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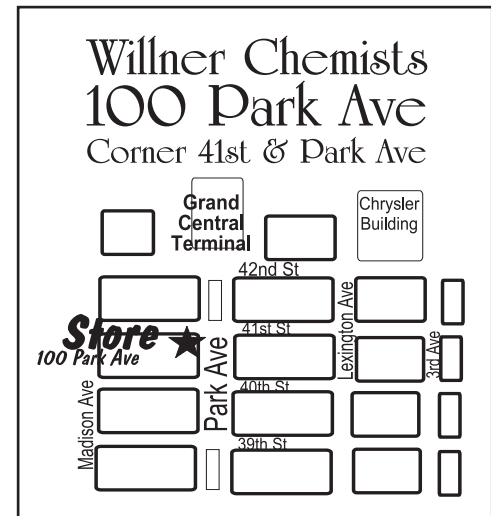
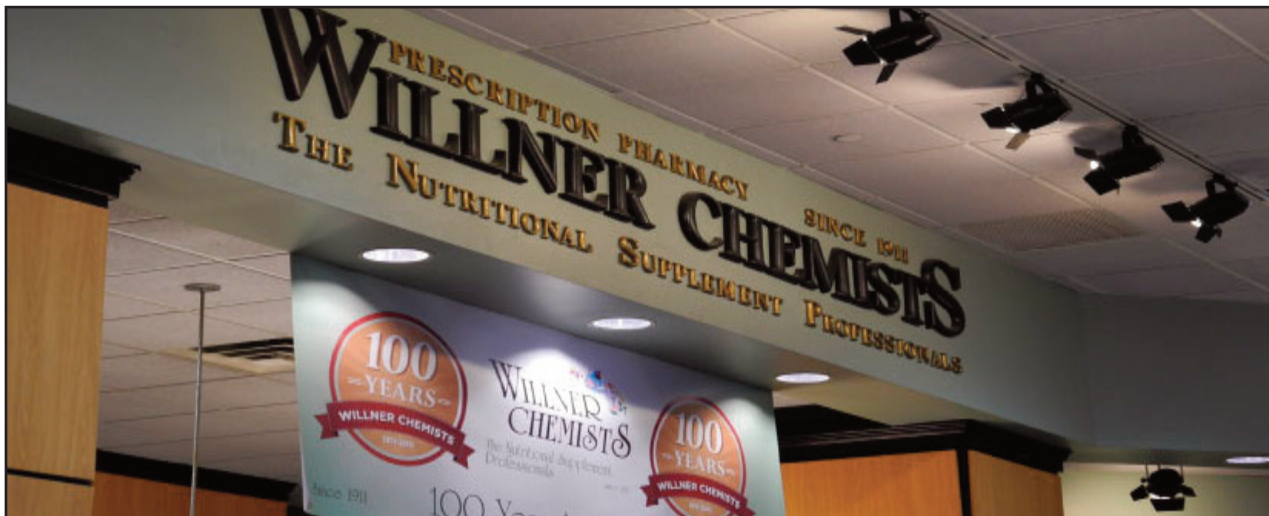
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Welcome to Willner Chemists

The oldest and largest nutritionally oriented pharmacy in North America, featuring the largest selection of nutritional supplements at discount prices.

News & Store Events

Samples, demos, book signings and more! Visit our website for a schedule of upcoming events at our Park Avenue location.

Request a Free Consultation

Willner Chemists features a staff of nutritionally trained Pharmacists to answer your health and supplement questions.

Visit Us Online

Visit www.willner.com for more product information and easy online ordering!

Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

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The Nutritional Supplement Professionals

The Willner Window

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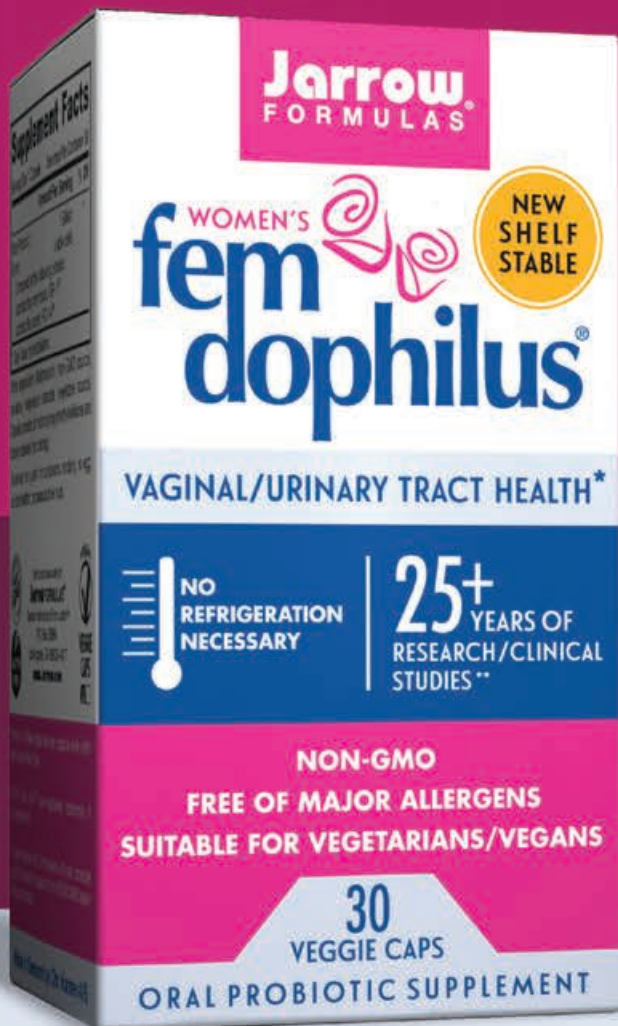


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NUTRADITIONAL

INTRODUCING A NUTRITIONAL TAKE ON TRADITIONAL DRINK RECIPES:
BEYOND BONE BROTH™, GOLDEN MILK & GOLDEN TEA

NEW



COLLAGEN + MINERALS BEYOND BONE BROTH™

Jarrow Formulas' Beyond Bone Broth™ (beef and chicken flavors) is a delicious drink mix that provides a savory blend of nutrients that go beyond the nutritional benefits of traditional broths.* It's the perfect supplement for those seeking to improve the intake of nutrients that support the health of bones, joints and the skin.*

BEYOND BONE BROTH™, BEEF FLAVOR - JRW67103
BEYOND BONE BROTH™, CHICKEN FLAVOR - JRW67102

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Jarrow Formulas' Golden Milk (with grass fed rBST-Free whey protein concentrate) and Golden Tea (vegan formula) are contemporary adaptations of traditional drink recipes that combine turmeric and warming spices. They are a delicious way to introduce the benefits and digestive properties of turmeric root (*Curcuma longa*) into your daily regimen.*

GOLDEN MILK TURMERIC INFUSION - JRW67100
GOLDEN TEA TURMERIC INFUSION - JRW67101

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Visit us at www.jarrow.com for more product information.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Adaptogen Complex

**An excellent anti-stress formula;
a Chi or energy tonic.**

1 fl oz - Prod Code: 57083

Who would benefit from this supplement?

• Those suffering from fatigue, overexertion, stress, chemotherapy, depression. Best used on a daily basis. Phyto-Tech™ Adaptogen Complex contains the following herbs: Red Reishi Mushroom, Eleuthero Root, Ashwagandha Root, Vanuatu Kava Root, Licorice Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend
- Phyto-Tech™ Immune Complex

Adrenal Stress Complex

**Supports healthy adrenal gland function,
optimizing the body's handling of stress.**

1 fl oz - Prod Code: 57037

Phyto-Tech™ Adrenal Stress Complex is a blend of adrenal-normalizing, adaptogenic herbs especially valuable for those suffering the stressful effects of a fast paced lifestyle. This formula can be considered an "adrenal tonic."

This formula also helps maintain healthy blood sugar levels by supporting liver function.

Who would benefit from this supplement?

- Those suffering from stress related to a fast-paced, demanding lifestyle.
 - Those who have problems with blood sugar regulation, including hypoglycemia and adult onset, type 2 diabetes.
 - Those with adrenal dysfunction leading to blood sugar swings, water imbalance, mood swings, and thyroid dysfunction.
- Phyto-Tech™ Adrenal Stress Complex contains the following herbs: Licorice Root, Eleuthero Root, Devil's Club Root Bark,

Dandelion Root, Sarsaparilla Root, Ginger Root.

Dosage: 20-40 drops in water or juice, 2-3 times daily, or as needed.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex, when fatigue and burn out present
- Phyto-Tech™ Ginseng Energy Blend, when extreme fatigue, low passion present
- Phyto-Tech™ Holy Basil 20-8-8-5 liquid veggie caps to counteract stress and control cortisol levels.

Allergy Complex

**This supplement supports healthy sinus and
respiratory systems function by exerting an
anti-histamine, decongestant type action.**

1 fl oz - Prod Code: 56983 ~ Alcohol Free: Code 57041
Child Friendly: Code 57013

Who would benefit from this supplement?

Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion. Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

Dosage: Preventative: Begin use 2-4 weeks before the onset of the allergy season by taking Allergy Complex 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

Complimentary Formulas:

Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech™ Liver Support along with Allergy Complex. Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Turmeric treats liver deficiency which almost all hay fever is a symptom of. By treating the

underlying constitutional predisposition, Phyto-Tech™ Allergy Complex can work deeper.

(Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

American Ginseng

**American Ginseng is an adaptogenic,
immune-system modulating herb, enhancing
stamina and energy.**

American Ginseng 1:3 - 1 fl oz ~ Prod Code: 56981
60 Veggie Caps - Prod Code: 60122

Phyto-Tech™ American Ginseng 1:3 contains certified organic American Ginseng (Panax quinquefolium), 333 mg/ml. Also available in a vegetarian capsule form. Each Phyto-Tech™ American Ginseng veggie cap contains 400 mg of certified organic American Ginseng Root.

American Ginseng is a classic adaptogen herb with systemic action. It increases resistance to illness and environmental stresses, improving vigor, vitality, and energy.

American Ginseng does not treat disease directly, but strengthens the body's ability to adapt to stress and therefore may help to avoid acute episodes from manifesting when one is dealing with a chronic disease.

American Ginseng is especially helpful during the later stages in life, the effects of years of stress, wear and tear on the body begin to manifest themselves.

Who would benefit from this supplement?

- Those who are beginning to notice the signs of aging.
- Those who feel depleted and are low on passion or vital energy.
- Those who fear working too hard and burning out.
- Those who feel that they are under too much stress, and it is affecting their general health.

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Introduction: Sam Forbes, CN

**Throughout this newsletter you will notice articles
written by Sam Forbes, CN.**

**You may know Sam from when he was a guest host on
the Willner Window radio show and the manager of
our downtown store. Sam is a certified nutritionist
with in-depth knowledge of the therapeutic use of
vitamins, herbs, and homeopathy as well as clinical
experience at two prominent integrative health
centers in New York City.**

**Sam will now be a regular feature of The Willner
Window Newsletter, contributing articles and
opinion on health and nutrition.**

**We would also like to hear from you, our readers and
customers, if you have questions or comments.**

Sam's contact email is: sforbes@willner.com.

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#WillnerChemists



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



- Those who participate in athletics, and want to boost energy and stamina.

- Those who want to fight the aging process. Those who are elderly, and feel rundown and mildly depressed.

Dosage: 20-40 drops, 2-3 times per day. It is best used as a long term tonic (1-3 months and longer).

Complimentary Formulas:

For the elderly, Phyto-Tech™ Ginkgo Biloba Leaf 1:1.5 works well with American Ginseng, especially if mild depression is a problem.

Antiox Phyto Blend

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a convenient liquid extract.

1 fl oz - Prod Code: 57551

Who might benefit from this supplement?

Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "anti-aging" supplement regimen.

More specifically, this herbal supplement might benefit:

- **Those who desire protection against everyday toxins--dietary, environmental and chemical.**

- Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.

- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.

- Those who want to live a longer, healthier life.

Phyto-Tech™ Antiox Phyto Blend is a mixture of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Phyto-Tech™ Antiox Phyto Blend contains the following: Acai Berry 4:1, Mangosteen Extract, Goji Berry Extract, Pomegranate 40%, Glycerin Vegetable, Water Pure Deionized, Raspberry Flavor Natural.

References: Acai Berry (*Euterpe oleracea*) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects. A study published in *The Journal of Agricultural and Food Chemistry*, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (*Garcinia magostana*) is a plant native to Southeast Asia. Studies reveal that xanthones from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthones significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthones from mangosteen inhibit the activities of COX?1 and COX?2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (*Lycium barbarum*) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysaccharides have positive effects

when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without the Goji Berry supplement had only a 16.1 percent response rate.

Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye.

The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging. Pomegranate (*Punica granatum*) contains thousands of phytochemicals including anthocyanins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases.

Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease.

Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall

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† Patented BIO-tract® delivery technology consistently delivers as many as 15 times, or more, the number of live, viable probiotic organisms past stimulated stomach acids than (plain/standard) capsules as repeatedly demonstrated through in vitro lab testing. BIO-tract® is a registered trademark of Nutraceutix.

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WILLVITE (with Iron) 120 Tablets

SUPPLEMENT FACTS:

Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract (Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.



The Nutritional Supplement Professionals

... from Willner Chemists A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.*

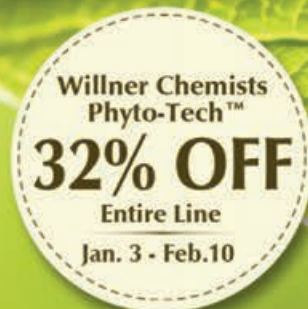
Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

Available Now: Willvite Regular & Iron-Free

Willvite, 120 Tabs, Product Code: 30439

Willvite, Iron Free, 120 Tabs, Product Code: 44384

**Now with added CoQ10,
Lycopene, Phytoantioxidants
and Lutein!
Regular, and Iron-Free!**



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The Best
Supplements
For Your
Health

Donald P. Goldberg, R.Ph.
Arnold Gätmeier, R.Ph.,
and Robert Abel, Jr., M.D.

Special Offer

Buy two bottles of Willvite, and receive a free copy of *The Best Supplements For Your Health, 1st edition*. One per customer, please. Offer is good only while supplies last. Please note that during the current sale, Willvite is on sale at 32% off list price, so this is a *double bonus deal!*

Winter Bonus



Daily Multivitamins for 20 Years Resulted in 44% Less “Major Cardiovascular Events”

Multivitamins Over the Long-Term The Perfect Multivitamin Supplement

In this large, long-term study, 18,530 male physicians were at least 40 years of age and free from cardiovascular disease and cancer when they entered the trial. Over the course of 20 years of follow-up, men who were regularly taking multivitamins when they entered the study, and who continued to take multivitamins during this time, were 44 percent less likely to have had a major cardiovascular event compared to men who were not taking multivitamins at the start of the study.

Although the men reported a wide range of lifestyles, diets, and dietary supplements, as well as a number of clinical health factors, taking a daily multivitamin over the long term still demonstrated a clear heart-health benefit. Doctors also said there was no evidence of any safety concerns in long-term use of multivitamins.

Reference: *Journal of Nutrition*; April, 2016, Published Online

Additional Comments from Don Goldberg

Those of you who have followed me for the past 24 years, you know that I have always emphasized the importance of anchoring your supplement program with a good, broad spectrum, balanced multivitamin multimineral supplement. In fact, I often advise, regardless of the collection of health problems presented to me, that if you are going to take only one supplement, it should be a good multivitamin multimineral. *This study is just one more justification of that position.*

This is also the reason we have devoted so much effort into the development of our multivitamin multimineral supplement, **Willvite**.

For those of you who may not be familiar with Willvite, I am attaching a copy of an article, *The Perfect Multivitamin Supplement*, from a previous publication.

Special Bonus Offer:

Buy two bottles of Willvite, and receive a free copy of “*The Best Supplements For Your Health*”, 1st edition.

One per customer, please. Offer is good only while supplies last.

Please note that during the current sale, Willvite is on sale at 32% off list price, so this is a double bonus deal!

TWO Bottles w/ Book Special:

Willvite (Regular)
Product Code: 30439

Willvite (Iron Free)
Product Code: 44384

If we were to design the perfect multivitamin supplement, what features would we look for?

1. We would want it to be a “general purpose” supplement, appropriate for the majority of people.
2. We would want it to contain a full, comprehensive selection of nutrients, designed to insure optimal intake of all the essential and important nutrients, in the proper ratios and quantities.
3. With that in mind, we would want it to provide minerals as well, including the “macrominerals,” calcium and magnesium, in proper ratio and meaningful quantities.
4. We would want it to be flexible, so that the dosage could be tailored to each individual’s needs.
5. We would want to keep it reasonably priced, making sure we avoided unnecessarily expensive but only marginally beneficial ingredients.
6. We would want to set the potencies so that additional supplements could be added to the individual’s daily regimen without danger of exceeding safe levels of any individual nutrient.
7. We would want to avoid adding any undesirable ingredients, such as artificial colors, flavors, preservatives, etc.
8. We would use natural ingredients wherever possible.
9. We would include as many phytonutrients and accessory food factors as possible.
10. We would want it to be the perfect “nucleus” or “foundation” product upon which an individualized supplement program, tailored to an individual’s specific health concerns, could be designed.

We think we have achieved this at Willner Chemists with the release of our new, improved **Willvite Multivitamin Multimineral Formula**.

It has always been our belief that your multivitamin supplement is the most important component of your daily regimen. Nutrients work in concert with each other, synergistically. Too many people make the mistake of either taking an inadequate multivitamin, or trying instead to satisfy their perceived needs by taking a selection of individual supplements. They risk missing various essential nutrients altogether, or inadvertently creating an imbalance.

We recommend using a broad spectrum multivitamin multimineral supplement such as **Willvite** as a starting point, or foundation, upon which your supplement program can be built.

Common Mistakes

1. Once A Day. Many of the vitamins and minerals are water soluble. This can mean that they remain available to the body for only a limited time (four to six hours) before they

excreted.

What happens during the rest of the day? You will get much greater benefit from your daily vitamin and mineral intake if you divide the dose into, at least, two servings. Taking your multi twice a day is much better than once a day. And, remember that your body is designed to obtain these essential nutrients from food so do not be misled into thinking certain nutrients should be taken all at once, at certain times of the day. Willvite, with its recommended dosage of 2 to 4 per day, is easily taken twice a day.

2. Overlook Important Minerals. Many multivitamin supplements fail to provide the required amount of calcium and magnesium. These two important minerals are required in higher dosages than most vitamins and trace minerals. They take up a lot of space in the tablet or capsule. For this reason, they cannot be fit into a one a day or two a day formula. This is one major advantage of Willvite a full daily dose of calcium and magnesium is included in the full four tablet per day recommended dosage.

3. Letting Marketing Hype Overshadow What’s Really Important. It’s easy to be swayed by marketing claims that imply various features of multivitamin supplements create a superiority of one product over another. Focus on a form of calcium utilized in a product should not make you lose sight of the fact that it might contain little if any magnesium. Talking about “bioavailability” should not make you lose sight of the fact that even 100% of a fraction of what is actually needed remains just a fraction. Adding a pinch of saw palmetto to a multivitamin supplement does not really turn it into a “mens” multi. What is important is that the multi provides a broad spectrum of all the nutrients you need, in the proper ratios, in a stable, flexible dosage format.

Flexible Dosage

For those who do not want to take four tablets a day, even a two per day dosage is better than most other formulations. Ideally, it would be one tablets twice a day, but two tablets once a day is better than most “one a day” formulas. Note the content of two tablets daily from the following table, including the fact that you will get 400 mg calcium and 300 mg magnesium.

Features and Improvements

- Includes actual pre-formed vitamin A (25%) along with natural Beta Carotene (75%) for enhanced immune and mucous membrane support.
- Vitamin C is present in partially buffered form.
- Vitamin D is the preferred D3 form for greater potency
- Vitamin E is in the natural, d-alpha tocopherol form.
- Vitamin K is present in the preferred K2 (MK7) form.
- The B Vitamins are present in high enough levels to ensure tissue saturation, yet allows

the additional use of additional B-Complex supplements if desired.

- In response to the most recent research, the Folic Acid level remains at 400 mcg.
- Vitamin B12 is present in the active, methylcobalamin form for enhanced bioavailability.
- The full U.S. Daily Value (300 mcg) of Biotin is provided.
- The daily dose of Calcium has been reduced from 1000 mg to 800 mg to reflect the most recent guidelines and concerns over excess levels. This allows for those who require extra calcium to take additional supplementation without potential over dosage. Also, this facilitates the adjustment of the calcium:magnesium ratio to better favor magnesium.
- The consensus of opinion among experts is that the ratio of magnesium to calcium should be higher than 1:2. The level of Magnesium in Willvite has been increased from 500 mg to 600 mg, thus altering the magnesium to calcium ratio from 1:2 to 3:4.
- There are two versions of Willvite, with Iron and without Iron. The version containing Iron only provides 9 mg per day, which is 1/2 of the daily recommended dose. Much of the advice to avoid iron is unfounded, and it should be remembered that iron is an essential and extremely important mineral. To accommodate those who truly require an iron-free version, we have made it available.
- To facilitate the absorption of the macro minerals, calcium and magnesium, while, at the same time allowing for the full 800 mg and 600 mg doses, we have utilized a blend of organic (citrate and aspartate) and inorganic forms (carbonate and oxide). The trace minerals (zinc, copper, selenium, etc) are in organic (chelated) forms. For optimal absorption, take Willvite with meals.
- Zinc has been reduced from 30 mg to 20 mg, to comply with the latest recommendations.
- Likewise, Selenium has been reduced from 200 mcg to 100 mcg. Chromium has been reduced from 200 mcg to 100 mcg. These adjustments address concerns about higher dose levels, and allow for additional supplementation when necessary.
- Lycopene, has been added, at a level of 2 mg.
- The level of Lutein has been increased from 1 mg to 2 mg.
- The level of CoQ10 has been increased from 5 mg to 20 mg.

Written by: Don Goldberg

Ordering Information:

Willvite (Regular)
Product Code: 30439

Willvite (Iron Free)
Product Code: 44384



Questions & Answers: Willner Chemists Phyto-Tech™ Herbal Supplements



Questions & Answers: Willner Chemists' Phyto-Tech™ Herbal Supplements, an Interview with Derek Wan, Shenzhen, China.

The Phyto-Tech™ Herbal Supplement line from Willner Chemists is gaining popularity not only in the United States, but also throughout the world. Our approach—avoiding focus on one rigid philosophy and instead, drawing on the accumulated wisdom of traditional medicine, from different regions, and combining it with modern science and pharmacology to achieve maximum efficacy and safety—resonates well with the patient. Efficacy backed by science, and a healthy respect for Nature, is the basis of the Phyto-Tech™ approach.

Recently, we answered a series of questions from Derek Wan, one of our associates in China:

Derek: What is the philosophy behind the Phyto-Tech™ herbal supplement line?

Don Goldberg: Herbal medicine has been used for thousands of years. Trial, error, experience and knowledge has been passed on from one generation to the next. Historically, due to differences in indigenous plants, this



Mitch Coven and Emigdio . . . going to the source, tapping native wisdom.

body of knowledge is different from one part of the world to another. Traditional Chinese Medicine is different from Ayurvedic Herbal Medicine. Native American Herbal Medicine is different from European Herbal medicine. This is to be expected. But today, the world is much smaller. We no longer have to limit ourselves to those herbs that can easily be gathered in our native area. Instead, we can select those herbs that are most efficacious, regardless of what part of the world they come from. This is what we do in the Phyto-Tech™ herbal line. No geographical limitations. No philosophical limitations. We utilize those herbs that are safe, stable and most efficacious.

Derek: Anything else?

Don Goldberg: Yes. The other guiding principle is that we strive to combine the best of modern science with traditional methodologies. Today, we have the capability to better identify the active constituents of medicinal herbs. We have much more sophisticated extraction methodologies available to us, enabling optimal concentration and even isolation of the most active ingredients. And, equally important, we can better standardize herbal supplements, ensuring that today's batch is identical last week's batch and next week's batch. Potency can better be measured, and purity guaranteed.

Derek: Does Willner Chemists actually



produce the Phyto-Tech™ herbal supplements in New York?

Don Goldberg: No. The manufacture of products of this type is a very specialized and demanding process. Even though Arnie and I (Arnie Gitomer, R.Ph. and Don Goldberg, R.Ph., the owners of Willner Chemists) have extensive experience in manufacturing and quality control, we felt it was imperative that we partnered with someone who specialized in this field. After careful investigation, we found an herbalist we would trust, Mitch Coven, and we partner with him to supply our Phyto-Tech™ herbal products.

Derek: Give me an example of what criteria you used when you chose Mitch as your partner over other sources.

Don Goldberg: Certainly. One of the most important things we looked for was quality and integrity. This is an issue currently in the news, in fact. Are there herbal products on the store shelves that do not actually contain the herb listed on the label? This is a big problem. Well, there are many ways to insure the identity and quality of herbal supplements. Yes, you can talk about sophisticated instrumental testing, DNA barcoding, etc. but one of the most important measures, often overlooked, is the actual physical examination of the raw herb. Surprisingly, this simple, basic step is not always performed. Why? Some companies purchase herbs that have already been processed. Another company, for example, has acquired the raw herb—roots, leaf, flowers, etc.—and ground it into a powder. The powder—rather than the raw herb—is then shipped to the herbal company for additional processing (encapsulation, maceration, etc). This means that the company cannot examine the raw herb in its native condition. This is a significant problem. It's easy to see that ginkgo leaf is indeed ginkgo when you can examine the leaf—it's not so easy when all you have is a green powder. It's easy to evaluate the identity and quality of ginseng root when you can examine the root—it's not so easy when all you have is a brown powder. We start with the raw herb, not a powder, and this is just one example of why we chose to work with Mitch over other sources.

Derek: What kind of facility does Mitch run, and where is it located.

Don Goldberg: The facility is in New Mexico. It is a FDA (U.S. Food and Drug Administration) registered manufacturing plant, with strict, monitored quality control procedures. CGMP's (Current Good Manufacturing Practices) for dietary supplements are followed. Founded in 1982, the facility was upgraded several years ago from 21,000 to 109,000 square feet, five times the size. Mitch is already looking to expand again.

Derek: What are some of the other features employed in the manufacture of the Phyto-Tech™ herbal supplements?

Don Goldberg:

- Certified Organic: Most of the herbs used are certified organic from medicinal herb farms.

- Ethically Wildharvested: Our wild herbs are sensitively harvested to ensure a renewable resource. Threatened plants such as wild Echinacea, Goldenseal and Ginseng are organically grown.

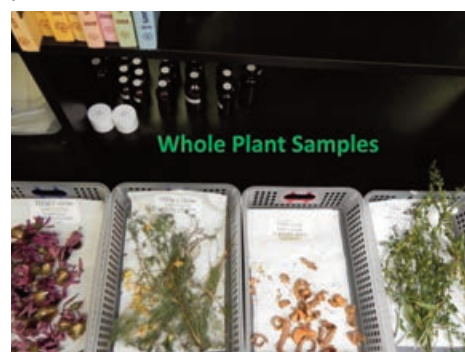
- Extraction Methodology: As mentioned above, our fresh plant products use fresh herbs collected at the peak of potency and processed within hours of harvest. For dry percolations, a double process using maceration followed by cold percolation is utilized.

