

The Willner Window

Catalog & Newsletter • Spring 2017

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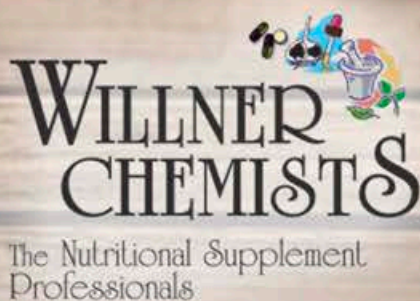
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Willner Chemists and Phyto-Tech™ Herbal Supplements

25% OFF

Entire Line

Apr. 3 - May 12



New and Noteworthy at Willner Chemists!

Check out our new and exciting products that have been added to the Phyto-Tech™ Herbal Supplement line on page 49

The Willner Window

Catalog & Newsletter • Spring 2017

Welcome To Willner Chemists

*... the Oldest and Largest
Nutritionally Oriented Pharmacy
in North America
Featuring the Largest Selection of
Nutritional Supplements,
at Discount Prices.*

Willner Chemists - Midtown Manhattan

100 Park Ave, New York NY 10017

(1 block south of Grand Central Terminal)

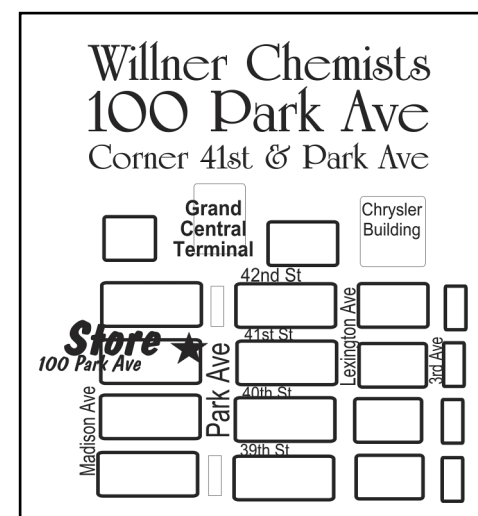
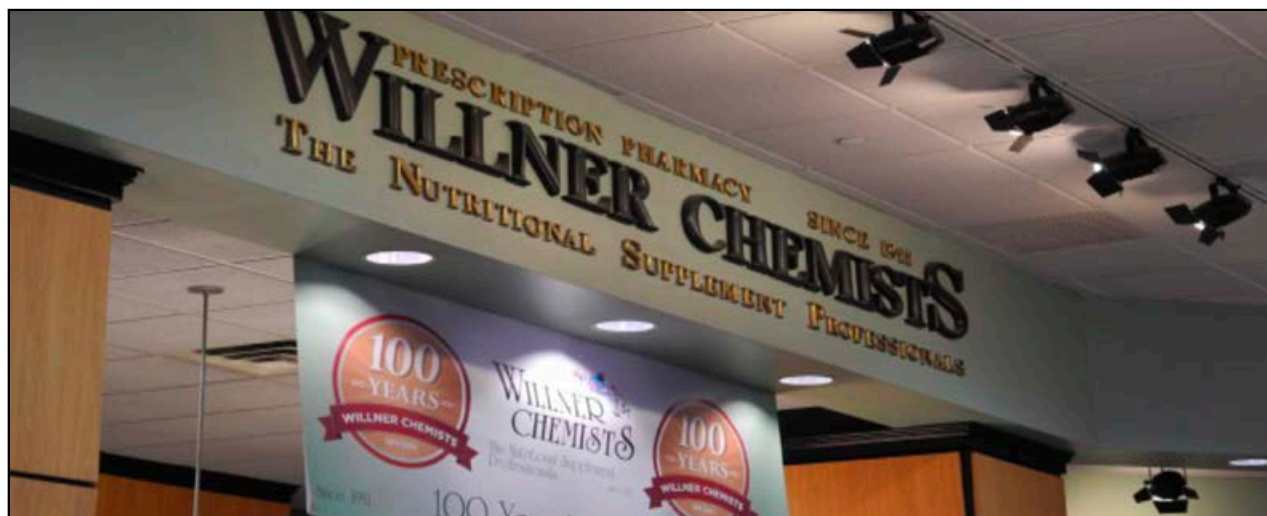
1-800-633-1106 or 212-682-2817 - fax: 212-682-6192

Store Hours: Mon-Fri: 8:45 AM to 7 PM; Sat: 9 AM to 5 PM

Pharmacy Hours: Mon-Fri: 8:45 AM to 4:45 PM; (Closed Saturday & Sunday)

Come Visit us at

Willner Chemists



Welcome to Willner Chemists

The oldest and largest nutritionally oriented pharmacy in North America, featuring the largest selection of nutritional supplements at discount prices.

News & Store Events

Samples, demos, book signings and more! Visit our website for a schedule of upcoming events at our Park Avenue location.

Request a Free Consultation

Willner Chemists features a staff of nutritionally trained Pharmacists to answer your health and supplement questions.

Visit Us Online

Visit www.willner.com for more product information and easy online ordering!



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



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New & Noteworthy at Willner Chemists! Check out our new and exciting products that have been added to the Phyto-Tech™ Herbal Supplement line

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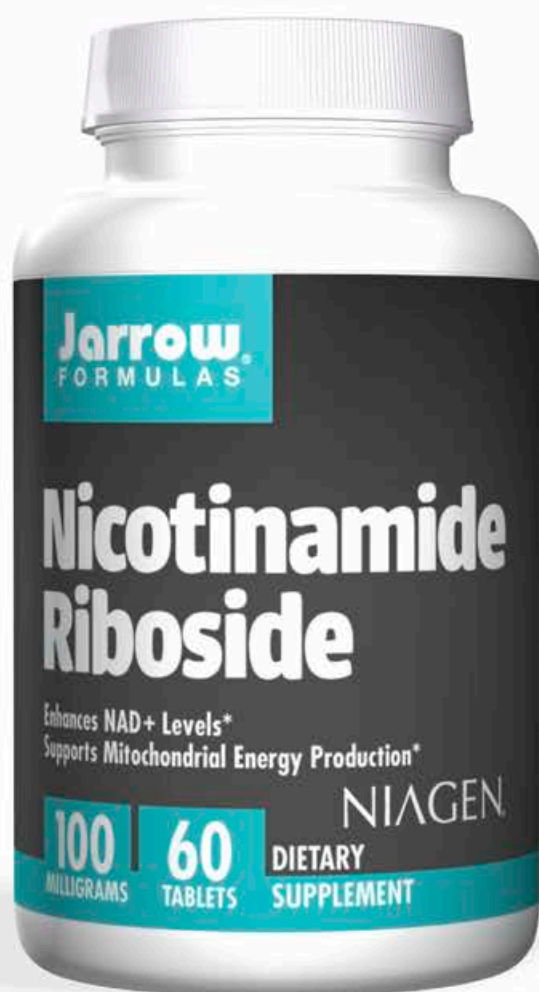
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Nicotinamide Riboside (NR) (NIA GEN®) is a highly efficient, naturally occurring vitamin B3 metabolite whose range of aging-related health benefits are legitimizing its reputation as a “fountain of youth.” Nicotinamide Riboside (NR) enhances cellular NAD⁺ levels, supports the generation and vitality of mitochondria, promotes longevity and healthy metabolism.*

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Nicotinamide Riboside, 100 mg, 60 Tablets - JRW66622

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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THE PROBIOTIC FOR WOMEN

CLINICALLY TESTED + PATENTED

Jarro-Dophilus® Women contains four clinically documented, vaginal probiotic *Lactobacilli* strains: *L. crispatus* LbV 88, *L. jensenii* LbV 116, *L. gasseri* LbV 150N and *L. rhamnosus* LbV 96.*

All four strains were originally isolated from the vaginal tracts of pregnant women and are the dominant *lactobacilli* of healthy vaginal microbiota. They have been clinically tested for efficacy in helping maintain protective, healthy vaginal flora and promote urinary tract health.*

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JARRO-DOPHILUS® WOMEN
10 BILLION, 30 CAPS - JRW67416

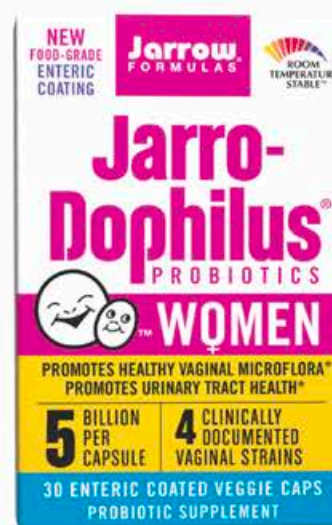
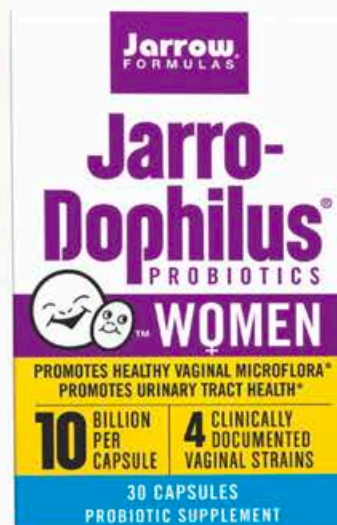
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SPECIES OF THE HEALTHY VAGINAL MICROBIOTA*

PROMOTES
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PROMOTES
HEALTHY VAGINAL MICROFLORA*



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Jarro-Dophilus® Women provides the clinically tested Astarte® strains which are protected by European Patent 2,509,610 and U.S. Patent 8,846,027. Astarte® is owned by HSO Health Care GmbH, Vienna, Austria, and licensed in the U.S. to Jarrow Formulas, Inc. Other international patents pending.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Visit us at www.jarrow.com for more product information.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Adaptogen Complex

**An excellent anti-stress formula;
a Chi or energy tonic.**

1 fl oz - Product Code: 57083

Who would benefit from this supplement?

- Those suffering from fatigue, overexertion, stress, chemotherapy, depression. Best used on a daily basis.

Ingredients:

Phyto-Tech™ Adaptogen Complex contains the following herbs: Red Reishi Mushroom, Eleuthero Root, Ashwagandha Root, Vanuatu Kava Root, Licorice Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend
- Phyto-Tech™ Immune Complex

Adrenal Adaptogen Complex

**Supports healthy adrenal gland function,
optimizing the body's handling of stress induced
fatigue, immune deficiency and debility.**

90 VeggieCaps - Product Code: 67452

Who might benefit from this supplement?

- Those suffering from fatigue, burnout, stress, debility, Immune Deficiency
- Those with poor immune function brought on by stress, mental and physical weakness.

Ingredients:

Phyto-Tech™ Adrenal Adaptogen Complex contains, in each veggie capsule, 465 mg of the following fresh ground herbs: Organic Eleuthero Root 155mg, Organic Ashwagandha Root 155mg, Organic Schizandra Berry 40mg, Imported Cordyceps Mushroom 40mg, American Ginseng Root 25mg, Rhodiola Root Extract (5% Resaving) 25mg, Red Chinese Ginseng Root 20mg, Organic Aralia mandshurica Root 5mg.

The vegetarian capsule contains modified vegetable cellulose.

Properties:

Traditionally, this combination of herbs can be thought to exert the following properties: Adaptogen, Adrenal Tonic, Immuno-Modulating, Mood Enhancing, Anti-Depressant

Indications:

Adrenal Adaptogen Complex is a balancing adaptogenic formula indicated for those who are overworked, overstressed, and find themselves feeling tired, overwhelmed and burnt-out most or all of the time. It is also helpful for those who haven't hit the wall yet, but live fast-paced, high-stress lifestyles and want to avoid breakdown and burnout. Adrenal Adaptogen Complex will increase the body's resistance to physical, mental, and environmental stress, and help to defend against diseases and disorders caused by overstress. The herbs used in the formula are highly adaptogenic and work synergistically to moderate the stress response, not by blocking it altogether but by balancing it out. In other words, they enable the body to respond more appropriately to stress without over-exaggerating the response. This prevents adrenal overstimulation and protects the adrenals from breakdown and exhaustion. Adaptogens act positively on glucose metabolism as they stimulate the liver to convert glycogen to glucose, enhance entry of glucose into the cell, and enhance utilization of glucose within cells. Regular use of Adrenal Adaptogen Complex will help normalize stress hormone levels, lessening ones predisposition to stress, decrease over-reactions during the stress response, and provide protection against the effects of long-term stress. In addition, energy and vitality will be restored, and mood and emotional well-being will improve.

Eleuthero (Eleutherococcus senticosus) has been used in Traditional Chinese Medicine for thousands of years and is indicated for those with fatigue, physical weakness, compromised immunity, and poor work capacity and concentration. Pharmacologically, Eleuthero tonifies, displays

anti-stress activity, increases lymphocyte count, and has an immunomodulatory effect on the cellular immune system. Studies show that Eleuthero increases endurance, reduces the alarm phase of the stress response, prevents stress-induced illness and disease, supports adrenal function, and enhances T-cell activation and immune system function. Formerly known in the U.S. as Siberian Ginseng, Eleuthero is not a true ginseng, but it does belong to the same family of plants. Compared to true ginseng, Eleuthero is non-heating and milder in its stimulatory effects.

Ashwagandha is used preventively to avoid burnout and breakdown and restoratively to help strengthen those who are already mentally and/or physically depleted. It has positive effects on chronic fatigue syndrome, depression, debility, and recovery from wasting diseases. Ashwagandha is one of the most important herbs of Ayurveda and is known as "Ayurvedic" Ginseng. It is indicated for similar conditions as Ginseng, but it is not heating, Yang, or stimulating like Ginseng. Many scientific studies have been conducted that support Ashwagandha's adaptogenic and anti-stress activity. It's been found to be effective at increasing physical endurance, preventing gastric ulcers brought on by stress, and reducing the rise of stress hormone levels in the blood. Ashwagandha also has cognitive effects and can increase intellect and memory. Several studies indicate it slows stops and reverses neuritic atrophy and synaptic loss, and thus has been used in the treatment of neurodegenerative diseases such as Alzheimer's, Parkinson's, and Huntington's. Ashwagandha also displays GABA-mimetic, anxiolytic and anti-depressant properties and can help stabilize mood in those with anxiety and depression.

American Ginseng (Panax quinquefolius) is native to North America and was used in traditional indigenous medicine by tribes such as the Cherokee, Creek, Iroquois, Menominee,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



A Better Vegan Omega-3 Supplement?

EPA and DHA are the beneficial compounds in omega-3 fatty acids, and are plentiful in fish oil. But many people would prefer plant-based omega-3s to animal-based sources. Until now, they have been limited to sources such as flax seed oil, where the EPA and DHA must be synthesized in the body from other omega-3s such as alpha linolenic acid (ALA). The efficiency of this conversion has been called into question, however.

Now, a better alternative source of omega-3 fatty acids is available ahiflower oil! This new plant derived oil is unique in that it contains stearidonic acid (SDA) as well as GLA. Neither SDA nor GLA require the enzymatic conversion within the body that is necessary for ALA from flax seed oil. Therefore, the level of actual EPA and DHA is much higher. In fact, according to the manufacturer, human clinical trial results show that ahiflower oil has up to four times (4x) more efficient conversion to eicosapentaenoic acid (EPA) than flaxseed oil.

In this study, 40 healthy adults took two teaspoons of ahiflower oil per day, or the same amount of flaxseed oil.

After 28 days, levels of EPA increased in both groups, but were higher in the ahiflower group. DHA levels also increased for ahiflower compared to flax.

"Doctors said it is the higher levels of the omega-3 stearidonic acid in ahiflower that convert to EPA and DHA at a higher rate than ALA."

Not to be overlooked is the fact that each capsule of ahiflower oil also contains 34 mg of GLA. GLA is normally available in supplements from borage oil, black currant oil, or evening primrose oil.

(Reference: Journal of Nutritional Science; 2016, Vol. 5, e2)

Ahiflower Oil is available from Jarrow Formulas, in 750 mg vegetarian softgels, 60 softgels per bottle. The product code, at Willner Chemists, is 67159.

Additional Comments from Don Goldberg

Ahiflower Oil is available from
Jarrow Formulas
50 mg Vegetarian Softgels
60 softgels - Product Code: 67159.



Introducing our Improved and Expanded...

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Supplements • Essential Oils
Anti-Aging Supplements & Treatments**

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Check our website, www.willner.com for demo schedule

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CHEMISTS**
The Nutritional Supplement
Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ojibwa, Pawnn, and Seneca. Its primary uses include enhancing blood sugar metabolism in both healthy individuals and those with type 2 diabetes, improving cardiorespiratory endurance during activity, boosting mood and reducing fatigue. It has a systemic effect to increase vigor, energy and vitality, and is especially helpful for individuals feeling overworked and rundown.

Red Chinese Ginseng (Panax ginseng) is more warming and stimulating than American. Studies have shown it to have positive effects on quality of life, physical and mental stress, and intellectual skills. Traditional Chinese Medicine believes that it replenishes vital essence and promotes blood circulation. It acts through both the hypothalamus-pituitary-adrenal axis and through its immunomodulatory activity.

Schizandra increases endurance and mental performance, and has an adaptogenic, tonifying, and stimulating effect during extreme fatigue. Studies indicate daily use of Schizandra helps prevent increases in cortisol, nitric oxide and stress activated protein kinase. It also exhibits anti-depressant activity and is indicated for depressions related to excessive fatigue and nervous exhaustion.

Cordyceps have been traditionally used as a tonic to improve energy, endurance, stamina, appetite and sleep patterns. Research indicates they have biological and pharmacological actions in diseases of the liver, kidneys and cardiovascular system, and effects on immunological disorders. Cordyceps stimulate production of T helper cells, TNF-alpha and interleukin 1 production, increase natural killer cell activity, and prolong lymphocyte survival.

Rhodiola increases resistance to chemical, biological, and physical stressors and protects the body from stress-induced breakdown. It stimulates the activity of the neurotransmitters serotonin, dopamine and norepinephrine, helps normalize

mood in depressed individuals, and improves cognitive function.

Aralia mandshurica is an adaptogen native to the eastern regions of Russia, northern China, and Korea and has been traditionally used to treat stress, fatigue, debility, depression, immune weakness and headache. It's also been studied for its positive effects on lipid metabolism.

Rhaponticum, native to Russia, is used to restore strength and energy, improve mood, and increase mental focus and alertness, especially in stressful conditions. It has a wide-range of properties that include cardiac tonic, nervine, immune stimulant, antioxidant, and liver protector.

Contra-indications and Cautions:

Pregnancy; Possibly high blood pressure

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (nutritional support for stress and fatigue)
- Immune Acute Complex (if immune system is weak)
- St. John's Wort (for depression)
- Ginkgo (to increase memory and cerebral circulation)

Dosage:

Take 1capsule, 1-3 times per day or as needed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

Adrenal Stress Complex

Supports healthy adrenal gland function, optimizing the body's handling of stress.

1 fl oz - Product Code: 57037

Phyto-Tech™ Adrenal Stress Complex is a blend of adrenal-normalizing, adaptogenic herbs especially valuable for those

suffering the stressful effects of a fast paced lifestyle. This formula can be considered an "adrenal tonic."

This formula also helps maintain healthy blood sugar levels by supporting liver function.

Who would benefit from this supplement?

- Those suffering from stress related to a fast-paced, demanding lifestyle.
- Those who have problems with blood sugar regulation, including hypoglycemia and adult onset, type 2 diabetes.
- Those with adrenal dysfunction leading to blood sugar swings, water imbalance, mood swings, and thyroid dysfunction.

Ingredients:

Phyto-Tech™ Adrenal Stress Complex contains the following herbs: Licorice Root, Eleuthero Root, Devil's Club Root Bark, Dandelion Root, Sarsaparilla Root, Ginger Root.

Dosage:

20-40 drops in water or juice, 2-3 times daily, or as needed.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex, when fatigue and burn out present
- Phyto-Tech™ Ginseng Energy Blend, when extreme fatigue, low passion present
- Phyto-Tech™ Holy Basil 20-8-8-5 liquid veggie caps to counteract stress and control cortisol levels.

Allergy Complex

This supplement supports healthy sinus and respiratory systems function by exerting an anti-histamine, decongestant type action.

1 fl oz - Product Code: 56983

Alcohol Free - Product Code 57041

Child Friendly - Product Code 57013

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DR. MERCOLA®

PREMIUM PRODUCTS

Complete Probiotics- Maximum Potency DDS1 Strain

Liposomal C - Maximum Potency - No Stomach Upset



Look For These and Other Dr. Mercola Premium Products at Willner Chemists.

WILLVITE (with Iron) 120 Tablets

SUPPLEMENT FACTS:

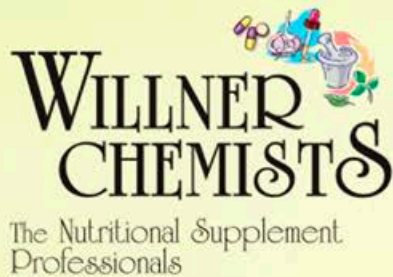
Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract (Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.



... from Willner Chemists A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.*

Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

Available Now: Willvite Regular & Iron-Free

Willvite, 120 Tabs, Product Code: 30439

Willvite, Iron Free, 120 Tabs, Product Code: 44384

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Lycopene, Phytoantioxidants
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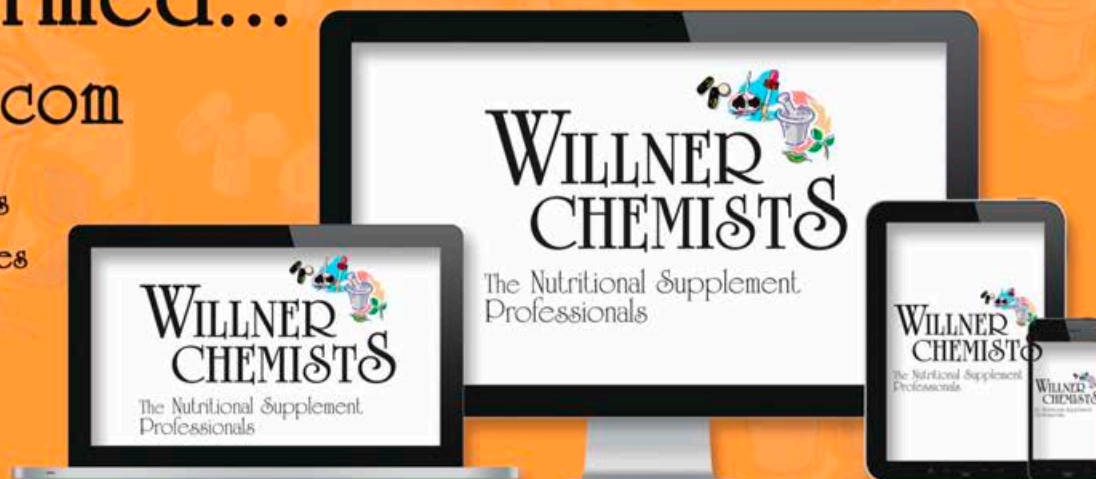


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.

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Daily Multivitamins for 20 Years Resulted in 44% Less “Major Cardiovascular Events”

Multivitamins Over the Long-Term

In this large, long-term study, 18,530 male physicians were at least 40 years of age and free from cardiovascular disease and cancer when they entered the trial. Over the course of 20 years of follow-up, men who were regularly taking multivitamins when they entered the study, and who continued to take multivitamins during this time, were 44 percent less likely to have had a major cardiovascular event compared to men who were not taking multivitamins at the start of the study.

Although the men reported a wide range of lifestyles, diets, and dietary supplements, as well as a number of clinical health factors, taking a daily multivitamin over the long term still demonstrated a clear heart-health benefit. Doctors also said there was no evidence of any safety concerns in long-term use of multivitamins.

Reference: *Journal of Nutrition*; April, 2016, Published Online

Additional Comments from Don Goldberg

Those of you who have followed me for the past 24 years, you know that I have always emphasized the importance of anchoring your supplement program with a good, broad spectrum, balanced multivitamin multimineral supplement. In fact, I often advise, regardless of the collection of health problems presented to me, that if you are going to take only one supplement, it should be a good multivitamin multimineral. *This study is just one more justification of that position.*

This is also the reason we have devoted so much effort into the development of our multivitamin multimineral supplement, **Willvite**.

For those of you who may not be familiar with Willvite, I am attaching a copy of an article, *The Perfect Multivitamin Supplement*, from a previous publication.

Ordering Information:

Willvite (Regular)

Product Code: 30439

Willvite (Iron Free)

Product Code: 44384

The Perfect Multivitamin Supplement

If we were to design the perfect multivitamin supplement, what features would we look for?

1. We would want it to be a “general purpose” supplement, appropriate for the majority of people.
2. We would want it to contain a full, comprehensive selection of nutrients, designed to insure optimal intake of all the essential and important nutrients, in the proper ratios and quantities.
3. With that in mind, we would want it to provide minerals as well, including the “macrominerals,” calcium and magnesium, in proper ratio and meaningful quantities.
4. We would want it to be flexible, so that the dosage could be tailored to each individual’s needs.
5. We would want to keep it reasonably priced, making sure we avoided unnecessarily expensive but only marginally beneficial ingredients.
6. We would want to set the potencies so that additional supplements could be added to the individual’s daily regimen without danger of exceeding safe levels of any individual nutrient.
7. We would want to avoid adding any undesirable ingredients, such as artificial colors, flavors, preservatives, etc.
8. We would use natural ingredients wherever possible.
9. We would include as many phytonutrients and accessory food factors as possible.
10. We would want it to be the perfect “nucleus” or “foundation” product upon which an individualized supplement program, tailored to an individual’s specific health concerns, could be designed.

We think we have achieved this at Willner Chemists with the release of our new, improved **Willvite Multivitamin Multimineral Formula**.

It has always been our belief that your multivitamin supplement is the most important component of your daily regimen. Nutrients work in concert with each other, synergistically. Too many people make the mistake of either taking an inadequate multivitamin, or trying instead to satisfy their perceived needs by taking a selection of individual supplements. They risk missing various essential nutrients altogether, or inadvertently creating an imbalance.

We recommend using a broad spectrum multivitamin multimineral supplement such as **Willvite** as a starting point, or foundation, upon which your supplement program can be built.

Common Mistakes

1. *Once A Day.* Many of the vitamins and minerals are water soluble. This can mean that they remain available to the body for only a limited time (four to six hours) before they are excreted.

What happens during the rest of the day? You will get much greater benefit from your daily vitamin and mineral intake if you divide the dose into, at least, two servings. Taking your multi twice a day is much better than once a day. And, remember that your body is designed to obtain these essential nutrients from food so do not be misled into thinking certain nutrients should be taken all at once, at certain times of the day. Willvite, with its recommended dosage of 2 to 4 per day, is easily taken twice a day.

2. *Overlook Important Minerals.* Many multivitamin supplements fail to provide the required amount of calcium and magnesium. These two important minerals are required in higher dosages than most vitamins and trace minerals. They take up a lot of space in the tablet or capsule. For this reason, they cannot be fit into a one a day or two a day formula. This is one major advantage of Willvite a full daily dose of calcium and magnesium is included in the full four tablet per day recommended dosage.

3. *Letting Marketing Hype Overshadow What’s Really Important.* It’s easy to be swayed by marketing claims that imply various features of multivitamin supplements create a superiority of one product over another. Focus on a form of calcium utilized in a product should not make you lose sight of the fact that it might contain little if any magnesium. Talking about “bioavailability” should not make you lose sight of the fact that even 100% of a fraction of what is actually needed remains just a fraction. Adding a pinch of saw palmetto to a multivitamin supplement does not really turn it into a “mens” multi. What is important is that the multi provides a broad spectrum of all the nutrients you need, in the proper ratios, in a stable, flexible dosage format.

Flexible Dosage

For those who do not want to take four tablets a day, even a two per day dosage is better than most other formulations. Ideally, it would be one tablets twice a day, but two tablets once a day is better than most “one a day” formulas. Note the content of two tablets daily from the following table, including the fact that you will get 400 mg calcium and 300 mg magnesium.

Features and Improvements

- Includes actual pre-formed vitamin A (25%) along with natural Beta Carotene (75%) for enhanced immune and mucous membrane support.
- Vitamin C is present in partially buffered form.
- Vitamin D is the preferred D3 form for

greater potency

- Vitamin E is in the natural, d-alpha tocopherol form.
- Vitamin K is present in the preferred K2 (MK7) form.
- The B Vitamins are present in high enough levels to ensure tissue saturation, yet allows the additional use of additional B-Complex supplements if desired.
- In response to the most recent research, the Folic Acid level remains at 400 mcg.
- Vitamin B12 is present in the active, methylcobalamin form for enhanced bioavailability.
- The full U.S. Daily Value (300 mcg) of Biotin is provided.
- The daily dose of Calcium has been reduced from 1000 mg to 800 mg to reflect the most recent guidelines and concerns over excess levels. This allows for those who require extra calcium to take additional supplementation without potential over dosage. Also, this facilitates the adjustment of the calcium:magnesium ratio to better favor magnesium.
- The consensus of opinion among experts is that the ratio of magnesium to calcium should be higher than 1:2. The level of Magnesium in Willvite has been increased from 500 mg to 600 mg, thus altering the magnesium to calcium ratio from 1:2 to 3:4.
- There are two versions of Willvite, with Iron and without Iron. The version containing Iron only provides 9 mg per day, which is 1/2 of the daily recommended dose. Much of the advice to avoid iron is unfounded, and it should be remembered that iron is an essential and extremely important mineral. To accommodate those who truly require an iron-free version, we have made it available.
- To facilitate the absorption of the macro minerals, calcium and magnesium, while, at the same time allowing for the full 800 mg and 600 mg doses, we have utilized a blend of organic (citrate and aspartate) and inorganic forms (carbonate and oxide). The trace minerals (zinc, copper, selenium, etc) are in organic (chelated) forms. For optimal absorption, take Willvite with meals.
- Zinc has been reduced from 30 mg to 20 mg, to comply with the latest recommendations.
- Likewise, Selenium has been reduced from 200 mcg to 100 mcg. Chromium has been reduced from 200 mcg to 100 mcg. These adjustments address concerns about higher dose levels, and allow for additional supplementation when necessary.
- Lycopene, has been added, at a level of 2 mg.
- The level of Lutein has been increased from 1 mg to 2 mg.
- The level of CoQ10 has been increased from 5 mg to 20 mg.

Written by: Don Goldberg

Relieve Aches and Pains of the Season with Boiron Medicines.



Arnicare®

temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls, and reduces pain, swelling and discoloration from bruises.*

Calendula

helps promote healing of cuts, scrapes, chafing, minor burns and sunburn.*

Sabadil®

temporarily relieves symptoms of hay fever or other upper respiratory allergies such as itchy and watery eyes, sneezing, runny nose, and itchy throat and nose.*

Children's Sabadil®

is available as pleasant-tasting, quick-dissolving pellets for children 2 years of age and older.

Arnicare Arthritis

temporarily relieves minor aches and pains associated with arthritis.*

Optique 1®

temporarily relieves minor eye irritation due to fatigue, computer work or airborne irritants such as ragweed, other pollens and dust.* The preservative-free, single-use liquid drops soothes red, dry, itchy and burning eyes.*

Sinusalia® Pellets and Tablets

are non-drowsy and temporarily relieve symptoms of upper respiratory allergies such as itchy and watery eyes, sneezing, runny nose and itchy throat and nose.*

BOIRON®
BRING OUT THE
HEALTH WITHIN®

BoironUSA.com



*These "Uses" have not been evaluated by the Food and Drug Administration.



Nothing beats feeling Alive!®



Made with Vitamins, Minerals, Orchard Fruits™, Garden Veggies™, B-Vitamins & More
Look for our complete line of Alive! formulas available in Adult, Women's, Women's 50+, Men's, Men's 50+ & Children's.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Alive!® Multi-Vitamins provide 60 – 200 mg fruit/vegetable powder per serving.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who would benefit from this supplement?

- Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion.

Ingredients:

Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

Dosage: Preventative:

Begin use 2-4 weeks before the onset of the allergy season by taking Allergy Complex 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

Complimentary Formulas:

- Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech™ Liver Support along with Allergy Complex.
- Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Tumeric treats liver deficiency which almost all hay fever is a symptom of. By treating the underlying constitutional predisposition, Phyto-Tech™ Allergy Complex can work deeper.

(Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

Allergy Relief

A blend of quercetin, vitamin C, bromelain and herbs that exerts an antihistamine and anti-inflammatory action effective for those with allergy symptoms.

120 Veggie Caps - Product Code: 67459

Who might benefit from this product?

- Those suffering from allergies, hay fever, skin rash, eczema,

hives, asthma, sinus infections and congestion.

Ingredients:

Two Allergy Relief veggie caps contain the following: Ascorbic Acid (Vitamin C) 240 mg (200% DV), Quercetin 500 mg, Bromelain 200 mg, Organic Nettle Leaf 100 mg, Organic Eyebright Herb 100 mg
Additional Ingredients: Modified Vegetable Cellulose, Silica (Natural), Omega 3 (Flax Seed)

Properties:

This combination of vitamins and herbs would be traditionally thought to exert the following properties: Antihistamine, Anti-Inflammatory, Antioxidant, Anti-Proliferative, Decongestant

Indications:

Phyto-Tech™ Allergy Relief is indicated for those who suffer from any condition related to allergies, such as hay fever, asthma, conjunctivitis, eczema, skin rashes and hives. It will help to block the production and release of histamine, reducing inflammation and congestion. Allergies are triggered when the immune system overreacts to allergens such as pollen, ragweed, animal dander, dust, wheat protein, etc., and signals the body to release histamine and other inflammatory chemicals to counter the allergen. It is histamine and these other chemicals that are responsible for allergic symptoms such as itchy, nose, eyes, ears, throat and skin, runny nose, red, watery eyes, nasal and sinus congestion, asthma, rashes, hives and headaches. Allergy Relief helps block histamine production, prevent histamine release and reduce the inflammation that is the cause of many allergy symptoms. If started prior to the onset of allergies, Allergy Relief can increase the resistance to allergens and reduce allergic reactions. If one is already suffering from acute allergies, Allergy Relief will help prevent additional histamine release, reduce inflammation and ease symptoms. Allergy Relief can also be used for injuries, accidents, surgery, and exercise overexertion as it will help reduce pain,

inflammation, and swelling resulting from tissue damage and bruising.

Quercetin belongs to the flavonoids family and is found naturally in many vegetables, fruits, herbs, tea and wine. It has anti-inflammatory, antioxidant, antihistamine, and anti-proliferative (inhibits cell growth) properties. It acts similar to an antihistamine and inhibits histamine release by stabilizing mast cells and basophils, thereby preventing allergic reactions. It's been shown to reduce inflammation through several mechanisms, including inhibition of inflammatory mediators such as neutrophil lysosomal enzyme secretion and leukotriene production, and blocking of cyclooxygenase (COX) and lipooxygenase (LOX) activities. For asthma, Quercetin is an effective bronchodilator that reduces airway constriction to restore oxygen flow. Studies suggest it might also block certain anaphylactic reactions by inhibiting anaphylactic contraction in smooth muscle. Quercetin is the most powerful scavenger of reactive oxygen species (ROS) in the flavonoid family. Clinical studies have found it to have beneficial effects on cardiovascular health, such as improving blood pressure and inhibiting platelet aggregation and thrombus formation.

Bromelain is a proteolytic enzyme derived from pineapple. Studies show it enhances the absorption of Quercetin and shares similar antihistamine and Leukotriene-inhibiting properties. It works synergistically with Quercetin to reduce the inflammation and swelling that cause many allergy symptoms, and via its proteolytic enzyme activity, helps break down protein molecules that cause tissue irritation and allergic reactions. It is a useful treatment for sinus and nasal swelling and may help reduce nasal mucus and cough associated with sinusitis. By stimulating production and release of anti-inflammatory prostaglandins and preventing release of pro-inflammatory ones, Bromelain will reduce pain

. . . continued on page 15

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Health Benefits of the Ancient Ayurvedic Herb Ashwagandha

You have probably heard of the herb Ashwagandha. What you may not know is that In Sanskrit, Ashwagandha means "the smell of a horse!"

Why would you take an herb that means "the smell of a horse"-unless, of course, you were another horse? Well, what it really means is to impart the vigor and strength of a horse. Thus, Ashwagandha is one of the most powerful herbs in Ayurvedic medicine. The herb contains many compounds with medicinal benefits. This includes support for the immune system, high antioxidant properties, and as an "adaptogen," which helps the body adjust to stress.

The benefits of Ashwagandha are supported by numerous medical studies. Here are two recent examples:

Weight Loss and Chronic Stress

Chronic stress is linked to many health conditions, with one of the most common being obesity. In this study, 52 adults under chronic stress took a placebo or 300 mg of ashwagandha twice per day.

After eight weeks, the placebo group had lost 1.5 percent of body weight compared to 3 percent weight loss for those taking ashwagandha. Body mass index scores also improved, with the placebo group improving 1.4 percent, and the ashwagandha group

improving 3 percent.

(Reference: JEB CAM; April, 2016, Published Online)

Cardio-Respiratory Endurance

Doctors wanted to test the effects on endurance and quality of life in healthy, athletic male and female adults. In this study, 50 healthy, athletic men and women, age 20 to 45, with normal body mass index scores between 18.5 and 24.9, took a placebo or 300 mg of ashwagandha root extract twice per day.

After eight weeks, compared to the start of the study, those taking ashwagandha saw an increase in maximum oxygen capacity 3.5 times greater than the placebo group. After 12 weeks, those taking ashwagandha saw a further 15 percent increase in maximum oxygen capacity, which was also three times greater than the increase in the placebo group.

Those taking ashwagandha reported better psychological health and having more positive social relationships.

(Reference: AYU Journal; 2015, Vol. 36, No. 1, PMC4687242)

Additional Comments from Sam Forbes, CN

Ayurvedic medicine has introduced us to some of the most powerfully healing herbs in use today. Many of these herbs are effective in treating modern day health problems and ashwagandha might be one of the most important. The studies shown here, although interesting, barely scratch the surface of the benefits this remarkable herb has to offer.

The term adaptogen is used to describe an herb that can increase resistance and help adapt to biological stress in order to maintain internal stability. The harmful effects of stress that contribute to many degenerative diseases must be dealt with in a way that brings balance. The restorative actions of ashwagandha can help do that. Many of the adverse effects of stress are thought to be related to elevated levels of cortisol.

While taking ashwagandha, participants in one study reported increased energy, reduced fatigue, better sleep, enhanced sense of well-being with a reduction of cortisol levels up to 26%, as well as a decline in fasting blood sugar levels and improved lipid profile.

Ashwagandha, also known as withania somnifera, has been investigated for antioxidant, anti-inflammatory, anticancer, anti-stress, and adaptogenic properties. Studies have found that ashwagandha is useful for treating anxiety, stress, lower cortisol (a stress hormone), insomnia, inflammation, cholesterol, increased strength, immunity, muscle recovery,

thyroid, fertility, and weight loss.

According to an article from Life Extension, ashwagandha is able not only to relieve stress, but also protect brain cells.

At the Toyama Medical and Pharmaceutical University in Japan, scientists were looking for ways to encourage the regeneration of nerve cells in the human brain and noted that ashwagandha supported significant regeneration of the axons, dendrites and the reconstruction of synapses, the junctions where nerve cells communicate. The investigators concluded that ashwagandha extract is a potential treatment for neurodegenerative diseases such as Alzheimer's.

Ashwagandha also shows promise as a treatment for Parkinson's disease. In a recent study using a standardized model of human Parkinson's disease, ashwagandha extract reversed Parkinson's-type neurodegeneration significantly.

Ashwagandha is a great supplement to reduce immunosuppression and makes a great adjuvant therapy, meaning it can and should be taken alongside other treatments ease side effects of chemotherapy treatment while reducing stress and fatigue.

(Continued on page 15)



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and inflammation from tissue damage and can be used for sprains, strains, muscle injuries and tendinitis.

Vitamin C (ascorbic acid) is an important antioxidant present in all body tissues. Research shows an inverse relationship between blood levels of ascorbic acid and histamine: when ascorbic acid levels fall there is a significant increase in blood histamine levels. Vitamin C is believed to both prevent histamine release as well as enhance histamine detoxification.

Nettle leaf inhibits key inflammatory processes that cause seasonal allergy symptoms, including the antagonist activity against the Histamine-1 (H1) receptor and inhibition of mast cell tryptase which blocks the release of a number of pro-inflammatory events that cause the symptoms of hay fever. It has astringent, diuretic, tonic and hypotensive (blood pressure lowering) actions, and contains chlorophyll, acetylcholine, vitamin C, numerous minerals (iron, potassium, calcium, silica), histamine, and flavonol glycosides including quercetin. Nettle leaf can help prevent the onset of allergies, and also reduce symptoms caused by all allergic responses, such as hay fever, asthma, and sinusitis.

Eyebright helps decrease the overreaction of the mucous membranes in the nose, throat, eyes and ears. It is antitarrhal (removes excess mucous), astringent and anti-inflammatory, making it a useful treatment for hay fever, rhinitis, respiratory congestion, sinus infections, irritable sneezing, lachrymation (watery eyes), and conjunctivitis.

Contra-indications and Cautions: Pregnancy, pineapple allergies, bleeding disorders, blood thinners.

Dosage:

Take 2 capsules 1-2 times per day, or as directed.

American Ginseng

American Ginseng is an adaptogenic, immune-system modulating herb, enhancing stamina and energy.

*American Ginseng 1:3 - 1 fl oz - Product Code: 56981
60 Veggie Caps - Product Code: 60122*

Ingredients:

Phyto-Tech™ American Ginseng 1:3 contains certified organic American Ginseng (*Panax quinquefolium*), 333 mg/ml. Also available in a vegetarian capsule form. Each Phyto-Tech™ American Ginseng veggie cap contains 400 mg of certified organic American Ginseng Root.

American Ginseng is a classic adaptogen herb with systemic action. It increases resistance to illness and environmental stresses, improving vigor, vitality, and energy.

American Ginseng does not treat disease directly, but strengthens the body's ability to adapt to stress and therefore may help to avoid acute episodes from manifesting when one is dealing with a chronic disease.

American Ginseng is especially helpful during the later stages in life, the effects of years of stress, wear and tear on the body begin to manifest themselves.

Who would benefit from this supplement?

- Those who are beginning to notice the signs of aging.
- Those who feel depleted and are low on passion or vital energy.
- Those who fear working too hard and burning out.
- Those who feel that they are under too much stress, and it is affecting their general health.
- Those who participate in athletics, and want to boost energy and stamina.
- Those who want to fight the aging process. Those who are

elderly, and feel rundown and mildly depressed.

Dosage:

20-40 drops, 2-3 times per day. It is best used as a long term tonic (1-3 months and longer).

Complimentary Formulas:

- For the elderly, Phyto-Tech™ Ginkgo Biloba Leaf 1:1.5 works well with American Ginseng, especially if mild depression is a problem.

Antiox Phyto Blend

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a convenient liquid extract.

1 fl oz - Product Code: 57551

Who might benefit from this supplement?

- Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "anti-aging" supplement regimen.
- More specifically, this herbal supplement might benefit:**
 - Those who desire protection against everyday toxins—dietary, environmental and chemical.
 - Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
 - Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.
 - Those who want to live a longer, healthier life.

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(continued from page 14)

Focusing on ways to reduce the effects of stress is important for overall health and should include relaxation techniques, meditation, stress coping strategies, daily exercise, sufficient sleep, healthy eating habits (no skipping meals), and a well thought out supplement program that helps support and protect the body. A great way to start is by taking a comprehensive multivitamin-mineral, as well as omega-3 fish oils, probiotics, and ashwagandha. There are some nice formulas that contain ashwagandha along with other adaptogenic herbs such as rhodiola, panax ginseng, cordyceps, eleuthero, bacopa, holy basil, and schisandra.

Here's a list of selected Ashwagandha products and formulas:

Ashwagandha Root 1:15 by Willner Chemists Phyto-Tech™
2oz - Product Code: 58091

Ashwagandha Optimized by Life Extension
60 Vcaps - Product Code 56168

Ashwagandha Extract by Jarrow Formulas
120 Vcaps - Product Code 50091

Here are some Stress Formulas that contain Ashwagandha:

Adaptogen Complex by Willner Chemists Phyto-Tech™
1oz - Product Code: 57083

AdrenaSense by Natural Factors
120 Vcaps - Product Code: 44846

Imperial Adaptogen by Paradise Herbs
60 Vcaps - Product Code: 55034

Adrenal Energy by Life Extension,
60 Vcaps - Product Code: 61932

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Phyto-Tech™ Antiox Phyto Blend is a mixture of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients:

Phyto-Tech™ Antiox Phyto Blend contains the following: Acai Berry 4:1, Mangosteen Extract, Goji Berry Extract, Pomegranate 40%, Glycerin Vegetable, Water Pure Deionized, Raspberry Flavor Natural.

References:

Acai Berry (*Euterpe oleracea*) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in The Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (*Garcinia magostana*) is a plant native to Southeast Asia. Studies reveal that xanthones from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthones significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthones from mangosteen inhibit the activities of COX-1 and COX-2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (*Lycium barbarum*) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysaccharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without the Goji Berry supplement had only a 16.1 percent response rate. Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging.

Pomegranate (*Punica granatum*) contains thousands of phytochemicals including anthocyanins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50%

over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants.

This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength Veggie Cap.

New, High Potency 375 mg Veggie Caps
90 Veggie Caps - Product Code 63745

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Who might benefit from this herbal supplement?

- Those who desire protection against everyday toxins—dietary, environmental and chemical.
- Those with cardiovascular problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.
- Those who want to live a longer, healthier life.

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Fewer Migraines With Melatonin Supplementation

Doctors prescribe amitriptyline for migraine, but the drug has side effects, prompting doctors to seek alternatives.

Many "alternative" measures have already been recognized, and these include magnesium supplementation, the herbs feverfew and butterbur, CoQ10, 5HTP, riboflavin (vitamin B2) and others.

Another "alternative" treatment that has shown promise is melatonin supplementation. Melatonin is a natural hormone that is used for the improvement of sleep patterns. Several small studies have examined the possible role of melatonin for headache prevention, for migraine, cluster, and tension-type headache. The limited research so far suggests possible benefits, and additional, well-designed controlled studies are needed before a firm conclusion can be drawn. Thus, the following study is encouraging.

In this study, 178 people, age 18 to 65, reporting at least three migraine attacks-with or without aura-or four headache days, per month took a placebo, 25 mg of amitriptyline, or 3 mg of melatonin per day.

After 12 weeks, those taking melatonin had 2.7 fewer headache days per month, compared to 2.2 for amitriptyline and 1.1 for placebo. The melatonin group saw no side effects.

Interestingly enough, those taking the placebo slightly gained weight, the amitriptyline group gained more weight, while the melatonin group lost weight.

So, the melatonin was as good, or better, than the drug amitriptyline.

(Reference: *Journal of Neurology, Neurosurgery & Psychiatry*; 2016, Vol. 87, No. 10, 1127-32)



Additional Comments from Don Goldberg

The vehemence with which many in conventional medicine, dieticians and others denounce the idea of taking even a basic daily multivitamin continues to amaze and disappoint me. In a recent series of articles in the NY Times, the epidemic status of diabetes and obesity was blamed on poor diet, popular food choices and lifestyle choices on the one hand, and on the other hand, taking a daily multivitamin was characterized as nothing but a misguided source of "expensive urine." As much as I admire those who claim to be able to devote the time, effort and self-discipline to ensure optimal intake of all essential nutrients from diet alone, I think it is obvious that most Americans are unable and/or unwilling to do so.

Obesity and diabetes are the big villains. But there are many others, and the above information on migraine prevention is a good example. It has been shown that levels of magnesium, an essential mineral essential to proper nerve cell function, drop right before or during a migraine headache. The low level of magnesium may cause nerve cells in the brain to misfire. This leads to the suggestions that magnesium supplementation may be effective in preventing migraine headaches.

How does this relate to multivitamins? According to Natural Medicines reference database, "about 20% of the population consumes less than two-thirds of the RDA (recommended dietary allowance) for magnesium."

Wouldn't it be reasonable for all of us to take a multivitamin multimineral supplement so that we are less likely to suffer such deficiencies? I think so.

It should be noted, however, that when looking at "macrominerals" like magnesium and calcium, you should be aware that one- and two-per day multivitamins will not provide the amounts necessary. You need to either take a separate calcium-magnesium supplement, or take a multivitamin multimineral product like Willvite to get enough of these macrominerals.

The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing an appropriate melatonin supplement and/or multivitamin tailored to your specific needs.



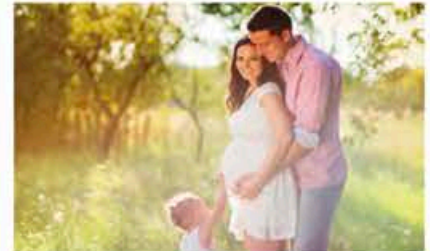
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Folate supplementation seems to be especially important for older adults because blood homocysteine levels tend to increase with age.*

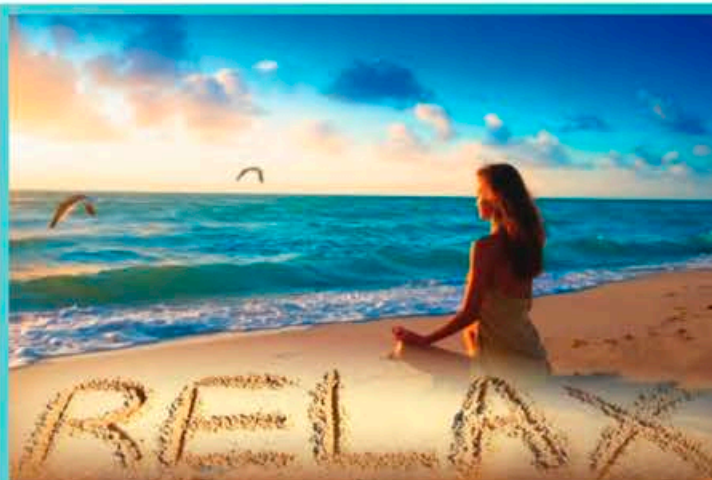


Quatrefolic as a source of (6S)-5-methyl tetrahydrofolate might be particularly useful to provide the nutritionally active form of folate during preconception, pregnancy and lactation.*

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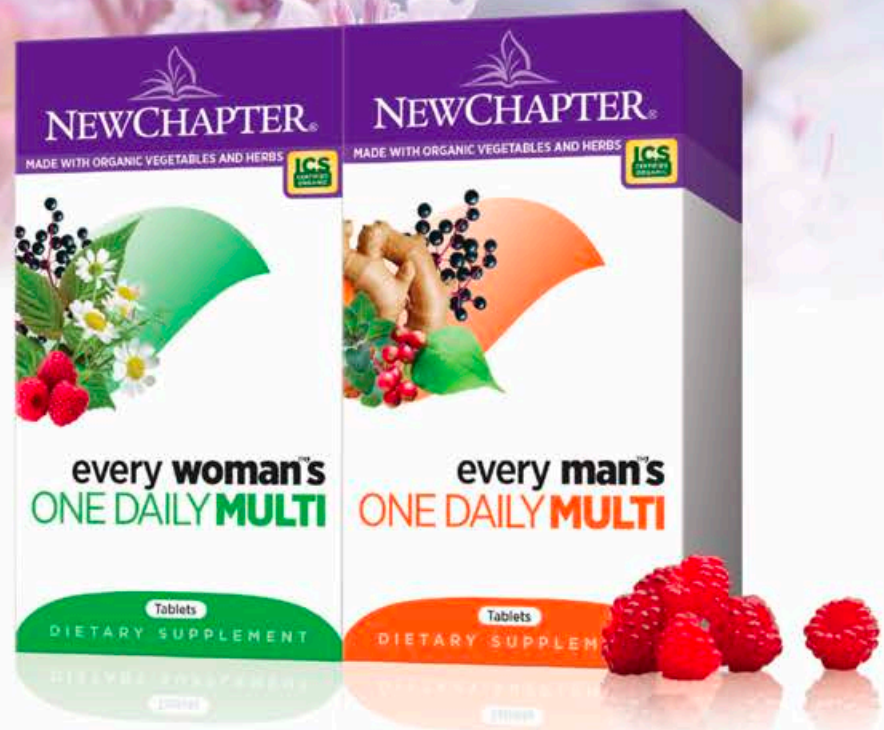
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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WILLNER CHEMISTS
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ingredients:

Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

Cautions: Pregnancy, Nursing

Dosage:

Take one 375 mg veggie capsule once or twice a day.

References:

Acai Berry (*Euterpe oleracea*) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in the Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (*Garcinia magostana*) is a plant native to Southeast Asia. Studies reveal that xanthenes from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthenes significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthenes from mangosteen inhibit the activities of COX-1 and COX-2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (*Lycium barbarum*) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties.

Studies suggest that Goji polysaccharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without the Goji Berry supplement had only a 16.1 percent response rate. Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging.

Pomegranate (*Punica granatum*) contains thousands of phytochemicals including anthocyanins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows

cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

The powerful antioxidants in Green Tea may help fight the free radicals that contribute to skin, lung, and stomach cancer as well as contribute to lowered blood pressure and LDL cholesterol. Green Tea is rich in a type of polyphenol called catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. These catechins include four major polyphenols including epigallocatechin gallate (EGCG), epicatechin gallate (ECG), epigallocatechin (EGC) and epicatechin (EC). Of these compounds EGCG is the most abundant in green tea and has generated the most interest. Peer-reviewed scientific research has consistently shown that EGCG is a potent antioxidant, deactivating health-damaging free-radicals. By virtue of its antioxidant effects EGCG has been shown to exert a number of beneficial activities, such as reducing inflammation, and normalizing cell and tissue functions. In promoting cardiovascular health EGCG has been shown to inhibit free-radical activity in the arteries, improving coronary circulation. Other studies have shown that EGCG has a benefit in normalizing blood glucose and protecting the pancreas from oxidative damage, as well as in boosting metabolism and burning fat. Green tea catechins and EGCG in particular have also been shown to naturally support detoxification and the elimination of toxic substances from the body while protecting the liver.

Grape skin and grape seed extracts are anti-inflammatory and radioprotective. They are abundant in a group of polyphenols called procyanidins. Procyanidins are strong antioxidants, lipid peroxidation inhibitors, and free radical scavengers. Procyanidins have antimutagenic effects, meaning they can counteract environmental mutagens, which are thought to be one of the causes of chronic degenerative diseases.

... continued on page 22

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Green Tea Extract Lowered Cholesterol in Menopausal Women

Doctors were interested in knowing the effects of green tea extract on lipids in menopause. In this study, 936 healthy menopausal women took a placebo, or 1,316 mg of green tea extract per day containing 843 mg of epigallocatechin gallate (EGCG), a powerful polyphenol antioxidant abundant in green tea.

After 12 months, total cholesterol had decreased by 2.1 percent for women taking green tea extract compared to an increase of 0.7 percent for placebo.

LDL, the "bad" cholesterol, declined by 4.1 percent for green tea while increasing 0.9 percent for placebo. In part of the green tea group: obese women, and those who started the study with low triglyceride levels-below 150 mg per deciliter of blood-triglycerides increased by 3.6 percent.

Doctors said green tea extract may help limit how much cholesterol the body absorbs.

(Reference: American Journal of Clinical Nutrition; November, 2016, Published Online)

Additional Comments from Don Goldberg

Green Tea extract is available from Willner Chemists, under the Phyto-Tech™ label, in both capsules and liquid extracts.

Each Phyto-Tech™ capsule contains: 250 mg of Green Tea Extract (95% polyphenols/50% EGCG) and 200 mg of full spectrum, Green Tea Leaf. (If this was the only source of Green Tea EGCG, you would need 2 capsules, three times daily to approximate the level of EGCG used in the study above.)

Phyto-Tech™ Green Tea 90 Veggie Caps - Product Code: 60126

Phyto-Tech™ Green Tea Liquid Extract, Alcohol-Free, is also available, Regular and Peach flavored:

1 fl oz - Regular Flavor Product Code: 56944

2 fl oz - Regular Flavor Product Code: 57098

1 fl oz - Natural Peach Flavor Product Code: 56998

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The Phyto-Tech™ Green Tea Guo

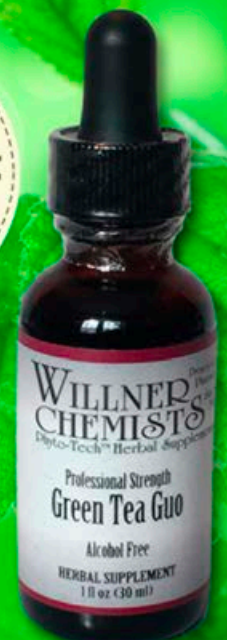
formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Willner Chemists
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Also available in a veggie cap.

Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944

2 fl oz ~ Regular Flavor - Code: 57098

1 fl oz ~ Peach Flavor - Code: 56998

90 Veggie Caps - Code: 60126

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PROMOTES HEALTH OF THE GUMS & TEETH & BETTER BREATH*

Jarro-Dophilus® Oral Probiotic lozenges contain *Lactobacillus brevis* CECT 7480 and *Lactobacillus plantarum* CECT 7481, two documented strains that have been shown in scientific studies to help promote the health of the gums and teeth and promote better breath.*



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Natural Pineapple Flavor - JRW67392

Jarro-Dophilus® Oral Probiotic
Natural Fresh Peppermint Flavor - JRW67391

Jarro-Dophilus® Oral Probiotic
Natural Green Apple Flavor - JRW67442

The use of *Lactobacillus brevis* CECT 7480 and *Lactobacillus plantarum* CECT 7481 for oral health is protected by US Patent No. 9,192,634 B2.

VISIT US AT WWW.JARROW.COM FOR MORE PRODUCT INFORMATION

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Procyanidins also increase circulation making them helpful for conditions such as venous insufficiency (a condition in which the veins have trouble sending blood from the legs back to the heart). A placebo controlled study showed that treatment with procyanidins improved venous functionality and reduced pain, cramps, edema and paresthesias (tingling). Due to procyanidins positive effects on circulation, grape skin and seed extracts are helpful for numerous vision disorders. Studies show treatment with procyanidins from the extracts increase resistance to glare, decrease ocular stress from prolonged activity at a computer and improve contrast sensitivity, retinal function and sensitivity in myopia (nearsightedness).

Complimentary Products:

- Phyto-Tech™ Antiox Phyto Blend, liquid herbal extract
- Phyto-Tech™ Green Tea Guo, regular and peach flavored

Anxiety Complex

This is a calming, soothing and relaxing formula that focuses on emotional stress.

1 fl oz - Product Code: 57014

Phyto-Tech™ Anxiety Complex is a blend of herbs with anti-anxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and soothe the mind when going through difficult times emotionally and mentally, but it does not interfere with cognitive function, allowing you to stay alert and think clearly.

Who would benefit from this supplement?

- Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression.
- Those who need to remain clear headed, but also need a calming and soothing effect.
- Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

Ingredients:

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

Dosage:

Acute short-term need: 2-4 squirts every hour as needed. Anxi-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses. Tonic long-term need: 30-60 drops 2-3 times per day.

Complimentary Products:

These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

- If mild depression accompanies anxiety, consider St. John's Complex or St. John's Wort.
- If an over-all calming, sedating action is needed, consider Phyto-Tech™ Relax PM.
- If exhaustion is present, consider Phyto-Tech™ Adaptogen Complex or Phyto-Tech™ Ginseng Energy Blend.
- If body pain is present, consider Phyto-Tech™ MuscleGestic.

Arnica Oil 1:6 Topical

A popular first-aid remedy for trauma, injuries.

1 fl oz - Product Code: 57082

Arnica is the pre-eminent remedy for trauma, injuries, and accidents and is a common part of first aid kits and home medicine cabinets. This topical oil is massaged into painful tissue that has been traumatized from an accident, athletic event and overexertion. Massage Therapists and Chiropractors commonly use arnica oil on muscle and joints that are problematic in order to disburse congested fluids in a painful area.

It is thought that Arnica works as a fluid transport stimulating herb. It moves interstitial fluids through ischemic tissue. Ischemic tissue is tissue that has diminished oxygen content because of restricted blood and fluid flow. This action by

Arnica on the painful tissue helps it heal and stop the pain cycle. As a result of the increased circulation, cellular waste is removed, bruises clear up, pain diminishes, tissue heals, tissue oxygenates and recovery time is significantly reduced. Athletes find arnica reduces potential for injury, reduces recovery time from injury and bruising. Arnica Topical Oil is great for the daily bumps and bruises inevitable in life and especially childhood. It is safe for kids.

Ingredients:

Phyto-Tech™ Arnica Oil 1:6 Topical contains the following: Arnica montana Flowers (Wild Harvested), Sage Essential Oil, Extra Virgin Cold Pressed Olive Oil, Note: First extracted in alcohol and oil to maximize potency, then the alcohol is removed.

Special Note: Most Arnica on the market is "Mexican" Arnica. This is commonly Heterotheca inuloides, an adulterant and is not true Arnica. The Vitality Works Arnica products are made from the true European Arnica montana.

Cautions: Do not apply to open wounds, ulcerations or on areas prone to bleeding; Do not take internally; Discontinue use if very sensitive skin results in a rash.

Complimentary Formulas and Single Herbs:

- Phyto-Tech™ MuscleGestic, an oral formula for muscle and general body pain, inflammation
- Phyto-Tech™ Comfrey Root 1:3 (to promote healing of breaks, fractures, sprains, cuts, lesions)
- Phyto-Tech™ Valerian Root 1:2 (for severe pain)
- Phyto-Tech™ St. John's Wort 1:2 (if nerves are very sensitive or painful)

Dosage:

Massage into effected areas as needed. Repeat 2-3 times per day or as needed.

Arnica works best if applied in full concentration to the problematic area. It is less effective if applied all over the

. . . continued on page 23

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Diabetes Prevention: Nutrients Resveratrol, Zinc, Magnesium, Choline, Phytonutrients May Reduce Chances of Type 2 Diabetes

Resveratrol and Hesperetin

In the first part of this study, doctors in the lab introduced trans-resveratrol and hesperetin into a cell culture and found these two nutrients triggered an enzymatic process that reduces the harmful effects of sugar on the body.

Next, to follow up on these "test-tube" results, they moved to a second part of the study, where 32 men and women, aged 18 to 80, who were overweight or obese, took high daily doses of trans-resveratrol and hesperetin, or a placebo.

After eight weeks, those in the resveratrol-hesperetin group who had body-mass index scores of more than 27.5 saw increases in the enzymatic activity that protects the body from excess sugar. Also, doctors saw improved insulin activity, better artery function, and reduced inflammation in blood vessels. There were no changes for placebo.

Discussing the findings, doctors said trans-resveratrol with hesperetin may help reduce chances for diabetes and heart disease, particularly in those who are obese.

(Reference: Diabetes Journals; 2016, db160153, Published Online)

Plant-based Diets Shown to Reduce Incidence of Type-2 Diabetes

In one of the largest, long-term diet studies, 200,727 men and women who were healthy at the beginning reported their diets every two to four years over a 25-year follow-up period. Doctors classified foods according to plant or animal source, and gave each a positive or negative index score.

Whole grains, fruits, vegetables, nuts, and legumes were positive, while fruit juices, sweetened beverages, refined grains, potatoes, and desserts were negative. Animal foods including fats, dairy, eggs, fish, seafood, meat, and poultry also got a negative index rating.

Overall, those who consumed a diet emphasizing plant-based foods and deemphasizing animal-based foods were 20 percent less likely to develop type 2 diabetes.

In an interesting finding, people whose diets focused on low-quality plant-based foods, such as sweetened beverages, saw chances for type 2 diabetes increase.

(Reference: PLoS Medicine; 2016, 1002039, Published Online)

Choline & Betaine Reduce Insulin Resistance and Reduce Incidence of Type-2 Diabetes

Choline and betaine aid liver function, and help cells reproduce.

In this study, doctors measured the diets of 2,394 adults from the general population. Both men and women who got the most choline and betaine had the least insulin resistance, while men and women who got the least choline and betaine had the greatest insulin resistance.

When insulin resistance is high, the body needs larger amounts of insulin to metabolize and use glucose, or sugar. Chances for developing type 2 diabetes increase as insulin resistance becomes more severe.

Doctors said choline and betaine could help alleviate inflammation, reduce oxidative stress, and help normalize metabolism, reducing chances for developing type 2 diabetes.

(Reference: Nutrition Journal; January, 2017, Vol. 33, 28-34)

Magnesium Supplementation Reduces Chances for Diabetes

Doctors who reviewed 18 diabetes studies said that good magnesium levels in the diet reduce chances of developing type 2 diabetes. In nine of the studies covering 670 people, those taking magnesium supplements had lower fasting blood sugar levels compared to placebo.

In three of the studies, covering 453 people, those who took a magnesium supplement had better blood sugar levels compared to placebo two hours after a meal. And, in five of the studies, doctors found those with better magnesium levels from diet and supplements had less insulin resistance.

Discussing the findings, doctors said taking magnesium supplements has a beneficial role, improves glucose handling in those with diabetes, and improves insulin sensitivity in those who have greater chances of developing type 2 diabetes.

(Reference: European Journal of Clinical Nutrition; August, 2016, Published Online)

Note: Research such as the study presented above, highlighting the importance of magnesium supplementation, is what led Willner Chemists to increase the level of magnesium in our multivitamin-multimineral supplement, Willvite. A full dose of Willvite, four tablets, now provides 600 mg of magnesium (rather than the 400 mg previously), and the calcium level has been reduced from 1000 mg to 800 mg.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



body as massage oil. Use a different oil for a massage (i.e. almond oil) and arnica on the painful area.

Ashwagandha Root

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy. Fresh ground vegetarian capsule and liquid herbal extract.

Ashwagandha Root 1:1.5 - 1 fl oz - Product Code: 57008
90 Veggie Caps - Product Code: 67465

Who would benefit from this supplement?

- Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders.

Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, "yang" or stimulating than Panax ginseng. Ashwagandha is known as the "Ayurvedic" Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand.

It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

Ingredients:

Phyto-Tech™ Ashwagandha Root Liquid Extract contains the following: Fresh Organic Ashwagandha Root (Withania somnifera), Grain Alcohol, Deionized Water.

Phyto-Tech™ Ashwagandha Root Veggie Caps contain, in each capsule, Organic Ashwagandha Root, 380 mg and selectively imported Ashwagandha Root Extract (1.5% Withanoloids), 95 mg. The capsule contains modified vegetable cellulose. *Certified organic.*

Dosage:

Liquid Extract: 30 drops, 1-3 times per day or as directed in juice or water. Capsule: 1 veggie cap, 1-3 times a day. The fluid extract may contain a small amount of herbal precipitate due to the strength of the preparation.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex
- Phyto-Tech™ Ginseng Energy Blend

Astragalus Root

As a long term tonic, Astragalus helps boost deep immunity and resistance.

Astragalus Root 1:3 - 1 fl oz - Product Code: 56949

Astragalus Root, 460 mg

90 Veggie Caps - Product Code: 60340

Who would benefit from this supplement?

- Those who get sick easily or suffer from chronic health problems. It is especially useful for those undergoing chemotherapy.

"You may already be accustomed to taking echinacea at the first sign of a cold or flu, or when people around you are

getting sick. How is astragalus different? Like echinacea, Astragalus not only helps prevent colds and flu but shortens the course of a bug once it has set in. Astragalus can also be used as a long-term preventive and restorative herb, both to prevent illness and to renew energy and vitality once an acute illness has passed. Scientific evidence also suggests that astragalus may be one of the most important herbs for strengthening the immune system against serious diseases, including cancer." (McCaleb, Robert, et al, *The Encyclopedia of Popular Herbs*, The Herb Research Foundation, Prima Health, 2000)

The indications listed for Astragalus include the following:

- Colds and flu, chronic respiratory problems such as bronchitis, digestive ailments, susceptibility to infectious disease, recovery after illness, general weakness and fatigue, cancer.

The active constituents include polysaccharides (glucans), saponins (astragalosides), flavonoids and phytosterols, all of which contribute to the positive actions of Astragalus. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. It appears to help trigger immune cells from a "resting" state into heightened activity. One study showed Astragalus root helps promote and maintain respiratory health. It also enhances the body's production of immunoglobulin and stimulates macrophages. Astragalus can help activate T-cells and natural killer (NK) cells. Astragalus stimulated NK-cell activity of human peripheral blood lymphocytes and restored steroid-inhibited NK-cell activity in another study.

Traditionally, many herbalists feel Astragalus is best used when not acute. In other words, use it in between acute episodes in order to boost immunity and avoid frequent

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Willner Chemists Phyto-Tech™ Herbal Supplements

Willner Chemists has offered stevia as a liquid herbal concentrate, providing Stevia Leaf Extract, standardized to 90% Steviosides, in 1, 2 and 4 oz sizes:

Phyto-Tech™ Stevia Extract 90

1 fl oz - Product Code: 56943

2 fl oz - Product Code: 56940

4 fl oz - Product Code: 56942

Now, Willner Chemists is pleased to offer six new stevia leaf extracts, in flavored form:

Phyto-Tech™ Stevia Extract - Chocolate

2 oz, Alcohol Free - Product Code: 60140

Phyto-Tech™ Stevia Extract - Cinnamon

2 oz, Alcohol Free - Product Code: 60139

Phyto-Tech™ Stevia Extract - Lemon

2 oz, Alcohol Free - Product Code: 60141

Phyto-Tech™ Stevia Extract - Orange

2 oz, Alcohol Free - Product Code: 60144

Phyto-Tech™ Stevia Extract - Peppermint

2 oz, Alcohol Free - Product Code: 60143

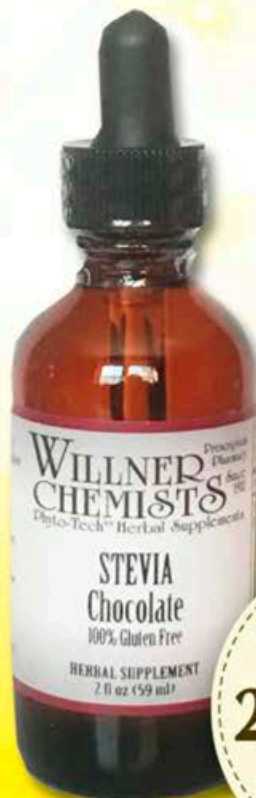
Phyto-Tech™ Stevia Extract - Vanilla

2 oz, Alcohol Free - Product Code: 60142

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

To listen to an interview on stevia and other therapeutic herbal supplements, go to www.willner.com and look up the May 22, 2011 Willner Window Radio Program



Willner Chemists
Phyto-Tech™
25% OFF
Entire Line
Apr. 3 - May 12

Stevia Extracts

New Flavors Now Available

Extracts of leaves from *Stevia rebaudiana* have been used for many years in traditional treatment of diabetes in South America. Various compounds in stevia have been concentrated, and used as natural sweeteners. These compounds possess up to 250 times the sweetness intensity of sucrose, and they are noncaloric and noncariogenic. Stevioside, a natural plant glycoside isolated from the plant *Stevia rebaudiana*, has been commercialized as a non-caloric sweetener in Japan for more than 20 years. Some studies have shown that stevia may be beneficial to those with hypertension, and those with type-2 diabetes. Dosage: Add 2-8 drops, as needed. Each ml is equivalent to 300 mg of Stevia.

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

**WILLNER
CHEMISTS**
The Nutritional Supplement
Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



acute episodes. Astragalus is indicated for those who get sick frequently, for illnesses that do not resolve in a reasonable time, for those who get sick time after time. It is also indicated for those using antibiotics frequently. Think of it as an herbal flu shot, so take it before the immune season begins, especially for the elderly, the young and the immune suppressed.

Dosage:
20-60 drops, 2-3 times per day or as needed in juice or water.

Phyto-Tech™ Astragalus Root 1:3 contains Astragalus membranaceus, 333 mg/ml, certified organic.

Complimentary Formulas:
• Phyto-Tech™ Immune Complex

Attention Complex

This “Child Friendly” supplement supports healthy attention and concentration.

1 fl oz - Product Code: 57030

Who would benefit from this supplement?

• Children who suffer from ADHD, ADD, poor concentration and focus, stress, fatigue and mental exhaustion.

Phyto-Tech™ Attention Plus is effective for increasing cognitive ability, helping attention, memory and focus, increasing concentration capacity, reducing mental fog and alleviating stress and fatigue. It can be helpful for those who have Attention Deficit Hyperactivity Disorder (ADHD), which affects one’s ability to pay attention, stay still, and/or control their impulses.

Ingredients:
Phyto-Tech™ Attention Complex contains the following herbs Ginkgo biloba Leaf, Gotu Kola Leaf, Licorice Root, Lobelia Herb and Rhodiola Root.

Dosage:
See label for age-adjusted dosage guidelines.

Bacopa

Bacopa has been used in Ayurvedic medicine as a brain tonic, sedative and anti-epileptic. It enhances cognitive function while, at the same time, reducing anxiety.

90 Veggie Caps - Product Code: 67469

Who might benefit from using this supplement?

• Those who suffer from poor mental function, memory problems, learning disabilities
• Those who also suffer from anxiety and depression

Ingredients:
Each veggie cap contains the following: Organic Bacopa Herb (Bacopa monnieri) - 300mg, and Selectively Imported Bacopa Herb Extract (20% Bacosides) - 100mg
The vegetarian capsule contains: Modified Vegetable Cellulose

Properties:
Traditionally, Bacopa exerts the following actions:
• Antioxidant, Adaptogenic, Nervine

Indications:
Bacopa, also known as Brahmi, has been used in Ayurvedic medicine for hundreds of years as a brain tonic, sedative, and anti-epileptic. Bacopa is unique in that it enhances cognitive function, while simultaneously reducing anxiety. This makes it an ideal herb for students, those with mentally challenging jobs, children and adults with learning disabilities, and the elderly experiencing mental decline.
Current research on Bacopa supports its ability to enhance memory, learning and concentration and to reduce anxiety and depression. Its constituents are lipophilic and have the ability to cross the blood brain barrier, which accounts for its actions on cognition. Bacosides have been identified as the

main active constituents of the herb responsible for its positive influences on brain function. Bacosides enhance nerve impulse transmission and help repair damaged neurons by increasing kinase activity, neuronal synthesis, and synaptic activity. The antioxidant activity of Bacopa plays a key role in its influence on cognition. Research shows it appears to prevent DNA damage in the brain and modulate expression of enzymes that fight reactive oxygen species.
Bacopa also has a stimulatory effect on thyroid function and has been shown to increase production of T4 (thyroxine), a thyroid hormone. This can positively affect fatigue issues.

Complimentary Formulas & Single Herbs:
• B-Complex Vitamins(Nutritional support and energy)
• Brain Bio Boost Complex (formula to support cognitive function)
• Turmeric Root 1:1.5 (Antioxidant support)

Dosage:
Take 1 cap, 1-2 times per day.

Bilberry

Bilberry is a powerful antioxidant, and is traditionally used to support eye health and visual function.

Liquid Extract - 1 fl oz - Product Code: 57043

Bilberry Standardized &

Full Spectrum

Also available as a standardized (25% Anthocyanidin) extract, 50 mg, in a base of full spectrum 250 mg Bilberry Leaf (Wild Harvested) in a Veggie Cap formulation

60 Veggie Caps - Product Code: 60119

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



AMAZING HERBS NUTRACEUTICALS

60781	BLACK SEED 500 MG	100	CAP	20.65	16.52
60782	BLACK SEED 500 MG SGC	90	SGC	28.00	22.40
61855	BLACK SEED OIL	4 Z	LIQ	23.95	19.16

AMERICAN BIOLOGICS

18090	ADRENAL 160 MG	120	TAB	24.61	19.69
37842	BRAIN POWER ULTRA	90	CAP	56.26	45.01
24913	INFLA ZYME FORTE	500	TAB	123.00	98.40
18086	INFLA ZYME FORTE	180	TAB	48.26	38.61
18085	INFLA ZYME FORTE	90	TAB	28.85	23.08
45089	LITHIUM	100	CAP	11.20	8.96
36979	TAURINE PLUS	1 Z	LIQ	30.60	24.48
18094	THYROID	90	TAB	32.25	25.80

AMERICAN BIOSCIENCE

50633	AVE WHEAT GERM ORANGE	30	PWD	199.95	179.95
44707	HPB HERBAL PROST SUPP	70	VCA	49.95	39.96
36387	IMMPOWER	30	CAP	54.95	43.96
52817	NK 9 AHCC	60	CHW	33.39	26.71

AMERICAN BIOTECH LABS

65606	ASAP OTC WOUND DRESSNG	1.5	GEL	13.99	11.19
56299	SILVER BIOTICS 10 PPM	16Z	LIQ	40.99	32.79
50580	SILVER BIOTICS 10 PPM	8 Z	LIQ	28.99	23.19

AMERICAN HEALTH

25171	ACEROLA + 1000 MG MEG	60	CHW	19.09	15.27
27111	ACEROLA + 500 MG SUPE	250	TAB	31.49	25.19
44138	ACEROLA + SUPER C 500	100	CHW	16.79	13.43
23863	ACIDOPH CHEW BLUEBERRY	100	CHW	10.49	8.39
51058	ACIDOPH CHW MIXED FLAV	100	CHW	10.49	8.39
22761	ACIDOPH CHW STRAW	100	CHW	10.49	8.39
32459	ACIDOPH LIQ BANANA	16Z	LIQ	14.99	11.99
24053	ACIDOPH LIQ BLUEBERRY	16Z	LIQ	14.99	11.99
23835	ACIDOPH LIQ PLAIN	16Z	LIQ	14.99	11.99
51641	ACIDOPH LIQ STRAW	16Z	LIQ	14.99	11.99
38591	APPLE CIDER VINEGAR	200	TAB	9.49	7.59
63724	BLUE GREEN ALGA 500 MG	120	CAP	33.09	26.47
59638	DIGEST HPE	90	VCA	39.99	31.99
24764	E P O 1300 ROYAL BRIT	120	SGC	33.09	26.47
55045	E P O 500 ROYAL BRITT	200	SGC	36.59	29.27
23435	E P O 500 ROYAL BRITT	100	SGC	19.99	15.99
24763	E P O ROYAL BRIT 1300	60	SGC	17.69	14.15
55935	ENZYME PROBIOTIC CMP	90	VCA	20.99	16.79
60848	ESTER C 1000 EFER PWD	21	PAK	12.99	10.39
54640	ESTER C 1000 MG W/CITR	90	CAP	27.39	21.91
53077	ESTER C 1000 W/BIO TAB	90	TAB	22.09	17.67
53074	ESTER C 1000 W/BIO TB	120	TAB	29.39	23.51
64108	ESTER C 1000 W/BIO VEG	180	TAB	39.99	31.99
59639	ESTER C 1000 W/D3 5000	60	TAB	17.89	14.31
60847	ESTER C 1000 W/PROBIOT	60	TAB	20.99	16.79

53792	ESTER C 250 MG CHW	125	WAF	16.09	12.87
53076	ESTER C 500 MG CAP	120	CAP	17.39	13.91
54971	ESTER C 500 MG TAB VEG	225	TAB	23.19	18.55
53075	ESTER C 500 W/BIO CAP	240	CAP	33.39	26.71
53084	ESTER C 500 W/BIO CAP	120	CAP	18.39	14.71
55845	ESTER C 500 W/BIO CAP	60	CAP	10.59	8.47
53080	ESTER C 500 W/BIO TAB	225	TAB	24.19	19.35
53083	ESTER C 500 W/BIO TAB	90	TAB	12.39	9.91
53082	ESTER C 500 W/BIO VCAP	60	VCA	11.89	9.51
53081	ESTER C 500 W/BIO VCAP	240	VCA	38.39	30.71
53079	ESTER C 500 W/BIO VCAP	120	VCA	19.99	15.99
55044	ESTER C LIQ 250 MG BER	8 Z	LIQ	18.99	15.19
53793	ESTER C W/BIOFLAV PWD	4 Z	PWD	17.39	13.91
54990	ESTER C W/BIOFLAV PWD	8 Z	PWD	31.59	25.27
57763	ESTER C W/CRANBERRY	90	TAB	17.89	14.31
45595	MORE THAN A MULT MEN	90	TAB	24.99	19.99
63119	MORE THAN A MULTI BRN	90	TAB	24.99	19.99
24445	PAPAYA ENZ PLUS SUPER	360	CHW	21.99	17.59
17131	PAPAYA ENZ PLUS SUPER	180	CHW	13.09	10.47
22544	PAPAYA ENZYME ORIGINAL	250	CHW	10.49	8.39
26518	PAPAYA ENZYME ORIGINAL	600	CHW	20.99	16.79
33714	PAPAYA ENZYME W/CHLOR	600	CHW	21.99	17.59
25038	PAPAYA ENZYME W/CHLOR	250	CHW	12.09	9.67
57881	PROBIOTIC CD 12 BILL	60	TAB	31.49	25.19
26532	TAM HERBAL LAXATIVE	250	TAB	14.39	11.51

AMERICAS FINEST

36958	BETA GLUCAN 1 3 500 MG	100	CAP	17.49	17.49
66877	CURCUMIN C3 CMP 500 MG	90	CPL	25.99	25.99
35328	CURCUMINODS 500 MG	90	CAP	23.39	23.39
51079	CURCUMIN C3 CMP 1000 MG	60	CPL	34.99	34.99
38914	FORSLEAN EXTREME	90	CAP	25.99	25.99
35335	HGH DOPA 400	250	CAP	34.99	34.99
35332	LACTOSPORE FLORA	60	CPL	7.99	7.99
35336	TRIBULUS 45	60	CAP	13.99	13.99

AMINO ACID & BOTANICAL

39732	COLLOIDAL SILVER 1100	4 Z	LIQ	62.95	50.36
26671	COLLOIDAL SILVER 500	2 Z	LIQ	24.89	19.91
26672	COLLOIDAL SILVER 500	4 Z	LIQ	38.90	31.12
33903	SHARK LIVER OIL 1000	60	CAP	40.49	32.39

APOTHECARY PRODUCTS

44749	DISCLOSING TABLET	30	TAB	7.39	7.39
40200	MEDTIME PLANNER DELUXE	EA	MIS	10.99	10.99
41952	PILL REMIND 14 DAY AL	EA	EA	9.82	7.86
59877	PILL REMIND AMPM 3X LK	EA	MIS	8.89	8.89

ARIZONA NATURAL

31138	CHAPARRAL CAPS 500	180	CAP	18.89	15.11
31137	CHAPARRAL CAPS 500	90	CAP	10.79	8.63
58771	EDTA 500 MG	100	CAP	17.49	13.99

66435 GARLIC TIME TR 1800 MG 180 TAB 19.99 15.99

ARTHUR ANDREW MEDICAL

66176	FLORAPHAGE	90	CAP	69.99	55.99
60915	NEPRINOL	300	CAP	199.99	179.99
60916	NEPRINOL	150	CAP	109.99	98.99
60917	NEPRINOL	90	CAP	79.99	71.99

AUBREY ORGANICS

62971	AGE DEFY THERAP CLEANS	3.4	LIQ	14.95	14.95
51510	AGE DEFY THERAP SERUM	10M	LIQ	14.95	14.95
66153	AGE DEFY THERP AHA MSK	89M	CRM	14.95	14.95
66154	CALM SKIN THERAP MOIST	50M	CRM	22.50	22.50
66359	CLARIFY THERAPY MOIST	50M	CRM	16.95	16.95
66155	CLEAR SKIN CMP CLAR TH	22M	GEL	9.99	9.99
66158	CONDIT GREEN TEA MAND	11Z	LIQ	10.93	10.93
66358	CONDIT ROSA MOSQUETA	11Z	LIQ	14.99	14.99
58714	CONDITIONER CAMOMILE	11Z	LOT	22.50	22.50
40280	CONDITIONER GPB	11Z	LIQ	10.93	10.93
40282	CONDITIONER GPB	16Z	LIQ	17.83	17.83
51348	GREEN TEA GINKGO MOIST	4 Z	CRM	16.28	16.28
51134	HAND BODY LOT EPO	8 Z	LOT	13.95	13.95
43987	HAND BODY LOT ROS MASQ	8 Z	LOT	12.95	12.95
62970	MOIST REVITAL THERAPY	1.7	CRM	22.50	22.50
64166	REVITAL THERAPY CLNS	3.4	LIQ	14.95	14.95
56272	REVITAL THERAPY SERUM	.36	OIL	12.98	12.98
67299	SHAMPOO GPB ROSEME PEPP	11Z	LIQ	10.48	10.48
66228	SHAMPOO GREEN TEA	11Z	LIQ	10.48	10.48
46292	SHAMPOO HERBAL ROSA	11Z	LIQ	9.98	9.98
66229	SHAMPOO HONEYSUCK ROSE	11Z	LIQ	10.48	10.48
40278	SHAMPOO JAY JOJOBA ALO	16Z	LIQ	15.48	15.48

AURA CACIA

23833	ALMOND OIL SWEET 16OZ	16Z	LIQ	17.45	13.96
23295	ANISE OIL .5Z	.5Z	LIQ	16.19	12.95
62989	ARGAN DAY FACE OIL SER	1 Z	LIQ	19.99	15.99
61089	ARGAN OIL SPRAY	1 Z	SPY	14.99	11.99
63389	AWAKENING YOGA MIST	4 Z	SPY	9.99	7.99
63000	BAOBAB NIGHT FACE OIL	1 Z	LIQ	19.99	15.99
61090	BAOBAB OIL SPRAY	1 Z	SPY	14.99	11.99
23830	CAMOMILE WILD ESSEN	.5Z	LIQ	45.69	36.55
66793	COMFORT ESS OIL BLEND	.5Z	LIQ	9.99	7.99
23870	CYPRESS OIL	.5Z	LIQ	8.99	7.19
63393	EMPOWERING SOLAR PLEX A	.31	STK	15.99	12.79
63394	ENLIGHTENING CROWN STK	.31	STK	15.99	12.79
23750	EUCALYPTUS OIL 2 Z	2 Z	LIQ	17.69	14.15
63395	EXPRESSIVE THROAT STK	.31	STK	15.99	12.79
23615	FRANKENCENSE ESS OIL	.5Z	LIQ	28.39	22.71
22190	GERANIUM ESS OIL .5OZ	.5	LIQ	17.89	14.31
26296	GINGER ESS OIL	.5Z	LIQ	14.15	11.32
23456	GRAPEFRUIT ESS OIL	.5Z	LIQ	9.85	7.88
63396	GROUNDIRG RT AROMA STK	.31	STK	15.99	12.79

66795	HELICHRYSUM ESSEN OIL	.5Z	LIQ	15.99	12.79
66794	INDULGE ESS OIL BLEND	.5Z	LIQ	9.99	7.99
63397	INSIGHTFUL THIRD EYE	.31	STK	15.99	12.79
22668	LAVENDER ESSENTIAL OIL	.5Z	LIQ	12.39	9.91
61091	MACADAMIA OIL SPRAY	1 Z	SPY	10.99	8.79
63165	MEDIEVAL MIX	.5Z	LIQ	10.99	8.79
63390	MOTIVATING YOGA MIST	4 Z	SPY	9.99	7.99
23934	MYRRH ESSENT OIL	.5Z	LIQ	31.19	24.95
63398	OPENING HEART AROMA STK	.31	STK	15.99	12.79
24303	PATCHOULI	.5Z	LIQ	19.79	15.83
21994	PEPPERMINT ESS OIL	2 Z	LIQ	27.59	22.07
21993	PEPPERMINT ESS OIL 15ML	.5Z	LIQ	8.99	7.19
63391	PURIFYING YOGA MIST	4 Z	SPY	9.99	7.99
66796	ROMAN CHAMOMILE JOJOBA	.5Z	LIQ	10.99	8.79
66797	ROSE ABS JOJOB ESS OIL	.5Z	LIQ	14.99	11.99
63001	ROSEHIP DP FACE OIL SR	1 Z	LIQ	19.99	15.99
61092	ROSEHIP OIL SPRAY	1 Z	SPY	13.50	10.87
23831	SAGE OIL .50Z	.5Z	LIQ	9.99	7.99



Promoting a Healthy Planet, One Smoothie at a Time

VegiDay is part of a growing movement that encourages us to support a sustainable future by choosing to eat more plant-based foods. At VegiDay we source our products or ingredients only from similarly “green-minded” companies. We look for suppliers who practice organic farming, guarantee non-GMO ingredients, and are committed to sustainability.

ORGANIC • NON-GMO
VEGETARIAN • SUSTAINABLE

natural Factors
myvegiday.com



STRESSED? LOSING SLEEP?

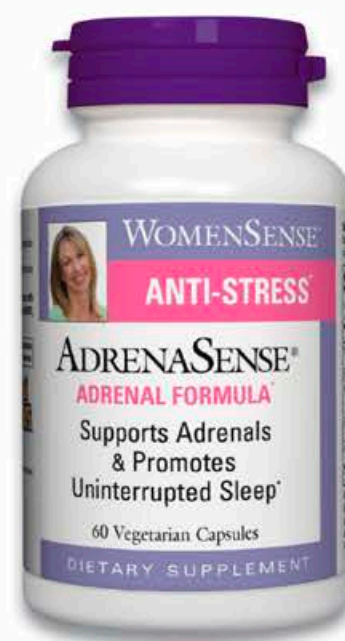
AdrenaSense® Adrenal Formula

AdrenaSense provides herbal support for healthy adrenal gland function and promotes uninterrupted sleep.

Doctor recommended

“As a practicing Naturopathic Doctor, I have had excellent success with all the WomenSense products as they offer safe, effective, and natural hormone support for women of all ages.”

—Dr. Marita Schauch



natural Factors
naturalfactors.com

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who would benefit from taking this herbal supplement?

- Those who are concerned about possible eye or vision problems, including macular degeneration, cataracts.

Billberry contains potent antioxidants that protect and improve micro-circulation, that is, the circulation of blood through the capillaries. These antioxidant pigments, called anthocyanosides or anthocyanins, are similar to those found in red grape skins. Anthocyanosides protect cells in the circulatory system, keeping them more flexible to provide better flood flow and oxygen to capillary-rich organs such as the retina of the eye. Researchers have also found that bilberry affects enzymes responsible for energy production in the eye, which is especially important to good vision under poor light conditions, including night vision.

“Bilberry extract and bilberry constituents appear to improve circulation in young and elderly people alike. Bilberry extract may be helpful in preventing many of the vision problems associated with aging. In combination with vitamin E, it can prevent cataracts; it can also prevent retinopathies (diseases of the retina), including diabetic retinopathy, and possibly even ordinary nearsightedness (myopia). Bilberry’s ability to strengthen capillary circulation helps those who bruise easily, and bilberry extracts are even used before elective surgery to minimize bruising and excessive bleeding. Increasing capillary strength also helps in treating spider veins, varicose veins, and hemorrhoids.” (McCaleb, Robert, et.al., The Encyclopeddia of Popular Herbs, The Herb Research Foundation, Prima Health, 2000)

Ingredients:

Each 30 drops contains 500 mg of certified organic Bilberry berry.

Black Cohosh Root

This herb helps normalize the menstrual cycle and promote a healthy menopause.

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1 fl oz - Product Code: 56969
90 Veggie Caps - Product Code: 60120

Who would benefit from taking this supplement?

- Women experiencing the following problems may find this herb helpful: PMS, menstrual cramps, uncomfortable menopausal symptoms.

Black Cohosh is considered by herbalists to be a distinctive woman’s remedy. It stimulates delayed menses as an emmenagogue while relaxing the muscles around the uterine area to help decrease menstrual cramps. It can help PMS symptoms and help to regulate a woman back into a more normal cycle. It can also help amenorrhea and dysmenorrhea. It is commonly combined with Chaste Tree Berry and Dong Quai Root.

It is also a famous remedy in menopause. German studies show that Black Cohosh will diminish the negative side effects of menopause by improving symptoms such as hot flashes, perspiration, heart palpitations, nervousness and irritability, sleep problems and depression. Research suggests estrogenic activity in the alcoholic extract, inhibiting LH but not follicle stimulating hormone. Some research refutes estrogen activity and suggests neurotransmitter interference. It either fools the pituitary from looking for leutinizing hormone or actually inhibits LH. This results in a decrease in the above-mentioned symptoms and exerts a most positive effect on menopause.

Ingredients:

Each 30 drops of Phyto-Tech™ Black Cohosh contains 333 mg certified organic Black Cohosh Root.
Also available in a veggie cap formulation. Each capsule contains 500 mg of Wild Harvested Black Cohosh Root.

Cautions: Pregnancy, Nursing. No known drug interactions.
Since Black Cohosh is not actually estrogenic, it is NOT contraindicated in estrogen sensitive cancer.

Dosage:

15-30 drops 2-3 times per day or as needed in juice or water. Increase serving to 30-60 drops for acute cramping and lack of period during menses.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berries (to increase progesterone)
- Phyto-Tech™ Menopause Complex (menopause formulas with black cohosh)
- Phyto-Tech™ Menses Complex (PMS and cycle regulating formula with black cohosh)

Black Walnut Hull

This herb is traditionally used to support intestinal health.

1 fl oz - Product Code: 56987

The Black Walnut used in this supplement is derived from the hulls while in their green state. This is when they are most potent.

Who would benefit from this supplement?

- Those who are concerned about possible parasite, fungal or bacterial infections, including candidiasis;
- Those with gastrointestinal problems such as indigestion, diarrhea and constipation.

Fresh Black Walnut Hulls are harvested in their green state (before they blacken) where they are more potent. Black Walnut’s two main active chemicals are juglone and tannins. Juglone is antibiotic and antifungal and has a normalizing effect on intestinal tissue Tannins are astringents that reduce secretions, relieve irritation and tighten tissues by shrinking the top layers of the skin. These properties led to the use of Black Walnut Hull for treating gastrointestinal problems such as indigestion, diarrhea and constipation. It is also considered a strong killer of fungal infections such as athletes’ foot,

. . . continued on page 28



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



50960	SHAMPOO PEPPERMINT	11Z	LIQ	10.59	8.47
38383	SHAMPOO ROSEMARY	11Z	LIQ	10.59	8.47
59996	SHAMPOO T10 SCALP TRMT	11Z	LIQ	10.59	8.47

BACH FLOWER REMEDIES					
44901	AGRIMONY	20M	LIQ	19.99	15.99
17149	ASPEN 20ML	20	LIQ	19.99	15.99
17150	BEECH 20ML	20	LIQ	19.99	15.99
42243	CHERRY PLUM 20 ML	20	LIQ	19.99	15.99
42005	CHICORY 20ML	20	LIQ	19.99	15.99
17156	CLEMATIS 20ML	20	LIQ	19.99	15.99
17157	CRAB APPLE 20ML	20	LIQ	19.99	15.99
42245	GENTIAN 20 ML	20	LIQ	19.99	15.99
17173	GORSE 20ML	20	LIQ	19.99	15.99
43568	HOLLY 20 ML	20M	LIQ	19.99	15.99
42341	HONEYSUCKLE 20 ML	20	LIQ	19.99	15.99
42711	HORNBEAM 20 ML	20	LIQ	19.99	15.99
42890	IMPATIENS 20ML	20M	LIQ	19.99	15.99
42546	LARCH	20	LIQ	19.99	15.99
42338	MIMULUS 20 ML	20	LIQ	19.99	15.99
42171	MUSTARD 20 ML	20M	LIQ	19.99	15.99
42588	OAK	20	LIQ	19.99	15.99
41781	OLIVE 20ML	20	LIQ	19.99	15.99
42172	PINE 20 ML	20M	LIQ	19.99	15.99
17197	RED CHESTNUT 20ML	20	LIQ	19.99	15.99
58969	RESCUE REMED PAST BL C	50	LOZ	9.19	7.35
17198	RESCUE REMEDY 10ML	10	LIQ	15.89	12.71
17199	RESCUE REMEDY 20ML	20	LIQ	22.69	18.15
59020	RESCUE REMEDY CRM	30G	CRM	12.49	9.99
57418	RESCUE REMEDY KIDS A/F	10M	LIQ	16.99	13.59
53441	RESCUE REMEDY PASTLLE	50	LOZ	9.19	7.35
58706	RESCUE REMEDY PET	10M	LIQ	19.29	15.43
52385	RESCUE REMEDY SLEEP	7ML	SPY	15.89	12.71
56698	RESCUE REMEDY SLEEP BFR	20	SPY	22.69	18.15
41495	RESCUE REMEDY SPRAY	20	SPY	22.69	18.15
52590	RESCUE REMEDY SPRAY 7 M	7ML	SPY	14.69	11.75
61108	RESCUE SLEEP LIQ MELTS	28	LOZ	11.29	9.03
42340	ROCK ROSE 20 ML	20	LIQ	19.99	15.99
41933	ROCK WATER 20 ML	20	LIQ	19.99	15.99
43040	SCLERANTHUS 20ML	20M	LIQ	19.99	15.99
42587	STAR OF BETHLEHEM	20	LIQ	19.99	15.99
42073	SWEET CHESTNUT 20 ML	20	LIQ	19.99	15.99
17212	VERVAIN 20ML	20M	LIQ	19.99	15.99
42246	VINE 20 ML	20	LIQ	19.99	15.99
42074	WALNUT 20 ML	20	LIQ	19.99	15.99
41780	WATER VIOLET 20ML	20	LIQ	19.99	15.99
41882	WHITE CHESTNUT 20ML	20	LIQ	19.99	15.99
42339	WILD OAT 20 ML	20	LIQ	19.99	15.99
17227	WILLOW 20ML	20	LIQ	19.99	15.99

BARLEANS					
45627	BREVAIL	30	CAP	21.63	17.30

42701	E P O 1300 MG	120	SGC	35.67	28.53
30182	ESSENTIAL WOMAN OILS	12Z	OIL	31.33	25.06
61051	FISH OIL ORANGE FLAVOR	250	SGC	28.08	22.46
51567	FLAX OIL	16Z	LIQ	22.18	17.74
51566	FLAX OIL	12Z	LIQ	17.27	13.81
33524	FLAX OIL CAP 1000 MG	100	CAP	13.25	10.60
34447	FLAX OIL CAP 1000 MG	250	CAP	31.73	25.38
67350	FLAX OIL GUMMIES ORANG	90	CHW	21.67	17.33
30470	FLAXSEED OIL HIGH LIGN	12Z	LIQ	17.85	14.28
35862	FLAXSEED OIL HIGH LIGN	16Z	LIQ	22.68	18.14
30467	FLAXSEED OIL HIGH LIGN	32Z	LIQ	43.25	34.60
37658	FLAXSEED OIL LIGNAN	250	SGC	32.25	25.80
37657	FLAXSEED OIL LIGNAN	100	SGC	13.92	11.13
58022	OLIVE LEAF COMP PEPPER	16Z	LIQ	37.33	29.86
58908	OMEGA MAN	120	SGC	32.25	25.80
66636	OMEGA SWIRLS PINA COLA	16Z	LIQ	29.37	23.49
64055	OMEGA TWIN 1000 MG	60	SGC	17.25	13.80
34062	OMEGA TWIN FLAX BOR LG	12Z	LIQ	31.20	24.96
67351	PROBIOTIC GUMMIES RASP	60	CHW	20.00	16.00

BELL LIFESTYLE PRODUCTS					
67031	AMORA FOR WOMEN	120	CAP	39.95	39.95
67033	CLEAR SKIN	90	CAP	29.95	29.95
67032	FORZA FOR MEN	120	CAP	39.95	39.95

BHI HEEL					
15118	ACNE INFLAMMATION	100	TAB	11.99	9.59
58462	ADRIISIN ALLERGY RELIEF	100	TAB	12.59	10.07
20504	AESCULUS COMPOSITUM	50	LIQ	29.49	29.49
15088	ALLERGY	100	TAB	11.99	9.59
15142	ALLERGY REL CLEARLIFE	20M	SPY	12.59	10.07
64721	ARNICA PLUS	100	TAB	14.99	13.49
15089	ARTHRITIS	100	TAB	11.99	9.59
15091	BACK	100	TAB	11.99	9.59
39767	BODYANEW CLEANSE DETOX	KIT	KIT	37.79	30.23
15096	CALMING	100	TAB	11.99	9.59
15100	COLD	100	TAB	11.99	11.99
63611	COLD FLU RELIEF REBOST	100	TAB	12.59	10.07
15101	CONSTIPATION	100	TAB	14.49	14.49
15102	COUGH	100	TAB	11.99	9.59
20536	DECONGEST NASAL SPRAY	20	SPY	12.59	10.07
15111	FLU PLUS	100	TAB	11.99	9.59
15116	HEMORRHOID	100	TAB	11.99	11.99
15115	MIGRAINE (HEADACHE II)	100	TAB	11.99	9.59
15094	MUCUS RELIEF BRONCHIT	100	TAB	11.99	9.59
15128	NAUSEA	100	TAB	11.99	11.99
51691	PLACENTA COMPOSITUM	100	TAB	31.99	31.99
15134	SINUS	100	TAB	11.99	9.59
15137	SPASM-PAIN	100	TAB	11.99	11.99
15177	T RELIEF (TRAUMEEL)	100	TAB	12.59	10.07
20439	T RELIEF (TRAUML OINT)	50G	ONT	12.59	10.07
65627	T RELIEF ARTHRITS OINT	50	ONT	12.59	10.07

20531	T RELIEF ORAL DROPS	50	LIQ	12.59	10.07
66349	T RELIEF SPASM	100	TAB	11.99	11.99
20537	T RELIEF TRAUMEEL OINT	100	ONT	24.19	19.35
15179	T RELIF ARTHRIT (ZEEL)	100	TAB	12.59	10.07
15140	THROAT	100	TAB	14.49	14.49
53119	THROAT RELIEF REBOOST	20M	SPY	12.59	10.07
41589	TRAUMEEL GEL	50G	GEL	12.59	10.07
53402	WELLMIND TENSION REL BH	100	TAB	12.59	10.07

BIO GENESIS					
44039	BIO INFLAMMATORY	150	CAP	42.29	38.06
43710	DIABETONE PLUS	90	VCA	54.69	43.75
43204	INTESTINAL REPAIR CAP	120	VCA	49.19	39.35
43203	INTESTINAL REPAIR PWD	160	PWD	48.39	38.71

BIO K PLUS					
50585	BIO K PLUS CL1285 D/F	6PK	LIQ	28.89	26.01
50583	BIO K PLUS CL1285 ORIG	6PK	LIQ	31.09	27.98
60837	BIO-K CAP 25 BILLION	15	CAP	23.69	21.33
55900	BIO-K PLUS BKP/G	6PK	LIQ	28.89	26.01

BIO NUTRITION					
65538	CARALLUMA 1000 MG	60	VCA	14.99	11.99
62775	GARCINIA CAMBOGIA 500	60	VCA	15.99	12.79
67396	GARCINIA CAMBOGIA LIQ	4 Z	LIQ	19.99	15.99
61794	GREEN COFFEE BEAN 800	50	CAP	29.99	23.99
61969	MORINGA 5000 MG SUPER	60	VCA	19.99	15.99
65361	MORINGA LEAF PWD ORGNI	300	PWD	19.99	15.99

BIO STRATH					
24378	BIO STRATH ORIG	100	TAB	28.99	23.19
17246	BIO STRATH ORIG 3.4 OZ	.4Z	LIQ	16.99	13.59
17247	BIO STRATH ORIG 8.4 OZ	.4Z	LIQ	28.99	23.19

BIO TECH					
51102	B6 FOLIC ACID B12 METH	100	CAP	23.00	20.70
52112	CARNITINE 400 MG	100	CAP	64.00	57.60
58713	CRM CHROM POLINICOT	100	CAP	13.60	12.24
51254	D 3 50	100	CAP	30.00	27.00
44893	D MANNOSE CAP	100	CAP	35.00	31.50
36251	D MANNOSE PWD 100 GRAM	100	PWD	50.00	45.00
58573	D3 1000 IU	250	CAP	14.50	13.05
59990	D3 5 5000 IU	250	CAP	15.70	14.13
51183	D3 50	12	CAP	18.00	16.20
51128	DHEA 25 MG	100	CAP	20.00	18.00
55058	FOLIC ACID 5 MG	100	CAP	12.00	10.80
14729	LACTO PECTIN	100	CAP	19.70	17.73

BIOACTIVE NUTRITIONAL					
43433	ACETYLCHOLINE CHLORIDE	1 Z	LIQ	17.42	15.68
44914	ADRENOPLEX	1 Z	LIQ	16.25	14.63
43977	ALLERGEN II	1 Z	LIQ	16.25	14.63

52363	ASTHMAFORCE	1 Z	LIQ	16.25	14.63
44483	BAC	1 Z	LIQ	16.25	14.63
44484	BAC HP	1 Z	LIQ	20.12	18.11
63343	CARROT SEED OIL CLD PR	1 Z	OIL	15.99	15.99
66887	CRANBERRY SEED OIL	1 Z	LIQ	15.99	15.99

A.C. GRACE					
53450	GRACE E UNIQUE 400 IU	30	SGC	11.95	10.75
53451	GRACE E UNIQUE 400 IU	120	SGC	42.95	38.65
55962	GRACE E UNIQUE LIQ 400	1 Z	LIQ	21.75	19.57
54938	GRACE E UNIQUE TOCOTR G	60	SGC	39.50	35.55

ABSORBAID		
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Coping with health issues doesn't have to mean giving up your quality of life. A healthy immune system provides the strength to endure aggressive medical treatments, the power to fight illness, and the vitality to get more out of life. PeakImmune4 is the safe, natural dietary supplement clinically shown to optimize the immune system.* Live better. From the inside out.



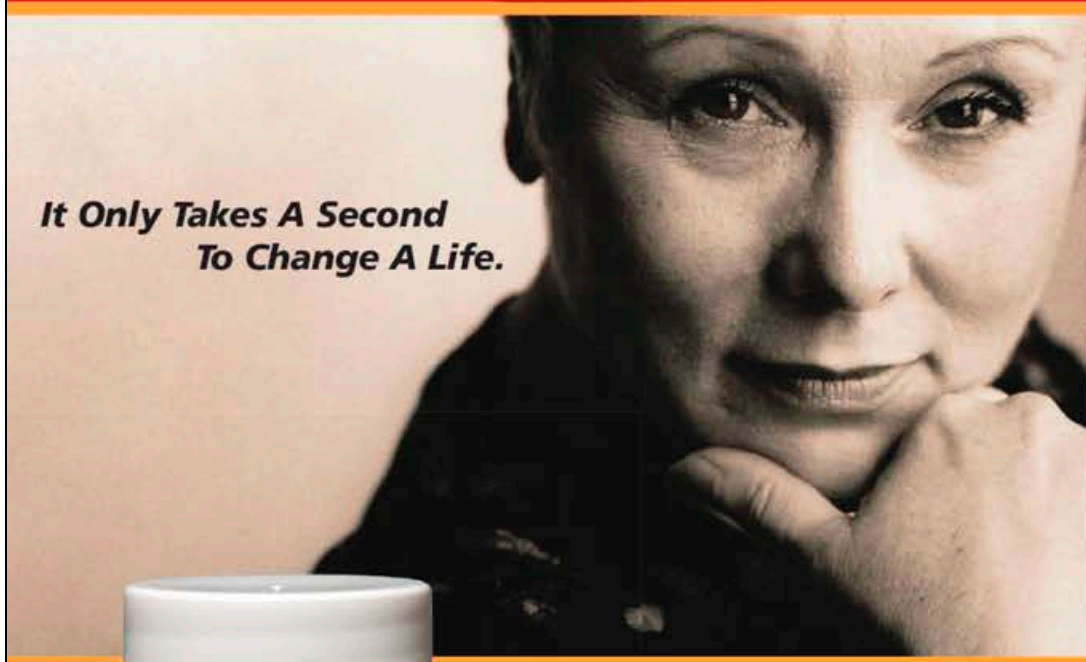
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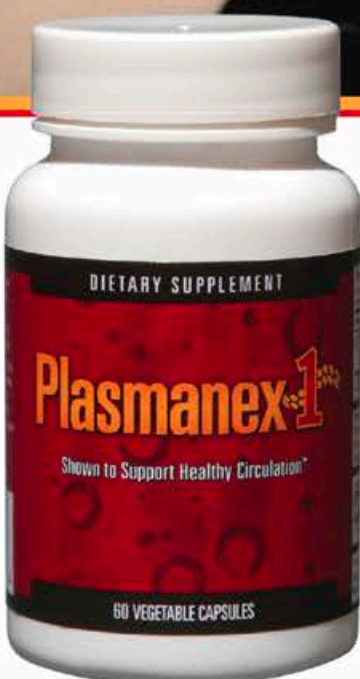
DAIWA HEALTH DEVELOPMENT
Daiwa Health Development,
Gardena, CA, 90248
www.dhdusa.net 1-866-475-4810

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Candida Albicans and other internal and topical fungal infections. It is a great addition to a Candida treatment protocol.

Black Walnut Hull also enjoys a reputation as a parasite killer. It will help to destroy amoebas, protozoans (giardia, blastocystis hominis), pinworms, tinneas and ringworm. Use larger doses once a parasitic infection is in place. Often, treatment needs go for one month in order to kill parasites in all cycles or forms from adult to egg. It can be combined with other anti-parasitic treatment. Black Walnut Hull can be used preventively if one is traveling to an area where parasites are common or unusual. Take Black Walnut Hull for a few days prior to when one leaves the area and continue taking the entire length of the trip. One must still use common sense and avoid possible parasite contaminated food and drink. Common symptoms of intestinal parasites are diarrhea, gas or bloating, nausea or vomiting, stomach pain or tenderness, fatigue or weakness, weight loss and presence of worms in stool. If you suspect you have a parasite infestation, consult with a physician.

Cautions: Prolonged use is not advised.

Ingredients:

Each 30 drops contains 1,000 mg of certified organic green Black Walnut Hulls.

Dosage:

Preventive: 15-30 drops, 2 times per day in juice or water.
General: 15-40 drops 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day in juice or water. This dose can be maintained for over 1 month.

Complimentary Formulas:

- Phyto-Tech™ Oregano Oil 70 (anti-parasitic, anti-bacterial, anti-fungal)
- Phyto-Tech™ Immune Complex

- Phyto-Tech™ Green Walnut Complex (Walnut with Wormwood and Clove)

Blue Cohosh 1:3

Blue Cohosh is similar to Black Cohosh in use. It is used for premenstrual conditions where a heavy bearing down sensation is felt. It is indicated for a feeling of fullness in the abdomen and legs, cramping onset of ones menses, irregular menses or lack of menses. It is anti-spasmodic and helps to relieve cramps. It has symptomatically helped some where endometriosis causes much discomfort and pain.

1 fl oz - Product Code: 57066

Blue Cohosh is a traditional herbal remedy, used by midwives, Native Americans and eclectic physicians of the early 20th century, for use only in the last 3 weeks of pregnancy to help ease a woman in to labor. Midwives still use it today, but only after a woman is term or after week 37. It may help to ease spastic cramping.

Caution: Do not use Blue Cohosh during pregnancy unless under the supervision and direction of your physician.

Dosage:

General: 5-20 drops, 2-3 times per day or as needed in juice or water.
Acute cramps: 10 drops every 10-20 minutes until pain subsides.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berries (to increase progesterone)
- Phyto-Tech™ Menopause Complex (menopause formulas with black cohosh)
- Phyto-Tech™ Menses Complex (PMS and cycle regulating formula with black cohosh)

BPH Complex

This herbal supplement was designed to support prostate function and the male reproductive system.

1 fl oz - Product Code: 57085

Who would benefit from this supplement?

- Men with benign prostatic hyperplasia, elevated PSA levels, impotence.

Phyto-Tech™ BPH Complex contains the following herbs: Saw Palmetto Berry, Fresh Nettle Root, Red Root, Sarsaparilla Root, Fresh Turmeric Root, Dong Quai Root. Phyto-Tech™ BPH Complex is actually designed for use as a male prostate tonic to help prevent benign prostatic hyperplasia (BPH) that is common to most men in mid-life and on. It will help reduce prostate swelling, keep testosterone healthy and help maintain a healthy libido. It also helps the dull ache, urine dribbling, weak urine flow, waking at night to urinate and can help men who have the inability to maintain an erection.

For those who actually have BPH, Phyto-Tech™ BPH Complex will help bring the prostate back into a healthy state and help reduce all the symptoms that accompany BPH.

Phyto-Tech™ BPH Complex can be used as a long-term tonic. It is a good idea for most men to treat their reproductive tracts annually with Phyto-Tech™ BPH Complex once they are over 50 years of age. This is when most prostate problems arise. Using Phyto-Tech™ BPH Complex for 1-2 months once per year is a wise male preventative treatment for maintaining a healthy prostate throughout a life. Since prostate swelling is so prevalent in society, it makes sense to use this male tonic as a preventative.

