN	23Z	PWD	42.75	
14742	VASOTENSIN	120	TAB	57.25	_
35272	VENAPLEX (HORSE CHEST)	60	TAB	32.95	
61637	WELLNES ESS HEALTH BAL	30	PAK	69.95	
13235	WELLNESS ESS JOINT FOC	30	PAK	71.95	
61721	WELLNESS ESSEN PREGNC	30	PAK	64.75	
61531	WELLNESS ESSENT WOMEN	30	PAK	58.75	
50351	WELLNESS ESSENTIAL MEN	30	PAK	68.95	
32813	XXXULTRAINFLAMX 25.7	25.	PWD	71.95	
13849	ZINC A.G.	180	TAB	29.75	
35046	ZINC A.G.	60	TAB	12.95	
13812	ZINC DRINK 140ML	140	LIQ	28.95	
13813	ZINC TALLY LIQ 120ML	120	LIQ	25.95	
13018	ZINLORI 75 ZINC CARN	60	TAB	51.95	—
MIC	CHAELS				
51522		180	TAB	47.69	38.
39113	BLOOD PRESSURE FACTORS	90	TAB	29.59	23.

10010	Line it.d.	100	1710	20.70
35046	ZINC A.G.	60	TAB	12.95 —
13812	ZINC DRINK 140ML	140	LIQ	28.95
13813	ZINC TALLY LIQ 120ML	120	LIQ	25.95 —
43018	ZINLORI 75 ZINC CARN	60	TAB	51.95 —
	-			01100
MIC	CHAELS			
51522	BLOOD PRESSURE FACTORS	180	TAB	47.69 38.15
39113	BLOOD PRESSURE FACTORS	90	TAB	29.59 23.67
53487	CHOLESTEROL METABOLISM	180	TAB	45.39 36.31
66925	D3 + K2 SUB TAB VEG	90	TAB	22.69 18.15
53118	DETOX CLEANSE ULT PAK	42	PAK	38.59 30.87
40818	KIDNEY FACTORS	120	TAB	36.39 29.11
53112	KIDNEY FACTORS	60	TAB	22.69 18.15
59723	MINERALS FOR MEN & WOM	240	TAB	30.59 24.47
			IND	00.00 21.17
MIC	CRO ESSENTIAL L	AB		
41606	PH PAPERS 5.5-8.0	1EA	PAP	18.00 14.40
34746	PH PAPERS 93 0-13	EA	PAP	18.00 14.40
34787	PH PAPERS 95 5-9	EA	PAP	18.00 14.40
				10100 11110
MII	LLER PHARMACAL			
10680	CALCIUM	100	TAB	12.40 9.92
10657	MG ASPARTATE	100	TAB	14.00 11.20
31319	MG TAURINE FORTE	180	CAP	35.60 28.72
10666	MIL ADREGEN	180	TAB	43.60 34.88
	mit ribiltotii	100	.,,,,	10.00 01.00

53455	MORDHA PRENATAL OMEGA3	60	SGC	30.99	27.89
61212 53453	MORDHA PRENATAL ONE DY Morepa one daily oran	30 60	SGC SGC	19.52 41.04	17.57 36.94
60004	MOREPA PLATINUM 1100	30	SGC	29.82	26.84
62785	MOREPA PLATINUM 1100	60	SGC	43.99	39.59
MIS	SSION PHARMACAL				
32618	CITRACAL + D	120	CPL	18.59	18.59
32613	CITRACAL + D	60	CPL	11.85	11.85
32615	CITRACAL PETITES	200	TAB	16.39	16.39
	DERN PRODUCTS				
21840	SWISS KRISS FLK 3.250Z	3.2	FLK	10.69	8.55
21842 21841	SWISS KRISS TAB SWISS KRISS TAB	120 250	TAB Tab	7.69	6.15
		200	IAB	17.19	13.75
MO	NTIFF				
55802	ALANINE 500 MG	50	CAP	18.00	14.40
37191	ALL BASIC 677 MG All Basic Pius	200	CAP	63.78	51.02 31.96
52207 37198	ALL BASIC PLUS ATP 25 MG ENTERIC PREP	100 90	CAP Tab	39.95 32.00	31.96 25.60
43682	B LONG SR	120	TAB	38.72	30.98
44097	HISTIDINE 600 MG	50	CAP	32.00	25.60
61073	LEUCINE 500 MG	50	CAP	18.00	14.40
42209	LIVER PROTECT	180	CAP	88.00	70.40
37549 42597	LYSINE HCI 500 MG N ACETYL L CARNITN 500	100 90	CAP CAP	20.00 34.00	16.00 27.20
37204	PROLINE 500 MG PURE	100	CAP	31.00	24.80
45667	PROSTA PROTECT	100	CAP	48.00	38.40
52145	TAURINE 500 MG	100	CAP	18.00	14.40
39751	TRI PHOS B 25	90	TAB	28.00	22.40
55132 37456	TRYPTOPHAN 500 MG Vita Minz Plus	120 120	CAP CAP	64.00 42.00	51.20 33.60
	THERLOVE HERBAL		UNI	42.00	33.00
60544	DIAPER RASH & THRUSH	17	CRM	9.95	8.95
62810	GREEN SALVE	17	SLV	8.95	8.05
60537	MORE MILK PLUS LIQ A/F	27	LIQ	20.95	18.85
60536	MORE MILK PLUS VCAP	60	VCA	23.95	21.55
60539 63995	PREGNANT BELLY SALVE Tattoo care	4 Z 1 Z	SLV CRM	17.95 9.95	16.15 8.96
		1 4	LNIVI	9.90	0.90
MU	SHROOM WISDOM				
56592	AMYLOBAN 3399	180	TAB	89.95	71.96
57693 59451	BREATE MATE Chaga Super	120 120	TAB Tab	59.97 39.95	47.97 31.96
39597	CORDYCEPS SUPER	120	VTAB	39.95 39.95	31.96 31.96
39599	CORIOLUS SUPER (TURKY)	120	VTAB	32.95	26.36
39593	LIONS MANE SUPER	120	VTAB	29.95	23.96
27775	MAITAKE D FRACTION	120	CAP	29.95	23.96

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. . . and remember to visit *Don's Blog* www.dongoldberg.com



# **Indications:**

Red Yeast Rice is produced by fermenting yeast (Monascus purpureus) over rice. It has a long history of use in Chinese medicine to lower cholesterol, improve blood circulation, and help digestion. Studies report that Red Yeast Rice can lower low-density lipoprotein (LDL) cholesterol, total cholesterol, and triglycerides by inhibiting the enzyme HMG-CoA reductace, which helps the body make cholesterol. Red Yeast Rice naturally contains similar compounds (monacolins) as those contained in statin medications (pharmaceuticals used to lower cholesterol). The difference is that statins are synthetically manufactured drugs, whereas the compounds found in Red Yeast Rice are naturally occurring. Researchers are uncertain as to whether Red Yeast Rice is effective because of its natural statin-like compounds or if it is other constituents in it, such as sterols, isoflavones, and monounsaturated fatty acids, that are responsible.

It is important to avoid Red Yeast Rice products that may be low quality and may contain citrinin, a contaminate that can cause kidney failure and genetic damage to cells. Citrin is formed when Red Yeast Rice is not fermented properly. In addition, much of the Red Yeast Rice on the market, especially imported Red Yeast Rice, is processed with heat, which diminishes its activity. Phyto-Tech™ uses a high quality Organic Red Yeast Rice produced in the United States that is cold-processed in order to maintain purity, potency, safety, and a high activity level. Every batch is tested to insure no citrinin is present and monacolins are consistent as a natural product.

Because Red Yeast Rice is a natural type of statin and inhibits the enzyme in the body that is needed to make cholesterol, like statins drugs, it blocks the body's ability to produce Coenzyme Q-10 (Co-Q10). If one is taking statin drugs or

Red Yeast Rice, Co-Q10 should also be taken to avoid depletion. Co-Q10 is required for the production of energy within every cell of our body and is critical for the health of all tissues and organs. It acts as a catalyst to the electron transport chain in the mitochondria of our cells where ATP (adenosine triphosphate) energy is produced. Co-Q10 is especially important for the health of the heart due to the organ's high-energy demands. It can benefit anyone experiencing cardiovascular problems such as high blood pressure, high cholesterol, angina, arrhythmias or congestive heart failure. Co-Q10 improves overall heart function by enhancing energy production, inhibiting blood clot formation, improving the heart's pumping action, and preventing the oxidation of LDL (bad cholesterol).

Contra-indications and Cautions: Pregnancy and Nursing

# Take 1 capsule, 1-2 times per day, or as directed.

Reishi Mushroom 1:3

A powerful adaptogenic herb with proven immune enhancing activity.

1 fl oz - Product Code: 57063

# Who might benefit from this herbal supplement?

• Those under constant, daily stress; those who suffer from frequent illness, those undergoiing chemotherapy.

## **Ingredients**:

Phyto-Tech™ Reishi Mushroom 1:3 contains Red Reishi Mushroom, Pure Grain Alcohol, Deionized Water, 250 mg/ml (30 drops).

Reishi Mushroom is for those under daily stress and want to avoid break down. Stress can bring on irritability, fatigue, weakened immune function, headaches, poor digestion, and elimination problems. Stress does not directly cause disease, but brings it on faster, usually along the lines of ones genetic, constitutional, predispositional or inherited weakness.

Conversely, the release of stress promotes healing. Reishi Mushroom is best used over the long-term (one month or more). It can be valuable to those suffering from chronic fatigue syndrome.

## Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water

# **Relax AM**

A blend of Kava Kava and other anti-anxiety, relaxing herbs that calm and sooth the mind without inducing drowsiness or mental fog. This is the perfect herbal supplement to use during the day, therefor, during periods of emotional stress.

1 fl oz - Product Code: 56963

2 fl oz - Product Code: 57019

# Who might benefit from this herbal supplement?

- Those with anxiety, nervous irritability, panic attacks and over-active minds
- Those under emotional stress.
- Those with insomnia due to over-activity and stress during the day.
- Those with performance anxiety, ranging from public speaking to sex.
- Those with mild depression associated with anxiety or severe stress.
- For those with insomnia, Phyto-Tech  $^{\text{\tiny M}}$  Relax PM is a perfect supplement to use along with this, in the evening.

## **Ingredients:**

Phyto-Tech™ Relax AM contains Kava Kava Root Vanuatu, Kava Kava Root Hawaiian, Passion Flower, St. John's Wort Flowers, Lobelia Herb Fresh, Pulsatilla Herb Fresh, Alcohol Pure Grain, Water Pure Deionized

. . . continued on page 88

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# healthnotes

# **High Antioxidant Levels May Slow Parkinson's Disease**

# New Study Shows Oxidative Stress Plays a Role.

Earlier studies suggest that low levels of antioxidants encourage Parkinson's disease (PD) to develop and advance. In this study, doctors measured levels of antioxidants in 104 people with early-stage and advanced-stage Parkinson's disease, and compared them to 52 healthy people of similar age and gender.

Comparing the two groups, all of those with Parkinson's disease had lower circulating levels of alpha-carotene, beta-carotene, and lycopene than healthy participants. Levels of these three carotenoid antioxidants were also lower in those in the advanced stages of Parkinson's disease compared to those in its early stages.

After Alzheimer's disease, Parkinson's disease is the second most common agerelated nerve disease. Doctors think Parkinson's disease may progress as the ability of the body to fight off radical oxygen species-the cause of oxidative stress-decreases with age. With life expectancy increasing, doctors hope to show that maintaining good levels of antioxidants, especially carotenoids, can slow and possibly help prevent Parkinson's disease.

(Reference: Nutrition Research and Practice; 2017, Vol. 11, No. 2, 114-20)

We recommend adding an antioxidant supplement, preferably a blend, to your daily vitamin regimen. You may be getting the basic vitamin antioxidants, such as vitamin C, vitamin E, etc in your multivitamin. Plant derived antioxidants ("phyto" antioxidants), however, are often lacking. Read the information in the Willner Chemists Phyto-Tech™ product reference section for the products:

Antiox Phyto Blend Product Code: 57551

and

Antiox Phyto Complex II
Product Code: 63745

For carotenoids only, check the Jarrow Formulas product, Carotenall (Product Code: 43873).

The pharmacists and nutritionists at Willner Chemists are available to help you with your decisions.



Relax AM synergistically combines the wonderful benefits of Kava Kava with the potentiating benefits of the powerful antianxiety herbs Pulsatilla and fresh Lobelia extract. This formula reduces anxiety, nervous irritability, compulsive thinking and panic attacks. Similar in action to benzodiazipine drugs (valium, xanax, klonipin, halcion) Relax AM will calm and soothe the mind and soul when going through difficult times emotionally and mentally, yet does not interfere with cognitive function for staying alert and clear.

Relax AM helps insomnia when the mind will not calm down, yet one is tired or exhausted. It will help light sleepers by helping one go beyond REM sleep and into deeper sleep stages where rest and healing occur.

Relax AM is calming, and appeals to those needing a safe way to relax.

Relax AM may help reduce depression if associated with anxiety or severe stress.

Relax AM can help performance anxiety from activities ranging from public speaking to sex

# **Complimentary Formulas:**

MAITAKE D FRACTION

- Phyto-Tech™ St. John's Complex (a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, and Fresh Pulsatilla Herb (if depression accompanies the anxiety)
- Phyto-Tech™ St. John's Wort 1:2 (if depression accompanies the anxiety)
- Phyto-Tech™ Relax PM (to help sedate the whole nervous system)
- Phyto-Tech™ Ginseng Energy Blend (if exhaustion and deficiency is present)

# **Relax PM**

A blend of Valerian and other herbs designed to promote sleep, relaxation and pain relief, especially in the evening and at night.

1 fl oz - Product Code: 56959

CAP

79.95 63.96

7.79

8.29

8.29 6.63

16 MIS

MIS

21819

BIFIDO FACTOR

**BIFIDO FACTOR DAIRY** 

BIFIDO FACTOR DF CAP

BIFIDO FACTOR DF

RIFIDO FACTOR DE

Alcohol Free - 1 fl oz - Product Code: 57025

# Who might benefit from this herbal supplement?

• Those with insomnia will find this supplement very helpful. It induces relaxation, lessens anxiety, and can reduce pain. It has a muscle relaxant action.

Relax PM slows mental activity, and thus is best used at night. For daytime use, the Phyto-Tech™ Relax AM formula is recommended.

# **Ingredients:**

Phyto-Tech™ Relax PM contains Valerian Root, Fresh, Hops Strobiles, Kava Kava Root, Vanuatu, Passion Flower, Chamomile Flowers, Lobelia Herb, Fresh, Pulsatilla Herb, Fresh, Alcohol, Pure Grain, Water, Pure Deionized

## Dosage:

Sleep: 60 - 120 drops in water or juice every 30-60 minutes, 1/2 hour before bed time until asleep. Can repeat if wake up. OK with other sleeping aids or protocols. Acute Pain: 60 - 120 drops in water or juice every hour or as needed to control pain. General Use: 30 - 60 drops in water or juice 2-3 times per day or as needed

# **Complimentary Formulas:**

- Phyto-Tech<sup>™</sup> Relax AM or Phyto-Tech<sup>™</sup> Anxiety Complex (if anxious or mind races, toss and turn)
- Phyto-Tech<sup>™</sup> Valerian Root 1:2 (if need more sedation)
- Phyto-Tech  $^{\text{\tiny TM}}$  Kava Root 1:2 (if anxious or mind races)
- Phyto-Tech™ St. Johns Wort (for depression, pain)

# **Respiratory Complex**

A blend of antimicrobial, decongestant, bronchopulmonary healing herbs.

1 fl oz, Product Code: 5695 Alcohol Free - 1 fl oz - Product Code: 57027 Child Friendly - 1 fl oz - Product Code: 56956 60 Veggie Caps (Liquid Fill) - Product Code: 57089

# Who might benefit from this herbal supplement?

- Those suffering from acute colds, flue, sinus infections, asthma, bronchitis, pneumonia, and general lung congestion;
- Those who smoke; those with excess mucous in the lungs;
- Those who get sick easily and are exposed to sources of infection.

## Ingredients:

Phyto-Tech™ Respiratory Complex Veggie Caps contains Fresh Osha Root, Fresh Yerba Santa Leaf, Lomatium Root, Garlic Bulb, Mullein Leaf, Thyme Herb, Licorice Root, Oregon Grape Root, Echinacea purpurea Flowering Tops, Wild Cherry Bark, Ginger Root, Oregano Oil. Phyto-Tech™ Respiratory Complex Liquid, regular and alcohol free, is similar, but does not contain the Oregano Oil. Oregano Oil add some additional antimicrobial action to the blend.

Respiratory Complex is a great respiratory remedy for acute colds, flu, sinus infections, asthma, bronchitis, pneumonia, smokers' lung, pneumocystis and general lung congestion. It is a powerful lung macrophage (white blood cell) stimulant to help the lung powerfully address viral and bacterial conditions. It helps clear the lungs of congestion in order to resolve lingering mucus that wants to be expelled. Herbalists believe that If mucus stays in the lungs too long, it becomes a breeding ground for viruses and bacteria to continually live, thus prolonging recovery from colds and flues.

For colds and flu, Respiratory Complex is a powerful and immediate lung white blood cell stimulant (Osha, Lomatium). Phlegm is loosened with Licorice, the chest cavity is opened with Lobelia, lungs relax with Wild Cherry and Mullein and Yerba Santa excites the lung cilia to remove the phlegm. This is especially good for spastic cough.

OPTIALL Refilix away

RING STOP

... continued on page 90

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

49.95 39.95

37.95 30.36

35.95 28.76

45.95 36.76

51.95

PWD

PWD

CAP

PWN



25.39 20.31

35.55 28.44

60 CAP

CAP

29605	MAIIAKE D FRACIION GRF	21	LIU	22.95	18.36
29604	MAITAKE D FRACTION GRF	4 Z	LIQ	39.95	31.96
34053	MAITAKE D FRACTION PRO	2 Z	LIQ	89.95	71.96
59975	MAITAKE GRIFRON MUSHRO	120	CPL	34.95	27.96
28159	MAITAKE MAI GREEN TEA	20B	TEA	8.95	7.16
59450	MESHIMA SUPER	120	TAB	39.95	31.96
34974	MUSHROOM EMPERORS	120	CAP	39.99	31.99
29678	PROST MATE W/MAITAKE	120	CAP	29.95	23.96
39595	REISHI SUPER	120	VTAB	29.95	23.96
39596	SHIITAKE SUPER	120	VTAB	24.95	19.96
59560	SKIN MATE PEARL SX FRAC	120	TAB	34.99	27.99
41910	SX FRACTION MAITAKE	270	VTAB	129.95	
39598	TREMELLA SUPER	120	VTAB	29.95	23.96
NA	NTUCKET SPIDER				
67789	BUG REPELL DEET FR SPR	8 Z	SPY	12.99	12.99
67790	DOGS BUG REPELL DT FR	8 Z	SPY	12.99	12.99
67788	SUMMER CAMP BUG REPELL	8 Z	SPY	12.99	12.99
67791	TICK REPELL XTRA STR N	8 Z	SPY	12.99	12.99
NA	TRA BIO				
17989	ADRENAL SUPPORT	17	LIQ	10.99	8.79
26950	ADRENAL SUPPORT	60	TAB	10.19	8.15
53626	ALLERGY & SINUS	60	TAB	9.79	7.83
51346	ALLERGY RELIEF	60	TAB	10.39	8.31
22894	ALLERGY RELIEF	17	LIQ	9.99	7.99
22885	ANIMAL HAIR DANDER DR	17	LIQ	12.59	10.07
60552	ARNICA CREAM THE RUB	4 7	CRM	12.79	10.23
17955	BLADDER IRRITATION	17	LIQ	10.39	8.31
38681	COLD & SINUS W/ZINC	.8Z	SPY	12.19	9.75
50890	COLD AND FLU RELIEF	60	TAB	9.99	7.99
50939	COUGH SYRUP CHILDRENS	4 7	LIQ	9.69	7.75
36068	INDOOR ALLERGY	60	TAB	10.39	8.31
17978	INSOMNIA	17	LIQ	10.79	8.63
51310	LEG CRAMPS	60	TAB	9.99	7.99
22884	MOLD YEAST DUST 702	17	LIQ	12.59	10.07
36069	OUTDOOR ALLERGY	60	TAB	10.39	8.31
36070	PET ALLERGY	60	TAB	9.79	7.83
22883	POLLEN HAYFEVER 701	17	LIQ	12.09	9.67
17985	SCIATICA NEURALGIA RLF	17	LIQ	10.39	8.31
18001	SINUS	17	LIQ	9.99	7.99
32413	SINUS ALLERGY SPY 24ML	24	LIQ	12.59	10.07
51832	SMOKING WITHDRAWAL	60	TAB	9.89	7.91
51131	THYROID SUPPORT	60	TAB	9.99	7.99
22356	TREE POLLEN	1 Z	LIQ	12.59	10.07
	TRACARE		-14	12.00	10.07
17.	THAOAILE				

18019	DIGESTALAC BULGARC PWD	4.5	PWD	49.95	39.96
15333	GASTRO PH STRAWBERRY	90	WAF	24.95	
24498	GYNATREN VAGINAL KIT	EA	KIT	31.95	25.56
39272	HEALTHY TRINITY CAPS	60	CAP		
26006	HEALTHY TRINITY CAPS	30	CAP		55.96
24845	MEGADOPH DAIRY CAPS	90	CAP		41.56
18029	MEGADOPH DAIRY PWD	4.5	PWD	49.95	39.90
24401	MEGADOPH DF PWD	3 Z	PWD	46.95	
26628	MEGADOPHILUS D/F CAP		VCA	51.99	41.59
	TROL		10/1	01.00	11.00
54242	5 HTP 100 MG	30	CAD	17.49	13.99
34242 86056	5 HTP 100 MG 5 HTP 100 MG FAST DISS	30 30	CAP TAB	17.49	15.99
55963	5 HTP 100 MG T/R	30 45	TAB	19.29	15.43
50574	5 HTP 200 MG TIME RELE	40 30	TAB	24.49	
53046	ACAI 1000 MG	50 60	VCA	12.29	9.83
58982	ACAI DIET W/GREEN TEA	60	CAP		
11306	ACIDOPHILUS	100	CAP	10.49	9.83 8.39
+1300 10722	BILBERRY 40	60	CAP		
10722 59679	BIOTIN 10000 MCG MAX	100	TAB	16.99	13.59
50346	BRAINSPEED MEMORY	60	TAB	23.99	19.19
34150	CAL D GLUCARATE 250 MG		TAB	26.29	21.03
10609	CARB INTERCE W/PHASE 2	60	CAP	25.09	20.07
+0009 14177	CARB INTERCE W/PHASE 2	120	CAP		25.19
141 <i>11</i> 36699	CETYLPURE	120	CAP		25.19
29650	CLA TONALIN 1200 MG	60	SGC	19.39	15.51
28960	CLA TONALIN 1200 MG	90	SGC	27.19	21.75
20900 67603	COGNIUM	60	TAB	32.99	26.39
26508	DHEA 25 MG	90	CAP	23.59	18.87
38818	DHEA 25 MG	300	TAB	28.89	23.11
65206	DHEA 25 MG TAB	180	TAB	19.29	15.43
11373	DHEA 50 MG	60	TAB	10.99	8.79
14342	DHT BLOCKER	60	TAB	45.49	
54520	EASY C 500 VTAB	90	TAB	10.49	8.39
54517	EASY C 500 W/BIO VCAP	60	VCA	10.49	
5451 <i>1</i> 54519	EASY C 500 W/BIO VCAP	240	VCA	33.29	26.63
54518	EASY C 500 W/BIO VCAP	120	VCA	17.49	13.99
58378	EASY C REGENERATING	180	VCA	33.29	26.63
43112	FEELANEW	120	TAB	31.49	25.19
65201	GARCIN CAMBOG EXT 500	120	CAP	26.99	21.59
28433	GINKGO BILOBA 120 MG	60	CAP	16.49	
20433 32540	GREEN TEA 500 MG.	60	CAP	11.99	9.5
10761	GUARANA 200	90	CAP	10.49	
50982	HYAL ACID MSM GLUCOS	90	CAP	20.99	
67604	KRILL OIL 1000 ODORLES	30	SGC	27.09	21.6
7,004	WHILE OIL LOOD ODDINES	JU	JUU	£1.00	21.07

30170	LIPOIC ACID 300 MG	50	CAP	12.29	9.83
50061	LIPOIC ACID 600 MG	30	CAP	12.29	9.83
25632	MELATONIN 1 MG	90	TAB	7.89	6.31
65202	MELATONIN 10 FAST DISS	60	TAB	12.99	10.39
53746	MELATONIN 2.5 MG LIQ	8 Z	LIQ	13.19	10.55
24707	MELATONIN 3	120	TAB	16.69	13.35
24706	MELATONIN 3	60	TAB	9.99	7.99
54000	MELATONIN 5 MG T/R	100	TAB	10.49	8.39
67818	MELATONIN ADV $+$ 5 HTP	60	TAB	15.79	12.63
34999	MSM GLUCOSAMINE CREAM	4 Z	CRM	13.99	11.19
21232	MY FAV MULTI NO FE CAP	180	CAP	24.49	19.59
28413	MY FAV TAKE ONE W/O FE	60	TAB	16.69	13.35
55296	NIACIN 500 MG T/R	100	TAB	13.99	11.19
67244	OMEGA 3 1000 MG	150	SGC	12.29	9.83
38290	OMEGA 3 FLAX OIL 1000	90	CAP	10.89	8.71
53049	OMEGA EXTREME FISH OIL	60	SGC	14.89	11.91
37426	PROSTATEXCELL	60	TAB	19.49	15.59
31441	QUERCETIN 250 MG Shen Min Adv Women Shen Min Hair Nutrient Shen Min Topical	50	CAP	10.49	8.39
36583	SHEN MIN ADV WOMEN	60	TAB	39.69	31.75
28014	SHEN MIN HAIR NUIRIENI	90	TAB	33.99	27.19
29188	SHEN MIN TUPICAL	3 Z	LIQ	22.69	18.15
41247	SLEEP N RESTORE	20	TAB	7.89	6.31
33355	WATER PILL CAP	60	CAP	9.99	7.99
NA	TURADE				
30173	COUGH SYRUP CHILD A/F	8 Z	LIQ	15.85	12.68
23775	EXPEC COUGH SYRUP	4 Z	LIQ	10.09	8.07
18037	EXPEC COUGH SYRUP	8 Z	LIQ	15.85	12.68
18038	EXPEC II COUGH SYRUP	8 Z	LIQ	15.89	12.71
26564	NASAL SPRAY SALIN A	1.5	LIQ	12.45	9.96
24114	VEG PROTEIN PWD	26.	PWD	41.69	33.35
22542	VEG PROTEIN SOY FR	29.	PWD	41.69	33.35
21839	VEG PROTEIN SOY FR	14.	PWD	23.79	19.03
18035	WEIGHT GAIN VAN NSA	16Z	PWD	24.89	19.91
27102	WEIGHT GAIN VAN NSA	40.	PWD	45.29	36.23
NA	TURAL BALANCE				
32485	COLON CLENZ	60	CAP	15.89	12.71
38723	COLON CLENZ ULTRA	60	CAP	18.39	14.71
34244	HERBAL GROBUST	180	CAP	36.89	29.51
36081	MSM 1000 MG	240	CAP	33.79	27.03
28827	MSM SULPHUR 500 MG	250	CAP	20.79	16.63
25020	YOHIMBE POWER MAX 2000	100	VCA	45.29	36.23
NA	TURAL CARE				
36057	ANXIETY RELIEF	120	TAB	18.19	14.55
36058	APPETITE SUPP	60	CAP	16.79	13.43
51797	CHOLEST CARE	120	CAP	38.59	30.87
38853	HEARALL	60	CAP	34.29	27.43
	KIDNEY CARE		CAP	17.39	

CAP

19.09 15.27

34.19 27.3

LUNG SAVER

NFRVF FIX

9	53664	RING STOP EAR DROPS	.5Z	LIQ	20.45	16.36
5	35276	VEIN GARD ULTRA	2.2	CRM	23.69	18.95
5 9	35758	VEIN GARD ULTRA	60	CAP	18.69	14.95
9 9	NA	TURAL DENTIST				
3	56839	ANTIGINGIVITIS RINSE	16Z	LIQ	10.99	8.79
9	58011	HEALTHY GUM ORANGE ZWT	16Z	LIQ	10.99	8.79
9	58010	HEALTHY GUM RINSE PEP	16Z	LIQ	10.99	8.79
5	53873	TPST PEPPERMNT TW ORIG	5 Z	TUB	7.99	6.39
9	NA	TURAL FACTORS				
3	67766	3 BRAINS TOTAL PAK	30	PAK	59.99	47.99
1	57577	5 HTP 100 MG ENTERIC	50 60	TAB	29.95	23.96
1	45019	5 HTP 50 MG ENTERIC	60	CAP	19.95	15.96
9	63279	ACETYL L CARNITIN 1000	120	VCA	35.95	28.76
9	43276	ACIDOPH BIFIDUS DS	180	CAP	37.95	30.36
5	64286	ADRENASENSE	60	VCA	19.95	15.96
9 5	44846	ADRENASENSE	120	VCA	34.95	27.96
ว 1	66006	ANDROSENSE T CORRECT	60	VCA	29.95	23.96
9	40898	ANTI V ECHINAMIDE	3.4	LIQ	28.95	23.16
ฮ	40901	ANTI V ECHINAMIDE	1.7	LIQ	15.95	12.76
	43254	ANTI V FORM ECHINAMIDE	60	SGC	19.95	15.96
8	40881	A NITIO VID A NIT IIITIMATE	en	CAP	24.95	19.96
7	43278	APPLE CINER VINEGAR CP	180	CAP	15.95	12.76
8	63286	APPLE CIDER VINEGAR CP ARGININE 1000 (PER 2 CP	180	VCA	19.95	15.96
1	52930	ASHWAGANDA 250 SENSORL	60	CAP	17.95	14.36
6	43265	B12 1000 MCG METHYL	90	TAB	14.95	11.96
5	58290	B12 1000 METHYL DUO	90	TAB	19.99	19.99
5	58291	B12 5000 METHYL DUO	60	TAB	26.99	26.99
3	55337	B12 5000 METHYL SUBL	60	TAB	21.95	17.56
1	44777			CAP	19.95	15.96
3	41270	BEE PROPOLIS EXT BEE PROPOLIS THROAT SP	17	SPY	15.95	12.76
•	66573	BERBERINE 500 WELLBETX	60	VCA	27.95	22.36
	67769	BEST SLEEP VCAP 3 BR	90	VCA	19.95	15.96
1	43262	BETACAREALL 25000 IU	90	SGC	15.95	12.76
1	40880	BETAINE HYDROCHL 500	180	CAP	21.95	17.56
1	67221	BIG FRIENDS MULT VIT	60	CHW	15.95	12.76
3	57648	BIOCGEL BUFF C BERRYRC	90	SGC	19.95	15.96
3	58730	BIOSIL 5 MG	120	VCA	62.99	50.39
3	55192	BIOSIL 5 MG	60	VCA	35.99	28.79
	55191	BIOSIL 5 MG	30	VCA	19.99	15.99
	61334	BIOSIL BONE COLLAGENIZ	40	VCA	24.95	19.96
5	60526	BIOSIL HEALTHY BONES +	KIT	KIT	39.95	31.96
3	66502	BIOSIL SILICON LIQ 15M	15M	LIQ	21.99	17.59
7	55196	BIOSIL SILICON LIQ 30M	1 Z	LIQ	31.99	25.59
3	66503	BIOTIN 5000 MCG VCAP	60	VCA	10.95	8.76
1	67771	BLADDERSENSE VCAP	90	VCA	21.95	17.56
7	61335	BONE MINERALIZER MATRX	120	TAB	17.95	14.36
5	62027	BROMELAIN 500 MG	180	CAP	36.95	29.56

57150

TAMPONS COTTON SUPER +

TAMPONS SUP ORG W/APP



# Dietary Supplements: Safe, Beneficial and Regulated

Te still hear ignorant, biased and irresponsible comments on TV, radio, etc about dietary supplements. Some of the TV "medical experts" are the worst offenders. We have responded to this nonsense many times in the past. I'm tired of it. But, for those who might still worry, I am including the following from the Council for Responsible Nutrition.

# Q. Who is the dietary supplement industry?

A. In the U.S., the dietary supplement industry is a \$41 billion industry. Dietary supplement products include vitamins, minerals, botanicals, sports nutrition supplements, weight management products and specialty supplements. These products are intended to be used as supplements to, not substitutes for, a well-balanced diet and a healthy lifestyle. When used properly, they help promote overall good health and prevent disease. More than 170 million Americans take dietary supplements annually.

# Q. Is the dietary supplement industry regulated?

A. Yes. The dietary supplement industry is regulated by FDA and the Federal Trade Commission (FTC). The FDA has regulatory authority under the Federal Food, Drug and Cosmetic Act as amended in 1994 by the Dietary Supplement Health and Education Act (DSHEA) and in 2006 by the Dietary Supplement and Nonprescription Drug Consumer Protection Act.

# Q. Why do some people say the industry is unregulated?

A. When critics say dietary supplements are "unregulated," what they generally mean is that dietary supplements are not regulated like drugs. Dietary supplements have always been regulated as a category of food in this country, and DSHEA did not change that fact. Virtually all facets of dietary supplement manufacturing, labeling and marketing are covered by extensive regulations issued and enforced by FDA and FTC. If dietary supplements

were regulated like drugs, there would likely be no dietary supplement industry and the products that did exist would cost what drugs cost.

# Q. Is it true that before DSHEA was passed in 1994, FDA had pre-market approval authority?

A. No. FDA never had pre-market approval over dietary supplements, and DSHEA did not change that fact. Under the law, dietary supplements marketed in the U.S. before passage of DSHEA are "grandfathered" and assumed to have a history of safe use. If a supplement manufacturer wants to introduce a new ingredient, it must provide FDA with 75 days notice, along with safety information. If FDA has any concerns about the ingredient or submitted safety profile, the agency can request more information or deny the product's entry into the marketplace. Since the passage of DSHEA, FDA has turned down about half of the New Dietary Ingredient notifications filed.

# Q. Without pre-market approval, how do we know these products are safe?

A. Pre-market approval is not a guarantee of safety as witnessed by those drug products that have been approved by FDA, only to be later recalled due to safety concerns. Like food products, dietary supplements do not undergo premarket approval, but that does not mean that companies don't do testing, or that products are unsafe. There are provisions under DSHEA that protect consumers from potentially unsafe products. But the overwhelming majority of dietary supplements are safely used by 170

million Americans annually.

# Q. What did DSHEA do?

A. DSHEA specifically reaffirmed the status of dietary supplements as a category of food and created a specific definition for dietary supplements. Further, DSHEA provided FDA with additional enforcement authority, including the ability to remove from the market products the agency deems unsafe through: 1) an "imminent hazard" clause which permits FDA to immediately remove a product it considers to present an immediate safety concern and 2) a "significant or unreasonable risk" clause that allows removal of a product considered to pose an unacceptable risk of illness or injury.

# Q. Shouldn't companies have to abide by Good Manufacturing Practices (GMPs)?

A. Absolutely. It's the law. Responsible companies do abide by GMPs and many observe procedures which go above and beyond what the current regulations require. In June 2007, GMPs specific to dietary supplements were released from FDA. The GMP rule provided a staggered three-year "phase in" compliance period for manufacturers. And for large companies more than 500 employees the compliance date was June 2008. Firms with less than 500 employees had to be compliant by June 2009, and for small manufacturers that employ less than 20 employees, the compliance date was June 2010. Responsible companies in the industry have fully supported the need for dietary supplements GMPs in order to create a level playing field for companies across the board and help increase consumer confidence in the quality and safety of these products.

# Q. Should serious adverse events associated with dietary supplements be reported to FDA?

A. Yes. CRN and mainstream industry supported the Dietary Supplement and Nonprescription Drug Consumer Protection Act which passed the 109th Congress and was signed into law by President Bush on December 22, 2006.

The law requires manufacturers to notify the FDA of all serious adverse events associated with an over-the-counter drug or a dietary supplement that they receive. This law strengthens the regulatory structure for dietary supplements and builds greater consumer confidence in this category of FDAregulated products thus ensuring and protecting Americans' continued access to safe, beneficial dietary supplements. Consumers have a right to expect that if they report a serious adverse event to a dietary supplement manufacturer FDA will know about it.

# Q. Is DSHEA a good law?

A. Yes. DSHEA provides an appropriate framework for regulating the dietary supplement industry as long as it is enforced. In the past several years, FDA has actively engaged in more vigorous implementation of DSHEA and stronger enforcement actions these efforts are encouraged and supported by the mainstream dietary supplement industry. Even top officials at FDA have stated they are not asking Congress to change the law, noting they have adequate authority to remove unsafe supplements from the market. DSHEA provides FDA with appropriate regulatory authority while still allowing consumers to have the desired access to a wide variety of affordable, high quality, safe and beneficial dietary supplement products.

Reference: (1) 2016 Nutrition Business Journal

Council for Responsible Nutrition www.crnusa.org

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the most appropriate product for your needs.

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.
... and remember to visit Don's Blog

www.dongoldberg.com



The formula is very effective as a preventive for those who get sick easily and/or anticipate exposure to others who are sick. Taking Respiratory Complex, along with Echinacea, at the initial onset of a respiratory illness can be very effective in reducing the severity and duration of the condition.

# **Rhodiola 5 (Standardized)**

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

Standardized Liquid Extract - 1 Fl oz - Product Code: 57032 Standardized Fresh Ground Capsule 60 Veggie Caps - Product Code: 67460

# Who might benefit from this herbal supplement?

- Those suffering from low energy or fatigue;
- Those who suffer from mental fog, poor memory, or learning problems;
- · Those who are looking to increase their stamina, endurance and athletic performance;
- Those who are under high stress; those with sexual or fertility problems.

# **Ingredients:**

Phyto-Tech™ Rhodiola 5 liquid extract contains Rhodiola Rosea standardized to 5% Rosavin, Alcohol Pure Grain, Water Pure Deionized, per 1 ml (30 drops).

Phyto-Tech™ Rhodiola veggie caps contains Imported Rhodiola Root Extract standardized to a minimum of 5% rosavins, 500 mg per capsule. The veggie cap contains modified vegetable cellulose, natural silica.

Rhodiola as been associated with the following properties: Adaptogenic, Adrenal Tonic, Mood Enhancing, AntiDepressant

# **Indications:**

Rhodiola rosea, also known as golden root, arctic root or roseroot, has been used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders. Numerous studies have proved Rhodiola to be a powerful adaptogen that increases ones resistance to chemical, biological, and physical stressors and protects the body from breakdown due to chronic stress. Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, and memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide longterm support to help preserve future brain functions.

A study involving 56 healthy male and female physicians working the night shift (age 24-35) were given 170 mg of Rhodiola extract for 6 weeks. Their mental performance was evaluated using tests to determine speed of visual and auditory perception, attention capacity, and short-term memory. A significant improvement in mental performance tests was observed in the treatment group during the first two-week period. Another double-blind, placebo controlled

study involving 60 foreign students at a Russian high school showed that supplementation by the students with Rhodiola resulted in a decrease of mental fatigue and situational anxiety and an increase in physical work capacity, coordination, kinesthetic sensitivity, and general well-being.

For athletes or anyone seeking to enhance physical performance, Rhodiola has been shown to improve strength, endurance, cardiovascular measures, coordination and recovery time. In one study, 42 master level competitive skiers were given either Rhodiola rosea extract or placebo 30-60 minutes before a 20 km race on skies that involved carrying a rifle and shooting targets at stops. The athletes receiving Rhodiola showed a significant increase in shooting accuracy, less arm tremor, better coordination, and their heart rates returned to normal more quickly.

Rhodiola has also been found to have cardio protective and anticancer benefits and can increase fertility in both men and

In 1986 it was discovered that the chemical composition that sets Rhodiola rosea apart from other species of Rhodiola are three cinnamyl alchohol-vicianosides identified as rosavin, rosin and rosarin. The term rosavins is used to include all three of these chemical compounds. Rosavins are known as the marker compound that differentiates true Rhodiola rosea extract from other Rhodiola species.

Contra-Indications and Cautions: Pregnancy; Nursing

# **Complimentary Formulas & Single Herbs:**

- Ginseng Energy Blend (Ginseng formula for energy)
- Ginkgo biloba (to increase memory and cerebral circulation)
- St Johns Wort (for depression)

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



01710	C 1000 T/D TAD	100	TAD	21 05	17 50	EENNO	TVT TACTODE ADVANCED	en	CAD	24.05	27.00	66200	OMFCA 2 750 500 W/D2	6.7	110	25.05	20.76
61710	C 1000 T/R TAB C 500 MG Blueberry Ras	180 90	TAB CHW	21.95		55338	EYE FACTORS ADVANCED	60 90	CAP Cap		27.96	66789	OMEGA 3 750 500 W/D3	6.7 6.7	LIQ Liq	25.95	
40863 40868	C 500 MG BLUEBERRY RAS	180	CHW	13.95 23.95	19.16	43511 56879	EYE FACTORS W/LUTEIN Folic acid 1 Mg	90 90	TAB	7.95	11.96 6.36	66774 67954	OMEGA 3 750/500 COC LM OMEGA 3 750/500 GRAPEF	6.7	LIQ		19.96 19.96
55283	C 500 MG MIXED FR CHW	90	CHW		11.16	60273	GARLIC RICH 500 MG OC	90 90	VCA			66772	OMEGA 3 750/500 GNAFEF	6.7	LIQ		19.96
63605	C 500 MG MIXED FRUIT	180	CHW	23.95		67366	GASTRO ASSIST VCAP	60	VCA	49.95		54003	OMEGA 3 FACTORS 120 + 60	180	SGC		27.99
40861	C 500 MG TANGY ORANGE	180	CHW	23.95		67365	GINGER 500 MG CHEWABLE	90	CHW		12.76	41829	OMEGA 3 FACTORS RX	60	SGC	17.95	
40860	C 500 MG TANGY ORANGE	90	CHW		11.16	43250	GINKGO BILOBA EXT 60	60	CAP	10.95	8.76	41830	OMEGA 3 FACTORS RX	120	SGC		23.96
43223	CAL MAG CITR 250/250 D	180	TAB	25.95	20.76	43246	GLUCOS CHOND 500/400	120	CAP		28.76	50891	OMEGA 3 FACTORS RX	240	SGC		43.96
67981	CALM BIOTIC 3 BL SHLF N	30	VCA	19.95	15.96	43245	GLUCOSAMINE SULF 500	180	CAP	19.95		45351	OMEGA 3 FACTORS RX LIQ	8 Z	LIQ		31.95
67220	CARDIO OPTIMIZER CURC	60	SGC	34.95		63283	GLUTAMINE 1000 MICRON	180	VCA		23.16	45679	OMEGA 3 RX E P O & FLX	120	SGC	21.95	
45451	CELADRIN JOINT HEALTH	90	SGC	24.95	19.96	50083	GRAPE SEED EXT 100 MG	90	CAP			45678	OMEGA 3 RX FISH & FLAX	120	SGC		19.16
40867	CELERY SEED EXT 75 MG	60	CAP	21.95	17.56	43251	GRAPE SEED EXT 100 MG	60	CAP	14.95	11.96	61319	OMEGA 3 RX ULT 1 DY D3	150	SGC	59.95	47.96
60832	CHERRY FRUIT EXT 500	90	SGC	22.95	18.36	56400	HAIR SKIN AND NAILS	120	VCA	41.95	33.56	59107	OMEGA 3 RX ULTRA 1 DAY	150	SGC	56.95	45.56
56912	CHIA FACTORS POWDER	12.	PWD	14.95	11.96	65119	HERRING GOLD 500 OMEGA	60	SGC	29.95	23.96	59094	OSTEOMOVE JOINT CARE	120	CPL	44.95	35.96
65472	CHOLESTEROL FORM ADV	60	TAB	31.95		67767	HIGHER THOUGHTS 3 BR	90	SGC		23.96	64963	OSTEOMOVE JOINT CARE N	240	CPL		63.96
64863	CITRUS BIOFL 650 + HES	90	CAP	12.95	10.36	59682	HYALURONIC ACID 100 MG	60	VCA	49.95	39.96	51883	PEPPERMINT + OREGANO OIL	60	SGC		14.36
53166	CLA 1000 MG DUO	60	SGC	23.99	23.99	55978	IRON EASY 20 MG CHW	60	CHW			42769	PEPTACE	90	CAP		31.96
67773	COCONUT OIL W/LAVENDER	4 Z	LIQ	9.95	7.96	67217	JOINT OPTIMIZER CURCUM	60	VCA		27.96	56399	PGX DAILY 750 MG	240	SGC		55.96
66527	COGNIFIT WHL EARTH	60	SGC	40.95	32.76	65091	K2 100 MCG	60	CAP		14.36	54634	PGX DAILY 750 MG	120	SGC		31.96
43281	COQ10 100 MG SGC	120	SGC	39.95	31.96	66005	KAVA KAVA 250 WHLE ERT	60	VCA			54478	PGX DAILY PAK	30	PAK		20.76
43280	COQ10 100 MG SGC	60	SGC	22.95	18.36	60549	KELP 800 MCG LIQUID	17	LIQ			54730	PHARMA GABA 100 MG	60	CAP		20.76
53165	COQ10 100 MG SGC DUO	60	SGC			40885	LACTASE ENZYME	60 co	CAP Cap		17.56	53579	PHARMA GABA CHW	60 co	CHW		23.96
56164 43283	COQ10 100 MG SGC DUO COQ10 200 MG SGC	120 60	SGC SGC	39.95 35.95	39.95 28.76	43286 45643	LIPOIC ACID 100 MG Lipoic acid 200 Mg	60 120	CAP	11.95	9.55 23.96	41080 40884	PHOS SERINE 100 MG PHOS SERINE 100 MG	60 30	SGC SGC		30.36 15.96
43203 62688	COQ10 200 MG SGC DUO	60	SGC	39.95	39.95	41227	LIV GALL CLEANSE	90	CAP			65559	PLANT PROT CHOC RW ORG	17Z	PWD		26.36
43607	COQ10 50 MG	120	SGC	25.95	20.76	43249	LIVER HEALTH HERBAL	50 60	CAP	24.95		67116	PLANT PRT VG UNF RW OG	172	PWD		26.36
43285	COQ10 50 MG SGC	60	SGC	15.95		40873	LUNG BRONCHIAL SINUS	90	TAB		21.56	65539	PLANT PRT VG VN RW OG N	19.	PWD		26.36
57547	CRANRICH 500 MG DUO	90	CAP	19.99	19.99	63289	LUTEIN 40 MG SGC	60	SGC		27.96	51650	PROSTATE HEALTH	60	SGC		23.96
51369	CRANRICH 500 MG ORG	90	CAP	16.95	13.56	43263	LYCOPENE 10 MG CAP	60	CAP			67615	QUERCETIN COMPLEX	90	CAP		19.96
60952	CRANRICH 500 MG SGC OG	90	SGC	21.95	17.56	63287	LYSINE 1000 (PER 2 CP)	180	VCA	18.95	15.16	67980	RELIEF BIOTIC 7B SHLF	30	VCA	19.95	15.96
65585	CURCUMIN THERACURM 30 N	30	VCA	16.95	13.56	51911	MAG CITRATE 150 MG	90	CAP	12.95	10.36	57936	RESVERATROL 250 MG	60	VCA	39.95	31.96
63095	CURCUMIN THERACURM 30 N	120	VCA	54.95	43.96	66340	MARINE ALGAE 3 WHL ERT	30	VSG	23.95	19.16	41081	SALMON OIL 1000 MG	90	SGC	15.95	12.76
59476	CURCUMIN THERACURM 30 N	60	VCA	29.95	23.96	63967	MELATONIN 5 MG CHW	180	CHW	23.95	19.16	40862	SALMON OIL 1000 MG	180	SGC	25.95	20.76
63859	CURCUMIN THERACURM 60 N	30	VCA	31.95	25.56	67218	MEMORY OPTIMIZER CURC	60	VCA			43252	SAW PALM EXT 160 MG	60	SGC		14.36
63860	CURCUMIN THERACURM 60 N	60	VCA	55.95		42439	MENOSENSE	90	CAP			67770	SERENE MIND VCAP 3 BR	120	VCA		23.96
55976	D3 & K2 1000IU/120 MCG	60	SGC	29.95	23.96	55887	MENOSENSE	180	VCA	44.95		52929	SERENITY FORMULA	60	CAP		14.36
66002	D3 1000 VGN WHL EARTH	90	VCA	19.99	15.99	64967	MENS 50 + WHLE EARTH	60	TAB	39.95		54207	SEXESSENTIALS WOMANS	90	CAP		19.96
61050	D3 2000 IU SGC	120	SGC	10.95	8.76	64965	MENS MULTI WHOLE EARTH	60	TAB			58197	SEXUAL VITALITY MEN	90	VCA		31.96
58292	D3 2000 IU SGC DUO	120	SGC	15.99	15.99	67768	MENTAL SUNSHINE ENT CT	90	TAB		23.96	67367	SILIPHOS PHYTOSOME 160	MG	VCA		19.96
54792	D3 2000 IU TAB D3 5000 IU SGC DUO	90 120	TAB SGC	7.95 17.99	6.36 17.99	43256 57291	MILK THISTLE PHYTO Mulberry ext 100 Mg	90 90	CAP Cap		19.96 11.16	43227 44431	SLEEP RELAX SLIMSTYLES FRENCH VAN	90 1 1	CAP PWD	16.95 49.95	13.56 39.96
58293 66003	D3 5000 VGN WHL EARTH	120 90	VCA	29.95	23.96	57656	MULTI ACIDOPHILUS FOS	90 90	CAP			44431 45350	SLIMSTYLES PGX 500 MG	1.1 180	CAP		23.96
40882	DGL CHEWABLE	90	CHW	13.49		40875	MULTI ENZYME HIGH POTN	120	VCA		31.96	52883	SLIMSTYLES PGX GRANULE	5.3	PWD		20.76
63858	DGL CHEWABLE	180	CHW	24.95		63285	N A C 500 MG	90	VCA		15.96	52932	SUNTHEANINE 100 MG CHW	5.5 60	CHW		20.76
65517	E 200 MIXED D ALPH TOC	90	SGC	12.95	10.36	62464	NEM 500 NAT EGGSH MEMB	30	VCA			44875	SUNTHEANINE 125 MG	60	VCA		20.76
43269	E 400 MIXED CAP	180	SGC	35.95		63571	OIL OF OREGANO	27	LIQ		31.96	66018	SUPER MUSHROOM WHL ERT	60	VCA		47.16
43268	E 400 MIXED CAP	90	SGC	19.95	15.96	63631	OIL OF OREGANO 180 SGC	60	SGC		19.16	65963	SYTRINOL 300 MG	30	VCA		22.36
45022	E P O 1000 ULTRA PRIM	180	SGC	33.95		63968	OIL OF OREGANO 180 SGC	30	SGC		10.36	41325	THYROID HEALTH FORMULA	60	VCA	14.95	
59482	E P O 500 ULTRA PRIM N	180	SGC	23.95	19.16	57446	OIL OF OREGANO ORGANIC	17	LIQ		17.56	50569	THYROSENSE	60	VCA		11.96
45095	ECHINAMIDE 250 MG	60	SGC	14.95	11.96	66833	OLIVE LEAF EXT 500 MG	90	CAP			55533	THYROSENSE	120	VCA		21.56
55529	ESTROSENSE	120	VCA	53.95	43.16	43253	OLIVE LEAF EXT 500 MG	60	CAP			52931	TRANQUIL SLEEP CHW	60	CHW		25.56
43125	ESTROSENSE	60	CAP	29.95	23.96	66773	OMEGA 3 1500/750 D LEM	6.7	LIQ	39.95	31.96	57646	TRANQUIL SLEEP ENTER N	90	SGC	37.95	30.36

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com



THE PROBIOTIC FOR WOMEN

Clinically Documented Probiotic Strains That Promote Healthy Vaginal Microflora and Urinary Tract Health\*

Jarro-Dophilus® Women contains the four predominant *Lactobacilli* strains of the healthy vaginal tract.\*

All four strains were isolated from the vaginal tracts of healthy pregnant women and have been clinically tested for efficacy in helping to maintain protective, healthy vaginal

L. crispatus LbV 88

L. jensenii LbV 116

L. gasseri LbV 150N

L. rhamnosus LbV 96

protective, healthy vaginal microflora and urinary tract health.\*

When it comes to choosing effective probiotics, clinically documented strains matter.™

Choose science.

Choose Jarro-Dophilus® probiotics.

JARRO-DOPHILUS® WOMEN, 5 BILLION, 30 V CAPS - JRW67422

JARRO-DOPHILUS® WOMEN, 10 BILLION, 30 CAPS - JRW67416

NEW

Jarrow FORMULAS

Jarro-Dophilus

Helps Restore Healthy Vaginal Flora & Promotes Urinary Tract Health\*

VAGINAL PROBIOTIC

4 Clinically Documented Vaginal Strains

Coated Refrigeration

BILLION CLINICALLY SHOWN EFFECTIVE

PROBIOTIC SUPPLEMENT

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Jarro-Dophilus® Women contains the clinically tested Astarte® strains which are protected by U.S. Patent 8,846,027 and European Patent 2,509,610. Astarte® is owned by HSO Health Care GmbH, Vienna, Austria, and licensed in the U.S.

Visit us at www.jarrow.com for more product information.

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## Dosage

Liquid: 30 drops in juice or water 1-3 times per day or as needed; Veggie Cap: 1 capsule, 1-3 times per day or as needed.

Note: The liquid formula may contain small amounts of herbal precipitate (small particles) due to strength of preparation. The taste is very astringent, slightly bitter.

# **Saw Palmetto Berry 1:3**

Perhaps the most researched, most effective herb for treating an enlarged prostate (BPH).

Liquid - 1 fl oz - Product Code: 57006 60 Liquid Veggie Caps - Product Code: 67450

## Who might benefit from this herbal supplement?

• Men with an enlarged prostate, or benign prostatic hyperplasia (BPH).

# Ingredients:

Phyto-Tech™ Saw Palmetto Berry 1:3 contains Certified Organic Saw Palmetto Berries (Serenoa repens), Pure Grain Alcohol, Deionized Water. Each 30 drops contains 333 mg. Phyto-Tech™ Saw Palmetto Liquid Veggie Caps contains, per one capsule, Saw Palmetto Berry, 160 mg (Serenoa repens) as a CO2 Supercritical Extract (standardized to minimum 85%, Essential Fatty Acids, 136 mg), Soy Lecithin (PCR Negative), Modified Vegetable Cellulose.

Saw Palmetto is the well known herb for swollen or enlarged prostate, commonly called benign prostatic hyperplasia (BPH). Symptoms of BPH range from difficult urination, dull ache, impotence, difficulty maintaining an erection, waking to urinate, urgency to urinate and precancerous blood chemistry such as elevated PSA's. It is thought that Saw Palmetto inhibits dihydrotestosterone, the compound that causes prostate cells to multiply excessively. \* Many herbalists consider Saw Palmetto to be a valuable male tonic to help maintain prostate health as men age.

Prostate inflammation is common in men over 50, especially those with a diet high in animal products and trans fatty acids. Prostate cancer is the second most common cancer in men. Prostate cancer is the male equivalent to uterine and ovarian cancer in women. Some believe that chronic BPH is a precursor to prostate cancer in some men. Saw Palmetto can be used as a preventative mens' tonic herb to help avoid the swelling in the first place. If one has BPH already, Saw Palmetto can reduce the inflammation to normalize the

Saw Palmetto is nontoxic and can be used long term.

## Dosage:

General preventative tonic: 30-60 drops, 2 times per day or as needed in juice or water; Stronger dose: 60-90 drops, 2-3 times per day in juice or water. Liquid Veggie Caps: One capsule, 1-2 times per day, or as directed.

Note: Phyto-Tech™ Saw Palmetto Berry 1:3 is a full spectrum hydroalcoholic liquid extract, not a "standardized" liposterolic extract. It is not possible to make a direct dose comparison to "160 mg liposterolic extract." Clinical and traditional evidence, however, would suggest the recommended 60 drop dosage, above, is equivalent to the 160 ml liposterolic dose.

\*Saw Palmeto contains several types of active compounds: sterols (such as beta-sitosterol), flavonoids (such as Isoquercitrin), water soluble polysaccharides, and fatty oils. This combination of botanicals exert antiandrogenic, antiestrogenic and antiinflammatory effects, all of which contribute to its action agains BPH. Ethanolic (alcohol) extracts contain all of the above. For this reason, many prefer a full spectrum extract.

# **Schisandra Berry**

An adaptogenic herb thought to fight stress, improve immune function and increase energy and endurance.

Liquid Extract - 1 fl oz - Product Code: 67466

# Who might benefit from this herbal supplement?

- Those suffering from stress and fatigue
- Those who need a boost in energy, mental and physical performance.
- Those with poor immune function.

## **Ingredients:**

Each 30 drops (1 ml) contains Selectively Imported Schisandra Berries (Schisandra chinensis), 333 mg in a base of grain alcohol and deionized water.

Schisandra shrub native to northern and northeast China, as well as areas of Korea and Russia. The berries of Schisandra chinensis are called wu wei zi in Chinese, translated as "five-flavor fruit," based on its salty, sweet, sour, pungent, and bitter flavors.

## Indications:

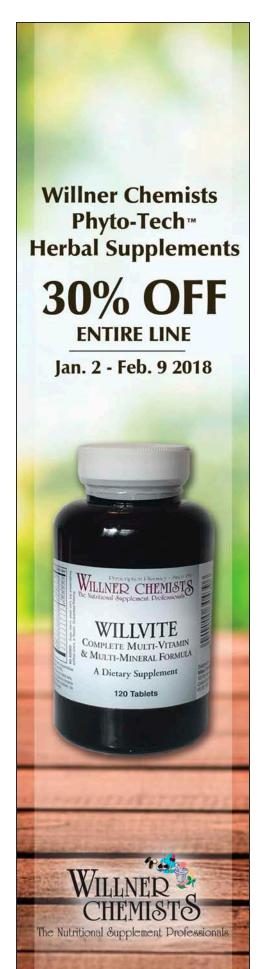
Orally, schisandra is used as an adaptogen for increasing resistance to disease and stress, increasing energy, and increasing physical performance and endurance. Traditionally, including Traditional Chinese Medicine, Schisandra is also used mor many other health condirions, including improving vision, boosting muscular activity, improving cellular energy, for hepatitis, liver protection, preventing premature aging, increasing lifespan, for premenstrual syndrome (PMS), stimulating the immune system, speeding recovery after surgery, protecting against radiation, counteracting the effects of sugar, preventing motion sickness, normalizing blood sugar and blood pressure, reducing high cholesterol, preventing infection, improving adrenal health, and energizing RNA-DNA to rebuild cells. Schisandra is also used for coughs, asthma, insomnia, neurasthenia, chronic diarrhea, dysentery, night sweats, spontaneous sweating, involuntary seminal discharge, thirst, impotence, physical exhaustion, excessive urination, depression, irritability, and memory loss.