- Full Spectrum Extracts: It is not always possible to identify a single active ingredient in an herbal medicine. In fact, one of the advantages of herbal medicines is that the activity is the result of a synergistic combination of ingredients that interact with each other. We firmly believe that retaining as much of this synergistic blend as possible is greatly advantageous to the overall efficacy of the product. Our process ensures that the full biochemical spectrums of the active plant parts are used. These saturated extracts use a fresh plant ratio of 1:1 to 1:2. Ratios of dry plant extracts are usually 1:2 or 1:3.

Derek: The technology behind the production of the Phyto-Tech™ line certainly seems impressive. What about the formulations themselves? Who is responsible for formulating the products.

Don Goldberg: All three of us have pharmaceutical and medical background.

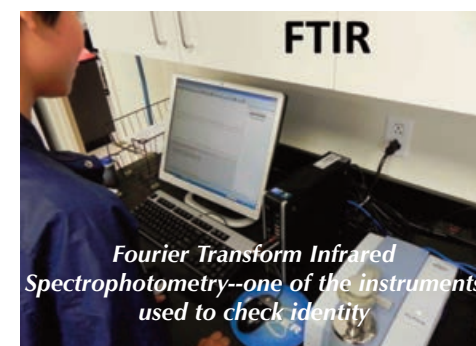
- Donald Goldberg, R.Ph.: Don received his pharmacy training on the east coast but moved to California right after graduation to accept a position as Director of Quality Control for Ingram Pharmaceutical Company. He received his Pharmacist license in California, but remained in the industrial setting, moving from Quality Control to manufacturing, product development and marketing with companies such as Boericke & Runyon, Shaklee and Vitamix, where he specialized in formulation and marketing of glandular supplements and dispersable powdered protein products. He returned to the East coast, accepting the position of Vice President of Faraday Labs (Nutri-Dyn, Sivad). After several years, he joined Lewis-Gitomer Labs, where he was more directly involved with marketing directly to physicians. It was at this time that he published his first newsletter and began what has turned out to be a lasting relationship with Arnold Gitomer. Before rejoining Arnie at Willners, however, Don spent two years as Technical Director for Arkopharma, helping them introduce their line of French phytopharmaceutical products to the American market. He published a newsletter for physicians, called Phytofacts, and lectured on herbal medicine throughout the United States and Canada. After this, he started his own company, Nutriceutics, distributing professional nutritional, herbal and homeopathic products directly to health practitioners. In addition to Phytofacts, Don also published the Nutriceutics News and was the



Whole Plant Samples

contributing editor, nutrition, for The Chiropractic Journal. His articles have been published in several professional journals, and he was the assistant Sysop on Compuserve's Natural Medicine Forum. In September 1992, Don joined forces again with Arnie Gitomer, buying Willner Chemists. Together, Don and Arnie have published a widely acclaimed book, The Best Supplements For Your Health, and co-hosted a popular two-hour radio program on WOR, every Sunday afternoon, for 18 years.

- Arnold Gitomer, R.Ph. Arnie is a graduate of the Brooklyn College of Pharmacy (1965). After three years in retail pharmacy, he moved to industry, accepting the position of Chief Pharmacist with West Ward, and later, Columbia Pharmaceutical Company. Through his involvement in compounding, formulating and manufacturing, he developed an expertise in the technical aspects of nutritional supplement products. He then founded Lewis-Gitomer Labs, where he began to work closely with alternative health professionals. As a



Fourier Transform Infrared Spectrophotometry—one of the instruments used to check identity

distributor of Nutri-Dyn Products, he became intimately familiar with the requirements of holistic practitioners, and the use of nutritional, glandular and homeopathic products. For two years, he taught toxicology at the New York Chiropractic College, and participated in numerous postgraduate training programs in applied kinesiology, nutritional blood chemistry analysis, and nutritional pharmacology. In, 1992, of course, he joined Don as co-owner of Willner Chemists. Together, Arnie and Don have published a widely acclaimed book, The Best Supplements For Your Health, and co-hosted a popular two-hour radio program on WOR, every Sunday afternoon, for 18 years.

- Mitch Coven, medical herbalist, is the founder and president of Vitality Works, Inc., a wellness clinic and FDA-registered herbal extraction lab in Albuquerque, New Mexico. Since 1982, Mitch has worked with thousands of patients, using herbal medicines in a holistic context. His interest in herbal medicine grew out of his studies as a pre-pharmacy student in the 1970s. Seeking a more holistic approach to health, Mitch studied herbal medicine and nutrition with herbalists and medical doctors, and was heavily influenced by his studies with Michael Moore at the Southwest School of Botanical Medicine. Mitch lectures widely and presents at conferences and hospitals around the country. He has been a faculty member of the National College of Phytotherapy, serves on the board of the American Herbal Products Association (APHA), and is very active in regulatory affairs affecting the herbal supplement industry.

Derek: I understand the advantages of using the actual whole, raw herbs in verifying identity and purity, but what other measures do you take to ensure the quality of Phyto-Tech™ herbal supplements?

Don Goldberg: We rely on a combination of in-house testing and outside laboratories. (3rd party testing).

- Here is what we do "in-house" (in our



Questions & Answers: Willner Chemists Phyto-Tech™ Herbal Supplements



Percolation of raw herbs

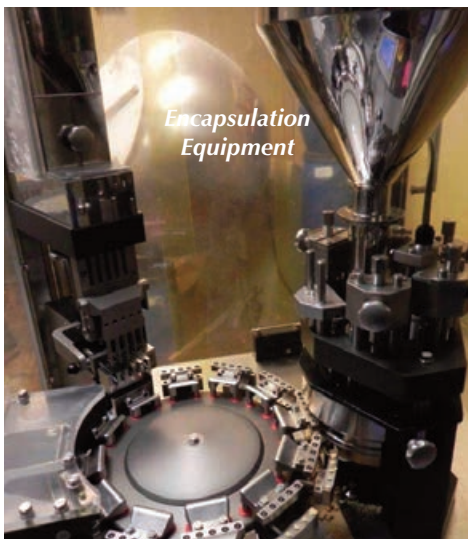
own laboratory). We perform careful microbial testing of every batch. We utilize advanced analytical tools, including FT-IR (Fourier Transform Infrared spectrophotometry) and HPTLC (High-Performance Thin Layer Chromatography). These are powerful and officially recognized tools for qualitative testing of botanicals for identity and purity. We also have UV-VIS (Ultraviolet Spectrophotometry) for quantitative testing when appropriate.

• We use an outside laboratory to do additional testing, as well as to confirm our in-house results. Typical testing includes the following: 1. ICP-MS (Inductively Coupled Plasma Mass Spectrometry) for heavy metals testing; 2. HPLC (High Performance Liquid Chromatography) identifies the individual components in a botanical sample; 3. Gas Chromatography (GC) analyzes volatile compounds in a sample by separating them so they can be then identified; 4. CE (Capillary Electrophoresis) identifies compounds by separating them based on their charge-to-mass ratio; and 5. Titration, used for quantitative analysis.

Derek: The Phyto-Tech™ supplements are mostly herbal in nature, but Willner Chemists also carries many vitamin supplements. What is the difference between vitamins and herbs?

Don Goldberg: Vitamins are substances that are essential for life, and cannot be made within your body. In other words, they must be obtained from outside sources, in the diet. If you do not obtain adequate amounts of these vitamins in your diet, you will die. Thus, an overt deficiency of one or more vitamins results in what is called a “deficiency disease.” Example are “rickets,” due to vitamin D deficiency, “scurvy,” due to vitamin C deficiency, “pellagra,” due to niacin deficiency, “beriberi,” due to thiamin deficiency, etc. Vitamins can be found in some herbal supplements, but not always. Herbal supplements can be a source of vitamin-like substances, such as phyto-antioxidants (flavonoids), but that is not usually their primary purpose.

Instead, herbal substances are used more for their therapeutic and medicinal proper-



Encapsulation Equipment

ties. Substances in Ginkgo biloba, for example, have been shown to improve cerebral and peripheral circulation and even retard the onset of early alzheimers disease; substances in garlic can lower blood pressure and enhance immune function; substances in curcumin (turmeric) can reduce inflammation, etc. Many well known drugs have been isolated from herbal sources. Digitalis, from foxglove, is an excellent example.

Derek: Can herbal supplements and vitamin supplements be taken together?

Don Goldberg: Absolutely. In fact, it is recommended. They complement each other. There are “vitamin” antioxidants, for example, such as vitamin C, vitamin E, selenium, etc., and you can get these in most vitamin supplements. But some of the most powerful antioxidants are found in plants, and for maximum protection you should take both. This is why we usually recommend Phyto-Tech™ Antiox Phyto Complex (capsules) or Antiox Phyto Blend (liquid) as part of any comprehensive supplement regimen.



Derek: You have also said that the most important supplement is a multivitamin. Why is that?

Don Goldberg: I explained that vitamins are essential for life, and that a deficiency of any one vitamin can lead to life-threatening disease. But what if you ingest enough vitamins to prevent overt disease symptoms, the minimum about to prevent outward signs of scurvy, rickets, etc—but not enough to reach optimal levels? This is what we call “subclinical” deficiency. Don’t you think that having less than optimal levels of these vitamins in your system can lead to increased susceptibility to disease, lack of energy, lowered immune function, impaired fertility, reduced bone density, etc. “Optimal” nutrition should be our goal, not “adequate” or “minimal” nutrition. When building, you need a strong foundation before you build or repair the upper floors. For this reason, I think it is imperative to always take a properly balanced, broad spectrum multivitamin/multimineral supplement. We designed Willvite™ for this purpose.

Derek: What is the source of your raw herbs?

Don Goldberg: Whenever possible, we buy direct from the farm. To insure freshness and optimal vitality, we use sources in the United States whenever possible. Not all herbs can be obtained from the U.S., of course. We have cultivated an extensive network of trusted suppliers, and insist on organically grown, ethically wild-harvested, or selectively imported herbs. In fact, more than 50% of our botanicals are actually certified organic. We insist on ethical harvesting to ensure a renewable resource. Our herbs are never irradiated or fumigated. All Phyto-Tech™ hebal supplements are 99% Non-GMO (except the xylitol in Mint Breath Spray Concentrate), are 100% gluten free and 99% vegetarian.



Derek: What about the manufacturing facility?

Don Goldberg: As I mentioned earlier, we partner with Mitch Coven, in New Mexico. Called Vitality Works, his modern, 110,000 square foot state of the art manufacturing facility is fully set up for the storage, quarantine, testing and manufacturing of liquid and solid botanical supplements. The facility is FDA registered as an OTC drug manufacturer and registered with Health Canada (the equivalent of the US FDA). It is DSHEA Compliant, GMP Certified by NSF International, Kosher Certified by KOF-K, and Organic Certified by the New Mexico Department of Agriculture. Full extraction of active components from raw botanicals is accomplished in different ways, depending on their properties. Fresh herbs are quickly ground and processed through hydro-alcoholic maceration for up to 6 months followed by filtration and collection under up to 300 tons of pressure. Dry herbs are typically ground to a powder and immediately cold percolated in a double extraction process to



ensure a full spectrum of activity. Other herbs require a water extraction, using low heat, before proceeding to an alcohol extraction process that can last up to one month. In addition, two types of capsules are produced—liquid-filled vegetarian hard gel capsules and regular, vegetarian powdered herb concentrates. These dry herbal capsules are full spectrum, mostly organic, current year’s harvest, with no fillers, no excipients and no magnesium stearate lubricants or flow agents. They are packaged in glass bottles for maximum freshness. The alcohol used in the extraction process is USP grade, pesticide free, GMO free and gluten free. The highly purified water used is produced within the plant.



Phyto-Tech™ Herbal Supplements are manufactured in a state-of-the-art facility located in New Mexico.



A listing of the Willner Chemists Phyto-Tech™ products begins on page 8, and continues throughout this catalog. You can also access this information online, at www.willner.com. Just select “Willner Phyto Tech” from the pull down menu under “By Manufacturer” in the Search box at the upper left corner of the home page. Our Essential Oils are manufactured in the same facility. They can be found in the same search box, by selecting “Willner Essential Oil”



A Guide to Immune Enhancing Herbal Supplements

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

This is the time of year when we are especially concerned with our immune system. Colds, flu, coughs—we want to prevent these conditions and, if we do succumb, we want to shorten their duration and severity.

There are many things we can do. We can try to avoid exposure to pathogens. We can eat healthy, avoid temperature extremes and too much stress. But these measures, and others, often fall short. Some of us get colds and/or the flu every season, sometimes more than once, while others seem to have an inherent resistance.

We all have some degree of inherent resistance. Our immune system is designed to protect us from these infections when working properly. Repeated, or chronic infections, including mild cases of colds and flu, can be signs of a weakened or compromised immune system.

In this short article, I am going to list some of my favorite “herbal remedies” for enhancing immune function. Choosing herbal supplements, when so many choices are available, can be daunting. I will break them down into categories, such as “prevention,” “treatment,” and specific health conditions. (Please note that my use of the terms “prevention” and “treatment” are not intended to imply medical actions. Only drugs, as per the FDA regulations, can be said to cure, treat, prevent or otherwise mitigate disease. I am using the terms only to clarify the nature of their effect on the immune system).

I will provide several choices, when appropriate, and you choose the supplements that seem best for you. In general, I will list combination products first, and then single herbs afterwards. For more information on each supplement, please refer to the more detailed information provided in the Phyto-Tech™ Product Reference Guide. Indexes located on pages 5 and 110.

Prevention

These herbal supplements are designed to enhance or optimize immune system function, supporting your body's ability to fight off infections. Such products often contain adaptogenic herbs non-specific immune enhancing action.

Immune Complex

Supports healthy immune system function, especially on a long-term and preventive basis.
Contains: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root.
1 fl oz - Product Code: 57003

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.
Contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root
1 fl oz - Product Code: 57002

Astragalus Root

As a long term tonic, Astragalus helps boost deep immunity and Astragalus membranaceus, 333 mg/ml, certified organic.
1 fl oz - Product Code: 56949

Astragalus Root

(as above, in Veggie Caps)
Astragalus membranaceus 460 mg
90 Veg Caps - Product Code: 60340

Reishi Mushroom 1:3

A powerful adaptogenic herb with proven immune enhancing activity. Contains Red Reishi Mushroom.
250 mg/ml (30 drops).
1 fl oz - Product Code: 57063

“Treatment”

Immune Acute Complex

A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed

for treatment, rather than prevention

Contains: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angustifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5
1 fl oz - Product Code: 57728

Echina Acute Complex

Designed for “acute” immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root
1 fl oz - Product Code: 56946

Alcohol Free - 1 fl oz, Product Code: 56974
60 Liquid Filled Veg Caps, Product Code: 57093

Ginger Immune Tonic

A Blend of Ginger and other Immune Modulating Herbs. Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

4 fl oz - Product Code: 57012

Oregano Oil 70

It provides immediate, broad spectrum immune support and anti-microbial action. It also helps regulate candida. Guaranteed true Wild Oregano, from Turkey. Steam distilled for highest purity and potency. standardized to not less than 70% Carvacrol.

1 fl oz - Product Code: 56939
60 Liquid Filled Veggie Caps, Product Code: 57047
120 Liq Filled Veggie Caps, Product Code: 57046

Echinacea Triple 1:2.1

A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.

Phyto-Tech Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root,
1 fl oz - Product Code: 56994

Alcohol Free: 1 fl oz - Product Code: 57052

Common Cold

In addition to those previously mentioned: Immune Acute, Complex, Echina Acute Complex, Ginger Immune Tonic, and Oregano Oil 70, consider the following:

Pelargonium

Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family; of benefit to those suffering from bronchitis, acute pharyngitis, or colds. Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg
4 fl oz Cherry Flavor, Product Code: 57729

ZincImmune Plus

A blend of immune enhancing herbs and zinc specifically designed for the cold and flu season. A pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized Water, Organic Elderberry and Blackberry Juice
4 fl oz - Product Code: 66271

Respiratory Complex

A blend of antimicrobial, decongestant, bronchopulmonary healing herbs. Liquid, regular and alcohol free, similar to caps (see below), but with no Oregano Oil.

1 fl oz - Product Code: 56955
Alcohol Free: 1 fl oz - Product Code: 57027
Child Friendly: 1 fl oz, Product Code: 56956
60 Liquid Filled Veg Caps, Product Code: 57089

Liq Caps contain Fresh Osha Root, Fresh Yerba Santa Leaf, Lomatium Root, Garlic Bulb, Mullein Leaf, Thyme Herb, Licorice Root, Oregon Grape Root, Echinacea purpurea Flowering Tops, Wild Cherry Bark, Ginger Root, Oregano Oil.

Osha Root 1:1/5

Phyto-Tech Osha Root is considered by many Herbalists to be the best American herb for lung and throat infections. It is especially beneficial for infections where one is already congested and inflamed.

Contains Fresh Osha Root (Ligusticum porteri),
1 fl oz - Product Code: 56965

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

Contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root,
1 fl oz - Product Code: 57002

Sinus Decongest

A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways.

Contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb, Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain
1 fl oz - Product Code: 56941

Throat Spray

A soothing, healing spray for sore and irritated throats.

Alcohol free. Contains: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint)
1 fl oz - Product Code: 56957

Ginger Cough Tonic

A blend of Ginger and other herbs especially useful for soothing. Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Honey, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

4 fl oz - Product Code: 56985

Echinacea Goldenseal

Each Phyto-Tech Echinacea Goldenseal Veg capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic
90 Veg Caps - Product Code: 60125

Flu (Influenza)

In addition to those previously mentioned, Immune Acute Complex, Echina Acute Complex, Ginger Immune Tonic, and Oregano Oil 70, consider the following:

Elderberry

Recent research shows this herb may be especially effective for those with influenza virus infections Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified organic Elderberry berries in each 30 drops.
1 fl oz - Product Code: 57026

5 Echinacea 1:2.1

"A combination of five different forms of Echinacea, thought by some to maximize the effects through a more diverse blend of active "Phyto-Tech™ 5 Echinacea 1:2.1 contains Echinacea purpurea Herb, Echinacea purpurea Root, Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Fresh Echinacea angustifolia Root Non GMO Soy Lecithin, Modified Vegetable Cellulose (capsule) and Coconut Oil.
Certified Organic.

60 Liquid Filled Veg Caps - Product Code: 57090

(continued on page 15)



A Guide to Immune Enhancing Herbal Supplements

ZincImmune Plus

A blend of immune enhancing herbs and zinc specifically designed for the cold and flu season. A pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized Water, Organic Elderberry and Blackberry Juice
4 fl oz - Product Code: 66271

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts. Contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root
1 fl oz - Product Code: 57002

Cough, Sore Throat, Nasal

Congestion

Whatever the underlying cause, certain supplements already mentioned can be valuable when these symptoms present themselves: Sinus Decongest, Respiratory Complex, Throat Spray Ginger Cough Tonic

For those who have an interest in Traditional Chinese Medicine, the product Phyto-Tech™ Cough Complex, described below, should be of interest.

Traditional Chinese Medicine Cough Complex

A traditional Chinese formula for immediate respiratory system support; relieves coughs and congestion. "Phyto-Tech™ Cough Complex contains the following herbs:

Houtuynia Herb, Poria Cocus, Platycodon Root, Skullcap Root, Bitter Orange Fruit, Fritillaria Bulb, White Mulberry Root Bark, Tangerine Peel, Licorice Root, Pinellia Root, Ginger Root.
1 fl oz - Product Code: 57036

Yin Chiao Plus

A traditional Chinese Liquid Herbal Formula, traditionally used at the first sign of the common cold or flu. Can also be helpful as a preventive measure after suspected exposure to cold or flu. Contains: Isatis indigota Root, Ilex asprella Root, Chrysanthemum morifolium Flower, Forsythia suspensa Fruit, Lonicera japonica Flower, Lophatherum gracile Herb, Pueraria lobata Root, Schizonepeta tenuifolia Herb, Grain Alcohol, Deionized Water
1 fl oz - Product Code: 56993

Miscellaneous

There are other immune stimulating and immune modulating herbs, and many others with anti-microbial properties.

Silver Colloid Complex

A combination containing Colloidal Silver 15ppm, Olive Leaf, and Wild Oregano Oil. Phyto-Tech™ Silver Colloid Complex contains the following: Colloidal silver 15ppm, Olive Leaf, Wild Oregano Oil (70% Carvacrol), Deionized Water, Pure Grain Alcohol, Non-GMO Soy Lecithin
1 fl oz - Product Code: 56972
Spray: 1 fl oz - Product Code: 57021

Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and

antihypertensive.

Contains Olive Leaf (*Olea europaea*), 250 mg/ml
1 fl oz - Product Code: 56958

Goldenseal Root 1:5

Used by Native Americans for colds, flu, sore throat and intestinal problems. Each Phyto-Tech Goldenseal Veg cap contains 250 mg of certified organic Goldenseal Root.
1 fl oz - Product Code: 56950
250 mg Veggie Caps, 60 - Product Code: 60128

Echinacea Root 1:2

Contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops.
1 fl oz - Product Code: 56945
2 fl oz - Product Code: 56980
Alcohol Free: 1 fl oz - Product Code: 56968
90 Veg Caps - Product Code: 60129
Contains 420 mg of certified organic Echinacea Root (*Echinacea angustifolia*).

For Children

Stay Well Complex

Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea enhances efficacy. Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20mg./ml., Vegetable Glycerin, Pure Water, Honey.
1 fl oz - Product Code: 56976

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The **Phyto-Tech™ Green Tea Guo** formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?
The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.



Willner Chemists
Phyto-Tech™

32% OFF

Entire Line
Jan. 3 - Feb. 10

Also available in a veggie cap.
Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944
2 fl oz ~ Regular Flavor - Code: 57098
1 fl oz ~ Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126

For a reference chart, comparing the immune related herbal supplements discussed above, and others, go to www.willner.com.

*Under "Reference Library" on the home page, click on **Colds & Flu: A Guide to Immune Enhancing Herbal Supplements***

*To go directly to the chart, follow the following link:
http://www.willner.com/content/Phyto_Immune_Quark_01.pdf*

To listen to an interview with Mitch Coven, Medical Herbalist, discussing these supplements, go to www.willner.com.

*Click on the "Radio Show" tab, and then "Listen to previous Willner Window radio programs (Archives)"
Select the December 2, 2012 program.*

This article initially appeared in the January 2014 Catalog/Newsletter. It has been updated and revised.

Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

antioxidant capacity of the blood.

Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.

New, High Potency 375 mg Veggie Caps
90 Veggie Caps - Prod Code 63745

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Who might benefit from this herbal supplement?

- Those who desire protection against everyday toxins-- dietary, environmental and chemical.
- Those with cardiovascular problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle.
- Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration.
- Those who want to live a longer, healthier life.

Ingredients: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50%

EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

Cautions: Pregnancy, Nursing

Dosage: Take one 375 mg veggie capsule once or twice a day.

References: Acai Berry (Euterpe oleraceae) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in the Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (Garcinia magostana) is a plant native to Southeast Asia. Studies reveal that xanthones from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthones significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthones from mangosteen inhibit the activities of COX?1 and COX?2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (Lycium barbarum) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysaccharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without the Goji Berry supplement had only a 16.1 percent response rate.

Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging. Pomegranate (Punica granatum) contains thousands of phytochemicals including anthocyananins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

The powerful antioxidants in Green Tea may help fight the free radicals that contribute to skin, lung, and stomach cancer as well as contribute to lowered blood pressure and LDL cholesterol. Green Tea is rich in a type of polyphenol called catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C

... continued on page 20

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

healthnotes

Omega-3 Helps Recovery and Reduce Hospital Stays

Omega-3 fatty acids are anti-inflammatory and promote regular heartbeat, but earlier heart surgery studies have been inconclusive.

In this review of 19 studies covering 4,335 people undergoing heart surgery, those who took omega-3 supplements before the procedure were released from the hospital an average of 2.4 days earlier than those who did not take omega-3s.

For people who had complications during the procedure, requiring a heart-lung machine, those who had taken omega-3s had fewer episodes of irregular heartbeat compared to those who had not taken omega-3s.

Reference: *Clinical Nutrition*; May, 2016, Published Online



Additional Comments from Sam Forbes, CN.

Patients awaiting surgery are usually advised to stop taking nutritional supplements to avoid medical complications. But as this and other studies show, omega-3 fatty acids may be an exception. Still, many physicians will advise against the use of fish oil supplements because of concerns that they may cause bleeding, despite evidence to the contrary. According to a review published in 2007 by Harris WS et al., results of 19 clinical studies involving 4387 surgical patients who were taking fish oil supplements were examined and the conclusion was that the risk for bleeding was virtually non-existent. Reports from the American Journal of Cardiology and the University of California Davis Health System, Sacramento, CA have confirmed these results. Because of the effects on antioxidant and inflammatory status, nutrients can have major positive impact on the outcome of a surgical procedure. Investigations

have found that fish oil prevents wound infections and can improve early wound healing. In one study, when a combination of the amino acid L-arginine and omega-3 fatty acids from fish oil were given to surgical patients, wound infections were reduced by ~50%, as well as the incidence of adult respiratory distress syndrome and shortened hospital stay. In a different study, patients supplemented with arginine, glutamine, and omega-3 fatty acids had higher postoperative total protein and immunoglobulin levels, higher levels of infection-fighting white blood cells, and lower levels of pro-inflammatory markers than did unsupplemented controls, demonstrating that these supplements enhanced host defenses while modulating the exaggerated inflammatory response. There are supplements that should be avoided so check with the surgeon or your doctor first.

Here are some quality fish oil products you can choose from:

Rx Omega 3 Factors by Natural Factors
100 Softgels, Product Code: 41830

Ultimate Omega 2X by Nordic Naturals
60 Softgels, Product Code: 66138

Omega 3 950 mg by Solgar
100 Softgels, Product Code: 51190

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- Pure Red Wine Extract - Alcohol Free
- Helps support normal healthy aging*
- Helps fight cell damaging free radicals*

Suitable for Vegetarians & Vegans

Serving Size: 1 Vegetable Capsule

Amount Per Serving

- Polygonum cuspidatum* Extract (Root) 600 mg
(50% Trans-Resveratrol - 300 mg)
- Red Wine Extract (Alcohol-Free) 15 mg
(*Vitis vinifera*) (min. 30% Polyphenols)

Daily Value not established.