. . . continued on page 30

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



64274	MARULA OIL PURE	1 Z	LIQ	15.95	15.95
65816	ROSEHIP OIL	1 Z	OIL	12.99	10.39
61819	SHAMPOO ARGAN OIL + ST	8 Z	LIQ	9.99	9.99
61821	SHAMPOO DRY	2.6	PWD	9.99	9.99
61818	SHAMPOO LEMONGRASS ARG	8 Z	LIQ	9.99	9.99
61820	SHAMPOO MINT + ECHN ST	8 Z	LIQ	9.99	9.99

ADORATHERAPY					
66369	AWAKE MOOD BOOST SPRAY	10M	SPY	20.00	18.00
66370	BALANCED MOOD BOOST	10M	SPY	20.00	18.00
66371	BEAUTIFUL MOOD BOOST	10M	SPY	20.00	18.00
66240	CLEAR AWAY GOOD MOOD	4 Z	SPY	16.00	14.40
66248	I AM TRANQUILIT CHAKRA	10M	SPY	16.00	14.40
66242	I BELONG VITALITY CHAK	10M	SPY	16.00	14.40
66244	I CAN MOTIVATION CHAKR	10M	SPY	16.00	14.40
66243	I FEEL CREATIV CHAKRA	10M	SPY	16.00	14.40
66245	I LOVE JOY CHAKRA BST	10M	SPY	16.00	14.40
66247	I SEE CLARITY CHAKRA	10M	SPY	16.00	14.40
66246	I SPEAK COMMUNICATION	10M		16.00	14.40
66373	PEACEFUL MOOD BOOST	10M	SPY	20.00	18.00
66374	SEDUCTIVE MOOD BOOST	10M	SPY	20.00	18.00

ADV. ORTHOMOLECULAR					
67167	BONE PROTECT ADV + STR	60	VCA	32.00	25.60
45663	CARDIO MAG 50 MG	120	VCA	50.00	40.00
41452	CHANCA PIEDRA	90	VCA	28.00	22.40
66659	HYDROXY B12 1000 LOZ	60	LOZ	26.00	20.80
45434	PEAK K2 15 MG	90	VCA	52.00	41.60
45435	R LIPOIC ACID 150 MG	90	VCA	42.00	33.60
54116	STRONTIUM SUPPORT II	60	VCA	24.00	19.20
50779	T 100	60	TAB	30.00	24.00
38836	TOTAL E W/COQ10 30 MG	60	SGC	44.00	35.20

ADVANCED RESEARCH					
43726	2 AEP CAL 500 MG	200	VCA	36.52	29.22
27021	2 AEP CAL 500 MG	100	VCA	17.59	14.07
26510	CAL OROTATE 612 MG	100	CAP	34.49	27.59
27022	LITHIUM OROTATE	200	TAB	19.99	15.99
26514	MAG OROTATE 500 MG	200	TAB	62.59	50.07
26513	MAG OROTATE 500 MG	100	TAB	32.39	25.91
26512	MAG OROTATE 500 MG	50	TAB	17.19	13.75
27020	MEMBRANE CMP 2 AEP CAL	100	CAP	21.56	17.24
39502	POT OROTATE 175 MG	200	VCA	33.77	27.02
26516	ZINC OROTATE 60 MG	200	TAB	12.76	10.20

AEROBIC LIFE					
10260	AEROBIC 07 70ML	70	LIQ	23.95	21.55
21265	AEROBIC BULK CLEANSE	12Z	PWD	16.95	15.25
37740	MAG 07	90	CAP	23.95	21.55
55184	MAG 07	180	CAP	36.95	33.25

ALACER CORP					
57174	EMERGEN C ACAI BERRY	30	PAK	16.69	13.35
56861	EMERGEN C CRAN POM	30	PAK	16.69	13.35
63277	EMERGEN C IMMUN + CITR	30	PAK	19.99	15.99
54791	EMERGEN C PINK LEMONAD	30	PAK	16.69	13.35
57467	EMERGEN C RASPBERRY	30	PAK	16.69	13.35
10142	EMERGEN C REG LEM LM	30	PAK	16.69	13.35
56502	EMERGEN C SUPER ORANGE	30	PAK	16.69	13.35
57176	EMERGEN C TANGERINE	30	PAK	16.69	13.35
57309	EMERGEN C TROPICAL	30	PAK	16.69	13.35

ALBA					
35877	BODY LOT ORIGNAL UNSC	32Z	LOT	18.29	14.63
66932	SUNLESS TANNER LOTION	4 Z	LOT	11.49	9.19

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts!
See back page, or www.willner.com

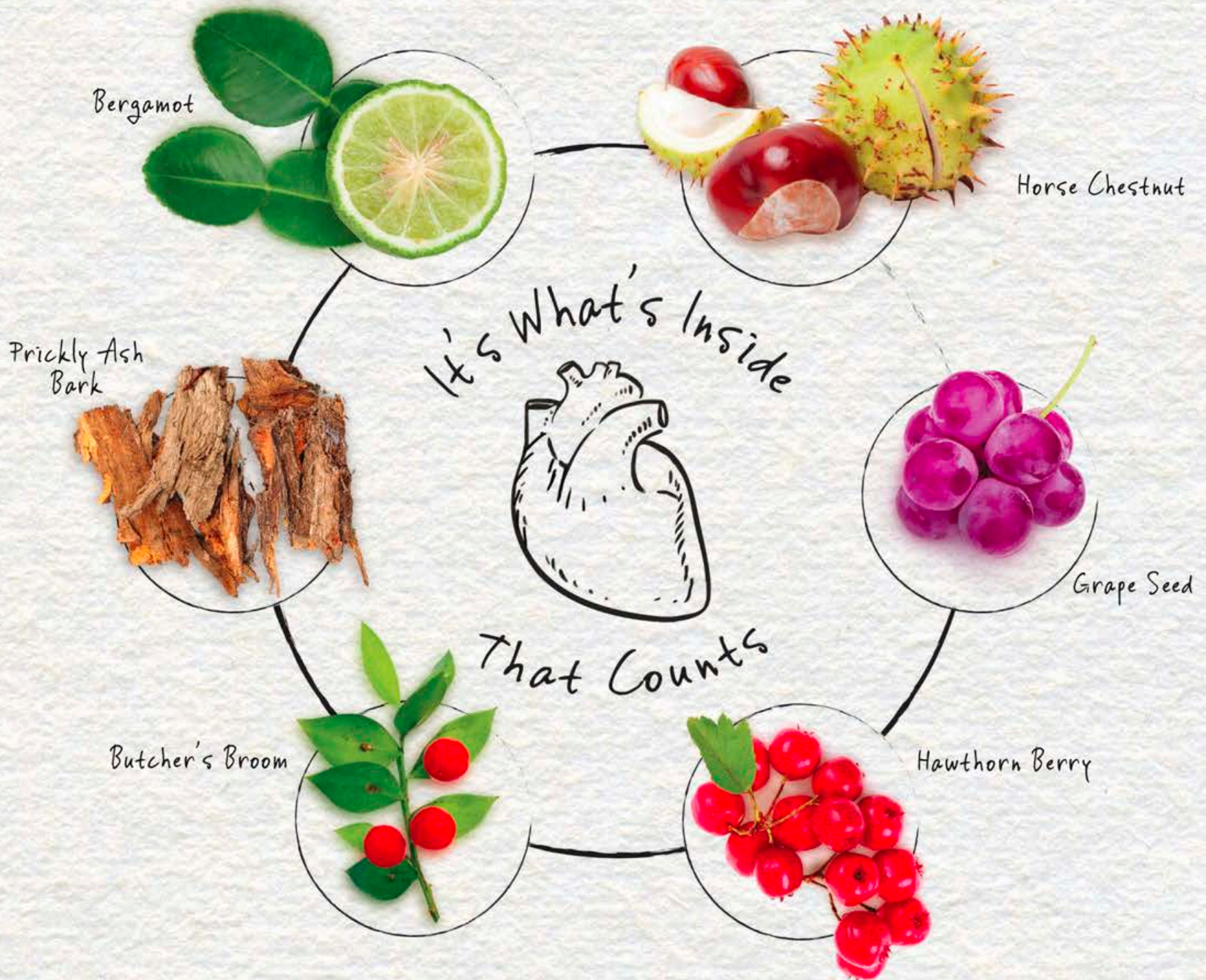
66934	SUNSCREEN FACIAL SPF30	4 Z	LOT	11.49	9.19
66940	SUNSCREEN FRG FR SPF50	6 Z	SPY	15.99	12.79
66930	SUNSCREEN KIDS SPF 45 A	4 Z	LOT	11.49	9.19
66935	SUNSCREEN KIDS SPF 50	6 Z	SPY	15.99	12.79
42255	SUNSCREEN LAVEN SPF 45	4 Z	LOT	11.49	9.19
59890	SUNSCREEN MIN FF SPF30	4 Z	CRM	10.99	8.79
66938	SUNSCREEN MINER FRG FR	6 Z	SPY	15.99	12.79
66939	SUNSCREEN MINER HERB	6 Z	SPY	15.99	12.79
66933	SUNSCREEN SPORT MINER	4 Z	LOT	11.49	9.19

ALL ONE NUTRITECH					
33801	ALL 1 CALCIUM COMPLEX	8.5	PWD	26.69	21.35
25988	ALL 1 GRN PHYTO 15.9Z	15.	PWD	53.69	42.95
28844	ALL 1 POWDER ACT SEN	15Z	PWD	60.39	48.31
39778	ALL 1 POWDER SENIOR	21B	PWD	105.99	84.79
18077	ALL 1 PWD 15.90Z	5.9	PWD	53.69	42.95
18076	ALL 1 PWD 5.29 OZ	5.2	PWD	19.89	15.91

ALLERGY RESEARCH					
29444	5 HTP 50 MG	150	CAP	48.67	38.93
59658	ACETYL GLUTATHIONE 100	60	TAB	99.99	79.99
36621	ACETYL L CARNITINE 250	60	CAP	38.34	30.67
24355	ACETYL L CARNITINE 500	100	CAP	85.50	68.40
62446	ADRENAL 100 MG VCAP	150	VCA	24.68	19.74
60071	ADRENAL 100 MG	100	CAP	87.66	70.12
10013	ANTIOX FORM ORIGINAL	120	VCA	37.68	30.14
51398	ARGENTYN 23	8 Z	LIQ	55.99	44.79
58836	ARGENTYN 23	16Z	LIQ	93.59	74.87

62390	ARGENTYN 23 FIRST AID				
54729	ARGENTYN 23 SPRAY				
66592	ARGENTYN 23 VERT NASAL				
10064	ARGININE 500 MG				
36626	ARGININE 500 MG				
10015	ARTEMESIA 500				
36623	ARTEMISININ QINGHAOSU				
51002	ARTEMISININ SUPER				
29691	ARTHRED 240GMS				
10120	B COMPLEX SUPER				
19723	BIFIDO BIO WL.SPORO				
10022	BIOTIN 5000				
60073	BONE MARROW BEEF				
60074	BRAIN BEEF				
32720	BRAINWAVE PLUS (REMIND)				
10115	BUFFERED C POWDER				
10026	BUTYREN				
40725	C BUF PWD FROM CASVA				
45509	C BUFF CAP CASAVA 500				
10114	C BUFFERED 500 MG CAP				
10003	C PURE CAP 1000 CORN				
57784	C PURE CAP CASSAVA				
10004	C PURE PWD CORN				
10087	CAL MAG CITRATE				
10027	CALCIUM CITRATE 150 MG				
30409	CALCIUM PYRUVATE 110				
27949	CATS CLAW 3X				
28971	CELLULOSE 250 GMS				
21530	CHRONOSET MELATON 1.3				
25475	COQ10 100 TOCOTRIENOL				
29033	COQ10 100 TOCOTRIENOL				
20363	COQ10 50 MG VCA				
54516	COQH CF 100 UBILQ CO10				
32822	CUTURELLE LACT G G				
58975	C3 COMPLETE 2000 IU K2				
42079	D3 SUPER				
65976	DAO HISTAMINASE W/BIOF				
38107	DHA				
58770	DHEA 10 MG MICRONIZED				
39289	DIM 75 MG				
39451	DIM PALMETTO PROSTATE				
22480	E P O 500 MG				
61945	ENERGY LIPIDS PWD NT F				
10121	EPA SUPER				
43891	EPA SUPER				
26822	EPD MULTIVITAMIN BASIC				
22523	EPD TRACE MINERALS				
10040	ESTEROL CAP				
10041	ESTEROL CAP				
52445	FIBROBOOST				
57590	FLAVINOX				
55205	FLOW LESS				

2 Z	GEL	28.97	23.17
2 Z	SPY	22.99	18.39
2 Z	SPY	22.99	18.39
100	CAP	17.30	13.84
250	CAP	46.88	37.50
100	CAP	31.15	24.92
90	CAP	72.63	58.10
60	VCA	57.93	46.34
240	PWD	48.15	38.52
120	VCA	19.57	15.65
60	CAP	26.90	21.52
60	CAP	16.93	13.54
100	CAP	18.20	14.56
100	CAP	22.04	17.63
120	CAP	70.87	56.69
240	PWD	23.38	18.70
100	TAB	17.75	14.20
300	PWD	24.72	19.77
120	CAP	17.25	13.80
120	CAP	15.07	12.05
100	CAP	21.62	17.29
100	CAP	21.50	17.20
120	PWD	16.10	12.88
100	CAP	14.84	11.87
180	CAP	21.94	17.55
90	CAP	32.16	25.72
60	CAP	38.54	30.83
250	PWD	13.00	10.40
100	CAP	15.99	12.79
60	SGC	75.71	60.56
200	SGC	228.19	182.55
75	VCA	61.29	49.03
60	SGC	65.58	52.46
30	VCA	33.59	26.87
60	SGC	27.50	22.00
60	CAP	16.25	13.00
60	CAP	43.00	34.40
90	SGC	20.99	16.79
60	TAB	20.17	16.13
120	CAP	57.12	45.69
60	SGC	95.89	76.71
120	SGC	33.35	26.68
150	PWD	88.30	70.64
60	SGC	23.30	18.64
200	SGC	56.97	45.57
150	CAP	39.66	31.72
75	CAP	10.60	8.48
100	CAP	35.45	28.36
200	CAP	53.40	42.72
75	VCA	52.95	42.36
90	VCA	66.50	53.20
60	VCA	25.74	20.59



Heart Health Support*

nowfoods.com/heart

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

NOW knows that feeling and looking healthy radiates from within. This is why we use only the highest quality raw materials to manufacture NOW® supplements in our own state-of-the-art facilities. From supporting already-healthy cholesterol levels with Cholesterol Pro™ to promoting healthy vein function with Vein Supreme™, NOW offers 900 of the highest quality natural dietary supplements, including these heart health formulas, to help you look and feel your best from the inside out.*





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage:

30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Saw Palmetto Berry 1:3 (for increased potency)

Brain Bio Boost Complex

Supports healthy cognitive function, focus and memory, increasing overall cognitive ability and vitality. The elderly find this formula especially helpful.

1 fl oz - Product Code: 57071

Who would benefit from this supplement?

- Those with memory loss, confusion, Alzheimer's disease, dizziness, tinnitus, ADHD and ADD. This is an ideal supplement for college students and others facing demanding mental challenge. It is best used long-term.

Ingredients:

Phyto-Tech™ Brain Bio Boost Complex contains the following herbs: Gotu Kola Leaf, Ginkgo Leaf, Green Tea, Codonopsis Root, Licorice Root, Rhodiola Root.

Phyto-Tech™ Brain Bio Boost Complex is a blend of herbs thought to increase overall cognitive ability, energy and vitality. It improves memory and concentration. It is indicated for those with age-related cognitive decline as well as for those who are faced with heavy cognitive demands, such as college students It can help in Attention Deficit Hyperactivity Disorder (ADHD) by helping one pay attention, sit still and process information.

Supportive Information:

Ginkgo is for cerebral vascular insufficiency and works by cerebral and peripheral blood flow. As one gets older, blood flow to the brain and to peripheral tissue decreases with these resulting symptoms. Diminished cerebral circulation

can also result in vertigo, ringing in the ear, Alzheimer's symptoms, forgetfulness and depression. Ginkgo can help all of this. Ginkgo is famous in assisting memory, focus and cognition.

Gotu Kola reduces adrenal corticosterone blood levels during stress. It is high in flavonoids and studies show it helps in capillary fragility and strengthens vascular integrity in the brain and throughout the body. It is a cognitive stimulating herb for use in fatigue, confusion and general lethargy. It is helpful for those exhausted from emotional upheaval or excessive work habits.

Green Tea is a potent antioxidant that binds with free radicals to neutralize their harmful effects. Green Tea is rich in polyphenols and one in particular called a catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. Studies demonstrate the antioxidant effects of green tea catechins improve overall reference and working-memory related learning ability. Green Teas polyphenols are also believed to help ward off neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons against the harmful effects of reative oxygen species (ROS) and nitric oxide (NO).

Rhodiola stimulates the activity of serotonin, dopamine, and norepineprhine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotansmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free

radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions. Codonopsis is very similar to ginseng, but milder and more neutral in energy. It increases stamina and alertness and keeps the body and mind strong when under stress.

Licorice works as a limbic (emotional) brain tonic and tonifies the stress axis (hypothalamus, pituitary, adrenal axis). Researchers have found a compound in licorice known as carbenoxolone inhibits an enzyme in the brain involved in making stress-related hormones which have been associated with age related mental decline.

Phyto-Tech™ Brain Bio Boost Complex cannot be expected to work overnight and is best if used consistently for at least 2 weeks. It can be continued as a long-term tonic, especially in the elderly.

Dosage:

20-40 drops in juice or water, 2-3 times daily or as needed

Cautions and Contrindications: While interaction unlikely, those taking prescription blood thinners, or MAO inhibitors should advise their physicians. Do not take during pregnancy, if nursing, or preparing for surgery. The amount of licorice in this formula is theorectically too low to affect blood pressure, but those with high blood pressure should monitor their BP as a precaution.

. . . continued on page 32

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



40657	NATTOKINASE FIBRENASE I	/90	SGC	53.56	42.84	50735	TMG 750 MG	A	100	CAP	21.25	17.00	50408	MENTOX HP	1 Z	LIQ	20.12	18.11	BIOTICS									
54542	NATTOKINASE NSK SD 50	90	VCA	54.90	43.92	63433	TOCOMIN SUPRABIO TOCO A		120	SGC	74.00	59.20	42312	METALOGIN	1 Z	LIQ	16.25	14.63	63190	5 HTP	150	CAP	36.50	32.85				
10083	NIACIN B3 250 MG	90	CAP	13.35	10.68	63432	TOCOMIN SUPRABIO TOCO A		60	SGC	39.20	31.36	44855	NEUROTOX	1 Z	LIQ	16.25	14.63	25477	A D P	120	TAB	43.30	39.97				
10084	NIACIN NO FLUSH 430 MG	75	CAP	26.79	21.43	56149	TOCOTRIENOLS 50 DELTA		75	SGC	34.80	27.84	50140	OSTEOFORCE	1 Z	LIQ	16.25	14.63	21280	A D P	60	TAB	22.60	20.34				
10085	OCUDYNE	200	CAP	54.74	43.79	55396	TOCOTRIENOLS DELT FRAC		30	SGC	24.50	19.60	44980	PRE/POST SURGERY	1 Z	LIQ	16.25	14.63	45560	ADBS PLUS	90	TAB	24.80	22.32				
26382	OCUDYNE II W/MIN LUT	200	CAP	63.93	51.14	10128	TRICYCLINE		90	CAP	44.66	35.72	45201	RENOTOX	1 Z	LIQ	16.25	14.63	53469	ADHS	240	TAB	43.00	38.70				
60081	ORCHIC BEEF	100	CAP	21.17	16.93	10071	TYROSINE		100	CAP	20.40	16.32	54731	RHEUMATISM HP	1 Z	LIQ	20.12	18.11	35071	AQUEOUS MULTI PLUS	16Z	LIQ	26.80	24.12				
37715	OREGANO OIL	60	SGC	20.98	16.78	67321	XOS PREBIOTIC PWD		100	PWD	18.95	15.16	51965	SCIATICA HP	1 Z	LIQ	20.12	18.11	35889	B VITAL	60	CAP	27.90	25.11				
10089	OX BILE	100	CAP	26.29	21.03	64466	ZEN 200 MG		120	VCA	54.00	43.20	53168	STOMAPLEX	1 Z	LIQ	14.40	12.96	21287	B12 2000 LOZ	60	LOZ	21.70	19.53				
63438	OX BILE 125 MG	180	CAP	29.55	23.64	39453	ZEN 200 MG		60	VCA	34.02	27.21	42887	THYROID HP	1 Z	LIQ	20.12	18.11	28140	B12 FOLATE PLUS	100	CAP	22.90	20.60				
10108	P 5 P	60	CAP	19.92	15.93	27948	ZINC PICOLINATE 25 MG		60	CAP	12.72	10.17	52976	UNIVERALTOX	1 Z	LIQ	16.25	14.63	65851	BERBERINE HCL	90	CAP	38.50	34.65				
22182	PALMETTO CMP II W/LYCO	60	SGC	35.01	28.00	AMAZING GRASS				50182	VENOFORCE II	1 Z	LIQ	16.25	14.63	43902	VERMEX	1 Z	LIQ	16.25	14.63	21290	BETA PLUS	90	TAB	16.50	14.85	
10009	PANCREAS BEEF ALL DIG	90	CAP	18.39	14.71	57583	AMAZING MEAL CHC INFUS		17.	PWD	39.99	33.49	43289	VIROTOX	1 Z	LIQ	16.25	14.63	41089	BETA TCP	180	TAB	29.70	26.73				
10010	PANCREAS LAMB ALL DIG	90	CAP	26.79	21.43	67060	AMAZING MEAL CHC INFUS		36.	PWD	69.99	59.49	BIOFORCE				31530	BETAINE PLUS HP 700 MG	90	CAP	17.90	16.10	36993	BIO 3B G	180	TAB	19.50	17.55
29119	PANCREAS PORK ALL	720	CAP	188.00	150.40	61144	AMAZING MEAL VAN CHAI		12.	PWD	39.99	33.49	26418	ALLERGY POLLINOSAN	120	TAB	19.99	15.99	21297	BIO AE MULSION FORTE	1 Z	LIQ	19.50	17.55				
10011	PANCREAS PORK ALL DIG	60	CAP	25.71	20.56	67296	DETOX DIGEST GRN SUPFD		7.4	PWD	29.99	25.49	26419	ALLERGY POLLINOSAN	1.7	LIQ	19.99	15.99	21301	BIO B 100	180	TAB	17.90	16.10				
42726	PANTHINE	60	VCA	38.21	30.56	65250	GREEN SUPERFD ALK DET		8.5	PWD	29.99	25.49	36448	BRONCHOSAN 1.7ML	1.7	LIQ	22.99	18.39	21305	BIO C + 1000	100	TAB	24.90	22.41				
10092	PANTOTHENIC 500 (B-5)	90	CAP	13.42	10.73	64337	GREEN SUPERFD IMMUNITY		7.4	PWD	29.99	25.49	15443	CAL ABSORP URTICALCIN	400	TAB	19.99	15.99	63436	BIO CARDIO SIRT BP	8 Z	PWD	47.50	42.75				
10096	PARAMICROCIDIIN 125	150	CAP	25.37	20.29	64275	GREEN SUPERFD PINE LM		7.4	PWD	29.99	25.49	15247	ECHINAFORCE 1.7OZ	.7Z	LIQ	22.99	18.39	51208	BIO CARDIOZYME FORTE	360	CAP	64.90	58.41				
10097	PARAMICROCIDIIN 250	120	CAP	37.61	30.08	60807	GREEN SUPERFOOD CHOC		7.4	PWD	29.99	25.49	15248	ECHINAFORCE 100ML	100	LIQ	37.99	30.39	21307	BIO CARDIOZYME FORTE	120	CAP	24.50	22.05				
60083	PARATHYROID	100	CAP	16.00	12.80	60809	GREEN SUPERFOOD ENERGY		7.4	PWD	29.99	25.49	32939	LIVER GALLBLADDER	1.7	LIQ	22.99	18.39	21312	BIO D MULSION	1 Z	LIQ	12.90	11.70				
25417	PECTIN MOD CITRUS MCP	16Z	PWD	129.45	103.56	60811	GREEN SUPERFOOD ORAC		7.4	PWD	29.99	25.49	23556	MOLKOSAN 500ML	500	LIQ	34.99	27.99	45031	BIO D MULSION FORTE	1 Z	LIQ	19.90	17.91				
26571	PECTIN MOD CITRUS MCP	120	CAP	35.46	28.36	60810	GREEN SUPERFOOD ORANGE		8.5	PWD	29.99	25.49	33472	PROSTASAN	30	CAP	39.99	31.99	40456	BIO FCTS	90	CAP	22.90	20.60				
28143	PERM A VITE PWD	300	PWD	43.75	35.00	60806	GREEN SUPERFOOD ORIG		8.5	PWD	29.99	25.49	51074	SECURE DENTURE CRM	1.4	CRM	9.99	7.99	60021	BIO K FORTE	60	CAP	25.50	22.95				
28596	PHOS CHOL 385 MG	100	SGC	20.52	16.41	60812	GREEN SUPERFOOD RAW RES		8.5	PWD	29.99	33.49	63485	SECURE SENSITIVE DENT	1.4	GEL	11.69	9.35	42681	BIO K MULSION	1 Z	LIQ	24.90	22.41				
28256	PHOS SERINE CMP SOY	90	SGC	73.28	58.62	60808	GREEN SUPERFOOD BERRY GRN		8.5	PWD	29.99	25.49	26042	SINUS RELIEF SINUSAN	120	TAB	19.99	15.99	21321	BIO MULTI +	270	TAB	60.90	54.80				
23165	PHYLLANTHUS COMPLEX	120	CAP	44.94	35.95	43824	BIO METABOLIC BALANCER		120	CAP	29.60	26.74	34626	VENAFORCE GEL	3.5	GEL	29.99	23.99	21398	BIO MULTI + FE/CU FREE	90	TAB	23.50	21.15				
52125	PHYTOCORT CAP	120	CAP	47.70	38.16	58944	BIO RES Q		1 Z	LIQ	15.25	13.73	BIOIMMERSION				34014	BIO MULTI + FE/CU FREE	270	TAB	60.90	54.80	21324	BIO PROTECT	90	CAP	24.90	22.40
10104	POTASSIUM CITRATE	120	CAP	13.64	10.91	44971	BONE REPAIR-HP		1 Z	LIQ	20.12	18.11	51224	BETA GLUCAN SYNBIOIC	300	PWD	92.34	92.34	53027	BIODOPH 7 PLUS	60	CAP	33.90	30.50				
67440	PREGNENOLONE 100 MG	60	TAB	42.16	33.73	53359	BRONCHI HP		1 Z	LIQ	20.12	18.11	51479	BLUEBERRY EXT 500 FD	60	VCA	137.94	137.94	21319	BIOMEGA 3	100	CAP	21.50	19.35				
58735	PREGNENOLONE 150 MICRO	60	TAB	59.99	47.99	52121	BRONCHIFORCE		1 Z	LIQ	16.25	14.63	62448	CHLORELLA 500 MG	120	TAB	35.94	35.94	21325	BLACK CURRANT OIL	60	PRL	17.30	15.57				
55536	PREGNENOLONE 50 MG	60	TAB	33.01	26.40	44216	CANDIDA		1 Z	LIQ	17.42	15.68	67224	CHLORELLA ORGANIC TAB B	120	TAB	35.94	35.94	21327	BROMELAIN + CLA	100	TAB	19.80	17.82				
43295	PRIMA UNA DE GATO	1 Z	LIQ	53.53	42.82	52119	CARDIOTONE		1 Z	LIQ	16.25	14.63	58330	CRUCIFEROUS SPROUT CAP	120	CAP	58.74	58.74	58787	C CAL MAG PWD	220	PWD	21.90	19.51				
23180	PROGREENS(G RADIANCE)	9.2	PWD	52.29	41.83	42314	CEREBROFORCE		1 Z	LIQ	16.25	14.63	51481	FRUCTO BORATE COMPLEX	60	VCA	37.58	37.58	21331	CAL MAG ZYME CAP	90	CAP	17.50	15.75				
26529	PROLIVE W/ANTIOX	90	TAB	36.85	29.48	54754	ECZEMA HP		1 Z	LIQ	20.12	18.11	51478	GARLIC FREEZ DRIED 400	90	VCA	35.94	35.94	38912	CAPRIN	100	CAP	22.90	20.61				
10109	QUERCETIN 300	60	CAP	30.49	24.39	52142	COLTOX		1 Z	LIQ	16.25	14.63	51480	HIGH ORAC SYNBIOIC	60	VCA	71.40	71.40	44103	CHLORELLA	180	CAP	22.50	20.25				
10021	QUERCETIN BIOFLAVONOIDS	100	CAP	21.51	17.20	50014	DRAINAGE		1 Z	LIQ	16.25	14.63	65752	LACTORN	3.7	PWD	77.20	77.20	21340	CHLOROCAPS	90	CAP	26.90	24.21				
56389	RUSSIAN CHOICE IMMUNE	200	CAP	61.18	48.94	42646	EDEMAFORCE		1 Z	LIQ	18.25	16.43	52070	ORIGINAL SYNBIOIC PWD	120	PWD	32.70	32.70	21338	CHONDRO +	120	TAB	35.00	31.50				
10111	SACCHRYMYC BOULARDI 450	50	VCA	26.00	20.80	51918	ELDERPLEX II		1 Z	LIQ	16.25	14.63	56324	SYSTEMIC BOOSTER 7 PWD	150	PWD	59.94	59.94	39643	CHONDROSAMINE PLUS	90	CAP	36.00	32.40				
56148	SECURIL PROBIOTIC	30	VCA	26.95	21.56	51979	ENDOCRINE BALANCER		1 Z	LIQ	16.25	14.63	BIOMED HEALTH				23705	COQ ZYME 30	60	TAB	26.00	23.40	63647	COOZYME 100 PLUS	60	CAP	52.50	47.25
10116	SELENIUM SODIUM SOLUT	8 Z	LIQ	13.60	10.88	43288	HEPATATOX		1 Z	LIQ	16.25	14.63	54857	BAO SHI MENS HAIR NUTR	120	CPL	37.99	30.39	21351	CYTOZYME AD	180	TAB	49.00	44.10				
65977	SIMPLY IMMUNE LP20	60	CAP	33.75	27.00	44254	HYDRANGEAPLEX		1 Z	LIQ	18.25	16.43	54859	BAO SHI ORIG HAIR NUTR	90	CPL	31.99	25.59	21350	CYTOZYME AD	60	TAB	18.50	16.65				
60086	SPLEEN	100	CAP	29.40	23.52	54074	HZ		1 Z	LIQ	16.25	14.63	54858	BAO SHI WOMEN HAIR NTR	120	CPL	37.99	30.39	21353	CYTOZYME F	60	TAB	16.70	15.03				
19140	STABILUM 200	30	SGC	24.49	19.59	43571	INFLAMATION II		1 Z	LIQ	16.25	14.63	BIONORICA															

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¹Not all inflammation is associated with disease states. Inflammation is also the body's healthy immune response to life's normal stressors such as strenuous exercise or an occasional high-fat/high-calorie meal. The body's inflammation response to life's occasional, normal stressors is important for optimal health. Theracurmin® is a registered trademark of Theravalues Corporation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Burdock Root

Burdock root is a gentle liver and blood cleanser, especially useful for toxic skin disorders. Recent evidence supports its historic role in treating diabetes. It is an ingredient in various popular cancer remedies.

1 fl oz - Product Code: 57061

Who would benefit from this product?

• Those with skin conditions such as eczema, acne, and psoriasis. Historically, Burdock has been used to treat diabetes, and it is a common ingredient of several popular cancer remedies (*EssiacR* and *HoxseyR*). Burdock Root has been widely recommended to diabetic patients by healthcare professionals.

Burdock Root is considered safe. In Japan, burdock is considered a “vegetable,” and consumed as such.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water. Phyto-Tech™ Burdock Root contains 667 mg certified organic burdock root per 30 drops.

California Poppy 1:3

California poppy has been used as a sedative to relieve insomnia and nervousness.

1 fl oz - Product Code: 57643

In an article by Abascal K, Yarnell E., *Nervine herbs for treating anxiety* (*Altern Complement Ther.* 2004 December;309-315.), the authors discussed California poppy. They first pointed out that “anxiety disorders are common in many Western countries, and conventional drugs like benzodiazepines are often prescribed to relieve anxiety. However, these drugs have worrisome short-term and long-term side effects. Nervine herbs (herbs that quiet nervous excitement) have a long history of traditional use in relieving

anxiety, insomnia, and mild depression. With the exception of St. John’s wort (*Hypericum perforatum*), kava (*Piper methysticum*), and valerian (*Valeriana officinalis*), there is little published research on the safety and efficacy of nervine herbs. The purpose of this article was to review the available research and explain how the lesser-known nervine herbs are commonly used in practice.” One of those “lesser-known nervine herbs” was California poppy. They made the following observation: “California poppy (*Eschscholzia californica*) is used for its mild analgesic and calming effects. Unlike the opium poppy (*Papaver somniferum*), it has no narcotic effects. Animal studies indicate California poppy tea reduces anxiety, acts as a mild analgesic, and helps prevent drug-induced memory loss. Most herbal practitioners combine lower doses of California poppy with other nervines to relieve anxiety. Researchers studied a combination of California poppy, hawthorn flower (*Crataegus laevigata*), and magnesium in 264 people with mild to moderate anxiety. Those taking the herb mixture had significantly improved anxiety symptoms after three months compared to those taking placebo. Hawthorn is primarily used for heart conditions and is not usually considered a nervine. However, it may help alleviate anxiety symptoms such as heart palpitations and increased blood pressure. “

Calming Complex

This supplement, “designed for children”, exerts a sedative and calming action appropriate for daytime use. It can also be used at night to help induce sleep.

1 fl oz - Product Code: 56996

Who would benefit from this supplement?

• Children who are hyperactive, anxious, obsessive compulsive, ADHD or insomnia.

Phyto-Tech™ Child Friendly Calming Complex contains the

following herbs: Chamomile Flower, Valerian Root, Hops Strobiles, Lobelia Herb, Vegetable Glycerin, Pure Dionized Water.

Phyto-Tech™ Child Friendly Calming Complex can be used during the day to help calm down an excitable child. It can be used as a daily tonic or on an as needed basis. It can also be used at night (10-30 minutes before bed time) to help bring on sleep. Typically, it will not make a child sleepy when used in the daytime. It is a strong yet gentle central nervous system and adrenaline calmer. It will help slow down a hyperactive child to increase focus in the day. It can also be used for situations that create anxiety and stress, ranging from airline flights and car trips to difficult family situations to performance anxiety. Phyto-Tech™ Child Friendly Calming Complex will also function as a mild analgesic, and take the edge off muscle pain and tension. It will help spasms, cramping, colic pain and gas pain.

Dosage (by Weight):

10-30 lb. Use 10-20 drops; 31-60 lb. Use 20-40 drops; 61-100 lb. Use 40-60 drops; Over 100 lb. Use 60-90 drops. Administer 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK.

Cautions: If a child is taking a prescription sedative, consult with the doctor, and take lower herbal doses.

Candida Complex

An Alternative Formula, with Anti-Fungal and Anti-Infective Properties. Clinically developed specifically for those with chronic candida and yeast infections.

1 fl oz - Product Code: 57730

Please Note: Chronic Candidiasis is not commonly recognized

... continued on page 34

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Amino Acids Leucine, HMB Help Maintain Muscle

Muscles lose their mass and strength with age, in a condition called sarcopenia. Doctors analyzed 12 studies on nutrient supplementation and found that essential amino acid supplements including 2.5 grams of leucine and hydroxymethylbutyric acid (HMB) generally improved muscle mass and strength after three months, and prevented muscle loss.

(Reference: *Age and Ageing*; 2014, Vol. 43, No. 6, 748-59)

Why did the research look specifically at amino acid blends with extra leucine and HMB?

Leucine is an essential amino acid and together with isoleucine and valine are known as the branched chain amino acids, or BCAAs. These branched chain amino acids (BCAAs) make up a large component of muscle tissue and comprise almost 50% of dietary protein.

Popular with athletes and body builders, BCAAs are taken supplementally to help replace lost body stores of protein during high intensity exercise, helping with fatigue and recovery. Clinically, BCAAs are taken to enhance healing, for conditions of protein loss due to trauma, surgery, infection, stress, as well as for people with low dietary protein. Leucine seems to be the major player here; regulating protein metabolism and increasing

muscle synthesis while inhibiting muscle breakdown. A metabolite of leucine called beta-Hydroxy beta-Methylbutyrate or HMB, appears to be significantly more potent at preventing muscle protein breakdown but not as effective at inducing muscle protein synthesis. So it makes sense to combine the anabolic effects of leucine with an anti-catabolic like HMB for wasting conditions associated with chronic diseases such as cancer and heart disease. Sarcopenia is the degenerative loss of skeletal muscle associated with aging.



Additional Comments from Sam Forbes, CN

Other nutrients associated with reversing or preventing muscle loss are whey protein, creatine, arginine, and citrulline. Here are product codes for some of the items mentioned in this article:

Leucine 500mg by Montiff,
50 Capsules
Product Code: 61073

Branch Chain Amino Acids
by Jarrow
120 Capsules
Product Code: 39507

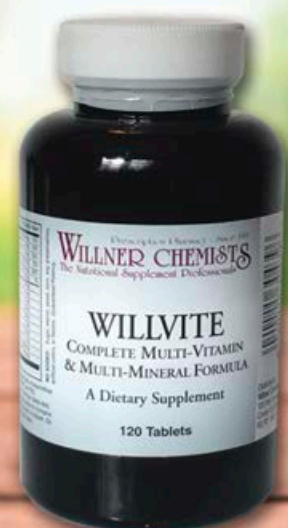
HMB 500mg by Now Foods
120 Capsules
Product Code: 66635

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Nutrients Ensure Healthy and Beautiful Skin in Children and Adults From Wrinkles to Eczema, Old and Young, Research Shows that Nutritional Supplements Can Result in Healthier Skin, Hair and Nails.

B-vitamins Reduce Infant Eczema

Doctors are beginning to think that eczema may start in the womb, with evidence increasing of a direct link to maternal diet. In this study, researchers measured levels of nicotinamide, a form of vitamin B3, in 497 pregnant women, and then determined chances of their children developing eczema.

While the effects of nicotinamide in mothers' diets did not appear when doctors tested the babies at six months, by 12 months of age, infants whose moms had higher levels of nicotinamide during pregnancy were less likely to have developed allergic, or atopic, eczema compared to infants whose moms had lower nicotinamide levels.

(Reference: *Clinical & Experimental Allergy*; 2016, Vol. 46, No. 10, 1337-43)

Lycopene, lutein protect skin from sun damage

In this study, 65 volunteers, age 18 to 60, took 20 mg of a tomato nutrient complex per day, 20 mg of lutein per day, or a matching placebo for each of these supplements, in two alternating phases. Doctors exposed areas of the skin to ultraviolet-A1 light at the start and end of each 12-week phase.

Those taking lycopene had lower levels of oxidizing enzymes that break down collagen and elastin. Those taking lutein also saw lower levels of inflammatory response to UV-A1 light.

Discussing the findings, doctors said taking lycopene and lutein can inhibit oxidative stress on the skin in general from UV-A1 radiation, and can protect against photo-aging, skin rashes and skin cancer specifically when skin is exposed to UV-A1 light.

(Reference: *British Journal of Dermatology*; September, 2016, Published Online)

The above studies reinforce the importance of prenatal multivitamins, with plenty of B-vitamins, and other phyto-antioxidants such as the carotenoids. The same applies to other phyto-antioxidant supplements, rich in polyphenols and flavonoids, such as Willner Chemists PhytoTech Antiox Phyto Blend (liquid) and Antiox Phyto Complex II (capsules).

The next two studies show the specific effect of one particular antioxidant nutrient, CoQ10 on wrinkles and the other shows the benefits of a phyto-antioxidant blend on protecting skin from sun damage.

CoQ10 improved wrinkles

CoQ10 is a vitamin-like nutrient naturally present in every cell of the body. It helps the cells produce energy. Cosmetics companies use CoQ10 as an ingredient in topical formulas, but research on the skin effects of taking CoQ10 as an oral supplement is very limited.

To examine the efficacy of taking oral CoQ10, the following study was run. In this study, 33 healthy volunteers, average age 53, took a placebo, 50 mg, or 150 mg of CoQ10 per day.

After 12 weeks, both CoQ10 groups saw improvement in wrinkles around the eyes, and the high-dose group also saw wrinkles improve around the mouth, nose, and lips. CoQ10 did not hydrate the skin or protect from UVB light in this study.

Discussing the findings, doctors said taking CoQ10 helped reduce seasonal deterioration in skin elasticity and improved some visible signs of aging, including significantly reducing wrinkles and fine lines, and improving skin smoothness.

(Reference: *Biofactors*; August, 2016, Published Online)

Anti-aging effect of phyto-antioxidants: rosemary and grapefruit extracts

Some plants contain polyphenols that may protect from the aging effects of sunlight. In this pilot study, 90 women with pale, fair, or darker white skin showing some effects from aging and sun damage, took a rosemary-grapefruit polyphenol extract. Doctors periodically exposed the women to ultraviolet-A and ultraviolet-B (UVA and UVB) light during several months taking the supplement.

The women began to show decreased skin redness and oxidation from UVA and UVB exposure as soon as two weeks after starting to take the rosemary-grapefruit supplement. Wrinkles and skin elasticity also improved over the course of the study.

Doctors said the benefits of rosemary and grapefruit polyphenols likely come from reducing oxidation and inflammation of the skin, and that taking rosemary and grapefruit extract may be a complementary nutritional strategy to avoid the negative effects of sun damage, helping preserve smoother, younger-looking skin.

(Reference: *Food and Nutrition Research*; 2016, Vol. 60)

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



as a medical condition by conventional medicine; any diagnosis and/or treatment of this condition should be supervised by a health professional. This product is not intended to treat, cure or mitigate disease.

James Duke, Ph.D., in his book “The Green Pharmacy”, makes the following comment on Black walnut (Juglans nigra.) “Kathi Keville, author of *The Illustrated Herb Encyclopedia* and *Herbs for Health and Healing*, a California Herbalist whom I admire, recounts one impressive study showeing that the fresh husk of the black walnut destroyed candida better than a commonly prescribed antifungal drug.” “Recurrent or chronic infections, including chronic candidsis, are characterized by a depressed immune system. A repetitive cycle makes it difficult to overcome chronic candidiasis: a compromised immune system leads to infection, and infection leads to damage to the immune system, further weakening resistance.” (*Murray and Pizzorno, Encyclopedia of Natural Medicine*). Enhanced immune system function may be the most important component of treating this condition.

Dosage:

Take 30 drops 3 times a day in water before meals. Each serving (30 drops) contains the following: Fresh Black Walnut Hull 150 mg, Fresh Spilanthes Flower 75 mg, Usnea Lichen 67 mg, Pau D’Arco Bark 67 mg, Oregon Grape Root 50 mg, Gentian Root 33 mg, Fennel Seed 17 mg, Tea Tree Oil 3 mg, Oregano Oil 1 mg, Grain Alcohol, Deionized Water.

Cascara Sagrada

Cascara sagrada, obtained from the dried bark of Rhamnus purshianus (Rhamnaceae), is traditionally used as a laxative and detoxification agent.

90 Veggie Caps - Product Code: 60124

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Who would benefit from this supplement?

- Those suffering from occasional constipation. Like any “stimulant” laxative, it is not intended for long term or chronic use.

Dosage:

Traditional dosage of the dried bark is 300 to 1000 mg taken at bedtime. This is equivalent to one or two capsules. Start with one capsule. The appropriate amount of cascara is the smallest dose that is necessary to maintain soft stools.

Ingredients:

Each capsule contains 420 mg of full-spectrum, wildcrafted Cascara sagrada bark.

Complimentary Formulas:

- Moving On (Product Code: 67472)

Cayenne 1:5

Cayenne is a spice derived from various species of Capsicum. As such, it adds color, pungency and aroma to foods consumed throughout the world.

1 fl oz - Product Code: 57054

Chamomile Flowers

Chamomile is traditionally used for its mild relaxing effect. It calms, soothes and supports the nervous system.

1 fl oz - Product Code: 57067

Who would benefit from this supplement?

- Those with stress, anxiety, stomach upset due to nervousness, and mild insomnia.

Phyto-Tech™ Chamomile Flower is traditionally used as a mild relaxing herb for mild insomnia, anxiousness and stomach upset from nervousness. It is a gentle sedative to the central nervous system and can calm one down. It is best

when one wants a gentle relaxing herb to gently help them to sleep or to simply relax during the day. It will not make one sleepy like Valerian can, nor will it reduce pain as well as skullcap. It is suitable for children, those who are very sensitive to sedatives and for the elderly. It is especially soothing in a warm cup of water at bedtime.

Chamomile can be used for digestive upset from nervous eating or overeating. It can soothe upset tummies form overeating junk foods. It has also been used for teething infants and children who need a little pain relieving action. Dilute amounts are added to water, milk or juice in amounts suitable to the weight of the child.

Dosage:

Use 10-20 drops for a 30 pound child, 25-30 drops for a 60 pound child and an adult dose above these weights.

Ingredients:

Phyto-Tech™ Chamomile Flowers contains 333 mg certified organic Chamomile in 30 drops.

Chaste Tree Berry

Chaste Tree helps to balance the female cycle and supports proper progesterone levels.

1 fl oz - Product Code: 56989

Who would benefit from this supplement:

- Women with progesterone deficiency, PMS, menopause related problems, and infertility.

Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water Phyto-Tech™ Chaste Tree Berry contains 500 mg of certified organic chaste tree berry in 30 drops.

. . . continued on page 36



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



55477	E P O	100	CAP	17.50	15.75	21455	THYROSTIM	90	TAB	19.50	17.55	42298	CAL MAG CITR LIQ LEMN	16Z	LIQ	14.50	11.60	55003	EYE ANTIOXIDANT FORM	60	VCA	26.50	21.20
56030	EFA SIRT SUPREME	180	CAP	70.00	63.00	66986	TMG PWD	8 Z	PWD	29.50	26.55	40494	CAL MAG CITR LIQ ORNGE	16Z	LIQ	14.50	11.60	63093	FENUGREEK SEED EXT 300	60	VCA	14.50	11.60
21377	EQUI FEM	25Z	TAB	69.90	62.90	21415	TYROSINE	100	CAP	26.80	24.12	54992	CAL MAG CITRATE LIQ MX	16Z	LIQ	14.50	11.60	41728	FLAXSEED OIL 1000 MG	100	SGC	12.95	10.36
34690	FC CIDAL	100	CAP	27.90	25.10	31914	ULTRA VIR X	90	CAP	28.90	26.00	50476	CAL MAG LIQ STRAW	16Z	LIQ	14.50	11.60	42913	FOLIC ACID 400 MCG	90	CAP	9.95	7.96
21385	GASTRAZYME	90	TAB	21.90	19.70	64714	VASCULOSIRT	150	CAP	69.90	62.91	45271	CAL MAG PLUS BORON	180	CAP	27.95	22.36	55024	GLUCOS CHOND 500/400	60	VCA	31.50	25.20
21387	GINKGO BILOBA	60	TAB	18.00	16.20	21456	VHP	90	CAP	17.90	16.10	60333	CAL MAG W/D3 RAINFORST	90	CHW	12.95	10.36	43303	GLUCOS CHOND MSM	120	CAP	40.50	32.40
51143	GLUCO SYN AMINE	90	CAP	28.90	26.01	21459	ZN ZYME FORTE	100	TAB	14.90	13.40	54993	CAL MAG ZINC 333/155/5	120	SGC	19.50	15.60	61595	GLUTATHIONE RED 100 MG	30	VCA	14.50	11.60
21389	GLUCOBALANCE	90	CAP	36.50	32.85							42335	CAL MAG ZINC SGC	60	SGC	11.50	9.20	64202	GREENS ORGANIC SUPER	14.	PWD	46.95	37.56
37207	GLUCOBALANCE	180	CAP	64.50	58.05							41848	CANTALOUPE MLN EXT 100	60	VCA	31.95	25.56	53196	GTF CHROMIUM 200 MCG	100	VCA	12.50	10.00
61758	GLUTAMINE PWD 500 GRAM	500	PWD	52.50	47.25	66903	5 HTP 100 MG VCAP	120	VCA	31.95	25.56	53592	CANTALOUPE MLN EXT 250	60	VCA	58.95	47.16	52686	HEART ANTIOXIDANT FORM	120	VCA	40.50	32.40
31577	GTA	90	CAP	23.90	21.50	66902	5 HTP 100 MG VCAP	60	VCA	16.95	13.56	61471	CARNITINE 250 MG	60	VCA	17.95	14.36	40377	HOMOCYSTEINE FORMULA	60	CAP	14.50	11.60
38092	GTA FORTE	90	CAP	39.80	35.82	45070	AGE LESS SKIN FORMULA	100	SGC	12.95	10.36	55019	CARNITINE 500 MG	60	VCA	27.95	22.36	43650	IRON 18 MG CHELATED	90	VCA	11.95	9.55
51330	GTA FORTE II	90	CAP	39.80	35.82	42336	ACETYL L CARNITINE 500	30	VCA	15.95	12.76	45241	CARNITINE LIQ RASPBERRY	8 Z	LIQ	18.50	14.80	55002	IRON CHELATED 27 MG	90	VCA	13.50	10.80
21390	HCI +	90	TAB	12.90	11.60	41625	ACIDOPHILUS MILK FREE	100	VCA	25.50	20.40	51321	CELAORIN 350 MG	90	SGC	25.95	20.76	56791	LADIES CHOICE	90	CPL	35.95	28.76
33538	HISTOPLEX	90	CAP	34.50	31.05	39789	AGE LESS SKIN FORMULA	120	VCA	49.50	39.60	55064	CHERRY FRUIT EXTRACT	60	VCA	17.50	14.00	51296	LECITHIN 1365 MG	90	SGC	10.95	8.76
52204	HISTOPLEX AB	90	CAP	34.50	31.05	39788	AGE LESS SKIN FORMULA	60	VCA	25.50	20.40	50831	CHOLESTRICE	90	VCA	47.50	38.00	50475	LECITHIN GRANULES	16Z	PWD	18.95	15.16
21392	HYDROZYME	250	TAB	30.50	27.45	56794	AGELESS CHOICE MEN 50 +	90	CPL	37.95	30.36	55008	CHROMIUM PICOL 200 MCG	100	VCA	13.50	10.80	42334	LIPIC ACID 200 MG	60	VCA	19.95	15.96
30263	I A G (ARA) 100GM	100	PWD	30.90	27.81	56793	AGELESS CHOICE WOM 50 +	90	CPL	37.95	30.36	50832	CINNULIN PF EXT	60	VCA	26.95	21.56	50828	LIPIC ACID 300 MG	60	VCA	27.95	22.36
21396	INTENZYME FORTE	500	TAB	99.90	89.91	62350	AMINO ACID 750 MG	180	VCA	49.95	39.96	54104	CITRUS BIOFLAV 750 MG	90	VCA	18.95	15.16	42443	LUTEIN 20 MG	60	SGC	29.95	23.96
21395	INTENZYME FORTE	100	TAB	21.90	19.71	54999	AMINO ACID CAPS 750 MG	120	VCA	36.95	29.56	41542	CLA TONALIN 1000	90	CAP	23.95	19.16	54110	LYCOPENE 20 MG	60	SGC	39.95	31.96
60336	IODIZYME HP	120	TAB	33.50	30.15	42875	ANTIOXIDANT FORM SUPER	60	VCA	35.50	28.40	55016	COPPER CHELATED 3 MG	90	VCA	10.50	8.40	55004	LYSINE 500 MG VCAP	100	VCA	18.95	15.16
28340	IPS INTESTINAL PRM SUP	90	CAP	27.90	25.11	50463	ARGININE 500 MG	100	VCA	18.95	15.16	50557	COQ10 100 MG SGC	60	SGC	28.50	22.80	45034	MAG 200 CHEL ALBION	60	VCA	16.95	13.56
21399	K ZYME	100	TAB	12.50	11.25	51856	B 100 COMPLEX CAP	100	VCA	26.50	21.20	52872	COQ10 200 MG SGC	60	SGC	44.50	35.60	62703	MAG 200 CHEL ALBION	120	VCA	30.50	24.40
45561	KAPPAREST	180	CAP	47.50	42.75	51858	B 50 COMPLEX	100	VCA	15.50	12.40	43812	COQ10 60 MG SGC	90	SGC	28.50	22.80	43932	MAG ASPARTATE 400 MG	100	VCA	16.95	13.56
27333	LI ZYME FORTE	100	TAB	28.90	26.01	51627	B12 & FOLIC ACID RASB	2 Z	LIQ	18.95	15.16	60867	CYRTEINE 500 MG	60	VCA	20.95	16.76	55001	MAG POT ASPAR W/BROM	120	VCA	26.50	21.20
62280	LIPID SIRT	240	CAP	89.90	80.90	41522	B12 2000 MCG	90	CHW	12.95	10.36	57504	D3 1000 CHW RASP	90	CHW	10.95	8.76	54109	MAGNESIUM CITRATE 200	120	CPL	19.95	15.96
42324	LIVOTRIT PLUS	180	TAB	35.50	31.95	53589	B12 5000 MCG CHW METHY	60	CHW	24.95	19.96	55066	D3 1000 IU	100	SGC	9.95	7.96	45492	MANGANESE 10 MG	90	VCA	12.95	10.36
21411	LYSINE HCL	180	CAP	16.70	15.03	57962	B12 METHYLCOB 1000 CHW	60	CHW	9.50	7.60	55067	D3 1000 IU	250	SGC	18.50	14.80	55009	MEGA BIO C FORM 500 MG	90	VCA	21.50	17.20
29214	MEDA STIM	100	CAP	29.90	26.90	58377	B6 50 MG	90	VCA	10.95	8.76	59495	D3 1000 IU DROPS	1 Z	LIQ	15.95	12.76	66907	MELATONIN 1 MG CHW RSP	120	CHW	8.95	7.16
21416	METHIONINE 200	100	TAB	17.90	16.11	52057	B6 B12 FOLIC ACID	60	CHW	15.50	12.40	51586	D3 1000 LANOLIN	90	VCA	18.50	14.80	66909	MELATONIN 3 MG CHW RSP	120	CHW	10.95	8.76
65174	MG OROTATE 500	90	CAP	26.90	24.21	59074	BCAA VCAP	120	VCA	33.95	27.16	51585	D3 1000 LANOLIN	90	VCA	10.50	8.40	66914	MELATONIN 5 MG CHW RSP	120	CHW	13.95	11.16
21417	MG ZYME	100	CAP	16.90	15.20	55007	BETAINE HCL PLUS PEPSN	90	VCA	24.95	19.96	57503	D3 2000 CHW RASP	90	CHW	14.50	11.60	40276	MPX 1000 MENS PROSTATE	120	CAP	41.50	33.20
21419	MN ZYME	100	TAB	11.80	10.62	42295	BILBERRY FRT EXT 80 MG	60	VCA	28.95	23.16	59496	D3 2000 IU DROPS	1 Z	LIQ	19.95	15.96	41353	MPX 1000 MENS PROSTATE	60	VCA	21.50	17.20
21421	MO ZYME	100	TAB	11.90	10.70	66689	BIOTIN 1000 MCG VCAP	90	VCA	11.50	9.20	60868	D3 2000 IU SGC	250	SGC	20.95	16.76	42631	MSM 1000 MG	120	VCA	27.50	22.00
21422	MO ZYME FORTE	100	TAB	14.90	13.41	55017	BIOTIN 5000 MCG VCAP	60	VCA	10.50	8.40	55006	D3 2000 IU SGC	100	SGC	10.95	8.76	67329	MSM POWDER	4 Z	PWD	9.95	7.96
21423	MULTI MINS	120	TAB	14.50	13.05	67502	BLOOD PRESSURE SUPPORT	90	VCA	22.95	18.36	55005	D3 2000 IU VCAP	90	VCA	13.95	11.16	67388	MULTI MIN CHEL BORON	90	VCA	16.50	13.20
43793	N A C	180	CAP	29.90	26.91	53630	BREWERS YEAST POWDER	16Z	PWD	20.95	16.76	55068	D3 400 IU	250	SGC	16.95	13.56	54108	MULTI MIN CHEL FE FREE	120	CPL	26.95	21.56
65362	NIACIN 100	150	CAP	16.50	14.85	41351	BROMELAIN SUPER 500 MG	60	VCA	33.95	27.16	59494	D3 400 IU DROPS	1 Z	LIQ	12.95	10.36	54997	MULTI MIN CHEL HI POT	180	VCA	31.95	25.56
54205	NITRO GREENS 240 GRAMS	240	PWD	45.90	41.30	41381	C 1000 MG OPTIMUM	90	VCA	30.50	24.40	53315	D3 400 IU VCAP	90	VCA	8.95	7.16	54996	MULTI MIN CHEL IRON FR	180	VCA	31.95	25.56
66763	NUTRI CLEAR FREE	20Z	PWD	62.90	56.61	50462	C 1000 MG PLUS BIOFLAV	180	CPL	38.95	31.16	60332	D3 400 RAINFORST ANIML	90	CHW	8.95	7.16	54057	MULTI MINS IRON FREE	60	CPL	13.95	11.16
51140	OPTIMAL EFA CAP	120	CAP	29.90	26.90	54300	C 1000 MG PLUS RH	180	VCA	36.50	29.20	67245	D3 5000 IU	100	SGC	11.95	9.56	42183	MULTI ONE IRON FREE	90	VCA	36.95	29.56
21432	OSTEO B +	90	TAB	20.60	18.54	60617	C 500	90	VCA	11.95	9.55	66168	D3 5000 IU DROPS	1 Z	DRP	24.95	19.96	44308	MULTI ONE IRON FREE	60	VCA	25.95	20.76
65557	OSTEO B PLUS	180	TAB	38.60	34.74	54308	C 500 BUFFERED VCAP	18															

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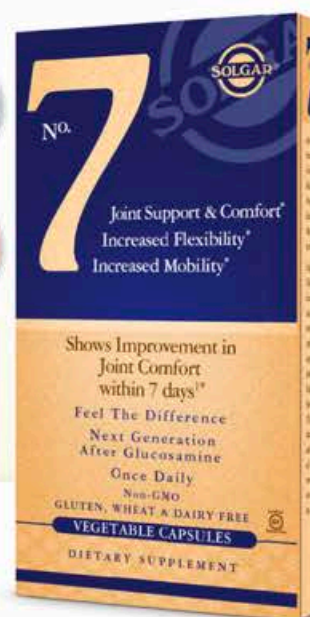
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* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Complimentary Formulas:

- Phyto-Tech™ Menses Complex (for PMS related problems)
- Phyto-Tech™ Menopause Complex (for Menopausal symptoms)
- Phyto-Tech™ Fertility Complex (if infertile, trying to become pregnant)
- Phyto-Tech™ Dong Quai Root (if estrogen deficient)
- Phyto-Tech™ Black Cohosh Root (for hot flashes, cramps)

Chinese Red Ginseng

Ginseng is the premier adaptogenic, immune-modulating herb. Chinese Red Ginseng (Panax ginseng) is more “stimulating” or warming than American Ginseng.

1 fl oz - Product Code: 57023

Who would benefit from this supplement?

- Those suffering from fatigue, burn-out, frequent illness, depression. Red Chinese Ginseng is thought to increase vigor, energy, vitality and resistance to illness and environmental or external stress. It is often the preferred adaptogenic herb for the elderly.

Supplemental Information:

Phyto-Tech™ Chinese Red Ginseng increases vigor, energy, vitality and resistance to illness and environmental stresses. It is best for those who are depleted and are low on passion in life. It is also indicted for those working too hard and are afraid of burn out. Red Chinese Ginseng will increase the stress hormone ACTH from the pituitary that helps the body adapt to stress. When stress is initiating the breakdown on one’s innate weakness (genetic, constitutional, predispositional tendencies), Red Chinese Ginseng will help the body to cope and therefore assist in many chronic diseases, especially if debilitating and wasting.

Phyto-Tech™ Chinese Red Ginseng is not for those in their prime of life who are full of fire, the Type-A personality. It is

for those who used to be that way and are now not what they used to be. It helps in the aging process to stay alert, youthful, energetic and adaptive to environmental changes. It is immunomodulating and keeps the immune system firing on all levels.

Phyto-Tech™ Chinese Red Ginseng is a tonic for the 21st century with the fast paced life style that creates accelerated wear and tear. It gives more mileage to the body. Phyto-Tech™ Chinese Red Ginseng should be considered for depression in the elderly who might not be chemically depressed in a St. John’s Wort way (serotonin), but need some energy to process life with more passion and enjoyment. It is synergistic with Ginkgo for the elderly. Phyto-Tech™ Chinese Red Ginseng is a more yang or warming and stimulating ginseng than the American. Eleuthero Root (sometimes referred to as Siberian Ginseng) is not a true Ginseng and is considered neutral, not warming or cooling.

Dosage:

15-45 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer). Phyto-Tech™ Chinese Red Ginseng contains 333 mg of imported Chinese Red Ginseng per 30 drops.

Chlorophyll Extract

Often considered the “blood” of plants, chlorophyll is structurally similar to hemoglobin. It has a protective and detoxification action.

1 fl oz - Product Code: 56977

Who would benefit from this supplement?

- Those with heavy metal toxicity and those looking for cleansing and detoxification properties.
- Those with bad breath and body odor.
- Those suffering from fatigue and those with slow healing wounds.

Dosage:

15-30 drops in water or juice, 1-2 time daily, or as needed Phyto-Tech™ Chlorophyll provides 100 mg Chlorophyll, from Mulberry leaf, per 30 drops.

Supplemental Information:

Chlorophyll is the sunlight collecting molecule in plants that gives them their green pigment. Plants use chlorophyll to collect light needed for photosynthesis. Through photosynthesis Chlorophyll molecules have the ability to convert solar energy into chemical energy by manufacturing carbohydrates from carbon dioxide and water.

Chlorophyll is often referred to as the “blood” of plants. Interestingly, Chlorophyll molecules are structurally very similar to human hemoglobin molecules. The difference between the two being that Chlorophyll carries Magnesium at its center and hemoglobin carries iron at its center. Like iron, Chlorophyll helps the body build red blood cells and thus increases oxygen availability. It energizes and revitalizes the body and is helpful for fatigue, shortness of breath, asthma, altitude sickness and intense physical exertion.

Chlorophyll acts as an internal deodorizer and is helpful for people with halitosis (bad breath) and body odor. It can be used as an aid to reduce digestive tract odor from a colostomy or ileostomy and also fecal odor caused by incontinence. It can also help for foul smelling gas. Chlorophyll cleanses and nourishes the intestinal tract and is healing to the mucosal lining. It can also be helpful for constipation.

Chorophyll is an excellent whole body cleanser. It not only detoxifies the digestive tract, but also facilitates cleansing of the blood and liver and assists in the chelation of heavy metals. It is capable of neutralizing harmful oxidants and may

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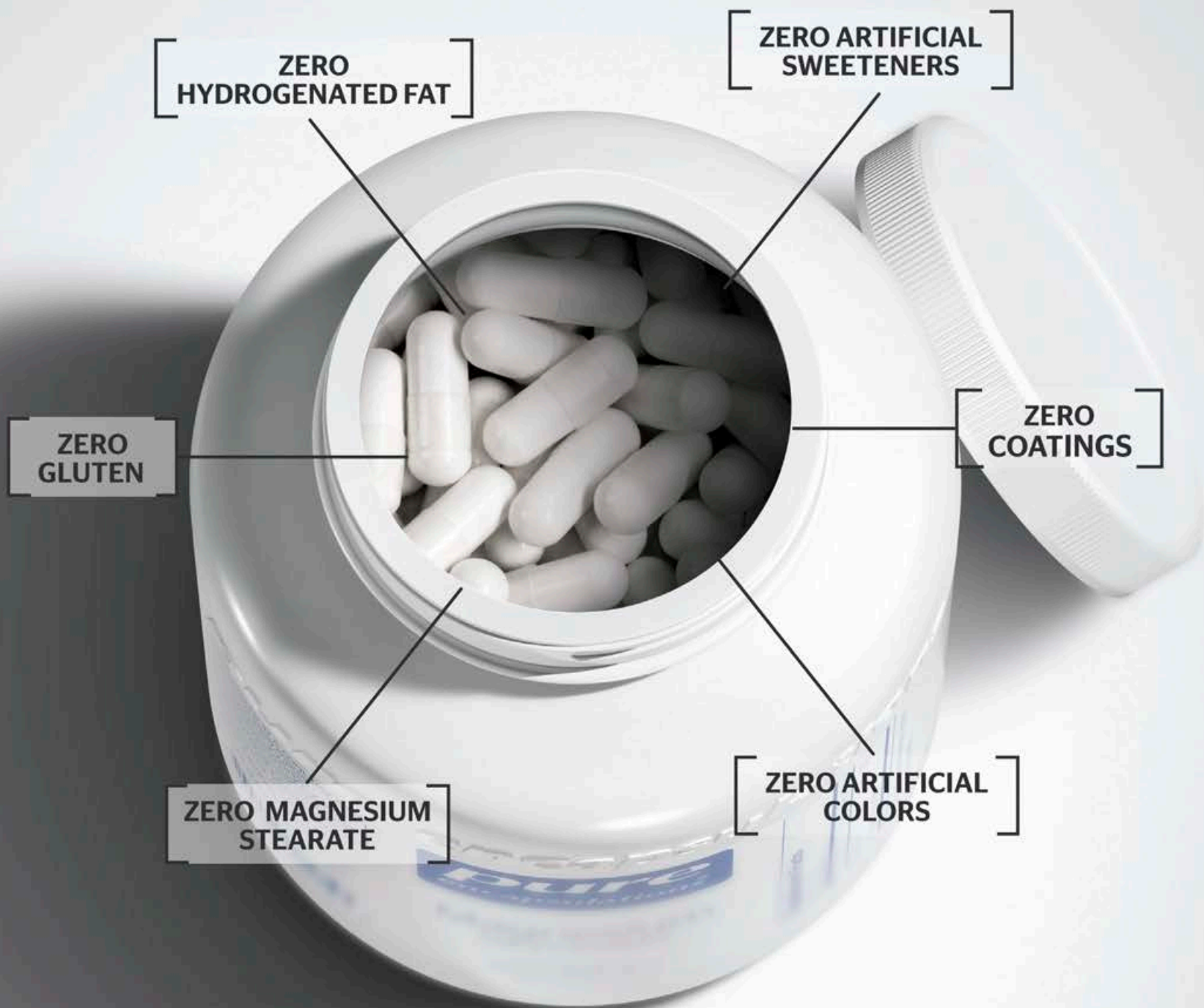


Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



40592	OPTIMUM ENZYMES	90	CAP	19.95	15.96	53590	WHEY PROTEIN ISOL ORIG	1.1	PWD	35.95	28.76	65981	CHESTAL ADULT HONEY	6.7	LIQ	11.99	9.59	22841	BEATING CANCER WITH NUT	EA	BOK	24.95	21.20
55115	OSTEO BONE FORMULA	180	VCA	45.50	36.40	62925	ZEAXANTHIN PLUS LUTEIN	60	SGC	29.95	23.96	64070	CHESTAL CHILD COLD &	6.7	LIQ	11.99	10.79	65016	BECOMING VEGAN EXPRESS	EA	BOK	19.95	16.95
61243	PANTOTHENC ACID 250 MG	60	VCA	9.50	7.60	55020	ZINC 30 MG CHELATED	90	VCA	13.95	11.16	66079	CHESTAL CHILDREN HONEY	6.7	LIQ	11.60	10.44	64102	BEYOND THE YEAST CONN	EA	BOK	18.95	16.10
57736	PHOS SERINE COMPLE 500	60	SGC	37.95	30.36	58736	ZINC PICOLINATE 50 MG	50	VCA	10.95	8.76	64918	CHESTAL COLD AND COUGH	6.7	LIQ	11.40	10.26	64886	BIPOLAR HANDBOOK	EA	BOK	17.00	14.45
62541	PLANTS STEROLS 500 MG	90	VCA	26.95	21.56							15071	COLD CALM	60	TAB	13.19	10.55	64661	BODY BY SCIENCE	EA	BOK	19.95	16.95
53211	POWER THOUGHT	90	CPL	44.95	35.96							56001	COLD CALM CHILDREN	80	PEL	14.39	12.96	60746	BODY ECOLOGY DIET PPBK	EA	BOK	15.95	13.55
44193	POWER THOUGHT	60	CPL	34.95	27.96	67035	PALEO PROT MIX COC ALM	23.	PWD	39.99	35.99	50437	CYCLEASE CRAMP	60	TAB	13.19	10.55	63632	BOUNTIFUL BABY PUREES	EA	BOK	19.99	16.99
40498	POWER ZYME	60	CAP	21.95	17.56	67036	PALEO PROT MIX NATURAL	23.	PWD	39.95	35.95	33171	GASALIA (FLATULENCE)	60	TAB	13.19	10.55	64211	BRAIN THT CHANGE ITSLF	EA	BOK	17.00	14.45
59066	PROTEIN DUAL ACT FR VN	1.0	PWD	34.95	27.96	67040	PALEO PROT MIX UNSWEET	23.	PWD	39.95	35.95	45390	GEMMA THERAPY LIQ	2.2	LIQ	12.00	12.00	67190	BREAD FREE BREAD	EA	BOK	18.95	16.15
53999	PYCNOGENOL 100 MG	60	VCA	99.95	79.96							66688	HISTAMINUM 30C 2 + 1 FR	KIT	KIT	15.00	13.50	50692	BUILDING BONE VITALITY	EA	BOK	16.95	14.40
43931	QUERCETIN SUPER	30	VCA	16.95	13.56							15061	LIQUID REM (DILUTIONS)	2.2	LIQ	28.60	28.60	63908	CANCER 50 ESSENT THING	EA	BOK	16.00	13.60
44811	QUERCETIN SUPER	60	VCA	30.95	24.76							34289	LIQUID REM (DILUTIONS)	1.2	LIQ	17.20	17.20	67382	CANCER FIGHTING KITCH	EA	BOK	32.50	27.62
60011	RED YEAST RICE 600 MG	120	VCA	30.95	24.76	64277	CALENDULA OIL ORG	7.2	OIL	22.50	22.50	55995	LM TUBES ALL	EA	MIS	12.95	12.95	67295	CHICKPEA FLOUR COOKBK	EA	BOK	17.95	15.25
58296	RESVERATROL 500 MG TR	30	VCA	43.50	34.80	64276	CALENDULA OIL PUMP ORG	3.3	OIL	16.50	16.50	56540	MOTHER TINCTURE	2.2	LIQ	18.00	18.00	61126	CHINESE MEDICINE BIBLE	EA	BOK	14.95	12.70
58526	RESVERATROL TRANS 500	60	VCA	84.95	67.96	64278	CALENDULA SALVE ORG	ORG	SLV	15.95	15.95	34291	MOTHER TINCTURES	1.2	LIQ	12.00	12.00	42662	COCONUT OIL MIRACLE	EA	BOK	14.95	12.70
55027	RHODIOLA ROSEA EXT 200	60	VCA	18.50	14.80	65911	NEROLI ORANGE TONER	2.2	SPY	15.95	15.95	65888	OPTIQUE 1 EYE DROPS	30	VIL	17.59	14.07	54667	COCONUT WATER	EA	BOK	15.95	13.55
54316	RUTIN 500 MG	50	VCA	13.95	11.16	64548	ROSE DEW TONER	2.2	SPY	15.95	15.95	15070	OSCILLOCOCCINUM	6	PEL	15.69	14.00	51468	COMP BK AYUR HOME REM	EA	BOK	15.95	13.55
59444	SAW PALMETTO EXT 160	60	SGC	18.95	15.16							58080	OSCILLOCOCCINUM	12	VIL	25.79	23.12	60302	COOK FOR CELIAC COLIT B	EA	BOK	29.50	25.07
55026	SAW PALMETTO EXT 320	30	SGC	18.95	15.16							61036	OSCILLOCOCCINUM 30 DOS	30	PEL	39.39	31.51	66768	COOKING WITH AVOCADOS	EA	BOK	16.95	15.25
55023	SELENIUM 200 MCG Y/F	90	VCA	13.50	10.80	23994	ALLERGIEMITTEL	40	TAB	12.25	9.80	15074	QUIETUDE INSOMNIA REM	60	TAB	13.19	10.55	64041	DEFEAT CANCER	EA	BOK	34.95	29.70
66904	SLEEP SUPPORT VCAP	30	VCA	14.95	11.96	38987	ALPHA CF COLD & FLU	120	TAB	13.35	10.68	32003	ROXALIA (SORE THROAT)	60	TAB	13.19	10.55	67335	DIGESTIVE HLTH REAL FD	EA	BOK	34.95	29.70
66905	SLEEP SUPPORT VCAP	60	VCA	28.95	23.16	16920	ALPHA CF COLD & FLU	1.2	LIQ	12.25	9.80	32002	SABADIL ALLERGY	60	TAB	13.19	10.55	64504	DIGESTIVE WELLNESS	EA	BOK	22.00	18.70
51857	STRESS B COMPLEX	100	VCA	26.50	21.20	16934	ALPHA CHILD CF	100	TAB	11.49	9.19	31060	SEDALIA STRESS NERVO	60	TAB	13.19	10.55	59129	DISEASE PREV AND TREAT	EA	BOK	69.95	59.45
67370	STRESS RELIEF VCAP	30	VCA	18.95	15.16	52228	ARNICA MONTANA 30 C	250	TAB	9.49	7.59	15066	SINGLE RMD MULTI 10M	EA	PEL	8.25	8.25	26136	DMSO NATURE'S HEALER	EA	BOK	14.95	12.70
67371	STRESS RELIEF VCAP	60	VCA	35.95	28.76	16941	ARNIFLORA ARNICA GEL	2.7	GEL	14.39	11.51	15065	SINGLE RMD MULTI 1M	EA	PEL	8.25	8.25	67089	DR FIFE'S KETO COOKERY	EA	BOK	18.95	16.10
55924	SUPER EARTH MULTI LIQ	322	LIQ	35.95	28.76	27519	BRONCHITIS ASTHMA AIDE	100	TAB	11.49	9.19	15063	SINGLE RMD MULTI 200C	EA	PEL	8.25	8.25	67223	DR KIDDS GO HERB CAT C	EA	BOK	14.95	12.70
40496	SUPER EARTH NO IRON	90	CPL	32.95	26.36	16942	CALIFLORA CALENDLA GEL	2.7	GEL	12.99	10.39	15060	SINGLE RMD MULTI 3C30C	EA	PEL	7.00	7.00	60664	EAT SMART EAT RAW	EA	BOK	15.95	13.55
56012	SUPER EARTH NO IRON	180	CPL	60.95	48.76	27950	COUGH & BRONC NIGHTM	8.2	LIQ	13.49	10.79	15059	SINGLE RMD MULTI 3X30X	EA	PEL	7.00	7.00	52516	ENCYC BACH FLOWER THER	EA	BOK	29.95	25.45
41847	SUPER EARTH WITH IRON	90	CPL	32.95	26.36	16938	COUGH & BRONCH DAYTIME	8.2	LIQ	14.89	11.91	15067	SINGLE RMD MULTI 50M	EA	PEL	8.25	8.25	67240	END OF DIABETES PPBK	EA	BOK	15.99	13.59
62344	TAURINE 500 MG	50	VCA	9.50	7.60	50912	COUGH & BRONCH SYRUP ZN	8.2	LIQ	13.49	10.79	29303	SINUSALIA	60	TAB	13.19	10.55	66942	END OF HEART DISEASE	EA	BOK	28.99	24.64
54105	THEANINE 150 MG	30	VCA	20.95	16.76	32825	FLORASONE CARDIOSP CRM	12	CRM	10.99	8.79	58665	SINUSALIA PELLETS	160	PEL	14.39	12.95	62600	ENZYMES FOR AUTISM AND	EA	BOK	19.95	16.95
54106	TRYPTOPHAN 500 MG	30	VCA	13.95	11.16	39047	PSORIAFLORA	1.2	CRM	10.99	8.79	19326	YEASTAWAY	7	SUP	16.19	14.57	66341	ESSENTIAL OILS HANDBK	EA	BOK	12.95	11.00
55065	TURMERIC ROOT EXTRACT	60	VCA	28.95	23.16	32401	SCIATIC AIDE	100	TAB	11.49	9.19							64045	FLEXATARIAN DIET	EA	BOK	16.95	14.40
53140	UBIQUINOL COQ10 100 MG	60	VSG	56.50	45.20	25089	SPORTS GEL	2.5	GEL	14.49	11.59							63943	FOOD RULES	EA	BOK	11.00	9.35
58429	UBIQUINOL COQ10 200 MG	60	SGC	99.95	79.96	16945	TRIFLORA ARTHRITIS GEL	2.7	GEL	12.99	10.39							60978	FREE FROM HEPATITIS C	EA	BOK	16.95	14.40
55990	UBIQUINOL COQ10 200 MG	30	SGC	56.50	45.20													66648	500 PALEO RECIPES	EA	BOK	19.99	16.99
53139	UBIQUINOL COQ10 25 MG	60	SGC	19.50	15.60													67252	A.G.E. LESS DIET	EA	BOK	16.95	14.40
52596	UBIQUINOL COQ10 50 MG	60	SGC	31.50	25.20	31962	ACIDIL TAB	60	TAB	13.19	11.87	41466	ACID ALKALINE BAL DIET	EA	BOK	16.95	14.40	66634	GOOD NIGHTS SLEEP	EA	BOK	16.95	13.56
40497	ULTIMATE HAIR AND NAIL	60	CAP	20.50	16.40	66219	ACTEANE HOT FLASH REL	120	TAB	23.30	20.97	52256	ACID ALKALINE FOOD GUD	EA	BOK	8.95	7.60	63682	GRAIN BRAIN	EA	BOK	27.00	22.95
40495	ULTIMATE HAIR AND NAIL	90	CAP	30.50	24.40	66011	ARNICA GEL	4.1	GEL	17.99	14.39	66956	ADRENAL FATIGUE 4 DUMM	EA	BOK	22.99	19.54	65622	GUT AND PSYCHOL SYNDR	EA	BOK	32.95	28.00
65417	VEGGIE PROT VAN SP ERT	11LB	PWD	30.95	24.76	61034	ARNICARE ARNICA TAB	60	TAB	11.99	10.79	60730	ALZHEIMERS DIS WHAT IF	EA	BOK	19.95	16.95	67189	HAPPY GUT	EA	BOK	25.99	22.09
67373	WELLNESS SUPPORT	60	CPL	29.95	23.96	55399	ARNICARE ARTHR TAB	60	TAB	11.99	10.79	63173	ANTI CANCER NEW WY LF B	EA	BOK	26.95	22.90	63312	HEALING ENIGMA	EA	BOK	17.95	15.25
67372	WELLNESS SUPPORT	30	CPL	15.95	12.76	57297	ARNICARE CREAM ARN 30C	2.5	CRM	15.59	14.00	61121	ANTI ESTROGENIC DIET	EA	BOK	16.95	14.40	66882	HEALING LYME 2ND EDIT	EA	BOK	24.95	21.20
61072	WHEY PRO ISO MIX BERRY	21LB	PWD	60.95	48.76	51705	ARNICARE CREAM ARNICA	2.5	CRM	11.98	10.78	36618	APPLE CIDER VINEGAR	EA	BOK	9.95	8.45	66957	HEALING OILS	EA	BOK	14.95	12.40
61576	WHEY PROT ISO FREN VAN	21LB	PWD	60.95	48.76	31940	ARNICARE GEL ARNICA	2.5	GEL	12.29	11.07	44617	AROMATHERAPY FOR EVERY	EA	BOK	12.95	11.00	64706	HERB BOOK	EA	BOK	19.95	16.95
56410	WHEY PROT ISOL BERRY	11LB	PWD	35.95	28.76	38130	ARNICARE GEL ARNICA 30	2.5	GEL	15.59	14.00	63679	AUTOIMMUNE CAUSE/CR 3R	EA	BOK	25.95	22.05	64047	HERBAL ANTIVIRALS	EA			

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Nothing But Pure



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



reduce oxidative damage from certain carcinogens. It also has the ability to form tight molecular complexes with carcinogens and in doing so blocks the body’s absorption of them. In a placebo controlled study conducted in China Chlorophyll supplementation was found to decrease DNA damage caused by aflatoxin, a liver carcinogen produced by fungus in moldy grains and legumes. Scientists hope that in populations with unavoidable dietary aflatoxin exposure Chlorophyll supplementation could significantly reduce the risk of developing liver cancer.

Cinnamon Bark 40

This is a standardized Cinnamon Bark complex in a liquid filled veggie cap.

60 Liquid Filled Capsules - Product Code: 57092
90 Veggie Caps - Product Code: 60118

Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

Who would benefit from this supplement?

- Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions.

Ingredients:

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized ro 40 mg Cinnamaldehydes.

According to the Natural Standard Integrative Medicine database, “Cinnamon may be used for various medical conditions (77;78). In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric

diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication (79). Cinnamon has been touted as having a positive effect on postprandial glucose metabolism (80). Its ability to lower blood sugar in individuals with diabetes has been discussed (81). Naturally occurring compounds found in cinnamon (Cinnamomum cassia), including chromium and polyphenols, may improve insulin sensitivity (82). Human data suggest that cinnamon exhibits “sweet” properties and may be used in strategies for reduction of sugar intake (83).

Ingredients:

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized ro 40 mg Cinnamaldehydes.

Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark. The Cinnamon used in Phyto-Tech™ Cinnamon supplements is Cinnamomum cassia, the species utilized in research. It is certified organic and vegetarian.

Cleanse Complex 1:2

A herbal formula based on traditional concepts of a rapid, systemic (full body) cleansing.

4 fl oz - Product Code: 57073

Many of the herbs used in Phyto-Tech™ Cleanse Complex have a long tradition of use in naturopathic medicine for many toxic conditions. The theory behind using Phyto-Tech™ Cleanse Complex is that it will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels.

Herbs do not really actually cleanse the blood and tissues directly, but instead, stimulate the organs to increase the rate

in which they do this naturally. Phyto-Tech™ Cleanse Complex will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxification is thought to help stimulate organs that eliminate the toxemia from drug usage. It can be used in smaller more moderate doses if a slower cleanse is desired. Faster cleanses can result in more uncomfortable acute healing symptoms that might not be desired, but are usually harmless (i.e., loose stool, nausea, headaches, skin discharges). These symptoms can be avoided by decreasing the dose or pace.

Phyto-Tech™ Cleanse Complex works best in conjunction with other cleansing protocols, such as dietary changes, increasing water consumption and exercise.

Ingredients:

Phyto-Tech™ Cleanse Complex contains the following herbs: Oregon Grape Root, Red Clover Blossoms, Fresh Burdock Root, Fresh Dandelion Root, Alfalfa Leaf, Yerba Mansa Root, Red Root, Vegetable Glycerin, Deionized Water, Natural Flavors

Dosage:

Pour entire contents into 1 gallon of pure water and drink over 3 hours.

Cautions and Contraindications: Do not use if pregnant or nursing; do not use if using other detoxification protocols unless under physician direction; may affect metabolism of some medications, so advise your physician.

Complimentary Formulas:

- Phyto-Tech™ Liver Support
- Phyto-Tech™ Digest Stim Complex
- Phyto-Tech™ Menses Complex

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



66710	KETOGENIC COOKBOOK	EA	BOK	39.95	33.45	67334	WILD FERMENTATION 2ND	EA	BOK	29.95	25.45	44943	HAND CRM BEESWAX BANAN	2 Z	CRM	8.99	8.09	12575	C L O LIQ REG 500ML	500	LIQ	55.00	46.75
54669	LIVER GALLBLADDER MIRA	EA	BOK	14.95	12.70	58055	WOMENS HORMON WHT KNOW	EA	BOK	17.95	15.25	59882	HAND REPAIR CREAM SHEA	3.2	CRM	12.99	11.69	12579	C L O SUPER 1000	250	SGC	32.50	27.62
65693	LOW CARB FRAUD	EA	BOK	16.95	14.40	26864	YEAST CONNECT HANDBOOK	EA	BOK	14.95	12.70	41740	HAND SALVE	3 Z	CRM	8.99	8.09	12578	C L O SUPER 1000	100	SGC	15.90	13.51
67041	LOW FODMAP AND VEGAN	EA	BOK	17.95	15.25	30184	YEAST CONNECTION CKBK	EA	BOK	15.95	13.55	35904	INSECT REPELLENT HERB	4 Z	SPY	7.99	7.19	12800	CAL 600 LIQ SGC	100	SGC	17.50	14.87
67042	LOW FODMAP COOKBOOK	EA	BOK	22.99	19.54	61205	YIN & YANG OF CANCER	EA	BOK	15.95	13.55	65971	NOURISH LOT BABE BEE	6 Z	LOT	7.99	7.19	12801	CAL 600 LIQ SGC	250	SGC	38.20	32.47
59399	MAGNESIUM MIRACLE	EA	BOK	16.00	13.60	65574	YOGA AND WISDOM MENOP	EA	BOK	14.95	12.70	60175	NOURISH LOT BABY BEE	6 Z	LOT	7.99	7.19	67169	CAL CHELATED 250 MG	60	TAB	10.90	9.26
63926	MAGNIFICENT MAGNESIUM	EA	BOK	14.95	12.70	66542	YOGA FOR BACK PAIN	EA	BOK	19.95	16.95	55277	SHAMPOO & WASH BABY	12Z	LIQ	8.99	8.09	27354	COQ10 100 MG	90	SGC	39.90	33.91
55465	MEDITAT FOR YOUR LIFE	EA	BOK	16.99	14.44	52350	YOGA OF HERBS	EA	BOK	15.95	13.55	59316	SHAMPOO & WASH BABY FF	12Z	LIQ	8.99	8.09	12878	COQ10 30	120	SGC	23.90	20.31
58967	MIGRAINES VITAMIN CURE	EA	BOK	14.95	12.70	63660	YOUR BLOOD NEVER LIES	EA	BOK	16.95	14.40	55268	SHAVE CREAM	6 Z	CRM	7.99	7.19	29481	COQ10 50 MG	60	SGC	18.90	16.06
64888	NAT RELIEF FOR ANXIETY	EA	BOK	18.95	16.10							41967	TONER GARDEN TOMATO	8 Z	LIQ	11.99	10.79	41122	D 2000	120	SGC	12.90	10.96
55429	NAT REMED FOR INFLAMM	EA	BOK	14.95	12.70							42801	TONER ROSEWATER GLYC	7 Z	LIQ	10.99	9.89	54500	D 2000 SOLAR GEMS	120	SGC	12.50	10.62
66973	NAT REMED LOW TESTOST	EA	BOK	14.95	12.70													54501	D 4000 SOLAR GEMS	120	SGC	15.90	13.51
65577	NEW HEALING HERBS	EA	BOK	24.99	21.24													12573	D3 1000	250	SGC	14.90	12.66
66211	NONTOXIC HOUSECLEANING	EA	BOK	9.95	8.45													61116	D3 1000 IU DROPS	11M	DRP	14.90	12.66
64209	NURSING MOTHERS HERBAL	EA	BOK	16.95	14.40													58008	D3 10000 IU	120	SGC	19.90	16.91
59611	OIL PULLING THERAPY	EA	BOK	15.95	13.55													58957	D3 2000 IU	360	SGC	29.90	25.41
66647	ONE POT PALEO	EA	BOK	21.99	18.69													60749	D3 2000 IU DROPS	11M	DRP	18.90	16.06
64662	OPTIMAL DETOX	EA	BOK	14.95	12.70													12571	D3 400	250	SGC	12.40	10.54
64649	PALEO SLOW COOKER	EA	BOK	27.00	22.95													55698	D3 400 IU DROP BABY	11M	LIQ	12.90	10.96
62566	PERFECT DIGESTION	EA	BOK	13.00	11.05													57810	D3 400 IU DROPS KIDS	11M	LIQ	12.90	10.96
59431	PILL BOOK	EA	BOK	8.99	7.64													50570	DHA 100 MG CHW KIDS	60	CHW	12.88	10.94
66522	PLANET HEAL THYSELF	EA	BOK	16.99	14.44													29230	DHA SUPER	180	SGC	68.50	58.22
66694	PLANT BASED PALEO	EA	BOK	19.95	16.95													29778	DHA SUPER	60	SGC	24.90	21.16
64223	POWER FOOD FOR BRAIN	EA	BOK	16.00	13.60													65140	DHA SUPER GEMS 60 + 20	80	SGC	24.90	21.16
59143	PRESCR NUTRIT HEAL 5TH	EA	BOK	30.00	25.50													12503	E 200 GEMS PLUS MIXED	100	SGC	21.50	18.27
64710	PREV TREAT CANCER DOGS	EA	BOK	16.95	14.40													12485	E 400 GEMS	90	SGC	33.90	28.81
67251	PULP KITCHEN COOKBOOK	EA	BOK	14.95	12.70													40504	E 400 GEMS ELITE	240	SGC	124.00	105.40
66883	RADICAL REMISSION	EA	BOK	16.99	14.44													36224	E 400 GEMS ELITE	120	SGC	64.90	55.16
65460	RAWSONE VEGAN BAKING	EA	BOK	19.99	16.99													35969	E 400 GEMS ELITE	60	SGC	34.90	29.66
65116	RESTORING DIGEST HLTH	EA	BOK	15.00	12.75													12506	E 400 GEMS PLUS MIXED	100	SGC	58.00	49.30
60729	SINATRA SOL METAB PPBK	EA	BOK	18.95	16.10													12507	E 400 GEMS PLUS MIXED	250	SGC	100.00	85.00
66646	SMOOTHIES FOR KIDN HLT	EA	BOK	16.95	14.40													12493	E 800 GEMS	50	SGC	27.90	23.71
25977	SOLVED RIDDLE OF ILLNS	EA	BOK	18.95	16.10													44018	E GAMMA GEMS 500 MG	60	SGC	34.90	29.66
66017	SPIRALIZED KITCHEN	EA	BOK	18.99	16.14													12544	E GEM OIL DROPS	2 Z	LIQ	14.90	12.66
67241	STAY HLTH DURING CHEMO	EA	BOK	18.95	16.10													58227	ECOSMART OMEGA 3 CALAM	120	SGC	32.50	27.62
63552	STAYING HEALTHY W/NUTR	EA	BOK	39.99	33.99													27512	EYE RITE	60	CAP	39.90	33.91
63498	STOP ALZHEIMERS NOW	EA	BOK	19.95	16.95													56743	FISH OIL FIN KIDS ORAN	200	LIQ	27.90	23.71
58650	STRENGTH TRAIN ANA 3RD	EA	BOK	19.95	16.95													56508	FISH OIL FINEST LEMON	120	SGC	27.90	23.71
59222	STRETCHING ANATOMY	EA	BOK	19.95	16.95													44369	FISH OIL MULTI	60	SGC	27.70	23.54
66884	SUGAR CRUSH	EA	BOK	25.99	22.09													44370	FISH OIL MULTI	120	SGC	52.50	44.62
65532	SUPER IMMUNITY PPBK	EA	BOK	15.99	13.59													42824	FISH OIL OMEGA 3 LIQ	16Z	LIQ	54.50	46.32
60751	TAKING CHRG FERT 10TH	EA	BOK	25.99	22.09													41730	FISH OIL OMEGA 3 LIQ	6.7	LIQ	27.90	23.71
66644	THRIVE DON'T ONLY SURV	EA	BOK	16.99	16.99													52214	FISH OIL OMEGA 3 ORANG	16	LIQ	54.50	46.32
67328	THYROID CONNECTION	EA	BOK	28.00	23.80													52213	FISH OIL OMEGA 3 ORANG	6.7	LIQ	27.90	23.71
57576	TOOTH FROM TIGER MOUTH	EA	BOK	15.00	12.75													51625	FISH OIL ORANGE 120 + 30	120	SGC	27.90	23.71
65736	ULT PET FOOD GUIDE	EA	BOK	15.95	13.55													58475	FISH OIL SMART CATCH	180	SGC	29.90	25.41
65211	UTERINE HEALTH COMPAN B	EA	BOK	16.99	14.44													12930	GLYCINE 100G	100	PWD	8.90	7.56
65533	VEGITERRANEAN DIET	EA	BOK	17.99	15.29													31499	HEARTBEAT ELITE	180	TAB	64.00	54.40
64587	WAHLS PROTOCOL PPBK	EA	BOK	18.00	15.30													64227	INFLAMMATION BALANCE	180	SGC	55.90	47.51
34844	WEB THAT HAS NO WEAVER	EA	BOK	18.95	16.10													60023	K2 VITAMIN MK 4	180	CAP	69.00	58.65
66557	WHEAT BELLY TO DAY GRN	EA	BOK	25.99	22.09													53486	K2 VITAMIN MK 4	60	CAP	24.90	21.16
56754	WHOLE FD GD STRONG BO B	EA	BOK	21.95	18.65													66696	K2 VITAMIN MK 7 45 MCG	180	SGC	37.50	31.87

Jarrow
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CHICKEN FLAVOR



BEEF FLAVOR

NUTRADITIONALTM BONE BROTH

NEW



BEYOND BONE BROTHTM, BEEF FLAVOR - JRW67103

BEYOND BONE BROTHTM, CHICKEN FLAVOR - JRW67102

BEYOND BONE BROTH:TM A NUTRITIONAL TAKE ON TRADITIONAL DRINK RECIPES

Jarrow Formulas' Beyond Bone BrothTM are savory, nutritious drink mixes from beef and chicken that go beyond the nutritional benefits of traditional broths.*

Jarrow Formulas' Beyond Bone Broth is the perfect supplement for those seeking to improve their intake of nutrients that support the health of bones, joints and the skin.*

BEYOND BONE BROTHTM HIGHLIGHTS

NO
HORMONES
OR ANTIBIOTICS

NO
ARTIFICIAL
FLAVORS OR
SWEETENERS

**300 MG
CALCIUM**
FROM
MICROCRYSTALLINE
HYDROXYAPATITE,
AQUAMIN® SEA ALGAE
MINERAL COMPLEX,
& CALF BONE MARROW

**1700 MG
COLLAGEN
(TYPES I & II)
+
CHONDROITIN
SULFATE
GLYCOSAMINOGLYCANS
COMPLEX**

**5 MG
SILICON**
FROM JARROSIL®
(ACTIVATED SILICON®),
A PROPRIETARY
FORMULA OF MOLECULAR
CLUSTERS OF
STABILIZED SILICIC ACID

JUST ADD WATER!

SIMPLY ADD ONE HEAPING SCOOP OF
BEYOND BONE BROTHTM INTO A CUP
AND ENJOY!



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Visit us at www.jarrow.com for more product information.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Clove 1:4

Clove is a source of the volatile oil, Eugenol.

1 fl oz - Product Code: 57062

Clove has been shown to exert an antimicrobial and antiinflammatory actions. It also is an effective dental analgesic and helpful in conditions associated with inflammation of the mouth and pharynx. It has been used internally for stomach ulcers.

The expert panel German Commission E has approved the use of clove as a topical antiseptic and anesthetic.

Comfrey Root 1:3

Comfrey has been used for centuries as a way to promote healing.

1 fl oz - Product Code: 57080

Comfrey is used for burns, surgery, cuts, ulcerations in the gastrointestinal tract (ulcers, ulcerations, bowel surgery), breaks and fractures to bones, for poorly healing bones, and for osteoporosis. Comfrey was so widely used by herbalists to promote more rapid repair of broken bones, it earned the common names boneset and knitbone.

Comfrey is the preeminent herb to promote healing of tissue ranging from skin, soft tissue, broken bones, fractures and it promotes calcium re-uptake into the bones.

Controversy surrounds Comfrey because of its' content of pyrrolizidine alkaloids (PA). This potentially liver toxic substance is in minimal concentration in this dry plant extract (it is higher in fresh plant Comfrey) It is for short-term use (up to 2 months) and does not normally present a problem unless liver pathology exists (see contraindications below).

Ingredients:

Phyto-Tech™ Comfrey Root 1:3 contains Comfrey Root (Symphytum officinale), Grain Alcohol, Deionized Water.

Certified Organic.

Dosage:

20-30 drops, 2-3 times per day or as needed in juice or water

Contraindications and Cautions: Pregnancy; Nursing; Do not use if liver enzymes are elevated or with liver pathology; Do not use over 2 months in a row because of the pyrrolizidine alkaloid content.

Cordyceps

Traditional medicinal "mushroom" (parasitic ascomycete fungi), Cordyceps sinensis, also known as Caterpillar Mushroom or Caterpillar Fungus, from China, Nepal and Tibet.

60 Veggie Caps, Product Code: 67468

Who might benefit from this product?

- Those looking to boost longevity, enhance immune function, boost athletic performance.

Ingredients:

Each veggie cap contains 500 mg Organic Cordyceps Mushroom Mycelia. Other Ingredients: Pullulan (capsule), Organic Myceliated Brown Rice, Vegetable Cellulose. It should be noted that our Cordyceps are cultivated in the U.S. and cultured on organic brown rice, so they are indeed vegetarian.

Orally, cordyceps is used for strengthening the immune system, improving athletic performance, reducing the effects of aging, promoting longevity, treating lethargy, and improving liver function in people with hepatitis B. Other traditional uses include treating coughs, chronic bronchitis, respiratory disorders, kidney disorders, frequent nocturia, male sexual dysfunction, anemia, heart arrhythmias, high cholesterol, liver disorders, dizziness, weakness, tinnitus, wasting, and opium addiction. It is also used as a stimulant, a

tonic, and an adaptogen which is used to increase energy, enhance stamina, and reduce fatigue.

Dosage:

One capsule, 2 times a day or as needed.

Cough Complex

A traditional Chinese formula for immediate respiratory system support; relieves coughs and congestion.

1 fl oz - Product Code: 57036

Who would benefit from this supplement?

- Those with acute or chronic cough, especially wet, or phlegm producing coughs. According to Traditional Chinese medicine, this formula can be helpful to those with cough due to the common cold, acute or chronic bronchitis, emphysema, pertussis and smoker's cough.

Ingredients:

Phyto-Tech™ Cough Complex contains the following herbs: Houttuynia Herb, Poria Cocus, Platycodon Root, Skullcap Root, Bitter Orange Fruit, Fritillaria Bulb, White Mulberry Root Bark, Tangerine Peel, Licorice Root, Pinellia Root, Ginger Root.

Pinyin Names: Yu Xing Cao, Fu Ling, Jie Geng, Zhi Shi, Chuan Bei Mu, Sang Bai Pi, Chen Pi, Gan Cao, Ban Xia, Gan Jiang

Dosage:

Adults: 60-90 drops (2 to 3 squirts) in water or juice, 3 to 4 times per day or as needed.

Children: half the dosage.

Most effective away from food by at least 20 minutes.

Caution: Do not use when pregnant; not as effective for dry cough.

... continued on page 42

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Live Longer, Take Selenium and CoQ10

Selenium is an essential trace mineral. Getting enough is essential for good health. Unfortunately, many of us do not get enough, and doing so is made especially difficult because you cannot always recognize selenium-deficient crops as you can when other mineral deficiencies are present.

Every cell in the body needs selenium to function properly. CoQ10, another important nutrient that may be more deficient than many realize due to the effect of widely used statin drugs, helps each cell produce energy.

In this study, 668 healthy older adults were divided into three groups. One group took 200 mcg of selenium plus 200 mg of CoQ10 per day, another group took a placebo, and the third group took no treatment.

Then, the Doctors divided each of the three groups into three additional groups--low-selenium, medium-selenium, and high-selenium. This was based on how many micrograms of selenium per liter of blood they had at the start of the study.

In the group starting with the lowest circulating levels of selenium, those taking selenium supplements were 12 percent less likely to die from heart disease over the four-year study period compared to placebo or no treatment. In the middle-selenium group, chances were 8 percent lower in the selenium supplement group, and in the high-selenium group, chances were 4.5 percent lower for those taking selenium supplements.

In other words, those with the lowest starting levels of selenium benefited the most from selenium/CoQ10 supplementation. This study offers another example of how taking rational levels of nutritional supplementation can be a win-win situation. These two nutrients offer many varied health benefits, not just improved heart function and reduced heart-disease related mortality. Much to gain, and little to lose.

(Reference: PLoS-One; July, 2016, Published Online)

Additional Comments from Don Goldberg, RPH

The pharmacists and nutritionists at Willner Chemists will be happy to help you select the nutritional supplements that best satisfy your specific needs.



New Formula! Higher Potency, Vegetarian Capsule Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

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No Additives Required ✓

Turmeric Force™

60 Capsules	Item # 64852	Retail \$36.95	Willner Chemists \$27.71
120 Capsules	Item # 64853	Retail \$63.95	Willner Chemists \$47.96



*This statement has not been evaluated by the Food and Drug Administration.
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Cramp Bark 1:3

Traditionally used for menstrual cramps, due to its smooth muscle relaxant action.

1 fl oz - Product Code: 57059

The bark has traditionally been used for cramps, including menstrual cramps and cramping associated with arthritis. While research is limited, a laboratory study found that viopudial isolated from Viburnum opulus (cramp bark) had antispasmodic effects on smooth muscle.

Who might benefit from this supplement?

- Women suffering from difficult periods, dysmenorrhea and PMS; It may also be helpful to those with intestinal cramps.

Ingredients:

Phyto-Tech™ Cramp Bark 1:3 contains Cramp Bark (Viburnum opulus), Grain Alcohol, Deionized Water. Wild Harvested.

Dosage:

General: 30-60 drops, 2-3 times per day or as needed in juice or water; Acute Cramping: Take 60 drops to 1 teaspoon as needed.

Cranberry 4:1

Cranberry is widely used to prevent urinary tract infections.

90 Veggie Caps - Product Code: 60121

Ingredients:

Each 400 mg veggie cap contains the equivalent of 1600 mg of raw Berry.

Cranberry is widely used to prevent urinary tract infections, and has been used for this purpose for many years. There is research that supports this, although they may not be perfect. The key thing to note, however, is that the evidence supporting cranberry’s ability to “prevent” UTI is much more

convincing that any evidence supporting its ability to “treat” UTI’s.

For treatment, it can be used as an adjunct to other therapy, but it may not be wise to rely on it as the main agent. In the past, it was thought to work by acidifying the urine, but now we know that there is a substance, a proanthocyanadin, the prevents the adhesion of bacteria to the cells lining the urinary tract.

There is another caution regarding cranberry juice. Some women make the mistake of going out an buying cranberry juice, rather than using a cranberry extract. The problem with the juice is that it has a high sugar content. Thus, the benefit of using a supplement where the active constituents of cranberry are concentrated, leaving the sugar behind. Phyto-Tech™ Cranberry 4:1 is ideal for this purpose.

Dosage:

One to two Capsules daily, or as directed. Drink plenty of water.

Complementary Product:

- Phyto-Tech™ Urinary Kidney Complex.

Cranberry Mannose

An herbal nutrient blend designed for those with frequent urinary tract infections.

60 Veggie Caps, Product Code: 67467

Who might benefit from this product?

- Those suffering from urinary tract infections.

Ingredients:

Each two veggie caps contains vitamin C,30 mg, D-Mannose 1000 mg, and Cranberry Fruit 37:1 (min. 4% Proanthocyanidins) 400 mg.

Indications:

Cranberry is used for prevention and treatment of urinary tract infections and kidney stones. D-mannose has also been used for this purpose. Many feel that the combination of these two ingredients results in a synergistic effectiveness

greater than either ingredient by itself. Preliminary research suggests supplemental d-mannose might interfere with the adhesion of Escherichia coli bacteria to the urinary tract, theoretically protecting from some urinary tract infections (UTIs). Bacteria such as Escherichia coli produce lectins, which bind the organism to sugar residues, such as d-mannose, on host epithelial cells. Theoretically, giving supplemental d-mannose can bind the bacteria and prevent attachment to the vaginal and urinary tract lining. Cranberry is thought to work in a similar manner. In vitro tests indicate that d-mannose can partially or completely inhibit binding of around 50% of Escherichia coli strains to epithelial cells. The effect of d-mannose on urinary tract infections in humans remains to be studied.

Dosage:

Two capsules, up to three times daily, or as directed.

Damiana 1:3

Traditionally used as an aphrodisiac, for women, especially in Centrhal America, since ancient times. It may also exhibit mood elevating action.

1 fl oz - Product Code: 57641

Damiana is traditionally used as a general tonic for the nervous, endocrine, and reproductive systems. In addition, specific historical uses include coughs, gastrointestinal disorders, diuresis. It has been used as an aphrodisiac in Africa and the Americas.

Dandelion Root 1:1.5

Dandelion Root has long been considered a liver and galbladder tonic, and digestive stimulant.

1 fl oz - Product Code: 56966

90 Veggie Caps - Product Code: 60117

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



66695	K2 VITAMIN MK 7 45 MCG	90	SGC	22.20	18.87
40696	KEY E SUPPOSITORIES	24	SUP	14.40	12.24
12537	KEY E SUPPOSITORIES	12	SUP	8.88	7.54
35120	LIPIC ACID 300 MG	90	TAB	55.00	46.75
40199	LUTEIN 15 MG W/KALE	180	CAP	83.40	70.89
32458	LUTEIN 6 MG	180	SGC	29.90	25.41
41241	LYCOPENE 15 MG	60	SGC	19.90	16.91
12907	LYSINE 500	300	CAP	27.70	23.54
12934	Lysine PWD 100G	100	PWD	9.90	8.41
12807	MAG 400 MG LIQ SGC	250	SGC	29.90	25.41
12831	MAG GLYCINATE 200 CHEL	90	TAB	19.90	16.91
51411	MAGNESIUM OXIDE	180	CAP	16.50	14.02
53436	MEDOMEGA FISH OIL 2800	100	LIQ	39.90	33.91
28095	MOISTURE EYES	180	SGC	52.90	44.96
39608	MSM 1000 MG	90	CAP	12.50	10.62
55484	MULTI MINI IRON FREE	90	TAB	19.90	16.91
41119	MULTI MINI IRON FREE	180	TAB	34.50	29.32
12639	NIACIN 100	300	TAB	27.90	23.71
12637	NIACIN 50	300	TAB	24.90	21.16
12636	NIACIN 50	100	TAB	8.90	7.56
12642	NIACIN 500 TIME T/R	100	TAB	12.40	10.54
12643	NIACIN 500 TIME T/R	250	TAB	23.90	20.31
12644	NIACIN 500 TIME T/R	500	TAB	45.20	38.42
58229	OMEGA 3 ELITE 1250 MG	120	SGC	36.50	31.02
12893	OMEGA 3 SUPER + 30FREE	100	SGC	25.50	21.67
12891	OMEGA 3 SUPER 1000	100	SGC	25.50	21.67
12890	OMEGA 3 SUPER 1000	50	SGC	12.90	10.96
12892	OMEGA 3 SUPER 1000	250	SGC	57.90	49.21
58474	RIGHT FOR THE MACULA	60	SGC	27.90	23.71
12884	SALMON OIL	180	SGC	34.90	29.66
62394	SALMON OIL COMP 120+60	180	SGC	39.90	33.91
12886	SALMON OIL + 50 FREE	180	SGC	34.90	29.66
12792	SELENIUM 200	180	CAP	24.50	20.82
12791	SELENIUM 200	60	CAP	9.50	8.07
56507	SUPER D OMEGA 3	250	LIQ	27.90	23.71
12941	TAURINE 100G	100	PWD	9.90	8.41
37308	TUCOTRIENOL CMP W/E	90	SGC	59.90	50.91
12794	ZINC 15	250	TAB	13.50	11.47

CHILD LIFE					
41615	ALLER CARE	4 Z	LIQ	16.95	13.56
45242	C L O OIL STRAWBRRY	8 Z	LIQ	19.95	15.96
57419	CAL MAG LIQ	16Z	LIQ	19.95	15.96
65376	COUGH SYRUP FORM 3 BERR	4 Z	LIQ	14.99	11.99
65377	D3 400 IU DROPS ORG	10M	DRP	16.99	13.59
64269	DHA PURE	90	SGC	12.99	10.39
34350	ECHINACEA	1 Z	LIQ	8.95	7.16
34351	FIRST DEFENSE	4 Z	LIQ	21.95	17.56
34346	MULTI VIT & MIN	8 Z	LIQ	16.95	13.56
67248	PROBIOTICS + COLOS CHW	90	CHW	23.99	19.19
38405	PROBIOTICS W/COLOSTRUM	50G	PWD	23.95	19.16

COMPLEMENTARY PRESCRIPTIONS					
56587	B12 METHYL 1000 LIQ	1 Z	LIQ	12.95	12.95
56588	B12 METHYL 1000 LIQ	4 Z	LIQ	23.95	23.95
62923	COLLAGN TYPE II 500 MG	60	CAP	29.95	29.95
55501	LITHIUM OROTATE	120	CAP	14.95	14.95
59885	MASTIC GUM DGL	60	CHW	24.95	24.95
60986	NEO 40 DAILY	30	LOZ	59.95	59.95
56145	VESITROL	60	CAP	49.95	49.95
COROMEGA					
53003	COROMEGA CHOC ORANG PK	90	PAK	34.99	34.99
36730	COROMEGA DAILY DOSE	30P	PAK	14.99	14.99
39364	COROMEGA DAILY DOSE	90P	PAK	34.99	34.99

COUNTRY LIFE					
16231	A 10000 UNITS DRY	100	TAB	9.99	7.99
50997	ACETYL L CARNITINE 500	120	VCA	50.59	40.47
16173	ACIDOPH W/PECTIN	250	CAP	26.79	21.43
24879	ALLER MAX	50	CAP	19.59	15.67
25671	ALLER MAX	100	CAP	35.99	28.79
58986	ALOE VERA + LIQUID	32Z	LIQ	19.99	15.99
60945	ALOE VERA 100% INN FIL	32Z	LIQ	15.99	12.79
22671	ANTIOXIDANT SUPER 10	120	TAB	50.39	40.31
16350	ANTIOXIDANT SUPER 10	60	TAB	26.99	21.59
16055	ARGININE 500 W/B6 CAP	100	CAP	14.99	11.99
29833	ARTHRO JOINT MUSCLE RF	60	SGC	29.79	23.83
31878	B 100 ACT W/RICE BRAN	50	TAB	14.99	11.99
16249	B 50 ACTION CAP	100	CAP	17.99	14.07
16248	B BASIC 25 MG B COMP	90	CAP	14.99	11.99
16238	B1 100 W/RICE BRAN	100	TAB	9.99	7.99
22634	B12 1000 T/R	60	TAB	12.99	10.39
16244	B12 3000 FOLIC SUBL	60	LOZ	19.59	15.67
16247	B12 500 W/FOLIC SUBL	100	LOZ	9.99	7.99
38419	B12 SUPERIOR 3000 MCG	50	LOZ	19.99	15.99
56057	B12 SUPERIOR 3000 MCG	120	LOZ	38.99	31.19
16239	B2 100 W/RICE BRAN	100	TAB	13.39	10.71
16241	B6 100 TAB	100	TAB	10.99	8.79
16240	B6 50 TAB	100	TAB	9.99	7.99
16178	BEE PROPOLIS	100	CAP	20.59	16.47
53366	BERRIES & WHEY	11.	PWD	26.99	21.59
16221	BETAINE HCL PEPSIN 600	250	TAB	20.59	16.47
22161	BIO RUTIN CMP 500/500	90	TAB	24.79	19.83
61601	BIOTIN 10 MG VCAP	60	VCA	20.59	16.47
61602	BIOTIN 10 MG VCAP C	120	VCA	29.79	23.83
16260	BIOTIN 1000	100	TAB	11.99	9.59
55711	BIOTIN 5 MG	60	CAP	15.99	12.79
16259	BIOTIN 5 MG	120	VCA	27.79	22.23
16259	BIOTIN 500 MCG	100	TAB	9.99	7.99
16107	BONE DENSITY FACTORS	100	TAB	18.59	14.87
22902	BONE DENSITY FACTORS	200	TAB	35.99	28.79
62704	BONE SOLID	240	VCA	36.99	29.59

57518	BONE SOLID	180	CAP	30.99	24.79
16223	BROMELAIN 500 2000 GDU	30	TAB	11.99	9.59
16224	BROMELAIN 500 2000 GDU	60	TAB	19.99	15.99
53782	BUFFER C 500 MG PH CNT	120	VCA	22.59	18.07
16279	C 1000 CAP MAXI W/BIO	90	CAP	18.59	14.87
16280	C 1000 CAP MAXI W/BIO	180	CAP	30.99	24.79
16282	C 1000 RH T/R	90	TAB	12.99	10.39
16292	C 1000 RH/BF 150 BUF	250	TAB	30.99	24.79
16291	C 1000 RH/BF 150 BUFF	100	TAB	14.99	11.99
20392	C 1000 W/RH	250	TAB	29.99	23.99
20767	C 500 ACEROLA W/BF WAF	180	CHW	29.99	23.99
16296	C 500 ACEROLA W/BF/RUT	90	CHW	17.59	14.07
16289	C 500 RH/BF 100 BUF	100	TAB	11.99	9.59
20764	C 500 RH/BF 100TR BUF	250	TAB	23.79	19.03
16274	C 500 W/RH	250	TAB	19.99	15.99
20763	C CMP 1000/500 MAXI TR	180	TAB	30.99	24.79
16293	C CRYSTALS 2500 MG	8 Z	PWD	20.99	16.79
16184	C L O	250	SGC	18.99	15.19
31860	C L O	100	SGC	10.99	8.79
16297	C WAFER 500	90	CHW	15.99	12.79
16140	CAL MAG 1000/500 TAB	90	TAB	13.99	11.19
16141	CAL MAG 1000/500 TAB	180	TAB	23.59	18.87
58365	CAL MAG 1000/500 TB D	90	TAB	13.99	11.19
21167	CAL MAG CAP TM	90	CAP	11.99	9.59
21168	CAL MAG CAP TM	180	VCA	18.59	14.87
34509	CAL MAG CITRATE MAXISB	200	SGC	28.99	23.19
16142	CAL MAG POT 500/500/99	90	TAB	13.99	11.19
16143	CAL MAG POT 500/500/99	180	TAB	20.59	16.47
43337	CAL MAG W/D CMP TM	120	VCA	15.99	12.79
43338	CAL MAG W/D CMP TM	240	VCA	25.79	20.63
52093	CAL MAG W/D3 LIQ	32Z	LIQ	27.79	22.23
16145	CAL MAG ZINC TM	180	TAB	20.59	16.47
16157	CAL MAG ZINC TM	250	TAB	19.59	15.67
16139	CAL SNACK	120	VCA	24.79	19.83
16138	CAL SNACK	60	CHW	15.99	12.79
20736	CAL W/BORON TM 1000	90	CAP	14.99	11.99
44030	CARB PHASER 1000	120	VCA	26.99	21.59
16061	CARNITINE 500 W/B6 CAP	30	CAP	24.99	19.99
16233	CAROTENE 25000 SGC	100	SGC	19.99	15.99
29834	CAROTENOID COMPLEX	60	SGC	30.99	24.79
16180	CHARCOAL 260	100	CAP	14.99	11.99
16261	CHOLINE 293 W/RICE BRN	100	TAB	15.99	12.79
22669	CHROMIUM PICOL 200	200	CAP	20.59	16.47
28092	CIRCULATION FACTORS	50	TAB	19.99	15.99
24510	COENZYME ACTIVE B6 50	30	CAP	9.99	7.99
62837	COENZYME B CMP ADV	120	VCA	49.39	39.51
62836	COENZYME B CMP ADV	60	VCA	30.99	24.79
22673	COENZYME B COMPLEX CAP	60	VCA	20.59	16.47
43981	COENZYME B COMPLEX CAP	120	VCA	30.99	24.79
24168	COQ10 100 MG	60	VCA	30.99	24.79
56783	COQ10 100 MG MEGA CTL	90	SGC	78.99	63.19
53779	COQ10 100 MG VEG SGC	60	SGC	29.99	23.99

58351	COQ10 1
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Veggie Gels

from **Healthy Origins®**

- Non-GMO and Soy Free
- All Natural
- Suitable for Vegetarians



Willner Code			Retail	Sale
66306	Astaxanthin 4 mg (Zanthin®) - Vegan	60 Vgels	\$ 24.99	\$ 16.24
66307	Astaxanthin 4 mg (Zanthin®) - Vegan	150 Vgels	\$ 54.99	\$ 35.74
66304	Lutein 20 mg (Lutemax 2020®)	60 Vgels	\$ 24.99	\$ 16.24
66305	Lutein 20 mg (Lutemax 2020®)	180 Vge	\$ 59.99	\$ 38.99
66302	Vitamin K2 as MK-7 100 mcg	60 Vgels	\$ 24.99	\$ 16.24
66303	Vitamin K2 as MK-7 100 mcg	180 Vgels	\$ 59.99	\$ 38.99
66299	Ubiquinol 100 mg Vgels (Kaneka QH - USA)	30 Vgels	\$ 29.99	\$ 19.49
66300	Ubiquinol 100 mg Vgels (Kaneka QH - USA)	60 Vgels	\$ 55.99	\$ 36.39
66301	Ubiquinol 100 mg Vgels (Kaneka QH - USA)	150 Vgels	\$ 132.99	\$ 86.44



**35% Line Drive
Every Month**

Healthy Origins®
Healthy Value from Reliable Origins

**35% Line Drive
Every Month**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal supplement?

• Those with liver disease, upset stomach, loss of appetite, heartburn; those in need of liver and gallbladder detoxification; those suffering from constipation. Dandelion is commonly used as a food. The leaves are used in salads and teas. The roots are sometime used as a coffee substitute. The leaves and roots have been used traditionally to treat liver, gallbladder, kidney and joint problems. Dandelion is categorized by many herbalists as a blood purifier, or “alterative.”

Ingredients:

Phyto-Tech™ Dandelion Root 1:1.5 contains Fresh Dandelion Root (Taraxacum officinale) 667 mg/ml, Grain Alcohol, Pule Deionized Water. Certified Organic.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water. Also available in a veggie capsule, with each Phyto-Tech™ Dandelion capsule containing 500 mg of certified organic Dandelion Root (Taraxacum officinale).

Cautions: Contraindicated in blockage of the bile ducts, acute gallbladder inflammation, and intestinal blockage.

Complimentary Formulas:

- Phyto-Tech™ Liver Support, Liquid or Vegicasps
- Phyto-Tech™ Burdock Root 1:1.5
- Phyto-Tech™ Milk Thistle Seed 1:3

Devil’s Claw

This herb, wild harvested from the Kahalari desert of Africa, has been shown to exert significant anti-inflammatory and analgesic action.