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40889 60524 61320 60953	TURMERIC BROMELN 450 Ubiquinol 100 QH COQ10 Ubiquinol 100 QH DUO Ubiquinol 100 QH DUO	60 30 60	CAP SGC SGC SGC	33.95 49.95 34.99 57.99	39.96 34.99 57.99	63512 68080 52707	CALM PWD SWEET LEMON CALMFUL SLEEP ORGANIC LIFE VIT LIQ TURANECTAR	4 Z	PWD PWD LIQ	23.95 17.49 36.95	13.99	14981 50940 14982 14869	GINGER ROOT A/F GINKGO BILOBA A/F GINKGO BILOBA A/F GINSENG AMERICAN ROOT	2 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ	16.99 25.30 13.80 23.99	20.24 11.04 19.19	15007 15006 14942 15008	SHITAKE A/F Skullcap Herb A/F Slippery Elm Bark St Johns Wort A/F	2 Z 1 Z	LIQ LIQ LIQ	13.79 11.03 13.99 11.19 19.60 15.68 17.00 13.60
52375 52377 44850 65118 62420	ULT PROB 12/12 FORM ULTIMATE PROBIOT WOMEN URISENSE W/CRAN MAX VEGAN GREEN PRT BR CHC VEGAN PROTEIN FACTORS	60 60 90 6PK 12Z	VCA VCA VCA BAR PWD	29.95 29.95 29.95 17.99 24.95	23.96 23.96 14.39 19.96	65370 65371 65373		60 30 1 Z 20M	CAP CAP SPY SPY	27.99 22.99 22.99 20.99	18.39 18.39	45542 14985 14986 14987 44116	GLUCOS CHOND LIO GOLDENSEAL ROOT A/F GOTU KOLA HERB A/F GREEN TEA EXT A/F GREEN TEA EXT SUP A/F	16Z 1 Z 1 Z 1 Z 2 Z	LIQ LIQ LIQ LIQ LIQ	27.99 21.90 12.99 13.80 18.99	17.52 10.39 11.04 15.19		STEVIA A/F TURMERIC & GINGER VCAP UT ANSWER LIQ CRN MAN VALERIAN ROOT A/F TURES DYNAMICS	2 Z 90 4 Z 1 Z	LIQ VCA LIQ LIQ	23.00 18.40 34.99 27.99 34.99 27.99 12.99 10.39
52982 43261 43855 64449 55971	VEINSENSE BEAUTIF LEGS VITEX EXT FOR WOMEN WELLBETX PGX WHEY FACTOR MATCHA GRE WHEY FACTORS CHOC	60 90 180 12Z 2LB	VCA CAP VCA PWD PWD	26.95 15.95 34.95 26.95 59.95	12.76 27.96 21.56 47.96	62177 31403 14801 14964	TURES ANSWER  ADRENAL STRESS AWAY ASHWAGANDHA A/F ASTRAGALUS ASTRAGALUS A/F	2 Z	VCA LIQ LIQ LIQ	34.99 23.00 12.70 12.70	18.40	14877 14988 14878 14989 14990	HAWTHORN BERRIES HAWTHORN BERRY A/F HOPS HORSETAIL A/F HYSSOP A/F	27 17 17 17 17	LIQ LIQ LIQ LIQ VCAD	22.90 13.00 12.99 12.70 13.79	10.40 10.39 10.16 11.03		B BEAUTIFUL HAIR SKIN Berry Garden Gumm Assr Bodyboost men Multi GM Bodyboost Women Multi Bone & Calcium Gumny	30 60 60 60 90	CHW CHW CHW CHW	29.95 23.96 24.95 19.96 27.95 22.36 29.95 23.96 29.95 23.96
52156 52155 56413 52157 56913 52158	WHEY FACTORS DOUB CHOC WHEY FACTORS FR VANILL WHEY FACTORS FRENCH VN WHEY FACTORS STRAWBERR WHEY FACTORS UNFLAVOR WHEY FACTORS UNFLAVOR	12Z 12Z 2LB 12Z 2LB 12Z	PWD PWD PWD PWD PWD PWD	26.95 26.95 59.95 26.95 59.95 26.95	21.56 47.96 21.56 47.96	45550 45547 62034 42694 25669	B COMPLEX LIQUID B12 1000 MCG LIQUID BACOPA 500 MG BIO EAR BIOFLAV CITRUS W/RH	8 Z 2 Z 90 1 Z 8 Z	LIQ LIQ VCA LIQ	16.99 19.99 16.99 29.99	13.59 15.99 13.59 23.99 23.91	37991 67078 37953 14991 59595 67180	KAVA 6 KAVA 6 A/F LIQ LICORICE ROOT LICORICE ROOT A/F MAG MAL/BIS-GLYCINATE L MAG PLANT BASED CAP	90 1 Z 90 1 Z 16Z 90	VCAP LIQ GEL LIQ LIQ CAP	34.99 19.99 9.99 13.80 17.99 19.99	15.99 7.99 11.04 14.39	67435 67434	VEGAN GARDEN GUMM ADLT VEGAN GARDEN GUMM KIDS TURES GATE COLLOIDAL OATMEAL LOT	60 60 18Z	CHW	35.95 28.76 31.95 25.56
67219 64966 64964 40859	WHOLE BODY OPTIM CURC Womens 50 + Whle Earth Womens Multi Whle Eart Womens Plus Multistart	60 60 60 180	SGC TAB TAB TAB	34.95 39.95 39.95 34.95	27.96 31.96 31.96	28701 14809 28702 14967 14813	BITTERS W/GINGER A/F BLACK WALNUT BLACK WALNUT & WORMWD BLACK WALNUT HULL A/F BLUEBERRY LEAF	2 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ	15.99 12.70 15.00	12.79 10.16 12.00 11.04	67179 14992 23002 14898 14899	MAG PLANT BASED LIQ VG MARSHMALLOW ROOT A/F MILK THISTLE A/F MOTHERWORT MUIRA PUAMA ROOT	16Z 1Z 1Z 1Z 1Z	LIQ LIQ LIQ LIQ LIQ	29.99 13.80 13.80	23.99 11.04 11.04 9.20	54924 43866 32353 35766 25967	CONDIT BIOTIN STRENGTH CONDITIONER ALOE VERA CONDITIONER CHAMOMILE CONDITIONER HEMP RAIN CONDITIONER HERBAL	18Z 18Z 18Z 18Z 18Z 18Z	LIQ LIQ LIQ LIQ LIQ	8.69 6.95 8.69 6.95 8.69 6.95 8.69 6.95 8.69 6.95
	TURAL HEALTH INT					14821	BURDOCK ROOT	2 Z	LIQ	20.70	16.56	15032	MULLEIN FLOWER OIL A/F	17	LIQ	11.50	9.20	30171	CONDITIONER JOJOBA	18Z	LIQ	8.69 6.95
57612 57611	HERBATONIN .3 MG MELAT Herbatonin 3 mg melat	90 60	VCA VCA	13.99 23.99	13.99 23.99	14820 14968	BURDOCK ROOT Burdock root A/F	1 Z 1 Z		11.50 13.80	9.20 11.04	14993 45545	MULLEIN LEAVES A/F Multiple Minerals Liq	1 Z 8 Z	LIQ LIQ	13.80 11.99	11.04 9.59	54925 33206	CONDITIONER POMEG SUNF E OIL 32 000 ROLL ON	18Z 1.1	LIQ OIL	8.69 6.95 11.19 8.95
55301 55299	MACAHARMONY WOMEN FEMM Macalife Perimeno Femm	120 120	VCA VCA	34.99 34.99		45548 67181	C 1000 MG LIQUID Cal mag plant based CP	8 Z 120	LIQ Cap		10.39 27.99	14994 37536	NETTLES A/F OLIVE LEAF OLEOPEIN AF	1 Z 2 Z	LIQ LIQ	12.70 19.60		32349 32350	E OIL 40 000 IU Moist lot frag free	2 Z 18Z	OIL Lot	12.89 10.31 10.59 8.47
55300	MACAPAUSE 50 + FEMMENESS	120	VCA	34.99	34.99	67182	CAL MAG PLANT BASED LO	16Z	LIQ	34.99	27.99	33167	OREGANO OIL A/F	1 Z	LIQ	32.99	26.39	41726	MOIST LOT TEA TREE	18Z	LOT	10.59 8.47
55303 5530 <i>2</i>	PH QUINTESSENCE ALKALI Revolution Macalibrium	90 120	VCA VCA	34.99 37.99		14826 24766	CASCARA SAGRADA Cat's Claw A/F	3 Z 2 Z	LIQ LIQ		12.79 19.99	14911 14995	PASSION FLOWER Passion flower A/F	2 Z 1 Z	LIQ LIQ	20.70 12.70		32383 59977	MOIST LOT W/PAPAYA HRB Moist Lotion Hemp	18Z 18Z	LOT Lot	10.59 8.47 10.59 8.47
	TURAL SOURCES	120	10.1	07100		14824	CAYENNE (CAPSICUM)	1 Z	LIQ	11.50	9.20	37998	PASSIONFLOWER STAND	60	VCAP	13.99	11.19	28139	MOIST LOTION HERBAL	18Z	CRM	10.64 8.51
	ADRENAL ALL	60	CAP	11.99	9.59	28705 14973	CODONOPSIS A/F Cornsilk a/f	1 Z 1 Z	LIQ LIQ		11.04 10.16	14996 37958	PAU D'ARCO A/F Pau d'arco inner bark	1 Z 90	LIQ VCA	12.70 9.99	10.16 7.99	36889 54926	SHAMPOO ALOE VERA SHAMPOO BIOTIN STRENGT	18Z 18Z	LIQ Liq	8.69 6.95 8.69 6.95
65897 20368	ADRENAL RAW Black Cherry Conc Nat	60	CAP FLO	11.99 7.29	9.59 5.83	27768 54513	CRANBERRY A/F D3 4000 IU DROPS	1 Z .5Z	LIQ LIQ		11.04	58089	PERIO BRITE CINNAMINT	16Z	LIQ	10.99	8.79	23741	SHAMPOO HERBAL SHAMPOO JOJOBA	18Z	LIQ LIQ	8.69 6.95 8.69 6.95
20369	BLACK CHERRY CONC NAT	8 Z 16Z	LIQ	13.29	ວ.ດວ 10.63	14844	DANDELION ROOT	.az 1 Z		17.95 11.50	14.36 9.20	42688 42689	PERIOCLEANSE PERIOWASH	4 Z 16Z	LIQ LIQ	19.95 10.95	15.96 8.76	26102 54927	SHAMPOO POMEGRAN SUNFL	18Z 18Z	LIQ	8.69 6.95
20370 43118	CRANBERRY CONC NAT ELDERBERRY CONC	8 Z 16Z	FLO LIQ	12.19 21.19	9.75 16.05	14975 28712	DANDELION ROOT A/F ECHIN A/F W/MANDA ORAG	17	LIQ LIQ		10.39 10.39	59525	PERIOWASH WINTER MINT	16Z	LIQ		8.76	54928	SKIN LOTION POMEGR SUN	18Z	LIQ	10.59 8.47
39775	FEMALE RAW	60	CAP	11.99	9.59	23132	ECHIN GLDSEAL COMB A/F		LIQ	21.99	17.59	28725 65628	PROPOLIS A/F Pueraria mirifica estr	1 Z 60	LIQ VCA	17.99 24.99			TURES HERBS			
59490 27322	MULTIPLE RAW Thyroid raw	60 60	CAP Tab	15.69 20.49	12.55 16 39	15021 14849	ECHIN GOLDENSEAL A/F ECHIN PURPUREA WHOLE	1 Z 1 7	LIQ LIQ		10.39 10.39	14999 37999	RED CLOVER TOPS A/F RED CLOVER TOPS STAND	1 Z 60	LIQ VCAP	13.80 18.99		15582 15612	ALOE VERA GEL Cascara Sagrada	50 100	VCA Cap	18.09 14.47 16.89 13.51
_	TURAL VITALITY	00	ועט	20.70	10.00	28711	ECHIN W/GRAPE FLAV A/F	1 Z	LIQ	12.99	10.39	15002	SAGE A/F	1 Z	LIQ	13.80		28756	CELERY SEED POWER	60	CAP	11.49 9.19
52496	CALM PLUS CALCIUM PWD	8 Z	PWD	25.95	20.76	14978 14853	ECHINACEA A/F ELECAMPANE ROOT	1 Z 1 Z		16.09 11.50	12.87 9.20	57886 57888	SAMBUCUS Sambucus immune supp	8 Z 4 Z	LIQ LIQ	27.99 15.99		15620 16743	CHICKWEED Echin Root Herb Org	100 100	CAP Cap	16.69 13.35 18.79 15.03
52497	CALM PWD	8 Z	PWD	22.95	18.36	45539	EVENING PRIMROSE LIQ	4 Z	LIQ	31.99	25.59	66110	SAMBUCUS IMMUNE SUPP	8 Z	LIQ	29.99	23.99	16790	HAWTHORN FLOWER/BERRY	100	CAP	16.49 13.19
58910 67685	CALM PWD Calm PWD Orange	16Z 8 Z	PWD PWD	39.95 23.95	31.96 19.16	14980 14859	EYEBRIGHT A/F Fenugreek seed	1 Z 1 Z	LIQ LIQ	13.80 11.50	11.04 9.20	66114 59470	SAMBUCUS KIDS ORANGE Sambucus Spray	8 Z 2 Z	LIQ Spy	27.99 9.99	22.39 7.99	16817 34718	MILK THISTLE POWER Nettle root power	50 60	CAP Cap	23.89 19.11 22.99 18.39
52498 58655	CALM PWD RASP LEMON Calm PWD Raspberry Lem	8 Z	PWD	23.95 40.95	19.16	14861 14864	FO TI	1 Z	LIQ	12.70	10.16	14938	SAW PALM BERRIES	2 Z	LIQ	22.90	18.32	32828 16838	PHYTO ESTROGEN POWER Reishi Mushroom	150 100	CAP Cap	64.09 51.27 25.59 20.47
50033	OMENI I NAN IIMOLDEIIIII FEIN	102	rwu	40.33	JZ./U	14004	GENTIAN ROOT	1 2	LIQ	11.50	9.20	15004	SAW PALM BERRY A/F	17	LIQ	16.99	13.59	10090	IILIJIII WUJIIIUUW	100	OAF	LJ.JJ LU.41









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# **Lutein and Zeaxanthin Reduce Stress**

Lutein, zeaxanthin and other carotenoids are known to be important antioxidants, protecting the eye from conditions such as macular degeneration, cataracts, etc. But the benefits of these compounds cover more than that. According to a study published in Nutritional Neuroscience, it seems that increasing levels of carotenoids in the eye may reduce stress as well.

Recent studies have found the antioxidant carotenoids in the eye play a role in stress. In this study, 59 healthy people, age 18 to 25, took a placebo or a combination of lutein, zeaxanthin, and meso-zeaxanthin, at a combined dose of 13 mg or 27 mg total carotenoids per day.

Doctors measured changes in levels of carotenoids in the macula of the eye, gave participants psychological stress and anxiety tests, and measured levels of cortisol, the fight-or-flight hormone released by the adrenal glands.

After six and 12 months, while the placebo group had not improved, both low and high-dose carotenoid groups had less psychological stress, better emotional and physical health, and lower cortisol levels. As levels of carotenoid pigment in the eye increased, psychological stress scores improved.

(Reference: Nutritional Neuroscience; February, 2017, Published Online)

# Additional Comments from Don Goldberg

There are, of course, a large number of carotenoid-rich, antioxidant supplements available from numerous manufacturers designed specifically for the eye. Many are based on the AREDS studies. You are welcome to talk to one of the pharmacists or nutritionists at Willner Chemists for help in selecting the best product for your specific needs. As I have mentioned in the past, I do not use an ARED formula. Instead along with my Willvite multivitamin multimineral and other supplements, I rely on Jarrow Formulas BlackCurrant with Lutein and the Willner PhytoTech Antiox Phyto Complex II products.

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the right synbiotic supplement that fits your individualized needs.

# **Ayurvedic Herb Improves Memory and Cognition**

In Ayurvedic medicine, the herb ashwagandha is used to improve memory and cognitive function. This connection was confirmed in the following study.

Fifty adults over age 35 with memory loss, a diagnosis of early dementia, or an impaired score on a standard mental-state exam took a placebo or 300 mg of ashwagandha twice daily for eight weeks. Participants were not taking any other cognitive-enhancing drugs or treatments.

After eight weeks, both groups improved in immediate memory, but the ashwagandha group had much higher scores in logical memory, pairing words, recognizing faces, and executive function (the ability to make decisions). The ashwagandha group also had better attention and was able to process information faster than placebo.

In conclusion, doctors said ashwagandha may help treat mild cognitive impairment and Alzheimer's disease.

(Reference: Journal of Dietary Supplements; February, 2017, Published Online)

Willner PhytoTech™ Ashwagandha Products (Liquid)

Ashwagandha Root 1:1.5 1 fl.oz. Liquid Extract: Product Code: 57008

Ashwagandha Root 1:1.5 2 fl.oz. Liquid Extract: Product Code: 58091

Willner PhytoTech™ Ashwagandha Products (Standardized Capsules\*)

**Ashwagandha** 90 Vegetarian Capsules Product Code: 67463

\*Phyto-Tech Ashwagandha Root Veggie Caps contain Organic Ashwagandha Root, 380 mg and selectively imported Ashwagandha Root Extract (1.5% Vithanaloids), 95 mg. The capsule contains modified vegetable cellulose. Certified organic.

Check www.willner.com or call Willner Chemists for discounted or sale pricing.

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When it comes to evidence for these traditional claims, recent research does seem to support its effect on enhancing cognitive performance and improving liver function on patients with hepatitis. Work is ongoing in areas from vision improvement to immune enhancement.

### Dosage.

30 drops in water or juice, 1-3 times per day, or as needed. Shake well before using.

# **Silver Colloid Complex**

# A combination containing Colloidal Silver 15ppm, Olive Leaf, and Wild Oregano Oil

1 fl oz - Product Code: 56972 1 fl oz Spray - Product Code: 57021 Silver Colloid 15 - 4 fl oz - Product Code: 557039

## Ingredients

Phyto-Tech™ Silver Colloid Complex contains the following: Colloidal silver 15ppm, Olive Leaf, Wild Oregano Oil (70% Carvacrol), Deionized Water, Pure Grain Alcohol, Non-GMO Soy Lecithin.

There is an ongoing and unresolved debate over whether colloidal or ionic silver particles are more effective at killing pathogens. Studies show both as begin effective for the conditions discussed here. At the same time, there is some debate over whether or not the marketing claims for Colloidal Silver are overly enthusiastic.

Silver Colloid Complex addressed both of these concerns. It employs a combination of both colloidal and ionic particles with a size of 15 ppm. A small particle size is important for the body to be able to absorb and circulate. With particle sizes larger than 30 ppm, a condition called argyria can occur. Argyria causes a bluish-gray discoloration of the skin, other organs, deep tissues, nails and gums.

In addition, Silver Colloid Complex is combined with Olive Leaf and Oregano Oil for added immune power. Olive Leaf is known for its effectiveness in fighting infections and supporting overall immunity. The key active ingredients of Olive Leaf are the iridoide monoterpenes or oleuropein. It is a powerful anti-microbial for bacteria and viral infections. Oleuropein is converted into elenoic acid in the body which may prevent viruses and bacteria from replicating. Oregano Oil is an anti-microbial that has an immediate impact on acute germ inundation. It is a broad spectrum and powerful. Research has found the phenol Carvacrol to be the active compound in Oregano Oil that gives it its powerful ability to kill bacteria, fungus, candida, and parasites.

Phyto-Tech™ Silver Colloid Complex can be used on a daily basis as a preventative against illness, or it can be used once one is ill to support the body and speed healing. It is a broad-spectrum anti-microbial that can be taken internally for colds, flu, coughs, candidiasis, and parasites. It is also an effective external treatment for sore throats, infected wounds, acne, athletes toot, diaper rash, gum disease, nail fungus, and psoriasis. It is a great traveling aid, especially when traveling to third world countries.

# **Sinus Allergy Blend**

# Traditional Chinese Herbal Formula

1 fl oz - Product Code: 56982

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the most appropriate product for your needs.

# **Sinus Decongest**

A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways. This facilitates breathing, drainage and helps fight microbial growth. It produces a short term intensity that is followed by a more mellow, warming sensation in the sinus area. Sinus Decongest will open even the most stubborn and clogged sinus cavity. It can be used many times during the day to help maintain breathing and sinus drainage.

1 fl oz - Product Code:56941 2 fl oz - Product Code: 66599 1 fl oz Spray - Product Code: 66588

# Who might benefit from this herbal formula?

- Those suffering from sinus infections, sinus headaches, cold and flu, congestion from allergies and environmental toxins.
- Those who snore.
- Those with congestion while flying.

It is best to inhale deeply right after taking Phyto-Tech™Sinus Decongest. The deeper one inhales, the more effecive the result.

## Dosage:

General Dosage: Take 15-30 drops directly in mouth, or in water or juice as soon as is needed. Take 1-3 times per day and up to every 3 hours when needed.

Acute infection: Take every 30 minutes to 2 hours until relief maintains.

# Ingredients:

Phyto-Tech™ Sinus Decongest contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb,

... continued on page 97

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# 31



24331 24833 16840 16845 16876	SAW PALM SAW PALM POWER 320 SAW PALMETTO SLILCA POWER VENO CARE CAP	250 60 100 60 60	CAP SGC CAP CAP CAP	40.19 32.15 29.59 23.67 17.39 13.91 16.89 13.51 19.89 15.91	15876 15878 32952 58939 15915	CAL MAG 500 250 VTAB CAL MAG CAP 250/125 CAL MAG CIT W/BORON CAL MAG W/D3 &K2 CHOC CALCIUM DYNO MINS NP	180 180 90 60 90	TAB VCA CAP CHW TAB	38.50 34.65 25.90 23.31 10.95 9.85 15.35 13.81 18.20 16.38	21947 16001 56290 34208 66895	SPIRU TEIN STRAW SPIRU TEIN VAN SPIRU TEIN WHEY VAN SUGAR CONTROL ULTRA T MALE CAP TESTOSTERON	1# 1# 1LB 60 60	PWD PWD PWD TAB CAP	24.90 24.90 27.95 29.25 29.80	22.41 25.15 26.32	18158 18159 18160 25636 31423	CASCARA SAGRADA BARK CASCARA SAGRADA BARK CATINIP HERB CAT'S CLAW CAT'S CLAW EXT	100 180 100 100 60	CAP CAP CAP CAP CAP	11.49	
-		00	UNI	10.00 10.01	15653	CHLOROPHYLL CAP	90	CAP	18.65 16.78	40347	TURMERIC	60	CAP	25.45		18162	CAYENNE	100	CAP		7.13
	TURES LIFE				42092	CRANBERRY 1000 ULTRA	90	TAB	39.25 35.33	21239	ULTRA HAIR (SHAKE)	1LB	PWD	22.60		18161	CAYENNE	180	CAP		1.19
35017	600 PROSTATE MAINTAIN	250	CAP	42.39 33.91	43665	CRANBERRY W/C ULT CHW	180	CHW	26.40 23.76	16019	ULTRA HAIR SR	90	TAB	31.20		18163	CAYENNE GARLIC	100	CAP		7.99
25413 25864	ALOE VERA GEL 98% B 50 HIGH FOLIC ACID	16Z	LIQ	12.69 10.15	56066	D3 500 BLACK CHERRY	90	CHW	8.75 7.87	61709	ULTRA T MALE TAB	60	TAB	40.80		25168	CAYENNE XTRA HOT	100	CAP		9.19
20004 20956	B2 250 SR	100 100	CAP TAB	14.99 11.99 18.69 14.95	59573 22206	D3 5000 IU SOL VEG E OIL LIQ 14 000	60 .5Z	VCA Liq	15.50 13.95 9.30 8.37	15823 15824	ULTRA TWO SR W/TRACE ULTRA TWO SR W/TRACE	90 180	TAB Tab	53.25 98.75		18164 29682	CHAMOMILE CHAMOMILE EXT STANDZ	100 60	CAP Cap		7.59 0.79
25872	BETAINE HCL PEPSIN 648	100	CAP	19.29 15.43	67810	FAT BUSTERS ULTRA	.uz 60	TAB	30.55 27.31	15982	ULTRA ZYME	180	TAB	36.05		18167	CHARCOAL ACTIVATED	100	CAP		0.79
25871	BIOTIN 2.5 MG CAP	100	CAP	17.99 14.39	62664	GARDEN K2 120 MCG VEGN	60	VCA	17.80 16.02	42325	VITAMIN TRAVELETTES	100	MIS		7.65	18170	CHLORELLA	100	CAP		6.63
25873	BROMELAIN PAPAIN ENZ	100	CAP	23.59 18.87	15942	GARLITE 500	90	CAP	18.45 16.60	15910	ZINC 50	90	TAB		8.64	18171	CHLOROFRESH	90	CAP	19.19 1	
26386	CAL CITRATE & MAG 250	250	TAB	29.29 23.43	35889	GLUCOS CHOND MSM JOINT	4 Z	CRM	17.35 15.61	35890	ZMA RX STRENTH	90	CAP	32.15	28.93	18172	CHLOROFRESH LIQ MINT	16Z	LIQ		0.71
34689	CAL MAG PHOS W/D LIQ	327	LIQ	25.49 20.39	35375	GLUCOS CHOND MSM RX	90	TAB	51.85 46.66	NΔ	TURES SECRET					18173	CHLOROFRESH LIQ NAT	16Z	LIQ		9.99
22250 27353	CAL MAG SUPER 1000/500 CALCIUM SOFTGEL MG/ZN	250 100	TAB SGC	22.79 18.23 14.79 11.83	42184	GLUCOS CHOND MSM RX	180	TAB	88.05 79.24		15 DAY WEIGHT LOSS	60	TAB	12.95	10.20	51919	CINNAMON EXT STANDZ	60	VCA		1.59
27333 25884	CHROMIUM PICOL 200 MCG	250	CAP	22.79 18.23	45459 43654	GRAPE SEED 25 MG Gugulipid 1000 RX	1 Z 30	LIQ Tar	17.95 16.15 21.40 19.26	37130 25441	MULTI FIBER CLEANSE	275	TAB	25.99		44271 39936	CORDYCEPS EXT STAND Cranberry ext tab	60 120	VCA Tab		5.99 5.99
26073	GRAPE SEED EXT 105 MG	100	CAP	28.69 22.95	27524	GUGULIPID 750 MG	60	CAP	31.30 28.17	23176	SUPERCLEANSE	100	TAB	15.95		40532	CRANBERRY EXT VCAP	60	VCA		9.19
25895	LECITHIN 1200	250	CAP	31.69 25.35	33522	HEMA PLEX	30	TAB	13.35 12.01	30100	SUPERCLEANSE	200	TAB	23.95		40461	CRANBERRY EXT VCAPS	120	VCA		7.59
25608	MAGNESIUM 500 MG	100	CAP	11.89 9.51	60723	HEMA PLEX VCA	60	VCA	15.95 14.35	23175	ULTIMATE CLEANSE	240	TAB	29.99	23.99	18177	CRANBERRY FRUIT CAP	100	CAP		2.79
26943	MALIC ACID 800 MG	100	CAP	11.39 9.11	34623	HUPERZINE RX BRAIN	30	TAB	13.10 11.79	NΔ	TURES WAY					18178	DAMIANA LEAVES	100	CAP		7.59
44463	MULTIPLE SOFT GELATIN	180	SGC	53.39 42.71	56082	IMMUNE BOOSTER KIDS	90	CHW	12.20 10.98			00	VOA	10.10	15.05	18179	DANDELION ROOT	100	CAP		7.99
43833	OMEGA 3 EPA DHA	180	SGC	36.49 29.19	68000	JOINT SUPPORT AGELOSS	90	TAB	54.95 49.45	56281 61881	ACAI EXT STAND 510 MG African Mango 150 Mg	60 60	VCA VCA	19.19 24.99		60488	DANDELION ROOT	180	VCA		4.07
25855	ZINC 30 MG PICOLINATE	100	CAP	12.49 9.99	15957 15746	LECITHIN EGG YOLK 600	90	CAP	22.60 20.34	18125	ALFA MAX	100	CAP		8.95	29720	DEVILS CLAW STANDARDZD	90	CAP Cap		5.99 2.39
NΑ	TURES PLUS					LOVITES C 500 CHW MAG 250 DYNO MINS NEW	180 90	CHW Tar	44.55 40.09 18.20 16.38							18183 2973 <i>1</i>	DONG QUAI ROOT FCHIN FYT STANDARDIZED	100 60			
15640	A 10000 H20 D	90	TAB	7.90 7.11	41749	MAG 250 DYNO MINS NEW	90	TAB	18.20 16.38	18126 18128	ALFALFA LEAF 370 MG Aloe vera 550 MG	100 100 100	CAP VCA	8.05 10.25	6.44 8.20	29734	ECHIN EXT STANDARDIZED	60	CAP	25.49 2	0.39
		90 90	TAB CHW	7.90 7.11 27.95 25.15						18126	ALFALFA LEAF 370 MG	100	CAP	8.05 10.25	6.44						0.39 5.19
15640 15842 38683	A 10000 H20 D Adults Chewable Animal Parade Assorted	90 180	CHW CHW	27.95 25.15 27.25 24.52	41749 15712 38584 15988	MAG 250 DYNO MINS NEW Niacinamide 1000 SR Olive Leaf A/F Papaya enzymes Chw	90 90	TAB Tab	18.20 16.38 16.75 15.07	18126 18128 51193 42240	ALFALFA LEAF 370 MG Aloe vera 550 MG Aloe vera gel & Juice Aloe vera gel&JC Berry	100 100 32Z 32Z	CAP VCA LIQ LIQ	8.05 10.25 12.15 10.85	6.44 8.20 9.71 8.68	29734 18186 24366 24525	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX	60 100	CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2	0.39 5.19 4.31 0.39
15640 15842 38683 34704	A 10000 H20 D Adults Chewable Animal Parade Assorted Animal Parade Assorted	90 180 90	CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68	41749 15712 38584 15988 15987	MAG 250 DYNO MINS NEW Niacinamide 1000 SR Olive Leaf A/F Papaya enzymes CHW Papaya enzymes CHW	90 90 1 Z 360 180	TAB TAB LIQ CHW CHW	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19	18126 18128 51193 42240 39677	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL&JC BERRY ALOE VERA WHOLE LEAF	100 100 327 327 327	CAP VCA LIQ LIQ LIQ	8.05 10.25 12.15 10.85 12.79	6.44 8.20 9.71 8.68 10.23	29734 18186 24366 24525 18188	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX	60 100 180 180 100	CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1	0.39 5.19 4.31 0.39 3.99
15640 15842 38683 34704 22640	A 10000 H20 D Adults Chewable Animal Parade Assorted Animal Parade Assorted Animal Parade Cherry	90 180 90 180	CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52	41749 15712 38584 15988 15987 28055	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D	90 90 1 Z 360 180 60	TAB TAB LIQ CHW CHW CHW	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17	18126 18128 51193 42240 39677 18129	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL&JC BERRY ALOE VERA WHOLE LEAF ALOELAX	100 100 327 327 327 327	CAP VCA LIQ LIQ LIQ VCA	8.05 10.25 12.15 10.85 12.79 10.69	6.44 8.20 9.71 8.68 10.23 8.55	29734 18186 24366 24525 18188 18184	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI	60 100 180 180 100	CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99	0.39 5.19 4.31 0.39 3.99 9.59
15640 15842 38683 34704 22640 15801	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY	90 180 90 180 90	CHW CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68	41749 15712 38584 15988 15987 28055 25911	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP	90 90 1 Z 360 180 60	TAB TAB LIQ CHW CHW CHW	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78	18126 18128 51193 42240 39677 18129 44252	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL&JC BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND	100 100 327 327 327 100 60	CAP VCA LIQ LIQ LIQ VCA VCA	8.05 10.25 12.15 10.85 12.79 10.69 13.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79	29734 18186 24366 24525 18188 18184 18185	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA	60 100 180 180 100 100	CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39
15640 15842 38683 34704 22640 15801 34608	A 10000 H20 D ADUITS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE	90 180 90 180 90	CHW CHW CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68	41749 15712 38584 15988 15987 28055 25911 15841	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA	90 90 1 Z 360 180 60 60	TAB TAB LIQ CHW CHW CHW CAP TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20	18126 18128 51193 42240 39677 18129 44252 33412	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GELGJC BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG	100 100 32Z 32Z 32Z 100 60	CAP VCA LIQ LIQ LIQ VCA VCA CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20	29734 18186 24366 24525 18188 18184 18185 18187	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAIL ECHIN/ASTRAIL ECHINACEA ECHINACEA	60 100 180 180 100 100 180 100	CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 17.99 1 12.49	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99
15640 15842 38683 34704 22640 15801	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY	90 180 90 180 90	CHW CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68	41749 15712 38584 15988 15987 28055 25911 15841 16029	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP	90 90 1 Z 360 180 60 60 180	TAB TAB LIQ CHW CHW CHW	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06	18126 18128 51193 42240 39677 18129 44252	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL&JC BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND	100 100 327 327 327 100 60	CAP VCA LIQ LIQ LIQ VCA VCA	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20	29734 18186 24366 24525 18188 18184 18185 18187 31428	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTAN ECHIN/ASTAN ECHIN/ASTA ECHINACEA ECHINACEA ECHIRACEA ELDERBERRY BLACK	60 100 180 180 100 100 180 100	CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 17.99 1 12.49 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99
15640 15842 38683 34704 22640 15801 34608 34705	A 10000 H20 D ADUITS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE	90 180 90 180 90 90	CHW CHW CHW CHW CHW CHW	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68	41749 15712 38584 15988 15987 28055 25911 15841	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA	90 90 1 Z 360 180 60 60 180 30	TAB TAB LIQ CHW CHW CHW TAB CAP	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20	18126 18128 51193 42240 39677 18129 44252 33412 44270	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GELGJC BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASHWAGANDHA EX 500 MG	100 100 32Z 32Z 32Z 100 60 60	CAP VCA LIQ LIQ LIQ VCA VCA CAP VCA	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20	29734 18186 24366 24525 18188 18184 18185 18187	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAIL ECHIN/ASTRAIL ECHINACEA ECHINACEA	60 100 180 180 100 100 180 100	CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 13.89 1 11.99	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15686	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA	90 180 90 180 90 90 90 180 60	CHW CHW CHW CHW CHW TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG	90 90 1 Z 360 180 60 60 180	TAB TAB LIQ CHW CHW CHW CAP TAB CAP CAP	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 25.45 22.91	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL & JUICE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASHWAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS	100 100 32Z 32Z 32Z 100 60 60 100 60	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP VCA CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHINACEA ECHINACEA ECHINACEA ECHINACEA ECHINACEA ECHINACEA ECHINACEA ESTRESS	60 100 180 180 100 100 180 100	CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 13.89 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15686	A 10000 H20 D ADUITS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA SR B2 250 SR	90 180 90 180 90 90 180 60	CHW CHW CHW CHW CHW TAB TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 16.25 14.62	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561 56212 52453 35374	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBOSE RX ENERGY	90 90 1 Z 360 180 60 180 30 60 60 60	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 22.91 40.70 36.63 23.95 21.55 58.05 52.24	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL & JUICE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASHWAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG	100 100 32Z 32Z 32Z 100 60 60 100 60 100 180	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP VCA CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT HERB EFMAPRIN VITEX	60 100 180 180 100 100 100 100 100 100 10	CAP CAP CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 11.99 1 11.99 1 14.99 1 18.99 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19 1.99
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15686 15693	A 10000 H20 D ADUITS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA SR B 1250 SR B 6 500 SR	90 180 90 180 90 90 180 60 90	CHW CHW CHW CHW CHW TAB TAB TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 14.62 25.15 22.63	41749 15712 38584 15988 15987 28055 25911 15841 160261 56212 52453 35374 15856	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE	90 90 1 Z 360 180 60 60 60 60 60 60	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 25.45 22.91 40.70 36.63 23.95 21.55 58.05 52.24 28.15 25.33	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 18140	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GELL& BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLIEN PREM 580 MG BEET ROOT CAP	100 100 32Z 32Z 32Z 100 60 60 60 100 60 100 100	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99 15.99 11.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18208	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT TOMPLEX ECHIN/ASTRAG/RESHI ECHIN/ASTRAG/RESHI ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB BLEND FEMAPRIN VITEX FENNEL SEED	60 100 180 180 100 100 180 100 100 100 10	CAP CAP CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 11.99 1 11.99 1 11.99 1 11.99 1 11.99 1 11.99 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19 1.99 5.19
15640 15842 38683 34704 22640 15801 34608 34705 16098 15686 15693 39873	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA B 2 250 SR B 6 500 SR BILBERRY 50 MG A/F	90 180 90 180 90 90 90 180 60 90 1 Z	CHW CHW CHW CHW TAB TAB TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 66.25 14.62 25.15 22.63 21.90 19.71	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561 56212 52453 35374 15856 22085	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE 600 XR RED SEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE S O L ENERGY SHAKE	90 90 1 Z 360 180 60 60 60 60 60 60	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB TAB PWD PWD	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 25.45 22.91 40.70 36.63 23.95 21.55 58.05 52.24 28.15 25.33 49.70 44.73	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 18140 29724	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA 550 MG ALOE VERA GEL&JUICE ALOE VERA GEL&JUE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80	100 100 322 327 327 100 60 60 100 60 100 100 100 100	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99 11.49 25.99	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18208 18209	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHINACEA ECHINACEA ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB ELEND FEMAPRIN VITEX FENNEL SEED FENU THYME	60 100 180 180 100 100 180 100 100 100 60 100	CAP CAP CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 13.89 1 11.49 1 14.99 1 14.99 1 18.99 1 9.49 9	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19 1.99 5.19 7.59
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15683 15697 39873 15766	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA SR B2 250 SR B6 500 SR B1BERRY 50 MG A/F B10FLAV 1000	90 180 90 180 90 90 90 180 60 90 1 Z 90	CHW CHW CHW CHW CHW TAB TAB TAB TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 16.25 14.62 25.15 22.63 21.90 19.71 14.55 13.09	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561 56212 52453 35574 15856 22085 42115	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE S O L MINI TAB NO IRON	90 90 1 Z 360 180 60 60 60 60 60 60 1.1 2.2	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB PWD PWD TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 22.81 22.91 40.70 36.63 23.95 21.55 58.05 52.24 28.15 25.33 44.70 44.73 37.95 34.15	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 18140 29724 18144	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL & JUICE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASHWAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80 BLACK COHOSH RT 515 MG	100 100 32Z 32Z 32Z 100 60 60 60 100 100 180 100	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99 11.49 25.99 10.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79 8.39	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18208 18209 18210	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EFENNERIS SEPENNEL SEED FEMNEL SEED FENNEL SEED FENNEL SEED FENNEL SEED FENU THYME FENUGREEK	60 100 180 180 100 100 180 100 100 100 60 100 100	CAP CAP CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 13.89 1 11.99 1 14.99 1 18.99 1 18.99 1 9.99 9.99	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19 1.99 5.19 7.59 7.99
15640 15842 38683 34704 22640 15801 34608 34705 16098 15686 15693 39873	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA B 2 250 SR B 6 500 SR BILBERRY 50 MG A/F	90 180 90 180 90 90 90 180 60 90 1 Z	CHW CHW CHW CHW TAB TAB TAB TAB	27.95 25.15 27.25 24.52 15.20 13.68 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 66.25 14.62 25.15 22.63 21.90 19.71	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561 56212 52453 35374 15856 22085	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBDSE RX ENERGY S O L ENERGY SHAKE S O L ENERGY SHAKE S O L MINI TAB NO IRON S O L TAB	90 90 1 Z 360 180 60 60 60 60 60 1.1 2.2 180	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB TAB PWD PWD	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 40.70 36.63 23.95 21.55 58.05 52.24 28.15 25.33 49.70 44.73 37.95 34.15 38.35 34.51	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 18140 29724	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA 550 MG ALOE VERA GEL&JUICE ALOE VERA GEL&JUE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80	100 100 322 327 327 100 60 60 100 60 100 100 100 100	CAP VCA LIQ LIQ VCA VCA CAP VCA CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.69 13.49 10.25 18.69 10.25 20.99 15.99 11.49 25.99 10.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18208 18209	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EFEMAPRIN VITEX FENNEL SEED FENU THYME FENUGREEK FEVERFEW	60 100 180 180 100 100 100 100 100 100 60 100 100 100	CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 14.99 1 18.99 1 18.99 1 18.99 1 9.49 9 9.99 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.99 1.11 9.59 9.19 1.99 5.19 7.59 7.99
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15693 15697 39873 15766 26194 15770	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA SR B 150 MEGA SR B 2 250 SR B 6 500 SR B 1BLERRY 50 MG A/F B 10PERINE 10 MG B 10PERINE 10 MG B 10DURTIN 1000 B 0NE POWER	90 180 90 180 90 90 90 180 60 90 1 Z 90 60 90	CHW CHW CHW CHW TAB	27.95 25.15 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 26.65 23.98 26.55 14.62 25.15 22.63 21.90 19.71 14.55 13.09 8.99 8.09 21.40 19.26 35.50 31.95	41749 15712 38584 15988 15987 28055 25911 15841 16029 40561 56212 52453 35374 15856 22085 42115 15854	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE S O L MINI TAB NO IRON	90 90 1 Z 360 180 60 60 60 60 60 60 1.1 2.2	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB TAB TAB TAB TAB TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 22.81 22.91 40.70 36.63 23.95 21.55 58.05 52.24 28.15 25.33 44.70 44.73 37.95 34.15	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 18140 29724 18144 33219 18146 44277	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GELEJC BERRY ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80 BLACK COHOSH RT 515 MG BLACK COHOSH STAND 40 BLACK WALNUT HULLS 500 BLACK WALNUT HULLS 500 BLADDERWRACK HERB 580	100 100 32Z 32Z 32Z 100 60 60 100 100 180 100 90 100 60 100	CAP VCA LIQ LIQ LIQ VCA VCA CAP VCA CAP VCA CAP CAP CAP CAP CAP CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.25 13.49 10.25 20.99 15.99 11.49 25.99 10.49 11.49 10.49 11.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79 8.39 9.19 8.39 9.59	29734 18186 24366 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18209 18210 18211	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDSEAL ROOT ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EYEBRIGHT HERB EFENNERIS SEPENNEL SEED FEMNEL SEED FENNEL SEED FENNEL SEED FENNEL SEED FENU THYME FENUGREEK	60 100 180 180 100 100 180 100 100 100 60 100 100	CAP CAP CAP CAP CAP CAP CAP CAP CAP CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 11.99 1 11.49 1 14.99 1 18.99 1 9.49 9 9.99 1 10.69 1	0.39 5.19 4.31 0.39 3.99 9.59 4.39 9.59 1.11 9.59 9.19 5.19 7.59 7.99 4.39
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15697 39873 15766 26194 15776 64033	A 10000 H20 D ADUITS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA B 150 MEGA SR B 2 250 SR B 6 500 SR B 11BERRY 50 MG A/F B 10FLAV 1000 B 10PERINE 10 MG B 10R 1000 B 10NE POWER B 10NE SUPPORT S 0 L	90 180 90 180 90 90 90 180 60 90 1 Z 90 60 90 180	CHW CHW CHW CHW CHW TAB	27.95 25.15 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 26.65 23.98 38.35 34.51 16.25 14.62 25.15 22.63 21.90 19.71 14.55 13.09 8.99 8.09 19.26 19.2	41749 15712 38584 15987 28055 25911 15841 16029 40561 56212 52453 35374 15856 42115 15854 4293 64121 65127	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 XR RED YEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE S O L MINI TAB NO IRON S O L TAB SHOTO-B12 5000 MCG VC SOURC OF LIFE GOLD LID SOURCE OF LIFE GOLD LID SOURCE OF LIFE GOLD LID	90 90 1 Z 360 60 60 180 60 60 60 60 1.1 2.2 180 90 60 30Z 8 Z	TAB TAB LIQ CHW CHW CAP TAB CAP TAB TAB TAB TAB PWD TAB TAB TAB TAB TIAB TIAB TIAB TIAB TIA	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 25.45 22.91 40.70 36.63 23.95 21.55 58.05 52.24 40.70 44.73 37.95 34.15 38.35 44.41 49.35 44.41 49.35 44.41 49.35 44.41 49.35 44.41 49.35 44.41 49.36 50.13 18.40 16.56	18126 18128 51193 42240 39677 18129 44252 33412 44270 18132 55530 18135 18139 29724 18144 33219 18144 33219 18147	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA 550 MG ALOE VERA 550 MG ALOE VERA GEL&JUICE ALOE VERA GEL&JUEE ALOE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGANDHA EX 500 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80 BLACK COHOSH RT 515 MG BLACK COHOSH RT 515 MG BLACK WALNUT HULLS 500 BLADERWYRACK HERB 580 BLESSED THISTLE 375 MG	100 100 327 327 327 100 60 60 100 180 90 100 60 100 100 60	CAP VCA LIQ LIQ LIQ VCA VCA CAP VCA CAP VCA CAP CAP CAP CAP CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.25 10.25 10.25 20.99 15.99 11.49 25.99 10.49 11.49 11.49 11.49	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79 8.39 9.19 8.39 9.59 8.39	29734 18186 24362 24525 18188 18184 18185 18187 31428 18204 18205 18248 38066 18209 18210 18211 29681 18215 62927	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDENSEAL COMP ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHIN ROOT COMPLEX ECHINACEA ECHINACEA ECHINACEA ECHINACEA ECHINACEA ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT	60 100 180 180 100 100 100 100 100 100 10	CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 13.89 1 11.99 1 14.99 1 18.99 1 9.99 1 9.99 1 10.69 1 10.69 1 10.99 2	0.39 5.19 4.31 0.39 9.59 9.59 1.11 9.59 9.19 1.99 5.19 7.59 7.99 4.39 8.55 8.79 4.79
15640 15842 38683 34704 22640 15801 34608 34705 16000 34698 15686 15697 39873 15766 26194 15770 15867 64033	A 10000 H20 D ADULTS CHEWABLE ANIMAL PARADE ASSORTED ANIMAL PARADE ASSORTED ANIMAL PARADE CHERRY ANIMAL PARADE CHERRY ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE GRAPE ANIMAL PARADE ORANGE APPLE PECTIN 500 B 150 MEGA B 150 MEGA B 2 250 SR BIG BOS SR BILBERRY 50 MG A/F BIOFLAV 1000 BIOPERINE 10 MG BIOPUTINI 1000 BONE POWER BONE SUPPORTS 0 L BROMELAIN 1500 ULTRA	90 180 90 180 90 90 90 180 60 90 1 Z 90 60 90 180 120 60	CHW CHW CHW CHW CHW TAB	27.95 25.15 27.25 24.52 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 15.20 13.68 20.40 18.36 20.45 23.98 38.35 34.51 16.25 14.62 25.15 22.63 21.90 19.71 14.55 13.09 8.99 8.09 21.40 19.26 35.50 31.95 35.73 35.85 32.26	41749 15712 38584 15987 28055 25911 15841 16021 56212 52453 35374 15854 42915 64121 65127 42091	MAG 250 DYNO MINS NEW NIACINAMIDE 1000 SR OLIVE LEAF A/F PAPAYA ENZYMES CHW PEDI ACTIVE A D D PHOS SERINE DMAE CMP PRENATAL COMPLEX ULTRA PYCNOGENOL 30 CAP RED YEAST RICE 600 MG RED YEAST RICE 600 MG RED YEAST RICE 600 MS RED YEAST RICE 600 MS RED YEAST RICE MINI XR RIBOSE RX ENERGY S O L ENERGY SHAKE S O L ENERGY SHAKE S O L MINI TAB NO IRON S O L TAB SHOT-O-B12 5000 MCG VC SOURC OF LIFE GOLD LIQ SOURCE OF LIFE GOLD LQ SOURCE OF LIFE GOLD LQ	90 90 1 Z 360 60 60 60 60 60 60 60 2.2 180 90 60 30Z 8 Z 30Z	TAB TAB LIQ CHW CHW CHW CAP TAB	18.20 16.38 16.75 15.07 8.70 7.83 15.85 14.26 9.10 8.19 21.30 19.17 49.75 44.78 42.45 38.20 27.85 25.06 22.81 22.91 40.70 36.63 23.95 21.55 58.05 52.24 40.70 44.73 37.95 34.15 38.35 34.51 49.35 44.41 93.35 44.41 93.55 40.13 15.50 50.13 15.50 50.13 15.50 50.13 16.56 40.30 36.27	18126 18128 51193 42240 39677 18129 44252 33412 44252 33412 44270 18135 18135 18139 18144 33219 18146 44277 18147 31427	ALFALFA LEAF 370 MG ALOE VERA 550 MG ALOE VERA GEL & JUICE ALOE VERA GEL & JUICE ALOE VERA GEL & JUICE ALOE VERA WHOLE LEAF ALOELAX ANDROGRAPHIS EXT STAND ARTICHOKE EXT 300 MG ASTRAGALUS ROOT 470 MG ASTRAGALUS STAND EXT BARLEY GRASS BEE POLLEN PREM 580 MG BEET ROOT CAP BILBERRY EXT STAND 80 BLACK COHOSH STAND 40 BLACK COHOSH STAND 40 BLACK WALINUT HULLS 500 BLADDERWRACK HERB 580 BLESSED THISTLE 375 MG BLOOD SUGAR W/GYMNEMA	100 100 32Z 32Z 32Z 100 60 60 100 100 180 100 100 60 100 100 100	CAP VCA LIQ LIQ LIQ VCA VCA CAP VCA CAP VCA CAP CAP CAP CAP CAP CAP CAP CAP	8.05 10.25 12.15 10.85 12.79 10.69 10.25 18.69 10.25 20.99 15.99 11.49 25.99 10.49 11.49 10.49 10.49 10.49 15.99	6.44 8.20 9.71 8.68 10.23 8.55 10.79 8.20 14.95 8.20 16.79 12.79 9.19 20.79 8.39 9.19 8.39 9.59 8.39 12.79	29734 18186 24366 24565 18188 18184 18185 18187 31428 38066 18208 18209 18210 18211 29681 18211 29681 18217 38762	ECHIN EXT STANDARDIZED ECHIN GOLDENSEAL COMP ECHIN GOLDENSEAL COMP ECHIN ROOT COMPLEX ECHIN/ASTRAG/RESHI ECHINACEA ECHINACEA HERB ELDERBERRY BLACK EX STRESS EYEBRIGHT HERB EYEBRIGHT EYBRIGHT EYBR	60 100 180 180 100 100 100 100 100 100 10	CAP	25.49 2 18.99 1 30.39 2 25.49 2 17.49 1 11.99 1 12.49 1 11.99 1 11.99 1 14.99 1 18.99 1 19.99 1 9.99 1 9.99 1 10.99 1 10.99 2 14.99 1	0.39 5.19 4.31 0.39 9.59 4.39 9.99 1.11 9.59 9.19 1.99 7.59 7.99 4.39 8.57 4.39
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Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain, Glycerin Vegetable, Honey.

## How does it work?

Peppermint Oil and Fresh Organic Horseradish pulls the action up and into the sinus while the pungency of Cayenne, Garlic Onion and Horseradish increase circulation. Since the sinus cavity has poor circulation in general, this increase allows immune compounds in the blood to fight infection. The additional Immuno-Stimulating action of Echinacea, Spilanthes, Goldenseal, Elderberry, Garlic, Olive and Fresh Osha help stimulate the body to fight off microbial inundation and assist in healing. Decongesting herbs like Horehound, Licorice, Wild Cherry and Osha also help clean the lungs. Sinus Decongest helps to thin, thick and infected mucus and expectorate it out. In this way, it can help resolve an unproductive cough. Fever managing herbs like Boneset, Yarrow, Osha, Andrographis and Peppermint also help reestablish immune homeostasis.

# **Complimentary Formulas:**

Phyto-Tech™ Sinus Decongest is synergistic with other immune formulas to increase immune stimulation.

- •Combine with Echinacea Goldenseal (Phyto-Tech™ Echina Acute Complex) or Phyto-Tech™ Oregano Oil 70 to additionally stimulate white blood cell activity.
- For lung congestion or sore throats, combine with Phyto-Tech  $^{™}$  Respiratory Complex.
- For long-term immune weakness, combine with Phyto-Tech™ Immune Complex or Phyto-Tech™ Elderberry 1:2.
- Phyto-Tech™ Respiratory Complex (to clear out lungs);
- Phyto-Tech™ Mushroom Extract Complex/Dual Extraction Blend (rebuild immunity)
- Phyto-Tech™ Sinus Allergy Blend/Chinese Herbal Formula (Chinese formula to balance constitutions)
- Phyto-Tech™ Allergy Complex (if allergies)
- Phyto-Tech™ Oregano Oil 70 (powerful anti-microbial)

Phyto-Tech™ Echina Acute Complex (colds and Flu)
 Phyto-Tech™ Astragalus Root 1:3 (if chronic weak immunity)

# Skullcap 1:2

1 fl oz - Product Code: 57064

# **Sleep Complex**

Phyto-Tech™ Sleep Complex with Melatonin A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.

1 fl oz - Product Code: 57028 60 liquid filled Veggie Caps - Product Code: 57045

## Who can benefit from this supplement?

• Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety.

# Ingredients:

Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg.

Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin, 3 mg.

Sleep Complex with Melatonin comes in two forms a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin.

## Dosage:

For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night.

This herbal supplement can be used along with other sleeping aids.

# **Spilanthes 1:2**

An herb with a long folk history of use in treating dry mouth, toothache, and various types of gum disease. More recently, it have been investigated for its antibacterial and antifungal action, along with antioxidant and anti-inflammatory activity

1 fl oz - Product Code: 57487

# Who might benefit from this herbal supplement?

- Those with dry mouth.
- Those with gum disease, bad breath, an altered sense of taste, thick saliva, cracked lips or split skin at the corners of the mouth.
- Those with fungal infections in the mouth.
- Those with sore throat

# **Ingredients:**

Phyto-Tech™ Spilanthes is composed of Spilanthes Flower Tops Fresh, Alcohol Pure Grain, Water Pure Deionized.

# St John's Complex

A synergistice blend of herbs designed to reduce mild depression and elevate mood.

1 fl oz - Product Code: 57075

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

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facial cleanser

fragrance free

5.8 fl. oz. (171 mL)

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# Who might benefit from this supplement?

- Those with mild depression, mood swings, lethargy
- Those who are "feeling down;" those with a depressed

# **Ingredients:**

Phyto-Tech™ St. John's Complex contains a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, Fresh Pulsatilla Herb, Pure Grain Alcohol, Deionized Water.

Those who feel flat or have lowered passion and vital energy can use St. John's Complex. Many people do not have clinical depression, but do feel deflated and a bit down on a daily basis. These people can use this safe remedy. While some will feel immediate effects (most likely form the other ingredients besides the St. John's Wort), full benefits are realized after one month of continual use.

Effects can take effect in as soon as 2 weeks, but 4 weeks is more common. It is best used as a long-term tonic over 1 month. It can also be used very long term.

Caution: not intended for severe depression; do not take during pregnancy or while nursing; do not combine with prescription antidepressant medication.

## Dosage:

Generally: 20-60 drops, 2-3 times per day in juice or water.

# St John's Wort 1:2

# St. John's Wort is indicated for mild to moderate depression. It is safe and can be used long term.

1 fl oz - Alcohol Free, - Product Code: 57020 1 fl oz - Reg, Product Code: 56967 Also available in a vegetarian capsule form 90 Veggie Caps - Product Code: 60123

## Ingredients:

Each Phyto-Tech™ St. John's Wort veggie capsule contains 300 mg of St. John's Wort Herb (standardized at 0.3% Hypericin) in a base of 150 mg of full spectrum, certified

100 CAP

60 60 60 VCA

60

90

100 CAP 10.69 8.55

CAP

VCA CAP

9.99 7.99

22 99 18 39

12.99

14.99

8.49 6.79

17.99 14.39

10.39

24559

60799

65283

54056

54055

61452

A 10000 SGC

ALIVE C

ALIVE ADULT MULTI GUMM

ALIVE B CMP GUMMIES

ALIVE C PWD ORGANIC

ALIVE CALCIUM BONE FRM

organic St. John's Wort Herb.

# **Stay Well Complex**

Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea results in enhanced efficacy.

1 fl oz - Product Code: 56976

## Who can benefit from this herbal supplement?

- Children and their family members who want to prevent the spread and worsening of cold and flu infection.
- Those who frequently catch colds.

At the first threat of the onset of a cold or flu, give large frequent doses over the course of one day for an immediate effect. It is safe to repeat doses every 2 hours when on the edge of getting sick. Contrary to popular myth, Echinacea will remain effective for months with daily use. This is why Echinacea has become famous and is indicated for children who get repeated colds season after season. It is also indicated for adults and the elderly.

The addition of Elderberry increases efficacy for use for symptoms of a cold, flu or influenza. It should help reduce these symptoms and their duration.

Phyto-Tech™ Stay Well Complex is not diluted but is instead, a full strength extract suitable for adults as well.

Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20 mg./ml., Vegetable Glycerin, Deionized Water, Honey. Caution: Due to the honey content, this product is not recommended for children under two years of age.

**Dosage:** (by weight)

If 10-30 lb., use 10-20 drops; if 31-60 lb., use 20-40 drops; if 61-100 lb., use 40-60 drops; if over 100 lb. Use 60-90 drops. Take appropriate dose 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK, but taste is improved if added to juice.

# Stevia Extract 90

Stevia Leaf Extract, standardized to 90% Steviosides. A very pleasant tasting, sweet herb, with no bitter aftertaste.

> 2 fl oz - Product Code: 56940 1 fl oz - Product Code: 56943 4 fl oz - Product Code: 56942

## Who can benefit from this herb?

• Those with blood sugar swings, diabetes, obesity, hypertension.

## Dosage:

Add 2-8 drops as needed.

Each ml. of Phyto-Tech™ Stevia Extract 90 is equivalent to 300 mg of Stevia. All are 100% Gluten Free.

## Now Available In Naturally Flavored Versions:

- Lemon Flavor Stevia, 2 fl oz Product Code: 60141
- Orange Flavor Stevia, 2 fl oz Product Code: 60144
- Chocolate Flavor Stevia, 2 fl oz Product Code: 60140
- Peppermint Flavor Stevia, 2 fl oz Product Code: 60143
- Cinnamon Flavor Stevia, 2 fl oz Product Code: 60139
- Vanilla Flavor Stevia, 2 fl oz Product Code: 60142

# **Systemic Detox**

This detoxifying herbal formula facilitates a full body (systemic) cleansing.