Willner Code:			Retail:	Sale Price:
57131	Resveratrol 300 mg	60 Vcap	\$ 39.99	\$ 25.99
60051	Resveratrol 300 mg	150 Vcap	\$ 89.99	\$ 58.49



Premium Grape Seed Extract

- Now in Veggie Capsules
- Non-GMO • Soy Free
- Made from California Grapes
- Clinically Studied Ingredient*

Suitable for Vegetarians & Vegans



Willner Code			Retail:	Sale Price:
59368	MegaNatural® BP - Grape Seed Extract 150 mg.	60 VCaps	\$ 19.99	\$ 12.99
60464	MegaNatural® BP - Grape Seed Extract 150 mg.	150 VCaps	\$ 44.99	\$ 29.24
59369	MegaNatural® BP - Grape Seed Extract 300mg.	60 VCaps	\$ 33.32	\$ 21.66
60351	MegaNatural® BP - Grape Seed Extract 300mg.	150 VCaps	\$ 74.99	\$ 48.74

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We all need omega-3s to stay heart healthy. But most of us don't get enough. Fish oil is a great source of these essential fats. Show your heart some love by getting the omega-3s you need from the #1 fish oil in the U.S.†

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Our clinically studied, patented 10-herb blend supports a whole-body healthy inflammation response and overall joint health.*†

Herbal Pain Relief

Zyflamend Whole Body is a holistic, herbal approach to pain relief.** Zyflamend helps balance your healthy inflammation response, which is essential for maintaining whole-body health.*† Zyflamend is also a holistic joint supplement, supporting healthy joint function and overall joint health.* Discover our #1-selling multiherbal blend!

Discover the Power of 10!

Preclinical lab tests demonstrate Zyflamend's powerful herbal synergy and ability to protect healthy cells from damage.* We tested Zyflamend's whole 10-herb blend in laboratory studies that measure cellular markers of inflammation and stress. We also tested each herb acting on its own. The results showed the Zyflamend blend of 10 herbs worked better together than the sum of the action of its single herbs.

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Zyflamend™ Whole Body			
180 Capsules	Item # 66523	Retail \$100.95	Willner Chemists \$75.71
120 Capsules	Item # 66444	Retail \$72.95	Willner Chemists \$54.71
Zyflamend™ Nighttime			
60 Capsules	Item # 66639	Retail \$44.95	Willner Chemists \$33.71
Zyflamend™ Prostate			
60 Capsules	Item # 66440	Retail \$48.95	Willner Chemists \$36.71

Non-GMO Project Verified

New Chapter® is firmly committed to using sustainable, Non-GMO ingredients, because we believe in doing what's best for the earth and everyone on it. That's why we spent years researching the ideal quality, 100% vegetarian, Non-GMO capsules for our herbals, and have transitioned to this clean & pure vegetarian system. Each capsule delivers the same great formula you know and trust. Zyflamend is Non-GMO Project Verified—meaning ingredients are carefully reviewed for GMO risk going all the way back to the seeds.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†With Ginger for occasional pain relief after exercise

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

and E. These catechins include four major polyphenols including epigallocatechin gallate (EGCG), epicatechin gallate (ECG), epigallocatechin (EGC) and epicatechin (EC). Of these compounds EGCG is the most abundant in green tea and has generated the most interest. Peer-reviewed scientific research has consistently shown that EGCG is a potent antioxidant, deactivating health-damaging free-radicals. By virtue of its antioxidant effects EGCG has been shown to exert a number of beneficial activities, such as reducing inflammation, and normalizing cell and tissue functions. In promoting cardiovascular health EGCG has been shown to inhibit free-radical activity in the arteries, improving coronary circulation. Other studies have shown that ECGC has a benefit in normalizing blood glucose and protecting the pancreas from oxidative damage, as well as in boosting metabolism and burning fat. Green tea catechins and ECGC in particular have also been shown to naturally support detoxification and the elimination of toxic substances from the body while protecting the liver.

Grape skin and grape seed extracts are anti-inflammatory and radioprotective. They are abundant in a group of polyphenols called procyanidins. Procyanidins are strong antioxidants, lipid peroxidation inhibitors, and free radical scavengers. Procyanidins have antimutagenic effects, meaning they can counteract environmental mutagens, which are thought to be one of the causes of chronic degenerative diseases. Procyanidins also increase circulation making them helpful for conditions such as venous insufficiency (a condition in which the veins have trouble sending blood from the legs back to the heart). A placebo controlled study showed that treatment with procyanidins improved venous functionality and reduced pain, cramps, edema and paresthesias (tingling). Due to procyanidins positive effects on circulation, grape skin and seed extracts are helpful for numerous vision disorders. Studies show treatment with procyanidins from the extracts increase resistance to glare, decrease ocular stress from prolonged activity at a computer and improve contrast

sensitivity, retinal function and sensitivity in myopia (near-sightedness).

Complimentary Products:

- Phyto-Tech™ Antiox Phyto Blend, liquid herbal extract
- Phyto-Tech™ Green Tea Guo, regular and peach flavored.

Anxiety Complex

This is a calming, soothing and relaxing formula that focuses on emotional stress.

1 fl oz - Prod Code: 57014

Phyto-Tech™ Anxiety Complex is a blend of herbs with anti-anxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and soothe the mind when going through difficult times emotionally and mentally, but it does not interfere with cognitive function, allowing you to stay alert and think clearly.

Who would benefit from this supplement?

- Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression.
- Those who need to remain clear headed, but also need a calming and soothing effect.
- Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

Dosage: Acute short-term need: 2-4 squirts every hour as needed. Anxi-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses.

Tonic long-term need: 30-60 drops 2-3 times per day.

Complimentary Products:

These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

- If mild depression accompanies anxiety, consider St. John's

Complex or St. John's Wort.

- If an over-all calming, sedating action is needed, consider Phyto-Tech™ Relax PM.
- If exhaustion is present, consider Phyto-Tech™ Adaptogen Complex or Phyto-Tech™ Ginseng Energy Blend.
- If body pain is present, consider Phyto-Tech™ MuscleGestic.

Arnica Oil 1:6 Topical

A popular first-aid remedy for trauma, injuries.

1 fl oz - Prod Code: 57082

Arnica is the pre-eminent remedy for trauma, injuries, and accidents and is a common part of first aid kits and home medicine cabinets. This topical oil is massaged into painful tissue that has been traumatized from an accident, athletic event and overexertion. Massage Therapists and Chiropractors commonly use arnica oil on muscle and joints that are problematic in order to disburse congested fluids in a painful area.

It is thought that Arnica works as a fluid transport stimulating herb. It moves interstitial fluids through ischemic tissue. Ischemic tissue is tissue that has diminished oxygen content because of restricted blood and fluid flow. This action by Arnica on the painful tissue helps it heal and stop the pain cycle. As a result of the increased circulation, cellular waste is removed, bruises clear up, pain diminishes, tissue heals, tissue oxygenates and recovery time is significantly reduced. Athletes find arnica reduces potential for injury, reduces recovery time from injury and bruising.

Arnica Topical Oil is great for the daily bumps and bruises inevitable in life and especially childhood. It is safe for kids. Phyto-Tech™ Arnica Oil 1:6 Topical contains the following: Arnica montana Flowers (Wild Harvested), Sage Essential Oil, Extra Virgin Cold Pressed Olive Oil, Note: First extracted in alcohol and oil to maximize potency, then the alcohol is removed.

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healthnotes

Folate Aids Cognition in Young Adults and Children

Doctors know that folate prevents neural tube defects that can occur in early pregnancy but know little about the long-term effects of low folate on how a child may develop later in life.

In this study, doctors performed a brain scan on 256 Dutch children between the ages of 6 and 8. Mothers of 62 of the children had folate levels that fell below 8 nanomoles per liter of blood—the minimum normal level—in early pregnancy. Children of mothers whose

folate levels were low during early pregnancy were more likely to perform poorly on cognitive tests for language and had less accurate visual and spatial perception. By the age of six, children of mothers with low folate levels also had smaller total brain volume compared to children whose mothers had adequate folate levels during pregnancy.

Reference: *British Journal of Nutrition*; January, 2016, Published Online

Additional Comments from Sam Forbes, CN.

Expecting mothers are routinely advised by their doctors to take a prenatal vitamin supplement containing folic acid. As the article indicates, folate (or folic acid) insures proper development of the neural tube, a structure from which the brain and spinal cord form in the fetus. It should be noted that folic acid intake is important before and after conception to insure prevention of birth defects as well as normal cognitive development.

Folate, one of the B vitamins usually supplemented in the folic acid form, is involved in regulating DNA replication, proper brain development and along with B12 and B6, reduces homocysteine, a risk factor for Alzheimer's, heart disease and stroke. Signs of folate deficiency include elevated homocysteine, depression and dementia. Supplementation is typically 400 mcg to 1000 mcg, (or 1 mg folic acid), but most multivitamin supplements contain 400

mcg to 800 mcg folic acid so additional supplementation may not be necessary. If you do take high doses of folic acid, take additional B12. The reason is if there is a B12 deficiency, folic acid will mask it on a blood test. This can be a serious condition made worse by folic acid supplementation. Other nutrients vital during pregnancy is DHA from fish oil and iron. As always, see your doctor and...Congratulations!



healthnotes

Studies Show Better Diets Improved Physical and Mental Health

In The Alternative Healthy Eating Index measures 11 food groups in the diet, including fruits, vegetables, whole grains, nuts, legumes, omega-3s, alcohol, juice, sugar-sweetened drinks, red and processed meats, trans-fat, and sodium. Few studies have looked at diet quality and physical function. In this study, doctors followed 54,762 women for at least 20 years, comparing diets to physical function. Women who consumed the most fruits and vegetables, a moderate amount of alcohol, and lower levels of sugar-sweetened drinks, trans-fats, and sodium were most likely to maintain healthy physical function. The foods with the most benefit were oranges and orange juice, apples, pears, romaine and leaf-lettuce, and walnuts.

Each individual food was not as important to good physical health as was the overall diet pattern, with the healthier diets linked to better physical performance. Doctors said, "We think a lot about chronic diseases, cancer, and heart ailments, and tend not to think of physical function. But being able to dress yourself and walk around the block increases your ability to live independently longer."

Reference: *Journal of Nutrition*; May, 2016, Published Online

In another study of the Alternative Healthy Eating Index, doctors measured the diets of 3,363 participants and assessed their mental health. Compared to men and women who ate a less-healthy diet, those eating a healthier diet were 49 percent less likely to have clinical anxiety, and 45 percent less likely to experience depression. The benefits were even greater for those age 40 or younger. Younger men and women with better diets were 58 percent less likely to have anxiety and 51 percent less likely to develop depression.

Doctors said the B-complex vitamins, antioxidants, and omega-3s were the parts of the diet most likely to provide these mental health benefits.

Reference: *British Journal of Nutrition*; 2016, Vol. 116, No. 2, 335-42



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*Theanine For
Learning & Calmness**

*Ubiquinol (QH) Co-Q10 For
Cardiovascular Function**

*MK-7 Gummies For
Bone Health**

*PS Gummies For
Brain Function**

**Yum-Yum
D3 Gummies,
90 Gummies,
JRW57302**

**Theanine
Gummies,
60 Gummies,
JRW66838**

**Ubiquinol
QH-Gummies,
30 Gummies,
JRW66916**

**MK-7
Gummies,
60 Gummies,
JRW67104**

**Yum-Yum
PS100 Gummies,
60 Gummies,
JRW67105**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Visit us at www.jarrow.com for more product information.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements

Special Note: Most Arnica on the market is "Mexican" Arnica. This is commonly *Heterotheca inuloides*, an adulterant and is not true Arnica. The Vitality Works Arnica products are made from the true European Arnica montana.

Cautions: Do not apply to open wounds, ulcerations or on areas prone to bleeding; Do not take internally; Discontinue use if very sensitive skin results in a rash.

Complimentary Formulas and Single Herbs:

- Phyto-Tech™ MuscleGestic, an oral formula for muscle and general body pain, inflammation
- Phyto-Tech™ Comfrey Root 1:3 (to promote healing of breaks, fractures, sprains, cuts, lesions)
- Phyto-Tech™ Valerian Root 1:2 (for severe pain)
- Phyto-Tech™ St. John's Wort 1:2 (if nerves are very sensitive or painful)

Dosage: Massage into effected areas as needed. Repeat 2-3 times per day or as needed.

Arnica works best if applied in full concentration to the problematic area. It is less effective if applied all over the body as massage oil. Use a different oil for a massage (i.e. almond oil) and arnica on the painful area.

Ashwagandha Root

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy.

Ashwagandha Root 1:1.5 - 1 fl oz ~ Prod Code: 57008

Who would benefit from this supplement?

- Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders.

Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, "yang" or stimulating than Panax ginseng. Ashwagandha is known as the "Ayurvedic" Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have

difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand. It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

Phyto-Tech™ Ashwagandha Root contains the following: Fresh Ashwagandha Root (Withania somnifera), Grain Alcohol, Deionized Water. It is certified organic.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Adaptogen Complex
- Phyto-Tech™ Ginseng Energy Blend.

Astragalus Root

As a long term tonic, Astragalus helps boost deep immunity and resistance.

Astragalus Root 1:3 - 1 fl oz ~ Prod Code: 56949

Astragalus Root, 460 mg - 90 Veggie Caps

Prod Code: 60340

Who would benefit from this supplement?

- Those who get sick easily or suffer from chronic health problems. It is especially useful for those undergoing chemotherapy.

"You may already be accustomed to taking echinacea at the

first sign of a cold or flu, or when people around you are getting sick. How is astragalus different? Like echinacea, Astragalus not only helps prevent colds and flu but shortens the course of a bug once it has set in. Astragalus can also be used as a long-term preventive and restorative herb, both to prevent illness and to renew energy and vitality once an acute illness has passed. Scientific evidence also suggests that astragalus may be one of the most important herbs for strengthening the immune system against serious diseases, including cancer." (McCaleb, Robert, et al, *The Encyclopedia of Popular Herbs*, The Herb Research Foundation, Prima Health, 2000)

The indications listed for Astragalus include the following: colds and flu, chronic respiratory problems such as bronchitis, digestive ailments, susceptibility to infectious disease, recovery after illness, general weakness and fatigue, cancer. The active constituents include polysaccharides (glucans), saponins (astragalosides), flavonoids and phytosterols, all of which contribute to the positive actions of Astragalus. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. It appears to help trigger immune cells from a "resting" state into heightened activity. One study showed Astragalus root helps promote and maintain respiratory health. It also enhances the body's production of immunoglobulin and stimulates macrophages. Astragalus can help activate T-cells and natural killer (NK) cells. Astragalus stimulated NK-cell activity of human peripheral blood lymphocytes and restored steroid-inhibited NK-cell activity in another study.

Traditionally, many herbalists feel Astragalus is best used when not acute. In other words, use it in between acute episodes in order to boost immunity and avoid frequent acute episodes. Astragalus is indicated for those who get sick frequently, for illnesses that do not resolve in a reasonable time, for those who get sick time after time. It is also indicat-

. . . continued on page 24

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Willner Chemists Phyto-Tech™ Herbal Supplements

Individual Essential Oils:

- Cedarwood (Himalayan) - 1 fl oz, # 63003
- Cinnamon Leaf - 1 fl oz, #62679
- Citronella - 1 fl oz, #66285
- Clove - 1 fl oz, #63004
- Eucalyptus - 1 fl oz, #62680
- Eucalyptus - 4 fl oz, #62681
- Frankincense - 1 fl oz, #66286
- Grapefruit (Pink) - 1 fl oz, #62710
- Jasmine - 1 fl oz, #66287
- Lavender (French) - 1 fl oz, #63005
- Lavender (French) - 4 fl oz, #62787
- Lavender (Bulgarian) - 1 fl oz, #62815
- Lemon - 1 fl oz, #63006
- Lemongrass - 1 fl oz, #66310
- Orange (Sweet) - 1 fl oz, #62820
- Oregano - 1 fl oz, #62821
- Patchouli - 1 fl oz, #62822
- Peppermint - 1 fl oz, #62884
- Peppermint - 4 fl oz, #63007
- Rose - 1 fl oz, #66288
- Rose Geranium - 1 fl oz, #66290
- Rosemary - 1 fl oz, #63008
- Sage - 1 fl oz, #66289
- Sandalwood* - 1 fl oz, #66291
- Tea Tree (Australian) - 1 fl oz, #63009
- Tea Tree (Australian) - 4 fl oz, #63010
- Ylang Ylang - 1 fl oz, #63011

Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan 3 - Feb.10

Essential Oils

100% Pure - Sustainably Harvested - Quality Tested
(Gas Chromatography/Mass Spec and Fourier Transform Infrared Spectroscopy)
GMP Certified Facility - Kosher Certified



Essential Oil Blends:

- Bug Shield - 1 fl oz, #66292
- Energy Boost - 1 fl oz, #66293
- Essential Love - 1 fl oz, #66294
- Head Relief - 1 fl oz, #66295
- Sleep Dreams - 1 fl oz, #66296

WILLNER CHEMISTS
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Anthocyanins and Berry Fruits Reduce Risk of Diabetes

Doctors reviewed three large studies that measured diabetes and anthocyanins in the diets of 200,894 people, and five large studies that measured diabetes and berries in the diets of 194,019 people.

For anthocyanins overall, compared to men and women who got the least, men and women who consumed the most anthocyanins were 15 percent less likely to have developed type 2 diabetes over the several study periods. For every 7.5 mg increase in anthocyanins per day, chances for diabetes declined by 5 percent.

For berries, while there were no effects seen in men, women who got the most berries in the diet were 18 percent less likely to have developed type 2 diabetes compared to women who got the least. Each 17 gram increase in berries per day lowered chances for type 2 diabetes by 5 percent.

(Reference: *European Journal of Clinical Nutrition*; August, 2016, Published Online)

Additional Comments from Don Goldberg

Anthocyanins are a type of flavonoid usually associated with plant pigments. Thus, those fruits, berries and vegetables that are highly colored can be expected to have a high content of anthocyanins or their precursors. Examples you are familiar with would include blueberry, pomegranate, grape skin and grape seed, etc. Supplements containing high concentrations of anthocyanin are readily available. Ask the pharmacists or nutritionists at Willner Chemists for guidance in selecting the product that is right for you.



Visit www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.



The Good, the Bad and the Jitters? Guarana & Inflammation

Guarana, a popular energy supplement containing caffeine, also has important antioxidants called catechins. In this study, 12 healthy but moderately overweight people, age 20 to 65, with slightly increased chances for heart disease, took 3,000 mg of guarana seed powder per day containing 90 mg catechins and 60 mg epicatechins.

After 15 days, doctors found less DNA damage in white blood cells, more cellular antioxidant activity, and less oxidized LDL, the "bad" cholesterol. Oxidized LDL increases chances for heart disease. Discussing the findings, doctors said the catechins in guarana powder were very easily absorbed by the body.

(Reference: *Food and Function*; 2016, Issue 7)

Additional Comments from Don Goldberg

I have mixed feelings about this study. Guarana has indeed been used in "energy" supplements. It also has a long history of use in weight loss, typically, in years past, in combination with ephedra. The reason for this, of course, is that guarana has a very high natural caffeine content.

This should not be overlooked by those people who are sensitive to the effect of caffeine. There are other naturally rich sources of catechins green tea is a good example. I would suggest that for those looking for a catechin-rich supplement, green tea extract will serve the purpose, without providing a large dose of caffeine in the process.

• **Reference Library:** search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.

• **Product Information:** search the entire 23,000 product listing in the Willner Chemists inventory, with prices, product details, etc, using simple and advanced full-text search tools.

Willner Chemists Phyto-Tech™ Herbal Supplements

Willner Chemists has offered stevia as a liquid herbal concentrate, providing Stevia Leaf Extract, standardized to 90% Steviosides, in 1, 2 and 4 oz sizes:

Phyto-Tech™ Stevia Extract 90
1 fl oz - Product Code: 56943
2 fl oz - Product Code: 56940
4 fl oz - Product Code: 56942

Now, Willner Chemists is pleased to offer six new stevia leaf extracts, in flavored form:

Phyto-Tech™ Stevia Extract - Chocolate
2 oz, Alcohol Free - Product Code: 60140
Phyto-Tech™ Stevia Extract - Cinnamon
2 oz, Alcohol Free - Product Code: 60139
Phyto-Tech™ Stevia Extract - Lemon
2 oz, Alcohol Free - Product Code: 60141
Phyto-Tech™ Stevia Extract - Orange
2 oz, Alcohol Free - Product Code: 60144
Phyto-Tech™ Stevia Extract - Peppermint
2 oz, Alcohol Free - Product Code: 60143
Phyto-Tech™ Stevia Extract - Vanilla
2 oz, Alcohol Free - Product Code: 60142

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

To listen to an interview on stevia and other therapeutic herbal supplements, go to www.willner.com and look up the May 22, 2011 Willner Window Radio Program



Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan. 3 - Feb. 10

Stevia Extracts

New Flavors Now Available

Extracts of leaves from *Stevia rebaudiana* have been used for many years in traditional treatment of diabetes in South America. Various compounds in stevia has been concentrated, and used as natural sweeteners. These compounds possess up to 250 times the sweetness intensity of sucrose, and they are noncaloric and noncariogenic. Stevioside, a natural plant glycoside isolated from the plant *Stevia rebaudiana*, has been commercialized as a non-caloric sweetener in Japan for more than 20 years. Some studies have shown that stevia may be beneficial to those with hypertension, and those with type-2 diabetes. Dosage: Add 2-8 drops, as needed. Each ml is equivalent to 300 mg of Stevia.

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

WILLNER CHEMISTS
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



ed for those using antibiotics frequently. Think of it as an herbal flu shot, so take it before the immune season begins, especially for the elderly, the young and the immune suppressed.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water.

Phyto-Tech™ Astragalus Root 1:3 contains Astragalus membranaceus, 333 mg/ml, certified organic.

Complimentary Formulas:

- Phyto-Tech™ Immune Complex

Attention Complex

This “Child Friendly” supplement supports healthy attention and concentration.

1 fl oz - Prod Code: 57030

Who would benefit from this supplement?

- Children who suffer from ADHD, ADD, poor concentration and focus, stress, fatigue and mental exhaustion.

Phyto-Tech™ Attention Plus is effective for increasing cognitive ability, helping attention, memory and focus, increasing concentration capacity, reducing mental fog and alleviating stress and fatigue. It can be helpful for those who have Attention Deficit Hyperactivity Disorder (ADHD), which affects one’s ability to pay attention, stay still, and/or control their impulses.

Phyto-Tech™ Attention Complex contains the following herbs Ginkgo biloba Leaf, Gotu Kola Leaf, Licorice Root, Lobelia Herb and Rhodiola Root.

See label for age-adjusted dosage guidelines.

Bilberry

Bilberry is a powerful antioxidant, and is traditionally used to support eye health and visual function.

Liquid Extract - 1 fl oz ~ Prod Code: 57043

Bilberry Standardized & Full Spectrum

Also available as a standardized (25% Anthocyanidin) extract, 50 mg, in a base of full spectrum 250 mg Bilberry Leaf (Wild Harvested) in a veggiecap formulation
60 Veggie Caps ~ Prod Code: 60119

Who would benefit from taking this herbal supplement?

- Those who are concerned about possible eye or vision problems, including macular degeneration, cataracts. Bilberry contains potent antioxidants that protect and improve micro-circulation, that is, the circulation of blood through the capillaries. These antioxidant pigments, called anthocyanosides or anthocyanins, are similar to those found in red grape skins. Anthocyanosides protect cells in the circulatory system, keeping them more flexible to provide better blood flow and oxygen to capillary-rich organs such as the retina of the eye. Researchers have also found that bilberry affects enzymes responsible for energy production in the eye, which is especially important to good vision under poor light conditions, including night vision.

“Bilberry extract and bilberry constituents appear to improve circulation in young and elderly people alike. Bilberry extract may be helpful in preventing many of the vision problems associated with aging. In combination with vitamin E, it can prevent cataracts; it can also prevent retinopathies (diseases of the retina), including diabetic retinopathy, and possibly even ordinary nearsightedness (myopia). Bilberry’s ability to strengthen capillary circulation helps those who bruise easily, and bilberry extracts are even used before elective surgery to minimize bruising and excessive bleeding. Increasing capillary strength also helps in treating spider veins, varicose veins, and hemorrhoids.” (McCaleb, Robert, et.al., *The Encyclopedia of Popular Herbs*, The Herb Research Foundation, Prima Health, 2000)

Each 30 drops contains 500 mg of certified organic Bilberry berry.

Black Cohosh Root

This herb helps normalize the menstrual cycle and promote a healthy menopause.

1 fl oz - Prod Code: 56969

90 Veggie Caps - Prod Code: 60120

Who would benefit from taking this supplement?

- Women experiencing the following problems may find this herb helpful: PMS, menstrual cramps, uncomfortable menopausal symptoms.

Black Cohosh is considered by herbalists to be a distinctive woman’s remedy. It stimulates delayed menses as an emmenagogue while relaxing the muscles around the uterine area to help decrease menstrual cramps. It can help PMS symptoms and help to regulate a woman back into a more normal cycle. It can also help amenorrhea and dysmenorrhea. It is commonly combined with Chaste Tree Berry and Dong Quai Root.

It is also a famous remedy in menopause. German studies show that Black Cohosh will diminish the negative side effects of menopause by improving symptoms such as hot flashes, perspiration, heart palpitations, nervousness and irritability, sleep problems and depression. Research suggests estrogenic activity in the alcoholic extract, inhibiting LH but not follicle stimulating hormone. Some research refutes estrogen activity and suggests neurotransmitter interference. It either fools the pituitary from looking for leutinizing hormone or actually inhibits LH. This results in a decrease in the above-mentioned symptoms and exerts a most positive effect on menopause.

Each 30 drops of Phyto-Tech™ Black Cohosh contains 333 mg certified organic Black Cohosh Root.