1 fl oz - Product Code: 57029

Who could benefit from this supplement?

- Those with arthritis, rheumatism, fibromyalgia, joint and muscle pain.

Ingredients:

Phyto-Tech™ Devil’s Claw 1:4 provides 250 mg of Devil’s Claw secondary tubers per 30 drops. Devil’s claw (Harpagophytum procumbens) originates from the Kalahari and Savannah desert regions of South and Southeast Africa. The part used is the secondary tubers. Currently, the major uses of devil’s claw are as an anti-inflammatory and pain reliever for joint diseases, back pain, and headache. Devil’s Claw enjoys widespread popularity as a treatment for mild joint pain throughout Europe. This use is supported by several clinical studies. Devil’s Claw also increases gastric digestive enzymes, thus aiding in protein and fat digestion. It has been known to help reduce cholesterol and uric acids in the blood, which can lead to gout.

Dosage:

20-40 drops, 2-3 times per day or as needed in juice or water. Best used long term (over 1 month continual use).

Contraindications: Gastric and duodenal ulcers. Do not use during pregnancy or if breastfeeding.

Digest Stim Complex

This formula promotes optimal digestive enzyme balance for proper digestive function. It can be categorized as a bitter digestive tonic.

Digest Stim Complex - 1 fl oz - Product Code: 56999

Digest Slim Complex - Alcohol Free

1 fl oz - Product Code: 57040

Who can benefit from using this supplement?

- Those who are deficient in digestive enzyme secretion or gastric function. Helpful in cases of indigestion, gas, sluggish bowels, bloating.
- Phyto-Tech™ Digest Stim is available in a regular, and an alcohol-free version. Most commonly, it is taken before meals.

Ingredients:

Phyto-Tech™ Digest Stim contains the following herbs: Gentian Root, Fennel Seed, Oregon Grape Root, Ginger Root, Licorice Root, Prickly Ash Bark, Blue Flag Root, Peppermint Spirits, and Potassium Carbonate. Phyto-Tech™ Digest Stim will stimulate the body to secrete more digestive enzymes (HCl, bile, pancreatic enzymes, pepsin, lipase, and saliva) which will enhance digestion. This makes absorption more possible. This formula actually makes the body secrete its own digestive enzymes if deficient instead of taking digestive enzymes by themselves. The goal is to get the body to function normally and to not rely on external enzymes.

It can be used as needed for meals that cause indigestion. Phyto-Tech™ Digest Stim can be used as a tonic for those with chronic indigestion, before or after a meal, but is best when used before the meal. Phyto-Tech™ Digest Stim also contains fennel and peppermint to soothe digestive upset and keep the digestive tract calm while digesting efficiently. This formula can be especially helpful to the elderly, where poor digestion is common. Many herbalists recommend Phyto-Tech™ Digest Stim for Candida albicans. Candida thrives in a digestive tract that under secretes, thus becoming too alkaline (digestive pH is acidic, blood pH is alkaline). Phyto-Tech™ Digest Stim is thought to increases HCl in the stomach, thus keeping it very acidic which kills parasites, bacteria, germs and keeps Candida in check. Insufficient digestive enzymes result in leaky gut syndrome and the candida/parasite/germ hypothesis that cannot be healed without increasing digestive enzymes.

Contraindications: Pregnancy; Ulcers, Irritable Bowel (Phyto-Tech™ Digest Stim may help or worsen this condition—use caution)

. . . continued on page 46

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



20741	MAG CHELATED 250 MG	90	TAB	9.99	7.99	44014	R LIPOIC ACID 100 MG	60	VCA	28.79	23.03
22734	MAG POT ASPAR T/MINS	180	TAB	23.59	18.87	16306	RUTIN 500	100	TAB	23.59	18.87
16147	MAG POT ASPARTATE TM	90	TAB	13.99	11.19	29002	SAW PALM PYGEUM	90	CAP	24.79	19.83
16096	MAX AMINO CAPS W/B6	90	CAP	20.59	16.47	16167	SELENIUM 100 YEAST FR	180	TAB	14.99	11.99
41661	MAX FOR MEN MULTI VCAP	120	VCA	32.99	26.39	16168	SELENIUM 200	90	TAB	13.99	11.19
16332	MAX FOR MEN TR	60	TAB	23.59	18.87	52804	SHARP THOUGHT	30	VCA	32.99	26.39
16333	MAX FOR MEN TR TAB	120	TAB	40.99	32.79	57841	STRESS SHIELD	60	VCA	24.79	19.83
62217	MAXI HAIR FOR MEN SGC	60	SGC	22.59	18.07	60819	STRESS SHIELD NIGHT	60	VCA	43.59	34.87
16212	MAXI HAIR MAX	60	TAB	18.59	14.87	16088	TAURINE 500 W/B6 CAP	100	CAP	11.99	9.59
16213	MAXI HAIR MAX	90	TAB	24.79	19.83	64249	THEANINE 100 MG MELTS	60	TAB	26.79	21.43
61393	MAXI HAIR PLUS VCAP	120	VCA	29.99	23.99	52693	THEANINE 200 MG	60	VCA	32.99	26.39
65086	MAXI SKIN COLLAGEN C A	90	TAB	21.99	17.59	16106	THYRO MAX	60	TAB	17.59	14.07
65087	MAXI SKIN COLLAGEN C A	2.7	PWD	16.59	13.27	16347	TOTAL MINS FE FREE TAR	120	TAB	25.79	20.63
16328	MAXINE TR FEM FOR WOM	120	TAB	40.99	32.79	51642	TOTAL MINS IRON FR VCA	150	VCA	23.59	18.87
16327	MAXINE TR FEM FOR WOM	60	TAB	23.99	19.19	16092	TYROSINE 500 W/B6 CAP	100	CAP	18.59	14.87
25769	MELATONIN 1 MG RAP/REL	120	TAB	9.99	7.99	29824	ULT FAT METABOLIZER	60	TAB	19.99	15.99
24841	MELATONIN 3 MG RAP/REL	90	TAB	12.99	10.39	29825	ULT FAT METABOLIZER	90	TAB	29.99	23.99
54827	MENS DAILY NUTRITION	60	TAB	36.99	29.59	29831	ULT PROTEIN SYS CHOCO	21LB	PWD	50.99	40.79
54828	MENS DAILY NUTRITION	120	TAB	58.99	47.19	23692	VANADYL SULFATE 5000	180	CAP	19.59	15.67
16078	METHIONINE 500 W/B6	60	TAB	12.99	10.39	16345	VANADYL SULFATE 5000	90	CAP	10.99	8.79
63271	METHYL B12 1000 CHERRY	60	LOZ	13.99	10.71	54231	VARICOVEIN MEN WOMEN	60	VCA	32.99	26.39
63270	METHYL B12 5000 CHERRY	60	LOZ	22.59	18.07	25924	WATER FACTORS MAX	90	TAB	18.59	14.87
65088	METHYL FOLATE 800 MELT	60	TAB	20.59	16.47	31896	WHEY PRO PWD NAT	24Z	PWD	47.99	38.39
16337	MULTI 100 TR W/TM	90	TAB	32.99	26.39	31746	WHEY PRO PWD NAT	12Z	PWD	26.99	21.59
65353	MULTI ADULT CHEW WAF	120	CHW	39.99	31.99	65855	WHEY PROT COCOA COC SF	11.	PWD	26.99	21.59
23989	MULTI ADULT CHEW WAF	60	CHW	19.99	15.99	44685	WHEY PROT PWD CH FD	14Z	PWD	26.99	21.59
51643	MULTI LIQ FOOD BASE	32Z	LIQ	43.59	34.87	62425	WHEY PROT PWD CH SG FR	15.	PWD	26.99	21.59
31865	N A C 750 MG	30	CAP	13.99	11.19	65856	WHEY PROT PWD COCON SF	11.	PWD	26.99	21.59
16344	N A C 750 MG	60	CAP	23.59	18.87	62426	WHEY PROT PWD VN SG FR	15.	PWD	26.99	21.59
16149	NERVE & OSTEO SUPP	180	TAB	24.79	19.83	63139	WHEY PROTEIN NAT ORG	10.	PWD	35.99	28.79
33223	OLIVE LEAF EXT 300 MG	60	CAP	13.99	11.19	44906	WHEY PROTEIN PWD VAN	12Z	PWD	26.99	21.59
58698	OMEGA 3 1000	300	SGC	36.99	29.59	54829	WOMENS HER DAILY NUTRI	60	TAB	38.99	31.19
52461	OMEGA 3 6 9 COMPLETE	180	SGC	46.99	37.59	16170	ZINC 50	100	TAB	9.99	7.99
43828	OMEGA 3 6 9 ULTRA	90	SGC	27.99	22.39	16153	ZINC 50 TM	90	TAB	9.99	7.99
16196	OMEGA 3 F B O 1000	100	SGC	17.99	14.39	32600	ZINC LOZ CHERRY W/C	60	LOZ	9.99	7.99
16197	OMEGA 3 F B O 1000	200	SGC	26.99	21.59	54581	ZINC PICOLINATE	100	TAB	11.99	9.59
43842	OMEGA 3 MOOD	90	SGC	34.99	27.99	CREATIVE BIOSCIENCE					
34051	OMEGA ULTRA	120	SGC	23.99	19.19	65051	30 DAY DIET VCAP	60	VCA	24.95	19.96
24514	PANTOTH A 500 RR W/RB	60	TAB	12.99	10.39	65046	COCONUT OIL VIRGIN	180	SGC	22.95	18.36
27245	PROSTATHENIC AC 1000 TR	60	TAB	20.59	16.47	65050	GARCINIA CAMBOGIA 1500	60	VCA	24.95	19.96
16226	PAPAYA 25 CHW	200	CHW	10.99	8.79	65054	GARCINIA CAMBOGIA SPR	2 Z	SPY	24.95	19.96
16227	PAPAYA 25 CHW	500	CHW	17.59	14.07	66191	LIVER FORM NAC MILK THS	60	VCA	24.95	19.96
16198	PHOS CHOL 1200 MG	100	SGC	20.59	16.47	65055	MERATRIM 1234 C	60	VCA	26.95	21.56
50998	PHOS SERINE (NEURO PS)	60	SGC	55.59	44.47	65048	PROBIOTICS 8 BILL GARC	60	VCA	26.95	21.56
16164	POTASSIUM 99 MG	250	TAB	14.99	11.99	D'ADAMO F/YOUR TYPE					
16175	POWER DOPHILUS	30	CAP	35.99	28.79	38760	FUCUS PLUS	60	CAP	14.95	14.95
61603	PRENATAL REAL FOOD	90	TAB	39.99	31.99	40313	O POLYFLORA	120	VCA	36.95	36.95
29811	PROSTA MAX FOR MEN	200	TAB	57.59	46.07	51145	UNIBAR BLUE ALMOND	12	BAR	25.95	25.95
16109	PROSTA MAX FOR MEN	100	TAB	32.99	26.39						
23859	PYCNOGENOL 100 MG CAP	30	CAP	58.79	47.03						
16119	PYCNOGENOL 50 CAP	24	CAP	30.99	24.79						
16120	PYCNOGENOL 50 CAP	50	CAP	51.59	41.27						

DAIWA PHARMACEUTICAL CO.				
65668	KRILL OIL 500 MG DAIWA	60	SGC	29.90 25.40
51511	PEAKIMMUNE4 250 MG	50	CAP	59.95 50.96
65113	PLASMANEX 1 D	60	VCA	60.00 51.00
DAVINCI LABORATORIES				
41193	5 HTP 50 MG	90	CAP	42.80 34.24
65690	5 MTHF B12 MC 2000	60	CAP	22.40 17.92
64155	A D K 5000/5000/500	60	CAP	30.00 24.00
66985	ADIPO LEPTIN BENEFITS	60	CAP	44.95 35.96
66983	ADRENAL BENEFITS	60	CAP	27.95 22.36
66984	ADRENAL BENEFITS	120	CAP	51.95 41.56
16965	ALL ZYME	90	TAB	18.80 15.04
43903	ALLER DMG	60	VTAB	32.80 26.24
28334	AMINO 21	90	CAP	38.40 30.72
42944	ARABINOGALACTAN PWD	100	PWD	39.60 31.68
22780	B COMPLEX 75 CAP	60	CAP	14.40 11.52
22103	B12 1000 CHW + F/A	100	TAB	14.80 11.84
44004	B12 1000 CHW METHYL FA	100	SUB	18.40 14.72
59568	B12 MC SPRAY	30	LIQ	31.20 24.96
41382	BEHAVIOR BALANCE DMG	120	VCA	46.00 36.80
63014	BERBERINE FORCE 500 MG	60	VCA	39.60 31.68
61754	BIO DIM 1 3 C COMPLEX	60	CAP	54.80 43.84
16972	BIOTIN 1000 WITH C	60	TAB	10.00 8.00
28801	BLACK CURRANT SEED GLA	180	CAP	45.20 36.16
62098	BP ELITE	120	CAP	46.00 36.80
34888	C 300 CHW CHERRY	90	CHW	16.40 13.12
22691	CAL MAG 500/200 D 50	90	TAB	12.00 9.60
16968	CAL MAG 500/200 D 50	180	TAB	21.60 17.28
50022	CAL MAG CITRATE POWDER	4.9	PWD	18.40 14.72
41015	CARB DOWN	90	CAP	36.80 29.44
41171	CAROTENE 25000 IU	180	CAP	17.20 13.76
16967	CARTILAGE +	180	CAP	44.40 35.52
42193	CHOLESTURE	90	VCA	39.20 31.36
33288	CHROMEMATE	90	CAP	13.20 10.56
42121	CLA 1000 MG TONALIN	90	SGC	38.00 30.40
41842	CLEARLY FIBER	5.8	PWD	15.20 12.16
40914	COLLAGEN NATURAL	90	TAB	49.60 39.68
41188	COLOSTRUM 600 MG	60	CAP	26.00 20.80
43334	COQ10 100 MG CHEW MELT	60	CHW	55.60 44.48
35173	COQ10 100 MG TAB	60	CHW	51.20 41.16
16970	COQ10 50 MG SUB	60	LOZ	28.00 22.40
56338	COQ10 DMG 300 300	60	CHW	90.00 72.00
67510	COQ10 LIPOSOMAL LIQ	10.	LIQ	43.60 34.88
66982	CORTISOL BENEFITS	60	CAP	46.95 37.56
41180	CRANBERRY 400 MG	60	CAP	9.20 7.36
59048	CURCUMIN C3 COMPLEX	60	CAP	33.60 26.88
67509	CURCUMIN LIPOSOMAL LIQ	10.	LIQ	42.00 33.60
45589	CX 2 SOLUTIONS	180	VCA	74.40 59.52
59382	D MANNNOSE COMPLEX PWD	30	PWD	40.40 32.32
55417	D3 1000 IU	250	TAB	11.60 9.28

60289	D3 10000 IU SPRAY	1 Z	SPY	15.60	12.48
56280	D3 5000 IU	120	CAP	25.60	20.48
64024	DAILY BEST ULTRA	60	CAP	32.40	25.92
66690	DHEA 10 MG	90	CAP	10.40	8.32
56279	DHEA 25 MG	90	CAP	11.60	9.28
59049	DHEA SPRAY 5 LIPO MICR	1 Z	SPY	18.80	15.04
50087	DIGENZYME	90	VCA	42.40	33.92
67511	DIM LIPOSOMAL LIQ	10.	LIQ	44.00	35.20
39273	DIMPRO 75 MG	60	VCA	28.80	23.04
45078	DIMPRO 75 MG	120	VCA	52.00	41.60
10387	DISC DISCOVERY	180	TAB	29.20	23.36
26573	DL PHENYLALANINE 750	60	CAP	19.60	15.68
19728	DMG GLUCONIC 125	90	TAB	30.40	24.32
10388	DMG GLUCONIC 125	60	TAB	21.60	17.28
36772	DMG GLUCONIC 250 CHW	90	CHW	49.20	39.36
43532	DMG GLUCONIC 500 MG CH	60	CHW	59.60	47.68
39866	DMG LIQ 300 MG	2 Z	LIQ	38.40	30.72
611724	E 400 MIXED TOCOPHEROL	60	SGC	28.00	22.40
66981	ESTRO BENEFITS	60	CAP	54.80	43.84
10389	GAMMA LIN 500 MG	90	SGC	19.60	15.68
56513	GI BENEFITS	384	PWD	64.80	51.84
34420	GINKGO BILOBA 60 MG	90	CAP	13.60	10.88
66274	GLUCO BENEFITS	90	CAP	55.95	44.76
40522	GLUCO SYNERGY	60	CAP	36.40	29.12
41165	GLUCOS SULF 500 MG	120	CAP	26.00	20.80
29416	GLUCOSAMINE SULF 500	60	CAP	12.80	10.24
41184	GRAPE SEED 100 MG	90	CAP	27.20	21.76
50072	GRAPE SEED EXT 100 MG	60	CAP	18.80	15.04
43239	GREEN TEA 70 ECGG	60	VCA	39.20	31.36
41177	GREEN TEA EXT 500 MG	90	CAP	13.20	10.56
42642	HAIR EFFECT	90	VCA	49.20	39.36
35996	HEALTHY EYES	90	CAP	46.80	37.44
53133	HEALTHY VEINS	60	VCA	27.20	21.76
51482	HYALURONIC ACID 40 MG	60	VCA	34.00	27.20
66980	IMMUNO BENEFITS	60		44.95	35.95
41655	IMMUNO DMG	90	VTAB	51.20	40.96
57409	IMMUNO DMG CHW	120	CHW	52.80	42.24
58871	IRON BISGLYCINATE	60	VCA	20.00	16.00
57263	JOINT SUPP DOGS MED LG	45	CHW	22.40	17.92
57261	JOINT SUPP SMALL DG CT	45	CHW	9.20	7.36
54445	K2 PLUS MK 7	60	CAP	24.40	19.52
66974	LEAN BENEFITS	60	CAP	62.95	50.36
50592	LIBIDO	90	SGC	29.20	23.36
59941	LIPOIC ACID 300 MG ALP	60	CAP	26.40	21.12
60288	LIPOSOMAL C LIQ	10.	LIQ	36.40	29.12
56262	LUTEIN 10 MG	60	VCA	21.20	16.96
42742	MAG CITRATE 140 MG	90	CAP	10.00	8.00
59050	MAG CITRATE EFFERV PWD	375	PWD	47.20	37.76
41929	MAXI HGH	10.	PWD	63.60	50.88
61283	MEGA PROBIOTIC 50 + D/FR	60	CAP	62.00	51.60
50019	MEGA PROBIOTIC ND	120	VCA	35.60	28.48
41198	MELATONIN 3 MG	120	CAP	19.20	15.36



LifeSeasons®

FORMULATED FOR LIFE



Through the purity and potency of our products, LifeSeasons® helps you find the balance between value and optimum health.

We create supplement formulas that balance the wisdom of nature and the progress of science, using clinically-tested nutrients that the body can easily absorb.*



These LifeSeasons products do not contain magnesium stearate, artificial colors, preservatives, gluten, dairy, yeast, artificial flavors or sweeteners. Capsules are 100% vegetarian.

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#lifeseasons  

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage:

In general, it is best before a meal but can be used afterward. Daily use: 15-60 drops, 2-3 times per day or as needed in juice or water. Use before or after meals. Occasional use: 30-60 drops before or after meals that create indigestion or digestive upset.

Dong Quai Root 1:3

A highly regarded, well known Chinese herb widely used for various menstrual and menopausal problems.

1 fl oz - Product Code: 57001

Who might benefit from this supplement?

- Women suffering from various menstrual irregularities;
- Women seeking to lessen the symptoms of menopause (hot flashes, mood swings, irritability)
- Women with premenstrual disorders (PMS) to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability).

Ingredients:

Phyto-Tech™ Dong Quai Root 1:3 contains Dong Quai Root, Alcohol Pure Grain, Water Pure Deionized; 333 mg/ml.

Herbalists consider Dong Quai to be an estrogen synergist. It sensitizes the binding or absorption sites where estrogen is absorbed into the body and will increase levels of estrogen. In menopause where estrogen is decreasing, it helps satisfy the bodies craving and diminishes symptoms. In PMS, Dong Quai accentuates the estrogen phase or phase from menses to ovulation. It is especially indicated for cycles longer than 28 days. It is contraindicated for cycles less than 28 days, which is estrogen excess (use Chaste Tree Berries here). Dong Quai will help bring a longer cycle back to a 28-day cycle, help bring on a crampy slow onset period and possibly help alleviate a dry vagina.

Contraindications: Pregnancy; Menses that have a cycle shorter than 28 days.

Dosage:

15-45 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berry (if cycle is shorter than 28 days or if progesterone deficient)
- Phyto-Tech™ Menopause Complex (menopausal formula)
- Phyto-Tech™ Menses Complex (if PMS)
- Phyto-Tech™ Black Cohosh Root 1:3 (hot flashes, slow onset period)

Ear Drops

Soothes aches, promotes comfort and circulation, and supports immunity, as an external ear oil.

Phyto-Tech™ Ear Drops - Product Code: 56953

Phyto-Tech™ Ear Oil - Child Friendly - Product Code: 57011

Who can benefit from this supplement?

- Children and adults with ear infections.

Ingredients:

Phyto-Tech™ Ear Drops contains the following herbs: Mullein Flower Oil, Coptis Root Oil, Garlic Bulb Oil, Arnica Montana Flower Oil, Cold Pressed Extra Virgin Olive Oil.

This product comes in two versions:

- Phyto-Tech™ Ear Drops (Code 56953)
 - Child Friendly version, Phyto-Tech™ Ear Oil (Code 57011)
- Both come in 1 fl oz bottles.

Echina Acute Complex

Liquid Herbal Extract

Designed for “acute” immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

Echina Acute Complex Liquid Drops

1 fl oz - Product Code: 56946

Echina Acute Complex Liquid Drops

2 fl oz - Product Code: 56979

Echina Acute Complex, Alcohol Free

1 fl oz - Product Code: 56974

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Ingredients:

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root

Echina Acute Complex

Liquid Veggie Caps

Designed for “acute” immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

60 Liquid Filled Veggie Caps - Product Code: 57093

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Ingredients:

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea purpurea Herb, Goldenseal

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Nutrients Help Ease Symptoms of Depression

A number of different nutritional, hormonal, and herbal treatments have been found to be effective in the treatment of depression. In many cases, an appropriately chosen "natural" treatment program produces results that are as good as, or better than, those achieved with conventional drug therapy, while causing fewer adverse side effects. In other cases, antidepressant medications are clearly more effective than natural treatments.

"Most nutritional, hormonal, and herbal treatments for depression have been studied individually, either by themselves or in combination with conventional antidepressants. Combining treatments that have a similar mechanism of action may increase both the efficacy and the adverse effects of the treatments. Examples of such interactions include L-tryptophan combined with SSRIs, and Hypericum perforatum (St. John's wort) combined with some antidepressant medications. Treatments that are thought to have different mechanisms of action, such as thyroid hormone and L-tryptophan, vitamin B12 and L-tryptophan, or most dietary modifications in conjunction with most nutritional supplements, can presumably be used safely in combination, and in some cases may be more effective than either treatment alone." (Gaby, Alan R., MD. *Nutritional Medicine*. Alan R. Gaby, M.D., 01/2011. VitalBook file.)

The following studies support the effectiveness of nutritional supplements and the synergy with conventional medical treatments.

Nutrients Complement Antidepressant Effects

A high percentage of those who have depression do not reach remission after one or two courses of antidepressant medication, and hundreds of millions currently take these drugs worldwide. To see if a nutritional approach might improve results, doctors reviewed 40 clinical trials that used vitamins and other nutritional supplements along with standard antidepressants.

Overall, those treating depression with antidepressants who added omega-3 fish oil supplements, SAMe, methylfolate--the bioactive form of folate--or vitamin D had better results than those taking antidepressants alone.

The strongest finding was for omega-3, which had a statistically significant effect over placebo.

There were no major safety concerns in combining antidepressants with nutritional supplements, and the findings suggest there is great potential to improve the mental health of people who respond inadequately to antidepressants alone, doctors concluded.

(Reference: *American Journal of Psychiatry*; 2016, Vol. 173, No. 6, 575-87)

Flavonoids Reduce Depression in Women

In this long-term study of 82,643 women,

age 36 to 80, who began the study without depression, doctors measured total flavonoids in the diet every two to four years, and chances for depression.

Women who consumed the most flavanols, flavones, and flavanones were 7 to 10 percent less likely to develop depression over the course of the study, with those at least age 65 at the start of the study showing the greatest benefit.

Those who got two or more servings per day of citrus fruit or juice were 18 percent less likely to develop depression compared to women who got less than one serving per week. Flavones and proanthocyanidins were most effective in lowering chances for depression, doctors said.

(Reference: *American Journal of Clinical Nutrition*; 2016, Vol. 104, No. 3, 704-14)

The Nutrient Curcumin Eased Symptoms in Major Depression

This new review builds on earlier antidepressant findings for curcumin.

Doctors reviewed the science through 2015 and identified six placebo-controlled studies covering 342 people with major depression. All participants continued to take prescription antidepressant medication while adding a placebo or 500 mg or 1,000 mg of curcumin per day.

After six weeks, those taking 1,000 mg of curcumin per day reported having fewer

depressive symptoms compared to placebo. Doctors found a significant improvement in depressive symptoms in middle-aged, but not in older, adults. Also, curcumin had the most significant effect in those who were otherwise healthy, while those who also had other health problems saw less significant effects.

Discussing the findings, doctors said that while the studies were short-term and involved small numbers of participants, the study methods and designs were rigorous and high-quality.

(Reference: *Phytotherapy Research*; 2016, Vol. 30, No. 2, 175-83)





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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Root, Echinacea angustifolia Root, Oregon Grape Root, Fresh Yerba Mansa Root, Myrrh Gum, Fresh Wild Indigo Root.

Echinacea Root 1:2

One of the most popular immune system stimulating herbs.

1 fl oz - Product Code: 56945

2 fl oz - Product Code: 56980

1 fl oz, Alcohol Free - Product Code: 56968

90 Veggie Caps - Product Code: 60129

Who can benefit from this herbal supplement?

- Those who need to stop an oncoming cold, flu or other infection.

Echinacea can also be helpful to those needing a long-term tonic, either due to chronic health problems or a tendence to get ill easily. “Contrary to popular myth, Echinacea is safe for long term use and will not decrease immune response over time. That myth was [based on] a misinterpretation of a [foreign language] study done about 40 years ago.”

Ingredients:

Phyto-Tech™ Echinacea Root 1:2 contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops. Also available as a veggie capsule, with each Phyto-Tech™ Echinacea capsule containing 420 mg of certified organic Echinacea Root (Echinacea angustifolia).

Echinacea Triple 1:2.1

A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.

1 fl oz - Product Code: 56994

1 fl oz Alcohol Free - Product Code: 57052

Who will benefit from this supplement?

The indications for Phyto-Tech™ Echinacea Triple are basically the same for Echinacea. This product is designed for those who prefer a combination of the three different forms of Echinacea to maximize the efficacy and “diversify” some of the active constituents.

Echinacea, of course, is best known as an immune builder for immune deficiency and for its ability to prevent or ameliorate an upcoming cold, flu or infection when used at the first sign of the condition. The larger doses shown below reflect this purpose.

Echinacea is not thought to kill microbes by itself. Instead, it stimulates the immune system to do it. It supports the healthy innate immune response. This is why one does not need to be apprehensive about taking Echinacea in the presence of auto-immune disorders.

Ingredients:

Phyto-Tech™ Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root, pure grain alcohol and purified water.

Dosage:

Acute: 3-5 droperfulls and up to 1 teaspoon (5-6 dropperfuls) every 2-3 hours when on the edge of illness. Long Term Tonic: 30-90 drops, 1-3 times per day or as needed, in juice or water.

Elderberry

Recent research shows this herb may be especially effective for those with influenza virus infections.

1 fl oz - Product Code: 57026

Who can benefit from this supplement?

- Those who suffer from influenza and similar viral infections, as well as those with cardiovascular disease and vision problems. Elderberry is rich in flavonoids, anthocyanins and other phyto-antioxidants.

Phyto-Tech™ Elderberry supplies one of the most effective herbs to use against the flu. Studies suggest this herb shortens the duration of flu symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective agains numerous strains of influenza. Elderberry can be used during an active flu episode (combined, perhaps, with Oregano Oil, Echinacea-Goldenseal, or Phyto-Tech™ Immune Acute Complex). It can also be used as a preventative to avoid getting sick during the flu season.

Elderberry 1:2 liquid extract is a very concentrated source of anthocyanins, the purple pigments that function as powerful antioxidants, along with the flavonoids quercetin and rutin, vitamin A and vitamin C.

The extract can be taken on a long term basis to increase one’s resistance to illness and help rebuild a strong immune response.

Elderberry also benefits the cardiovascular system. Those with poor night vision will be helped by Elderberry, as it is thought to help regenerate rhosopsin, the pigment in the retina that is responsible for both the formation of the photoreceptor cells and the perception of light,enabling the eyes to adapt to darkness.

Dosage:

20-40 drops, 2-3 times per day in juice or water. Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified organic Elderberry berries in each 30 drops.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



59569	MELATONIN LIPOSOMAL	30	LIQ	16.80	13.44	45272	THEANINE 200 MG	60	VCA	34.40	27.52	51788	HAND BODY LOTION COCO	8 Z	LOT	8.99	7.19	41271	DMSO 99.9% PLASTIC	8 Z	LIQ	21.39	17.11
66275	METABOLIC ARTHRI BENEF	30	CAP	39.95	31.96	54339	THYROID BASICS	120	CAP	39.60	31.68	52466	HAND REPAIR CREAM PUMP	4 Z	CRM	8.99	7.19	43313	DMSO CRM	4 Z	CRM	25.99	20.79
66975	METHYL BENEFITS	30	CAP	23.98	19.18	56512	TRI MAG 300	120	VCA	21.20	16.96	57817	HAND WASH COCONUT	8 Z	LIQ	8.99	7.19	22744	DMSO CRM 70%/30%ALOE	4 Z	CRM	28.89	23.11
66976	METHYL BENEFITS	60	CAP	47.95	38.36	DENTAL HERB COMPANY						17256	JOJOBA OIL 100% PURE	2 Z	LIQ	8.99	7.19	27940	DMSO GEL 70%CON 30%ALO	4 Z	GEL	22.59	18.07
41167	MILK THISTLE 300 MG	90	CAP	22.00	17.60	32816	TOOTH & GUM PASTE	4 Z	TUB	12.50	12.50	17257	JOJOBA OIL 100% PURE	4 Z	LIQ	13.99	11.19	40509	DMSO ROLL ON	3 Z	ROL	18.49	14.79
57121	MITO FUEL	10.	PWD	62.80	50.24	29167	TOOTH & GUM TONIC	18Z	LIQ	31.00	27.90	45380	JOJOBA OIL ORGNIC 100%	4 Z	LIQ	15.99	12.79	DOCTORS BEST					
42208	MSM 1000 MG TAB	180	TAB	26.40	21.12	29168	UNDER THE GUM	4.5	LIQ	31.00	27.90	67054	MOIST REVITALIZ OILS	2 Z	OIL	16.99	13.59	32980	5 HTP 100 MG BEST	60	CAP	17.99	14.39
62673	MULTIPHASE DETOX	90	CAP	42.00	33.60	DERMA E						67331	MORINGA JOJOBA & ROSE	2 Z	OIL	13.95	11.16	43805	5 HTP ENHANCED	120	VCA	32.99	26.39
51337	N A C 500 MG	90	VCA	17.60	14.08	53753	A & GREEN TEA CREAM	2 Z	CRM	21.99	17.59	67055	OIL CLEANS FACE CREAMY	6.4	CRM	14.95	11.96	52045	ACAI 500 MG BEST	120	VCA	23.99	19.19
52648	NATTOKINASE PLUS	60	VCA	34.00	27.20	53194	A OIL REFINING (WRINK)	2 Z	OIL	12.79	10.23	57820	SHAMPOO COCONUT	8 Z	LIQ	8.99	7.19	40437	ACETYL L CARNITINE BT	60	CAP	21.99	17.59
66701	NATURAL FLEX	90	CAP	36.00	28.80	64765	ACNE CLEANSER VERY CL	6 Z	LIQ	15.50	12.40	55659	SHAMPOO FRAGRANCE FREE	8 Z	LIQ	8.99	7.19	56666	ARGININE 500 SUST+ IM D	120	TAB	29.99	23.99
66977	NEURO BENEFITS	90	CAP	48.95	39.16	64767	ACNE SCRUB VERY CLEAR	4 Z	CRM	13.95	11.16	51433	SHAMPOO ITAL RD GR ORG	8 Z	LIQ	8.99	7.19	67375	ARGININE CMP W/ NITROS	60	TAB	39.99	31.99
35624	OLIVIR OLIVE EXT TAB	90	TAB	44.00	35.20	65844	ANTI WRINKLE A GLYCOLI	6 Z	LIQ	13.75	11.00	52464	SHAMPOO LEMON TT ORG	8 Z	LIQ	8.99	7.19	58956	ARTEMISININ 100 MG	100	VCA	51.99	41.59
41207	OLIVIR OLIVE EXT VCAP	90	VCA	44.00	35.20	30253	ANTI WRINKLE CRM A RET	4 Z	CRM	14.99	11.99	52462	SHAMPOO RASPBERRY ORG	8 Z	LIQ	8.99	7.19	64523	ASTAXANTHIN 6 MG SGC	90	SGC	49.99	39.99
43678	OLIVIR OLIVE EXT VCAP	45	VCA	23.20	18.56	62361	DARK CIRCLE EYE CRM	2 Z	CRM	29.99	23.99	17261	SHAMPOO TTO	12Z	LIQ	8.99	7.19	63617	B COMPLEX FULLY ACTIVE	30	VCA	13.99	11.19
16981	OMEGA 3 1000 ENT COAT	90	SGC	26.80	21.44	52065	DEEP WRINK PEPTIDE SER	2 Z	SER	43.50	34.80	29333	SOAP CASTILE TTO LIQ	32Z	LIQ	17.99	14.39	63836	B12 FULL ACT 1500 METH	60	VCA	8.99	7.19
57596	OMEGA 3 HP D	120	SGC	39.20	31.36	56817	DEEP WRINK REV EYE CRM	.5Z	CRM	29.99	23.99	26829	TEA TREE OIL LAVENDER	.6Z	LIQ	12.99	10.39	62893	BENFOTIAM 150 + LIPOIC	60	VCA	22.99	18.39
43304	OMEGA 3 SUPREME	90	SGC	24.80	19.84	52566	DEEP WRINKLE MOIST PPT	2 Z	CRM	43.50	34.80	17258	TTO 100% PURE	1 Z	LIQ	11.50	9.20	50017	BENFOTIAMINE 150 MG	120	VCA	29.99	23.99
66978	OSTEO BENEFITS	180	CAP	43.95	35.16	60365	DMAE ALPHA LIPOI ESTER	6 Z	LIQ	15.59	12.47	32544	TTO 20% PURE KIND SKIN	4 Z	OIL	9.99	7.99	63543	BENFOTIAMINE 300 MG	60	VCA	26.99	21.59
44135	PARA SHIELD	120	VTAB	33.60	26.88	31735	E SKIN DRY CRM 12000	4 Z	CRM	14.99	11.99	23294	TTO ECO HARVEST	2 Z	LIQ	21.95	17.56	52408	BETAINE HCI PEPS GENTN	120	CAP	14.99	11.99
10396	PERNA	90	CAP	22.40	17.92	55123	FIRMING CLEANSER	6 Z	LIQ	15.59	12.47	33679	TTO ECO HARVEST	1 Z	LIQ	13.59	10.87	67096	BIOTIN 10000 MCG	120	VCA	19.99	15.99
10395	PERNA	180	CAP	36.40	29.12	43444	FIRMING MOIST DMAE ALA	2 Z	CRM	22.49	17.99	DESIGNS FOR HEALTH						51052	BLADDER SUPPORT BEST	60	VCA	47.99	38.39
38708	PERNA PLUS	180	TAB	63.60	50.88	64789	FIRMING SERUM DMAE	2 Z	LIQ	22.50	18.00	56438	NATTO SERRAZIME	120	VCA	49.90	49.90	58400	BRAIN ENHANCERS NAT	60	VCA	36.99	29.59
36903	PERNA PLUS	90	CAP	25.00	20.00	67343	HYDRAT SCRUB HYAL ACID	4 Z	CRM	15.50	12.40	56582	NIACIN CRT 500 MG	60	TAB	21.20	21.20	61971	BRAIN MAGNESIUM	60	VCA	49.99	39.99
66832	PHYTO BENEFITS	30	CAP	13.60	10.88	59464	MICRODERMABRASIN SCRUB	2 Z	CRM	32.49	25.99	56472	OMEGAVAL ULTRA	120	SGC	46.00	46.00	58035	BROMELAIN 3000 GD 500 D	90	VCA	29.99	23.99
66831	PHYTO BENEFITS	90	TAB	21.60	17.28	29504	MOIST SOOTH OIL FR PYC	2 Z	GEL	29.95	23.96	59474	PRENATAL PRO ESSEN PAK	90	PAK	87.80	87.80	60913	C 1000 MG ASCORB ACID	120	VCA	27.99	22.39
52370	POT ASPARTATE +	250	TAB	54.40	43.52	29503	MOIST SOOTHING CRM PYC	2 Z	CRM	29.95	23.96	58350	TPST PERIOBIOT SPER FF	90M	TUB	14.00	14.00	59421	CAL BONE MAKER D	180	CAP	27.99	22.39
10397	POTEN C 1000 TR	60	VCA	52.00	41.60	33915	SCAR GEL	2 Z	GEL	19.95	15.96	DEVITA NAT SKIN CARE						60570	CARNITINE BEST 500 MG	180	CAP	64.99	51.99
20272	POTEN C 1000 TR	60	CAP	59.60	47.68	39361	PSORZEMA PSORIASIS CRM	4 Z	CRM	19.95	15.96	66514	ANTI AGING TRY ME KIT	KIT	KIT	19.95	17.95	40132	CARNITINE BEST 500 MG	60	CAP	24.99	19.99
42765	PROSTATE HEALTH VCAP	90	CAP	27.60	22.08	33915	SCAR GEL	2 Z	GEL	19.95	15.96	66928	BODY MOIST SOLAR SPF30	7 Z	CRM	28.59	22.87	64482	CARNOSINE 500 MG BEST	90	VCA	49.99	39.99
34218	PYCNOGENOL 50	120	VCA	40.40	32.32	31529	SKIN LITE SPOT CREAM	2 Z	CRM	24.95	19.96	36046	C SERUM 17%	1 Z	LIQ	36.69	32.99	50397	CELADRIN	90	CAP	24.99	19.99
43862	RAPID BALANCE G I	90	CAP	27.60	22.08	55125	SOOTH CLEANSER W/PYC	6 Z	LIQ	15.59	12.47	66517	CAPILLARY SUPPORT SER	1 Z	LIQ	37.79	34.00	45204	CINNAMON EXT BEST	60	VCA	18.99	15.19
42329	RESVERATROL 50	2.1	PWD	65.20	52.16	33202	TEA TREE & E OIL	1 Z	OIL	14.99	11.99	36044	CLEANS MOIST ALOE VERA	5 Z	LIQ	24.49	21.99	61301	COLLAGEN TYPE 1 & 3 CP	240	CAP	20.99	16.79
58316	RIGHT WHEY PWD VANILLA	90	CAP	17.60	14.08	DESERT ESSENCE						66927	CLEANSING CREAM CHAMOM	150	CRM	23.95	21.55	58038	COLLAGEN TYPE 1&3 PWD	7 Z	PWD	19.99	15.99
38411	SAW PALMETTO 320 MG	30	CHW	38.80	31.04	23235	BLEMISH TOUCH STIK TTO	.33	STK	9.99	7.99	66922	FACIAL TONER CUCUMBER	3 Z	SPY	23.49	21.15	58037	COLLAGEN TYPE 1&3 TAB	180	TAB	21.99	17.59
50593	SERENITY NOW CHW	30	CHW	12.00	9.60	55656	BODY CREAM SHEA BUTTER	6 Z	CRM	9.99	7.99	66515	HYALURONIC ACID SERUGL	1 Z	GEL	46.89	42.21	55490	COQ10 100 MG HI ABSORP	60	SGC	18.99	15.19
57264	SERENITY NOW SM DG CAT	60	CAP	41.95	33.56	58783	CLEANS ORG GENTLE NOUR	6 Z	LIQ	13.99	11.19	66520	LIP VOLUMIZER	.15	STK	22.95	20.65	57598	COQ10 100 MG HI ABSORP	120	VCA	33.99	27.19
66979	SLEEP BENEFITS	240	TAB	56.80	45.44	23246	COND TTO W/ESS OILS	12Z	LIQ	8.99	7.19	36049	MOIST EVENING RICH NUT	2.5	LIQ	25.49	22.95	54710	COQ10 100 MG SGC HI AB	120	SGC	33.99	27.19
16979	SPECTRA	120	TAB	37.20	29.76	51436	CONDITION RED GRAP ORG	8 Z	LIQ	8.99	7.19	66921	MUD MASK CAPP COCOA	3 Z	CRM	16.95	15.25	28409	COQ10 100 MG MG HI AB	30	VCA	10.99	8.79
16978	SPECTRA	240	TAB	66.00	52.80	57821	CONDITIONER COCONUT	8 Z	LIQ	8.99	7.19	66923	MUD MASK TOMATO ITAL	3 Z	CRM	16.99	15.28	35706	COQ10 100 MG VCAP	60	VCA	18.99	15.19
42432	SPECTRA GREENS PWD	12.	PWD	44.00	35.20	67056	FACE OIL BALANCING	.96	LIQ	17.99	14.39	66929	PROTECT MOIST SOLAR	2.5	CRM	26.49	21.19	42104	COQ10 200 MG HI ABSORB	60	VCA	29.99	23.99
29211	SPECTRA MAN	240	TAB	29.60	23.68	67057	FACE OIL RESTORATIVE	.96	LIQ	17.99	14.39	66516	SKIN BRIGHTENING SERUM	1 Z	LIQ	29.59	26.64	51572	COQ10 400 MG HI ABSORB	60	VCA	51.99	41.59
37803	SPECTRA MAN	120	TAB	64.80	51.84	29332	FACE WASH TTO	32Z	LIQ	17.99	14.39	66518	S										



New and Noteworthy at Willner Chemists

Written by: Don Goldberg

I am pleased to announce that several new and exciting products have recently been added to the Phyto-Tech™ herbal supplement line. I would like to alert you to those items. Some, I feel are especially interesting. More detailed information on each product can be found in the "Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements" found elsewhere in this catalog.

Elderberry Pelargonium Complex

For the common cold? . . . or the flu? With this formula, a combination of Elderberry and Pelargonium (Umckaloabo), you are covered either way!

90 Veggie Caps - Product Code: 67462

I cannot help but be most impressed with those herbs and supplements whose efficacy is supported by scientific research in addition to tradition and/or word or mouth or marketing claims. Both Elderberry and Pelargonium (Umcka or Umckaloabo) both fall in this category. Elderberry, however, is especially effective as a treatment for the flu, while Pelargonium is thought to be more effective for the common cold and upper respiratory infections. The problem is that many people are unsure, especially in the early stages, of what they are coming down with a common cold, or the flu? The solution, take a combination of the two! What could be easier and more convenient? A simple idea, but sometimes simple is best. This is a product that should be kept on hand for use at the first symptoms of the cold or the flu.

Mushroom Immune Complex

90 Veggie Caps - Product Code: 67461

A synergistic blend of 14 powerful organic mushroom mycelia specifically chosen for their powerful action on the immune system.

One of the most fascinating and promising supplement categories is mushrooms. We assume the medicinal value of these mushrooms is due to their beta-glucan content, but this is not known for sure. Traditionally, these mushrooms have been considered to have powerful adaptogenic and immune system modulating actions, as well as an effect on cholesterol, diabetes, etc.

We already have an excellent mushroom extract blend, Phyto-Tech™ Mushroom Extract Complex. (Liquid Extract: 1 fl oz, Product Code: 57002) This product contains three mushroom extracts (Shiitake, Reishi, and Maitake Mushroom, along with Fresh Ashwagandha Root.) It is available as a liquid.

The new product is a dry capsule, and contains a synergistic blend of 14 different mushrooms. Each 525 mg Phyto-Tech™ Mushroom Immune Complex vegetarian capsule contains the following: Certified Organic Mushroom Mycelium of: Maitake, Reishi, Turkey Tail (Coriolus), Chaga, Cordyceps, Shiitake, Lions Mane, Poria cocos, Fomes fomentarius, Agaricus blazei, Mesima, Tremella, Velvet Foot, Zhu Ling (Polyporus umbellatus).

While both products have adaptogenic and immuno-modulating action, I suggest the liquid extract (Mushroom Extract Complex) be considered more as an adaptogen and the new, encapsulated product, Mushroom

Immune Complex, be considered primarily for its effect on the immune system.

Glucosamine Plus

A synergistic blend of Glucosamine, Chondroitin, MSM plus Devil's Claw for effective relief of arthritic and joint discomfort. Devil's Claw sets this formula apart due to its proven anti-inflammatory action.

120 Veggie Caps - Product Code: 67473

What is new and exciting about this product? There are many products already on the market that contain glucosamine, chondroitin and MSM. This product, however, also contains the herb Devil's Claw.

When I was involved with one of the major herbal companies in France, I was introduced to the herb Devil's Claw. It was one of the most popular herbs in Europe, because of its anti-inflammatory action. It was featured in Pharmacies, alongside pharmaceutical products, as a treatment for arthritis, joint pain and stiffness, etc. There were published studies that showed that Devil's Claw was as effective as popular prescription anti-inflammatory drugs, without the side effects.

Here are some recent examples. For back pain, devil's claw seems to lessen nonspecific low-back pain (4 studies). Some evidence suggests that an aqueous extract of devil's claw at doses of 30-100 mg of the harpagoside constituent daily seems to decrease low back pain similarly to rofecoxib (Vioxx) 12.5 mg and other non-steroidal anti-inflammatory drugs (5 studies).

For osteoarthritis, taking devil's claw alone or in conjunction with nonsteroidal anti-inflammatory drugs (NSAIDs) seems to help decrease osteoarthritis-related pain (9 studies). Some evidence suggests that devil's claw is comparable to diacerhein (a slow-acting drug for osteoarthritis; not available in the US) for improving osteoarthritis pain in the hip and knee after 16 weeks of treatment. Patients taking devil's claw also seem to be able to decrease use of NSAIDs for pain relief (2 studies). These studies used a specific powdered devil's claw root product containing 2% of the constituent harpagoside and 3% total iridoid glycosides (2 studies).(Natural Medicines Database).

Devil's claw (Harpagophytum procumbens) extract used medicinally is derived from the dried tuberous roots of a plant which originates from the Kalahari and savannah desert regions of southern and southeastern Africa. In these areas, devil's claw has historically been used to treat a wide range of conditions

Two veggie caps of Glucosamine Plus provide: Glucosamine Sulfate 750mg, Chondroitin Sulfate 600mg, MSM (Methylsulphonylmethane) 250mg, Selectively Imported Devils Claw Root (5% Harpagosides) 50mg.

Immune Acute Complex

A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention

Fresh Ground Veggie Caps - 90 Veggie Caps
Product Code: 67470

This formula has previously only been available as a liquid herbal extract (Product Code: 57728), but it is now available, also, as a fresh ground veggie capsule. Each serving (2 veggie caps) of Phyto-Tech™ Immune Acute Complex Capsules provides the following: 250mg Organic Astragalus Root, 150 mg Organic Echinacea angustifolia Root, 140 mg Organic Garlic Bulb, 80mg Organic Maitake Mushroom, 80mg Organic Shiitake Mushroom, 50mg Forsythia Fruit, 50mg Honeysuckle Flower, 50mg Isatis Root, 10mg Beta Glucan 3/6/9.

Allergy Relief

A blend of quercetin, vitamin C, bromelain and herbs that exerts an antihistamine and anti-inflammatory action effective for those with allergy symptoms.

120 Veggie Caps - Product Code: 67459

Just in time for the hay fever season, this new allergy relief formula is certain to help you cope. A synergistic combination of vitamins (vitamin C and quercetin), herbs (nettle and eyebright) and enzymes (bromelain) with anti-histamine, anti-inflammatory action. Full details can be found in the alphabetical Phyto-Tech™ monograph listings.

Cranberry Mannose

An herbal nutrient blend designed for those with frequent urinary tract infections.

60 Veggie Caps - Product Code: 67467

Two of the most effective natural agents for preventing and alleviating urinary tract infections, cranberry extract and d-mannose are combined, along with vitamin C, into one convenient supplement. Two capsules, up to three times daily, is the recommended dosage.

Liver Support Caps

Standardized Powder Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

90 Veggie Caps - Product Code: 67454

Given the times we live in, and the challenges from our environment, detoxification and optimal liver function is increasingly important. This powerful herbal blend can be used as a systemic (all over) cleansing stimulant, a specific liver stimulant to increase all liver function, a liver protectant, a treatment for liver stagnation or deficiency, skin cleanser via liver cleansing and a bile stimulant that will increase fat digestion and protein synthesis.

Just look at the composition of this formula: Each Veggie Cap contains: Oregon Grape Root, 100 mg, Milk Thistle Seed & Extract, 100 mg, providing 40 mg Silymarin, Yellow Dock Root, 75 mg, Dandelion Root, 75 mg, Burdock Root, 50 mg, Red Root, 25 mg.

For full details, please refer to the Liver Support monograph in the Phyto-Tech™

listings throughout this catalog.

Maca Enhanced

An enhanced form of Maca, valued for its effect on Libido, Male and Female Hormonal Balance, Stress and Fatigue.

90 Veggie Caps - Product Code: 67456

4 oz Powder - Product Code: 67457

A native Peruvian herb, Maca's traditional use for enhancing overall vigor and fertility has been confirmed by animal studies showing it promotes libido, sexual potency and energy. Now available in a veggie capsule and as a powder (see above), in addition to the liquid fluid extract.

Why "enhanced?" Blending raw and gelatinized Maca is thought to enhance the bioavailability and potency of Maca. A four to one ratio of raw to gelatinized is utilized in these two formulas.

Moving On

A natural, effective herbal laxative formula for those occasions when constipation or need for detoxification calls for stronger measures.

90 Veggie Caps - Product Code: 67472

Sometimes fiber alone just won't do it. You need something a bit more stimulating. This blend of natural, laxative and bowel stimulating herbs is designed to ensure that "this too shall pass."

Phyto-Tech™ Moving On encourages healthy bowel movements and restores tone to weakened bowels. It will help to increase digestion by increasing digestive enzymes, improve assimilation, and stimulate elimination to provide fast and effective relief of constipation and underactive bowels. The formula increases peristalsis (the wave-like contraction that pushes contents through the bowel or colon). Moving On stimulates bile and digestive enzyme production, which strengthens the gastrointestinal tract. It also enhances liver function and helps retain moisture in the intestines. Moving On is a non-cramping, gentle formula.

Glycemic Support Complex

A blend of herbs designed to normalize blood sugar metabolism

90 Veggie Caps - Product Code: 67453

The general consensus among medical experts is that we are experiencing an increase of diabetes and related problems approaching epidemic proportions. Thus, the need for products of this type. In simple terms, Glycemic Support Complex supports healthy glucose metabolism and insulin activity. It is indicated for those with adult onset type 2 diabetes and those with pre-diabetes to assist in controlling elevated glucose and lipid concentrations. It can also be used by healthy individuals to maintain normal blood sugar levels and avoid future problems.

Please see full details in the Phyto-Tech™

. . . continued on page 51

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease. Consult your health care professional for guidance.*



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Elderberry Pelargonium Complex

For the common cold? or the flu?

With this formula, a combination of Elderberry and Pelargonium (Umckaloabo), you are covered either way!

90 Veggie Caps, Product Code: 67462

Who might benefit from this product?

- Those suffering from the common cold or the flu
- Those exhibiting the following symptoms: sore throat, cough, sinusitis, bronchitis, congestion, headache, body aches, fever, scratchy throats.

Ingredients:

Each 2 vegetarian capsules contains the following:
Organic Elderberry Fruit 750 mg, Wildcrafted Elderberry Flower 100 mg, Selectively Imported Pelargonium sidoides Root (Umckaloabo) 100 mg.
The vegetarian capsule contains: Modified Vegetable Cellulose

Properties:

These two herbs have been shown to exert the following properties:
Anti-Viral, Anti-Bacterial, Immuno-Protective, Immuno-Stimulating, Immuno-Modulating, Antioxidant

Indications:

Elderberry Pelargonium Complex is a unique formula that combines both Elderberry and Elderflower with Umckaloabo Root. It helps strengthen the immune system and provides immediate and effective immune support. Elderberry Pelargonium Complex can be used as a preventative to increase resistance to illness and help rebuild a strong immune response, or it can be taken when already ill to reduce symptoms and shorten the duration of the illness. Elderberry is one of the most effective herbs to use for flu. Studies report the herb shortens the duration of flu

symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. The herbs constituents neutralize the activity of the hemagglutinin spikes found on the surface of several viruses, causing the viruses to deactivate so they are unable to infect cells. Elderberry can be used during an active flu, or used as a preventative to avoid getting sick during the flu season.

Elderberry is a very concentrated source of anthocyanins, purple pigments that serve as powerful antioxidants. These anthocyanins enhance immune function and protect the body against disease by boosting the production of cytokines (proteins that regulate immune response), including tumor necrosis factor-alpha and interleukins. Elderberry also contains the flavonoids quercetin and rutin, and is high in vitamins A and C.

Umckaloabo is indicated for reducing the symptoms and shortening the duration of upper respiratory ailments, such as colds, bronchitis, sinusitis, coughs, sore throat, congestion, muscle aches, headaches and fever. It is a safe and effective herbal formula that can be used by both adults and children as an alternative to over the counter cold and sinus medications. Umckaloabo is made from an extract of the Pelargonium sidoides root. P. sidoides was first cultivated in South Africa where it has a long history of use in treating coughs, upper respiratory infections and throat irritations. Umckaloabo can provide fast relief from the uncomfortable symptoms of viral illnesses such as colds and most bronchial infections. A study published in 2007 tested P. sidoides effects on 207 patients aged 18-55 years who presented common cold symptoms. The patients in the P. sidoides treatment group had a significant reduction in symptoms such as nasal drainage, sore throat, nasal congestion, sneezing, scratchy throat, hoarseness, cough, headache, muscle aches and fever. Clinical trials in adults and children diagnosed with acute

bronchitis show that treatment with P. sidoides reduces the severity of symptoms, such as coughing, expectoration, chest pain, shortness of breath and wheezing, and shortens the duration of sick leave from work or school by 2 days. In 2008 a meta-analysis of 4 randomized clinical trials showed P. sidoides to be superior in efficacy compared with placebo in the treatment of acute bronchitis. Researchers concluded that P. sidoides offers an effective alternative to antibiotics.

Extracts of the P. sidoides root are antibacterial and immunomodulating. Studies have identified gallic acid and its methyl ester to be the prominent immunomodulatory constituents of P. sidoides, with both compounds demonstrating significant macrophage (white blood cell) activity. Numerous other studies document P. sidoides’ antibacterial activity and confirm the roots’ efficacy in treating the common cold, sore throat and bronchitis. Coumarins, phenolics and unsaturated fatty acids, especially linoleic acid, from P. sidoides demonstrate direct antibacterial activity and significant immune stimulation of the host.

A 2007 study published in Phytomedicine examined the impact of P. sidoides on the activity of human peripheral blood phagocytes and found several important components contributing to the roots’ biological activity. The study reported P. sidoides increased phagocytosis (a major mechanism used by the immune system to remove pathogens from the body), increased oxidative bursts (the rapid release of reactive oxygen species from immune cells to destroy foreign bacteria), and increased intracellular killing of test organisms.

Complimentary Formulas & Single Herbs:

- Echinacea-Goldenseal (active infections)
- Respiratory Complex (to decongest and clear the respiratory)

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



58042	D3 5000 IU	180	SGC	11.99	9.59	43807	R LIPOIC ACID 100 MG	60	VCA	33.99	27.19	10190	BORAGE OIL GLA 240	90	SGC	30.00	24.00	58023	GLYCINE 500 MG	60	CAP	13.20	10.56
60236	D3 5000 IU SGC	360	SGC	20.99	16.79	59341	R LIPOIC ACID 100 MG	180	VCA	89.99	71.99	53444	BRAIN CALM	60	VCA	26.30	21.04	27055	GSN 250	90	CAP	89.40	71.52
62796	DHA 200 MG VEG ALGAE	60	SGC	39.99	31.99	30003	RED WINE EXT FRN GR 60	90	CAP	12.99	10.39	43503	BRAIN ENERGY	60	CAP	29.00	23.20	55548	GTG CHROMIUM 200	100	VCA	9.40	7.52
60238	DHA 500 SGC CALAMARI	60	SGC	27.99	22.39	54703	RESVERATROL 100 MG	60	VCA	24.99	19.99	51113	BRAIN MEMORY	60	VCA	43.00	34.40	31788	HAWTHORNE MAX V	60	VCAP	16.40	13.12
60272	DHA 500 SGC CALAMARI	180	SGC	69.99	55.99	58203	RESVERATROL 200 TRANS	60	VCA	34.99	27.99	43502	BRAIN MOOD	60	CAP	55.50	44.40	38371	HOMOCYSTROL + TMG	90	VCAP	31.00	24.80
33352	DIGESTIVE ENZYME BEST	90	CAP	39.99	31.99	57385	SAM E 200	60	TAB	39.99	31.99	19068	BROMELAIN 5000 M.C.U.	60	CAP	9.40	7.52	33578	IMMU SUPPORT FORM	120	TAB	43.00	34.40
53624	EPICOR 500 MG	60	VCA	34.99	27.99	51053	SAM E 400 DOUB STR	30	TAB	39.99	31.99	26251	C + 500 NATURAL	250	TAB	24.60	19.68	36225	IPRIFLAVONE 300 MG	60	CAP	23.90	19.12
62920	ESTRO G 100	30	VCA	26.99	21.59	60235	SAM E 400 DOUB STR	60	TAB	71.99	57.59	50654	C 1000 MG	250	CAP	30.60	24.48	39295	IRON TIME RELEASE	90	TAB	11.10	8.88
61972	FISETIN 1000 W/COGNES	30	VCA	27.99	22.39	40935	SAW PALM 320 MG	60	SGC	25.99	20.79	26526	CAL 6 + MAG 250/125	250	TAB	18.30	14.64	60999	K2 VITAMINE 90 MCG	60	VCA	28.60	22.88
60481	FOLATE 400 FULLY ACTIV	90	VCA	13.99	11.19	51739	SERRAPEPTASE BEST	90	VCA	24.99	19.99	38470	CAL CITRATE 250 MG	250	TAB	18.30	14.64	56736	LICORICE RT V DEGLY	90	VCA	19.00	15.20
52551	FUCODAN 70% BEST	60	VCA	55.99	44.79	58720	SERRAPEPTASE BEST	270	VCA	69.99	55.99	66821	CAL MAG 1001	180	TAB	21.70	17.36	43612	LIPANASE	90	TAB	26.50	21.20
43714	GINGKO EXTRA STRENGTH	120	CAP	14.99	11.99	58722	SERRAPEPTASE HI POTENC	90	VCA	51.99	41.59	58302	CALCIGUARD 1:1 CA/MG D	90	TAB	13.20	10.56	34925	LIPOIC ACID 100 MG	60	CAP	24.30	19.44
34446	GLUCOS CHOND MSM	240	CAP	46.99	37.59	62647	SPIRULINA 500 MG ORG	180	TAB	13.49	10.79	43611	CAPRYLEX	90	TAB	19.30	15.44	29668	LIPOIC ULTRA FORTE	60	CAP	93.50	74.80
34445	GLUCOS CHOND MSM	120	CAP	25.99	20.79	56481	SUNTHEANINE 150 MG	90	VCA	29.99	23.99	44782	CARDIO EDGE	120	VCA	49.40	39.52	39280	LUTEIN PLUS 20 MG	60	CAP	58.80	47.04
61286	GLUCOS CHOND MSM & HYL	150	CAP	42.99	34.39	45188	SYNTHINOL 150 MG	60	SGC	31.99	25.59	60928	CARNITINE 250 MG	60	CAP	22.90	18.32	51906	LYCOPENE 5 MG	90	SGC	25.80	20.64
31495	GLUCOS MSM SYNERGISTIC	180	CAP	19.99	15.99	62649	TOCOTRIENOLS 50 TOCOMM	60	SGC	24.99	19.99	45524	CARNITINE 500 MG MAX	60	CAP	51.60	41.28	44465	LYSINE 500 MG	250	CAP	25.00	20.00
35271	GLUCOS SULF 750 MG	180	CAP	19.99	15.99	52210	TRYPTOPHAN 500 MG	90	VCA	33.99	27.19	55930	CARNOSEINE 500 MG	30	CAP	29.60	23.68	19058	MAG ASPARTATE 100	100	CAP	11.10	8.88
51738	GOJI BERRY EXT BEST	120	VCA	19.99	15.99	61303	UBIQUINOL 200 BEST SGC	30	SGC	49.99	39.99	66442	CHLORELLA PLUS	90	CAP	22.40	17.92	19059	MAG ASPARTATE 100	250	CAP	23.20	18.56
62917	HESPER METH CHALC 500	60	VCA	29.99	23.99	57386	UBIQUINOL COQ10 100 MG	60	SGC	49.99	39.99	23583	CHOLINE BITARTRATE	100	CAP	14.00	11.20	34902	MAG CITRATE 150 MG	90	CAP	12.60	10.08
61285	HYALURONIC ACID 100 CH	60	TAB	39.99	31.99	54289	UBIQUINOL COQ10 50 BST	90	SGC	39.99	31.99	23448	CHROM PICOL 250 MCG	100	CAP	16.00	12.80	66661	MAG GLYCINATE 100 MG	240	TAB	37.10	29.68
50520	HYALURONIC ACID 50 CHN	60	CAP	21.99	17.59	54660	VEIN SUPPORT BEST	60	VCA	26.99	21.59	55546	CITRUS D10 100 MG	60	TAB	56.80	45.44	32743	MAG GLYCINATE 100 MG	120	TAB	19.70	15.76
58881	HYALURONIC ACID 50 CHN	180	CAP	57.49	45.99	64273	VISION ENHANCERS NAT	60	SGC	24.99	19.99	61747	CLA	120	SGC	29.70	23.76	19060	MAG POT ASPARTATE	100	CAP	14.50	11.60
67210	JOINT FLEX W/UC II D	60	VCA	59.99	47.99	50109	ZINC CARNOSINE PEPP GI	120	VCA	34.99	27.99	61555	CO BIOTIC	60	VCA	48.70	38.96	19061	MAG POT ASPARTATE COMP	250	CAP	34.80	27.84
56482	K2 VIT 45 MCG MENAD7	60	VCA	15.99	12.79	DOUGLAS LABORATORIES					67381	COGNI FLEX	60	CAP	51.60	41.28	38814	MAG TAURATE 400	120	TAB	19.70	15.76	
58928	KRILL REAL 350 MG	60	SGC	26.99	21.59	29256	ACETYL L CARNITINE 500	60	CAP	21.70	17.36	65665	COLOSTRUM PWD	6.3	PWD	65.70	52.56	64128	MAGNESIUM LIQ	8 Z	LIQ	25.80	20.64
58929	KRILL REAL ENH + OMEGA	60	SGC	36.99	29.59	60491	ACETYL L CARNITINE 500	120	CAP	41.00	32.80	63807	CORVALEN D RIBOSE CHW	90	CHW	42.00	33.60	52024	MAGNESIUM OXIDE	250	CAP	13.80	11.04
59737	LIPOIC ACD 600 MG BEST	180	VCA	49.99	39.99	10171	ADDED PROT NO CU/FE	180	TAB	36.50	29.20	59706	CORVALEN D RIBOSE PWD	9.9	PWD	48.60	38.88	50352	MANGANESE CHEL 50 MG	90	TAB	8.80	7.04
45186	LIPOIC ACID 600 MG	60	VCA	19.99	15.99	30346	ADDED PROT NO FE	180	TAB	36.50	29.20	54709	CORVALENM MAG MALIC	122	PWD	61.80	49.44	23811	MCT OIL	8 Z	LIQ	17.80	14.24
40017	LIPOIC ACID BEST 150	120	CAP	12.99	10.39	10172	ADDED PROTECTION W/CU-F	180	TAB	36.50	29.20	60172	CRAN MAX	60	VCA	24.90	19.92	22615	MELATONIN 3 MG SUB	60	TAB	13.20	10.56
55156	LUMBROKINASE 20 MG	60	VCA	79.99	63.99	59169	ADRENO MEND	120	VCA	55.00	44.00	66809	CYSTO RENEW BLADD SUPP	120	CAP	46.00	36.80	39454	MELATONIN P.R 3 MG	180	TAB	33.70	26.96
55355	LUTEIN 20 MG FLORAGLO	60	SGC	23.99	19.19	35007	ADREN PLUS 300	120	CAP	34.80	27.84	54900	D3 & K LIQ 1000 IU	1 Z	LIQ	46.80	37.44	63661	METABOLIC REJUVENATION	KIT	KIT	129.00	103.20
67395	LUTEIN LUTEMAX & MESO	60	SGC	19.99	15.99	10207	AMINO IRON 18	100	TAB	8.80	7.04	59561	D3 5000 IU	100	TAB	11.60	9.28	52269	METHYL B12 1000 MCG	30	LIQ	14.10	11.28
23739	MAG HIGH ABSORPTION	120	TAB	19.99	13.59	25582	AMINO MAG 200 CHEL	100	TAB	13.90	11.12	60529	D3 LIQ 30 ML	30	LIQ	24.00	30.48	27141	MILK THISTLE MAX V	60	VCA	26.90	21.52
35270	MAG HIGH ABSORPTION	240	TAB	29.99	23.99	19024	ANTI OXIDANT	90	CAP	27.50	22.00	43563	DHA HIGH QUELL 775 MG	60	SGC	38.10	30.48	22144	MOLYBDENUM 500	60	CAP	12.00	9.60
58527	MERIVA PHYTOSOME CURCU	60	VCA	26.99	21.59	42078	ARGININE 500 MG	60	CAP	10.60	8.48	29305	DHEA 10 MG	100	CAP	14.50	11.60	40062	MOVE ACTIVE W/UC II	30	CAP	34.00	27.20
62063	MERIVA PHYTOSOME CURCU	180	VCA	72.99	58.39	24378	BASIC PREV 5 NO FE	180	TAB	39.20	31.36	27895	DHEA 25 MG	60	CAP	17.80	14.24	57481	MSM 750 MG CAP	100	CAP	24.10	19.28
30005	MSM 1000 MG	180	CAP	18.99	15.19	27327	ASCORBPLEX 1000 BUFF	180	TAB	39.20	31.36	39279	DHEA 25 MG SUB	120	TAB	31.60	25.28	60900	MULTI PROBIOTIC 15 BIL	60	CAP	39.40	31.52
42860	MSM 1500 BEST TABS	120	TAB	14.99	11.99	40190	ATP 20	60	TAB	20.90	16.72	30133	DHEA 25 MG SUB	60	TAB	15.50	12.40	65197	MULTI PROBIOTIC 40 BIL	60	VCA	34.00	27.20
33018	MSM BEST PWD 250 GMS	250	PWD	16.99	13.59	29662	AYUR GUGULIPID	90	CAP	20.90	16.72	33985	DHEA 5 MG SUBLINGUAL	100	TAB	11.20	8.96	30101	MULTI PROBIOTIC 4000	100	CAP	31.80	25.44
63717	MULTIPLE BEST	90	VCA	39.99	31.99	60500	B COMPLEX W/MEATFOLIN	60	VCA	23.60	18.88	66717	DHEA 50 MG	100	CAP	23.60	18.88	66717	MULTI VITAM LIQ 230 ML	230	LIQ	41.10	32.88
61454	N A C 600 DETOX REGUL	60	VCA	10.99	8.79	43521	B12 2500	60	TAB	17.20	13.76	30144	E 400 CMP MIXED	100	SGC	30.90	24.72	63785	MULTIVITAMIN KLN ATHL	60	TAB	36.00	28.80
66174	NATTO SERRA BEST	90	VCA	37.99	30.39	10182	BASIC PREV 1 + CU/FE	180	TAB	41.40	33.12	66901	ENDOCRINE COMPLETE	120	VCA	48.00	38.40	24222	N A C 500 MG	90	VCA	25.80	20.64
44740	NATTOKINASE 2000 FU	90	VCA	23.99	19.19	10178	BASIC PREV 2 NO CU/FE	180	TAB	33.70	26.96	61550	EPA DHA PLUS D QUELL	60	SGC	54.70	43.76	32716	NEUROTONE	120	TAB	82.80	66.24
63616	NATTOKINASE 2000 FU	270	VCA	65.99	52.79	10181	BASIC PREV 3 + FE/CU	180	TAB	39.00	31.20	27673	FLAVONALL	60	TAB	64.							



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



- Immuno Acute Complex(to strengthen immune system)
- Lymphatic Complex (for lingering colds/flu)
- Oregano Oil 70 (broad-spectrum antimicrobial)
- B-Complex Vitamins and Vitamin D3 (nutritional support for immunity)

Dosage:

2 caps, 1-2 times per day or as needed.

Eleutherococcus 1:2

Also known as Siberian Ginseng, Eleutherococcus is an adaptogenic, immuno-modulating herb.

1 fl oz - Product Code: 57018

Who will benefit from this herb?

- Those suffering from stress, fatigue, burn out, and frequent colds brought on by stress.

Phyto-Tech™ Eleutherococcus 1:2 provides 500 mg./ml (30 drops) of Eleuthero senticosis root.

As a true adaptogenic herb, it modulates how the body responds to stress by being a hormonal tonic to the stress axis—the hypothalamus, pituitary, and adrenal glands. By enhancing the body's ability to adapt to stress, the body can perform at a higher level. Too much stress creates chemical changes in the body that create a host of problems. Eleuthero prevents this from happening.

Eleuthrococcus is ideal for those who the more hot, stimulant ginsengs would be innapropriate, i.e. "those with passion and fire." Eleuthero is not a true ginseng. It is the only non-heating ginseng, so it is indicated for those who have an adverse effect from Chinese or American ginseng, but still want what ginseng can do for them. It is a great long-term tonic for those who simple do too much and want to avoid burn out.

Caution: German Commission E recommends caution if you have high blood pressure.

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Dosage:

20-60 drops, 2-3 times a day, or as needed, in juice or water. Consider it a Long-term tonic, and do not expect immediate results (allow one to three months).

Eyebright 1:3

Historically, considered the "cure for all evils of the eye."

1 fl oz - Product Code: 57077

Who would benefit by using this herb?

- Those with hayfever, allergies, respiratory congestion, sinus infections, allergic conjunctivitis and allergic ear infections. In other words, Eyebright can be considered environmental allergy tonic.

Eyebright is widely used as a topical treatment for various eye conditions, but due to concerns about potential microbial contamination and hygenic problems, we do not recommend this. For eye problems, including blepharitis, conjunctivitis and styes, use it orally as an adjunct to ophthalmic medication.

Ingredients:

Phyto-Tech™ Eyebright contains Eyebright Herb (Euphrasia officinalis), wild harvested, in a 1:3 ratio (333 mg/ml) (30 drops), in a base of grain alcohol and purified water.

Dosage:

30-60 drops 2-3 times per day or as need in juice or water. For acute allergy attacks, take 60-90 drops 3-4 times per day for 2-3 days.

Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused more on its apparent hypoglycemic actions.

Liquid 1 fl oz - Product Code: 57081

90 Veggie Caps - Product Code: 67458

Who might benefit by taking this herb?

- Those with Type 2 diabetes, blood sugar swings, insulin resistance.
- Those with high cholesterol, arteriosclerosis, high triglycerides and digestive problems.

Ingredients:

Each 1 ml (30 drops) of liquid extract contains 333 mg of full spectrum, organic Fenugreek Seed (Trigonella foenum-graecum); Each veggie cap contains 575 mg of full spectrum, organic Fenugreek Seed.

Indications:

Fenugreek, native to Asia and Southeastern Europe, has a long history of use as both a spice and a medicine. The seeds are composed of fiber, primarily the water-soluble fiber galactomannan, proteins, lipids, steroidal saponins, alkaloids, and C-glycoside flavones. The taste and odor of Fenugreek resembles maple syrup.

Animal and human studies have shown Fenugreek reduces blood glucose levels by slowing absorption of sugars in the stomach and stimulating insulin production. Patients with mild diabetes taking Fenugreek were able to reduce or stop drug therapy due to better blood glucose control. Fenugreek fiber supplementation was found to reduce hunger, increase satiety and the postprandial insulin response in obese subjects. It also has been shown to reduce serum cholesterol and in patients with hypercholesterolemia. Taking Fenugreek seed powder capsules reduced total cholesterol and low-density lipoprotein (LDL) cholesterol. Fenugreek helps stimulate milk production in lactating women. Research has shown it can increase milk production within 24 to 72 hours of consumption. It can also stimulate uterine contractions and induce labor, therefore it is not recommended during pregnancy.

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New and Noteworthy at Willner Chemists (continued)

monograph section.

Adrenal Adaptogen Complex

Supports healthy adrenal gland function, optimizing the body's handling of stress induced fatigue, immune deficiency and debility.

90 Veggie Caps - Product Code: 67452

Ashwagandha Root

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy. Fresh ground vegetarian capsule and liquid herbal extract.

Ashwagandha Root 1:1.5 - 1 fl oz
Product Code: 57008

NEW: 90 Veggie Caps - Product Code: 67465

Bacopa

Bacopa has been used in Ayurvedic medicine as a brain tonic, sedative and anti-epileptic. It enhances cognitive function while, at the same time, reducing anxiety.

90 Veggie Caps - Product Code: 67469

Cordyceps

Traditional medicinal "mushroom" (parasitic ascomycete fungi), Cordyceps sinensis, also known as Caterpillar Mushroom or Caterpillar Fungus, from China, Nepal and Tibet.

60 Veggie Caps - Product Code: 67468

Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused more on its apparent hypoglycemic actions.

Liquid 1 fl oz - Prod Code: 57081
*NEW: 90 Veggie Caps, Prod Code: 67458

Oregano Plus

A broad-spectrum formula that provides powerful anti-microbial action and immune support.

90 Veggie Caps - Product Code: 67465

Each veggie cap contains: Organic Oregano Leaf 285mg, Organic Garlic Bulb 66mg, Organic Onion Bulb 66mg, Organic Ginger Root 25mg, Organic Cayenne Fruit 10mg

Red Yeast Rice Q10

A naturally fermented yeast strain shown to be especially supportive to cardiovascular health.

90 Veggie Caps - Product Code: 67464

Rhodiola 5 (Standardized)

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

Standardized Liquid Extract: 1 Fl Oz
Product Code: 57032

NEW: Standardized Fresh Ground Capsules
60 Veggie Caps - Product Code: 67460

Saw Palmetto Berry 1:3

Perhaps the most researched, most effective herb for treating an enlarged prostate (BPH).

NEW: Liquid: 1 fl oz - Product Code: 57006
60 Liquid Veggie Caps - Product Code: 67450

Schisandra Berry

An adaptogenic herb thought to fight stress, improve immune function and increase energy and endurance.

Liquid Extract - 1 fl oz - Product Code: 67466

Thyroid Complex

A blend of herbs, vitamins and minerals that support thyroid function.

90 Veggie Caps - Product Code: 67455

Thyroid Complex is a complex formula that provides nutritional support for the thyroid gland, stimulates hormone production, and restores normal metabolic balance in the body. The thyroid hormones are responsible for the body's use of energy, known as the basal metabolic rate (BMR). They are also critical for cell respiration and the production of ATP energy, and are required for normal growth and development, protein synthesis and energy metabolism. While a blood test can be used to test for low thyroid activity, thyroid tests are commonly normal yet one still has the symptoms of low thyroid. These symptoms include fatigue, running cooler than others (feeling cooler in your body), cold hands and/or feet, sluggish bowels, and slow digestion.

Turmeric Root 1:1.5

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs.

Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent.

1 fl oz - Product Code: 57016

60 Veggie Caps - Product Code: 60137

NEW: 60 Liquid Veggie Caps
Product Code: 67451

For more detailed information on any of the above new Phyto-Tech™ products, please look up the item in the alphabetical Phyto-Tech™ Product Reference Catalog.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



The mucilage in Fenugreek seeds helps soothe the gastrointestinal tract by coating the lining of the stomach and intestines. This makes it helpful for a variety of digestive disorders including indigestion, constipation, and gastritis (inflammation of the stomach).

According to Nutrition Focus, “Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are thought to account for many of the beneficial effects of fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate atherosclerosis and non-insulin-dependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and non-insulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL (“good”) cholesterol levels. Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

Dosage:

For the liquid extract, 30 drops up to three times per day, in water or juice, or as directed. For the veggie cap, take one capsule, 1 or 2 times daily, or as directed..

Caution: Do not use during pregnancy. Possible interaction with blood-thinning medications. Take 2 hours before of after taking medications. Keep out of the reach of children.

Complimentary Formulas & Single Herbs:

- Thyroid Complex (Product Code: 67455, Formula for low thyroid)

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- B-Complex Vitamins and/or Vitamin B-12
- Antiox Phyto Blend (Additional antioxidant support)
- Antiox Phyto Complex II

Fertility Complex

Support for a healthy and successful pregnancy

1 fl oz - Product Code: 57000

Who can benefit from this supplement?

- Women who are trying to become pregnant and those who are already pregnant; especially those with a history of difficult pregnancies.

Ingredients:

Phyto-Tech™ Fertility Complex, Alcohol Free, contains the following herbs: Red Raspberry Leaf, Red Clover Blossoms, Nettles Leaf, Yellow Dock Root.

Feverfew 1:2

Traditionally, an antipyretic (reducing fever); now, best know for the prevention of migraine headache.

1 fl oz - Product Code: 57065

Who can benefit from this supplement?

- Those who suffer from chronic migraine headaches. It is also indicated for fever, pain, and conditions involving inflammation, such as arthritis.
- According to traditional herbalists, “Feverfew is the pre-eminent headache remedy. It is for both regular headaches and migrained headaches. It is anti-inflammatory and reduces pain. Feverfew inhibits platelet aggregation and therefore thins blood. The parthenolide compound that does this in Feverfew also reduces inflammation throughout the body. Feverfew works best at the initial onset of a headache. Take hourly if one suspects a migraine is coming on the help ward it off. It may help arthritis and inflammed joints as well. Feverfew cools the body and is indicated for those who run

warm to hot. It can help reduce a fever.” (Coven, Herbal Handbook)

Ingredients:

Phyto-Tech™ Feverfew 1:2 contains Certified Organic Feverfew herb (Chrysanthemum parthenium or Tanacetum parthenium), grain alsohol, purified water. 30 drops contain 500 mg.

Caution: Do not use during pregnancy.

Dosage:

Acute Headache: 30-60 drops, every hour, in juice or water until headache subsides; Long Term Use: 30-90 drops, 2-3 times per day in juice or water.

FibroGestic

Soothing to muscle and nerve discomfort, while supporting joint and connective tissue integrity.

1 fl oz - Product Code: 57031

Who can benefit from this supplement?

- Those with chronic body, muscle and joint pain (fibromyalgia). The herbs in this formula have been shown to decrease muscle pain and inflammation, and to increase circulation into the muscle tissue. It is most effective when used long-term.
- This formula was designed specifically for those with fibromyalgia. It contains herbs known to help decrease muscle pain and inflammation, and to increase circulation into the muscles. It can be used not only by those with fibromyalgia, but also by those with injuries, muscle soreness, etc, as well as general body pain. Obviously, Phyto-Tech™ FibroGestic is not as strong as prescription pain medications, but it is nontoxic, safe and non-addictive. Fibromyalgia requires a mult-faceted approach to management, and FibroGestic is designed to be a part of that regimen.

. . . continued on page 54



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



23446	PANTOTHENIC ACID 500	100	CAP	13.70	10.96
35196	PHENYLALANINE 500 MG	90	CAP	19.00	15.20
30334	PHOS SERINE SGC	60	SGC	58.80	47.04
63851	PQQ PLUS	30	VCA	64.70	51.76
52356	PREGNENOLONE 25 MG	60	TAB	23.60	18.88
62592	PRENATAL	60	VCA	24.40	19.52
26456	PYCNOGENOL 50 MG	90	TAB	78.40	62.72
19053	QUERCIPLEX	100	CAP	39.00	31.20
32967	RIBOFLAVIN B2 100 MG	60	CAP	11.50	9.20
67019	SAM E 200 MG	60	VCA	60.10	48.08
30239	SELENO METHIONINE	100	CAP	14.50	11.60
44224	SERINE 500 MG	60	CAP	39.00	31.20
40698	SOD	100	CAP	24.50	19.60
23520	SPECTRAMIN CHELATE	90	TAB	16.90	13.52
36584	STRESS B PLUS	90	TAB	19.00	15.20
57348	STRONTIUM 200 MG	90	VCA	25.20	20.16
23961	TAURINE 500 MG	100	VCA	14.50	11.60
43569	THEANINE 100 MG	60	CAP	27.50	22.00
52734	THREONINE 500 MG	60	CAP	22.40	17.92
36114	TRI B 100	90	TAB	26.50	21.20
61736	TURMERIC MAX V	60	VCA	12.00	9.60
56933	UBIQUINOL QH 100 MG	60	SGC	94.20	75.36
26569	ULTRA G I	90	CAP	47.70	38.16
44092	ULTRA I 3 C ULT INDIN +	60	VCA	32.10	25.68
19020	ULTRA PREV III CAP	180	CAP	31.30	25.04
19013	ULTRA PREV III TAB	90	TAB	25.60	20.48
19016	ULTRA PREV III W/CU	180	TAB	41.40	33.12
19015	ULTRA PREV III W/CU/FE	180	TAB	41.40	33.12
19017	ULTRA PREV III W/ZN PC	180	TAB	41.40	33.12
63427	ULTRA PREVENTI 2 A DAY	30	TAB	38.60	30.88
66715	ULTRA PREVENTIVE TEEN	180	TAB	34.20	27.36
42673	ULTRA PREVENTIVE X	120	TAB	42.30	33.84
44041	ULTRA PREVENTIVE X	240	TAB	75.70	60.56
54911	ULTRA PREVENTIVE X VCA	240	VCA	57.80	46.24
42678	ULTRA PROTEIN PLUS VAN	908	PWD	55.20	44.16
67423	ULTRA WHEY PLUS VAN	730	PWD	66.20	52.96
26249	ULTRAZYME	180	TAB	39.00	31.20
32670	UVA URSI MAX V	60	VCAP	19.00	15.20
43523	VANADYL SULFATE 7.5 MG	90	TAB	12.00	9.60
64849	VEGETARIAN PROTEZ FORT	100	TAB	46.50	37.20
51356	VIMPOCETINE 10 MG	90	VCA	29.00	23.20
43690	ZINC PICOLINATE 20	100	TAB	9.60	7.68
28634	ZINC PICOLINATE 50 MG	100	CAP	14.50	11.60

DR MERCOLA					
66704	B12 ENERGY BOOST SPRAY	.85	SPY	21.25	19.13
66702	D3 1000 SPRAY ORANGE	.85	SPY	19.98	17.98
66049	GINSENG KOREAN EXT FRM	30	CAP	32.46	29.22
66316	K2 150 MCG MK 7 SOY FR	30	CAP	34.99	31.49
66050	LIPOSOMAL C 1000 2 CAP	60	CAP	18.71	16.83
66703	MELATONIN SLEEP SUP SPR	.85	SPY	18.75	16.88
66230	PROBIOTICS COMP 70 BIL	60	CAP	37.46	33.70

66048	SAW PALM EXT W/LYCOPEN	30	CAP	32.46	29.22
DR RATH					
60671	CARDIOVASCULAR HEALTH	90	TAB	39.90	31.92
60840	HEALTHY BLOOD PRES SYN	120	TAB	43.90	35.12
60983	HEALTHY CELL GROWTH	180	CAP	54.90	43.92
60373	HEALTHY COLLAGEN FORM	90	TAB	29.90	23.92
DR RECKEWEG					
29698	R01 INFLAM/FEV/SWELL	50M	LIQ	31.85	28.66
58454	R02 NERV/STR PULSE	50M	LIQ	31.85	28.66
43480	R03 HRT FATIGUE/WK PL	50M	LIQ	31.85	28.66
61021	R06 COLDS & FLU	50M	LIQ	31.85	28.66
52994	R07 LAXATIVE ANTI GAS	50	LIQ	31.85	28.66
17362	R08 COUGH SYR/BRONCH	150	LIQ	16.50	14.85
53367	R10 MENOPAUSE	50M	LIQ	31.85	28.66
54355	R13 HEMORRHOIDS	50M	LIQ	31.85	28.66
60319	R14 INSOM/NERV/SLEEP	50M	LIQ	31.85	28.66
54375	R16 MIGRAINE	50M	LIQ	31.85	28.66
39082	R20 WOMEN GLAND/ENDO	50M	LIQ	31.85	28.66
17375	R20 WOMEN GLAND/ENDO	22M	LIQ	15.75	14.18
40421	R21 CHRONIC SKIN/BLOOD	50M	LIQ	31.85	28.66
40420	R23 ECZ ACUTE/CHRONIC	50M	LIQ	31.85	28.66
38558	R25 PROSTATAN	50M	LIQ	31.85	28.66
39083	R27 SHARP SHOOTIN PANS	50M	LIQ	31.85	28.66
39843	R29 DIIZZINESS	50M	LIQ	31.85	28.66
17385	R30 UNI OINT/MUSCLE	85G	ONT	17.50	15.75
39254	R31 LACK OF APPETITE	50M	LIQ	31.85	28.66
59520	R35 TEETHING FORMULA	50M	LIQ	31.85	28.66
50778	R37 COLIC	50M	LIQ	31.85	28.66
38703	R39 ABDO PELVIC LEFT	50M	LIQ	31.85	28.66
29701	R49 SINUSITIS/CALARRH	50M	LIQ	31.85	28.66
39060	R50 LOW BACK PAIN	50M	LIQ	31.85	28.66
38658	R54 IMBELION	50M	LIQ	31.85	28.66
39227	R56 NAUSEA CONSTIPTION	50M	LIQ	31.85	28.66
39844	R60 GLANDULAR SWELLING	50M	LIQ	31.85	28.66
17416	R61 RHEUMA OINT	85G	ONT	15.17	13.66
39496	R68 COLD SORES HERPES	50M	LIQ	31.85	28.66
41632	R70 PROSOPALGIN	50M	LIQ	31.85	28.66
44394	R71 SCIATICA NEURAL	50M	LIQ	31.85	28.66
17431	R76 CHRONIC ASTHMA	50M	LIQ	31.85	28.66
17436	R81 CHRON MIG/MALDOL	50M	LIQ	31.85	28.66
28687	R95 ALFAFA TONIC	250	LIQ	28.50	25.65
17450	R95 ALFAFA TONIC	100	LIQ	16.50	14.85
17369	VC15 NIGHTTIME SLEEP	250	LIQ	13.50	12.15

DR VENESSA					
54876	ANTI AGING 3 COLL BERR	300	PWD	60.69	48.55
54875	ANTI AGING 3 COLL BERR	600	PWD	95.99	76.79
54878	ANTI AGING 3 COLL TROP	600	PWD	95.99	76.79
50478	HIGH BLOOD PRESSURE	60	TAB	19.99	15.99
54873	HIGH BLOOD PRESSURE	120	TAB	29.99	23.99

50481	LIVERCLEAN	60	TAB	19.99	15.99
55896	PROSTACLEAN	60	SGC	29.99	23.99
54884	SUGAR BALANCE SUPPORT	60	TAB	19.99	15.99
54885	SUGAR BALANCE SUPPORT	120	TAB	29.99	23.99
55895	THYROID BALANCE	120	VCA	44.99	35.99
DYNAMIC NUTRITIONAL					
31240	ADRENAL ENERGIZER N 1	1 Z	LIQ	17.00	13.60
26870	ORCHIC PLUS N-7	1 Z	LIQ	17.00	13.60
39612	THYROID ENERGIZER N 14	1 Z	LIQ	17.00	13.60

EARTH MAMA ANGEL BABY					
64988	BABY LOTION ANGEL BABY	8 Z	LOT	17.99	14.39
65512	BOTTOM BALM ANGEL BABY	2 Z	CRM	12.99	10.39
64993	C MAMA HEALING SALVE	1 Z	SLV	24.99	19.99
64987	SHAMPOO BODY WASH ANGL	5.3	LIQ	10.99	8.79
64990	STRETCH OIL NAT	4 Z	OIL	14.99	11.99

EARTH SCIENCE					
56353	AB HYDROXY NIGHT REJUV	1 Z	LIQ	24.99	19.99
40184	ADE CRM CLEANSER	8 Z	CRM	10.59	8.47
65636	AFTER SHAVE SKIN SOOTH	5.9	CRM	10.59	8.49
39655	ALMOND ALOE MOIS SPF15	5 Z	CRM	10.59	8.47
43195	APRICOT NIGHT CRM	2 Z	CRM	16.99	13.59
61597	COLLAGEN RENEWAL SERUM	1 Z	SER	22.99	18.39
56354	COMPLEXION TONER FRESH	8 Z	LIQ	10.59	8.47
66585	CONDIT CERAM CURL FRIZ	10Z	LIQ	10.99	8.79
66566	CONDIT CERAMIDE CLARIF	10Z	LIQ	10.99	8.79
66560	CONDIT CERAMIDE FRG FR	10Z	LIQ	10.99	8.79
66568	CONDIT CERAMIDE VOLUM	10Z	LIQ	10.99	8.79
56344	CONDIT HAIR TREATMENT	12Z	LIQ	8.99	7.19
39058	CONDITIONER FRAG/FREE	17Z	LIQ	8.99	7.19
26729	DAY CRM HYDRAT BETA GN	2 Z	CRM	24.99	19.99
56355	EYE MAKEUP REMOV CHAM	4 Z	CRM	8.99	7.19
56356	FACIAL SCRUB GENTLE	4 Z	CRM	9.99	7.99
56350	FACIAL WASH CLARIFYING	8 Z	LIQ	10.59	8.47
61376	HAIR MASK DEEP CONDIT	6 Z	CRM	9.59	7.67
61373	HAND BODY LOT OAT ALOE	8 Z	LOT	9.99	7.99
61378	HAND CREAM PUREFECTION	2 Z	CRM	8.99	7.19
32786	HERBAL ASTRINGENT	9 Z	LIQ	10.59	8.47
61380	I CREAM EYE CARE NOUR	.5Z	CRM	14.99	11.99
66563	SHAMPOO CERAM CARE FF	10Z	LIQ	10.99	8.79
66564	SHAMPOO CERAM CURL FRZ	10Z	LIQ	10.99	8.79
66561	SHAMPOO CERAMIDE CLAR	10Z	LIQ	10.99	8.79
66562	SHAMPOO CERAMIDE VOLUM	10Z	LIQ	10.99	8.79
39481	SHAMPOO FRAGRANCE FREE	12Z	LIQ	8.99	7.19
56343	SHAMPOO HAIR TREATMENT	12Z	LIQ	8.99	7.19
65635	SHAMPOO OLIVE & AVOCAD	6 Z	LIQ	9.49	7.59
65637	SHAVE CRM SMOOTH START	5.9	CRM	9.99	7.99
61379	WHIPP CRM CLEANSER	5.8	CRM	14.99	11.99

EARTHLY DELIGHT					
28888	CONDITIONER HAIR	16Z	LIQ	14.50	13.05
28880	HAIR GROWTH STIMULAT	4 Z	CRM	13.50	12.15
28887	SHAMPOO HERBAL	16Z	LIQ	14.50	13.05
28886	SHAMPOO TROPICAL RAIN	16Z	LIQ	14.50	13.05

EARTHS CARE					
65621	ACNE SPOT TREATMENT	.97	LIQ	14.99	11.99
65618	ANTI ITCH CREAM	2.4	CRM	10.99	8.79
65620	DRY & CRACKED SKIN BLM	2.5	CRM	10.99	8.79
65619	PAIN RELIEVING OINTMNT	2.5	ONT	12.99	10.39

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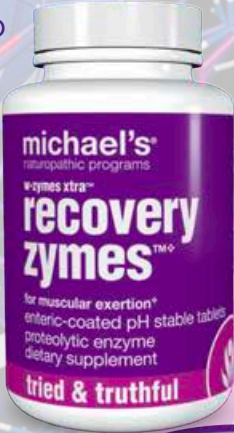
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those daily chores

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Phyto-Tech™ Fibrogesic is best considered a long-term tonic. It will help “take the edge off” the discomfort, allowing for relaxation and faster healing.

Ingredients:

Phyto-Tech™ Fibrogesic contains the following herbs: Fresh Skullcap Herb, Fresh St. John’s Wort Flowers, Devil’s Claw Tuber, Fresh Ginger Root, Fresh Pulsatilla Herb.

Dosage:

General: 40-60 drops, 2-3 times per day, or as needed, in juice or water; Acute Pain: 60-120 drops, 2-3 times per day, or as needed, in juice or water.

Fo Ti Root

Considered in Chinese Medicine as a rejuvenating plant, thought to prevent aging, enhance fertility and promote longevity.

1 fl oz - Product Code: 57642

It has been recommended, by both Eastern and Western herbalists, as a tonic to maintain vigor, increase energy, tone the kidneys and liver, and purify the blood. It is said to lower cholesterol, improve immune function, and correct hypertension.

Garlic

Each Phyto-Tech™ Garlic capsule contains 500 mg of certified organic Garlic Bulb (Allium sativum).

90 Veggie Caps - Product Code: 60130

Gentian Root 1:3

A classic “bitter” herb, used for centuries as a digestive aid.

1 fl oz - Product Code: 57640

Who can benefit from this herbal supplement?

- Those with indigestion, dyspepsia, and difficulty digesting dietary fat and protein.

Ingredients:

Phyto-Tech™ Gentian Root 1:3 contains Certified Organic Gention (Gentiana lutea), grain alshol, purified water, in a 1:3 ratio.

As defined by herbalists, “Gentian can be considered the perfect bitter herb to stimulate digestion in numerous ways. The bitter compounds in Gentian stimulate the bitter taste buds on the tongue. this sends a message to the brain to increase bile from the liver, which emulsifies or digests fat. In a lesser way, the bitter stimulation also sends a message to increase hydrochloric acid from the stomach, which increases protein digestion. In other words, bitters stimulate the body’s ability to digest and therefore assimilate fat and protein. . .” (Coven, Herbal Handbook)

Caution: Do not use if you have ulcers.

Dosage:

10-30 drops, 2-3 times per day or as needed, in juice or water. Can be taken on an “as needed” basis or daily, for chronic indigestion.

Gentle Movement

A “Child Friendly” gentle, mild laxative formula designed to normalize bowel function, expecially for children or the elderly.

1 fl oz - Product Code: 57022

Who can benefit from this supplement?

Children, the elderly, or anyone with a sensitive digestive system suffering from mild constipation or sluggish bowel.

Ingredients:

Phyto-Tech™ Gentle Movement, Child Friendly, Alcohol Free contains the following herbs: Yellow Dock Root, Licorice

Root, Fresh Marshmallow Root.

Ginger Cough Tonic

A blend of Ginger and other herbs especially useful for soothing coughs

4 fl oz - Product Code: 56985

Ingredients:

Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Hoeny, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

Suggested Dose:

1/2 to 1 teaspoon as needed. Can be diluted in hot water. Shake well before using.
Warning: Keep out of the reach of children; do not use while pregnant or nursing.

Ginger Energy Tonic

A formula that increases circulation, energy, vitality, and resistance to illness and environmental stresses.

4 fl oz - Product Code: 57055

Who might benefit from this supplement?

- Those who suffer from fatigue and stress
- Those with low energy and those who are engaged in taxing or strenuous pursuits; those with poor circulation; those with poor digestion.

Ingredients:

Phyto-Tech™ Ginger Energy Tonic contains the following: Ginger Root Dry, Ginger Root Fresh, Ginseng American, Ginkgo Leaf, Rhodiola Rosea 5% Rosavin, Schisandra Berry, Glycerin Vegetable, Honey, Water Pure Deionized.

. . . continued on page 55

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



28744	OPTIMUM II IV VI NO/FE	180	TAB	31.20	28.08
19069	OPTIMUM ULTRA CAP	240	CAP	33.60	30.24
37774	OSHA (LIGUSTICUM)	16Z	LIQ	115.20	103.68
35510	PARA FIGHT INTEST SUPP	45	VCAP	26.70	24.03
66758	POPLAR	1 Z	LIQ	12.30	11.07
40151	SAW PALM 600 MG FO	240	CAP	42.10	37.89
35442	SLEEP VALERIAN PASSN	1 Z	LIQ	12.90	11.61
60377	TURMERIC POWDER RAW	2.1	PWD	21.90	19.71
55761	TWANG POWDER	90G	PWD	22.70	20.43
24357	VITAL FORCE W/O IRON	180	TAB	35.00	31.50

ECOLOGICAL FORMULAS					
10262	ALLITHIAMINE 50	60	CAP	15.95	13.55
67106	BERBERINE 350 MG BUFF	90	CAP	19.95	16.95
10269	BLACK CURRANT SEED OIL	90	SGC	14.95	12.70
10270	BORAGE OIL GLA 240	60	SGC	13.95	11.85
10271	BUFFERED C CRYSTALS	250	PWD	24.95	21.20
10272	BUTYRIC ACID CAL MAG	90	CAP	16.95	14.40
10370	C 1000	120	CAP	23.95	20.35
19734	C 1000 FROM TAPIOCA	90	CAP	18.95	16.10
53031	C PWD FROM TAPIOCA	150	PWD	28.95	24.60
10273	CAL MAG LIQ	12Z	LIQ	9.95	8.45
10276	CAPRYSTATIN	90	TAB	15.95	13.55
25022	CARNOSINE (ANTI OX)	60	CAP	17.95	15.25
10278	CHONDROITIN 4 SULPHATE	60	CAP	15.95	13.55
41973	CHROMIUM CRUCIFERATE	30	CAP	13.95	11.85
10279	CITRAMEZIA	90	CAP	15.95	13.55
16960	CO ENZYME A	60	TAB	17.95	15.25
10280	CO ENZYME B YEAST FR	100	CAP	15.95	13.55
10286	CORTOL ACE	60	CAP	11.95	10.15
55879	EPA 625	90	SGC	29.95	25.45
10296	FERRITIN IRON 5	60	CAP	13.95	11.85
54817	FORSKOLIN	60	CAP	15.95	13.55
10300	GASTRAMET	60	CAP	13.95	11.85
16962	GLUCOSTABIL	180	CAP	29.95	25.45
10338	GTF NON YEAST	120	CAP	15.95	13.55
10304	HEPAGEN	60	CAP	19.95	16.95
10310	ISOTONIC MIN FORM 1	75	CAP	10.95	9.30
10311	KAPRYCIDIN-A	90	CAP	15.95	13.55
10322	MAG POT TAUR 45/99	60	CAP	10.95	9.30
10320	MAGNESIUM SOLUTION 18%	8 Z	LIQ	11.95	10.15
44513	MAGNESIUM TAURATE 125	180	CAP	28.95	24.60
10321	MAGNESIUM TAURATE 125	60	CAP	11.95	10.15
21765	MAIIC ACID 600	90	CAP	15.95	13.55
10324	MANGANESE PICOL 20	60	CAP	10.95	9.30
10327	MEGABIOTIN 7500	50	CAP	16.95	14.40
10331	MONOLAURIN 300 MG	90	CAP	16.95	14.40
57479	MONOLAURIN 600 MG	90	CAP	27.95	23.75
10332	MUCOPOLYSACCHARIDE CON	90	CAP	14.95	12.70
56331	NADH 5 MG	120	TAB	37.95	32.25
40687	NADH 5 MG	60	TAB	25.95	22.05
10339	NORIVAL	60	CAP	16.95	14.40

59810	NORIVAL	120	CAP	25.95	22.05
26901	OMNICHOLINE	120	CAP	18.95	16.10
23610	ONCOTONIN 10 MG	30	CAP	20.85	17.72
10363	P 5 P	100	TAB	9.95	8.45
10349	PAN 8 SUPREME	90	CAP	11.95	10.15
10350	PANTHINE	60	TAB	17.95	15.25
10361	PSOREX	100	CAP	26.95	22.90
10364	QUERCETIN C	90	CAP	11.95	10.15
10368	RHEUMATOL FORTE	60	CAP	14.95	12.70
10371	SERRAFLAZYME 5	100	TAB	15.95	13.55
10373	SIALEX-SIALIC	90	CAP	17.95	15.25
24753	SPHINGOLIN	240	CAP	37.95	32.25
10375	SPHINGOLIN MS	60	CAP	10.95	9.30
10378	T CELL FORMULA	60	CAP	13.95	11.85
10380	THIOCTIC	50	CAP	19.95	16.95
10381	TRI SALTS 200G	200	PWD	8.95	7.60
59046	URIDINE 300 MG	60	CAP	28.95	24.60
10385	ZINC PICOL 25	60	CAP	9.95	8.45

ECOTREND					
64189	DOMATCHA PACKETS	24	PAK	45.99	41.39
59684	DOMATCHA POWDER ORG	2.8	PWD	41.99	37.79
59683	DOMATCHA POWDER ORG	30G	PWD	33.99	31.59
59448	FUNGAL FREE WALLS	.22	LIQ	39.95	35.95

ELLYNDALE NATURALS					
66684	COCONUT OIL VIRG ORG	12Z	OIL	8.99	8.99
65402	MACADAMIA NUT OIL 6.9	6.9	LIQ	14.99	14.99
65384	RICE BRAN OIL NUTTY FL	16Z	OIL	8.99	8.99

EMERALD LABORATORIES					
62048	ADRENAL HEALTH VCAP E	60	VCA	32.95	26.36
62051	B HEALTHY VCAP RW COEN	60	VCA	24.95	19.96
62625	JOINT HEALTH VCAP	90	VCA	32.95	26.36
62627	MULTI VIT A MIN HI POT	120	VCA	39.95	31.96
62053	THYROID HEALTH VCAP	60	VCA	34.95	27.96

EMERITA					
40169	NATURAL LUBRICANT	2 Z	CRM	11.59	9.27
50214	OH WARMING LUBRICANT	2 Z	CRM	11.59	9.27
53121	PERSONAL MOIST LUBRIC	4 Z	LIQ	18.39	14.71
31244	PERSONAL MOISTUR LUBRI	2 Z	CRM	11.59	9.27
31245	PHYTOESTROGEN CRM	2 Z	CRM	24.09	19.27
51765	PROGEST CRM PARABEN FR	4 Z	CRM	49.19	39.35
51835	PROGEST CRM PARABEN FR	48	PAK	33.49	26.79
50213	PROGEST CRM PARABEN FR	2 Z	CRM	32.49	25.99
40993	RESPONSE CREAM	1 Z	CRM	31.69	25.35

ENDO MET					
26847	ENDO DREN	90	TAB	20.00	20.00
15345	ENZAID	180	TAB	31.00	31.00
37746	MAG CHELATED	180	TAB	19.00	19.00

26849	THYRO COMPLEX	90	TAB	22.00	22.00
ENZYMATIC THERAPY					
31779	7 KETO DHEA 25 MG	60	CAP	23.99	19.19
35665	7 KETO NATURA LEAN	30	CAP	47.99	38.39
20740	ACID A CAL	100	CAP	20.99	16.79
33722	ACID EASE DIGEST FORM	180	CAP	36.99	29.59
25370	ACID EASE DIGEST FORM	90	CAP	21.49	17.19
42364	ACIDOPHILUS PEARLS	90	SGC	39.95	31.96
56719	ACTIVLIFE Q10 100 MG	60	SGC	56.99	45.59
53685	ACTIVLIFE Q10 50 UBIQ	60	SGC	34.99	27.99
43219	ADRENAL STRESS END	60	CAP	25.99	20.79
20127	ADRENERGIZ HRB ADR CMP	60	CAP	22.99	18.39
20061	AIR POWER	100	TAB	18.49	14.79
20038	AKNE ZYME	90	CAP	20.49	16.39
36038	ALPHA BETIC MULTI	30	CAP	15.99	12.79
32648	ASPARAGUS EXT 170 MG	60	CAP	22.95	18.36
40854	B COMPLEX DAILY ENERGY	30	CAP	9.50	7.60
30333	B12 INFUSION BIOA B12 E	30	CHW	9.50	7.60
22429	BILBERRY EXT CAP 80 MG	60	CAP	23.49	18.79
57539	BLOOD SUGAR MANAGER	60	TAB	26.49	21.19
45619	BP MANAGER	90	TAB	29.95	23.96
34052	BROMELAIN +	90	CAP	27.49	21.99
51604	BRONCHIAL SOOTHE	120	LIQ	15.49	12.39
40629	CELL FORTE MAX	120	CAP	39.99	31.99
30517	CELL FORTE W/P 6 INOS	120	VCA	27.49	21.99
36508	CELL FORTE W/P 6 INOS	240	VCA	52.99	42.39
52738	CHERRY FRUIT EXTRACT	180	CAP	35.95	28.76
40517	CHOLESTEROL SHIELD	90	TAB	39.99	31.99
39505	COMPLETEGEST	90	CAP	23.50	18.80
57144	COMPLETEGEST 40 + RENW	60	CAP	25.95	20.76
50783	COMPLETEGEST MEALTIME	180	CAP	39.95	31.96
52657	COQ10 100 MG SGC	120	SGC	74.95	59.96
41413	COQ10 100 MG W/E CHW	30	CHW	29.95	23.96
41549	COQ10 100 W/E CHW CHOC	30	CHW	29.95	23.96
41548	COQ10 100 W/E CHW MAPL	30	CHW	29.95	23.96
50155	COQ10 200 MG CHW MAPLE	30	CHW	59.95	47.96
34543	COQ10 50 MG SGC	60	SGC	24.95	19.96
20133	DGL	100	CHW	14.49	11.59
56846	DGL ULTRA FF CHOC	90	CHW	14.49	11.59
31870	DGL ULTRA GERMAN CHOC	90	CHW	14.49	11.59
19847	DGL W/O FRUCTOSE CHW	100	TAB	14.49	11.59
31326	DR CHOICE 45 PLUS WOM	180	TAB	34.95	27.96
30401	DR CHOICE 50 PLUS MEN	120	TAB	34.95	27.96
32464	DR CHOICE FOR DIABETIC	90	TAB	33.95	27.16
26955	DR CHOICE FOR MEN	90	TAB	24.95	19.96
31985	DR CHOICE FOR TEEN F	120	TAB	30.95	24.76
31984	DR CHOICE FOR TEEN M	120	TAB	30.95	24.76
24873	DR CHOICE FOR WOMEN	90	TAB	24.95	19.96
43645	E 400 IU MIXED	100	SGC	21.99	17.59
45224	END PAIN FATIGU TO FAN	90	TAB	31.99	25.59
44042	ENERGY REVITAL SYS BER	21Z	PWD	52.99	42.39

33030	ESBERITOX CHW	100	CHW	20.49	16.39
42766	ESBERITOX CHW	200	CHW	33.99	27.19
53686	ESKIMO 3 1000 MG SGC	90	SGC	29.95	23.96
43354	ESTROBALANCE W/ DIM	60	TAB	50.99	40.7



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ginger Immune Tonic

A Blend of Ginger and other Immune Modulating Herbs

4 fl oz - Product Code: 57012

Ingredients:

Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

Suggested Dose:

1/2 to 1 teaspoonful as needed. Can be diluted in hot water. Shake well before using.

Ginger Root 1:1.5

This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.

1 fl oz - Product Code: 56995

90 Veggie Caps - Product Code: 60127

Who can benefit from this supplement?

- Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.

Ingredients:

Phyto-Tech™ Ginger Root 1:1.5 provides 667 mg of certified organic Fresh Ginger Root per 30 drops. Also available as a veggie cap, with each Phyto-Tech™ Ginger capsule containing 500 mg of certified organic Ginger Root (Zingiber officinalis). (Product code: 60127)

Ginger Tonic

A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.

4 fl oz - Product Code: 57015

Who might benefit from this supplement?

- Those suffering from nausea due to motion sickness or pregnancy;
- Those with digestive discomfort and those with arthritis and other inflammatory problems.

Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting.

Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that is slow.

Ginger also has the ability to inhibit nuclear factor-kB (NF-kB), cyclooxygenase (COX) and lipooxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can help protect the intestinal mucosa from damage.

Ginger Tonic has a vasodilating action, and will increase circulation and warm one up.

Ingredients:

Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger

Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.

Ginkgo Biloba Leaf

One of the most widely researched herbs in recent years, Ginkgo biloba has been associated with memory, increased cerebral and peripheral circulation.

1 fl oz - Regular - Product Code: 56961

Alcohol Free - Product Code: 57024

90 Veggie Caps - Product Code: 60131

Who can benefit from this supplement?

- Those suffering from memory loss, early stage dementia (Alzheimer's disease), tinnitus, vertigo, inability to concentrate, circulatory problems.

Ingredients:

Phyto-Tech™ Ginkgo Biloba Leaf 1:1.15 contains 667 mg of ethically wild harvested Fresh and Dry Ginkgo biloba Leaf per 30 drops, in both alcohol and alcohol-free versions. Also available in a vegetarian capsule form. Each Phyto-Tech™ Ginkgo veggie cap contains 60 mg of standardized Ginkgo biloba Leaf Extract (24% ginkgo flavonglycosides and 6% terpene lactones) and 400 mg of certified organic Ginkgo biloba leaf. This provides for an optimal standardized and full spectrum phytotherapeutic approach.

Ginseng, American

See American Ginseng

Ginseng, Chinese Red

See Chinese Red Ginseng

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Staying Strong Protein Supplements Slow Muscle Loss, Improve Strength, in Older Adults

Body builders and athletes have always believed that protein supplements were an essential component to their fitness regimen. Conventional medical wisdom, however, remains unconvinced. Their position is that exercise only slightly increases protein requirements (to rebuild lean muscle tissue), and that any excess intake over that just goes to waste.

Athletes know better, and the following study is one of many that supports their long-held beliefs. This study also directs our attention to the question of what type of protein supplement is best. More on that in a moment. Here are the details:

Soy-dairy protein blend preserved muscle in men

In the normal diet, people consume a mix of proteins, not one isolated type, so doctors wanted to test the effects of a protein blend on muscle building. In this study, 20 healthy, recreationally active men, aged 55 to 75, took 30 grams of a soy-dairy protein blend or the same amount of whey protein alone, in a beverage they drank one hour after performing a set of leg-extension exercises.

The protein blend contained 25 percent each of soy and whey proteins, plus 50 percent caseinate. Doctors measured muscle amino acid concentrations before and up to five hours after exercise and found the soy-dairy blend delivered amino acids to muscle tissue, promoted muscle protein synthesis, and activated a process that leads to muscle

protein turnover. The results were similar for whey protein alone.

Discussing the findings, doctors said protein blends, such as soy-dairy, may help counteract age-related muscle loss in a form similar to how people consume protein.

(Reference: Journal of Nutrition; October, 2016, Published Online)

Additional Comments from Don Goldberg, RPH

I think there are several conclusions we can draw from this study.

First, supplemental protein can indeed be of value in the maintenance and building of muscle tissue.

Second, for most of us, heroic levels of supplemental protein are not necessary. Thirty grams of a soy/dairy blend would be expected to deliver 25 to 27 grams of protein. The same amount of whey protein isolate would contain at least 25 grams of protein. This is about one-half the amount of high quality protein a normal male adult normally requires as a full daily requirement, or one-third the amount of lower quality protein. More than that is probably unnecessary.

Third, the choice of protein need not be based entirely on protein quality. As long as you are taking an excess, you are most

likely accomplishing what you need.

And quality is not always as easy to judge as you might think. Yes, whey protein, egg protein, casein, etc are high quality. Straight soy protein, pea protein, wheat protein, etc are "lower quality." But what does this mean? It means that you need less of the higher quality protein than you do the lower quality protein to accomplish the same thing in our bodies. This is due to their more optimal amino acid composition.

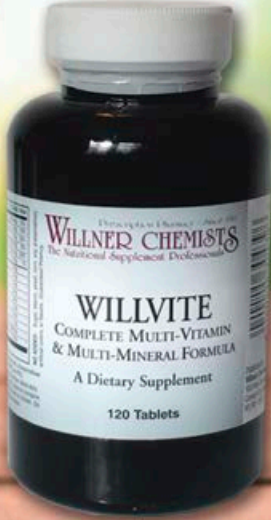
But, as stated in the study, our diet rarely consists of only one source of protein. We usually ingest a mixture of proteins, and this increases the overall protein quality. Thus, it is not surprising that a mixture of proteins, such as the soy/whey/caseinate used in the study, turned out to be as effective as the pure whey protein.

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and
Phyto-Tech™ Herbal Supplements**

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COMPLETE MULTI-VITAMIN
& MULTI-MINERAL FORMULA
A Dietary Supplement
120 Tablets

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ginseng Energy Blend

A combination of adaptogenic herbs resulting in a synergistic blend enhancing emotional, physical and mental energy.

- 1 fl oz - Regular Formula - Product Code: 56962
- 2 fl oz - Regular Formula - Product Code: 57087
- 1 fl oz - Alcohol Free - Product Code: 57068

Each type of ginseng, Red Chinese and American, and other adaptogenic herbs, such as Eleutherococcus, have traditionally different properties. The combination, along with complimentary herbs such as Licorice, Ginkgo, Fo Ti and Codonopsis, results in an energy blend for all purposes.

Who can benefit from this supplement?

- Those who are under stress, suffering from fatigue, mental “burn out,” adrenal fatigue, poor immune system function.

This blend of adaptogenic herbs supports the adrenal glands, the immune system, and the nervous system.

Ingredients:

Phyto-Tech™ Ginseng Energy Blend is available in an alcohol and an alcohol free version. It contains the following herbs: Red Chinese Ginseng Root, American Ginseng Root, Eleuthero Root, Licorice Root, Ginkgo Leaf, Fo Ti Root, Codonopsis Root, Ginger Root.

Glucosamine Plus

A synergistic blend of Glucosamine, Chondroitin, MSM plus Devil's Claw for effective relief of arthritic and joint discomfort. Devil's Claw sets this formula apart due to its proven anti-inflammatory action.

- 120 Veggie Cap - Product Code: 67473

Who might benefit from using this product?

- Those suffering from osteo and rheumatoid artiritis

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- Those with muscle and joint pain and stiffness
- Those who participate in athletic or strenuous physical work

Ingredients:

Two veggie caps provide: Selectively Imported Glucosamine Sulfate 750mg, Selectively Imported Chondroitin Sulfate 600mg, Selectively Imported MSM (Methylsulphonylmethane) 250mg, Selectively Imported Devils Claw Root (5% Harpagosides) 50mg. Other ingredients: Modified Vegetable Cellulose, Omega 3 (Flax Seed), Natural Silica.

Indications:

Phyto-Tech™ Glucosamine Plus caps provide important nutritional support for healthy joints and connective tissue. Both glucosamine and chondroitin are major structural components found naturally in the body that promote optimal joint and connective tissue health. This unique formula combines glucosamine and chondroitin with MSM and devil's claw to provide fast and effective pain relief, while simultaneously nourishing cartilage, ligaments, and tendons, and enhancing joint lubrication flexibility, and mobility. It can be used to provide relief for conditions such as arthritis, osteoarthritis, and physical overuse or as a preventative to help maintain healthy joints and connective tissues.