1 fl oz - Product Code: 56970 Alcohol Free - 1 fl oz - Product Code: 57078

... continued on page 100

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



31432	GINKGO EXTRACT 60 MG	60	СДР	19.49	15 50	18279	PAU D'ARCO INNER BARK	100	CAP	9 49	7.59	61408	ALIVE CALCIUM BONE FRM	120	TAB	39.99	31 99	61425	CURICA PAIN RELIEF	100	TAB	42.99 34.39
42260	GINKGOLD 60 MG BONUS	150	TAB		32.39	44276	POMEGRANATE EXT STAND	60			15.99	64077	ALIVE CALCIUM GUMMIES	60		13.35		65864	CURICA TURMERIC DROPS	2 Z	LIQ	31.99 25.59
42263	GINKGOLD EYES	60	TAB		27.19	39771	PROSTOL	120			31.99	60797	ALIVE CHILDREN GUMMIES	90	CHW	16.89		65863	CURICA TURMERIC VCAP	60	VCA	47.99 38.39
42262	GINKGOLD MAX 120 MG	60	TAB	39.49	31.59	18291	PSYLLIUM HUSK	100	CAP	10.69	8.55	60798	ALIVE CHILDRENS CHW	120	CHW	16.05	12.84	28452	DHA 100 MG NEUROMINS	60	SGC	25.49 20.39
18233	GINSENG 550 AMERICAN	50	CAP	22.99	18.39	18293	RED CLOVER BLOSSOM HRB	100	CAP	9.49	7.59	68073	ALIVE HAIR SKN NLS GUM	60	CHW	19.99	15 99	53263	DHA NEUROMINS 200 MG	60	SGC	43.49 34.79
18232	GINSENG ASIAN KOREAN	100	CAP		19.99	18294	RED CLOVER COMBO	100		10.99		64776	ALIVE IMMUNE GUMMIES	90		20.45		38689	DIM PLUS	60	CAP	22.99 18.39
	GINSENG ELEUTHERO EXT				16.79	18295	RED RASPBERRY LEAVES			10.33		58862	ALIVE MENS 50 + ONCE DL					38688	DIM PLUS	120	CAP	41.99 33.59
29732		60	CAP					100						60	TAB	23.09						
18234	GINSENG ELEUTHERO SIBE	100	CAP	9.99	7.99	29736	REISHI MUSHR EXT STANZ	100			12.39	62668	ALIVE MENS GUMMY	75	CHW	17.79		24613	E 400 D ALPHA SGC	100	SGC	28.15 22.52
18235	GINSENG ELEUTHERO SIBE	180	CAP	14.49	11.59	43693	RHODIOLA ROSEA EXT	60	VCA	16.99	13.59	57537	ALIVE MENS MULTI	90	TAB	26.65	21.32	44939	E P O 1300 MG EFA GOLD	120	SGC	30.49 24.39
29725	GINSENG KOR ASIAN EXT	60	VCA	34.99	27.99	18299	SARSAPARILLA ROOT	100	CAP	11 49	9.19	58861	ALIVE MENS ONCE DAILY	60	TAB	23.09	18 47	38748	FISOL FISH OIL	90	SGC	16.99 13.59
18236	GLUCOMANNAN	100	CAP		14.39	29737	SAW PALM EXT STANDARZD	60			14.79	53891	ALIVE MULTI LIQ CITRUS	32Z	LIQ	38.39		43697	FISOL FISH OIL	180	SGC	34.69 27.75
18238	GOLDENSEAL HERB	100	CAP		11.19	24508	SAW PALMETTO BERRY CAP	100			12.79	58860	ALIVE MULTI ONCE DAILY	60	TAB	25.99		51688	FISOL SUPER FISH OIL	90	SGC	22.99 18.39
18237	GOLDENSEAL HERB	180	CAP		15.99	24509	SAW PALMETTO BERRY CAP	180		24.99		42512	ALIVE NO IRON ADDED	180	TAB	44.45		60028	FISOL SUPER FISH OIL	180	SGC	42.49 33.99
18240	GOLDENSEAL ROOT	100	CAP	30.99	24.79	18300	SCHIZANDRA FRUIT	100	CAP	11.49	9.19	65404	ALIVE PRENATAL GUMMIES	75	CHW	20.45	16.36	32005	GLUCOSAMINE HCL	90	CAP	19.49 15.59
18239	GOLDENSEAL ROOT	50	CAP	19.49	15.59	18301	SCULLCAP HERB	100	CAP	12.79	10.23	67242	ALIVE PRENATAL VSG	60	VSG	34.99	27.99	45046	HEMP POWDER NON GMO	16Z	PWD	18.99 15.19
18241	GOTU KOLA	100	CAP	9.99	7.99	18302	SENNA LEAVES	100		9.49	7.59	39488	ALIVE W/IRON	90	TAB	24.89		50176	HYDRAPLENISH	60	VCA	24.99 19.99
18242	GOTU KOLA HERB	180	CAP		11.59	33415	SHIITAKE MAITAKE STD	60			14.39	66804	ALIVE WHEY PRT MNG CRM	13.	PWD	39.99		58210	HYDRAPLENISH SERUM ULT	12	SER	41.99 33.59
	GRAPE SEED EXT STD	60	VCA		16.79	18304	SILENT NIGHT				9.19	62671	ALIVE WOMENS 50 + GUMMY	75				58211	HYDRAPLENISH SERUM W/C			41.99 33.59
58141		00						100							CHW	17.79				17	SER	
44272	GRAPEFRUIT SEED	60	VCA		15.19	18308	SLIPPERY ELM BARK	100		9.99		58863	ALIVE WOMENS 50+ ONCE	60	TAB	23.09		65499	IMMUNABLES PAK KIDS	30	PAK	29.99 23.99
55891	GREEN TEA EXT STAND	60	VCA		23.19	33964	ST JOHNS WORT	180			13.99	62670	ALIVE WOMENS GUMMY	75	CHW	17.79		24575	INOSITOL 500	100	CAP	13.49 10.79
29723	GYMNEMA EXT STANDARZD	60	CAP	20.49	16.39	29683	ST JOHNS WORT 300 STD	90	CAP	17.99	14.39	57538	ALIVE WOMENS MULTI	90	TAB	26.65	21.32	31437	ISOFLAVONE SOY	100	CAP	15.99 12.79
18246	HAWTHORN BERRIES	100	CAP	9.99	7.99	30262	ST JOHNS WORT PERIKA	60	TAB	15.99	12.79	58864	ALIVE WOMENS ONCE DAIL	60	TAB	23.09	18.47	44945	KRILL OIL 500 MG	60	SGC	41.49 33.19
56017	HAWTHORN BERRIES	180	CAP		13.19	18313	SUMA	100			12.39	24588	B 100 COMPLEX	100	CAP	23.45		60029	KRILL OIL 500 MG EFA	30	SGC	21.99 17.59
29735	HAWTHORN EXT STANDARZD	90	CAP		13.59	18315	THISILYN	60		25.99		24586	B 50 COMPLEX	100	CAP	14.95		52521	LACTASE ENZYME	100	CAP	21.35 17.08
						18316						24565			CAP							10.15 8.12
26550	HEART CARE	120	TAB		11.99		THISILYN	100			29.59		B1 100	100			5.99	24623	MAG 500	100	CAP	
51876	HORNY GOAT WEED	60	CAP		18.39	44873	THISILYN DIGEST CLEAN	90		15.59		24568	B6 100	100	CAP		7.24	66083	MCT OIL 100% FRM COCON	16Z	LIQ	21.99 17.59
29728	HORSECHESTNUT EXT STAN	90	CAP	13.99	11.19	44872	THISILYN SUPER	60		37.09		60435	BORAGE OIL 1300 MG	60	SGC	25.49	20.39	42626	MSM 1000 MG	120	TAB	16.99 13.59
18253	HORSETAIL GRASS	100	CAP	9.99	7.99	64071	TURMERIC EXT 750 MG	60	VCA	30.99	24.79	24628	BORON 3 MG CHEL	100	CAP	8.55	6.84	24580	NIACINAMIDE 500 NO FLS	100	CAP	7.99 6.39
40297	HYDRANGEA ROOT	100	CAP	8.49	6.79	45252	TURMERIC EXT STAND	120	TAB	42.99	34.39	59233	C 1000 W/BIOFLAV	250	VCA	30.99	24.79	38336	PEPOGEST	60	SGC	13.99 11.19
18255	JUNIPER BERRIES	100	CAP	9.99	7.99	29727	TURMERIC EXT STANDZD	60			19.19	24602	C 1000 W/RH	100	CAP	14.39		26367	PHOS SERINE	60	SGC	51.99 41.59
18259	KELP	100	CAP	9.59	7.67	29726	UVA URSI EXT STANDARZD	60			11.99	24604	C 1000 W/RH	250	CAP	30.95		24625	POT CHELATE 99	100	CAP	8.55 6.84
18258	KELP	180	CAP		11.11	18317	UVA URSI LEAVES			9.99		24600	C 500 W/BIOFLAV	100	CAP	11.19		65858	PRIMAD OPT 50B HDS IMM	30	VCA	39.99 31.99
								100														
18257	KIDNEY BLADDER FORM KB	100	CAP	12.49	9.99	29733	VALERIAN EXT STAND 110	90			9.59	24601	C 500 W/BIOFLAV	250	CAP	22.99		65857	PRIMAD OPT HDS $50 + 50B$	30	VCA	39.99 31.99
24518	KUDZU CAP	50	CAP		11.19	24039	VALERIAN NIGHTTIME	100		19.99		24635	CAL MAG W/D	100	CAP	12.29	9.83	64447	PRIMADO OPT 50 BIL DIG	30	VCA	42.65 34.12
31466	LEG VEINS W/TRU OPC	60	CAP	12.99	10.39	18318	VALERIAN ROOT 530 MG	100	CAP	9.99	7.99	24633	CAL MAG ZINC	100	CAP	12.29	9.83	64446	PRIMADO OPT 50 BIL WOM	30	VCA	42.65 34.12
55740	LEG VEINS W/TRU OPC	120	VCA	23.49	18.79	18319	VALERIAN ROOT 530 MG	180	CAP	14.49	11.59	24617	CALCIUM CITRATE 250 MG	250	CAP	21.99	17.59	67846	PRIMADOPH GUMM 4 BL BER	60	CHW	25.59 20.47
18263	LICORICE ROOT	100	CAP	9.49	7.59	18322	VITEX AGNUS-CASTUS	100	CAP	8.49		24616	CALCIUM CITRATE 250 MG	100	CAP	11.75	9.40	65403	PRIMADOPH OPT INT 200B	30	VCA	102.35 81.88
33414	MACA EXTRACT STAND	60	CAP		16.79	62599	WHITE KIDNEY BEAN EXT	60			15.99	61409	CALM AID SGC	30	SGC	19.99		51631	PRIMADOPH OPTIMA	30	VCA	30.99 24.79
18265	MARSHMALLOW ROOT	100	CAP	10.49	8.39	18324	WHITE OAK BARK	100		9.49		26200	CHARCOAL ACT CAP	100	CAP	10.69	8.55	50910	PRIMADOPH OPTIMA	gn oo	VCA	59.49 47.59
24519	MELISSA LEMON BALM CAP	100	CAP	9.49	7.59	18325	WHITE WILLOW BARK	100		9.99		24619	CHROMIUM PICOLIN 200	60	CAP	7.49	5.99	60652	PRIMADOPH OPTIMA 100 B	30	VCA	49.99 39.99
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55637	MILK THISTLE EXT 175	120	VCA		25.59	29685	WHITE WILLOW BARK EXT	60			19.19	61900	COCONUT OIL LIQ	10Z	LIQ	15.99						
31966	MILK THISTLE STAND	60	CAP	18.49	14.79	24292	WILD YAM	100		10.69		61977	COCONUT OIL LIQ	20Z	LIQ	29.99			Please N	ote:		
18267	MYRRH GUM	100	CAP	10.49	8.39	18328	YELLOW DOCK ROOT	100		9.49		65865	COCONUT OIL LIQ GARLIC	10Z	LIQ	13.49		For	a variety of reasons, ce	rtain cou	nnan	ies ask us
31430	NEEM CAPS	100	CAP	9.49	7.59	18329	YUCCA	180	CAP	15.49	12.39	65871	COCONUT OIL LIQ JALAPN	10Z	LIQ	13.49	10.79					
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VCA CAP

CAP

PRL

PWD Cap

CAP

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61502

61501

67606

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66231

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

DHA CHILDRENS FORM 250

24.95 19.96



37871	PRIMADOPHILUS KID CHW PRIMADOPHILUS KID CHW PRIMADOPHILUS KIDS ORA RED YEAST RICE 1200 MG RESVERATROL SAMBUCUS FIZZY W/C PAK SAMBUCUS FUL CARE LOZ SAMBUCUS GUMMIES ELDER SAMBUCUS GUMMIES ELDER SAMBUCUS IMMUNE FORM SAMBUCUS IMMUNE FORM SAMBUCUS IMMUNE FORM SAMBUCUS IMMUNE FORM SAMBUCUS ORIGINAL SAMBUCUS ORIGINAL SAMBUCUS ORIGINAL SAMBUCUS ORIGINAL SAMBUCUS ORIGINAL SAMBUCUS ORIGINAL SAMBUCUS SUGAR FREE SELENIUM 200 Y/F SYSTEM WELL ULT IMMUN SYTRINOL 150 MG TRU OPC 75 MG UMCKA CHERRY SYRUP UMCKA CHERRY SYRUP UMCKA CHERRY SYRUP UMCKA COUGH FUL BERRY UMCKA COUGH SYBUP UMCKA COUGH SYBUP UMCKA COUGH SYBUP UMCKA COUGH SYBUP UMCKA ORIGINAL A/F DRP UMCKA ORIGINAL A/F DRP UMCKA ORIGINAL A/F DRP UMCKA ORIGINAL A/F DRP UMCKA ORIGINAL DROPS UMCKA PWO CHERRY UMCKA PWO CHERRY UMCKA HTROAT SPR CH MT VISION W/LUTEIN & BILY ZINC 30  TUJREWVORKS	30	CHW	9.99	7.99
56930 18287	PRIMADOPHILUS KIDS UKA PRIMADOPHILIIS/CHILDREN	30 5.7	CHW	9.99 17.99 33.49 21.99	7.99 14.39
56506	RED YEAST RICE 1200 MG	60	TAB	33.49	26.79
52732 66233	RESVERATROL	60 10	VCA Pak	21.99 10.69	17.59
00233 60704	SAMBUCUS FLU CARE LOZ	30	LOZ	15.49	
32589	SAMBUCUS FOR KIDS	4 Z	LIQ	15.59	12.47
64773 32590	SAMBUCUS GUMMIES ELDER	60 4.7	GUM Liq	19.99 16.59	
32330 43720	SAMBUCUS IMMUNE FORM	8 Z	LIQ	30.99	
34353	SAMBUCUS IMMUNE FRM LZ	30	LOZ	14.59	
35075 60705	SAMBUCUS LUZ BLACK ELD	3U 4.7	LOZ LIQ	14.59 18.99	
30130	SAMBUCUS ORIGINAL	4 2	LIQ	15.59	
43698	SAMBUCUS ORIGINAL	7.8	LIQ	28.99	
30183 43719	SAMBUCUS SUGAR FREE	4 <i>L</i> 8 7	LIQ LIQ	15.59 28.99	12.4 <i>1</i> 23.19
24626	SELENIUM 200 Y/F	100	CAP	10.15	
39540	SYSTEM WELL ULT IMMUN	90	TAB	20.59	
50174 29054	SYIKINUL 150 MG Trii ope 75 Mg	6U qn	SGC Tab	27.99 29.49	
53876	UMCKA CHERRY CHEWABLE	20	CHW	15.59	12.47
52289	UMCKA CHERRY SYRUP	8 Z	LIQ	28.99	
42690 54051	UMCKA CHEKKY SYKUP A/F	4 <i>L</i> 20	LIQ CHW	15.59 16.49	
54053	UMCKA COLD FLU BER SYR	4 Z	LIQ	16.49	
62186	UMCKA COUGH SYRUP	4 Z	LIQ	16.99	
52287 53961	NINCKA EKAPE SUGAK EKEE	4 <i>L</i> 10	LIQ PWD LIQ	15.59 10.59	
42682	UMCKA MENTHOL SYRUP	4 Z	LIQ	15.59	12.47
42670	UMCKA ORIGINAL A/F DRP	17	LIQ	15 50	12.47
42664 52285	UMCKA ORIGINAL DROPS	1 <i>L</i>	LIU	15.59 28.99	12.4 <i>1</i> 23.10
56047	UMCKA PWD CHERRY	10	PWD	10.99	8.79
65037	UMCKA THROAT SPR CH MT	1.9	SPY	11.99	9.59
33918 24627	UMCKA DRIBINAL DROPS UMCKA PWD CHERRY UMCKA THROAT SPR CH MT VISION W/LUTEIN & BILY ZINC 30	6U 100	CAP	15.59 28.99 10.99 11.99 24.99 7.49	19.99 5.99
MA.	TUREWORKS	100	UAI	7.10	0.00
50188	SILICA GEL CITRUS	172		35.99	29.70
18047	SWEDISH BIT 16.9Z	16.	LIQ	52.45	
18048	SWEDISH BITTERS	8.4	LIQ	31.35	
22546	SWEDISH BITTERS	3.3	LIQ	15.35	12.28
	TURTINT	4.5	110	17.00	14.00
36281 36287	HAIR COPPER BLUNDE 8C	4.5 4.5	LIQ LIQ	17.99 17.99	
	HAIR HONEY BLONDE 9N	4.5	LIQ		
36282	HAIR ASH BLONDE 8A HAIR COPPER BLONDE 8C HAIR HONEY BLONDE 9N HAIR LT ASH BLONDE 10A	4.5	LIQ	17.99	14.39
	JCELL				
65535	BEAUTY BURST CHOC MINT BEAUTY BURST FRUIT PUN BEAUTY INFUSION CRANB	60	CHW	19.99	15.99
64200	BEAUTY BURST FRUIT PUN	60	CHW	19.99	15.99
64946	BEAUTY INFUSION TANG	11.	PWD	34.95	27.96
66570	BEAUTY INFUSION TANG BIOTIN BURSTS ACAI BER COLLAGEN + C POMEG LIQ	30	CHW	15.99	12.79
56544 56543	COLLAGEN + C POMEG LIQ Collagen fish hyal acd	16Z	LIQ Cap	29.95	23.96
56549		120 120	CAP	19.95 29.99	15.96 23.99
56545	COLLAGEN II JOINT CMP Collagen Super + C tab	120	TAB	16.19	12.95
56547	COLLAGEN SUPER POWDER HA PURE HYALURONIC ACD	7 Z 60	PWD Cap	16.19 27.95	12.95 22.36
56548 59634	HYALURONIC ACID BLUE	16Z	LIQ	29.99	23.99
61533	SUPER COLLAGEN + C	250	TAB	25.29	20.23
NE	JROSCIENCE				
63752	ADRECOR	90	CAP	36.00	36.00
64133	AVIPAXIN	60	CAP	58.00	58.00
65172 63239	CALM CP Caim prt	60 120	CAP Cap	57.00 99.00	57.00 99.00
63755	GABA TREX	60	CHW	32.00	32.00
67976	IMMUWELL	60	CAP	67.00	
62779 62935	KAVINACE	60 120	CAP Cap	48.00 82.00	
62936	KAVINACE ULTRA PM	30	CAP	54.00	54.00
64778	ADRECOR AVIPAXIN CALM CP CALM PRT GABA TREX IMMUWELL KAVINACE KAVINACE KAVINACE KAVINACE KAVINACE KAVINACE	120	CAP	82.00	82.00
NE					
67662	ALOE BOOST PWD FERMNT	54G	PWD	46.95	37.56
68021 64138	BLACK SEED BOOST FERM Bone Strengt take Tiny	54G 120	PWD Tab	46.95 36.95	37.56 29.56
60628	BONE STRENGT TAKE TINY	240	TAB	63.95	51.16
54342	BONE STRENGTH SLIM	120	TAB	63.95	51.16
64752 57351	BONE STRENGTH SLIM	180 30	TAB Tab	89.95 20.95	71.96 16.76
55914	BONE STRENGTH TAB	60	TAB	36.95	29.56
58096	BREATHE LIFESHIELD	60	CAP	37.95	30.36
34395 34394	C VII FUUU CMP 250 MG C VIT FOOD CMP 250 MC	180 an	TAB Tab	65.95 49.95	52.76 39.96
54394 65820	CINNAMON FORCE LVCAP	60	LVC	50.95	40.76
65819	CINNAMON FORCE LVCAP	30	LVC	30.95	24.76
67869 36137	BONE STRENGT TAKE TINY BONE STRENGT TAKE TINY BONE STRENGTH SLIM BONE STRENGTH SLIM BONE STRENGTH TAB BONE STRENGTH TAB BONE STRENGTH TAB C VITFOOD CMP 250 MG CINNAMON FORCE LVCAP CINNAMON FORCE LVCAP COENTYME B FD CMP 1 DY COQ10 22 MG FOOD COMP ESTROTONF VCAP	90 en	TAB VCA	74.95 79.95	59.96 63.96
36137 67832	ESTROTONE VCAP	60	VCA	79.95 56.95	63.96 45.56
58448	EVERY MAN II 40 +	48	TAB	44.95	35.96
58449 58433	EVERY MAN II 40 + Every man new endm	96 72	TAB Tab	75.95 51.95	60.76 41.56
58433 58434	EVERY MAN NEW FORM	120	TAB	81.95	41.56 65.56
61496	EVERY MAN ONE DAILY 40+	48	TAB	49.95	39.96
64214 61497	COUTU 22 MG FOOD COMP ESTROTONE VCAP EVERY MAN II 40 + EVERY MAN NEW FORM EVERY MAN NEW FORM EVERY MAN ONE DAILY 40 + EVERY MAN ONE DAILY 40 + EVERY MAN ONE DAILY 40 +	96 /72	TAB Tab	89.95 69.95	71.96 55.96
16410	EVENT MIMIN UNE DAILE 40 +	/12	IAU	บบ.ปีป	JJ.JU
Top	lace an order,	ao to w	/ww	.will	ner.

68025	GOLDEN BLACK SEED	60	VCA	59.95	47.96
68024	GOLDEN BLACK SEED GOLDEN BLACK SEED GRAPE SEED FORCE 300 GREEN & WHITE TEA FORC HOLY BASIL FORCE LYCAP HOLY BASIL FORCE LYCAP IMMUNITY LIFESHIELD IRON FOOD COMPLEX LEMON BALM FORCE LYCAP LIVER FORCE LIFESHIELD MACA BORGE DIVIN FERMIN	30	VCA	39.95	31.96
60414	GRAPE SEED FORCE 300	30	VCA	34.95	27.96
43328	GREEN & WHITE TEA FORC	60	VCA	36.95	29.56
67069	HOLY BASIL FORCE LVCAP	120	LVC	72.95	58.36
67166 60627	HOLY BASIL FURGE LVGAP	60 120	LVC VCA	44.95 69.95	35.96 55.96
36000	ININIONITY CITESTILLY	60	TAB	35.95	28.76
67020	IFMON RAIM FORCE IVCAP	30	LVC	32.95	26.36
58097	LIVER FORCE LIFESHIELD	60	CAP	37.95	30.36
67663	MACA BOOST PWD FERMNT	54G	PWD	46.95	37.56
68022	MACA BOOST PWD FERMNT MACA TABS FERMENTED MACA TABS FERMENTED MACA TABS FERMENTED MIND FORCE LIFESHIELD OMEGA 7 SUPERCRITICAL PERFECT HAIR SKIN NAIL PERFECT PRENATAL NEW PROSTATE 51X LIQUIDVCP PROSTATE 51X LIQUIDVCP PROSTATE 51X LIQUIDVCP PROSTATE 51X LIQUIDVCP REISHI LIFESHIELD RHODIOLA FORCE 100 MG RHODIOLA FORCE 100 MG SEA BUCKTHORN FORCE SEA BUCKTHORN FORCE SEA BUCKTHORN FORCE LY TIMY TABS MULTIPLE	48	TAB	46.95	37.56
68023	MACA TABS FERMENTED	96	TAB	78.95	63.16
58100	MIND FORCE LIFESHIELD	60	CAP	37.95	30.36
56646	OMEGA 7 SUPERCRITICAL	60	LVC	62.95	50.60
44120	UMEGA / SUPERCRITICAL	30	LVC	33.95	27.16
67605 58558	PENTEGI MAIN ƏNIN NAIL	60 48	VCA Tab	56.95 28.95	45.56 23.16
58559	PERFECT PRENATAL NEW	96	TAB	48.95	39.16
66179	PROSTATE SIX LIQUINVCP	60	LVC	37.95	30.36
67760	PROSTATE 5LX LIQUIDVCP	180	LVC	83.95	67.16
65980	PROSTATE 5LX LVCAP	120	LVC	62.95	50.36
58098	REISHI LIFESHIELD	60	CAP	37.95	30.36
50067	RHODIOLA FORCE 100 MG	30	VCA	27.95	22.36
45520	RHODIOLA FORCE 300 MG	30	CAP	37.95	30.36
61109	SEA BUCKIHORN FORCE	30	LVC	33.95	27.16
67133	SEA BUCKIHUKN FUKCE LV	60 192	VCA	62.95	50.36
36138 67664	TINY TABS MULTIPLE	63G	TAB PWD	44.95 46.95	35.96 37.56
67697	TURMERIC BOUST FWD FRIM	60	VCA	53.95	43.16
64853	TURMERIC FORCE LINVCAP	120	LVC	63.95	51.16
64852	TURMERIC FORCE LIQVCP	60	LVC	36.95	29.56
57365	WHOLEMEGA 1000 MG	60	SGC	31.95	25.56
57438	WHOLEMEGA 1000 MG	120	SGC	59.95	47.96
59837	WHOLEMEGA 1000 MG	180	SGC	83.95	67.16
57366	WHOLEMEGA 500 TINY	90	SGC	31.95	25.56
66639	ZYFLAMEND NIGHT LIQVCP	60	LVC	44.95	35.96
66440	ZYFLAMEND PROSTATE LVC	60	LVC	48.95	39.16
67134	ZYFLAMEND WHOLE BU LVC	30	LVC	27.95	22.36
66523 67026	ZYFLAWEND WHULE BUD LV 7VELAMEND WHOLE DODY	180 60	LVC	100.95	80.76
66444	TINY TABS MULTIPLE TURMERIC BOOST PWO FRM TURMERIC FORCE LIQVCAP TURMERIC FORCE LIQVCP WHOLEMEGA 1000 MG ZYFLAMEND NIGHT LIVCP ZYFLAMEND WHOLE BD LVC ZYFLAMEND WHOLE BD LVC ZYFLAMEND WHOLE BODY ZYFLAMEND WHOLE BODY ZYFLAMEND WHOLE LVCAP	120	LVC	44.95 72.95	35.96 58.36
	ZITLAWILND WITCLL LVGAT	120	LVG	12.00	30.30
NE	WTON LABORATOR	RIES			
58695	BACTERIAL INFECT PRO	1 Z	LIQ	19.00	17.10
68033	BLADDER KIDNEY PRO N	1 Z	LIQ	19.00	17.10
59616	BRONCHITIS ASTMA RX	1 Z	LIQ	19.00	17.10
59616 59416	BRONCHITIS ASTMA RX Candidiasis yeast pro	1 Z 1 Z	LIQ	19.00	17.10
59616 59416 58401	BRONCHITIS ASTMA RX Candidiasis yeast pro Cataracts	1 Z 1 Z 1 Z	LIQ LIQ	19.00 16.00	17.10 14.40
59616 59416 58401 63929	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT	1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ	19.00 16.00 16.00	17.10 14.40 12.80
59616 59416 58401 63929 39804	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2	1	LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00	17.10 14.40 12.80 14.40
59616 59416 58401 63929 39804 37837	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CATARACTS COUGH & ASTHMA # 2 DETOXIFIER	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 16.00	17.10 14.40 12.80 14.40 14.40
59616 59416 58401 63929 39804 37837 44001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO	12 12 12 12 12 12 12	LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 16.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20
59616 59416 58401 63929 39804 37837 44001 65434	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CATARACTS COUGH & ASTHMA # 2 DETOXIFIER	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 16.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10
59616 59416 58401 63929 39804 37837 44001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 16.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO INJURY RESCUE PRO N INTESTINOL BACTERIA	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO INJURY BESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH	17 17 17 17 17 17 17 17 17 17 17 17 17	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ KIT	19.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00 19.00 19.00 39.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ KIT LIQ	19.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00 19.00 39.00 17.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP STATU YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ KIT LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 39.00 17.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59035 59543 68129 37838 58696 62776 58324	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ KIT LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00 19.00 39.00 17.00 19.00 16.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10 14.40
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59035 59138 68129 37838 58696 62776 58324 58402	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 39.00 17.00 19.00 16.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10 14.40 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59090	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY BESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DBAINER MOLD DUST DANDER NERVOUSNESS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ KIT LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 17.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10 14.40 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59035 59138 68129 37838 58696 62776 58324 58402	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 39.00 17.00 19.00 16.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10 14.40 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59090 58535	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 17.00 19.00 16.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 35.10 15.30 17.10 14.40 17.10 14.40
59616 59416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 62776 58324 58402 59090 58535 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP STATY YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 17.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 15.30 17.10 15.30 17.10 14.40 17.10 14.40 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59090 58535 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY BESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10
59616 59416 58416 63929 39804 37837 44001 65434 61539 59543 68129 37838 62776 58324 58402 59090 58535 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIG PRT WHY CHCO	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10 17.10 15.10 17.10 14.40 17.10
59616 59416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59593 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO  XT NUTRITION  DESIG PRT WHY CHCO DESIGNER PRO FRNCH VAN	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.50	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10 17.10 14.40 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68776 58324 58402 59593 66232 68001 NIE 36468 35648 26837	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO  XT NUTRITION  DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PROT CHOC	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10 17.10 15.10 17.10 14.40 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68776 58324 58402 59593 66232 68001 NIE 36468 35648 26837	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO  XT NUTRITION  DESIG PRT WHY CHCO DESIGNER PRO FRNCH VAN	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.50	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10 17.10 14.40 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58696 62776 58324 58090 58535 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP STATY YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIG PRT WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PROT CHOC RDIC NATURALS	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 44.49 44.49	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68776 58324 58402 59593 66232 68001 NIE 36468 35648 26837	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PRO TCHOC IRDIC NATURALS C GUMMIES TANGERINE	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58696 62776 58324 58090 58535 66232 68001	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIGNER PRO FRINCH VAN DESIGNER PRO TRINCH VAN DESIGNER PRO TRINCH VAN DESIGNER PROT CHOC  RDIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 44.49 44.49	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10 17.10
59616 59416 58401 63929 39804 37837 44001 65434 61503 59543 68129 37838 58656 62776 58324 58402 59909 58535 66232 68001 NIE 36468 35683 85683 NIC 64945 45317 43372 40110	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIGNER PRO TCHOC DESIGNER PROT CHOC INDIC NATURALS C GUMMIES TANGERINE C LO ARCTIC LEMON SGC C L O ARCTIC LEMON SGC	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68224 58696 62776 58324 58402 59090 58535 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43178	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO TRNCH VAN DESIGNER PROT CHOC  INDIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON SGC C L O ARCTIC CHANGE	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68276 58324 58402 59593 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43378 43188 43374	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIGNER PRO FRNCH VAN DESIGNER PRO TCHOC IRDIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C C L O ARCTIC CORANGE	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.50 44.49 19.19 44.49 19.19	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58401 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59500 58535 66232 68001 NIE 36468 35648 26837 VC 64945 43372 40110 43188 43374 51120	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSTITS PRO VARICOSE VEINS PRO XT NUTRITION DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PRO TROCH C L O ARCTIC LEMON C L O ARCTIC CEMON C L O ARCTIC PLAIN C L O ARTIC W/D LEMON	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
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59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58696 62776 58324 58698 6232 68001 NIE 36468 35648 26837 NIC 64945 45377 43372 40110 43188 43374 51120 54390 554390 554390 554390 554390 554390 554390 554390 555709	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP STATY YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIGNER PRO FRNCH VAN DESIGNER PRO TRNCH VAN DESIGNER PRO TRNCH VAN DESIGNER PRO TRNCH VAN DESIGNER PROT CHOC  RDIC NATURALS C CUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC CRANGE C L O ARCTIC CHAIN C L O ARCTIC CHAIN C L O ARCTIC CHAIN C L O ARCTIC LEMON COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST COD LIVER OIL LEM 1000	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 63929 39804 37837 44001 65434 61539 59035 59543 68129 37838 68276 58324 58402 59090 58535 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43374 51120 54390 55709 67576	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER MERVOUSNESS NERVOUSNESS & ANXIT NEERVOUSNESS & ANXIT NEERVOUSNESS FOR WARICOSE VEINS PRO  XT NUTRITION  DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PRO TROCH CLO ARCTIC LEMON CLO ARCTIC CHON COD LIVER OIL ARTIC ST COD LIVER OIL LEMON COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 58416 58429 37837 44001 65434 61539 59035 59543 68129 37838 68776 58324 58402 59593 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43372 40110 43374 51120 54390 55750 67576 67575	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIG PRO WHY CHCO DESIGNER PRO TCHOC  TROIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC CORANGE C L O ARCTIC CORANGE C L O ARCTIC CORANGE C L O ARCTIC URANGE C L O ARCTIC W/D LEMON COD LIVER OIL ARTIC ST COD LIVER OIL LEM 1000	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58401 339804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59090 58535 66232 68001 NIE 36488 26837 NIC 64945 45317 43372 40110 43188 43374 57120 54390 55709 67575 62912	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER MERVOUSNESS NERVOUSNESS & ANXIT NEERVOUSNESS & ANXIT NEERVOUSNESS FOR WARICOSE VEINS PRO  XT NUTRITION  DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PRO TROCH CLO ARCTIC LEMON CLO ARCTIC CHON COD LIVER OIL ARTIC ST COD LIVER OIL LEMON COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST COD LIVER OIL ARTIC ST	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 58416 58429 37837 44001 65434 61539 59035 59543 68129 37838 68776 58324 58402 59593 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43372 40110 43374 51120 54390 55750 67576 67575	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSTITS PRO VARICOSE VEINS PRO  XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO FRNCH VAN DESIGNER PRO TOCC  RDIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON SGC C L O ARCTIC CHMON C L O ARCTIC CORANGE C L O ARCTIC CHMON C L O ARCTIC CORANGE C L O ARCTIC	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10
59616 59416 58401 63929 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59930 58532 68001 NIE 36468 35648 26837 NIC 64945 43372 40110 43188 43374 43170 64945 64945 64945 657575 667575 667575 667575 662912 56886	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION DESIGNER PRO TRNCH VAN DESIGNER PRO	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 58416 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59593 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43372 40110 43188 43374 51120 54590 557576 67575 62912 56886 66865 664943	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO TCHOC  PROIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON SGC C L O ARCTIC LEMON SGC C L O ARCTIC LEMON SGC C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON COD LIVER OIL ARTIC ST COD LIVER OIL LEM 1000 COD LIVER OIL C	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 58416 58416 58429 37837 44001 65434 61539 68129 37838 58696 62776 58324 58402 59509 58535 66232 68001 NIE 36468 35648 26837 43372 40110 43188 43374 43372 40110 43188 67575 66955 67575 66912 56886 66885 64943 62153 62153 63969	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SCIATICA BACK CARE SINUSTITS PRO VARICOSE VEINS PRO  XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO TRNCH VAN DES	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 15.20 17.10 15.30 17.10
59616 59416 58416 58416 58416 39804 37837 44001 65434 61539 59035 59543 68129 37838 58696 62776 58324 58402 59593 66232 68001 NIE 36468 35648 26837 NIC 64945 45317 43372 40110 43188 43374 51120 54590 557576 67575 62912 56886 66865 664943	BRONCHITIS ASTMA RX CANDIDIASIS YEAST PRO CATARACTS CELL SALT COUGH & ASTHMA # 2 DETOXIFIER DRAINER PRO EYE FLOATERS FEMALE FIBROIDS GLAUCOMA PRO NW INJURY RESCUE PRO N INTESTINOL BACTERIA JUMP START YOUR HEALTH LYMPHATIC DRAINER MOLD DUST DANDER NERVOUSNESS & ANXIT NEURO CARE SINUSITIS PRO VARICOSE VEINS PRO XT NUTRITION  DESIG PRI WHY CHCO DESIGNER PRO FRNCH VAN DESIGNER PRO TCHOC  PROIC NATURALS C GUMMIES TANGERINE C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON SGC C L O ARCTIC LEMON SGC C L O ARCTIC LEMON SGC C L O ARCTIC LEMON C L O ARCTIC LEMON C L O ARCTIC LEMON COD LIVER OIL ARTIC ST COD LIVER OIL LEM 1000 COD LIVER OIL COD LIVER LIV	1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z	LIQ	19.00 16.00 16.00 19.00 10.00 10.00 10.00 10.00 10.00 10.00	17.10 14.40 12.80 14.40 14.40 15.20 17.10 15.30 17.10

55706	DHA CHILDRENS FORM 250 DHA CHILDRENS LIQUID DHA FORM 500 MG DHA PRENATA 500 MG DHA PRENATAL 500 MG DHA PRENATAL 500 MG DHA PRENATAL 500 MG DHA YERNATAL 500 MG OMEGI 3 FISHIES NORDIC OMEGA 3 GOMPLETE OMEGA 3 G 9 COMPLETE OMEGA 3 DOS OMEGA 3 GOMPLETE OMEGA 3 DOS OMEGA 3 GOMPLETE OMEGA 3 FORM 1000 MG OMEGA 3 FORM 1000 MG OMEGA 3 FORM 1000 MG OMEGA 3 GOMPLETE OMEGA 3 PET MED LG DOG OMEGA 3 POSTNATAL OMEGA 3 PET MED LG DOG OMEGA 3 POSTNATAL OMEGA 3 POSTNATAL OMEGA ALGAE VEG OMEGA ALGAE	360	SGC	43.95	35.16
52253	DHA CHILDRENS LIQUID	4 Z	LIQ	16.95	13.56
52920 59823	DHA CHILDRENS LIQUID	0 Z 30	SGC	20.99 15.95	21.30 12.76
42377	DHA FORM 500 MG	90	SGC	28.95	23.16
66686	DHA FORMULA 500 MG	180	SGC	49.95	39.96
6613 <i>1</i> 5983 <i>1</i>	DHA PKENAI 500 W/D 31K	9U 180	20C	28.95 19.95	23.1b 30.06
53377	DHA PRENATAL 500 MG	90	SGC	28.95	23.16
59726	DHA XTRA 1000 SGC	60	SGC	31.95	25.56
41007	EPA FORMULA LEMON	60	SGC	29.95	23.96
67255	NORDIC BERR MULTI CHER	120	CHW	24.95	19.96
62152	NORDIC BERRIES MULTI	200	CHW	36.95	29.56
57752	NORDIC OMEGA 3 FISHIES	30	CHW	34.95	27.96
02033 56173	NORDIC OWIEGA 3 FISHIES	30 60	CHW	21.20 22.95	17.00
62150	OMEGA 3 6 9 COMP XTRA	60	SGC	31.95	25.56
40949	OMEGA 3 6 9 COMPLETE	60	SGC	18.95	15.16
5009Z 583//	OWEGA 3 6 9 COMPLETE	12U 167	11U 2PF	33.95 5/1 95	71.1p
54389	OMEGA 3 6 9 COMPLETE	180	SGC	47.95	38.36
51004	OMEGA 3 6 9 COMPLETE	8Z	LIQ	29.95	23.96
61649	OMEGA 3 6 9 COMPLETE D	60	SGC	19.95	15.96
0100U 54602	OMEGA 3 0 9 COMPLETE D	12U 87	1IN	33.93 26.95	20.70 21.56
58153	OMEGA 3 D3 SGC	60	SGC	18.95	15.16
53375	OMEGA 3 FORM 1000 MG	180	SGC	43.45	34.76
45318 10918	OMEGA 3 FORM 1000 MG	12U 60	20C	29.95 17.95	23.96 14.36
58427	OMEGA 3 GUMMY WORMS	30	CHW	24.95	19.96
50415	OMEGA 3 LIQ LEMON	8 Z	LIQ	25.95	20.76
53376	OMEGA 3 LIQUID LEMON	16Z	LIQ	45.95	36.76
67233 53114	OMEGA 3 PET	180 90	SGC	35.95 19.95	28.76 15.96
59816	OMEGA 3 PET LG/VERY LG	16Z	LIQ	41.95	33.56
59815	OMEGA 3 PET MED LG DOG	8 Z	LIQ	23.95	19.16
64944 66139	UMEGA 3 PHUSPHULIPIUS	60 60	20C	44.95 31 Q5	35.9b 27 qg
50300	OMEGA 3 W/ FISH GELAT	60	FSG	19.95	15.96
62151	OMEGA ALGAE VEG	120	SGC	49.95	39.96
61740	OMEGA ALGAE VEG	60 60	SGC	27.99	22.39
55707	OMEGA COMPLETE JUNIOR	180	SGC	35.95	28.76
50070	OMEGA COMPLETE JUNIOR	90	SGC	19.95	15.96
66713	OMEGA CURCUMIN	60	SGC	44.95	35.96
59827	OMEGA DAILY KIDS CHW	งบ 30	SGC	9.90 15.95	7.90 12.76
58658	OMEGA JOINT EXTRA	90	SGC	51.95	41.56
55708	OMEGA LDL	60	SGC	29.95	23.96
6757 <i>1</i>	OMEGA MEMUKY W/CUKCUM	60 60	ՀԵՆ 201	49.95 35.05	39.9b 28.76
67573	OMEGA ULTIM 2X D3 SGC N	60	SGC	51.95	41.56
50093	OMEGA ULTIMATE	120	SGC	49.95	39.96
42307 53378	OMEGA ULTIMATE Omega ultimate	60 180	SGC SGC	27.75 69.95	22.20
67254	OMEGA ULTIMATE + COQ10	120	SGC	69.95	55.96 55.96
JJ111	DIVILUA OLITIVIATE T COULT	UU	JUU	JU.JJ	31.10
66138	OMEGA ULTIMATE 2X	60	SGC	49.95	39.96
54587 55874	OMEGA ULTIMATE 500 MIN OMEGA ULTIMATE D3	60 60	SGC SGC	34.95 28.95	27.96 23.16
61840	OMEGA ULTIMATE D3	120	SGC	51.95	41.56
59725	OMEGA ULTIMATE FISH GL	60	FSG	29.95	23.96
59820 43371	OMEGA ULTIMATE JUNIOR OMEGA ULTIMATE LIQUID	90 4 Z	SGC LIQ	29.95 41.95	23.96 33.56
53379	OMEGA ULTIMATE LIQUID	8 2	LIQ	71.95	57.56
61399	OMEGA ULTIMATE XTRA	60	SGC	32.95	26.36
61400 55601	OMEGA ULTIMATE XTRA LQ OMEGA VISION DHA EYE	4 Z 60	LIQ SGC	44.95 49.95	35.96 39.96
41536	OMEGA WOMAN E P O	120	SGC	29.99	23.99
67256	PRENATAL DHA 500 D FSG	180	FSG	51.95	41.56
63716	PROBIOTIC 12 BILL + PRE	60	CAP	29.95	23.96
66854 NO	PROBIOTIC GUMMIES KIDS  RTH AMERICAN	60 HEBB	CHW	19.95	15.96
67700	BLACK SEED OIL LIQUID	8Z	LIQ	34.99	27.99
67699	BLACK SEED OIL SGC	8 Z 90	SGC	34.99 34.99	27.99
58676	BLACK SEED PLUS OIL	12Z	LIQ	47.99	38.39
67394 22005	BONEACTIV	120 1.7	CAP	39.99 20.00	31.99
33895 51590	CILANTRO OIL Infla eez	1 Z 90	LIQ Cap	39.99 59.99	31.99 47.99
28002	OREGAMAX	90	CAP	29.99	23.99
68009	OREGANOL OIL	1 Z	LIQ	39.99	31.99
28001 37098	OREGANOL OIL .45 OZ Oreganol oil super	.45 1 Z	LIQ Liq	29.99 49.99	23.99 39.99
		· . =		:	

00034	LUADIALIC GAMIMIES KIDS	00	СПИИ	19.90	10.50
NO	RTH AMERICAN	HERB			
67700	BLACK SEED OIL LIQUID	8 Z	LIQ	34.99	27.99
67699	BLACK SEED OIL SGC	90	SGC	34.99	27.99
58676	BLACK SEED PLUS OIL	127	LIQ	47.99	38.39
67394	BONEACTIV	120	CAP	39.99	31.99
33895	CILANTRO OIL	1 Z	LIQ	39.99	31.99
51590	INFLA EEZ	90	CAP	59.99	47.99
28002	OREGAMAX	90	CAP	29.99	23.99
68009	OREGANOL OIL	12	LIQ	39.99	31.99
28001	OREGANOL OIL .45 OZ	.45	LIQ	29.99	23.99
37098	OREGANOL OIL SUPER	1 Z	LIQ	49.99	39.99
37097	OREGANOL OREGANO JUICE	12Z	LIQ	19.99	15.99
65128	OREGANOL SUPER STRNGTH	60	SGC	39.99	31.99
38413	OREGANOL WILD	60	SGC	29.99	23.99
52592	OREGARESP	90	VCA	69.99	55.99
41972	OREGARESP OREGACYN VCA	30	VCA	29.99	23.99
57398	ROYAL OIL	27	OIL	34.99	27.99
50487	ROYAL POWER	120	CAP	39.99	31.99
54619	SINUOREGA	1 Z	SPY	19.99	15.99
68010	ZOLEX	1 Z	LIQ	49.99	39.99
NO	W FOODS				

NO	W FOODS				
38807	5 HTP 100 MG	120	VCAP	35.95	28.76
61031	5 HTP 100 MG CHW	90	CHW	27.99	22.39
44403	5 HTP 50 MG	90	CAP	17.99	14.39
61433	7 KETO 100 MG	120	VCA	69.99	55.99
59104	7 KETO 100 MG LEANGEL	60	SGC	39.99	31.99
41974	7 KETO DHEA 25 MG	90	CAP	21.99	17.59
43758	A 25000 IU	250	SGC	17.99	14.39
39919	A 25000 IU	100	SGC	8.99	7.19
64297	ACACIA PWD ORGANIC PUR	12Z	PWD	14.99	11.99
53259	ACAI JUICE CONCENTRATE	32Z	LIQ	19.99	15.99
55743	ACETYL L CARNITINE 500	100	CAP	29.99	23.99
61061	ACID RELIEF W/ENZYMES	60	LOZ	16.99	13.59
43946	ACIDOPH BIFDUS	120	CAP	27.99	22.39
44032	ADAM MENS MULTIPLE TAB	120	TAB	43.99	35.19
50869	ALLIBIOTIC CF	60	SGC	21.99	17.59

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The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.

- Reference Library: search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.
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- . . . and remember to check out Don Goldberg's Blog! www.dongoldberg.com





# Who might benefit from this herbal supplement?

- Those who are concerned about exposure to internally and/or environmental toxins;
- Those who are concerned about the toxemia from drug usage.

# Ingredients:

Phyto-Tech™ Systemic Detox contains the following: Fresh Burdock Root, Yellow Dock Root, Oregon Grape Root, Fresh Dandelion Root, Red Clover Flowers, Nettles Herb, Red Root, Fresh Ginger Root, Grain Alcohol, Deionized water

# This synergistic blend of herbs is designed to affect multiple organ systems, as follows:

- Liver: Oregon Grape, Burdock, Yellow Dock, Dandelion, and Red Root
- Urinary Tract: Burdock, Dandelion Root
- Lymph: Red Root, Red Clover
- Skin: Red Clover, Burdock, and Yellow Dock
- Small Intestines: Yellow Dock
- Large Intestines (colon): Yellow Dock
- Blood: Red Clover, Nettles
- Circulation: Ginger

Many of these herbs have a long tradition of use in naturopathic medicine for many toxic conditions. Using Systemic Detox will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels. Herbs do not really cleanse the blood and tissues but instead, stimulate the organs to increase the rate in which they do this naturally. Systemic Detox will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxify helps stimulate organs that eliminate the toxemia from drug usage. It can be used in larger more frequent doses if a faster cleanse is desired, or in moderate doses for a slower cleanse.

Caution: Temporary discomfort can occur during

"detoxification" protocols. The value and efficacy of "detoxification" is somewhat controversial, and may not be supported by medical evidence.

This product is contraindicated during pregnancy and nursing. This product may affect the rate of metabolic breakdown of certain medications, expecially those metabolized in the liver—consult a physician if you are taking such medications.

As these herbs can increase bile from the liver for fat digestion and hydrochloric acid from the stomach for protein digestion, thereby decrease metabolic waste form incomplete digestion. This will assist those who need digestive enzymes. As a consequence of increased innate digestive enzyme output, peristalsis will increase to help assist normal healthy bowel function. It is not so much a laxative as a regulating agent for sluggish bowels.

## Dosage

Regular cleansing: 15-60 drops 2 to 3 times per day in juice or water; Fast cleanse: Take up to 3 squirts (1 squirt is 30 drops) 4 to 6 times per day in a little water; Overall, adjust the dose to the intensity of the cleansing process and pace desired.

# **Complementary Formulas:**

- For more focus on the liver, add Phyto-Tech™ Liver Support formula.
- For additional digestive system focus, add Phyto-Tech™ Digest Stim Complex.

# **Throat Spray**

A soothing, healing spray for sore and irritated throats.

1 fl oz - Alcohol Free Spray - Product Code: 56957

# Who might benefit from this herbal supplement?

• Those with sore and irritated throats due to sickness or over-use; those whose throats are raw and sore from lecturing, yelling, singing, excessive talking, dry air, etc; those

with sore throats due to cold or flu.

# Ingredients:

Phyto-Tech™ Throat Spray contains the following: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint) Throat Spray can be used as a preventive measure, i.e. before lecturing, flying on airplanes, contact with sick people, etc, or at the first onset of a respiratory illness.

For colds and flu, Throat Spray is a powerful and immediate lung white blood cell stimulant (Osha, Propolis). Phlegm is loosened with Licorice and the lungs are opened with Osha. Thyme is specific for throat infections while Propolis coats and helps create an immune barrier. General immunity is stimulated with Echinacea and Spilanthes. Both of those herbs also increase saliva, which pH corrects the mouth and throat to prevent bacteria penetration. As long as saliva and healthy mucus cover the throat, microorganisms such as Strep and influenza will have a harder time penetrating tissue and moving into the body. Licorice, Aloe Vera and honey help to coat mucosal tissue like the throat as demulcents. Ginger increases blood supply to the respiratory tract to bring in innate immunity and help resolve an infection.

Throat Spray may be helpful to athletes, asthmatic and those exposed to high altitudes as Osha will increase oxygen uptake. It is great for high altitude sports. Osha brings blood into the capillaries of the lungs, thus facilitating oxygen uptake via hemoglobin.

# **Thyroid Complex**

A blend of herbs, vitamins and minerals that support thyroid function.

90 VeggieCaps - Product Code: 67455

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# 7)



01007	ALMOND OIL ODGANIG	0.7	110	00.00	10.10	00054	DDOMELAIN FOO MO VOAD	00	VOAD	15.00	10.70	00010	CLEAR THE AIR ON RIND	1.7	110	10.00	10.00	F0044	D. FLAME	00	VOA	05.00 00.70
61607 56580	ALMOND OIL ORGANIC ALMOND OIL SWEET	8 Z 16Z	LIQ OIL	23.99 12.99	19.19 10.39	39054 51495	BROMELAIN 500 MG VCAP Butterbur 75 Mg	60 60	VCAP VCA	15.99 25.99		63816 63086	CLEAR THE AIR OIL BLND CLINICAL GI PROBIOTIC	1 Z 60	LIQ VCA	12.99 29.99		50041 39947	D-FLAME DGL 400 MG	90 100	VCA LOZ	25.99 20.79 14.99 11.99
38476	ALMOND OIL SWEET ALOE VERA 5000 MG SGC	102	SGC	13.99		54806	C 1000 ALPHASORB BUFF		TAB	29.99		03000 36194	COCOA BUTTER	7 Z	LIQ	8.99	7.12	43312	DHA 250		SGC	19.99 15.99
58842	AMINO 9 ESSENTIALS PWD	11.	PWD	43.99		51425	C 1000 ALFRASOND DOFF C 1000 CMP BUFF S/R	120 90	TAB	15.99		52290	COCOA BUTTER LOTION	8 Z	LOT	8.99	7.12	4551Z 56539	DHA 500 MG SGC	120 90	SGC	26.99 21.59
29660	AMINO S ESSENTIALS FWD	360	CAP	35.99		39532	C 1000 CMF BOFF 3/N C 1000 SR ROSE HIPS	250	TAB	25.99		27256	COCOA BUTTER W/JOJOBA	6.5	CRM	9.99	7.19	58272	DIGEST ULTIMATE PLATIN	120	VCA	45.99 36.79
43388	ANTIOXIDANT SUPER VCAP	300 120	VCA	37.99		39332 30176	C 1000 SN NOSE HIPS	250 500	CAP			27250 36195	COCONUT OIL	0.0 7 Z	LIO	7.49	7.99 5.99	58004	DIGEST ULTIMATE PLATIN	60	VCA	45.99 30.79 25.99 20.79
43300 54036	ANTIOXIDANT SUPER VEAP APPLE CIDER VINGAR 450	180	CAP	13.99		36649	C 1000 W/BIOFLAV C 1000 W/BIOFLAV 100	250	CAP	27.99		66642	COCONUT OIL LIQ PURE	16Z	OIL	16.99		30004 44957	DIGEST OLITIMATE PLATIN DMAE 250 MG	100	VCA	23.99 20.79 13.99 11.19
37491	APRICOT KERNEL OIL	16Z	LIQ	11.99	9.59	51276	C 500 COMPLEX	100	TAB	9.99	7.99	38670	COLOSTRUM 500 MG	120	CAP	23.99		4493 <i>1</i> 43574	DMG 125 MG	100	CAP	14.99 11.19
61610	ARGAN OIL ORGANIC	27	LIQ	16.99		54553	C CRYSTALS ASC AC PWD	8 Z	PWD	14.99		55138	CONDITIONER CITE MOIST	16Z	LIO	7.99	6.39	56760	DOPA MUCUNA 400 MG	90	VCA	19.99 15.99
45264	ARGININE 1000 MG	120	TAB	27.99		36646	C CRYSTALS ASCORBIC AC	1LB	PWD	27.99		55136	CONDITIONER HERB REVIV	16Z	LIQ	7.99	6.39	44101	E 200 ALPHA	100	SGC	11.99 9.59
53604	ARGININE 500 MG	250	CAP	23.99		39485	CAL CITRATE 300 MG	250	TAB			38258	COQ10 100 MG HAWTHORN	90	VCA	35.99		36651	E 400 MIXED	250	GEL	39.99 31.99
57139	ARGININE ORNITHINE	100	CAP	17.99		36652	CAL CITRATE PURE PWD	8 Z	PWD	11.99	9.59	38253	COQ10 100 MG W/E 30	50 50	GEL	21.99		36650	E 400 MIXED	100	SGC	17.99 14.39
54181	ARGININE POWER SUP STK	2.2	PWD		30.39	35620	CAL MAG 1000 500	100	TAB	9.99	7.99	38458	COQ10 100 MG W/E 30	150	SGC	55.99		41977	E 400 MIXED W/SELENIUM	100	SGC	21.99 17.59
39344	ARGININE PWD	1LB	PWD	39.95		38109	CAL MAG CITRATE POWDER	8 Z	PWD			35759	COQ10 100 MG W/HAWTH	180	VCAP			53282	E CREAM 28000 IU	4 Z	CRM	14.99 11.99
54381	ARNICA COOLING RELIEF	27	GEL	9.99	7.99	54432	CAL MAG DK	180	CAP	23.99	19.19	42730	COQ10 150 MG W/LECIT	100	VCA	47.99		53014	E OIL 2X 32 000 IU	12	LIQ	17.99 14.39
56214	ARTICHOKE EXT 450 MG	90	VCA			42510	CAL MAG W/D SGC	240	SGC			59021	COQ10 200 MG VCAP	60	VCA	39.99		61702	EFFER C ELDERBERRY PAK	30	PAK	12.99 10.39
44239	ASCORBYL PALMITATE 500	100	VCA		14.39	34668	CALCIUM ASCORBATE	87	PWD			27302	COQ10 30 MG	120	CAP	18.99		45672	EGCG GREEN TEA EXT	100	CAP	14.99 11.99
56216	ASHWAGANDHA EX 450 MG	90	VCA	16.99		43013	CALCIUM CARBONATE PWD	122	PWD	9.99	7.99	41979	COQ10 400 MG SGC	60	SGC	69.99		66086	EGGSHELL MEMBRANE 500	60	VCA	49.99 39.99
67120	ASTAXANTHIN 10 MG	60	SGC	39.99		41389	CALCIUM CITRATE NOW/10	100	TAB			38456	COQ10 50 MG E SELENIUM	100	SGC	29.99		55542	EGGWHITE PROT PWD PURE	1LB	PWD	34.99 27.99
60039	ASTAXANTHIN 4 MG	90	SGC	29.99		41983	CALCIUM CITRATE 150	120	VCA	13.99		51284	COQ10 60 MG W/OMEGA 3	120	SGC	33.99		39780	ELDERBERRY ZINC LOZ	90	LOZ	15.99 12.79
59246	ASTAXANTHIN 4 MG VEG	60	VSG		15.99	59125	CANDIDA SUPPORT	180	VCA		28.79	52877	COQ10 AGE DEFYING SER	12	LIQ	19.99		39922	ENERGY	90	CAP	19.99 15.99
56215	ASTRAGALUS EXT 500 MG	90	VCA		13.59	43233	CANDIDA SUPPORT	90	VCA			52876	COQ10 ANTI OX CRM AGE	22	CRM	19.99		36177	EUCALYPTUS OIL	4 Z	LIQ	12.99 10.39
61609	AVOCADO OIL	16Z	LIQ	15.99		36199	CARNITINE 500 MG	180	CAP			52471	COQ10 LIQ 100 MG ORANG	4 Z	LIQ	21.99		41054	EUCALYPTUS OIL ORG.	12		8.99 7.19
50391	B 100 CAPS	100	CAP	19.99		36149	CARNITINE 500 MG	60	CAP	25.99		60060	CORAL CAL PLUS MAG & D	250	VCA	33.99		59591	EVENING PRIMROSE OIL	4 2		16.99 13.59
43416	B 100 CAPS	250	CAP	43.99		39915	CARNITINE LIQ 1000 MG	16Z	LIQ		18.39	41982	CORAL CALCIUM 1000 MG	100	VCA	15.99		63084	FACIAL TONER CLAR ILL	87	CRM	15.99 12.79
36644	B 50 CAP	100	CAP		10.39	55593	CARNITINE LIQ 3000 MG	16Z	LIQ	39.99		41981	CORAL CALCIUM W/ MAG + D	100	VCA	15.99		56762	FIBER 3 POWDER	167	PWD	15.99 12.79
36645	B 50 CAP	250	CAP		22.39	51498	CARNOSINE 500 MG	50	VCA	29.99		59323	CORDYCEPS 750 MG VCAP	90	VCA	25.99		41990	FLAX OIL 1000 LIGNAN	120	SGC	12.99 10.39
53018	B12 1000 MCG CHW W/F A	100	LOZ	7.99	6.39	32995	CAROTENE 25000	180	SGC	29.99		38595	CRANBERRY CONC	100	CAP	16.99		54871	FLAX OIL 1000 ORGANIC	250	SGC	23.99 19.19
53013	B12 1000 MCG LIQ FRUIT	27	LIQ	9.99	7.99	59059	CASTOR OIL	16Z	LIQ	8.99	7.19	61162	CRANBERRY MANNOSE + PR	24	PAK	32.99		54870	FLAX OIL 1000 ORGANIC	100	SGC	10.99 8.79
53247	B12 1000 MCG METHYL	100	LOZ	11.99	9.59	54180	CASTOR OIL 650 MG SGC	120	SGC	13.99	11.19	64942	CURCUBRAIN 400 LONGVID	60	VCA	39.99	31.99	43960	FOLIC ACID 800 MCG/B12	250	TAB	7.49 5.99
65965	B12 10000 METHYL LOZ	60	LOZ	34.99	27.99	67933	CAYENNE 500 MG	250	VCA	18.99	15.19	67578	CURCUMIN 450 MG SGC	120	SGC	49.99	39.99	41392	FRANKINCENSE OIL	17	LIQ	9.99 7.99
41993	B12 5000 METHYLCOBAL	60	LOZ	25.99	20.79	51007	CELADRINE LIPOS CRM	4 Z	CRM	19.95	15.96	56218	CURCUMIN 700 MG	120	VCA	49.99	39.99	40480	GABA 500 MG	100	CAP	12.99 10.39
52298	B12 ULTRA LIQ 5000 MCG	4 Z	LIQ	15.99	12.79	63817	CHEER UP BUTTERCUP OIL	1 Z	LIQ	12.99	10.39	59324	CURCUMIN BIO PHYTOSOME	60	VCA	31.99	25.59	55148	GABA 750 MG	100	VCA	17.99 14.39
54185	BALSAM FIR NEEDLE OIL	1 Z	LIQ	11.99	9.59	39923	CHITOSAN 500 MG CHROM	120	CAP	19.99	15.99	52111	CURCUMIN EXT	60	VCA	27.99	22.39	52354	GAMMA E ADVANCE	60	SGC	19.99 15.99
41471	BASIL OIL	1 Z	LIQ	12.99	10.39	41818	CHLORELLA 1000 MG	120	TAB	23.99	19.19	50507	D MANNOSE 500 MG	120	CAP	31.99	25.59	51875	GARLIC OIL 1500 MG	250	SGC	12.99 10.39
60598	BCAA PWD	12Z	PWD	43.99	35.19	60562	CHOLESTEROL PRO	120	TAB	54.99	43.99	50508	D MANNOSE PWD	3 Z	PWD	31.99	25.59	31250	GELATIN BEEF PWD	1LB	PWD	13.99 11.19
65942	BEEF GELATIN 550 MG	200	CAP	16.99		60247	CHOLESTEROL PRO	60	TAB			55594	D RIBOSE 1500 MG CHW	90	CHW	35.99		36786	GELATIN CAPS #1	500	CAP	9.99 7.99
59593	BENTONITE CLAY POWDER	1LB	PWD	19.99		57690	CHOLINE/INOSITOL	100	CAP		10.39	57122	D RIBOSE POWDER	8 Z	PWD	39.99		35760	GELATIN CAPS #3	000	CAP	14.99 11.99
41058	BERGAMOT OIL	1 Z	LIQ	14.99		67379	CHONDROITIN SULF 600	120	CAP	35.99		55325	D3 & K2 1000/45	120	VCA	12.99		24072	GELATIN CAPS 'O'	000	CAP	12.99 10.39
66279	BERRYDOPHILUS 10B CHW	50	CHW		19.99	36167	CHROM PICOL 200 MCG	250	CAP	14.99		59325	D3 & K2 SPRAY LIPOSOM	2 Z	SPY	18.99		59897	GENTLE SCRUB C & ORYZA	4 Z	CRM	8.99 7.19
56469	BETA ALANINE POWDER	500	PWD		35.99	39642	CIDER VINEGAR DIET	180	CAP	14.99		43559	D3 1000 IU	180	SGC	8.99	7.19	41475	GERANIUM OIL	17	LIQ	19.99 15.99
42170	BETA GLUCAN 1 3 100 MG	90	VCA	19.99		50045	CINNAMON BARK 600 MG	120	CAP	12.99		58883	D3 1000 IU CHW FRUIT	180	CHW	11.99		41476	GINGER OIL	1 Z		10.99 8.79
61950	BETA SITOSTEROL PLANT	90	SGC	24.99		33024	CINNAMON OIL (CASSIA)	12	LIQ	8.99	7.19	63846	D3 10000 IU SGC	120	SGC	16.99		33833	GINKGO BILOBA 120 MG	50	VCAP	11.99 9.59
40706	BETAINE HCL 648 MG	120	CAP	19.99	15.99	64590	CITRIC ACID	1LB	PWD	12.99	10.39	56755	D3 2000 IU	240	SGC	16.99		52884	GINKGO BILOBA 120 MG	200	VCA	36.99 29.59
36580	BILBERRY COMPLEX 80 MG	100	CAP	29.99		67651	CITRULLINE 1200 MG	120	TAB	39.99		53496	D3 2000 SGC	120	SGC		7.19	37659	GLUCOS CHOND 2X	240	TAB	77.99 62.39
41994	BIOTIN 5000 VCAP	60	VCA	9.99	7.99	52962	CITRULLINE 750 MG	90	VCA	27.99		55883	D3 5000 SGC	120	SGC	12.99		36667	GLUCOS CHOND 2X	120	TAB	45.99 36.79
36162	BONE MEAL PWD	16Z	PWD	17.99		65420	CITRULLINE 750 MG	180	VCA	49.99		61033	D3 BODY CREAM	4 Z	CRM		7.99	38918	GLUCOS CHOND MSM	180	CAP	43.99 35.19
53954	BONE STRENGTH	240	CAP	27.99		60212	CITRULLINE PURE PWD	4 Z	PWD	29.99		56538	D3 LIQUID	27	LIQ	9.99	7.99	39925	GLUCOS CHOND MSM	90	CAP	23.99 19.19
41984	BONE STRENGTH SLIM	120	CAP	14.99		30422	CITRUS BIOFL 700 C RUT	100	CAP	14.99		41980	DAILY VITS MULTI TAB	100	TAB	14.99		40954	GLUCOS CHOND MSM LIQ	16Z	LIQ	21.99 17.59
28647	BORAGE OIL 240 MG	120	SGC	31.99		50773	CLA EXTREME	90 1.7	SGC	31.99		51488	DAIRY DIGEST COMPLETE	90 1.7	VCA	19.99		29781 38854	GLUCOS CHOND SULF	120	CAP Tab	31.95 25.56
52659 56197	BORON 3 MG Branched Chain Amino	250 120	CAP CAP	15.99 25.99	12.79	41474 59899	CLARY SAGE OIL CLEANS GEL C MANUK HON	17	LIQ GEL		15.19 7.99	63772 61032	DARK SPOT SERUM DERMAL SOOTHING CREAM	17	LIQ CRM	15.99 14.99	12.79	38854 51424	GLUCOS CHOND SULF 2X GLUCOS MSM 500/500 VEG	60	VCA	24.99 19.99 39.99 31.99
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# Diabetics Benefit from Curcuminoid and Vitamin E Supplementation

# **Curcuminoids Improve Lipids**

Those with type 2 diabetes are more likely to have heart and circulatory problems, and abnormal lipid levels. Curcuminoids are natural compounds found in turmeric, and earlier evidence suggests anti-diabetic and lipid-regulating benefits, but few studies have measured the effect of curcuminoids on lipids in type 2 diabetes.