Also available in a veggie cap formulation. Each capsule contains 500 mg of Wild Harvested Black Cohosh Root. (Product Code: 60120)

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



1000 LIKES COSMETICS

67072	BEST OF FRUIT ORG PWD	180	PWD	0.00	0.00
63343	CARROT SEED OIL CLD PR	1 Z	OIL	15.99	15.99
66887	CRANBERRY SEED OIL	1 Z	LIQ	15.99	15.99

A.C. GRACE

53451	GRACE E UNIQUE 400 IU	120	SGC	42.95	38.65
53450	GRACE E UNIQUE 400 IU	30	SGC	11.95	10.75
55962	GRACE E UNIQUE LIQ 400	1 Z	LIQ	21.75	19.57
54938	GRACE E UNIQUE TOCOTR G	60	SGC	39.50	35.55

ABSORBAID

29431	ABSORBAID	90	VCAP	19.99	15.99
29436	ABSORBAID	240	VCAP	39.99	31.99
29432	ABSORBAID PWD 300 GMS	300	PWD	44.99	35.99

ACTIVZ

63672	BEET JUICE PWD ORG	207	PWD	22.99	20.69
65111	BLUER ACAI STPKK BOX	24	PAK	39.50	35.65
65646	COCONUT WATER ORGANIC	NIC	PWD	24.99	22.49
64969	GREEN SMOOTHIE POWDER	9 Z	PWD	42.99	38.69
63674	RASPBERRY WHOLE PWD	198	PWD	29.99	26.99
65137	SILVER GEL LARGE	4 Z	GEL	24.95	22.45
65136	SILVER GEL SMALL	1.5	GEL	11.49	10.34
65138	SILVER LOZENGES	21	LOZ	6.99	6.29
63673	WHEATGRASS JUICE PWD	114	PWD	15.99	14.39

ACURE ORGANICS

61817	ARGAN OIL MOR 100% ORG	1 Z	OIL	12.99	12.99
65302	BODY LOT COCOA BUTTER	8 Z	GEL	9.99	9.99
64843	BODY LOT FIRING LEMON	8 Z	LOT	9.99	9.99
62436	BODY LOT ORANGE+ ARGAN	8 Z	LOT	9.99	9.99
66355	BODY WASH CELL STIMUL	8 Z	LIQ	9.99	9.99
66354	BODY WASH SENSIT SKIN	8 Z	LIQ	9.99	9.99
66917	CGF REPAIR SERUM	1 Z	LIQ	19.99	19.99
61823	CONDIT ARGAN OIL + STM	8 Z	LIQ	9.99	9.99
61825	CONDIT ARGAN OIL LEAVE	4 Z	LIQ	9.99	9.99
61822	CONDIT LEMONGRASS+ ARG	12Z	LIQ	9.99	9.99
61824	CONDIT MINT + ECHIN STM	8 Z	LIQ	9.99	9.99
63668	DAY CRM GOTU KOLA STM A	1 Z	CRM	16.99	16.99
65823	DEEP ROOT CONDITIONER	4 Z	CRM	12.99	12.99
63581	EYE CREAM CHLORELLA	1 Z	CRM	16.99	16.99
63669	FACIAL CLEANSER SENSIT	4 Z	LIQ	9.99	9.99
63974	FACIAL CLEANSER SUPERF	4 Z	GEL	9.99	9.99
65503	FACIAL CLENS CRM ARGAN	4 Z	CRM	9.99	9.99
63583	FACIAL CREAM SENSITIVE	1 Z	CRM	17.99	17.99
62441	FACIAL MASK CGF ARGAN	1 Z	CRM	12.99	12.99
62443	FACIAL MOISTOIL CST	1.7	LOT	16.99	16.99
62435	FACIAL SCRUB BRIGHTEN	4 Z	CRM	9.99	9.99
66919	FACIAL SCRUB POR MINIM	4 Z	CRM	12.98	12.98
62440	FACIAL TONER ROSE	2 Z	LIQ	12.99	12.99
66918	FRUIT PEEL RESURFACING	1.4	CRM	22.98	22.98

64274	MARULA OIL PURE	1 Z	LIQ	15.95	15.95
65816	ROSEHIP OIL	1 Z	OIL	10.99	10.99
61819	SHAMPOO ARGAN OIL + ST	8 Z	LIQ	9.99	9.99
61821	SHAMPOO DRY	2.6	PWD	9.99	9.99
61818	SHAMPOO LEMONGRASS ARG	8 Z	LIQ	9.99	9.99
61820	SHAMPOO MINT + ECHN ST	8 Z	LIQ	9.99	9.99

ADORATORY

66369	AWAKE MOOD BOOST SPRAY	10M	SPY	20.00	18.00
66370	BALANCED MOOD BOOST	10M	SPY	20.00	18.00
66371	BEAUTIFUL MOOD BOOST	10M	SPY	20.00	18.00
66241	CLEAR AWAY GOOD MOOD	10M	SPY	6.00	5.40
66240	CLEAR AWAY GOOD MOOD	4 Z	SPY	16.00	14.40
66372	INSPIRED MOOD BOOST	10M	SPY	20.00	18.00
66373	PEACEFUL MOOD BOOST	10M	SPY	20.00	18.00
66368	PROSPERITY SPRAY	4 Z	SPY	20.00	18.00
66374	SEDUCTIVE MOOD BOOST	10M	SPY	20.00	18.00
66375	SMART MOOD BOOST SPRAY	10M	SPY	20.00	18.00

ADV. ORTHOMOLECULAR

58765	B COMPLEX ADVANCE	90	VCA	37.00	29.60
67167	BONE PROTECT ADV + STR	60	VCA	32.00	25.60
45663	CARDIO MAG 50 MG	120	VCA	50.00	40.00
41452	CHANCA PIEDRA	90	VCA	28.00	22.40
66659	HYDROXY B12 1000 LOZ	60	LOZ	26.00	20.80
45434	PEAK K2 15 MG	90	VCA	52.00	41.60
45435	R LIPOIC ACID 150 MG	90	VCA	42.00	33.60
54116	STRONTIUM SUPPORT II	60	VCA	24.00	19.20

ADVANCED RESEARCH

27021	2 AEP CAL 500 MG	100	VCA	19.36	15.88
43726	2 AEP CAL 500 MG	200	VCA	36.52	29.22
26510	CAL OROTATE 612 MG	100	CAP	37.95	30.36
57473	KMG	100	TAB	9.90	7.92
27022	LITHIUM OROTATE	200	TAB	22.00	17.60
26512	MAG OROTATE 500 MG	50	TAB	18.82	15.06
26513	MAG OROTATE 500 MG	100	TAB	35.64	28.52
26514	MAG OROTATE 500 MG	200	TAB	68.86	55.28
27020	MEMBRANE CMP 2 AEP CAL	100	CAP	21.56	17.24
39502	POT OROTATE 175 MG	200	VCA	33.77	27.02
26516	ZINC OROTATE 60 MG	200	TAB	12.76	10.20

AEROBIC LIFE

10260	AEROBIC 07 70ML	70	LIQ	23.95	21.55
21265	AEROBIC BULK CLEANSE	12Z	PWD	16.95	15.25
37740	IMAG 07	90	CAP	23.95	21.55
55184	MAG 07	180	CAP	36.95	33.25

ALACER CORP

57174	EMERGEN C ACAI BERRY	30	PAK	16.69	13.35
56861	EMERGEN C CRAN POM	30	PAK	16.69	13.35
63277	EMERGEN C IMMUN + CITR	30	PAK	19.99	15.99

54791	EMERGEN C PINK LEMONAD	30	PAK	16.69	13.35
57467	EMERGEN C RASPBERRY	30	PAK	16.69	13.35
10142	EMERGEN C REG LEM LM	30	PAK	16.69	13.35
56502	EMERGEN C SUPER ORANGE	30	PAK	16.69	13.35
57176	EMERGEN C TANGERINE	30	PAK	16.69	13.35
57309	EMERGEN C TROPICAL	30	PAK	16.69	13.35

ALBA

66936	AFTER SUN ALOE GEL	8 Z	GEL	7.99	6.39
66937	AFTER SUN ALOE LOTION	8 Z	LOT	7.99	6.39
35843	BODY LOTION MAXIMUM	3.2Z	LOT	20.49	16.39
55289	FACIAL TONER HIBISCUS	8.5	LIQ	12.99	10.39
31963	LIP BALM CHERRY	.15	STK	2.49	1.99
59757	LIP BALM TERA BLAZE SPF	.15	LIP	3.99	3.19
45655	LIP CARE SPF 25	.15	LIP	2.50	2.00
66932	SUNLESS TANNER LOTION	4 Z	LOT	11.49	9.19
66934	SUNSCREEN FACIAL SPF30	4 Z	LOT	11.49	9.19
66940	SUNSCREEN FRG FR SPF50	6 Z	SPY	15.99	12.79
59964	SUNSCREEN KIDS SPF 30	4 Z	LOT	10.99	8.79
66930	SUNSCREEN KIDS SPF 45 A	4 Z	LOT	11.49	9.19
66935	SUNSCREEN KIDS SPF 50	6 Z	SPY	15.99	12.79
42255	SUNSCREEN LAVEN SPF 45	4 Z	LOT	11.49	9.19
59890	SUNSCREEN MIN FF SPF30	4 Z	CRM	10.99	8.79
66938	SUNSCREEN MINER FRG FR	6 Z	SPY	15.99	12.79
66939	SUNSCREEN MINER HERB	6 Z	SPY	15.99	12.79
56519	SUNSCREEN SPF 45 SPORT	4 Z	LOT	10.99	8.79
66933	SUNSCREEN SPORT MINER	4 Z	LOT	11.49	9.19
30484	UN PETROLEUM JELLY	3.5	JEL	6.59	5.27

ALL ONE NUTRITECH

33801	ALL 1 CALCIUM COMPLEX	8.5	PWD	26.69	21.35
25988	ALL 1 GRN PHYTO 15.9Z	15.	PWD	53.69	42.95
28844	ALL 1 POWDER ACT SEN	15Z	PWD	60.39	48.31
39778	ALL 1 POWDER SENIOR	2LB	PWD	105.99	84.79
18077	ALL 1 PWD 15.9OZ	5.9	PWD	53.69	42.95
18076	ALL 1 PWD 5.29 OZ	5.2	PWD	19.89	15.91
18078	ALL 1 RICEBASE PWD OZ	15.	PWD	43.49	34.79
30139	CARDIO E Z	180	CAP	40.89	32.71

ALL TERRAIN

58567	AQUASPORT SPRAY 30	3 Z	SPY	16.99	13.59
61795	HAND SANZ ALOE E SANIT	2 Z	LIQ	3.99	3.19
61796	HAND SANZ FRG FR SANIT	2 Z</			

#1 ABSORBED form of curcumin[‡]

New Supercharged Formulas!

MEMORY



Supports memory and cognitive health*

JOINT



Supports joint health and function*

CARDIO



Promotes healthy heart function*

WHOLE BODY



Supports healthy inflammatory responses for whole body benefits*



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[‡]Scientific scrutiny revealed that Theracurmin was more bioavailable on a milligram-to-milligram basis than other leading[§] enhanced and regular forms of curcumin.

[§]As measured by SPINS 2014 data.

*This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Discover immune support from the power of pure fruit.

Made with potent European Elderberry and Black Currant, Immune *Take Care* promotes healthy immune function through multiple pathways.

Holistic Immune Support

Immune *Take Care*™ is a powerful blend of Earth's pure ingredients for immune support, delivering Elderberry and Black Currant in a 100% vegetarian product. These revered herbs from New Chapter® activate multiple immune pathways for comprehensive support for healthy immune function.*

The Non-GMO grown Elderberry in Immune *Take Care* delivers antioxidative constituents that unite with those in Black Currant to provide complementary immune-supportive benefits.* The Elderberry is sourced from Austria, where conditions are perfect for superior-quality Elderberry fruit that supports the body's natural immune defenses.* Black Currant provides additional benefits, like promoting a healthy microbial balance in the body and helping to maintain normal cell growth.*

Pure Elderberry & Black Currant

Immune *Take Care* represents a new chapter in extraction, using a purely mechanical filtration process that doesn't require any solvents or evaporation. The proprietary process of membrane extraction is simple and pure.

- The Elderberry or Black Currant is pushed through a very fine filter.
- Large molecules such as sugars are filtered out. Smaller molecules—the fruit's beneficial phytonutrients—pass through the filter.
- The result is a concentrated true-to-fruit extract delivered without sugars, yielding the same profile of phytonutrients as the whole fruit!

Visit newchapter.com to learn more!

Immune Take Care™			
14 Capsules	Item # 61922	Retail \$24.95-	Willner Chemists \$18.71
30 Capsules	Item # 61923	Retail \$39.95-	Willner Chemists \$29.96



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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The Nutritional Supplement Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



BPH Complex

This herbal supplement was designed to support prostate function and the male reproductive system.

1 fl oz - Prod Code: 57085

Who would benefit from this supplement?

• Men with benign prostatic hyperplasia, elevated PSA levels, impotence.

Phyto-Tech™ BPH Complex contains the following herbs: Saw Palmetto Berry, Fresh Nettle Root, Red Root, Sarsaparilla Root, Fresh Turmeric Root, Dong Quai Root.

Phyto-Tech™ BPH Complex is actually designed for use as a male prostate tonic to help prevent benign prostatic hyperplasia (BPH) that is common to most men in mid-life and on. It will help reduce prostate swelling, keep testosterone healthy and help maintain a healthy libido. It also helps the dull ache, urine dribbling, weak urine flow, waking at night to urinate and can help men who have the inability to maintain an erection.

For those who actually have BPH, Phyto-Tech™ BPH Complex will help bring the prostate back into a healthy state and help reduce all the symptoms that accompany BPH.

Phyto-Tech™ BPH Complex can be used as a long-term tonic. It is a good idea for most men to treat their reproductive tracts annually with Phyto-Tech™ BPH Complex once they are over 50 years of age. This is when most prostate problems arise. Using Phyto-Tech™ BPH Complex for 1-2 months once per year is a wise male preventative treatment for maintaining a healthy prostate throughout a life. Since prostate swelling is so prevalent in society, it makes sense to use this male tonic as a preventative.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

• Phyto-Tech™ Saw Palmetto Berry 1:3 (for increased potency)

Brain Bio Boost Complex

Supports healthy cognitive function, focus and memory, increasing overall cognitive ability and vitality. The elderly find this formula especially helpful.

1 fl oz - Prod Code: 57071

Who would benefit from this supplement?

• Those with memory loss, confusion, Alzheimer's disease, dizziness, tinnitus, ADHD and ADD. This is an ideal supplement for college students and others facing demanding mental challenge. It is best used long-term.

Phyto-Tech™ Brain Bio Boost Complex contains the following herbs: Gotu Kola Leaf, Ginkgo Leaf, Green Tea, Codonopsis Root, Licorice Root, Rhodiola Root.

Phyto-Tech™ Brain Bio Boost Complex is a blend of herbs thought to increase overall cognitive ability, energy and vitality. It improves memory and concentration. It is indicated for those with age-related cognitive decline as well as for those who are faced with heavy cognitive demands, such as college students. It can help in Attention Deficit Hyperactivity Disorder (ADHD) by helping one pay attention, sit still and process information.

Supportive Information:

Ginkgo is for cerebral vascular insufficiency and works by cerebral and peripheral blood flow. As one gets older, blood flow to the brain and to peripheral tissue decreases with these resulting symptoms. Diminished cerebral circulation can also result in vertigo, ringing in the ear, Alzheimer's symptoms, forgetfulness and depression. Ginkgo can help all of this. Ginkgo is famous in assisting memory, focus and cognition.

Gotu Kola reduces adrenal corticosterone blood levels during

stress. It is high in flavonoids and studies show it helps in capillary fragility and strengthens vascular integrity in the brain and throughout the body. It is a cognitive stimulating herb for use in fatigue, confusion and general lethargy. It is helpful for those exhausted from emotional upheaval or excessive work habits.

Green Tea is a potent antioxidant that binds with free radicals to neutralize their harmful effects. Green Tea is rich in polyphenols and one in particular called a catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E.

Studies demonstrate the antioxidant effects of green tea catechins improve overall reference and working-memory related learning ability. Green Teas polyphenols are also believed to help ward off neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons against the harmful effects of reactive oxygen species (ROS) and nitric oxide (NO).

Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

Codonopsis is very similar to ginseng, but milder and more neutral in energy. It increases stamina and alertness and keeps the body and mind strong when under stress.

... continued on page 30

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

63123	GREEN SUPERFOOD PK BR RW	8GR	PAK	2.00	1.75
57520	GREEN SUPERFOOD CH PB	60G	BAR	3.00	2.55
60807	GREEN SUPERFOOD CHOC	7.4	PWD	29.99	25.49
60809	GREEN SUPERFOOD ENERGY	7.4	PWD	29.99	25.49
60811	GREEN SUPERFOOD ORAC	7.4	PWD	29.99	25.49
60810	GREEN SUPERFOOD ORANGE	8.5	PWD	29.99	25.49
60806	GREEN SUPERFOOD ORIG	8.5	PWD	29.99	25.49
60812	GREEN SUPERFOOD RAW RES	8.5	PWD	39.99	33.49
60808	GREEN SUPERFOOD BERRY GRN	8.5	PWD	29.99	25.49
67107	GREEN SUPERFOOD DK CH SLT	1.6	BAR	3.00	2.55
60804	WHEAT GRASS PWD ORGAN	8.5	PWD	26.99	22.94
62149	WHEAT GRASS PWD ORGANI	17Z	PWD	45.99	39.09
60805	WHEAT GRASS PWD PAK AZG	8GM	PAK	2.75	2.33

AMAZING HERBS NUTRACEUTICALS					
60781	BLACK SEED 500 MG	100	CAP	20.65	16.52
60782	BLACK SEED 500 MG SGC	90	SGC	28.00	22.40
61855	BLACK SEED OIL	4Z	LIQ	23.95	19.16

AMERICAN BIOLOGICS					
18090	ADRENAL 160 MG	120	TAB	24.61	19.69
37842	BRAIN POWER ULTRA	90	CAP	56.26	45.01
24913	INFLA ZYME FORTE	500	TAB	123.00	98.40
18086	INFLA ZYME FORTE	180	TAB	48.26	38.61
18085	INFLA ZYME FORTE	90	TAB	28.85	23.08
45089	LITHIUM	100	CAP	11.20	8.96
36979	TAURINE PLUS	1Z	LIQ	30.60	24.48
18094	THYROID	90	TAB	32.25	25.80

AMERICAN BIOSCIENCE					
50633	AVE WHEAT GERM ORANGE	30	PWD	199.95	179.95
44707	HPB HERBAL PROST SUPP	70	VCA	49.95	39.96
36387	IMMPOWER	30	CAP	54.95	43.96

AMERICAN HEALTH					
27111	ACEROLA + 500 MG SUPE	250	TAB	31.49	25.19
44138	ACEROLA + SUPER C 500	100	CHW	16.79	13.43
23863	ACIDOPH CHEW BLUEBERRY	100	CHW	10.49	8.39
51058	ACIDOPH CHW MIXED FLAV	100	CHW	10.49	8.39
22761	ACIDOPH CHW STRAW	100	CHW	10.49	8.39
23835	ACIDOPH LIQ PLAIN	16Z	LIQ	14.19	11.35
51641	ACIDOPH LIQ STRAW	16Z	LIQ	14.19	11.35
38591	APPLE CIDER VINEGAR	200	TAB	9.49	7.59
63724	BLUE GREEN ALGA 500 MG	120	CAP	33.09	26.47
59638	DIGEST HPE	90	VCA	39.99	31.99
24764	E P O 1300 ROYAL BRIT	120	SGC	33.09	26.47
23435	E P O 500 ROYAL BRIT	100	SGC	19.99	15.99
55045	E P O 500 ROYAL BRIT	200	SGC	36.59	29.27
24763	E P O ROYAL BRIT 1300	60	SGC	17.69	14.15
55935	ENZYME PROBIOTIC CMP	90	VCA	20.99	16.79
60848	ESTER C 1000 EFFER PWD	21	PAK	12.99	10.39
54640	ESTER C 1000 MG W/CITR	90	CAP	27.39	21.91

53077	ESTER C 1000 W/BIO TAB	90	TAB	22.09	17.67
53074	ESTER C 1000 W/BIO TB	120	TAB	29.39	23.51
64108	ESTER C 1000 W/BIO VEG	180	TAB	39.99	31.99
59639	ESTER C 1000 W/D3 5000	60	TAB	17.89	14.31
60847	ESTER C 1000 W/PROBIOT	60	TAB	20.99	16.79
53792	ESTER C 250 MG CHW	125	WAF	16.09	12.87
53076	ESTER C 500 MG CAP	120	CAP	17.39	13.91
54971	ESTER C 500 MG TAB VEG	225	TAB	23.19	18.55
53075	ESTER C 500 W/BIO CAP	240	CAP	33.39	26.71
53084	ESTER C 500 W/BIO CAP	120	CAP	18.39	14.71
55845	ESTER C 500 W/BIO CAP	60	CAP	10.59	8.47
53080	ESTER C 500 W/BIO TAB	225	TAB	24.19	19.35
53083	ESTER C 500 W/BIO TAB	90	TAB	12.39	9.91
53081	ESTER C 500 W/BIO VCAP	240	VCA	38.39	30.71
53079	ESTER C 500 W/BIO VCAP	120	VCA	19.99	15.99

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See back page, or www.willner.com

53082	ESTER C 500 W/BIO VCAP	60	VCA	11.89	9.51
55044	ESTER C LIQ 250 MG BER	8Z	LIQ	18.99	15.19
53793	ESTER C W/BIOFLAV PWD	4Z	PWD	17.39	13.91
54990	ESTER C W/BIOFLAV PWD	8Z	PWD	31.59	25.27
57763	ESTER C W/CRANBERRY	90	TAB	17.89	14.31
17131	PAPAYA ENZ PLUS SUPER	180	CHW	13.09	10.47
24445	PAPAYA ENZ PLUS SUPER	360	CHW	21.99	17.59
26518	PAPAYA ENZYME ORIGINAL	600	CHW	20.99	16.79
41641	PAPAYA ENZYME ORIGINAL	12	CHW	0.99	0.79
44115	PAPAYA ENZYME ORIGINAL	100	CHW	5.99	4.79
22544	PAPAYA ENZYME ORIGINAL	250	CHW	10.49	8.39
62268	PAPAYA ENZYME SUPER +	12	CHW	0.99	0.79
33714	PAPAYA ENZYME W/CHLOR	600	CHW	21.99	17.59
25038	PAPAYA ENZYME W/CHLOR	250	CHW	12.09	9.67
57881	PROBIOTIC CD 12 BILL	60	TAB	31.49	25.19
26532	TAM HERBAL LAXATIVE	250	TAB	14.39	11.51

AMERICAN MERFLUAN					
35390	ECO DENT DAILY CARE MT	2Z	PWD	5.99	4.79
28351	ECO DENT DENTAL FLOSS	100	FLO	5.49	4.39
28743	ECO DENT TARTAR GUARD	2Z	PWD	6.79	5.43
29999	MOUTHCARE ULT CLN MINT	8Z	LIQ	8.49	6.79
27951	TPST ECO DENT W/ANISE	2Z	PWD	6.49	5.19

AMERICAS FINEST					
36958	BETA GLUCAN 1 3 500 MG	100	CAP	17.49	17.49
36107	BIOPERINE 5 MG	60	TAB	4.99	4.99
35327	BOSWELLIAN CURCUMINOIDS	90	TAB	25.99	25.99

66877	CURCUMIN C3 CMP 500 MG	90	CPL	25.99	25.99
35328	CURCUMINOIDS 500 MG	90	CAP	23.39	23.39
51079	CURCUMIN C3 CMP 1000 MG	60	CPL	34.99	34.99
38914	FORSLEAN EXTREME	90	CAP	25.99	25.99
35335	HGH DOPA 400	250	CAP	34.99	34.99
36961	INDOLE 3 CARBINOL	60	CAP	14.99	14.99
35332	LACTOSPORE FLORA	60	CPL	7.99	7.99
35336	TRIBULUS 45	60	CAP	13.99	13.99

APOTHECARY PRODUCTS					
40200	MEDTIME PLANNER DELUXE	EA	MIS	10.99	10.99
42024	PILL BOX CONTOUR X-LG	EA	MIS	3.10	2.48
65879	PILL CONTAIN POCK 2PK	2PK	MIS	3.99	3.99
31205	PILL CUTTER	EA	MIS	4.99	4.99
41952	PILL REMIND 14 DAY AL	EA	EA	9.82	7.86
42328	PILL REMIND 7 SIDE LG	EA	MIS	5.19	4.17
59877	PILL REMIND AMPM 3X LK	EA	MIS	8.89	8.89
44754	PILL REMIND DUET XTRA	EA	MIS	6.29	6.29
27544	PILL REMINDER JUM 2XL	EA	BOX	3.95	3.16
28639	PILL REMINDER JUM 3XL	EA	MIS	4.50	3.69
24419	PILL REMINDER LG	EA	BOX	2.50	1.99
27543	PILL REMINDER X-LG	EA	BOX	3.00	2.49
63347	PILL STACKABLE SMALL	EA	MIS	7.49	7.49
61912	TABLET CUTTER POKET	EA	MIS	4.39	4.39

ARTHUR ANDREW MEDICAL					
66176	FLORAPHAGE	90	CAP	69.99	55.99
60917	NEPRINOL	90	CAP	79.99	71.99
60916	NEPRINOL	150	CAP	109.99	98.99
60915	NEPRINOL	300	CAP	199.99	179.99
60920	SYNTOL	90	CAP	59.99	53.99
60918	SYNTOL	360	CAP	169.99	152.99

ASCENTA HEALTH					
57464	NUTRASEA + D	200	LIQ	27.99	27.99
51389	NUTRASEA ORIG LEM 200M	200	LIQ	26.99	26.99
51390	NUTRASEA ORIGINAL 500M	500	LIQ	49.99	49.99
59722	NUTRAVEGE 200 ML	200	LIQ	37.99	37.99

AT LAST NATURALS					
32425	MSM CRM	2Z	CRM	9.29	7.43
33453	SOAP MSM MOIST BAR	3Z	BAR	6.29	5.03
28592	VAGINAL MOISTURIZING GL	1.5	GEL	9.79	7.83
28593	WILD YAM CREAM	2Z	CRM	17.79	14.23

AUBREY ORGANICS					
62971	AGE DEFY THERAP CLEANS	3.4	LIQ	14.95	14.95
51510	AGE DEFY THERAP SERUM	10M	LIQ	14.95	14.95
66154	CALM SKIN THERAP MOIST	50M	CRM	22.50	22.50
63696	CALMING SKIN CLEANSER	3.4	LIQ	14.95	14.95
66359	CLARIFY THERAP MOIST	50M	CRM	16.95	16.95
66155	CLEAR SKIN CMP CLAR TH	22M	GEL	9.99	9.99

44024	COLLAGEN TCM MOISTURIZ	2Z	CRM	22.50	22.50
66158	CONDIT GREEN TEA MAND	11Z	LIQ	10.93	10.93
66358	CONDIT ROSA MOSQUETA	11Z	LIQ	14.99	14.99
40282	CONDITIONER GPB	16Z	LIQ	17.83	17.83
42775	DEOD ROLL ON E/HIGH C	3Z	ROL	7.50	7.50
51134	HAND BODY LOT EPO	8Z	LOT	13.95	13.95
43987	HAND BODY LOT ROS MASO	8Z	LOT	12.95	12.95
62970	MOIST REVITAL THERAPY	1.7	CRM	22.50	22.50
64166	REVITAL THERAPY CLNS	3.4	LIQ	14.95	14.95
56272	REVITAL THERAPY SERUM	.36	OIL	12.98	12.98
40279	SHAMPO HERBAL PRIM TTO	16Z	LIQ	13.70	13.70
66228	SHAMPOO GREEN TEA	11Z	LIQ	10.48	10.48
40292	SHAMPOO HERBAL ROSA	11Z	LIQ	9.98	9.98
66229	SHAMPOO HONEYBUCK ROSE	11Z	LIQ	10.48	10.48
45471	SHAMPOO JAY	11Z	LIQ	10.78	10.78
40278	SHAMPOO JAY JOJOBA ALO	16Z	LIQ	15.48	15.48

AURA CACIA					
26416	ALMOND OIL SWEET	4Z	LIQ	5.60	4.48
23833	ALMOND OIL SWEET 16OZ	16Z	LIQ	17.45	13.96
62999	ARGAN DAY FACE OIL SER	1Z	LIQ	19.99	15.99
61089	ARGAN OIL SPRAY	1Z	SPY	14.99	



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*This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Licorice works as a limbic (emotional) brain tonic and tonifies the stress axis (hypothalamus, pituitary, adrenal axis). Researchers have found a compound in licorice known as carbenoxolone inhibits an enzyme in the brain involved in making stress-related hormones which have been associated with age related mental decline.