Glucosamine is an amino sugar, consisting of an amino acid (glutamine) and a simple sugar (glucose), that the body uses as the structural basis for connective tissue and lubricating fluids. Amino sugars are the building blocks for molecules called glycosaminoglycans (GAGs), which are large molecules that form the glue-like matrix that holds the body together. While the body uses approximately 20 different amino sugars, the GAG's produced by glucosamine specifically are used to make cartilage, ligaments tendons, and bones. Because connective tissue is constantly being broken down by normal everyday use, the body requires a continuous supply of glucosamine to replace or restructure the broken

down tissue. Severe stress, major injuries, and aging can all reduce GAG synthesis from glucosamine. In addition, certain diseases such as osteoarthritis are associated with low GAG production. In osteoarthritis, cartilage begins to thin and breakdown causing stiffness, friction, and joint pain. Research indicates that supplementation with glucosamine sulfate may help the body make more GAG's, increasing the amount of cartilage and fluid around the joints, helping to prevent further breakdown. A clinical trial comparing the use of glucosamine sulfate and ibuprofen for pain relief in patients with TMJ osteoarthritis, reported that glucosamine provided greater relief from the pain caused by function during daily activities.

Chondroitin, found naturally in the body, is a major component of cartilage where it helps absorb fluid into the connective tissue, provides the building blocks for cartilage production, and may also help prevent cartilage break down. In osteoarthritis research, Chondroitin has been shown to reduce joint pain, swelling, and stiffness and improve joint function. A double-blind, placebo-controlled study evaluating the symptomatic effects of chondroitin in patients with osteoarthritis of the hand reported patients treated with chondroitin sulfate showed a significant increase in hand function and decrease in pain and morning stiffness compared to placebo. Studies evaluating the effects of glucosamine and chondroitin combination therapy show mixed results. However, one of the largest studies, the 2008 Glucosamine/Chondroitin Arthritis Intervention Trial (GAIT), reported that glucosamine combined with chondroitin provided statistically significant pain relief compared to placebo in patients experiencing moderate to severe pain.

MSM (Methylsulphonylmethane), a metabolite of DMSO, is a naturally occurring sulfur compound found in humans that is anti-inflammatory, analgesic, and protects cells against

. . . continued on page 58



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



44728	SLEEP FORM REVITALIZ	90	CAP	39.99	31.99
40599	SLEEP FORM REVITALIZ	30	CAP	15.99	12.79
59813	SLEEP TONIGHT	28	TAB	24.99	19.99
29598	ST JOHNS WORT EXT 0.3%	120	TAB	25.99	20.79
41714	STINGING NETTLE	90	CAP	29.50	23.60
66082	TART CHERRY ULTRA GUMM	75	GUM	24.95	19.96
63815	TART CHERRY ULTRA VCAP	90	VCA	24.99	19.99
41404	THEANINE	60	CAP	20.49	16.39

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts!

See back page, or www.willner.com

54643	THEANINE 100 MG CAP	180	CAP	54.99	43.99
52250	THYMULUS	60	CAP	27.99	22.39
52558	THYMUPLX IMM BOOS CP	50	CAP	21.99	17.59
24653	YEAST BALANCE	90	SGC	30.00	24.00
51603	YOUTHFUL YOU DHEA 5 MG	60	CAP	8.99	7.19

ENZYMEDICA					
59483	ACID SOOTHE	90	CAP	24.99	22.49
58780	ALLERASE	60	VCA	24.99	22.49
67277	BEAN ASSIST	30	VCA	7.99	7.19
45199	CANDIDASE	84	CAP	51.99	46.79
67278	CANDIDASE EXTRA STRENG	42	CAP	39.99	35.99
57580	CARBGEST	60	CAP	30.99	27.89
65791	DAIRY ASSIST	30	VCA	12.99	11.69
52697	DIGEST	180	VCA	52.99	47.69
66828	DIGEST GOLD	120	CAP	63.99	57.59
57587	DIGEST GOLD	180	VCA	84.99	76.49
45198	DIGEST GOLD	90	VCA	47.99	43.19
66163	DIGEST GOLD + PROBIOT	180	VCA	99.98	89.98
55983	DIGEST GOLD + PROBIOT	45	VCA	32.99	29.69
58919	DIGEST GOLD + PROBIOTI	90	VCA	56.99	51.29
59562	DIGEST SPECTRUM	90	CAP	42.99	38.69
57588	ENZYM DEFEN (VIRA 2X)	90	CAP	72.99	65.69
59417	ENZYM DEFENSE	60	CAP	30.99	27.89
50294	ENZYM DEFENSE	120	CAP	52.99	47.69
67500	ENZYM NUTRI MULTI TWO	60	VCA	29.99	26.99
53831	GLUTENASE	60	VCA	30.99	27.89
67279	GLUTENASE EXTRA STREN	30	VCA	22.99	20.69
57183	LACTO	30	CAP	22.99	20.69
54546	LYPO GOLD	60	CAP	28.99	26.09
57573	LYPO GOLD	120	VCA	47.99	43.19
45197	MUCOSTOP	48	CAP	33.99	30.59
50114	NATTO-K	90	CAP	58.98	53.08
50108	PH-BASIC	120	CAP	37.99	34.19
57149	REPAIR	60	CAP	35.99	32.39

58810	REPAIR GOLD	120	CAP	72.99	65.69
67281	REPAIR GOLD EMA	30	VCA	20.99	18.89
57146	SERRA GOLD	60	CAP	29.99	26.99
60012	STEM XCELL	60	CAP	41.99	37.79
67280	TELOMERE PLUS	30	CAP	39.99	35.99
52310	VEGGIE GEST GASTRO	90	CAP	39.99	35.99

EO PRODUCTS					
63360	BATH SALTS EUCAL ARNIC	22Z	SLT	12.99	10.39
63361	BATH SALTS FRNCH LAVEN	22Z	SLT	12.99	10.39
63209	BODY LOT COCO VAN TANG	8 Z	LOT	8.99	7.19
63290	BODY LOT FRENCH LAVEND	8 Z	LOT	8.99	7.19
63291	BODY LOT GRAPEFR MINT	8 Z	LOT	8.99	7.19
63251	BODY LOT ROSE CHAMOMIL	8 Z	LOT	8.99	7.19
67315	EVERYONE LOT 3 N 1	32Z	LOT	10.99	8.79
51964	HAND SOAP FRENCH LAVEN	12Z	LIQ	8.99	7.19
53896	HAND SOAP LEMON EUCAYP	12Z	SOP	8.99	7.19

ESSENTIAL FORMULAS					
65994	CARDIO WELLNESS REGACT	60	CAP	55.50	49.95
65993	DETOX LIVER HLTH REGAC	60	VCA	50.80	45.72
58412	ESSENTIAL LIVING OILS	60	VCA	36.25	32.63
65995	IMMUNE & VITAL REGACT	60	CAP	50.80	45.72
55566	MAGOROKU SKIN CARE	1.7	CRM	38.45	34.60
54093	PROBIOTIC KAMPUKU SOAP	80G	BAR	12.05	10.84
44650	PROBIOTICS ORIG FORM	60	CAP	59.35	53.41
42709	PROBIOTICS ORIG FORM	30	CAP	36.25	32.63
57224	PROBIOTICS PROF FORM	60	CAP	69.25	62.25

ETHICAL NUTRIENTS					
18998	BONE BUILDER	220	TAB	31.25	28.13
36367	BONE BUILDER MAG/BOR/D	120	TAB	21.10	16.88
17576	BONE BUILDER W/BORON	220	TAB	31.25	25.00

EXTREME EDGE SPORTS					
60621	POST WORKOUT PWD CHOC	1.3	PWD	33.95	27.16
60503	POST WORKOUT PWD VAN	1.3	PWD	33.95	27.16
60200	PRE WORKOUT PWD GRAPE	.66	PWD	24.95	19.96
60201	PRE WORKOUT PWD SAV LM	.66	PWD	24.95	19.96

FLORA					
62769	7 SOURCES OMEGA 3 6 9	8.5	LIQ	19.99	16.99
62770	7 SOURCES OMEGA 3 6 9 F	17Z	LIQ	35.99	30.59
51776	ADULT ENZY BLN ADV UDO	60	CAP	30.49	25.91
51775	ADULT ENZYME BLND UDO	60	CAP	24.49	20.81
61963	ADULT PROBIOTIC ADV	60	CAP	40.49	34.41
44692	ADULT PROBIOTIC ADV UDO	30	CAP	21.49	18.26
61961	ADULTS PROBIOTIC BLEND	120	CAP	40.49	34.41
51780	ADULTS PROBIOTIC UDOS	60	CAP	20.99	17.84
66708	BAOBITES BLOOD ORANGE	6.1	SNK	12.50	10.62
66707	BAOBITES PEACH MANGO	6.1	SNK	12.50	10.62
66706	BAOBITES POMEGRANATE	6.1	SNK	12.50	10.62

51779	CHILDRENS PROBIOTC UDO	60	CAP	16.49	14.01
65481	CIRCUVEIN VCAP	60	VCA	27.49	23.36
66839	COMP CARE PROBIOT 27B	30	CAP	16.99	14.44
60186	DHA 250 MG VEG ALGAE	60	SGC	31.49	26.76
51771	ENZYME BLEND DIGESTIVE	60	CAP	21.49	18.26
24966	FLAX O MEGA FLAX OIL	180	CAP	25.79	21.92
51769	FLAX OIL	32Z	LIQ	33.79	28.72
30299	FLAX OIL	17Z	LIQ	21.49	18.26
51903	FLAX OIL HIGH LIGN ORG	17Z	LIQ	21.49	18.26
22607	FLOR ESSENCE DRY 2.20Z	2.2	PWD	37.99	32.29
22518	FLOR ESSENCE LIQ 17OZ	17Z	LIQ	37.99	32.29
52619	FLOR ESSENCE LIQUID	32Z	LIQ	59.49	50.56
52374	GOJI BERRIES	8 Z	MIS	12.49	10.61
32934	GREEN BLEND UDO'S	9 Z	PWD	38.79	32.97
51778	INFANT PROBIOTC BL UDO	2.6	PWD	19.49	16.56
27194	OLIVE OIL ORGANIC	17Z	LIQ	17.79	15.12
38211	PET ESSEN FOR CATS UDO	8 Z	PWD	14.49	12.31
37692	PET ESSEN FOR DOGS UDO	16Z	PWD	21.99	18.69
35668	PUMPKIN SEED OIL	8.5	LIQ	20.99	17.84
65568	RED BEET CRYSTALS SALU	7 Z	PWD	26.49	22.51
26625	SAMBU ELDERB CONC DRNK	17Z	LIQ	29.99	25.49
56123	SAMBU ELDERBERRY CONC	5.9	LIQ	17.49	14.86
34930	SAMBU GUARD	6 Z	LIQ	18.49	15.71
56124	SAMBU GUARD KIDS	5.9	LIQ	20.49	17.41
54100	SAMBU GUARD LOZENGES	40	LOZ	12.99	11.04
42098	SESAME OIL	8.5	LIQ	9.99	8.49
40788	SILICA VEGETAL	180	CAP	35.49	30.16
40789	SILICA VEGETAL	90	CAP	19.49	16.56
53198	SUNFLOWER	17Z	LIQ	14.79	12.57
32345	SUPER 5 PROBIOTC UDO'S	60	CHW	18.99	16.14
41935	SUPER 8 PROBIOTC UDO'S	30	CAP	22.49	19.11
61962	SUPER 8 PROBIOTIC UDOS	60	CAP	41.99	35.69
53394	SUPER BIFID0 + PROBIOT	30	CAP	46.49	39.51
15547	SWEDISH BITTERS ALC FR	8.5	LIQ	24.49	20.81
15546	SWEDISH BITTERS ALC FR	3.3	LIQ	11.49	9.76
53393	UDO'S CHOICE DHA OIL	8.5	LIQ	20.99	17.84
51770	UDO'S CHOICE HIGH LIGN	8.5	LIQ	17.49	14.86
43947	UDO'S CHOICE HIGH LIGN	17Z	LIQ	28.99	24.64
23862	UDO'S CHOICE OIL BLEND	8.5	LIQ	17.49	14.86
24061	UDO'S CHOICE OIL BLEND	17Z	LIQ	28.99	24.64
26795	UDO'S CHOICE OIL BLEND	180	CAP	35.49	30.16
26794	UDO'S CHOICE OIL BLEND	90	CAP	20.49	17.41
53392	UDO'S CHOICE OIL BLEND	32Z	LIQ	47.49	40.36
66840	WOMENS CARE PROB 75 BL	30	CAP	21.49	18.26

FLORADIX					
51300	ALPENKRAFT HERBAL	8.5	LIQ	20.99	16.79
22978	CAL MAG ZN/D/HRB LIQ	8.5	LIQ	26.79	21.43
41088	CAL MAG ZN/D/HRB LIQ	17Z	LIQ	45.79	36.63
15531	CALCIUM LIQ 8.5Z	8.5	LIQ	26.79	21.43
15536	CHLD MULTIVITAMIN OZ	8.5	LIQ	24.49	19.59
15535	EPRESAT ADULT MULTI	17Z	LIQ	50.49	40.39

15534	EPRESAT ADULT MULTI	8.5	LIQ	33.79	27.03
15529	FLORAVITAL FE/HERB YF	8.5	LIQ	26.79	21.43
15530	FLORAVITAL FE/HRB YF	17Z	LIQ	45.79	36.63
15538	HERBAL BITTERS	8.5	LIQ	26.79	21.43
15525	IRON + HERBS 17OZ	17Z	LIQ	45.79	36.63
15524	IRON + HERBS 8.5OZ	8.5	LIQ	26.79	21.43
61333	IRON TABS 10 MG	80	TAB	25.79	20.63
15533	MAGNESIUM LIQ 8.5Z	8.5	LIQ	26.79	21.43

39484	DMG 125 MG AANGAMIK	90	TAB	34.79	27.83
66870	LIPOSOMAL D LIQUID	225	LIQ	12.99	10.39
66871	PROSTATE LIPOSOMAL LIQ	225	LIQ	24.99	19.99

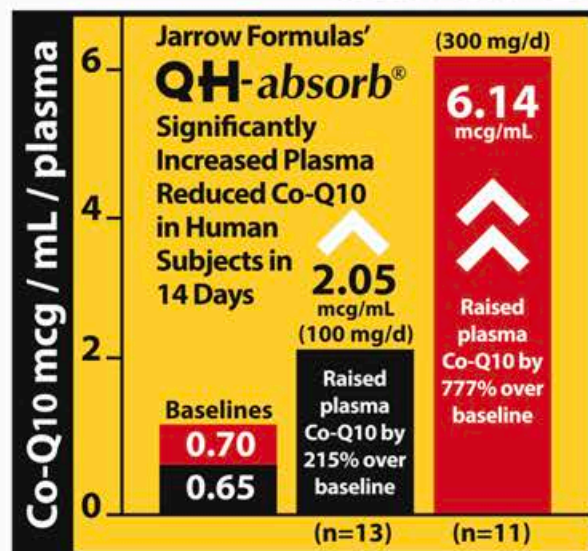
FOOD SCIENCE					
66881	CHAGA MUSHROOM ELIX MX	20	PAK	35.00	35.00
66879	MUSHRM COFF CORDYCEPS	10	PAK	15.00	15.00
66878	MUSHRM COFF LIONS MANE	10	PAK	15.00	15.00
66880	REISHI MUSHRM ELIX MX	20	PAK	35.00	35.00

FREEDA VITAMINS		
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More ~~Less~~ is More



QH-absorb® delivers Co-Q10 benefits in **LESS** time and at **HIGHER** levels!



QH-ABSORB®, 100 MG, 60 SOFTGELS - JRW53091
QH-ABSORB®, 100 MG, 120 SOFTGELS - JRW59922
QH-ABSORB®, 200 MG, 30 SOFTGELS - JRW55162
QH-ABSORB®, 200 MG, 60 SOFTGELS - JRW59935
QH-ABSORB®+PQQ™, 30 SOFTGELS - JRW63121

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Our clinical studies confirm that 300 mg of our proprietary QH-absorb® per day raised plasma Co-Q10 levels by 777% over baseline in humans. This represents the greatest increase in Co-Q10 levels ever achieved.*

Co-Q10 plays an essential role in the production of energy in every cell in the human body, but standard Co-Q10, ubiquinone, must be reduced to ubiquinol to be physiologically active.*

Jarrow Formulas® QH-absorb® is the “reduced” – antioxidant-form of Co-Q10 that is proprietary, stabilized and ready for absorption!*

Jarrow Formulas® QH-absorb® offers tremendously improved bioavailability over all other tested Co-Q10 supplements, both ubiquinone and ubiquinol.*

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



oxidative damage. It helps reduce joint pain, improve joint movement, and prevent muscle damage. A clinical trial evaluating the effects of MSM on patients with osteoarthritis reported that MSM supplementation reduced pain and improved physical function compared to placebo. Another study comparing the efficacy of glucosamine, MSM, and their combination on pain relief in knee osteoarthritis found that combination therapy reduced swelling and provided greater pain relief and improved joint function than individual therapy.

Devil’s Claw, a tuber from Africa contains harpagosides, glycosides that reduce inflammation in the joints. It is used to alleviate arthritic and overuse symptoms, and is effective for both chronic and acute joint pain. It acts as an analgesic in joints and seems to calm down inflammatory conditions in the connective tissue. It can also help reduce chronic muscle pain, such as is found in fibromyalgia. Published studies have shown Devil’s Claw to be as effective as certain popular arthritis drugs.

Contra-indications and Cautions: Pregnancy, Nursing. Those allergic to shellfish

Dosage:

Take 2 capsules, 2 times per day with water.

Glycemic Support Complex

A blend of herbs designed to normalize blood sugar metabolism

90 Veggie Caps - Product Code: 67453

Who might benefit from using this herbal blend?

- Those with hypoglycemia, insulin resistance, sugar cravings,
- Those with energy and mood swings related to blood sugar levels

Ingredients:

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Each veggie capsule contains the following fresh ground herbs: Organic Cinnamon Bark - 200mg, Ethically Wild Harvested Nopal Opuntia Cactus - 100mg, Selectively Imported Gymnema Herb (25% Gymnemic Acid) - 45mg, Selectively Imported Bitter Melon Fruit - 45mg, Organic Fenugreek Seed - 45mg, Chromium (as nicotinate) - 240 mcg (200% DV), Stevia Leaf Extract - 5mg, in a vegetarian capsule consisting of Modified Vegetable Cellulose

Dosage:

Serving Size: 1 Veggie Cap

Properties:

Traditionally, this combination of herbs would be thought to exert the following properties: Hypoglycemic, Hypolipidemic, Digestive, Stomachic, Antioxidant, Anti-Inflammatory

Indications:

In simple terms, Glycemic Support Complex supports healthy glucose metabolism and insulin activity. It is indicated for those with adult onset type 2 diabetes and those with pre-diabetes to assist in controlling elevated glucose and lipid concentrations. It can also be used by healthy individuals to maintain normal blood sugar levels and avoid future problems.

Cinnamon has been extensively researched for its potential treatment of blood sugar swings and type 2 diabetes. In type 2 diabetes, insulin made by the pancreas can no longer get into cells to produce energy. Since the cells are not getting the insulin they need, the pancreas continues making more and more. Abnormally high levels of insulin that accumulate in the blood lead to many complications including cardiovascular disease, stroke,, hypertension, hyperlipidemia, kidney disease, and blindness. Extracts of Cinnamon have been found to increase glucose uptake, glycogen synthesis and phosphorylation of the insulin receptor. In addition, Cinnamon also has antioxidant activity important for the

prevention of diabetes related complications.

Nopal Opuntia Cactus, also known as prickly pear cactus, is believed to have anti-diabetic, anti-inflammatory and antioxidant activity. Traditionally the plant was used as both a medicine and as a source of nourishment. Its chemical composition is similar to that of a vegetable and it has been used as a food in the Mexican diet for centuries. It contains an abundant amount of mucilage and fiber which very likely play a role in its ability to delay glucose absorption. A study investigating its hypoglycemic effects in humans found a significant reduction of serum glucose and insulin concentration in diabetic patients treated with Nopal. Another study’s findings suggest that Nopal can reduce postprandial blood glucose, serum insulin and plasma GIP peaks, as well as increase antioxidant activity in healthy people and patients with type 2 diabetes.

Gymnema has been used for centuries in India for the treatment of type 2 diabetes. It increases insulin secretion and utilization of glucose, inhibits glucose absorption from the intestine, and helps regenerate pancreatic islet cells. The gymnemic acid molecules found in Gymnema promote lowered blood sugar by attaching to the external layers of the intestine and preventing sugar molecules from being absorbed. In addition, these molecules also bind to taste buds in the mouth, which is why Gymnema is believed to prevent sugar cravings.

Bitter Melon’s steroidal glycosides, alkaloids and insulinomimetic lectins are believed to be responsible for its anti-diabetic effects. In studies, Bitter Melon extracts have been found to significantly improve glucose tolerance and fasting blood glucose levels. It has also been reported to stimulate insulin secretion and prevent glucose absorption.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



14310	CAL GLUCONATE	1#	PWD	25.20	20.16	51880	MAG CITRATE PWD	16Z	PWD	18.95	15.16	57927	CORDYCHI 500 HOST DEF	60	VCA	31.95	28.75	24017	ECHIN GOLDENSEAL GLYC.	1Z	LIQ	12.99	11.69				
14312	CAL GLUCONATE 500	500	TAB	29.90	23.92	14511	MAG GLUCONATE 500	500	TAB	29.95	23.96	65340	CORDYCHI EXT HOST DEF	1Z	LIQ	19.95	17.95	38149	ECHIN GOLDENSL SUPREME	60	CAP	29.99	26.99				
14317	CAL MAG SUPER 1000/500	250	TAB	21.20	16.96	14518	MONOCAPS	100	TAB	15.45	12.36	57923	LIONS MANE 500 HOST DF	60	VCA	31.95	28.75	37482	ECHIN GOLDENSL SUPREME	1Z	LIQ	12.99	11.69				
14316	CAL MAG SUPER 1000/500	100	TAB	10.60	8.48	14519	MONOCAPS	250	TAB	30.90	24.72	65960	LIONS MANE 500 MG HOST	120	CAP	59.95	53.95	37481	ECHIN SUPREME	2Z	LIQ	25.99	23.39				
26440	CAL MINT CHEWABLE 650	250	CHW	22.80	18.24	26437	NIACIN 500 MG	100	TAB	12.60	10.08	57932	MAITAKE 500 HOST DEF	60	VCA	31.95	28.75	38148	ECHIN SUPREME	60	SGC	29.99	26.99				
14323	CAL PANTOTHENATE 200	100	TAB	9.50	7.60	30112	NIACINAMIDE 250 MG	250	TAB	16.60	13.28	62483	MYCO SHIELD CINN SPRAY	1Z	SPY	19.95	17.95	23168	ECHIN SUPREME	1Z	LIQ	13.99	12.59				
14326	CAL PANTOTHENATE 545	100	TAB	13.90	11.12	30114	NIACINAMIDE 500 MG	500	TAB	34.80	27.84	62482	MYCO SHIELD PEPP SPRAY	1Z	SPY	19.95	17.95	24900	ECHIN/GOLDE/PROP/SPRAY	1Z	LIQ	13.99	12.59				
14329	CAL PHOSPHATE PWD	1#	PWD	19.50	15.60	14538	NIACINAMIDE 500 TAB	100	TAB	9.80	7.84	65334	MYCOMMUNITY EXTRACT	1Z	LIQ	19.95	17.95	57425	ECHINACEA SUPREME	30	CAP	17.99	16.19				
14301	CALCIUM CARBONATE 650	100	TAB	10.40	8.32	62834	OXI FREEDA	60	TAB	22.90	18.32	59185	MYCOMMUNITY EXTRACT	2Z	LIQ	39.95	35.95	38167	ELEUTHERO ROOT	60	SGC	27.99	25.19				
14300	CALCIUM CARBONATE PWD	11B	PWD	14.90	11.92	62835	OXI FREEDA	120	TAB	41.20	32.96	57931	MYCOMMUNITY HOST DEF	120	VCA	69.95	62.95	38150	ENERGY VITALITY	60	SGC	29.99	26.99				
14305	CALCIUM CITRATE 250 MG	250	TAB	23.90	19.12	14562	PAN C 500	250	TAB	27.80	22.24	57930	MYCOMMUNITY HOST DEF	60	VCA	39.95	35.95	38485	EYEBRIGHT BAYBERRY SUP	1Z	LIQ	15.99	14.39				
14304	CALCIUM CITRATE 250 MG	100	TAB	11.95	9.55	14573	PAPAYA TAB	250	TAB	19.40	15.52	57924	REISHI 500 MG HOST DEF	60	VCA	31.95	28.75	24985	FEM RESTORE SUP	1Z	LIQ	13.99	12.59				
14306	CALCIUM CITRATE 250 MG	500	TAB	39.80	31.84	14581	PARVENZYME	250	TAB	21.90	17.52	65339	REISHI LIQ HOST DEF	1Z	LIQ	19.95	17.95	57208	GAS & BLOATING CAP	50	CAP	24.99	22.49				
14313	CALCIUM LACTATE 600	100	TAB	9.90	7.92	14580	PARVENZYME	100	TAB	10.95	8.76	66669	REISHI LIQ HOST DEFENS	2Z	LIQ	36.95	33.25	55203	GINGER SUPREME	60	CAP	34.99	31.49				
14251	CAROTENE 10000 TAB	100	TAB	14.80	11.84	14592	POT 80 MG GLUCONATE	250	TAB	17.60	14.08	57928	STAMETS 7 HOST DEFENSE	60	VCA	37.95	34.15	38152	GINKGO LEAF	60	SGC	29.99	26.99				
14365	CHOLINE 650	100	TAB	12.10	9.68	14596	QUERCETIN 250	250	TAB	52.90	42.32	65961	STAMETS 7 HOST DEFENSE	120	CAP	59.95	53.95	24221	GINSENG WILD SUPREME	1Z	LIQ	21.99	19.79				
14339	CHROMIUM 400 CHEL	100	TAB	10.60	8.48	14595	QUERCETIN 50	100	TAB	26.95	21.56	61625	TURKEY TAIL 500 HOST	120	VCA	59.95	53.99	24678	GOLDENSEAL ROOT	1Z	LIQ	14.99	13.49				
14369	CITRUS BIOFLAV PWD	4Z	PWD	12.75	10.20	14593	QUERCETIN 50	100	TAB	10.50	8.40	57922	TURKEY TAIL 500 HST DF	60	VCA	31.95	28.75	56099	GREEN TEA	60	VCA	27.99	25.19				
59650	D2 2000 IU	100	TAB	11.90	9.52	14598	QUIN B STRONG 25	250	TAB	23.90	19.12	FUTUREBIOTICS										56101	GREEN TEA LIQ	1Z	LIQ	13.99	12.59
32979	D2 400 I.U. DELTA	250	TAB	12.95	10.36	14601	QUIN B STRONG W/C/ZINC	250	TAB	35.95	28.76	24435	CRANBERRY PLUS	90	TAB	14.49	11.59	24011	HAWTHORN BERRY A/F	1Z	LIQ	12.99	11.69				
14383	D3 1000	500	TAB	25.50	20.40	14604	QUINTABS	250	TAB	34.80	27.84	51837	CRANBIOTIC	60	TAB	26.99	21.59	31150	HAWTHORN BERRY A/F	2Z	LIQ	24.99	22.49				
60894	D3 3000 IU TAB	250	TAB	23.80	19.04	14606	QUINTABS M	100	TAB	18.45	14.76	17581	HAIR SKIN NAILS WOMEN	135	TAB	23.99	19.19	36572	HAWTHORN SUPREME	2Z	LIQ	25.99	23.39				
14380	D3 400 USPU DELTA	250	TAB	11.60	9.28	38222	QUINTABS M IRON FREE	100	TAB	18.20	14.56	51090	INFLAMMOTION	60	VCA	28.99	23.19	38153	HAWTHORN SUPREME	60	SGC	29.99	26.99				
14381	D3 400 USPU DELTA	500	TAB	21.10	16.88	38318	QUINTABS M IRON FREE	250	TAB	36.40	29.12	27358	MULTI VIT + F/WOMEN	120	TAB	21.99	17.59	51194	HOLY BASIL	60	CAP	29.99	26.99				
58990	D3 5000 IU	100	TAB	15.30	12.24	51728	SCD MULTIVIT HI PO	180	TAB	39.95	31.96	25390	VITAL K+ GINSENG	16Z	LIQ	15.99	12.79	54421	HOLY BASIL	1Z	LIQ	13.99	12.59				
59466	D3 5000 TAB	250	TAB	27.90	22.32	14545	SELENIUM OCEANIC 100	100	TAB	11.95	9.56	GAIA HERBS										63502	HOLY BASIL LEAF	120	VCA	49.99	44.99
14394	E 200	90	TAB	14.95	11.96	14548	SELENIUM OCEANIC 200	100	TAB	16.60	13.28	51025	ADRENAL HEALTH	60	CAP	29.99	26.99	62886	IRON LIQ PLANTFORCE	8.5	LIQ	25.99	23.39				
14411	E 400 H2O DISP MIXED	90	TAB	23.95	19.16	14542	SELENIUM OCEANIC 50	100	TAB	9.60	7.68	63936	ADRENAL HEALTH	120	CAP	49.99	44.99	38154	KAVA KAVA	60	LIQ	29.99	26.99				
14412	E 400 H2O DISP MIXED	180	TAB	42.90	34.32	14631	SUPER QUINTS B 50	250	TAB	33.60	26.88	66742	ADRENAL HLTH JUMP STRT	60	LVC	34.99	31.49	43695	KAVA KAVA ROOT	1Z	LIQ	14.79	13.31				
14449	FEM CAL	100	TAB	10.70	8.55	14632	SUPER QUINTS B 50	500	TAB	54.80	43.84	66741	ADRENAL HLTH NIGHT RST	60	LVC	29.99	26.99	44282	LACTATION SUPPORT	60	SGC	26.99	24.29				
30108	FEM CAL CITRATE	250	TAB	23.80	19.04	55944	TRYPTOPHAN 500 MG TAB	50	TAB	31.95	25.56	62702	ASHWAGANDHA ROOT	60	CAP	24.99	22.49	62555	LACTATION SUPPORT TEA	20	BAG	7.99	7.19				
14417	FLAVONS 500	100	TAB	12.90	10.32	14653	ULTRA FREEDA	270	TAB	56.40	45.12	43585	ASTRAGALUS SUPREME	60	CAP	29.99	26.99	30410	LEMON BALM	1Z	LIQ	12.99	11.69				
14418	FLAVONS 500	250	TAB	25.80	20.64	14654	ULTRA FREEDA IRON FREE	90	TAB	25.20	20.16	27342	ASTRAGALUS SUPREME	60	CAP	29.99	26.99	29766	LICORICE ROOT	1Z	LIQ	12.99	11.69				
14420	FOLIC ACID 400 MCG	500	TAB	22.95	18.36	14655	ULTRA FREEDA IRON FREE	180	TAB	40.80	32.64	44281	BLACK COHOSH EXT 80 MG	60	CAP	27.99	25.19	38482	LIVER HEALTH LP	60	CAP	29.99	26.99				
14430	FREEDAVITE	250	TAB	17.50	14.00	14656	ULTRA FREEDA IRON FREE	270	TAB	56.30	45.04	40123	BLACK ELDERBERRY	1Z	LIQ	12.99	11.69	64072	MACA	60	CAP	19.99	17.99				
14429	FREEDAVITE	100	TAB	8.75	7.00	14662	YELETS TEENAGE MULTI	100	TAB	12.75	10.20	56192	BLACK ELDERBERRY NIGHT	60	CAP	27.99	25.19	63503	MACA PWD ORG GELAT	16Z	PWD	29.99	26.99				
38220	GERI FREEDA IRON FREE	100	TAB	13.95	11.16	14353	ZINC 22.5 CHELATED	100	TAB	9.50	7.60	58193	BLACK ELDERBERRY NIGHT	60	CAP	27.99	25.19	65413	MACA PWD ORG GELATINZ	8Z	TAB	17.99	16.19				
50295	GLUCOSAMIN 500 NO SHEL	100	TAB	22.90	18.32	14354	ZINC 22.5 CHELATED	250	TAB	18.90	15.12	56190	BLACK ELDERBERRY SYRUP	3Z	LIQ	19.99	17.99	65706	MACABOOST CACAO GINGER	8Z	PWD	24.99	22.49				
62833	GUAR GUM PWD	8Z	PWD	15.95	12.76	14665	ZINC ELEMENTAL 30	250	TAB	19.60	15.68	56191	BLACK ELDERBERRY SYRUP	3Z	LIQ	21.99	19.79	38155	MALE LIBIDO	60	SGC	27.99	25.19				
14474	HI VEGI LP	250	TAB	51.20	40.96	14664	ZINC ELEMENTAL 30	100	TAB	9.80	7.84	58189	BRONCHIAL WELLNESS SYR	5.4	LIQ	32.99	29.69	40130	MENTAL ALERTNESS	60	CAP	29.99	26.99				
14476	INOSITOL 650 TAB	100	TAB	15.95	12.76	14668	ZINC GLUCONATE 15 MG	500	TAB	23.95	19.16	60215	BRONCHIAL WELLNESS TEA	3Z	LIQ	21.99	19.79	27145	MILK THISTL YELLOW DOCK	1Z	LIQ	12.99	11.69				
14477	INOSITOL 650 TAB	250	TAB	31.90	25.52	14669	ZINC LOZ 10	100	LOZ	13.30	10.64	FUNGI PERFECTI										38157	MILK THISTLE SEED	60	SGC	29.99	26.99
14482	KALA SOY BEAN ACIDOPH	250	TAB	18.95	15.16	57925	AGARIKON 500 HOST DEF	60	VCA	34.95	31.45	57925	AGARIKON 500 HOST DEF	1Z	LIQ	19.95	17.95	64885	MILK THISTLE SEED	120	SGC	49.99	44.99				
14488	KELP PACIFIC	250	TAB	15.30	12.24	65338	BREATHE EXT HOST DEF	1Z	LIQ	19.95	17.95	65336	BREATHE VCAP HOST DEF	30	VCA	19.95	17.95	39000	MILK THISTLE SEED A/F	2Z	LIQ	26.99	24.29				

INTRODUCING

STAYING SHARP IS A NO-BRAINER.



Backed by 9 human clinical studies.

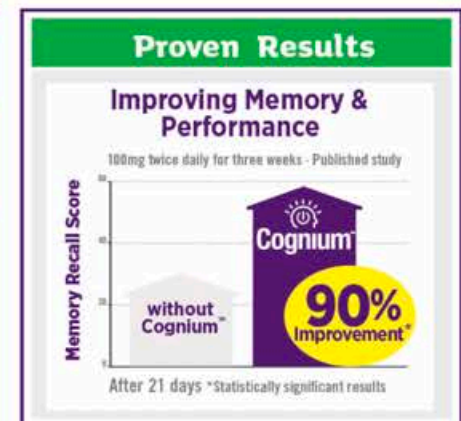
Natrol Cognium is the only brain health supplement with a clinically tested ingredient backed by **9 clinical studies** that show statistically significant improvements in memory and cognition.[†] That makes Cognium the smart choice in brain health.

Clinically Proven Results.

How Cognium Sharpens your Mind

ENERGIZES
Increases blood flow and nutrition to the brain's centers for memory and cognition.[†]

PROTECTS
Acts like a powerful antioxidant for your brain, shielding it from free radical damage.[†]



NATROL®
OWN YOUR HEALTH

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Detailed results can be found at: www.Cera-Q.com

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

41417	OREGANO LEAF	1 Z	LIQ	13.99	12.59
62272	PASSION FLOWER VINE	1 Z	LIQ	13.99	12.59
52243	PROSTATE HEALTH	60	SGC	29.99	26.99
52378	QUICK DEFENSE	40	CAP	41.99	37.79
57210	REFLUX RELIEF CHW	15	CHW	12.99	11.69
65896	REFLUX RELIEF CHW	45	CHW	32.99	29.69
59635	RESVERATROL 150 MG	50	CAP	23.99	21.59
41914	RHODIOLA ROSEA EXT 240	60	SGC	27.99	25.19
64412	RHODIOLA ROSEA EXT 240	120	VCA	45.99	41.39
38165	SAW PALMETTO	60	SGC	28.99	26.09
24101	SCUDDERS ALTERNATIVE	2 Z	LIQ	24.99	22.49
40125	SKIN AND NAIL SUPPORT	60	CAP	29.99	26.99
60639	SLEEP & RELAX KIDS	5.4	LIQ	19.99	17.99
61762	SLEEPTHRU VCAP	60	VCA	29.99	26.99
56493	SOUND SLEEP	30	VCA	17.99	16.19
38168	SOUND SLEEP	60	SGC	27.99	25.19
56104	ST JOHNS WORT FLOW LIQ	1 Z	LIQ	12.99	11.69
54287	STRESS REPONSE	30	CAP	17.99	16.19
29543	SWEETISH BITTER ELIXIR	2 Z	LIQ	17.99	16.19
57751	THROAT SHIELD SPRAY	30M	SPY	24.99	22.49
38369	THYROID SUPPORT	60	SGC	29.99	26.99
61903	THYROID SUPPORT	120	CAP	46.99	42.29
65701	TURMERIC BOOST RESTORE	5.2	PWD	29.99	26.99
65700	TURMERIC BOOST UPLIFT	5.2	PWD	29.99	26.99
56313	TURMERIC EXTRA STRENG	60	CAP	29.99	26.99
66483	TURMERIC SUPR IMM ASAP	20	LVC	29.99	26.99
64292	TURMERIC SUPREME ALLER	60	VCA	29.99	26.99
64289	TURMERIC SUPREME EXTRA	120	VCA	49.99	44.99
64295	TURMERIC SUPREME JOINT	60	VCA	29.99	26.99
64290	TURMERIC SUPREME PAIN	60	VCA	29.99	26.99
26098	VALERIAN POPPY SUPREME	1 Z	LIQ	12.99	11.69
38170	VALERIAN ROOT EXT 100	60	SGC	27.99	25.19
56103	VALERIAN ROOT LIQ ORG	1 Z	LIQ	13.99	12.59
38410	VISION ENHANCEMENT	60	SGC	29.99	26.99
63993	VITEX BERRY	60	CAP	19.99	17.99
28934	VITEX ELIXIR FOR WOM	2 Z	LIQ	14.99	13.49
52379	WHOLE BODY DEFENSE	60	CAP	29.99	26.99
57875	WILD OATS	4 Z	LIQ	44.99	40.49
59915	WILD OATS MILKY SEED	1 Z	LIQ	13.99	12.59
38161	WOMENS BALANCE	60	SGC	29.99	26.99
38171	WOMENS LIBIDO	60	SGC	27.99	25.19
22985	WORMWOOD BLACK WALNUT	1 Z	LIQ	15.99	14.39

GARDEN OF LIFE					
62324	5 DY MX CR 400B PRB RW	75G	PWD	41.95	35.65
56118	50 & WISER MENS MULTI	120	CAP	43.17	36.69
56117	50 & WISER WOMENS MULT	120	CAP	43.17	36.69
66096	AMLA C SPRAY ORG KIND	2 Z	SPY	12.95	11.00
66097	AMLA C SPRAY ORG KND	2 Z	SPY	12.95	11.00
66092	B COMPLEX ORGANIC KIND	30	TAB	29.95	25.45
56627	B COMPLEX RAW	60	VCA	21.56	18.32
65656	B12 1000 RAW	30	VCA	16.15	13.72
64572	B12 500 METHYL SPR KND	2 Z	SPY	16.95	14.40
56392	C 150 MG RAW	60	VCA	19.39	16.48
43635	C L O OIL	8 Z	LIQ	18.33	15.58
57921	CALCIUM 150 MG RAW	120	VCA	48.61	41.32
64975	CALCIUM 150 MG RAW VIT	60	VCA	28.06	22.44
62162	COCONUT OIL ORGANIC	32Z	OIL	32.39	27.53
41762	COCONUT OIL ORGANIC	16Z	LIQ	17.25	14.66
62321	COLON CARE 50B PROB RW	30	CAP	41.95	35.65
60674	COQ10 RAW VIT CODE	60	CAP	52.45	44.58
64573	D3 1000 VEG SPR VN KND	2 Z	SPY	21.95	18.65
58029	D3 2000 RAW VIT CODE	60	CAP	21.58	18.34
66098	D3 2000 VEG OG KND CHW	30	CHW	16.95	14.40
60673	D3 5000 RAW VIT CODE	60	CAP	26.20	22.27
57916	DHA CHW OCEANS KIDS	120	CHW	18.48	15.71
58580	E 250 IU VITAMIN D	60	CAP	26.97	22.92
67330	ENZYMES ORG DIGEST+ CHW	90	CHW	29.95	25.45
59353	ENZYMES MEN RAW	90	CAP	52.45	44.58
60479	ENZYMES RAW WOMEN 50 &	90	VCA	52.45	44.58
59352	ENZYMES WOMEN RAW	90	CAP	52.45	44.58
61478	FIBER RAW	200	PWD	18.85	16.02
59354	FIBER RAW	600	PWD	34.60	29.41
66480	FITBITOTIC 50 BILL PAK	20	PAK	44.95	38.21
63708	FLORA CLEANSER RAW	60	CAP	47.20	40.12
53607	FUCO THIN	90	SGC	53.98	45.88
62782	FUCO THIN GREEN	90	CAP	52.45	44.58
38726	GOATEIN PWD	450	PWD	64.95	55.20
57655	GROW BONE	KIT	KIT	59.43	50.51
62233	HEALTHY BLOOD VIT CODE	60	VCA	16.75	14.23
66095	IRON + HERBS PLNT LIQ	5 Z	LIQ	29.95	25.45
57744	IRON 22 MG RAW VIT COD	30	VCA	16.15	13.72
62234	K COMPLEX RAW K1/K2	60	VCA	29.35	24.94
59001	KIDS MULTI VITAM CODE	/60	CHW	29.15	24.77
59002	KIDS MULTI VITAM CODE	30	CHW	17.25	14.66
67378	KIDS + PROBIOT ORG CHW	30	CHW	22.95	19.50
67196	MAG RELAX REST ORANGE	196	PWD	22.95	19.50
67197	MAG RELAX REST ORANGE	391	PWD	39.95	33.45
67200	MAG RELAX REST ORIG	190	PWD	22.95	19.50
67201	MAG RELAX REST ORIG	381	PWD	39.95	33.45
67198	MAG RELAX REST STR LEM	230	PWD	22.95	19.50
67199	MAG RELAX REST STR LEM	461	PWD	39.95	33.45
56811	MEN MULTI RAW ONE	75	VCA	37.78	32.11
64565	MENS 40 + MULTI KND ORG	120	TAB	79.95	67.95
64564	MENS 40 + MULTI KND ORG	60	TAB	49.95	42.45
64562	MENS MULTI KIND ORG	60	TAB	49.95	42.45
64563	MENS MULTI KIND ORG	120	TAB	79.95	67.95
58013	MENS MULTI RAW VIT COD	120	TAB	43.17	36.69
64557	MENS ONCE DAILY KND OG	60	TAB	49.95	42.45
64469	MENS ONCE DAILY KND OG	30	TAB	29.95	25.45
66123	MENS PROB ONCE DAILY	30	VCA	39.95	33.45
66118	MOOD PLUS PROBIOTICS	60	CAP	44.95	38.20
67205	MOOD PROBIOTIC	60	CAP	44.95	38.20
59000	MULTI LIQ VITAMIN CODE	30Z	LIQ	49.30	41.90
40345	OMEGA ZYME	90	CPL	42.12	35.80
51695	OMEGA ZYME ULTRA	90	CAP	49.69	42.23
67135	ONCE DAILY ULTRA	30	CAP	49.95	42.45
38079	PERFECT FOOD	150	CPL	49.69	42.23
63654	PERFECT FOOD ALKAL DTX	285	PWD	43.21	38.84
56778	PERFECT FOOD ORIGINAL	300	PWD	49.69	42.23
61560	PERFECT FOOD PWD CH RW	285	PWD	43.21	36.72
63652	PERFECT FOOD PWD RW AP	224	PWD	43.21	36.72

57915	PERFECT FOOD PWD RW OG	240	PWD	43.21	36.72
63655	PERFECT FOOD PWD RW OG	481	PWD	77.65	66.00
63643	PERFECT FOOD RAW ENERG	285	PWD	43.21	36.72
56628	PERFECT FOOD RAW GREEN	240	VCA	43.21	36.72
63653	PERFECT FOOD WHEAT GR	120	PWD	31.45	26.73
55769	PERFECT WEIGHT VIT COD	120	CAP	47.50	40.37
64568	PLANT CALCIUM ORG KIND	90	TAB	36.95	31.90
64569	PLANT CALCIUM ORG KIND	180	TAB	63.95	54.35
67202	PLANT COLLAGEN BUILD	60	TAB	32.95	28.00
65293	PLANT PROT ORG CHOC SM	10Z	PWD	29.95	25.45
65294	PLANT PROT ORG COFFEE	9 Z	PWD	29.95	25.45
65292	PLANT PROT ORG VAN SMT	9 Z	PWD	29.95	25.45
65291	PLANT PROT ORG YERBA MT	9 Z	PWD	29.95	25.45
57495	PRENATAL DHA OCEAN MOM	30	SGC	18.48	15.71
64560	PRENATAL MULTI KND ORG	90	TAB	44.95	38.20
64561	PRENATAL MULTI KND ORG	180	TAB	79.95	67.95
66094	PRENATAL ONCE DAILY OG	90	TAB	99.95	84.95
66093	PRENATAL ONCE DAILY OG	30	TAB	39.95	33.95
67203	PRENATAL PRB SHLF ONCE	30	CAP	24.95	21.20
67204	PRENATAL PROB 20B ONCE	30	CAP	24.95	21.20
60716	PRENATAL RAW VIT CODE	180	VCA	62.95	53.50
62524	PRENATAL RAW VIT CODE	30	VCA	22.00	18.70
57920	PRENATAL RAW VIT CODE	90	VCA	43.21	36.72
55998	PRIMAL DEFENS KIDS BAN	76.	PWD	28.06	23.85
51694	PRIMAL DEFENS ULTRA	90	CAP	54.02	45.91
38886	PRIMAL DEFENSE IMM PWD	2.8	PWD	49.69	42.23
36252	PRIMAL DEFENSE IMMUNE	90	CPL	49.69	42.23
59645	PROBIOTICS KIDS ORG RW	96	PWD	28.30	24.05
59988	PROBIOTICS MEN 50 & RW	90	CAP	52.45	44.58
59351	PROBIOTICS MEN RAW	90	CAP	52.45	44.58
59887	PROBIOTICS WOMEN 50 &	90	CAP	52.45	44.58
59350	PROBIOTICS WOMEN RAW	90	CAP	52.45	44.58
67206	PROSTATE PROBIOTIC	60	CAP	44.95	38.20
65180	RAW FIT POWDER CHOC	450	PWD	47.20	40.12
63197	RAW FIT POWDER ORG	16Z	PWD	47.20	40.12
56181	RAW FIT PWD VAN ORG	420	PWD	47.20	40.12
58031	RAW MEAL POWDER	2.6	PWD	59.95	50.95
64529	RAW MEAL POWDER ORG	1.3	PWD	31.95	27.15
64282	RAW MEAL POWDER VAN	21Z	PWD	31.95	27.15
61558	RAW MEAL PWD CHOC	2.6	PWD	59.95	50.95
64283	RAW MEAL PWD CHOC COC	21Z	PWD	31.95	27.15
61581	RAW MEAL PWD VAN CHAI	21Z	PWD	31.95	27.15
64289	RAW MEAL PWD VANILLA	2.5	PWD	59.95	50.95
63202	RAW MEAL PWD VN CHI OG	2.5	PWD	59.95	50.95
63203	RAW PROT PWD VN CHI OG	22Z	PWD	45.26	38.47
61556	RAW PROTEIN CHOC ORG	650	PWD	45.26	38.47
58032	RAW PROTEIN ORGANIC	568	PWD	45.26	38.47
61557	RAW PROTEIN VAN ORG	631	PWD	45.26	38.47
60675	RESVERATROL RAW VT CD G	60	CAP	52.45	44.58
39990	RM # 10	60	CPL	45.37	38.56
60677	SINUS IMMUNE BALANCE	60	CAP	24.10	20.48
41602	SUPER SEED PWD	600	PWD	26.98	22.93
62323	ULT CARE 100B PROB RAW	30	CAP	49.95	42.45
67207	URINARY TRACT PROBIOT	60	CAP	44.95	38.20
62322	VAGINAL CRE 50B PRB RW	30	CAP	41.95	35.65
63198	WILD ROSE HERBAL D TOX	KIT	KIT	36.70	31.19
22367	WOBENZYM N TAB	800	TAB	216.26	183.82
41028	WOBENZYM N TAB	400	TAB	130.82	111.19
21151	WOBENZYM N TAB	200	TAB	68.09	57.87
40907	WOBENZYM N TAB	100	TAB	39.97	33.97
60423	WOMEN MULTI RAW ONE	30	VCA	26.98	22.93
56871	WOMEN MULTI RAW ONE	75	VCA	37.78	32.11
64559	WOMENS 40+ MULTI KIND	120	TAB	79.95	67.95
64558	WOMENS 40+ MULTI KIND	60	TAB	49.95	42.45
64567	WOMENS MULTI KIND ORG	120	TAB	79.95	67.95
64566	WOMENS MULTI KIND ORG	60	TAB	49.95	42.45
64571	WOMENS ONCE DAILY KIND	30	TAB	29.95	25.45
64570	WOMENS ONCE DAILY KIND	60	TAB	49.95	42.45
66122	WOMENS PROB ONCE DAILY	30	VCA	39.95	33.45
62235	ZINC 30 MG RAW VIT COD	60	VCA	13.60	11.56

GARY NULL					
24297	ALOE HEAVENLY CHERRY	33	LIQ	36.95	33.25
39199	ANTIOXIDANT SUPER	90	CAP	65.40	58.86
38494	FRESH BRATH MOUTH MINT	16Z	LIQ	11.99	10.79
59178	GREEN STUFF 500G	500	PWD	79.99	71.91
64414	MUSCLE STUFF VANILLA	1.5	PWD	39.99	35.99
32922	PROSTATE CARE	60	CAP	29.95	26.95
44688	RED STUFF PWD	500	PWD	111.40	100.26
62296	SHAMPOO NATURAL HAIR	16Z	LIQ	29.99	26.99
25601	SUPREMA C CHERRY	180	CHW	29.40	26.46
14682	SUPREMA C PWD STRAWBRY	24Z	PWD	53.40	48.06
67234	TOTAL BODY MOIST	4.5	CRM	48.99	44.09
38137	TPST CLEAN TEETH	5 Z	TUB	9.99	8.99

GENACOL USA					
59937	GENACOL COLLAGEN 1200	90	CAP	29.99	26.99
60209	GENACOL COLLAGEN 1200	180	CAP	49.99	44.99
59936	GENACOL INST TOPIC GEL	4 Z	GEL	19.99	17.99
64724	GENACOL PLUS GLUCOSAM	90	CAP	34.99	31.49

GENCEUTIC NATURALS					
3052	CINNAMON 500 MG ORG	60	CAP	17.99	14.39
3049	COQ10 100 24 HR MICRO	60	VCA	31.99	25.59
3047	CURCUMIN 250 MG	60	SGC	34.99	27.99
3050	MILK THISTLE EXT 350	60	CAP	29.99	23.99
3063	PTEROSTILBENE 100 MG	60	VCA	29.99	23.99
3046	R LIPOIC ACID 300 MG	60	VCA	49.99	39.99
3053	TURMERIC 300 MG ORG	60	CAP	19.99	15.99



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Fenugreek seed has been shown in studies to reduce blood glucose, serum cholesterol and carbohydrate-induced hyperglycemia. It is high in fiber, saponins, and alkaloids, which are believed to be responsible for its beneficial effects on blood sugar. It has also been found to have anti-inflammatory and diuretic properties

The trace mineral Chromium assists the body in utilizing insulin. Reports indicate that Chromium deficiency may cause metabolic abnormalities such as insulin-resistance and hyperlipidemia. Studies have found niacin-bound chromium (Chromium nicotinate) to be effective in improving insulin resistance, reducing cholesterol levels, and improving body composition.

Stevia is an herb that is 250-300 times sweeter than table sugar, however it does not negatively alter blood glucose and thus can be used as a sweetener for those with blood sugar swings, diabetics and anyone wanting to avoid sugar. Research has shown it may be effective in regulating blood sugar levels and lowering blood pressure.

Contra-indications and Cautions: Allergy to Cinnamon or Peruvian Balsam; Pregnancy; Nursing

Complimentary Formulas & Single Herbs:

- Adrenal Stress Complex (liquid formula to help the body regulate sugar and energy)
- B-Complex vitamins

Dosage:

Take 1 veggie cap 1-3 times per day or as directed by health care professional..

Goldenseal Root 1:5

Used by Native Americans for colds, flu, sore throat and intestinal problems.

1 fl oz - Product Code: 56950
60 Veggie Caps - Product Code: 60128

Who can benefit from taking this herbal supplement?

- Those with infections of any mucosal tissue, including the respiratory tract, urinary tract, digestive tract, reproductive tract and gum infections.

The anti-microbial activity of Goldenseal may be due to two alkaloids, hydrastine and berberine.

Ingredients:

Goldenseal is in serious danger of over-harvesting in the wild, so only organically cultivated goldenseal should be used. This is what is used in Phyto-Tech™ Goldenseal Root 1:5. Also available in a vegetarian capsule form. Each Phyto-Tech™ Goldenseal veggie cap contains 250 mg of certified organic Goldenseal Root.

Echinacea Goldenseal

90 Veggie Caps - Product Code: 60125

Ingredients:

Each Phyto-Tech™ Echinacea Goldenseal veggie capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic.

Gotu Kola 1:1.5

1 fl oz - Product Code: 57010

Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

1 fl oz - Regular Flavor - Product Code: 56944
2 fl oz - Regular Flavor - Product Code: 57098
1 fl oz - Peach Flavor - Product Code: 56998
90 Veggie Caps - Product Code: 60126

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

- The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Ingredients:

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech™ Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

Green Walnut Complex

1 fl oz - Product Code: 57034

Hawthorn Berry 1:3

1 fl oz - Product Code: 56964
90 Veggie Caps - Product Code: 60132

... continued on page 62

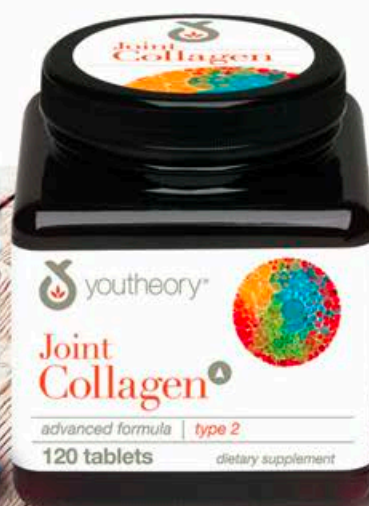
Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Headache Complex

A blend of herbs designed to provide optimal relief to the pain and inflammation associated with headaches.

1 fl oz - Product Code: 57088

Who can benefit from this supplement?

- Those with migraine or other types of headaches.

Ingredients:

Phyto-Tech™ Headache Complex contains the following herbs: White Willow Bark, Feverfew Herb, Meadowsweet Herb, Fresh Ginger Root, Fresh Pulsatilla Herb. Aspirin was initially synthesized from salicin extracted from white willow bark and/or meadowsweet. The white willow bark used in this product has a very high salacin content.

Herbal Biotic Complex

Child Friendly

1 fl oz - Product Code: 56973

Herp Ease Formula

A blend of herbs designed for use during the acute outbreak of any type of herpes infection.

1 fl oz - Product Code: 57099

Who might benefit from this herbal supplement?

- Those suffering an acute outbreak of genital herpes, cold sores (oral herpes), or shingles (herpes zoster.)
- While there is no cure for herpes, this formula will help to quiet the attack and reduce the inflammation. The Ayurvedic herb Neem is a very strong anti-bacterial and anti-viral that limits the viral attack. Licorice and Turmeric are strong anti-inflammatory herbs that reduce the outbreak. They limit prostaglandin-induced inflammation. The anti-viral actions of St. John's Wort are being discovered and used for many viral

conditions. St. John's Wort is also a nerve ending sedative, which helps in pain. Since herpes lives in the nerve endings and tends to erupt when under stress (stress hyper stimulates the nerve endings), St. John's Wort is of obvious value. St. John's Wort is calming under stress, is a nerve ending sedative and has anti-viral implications.

Ingredients:

Phyto-Tech™ Herp Ease Formula contains: Neem Herb, Licorice Root, St. John's Wort Flowers Fresh, Turmeric Root Fresh, Alcohol Pure Grain, Water Pure Deionized.

Holy Basil 20-8-8-5 Standardized

Holy Basil is a powerful adaptogen that helps the body overcome stress while calming the mind, uplifting the spirit, and restoring tranquility. It eases anxiety and nervous irritability and helps those with stress related health conditions. It also promotes healthy glucose levels, acts as a powerful antioxidant and fights inflammation.

60 Veggi Caps (Liquid Fill) - Product Code: 57051

Phyto-Tech™ Holy Basil liquid filled veggie caps is standardized to 20 mg Eugenols, 8 mg Caryophyllene, 8 mg Rosparinic Acid and 5 mg Ursolic Acid.

Ingredients:

Each liquid filled veggie cap contains the following: Holy Basil Leaf Alc Extract (certified organic), 300 mg; Holy Basil Supercritical Extact, 150 mg; Lecithin Soy Non GMO, Cellulose Mod Vegetable, Chlorophyll. The usual dosage is one capsule 2 times daily.

Who can benefit from this supplement?

- Those suffering from anxiety, irritability or mild depression; those living a fast-paced, high stress lifestyle
- Those who need help maintaining normal glucose and cortisol levels
- Those suffering from various types of inflammation.

Holy Basil (Ocimum sanctum), also known as Tulsi, is one of the most highly regarded plants in Ayurvedic medicine. It has been used for centuries in India to treat an array of conditions such as inflammation, digestive complaints, asthma, arthritis, and skin conditions. In the West it is most well known for its ability to counteract stress, calm the mind and lift the spirit. Accordidng toherbalists, Holy Basil is an adaptogen that promotes a healthy stress response and can protect one from breakdown due to chronic stress, emotional turmoil or work overload. Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and dopamine. Holy Basil is helpful for individuals with stress-related conditions, such as anxiety, irritability, depression, irritable bowel, digestive disorders, hormonal fluctuations, adrenal fatigue, insomnia, and immune deficiency. Holy Basil encourages emotional well-being and restores homeostasis to individuals who feel like stress has gotten the best of them. Research supports the traditional claims for Holy Basil's role in glucose metabolism, and hypoglycemic effects. A 1996 study involving patients with type 2 diabetes reported a significant decrease in the patients' fasting blood glucose levels when treated with holy basil compared to treatment with placebo. Total serum cholesterol levels were also reduced. A more recent 2006 study found that Holy Basil stimulates insulin secretion from the pancreas, which contributes to the plants anti-diabetic action. In addition, Holy Basil decreases the stress hormone cortisol, which rises when one is exposed to chronic stress. Elevated cortisol levels trigger the body to produce more glucose causing an unhealthy increase in blood glucose levels. This can also result in weight gain. Holy Basil can be helpful for those with type-2 diabetes, pre-diabetes, or rapid blood sugar swings.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



66302	K2 100 MCG MK 7 VSG	60	VSG	24.99	19.99
66303	K2 100 MCG MK 7 VSG	180	VSG	59.99	47.99
63443	KRILL OIL 1000 K REAL	60	SGC	54.99	43.99
63444	KRILL OIL 1000 K REAL	120	SGC	99.99	79.99
63441	KRILL OIL 500 K REAL	60	SGC	32.99	26.39
63442	KRILL OIL 500 K REAL	120	SGC	59.99	47.99
59378	LIPOIC ACID 300 ALPHA	60	CAP	14.99	11.99
59379	LIPOIC ACID 300 ALPHA	150	CAP	31.65	25.32
59381	LIPOIC ACID 600 MG	150	CAP	47.99	38.39
59380	LIPOIC ACID 600 MG	60	CAP	22.99	18.39
66304	LUTEIN ZEAX 20/4 VSG	60	VSG	24.99	19.99
66305	LUTEIN ZEAX 20/4 VSG	180	VSG	59.99	47.99
50758	LYC-O-MATO 15 MG	60	GEL	26.99	21.59
58510	LYC-O-MATO LYCOPENE 15	180	SGC	69.99	55.99
65491	MAG BISGLYCINATE PWD	8 Z	PWD	29.99	23.99
67414	METHYL FOLATE 800 MCG	120	VCA	29.99	23.99
61264	NATOKINASE 100 MG	60	VCA	21.65	17.32
61265	NATOKINASE 100 MG	180	VCA	58.32	46.66
66992	OLIVE OIL SCC XTRA VRG	120	SGC	23.99	19.19
57859	PROBIOTIC 30 BILLION	60	VCA	37.99	30.39
58283	PROBIOTIC 30 BILLION	150	CAP	85.99	68.79
63253	PYCNOGENOL 100 MG	120	VCA	154.99	123.99
59360	PYCNOGENOL 100 MG	30	VCA	46.99	37.59
58711	PYCNOGENOL 100 MG	60	VCA	84.99	67.99
63255	PYCNOGENOL 30 MG	60	VCA	35.99	28.79
63254	PYCNOGENOL 30 MG	30	VCA	19.99	15.99
62686	RAZBERI K 300 TRP STR	180	CAP	49.99	39.99
62685	RAZBERI K 300 TRP STR	60	CAP	24.99	19.99
61261	RAZBERI K RASP KETONES	60	CAP	12.99	10.39
61598	RAZBERI K RASP KETONES	180	CAP	24.99	19.99
57131	RESVERATROL 300 MG	60	VCA	39.99	31.99
60051	RESVERATROL 300 MG	150	CAP	89.99	71.99
62684	SPIRULINA 500 MG ORG	720	TAB	49.99	39.99
62682	SPIRULINA 500 MG ORG	180	TAB	15.99	12.79
59694	TEAVIGO 150 GREEN TEA	60	CAP	29.99	23.99
67412	THEANINE 100 MG VCAP	90	VCA	19.99	15.99
67413	THEANINE 100 MG VCAP	180	VCA	34.99	27.99
59701	TOCOMIN 50 MG SUPRABIO	60	SGC	27.99	22.39
59702	TOCOMIN 50 MG SUPRABIO	150	SGC	59.99	47.99
66301	UBIQUINOL 100 C0Q10 VG	150	VSG	132.99	106.39
66300	UBIQUINOL 100 C0Q10 VG	60	VSG	55.99	44.79
57130	UBIQUINOL 100 SOY FREE	60	SGC	55.99	44.79
58998	UBIQUINOL 200 SOY FREE	150	SGC	132.99	106.39
60534	UBIQUINOL 200 SOY FREE	30	SGC	51.99	41.59
58277	UBIQUINOL 200 SOY FREE	60	SGC	97.99	78.39
58999	UBIQUINOL 200 SOY FREE	150	SGC	235.99	188.79
63425	UBIQUINOL 300 MG SGC	150	SGC	279.99	223.99
59608	UBIQUINOL 50 SOY FREE	30	SGC	17.99	14.39
58276	UBIQUINOL 50 SOY FREE	60	SGC	31.99	25.59
58997	UBIQUINOL 50 SOY FREE	150	SGC	75.99	60.79

HENRY THAYER				
36694	DRY MOUTH CITRUS MIST	4 Z	SPY	8.99 7.19
27452	SLIPPERY ELM CHERRY	150	LOZ	12.59 10.07
22458	SLIPPERY ELM LOZ	150	LOZ	12.59 10.07
27454	SLIPPERY ELM RH TANG	150	LOZ	12.59 10.07
67438	WITCH HAZEL CUCUMBER	12Z	LIQ	10.95 8.76
63104	WITCH HAZEL LAVENDER	12Z	LIQ	10.95 8.76
27458	WITCH HAZEL LEMON	12Z	LIQ	10.95 8.76
27459	WITCH HAZEL MEDICATED	12Z	LIQ	10.95 8.76
27457	WITCH HAZEL ORIG	12Z	LIQ	10.95 8.76
27461	WITCH HAZEL PADS MEDIC	60	PAD	8.75 7.00
27460	WITCH HAZEL PADS ORIG	60	PAD	8.75 7.00
34450	WITCH HAZEL ROSE PETAL	12Z	LIQ	10.95 8.76
HERB PHARM				
22042	ADRENAL SUPPORT TONIC	1 Z	LIQ	13.99 11.19
60743	ALBIZIA	1 Z	LIQ	12.50 10.00
17588	ALFALFA HERB EXT	1 Z	LIQ	12.50 10.00
17589	ANGELICA	1 Z	LIQ	13.00 10.40
29216	ARNICA	1 Z	LIQ	13.99 11.19
17590	ARNICA OIL	1 Z	LIQ	13.99 11.19
51665	ARTICHOKE	1 Z	LIQ	12.50 10.00
50163	ARTICHOKE	4 Z	LIQ	47.50 38.00
31747	ASHWAGANDHA	1 Z	LIQ	14.00 11.20
28839	ASTRAGALUS	4 Z	LIQ	53.20 42.56
17622	ASTRAGALUS CHINESE	1 Z	LIQ	13.99 11.19
17592	BAYBERRY	1 Z	LIQ	14.00 11.20
17593	BLACK COHOSH	1 Z	LIQ	14.00 11.20
32442	BLACK ELDERBERRY A/F	1 Z	LIQ	12.50 10.00
43892	BLACK ELDERBERRY A/F	4 Z	LIQ	49.40 39.52
17595	BLACK WALNUT	1 Z	LIQ	14.00 11.20
65121	BLACK WALNUT	4 Z	LIQ	53.20 42.56
17596	BLADDERWRACK	1 Z	LIQ	12.50 10.00
22056	BLOOD PRESSURE SUPPORT	1 Z	LIQ	13.99 11.19
17598	BLOODROOT	1 Z	LIQ	13.99 11.19
17601	BLUE VERVAIN	1 Z	LIQ	13.00 10.40
22050	BRAIN AND MEMORY TONIC	1 Z	LIQ	13.99 11.19
21952	BUCHU	1 Z	LIQ	13.99 11.19
17604	BUGLEWEED	1 Z	LIQ	13.99 11.19
17607	CACTUS GRANDIFLORUS	1 Z	LIQ	13.99 11.19
36687	CACTUS GRANDIFLORUS	4 Z	LIQ	53.20 42.56
17609	CALENDULA DROPS	1 Z	LIQ	12.00 9.60
17610	CALENDULA OIL	1 Z	LIQ	12.39 9.91
17612	CALIFORNIA POPPY	1 Z	LIQ	14.00 11.20
22038	CALM WATERS	1 Z	LIQ	14.00 11.20
17615	CATNIP	1 Z	LIQ	13.00 10.40
32491	CATS CLAW	1 Z	LIQ	12.50 10.00
17616	CAYENNE	1 Z	LIQ	12.39 9.91
25357	CELERY	4 Z	LIQ	53.20 42.56
17619	CELERY	1 Z	LIQ	14.00 11.20
17620	CHAMOMILE	1 Z	LIQ	14.00 11.20

21953	CHAPARRAL	1 Z	LIQ	14.00 11.20
17621	CHASTE TREE	1 Z	LIQ	14.00 11.20
33637	CHICKWEED	1 Z	LIQ	14.00 11.20
43907	CILANTRO EXT	1 Z	LIQ	13.99 11.19
50909	CINNAMON	1 Z	LIQ	14.00 11.20
17629	CLEAVERS	1 Z	LIQ	12.50 10.00
33636	CLOVES	1 Z	LIQ	14.00 11.20
43652	COMFREY ROOT	1 Z	LIQ	14.00 11.20
17633	CORN SILK	1 Z	LIQ	12.50 10.00
17634	CRAMP BARK	1 Z	LIQ	14.00 11.20
17636	DANDELION	1 Z	LIQ	13.99 11.19
17637	ECHIN GYCERITE A/F	1 Z	LIQ	13.99 11.19
27585	DANDELION ROOT	4 Z	LIQ	53.20 42.56
67397	DERMAL HEALTH	4 Z	LIQ	53.20 42.56
17640	ECHIN GYCERITE A/F	1 Z	LIQ	13.99 11.19
17732	ECHIN SUPER	1 Z	LIQ	14.99 11.99
17734	ECHIN SUPER	4 Z	LIQ	56.99 45.59
17639	ECHINACEA	1 Z	LIQ	13.99 11.19
17642	ELECAMPANE	1 Z	LIQ	14.00 11.20
24074	ELEUTHERO GINS SIB	1 Z	LIQ	13.99 11.19
17652	ELEUTHERO GINS SIB A/F	1 Z	LIQ	14.00 11.20
45049	ELEUTHERO SIB GINSENG	4 Z	LIQ	53.19 42.55
67034	EYE HEALTH	1 Z	LIQ	14.00 11.20
17643	EYEBRIGHT	1 Z	LIQ	13.99 11.19
17644	FEENNEL	1 Z	LIQ	12.39 9.91
17645	FENUGREEK CONC DROPS	1 Z	LIQ	13.99 11.19
22046	FRIAR'S BALSAM	1 Z	LIQ	13.99 11.19
24047	FUNGUS FIGHTER SPIL US	1 Z	LIQ	13.99 11.19
33689	FUNGUS FIGHTER SPIL US	4 Z	LIQ	53.20 42.56
45646	FUNGUS FIGHTER SPIL US	8 Z	LIQ	79.20 63.66
17649	GINGER	1 Z	LIQ	13.99 11.19
33687	GINKGO BILOBA	4 Z	LIQ	53.20 42.56
17650	GINKGO BILOBA	1 Z	LIQ	13.99 11.19
66361	GINSENG ASIAN PANAX	1 Z	LIQ	16.00 12.80
21957	GOLDEN ECHINACEA	1 Z	LIQ	13.99 11.19
17654	GOLDENROD	1 Z	LIQ	12.50 10.00
17655	GOLDENSEAL	1 Z	LIQ	16.39 13.11
17656	GOLDENSEAL GLYC ALC FR	1 Z	LIQ	16.39 13.11
29412	GOOD MOOD TONIC	1 Z	LIQ	13.99 11.19
17657	GOTU KOLA	1 Z	LIQ	13.99 11.19
41960	GREEN TEA	1 Z	LIQ	12.50 10.00
34802	HAWTHORN BLEND	4 Z	LIQ	53.20 42.56
17661	HAWTHORN BLEND	1 Z	LIQ	13.99 11.19
17623	HE SHOU WU FU TI CHIM	1 Z	LIQ	12.50 10.00
50881	HEALTHY HEART TONIC	4 Z	LIQ	53.20 42.56
22034	HEALTHY HEART TONIC	1 Z	LIQ	13.99 11.19
24048	HERBAL DETOX	1 Z	LIQ	13.99 11.19
22053	HERBAL ED'S SALVE	1 Z	CRM	9.90 7.92
17665	HOREHOUND	1 Z	LIQ	12.50 10.00
17666	HORSE CHESTNUT EXT	1 Z	LIQ	13.99 11.19
17668	HORSETAIL	1 Z	LIQ	13.99 11.19
17669	HYDRANGEA ROOT EXT	1 Z	LIQ	13.99 11.19

1 Z	LIQ	14.00	11.20	23683	IMMUNE DEFENSE TONIC	4 Z	LIQ	53.20	42.56
1 Z	LIQ	14.00	11.20	22040	IMMUNE DEFENSE TONIC	1 Z	LIQ	13.99	11.19
1 Z	LIQ	14.00	11.20	28652	INFLAMA RESP TURM CHAM	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	45194	INFLAMMA RESPONSE	4 Z	LIQ	53.20	42.56
1 Z	LIQ	14.00	11.20	17672	JAMAICAN DOGWOOD	1 Z	LIQ	13.00	10.40
1 Z	LIQ	12.50	10.00	17679	LAVENDER	1 Z	LIQ	13.99	11.19
1 Z	LIQ	14.00	11.20	67195	LEMON BALM A/F	4 Z	LIQ	49.40	39.52
1 Z	LIQ	14.00	11.20	17680	LEMON BALM BLEND	1 Z	LIQ	13.99	11.19
1 Z	LIQ	12.50	10.00	17682	LINDEN	1 Z	LIQ	12.99	10.39
1 Z	LIQ	14.00	11.20	22025	LIVER HEALTH	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	17683	LOBELIA	1 Z	LIQ	12.39	9.91
1 Z	LIQ	13.99	11.19	17684	LOMATIUM	1 Z	LIQ	13.99	11.19
4 Z	LIQ	53.20	42.56	22048	MALE SEXUAL VITALITY	1 Z	LIQ	16.39	13.11
4 Z	LIQ	53.20	42.56	17685	MARSHMALLOW	1 Z	LIQ	12.00	9.60
1 Z	LIQ	13.99	11.19	17687	MEADOWSWEEET	1 Z	LIQ	13.00	10.40
1 Z	LIQ	14.99	11.99	17689	MILK THISTLE	1 Z	LIQ	14.99	11.99
4 Z	LIQ	56.99	45.59	63768	MILK THISTLE	8 Z	LIQ	88.40	70.72
1 Z	LIQ	13.99	11.19	17691	MOTHERWORT	1 Z	LIQ	12.79	10.23
1 Z	LIQ	14.00	11.20	17692	MULLEIN FLOWER	1 Z	LIQ	14.00	11.20
1 Z	LIQ	13.99	11.19	54762	MULLEIN GARLIC	1 Z	LIQ	12.99	10.39
1 Z	LIQ	14.00	11.20	22031	NERVOUS SYSTEM TONIC	1 Z	LIQ	14.00	11.20
4 Z	LIQ	53.19	42.55	33638	NEUTRALIZING CORDIAL	1 Z	LIQ	13.99	11.19
1 Z	LIQ	14.00	11.20	33795	OLIVE WHOLE LF EXT	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	53872	ORAL HEALTH TONIC	1 Z	LIQ	13.99	11.19
1 Z	LIQ	12.39	9.91	60427	OREGANO SPIRITS	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	17697	OREGON GRAPE	1 Z	LIQ	12.50	10.00
1 Z	LIQ	13.99	11.19	63737	PASSION FLOWER	4 Z	LIQ	53.20	42.56
1 Z	LIQ	13.99	11.19	17699	PASSION FLOWER	1 Z	LIQ	13.99	11.19
4 Z	LIQ	53.20	42.56	17700	PAU D'ARCO	1 Z	LIQ	13.99	11.19
8 Z	LIQ	79.20	63.66	33864	PAU D'ARCO	4 Z	LIQ	53.20	42.56
1 Z	LIQ	13.99	11.19	33642	PEPPERMINT SPIRITS	1 Z	LIQ	13.99	11.19
4 Z	LIQ	53.20	42.56	17702	PERIWINKLE	1 Z	LIQ	12.50	10.00
1 Z	LIQ	13.99	11.19	17675	PHARMA KAVA	1 Z	LIQ	16.39	13.11
1 Z	LIQ	16.00	12.80	17706	PLANTAIN	1 Z	LIQ	12.00	9.60
1 Z	LIQ	13.99	11.19	55179	PMS COMFORT TONIC	1 Z	LIQ	13.99	11.19
1 Z	LIQ	12.50	10.00	22044	POLLEN DEFENT EYEB NETT	1 Z	LIQ	13.99	11.19
1 Z	LIQ	16.39	13.11	17709	PROPOLIS	1 Z	LIQ	16.39	13.11
1 Z	LIQ	16.39	13.11	17720	PROSTATE HEALTH	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	22041	RAPID IMMUNE BOOST	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	23684	RAPID IMMUNE BOOST	4 Z	LIQ	53.19	42.55
1 Z	LIQ	12.50	10.00	17712	RED RASPBERRY	1 Z	LIQ	12.00	9.60
4 Z	LIQ	53.20	42.56	17617	RED ROOT CEANOTHUS	1 Z	LIQ	12.50	10.00
1 Z	LIQ	13.99	11.19	21961	REISHI MUSHROOM	1 Z	LIQ	16.39	13.11
1 Z	LIQ	12.50	10.00	23812	RELAXING SLEEP TONIC	1 Z	LIQ	13.99	11.19
4 Z	LIQ	53.20	42.56	53203	RHODIOLA	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	55181	RHODIOLA ALCOHOL FREE	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	17713	ROSEMARY	1 Z	LIQ	13.99	11.19
1 Z	CRM	9.90	7.92	17714	RUE	1 Z	LIQ	12.50	10.00
1 Z	LIQ	12.50	10.00	17715	SAGE	1 Z	LIQ	13.99	11.19
1 Z	LIQ	13.99	11.19	17718	SARSAPARILLA	1 Z	LIQ	12.50	10.00
1 Z	LIQ	13.99	11.19	67407	SARSAPARILLA	4 Z	LIQ	47.50	38.00
1 Z	LIQ	13.99	11.19	26698	SAW PALMETTO	1 Z	LIQ	13.99	11.19

 Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

21962	SHEEP SORREL	1	LIQ	12.50	10.00
17722	SHEPHERDS PURSE	1	LIQ	12.50	10.00
17727	SPILANTHES	1	LIQ	12.59	10.07
17716	ST JOHNS WORT	1	LIQ	13.99	11.19
17717	ST JOHNS WORT OIL	1	LIQ	13.99	11.19
28189	STONE BREAKER	1	LIQ	14.99	11.99
33098	STONE BREAKER FORMULA	4	LIQ	57.00	45.60
17630	STONE RT (COLLINSOMIA)	1	LIQ	13.99	11.19
67310	STRESS MANAGER	4	LIQ	53.20	42.56
61424	STRESS MANAGER	1	LIQ	13.99	11.19
22039	SUGAR METABOLISM	1	LIQ	13.99	11.19
32757	SUGAR METABOLISM	4	LIQ	53.20	42.56
17730	SUMA CONC DROPS	1	LIQ	12.00	9.60
24049	THROAT SPRAY STH PR EC	1	LIQ	13.99	11.19
17735	THUJA	1	LIQ	12.50	10.00
17736	THYME	1	LIQ	12.00	9.60
33640	THYROID CALM BUGL MOTH	1	LIQ	13.99	11.19
17737	TURMERIC	1	LIQ	12.50	10.00
22049	URIN SYST SUPP GLD HRS	1	LIQ	13.99	11.19
17738	USNEA	1	LIQ	12.50	10.00
17739	UVA URSI	1	LIQ	13.99	11.19
34803	VALERIAN	4	LIQ	53.20	42.56
17740	VALERIAN	1	LIQ	13.99	11.19
22036	VEIN HEALTH TONIC HR	1	LIQ	13.99	11.19
24050	VIRATTACK	1	LIQ	13.99	11.19
52674	WARMING CIRCULATION	4	LIQ	53.20	42.56
23094	WILD YAM	1	LIQ	13.99	11.19
17743	WILLOW BARK	1	LIQ	12.50	10.00
55622	WILLOW BARK	4	LIQ	47.50	38.00
17748	WITCH HAZEL	1	LIQ	12.50	10.00
22052	WOMENS HEALTH TONIC	1	LIQ	14.00	11.20
17749	WORMWOOD	1	LIQ	12.39	9.91
17750	YARROW	1	LIQ	12.00	9.60
17751	YELLOW DOCK	1	LIQ	12.00	9.60
21967	YUCCA ALC FREE	1	LIQ	14.00	11.20

HERBAL ANSWERS

42910	ALOE FORCE JUICE HERB	33.	LIQ	32.95	32.95
42911	ALOE FORCE JUICE PURE	33.	LIQ	31.95	31.95
42912	ALOE FORCE SKIN GEL	4	GEL	16.95	16.95

HERBALIST ALCHEMIST

40057	ANDROGRAPHIS	1	LIQ	11.50	9.78
41526	BITTERS COMPOUND	1	LIQ	12.50	10.62
45229	BITTERS COMPOUND	2	LIQ	22.10	18.80
42614	BLUEBERRY SOLID EXTRAT	6	LIQ	31.50	26.67
44722	OSTEOHERB	120	VCA	30.95	26.30
40268	PHYTOCALM	2	LIQ	22.10	18.80
59262	RESPIRATORY CALMPOUND	2	LIQ	26.00	22.05

HERBASWAY

50803	BLUEBERRY MAGIC	2	LIQ	26.69	21.35
29028	HERBAGREEN TEA	2	LIQ	26.69	21.35
53829	HERBAGREEN TEA MANGO	2	LIQ	26.69	21.35
50082	HERBAGREEN TEA PEACH	2	LIQ	26.69	21.35

HERBATINT

65885	APPLICATION KIT HERB HB	KIT	MIS	9.99	7.99
65815	CONDITIONER ROYAL CRM	8.7	CRM	15.99	12.79
36845	HAIR COLOR ASH BLND 7C	4.5	LIQ	17.99	14.39
36846	HAIR COLOR ASH CHST 4C	4.5	LIQ	17.99	14.39
36847	HAIR COLOR BLACK 1N	4.5	LIQ	17.99	14.39
36848	HAIR COLOR BLONDE 7N	4.5	LIQ	17.99	14.39
36849	HAIR COLOR BROWN 2N	4.5	LIQ	17.99	14.39
36850	HAIR COLOR CHESTNT 4N	4.5	LIQ	17.99	14.39
36853	HAIR COLOR COP BLND 7R	4.5	LIQ	17.99	14.39
36852	HAIR COLOR COP CHST 4R	4.5	LIQ	17.99	14.39
36855	HAIR COLOR DK BLNDE 6N	4.5	LIQ	17.99	14.39
36856	HAIR COLOR DK CHNT 3N	4.5	LIQ	17.99	14.39
36866	HAIR COLOR GLD CHNT 4D	4.5	LIQ	17.99	14.39
36858	HAIR COLOR GOLD BLN 7D	4.5	LIQ	17.99	14.39
45578	HAIR COLOR HENN RD FF1	4.5	GEL	17.99	14.39
36859	HAIR COLOR HNEY BLN 9N	4.5	LIQ	17.99	14.39
36862	HAIR COLOR LT BLNDE 8N	4.5	LIQ	17.99	14.39
36863	HAIR COLOR LT CHEST 5N	4.5	LIQ	17.99	14.39
36871	HAIR COLOR MAH BLDE 7M	4.5	LIQ	17.99	14.39
36872	HAIR COLOR MAH CHNT 4M	4.5	LIQ	17.99	14.39
36854	HAIR COLR DK ASH BN 6C	4.5	LIQ	17.99	14.39
36857	HAIR COLR DK GD BLN 6D	4.5	LIQ	17.99	14.39
36860	HAIR COLR LT ASH BL 8C	4.5	LIQ	17.99	14.39
36861	HAIR COLR LT ASH CT 5C	4.5	LIQ	17.99	14.39
36865	HAIR COLR LT COP BN 8R	4.5	LIQ	17.99	14.39
36867	HAIR COLR LT COP CT 5R	4.5	LIQ	17.99	14.39
36868	HAIR COLR LT GD BND 8D	4.5	LIQ	17.99	14.39
36869	HAIR COLR LT GD CHT 5D	4.5	LIQ	17.99	14.39
36870	HAIR COLR LT MAH CT 5M	4.5	LIQ	17.99	14.39
36873	HAIR COLR PLTN BLN 10N	4.5	LIQ	17.99	14.39
36874	HAIR COLR SWED BLN 10C	4.5	LIQ	17.99	14.39
38763	SHAMPOO NORMAL	8.7	LIQ	12.99	10.39

HERBS ETC

44255	ALLERTONIC	60	SGC	27.98	23.78
31761	ALLERTONIC	2	LIQ	25.98	22.08
63980	BUG ITCH RELEASE PROF	1	LIQ	13.98	11.88
21135	CHLOROXYGEN A/F	1	LIQ	13.32	11.32
55839	CHLOROXYGEN MINT A/F	1	LIQ	13.32	11.32
60102	CHLOROXYGEN SGC	60	SGC	14.98	12.73
52832	CRAMP RELEASE SGC	60	SGC	27.98	23.78
52831	CRAN BLADDER RELEASE	60	SGC	27.98	23.78
27376	CRAN BLADDER RELEASE	1	LIQ	14.98	12.73
41366	DEEP HEALTH SGC	60	SGC	27.98	23.78
44213	DEEP HEALTH SGC	120	SGC	48.98	41.63
21682	DEEP SLEEP	2	LIQ	25.98	22.08
40594	DEEP SLEEP	60	SGC	27.98	23.78
34681	DEEP SLEEP	1	LIQ	13.98	11.88
50131	DEEP SLEEP	120	SGC	48.98	41.63
21681	DEEP SLEEP A/F	1	LIQ	14.98	12.73
29006	ECHIN TRIPLE SOURCE	2	LIQ	25.98	22.08
23799	ESSIAC TONIC	4	LIQ	46.98	39.93
43966	ESSIAC TONIC SGC	120	SGC	48.98	41.63
17760	IMMUNO BOOST	1	LIQ	13.98	11.88
51766	KIDNEY TONIC	60	SGC	27.98	23.78

21679	KIDNEY TONIC	1	LIQ	13.98	11.88
21680	KIDNEY TONIC	2	LIQ	25.98	22.08
17758	LIVER TONIC(MILK THISL)	1	LIQ	13.98	11.88
28146	LIVER TONIC(MILK THISL)	2	LIQ	25.98	22.08
59286	LOVIRAL	60	SGC	27.98	23.78
45193	LUNG TONIC	60	SGC	27.98	23.78
31801	LUNG TONIC	2	LIQ	25.98	22.08
26627	LUNG TONIC	1	LIQ	13.98	11.88
33936	LUNG TONIC A/F	1	LIQ	14.98	12.73
43976	LUNG TONIC SGC	120	SGC	48.98	41.63
50578	LYMPHATONIC	60	SGC	27.98	23.78
21692	LYMPHATONIC	1	LIQ	13.98	11.88
21693	LYMPHATONIC	2	LIQ	25.98	22.08
33937	LYMPHATONIC A/F	1	LIQ	14.98	12.73
43021	MENOPAUTONIC	60	SGC	27.98	23.78
21700	MOUTH TONIC	1	LIQ	13.98	11.88
21701	MOUTH TONIC	2	LIQ	25.98	22.08
28004	MULLEIN GARLIC EAR DRP	1	LIQ	13.98	11.88
21703	NERVINE TONIC	1	LIQ	13.98	11.88
21704	NERVINE TONIC	2	LIQ	25.98	22.08
21705	OSHA ROOT COUGH SYRUP	2	LIQ	9.98	8.48
21706	OSHA ROOT THROAT SYR	4	LIQ	14.98	12.73
37516	PHYTOCILLIN	2	LIQ	25.98	22.08
54631	RESPIRATONIC	60	CAP	27.98	23.78
21710	RESPIRATONIC	1	LIQ	13.98	11.88
21711	RESPIRATONIC	2	LIQ	25.98	22.08
50143	SINGER SAV GRC CIT HON	1	LIQ	14.98	12.73
50144	SINGER SAV GRC PRF AF	1	LIQ	14.98	12.73
28969	SINGER'S SAV GCE CINN	1	LIQ	13.98	11.88
17767	SINGER'S SAV GCE EXTRA	1	LIQ	13.98	11.88
28972	SINGER'S SAV GCE LEMON	1	LIQ	13.98	11.88
28970	SINGER'S SAV GCE MINT	1	LIQ	13.98	11.88
55842	SMOKE FREE SPRAY A/F	1	SPY	14.98	12.73
21677	STOMACH TONIC CHAM/CAT	1	LIQ	13.98	11.88
66931	STRESS RELEASE LIQ	1	LIQ	14.98	12.23
63045	STRESS RELEASE SGC	60	SGC	27.98	23.78

HERITAGE STORE

29785	ALKA THYM MOUTHWASH	162	LIQ	15.29	12.23
17770	ATOMIDINE	2	LIQ	18.69	14.95
50951	AURAGLOW MASSAGE ROSE	8	LIQ	9.89	7.91
17772	CASTOR OIL LIQ 16OZ	16	LIQ	11.09	8.87
17773	CASTOR OIL LIQ 32Z H	322	LIQ	16.99	13.59
29611	COTTON FLANNEL 13X15	1	MIS	14.69	11.75
23512	IPSAID GUM TREATMENT	2	LIQ	12.79	10.23
29109	IPSAID TOOTH PWD	4	PWD	8.79	7.03
33257	IPSAIDENT MOUTHWASH	162	LIQ	14.09	11.27
36388	MOUTHWASH HPM	162	LIQ	9.19	7.35
67300	POMEGRANATE SEED OIL H	2	OIL	19.79	15.83
40241	ROSE WATER ATOMIZER	8	SPY	10.29	8.23
22260	ROSEWATER	8	LIQ	9.19	7.35
66337	ROSEWATER SER W/1% HA	2	SPY	24.99	19.99
67250	TEMPLE HEALAR PEPPER	3	ROL	13.49	10.79
21992	WOOL FLANNEL 12X27	1	PIE	12.89	10.31

HIMALAYA BOTANICALS

59730	FACE SCRUB WALN WD APP	5.0	LIQ	8.99	7.19
59729	FACE WASH HYDRATING OG	5.0	LIQ	8.99	7.19
60507	FACE WASH INVIGORATING	5.0	LIQ	8.99	7.19
59728	FACE WASH NEEM TURMERC	5.0	LIQ	8.99	7.19
59791	FOOT CARE CRM MST INT	3.5	CRM	9.99	7.99

HIMALAYA HERBAL HEALTHCARE

50305	AMLA C	60	CAP	18.95	15.16
38518	ARJUNA	60	CAP	18.95	15.16
43038	ASHWAGANDA	60	CAP	21.95	17.56
40505	BACOPA 250 MG	60	CAP	24.95	19.96
65229	BACOPA 250 MG	30	CPL	15.95	12.76
58512	BITTER MELON	60	CAP	18.95	15.16
45217	BOSWELLIA	60	CAP	14.95	11.96
68868	CURCUMIN COMPLETE KIT	KIT	KIT	39.95	31.96
65228	GARCINIA	120	CPL	34.95	27.96
45218	GARCINIA	60	CAP	18.95	15.16
62074	GLUCOCARE	180	VCA	43.95	35.16
29474	GLUCOCARE	90	VCA	24.95	19.96
45219	GUDDUCHI	60	CAP	14.95	11.96
43114	GUGGUL	60	CAP	15.95	12.76
41520	GYMNEMA 250 MG	60	CPL	19.95	15.96
29466	HEARTCARE	120	VCA	22.95	18.36
42360	IMMUNOCARE	240	TAB	40.95	32.76
29473	IMMUNOCARE	120	TAB	23.95	19.16
41567	JOINT CARE	60	VCA	29.95	23.96
29469	LAXACARE	50	CAP	20.95	16.76
29479	LEANCARE	120	CAP	25.95	20.76
29470	LIVERCARE	90	CAP	27.95	22.36
54089	LIVERCARE	180	VCA	44.95	35.96
67313	LIVERCARE PWD PAK BOX	30	PAK	51.69	41.35
63227	MENO CARE	120	VCA	25.95	20.76
66778	MENSTRICARE	120	VCA	30.95	24.76
29471	MINDCARE	60	TAB	22.95	18.36
39457	MINDCARE	120	TAB	39.95	31.96
39458	MINDCARE JR	120	TAB	20.95	16.76
45220	NEEM	60	CAP	16.95	13.56
64768	PROSTACARE	240	TAB	48.95	39.16
29475	PROSTACARE	120	TAB	27.95	22.36
51178	SHATAVARI	60	CAP	18.95	15.16
54090	STRESSCARE	240	VCA	44.95	35.96
29468	STRESSCARE	120	VCA	27.95	22.36
64992	TRIBULUS	60	CPL	25.95	20.76
51179	TRIPHALA	60	CAP	18.95	15.16
65230	TRIPHALA 250 MG	30	CPL	10.95	8.76
62583	TURMERIC	60	VCA	29.95	23.96
65231	TURMERIC 250 MG	30	VCA	18.95	15.16
67340	URICARE	240	VCA	35.95	28.76
29467	URICARE	120	VCA	20.95	16.76
29476	VEINCARE	60	TAB	20.95	16.76
37436	VIGOR CARE MEN	60	CAP	25.95	20.76



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Why is the Phyto-Tech™ Holy Basil liquid filled veggie cap standardized to 20-8-8-5?

Holy Basil contains numerous polyphenols such as eugenol, ursolic acid and rosmarinic acid that act as powerful antioxidants to fight free radicals and protect cells from oxidative damage. These compounds also fight inflammation and inhibit production of cyclooxygenase-2 (COX-2) enzymes. A study published in Phytomedicine measured the activity of Holy Basil’s phenolic compounds and found the COX-2 inhibitory activity of the compounds to be comparable to ibuprofen, naproxen and aspirin. Holy Basil is therefore indicated for relieving inflammation and pain caused by arthritis, tendonitis, bursitis, sports injury and physical overuse.

Hoodia Gordonii 1:4

Tested Authentic

A South African herb thought to support healthy weight by decreasing food cravings.

1 fl oz Liquid drops - Product Code: 57017

60 Liquid Filled Veggie Caps - Product Code: 57050

60 Veggie Caps - Product Code: 60133

According to many experts, many products now on the market claiming to contain Hoodia may be mislabeled. Here is advice from Mitch Coven, Medical Herbalist: “Consumers should use caution when purchasing products that claim to be true Hoodia Gordonii. Several Hoodia products on the market are made of cactus-like material and contain no P57 [P57 is a steroidal glycoside thought to be the active ingredient of Hoodia] or any other active appetite suppressing substance. The 20:1 claims that many companies use for their Hoodia products are false. These products are not concentrated extracts. Their claim of 20:1 is a fresh to dry down ratio of raw material. Their 20:1 claims are just dry raw material. Additionally, many 20:1 Hoodia claims are actually adulterated material with prickly pear cactus, maltodextrin

and sand. Many fail independent lab tests. Consumers should demand to see 3rd party authentic test results on the current lot numbered batch. Authentic Hoodia must also be accompanied by an international CITES certificate for validation. Since Hoodia is endangered, the South African government carefully allows only a small amount of Hoodia to be harvested in order to protect it. The CITES certificate with a current date shows that the batch is authentic and not an illegally harvested batch. Consumers should insist on seeing this document which responsible manufacturers will always have and gladly show.” Willner Chemists Phyto-Tech™ Hoodia Gordonii 1:4 is tested authentic and certification to this effect is available on request.

Who can benefit from this supplement?

- Those who are overweight and suffer from excessive food cravings.

Complimentary Formulas:

- Phyto-Tech™ Green Tea Guo.

Ingredients:

Phyto-Tech™ Hoodia Gordonii 1:4 is available in liquid herbal form (drops) and in liquid filled veggie caps. Each capsule or 30 drops of liquid contains 250 mg of Hoodia gordonii Aerial Parts, tested authentic.

Also available in a veggie cap, with each Phyto-Tech™ Hoodia capsule containing 250 mg of “selectively imported South African Hoodia gordonii Aerial Parts.” (Product code: 60133)

Immune Acute Complex

A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention

Liquid Herbal Formula - 1 fl oz - Product Code: 57728

Fresh Ground Veggie Caps 90 Veggie Caps - Product Code: 67470

Who might benefit from this herbal supplement?

- Those who sense the onset a cold, flu or similar condition.
- Those who need an immediate boost to their immune system.

Ingredients & Dosage (Liquid Herbal Formula):

Each serving of Phyto-Tech™ Liquid Immune Acute Complex (30 drops) contains the following: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angusifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13 mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5 mg, Deionized Water, Grain Alcohol.

Dosage: 30 drops, 1-2 times per day or as needed in juice or water. Increase frequency when needed. Shake well before using.

Ingredients & Dosage (Veggie Cap):

Each serving (2 veggie caps) of Phyto-Tech™ Immune Acute Complex Capsules provides the following: Veggie Cap: 250mg Organic Astragalus Root, 150 mg Organic Echinacea angustifolia Root, 140 mg Organic Garlic Bulb, 80mg Organic Maitake Mushroom, 80mg Organic Shitake Mushroom, 50mg Forsythia Fruit, 50mg Honeysuckle Flower, 50mg Isatis Root, 10mg Beta Glucan 3/6/9.

Dosage: 2 veggie capsules, 1-2 times per day or as needed. Increase frequency when in need

Indications:

This formula is designed to address all aspects of deep immunity. Deep immunity references that not only does it strengthen initial immune response via circulating white blood cells in the blood, but it also stimulates white blood cells in the lymph which are secondary and a deeper

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



57401	NERVE TONIC	100	TAB	10.79	8.63
24730	NERVE TONIC	500	TAB	16.29	13.03
55324	RESTFUL LEGS	50	TAB	10.89	8.71
26540	SILICEA GX	500	TAB	12.49	9.99
57403	SINUS	100	TAB	11.79	9.43
66084	SLEEP TABS	100	TAB	11.79	9.43
57404	SNIFFLES N SNEEZES 4 KD	125	TAB	9.39	7.51
22281	UPSET STOMACH	100	TAB	11.79	9.43

INNATE RESPONSE FORMULAS					
62832	ADRENAL RESPONSE	60	TAB	36.95	31.90
64262	D3 5000 IU CAP	60	CAP	34.95	29.20
66685	DYSBIO GI	90	CAP	50.96	43.31
64261	FLORA 200-14 7 DAY INT	/7	CAP	31.95	27.15
64421	FLORA 20-14 ULTR STREN	60	CAP	41.95	35.66
66736	FLORA 5 14 COMPLE CARE	60	CAP	20.96	17.81
64900	FLORA 50 14 CLIN STREN	60	VCA	67.95	57.75
64265	MAGNESIUM 300 POWDER	132	PWD	27.95	23.75
64254	ONE DAILY CAP	60	CAP	40.95	34.80

INTEGRATIVE THERAPY					
55353	ADREN PLUS	60	CAP	21.00	17.85
53184	ADRENAL COMPLEX	180	CAP	53.10	45.13
53813	ADRENAL STRESS END	50	CAP	25.00	21.25
63205	ALPHA GLYCOSYL ISOQUER	60	VCA	29.50	25.07
52395	ARTHRIO COMPLEX	90	CAP	37.90	32.21
56659	B COMPLEX END FATIGUE	30	CAP	9.00	7.65
56591	B12 ACTIVE CHERRY FLAV	30	CHW	9.50	8.07
54811	BERBERINE COMPLEX	90	CAP	26.60	22.61
53192	BETAINE HCL 650 MG	250	CAP	36.20	30.77
45458	BIO ZYME	200	TAB	40.00	34.00
55114	BIOTIN FORT 3MG W/ZINC	60	TAB	12.00	10.20
53684	BLUE HERON	120	CAP	22.90	19.46
52347	BMR COMPLEX	180	CAP	58.00	49.30
66803	CAL MAG BERRY 1:1	16Z	LIQ	22.00	18.70
52396	CAL MAG CHELA MAX	90	VCA	19.70	16.74
52405	CALCIUM D GLUCARATE	90	CAP	36.40	30.94
58683	CELL FORTE MAX 3	120	CAP	36.50	31.02
56813	CELLULAR FORTE IP 6 IN	120	TAB	25.50	21.67
53864	CLINICAL NUTRI GLUCO IT	90	TAB	33.00	28.05
56394	CLINICAL NUTRIEN WOMEM	90	TAB	24.00	20.40
54799	CLINICAL NUTRIENTS MEN	90	TAB	24.00	20.40
57788	COQ10 100 MG SGC	60	SGC	40.00	34.00
66709	COQ10 200 MG CHW CHOC I	30	CHW	60.00	51.00
52529	COQ10 200 MG CHW MAPLE	30	CHW	60.00	51.00
54865	CORTISOL MANAGER	30	TAB	24.40	20.74
56816	CORTISOL MANAGER	90	TAB	65.00	55.25
56819	CURCUMAX	60	CAP	38.50	32.72
54257	D3 1000 IU	90	TAB	8.30	7.05
61175	D3 5000 IU CHOC	90	CHW	21.60	18.36
52398	DETOXICATION FACTORS	120	CAP	64.00	54.40
58142	DEHA 25 MG	60	CAP	9.90	8.41

52417	E H B	60	CAP	21.80	18.53
55231	ECHIN W/C & ELDERBERRY	100	CHW	20.80	17.68
66166	ENTEROGENIC INTENS 100	30	CAP	50.00	42.50
52249	ESKIMO 3 SGC	105	SGC	19.90	16.91
53372	ESKIMO PUREFA 1000 MG	150	SGC	40.00	34.00
52240	FOUPELEX W/B12	60	TAB	22.10	18.78
54416	GABA 750 MG	60	CAP	19.20	16.32
59651	GLUCOSAMINE SULF ORANG	30	PAK	27.50	23.37
64357	GLYCATION MANAGER	60	CAP	46.00	39.10
58841	GLYCEMIC MANAGER	60	TAB	24.00	20.40
52248	GLYCO KINETIC COMPLEX	90	CAP	27.80	23.63
52239	INDOLPLEX	60	CAP	45.80	38.93
57382	IRON COMPLEX	90	SGC	22.00	18.70
57353	IRON ENERGIZING	90	SGC	20.00	17.00
61165	IRON LIQ CINNAMON FLAV	6Z	LIQ	18.50	15.72
52526	KREBS MAG POT CHELATES	120	TAB	8.50	7.22
61704	LAVELA WS 1265	60	SGC	35.00	29.75
59016	LAXATIVE FORMULA	60	TAB	14.00	11.90
53236	LIPASE CONCENTRATE HP	90	CAP	22.50	19.12
53751	LIPOTROPIC COMPLEX CAP	90	CAP	20.50	17.42
52663	MAG MALATE 100 MG	90	CAP	17.60	14.96
53771	MERCURY DETOX	60	CAP	33.40	28.39
53322	MILK THISTLE X SUPER	120	CAP	39.90	33.91
56005	MUCAPLEX I	100	TAB	16.50	14.02
52473	MULTIPLEX 2 NO IRON CP	240	CAP	50.90	43.26
53498	N A C 600 MG	60	CAP	16.70	14.19
54196	NIACIN NO FLUSH FREE	60	CAP	21.00	17.85
50533	NUTRIVITAMIN NO FE CAP	180	CAP	42.00	35.70
66660	OMEGA PURE LIQ	6.8	LIQ	45.00	38.25
55984	OSTEOPRIME FORT CAP IT	120	CAP	22.00	18.70
52985	OSTEOPRIME ULTRA	120	TAB	28.00	23.80
53026	OXYPERM	90	CAP	43.10	36.63
52056	PANPLEX 2 PHASE	180	TAB	43.40	36.89
52281	PARA GARD	120	CAP	60.30	51.25
54689	PERMEABILITY FACTORS	90	SGC	40.70	34.59
60070	PHOS SERINE	60	SGC	46.00	39.10
57682	PRO FLORA PEARLS CONC	90	CAP	49.95	42.45
52345	PROBIOTIC PEARLS	90	PRL	40.00	34.00
50618	PROBIOTIC PEARLS	30	SGC	16.50	14.02
64075	PROBIOTIC PEARLS ADV	60	CAP	60.00	51.00
52397	RECANCOSTAT 100	90	CAP	46.00	39.10
53464	RECANCOSTAT 400 MG	60	CAP	107.50	91.37
53238	RECANCOSTAT POWDER	56G	PWD	137.00	116.45
54016	RESVERATROL ULTRA	90	CAP	24.50	20.82
59171	RESVERATROL ULTRA HIGH	60	SGC	44.00	37.40
52399	SIMILASE	90	CAP	23.50	19.97
52525	SIMILASE	180	CAP	43.70	37.14
53818	SIMILASE BV	90	CAP	28.10	23.88
55786	SIMILASE GFCE	120	CAP	25.00	21.25
53750	SIMILASE JR	90	CAP	25.40	21.59
52600	SIMILASE LIPO	90	CAP	27.50	23.37
60356	SIMILASE SENSIT STOM	180	VCA	39.80	33.83

52416	SIMILASE SENSITIV STOM	90	VCA	20.70	17.59
54534	SLF FORTE	120	CAP	29.10	24.73
52716	SPECTRA 303 T	180	TAB	49.90	42.41
52011	SPECTRA PROBIOTIC W/CO	90	CAP	30.50	25.92
54095	SPECTRIENT W/O IRON	180	CAP	47.70	40.54
52533	SPECTRUM 2C NO IRON	240	CAP	42.50	36.12
62885	SUPER IMMUNO TONE	60	CAP	26.50	22.52
54535	TESTOSTERONE FORMULA	90	CAP	29.20	24.82
57141	THEANINE	60	CAP	19.50	16.57
54969	THYMUCIN	60	CAP	25.50	21.67
56531	THYROSINE COMPLEX	100	CAP	21.00	17.85
56619	TOTAL FORMULA 3 NO FE I	60	TAB	14.60	12.41
54415	TRI MAGNESIUM	90	VCA	19.80	16.83
58144	UBQH 100 MG	60	SGC	55.00	46.75
60826	V CLEAR CHERRY EPs	4Z	LIQ	15.00	12.75
61849	V CLEAR EPs 7630 ORI	1Z	LIQ	15.00	12.75
67027	VASOPHIL SACHETS	30	SCH	57.00	48.45

IRWIN NATURALS					
57338	3 IN 1 CARB BLK PHAS 2	75	SGC	21.99	17.59
57332	3 IN 1 JOINT FORM SGC	90	SGC	32.99	26.39
65150	BRAIN AWAKE	60	SGC	22.99	18.39
63492	CLA LEAN	80	SGC	24.99	19.99
62658	COLLAGEN PURE DEEP TIS	80	SGC	29.99	23.99
57336	GINKGO SMART FOCUS MEM	60	SGC	20.99	16.79
57341	GREEN TEA FAT METABOL	75	SGC	21.50	17.20
57345	IMMUNO SHIELD SGC	100	SGC	20.99	16.79
57340	LIVING GREEN MENS MULTI	90	SGC	23.99	19.19
57337	PROSTA STRONG SGC	90	SGC	26.99	21.59
57335	SKIN HAIR NAILS HEALTH	75	SGC	16.99	13.59
64437	STEEL LIBDO FOR WOMEN	75	SGC	29.99	23.99
61171	STEEL LIBDO RED	90	SGC	28.95	23.99
57333	STEEL LIBIDO	75	SGC	29.95	23.99
64168	SYSTEM SIX	100	SGC	26.99	21.59
63129	TESTOSTERONE UP	60	SGC	39.99	31.99
57334	TRIPLE BOOST CAFF FR IR	75	SGC	21.50	17.20
57344	TRIPLE TEA FAT BURNER	75	SGC	21.99	17.59
57342	YOHIMBE PLUS	100	SGC	22.95	18.36

ITO EN					
66666	MATCHA GREEN TEA LMNGR	20	BAG	8.00	7.60
66667	MATCHA GREEN TEA PEPP	20	BAG	8.00	7.60
66668	MATCHA LOVE GRN TEA JP	10	BAG	8.00	7.60

JARROW FORMULAS					
31838	5 HTP 100 MG	60	CAP	27.95	22.36
31837	5 HTP 50 MG	90	CAP	20.95	16.76
7 KETO 100 MG		90	CAP	58.95	47.16
56423	7 KETO DHEA 100 MG	30	CAP	21.95	17.56
56805	ACETYL L CARNITINE 500	120	CAP	38.95	31.16
40671	ACETYL L CARNITINE 250	120	CAP	23.95	19.16
29951	ACETYL L CARNITINE 250	60	CAP	15.95	12.76

53177	ADRENAL OPTIMIZER	120	TAB	25.95	20.76
67159	AHIFLOWER OIL 750 VEGN	60	VSG	22.95	18.36
51313	ALCA 500 W/LIP ACID	100	CAP	39.95	31.96
42173	ALPHA GPC 300 MG	60	VCA	39.95	31.96
23113	ANTIOXIDANT OPTIMIZER	90	VTAB	23.95	19.16
36755	ARGININE 1000	100	TAB	17.95	14.36
38642	ARTICHOKE 500 MG	180	CAP	30.95	24.76
50091	ASHWAGANDHA EXT 225 MG	120	VCA	22.95	18.36
61020	ASTAXANTHIN 12 MG	30	SGC	27.95	22.36
59891	ASTAXANTHIN 4 MG	60	SGC	21.95	17.56
23418	B RIGHT	100	CAP	24.95	19.96
67226	BEAUTYSL HAIL & NAILS	60	TAB	23.95	19.16
51304	BETA GLUCAN 250 MG	60	CAP	39.95	31.96
67103	BEYOND BONE BRO	10	PWD	31.95	25.56
67102	BEYOND BONE BRO CHICK	10	PWD	31.95	25.56
24809	BIFIDUS BALANCE	100	CAP	17.95	14.36
31318	BILBERRY80 + GRAPESKIN2	120	CAP	39.95	31.96
40435	BILE ACID FACTORS	90	CAP	32.95	26.36
41945	BIOTIN 5 MG	100	CAP	15.95	12.76
66124	BITTER MELON EXT WILD	60	TAB	24.95	19.96
55410	BLACK CURRANT + LUTEIN	60	SGC	29.95	23.96
56141	BLACK CURRANT 200 VCAP	60	VCA	21.95	17.56
23114	BONE UP	120	CAP	16.95	13.56
59191	BONE UP	360	CAP	39.95	31.96
23115	BONE UP	240	CAP	28.95	23.16
65831	BONE UP PWD ORANGE	13	PWD	39.95	31.96
61851	BONE UP THREE PER DAY	90	CAP	19.95	15.96
54418	BONE UP ULTRA	240	TAB	45.95	36.76
34368	BONE UP ULTRA	120	TAB	31.95	25.56
24803	BONE UP VEGETARIAN	120	TAB	18.95	15.16
23128	BORAGE OIL GLA 240	60	CAP	16.50	13.20
30155	BORAGE OIL GLA 240	120	SGC	29.95	23.96
58178	BRAIN BOOST	60	VCA	25.95	20.76
39507	BRANCH CHAIN AMINO ACID	120	CAP	15.95	12.76
50465	BROCCOMAX 250 MG	60	CAP	26.95	21.56
30012	BROMELAIN 1000 GDU 500	60	TAB	16.95	13.56
45674	BROWN RICE PROT VAN	11LB	PWD	22.45	17.96
40562	CAL MAG CITRATES	90	TAB	10.95	8.76
50302	CARNITAL 600 +	90	VCA	28.95	23.16
56706	CARNITINE 500 LIQUICAP	100	CAP	32.95	26.36
43844	CARNITINE 500 MG TARTR	180	CAP	58.95	47.16
23391	CARNITINE 500 TARTRATE	50	CAP	22.95	18.36
23392	CARNITINE 500 TARTRATE	100	VCA	41.95	33.56
38261	CARNITINE LIQ 1000 LL	16Z	LIQ	22.95	18.36
39090	CARNOSINE 500 MG	90	CAP	52.95	42.36
43873	CARTOENAL	60	SGC	27.95	22.36
33664	CHLORELLA PWD(YAEYAMA)	100	PWD	15.95	12.76
27504	CHLORELLA YAEYAMA CAP	150	CAP	16.95	13.56
37751	CHRYSIN 500	30	CAP	29.95	23.96
34648	CITICOLINE 250 MG	60	CAP	33.95	27.16
59585	CITICOLINE 250 MG	120	CAP	57.95	46.36
62629	CITRUS BERGAMOT EXT	60	CAP	42.95	34.36



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



immune response. It strengthens the immune system, protects against microbial invasion and attacks microbes that have taken residence in the body. Immune Acute Complex can be used for those wanting to avoid getting sick or those trying to push an illness out of the body. It has broad-spectrum effects that stimulate immune activity, modulate the immune system, fight bacterial and viral conditions, and open up nasal passages. It is also an excellent tonic for those who are prone to getting colds and flu, and can be used in acute situations when the immune system needs an extra boost. It can also be used by those with chronic infections to strengthen and rebuild the immune system and protect against further immune breakdown.

Astragalus, Maitake, and Shiitake are well known for their ability to stimulate deep immunity. They are great for those prone to getting sick or those who have chronic immune deficiency that needs support. Astragalus contains polysaccharides, saponins, flavonoids, and phytosterols which contribute to its immune enhancing affects. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. One of the most active constituents in Maitake and Shiitake mushroom is believed to be a beta glucan polysaccharide that powers up the immune system. Beta glucan, which can also be derived from yeast, acts as a "biological defense modifier" to stimulate and modulate various immune responses. It has been heavily researched for its immune enhancing properties and its ability to activate macrophage immune cells, NK-Cells, T-Cells, B-Cells, and cytokines. A study from Harvard Medical School found animals treated with beta glucan were more resistant to bacterial, viral, and fungal inundation. Beta glucan treatment stimulated proliferation of white blood cells and increased phagocytic macrophage activity. A concentrated beta glucan extract is added to Immune Acute Complex to further increase the formula's immune enhancing properties.

Echinacea excites the immune system to fight off microbes before they dominate an organ system and create illness. Numerous studies show Echinacea to have positive effects for colds, flu, and upper respiratory tract infections. It stimulates phagocytosis and helps ward off oncoming infections. As a long-term tonic it can boost immunity and help rebuild a healthy immune response.

Forsythia Fruit, Honeysuckle Flower, and Isatis Root are traditional Chinese herbs used to help the body to resolve illness and clear toxins. These herbs are powerful anti-virals and are extremely effective in the early stages of colds and flu.

Licorice is added as an expectorant to thin mucus in the lungs to clear congestion. It brings down inflammation and soothes sore throats.

Colloidal Silver has been used throughout history as an antibiotic and disinfectant. It destroys the enzymes responsible for oxygen metabolism in bacteria, viruses, and fungi, thus cutting off oxygen to these harmful pathogens and suffocating them. Colloidal Silver kills bacterial, viral, and fungal organisms upon contact, yet leaves the good bacteria in the body unharmed.

Garlic also acts as a natural antibiotic and antiviral agent. It fights chronic or recurrent infections and is indicated for those with low resistance to infection. It has a long history of relieving the symptoms of upper-respiratory illnesses, and can bring down inflammation in the mucus membranes of the nose and throat.

Eucalyptus Oil and Menthol Crystals are airborne aromatics added to the formula to clear the sinuses and open up breathing. Their soothing vapors stimulate the opening of respiratory and nasal passages, improving airflow and encouraging the release of mucus.

Contra-indications and Cautions: Pregnancy and Nursing, High blood pressure, Prescriptions blood thinners

References:

For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Immune Acute Complex", or use this url: <http://www.willner.com/article.aspx?artid=239>

Immune Complex

Supports healthy immune system function, especially on a long-term and preventive basis.

1 fl oz - Regular - Product Code: 57003

1 fl oz - Alcohol Free - Product Code: 57033

Who can benefit from this product?

- Those who have a tendency to catch whatever "bug" is going around
- Those who have frequent and long-lasting bouts of cold and flu, and those with any chronic immune deficiency problem.

Description:

Phyto-Tech™ Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy. This is not intended for use after you have come down with the cold, flu or similar condition. In that case, use one of the "acute" formulas, such as Phyto-Tech™ Echina Acute

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

On-the-Go Immune Support ~

JUST A SPRAY AWAY!*

Introducing Maitake D-Fraction® EZ Spray!