In this study, 118 people aged 18 to 65 with type 2 diabetes took a placebo or a daily supplement containing 1,000 mg of curcuminoids plus 10 mg of piperine; the fragrant compound in black pepper that helps improve absorption of curcumin.

After 12 weeks, those taking curcuminoids saw total cholesterol decline by 21.86 mg per deciliter of blood (mg/dL) compared to 17.06 for placebo. Non-HDL cholesterol decreased by 23.43 mg/dL vs. 16.84 for placebo, and HDL, the "good" cholesterol, increased 1.56 mg/dL for curcuminoids while decreasing slightly for placebo.

# Vitamin E Reduces Kidney Disease

Oxidative stress plays a large role in developing and advancing diabetic kidney disease, a common complication in type 2 diabetes. Doctors wanted to know which antioxidants might slow diabetic kidney disease, and analyzed results from 15 relevant studies covering 4,345 diabetic kidney disease participants that looked at vitamins B6, C, and E, glutathione, lipoic acid, silymarin, and zinc, alone or in combination.

Overall, antioxidants reduced albuminuria; when the kidneys excrete excess levels of the protein albumin in the urine, an early sign of diabetic kidney disease. Vitamin E in particular was most likely to reduce early kidney damage, with those taking 480 mg to 1,200 mg of vitamin E per day having the best results.

(Reference: Complementary Therapies in Medicine; August, 2017, Vol. 33, 1-5, Published Online)

# Published Online)

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.
... and remember to visit Don's Blog @ www.dongoldberg.com

www.willner.com

# Pomegranate Seed Oil Improves Menopausal Symptoms

n earlier study on pomegranate seed oil Ashowed a reduction in menopausal symptoms, but the results were not considered statically significant. "After 12 weeks of treatment, PGS reduced the number of hot flashes per day by 4.3 (38.7%), whereas placebo reduced it by 2.5 (25.6%). Both groups were significant compared with baseline, but the treated group was not significant compared with the placebo group (P = 0.17). . . .  $\!\!\!$  . (Menopause. 2012 Apr;19(4):426-32. doi: 10.1097/gme.0b013e3182345b2f. Pomegranate seed oil in women with menopausal symptoms: a prospective randomized, placebo-controlled, doubleblinded trial. Auerbach L1, Rakus J, Bauer C, Gerner C, Ullmann R, Wimmer H, Huber J.)

The author's formal conslusion at that time was "In postmenopausal women, PGS does not significantly reduce hot flashes within a 12-week observation period, but further studies are needed to investigate the long-term effect."

Well, further studies seem to have come up with slightly different results. Folk and Ayurvedic medicine have used pomegranate seeds to treat many female health concerns. Pomegranate contains unsaturated fatty acids, linolenic acid, and phytoestrogens that

doctors believe may help improve menopausal symptoms.

In this new study, 78 women experiencing menopausal symptoms for an average of 46 months took 500 mg of pomegranate seed oil twice per day. The women reported their symptoms for four weeks before beginning to take pomegranate seed oil, and then again at the end of the four-week study.

Most symptoms were significantly reduced, with the greatest improvement in hot flushes, sleep quality, energy, and mood. The women also reported a 35 percent improvement in vaginal lubrication.

Discussing the findings, doctors said that while the effects on hot flushes, sleep, and mood are important, pomegranate seed oil may be a new plant-based solution for vaginal lubrication concerns

(Reference: Alternative Therapies in Health & Medicine; 2017, Vol. 23, No. 2, 28-34)

This is just one of the many proposed benefitds of pomegranate seed oil and/or extract. The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the best supplement for your specific needs.



# 1



42832 GLUCOS MSM 550/250 38105 GLUCOS MSM 550/250 38105 GLUCOS MSM ARNICA LOT 30192 GLUCOS SULF 750 MG 61787 GLUCOS SULF 750 MG 61787 GLUCOS SULF 750 MG 41553 GLUTAMINE 1000 MG 30154 GLUTAMINE 1000 MG 30154 GLUTAMINE 1000 MG 30154 GLUTAMINE 1000 MG 30157 GLYCINE PUED 41978 GB 8-DOPHILUS 36663 GRAPE SEED ANTIOS GO 36951 GRAPE SEED ANTIOS GO 36951 GRAPE SEED EXT 100 MG 55311 GRAPE SEED OLL 41477 GRAPE SEED OLL 53064 GRAVIOLA 500 MG 54382 GREEN TEA POM PURIFY TO 54378 HAWTHORN 550 MG 61786 HERBAL PAUSE ESTRO G 66638 HAWTHORN 550 MG 61786 HERBAL PAUSE ESTRO G 66638 HAWTHORN 550 MG 61786 HYALURONIC ACID 100 MG 67729 HYALURONIC ACID SERUM 41334 HYSSOP OIL 52875 HYALURONIC ACID SERUM 41334 HYSSOP OIL 52875 HYALURONIC ACID SOM 60430 HYALURONIC ACID SERUM 41334 HYSSOP OIL 52871 HYALURONIC ACID SOM 61466 IS FEATREM SPRAY 41324 IGF1 SPRAY 51432 INDOLE 3 CARBINOL 53143 INNOSITOL 500 MG 51477 INSTANT ENERGY B12 PAK 39252 INDULIN 393757 JASMINE OIL 36666 ISOPLAVONES SOY 300 MG 44765 IRON COMPLEX 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        15.99           Z         LIQ         19.99         15.99           Z         LIQ         19.99         15.99           Z         LIQ         19.99 <t< th=""><th>60249 SAW PALMETTO EXT 320 67910 SEASONAL CHANGES KIT 45276 SELENIUM 200 MCG YF 66641 SESAME SEED OIL ORG 55137 SHAMPOO HERBAL REVIVAL 51494 SHARK CARTILAGE 750 MG 36815 SHEA BUTTER 51873 SHEA BUTTER 51873 SHEA BUTTER LOT 66377 SHEA NUT DIL PURE 51873 SHEA BUTTER LOT 65855 SILICA COMPELS 500 MG 58891 SILYMARIN 2X 300 MG 38474 SLIPPERY ELM PWD 36648 SODIUM ASCORBATE PURE 57803 SOY PROTEIN ISOLATE 54182 SPIRULINA 500 MG ORG 65210 SPIRULINA 500 MG ORG 65210 SPIRULINA 500 MG ORG 65210 SPIRULINA 500 MG ORG 65276 STEVIA EXT FRENCH VAN 36682 STEVIA EXT PRENCH VAN 36682 STEVIA EXT PAK FR VAN 60728 STEVIA EXT PAK ORGANIC 26308 STEVIA EXT PAK ORGANIC 26308 STEVIA EXT PAK ORGANIC 26308 STEVIA LIQ DARK CHOC 37322 STEVIA EXT PAK ORGANIC 26523 SUN E 400 65221 SUNFLOWER LECITHIN PWD 36665 SUPER ENZYMES 42735 SUPER ENZYMES 42736 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TRIPHALA LAXATIVE TABS

WASARI DETAOX 200 MG

WILD CHERRY BARK SYR

WILD CHERRY BARK SYR

YIN CHIAO CLASSIC

VITEX 500 MG STD FS

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50811	B 100 COMPLEX SR	90	TAB	33.99	27.19	52424 62872	CHONDRO FLX Chromium react 200 MCG	90 60	VCA VCA
64364	BEEF PROTEIN CHOC	1LB	PWD		21.59	67763	CITRANOX	120	VCA
41011 63812	BIOCELL COLLAGEN II Biocell Collagen II op	100 60	CAP Cap	45.99 28.99	36.79 23.19	59762	CM CORE	90	CAP
27834	C 1000 W/RH	100	TAB		12.79	51740 52768	COQ10 100 MG SGC D Hist Jr	120 60	SGC CHW
57980	COQ10 60 MG CAP	60	CAP	19.99	15.99	50538	D HIST NATURAL	120	CAP
41008 40527	CORAL CALCIUM Coral Calcium	270 90	CAP Cap	53.99 25.99	43.19 20.79	60801	D HIST NATURAL	40	CAP
63546	DAILY ESSENTIALS	30	CAP		15.99	65649 51301	D HIST NATURAL BLISTER D3 1000 IU 0	10 180	CAP VCA
63606	DIM 150 MG EXTRA STREN	30	CAP		14.23	54209	D3 5000 IU	120	VCA
50502 42536	GRAPE SEED EXT 200 MG Herp Eeze Self Heal	100 120	CAP VCA	25.19 64.99	20.15 51.99	64362	D3 50000 BLISTER	15	VCA
57983	LIPOIC ACID 100 ALPHA	60	CAP		10.39	56442 51148	DHEA 25 MG Dhea 5 Mg tab	90 100	CAP Tab
42854	LUTEIN 20 MG VEG	60	CAP	22.99	18.39	51632	DIAXINOL	60	VCA
54540 50373	MAGNESIUM CITRATE 400 OMEGA 3 2000 ENTERIC	100 120	CAP SGC	16.99 30.99	13.59 24.79	61799	DIAXINOL	120	VCA
61420	PEA PROTEIN CHOC	27.	PWD	37.99	30.39	67140 56475	DIGESTZYME V DIGESTZYME V	180 90	VCA VCA
55229	PEA PROTEIN VANILLA	27.	PWD	37.99	30.39	52038	E MIXED TOCOPHEROLS	60	SGC
34345 65783	PROSPLEX ULT Greens 8:1 Protein	60 18.	CAP PWD	40.99 38.99	32.79 31.19	57997	ESTRO DIM	60	VCA
27822	VANADYL PLUS W/CHROM	100	CAP	22.99	18.39	58076 66055	FLORABOOST FOR KIDS GLUTASHIELD PWD 7.3 OZ	51G 7.3	PWD PWD
27823	VANADYL SULFATE 20 MG	100	CAP	19.99	15.99	67903	GLUTASHIELD PWD VANILA	7.3	PWD
OP	TICHOICE					67448	GLYCEMIC FOUNDATIN VAN	923	PWD
62532	ALIVEL 100 50 MG CT BI	60	CAP	39.99		66631 51269	IgG PROTECT Inflamma blox	120 180	CAP Cap
62531	ALIVEL 100 EURYCOMA 50	60	CAP	34.99	27.99	50976	INFLAMMA BLOX	90	CAP
64821 62536	CHOLESSTRIN HPE 150 2X COQ10 100 MG SGC	60 60	CAP SGC	34.99 34.99	27.99 27.99	58950	INFLAMMA CORE	729	PWD
62538	COQ10 100 PLUS OMEGA 3	60	SGC	39.99	31.99	61358 59758	INTESTIN OL Iron reacted 29 mg	90 60	SGC VCA
62537	COQ10 100 UBIQUINOL QH	60	SGC	49.99	39.99	64902	K FORCE	60	CAP
62535 62542	COQ10 200 MG SGC Red yeast rice ultim	60 120	SGC Cap	41.99 44.95	33.59 35.96	66896	K2 180 MCG 0	30	VCA
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		100	TAD	E0 00	40.00	60246	LIPITROL	60	CAP
45130 44524	IODORAL 12.5 MG Iodoral 12.5 MG	180 90	TAB Tab	50.00 27.20	40.00 21.76	52820	LIPOIC ACID 300 MG	60	CAP
58129	IODORAL 50 MG	90	TAB		67.20	59077 67624	LITHIUM OROTATE 10 MG Magnesium reacted	60 60	VCA Cap
OR	AL ESSENTIALS					54084	MAGNESIUM REACTED	180	VCA
67519	MOUTHWASH DRY MOUTH MT	16Z	LIQ	15.99	14.39	67831	MAGNESIUM REACTED PWD	6 Z	PWD
67518	MOUTHWASH SENSIT MINT	16Z	LIQ	14.99	13.49	53002 66052	MEMBRIN Methyl B Complex	30 60	VCA VCA
67564	MOUTHWASH WHITEN LEMON	16Z	LIQ	15.99	14.39	65716	METHYL B12	60	TAB
OR	EGONS WILD HARV	EST				63304	METHYL CPG	60	VCA
63446	ASHWAGANDHA RT 400 OR	90	VCA		22.45	65326 51782	MITOCORE Multimin reacted	120 120	CAP VCA
63447 63864	ASTRAGALUS RT 375 ORG Burdock root PWD org	90 4 Z	VCA PWD	16.95	15.25 11.70	52150	N A C 500 MG	60	VCA
63865	CAYENNE PEPPER PWD ORG	4 Z	PWD	14.00	12.60	54352	NATRANIX FOR KIDS	4 Z	LIQ
66700	CHAMOMILE WHOLE PWD OG	4 Z	PWD	16.00	14.40	50718 54692	NATTOKINASE NIACIN 500 MG T/R	90 90	VCA Tab
63868 63449	CINNAMON POWDER ORG Cinnamon true 450 org	4 Z 60	PWD VCA	15.90 22.95	14.31 20.65	51721	NK STIM	120	VCA
63869	COMFREY ROOT PWD ORG	4 Z	PWD	9.90	8.91	51462	ORTHO BIOTIC	60	VCA
64754	DANDELION RT FLAKES OG	4 Z	FLK		11.70	66452 51978	ORTHO BIOTIC 100 BILL Ortho Biotic PWD	30 51 G	CAP PWD
63450 63451	ECHINACEA TOPS & RT OG Fenugreek root 500 org	90 90	VCA VCA		14.80 12.55	54190	ORTHO DIGESTZYME	90	CAP
63874	FENUGREEK SEED ORG	90 4 Z	SED	7.30	6.57	55833	ORTHO DIGESTZYME	180	CAP
63875	GINGER ROOT PWD ORG	4 Z	PWD	12.70	11.43	63736 63741	ORTHOMEGA 820 LEMON ORTHOMEGA 820 SGC	180 60	SGC SGC
63452 63453	GOLDENSEAL RT 535 ORG Hawthorn Flwr LF Br og	50 90	VCA VCA		21.10 15.25	50539	ORTHOMEGA FISH OIL 820	120	SGC
63877	HAWTHORN LF & FLW ORG O	4 Z	PWD		12.51	56558	ORTHOMEGA SELECT DHA	60	SGC
63454	KELP 600 MG ORG	90	VCA	11.95	10.75	51882 51453	OSTEOPREV Phos Serine	120 90	VCA SGC
63456 66226	MACA ROOT 410 RAW ORG Maca root PWD org	90 .25	VCA PWD		19.75 15.30	51674	PLANT STEROLS	60	CAP
68016	MILK THISTLE DANDELION	.20 90	CAP		25.60	53404	PREGNENOLONE 10 MG	100	TAB
67480	MILK THISTLE ORGANIC	180	CAP	44.95	40.45	65985 50737	PRENATAL COMPLET W/DHA PRO BONO 60 PAKS	30 60	PAK Pak
63455 63457	MILK THISTLE ORGANIC Saw Palm Pygeum org	90 90	VCA VCA		26.95 21.10	60977	PROBIOTIC 225 STICKS	15	STK
68134	SLEEP BETTER	90	CAP		16.06	67913	PUR DAILY SYSTEM KIT	KIT	KIT
63880	SLIPPERY ELM PWD ORG	4 Z	PWD		15.30	51701 59279	PYLORICIL Resvoxitrol	60 60	VCA VCA
63884	STRESS GUARD VCAP	90 60	VCA VCA		24.25	58888	SACCHAROMYCES BOULARDI	60	VCA
65966 63881	TURMERIC 450 MG ORG Turmeric root PWD org	4 Z	PWD	9.58	27.85 8.66	57357	SELENIUM REACTED	90	VCA
						51147 59876	SINATROL STRONTHIM 200 MC	60 60	VCA Cap
56224	CONDITIONER THERA NEEM	127	LIQ		11.91	67399	THYROTAIN	120	CAP
57703	FACIAL COMPLEXION BAR	4 Z		8.39	6.71	59603	TRAUMERIC	90	VCA
60467	MOUTHWASH NEEM CINNAM	16Z	LIQ	15.29	12.23	66054 50920	UBIUUINUL 100 MG Vascii7yme	30 360	SGC Tab
57483 67058	MOUTHWASH THERA NEEM NEEM CRM ORANGE YLANG	16Z 2 Z	LIQ CRM		12.23 14.07	51678	SINATROL STRONTIUM 300 MG THYROTAIN TRAUMERIC UBIQUINOL 100 MG VASCUZYME VESSEL MAX VITAMIN D3 K2 LIQ WHOLEMUNE ZINC REACTED	300 90	VCA
55953	SHAMPOO THERA NEEM	12Z	LIQ	14.79	11.83	65500	VITAMIN D3 K2 LIQ	17	LIQ
55951	THERA NEEM CRM LF OIL	27			14.23	64161 58333	WHULEMUNE 7INC REACTED	30 60	VCA VCA
55952 56854	THERA NEEM GEL LF ALOE Thera neem lotion	8 Z 8 Z	GEL LIQ		10.63 11.75		ZING HEAGILD	00	VUA
59231	TPST NEEM MINT	4 Z	TUB	8.69	6.95	PF		4.7	110
56609	TPST THERA NEEM CINNAM	4.2	TUB	8.69	6.95	28051 21485	ALFALFA HERBAL TONIC Arteben	4 Z 30	LIQ LIQ
OR	THO MOLECULAR F	ROD	UCT	S		21490	BASIL PHYTOCOMPLEX TAB	90	TAB
54259	4 SIGHT	120	VCA	124.30		21504	HAWTHORNE BERRY	30M	LIQ
54246	THE A NEEM CINNAM  THO MOLECULAR F  4 SIGHT 4 SIGHT 4 SIGHT ADREN ALL ADREN EVIVE ALDE SUPER 450 ALPHA BASE PAK ALPHA BASE W/O IRON BALANCE (FEM CARE) BERGAMOT BPF 500 MG BERGAMOT BPF 500 MG BERGAMOT BPF 500 MG	60	VCA		63.90	PA	RADISE HERBS		
56534 54144	ADAPIEN ALL ADREN AII	12U 12N	VCA Cap		47.07 47.07	51061	ASHWAGANDHA EXT 250 MG	60	VCA
55406	ADRENE VIVE	60	VCA	49.90	44.91	51062	ASTRAGALUS EXT 250 MG	60 en	VCA
51647	ALOE SUPER 450	100	CAP		18.36	55031 64936	ASTRAGALUS REISHI MAIT Bacopa 250 mg org	60 60	VCA VCA
67237 63513	ALPHA BASE PAK Alpha rase w/o iron	3U 120	PAK VCA		43.11 22.68	54766	BANABA LEAF	60	VCA
55232	ALPHA BASE W/O IRON	240	VCA	49.50	44.55	65900	BANABA LEAF	180	VCA
51922	BALANCE (FEM CARE)	60	VCA	24.70	22.23	55032 57182	BROMELAIN JOINT DIGEST Coleus Forskolii	60 60	VCA VCA
67999 67402	BERGAMOT BPF 500 MG Bergamot BPF 500 MG	120 60	VCA VCA		68.58 39.15	58994	FO TI	/60	CAP
67997	BOTANICALM	60	VCA			62914	GARCINIA CAMBOGIA 500	60	VCA
53650	BOTANICALM PM (NAT ZS)	30	VCA	24.50	22.15	52436 51063	GOJI 12:1 400 MG Green tea yello mount	60 60	VCA VCA
53471 55609	BUFF C CAP Buffered C PWD Lemon	180 300	VCA PWD		29.79 30.51	51064	HOLY BASIL LOTUS BACOP	60	VCA
51200	CAL MAG REACTED	90	VCA		23.76	55034	IMPERIAL ADAPTOGEN	60	VCA
54206	CAL REACTED	180	CAP	38.50	34.65	58242 53616	JIAOGULAN 12:1 Maca 250 mg	60 60	VCA VCA
50497 58111	CANDICID FORTE Candicid Forte	90 180	CAP Cap		32.31 56.61	60231	MACA UP CHOC	452	PWD
53554	CARDIO B	120	VCA		38.79	60230	MACA UP VANILLA	452	PWD
51693	CDG ESTRO DIM	60	VCA	71.00	63.90	53724	MANGOSTEEN Milk Thistle 16:1 80%	60 60	VCA VCA
65898	CERENITY PM Cerenity PM	120 60	VCA VCA		54.27 31.05	51065 62404	MILK THISTLE 16:1 80% Multi one no iron add	60 60	VCA

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62407 51066 58703	MULTI ONE W/IRON OLIVE LEAF SPAN ANDALU ORAC ENERGY GREEN CAP ORAC ENERGY GREENS ORAC ENERGY GREENS ORAC ENERGY GREENS PAK ORAC ENERGY GREENS PWD PROTEIN GREENS ORAC EN PROTEIN GREENS PAK REISHI RHODIOLA DUAL ACTION SCHISANDRA TURMERIC 50% CURCUMIN	60 60 120	VCA VCA VCA	29.99 19.99 34.99		
53911	ORAC ENERGY GREENS	182	PWD	59.99	47.99	
55035	ORAC ENERGY GREENS PAK	364 15	PWD Pak	29.99		
68088 57270	ORAC ENERGY GREENS PWD PROTEIN GREENS ORAC EN	91 G 454	PWD PWD	34.99 49.99		
59632	PROTEIN GREENS PAK	14	PAK	34.95	27.96	
51068	RHODIOLA DUAL ACTION	60	VCA	29.99	23.99 23.99	
53617 58906	SCHISANDRA TURMERIC 50% CURCUMIN	60 120	VCA VCA	24.99 39.99	19.99 31.99	
55036	TURMERIC 50% CURCUMIN	60	VCA	19.99	15.99	
				15.99	12.79	
55762	SAMBUCOL COLD & FLU	30	TAB	15.99 15.99		
55755	SAMBUCOL LOZENGES ORIG	30	LOZ	15.99	12.79	
55753	SAMBUCUL URIGINAL SAMBUCOL ORIGINAL	7 8 4 Z	LIU LIQ	28.69 15.99	22.95 12.79	
64985	SAMBUCOL + C + ZINC IM SAMBUCOL COLD & FLU SAMBUCOL FOR KIDS BER SAMBUCOL LOZENGES ORIG SAMBUCOL ORIGINAL SAMBUCOL ORIGINAL SAMBUCOL PASTILLES HARMAX SEROYAL	20	LOZ	9.99	7.99	
57191	D 1000 IU CHW  1 EPA DHA ULTRA 2 FISH OIL CAPS FINEST FISH OIL FINEST HI DHA 3 FISH OIL FINEST HI DHA 4 FISH OIL FINEST HI DHA 5 FISH OIL FINEST STAWBE 6 FISH OIL FINEST STAWBE 7 FRUTOL FISH OIL LIQ 7 GARLIC FREEZE DRIED 7 HLC HI POTENCY VCAP 8 HLC INTENSIVE CAPS 8 HLC MAINTENANCE 9 HLC MAINTENANCE 9 HLC MINDLINX 9 HLC MUITI STRAIN 9 HLC SYNBIOTIC INTENSIV 9 MULTI VIT MIN NO CU/FE 1 PYLORICIN	90	CHW	12.00	9.60	
50512 50962	P EPA DHA ULTRA P FISH OIL CAPS FINEST	90 120	SGC SGC	46.00 39.90		
50527	FISH OIL FINEST HI DHA	150	LIQ	48.50	38.80	
42404 59943	FISH OIL FINEST ORANGE	200 500	LIQ Liq	35.90 82.30	65.84	
62812 42403	! FISH OIL FINEST STAWBE I Frutol Fish oil lio	200 300	LIQ LIQ	35.90 34.90	28.72 27.92	
42405	GARLIC FREEZE DRIED	90 120	VCA VCA	27.10		
45153	HLC INTENSIVE CAPS	30	CAP	44.00	35.20	
42760 42759	I HLC MAINTENANCE I HLC MAINTENANCE	12U 60	CAP Cap		34.88 19.84	
51295 64533	HLC MINDLINX HIC MINITI STRAIN	60 60	CAP Cap	49.30 45.00	39.44 36.00	
42410	HLC SYNBIOTIC INTENSIV	7	PAK Cap	42.20 45.10	33.76 36.08	
42417	PYLORICIN	60	VCA	30.70	24.56	
P	HRESH			20.00	21.00	
63976	PHRESH GREENS RAW PHRESH GREENS RAW PHRESH PH STRIPS	10Z	PWD PWD	39.99 69.99	31.99 55.99	
	R PHRESH PH STRIPS  INES INTERNATIONA		MIS	18.95	15.16	
33701	BARLEY GRASS PWD	107	PWD	32.59	26.07	
37714 22230	BEET JUICE PWD WHEAT GRASS 500	5 Z 500	PWD Tab	38.79 32.29	31.03 25.83	
23784 22927		100	TAB PWD	12.59 32.59	10.07 26.07	
23962	WHEAT GRASS PWD	247	PWD			
PI 63229	ONEER NUTRITIONA	180	VCA	25.79	20.63	
60297	C 500 MG CMP VEG	90	VCA	15.69	12.55	
41433 41628	CAL MAG 250/125 MG CAL MAG VCAP	120 180	TAB VCA	23.49 27.29	18.79 21.83	
41435 56432	CAL MAG VEG 250/125 MG	120 60	TAB Tab	20.49 22.99	16.39 18.39	
50018 43037	GLUCOS CHOND JOINT FRM	120	CAP TAB	39.49 38.09		
42793	MULTI ADULT CHILD CHW	180	CHW	33.99	27.19	
44679 P	LANETARY HERBALS	120	VCA	31.19	24.95	
51326	ANIETARY HERBALS  ANTLER VELVET 250 MG  BUPLEURUM CALMATIV CMP BUPLEURUM LIVER CLEANS BUPLEURUM LIVER CLEANS CALM CHILD SYRUP CANDIDA DIGEST CILANTRO HEAVY METAL CINAMON EXT 200 CORDYCEPS 450 FULL SPC CORDYCEPS 450 FULL SPC CORDYCEPS 450 FULL SPC CORDYCEPS HOLL SPC GINSENG REVITALIZER GYMNEMA 450 MG TAB HORSE CHESTNUT CRM HORSE CHESTNUT CRM HORSE CHESTNUT CRM LIVELIMA CARE INFLAMA CARE SINULEIN LUNG COMPLEX MYELIN SHEATH SUPPORT SCHISANDRA ADRENAL CMP SINUSFREE SINUSFREE STONE FREE 820 MG	60	TAB	50.50		
58036 36249	BUPLEURUM CALMATIV CMP BUPLEURUM LIVER CLEANS	60 72	TAB TAB	10.25 12.50	8.20 10.00	
39009 18343	BUPLEURUM LIVER CLEANS	150 27	TAB IIN	25.50 15.25	20.40 12.20	
57283	CANDIDA DIGEST	180	TAB	29.50	23.60	
58428	CILANTRO HEAVY METAL	2 Z	LIQ	24.50 12.98	19.60 10.38	
44609 60820	I CINNAMON EXT 200 I Cordyceps 450 full SPC	120 120	TAB Tab	18.50 24.98	14.80 19.98	
45572	CORDYCEPS 450 FULL SPC	60 an	TAB TAR	12.98 13.25	10.38 10.60	
54363	ELDERBERRY SYRUP	4 Z	LIO	17.50	14.00	
5/552 67839	: GINDENG KEVITALIZEK I GYMNEMA 450 MG TAB	90 120	TAB	29.50 16.98	23.60 13.58	
44452 43508	HORSE CHESTNUT CRM HORSE CHESTNUT CRM	2 Z 4 7	CRM CRM	12.25 23.50	9.80	
58225	INFLAMA CARE	60	TAB	32.50 63.50	26.00	
04034 68044	LOQUAT RESPIRATORY SYR	8 Z	LIQ	63.50 19.75	50.80 15.80	
55815 44771	LUUUAI KESPIRATURY SYR Maca ext	4 Z 60	LIQ Tab	10.25 15.98	8.20 12.78	
65319 42503	MULLEIN LUNG COMPLEX MYFIIN SHFATH SIIPPORT	90 qn	TAB Tar	15.75 35.98	12.60	
60052	SCHISANDRA ADRENAL CMP	120	TAB	21.50	17.20	
57463 39510	o sinuseret O stone free 820 mg	4 <i>L</i> 180	LIU Tab	14.50 28.50	11.60 22.80	

PWD Cap

TAB TAB PWD

TAB TAB TAB LIQ LIQ

TAB

10Z 90

120 TAB

13.50 10.80

18.98 15.18

23.50 18.80

13.50 10.80

26.50 21.20

14.50 11.60

13.98 11.18

23.50 18.80 21.50 17.20

11.50 9.20

33.50 26.80

9.75

14.98

11.50 9.20

# **Visit** www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose

them, and how to use them.

- **Reference Library:** search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.
- **Product Information:** search the entire 23,000 product listing in the Willner Chemists inventory, with prices, product details, etc, using simple and advanced full-text search tools.
- Order Products: Use the fully functional, secure web site to select and order products from Willner Chemists.
- Radio Show: Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.
- What's On Sale? Check the web site to see what is currently on sale, and look for the current web specials.
- Latest News and Events: Read about latest nutritional supplement developments, research and news.
- Free excerpts from **The Best** Supplements For Your Health in the reference library section.
- ...and remember to check out Don Goldberg's Blog! www.dongoldberg.com





# Who might benefit from using this product?

• Those with Hypothyroidism, Low Thyroid Activity, Sluggish Metabolism, Fatigue and Weight Gain, Slow Digestion. Ingredients.

# **Ingredients:**

Each two Phyto-Tech™ Thyroid Complex VeggieCaps contain the following fresh ground herbs, vitamins and minerals:
L-Tyrosine - 400mg, Organic Ashwagandha Root 100 mg,
Organic Gotu Kola Herb -100 mg, Organic Bacopa 100 mg,
Organic Kelp 50 mg, Wildcrafted Bladderwrack 50 mg,
Piperine 1 mg, Iodine (as Potassium Iodide) 200 mcg
(133% RDA), Copper (as Copper Gluconate) 1 mg (50%
RDA), Zinc (as Zinc Citrate) 10 mg (66% RDA), Vitamin B5
(Calcium d-pantothenate) - 30mg 300% RDA). The
vegetarian capsule contains Modified Vegetable Cellulose
Properties. Traditionally, these herbs and nutrients would be
expected to exert the following actions: Thyroid Stimulant,
Adaptogen

### Indications

Thyroid Complex is a complex formula that provides nutritional support for the thyroid gland, stimulates hormone production, and restores normal metabolic balance in the body. The thyroid hormones are responsible for the body's use of energy, known as the basal metabolic rate (BMR). They are also critical for cell respiration and the production of ATP energy, and are required for normal growth and development, protein synthesis and energy metabolism. While a blood test can be used to test for low thyroid activity, thyroid tests are commonly normal yet one still has the symptoms of low thyroid. These symptoms include fatigue, running cooler than others (feeling cooler in your body), cold hands and/or feet, sluggish bowels, and slow digestion. The amino acid L-tyrosine is a precursor to the thyroid hormone Thyroxine (T4) and helps stimulate the thyroid gland. Zinc is needed to convert T4 into the active hormone Triiodothyronine (T3) and low levels of zinc have been shown to contribute to hypothyroidism. The Ayurvedic herbs

Ashwagandha, Gotu Kola and Bacopa all have stimulating effects on the thyroid and support the body's production of thyroid hormones. Ashwagandha is restorative and rejuvenating for those experiencing burn-out, weakness, and fatigue. It's known as the "Ayurvedic" Ginseng and can give additional Chi or energy and help one adapt to stress. Gotu Kola stimulates the thyroid and physical and mental energy and will help with fatigue, confusion, and general lethargy. Bacopa enhances memory, learning and concentration while reducing anxiety and stress.

The trace mineral lodine is required for the production of the thyroid hormones that regulate the metabolic energy of the body and set the basal metabolic rate (BMR). Most of the iodine in the body is concentrated in the thyroid. Iodine must be obtained regularly from the diet, as the body does not store the mineral and eliminates it quickly. Potassium iodide is a source of iodine that can be easily taken up by the thyroid gland.

Kelp and Bladderwrack are forms of algae that are rich in iodine and other important vitamins and minerals including calcium, magnesium, potassium, niacin, riboflavin, and choline. They also contains algin, a polysaccharide which has been used to help pull out intestinal toxins and heavy metals.

Vitamin B5 (pantothenic acid) is involved in metabolism and is essential for the body to utilize carbohydrates, proteins, and fats as energy sources. It is also required to synthesize cholesterol in the body, which is necessary to produce key hormones

Piperine, an extract derived from back pepper, is used to enhance bioavailability of the nutrients in this formula through increased absorption.

Contra-indications and Cautions: Hyperthyroid, Pregnancy,

Nursing

# Complementary Formulas & Single Herbs:

• B-Complex Vitamins (nutritional support)

• Vitamin D3 (deficiency is linked to lower levels of T4)

## Dosage:

Take 2 caps once a day, or as directed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease. Consult your health care professional for guidance.

# **Turmeric Root 1:1.5**

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent.

1 fl oz - Product Code: 57016 60 Veggie Caps - Product Code: 60137 60 Liquid Veggie Caps - Product Code: 67451

# Who might benefit from this herbal supplement?

- Those who suffer from inflammatory conditions, including joint pain, atherosclerosis, bursitis, osteoarthrits;
- Those who suffer from auto-immune disorders, ranging from rheumatoid arthritis to Crohn's disease;
- Those who suffer from ulcerative colitis, and indigestion;
- Those who suffer from liver disorders.

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent. It works by keeping naturally occurring levels of cortisone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma,

... continued on page 106

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# 50



PR	EMIER ONE					53358	ALLERGY LIQUESCENCE	4 Z		18.00		36757	CARDIO FLOW	180	CAP	48.00		15343	ZINC PICOL $\pm$ 25 Mg	60	CAP	12.50 10.00
23983	BEE POLLEN CAP 580 MG	100	CAP	12.89	10.31	29707	ANTI HIVES DROPS	27	LIQ	16.20		52208	CARNITINE 500 MG	60	CAP		21.60	PR	OTOCOL FOR LIFE			
24890	BEE PROPOLIS 650 MG	60	CAP	16.09		35299 25662	ANXIETY SPRAY Bacterial Nosode	2 Z 2 Z	LIQ Spy	16.20 16.20		54741 15281	COQ10 400 MG SGC Coryza forte	30 250	SGC Cap	44.00 50 50	35.ZU 40.40	67085	5 HTP 100 MG	90	VCA	35.00 29.75
26674	ENERGY RAW EXTREME	100	CAP	20.79	16.63	36689	BONE LIQUESCENCE		LIQ		16.20	62060	D3 1000 IU	100	CAP	9.00		65278	A BIOTIC ENTERIC	60	SGC	24.00 20.40
26716	POLLEN POWER GRANULES	.75	PWD	9.99	7.99	22088	BRAIN LIQUESCENCE	4 Z	LIQ		16.20	61305	D3 5000 IU	100	CAP	11.00		67932	ACETYL L CARNITIN 500	100	VCA	30.00 25.50
52699	ROYAL JELLY 2000 MG	30	CAP	29.09		24079	BROMELAIN/PAPAIN	90	CAP		24.75	22897	DGL COMPLEX	90	CAP	21.50		65279	ADRENAL CORTISOL SUPP	90	VCA	32.00 27.20
23033	ROYAL JELLY 500 MG	90	CAP	35.99		67827	DHEA 4X	2 Z	LIQ	26.00	23.40	27550	DHEA 50 MG X TRA	60	CAP	25.00	20.00	65913	BRAIN REGAIN	90	VCA	34.00 28.90
21574	ROYAL JELLY/HNY 14000	117	LIQ	19.49		23721	HEART LIQUESCENCE	4 Z	LIQ		16.20	20292	DIGESTIN	60	CAP		20.80	68085	CELADRIN JOINT LIPOS	4 Z	CRM	20.00 17.00
18337	ROYAL JELLY/HNY 30000 Ryl Jel in hon 7 000	117	LIQ LIQ	24.79		27806	HEPATICOL		SPY	16.20		15282	DIGESTIN	250	CAP		54.40	65266	COGUMIN SCLP CURCUMIN	50	VCA	44.00 37.40
		.02	LIU	11.19	0.93	35168	HOUSEHOLD DUST/MOLD	27	LIQ		14.58	24969	FEM GEST CREAM	27	CRM	24.00		66637	COQ10 100 LIQ ORANGE	4 Z	LIQ	21.99 18.69
PR	IMAL PIT PASTE					41863	IMMUNO COMPLEX	90	CAP	21.50		15288	GABA VAL	90	CAP	34.00		67883	COQ10 400 SGC D3 & K2 1000/100 SPRAY	60	SGC	70.00 59.50
67258	DEOD STICK COCO LIME	2 Z	STK	10.95	10.95	21608 67826	KIDNEY LIQUESCENCE Libido Liquescence	4 Z 4 Z	LIQ LIQ		16.20 16.20	43948 22770	GC MSM 3550 Glucos Sulf 500	120	CAP Cap	37.00	29.60 12.00	67878 65263	D3 10000 IU SGC	2 Z 120	SPY SGC	18.99 16.14 17.00 14.45
66954	DEOD STICK HAPPY PITS	2 Z	STK	12.95	12.95	21589	LIVER LIQUESCENCE	4 Z	LIQ	18.00		15290	GLYCO PLEX	60 90	CAP		18.40	65264	D3 5000 SGC OLIVE BASE	120	SGC	13.00 14.45
67070	DEOD STICK LAVENDER		STK	10.95		23038	LUNG LIQUESCENCE	4 Z	LIQ	18.00		24842	GSC GLAND STRESS CMP	90	CAP		12.00	67389	GLUCOSE MANAGEMENT	90	SGC	35.00 29.75
66952	DEOD STICK ROYAL ROGUE	2 Z	STK		10.95	23052	LYMES NOSODE	27	LIQ	16.20		15293	HEMADYN PRO	60	CAP		12.00	65669	IMMUNE RENEW	90	VCA	20.00 17.00
66953	DEOD STICK UNSCENTED	2.7	STK	10.95		21757	LYMPH LIQUESCENCE	4 Z	LIQ		16.20	15294	HEMADYN PRO (HEMAPLEX)	250	CAP		36.40	65268	MCT OIL LIQUID	16Z	LIQ	20.00 17.00
66951	DEOD STK LEMONGRASS	2.2	STK	10.95	10.95	21590	MUCOLYTIC DRAINAGE FRM	4 Z	DRP	18.00	16.20	15317	IODINE ORGANÒ DROPS	27	LIQ	25.00	20.00	66171	MELATONIN 10 MG EXTRA	100	VCA	18.00 15.30
PR	INCE OF PEACE					23714	MYCOLOGICAL I.S.S.	2 Z	LIQ	16.20	14.58	57469	K2 VITAMIN (MENAQ7)	30	VCA	27.50	22.00	65501	METHYL B12 5000 MCG PFL	60	LOZ	25.00 21.25
62488	GINGER HONEY CRYSTALS	30	PAK	12.19	9 75	64620	MYELIN SHEATH SARCODES	2 Z	LIQ		14.58	67989	LITHIUM OROTATE 5 MG	100	VCA	18.00		65269	MK 7 K2 160 MCG TAB	60	TAB	36.00 30.60
67660	GREEN TEA ORGANIC	100	BAG	7.99	6.39	25031	NEURO T SUPP SEROTONIN		LIQ	18.00		15303	LIVATRATE	100	CAP		12.80	65270	MYO INOSITOL POWDER	1LB	PWD	50.00 42.50
52589	PU ERH BLACK TEA PREM	100	BAG		7.19	24344 44438	PANCREATIN 8X PLUS Periodonto pathogen	45	TAB Spy	28.20 16.20		63763 15304	LUTEIN ZEAXANTHIN Lysine 500	30 90	SGC Cap	17.00	13.60 10.40	68030 66836	NAC 600 MG Orthoflora yeast supp	100 90	VCA VCA	20.00 17.00 22.00 18.70
DP	IORITY ONE					44438 59230	PINEAL LIQUSCENCE	2 Z 4 Z	FIO		14.58 16.20	15304 15305	MAGNEZYME 400 MG	90 100	CAP		10.40 14.40	67877	PHOS SERINE 150 SOY FR	60	TAB	47.99 40.79
			W0.5	F7 00	57.00	67828	PROSTATE FORMULA	22	LIQ		14.58	30492	MCHC CAP	120	CAP	24.49		65271	PLANT PROTEIN COMPLETE	2LB	PWD	37.00 31.45
	5 HTP 100 MG	90	VCA	57.98		24738	RENAL SPRAY	27	LIQ		14.58	59403	MCHC W/VIT K	120	CAP		18.40	67641	PRODOPHILUS RESPI CARE	60	VCA	32.00 27.20
65968 60752	ALPHA GTF Enflam	90 90	VCA VCA	53.95 42.82		67829	SINUSITIS FORMULA	2 7	LIQ		14.58	58189	MEMORIES W/SEANOL P	90	CAP	63.50	50.80	65273	PROTOCLEAR CTR FR VAN	1KG	PWD	58.00 49.30
60596	LITHIUM 5 MG ORGANIC P	100	VCA	29.98		64621	SPINAL SARCODE	2 Z	LIQ	16.20	14.58	31198	MSM PLUS	90	CAP	17.00	13.60	65274	PROTOCLEAR PWD BERRY	1KG	PWD	58.00 49.30
63557	MAG OROTATE	100	CAP	43.98		21599	THYROID LIQUESCENCE	4 Z	DRP	18.00	16.20	15309	MULTI CAP	250	CAP	43.00		65275	PROTODOPHILUS 50 BILL	50	VCA	52.00 44.20
57949	THYROID PLUS	120	CAP	87.98		PRO	OGENA					54489	NIACINAMIDE 500 MG	60	VCA		11.60	65276	PROTOSORB MAGTEIN MAG	90	VCA	40.00 34.00
57102	THYROID PLUS	60	CAP	47.98		62801	ALLERGENA SUB ALLERGY	2.7	110	25.00	22 EU	28642	OLIVIR (OLIVE LEAF)	60	CAP		19.60	65277 65833	SACCHAROMYCES BOULARDI SERRAZIMES 33 MG	60 90	VCA	22.00 18.70 22.00 18.70
67794	WOMENS FORM NO IRON	240	CAP	53.98	53.98	020U1 26845	ALLERGENA SUB ALLERGY	17		25.00 18.00		45064 43936	OSTEO MINS AM OSTEO MINS PM W/D + K	60 240	CAP Cap		14.00 30.40	00033 65416	UBIQUINOL 100 MG	90 60	VCA SGC	22.00 10.70 50.00 42.50
PR	OBULIN					19250	LIGAMENDON	90	TAB	22.00		43930 30400	PAN 10X	240 250	CAP		30.40 62.40		VEIN INTEGRITY			30.00 42.50
		0.0	OAD	00.00	00.00	40826	PROMEMORZINE	60	CAP	20.00		15319	PAN 5X	250 250	CAP		49.60				VUA	00.00 20.00
65933 65934	COLON SUPP PROB 20 BIL Daily care prob 10 bil	30 30	CAP Cap	39.99 26.99		19265	SPASM +	60	TAB		13.85	15321	PARA THYROLATE	90	CAP		14.39	PU	RE ENCAPSULATIO	M2		
65935	DAILY CARE PROB 10 BIL	50 60	CAP	49.99		45688	THYRO PLUS	120	TAB	27.00	24.30	23166	PARADEX	90	CAP	19.50	15.60	39786	+CAL+ IMPROVED FORMULA	350	CAP	64.60 —
67941	DAY CREAM PROBIOT CITR	1.6	CRM	29.99		PRO	OGRESSIVE LABS					61938	PHOS SERINE 100 MG	60	VCA	37.00		19168	+ CAL + W/IPRIFLAVONE	210	CAP	40.30 —
67942	EYE CRM MARUL PRB UNSC	1.0	CRM	29.99				00	VCA	24.00	10.20	26727	PROBIOTICS MPF	90	CAP		18.40	39673	5 HTP 100 MG	60	CAP	49.10 —
67939	FACIAL CLEANS GEL PROB	3.3	GEL	24.99	21.24	15254 15259	ACIDOPH DR HP 2.8 BILL Adreno trophic	90 250	VCA Cap	24.00 41.50		15328	PROSTAGLAN AND AND AND	120	CAP		38.00	37512 29322	5 HTP 100 MG 5 HTP 50 MG	180 60	CAP Cap	123.90 — 34.40 —
67943	FACIAL SERUM PROB UNSC	1 Z	SER	34.99		15260	ALLER B	200 90	CAP	20.00		54597	R LIPOIC ACID 100 MG	60	CAP Cap		32.80 16.79	29323	5 HTP 50 MG	180	CAP	34.40 — 85.50 —
67940	NIGHT CRM PROB LAV CHM	1.6	CRM	29.99		15261	AMINO BLEND 750 CAP	90	CAP	27.50		15338 15339	THYRO COMPLEX Trace Min +	90 100	CAP		13.20	42960	7 KETO DHEA 100 MG	60	VCA	68.40 —
65940	P PAK PROB 20 BILLION	10	CAP	17.99		15263	B12 LINGUAL 1000 MCG	60	TAB	16.00		15340	TRI 40	90	CAP		13.60	60980	7 KETO DHEA 25 MG	60	VCA	22.40 —
65936	PROBIOTIC 6 BILLION	45	CAP	24.99		20289	B6 100 CAP	100	CAP	13.00		65630	TRYPTOPURE 500 MG	90	CAP		27.00	43121	7 KETO DHEA 25 MG	120	VCA	40.60 —
65937 65939	PROBIOTIC 6 BILLION Trimsynergy prob 20 bl	90 60	CAP Cap	39.99 69.99		15265	BIFIDO COMPLEX	90	CAP	23.50	18.80	15341	TYROSINE	90	CAP		15.20	44038	7 KETO DHEA 50 MG	120	VCA	69.80 —
65938	WOMENS HEALTH PROB 20B	30	CAP	39.99		22060	BRAIN CONCENTRATE	90	CAP		15.20	50212	U TRACT CMP CAP	120	CAP	39.00	31.20	64535	7 KETO DHEA 50 MG	60	VCA	39.10 —
67992	WOMENS HEALTH PROBIOT	60	CAP	59.99		60600	BRILLIANT VISON	90	VCA	72.00			U TRACT COMPLETE	2.7	PWD		34.00	67092	A + CAROTENOIDS	90	VCA	22.50 —
			Uni	00.00	00.00	22767	C 1000 + BIOFLAV	250	CAP	35.00		40667	U TRACT MANNOSE	1.7	PWD	33.00		61693	A 10000 IU	120	SGC	7.50 —
PR	OFESSIONAL HEAL					56418	C BUFF W/BIOFLAVONOIDS	90	VCA	21.00		15342	VEGYZYME	90	VCA	20.00		60990	A C FORMULA II	120	VCA	34.10 —
21592	ADRENAL LIQUESCENCE	4 Z	LIQ	18.00	16.20	15271	CAPRYLATE COMPLEX	100	CAP	22.00	17.00	35125	VISIOPLEX (NEW FORM)	200	CAP	45.00	36.00	38522	A I ENZYMES	120	CAP	54.40 —