Phyto-Tech™ Brain Bio Boost Complex cannot be expected to work overnight and is best if used consistently for at least 2 weeks. It can be continued as a long-term tonic, especially in the elderly.

Dosage: 20-40 drops in juice or water, 2-3 times daily or as needed

Cautions and Contraindications: While interaction unlikely, those taking prescription blood thinners, or MAO inhibitors should advise their physicians. Do not take during pregnancy, if nursing, or preparing for surgery. The amount of licorice in this formula is theoretically too low to affect blood pressure, but those with high blood pressure should monitor their BP as a precaution.

Burdock Root

Burdock root is a gentle liver and blood cleanser, especially useful for toxic skin disorders. Recent evidence supports its historic role in treating diabetes. It is an ingredient in various popular cancer remedies.

1 fl oz - Prod Code: 57061

Who would benefit from this product?

• Those with skin conditions such as eczema, acne, and psoriasis. Historically, Burdock has been used to treat diabetes, and it is a common ingredient of several popular cancer remedies (EssiacR and HoxseyR). Burdock Root has been widely recommended to diabetic patients by healthcare professionals.

Burdock Root is considered safe. In Japan, burdock is considered a "vegetable," and consumed as such.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

Phyto-Tech™ Burdock Root contains 667 mg certified organic burdock root per 30 drops.

California Poppy 1:3

California poppy has been used as a sedative to relieve insomnia and nervousness.

1 fl oz - Prod Code: 57643

In an article by Abascal K, Yarnell E., Nervine herbs for treating anxiety (*Altern Compliment Ther.* 2004 December:309-315.), the authors discussed California poppy. They first pointed out that "anxiety disorders are common in many Western countries, and conventional drugs like benzodiazepines are often prescribed to relieve anxiety. However, these drugs have worrisome short-term and long-term side effects. Nervine herbs (herbs that quiet nervous excitement) have a long history of traditional use in relieving anxiety, insomnia, and mild depression. With the exception of St. John's wort (*Hypericum perforatum*), kava (*Piper methysticum*), and valerian (*Valeriana officinalis*), there is little published research on the safety and efficacy of nervine herbs. The purpose of this article was to review the available research and explain how the lesser-known nervine herbs are commonly used in practice." One of those "lesser-known nervine herbs" was California poppy. They made the following observation: "California poppy (*Eschscholzia californica*) is used for its mild analgesic and calming effects. Unlike the opium poppy (*Papaver somniferum*), it has no narcotic effects. Animal studies indicate California poppy tea reduces anxiety, acts as a mild analgesic, and helps prevent drug-induced memory loss. Most herbal practitioners combine lower doses of California poppy with other nervines to relieve anxiety. Researchers studied a combination of California poppy, hawthorn flower (*Crataegus laevigata*), and magnesium in 264 people with mild to moderate anxiety.

Those taking the herb mixture had significantly improved anxiety symptoms after three months compared to those taking placebo. Hawthorn is primarily used for heart conditions and is not usually considered a nervine. However, it may help alleviate anxiety symptoms such as heart palpitations and increased blood pressure. "

Calming Complex

This supplement, "designed for children", exerts a sedative and calming action appropriate for daytime use. It can also be used at night to help induce sleep.

1 fl oz - Prod Code: 56996

Who would benefit from this supplement?

• Children who are hyperactive, anxious, obsessive compulsive, ADHD or insomnia.

Phyto-Tech™ Child Friendly Calming Complex contains the following herbs: Chamomile Flower, Valerian Root, Hops Strobiles, Lobelia Herb, Vegetable Glycerin, Pure Dionized Water.

Phyto-Tech™ Child Friendly Calming Complex can be used during the day to help calm down an excitable child. It can be used as a daily tonic or on an as needed basis. It can also be used at night (10-30 minutes before bed time) to help bring on sleep. Typically, it will not make a child sleepy when used in the daytime. It is a strong yet gentle central nervous system and adrenaline calmer. It will help slow down a hyperactive child to increase focus in the day. It can also be used for situations that create anxiety and stress, ranging from airline flights and car trips to difficult family situations to performance anxiety. Phyto-Tech™ Child Friendly Calming Complex will also function as a mild analgesic, and take the edge off muscle pain and tension. It will help spasms, cramping, colic pain and gas pain.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

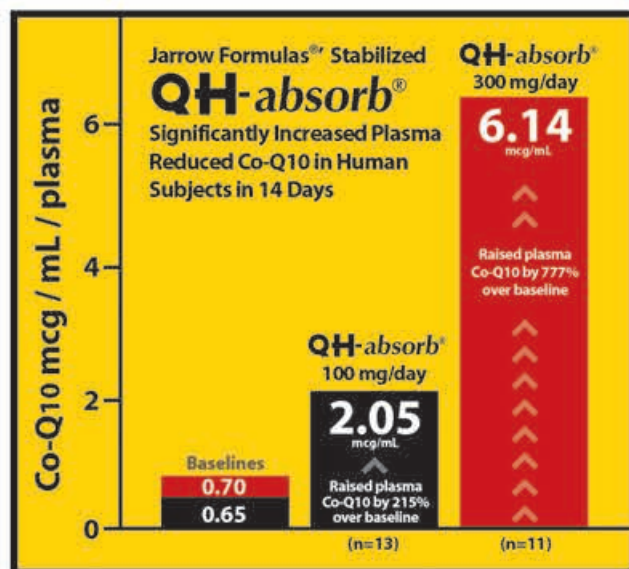


23873	LEMONGRASS ESS OIL	.5Z	LIQ	6.39	5.11	59996	SHAMPOO TTO SCALP TRMT	11Z	LIQ	10.59	8.47	42074	WALNUT 20 ML	20	LIQ	19.99	15.99	15094	MUCUS RELIEF BRONCHIT	100	TAB	11.99	9.59
63165	MEDIEVAL MIX	.5Z	LIQ	10.99	8.79	50861	SHAVE CRM LAVENDER	8Z	CRM	8.59	6.87	41780	WATER VIOLET 20ML	20	LIQ	19.99	15.99	15128	NAUSEA	100	TAB	11.99	11.99
63390	MOTIVATING YOGA MIST	4Z	SPY	9.99	7.99	BABO BOTANICALS						41882	WHITE CHESTNUT 20ML	20	LIQ	19.99	15.99	61174	NEURALGO RHEUM	100	TAB	30.49	30.49
23934	MYRRH ESSENT OIL	.5Z	LIQ	22.59	18.07	62043	BUBBLE BATH SHMP WASH	13.	LIQ	15.99	12.79	42339	WILD OAT 20 ML	20	LIQ	19.99	15.99	15134	SINUS	100	TAB	11.99	9.59
61892	PANIC BUTTON MIST	2Z	SPY	7.99	6.39	62046	SHAMPOO WASH BABY OAT	8Z	LIQ	14.59	11.67	17224	WILD ROSE 20ML	20	LIQ	19.99	15.99	15137	SPASM-PAIN	100	TAB	11.99	11.99
24303	PATCHOULI	.5Z	LIQ	19.79	15.83	62047	SHAMPOO WASH CUC ALOE	8Z	LIQ	14.59	11.67	17227	WILLOW 20ML	20	LIQ	19.99	15.99	15177	T RELIEF (TRAUMEEL)	100	TAB	11.99	10.79
61893	PEP TALK MIST	2Z	SPY	7.99	6.39	62045	SPRAY COND LICE REPEL	8Z	SPY	15.99	12.79	BARLEANS						20439	T RELIEF (TRAUML OINT)	50G	ONT	11.99	10.79
21993	PEPPERMINT ESS OIL 15ML	.5Z	LIQ	8.99	7.19	BACH FLOWER REMEDIES						65627	T RELIEF ARTHRITS OINT	50	ONT	11.99	11.99	20531	T RELIEF ORAL DROPS	50	LIQ	11.99	10.79
28650	PINE OIL	.5	LIQ	7.99	6.39	44901	AGRIMONY	20M	LIQ	19.99	15.99	54941	BERRY GREENS 9.4	9.4	PWD	45.87	45.87	20531	T RELIEF ORAL DROPS	50	LIQ	11.99	10.79
63391	PURIFYING YOGA MIST	4Z	SPY	9.99	7.99	17149	ASPEN 20ML	20	LIQ	19.99	15.99	45627	BREVAIL	30	CAP	21.63	21.63	66349	T RELIEF SPASM	100	TAB	11.99	11.99
66796	ROMAN CHAMOMILE JOJOBA	.5Z	LIQ	10.99	8.79	17151	CENTAURY 20ML	20	LIQ	19.99	15.99	42701	E P O 1300 MG	120	SGC	35.67	35.67	20537	T RELIEF TRAUMEEL OINT	100	ONT	22.99	20.69
66797	ROSE ABS JOJOB ESS OIL	.5Z	LIQ	14.99	11.99	42004	CERATO 20ML	20	LIQ	19.99	15.99	61051	FLAX OIL ORANGE FLAVOR	250	SGC	28.08	28.08	15179	T RELIF ARTHRIT (ZEEL)	100	TAB	11.99	11.99
63001	ROSEHIP DP FACE OIL SR	1Z	LIQ	19.99	15.99	42243	CHERRY PLUM 20 ML	20	LIQ	19.99	15.99	51566	FLAX OIL	12Z	LIQ	17.27	17.27	15140	THROAT	100	TAB	14.49	14.49
61092	ROSEHIP OIL SPRAY	1Z	SPY	12.99	10.39	42244	CHESTNUT BUD 20 ML	20	LIQ	19.99	15.99	51567	FLAX OIL	16Z	LIQ	22.18	22.18	53119	THROAT RELIEF REBOOST	20M	SPY	11.99	10.79
23831	SAGE OIL .50Z	.5Z	LIQ	9.99	7.99	42005	CHICORY 20ML	20	LIQ	19.99	15.99	35862	FLAXSEED OIL HIGH LIGN	16Z	LIQ	22.68	22.68	41589	TRAUMEEL GEL	50G	GEL	11.99	10.79
63392	SENSUAL SACRAL ARO STK	.31	STK	15.99	12.79	17156	CLEMATIS 20ML	20	LIQ	19.99	15.99	30470	FLAXSEED OIL HIGH LIGN	12Z	LIQ	17.85	17.85	20533	VOMITUSHEEL 50ML	50	LIQ	28.49	28.49
56176	SPEARMINT	.5Z	OIL	6.19	4.95	17157	CRAB APPLE 20ML	20	LIQ	19.99	15.99	30467	FLAXSEED OIL HIGH LIGN	32Z	LIQ	43.25	43.25	53402	WELLMIND TENSION REL BH	100	TAB	11.99	11.99
23726	SWEET ORANGE ESS OIL	.5Z	LIQ	4.19	3.35	42567	ELM 20 ML	20M	LIQ	19.99	15.99	37658	FLAXSEED OIL LIGNAN	250	SGC	32.25	32.25	BIO GENESIS					
61093	TAMANU OIL SPRAY	1Z	SPY	15.99	12.79	42245	GENTIAN 20 ML	20	LIQ	19.99	15.99	37657	FLAXSEED OIL LIGNAN	100	SGC	13.25	13.92	44039	BIO INFLAMMATORY	150	CAP	42.29	38.06
63002	TAMANU SOOTH FACE OIL	1Z	LIQ	19.99	15.99	17173	GORSE 20ML	20	LIQ	19.99	15.99	43829	FORTI FLAX	16Z	PWD	8.42	8.42	43710	DIABETONE PLUS	90	VCA	54.69	43.75
23871	TEA TREE OIL	.5Z	LIQ	8.69	6.95	45181	HEATHER 20 ML	20M	LIQ	19.99	15.99	66636	OMEGA SWIRLS PINA COLA	16Z	LIQ	29.37	29.37	43204	INTESTINAL REPAIR CAP	120	VCA	49.19	39.35
23872	THYME RED ESS OIL	.5Z	LIQ	14.99	11.99	43568	HOLLY 20 ML	20M	LIQ	19.99	15.99	64055	OMEGA TWIN 1000 MG	60	SGC	17.25	17.25	44569	PHYTO IMMUNE	60	CAP	30.99	24.79
23874	WINTERGREEN ESS OIL	.5Z	LIQ	6.65	5.32	42341	HONEYSUCKLE 20 ML	20	LIQ	19.99	15.99	34062	OMEGA TWIN FLAX BOR LG	12Z	LIQ	31.20	31.20	BIO K PLUS					
26779	YLANG ESSENTIAL OIL	.5	LIQ	14.99	11.99	42711	HORNBEAM 20 ML	20	LIQ	19.99	15.99	BELL LIFESTYLE PRODUCTS						50585	BIO K PLUS CL1285 D/F	6PK	LIQ	28.89	26.01
AUROMERE						42890	IMPATIENS 20ML	20M	LIQ	19.99	15.99	BHI HEEL						50583	BIO K PLUS CL1285 ORIG	6PK	LIQ	31.09	27.98
67172	MOUTHWASH AYURVEDIC	12Z	LIQ	11.79	9.43	42546	LARCH	20	LIQ	19.99	15.99	67031	AMORA FOR WOMEN	120	CAP	39.95	39.95	60837	BIO-K CAP 25 BILLION	15	CAP	23.69	21.33
67171	NEEM PICKS AYURVEDIC	100	PIK	3.99	3.19	42338	MIMULUS 20 ML	20	LIQ	19.99	15.99	67033	CLEAR SKIN	90	CAP	29.95	29.95	55900	BIO-K PLUS BKP/6	6PK	LIQ	28.89	26.01
45044	TPST FRESHMINT	4.1	TUB	7.29	5.83	42171	MUSTARD 20 ML	20M	LIQ	19.99	15.99	BIO NUTRITION						61969	MORINGA 5000 MG SUPER	60	VCA	19.99	15.99
AVALON						42588	OAK	20	LIQ	19.99	15.99	65361	MORINGA LEAF PWD ORGNI	300	PWD	19.99	15.99	BIO NUTRITIONAL					
38113	BATH & SHOWER GEL LAVN	12Z	LIQ	10.49	8.39	41781	OLIVE 20ML	20	LIQ	19.99	15.99	65338	CARALLUMA 1000 MG	60	VCA	14.99	11.99	10417	ALOE ACE	4Z	LIQ	28.95	23.16
56008	C FACIAL SERUM	1Z	SER	25.59	20.47	17197	RED CHESTNUT 20ML	20	LIQ	19.99	15.99	62775	GARCINIA CAMBOGIA 500	60	VCA	15.99	12.79	26175	CLARKIA 100	2Z	LIQ	43.95	35.16
55144	C HYDRATE CLNS MILK	8.5	CRM	12.59	10.07	63294	RESCUE ENERGY	7ML	LIQ	15.09	12.07	61794	GREEN COFFEE BEAN 800	50	CAP	29.99	23.99	21178	ESTER C 550 MG TAB	200	TAB	22.95	18.36
55145	C RENEWAL CREAM	2Z	CRM	21.99	17.59	58969	RESCUE REMED PAST BL C	50	LOZ	9.19	7.35	61969	MORINGA 5000 MG SUPER	60	VCA	19.99	15.99	22924	OSTEO GEST	180	CAP	23.95	19.16
65391	COND BIOTIN B COMPLEX	14Z	LIQ	10.99	8.79	17198	RESCUE REMEDY 10ML	10	LIQ	15.89	12.71	65361	MORINGA LEAF PWD ORGNI	300	PWD	19.99	15.99	BIO STRATH					
59997	COND TTO SCALP TRMT	11Z	LIQ	10.59	8.47	17199	RESCUE REMEDY 20ML	20	LIQ	22.69	18.15	24378	BIO STRATH ORIG	100	TAB	28.99	23.19	17246	BIO STRATH ORIG 3.4 OZ	.4Z	LIQ	16.99	13.59
38115	CONDITIONER LAVENDER	11Z	LIQ	10.59	8.47	59020	RESCUE REMEDY CRM	30G	CRM	12.49	9.99	17247	BIO STRATH ORIG 8.4 OZ	.4Z	LIQ	28.99	23.19	BIO TECH					
56328	CONDITIONER PEPPERMINT	11Z	LIQ	10.59	8.47	57418	RESCUE REMEDY KIDS A/F	10M	LIQ	16.99	13.59	51102	B6 FOLIC ACID B12 METH	100	CAP	23.00	20.70						
38382	CONDITIONER ROSEMARY	11Z	LIQ	10.59	8.47	53441	RESCUE REMEDY PASTLLE	50	LOZ	9.19	7.35	52112	CARNITINE 400 MG	100	CAP	64.00	57.60						
39632	COO10 FACIAL CLN CRM	8.5	CRM	12.99	10.39	58706	RESCUE REMEDY PET	10M	LIQ	19.29	15.43	14778	CESIUM 500	100	CAP	68.00	61.20						
37287	COO10 WRINKLE CRM	1.7	CRM	25.99	20.79	52385	RESCUE REMEDY SLEEP	7ML	SPY	15.89	12.71												
37347	COO10 WRINKLE SERUM	.55	CRM	26.99	21.59	56698	RESCUE REMEDY SLEEP BFR	20	SPY	22.69	18.15												
39633	FIRMING LOT COO10 ORG A	8Z	CRM	17.99	14.39	41495	RESCUE REMEDY SPRAY	20	SPY	22.69	18.15												
44376	HAND & BODY LOT LAVEN	12Z	LOT	11.99	9.59	52590	RESCUE REMEDY SPRAY 7 M	7ML	SPY	14.69	11.75												
61551	HAND & BODY LOT LEMON	12Z	LOT	11.99	9.																		

More ~~Less~~ is More



QH-absorb® delivers Co-Q10 benefits in **LESS** time and at **HIGHER** levels!



Our clinical studies confirm that 300 mg of our proprietary QH-absorb® per day raised plasma Co-Q10 levels by 777% over baseline in humans. This represents the greatest increase in Co-Q10 levels ever achieved.*

Co-Q10 plays an essential role in the production of energy in every cell in the human body, but standard Co-Q10, ubiquinone, must be reduced to ubiquinol to be physiologically active.*

Jarrow Formulas® QH-absorb® is the “reduced” – antioxidant-form of Co-Q10 that is proprietary, stabilized and ready for absorption!*

Jarrow Formulas® QH-absorb® offers tremendously improved bioavailability over all other tested Co-Q10 supplements, both ubiquinone and ubiquinol.*

- QH-ABSORB®, 100 MG, 60 SOFTGELS - JRW53091
- QH-ABSORB®, 100 MG, 120 SOFTGELS - JRW59922
- QH-ABSORB®, 200 MG, 30 SOFTGELS - JRW55162
- QH-ABSORB®, 200 MG, 60 SOFTGELS - JRW59935
- QH+PQQ, 30 SOFTGELS - JRW63121

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Dosage (by Weight):

10-30 lb. Use 10-20 drops; 31-60 lb. Use 20-40 drops; 61-100 lb. Use 40-60 drops; Over 100 lb. Use 60-90 drops. Administer 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK.

Cautions: If a child is taking a prescription sedative, consult with the doctor, and take lower herbal doses.

Candida Complex

An Alterative Formula, with Anti-Fungal and Anti-Infective Properties. Clinically developed specifically for those with chronic candida and yeast infections.

1 fl oz - Prod Code: 57730

Please Note: Chronic Candidiasis is not commonly recognized as a medical condition by conventional medicine; any diagnosis and/or treatment of this condition should be supervised by a health professional. This product is not intended to treat, cure or mitigate disease.

James Duke, Ph.D., in his book *The Green Pharmacy*, makes the following comment on Black walnut (*Juglans nigra*.)

"Kathi Keville, author of *The Illustrated Herb Encyclopedia and Herbs for Health and Healing*, a California Herbalist whom I admire, recounts one impressive study showing that the fresh husk of the black walnut destroyed candida better than a commonly prescribed antifungal drug . . ."

"Recurrent or chronic infections, including chronic candidiasis, are characterized by a depressed immune system. A repetitive cycle makes it difficult to overcome chronic candidiasis: a compromised immune system leads to infection, and infection leads to damage to the immune system, further weakening resistance." (Murray and Pizzorno, *Encyclopedia of Natural Medicine*)

Enhanced immune system function may be the most important component of treating this condition.

Dosage: Take 30 drops 3 times a day in water before meals. Each serving (30 drops) contains the following: Fresh Black Walnut Hull 150 mg, Fresh Spilanthes Flower 75 mg, Usnea Lichen 67 mg, Pau D'Arco Bark 67 mg, Oregon Grape Root 50 mg, Gentian Root 33 mg, Fennel Seed 17 mg, Tea Tree Oil 3 mg, Oregano Oil 1 mg, Grain Alcohol, Deionized Water.

Cascara Sagrada

Cascara sagrada, obtained from the dried bark of *Rhamnus purshianus* (Rhamnaceae), is traditionally used as a laxative and detoxification agent.

90 Veggie Caps - Prod Code: 60124

Who would benefit from this supplement?

Those suffering from occasional constipation. Like any "stimulant" laxative, it is not intended for long term or chronic use.

Dosage: Traditional dosage of the dried bark is 300 to 1000 mg taken at bedtime. This is equivalent to one or two capsules. Start with one capsule. The appropriate amount of cascara is the smallest dose that is necessary to maintain soft stools.

Each capsule contains 420 mg of full-spectrum, wildcrafted Cascara sagrada bark.

Cayenne 1:5

Cayenne is a spice derived from various species of *Capsicum*. As such, it adds color, pungency and aroma to foods consumed throughout the world.

1 fl oz - Prod Code: 57054

Chamomile Flowers

Chamomile is traditionally used for its mild relaxing effect. It calms, soothes and supports the nervous system.

1 fl oz - Prod Code: 57067

Who would benefit from this supplement?

• Those with stress, anxiety, stomach upset due to nervousness, and mild insomnia.

Phyto-Tech™ Chamomile Flower is traditionally used as a mild relaxing herb for mild insomnia, anxiousness and stomach upset from nervousness. It is a gentle sedative to the central nervous system and can calm one down. It is best when one wants a gentle relaxing herb to gently help them to sleep or to simply relax during the day. It will not make one sleepy like Valerian can, nor will it reduce pain as well as skullcap. It is suitable for children, those who are very sensitive to sedatives and for the elderly. It is especially soothing in a warm cup of water at bedtime.

Chamomile can be used for digestive upset from nervous eating or overeating. It can soothe upset tummies from overeating junk foods.

It has also been used for teething infants and children who need a little pain relieving action. Dilute amounts are added to water, milk or juice in amounts suitable to the weight of the child.

Dosage: Use 10-20 drops for a 30 pound child, 25-30 drops for a 60 pound child and an adult dose above these weights. Phyto-Tech™ Chamomile Flowers contains 333 mg certified organic Chamomile in 30 drops.

. . . continued on page 34

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healthnotes

Green Tea EGCG and Down Syndrome

Those with Down syndrome may have delayed physical growth, common facial features, and be cognitively immature. In this study, 84 people aged 16 to 34 with Down syndrome took a placebo or 4 mg of decaffeinated green tea epigallocatechin gallate (EGCG) per pound of bodyweight per day. Both groups received weekly online cognitive training.

After 12 months, compared to placebo, those taking EGCG were better able to

remember and distinguish between objects, could more easily resist distraction, had greater ability to understand conceptual thinking, and could better function in social situations and use practical everyday skills. In reviewing brain scans, doctors also found greater connectivity between nerve cells.

Reference: *Lancet Neurology*; 2016, Vol. 15, No. 8, 801-10

Additional Comments from Sam Forbes, CN

EGCG, the flavonoid from green tea, has been studied for an impressive number of health benefits. In addition to the neuro-protective and cognitive effects, EGCG from green tea has been investigated for prevention of cancer and cardiovascular diseases, for fat burning, anti-obesity, anti-diabetic, anti-inflammatory, antibacterial, antioxidant, antiviral, and cholesterol-lowering effects. It's worth noting that flavonoids from other plants such as blueberry, grape, and cacao (chocolate) are also known to

enhance memory and cognition. Flavonoids do this by protecting neurons from injury, protect against neurotoxins, suppress neuroinflammation, and stimulate neuronal regeneration. It's good to know that something can be helpful for people with Down's syndrome. I'm wondering how a combination of natural brain enhancing compounds would do in a study like this. Supplements like Alpha GPC, Phosphatidylserine, Bacopa, Acetyl-L-carnitine, and DHA might be worth a try.

Willner Chemists offers a flavonoid rich blend of powerful antioxidant herbs in a formula called **Phyto-Tech™ Antiox Phyto Complex II**. Antiox Phyto Complex II capsules contain extracts of Green Tea, Acai Berry, Mangostine, Goji Berry, Pomegranate, Grape Skin, and Grape Seed for maximum cellular protection and brain health.

If liquid is your preference use: **Phyto-Tech™ Green Tea Guo**, 1oz, Product Code: 56944, with **Phyto-Tech™ Antiox Phyto Blend** liquid 1oz, Product Code 57551.

See pages 9, 16 and 60 in this newsletter for more details about these products.

New Formula! Higher Potency, Vegetarian Capsule Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan. 3 - Feb. 10

WILLNER CHEMISTS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.



Nothing beats feeling Alive!®



Made with Vitamins, Minerals, Orchard Fruits,[™] Garden Veggies,[™] B-Vitamins & More
Look for our complete line of Alive! formulas available in Adult, Women's, Women's 50+, Men's, Men's 50+ & Children's.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡Alive!® Multi-Vitamins provide 60 – 200 mg fruit/vegetable powder per serving.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Chaste Tree Berry

Chaste Tree helps to balance the female cycle and supports proper progesterone levels.

1 fl oz - Prod Code: 56989

Who would benefit from this supplement:

• Women with progesterone deficiency, PMS, menopause related problems, and infertility.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water

Phyto-Tech™ Chaste Tree Berry contains 500 mg of certified organic chaste tree berry in 30 drops.

Complimentary Formulas:

- Phyto-Tech™ Menses Complex (for PMS related problems)
- Phyto-Tech™ Menopause Complex (for Menopausal symptoms)
- Phyto-Tech™ Fertility Complex (if infertile, trying to become pregnant)
- Phyto-Tech™ Dong Quai Root (if estrogen deficient)
- Phyto-Tech™ Black Cohosh Root (for hot flashes, cramps)

Chinese Red Ginseng

Ginseng is the premier adaptogenic, immunomodulating herb. Chinese Red Ginseng (Panax ginseng) is more "stimulating" or warming than American Ginseng.

1 fl oz - Prod Code: 57023

Who would benefit from this supplement?

• Those suffering from fatigue, burn-out, frequent illness, depression. Red Chinese Ginseng is thought to increase vigor, energy, vitality and resistance to illness and environmental or external stress. It is often the preferred adaptogenic herb for the elderly.

Supplemental Information:

Phyto-Tech™ Chinese Red Ginseng increases vigor, energy,

vitality and resistance to illness and environmental stresses. It is best for those who are depleted and are low on passion in life. It is also indicted for those working too hard and are afraid of burn out. Red Chinese Ginseng will increase the stress hormone ACTH from the pituitary that helps the body adapt to stress. When stress is initiating the breakdown on one's innate weakness (genetic, constitutional, predispositional tendencies), Red Chinese Ginseng will help the body to cope and therefore assist in many chronic diseases, especially if debilitating and wasting.