The well-researched Maitake D-Fraction PRO 4X is now available as a spray, making it "EZ" to administer throughout the day no matter where you are or what you are doing.*

**Continuous immune support is "EZ"!*
ON SALE NOW at Willner Chemists!**



THE POWER OF KNOWLEDGE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



36248	CLA 750 TONALIN	100	SGC	22.95	18.36	42728	KRILL OIL 600 K REAL	60	SGC	33.95	27.16
35028	CMO TRUE 380 MG	60	CAP	25.95	20.76	42727	KRILL OIL 600 K REAL	30	SGC	17.95	14.36
58065	COCONUT OIL EXTRA VIRG	120	SGC	16.95	13.56	37427	LACTOFERRIN 250 MG	60	CAP	49.95	39.96
52490	COCONUT OIL EXTRA VIRG	32Z	LIQ	28.50	22.80	29423	LIPOIC ACID 100 MG	180	TAB	23.95	19.16
33211	COCONUT OIL ORGANIC	16Z	LIQ	11.95	9.55	39618	LIPOIC ACID 100 MG	90	CAP	16.95	13.56
61854	COCONUT OIL ORGANIC	32Z	LIQ	20.50	16.40	26684	LIPOIC ACID 100 MG	60	TAB	11.95	9.55
45669	COCONUT OIL XTRA VIRGN	16Z	LIQ	16.95	13.56	59190	LIPOIC ACID 300 MG S/R	120	TAB	39.95	31.96
67419	COLLAGEN FISH TYPE I	180	TAB	24.95	19.96	32968	LIPOIC ACID 300 S/R	60	TAB	24.95	19.96
66721	COLLAGEN OPTIMIZER PWD	5.8	PWD	29.95	23.96	52813	LIVER OPTIMIZER PF TAB	90	TAB	33.95	27.16
56676	COLLAGEN TYPE II	60	CAP	20.95	16.76	36603	LUTEIN 20 MG SGC	60	SGC	17.95	14.36
34792	COLOSTRUM PRIME LIFE	120	CAP	26.95	21.56	67163	LUTEIN 20 MG SGC	120	SGC	33.95	27.16
23886	COQ10 100 MG	60	CAP	21.95	17.56	36604	LUTEIN 20 MG SGC	30	SGC	9.95	7.96
34562	COQ10 100 MG Q ABSORB	60	SGC	35.95	28.76	27065	LYCO SORB 10 MG PHLPS	60	SGC	21.95	17.56
52583	COQ10 100 MG Q ABSORB	120	SGC	49.95	39.96	61392	MAGMIND MAG L THREON	90	VCA	38.95	31.16
41343	COQ10 200 MG	30	CAP	17.95	14.36	38052	MAGNESIUM OPTIMIZER	100	TAB	11.95	9.55
41344	COQ10 200 MG	60	CAP	31.95	25.56	39862	MASTIC GUM	60	CAP	31.95	25.56
23414	COQ10 30 MG	60	CAP	11.95	9.55	25931	MAX DHA 505 MG	90	SGC	21.95	17.56
23415	COQ10 30 MG	150	CAP	21.95	17.56	34494	MAX DHA 505 MG	180	SGC	37.95	30.36
34684	COQ10 30 MG Q ABSORB	120	SGC	25.95	20.76	67164	MELATONIN 300 FAST MLT	100	LOZ	13.95	11.16
23416	COQ10 60 MG	60	CAP	17.95	14.36	24584	MELATONIN SUSTAIN 1 MG	120	TAB	11.95	9.55
38843	CRAN CLEARANCE	100	CAP	18.95	15.16	65587	METHYL 12 2500 MCG	100	LOZ	20.95	16.76
54661	CREATINE 800 CAP J	120	CAP	12.95	10.36	34453	METHYL B12 1000 MCG	100	LOZ	11.95	9.56
34502	CREATINE MONO POWDER	11LB	PWD	26.95	21.56	61715	METHYL B12 500 MCG	100	LOZ	9.95	7.96
25042	CREATINE MONO POWDER	32Z	PWD	15.95	12.76	34918	METHYL B12 5000 MCG	60	LOZ	29.95	23.96
23121	CURCUMIN 95 500 MG	60	CAP	25.95	20.76	67160	METHYL B12/FOLATE/P5P	100	LOZ	19.95	15.96
51698	CURCUMIN 95 500 MG	120	CAP	43.95	35.16	66125	METHYL FOL 1000 5 MTHF	100	CAP	27.95	22.36
67161	CURCUMIN PHYTOS MERIVA	120	VCA	51.95	41.56	61325	METHYL FOL 400 5 MTHF	60	VCA	9.95	7.96
62875	CURCUMIN PHYTOS MERIVA	60	CAP	27.95	22.36	34647	MILK THISTLE SILYMARIN	200	CAP	27.95	22.36
56412	D LIMONENE 1000 MG	60	SGC	12.95	10.36	23120	MILK THISTLE SILYMARIN	100	CAP	15.95	12.76
55164	D3 1000	200	SGC	13.95	11.16	23754	MINERAL BALANCE CAPS	120	CAP	16.95	13.56
51924	D3 1000 IU	100	SGC	8.95	7.16	65380	MK 7 90 MCG	120	SGC	41.95	33.56
54727	D3 2500 IU	100	SGC	11.95	9.56	44618	MK 7 90 MCG	60	SGC	23.95	19.16
57302	D3 400 YUM YUM GUMMIES	90	CHW	12.95	10.36	67104	MK 7 GUMMIES 45 MCG	60	CHW	19.95	15.96
58307	D3 5000 IU OLIVE OIL	100	SGC	12.95	10.36	39763	MSM 1000 SULFUR	21LB	PWD	44.95	35.96
53560	DHEA 10	90	CAP	9.95	7.96	34040	MSM SULFUR 1000 MG	100	CAP	12.95	10.36
53561	DHEA 25	90	CAP	10.95	8.76	38663	MSM SULFUR 1000 MG	200	CAP	21.95	17.56
62666	DIM + CDG	30	CAP	29.95	23.96	39230	MSM SULFUR PWD	11LB	PWD	27.95	22.36
23130	E P O 1300 HEXANE FREE	60	SGC	15.95	12.76	29416	MSM SULFUR PWD	200	PWD	13.95	11.16
51939	EPA DHA BALANCE 2:1	240	SGC	41.95	33.56	41345	MUSHROOM OPTIMIZER	90	CAP	16.95	13.56
50874	EPA DHA BALANCE 2:1	120	SGC	23.95	19.16	23393	N A C 500	100	CAP	17.95	14.36
50873	EPA DHA BALANCE 2:1	60	SGC	13.95	11.16	23394	N A C 500 SUPER	200	CAP	32.95	26.36
65918	EPACTIVE 800 MG	60	SGC	35.95	28.76	23395	N A C 600 SUSTAIN	100	TAB	25.95	20.76
44619	FAMIL E	60	SGC	31.95	25.56	23501	N A G 700 CAP	120	CAP	23.95	19.16
55615	FEM DOPHILUS	60	CAP	41.95	33.56	39341	N ACETYL TYROSINE	120	CAP	19.95	15.96
51525	FEM DOPHILUS	30	CAP	26.95	21.56	54733	NATTOMAX	90	CAP	34.95	27.96
65919	FEM DOPHILUS SHLF STAB	30	VCA	24.95	19.96	44532	NATTOMAX	30	VCA	17.95	14.36
34500	FIBER PERFECT 530 MG	150	CAP	16.95	13.56	34454	NEUROPTIMIZER	120	CAP	49.95	39.96
24814	FLAXSEED OIL SGC	100	SGC	11.00	8.80	41883	NIACINAMIDE 250 MG FF	100	CAP	8.95	7.16
41029	FLAXSEED OIL SGC	200	SGC	17.95	14.36	66622	NICOTINAM RIBOS 100MG	60	TAB	55.95	44.76
58179	GABA SOOTHE	30	VCA	23.95	19.16	24305	OPC 95 100 MG	50	CAP	15.95	12.76
44186	GAMMA E 300	120	SGC	37.95	30.36	24334	OPC 95 100 MG	100	CAP	29.95	23.96
65597	GARCIN CAMBOG EXT 500	180	CAP	53.95	43.16	67391	ORAL PROB 1 BILL PEPP	30	LOZ	29.95	23.96
64186	GARCIN CAMBOG EXT 500	90	CAP	29.95	23.96	67392	ORAL PROB 1 BILL PINE	30	LOZ	29.95	23.96
23399	GARLIC + GINGER 500	100	CAP	16.95	13.56	36753	PANTETHINE 450 MG	60	SGC	29.95	23.96
29807	GERMANIUM 100 SESQIOX	60	CAP	49.95	39.96	41890	PANTOTHENIC ACID 500	100	CAP	10.95	8.76
26374	GERMANIUM 150 SESQIOX	30	CAP	35.50	28.40	42738	PET DOPHILUS PWD	2 Z	PWD	21.95	17.56
34538	GINGER DRIED 500 MG	100	CAP	12.95	10.36	59647	PLANT PROTEINS OPTIMAL	19Z	PWD	22.95	18.36
35022	GINKGO BILOBA 120 MG D	120	CAP	35.95	28.76	39682	POLICOSANOLS 10 MG ULT	100	SGC	23.95	19.16
24533	GINKGO BILOBA 60 MG	60	CAP	8.95	7.16	52090	POMEGRANATE JUICE	24Z	LIQ	28.95	23.16
35026	GINKGO BILOBA 60 MG DU	120	CAP	27.95	22.36	44065	POMEGRANATE JUICE	12Z	LIQ	15.50	12.40
39342	GLUCOS CHOND 375/300	120	CAP	26.95	21.56	51527	POWGUARD 400 MG	60	CAP	23.95	19.16
41600	GLUCOS CHOND 375/300	240	CAP	47.95	38.36	53827	POTASSIUM CITRATE 99	120	TAB	9.95	7.96
24807	GLUCOS HCL 1000 MEGA	100	TAB	21.95	17.56	62798	PQQ 10 MG	30	CAP	20.95	16.76
36263	GLUCOSE OPTIMIZER	120	TAB	31.95	25.56	65734	PQQ 20 MG	60	CAP	63.95	51.16
45343	GLUCOS CHOND + MSM J	240	CAP	49.95	39.96	62799	PQQ 20 MG BIO PQQ	30	CAP	33.95	27.96
33818	GLUTAMINE 1000	100	TAB	17.95	14.36	38972	PREG NATAL	180	PAK	39.95	31.96
28186	GLUTAMINE 750	120	CAP	17.95	14.36	50434	PRESSURE OPTIMIZER	60	CAP	37.95	30.36
30027	GLUTAMINE PWD 1000 GM	100	PWD	63.95	51.16	36599	PROSTATE OPTIMIZER	90	SGC	37.95	30.36
24569	GLUTAMINE PWD 4 OZ	4 Z	PWD	13.95	11.16	33990	PS 100 DRY CAP	60	CAP	29.95	23.96
58151	GLUTAMINE PWD 500 GRAM	17 Z	PWD	39.95	31.96	33991	PS 100 DRY CAP	120	CAP	51.95	41.56
24571	GLUTAMINE PWD 8 OZ	8 Z	PWD	23.95	19.16	67105	PS 100 MG GUMMIES STRW	60	GUM	27.95	22.36
30291	GLUTATHIONE REDUC 500	60	CAP	40.95	32.76	26555	PS 100 PHOS SERINE	60	SGC	33.95	27.16
61976	GLUTATHIONE REDUC 500	120	CAP	71.95	57.56	60354	PTEROSTILBENE TRANS 50	60	VCA	29.95	23.96
67100	GOLDEN MILK TUR INFUS J	9.5	PWD	21.95	17.56	63121	QH ABSORB 100 + PQQ 10	30	SGC	39.95	31.96
67101	GOLDEN TEA PWD	9.5	PWD	21.95	17.56	65735	QH ABSORB 100 + PQQ 10	60	SGC	75.95	60.76
45552	GPLC 750 GLYCOCARN	60	CAP	39.95	31.96	53094	QH ABSORB 100 MG UBIQ	60	SGC	49.95	39.96
65073	GREEK YOGURTEIN COCONT	11LB	PWD	24.95	19.96	59922	QH ABSORB 100 MG UBIQ	120	SGC	79.95	63.96
62025	GREEN COFFEE BEAN EXT	60	VCA	20.95	16.76	59935	QH ABSORB 200 MG UBIQ	60	SGC	79.95	63.96
38835	GREEN DEFENSE 6.35Z	6.3	PWD	26.95	21.56	55162	QH ABSORB 200 MG UBIQ	30	SGC	49.99	39.99
31368	GREEN TEA 5:1	100	CAP	12.95	10.36	66916	QH ABSORB 50 MG GUMMIE	30	GUM	19.95	15.96
31727	HAWTHORN 500 MG	100	CAP	17.95	14.36	23123	QUERCETIN 500	100	CAP	36.95	29.56
45670	HYALURONIC ACID 50 MG	60	CAP	19.95	15.96	34406	QUERCETIN 500	200	CAP	66.95	53.56
50466	HYALURONIC ACID 50 MG	120	CAP	35.95	28.76	60367	R LIPOIC ACID 100 MG	60	VCA	29.95	23.96
58176	IDEAL BOWEL SUPPORT	30	VCA	26.95	21.56	58831	RED YEAST RICE + COQ10	120	CAP	29.95	23.96
67418	IMMUNE PF CHW PINEAPP	30	CHW	25.95	20.76	63625	RED YEAST RICE + NATTO	60	CAP	23.95	19.19
57999	INOSITOL 750 MG	100	CAP	17.95	14.36	59192	RESVERATROL 100	120	VCA	37.95	30.36
34634	INOSITOL PWD	8 Z	PWD	29.95	23.96	53126	RESVERATROL 100	60	VCA	20.95	16.76
53826	INULINFOS	180	PWD	11.95	9.55	57300	RESVERATROL SYNER 200	60	TAB	39.95	31.96
33013	IP 6 500 MG	120	CAP	17.95	14.36	36724	RESVERATROL SYNERGY	60	TAB	20.95	16.76
33011	ISO RICH SOY 446 GMS	14Z	PWD	17.50	14.00	52992	RESVERATROL SYNERGY	120	TAB	37.95	30.36
52993	ISO RICH SOY 899 GMS	899	PWD	27.95	22.36	42741	RHODIOLA ROSEA	60	CAP	31.95	25.56
58054	JARRO DOPH ALLERG FR	60	VCA	19.95	15.96	56003	RIBOSE 1000 MG CHW BER	90	CHW	23.95	19.16
67416	JARRO DOPH WOMEN 10 BL	30	CAP	29.95	23.96	35278	RIBOSE PWD	100	PWD	21.95	17.56
67422	JARRO DOPH WOMEN 5 BIL	30	VCA	27.95	22.36	50504	RIBOSE PWD 200 GRAMS	200	PWD	39.95	31.96
34898	JARRO DOPHILUS BABY	2.5	PWD	19.95	15.96	67165	S ACETYL L GLUTATHIONE	60	TAB	39.95	31.96
50875	JARRO DOPHILUS EPS	15	VCA	9.95	7.96	55652	SACCHAROMYCE BOUL + MOS	30	VCA	15.95	12.76
38625	JARRO DOPHILUS EPS	60	VCA	23.95	19.16	60280	SACCHAROMYCES BOULARDI	180	VCA	54.95	43.96
51940	JARRO DOPHILUS EPS	120	VCA	41.95	33.56	24551	SACCHAROMYCES BOULARDI	/90	CAP	30.95	24.76
63623	JARRO DOPHILUS EPS 25B	30	CAP	39.95	31.96	33012	SAM E 200	20	TAB	15.50	12.40
67000	JARRO DOPHILUS EPS 25B	60	VCA	73.95	59.16	37220	SAM E 200 MG	60	TAB	39.95	31.96
62800	JARRO DOPHILUS SENIOR	60	CAP	29.95	23.96	42070	SAM E 400 MG	30	TAB	39.95	31.96
56441	JARRO DOPHILUS ULTRA	60	VCA	42.95	34.36	65553	SAM E 400 MG	60	TAB	69.95	

Don't block it. Resolve it.

Start the resolution of the immune response with SPM Active.

SPM Active®

A breakthrough for a healthy immune response*

- Features specialized pro-resolving mediators (SPMs) from omega-3s*
- Aids in the resolution (i.e., completion) of the immune response*
- Backed by extensive preclinical research*



Leading-Edge Science in the Resolution of the Immune Response

Scientists traditionally believed that resolution of the immune response was a passive process. Recently, research at leading-edge universities discovered that a structured and orderly system of resolution exists. SPMs are naturally produced in tissues during the resolution phase and function as “resolution agonists,” orchestrating the completion of immune response and return to homeostatic balance.*

Join the Resolution

Now you can offer your patients OmegaGenics SPM Active, an exclusive, revolutionary nutritional product developed through advanced fractionation technology that features standardized levels of SPMs (17-HDHA and 18-HEPE) from fish oil. SPMs play a key role in the resolution of an immune response—including supporting cell health and immune cell resolution-related activities—according to extensive preclinical research.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Complex.

Ingredients:

Phyto-Tech™ Immune Complex contains the following herbs: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend, when fatigue and low energy present.
- Phyto-Tech™ Astragalus Root 1:3, for added immune support.
- Phyto-Tech™ Oregano Oil 70, for added immune support in acute conditions.
- Phyto-Tech™ Respiratory Complex, when congestion is present.
- Phyto-Tech™ Echina Acute Complex, for added immune support in acute conditions and when thick, discolored mucus is present.
- Phyto-Tech™ Elderberry 1:2, especially for viral infections.
- Phyto-Tech™ Immune Complex comes in a regular (alcohol) version and an alcohol free version.

Kava Root 1:2

Kava Root 75 Standardized

Long known around the world as an inducer of deep physical and mental relaxation, Kava is now considered a useful herb for calming and anxiety.

1 fl oz - Regular Liquid Herbal - Product Code: 56947

1 fl oz - Alcohol Free Liquid - Product Code: 56975

Kava Root 75

60 Liquid Filled Veggi Caps - Product Code: 57049

Phyto-Tech™ Kava - 90 Veggie Caps - Product Code: 60341

Who can benefit from this supplement?

- Those with anxiety, mild depression, ADHD and insomnia related to an over active mind.

Ingredients:

Phyto-Tech™ Kava Root 1:2 is available as a liquid extract, alcoholic and alcohol free, as well as a standardized liquid filled Veggie Cap. The liquid contains 500 mg of Kava per 30 drops. The liquid filled Veggie Cap is standardized to 75 mg Kavalactone per capsule (approximately 1,500 mg Kava). Also available in a vegetarian capsule form. Each Phyto-Tech™ veggie cap contains 380 mg selectively imported Vanuatu Kava Root.

Lemon Balm 1:2

1 fl oz - Product Code: 57057

Licorice Root 1:3

Licorice is best known as a tonic for the adrenal gland, useful for those with fatigue or under stress.

1 fl oz - Product Code: 56986

Who can benefit from this supplement?

- Those suffering from adrenal fatigue, stress, inflammatory conditions, gastric ulcers and lung congestion.

Licorice helps a stressed adrenal gland maintain its’ production of adrenaline, cortisone and aldosterone, the hormones normally secreted by the adrenal gland. Aldosterone affects the body’s ability to hold more water, and maintains normal hydration. Licorice also increases cortisol levels, thus helping to reduce inflammation. This can be helpful in conditions as varied as asthma, psoriasis, hepatitis, lupus, MS, arthritis, eczeme and other auto immune disorders. Licorice is also thought to have a synergistic action in herbal mixtures, and is commonly used, in small quantities, in herbal blends, especially in traditional Chinese medicine.

Ingredients:

Phyto-Tech™ Licorice Root 1:3 contains 333 mg/ml (30 drops) of certified organic licorice root, along with pure grain

alcohol and deionized water.

Dosage:

20-40 drops, 2-3 times per day or as neededl, in juice or water.

Cautions: Do not use during pregnancy or nursing; long term use might possible cause water retention and/or edema; theorectically, could increase blood pressure at higher doeses and over long term use.

Liver Support

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

1 fl oz - Regular (alcoholic), Product Code: 56948

1 fl oz - Alcohol Free, Product Code: 56971

Who can benefit from this supplement?

- Those who feel they would benefit from:
 - a systemic cleansing stimulant
 - a specific liver function stimulant
 - protecting the liver from exposure to toxins
 - skin cleansing via liver detox
 - bile stimulation

In many medical approaches, the liver is central to a myriad of health problems.

Phyto-Tech™ Liver Support comes in a liquid herbal form, regular and alcohol free, as well as a standardized liquid filled Veggie Cap. The latter is standardized to Silymarin content, and will be discussed in the next monograph.

Ingredients:

The liquid supplement contains the following herbs: Fresh Dandelion Root, Red Root, Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Fresh Ginger Root, Fringe Tree Bark.

. . . continued on page 70

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



LIDDELL																								
37129	ANTI TOX VACCINE	1 Z	LIQ	19.59	15.67	54344	BUFF C PWD 454.6 GRAMS	454	PWD	23.95	19.16	53410	ESTROGEN NATURAL	60	TAB	38.00	30.40	52181	LIFE EXTENSION MIX	315	TAB	98.00	78.40	
45362	BL BLADDER + UTI	1 Z	SPY	14.99	11.99	53086	C 1000 W/DIHYDROQUERC	250	TAB	25.50	20.40	58717	EUROPEAN LEG SOLUTION	30	TAB	20.00	16.00	52182	LIFE EXTENSION MIX PWD	14.	PWD	98.00	78.40	
29963	BPS BACK PAIN SCIATICA	1 Z	SPY	14.99	11.99	58294	CAL D GLUCARATE 200 MG	60	VCA	18.00	14.40	62447	EXTRAORDINARY ENZYMES	60	CAP	26.00	20.80	61055	LIVER EFFECENCY FORM	30	VCA	18.00	14.40	
33659	BRAIN ENERGY	1 Z	LIQ	21.59	17.27	62383	CARDIO PEAK HAWTH ARJ L	120	VCA	36.00	28.80	67348	EYE LIFT CRM	.5Z	CRM	59.00	47.20	67021	MACUGARD W/AST SAFFRON	60	SGC	44.00	35.20	
66671	DETOX CHEMICAL SPY	1 Z	SPY	19.59	15.67	52169	CARNITINE OPTIMIZED	60	VCA	36.00	28.80	60364	EYE PRESSURE SUPPORT	30	VCA	38.00	30.40	67068	MACUGUARD OCULAR SUP	60	SGC	25.00	20.00	
33660	FEMALE ENERGY	1 Z	LIQ	21.59	17.27	52772	CARNO SMOOTH	60	VCA	29.95	23.96	62960	FAST C 500 W/DIHYDROQ	120	TAB	26.00	21.20	57758	MAG CITRATE 160 MG	100	CAP	9.00	7.20	
29969	INSOMNIA	1 Z	LIQ	14.99	11.99	55107	CARNOSINE SUPER	90	CAP	66.00	52.80	66825	FIBERIMMUNE SUPP APPLE	.5Z	PWD	34.00	27.20	67318	MAGNESIUM 250 EXT REL	60	VCA	13.00	10.40	
33661	MALE ENERGY	1 Z	LIQ	21.59	17.27	65744	CHOL SUPPORT	60	LVC	52.00	41.60	63992	FLORASSIST BALANCE LIQ	30	VCA	32.00	25.60	52419	MAGNESIUM 500 MG	100	VCA	12.00	9.60	
29961	MP MENOPAUSE	1 Z	LIQ	14.99	11.99	52923	CINSULIN ENHAN CINNULIN	90	VCA	38.00	30.40	67405	FLORASSIST GI	30	VCA	33.00	26.40	54559	MELATON 5 MG SEELP NAT	60	CAP	18.00	14.40	
33662	VITAL HGH	1 Z	LIQ	39.95	31.96	52175	CLA BLEND 1000 SUP SES	120	SGC	36.00	28.80	65092	FLORASSIST HEART PROB	60	VCA	32.00	25.60	62478	MELATONIN 10 MG	60	CAP	28.00	22.40	
35274	VITAL II	1 Z	LIQ	39.95	31.96	52185	CLA BLEND 1000 W/GUAR	120	SGC	42.00	33.60	66597	FLORASSIST MOOD	60	CAP	33.00	26.40	56449	MELATONIN 300 MCG T/R	100	CAP	12.00	9.60	
LIFE EXTENSION																								
61056	5 LOX INHIB 100 APRESF	60	VCA	22.00	17.60	63852	COGNITEX W/ BRAIN SHLD	90	SGC	60.00	48.00	Please Note: For a variety of reasons, certain companies ask us not to include a listing of their products, or our discount pricing, in this reference catalog or web site. We honor those requests. If you do not see the products you are interested in, that does not mean we do not carry them. Please call our toll free number, 1-800-633-1106. Thank you.					67311	MEMORY PROTECT	36	CAP	24.00	19.60		
56043	7 KETO DHEA 100 MG	60	CAP	40.00	32.00	52194	COGNITEX CDP CHOLINE	60	CAP	36.00	28.80						61451	METHYLCOBALMIN 1 MG VN	60	LOZ	9.95	7.96		
58721	7 KETO DHEA 25 MG	100	CAP	28.00	22.40	61834	COQ10 100 MG UBIQ SUP	60	SGC	56.00	44.80						61711	METHYLCOBAL 5 MG VAN	60	LOZ	32.00	25.60		
52660	ACETYL L CARNIT ARGIN	90	VCA	52.00	41.60	63764	COQ10 100 UBIQ BIOPQQ	30	SGC	54.00	43.20						53832	MIGRA EEZE W/BUTTERBU	60	SGC	33.00	26.40		
61932	ADRENAL ENERGY FORMULA	60	VCA	24.00	19.20	52163	COQ10 100 W/ D LIMON	100	SGC	46.00	36.80						63931	MILK THISTLE (EUROPEN)	120	SGC	44.00	35.20		
65175	AMPK ACTIVATOR	90	VCA	48.00	38.40	62414	COQ10 200 MG UBIQUINOL	30	SGC	62.00	49.60	59329	MITOC ENERG OPT BIOPQQ	120	CAP	94.00	75.20							
60282	ANTI ADIPOC W/MANG IRV	60	VCA	39.00	31.20	52172	COQ10 50 MG ENHAN SUP	60	SGC	25.00	20.00	59781	MITOCHONDRIAL BASC PQQ	30	VCA	44.00	35.20							
59022	ANTI ALCOHOL ANTI OX	100	CAP	26.00	20.80	67498	CORTISOL BALANCE NATURA	/30	VCA	45.00	36.00	52519	N A C 600 MG	60	CAP	14.00	11.20							
67404	ANTI ALCOHOL W/HEPTOPR	60	CAP	22.00	17.60	59594	CR MIMETIC LONGEVITY	60	VCA	39.00	31.20	65001	NAD PLUS CELL REGENERAT	30	VCA	34.00	27.20							
63930	APPETITE SUPPRESS NATU	60	VCA	38.00	30.40	58501	CRANMAX 500 MG L	60	VCA	17.50	14.00	61054	NEURO MAG MAG THREONAT	90	VCA	40.00	32.00							
61573	APPELWISE POLYPHEN EXT	30	CAP	21.00	16.80	58511	CRANMAX OPTIMIZED	60	VCA	18.00	14.40	63788	NIACIN NO FLUSH 800 MG	100	CAP	19.00	15.20							
66692	ARTERIAL PROTECT	30	VCA	48.00	38.40	62382	CREATINE WHEY GLUTAMIN	16Z	PWD	30.00	24.00	66076	NITROVASC W/CORDIART LE	30	VCA	18.00	14.40							
58772	ARTHRO IMMUNE JOINT	60	VCA	32.00	25.60	58251	CRUCIFEROUS TRIPLE ACT	60	VCA	32.00	25.60	65178	NK CELL ACTIVATOR	30	TAB	45.00	36.00							
60988	ARTHROMAX ADV UC II	60	CAP	36.00	28.80	58534	CRUCIFEROUS VEG TRIPLE	10N	VCA	24.00	19.20	61230	OLIVE LEAF VASCULR ADV	60	VCA	36.00	28.80							
67427	ARTHROMAX HERBAL JOINT	60	VCA	40.00	32.00	54588	CURCUMIN SUPER BIO 400	60	VCA	38.00	30.40	67151	OLIVE OIL EXTRA VIRGIN	16.	LIQ	33.00	26.40							
56168	ASHWAGANDA EXT OPTIM	60	VCA	10.00	8.00	63870	CURCUMIN W/GINGER &TUR	30	SGC	30.00	24.00	58490	OMEGA 3 SUPER SESM ENT	120	SGC	34.00	27.20							
63897	ASIAN ENERGY BOOST	90	VCA	24.00	19.20	63889	CYTOKINE SUPPES W/EGCG	30	VCA	30.00	24.00	58680	OMEGA 3 SUPR SES LG OF	120	SGC	32.00	25.60							
63127	ASTAXANTHN PHOSLI 4 MG	30	SGC	16.00	12.80	58681	D AND K W/SEA IODIN	60	CAP	24.00	19.20	64680	OMEGA W/ KRILL & ASTAX	120	SGC	45.00	36.00							
63856	B COMPLEX COMPLETE	60	VCA	12.00	9.60	53683	D RIBOSE PWD 150 GRAMS	150	PWD	27.50	22.00	64194	PALMETTOGUARD SAW PLM	30	SGC	15.00	12.00							
54044	BENFOTIAMINE MEGA 250	120	VCA	30.00	24.00	58922	D VITAMIN LOTION	4 Z	LOT	36.00	28.80	55373	PEAK ATP W/GLYCOCARN	60	TAB	54.00	43.20							
54043	BENFOTIAMINE W/THIAMIN	120	VCA	19.95	15.96	52560	D3 1000 IU SGC	250	SGC	12.50	10.00	64294	PEONY IMMUNE	60	VCA	36.00	28.80							
58955	BERRY COMPLETE ENHANCE	60	VCA	29.00	23.20	52488	D3 5000 IU	60	SGC	11.00	8.80	57963	POLICOSANOL 10 MG	60	VCA	24.00	19.20							
61875	BIO COLLAGEN W/ UC II	60	CAP	36.00	28.80	58872	D3 7000 IU	60	CAP	14.00	11.20	58828	POMEGRANATE COMPLETE	30	SGC	24.00	19.20							
59824	BIOACTIVE MILK PEPTIDE	30	VCA	18.00	14.40	62412	D3 W/SEA IODIN 5000 IU	60	CAP	14.00	11.20	62413	PQQ 20 MG W/BIOPOQ L	/30	CAP	40.00	32.00							
62496	BLACK CUMIN SD OIL 500	60	SGC	16.00	12.80	52196	DHEA 100 MG	100	VCA	24.00	19.20	59678	PQQ CAPS W/BIO PQQ 10	30	VCA	24.00	19.20							
62521	BLACK CUMIN W/BIO CURM	60	SGC	32.00	25.60	54735	DHEA 15 MG	100	CAP	14.00	11.20	52216	PREGNENOLONE 100 MG CP	100	CAP	30.00	24.00							
67293	BLOOD PRESS 3X ACTION L	60	TAB	44.00	35.20	52316	DHEA 25 MG CAP	100	CAP	18.00	14.40	64578	PREGNENOLONE 50 MG	100	CAP	26.00	20.80							
67294	BLOOD PRESSUR DUAL ACT	60	TAB	44.00	32.50	61357	DHEA 50 MG	60	CAP	19.00	15.20	58257	PRELOX NAT SEX FOR MEN	60	TAB	52.00	41.60							
59402	BLUEBERRY EXT W/POMEGR	60	VCA	30.00	24.00	62984	DHEA COMPLETE	60	VCA	48.00	38.40	65529	PROSTA POLLEN 3X STREN	30	SGC	28.00	22.40							
52165	BLUEBERRY EXTRACT CAPS	60	VCA	22.50	18.00	52520	DIGEST RC	30	TAB	14.00	11.20	54896	PROSTATE FORM ULTRA	60	SGC	38.00	30.40							
52167	BONE RESTORE	120	CAP	22.50	18.00	66946	DIGESTIVE ENZY W/ PROB	60	VCA	28.00	22.40	67152	PROSTATE PM MIKE DITKA	30	VCA	39.99	31.99							
62932	BONE RESTORE W/ K2	120	CAP	24.00	19.20	52191	DIGESTIVE ENZYMES SUPR	60	CAP	22.00	17.60	64411	PROVINAL PURIF OMEGA 7	30	SGC	27.00	21.60							
56688	BONE STRENGTH W/ KOACT	120	CAP	42.00	33.60	66345	DOPAMIND WILD GREN OAT	60	TAB	48.00	38.40	54961	PS 100 PHOS SERINE	100	CAP	54.00	43.20							
52173	BP MANAGEMENT NATURAL	60	TAB	44.00	35.20	66819	E 400 IU NATURAL	90	SGC	28.00	22.40	61940	PYCNOGENOL 100 MG	60	VCA	64.00	51.20							
63888	BRAIN SHIELD GASTRODIN	60	VCA	33.00	26.40	65972	ENDOTH DEF POM & CORDI	60	SGC	68.00	54.40	66674	PYRIDOXAL 5 PHOS 100MG	60	VCA	22.00	17.60							
52460	BRITE EYES III	2	VIL	34.00	27.20	59031	ENDOTHELIAL DEFENSE	60	VCA	54.00	43.20	57172	QUERCETIN OPTIMIZED	60	VCA	22.00	17.60							
55265	BROMELAIN COATED	60	TAB	21.00	16.80	67275	EPA DHA MEGA	120	SGC	20.00	16.00	55363	R LIPOIC ACID SUPER	60	VCA	49.00	39.20							
						63782	EPAPHAGGAL GIARDIAN	60	CHW	36.00	28.80	62384	REISHI EXT MUSHRM CMP	60	VCA	30.00	24.00							
																		58126	RESVERATROL 100 PTER	60	VCA	36.00	28.80	
																		59023	RESVERATROL 250 OPT GB	60	VCA	46.00	36.80	
																		65223	RESVERATROL OPT W/NAN I	30	VCA	42.00	33.60	



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Note: Phyto-Tech™ Liver Support formula is available in four different forms:

- Liquid Fluid Extract - 1 fl. oz.
Product Code: 56948 (see *Liver Support*)
- Alcohol Free Fluid Extract - 1 fl oz
Product Code: 56971 (see *Liver Support*)
- Liquid Filled Veggie Caps - 60 Caps
Product Code: 57048 (see *Liver Support Caps*)
- Fresh Ground Powder filled VeggieCaps
90 Caps - Product Code: 67454 (see *Liver Support Caps*)

Liver Support Caps

Standardized, Liquid Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

60 Liquid Filled Veggie Caps - Product Code: 57048

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a liquid filled Veggie Cap was developed, with added standardized Silymarin content.

Ingredients:

Each Phyto-Tech™ Liver Support Standardized liquid filled Veggie Cap contains the following: Silymarin, Standardized, from Milk Thistle) 80 mg., with Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Burdock Root, Dandelion Root, Red Root, Fringe Tree Bark

Cautions: see next Liver Support Capsules monograph.

Liver Support Caps

Standardized Powder Veggie Caps

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

90 Veggie Caps - Product Code: 67454

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a fresh ground, powder filled Veggie Cap was developed, with added standardized Silymarin content.

Ingredients:

Each Veggie Cap contains: Oregon Grape Root, 100 mg, Milk Thistle Seed & Extract, 100 mg, providing 40 mg Silymarin, Yellow Dock Root, 75 mg, Dandelion Root, 75 mg, Burdock Root, 50 mg, Red Root, 25 mg. The veggie cap contains Modified Vegetable Cellulose (The herbs are organic or ethically wild harvested. 100% gluten free.

Dosage:

Take one capsule with water, 1-3 times per day, depending on the pace of the cleanse desired.

Indications: Phyto-Tech™ Liver Support can be used as a systemic (all over) cleansing stimulant, a specific liver stimulant to increase all liver function, a liver protectant, a treatment for liver stagnation or deficiency, skin cleanser via liver cleansing and a bile stimulant that will increase fat digestion and protein synthesis.

The amount of the active part of Milk Thistle, called Silymarin, is concentrated to a significant amount beyond what can be achieved in liquid extracts. Silymarin has been researched in numerous studies which show it protects the liver and helps regenerate healthy liver cells.

The liver is responsible for a majority of blood cleansing. By stimulating the liver with Liver Support, all the blood moving through the liver will get cleaned out on an accelerated level. At the same time Liver Support will help to prevent the liver from degenerating by arresting liver necrosis and bringing down elevated liver enzymes if elevated. It is a specific for hepatitis C.

Liver Support will decrease how the liver breaks down naturally occurring cortisone, thereby systemically decreasing inflammation.

It will also decrease hepatic portal congestion that occurs from too much fat in the diet (Red Root) and thereby decrease sticky blood and lymph. It can help decrease hemorrhoids, pelvic congestion, fatty sticky stools and all the symptoms that result from thick blood.

As a treatment for liver deficiency or liver stagnation, Liver Support can facilitate a healing on a constitutional level for an array of symptoms including, PMS, headaches, indigestion, hayfever, poor fat and protein digestion, fatigue or chronic fatigue syndrome.

Leaky gut syndrome is a combination of events. Liver Support can help by increasing gut digestive acidity and antibacterial function to help remove some causative factors behind leaky gut syndrome.

Contra-indications and Cautions: Pregnancy; Alcohol or drug addiction (be careful as an acute healing crisis can manifest); Do not use if already acutely detoxing, especially if acutely detoxing from addictions such as alcohol. Be careful if liver enzymes are elevated by going slowly.

Aggressive detoxification and herbal liver stimulants may increase the rate of metabolic breakdown of some medications, especially those medications that are broken down in the liver. This can create an undesirable situation where medications are not working (i.e. beta blockers, anti-depressants) and detoxification would be contraindicated.

. . . continued on page 72

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



53947	RHODIOLA EXT 250 MG	60	VCA	11.75	9.40
59087	SAFFRON W/SATIEREAL	60	CAP	36.00	28.80
55499	SAM E 200 MG	30	TAB	25.00	20.00
55498	SAM E 400 MG	30	TAB	36.00	28.80
52192	SELENIUM CMP SUPER 200	100	CAP	14.00	11.20
66869	SHADE FACTOR VCAP	120	VCA	44.00	35.20
59613	SKIN RESTORING CERAMID	30	CAP	25.00	20.00
60295	SLEEP NAT ENHAN NO MEL	30	CAP	20.00	16.00
60065	SLEEP NATURAL W/MELATO	30	CAP	22.00	17.60
52199	SODZYME W/ GLISODIN	90	CAP	28.00	22.40
53798	STRESS RELIEF NATURAL	30	VCA	28.00	22.40
60321	STRONTIUM 750 MG	90	VCA	20.00	16.00
56823	SUPER MIRAFORTE LIGNAN	120	CAP	62.00	49.60
64858	TART CHERRY EXT	60	VCA	20.00	16.00
65883	TEAR SUPP W/MAQUIBRIGH	30	VCA	18.00	14.40
53160	THEANINE 100 MG	60	VCA	24.00	19.20
59745	TMG 500 MG LIQ VCAP	60	VCA	13.00	10.40
58258	TOCOTRIENOLS SUPER ABS	60	SGC	30.00	24.00
56739	TOCOTRIENOLS W/SESAME	60	SGC	38.00	30.40
52188	TPST LIFE EXTENTION	4 Z	TUB	9.50	7.60
65790	TRANQUIL TRACT VCAP	60	VCA	52.00	41.60
63765	TRI SUGAR SHIELD MULBR	60	VCA	36.00	28.80
66353	TRIPLE ACTION THYROID	60	VCA	36.00	28.80
62861	TRYPTOPHAN 500 MG	90	CAP	33.00	26.40
62862	TRYPTOPHAN PLUS OPTIM	90	CAP	32.00	25.60
61221	TWO PER DAY CAP	120	CAP	22.00	17.60
52159	TWO PER DAY TABLETS	120	TAB	20.00	16.00
59196	TWO PER DAY TABLETS	60	TAB	10.50	8.40
57901	UBIQUINOL 100 MG W/MIT	60	SGC	62.00	49.60
58016	UBIQUINOL 50 MG W/MITO	100	SGC	58.00	46.40
66598	URI ACID CONTROL	60	VCA	24.00	19.20
67360	VENOFLOW	30	VCA	52.00	41.60
56311	VENOTONE 250 MG	60	TAB	18.00	15.16
64441	VINPOCETINE 10 MG	100	CAP	18.00	14.40
65426	WAIST LINE CONTROL	120	VCA	42.00	33.60
63586	WHEY PROTEIN VAN	520	PWD	30.00	27.00
66209	X R SHIELD	90	VCA	15.00	12.00
65179	ZINC LOZ 18.75 ENHA VG	30	LOZ	12.00	9.60

LIFE FLO					
60936	ARGAN OIL PURE ORGANIC	4 Z	LIQ	32.99	26.39
59211	BI ESTRO CARE BODY CRM	4 Z	CRM	36.39	29.11
59346	DHEA FOR MEN CREAM	4 Z	CRM	41.89	33.51
37804	DHEA PLUS	2 Z	CRM	18.19	14.55
59040	E 25000 SUPER CREAM	2 Z	CRM	17.29	13.83
59172	ESTRIOL CARE	2 Z	PUM	18.29	14.63
36830	ESTRO CARE	2 Z	CRM	21.09	16.87
64919	MAGNESIUM GEL UNSCENTED	16Z	GEL	17.79	14.23
64920	MAGNESIUM OIL PURE UNS	8 Z	SPY	11.19	8.95
54596	MELATONIN CREAM	2 Z	CRM	17.89	14.31
38044	OLIVE LEAF PLUS LFO	60	CAP	24.99	19.99
44125	PROGESTA CARE BODY CRM	4 Z	CRM	36.39	29.11

59798	PROGESTA CARE COMPLETE	4 Z	CRM	39.29	31.43
55913	PROGESTA CARE LAV CRM	4 Z	CRM	36.79	29.43
55912	PROGESTA CARE PEPP CRM	4 Z	CRM	36.79	29.43
50230	PROGESTA CARE PLUS	4 Z	CRM	36.79	29.43

LIFE SEASONS					
67482	ANXIE T VCAP	60	VCA	34.99	29.74
67484	BEAU T VCAP HAIR SKIN	90	VCA	34.99	29.74
67487	CHOLEST T VCAP	90	VCA	34.99	29.74
67493	CLARI T VCAP	60	VCA	43.99	37.39
67483	DIABET X VCAP	90	VCA	39.99	33.49
67490	DIGESTIVI T VCAP	90	VCA	39.99	33.49
67486	HYPER T VCAP	120	VCA	34.99	29.74
67481	MASCULINI T VCAP	90	VCA	39.99	33.49
67495	PAIN BLOC R VCAP	45	VCA	27.99	23.79
67488	PROS T VCAP	60	VCA	43.99	37.39
67491	PROSPERI T VCP THYROID	60	VCA	34.99	29.74
67489	PURI T VCAP LIVER SUPP	60	VCA	34.99	29.74
67485	REST ZZZ VCAP	60	VCA	29.99	25.49
67496	URINARI X VCAP	90	VCA	34.99	29.74
67492	VISIBILI T VCAP	60	VCA	39.99	33.49

LIFETIME NUTRITIONAL					
53204	CAL MAG CIT LEMON CUST	16Z	LIQ	15.99	12.79
53598	CAL MAG CIT LIQ PINA CO	16Z	LIQ	16.49	13.19
39800	CAL MAG CITRATE LIQ	16Z	LIQ	16.69	13.35
54575	OSTEO DENSITY RASBERRY	16Z	LIQ	20.29	16.23

LILY OF THE DESERT					
27152	ALOE GEL WHL LEAF ORG	32Z	LIQ	9.88	7.90
43193	ALOE JUIC WH LF PRS FR	32Z	LIQ	11.19	8.95
24280	ALOE JUICE WHL LF ORG	32Z	LIQ	9.88	7.90
23609	ALOE VERA GEL	GAL	LIQ	28.59	22.87
22466	ALOE VERA GEL 32Z	32Z	LIQ	9.29	7.43
41689	ALOE VERA GELLY	12Z	GEL	9.39	7.51
24025	ALOE VERA JUICE	32Z	LIQ	9.29	7.43
54449	ALOE VERA JUICE NO L	32Z	LIQ	11.19	8.95
55487	ALOE VERA STOMACH FORM	32Z	LIQ	18.89	15.11
50946	DETOX HERBAL FORMULA	32Z	LIQ	18.89	15.11
50868	STOMACH HERBAL FORMULA	32Z	LIQ	18.89	15.11

LOVEBUG PROBIOTICS					
67125	COLDS SUCK 10B IMMUNE	60	TAB	34.99	34.99
67123	HERE'S THE SKINNY 10B	30	TAB	29.99	29.99
67126	LITTLE ONES 3BL CHILD	60	TAB	27.99	27.99
67127	TINY TUMMIES INFNT PWD	30	PAK	27.99	27.99
67124	YEAST IS A BEAST 10BL	30	TAB	29.99	29.99

MACRO LIFE					
44441	MACRO GREENS PWD	10Z	PWD	42.99	34.39
52999	MACRO GREENS PWD 90 DY	30Z	PWD	99.99	79.99
53834	MIRACLE REDS 90 DAYS	30Z	PWD	99.99	79.99

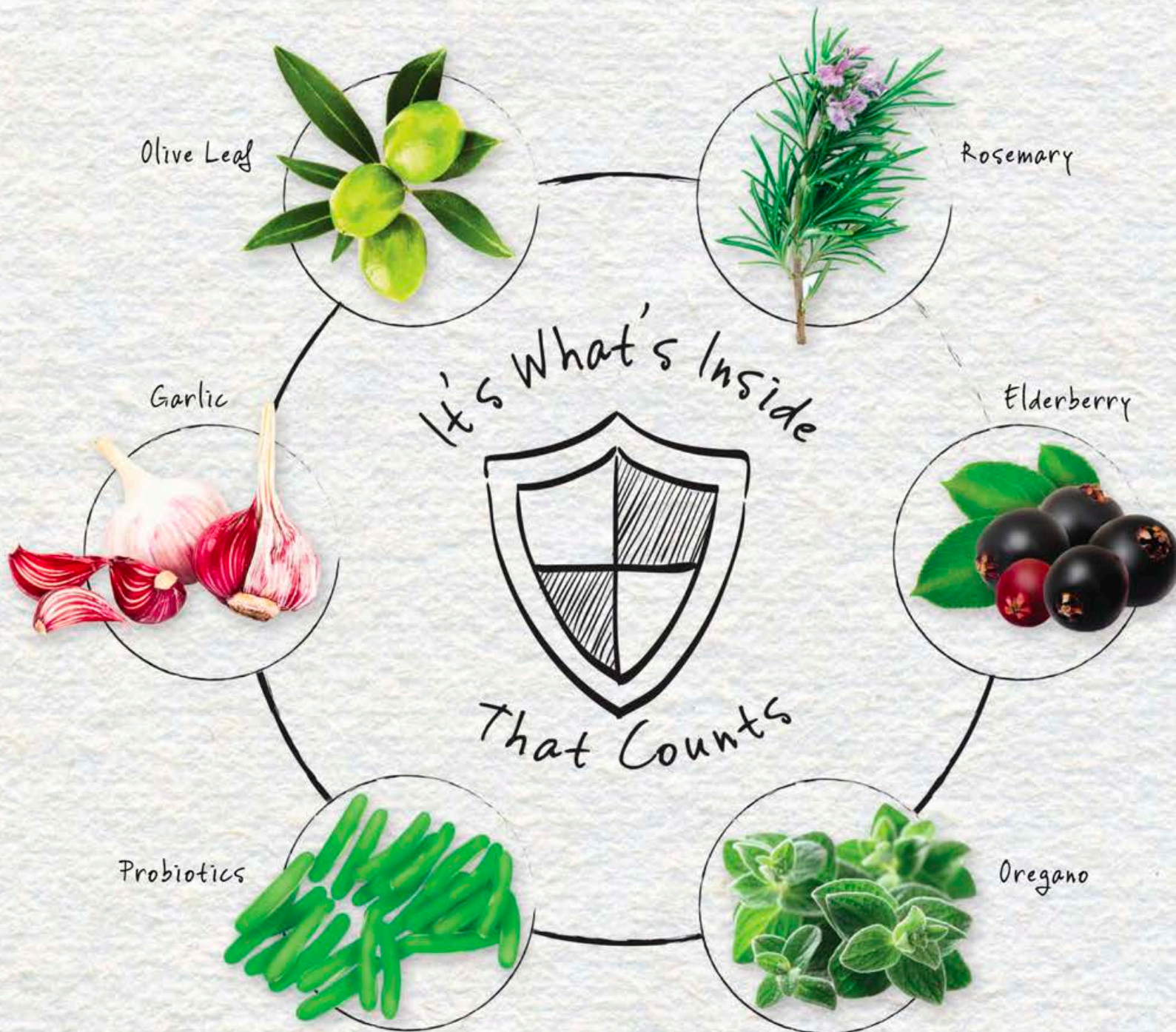
51941	MIRACLE REDS PWD 30 DY	10Z	PWD	42.99	34.39
MAD HIPPIE					
66425	C SERUM KONJAC HYALUR	30M	LIQ	33.99	30.59
66427	CREAM CLEANS NORM DRY	118	CRM	15.99	14.39
66424	EYE CRM PEPTIDES CERAM	15M	CRM	24.99	22.49
66422	FACE CRM PEPTIDE ARGAN	30M	CRM	25.99	23.39
66426	FACE OIL ANTIOX ARGAN	30M	LIQ	24.99	22.49
67014	FACIAL SPF 30 SKIN	2.1	CRM	25.09	22.58
MAGUEY WEAVES					
66431	BATH CLOTH MED TXT LRG	EA	MIS	8.50	8.50
66436	BATH CLOTH MED TXT MAR	EA	MIS	8.50	8.50
66437	BATH CLOTH MED TXT ROS	EA	MIS	8.50	8.50
66432	PAIN CLTH COARSE TXT MD	EA	MIS	7.00	7.00
66438	BATH CLTH MED TXT BRWN	EA	MIS	8.50	8.50
66433	BATH CLTH MED TXT MED	EA	MIS	7.00	7.00
66429	SCRUB MITT FULL W/PUM	EA	MIS	9.50	9.50
66430	SCRUBBER ROUND AGAVE LG	EA	MIS	8.00	8.00

MASTER SUPPLEMENTS INC					
64836	THERALAC 30 BILL PROB	30	CAP	47.95	43.15
67122	THERALAC GRANULAR	30G	PWD	47.95	43.15
64837	TRUFLORA 15 BL PRB ENZ	32	CAP	42.95	38.65
MAXI HEALTH					
66198	GLUTAMAX	50	CAP	48.95	44.15
50715	MAXI BIOTIC 450 HI PO	180	CAP	52.95	47.65
54905	MAXI OMEGA 3 ENTER COT	90	SGC	45.95	36.76
35225	MAXI TWO COMPL W/ IRON	60	VCAP	25.95	23.36
MEGAFOOD					
59478	ADRENAL STRENGTH	60	TAB	58.96	53.06
31196	B CMP BALANCED NEW FRM	90	TAB	42.96	38.66
31329	B COMPLEX BALANCED	60	TAB	34.56	31.10
61536	B12 VEGAN	30	VCA	19.96	17.96
10537	BABY AND ME	120	TAB	44.96	40.46
33658	BALANCED MINERALS DAIL	90	TAB	36.76	33.08
41731	BLOOD BUILDER	90	TAB	37.16	33.44
34688	BLOOD BUILDER	60	TAB	30.96	27.86
41243	BLUEBERRY WILD 336 MG	60	TAB	27.76	24.98
60903	C COMPLEX DAILY FOODS	60	TAB	30.96	27.86
64673	C PROTECT DAILY PAK	30	PAK	32.96	29.66
64671	C PROTECT DAILY PWD	63G	PWD	24.96	22.46
58394	D3 1000 IU	60	TAB	25.56	23.00
64669	DAILY ENERGY PWD	52G	PWD	24.96	22.46
23956	HAIR SKIN & NAILS	180	TAB	85.36	76.82
60470	KIDS ONE DAILY	30	TAB	19.76	17.78
44192	MEGAFLORA	90	VCA	62.76	56.48
67158	MEN OVER 40 ONE DAILY	90	TAB	63.16	56.84
60472	MEN OVER 40 ONE DAILY	60	TAB	44.56	40.10
62480	MEN OVER 55 TAB	60	TAB	34.96	31.46

62782	MENS ONE DAILY	30	TAB	27.96	25.16
37820	MENS ONE DAILY	90	TAB	63.16	56.84
67322	MULTI FOR WOMEN 40+	60	TAB	38.96	35.06
31197	ONE DAILY NEW FORM	30	TAB	27.96	25.16
61680	QUERCETIN STRENGTH	60	TAB	33.56	30.20
61661	SELENIUM	60	TAB	27.56	24.80
39271	SKIN HAIR & NAILS	60	TAB	35.96	32.36
63612	TENSION RELEASE	30	TAB	31.76	28.58
60904	THYROID STRENGTH	60	TAB	44.16	39.74
64668	TURMERIC DAILY PWD	59G	PWD	24.96	22.46
67514	TURMERIC STRENGTH JNTS	60	TAB	51.96	45.76

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See front page, or visit www.willner.com

67513	TURMERIC STRENGTH LIVR	60	TAB	43.96	39.56
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NOW knows that feeling and looking healthy radiates from within. This is why we use only the highest quality raw materials to manufacture NOW® supplements in our own state-of-the-art facilities. Whether you're seeking long-term immune support with AlliBiotic CF™, fast-acting support with Seasonal Rapid Relief, or targeted immune support with Respiratory Care Probiotic, NOW offers 900 of the highest quality natural supplements, including these quality immune support formulas, to help you look and feel your best from the inside out.*

Immune Support*

nowfoods.com/immune

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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Live Happy. Live Healthy. Live NOW.





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



One may need to adjust the dosage of such medications while working with their health care professional.

Lobelia 1:2

Medically, Lobelia is known as a parasympathomimetic. It stimulates the parasympathetic nervous system, countering the effect of adrenal stimulation and stress.

1 fl oz - Product Code: 56988

Who can benefit from this herbal supplement?

- Those suffering from excess adrenal stimulation and stress, including anxiety, panic attacks, insomnia, ADHD and nervousness.

Lobelia contains an alkaloid called lobeline that is chemically similar to nicotine. Lobelia will decrease the physical craving for cigarettes as lobeline fools the binding sites that are looking for nicotine. Lobelia has historically been used to help one who wants to quit smoking. It also calms the stress one goes through and opens the lungs to help expectorate. It is perfect in its action for smoking cessation.

Ingredients:

Phyto-Tech™ Lobelia 1:2 contains fresh lobelia inflata herb, (500 mg/ml, or 30 drops), pure grain alcohol, and pure deionized water.

Dosage:

General and long term dosage is 10-30 drops, 2-3 times daily in juice or water. For acute, short term needs, one can take 10-30 squirts every hour as needed.

Use caution if you have low blood pressure, and do not use during pregnancy.

Lustrous Hair

A herbal blend based on Traditional Chinese Medicine that stimulates hair growth and healthy, lustrous hair.

2 fl oz - Product Code: 57733

Who might benefit from this herbal supplement?

- Those who suffer from hair loss or thinning, brittle, dull hair.

Ingredients:

Phyto-Tech™ Lustrous Hair contains Fo-Ti Root 230 mg, Rehmannia Root 220 mg, Astragalus Root 110 mg, Dong Quai Root 90 mg, White Peony Root 90 mg, Safflower Flower 70 mg, Chinese Salvia Root 60 mg, Liguisticum wallichii Rhizome 60 mg. Alcohol Pure Grain, Water Pure Deionized

Cautions: Do not take during pregnancy or while nursing. Keep out of the reach of children.

Dosage:

30 drops, 1-2 times a day, in juice or water. Shake well before using.

References:

For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under “Articles & Reprints.” Look for “Lustrous Hair.”

Lymphatic Complex

A blend of herbs affecting the lymphatic system.

1 fl oz - Product Code: 56997

Ingredients:

Phyto-Tech™ Lymphatic Complex contains: Red Root, Fresh Ocotillo Bark, Stillingea Root, Fresh Astragalus Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day until symptoms reduce.

Maca Root

A native Peruvian herb, Maca’s traditional use for enhancing overall vigor and fertility has been confirmed by animal studies showing it promotes libido, sexual potency and energy.

1 fl oz (500 mg per 30 drops) - Product Code: 57076

Who can benefit from this supplement?

- Those with age-related sexual dysfunction, low libido, lack of energy and vigor.

According to Dr. Arthur Presser’s book, Pharmacist’s Guide to Medicinal Herbs, the “modern day uses” for Maca “are probably no different than Maca’s ancient uses.

They include:

- Aphrodisiac
- Fertility
- Impotence
- Vitality
- Mental clarity
- Menopause & Menstruation
- Chronic Fatigue Syndrome
- Erectile dysfunction
- Anabolic steroid alternative
- General immunity

Maca Enhanced

An enhanced form of Maca, valued for its effect on Libido, Male and Female Hormonal Balance, Stress and Fatigue.

90 Veggie Caps - Product Code: 67456

4 oz Powder - Product Code: 67457

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



38342	BIOSOM DHEA SPRAY CHER	2 Z	SPY	19.95	---	44847	EPA DHA 720 LEMON SGC	120	SGC	43.95	---	13747	INTRINSI B12 FOLATE	60	TAB	19.25	---	64123	SEROSYN	90	CAP	68.95	---
34017	BLACK COHOSH PLUS	60	TAB	34.95	---	59844	EPA DHA 750 TRIGLYCER	60	SGC	32.95	---	13840	INTRINSI B12 FOLATE	180	TAB	50.95	---	13792	SILYMARIN 80	90	TAB	22.95	---
13827	CAL APAT BONE BLD 500	270	TAB	46.50	---	13834	EPA DHA COMPLEX	270	SGC	39.50	---	51476	KAPREX AI	90	TAB	57.25	---	44238	SINUPLEX	120	TAB	36.75	---
26209	CAL APAT BONE BLD ACT	180	TAB	59.25	---	41940	EPA DHA EXTRA ENTRIC	60	SGC	21.50	---	53323	KAPREX NEW IMPROVED	60	SGC	56.25	---	43927	SPECTRA ZYME COMPLETE	180	CAP	59.25	---
13828	CAL APAT BONE BLD BOR	270	TAB	48.50	---	51169	EPA DHA X STR ENT COAT	120	SGC	38.95	---	32750	LICORICE PLUS	60	TAB	24.95	---	65583	SPECTRA ZYME COMPLETE	60	CAP	21.95	---
44340	CAL APAT BONE BLD FORT	90	CAP	29.50	---	63208	EPA DHA X STR ENT COAT	240	SGC	69.95	---	13750	LIPO GEN	90	TAB	22.95	---	65785	SPECTRAZYME METAGEST	90	TAB	17.75	---
53465	CAL APAT BONE BLD FORT	180	CAP	54.50	---	58663	EPA DHA XTRA STR LEMON	60	SGC	19.95	---	13841	LIPO GEN	270	TAB	58.75	---	65458	SPECTRAZYME METAGEST M	270	TAB	46.25	---
59980	CAL APAT BONE BLD MAG	180	TAB	48.50	---	51204	EPA DHA XTRA STR LEMON	120	SGC	31.75	---	35191	LIPOTAIN NO FLUS NIACN	60	TAB	41.75	---	65632	SPECTRAZYME PAN 9X ES	90	TAB	43.75	---
30405	CAL APAT BONE BLD W/MG	90	TAB	27.50	---	63206	EPA DHA XTRA STR LEMON	240	SGC	57.95	---	52114	LIPOTAIN NO FLUS NIACN	180	TAB	107.25	---	50514	TESTRALIN	60	TAB	59.25	---
22286	CAL APAT BONE BLD XTRA	90	TAB	28.25	---	38316	ESTRIUM TROPICAL MANGO	23Z	PWD	53.25	---	13752	MAG CITRATE 200 MG	120	TAB	19.95	---	56021	THYROSOL	180	TAB	63.95	---
43921	CAL APAT BONE BLD XTRA	180	TAB	52.25	---	50877	ESTRO FACTORS	180	TAB	110.50	---	13753	MAG GLYCINATE 100 MG	120	TAB	25.75	---	39704	THYROSOL	60	TAB	23.75	---
33546	CAL APATITE + IPRIFLAV	270	TAB	75.50	---	40316	ESTRO FACTORS	90	TAB	62.75	---	43926	MAG GLYCINATE 100 MG	240	TAB	46.95	---	13876	TRAN Q (TCB 12)	60	TAB	27.75	---
31730	CAL APATITE + IPRIFLAV	90	TAB	29.25	---	64066	ESTROVERA BLISTER PAK	90	TAB	94.95	---	63715	MEGA 10 OMEGA 7+3	60	SGC	42.95	---	52530	TRANCOR	120	CAP	46.25	---
55991	CANDIBACTIN AR	120	SGC	71.50	---	64104	ESTROVERA TAB	30	TAB	34.95	---	44050	META GLYCEMX	60	TAB	47.95	---	10595	ULTRA BALANCE PROTEIN	14.	PWD	39.95	---
36568	CANDIBACTIN AR	60	SGC	39.95	---	36314	EXHILARIN	60	TAB	23.75	---	45442	META GLYCEMX	120	TAB	82.95	---	13860	ULTRA CLEAR 21 SERV	32Z	PWD	76.95	---
36569	CANDIBACTIN BR	90	TAB	39.95	---	13817	FEM PREMENSTR L FEM PMS	60	TAB	25.95	---	38340	META I 3 C	60	CAP	28.25	---	51773	ULTRA CLEAR PLS PH VAN	34Z	PWD	81.95	---
55992	CANDIBACTIN BR	180	TAB	71.50	---	51290	FEM PRENATAL 1 DAY	30	PAK	47.25	---	53649	META I 3 C	180	CAP	76.95	---	23971	ULTRA CLEAR PLUS	32.	PWD	80.95	---
50005	CARDIOGENIC INTEN CARE	90	TAB	38.75	---	34619	FENUGREEK PLUS	60	TAB	29.95	---	50309	META LIPOATE 300 MG	30	TAB	40.50	---	51677	ULTRA CLEAR PLUS PN BN	32Z	PWD	80.95	---
13722	CARNITINE 250 W/CHR 50	30	TAB	24.95	---	21242	FIBROPLEX	120	TAB	30.95	---	13757	META SITOSTEROL 2.0	90	TAB	42.25	---	67153	ULTRA CLEAR RENEW VAN	11B	PWD	84.95	---
38341	CELAPRO (CELL PROTECT)	60	SGC	39.95	---						10597	METAFIBER 380GM	380	PWD	25.75	---	45603	ULTRA FLORA IB	30	CAP	57.75	---	
38897	CENITOL 30 SERVINGS	7.8	PWD	36.95	---						55216	METALLO CLEAR	180	TAB	55.25	---	65288	ULTRA FLORA IMMUNE BST	30	CAP	32.95	---	
52958	CERALIN FORTE	90	CAP	55.25	---						13759	MG K ASPARTATE	60	TAB	16.75	---	53407	ULTRA FLORA INT LACT F	60	CAP	44.95	---	
64845	CERIVA TAB	30	TAB	35.95	---						43637	MULT INT CAR NO FE ACT	180	TAB	36.95	---	61999	ULTRA FLORA SPECTRUM	30	CAP	41.25	---	
43922	CHOLAREST SC	180	TAB	67.50	---						13766	MULTI MIN CHELATE	90	TAB	26.25	---	67317	ULTRA GLUC CONTCHOC MTG	20Z	PWD	74.95	---	
41257	CHOLAREST SC TAB	60	TAB	26.95	---						13760	MULTIGENICS	90	TAB	22.95	---	65518	ULTRA GLUCOSE CONT VAN	7PK	PAK	39.95	---	
54816	CHONDRO CARE	240	TAB	80.75	---						13843	MULTIGENICS	180	TAB	41.50	---	13809	ULTRA POTENT C 1000	90	TAB	30.95	---	
35733	CHONDRO CARE	120	TAB	45.25	---						28638	MULTIGENICS INT CARE	180	TAB	36.95	---	13808	ULTRA POTENT C 500	90	TAB	20.50	---	
13724	CHROMIUM PICOL	60	TAB	12.95	---						13761	MULTIGENICS NO FE	90	TAB	22.95	---	13786	ULTRA POTENT C PWD	8 Z	PWD	39.50	---	
36112	CLA ULTRA	60	CAP	41.95	---						13844	MULTIGENICS NO FE	180	TAB	41.50	---	52715	ULTRA PROSTAGEN CONC	60	TAB	44.95	---	
13830	COLLAGENICS	180	TAB	54.75	---						13763	MULTIGENICS ORANGE FLV	90	CHW	28.25	---	54322	ULTRAFLOA ACUTE CARE	APS	CAP	34.25	---	
61959	COQ10 300 MG NUTRAGEMS	30	CHW	69.95	---						21273	MYCOFERON	1 Z	LIQ	39.95	---	30746	ULTRAFLOA BALANCE MTG	CAP	CAP	38.25	---	
36412	COQ10 ST 100 MG	60	SGC	51.95	---						13770	MYOCALM (MYOPLEX)	60	TAB	11.25	---	25087	ULTRAFLOA SYNERGY MTG/	50G	PWD	39.95	---	
43923	COQ10 ST 100 MG	120	SGC	98.75	---						21979	MYOCALM (MYOPLEX)	180	TAB	29.95	---	53513	ULTRAINFLAMX + 360 MANG	25.	PWD	73.95	---	
62002	CORATIN	60	TAB	33.95	---	54350	FIBROPLEX	240	TAB	55.95	---	13771	MYOCALM P M (MYOPX PM)	60	TAB	14.25	---	53514	ULTRAINFLAMX + 360 PINE	25.	PWD	73.95	---
13727	CORTICO B5B6	60	TAB	24.95	---	40222	FOLAPRO	60	TAB	20.25	---	21980	MYOCALM PM MYOPLEX PM	180	TAB	33.75	---	32813	ULTRAINFLAMX 25.7 OZ	25.	PWD	71.95	---
13831	CORTICO B5B6	180	TAB	59.75	---	43925	FOLAPRO	120	TAB	35.75	---	53324	NANO CELL Q COQ10	5 Z	LIQ	38.25	---	40476	ULTRAINFLAMX CHC ORN	25.	PWD	71.95	---
51711	D3 1000	120	TAB	18.75	---	21981	GARLIC SUPER 6000	90	TAB	31.95	---	39499	NAZANOL	30	TAB	27.95	---	45096	ULTRAINFLAMX MANGO	25.	PWD	71.95	---
63274	D3 10000 W/K2 SGC	60	SGC	26.95	---	63272	GI SUSTAIN	29.	PWD	71.95	---	38919	NEUROSOL	60	CAP	44.95	---	45407	ULTRAINFLAMX PINE BAN	25.	PWD	71.95	---
50000	D3 2000 CMP ISOFLAVONE	90	TAB	23.95	---	13739	GLA 240 (GLA FORTE)	30	CAP	23.50	---	59195	NIATANI NIACIN 500 MG	120	TAB	26.95	---	53512	ULTRAINFLAMX PLUS 360	25.	PWD	71.95	---
57094	D3 5000 SGC	120	SGC	21.95	---	13835	GLA 240 OMEGAGEN FORTE	90	CAP	58.50	---	59276	NUSERA	30	CHW	31.95	---	63115	ULTRAINFLAMX + 360 ORAN	26.	PWD	71.95	---
63080	D3 LIQ 1000 IU DROPS	2 Z	DRP	25.95	---	31911	GLUCOS SULF 500 MG	90	TAB	30.50	---	45383	OMEGA EFA NEW	60	SGC	23.95	---	41654	ULTRAMEAL CHOC NEW	23.	PWD	35.75	---
59843	DHA CHILDRENS 100 TUTT	120	SGC	24.75	---	36595	GLUTAGENICS PWD	9 Z	PWD	63.95	---	64153	OSTEOVANTIV	60	TAB	53.95	---	40044	ULTRAMEAL MOCHA NEW	23.	PWD	35.75	---
13729	E 400 SELENIUM	60	TAB	21.95	---	13741	GLYCOPENICS	60	TAB	20.50	---	56581	OSTERA	60	TAB	53.95	---	44054	ULTRAMEAL PLUS VAN	25Z	PWD	45.95	---
33810	E COMPLEX 1:1	60	CAP	23.75	---	13836	GLYCOPENICS	180	TAB	53.75	---	41668	PERIMINE	60	TAB	35.95	---	40742	ULTRAMEAL RICE CHOC	28Z	PWD	39.75	---
43924	E COMPLEX 1:1	180	CAP	60.50	---	13742	HEMAGENICS	60	TAB	16.75	---	61179	PHYTO MULTI NO IRON	60	TAB	36.50	---	55999	ULTRAMEAL RICE CHOC FUD	12	BAR	35.75	---
13755	E P O OMEGAG META EPO	90	CAP	20.95	---	13837	HEMAGENICS	180	TAB	42.75	---	61178	PHYTO MULTI W/IRON	60	TAB	36.50	---	50413	ULTRAMEAL RICE VAN	22Z	PWD	39.75	---
39727	ENDEFEN	14Z	PWD	49.50	---	62099	HERBULK ULTRA BALANCE	8.7	PWD	25.95	---	57115	PHYTOGANIX SUPERFRUIT	150	PWD	55.25	---	41095	ULTRAMEAL VAN NEW	23Z	PWD	35.75	---
29937	ENDURA ORANGE	1.5	PWD	27.95	---	65320	HISYNERGY	60	TAB	23.75	---	13785	PNEUMO CAROTENE	60	TAB	20.95	---	45215	ULTRAMEAL WHEY CHOC	23Z	PWD	42.75	---
51197	EPA 500 DHA 6:1 EC	90	SGC	41.95	---	13839	INFLAVONOID	180	TAB	40.95	---	24043	PROBIOPLEX INT CARE PW	150	PWD	49.50	---	45214	ULTRAMEAL WHEY VAN	23Z	PWD	42.75	---
44534	EPA DHA 1200 LIQ BAL	7 Z	LIQ	30.50	---	33800	INFLAVONOID INTEN CARE	90	TAB	57.75	---	44695	RENAGEN DTX	60	CAP	34.95	---	44742	VASOTENSIN	120	TAB	57.25	---
66818	EPA DHA 2400 LIQ OMEGA	5 Z	LIQ	44.25	---	51950	INSINASE	90	TAB	64.95	---	44056	SELESTRO	60	TAB	40.95	---	35272	VENAPLEX (HORSE CHEST)	60	TAB	32.95	---
13736	EPA DHA 300	90	SGC	15.50	---	39515	INTESOL	60	SGC	42.95	---	61530	SERENAGEN	60	TAB	20.50	---	67249	VESSEL CARE CAP	120	CAP	37.95	---

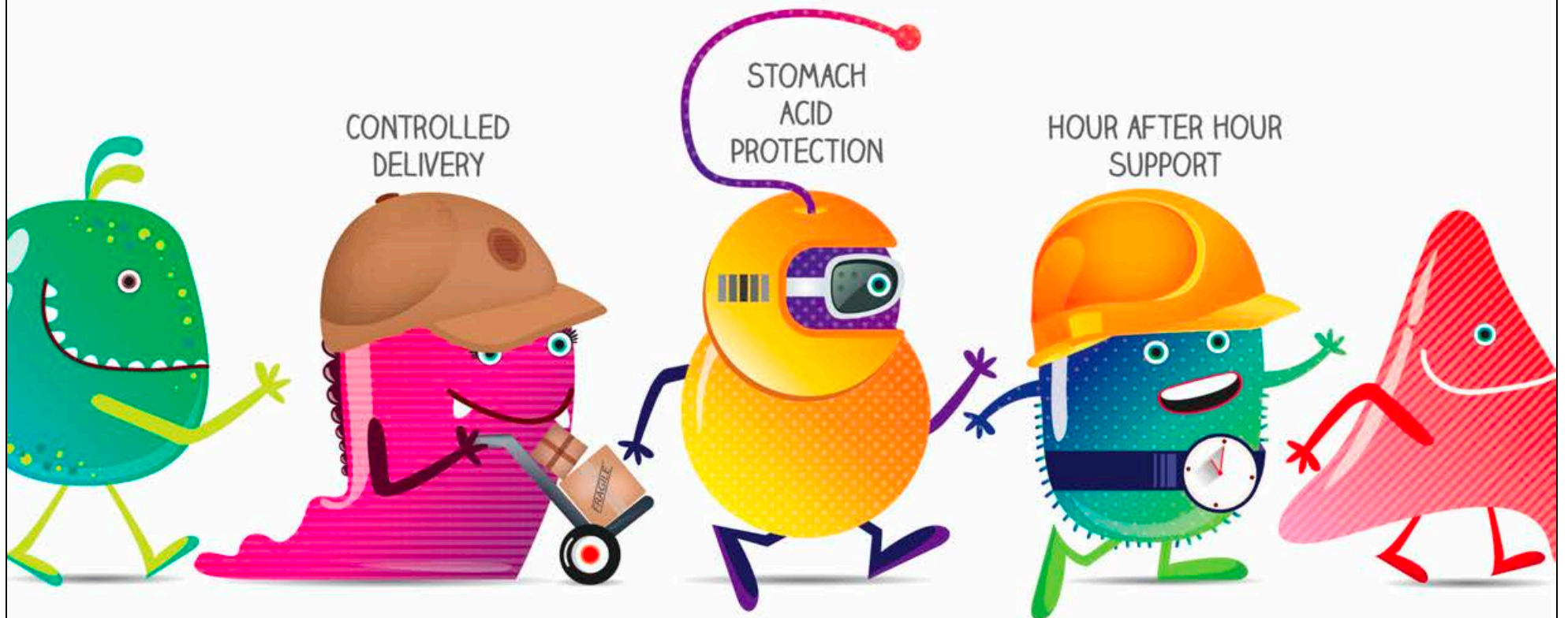
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal preparation?

- Those low in energy and stamina
- Those looking to increase libido, enhance fertility
- Support adrenal function, normalize hormonal balance

Ingredients:

Liquid: 500 mg/ml

Veggie Cap: Each two capsules contain the following:

Organic Maca (Lepidium meyenii) (Raw) 800mg, Organic Maca (Gelatinized) 200mg. Total: 1000 mg.

Powder: Organic Maca powder, in the same 4:1 ratio of raw to gelatinized. One teaspoon full provides 3 grams of organic, raw/gelatinized Maca Root. The vegetarian capsule contains Modified Vegetable Cellulose.

Blending raw and gelatinized Maca is thought to enhance the bioavailability and potency of Maca.

Properties:

Traditionally, Maca has been shown to exhibit the following properties: Adaptogenic, Aphrodisiac, Antioxidant

Indications:

Maca is a root plant native to Peru where it grows in harsh environments at very high altitudes. It is known for its resiliency, being able to survive in the most extreme conditions of freezing temperatures, intense sunlight, and strong winds. Maca has been used for thousands of years by Peruvians as both a food and a medicinal tonic to promote energy and stamina, increase libido and enhance fertility. It contains amino acids, carbohydrates, fatty acids, fiber, minerals and phytonutrients.

Maca is a powerful adaptogen that helps the body deal with biochemical, physiological, and psychological stressors. It has a revitalizing effect on those who are feeling low in energy and vitality. Used as a tonic it can help reduce stress, increase energy levels and mental focus, and restore strength and vigor. It can help improve athletic performance by improving stamina and helping the body recover faster.

Maca is a member of the Brassicaceae family (the same family

as cabbage, cauliflower, and broccoli). Maca is unique however in that it contains much higher amounts of glucosinolates, which are believed to contribute to its ability to enhance fertility. Aromatic isothiocyanates in Maca are thought to be primarily responsible for Maca's aphrodisiac properties. Prostaglandins, sterols and amides are also thought to have a contributing role.

Maca does not appear to affect blood levels of testosterone, estradiol, and luteinizing hormone, follicle stimulating hormone or prolactin; however it has a balancing effect on these hormones, enhancing sexual function, and increasing libido in both men and women. This is thought to be due in part to the effect of alkaloids in Maca that act on the hypothalamic-pituitary axis. For perimenopause and post menopause, Maca can help reduce hot flashes and night sweats, improve mood, lessen irritability and anxiety, decrease sexual dysfunction, and increase energy levels. Maca can also help reduce the sexual dysfunction and lowered libido often experienced by those taking selective serotonin reuptake inhibitors (SSRI's) for depression.

Complimentary Formulas & Single Herbs:

- B-Complex Vitamins (For nutritional support)
- Ginseng Energy Blend (Formula for energy)
- Adrenal Adaptogen Complex (Adaptogen formula)

Dosage:

Veggie Cap: Take 2 caps, 1-2 times per day.

Powder: One teaspoonful, once per day, or as directed by a health care professional.

Male Virility

A blend of well-researched herbs known to enhance men's libido and sexual performance.

1 fl oz - Product Code: 57731

Who might benefit from this herbal supplement?

- Those men who suffer from decreased libido or impaired sexual function.

Ingredients:

Phyto-Tech™ Male Virility contains Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg.

Cautions: There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physical to determine if such problems exist. Use this product under the supervision of a health professional.

Dosage: 30 drops, once per day in juice or water.

Complimentary Formulas:

- Phyto-Tech™ BPH Complex.

References:

For more information on this herbal blend, go to www.willner.com and look for the article in the Reference Library section.

Menopause Complex

Support for the hormonal transition of menopause.

1 fl oz - Product Code: 57084

Who can benefit from this supplement?

- Those women experiencing menopausal symptoms, include hot flashes and mood swings.

Ingredients:

Phyto-Tech™ Menopause Complex contains the following herbs: Chaste Tree Berries, Black Cohosh Root, Lobelia Herb, Wild Yam Root, Dong Quai Root, Milk Thistle Seed, Motherwort Herb.

. . . continued on page 75



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



43235	WELLNESS ESS JOINT FOC	30	PAK	71.95	---
61721	WELLNESS ESSEN PREGNC	30	PAK	64.75	---
62001	WELLNESS ESSEN WOM PRM	30	PAK	68.95	---
61531	WELLNESS ESSENT WOMEN	30	PAK	58.75	---
50351	WELLNESS ESSENTIAL MEN	30	PAK	68.95	---
13849	ZINC A.G.	180	TAB	29.75	---
35046	ZINC A.G.	60	TAB	12.95	---
13812	ZINC DRINK 140ML	140	LIQ	28.95	---
13813	ZINC TALLY LIQ 120ML	120	LIQ	25.95	---
43018	ZINLORI 75 ZINC CARN	60	TAB	51.95	---

MICHAELS					
39113	BLOOD PRESSURE FACTORS	90	TAB	29.59	23.67
51522	BLOOD PRESSURE FACTORS	180	TAB	47.69	38.15
53487	CHOLESTEROL METABOLISM	180	TAB	45.39	36.31
66925	D3 + K2 SUB TAB VEG	90	TAB	22.69	18.15
53112	KIDNEY FACTORS	60	TAB	22.69	18.15
40818	KIDNEY FACTORS	120	TAB	36.39	29.11
67506	RECOVERY ZYMES TRAVEL	30	TAB	11.79	9.43

MILLER PHARMACAL					
10680	CALCIUM	100	TAB	12.40	9.92
10657	MG ASPARTATE	100	TAB	14.00	11.20

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See back page, or visit www.willner.com					
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31319	MG TAURINE FORTE	180	CAP	35.60	28.72
10666	MIL ADREGEN	180	TAB	43.60	34.88

MINAMI NUTRITION					
53458	CARDIO 3 PLUSHINZO	60	SGC	48.61	44.00
53455	MORDHA PRENATAL OMEGA3	60	SGC	30.99	27.89
61212	MORDHA PRENATAL ONE DY	30	SGC	19.52	17.57
53453	MOREPA ONE DAILY ORAN	60	SGC	41.04	36.94
62785	MOREPA PLATINUM 1100	60	SGC	43.99	39.59
60004	MOREPA PLATINUM 1100	30	SGC	29.82	26.84

MODUCARE					
38916	MODUCARE	90	VCA	34.95	27.96
38917	MODUCARE	180	VCA	64.45	51.56
56714	MODUPROST DAILY PROST	60	CAP	19.49	15.59

MONTIFF					
55802	ALANINE 500 MG	50	CAP	18.00	14.40
37191	ALL BASIC 677 MG	200	CAP	63.78	51.02
52207	ALL BASIC PLUS	100	CAP	39.95	31.96

37198	ATP 25 MG ENTERIC PREP	90	TAB	32.00	25.60
43682	B LONG SR	120	TAB	38.72	30.98
42589	GABA PURE 500 MG	100	CAP	21.00	16.80
44097	HISTIDINE 600 MG	50	CAP	32.00	25.60
61073	LEUCINE 500 MG	50	CAP	18.00	14.40
42209	LIVER PROTECT	180	CAP	88.00	70.40
37549	LYSINE HCI 500 MG	100	CAP	20.00	16.00
42597	N ACETYL L CARNITN 500	90	CAP	34.00	27.20
37204	PROLINE 500 MG PURE	100	CAP	31.00	24.80
45667	PROSTA PROTECT	100	CAP	48.00	38.40
52145	TAURINE 500 MG	100	CAP	18.00	14.40
39751	TRI PHOS B 25	90	TAB	28.00	22.40

MOTHERLOVE HERBAL					
60544	DIAPER RASH & THRUSH	1 Z	CRM	9.95	8.95
63994	GOATS RUE	60	CAP	24.95	22.45
62810	GREEN SALVE	1 Z	SLV	8.95	8.05
60537	MORE MILK PLUS LIQ A/F	2 Z	LIQ	20.95	18.85
60536	MORE MILK PLUS VCAP	60	VCA	23.95	21.55
60540	NIPPLE CREAM	1 Z	CRM	9.95	8.95
60539	PREGNANT BELLY SALVE	4 Z	SLV	17.95	16.15
60541	SITZ BATH CONCENTRATE	4 Z	LIQ	17.95	16.15
63995	TATTOO CARE	1 Z	CRM	9.95	8.96

MUSHROOM WISDOM					
52653	AQUAMELLA CRM PARAB FR	2 Z	CRM	49.99	39.99
57693	BREATHE MATE	120	TAB	59.97	47.97
59451	CHAGA SUPER	120	TAB	39.95	31.96
39597	CORDYCEPS SUPER	120	VTAB	39.95	31.96
39599	CORIOLUS SUPER (TURKY)	120	VTAB	32.95	26.36
39593	LIONS MANE SUPER	120	VTAB	29.95	23.96
27776	MAITAKE D FRACTION	360	CAP	79.95	63.96
27775	MAITAKE D FRACTION	120	CAP	29.95	23.96
55819	MAITAKE D FRACTION 4X	120	TAB	99.95	79.95
29604	MAITAKE D FRACTION GRF	4 Z	LIQ	39.95	31.96
29605	MAITAKE D FRACTION GRF	2 Z	LIQ	22.95	18.36
34053	MAITAKE D FRACTION PRO	2 Z	LIQ	89.95	71.96
59975	MAITAKE GRIFRON MUSHRO	120	CPL	34.95	27.96
28159	MAITAKE MAI GREEN TEA	208	TEA	8.95	7.16
59450	MESHIMA SUPER	120	TAB	39.95	31.96
34974	MUSHROOM EMPERORS	120	CAP	39.99	31.99
29678	PROST MATE W/MAITAKE	120	CAP	29.95	23.96
39595	REISHI SUPER	120	VTAB	29.95	23.96
39596	SHITAKE SUPER	120	VTAB	24.95	19.96
59560	SKIN MATE PEARL SX FRAC	120	TAB	34.99	27.99
41796	SX FRACTION MAITAKE	90	VTAB	49.95	39.96
41910	SX FRACTION MAITAKE	270	VTAB	129.95	103.96
39598	TREMELLA SUPER	120	VTAB	29.95	23.96

NATRA BIO					
17989	ADRENAL SUPPORT	1 Z	LIQ	10.99	8.79
26950	ADRENAL SUPPORT	60	TAB	10.19	8.15

53626	ALLERGY & SINUS	60	TAB	9.79	7.83
51346	ALLERGY RELIEF	60	TAB	10.39	8.31
22894	ALLERGY RELIEF	1 Z	LIQ	9.99	7.99
22885	ANIMAL HAIR DANDER DR	1 Z	LIQ	12.59	10.07
60552	ARNICA CREAM THE RUB	4 Z	CRM	12.79	10.23
27464	ARNICA CREAM THE RUB	2 Z	CRM	8.89	7.11
17957	CANDIDA YEAST RELIEF	1 Z	LIQ	10.39	8.31
34363	COLD & FLU CHILDRENS	1 Z	LIQ	10.29	8.23
38681	COLD & SINUS W/ZINC	.8Z	SPY	12.19	9.75
50890	COLD AND FLU RELIEF	60	TAB	9.99	7.99
50939	COUGH SYRUP CHILDRENS	4 Z	LIQ	9.69	7.75
34475	GRAIN & WHEAT	1 Z	LIQ	12.59	10.07
36068	INDOOR ALLERGY	60	TAB	10.39	8.31
51310	LEG CRAMPS	60	TAB	9.99	7.99
22884	MOLD YEAST DUST 70Z	1 Z	LIQ	12.59	10.07
36069	OUTDOOR ALLERGY	60	TAB	10.39	8.31
18014	PAIN RELIEF	60	TAB	9.99	7.99
36070	PET ALLERGY	60	TAB	9.79	7.83
17985	SCIATICA NEURALGIA RLF	1 Z	LIQ	10.39	8.31
18001	SINUS	1 Z	LIQ	9.99	7.99
32413	SINUS ALLERGY SPY 24ML	24	LIQ	12.59	10.07
51131	THYROID SUPPORT	60	TAB	9.99	7.99

NATREN					
21819	BIFIDO FACTOR	4.5	PWD	49.95	39.95
24470	BIFIDO FACTOR DF	60	CAP	35.95	28.76
24471	BIFIDO FACTOR DF	1.7	PWD	32.95	26.36
24655	BIFIDO FACTOR DF	3 Z	PWD	45.95	36.76
37562	BIFIDO FACTOR DF CAP	90	CAP	51.95	41.56
36817	DIGESTALAC BULGARC D/F	60	VCAP	35.95	28.76
18019	DIGESTALAC BULGARC PWD	4.5	PWD	49.95	39.96
24498	GYNATREN VAGINAL KIT	EA	KIT	31.95	25.56
39272	HEALTHY TRINITY CAPS	60	CAP	126.95	101.56
26006	HEALTHY TRINITY CAPS	30	CAP	69.95	55.96
53100	LIFE START II ADUL VCA	60	VCA	49.99	39.99
24845	MEGADOPH DAIRY CAPS	90	CAP	51.95	41.56
18029	MEGADOPH DAIRY PWD	4.5	PWD	49.95	39.96
24428	MEGADOPH DF	60	CAP	35.95	28.76
24401	MEGADOPH DF PWD	3 Z	PWD	46.95	37.56
26628	MEGADOPHILUS D/F CAP	90	VCA	45.99	36.79

NATROL					
66056	5 HTP 100 MG FAST DISS	30	TAB	19.99	15.99
55963	5 HTP 100 MG T/R	45	TAB	19.29	15.43
60574	5 HTP 200 MG TIME RELE	30	TAB	24.49	19.59
53046	ACAI 1000 MG	60	VCA	12.29	9.83
41306	ACIDOPHILUS	100	CAP	10.49	8.39
55922	ARGININE 3000 MG	90	TAB	19.29	15.43
10722	BILBERRY 40	60	CAP	13.99	11.19
59679	BIOTIN 10000 MCG MAX	100	TAB	16.99	13.59
50346	BRAINSPEED MEMORY	60	TAB	23.99	19.19
34150	CAL D GLUCARATE 250 MG	60	TAB	26.29	21.03

44177	CARB INTERCE W/PHASE 2	120	CAP	31.49	25.19
40609	CARB INTERCE W/PHASE 2	60	CAP	25.09	20.07
36699	CETYLPURE	120	CAP	31.49	25.19
10730	CHROMEMATE 200	90	CAP	12.29	9.83
56362	CINNAMON EXT 500 MG	80	TAB	9.99	7.99
28960	CLA TONALIN 1200 MG	90	SGC	27.19	21.75
29650	CLA TONALIN 1200 MG	60	SGC	19.39	15.51
38818	DHEA 25 MG	300	TAB	28.89	23.11
26508	DHEA 25 MG	90	CAP	23.59	18.87
65206	DHEA 25 MG TAB	180	TAB	19.29	15.43
41373	DHEA 50 MG	60	TAB	10.99	8.79
44342	DHT BLOCKER	60	TAB	45.49	36.39
29649	DIGEST SUPPORT	60	CAP	12.29	9.83
54520	EASY C 500 VTAB	90	TAB	10.49	8.39
54518	EASY C 500 W/BIO VCAP	120	VCA	17.49	13.99
54517	EASY C 500 W/BIO VCAP	60	VCA	10.49	8.39
54519	EASY C 500 W/BIO VCAP	240	VCA	33.29	26.63
58378	EASY C REGENERATING	180	VCA	33.29	26.63
43112	FEELANEW	120	TAB	31.49	25.19
59649	FISH OIL W/D3	90	SGC	13.99	11.19
28433	GINKGO BILOBA 120 MG	60	CAP	16.49	13.19
45208	GLUCOS CHOND MSM	90	TAB	29.99	23.99
32540	GREEN TEA 500 MG.	60	CAP	11.99	9.59
10761	GUARANA 200	90	CAP	10.49	8.39
50982	HYAL ACID MSM GLUCOS	90	CAP	20.99	16.79
40591	LIPOIC ACID 100 MG	100	CAP	10.49	8.39
30170	LIPOIC ACID 300 MG	50	CAP	12.29	9.83
50061	LIPOIC ACID 600 MG	30	CAP	12.29	9.83
57171	LIPOIC ACID 600 T/R	45	TAB	15.79	12.63
65202	MELATONIN 10 FAST DISS	60	TAB	12.99	10.59
53746	MELATONIN 2.5 MG LIQ	8 Z	LIQ	13.19	10.59
24706	MELATONIN 3	60	TAB	9.99	7.99
24707	MELATONIN 3	120	TAB	16.69	13.35
26351	MELATONIN 3 MG T/R	100	TAB	8.79	7.03
54000	MELATONIN 5 MG T/R	100	TAB	10.49	8.39
41211	MSM GLUCOS DBL STR.	90	TAB	13.19	10.59
10767	MY FAV MULTI CAP	180	CAP	24.49	19.59
21232	MY FAV MULTI NO FE CAP	180	CAP	24.49	19.59
35103	MY FAV MULTI WOMAN	90	TAB	16.79	13.43
28413	MY FAV TAKE ONE W/O FE	60	TAB	16.69	13.35
55296	NIACIN 500 MG T/R	100	TAB	13.99	11.19
67244	OMEGA 3 1000 MG	150	SGC	12.29	9.83
38290	OMEGA 3 FLAX OIL 1000	90	CAP	10.89	8.71
53049	OMEGA EXTREME FISH OIL	60	SGC	14.89	11.91
37426	PROSTATEXCELL	60	TAB	19.49	15.59
31441	QUERCETIN 250 MG	50	CAP	10.49	8.39
36583	SHEN MIN ADV WOMEN	60	TAB	39.69	31.75
34181	SHEN MIN ADVANCE MENS	60	TAB	39.69	31.75
28014	SHEN MIN HAIR NUTRIENT	90	TAB	33.99	27.19
29188	SHEN MIN TOPICAL	3 Z	LIQ	22.69	18.15
41246	THEANINE 150 MG 2 TABS	20	TAB	23.99	20.31
60729	THINNING HAIR SERUM	3 Z	SER	23.99	20.31



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Menses Complex

A female tonic that helps regulate the menstrual cycle and relieve PMS symptoms.

1 fl oz - Product Code: 57053

Who can benefit from this supplement?

• Those women who have PMS, irregular cycles, discomfort. Phyto-Tech™ Menses Complex needs to be taken for from one to three months to see full and lasting effects.

Ingredients:

Phyto-Tech™ Menses Complex contains the following herbs: Chaste Tree Berry, Wild Yam Root, Dong Quai Root, Red Raspberry Leaf, Licorice Root, Oregon Grape Root, Fresh Garrya Leaf, Cramp Bark, Nettle Leaf.

Milk Thistle Seed

Supports and protects healthy liver function.

1 fl oz - Regular (alcohol) - Product Code: 56952

1 fl oz - Alcohol Free - Product Code: 56954

90 Veggie Caps - Product Code: 60134

Who can benefit from this supplement?

• Those with liver disease, hepatitis, alcoholism, drug users, elevated liver enzymes, exposure to toxins in the environment.

Ingredients:

Phyto-Tech™ Milk Thistle Seed 1:3 contains certified organic Milk Thistle Seed, 333 mg per 30 drops. Also available in a veggie cap, with each Phyto-Tech™ Milk Thistle capsule containing 250 mg of Milk Thistle Seed (standardized at 80% silymarin) and 200 mg of certified organic Milk Thistle Seed. (Product Code: 60134)

Mint Breath Spray Concentrate

New, Stronger Formula; A natural, refreshing breath spray to combat bad breath.

1 fl oz - Product Code: 57732

Phyto-Tech™ Mint Breath Spray Concentrate is a new stronger formula. containing Peppermint, Cinnamon, Lo Han Guo Fruit Extract and Chlorophyll in a Vegetable Glycerine Base.

Mint Breath Spray Concentrate is a convenient herbal remedy to quickly combat bad breath. Bad breath or halitosis can be caused by numerous circumstances, including spicy and pungent foods, poor dental hygiene, dry mouth, tobacco use, infection in the respiratory tract or sinuses and poor digestion.

Peppermint is an herb that is helpful for many conditions including indigestion, irritable bowel, nausea, congestion, headaches and body aches. Peppermint and its active constituent menthol have significant antiviral and antibacterial activity. Studies support peppermint's use to enhance gastric emptying and reduce nausea. It will increase saliva in the mouth and facilitate healthy digestion.

Mint Breath Spray Concentrate also contains Chlorophyll, which is known for its deodorizing properties. Chlorophyll cleanses and detoxifies the digestive tract while promoting digestion. It is an effective remedy for those with chronic bad breath or digestive tract odor.

Mint Breath Spray Concentrate can be used for occasional or chronic bad breath. It will deodorize the breath from smoking or tobacco use, illness, infection and eating offending foods such as garlic and onions.

Dosage:

Holding spray nozzle close to the mouth, spray 2-3 times into the mouth as needed. Spray more frequently when desired.

Motherwort 1:3

1 fl oz - Product Code: 57070

Moving On

A natural, effective herbal laxative formula for those occasions when constipation or need for detoxification calls for stronger measures.

90 Veggie Caps - Product Code: 67472

Who might benefit from using this herbal supplement?

• Those with severe constipation, where more gentle measures are not sufficient
• Those who are participating in a limited time cleansing or detoxification program
• Those suffering from irregularity and sluggish bowel due to traveling

Ingredients:

Two veggie caps contain the following:
Wildcrafted Aged Cascara Sagrada Bark 450mg, Wildcrafted Yellow Dock Root 150mg, Organic Triphala Fruit 100mg, Wildcrafted Oregon Grape Root 100mg, Organic Licorice Root 50mg, Organic Gentian Root 50mg, Organic Ginger Root 50mg, and the veggie capsule contains Modified Vegetable Cellulose

Indications:

Phyto-Tech™ Moving On encourages healthy bowel movements and restores tone to weakened bowels. It will help to increase digestion by increasing digestive enzymes, improve assimilation, and stimulate elimination to provide fast and effective relief of constipation and underactive bowels. The formula increases peristalsis (the wave-like contraction that pushes contents through the bowel or colon). Moving On stimulates bile and digestive enzyme production, which strengthens the gastrointestinal tract. It also enhances

... continued on page 76

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Omega-3 Supplements During Pregnancy *Omega-3 and Pre-Term Births*

Taking the omega-3 fish oils DHA and EPA during the last half of pregnancy reduced pre-term births and increased birthweight. In this study, 2,399 pregnant women took a placebo or 800 mg per day of DHA plus 100 mg of EPA per day during the second half of pregnancy.

Women who took DHA with EPA had 51 percent fewer very-pre-term births compared to placebo, and several more post-term births, with fewer of the omega-3 infants needing neonatal intensive care. The omega-3 kids weighed an average of 2.5 ounces more than kids of moms who took the placebo. Also, fewer omega-3 children were low birth weight.

Doctors said the findings are important worldwide because, compared to pre-term babies, full-term babies are much more likely to survive and be healthy.

(Reference: OCL Journal; 2016, Vol. 23, No. 1, D105)



Additional Comments from Don Goldberg

Note that the type of omega-3 supplement used in this study was higher in DHA content than the usual "EPA/DHA" or "Fish Oil" supplement. DHA has long been thought to be the omega-3 fatty acid especially valuable in brain and fetal development. Also note that the mg values listed pertain to the amount of DHA and EPA respectively, not to the total oil content of the capsule.

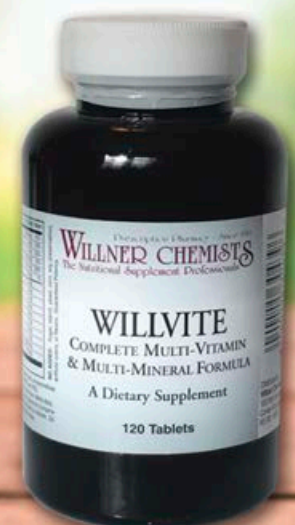
The pharmacists and nutritionists at Willner Chemists will be happy to assist you in choosing the appropriate multivitamin and omega-3 oil supplements appropriate to your specific needs.

**Willner Chemists
and
Phyto-Tech™ Herbal Supplements**

25% OFF

Entire Line

Apr. 3 - May 12



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CHEMISTS**
The Nutritional Supplement Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



liver function and helps retain moisture in the intestines. Moving On is a non-cramping, gentle formula.

Cascara is a predictable laxative that increases peristalsis. It softens the stool by helping it to move out more quickly and can assist in painful bowel movements. Yellow Dock stimulates bile production and is often used as a digestive bitter for those with poor digestion. Increasing bile output causes peristalsis to increase which helps assist in normal healthy bowel function. Yellow Dock contains small amounts of anthraquinone glycosides, which give it mild laxative effects. Yellow Dock also promotes the absorption of nutrients by the ileum.

Triphala has been used in the Ayurvedic system of medicine for thousands of years as a bowel tonic and whole body rejuvenator. The formula consists of the three fruits: amalaki, haritaki, and bibhitaki. The combination balances the system by enhancing digestion, drawing stagnated wastes out of the intestines, and gently encouraging healthy and complete elimination.

Similar in action to Yellow Dock, Oregon Grape and Gentian are bitters that stimulate the liver to produce more bile and other liver enzymes. They essentially increase liver function and are indicated for those with constitutional deficiency patterns in the liver and digestive system. They will increase fat digestion (by increasing bile) and protein digestion (by increasing HCl and pepsinogen), and speedup the rate in which the liver detoxifies the blood as it passes through the liver.

Licorice increases the hormone aldosterone, which increases water retention slightly. It will help hydrate and soften dry stools and acts as a mild laxative. Licorice is soothing to the digestive tract and is known for healing stomach and duodenal ulcers.

Ginger will increase digestive enzymes and speed up the transit time of food that is slow. It essentially increases the fire of digestion. It has a history of use in foods to help digest and move them through the digestive tract. It also helps reduce gas and can help prevent and alleviate nausea. Contra-indications and Cautions: Pregnancy, Nursing; Colitis, inflammatory bowel, irritable bowel. It is not advisable to use stimulant laxatives regularly over a long period of time follow the advice of your health care professional. Warning: Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Discontinue if use leads to diarrhea or watery stools. Do not exceed recommended dosage. Keep out of the reach of children.

Dosage:

Take 2 capsules, 1-2 times per day, between meals or just before bedtime. This too shall pass!

Mullein 1:3

1 fl oz - Product Code: 57201

MuscleGesic

A blend of herbs designd to help reduce muscle and nerve pain, and inflammation.

1 fl oz - Product Code: 57035

Who might benefit from this herbal supplement?

- Those suffering from muscle pain; those suffering from fibromyalgia
- Those who wish to shorten recovery time after athletic workouts; those recovering from injuries or accidents.

Ingredients:

Phyto-Tech™ MuscleGesic contains the following: Fresh Skullcap Herb, Fresh St. John’s Wort Flowers, Devil’s Claw Tuber, Black Cohosh Root, Fresh Lobelia Herb, Fresh Betony Herb, Pure Grain Alcohol, Deionized Water.

MuscleGesic has many uses. It helps diminish muscle and nerve pain and inflammation. Skullcap and St. John’s Wort decrease the frequency the nerve sends a pain signal to the brain while Devil’s Claw decreases inflammation. It can be used as a preventative, for immediate acute pain and for chronic pain.

Unlike a prescription pain medication (potentially addictive and toxic), this non-toxic and non-addictive approach will diminish pain but not paralyze the pain signal completely. This allows for enough pain relief so one can relax and heal rapidly.

Chronic pain can lead to depression and that is addressed with the St. John’s Wort in the formula. As a specific for fibromyalgia and chronic pain disorders, MuscleGesic helps diminish pain and connective tissue inflammation.

Dosage:

Preventative: Before a painful event (dental visit, deep muscle massage, workout, athletic event) 30 drops minimum and up to 120 drops 1/2 to 1 hour before the event. Acute dosage: 60-90 drops in water every 2-3 hours until pain subsides. Then 2-3 times daily until not needed. Chronic pain: 60-90 drops 2-3 times daily in water. Note: Phyto-Tech™ Arnica Oil 1:6 can be used topically for local muscle pain and inflammation along with MuscleGesic.

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

Liquid Extract: 1 fl oz - Product Code: 57002

. . . continued on page 78

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



33355	WATER PILL CAP	60	CAP	9.99	7.99
NATURADE					

30173	COUGH SYRUP CHILD A/F	8 Z	LIQ	13.89	11.11
18037	EXPEC COUGH SYRUP	8 Z	LIQ	14.19	11.35
18038	EXPEC II COUGH SYRUP	8 Z	LIQ	14.19	11.35
26564	NASAL SPRAY SALIN A	1.5	LIQ	9.99	7.99
24114	VEG PROTEIN PWD	26.	PWD	36.79	29.43
22542	VEG PROTEIN SOY FR	29.	PWD	36.79	29.43
21839	VEG PROTEIN SOY FR	14.	PWD	20.99	16.79
27102	WEIGHT GAIN VAN NSA	40.	PWD	39.89	31.91
18035	WEIGHT GAIN VAN NSA	16Z	PWD	21.99	17.59
NATURAL BALANCE					

63990	OHEA 25 MG	180	CAP	21.49	17.19
25259	GINSENG POWER MAX 4X	2 Z	LIQ	21.59	17.27
36081	MSM 1000 MG	240	CAP	33.79	27.03
NATURAL CARE					

36057	ANXIETY RELIEF	120	TAB	17.69	14.15
36058	APPETITE SUPP	60	CAP	16.79	13.43
38853	HEARALL	60	CAP	34.29	27.43
36059	KIDNEY CARE	60	CAP	17.39	13.91
36061	LUNG SAVER	60	CAP	19.09	15.27
51447	NERVE FIX	60	CAP	33.59	26.87
39931	OPTIALL	60	CAP	28.89	23.11
51795	REFLUX AWAY	60	CAP	24.39	19.51
39801	RING STOP	60	CAP	34.49	27.59
53664	RING STOP EAR DROPS	.5Z	LIQ	19.79	15.83
43864	SINUFIX MIST	.5Z	SPY	17.99	14.39
35758	VEIN GARD ULTRA	60	CAP	18.09	14.47
35276	VEIN GARD ULTRA	2.2	CRM	23.69	18.95
NATURAL DENTIST					

56839	ANTINGINGIVITIS RINSE	16Z	LIQ	10.99	8.79
58011	HEALTHY GUM ORANGE ZWT	16Z	LIQ	10.99	8.79
58010	HEALTHY GUM RINSE PEP	16Z	LIQ	10.99	8.79
NATURAL FACTORS					

57577	5 HTP 100 MG ENTERIC	60	TAB	29.95	23.96
45019	5 HTP 50 MG ENTERIC	60	CAP	19.95	15.96
63279	ACETYL L CARNITIN 1000	120	VCA	35.95	28.76
43276	ACIDOPH BIFIDUS DS	180	CAP	37.95	30.36
43275	ACIDOPH BIFIDUS DS	90	CAP	21.95	17.56
64286	ADRENASENSE	60	VCA	19.95	15.96
44846	ADRENASENSE	120	VCA	34.95	27.96
40901	ANTI V ECHINAMIDE	1.7	LIQ	15.95	12.76
40898	ANTI V ECHINAMIDE	3.4	LIQ	28.95	23.16
43254	ANTI V FORM ECHINAMIDE	60	SGC	19.95	15.96
57843	ANTI V FORM ECHINAMIDE	120	SGC	35.95	28.76
40881	ANTIOXIDANT ULTIMATE	60	CAP	24.95	19.96
43278	APPLE CIDER VINEGAR CP	180	CAP	15.95	12.76

63286	ARGININE 1000 (PER 2 CP				
43265	B12 1000 MCG METHYL				
58290	B12 1000 METHYL DUO				
58291	B12 5000 METHYL DUO				
55337	B12 5000 METHYL SUBL				
44777	BEE PROPOLIS EXT				
41270	BEE PROPOLIS THROAT SP				
66573	BERBERINE 500 WELLBETX				
40878	BETAINE HYDROCHL 500				
40880	BETAINE HYDROCHL 500				
40877	BIG FRIEND CHILD MULTI				
67221	BIG FRIENDS MULT VIT				
57648	BIOCGEL BUFF C BERRYRC				
55192	BIOSIL 5 MG				
58730	BIOSIL 5 MG				
55191	BIOSIL 5 MG				
61334	BIOSIL BONE COLLAGENIZ				
60526	BIOSIL HEALTHY BONES +				
66998	BIOSIL ON YOUR				
66504	BIOSIL ON YOUR GAME				
55196	BIOSIL SILICON LIQUID				
66503	BIOTIN 5000 MCG VCAP				
61335	BONE MINERALIZER MATRX				
62027	BROMELAIN 500 MG				
61710	C 1000 T/R TAB				
40868	C 500 MG BLUEBERRY RAS				
40863	C 500 MG BLUEBERRY RAS				
55283	C 500 MG MIXED FR CHW				
63605	C 500 MG MIXED FRUIT				
40860	C 500 MG TANGY ORANGE				
40861	C 500 MG TANGY ORANGE				
41768	C 500 PEACH PASION MAN				
65561	C GUMMIES 125 MG FRANK				
43223	CAL MAG CITR 250/250 D				
67220	CARDIO OPTIMIZER CURC				
63280	CARNITINE 500 MG				
45451	CELAODIN JOINT HEALTH				
40867	CELERY SEED EXT 75 MG				
60832	CHERRY FRUIT EXT 500				
56912	CHIA FACTORS POWDER				
53166	CLA 1000 MG DUO				
66527	COGNIFIT WHL EARTH				
43281	COQ10 100 MG SGC				
43280	COQ10 100 MG SGC				
53165	COQ10 100 MG SGC DUO				
56164	COQ10 100 MG SGC DUO				
43283	COQ10 200 MG SGC				
62688	COQ10 200 MG SGC DUO				
43607	COQ10 50 MG				
43285	COQ10 50 MG SGC				
57547	CRANRICH 500 MG DUO				
51369	CRANRICH 500 MG DRG				

180	VCA	19.95	15.96
90	TAB	14.95	11.96
90	TAB	19.99	19.99
60	TAB	26.99	26.99
60	TAB	21.95	17.56
90	CAP	19.95	15.96
1 Z	SPY	15.95	12.76
60	VCA	27.95	22.36
90	CAP	12.95	10.36
180	CAP	21.95	17.56
90	CHW	17.95	14.36
60	CHW	15.95	12.76
90	SGC	19.95	15.96
60	VCA	35.99	28.79
120	VCA	62.99	50.39
30	VCA	19.99	15.99
40	VCA	24.95	19.96
KIT	KIT	39.95	31.96
30	VCA	19.99	15.99
60	VCA	35.99	28.79
1 Z	LIQ	31.99	25.59
60	VCA	10.95	8.76
120	TAB	17.95	14.36
180	CAP	36.95	29.56
180	TAB	21.95	17.56
180	CHW	23.95	19.16
90	CHW	13.95	11.16
180	CHW	23.95	19.16
90	CHW	13.95	11.16
180	CHW	23.95	19.16
180	CHW	23.95	19.16
60	CHW	9.95	7.96
180	TAB	25.95	20.76
60	SGC	34.95	27.96
120	VCA	43.95	35.16
90	SGC	24.95	19.96
60	CAP	21.95	17.56
90	SGC	22.95	18.36
12.	PWD	22.95	18.36
60	SGC	23.99	23.99
60	SGC	40.95	32.76
120	SGC	39.95	31.96
60	SGC	22.95	18.36
60	SGC	22.95	22.95
120	SGC	39.95	39.95
60	SGC	35.95	28.76
60	SGC	39.95	39.95
120	SGC	25.95	20.76
60	SGC	15.95	12.76
90	CAP	19.99	19.99
90	CAP	16.95	13.56

60952	CRANRICH 500 MG SGC OG		
65585	CURCUMIN THERACURM 30 N		
59476	CURCUMIN THERACURM 30 N		
63095	CURCUMIN THERACURM 30 N		
63859	CURCUMIN THERACURM 60 N		
63860	CURCUMIN THERACURM 60 N		
55976	D3 & K2 1000IU/120 MCG		
58026	D3 1000 DROPS		
66002	D3 1000 VGN WHL EARTH		
61050	D3 2000 IU SGC		
58292	D3 2000 IU SGC DUO		
67230	D3 400 BIG FRIENDS CHW		
58293	D3 5000 IU SGC DUO		
57747	D3 5000 IU SGC LANOLIN		
66003	D3 5000 VGN WHL EARTH		
63858	DGL CHEWABLE		
40882	DGL CHEWABLE		
65517	E 200 MIXED D ALPH TOC		
43269	E 400 MIXED CAP		
43268	E 400 MIXED CAP		
45022	E P O 1000 ULTRA PRIM		
59482	E P O 500 ULTRA PRIM N		
45095	ECHINAMIDE 250 MG		
43125	ESTROSENSE		
55529	ESTROSENSE		
55338	EYE FACTORS ADVANCED		
43511	EYE FACTORS W/LUTEIN		
60273	GARLIC RICH 500 MG OC		
67366	GASTRO ASSIST VCAP		
67365	GINGER 500 MG CHEWABLE		
43250	GINKGO BILOBA EXT 60		
43246	GLUCOS CHOND 500/400		
43245	GLUCOSAMINE SULF 500		
63283	GLUTAMINE 1000 MICRON		
43251	GRAPE SEED EXT 100 MG		
50083	GRAPE SEED EXT 100 MG		
65120	HERRING GOLD 1000 OMEG		
65119	HERRING GOLD 500 OMEGA		
59682	HYALURONIC ACID 100 MG		
67217	JOINT OPTIMIZER CURCUM		
65091	K2 100 MCG		
60549	KELP 800 MCG LIQUID		
40885	LACTASE ENZYME		
43286	LIPOIC ACID 100 MG		
43242	LIPOIC ACID 200 MG		
45643	LIPOIC ACID 200 MG		
43249	LIVER HEALTH HERBAL		
40873	LUNG BRONCHIAL SINUS		
43264	LUTEIN 20 MG SGC		
63289	LUTEIN 40 MG SGC		
43263	LYCOPENE 10 MG CAP		
63287	LYSINE 1000 (PER 2 CP)		

90	SGC	21.95	17.56
30	VCA	16.95	13.56
60	VCA	29.95	23.96
120	VCA	54.95	43.96
30	VCA	31.95	25.56
60	VCA	55.95	44.76
60	SGC	29.95	23.96
.5Z	LIQ	19.95	15.96
90	VCA	19.99	15.99
120	SGC	10.95	8.76
120	SGC	15.99	15.99
250	CHW	14.95	11.96
120	SGC	17.99	17.99
120	SGC	14.95	11.96
90	VCA	29.95	23.96
180	CHW	24.95	19.96
90	CHW	13.49	10.79
90	SGC	12.95	10.36
180	SGC	35.95	28.76
90	SGC	19.95	15.96
180	SGC	33.95	27.16
180	SGC	23.95	19.16
60	SGC	14.95	11.96
60	CAP	29.95	23.96
120	VCA	53.95	43.16
60	CAP	34.95	27.96
90	CAP	14.95	11.96
90	VCA	19.95	15.96
60	VCA	49.95	39.96
90	CHW	15.95	12.76
60	CAP	10.95	8.76
120	CAP	35.95	28.76
180	CAP	19.95	15.99
180	VCA	28.95	23.16
60	CAP	14.95	11.96
90	CAP	21.99	17.59
60	SGC	55.95	47.96
60	SGC	29.95	23.96
60	VCA	49.95	39.96
60	VCA	34.95	27.96
60	CAP	17.95	14.36
1 Z	LIQ	19.95	15.96
60	CAP	21.95	17.56
60	CAP	11.95	9.55
60	CAP	16.95	13.56
120	CAP	29.95	23.96
60	CAP	24.95	19.96
90	TAB	26.95	21.56
30	SGC	11.95	9.55
60	SGC	34.95	27.96
60	CAP	24.95	19.96
180	VCA	18.95	15.16

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The **Phyto-Tech™ Green Tea Guo** formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?
The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss. Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap.

Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944
2 fl oz ~ Regular Flavor - Code: 57098
1 fl oz ~ Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126



Complete Support in Every Tablet

Give your body the most comprehensive support in one tablet a day, with these perfectly balanced food-based, gluten-free formulas. Each of our supplements contains plant enzymes and probiotics to promote **easy, gentle digestion** and optimal absorption to deliver a difference you can feel.❖



Your purchase of Rainbow Light® supplements directly supports our 1% for Global Good Program to end undernutrition

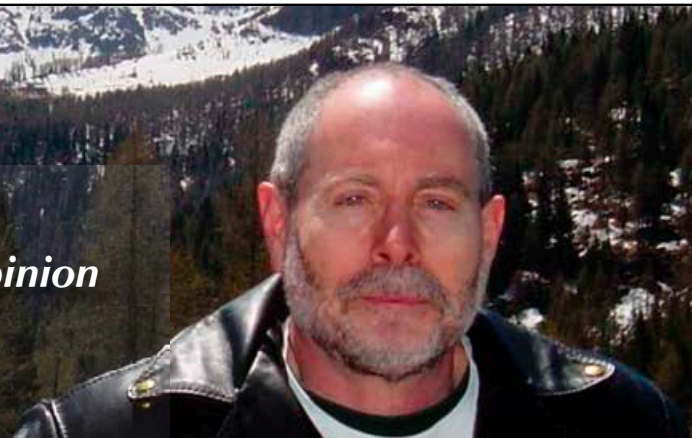
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Here's What I Think!

*Don Goldberg's Blog . . . Comments, news and opinion
on nutrition, supplements & health
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal supplement?

- Those with a weakened immune system; those who frequently catch cold or flu
- Those undergoing chemotherapy; those with serious conditions such as HIB and AIDS.

Ingredients:

Phyto-Tech™ Mushroom Extract Complex contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root, Deionized Water, Pure Grain Alcohol.

Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a long-term tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptogenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy

of treatment is actually enhanced. However, it is recommended to consult with your physician before using products of this type.

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot extract. The two liquids are combined to create a full spectrum mushroom extract.

Dosage:

General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.
More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

Mushroom Immune Complex

A synergistic blend of 14 powerful organic mushroom mycelia specifically chosen for their powerful action on the immune system.

90 Veggie Caps - Product Code: 67461

Who might benefit from using this product?

- Those with health problems that will benefit from enhanced and optimized immune function
- Those who are suffering from stress, fatigue, debility; those affected by the stress of cancer therapy, recovery programs, etc.
- Those with auto-immune disorders

Ingredients:

Each 525 mg Phyto-Tech™ Mushroom Immune Complex vegetarian capsule contains the following: Certified Organic Mushroom Mycelium of: Maitake, Reishi, Turkey Tail (Coriolus), Chaga, Cordyceps, Shiitake, Lions Mane, Poria cocos, Fomes fomentarius, Agaricus blazei, Mesima, Tremella,

Velvet Foot, Zhu Ling (Polyporus umbellatus) in Vegetable Capsules (pullulan).