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

22422		400				DIOCOT CHIMA IIIT DET II			00.70	20752		007	DI III	04.00
22136	A I FORMULA	120	CAP	51.50 —	66893	DIGEST ENZYM ULT BET H	90	VCA	28.70 —	36756	MSM PWD 227 GMS	227	PWD	31.00 —
42181	Acetyl L Carnitine 250	60	Cap	33.30 —	55226	Digestion GB	180	VCA	48.90 —	53268	Multi T/D	120	VCA	43.90 —
36970	ACETYL L CARNITINE 500 Adenosyl hydroxy B12	60	CAP Cap	59.70 —	53267	DIGESTIVE ENZYMES ULTR Digestive enzymes ultr	180	VCA VCA	49.90 — 27.20 —	50554	MULTI T/D Muscle Cramp Tension	60 60	VCA VCA	24.50 — 13.60 —
66277 30082	ADR FORMULA	90 120	CAP	21.10 — 57.50 —	53971 60991	DIM DETOX	90 60	VCA	41.50 —	53879 19192	N A C 600 MG	90	CAP	27.70 —
19142	ADR FORMULA	60	CAP	32.60 —	60508	DIM PRO 100	60	VCA	48.60 —	35942	N A C 600 MG	180	CAP	47.00 —
19141	Adrenal	60	Cap	14.10 —	60901	DISC FLEX	120	VCA	61.00 —	42615	N A C 900 MG	240	CAP	73.20 —
23794	ANTIOXIDANT FORMULA	120	VCA	50.30 —	36593	DLPA 500 MG	90	CAP	25.60 —	35882	N A C 900 MG	120	CAP	40.60 —
38888	ARABINOGALACTAN	180	CAP	62.80 —	41442	DLPA 500 MG	180	CAP	45.60 —	63352	NIACITL 650 MG (NO FLU	180	VCA	55.90 —
64624	Arabinogalactan	90	VCA	34.90 —	62587	Dopa Plus	180	VCA	46.00 —	43666	Niacitol 500 MG	120	Cap	42.50 —
45616	ARGININE 700 MG	180	VCA	36.50 —	19189	E 400 MIXED	90	SGC	26.30 —	58108	NITRIC OXIDE SUPP PWD	162	PWD	36.90 —
19185	ASCORBIC ACD PURE 1000	250	CAP	40.60 —	42372	E 400 MIXED	180	SGC	48.10 —	66215	NITRIC OXIDE ULTRA	120	VCA	58.40 —
44492	ASCORBIC ACD PURE 1000	90	VCA	16.60 —	28883	E P 0 500	250	Cap	51.80 —	55980	NSK SD ( NATTOKINASE)	60	VCA	62.30 —
19188	ASCORBIC ACID BUFF C	250	CAP	47.40 —	22614	E P O 500 P	100	SGC	23.50 —	45690	NSK SD (NATTOKINASE)	120	VCA	67.90 —
29101	ASCORBIC ACID BUFF C	90	CAP	18.70 —	53091	ELECTROLYTE/ENERGY FRM	340	PWD	22.30 —	55981	NSK SD (NATTOKINASE)	60	VCA	36.50 —
22143	ASCORBIC ACID BUFF PWD	227	PWD	28.30 —	55389	Emotional Wellness	60	VCA	69.20 —	19169	NUTRIENT 950	180	Cap	44.40 —
37743	ASCORBYL PALMIT 500 MG	180	CAP	36.20 —	67349	EMULSISORB COQ10 100	150	LIQ	36.60 —	55717	NUTRIENT 950	360	VCA	78.20 —
31576	ASCORBYL PALMITATE	90	CAP	19.50 —	66675	ENERGIZE PLUS PURE PAK	30	PAK	52.10 —	19172	NUTRIENT 950 NO CU/FE	90	CAP	25.50 —
57213	ASHWAGANDHA 500 MG	120	VCA	36.50 —	35261	Epa dha essent 1000 mg	180	SGC	51.20 —	19171	Nutrient 950 No Cu/Fe	180	CAP	44.50 —
50895	ASHWAGANDHA EXT 500 MG	60	VCA	20.20 —	37864	EPA DHA ESSENT 1000 MG	90	SGC	29.40 —	19173	NUTRIENT 950 NO IRON	180	CAP	44.70 —
44866	ASTAXANTHIN 4 MG	120	SGC	67.70 —	52839	EPA DHA GLUCOSAMINE	120	SGC	42.40 —	44892	NUTRIENT 950 NO IRON	360	VCA	78.60 —
54687	ASTAXANTHIN 4 MG	60	SGC	38.30 —	64848	Epa dha vcap	120	VCA	87.90 —	60941	NUTRIENT 950 W K	180	VCA	44.70 —
19179	B COMPLEX PLUS	60	CAP	20.10 —	56028	ESTER C FLAVONOIDS	180	VCA	58.90 —	44229	NUTRIENT 950 W/ NAC	240	VCA	67.10 —
40524	B Complex plus	120	Cap	33.70 —	29928	Flax Borage Oil	250	Cap	41.90 —	39218	Nutrient W/O Cu/Fe/IOD	180	Cap	44.50 —
59487	B COMPLEX ULTRA W/PQQ	60	VCA	67.50 —	19163	FLAX BORAGE OIL	120	CAP	22.20 —	45623	OLIVE LEAF EXT 500 MG	60	VCA	35.90 —
58266	B12 5000 MCG LIQ	1 Z	LIQ	29.90 —	61832	FOLATE 1000 MCG	90	VCA	25.60 —	33506	OLIVE LEAF EXT 500 MG	120	CAP	64.90 —
19180	B12 Folate 800/800	60	Cap	16.10 —	63406	Folate 400 MCG	90	VCA	15.50 —	63126	One multi W/ COQ10	60	VCA	33.80 —
53095	B12 LIQUID 1000 MCG	1 Z	LIQ	17.10 —	19181	FOLIC ACID 800 MCG	60	CAP	11.70 —	55228	OPTIFERIN C	60	VCA	11.30 —
22142	B6 COMPLEX	60	CAP	20.40 —	57140	GABA	60	VCA	15.70 —	51508	OSTEO BALANCE	351	VCA	62.50 —
59944	Bacopa Monniera	180	VCA	39.60 —	39226	Garlic active	60	VCAP	20.30 —	42416	OSTEO BALANCE	210	VCA	39.30 —
51292	BCAA PWD	227	PWD	47.30 —	50388	GINKGO 50 160 MG P	60	VCA	32.10 —	19184	P 5 P 50 ACTIVATED B6	60	CAP	14.60 —
43951	BCAA VCA	90	VCA	21.00 —	56347	GLUCOFUNCTION	180	VCA	74.00 —	39368	P 5 P 50 ACTIVATED B6	180	CAP	36.80 —
54012	BCAA VCA	250	VCA	49.90 —	41755	GLUCOS CHOND MSM	120	VCA	53.60 —	19160	Pancreatic enzyme form	180	Cap	79.90 —
67823	BENFOMAX	90	VCA	41.90 —	26638	GLUTAMINE 1000 MG 1 GM	90	CAP	25.10 —	19159	PANCREATIC ENZYME FORM	60	CAP	30.60 —
57988	Best rest formula	120	VCA	46.90 —	43189	GLUTAMINE 1000 MG 1 GM	250	VCA	58.60 —	57748	PANCREATIC VEGENZYMES	180	VCA	50.20 —
52039	BETA SITOSTEROL	90	VCA	40.90 — 14.90 —	39147	GLUTAMINE 500 MG	90 90	CAP	17.30 —	41146	PANTETHINE 250 MG	120	CAP	82.30 —
19154	BETAINE HCL PEPSIN 520	250	CAP	38.50 —	36935	GLUTAMINE PWD	227	PWD	43.10 —	58267	PANTOTHENIC ACID 500	120	VCA	17.90 —
42315	Bilberry 160 Mg	120	VCA	88.50 —	65241	GLUTATHIONE LIPOSOMAL	60	SGC	81.70 —	60068	Peptic care ZC	60	VCA	50.90 —
39324	BIOFLAVONEX	120	CAP	55.80 —	64141	GLUTATHIONE LIPOSOMAL	30	SGC	46.70 —	51363	PHYTO ADR	180	VCA	56.40 —
62904	BIOTIN 8 MG	60	VCA	10.50 —	31059	GLUTATHIONE REDUC 100	120	CAP	42.90 —	66764	PHYTO ULTRACOMFORT	120	CAP	44.10 —
52909	Biotin 8 MG	120	VCA	18.60 —	52902	GLYCINE 500 MG	180	VCA	23.80 —	50334	Policosanol 20 mg	120	VCA	57.20 —
39310	BLACK COHOSH	120	CAP	39.10 —	50989	GRAPEFRUIT SEED EXT	120	VCA	29.20 —	53627	POLYPHENOL NUTRIENTS	360	VCA	87.10 —
19161	BLACK CURRANT OIL 500	100	CAP	33.40 —	34451	GREEN TEA EXT DECAFF	120	CAP	41.90 —	54018	POMEGRANTE PLUS	120	VCA	52.30 —
57109	Borage oil 1000 mg SGC	60	SGC	25.60 —	64715	Gymema Sylvestr 250 Mg	180	VCA	31.10 —	19204	POT 99 (ASPARTATE)	90	Cap	11.70 —
19196 40677	BORON 2 (GLYCINATE) Boswellia 300 Mg	60 120	CAP CAP	9.70 — 26.20 —	61255 33780	HAIR SKIN NAILS ULTRA Hawthorn ext	60	VCA Cap	36.30 — 29.70 —	37106 44934	POT MAG ASPARTATE	180 180	CAP VCA	25.10 — 23.80 —
53210	BOSWELLIA AKBA	120 120	VCA	42.50 —	33988	HOMOCYSTEINE FACTORS	120 60	CAP	29.70 — 20.50 —	64427	POT MAG CITRATE Potassium 200 citrate	180	VCA	23.00 — 22.10 —
41106	BROMELAIN 2400 500	60	CAP	30.40 —	39275	HOMOCYSTEINE FACTORS	180	CAP	50.30 —	50326	POTASSIUM 200 MG CITRA	90	VCA	12.30 —
38060	Bromelain 2400 500 MG	180	Cap	75.00 —	44867	Hyaluronic acid	180	VCA	93.10 —	27307	Pregnenolone 10 Mg	60	Cap	10.00 —
51670	CAL D GLUCARATE 500 MG	60	VCA	60.10 —	44778	HYALURONIC ACID 70 MG	60	VCA	35.10 —	43832	PREGNENOLONE 10 MG	180	VCA	24.80 —
29386	CAL MAG CITRATE	180	CAP	22.80 —	39325	IMMUNHERBS	120	CAP	55.40 —	27308	PREGNENOLONE 30 MG	60	CAP	14.30 —
19197	CAL MAG CITRATE 80/80	90	Cap	12.80 —	52413	Indole 3 Carbinol 200	60	VCA	29.50 —	30126	Pregnenolone 30 Mg	180	CAP	34.60 —
36209	CALCIUM CITRATE 150 MG	180	CAP	21.60 —	43618	INDOLE 3 CARBINOL 200	120	CAP	51.90 —	67534	PRENATAL NUTRIENTS	60	VCA	22.80 —
66309	CALCIUM K D	180	VCA	26.80 —	52422	INDOLE 3 CARBINOL 400	60	VCA	51.10 —	53249	PRENATAL NUTRIENTS	120	VCA	40.60 —
40548	Calcium Mcha 250 Mg	180	VCA	48.40 —	59614	Indole 3 Carbinol 400 m	120	VCA	90.60 —	64615	Probiomood Stick Paks	30	Pak	44.90 —
53511	CALCIUM W/D3	180	VCA	23.90 —	60416	INOSITOL PWD	250	PWD	39.90 —	52381	PROBIOTIC 5 DAIRY FRE	60	VCA	34.00 —
59954	Caprlic acid	240	VCA	36.50 —	50759	Iodine	120	VCA	14.30 —	61792	Probiotic 123 Dairy Fre	80	PWD	15.70 —
56158	CAPRYLIC ACID	120	VCA	19.90 —	42931	IODINE & TYROSINE	120	VCA	28.10 —	58213	PROBIOTIC GI	60	VCA	35.30 —
19190	CARNITINE 340 MG	60	CAP	39.90 —	39015	IP 6	180	CAP	36.40 —	58460	PURE PALS CHW CHERRY	90	CHW	26.30 —
34513	Carnitine 340 MG	120	Cap	73.20 —	19201	Iron C	60	Cap	9.60 —	59151	Pure probiotic	60	VCA	17.90 —
64126	CARNOSINE 500 MG	60	VCA	63.80 —	63866	ISOQUERCETIN W/BIOPER	60	VCA	38.30 —	64517	PUREBI OME INTENSIVE	30	VCA	45.50
44851	CARNOSINE 500 MG	120	VCA	115.20 —	45110	KRILL PLEX	120	SGC	118.00 —	55772	PURECELL	120	VCA	51.50 —
19178	Carotene Cap	90	Cap	27.10 —	34174	Lactobacillus acidoph	60	Cap	13.80 —	67503	Pureheart K2D	60	VCA	37.10 —
53978	CHASTE TREE VITEX	60	VCA	12.30 —	31386	LACTOBACILLUS SPOROGEN	60	CAP	18.90 —	62028	PURELEAN PURE PACK	30	PAK	71.80 —
41437	CHOLESTEPURE	180	Cap	38.10 —	53090	Ligament restore	120	VCA	55.80 —	67858	Puremelt B12 Folate LZ	90	Loz	17.00 —
60898	CHOLESTEPURE PLUS	120	CAP	52.00 —	67996	LIGAMENT RESTORE	240	VCA	94.70 —	58057	PYCNOGENOL 100 MG	60	VCA	119.40 —
37224	CHONDROITIN SULF BOVIN	180	CAP	78.40 —	29008	LIPOIC ACID 100 MG	60	VCA	21.00 —	51713	PYCNOGENOL 100 MG	30	VCA	65.30 —
41238	Chromate GTF 600	60	Cap	14.00 —	31317	Lipoic acid 100 Mg	120	VCA	38.40 —	28337	Pycnogenol 50 Mg	60	Cap	65.10 —
61322	CHROMEMATE GTF 600	180	VCA	34.70 —	38263	LIPOIC ACID 200 MG	120	VCA	57.00 —	52133	Q GEL 100 SGC	60	SGC	106.20 —
19198	CHROMIUM PICOL 200	60	CAP	11.00 —	41531	LIPOIC ACID 400 MG	120	CAP	73.20 —	23827	QUERCETIN	120	CAP	36.70 —
40180	Chromium Picol 200	180	Cap	27.50 —	44798	Lipoic acid 600 Mg	120	VCA	87.40 —	19150	Quercetin 250	60	Cap	21.00 —
40448	CHROMIUM PICOL 500 MCG	180	CAP	37.00 —		LIPOTROPIC DETOX	120	VCA	22.80 —	52407	R LIPOIC ACID 100 MG	120	VCA	78.80 —
44879	Cinnamon WS	120	VCA	41.90 —		Lithium orotate 5 Mg	180	VCA	35.10 —	40514	Resveratrol	120	Cap	37.50 —
52913	CLA 1000 MG	180	SGC	90.60 —	51293	LIVER GI DETOX	60	VCA	27.20 —	52700	RESVERATROL EXTRA	60	VCA	39.60 —
62226	COGNI MAG	120	VCA	62.40 —		LIVER GI DETOX	120	VCA	47.90 —	52701	RESVERATROL EXTRA	120	VCA	70.80 —
58532	Collagen JS	60	VCA	33.20 —		Longevity nutrients	120	VCA	50.00 —	61810	Resveratrol Vesisorb	90	Cap	60.80 —
58555	COLLAGEN JS	120	VCA	60.70 —	58603	LUTEIN 20 MG	60	SGC	43.40	60518	RHODIOLA ROSEA 100 MG	90	VCA	17.10 —
40116	COLOSTRUM 40 % lgG	180	CAP	56.90 —		LUTEIN 20 MG	120	SGC	80.60 —	42467	RHODIOLA ROSEA 100 MG	180	CAP	30.90 —
41128	Colostrum 40 % lgG	90	Cap	32.10 —		Lutein Zeaxanthin	120	VCA	49.30 —	62083	Ribocarnitine Q10	180	VCA	76.50 —
19200	COPPER 2 GLYCINATE	60	CAP	8.90 —		LUTEIN ZEAXANTHIN 10/2	60	VCA	27.90 —	38333	RIBOSE PWD	250	PWD	92.50 —
30081	COQ10 120 MG	120	VCAP	96.60 —		LVR FORMULA	120	Cap	57.30 —	37739	Saccharomyces Boulardi	60	Cap	48.30 —
38062	COQ10 120 MG	60	CAP	55.20 —	40569	LYCOPENE 10 MG	100	CAP	53.80 —	64135	SAM E 200 MG	60	VCA	61.30 —
42819	COQ10 30 MG	120	VCA	33.10 —		LYCOPENE 20 MG	120	SGC	105.60 —	25459	SAW PALMETTO PLUS SGC	120	SGC	64.70 —
59479	Cortisol Calm	60	VCA	40.10 —		Lysine 500	90	Cap	10.80 —	65784	Saw Palmetto Plus SGC	60	SGC	35.00 —
65825	CRANBERRY D MANNOSE	180	VCA	81.60 —	65312	LYSINE 500	270	VCA	28.20	37208	SELENIUM 200 SELENOMET	180	CAP	29.10 —
56090	CRANBERRY D MANNOSE	90	VCA	44.60 —	35491	M R S MUSHROOM FORMULA	120	CAP	59.50 —	19206	SELENIUM 200 SELENOMET	60	CAP	11.30 —
29562	Cranberry NS 500 MG	90	VCA	28.50 —	33509	Macular Support Form	120	VCA	79.50 —	57347	SELENIUM CITRATE 200	60	VCA	8.60 —
60713	CURCUMA SORB (MERIVA)	180	VCA	46.50 —	19202	MAG CITRATE 150	90	CAP	13.50 —	58878	SELENIUM CITRATE 200	180	VCA	21.10 —
56553	Curcumin 500 mg W/Biop	120	VCA	64.30 —	34510	Mag Citrate 150 mg	180	Cap	23.20 —	32997	Silymarin	120	Cap	33.70 —
44244	CURCUMIN 97	120	VCA	43.90	55645	MAG CITRATE MALATE	90	VCA	13.50 —	51649	STRONTIUM CITRATE 227	180	VCA	39.90 —
58914	D MANNOSE POWDER	100	PWD	82.30 —	43914	MAG CITRATE MALATE	180	VCA	24.60 —	50551	STRONTIUM CITRATE 227	90	VCA	22.90 —
39061	D MANNOSE PWD	50	PWD	47.10 —	23148	Mag Glycinate 120 mg	90	Cap	19.50 —	53755	Synergy K	60	VCA	31.20 —
60345	D3 1000 IU	250	VCA	35.90 —	36995	MAG GLYCINATE 120 MG	180	CAP	33.40	52840	SYNERGY K	120	VCA	56.60
50549	D3 1000 IU	120	VCA	19.80 —		MAG GLYCINATE 120 MG	360	VCA	62.70 —	54552	SYSTEMIC ENZYME COMP	180	VCA	56.50 —
51277	D3 1000 IU	60	VCA	11.60 —		Mag glycinate liq	480	Liq	34.80 —	45156	Taurine 1000 mg	120	VCA	25.80 —
65327	D3 10000 IU	60	VCA	24.40 —	19203	MANGANESE 8 MG	60	CAP	9.10 —	19193	TAURINE 500	60	CAP	10.10 —
58007	D3 10000 IU	120	VCA	41.10 —	40054	Melatonin 0.5 MG	60	Cap	9.00 —	45043	Teavigo	120	VCA	89.80 —
51927	D3 5000 IU	120	VCA	27.70 —	41518	MELATONIN 0.5 MG	180	CAP	23.60 —	42749	THEANINE 200 MG	120	VCA	83.60 —
64702	D3 5000 IU	250	VCA	49.50 —	52899	MELATONIN 20 MG	60	VCA	30.90 —	45691	THEANINE 200 MG	60	VCA	46.00 —
51895	D3 5000 IU	60	VCA	15.40 —	53138	Melatonin 20 MG	180	VCA	76.50 —	52136	Thyroid Support Comp	120	VCA	47.40 —
53970 52135	D3 LIQUID Daily Stress formula	22M 180	LIQ VCA	27.50 — 53.40 —	44377	MELATONIN 3 MG Mens nutrients	180 180	VCA VCA	29.20 — 52.80 —	33663	TOCOTRIENOLS Tri Alkali	120 351	SGC PWD	89.90 — 25.70 —
22140	DGL +	180	VCAP	58.30 —	59207	MENS PURE PACK	30	PAK	62.30	58507 65751	TYROSINE 500 MG	90	VCA	23.80
19156	DGL +	60	CAP	20.00 —		METABOLIC XTRA	90	VCA	38.60 —	54841	UBIQUINOL QH 100 MG	60	SGC	71.20 —
59026	DHA LIQUID VEG	1 Z	Liq	53.60 —		METHIONINE 375	60	Cap	14.00 —	56385	Ubiquinol qh 200 Mg	60	SGC	127.10 —
30488	DHEA 10 MG	180	CAP	27.50 —	64471	METHYLASSIST	90	CAP	45.40 —	54899	UBIQUINOL QH 50 MG	60	SGC	45.50
26445 29898	DHEA 10 MG Dhea 25 Mg	60 180	CAP Cap	11.20 — 35.70 —	32961	METHYLCOB B12 1000 MCG Mineral 650	180 180	VCA Cap	37.70 — 25.50 —	44880 30257	ULTRA NUTRIENT Ultra nutrient	360 180	VCA	125.10 — 71.90 —
26446 57546	DHEA 25 MG DHEA 5 MG	60 180	CAP VCA	15.00 — 25.60 —		MINERAL 650 NO CU/FE MITOCHONDRIA ATP		CAP VCA	25.80 — 64.40 —		URIC ACID FORMULA Vascular relax BP	120 120	VCA VCA	35.50 — 55.60 —
45340	DHEA 5 MG	60	VCA	10.30 —	65210	MOTILPRO	180	VCA	47.70 —	50284	VINPOCETINE 20 MG	120	VCA	42.40 —
66894	DIGEST ENZYM ULT BET	180	VCA	53.60 —	36731	MSM 850 MG	250	CAP	43.10 —	54718	VINPOCETINE 20 MG	60	VCA	24.00 —

# Visit www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.

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- Order Products: Use the fully functional, secure web site to select and order products from Willner Chemists.
- Radio Show: Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.
- What's On Sale? Check the web site to see what is currently on sale, and look for the current web specials.
- Latest News and Events: Read about latest nutritional supplement developments, research and news.
- Free excerpts from **The Best Supplements For Your Health** in the reference library section.
- ...and remember to check out Don Goldberg's Blog! www.dongoldberg.com





arthritis—osteo asnd rheumatoid) to any condition where cortico-steroid drug use is indicated. This includes Crohn's disease, colitis and bursitis.

## **Ingredients:**

Phyto-Tech™ Turmeric Root 1:1.5 Liquid Fluidextract contains Certified Organic Fresh Turmeric Root (Curcuma longa), 667 mg per Serving, Alcohol Pure Grain, Water Pure

Now available as a regular (powder) vegetarian capsule or a liquid filled vegetarlian capsule:

Each fresh ground powdered Tumeric capsule contain 450 mg of Standardized (95% Curcumanoids) Turmeric Root, along with 5 mg of Bioperine for enhanced absorption.

Each liquid filled veggi cap Tumeric capsule contains Organic Turmeric Root, 400 mg, Tumeric Root Extract (95% Curcuminoids, 95 mg), 100 mg, Turmeric Root (CO2 Supericritical Extract, with 40% Turmerones, 20 mg), 50 mg, and Black Pepper Fruit Extract, 5 mg. Other Ingredients: Soy Lecithin, Vegetable Cellulose, Medium Chain Triglycerides, Chlorophyll.

# **Urinary Kidney Complex**

A blend of herbs effective against urinary tract infections - acute and chronic.

1 fl oz - Product Code: 56990

# Who might benefit from this herb?

• Those with urinary tract infections, both acute and chronic. Ingredients:

Phyto-Tech<sup>™</sup> Urinary Kidney Complex contains the following: Uva Ursi Leaf, Nettle Leaf, Fresh Dandelion Root, Juniper Berries, Fresh Marshmallow Root, Horsetail Herb, Fresh Ginger Root, Grain Alcohol, Deionized Water

The Uva Ursi is germicidal in the urinary tract. Juniper and Myrrh are also strong antibacterial herbs for the urinary tract.

VCA 102.30 -

It is important to increase the flow of urine to wash out the urinary tract. This is facilitated by the addition of Dandelion, Nettle. It helps to drink large amounts of water as well. The Marshmallow is a soothing herb to the mucosa of the urinary tract to help decrease pain and discomfort.

# Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water.

For acute infection: 60-90 drops every 3-4 hours in juice or

# Uva Ursi Leaf 1:3

# A powerful urinary tract antiseptic and diuretic.

1 fl oz - Product Code: 57042

# Who might benefit from this herb?

• Those with urinary tract infections.

Phyto-Tech™ Uva Ursi Leaf contains arbutin, which is thought to be responsible for the herbs powerful urinary tract antiseptic properties. It is best used short term,, for acute situations, for up to 2-3 weeks. It is often combined with cranberry juice to acidify the urine. It also exhibits diuretic properties, and helps to flush the urinary tract.

# Dosage:

COLD SORE FREE SALVE

63829

ECZEMA & PSORIASIS FR

1 Z 1 Z

30-60 drops 2-3 times per day or as needed in juice or water. Can increase dose to 4-5 times per day in very acute situations for a few days.

# Valerian Root 1:2

Valerian has been used as a sedative and antianxiety treatment for more than 2,000 years. Valerian extracts were widely used in the U.S. and Europe, until replaced by prescription sedative drugs.

1 fl oz - Product Code: 56951

1 fl oz - Alcohol Free - Product Code: 56978 90 Veggie Caps - Product Code: 60138

# Who might benefit from this herbal supplements?

• Valerian has a long history of use as a sedative and sleep aid. Many consider Valerian to be the strongest western herbal central nervous system sedative. Valerian will quiet a busy mind. It can promote sleep for those who cannot fall asleep and helps those who wake up in the middle of the night. Repeat the doses as needed within a night to facilitate sleep. The liquid is significantly faster in action compared to a tablet or capsule, which must be digested before it can be absorbed, so liquids are preferred for fastest action. It will help calm one down when going through difficult emotional and mental times or when in therapy and in turmoil. Taking Valerian during the day can make one feel tired, sedated or a little out of it. Thus, caution is advised. This can sometimes be controlled my altering the dosage.

Many consider valerian to be the strongest western herbal painkiller as well. It will reduce pain in the musculo-skeletal system (i.e. muscle and joint pain from injury, accidents, work outs, surgeries). Valerian may be enough to control pain after relatively mild surgeries or dental procedures. It is also a smooth muscle relaxer for pain from menstrual cramps, digestive cramps, gall bladder and kidney stones. According to herbalists, Valerian will not remove all pain like a pharmaceutical pain killer but will instead, reduce the percent of pain recognition by 10-50%.

Contrary to popular belief, Valium was not derived from Valerian. They sound alike and are used for similar conditions, but are not related. The generally acknowledged active constituent, especially for purposes of standardization, is valerenic acid.

Ingredients:

... continued on page 108

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease

VISON PRO

**WOMENS NUTRIENTS** 

# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

17.95 16.15



44936   CANDEX	44738 ZINC CITRATE 30 MG 44737 ZINC CITRATE 30 MG  PURE ESSENCE LABS 66827 BRAIN ESSENCE TABS	180 60 60 180 60 120 40	CAP CAP VCA VCA TAB VCA	31.10 12.30 9.00 21.60 66.15	
44737 ZINC CITRATE 30 MG 80 VCA 9.00 —  PURE ESSENCE LABS  66827 BRAIN ESSENCE TABS 60 TAB 66.15 52.3 42294 CANDEX 120 VCA 76.79 61. 56726 D 2000 30 CAP 9.98 7.3 44162 ENERGY PLUS 60 TAB 39.98 31. 50739 ENERGY PLUS 120 TAB 66.14 52.5 55313 IONIC FIZZ CAL PLUS 15Z PWD 53.83 31. 50739 ENERGY PLUS 15Z PWD 53.83 31. 55652 IONIC FIZZ CAL PLUS 15Z PWD 53.83 32. 2 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 38.82 27. 55614 VISION 60 TAB 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 70 TAB 49.58 39. 67658 PRO MIND POWDER 90 CAP 59.95 53.1 67071 AMALA C PLUS TAB 40.0 67658 PRO MIND POWDER 30G PWD 14.99 13. 67659 PRO MIND POWDER 30G PWD 14.99 13. 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 15.99 34.4 6751 GREEN KAMUT WHEATGRASS 90G PWD 15.99 34.4 67528 SPIRULINA PWD PURE 47 PWD 22.95 20. 67629 SPIRULINA PWD PURE 47 PWD 25.99 30. 67629 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65314 TART CHERRY 16Z LIQ 35.02 31.3 67728 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65327 ACNE FREE SALVE 12 SLV 14.95 13.5	44738 ZINC CITRATE 30 MG 44737 ZINC CITRATE 30 MG  PURE ESSENCE LABS 66827 BRAIN ESSENCE TABS	60 60 180 60 120 40	CAP VCA VCA TAB VCA	12.30 9.00 21.60 66.15	
44737 ZINC CITRATE 30 MG 80 VCA 9.00 —  PURE ESSENCE LABS  66827 BRAIN ESSENCE TABS 60 TAB 66.15 52.3 42294 CANDEX 120 VCA 76.79 61. 56726 D 2000 30 CAP 9.98 7.3 44162 ENERGY PLUS 60 TAB 39.98 31. 50739 ENERGY PLUS 120 TAB 66.14 52.5 55313 IONIC FIZZ CAL PLUS 15Z PWD 53.83 31. 50739 ENERGY PLUS 15Z PWD 53.83 31. 55652 IONIC FIZZ CAL PLUS 15Z PWD 53.83 32. 2 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 38.82 27. 55614 VISION 60 TAB 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 70 TAB 49.58 39. 67658 PRO MIND POWDER 90 CAP 59.95 53.1 67071 AMALA C PLUS TAB 40.0 67658 PRO MIND POWDER 30G PWD 14.99 13. 67659 PRO MIND POWDER 30G PWD 14.99 13. 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 15.99 34.4 6751 GREEN KAMUT WHEATGRASS 90G PWD 15.99 34.4 67528 SPIRULINA PWD PURE 47 PWD 22.95 20. 67629 SPIRULINA PWD PURE 47 PWD 25.99 30. 67629 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65314 TART CHERRY 16Z LIQ 35.02 31.3 67728 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65327 ACNE FREE SALVE 12 SLV 14.95 13.5	44738 ZINC CITRATE 30 MG 44737 ZINC CITRATE 30 MG  PURE ESSENCE LABS 66827 BRAIN ESSENCE TABS	60 180 60 120 40	VCA VCA TAB VCA	9.00 21.60 66.15	_
44737 ZINC CITRATE 30 MG 80 VCA 9.00 —  PURE ESSENCE LABS  66827 BRAIN ESSENCE TABS 60 TAB 66.15 52.3 42294 CANDEX 120 VCA 76.79 61. 56726 D 2000 30 CAP 9.98 7.3 44162 ENERGY PLUS 60 TAB 39.98 31. 50739 ENERGY PLUS 120 TAB 66.14 52.5 55313 IONIC FIZZ CAL PLUS 15Z PWD 53.83 31. 50739 ENERGY PLUS 15Z PWD 53.83 31. 55652 IONIC FIZZ CAL PLUS 15Z PWD 53.83 32. 2 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 76.79 61. 55680 ONE 6 ONLY WOMENS FORM 90 TAB 38.82 27. 55614 VISION 60 TAB 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1 62616 VISION ESSENCE 70 TAB 49.58 39. 67658 PRO MIND POWDER 90 CAP 59.95 53.1 67071 AMALA C PLUS TAB 40.0 67658 PRO MIND POWDER 30G PWD 14.99 13. 67659 PRO MIND POWDER 30G PWD 14.99 13. 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 14.99 34.97 31.4 67658 PRO MIND POWDER 30G PWD 15.99 34.4 6751 GREEN KAMUT WHEATGRASS 90G PWD 15.99 34.4 67528 SPIRULINA PWD PURE 47 PWD 22.95 20. 67629 SPIRULINA PWD PURE 47 PWD 25.99 30. 67629 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65314 TART CHERRY 16Z LIQ 35.02 31.3 67728 SPIRULINA PWD PURE 47 PWD 13.21 11.5 65327 ACNE FREE SALVE 12 SLV 14.95 13.5	44738 ZINC CITRATE 30 MG 44737 ZINC CITRATE 30 MG  PURE ESSENCE LABS 66827 BRAIN ESSENCE TABS	180 60 120 40	VCA TAB VCA	21.60	_
### PURE ESSENCE LABS    68827   BRAIN ESSENCE TABS   60	PURE ESSENCE LABS 66827 BRAIN ESSENCE TABS	60 120 40	TAB VCA	66.15	
CARDEX	66827 BRAIN ESSENCE TABS	120 40	VCA		52 O2
42294 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 440 VCA 36.77 29. 56726 D 2000 30 CAP 9.98 7. 44162 ENERGY PLUS 50739 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57030 ENERGY PLUS 57030 PAK 57030		120 40	VCA		E2 02
42294 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 44936 CANDEX 440 VCA 36.77 29. 56726 D 2000 30 CAP 9.98 7. 44162 ENERGY PLUS 50739 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57039 ENERGY PLUS 57030 ENERGY PLUS 57030 PAK 57030		120 40	VCA		:1/ :1/
44936 CANDEX 44936 CANDEX 56726 D 2000 30 CAP 9.98 7: 44162 ENERGY PLUS 60 TAB 39.98 7: 57373 ENERGY PLUS 120 TAB 66.14 52: 55313 IONIC FIZZ CAL PLUS 15Z PWD 53.83 43.1 55052 IONIC FIZZ MAG PLUS PK 30 PAK 46.14 36.1 42952 LIFE ESSENCE 120 TAB 49.58 39.1 558322 ONE & ONLY WOMENS FORM 90 TAB 76.79 61. 52680 ONE & ONLY WOMENS FORM 30 TAB 33.82 27. 55614 VISION 60 TAB 50.76 40.1 62616 VISION ESSENCE 60 VCA 50.76 40.1  PURE LIFE LLC 60278 GABATROL CAP STRES ANX 90 CAP 59.95 53.1 59783 GABATROL CAP STRES ANX 45 CAP 34.97 31.4 60040 GABATROL PWD STRES ANX 45 CAP 34.97 31.4 60040 GABATROL PWD STRES ANX 60C PWD 34.97 31.4 67658 PRO MIND POWDER 30C PWD 14.99 13.7  PURE PLANET  44539 ALDE VERA 40 X CONCEN 4.5 LIQ 29.00 26.1 66666 AMILA C PLUS FWD 4Z PWD 13.25 11.1 36333 AMILA C PLUS TAB 200 TAB 11.68 10.1 44099 CHLOREILA 200 MG 300 TAB 15.95 14.1 44099 CHLOREILA PWD 4Z PWD 22.25 20.1 44432 COCONUT OIL TROPIC 16Z LIQ 14.50 13.1 24676 GREEN KAMUT WHEATGRASS 90C PWD 29.99 26.1 31971 GREEN KAMUT WHEATGRASS 90C PWD 29.99 26.1 31971 GREEN KAMUT WHEATGRASS 90C PWD 29.99 26.1 31971 GREEN KAMUT WHEATGRASS 90C PWD 29.99 26.1 56330 IONIC ELEMENTS LIQ 4Z LIQ 36.00 28.1 24408 JUST BARLEY GREEN 80C PWD 25.99 30.2 56330 IONIC ELEMENTS LIQ 4Z LIQ 36.00 28.1 25314 TART CHERRY 12 SLV 14.95 13.1  PUREMEDY  63827 ACNE FREE SALVE 1Z SLV 14.95 13.1		40		/h / 4	61.43
S6726   D 2000   30   CAP   9.98   7.3			VI:A		29.41
### ### ### ### ### ### ### ### ### ##					7.98
Second   S	AA162 FNFRGY PLUS	60			
Second   S	50739 FNERGY PLUS	120			52.91
Second   S	55313 IONIC FIZZ CAL PLUS	157			43.06
Second   S	55052 IONIC FIZZ GAETEGO	30			36.91
Second   S	42952 LIFF FSSENCE	120			39.66
STABLE   S	58322 ONE & ONLY WOMENS FORM	90			
STATE   STAT	52680 ONE & ONLY WOMENS FORM				27.06
## PURE LIFE LLC    GOZ78   GABATROL CAP STRES ANX   90   CAP   59.95   53.59783   GABATROL CAP STRES ANX   45   CAP   34.97   31.460040   GABATROL PWD STRES ANX   606   PWD   34.97   31.460040   GABATROL PWD STRES ANX   606   PWD   34.97   31.460040   GABATROL PWD STRES ANX   606   PWD   34.97   31.460040   ASSET AND PWD   ASSET AN					40.60
### PURE LIFE LLC    60278   Gabatrol Cap Stres anx   90   Cap   59.95   53.25     59783   Gabatrol Cap Stres anx   45   Cap   34.97   31.4     60040   Gabatrol Pwd Stres anx   606   Pwd   34.97   31.4     67658   Pro Mind Powder   306   Pwd   14.99   13.4      FURE PLANET   44539   Alde Vera 40 x Concen   4.5   Liq   29.00   26.6     60666   Amla C Plus Tab   200   Tab   18.75   16.6     67071   Amla C Plus Tab   200   Tab   16.95   14.4     43415   Chlorella Pwd   47   Pwd   22.25   20.1     44432   Coconut Oil Tropic   167   Liq   14.50   13.1     24676   Green Kamut Wheatgrass   906   Pwd   29.99   26.3     31971   Green Kamut Wheatgrass   906   Pwd   29.99   26.3     56330   Ionic Elements Liq   47   Liq   36.00   28.1     24408   Just Barley Green   806   Pwd   25.99   20.1     67298   Spirulina Pwd Pure   47   Pwd   32.21   11.3     55314   Tart Cherry   12   SUV   14.95   33.1      PUREMIEDY   12   SUV   14.95   33.1     67827   Acne Free Salve   17   SUV   14.95   33.1     14.95   13.1   11.4   15.1     6827   Acne Free Salve   17   SUV   14.95   13.1     15387   153					40.60
60278 GABATROL CAP STRES ANX 59783 GABATROL CAP STRES ANX 60040 GABATROL PWD STRES ANX 6064 PWD 34.97 31.4 67658 PRO MIND POWDER  45 QAP WD 14.99 13.2 67666 AMIA C PLUS FWD 4Z PWD 13.25 11.4 67071 AMIA C PLUS TAB 100 TAB 11.68 10.3 67071 AMIA C PLUS TAB 100 TAB 11.68 10.3 67071 AMIA C PLUS TAB 100 TAB 11.68 10.3 64099 CHLORELLA 200 MG 300 TAB 15.95 14.4 64099 CHLORELLA PWD 4Z PWD 22.25 20.1 64432 COCONUT OIL TROPIC 16Z LIQ 14.50 13.1 62666 GREEN KAMUT WHEATGR VC 240 CAP 38.69 34.3 6331971 GREEN KAMUT WHEATGR VC 240 CAP 38.69 34.3 65630 IONIC ELEMENTS LIQ 4Z LIQ 36.00 28.3 65630 GREEN S BEST OF GREENS 5Z PWD 29.99 23.3 65630 IONIC ELEMENTS LIQ 4Z LIQ 36.00 28.3 65692 SPIRULINA PWD PURE 4Z PWD 13.21 11.3 65692 SPIRULINA PWD PURE 4Z PWD 13.21 11.3 65314 TART CHERRY 16Z LIQ 35.02 31.3  PUREMIEDY  63827 ACNE FREE SALVE 1Z SLV 14.95 13.4			VUA	30.70	40.00
S9783   GABATROL CAP STRES ANX   45			CAD	EU 0E	E2 0E
Color   Cabatrol PWD STRES ANX   606   PWD   34.97   31.4	DUZ/8 GABATROL CAR STRES ANX	90			
PURE PLANIET	59/83 GABAIRUL GAP SIRES ANX	40 coc			
## PURE PLANET  44539   ALDE VERA 40 X CONCEN   4.5   LIQ   29.00   26.50666   AMILA C PLUS TAB   200   TAB   18.75   16.50666   AMILA C PLUS TAB   200   TAB   18.75   16.5071   AMILA C PLUS TAB   200   TAB   18.75   16.5071   AMILA C PLUS TAB   100   TAB   11.68   10.9   43415   CHLORELLA 200 MG   300   TAB   15.95   14.5071   44099   CHLORELLA PWD   4.7   PWD   22.25   20.9   22.65   20.9   24.676   GREEN KAMUT WHEATGR VC   240   CAP   38.693   31.971   GREEN KAMUT WHEATGRASS   906   PWD   29.99   26.5071   29.99   26.5071   29.99   26.5071   29.99   26.5071   29.99   20.5071   2					
44539   ALOE VERA 40 X CONCEN   4.5   LIO   29.00   26.60666   AMILA C PLUS PWD   4 Z   PWD   13.25   11.9	· _ · · · ·	<b>JU</b> U	PWU	14.99	13.49
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	PURE PLANET				
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	44539 ALOE VERA 40 X CONCEN	4.5	LIQ	29.00	26.10
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	60666 AMLA C PLUS PWD	4 Z	PWD	13.25	11.93
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	36333 AMLA C PLUS TAB	200	TAB	18.75	16.88
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	67071 AMLA C PLUS TAB	100	TAB	11.68	10.51
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	43415 CHLORELLA 200 MG	300	TAB	15.95	14.35
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	44099 CHLORELLA PWD	4 Z	PWD	22.25	20.02
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	44432 COCONUT OIL TROPIC	16Z	LIQ	14.50	13.05
31971   GREEN KAMUT WHEATGRASS   456   PWD   17.39   16.	24676 GREEN KAMUT WHEATGR VC	240		38.69	34.82
61402 GREENS BEST OF GREENS 5 7 PWD 29.99 23.1 56330 IONIC ELEMENTS LIQ 4 7 LIQ 36.00 28.2 24408 JUST BARLEY GREEN 806 PWD 25.99 32.3 65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14.6 67298 SPIRULINA PWD PURE 4 7 PWD 13.21 11.1 55314 TART CHERRY 162 LIQ 35.02 31.1 PUREMIEDY  63827 ACNE FREE SALVE 1 2 SLV 14.95 13.4	22095 GREEN KAMUT WHEATGRASS	ฮบน			26.99
61402 GREENS BEST OF GREENS 5 7 PWD 29.99 23.1 56330 IONIC ELEMENTS LIQ 4 7 LIQ 36.00 28.2 24408 JUST BARLEY GREEN 806 PWD 25.99 32.3 65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14.6 67298 SPIRULINA PWD PURE 4 7 PWD 13.21 11.1 55314 TART CHERRY 162 LIQ 35.02 31.1 PUREMIEDY  63827 ACNE FREE SALVE 1 2 SLV 14.95 13.4	31971 GREEN KAMUT WHEATGRASS	45G	PWD	17.89	16.10
47751 RED MARINE ALGAE PLUS 90 TAB 35.95 32.1 65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14. 67298 SPIRULINA PWD PURE 4 Z PWD 13.21 11.1 55314 TART CHERRY 16Z LIQ 35.02 31.1  PUREMIEDY 63827 ACNE FREE SALVE 1 Z SLV 14.95 13.4	61402 GREENS BEST OF GREENS	5 Z	PWD	29.99	23.99
47751 RED MARINE ALGAE PLUS 90 TAB 35.95 32.1 65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14. 67298 SPIRULINA PWD PURE 4 Z PWD 13.21 11.1 55314 TART CHERRY 16Z LIQ 35.02 31.1  PUREMIEDY 63827 ACNE FREE SALVE 1 Z SLV 14.95 13.4	56330 IONIC ELEMENTS LIQ	4 Z	LIQ	36.00	28.80
47751 RED MARINE ALGAE PLUS 90 TAB 35.95 32.1 65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14. 67298 SPIRULINA PWD PURE 4 Z PWD 13.21 11.1 55314 TART CHERRY 16Z LIQ 35.02 31.1  PUREMIEDY 63827 ACNE FREE SALVE 1 Z SLV 14.95 13.4	24408 JUST BARLEY GREEN	80G	PWD		20.79
65692 SPIRULINA PWD CHOCO MT 936 PWD 15.99 14.3 67298 SPIRULINA PWD PURE 4Z PWD 13.21 11.1 55314 TART CHERRY 16Z LIQ 35.02 31.1  PUREMIEDY 63827 ACNE FREE SALVE 1Z SLV 14.95 13.4	42751 RED MARINE ALGAE PLUS				32.36
55314 TART CHERRY 16Z LIQ 35.02 31.1  PUREMIEDY  63827 ACNE FREE SALVE 1Z SLV 14.95 13.1	65692 SPIRULINA PWD CHOCO MT				14.39
55314 TART CHERRY     16Z LIQ 35.02 31.9       PUREMIEDY       63827 ACNE FREE SALVE     1Z SLV 14.95 13.9	67298 SPIRULINA PWD PURE				11.89
PUREMEDY 63827 ACNE FREE SALVE 1Z SLV 14.95 13.0					31.52
63827 ACNE FREE SALVE 1 Z SLV 14.95 13.4					
		17	SIV	1/1 05	13.45
UJUUU DEMON JMEVE EATHM DHMVV 1 Z JEV Z4.33 ZZ.					22.45
	03000 DEAGN SALVE ENTITA DITAW	1 4	OLV	24.33	<i>LL</i> .4J

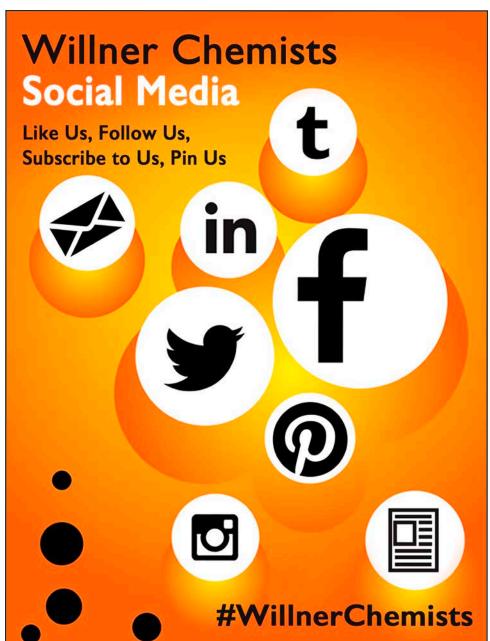
63830	FUNGUS FREE SALVE	1 L	STA	17.95	16.15
63831	HEALING SALVE ORIGINAL	1 Z	SLV		13.45
63833	ROSACEA FREE SALVE	1 Z	SLV	24.95	22.45
65003	SHINGLES RELIEF CRM	1 Z	CRM	24.95	22.45
65004	SKIN TAG RELIEF CRM	17	CRM	23.95	21.55
63834	WART RELEIF SALVE	17	SLV	19.95	17.95
QU	ALITY OF LIFE				
50983	AHCC 250 KINOKO SILV	60	CAP	44.95	35.96
44012	AHCC 500 GOLD KINOKO	60	CAP	75.00	
58252	AHCC 750 PLATIN KINOKO	60	VCA	85.00	
60099	AHCC RX 300 MG VEG SGC	60	SGC	49.95	
58732	ALLERFIN	60	VCA	34.99	
53145	COGNI Q	60	CAP	34.95	27.96
57800	COQ10 SR 100 MG	30	VCA		15.99
57702	GENIKINOKO GCP 500	60	VCA	135.00	
59572	IMMUNOKINOKO AHCC 750	60	VCA		78.40
68055	LYCOCELL	60	SGC	35.00	35.00
50985	NEPTUNE KRILL OIL	30	SGC		19.96
54239	OLIGONOL	30	CAP	29.95	23.96
67238	PRESIQUEL QOL	30	VCA	20.00	
58880	PROSTACELL DUAL ACTION	120	CAP	39.95	31.96
61168	SEROTONIN	90	VCA	34.95	27.96
57799	VITA DOO 20 MC	วก	VCA	29.95	23.96
63219	VITA POO ENHANC BIOO10	30	VCA	24.95	19.96
	ANTUM	JU	VUA	24.00	13.30
		4.7	OPV	0.00	7.00
51648	BUZZ AWAY EXTREME BUZZ AWAY XTREME DT FR CANKER CARE PLUS GEL ELDERBERRY C SYRUP FINERFERY EYT	4 Z	SPY	9.99	7.99
67061	BUZZ AWAY XIKEME DI FK	8 Z	SPY	16.99	
55597	CANKER CAKE PLUS GEL	.33	GEL		7.19
33779	FLDERBERKA C ZAKOL	4 Z	LIQ	14.99	
27346		4 Z 60 2 Z	CAP	11.19	8.95
26409	IMMUNE SUPPORT COLD &	27	LIQ		11.99
23555	MIGRELIEF	60	CAP	30.89	24.71
51729	SUPER IMMUNE +	90	VCA	14.99	11.99
41448	SUPER LYSINE + CLD STK	1EA	PAK	7.19	5.75
27566	SUPER LYSINE + LIQ	27	LIQ	14.99	11.99
26719	SUPER LYSINE + CRM	21G	CRM	18.39	14.71
18457	SUPER LYSINE + CRM	7G	CRM	8.19	6.55
18459	SUPER LYSINE + TAB	180	TAB	19.69	
18458	SUPER LYSINE + TAB	90	TAB	9.99	7.99
28766	XXXBUZZ AWAY DEET FREE	6 Z	LIQ	9.99	7.99
23824	ZINC ECHIN LOZ	48	LOZ	10.59	8.47
QU	NCY BIOSCIENCE				
66468	PREVAGEN D 10 MG	60	VCA	74.95	74.95
56050	PREVAGEN D 10 MG	30	CAP	49.95	49.95
60446	PKEVAGEN U ZU MG	30	CAP	59.95	59.95
64906	PROVEGEN PRO 40 MG	30	CAP	89.95	89.95

RA	INBOW LIGHT				
60693	50+ MINI MULTIVITAMIN	180	TAB	41.99	33.59
43449	ACTIVE ADULT $50 + SENI$	90	TAB	47.99	38.39
56677	ACTIVE TEEN MULTI	90	TAB	42.09	33.67
25584	ADVANCED ENZYME SYSTEM	180	CAP	46.29	37.03
24215	B COMPLEX COMPLETE	90	TAB	24.49	19.59
53803	BEAR ESS GUMMY MULTI	30	PAK	20.29	16.23
65774	BRIGHT ENERGY BLISTER	30	CAP	20.29	16.23
50994	C 1000 SUPER	120	TAB	32.09	25.67
62696	C SLICES GUMMIES	90	CHW	14.99	11.99
66129	CAL CITRATE BER WLL PK	30P	GUM	24.49	19.59
58991	CAL CITRATE CHW CHOC	45	CHW	26.59	21.27
58866	CAL CITRATE MINI TAB	120	TAB	15.99	12.79
42397	CAL FOOD BASED 500 MG	90	TAB	15.99	12.79
37543	CAL FOOD BASED 500 MG	180	TAB	26.19	20.95
52482	COUNTER ATT IMMUN RESP	30	TAB	18.19	14.55
60690	COUNTER ATTACK IMMUNO	90	TAB	44.79	35.83
61801	D 2500 IU GUMMY BERRY	50	GUM	16.99	13.59
56471	D 400 SUNNY GUMMIES	60	GUM	12.99	10.39
54688	D3 1000 SUNNY GUMMIES	50	CHW	14.39	11.51
64031	D3 1000 SUNNY GUMMIES	100	GUM	21.39	17.11
63238	EMBRACE PRENATAL $35+$	90	VCA	55.99	44.79
25439	EVERYDAY CAL W/ENZ	120	TAB	24.09	19.27
41322	EVERYDAY CAL W/ENZYMES	240	TAB	45.79	36.63
60556	FIBER GARDEN GUMMIES GUMMI POWER SOURS PAK IRON PLANT SOURCE ORG JUST ONCE IRON FREE JUST ONCE W/IRON JUST ONCE W/IRON KIDS ONE MULTISTARS LIVER SAFEGUARD MAGNESIUM CALCIUM + MENOPAUSE ONE MULTI MENS ENERGY MULTI GUMM	30	PAK	23.49	18.79
53801	GUMMI POWER SOURS PAK	30	PAK	20.29	16.23
61632	IRON PLANT SOURCE ORG	50	VCA	31.99	25.59
30406	JUST ONCE IRON FREE	120	TAB	63.99	51.19
42396	JUST ONCE W/IRON	60	TAB	31.99	25.59
25543	JUST ONCE W/IRON	120	TAB	56.49	45.19
51786	KIDS ONE MULTISTARS	90	CHW	27.99	22.39
66958	LIVER SAFEGUARD	50	CAP	38.39	30.71
19125	MAGNESIUM CALCIUM +	180	TAB	34.09	27.27
44518	MENUPAUSE UNE MULII	90	TAB	44.49	35.59
66127	MENS ENERGY MULII GUMM	30P	PAK	26.69	21.35
67528	MENS MULII + ENERG VII	120	VCA	48.89	39.11
67525	MENOPAUSE ONE MULTI MENS ENERGY MULTI GUMM MENS MULTI + ENERG VIT MENS MULTI + STRESS MENS MULTI ORGANIC MENS ONE MULTI MENS ONE MULTI MENS ONE MULTIVITAMIN	120	VCA	51.59	41.27
58236	MENS MULII UKGANIC	120	TAB	44.19	35.35
42395	MENS ONE MULII	30	TAB	17.99	14.39
40765	MENS UNE MULII	90	TAB	42.49	33.99
53805	MENS ONE MOLITATION	150	TAB	54.99	43.99
65899	WENTAL GALW	<b>JU</b>	TAB	17.59	14.07
52484	MINT ASURE	75	CAP	7.89	6.31
52028	NAIL HAIR & SKIN	60	TAB	24.49	19.59
51708	NUTRISTART MULTI PWD	25	PAK	25.09	20.07
60511	OMEGA BRAIN PERFORMANC	60	FSG	41.59	33.27
65770	PAIN EZE	40	TAB	13.99	11.19
65771	PAIN EZE BLISTER PAK	30	TAB	11.49	9.19
51036	PERFORM ENERGY MEN	90	TAB	39.99	31.99
67527	PRENATAL MULTI + ENERG	120	VCA	48.89	39.11
53804	PRENATAL ONE MULTI	150	TAB	59.99	47.99

# www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com





# **Collagen Improves Brittle Nails**

In this open-label, non-placebo trial, 25 people took 2,500 mg of bioactive collagen peptides per day for 24 weeks. Doctors measured nail health before, during, and after the study.

After 12 weeks, nail growth had increased by 10 percent, by 12 percent after 24 weeks, and continued increasing by 15 percent four weeks after stopping collagen. Before the study, participants reported breaking nails 10 times per month, and just six times per month at 24 weeks. Nail peeling, irregular edges, and roughness declined by half at 12 weeks.

At the end of the study, 80 percent of the women were totally satisfied with collagen, and 46 percent rated overall improvement as a 9 or 10 on a scale of 1 to 10. Most participants also said they believed their nails were longer, stronger, and grew faster.

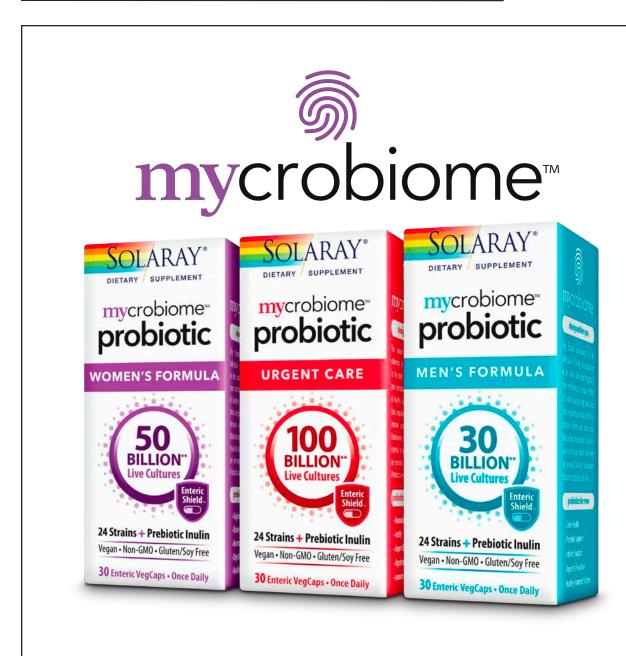
Collagen is the main protein of connective tissue in animals and the most abundant protein in mammals. It is composed of long, fibrous structural proteins. Collagen is the main component of cartilage, skin, ligaments, tendons, bone, and teeth. In other words, it is one of the building blocks composing hair, skin, nails and other connective tissue. We know that oral supplementation with other connective tissue precursors biotin, silicon, vitamin C, etc will enhance the growth and health of hair, skin and nails, as well as joint health. It should not be a surprise that

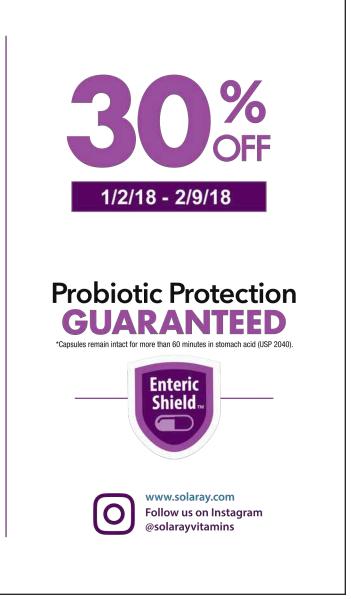
collagen would do the same.

The pharmacists and nutritionists at Willner Chemists are available to help you choose the collagen supplement, or a "hair-skin-nails" supplement that best suits your specific needs

(Reference: Journal of Cosmetic Dermatology; August, 2017, 12393, Published Online)









Phyto-Tech™ Valerian Root 1:2 contains Fresh Valerian Root, 500 mg/ml.

Also available in vegetarian capsule form. Each Phyto-Tech™ Valerian Veggie Cap contains 500 mg of certified organic Valerian Root.

# White Willow Bark 1:2

White Willow is one of the herbs originally associated with aspirin. White Willow (and Meadowsweet) contains salicin, a substance that reduces pain and inflammation. A chemical derivative of salicin, acetylsalicic acid, is aspirin. Like aspirin, White Willow has a mild "blood thinning" action, which is usually considered beneficial to the heart and circulatory system.

1 fl oz - Product Code: 57044

Who might benefit from this herbal supplement?

• Those who need relief from pain, including headache pain, arthritic or joint pain, etc.

# Ingredients:

Phyto-Tech™ White Willow Bark 1:2 contains White Willow Bark, Alcohol, Pure Grain, Water, Pure Deionized

# **Women's Energy Tonic**

A combination of herbs that function as adaptogens, hormone balancers and circulatory stimulants.

1 fl oz - Product Code: 57086

# Who might benefit from this herbal supplement?

- Those women that help optimizing hormone balance;
- · Those women seeking an increase in energy and vitality;
- Those women who need protection against the negative effect of stress;
- Those women with mood swings, irritability, fatigue, PMS,

stress, low libido and mild depression.

# **Ingredients:**

Phyto-Tech™ Women's Energy Tonic contains the following: Dong Quai root, Ashwagandha Root, Damiana Leaf, Gotu Kola Leaf, Fresh Ginkgo Leaf, Chaste Tree Berry, American Ginseng Root, Grain Alcohol and Pure Deionized Water. Dong Quai and Chaste Tree Berry are popular herbs used for many menstrual irregularities. These herbs help regulate menstrual cycles, treat hot flashes, PMS, mood swings, bloating and infertility.

Ashwagandha and American Ginseng are adaptogenic herbs that increase vigor, energy, vitality and resistance to illness and environmental stresses. Together, these two herbs work synergistically to prevent breakdown under stress and to also rejuvenate and restore vitality.

Damiana has been called the "lover's herb" due to its traditional use as an aphrodisiac. It supports both female and male sexuality by carrying oxygen and increasing circulation to the genital area. It has also been used for strengthening and stimulating the nervous system and boosting mental and physical endurance.

Gotu Kola has been traditionally used as an energizing, cognitive stimulating herb for use in fatigue, cognitive insufficiency and mood disorders.

Phyto-Tech™ Women's Energy Tonic can be used for occasional hormonal disturbances, but is best used as a tonic over an extended period of time (at least 3 months).

40-60 drops in juice or water, 2-3 times per day or as needed

# Wormwood

Traditionally used by herbalists as a bitter, to improve digestion, to fight worm or parasite infestations, and as a treatment for liver and gallbladder probems.

1 fl oz - Product Code: 57056

# **Yin Chiao Plus**

A traditional Chinese Liquid Herbal Formula, traditionally used at the first sign of the common cold or flu. Can also be helpful as a preventive measure after suspected exposure to cold or flu.

1 fl oz - Product Code: 56993

# **Ingredients:**

Phyto-Tech™ Yin Chiao Plus contains the following herbs: Botanical Names: Isatis indigota Root, Ilex asprella Root, Chrysanthemum morifolium Flower, Forsythia suspensa Fruit, Lonicera japonica Flower, Lophatherum gracile Herb, Pueraria lobata Root, Schizonepeta tenuifolia Herb, Grain Alcohol, Deionized Water.

Pinyin Names: Ban Lan Gen, Gang Mei Gen, Ju Hua, Lian Qiao, Jin Yin Hua, Dan Zhu Ye, Ge Gen, Jing Jie For those with knowledge of Traditional Chinese Medicine, this formula Disperses Wind Heat, Clears heat, and resolves toxins. Combines Yin Qiao San (Wu Jutang, 1798.) and Gan Mao Ling.

This formula is a traditional Yin Chiao blend, but here it mixes in the herbs from the Gan Mao Ling fame. This is an extremely effective medicine if taken as soon as symptoms appear. Efficacy will lessen by the third day. Four of the herbs are very powerful antivirals: Isatis, Ilex, Lonicera

... continued on page 110

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

# healthnotes

# **Vitamin K2 Enhances Athletic Performance**

We have discussed the role of vitamin K2 in cardiovascular health elsewhere in this publication.

n addition to this, other common medical uses for vitamin K2, specifically, are the following: treatment of osteoporosis and steroid or disease-induced bone loss, to reduce symptoms of rheumatoid arthritis, and to lower total cholesterol in dialysis patients.

But that's not all. Vitamin K2 has been shown to enhance athletic performance as well.

Cells that produce energy have specialized units-mitochondria-that contain the smallest energy units, called adenosine triphosphate (ATP). Muscles, particularly heart muscle, contain high numbers of mitochondria to have enough energy to move the body. Vitamin K2 plays a key role in producing ATP.

In this recent study, 26 male and female athletes took a placebo or 325 mcg of vitamin K2 per day for four weeks, then 160 mcg of vitamin K2 per day for four more weeks.

Taking a standard cycle ergometer test, the vitamin K2 group saw a 12 percent increase in the maximum amount of blood the heart could pump by the end of the study. Vitamin K2 appeared to reduce by several months the amount of continuous training it would take to increase heart pumping capacity without vitamin K2.

(Reference: Alternative Therapies in Health & Medicine; 2017, Vol. 23, No. 4, 26-32)

Vitamin K2 can be found in various types of nutritional supplements. Your multivitamin should contain vitamin K2. Willvite, from Willner Chemist (#30439, #44384) contains 60 mcg as MK7, or 75% of the Daily Value in a full 4 tablet dose. Bone Support supplements such as **Jarrow Formulas Bone** *Up* will typically contain vitamin K2 among other bone support nutrients. Several companies also combine vitamin K2 with vitamin D. And, of course, there are numerous products that contain vitamin K2 or MK7 alone, as a stand-alone supplement.

Please talk to one of the pharmacists or nutritionists at Willner Chemists for assistance in selecting the most appropriate vitamin K2 supplement for your specific needs.

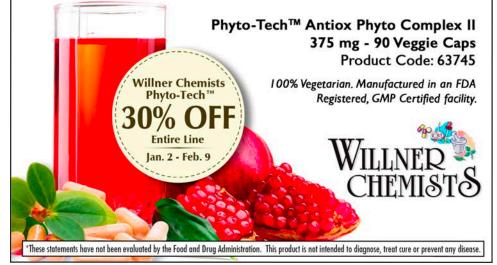
> Call 1-800-633-1106 or stop by the store (100 Park Ave, New York, NY 10017 (corner 41st St.).

New Formula! Higher Potency, Vegetarian Capsule Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.