Phyto-Tech™ Chinese Red Ginseng is not for those in their prime of life who are full of fire, the Type-A personality. It is for those who used to be that way and are now not what they used to be. It helps in the aging process to stay alert, youthful, energetic and adaptive to environmental changes. It is immunomodulating and keeps the immune system firing on all levels.

Phyto-Tech™ Chinese Red Ginseng is a tonic for the 21st century with the fast paced life style that creates accelerated wear and tear. It gives more mileage to the body. Phyto-Tech™ Chinese Red Ginseng should be considered for depression in the elderly who might not be chemically depressed in a St. John's Wort way (serotonin), but need some energy to process life with more passion and enjoyment. It is synergistic with Ginkgo for the elderly.

Phyto-Tech™ Chinese Red Ginseng is a more yang or warming and stimulating ginseng than the American. Eleuthero Root (sometimes referred to as Siberian Ginseng) is not a true Ginseng and is considered neutral, not warming or cooling.

Dosage: 15-45 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer).

Phyto-Tech™ Chinese Red Ginseng contains 333 mg of imported Chinese Red Ginseng per 30 drops.

Chlorophyll Extract

Often considered the "blood" of plants, chlorophyll is structurally similar to hemoglobin. It has a protective and detoxification action.

1 fl oz - Prod Code: 56977

Who would benefit from this supplement?

- Those with heavy metal toxicity and those looking for cleansing and detoxification properties.
- Those with bad breath and body odor.
- Those suffering from fatigue and those with slow healing wounds.

Dosage: 15-30 drops in water or juice, 1-2 time daily, or as needed

Phyto-Tech™ Chlorophyll provides 100 mg Chlorophyll, from Mulberry leaf, per 30 drops.

Supplemental Information:

Chlorophyll is the sunlight collecting molecule in plants that gives them their green pigment. Plants use chlorophyll to collect light needed for photosynthesis. Through photosynthesis Chlorophyll molecules have the ability to convert solar energy into chemical energy by manufacturing carbohydrates from carbon dioxide and water.

Chlorophyll is often referred to as the "blood" of plants. Interestingly, Chlorophyll molecules are structurally very similar to human hemoglobin molecules. The difference between the two being that Chlorophyll carries Magnesium at its center and hemoglobin carries iron at its center. Like iron, Chlorophyll helps the body build red blood cells and thus increases oxygen availability. It energizes and revitalizes the body and is helpful for fatigue, shortness of breath, asthma, altitude sickness and intense physical exertion.

Chlorophyll acts as an internal deodorizer and is helpful for people with halitosis (bad breath) and body odor. It can be used as an aid to reduce digestive tract odor from a colostomy.

... continued on page 38

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

58713	CRM CHROM POLINICOT	100	CAP	13.60	12.24	54940	MINAPLEX	1Z	LIQ	18.25	16.43	54859	BAO SHI ORIG HAIR NUTR	90	CPL	31.99	25.59	21388	BIO MULTI + FE/CU FREE	90	TAB	23.50	21.15
51254	D 3 50	100	CAP	30.00	27.00	44855	NEUROTOX	1Z	LIQ	16.25	14.63	54858	BAO SHI WOMEN HAIR NTR	120	CPL	37.99	30.39	34014	BIO MULTI + FE/CU FREE	270	TAB	60.90	54.80
44893	D MAINNOSE CAP	100	CAP	35.00	31.50	44540	OCCULOPLEX G	1Z	LIQ	16.25	14.63	BIONORICA				21324	BIO PROTECT	90	CAP	24.90	22.40		
36251	D MAINNOSE PWD 100 GRAM	100	PWD	50.00	45.00	52366	OLIGO BIO IODINE	1Z	LIQ	16.25	14.63	57890	SINUPRET KIDS SINUS	100	LIQ	19.99	15.99	61930	BIO PROTECT	270	CAP	68.00	51.20
54618	D3 1000 IU	100	CAP	7.00	6.30	50140	OSTEOFORCE	1Z	LIQ	16.25	14.63	57891	SINUPRET PLUS TAB SINUS	25	TAB	19.99	15.99	21311	BIOCTASOL FORTE	90	TAB	16.90	15.21
58573	D3 1000 IU	250	CAP	14.50	13.05	59342	OSTEOPLEX	1Z	LIQ	16.25	14.63	57892	SINUPRET PLUS TAB SINUS	50	TAB	34.99	27.99	53027	BIODOPH 7 PLUS	60	CAP	33.90	30.50
26959	D3 5 5000 CAP	100	CAP	7.30	6.57	44980	PRE/POST SURGERY	1Z	LIQ	16.25	14.63	BIOTICS				21327	BROMELAIN + CLA	100	TAB	19.80	17.82		
59990	D3 5 5000 IU	250	CAP	15.70	14.13	54201	RADIATION	1Z	LIQ	16.25	14.63	63190	5 HTP	150	CAP	36.50	32.85	39251	BUTYRIC CAL MAG	180	CAP	39.90	35.90
51183	D3 50	12	CAP	18.00	16.20	45201	RENOTOX	1Z	LIQ	16.25	14.63	65122	5 HTP PLUS FORTE	90	CAP	47.50	42.75	58787	C CAL MAG PWD	220	PWD	21.90	19.51
55858	FOLIC ACID 5 MG	100	CAP	12.00	9.60	54731	RHEUMATISM HP	1Z	LIQ	20.12	18.11	65122	5 HTP PLUS FORTE	60	CAP	47.50	42.75	42239	CAL D GLUCARATE	120	CAP	47.00	42.30
14729	LACTO PECTIN	100	CAP	19.70	17.73	51965	SCIATICA HP	1Z	LIQ	20.12	18.11	65122	5 HTP PLUS FORTE	90	CAP	47.50	42.75	21331	CAL MAG ZYME CAP	90	CAP	17.50	15.75
23164	LITHATE 5MG	100	CAP	19.40	17.46	43291	SINUFORCE	1Z	LIQ	16.25	14.63	38912	A D P	60	TAB	22.60	20.34	38912	CAPRIN	100	CAP	22.90	20.61
56109	MK 7 150 MCG	100	CAP	57.90	46.32	51022	SOLUPLEX	1Z	LIQ	18.25	16.43	25477	A D P	120	TAB	43.30	39.97	44103	CHLORELLA	180	CAP	22.50	20.25
14705	PROS TECH PLUS	100	CAP	23.10	20.79	51504	SOLUPLEX	2Z	LIQ	23.90	21.51	59576	ACETYL L CARNITINE	90	CAP	39.70	35.73	21340	CHLOROCAPS	90	CAP	26.90	24.21
BIOACTIVE NUTRITIONAL						51731	SOMEMESE	1Z	LIQ	16.25	14.63	45560	ADBS PLUS	90	TAB	24.80	22.32	21338	CHONDRO +	120	TAB	35.00	31.50
43433	ACETYLCOLINE CHLORIDE	1Z	LIQ	17.42	15.68	42887	THYROID HP	1Z	LIQ	20.12	18.11	BIONORICA				39643	CHONDROSAMINE PLUS	90	CAP	36.00	32.40		
44914	ADRENOPLEX	1Z	LIQ	16.25	14.63	44542	THYROID PLEX	1Z	LIQ	16.25	14.63	57890	SINUPRET KIDS SINUS	100	LIQ	19.99	15.99	21344	COLON + CAP	120	CAP	19.50	17.55
43473	ALLERGEN 1	1Z	LIQ	16.25	14.63	44541	THYROTONIC	1Z	LIQ	16.25	14.63	57891	SINUPRET PLUS TAB SINUS	25	TAB	19.99	15.99	23705	COQ ZYME 30	60	TAB	26.00	23.40
43977	ALLERGEN II	1Z	LIQ	16.25	14.63	52368	VAX	1Z	LIQ	16.25	14.63	57892	SINUPRET PLUS TAB SINUS	50	TAB	34.99	27.99	63647	COOZYME 100 PLUS	60	CAP	52.50	47.25
45599	ARTHRITIS HP	1Z	LIQ	20.12	18.11	50182	VENOFORCE II	1Z	LIQ	16.25	14.63	21350	CYTOZYME AD	60	TAB	18.50	16.65	21350	CYTOZYME AD	60	TAB	18.50	16.65
52363	ASTHMAFORCE	1Z	LIQ	16.25	14.63	43902	VERMEX	1Z	LIQ	16.25	14.63	21351	CYTOZYME AD	180	TAB	49.00	44.10	21351	CYTOZYME AD	180	TAB	49.00	44.10
44483	BAC	1Z	LIQ	16.25	14.63	43289	VIROTOX	1Z	LIQ	16.25	14.63	21358	CYTOZYME M	60	TAB	16.70	15.03	21358	CYTOZYME M	60	TAB	16.70	15.03
44484	BAC HP	1Z	LIQ	20.12	18.11	BIOFORCE				21364	CYTOZYME PT/HPT	60	TAB	16.50	14.85	21364	CYTOZYME PT/HPT	60	TAB	16.50	14.85		
43824	BIO METABOLIC BALANCER	120	CAP	29.60	26.74	26418	ALLERGY POLLINOSAN	120	TAB	19.99	15.99	44114	DE STRESS	30	CAP	28.30	25.47	55747	E 200 HG	120	CAP	51.90	46.71
58944	BIO RES Q	1Z	LIQ	15.25	13.73	26419	ALLERGY POLLINOSAN	1.7	LIQ	19.99	15.99	55747	E 200 HG	100	CAP	51.90	46.71	55747	E P O	100	CAP	17.50	15.75
42888	BIO THYRO BALANCE	60	CAP	23.51	21.16	36448	BRONCHOSAN 1.7ML	1.7	LIQ	22.99	18.39	34690	FC CICAL	100	CAP	27.90	25.10	34690	FC CICAL	100	CAP	27.90	25.10
44971	BONE REPAIR-HP	1Z	LIQ	20.12	18.11	15443	CAL ABSORP URICALCIN	400	TAB	19.99	15.99	21287	B12 2000 LOZ	60	LOZ	21.70	19.53	26354	GARLIC PLUS	100	TAB	21.80	19.62
53359	BRONCHI HP	1Z	LIQ	20.12	18.11	32660	CARDIOFORCE TONIC	6.8	LIQ	36.99	29.59	28140	B12 FOLATE PLUS	100	CAP	22.90	20.60	21385	GASTRAZYME	90	TAB	21.90	19.70
52121	BRONCHIFORCE	1Z	LIQ	16.25	14.63	35919	COUGH DROP SOOTHNG PNE	16	DRP	6.99	5.59	21286	B6 PHOSPHATE 20 MG	100	TAB	16.90	15.20	51143	GLUCO SYN AMINE	90	CAP	28.90	26.01
52119	CARDIOTONE	1Z	LIQ	16.25	14.63	15247	ECHINAFORCE 1.7OZ	.7Z	LIQ	22.99	18.39	65851	BERBERINE HCL	90	CAP	38.50	34.65	37207	GLUCOBALANCE	180	CAP	64.50	58.05
52142	COLTOX	1Z	LIQ	16.25	14.63	15248	ECHINAFORCE 100ML	100	LIQ	37.99	30.39	21290	BETA PLUS	90	TAB	16.50	14.85	21389	GLUCOBALANCE	90	CAP	36.50	32.85
50349	DIO CRM PROGEST CRM	3Z	CRM	43.90	39.51	45147	ECHINAFORCE FORTE 18 M	30	TAB	25.99	20.79	26824	BETA TCP	90	TAB	16.50	14.85	61758	GLUTAMINE PWD 500 GRAM	500	PWD	52.50	47.25
50014	DRAINAGE	1Z	LIQ	16.25	14.63	32939	LIVER GALLBLADDER	1.7	LIQ	22.99	18.39	41089	BETA TCP	180	TAB	29.70	26.73	31577	GTA	90	CAP	23.90	21.50
59445	ECHINAPLEX	2Z	LIQ	23.90	21.51	23556	MOLKOSAN 500ML	500	LIQ	34.99	27.99	31530	BETAINE PLUS HP 700 MG	90	CAP	17.90	16.10	51330	GTA FORTE II	90	CAP	39.80	35.82
54754	ECZEMA HP	1Z	LIQ	20.12	18.11	33472	PROSTASAN	30	CAP	39.99	31.99	36993	BIO 3B G	180	TAB	19.50	17.55	21390	HCI +	90	TAB	12.90	11.60
51503	EDEMA HP	1Z	LIQ	20.12	18.11	51074	SECURE DENTURE CRM	1.4	CRM	9.99	7.99	21295	BIO AE MULSION	1Z	LIQ	12.50	11.25	33538	HISTOPLEX	90	CAP	34.50	31.05
51979	ENDOCRINE BALANCER	1Z	LIQ	16.25	14.63	23914	VALERIAN	1.7	LIQ	22.99	18.39	21297	BIO AE MULSION FORTE	1Z	LIQ	19.50	17.55	21392	HYDROZYME	250	TAB	30.50	27.45
57561	ESTROGEN	1Z	LIQ	17.42	15.68	BIOIMMERSION				21299	BIO ANABOLIC	1Z	PAK	36.50	32.85	30263	I A G (ARA) 100GM	100	PWD	30.90	27.81		
51575	FNG II	1Z	LIQ	16.25	14.63	51224	BETA GLUCAN SYMBIOTIC	300	PWD	92.34	92.34	21301	BIO B 100	180	TAB	17.90	16.10	21395	INTENZYME FORTE	100	TAB	21.90	19.71
43288	HEPATATOX	1Z	LIQ	16.25	14.63	67224	CHLORELLA ORGANIC TAB B	120	TAB	35.94	35.94	21302	BIO B COMP	90									

WHOLE EARTH & SEA®

Imagine getting the benefit of a whole growing season **in one tablet**

Nutrients born from plants grown on our 100% non-GMO, organic farms make these products the "Seed of Nutrition."



On Sale Now! January 2 - February 10, 2017



You Have to Try it to Believe it
DELICIOUS!

WINNER!
Best Omega-3



SeaRich Omega-3, made using the freshest and highest quality omega-3 fish oil, has EPA and DHA. Each flavor is blended with monk fruit (a zero calorie sweetener) and natural, non-GMO flavors for a delicious taste the whole family will enjoy! Third-party certifications guarantee that the fish oils are of the highest quality and are sustainably harvested. SeaRich Omega-3 fish oils are a delicious and convenient way to meet the whole family's omega-3 needs!

On Sale Now! January 2 - February 10, 2017



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

21417	MG ZYME	100	CAP	16.90	15.20
21422	MO ZYME FORTE	100	TAB	14.90	13.41
21423	MULTI MINS	120	TAB	14.50	13.05
54205	NITRO GREENS 240 GRAMS	240	PWD	45.90	41.30
66763	NUTRI CLEAR FREE	20Z	PWD	62.90	56.61
27032	NUTRI CLEAR PEA PROTEIN	24Z	PWD	62.90	56.30
51140	OPTIMAL EPA CAP	120	CAP	29.90	26.90
65557	OSTEO B PLUS	180	TAB	38.60	34.74
41038	PCOH PLUS	60	CAP	27.90	25.11
60486	PHENITROPIC 300 MG	60	CAP	27.00	24.30
21435	PHOS CHOL CAP	100	CAP	22.50	20.25
63684	POT CITRATE HP W/MAG	9.5	PWD	29.00	26.10
62663	RED YEAST RICE	90	CAP	19.90	17.90
40219	RENAL PLUS	180	TAB	24.90	22.41
21450	SE ZYME FORTE	100	TAB	15.50	13.95
21452	STAMINA CAP	100	CAP	22.60	20.34
21414	TAURINE	100	CAP	15.90	14.31
21455	THYROSTIM	90	TAB	19.50	17.55
51331	THYROSTIM	270	TAB	53.50	48.15
66986	TMG PWD	8 Z	PWD	29.50	26.55
31914	ULTRA VIR X	90	CAP	28.90	26.00
64714	VASCULOSIRT	150	CAP	69.90	62.91
54773	VASCULOSIRT	300	CAP	134.60	121.14
21459	ZN ZYME FORTE	100	TAB	14.90	13.40

BLUEBONNET

66902	5 HTP 100 MG VCAP	60	VCA	16.95	13.56
66903	5 HTP 100 MG VCAP	120	VCA	31.95	25.56
45070	A&D 25000/1000 IU	100	SGC	12.95	10.36
42336	ACETYL L CARNITINE 500	30	VCA	15.95	12.76
55170	ACIDOPH MILK FREE CHW	60	CHW	20.95	16.76
41625	ACIDOPHILUS MILK FREE	100	VCA	25.50	20.40
39789	AGE LESS SKIN FORMULA	120	VCA	49.50	39.60
39788	AGE LESS SKIN FORMULA	60	VCA	25.50	20.40
56794	AGELESS CHOICE MEN 50+	90	CPL	37.95	30.36
56793	AGELESS CHOICE WOM 50+	90	CPL	37.95	30.36
54999	AMINO ACID CAPS 750 MG	120	VCA	36.95	29.56
42875	ANTIOXIDANT FORM SUPER	60	VCA	35.50	28.40
50463	ARGININE 500 MG	100	VCA	18.95	15.16
51856	B 100 COMPLEX CAP	100	VCA	26.50	21.20
51858	B 50 COMPLEX	100	VCA	15.50	12.40
51627	B12 & FOLIC ACID RASB	2 Z	LIQ	18.95	15.16
50558	B12 5000 MCG CHW CYANO	60	CHW	17.50	14.00
53589	B12 5000 MCG CHW METHY	60	CHW	24.95	19.96
57962	B12 METHYLCOB 1000 CHW	60	CHW	9.50	7.60
61968	B2 100 MG	100	VCA	15.95	12.76
58377	B6 50 MG	90	VCA	10.95	8.76
52057	B6 B12 FOLIC ACID	60	CHW	15.50	12.40
59074	BCAA VCAP	120	VCA	33.95	27.16
55007	BETAINE HCL PLUS PEPSN	90	VCA	24.95	19.96
42295	BILBERRY FRT EXT 80 MG	60	VCA	28.95	23.16
66689	BIOTIN 1000 MCG VCAP	90	VCA	11.50	9.20
55017	BIOTIN 5000 MCG VCAP	60	VCA	10.50	8.40
53630	BREWERS YEAST POWDER	16Z	PWD	20.95	16.76
41351	BROMELAIN SUPER 500 MG	60	VCA	33.95	27.16
54310	C 1000 BUFFERED CAPLET	180	CPL	37.50	30.00
41381	C 1000 MG OPTIMUM	90	VCA	30.50	24.40
50462	C 1000 MG PLUS BIOFLAV	180	CPL	38.95	31.16
54300	C 1000 MG PLUS RH	180	VCA	36.50	29.20
60617	C 500	90	VCA	11.95	9.55
54311	C 500 + ROSE HIPS VCAP	90	VCA	14.95	11.96
54308	C 500 BUFFERED VCAP	180	VCA	31.95	25.56
54306	C 500 EARTH SWEET CHW	90	TAB	15.50	12.40
67001	C 500 PLUS BIOF	180	CPL	29.50	23.60
42062	CAL 1200 MG W/D	120	SGC	19.50	15.60
63141	CAL CITRATE PLUS MAG	90	VCA	15.95	12.76
54995	CAL CITRATE PLUS MAG	180	VCA	29.95	23.96
43930	CAL CITRATE W/D 250	180	CPL	22.50	18.00
43327	CAL CITRATE W/MAG & D	180	CPL	27.95	22.36
42224	CAL CITRATE W/MAG & D	90	CPL	14.95	11.96
43784	CAL MAG 1:1 125/125	90	VCA	15.95	12.76
50221	CAL MAG 1:1 125/125	180	CAP	29.95	23.96
42226	CAL MAG CITR LIQ BLUE	16Z	LIQ	14.50	11.60
42298	CAL MAG CITR LIQ LEMN	16Z	LIQ	14.50	11.60
40494	CAL MAG CITR LIQ ORNGE	16Z	LIQ	14.50	11.60
54992	CAL MAG CITRATE LIQ MX	16Z	LIQ	14.50	11.60
50476	CAL MAG LIQ STRAW	16Z	LIQ	14.50	11.60
45271	CAL MAG PLUS BORON	180	CAP	27.95	22.36
60333	CAL MAG W/D3 RAINFORST	90	CHW	12.95	10.36
54993	CAL MAG ZINC 333/155/5	120	SGC	19.50	15.60
42335	CAL MAG ZINC SGC	60	SGC	11.50	9.20
41848	CANTALOUPE MLN EXT 100	60	VCA	31.95	25.56
53593	CANTALOUPE MLN EXT 250	30	VCA	29.95	23.96
53592	CANTALOUPE MLN EXT 250	60	VCA	58.95	47.16
61471	CARNITINE 250 MG	60	VCA	17.95	14.36
55019	CARNITINE 500 MG	60	VCA	27.95	22.36
57112	CAROTENE C E + SELEN	120	VCA	49.95	39.96
51321	CELADRIN 350 MG	90	SGC	25.95	20.76
55064	CHERRY FRUIT EXTRACT	90	VCA	17.50	14.00
50831	CHOLESTRICE	90	VCA	47.50	38.00
55008	CHROMIUM PICOL 200 MCG	100	VCA	13.50	10.80
50832	CINULIN PF EXT	60	VCA	26.95	21.56
54298	CITRUS BIOFLAV 750 MG	180	VCA	36.50	29.20
54104	CITRUS BIOFLAV 750 MG	90	VCA	18.95	15.16
41542	CIA TONALIN 1000	90	CAP	23.95	19.16
55016	COPPER CHELATED 3 MG	90	VCA	10.50	8.40
50557	COQ10 100 MG SGC	60	SGC	28.50	22.80
59436	COQ10 100 MG VCA UBIOU	60	VCA	33.95	27.16
60867	CYRITINE 500 MG	60	VCA	20.95	16.76
57504	D3 1000 CHW RASP	90	CHW	10.95	8.76
55066	D3 1000 IU	100	SGC	9.95	7.96
55067	D3 1000 IU	250	SGC	18.50	14.80
59495	D3 1000 IU DROPS	1 Z	LIQ	15.95	12.76
51585	D3 1000 LANOLIN	90	VCA	10.50	8.40
51586	D3 1000 LANOLIN	180	VCA	18.50	14.80
57503	D3 2000 CHW RASP	90	CHW	14.50	11.60
59496	D3 2000 IU DROPS	1 Z	LIQ	19.95	15.96
60868	D3 2000 IU SGC	250	SGC	20.95	16.76
55006	D3 2000 IU SGC	100	SGC	10.95	8.76
55005	D3 2000 IU VCAP	90	VCA	13.95	11.16
55068	D3 400 IU	250	SGC	16.95	13.56
59494	D3 400 IU DROPS	1 Z	LIQ	12.95	10.36

53315	D3 400 IU VCAP	90	VCA	8.95	7.16
60332	D3 400 RAINFORST ANIML	90	CHW	8.95	7.16
67245	D3 5000 IU	100	SGC	11.95	9.56
66168	D3 5000 IU DROPS	1 Z	DRP	24.95	19.96
57506	D3 5000 VCAP	120	VCA	19.50	15.60
59672	DMAE 100 MG BITARTRATE	100	VCA	16.50	13.20
55014	E 400 IU PLUS SELENIUM	60	VCA	19.95	15.96
41543	E 400 MIXED	100	SGC	29.95	23.96
58295	E COMPLEX HI GAMMA	60	CAP	42.95	34.36
57200	E P O 500 MG	100	SGC	14.50	11.60
55778	EGCG GREEN TEA LF EXT	60	VCA	13.50	10.80
43786	ELEUTHERO ROOT 500 MG	60	VCA	15.95	12.76
52685	EYE ANTIOXIDANT FORM	120	VCA	50.50	40.40
63093	FENUGREEK SEED EXT 300	60	VCA	14.50	11.60
41728	FLAXSEED OIL 1000 MG	100	SGC	12.95	10.36
42913	FOLIC ACID 400 MCG	90	CAP	9.95	7.96
62049	FOLIC ACID 800 MCG	180	VCA	19.95	15.96
55024	GLUCOS CHOND 500/400	60	VCA	31.50	25.20
43303	GLUCOS CHOND MSM	120	CAP	40.50	32.40
55010	GLUTAMINE 500 MG VCAP	100	VCA	18.95	15.16
61595	GLUTATHIONE RED 100 MG	30	VCA	14.50	11.60
64202	GREENS ORGANIC SUPER	14	PWD	46.95	37.56
52686	HEART ANTIOXIDANT FORM	120	VCA	40.50	32.40
40377	HOMOCYSTEINE FORMULA	60	CAP	14.50	11.60
43850	IRON 18 MG CHELATED	90	VCA	11.95	9.55
55002	IRON CHELATED 27 MG	90	VCA	13.50	10.80
56791	LADIES CHOICE	90	CPL	35.95	28.76
51296	LECITHIN 1365 MG	90	SGC	10.95	8.76
50475	LECITHIN GRANULES	16Z	PWD	18.95	15.16
42334	LIPOIC ACID 200 MG	60	VCA	19.95	15.96
50828	LIPOIC ACID 300 MG	60	VCA	27.95	22.36
50830	LIPOIC ACID 600 MG	60	VCA	39.95	31.96
42443	LUTEIN 20 MG	60	SGC	29.95	23.96
54110	LYCOPENE 20 MG	60	SGC	39.95	31.96
55004	LYSINE 500 MG VCAP	100	VCA	18.95	15.16
45034	MAG 200 CHEL ALBION	60	VCA	16.95	13.56
62703	MAG 200 CHEL ALBION	120	VCA	30.50	24.40
43932	MAG ASPARTATE 400 MG	100	VCA	16.95	13.56
59118	MAG PLUS BG	90	VCA	15.50	12.40
55001	MAG POT ASPAR W/BROM	120	VCA	26.50	21.20
54109	MAGNESIUM CITRATE 200	120	CPL	19.95	15.96
45492	MANGANESE 10 MG	90	VCA	12.95	10.36
60308	MAXI ONE W/IRON	90	CPL	36.95	29.56
55009	MEGA B10 C FORM 500 MG	90	VCA	21.50	17.20
66906	MELATONIN 1 MG CHW RSP	60	CHW	4.95	3.96
66907	MELATONIN 1 MG CHW RSP	120	CHW	8.95	7.16
66909	MELATONIN 3 MG CHW RSP	120	CHW	10.95	8.76
66908	MELATONIN 3 MG CHW RSP	60	CHW	5.95	4.76
66914	MELATONIN 5 MG CHW RSP	120	CHW	13.95	11.16
66910	MELATONIN 5 MG CHW RSP	60	CHW	7.95	6.36
55025	MILK THISTLE EXT 175	60	VCA	19.50	15.60
40276	MPX 1000 MENS PROSTATE	120	CAP	41.50	33.20
42631	MSM 1000 MG	120	VCA	27.50	22.00
54108	MULTI MIN CHEL FE FREE	120	CPL	26.95	21.56
54996	MULTI MIN CHEL IRON FR	180	VCA	31.95	25.56
44308	MULTI ONE IRON FREE	60	VCA	25.95	20.76
42183	MULTI ONE IRON FREE	90	VCA	36.95	29.56
54994	MULTI ONE IRON FREE B	120	VCA	46.95	37.56
44306	MULTI ONE VCAP	60	VCA	25.95	20.76
54998	MULTI ONE VCAP	120	VCA	46.95	37.56
54107	MULTI ONE VCAP	90	VCA	36.95	29.56
55012	N A C 500 MG	60	VCA	17.50	14.00
58329	NIACINAMEDE 500 MG	100	VCA	10.95	8.76
55023	NUCLEOTIDE COMPLEX	60	VCA	49.95	39.96
45521	OIL OF OREGANO EXT 150	60	SGC	12.95	10.36
43477	OMEGA 3 1000 BRAIN FRM	60	SGC	21.95	17.56
43476	OMEGA 3 1000 HEART FRM	60	SGC	21.95	17.56
41352	OMEGA 3 1000 MG	90	SGC	18.95	15.16
54112	OMEGA 3 1000 SALMON	180	SGC	34.95	27.96
54113	OMEGA 3 6 9 MULTI EPA	90	SGC	21.95	17.56
40592	OPTIMUM ENZYMES	90	CAP	19.95	15.96
55115	OSTEO BONE FORMULA	180	VCA	45.50	36.40
61243	PANTOTHENIC ACID 250 MG	60	VCA	9.50	7.60
57736	PHOS SERINE COMPLEX 500	60	SGC	37.95	30.36
62541	PLANTS STEROLS 500 MG	90	VCA	26.95	21.56
44193	POWER THOUGHT	60	CPL	34.95	27.96
53211	POWER THOUGHT	90	CPL	44.95	35.96
40498	POWER ZYME	60	CAP	21.95	17.56
59066	PROTEIN DUAL ACT FR VN	1.0	PWD	34.95	27.96
53999	PYCNOGENOL 100 MG	60	VCA	99.95	79.96
44811	QUERCETIN SUPER	60	VCA	30.95	24.76
43931	QUERCETIN SUPER	30	VCA	16.95	13.56
60011	RED YEAST RICE 600 MG	120	VCA	30.95	24.76
58296	RESVERATROL 500 MG TR	30	VCA	43.50	34.80
58226	RESVERATROL TRANS 500	60	VCA	84.95	67.96
55027	RHODIOLA ROSEA EXT 200	60	VCA	18.50	14.80

Jarrow
FORMULAS

NEW



Jarro-Dophilus® ORAL PROBIOTIC

PROMOTES HEALTH OF THE GUMS & TEETH & BETTER BREATH*

Jarro-Dophilus® Oral Probiotic lozenges contain *Lactobacillus brevis* CECT 7480 and *Lactobacillus plantarum* CECT 7481, two documented strains that have been shown in scientific studies to help promote the health of the gums and teeth and promote better breath.*



The use of *Lactobacillus brevis* CECT 7480 and *Lactobacillus plantarum* CECT 7481 for oral health is protected by US Patent No. 9,192,634 B2.