Properties:

This blend of mushroom mycelium can be characterized as having the following properties: Immuno-Modulating, Antioxidant, Anti-tumor, Anti-Inflammatory, Antidiabetic, Antiviral, Antibiotic, Hepatoprotective

Indications:

Mushroom Immune is a synergistic blend of 14 powerful organic mushroom mycelia. The formula can be used as both a preventative to maintain a strong immune system and protect one from immune breakdown, and as a treatment for those in the midst of immune deficiency, chronic stress and fatigue, debility, illness, and disease.

Many diseases are linked to immune dysfunction, including cancer, AIDS/HIV, hepatitis, chronic fatigue syndrome, and autoimmune disorders. Medicinal mushrooms are believed to have approximately 125 therapeutic effects including, immunomodulating, antioxidant, antitumor, antiviral, antibacterial, antiparasitic, hepatoprotective, and antidiabetic properties. Many of the medicinal benefits of mushrooms are derived from glucan polysaccharides and polysaccharide-peptides found in their cell walls. Polysaccharides are long molecule chains that have antitumor and immunostimulating properties. They have been shown to activate the immune response and potentiate a variety of immune cells including host cells, such as monocytes, neutrophils, dendritic cells, natural killer (NK) cells, and macrophages, plus chemical messengers, such as interferons, cytokines, and interleukins. Some polysaccharides act as immune system enhancers and some have direct cytotoxic effects on cancer cells. Certain immune cells have specific receptors for specific polysaccharides present in mushrooms, such as Dectin-1, TLR and CR3, which explains why mushrooms have such a profound effect on immunity. Research has reported that

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



41081	SALMON OIL 1000 MG	90	SGC	15.95	12.76
43252	SAW PALM EXT 160 MG	60	SGC	17.95	14.36
52930	SENSORIL ASHWAGAND 250	60	CAP	17.95	14.36
52929	SERENITY FORMULA	60	CAP	17.95	14.36
54207	SEXESSENTIALS WOMANS	90	CAP	24.95	19.96
67367	SILIPHOS PHYTOSOME 160	MG	VCA	24.95	19.96
43227	SLEEP RELAX	90	CAP	16.95	13.56
44423	SLIMSTYLES CHOC	1.1	PWD	49.99	39.96
45350	SLIMSTYLES PGX 500 MG	180	CAP	29.95	23.96
52883	SLIMSTYLES PGX GRANULE	5.3	PWD	25.95	20.76
52932	SUNTHEANINE 100 MG CHW	60	CHW	25.95	20.76
44875	SUNTHEANINE 125 MG	60	VCA	25.95	20.76
66018	SUPER MUSHROOM WHL ERT	60	VCA	58.95	47.16
65963	SYTRINOL 300 MG	30	VCA	27.95	22.36
41325	THYROID HEALTH FORMULA	60	VCA	14.95	11.96
50569	THYROSENSE	60	VCA	14.95	11.96
55533	THYROSENSE	120	VCA	26.95	21.56
52931	TRANQUIL SLEEP CHW	60	CHW	31.95	25.56
57646	TRANQUIL SLEEP ENTER N	90	SGC	37.95	30.36
40889	TURMERIC BROMELN 450	90	CAP	33.95	27.16
63281	TYROSINE 1000 (PER Z)	60	VCA	8.95	7.16
60524	UBIQUINOL 100 OH CQD10	60	SGC	49.95	39.96
61320	UBIQUINOL 100 OH DUO	30	SGC	34.99	34.99
60953	UBIQUINOL 100 OH DUO	60	SGC	57.99	57.99
64116	UBIQUINOL 200 OH CQD10	30	SGC	49.95	39.96
52375	ULT PROB 12/12 FORM	60	VCA	29.95	23.96
60692	ULT PROBIOTIC 24 BILL	60	VCA	49.95	39.96
52391	ULTIMATE PROBIOT CHILD	2 Z	PWD	25.95	20.76
52377	ULTIMATE PROBIOT WOMEN	60	VCA	29.95	23.96
65559	VEGAN PROT CHOC RW ORG	17Z	PWD	32.95	26.36
63904	VEGAN PROT SATIS STRW	525	PWD	34.95	27.96
62420	VEGAN PROTEIN FACTORS	12Z	PWD	24.95	19.96
52982	VEINSENSE BEAUTIF LEGS	90	CAP	26.95	21.56
43261	VITEX EXT FOR WOMEN	60	VCA	15.95	12.76
43855	WELLBETX PGX	180	VCA	34.95	27.96
64449	WHEY FACTOR MATCHA GRE	12Z	PWD	26.95	21.56
55971	WHEY FACTORS CHOC	2LB	PWD	59.95	47.96
52156	WHEY FACTORS DOUB CHOC	12Z	PWD	26.95	21.56
52155	WHEY FACTORS FR VANILL	12Z	PWD	26.95	21.56
56913	WHEY FACTORS UNFLAVOR	2LB	PWD	59.95	47.96
52158	WHEY FACTORS UNFLAVOR	12Z	PWD	26.95	21.56
52157	WHEY PROTEIN STRAWBERR	12Z	PWD	26.95	21.56
67219	WHOLE BODY OPTIM CURC	60	SGC	34.95	27.96
64966	WOMENS 50+ WHLE EARTH	60	TAB	39.95	31.96
64964	WOMENS MULTI WHLE EART	60	TAB	39.95	31.96
40859	WOMENS PLUS MULTISTART	180	TAB	34.95	27.96
43274	ZYMACTIVE REG STRENGTH	90	TAB	24.95	19.96
40874	ZYMACTIVE SUPER ENZYME	90	TAB	37.95	30.36

NATURAL HEALTH INTERNATIONAL

57612	HERBATONIN .3 MG MELAT	90	VCA	13.99	13.99
57611	HERBATONIN 3 MG MELAT	60	VCA	23.99	23.99

55301	MACAHARMONY WOMEN FEMM	120	VCA	34.99	34.99
55299	MACALIFE PERIMENO FEMM	120	VCA	34.99	34.99
55300	MACAPAUSE 50+ FEMMENESS	120	VCA	34.99	34.99
55303	PH QUINTESSENCE ALKALI	90	VCA	34.99	34.99
55302	REVOLUTION MACALIBRIUM	120	VCA	37.99	37.99

NATURAL PATH SILVER WINGS

66769	COLLOID SILV 250 PPM	2 Z	LIQ	15.99	15.99
66754	COLLOID SILV 250 PPM	2 Z	SPY	15.99	15.99
66770	COLLOID SILV 500 PPM	2 Z	LIQ	21.59	21.59
66759	COLLOID SILV HERB LIQ	1 Z	LIQ	13.99	13.99
66753	COLLOID SILV NASAL SPR	1 Z	SPY	11.99	11.99
66755	COLLOIDAL SILV 250 PPM	4 Z	LIQ	28.99	28.99
66757	COLLOIDAL SILV 500 PPM	4 Z	LIQ	36.99	36.99
66756	COLLOIDAL SILV 500 PPM	2 Z	SPY	21.59	21.59

NATURAL SOURCES

27312	ADRENAL ALL	60	CAP	11.99	9.59
65897	ADRENAL RAW	60	CAP	11.99	9.59
20369	BLACK CHERRY CONC NAT	16Z	LIQ	13.29	10.63
20370	CRANBERRY CONC NAT	8 Z	FLO	12.19	9.75
43118	ELDERBERRY CONC	16Z	LIQ	21.19	16.95
39775	FEMALE RAW	60	CAP	11.99	9.59
59490	MULTIPLE RAW	60	CAP	15.69	12.55
27322	THYROID RAW	60	TAB	20.49	16.39

NATURAL VITALITY

58648	CALM KIDS MULTIVITAMIN	30Z	LIQ	34.99	27.99
58196	CALM PLUS CAL RASP LEM	8 Z	PWD	25.95	20.76
52496	CALM PLUS CALCIUM PWD	8 Z	PWD	25.95	20.76
58910	CALM PWD	16Z	PWD	39.95	31.96
52497	CALM PWD	8 Z	PWD	22.95	18.36
52498	CALM PWD RASP LEMON	8 Z	PWD	23.95	19.16
58655	CALM PWD RASPBERRY LEM	16Z	PWD	40.95	32.76
63512	CALM PWD SWEET LEMON	8 Z	PWD	23.95	19.16
52707	ORGANIC LIFE VIT LIQ	32Z	LIQ	36.95	29.56

NATURAL VITAMINS

44212	NATTOKINASE 75 MG	120	TAB	48.99	39.19
42472	RUTOZYM	120	TAB	60.95	48.76
67193	RUTOZYM TABS	240	TAB	100.95	80.76

NATURANECTAR

59356	EASEFEMIN MENOPAUSE	30	CAP	30.99	24.79
65371	IMMUNE GUARDIAN	30	CAP	22.99	18.39
65373	NASAL GUARDIAN	1 Z	SPY	22.99	18.39
65372	THROAT GUARDIAN SPRAY	20M	SPY	20.99	16.79

NATURES ANSWER

62177	ADRENAL STRESS AWAY	90	VCA	34.99	27.99
31403	ASHWAGANDA A/F	2 Z	LIQ	23.00	18.40
14801	ASTRAGALUS	1 Z	LIQ	12.70	10.16

14964	ASTRAGALUS A/F	1 Z	LIQ	12.70	10.16
45550	B COMPLEX LIQUID	8 Z	LIQ	16.99	13.59
45547	B12 1000 MCG LIQUID	2 Z	LIQ	19.99	15.99
62034	BACOPA 500 MG	90	VCA	16.99	13.59
42868	BIO EAR	.5Z	LIQ	15.99	12.79
42694	BIO EAR	1 Z	LIQ	29.99	23.99
25669	BIOFLAV CITRUS W/RH	8 Z	LIQ	29.89	23.91
14965	BLACK COHOSH A/F	1 Z	LIQ	13.80	11.04
14809	BLACK WALNUT	1 Z	LIQ	12.70	10.16
28702	BLACK WALNUT & WORMWD	1 Z	LIQ	15.00	12.00
14967	BLACK WALNUT HULL A/F	1 Z	LIQ	13.80	11.04
14813	BLUEBERRY LEAF	1 Z	LIQ	13.80	11.04
14818	BONESET	1 Z	LIQ	11.50	9.20
15016	BRAINSTORM COMBO A/F	1 Z	LIQ	15.00	12.00
14821	BURDOCK ROOT	2 Z	LIQ	20.70	16.56
14968	BURDOCK ROOT A/F	1 Z	LIQ	13.80	11.04
45548	C 1000 MG LIQUID	8 Z	LIQ	12.99	10.39
67181	CAL MAG PLANT BASED CP	120	CAP	34.99	27.99
67182	CAL MAG PLANT BASED LQ	16Z	LIQ	34.99	27.99
51755	CARNITINE LIQ 1200 MG	16Z	LIQ	24.99	19.99
14826	CASCARA SAGRADA	3 Z	LIQ	15.99	12.79
14825	CAYENNE	2 Z	LIQ	20.70	16.56
14824	CAYENNE (CAPSICUM)	1 Z	LIQ	11.50	9.20
14969	CHAMOMILE FLOWERS A/F	1 Z	LIQ	13.80	11.04
28705	CODONOPSIS A/F	1 Z	LIQ	13.80	11.04
14973	CORN SILK A/F	1 Z	LIQ	12.70	10.16
27768	CRANBERRY A/F	1 Z	LIQ	13.80	11.04
54513	D3 4000 IU DROPS	.5Z	LIQ	17.95	14.36
14845	DANDELION ROOT	2 Z	LIQ	20.70	16.56
14975	DANDELION ROOT A/F	1 Z	LIQ	12.99	10.39
14977	DONG QUAI A/F	1 Z	LIQ	17.99	14.39
28712	ECHIN A/F W/MANDA ORAG	1 Z	LIQ	12.99	10.39
21312	ECHIN GLDSEAL COMB A/F	2 Z	LIQ	21.99	17.59
50201	ECHIN GOLDENSEAL A/F	1 Z	LIQ	12.99	10.39
28710	ECHIN GOLDENSEAL A/F	4 Z	LIQ	38.99	31.19
28707	ECHIN GOLDENSEAL ORGAN	1 Z	LIQ	12.99	10.39
14850	ECHIN PURPUREA WHOLE	2 Z	LIQ	22.69	18.15
14849	ECHIN PURPUREA WHOLE	1 Z	LIQ	12.99	10.39
28711	ECHIN W/GRAPE FLAV A/F	1 Z	LIQ	12.99	10.39
14979	ECHINACEA A/F	2 Z	LIQ	26.99	21.59
14978	ECHINACEA A/F	1 Z	LIQ	16.09	12.87
14980	EYEBRIGHT A/F	1 Z	LIQ	13.80	11.04
14861	FO TI	1 Z	LIQ	12.70	10.16
14862	FO TI (HE SHOU WU)	2 Z	LIQ	22.90	18.32
14865	GENTIAN ROOT	2 Z	LIQ	20.70	16.56
14981	GINGER ROOT A/F	1 Z	LIQ	16.99	13.59
50940	GINKGO BILOBA A/F	2 Z	LIQ	25.30	20.24
14982	GINKGO BILOBA A/F	1 Z	LIQ	13.80	11.04
14983	GINSENG AMERICAN A/F	1 Z	LIQ	25.99	20.79
14869	GINSENG AMERICAN ROOT	1 Z	LIQ	23.99	19.19
45542	GLUCOS CHOND LIQ	16Z	LIQ	27.99	22.39
15031	GLYCERINE	4 Z	LIQ	10.99	8.79

14985	GOLDENSEAL ROOT A/F	1 Z	LIQ	21.90	17.52
14986	GOTU KOLA HERB A/F	1 Z	LIQ	12.99	10.39
14987	GREEN TEA EXT A/F	1 Z	LIQ	13.80	11.04
44116	GREEN TEA EXT SUP A/F	2 Z	LIQ	18.99	15.19
61252	GREENS TODAY RAW	300	PWD	37.99	30.39
14877	HAWTHORN BERRIES	2 Z	LIQ	22.90	18.32
14988	HAWTHORN BERRY A/F	1 Z	LIQ	13.00	10.40
14878	HOPS	1 Z	LIQ	12.99	10.39
14989	HORSETAIL A/F	1 Z	LIQ	12.70	10.16
14884	JUNIPER BERRIES	1 Z	LIQ	11.50	9.20
37991	KAVA 6	90	VCAP	34.99	27.99
67078	KAVA 6 A/F LIQ	1 Z	LIQ	19.99	15.99
14991	LICORICE ROOT A/F	1 Z	LIQ	13.80	11.04
67180	MAG PLANT BASED CAP	90	CAP	19.99	15.99
67179	MAG PLANT BASED LIQ VG	16Z	LIQ	29.99	23.99



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



mushrooms used in combination with each other have a multitude of beneficial effects, including increased longevity and reduced side effects in advanced cancer patients undergoing chemotherapy. There are fourteen different mushrooms utilized in Phyto-Tech™ Mushroom Immune Complex. Following, you can find more detailed information, including its connection to immune system health, for each of them.

Maitake stimulates regulation of interleukin-1, NK-cells, cytotoxic T-cells, and superoxide anions. The polysaccharides it contains have a unique structure and have been extensively researched for their immunomodulating activity. Maitake's primary polysaccharide, beta-D-glucan is well absorbed orally. It has been shown to enhance immune function and has been studied for its benefits in cancer treatment and blood sugar support. Maitake is considered to be anti-HIV, antihypertensive, antidiabetic, and antiobesity. It is used for prevention and treatment of flu, diabetes, hypertension, hypercholesterolemia, urinary tract infections, and HIV.

Reishi contains numerous polysaccharides as well as triterpenes and amino acids that increase immunity and provide cardiovascular and blood sugar support. It stimulates circulation and helps lower blood pressure. Its water-soluble polysaccharides have been shown to have antitumor and immunostimulating activity. Studies report Reishi helps reduce cholesterol, blood pressure, and blood sugar levels, inhibits platelet aggregation, and alleviates altitude sickness. It is analgesic, anti-inflammatory, antibacterial, antioxidant, antiviral, and demonstrates anti-allergic activity.

Turkey Tail, also called Coriolus, has a multicolored cap resembling a turkey tail. It has been heavily researched for its anti-cancer properties and its ability to support immunity. PSK, a water-soluble protein-bound polysaccharide and PSP, a polysaccharide-peptide are two key compounds in Turkey

Tail that have been the focus of much research. PSK acts both directly (stimulates immunity) and indirectly (cytotoxic) on tumor cells, and also enhances interferon production to destroy viruses. PSP stimulates the immune system and has anti-cancer properties. Studies report that when used along with traditional cancer treatment, PSK and PSP can increase patient longevity.

Chaga is known by in Siberia as the "Mushroom of Immortality." They consumed it on a daily basis to increase stamina, prevent disease, and promote longevity. It is unlike other mushrooms in that it isn't soft, but very hard like wood, and looks less like a mushroom and more like a large tree growth. It protects itself from harsh climates by concentrating natural compounds in order to survive, making it extremely nutrient dense and powerful in its health benefits. It is high in B vitamins, minerals, enzymes, flavonoids, and phenols. It contains a unique pigment-like phenolic compound called chromogenic complex, which exerts a protective effect on tissues. Chaga is also rich in superoxide dismutase (SOD), a potent antioxidant enzyme that scavenges tissue-damaging free radicals. It is considered to be a powerful adaptogen that strengthens the body's resistance to stress. Its active constituents are believed to be polysaccharides, triterpenes, and sterols. It has anti-inflammatory, anticancer, antimutagenic, antiviral, analgesic, hepatoprotective, immuno-stimulating, and hypoglycemic effects. It is also a rich source of beta glucans that possess immunomodulating activity.

Cordyceps contains polysaccharides, sterols, peptides, fatty acids, vitamins, minerals, and nucleotides, and have been found to support the heart, lungs, kidneys, adrenals, and immune system. They are commonly used to increase energy, endurance, and sexual vitality. Cordyceps has antioxidant, free radical-scavenging, anticancer and hypoglycemic properties.

Shiitake demonstrates anticancer benefits not by directly attacking cancer cells, but by enhancing the immune system. It is used in Japan to help support immune function in cancer patients. It also has immunomodulating, antibacterial, antiviral, anti-parasitic, hepatoprotective, and cardiovascular effects.

Lions Mane is used in traditional Chinese medicine to increase strength and vigor, and to improve digestion. Its polysaccharides have been shown to have cytotoxic effects in cancer cells. Lions Mane is unique in that it supports brain health. It contains nerve growth factors (NFG's), which are involved in the growth of neurons.

Poria cocos demonstrates anti-cancer and immunomodulatory activities. Its main chemical constituents include triterpenoids, polysaccharides, ergosterol, caprylic acid, undecanoic acid, lauric acid, dodecanoic acid, and palmitic acid. In Chinese medicine it is used to treat conditions of the heart, lungs, kidneys, and spleen. In cancer therapy it is used to lessen the side effects of chemotherapy, strengthen the body, increase appetite, and improve body weight.

Fomes fomentarius has a long history of use as a styptic to stop bleeding and as a vulnerary to heal wounds. In China it has been used to treat cancers of the stomach, uterus, and esophagus. It exhibits antibacterial, antiviral, and antitumor properties, which are believed to be primarily attributed to its iodine content and to a substance it contains called fomentariol.

Agaricus blazei, native to Brazil, is widely cultivated in Japan for its medicinal properties. It has been used to treat many diseases including cancer, chronic hepatitis, diabetes,

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MIX IT UP

with **BIOCHEM**

Whey Better Tonic

Ingredients

- 1 scoop **Biochem Organic 100% Whey Protein Vanilla**
- 4 oz. cold brew coffee concentrate
- 2 oz. half and half
- 2 oz. water

Directions

Blend to combine.



1 Serving of Delicious BIOCHEM® Whey Protein

20g of Vegetarian Protein

Non-GMO

From Grass Fed American Dairy Cows

Check out our other delicious varieties: Natural, Chocolate, Cocoa Coconut, Organic Natural and more.



For more recipe ideas visit us at www.biochem-fitness.com

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- Those with inflammatory diseases of the lower urinary tract; those with kidney stones;
- Those with hayfever and similar allergic conditions.; those with edema.

75 Veggie Caps - Product Code: 60135

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The Willner Window Product Reference Catalog, Spring 2017

LifeExtension®
Stay Healthy, Live Better



Naturally manage your biological response to stress.

Stress is one of the most common health effects of the 21st century, leading to weight gain and general fatigue. But what if there was a natural way to manage your body's biological response to stress?

Natural Cortisol Balance provides unique ingredients that affect your body's cortisol response to stress, without sleepiness and no reported side effects. There are two proprietary blends that make this happen: Relora® and Oligonol®.

Relora® combines *Magnolia officinalis* and *Phellodendron amurense* bark extracts. Clinical studies show Relora® can affect salivary cortisol levels, supporting a healthy response to stress and improved mood scores.¹ A combination of lychee fruit with green tea leaf extracts, Oligonol® has been shown to significantly affect serum cortisol concentration without side effects.²

Take control of the stress in your life. Stock up on Natural Cortisol Balance today — at 20% off the wholesale price.

Relora® is a registered trademark of InterHealth N.I. Oligonol® is a registered trademark of Amino Up Chemical Co., Ltd.

References

1. *J Int Soc Sports Nutr.* 2013 Aug 7;10(1):37.
2. *Nutr Res Pract.* 2010 Jun;4(3):203-207.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Stay Healthy, Live Better

All Life Extension® products are formulated with premium-quality ingredients based on the latest scientific studies to help you achieve optimal health. These and other fine Life Extension products are available at Willner Chemists.

Order yours today!

WSRAAV170201



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Ingredients:

Phyto-Tech™ Neutralizing Cordial contains the following: Turkey Rhubarb Root, Cinnamon Bark, Goldenseal Root, Peppermint Spirits, Potassium Carbonate, Simple Syrup, Grain Alcohol, Deionized Water.

Neutralizing Cordial can be used for chronic digestive upset or on an as need basis. The effect can be felt quickly and can be repeated safely. It helps digestive upset when eating new foods while traveling.

Neutralizing Cordial is a “Pepto Bismol”-like formula that can be part of a household medicine cabinet. It is safe for children and has a very agreeable taste.

Dosage:

General: 30-60 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops every 1 hour until feel better.

Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.

1 fl oz - Product Code: 56958

Who might benefit from this herbal supplement?

- Those in need of enhanced immune support;
- Those with hypertension (high blood pressure);
- Those with blood sugar swings;
- Those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

Ingredients:

Phyto-Tech™ Olive Leaf 1:2 contains Olive Leaf (Olea europaea), 250 mg/ml, Pure Grain Alcohol, Deionized Water.

Certified Organic.

Dosage:

20-40 drops, 2-3 times per day or as needed in juice or water.

Oral Tonic Complex

A therapeutic herbal mouthwash concentrate.

1 fl oz - Product Code: 56992

Who might benefit from this herbal supplement?

- Those with periodontal disease; those with gum infections, abscess, or bleeding gums
- Those with halitosis (bad breath).

Ingredients:

Phyto-Tech™ Oral Tonic Complex contains the following: Goldenseal Root, Bayberry Root Bark, Prickly Ash Bark, Myrrh Gum, Coptis Root, Grain Alcohol, Deionized Water. Phyto-Tech™ Oral Tonic Complex is excellent as a preventative or curative for periodontal (gum) disease (pyorrhea). As a mouthwash in water, it helps to kill bacteria in the mouth and gums, it will tighten gums that are puffy and it will decrease gum bleeding. It will also increase saliva that will inhibit bacterial formation.

Oral Tonic Complex also makes ones mouth feel clean and fresh even though the formula is bitter initially.

It can be used as a preventative before and after oral surgery.

Dosage:

General: 30-90 drops in a little water and swish around vigorously in the mouth after brushing once per day.

Acute infections: Repeat 3 times per day or massage directly into gums with ones finger.

Oregano Oil 70

Contains only true wild Mediterranean Origanum vulgare, the most powerful Oregano nature offers.

It is standardized to 70% carvacrol, the active component of the herb. It provides immediate immune support and has a broad spectrum effect. It also helps regulate candida.

1 fl oz - Liquid, Product Code: 56939

60 Liquid Filled Veggie Caps - Product Code: 57047

120 Liquid Filled Veggie Caps - Product Code: 57046

Ingredients:

Guaranteed true Wild Oregano, from Turkey. Steam distilled for highest purity and potency.

Who can benefit from this supplement?

- Those with bacterial, fungal, viral (cold and flu) and parasitic infections. Travelers.

Phyto-Tech™ Oregano Oil 70 is standardized to not less than 70% Carvacrol. It is available in liquid form (43 mg oregano oil equivalent to 30 mg carvacrol per four drops) and in a liquid filled veggi cap (45 mg oregano oil equivalent to 32 mg carvacrol per capsule).

Dosage:

Veggie Caps: 1 capsule 1-3 times per day is a typical dose.

Go up to 2 caps if necessary when ill or severe parasites.

Liquid: Internal Acute: 2-6 drops in water or juice up to every 2 hours until symptoms subside plus a few days. Can go up to 10 drops when necessary per serving.

Internal Long Term: 1-4 drops in water or juice 1-3 times per day. Long term use is OK.

Topical: Use enough to cover the area desired. If a warming sensation occurs that is unpleasant, dilute in a little lotion or vegetable oil first.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



24586	B 50 COMPLEX	100	CAP	14.95	11.96	65871	COCONUT OIL LIQ JALAPN	10Z	LIQ	13.49	10.79	62927	FORSYTHIA 250 MG EXT	60	VCA	30.99	24.79	52521	LACTASE ENZYME	100	CAP	21.35	17.08
24585	B 50 COMPLEX	60	CAP	10.15	8.12	65866	COCONUT OIL LIQ LEMON	10Z	LIQ	13.49	10.79	18218	GARLIC/PARSLEY	100	CAP	10.49	8.39	31466	LEG VEINS W/TRU OPC	60	CAP	12.99	10.39
24568	B6 100	100	CAP	9.05	7.24	65870	COCONUT OIL LIQ SRIRAC	10Z	LIQ	13.49	10.79	18219	GARLICIN 350 MG	90	TAB	20.45	16.36	55740	LEG VEINS W/TRU OPC	120	VCA	23.49	18.79
18135	BARLEY GRASS	100	CAP	15.99	12.79	50911	COCONUT OIL XTR VRG OG	16Z	OIL	19.69	15.75	18224	GARLICIN CF	90	TAB	16.49	13.19	18263	LICORICE ROOT	100	CAP	9.49	7.59
18140	BEE ROOT CAP	100	CAP	11.49	9.19	63376	COCONUT OIL XTRA VIRG	120	SGC	16.99	13.59	18227	GINGER ROOT	100	CAP	9.49	7.59	33414	MACA EXTRACT STAND	60	CAP	20.99	16.79
29724	BILBERRY EXT STAND 80	90	CAP	25.99	20.79	60030	COCONUT OIL XTRA VIRG	32Z	OIL	29.99	23.99	18228	GINGER ROOT	180	CAP	14.99	11.99	24623	MAG 500	100	CAP	10.15	8.12
18144	BLACK COHOSH RT 515 MG	100	CAP	10.49	8.39	63458	COCONUT RAW ORGANIC	16Z	LIQ	13.99	11.19	31432	GINKGO EXTRACT 60 MG	60	CAP	19.49	15.59	18265	MARSHMALLOW ROOT	100	CAP	10.49	8.39
33219	BLACK COHOSH STAND 40	60	TAB	11.49	9.19	40400	COMPLETIA DIABETIC MUL	90	TAB	29.99	23.99	67081	GINKGOLD 60 MG BONUS	75	TAB	22.99	18.39	66083	MCT OIL 100% FRM COCON	16Z	LIQ	21.99	17.59
18146	BLACK WALNUT HULLS 500	100	CAP	10.49	8.39	44271	CORDYCEPS EXT STAND	60	VCA	19.99	15.99	42260	GINKGOLD 60 MG BONUS	150	TAB	40.49	32.39	24519	MELISSA LEMON BALM CAP	100	CAP	9.49	7.59
44277	BLADDERWRACK HERB 580	100	CAP	11.99	9.59	56789	CRAN RX	30	VCA	14.99	11.99	42263	GINKGOLD EYES	60	TAB	33.99	27.19	55637	MILK THISTLE EXT 175	120	VCA	31.99	25.59
18147	BLESSED THISTLE 375 MG	100	CAP	10.49	8.39	65036	CRAN RX GUMMIES	60	CHW	19.99	15.99	42262	GINKGOLD MAX 120 MG	60	TAB	39.49	31.59	31966	MILK THISTLE STAND	60	CAP	18.49	14.79
31427	BLOOD SUGAR W/GYMNEMA	90	CAP	15.99	12.79	39936	CRANBERRY EXT TAB	120	TAB	19.99	15.99	42261	GINKGOLD MAX 120 MG	30	TAB	22.49	17.99	42626	MSM 1000 MG	120	TAB	16.99	13.59
39237	BONE FLESH & CARTILAGE	100	CAP	10.49	8.39	40532	CRANBERRY EXT VCAP	60	VCA	11.49	9.19	18233	GINSENG 550 AMERICAN	50	CAP	22.99	18.39	18267	MYRRH GUM	100	CAP	10.49	8.39
60435	BORAGE OIL 1300 MG	60	SGC	25.49	20.39	40461	CRANBERRY EXT VCAPS	120	VCA	21.99	17.59	18232	GINSENG ASIAN KOREAN	100	CAP	24.99	19.99	18271	NATURALAX 3	100	CAP	10.69	8.55
33413	BOSWELLIA EXT 307 MG	60	TAB	14.59	11.67	18177	CRANBERRY FRUIT CAP	100	CAP	15.99	12.79	29732	GINSENG ELEUTHERO EXT	60	CAP	20.99	16.79	31430	NEEM CAPS	100	CAP	9.49	7.59
18151	BURDOCK ROOT 475 MG	100	CAP	10.99	8.79	61425	CURICA PAIN RELIEF	100	TAB	42.99	34.39	18235	GINSENG ELEUTHERO SIBE	180	CAP	14.49	11.59	18272	NETTLE HERBS	100	CAP	9.99	7.99
18152	BUTCHERS BROOM ROOT	100	CAP	9.49	7.59	65864	CURICA TURMERIC DROPS	2 Z	LIQ	31.99	25.59	18234	GINSENG ELEUTHERO SIBE	100	CAP	9.99	7.99	44274	NONI EXT STAND	60	VCA	20.99	16.79
59233	C 1000 W/BIOFLAV	250	VCA	30.99	24.79	65863	CURICA TURMERIC VCAP	60	VCA	47.99	38.39	29725	GINSENG KOR ASIAN EXT	60	VCA	34.99	27.99	55636	OLIVE LEAF EXT 20% OLE	60	VCA	22.99	18.39
24602	C 1000 W/RH	100	CAP	14.39	11.51	18178	DAMIANA LEAVES	100	CAP	9.49	7.59	18236	GLUCOMANNAN	100	CAP	17.99	14.39	32591	OLIVE LEAF STANDARDZED	60	CAP	12.99	10.39
24604	C 1000 W/RH	250	CAP	30.95	24.76	18179	DANDELION ROOT	100	CAP	9.99	7.99	32005	GLUCOSAMINE HCL	90	CAP	19.49	15.59	42259	OREGANO OIL STAND	60	VCA	17.99	14.39
24600	C 500 W/BIOFLAV	100	CAP	11.19	8.95	60488	DANDELION ROOT	180	VCA	17.59	14.07	18238	GOLDENSEAL HERB	100	CAP	13.99	11.19	18278	PARSLEY HERB	100	CAP	10.69	8.55
24601	C 500 W/BIOFLAV	250	CAP	22.99	18.39	18180	DEVILS CLAW ROOT TUBE	100	CAP	12.29	9.83	18237	GOLDENSEAL HERB	180	CAP	19.99	15.99	18280	PAU D'ARCO	180	CAP	13.99	11.19
24596	C 500 W/RH	250	CAP	20.99	16.79	29720	DEVILS CLAW STANDARDZD	90	CAP	19.99	15.99	18240	GOLDENSEAL ROOT	100	CAP	30.99	24.79	18279	PAU D'ARCO INNER BARK	100	CAP	9.49	7.59
24631	CAL MAG	100	CAP	11.19	8.95	28452	DHA 100 MG NEUROMINS	60	SGC	25.49	20.39	18239	GOLDENSEAL ROOT	50	CAP	19.49	15.59	38336	PEPOGEST	60	SGC	13.99	11.19
24632	CAL MAG	250	CAP	20.99	16.79	53263	DHA NEUROMINS 200 MG	60	SGC	43.49	34.79	18241	GOTU KOLA	100	CAP	9.99	7.99	26367	PHOS SERINE	60	SGC	51.99	41.59
24633	CAL MAG ZINC	100	CAP	12.29	9.83	38689	DIM PLUS	60	CAP	22.99	18.39	18242	GOTU KOLA HERB	180	CAP	14.49	11.59	31429	PMS 5 HTP	100	CAP	11.99	9.59
24634	CAL MAG ZINC	250	CAP	23.99	19.19	38688	DIM PLUS	120	CAP	41.99	33.59	58141	GRAPE SEED EXT STD	60	VCA	20.99	16.79	44276	POMEGRANATE EXT STAND	60	VCA	19.99	15.99
24616	CALCIUM CITRATE 250 MG	100	CAP	11.75	9.40	18183	DONG QUAI ROOT	100	CAP	15.49	12.39	44272	GRAPEFRUIT SEED	60	VCA	18.99	15.19	65858	PRIMADO OPT 50B HDS IMM	30	VCA	39.99	31.99
24617	CALCIUM CITRATE 250 MG	250	CAP	21.99	17.59	24613	E 400 D ALPHA SGC	100	SGC	28.15	22.52	55891	GREEN TEA EXT STAND	60	VCA	28.99	23.19	65857	PRIMADO OPT HDS 50 + 50B	30	VCA	39.99	31.99
61409	CALM AID SGC	30	SGC	19.99	15.99	44939	E P O 1300 MG EFA GOLD	120	SGC	30.49	24.39	29723	GYMNETA EXT STANDARDZD	60	CAP	20.49	16.39	64447	PRIMADO OPT 50 BIL DIG	30	VCA	42.65	34.12
18158	CASCARA SAGRADA BARK	100	CAP	9.99	7.99	29734	ECHIN EXT STANDARDIZED	60	CAP	25.49	20.39	18246	HAWTHORN BERRIES	100	CAP	9.99	7.99	64446	PRIMADO OPT 50 BIL WOM	30	VCA	42.65	34.12
18159	CASCARA SAGRADA BARK	180	CAP	14.49	11.59	18186	ECHIN GOLDENSEAL COMP	100	CAP	18.99	15.19	56017	HAWTHORN BERRIES	180	CAP	16.49	13.19	65403	PRIMADOPH OPT INT 200B	30	VCA	102.35	81.88
25636	CAT'S CLAW	100	CAP	11.49	9.19	24366	ECHIN GOLDSEAL ROOT	180	CAP	30.39	24.31	29735	HAWTHORN EXT STANDARDZD	90	CAP	16.99	13.59	50910	PRIMADOPH OPTIMA	60	VCA	59.49	47.59
31423	CAT'S CLAW EXT	60	CAP	21.49	17.19	24525	ECHIN ROOT COMPLEX	180	CAP	25.49	20.39	26550	HEART CARE	120	TAB	14.99	11.99	51631	PRIMADOPH OPTIMA	30	VCA	30.99	24.79
18162	CAYENNE	100	CAP	9.49	7.59	18188	ECHIN ROOT COMPLEX	100	CAP	17.49	13.99	45046	HEMP POWDER NON GMO	16Z	PWD	18.99	15.19	60652	PRIMADOPH OPTIMA 100 B	30	VCA	49.99	39.99
18161	CAYENNE	180	CAP	13.99	11.19	18184	ECHIN/ASTRAG/RESHI	100	CAP	11.99	9.59	51876	HORNY GOAT WEED	60	CAP	22.99	18.39	60650	PRIMADOPH OPTIMA 60 BL	30	VCA	39.99	31.99
18163	CAYENNE GARLIC	100	CAP	9.99	7.99	18185	ECHINACEA	180	CAP	17.99	14.39	29728	HORSECHESNUT EXT STAN	90	CAP	13.99	11.19	60651	PRIMADOPH OPTIMA 90 BL	30	VCA	49.99	39.99
25168	CAYENNE XTRA HOT	100	CAP	11.49	9.19	18187	ECHINACEA HERB	100	CAP	12.49	9.99	18253	HORSETAIL GRASS	100	CAP	9.99	7.99	38415	PRIMADOPH REUTERI	30	CAP	12.99	10.39
24558	CELL FORMULA (ANTIOX)	100	TAB	38.99	31.19	31428	ELDERBERRY BLACK	100	CAP	13.89	11.11	50176	HYDRAPLENISH	60	VCA	24.99	19.99	44506	PRIMADOPH REUTERI	90	CAP	30.99	24.79
18164	CHAMOMILE	100	CAP	9.49	7.59	18204	EX STRESS	100	CAP	11.99	9.59	58210	HYDRAPLENISH SERUM ULT	1 Z	SER	41.99	33.59	52295	PRIMADOPH REUTERI PERL	30	PRL	17.99	14.39
29682	CHAMOMILE EXT STANDZ	60	CAP	13.49	10.79	18205	EYEBRIGHT HERB	100	CAP	11.49	9.19	58211	HYDRAPLENISH SERUM W/C	1 Z	SER	41.99	33.59	52296	PRIMADOPH REUTERI PRL	60	PRL	39.65	31.72

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RNL-1810



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Oregano Plus

A broad-spectrum formula that provides powerful anti-microbial action and immune support.

90 Veggie Caps - Product Code: 67465

Who might benefit from this product?

- Those suffering from infections, including fungal, yeast (candida), bacterial, viral and parasitic

Ingredients:

Each veggie cap contains: Organic Oregano Leaf 285mg, Organic Garlic Bulb 66mg, Organic Onion Bulb 66mg, Organic Ginger Root 25mg, Organic Cayenne Fruit 10mg; The vegetarian capsule contains Modified Vegetable Cellulose

Properties:

The herbs contained in this formulation are thought to exert the following properties: Antimicrobial, Antibacterial, Antifungal, Anti-Candida, Vermifuge (kills parasites), Circulatory Stimulant, Diaphoretic, Expectorant, Antioxidant, Anti-Inflammatory

Indications:

Phyto-Tech™ Oregano Plus is a broad-spectrum formula that provides powerful immune support. It raises the body's defenses against foreign pathogens and helps prevent microbial inundation. It is indicated for all types of infections including bacterial, viral, fungal, parasitic, and yeast (Candida). It supports optimum respiratory function and will help to clear mucous, phlegm, and congestion. It also is a natural antioxidant, anti-inflammatory, and circulatory stimulant. The formula can be used short-term during acute illness or it can be safely used long-term for those who are immune deficient and prone to getting sick often.

Oregano Oil is a strong antimicrobial compound that works like tea tree oil, goldenseal, and grapefruit seed extract all in one. It has strong antibacterial actions and will kill microbes on contact. It is not an immune booster like Echinacea, but a

killer for acute inundation and protection when traveling or if vulnerable to microbial breakdown. Powerful actions of Oregano Oil include: antiseptic, anti-microbial, anti-fungal, anti-parasitic, anti-spasmodic, and expectorant. It will destroy bacteria, parasites, yeast, and molds, and it is the most effective natural product to kill Candida.

Garlic and Onion act on bacteria, viruses, and parasites. They are especially useful for infections of the respiratory system, such as recurrent colds, flu, and chronic bronchitis. They can also be used to treat whooping cough and bronchial asthma. Garlic and Onion contain several different organosulfur compounds that are believed to have anticancer properties. Onion also contains high amounts of the antioxidant flavonoid quercetin, which has anti-inflammatory, antioxidant, antihistamine, and anti-proliferative (inhibits cell growth) properties.

Ginger and Cayenne are strong circulatory stimulants that will increase circulation and warm up the body. They vasodilate blood to the peripheral tissues which can promote a sweat, increasing the body's ability to detoxify. They will also assist in strengthening the body's resistance to illness causing organisms.

Complimentary Formulas & Single Herbs:

- Goldenseal (if sinus infection, or discolored mucus)
- Digest Stim Complex (to increase digestive enzymes and acidify pH in Candida)
- Immune Complex (to boost immunity if the intent is prevention)
- Respir Ease/Respiratory Complex (if congested and viral)
- Kids Cough (alcohol free version of Respir Ease for kids)
- Ear Drops (Formula for ear infection)
- Sinus Decongest (sinus infections and allergies)
- Yin Chiao Plus (at very first sign of coming down with something)

Dosage:

Take 1 cap, 1-3 times per day.

Osha Root 1:1/5

Phyto-Tech™ Osha Root is considered by many Herbalists to be the best American herb for lung and throat infections. It is especially beneficial for infections where one is already congested and inflamed.

1 fl oz - Product Code: 56965

Who might benefit from this herbal supplement?

- Those suffering from lung and throat infections.
 - Those who suffer from chronic viral infections, swollen tonsils, throat infections and frequent lung congestion.
- While Osha is especially effective in treating active infections, it is also effective as a preventive for those who easily get sick when flying on airplanes, lecturing at meetings or conventions, etc, but it should only be used during the time of exposure. It is also helpful to smokers, and those lwith emphysemia, allergies, altitude sickness, and athletic induced asthma.

Phyto-Tech™ Osha Root can be used with Phyto-Tech™ Respiratory Complex, and other bronchodilating herbs like Lobelia.

Ingredients:

Contains Fresh Osha Root (Ligusticum porteri), Grain Alcohol, Deionized Water.

Dosage:

General: 20-60 drops, 2-3 times per day or as needed in juice or water. Acute infection, congestion, and asthma: 2-4 squirts (60-120 drops), every 2 hours until symptoms subside.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



18295	RED RASPBERRY LEAVES	100	CAP	10.49	8.39	42690	UMCKA CHERRY SYRUP A/F	4 Z	LIQ	15.59	12.47	56543	COLLAGEN FISH HYAL ACD	120	CAP	19.95	15.96	60414	GRAPE SEED FORCE 300	30	VCA	34.95	27.96
56506	RED YEAST RICE 1200 MG	60	TAB	33.49	26.79	54051	UMCKA COLD & FLU BERRY	20	CHW	16.49	13.19	56549	COLLAGEN II JOINT CMP	120	CAP	29.99	23.99	43328	GREEN & WHITE TEA FORC	60	VCA	36.95	29.56
56503	RED YEAST RICE 600 MG	60	VCA	19.99	15.99	54053	UMCKA COLD FLU BER SYR	4 Z	LIQ	16.49	13.19	56545	COLLAGEN SUPER + C TAB	120	TAB	16.19	12.95	67166	HOLY BASIL FORCE LVCAP	60	LVC	44.95	35.96
56501	RED YEAST RICE 600 MG	120	VCA	36.99	29.59	62186	UMCKA COUGH SYRUP	4 Z	LIQ	16.99	13.59	56547	COLLAGEN SUPER POWDER	7 Z	PWD	16.19	12.95	67069	HOLY BASIL FORCE LVCAP	120	LVC	72.95	58.36
29736	REISHI MUSHR EXT STANZ	100	CAP	15.49	12.39	66357	UMCKA DAY NIGHT HOT DR	12	PAK	13.39	10.71	56548	HA PURE HYALURONIC ACD	60	CAP	27.95	22.36	61922	IMMUNE TAKE CARE	14	VCA	24.95	19.96
52732	RESVERATROL	60	VCA	21.99	17.59	52287	UMCKA GRAPE SUGAR FREE	4 Z	LIQ	15.59	12.47	59634	HYLAURONIC ACID BLUE	16Z	LIQ	29.99	23.99	36000	IRON FOOD COMPLEX	60	TAB	35.95	28.76
43693	RHODIOLA ROSEA EXT	60	VCA	16.99	13.59	53961	UMCKA LEMON HOT DRINK	10	PWD	10.59	8.47	61533	SUPER COLLAGEN + C	250	TAB	25.29	20.23	67020	LEMON BALM FORCE LVCAP	30	LVC	32.95	26.36
64818	SAMBUCUS DROPS	1 Z	DRP	26.69	21.35	42682	UMCKA MENTHOL SYRUP	4 Z	LIQ	15.59	12.47							58097	LIVER FORCE LIFESHIELD	60	CAP	37.95	30.36
66233	SAMBUCUS FIZZY W/C PAK	10	PAK	10.69	8.55	42670	UMCKA ORIGINAL A/F DRP	1 Z	LIQ	15.59	12.47							58100	MIND FORCE LIFESHIELD	60	CAP	37.95	30.36
60704	SAMBUCUS FLU CARE LOZ	30	LOZ	15.49	12.39	42664	UMCKA ORIGINAL DROPS	1 Z	LIQ	15.59	12.47	53468	BLOOD PRESSURE TAKE	30	VCA	49.95	39.96	44120	OMEGA 7 SUPERCritical	30	LVC	33.95	27.16
32589	SAMBUCUS FOR KIDS	4 Z	LIQ	15.59	12.47	52285	UMCKA ORIGINAL DROPS	2 Z	LIQ	28.99	23.19	64138	BONE STRENGT TAKE TINY	120	TAB	36.95	29.56	56646	OMEGA 7 SUPERCritical	60	LVC	62.95	50.60
64773	SAMBUCUS GUMMIES ELDER	60	GUM	19.99	15.99	56048	UMCKA PWD BERRY	10	PWD	11.99	9.59	60628	BONE STRENGTH TAKE TINY	240	TAB	63.95	51.16	54146	OREGANO FORCE	30	SGC	36.95	29.56
32590	SAMBUCUS IMMUNE FORM	4 Z	LIQ	16.59	13.27	65037	UMCKA THROAT SPR CH MT	1.9	SPY	11.99	9.59	54342	BONE STRENGTH SLIM	120	TAB	63.95	51.16	59551	PERFECT CALM	144	TAB	80.95	64.76
43720	SAMBUCUS IMMUNE FORM	8 Z	LIQ	30.99	24.79	29726	UVA URSI EXT STANDARDZ	60	CAP	14.99	11.99	64752	BONE STRENGTH SLIM	180	TAB	89.95	71.96	63170	PERFECT ENERGY	96	TAB	79.95	63.96
34353	SAMBUCUS IMMUNE FRM LZ	30	LOZ	14.59	11.67	18317	UVA URSI LEAVES	100	CAP	9.99	7.99	55914	BONE STRENGTH TAB	60	TAB	36.95	29.56	59552	PERFECT ENERGY	36	TAB	39.95	31.96
35075	SAMBUCUS LOZ BLACK ELD	30	LOZ	14.59	11.67	29733	VALERIAN EXT STAND 110	90	CAP	11.99	9.59	57351	BONE STRENGTH TAB	30	TAB	20.95	16.76	65399	PERFECT POSTNATAL	48	TAB	28.95	23.16
64774	SAMBUCUS NIGHTTIME LIQ	4 Z	LIQ	16.99	13.59	24039	VALERIAN NIGHTTIME	100	TAB	19.99	15.99	34395	C VIT FOOD CMP 250 MG	180	TAB	65.95	52.76	65400	PERFECT POSTNATAL	96	TAB	48.95	39.16
60705	SAMBUCUS ORGANIC LIQ	4 Z	LIQ	18.99	15.19	18319	VALERIAN ROOT 530 MG	180	CAP	14.49	11.59	34394	C VIT FOOD CMP 250 MG	90	TAB	49.95	39.96	58558	PERFECT PRENATAL NEW	48	TAB	28.95	23.16
30130	SAMBUCUS ORIGINAL	4 Z	LIQ	15.59	12.47	18318	VALERIAN ROOT 530 MG	100	CAP	9.99	7.99	65819	CINNAMON FORCE LVCAP	30	LVC	30.95	24.76	58559	PERFECT PRENATAL NEW	96	TAB	48.95	39.16
43698	SAMBUCUS ORIGINAL	7.8	LIQ	28.99	23.19	62599	WHITE KIDNEY BEAN EXT	60	VCA	19.99	15.99	65820	CINNAMON FORCE LVCAP	60	LVC	50.95	40.76	58560	PERFECT PRENATAL NEW	192	TAB	84.95	67.96
30183	SAMBUCUS SUGAR FREE	4 Z	LIQ	15.59	12.47	18324	WHITE OAK BARK	100	CAP	9.49	7.59	34393	COENZYM B FOOD CMP	90	TAB	50.95	40.76	66179	PROSTATE 5LX LIQUIDVCP	60	LVC	37.95	30.36
43719	SAMBUCUS SUGAR FREE	8 Z	LIQ	28.99	23.19	18325	WHITE WILLOW BARK	100	CAP	9.99	7.99	36006	COENZYM B FOOD CMP	180	TAB	70.95	57.76	65980	PROSTATE 5LX LVCAP	120	LVC	62.95	50.36
18299	SARSAPARILLA ROOT	100	CAP	11.49	9.19	29685	WHITE WILLOW BARK EXT	60	CAP	23.99	19.19	36137	COQ10 22 MG FOOD COM	60	VCA	79.95	63.96	66356	PROSTATE TAKE CARE LVC	60	LVC	37.95	30.36
29737	SAW PALM EXT STANDARDZ	60	SGC	18.49	14.79	24922	WILD YAM	100	CAP	10.69	8.55	58448	EVERY MAN II 40 +	48	TAB	44.95	35.96	58098	REISHI LIFESHIELD	60	CAP	37.95	30.36
24508	SAW PALMETTO BERRY CAP	100	CAP	15.99	12.79	18328	YELLOW DOCK ROOT	100	CAP	9.49	7.59	58449	EVERY MAN II 40 +	96	TAB	75.95	60.76	50067	RHODIOLA FORCE 100 MG	30	VCA	27.95	22.36
24509	SAW PALMETTO BERRY CAP	180	CAP	24.99	19.99	18329	YUCCA	180	CAP	15.49	12.39	58433	EVERY MAN NEW FORM	72	TAB	51.95	41.56	45520	RHODIOLA FORCE 300 MG	30	CAP	37.95	30.36
18300	SCHIZANDRA FRUIT	100	CAP	11.49	9.19							58434	EVERY MAN NEW FORM	120	TAB	81.95	65.56	61109	SEA BUCKTHORN FORCE	30	LVC	33.95	27.16
18301	SCULLCAP HERB	100	CAP	12.79	10.23							58432	EVERY MAN NEW FORM	48	TAB	36.95	29.56	67133	SEA BUCKTHORN FORCE LV	60	VCA	62.95	50.36
24626	SELENIUM 200 Y/F	100	CAP	10.15	8.12							61496	EVERY MAN ONE DAILY 40 +	48	TAB	49.95	39.96	36138	TINY TABS MULTIPLE	192	TAB	44.95	35.96
18302	SENNA LEAVES	100	VCA	9.49	7.59	50188	SILICA GEL CITRUS	17Z	GEL	35.99	28.79	61496	EVERY MAN ONE DAILY 40 +	48	TAB	49.95	39.96	64853	TURMERIC FORCE LIQVCP	120	LVC	63.95	51.16
33415	SHITAKE MAITAKE STD	60	CAP	17.99	14.39	18047	SWEDISH BIT 16.9Z	16.	LIQ	52.45	41.96	64214	EVERY MAN ONE DAILY 40 +	96	TAB	89.95	71.96	64852	TURMERIC FORCE LIQVCP	60	LVC	36.95	29.56
18304	SILENT NIGHT	100	CAP	11.49	9.19	18048	SWEDISH BITTERS	8.4	LIQ	31.35	25.08	61497	EVERY MAN ONE DAILY 40 +	/72	TAB	69.95	55.96	57365	WHOLEMEGA 1000 MG	60	SGC	31.95	25.56
18308	SLIPPERY ELM BARK	100	CAP	9.99	7.99	50854	SWEDISH BITTERS LIQ	33.	LIQ	81.85	65.48	61495	EVERY MAN ONE DAILY40 +	/24	TAB	27.95	22.36	57365	WHOLEMEGA 1000 MG	60	SGC	31.95	25.56
33969	SOY ISOFLAV STANDIZED	60	CAP	22.99	18.39							64215	EVERY MANS ONE DAILY	96	TAB	76.95	61.56	57438	WHOLEMEGA 1000 MG	120	SGC	59.95	47.96
18311	SPIRULINA	100	CAP	14.95	11.96							58446	EVERY MANS ONE NEW FRM	48	TAB	39.95	31.96	59837	WHOLEMEGA 1000 MG	180	SGC	83.95	67.16
33964	ST JOHNS WORT	180	CAP	17.49	13.99	36281	HAIR ASH BLONDE 8A	4.5	LIQ	17.99	14.39	58447	EVERY MANS ONE NEW FRM	72	TAB	59.95	47.96	57366	WHOLEMEGA 500 TINY	90	SGC	31.95	25.56
29683	ST JOHNS WORT 300 STD	90	CAP	17.99	14.39	36287	HAIR COPPER BLONDE 8C	4.5	LIQ	17.99	14.39	58445	EVERY MANS ONE NEW FRM	24	TAB	24.95	19.96	58101	WHOLEMEGA PRENATAL	90	SGC	31.95	25.56
30262	ST JOHNS WORT PERIKA	60	TAB	15.99	12.79	36272	HAIR DARK BLONDE 6N	4.5	LIQ	17.99	14.39	58444	EVERY WOMAN II 40 + NEW	96	TAB	75.95	60.76	35737	ZINC 30 MG FOOD CMP	60	TAB	29.95	23.96
18313	SUMA	100	CAP	15.49	12.39	36273	HAIR FIRE RED 9R	4.5	LIQ	17.99	14.39	58443	EVERY WOMAN II 40 + NEW	48	TAB	44.95	35.96	66639	ZYFLAMEND NIGHT LIQVCP	60	LVC	44.95	35.96
39540	SYSTEM WELL ULT IMMUN	90	TAB	20.59	16.47	36275	HAIR HAZELNT BLONDE 7N	4.5	LIQ	17.99	14.39	58435	EVERY WOMAN NEW FORM	24	TAB	21.95	17.56	66440	ZYFLAMEND PROSTATE LVC	60	LVC	48.95	39.16
50174	SYTRINOL 150 MG	60	SGC	27.99	22.39	36275	HAIR HONEY BLONDE 9N	4.5	LIQ	17.99	14.39	58436	EVERY WOMAN NEW FORM	48	TAB	36.95	29.56	67134	ZYFLAMEND WHOLE BD LVC	30	LVC	27.95	22.36
18316	THISILYN	100	CAP	36.99	29.59	36271	HAIR LIGHT CSNT BRN 5N	4.5	LIQ	17.99	14.39	58437	EVERY WOMAN NEW FORM	72	TAB	51.95	41.56	66523	ZYFLAMEND WHOLE BOD LV	180	LVC	100.95	80.76
18315	THISILYN	60	CAP	25.99	20.79	36276	HAIR LT DAWN BLNDE 10N	4.5	LIQ	17.99	14.39	61502	EVERY WOMAN ONE DLY 40 +	48	TAB	49.95	39.96	67026	ZYFLAMEND WHOLE BODY	60	LVC	44.95	35.96
44734	THISILYN CLEANSE MIN	KIT	KIT	31.99	25.59	36277	HAIR LT GOLDN CHTNT 5G	4.5	LIQ	17.99	14.39	61503	EVERY WOMAN ONE DLY 40 +	72	TAB	69.95	55.96	66444	ZYFLAMEND WHOLE LVCAP	120	LVC	72.95	58.36
44872	THISILYN SUPER	60	VCA	37.09	29.67	36274	HAIR WHT GERM BLNDE 8N	4.5	LIQ	17.99	14.39	61501	EVERY WOMAN ONE DLY40 +	/24	TAB	27.95	22.36						
29054	TRU OCP 75 MG	90	TAB	29.49	23.59							64217	EVERY WOMANS ONE DLY 40	96	TAB	89.95	71.96						
64071	TURMERIC EXT 750 MG	60	VCA	30.99	24.79							58439	EVERY WOMANS ONE NEW	24	TAB	24.95	19.96	59416	CANDIDIASIS YEAST PRO	1 Z	LIQ	19.00	17.10
45252	TURMERIC EXT STAND	120	TAB	42.99	34.39	65535	BEAUTY BURST CHOC MINT	60	CHW	19.99	15.99	58441	EVERY WOMANS ONE NEW	48	TAB	39.95	31.96	60256	CONVOLVULUS AVENS 10 X	1 Z	LIQ	16.00	14.40
29727	TURMERIC EXT STANDZ	60	TAB	23.99	19.19	64200	BEAUTY BURST FRUIT PUN	60	CHW	19.99	15.99	58442	EVERY WOMANS ONE NEW	72	TAB	59.95	47.96	39804	COUGH & ASTHMA # 2	1 Z	LIQ	16.00	14.40
52286	UMCKA A/F DROPS	2 Z	LIQ	28.99	23.19	64947	BEAUTY INFUSION CRANB	11.	PWD	34.95	27.96	64216	EVERY WOMANS ONE NEW	96	TAB	76.95	61.56	37837	DETOXIFIER	1 Z	LIQ	16.00	14.40
53876	UMCKA CHERRY CHEWABLE	20	CHW	15.59	12.47	64946	BEAUTY INFUSION TANG	11.	PWD	34.95	27.96	66231	GARLIC FORCE LIQUIDVCP	30	VCA	39.95	31.96	37838	JUMP START YOUR HEALTH	KIT	KIT	39.00	35.10
52289	UMCKA CHERRY SYRUP	8 Z	LIQ	28.99	23.19	66570	BIOTIN BURSTS ACAI BER	30	CHW	15.99	12.79	65674	GINGER FORCE LIQUIVCAP	60	LVC	35.95	28.76	66019	PRIME OF LIFE PRO	1 Z	LIQ	19.00	17.10
						56544	COLLAGEN + C POMEQ LIQ	16Z	LIQ	29.95	23.99	65821	GINGER FORCE LIQUIVCAP	30	LVC	25.95	20.76						



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Parasite Complex

A blend of herbs know to kill parasites. It can be used as a preventive, when traveling, camping, etc., or for treatment of acute infestations.

1 fl oz - Product Code: 56960

Who might benefit from this herbal supplement?

- Those who have parasite infestation or those who anticipate being exposed to parasites (travel, camping, etc.)

Dosage:

For Prevention: Use 60 drops, 2 times per day for a few days before travel and throughout the travel time. Continue for a few days after returning.

For acute parasitic infection: 60 - 90 drops 3-4 times per day for 1 month, or until symptoms stop and then for a few more days. Commonly, one can go into a dormant phase of parasitic infection and one needs to continue taking Parasite Complex during this phase. It is common to need to take this for at least one full month in order to kill all parasites in all their phases (eggs to maturity).

Ingredients:

Phyto-Tech™ Parasite Complex contains Quassia Wood, Black Green Walnut Hulls, Garra Herb Fresh, Clove Bud, Bayberry Root Bark, Alcohol Pure Grain, Water Pure Deionized

Phyto-Tech™ Parasite Complex can be used along with Phyto-Tech™ Oregano Oil 70.

Complimentary Formulas:

- Phyto-Tech™ Oregano Oil 70.

Passion Flower 1:3

Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.

1 fl oz - Product Code: 57058

Who might benefit from this herbal supplement?

- Those who suffer from stress and anxiety
- Those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents.

Ingredients:

Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (Passiflora incarnata), Grain Alcohol, Deionized Water, at a strength of 333 mg/ml (30 drops).

Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water.

Pau D'Arco Bark 1:3

Most often used today as a treatment for systemic Candida yeast infections.

1 fl oz - Product Code: 57004

Who might benefit from this supplement?

- Those suffering from Candida yeast infections
- Those suffering from weak immune function.

Ingredients:

Phyto-Tech™ Pau D'Arco Bark 1:3 contains Pau D'Arco Bark (Tabebuia impetiginosa), Pure Grain Alcohol, Deionized Water, 200 mg/ml (30 drops).

Dosage:

20-40 drops, 2-3 times per day or as needed in water.

Pelargonium

Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.

4 fl oz - Cherry Flavor - Product Code: 57729

Who would benefit from this herbal supplement?

- Those suffering from bronchitis, acute pharyngitis, or the common cold.

The use of Pelargonium sidoides extract is based on traditional use by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umckaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umckaloabo. He eventually recovered from his illness. Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract.

Ingredients:

Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg. Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed.

Reference:

Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)

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Oregon's Wild Harvest works overtime to deliver what nature intended all along...

Medicinal Herbs that are 100% USDA

Certified Organic

Capsules that are 100% USDA

Certified Organic

Ashwagandha, Astragalus, Cinnamon, Milk Thistle, Fenugreek, Echinacea, Valerian, Milk Thistle-Dandelion, Maca, & Nettle



Oregon's Wild Harvest's Biodynamic and Organic medicinal herb farming practices help assure that every capsule, tonic and extract, contain the healing power of nature; the way nature intended. Enjoy the benefits of our fast acting, restorative, health promoting, single and combinations formulas.





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Propolis Resin 1:5

Lead Free

1 fl oz - Product Code: 57072

Who might benefit from this herbal supplement?

- Those suffering from microbial infections.

Propolis is a tree resin that the bees use to coat their hive. It prevents bacterial infection in the hive and keeps the bees healthy.

Propolis is a very strong anti-microbial, bacterial and viral. It is important for the Propolis to be pretreated to remove lead toxicity as it naturally contains lead. Our Propolis is lead-free. Propolis is primarily an acute and first aid remedy. It is best in the acute mode of a cold or any other infection. Herbalists recommend Propolis for bronchitis, pneumonia and other respiratory infections.

Dosage:

General: 10-25 drops, 2-3 times per day or as needed in juice or water.

Acute: 20-30 drops every 2 hours to fight infection.

Red Yeast Rice Q10

A naturally fermented yeast strain shown to be especially supportive to cardiovascular health.

90 Veggie Caps - Product Code: 67464

Who might benefit from the use of this product?

- Those with high cholesterol, high triglycerides and other heart contitions.

Ingredients:

Each vegetarian capsule contains Certified Organic Red Yeast Rice (Monascus purpureus) 600mg, CoQ10 (Ubiquinone) 30mg. The capsule contains Modified Vegetable Cellulose.

Indications:

Red Yeast Rice is produced by fermenting yeast (Monascus purpureus) over rice. It has a long history of use in Chinese medicine to lower cholesterol, improve blood circulation, and help digestion. Studies report that Red Yeast Rice can lower low-density lipoprotein (LDL) cholesterol, total cholesterol, and triglycerides by inhibiting the enzyme HMG-CoA reductase, which helps the body make cholesterol. Red Yeast Rice naturally contains similar compounds (monacolins) as those contained in statin medications (pharmaceuticals used to lower cholesterol). The difference is that statins are synthetically manufactured drugs, whereas the compounds found in Red Yeast Rice are naturally occurring. Researchers are uncertain as to whether Red Yeast Rice is effective because of its natural statin-like compounds or if it is other constituents in it, such as sterols, isoflavones, and monounsaturated fatty acids, that are responsible.

It is important to avoid Red Yeast Rice products that may be low quality and may contain citrinin, a contaminate that can cause kidney failure and genetic damage to cells. Citrin is formed when Red Yeast Rice is not fermented properly. In addition, much of the Red Yeast Rice on the market, especially imported Red Yeast Rice, is processed with heat, which diminishes its activity. Phyto-Tech™ uses a high quality Organic Red Yeast Rice produced in the United States that is cold-processed in order to maintain purity, potency, safety, and a high activity level. Every batch is tested to insure no citrinin is present and monacolins are consistent as a natural product.

Because Red Yeast Rice is a natural type of statin and inhibits the enzyme in the body that is needed to make cholesterol, like statins drugs, it blocks the body’s ability to produce Coenzyme Q-10 (Co-Q10). If one is taking statin drugs or Red Yeast Rice, Co-Q10 should also be taken to avoid depletion. Co-Q10 is required for the production of energy

within every cell of our body and is critical for the health of all tissues and organs. It acts as a catalyst to the electron transport chain in the mitochondria of our cells where ATP (adenosine triphosphate) energy is produced. Co-Q10 is especially important for the health of the heart due to the organ’s high-energy demands. It can benefit anyone experiencing cardiovascular problems such as high blood pressure, high cholesterol, angina, arrhythmias or congestive heart failure. Co-Q10 improves overall heart function by enhancing energy production, inhibiting blood clot formation, improving the heart’s pumping action, and preventing the oxidation of LDL (bad cholesterol).

Contra-indications and Cautions: Pregnancy and Nursing

Dosage:

Take 1 capsule, 1-2 times per day, or as directed.

Reishi Mushroom 1:3

A powerful adaptogenic herb with proven immune enhancing activity.

1 fl oz - Product Code: 57063

Who might benefit from this herbal supplement?

- Those under constant, daily stress; those who suffer from frequent illness, those undergoing chemotherapy.

Ingredients:

Phyto-Tech™ Reishi Mushroom 1:3 contains Red Reishi Mushroom, Pure Grain Alcohol, Deionized Water, 250 mg/ml (30 drops).

Reishi Mushroom is for those under daily stress and want to avoid break down. Stress can bring on irritability, fatigue, weakened immune function, headaches, poor digestion, and elimination problems. Stress does not directly cause disease, but brings it on faster, usually along the lines of ones genetic, constitutional, predispositional or inherited weakness.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



NEXT NUTRITION					
36477	DESIG PRO FRN VAN	12Z	PWD	19.19	15.35
36468	DESIG PRT WHY CHCO	2LB	PWD	44.49	35.59
35648	DESIGNER PRO FRNCH VAN	2LB	PWD	44.49	35.59
26837	DESIGNER PROT CHOC	12Z	PWD	19.19	15.35

NORDIC NATURALS					
64945	C GUMMIES TANGERINE	60	CHW	13.49	10.79
45317	C L O ARCTIC LEMON	8 Z	LIQ	26.95	21.56
43372	C L O ARCTIC LEMON SGC	90	SGC	21.95	17.56
40110	C L O ARCTIC ORANGE	8 Z	LIQ	26.95	21.56
43188	C L O ARCTIC ORANGE	16Z	LIQ	47.95	38.36
42375	C L O ARCTIC PEACH	8 Z	LIQ	24.95	19.96
43374	C L O ARCTIC PLAIN	8 Z	LIQ	26.95	21.56
53374	C L O ARCTIC STRAW	16Z	LIQ	47.95	38.36
51120	C L O ARTIC W/D LEMON	8 Z	LIQ	27.95	22.36
54390	COD LIVER OIL ARTIC ST	8 Z	LIQ	26.95	21.56
55709	COD LIVER OIL LEM 1000	180	SGC	39.95	31.96
54819	COD LIVER OIL PET LIQ	8 Z	LIQ	25.95	20.76
62912	D3 1000 IU GUMMIES	60	CHW	13.49	10.79
56886	D3 1000IU ORANGE	120	SGC	16.95	13.56
66855	D3 400 IU GUMMIES KIDS	60	CHW	12.45	9.96
64943	D3 5000 IU SGC ORANGE	120	SGC	23.95	19.16
62153	D3 LIQ 1000 IU VEGAN	1 Z	LIQ	21.95	17.56
63969	DHA BABY LIQ VEG	1 Z	LIQ	29.99	23.99
58426	DHA BABYS LIQUID	2 Z	LIQ	15.95	12.76
50071	DHA CHILDRENS FORM 250	180	SGC	24.95	19.96
40947	DHA CHILDRENS FORM 250	90	SGC	14.95	11.96
55706	DHA CHILDRENS FORM 250	360	SGC	43.95	35.16
52920	DHA CHILDRENS LIQUID	8 Z	LIQ	26.95	21.56
52253	DHA CHILDRENS LIQUID	4 Z	LIQ	16.95	13.56
59823	DHA DAILY SGC	30	SGC	15.95	12.76
42377	DHA FORM 500 MG	90	SGC	28.95	23.16
66686	DHA FORMULA 500 MG	180	SGC	49.95	39.96
66137	DHA PRENAT 500 W/D STR	90	SGC	28.95	23.16
59834	DHA PRENATAL 500 MG	180	SGC	49.95	39.96
53377	DHA PRENATAL 500 MG	90	SGC	28.95	23.16
59726	DHA XTRA 1000 SGC	60	SGC	31.95	25.56
41007	EPA FORMULA LEMON	60	SGC	29.95	23.96
52919	EPA XTRA	60	SGC	39.95	31.96
67255	NORDIC BERR MULTI CHER	120	CHW	24.95	19.96
51989	NORDIC BERRIES MULTI	120	CHW	23.95	19.16
62152	NORDIC BERRIES MULTI	200	CHW	36.95	29.56
57752	NORDIC OMEGA 3 FISHIES	30	CHW	34.95	27.96
62035	NORDIC OMEGA 3 FISHIES	36	CHW	21.25	17.00
56173	NORDIC OMEGA 3 GUMMIES	60	CHW	22.95	18.36
62150	OMEGA 3 6 9 COMP XTRA	60	SGC	31.95	25.56
40949	OMEGA 3 6 9 COMPLETE	60	SGC	18.95	15.16
51004	OMEGA 3 6 9 COMPLETE	8Z	LIQ	29.95	23.96
50092	OMEGA 3 6 9 COMPLETE	120	SGC	33.95	27.16
54389	OMEGA 3 6 9 COMPLETE	180	SGC	47.95	38.36

58344	OMEGA 3 6 9 COMPLETE	16Z	LIQ	54.95	43.96
61649	OMEGA 3 6 9 COMPLETE D	60	SGC	19.95	15.96
61650	OMEGA 3 6 9 COMPLETE D	120	SGC	35.95	28.76
61648	OMEGA 3 6 9 JUNIOR D	90	SGC	20.95	16.76
56430	OMEGA 3 6 9 JUNIOR LIQ	4 Z	LIQ	25.95	20.76
54602	OMEGA 3 D3	8 Z	LIQ	26.95	21.56
58153	OMEGA 3 D3 SGC	60	SGC	18.95	15.16
53375	OMEGA 3 FORM 1000 MG	180	SGC	43.45	34.76
40948	OMEGA 3 FORM 1000 MG	60	SGC	17.95	14.36
45318	OMEGA 3 FORM 1000 MG	120	SGC	29.95	23.96
58427	OMEGA 3 GUMMY WORMS	30	CHW	24.95	19.96
50415	OMEGA 3 LIQ LEMON	8 Z	LIQ	25.95	20.76
53376	OMEGA 3 LIQUID LEMON	16Z	LIQ	45.95	36.76
53114	OMEGA 3 PET	90	SGC	19.95	15.96
67233	OMEGA 3 PET	180	SGC	35.95	28.76
59815	OMEGA 3 PET MED LG DOG	8 Z	LIQ	23.95	19.16
66139	OMEGA 3 POSTNATAL	60	SGC	34.95	27.96
50300	OMEGA 3 W/ FISH GELAT	60	FSG	19.95	15.96
61740	OMEGA ALGAE VEG	60	SGC	27.99	22.39
62151	OMEGA ALGAE VEG	120	SGC	49.95	39.96
56885	OMEGA BLOOD SUGAR	60	SGC	26.95	21.56
65251	OMEGA BOOST TROP MANGO	6 Z	LIQ	19.95	15.96
55707	OMEGA COMPLETE JUNIOR	180	SGC	35.95	28.76
50070	OMEGA COMPLETE JUNIOR	90	SGC	19.95	15.96
66713	OMEGA CURCUMIN	60	SGC	44.95	35.96
59822	OMEGA DAILY W/D3 SGC	30	SGC	15.95	12.76
58658	OMEGA JOINT EXTRA	90	SGC	51.95	41.56
55708	OMEGA LDL	60	SGC	29.95	23.96
67257	OMEGA MEMORY W/CURCUM	60	SGC	49.95	39.96
42307	OMEGA ONE W/D SGC	30	SGC	19.95	15.96
50093	OMEGA ULTIMATE	60	SGC	27.75	22.20
53378	OMEGA ULTIMATE	120	SGC	49.95	39.96
55117	OMEGA ULTIMATE	180	SGC	69.95	55.96
67254	OMEGA ULTIMATE + COQ10	60	SGC	38.95	31.16
66138	OMEGA ULTIMATE + COQ10	120	SGC	69.95	55.96
54587	OMEGA ULTIMATE 2X	60	SGC	49.95	39.96
53379	OMEGA ULTIMATE 500 MIN	60	SGC	34.95	27.96
61840	OMEGA ULTIMATE D3	120	SGC	51.95	41.56
55874	OMEGA ULTIMATE D3	60	SGC	28.95	23.16
59725	OMEGA ULTIMATE FISH GL	60	FSG	29.95	23.96
59820	OMEGA ULTIMATE JUNIOR	90	SGC	29.95	23.96
43371	OMEGA ULTIMATE LIQUID	4 Z	LIQ	41.95	33.56
53379	OMEGA ULTIMATE LIQUID	8 Z	LIQ	71.95	57.56
61399	OMEGA ULTIMATE XTRA	60	SGC	32.95	26.36
61400	OMEGA ULTIMATE XTRA LQ	4 Z	LIQ	44.95	35.96
55601	OMEGA VISION DHA EYE	60	SGC	49.95	39.96
41536	OMEGA WOMAN E P O	120	SGC	29.99	23.99
67256	PRENATAL DHA 500 D FSG	180	FSG	51.95	41.56
63716	PROBIOTIC 12 BILL+ PRE	60	CAP	29.95	23.96
66854	PROBIOTIC GUMMIES KIDS	60	CHW	19.95	15.96

NORTH AMERICAN HERB					
67394	BONEACTIV	120	CAP	39.99	31.99
67154	CLOVANOL	1 Z	LIQ	39.99	31.99
67066	HEMPANOL	1 Z	LIQ	49.99	39.99
28002	OREGAMAX	90	CAP	29.99	23.99
28001	OREGANO OIL .45 OZ	.45	LIQ	29.99	23.99
43390	OREGANOL CRM	2 Z	CRM	34.99	27.99
37098	OREGANOL OIL SUPER	1 Z	LIQ	69.99	55.99
37097	OREGANOL OREGANO JUICE	12Z	LIQ	19.99	15.99
65128	OREGANOL SUPER STRNGTH	60	SGC	39.99	31.99
38413	OREGANOL WILD	60	SGC	29.99	23.99
52592	OREGARESP	90	VCA	69.99	55.99
41972	OREGARESP OREGACYN VCA	30	VCA	29.99	23.99
50487	ROYAL POWER	120	CAP	39.99	31.99
54619	SINUOREGA	1 Z	SPY	19.99	15.99

NOW FOODS					
38807	5 HTP 100 MG	120	VCAP	35.95	28.76
61031	5 HTP 100 MG CHW	90	CHW	27.99	22.39
53697	5 HTP 200 MG + TAUR	60	VCA	33.99	27.19
44403	5 HTP 50 MG	90	CAP	17.99	14.39
61433	7 KETO 100 MG	120	VCA	69.99	55.99
59104	7 KETO 100 MG LEANGEL	60	SGC	39.99	31.99
62621	7 KETO 100 MG LEANGELS	120	SGC	69.99	55.99
41974	7 KETO DHEA 25 MG	90	CAP	21.99	17.59
43758	A 25000 IU	250	SGC	17.99	14.39
56470	AAKG 3500 ARGIN ALP K	180	TAB	49.99	39.99
56761	ACAI POWDER ORGANIC	3 Z	PWD	25.99	20.79
55743	ACETYL L CARNITINE 500	100	CAP	29.99	23.99
43946	ACIDOPH BIFIDUS	120	CAP	27.99	22.39
40955	ACIDOPHILUS STABILIZED	180	CAP	25.99	20.79
44032	ADAM MENS MULTIPLE TAB	120	TAB	43.99	35.19
51491	AHCC 500 MG	60	VCA	82.99	66.39
67246	AHCC 750 MG	60	VCA	114.99	91.99
50869	ALLIBIOTIC CF	60	SGC	21.99	17.59
61607	ALMOND OIL ORGANIC	8 Z	LIQ	23.99	19.19
56580	ALMOND OIL SWEET	16Z	OIL	12.99	10.39
38476	ALOE VERA 5000 MG SGC	100	SGC	13.99	11.19
58842	AMINO 9 ESSENTIALS PWD	11.	PWD	43.99	35.19
29660	AMINO COMPLETE	360	CAP	35.99	28.79
43388	ANTIOXIDANT SUPER VCAP	120	VCA	37.99	30.39
54036	APPLE CIDER VINGAR 450	180	CAP	13.99	11.19
37491	APRICOT KERNEL OIL	16Z	LIQ	11.99	9.59
61610	ARGAN OIL ORGANIC	2 Z	LIQ	16.99	13.59
45264	ARGININE 1000 MG	120	TAB	27.99	22.39
41091	ARGININE 500 MG	100	CAP	11.99	9.59
53604	ARGININE 500 MG	250	CAP	23.99	19.19
57139	ARGININE ORNITHINE	100	CAP	17.99	14.39
38344	ARGININE PWD	1LB	PWD	39.95	31.96
56214	ARTICHOKE EXT 450 MG	90	VCA	16.99	13.59
44239	ASCORBYL PALMITATE 500	100	VCA	17.99	14.39

56216	ASHWAGANDA EXT 450 MG	90	VCA	16.99	13.59
67120	ASTAXANTHIN 10 MG	60	SGC	39.99	31.99
60039	ASTAXANTHIN 4 MG	90	SGC	29.99	23.99
59246	ASTAXANTHIN 4 MG VEG	60	VSG	19.99	15.99
61609	AVOCADO OIL	16Z	LIQ	15.99	12.79
43416	B 100 CAPS	250	CAP	43.99	35.19
36644	B 50 CAP	100	CAP	12.99	10.39
36645	B 50 CAP	250	CAP	27.99	22.39
53013	B12 1000 MCG LIQ FRUIT	2 Z	LIQ	9.99	7.99
53247	B12 1000 MCG METHYL	100	LOZ	11.99	9.59
38990	B12 1000 W/FOLIC ACID	250	LOZ	15.99	12.79
56965	B12 10000 METHYL LOZ	60	LOZ	34.99	27.99
41993	B12 5000 METHYLCOBAL	60	LOZ	25.99	20.79
52298	B12 ULTRA LIQ 5000 MCG	4 Z	LIQ	15.99	12.79
54185	BALSAM FIR NEEDLE OIL	1 Z	LIQ	11.99	9.59
41471	BASIL OIL	1 Z	LIQ	12.99	10.39
60598	BCAA PWD	12Z	PWD	43.99	35.19
59593	BENTONITE CLAY POWDER	1LB	PWD	19.99	15.99
41058	BERGAMOT OIL	1 Z	LIQ	14.99	11.99
66279	BERRYDOPHILUS 10B CHW	50	CHW	24.99	19.99
56469	BETA ALANINE POWDER	500	PWD	44.99	35.99
42170	BETA GLUCAN 1 3 100 MG	90	VCA	19.99	15.99
59925	BETA GLUCANS 250 XTRA	60	VCA	24.99	19.99
61951	BETA SITOSTEROL PLANT	180	SGC	47.99	38.39
61950	BETA SITOSTEROL PLANT	90	SGC	24.99	19.99
40706	BETAINE HCL 648 MG	120	CAP	19.99	15.99
61781	BIOTIN 5000 MCG VCAP	120	VCA	17.99	14.39
41994	BIOTIN 5000 VCAP	60	VCA	9.99	7.99
52905	BLACK CHERRY EXT	90	VCA	19.99	15.99
63353	BLACK COHOSH 80 W/LIC	90	CAP	13.99	11.19
54434	BLOOD PRESSURE HEALTH	90	VCA	29.99	23.99
36162	BONE MEAL PWD	16Z	PWD	17.99	14.39
53954	BONE STRENGTH	240	CAP	27.99	22.39
41984	BONE STRENGTH SLIM	120	CAP	14.99	11.99
37642	BORAGE OIL 240 MG	60	SGC	16.99	13.59
28647	BORAGE OIL 240 MG	120	SGC	31.99	25.59
52659	BORON 3 MG	250	CAP	15.99	12.79
56217	BOSWELLIA EXT 250 MG	120	CAP	26.99	21.59
65531	BOSWELLIA W/ MCT OIL	90	SGC	24.99	19.99
39926	BRAIN ELVATE	60	VCA	21.99	17.59
56197	BRANCHED CHAIN AMINO	120	CAP	25.99	20.79
56209	BREWERS YEAST	1LB	PWD	12.99	10.39
39054	BROMELAIN 500 MG VCAP	60	VCAP	15.99	12.79
51495	BUTTERBUR 75 MG	60	VCA	25.99	20.79
54806	C 1000 ALGASORB BUFF	120	TAB	29.99	23.99
51425	C 1000 CMP BUFF S/R	90	TAB	15.99	12.79
39532	C 1000 SR ROSE HIPS	250	TAB	25.99	20.79
53286	C 1000 SR ROSE HIPS	100	TAB	11.99	9.59
33110	C 1000 W/BIO	100	CAP	12.99	10.39
30176	C 1000 W/BIO FLAV	500	CAP	53.99	43.19
36649	C 1000 W/BIOFLAV 100	250	CAP	27.99	22.39
51276	C 500 COMPLEX	100	TAB	9.99	7.99



Probiotics and Prebiotics Help Athletes Recover After Strenuous Exercise

Probiotics and Muscle Recovery

Probiotics do more than boost the immune response and improve digestion. They have been shown to reduce inflammation after exercise, for example, which enhances recovery.

There is little information about the effects of probiotics on post-exercise inflammation, but this new study changes that. In the study, 15 healthy resistance-trained men took a placebo or *S. thermophiles* and *Bifidobacterium breve* at 5-billion live colony-forming units (CFUs) each, daily for three weeks prior to muscle-damaging exercise.

After the exercise, while there were no changes for placebo, those in the probiotics group had lower levels of an important inflammatory factor, interleukin-6 (IL-6), which reduced recovery time. Doctors saw the anti-inflammatory benefit through two days after the test. Also during recovery, the probiotics group saw muscle strength increase from 8 to 12 percent, and reported less fatigue than placebo.

(Reference: *Nutrients*; 2016, Vol. 8, No. 10, 642)

Prebiotic and Probiotic Supplementation Reduces Post-Exercise Toxins and Inflammation.

After rigorous exercise, the gut can become more permeable, allowing waste products and infectious organisms to cross this barrier into the bloodstream, triggering an inflammatory response.

In this study, 30 recreational athletes took a placebo, or 400 mg of the prebiotic fructooligosaccharides (FOS) plus 30 billion CFUs total of four probiotics per day, or this combination plus 200 mg of alpha lipoic acid and 300 mg of N-acetyl carnitine per day.

After 12 weeks, participants swam 1.1 miles, biked 111 miles, and ran 26.2 miles in a triathlon. Both before and after the race, levels of toxins and inflammatory molecules were lower in both supplement groups while increasing for placebo. After the race, gut permeability had increased for placebo but remained stable in the two supplement groups. Those taking the prebiotics (FOS) and probiotics also tended to have faster race times.

Doctors concluded a multi-strain pre-and-probiotic can help maintain gut stability and reduce inflammation after heavy exercise.

(Reference: *Nutrients*; 2016, Vol. 8, No. 11, 733)



www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them. . . . and remember to visit Don's Blog www.dongoldberg.com

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

nutrex HAWAII More Nutrition. Better Health. Purely Hawaiian.®



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Conversely, the release of stress promotes healing. Reishi Mushroom is best used over the long-term (one month or more). It can be valuable to those suffering from chronic fatigue syndrome.

Dosage:

20-60 drops, 2-3 times per day or as needed in juice or water.

Relax AM

A blend of Kava Kava and other anti-anxiety, relaxing herbs that calm and sooth the mind without inducing drowsiness or mental fog. This is the perfect herbal supplement to use during the day, therefor, during periods of emotional stress.

1 fl oz - Product Code: 56963

2 fl oz - Product Code: 57019

Who might benefit from this herbal supplement?

- Those with anxiety, nervous irritability, panic attacks and over-active minds
- Those under emotional stress.
- Those with insomnia due to over-activity and stress during the day.
- Those with performance anxiety, ranging from public speaking to sex.
- Those with mild depression associated with anxiety or severe stress.
- For those with insomnia, Phyto-Tech™ Relax PM is a perfect supplement to use along with this, in the evening.

Ingredients:

Phyto-Tech™ Relax AM contains Kava Kava Root Vanuatu, Kava Kava Root Hawaiian, Passion Flower, St. John's Wort Flowers, Lobelia Herb Fresh, Pulsatilla Herb Fresh, Alcohol Pure Grain, Water Pure Deionized

Relax AM synergistically combines the wonderful benefits of

Kava Kava with the potentiating benefits of the powerful anti-anxiety herbs Pulsatilla and fresh Lobelia extract. This formula reduces anxiety, nervous irritability, compulsive thinking and panic attacks. Similar in action to benzodiazipine drugs (valium, xanax, klonipin, halcion) Relax AM will calm and soothe the mind and soul when going through difficult times emotionally and mentally, yet does not interfere with cognitive function for staying alert and clear. Relax AM helps insomnia when the mind will not calm down, yet one is tired or exhausted. It will help light sleepers by helping one go beyond REM sleep and into deeper sleep stages where rest and healing occur. Relax AM is calming, and appeals to those needing a safe way to relax. Relax AM may help reduce depression if associated with anxiety or severe stress. Relax AM can help performance anxiety from activities ranging from public speaking to sex

Complimentary Formulas:

- Phyto-Tech™ St. John's Complex (a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, and Fresh Pulsatilla Herb (if depression accompanies the anxiety)
- Phyto-Tech™ St. John's Wort 1:2 (if depression accompanies the anxiety)
- Phyto-Tech™ Relax PM (to help sedate the whole nervous system)
- Phyto-Tech™ Ginseng Energy Blend (if exhaustion and deficiency is present)

Relax PM

A blend of Valerian and other herbs designed to promote sleep, relaxation and pain relief, especially in the evening and at night.

1 fl oz - Product Code: 56959

Alcohol Free - 1 fl oz - Product Code: 57025

Who might benefit from this herbal supplement?

• Those with insomnia will find this supplement very helpful. It induces relaxation, lessens anxiety, and can reduce pain. It has a muscle relaxant action. Relax PM slows mental activity, and thus is best used at night. For daytime use, the Phyto-Tech™ Relax AM formula is recommended.

Ingredients:

Phyto-Tech™ Relax PM contains Valerian Root, Fresh, Hops Strobiles, Kava Kava Root, Vanuatu, Passion Flower, Chamomile Flowers, Lobelia Herb, Fresh, Pulsatilla Herb, Fresh, Alcohol, Pure Grain, Water, Pure Deionized

Dosage:

Sleep: 60 - 120 drops in water or juice every 30-60 minutes, 1/2 hour before bed time until asleep. Can repeat if wake up. OK with other sleeping aids or protocols. Acute Pain: 60 - 120 drops in water or juice every hour or as needed to control pain. General Use: 30 - 60 drops in water or juice 2-3 times per day or as needed

Complimentary Formulas:

- Phyto-Tech™ Relax AM or Phyto-Tech™ Anxiety Complex (if anxious or mind races, toss and turn)
- Phyto-Tech™ Valerian Root 1:2 (if need more sedation)
- Phyto-Tech™ Kava Root 1:2 (if anxious or mind races)
- Phyto-Tech™ St. Johns Wort (for depression, pain)

Respiratory Complex

A blend of antimicrobial, decongestant, bronchopulmonary healing herbs.

1 fl oz, Product Code: 5695

Alcohol Free - 1 fl oz - Product Code: 57027

Child Friendly - 1 fl oz - Product Code: 56956

60 Veggie Caps (Liquid Fill) - Product Code: 57089

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



54553	C CRYSTALS ASC AC PWD	8 Z	PWD	14.99	11.99	42730	COQ10 150 MG W/LECIT	100	VCA	47.99	38.39	53282	E CREAM 28000 IU	4 Z	CRM	14.99	11.99	61787	GLUCOSAMINE 1000 VEG	90	VCA	21.99	17.59
36646	C CRYSTALS ASCORBIC AC	1LB	PWD	27.99	22.39	59021	COQ10 200 MG VCAP	60	VCA	39.99	31.99	53014	E OIL 2X 32 000 IU	1 Z	LIQ	17.99	14.39	41553	GLUTAMINE 1000 MG	120	CAP	19.99	15.99
39485	CAL CITRATE 300 MG	250	TAB	25.99	20.79	27302	COQ10 30 MG	120	CAP	18.99	15.19	39059	E OIL 54600 IU	4 Z	LIQ	24.99	19.99	36154	GLUTAMINE PURE	6 Z	PWD	17.99	14.39
36652	CAL CITRATE PURE PWD	8 Z	PWD	11.99	9.59	38456	COQ10 50 MG E SELENIUM	100	SGC	29.99	23.99	30177	E P O 1300 MG SUPER	120	SGC	24.99	19.99	35305	GLUTATHIONE 250 RED	60	CAP	25.99	20.79
35620	CAL MAG 1000 500	100	TAB	9.99	7.99	52292	COQ10 60 MG VCAP	60	VCA	17.99	14.39	56178	EASY CLEANSE KIT N	KIT	KIT	23.99	19.19	59114	GLUTATHIONE 500 MG	60	VCA	43.99	35.19
38109	CAL MAG CITRATE POWDER	8 Z	PWD	12.99	10.39	51284	COQ10 60 MG W/OMEGA 3	120	SGC	33.99	27.19	43683	ECHIN GOLDENSEAL RT	100	CAP	14.99	11.99	54802	GLUTEN DIGEST	60	VCA	19.99	15.99
54432	CAL MAG DK	180	CAP	23.99	19.19	52877	COQ10 AGE DEFYING SER	1 Z	LIQ	19.99	15.99	65964	ECO GREEN VCAP W/O FE	90	VCA	21.99	17.59	28019	GLYCERINE VEGETABLE	16Z	LIQ	8.99	7.19
42510	CAL MAG W/D SGC	240	SGC	25.99	20.79	52876	COQ10 ANTI OX CRM AGE	2 Z	CRM	19.99	15.99	61702	EFFER C ELDERBERRY PAK	30	PAK	12.99	10.39	36157	GLYCINE PWD	1LB	PWD	25.99	20.79
43013	CALCIUM CARBONATE PWD	12Z	PWD	9.99	7.99	52471	COQ10 LIQ 100 MG ORANG	4 Z	LIQ	21.99	17.58	45672	EGCG GREEN TEA EXT	100	CAP	14.99	11.99	64405	GPLC GLYCOCARN NO	60	VCA	39.99	31.99
41389	CALCIUM CITRATE NOW/10	100	TAB	11.99	9.59	60060	CORAL CAL PLUS MAG & D	250	VCA	33.99	27.19	66086	EGGSHELL MEMBRANE 500	60	VCA	49.99	39.99	41978	GR 8-DOPHILUS	60	VCA	17.99	14.39
41983	CALCIUM CITRATE 150	120	VCA	13.99	11.19	41981	CORAL CALCIUM W/ MAG + D	100	VCA	15.99	12.79	55542	EGGWHITE PROT PWD PURE	1LB	PWD	34.99	27.99	36663	GRAPE SEED ANTIOX 60	90	VCA	13.95	11.16
43233	CANDIDA SUPPORT	90	VCA	19.99	15.99	38595	CRANBERRY CONC	100	CAP	16.99	13.59	39535	ELDERBERRY ZINC ECHIN	4 Z	LIQ	16.99	13.59	51373	GRAPE SEED EXT 100 MG	200	VCA	37.99	30.39
59125	CANDIDA SUPPORT	180	VCA	35.99	28.79	61162	CRANBERRY MANNOSE + PR	24	PAK	32.99	26.39	39780	ELDERBERRY ZINC LOZ	90	LOZ	15.99	12.79	36951	GRAPE SEED EXT 100 MG	100	VCA	19.99	15.99
36149	CARNITINE 500 MG	60	CAP	25.99	20.79	64942	CURCUBRAIN 400 LONGVID	60	VCA	39.99	31.99	39922	ENERGY	90	CAP	19.99	15.99	55310	GRAPE SEED EXT 60 MG	180	VCA	25.99	20.79
36199	CARNITINE 500 MG	180	CAP	65.99	52.79	56218	CURCUMIN 700 MG	120	VCA	49.99	39.99	59250	EUCALYPTUS OIL	2 Z	LIQ	8.99	7.19	31251	GRAPE SEED OIL	16Z	LIQ	10.99	8.79
39915	CARNITINE LIQ 1000 MG	16Z	LIQ	22.99	18.39	59324	CURCUMIN BIO PHYTSOME	60	VCA	31.99	25.59	36177	EUCALYPTUS OIL	4 Z	LIQ	12.99	10.39	41477	GRAPEFRUIT OIL	1 Z	LIQ	9.99	7.99
51498	CARNOSINE 500 MG	50	VCA	29.99	23.99	52111	CURCUMIN EXT	60	VCA	27.99	22.39	41054	EUCALYPTUS OIL ORG.	1 Z	LIQ	8.99	7.19	53064	GRAVIOLA 500 MG	100	VCA	13.99	11.19
32995	CAROTENE 25000	180	SGC	29.99	23.99	65741	CURCUMIN SGC 450 MG	60	SGC	27.99	22.39	59581	EVENING PRIMROSE OIL	4 Z	OIL	16.99	13.59	54382	GREEN TEA POM DAY CRM	2 Z	CRM	8.99	7.19
59059	CASTOR OIL	16Z	LIQ	8.99	7.19	67471	CYRESSS OIL NOW	1 Z	LIQ	9.99	7.99	59030	EYE CRM CORRECT 2 IN 1	1 Z	CRM	17.99	14.39	54383	GREEN TEA POM NIGHT CR	2 Z	CRM	9.99	7.99
51007	CELADRINE LIPOS CRM	4 Z	CRM	19.95	15.96	27301	CYSTINE 500 MG	100	TAB	18.99	15.19	63084	FACIAL TONER CLAR ILL	8 Z	CRM	15.99	12.79	54379	GREEN TEA POM PURIFY TO	8 Z	LIQ	9.99	7.99
63817	CHEER UP BUTTERCUP OIL	1 Z	LIQ	12.99	10.39	55142	D 1000 VCAP	120	VCA	9.99	7.99	41990	FLAX OIL 1000 LIGNAN	120	SGC	12.99	10.39	54414	GTF CHROMIUM 200 MCG	250	TAB	13.99	11.19
65330	CHEST RUB RELIEF	2 Z	CRM	8.99	7.19	50507	D MANNOSE 500 MG	120	CAP	31.99	25.59	54871	FLAX OIL 1000 ORGANIC	250	SGC	23.99	19.19	56219	GYMNEMA SYLVESTRE 400	90	CAP	14.99	11.99
39823	CHITOSAN 500 MG CHROM	120	CAP	19.99	15.99	50508	D MANNOSE PWD	3 Z	PWD	31.99	25.59	54870	FLAX OIL 1000 ORGANIC	100	SGC	10.99	8.79	63848	HAIR SKIN NAILS	90	CAP	29.99	23.99
51830	CHLOROPHYLL LIQ MINT	16Z	LIQ	17.99	14.39	55594	D RIBOSE 1500 MG CHW	90	CHW	35.99	28.79	41392	FRANKINCENSE OIL	1 Z	LIQ	9.99	7.99	53628	HAWTHORN 550 MG	100	CAP	9.99	7.99
60562	CHOLESTEROL PRO	120	TAB	54.99	43.99	53019	D RIBOSE 750 MG CAP	60	CAP	18.99	15.19	53275	FULL SPECTRUM MIN CAP	120	CAP	15.99	12.79	66635	HMB 500 MG PATENTED	120	CAP	39.99	31.99
60247	CHOLESTEROL PRO	60	TAB	29.99	23.99	57122	D RIBOSE POWDER	8 Z	PWD	39.99	31.99	40480	GABA 500 MG	100	CAP	12.99	10.39	57117	HYALURONIC ACID 100 MG	60	VCA	29.99	23.99
57690	CHOLINE/INOSITOL	100	CAP	12.99	10.39	55325	D3 & K2 1000/45	120	VCA	12.99	10.39	55148	GABA 750 MG	100	VCA	17.99	14.39	45066	HYALURONIC ACID 50 MG	60	VCA	19.99	15.99
67379	CHONDROITIN SULF 600	120	CAP	35.99	28.79	43559	D3 1000 IU	180	SGC	8.99	7.19	51875	GARLIC OIL 1500 MG	250	SGC	12.99	10.39	52939	HYALURONIC ACID AM	2 Z	CRM	18.99	15.19
36167	CHROM PICOL 200 MCG	250	CAP	14.99	11.99	58883	D3 1000 IU CHW FRUIT	180	CHW	11.99	9.59	53017	GARLIC SUPER ODORESS	90	CAP	14.99	11.99	60430	HYALURONIC ACID LIQ	16Z	LIQ	29.99	23.99
50045	CINNAMON BARK 600 MG	120	CAP	12.99	10.39	56755	D3 2000 IU	240	SGC	16.99	13.59	31250	GELATIN BEEF PWD	1LB	PWD	13.99	11.19	52875	HYALURONIC ACID SERUM	1 Z	LIQ	19.99	15.99
33024	CINNAMON OIL (CASSIA)	1 Z	LIQ	8.99	7.19	53496	D3 2000 SGC	120	SGC	8.99	7.19	35760	GELATIN CAPS #3	000	CAP	14.99	11.99	41394	HYSSOP OIL	1 Z	LIQ	31.99	25.59
52962	CITRULLINE 750 MG	90	CAP	27.99	22.39	58884	D3 5000 IU CHW MINT	120	CHW	14.99	11.99	24072	GELATIN CAPS 'O'	000	CAP	12.99	10.39	65146	IGF 1 EXTREME SPRAY	2 Z	SPY	59.99	47.99
60212	CITRULLINE PURE PWD	4 Z	PWD	34.99	27.99	55883	D3 5000 SGC	120	SGC	12.99	10.39	34422	GELATIN CAPS 'OO'	750	CAP	16.99	13.59	41324	IGF1 SPRAY	1 Z	SPY	29.99	23.99
30422	CITRUS BIOFL 700 C RUT	100	CAP	14.99	11.99	61033	D3 BODY CREAM	4 Z	CRM	9.99	7.99	59897	GENTLE SCRUB C & ORYZA	4 Z	CRM	8.99	7.19	51493	IMMUNE RENEW	90	VCA	19.99	15.99
37077	CLA 800 MG	90	SGC	19.95	15.96	56538	D3 LIQUID	2 Z	LIQ	9.99	7.99	41475	GERANIUM OIL	1 Z	LIQ	19.99	15.99	53143	INOSITOL 500 MG	100	CAP	9.99	7.99
41995	CLA 800 SGC	180	SGC	35.99	28.79	41980	DAILY VITS MULTI TAB	100	TAB	14.99	11.99	41476	GINGER OIL	1 Z	LIQ	10.99	8.79	51477	INSTANT ENERGY B12 PAK	75	PAK	14.99	11.99
50773	CLA EXTREME	90	SGC	31.99	25.59	51488	DAIRY DIGEST COMPLETE	90	VCA	19.99	15.99	52884	GINKGO BILOBA 120 MG	200	VCA	36.99	29.59	39252	INULIN	8 Z	PWD	11.99	9.59
41474	CLARY SAGE OIL	1 Z	LIQ	18.99	15.19	63772	DARK SPOT SERUM	1 Z	LIQ	15.99	12.79	36768	GINKGO BILOBA 60 MG	120	CAP	16.99	13.59	38887	IPRIFLAVONE 300 MG	90	CAP	19.99	15.99
59899	CLEANS GEL C MANUK HON	8 Z	GEL	9.99	7.99	50041	D-FLAME	90	VCA	25.99	20.79	66766	GLUCOMANNAN PURE PWD NO	8 Z	PWD	19.99	15.99	44765	IRON COMPLEX	100	TAB	9.99	7.99
63816	CLEAR THE AIR OIL BLND	1 Z	LIQ	12.99	10.39	39947	DGL 400 MG	100	LOZ	14.99	11.99	35846	GLUCOS 1000 MG	60	CAP	12.99	10.39	36666	ISOFLAVONES SOY 300 MG	120	VCAP	35.99	28.79
63086	CLINICAL GI PROBIOTIC	60	VCA	29.99	23.99	43312	DHA 250	120	SGC	19.99	15.99	37659	GLUCOS CHOND 2X	240	TAB	77.99	62.39	41060	JASMINE ABSOLUTE OIL	1 Z	LIQ	26.99	21.59
36194	COCOA BUTTER	7 Z	LIQ	8.99	7.12	56539	DHA 500 MG SGC	90	SGC	26.99	21.59	36667	GLUCOS CHOND 2X	120	TAB	45.99	36.79	36190	JOINT & MUSCLE CRM	4 Z	CRM	14.99	11.99
52290	COCOA BUTTER LOTION	8 Z	LOT	8.99	7.19	58004	DIGEST ULTIMATE PLATIN	60	VCA	25.99	20.79	38918	GLUCOS CHOND MSM	180	CAP	43.99	35.19	36197	JOJOBA OIL	4 Z	LIQ	12.99	10.39
27256	COCOA BUTTER W/JOJOBA	6.5	CRM	9.99	7.99	56272	DIGEST ULTIMATE PLATIN	120	VCA	45.99	36.79	39925	GLUCOS CHOND MSM	90	CAP	23.99	19.19	35806	JOJOBA OIL PURE	16Z	LIQ	39.99	31.99
51216	COCOA PWD ORGANIC	14Z	PWD	9.99	7.99	44957	DMAC 250 MG	100	VCA	13.99	11.19	40954	GLUCOS CHOND MSM LIQ	16Z	LIQ	21.99	17.59	64697	JOJOBA OIL PURE ORGANC	4 Z	LIQ	14.99	11.99
66642	COCONUT OIL LIQ PURE	16Z	OIL	16.99	13.59	43574	DMG 125 MG	100	CAP	14.99	11.99	29781	GLUCOS CHOND SFL	120	CAP	31.95	25.56	54807	K200 MCG	100	VCA	14.99	11.99
36163	COLLOIDAL MINERAL	32Z	LIQ	19.99	15.99	56760	DOPA MUCUNA 400 MG	90	VCA	19.99	15.99	38854	GLUCOS CHOND SULF 2X	60	TAB	24.99	19.99	53023	KAVA KAVA EXTRACT250	60	CAP	19.99	15.99
38670	COLOSTRUM 500 MG	120	CAP	23.99	19.19	44101	E 200 ALPHA	100	SGC	11.99	9.59	51424	GLUCOS MSM 500/500 VEG	240	VCA	39.99	31.99	41901	KELF 325 MCG	250	CAP	15.99	12.79
38258	COQ10 100 MG HAWTHORN	90	VCA	35.99	28.79	53045	E 400 D ALPHA SGC	250	SGC	39.99	31.99	42832	GLUCOS MSM 500/500 VEG	120	VCA	21.98	17.58	50257	KELP PWD	8 Z	PWD	8.99	7.19
38253	COQ10 100 MG W/E 30	50	GEL	21.99	17.59	36650	E 400 MIXED	100	SGC	17.99	14.39	38132	GLUCOS MSM 550/250	180	CAP	33.99	27.19	54284	LANOLIN LIQUID PURE	4 Z	LIQ	9.99	7.99
38458	COQ10 100 MG W/E 30	150	SGC	55.99	44.79	36651	E 400 MIXED	250	GEL	39.99	31.99	38105	GLUCOS MSM ARNICA LOT	8 Z	GEL	16.99	13.59	51831	LANOLIN OIL PURE	7 Z	OIL	11.99	9.59
35759	COQ10 100 MG W/HAWTH	180	VCAP	61.99	49.59	41977	E 400 MIXED W/SELENIUM	100	SGC	21.99	17.59	30192	GLUCOS SULF 750 MG	120	CAP	19.99	15.99	59923	LAVENDER & TEA TREE	1 Z	LIQ	9.99	7.99

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Like you, our skin and hair supplements reflect beauty, integrity and strength. Quality is important, so we deliver premium collagen and keratin ingredients that are easy to absorb and clinically tested.[§]

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[§]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who might benefit from this herbal supplement?

- Those suffering from acute colds, flue, sinus infections, asthma, bronchitis, pneumonia, and general lung congestion;
- Those who smoke; those with excess mucous in the lungs;
- Those who get sick easily and are exposed to sources of infection.

Ingredients:

Phyto-Tech™ Respiratory Complex Veggie Caps contains Fresh Osha Root, Fresh Yerba Santa Leaf, Lomatium Root, Garlic Bulb, Mullein Leaf, Thyme Herb, Licorice Root, Oregon Grape Root, Echinacea purpurea Flowering Tops, Wild Cherry Bark, Ginger Root, Oregano Oil. Phyto-Tech™ Respiratory Complex Liquid, regular and alcohol free, is similar, but does not contain the Oregano Oil. Oregano Oil add some additional antimicrobial action to the blend.

Respiratory Complex is a great respiratory remedy for acute colds, flu, sinus infections, asthma, bronchitis, pneumonia, smokers’ lung, pneumocystis and general lung congestion. It is a powerful lung macrophage (white blood cell) stimulant to help the lung powerfully address viral and bacterial conditions. It helps clear the lungs of congestion in order to resolve lingering mucus that wants to be expelled. Herbalists believe that If mucus stays in the lungs too long, it becomes a breeding ground for viruses and bacteria to continually live, thus prolonging recovery from colds and flues.

For colds and flu, Respiratory Complex is a powerful and immediate lung white blood cell stimulant (Osha, Lomatium). Phlegm is loosened with Licorice, the chest cavity is opened with Lobelia, lungs relax with Wild Cherry and Mullein and Yerba Santa excites the lung cilia to remove the phlegm. This is especially good for spastic cough.

The formula is very effective as a preventive for those who get sick easily and/or anticipate exposure to others who are

sick. Taking Respiratory Complex, along with Echinacea, at the initial onset of a respiratory illness can be very effective in reducing the severity and duration of the condition.

Rhodiola 5 (Standardized)

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

Standardized Liquid Extract - 1 Fl oz - Product Code: 57032
Standardized Fresh Ground Capsule
60 Veggie Caps - Product Code: 67460

Who might benefit from this herbal supplement?

- Those suffering from low energy or fatigue;
- Those who suffer from mental fog, poor memory, or learning problems;
- Those who are looking to increase their stamina, endurance and athletic performance;
- Those who are under high stress; those with sexual or fertility problems.

Ingredients:

Phyto-Tech™ Rhodiola 5 liquid extract contains Rhodiola Rosea standardized to 5% Rosavin, Alcohol Pure Grain, Water Pure Deionized, per 1 ml (30 drops). Phyto-Tech™ Rhodiola veggie caps contains Imported Rhodiola Root Extract standardized to a minimum of 5% rosavins, 500 mg per capsule. The veggie cap contains modified vegetable cellulose, natural silica. Rhodiola as been associated with the following properties: Adaptogenic, Adrenal Tonic, Mood Enhancing, Anti-Depressant

Indications:

Rhodiola rosea, also known as golden root, arctic root or roseroot, has been used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders. Numerous studies have proved Rhodiola to be a powerful adaptogen that increases ones resistance to chemical, biological, and physical stressors and protects the body from breakdown due to chronic stress. Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, and memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

A study involving 56 healthy male and female physicians working the night shift (age 24-35) were given 170 mg of Rhodiola extract for 6 weeks. Their mental performance was evaluated using tests to determine speed of visual and auditory perception, attention capacity, and short-term memory. A significant improvement in mental performance tests was observed in the treatment group during the first two-week period. Another double-blind, placebo controlled study involving 60 foreign students at a Russian high school

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



36178	LAVENDER OIL	1 Z	LIQ	11.99	9.59	39917	MENOPAUSE SUPPORT	90	CAP	19.99	15.99	55885	PEA PROTEIN UNFLAVOR N	2LB	PWD	27.99	22.39	54435	RESVERATROL 200 MG	60	VCA	29.99	23.99
64452	LAVENDER OIL	2 Z	LIQ	19.99	15.99	63081	MENS EXTREM SPORT MULT	90	SGC	24.98	19.98	63818	PEACE & HARMONY	1 Z	LIQ	12.99	10.39	53022	RESVERATROL 50 MG	60	VCA	19.99	15.99
36179	LAVENDER OIL	4 Z	LIQ	34.99	27.99	53101	MENS VIRILITY POWER	60	CAP	19.99	15.99	63820	PEACEFUL SLEEP BLEND	1 Z	LIQ	12.99	10.39	42057	RHODIOLA ARCTIC ROOT	60	VCA	17.99	14.39
41055	LAVENDER OIL ORGAN.	1 Z	LIQ	22.99	18.39	63819	MENTAL FOCUS	1 Z	LIQ	12.99	10.39	38108	PEPPERMINT GELS	90	SGC	14.99	11.99	41482	ROSE ABSOLUTE OIL	1 Z	LIQ	15.99	12.79
36198	LAVILIN FOOT DEO 125 G	125	CRM	18.99	15.19	51397	METHIONINE 500 MG W/B6	100	CAP	15.99	12.79	56196	PEPPERMINT OIL	4 Z	LIQ	21.99	17.59	66920	ROSE HIP SEED OIL	4 Z	LIQ	19.99	15.99
36684	LAVILIN UNDERARM DEOD	EA	CRM	17.99	14.39	59926	MK 7 100 MCG K2	60	VCA	19.99	15.99	65358	PEPPERMINT OIL	2 Z	LIQ	12.99	10.39	66682	ROSE HIP SEED OIL ORG	1 Z	LIQ	10.99	8.79
58459	LECITHIN 1200 MG SUNFL	100	SGC	9.99	7.99	65106	MOUTHWASH NEEM TTO MNT	16Z	LIQ	9.99	7.99	41056	PEPPERMINT OIL ORG	1 Z	LIQ	16.99	13.59	39756	ROSEMARY OIL	4 Z	LIQ	22.99	18.39
41374	LECITHIN GRAN NON GE	1LB	PWD	15.99	12.79	58885	MOUTHWASH XYLWHITE MT	16Z	LIQ	9.99	7.99	39347	PHENYLALANINE 500 MG	120	CAP	18.99	15.19	42076	ROSEMARY OIL ORGANIC	1 Z	LIQ	13.99	11.19
52293	LECITHIN GRAN NON GMO	2LB	PWD	29.99	23.99	29706	MSM 1000 MG	120	CAP	13.99	11.19	63357	PHOS SERIN 150 SOY FR	60	TAB	47.99	38.39	43142	ROSEWATER CONC	1 Z	LIQ	9.99	7.99
41450	LEMON OIL ORGANIC	1 Z	LIQ	12.99	10.39	36698	MSM 1500 MG	200	TAB	27.99	22.39	37084	PHOS SERINE 100	120	VCAP	59.99	47.99	39721	ROYAL JELLY 1000 MG	60	SGC	19.99	15.99
65331	LEMONGRASS OIL	4 Z	LIQ	16.99	13.19	32433	MSM HEALTHY SKIN LOT	8 Z	LOT	14.99	11.99	36656	PHOS SERINE 100 MG	60	VCAP	34.95	27.96	58896	ROYAL JELLY 1500 MG	60	CAP	23.99	19.19
66089	LET THERE BE PEACE &	KIT	KIT	22.99	18.39	35845	MSM PURE PWD	8 Z	PWD	12.99	10.39	61161	PINE BARK EXT 240 MG	90	VCA	25.99	20.79	60248	SACCHAROMYCES BOULARDI	60	VCA	19.99	15.99
32821	LIPOIC ACID 250 MG	60	VCA	17.99	14.39	39466	MSM PWD	1LB	PWD	23.99	19.19	41480	PINE OIL	1 Z	LIQ	9.99	7.99	41400	SAGE OIL	1 Z	LIQ	12.99	10.39
43551	LIPOIC ACID 250 MG	120	VCA	33.99	27.19	51565	MULTI GELS LIQ	180	SGC	47.99	38.39	34436	PLANT ENZYMES	120	VCAP	15.99	12.79	39398	SAM E 200 MG ENT COAT	30	TAB	25.99	20.79
55312	LIPOIC ACID 600 MG	120	VCA	49.99	39.99	50732	MULTI LIQ ORANGE	16Z	LIQ	21.99	17.59	67312	PLANT PROT CMP CRM VAN	2LB	PWD	34.99	27.99	40543	SAM E 4X 800/400	30	TAB	45.99	36.79
66698	LIVER DETOXIF & REGEN	180	CAP	43.99	35.91	41059	MYRRH OIL	1 Z	LIQ	10.99	8.79	56159	POLICOSANOL 10 MG VCAP	90	VCA	15.99	12.79	54380	SANDALWOOD OIL BLEND	1 Z	LIQ	25.99	20.79
50044	LIVER DETOXIF & REGEN	90	CAP	23.99	19.19	39847	N A C 600 MG	100	CAP	19.99	15.99	52299	POLICOSANOL 20 MG 2X	90	VCA	27.99	22.39	51874	SAW PALMETTO 160 MG	120	SGC	19.99	15.99
36657	LIVER PWD ARGENTINE	12Z	PWD	19.99	15.99	51956	N A C 600 MG	250	CAP	39.99	31.99	53822	POT GLUCONATE PWD	1LB	PWD	18.99	15.19	60249	SAW PALMETTO EXT 320	90	SGC	25.99	20.79
66681	LOVE AT FIRST SCENT KT	KIT	KIT	22.99	18.39	51496	NATTOKINASE 100 MG	60	VCA	29.99	23.99	56202	POTASSIUM CITRATE 99	180	CAP	9.99	7.99	67507	SEASONAL RAPID RELIEF	30	VCA	29.99	23.99
36187	LUTEIN 10 MG ESTERS	60	SGC	14.95	11.96	67184	NATTOKINASE 100 MG	120	VCA	49.99	39.99	52534	POTASSIUM PLUS IODINE	180	TAB	11.99	9.59	45276	SELENIUM 200 MCG YF	90	VCA	9.99	7.99
57558	LUTEIN 20 MG ESTERS	90	VCA	29.99	23.99	66314	NATURES SHIELD ESS OIL	1 Z	LIQ	19.99	15.99	65105	PQQ ENERGY 20 MG	30	VCA	39.99	31.99	66641	SESAME SEED OIL ORG	8 Z	OIL	14.99	11.99
36188	LYCOPENE 10 MG	60	SGC	21.99	17.59	53791	NEEM OIL	1 Z	OIL	8.99	7.19	66282	PROBIOTIC 10 100 BILL	30	VCA	44.99	35.99	51494	SHARK CARTILAGE 750 MG	100	CAP	15.99	12.79
56211	LYCOPENE 20 MG SGC	50	SGC	29.99	23.99	61160	NEPTUNE KRILL OIL 1000	60	SGC	59.99	47.99	57834	PROBIOTIC 10 25 BILL	50	VCA	29.99	23.99	36815	SHEA BUTTER	7 Z	CRM	9.99	7.99
45254	LYSINE 500 MG	250	CAP	18.99	15.19	60682	NEPTUNE KRILL OIL 500	120	SGC	64.99	51.99	57808	PROBIOTIC 10 50 BILL	50	VCA	49.99	39.99	51873	SHEA BUTTER LOT	4 Z	LOT	9.99	7.99
36153	LYSINE 500 MG CAP	100	CAP	8.99	7.19	54864	NEPTUNE KRILL OIL 500	60	SGC	33.99	27.19	58847	PROSTATE HEALTH CLN ST	180	SGC	65.99	52.79	66377	SHEA NUT OIL PURE	16Z	OIL	14.99	11.99
36152	LYSINE 500 MG TAB	250	TAB	15.99	12.79	41401	NEROLI OIL	1 Z	LIQ	24.99	19.99	58846	PROSTATE HEALTH CLN ST	90	SGC	34.99	27.99	42637	SILYMARIN 150 MG	120	VCA	17.99	14.39
39345	LYSINE PWD	1LB	PWD	21.99	17.59	44087	NETTLE ROOT EXT 250 MG	90	VCA	14.99	11.99	36672	PROSTATE SUPPORT	90	GEL	25.99	20.79	58891	SILYMARIN 2X 300 MG	50	VCA	13.99	11.19
57500	MACA 500 MG	100	VCA	12.99	10.39	43106	NIACIN NO FLUSH 250 MG	180	CAP	19.99	15.99	39657	PROSTATE SUPPORT	180	SGC	45.99	36.79	65528	SLIPPERY ELM 400 MG	100	CAP	8.99	7.19
56222	MACA 500 MG	250	CAP	26.99	21.59	39650	OCU EYE SUPPORT	60	CAP	21.99	17.59	57805	PSYLLIUM HUSKS ORGANIC	12Z	PWD	13.99	11.19	38474	SLIPPERY ELM PWD	4 Z	PWD	12.99	10.39
57501	MACA 750 MG EXT VCAP	90	VCA	24.99	19.99	53647	OCU SUPPORT (EYE SUPP)	120	CAP	39.99	31.99	57804	PSYLLIUM WHOLE HSK ORG	12Z	PWD	13.99	11.19	36648	SODIUM ASCORBATE PURE	8 Z	PWD	16.99	13.59
57377	MACA POWDER 6:1	7 Z	PWD	29.99	23.99	56221	OLIVE LEAF EXT 500 MG	120	VCA	21.95	17.56	63016	PTEROSTILB & RESVERATR	60	VCA	45.99	36.79	57803	SOY PROTEIN ISOLATE	1LB	PWD	17.99	14.39
65102	MAG BISGLYCIN PWD 250	8 Z	PWD	19.99	15.99	37110	OMEGA 3 1000 MG	180	SGC	17.99	14.39	36172	PUMPKIN SEED OIL 1000	100	SGC	14.99	11.99	36676	SPECIAL TWO	90	TAB	25.99	20.79
44804	MAG CITRATE 166 MG VCP	120	VCA	16.99	13.59	32789	OMEGA 3 1000 MG	200	SGC	15.99	12.79	59898	PURIFYING TONER C ACAI	8 Z	CRM	8.99	7.19	30175	SPECIAL TWO TAB	180	TAB	47.99	38.39
37492	MAG CITRATE 200 MG	100	TAB	13.99	11.19	52811	OMEGA 3 1000 MG	100	SGC	8.99	7.19	66088	PUT SOME PEP IN STEP	KIT	KIT	22.99	18.39	67401	SPECIAL TWO VCAP	240	VCA	47.99	38.39
34413	MAG CITRATE 200 MG	250	TAB	27.99	22.39	50423	OMEGA 3 6 9	250	SGC	27.99	22.39	55694	PYCNOGENOL 30 MG	30	CAP	15.99	12.79	54182	SPIRULINA 500 MG ORG	180	TAB	15.99	12.79
42627	MAG CITRATE PWD	8 Z	PWD	12.99	10.39	41988	OMEGA 3 6 9 SUPER	90	SGC	15.99	12.79	28645	PYCNOGENOL 30 MG	150	CAP	59.99	47.99	56210	SPIRULINA PWD ORG	1LB	PWD	44.99	35.99
53208	MAG POT ASPARTATE + TA	120	CAP	19.99	15.99	54868	OMEGA 3 6 9 SUPER 1200	180	SGC	29.99	23.99	55308	PYCNOGENOL 60 MG	50	VCA	43.99	35.19	38551	STEVIA BALANCE PAKS	100	PAK	10.99	8.79
41377	MAGNESIUM OXIDE PWD	8 Z	PWD	9.99	7.99	53490	OMEGA 3 ULTRA 750 MG	90	SGC	23.99	19.19	42736	PYGEOUM & SAW PALM EXT	60	SGC	16.99	13.59	63576	STEVIA CINNAMON VAN	2 Z	LIQ	10.99	8.79
52765	MAPLE SYRUP GRADE B	16Z	SRP	12.99	10.39	53491	OMEGA 3 ULTRA 750 MG	180	SGC	43.99	35.19	61952	QUERCETIN BROMELAIN	240	VCA	59.99	47.99	53794	STEVIA EXT FRENCH VAN	2 Z	LIQ	10.99	8.79
52764	MAPLE SYRUP GRADE B	64Z	SRP	44.99	35.99	51923	OPTIMAL DIGESTIVE SYST	90	VCA	19.99	15.99	36143	QUERCETIN BROMELAIN	120	VCA	31.99	25.59	36682	STEVIA EXT PACKETS	100	PAK	8.99	7.19
41395	MARJORAM OIL	1 Z	LIQ	13.99	11.19	58844	ORALBIOTIC BLIS K12 LZ	60	LOZ	23.99	19.19	55087	RAW ENERGY NUT MIX	1LB	NUT	8.99	7.19	53493	STEVIA EXT PAK FR VAN	75	PAK	9.99	7.99
54188	MASSAGE OIL ARNICA WRM	8 Z	LIQ	12.99	10.39	36678	OREGANO 450 MG	100	CAP	9.99	7.99	56756	RED MINERAL ALGAE	180	VCA	19.99	15.99	60728	STEVIA EXT PAK ORGANIC	75	PAK	8.99	7.19
56664	MASSAGE OIL COMFORTING	16Z	OIL	14.99	11.99	36192	OREGANO OIL	90	SGC	17.99	14.39	43747	RED YEAST RICE + COQ10	60	VCA	25.99	20.79	26308	STEVIA EXTRACT PWD	1 Z	PWD	8.99	7.19
53563	MASSAGE OIL LAVEN ALM	16Z	LIQ	14.99	11.99	30545	OREGANO OIL 100% PURE	1 Z	LIQ	16.99	13.59	53106	RED YEAST RICE 1200 MG	60	TAB	25.99	20.79	37322	STEVIA GLYCERITE	2 Z	LIQ	8.95	7.16
61608	MASSAGE OIL TRANQ ROSE	8 Z	LIQ	8.99	7.19	41064	OREGANO OIL XTRA STRN	1 Z	LIQ	11.99	9.59	56163	RED YEAST RICE 1200 MG	120	TAB	49.99	39.99	55513	STEVIA LIQ DARK CHOC	2 Z	LIQ	10.99	8.79
56467	MCT OIL	32Z	LIQ	24.99	19.99	30036	ORNITHINE 500	120	CAP	25.99	20.79	56161	RED YEAST RICE 600 CQ	120	VCA	49.99	39.99	36145	STEVIA LIQ EXTRACT	2 Z	LIQ	8.99	7.19
42231	MELATONIN 1 MG TWO STG	100	TAB	8.99	7.19	56884	PANCREATIN 500 MG 4X	250	CAP	29.99	23.99	56162	RED YEAST RICE 600 MG	120	VCA	28.99	23.19	66679	STEVIA LIQ GLYCERITE	4 Z	LIQ	25.99	20.79
53021	MELATONIN 3 MG	180	CAP	11.99	9.59	41939	PANTETHINE 300 MG SGC	60	SGC	26.99	21.59	43423	RED YEAST RICE 600 MG	60	VCA	15.99	12.79	66680	STEVIA LIQ ORIGINAL	8 Z	LIQ	25.99	20.79
57502	MELATONIN 3 MG LIQ	2 Z	LIQ	9.89	7.91	55510	PANTETHINE 600 MG SGC	60	SGC	45.99	36.79	41975	RELORA 300 MG VCAP	60	VCA	19.99	15.99	66678	STEVIA LIQUID ORG	4 Z	LIQ	27.99	22.39
50513	MELATONIN 3 MG LOZ	180	LOZ	11.99	9.59	44151	PAPAYA ENZYME	180	CHW	11.99	9.59	66280	RELORA 300 MG VCAP	120	VCA	37.99	30.39	66683	STEVIA POWDER ORGANIC	4 Z	PWD	29.99	23.99
58849	MELATONIN 5 MG VCAP	CAP	VCA	19.99	15.99	41063	PATCHOULI OIL	1 Z	LIQ	15.99	12.79	36124	RESPIR ALL	60	TAB	23.99	19.19	62523	SUN E 400	60	SGC	19.99	15.99
58848	MELATONIN 5 MG VCAP	60	VCA	8.99	7.19	65332	PEA PROTEIN ORG UNFLAV	1.5	PWD	26.99	21.59	67508	RESPIRATORY CARE PROB	60	VCA	29.99	23.99	65220	SUNFLOWER LECITHIN PWD	1LB	PWD	19.99	15.99

New Products From Allergy Research Group!