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### Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

59141	PRENATAL PETITE MULTI	180	TAB	41.99	33.59
22875 55705	PRENATAL SYS COMPLETE PROBIOACTIVE 1B VCAP	180 90	TAB VCA	41.99 23.99	33.59 19.19
60554	PROBIOLICIOUS GUMMIES	50 50	CHW	23.49	18.79
38660	REJUVENAGE 40+ MULTI	120	TAB	56.99	45.59
66960	SLEEP Z Z ZEN	50	CAP	30.99	24.79
66130 67530	TEEN ENERGY MULT GM PK Teen girls multi + Skn	30P 180	PAK Tab	26.69 53.29	21.35 42.63
67887	VEGAN LEAN PROT VAN	13.	PWD	36.49	29.19
66128	WOMENS ENERGY MULTI GM	30P	PAK	26.69	21.35
67524	WOMENS MULTI + STRESS	120	VCA	59.89	47.91
67526	WOMENS MULTI BAL ENERG	120	CAP	48.89	39.11
58237 22125	WOMENS MULTI ORGANIC	120 180	TAB Tab	44.19 49.49	35.35
42367	WOMENS NUTRITIONAL SYS WOMENS ONE MULTI	30	TAB	49.49 17.99	39.59 14.39
53806	WOMENS ONE MULTI WOMENS ONE MULTI WOMENS ONE MULTI YOUNG MENS MULTI SKIN 7FN THERAPY RUSTER	150	TAB	54.99	43.99
38523	WOMENS ONE MULTI	90	TAB	42.49	33.99
67529	YOUNG MENS MULTI SKIN	180	TAB	53.29	42.63
65773		• • • • • • • • • • • • • • • • • • • •	TAB	14.89	11.91
RA	W ELEMENTS USA				
66852	FACIAL MOIST TNT SPF30	1.8	CRM	17.99	16.19
66849	SUNSCREEN ECO FORM SPF	3 Z	LOT	18.99	17.09
66850	SUNSCREEN ECO TINT STK	.60	STK	15.99	14.39
RE	DD REMEDIES				
63796	120/80 CARE	60	VCA	27.99	22.39
62963	AT EASE TAB	80	TAB	28.99	23.19
66311	BONE HEALTH ADVANCED	120	CAP	28.99	23.19
64539 63798	BRAIN AWAKENINIG Circulation va	120 60	CAP VCA	58.99 39.99	47.19 31.99
67384	CURCUMIN C3 REDUCT CHW	60	CHW	27.99	22.39
64736	CURCUMIN T4 VCAP	60	VCA	34.99	27.99
66555	GOUCH VCAP	120	VCA	57.99	46.39
62966	GOUCH VCAP	60	VCA	29.99	23.99
63799 66199	HEART STRONG Joint Health adv Nem	60 60	TAB VCA	29.99	23.99 29.59
62967	MUSCLE EASE	60	TAB	36.99 17.99	14.39
62973	NERVE SHIELD R	60	TAB	31.99	25.59
62962	SINUS SUPPORT ADULT	100	TAB	34.99	27.99
62965	SINUS SUPPORT CHILD	60	CHW	18.99	15.19
62974	SINUZYME CAP	40	CAP	24.99	19.99
62976 62975	THYROID STRONG True energy cap	60 50	VCA Cap	34.99 24.99	27.99 19.99
		30	UAI	24.33	10.00
	NEW LIFE				
53381	14 DY TOTAL BODY CLEAN	KIT	KIT	36.99	33.29
67115	3 DAY CLEANSE 7 DAY TOT BODY RAP CLE BOWEL CLEANSE CAP	12 Kit	VCA	7.99	7.19
53380 65218	BOWEL CLEANSE CAP	150	KIT Cap	29.99 19.99	26.99 17.99
50227	BOWEL CLEANSE ORGANIC	12.	PWD	19.99	17.99
38048	BOWEL CLEANSE ORGANIC CANDI SMART CANDI GONE	KIT	KIT	37.99	34.19
36573	CLEANSE MUNE	OU	CAP	18.99	17.09
37854	CLEANSE SMART	KIT	KIT	32.99	29.69
58600	CLEAR FIBER ORG ACACIA	4.8	PWD	13.99	12.59
54895 64790	CRIT CARE ENZYM DIG SM	9.0 //5	PWD Cap	19.99 32.99	17.99 29.69
55969	DAILY OMEGA ENTER COAT	60	SGC	19.99	17.99
61682	DAILY PROB 15 BIL RTS	30	VCA	21.99	19.79
63370	DAILY PROB 15 BILL RTS	60	VCA	37.99	34.19
56025	DHA 500 CRIT ENT COAT	60	SGC	29.99	26.99
56668	DIETSTAKT CLEANSE	56	CAP	29.99	26.99
52423 50988	DIGEST WORE OLIKA	45 00	VCA Cap	29.99 49.99	26.99 44.99
57524	ESSENTIAL DETOX ORG LQ	16Z	LIQ	36.99	33.29
32790	FIBERSMART	8 Z	PWD	20.99	18.89
53473	FIBERSMART	127	PWD	29.99	26.99
43154	FIBERSMARI CAP	120	VCA	17.99	16.19
56027 45161	FIRCT CIFANCE	200 60	CAP CAP	27.99 27.99	25.19 25.19
55970	FIRST OMEGA ENTERIC COA	TFN	SGC	23.99	21.59
53612	GAS STOP	60	CAP	19.99	17.99
56925	HEARTBURN STOP	30	CAP	13.99	12.69
38566	INTESTINEW 162GRAMS	5.7	PWD	39.99	35.99
60228 61691	NILEGIINEW CAP	9U 90	CAP CHW	36.99 16.99	33.29
67150	KIDS PROBINTIC 3 BIL CH	au AN	CHW	29.99	15.29 26.99
40593	LIVER DETOX	KIT	KIT	39.99	35.99
58835	OMEGA 3 1000 SUP CRIT	30	SGC	29.99	26.99
55967	UMEGA 600 COAT ENT COT	60	SGC	29.99	26.99
32932 64953	CKINNY CIIT ACACIA ODC	tA 11	RNW PWD	37.99 19.99	34.19 17.99
64948	SKINNY GUT CHOC PWD	41N	PWD	34.99	31.49
64949	SKINNY GUT VANILLA PWD	380	PWD	34.99	31.49
50228	TRIPLE FIBER ORGANIC	127	PWD	15.99	14.39
56270	TRIPLE FIBER ORGANIC	150	CAP	18.99	17.09
58289	ULT FLORA 15 BIL ADULT	30	CAP	22.99	20.69
64197 65760	ULI FLUNA 130 DIL WEGA IIIT FLORA 158 F177 RFR	มบ 10	VCA Pak	69.99 12.89	62.99 11.60
56667	ULT FLORA 200 BILL PAK	7	PAK	29.99	26.99
67443	ULT FLORA 25 BILL IMMU	30	VCA	32.99	29.69
64144	ULT FLORA 30 BIL SN CR	30	VCA	29.99	26.99
64143	ULT FLURA 30 BILL XTRA	30	VCA	29.99	26.99
55077 61692	ULI FLUKA 30 BL SENIUK IIIT FLURA 30 BL SENIUR	3U en	CAP VCA	29.99 52.99	26.99 47.69
66038	ULT FLORA 3B SOUR GUMM	60 60	GUM	20.49	18.44
64952	ULT FLORA 50 BIL EXT	30	VCA	39.99	35.99
67548	ULT FLORA 50 BIL EXT	60	VCA	67.99	61.19
67957	ULT FLORA 50 BILL	90	VCA	89.99	80.99
61703	ULI FLUKA 80 BL CK COL	60 20	VCA Cap	89.99 40.00	80.99
58297 62887	ULT FLORA ON DE CH COL	3U 20	VCA	49.99 49.99	44.99 44.99
66036	ULT FLORA 90B MENS CMP	30	VCA	49.99	44.99
62228	ULTIMATE FLORA 100 BIL	30	VCA	59.99	53.99
60934	ULTIMATE FLORA 15 BILL	60	CAP	39.99	35.99
61830	ULTIMATE FLORA 50 BILL	60	VCA	67.99	61.19
51029 51696	ULIIMATE FLUKA 50 BILL	30 on	VCA VCA	39.99 39.99	35.99 35.99
51696 61680	WOMENS PROR 15 RII RTS	3N 3U	VCA VCA	39.99 21.99	35.98 19.79
63369	CLEAR FIBER ORG ACACIA CRIT CARE ENZYM DIG SM DAILY OMEGA ENTER COAT DAILY PROB 15 BIL RTS DAILY PROB 15 BIL RTS DAILY PROB 15 BIL RTS DHA 500 CRIT ENT COAT DIETSTART CLEANSE DIGEST MORE ULTRA DIGEST MORE ULTRA DIGEST MORE ULTRA ESSENTIAL DETOX ORG LO FIBERSMART FIBERSMART CAP FIRST CLEANSE FIRST OMEGA ENTERIC COA GAS STOP HEARTBURN STOP INTESTINEW 162GRAMS INTESTINEW 162GRAMS INTESTINEW CAP KIDS PROBIOT 3 BL CHW KIDS PROBIOT 3 BL CHU LIVER DETOX OMEGA 3 1000 SUP CRIT OMEGA 600 COAT ENT COT PARA SMART (PARAGONE) SKINNY GUT ACACIA ORG SKINNY GUT COD WULT FLORA 150 BILL ULT FLORA 150 BILL IMMU ULT FLORA 30 BLL SCR ULT FLORA 30 B	60	VCA	37.99	34.19

52483 PRENATAL PACK 59141 PRENATAL PETITE MULTI

e	Guide: Co	ompa	ny	Lie	stin
RE	S Q PRODUCTS				
68097	CALAMARINE DHA 500 MG	90	SGC	32.95	26.36
68090	CARDIOPOWER	60	CAP	54.95	43.96
68095	COD OMEGA 3 NORWEG ARC	90	SGC	32.95	26.36
68089	GLYCOPLUS GREEN LIPID	60	CAP	49.95	39.96
68092	LDL XQ10 RYR COQ10	120	Cap	32.95	26.36
68091	NATURAL MALE TESTOSTER	60	TAB	26.00	20.80
68093	03 max omega 3 lq orng	8.2	Liq	69.00	55.20
68096	OMEGA 3 1250 $\pm$ D3 CAL	/90	SGC	28.95	23.16
68098	OMEGA 3 1250 + D3 CAL	200	SGC	58.00	46.40
68094	Omega 3 1250 liq lemon	16.	LIQ	56.00	44.80
68102	OMEGA 3 1250 SGC	90	SGC	26.95	21.56
68103	Omega 3 1250 SGC	200	SGC	56.00	44.80
68100	OMEGA 3 1250 SGC LEMON	90	SGC	26.95	21.56
68101	OMEGA 3 1250 SGC LEMON	200	SGC	56.00	44.80
68099	OMEGA 3 2500 TG TRYGLC	200	SGC	58.00	44.00 46.40
	SERVEAGE ORGA				
59829	BEAUTIFUL LEGS	30	CAP	28.99	28.99
67638	Beauty R&R	60	VCA	54.99	54.99
65360	BERGAMOT CHOLESTRL SUP	30	VCA	34.99	34.99
57620	COLLAGEN BOOSTER	60	VCA	41.99	41.99
62818	COLLAGEN BOOSTER ULTRA	90	CAP	52.99	52.99
64938	COLLAGEN HYDRA PROTECT	30	CAP	29.99	29.99
66633	Collagen replenish CHW	60	CHW	21.95	21.95
64962	COLLAGEN REPLENISH PWD	78G	PWD	17.99	17.99
65381	Grape Seed Ext 325 Mg	60	VCA	34.99	34.99
59828	KERATIN FOR MEN	60	CAP	47.99	47.99
67235	KERATIN HAIR BOOST PWD	2.7	PWD	39.99	35.99
59619	KERATIN HAIR BOOSTER	60	VCA	41.99	41.99
62287	PHOSPHATIDYLSERINE	60	CAP	41.99	41.99
58516	PROSTATE SCIENCE	60	Cap	32.99	32.99
57554	RESVERATROL 100 MG R	60	CAP	24.89	24.89
57550	RESVERATROL 250 MG	60	VCA	41.99	41.99
61074	RESVERATROL 250 W/PTER	60	VCA	46.59	46.59
57555	RESVERATROL 500 MG	60	CAP	78.69	78.69
61075	RESVERATROL 500 W/PTER	60	VCA	82.79	82.79
67236	RESVERATROL CHEW 60 MG	30	CHW	19.99	17.99
58492	RESVERATROL TONIC 125	5 Z	LIQ	31.99	31.99
65932	TRES BEAUTY 3 COLL KER	90	CAP	59.99	59.99
59833	True energy cocoawell	60	Cap	29.99	29.99
57557	UBIQUINOL COQ10 RESVER	60	CAP	66.99	66.99
62285	WHEY PROT CHC GRASS FD	12.	PWD	29.99	29.99
65387	Whey prot unflav grass	11.	PWD	29.99	29.99
62284	WHEY PROT VAN GRASS FD VIVA LABS	12.	PWD	29.99	29.99
40740	BROWN SPOT NIGHT GEL	1.2	GEL	14.29	11.43
56036	CLEANSING MILK ORGANIC	4 Z	LIQ	10.45	8.36
58130	COLLAGEN NIGHT CREAM	3PK	PAD	23.15	18.52
27146		1.5	CRM	15.39	12.31
58132	COLLAGEN SERUM	1 Z	LIQ	27.49	21.99
57505	DMAE FIRMING FLUID	1 Z		20.95	16.76
32396	COLLAGEN FIBER EYE PAU COLLAGEN SERUM DMAE FIRMING FLUID ELASTIN NIGHT CRM EYE COMP FIRMING CRM EYE GELEE CONCENTRATE FIRMING EYE GELEE CONCENTRATE FIRMING EYE GOLD TOWN NIGHT CRM GLYCOLIC 10% NIGHT CRM GLYCOLIC ACID CRM	1.5	CRM	15.39	12.31
27147		.75	CRM	14.29	11.43
63351	EYE GELEE CONCENTRATE	1 Z	GEL	11.00	8.80
42015		1 Z	CRM	20.95	16.76
54713	GLYCOLIC 10% NIGHT CRM	1.5	CRM	31.95	25.56
21833	GLYCOLIC ACID CRM	1.5	CRM	27.55	22.04
22196	GLYCOLIC ACID TONER	4 Z	Liq	13.19	10.55
24245	GLYCOLIC CLEANSER	4 Z	CRM	13.19	10.55
44263	Hyaluronic Serum	1 Z	Ser	24.19	19.35
24281 24282	INTERCELL DAY CRM Intercell night gel	1.5 1.2	CRM GEL	15.39	12.31
27196	LIGHT SKIN PEEL 1.5 OZ	1.5	CRM	15.39 24.20	12.31 19.36
40143	LIPOIC ACID CRM	2 Z	CRM	25.35	20.28
57910	Makeup Primer	1 Z	Liq	21.55	17.24
24283	SKIN ENERGIZING GEL	2 Z	GEL	10.99	8.79
31314	Throat eye CRM R	1.5	CRM	14.29	11.43
54606	UNDER EYE DARK CIRCLE	1 Z	SER	31.95	25.56
56938 BII	VARICOSE VEIN LOT DGECREST HERBA	8 Z	LOT	25.35	20.28
57687	ADRENAL FATIGUE FIGHTR	60	CAP	29.99	23.99
64743	ANXIETY FREE	60	CAP	29.99	23.99
60277	CLEAR LUNGS EXTRA STRE	120	Cap	45.99	36.79
27548	CLEAR LUNGS RED	60	CAP	21.99	17.59
30848	CLEAR LUNGS RED	120	Cap	37.99	30.39
67917	HAIR REVIVE	120	CAP	49.99	39.99
	WELL LABORATO	RIES			
68074 62869	ANTI INFECT CRM SILVER ANTIFUNGAL CRM NATURAC ARNI GESIC 3.5 DZ CELLU SLIM CELLUL CRM EAR ACHE REL EAR DRP PSORIASIS CARE	25G 25G	CRM CRM	10.95 11.95	9.86 10.75
65473	ARNI GESIC 3.5 OZ	3.5	CRM	16.95	15.25
67231		3.5	CRM	19.95	17.95
68075	EAR ACHE REL EAR DRP	1.Z	DRP	10.95	9.86
64453 62868			CRM CRM	19.95 22.95	17.95 20.65
RX	VITAMINS				
45128	ACID BLOCK (GES 5)	60	CHW	22.00	17.60
58918		120	Cap	30.00	24.00
40403	ACID BLOCK (GES 5) ALGIMATE PLUS BONE DENSITY D3 LIQ 2000 IU ENZYME FORM ACTIVATED IMMUNE SUPPORT ADV LICORICE CHEWABLE POLICOSANOL 10 PROSTATE ADVANCED FORM	180	CAP	29.00	23.20
53892	D3 LIU ZUUU IU	1 Z	LIQ	20.00	16.00
40263	Enzyme form activated	90	Cap	31.00	24.80
40261	IMMUNE SUPPORT ADV	60	CAP	29.95	23.96
40260	Licorice Chewari F	90	CHW	19.00	15.20
40258	POLICOSANOL 10	60 00	CAP	24.00	19.20
40259 S.A	NHELIOS	90	SGC	38.00	30.40
19849	CIRCII CAP	96	CAP	33.99	27.19
38640	CIRCU CAP ONE A DAY	50	SGC	26.99	21.59
45001	Curbita 1000 Mg Bladde	30	SGC	24.99	19.99
	NTEVIA	JU	-00	£1.00	10.00
61689	ALKALINE PITCHER FILTR	EA	MIS	19.99	15.99
61688	ALKALINE PITCHER WHITE	EA	MIS	49.99	39.99
63402	ALKALINE WATER STICK	Ea	STK	16.99	13.59
67952	POWER WATER STICK	1EA	MIS	17.99	14.39

SA	VANNAH BEE CO	MPANV	,		
65029	BODY BUT ROY JEL SENS	1.6	BUT	12.90	11.61
65861 66658	BODY BUT ROY JEL SENS Body but roy jel tp hn	6.7 6.7	BUT Jel	24.70 24.70	22.23 22.23
66745	BODY BUT ROY JEL TP HN	1.6	BUT	12.90	11.61
65028 65860	BODY BUTTER ROYAL JEL Body Butter Royal Jell	1.6 6.7	BUT But	12.90 24.70	11.61 22.23
65862 67744	BODY WASH HONEY LEM SP BODY WIPES BAMB TUP HN	8 Z 30	LIQ MIS	12.00	10.80
65430	SHAMPOO HONEY ROY JEL	8 Z	LIQ	8.70 14.00	12.60
SC	ANDINAVIAN FO	RMULA			
44062 25610	SALIVASURE DRY MOUTH Shark liver oil 500 mg	90 120	LOZ SGC	9.95 39.95	7.96 31.96
18476	STRIX BILBERRY EXT 80	60	CAP	19.95	15.96
SC	HIFF PRODUCTS				
29644 11112	CAL MAG SUP 1200 W/D CAL MAG W/D SOFTGEL	90 100	SGC SGC	11.39 9.59	9.11 7.67
22065	CALCIUM 1200 SUPER W/D	120	SGC	14.19	11.35
60933 55288	MEGA RED OMEGA 3 KRILL Move free plus MSM adv	60 120	SGC Tab	48.59 44.19	38.87 35.35
65930	MOVE FREE ULTRA OMEGA	30	SGC	50.99	40.79
	ENTIFIC CONSUL		TAD	10.00	10.00
19790 19760	B12 HYDROXYCOBAL 1 MG Cal mag aspartate	60 100	TAB Cap	19.80 17.50	19.80 17.50
38327 43310	FOLIC ACID 1 MG LOZ Folic acid 10 Mg Nat	60 50	LOZ Loz	21.00 30.75	21.00 30.75
67902	R LIPOIC 100 MG	60	CAP	36.00	36.00
50289 19767	TANALBIT Tanalbit	120 60	VCA VCA	41.75 23.00	41.75 23.00
SE	ABUCK WONDER	S			
64199	FACIAL CRM SEA BUCKTH	17	CRM	19.99	15.99
60205 60203	OMEGA 7 COMP SEA BUCK SEA BUCKTHORN BERRY OG	60 1.7	SGC LIQ	29.97 34.99	29.97 27.99
60204	SEA BUCKTHORN SEED ORG	12	LIQ	34.99	27.99
62221	AGATE ARTICHOKE 400 MG	100	VCA	9.99	9.99
39901	BROCCOLI SPROUTS 250	100	VCA	33.95	33.95
39900 52144	BROCCOLI SPROUTS 250 Earache Remedy	50 .5Z	VCA Liq	17.95 9.75	17.95 9.75
29976	GRAPE SD EXT 250 BOGO	30	CAP	17.95	17.95
29977 62263	GRAPE SEED EXT 250 MG Lemon Powder 100 GM	90 100	CAP PWD	26.50 23.50	26.50 23.50
53107 53969	LYCOPENE 15 Nopal Cactus	90 180	VCA VCA	19.99 17.95	19.99 17.95
32699	OLIVE LEAF EXT 450 MG	45	VCA	16.50	16.50
32700 65412	OLIVE LEAF EXT 450 BOGO OLIVE LEAF EXTRACT	90 2 Z	VCA Liq	29.95 9.99	29.95 9.99
59025	OLIVE LEAF MINT TEA	24	BAG	7.75	7.75
42582 42279	OLIVE LEAF NASAL SPRAY OLIVE LF THROAT SPY	1 Z 1 Z	SPY SPY	9.95 9.95	9.95 9.95
42278	OLIVE LF THROAT SPY RS	1 Z	SPY	9.95	9.95
51011 58271	OLIVE OIL EXTRA VIRGIN OLIVE VAGINAL SPRAY	100 1 Z	SGC SPY	18.00 14.95	18.00 14.95
65328 54966	POMEGRANATE 500 MG SEAWEED 500 MG VCAP	100 100	CAP VCA	19.75 11.95	19.75 11.95
26999	SHARK CARTILAGE 650 MG	100	CAP	29.49	29.49
51806	STOP RASH L <b>f health</b>	2.7	SPY	9.95	9.95
42567	BLACK WALNUT XTRA STR	2.7	LIQ	14.65	14.65
23471 38097	CLOVE CAPS SUPER W BLEND WORMWOOD	100 100	CAP CAP	10.99 13.99	10.99 13.99
	ROYAL	100	GAF	13.33	13.33
62139	HMF FORTE	120	VCA	66.70	60.03
62314 61247	HMF INTENSIVE HMF RELETE	30 7	CAP Pak	44.40 42.20	39.96 37.98
68052	SUPER NEUROGEN DHA	30	SGC	35.00	31.50
	IKAI		0011		0.70
38524 63320	50 + BORAGE HAND CRM Borage Facial Scrub S	2 Z 4.2	CRM CRM	8.49 13.99	6.79 11.19
61047 33976	BORAGE SKIN THR ADV FF Hand & Body Lot Cucum	8 Z 8 Z	LOT Lot	15.99 9.99	12.79 7.99
33731	HAND & BODY LOT FR VAN	8 Z	LOT	9.99	7.99
33978 33742	HAND & BODY LOT YUZU Shampoo fine	8 Z 12Z	LOT LIQ	9.99 8.99	7.99 7.19
33735	SHOWER GEL MST FR VAN	12Z	GEL	9.59	7.67
33737 42257	SHOWER GEL MST WHT GAR SHOWER GEL SANDALWOOD	12Z 12Z	GEL Lot	9.59 9.59	7.67 7.67
38525	SKIN LOT BORAGE ADULT	8 Z	LOT	14.49	11.59
	BEAUTY	0.7	ODM	00.00	10.07
66473 66470	BODY CRM SEA BUCKTHORN EYE CRM SEA BUCKTHORN	6 Z .5Z	CRM CRM	20.09 29.99	16.07 23.99
67136 67137	FACE & BODY CLEANS BAR FACE & BODY SCRUB EXFL	3.5 3.3	BAR CRM	7.99 24.99	6.39 19.99
66472	FACE CLEANS SEA BUCKTH	4 Z	LIQ	19.99	15.99
66471 67138	FACE CRM SEA BUCKTHORN FACIAL TONR CLARIFYING	1 Z 3 Z	CRM SPY	24.99 29.99	19.99 23.99
66469	HYDRAT SER SEA BUCKTH	1 Z	LIQ	44.99	35.99
67652 66474	SEA BUCKTHORN OMEGA 7 SEA BUCKTHORN SEED OIL	180 10M	SGC OIL	79.99 19.99	63.99 15.99
SIN	MILASAN				
36130 22112	ALLERGY EYE #2 VIIALS Allergy eye relief #2	20 10M	VIL Liq	14.95 13.79	11.96 11.03
58025	COLD & MUCUS RELIEF	4 Z	LIQ	10.39	8.31
37844 38478	COMPUTER EYE FATIGUE#3 Ear drops	10M 10M	LIQ Drp	13.79 13.89	11.03 11.11
42830	EAR WAX RELIEF	10M	LIQ	13.89	11.11
44667 59138	IRRITATED EYE RELIEF Nasal Allergy relief	10M .68	LIQ Spy	13.79 9.99	11.03 7.99
22111 23800	RED DRY EYE #1 DROPS Sinus relief Nasal Spr	10M .68	LIQ		11.03 7.99
67559	SLEEP & DREAM TABS	60	TAB	10.99	8.79
53645	STYE EYE RELIEF	10M	LIQ	13.79	11.03

### Visit www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.

- Reference Library: search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.
- **Product Information:** search the entire 23,000 product listing in the Willner Chemists inventory, with prices, product details, etc, using simple and advanced full-text search tools.
- Order Products: Use the fully functional, secure web site to select and order products from Willner Chemists.
- Radio Show: Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.
- What's On Sale? Check the web site to see what is currently on sale, and look for the current web specials.
- Latest News and Events: Read about latest nutritional supplement developments, research and news.
- Free excerpts from **The Best Supplements For Your Health** in the reference library section.
- ...and remember to check out Don Goldberg's Blog! www.dongoldberg.com

### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and Forsythia. Other herbs are symptomatic for aching neck, headache, and nasal congestion.

Begin taking a half hour before entering airports, airplanes, terminals, or crowded public facilities.

Yin Chiao Plus is not appropriate once the illness enters the lungs and cough is present.

Adding Echinacea at 1 teaspoon of the liquid extract three times in the day will also help.

### **Yohimbe Bark 1:3**

Yohimbe Bark is a well known treatment form male impotence and is traditionally used as an aphrodisiac.

1 fl oz - Product Code: 57009

### Who might benefit from this herbal supplement?

• Those men suffering from impotence and inability to

Yohimbe is for impotence in men. It increases blood flow into the penis and can help sustain an erection. It can help men who cannot get an erection and for those who cannot maintain an erection. Constant use of Yohimbe, however, can create irritability and aggravate the prostate. Try to not use it more than a few days in a row. It is possible to have success if used the day results are desired. If the impotence is not a vascular problem, Yohimbe will not work. If stress is a related issue, add Kava Kava Root.

#### **Ingredients:**

Phyto-Tech™ Yohimbe Bark 1:3 is a tincture of Yohimbe Bark (Pausinystalia yohimbe), in pure grain alcohol and deionized water. It provided 333 mg/ml (30 drops).

More potent preparations, typically containing higher, standardized levels of the alkaloid yohimbine, are available, but these products are best used only under the supervision of a physician. High doses of the yohimbine alkaloid can

cause potentially dangerous side effects.

Yohimbe bark (not yohimbine alkaloid) has a long history of use for many conditions.

#### Dosage:

The following dosage for Phyto-Tech™ Yohimbe Bark 1:3 is recommended: For chronic impotence, take 15-30 drops 2-3 times daily, or as needed, in juice or water. For more immediate results, take 20-40 drops, once or twice, only, within a day's time.

Cautions: Use caution if you have high blood pressure; do not use if you have chronic inflammation of reproductive organs or prostate; do not use long term; may potentiate pharmaceutical MAO-inhibitors.

### Zincimmune Plus

Zinc - Elderberry - Umckaloabo - Echinacea **Alcohol Free** 

A blend of immune-enhancing herbal supplements and zinc,

specifically chosen for their effectiveness against cold and flu infections.

4 Fluid Ounces - Product Code: 66271

#### Who would benefit from this supplement?

• Anyone needing a quick boost to their immune system, especially at the first sign of a cold or flu.

Even though cold and flu are different, and caused by a different virus, most people do not know for sure which they have at the early stages. For this reason, the nutrients and herbs in this formulation have been chosen to cover both. Elderberry, for example, is thought to be more effective for the flu and Umckaloabo,, or Pellargonium, is known for its effect against colds. Zinc is essential to proper immune system function and Echinacea is well known for its traditional value.

#### **Ingredients:**

Phyto-Tech™ ZincImmune Plus is a pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized Water, Organic Elderberry and Blackberry Juice Concentrates, Citric Acid.

#### **Indications:**

Both colds and flu (influenza) are viral diseases. Colds are more of a respiratory infection while the flu is more of a systemic condition, characterized predominately by fever, malaise and muscle aches. Conventional medicine does not really offer an effective cure or preventive treatment for colds and flu. There is a vaccine, but it's effectiveness has been limited. These viruses are around us most of the time, and we are most susceptible in the winter. Interestingly enough, not everyone succumbs. Why is that? Speculation centers on the strength of an individuals immune system. Some of us seem better able to withstand the virus than others. One logical approach to prevention, therefor, relies on strengthening our immune system, both to avoid catching the cold or flu, and to shorten the duration and reduce the severity if we do catch it. This is where immune-enhancing herbs, vitamins and minerals come into play. ZincImmune Plus is one supplement designed to satisfy that need.

The synergistic blend of immune-enhancing herbs and minerals in ZincImmune targets those immune functions related to colds and flu, as follows:

#### **Details and References:**

Zinc: Zinc has numerous important, essential roles in the body. One of those is to support immune function. It has been shown to exert antiviral activity agains certain virus (e.g.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

### Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



62573 39940 33073 37274 33786 32650 28947	IITHKLINE BEECHAN ALIGN PROBIOTIC ALKALOL FEOSOL 65 MG KETOSTIX LIPOFLAVONOID PLUS SLO NIACIN 500 MG TECNU(FOR POISIN IVY)	42 16Z 120 50 100 100 12Z	CAP LIQ TAB MIS CPL TAB LIQ	47.59 9.99 11.29 17.59 28.99 22.05 12.99	9.99 9.99 17.59 28.99 22.05	25160 20390 43869 21582 40059 20753 31615 23543 22198	C BIO SUPER T/R BUFF C BIO SUPER T/R BUFF C CRYSTALLINE NON ACID CAL ASPOROTATE CAP CAL CITRATE W/D 250 CAL HYDRXYAPAT 1000 CAL MAG ASPOROTATES CAL MAG CAP CAL MAG CAP CAL MAG CITRATE CAP	100 250 8 Z 100 180 120 240 180	CAP CAP PWD CAP CAP CAP CAP CAP	15.89 30.69 21.59 16.29 18.59 25.69 29.99 17.89 22.69	24.55 17.27 13.03 14.87 20.55 23.99 14.31	63918 31857 32403 20813 29198 32414 52103 32410 31816	GINGER RT ORGANIC 540 GINGER TRIPS CHW GINKGO BILOBA 120 MG GINKGO BILOBA EXT 60 GINKGO BILOBA EXT 60 GINSENG ROOT AMERICAN GLUCOS SULF 1500 2 DAY GOTU KOLA GRAPENOL 100 MG	100 60 30 60 120 50 120 100	VCA CHW CAP CAP CAP VCA CAP VCA	13.69 10.95 11.19 8.95 23.39 18.71 19.99 15.99 38.99 31.19 26.39 21.11 32.09 25.67 10.09 8.07 34.39 27.51
32650 28947	SLO NIACIN 500 MG	100	TAB	22.05	22.05 12.99 19.27 7.99 8.07 11.51 11.03 9.11 11.03 9.17 20.07 26.39 12.31 13.39 11.19 11.39 11.39 12.31 12.31 13.47 14.15 15.57 15.51 14.15 14.11 14.11 15.51 16.71 16.71 17.5	23543 22198 31616 36481 20750 31613 23070 20811 23013 34638 31611 26643 25723 21800 32277 31620 31618 26301 63739 33105 42826 67232 35916 29537 20817 25471 32323 29849 63484 53884 53884	CAL MAG CAP CAL MAG CITRATE CAP CAL MAG CITRATE W/D CAL MAG CITRATE W/D CAL MAG CITRATE W/D CAL MAG CITRATE W/D CAL MAG ZINC CAP CAL MAG ZINC CAP CAL CIMM CITRATE 250 MG CALCIUM CITRATE 250 MG CALCIUM CITRATE 250 MG CALCIUM ETRATE 250 MG CALCIUM ETRATE 250 MG CALCIUM ETRATE 250 MG CACION CITRATE 250 MG CACROTENE 10000 FOOD CAROTENE 10000 FOOD CAROTENE FOOD 25000 CASCARA SAGRADA CAYENNE COOL 40 000 CENTLLA ASIATCA MADAGA CHILDREN CHEWABLE CHOLINE/INOSITOL 250 CHROMIUM PICOL 200 MCG CIRCULEGS COCONUT CHARCOAL ACTIV CONTINENCE W/FLOWTROL CORDYCEPS 520 MG CRANACTIN CAP CRANACTIN CAP CRANACTIN CAP CRANACTIN CAP CRANACTIN SUPER D MANNOSE W/CRANACTIN D MANNOSE W/CRANACTIN	180	CAP	17.89 22.69 12.09 21.79 12.39 25.69 12.99 22.09 13.29 13.29 13.29 10.19 14.49 10.29 16.09 27.29 21.99 22.39 23.39 24.09 23.39 24.09 23.39 24.09 25.09 26.09 27.09	14.31 18.15 9.67 17.27 17.74 9.91 20.55 10.39 10.63 10.63 10.63 10.77 8.23 10.71 13.03 12.87 13.19 13.03 12.87 17.59 25.83 13.19 25.83 13.19 25.83 13.19 25.83 13.19 26.15 13.43 24.39 33.43 24.39 24.15	32410 31816 52177 30344 28322 18674 22892 66987 32397 32411 35301 60013 38710 32709 43231 42933 20822 51168 50934 34432 31350 66841 33963 36482 25792 60445 40478 63789 22078 27313 32412 22357	GOTU KOLA GRAPENOL 100 MG GUGGUL EXT 450 MG GYMNEMA LF EXT 385 MG HAWTHORN BERRIES HAWTHORN SPEC FORM CAP HCL & PEPSIN CAP HIBISCUS FLOWER 250 MG HISTAMINE BLEND SP33 HORSE CHESTNUT EXT 400 HORSETAIL SHAVEGRASS HUP A (HUPERZINE A) IBU ACTIN INDOLE 3 CARBINOL 100 INDOLE 3 CARBINOL 25 INDOLE 3 SUPREME 200 INOSITOL JOINT BLEND SP2 KIDNEY CORNSILK SP6 KUDZU ROOT EXT LITHIUM ASPARTATE 5 MG LIVER BLEND SP 13 LUTEIN EYES 12 MG LUTEIN EYES 6 MG LUTEIN EYES 124 MG MAG ASPOROTATE MAG ASPOROTATE MAG ASPOROTATE MAG ASPOROTATE 400 MG MAG BIOCITRATE 133 MG MAG GLYCINATE 400 MG MAG BIOCITRATE 133 MG MAG GLYCINATE 400 MG MAG BOT ASPOR WAROM C MAGNESIUM 200 MG MATAKE MUSHROOM MANGANESE 50 CAP	100	CAP VCA CAP CAP CAP CAP CAP CAP CAP CAP CAP C	10.09 8.07 34.39 27.51 25.19 20.15 24.59 19.67 9.39 7.51 24.89 19.91 20.79 16.63 12.89 10.31 15.09 12.07 25.09 20.07 22.89 18.31 14.89 11.91 40.49 32.39 17.49 13.99 12.69 10.15 9.99 7.99 35.69 28.55 60.39 48.31 16.99 15.19 12.69 10.15 9.99 7.99 35.69 28.55 60.39 48.31 16.79 13.43 31.69 25.35 12.59 10.07 21.29 17.03 31.69 25.35 12.59 10.07 21.29 17.03 21.29 19.99 19.89 15.91 19.79 15.83 12.69 10.15 12.89 17.51 12.89 17.51 12.89 17.51
28656 40049 18659 45313 23172 60937 22339 37283 22868	BOSWELLIA EXT 325 MG BROMELAIN 500 MG BUTCHERS BRM EXT 100 C BUTTERBUR EXT 50 MG C 1000 W/RH/AC T/R C 1000 W/RH/AC T/R C 1000 BIO PLEX BUFF C 500 BIO PLEX BUFF C 500 SUPER BIO PLEX	60 60 60 250 100 250 250 250	CAP CAP CAP VCA VCA VCA CAP CAP	21.69 24.89 11.59 25.69 34.89 15.59 34.79 23.89 22.69	17.35 19.91 9.27 20.55 27.91 12.47 27.83 19.11	22854 35754 22335 23493 24467 29840 20372 22857 28207 33234	DONG QUAI 550 CAP ODPABEAN MUCUNA PRURN E 200 DRY MIXED CAP E 400 E 400 DRY ECHIN W/C & ZINC EYE BLEND SP23 EYEBRIGHT 430 CAP GINGER ROOT GINGER ROOT	100 60 100 200 100 100 100 100	CAP CAP PRL CAP CAP CAP CAP CAP	19.09 48.09 29.49 20.09	11.51 19.59 15.27 38.47 23.59 16.07 13.35 9.43 8.39 9.59	22681 20850 68136 20826 51249 18664 32550 36504 27117 24338	MANGANESE ASPROTATE CP MEMORY BLEND SP30 CP MENS FORM PRB 30B MYCR MENSFRUAL BLEND SP7B MILK THISTLE 350 1 DAY MILK THISTLE 350 1 DAY MUIK THISTLE 350 1 DAY MUIKA PUAMA ROOT 300 MUILE NEAVES MULTI MIN MEGA	100 100 30 100 60 60 30 100 200	CAP VCA CAP CAP CAP CAP CAP CAP	10.09 8.07 11.49 9.19 34.99 27.99 13.09 10.47 34.69 27.75 19.09 15.27 18.99 15.19 14.49 11.59 10.29 8.23 21.29 17.03

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The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

. . . and remember to visit Don's Blog www.dongoldberg.com

### Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



rhinovirus and herpes simplex virus.) Studies have shown that "a substantial proportion of the population is failing to meet the recommended daily allowance for zinc."

"Zinc plays a role in host defenses against infections. Suboptimal zinc status appears to be common among people consuming a typical Western diet, and may increase susceptibility to infections. In a double-blind trial, supplementation with 45 mg/day of zinc for 12 months decreased the incidence of infections in healthy middle-aged and elderly people." (Gaby, Alan R., MD. Nutritional Medicine. Alan R. Gaby, M.D., 01/2011).

Medicine. Alan R. Gaby, M.D., 01/2011). One of the more popular uses of zinc for colds is in lozenge form, leading to the speculation that it's effectiveness is due to a direct action of zinc ions on the virus. Not all studies have supported this idea. Taking zinc orally may be equally effective. As already mentioned above, the immune system does not function optimally if you do not have enough zinc in the body. "A 1-year, double-blind study of 50 nursing home residents found that zinc supplements as compared to placebo reduced rates of infection.159 In addition, more than ten other studies performed in developing countries have found that zinc supplements at nutritional doses can increase resistance to respiratory and other infection in children, and that they might reduce symptom severity." (Consumerlab.com) And in another study, "zinc supplements (not lozenges) may play a role in reducing the risk of coming down with a cold in the first place. In a review of 2 randomized trials, which included 394 healthy children, researchers found that the groups who took zinc had fewer colds, school absences, and prescriptions for antibiotics." Echinacea: Echinacea has a long history of use as a cold and flu remedy. In America, conventional drugs replaced it, but in Europe, it remains continues to be a popular remedy. Most research supports its ability to reduce the symptoms and duration of colds. It's role in prevention is not as well documented.

Elderberry: The initial interest in Elderberry resulted from research on a proprietary preparation (Sambucol) that contains extracts of black elderberries (Sambucus nigra L.) and raspberries (Rubus idaeus L.). This preparation has been shown to inhibit the replication of influenza virus types A and B in vitro. In addition, an extract of Sambucus nigra L. decreased the infectivity of human influenza virus H1N1 in vitro. The activity of this extract against the H1N1 virus was attributed to 2 flavonoids which were shown to bind to H1N1 virions and block the ability of the virus to infect host cells. In clinical trials, treatment with Sambucol decreased the duration of illness in patients with influenza. (Gaby, Alan R., MD. Nutritional Medicine. Alan R. Gaby, M.D., 01/2011). As a result, extracts of elderberry have become a common herbal supplement for those with flu symptoms. It is thought to stimulate the immune system and to inhibit viral growth.

Unckaloabo (Pelargonium sidoides): Pelargonium is a plant in the geranium family, native to South Africa, where it has a long history of use in treating respiratory problems. A number of studies have shown this herb to be effective in treating acute bronchitis, strep throat and the common cold. The study, (Lizogub VG, Riley DS, Heger M. Efficacy of a Pelargonium sidoides preparation in patients with the common cold: a randomized, double blind, placebocontrolled clinical trial. Explore (NY). 2007;3:573-584.), on 133 adults who had just come down with a cold, found that the use of a standardized pelargonium extract, three times daily, significantly reduced the severity and duration of symptoms as compared to placebo.

#### **Dosage**

One teaspoonful (5 ml), two to four times daily or as directed by a physician. Do not take for more than three consecutive days. Longer use should be accompanied by additional copper supplementation (1-2 mg per day). Keep out of the reach of children. Shake well before using. Do not use when pregnant unless approved by doctor. This product is kosher and gluten-free.

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the most appropriate product for your needs.

### www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.
... and remember to visit
Don Goldberg's Blog
www.dongoldberg.com

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement? The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of
Phyto-Tech™ Green Tea Guo contains less
than 2 mg caffeine. A regular cup of coffee
contains from 100 to 150 mg of caffeine.
All Phyto-Tech™ Green Tea Guo
preparations are alcohol free. One is
naturally peach flavored.



## Also available in a veggie cap. Each Phyto-Tech Green Tea capsule caontains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944 2 fl oz ~ Regular Flavor - Code: 57098 1 fl oz ~ Peach Flavor - Code: 56998 90 Veggie Caps - Code: 60126

### healthnotes

## **Prebiotics Reduce Body Fat in Overweight Children**

Prebiotics are non-digestible fiber that promote good bacteria in the gut, unlike probiotics, which introduce new bacteria into the system. Some examples of prebiotics are the following: FOS, Galacto-oligosaccharides, Inulin. These non-digestible substances are thought to provide nourishement to the beneficial gut bacterial, enhancing their growth.

In this study, doctors gave 42 overweight or obese children, age 7 to 12, a daily dose of the prebiotic oligofructose-enriched inulin, or a placebo.

After 16 weeks, the kids on prebiotics had lost 3.1 percent of body weight compared to an 0.5 percent gain for placebo, had 2.4 percent less body fat compared to a half-percent gain for placebo, and saw a 3.8 percent decrease in trunk fat-fat around the belly-compared to 0.3 percent less for placebo.

The kids on inulin saw an increase in bifidobacterium, a beneficial probiotic, and lower levels of a bacteria linked to obesity. The inulin group also had 15 percent lower levels of a sign of inflammation (interleukin-6), and a 19 percent decrease in triglyceride levels. Doctors said the findings suggest the placebo group would gain 18 pounds annually compared to a more normal seven pounds for prebiotics.

(Reference: Gastroenterology; June, 2017, Published Online)

The health benefits of prebiotics and probiotics are numerous, and are being increasingly validated through medical research. This is just one exsmple. The pharmacists and nutritionists at Willner Chemists are available to answer your questions about these supplements, and their proper use.

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       15.40         12.32           250         TAB         30.90         24.72           100         CAP         56.30         45.04           60         VCA         22.00         17.60           50         CAP         27.60         22.88           100         TAB         8.70         6.96           100         TAB         8.70         6.96           100         TAB         8.70         6.96           100         TAB         8.70         6.96           100         TAB         13.10         10.48           250         TAB         28.60         22.88           100         CAP         33.00         26.40           60         SGC         17.70         14.16           100         CAP         15.40         12.32           100         CAP         15.40         12.32           60         TAB         14.20         14.96           30         VCA         18.70         14.96           30 </td <td>42808 CHERRY FRUIT EXT 36702 CHIORELLA SOO MG 40986 CHLORELLA YAEYAMA 200 30490 CHONDROITIN SULF 400 34796 CHONDROITIN SULF 600 54428 CHROM PICOL 200 YF 29886 CHROMAIE GTF CHROM 200 55249 CHROMIUM GTF 200 ULTRA 25313 CITRILLINE 1000 MG 52235 CITRILLINE 500 MG 52235 CITRILLINE 500 MG 52236 CITRULLINE 500 MG 52236 CITRULLINE 500 MG 52236 CITRULLINE 500 MG 52236 COENZ B COMP PEPPERMINT 19345 COENZ B COMP PEPPERMINT 23849 COENZ B COMP PEPPERMINT 23849 COENZ B COMP ORANGE 67225 COENZ B COMP ORANGE 67246 COLIOIDAL SILVER 30PPM 23836 COLLOIDAL SILVER 30PPM 23837 COLLOIDAL SILVER 30PPM 23836 COLLOIDAL SILVER 30PPM 23837 COLLOIDAL SILVER 30PPM 23836 COLLOIDAL SILVER 30PPM 23854 COLLOIDAL SILVER 30PPM 23854 COLLOIDAL SILVER 30PPM 23855 COLLOIDAL SILVER 30PPM 23856 COLLOIDAL SILVER 30PPM 23857 COLLOIDAL SILVER 30PPM 23858 COLLOIDAL SILVER 30PPM 23858 COLLOIDAL SILVER 30PPM 23859 COLLOIDAL SILVER 30PPM 23851 COLLOIDAL SILVER 30PPM 23851 COLLOIDAL SILVER 30PPM 23856 COLLOIDAL SILVER 30PPM 23857 COLLOIDAL SILVER 30PPM 23857 COLLOIDAL SILVER 30PPM 23858 COLLOIDAL SILVER 30PPM 23858 COLLOIDAL SILVER 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   25.00         25464           27.50         22.00         25461           29.50         23.60         25626           36.98         29.58         25627           25.51         18.00         25446           45.93         36.78         25634           24.50         19.60         66363           24.50         19.60         26403           45.98         36.78         24691           10.50         8.40         23274           17.98         14.38         24693           32.98         26.38         24892           63.50         50.80         24690           15.50         12.40         25660           34.98         27.98         25227           14.</td> <td>MAGNESIUM ULTRA 200 MG MAGTEIN MAG THREONATE MAGNEW MBP BONE RENEW MBP BONE RENEW MBP BONE RENEW MBLATONIN 1 MG ORAN SB MELATONIN 1 MG ORAN SB MELATONIN 1 MG ORAN SB MELATONIN 1 MG PEP SUB MELATONIN 1 MG PEP SUB MELATONIN 2 MG T/R MELATONIN 2 MG T/R MELATONIN 2 MG T/R MELATONIN 2.5 SUB ORAN MELATONIN 2.5 SUB ORAN MELATONIN 2.5 SUB ORAN 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10.00         65525           23.50         25.00         25464           27.50         22.00         25461           29.50         23.60         25626           36.98         29.58         25627           25.51         18.00         25446           45.93         36.78         25634           24.50         19.60         66363           24.50         19.60         26403           45.98         36.78         24691           10.50         8.40         23274           17.98         14.38         24693           32.98         26.38         24892           63.50         50.80         24690           15.50         12.40         25660           34.98         27.98         25227           14.	MAGNESIUM ULTRA 200 MG MAGTEIN MAG THREONATE MAGNEW MBP BONE RENEW MBP BONE RENEW MBP BONE RENEW MBLATONIN 1 MG ORAN SB MELATONIN 1 MG ORAN SB MELATONIN 1 MG ORAN SB MELATONIN 1 MG PEP SUB MELATONIN 1 MG PEP SUB MELATONIN 2 MG T/R MELATONIN 2 MG T/R MELATONIN 2 MG T/R MELATONIN 2.5 SUB ORAN MELATONIN 2.5 SUB ORAN MELATONIN 2.5 SUB ORAN MELATONIN 3.5 SUB PMIN MELATONIN 3 MG MELATONIN 3 MG MELATONIN 3 MG MELATONIN 3 MG MELATONIN 5 MG MELATONIN 5 SUBL ORANG MELATONIN 1 MG METHYLCOBALAMIN	60 TAB 10.25 8.20 180 CAP 81.98 55.58 45 CAP 21.50 17.20 90 CAP 41.98 33.58 90 TAB 31.50 25.20 30 CAP 16.50 13.20 60 CAP 30.50 24.40 120 CAP 59.50 47.60 100 TAB 8.25 6.60 100 TAB 8.25 6.60 100 TAB 8.50 6.80 200 TAB 16.50 13.20 300 TAB 24.75 19.80 100 TAB 8.50 6.80 201 TAB 8.50 6.80 120 TAB 16.50 13.20 120 TAB 16.50 12.40 120 TAB 16.50 12.40 120 TAB 16.50 12.40 120 TAB 16.50 13.20 120 TAB 16.50 12.40 120 TAB 16.50 13.20 120 TAB 18.50 14.80 120 TAB 18.50 14.80 120 TAB 18.50 14.80 120 TAB 18.50 14.80 120 TAB 26.50 21.20 120 TAB 24.75 19.80 120 TAB 26.50 21.20 120 TAB 24.75 19.80 120 TAB 26.50 21.20 120 TAB 30.50 24.00 120 TAB 44.98 35.98 120 TAB 44.98 35.98 120 TAB 44.98 35.98 120 TAB 35.99 27.18 120 TAB 35.99 39.89 120 TAB 36.50 29.20
25306 BROMELAIN 500MG 600 GD 120 TAB 15.50 12.40 58216 LIPUIC ACID 300 MG ALP 120 CAP 26.88 21.58 40102 SKIN ETERNAL TAB 120 TAB 28.50 22.80 33469 C 1000 WELLINESS 200 TAB 37.50 30.00 40989 LIPUIC ACID 300 MG TR 60 TAB 14.25 11.40 64162 SLENDERLUMA 30 CAP 19.98 15.98	13401 13391 13397 67266 67262 67263 67268 67267 67268 511316 11327 11319 29714 11324 5204 44698 45060 44700 21983 30189 40530 45526 31887 38540 67632 56107 39794 51245 37518 35343 35768 24938 34270 37518 51407 53668 42298 27191 253668 42298 27191	ZINC 50 TAB  ZINC CITRATE 30 CAP ZINC PICOL 22 TAB  ZINC PICOL 22 TAB  CHING WAN HUNG BRN BLM PO SUM ON MEDICAT OIL WHITE FLOWER ANALGESIC YUNNAN BAIYAO TONG SHU ZHENG GU PAIN REL APP ZHENG GU PAIN REL SPRY  CIO #5 BENTONITE COLLOID #7 C 10 #5 GREENLIFE #10 INTESTINAL CLEANSER #9  DURCE NATURALS 5 HTP 50 MG ACETYL L CARN/LIPC ACD ACTION ACCOUNTY ARGININE CITRULL CMP ARGININE CITRUL CMP ARGINI	100 TAB 9.90 7.92 100 CAP 12.10 9.68 100 TAB 10.90 8.71    COMPANY	37043 GLUCOS CHOND MSM 39127 GLUCOS CHOND MSM 39127 GLUCOS SUIF 750 MG 39129 GLUCOS SUIF 750 MG 39129 GLUCOS SUIF 7700 MG 39129 GLUCOS SUIF 7700 MG 25320 GLUCOSAMINE SUIF 500 67194 GLUTATHIONE BUILDER 57801 GRAPE SEED 200 MG CAP 25340 GRAPE SEED EXT 100 66014 GRAPE SEED EXT 100 66014 GRAPE SEED EXT 200 MG 25322 GRAPEFRUIT PECTIN 1000 25426 HEART SCIENCE 44714 HERB KIDS LIQ WELLNESS 29887 HERBAL RESIST A/F WELL 44683 HOLY BASSIL 29893 HOMOCYSTEINE DEFENSE 52457 HORNY GOAT WEED EXT 29311 HOT FLASH 52234 HUPERZINE A 200 MCG 50605 HYALURONIC ACID 50 41388 HYALURONIC ACID 50 41388 HYALURONIC ACID 50 41388 HYALURONIC ACID 50 55704 HYALURONIC ACID SEC 55704 HYALURONIC ACID SEC 55704 HYALURONIC ACID SEC 55704 HYALURONIC ACID SEC 63731 K 500 MCG 63731 K 500 MCG 63731 K 500 MCG 53050 K2 100 MCG W/D3 400 S 67673 K2 ADVANTAGE 180 MCG 59413 KRILL OIL 500 ARCTICP 55799 KRILL OIL 500 MG ARCTC 59063 LEUCINE 500 MG 67059 LIFE FORCE HUTH AG NO 67059 LIFE FORCE HUTH IND IR 20670 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20672 LIFE FORCE MULTIPLE 20673 LIFE FORCE MULTIPLE 20673 LIFE FORCE MULTIPLE 20674 LIFE FORCE MULTIPLE 20675 LIFE FORCE MULTIPLE 20676 LIFE FORCE MULTIPLE 20676 LIFE FORCE MULTIPLE 20676 LIFE FORCE MULTIPLE 20677 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 20671 LIFE FORCE MULTIPLE 20670 LIFE FORCE MULTIPLE 207	120 TAB 120 TAB 120 TAB 120 TAB 8 Z PWD 60 TAB 90 TAB 90 TAB 90 TAB 90 TAB 120 TAB	49.50         39.60         60112           55.50         44.40         59668           28.98         23.18         64399           23.50         18.80         20695           10.50         8.40         40973           23.98         19.18         53859           48.50         38.80         33591           32.50         26.00         34905           32.98         26.38         24789           18.50         14.80         52091           49.50         39.60         56565           22.50         18.00         42309           23.50         18.80         50609           23.50         18.80         50609           23.50         18.80         50611           24.98         19.98         33360           25.50         55.60         65947           49.50         36.00         27775           25.90         55.60         65947           49.50         39.60         28157           17.78         14.38         25342           12.75         10.20         26677           42.75         34.20         34227	OMEGA 3 FISH OIL ARTICP OMEGA 3 FISH UIL ENTER OMEGA 7 SEA BUCKTHORN OPTI ZINC OREGANO OIL PABA 100 MG PAU 0 TARCO PHOS SERINE 150 MG PHOS SERINE 150 MG PHOS SERINE 150 MG POLICOSANOL 10 MG POLICOSANOL 10 MG POLICOSANOL 12 MG POLICOSANOL 10 MG POLICOSANOL 12 MG POLICOSANOL 12 MG POLICOSANOL 10 MG POLICOSANOL 10 MG POLICOSANOL 10 PYPOLICOSANOL 10 PYPOLIC	120 SGC 41.98 33.58 120 SGC 45.98 36.78 120 SGC 44.98 36.78 120 SGC 44.98 36.78 120 TAB 11.50 9.20 60 CAP 21.50 17.20 250 TAB 13.98 11.18 250 TAN 18.25 14.60 60 SGC 45.98 36.78 60 SGC 45.98 36.78 60 TAB 21.50 17.20 60 TAB 32.98 66.88 60 TAB 32.98 66.88 60 TAB 32.98 66.88 60 TAB 32.98 66.88 90 TAB 34.98 31.18 240 TAB 46.50 37.20 47 CRM 34.98 27.98 27 CRM 34.98 27.98 27 CRM 34.98 37.80 60 TAB 47.98 38.38 60 SGC 48.50 38.80 60 TAB 102.98 82.38 60 TAB 32.50 66.00 60 TAB 58.50 46.80 60 TAB 32.50 68.00 60 TAB 32.50 26.00 60 TAB 35.50 28.00 60 TAB 35.50 12.40 60 CAP 70.50 56.40 100 TAB 35.50 12.40 60 TAB 32.50 12.00 60 TAB 34.50 29.20 60 TAB 35.50 18.80 120 TAB 35.50 36.80 120 TAB 35.50 36.80 120 TAB 35.50 38.80