VISIT US AT WWW.JARROW.COM FOR MORE PRODUCT INFORMATION

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



my or ileostomy and also fecal odor caused by incontinence. It can also help for foul smelling gas. Chlorophyll cleanses and nourishes the intestinal tract and is healing to the mucosal lining. It can also be helpful for constipation. Chlorophyll is an excellent whole body cleanser. It not only detoxifies the digestive tract, but also facilitates cleansing of the blood and liver and assists in the chelation of heavy metals. It is capable of neutralizing harmful oxidants and may reduce oxidative damage from certain carcinogens. It also has the ability to form tight molecular complexes with carcinogens and in doing so blocks the body's absorption of them. In a placebo controlled study conducted in China Chlorophyll supplementation was found to decrease DNA damage caused by aflatoxin, a liver carcinogen produced by fungus in moldy grains and legumes. Scientists hope that in populations with unavoidable dietary aflatoxin exposure Chlorophyll supplementation could significantly reduce the risk of developing liver cancer.

Cinnamon Bark 40

This is a standardized Cinnamon Bark complex in a liquid filled veggie cap.

60 Liquid Filled Capsules - Prod Code: 57092
90 Veggie Caps - Prod Code: 60118

Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

Who would benefit from this supplement?

- Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions. Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes.

According to the *Natural Standard Integrative Medicine* database, "Cinnamon may be used for various medical conditions (77;78). In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication (79). Cinnamon has been touted as having a positive effect on postprandial glucose metabolism (80). Its ability to lower blood sugar in individuals with diabetes has been discussed (81). Naturally occurring compounds found in cinnamon (*Cinnamomum cassia*), including chromium and polyphenols, may improve insulin sensitivity (82). Human data suggest that cinnamon exhibits "sweet" properties and may be used in strategies for reduction of sugar intake (83).

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes. Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark. The Cinnamon used in Phyto-Tech™ Cinnamon supplements is *Cinnamomum cassia*, the species utilized in research. It is certified organic and vegetarian.

Cleanse Complex 1:2

A herbal formula based on traditional concepts of a rapid, systemic (full body) cleansing.

4 fl oz - Prod Code: 57073

Many of the herbs used in Phyto-Tech™ Cleanse Complex have a long tradition of use in naturopathic medicine for many toxic conditions. The theory behind using Phyto-Tech™ Cleanse Complex is that it will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels.

Herbs do not really actually cleanse the blood and tissues directly, but instead, stimulate the organs to increase the rate in which they do this naturally. Phyto-Tech™ Cleanse Complex will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxification is thought to help stimulate organs that eliminate the toxemia from drug usage. It can be used in smaller more moderate doses if a slower cleanse is desired. Faster cleanses can result in more uncomfortable acute healing symptoms that might not be desired, but are usually harmless (i.e., loose stool, nausea, headaches, skin discharges). These symptoms can be avoided by decreasing the dose or pace. Phyto-Tech™ Cleanse Complex works best in conjunction with other cleansing protocols, such as dietary changes, increasing water consumption and exercise. Phyto-Tech™ Cleanse Complex contains the following herbs: Oregon Grape Root, Red Clover Blossoms, Fresh Burdock Root, Fresh Dandelion Root, Alfalfa Leaf, Yerba Mansa Root, Red Root, Vegetable Glycerin, Deionized Water, Natural Flavors

Dosage: Pour entire contents into 1 gallon of pure water and drink over 3 hours.

Cautions and Contraindications: Do not use if pregnant or nursing; do not use if using other detoxification protocols unless under physician direction; may affect metabolism of some medications, so advise your physician.

Complimentary Formulas:

- Phyto-Tech™ Liver Support
- Phyto-Tech™ Digest Stim Complex
- Phyto-Tech™ Menses Complex

Clove 1:4

Clove is a source of the volatile oil, Eugenol.

1 fl oz - Prod Code: 57062

... continued on page 44

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Antioxidants for Dry Eye

Tears lubricate and protect the eye, but age, ill health, and the environment can reduce the quality and quantity of tears. In this study, 43 people with dry eye took a daily antioxidant supplement or a placebo for eight weeks.

The supplement contained 2 mg astaxanthin, 120 mg bilberry extract, 1,500 IU vitamin A, 50 mg vitamin C, 110 mcg selenium yeast, 10 mg zinc gluconate, B-complex vitamins, 45 IU vitamin E, 200 mg

goji berry, and 200 mg cassia seed.

After eight weeks, those taking the antioxidant supplement had lower levels of damaging reactive oxygen species in tears, levels of which had increased for placebo. Also in the antioxidant group, tears took longer to evaporate and there was less pain, burning, and itching.

Reference: *Clinical Ophthalmology*; 2016, No. 10, 813-20

Additional Comments from Sam Forbes, CN.

Dry eye syndrome is a disorder of tear deficiency or excessive tear evaporation resulting in an unstable tear film. Symptoms include dryness, burning sensation, visual disturbance, and sandy-gritty eye irritation. Treatments usually include the use of artificial tears and anti-inflammatory drugs. Oxidative stress and inflammation, the usual culprits in most diseases, obviously play a role here, so the use of antioxidants is warranted. The eyes are especially vulnerable to aging and inflammation and exposure to free radicals can damage tear secreting glands and tissues. Properly formulated eye supplements designed to protect and maintain eye health, contain many of the ingredients used in this study and should provide similar therapeutic results; I'll give examples after my comments. In other studies, it has been shown that omega-3 fatty acids from fish oil

has demonstrated to be beneficial in dry eye syndrome. The use of both omega-3 fatty acids and antioxidants may be the best approach. Two components of the study, astaxanthin and goji berry, are not usually found in eye formulas and may have to be taken separately.

Here are a few eye health formulas I suggest you try:

- Vision Optimizer by Jarro**
90 Capsules, Product Code: 36604
- Eye Antioxidant by Bluebonnet**
120 VCapsules, Product Code: 52685
- Advanced Eye Factors by Natural Factors**
60 Capsules, Product Code: 55338
- Goji 12:1 400 mg by Paradise Herbs**
60 VCapsules, Product Code: 52436
- Astaxanthin 4 mg by Healthy Origins**
60 VSofgels, Product Code: 66306

New Formula! Higher Potency, Vegetarian Capsule Phyto-Tech™ Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

Willner Chemists
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lifeshield™ The Next Chapter in Mushroom Quality

New Chapter's LifeShield mushroom family combines superior strains of traditional fungi, grown for their full life cycles to deliver each mushroom's whole protective shield.



The Need for Mushroom ID

Verifying the identity of a beneficial ingredient is a basic key to quality. Some brands may not be delivering the exact mushroom that's labeled, perhaps because fungi are just so hard to authenticate. New Chapter® has pioneered a new gold standard for identity testing, taking the time to test and cross-check each species right down to the DNA. The result: Our LifeShield mushroom family delivers true quality, with each strain's identity carefully confirmed.

- **DNA Tested, Identity Assured**
Every marvelous strain carefully qualified and confirmed
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LifeShield™ Immune Support				LifeShield™ Breathe			
60 Capsules	Item # 58095	Retail \$39.95	Willner Chemists \$29.96	60 Capsules	Item # 58096	Retail \$37.95	Willner Chemists \$28.46
120 Capsules	Item # 60627	Retail \$69.95	Willner Chemists \$52.46	LifeShield™ Liver Force™			
LifeShield™ Reishi				LifeShield™ Mind Force			
60 Capsules	Item # 58098	Retail \$37.95	Willner Chemists \$28.46	60 Capsules	Item # 58097	Retail \$37.95	Willner Chemists \$28.46
				60 Capsules	Item # 58100	Retail \$37.95	Willner Chemists \$28.46



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WILLVITE (with Iron) 120 Tablets

SUPPLEMENT FACTS:

Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract (Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.

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... from Willner Chemists A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.*

Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

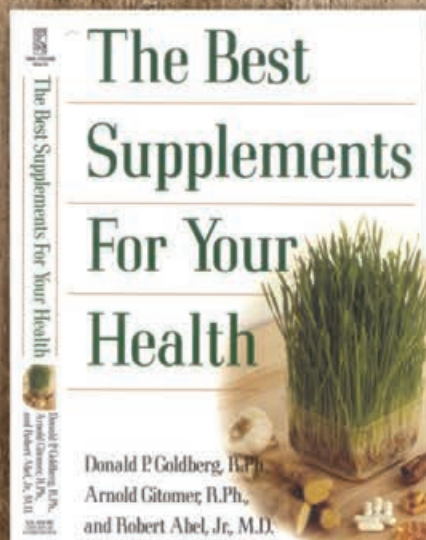
Available Now: Willvite Regular & Iron-Free
Willvite, 120 Tabs, Product Code: 30439
Willvite, Iron Free, 120 Tabs, Product Code: 44384

**Now with added CoQ10,
Lycopene, Phytoantioxidants
and Lutein!
Regular, and Iron-Free!**

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Special Offer

Buy two bottles of Willvite, and receive a free copy of *The Best Supplements For Your Health, 1st edition*. One per customer, please. Offer is good only while supplies last. Please note that during the current sale, Willvite is on sale at 32% off list price, so this is a *double bonus deal!*

Winter Bonus

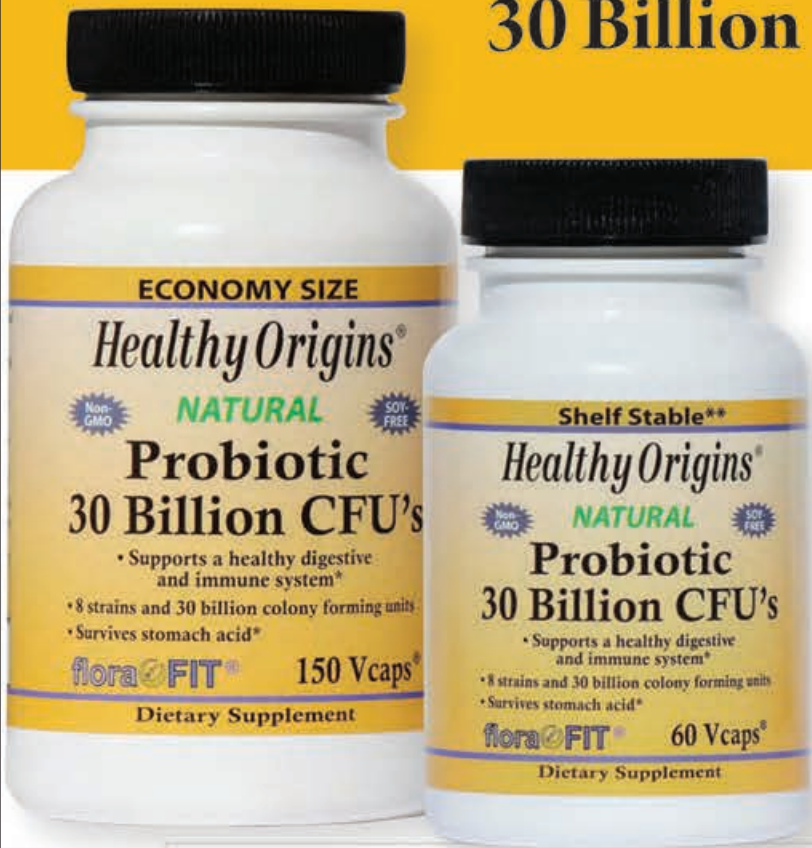
Probiotic

30 Billion CFU's

Soy Free

Non-GMO

35%
LINE DRIVE
EVERY MONTH



- Shelf Stable
- No refrigeration required
- Survives stomach acid *
- Formulated to have a minimum of 30 Billion CFU's at the time of expiration



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Vcaps® is a registered trademark of Capsugel

		Retail:	Sale Price :	Wilner Code :
Probiotic 30 Billion CFU's	60 Vcaps	\$ 37.99	\$ 24.69	57859
Probiotic 30 Billion CFU's	150 Vcaps	\$ 85.99	\$ 55.89	58283



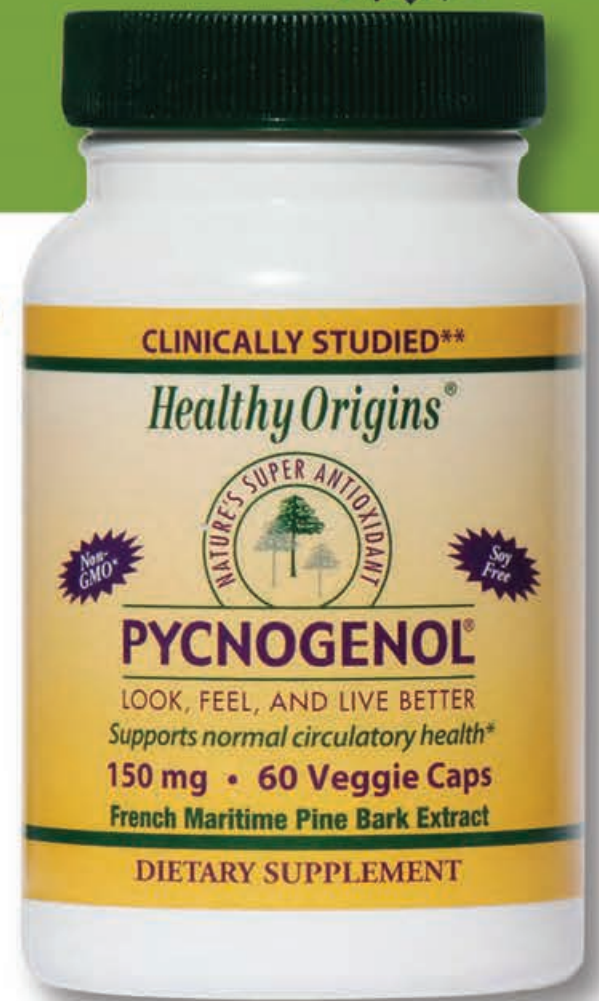
Healthy Origins

PYCNOGENOL

FRENCH MARITIME PINE BARK EXTRACT

Largest Selection Available

Veggie Capsule
No Magnesium Stearate
Non-GMO
Soy Free



		Retail:	Sale Price :	Wilner Code :
PYCNOGENOL 30 Mg	30 Vcaps	\$ 19.99	\$ 12.99	63254
PYCNOGENOL 30 Mg	60 Vcaps	\$ 35.99	\$ 23.39	63255
PYCNOGENOL 30 Mg	180 Vcaps	\$ 89.99	\$ 58.49	63256
PYCNOGENOL 100 Mg	30 Vcaps	\$ 46.99	\$ 30.54	59360
PYCNOGENOL 100 Mg	60 Vcaps	\$ 84.99	\$ 55.24	58711
PYCNOGENOL 100 Mg	120 Vcaps	\$ 154.99	\$ 100.74	63253
PYCNOGENOL 150 Mg	30 Vcaps	\$ 59.99	\$ 38.99	63417
PYCNOGENOL 150 Mg	60 Vcaps	\$ 109.99	\$ 71.49	63418
PYCNOGENOL 150 Mg	120 Vcaps	\$ 199.99	\$ 129.99	63419

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Grape Seed Extract and Menopause

Doctors were interested in the effects of proanthocyanidins—a kind of antioxidant polyphenol in grape seeds—on menopausal symptoms, body composition, and measures of heart health in women. In this study, 91 women aged 40 to 60 who had at least one menopausal symptom took a placebo, 100 mg of grape seed proanthocyanidin extract, or 200 mg of grape seed extract per day.

After four weeks, while there was no change for placebo, women taking either dose of grape seed extract had significantly lower systolic and diastolic blood pressure. After eight weeks, while the placebo group had not improved, women in both grape seed groups reported having fewer hot flashes, less anxiety, and less insomnia. The women taking either dose of grape seed extract also had increased muscle mass.

Discussing the findings, doctors said proanthocyanidins from grape seed have many times the antioxidant power of vitamins C or E, and that this study showed grape seed extract safely reduced menopausal symptoms in women while improving body composition and heart health.

Reference: *Menopause*; September, 2014, Vol. 21, No. 9, 990-6

Additional Comments from Don Goldberg, RPH

While this study and the comments by Sam Forbes highlight the effects of proanthocyanidins on menopause, I think there is another important message that merits comment.

Proanthocyanidins (or polyphenols, flavonoids, etc) are powerful, natural antioxidants found in plants. Another name for these substances is “phytoantioxidants.” The health benefits of these substances are far reaching and varied. The study mentioned here focused on menopausal symptoms, blood pressure and body composition. Sam mentioned numerous other benefits. These other benefits can range from cardiovascular and anti-inflammatory to anti-cancer and anti-aging.

For this reason, I have always recommended that a “phytoantioxidant” supplement be included in any good, comprehensive supplement regimen. Most quality multivitamin supplements include

the vitamin and mineral antioxidants—vitamin C, vitamin E, Selenium, etc—but, as mentioned above, phytoantioxidants are more powerful and add an additional dimension.

This is the reason we added the two products, **Antiox Phyto Complex II Capsules** and **Antiox Phyto Blend Drops** into our Willner Chemists Phyto-Tech™ line. Either product, or both, can be incorporated into your daily supplement program. The drops are convenient, easily added to juice, water or even your favorite evening cocktail. The capsules are a bit stronger, and can be taken once or twice daily along with your other supplements.

In addition to the phytoantioxidants from Grape Skin and Grape Seed extracts, Antiox Phyto Complex II contains phytoantioxidants from Acai Berry, Mangosteen, Gogi Berry, Pomegranate and Green Tea Leaf.

Willner Chemists Phyto-Tech™ Antiox Phyto Blend 1 fl oz, Product Code: 57551

Full details can be found on page 9 of this catalog (online, at www.willner.com).

Willner Chemists Phyto-Tech™ Antiox Phyto Complex II 90 Veggie Capsules, Product Code: 63745

Full details can be found on page 16 of this catalog (online, at www.willner.com).

Both products are on sale, 32% off list, until February 10th, 2017.

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Additional Comments from Sam Forbes, CN

Proanthocyanidins are powerful antioxidants that belong to a class of plant chemicals called flavonoids, also called bioflavonoids, and are found in nearly all species of fruit, vegetables, and many medicinal herbs. Interestingly, grape seed extract can act as an aromatase inhibitor, (a substance that prevents the enzyme aromatase from converting testosterone to estrogen), which may protect against breast cancer but wouldn't normally be considered a remedy for menopause. However, there may be other mechanisms in grape seed extract that help with menopause symptoms. This is good news for women who suffer from menopause symptoms, but want to avoid herbs that contain phytoestrogens. Other advantages for adding grape seed extract to your regimen would be increased circulatory blood flow, maintain healthy blood pressure, blood vessel health, brain health, antioxidant, and anti-inflammatory. The supplement called Pycnogenol, from French Maritime Pine Bark Extract, has very similar actions as grape seed extract and can be used interchangeably.

Here are a few of the Grape Seed Extract products we carry:

OPC 95 by Jarrow
90 Capsules, Product Code: 24334

**Grape Seed Extract 150 BP
Healthy Origins**
60 Capsules, Product Code: 59368

Grape Seed Extract 250 Mg by Seagate
90 Capsules, Product Code: 29977

Menopause symptoms can be a difficult to manage sometimes, so you may want to familiarize yourself with other products that can also help:

- **Black Cohosh.** One of the most widely used herbs for alleviating menopause symptoms.
- **Chaste Tree Berry,** also known as Vitex, or agnus castus. A very useful herb for regulating menstrual cycles and perimenopause symptoms.

- **Maca.** Helps with libido.
- **Soy Isoflavones.** To help alleviate symptoms and supports bone health.
- **Estrovera** by Metagenics. Recommended by our nutritionists and pharmacists, it contains ERr 731® an herbal extract of Siberian rhubarb.
- **Pueraria Mirifica** also called Thai Kudzu. Effective for many menopause symptoms.

Here are a few of these products we carry:

Willner Chemists Phyto-Tech™ Black Cohosh
500 Mg, 90 Vcaps, Product Code 60120

Willner Chemists Phyto-Tech™ Chaste Tree Berry 1:2
1 oz Liquid, Product Code: 56989

Willner Chemists Phyto-Tech™ Maca 1:2
1 oz Liquid, Product Code: 57076

Estrovera by Metagenics
30 Tablets, Product Code: 64104.

PM Phytogen Complex (Pueraria Mirifica), By Solgar
60 Tablets, Product Code: 52979



There are many menopause products that contain combinations of herbs that work quite well. Here are a few:

Womens Balance by Gaia Herbs
60 Softgels, Product Code: 38161

Hot Flash by Source Naturals
90 Tablets, Product Code: 29311

Willner Chemists Phyto-Tech™ Menopause Complex
1 oz, Product Code: 57084

EstroG-100 by Doctor's Best
30 Vegetarian Capsules, Product Code: 62920

Women who are post menopausal should be aware of bone loss or osteoporosis.

Declining estrogen levels slow down bone regeneration and put you at risk. It would be wise to take a comprehensive bone formula that contains all of the nutrients that support and protect bone.

Here are some examples:

Bone Up by Jarrow
240 Capsules, Product Code: 23115

Grow Bone by Garden of Life
Kit, Product Code: 57655

Bone Restore w/K2 by LifeExtension
120 Capsules, Product code: 62932

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PureGenomics® is a platform combining educational tools, protocols and core products with our dynamic, practitioner-exclusive website application designed to help identify common genetic variations known as Single Nucleotide Polymorphisms (SNPs) that are clinically relevant and nutritionally actionable. This unique platform makes it easy to **TEST**, **TRANSLATE** and **TARGET** SNPs with the right nutritional support, empowering practitioners with precision and confidence in the pursuit of optimal health for every patient.*



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At Source Naturals®, we passionately follow advances in biological and nutritional research to formulate cutting-edge supplements that help promote a longer and better life. Here are new ways you can support healthy aging.*

Top 10 Healers™ delivers 10 well-researched nutrients and botanicals in one product to provide significant potency support to 9 key body systems.*

Life Force® Healthy Aging™ addresses oxidative stress and cellular energy loss, and supports a healthy inflammation response and normal liver detoxification.^{1*}

Telomeron® supports both telomere length and telomerase activity. Emerging science suggests that people with long telomeres may age in a healthier way.*

MBP® Osteo with Calcium combines MBP® with the 500mg of calcium that nutritionists now recommend, along with 11 key bone nutrients. We recommend it for women not getting enough calcium from their diets.*



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Premier Detoxifying Antioxidant* Healthy Inflammation Response*¹ Brain Health and Energy Levels* Healthy Memory and Learning*

30% Savings Every Day on Source Naturals® Brand at



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www.sourcenaturals.com

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¹Not all inflammation is associated with disease states. Inflammation is also the body's healthy immune response to life's normal stressors such as strenuous exercise or an occasional high-fat/high-calorie meal. The body's inflammation response to life's occasional, normal stressors is important for optimal health. Theracurmin® is a registered trademark of Theravalues Corporation.*

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



benefit of using a supplement where the active constituents of cranberry are concentrated, leaving the sugar behind. Phyto-Tech™ Cranberry 4:1 is ideal for this purpose.

Dosage: One to two Capsules daily, or as directed. Drink plenty of water.

Complementary Product:

- Phyto-Tech™ Urinary Kidney Complex.

Damiana 1:3

Traditionally used as an aphrodisiac, for women, especially in Central America, since ancient times. It may also exhibit mood elevating action.

1 fl oz - Prod Code: 57641

Damiana is traditionally used as a general tonic for the nervous, endocrine, and reproductive systems. In addition, specific historical uses include coughs, gastrointestinal disorders, diuresis. It has been used as an aphrodisiac in Africa and the Americas.

Dandelion Root 1:1.5

Dandelion Root has long been considered a liver and gallbladder tonic, and digestive stimulant.

1 fl oz - Prod Code: 56966

90 Veggie Caps - Prod Code: 60117

Who might benefit from this herbal supplement?

- Those with liver disease, upset stomach, loss of appetite, heartburn; those in need of liver and gallbladder detoxification; those suffering from constipation.
- Dandelion is commonly used as a food. The leaves are used in salads and teas. The roots are sometime used as a coffee substitute. The leaves and roots have been used traditionally to treat liver, gallbladder, kidney and joint problems. Dandelion is categorized by many herbalists as a blood purifier, or "alterative."
- Phyto-Tech™ Dandelion Root 1:1.5 contains Fresh

Dandelion Root (Taraxacum officinale) 667 mg/ml, Grain Alcohol, Pule Deionized Water. Certified Organic.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

Also available in a veggie capsule, with each Phyto-Tech Dandelion capsule containing 500 mg of certified organic Dandelion Root (Taraxacum officinale).