Advanced NeuroPlus™ Brain Nutrition*

90 Vegetarian Tablets - #66801

- **Six superior brain-boosting nutrients, each with unique benefits.***
- Neumentix™ Spearmint may improve sleep, enhance working memory, and boost cognition.*
- NeuroFactor™ Coffee Plant Fruit extract supports normal BDNF levels.*
- Standardized American Ginseng extract supports memory and alertness.*
- Lion's Mane Mushroom strengthens memory and concentration.*
- Citicoline activates biosynthesis of phospholipids in neuronal membranes.*
- NTFactor® Phosphoglycolipids nourish mitochondrial membranes.*

Full Spectrum Digest™ With Glutalytic®

90 Vegetarian Capsules - #65978

- **Breaks down gluten, gliadin, fatty foods, starches, egg, soy, lactose, whey, and casein.***
- A potent, full spectrum, vegan, non-GMO enzyme blend.
- Glutalytic®, lactase, lipase, alpha-galactosidase, and amylase.
- Glutalytic® also digests salmon, almonds, peanuts, and ovalbumin.*

XOS Prebiotic Powder

100 Grams Powder - #67321



- **PreticX™ xylooligosaccharides may support normal levels of Bifidobacteria in the colon.***
- Xylooligosaccharides are used at a much lower dose than FOS, and are very well tolerated.
- Can increase Bacteroidetes without increasing Firmicutes.*
- Has a low effective dosage, as low as 1.4 grams per day.*
- PreticX™ is verified by the Non-GMO Project, and is certified Kosher/Halal.



AllergyResearchGroup®

Innovative Nutrition



*This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



showed that supplementation by the students with Rhodiola resulted in a decrease of mental fatigue and situational anxiety and an increase in physical work capacity, coordination, kinesthetic sensitivity, and general well-being.

For athletes or anyone seeking to enhance physical performance, Rhodiola has been shown to improve strength, endurance, cardiovascular measures, coordination and recovery time. In one study, 42 master level competitive skiers were given either Rhodiola rosea extract or placebo 30-60 minutes before a 20 km race on skies that involved carrying a rifle and shooting targets at stops. The athletes receiving Rhodiola showed a significant increase in shooting accuracy, less arm tremor, better coordination, and their heart rates returned to normal more quickly.

Rhodiola has also been found to have cardio protective and anticancer benefits and can increase fertility in both men and women.

In 1986 it was discovered that the chemical composition that sets Rhodiola rosea apart from other species of Rhodiola are three cinnamyl alcohol-vicianosides identified as rosavin, rosin and rosarin. The term rosavins is used to include all three of these chemical compounds. Rosavins are known as the marker compound that differentiates true Rhodiola rosea extract from other Rhodiola species.

Contra-Indications and Cautions: Pregnancy; Nursing

Complimentary Formulas & Single Herbs:

- Ginseng Energy Blend (Ginseng formula for energy)
- Ginkgo biloba (to increase memory and cerebral circulation)
- St Johns Wort (for depression)

Dosage:

Liquid: 30 drops in juice or water 1-3 times per day or as needed; Veggie Cap: 1 capsule, 1-3 times per day or as

needed.

Note: The liquid formula may contain small amounts of herbal precipitate (small particles) due to strength of preparation. The taste is very astringent, slightly bitter.

Saw Palmetto Berry 1:3

Perhaps the most researched, most effective herb for treating an enlarged prostate (BPH).

Liquid - 1 fl oz - Product Code: 57006

60 Liquid Veggie Caps - Product Code: 67450

Who might benefit from this herbal supplement?

- Men with an enlarged prostate, or benign prostatic hyperplasia (BPH).

Ingredients:

Phyto-Tech™ Saw Palmetto Berry 1:3 contains Certified Organic Saw Palmetto Berries (Serenoa repens), Pure Grain Alcohol, Deionized Water. Each 30 drops contains 333 mg. Phyto-Tech™ Saw Palmetto Liquid Veggie Caps contains, per one capsule, Saw Palmetto Berry, 160 mg (Serenoa repens) as a CO2 Supercritical Extract (standardized to minimum 85%, Essential Fatty Acids, 136 mg), Soy Lecithin (PCR Negative), Modified Vegetable Cellulose.

Saw Palmetto is the well known herb for swollen or enlarged prostate, commonly called benign prostatic hyperplasia (BPH). Symptoms of BPH range from difficult urination, dull ache, impotence, difficulty maintaining an erection, waking to urinate, urgency to urinate and precancerous blood chemistry such as elevated PSA's. It is thought that Saw Palmetto inhibits dihydrotestosterone, the compound that causes prostate cells to multiply excessively. * Many herbalists consider Saw Palmetto to be a valuable male tonic to help maintain prostate health as men age. Prostate inflammation is common in men over 50, especially those with a diet high in animal products and trans fatty acids. Prostate cancer is the second most common cancer in

men. Prostate cancer is the male equivalent to uterine and ovarian cancer in women. Some believe that chronic BPH is a precursor to prostate cancer in some men. Saw Palmetto can be used as a preventative mens' tonic herb to help avoid the swelling in the first place. If one has BPH already, Saw Palmetto can reduce the inflammation to normalize the prostate. Saw Palmetto is nontoxic and can be used long term.

Dosage:

General preventative tonic: 30-60 drops, 2 times per day or as needed in juice or water; Stronger dose: 60-90 drops, 2-3 times per day in juice or water. Liquid Veggie Caps: One capsule, 1-2 times per day, or as directed. Note: Phyto-Tech™ Saw Palmetto Berry 1:3 is a full spectrum hydroalcoholic liquid extract, not a "standardized" liposterolic extrract. It is not possible to make a direct dose comparison to "160 mg liposterolic extract." Clinical and traditional evidence, however, would suggest the recommended 60 drop dosage, above, is equivalent to the 160 ml liposterolic dose.

*Saw Palmeto contains several types of active compounds: sterols (such as beta-sitosterol), flavonoids (such as Isoquercitrin), water soluble polysaccharides, and fatty oils. This combination of botanicals exert antiandrogenic, antiestrogenic and antiinflammatory effects, all of which contribute to its action agains BPH. Ethanolic (alcohol) extracts contain all of the above. For this reason, many prefer a full spectrum extract.

Schisandra Berry

An adaptogenic herb thought to fight stress, improve immune function and increase energy and endurance.

Liquid Extract - 1 fl oz - Product Code: 67466

. . . continued on page 93



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



53279	SUPER CORTISOL SUPPORT	90	VCA	29.99	23.99
36665	SUPER ENZYMES	90	TAB	18.99	15.19
35158	SUPER ENZYMES 750	180	TAB	33.99	27.19
42735	SUPER ENZYMES CAP	180	CAP	36.99	29.59
61062	T LEAN EXTREME	60	VCA	29.99	23.99
57427	TAURINE PWD	8 Z	PWD	13.99	11.99
41057	TEA TREE OIL ORG.	1 Z	LIQ	12.99	10.39
51490	TESTOJACK 100 MG	60	VCA	26.99	21.59
62167	TESTOJACK 200 MG	120	VCA	55.99	44.79
59148	TESTOJACK 200 MG	60	VCA	32.99	26.39
65125	THEANINE 200 MG	120	VCA	45.99	36.79
53016	THEANINE 200 MG	60	VCA	25.99	20.79
41068	THYME WHITE OIL	1 Z	LIQ	14.99	11.99
59435	THYROID ENERGY	180	VCA	35.99	28.79
53008	THYROID ENERGY	90	VCA	19.99	15.99
58050	TRI CHROMIUM 500 MCG	90	VCA	10.99	8.99
56208	TRIBULUS 1000 MG	90	TAB	21.99	17.59
65134	TRIBULUS EXTREME	90	VCA	27.99	22.39
57123	TRU FOOD VEGAN BERRY	2.2	PWD	44.99	35.99
44184	TRUE BALANCE	120	CAP	25.99	20.79
42740	TRUE CALM	90	CAP	15.99	12.79
63628	TRYPTOPHAN 500 MG	120	VCA	39.99	31.99
54385	TRYPTOPHAN 500MG	60	VCA	21.99	17.59
34998	TTO 100 %	4 Z	LIQ	26.99	21.59
41402	TTO PURE 100%	1 Z	LIQ	8.99	7.19
56199	TYROSINE 500 MG CAP	120	CAP	15.99	12.79
55882	UBIQUINOL 100 MG COQ10	60	SGC	49.99	39.99
58845	UBIQUINOL 200 MG	60	SGC	89.99	71.99
54712	UBIQUINOL COQH 50 MG	60	SGC	31.99	25.60
57277	UC II JOINT COLLAGEN	60	VCA	32.99	26.39
45356	ULCETROL	60	TAB	27.99	22.39
65259	ULTRASON OIL DIFF WOOD	/EA	MIS	49.99	39.99
66343	ULTRASON USB OIL DIFF	MIS	MIS	26.99	21.59
55140	VANILLA OIL IN JOJOBA	1 Z	LIQ	24.99	19.99
64171	VIT C & SEABUCKTHO LOT	8 Z	LOT	12.99	10.39
55141	WATER OUT HERBAL DIUR	100	VCA	15.99	12.79
53012	WHEY PROTEIN VANILLA	11LB	PWD	29.99	23.99
36184	WINTERGREEN OIL	1 Z	LIQ	9.99	7.99
41367	WRINKLE RESCUE	2 Z	CRM	14.99	11.99
41992	WRINKLE RESCUE CAP	60	CAP	19.99	15.99
41391	YLANG YLANG OIL EXTRA	1 Z	LIQ	27.99	22.39
65569	YUCCA ROOT 500 MG	100	CAP	8.99	7.19
55742	ZINC GLUCONATE 50 MG	250	TAB	13.99	11.19
26305	ZINC PICOLINATE 50 MG	120	CAP	14.99	11.99
42286	ZMA	90	CAP	21.99	17.59

NOW NUTS AND PWDs					
39042	ALMONDS RAW	16Z	SNK	9.99	9.99
40402	ALMONDS ROASTED SALT	16Z	SNK	10.99	10.99
45361	BRAZIL NUTS WHOLE RAW	12Z	SNK	8.49	8.49
58255	CASHEW CRUNCH CLUSTERS	9 Z	SNK	7.49	7.49
60609	CASHEWS RAW ORGANIC PK	10Z	SNK	7.49	7.49

63484	CHIA SEED ORGANIC	12Z	SED	9.99	9.99
57107	ERYTHRITOL PURE PWD	11LB	PWD	7.99	7.99
62156	GOLDENBERRIES ORGANIC	8 Z	SNK	9.99	9.99
60338	MACADAMIA NUTS ROASTED	9 Z	SNK	10.99	10.99
63483	NUTS ABOUT BERRIES	8 Z	SNK	7.99	7.99
63027	PECANS HALVES & PIECES	12Z	SNK	10.99	10.99
64781	PECANS HONEY ROASTED	8 Z	SNK	10.99	10.99
62157	PINE NUTS ORGANIC	8 Z	SNK	14.99	14.99
38045	PISTACHIOS SALTED	12Z	SNK	8.99	8.99
64865	QUINOA BLACK GRAN ORG	14Z	MIS	7.99	7.99
39992	WALNUTS	12Z	SNK	9.99	9.99
54366	XYLITOL 2.5 LBS	LBS	PWD	14.95	14.95

NUBIAN					
64304	AFRICAN BLACK SOAP LOT	13Z	LOT	12.99	10.39
66486	BODY LOT SHEA BUTT RAW	13Z	LOT	12.99	10.39
64305	COCONUT & PAPAYA LOT	13Z	LOT	12.99	10.39
64306	GOATS MILK & CHAI LOT	13Z	LOT	12.99	10.39

NUTIVA					
60502	COCONUT OIL EXTRA VIRGI	29Z	OIL	26.25	21.00
59989	COCONUT OIL EXTRA VIRGI	15Z	OIL	14.69	11.75
65222	HEMP PROTEIN & FIB ORG	16Z	PWD	17.49	13.99
59528	HEMP PROTEIN PWD	16Z	PWD	20.49	16.39
60058	HEMP SEED OIL	24Z	OIL	24.09	19.27
64783	HEMP SEED OIL ORG	16Z	LIQ	19.09	15.27
63921	HEMP SEED RAW SHELLED	13Z	CER	15.99	12.79

NUTRAMAX LABORATORIE					
53206	AVOCA ASU GLUCOS HCL	120	TAB	44.29	35.43
62614	COSAMIN ASU 3X CAP	150	CAP	59.99	47.99
56909	COSAMIN ASU 3X CAP	90	CAP	39.99	31.99
25659	COSAMIN DS	210	CAP	79.95	79.95
26658	COSAMIN DS	108	CAP	44.95	44.95
41881	COSAMIN DS TAB	150	TAB	63.95	51.16

NUTREX HAWAII					
65514	BIOASTIN 12 MG	50	SGC	41.99	33.59
38989	BIOASTIN 4 MG	60	SGC	22.99	18.39
65915	BIOASTIN SUPREME 6 MG	60	VSG	29.99	23.99
25037	SPIRULINA PAC 50Z	5 Z	PWD	20.99	16.79
24359	SPIRULINA PAC POWDER	16Z	PWD	52.99	42.39
45280	SPIRULINA PAC TAB	400	TAB	34.99	27.99
66632	SPIRULINA PACI 1000 MG	180	TAB	31.99	25.59
25929	SPIRULINA PACIFICA	100	TAB	13.99	11.19

NUTRIBOTIC					
39427	ASCORBIC ACID	16Z	PWD	24.20	21.78
54372	BODY AND FOOT PWD GSE	4 Z	PWD	7.99	7.19
39991	DEFENSE PLUS	90	TAB	25.99	23.39
22725	GRAPEFRUIT SD EXT+ VCA	90	VCA	21.99	19.79
23000	GRAPEFRUIT SEED CONC	2 Z	LIQ	14.49	13.04

NUTRITION NOW					
44530	GRAPEFRUIT SEED CONC	4 Z	LIQ	24.99	22.49
29013	GRAPEFRUIT SEED EXT TB	100	TAB	11.99	9.59
24131	NASAL SPRAY	1 Z	LIQ	9.99	8.99
66584	RICE PROTEIN CHOC	31LB	PWD	44.79	40.31
40300	RICE PROTEIN CHOC	22Z	PWD	22.50	20.25
40265	RICE PROTEIN MIX BERRY	21Z	PWD	22.50	20.25
60353	RICE PROTEIN ORG PLAIN	21Z	PWD	25.99	20.79
39304	RICE PROTEIN VAN	31LB	PWD	44.79	40.31
25444	SHOWER GEL SUPER	12Z	LIQ	8.99	8.09
58207	SKIN CLEANSER SENSITIV	16Z	LIQ	8.99	8.09
63573	SKIN DINTMNT FIRST AID	.5Z	ONT	8.99	8.09

NUTRITION NOW					
58742	B CMP GUMMY VIT CHW	70	CHW	8.99	7.19
58743	B12 GUMMY CHW	100	CHW	8.99	7.19
58744	CALCIUM GUMMY VIT CHW	60	CHW	9.99	7.99
58746	COQ10 GUMMY CHW	60	CHW	17.99	14.39
58745	D GUMMY VITAMIN	75	CHW	9.99	7.99
58747	MULTIVITES GUMMY VIT	70	CHW	9.99	7.99
58748	OMEGA 3 GUMMY VIT	60	CHW	11.99	9.59
21801	PB 8 CAP	60	CAP	16.99	13.59
22547	PB 8 CAP	120	CAP	27.49	21.99
56742	PB 8 VEG	120	VCA	27.49	21.99
22635	PB 8 VEG CAP	60	VCA	16.99	13.59
60637	PRENATAL ADULT GUMMY	75	CHW	14.99	11.99

NUTRITIONAL FRONTIERS					
64105	CALM DAY VCAP	60	VCA	33.00	29.70
65148	CANDIKILL VCAP	90	VCA	49.50	44.55
66464	D3 5000 IU	60	VCA	14.00	12.60
66101	ESTROCLEANSE II	90	VCA	59.50	53.55
66102	G1 COMPLETE PWD LEMON	390	PWD	69.50	62.55
66104	IODINE PLUS	90	CAP	25.50	22.95
66107	SLEEP TIME	120	VCA	69.75	63.00
66106	SLEEP TIME	60	VCA	37.75	34.00
66135	SUPER CAL PLUS TAB	120	TAB	35.00	31.50
64330	X FLAME	120	CAP	59.50	53.55

NUTRITIONAL THERAPEUTICS					
28955	ALLER AVERT	90	TAB	40.95	32.76
42934	BREATHE CLEAR	60	TAB	24.95	19.96
66771	D3/K2 WAFER VAN	30	WAF	33.99	30.59
66120	D3/K2 WAFER VAN BLIST	8CT	WAF	11.99	10.79
44422	HEALTHY AGING NT FACT	120	TAB	40.00	32.00
38639	NT FACTOR	90	TAB	50.40	40.32
66119	NT FACTOR W/COQ10 CHOC	8CT	CHW	12.99	11.69
66044	NT FACTOR W/COQ10 CHOC	30	CHW	34.99	31.49
65625	PATENTED ENERGY WAFERS	30	CHW	32.99	26.39
65497	PATENTED ENERGY WAFERS	60	CHW	59.99	47.99
66121	PATENTED ENERGY WF BLS	8CT	CHW	9.99	8.99
58275	PROPAX GOLD	60	PAK	99.99	89.99
58274	PROPAX GOLD	30	PAK	59.99	53.99

38520	PROPAX WITH NT FACTOR	90	PAK	124.99	112.49
38519	PROPAX WITH NT FACTOR	30	PAK	46.00	41.40
41998	PROPAX WITH NT FACTOR	60	PAK	87.50	78.75
62355	YOUTHFUL ENERGY	150	TAB	69.95	55.96

OCEANUS NATURALS					
61474	INTERN HARMONY PROGEST	3 Z	CRM	27.99	22.39
58795	M DRIVE FOR MEN	60	VCA	44.99	35.99
58796	PERSONAL LUBRICANT	4 Z	GEL	14.69	11.75

OLA LOA					
44877	OLA LOA ENERGY ORNG PK	30	PAK	38.49	30.79
42237	OLA LOA ENERGY TRO PAK	30	PWD	38.39	30.71
52881	OLA LOA SPORT MIX BERR	30	PAK	24.99	19.99



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Who might benefit from this herbal supplement?

- Those suffering from stress and fatigue
- Those who need a boost in energy, mental and physical performance.
- Those with poor immune function.

Ingredients:

Each 30 drops (1 ml) contains Selectively Imported Schisandra Berries (*Schisandra chinensis*), 333 mg in a base of grain alcohol and deionized water.

Schisandra shrub native to northern and northeast China, as well as areas of Korea and Russia. The berries of *Schisandra chinensis* are called wu wei zi in Chinese, translated as “five-flavor fruit,” based on its salty, sweet, sour, pungent, and bitter flavors.

Indications:

Orally, schisandra is used as an adaptogen for increasing resistance to disease and stress, increasing energy, and increasing physical performance and endurance. Traditionally, including Traditional Chinese Medicine, Schisandra is also used for many other health conditions, including improving vision, boosting muscular activity, improving cellular energy, for hepatitis, liver protection, preventing premature aging, increasing lifespan, for premenstrual syndrome (PMS), stimulating the immune system, speeding recovery after surgery, protecting against radiation, counteracting the effects of sugar, preventing motion sickness, normalizing blood sugar and blood pressure, reducing high cholesterol, preventing infection, improving adrenal health, and energizing RNA-DNA to rebuild cells. Schisandra is also used for coughs, asthma, insomnia, neurasthenia, chronic diarrhea, dysentery, night sweats, spontaneous sweating, involuntary seminal discharge, thirst, impotence, physical exhaustion, excessive urination, depression, irritability, and memory loss. When it comes to evidence for these traditional claims, recent research does seem to support its effect on enhancing cognitive performance and improving liver function on

patients with hepatitis. Work is ongoing in areas from vision improvement to immune enhancement.

Dosage:

30 drops in water or juice, 1-3 times per day, or as needed. Shake well before using.

Silver Colloid Complex

A combination containing Colloidal Silver 15ppm, Olive Leaf, and Wild Oregano Oil

1 fl oz - Product Code: 56972

1 fl oz Spray - Product Code: 57021

Silver Colloid 15 - 4 fl oz - Product Code: 557039

Ingredients:

Phyto-Tech™ Silver Colloid Complex contains the following: Colloidal silver 15ppm, Olive Leaf, Wild Oregano Oil (70% Carvacrol), Deionized Water, Pure Grain Alcohol, Non-GMO Soy Lecithin.

There is an ongoing and unresolved debate over whether colloidal or ionic silver particles are more effective at killing pathogens. Studies show both as being effective for the conditions discussed here. At the same time, there is some debate over whether or not the marketing claims for Colloidal Silver are overly enthusiastic.

Silver Colloid Complex addressed both of these concerns. It employs a combination of both colloidal and ionic particles with a size of 15 ppm. A small particle size is important for the body to be able to absorb and circulate. With particle sizes larger than 30 ppm, a condition called argyria can occur. Argiria causes a bluish-gray discoloration of the skin, other organs, deep tissues, nails and gums. In addition, Silver Colloid Complex is combined with Olive Leaf and Oregano Oil for added immune power. Olive Leaf is known for its effectiveness in fighting infections and supporting overall immunity. The key active ingredients of Olive Leaf are the iridoide monoterpenes or oleuropein. It is a powerful anti-microbial for bacteria and viral infections.

Oleuropein is converted into elenoic acid in the body which may prevent viruses and bacteria from replicating. Oregano Oil is an anti-microbial that has an immediate impact on acute germ inundation. It is a broad spectrum and powerful. Research has found the phenol Carvacrol to be the active compound in Oregano Oil that gives it its powerful ability to kill bacteria, fungus, candida, and parasites.

Phyto-Tech™ Silver Colloid Complex can be used on a daily basis as a preventative against illness, or it can be used once one is ill to support the body and speed healing. It is a broad-spectrum anti-microbial that can be taken internally for colds, flu, coughs, candidiasis, and parasites. It is also an effective external treatment for sore throats, infected wounds, acne, athlete's foot, diaper rash, gum disease, nail fungus, and psoriasis. It is a great traveling aid, especially when traveling to third world countries.

Sinus Allergy Blend

Traditional Chinese Herbal Formula

1 fl oz - Product Code: 56982

Sinus Decongest

A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways. This facilitates breathing, drainage and helps fight microbial growth. It produces a short term intensity that is followed by a more mellow, warming sensation in the sinus area. Sinus Decongest will open even the most stubborn and clogged sinus cavity. It can be used many times during the day to help maintain breathing and sinus drainage.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Resveratrol Helps Rebalance Hormones in Polycystic Ovary Syndrome (PCOS)

Nutrient Reduced Chances for Type 2 Diabetes

Polycystic ovary syndrome (PCOS) is an endocrine disorder that affects approximately 5-10% of women of childbearing age. It is a leading cause of infertility and is the most common hormonal disorder among women of reproductive age.

Women with PCOS have a hormonal imbalance. Although the exact cause of PCOS is unknown, insulin resistance, diabetes, and obesity are all strongly correlated with the syndrome.

Symptoms of PCOS include weight problems, lack of regular ovulation and/or menstruation, skin changes, small cysts (fluid-filled sacs) in the ovaries, difficulty in getting pregnant, and excessive amounts or effects of androgenic (masculinizing) hormones.

PCOS cannot be prevented, and there is no recognized cure. Early diagnosis and treatment, however, may help in the prevention of long-term complications, such as endometrial cancer, infertility, diabetes, high blood pressure, and heart disease. Treatments are available to help control symptoms, such as irregular menstrual cycles, acne, and unwanted hair growth.

This study looked at a possible way to reduce the effect of PCOS on development of type 2 diabetes. In the study, 30 women with

PCOS took 1,500 mg of resveratrol per day or a placebo.

After three months, women in the resveratrol group saw a 23.1 percent decrease in testosterone levels while the placebo group had increased 2.9 percent. DHEAS, a hormone in the body that converts to testosterone, also decreased 22.1 percent for resveratrol, while increasing 10.5 percent for placebo.

While there was no improvement for placebo, fasting insulin levels declined by 31.8 percent, and insulin sensitivity—the ability of the body to use insulin to metabolize glucose—increased 66.3 percent for resveratrol.

Doctors said the findings suggest resveratrol can decrease the chances of developing type 2 diabetes and other metabolic problems.

Additional Comments from Don Goldberg

Please note that the dose of resveratrol used was high 1,500 mg per day. This is higher than most studies utilize. Commercial resveratrol supplements range from 10 mg to 250 mg per dose. Reserveage has a product with a 500 mg dose.

But bear in mind, a 4 oz glass of red wine contains approximately 320 mcg of resveratrol. That's micrograms, not milligrams. 320 mcg is equal to 0.32 mg. So, while the effect of 1,500 mg of resveratrol on hormone levels and fasting insulin levels on women suffering from PCOS is very, very impressive, resveratrol at this level is functioning as a drug, not a nutritional supplement.



Higher Potency Resveratrol Supplements:

**Healthy Origins Resveratrol 300 mg
60 Veggie Caps - Product Code: 57131**

**Reserveage Resveratrol 500 mg
60 Capsules - Product Code: 57555**



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



1 fl oz - Product Code:56941

Who might benefit from this herbal formula?

- Those suffering from sinus infections, sinus headaches, cold and flu, congestion from allergies and environmental toxins.
- Those who snore.
- Those with congestion while flying.

It is best to inhale deeply right after taking Phyto-Tech™ Sinus Decongest. The deeper one inhales, the more effective the result.

Dosage:

General Dosage: Take 15-30 drops directly in mouth, or in water or juice as soon as is needed. Take 1-3 times per day and up to every 3 hours when needed.

Acute infection: Take every 30 minutes to 2 hours until relief maintains

Ingredients:

Phyto-Tech™ Sinus Decongest contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb, Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain, Glycerin Vegetable, Honey.

How does it work?

Peppermint Oil and Fresh Organic Horseradish pulls the action up and into the sinus while the pungency of Cayenne, Garlic Onion and Horseradish increase circulation. Since the sinus cavity has poor circulation in general, this increase allows immune compounds in the blood to fight infection. The additional Immuno-Stimulating action of Echinacea, Spilanthes, Goldenseal, Elderberry, Garlic, Olive and Fresh Osha help stimulate the body to fight off microbial inundation and assist in healing. Decongesting herbs like Horehound, Licorice, Wild Cherry and Osha also help clear the lungs. Sinus Decongest helps to thin, thick and infected mucus and expectorate it out. In this way, it can help resolve

an unproductive cough. Fever managing herbs like Boneset, Yarrow, Osha, Andrographis and Peppermint also help reestablish immune homeostasis.

Complimentary Formulas:

- Phyto-Tech™ Sinus Decongest is synergistic with other immune formulas to increase immune stimulation.
- Combine with Echinacea Goldenseal (Phyto-Tech™ Echina Acute Complex) or Phyto-Tech™ Oregano Oil 70 to additionally stimulate white blood cell activity.
 - For lung congestion or sore throats, combine with Phyto-Tech™ Respiratory Complex.
 - For long-term immune weakness, combine with Phyto-Tech™ Immune Complex or Phyto-Tech™ Elderberry 1:2.
 - Phyto-Tech™ Respiratory Complex (to clear out lungs)
 - Phyto-Tech™ Mushroom Extract Complex/Dual Extraction Blend (rebuild immunity)
 - Phyto-Tech™ Sinus Allergy Blend/Chinese Herbal Formula (Chinese formula to balance constitutions)
 - Phyto-Tech™ Allergy Complex (if allergies)
 - Phyto-Tech™ Oregano Oil 70 (powerful anti-microbial)
 - Phyto-Tech™ Echina Acute Complex (colds and Flu)
 - Phyto-Tech™ Astragalus Root 1:3 (if chronic weak immunity)

Skullcap 1:2

1 fl oz - Product Code: 57064

Sleep Complex

Phyto-Tech™ Sleep Complex with Melatonin
A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.

1 fl oz - Product Code: 57028

60 liquid filled Veggie Caps - Product Code: 57045

Who can benefit from this supplement?

- Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety.

Ingredients:

Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg.

Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin, 3 mg.

Sleep Complex with Melatonin comes in two forms a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin.

Dosage:

For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night. This herbal supplement can be used along with other sleeping aids.

. . . continued on page 96

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



62531	ALIVEL 100 EURYCOMA 50	60	CAP	34.99	27.99
64821	CHOLESTRIN HPE 150 2X	60	CAP	34.99	27.99
62536	COQ10 100 MG SGC	60	SGC	34.99	27.99
62538	COQ10 100 PLUS OMEGA 3	60	SGC	39.99	31.99
62537	COQ10 100 UBIQUINOL QH	60	SGC	49.99	39.99
62535	COQ10 200 MG SGC	60	SGC	41.99	33.59
64688	GR8 BRAIN	90	SGC	55.99	44.79
64616	OMEGACHOICE PLS D3 AST	60	SGC	39.99	31.99
62542	RED YEAST RICE ULTIM	120	CAP	44.95	35.96

OPTIMOX					
44524	IODORAL 12.5 MG	90	TAB	27.20	21.76
45130	IODORAL 12.5 MG	180	TAB	50.00	40.00
58129	IODORAL 50 MG	90	TAB	84.00	67.20
18110	OPTIVITE PWT PMS MULTI	180	TAB	26.00	20.80

OREGONS WILD HARVEST					
63446	ASHWAGANDA RT 400 ORG	90	VCA	24.95	22.45
63448	ASTRAGALUS REISHI ORG	90	VCA	19.45	17.50
63447	ASTRAGALUS RT 375 ORG	90	VCA	15.95	14.35
63864	BURDOCK ROOT PWD ORG	4 Z	PWD	13.00	11.70
63865	CAYENNE PEPPER PWD ORG	4 Z	PWD	14.00	12.60
66700	CHAMOMILE WHOLE PWD OG	4 Z	PWD	16.00	14.40
63868	CINNAMON POWDER ORG	4 Z	PWD	15.90	14.31
63449	CINNAMON TRUE 450 ORG	60	VCA	22.95	20.65
63869	COMFREY ROOT PWD ORG	4 Z	PWD	9.90	8.91
64754	DANDELION RT FLAKES OG	4 Z	FLK	13.00	11.70
63872	ECHIN PURP RT PWD ORG	4 Z	PWD	13.00	11.70
63450	ECHINACEA TOPS & RT OG	90	VCA	16.45	14.80
67243	EYE LOVE LUTEIN	60	VCA	29.95	26.95
63451	FENUGREEK ROOT 500 ORG	90	VCA	14.95	13.45
63875	GINGER ROOT PWD ORG	4 Z	PWD	12.70	11.43
63452	GOLDENSEAL RT 535 ORG	50	VCA	21.45	19.30
63877	HAWTHORN LF & FLW ORG O	4 Z	PWD	13.90	12.51
63454	KELP 600 MG ORG	90	VCA	11.95	10.75
66226	MACA ROOT PWD ORG	.25	PWD	17.00	15.30
67480	MILK THISLE ORGAINC	180	CAP	40.95	36.85
63455	MILK THISTLE ORGANIC	90	VCA	26.95	24.25
63878	MILK THISTLE SEEDS ORG	4 Z	SED	9.00	8.10
63879	PASSION FLOWER TOP ORG	4 Z	PWD	11.50	10.35
63457	SAW PALM PYGEUM ORG	90	VCA	20.45	18.40
63880	SLIPPERY ELM PWD ORG	4 Z	PWD	17.00	15.30
63884	STRESS GUARD VCAP	90	VCA	26.45	23.80
65966	TURMERIC 450 MG ORG	60	VCA	29.99	23.99
63881	TURMERIC ROOT PWD ORG	4 Z	PWD	8.00	7.20
63882	VALERIAN ROOT PWD ORG	4 Z	PWD	15.00	13.50

ORGANIX SOUTH					
56224	CONDITIONER THERA NEEM	12Z	LIQ	14.89	11.91
60467	MOUTHWASH NEEM CINNAM	16Z	LIQ	15.29	12.23
57483	MOUTHWASH THERA NEEM	16Z	LIQ	15.29	12.23
67058	NEEM CRM ORANGE YLANG	2 Z	CRM	17.59	14.07

55953	SHAMPOO THERA NEEM	12Z	LIQ	14.79	11.83
55951	THERA NEEM CRM LF OIL	2 Z	CRM	17.79	14.23
56610	THERA NEEM EXTRACT	1 Z	LIQ	15.89	12.71
55950	THERA NEEM GEL CAP	30	SGC	27.29	21.83
55952	THERA NEEM GEL LF ALOE	8 Z	GEL	13.29	10.63
56854	THERA NEEM LOTION	8 Z	LIQ	14.69	11.75

ORTHO MOLECULAR PRODUCTS					
54246	4 SIGHT	60	VCA	71.00	63.90
54259	4 SIGHT	120	VCA	124.30	111.87
51947	5 HTP 100 MG	90	VCA	44.80	40.32
56534	ADAPTEN ALL	120	VCA	52.30	47.07
54144	ADREN ALL	120	CAP	52.30	47.07
55406	ADRENE VIVE	60	VCA	49.90	44.91
51647	ALOE SUPER 450	100	CAP	20.40	18.36
55232	ALPHA BASE W/O IRON	240	VCA	49.50	44.55
51922	BALANCE (FEM CARE)	60	VCA	24.70	22.23
67402	BERGAMOT BPF 500 MG	60	CAP	43.50	39.15
53471	BUFF C CAP	180	CAP	33.10	29.79
55609	BUFFERED C PWD LEMON	300	PWD	33.90	30.51
54206	CAL REACTED	180	CAP	38.50	34.65
50497	CANDICID FORTE	90	CAP	35.90	32.31
53554	CARDIO B	120	VCA	43.10	38.79
50367	CARDIO 8	60	CAP	24.60	22.14
51693	CDG ESTRO DIM	60	VCA	71.00	63.90
52424	CHONDRO FLX	90	VCA	49.90	44.91
51740	COQ10 100 MG SGC	120	SGC	99.90	89.91
52768	D HIST JR	60	CHW	18.60	16.74
50538	D HIST NATURAL	120	CAP	41.40	37.26
65649	D HIST NATURAL BLISTER	10	CAP	8.32	7.48
51301	D3 1000 IU O	180	VCA	19.90	17.91
54209	D3 5000 IU	120	VCA	26.20	23.58
56442	DHEA 25 MG	90	CAP	18.40	16.56
51148	DHEA 5 MG TAB	100	TAB	12.80	11.52
51632	DIAXINOL	60	VCA	47.90	43.11
56475	DIGESTZYME V	90	VCA	36.50	32.85
52038	E MIXED TOCOPHEROLS	60	SGC	29.10	26.19
66705	FLORA BITES 5 BILL CHW	20	CHW	29.90	26.90
67448	GLYCEMIC FOUNDATIN VAN	923	PWD	79.90	71.99
51269	INFLAMMA BLOX	180	CAP	93.90	84.51
54721	K2 W/D3 45 MCG/5000 IU	60	VCA	31.30	28.17
60246	LIPITROL	60	CAP	47.90	43.11
52820	LIPIDIC ACID 300 MG	60	CAP	43.90	39.51
54084	MAGNESIUM REACTED	180	VCA	40.80	36.72
53002	MEMBRIN	30	VCA	32.20	28.98
65326	MITOCORE	120	CAP	56.70	51.03
51782	MULTIMIN REACTED	120	VCA	30.40	27.36
52150	N A C 500 MG	60	VCA	26.30	23.67
50718	NATOKINASE	90	VCA	50.90	45.81
54692	NIACIN 500 MG T/R	90	TAB	25.20	22.68
51721	NK STIM	120	VCA	78.40	70.56
57257	ORTHO 8 COMPLEX	180	VCA	41.80	37.62

51482	ORTHO BIOTIC	60	VCA	64.60	58.14
66452	ORTHO BIOTIC 100 BILL	30	CAP	63.70	57.33
51978	ORTHO BIOTIC PWD	51G	PWD	31.00	27.90
55833	ORTHO DIGESTZYME	180	CAP	50.90	45.81
54190	ORTHO DIGESTZYME	90	CAP	29.10	26.19
63736	ORTHOMEGA 820 LEMON	180	SGC	77.10	69.39
63741	ORTHOMEGA 820 SGC	60	SGC	35.00	31.50
50539	ORTHOMEGA FISH OIL 820	120	SGC	54.00	48.60
51882	OSTEOPREV	120	VCA	52.80	47.52
54814	PARACID FORTE	90	VCA	60.60	54.54
51674	PLANT STEROLS	60	CAP	26.60	23.94
53404	PREGNENOLONE 10 MG	100	TAB	15.10	13.59
50737	PRO BONO 60 PAKS	60	PAK	103.90	93.51
51701	PYLORICIL	60	VCA	52.50	47.25
51147	SINATROL	60	VCA	32.80	29.52
67399	THYROTAIN	120	CAP	37.40	33.66
64001	VIRACID	60	CAP	35.90	32.31
58333	ZINC REACTED	60	VCA	15.70	14.23

P R L					
21485	ARTEBEN	30	LIQ	15.50	15.50
21504	HAWTHORNE BERRY	30M	LIQ	12.00	12.00
21521	SILMAX PC 80	30M	LIQ	15.00	15.00

PARADISE HERBS					
51061	ASHWAGANDHA EXT 250 MG	60	VCA	24.99	19.99
51062	ASTRAGALUS EXT 250 MG	60	VCA	17.99	14.39
55031	ASTRAGALUS REISHI MAIT	60	VCA	34.99	27.99
64936	BACOPA 250 MG ORG	60	VCA	23.99	19.19
65900	BANABA LEAF	180	VCA	49.99	39.99
54766	BANABA LEAF	60	VCA	19.99	15.99
55032	BROMELAIN JOINT DIGEST	60	VCA	34.99	27.99
57182	COLEUS FORSKOLII	60	VCA	39.99	31.99
53615	CORDYCEPS EXT 400 MG	60	VCA	29.99	23.99
58994	FO TI	/60	CAP	29.99	23.99
62914	GARCINIA CAMBOGIA 500	60	VCA	16.99	13.59
52436	GOJI 12:1 400 MG	60	VCA	24.99	19.99
51063	GREEN TEA YELLO MOUNT	60	VCA	16.49	13.19
51064	HOLY BASIL LOTUS BACOP	60	VCA	24.99	19.99
55034	IMPERIAL ADAPTOGEN	60	VCA	39.99	31.99
58242	JIAOGULAN 12:1	60	VCA	19.99	15.99
53616	MACA 250 MG	60	VCA	24.99	19.99
60231	MACA UP CHOC	452	PWD	39.99	31.99
53724	MANGOSTEEN	60	VCA	29.99	23.99
51065	MILK THISTLE 16:1 80%	60	VCA	20.99	16.79
62404	MULTI ONE NO IRON ADD	60	VCA	29.99	23.99
62407	MULTI ONE W/IRON	60	VCA	29.99	23.99
51066	OLIVE LEAF SPAN ANDALU	60	VCA	19.99	15.99
58240	OMEGASURE FISH OIL	30	VCA	19.99	15.99
58703	ORAC ENERGY GREEN CAP	120	VCA	34.99	27.99
55598	ORAC ENERGY GREENS	364	PWD	99.99	79.99
53911	ORAC ENERGY GREENS	182	PWD	59.99	47.99

55035	ORAC ENERGY GREENS PAK	15	PAK	29.99	23.99
51067	OREGANO MOROCCAN	60	VCA	16.49	13.19
57270	PROTEIN GREENS ORAC EN	454	PWD	49.99	39.99
59632	PROTEIN GREENS PAK	14	PAK	34.95	27.96
52585	REISHI	60	CAP	29.99	23.99
58239	RESVERAGRAPE MEDVITA	60	VCA	39.99	31.99
51068	RHODIOLA DUAL ACTION	60	VCA	29.99	23.99
61364	SAFFR TONE SAFFRON EXT	60	VCA	41.69	33.35
53617	SCHISANDRA	60	VCA	24.99	19.99
56151	SUMA BRAZILIAN	60	VCA	19.99	15.99
55890	TURMERIC 50% CURCUMIN	120	VCA	39.99	31.99
55036	TURMERIC 50% CURCUMIN	60	VCA	19.99	15.99

"If you choose to use only one supplement, PGX is the most important."

— Dr. Mark Hyman states in his book, *Eat Fat, Get Thin*

PGX® DAILY

- Supports healthy blood sugar levels already within the normal range
- Supports total cholesterol levels already within the normal range
- Promotes healthy weight loss

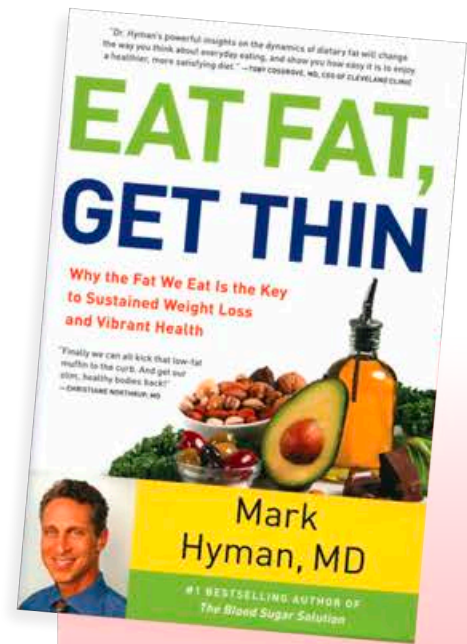


Go to PGX.com to start the program

or contact the PGX support center at 1-800-895-1470 or email support@pgx.com

pgx.com

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



"I've struggled with my weight most of my life, and tried numerous diets and supplements. I finally found something that works for me — PGX! I took PGX before every meal and it reduced my appetite immediately. I was amazed at how easy it was and knew I could incorporate PGX into my lifestyle on a daily basis to lose those unwanted pounds."

— Bea N.

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Factors**

The Best Tasting Whey Protein!



WHEY FACTORS®

No added sugar! Grass-fed, no growth hormones, and GMO free

- 16–18 g of protein per serving
- Non-denatured and microfiltered
- No artificial sweeteners!
- 100% natural whey protein





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Spilanthes 1:2

An herb with a long folk history of use in treating dry mouth, toothache, and various types of gum disease. More recently, it have been investigated for its antibacterial and antifungal action, along with antioxidant and anti-inflammatory activity

1 fl oz - Product Code: 57487

Who might benefit from this herbal supplement?

- Those with dry mouth.
- Those with gum disease, bad breath, an altered sense of taste, thick saliva, cracked lips or split skin at the corners of the mouth.
- Those with fungal infections in the mouth.
- Those with sore throat

Ingredients:

Phyto-Tech™ Spilanthes is composed of Spilanthes Flower Tops Fresh, Alcohol Pure Grain, Water Pure Deionized.

St John's Complex

A synergistic blend of herbs designed to reduce mild depression and elevate mood.

1 fl oz - Product Code: 57075

Who might benefit from this supplement?

- Those with mild depression, mood swings, lethargy
- Those who are "feeling down;" those with a depressed libido.

Ingredients:

Phyto-Tech™ St. John's Complex contains a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, Fresh Pulsatilla Herb, Pure Grain Alcohol, Deionized Water.

Those who feel flat or have lowered passion and vital energy can use St. John's Complex. Many people do not have clinical depression, but do feel deflated and a bit down on a

daily basis. These people can use this safe remedy. While some will feel immediate effects (most likely from the other ingredients besides the St. John's Wort), full benefits are realized after one month of continual use.

Effects can take effect in as soon as 2 weeks, but 4 weeks is more common. It is best used as a long-term tonic over 1 month. It can also be used very long term.

Caution: not intended for severe depression; do not take during pregnancy or while nursing; do not combine with prescription antidepressant medication.

Dosage:

Generally: 20-60 drops, 2-3 times per day in juice or water.

St John's Wort 1:2

St. John's Wort is indicated for mild to moderate depression. It is safe and can be used long term.

1 fl oz - Alcohol Free,- Product Code: 57020

1 fl oz - Reg, Product Code: 56967

Also available in a vegetarian capsule form

90 Veggie Caps - Product Code: 60123

Ingredients:

Each Phyto-Tech™ St. John's Wort veggie capsule contains 300 mg of St. John's Wort Herb (standardized at 0.3% Hypericin) in a base of 150 mg of full spectrum, certified organic St. John's Wort Herb.

Stay Well Complex

Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea results in enhanced efficacy.

1 fl oz - Product Code: 56976

Who can benefit from this herbal supplement?

- Children and their family members who want to prevent

the spread and worsening of cold and flu infection.

- Those who frequently catch colds.

At the first threat of the onset of a cold or flu, give large frequent doses over the course of one day for an immediate effect. It is safe to repeat doses every 2 hours when on the edge of getting sick. Contrary to popular myth, Echinacea will remain effective for months with daily use. This is why Echinacea has become famous and is indicated for children who get repeated colds season after season. It is also indicated for adults and the elderly.

The addition of Elderberry increases efficacy for use for symptoms of a cold, flu or influenza. It should help reduce these symptoms and their duration. Phyto-Tech™ Stay Well Complex is not diluted but is instead, a full strength extract suitable for adults as well.

Ingredients:

Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20 mg./ml., Vegetable Glycerin, Deionized Water, Honey. Caution: Due to the honey content, this product is not recommended for children under two years of age.

Dosage: (by weight)

If 10-30 lb., use 10-20 drops; if 31-60 lb., use 20-40 drops; if 61-100 lb., use 40-60 drops; if over 100 lb. Use 60-90 drops. Take appropriate dose 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK, but taste is improved if added to juice.

Stevia Extract 90

Stevia Leaf Extract, standardized to 90% Steviosides. A very pleasant tasting, sweet herb, with no bitter aftertaste.

2 fl oz - Product Code: 56940

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Vitamin D Reduces Skin Rash and Chances for Asthma

Vitamin D has been shown to be an important factor in alleviating or preventing various types of allergy conditions. Here are two recent studies that provide examples of this, including the importance of starting vitamin D supplementation during childhood.

Vitamin D Eases Symptoms of Eczema

Recent studies suggest vitamin D plays a role in the skin condition atopic dermatitis (AD), or eczema. Doctors reviewed the research database for all eczema (AD) studies through May, 2015, and found that, overall, those with atopic dermatitis (AD) are more likely to have low levels of vitamin D, and that supplements can help.

On average for all age groups, those with atopic dermatitis (AD) had vitamin D levels that were 2.03 nanograms per milliliter of blood (ng/mL) lower than those without AD. Children with AD had even lower vitamin D levels: 3.03 ng/mL lower than healthy kids. The studies also suggested that adding vitamin D supplements reduced AD symptoms in all groups.

Doctors don't know what causes eczema, but many people with the condition also have a family history of allergy or asthma.

(Reference: Nutrients; 2016, Vol. 8, No. 12, 789)

Adequate Vitamin D Means Less Asthma in Youngsters

Being deficient in vitamin D may increase chances for asthma, but earlier research was inconclusive. In this 10-year follow-up study, doctors tracked children from birth through age 10.

Overall, children who were often deficient in vitamin D in early childhood were more likely to have asthma, allergy, and eczema at age 10. During the first few years, kids with low vitamin D levels were more likely to have allergic immune responses. At six months, kids who were deficient in vitamin D were more likely to have harmful bacteria in the upper airways, and were more susceptible to lower respiratory infection, both of which increase chances for asthma. This is the first study to track vitamin D deficiency from birth to the onset of asthma, and suggests a clear link.

(Reference: Journal of Allergy and Clinical Immunology; October, 2016, Published Online)

Additional Comments from Don Goldberg

These studies highlight the importance of making sure children get optimal nutrition, both through diet and nutritional supplementation. Many types of children's vitamin supplements are available.

The pharmacists and nutritionists at Willner Chemists will be happy to help you select the right product for your children's specific needs.



www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit Don's Blog www.dongoldberg.com

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it's not enough
to be natural...
**it also has
to work.**





Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



63976	PHRESH GREENS RAW	10Z	PWD	69.99	55.99
63978	PHRESH PH STRIPS	80	MIS	18.95	15.16

PINES INTERNATIONAL					
33701	BARLEY GRASS PWD	10Z	PWD	32.59	26.07
37714	BEET JUICE PWD	5 Z	PWD	38.79	31.03
22230	WHEAT GRASS 500	500	TAB	32.29	25.83
23784	WHEAT GRASS 500	100	TAB	12.59	10.07
22927	WHEAT GRASS PWD	10Z	PWD	32.59	26.07

PIONEER NUTRITIONAL					
66222	ANTIOXIDANTS COMPLEX	60	TAB	29.19	23.35
63229	C 500 CMP VEG	180	VCA	25.79	20.63
60297	C 500 MG CMP VEG	90	VCA	15.69	12.55
41628	CAL MAG VCAP	180	VCA	27.29	21.83
41435	CAL MAG VEG 250/125 MG	120	TAB	20.49	16.39
50018	GLUCOS CHOND JOINT FRM	120	CAP	39.49	31.59
43037	IPRIFLAVONE CAL MAG	150	TAB	38.09	30.47
42795	ONE PLUS VIT MIN VCAP	120	VCAP	31.69	25.35

PLANETARY HERBALS					
51353	ANDROGRAPHIS	120	TAB	18.50	14.80
51326	ANTLER VELVET 250 MG	60	TAB	50.50	40.40
58036	BUPLEURUM CALMATIV CMP	60	TAB	10.25	8.20
51030	BUPLEURUM CAMTATIVE	120	TAB	19.50	15.60
36249	BUPLEURUM LIVER CLEANS	72	TAB	12.50	10.00
39009	BUPLEURUM LIVER CLEANS	150	TAB	25.50	20.40
18343	CALM CHILD SYRUP	2 Z	LIQ	15.25	12.20
58428	CILANTRO HEAVY METAL	2 Z	LIQ	12.98	10.38
63339	CILANTRO HEAVY METAL	4 Z	LIQ	24.50	19.60
44609	CINNAMON EXT 200	120	TAB	18.50	14.80
60820	CORDYCEPS 450 FULL SPC	120	TAB	24.98	19.98
51828	CORDYCEPS POWER CS-4	60	TAB	13.25	10.60
56865	ECHIN GOLDENSL W/OLIVE	60	TAB	21.50	17.20
54363	ELDERBERRY SYRUP	4 Z	LIQ	17.50	14.00
57552	GINSENG REVITALIZER	90	TAB	29.50	23.60
52227	HORNY GOAT WEED 1200	30	TAB	12.50	10.00
58225	INFLAMA CARE	60	TAB	32.50	26.00
61338	KIDS IMMUNE PROTECT	4 Z	LIQ	21.50	17.20
56560	LOQUAT RESPIR KIDS SYR	4 Z	LIQ	10.25	8.20
55815	LOQUAT RESPIRATORY SYR	4 Z	LIQ	10.25	8.20
66866	LOWER BACK SUPPORT LIQ	2 Z	LIQ	14.50	11.60
66867	LOWER BACK SUPPORT LIQ	4 Z	LIQ	26.50	21.20
65319	MULLEIN LUNG COMPLEX	90	TAB	15.75	12.60
58045	NECK AND SHOULDERS SUP	60	TAB	13.50	10.80
58046	OIL OF OREGANO	60	CAP	21.50	17.20
55817	OLD INDIAN SYRUP KIDS	4 Z	LIQ	10.75	8.60
60052	SCHISANDRA ADRENAL CMP	120	TAB	21.50	17.20
57463	SINUSFREE	4 Z	LIQ	14.50	11.60
66567	STEVIA W/FOS	4 Z	PWD	12.50	10.00
50519	STINGING NETTLE 420 MG	120	TAB	28.50	22.80
18395	STONE FREE 820 MG	90	TAB	14.98	11.98
39510	STONE FREE 820 MG	180	TAB	28.50	22.80
66531	STONE FREE LIQUID	2 Z	LIQ	13.50	10.80
66532	STONE FREE LIQUID	4 Z	LIQ	25.50	20.40
66533	STONE FREE LIQUID	8 Z	LIQ	50.50	40.40
54972	STRESS FREE TABS	ABS	TAB	19.50	15.60
44299	TRI CLEANS CMP INT CLN	10Z	PWD	18.98	15.18
56584	TRIPHALA CAP	90	CAP	11.50	9.20
58802	TRIPHALA GOLD 1000 MG	120	TAB	23.50	18.80
18412	TRIPHALA INTERNAL CLNS	90	TAB	13.50	10.80
42700	TRIPHALA INTERNAL CLEAN	180	TAB	26.50	21.20
44298	TRIPHALA INTERNAL CLEMS	6 Z	PWD	14.50	11.60
66530	TRIPHALA LIQUID	4 Z	LIQ	24.50	19.60
66529	TRIPHALA LIQUID	2 Z	LIQ	12.75	10.20
45574	VITEX 500 MG STD FS	60	TAB	9.75	7.80
56629	WASABI DETAOX 200 MG	60	TAB	23.50	18.80
57854	WELL CHILD ECHIN ELDER	4 Z	SRP	18.50	14.80
44450	WILD CHERRY BARK SYR	4 Z	LIQ	11.50	9.20
59414	WILD CHERRY BARK SYR	8 Z	LIQ	21.50	17.20
45225	YIN CHIAO CLASSIC	120	TAB	33.50	26.80
44446	YIN CHIAO ECHIN CMP	60	TAB	14.98	11.98
66776	YIN CHIAO ECHIN COMPLX	120	TAB	28.50	22.80

PREMIER ONE					
23983	BEE POLLEN CAP 580 MG	100	CAP	12.89	10.31
21579	BEE POLLEN CHW 650 TAB	100	TAB	12.19	9.75
24890	BEE PROPOLIS 650 MG	60	CAP	16.09	12.87
31830	ENERGY RAW	60	CAP	11.19	8.95
26674	ENERGY RAW EXTREME	100	CAP	20.79	16.63
26716	POLLEN POWER GRANULES	.75	PWD	9.99	7.99
29836	PROPOLIS THYME TINC	1 Z	LIQ	17.79	14.23
31829	ROYAL JELLY 1000 MG	30	CAP	20.49	16.39
52699	ROYAL JELLY 2000 MG	30	CAP	29.09	23.27
18338	ROYAL JELLY 500	30	CAP	14.99	11.99
23033	ROYAL JELLY 500 MG	90	CAP	35.99	28.79
21574	ROYAL JELLY/HNY 14000	11Z	LIQ	19.49	15.59
18337	ROYAL JELLY/HNY 30000	11Z	LIQ	24.79	19.83
21575	RYL JEL IN HON 7 000	.5Z	LIQ	11.19	8.95

PRIMAL PIT PASTE					
67258	DEOD STICK COCO LIME	2 Z	STK	10.95	10.95
66954	DEOD STICK HAPPY PITS	2 Z	STK	12.95	12.95
67070	DEOD STICK LAVENDER	2 Z	STK	10.95	10.95
66952	DEOD STICK ROYAL ROGUE	2 Z	STK	10.95	10.95
66953	DEOD STICK UNSCENTED	2 Z	STK	10.95	10.95
66951	DEOD STK THYME LEMONGR	2 Z	STK	10.95	10.95

PRINCE OF PEACE					
62488	GINGER HONEY CRYSTALS	30	PAK	12.19	9.75
52589	PU ERH BLACK TEA PREM	100	BAG	8.99	7.19
66808	WHITE TEA ORGANIC	100	BAG	8.99	7.19

PROBULIN					
65933	COLON SUPP PROB 20 BIL	30	CAP	39.99	33.99
65935	DAILY CARE PROB 10 BIL	60	CAP	49.99	42.49
65934	DAILY CARE PROB 10 BIL	30	CAP	26.99	22.95
65940	P PAK PROB 20 BILLION	10	CAP	17.99	15.29
65936	PROBIOTIC 6 BILLION	45	CAP	24.99	21.24
65937	PROBIOTIC 6 BILLION	90	CAP	39.99	33.49
65939	TRIMSYNERGY PROB 20 BL	60	CAP	69.99	59.49

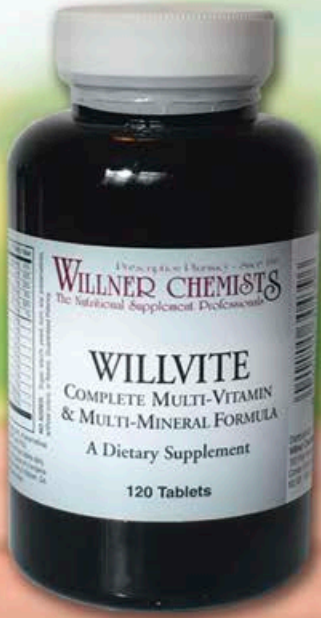
65938	WOMENS HEALTH PROB 208	30	CAP	39.99	33.49
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PROGRESSIVE LABS					
15254	ACIDOPH DR HP 2.8 BILL	90	VCA	24.00	19.20
15259	ADRENO TROPHIC	250	CAP	41.50	33.20
15260	ALLER B	90	CAP	20.00	16.00
15261	AMINO BLEND 750 CAP	90	CAP	27.50	22.00
15299	B12 INTRINSIC FACTOR	60	CAP	23.50	18.80
15263	B12 LINGUAL 1000 MCG	60	TAB	16.00	12.80
20289	B6 100 CAP	100	CAP	13.00	10.40
15265	BIFIDO COMPLEX	90	CAP	23.50	18.80
22060	BRAIN CONCENTRATE	90	CAP	19.00	15.20
60600	BRIGHTANT VISON	90	VCA	72.00	57.60
22767	C 1000 + BIOFLAV	250	CAP	35.00	28.00
15267	C ASPA SCORB	8 Z	PWD	40.99	32.79
56418	C BUFF W/BIOFLAVONOIDS	90	VCA	21.00	16.80
20291	CALCIUM LACTATE	100	CAP	17.00	13.60
15271	CAPRYLATE COMPLEX	100	CAP	22.00	17.60
36757	CARDIO FLOW	180	CAP	48.00	38.40
15278	CHROMIUM PICOL + 500	60	CAP	19.00	15.20
54741	COQ10 400 MG SGC	30	SGC	44.00	35.20
15281	CORYZA FORTE	250	CAP	50.50	40.40
62060	D3 1000 IU	100	CAP	9.00	7.20
61305	D3 5000 IU	100	CAP	11.00	8.80
22897	DGL COMPLEX	90	CAP	21.50	17.20
27550	DHEA 50 MG X TRA	60	CAP	25.00	20.00
15282	DIGESTIN	250	CAP	68.00	54.40
20292	DIGESTIN	60	CAP	26.00	20.80
22784	EPA DHA 300 1000	90	CAP	18.00	14.40
24969	FEM GEST CREAM	2 Z	CRM	24.00	19.20
25935	GABA 500 MG	90	CAP	24.00	19.20
15288	GABA VAL	90	CAP	32.99	26.39
43948	GC MSM 3550	120	CAP	37.00	29.60
22770	GLUCOS SULF 500	60	CAP	15.00	12.00
15293	HEMADYN PRO	60	CAP	15.00	12.00
15298	INFLAMASE	90	CAP	29.00	23.20
15317	IODINE ORGANO DROPS	2 Z	LIQ	25.00	20.00
57469	K2 VITAMIN (MENAQ7)	30	VCA	27.50	22.00
15303	LIVATRATE	100	CAP	16.00	12.80
63763	LUTEIN ZEAXANTHIN	30	SGC	18.50	14.80
15304	LYSINE 500	90	CAP	13.00	10.40
15305	MAGNEZYME 400 MG	100	CAP	18.00	14.40
30492	MCCH CAP	120	CAP	24.49	19.59
58189	MEMORIES W/SEANOL P	90	CAP	63.50	50.80
15309	MULTI CAP	250	CAP	43.00	34.40
66719	MULTI SCORB CAP	200	VCA	41.00	32.80
50716	NATTOKINASE PLUS P	60	SGC	32.49	25.99
54489	NIACINAMIDE 500 MG	60	VCA	14.50	11.60
45064	OSTEO MINS AM	60	CAP	17.50	14.00
43954	OSTEO MINS PM W/D	240	CAP	27.00	21.60
43936	OSTEO MINS PM W/D + K	240	CAP	38.00	30.40
19854	OXY PRO	60	CAP	19.00	15.20
30400	PAN 10X	250	CAP	78.00	62.40
15319	PAN 5X	250	CAP	62.00	49.60
15321	PARA THYROLATE	90	CAP	17.99	14.39
23166	PARADEX	90	CAP	19.50	15.60
61938	PHOS SERINE 100 MG	60	VCA	37.00	29.60
23751	PINEAL CONC	90	CAP	33.50	26.80
24916	PRO ANTHO FORTE	60	VCA	31.00	24.80
60830	PROBIOTIC BROAD 10 BIL	30	TAB	26.00	20.80
26727	PROBIOTICS MPF	90	CAP	23.00	18.40
15328	PROSTAGLAN	120	CAP	47.50	38.00
54597	R LIPOIC ACID 100 MG	60	CAP	41.00	32.80
15338	THYRO COMPLEX	90	CAP	20.99	16.79
15339	TRACE MIN +	100	CAP	16.50	13.20
15340	TRI 40	90	CAP	17.00	13.60
65630	TRYPTOPANE 500 MG	90	CAP	33.75	27.00
15341	TYROSINE	90	CAP	19.00	15.20
50212	U TRACT CMP CAP	120	CAP	39.00	31.20
40667	U TRACT MANNOSE	1.7	PWD	33.00	26.40
15342	VEGZYME	90	VCA	20.00	16.00
15343	ZINC PICOL + 25 MG	60	CAP	12.50	10.00

PROTOCOL FOR LIFE					
67085	5 HTP 100 MG	90	VCA	35.00	29.75
65279	ADRENAL CORTISOL SUPP	90	VCA	30.00	25.50
65265	BIFIDO DIGEST VCAP	60	VCA	30.00	25.50
67013	BORAGE OIL 240 MG GLA	60	SGC	17.00	14.45
65913	BRAIN REGAIN	90	VCA	30.00	25.50
65266	COGUMIN SCLP CURCUMIN	50	VCA	40.00	34.00
66637	COQ10 100 LIQ ORANGE	4 Z	LIQ	21.99	18.69
65263	D3 10000 IU SGC	120	SGC	17.00	14.45
65264	D3 5000 SGC OLIVE BASE	120	SGC	13.00	11.05
66829	G 1 GUARD AM	60	TAB	28.00	23.80
67389	GLUCOSE MANAGEMENT	90	SGC	35.00	29.75
65669	IMMUNE RENEW	90	VCA	20.00	17.00
65268	MCT OIL LIQUID	16Z	LIQ	18.00	15.30
66171	MELATONIN 10 MG EXTRA	100	VCA	18.00	15.30
65501	METHYL B12 5000 MCG PFL	60	LOZ	25.00	21.25
65269	MK 7 K2 160 MCG TAB	60	TAB	36.00	30.60
65270	MYO INOSITOL POWDER	11B	PWD	50.00	42.50
66836	ORTHOFLOA YEAST SUPP	90	VCA	20.00	17.00
65271	PLANT PROTEIN COMPLETE	21B	PWD	35.00	29.75
65275	PROTODOPHILUS 50 BILL	50	VCA	50.00	42.50
65276	PROTOSORB MAGTEIN MAG	90	VCA	38.00	32.30
65277	SACCHAROMYCES BOULARDI	60	VCA	20.00	17.00
65833	SERRAZIMES 33 MG	90	VCA	20.00	17.00
65416	UBIQUINOL 100 MG	60	SGC	50.00	42.50

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Demand is *two-fold*; one from retailers and the other from consumers. Those who know the efficacy of Formula PLN™ for the pollen season requested and, I might add, enthusiastically demanded that I bring Formula PLN™ back.

I have been told by both retailers and consumers alike that Formula PLN™ is the best in the marketplace in its category.

I created Formula PLN™ for my daughter when she was in high school, and today she owns a landscaping and design company.

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Thank you,

Michael Schwartz

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



1 fl oz - Product Code: 56943
4 fl oz - Product Code: 56942

Who can benefit from this herb?

- Those with blood sugar swings, diabetes, obesity, hypertension.

Dosage:

Add 2-8 drops as needed.
Each ml. of Phyto-Tech™ Stevia Extract 90 is equivalent to 300 mg of Stevia. All are 100% Gluten Free.

Now Available In Naturally Flavored Versions:

- Lemon Flavor Stevia, 2 fl oz - Product Code: 60141
- Orange Flavor Stevia, 2 fl oz - Product Code: 60144
- Chocolate Flavor Stevia, 2 fl oz - Product Code: 60140
- Peppermint Flavor Stevia, 2 fl oz - Product Code: 60143
- Cinnamon Flavor Stevia, 2 fl oz - Product Code: 60139
- Vanilla Flavor Stevia, 2 fl oz - Product Code: 60142

Systemic Detox

This detoxifying herbal formula facilitates a full body (systemic) cleansing.

1 fl oz - Product Code: 56970

Alcohol Free - 1 fl oz - Product Code: 57078

Who might benefit from this herbal supplement?

- Those who are concerned about exposure to internally and/or environmental toxins;
- Those who are concerned about the toxemia from drug usage.

Ingredients:

Phyto-Tech™ Systemic Detox contains the following: Fresh Burdock Root, Yellow Dock Root, Oregon Grape Root, Fresh Dandelion Root, Red Clover Flowers, Nettles Herb, Red Root, Fresh Ginger Root, Grain Alcohol, Deionized water

This synergistic blend of herbs is designed to affect multiple organ systems, as follows:

- Liver: Oregon Grape, Burdock, Yellow Dock, Dandelion,

and Red Root

- Urinary Tract: Burdock, Dandelion Root
- Lymph: Red Root, Red Clover
- Skin: Red Clover, Burdock, and Yellow Dock
- Small Intestines: Yellow Dock
- Large Intestines (colon): Yellow Dock
- Blood: Red Clover, Nettles
- Circulation: Ginger

Many of these herbs have a long tradition of use in naturopathic medicine for many toxic conditions. Using Systemic Detox will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels. Herbs do not really cleanse the blood and tissues but instead, stimulate the organs to increase the rate in which they do this naturally. Systemic Detox will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxify helps stimulate organs that eliminate the toxemia from drug usage. It can be used in larger more frequent doses if a faster cleanse is desired, or in moderate doses for a slower cleanse.

Caution: Temporary discomfort can occur during “detoxification” protocols. The value and efficacy of “detoxification” is somewhat controversial, and may not be supported by medical evidence. This product is contraindicated during pregnancy and nursing. This product may affect the rate of metabolic breakdown of certain medications, especially those metabolized in the liver—consult a physician if you are taking such medications.

As these herbs can increase bile from the liver for fat digestion and hydrochloric acid from the stomach for protein digestion, thereby decrease metabolic waste form incomplete digestion. This will assist those who need digestive enzymes. As a consequence of increased innate digestive enzyme

output, peristalsis will increase to help assist normal healthy bowel function. It is not so much a laxative as a regulating agent for sluggish bowels.

Dosage:

Regular cleansing: 15-60 drops 2 to 3 times per day in juice or water; Fast cleanse: Take up to 3 squirts (1 squirt is 30 drops) 4 to 6 times per day in a little water; Overall, adjust the dose to the intensity of the cleansing process and pace desired.

Complementary Formulas:

- For more focus on the liver, add Phyto-Tech™ Liver Support formula.
- For additional digestive system focus, add Phyto-Tech™ Digest Stim Complex.

Throat Spray

A soothing, healing spray for sore and irritated throats.

1 fl oz - Alcohol Free Spray - Product Code: 56957

Who might benefit from this herbal supplement?

- Those with sore and irritated throats due to sickness or over-use; those whose throats are raw and sore from lecturing, yelling, singing, excessive talking, dry air, etc; those with sore throats due to cold or flu.

Ingredients:

Phyto-Tech™ Throat Spray contains the following: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint)
Throat Spray can be used as a preventive measure, i.e. before lecturing, flying on airplanes, contact with sick people, etc, or at the first onset of a respiratory illness.
For colds and flu, Throat Spray is a powerful and immediate

. . . continued on page 101

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



65188	D3 VESISORB 2000 IU	60	LVC	33.10	---	64141	GLUTATHIONE LIPOSOMAL	30	SGC	46.70	---	65312	LYSINE 500	270	VCA	28.20	---	58973	NUTRIENT 950 W/ NAC	120	VCA	39.90	---
52135	DAILY STRESS FORMULA	180	VCA	53.40	---	31059	GLUTATHIONE REDUC 100	120	CAP	42.90	---	30224	LYSINE 500	90	CAP	10.80	---	44229	NUTRIENT 950 W/ NAC	240	VCA	67.10	---
63299	DETOX PURE PACK	30	PAK	64.90	---	60578	GLUTEN DAIRY DIGEST	60	VCA	27.40	---	35491	M R S MUSHROOM FORMULA	120	CAP	59.50	---	39218	NUTRIENT W/O CU/FE/IOD	180	CAP	44.50	---
22140	DGL +	180	VCAP	58.30	---	52902	GLYCINE 500 MG	180	VCA	23.80	---	61315	MACULAR SUPPORT	60	VCA	44.90	---	45623	OLIVE LEAF EXT 500 MG	60	VCA	35.90	---
19156	DGL +	60	CAP	20.00	---	50989	GRAPEFRUIT SEED EXT	120	VCA	29.20	---	33509	MACULAR SUPPORT FORM	120	VCA	79.50	---	33506	OLIVE LEAF EXT 500 MG	120	CAP	64.90	---
59026	DHA LIQUID VEG	1 Z	LIQ	53.60	---	34451	GREEN TEA EXT DECAFF	120	CAP	41.90	---	38264	MAG ASPARTATE 75 MG	90	CAP	13.80	---	63126	ONE MULTI W/ COQ10	60	VCA	33.80	---
30488	DHEA 10 MG	180	CAP	27.50	---	67284	GYLMAG Z STICK PEN	30	STK	42.60	---	19202	MAG CITRATE 150	90	CAP	13.50	---	64343	OPC SORB 100 MG	60	CAP	50.50	---
26445	DHEA 10 MG	60	CAP	11.20	---	61255	HAIR SKIN NAILS ULTRA	60	VCA	36.30	---	34510	MAG CITRATE 150 MG	180	CAP	23.20	---	55228	OPTIFERIN C	60	VCA	11.30	---
26446	DHEA 25 MG	60	CAP	15.00	---	33780	HAWTHORN EXT	120	CAP	29.70	---	43914	MAG CITRATE MALATE	180	VCA	24.60	---	42416	OSTEO BALANCE	210	VCA	39.30	---
29898	DHEA 25 MG	180	CAP	35.70	---	53269	HEARTBURN ESSENTIALS	180	VCA	50.20	---	23148	MAG GLYCINATE 120 MG	90	CAP	19.50	---	51508	OSTEO BALANCE	351	VCA	62.50	---
45340	DHEA 5 MG	60	VCA	10.30	---	53972	HEARTBURN ESSENTIALS	90	VCA	26.80	---	61534	MAG GLYCINATE 120 MG	360	VCA	62.70	---	19184	P 5 P 50 ACTIVATED B6	60	CAP	14.60	---
57546	DHEA 5 MG	180	VCA	25.60	---	57173	HM COMPLEX	180	VCA	76.00	---	36995	MAG GLYCINATE 120 MG	180	CAP	33.40	---	39368	P 5 P 50 ACTIVATED B6	180	CAP	36.80	---
66894	DIGEST ENZYM ULT BET	180	VCA	53.60	---	67192	HMB PLUS	360	VCA	71.80	---	67504	MAGNESIUM LIQ 240 ML	8.1	LIQ	25.30	---	19159	PANCREATIC ENZYME FORM	60	CAP	30.60	---
66893	DIGEST ENZYM ULT BET H	90	VCA	28.70	---	33988	HOMOCYSTEINE FACTORS	60	CAP	20.50	---	64908	MAGNESIUM PWD CITRATE	107	PWD	24.10	---	19160	PANCREATIC ENZYME FORM	180	CAP	79.90	---
55226	DIGESTION GB	180	VCA	48.90	---	39275	HOMOCYSTEINE FACTORS	180	CAP	50.30	---	19203	MANGANESE 8 MG	60	CAP	9.10	---	57748	PANCREATIC VEGENZYMES	180	VCA	50.20	---
53971	DIGESTIVE ENZYMES ULTR	90	VCA	27.20	---	44867	HYALURONIC ACID	180	VCA	93.10	---	41518	MELATONIN 0.5 MG	180	CAP	23.60	---	41146	PANTETHINE 250 MG	120	CAP	82.30	---
53267	DIGESTIVE ENZYMES ULTR	180	VCA	49.90	---	44778	HYALURONIC ACID 70 MG	60	VCA	35.10	---	40054	MELATONIN 0.5 MG	60	CAP	9.00	---	52040	PANTETHINE 250 MG	60	VCA	45.10	---
60991	DIM DETOX	60	VCA	41.50	---	39325	IMMUNHERBS	120	CAP	55.40	---	52899	MELATONIN 20 MG	60	VCA	30.90	---	58287	PANTOTHENIC ACID 500	120	VCA	17.90	---
60508	DIM PRO 100	60	VCA	48.60	---	52413	INDOLE 3 CARBINOL 200	60	VCA	29.50	---	53138	MELATONIN 20 MG	180	VCA	76.50	---	51363	PHYTO ADR	180	VCA	56.40	---
54790	DIM PRO 100	120	VCA	90.40	---	43618	INDOLE 3 CARBINOL 200	120	CAP	51.90	---	44377	MELATONIN 3 MG	180	VCA	29.20	---	66764	PHYTO ULTRACOMFORT	120	CAP	44.10	---
41442	DLPA 500 MG	180	CAP	45.60	---	52422	INDOLE 3 CARBINOL 400	60	VCA	51.10	---	67291	MENO VIVE	60	VCA	45.70	---	50334	POLICOSANOL 20 MG	120	VCA	57.20	---
42372	E 400 MIXED	180	SGC	48.10	---	59614	INDOLE 3 CARBINOL 400 M	120	VCA	90.60	---	56447	MENS NUTRIENTS	180	VCA	52.80	---	53627	POLYPHENOL NUTRIENTS	360	VCA	87.10	---
19189	E 400 MIXED	90	SGC	26.30	---	60416	INOSITOL PWD	250	PWD	39.30	---	59207	MENS PURE PACK	30	PAK	62.30	---	54018	POMEGRANATE PLUS	120	VCA	52.30	---
28883	E P O 500	250	CAP	51.80	---	50759	IODINE	120	VCA	14.30	---	62902	METHYLCOB XTRA	90	VCA	38.60	---	19204	POT 99 (ASPARTATE)	90	CAP	11.70	---
22614	E P O 500 P	100	SGC	23.50	---	62778	IODINE & TYROSINE	60	VCA	16.20	---	19191	METHIONINE 375	60	CAP	14.00	---	19205	POT MAG ASPARTATE	90	CAP	13.40	---
53091	ELECTROLYTE/ENERGY FRM	340	PWD	22.30	---	42931	IODINE & TYROSINE	120	VCA	28.10	---	64471	METHYLASSIST	90	CAP	45.40	---	37106	POT MAG ASPARTATE	180	CAP	25.10	---
55389	EMOTIONAL WELLNESS	60	VCA	69.20	---	56480	IODINE 225 MCG	60	VCA	8.80	---	42645	METHYLCOB B12 1000 MCG	180	VCA	37.70	---	44934	POT MAG CITRATE	180	VCA	23.80	---
67349	EMULSISORB COQ10 100	150	LIQ	36.60	---	39015	IP 6	180	CAP	36.40	---	32961	MINERAL 650	180	CAP	25.50	---	64427	POTASSIUM 200 CITRATE	180	VCA	22.10	---
66675	ENERGIZE PLUS PURE PAK	30	PAK	52.10	---	19201	IRON C	60	CAP	9.60	---	40213	MINERAL 650 NO CU/FE	180	CAP	25.80	---	50326	POTASSIUM 200 MG CITRA	90	VCA	12.30	---
56872	ENERGY XTRA	120	VCA	37.60	---	61347	JUNIOR NUTRIENTS	120	VCA	21.80	---	36731	MSM 850 MG	250	CAP	43.10	---	43832	PREGNENOLONE 10 MG	180	VCA	24.80	---
35261	EPA DHA ESSENT 1000 MG	180	SGC	51.20	---	58598	KRE ALKALYN	180	VCA	41.60	---	36756	MSM PWD 227 GMS	227	PWD	31.00	---	27307	PREGNENOLONE 10 MG	60	CAP	10.00	---
37864	EPA DHA ESSENT 1000 MG	90	SGC	29.40	---	45110	KRILL PLEX	120	SGC	118.00	---	53268	MULTI T/D	120	VCA	43.90	---	27308	PREGNENOLONE 30 MG	60	CAP	14.30	---
64848	EPA DHA VCAP	120	VCA	87.90	---	34174	LACTOBACILLUS ACIDOPH	60	CAP	13.80	---	50554	MULTI T/D	60	VCA	24.50	---	30126	PREGNENOLONE 30 MG	180	CAP	34.60	---
67283	ESTER C FLAVONOIDS	90	VCA	32.40	---	31386	LACTOBACILLUS SPOROGEN	60	CAP	18.90	---	53879	MUSCLE CRAMP TENSION	60	VCA	13.60	---	53249	PRENATAL NUTRIENTS	120	VCA	40.60	---
56028	ESTER C FLAVONOIDS	180	VCA	58.90	---	53090	LIGAMENT RESTORE	120	VCA	55.80	---	35942	N A C 600 MG	180	CAP	47.00	---	52381	PROBIOTIC 5 DAIRY FRE	60	VCA	34.00	---
66968	EYEPROTECT BASICS W/O	60	VCA	20.80	---	31317	LIPOIC ACID 100 MG	120	VCA	38.40	---	19192	N A C 600 MG	90	CAP	27.70	---	61997	PROBIOTIC 50B	60	VCA	66.40	---
29928	FLAX BORAGE OIL	250	CAP	41.90	---	29008	LIPOIC ACID 100 MG	60	VCA	21.00	---	42615	N A C 900 MG	240	CAP	73.20	---	58213	PROBIOTIC GI	60	VCA	35.30	---
19163	FLAX BORAGE OIL	120	CAP	22.20	---	61253	LIPOIC ACID 200 ALPHA	60	VCA	31.40	---	35882	N A C 900 MG	120	CAP	40.60	---	35944	PROSTA FLO EXTRA STREN	180	VCA	73.70	---
61832	FOLATE 1000 MCG	90	VCA	25.60	---	38263	LIPOIC ACID 200 MG	120	VCA	57.00	---	63352	NIACITL 650 MG (NO FLU	180	VCA	55.90	---	32486	PS 100	60	VCA	64.10	---
63406	FOLATE 400 MCG	90	VCA	15.50	---	41531	LIPOIC ACID 400 MG	120	CAP	73.20	---	43666	NIACITOL 500 MG	120	CAP	42.50	---	59953	PURE DEFENSE W/NAC	120	VCA	56.20	---
19181	FOLIC ACID 800 MCG	60	CAP	11.70	---	40117	LIPOIC ACID 400 MG	60	CAP	42.20	---	58108	NITRIC OXIDE SUPP PWD	162	PWD	36.90	---	58460	PURE PALS CHW CHERRY	90	CHW	26.30	---
38280	FOS CAP	250	CAP	42.10	---	44798	LIPOIC ACID 600 MG	120	VCA	87.40	---	66215	NITRIC OXIDE ULTRA	120	VCA	58.40	---	59151	PURE PROBIOTIC	60	VCA	17.90	---
57140	GABA	60	VCA	15.70	---	57346	LIPOTROPIC DETOX	120	VCA	22.80	---	55980	NSK SD (NATTOKINASE)	60	VCA	62.30	---	66501	PURE20 IMMUNE SPRAY	58M	SPY	25.00	---
50388	GINKGO 50 160 MG P	60	VCA	32.10	---	57316	LITHIUM OROTATE 5 MG	180	VCA	35.10	---	45690	NSK SD (NATTOKINASE)	120	VCA	67.90	---	64517	PUREBI ONE INTENSIVE	30	VCA	45.50	---
39549	GINSENG PANAX	120	CAP	47.40	---	53973	LIVER GI DETOX	120	VCA	47.90	---	62449	NSK SD 100 MG	120	VCA	115.80	---	55772	PURECELL	120	VCA	51.50	---
41755	GLUCOS CHOND MSM	120	VCA	53.60	---	58837	LONGEVITY NUTRIENTS	240	VCA	89.00	---	19169	NUTRIENT 950	180	CAP	44.40	---	67503	PUREHEART K2D	60	VCA	36.40	---
52025	GLUCOS HCL + CHOND	120	VCA	59.70	---	52554	LUTEIN 20 MG	120	SGC	80.60	---	55717	NUTRIENT 950	360	VCA	78.20	---	65014	PURELEAN PROT BLEN VAN	680	PWD	52.60	---
37225	GLUCOSAMINE SULF 1000	180	VCA	79.50	---	54842	LUTEIN ZEAXANTHIN	120	VCA	49.30	---	19171	NUTRIENT 950 NO CU/FE	180	CAP	44.50	---	51713	PYCNOGENOL 100 MG	30	VCA	65.30	---
26638	GLUTAMINE 1000 MG 1 GM	90	CAP	25.10	---	55551	LUTEIN ZEAXANTHIN 10/2	60	VCA	27.90	---	19172	NUTRIENT 950 NO CU/FE	90	CAP	25.50	---	58057	PYCNOGENOL 100 MG	60	VCA	119.40	---
39147	GLUTAMINE 500 MG	90	CAP	17.30	---	26534	LVR FORMULA	120	CAP	57.30	---	44892	NUTRIENT 950 NO IRON	360	VCA	78.60	---	33532	PYCNOGENOL 50 MG	120	CAP	124.70	---
36935	GLUTAMINE PWD	227	PWD	43.10	---	40569	LYCOPENE 10 MG	100	CAP	53.80	---	19173	NUTRIENT 950 NO IRON	180	CAP	44.70	---	28337	PYCNOGENOL 50 MG	60	CAP	65.10	---
65241	GLUTATHIONE LIPOSOMAL	60	SGC	81.70	---	52555	LYCOPENE 20 MG	120	SGC	105.60	---	60941	NUTRIENT 950 W K	180	VCA	44.70	---	52133	Q GEL 100 SGC	60	SGC	106.20	---



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



lung white blood cell stimulant (Osha, Propolis). Phlegm is loosened with Licorice and the lungs are opened with Osha. Thyme is specific for throat infections while Propolis coats and helps create an immune barrier. General immunity is stimulated with Echinacea and Spilanthes. Both of those herbs also increase saliva, which pH corrects the mouth and throat to prevent bacteria penetration. As long as saliva and healthy mucus cover the throat, microorganisms such as Strep and influenza will have a harder time penetrating tissue and moving into the body. Licorice, Aloe Vera and honey help to coat mucosal tissue like the throat as demulcents. Ginger increases blood supply to the respiratory tract to bring in innate immunity and help resolve an infection. Throat Spray may be helpful to athletes, asthmatic and those exposed to high altitudes as Osha will increase oxygen uptake. It is great for high altitude sports. Osha brings blood into the capillaries of the lungs, thus facilitating oxygen uptake via hemoglobin.

Thyroid Complex

A blend of herbs, vitamins and minerals that support thyroid function.

90 VeggieCaps - Product Code: 67455

Who might benefit from using this product?

- Those with Hypothyroidism, Low Thyroid Activity, Sluggish Metabolism, Fatigue and Weight Gain, Slow Digestion.

Ingredients:

Each two Phyto-Tech™ Thyroid Complex VeggieCaps contain the following fresh ground herbs, vitamins and minerals: L-Tyrosine - 400mg, Organic Ashwagandha Root 100 mg, Organic Gotu Kola Herb -100 mg, Organic Bacopa 100 mg, Organic Kelp 50 mg, Wildcrafted Bladderwrack 50 mg, Piperine 1 mg, Iodine (as Potassium Iodide) 200 mcg (133% RDA), Copper (as Copper Gluconate) 1 mg (50% RDA), Zinc (as Zinc Citrate) 10 mg (66% RDA), Vitamin B5

(Calcium d-pantothenate) - 30mg 300% RDA). The vegetarian capsule contains Modified Vegetable Cellulose Properties. Traditionally, these herbs and nutrients would be expected to exert the following actions: Thyroid Stimulant, Adaptogen

Indications:

Thyroid Complex is a complex formula that provides nutritional support for the thyroid gland, stimulates hormone production, and restores normal metabolic balance in the body. The thyroid hormones are responsible for the body's use of energy, known as the basal metabolic rate (BMR). They are also critical for cell respiration and the production of ATP energy, and are required for normal growth and development, protein synthesis and energy metabolism. While a blood test can be used to test for low thyroid activity, thyroid tests are commonly normal yet one still has the symptoms of low thyroid. These symptoms include fatigue, running cooler than others (feeling cooler in your body), cold hands and/or feet, sluggish bowels, and slow digestion. The amino acid L-tyrosine is a precursor to the thyroid hormone Thyroxine (T4) and helps stimulate the thyroid gland. Zinc is needed to convert T4 into the active hormone Triiodothyronine (T3) and low levels of zinc have been shown to contribute to hypothyroidism. The Ayurvedic herbs Ashwagandha, Gotu Kola and Bacopa all have stimulating effects on the thyroid and support the body's production of thyroid hormones. Ashwagandha is restorative and rejuvenating for those experiencing burn-out, weakness, and fatigue. It's known as the "Ayurvedic" Ginseng and can give additional Chi or energy and help one adapt to stress. Gotu Kola stimulates the thyroid and physical and mental energy and will help with fatigue, confusion, and general lethargy. Bacopa enhances memory, learning and concentration while reducing anxiety and stress.

The trace mineral Iodine is required for the production of the thyroid hormones that regulate the metabolic energy of the

body and set the basal metabolic rate (BMR). Most of the iodine in the body is concentrated in the thyroid. Iodine must be obtained regularly from the diet, as the body does not store the mineral and eliminates it quickly. Potassium iodide is a source of iodine that can be easily taken up by the thyroid gland.

Kelp and Bladderwrack are forms of algae that are rich in iodine and other important vitamins and minerals including calcium, magnesium, potassium, niacin, riboflavin, and choline. They also contains algin, a polysaccharide which has been used to help pull out intestinal toxins and heavy metals.

Vitamin B5 (pantothenic acid) is involved in metabolism and is essential for the body to utilize carbohydrates, proteins, and fats as energy sources. It is also required to synthesize cholesterol in the body, which is necessary to produce key hormones.

Piperine, an extract derived from black pepper, is used to enhance bioavailability of the nutrients in this formula through increased absorption.

Contra-indications and Cautions: Hyperthyroid, Pregnancy, Nursing

Complementary Formulas & Single Herbs:

- B-Complex Vitamins (nutritional support)
- Vitamin D3 (deficiency is linked to lower levels of T4)

Dosage:

Take 2 caps once a day, or as directed.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease. Consult your health care professional for guidance.

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Supplement Improves Muscle Mass, Fitness and Reduces Fatigue In Older Adults

After age 50, the body begins to lose muscle mass and strength. In this recent study, 64 healthy adults, age 70 to 78, who complained of fatigue participated in a controlled exercise program with guidance on healthy lifestyle changes.

Some took a supplement, Pycnogenol, 150 mg of per day, and the other group did not.

After two months, compared to those who did not take Pycnogenol, those who did saw three times greater improvement in endurance in daily tasks such as carrying a five-pound object. The Pycnogenol group also saw more than double the improvement in stair-climbing and walking distance, and a 46 percent gain in overall fitness scores.

Protein in the urine, a possible sign of muscle loss, was 40 percent better for those taking Pycnogenol, while signs of oxidative stress decreased. Doctors also saw an improvement in heart-pumping function, and said that supplementing with Pycnogenol can improve muscle strength and general fitness in older adults with fatigue.

This is pretty impressive. Even more impressive is the fact that there are many other benefits of taking Pycnogenol and similar substances. Adding an OPC supplement to your daily regimen is a no-brainer!



Additional Comments from Don Goldberg

First, what do I mean by "OPC" supplements? Pycnogenol is a substance derived from French maritime pine bark. It belongs to a general group of substances known as oligomeric proanthocyanidin complexes, or "OPC" for short.

There are other sources of OPC's grape seed, black currant, red wine, blueberries, etc. You might generalize and assume all of those highly colored, "flavonoid-rich" foods that are touted as rich sources of antioxidants and vitamins are good sources of OPC's. The pine bark extract (Pycnogenol) and grape seed extract are probably the most popular and most potent.

What are some of the other proposed benefits of OPC supplements (and OPC rich foods)? Bruising, varicose veins, hemorrhoids, edema, weight loss, anti-aging, allergies, diabetes, night vision, impotence, PMS, cancer prevention and much more. This may sound too good to be true, but not if you think of OPC's as a source of powerful, natural anti-oxidant and anti-inflammatory action.

Reference: Minerva Ortopedica e Traumatologica; 2016, Vol. 76, No. 3, 120-30

**Solgar Pycnogenol, 100 mg
30 Veggie Caps
Product Code: 28069**

**Source Naturals Pycnogenol, 50 mg
120 Tablets
Product Code: 34887**

**Solgar Pycnogenol, 30 mg
60 Capsules - Product Code: 13548
Jarrow Formulas OPC 95, 100 mg
100 Capsules
Product Code: 24334**

**Willner Phyto-Tech™
Antiox Phyto Complex II
90 Capsules
Product Code: 63745**

**Willner Phyto-Tech™
Antiox Phyto Blend Liquid - 1 fl oz
Product Code: 57551**



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Turmeric Root 1:1.5

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent.

1 fl oz - Product Code: 57016
60 Veggie Caps - Product Code: 60137
60 Liquid Veggie Caps - Product Code: 67451

Who might benefit from this herbal supplement?

- Those who suffer from inflammatory conditions, including joint pain, atherosclerosis, bursitis, osteoarthritis;
- Those who suffer from auto-immune disorders, ranging from rheumatoid arthritis to Crohn's disease;
- Those who suffer from ulcerative colitis, and indigestion;
- Those who suffer from liver disorders.

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent. It works by keeping naturally occurring levels of cortisone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma, arthritis—osteo asnd rheumatoid) to any condition where cortico-steroid drug use is indicated. This includes Crohn's disease, colitis and bursitis.

Ingredients:

Phyto-Tech™ Turmeric Root 1:1.5 Liquid Fluidextract contains Certified Organic Fresh Turmeric Root (Curcuma longa), 667 mg per Serving, Alcohol Pure Grain, Water Pure Deionized.
Now available as a regular (powder) vegetarian capsule or a liquid filled vegetarian capsule:

Each fresh ground powdered Tumeric capsule contain 450

mg of Standardized (95% Curcumanoids) Turmeric Root, along with 5 mg of Bioperine for enhanced absorption.

Each liquid filled veggi cap Tumeric capsule contains Organic Turmeric Root, 400 mg, Tumeric Root Extract (95% Curcuminoids, 95 mg), 100 mg, Turmeric Root (CO2 Supercritical Extract, with 40% Turmerones, 20 mg), 50 mg, and Black Pepper Fruit Extract, 5 mg. Other Ingredients: Soy Lecithin, Vegetable Cellulose, Medium Chain Triglycerides, Chlorophyll.

Urinary Kidney Complex

A blend of herbs effective against urinary tract infections - acute and chronic.

1 fl oz - Product Code: 56990

Who might benefit from this herb?

- Those with urinary tract infections, both acute and chronic.

Ingredients:

Phyto-Tech™ Urinary Kidney Complex contains the following: Uva Ursi Leaf, Nettle Leaf, Fresh Dandelion Root, Juniper Berries, Fresh Marshmallow Root, Horsetail Herb, Fresh Ginger Root, Grain Alcohol, Deionized Water
The Uva Ursi is germicidal in the urinary tract. Juniper and Myrrh are also strong antibacterial herbs for the urinary tract. It is important to increase the flow of urine to wash out the urinary tract. This is facilitated by the addition of Dandelion, Nettle. It helps to drink large amounts of water as well. The Marshmallow is a soothing herb to the mucosa of the urinary tract to help decrease pain and discomfort.

Dosage:

General: 20-40 drops, 2-3 times per day or as needed in juice or water.
For acute infection: 60-90 drops every 3-4 hours in juice or water

Uva Ursi Leaf 1:3

A powerful urinary tract antiseptic and diuretic.

1 fl oz - Product Code: 57042

Who might benefit from this herb?

- Those with urinary tract infections.

Phyto-Tech™ Uva Ursi Leaf contains arbutin, which is thought to be responsible for the herbs powerful urinary tract antiseptic properties. It is best used short term,, for acute situations, for up to 2-3 weeks. It is often combined with cranberry juice to acidify the urine. It also exhibits diuretic properties, and helps to flush the urinary tract.

Dosage:

30-60 drops 2-3 times per day or as needed in juice or water. Can increase dose to 4-5 times per day in very acute situations for a few days.

Valerian Root 1:2

Valerian has been used as a sedative and anti-anxiety treatment for more than 2,000 years. Valerian extracts were widely used in the U.S. and Europe, until replaced by prescription sedative drugs.

1 fl oz - Product Code: 56951

1 fl oz - Alcohol Free - Product Code: 56978
90 Veggie Caps - Product Code: 60138

Who might benefit from this herbal supplements?

- Valerian has a long history of use as a sedative and sleep aid. Many consider Valerian to be the strongest western herbal central nervous system sedative. Valerian will quiet a busy mind. It can promote sleep for those who cannot fall asleep and helps those who wake up in the middle of the night. Repeat the doses as needed within a night to facilitate

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



23827	QUERCETIN	120	CAP	36.70	---
19150	QUERCETIN 250	60	CAP	21.00	---
52407	R LIPOIC ACID 100 MG	120	VCA	78.80	---
40514	RESVERATROL	120	CAP	37.50	---
52700	RESVERATROL EXTRA	60	VCA	39.60	---
52701	RESVERATROL EXTRA	120	VCA	70.80	---
42467	RHODIOLA ROSEA 100 MG	180	CAP	30.90	---
60518	RHODIOLA ROSEA 100 MG	90	VCA	17.10	---
38333	RIBOSE PWD	250	PWD	92.50	---
37739	SACCHAROMYCES BOULARDI	60	CAP	48.30	---
64135	SAM E 200 MG	60	VCA	61.30	---
25459	SAW PALMETTO PLUS SGC	120	SGC	64.70	---
19206	SELENIUM 200 SELENOMET	60	CAP	11.30	---
37208	SELENIUM 200 SELENOMET	180	CAP	29.10	---
57347	SELENIUM CITRATE 200	60	VCA	8.60	---
58878	SELENIUM CITRATE 200	180	VCA	21.10	---
32997	SILYMARIN	120	CAP	33.70	---
54255	SP ULTIMATE	180	VCA	90.30	---
51649	STRONTIUM CITRATE 227	180	VCA	39.90	---
50551	STRONTIUM CITRATE 227	90	VCA	22.90	---
52840	SYNERGY K	120	VCA	56.60	---
54552	SYSTEMIC ENZYME COMP	180	VCA	56.50	---
45156	TAURINE 1000 MG	120	VCA	25.80	---
19193	TAURINE 500	60	CAP	10.10	---
42749	THEANINE 200 MG	120	VCA	83.60	---
52136	THYROID SUPPORT COMP	120	VCA	47.40	---
33663	TOCOTRIENOLS	120	SGC	89.90	---
61811	TRACE MINERALS	60	VCA	11.90	---
63748	TRIBULUS FORMULA	90	VCA	32.00	---
57470	TRYPTOPHAN	90	VCA	52.70	---
65751	TYROSINE 500 MG	90	VCA	23.80	---
54841	UBIQUINOL QH 100 MG	60	SGC	71.20	---
56385	UBIQUINOL QH 200 MG	60	SGC	127.10	---
54899	UBIQUINOL QH 50 MG	60	SGC	45.50	---
62195	ULTRA KRILL + D	120	CAP	114.60	---
44880	ULTRA NUTRIENT	360	VCA	125.10	---
30257	ULTRA NUTRIENT	180	VCA	71.90	---
63905	VASCULAR RELAX BP	120	VCA	55.60	---
54718	VINPOCETINE 20 MG	60	VCA	24.00	---
50284	VINPOCETINE 20 MG	120	VCA	42.40	---
61858	VISION PRO NUTRIENTS	90	VCA	35.80	---
60344	VISION PRO	180	CAP	81.60	---
59277	WHEY BASIC VAN BEAN	480	PWD	54.60	---
56448	WOMENS NUTRIENTS	180	VCA	55.60	---
64513	WOMENS NUTRIENTS	360	VCA	102.30	---
61254	WOMENS PURE PAK	30	PAK	63.90	---
58212	ZINC 15 MG LIQ	4 Z	LIQ	33.60	---
19207	ZINC 15 PICOLINATE	60	CAP	9.90	---
19208	ZINC 30 PICOLINATE	60	CAP	12.30	---
33258	ZINC 30 PICOLINATE	180	CAP	31.10	---
44737	ZINC CITRATE 30 MG	180	VCA	21.60	---
44738	ZINC CITRATE 30 MG	60	VCA	9.00	---

PURE ESSENCE LABS					
66827	BRAIN ESSENCE TABS	60	TAB	66.15	52.92
42294	CANDEX	120	VCA	76.79	61.43
44936	CANDEX	40	VCA	36.77	29.41
56726	D 2000	30	CAP	9.98	7.98
44162	ENERGY PLUS	60	TAB	39.98	31.98
50739	ENERGY PLUS	120	TAB	66.14	52.91
55313	IONIC FIZZ CAL PLUS	15Z	PWD	53.83	43.06
57868	IONIC FIZZ MAG PWD	12.	PWD	49.22	39.37
44345	IONIC FIZZ MAG PWD	6 Z	PWD	32.29	25.83
42952	LIFE ESSENCE	120	TAB	49.58	39.66
44343	ONE & ONLY	30	TAB	24.60	19.68
52621	ONE & ONLY MENS FORM	30	TAB	32.29	25.83
58322	ONE & ONLY WOMENS FORM	90	TAB	76.79	61.43
52680	ONE & ONLY WOMENS FORM	30	TAB	33.82	27.06
55614	VISION	60	TAB	50.76	40.60
52616	VISION ESSENCE	60	VCA	50.76	40.60

PURE LIFE LLC					
60278	GABATROL CAP STRES ANX	90	CAP	59.95	53.95
59783	GABATROL CAP STRES ANX	45	CAP	39.95	35.95
60040	GABATROL PWD STRES ANX	60G	PWD	39.99	35.99

PURE PLANET					
44539	ALOE VERA 40 X CONCEN	4.5	LIQ	29.00	26.10
60666	AMLA C PLUS PWD	4 Z	PWD	13.25	11.93
67071	AMLA C PLUS TAB	100	TAB	11.68	10.51
44099	CHLORELLA PWD	4 Z	PWD	20.95	18.86
24676	GREEN KAMUT WHEATGR VC	240	CAP	38.69	34.82
31971	GREEN KAMUT WHEATGRASS	45G	PWD	17.89	16.10
61402	GREENS BEST OF GREENS	5 Z	PWD	29.99	23.99
24408	JUST BARLEY GREEN	80G	PWD	25.99	20.79
34047	JUST BARLEY GREEN JCE	180	VCAP	29.29	23.43
65692	SPIRULINA PWD CACAO MT	93G	PWD	15.99	14.39
67298	SPIRULINA PWD PURE	4 Z	PWD	13.21	11.89
55314	TART CHERRY	16Z	LIQ	35.02	31.52

PUREMEDY					
63832	BABY SKIN SALVE VEGAN	1 Z	SLV	13.95	12.55
65660	BLACK SALVE EXTRA DRAW	1 Z	SLV	24.95	22.45
67497	BOO BOO GOO SALVE	1 Z	SLV	13.95	12.55
63828	COLD SORE FREE SALVE	1 Z	SLV	15.95	14.35
63829	ECZEMA & PSORIASIS FR	1 Z	SLV	15.95	14.35
63830	ROSACEA FREE SALVE	1 Z	SLV	15.95	14.35
63831	HEALING SALVE ORIGINAL	1 Z	SLV	14.95	13.45
65005	HEMORRHOID RELIEF CRM	1 Z	CRM	19.95	17.95
63833	ROSACEA FREE SALVE	1 Z	SLV	24.95	22.45
65003	SHINGLES RELIEF CRM	1 Z	CRM	24.95	22.45
65004	SKIN TAG RELIEF CRM	1 Z	CRM	23.95	21.55
63834	WART RELEIF SALVE	1 Z	SLV	19.95	17.95

QUALITY OF LIFE					
50983	AHCC 250 KINOKO SILV	60	CAP	44.95	35.96
44012	AHCC 500 GOLD KINOKO	60	CAP	75.00	60.00
58252	AHCC 750 PLATIN KINOKO	60	VCA	85.00	68.00
63746	AHCC KINOKO TO GO STK	7	PAK	12.95	10.36
60099	AHCC RX 300 MG VEG SGC	60	SGC	49.95	39.96
64589	CARTILAST	60	VCA	19.95	15.96
53145	COGNI Q	60	CAP	34.95	27.96
57800	COQ10 SR 100 MG	30	VCA	19.99	15.99
59572	IMMUNOKINOKO AHCC 750	60	VCA	98.00	78.40
61445	METASOL OLIGONOL 100	60	VCA	49.00	39.92
54239	OLIGONOL	30	CAP	29.95	23.96
66578	POSITELLE	90	VCA	29.95	23.96
67238	PRESIQUEL QOL	30	VCA	20.00	16.00
58880	PROSTACELL DUAL ACTION	120	CAP	39.95	31.96
66577	SATISFIDE	90	VCA	29.95	23.96
61168	SEROTONIN	90	VCA	34.95	27.96
57799	VITA PQQ 20 MG	30	VCA	29.95	23.96
63219	VITA PQQ ENHANC BIOQ10	30	VCA	24.95	19.96

QUANTUM					
51648	BUZZ AWAY EXTREME	4 Z	SPY	9.99	7.99
67061	BUZZ AWAY XTREME DT FR	8 Z	SPY	16.99	13.59
55597	CANKER CARE PLUS GEL	.33	GEL	8.99	7.19
26409	IMMUNE SUPPORT COLD &	2 Z	LIQ	14.99	11.99
23555	MIGRELIEF	60	CAP	30.89	24.71
51729	SUPER IMMUNE +	90	VCA	14.99	11.99
27566	SUPER LYSINE + LIQ	2 Z	LIQ	14.99	11.99
26719	SUPER LYSINE+ CRM	21G	CRM	18.39	14.71
18458	SUPER LYSINE+ TAB	90	TAB	9.99	7.99
18459	SUPER LYSINE+ TAB	180	TAB	19.69	15.75
23824	ZINC ECHIN LOZ	48	LOZ	10.59	8.47

RAINBOW LIGHT					
60693	50 + MINI MULTIVITAMIN	180	TAB	41.99	33.59
43449	ACTIVE ADULT 50 + SENI	90	TAB	47.99	38.39
56677	ACTIVE TEEN MULTI	90	TAB	37.99	30.39
55873	ADV ENZYME OPTIMA	90	VCA	33.99	27.19
25584	ADVANCED ENZYME SYSTEM	180	CAP	41.99	33.59
58303	ALLERGY RELIEF BLISTER	30	TAB	20.29	16.23
50546	ALLERGY RESCUE	60	TAB	29.99	23.99
24215	B COMPLEX COMPLETE	90	TAB	20.99	16.79
53803	BEAR ESS GUMMY MULTI	30	PAK	19.79	15.83
65774	BRIGHT ENERGY BLISTER	30	CAP	19.19	15.35
50994	C 1000 SUPER	120	TAB	26.99	21.59
62696	C SLICES GUMMIES	90	CHW	13.89	11.11
66129	CAL CITRATE BER WLL PK	30P	GUM	24.49	19.59
58991	CAL CITRATE CHW CHOC	45	CHW	22.99	18.39
58866	CAL CITRATE MINI TAB	120	TAB	14.99	11.99
42397	CAL FOOD BASED 500 MG	90	TAB	12.99	10.39
37543	CAL FOOD BASED 500 MG	180	TAB	21.99	17.59

18652	CANDIDA CLEANSE	120	TAB	49.05	39.24
18654	COMPLETE NUTRITION SYS	180	TAB	52.99	42.39
52482	COUNTER ATT IMMUN RESP	30	TAB	17.09	13.67
60690	COUNTER ATTACK IMMUNO	90	TAB	39.99	31.99
61801	D 2500 IU GUMMY BERRY	50	GUM	16.99	13.59
56471	D 400 SUNNY GUMMIES	60	GUM	13.49	10.79
54688	D3 1000 SUNNY GUMMIES	50	CHW	14.39	11.51
63238	EMBRACE PRENATAL 35 +	90	VCA	44.44	35.55
25439	EVERYDAY CAL W/ENZ	120	TAB	20.49	16.39
41322	EVERYDAY CAL W/ENZYMES	240	TAB	38.99	31.19
60556	FIBER GARDEN GUMMIES	30	PAK	21.39	17.11
53801	GUMMI POWER SOURS PAK	30	PAK	20.29	16.23
61632	IRON PLANT SOURCE ORG	50	VCA	31.99	25.59
59332	JUST ONCE IRON FREE	60	TAB	28.99	23.19
30406	JUST ONCE IRON FREE	120	TAB	54.99	43.99
42396	JUST ONCE W/IRON	60	TAB	31.99	25.59
25543	JUST ONCE W/IRON	120	TAB	51.99	41.59
51786	KIDS ONE MULTISTARS	90	CHW	27.99	22.39
66958	LIVER SAFEGUARD	50	CAP	38.39	30.71
19125	MAGNESIUM CALCIUM +	180	TAB	30.99	24.79
44518	MENOPAUSE ONE MULTI	90	TAB	44.49	35.59
66127	MENS ENERGY MULTI GUMM	30P	PAK	26.69	21.35
58236	MENS MULTI ORGANIC	120	TAB	39.99	31.99
40765	MENS ONE MULTI	90	TAB	42.49	33.99
42395	MENS ONE MULTI	30	TAB	17.99	14.39
53805	MENS ONE MULTIVITAMIN	150	TAB	54.99	43.99
65899	MENTAL CALM	30	TAB	15.99	12.79
52028	NAIL HAIR & SKIN	60	TAB	23.45	18.76
51708	NUTRISTART MULTI PWD	25	PAK	22.79	18.23
60511	OMEGA BRAIN PERFORMANCE	60	FSG	39.49	31.59
65771	PAIN EZE BLISTER PAK	30	TAB	11.49	9.19
51036	PERFORM ENERGY MEN	90	TAB	34.99	27.99
58235	PRENATAL MULTI ORGANIC	120	TAB	39.99	31.99
53804	PRENATAL ONE MULTI	150	TAB	59.99	47.99
39779	PRENATAL ONE MULTI	90	TAB	42.49	33.99
52483	PRENATAL PACK	30	PAK	32.99	26.39
59141	PRENATAL PETITE MULTI	180	TAB	41.99	33.59
22875	PRENATAL SYS COMPLETE	180	TAB	41.99	33.59
55705	PROBIOACTIVE 1B VCAP	90	VCA	22.79	18.23
60554	PROBIOCLIOUS GUMMIES	50	CHW	21.19	16.95
44117	PROTEIN ENERGIZER CHOC	16Z	PWD	23.45	18.76
38660	REJUVENAGE 40+ MULTI	120	TAB	56.99	45.59
66960	SLEEP Z Z ZEN	50	CAP	30.99	24.79
66130	TEEN ENERGY MULTI GM PK	30P	PAK	26.69	21.35
66128	WOMENS ENERGY MULTI GM	30P	PAK	26.69	21.35
58237	WOMENS MULTI ORGANIC	120	TAB	39.99	31.99
22125	WOMENS NUTRITIONAL SYS	180	TAB	43.99	35.19
53806	WOMENS ONE MULTI	150	TAB	54.99	43.99
42367	WOMENS ONE MULTI	30	TAB	19.19	15.35
38523	WOMENS ONE MULTI	90	TAB	42.49	33.99
65772	ZEN THERAPY	90	TAB	29.69	23.75
65773	ZEN THERAPY BLISTER	30	TAB	13.69	10.95

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The **Phyto-Tech™ Green Tea Guo** formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?
The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss. Please note that one dropperful of **Phyto-Tech™ Green Tea Guo** contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All **Phyto-Tech™ Green Tea Guo** preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap.