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### 44268 ### THEANINE 200 MG ### 12 THEANINE SEREN W/RELOR GO ### 5945 THEANINE SEREN W/RELOR GO ### 65945 THEANINE SEREN W/RELOR GO ### 66862 THERACURMIN 300 MG ### 66863 THERACURMIN 300 MG ### 600 ### 29032 TMG TRI METHYL GLYCINE 240 ### 43821 TONEKAT ALI GO ### 66859 TOP 10 HEALERS GO ### 66859 TOP 10 HEALERS 120 ### 54749 TRIBULUS 750 MG GO ### 600 ##	TAB 36.50 29.20 CAP 33.50 26.80 TAB 20.50 14.00 VCA 17.50 14.00 VCA 30.98 24.78 TAB 38.98 31.18 TAB 51.98 41.20 TAB 52.50 42.00 TAB 14.50 11.60 CAP 43.50 34.80 CAP 22.50 14.80 TAB 35.50 28.40 CAP 33.50 34.80 CAP 33.50 34.80 TAB 35.50 28.40 CAP 33.50 61.64 TAB 45.50 14.80 TAB 35.50 28.40 TAB 35.50 28.40 TAB 35.50 61.20 TAB 49.50 39.60 WAF 7.50 6.00 TAB 7.50 6.00 TAB 7.50 6.00 TAB 7.50 6.00 TAB 47.50 38.00 TAB 33.50 26.80 TAB 33.50 32.40 TAB 40.50 32.40	53678 B CMP WOMENS TAB SUB 61871 B12 1000 METHYL 65 SUB 61874 B12 1000 METHYL 65 SUB 53676 B12 5000 METHYL SUB 61870 BIOTIN 5000 TAB SUB 61868 D3 10000 IU TAB SUB 61868 D3 5000 IU TAB SUB 61869 D3 5000 IU TAB SUB 1  SYMBIOTICS  35896 COLOSTRUM + IMMUNE 480 36511 COLOSTRUM + PLS KOSHER 135808 COLOSTRUM + PLS KOSHER 135808 COLOSTRUM + PLUS 480 38776 COLOSTRUM + PLUS 480 138766 COLOSTRUM + PLUS PWD 44899 COLOSTRUM + PLUS PWD 44899 COLOSTRUM HOLOTERRIN 42185 COLOSTRUM LACTOFERRIN 42185 COLOSTRUM PLUS  T.E. NEESBY  11339 AQUA CHROM 150 15ML 11332 BUTYREX 650 11334 CALCIUM ALE.P. 11337 MAGNESORB MAG CHLORIDE 11339 MYCOPRYL 680 11342 SODIUM BUTYRATE 670  TEA TREE THERAPY 28986 ANTISEPTIC CREAM	60 TAB 19.99 19.99 60 TAB 7.99 7.99 60 TAB 14.79 14.79 60 TAB 12.99 12.99 60 TAB 31.99 31.99 60 TAB 29.99 29.99 00 TAB 14.99 14.99 00 TAB 13.49 14.99 00 TAB 31.95 44.99 00 TAB 31.95 44.99 00 TAB 31.95 44.99 00 TAB 31.95 44.99 00 TAB 31.99 49.99 00 TAB 31.99 49.99 00 TAB 31.99 49.99 00 TAB 31.99 49.99 00 TAB 31.49 31.49 00 TAB 31.40 31.40 00 TAB 31.99 00 TAB 31.40 31.40 00 TAB 31.99 00 T	27107 BASIC NUTRI CHD WCU/FE 63644 BASIC NUTRIENTS 2 DAY 18845 BASIC NUTRIENTS IU CT 18846 BASIC NUTRIENTS IV CT 18847 BASIC NUTRIENTS IV CT 18847 BASIC NUTRIENTS V C/M 18850 BASIC PRENATAL CAP 18975 BERBERCAP 200 CAP 62221 BERBERIAP 500 MG 64815 BETAINE HCL PEPSIN 520 18941 BETAINE HCL PEPSIN 520 18941 BETAINE HCL PEPSIN 520 18941 BETAINE HCL PEPSIN 520 18939 BIO GEST CAP 18939 BIO GEST CAP 18939 BIO GEST CAP 18930 BOMINS II NO CU/FE 18063 BIOTIN S I NO CU/FE 18070 CAL DEST CAP 18875 BIOMINS II NO CU/FE 188863 BIOTIN S (8000 MCG) CAP 18930 BROMELAIN MF 500 MG 18870 CAL MAG CITRATE 500 MG 18570 CAL MAG CITRATE FF 18918 CARNITINE 330 CAP 24220 CARNITYL 500 60178 CHOLEAST 900 30210 CHOLEAST 900 30210 CHOLEAST WCOOLD 18907 CHOROMIUM PICOL 500 CAP 64028 COPPER BISGLYCINATE 18976 CORTEC CAP 59461 CRUCERA SGS 18926 CSTEPLUS 500 CAP 50658 D3 1000 IU 59874 D3 500 IU DROPS 508571 D3 500 IU DROPS	180 CAP 25.40 — 60 VCA 27.80 — 180 VCAP 42.5 — 180 VCAP 44.25 — 180 VCAP 46.25 — 90 CAP 26.90 — 60 CAP 22.80 — 60 CAP 22.80 — 60 CAP 18.35 — 180 CAP 40.35 — 60 CAP 18.35 — 120 VCA 24.00 — 60 CAP 23.10 — 60 CAP 30.75 — 8 Z PWD 21.15 — 180 CAP 21.15 — 180 CAP 21.85 — 90 CAP 43.00 — 60 CAP 36.15 — 60 CAP 44.30 — 60 CAP 23.95 — 60 CAP 44.30 — 60 CAP 23.95 — 60 CAP 44.30 — 60 CAP 23.95 — 60 CAP 44.30 — 60 CAP 16.50 — 60 CAP 16.50 — 60 CAP 23.95 — 60 CAP 16.50 — 60 CAP 16.50 — 60 CAP 17.00 — 60 CAP 17.00 — 60 CAP 18.35 — 60 CAP 18.	18889 POT CITRATE 99 CAP 50080 POT MAG CITRATE 60701 Q BEST 100 MG COQ10 32981 QUERCETIN PHYTOSOME 56108 R LIPOIC ACID 100 MG 61197 RELORA PIUS 67051 RESVERACEL 38692 RHODIOLA ROSEA 18860 RIBOFLAVIN 5 PHOS CAP 18958 S A T CAP 18973 SACRO-B 250 CAP 62784 SELENIUM METHIONE 50845 SILPHOS 63145 STRESS B COMPLEX 18920 TAURINE 500 CAP 43631 THEANINE 56535 THIOCID LIPOIC ACD 300 67875 THYROCSIN 18913 TRACE MINS CAP 18922 TYROSINE 500 CAP 18992 UINDECYN CAP 67895 VEGALITE VAN PEA & RICE 18991 ZINC PICOLINATE 30 DBL 18893 ZINC PICOLINATE 30 DBL 18894 ZINC PICOLINATE 30 DBL 18895 TEARE SOLUT NAILS 18594 TOO 100% ANTISEP 10ML 18589 TOO 100% ANTISEP 10ML 18589 TTO 100% ANTISEP 25ML	90 CAP 12.30 — 90 CAP 13.40 — 60 SGC 40.90 — 60 CAP 42.45 — 60 VCA 33.50 — 60 VCA 32.95 — 60 VCA 32.95 — 60 CAP 14.35 — 60 CAP 35.60 — 60 CAP 35.60 — 60 CAP 35.60 — 90 CAP 39.00 — 60 CAP 39.00 — 60 CAP 12.10 — 90 CAP 12.10 — 90 CAP 12.10 — 90 CAP 30.25 — 120 VCA 30.20 — 90 CAP 30.25 — 120 VCA 30.20 — 60 CAP 30.25 — 120 VCA 30.20 — 90 CAP 10.05 — 120 VCA 30.20 — 90 CAP 10.05 — 120 VCA 30.20 — 120 CAP 30.25 — 120 VCA 30.20 — 120 CAP 30.25 — 120 VCA 30.20 — 90 CAP 10.05 — 120 CAP 30.25 — 120 CAP 30.25 — 120 VCA 30.20 — 90 CAP 30.85 — 15 SCAP 30.85 — 16 SCAP 30.85 — 17 SCAP 30.85 — 18 SCAP 30.85
SOVEREIGN SILVER           39153         COLLOIDAL SILVER         4 Z           39154         COLLOIDAL SILVER         8 Z           66657         COLLOIDAL SILVER         32Z           58348         COLLOIDAL SILVER         16Z           39151         COLLOIDAL SILVER DROP         2 Z           43311         COLLOIDAL SILVER NASAL         2 Z           39152         COLLOIDAL SILVER SPRAY         2 Z           56487         SILVER FIRST AID GEL         2 Z		29527 SUPPOSITORY TEA TREE 28982 TTO PURE 28981 TTO PURE  TEGOR 41554 BIO 85 41267 BIO 87 (R87) 30 39889 BIO 88 (R88)	12 LIQ 32.50 29.25 17 LIQ 32.50 29.25 18 LIQ 32.50 29.25 19 LIQ 32.50 29.25 10 32.50 29.25	53850 D3 5000 IU 60696 DEPROLOFT HF 34271 DIABENIL 67899 DICALCIUM MALATE 250 41657 DIOSMIN HMC 18937 DIPAN 9 PURE PANCR CAP 39180 E ULTIMATE 66714 ENTROMEND PWD 53875 EPA SUPER 425/270 60360 EPA SUPER PRO 18851 EXTRA NUTRIENTS CAP	60 CAP 14.00 — 120 CAP 50.55 — 90 CAP 53.65 — 120 VCA 19.60 — 60 VCA 23.45 — 180 CAP 76.60 — 60 SGC 47.30 — 5.9 PWD 39.95 — 90 SGC 30.90 — 120 SGC 77.65 —	18590 TTO 100% ANTISEP 50ML  TOMS OF MAINE  39048 DEOD STICK CALEND 18573 DEOD STICK UNS 2.250Z 33594 DEOD STIK HONEYSUCK ROS 195T CAV PRT FLUOR SPE  TOPICAL BIOMEDICS  66761 FIBRO CRM MY PAIN AWAY 166760 FIBRO CRM MY PAIN AWAY	50 LIQ 15.99 14.39  2.5 STK 7.29 5.83 2.2 STK 7.29 5.83 2.2 STK 7.29 5.83 6.7 TUB 7.25 5.80  6.7 CRM 19.99 15.99 3.7 CRM 14.99 11.99
44338 NASALINE NASAL IRRIGAT EA 58690 SALT CRYSTALS 7.7  SUN CHLORELLA  22921 CHLORELLA SUN 200 MG 300 54967 CHLORELLA SUN 500 MG 120 22920 CHLORELLA SUN GRANULES 20		67993 ARTERY STRONG 63024 ARTHOCIN JOINT SUPPORT 63601 BONE SIL (TRICA SIL) 67893 BOSMED + BOSWE & FRANK 66218 CLINICAL ESSENT MUITI 66445 COMFREY CRM TRAUMAP 63579 COMFREY CRM TRAUMAPLNT 6447 CURAMED 200 MG 66078 CURAMED 350 EFFERVESC	60 SGC 31.95 28.75 60 CAP 46.95 42.25 60 TAB 35.95 32.35 60 SGC 35.95 32.35 60 TAB 31.95 28.75 3.4 CRM 37.95 34.15 1.7 CRM 24.95 22.45 60 VCA 29.95 26.95 30 TAB 29.95 26.95	18969 FERRASORB CAP 61196 FLORAMEND PRIME PROBIO 18952 FORM SF 722 CAP 65349 GLECAP 42732 GLUCOSAMINE CHOND 29387 GLUCOSAMINE SULFATE 27212 GLUTAMINE 500 MG 27414 GLUTAMINE FWD 53353 GLUTAHIONE SR RED 175 18921 GLYCINE 500 CAP	60 CAP 19.50 — 30.30 VCA 41.40 — 250 CAP 35.30 — 180 VCA 30.90 — 180 CAP 30.20 — 90 VCA 30.90 — 18.95 — 18. PWD 55.10 — 60 CAP 40.85 — 25.0 CAP 22.60 —	54843 TOPRICIN CTS 41103 TOPRICIN CTS JAR 41103 TOPRICIN CTS UBE 59983 TOPRICIN FOOT THER CRM 58889 TOPRICIN FOOT THERAPY 56810 TOPRICIN FOOT THERAPY TRACE MINIERALS RES 54254 "40,000 VOLTS" 67505 ACTIVE JOINT PLATINUM	8 Z CRM 39.99 31.99 4 Z CRM 24.95 19.96 2 Z CRM 16.95 13.56 4 Z CRM 24.95 22.45 2 Z CRM 16.95 15.25 8 Z CRM 39.95 35.95  3 E A  8 Z LIQ 17.39 13.91 90 TAB 34.99 27.99
SUNFOOD SUPERFOODS  67694 ACAI MAQUI BOWL MIX 66415 ALMONDS HEIRLOOM RAW 8 Z 66416 APRICOT KERNELS RAW OG 8 Z 67324 BERRY ADVENTURE RW ORG 6 Z 67595 BLACK MACA PWD RAW ORG 4 Z 67325 BRAZIL NUTS RAW ORGANIC 8 Z 66418 CACAO POWDER RAW 1LB 66627 CACAO POWDER RAW 8 Z 67288 CAMU CAMU PWD 3.5 67146 CASHEW RAW ORGANIC SNF/ 8 Z 67288 CAMU CAMU PWD 3.5 67146 CASHEW RAW ORGANIC SNF/ 8 Z 67695 CHOC SUPERFO SMOOTH MX 8 Z 68108 COCONUT WRAPS CINN RAW 7PK 68109 COCONUT WRAPS CINN RAW 7PK 68101 COCCONUT WRAPS RAW VEGN 7 68110 COCCONUT WRAPS TURMERIC 7PK 66412 GOJI BERRIES RAW ORG 8 Z 66413 GOLDEN BERRIES RAW ORG 8 Z	PWD 15.99 15.99 SNK 10.95 10.95 SNK 12.99 12.99 SNK 10.00 10.00 PWD 11.99 11.99 SNK 16.99 16.99 SNK 9.95 9.95 FWD 23.99 23.99 PWD 23.99 23.99 PWD 23.99 12.99 MIS 12.99 12.99 SNK 14.95 13.95 SNK 14.95 13.95 PWD 25.99 25.99	64758 CURAMED 375 MG 63026 CURAMED 750 CURCUMIN 58393 CURAMED 750 CURCUMIN 66629 CURAMED 750 MG 58392 CURAMIN 58757 CURAMIN EU 1 63032 CURAMIN EXTRA STRENGTH 63514 CURAMIN EXTRA STRENGTH 63514 CURAMIN EXTRA STRENGTH 63029 CURAMIN EXTRA STRENGTH 63030 CURAMIN EXTRA STRENGTH 64040 CURAMIN EXTRA STRENGTH 640	260 SGC 34.95 31.45 30 SGC 33.95 30.55 60 SGC 60.95 54.85 20 SGC 109.95 98.95 60 CAP 38.95 35.05 60 TAB 46.95 42.25 20 TAB 83.95 75.55 30 TAB 24.95 22.45 60 TAB 44.95 40.45 30 CAP 23.95 21.55 60 TAB 45.95 40.45 30 CAP 23.95 21.55 60 CAP 29.95 59.35 60 CAP 29.95 59.35 60 CAP 29.95 59.35 60 CAP 29.95 35.95 60 CAP 29.95 35.95 60 CAP 25.95 33.95 50 CAP 25.95 33.95 50 CAP 25.95 33.95 50 CAP 26.95 24.25 60 CAP 26.95 24.25 60 CAP 26.95 39.55	1891 BILLINE 300 CAP 24125 GREEN TEA PHYTO G T EX 39739 INDOLE 3 CARBINOL 200 18904 IODINE TYROSINE CAP 64379 IRON BISGLYCINATE 25 33986 ISO PHOS 343692 K2 VITAMIN 38142 LIVER CLEANS 26378 LYSINE 500 MG 67900 MAB BISGLYCINATE PWD 18886 MAG CITRAMET 135 CAP 48885 MAG CITRAMET 135 CAP 48122 MANGANESE BISGLYCINATE 18993 MEDICLEAR BISGLYCINATE 18993 MEDICLEAR SCS CHOC 67565 MEDICLEAR SGS CHOC 67565 MEDICLEAR SGS CHOC 67565 MEDICLEAR SGS VANILLA 29384 MELATON 3 MG 29384 MELATON 3 MG 29384 MELATON 5 MG 33278 MEMORACTIV 67047 MERIVA 500 SF SOY FREE	60 CAP 24.45 — 60 VCA 28.40 — 60 VCA 12.00 — 60 VCA 12.00 — 60 VCA 12.00 — 60 VCA 12.00 — 60 VCAP 15.75 — 60 VCAP 9.60 — 8.4 PWD 37.45 — 90 VCA 13.25 — 60 CAP 13.25 — 60 CAP 17.00 — 8 Z PWD 18.35 — 32. PWD 62.40 — 32. PWD 66.40 — 32. PWD 81.65 — 37. PWD 81.65 — 60 CAP 17.35 — 60 CAP 17.35 — 60 CAP 17.35 — 60 CAP 77.35 —	64006 COLLOIDAL SILVER 30 55413 ELECTROLYT STAM PK ORA 23927 ELECTROLYTE STAMINA T 16890 ELECTROLYTE STAMINA TB 56010 ENDURE INTENSE PERFORM 56011 ENDURE INTENSE PERFORM 56120 KIDS MULTI LIQ T 43446 MAG IONIC 400 MCG LIQ 64004 MAG PWO 350 STRESS X 39033 MEGA MAG 66338 OPTIMAL PH DROPS 67593 PRE WORKOUT PWO CLEAN 43718 SELENIUM IONIC 300 MG 64005 TRACE MINERAL DROPS 16885 TRACE MINERAL DROPS 16886 TRACE MINERAL DROPS 16887 UTAH SEA MINERAL TABS 16887 UTAH SEA MINERAL S 43715 ZINC IONIC 50 MG	8 Z LIQ 37.99 30.39 32 PAK 17.99 14.39 300 TAB 40.89 32.70 90 TAB 19.29 15.46 17 LIQ 7.19 5.77 4 Z LIQ 21.29 17.03 8 Z LIQ 20.89 16.71 2 Z LIQ 9.69 16.71 2 Z LIQ 39.69 31.75 4 Z LIQ 13.19 13.19 1 Z DRP 15.99 12.79 16. PWD 61.69 49.35 2 Z LIQ 13.25 10.60 4 Z LIQ 28.99 23.19 8 Z LIQ 21.99 17.59 300 TAB 41.39 33.21 90 TAB 41.39 33.21 90 TAB 18.19 14.55 16 LIQ 11.79 9.43 2 Z LIQ 9.69 7.74
66409 MANGO SLICES RAW ORG 8 Z 67289 MORINGA POWDER 8 Z 67076 MSM ALDE GEL 4 Z 67077 MSM LOT BERRY VAN 8 Z 67077 MSM LOT COCONUT ROSE NF/ 67408 MULBERRIES WHITE RW OG 8 Z 66414 OLIVES BLACK BOTIJA PR 8 Z 67631 SHILAJIT EXT POWDER RW 3.5 66411 SPIRULINA CRUNCH PURE 4 Z 66419 SUPERFOOD SMOOTHIE MIX 8 Z  SUPER NUTRITION 55285 CALCIUM BLEND IRON FR 90	SNK 9.95 9.95 SNK 13.95 13.95 PWD 15.99 12.95 LOT 12.95 12.95 LOT 12.95 12.95 SNK 9.99 9.99 SNK 16.95 16.95 PWD 29.99 29.99 SNK 25.95 25.95 PWD 15.95 15.95  TAB 23.30 20.97 PAK 69.90 55.92	63510 OMEGA 7 EYE RELIEF 61104 OMEGA 7 SEA BUCKTHORN 65914 POMEGRANATE SEED OIL 67363 PROPOLIS EXT 63031 SAGAPRO 63646 SAGAPRO 61499 SINUCARE 67025 SUCONTRAL D 62773 THYROID CARE 1 64581 TRI IODINE 12.5 MG 64580 TRI IODINE 12.5 MG 64580 TRI IODINE 12.5 MG 65941 VECTOMEGA CAP	60 SGC 39.95 35.95 60 SGC 39.95 35.95 60 SGC 33.95 30.55 60 CAP 29.95 26.95 30 TAB 29.95 26.95 60 TAB 51.95 46.75 60 SGC 33.95 30.55 60 CAP 35.95 32.35 20 CAP 35.95 32.35 80 CAP 58.95 53.05 90 CAP 32.95 29.65 60 CAP 47.95 43.15 60 TAB 47.95 43.15	66697 MERIVA 500 SF SOY FREE 66711 MERIVA SF CUR SOY FREE 39729 META BALANCE 29779 META BALANCE 29779 METHYL GUARD 601011 METHYL GUARD PLUS 34076 METHYL GUARD PLUS 34076 METHYLCOBALAMIN B12 34163 MODUCARE STERINOL CMP 63603 MOLYBOENUM GLYCINATE 39377 MYCO IMMUNE 54285 NEUROCHONDRIA 66856 NIACEL 125 MG 66856 NIACEL 250 MG 66884 NIACINAMIDE 500 MG	120 VCA 53.55 — ASE VCA 42.80 — 120 CAP 28.75 — 240 VCAP 51.10 — 180 CAP 46.00 — 90 VCA 47.45 — 60 CAP 17.65 — 90 CAP 51.30 — 60 CAP 10.10 — 27 LIQ 38.10 — 90 CAP 39.90 — 60 VCA 39.90 — 180 CAP 18.45 —	11598 ARGININE 500 CAP 42114 B12 5000 MCG MEGA LOZ 11392 B12 DOTS 500 LOZENGES 1393 B12 DOTS 500 LOZENGES 63243 B12 DOTS 500 MCG LOZ 11404 BETAINE HCL PEPSIN 648 11420 C 500 CAP 11425 CAL CITRATE CAP + MAG 11426 CALCIUM LACTATE 100 MG 68064 CARNITINE FUEL 1100 11689 CARNITINE MEGA TAB 500 29639 CHICKEN COLLON TYPE II 38951 CHOLESTEROL SUCCESS TB 11683 COUTO 30 MEGA CAP	100 CAP 15.99 12.79 60 LOZ 27.55 22.04 100 LOZ 11.00 8.80 250 LOZ 21.50 17.20 30 LOZ 16.53 13.24 100 CAP 19.79 15.83 250 CAP 23.14 18.51 250 CAP 27.55 22.04 100 CAP 13.77 11.01 16Z LIQ 25.83 20.66 60 TAB 42.95 34.36 60 CAP 23.61 22.88 100 CAP 41.88 33.50
57290         SIMPLY ONE 50 + MEN NO         90           55110         SIMPLY ONE 50 + MEN         30           55111         SIMPLY ONE 50 + MEN         90           56517         SIMPLY ONE 50 + MEN NO         30           55857         SIMPLY ONE 50 + WOM NO         90           55931         SIMPLY ONE 50 + WOM NO         30           55109         SIMPLY ONE 50 + WOMEN         30           53108         SIMPLY ONE 50 + WOMEN         30           53510         SIMPLY ONE 50 + WOMEN         30           53528         SIMPLY ONE MEN NO IRON         90           53528         SIMPLY ONE MEN TAB         90           53529         SIMPLY ONE PRENATAL         90           53529         SIMPLY ONE PRENATAL         90           53529         SIMPLY ONE PRENATAL         30           67755         SIMPLY ONE PRENATAL         30           66845         SIMPLY ONE THINK CLEAR         60           66845         SIMPLY ONE THINK CLEAR         60           66845         SIMPLY ONE WOMEN NO FE         30           53526         SIMPLY ONE WOMEN NO FE         90           53525         SIMPLY ONE WOMEN NO FE         90           53525 <td>TAB 48.90 39.12 TAB 48.90 39.12 TAB 48.90 39.12 TAB 21.00 16.80 TAB 48.90 39.12 TAB 21.00 16.80 TAB 21.00 16.80 TAB 48.90 39.12 TAB 21.00 16.80 TAB 17.30 13.84 TAB 41.50 33.20 TAB 17.30 13.84 TAB 41.50 33.20 TAB 41.50 33.20 TAB 17.30 13.84 TAB 41.50 33.20 TAB 17.30 13.84</td> <td>67812 3 K COMPLETE 31836 5 HTP 50 MG 52841 5 MTHF 1 MG 67531 5 MTHF 1 MG 60359 5 MTHF 5 MG 41510 A 25000 18978 ADRENAL CORTEX 28343 ALS FORMULA 2. 64401 AMINO COMPLEX BERRY 35848 ARABINEX 3 36787 AR-ENCAP ARTECIN ARTMIS ANNUA 18872 ASCORBIC ACID CAP 1000 2 18858 B COMPLEX #12 CAP 18857 B COMPLEX #6 CAP 44137 B P P (BETAINE PANCR) 59721 BASCILUS COAGULANS 18855 BASIC B COMPLEX CAP 67936 BASIC BOOM NUTRIENTS 1</td> <td>60 VCA 24.00 — 90 CAP 29.90 — 60 CAP 17.95 — 30 VCA 56.95 — 90 CAP 10.45 — 60 CAP 11.65 — 40 VCAP 59.50 — 8.8 PWD 39.50 — 8.5 PWD 43.95 — 90 CAP 23.95 — 90 CAP 38.00 — 60 CAP 16.45 — 60 CAP 18.35 — 80 CAP 38.30 — 60 CAP 18.35 — 80 CAP 24.35 — 60 CAP 20.50 — 20 VCA 35.95 —</td> <td>29402 NIASAFE 600 38712 OLIVE LEAF EXTRACT 18988 OMEGA → (EPA &amp; GLA)CAP 55566 OMEGA 3 W/COO10 28384 OPC 100 18980 OSCAP CAP 28259 PANTIETHINE 250 MG 282593 PECTIN PWD CITRUS MOD 63222 PEPTI GAURD 60179 PERFUSIA PLUS 44818 PERFUSIA SR 34738 PERMA CLEAR 54284 PHARMA GABA 100 59462 PHARMA GABA 250 18990 PHOS CHOL 34267 PHYTISONE 18954 PHYTOGEN CAP 35175 PHYTOPROFEN 27799 PIC MINS CAP 25036 PLANTIZYME MULTIZYME 58725 POLYRESVERATROL SR</td> <td>180 CAP 49.30 — 60 CAP 23.95 — 90 CAP 33.95 — 90 SGC 42.50 — 60 41.65 — 120 CAP 21.25 — 60 CAP 35.45 — 5 7 PWD 64.35 — 120 VCA 44.80 — 120 VCA 44.80 — 120 VCA 64.10 — 120 VCA 66.10 — 120 VCA 36.05 — 60 VCA 51.20 — 60 VCA 51.20 — 60 CAP 16.50 — 60 CAP 13.90 — 60 CAP 13.90 — 60 CAP 39.45 — 90 CAP 39.45 — 90 CAP 39.45 —</td> <td>11672 COOLO MAXILIFE CAP 53639 D3 1000 + K2 DOTS 57489 D3 2000 DOT 11490 DAILY ONE NO IRON CAP 11491 DAILY ONE NO IRON CAP 11491 DAILY ONE NO IRON CAP 11497 DAILY ONE WIRRON T 11508 DLPA 500 CAP 21210 DMAE 100 MG CAP 22381 GLA 300 ULTRA SGC 27671 GLUCOS SULF 750 MG 11613 GLUTAMINE 500 CAP 25053 GRAPE SEED EXT 100 MG 25052 GRAPE SEED EXT 50 MG 25052 GRAPE SEED EXT 50 MG 29774 LIPOIC ACID ALPH 100 11621 LYSINE 500 CAP 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11670 N A C 600 MG CAP 11713 NIACIN 1000 (B-3)</td> <td>120 CAP 55.07 44.05 60 CHW 15.79 12.63 100 TAB 9.55 7.64 90 CAP 27.51 22.00 180 CAP 48.46 38.76 90 CAP 28.12 22.49 60 CAP 17.59 14.07 100 CAP 9.49 7.59 60 SGC 24.20 19.36 90 CAP 47.40 37.92 100 CAP 22.04 17.63 60 CAP 22.04 17.63 60 CAP 24.20 19.36 100 CAP 24.20 19.36 100 CAP 11.99 9.59 200 CAP 11.99 9.59 200 CAP 11.99 9.59 200 CAP 11.01 8.80 60 CAP 9.49 7.59 60 CAP 9.49 7.59 60 CAP 19.79 15.83 100 CAP 14.99 11.99</td>	TAB 48.90 39.12 TAB 48.90 39.12 TAB 48.90 39.12 TAB 21.00 16.80 TAB 48.90 39.12 TAB 21.00 16.80 TAB 21.00 16.80 TAB 48.90 39.12 TAB 21.00 16.80 TAB 17.30 13.84 TAB 41.50 33.20 TAB 17.30 13.84 TAB 41.50 33.20 TAB 41.50 33.20 TAB 17.30 13.84	67812 3 K COMPLETE 31836 5 HTP 50 MG 52841 5 MTHF 1 MG 67531 5 MTHF 1 MG 60359 5 MTHF 5 MG 41510 A 25000 18978 ADRENAL CORTEX 28343 ALS FORMULA 2. 64401 AMINO COMPLEX BERRY 35848 ARABINEX 3 36787 AR-ENCAP ARTECIN ARTMIS ANNUA 18872 ASCORBIC ACID CAP 1000 2 18858 B COMPLEX #12 CAP 18857 B COMPLEX #6 CAP 44137 B P P (BETAINE PANCR) 59721 BASCILUS COAGULANS 18855 BASIC B COMPLEX CAP 67936 BASIC BOOM NUTRIENTS 1	60 VCA 24.00 — 90 CAP 29.90 — 60 CAP 17.95 — 30 VCA 56.95 — 90 CAP 10.45 — 60 CAP 11.65 — 40 VCAP 59.50 — 8.8 PWD 39.50 — 8.5 PWD 43.95 — 90 CAP 23.95 — 90 CAP 38.00 — 60 CAP 16.45 — 60 CAP 18.35 — 80 CAP 38.30 — 60 CAP 18.35 — 80 CAP 24.35 — 60 CAP 20.50 — 20 VCA 35.95 —	29402 NIASAFE 600 38712 OLIVE LEAF EXTRACT 18988 OMEGA → (EPA & GLA)CAP 55566 OMEGA 3 W/COO10 28384 OPC 100 18980 OSCAP CAP 28259 PANTIETHINE 250 MG 282593 PECTIN PWD CITRUS MOD 63222 PEPTI GAURD 60179 PERFUSIA PLUS 44818 PERFUSIA SR 34738 PERMA CLEAR 54284 PHARMA GABA 100 59462 PHARMA GABA 250 18990 PHOS CHOL 34267 PHYTISONE 18954 PHYTOGEN CAP 35175 PHYTOPROFEN 27799 PIC MINS CAP 25036 PLANTIZYME MULTIZYME 58725 POLYRESVERATROL SR	180 CAP 49.30 — 60 CAP 23.95 — 90 CAP 33.95 — 90 SGC 42.50 — 60 41.65 — 120 CAP 21.25 — 60 CAP 35.45 — 5 7 PWD 64.35 — 120 VCA 44.80 — 120 VCA 44.80 — 120 VCA 64.10 — 120 VCA 66.10 — 120 VCA 36.05 — 60 VCA 51.20 — 60 VCA 51.20 — 60 CAP 16.50 — 60 CAP 13.90 — 60 CAP 13.90 — 60 CAP 39.45 — 90 CAP 39.45 — 90 CAP 39.45 —	11672 COOLO MAXILIFE CAP 53639 D3 1000 + K2 DOTS 57489 D3 2000 DOT 11490 DAILY ONE NO IRON CAP 11491 DAILY ONE NO IRON CAP 11491 DAILY ONE NO IRON CAP 11497 DAILY ONE WIRRON T 11508 DLPA 500 CAP 21210 DMAE 100 MG CAP 22381 GLA 300 ULTRA SGC 27671 GLUCOS SULF 750 MG 11613 GLUTAMINE 500 CAP 25053 GRAPE SEED EXT 100 MG 25052 GRAPE SEED EXT 50 MG 25052 GRAPE SEED EXT 50 MG 29774 LIPOIC ACID ALPH 100 11621 LYSINE 500 CAP 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11659 MAGNESIUM 400 MG 11670 N A C 600 MG CAP 11713 NIACIN 1000 (B-3)	120 CAP 55.07 44.05 60 CHW 15.79 12.63 100 TAB 9.55 7.64 90 CAP 27.51 22.00 180 CAP 48.46 38.76 90 CAP 28.12 22.49 60 CAP 17.59 14.07 100 CAP 9.49 7.59 60 SGC 24.20 19.36 90 CAP 47.40 37.92 100 CAP 22.04 17.63 60 CAP 22.04 17.63 60 CAP 24.20 19.36 100 CAP 24.20 19.36 100 CAP 11.99 9.59 200 CAP 11.99 9.59 200 CAP 11.99 9.59 200 CAP 11.01 8.80 60 CAP 9.49 7.59 60 CAP 9.49 7.59 60 CAP 19.79 15.83 100 CAP 14.99 11.99

67742	OCUGUARD BLUETEIN PERF	30	VCA	34.99 27.99
67741 25048	OCUGUARD BLUETEIN PROT OCUGUARD PLUS	30 120	VCA Cap	29.99 23.99 51.27 41.01
54930 11731	OMEGA 3 1000 MG Omega 3 Emul Supr 12Z	100 127	SGC LIQ	22.00 17.60 18.99 15.19
57181	PABA 500 MG	100	CAP	15.42 12.33
11748 11629	PANCREATIN CAP Phenylalanine 500 Cap	50 60	CAP Cap	13.22 10.57 15.38 12.30
11757	POTASSIUM 99 MG CAP	90	CAP	9.29 7.43
11774 21212	SELENITE SODIUM 250 Shark Cartilage ADV CP	100 100	CAP Cap	12.12 9.69 36.33 29.06
24936 11817	SUPER ENZYME CAPS Tri roron + Cap	200 120	CAP CAP	37.05 29.64 18.99 15.19
1818	TRI BORON + CAP	240	CAP	29.89 23.91
1535 1845	TWINEPA MEGA SGC YEAST FIGHTERS CAP	60 75	SGC Cap	30.82 24.65 15.99 12.79
26666	YOHIMBE FUEL	100	CAP	33.49 26.79
11847 <b>TY</b> S	ZINC 30 CAP SON AND ASSOC.	100	CAP	9.91 7.92
18695 21238	ALANINE 600 ALANINE 600 AMINOPLEX 740 AMINOVIROX 700 ASPARTIC ACID 500 GABA 500 GLUTAMIC ACID 500 HISTIDINE 600	50 100	CAP CAP	18.95 18.95
8679	AMINOVIROX 700	100	CAP	40.45 40.45 40.45 40.45
8697 8704	ASPARTIC ACID 500 Gara 500	50 100	CAP Cap	11.95 11.95 33.90 33.90
8705	GLUTAMIC ACID 500	100	CAP	14.95 14.95
8709 8711	HISTIDINE 600 Leucine 600	50 50	CAP Cap	24.80 24.80 17.95 17.95
8714 8717	SERINE 600 Valine 600	50 50	CAP Cap	31.95 31.95 17.95 17.95
	.S. LABORATORIES		0711	17.00 17.00
4228 4127	UP4 ADULT PROB 15 BILL UP4 Daily 5 Bill D/F	60 60	VCA VCA	50.49 40.39 34.49 27.59
4795	UP4 PROB 1B KIDS CUBES	60	CHW	34.39 27.51
64796 64797	UP4 SENIOR PROB 25 BIL UP4 Ultra prob 50 bill	60 60	VCA VCA	57.69 46.15 79.89 63.91
4800	UP4 WOMENS PROB 10 BIL	60	VCA	46.69 37.35
3342	IMA HEALTH ULTIMA GRAPE LARGE	10.	PWD	39.99 35.99
5723	ULTIMA LEMONADE LARGE	11.	PWD	39.99 35.99
5724 5722	ULTIMA LEMONADE PWD ULTIMA LEMONADE SMALL	20 3.6	PAK PWD	19.99 17.99 19.99 17.99
4237 4226	ULTIMA ORANGE LARGE Ultima orange PWD PAK	10. 20	PWD Pak	39.99 35.99 19.99 17.99
4233	ULTIMA ORANGE SMALL	3.6	PWD	19.99 17.99
8593 8592	ULTIMA REP GRAPE PWD ULTIMA REP GRAPE PWD	20 3.6	PAK PWD	19.99 17.99 19.99 17.99
7855	ULTIMA REP WLD RSP PWD	20	PAK PWD	19.99 17.99
4236 4232	ULTIMA WILD RASP LARGE Ultima wild rasp small	13. 3.4	PWD	39.99 35.99 19.99 17.99
UN		20	TAD	22.15 10.04
1067 17819	ANGIPLEX Lobelia plex	30 1 Z	TAB Liq	22.15 19.94 19.30 17.37
0033 9139	MELANGE COMBINATION MUCO COCCINUM	100 10	TAB Tab	12.70 11.43 27.00 24.30
7927	UNDA#38 IVERSAL NUTRITIC	20	DRP	21.40 19.26
1299	GAIN FAST 3100 VAN	2.5	PWD	25.99 20.79
1309 1288	MILK & EGG PROT VAN Sterol Complex Natural	1.5 90	PWD Tab	24.69 19.75 27.95 22.36
3835	UNI LIVER 30 GRAIN	500	TAB	44.50 35.60
VE		F.0	DIMP	00.00 05.40
3268 5253	ELECTROLYTE HYDRAT BER Protein & Greens nat	5.2 20.	PWD PWD	29.99 25.49 39.99 35.99
5254 1077	PROTEIN & GREENS VAN Recovery accel app ber	21. 19Z	PWD PWD	39.99 35.99 40.00 36.00
32608	SMOOTHIE PWD CHOC A LT	9.7	PWD	19.99 17.99
2607 1462	SMOOTHIE PWD VIVA VAN Vega one berry shake	9.7 15.	PWD PWD	19.99 17.99 39.99 35.99
1933	VEGA ONE CHOC SHAKE VEGA ONE CHOC SHAKE	30.	PWD	69.99 62.99
1461 6393			DIME	10 00 05 00
10000	VEGA ONE COCONUT ALM	15. 14.	PWD PWD	39.99 35.99 39.99 35.99
2605	VEGA ONE COCONUT ALM Vega one frn van Shake	15. 14. 15Z	PWD PWD	39.99 35.99 39.99 35.99
2605 2604 4930	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE	15. 14. 15Z 30Z 15.	PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99
2605 2604 34930 31544	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK	15. 14. 15Z 30Z 15. 15.	PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 39.99 35.99
32605 32604 34930 31544 31350 59235	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY	15. 14. 15Z 30Z 15. 15. 30Z 540	PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99
2605 2604 4930 1544 1350 9235	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PRE WRK LEM VEGA SPORT PROTEIN BER	15. 14. 15Z 30Z 15. 15. 30Z	PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 54.99 49.49
2605 2604 4930 1544 1350 9235 9044 6263	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PRE WRK LEM VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC	15. 14. 15Z 30Z 15. 15. 30Z 540 540 28. 29.	PWD PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 54.99 49.49
2605 2604 4930 1544 1350 9235 9044 6263 6265 6264	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PRE WRK LEM VEGA SPORT PROTEIN BER	15. 14. 15Z 30Z 15. 15. 30Z 540 540 28.	PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 54.99 49.49
22605 12604 44930 1544 1350 19235 19044 16263 16265 16264	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN RANT HEALTH A MANS ZINC 30 MG	15. 14. 152 302 15. 15. 302 540 540 28. 29.	PWD PWD PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 35.99 69.99 69.99 44.99 44.99 54.99 44.99 54.99 49.49
32605 32604 34930 31544 31350 39235 39235 39244 36263 36265 36264 VIE 38829 37287 35364	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOILSTERDI BI OCKER CH	15. 14. 15Z 30Z 15. 30Z 540 28. 29. 29.	PWD PWD PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 35.99 69.99 62.99 39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 49.49 54.99 49.49 54.99 49.49 54.99 49.49 54.99 49.49 54.99 52.396 19.95 23.96
2605 2604 4930 11544 11350 19235 19235 19244 66263 16265 16264 18829 17287 15364 17820	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURFILE 500 MG	15. 14. 157 307 15. 307 540 540 28. 29. 29.	PWD PWD PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 62.99 62.99 62.99 62.99 62.99 62.99 44.99 44.99 44.99 44.99 44.99 49.49 54.99 49.49 54.99 49.49 54.99
2605 2604 4930 1544 1350 19235 19235 19244 16263 16264 VIB 17287 15364 17820 12760 18376	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PRE WRK LEM VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS	15. 14. 157. 307. 15. 15. 307. 540. 540. 28. 29. 29. 60. 60. 60. 60.	PWD PWD PWD PWD PWD PWD PWD PWD PWD PWD	39.99 35.99 39.99 69.99 62.99 49.99 44.99 44.99 44.99 44.99 44.99 44.99 44.99 49.99 39.96
32605 32604 34930 31544 31350 3150 31	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE	15. 14. 15Z 30Z 15. 15. 30Z 540 540 28. 29. 29. 60 60 60 60 7.5	PWD	39.99 35.99 39.99 35.99 62.99 35.99 62.99 44.99 44.99 44.99 44.99 49.49
62605 62604 64930 61544 61350 69235 69235 66263 66265 66264 <b>VIE</b> 88829 67287 65364 8829 67287 65364 88376 62457 67260	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PACIAI SHAK VEGA SPORT PACIE WERK LEM VEGA SPORT PROTEIN ER VEGA SPORT PROTEIN CHC	15. 14. 157 307 15. 307 540 540 28. 29. 29. 29. 60 60 60 60 7.5 90 120	PWD	39.99 35.99 39.99 35.99 39.99 35.99 39.99 35.99 39.99 49.99 44.99 49.99 49.49
32605 32604 34930 31544 31350 39235 39044 36265 36265 36264 VIE 38829 37287 35364 37820 3272	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PACH SERRY VEGA SPORT PRE WRK LEM VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE GREEN VIBRANCE TE PACK GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD	15. 14. 157. 307. 15. 15. 307. 540. 540. 29. 29. 29. 60. 60. 60. 60. 7.5. 90. 120. 127. 247.	PWD	39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 44.99 54.99 49.49 54.99 49.49 54.99 49.49 54.99 52.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 15.96 49.95 39.96 39.95 31.80 29.95 33.80 29.95 33.80 29.95 33.80 29.95 33.80 29.95 39.96 34.95 7.96 39.75 31.80 29.95 39.96 84.95 67.95
12605 12604 14930 11544 11540 19235 19244 16263 16265 16264 17287 17380 12457 17202 12457 17202 12457 17202 12457 17203 13444	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NETURAL SHAKE VEGA ONE NETURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANTH HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 55 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD	15. 14. 157. 307. 15. 15. 307. 540. 28. 29. 29. 29. 60. 60. 60. 60. 7.5. 90.	PWD	39.99 35.99 39.99 35.99 69.99 62.99 44.99 44.99 44.99 44.99 44.99 49.49 54.99 49.49 54.99 49.49 54.99 55.96 19.95 15.95 15.96 19.95 15.95 15.95 19.95 15.95 15.95 15.95 15.95 15.95 15.95 15.95 15.95 15.95 15.95
12605 12604 14930 11544 11350 19235 19044 16263 16265 16266 18729 175364 17820 12760 12457 17202 12648 13444 13186 13186 13186 13186	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PACIA SHAK VEGA SPORT PACIE BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINDID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE VEREN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE VCAP IMMUNE DEFENSE	15. 14. 152 307 15. 15. 307 540 28. 29. 29. 29. 60 60 7.5 90 120 15 122 247 6.2 240 120	PWD	39.99 35.99 39.99 35.99 39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 49.49 54.99 49.49 54.99 49.49 54.99 52.396 19.95 15.96 19.95 15.96 19.95 15.96 19.95 23.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 31.96 29.95 31.96
62605 62604 634930 61544 61535 659235 659235 659235 650265 650265 650265 67820 67820 67820 67820 677202 67720 67	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PACIA SHAK VEGA SPORT PACIE BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE VEREN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE PWD GREEN VIBRANCE VCAP IMMUNE DEFENSE JOINT VIBRANCE	15. 14. 152 307 15. 15. 307 540 28. 29. 29. 60 60 60 60 7.5 90 120 122 242 6.2 242 120 13.	PWD	39.99 35.99 39.99 35.99 69.99 62.99 44.99 44.99 44.99 44.99 44.99 49.49 54.99 49.49 54.99 49.49 54.99 15.96 19.95 19.96 19.95 19.95 19.96 19.95 19.96 19.95 19.96 19.95 19.96 19.95 19.95 19.96 19.95
52605 52604 631544 511540 511544 511350 59235 59204 59225 59204 56225 56264 <b>VIE</b> 55364 57820 62760 62760 62760 62760 62760 62760 62760 62780 62	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NETURAL SHAKE VEGA ONE NETURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA FED ALGAE JOHN VIBRANCE PWD GREEN VIBRANCE PWD GRIEN VIBRANCE CHOC	15. 14. 152 30Z 15. 15. 30Z 540 540 28. 29. 29. 60 60 7.5 90 120 15 12Z 24Z 6.2 240 120 13. 252 724	PWD	39.99 35.99 39.99 35.99 69.99 62.99 44.99 44.99 44.99 44.99 44.99 49.49 54.99 49.49 54.99 51.96 19.95 15.96 19.95 19.96 19.96
62605 62604 64930 659235 659235 659235 659244 66263 666265 666265 666265 66780 67800	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PACIA ISHAK VEGA SPORT PROTEIN ER VEGA SPORT PROTEIN ER VEGA SPORT PROTEIN CHC VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE VEREN VIBRANCE FWD GREEN VIBRANCE FWD GREEN VIBRANCE PWD GREEN VIBRANCE VCAP IMMUNE DEFENSE JOINT VIBRANCE MAXIMUM VIBRANCE METABOLIC VIBRANCE METABOLIC VIBRANCE METABOLIC VIBRANCE METABOLIC VIBRANCE METABOLIC VIBRANCE	15. 14. 157. 307. 15. 307. 540 28. 29. 29. 60 60 7.5 90 120 127. 247. 6.2 240. 13. 252. 724. 90 7.7	PWD	39.99 35.99 39.99 35.99 39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 49.49 54.99 49.49 54.99 49.49 54.99 53.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 15.96 19.95 23.96 49.95 39.96
62605 62604 64930 651544 651350 659235 659235 659244 66263 66265 66265 66265 66265 67820 67920 67920 67920 67920 67920 67920 67920 67920 67920 67920 67920 6	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT ACAI BERRY VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN VAN  RANT HEALTH  A MANS ZINC 30 MG BUILS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE GREEN VIBRANCE 15 PACK GREEN VIBRANCE PWD GREEN VIBRANCE MAXIMUM VIBRANCE MAXIMUM VIBRANCE MAXIMUM VIBRANCE MAXIMUM VIBRANCE MAXIMUM VIBRANCE CHOCK METABOLIC VIBRANCE	15. 14. 157. 307. 15. 307. 540. 540. 28. 29. 29. 60. 60. 60. 60. 7.5. 90. 120. 15. 127. 247. 6.2. 240. 120. 13. 252. 724. 90.	PWD	39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 44.99 54.99 49.49 54.99 49.49 54.99 49.49 54.99 52.396 19.95 15.96 19.95 39.96 49.95 39.96
62605 62604 64930 61544 61350 59235 59044 66263 66265	VEGA ONE COCONUT ALM VEGA ONE FRN VAN SHAKE VEGA ONE FRN VAN SHAKE VEGA ONE NATURAL SHAKE VEGA ONE VAN CHAI SHAK VEGA ONE VAN CHAI SHAK VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN BER VEGA SPORT PROTEIN WAN  RANT HEALTH  A MANS ZINC 30 MG BULLS EYE VCAP CHOLESTEROL BLOCKER CH CRAN NATURELLE 500 MG CURCUMINOID 95 + FIELD OF GREENS GIGARTINA RED ALGAE GIGARTINA RED ALGAE GIGARTINA RED ALGAE VEREN VIBRANCE PWD GREEN VIBRANCE PWD	15. 14. 157. 307. 15. 307. 15. 307. 540 28. 29. 29. 60 60 7.5 90 120 127. 247. 6.2 240 120 13. 252 724 90 7.7 20.	PWD	39.99 35.99 39.99 35.99 69.99 62.99 49.99 44.99 49.99 44.99 49.99 44.99 54.99 49.49 54.99 49.49 54.99 49.49 54.99 49.49 54.99 52.96 19.95 15.96 19.95 15.96 49.95 39.96 39.95 23.96 49.95 39.96 39.95 31.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96 49.95 39.96

00500	TRU OCY BACAL DAY	0.0	DAV	40.05	00.00
66580	TRILOGY MEN PAK	30	PAK	49.95	39.96
66581	TRILOGY WOMEN PAK	30	PAK	49.95	39.96
41254	TURMERIC MAX 46X CURC	60	TAB	49.95	39.96
57390	UT BIOTIC CAP	30	CAP	29.55	23.65
53842	UT VIBRANCE MANNOSE TB	50	TAB	35.65	28.52
62591	VIBRANCE MAXIMUM VAN	24Z	PWD	74.95	59.96
40720	VIRRANCE UT MANNOS PWD	2.0	PWD	36.95	29.56
67084	VIBRANT FLORA PWD 100	14.	PWD	79.95	63.96
38830	ZINC KREBS CYCLE	60	CAP	9.95	7.96
		00	UAF	9.90	7.50
VIO	BIN				
		100	000	20.10	24.15
18602	PROMETOL 10 MIN	100	SGC	30.19	24.15
18605	WHEAT GERM OIL	16Z	LIQ	13.59	10.87
18606	WHEAT GERM OIL 20 MIN	100	SGC	18.29	14.63
VIT	AL NUTRIENTS				
VIII					
64192	A 25000 IU	100	SGC	12.40	12.40
55894	ADRENAL SUPPORT	120	CAP	54.00	54.00
56455	ALLER C	200	CAP	55.70	55.70
53398	B COMPLEX W/ HIGH B6	60	CAP	20.90	20.90
50641	BERBERINE 200 MG	60	CAP	26.90	26.90
54637	BETAINE HCI W/PEPSIN	225	CAP	27.00	27.00
57958	BLACK CURRANT SEED OIL	100	SGC	31.20	31.20
54147	BLOOD SUGAR SUPPORT	120	VCA	52.30	52.30
62143	C 500 W/ BIO	220	CAP	39.60	39.60
55928	D3 2000 IU	90	VCA	19.50	19.50
62079	DGL PWD	4 Z	PWD	27.90	27.90
67208	E 400 MIXED TOCOP	100	SGC	23.80	23.80
57813	E P O 500 MG	250	SGC	47.60	47.60
61578	GARLIC 6000	60	CAP	23.70	23.70
59574	GI REPAIR PWD	168	PWD	43.70	43.70
62431	GUGGUL E & Z 99% 75 MG	60	CAP	44.90	44.90
66177	HYPERICUM EXT 300 MG	90	CAP	20.40	20.40
59785	LIPOIC ACID 300 MG ALP	60	CAP	46.60	
					46.60
57145	MAG GLYCINATE 120 MG	100	CAP	21.00	21.00
64270	MULT MINER W/O COP IRN	120	CAP	22.30	22.30
57814	MULTI NUTRIENT W/IRON	180	CAP	38.30	38.30
57959	MULTI NUTRINT W/O IRON	180	VCA	38.70	38.70
55768	OSTEO NUTRIENTS	180	CAP	33.30	35.90
55987	OSTEO NUTRIENTS II	240	CAP	35.90	35.90
58726	PANCREATIN & OX BILE	60	VCA	28.20	28.20
55830	QUERCETIN 250 MG	100	CAP	28.90	28.90
53480	STRONTIUM 227 MG	90	VCA	23.50	23.50
64544	TENSION EASE	60	CAP	29.90	29.90
61129	TRIPLE MAG 250 MG	90	CAP	21.10	21.10
61009	ULTRA PUR FISH OIL 360	120	SGC	43.90	43.90
53852	ULTRA PUR FISH OIL OMG	200	SGC	41.40	41.49
VIT	ALAH				
61600	OXYLENT BLACKBERRY PAK	30	PAK	34.99	31.49
58299	OXYLENT SPARK BERR PAK	30	PAK	34.95	31.45
66693	OXYLENT SPORT BLUEB BR	15	PAK	24.95	22.46
58300	OXYLENT VARIETY PAK	30	PAK	35.95	32.35
VIT	ANICA				
52746	CANDIDASTAT	60	CAP	17.95	17.95
52756	CHASTE TREE BERRY	60	CAP	17.25	17.25
52747	CRANSTAT EXTRA	60	CAP	19.95	19.95
	FEM REBALANCE				25.95
61985		60	CAP	25.95	
54141		60	CAP	19.95	19.95
52752	LACTATION BLEND	60	CAP	20.95	20.95
52754	PREGNANCY PREP	60	CAP	20.95	20.95
52751	SLEEP BLEND	60	CAP	21.75	21.75
52748	WOMENS SYMMETRY	180	CAP	41.75	41.75
52745	YEAST ARREST SUPP	14	SUP	17.95	17.95
51026	YEAST ARREST SUPP	28	SUP	32.45	32.45
					نـــــ
VS	_ PHARMA				
59743					
60893	VSL #3 CAP 112.5 BILL	60	CAP	59.49	59,49
				59.49 170.09	59.49 170.09
	VSL #3 DS SCH 900 BILL	20	SCH	170.09	170.09
56894	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL	20 30			170.09
56894	VSL #3 DS SCH 900 BILL	20 30	SCH	170.09	170.09
56894 <b>WA</b>	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL LLYS NATURAL PRO	20 30 <b>DDT</b>	SCH SCH	170.09 101.26	170.09 101.26
56894 WA 30040	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX	20 30 <b>DDT</b> 4PK	SCH SCH	170.09 101.26 15.79	170.09 101.26 12.63
56894 WA 30040 30041	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB	20 30 <b>DDT</b> 4PK 4PK	SCH SCH CAN CAN	170.09 101.26 15.79 15.19	170.09 101.26 12.63 12.15
56894 WA 30040 30041 30042	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER	20 30 <b>DDT</b> 4PK 4PK 4PK	SCH SCH CAN CAN CAN	170.09 101.26 15.79 15.19 15.19	170.09 101.26 12.63 12.15 12.15
56894 WA 30040 30041 30042 30045	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL	20 30 DDT 4PK 4PK 4PK 4PK 1 Z	SCH SCH CAN CAN CAN LIQ	170.09 101.26 15.79 15.19 15.19 12.59	170.09 101.26 12.63 12.15 12.15 10.07
56894 WA 30040 30041 30042 30045	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL	20 30 DDT 4PK 4PK 4PK 4PK 1 Z	SCH SCH CAN CAN CAN LIQ	170.09 101.26 15.79 15.19 15.19 12.59	170.09 101.26 12.63 12.15 12.15 10.07
30040 30041 30042 30045 WA	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO	20 30 DDT 4PK 4PK 4PK 1Z	SCH SCH CAN CAN LIQ	170.09 101.26 15.79 15.19 15.19 12.59	170.09 101.26 12.63 12.15 12.15 10.07
56894 WA 30040 30041 30042 30045 WA 57849	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA OINTMENT	20 30 DDT 4PK 4PK 4PK 1 Z PATH	SCH SCH CAN CAN LIQ ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROD	170.09 101.26 12.63 12.15 12.15 10.07
56894 WA 30040 30041 30042 30045 WA 57849 59100	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOL  CALENDULA DINTMENT MOTION SICKNESS PELLET	20 30 DDT 4PK 4PK 4PK 1 Z PATH 2 Z 200	CAN CAN CAN LIQ ONT PEL	170.09 101.26 15.79 15.19 15.19 12.59 PROL 10.79 9.39	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39
56894 WA 30040 30041 30042 30045 WA 57849	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS	20 30 DDT 4PK 4PK 4PK 1 Z PATH	SCH SCH CAN CAN LIQ ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROD	170.09 101.26 12.63 12.15 12.15 10.07
56894 WA 30040 30041 30042 30045 WA 57849 59100	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOL  CALENDULA DINTMENT MOTION SICKNESS PELLET	20 30 DDT 4PK 4PK 4PK 1 Z PATH 2 Z 200	CAN CAN CAN LIQ ONT PEL	170.09 101.26 15.79 15.19 15.19 12.59 PROL 10.79 9.39	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS	20 30 DDT 4PK 4PK 4PK 1 Z PATH 2 Z 200 100	CAN CAN CAN LIQ ONT PEL TAB	170.09 101.26 15.79 15.19 15.19 12.59 PROD 10.79 9.39 9.39	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE	20 30 DDT 4PK 4PK 1 Z PATH 2 Z 200 100 2 Z 200	CAN CAN LIO ONT PEL TAB ONT PEL	170.09 101.26 15.79 15.19 15.19 12.59 PROL 10.79 9.39 9.39 10.79 9.39	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA OINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA OINT	20 30 DDT 4PK 4PK 4PK 1 Z PATH 2 Z 200 100 2 Z	CAN CAN CAN LIQ ONT PEL TAB ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROD 10.79 9.39 9.39 10.79	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA OINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA OINT	20 30 DDT 4PK 4PK 1 Z PATH 2 Z 200 100 2 Z 200	CAN CAN LIO ONT PEL TAB ONT PEL	170.09 101.26 15.79 15.19 15.19 12.59 PROL 10.79 9.39 9.39 10.79 9.39	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO  EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA OINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA OINT Y OUT WAX	20 30 DDT 4PK 4PK 1 Z PATH 2 Z 200 100 2 Z 200 2 Z	CAN CAN CAN LIO ONT PEL ONT PEL ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROL 10.79 9.39 9.39 10.79 9.39 10.79	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39 10.79
56894  WA 30040 30041 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA OINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA OINT Y OUT WAX  INDIAN SUMM ODOR NEUTR	20 30 DDT 4PK 4PK 4PK 1 Z PATH 2 Z 200 100 2 Z 200 2 Z 4 Z	SCH SCH CAN CAN CAN LIQ ONT PEL TAB ONT PEL ONT	170.09 101.26 15.79 15.19 12.59 12.59 10.79 9.39 9.39 10.79 9.39 10.79	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39 10.79
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT YOUT WAX  INDIAN SUMM ODOR NEUT LAVENDER SKY ODOR NEUT	20 30 DDT 4PK 4PK 4PK 1 Z 200 100 2 Z 200 2 Z 200 2 Z 4 Z 4 Z	SCH SCH CAN CAN CAN LIQ ONT PEL TAB ONT PEL ONT SPY SPY	170.09 101.26 15.79 15.19 12.59 PROP 10.79 9.39 9.39 10.79 9.39 10.79 7.99	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT YOUT WAX  INDIAN SUMM ODOR NEUT LAVENDER SKY ODOR NEUT NEUTRAL SCENT ODOR NEU	20 30 DDT 4PK 4PK 4PK 1 Z 200 100 2 Z 200 2 Z 4 Z 4 Z 4 Z 4 Z 4 Z	SCH SCH CAN CAN LIQ ONT PEL ONT TAB ONT PEL ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROP 10.79 9.39 10.79 9.39 10.79 7.99 7.99	170.09 101.26 12.63 12.15 12.15 10.07 9.39 9.39 10.79 9.39 10.79 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028 68029	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT YOUT WAX  INDIAN SUMM ODDR NEUT LAVENDER SKY ODDR NEUT NEUTRAL SCENT ODDR NEUT TROPIC CITRS ODDR NEUT	20 30 DDT 4PK 4PK 4PK 1 Z 200 100 2 Z 200 2 Z 200 2 Z 4 Z 4 Z	SCH SCH CAN CAN CAN LIQ ONT PEL TAB ONT PEL ONT SPY SPY	170.09 101.26 15.79 15.19 12.59 PROP 10.79 9.39 9.39 10.79 9.39 10.79 7.99	170.09 101.26 12.63 12.15 12.15 10.07 10.79 9.39 9.39 10.79 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028 68029	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT YOUT WAX  INDIAN SUMM ODOR NEUT LAVENDER SKY ODOR NEUT NEUTRAL SCENT ODOR NEU	20 30 DDT 4PK 4PK 4PK 1 Z 200 100 2 Z 200 2 Z 4 Z 4 Z 4 Z 4 Z 4 Z	SCH SCH CAN CAN LIQ ONT PEL ONT TAB ONT PEL ONT	170.09 101.26 15.79 15.19 15.19 12.59 PROP 10.79 9.39 10.79 9.39 10.79 7.99 7.99	170.09 101.26 12.63 12.15 12.15 10.07 9.39 9.39 10.79 9.39 10.79 9.39 10.79 9.39
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028 68028	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT Y OUT WAX  INDIAN SUMM ODOR NEUT LEVENDER SKY ODOR NEUT REUTRAL SCENT ODOR NEUT TROPIC CITRS ODOR NEUT  LEDA	20 30 DDT 4PK 4PK 4PK 1Z PATI- 2 Z 200 100 2 Z 200 2 Z 4 Z 4 Z 4 Z 4 Z 4 Z	SCH SCH CAN CAN LIQ ONT PEL ONT PEL ONT SPY SPY SPY SPY	170.09 101.26 15.79 15.19 15.19 12.59 PROD 10.79 9.39 9.39 10.79 7.99 7.99 7.99	170.09 101.26 12.63 12.15 12.15 10.07 9.39 9.39 10.79 9.39 10.79 7.99 7.99 7.99
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028 68029  WE 58625	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEOI  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT  Y OUT WAX  INDIAN SUMM ODOR NEUT LAVENDER SKY ODOR NEUT NEUTRAL SCENT ODOR NEUT TROPIC CITRS ODOR NEUT  LEDA  AFTER SHAVE BALM	20 30 DDT 4PK 4PK 4PK 1Z PATI- 200 100 2 Z 200 2 Z 4 Z 4 Z 4 Z 4 Z 4 Z 4 Z 4 Z 3 3 4	SCH SCH CAN CAN LIQ ONT PEL TAB ONT PEL ONT SPY SPY SPY SPY	170.09 101.26 15.79 15.19 15.19 12.59 <b>PROP</b> 10.79 9.39 10.79 9.39 10.79 7.99 7.99 7.99	170.09 101.26 12.63 12.15 12.15 10.07 9.39 9.39 9.39 10.79 7.99 7.99 7.99 7.99
56894  WA 30040 30041 30042 30045  WA 57849 59100 57219 58068 61097 58148  WA 68027 68026 68028 68028	VSL #3 DS SCH 900 BILL VSL #3 SACHETS 450 BIL  LLYS NATURAL PRO EAR CANDLE B WAX EAR CANDLE HERB EAR CANDLE LAVENDER EAR OIL  SHINGTON HOMEO  CALENDULA DINTMENT MOTION SICKNESS PELLET POISON IVY PILLS SCARS THIOSINAMINUM SMOKING BE GONE WARTS & FEET THUJA DINT Y OUT WAX  INDIAN SUMM ODOR NEUT LEVENDER SKY ODOR NEUT REUTRAL SCENT ODOR NEUT TROPIC CITRS ODOR NEUT  LEDA	20 30 DDT 4PK 4PK 4PK 1Z PATI- 2 Z 200 100 2 Z 200 2 Z 4 Z 4 Z 4 Z 4 Z 4 Z	SCH SCH CAN CAN LIQ ONT PEL ONT PEL ONT SPY SPY SPY SPY	170.09 101.26 15.79 15.19 15.19 12.59 PROD 10.79 9.39 9.39 10.79 7.99 7.99 7.99	170.09 101.26 12.63 12.15 12.15 10.07 9.39 9.39 10.79 9.39 10.79 7.99 7.99 7.99