Each **Phyto-Tech Green Tea capsule** contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944
2 fl oz ~ Regular Flavor - Code: 57098
1 fl oz ~ Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126



ANSWERS FOR LIFE

20% OFF*
EVERYDAY LOW PRICE



*Offer valid 4/3/17 through 5/12/17. Discount applies to the following products: B-12 Dots 100/250, B-12 Mega Dots 30s/60s, Daily One Caps (Iron) 90c, Daily One Caps (w/o Iron) 90c, OcuGuard Plus 60c/120c.

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Pro Matcha
Protein+Matcha



Green Vibrance
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Joint Health

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



sleep. The liquid is significantly faster in action compared to a tablet or capsule, which must be digested before it can be absorbed, so liquids are preferred for fastest action. It will help calm one down when going through difficult emotional and mental times or when in therapy and in turmoil. Taking Valerian during the day can make one feel tired, sedated or a little out of it. Thus, caution is advised. This can sometimes be controlled my altering the dosage.

Many consider valerian to be the strongest western herbal painkiller as well. It will reduce pain in the musculo-skeletal system (i.e. muscle and joint pain from injury, accidents, work outs, surgeries). Valerian may be enough to control pain after relatively mild surgeries or dental procedures. It is also a smooth muscle relaxer for pain from menstrual cramps, digestive cramps, gall bladder and kidney stones. According to herbalists, Valerian will not remove all pain like a pharmaceutical pain killer but will instead, reduce the percent of pain recognition by 10-50%.

Contrary to popular belief, Valium was not derived from Valerian. They sound alike and are used for similar conditions, but are not related. The generally acknowledged active constituent, especially for purposes of standardization, is valerenic acid.

Ingredients:

Phyto-Tech™ Valerian Root 1:2 contains Fresh Valerian Root, 500 mg/ml. Also available in vegetarian capsule form. Each Phyto-Tech™ Valerian Veggie Cap contains 500 mg of certified organic Valerian Root.

White Willow Bark 1:2

White Willow is one of the herbs originally associated with aspirin. White Willow (and Meadowsweet) contains salicin, a substance that reduces pain and inflammation. A chemical derivative of salicin, acetylsalicyc acid, is aspirin. Like aspirin, White Willow has a mild “blood thinning” action, which is usually considered beneficial to the heart and circulatory system.

1 fl oz - Product Code: 57044

Who might benefit from this herbal supplement?

- Those who need relief from pain, including headache pain, arthritic or joint pain, etc.

Ingredients:

Phyto-Tech™ White Willow Bark 1:2 contains White Willow Bark, Alcohol, Pure Grain, Water, Pure Deionized

Women’s Energy Tonic

A combination of herbs that function as adaptogens, hormone balancers and circulatory stimulants.

1 fl oz - Product Code: 57086

Who might benefit from this herbal supplement?

- Those women that help optimizing hormone balance;
- Those women seeking an increase in energy and vitality;
- Those women who need protection against the negative effect of stress;
- Those women with mood swings, irritability, fatigue, PMS, stress, low libido and mild depression.

Ingredients:

Phyto-Tech™ Women’s Energy Tonic contains the following: Dong Quai root, Ashwagandha Root, Damiana Leaf, Gotu Kola Leaf, Fresh Ginkgo Leaf, Chaste Tree Berry, American

Ginseng Root, Grain Alcohol and Pure Deionized Water. Dong Quai and Chaste Tree Berry are popular herbs used for many menstrual irregularities. These herbs help regulate menstrual cycles, treat hot flashes, PMS, mood swings, bloating and infertility.

Ashwagandha and American Ginseng are adaptogenic herbs that increase vigor, energy, vitality and resistance to illness and environmental stresses. Together, these two herbs work synergistically to prevent breakdown under stress and to also rejuvenate and restore vitality.

Damiana has been called the “lover’s herb” due to its traditional use as an aphrodisiac. It supports both female and male sexuality by carrying oxygen and increasing circulation to the genital area. It has also been used for strengthening and stimulating the nervous system and boosting mental and physical endurance.

Gotu Kola has been traditionally used as an energizing, cognitive stimulating herb for use in fatigue, cognitive insufficiency and mood disorders. Phyto-Tech™ Women’s Energy Tonic can be used for occasional hormonal disturbances, but is best used as a tonic over an extended period of time (at least 3 months).

Dosage:

40-60 drops in juice or water, 2-3 times per day or as needed

Wormwood

Traditionally used by herbalists as a bitter, to improve digestion, to fight worm or parasite infestations, and as a treatment for liver and gallbladder problems.

1 fl oz - Product Code: 57056

. . . continued on page 106

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



RAW ELEMENTS USA

66852	FACIAL MOIST TNT SPF30	1.8	CRM	17.99	16.19
66849	SUNSCREEN ECO FORM SPF	3 Z	LOT	18.99	17.09
66851	SUNSCREEN ECO STK SPF30	.60	STK	15.99	14.39
66850	SUNSCREEN ECO TINT STK	.60	STK	15.99	14.39
66853	SUNSCREEN TIN ECO FORM	3 Z	LOT	18.99	17.09

REDD REMEDIES

63796	120/80 CARE	60	VCA	27.99	22.39
62963	AT EASE TAB	80	TAB	28.99	23.19
66311	BONE HEALTH ADVANCED	120	CAP	28.99	23.19
64539	BRAIN AWAKENING	120	CAP	58.99	47.19
67384	CURCUMIN C3 REDUCT CHW	60	CHW	27.99	22.39
67383	CURCUMIN T4 CHW SPEAR	60	CHW	34.98	27.98
62966	GOUCH VCAP	60	VCA	29.99	23.99
66555	GOUCH VCAP	120	VCA	57.99	46.39
63799	HEART STRONG	60	TAB	29.99	23.99
66199	JOINT HEALTH ADV NEM	60	VCA	36.99	29.59
62967	MUSCLE EASE	60	TAB	17.99	14.39
62973	NERVE SHIELD R	60	TAB	31.99	25.59
64736	PAIN T4 VCAP	60	VCA	34.99	27.99
62962	SINUS SUPPORT ADULT	100	TAB	34.99	27.99
62974	SINUZYME CAP	40	CAP	24.99	19.99
62976	THYROID STRONG	60	VCA	34.99	27.99
62975	TRUE ENERGY CAP	50	CAP	24.99	19.99

RENEW LIFE

53381	14 DY TOTAL BODY CLEAN	KIT	KIT	36.99	33.29
67115	3 DAY CLEANSE	12	VCA	7.99	7.19
53380	7 DAY TOT BODY RAP CLE	KIT	KIT	29.99	26.99
65218	BOWEL CLEANSE CAP	150	CAP	19.99	17.99
50227	BOWEL CLEANSE ORGANIC	13.	PWD	19.99	17.99
38048	CANDI SMART CANDI GONE	KIT	KIT	37.99	34.19
36573	CLEANSE MORE	60	CAP	18.99	17.09
37854	CLEANSE SMART	KIT	KIT	32.99	29.69
58600	CLEAR FIBER ORG ACACIA	4.8	PWD	13.99	12.59
54895	CLEAR FIBER ORG ACACIA	9.5	PWD	19.99	17.99
64790	CRIT CARE ENZYM DIG SM	45	CAP	32.99	29.69
55133	CRITICAL LIVER CARE	90	VCA	39.99	35.99
45160	DAILY MULTI DETOX	120	CAP	36.99	33.29
55969	DAILY OMEGA ENTER COAT	60	SGC	19.99	17.99
61682	DAILY PROB 15 BIL RTS	30	VCA	21.99	19.79
63370	DAILY PROB 15 BIL RTS	60	VCA	37.99	34.19
56025	DHA 500 CRIT ENT COAT	60	SGC	29.99	26.99
56668	DIETSTART CLEANSE	56	CAP	29.99	26.99
50988	DIGEST MORE ULTRA	90	CAP	49.99	44.99
57524	ESSENTIAL DETOX ORG LI	62	LIQ	36.99	33.29
53473	FIBERSMART	122	PWD	29.99	26.99
32790	FIBERSMART	8 Z	PWD	20.99	18.89
43154	FIBERSMART CAP	120	VCA	17.99	16.19
56027	FIBERSMART CAP	200	CAP	27.99	25.19

53612	GAS STOP	60	CAP	19.99	17.99
56925	HEARTBURN STOP	30	CAP	13.99	12.69
38566	INTESTINEW 162GRAMS	5.7	PWD	39.99	35.99
60228	INTESTINEW CAP	90	CAP	36.99	33.29
52184	KIDNEY DETOX TOTAL RN	KIT	KIT	37.99	34.19
66891	KIDS ENZYME DIG SM CHW	60	CHW	14.99	13.49
61691	KIDS PROBIOT 3 BL CHW	30	CHW	16.99	15.29
67150	KIDS PROBIOTIC 3 BIL CH	60	CHW	29.99	26.99
63196	KRILL OMEGA SGC	30	FSG	29.99	26.99
62950	LIVER SUPPORT DAILY	60	VCA	29.99	26.99
58835	OMEGA 3 1000 SUP CRIT	30	SGC	29.99	26.99
55967	OMEGA 600 COAT ENT COT	60	SGC	29.99	26.99
32932	PARAGONE INT CLEANSING	EA	RNW	37.99	34.19
32933	PARAZYME	90	CAP	26.99	24.29
64791	SENIOR CARE ENZYM DIG	45	CAP	29.99	26.99
64954	SKINNY GUT ACACIA FRT	9 Z	PWD	19.99	17.99
64953	SKINNY GUT ACACIA ORG	11.	PWD	19.99	17.99
50228	TRIPLE FIBER ORGANIC	122	PWD	15.99	14.39
56270	TRIPLE FIBER ORGANIC	150	CAP	18.99	17.09
58289	ULT FLORA 15 BIL ADULT	30	CAP	22.99	20.69
64197	ULT FLORA 150 BIL MEGA	30	VCA	69.99	62.99
65760	ULT FLORA 15B FIZZ BER	10	PAK	12.89	11.60
65759	ULT FLORA 15B RSP LEM	10	PAK	12.89	11.60
56667	ULT FLORA 200 BILL PAK	7	PAK	29.99	26.99
74443	ULT FLORA 25 BIL IMMU	30	VCA	32.99	29.69
64144	ULT FLORA 30 BIL SN CR	30	VCA	29.99	26.99
64143	ULT FLORA 30 BIL XTRA	30	VCA	29.99	26.99
61692	ULT FLORA 30 BL SENIOR	60	VCA	52.99	47.69
55077	ULT FLORA 30 BL SENIOR	30	CAP	29.99	26.99
58297	ULT FLORA 80 BL CR COL	30	CAP	49.99	44.99
61703	ULT FLORA 80 BL CR COL	60	VCA	89.99	80.99
62887	ULT FLORA 90 BILL WOMEN	30	VCA	49.99	44.99
66036	ULT FLORA 90B MENS CMP	30	VCA	49.99	44.99
58943	ULT FLORA ADV IMMUN	30	CAP	29.99	26.99
64952	ULTIM FLORA 50 BIL RTS	30	VCA	39.99	35.99
62228	ULTIMATE FLORA 100 BIL	30	VCA	59.99	53.99
60934	ULTIMATE FLORA 15 BILL	60	CAP	39.99	35.99
61830	ULTIMATE FLORA 50 BILL	60	VCA	67.99	61.19
51696	ULTIMATE FLORA VAGINAL	30	VCA	39.99	35.99
61680	WOMENS PROB 15 BIL RTS	30	VCA	21.99	19.79
63369	WOMENS PROB 15 BIL RTS	60	VCA	37.99	34.19

RESERVEAGE ORGANICS

58929	BEAUTIFUL LEGS	30	CPL	28.99	28.99
65360	BERGAMOT CHOLESTRL SUP	30	VCA	34.99	34.99
57620	COLLAGEN BOOSTER	60	VCA	41.99	41.99
62818	COLLAGEN BOOSTER ULTRA	90	CAP	52.99	52.99
66315	COLLAGEN BUILDER PLANT	60	VCA	39.99	39.99
64938	COLLAGEN HYDRA PROTECT	30	CAP	29.99	29.99
66633	COLLAGEN REPLENISH CHW	60	CHW	21.95	21.95
64962	COLLAGEN REPLENISH PWD	78G	PWD	17.99	17.99
65381	GRAPE SEED EXT 325 MG	60	VCA	34.99	34.99

59619	KERATIN BOOSTER	60	VCA	41.99	41.99
59828	KERATIN FOR MEN	60	CAP	47.99	47.99
67235	KERATIN HAIR BOOST PWD	2.7	PWD	39.99	35.99
62287	PHOSPHATIDYLSERINE	60	CAP	41.99	41.99
58516	PROSTATE SCIENCE	60	CAP	32.99	32.99
57554	RESVERATROL 100 MG R	60	CAP	24.89	24.89
57550	RESVERATROL 250 MG	60	VCA	41.99	41.99
61074	RESVERATROL 250 W/PTER	60	VCA	46.59	46.59
57555	RESVERATROL 500 MG	60	CAP	78.69	78.69
61075	RESVERATROL 500 W/PTER	60	VCA	82.79	82.79
67236	RESVERATROL CHEW 60 MG	30	CHW	19.99	17.99
58492	RESVERATROL TONIC 125	5 Z	LIQ	31.99	31.99
65932	TRES BEAUTY 3 COLL KER	90	CAP	59.99	59.99
59833	TRUE ENERGY COCOAWELL	60	CAP	29.99	29.99
57557	UBIQUINOL COQ10 RESVER	60	CAP	58.99	58.99
62285	WHEY PROT CHC GRASS FD	12.	PWD	29.99	29.99
62284	WHEY PROT VAN GRASS FD	12.	PWD	29.99	29.99

REVIVA LABS

40740	BROWN SPOT NIGHT GEL	1.2	GEL	12.99	10.39
22115	BROWN SPOT/NIGHT CRM	1 Z	CRM	11.99	9.59
56036	CLEANSING MILK ORGANIC	4 Z	LIQ	9.49	7.59
58130	COLLAGEN FIBER EYE PAD	3PK	PAD	20.99	16.79
54605	COLLAGEN FIBER EYE PAD	KIT	KIT	38.00	30.40
27146	COLLAGEN NIGHT CREAM	1.5	CRM	13.99	11.19
58132	COLLAGEN SERUM	1 Z	LIQ	24.99	19.99
32386	ELASTIN NIGHT CRM	1.5	CRM	12.99	10.39
27147	EYE COMP FIRMING CRM	.75	CRM	12.99	10.39
63351	EYE GELCE CONCENTRATE	1 Z	GEL	11.00	8.80
58133	FAC CLEAN LIGHT BRIGHT	4 Z	LIQ	9.49	7.59
42015	FIRMING EYE SERUM	1 Z	CRM	19.00	15.20
21833	GLYCOLIC ACID CRM	1.5	CRM	24.99	19.99
24245	GLYCOLIC CLEANSER	4 Z	CRM	11.99	9.59
44263	HYALURONIC SERUM	1 Z	SER	21.99	17.59
24281	INTERCELL DAY CRM	1.5	CRM	13.99	11.19
24282	INTERCELL NIGHT GEL	1 Z	GEL	13.99	11.19
27196	LIGHT SKIN PEEL 1.5 OZ	1.5	CRM	21.99	17.59
40143	LIPOIC ACID CRM	2 Z	CRM	22.99	18.39
57910	MAKEUP PRIMER	1 Z	LIQ	19.59	15.68
60243	NIGHT CRM BROWN W/KOJI	1 Z	CRM	11.99	9.59
56938	VARICOSE VEIN LOT	8 Z	LOT	22.99	18.39

RIDGECREST HERBAL

57687	ADRENAL FATIGUE FIGHTR	60	CAP	29.99	23.99
60277	CLEAR LUNGS EXTRA STRE	120	CAP	45.99	36.79
30848	CLEAR LUNGS RED	120	CAP	37.99	30.39
27548	CLEAR LUNGS RED	60	CAP	21.99	17.59

ROWELL LABORATORIES

62869	ANTIFUNGAL CRM NATURAC	25G	CRM	11.95	10.75
65473	ARNI GESIC 3.5 OZ	3.5	CRM	16.95	15.25
67231	CELLU SLIM CELLUL CRM	3.5	CRM	19.95	17.95

64453	PSORIASIS CARE	3.5	CRM	19.95	17.95
62868	ROSACEA CRM NATURACARE	25G	CRM	22.95	20.65

RX VITAMINS

45128	ACID BLOCK (GES 5)	60	CHW	22.00	17.60
58918	ALGINATE PLUS	120	CAP	30.00	24.00
40403	BONE DENSITY	180	CAP	29.00	23.20
45490	CAL MAG CHW	90	CHW	12.00	9.60
53892	D3 LIQ 2000 IU	1 Z	LIQ	20.00	16.00
40263	ENZYME FORM ACTIVATED	90	CAP	31.00	24.80
40260	LICORICE CHEWABLE	90	CHW	19.00	15.20
40434	OCULAR FORMULA	90	CAP	31.00	24.80
40258	POLICOSANOL 10	60	CAP	24.00	19.20
40259	PROSTATE ADVANCED FORM	90	SGC	38.00	30.40

SALBA SMART NATURALS

67145	SALBA GROUND CHIA ORG	5.3	PWD	13.69	10.95
59288	SALBA GROUND CHIA ORG	9 Z	PWD	24.29	19.43
60714	SALBA WHLE SD CHIA ORG	16Z	SED	28.29	22.63
67144	SALBA WHOLE CHIA ORG	10.	SED	18.59	14.87



craveCRUSH™

STOP SUGAR cravings





Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Yin Chiao Plus

A traditional Chinese Liquid Herbal Formula, traditionally used at the first sign of the common cold or flu. Can also be helpful as a preventive measure after suspected exposure to cold or flu.

1 fl oz - Product Code: 56993

Ingredients:

Phyto-Tech™ Yin Chiao Plus contains the following herbs:
Botanical Names: Isatis indigota Root, Ilex asprella Root, Chrysanthemum morifolium Flower, Forsythia suspensa Fruit, Lonicera japonica Flower, Lophatherum gracile Herb, Pueraria lobata Root, Schizonepeta tenuifolia Herb, Grain Alcohol, Deionized Water.

Pinyin Names: Ban Lan Gen, Gang Mei Gen, Ju Hua, Lian Qiao, Jin Yin Hua, Dan Zhu Ye, Ge Gen, Jing Jie
For those with knowledge of Traditional Chinese Medicine, this formula Disperses Wind Heat, Clears heat, and resolves toxins. Combines Yin Qiao San (Wu Jutang, 1798.) and Gan Mao Ling.

This formula is a traditional Yin Chiao blend, but here it mixes in the herbs from the Gan Mao Ling fame.
This is an extremely effective medicine if taken as soon as symptoms appear. Efficacy will lessen by the third day. Four of the herbs are very powerful antivirals: Isatis, Ilex, Lonicera and Forsythia. Other herbs are symptomatic for aching neck, headache, and nasal congestion.

Begin taking a half hour before entering airports, airplanes, terminals, or crowded public facilities.
Yin Chiao Plus is not appropriate once the illness enters the lungs and cough is present.
Adding Echinacea at 1 teaspoon of the liquid extract three times in the day will also help.

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Yohimbe Bark 1:3

Yohimbe Bark is a well known treatment form male impotence and is traditionally used as an aphrodisiac.

1 fl oz - Product Code: 57009

Who might benefit from this herbal supplement?

- Those men suffering from impotence and inability to perform.

Yohimbe is for impotence in men. It increases blood flow into the penis and can help sustain an erection. It can help men who cannot get an erection and for those who cannot maintain an erection. Constant use of Yohimbe, however, can create irritability and aggravate the prostate. Try to not use it more than a few days in a row. It is possible to have success if used the day results are desired. If the impotence is not a vascular problem, Yohimbe will not work. If stress is a related issue, add Kava Kava Root.

Ingredients:

Phyto-Tech™ Yohimbe Bark 1:3 is a tincture of Yohimbe Bark (Pausinystalia yohimbe), in pure grain alcohol and deionized water. It provided 333 mg/ml (30 drops).
More potent preparations, typically containing higher, standardized levels of the alkaloid yohimbine, are available, but these products are best used only under the supervision of a physician. High doses of the yohimbine alkaloid can cause potentially dangerous side effects.
Yohimbe bark (not yohimbine alkaloid) has a long history of use for many conditions.

Dosage:

The following dosage for Phyto-Tech™ Yohimbe Bark 1:3 is recommended: For chronic impotence, take 15-30 drops 2-3 times daily, or as needed, in juice or water. For more immediate results, take 20-40 drops, once or twice, only, within a day's time.

Cautions: Use caution if you have high blood pressure; do not use if you have chronic inflammation of reproductive organs or prostate; do not use long term; may potentiate pharmaceutical MAO-inhibitors.

Zincimmune Plus

Zinc - Elderberry - Umckaloabo - Echinacea Alcohol Free

A blend of immune-enhancing herbal supplements and zinc, specifically chosen for their effectiveness against cold and flu infections.

4 Fluid Ounces - Product Code: 66271

Who would benefit from this supplement?

- Anyone needing a quick boost to their immune system, especially at the first sign of a cold or flu.

Even though cold and flu are different, and caused by a different virus, most people do not know for sure which they have at the early stages. For this reason, the nutrients and herbs in this formulation have been chosen to cover both. Elderberry, for example, is thought to be more effective for the flu and Umckaloabo,, or Pellargonium, is known for its effect against colds. Zinc is essential to proper immune system function and Echinacea is well known for its traditional value.

Ingredients:

Phyto-Tech™ ZincImmune Plus is a pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized

. . . continued on page 108



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



55288	MOVE FREE PLUS MSM ADV	120	TAB	38.99	31.19
65930	MOVE FREE ULTRA OMEGA	30	SGC	49.99	39.99

SCHMIDTS DEODORANT					
66747	DEOD GEL BERGAMOT LIME	2 Z	GEL	8.99	8.09
66752	DEOD GEL FRAG FREE	2 Z	GEL	8.99	8.09
66749	DEOD GEL LAVENDER SAGE	2 Z	GEL	8.99	8.09
66746	DEOD STICK BERGAM LIME	3.2	STK	8.99	8.09
66750	DEOD STICK FRAG FREE	3.2	STK	8.99	8.09
66748	DEOD STICK LAVEND SAGE	3.2	STK	8.99	8.09

SCIENTIFIC CONSULTIN					
19790	B12 HYDROXYCOBAL 1 MG	60	TAB	19.80	19.80
19760	CAL MAG ASPARTATE	100	CAP	17.50	17.50
43310	FOLIC ACID 10 MG NAT	50	LOZ	30.75	30.75
50289	TANALBIT	120	VCA	41.75	41.75
19767	TANALBIT	60	VCA	23.00	23.00

SEABUCK WONDERS					
64199	FACIAL CRM SEA BUCKTH	1 Z	CRM	19.99	15.99
60205	OMEGA 7 COMP SEA BUCK	60	SGC	29.97	29.97
60203	SEA BUCKTHORN BERRY OG	1.7	LIQ	34.99	27.99
60204	SEA BUCKTHORN SEED ORG	1 Z	LIQ	34.99	27.99

SEAGATE					
62221	ARTICHOKE 400 MG	100	VCA	9.99	7.96
39900	BROCCOLI SPROUTS 250	50	VCA	17.95	14.36
39901	BROCCOLI SPROUTS 250	100	VCA	33.95	27.16
52144	EARACHE REMEDY	.5Z	LIQ	9.75	7.80
29976	GRAPE SEED EXT 250 MG	30	CAP	17.95	14.36
29977	GRAPE SEED EXT 250 MG	90	CAP	26.50	21.20
62263	LEMON POWDER 100 GM	100	PWD	23.50	18.80
53107	LYCOPENE 15	90	VCA	19.99	15.99
62264	OLIVE LEAF ACNE REMEDY	1 Z	DRP	14.95	11.96
32699	OLIVE LEAF EXT 450 MG	060	VCA	16.50	16.50
32700	OLIVE LEAF EXT 450 BOGO	90	VCA	29.95	29.95
65412	OLIVE LEAF EXTRACT	2 Z	LIQ	9.99	7.99
42582	OLIVE LEAF NASAL SPRAY	1 Z	SPY	9.95	7.96
42279	OLIVE LF THROAT SPY	1 Z	SPY	9.95	7.96
42278	OLIVE LF THROAT SPY RS	1 Z	SPY	9.95	7.96
51011	OLIVE OIL EXTRA VIRGIN	100	SGC	18.00	14.40
68521	OLIVE VAGINAL SPRAY	1 Z	SPY	14.95	11.96
44145	OLIVEVATE SKIN CREAM	1 Z	CRM	12.95	10.36
65328	POMEGRANATE 500 MG	100	CAP	19.75	15.80
51806	STOP RASH	2 Z	SPY	9.95	7.96

SEDONA LABS					
66961	IFLORA MULTI PROB PWD	2.1	PWD	29.95	23.96
66962	IFLORA MULTI PROB VCAP	60	VCA	29.95	23.96
66963	IFLORA NASAL HLTH VCAP	90	VCA	29.95	23.96
66964	IFLORA ORAL CARE PROB	60	CHW	14.95	11.96
66965	IFLORA PROBIOT 4 WOMEN	60	VCA	29.95	23.96

SHIKAI					
36607	BORAGE DRY SKIN CHLD S	8 Z	LIQ	13.59	10.87
63320	BORAGE FACIAL SCRUB S	4.2	CRM	13.99	11.19
61047	BORAGE SKIN THR ADV FF	8 Z	LOT	15.99	12.79
55294	FACIAL MOIST BORAGE	2 Z	CRM	17.99	14.39
33976	HAND & BODY LOT CUCUM	8 Z	LOT	9.99	7.99
33978	HAND & BODY LOT YUZU	8 Z	LOT	9.99	7.99
33735	SHOWER GEL MST FR VAN	12Z	GEL	9.59	7.67
33737	SHOWER GEL MST WHT GAR	12Z	GEL	9.59	7.67
42257	SHOWER GEL SANDALWOOD	12Z	LOT	9.59	7.67
38525	SKIN LOT BORAGE ADULT	8 Z	LOT	14.49	11.59

SIBU BEAUTY					
66473	BODY CRM SEA BUCKTHORN	6 Z	CRM	20.09	16.07
66470	EYE CRM SEA BUCKTHORN	.5Z	CRM	29.99	23.99
67137	FACE & BODY SCRUB EXFL	3.3	CRM	24.99	19.99
66472	FACE CLEANS SEA BUCKTH	4 Z	LIQ	19.99	15.99
66471	FACE CRM SEA BUCKTHORN	1 Z	CRM	24.99	19.99
67138	FACIAL TONR CLARIFYING	3 Z	SPY	29.99	23.99
66469	HYDRAT SER SEA BUCKTH	1 Z	LIQ	44.99	35.99
66474	SEA BUCKTHORN SEED OIL	10M	OIL	19.99	15.99

SIMILASAN					
36130	ALLERGY EYE #2 VIALS	20	VIL	14.95	11.96
22112	ALLERGY EYE RELIEF #2	10M	LIQ	14.65	11.72
56514	ANXIETY RELIEF	15G	LIQ	13.89	11.11
58025	COLD & MUCUS RELIEF	4 Z	LIQ	10.39	8.31
37444	COMPUTER EYE FATIGUE#3	10M	LIQ	14.65	11.72
38478	EAR DROPS	10M	DRP	13.89	11.11
42830	EAR WAX RELIEF	10M	LIQ	13.89	11.11
44667	IRRITATED EYE RELIEF	10M	LIQ	14.65	11.72
59138	NASAL ALLERGY RELIEF	.68	SPY	9.99	7.99
22111	RED DRY EYE #1 DROPS	10M	LIQ	14.65	11.72
23800	SINUS RELIEF NASAL SPR	.68	LIQ	9.99	7.99
56515	SLEEPLESSNESS RELIEF	EA	PEL	13.89	11.11
53645	STYE EYE RELIEF	10M	LIQ	14.65	11.72

SMALL BATCH					
66513	GRANOLA CHERRY BARK	8 Z		7.25	7.25
66511	GRANOLA COCONUT TOFFEE	8 Z	SNK	7.25	7.25
66512	GRANOLA COFFEE BEAN	8 Z	SNK	7.25	7.25

SOLARAY					
31774	5 HTP 100 MG W/ B6 & C	60	CAP	41.29	33.03
29115	5 HTP 100 MG W/ST JOHN	30	CAP	24.09	19.27
22334	A 25000 DRY EMULS	60	CAP	9.99	7.99
20792	ACTICHRON GTF Y/F	100	TAB	10.59	8.47
30163	ADRENAL CAP	60	CAP	10.09	8.07
20859	ALFAJUICE 550 CAP	180	CAP	14.39	11.51
28206	ALFALFA 500 MG	100	CAP	8.89	7.11
23704	ALOE VERA GEL CAPS	100	CAP	11.39	9.11
60347	ANDROGRAPHIS EXT 300	60	CAP	14.49	11.59

31825	ASHWAGANDHA EXT 470 MG	60	CAP	22.99	18.39
65723	ASTAXANTHIN 1 MG	60	VCA	13.79	11.03
32653	ASTRAGALUS EXT	30	CAP	11.39	9.11
23546	B 100 COMPLEX CAP	100	CAP	25.09	20.07
25175	B 50 COMPLEX CAP	50	CAP	8.89	7.11
22337	B 50 COMPLEX CAP	250	CAP	32.99	26.39
34061	B COMPLEX 50	100	CAP	15.39	12.31
28662	B COMPLEX 75	100	CAP	20.49	16.39
22336	B STRESS MEGA T/R	240	VCA	41.19	32.95
31855	B STRESS MEGA T/R	120	VCA	22.99	18.39
52230	B STRESS PM	120	CAP	20.99	16.79
19327	B12 2000 SUBL LOZ	90	LOZ	13.99	11.19
40817	B12 5000 MCG	30	LOZ	14.19	11.35
22488	B12 W/FOLIC 1000/400 LZ	90	LOZ	12.79	10.23
22169	BAYBERRY 475 BRK OF RT	100	CAP	13.59	10.87
38448	BILBERRY & LUTEIN	30	CAP	32.69	26.15
28938	BILBERRY 160 MG 1 DAY	30	CAP	31.59	25.27
18658	BILBERRY EXT 42 CAP	60	CAP	16.49	13.19
25458	BILBERRY EXT 60 MG	60	CAP	19.49	15.59
44937	BILBERRY EXT 60 MG	120	VCA	34.39	27.51
29197	BILBERRY EXTRACT 42 MG	120	CAP	29.79	23.83
31848	BIO E W/SELENIUM	60	PRL	17.09	13.67
67082	BIOTIN 1000 MCG ORANGE	100	LOZ	10.79	8.63
59204	BIOTIN 5000 MCG TANGY	60	LOZ	17.39	13.91
36770	BITTER MELON EXT 500	30	CAP	17.69	14.15
32500	BITTER ORANGE EXT 120	100	CAP	13.99	11.19
50518	BLACK TEA EXT 375 MG	30	VCA	23.09	18.47
28656	BOSWELLIA EXT 325 MG	60	CAP	21.69	17.35
40049	BROMELAIN 500 MG	60	CAP	24.89	19.91
20843	BRONCHIAL BLEND SP22	100	CAP	12.79	10.23
18659	BUTCHERS BRM EXT 100 C	60	CAP	11.59	9.27
45313	BUTTERBUR EXT 50 MG	60	VCA	25.69	20.55
23172	C 1000 W/RH/AC T/R	250	VCA	34.89	27.91
60937	C 1000 W/RH/AC T/R	100	VCA	15.59	12.47
22339	C 1000 W/RH/ACEROLA CP	250	CAP	34.79	27.83
37283	C 500 BIO PLEX BUFF	250	CAP	23.89	19.11
22868	C 500 SUPER BIO PLEX	250	CAP	22.69	18.15
20390	C BIO SUPER T/R BUFF	250	CAP	30.69	24.55
25160	C BIO SUPER T/R BUFF	100	CAP	15.89	12.71
21582	CAL ASPOROTATE CAP	100	CAP	16.29	13.03
20752	CAL CITRATE SUP 132 MG	180	CAP	20.69	16.55
40059	CAL CITRATE W/D 250	180	CAP	18.59	14.87
20753	CAL HYDRXYAPAT 1000	120	CAP	25.69	20.55
31615	CAL MAG ASPOROTATES	240	CAP	29.99	23.99
23543	CAL MAG CAP	180	CAP	17.89	14.31
22540	CAL MAG CITRATE CAP	90	CAP	12.29	9.83
22198	CAL MAG CITRATE CAP	180	CAP	22.69	18.15
36481	CAL MAG CITRATE W/D	180	VCA	21.59	17.27
31616	CAL MAG CITRATE W/D	90	CAP	12.09	9.67
60654	CAL MAG CT 2:1 D3 1000	180	CAP	21.79	17.43
23193	CAL MAG ZINC CAP	250	CAP	25.69	20.55
31613	CALCIUM CITRATE 250 MG	240	CAP	22.09	17.67

60	CAP	22.99	18.39	20790
60	VCA	13.79	11.03	20811
30	CAP	11.39	9.11	34638
100	CAP	25.09	20.07	23013
50	CAP	8.89	7.11	31611
250	CAP	32.99	26.39	45121
100	CAP	15.39	12.31	25723
100	CAP	20.49	16.39	21800
240	VCA	41.19	32.95	18660
120	VCA	22.99	18.39	20858
90	CAP	20.99	16.79	20400
120	LOZ	13.99	11.19	63739
30	LOZ	14.19	11.35	33105
90	LOZ	12.79	10.23	42826
100	CAP	13.59	10.87	67232
30	CAP	32.69	26.15	35916
30	CAP	31.59	25.27	29537
60	CAP	16.49	13.19	32323
60	CAP	19.49	15.59	25471
120	VCA	34.39	27.51	20817
120	CAP	29.79	23.83	36989
60	PRL	17.09	13.67	63494
100	LOZ	10.79	8.63	29849
60	LOZ	17.39	13.91	53880
30	CAP	17.69	14.15	62619
100	CAP	13.99	11.19	20845
30	VCA	23.09	18.47	20847
60	CAP	21.69	17.35	32303
60	CAP	24.89	19.91	35754
100	CAP	11.79	10.23	22335
60	CAP	12.59	9.27	32493
60	VCA	25.69	20.55	24467
250	VCA	34.89	27.91	26609
100	VCA	15.59	12.47	32406
250	CAP	34.79	27.83	29840
250	CAP	23.89	19.11	50534
250	CAP	22.69	18.15	20836
250	CAP	30.69	24.55	20372
100	CAP	15.89	12.71	22857
100	CAP	16.29	13.03	31612
180	CAP	20.69	16.55	25177
180	CAP	18.59	14.87	20819
120	CAP	25.69	20.55	23071
240	CAP	29.99	23.99	28207
90	CAP	17.89	14.31	33234
90	CAP	12.29	9.83	31857
180	CAP	22.69	18.15	32403
180	VCA	21.59	17.27	20813
90	CAP	12.09	9.67	29198
180	CAP	21.79	17.43	18662
250	CAP	25.69	20.55	52103
240	CAP	22.09	17.67	25153

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The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Water, Organic Elderberry and Blackberry Juice Concentrates, Citric Acid.

Indications:

Both colds and flu (influenza) are viral diseases. Colds are more of a respiratory infection while the flu is more of a systemic condition, characterized predominately by fever, malaise and muscle aches. Conventional medicine does not really offer an effective cure or preventive treatment for colds and flu. There is a vaccine, but it's effectiveness has been limited. These viruses are around us most of the time, and we are most susceptible in the winter. Interestingly enough, not everyone succumbs. Why is that? Speculation centers on the strength of an individuals immune system. Some of us seem better able to withstand the virus than others. One logical approach to prevention, therefor, relies on strengthening our immune system, both to avoid catching the cold or flu, and to shorten the duration and reduce the severity if we do catch it. This is where immune-enhancing herbs, vitamins and minerals come into play. Zinclmmune Plus is one supplement designed to satisfy that need.

Description:

The synergistic blend of immune-enhancing herbs and minerals in Zinclmmune targets those immune functions related to colds and flu, as follows:

Details and References:

Zinc: Zinc has numerous important, essential roles in the body. One of those is to support immune function. It has been shown to exert antiviral activity agains certain virus (e.g. rhinovirus and herpes simplex virus.) Studies have shown that “a substantial proportion of the population is failing to meet the recommended daily allowance for zinc.”

“Zinc plays a role in host defenses against infections. Suboptimal zinc status appears to be common among people consuming a typical Western diet, and may increase susceptibility to infections. In a double-blind trial,

supplementation with 45 mg/day of zinc for 12 months decreased the incidence of infections in healthy middle-aged and elderly people.” (Gaby, Alan R., MD. *Nutritional Medicine*. Alan R. Gaby, M.D., 01/2011). One of the more popular uses of zinc for colds is in lozenge form, leading to the speculation that it's effectiveness is due to a direct action of zinc ions on the virus. Not all studies have supported this idea. Taking zinc orally may be equally effective. As already mentioned above, the immune system does not function optimally if you do not have enough zinc in the body. “A 1-year, double-blind study of 50 nursing home residents found that zinc supplements as compared to placebo reduced rates of infection.159 In addition, more than ten other studies performed in developing countries have found that zinc supplements at nutritional doses can increase resistance to respiratory and other infection in children, and that they might reduce symptom severity.” (Consumerlab.com) And in another study, “zinc supplements (not lozenges) may play a role in reducing the risk of coming down with a cold in the first place. In a review of 2 randomized trials, which included 394 healthy children, researchers found that the groups who took zinc had fewer colds, school absences, and prescriptions for antibiotics.” Echinacea: Echinacea has a long history of use as a cold and flu remedy. In America, conventional drugs replaced it, but in Europe, it remains continues to be a popular remedy. Most research supports its ability to reduce the symptoms and duration of colds. It's role in prevention is not as well documented.

Elderberry: The initial interest in Elderberry resulted from research on a proprietary preparation (Sambucol) that contains extracts of black elderberries (Sambucus nigra L.) and raspberries (Rubus idaeus L.). This preparation has been shown to inhibit the replication of influenza virus types A and B in vitro. In addition, an extract of Sambucus nigra L. decreased the infectivity of human influenza virus H1N1 in

vitro. The activity of this extract against the H1N1 virus was attributed to 2 flavonoids which were shown to bind to H1N1 virions and block the ability of the virus to infect host cells. In clinical trials, treatment with Sambucol decreased the duration of illness in patients with influenza. (Gaby, Alan R., MD. *Nutritional Medicine*. Alan R. Gaby, M.D., 01/2011). As a result, extracts of elderberry have become a common herbal supplement for those with flu symptoms. It is thought to stimulate the immune system and to inhibit viral growth.

Unckaloabo (Pelargonium sidoides): Pelargonium is a plant in the geranium family, native to South Africa, where it has a long history of use in treating respiratory problems. A number of studies have shown this herb to be effective in treating acute bronchitis, strep throat and the common cold. The study, (Lizogub VG, Riley DS, Heger M. *Efficacy of a Pelargonium sidoides preparation in patients with the common cold: a randomized, double blind, placebo-controlled clinical trial*. Explore (NY). 2007;3:573-584.), on 133 adults who had just come down with a cold, found that the use of a standardized pelargonium extract, three times daily, significantly reduced the severity and duration of symptoms as compared to placebo.

Dosage:

One teaspoonful (5 ml), two to four times daily or as directed by a physician. Do not take for more than three consecutive days. Longer use should be accompanied by additional copper supplementation (1-2 mg per day).

Keep out of the reach of children. Shake well before using. Do not use when pregnant unless approved by doctor. This product is kosher and gluten-free.

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



32410	GOTU KOLA	100	CAP	10.09	8.07	34256	OLIVE LEAF 250 MG	60	CAP	23.79	19.03	20816	TETRA CLEANSE CAP	60	CAP	13.29	10.63	13174	B COMPLEX W/C STRESS	250	TAB	28.60	22.88
31816	GRAPENOL 100 MG	60	VCA	34.39	27.51	32631	OLIVE LEAF 300 MG OLEA	100	CAP	16.29	13.03	20846	THYROID KELP BLD SP26	100	CAP	12.09	9.67	13196	B + C STRESS FRM ULT TAB	90	TAB	24.20	19.36
29926	GRAPENOL 50 MG	60	CAP	19.99	15.99	29850	OLIVE LEAF EXT 250 MG	30	CAP	12.89	10.31	67398	TOTAL CLEANS URIC ACID	/60	VCA	29.99	23.99	13069	B1 100 VCAP	100	CAP	9.90	7.92
43518	GUGGUL & RED YEAST RIC	60	CAP	16.29	13.03	57777	ONCE DAILY IRON FREE	60	CAP	21.29	17.03	51118	TOTAL CLEANSE LYMPH	60	VCA	16.89	13.51	13071	B1 500 TAB	100	TAB	19.90	15.92
52177	GUGGUL EXT 450 MG	60	CAP	25.19	20.15	58767	PAINCREATIN 1300 MG	90	CAP	11.79	9.43	59859	TRIBULUS EXT 450 MG	60	CAP	19.09	15.27	13108	B12 1000 NUGGET	100	TAB	12.10	9.68
30344	GYMNEMA LF EXT 385 MG	60	CAP	24.59	19.67	50390	PANTOTHENIC ACID 250	100	CAP	9.39	7.51	32884	TRIPHALA FRUIT EXT 500	90	CAP	21.49	17.19	13109	B12 1000 NUGGET	250	TAB	27.60	22.08
28322	HAWTHORN BERRIES	100	CAP	9.39	7.51	34540	PANTOTHENIC ACID 500	250	CAP	30.69	24.55	18668	TURMERIC EXT 300 CAP	60	CAP	16.39	13.11	58104	B12 2000 LIQ W/B	2 Z	LIQ	13.20	10.56
18674	HAWTHORN SPEC FORM CAP	90	CAP	24.89	19.91	27710	PASSION FLOWER	100	CAP	9.49	7.59	28803	TWICE DAILY MULT NO FE	120	CAP	32.99	26.39	44627	B12 2500 MCG MEGASORB	60	NUG	12.90	10.32
22892	HCL & PEP SIN CAP	180	CAP	20.79	16.63	28209	PAU D'ARCO INNER BARK	100	CAP	9.59	7.67	27558	VALERIAN ROOT	100	CAP	9.59	7.67	44628	B12 2500 MCG MEGASORB	120	NUG	23.10	18.48
28086	HCL W/PEPSIN 650 CAP	250	CAP	34.09	27.27	27012	PHYTOESTROGEN	120	CAP	25.49	20.39	67064	VIRAMAX FOR WOMEN	60	CAP	23.99	19.19	13103	B12 500 TAB	100	TAB	10.40	8.32
66987	HIBISCUS FLOWER 250 MG	60	VCA	12.89	10.31	31630	PITUITARY CAPS	60	CAP	14.99	11.99	36691	VIRAMAX YOHIMBE FREE	60	CAP	23.19	18.55	58586	B12 500 VCAP	100	VCA	12.10	9.68
20853	HISTAMINE BLEND SP33	100	CAP	11.39	9.11	39935	POMEGRANATE 200 MG	60	CAP	20.39	16.31	31834	VITEX CHASTE BERRY EXT	60	CAP	18.69	14.95	13107	B12 500 VCAP	250	CAP	25.40	20.32
32397	HORSE CHESTNUT EXT 400	60	CAP	15.09	12.07	51722	PRICKLY PEAR 500 MG	100	VCA	13.99	11.19	28211	WILD YAM ROOT	100	CAP	10.19	8.15	50680	B12 5000 MEGASORB	60	NUG	22.00	17.60
32411	HORSETAIL SHAVEGRASS	100	CAP	10.09	8.07	20837	PROSTATE BLEND SP16	100	CAP	11.89	9.51	22870	WOOD BETONY 300 CAP	100	CAP	11.69	9.35	57713	B12 METHYL 1000	60	NUG	10.50	8.40
35301	HUP A (HUPERZINE A)	60	CAP	25.09	20.07	52438	PUMPKIN SEED OIL	90	SGC	15.99	12.79	31617	YEAST CLEANSE	90	CAP	18.19	14.55	57712	B12 METHYL 5000 MCG	60	NUG	25.40	20.32
38710	INDOLE 3 CARBINOL 100	30	CAP	35.19	28.15	18665	PYGEUM AFRCAN EXT 50	60	CAP	24.79	19.83	51421	ZEAXANTHIN ULTRA 6 MG	60	VCA	24.79	19.83	13079	B2 100 CAP	100	CAP	12.10	9.68
32709	INDOLE 3 CARBINOL 25	30	CAP	14.89	11.91	53188	PYGEUM EXT ONE DAY	30	CAP	26.79	21.43	59033	ZINC COPPER	100	VCA	11.69	9.35	13075	B2 50 TAB	100	TAB	9.90	7.92
43231	INDOLE 3 SUPREME 200	30	VCA	40.49	32.39	25443	PYGEUM SAW PALM W/CRAH	90	CAP	28.59	22.87							13090	B6 100 CAP	100	CAP	11.50	9.20
42933	INOSITOL	2 Z	PWD	17.49	13.99	21764	PYGEUM/SAW PALM CAP	120	CAP	40.49	32.39							13091	B6 100 CAP	250	CAP	25.40	20.32
32408	KELP	100	CAP	10.09	8.07	20404	PYGEUM/SAW PALMETTO CP	60	CAP	20.79	16.63							13087	B6 100 TAB	100	TAB	8.80	7.04
20824	KIDNEY CORNSILK SP6	100	CAP	10.39	8.31	37578	QUERCETIN 500 MG	90	CAP	25.19	20.15	38702	40 + ACIDOPH ADVANCED	120	VCAP	26.40	21.12	13092	B6 250 CAP	100	CAP	14.90	11.92
50934	LITHIUM ASPARTATE 5 MG	100	CAP	12.69	10.15	43809	RED YEAST RICE + COQ10	60	CAP	32.69	26.15	50685	5 HTP 100 MG	30	VCA	12.60	10.08	30364	BETA GLUCANS 1 3 20 MG	60	TAB	14.40	11.52
34432	LIVER BLEND SP 13	100	CAP	9.99	7.99	39173	RED YEAST RICE 600 MG	45	CAP	16.69	13.35	50686	5 HTP 100 MG	90	VCA	33.00	26.40	27305	BILB GINK EYEB + LUTIN	60	VCA	24.10	19.28
31350	LUTEIN EYES 18 MG	60	CAP	35.69	28.55	39282	RED YEAST RICE 600 MG	90	CAP	29.79	23.83	42585	A 5000 DRY	100	TAB	8.90	7.12	26763	BILBERRY EXTRACT VCAP	60	VCA	15.40	12.32
66841	LUTEIN EYES 24 MG ADV	60	VCA	60.39	48.31	52835	RED YEAST RICE 600 MG	120	CAP	36.99	29.59	58408	ACETYL L CARNITIN 1000	30	TAB	33.10	26.48	22502	BILBERRY/GINKGO/EYEBRT	60	CAP	16.40	13.12
33963	LUTEIN EYES 6 MG	60	CAP	16.79	13.43	27023	REISHI MUSHROOM	100	CAP	20.69	16.55	23786	ACETYL L CARNITINE 250	30	CAP	12.10	9.68	13118	BIOTIN 1000 CAP	100	CAP	13.20	10.56
36482	LUTEIN EYES ADV 24 MG	30	CAP	31.69	25.35	20821	RESPIRATION BLEND SP3	100	CAP	9.69	7.75	38585	ACIDOPH + ADVANCE	120	VCAP	18.60	14.88	13117	BIOTIN 1000 CAP	50	CAP	8.80	7.04
25792	LYSINE 500 FREE FORM	120	CAP	12.59	10.07	52591	RHODIOLA SUPER 500 MG	60	VCA	28.09	22.47	38577	ACIDOPH + ADVANCE	240	VCAP	34.10	27.28	13119	BIOTIN 1000 CAP	250	CAP	26.40	21.12
60445	MAG ASPOROTATE	180	CAP	21.29	17.03	32415	ROSE HIPS	100	CAP	11.19	8.95	38538	ACIDOPHILUS ADVANCED	100	VCAP	16.40	13.12	62289	BIOTIN 10000 MCG SUPR	60	VCA	19.20	15.36
20795	MAG ASPOROTATE 400 MG	120	CAP	15.49	12.39	34953	SARSAPARILLA	100	CAP	12.29	9.83	13602	ALOE VERA 520 VCAP	100	CAP	12.98	10.38	62290	BIOTIN 10000 MCG SUPR S	120	VCA	30.00	24.00
40478	MAG BIOCITRATE 133 MG	90	VCA	12.49	9.99	20815	SAW PALM BER EX 160 CP	60	CAP	19.39	15.51	13510	ANTIOXIDANT ADV VCAP	60	CAP	21.90	17.52	50688	BIOTIN 5000 MCG	100	VCA	19.90	15.92
63789	MAG GLYCINATE 400 MG	120	VCA	19.89	15.91	26934	SAW PALM BER EX 160 CP	120	SGC	37.79	30.23	22997	ANTIOXIDANT ADV VCAP	120	CAP	41.80	33.44	29619	BLACK COHOSH RT EXT +	60	VCA	27.60	22.08
22078	MAG POT ASPOR W/BROM C	120	CAP	19.79	15.83	28265	SAW PALM PYGEUM 1 DAY	30	PRL	44.39	35.51	13478	APPLE PECTIN PWD	4 Z	PWD	17.70	14.16	32800	BOSWELLIA RESIN EXT	60	VCA	18.70	14.96
27313	MAGNESIUM 200 MG	100	CAP	12.69	10.15	23584	SAW PALMETTO BERRY	180	CAP	21.59	17.27	57715	ARGININE 1000 MG TAB	90	TAB	24.20	19.36	12980	BRANCH CHAIN AA CAP	100	CAP	29.20	23.36
32412	MAITAKE MUSHROOM	100	CAP	21.89	17.51	22341	SELENIUM 100 CAP	100	CAP	9.99	7.99	12977	ARGININE CAP 500	250	CAP	36.40	29.12	13564	BREWERS YEAST PWD	14Z	PWD	16.40	13.12
22681	MANGANESE ASPROTATE CP	100	CAP	10.09	8.07	37670	SELENIUM 200 MCG	100	CAP	13.99	11.19	12976	ARGININE CAP 500	100	CAP	16.50	13.20	13565	BREWERS YEAST TAB	250	TAB	17.60	14.08
67341	MEADOWSWEET 250 MG	100	CAP	9.99	7.99	30411	SELENIUM 200 MCG Y/F	90	CAP	12.29	9.83	12973	ARGININE/ORNITHINE CAP	100	CAP	27.50	22.00	13469	BROMELAIN 500 TAB	60	TAB	19.90	15.92
42142	MELATONIN 3 MG W/VALER	60	CAP	11.19	8.95	36769	SHARP MIND	60	CAP	24.19	19.35	33241	ASHWAGANDHA RT EXT STD	60	VCA	17.70	14.16	19354	C 1000 TAB	90	TAB	13.20	10.56
20850	MEMORY BLEND SP30 CP	100	CAP	11.49	9.19	29641	SKIN BLEND SP4	100	CAP	11.99	9.59	60054	ASTAXANTHIN 10 MG SGC	30	SGC	25.40	20.32	13227	C 1000 VCA	250	VCA	40.80	32.64
51249	MILK THISTLE 350 1 DAY	60	CAP	34.69	27.75	25176	SLIPPERY ELM BARK	100	CAP	10.59	8.47	39299	ASTAXANTHIN 5 MG	30	SGC	15.40	12.32	13226	C 1000 VCA	100	VCA	18.70	14.96
18664	MILK THISTLE 175 CAP	60	CAP	19.09	15.27	22077	SPECTRO CAP	360	CAP	54.79	43.83	61888	ASTAXANTHIN 5 MG	60	SGC	26.40	21.12	13250	C 1000 W/RH TAB	250	TAB	33.10	26.48
32550	MILK THISTLE 350 1 DAY	30	CAP	18.99	15.19	35107	SPECTRO IRON/FREE	360	CAP	53.99	43.19	13184	B 100 COMPLEX TAB	250	TAB	50.80	40.64	13249	C 1000 W/RH TAB	100	TAB	14.40	11.52
27046	MILK THISTLE PHYTOSOME	60	CAP	40.39	32.31	28446	SPIRULINA	120	TAB	15.09	12.07	13183	B 100 COMPLEX TAB	100	TAB	22.00	17.60	13253	C 1500 W/RH TAB	90	TAB	17.70	14.16
36504	MUIRA PUAMA ROOT 300	100	CAP	14.49	11.59	31415	ST JOHNS WORT 300 MG	120	CAP	25.39	20.31	13186	B 100 COMPLEX VCAP	100	VCAP	24.10	19.28	13254	C 1500 W/RH TAB	180	TAB	33.10	26.48
27117	MULLEIN LEAVES	100	CAP	10.29	8.23	62222	ST JOHNS WORT ONE DAY	60	TAB	35.09	28.07	13187	B 100 COMPLEX VCAP	250	VCAP	54.10	43.28	45120	C 500 CHW CRAN RASP	90	CHW	15.40	12.32
52991	MULTI MINERAL NO IRON	200	CAP	21.29	17.03	33112	ST JOHNS WORT ONE DAY	30	CAP	18.29	14.63	13185	B 100 COMPLEX VCAP	50	VCAP	13.10	10.48	45119	C 500 CHW ORANGE	90	CHW	15.40	12.32
56824	NATTOKINASE 100 MG	30	VCA	34.69	27.75	43979	STOMACH BLEND SP 208	100	CAP	21.79	17.43	13189	B 50 COMPLEX MEGASORB	100	TAB	23.10	18.48	13223	C 500 VCAP	100	CAP	12.10	9.68
20835	NERVE BLEND SP14	100	CAP	10.09	8.07	20806	SUPER DIGESTAWAY CAP	180	CAP	25.19	20.15	23604	B 50 COMPLEX MEGASORB	250	TAB	50.10	40.08	13224	C 500 VCAP	250	CAP	27.60	22.08
25729	NETTLE LEAVES 450 MG	100	CAP	10.39	8.31	20805	SUPER DIGESTAWAY CAP	90	CAP	13.69	10.95	31377	B 50 COMPLEX VCAP	100	VCAP	14.90	11.92	13247	C 500 W/RH TAB	250	TAB	22.00	17.60
51718	NETTLE ROOT 300 MG	60	CAP	18.29	14.63	24106	SUPER PAPAYA-PLEX	180	CHW	10.89	8.71	13178	B 50 COMPLEX VCAP	250	VCAP	33.00	26.40	13246	C 500 W/RH TAB	100	TAB	9.90	7.92
32418	NONI FRUIT	100	CAP	29.49	23.59	51414	TART CHERRY	90	CAP	19.99	15.99	13192	B COMPLEX STRESS NAT	90	TAB	17.70	14.16	13218	C CRYSTALS 1125 MG PWD	4.4	PWD	13.20	10.56
35951	OLIVE LEAF 1000 MG	30	CAP	44.49	35.59	64664	TART CHERRY LIQ ORG	16Z	LIQ	27.29	21.83	13173	B COMPLEX W/C STRESS	100	TAB	13.10	10.48	13219	C CRYSTALS 1125 MG PWD	8.8	PWD	24.20	19.36



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Schisandra Relieved Hot Flashes, Palpitations During Menopause

Schisandra chinensis is one of 50 fundamental herbs in traditional Chinese medicine, whose name translates as "five-flavor berry," because it is salty, sweet, sour, pungent, and bitter.

Schisandra is used as an adaptogen. It increases resistance to disease and stress, increases energy, and increases physical performance and endurance. Schisandra is also recommended for improving vision, boosting muscular activity, improving cellular energy, for hepatitis, liver protection, preventing premature aging, increasing lifespan, for premenstrual syndrome (PMS), stimulating the immune system, speeding recovery after surgery, protecting against radiation, counteracting the effects of sugar, preventing motion sickness, normalizing blood sugar and blood pressure, reducing high cholesterol, preventing infection, improving adrenal health, and energizing RNA-DNA to rebuild cells. Schisandra has also been used for coughs, asthma, insomnia, neurasthenia, chronic diarrhea, dysentery, night sweats, spontaneous sweating, involuntary seminal discharge, thirst, impotence, physical exhaustion, excessive urination, depression, irritability, and memory loss. (Ref: Natural Medicines, Somerville, MA)

In this study, 36 women, aged 40 to 70, who reported menopausal symptoms, took a placebo or 196 mg of schisandra extract per

day for six weeks. Doctors followed up for an additional six weeks while all the women kept a daily diary and answered a questionnaire at the start of the study, and at six and 12 weeks.

After six weeks, for women taking schisandra, symptoms including hot flashes, sweating, tingling skin sensations, disturbed sleep, irritability and depressed mood, dizziness, fatigue, weakness, joint pain, headache, and heart palpitations had decreased by an overall symptom score of 21.6 percent, and by 41.2 percent at 12 weeks. The placebo group saw lower levels of improvement.

Women taking schisandra reported the most consistent relief for symptoms of hot flashes, sweating, and heart palpitations.

(Reference: Climacteric; 2016, Vol. 19, No. 6, 574-80)



Additional Comments from Don Goldberg

**Schisandra (or
Schizandra) is available
at Willner Chemists**

Phyto-Tech™ Schisandra
Liquid Extract - 1 fl oz
Product Code: 67466

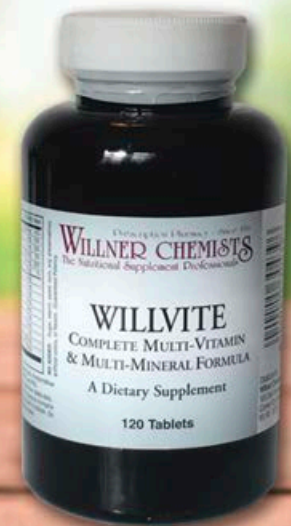
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Eucalyptus - 4 fl oz, #62681
Frankincense - 1 fl oz, #66286
Grapefruit (Pink) - 1 fl oz, #62710
Jasmine - 1 fl oz, #66287
Lavender (French) - 1 fl oz, #63005
Lavender (French) - 4 fl oz, #62787
Lavender (Bulgarian) - 1 fl oz, #62815
Lemon - 1 fl oz, #63006
Lemongrass - 1 fl oz, #66310
Orange (Sweet) - 1 fl oz, #62820
Oregano - 1 fl oz, #62821
Patchouli - 1 fl oz, #62822
Peppermint - 1 fl oz, #62884
Peppermint - 4 fl oz, #63007
Rose - 1 fl oz, #66288
Rose Geranium - 1 fl oz, #66290
Rosemary - 1 fl oz, #63008
Sage - 1 fl oz, #66289
Sandalwood* - 1 fl oz, #66291
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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



13051	C L O SGC	100	SGC	8.80	7.04	51184	EFA 1300 OMEGA 3 6 9	120	SGC	35.20	28.16	13428	MULTI II VEGICAP	180	CAP	41.60	33.28
13052	C L O SGC	250	SGC	17.70	14.16	13629	ELEUTHERO 520 CAP	100	CAP	15.40	12.32	13539	N A C 600 MG	60	VCA	23.10	18.48
13305	CAL 600 TAB OYS SHELL	120	TAB	14.40	11.52	12969	ESSENTIAL AMINO CMP	60	VCA	20.90	16.72	31056	N A C 600 MG	120	VCA	39.70	31.76
21730	CAL 600 TAB OYS SHELL	240	TAB	26.40	21.12	12970	ESSENTIAL AMINO CMP	90	CAP	27.60	22.08	13146	NIACIN 500 CAP	250	CAP	29.70	23.76
44247	CAL CITRATE W/ MAG & D	300	TAB	29.70	23.76	13215	ESTER C+ TAB 1000	180	TAB	36.40	29.12	13145	NIACIN 500 CAP	100	CAP	14.40	11.52
13307	CAL CITRATE W/D 250 MG	120	TAB	14.20	11.36	13214	ESTER C+ TAB 1000	90	TAB	19.90	15.92	13147	NIACIN 500 NO FLUSH CP	50	CAP	14.40	11.52
13308	CAL CITRATE W/D 250 MG	240	TAB	26.40	21.12	13213	ESTER C+ TAB 1000	60	TAB	14.40	11.52	13148	NIACIN 500 NO FLUSH CP	100	CAP	24.20	19.36
44243	CAL CITRATE W/MAG & D	150	TAB	16.50	13.20	22651	ESTER C+ VCAP 500	250	CAP	39.70	31.76	24663	NIACIN 500 NO FLUSH CP	250	CAP	54.10	43.28
28278	CAL MAG 1:1 500/500	240	TAB	36.40	29.12	13211	ESTER C+ VCAP 500	100	CAP	16.50	13.20	61465	NO 7 JOINT SUPPORT	30	VCA	24.99	19.99
13316	CAL MAG BORDN TAB	250	TAB	19.90	15.92	37495	FEMALE MULTIPLE	120	TAB	41.00	32.80	66945	NO 7 JOINT SUPPORT	60	VCA	48.99	39.19
59858	CAL MAG CITR LIQ BLUEB	16Z	LIQ	14.40	11.52	13621	FENUGREEK 520 VCAP	100	CAP	14.40	11.52	61466	NO 7 JOINT SUPPORT	90	VCA	64.99	51.99
59860	CAL MAG CITR LIQ OR VN	16Z	LIQ	14.40	11.52	21736	FLAXSEED OIL SGC	100	SGC	14.40	11.52	13484	OAT BRAN 750 TAB	250	TAB	18.70	14.96
59861	CAL MAG CITR LIQ STRAW	16Z	LIQ	14.40	11.52	21737	FLAXSEED OIL SGC	250	SGC	31.90	25.52	28293	OLIVE LEAF EXT SFP	60	VCA	14.40	11.52
13318	CAL MAG CITRATE TAB	100	TAB	13.20	10.56	63334	FOLATE 1000 METAFOLIN	60	TAB	17.20	13.76	31506	OLIVE LEAF EXT SFP	180	VCA	30.90	24.72
13319	CAL MAG CITRATE TAB	250	TAB	27.60	22.08	63335	FOLATE 1000 METAFOLIN	120	TAB	32.10	25.68	13497	OMEGA 3 700 SGC	60	SGC	24.20	19.36
13314	CAL MAG TAB	250	TAB	19.90	15.92	59167	FOLATE 800 MCG METAFOL	100	TAB	17.10	13.68	13498	OMEGA 3 700 SGC	120	SGC	44.10	35.28
13313	CAL MAG TAB	100	TAB	11.00	8.80	56121	FOLATE METAFOLIN 400	100	TAB	13.40	10.72	51190	OMEGA 3 950 MG SGC	100	SGC	38.60	30.88
13320	CAL MAG ZINC TAB	100	TAB	11.00	8.80	13130	FOLIC ACID 400 TAB	250	TAB	14.20	11.36	55122	OMEGA 3 950 SGC	50	SGC	22.00	17.60
13321	CAL MAG ZINC TAB	250	TAB	19.90	15.92	13133	FOLIC ACID 800 CAP	100	CAP	9.80	7.84	57912	OMEGA 3 FISH OIL S	120	SGC	15.40	12.32
13303	CALCIUM CHW WAFERS 500	120	CHW	15.40	12.32	13132	FOLIC ACID 800 TAB	250	TAB	14.40	11.52	58701	OMEGA SALMON FULL SPEC	120	SGC	31.90	25.52
22503	CALCIUM COMPLEX ADV TB	120	TAB	23.10	18.48	23785	GABA 500 MG VCAP	100	VCA	22.90	18.32	30363	OMNIUM MULT IRON FREE	100	TAB	55.70	44.56
13517	CAPRYLIC ACID 350 TAB	100	TAB	16.50	13.20	57986	GABA 500 VCAP	50	VCA	14.20	11.36	30362	OMNIUM MULT IRON FREE	50	TAB	27.09	21.67
12983	CARNITINE 250 CAP	90	CAP	26.40	21.12	13572	GARLIC PERLES SGC	250	SGC	12.20	9.76	26761	OMNIUM MULTIPLE	60	TAB	35.80	28.64
12985	CARNITINE 500 MAXI TAB	30	TAB	18.70	14.96	13532	GELATIN CAP WITH CAL	250	CAP	19.90	15.92	26762	OMNIUM MULTIPLE	90	TAB	51.60	41.28
12986	CARNITINE 500 MAXI TAB	60	TAB	33.10	26.48	33245	GINKGO ROOT EXT STD	60	VCA	18.70	14.96	30048	OMNIUM MULTIPLE	180	TAB	98.70	78.96
60984	CARNITINE COMPLEX	60	TAB	48.60	38.88	22829	GINKGO 60 SUPER VCAP	60	CAP	18.70	14.96	50671	OREGANO OIL WILD	60	SGC	15.40	12.32
13060	CAROTENE 25000 SGC	60	SGC	15.30	12.24	21531	GINKGO 60 SUPER VCAP	120	CAP	30.90	24.72	13086	P 5 P 50 MG TAB	100	TAB	22.00	17.60
13061	CAROTENE 25000 SGC	90	SGC	21.90	17.52	26770	GINKGO BILBOA LEAF EXT	60	VCA	17.70	14.16	13165	PANTOTHENIC A 550 VCAP	100	CAP	19.80	15.84
13062	CAROTENE 25000 SGC	180	SGC	40.70	32.56	31503	GINKGO BILBOA STANDOZD	180	VCA	43.00	34.40	13507	PHOS CHOL SGC SOL/100	100	SGC	18.70	14.96
19844	CAROTENE DRY 10000 TAB	250	TAB	31.90	25.52	28297	GINSENG KOREAN EXT SFP	60	VCA	25.40	20.32	57709	PHOS SERINE 200 MG SGC	60	SGC	60.70	48.56
50669	CELADRIIN 525 MG SGC	60	SGC	29.60	23.68	22240	GLA 300 SUPER SGC	60	SGC	25.90	20.72	28275	PHOS SERINE CMP 500 MG	30	TAB	33.00	26.40
13612	CHLORELLA 520 CAP	100	CAP	20.90	16.72	58308	GLUCOS CHON MSM ESTER	180	TAB	44.10	35.28	52979	PM PHYTOGEN COMPLEX	60	TAB	27.50	22.00
13127	CHOL/INOSITOL	100	VCA	17.70	14.16	28101	GLUCOS CHOND 500/500	75	TAB	33.00	26.40	50674	POLICOSANOL 20 MG VCAP	100	VCA	33.10	26.48
13122	CHOLINE 350 VCA	100	VCA	16.50	13.20	30241	GLUCOS CHOND 500/500	150	TAB	60.60	48.48	13339	POT CMP 99 MG TAB	100	TAB	12.10	9.68
13346	CHROMIUM PICOL 200 VCA	90	VCA	12.10	9.68	37309	GLUCOS CHOND 500/500	300	TAB	93.70	74.96	13376	POT GLUCONATE 99 MG	250	TAB	19.90	15.92
13347	CHROMIUM PICOL 200 VCA	180	VCA	21.90	17.52	34439	GLUCOS CHOND COMPLEX	225	TAB	79.50	63.60	13375	POT GLUCONATE 99 MG	100	TAB	11.00	8.80
29175	CHROMIUM PICOL 500 MCG	60	VCA	8.80	7.04	51189	GLUCOS CHOND MSM	120	TAB	71.60	57.28	13666	POT/MAG ASPARTATE VCAP	90	VCA	15.40	12.32
31027	CHROMIUM PICOL 500 MCG	120	VCAP	13.20	10.56	51188	GLUCOS CHOND MSM	60	TAB	40.20	32.16	30194	PRENATAL NUTRIENTS TAB	240	TAB	27.00	21.60
22505	CHROMIUM POLYNC 200 YF	100	CAP	14.20	11.36	51871	GLUCOS HYALUR CHON MSM	120	TAB	52.90	42.32	64737	PROBI 20 BILLION	30	VCA	29.98	23.98
50675	CINNAMON LIPOIC ACID	60	TAB	15.30	12.24	30509	GLUCOSE MOD GOLD SPEC	60	TAB	20.50	16.40	65407	PROBI 30 BILLION	30	VCA	39.99	31.99
50670	CINNAMON VCAP	100	VCA	13.20	10.56	58406	GLUTAMINE 1000 MG TAB	60	TAB	14.40	11.52	22980	PROLINE 500 VCAP	100	CAP	24.20	19.36
13208	CITRUS BIOFL CMP 1000	100	TAB	14.40	11.52	12996	GLUTAMINE 500 CAP	50	CAP	9.90	7.92	24895	PROLINE/LYSINE TAB	90	TAB	22.00	17.60
13209	CITRUS BIOFL CMP 1000	250	TAB	29.70	23.76	12997	GLUTAMINE 500 CAP	100	CAP	16.50	13.20	30512	PROSTATE SUPPORT G S	60	VCA	36.80	29.44
50691	CIA 1300 MG TONALIN	60	SGC	25.40	20.32	12998	GLUTAMINE 500 CAP	250	CAP	36.40	29.12	13485	PSYLLIUM HUSKS VCAP	200	CAP	19.80	15.84
62140	COMFORT ZONE DIGEST	90	VCA	19.98	15.98	21722	GLUTATHIONE 250 CAP	60	CAP	39.70	31.76	13486	PSYLLIUM HUSKS VCAP	500	CAP	41.90	33.52
13327	COPPER CHEL TAB	100	TAB	9.80	7.84	21720	GLUTATHIONE 50 CAP	90	CAP	23.70	18.96	28069	PYCNOGENOL 100 MG	30	VCA	61.80	49.44
58230	COQ10 100 MG	90	SGC	46.30	37.04	13003	GLYCINE 500 VCAP	100	CAP	13.20	10.56	13547	PYCNOGENOL 30 CAP	30	CAP	22.00	17.60
39707	COQ10 100 MG SGC	60	SGC	35.30	28.24	26237	GRAPE SEED EXT 100 MG	60	CAP	25.40	20.32	13548	PYCNOGENOL 30 CAP	60	CAP	40.20	32.16
20170	COQ10 120 MG	60	VCA	37.50	30.00	26236	GRAPE SEED EXT 100 MG	30	CAP	12.98	10.38	13550	QUERCETIN COMPLEX VCAP	100	VCA	26.40	21.12
13528	COQ10 120 MG	30	VCA	20.90	16.72	13636	GREEN TEA 60 VCAP	50	CAP	13.38	10.70	50689	RED YEAST RICE 600 MG	60	VCA	16.40	13.12
66526	COQ10 200 MG	60	VCA	52.90	42.32	33244	GREEN TEA LEAF EXT STD	60	VCA	17.70	14.16	50690	RED YEAST RICE 600 MG	120	VCA	30.20	24.16
32847	COQ10 200 MG	30	VCA	28.70	22.96	28287	HAWTHORNE BERRY EXT SF	60	VCA	13.20	10.56	26104	REISHI SHITAKE MAITKE	50	CAP	33.10	18.48
58102	COQ10 200 MG SGC	60	SGC	52.90	42.32	13533	HEMATINIC TAB	100	TAB	14.40	11.52	53916	RESVATROL 100 MG	60	VCA	27.50	22.00
50677	COQ10 200 MG SGC	30	SGC	28.70	22.96	13534	HEMATINIC TAB	250	TAB	27.79	22.23	57593	RESVATROL 250 W/RW	30	SGC	27.60	22.08
13522	COQ10 30 CAP MAXI	60	CAP	11.98	9.58	13638	HERBAL WATER PILL	100	VCA	18.70	14.96	29042	RHODIOLA ROOT EXT 250	60	VCA	19.90	15.92
39706	COQ10 30 MG SGC	120	SGC	24.20	19.36	29040	HOMOCYSTEINE MODULATOR	60	VCA	13.20	10.56	52151	RIBOSE POWDER	5.3	PWD	33.10	26.48
67425	COQ10 400 MG	60	SGC	90.50	72.40	21843	HY BIO TAB W/BIOFLAV	100	TAB	15.40	12.32	13551	RNA DNA 100-100 TAB	100	TAB	26.40	21.12
50678	COQ10 400 MG SGC	30	SGC	50.80	40.64	13230	HY BIO TAB W/BIOFLAV	250	TAB	33.10	26.48	13591	ROYAL JELLY '500' SGC	60	SGC	22.00	17.60
40529	COQ10 60 MG SGC	120	SGC	37.50	30.00	13234	HY C TAB W/BIOFLAV	250	TAB	28.70	22.96	13241	RUTIN 500 TAB	250	TAB	30.90	24.72
40528	COQ10 60 MG SGC	60	SGC	20.90	16.72	51542	HYALURONIC ACID 120 MG	30	TAB	22.00	17.60	13240	RUTIN 500 TAB	100	TAB	15.40	12.32
13527	COQ10 60 VCAP	180	VCA	52.90	42.32	60997	HYDROXY CITRATE 500 MG	60	VCA	14.20	11.36	21539	SAW PALM 520 VCAP	100	CAP	19.90	15.92
13525	COQ10 60 VCAP	30	VCA	12.10	9.68	13138	INOSITOL 500 VCAP	100	CAP	16.50	13.20	31371	SAW PALM BERRY EXT	180	CAP	56.30	45.04
13526	COQ10 60 VCAP	60	VCA	20.90	16.72	13331	IRON CHEL TAB	100	TAB	10.90	8.71	26774	SAW PALM BERRY EXT 150	60	VCA	22.00	17.60
63252	COQ10 600 MG	30	VCA	57.30	45.84	29138	IRON GENTLE 25 MG	90	CAP	12.00	9.60	26105	SAW PALM LYCOPENE SOL/	50	CAP	27.60	22.08
53836	COQ10 NUTRI NANO LIPOC	60	SGC	46.30	37.04	29139	IRON GENTLE 25 MG	180	CAP	20.90	16.72	13390	SELENIUM 200 YEAST FR	100	TAB	13.10	10.48
59054	CRAN FLORA PROB EST C	60	VCA	33.10	26.48	37494	ISOFLAV CONC SUPER	120	TAB	41.90	33.52	13391	SELENIUM 200 YEAST FR	250	TAB	28.60	22.88
19351	CRANBERRY EXT WITH C	60	CAP	14.40	11.52	53917	K2 100 MCG MK 7	50	VCA	20.90	16.72	13383	SELENIUM 200 YEAST TAB	100	TAB	14.40	11.52
66944	CURCUMIN FULL SPECT 40	90	SGC	74.99	59.99	42916	KANGAVITES BERRY	120	CHW	17.60	14.08	19349	SHARK CARTILAGE	90	CAP	33.00	26.40
65881	CURCUMIN FULL SPECTRUM	60	SGC	54.99	43.99	13640	KELP 520 VCAP	100	CAP	14.40	11.52	25279	SHARK				

Better B12, Better Absorbed



Many people are aware of the health benefits of Vitamin B12. They've heard that it can boost energy, enhance metabolism, promote better sleep and support nerve tissue and brain cells.* However, most people are probably supplementing with the traditional form of Vitamin B12, known as cyanocobalamin.

Jarrow Formulas® innovative Vitamin B12 features Methylcobalamin, a form of Vitamin B12 that is not only better absorbed by the body, but is also more efficiently retained within its cells.* That means enhanced benefits. **Jarrow Formulas®** Methyl B-12 is entirely vegetarian and comes in great tasting lemon, tropical and cherry dissolvable lozenges. With 1000, 2500 or 5000 mcg sizes, this Methyl B-12 is the superior Vitamin B12 supplement.

B-Right® is a carefully balanced, low-odor B-Complex formula. B-Right contains methylcobalamin, pantethine and pyridoxal 5-phosphate (P-5-P), since these forms are more readily utilized as coenzymes than other forms of vitamin B12, vitamin B5 and vitamin B6 respectively.*

Methyl B-12, 5000 mcg 60 Lozenges - JRW34918
Methyl B-12, 1000 mcg 100 Lozenges - JRW34453
B-Right®, 100 Vegetarian Capsules - JRW23418

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

13395	ZINC CITRATE 30 CAP	100	CAP	12.10	9.68
13397	ZINC PICOL 22 TAB	100	TAB	10.90	8.71

SOLSTICE MEDICINE COMPANY					
67260	CHING WAN HUNG BRN BLM	1.0	CRM	11.29	10.16
67262	PD SUM ON MEDICAT OIL	1 Z	OIL	16.75	15.07
67263	WHITE FLOWER ANALGESIC	20M	LIQ	16.15	14.99
67265	YIN CHAO CHIEH TU PIE	96	TAB	13.99	12.59
67266	YUNNAN BAIYAO TONG SHU	36	CAP	14.99	13.49
67267	ZHENG GU PAIN REL APP	3 Z	CRM	16.65	14.99
67268	ZHENG GU PAIN REL SPRY	2 Z	SPY	11.85	10.67

SONNES ORGANIC FOOD					
34045	BEET PLANT JUICE #18	150	TAB	42.89	34.31
11316	BENTONITE COLLOID #7	32Z	LIQ	23.99	19.19
11327	C 100 #17	120	TAB	32.99	26.39
11319	C L O #5	16Z	LIQ	23.99	19.19
11318	CALPHONITE #2 15 OZ	15Z	LIQ	21.89	17.51
29714	GREENLIFE #10	360	TAB	93.39	74.71
11324	INTESTINAL CLEANSER #9	10Z	PWD	20.99	16.79

SOOTHING TOUCH					
65924	BATH SALTS CEDAR SAGE	32Z	SLT	12.99	10.39
65927	BATH SALTS EUCALYPTUS	32Z	SLT	12.99	10.39
65928	BATH SALTS LAVENDER	32Z	SLT	12.99	10.39
65925	BATH SALTS TUSCAN BOUQ	32Z	SLT	12.99	10.39

SOUNDS TRUE					
66732	7 KEYS TO FREEDOM	EA	CDR	16.98	13.58
66731	AWAKENING IN THE NOW	EA	CDR	19.95	15.96
66730	CHAKRA INCARNATION	EA	CDR	14.98	11.98
66729	CHAKRA INTEGRATION	EA	CDR	14.98	11.98
66724	FAIL FAIL AGAIN FAIL B	EA	CDR	19.95	15.96
66722	GUIDED MEDITATIONS	EA	CDR	29.95	23.96
66726	ILLUSION OF TIME	EA	CDR	19.95	15.96
66728	KUNDALINI KIRTRONICA	EA	CDR	16.98	13.58
66725	MANTRAS BEATS MEDITAT	EA	CDR	16.98	13.58
61506	MUSIC FOR HEALING	EA	CDR	9.98	7.98
66733	RELAX FOCUS MEM TRAIN	EA	CDR	9.95	7.96
66723	SHIFT INTO FREEDOM	EA	CDR	24.95	19.96
66734	SPIRIT OF HEALING	EA	CDR	16.98	13.58

SOURCE NATURALS					
44698	5 HTP 100 MG	60	CAP	23.50	18.80
52042	5 HTP 50 MG	60	CAP	13.98	11.18
61307	7 KETO DHEA 50 MG	60	TAB	36.98	29.58
44700	ACETYL L CARN/LIPC ACID	60	TAB	33.50	26.80
21983	ACETYL L CARNITINE 250	60	TAB	12.98	10.38
25344	ACETYL L CARNITINE 500	60	TAB	20.50	16.40
30189	ACETYL L CARNITINE 500	120	TAB	38.50	30.80
64972	ACTIVE A W/BETA CAROT	120	TAB	10.50	8.40
35903	ADVANCED ONE MULTIPLE	60	TAB	34.50	27.60
40530	ADVANCED ONE MULTIPLE	90	TAB	50.98	40.78
59408	AHCC 500 MG CAP 30 + 30	60	CAP	61.98	49.58
45526	ALKA BALANCE	120	TAB	20.50	16.40
45527	ALKA BALANCE	240	TAB	39.50	31.60
31887	ALLER RESPONSE	90	TAB	44.50	35.60
38540	ALLERCEFIN	48	TAB	9.50	7.60
67319	AMINO DAY W/20 AMINO	60	TAB	16.50	13.20
56107	ARGININE CITRULLINE	120	TAB	30.50	24.40
51024	ARTICHOKE EXT 500 MG	180	TAB	35.50	28.40
37219	ASTAXANTHIN 2 MG	60	SGC	22.50	18.00
35343	ATTENTIVE CHILD	60	WAF	19.50	15.60
35768	B 50 COMPLEX	100	TAB	15.50	12.40
24938	B12 2000 MCG SUB	100	TAB	13.50	10.80
61528	BEE POLLEN 500 MG	250	TAB	22.75	18.20
51407	BETA SITOSTEROL 375 MG	120	TAB	25.98	20.78
53668	BETAINE HCL 650 MG	180	TAB	31.50	25.20
42299	BIOPERINE 10 MG	120	TAB	11.50	9.20
55718	BLOOD PRESSURE RESPON	120	TAB	49.50	39.60
25306	BROMELAIN 500MG 600 GD	120	TAB	15.50	12.40
33469	C 1000 WELLNESS	200	TAB	37.50	30.00
51999	C ASCORBIC ACID CRYST	8 Z	PWD	17.50	14.00
25951	CAL ASCORBATE CRYSTAL	8 Z	PWD	20.50	16.40
67354	CAL CITRATE 333 MG	180	TAB	19.50	15.60
67355	CAL CITRATE 333 MG	90	TAB	9.98	7.98
35786	CAL D GLUCARATE 500 MG	120	TAB	71.98	57.58
52013	CAL D GLUCARATE 500 MG	60	TAB	36.98	29.58
33321	CALM THOUGHTS	90	TAB	23.98	19.18
55605	CARNITINE 500 MG	60	CAP	34.98	27.98
45624	CARNOSINE 500 MG	60	TAB	41.50	33.20
52822	CAROTENE 25000	100	SGC	11.25	9.00
24950	CATS CLAW 1000	120	TAB	20.50	16.40
23938	CATS CLAW 1000	60	TAB	10.98	8.78
28088	CELL STRENGTH	120	TAB	26.50	21.20
42808	CHERRY FRUIT EXT	180	TAB	29.50	23.60
55730	CHLORELLA 200 MG ORG	300	TAB	19.50	15.60
36702	CHLORELLA 500 MG	200	TAB	23.50	18.80
55731	CHLORELLA 500 MG ORG	200	TAB	30.50	24.40
55732	CHLORELLA POWDER ORG	3 Z	PWD	18.50	14.80
30490	CHONDROITIN SULF 400	60	TAB	37.50	30.00
34796	CHONDROITIN SULF 600	120	TAB	26.98	21.58
34795	CHONDROITIN SULF 600	120	TAB	51.98	41.58
54428	CHROM PICOL 200 YF	120	TAB	10.50	8.40
25361	CHROM PICOL 500 ULTRA	120	TAB	20.50	16.40
29586	CHROMATE GTF CHROM 200	120	TAB	9.75	7.80
55249	CHROMIUM GTF 200 ULTRA	120	TAB	12.50	10.00
57895	CITRULLINE 1000 MG	60	TAB	27.50	22.00
52235	CITRULLINE 500 MG	120	CAP	29.50	23.60
52236	CITRULLINE POWDER	100	PWD	36.98	29.58
51238	COCONUT OIL EXTRA VIRG	120	SGC	22.50	18.00
37352	COENZ B CMP PEPPERMINT	120	TAB	45.98	36.78
19345	COENZ B CMP PEPPERMINT	60	TAB	24.50	19.60
23849	COENZ B COMP ORANGE	60	TAB	24.50	19.60
67225	COENZ B COMP ORANGE SB	120	TAB	45.98	36.78
19343	COENZ B6 SUBL 25	60	TAB	10.50	8.40
33312	COLLOIDAL SILV THROAT	1 Z	SPY	10.50	8.40
33317	COLLOIDAL SILVER 30PPM	8 Z	LIQ	63.50	50.80
33316	COLLOIDAL SILVER 30PPM	2 Z	LIQ	17.98	14.38
29885	COLLOIDAL SILVER 30PPM	4 Z	LIQ	32.98	26.38
25416	COQ10 100 MG	90	CAP	34.98	27.98
25315	COQ10 30 SUBL	60	TAB	12.50	10.00
40970	CORAL CALCIUM	120	TAB	25.98	20.78

39143	COUGH SYRUP WELLNESS	8 Z	LIQ	14.50	11.60
44713	D 1000	200	TAB	11.50	9.20
55812	D3 2000 IU	200	CAP	14.50	11.60
56563	D3 2000 IU SGC	200	SGC	15.98	12.78
32330	DHA 100 MG NEUROMINS	120	SGC	64.98	51.98
36557	DHA 200 MG NEUROMINS	120	SGC	88.98	71.18
36556	DHA 200 MG NEUROMINS	60	SGC	45.50	36.40
44703	DIGEST ACTIVE	120	CAP	21.50	17.20
40957	DIM 100 MG	60	TAB	22.50	18.00
59446	DIM 100 MG	180	TAB	63.50	50.80
59425	DLPA 375 MG	120	TAB	19.50	15.60
20679	DMAE 130	100	TAB	13.50	10.80
20680	DMAE 130 TAB	200	TAB	25.50	20.40
57942	DMAE 351 MG CAP	100	CAP	13.50	10.80
42529	DURA CARB	32Z	PWD	19.98	15.98
33876	E 400 MIXED	100	SGC	35.50	28.40
25318	E P O 1350 MG	120	SGC	29.50	23.60
27932	ELDERBERRY LIQ WELLNES	4 Z	LIQ	17.50	14.00
20674	ESSENTIAL ENZYMES 500	120	CAP	21.50	17.20
20672	ESSENTIAL ENZYMES 500	60	CAP	11.25	9.00
20675	ESSENTIAL ENZYMES 500	240	CAP	41.50	33.20
59241	ESSENTIAL ENZYMES ULTR	90	CAP	43.50	34.80
37041	ESSENTIAL ENZYMES VEG	120	CAP	22.50	18.00
56397	FLU GUARD WELLNESS	525	TAB	20.98	16.78
54794	GABA 750 CAP	90	CAP	20.30	16.24
26215	GABA CALM SUB ORANGE	60	TAB	16.50	13.20
26957	GABA CALM SUB ORANGE	120	TAB	32.50	26.00
28911	GABA CALM SUB PEP	120	TAB	32.50	26.00
44704	GAMMA E 400 COMPLEX	60	SGC	36.98	29.58
31531	GAMMA ORYZANOL 60 MG	200	TAB	18.50	14.80
30500	GAMMA ORYZANOL 60 MG	100	TAB	9.98	7.98
22550	GARCINIA +	120	TAB	33.50	26.80
67337	GASTRIC SOOTHE	30	VCA	11.50	9.20
29770	GINKGO 24 120 MG	120	TAB	41.50	33.20
25326	GLA 300 MEGA	60	CAP	30.50	24.40
20715	GLA 300 MEGA	120	CAP	59.50	47.60
52455	GLUCASAMINE HCI VEG	120	TAB	28.50	22.80
40987	GLUCO SCIENCE	90	TAB	42.25	33.80
37043	GLUCOS CHOND MSM	120	TAB	49.50	39.60
39127	GLUCOS CHOND XTRA STRN	120	TAB	55.50	44.40
30255	GLUCOS SULF 750 MG	120	TAB	28.98	23.18
39136	GLUTATHIONE 250 MG	60	TAB	32.50	26.00
67194	GLUTATHIONE BUILDER	90	TAB	23.98	19.18
55993	GLYCINE 500 MG	200	CAP	17.50	14.00
25340	GRAPE SEED EXT 100	120	TAB	32.50	26.00
66013	GRAPE SEED EXT 200 MG	30	CAP	17.98	14.38
27922	GRAPEFRUIT PECTIN 1000	240	TAB	35.50	28.40
54427	GRAPEFRUIT PECTIN 1000	60	TAB	9.50	7.60
61714	GREEN COFFEE EXT 500	60	TAB	21.98	17.54
25426	HEART SCIENCE	90	TAB	49.50	39.60
44714	HERB KIDS LIQ WELLNESS	4 Z	LIQ	22.50	18.00
29887	HERBAL RESIST A/F WELL	4 Z	LIQ	23.50	18.80
29893	HOMOCYSTEINE DEFENSE	120	TAB	19.50	15.60
45142	HOODIA 250 MG CAP	120	CAP	49.50	39.60
25457	HORNY GOAT WEED EXT	60	TAB	22.98	18.38
29311	HOT FLASH	90	TAB	24.98	19.98
52234	HUPERZINE A 200 MCG	120	TAB	44.50	35.60
50605	HYALORONIC JOINT CMP	120	TAB	69.50	55.60
44682	HYALURONIC ACID 50	120	TAB	49.50	39.60
42594	HYALURONIC ACID 50 TAB	60	TAB	25.50	20.40
41358	HYALURONIC ACID 70 SGC	60	SGC	49.50	39.60
55704	HYALURONIC ACID SERUM	1 Z	LIQ	17.98	14.38
66865	HYDROXYCOBAL 1 B12 SUB	120	LOZ	18.50	14.80
66864	HYDROXYCOBAL 1 B12 SUB	60	LOZ	9.98	7.98
42810	INFLAMA REST	90	TAB	42.75	34.20
58728	IVY GOURD EXT 250 MG	120	TAB	16.98	13.58
53050	K2 100 MCG W/D3 400 S	60	TAB	27.50	22.00
55721	KIDS COUGH SYRUP WELLNS	8 Z	LIQ	13.50	10.80
59413	KRILL OIL 500 ARCTICP	60	SGC	44.50	35.60
55799	KRILL OIL 500 MG ARCTC	30	SGC	22.50	18.00
53968	LECITHINE PWD	100	PWD	22.50	18.00
59242	LIFE FORCE GREEN MULTI	90	TAB	34.50	27.60
67059	LIFE FORCE HLTH AGING	120	TAB	59.98	47.98
54701	LIFE FORCE MULTI NO IR	180	CAP	46.50	37.20
20670	LIFE FORCE MULTIPLE	120	TAB	49.50	39.60
20671	LIFE FORCE MULTIPLE	180	TAB	73.50	58.80
40963	LIFE FORCE MULTIPLE CP	120	CAP	31.50	25.20
22659	LIFE FORCE NO IRON	120	TAB	49.50	39.60
22660	LIFE FORCE NO IRON	180	TAB	73.50	58.80
25352	LIFE FORCE NO IRON	90	TAB	37.50	30.00
22658	LIFE FORCE NO IRON	60	TAB	25.50	20.40
30216	LIPIDIC ACID 200 MG	120	TAB	23.50	18.80
28152	LIVER GUARD	120	TAB	64.50	51.60
20693	LIVER GUARD	60	TAB	32.50	26.00
38304	LYCOPENE 15 MG	30	SGC	20.50	16.40
23936	MAG MALATE 1000	90	TAB	11.25	9.00
28183	MAG MALATE 1000 MG	360	TAB	42.50	34.00
27135	MAG MALATE 1000 MG	180	TAB	21.50	17.20
59676	MAG MALATE 625 MG	100	CAP	11.25	9.00
66687	MAGNESIUM SERINE BERRY	17Z	PWD	45.98	36.78
64701	MAGTEIN MAG THREONATE	180	CAP	81.98	65.58
67276	MAGTEIN MAG THREONATE	90	CAP	41.98	33.58
62807	MAGTEIN MAG THREONATE	45	CAP	21.50	17.20
34596	MALE RESPONSE	90	TAB	31.50	25.20
26826	MANGANESE 15 MG CHEL	250	TAB	14.98	11.98
67320	MASTIC GUM EXT 500 MG	60	CAP	55.50	44.40
62808	MBP BONE RENEW	30	CAP	16.50	13.20
66525	MBP BONE RENEW	120	CAP	59.50	47.60
66524	MBP BONE RENEW	60	CAP	30.50	24.40
64395	MBP OSTEO W/ CALCIUM	180	TAB	45.50	36.40
20717	MEGAMIND	60	TAB	23.50	18.80
25627	MELANOTIN 1 MG ORAN SB	300	TAB	24.75	19.80
25633	MELANOTIN 1 MG PEP SUB	200	TAB	16.50	13.20
25634	MELANOTIN 1 MG PEP SUB	300	TAB	24.75	19.80
26403	MELANOTIN 2 MG T/R	120	TAB	15.50	12.40
24691	MELANOTIN 2.5 SUB ORAN	120	TAB	16.50	13.20
24693	MELANOTIN 2.5 SUB ORAN	240	TAB	31.50	25.20
24690	MELANOTIN 2.5 SUB PMIN	120	TAB	16.50	13.20
24692	MELANOTIN 2.5 SUB PMIN	240	TAB	31.50	25.20
25327	MELANOTIN 3 MG	120	TAB	15.50	12.40
42133	MELANOTIN 3 MG	240	TAB	29.50	23.60
66362	MELANOTIN 3 MG T/R	60	TAB	9.50	7.60



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SYMBIOTICS					
36734	COLOSTRUM + CANDIDA	120	CAP	31.79	25.43
35896	COLOSTRUM + IMMUNE 480	120	CAP	41.99	33.59
36511	COLOSTRUM + LACTO COLO	120	CAP	38.99	31.19
38717	COLOSTRUM + PLS KOSHER	120	VCA	33.39	26.71
35808	COLOSTRUM + PLUS 480	120	CAP	31.49	25.19
38766	COLOSTRUM + PLUS PWD	6.3	PWD	52.99	42.39
44899	COLOSTRUM CHW CHERRY	120	CHW	27.79	22.23
42185	COLOSTRUM LACTOFERRIN	60	CAP	63.09	50.47
43660	COLOSTRUM PLUS	2.2	PWD	33.39	26.71
T.E. NEESBY					
11329	AQUA CHROM 150 15ML	15	LIQ	11.00	9.90
11330	AQUA SEL 95 15ML	15	LIQ	11.00	9.90
11331	BUTYREX 650	100	CAP	18.50	16.65
11332	BUTYREX 650	250	CAP	39.00	35.10
11337	MAGNESORB MAG CHLORIDE	100	CAP	14.60	13.14
11338	MYCOPRYL 680	100	CAP	20.40	18.16
11339	MYCOPRYL 680	250	CAP	43.00	38.70
TERRY NATURALLY EUROPHARMA					
63024	ARTHOCIN JOINT SUPPORT	60	CAP	46.95	42.25
63601	BONE SIL (TRICA SIL)	60	TAB	35.95	32.35
66218	CLINICAL ESSENT MULTI	60	TAB	31.95	28.75
66445	COMFREY CRM TRAUMAP	3.4	CRM	37.95	34.15
63579	COMFREY CRM TRAUMAPLNT	1.7	CRM	24.95	22.45
66447	CURAMED 200 MG	60	VCA	29.95	26.95
66078	CURAMED 350 EFFERVESC	30	TAB	29.95	26.95
64758	CURAMED 375 MG	60	SGC	34.95	31.45
66651	CURAMED 375 MG	120	SGC	62.95	56.65
63026	CURAMED 750 CURCUMIN	30	SGC	33.95	30.55
58393	CURAMED 750 CURCUMIN	60	SGC	60.95	54.85
66629	CURAMED 750 MG	120	SGC	109.95	98.95
58392	CURAMIN	60	CAP	38.95	35.05
58757	CURAMIN EU	120	CAP	66.95	60.25
63514	CURAMIN EXTRA STRENGTH	120	TAB	83.95	75.55
63032	CURAMIN EXTRA STRENGTH	60	TAB	46.95	42.25
63029	CURAMIN EXTRA STRENGTH	30	TAB	24.95	22.45
66140	CURAMIN HEADACHE FORM	60	TAB	44.95	40.45
63033	CURAMIN PM	30	CAP	23.95	21.55
66141	FASTBLOCK ALLERGY REL	.17	SPY	19.95	17.95
64959	GLUTATHIONE CLINICAL EU	60	TAB	65.95	59.35
64759	HEALTHY FEET & NERVES	120	CAP	37.95	34.15
64456	HEALTHY FEET & NERVES	60	CAP	21.95	19.75
60748	HEALTHY KNEES & JOINT	60	CAP	39.95	35.95
65152	HEARTBURN RELIEF IMMED	50	CHW	9.95	8.95
67113	IODINE COFACTORS	120	CAP	26.95	24.25
65427	LIVER FRACTIONS	90	CAP	33.95	30.55
64457	LOW BACK FORMULA	60	CAP	43.95	39.55
64961	MENTAL ADVANTAGE	60	SGC	41.95	37.75
63730	MESDGLYCAN	30	CAP	29.95	26.95
63510	OMEGA 7 EYE RELIEF	60	SGC	39.95	35.95
61104	OMEGA 7 SEA BUCKTHORN	60	SGC	39.95	35.95
65914	POMEGRANATE SEED OIL	60	SGC	33.95	30.55
67363	PROPOLIS EXT	60	CAP	29.95	26.95
63031	SAGAPRO	30	TAB	29.95	26.95
63646	SAGAPRO	60	TAB	51.95	46.75
61499	SINUACARE	60	SGC	33.95	30.55
67025	SUCONTRAL D	60	CAP	35.95	32.35
64580	TRI IODINE 12.5 MG	90	CAP	32.95	29.65
64581	TRI IODINE 12.5 MG	180	CAP	58.95	53.05
65941	VECTOMEGA	60	CAP	47.95	43.15
63034	VECTOMEGA	60	TAB	47.95	43.15
THORNE RESEARCH					
31836	5 HTP 50 MG	90	CAP	30.65	---
41510	A 25000	90	CAP	10.45	---
18978	ADRENAL CORTEX	60	CAP	11.05	---
28343	ALS FORMULA	240	VCAP	56.65	---
64401	AMINO COMPLEX BERRY	6.8	PWD	39.50	---
35848	ARABINEX	3.5	PWD	41.45	---
36787	AR-ENCAP CAP	240	CAP	45.55	---
18960	ARTECIN ARTMIS ANNVA	90	CAP	23.95	---
18872	ASCORBIC ACID CAP 1000	250	CAP	37.40	---
18858	B COMPLEX #12 CAP	60	CAP	13.95	---
18857	B COMPLEX #6 CAP	60	CAP	17.55	---
44137	B P P (BETAINE PANCR)	180		35.90	---
59721	BACILLUS COAGULANS	60	VCA	22.05	---
18855	BASIC B COMPLEX CAP	60	CAP	19.30	---
27107	BASIC NUTRI CHD WCU/FE	180	CAP	22.60	---
63644	BASIC NUTRIENTS 2 DAY	60	VCA	26.70	---
18845	BASIC NUTRIENTS III CT	180	VCAP	40.05	---
18846	BASIC NUTRIENTS IV CT	180	VCAP	40.05	---
18847	BASIC NUTRIENTS V C/M	180	VCAP	40.80	---
18850	BASIC PRENATAL CAP	90	CAP	26.30	---
18975	BERBERCAP 200 CAP	60	CAP	23.30	---
62231	BERBERINE 500 MG	60	VCA	30.65	---
64815	BETAINE HCL PEPSIN 520	450	VCA	50.75	---
18941	BETAINE HCL PEPSIN 520	225	VCA	28.25	---
18864	BIO B12 CAP	60	CAP	16.75	---
18938	BIO GEST CAP	60	CAP	17.20	---
18939	BIO GEST CAP	180	CAP	38.70	---
18863	BIOTIN 8 (8000 MCG)CAP	60	CAP	23.10	---
18930	BROMELAIN MF 500 MG	60	CAP	29.05	---
18870	BUFFERED C PWD	8.7	PWD	21.15	---
37570	C WITH FLAVONOIDS	180	CAP	20.75	---
18880	CAL CITRAMATE 140 CAP	90	CAP	11.40	---
38260	CAL D GLUCARATE 500 MG	90	CAP	41.70	---
35298	CAL MAG CITRAMATE	240	CAP	28.95	---
18883	CAL MAG CITRATE EFF	8.7	PWD	15.75	---
18918	CARNITINE 330 CAP	60	CAP	36.15	---
24220	CARNITYL 500	60	CAP	22.55	---
60178	CHOLEAST 900	120	VCA	43.00	---
38210	CHOLEAST W/COQ10	120	VCAP	36.05	---
18907	CHROMIUM PICOL 500 CAP	60	CAP	14.35	---
18877	CITRAMINS II NO CU/FE	90	CAP	16.20	---
18876	CITRAMINS W/CU/FE CAP	90	CAP	16.20	---
64028	COPPER BISGLYCINATE	60	VCA	15.00	---
18976	CORTREX CAP	60	CAP	16.15	---
18926	CYSTEPLUS 500 CAP	90	CAP	23.55	---
50658	D3 1000 IU	90	CAP	9.85	---
58571	D3 500 IU K2 100 MCG	1.7	LIQ	23.50	---
53850	D3 5000 IU				
60696	DEPROLOFT HF	120	CAP	47.65	---
34271	DIABENIL	90	CAP	53.65	---
41657	DIOSMIN HMC	60	VCA	22.15	---
18937	DIPAN 9 PURE PANCR CAP	180	CAP	72.15	---
18936	DIPAN 9 PURE PANCR CAP	60	CAP	31.10	---
39180	E ULTIMATE	60	SGC	43.90	---
66714	ENTROMEND PWD	5.9	PWD	39.95	---
53875	EPA SUPER 425/270	90	SGC	37.80	---
18851	EXTRA NUTRIENTS CAP	180	CAP	55.05	---
18969	FERRASORB CAP	60	CAP	19.50	---
61196	FLORAMEND PRIME PROBIO	30	VCA	39.00	---
18952	FORM SF 722 CAP	250	CAP	33.60	---
22100	GI ENCAP	60	VCA	15.80	---
67326	GINGERPRO GINGER EXT 40	100	SGC	24.99	---
42732	GLUCOSAMINE CHOND	90	VCA	30.10	---
29387	GLUCOSAMINE SULFATE	180	CAP	28.50	---
27212	GLUTAMINE 500 MG	90	CAP	18.15	---
27414	GLUTAMINE PWD	18.	PWD	59.50	---
53353	GLUTATHIONE SR RED 175	60	CAP	40.85	---
18921	GLYCINE 500 CAP	250	CAP	21.30	---
24125	GREEN TEA PHYTO G T EX	60	CAP	22.65	---
18933	HMC HESPERIDIN CAP	60	CAP	17.30	---
39739	INDOLE 3 CARBINOL 200	60	VCA	27.60	---
18904	IODINE TYROSINE CAP	60	CAP	15.90	---
64379	IRON BISGLYCINATE 25	60	VCA	11.10	---
33986	ISO PHOS	60	CAP	54.90	---
43692	K2 VITAMIN	1.7	LIQ	64.90	---
38142	LIVER CLEANS	60	VCAP	14.55	---
26378	LYSINE 500 MG	60	VCA	9.60	---
18886	MAG CITRAMATE 135 CAP	90	VCA	13.90	---
18885	MAG CITRATE 135 CAP	90	CAP	12.45	



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WELEDA					
58625	AFTER SHAVE BALM	3.4	LIQ	19.99	15.99
27149	ARNICA MASSAGE OIL	3.4	LIQ	13.99	11.19
54061	BABY CRM CALEND FACE	1.7	CRM	13.49	10.79
64683	BABY LOT WHITE MALLOW	6.8	LOT	12.74	10.19
54062	BABY LOTION CALENDULA	6.8	LOT	16.49	13.19
54063	BABY OIL CALENDULA	6.8	LIQ	16.59	13.27
56893	BIRCH CELLULITE OIL	3.4	OIL	22.00	17.60
18607	BODY CRM CALEND BABY	2.5	CRM	12.49	9.99
61488	BODY OIL RELAX LAVEN	3.4	OIL	20.99	16.79
44687	BODY OIL SEA BUCKTHORN	3.4	LIQ	18.00	14.40
42232	DAY CREAM IRIS	1.2	CRM	19.99	15.99
43680	DEODORANT ROSE	3.4	LIQ	15.00	12.00
54048	DEODORANT SAGE SPY	3.4	SPY	13.99	11.19
52737	DIAPER CARE CREAM 2.8Z	2.8	CRM	10.00	8.00
58734	EYE CRM INTE WILD ROSE	.34	CRM	26.99	21.60
62023	FACE CRM ALMOND SOOTH	1.2	CRM	23.99	19.19
64684	FACE CRM BABY WHT MALL	1.7	CRM	10.49	8.39
59685	FACIAL LOT HYDR IRIS	1.2	LOT	19.99	15.99
59961	FACIAL LOT WILD ROSE	1.2	LOT	27.99	22.39
62517	FACIAL OIL ALMOND	1.7	OIL	25.49	20.39
66716	FIRMING SERUM POMEGRAN	1.2	SER	44.99	35.99
56892	FOOT BALM	2.5	CRM	13.49	10.79
54006	HAND CRM SEA BUCKTHORN	1.7	CRM	9.99	7.99
57394	NIGHT CREAM WILD ROSE	1.2	CRM	31.49	25.19
54060	SHAMP BODY BABY CALEN	6.8	LIQ	12.59	10.07
42002	SKIN FOOD	2.5	CRM	18.99	15.19
58623	SKIN FOOD	1.2	CRM	10.59	8.47
58626	SOAP BAR ROSE	3.5	BAR	10.99	8.79
53072	STRETCH MARK PEG OIL	3.4	LIQ	20.00	16.00
WHOLE WORLD BOTANICL					
60827	MACA PLUS WOMEN W/DIM	90	VCA	32.99	32.99
52009	ROYAL BREAK KIDNEY BLD	120	VCA	32.75	32.75
36721	ROYAL BREAK STONE TEA	4.4	TEA	23.95	23.95
36719	ROYAL CAMU	140	VCA	33.25	33.25
36720	ROYAL CAMU PWD 100GM	100	PWD	37.55	37.55
56156	ROYAL DESMODIUM	2.2	LIQ	19.45	19.45
44958	ROYAL MACA FOR MEN	180	VCA	32.99	32.99
36718	ROYAL MACA PWD 172 GM	172	PWD	42.95	42.95
36717	ROYAL MACA VITALIX SEX	180	CAP	32.88	32.88
WILEYS FINEST					
64922	CHOLESTEROL SUPPORT	90	SGC	29.99	23.99
67130	DHA BEGINNERS 250 KIDS	4.2	LIQ	33.00	26.40
64321	DHA PRENATAL SGC	60	SGC	24.99	19.99
67131	EPA ELEMENT 1000 KIDS	4.2	LIQ	33.00	26.40
64423	FISH OIL 2150 MG LIQ	4.2	LIQ	29.99	23.99
64720	FISH OIL 450 EASY SWAL	180	SGC	39.99	31.99
64061	FISH OIL 450 EASY SWAL	60	SGC	14.99	11.99
64320	ORANGE BURST FISH OIL	8.4	LIQ	24.99	19.99
66596	PEAK EPA 750	60	SGC	39.99	31.99
64062	PEAK EPA 750 FISH OIL	30	SGC	21.99	17.59
WILLNER CHEMISTS					
44384	WILLVITE IRON FREE	120	TAB	20.69	16.55
30439	WILLVITE W/IRON	120	TAB	20.69	16.55
WILLNER ESSENTIAL OIL					
63003	CEDARWOOD OIL	1.2	LIQ	10.23	8.18
62679	CINNAMON LEAF OIL	1.2	LIQ	10.69	8.55
66285	CITRONELLA OIL W	1.2	LIQ	11.50	9.20
63004	CLOVE BUD OIL	1.2	LIQ	16.10	12.88
66293	ENERGY BOOST OIL	1.2	LIQ	18.40	14.72
62680	EUCALYPTUS OIL	1.2	LIQ	9.66	7.72
62681	EUCALYPTUS OIL	4.2	LIQ	18.86	15.08
66286	FRANKINCENSE OIL	1.2	LIQ	19.55	15.64
62710	GRAPEFRUIT PINK OIL	1.2	LIQ	13.80	11.04
66295	HEAD RELIEF OIL	1.2	LIQ	18.40	14.72
66287	JASMINE OIL	1.2	LIQ	57.50	46.00
62815	LAVENDER BULGARIAN OIL	1.2	LIQ	29.90	23.92
63005	LAVENDER FRENCH OIL	1.2	LIQ	13.80	11.04
62787	LAVENDER FRENCH OIL	4.2	LIQ	37.72	30.17
63006	LEMON OIL	1.2	LIQ	13.34	10.67
66310	LEMONGRASS OIL	1.2	LIQ	11.50	9.20
62820	ORANGE SWEET OIL	1.2	LIQ	9.65	7.68
62821	OREGANO ESSENTIAL OIL	1.2	LIQ	36.22	28.98
62822	PATCHOULI OIL	1.2	LIQ	20.24	16.19
62884	PEPPERMINT OIL	1.2	LIQ	12.65	10.12
63007	PEPPERMINT OIL	4.2	LIQ	32.20	25.76
66288	ROSE ABSOLUTE OIL	1.2	LIQ	34.50	27.60
66290	ROSE GERANIUM OIL	1.2	LIQ	27.60	22.08
63008	ROSEMARY OIL	1.2	LIQ	10.81	8.64
66289	SAGE OIL	1.2	LIQ	20.12	16.10
66296	SLEEP DREAMS OIL	1.2	LIQ	18.40	14.72
63010	TEA TREE OIL AUSTRAL	4.2	LIQ	39.79	31.83
63009	TEA TREE OIL AUSTRAL	1.2	LIQ	14.49	11.59
63011	YLANG YLANG OIL	1.2	LIQ	32.20	25.76
WILLNER PHYTO TECH					
57083	ADAPTOGEN COMPLEX	1.2	LIQ	15.64	12.51
67452	ADRENAL ADAPTOGEN CMP	90	VCA	26.68	21.34
57037	ADRENAL STRESS CMP	1.2	LIQ	15.18	12.14
67463	ASHWAGANDA	90	VCA	23.00	18.40
57013	ALLERGY CMP CHILD FRND	1.2	LIQ	15.41	12.32
56983	ALLERGY COMPLEX	1.2	LIQ	15.18	12.14
57041	ALLERGY COMPLEX AF	1.2	LIQ	16.10	12.88
67459	ALLERGY RELIEF	120	VCA	48.30	38.64
57551	ANTIOX PHYTO BLN LIQ	1.2	LIQ	18.86	15.08
63745	ANTIOX PHYTO CMP II WIL	90	CAP	22.77	18.21
57014	ANXIETY COMPLEX	1.2	LIQ	16.10	12.88
57082	ARNICA OIL 1:6 TOPICAL	1.2	OIL	16.90	13.52
57008	ASHWAGANDA ROOT 1:1.5	1.2	LIQ	15.18	12.14
58091	ASHWAGANDA ROOT 1:1.5	2.2	LIQ	28.29	22.63
60340	ASTRAGALUS 460 MG VCA W	90	VCA	14.49	11.59
56949	ASTRAGALUS ROOT 1:3	1.2	LIQ	15.18	12.14
57030	ATTENTION CMP CHLD FRD	1.2	LIQ	15.41	12.32
67469	BACOPA	60	VCA	23.69	18.95
57043	BILBERRY	1.2	LIQ	15.18	12.14
60119	BILBERRY 250 MG	60	VCA	23.69	18.95
60120	BLACK COHOSH 500 MG	90	VCA	16.10	12.88
56969	BLACK COHOSH ROOT 1:3	1.2	LIQ	15.18	12.14
56987	BLACK WALNUT HULL 1:1	1.2	LIQ	15.18	12.14
57066	BLUE COHOSH 1:3	1.2	LIQ	15.18	12.14
57085	BPH COMPLEX	1.2	LIQ	15.64	12.51
57071	BRAIN BIO BOOST CMP	1.2	LIQ	15.64	12.51
57061	BURDOCK ROOT 1:1.5	1.2	LIQ	14.49	11.59
57643	CALIFORNIA POPPY 1:2	1.2	LIQ	15.18	12.14
56996	CALMING CMP CHILD FRND	1.2	LIQ	15.41	12.32
57730	CANDIDA COMPLEX	1.2	LIQ	15.64	12.51
60124	CASCARA SAGRADA 420 MG	90	VCA	13.34	10.67
57054	CAYENNE 1:5	1.2	LIQ	14.49	11.59
57067	CHAMOMILE FLOWERS 1:3	1.2	LIQ	15.18	12.14
56989	CHASTE TREE BERRY 1:2	1.2	LIQ	15.18	12.14
56977	CHLOROPHYLL EXTRACT	1.2	LIQ	14.49	11.59
60118	CINNAMON 410 MG ORG	90	VCA	14.49	11.59
57092	CINNAMON BARK 40 STAND	60	LVC	30.82	24.65
57073	CLEANSE COMPLEX 1:2	4.2	LIQ	27.94	22.35
57062	CLOVE 1:4	1.2	LIQ	15.64	12.51
57080	COMFREY ROOT 1:3 TOPIC	1.2	LIQ	15.41	12.32
67468	CORYCEPS	60	VCA	17.48	13.98
57036	COUGH COMPLEX	1.2	LIQ	15.29	12.23
57059	CRAMP BARK 1:3	1.2	LIQ	15.18	12.14
60121	CRANBERRY 4:1 400 MG	90	VCA	17.48	13.98
67467	CRANBERRY MANNIOSE	60	VCA	24.15	19.32
57641	DAMIANA 1:3	1.2	LIQ	15.18	12.14
60117	DANDELION 500 MG ORG	90	VCA	14.26	11.40
56966	DANDELION ROOT 1:1.5	1.2	LIQ	14.49	11.59
57029	DEVILS CLAW 1:3	1.2	LIQ	15.41	12.32
57040	DIGEST STIM CMP AF	1.2	LIQ	16.56	13.24
56999	DIG				

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Barleans	25% Off	Line Drive	Nordic Naturals	25% Off	Select Items
Borlind	25% Off	Line Drive	Nutrex	25% Off	Line Drive
Child Life	25% Off	Line Drive	OptiChoice	30% Off	Line Drive
Daiwa Health	35% Off	Line Drive	Oregons Wild Harvest	15% Off	Select Items
DaVinci Laboratories	25% Off	Line Drive	Rainbow Light	25% Off	Line Drive
Doctors Best	25% Off	Line Drive	Renew Life	20% Off	Select Items
Dr. Mercola	15% Off	Line Drive	Reserveage	20% Off	Line Drive
Healthy Origins	35% Off	Line Drive	Sanhelios	30% Off	Line Drive
Herbatint	25% Off	Line Drive	Solgar	25% Off	Select Items
Himalaya Herbal	25% Off	Line Drive	Source Naturals	30% Off	Line Drive
Home Health	50% Off	Select Items	Symbiotics	25% Off	Line Drive
Jarrow Formulas	25% Off	Line Drive	Vibrant Health	25% Off	Line Drive
Life Seasons	20% Off	Line Drive	Willner Chemists	25% Off	Line Drive
Mushroom Wisdom	25% Off	Line Drive	Woodstock Herbals	25% Off	Line Drive
Natrol	35% Off	Line Drive	You Theory	25% Off	Line Drive
Naturade	25% Off	Line Drive			
Natural Factors	25% Off	Line Drive			
Natures Way	30% Off	Select Items			

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