66716	FIRMING SERUM POMEGRAN		SER	44.99 35.99	
56892 54006	FOOT BALM Hand CRM Sea Buckthorn	2.5 1.7	CRM CRM	13.49 10.79 9.99 7.99	
57394	NIGHT CREAM WILD ROSE	12	CRM	31.49 25.19	
54060	NIGHT CREAM WILD ROSE Shamp Body Baby Calen	6.8	LIQ	12.59 10.07	
32969 42002	SHAVE CREAM Skin food	2.5 2.5	CRM CRM	9.95 7.96 18.99 15.19	
58623	SKIN FOOD	17	CRM	10.59 13.15	
58626	SOAP BAR ROSE	3.5	BAR	10.99 8.79	
53072	SKIN FOOD Soap bar Rose Stretch Mark Peg Oil Test Ratanhia	3.4	LIQ	20.00 16.00	
63108	11 01 11/11/11/11/11	2.0	TUB	7.99 6.39	
	IOLE WORLD BOTAN				
68034 60827	CAMU WHOLE FRUIT DARK	74G 90	PWD VCA	40.49 40.49 32.99 32.99	
66276	ROYAL ABUTA PLUS	120	VCA	35.29 35.29	
52009	ROYAL BREAK KIDNEY BLD	120	VCA	32.75 32.75	
36721	CAMU WHOLE FRUIT DARK MACA PLUS WOMEN W/DIM ROYAL ABUTA KUN ROYAL BREAK KIDNEY BLD ROYAL BREAK STONE TEA ROYAL CAMII	4.4	TEA VCA	23.95 23.95	
36719 36720	ROYAL CAMU PWD 100GM	100	PWD	33.25 33.25 37.55 37.55	
41148	ROYAL BREAK STONE TEA ROYAL CAMU ROYAL CAMU PWD 100GM ROYAL CAT'S CLAW EXT ROYAL CATS CLAW TEA ROYAL DESMODIUM ROYAL DESMODIUM ROYAL DESMODIUM	4.6	LIQ	30.95 30.95	
44250 56156	ROYAL CATS CLAW TEA	140	TEA Liq	17.49 17.49 19.45 19.45	
62569	ROYAL DESMODIUM ROYAL DESMODIUM STRONG	47	LIQ	28.69 28.69	
63629	ROYAL GRAVIOLA LIQ	4 Z	LIQ	36.48 36.48	
44958 36718	ROYAL MACA FOR MEN	180	VCA PWD	32.99 32.99 42.95 42.95	
	ROYAL DESMODIUM ROYAL DESMODIUM STRONG ROYAL GRAVIOLA LIQ ROYAL MACA PWD 172 GM ROYAL MACA PWD 172 GM ROYAL MACA VCAP	120	VCA	42.95 42.95 30.99 30.99	
36717	ROYAL MACA VITALIT SEX	180	CAP	32.88 32.88	
WI	LEYS FINEST				
64922	CHOLESTEROL SUPPORT	90	SGC	29.99 23.99	
67130	DHA BEGINNERS 250 KIDS	4.2	LIQ	33.00 26.40	
64321 68071	DHA PRENATAL SGC	60 4.2	SGC LIQ	24.99 19.99 39.99 31.99	
64423	FISH OIL 2150 MG LIQ	4.2	LIQ	29.99 23.99	
64720	FISH OIL 450 EASY SWAL	180	SGC	39.99 31.99	
64061	FISH OIL 450 EASY SWAL	60 en	SGC SGC	14.99 11.99	
68072 64320	CHOLESTEROL SUPPORT DHA BEGINNERS 250 KIDS DHA PREMATAL SEC FISH OIL 2150 LIQ KOSH FISH OIL 2150 MG LIQ FISH OIL 450 EASY SWAL FISH OIL 450 EASY SWAL KZ 80 MG WJ 30 AMEGA 3 ORANGE BURST FISH OIL PEAK EPA 750 PEAK EPA 750 FISH OIL	8.4	LIQ	39.99 31.99 24.99 19.99	
66596	PEAK EPA 750	60	SGC	39.99 31.99	
64062	PEAK EPA 750 FISH OIL	30	SGC	21.99 17.59	
WI	LLNER ESSENTIAL C	DIL			
66292	BUG SHIELD OIL	1 Z	LIQ	18.40 14.72	
63UU3 62670	CEDARWOOD OIL	1 <i>L</i>	LIU	10.23 8.18	
66285	CITRONELLA OIL W	12	LIQ	11.50 9.20	
63004	CLOVE BUD OIL	1 Z	LIQ	16.10 12.88	
66293 66201	ENERGY BOOST OIL	17	LIQ	18.40 14.72	
62681	EUCALYPTUS OIL	4 Z	LIQ	18.86 15.08	
62680	EUCALYPTUS OIL	17	LIQ	9.66 7.72	
66286 62710	FRANKINCENSE OIL	17	LIQ	19.55 15.64 16.10 12.88	
66295	HEAD RELIEF OIL	12	LIQ	18.40 14.72	
66287	JASMINE OIL	1 Z	LIQ	57.50 46.00	
62815 63005	LAVENDER BULGARIAN OIL	17	LIQ	29.90 23.92 13.80 11.04	
62787	LAVENDER FRENCH OIL	4 Z	LIQ	37.72 30.17	
63006	LEMON OIL	17	LIQ	13.34 10.67	
62820	UBANGE SWEET UII	1 <i>L</i> 1 7	LIU	11.5U 9.2U 9.65 7.68	
62821	OREGANO ESSENTIAL OIL	12	LIQ	36.22 28.98	
62822	PATCHOULI OIL	17	LIQ	20.24 16.19	
62884 63007	PEPPERMINI UIL PEPPERMINT OII	1 Z 4 7	LIU	12.65 10.12 32.20 25.76	
66288	ROSE ABSOLUTE OIL	17	LIQ	34.50 27.60	
66290	ROSE GERANIUM OIL	17	LIQ	27.60 22.08	
66289	RUSEMAKY UIL	1 <i>L</i> 1 7	LIU	10.81 8.64 20.12 16.10	
66291	SANDALWOOD OIL BLEND	17	LIQ	59.80 47.84	
66296	SLEEP DREAMS OIL	17	LIQ	18.40 14.72	
63010 63010	TEA TREE OIL AUSTRAL	47	LIU IIO	39 79 31 83	
63011	YLANG YLANG OIL	17	LIQ	32.20 25.76	
WI	LLNER PHYTO TECH				
57083	ADAPTOCEN COMPLEY			15 6/ 19 51	
67452	ADAI TUULII GUINII LLA	1 Z	LIU	10.04 12.01	
57037	BUG SHIELD OIL CEDARWOOD OIL CINNAMON LEAF OIL CINNAMON LEAF OIL CITRONELLA OIL ENERGY BOOST OIL ESSENTIAL LOVE OIL EUCALYPTUS OIL EUCALYPTUS OIL EUCALYPTUS OIL HEAD RELIEF OIL JASMINE OIL LAVENDER BULGARIAN OIL LAVENDER BULGARIAN OIL LAVENDER FRENCH OIL LEMONGRASS OIL ORANGE SWEET OIL ORANGE SWEET OIL ORANGE SWEET OIL PEPPERMINT OIL PEPPERMINT OIL PEPPERMINT OIL ROSE GERANIUM OIL ROSE GERANIUM OIL ROSE GERANIUM OIL SAGE OIL SANDALWOOD OIL BLEND SLEEP DREAMS OIL TEA TREE OIL AUSTRAL TEA TREE OIL OIL TEA TREE TEA TREE OIL OIL TEA TREE TEA TREE OIL TEA TREE TEA TREE TEA T	1 Z 90	VCA	26.68 21.34	
57037 57013	ADRENAL ADAPTOGEN CMP ADRENAL STRESS CMP ALIERCY CMP CHILD COND	1 Z 90 1 Z	LIU VCA LIQ	26.68 21.34 15.18 12.14	
57013 56983	ADRENAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX	1 Z 90 1 Z 1 Z 1 Z	VCA LIQ LIQ LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14	
57013 56983 57041	ADREMAL ADAPTOGEN CMP ADREMAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF	1 Z 90 1 Z 1 Z 1 Z 1 Z	LIU VCA LIQ LIQ LIQ LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88	
57013 56983 57041 57551	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX ALLERGY COMPLEX AF ANTION PHYTO BLIN LIQ	1 Z 90 1 Z 1 Z 1 Z 1 Z 1 Z	VCA LIQ LIQ LIQ LIQ LIQ CAP	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08	
57013 56983 57041 57551 63745 57014	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX	1 Z 90 1 Z 1 Z 1 Z 1 Z 1 Z 90 1 Z	VCA LIQ LIQ LIQ LIQ LIQ LIQ CAP	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88	
57013 56983 57041 57551 63745 57014 57082	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ABNICA OIL 1:6 TOPICAL	12 90 12 12 12 12 12 12 12 90 12	VCA LIQ LIQ LIQ LIQ LIQ CAP LIQ OIL	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88 16.90 13.52	
57013 56983 57041 57551 63745 57014 57082 57008	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIO ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15	12 90 12 12 12 12 12 12 90 12 12 12	VCA LIQ LIQ LIQ LIQ LIQ LIQ CAP LIQ OIL LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88 16.90 13.52 15.18 12.14	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 1 Z 1 Z 2 Z 90	VCA LIQ LIQ LIQ LIQ LIQ CAP LIQ OIL LIQ LIQ VCA	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 60340	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15	1 Z 90 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 1 Z 2 Z 90 90 90 90 90 90 90 90 90 90 90 90 90	VCA LIQ LIQ LIQ LIQ CAP LIQ OIL LIQ VCA VCA	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 60340 56949	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:13 ATTRADALUS 460 MG VCA W ASTRAGALUS 460 MG VCA W ASTRAGALUS ROOT 1:3	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 1 Z 2 Z 90 90 90 1 Z	LIU VCA LIQ LIQ LIQ LIQ CAP LIQ OIL LIQ VCA VCA LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59 15.18 12.14	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 60340 56949 57030 67469	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY CMP CHILD FRND ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15 ASHWAGANDHA VCAP ASTRAGALUS 460 MG VCA W ASTRAGALUS 470 MG VCA W ASTRAGALUS CHO FRD BACOPA VCAP	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 2 Z 90 90 1 Z 1 Z 90	LIU VCA LIQ LIQ LIQ CAP LIQ UIQ VCA VCA LIQ LIQ VCA VCA	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 14.49 11.59 15.18 12.14 15.41 12.32 23.69 18.95	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 60340 56949 57030 67469 57043	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY COMP CHILD FRND ALLERGY COMPLEX AF ANTIOX PHYTO BIN LIQ ANTIOX PHYTO BIN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15 ASHWAGANDHA VCAP ASTRABALUS 460 MG VCA W ASTRABALUS 460 MG VCA W ASTRABALUS TOOT 1:3 ATTENTION CMP CHLD FRD BACOPA VCAP BILBERRY	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 2 Z 90 90 1 Z 1 Z 2 Z 90 90 1 Z 1 Z 2 Z 90 1 Z 2 Z 90 1 Z 2 Z	LIU VCA LIO	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 16.10 12.88 16.90 13.52 15.18 12.14 15.91 12.32 23.00 18.40 14.49 11.59 15.18 12.14	
57013 57013 57081 57041 57551 63745 57014 57082 57008 58091 67463 60340 57030 67469 57049 57049	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX AF ANTIOX OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15 ASHWAGANDHA VCAP ASTRAGALUS ROOT 1:3 ATTENTION CMP CHLD FRD BACOPA VCAP BILBERRY BILBERRY 250 MG BILBERRY 250 MG BILBERRY 250 MG	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 2 Z 90 90 1 Z 1 Z 90 1 Z 90	LIU VCA LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 22.77 18.21 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59 15.18 12.14 15.41 12.32 23.69 18.95 15.18 12.14 23.69 18.95	
57013 56983 57041 57551 63745 57014 57082 57082 57083 67463 60340 56949 57030 67469 57043 60119 60120 56969	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANOHA ROOT 1:15 ASHWAGANOHA ROOT 1:15 ASHWAGANOHA VCAP ASTRAGALUS AOOM VCA W ASTRAGALUS ROOT 1:3 ATTENTION CMP CHLD FRD BACOPA VCAP BILBERRY BILBERRY BILBERRY 250 MG BLACK COHOSH 500 MG BLACK COHOSH 500 MG BLACK COHOSH 500 MG BLACK COHOSH 500 MG	1 Z 90 1 Z 1 Z 1 Z 1 Z 90 1 Z 2 Z 90 90 1 Z 90 1 Z 90 1 Z 90 1 Z 90 1 Z	LIU VCA LIQ LIQ LIQ LIQ LIQ LIQ CAP LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ VCA LIQ VCA VCA LIQ VCA LIQ	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59 15.18 12.14 15.41 12.32 23.69 18.95 15.18 12.14 23.69 18.95 15.18 12.14 23.69 18.95 15.18 12.14	
57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 60340 56949 57030 67469 57043 60119 60120 56969 56987	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY COMPLEX ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIQ ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ARNICA OIL 1:6 TOPICAL ASHWAGANOHA ROOT 1:15 ASHWAGANOHA ROOT 1:15 ASHWAGANOHA WCAP ASTRAGALUS AGOM WCA W ASTRAGALUS ROOT 1:3 ATTENTION CMP CHLD FRD BACOPA VCAP BILBERRY BILBERRY BILBERRY 250 MG BLACK COHOSH 500 MG BLACK COHOSH 500 MG BLACK COHOSH 700 T 1:3 BLACK WALNUT HULL 1:1	1 Z 90 1 Z 1 Z 1 Z 1 Z 1 Z 90 1 Z 2 Z 90 1 Z 1 Z 90 1 Z 1 Z 90 1 Z 1 Z 90 1 Z 1 Z 1 Z 90 1 Z	LIU VCA LIO LIO LIO LIO LIO CAP LIO OIL LIO LIO VCA VCA LIO VCA LIO VCA LIO LIO VCA LIO	28.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59 15.18 12.14 15.41 12.32 23.69 18.95 15.18 12.14 15.81 12.14 15.18 12.14 15.18 12.14	
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57013 56983 57041 57551 63745 57014 57082 57008 58091 67463 57030 67469 57043 60119 60120 56969 57065 57065 57065 57065	ADRINAL ADAPTOGEN CMP ADRENAL STRESS CMP ALLERGY COMP CHILD FRND ALLERGY COMPLEX AF ANTIOX PHYTO BLN LIO ANTIOX PHYTO BLN LIO ANTIOX PHYTO CMP II WIL ANXIETY COMPLEX ABNICA OIL 1:6 TOPICAL ASHWAGANDHA ROOT 1:15 ASHWAGANDHA ROOT 1:15 ASHWAGANDHA CVAP ASTRAGALUS 460 MG VCA W ASTRAGALUS 800T 1:3 ATTENTION CMP CHLD FRD BACOPA VCAP BILBERRY BILBERY BILBERRY BILBERY BILBERRY BILBERY BILBERY BILBERY BILBERRY BILBERY BILBERRY BILBERRY BILBERRY BILBERY BILBERRY BILBERRY BILBERRY BILBERRY BILBE	1Z 90 1Z 1Z 1Z 1Z 1Z 1Z 2Z 90 1Z 1Z 1Z 90 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z 1Z	LIU VCA LIO LIO LIO LIO LIO LIO LIO LIO CAP LIO VCA LIO VCA LIO VCA LIO	26.68 21.34 15.18 12.14 15.41 12.32 15.18 12.14 16.10 12.88 18.86 15.08 16.10 12.88 16.90 13.52 15.18 12.14 28.29 22.63 23.00 18.40 14.49 11.59 15.18 12.14 15.41 12.32 23.69 18.95 16.10 12.88 15.18 12.14 15.18 12.14 15.18 12.14 15.18 12.14 15.18 12.14	
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...and remember to check out Don Goldberg's Blog! www.dongoldberg.com

BABY LOT WHITE MALLOW

BABY OIL CALENDULA BIRCH CELLULITE OIL

BODY OIL RELAX LAVEN

DAY CREAM IRIS

DEODORANT CITRUS

DEODORANT ROSE

DEODORANT SAGE SPY

DIAPER CARE CREAM 2.8Z

FACE CRM BABY WHT MALL

FACIAL LOT HYDR IRIS

FACIAL LOT WILD ROSE

FACIAL OIL ALMOND

**BODY OIL SEA BUCKTHORN** 

54063

56893

44687

42232

54048

52737

59685

59961

LOT

LIQ OIL CRM

OIL LIQ CRM

SPY LIQ SPY CRM

CRM

CRM Lot 1.7 1 Z 1 Z

LOT

6.8 3.4 2.5 3.4 1 Z 3.4 3.4 2.8 1 Z

12.74 10.19

16.59 13.27 22.00 17.60 12.49 9.99

20.99 16.79

18.00 14.40

19.99 15.99

13.99 11.99

13.99 11.19 10.00 8.00

23.99 19.19

10.49 8.39 19.99 15.99

27.99 22.39

25.49 20.39

60124

57067

56989

56977

CASCARA SAGRADA 420 MG

CHAMOMILE FLOWERS 1:3

CHASTE TREE BERRY 1:2 CHLOROPHYLL EXTRACT

CINNAMON 410 MG ORG

LIQ LIQ LIQ VCA LIQ LIQ LIQ

1 Z 90 1 Z

1 Z

1 Z 1 Z

13.34 10.67

14.49 11.59

15.18 12.14

15.18 12.14 14.49 11.59

14.49 11.59

### 10

### Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



57092	CINNAMON BARK 40 STAND		60	LVC	30.82	24.65
57073 57062	CINNAMON BARK 40 STAND CLEANSE COMPLEX 1:2 CLOVE 1:4 COMFREY ROOT 1:3 TOPIC CORDYCEPS VCAP COUGH COMPLEX CRAMP BARK 1:3 CRANBERRY 37:1 400 MG CRANBERRY 37:1 400 MG CRANBERRY MANNOSE VCAP DAMIANA 1:3 DAMIDELION 500 MG ORG DANDELION 800T 1:1.5 DEVILS CLAW 1:3 DIGEST STIM COMPLEX DOMG GUAL ROOT 1:3 EAR DROPS ECHIN GOLDENSEAL ECHIN TRIPLE 1:2.1 AF ECHINA ACUTE CMP CAP ECHINA ACUTE CMP LEX ECHINA ACUTE COMPLEX ECHINA ACUTE COMPLEX ECHINA CAUTE COMPLEX ECHINA CAUTE COMPLEX ECHINA CAUTE COMPLEX ECHINACEA ROOT 1:2 ECHINACEA ROOT 1:3 ERNUGREEK V:3 FENUGREEK V:3 FENUGREEK V:3 FENUGREEK V:3 FENUGREEK V:3 FENUGREEK V:3 FENUGREEK VCAP ERTILITY COMPLEX FEVERFEW 1:2 FIBROGESIC FO TI ROOT GARLIC 500 MG ORG GINGER BOOT 1:1.5 GINGER ROOT 1:1.5 GINGER HOULC GINGER FORERCY BURD GINSEN GHERERY BURD		4 Z 1 Z	LIQ LIQ	27.94 15.64	22.35 12.51
57080	COMFREY ROOT 1:3 TOPIC		1 Z	LIQ VCA	15.41 17.48	12.32 13.98
57036	COUGH COMPLEX		1 Z	LIQ	15.29	12.23
57059 60121	CRAMP BARK 1:3 Cranberry 37:1 400 mg		1 Z 90	LIQ VCA VCA	15.18 17.48	12.14 13.98
67467	CRANBERRY MANNOSE VCAP		60	VCA	24.15	10 00
60117	DANDELION 500 MG ORG		90	VCA	14.26	11.40
56966 57029	DANDELION ROOT 1:1.5 DEVILS CLAW 1:3		1 Z 1 Z	LIQ LIQ	14.49 15.41	11.59 12.32
57040 56999	DIGEST STIM CMP AF		1 Z	LIQ	16.56 15.64	13.24
57001	DONG QUAI ROOT 1:3		17	LIQ	15.64	12.51
56953 60125	ECHIN GOLDENSEAL		90	VCA LIQ VCA LIQ LIQ LIQ LIQ VCA IIN	15.41 21.62	12.32 17.29
57052 56974	ECHIN TRIPLE 1:2.1 AF		1 Z 1 7	LIQ LIQ	16.10 16.56	12.88 13.24
57093	ECHINA ACUTE CMP CAP		60	VCA	32.20	25.76
56946	ECHINA ACUTE COMPLEX		1 Z	LIQ LIQ VCA LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	28.52 15.64	22.81 12.51
60129 56945	ECHINACEA 420 MG ORG FCHINACEA ROOT 1:2		90 17	VCA IIO	21.16 15.41	16.92 12.32
56980	ECHINACEA ROOT 1:2		27	LIQ	28.52	22.81 13.06
56994	ECHINACEA TRIPLE 1:2.1		17	LIQ	15.18	12.14
57026 67462	ELDERBERRY 1:2 Elderberry Pelargonium		1 Z 90	LIQ VCA	15.18 21.39	12.14 17.11
57018 57077	ELEUTHEROCOCCUS 1:2		1 Z	LIQ	15.18	12.14 12.14
57081	FENUGREEK 1:3		12	LIQ	15.18	12.14
67458 57000	FENUGREEK VCAP FERTILITY COMPLEX		90 1 Z	VCA Liq	14.03 15.64	11.21 12.51
57065 57031	FEVERFEW 1:2		1 Z	LIQ	15.18 15.64	12.14 12.51
57642	FO TI ROOT		17	LIQ	15.18	12.14
60130 57022	GARLIC 500 MG ORG Gentle Move Child Frnd		90 1 Z	VCA Liq	14.03 15.41	11.22 12.32
60127 56085	GINGER 500 MG ORG		90 17	VCA LIQ LIQ LIQ LIQ LIQ LIQ LIQ VCA	16.10 15.64	12.88 12.51
57055	GINGER ENERGY TONIC		4 Z	LIQ	15.64	12.51
57012 56995	GINGER ROOT 1:1.5		4 <i>L</i> 1 Z	LIU LIQ	15.64 15.18	12.51 12.14
57015 57024	GINGER TONIC GINKGO BULLE 1:1 5 AF		4 Z 1 7	LIQ	15.64 16.10	12.51 12.88
60131	GINKGO BILOBA EXT 60		90	VCA	18.63	14.90
60122	GINSENG AMERIC 400 ORG		60	VCA	50.60	12.14 40.48
56981 57023	GINSENG AMERICAN 1:3 Ginseng Chinese Red		1 Z 1 7	LIQ	23.00 39.10	18.40 31.28
56962	GINSENG ENERGY BLEND		17	VCA LIQ VCA LIQ LIQ LIQ	17.02	13.61
57068	GINSENG ENERGY BLND AF		12	LIQ	31.20 17.94	14.3
67473 67453	GLUCOSAMINE PLUS VCAP GLYCEMIC SUPPORT CMP	1	20 90	VCA VCA	30.59 18.86	24.47 15.09
60128	GOLDENSEAL 250 MG ORG		60	VCA	23.00	18.4
57010	GOTU KOLA 1:1.5		17	LIQ	15.18	12.14
60126 57098	GREEN TEA EXT 250 MG Green tea guo af Wil/2		90 2 Z	VCA Liq	23.92 28.52	19.13 22.81
56944 56998	GREEN TEA GUO AF		1 Z	LIQ	14.95 15.29	11.90
56964	HAWTHORN BERRY 1:3		17	LIQ	15.18	12.14
57088	HEADACHE COMPLEX		90 1 Z	LIQ	15.64	12.51
57099 57051	HERP EASE FORMULA HOLY BASIL 20-8-8-5 ST		1 Z 60	LIQ VCA	15.64 31.28	12.51 25.02
60133	HOODIA 250 MG		60	VCA	27.60	22.08
57017	HOODIA GORDONII 1:4 TA		00 1 Z	LIQ	37.20 27.60	22.08
56973 57728	"HRB BIOT CMP,CHLD FRND" IMMUNE ACUTE COMPLEX		1 Z 1 Z	LIQ LIQ	15.41 16.79	12.32 13.43
57003	IMMUNE COMPLEX		1 Z	LIQ	15.64	12.51
61857	INFLAMEND VCAP W		60	VCA	26.68	21.34
56947 56975	KAVA ROUT 1:2 Kava root 1:2 af		1 Z 1 Z	LIQ LIQ	17.25 18.17	13.80 14.53
60341 57049	KAVA ROOT 380 MG W		90 60	VCA	25.30 31.28	20.24
57057	LEMON BALM 1:2		17	LIQ	15.18	12.14
56948	LIVER SUPPORT		1 Z	LIQ	15.18	12.14
56971 57048	LIVER SUPPORT AF		1 Z 60	LIQ VCA	16.56 31.28	13.24 25.02
67454	LIVER SUPPORT VCAP		90	VCA	21.39	17.11
57733	LUSTROUS HAIR		1 <i>L</i> 2 <i>Z</i>	LIQ	25.30	20.24
56997 67457	LYMPHATIC COMPLEX Maca enhanced powder		1 Z 4 Z	LIQ PWD	15.64 26.22	12.51 20.98
67456	MACA ENHANCED VCAP		90	VCA	24.15	19.32
57731	MALE VIRILITY		12	LIQ	16.10	12.88
57084 57053	MENOPAUSE COMPLEX MENSES COMPLEX		1 Z 1 Z	LIQ LIQ	15.64 15.64	12.51 12.51
60134 5695 <i>4</i>	MILK THISTLE EXT 250		90 1 7	VCA	22.08	17.66
56952	MILK THISTLE SEED 1:3		17	FIG	15.18	12.14
57732 67470	MINT BREATH SPRAY CONC Mmune acute CMP VCAP W		1 Z 90	SPY VCA	11.15 21.39	8.92 17.11
57070 67472	MOTHERWORT 1:3		1 Z	LIQ	14.72	11.77
57201	MULLEIN 1:3		1 Z	LIQ	15.18	12.14
57035 57002	MUSCLEGESIC Mushroom ext CMP Dual		1 Z 1 Z	LIU LIQ	15.64 17.25	12.51 13.80
67461 57070	MUSHROOM IMMUNE CMP		90 1 7	VCA	41.40 15.10	33.12
57074	NEEM		17	LIQ	15.18	12.14
56984 57069	GINSENG AMERICAN 1:3 GINSENG CHINESE RED GINSENG CHINESE RED GINSENG ENERGY BLEND GOUCOSAMINE PLUS VCAP GUCCENSEAL 250 MG ORG GOLDENSEAL 250 MG ORG GOLDENSEAL 250 MG GREEN TEA GUO AF WIL/2 GREEN TEA GUO PEAC AF W HAWTHORN BERRY 5:00 ORG HEADACHE COMPLEX HAWTHORN BERRY 5:00 ORG HEADACHE COMPLEX HOODIA GORDONII 1:4 LV HOODIA GORDONII 1:4 LV HOODIA GORDONII 1:4 TA "HRB BIOT CMCCHLID FRND" IMMUNE ACUTE COMPLEX IMMUNE COMPLEX IMMUNE COMPLEX IMMUNE COMPLEX IMMUNE COMPLEX IMMUNE COMPLEX IMMUNE COMPLEX INFOLIT EN W KAVA ROOT 1:2 LICORICE ROOT 1:3 LIVER SUPPORT LIVER SUPPORT LIVER SUPPORT LIVER SUPPORT AF LIVER SUPPORT STAND LIVER SUPPORT AF LI		1 Z 1 Z	LIQ	15.18 16.10	12.14 12.88
56991	NETTLES 1:3		1 Z	LIQ	15.18	12.14

60135	NETTLES 500 MG ORG	75	VCA	13.80 11.04
57060	NEUTRALIZING CORDIAL	17	LIQ	15.29 12.23
56958	OLIVE LEAF 1:2	17	LIQ	15.18 12.14
60136 56992	ULIVE LEAF EXT 250 MG Orat tonic complex	9U 17	VCA Liq	21.85 17.48 15.64 12.51
57047	OREGANO OIL 70	60	VCA	24.95 19.96
57046	OREGANO OIL 70	120	VCA	41.40 33.12
56939 67465	OREGANO UIL /U Oregano pilis vcap	1 Z 90	LIQ VCA	36.22 28.98 18.63 14.90
56960	PARASITE COMPLEX	1 Z	LIQ	15.64 12.51
57058	PASSION FLOWER 1:3	1 Z	LIQ	15.18 12.14
57004 57720	PAU DARCO BARK 1:5	1 Z	LIQ LIQ	14.72 11.77
57729 57072	PROPOLIS RESIN 1:5 L F	17	LIQ VCA LIQ LIQ	20.70 16.56 18.40 14.72
67464	RED YEAST RICE Q10 VCP	90	VCA	33.81 27.05
57063	REISHI MUSHROOM 1:3	17	LIQ	17.25 13.80
57019 56963	KELAX AW Rei ax am	1 Z	LIU	30.13 24.10 16.10 12.88
56959	RELAX PM	17	LIQ	15.64 12.51
57025	RELAX PM ALCOHOL FREE	17	LIQ	16.56 13.24
56956 57089	RESPIRAT CMP CHLU FRNU	1 Z	LIQ VCA	15.41 12.32 32.20 25.76
56955	RESPIRATORY COMPLEX	1 Z	LIQ	15.64 12.51
57027	RESPIRATORY COMPLEX AF	1 Z	LIQ	16.56 13.24
57032 67460	KHANIATY ALVA KHANIATY 2 ZIWAN	1 Z	LIQ VCA LIQ	15.87 12.69 30.36 24.29
57006	SAW PALMETTO BERRY 1:3	1 Z	LIQ	15.18 12.14
67450	SAW PALMETTO LVCAP	60	LVC	25.30 20.24
67466 57039	SCHISANDKA BEKKY LIU	1 L 1 7	LIQ	15.18 12.14 36.22 28.98
57021	SILVER COLLOID CMP SPR	12	LIQ	14.03 11.22
56972	SILVER COLLOID COMPLEX	17	LIU	14.00 11.22
56982 56941	SINOS AFFERGA BF CH HKR	1 <i>L</i>	LIQ LIQ	16.10 12.88 20.70 16.56
66599	SINUS DECONGEST	27	IIN	39 10 31 28
66588	SINUS DECONGEST SPRAY	1 Z	SPY	
57064 57045	NETTLES 500 MG ORG NEUTRALIZING CORDIAL OLIVE LEAF 1:2 OLIVE LEAF EXT 250 MG ORAL TONIC COMPLEX OREGANO OLI 70 OREGANO OLI 70 OREGANO OLI 70 OREGANO OLI 70 OREGANO HUS VCAP PARASITE COMPLEX PARASITE COMPLEX PARASITE COMPLEX PARASITE COMPLEX PARASITE COMPLEX PASSION TENER 1:3 PAU DARCO BARK 1:5 PELARGONIUM CHERRY A/F PROPOLIS RESIN 1:5 L F RED YEAST RICE 010 VCP REISHI MUSHROOM 1:3 RELAX AM RELAX PM SEYIRATORY COMPLEX RESPIRATORY COMPLEX AF RHODIOLA 5 STAND RHODIOLA VCAP SAW PALMETTO BERRY 1:3 SAW PALMETTO LUCAP SCHISANDRA BERRY LIQ SILVER COLLOID CMP SPR SILVER COLLOID CMP SPR SILVER COLLOID COMPLEX SINUS DECONGEST SINUS DECO	1 <i>L</i>	LVC	15.18 12.14 32.20 25.76
57028	SLEEP COMPLEX W/MELAT	1 Z	LIQ	15.64 12.51
56967	ST JOHNS WORT 1:2	1 Z	LIQ	15.18 12.14
57020 60123	ST JOHN'S WORT 1:2 AF	1 Z	LIQ VCA	16.10 12.88 14.03 11.22
56976	STAY WELL CMP CHLD FRD	1 Z	LIQ	15.41 12.32
56942	STEVIA EXT 90 AF	4 Z	LIQ	28.98 23.18
60140	STEVIA EXT CHOCOLATE	27	LIQ	17.02 13.61
60139 60144	STEVIA EXT CINNAMUN STEVIA FXT ORANGE	2 L 2 T	LIQ	17.02 13.61 17.02 13.61
60143	STEVIA EXT PEPPERMINT	27	LIU	17.02 13.61
60142	STEVIA EXT VANILLA	27	LIQ	
56943 56940	STEVIA EXTRACT ON AF	1 L 2 7	LIQ LIQ	11.04 8.83 16.10 12.88
56970	SYSTEMIC DETOX	17	LIQ	15.64 12.51
57078	SYSTEMIC DETOX AF	17	LIQ	16.56 13.24
56957 67455	THRUAL SPRAY AF	1 Z 90	LIQ VCA	15.64 12.51 21.39 17.11
60137	TURMERIC EXT 450 MG	60	VCA	33.12 26.49
67451	TURMERIC LVCAP	60	LVC	29.32 23.46
57016 56990	IUKMEKIC KUUI 1:1.5 IIRINARY KINNEY COMPLEX	1 <i>L</i> 1 7	LIQ LIQ	15.18 12.14 15.64 12.51
57042	UVA URSI LEAF 1:3	17	LIQ	15.18 12.14
00901	VALERIAN ROOT 1:2	17	LIQ	15.18 12.14
56978 60138	VALEKIAN KUUI 1:Z AF Vaifrian root 500 org	1 Z 90	LIQ VCA	16.10 12.88 16.33 13.06
57044	WHITE WILLOW BARK 1:2	1 Z	LIQ	14.49 11.59
57086	WOMENS ENERGY TONIC	17	LIQ	15.29 12.23
57056 57640	WUKMWUUU XXXGENTIAN ROOT 1:3	1 <i>L</i> 1 7	LIQ LIQ	15.18 12.14 15.18 12.14
57009	YOHIMBE BARK 1:3	12	LIQ	16.33 13.06
66271	UVA URSI LEAF 1:3 VALERIAN ROOT 1:2 VALERIAN ROOT 1:2 AF VALERIAN ROOT 5:00 ORG WHITE WILLOW BARK 1:2 WOMENS ENERGY TONIC WORWHOOD XXXGENTIAN ROOT 1:3 YOHIMBE BARK 1:3 ZINCIMMUNE PLUS	4 Z	LIQ	16.10 12.88
	SDOM OF THE ANCI		•	
32439 37384	STEVIA EXT CLEAR LIQ Stevia ext clear Liq	2 Z 4 Z	LIQ LIQ	15.49 12.39 25.79 20.63
32438	STEVIA EXT WHITE PWD			
24993		17	PWD	14./9 11.83
	STEVIA EXTRACT	1 Z 2 Z	PWD LIQ	14.79 11.83 15.09 12.07
34339 62579	STEVIAPLUS FIBER PWD	2 Z 4 Z	LIQ PWD	15.09 12.07 9.79 7.83
62579	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK	2 Z	LIQ	15.09 12.07
62579 <b>W</b> O	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK	2 Z 4 Z 70	LIQ PWD PAK	15.09 12.07 9.79 7.83 7.19 5.75
62579 <b>WO</b> 62512 43485	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK	2 Z 4 Z 70	LIQ PWD PAK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99
62579 WO 62512 43485 62511	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI	2 Z 4 Z 70 6.5 8 Z 7.5	LIQ PWD PAK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49
62579 WC 62512 43485 62511 66421	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI	2 Z 4 Z 70 6.5 8 Z 7.5	LIQ PWD PAK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 11.99
62579 WO 62512 43485 62511	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI	2 Z 4 Z 70 6.5 8 Z 7.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49
62579 62512 43485 62511 66421 43560 65551 43486	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI	2 Z 4 Z 70 6.5 8 Z 7.5	SNK SNK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 11.99 7.99 7.99 9.29 9.29 9.29 9.29
62579 WO 62512 43485 62511 66421 43560 65551 43486 62513	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 11.99 7.99 7.99 9.29 9.29
62579 62512 43485 62511 66421 43560 65551 43486 62513	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	SNK SNK SNK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 7.99 9.29 9.29 9.29 9.29 8.99 8.99
62579 WO 62512 43485 62511 66421 43560 65551 43486 62513	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	SNK SNK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 11.99 11.99 1.99 7.99 7.99 9.29 9.29 9.29 9.29 8.99 8.99 16.99 15.29
62579 62512 43485 62511 66421 43560 65551 43486 62513 WO 64011 66552 64012	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	SNK SNK SNK SNK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 11.99 7.99 7.99 9.29 9.29 9.29 9.29 9.29 8.99 8.99 16.99 15.29 19.99 17.99 19.99 17.99
62579  62512 43485 62511 63621 43560 65551 43486 62513  WC 64011 66552 64012 64013	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 11.99 17.99 9.29 9.29 9.29 9.29 9.29 9.29 9.29 9.29 16.99 15.29 19.99 17.99 19.99 17.99 19.99 17.99
62579 62512 43485 62511 66421 43560 65551 43486 62513 WO 64011 66552 64012	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS RAW ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC	6.5 8 Z 7.5 7.5 7.5 11Z 9 Z 8.5	SNK SNK SNK SNK SNK SNK SNK SNK SNK SNK	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 11.99 7.99 7.99 9.29 9.29 9.29 9.29 9.29 8.99 8.99 16.99 15.29 19.99 17.99 19.99 17.99
62579 62512 43485 62511 66421 43486 62513 WC 64011 66552 64012 64013 64073 64074 64014	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 7.99 7.99 9.29 9.29 9.29 9.29 9.29 8.99 8.99 16.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 18.98 35.08 24.99 22.49
62579 43485 62511 66421 4366 65551 43486 62513 WC 64011 66552 64012 64013 646718 64014 65719	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 7.99 9.29 9.29 9.29 9.29 9.29 9.29 9.29 9.29 16.99 15.29 16.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 24.99 22.49 24.49 22.49
62579 62512 43485 62511 66421 43486 62513 WC 64011 66552 64012 64013 64073 64074 64014	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 11.99 7.99 7.99 9.29 9.29 9.29 9.29 9.29 8.99 8.99 16.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 18.98 35.08 24.99 22.49
62579 62512 43485 62511 43560 65551 43486 62513 64011 66552 64012 64012 64014 65718 64014 65719 64015 66890 66889	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 9.49 11.99 17.99 9.29 9.29 9.29 8.99 8.99 16.99 15.29 19.99 17.99 19.99 17.99
62579 43485 62511 43485 62511 43486 62513 43486 62513 64011 66552 64012 64013 64014 65718 64014 65719 64015 66889 64043	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 11.99 7.99 9.29 9.29 9.29 9.29 9.29 8.99 8.99 16.99 15.29 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 17.99 19.99 22.49 24.99 22.49 24.99 22.49 24.99 15.29 12.99 11.69 16.99 15.29 16.99 15.29
62579 62512 43485 62511 43560 65551 43486 62513 64011 66552 64012 64012 64014 65718 64014 65719 64015 66890 66889	STEVIAPLUS FIBER PWD SWEETLEAF STEVIA PAK  ODSTOCK  ALMONDS DARK CHOC ALMONDS TAMARI CASHEWS WHL OG RST SLT MANGO SLICES PUMPKIN SEEDS ORGANIC PUMPKIN SEEDS TAMARI RAISINS DARK CHOC  ODSTOCK HERBAL  BP BALANCE FORMULA BREATHE DEEPLY BRONCHIAL FORMULA C & F SUPPORT COLD FLU ELDERBERRY AM ELDERBERRY OLIVE SYRUP	27 47 70 6.5 8 7 7.5 7.5 7.5 117 9 7 8.5	LIQ PWD PAK SNK SNK SNK SNK SNK SNK LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ LIQ	15.09 12.07 9.79 7.83 7.19 5.75 8.99 8.99 11.99 11.99 9.49 9.49 9.49 11.99 17.99 9.29 9.29 9.29 8.99 8.99 16.99 15.29 19.99 17.99 19.99 17.99
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ıgs	(Product Cod	de, N	Vam	e, d	Sizo
W	OUNDED WARRIOF	₹			
56568 60575	WOUNDED WARRIOR SKIN	2 Z .75	ONT ONT	19.99 9.99	17.99 8.99
X	LEAR				
57618 58329		100 100	GUM GUM	8.95 8.95	8.95 8.95
57616	GUM PEPPERMINT SPRY	100	GUM	8.95	8.95
57372 60685		100 BOX	GUM Pak	8.95 14.99	8.95 13.49
62876	SINUS CARE KIT	KIT	KIT	14.95	14.95
63092 61628		20 240	PAK Loz	9.99 9.75	8.99 9.75
61219 61220		240 240	LOZ Loz	9.75 9.75	9.75 9.75
67409	XLEAR MAX SINUS SPRAY	1.5	SPY	14.99	14.99
36611	XLEAR NASAL WASH  Yndet health be	1.5	SPY	15.59	12.47
50886		3.5	SOP	10.00	8.00
50887	SHAMPOO HAIR BODY	72	LIQ	25.00	20.00
50888	S SKIN BALM S ORGANIC BEE FA	71 ARM	CRM	45.00	36.00
45591		16Z	PWD	18.95	18.95
43884		327	JEL	13.49 7.95	13.49
43883 60208	B HONEY CLOVER	16Z 32Z	JEL Jel	9.95	7.95 9.95
60571 56559		20 12Z	LOZ Jel	7.75 29.95	7.75 29.95
60939	HONEY RAW	227	JEL	8.45	8.45
34039 40344		75 90	CAP Cap	25.40 13.90	25.40 13.90
52352 63490		11Z 60	MIS Cap	13.90 14.50	13.90 14.50
54934	ROYAL JELLY 2000 MG	75	CAP	36.00	36.00
55250		12	LIQ	19.00	19.00
31676	ERBA PRIMA  B BENTONITE GREAT PLAINS	32Z	LIQ	18.09	14.47
12097	COLON CARE FORM 625 CP	180	CAP	15.99	12.79
12096 18629		12Z 180	PWD Cap	14.79 14.49	11.83 11.59
12100	FIBER DAILY PWD	122	PWD	13.29	10.63
18630 26183		16Z 180	PWD Cap	14.79 15.99	11.83 12.79
31679 12120		12Z 180	PWD Cap	15.59 13.99	12.47 11.19
12121	FIBER SOLUBLE FORMULA	12Z	PWD	14.79	11.83
18637 12118		180 12Z	CAP PWD	13.99 13.79	11.19 11.03
12117 18639	PSYLLIUM HUSK VCAP	180 12Z	CAP PWD	14.99 13.79	11.99 11.03
	OUTHEORY	121	rwu	13./8	11.00
67073		120	TAB	11.99	9.59
67074 67075		160 120	TAB Tab	15.99 29.09	12.79 23.27
67109	MENS COLLAGEN ADVANCED	290	TAB	22.99	18.39
67188 67108		6 Z 120	PWD Tab	21.99 29.99	19.79 26.99
	UMMI BEARS				
33282		ВОХ	BER	15.59	
33281 35134		90 200	BER Ber	19.99 34.49	15.99 27.59
33283		90	BER	19.99	15.99
58962	ON HEALTH  ACNETERMINATOR	1 Z	CRM	25.19	22.67
64353	B ADAM MOIST LOT PINK GRA	8 Z	LOT	12.99	11.69
66824 58959		4 Z 16Z	CRM PWD	19.99 19.99	17.99 15.99
59460	CLAY C SERUM	1 Z	SER	41.99	37.79
58960 63591	CLAYMASK SEAWEED	4 Z 4 Z	MIS CRM	15.79 14.99	14.21 13.49
59932 58961		16Z 2.5	LIQ Stk	20.99 7.99	18.89 7.19
59259	DEOD CLAY DRY LAVENDER	2.5	STK	7.99	7.19
67807 63410		2.5 2.5	STK STK	8.59 8.59	6.87 7.73
62302 65010	DEOD CLAY DRY WHITE PN	2 5 2.5	STK STK	8.59 7.99	7.73 7.19
63622	DEOD ROLL ON DRY CLAY	3 Z	ROL	7.99	7.19
59933 68058		16Z 4 Z	LIQ Tub	14.69 7.49	13.22 6.74
67362	PORT CLAYBRITE SENSIT	4 Z 4 Z	TUB	7.49	6.74
65304	YCAL BIOCEUTICAL		TUB	7.49	6.74
58159		30	CAP	49.00	49.00
66352 63242	OSTINOL ADV 450 MG	30 30	CAP CAP	115.00 59.00	
67323		30	CAP	79.00	79.00

### Visit www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.

- Reference Library: search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.
- **Product Information:** search the entire 23,000 product listing in the Willner Chemists inventory, with prices, product details, etc, using simple and advanced full-text search tools.
- Order Products: Use the fully functional, secure web site to select and order products from Willner Chemists.
- Radio Show: Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.
- What's On Sale? Check the web site to see what is currently on sale, and look for the current web specials.
- Latest News and Events: Read about latest nutritional supplement developments, research and news.
- Free excerpts from **The Best Supplements For Your Health** in the reference library section.

...and remember to check out Don Goldberg's Blog! www.dongoldberg.com

### Shipping Options

#### (1a) Ground Shipping (Best Way)

Save money on standard, ground shipping by allowing us to choose the carrier (UPS, USPS, FeDex, etc). We will apply a "flat rate" shipping/handling charge based on your location, ranging from \$5.95 to \$7.95. The amount will depend on how far from New York you are located and you can determine the actual charge from the table below. An extra charge may apply when ordering liquids over 8 ounces and large powder supplements over 18 oz. FREE SHIPPING OPTION. Free Shipping is

FREE SHIPPING OPTION. Free Shipping is available on orders placed through our web site only, and must utilize the "Best Way Ground Shipping" option. (i.e. we choose the carrier). A minimum order of \$75, before shipping, is required, and usual restrictions (liquids, large powders, etc) apply. This option is not available through telephone or in-store orders. Enter Promo Code: Free75

(1b) Ground Shipping (Your Way)

If you prefer, you can specify the carrier—USPS or UPS. The cost will be higher than "Best Way," above. For UPS, the additional cost is \$4.00. For USPS, (Postal Service), the extra cost will depend on your location. Check the USPS chart for exact cost, ranging from \$6.16 to \$16.28. We suggest you choose "Best Way" unless absolutely necessary to do otherwise.

(2) Air Shipping
Air Shipping is available, at an extra cost. To expedite such orders, you may want to call the order in. To expedite, use the website to get the product code numbers, and have your customer number ready.

If you prefer to enter the order online, choose the type of Air shipping you want (Next Day, Second Day, etc) and we will contact you with the cost. To avoid delays, however, we suggest calling in the order. 1 800 633 1106.

#### (3) International Orders

International Orders: Import restrictions and shipping charges vary. You will be contacted by email, and provided with shipping rates and delivery information before final processing of your order.

#### Shipping/Handling (Ground Shipping, Best Way) - Details

There is a flat \$5.95-\$7.95 shipping handling charge, depending on location:

If package sent to: MN, IA, MO, AR, LA, MS, IN, IL, KY, TN, WI, MI, OH, AL, FL, GA, SC, NC, VA, WV, charge is \$6.95.

If package sent to ND, SD, NE, KS, OK, TX, NM, CO, WY, MT, ID, UT, AZ, CA, NV, OR, WA, charge is \$7.95.

If sent to MD, NJ, NY, CT, RJ, NH, VT, ME, DC, DE, PA, MA charge is \$5.95.

(Note: Alaska & Hawaii ship by U.S. Postal Service only, at a rate of \$14.95)

There will be an extra charge for shipping liquids over 8 oz and large powder products

over 18 ounces. Inquire when ordering. **Save by ordering online.**www.willner.com

?ww.wiiiier.cc ?**Questions** 

Call toll free: 1-800-633-1106

### ORDER FORM ~ WILLNER CHEMISTS ~ ORDER FORM



Make check payable to "Willner Chemists" Send to: Willner Chemists 100 Park Ave, New York NY 10017 Or call: 212 682 2817 or 1 800 633 1106 Fax: 212 682 6192

Ship To:		Method of Payment:
Name:		Check or Money Order is Enclosed
Address:		C.O.D. (Additional Charge Applies)
City:		Charge Card Exp.Date:
State:	ZIP:	Card Number:
Phone (Day/Eve):	*	Signature:

Quantity	Prod. Code	Description	Size	Price	Total
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Please print clearly. Choose "Best Way" shipping option for lowest rate. See details at left. Do not use P.O. Box. "Best Way" shipping charge runs between \$5.95 to \$7.95 depending on destination. Specifying UPS or USPS will cost more. Ordering over internet, www.willner.com may cost less.

Your credit card will not be charged until merchandise is shipped. Returns accepted only within 30 days of purchase; Items must be in resellable condition; perishable items, refrigerated items and books are not returnable.

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### General Information

Every effort was made at the time this flier was prepared to ensure accuracy. We cannot be responsible, however, for manufacturer's price changes, for factory and/or supplier shortages, or typographical errors. We urge you to check on current prices as often as you like. Use the product code numbers whenever possible. The catalog and/or web site will help you find the code numbers.

### **Back Orders**

During a sale, we cannot automatically "back order" items. If any of the items in your order are temporarily out of stock, we will hold your entire order for up to three (3) days, awaiting arrival of the missing item(s). If the missing items do not arrive in 3 days, your order will be shipped as is; the missing items will not be backordered. You may re-order the missing items if you choose. If you do not want us to hold your order for up to three days, let us know at the time of order, and we will do our best to accommodate you.

Sale prices and product availability is based upon information provided to us by the various manufacturers and suppliers. Sometimes they misjudge demand, and cannot provide us with product. No "rain checks."

### Cooperation

During sales, we sometimes fall behind by an extra day or two. It may take a little longer to fill your order. Please do not wait until the last moment to place your orders. Please plan ahead, and place your order early.

We cannot guarantee delivery dates, as we have no control over what happens to your package after it leaves Willner Chemists. Using product code numbers when you call or mail in your order will minimize errors. Please try to avoid calling back with "add-on" orders.

### Payment Methods

You may use a charge card (VISA, MasterCard, American Express or Discover/NOVUS). Or, you can send payment with your order (check or money order). We will not charge your card until the order is shipped.

### Returns

Merchandise may be returned only if in resalable condition, within 30 days of purchase, with a copy of your receipt

Perishable products (refrigerated items) are not returnable; books are not returnable

### Shipping/Handling (Please see page 4 for additional shipping option details)

There is a flat \$5.95-\$7.95 shipping handling charge, when you choose "Best Way," depending on location: If package sent to: MN, IA, MO, AR, LA, MS, IN, IL, KY, TN, WI, MI, OH, AL, FL, GA, SC, NC, VA, WV, charge is \$6.95. If package sent to ND, SD, NE, KS, OK, TX, NM, CO, WY, MT, ID, UT, AZ, CA, NV, OR, WA, charge is \$7.95. If sent to MD, NJ, NY, CT, RI, NH, VT, ME, DC, DE, PA, MA charge is \$5.95. There will be an extra charge for shipping liquids over 8 oz and large powder products over 18 ounces. Inquire when ordering. Free Shipping on orders over \$75 placed ONLINE only!. Please see page 4 for additional details, conditions and options. Thank you.

### Hours

Willner Chemists Order Department is open from 9 am to 7 pm, Monday through Friday, and from 9 am to 5 pm on Saturday. We are closed on Sunday.

### Mail Orders

To place mail orders, call 1-800-633-1106 or fax your order to 1-212-682-6192. Or use the Willner Chemists web site,

All stated discounts are based on List Price! ...i.e. 30% refers to 30% off list price, not 30% off our every-day discount price.

### Refrigerated Items

Probiotic supplements (acidophilus, etc) and certain other refrigerated items should be kept cold to maintain highest potency. During the summer, shipping over long distances may subject those items to excessive heat. We suggest using "Next Day Air" or "Second Day Air" to minimize this problem. There is an additional charge for this service. Also, we hold those orders until Monday to avoid weekend delays. (Also, another option: certain brands do not require refrigeration until opened.) Refrigerated items are not returnable. We cannot guarantee conditions during shipment.



Adaptogen Complex	8	Damiana 1:3	40	Headache Complex	63	Parasite Complex	84
Adrenal Adaptogen Complex	8	Dandelion Root 1:1.5	40	Herbal Biotic Complex	63	Passion Flower 1:3	86
Adrenal Stress Complex	9	Devil's Claw	42	Herp Ease Formula	63	Pau D'Arco Bark 1:3	86
Allergy Complex	9	Digest Stim Complex	42	Holy Basil 20-8-8-5 Standardized	63	Pelargonium	86
American Ginseng	14	Dong Quai Root 1:3	42	Hoodia Gordonii 1:4	64	Propolis Resin 1:5	86
Antiox Phyto Blend	14	Ear Drops	42	Immune Acute Complex	64	Red Yeast Rice Q10	86
Antiox Phyto Complex II	15	Echina Acute Complex	42	Immune Complex	66	Reishi Mushroom 1:3	87
Anxiety Complex	20	Echinacea Root 1:2	42	Kava Root 1:2	67	Relax AM	87
Arnica Oil 1:6 Topical	20	Echinacea Triple 1:2.1	46	Kava Root 75 Standardized	67	Relax PM	88
Ashwagandha Root	20	Elderberry	46	Lemon Balm 1:2	67	Respiratory Complex	88
Astragalus Root	22	Elderberry Pelargonium Complex	48	Licorice Root 1:3	67	Rhodiola 5	90
Attention Complex	23	Eleutherococcus 1:2	50	Liver Support	67	Saw Palmetto Berry 1:3	92
Васора .	23	Eyebright 1:3	50	Liver Support Caps	70	Schisandra Berry	92
Billberry	23	Fenugreek 1:3	50	Lobelia 1:2	72	Silver Colloid Complex	96
Black Cohosh Root	24	Fertility Complex	53	Lustrous Hair	72	Sinus Allergy Blend	96
Black Walnut Hull	24	Feverfew 1:2	53	Lymphatic Complex	72	Sinus Decongest	96
Blue Cohosh 1:3	26	FibroGesic	53	Maca Root	72	Skullcap 1:2	97
BPH Complex	26	Fo Ti Root	54	Maca Enhanced	72	Sleep Complex	97
Brain Bio Boost Complex	28	Garlic	54	Male Virility	74	Spilanthes 1:2	97
Burdock Root	30	Gentian Root 1:3	54	Menopause Complex	74	St John's Complex	97
California Poppy 1:3	30	Gentle Movement	54	Menses Complex	76	St John's Wort 1:2	98
Calming Complex	30	Ginger Cough Tonic	54	Milk Thistle Seed	76	Stay Well Complex	98
Candida Complex	30	Ginger Energy Tonic	54	Mint Breath Spray Concentrate	76	Stevia Extract 90	98
Cascara Sagrada	32	Ginger Immune Tonic	56	Motherwort 1:3	76	Systemic Detox	98
Cayenne 1:5	32	Ginger Root 1:1.5	56	Moving On	76	Throat Spray	100
Chamomile Flowers	32	Ginger Tonic	56	Mullein 1:3	77	Thyroid Complex	100
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# Alvita 25% Off

Entire Line Valid 1/2 - 2/9/18

### American Health 25% Off Selected Items

Valid 1/2 - 2/9/18

Borlind 25% Off Entire Line

Valid 1/2 - 2/9/18

Country Life 25% Off Entire Line

Valid 1/2 - 2/9/18

Daiwa Health 35% Off Entire Line Valid 1/2 - 2/9/18

### DaVinci Lab 25% Off

Entire Line
Valid 1/2 - 2/9/18

Doctors
Best
25% Off
Entire Line

Valid 1/2 - 2/9/18

Healthy Origins 35% Off Entire Line

Valid 1/2 - 2/9/18

Hemp Fusion 25% Off Selected Items Valid 1/2 - 2/9/18 Home Health 25% Off Selected Items Valid 1/2 - 2/9/18

MacroLife

### Mellisa B Naturally 25% Off

Entire Line Valid 1/2 - 2/9/18 Jarrow Formulas 25% Off Entire Line

Valid 1/2 - 2/9/18

Life Seasons 20% Off Entire Line Valid 1/2 - 2/9/18 Mushroom
Wisdom
25% Off
Most Items

25% Off
Most Items
Valid 1/2 - 2/9/18

25% Off
Entire Line
Valid 1/2 - 2/9/18

### Naturade 25% Off

Entire Line Valid 1/2 - 2/9/18 Natural Factors
25% Off
Entire Line
Valid 1/2 - 2/9/18

Nature's Way 30% Off Selected Items Valid 1/2 - 2/9/18

NeoCell 25% Off Entire Line

Valid 1/2 - 2/9/18

New Chapter 25% Off Selected Items Valid 1/2 - 2/9/18

### Olevicin 25% Off

Entire Line Valid 1/2 - 2/9/18 Planetary Formulas 30% Off Entire Line

Valid 1/2 - 2/9/18

Child Life
25% Off
Entire Line
Valid 1/2 - 2/9/18

Solaray
30% Off
Selected Items
Valid 1/2 - 2/9/18

Twinlab
25% Off
Entire Line
Valid 1/2 - 2/9/18

### Solgar 25% Off Selected Items Valid 1/2 - 2/9/18

Source Naturals 30% Off Entire Line Valid 1/2 - 2/9/18

Sunfood
20% Off
Entire Line
Valid 1/2 - 2/9/18

Woodstock
Herbals
25% Off
Entire Line

Valid 1/2 - 2/9/18

Chemists
30% Off
Entire Line
Valid 1/2 - 2/9/18

Willner

# WILLNER CHEMISTS WINTER SALE! UP TO 50% OFF LIST PRICE!

JANUARY 2ND THROUGH FEBRUARY 9TH, 2018

### The Following Product Lines Are On Sale, As Indicated:

Acure	10% Off	<b>Entire Line</b>	<b>Natures Way</b>	30% Off	<b>Entire Line</b>
Alvita	25% Off	<b>Entire Line</b>	NeoCell	25% Off	<b>Entire Line</b>
American Health	25% Off	Select Items	New Chapter	25% Off	Select Items
Borlind	25% Off	<b>Entire Line</b>	Olevicin	25% Off	<b>Entire Line</b>
Child Life	25% Off	<b>Entire Line</b>	Planetary Formulas	30% Off	<b>Entire Line</b>
<b>Country Life</b>	25% Off	<b>Entire Line</b>	Probulin	30% Off	<b>Select Items</b>
Daiwa Health	35% Off	<b>Entire Line</b>	Res Q	25% Off	<b>Entire Line</b>
<b>DaVinci Laboratories</b>	25% Off	<b>Entire Line</b>	Solaray	30% Off	<b>Select Items</b>
<b>Doctors Best</b>	25% Off	<b>Entire Line</b>	Solgar	25% Off	<b>Select Items</b>
<b>Earth Science</b>	25% Off	<b>Entire Line</b>	<b>Source Naturals</b>	30% Off	<b>Entire Line</b>
<b>Healthy Origins</b>	35% Off	<b>Entire Line</b>	Sunfood	20% Off	<b>Entire Line</b>
Hemp Fusion	25% Off	<b>Select Items</b>	<b>Super Nutrition</b>	15% Off	<b>Entire Line</b>
Himalaya Herbal	25% Off	<b>Select Items</b>	Symbiotics	25% Off	<b>Entire Line</b>
<b>Home Health</b>	25% Off	<b>Select Items</b>	Twinlab	25% Off	<b>Entire Line</b>
Jarrow Formulas	25% Off	<b>Entire Line</b>	Willner Chemists	30% Off	<b>Entire Line</b>
<b>Life Seasons</b>	20% Off	<b>Entire Line</b>	<b>Woodstock Herbals</b>	25% Off	<b>Entire Line</b>
MacroLife	25% Off	<b>Entire Line</b>			
Mellisa Naturally	25% Off	<b>Entire Line</b>	*Note: All indica	ted Sale Disc	counts are
Mushroom Wisdom	25% Off	Most Items	based	on List Price	n of
Naturade	25% Off	<b>Entire Line</b>	36 44	-7 C	11/2
<b>Natural Factors</b>	25% Off	<b>Entire Line</b>	" " " " " " " " " " " " " " " " " " "	SAMA.	- August

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Check Don Goldberg's Blog -- www.dongoldberg.com

### Willner Chemists (Midtown Manhattan)

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