Cautions: Contraindicated in blockage of the bile ducts, acute gallbladder inflammation, and intestinal blockage.

Complimentary Formulas:

- Phyto-Tech™ Liver Support, Liquid or Vegicaps
- Phyto-Tech™ Burdock Root 1:1.5
- Phyto-Tech™ Milk Thistle Seed 1:3

Devil's Claw

This herb, wild harvested from the Kahalari desert of Africa, has been shown to exert significant anti-inflammatory and analgesic action.

1 fl oz - Prod Code: 57029

Who could benefit from this supplement?

- Those with arthritis, rheumatism, fibromyalgia, joint and muscle pain.
- Phyto-Tech™ Devil's Claw 1:4 provides 250 mg of Devil's Claw secondary tubers per 30 drops.
- Devil's claw (Harpagophytum procumbens) originates from the Kalahari and Savannah desert regions of South and Southeast Africa. The part used is the secondary tubers. Currently, the major uses of devil's claw are as an anti-inflammatory and pain reliever for joint diseases, back pain, and headache. Devil's Claw enjoys widespread popularity as a treatment for mild joint pain throughout Europe. This use is supported by several clinical studies.
- Devil's Claw also increases gastric digestive enzymes, thus aiding in protein and fat digestion. It has been known to help reduce cholesterol and uric acids in the blood, which can lead to gout.

Dosage: 20-40 drops, 2-3 times per day or as needed in juice or water. Best used long term (over 1 month continual use).

Contraindications: Gastric and duodenal ulcers. Do not use during pregnancy or if breastfeeding.

Digest Stim Complex

This formula promotes optimal digestive enzyme balance for proper digestive function. It can be categorized as a bitter digestive tonic.

Digest Stim Complex, 1 fl oz - Prod Code: 56999

Digest Slim Complex, Alcohol Free,

1 fl oz - Prod Code: 57040

Who can benefit from using this supplement?

- Those who are deficient in digestive enzyme secretion or gastric function. Helpful in cases of indigestion, gas, sluggish bowels, bloating.
- Phyto-Tech™ Digest Stim is available in a regular, and an alcohol-free version. Most commonly, it is taken before meals. It contains the following herbs: Gentian Root, Fennel Seed, Oregon Grape Root, Ginger Root, Licorice Root, Prickly Ash Bark, Blue Flag Root, Peppermint Spirits, and Potassium Carbonate.
- Phyto-Tech™ Digest Stim will stimulate the body to secrete more digestive enzymes (HCl, bile, pancreatic enzymes, pepsin, lipase, and saliva) which will enhance digestion. This makes absorption more possible. This formula actually makes the body secrete its own digestive enzymes if deficient instead of taking digestive enzymes by themselves. The goal is to get the body to function normally and to not rely on external enzymes.
- It can be used as needed for meals that cause indigestion. Phyto-Tech™ Digest Stim can be used as a tonic for those with chronic indigestion, before or after a meal, but is best

... continued on page 48

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



56743	FISH OIL FIN KIDS ORAN	200	LIQ	27.90	23.71	37308	TOCOTRIENOL CMP W/E	90	SGC	59.90	50.91	55711	BIOTIN 5 MG	120	VCA	27.79	22.23
56508	FISH OIL FINEST LEMON	120	SGC	27.90	23.71	12793	ZINC 15 MG	100	TAB	7.50	6.37	16259	BIOTIN 500 MCG	100	TAB	9.99	7.99
44370	FISH OIL MULTI	120	SGC	52.50	44.62	12841	ZINC 30 CHEL	100	TAB	7.90	6.71	16107	BONE DENSITY FACTORS	100	TAB	18.59	14.87
44369	FISH OIL MULTI	60	SGC	27.70	23.54	CELESTIAL SEASONINGS						22902	BONE DENSITY FACTORS	200	TAB	35.99	28.79
42824	FISH OIL OMEGA 3 LIQ	16Z	LIQ	54.50	46.32	36118	GREEN TEA DECAFF	20	BAG	3.99	3.19	57518	BONE SOLID	180	CAP	30.99	24.79
41730	FISH OIL OMEGA 3 LIQ	6.7	LIQ	27.90	23.71	31924	MANDARIN ORANGE SPICE	20	BAG	3.87	3.09	16224	BROMELAIN 500 2000 GDU	60	TAB	19.99	15.99
52214	FISH OIL OMEGA 3 ORANG	16.	LIQ	54.50	46.32	67043	ROASTAROMA CAFF FREE	20	BAG	3.99	3.19	53781	BUFFER C 500 MG PH CNT	60	VCA	16.99	13.59
52213	FISH OIL OMEGA 3 ORANG	6.7	LIQ	27.90	23.71	31932	SLEEPYTIME TEA	20	BAG	3.87	3.09	53782	BUFFER C 500 MG PH CNT	120	VCA	22.59	18.07
51625	FISH OIL ORANGE 120 +30	120	SGC	27.90	23.71	CHIA BAR ACAI BERRY						16280	C 1000 CAP MAXI W/BIO	180	CAP	30.99	24.79
53486	K2 VITAMIN MK 4	60	CAP	24.90	21.16	62417	CHIA BAR ACAI BERRY	.88	BAR	1.89	1.70	16282	C 1000 RH T/R	90	TAB	12.99	10.39
60023	K2 VITAMIN MK 4	180	CAP	69.00	58.85	62418	CHIA BAR CHOC PEN BUT	.88	BAR	1.89	1.70	16292	C 1000 RH/BF 150 BUF	250	TAB	30.99	24.79
66695	K2 VITAMIN MK 7 45 MCG	90	SGC	22.20	18.87	62419	CHIA BAR COCONUT	.88	BAR	1.89	1.70	16291	C 1000 RH/BF 150 BUF	100	TAB	14.99	11.99
66696	K2 VITAMIN MK 7 45 MCG	180	SGC	37.50	31.87	64997	CHIA BAR DARK CHERRY	.88	BAR	1.89	1.70	20392	C 1000 W/RH	250	TAB	29.99	23.99
65351	KEY E HAND BODY CREAM	2Z	TUB	14.90	12.66	CHILD LIFE						20767	C 500 ACEROLA W/BF WAF	180	CHW	29.99	23.99
40696	KEY E SUPPOSITORIES	24	SUP	14.40	12.24	41615	ALLER CARE	4Z	LIQ	16.95	13.56	16296	C 500 ACEROLA W/BF/RUT	90	CHW	17.59	14.07
12537	KEY E SUPPOSITORIES	12	SUP	8.88	7.54	45242	C L O OIL STRAWBERRY	8Z	LIQ	19.95	15.96	16289	C 500 RH/BF 100 BUF	100	TAB	11.99	9.59
12869	LECITHIN 1200	300	SGC	24.90	21.16	34349	C VIT LIQ	4Z	LIQ	7.95	6.36	20764	C 500 RH/BF 100TR BUF	250	TAB	23.79	19.03
35120	LIPIDIC ACID 300 MG	90	TAB	55.00	46.75	57419	CAL MAG LIQ	16Z	LIQ	19.95	15.96	16274	C 500 W/RH	250	TAB	19.99	15.99
40199	LUTEIN 15 MG W/KALE	180	CAP	83.40	70.89	65377	D3 400 IU DROPS ORG	10M	DRP	16.99	13.59	16293	C CRYSTALS 2500 MG	8Z	PWD	20.99	16.79
29450	LUTEIN 6 MG	60	SGC	12.90	10.96	58687	D3 LIQ MIXED BERRY	1Z	LIQ	7.99	6.39	16297	C WAFER 500	90	CHW	15.99	12.79
41241	LYCOPENE 15 MG	60	SGC	19.90	16.91	64269	DHA PURE	90	SGC	12.99	10.39	16140	CAL MAG 1000/500 TAB	90	TAB	13.99	11.19
12907	LYSINE 500	300	CAP	27.70	23.54	34350	ECHINACEA	1Z	LIQ	8.95	7.16	16141	CAL MAG 1000/500 TAB	180	TAB	23.59	18.87
12934	Lysine PWD 100G	100	PWD	9.90	8.41	34351	FIRST DEFENSE	4Z	LIQ	21.95	17.56	58365	CAL MAG 1000/500 TB D	90	TAB	13.99	11.19
12831	MAG GLYCINATE 200 CHEL	90	TAB	19.90	16.91	34346	MULTI VIT & MIN	8Z	LIQ	16.95	13.56	21167	CAL MAG CAP TM	90	CAP	11.99	9.59
62706	MAG OXIDE 350 MG	90	CAP	9.90	8.41	65382	PRENATAL DHA 500 MG	30	SGC	21.99	17.59	21168	CAL MAG CAP TM	180	VCA	18.59	14.87
51411	MAGNESIUM OXIDE	180	CAP	16.50	14.02	67248	PROBIOTICS + COLDS CHW	90	CHW	23.99	19.19	34508	CAL MAG CITRATE MAXISB	100	SGC	16.99	13.59
53436	MEDOMEGA FISH OIL 2800	100	LIQ	39.90	33.91	38405	PROBIOTICS W/COLOSTRUM	50G	PWD	23.95	19.16	34509	CAL MAG CITRATE MAXISB	200	SGC	28.99	23.19
28095	MOISTURE EYES	180	SGC	52.90	44.96	CHOCOLOVE						16143	CAL MAG POT 500/500/99	180	TAB	20.59	16.47
39608	MSM 1000 MG	90	CAP	12.50	10.62	62339	DARK CHOC ALMOND & SEA	3.2	BAR	3.59	3.23	16142	CAL MAG POT 500/500/99	90	TAB	13.99	11.19
41119	MULTI MINI IRON FREE	180	TAB	34.50	29.32	61599	DARK CHOC BAR 70% COCO	3.2	BAR	3.59	3.23	43337	CAL MAG W/D CMP TM	120	VCA	15.99	12.79
55484	MULTI MINI IRON FREE	90	TAB	19.90	16.91	58488	DARK CHOC BAR CHER ALM	3.2	BAR	3.59	3.23	43338	CAL MAG W/D CMP TM	240	VCA	25.79	20.63
31581	N A C 500 MG	60	CAP	15.50	13.17	57422	DARK CHOC BAR GINGER	3.2	BAR	3.59	3.23	20738	CAL MAG ZINC	100	TAB	10.99	8.79
12638	NIACIN 100	100	TAB	9.90	8.41	57468	DARK CHOC BAR RASPBERR C	3.2	BAR	3.59	3.23	16145	CAL MAG ZINC TM	180	TAB	20.59	16.47
12639	NIACIN 100	300	TAB	27.90	23.71	65323	DARK CHOC CURRANTS & AL	3.2	BAR	4.79	4.31	16157	CAL MAG ZINC TM	250	TAB	19.59	15.67
12636	NIACIN 50	100	TAB	8.90	7.56	60659	HAZELNUT MILK CHOCOL	3.2	BAR	3.59	3.23	16139	CAL SNACK	120	CHW	24.79	19.83
12644	NIACIN 500 TIME T/R	500	TAB	45.20	38.42	CHOICE ORGANIC TEAS						20736	CAL W/BORON TM 1000	90	CAP	14.99	11.99
12642	NIACIN 500 TIME T/R	100	TAB	12.40	10.54	59343	BLACK TEA ORGANIC	16	BAG	5.39	4.31	38440	CARB PHASER 1000	60	CAP	16.99	13.59
58229	OMEGA 3 ELITE 1250 MCG	120	SGC	36.50	31.02	59344	ENGLISH BREAKFAST ORG	16	BAG	5.39	4.31	16060	CARNITINE 500 W/B6 CAP	60	CAP	38.19	30.55
12893	OMEGA 3 SUPER + 30FREE	100	SGC	25.50	21.67	64422	GREEN TEA DECAFF ORGAN	16	BAG	4.99	3.99	16061	CARNITINE 500 W/B6 CAP	30	CAP	24.99	19.99
12892	OMEGA 3 SUPER 1000	250	SGC	57.90	49.21	55871	GREEN TEA JASMINE ORGA	16	BAG	5.39	4.31	16233	CAROTENE 25000 SGC	100	SGC	19.99	15.99
12890	OMEGA 3 SUPER 1000	50	SGC	12.90	10.96	59206	GREEN TEA MOROCCO MINT	16	BAG	5.39	4.31	29834	CAROTENOID COMPLEX	60	SGC	30.99	24.79
12891	OMEGA 3 SUPER 1000	100	SGC	25.50	21.67	56018	GREEN TEA ORGANIC	16	BAG	4.99	3.99	16180	CHARCOAL 260	100	CAP	14.99	11.99
55153	PHOS SERINE 100	90	SGC	54.50	46.32	65089	GREEN TEA ORGANIC CLAS	16	BAG	4.99	3.99	16261	CHOLINE 293 W/RICE BRN	100	TAB	15.99	12.79
61494	PROSTATE NUTRA SUPPORT	120	SGC	58.50	49.72	59994	OOLONG TEA	16	BAG	5.39	4.31	22669	CHROMIUM PICOL 200	200	CAP	20.59	16.47
12884	SALMON OIL	180	SGC	34.90	29.66	62518	RODIBOS TEA ORGANIC	16	BAG	5.19	4.15	28092	CIRCULATION FACTORS	50	TAB	19.99	15.99
62394	SALMON OIL COMP 120 +60	180	SGC	39.90	33.91	CITRA SOLV						24510	COENZYME ACTIVE B6 50	30	CAP	9.99	7.99
12886	SALMON OIL +50 FREE	180	SGC	34.90	29.66	64365	CITRA DISH LIQ MNG TNG	25Z	LIQ	5.40	5.40	62837	COENZYME B CMP ADV	120	VCA	49.39	39.51
12791	SELENIUM 200	60	CAP	9.50	8.07	64366	CITRA DISH LIQ VL ORNG	25Z	LIQ	5.40	5.40	62836	COENZYME B CMP ADV	60	VCA	30.99	24.79
12792	SELENIUM 200	180	CAP	24.50	20.82	64368	CITRA SOLV SPRAY ORANG	22Z	SPY	5.49	5.49	22673	COENZYME B COMPLEX CAP	60	CAP	20.59	16.47
12548	SOAP SKIN CARE E GEM	1	PAK	4.90	4.16	64369	CITRA WOOD</										



Cinnamon Capsules Relieve Menstrual Cramps

Menstrual cramps are nearly universal and can interfere with daily activities and quality of life. The most common treatments are over-the-counter non-steroidal anti-inflammatory drugs (NSAIDs) or prescription medications, both of which can have serious short- and long-term side effects.

In this study 76 college women with untreated, moderately painful menstrual cramps took a placebo or two 420 mg capsules of dried cinnamon bark three times per day during the first three days of the period. Compared to placebo, bleeding was significantly lighter, pain scores were one-third lower at 24 hours, and 50 percent lower at 48 hours. Also, nausea and vomiting were much less in the cinnamon group.

(Reference: *IRC Medical Journal*; 2015, Vol. 17, No. 4, e27032)

Additional Comments from Don Goldberg

The medicinal value of cinnamon is not fully appreciated. There are two high quality cinnamon products available in the Phyto-Tech™ line. An excerpt from the Phyto-Tech™ Herbal Reference Guide is provided for your additional information:

Phyto-Tech™ Cinnamon Bark 40

This is a standardized Cinnamon Bark complex in a liquid filled veggie cap and regular veggie cap form:
60 Liquid Filled Capsules
Product Code: 57092
90 Veggie Caps - Product Code: 60118

Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

Who would benefit from this supplement?

Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions.

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes.

According to the Natural Standard

Integrative Medicine database, "Cinnamon may be used for various medical conditions". In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication. Cinnamon has been touted as having a positive effect on postprandial glucose metabolism. Its ability to lower blood sugar in individuals with diabetes has been discussed. Naturally occurring compounds found in cinnamon (*Cinnamomum cassia*), including chromium and polyphenols, may improve insulin sensitivity. Human data suggest that cinnamon exhibits "sweet"

properties and may be used in strategies for reduction of sugar intake.

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes.

Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark.

The Cinnamon used in Phyto-Tech Cinnamon supplements is *Cinnamomum cassia*, the species utilized in research. It is certified organic and vegetarian.

The Cinnamon used in Phyto-Tech Cinnamon supplements is *Cinnamomum cassia*, the species utilized in research. It is certified organic and vegetarian.



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



when used before the meal.

Phyto-Tech™ Digest Stim also contains fennel and peppermint to soothe digestive upset and keep the digestive tract calm while digesting efficiently.

This formula can be especially helpful to the elderly, where poor digestion is common.

Many herbalists recommend Phyto-Tech™ Digest Stim for Candida albicans. Candida thrives in a digestive tract that under secretes, thus becoming too alkaline (digestive pH is acidic, blood pH is alkaline). Phyto-Tech™ Digest Stim is thought to increase HCl in the stomach, thus keeping it very acidic which kills parasites, bacteria, germs and keeps Candida in check. Insufficient digestive enzymes result in leaky gut syndrome and the candida/parasite/germ hypothesis that cannot be healed without increasing digestive enzymes.

Contraindications: Pregnancy; Ulcers, Irritable Bowel (Phyto-Tech™ Digest Stim may help or worsen this condition--use caution)

Dosage: In general, it is best before a meal but can be used afterward.

Daily use: 15-60 drops, 2-3 times per day or as needed in juice or water. Use before or after meals.

Occasional use: 30-60 drops before or after meals that create indigestion or digestive upset.

Dong Quai Root 1:3

A highly regarded, well known Chinese herb widely used for various menstrual and menopausal problems.

1 fl oz - Prod Code: 57001

Who might benefit from this supplement?

- Women suffering from various menstrual irregularities;
- Women seeking to lessen the symptoms of menopause (hot flashes, mood swings, irritability); women with premenstrual

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disorders (PMS) to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability).

Phyto-Tech™ Dong Quai Root 1:3 contains Dong Quai Root, Alcohol Pure Grain, Water Pure Deionized; 333 mg/ml.

Herbalists consider Dong Quai to be an estrogen synergist. It sensitizes the binding or absorption sites where estrogen is absorbed into the body and will increase levels of estrogen. In menopause where estrogen is decreasing, it helps satisfy the bodies craving and diminishes symptoms. In PMS, Dong Quai accentuates the estrogen phase or phase from menses to ovulation. It is especially indicated for cycles longer than 28 days. It is contraindicated for cycles less than 28 days, which is estrogen excess (use Chaste Tree Berries here).

Dong Quai will help bring a longer cycle back to a 28-day cycle, help bring on a crampy slow onset period and possibly help alleviate a dry vagina.

Contraindications: Pregnancy; Menses that have a cycle shorter than 28 days.

Dosage: 15-45 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas:

- Phyto-Tech™ Chaste Tree Berry (if cycle is shorter than 28 days or if progesterone deficient)
- Phyto-Tech™ Menopause Complex (menopausal formula)
- Phyto-Tech™ Menses Complex (if PMS)
- Phyto-Tech™ Black Cohosh Root 1:3 (hot flashes, slow onset period)

Ear Drops

Soothes aches, promotes comfort and circulation, and supports immunity, as an external ear oil.

Phyto-Tech™ Ear Drops ~ Prod Code: 56953

Phyto-Tech™ Ear Oil, Child Friendly - Prod Code: 57011

Who can benefit from this supplement?

- Children and adults with ear infections.
- Phyto-Tech™ Ear Drops contains the following herbs: Mullein

Flower Oil, Coptis Root Oil, Garlic Bulb Oil, Arnica Montana Flower Oil, Cold Pressed Extra Virgin Olive Oil.

This product comes in two versions:

Phyto-Tech™ Ear Drops (Code 56953) and a Child Friendly version, Phyto-Tech™ Ear Oil (Code 57011). Both come in 1 fl oz bottles.

Echina Acute Complex

Liquid Herbal Extract

Echina Acute Cmplx Liquid Drops

1 fl oz ~ Prod Code: 56946

Echina Acute Cmplx Liquid Drops

2 fl oz ~ Prod Code: 56979

Echina Acute Cmplx, Alcohol Free

1 fl oz ~ Prod Code: 56974

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root

Echina Acute Complex

Liquid Veggie Caps

60 Liquid Filled Veggie Caps ~ Prod Code: 57093

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective,

... continued on page 50



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



53779	COQ10 100 MG VEG SGC	60	SGC	29.99	23.99	24499	LYSINE 1000 W/B6 TAB	250	TAB	29.79	23.83	16120	PHYNOGENOL 50 CAP	50	CAP	51.59	41.27
58351	COQ10 100 MG VEG SGC	120	SGC	46.39	37.11	44922	MAG 300 W/SILICA	120	CAP	17.99	14.39	41650	Q10 ENHANCED VCAP	60	VCA	30.99	24.79
16955	COQ10 30	30	CAP	10.99	8.79	16161	MAG CHELATED 250 MG	180	TAB	18.59	14.87	29002	SAW PALM PYGEUM	90	CAP	24.79	19.83
35154	COQ10 30 MG MAXI SORB	120	SGC	51.39	41.11	20741	MAG CHELATED 250 MG	90	TAB	9.99	7.99	24495	SAW PALM PYGEUM EX	60	CAP	19.99	15.99
53778	COQ10 60 MG VEG SGC	60	SGC	19.59	15.67	22734	MAG POT ASPAR T/MINS	180	TAB	23.59	18.87	16167	SELENIUM 100 YEAST FR	180	TAB	14.99	11.99
16183	COQ10 60 XTRA SUPER	60	CAP	26.79	21.43	16147	MAG POT ASPARTATE TM	90	TAB	13.99	11.19	52804	SHARP THOUGHT	30	VCA	32.99	26.39
59794	CORE DAILY 1 MEN	60	TAB	23.59	18.87	54580	MAGNESIUM CITRATE /CAL	120	TAB	18.59	14.87	57841	STRESS SHIELD	60	VCA	24.79	19.83
59795	CORE DAILY 1 WOMEN	MEN	TAB	23.59	18.87	16097	MAX AMINO CAP W/B6	180	VCA	35.99	28.79	16316	TALL TREE CHILD MULTI	100	CHW	17.99	14.39
59797	CORE DAILY 1 WOMEN 50+	60	TAB	32.99	26.39	41661	MAX FOR MEN MULTI VCAP	120	VCA	32.99	26.39	16088	TAURINE 500 W/B6 CAP	100	CAP	11.99	9.59
16237	D 1000 DRY	100	TAB	7.99	6.39	16332	MAX FOR MEN TR	60	TAB	23.59	18.87	64249	THEANINE 100 MG MELTS	60	TAB	26.79	21.43
16236	D 400	100	SGC	7.99	6.39	16333	MAX FOR MEN TR TAB	120	TAB	40.99	32.79	52693	THEANINE 200 MG	60	VCA	32.99	26.39
55556	D3 1000 IU SGC LANOLIN	200	SGC	12.99	10.39	62217	MAXINE FOR MEN SGC	60	SGC	22.59	18.07	16106	THYRO MAX	60	TAB	17.59	14.07
55266	D3 1000 SGC LANOLIN	100	SGC	7.99	6.39	16213	MAXI HAIR MAX	90	TAB	24.79	19.83	16152	TOT MINS MULTI MIN CMP	120	TAB	24.79	19.83
53780	D3 2500 IU LANOLIN	60	SGC	7.99	6.39	16212	MAXI HAIR MAX	60	TAB	18.59	14.87	16347	TOTAL MINS FE FREE TAR	120	TAB	25.79	20.63
55555	D3 2500 IU SGC LANOLIN	200	SGC	14.99	11.99	61393	MAXI HAIR PLUS VCAP	120	VCA	29.99	23.99	51642	TOTAL MINS IRON FR VCA	150	VCA	23.59	18.87
62216	D3 5000 IU VEGAN	60	VCA	28.79	23.03	65086	MAXI SKIN COLLAGEN C A	90	TAB	21.99	17.59	29824	ULT FAT METABOLIZER	60	TAB	19.99	15.99
62215	D3 5000 IU VEGAN	30	VCA	20.59	16.47	65087	MAXI SKIN COLLAGEN C A	2.7	PWD	16.59	13.27	29825	ULT FAT METABOLIZER	90	TAB	29.99	23.99
57179	D3 5000 SGC	200	SGC	18.99	15.19	39382	MAXINE FOR WOMEN VCAP	120	VCA	28.99	23.19	29831	ULT PROTEIN SYS CHOCO	21B	PWD	50.99	40.79
57178	D3 5000 SGC	60	SGC	10.99	8.79	16331	MAXINE GENT STR NO FE	120	CAP	28.79	23.03	26825	ULT PROTEIN SYS VAN	21B	PWD	50.99	40.79
44603	DAILY DOPHILUS AM/PM	112	VCA	32.99	26.39	16327	MAXINE TR FEM FOR WOM	60	TAB	23.99	19.19	23692	VANADYL SULFATE 5000	180	CAP	19.59	15.67
43330	DAILY TOT 1 DY	60	VCA	21.99	17.59	16328	MAXINE TR FEM FOR WOM	120	TAB	40.99	32.79	54231	VARICOVEIN MEN WOMEN	60	VCA	32.99	26.39
62871	DHA KIDS DOLPHIN PALS	90	GUM	28.79	23.03	24841	MELATONIN 3 MG RAP/REL	90	TAB	12.99	10.39	25924	WATER FACTORS MAX	90	TAB	18.59	14.87
32468	DHEA 10 MG	50	CAP	9.99	7.99	54827	MENS DAILY NUTRITION	60	TAB	36.99	29.59	31896	WHEY PRO PWD NAT	24Z	PWD	47.99	38.39
26462	DHEA 25 MG	90	CAP	16.99	13.59	54828	MENS DAILY NUTRITION	120	TAB	58.99	47.19	31746	WHEY PRO PWD NAT	12Z	PWD	26.99	21.59
27219	DHEA COMPLEX MEN 50 MG	60	CAP	28.79	23.03	63271	METHYL B12 1000 CHERRY	60	LOZ	13.39	10.71	65855	WHEY PROT COCOA COC SF	11.	PWD	26.99	21.59
16194	DMG 125	60	LOZ	25.79	20.63	63270	METHYL B12 5000 CHERRY	60	LOZ	22.59	18.07	63056	WHEY PROT PAK NAT	EA	PAK	2.79	2.51
16311	E 400 COMPLEX	90	SGC	33.99	27.19	65088	METHYL FOLATE 800 MELT	60	TAB	20.59	16.47	63057	WHEY PROT PAK VANILLA	EA	PAK	2.79	2.51
20775	E 400 COMPLEX	180	SGC	61.99	49.59	23989	MULTI ADULT CHEW WAF	60	CHW	19.99	15.99	44685	WHEY PROT PWD CH FD	14Z	PWD	26.99	21.59
20288	E 400 SGC	180	SGC	61.99	49.59	65353	MULTI ADULT CHEW WAF	120	CHW	39.99	31.99	62425	WHEY PROT PWD CH SG FR	15.	PWD	26.99	21.59
20393	E P O 500	60	SGC	11.99	9.59	51643	MULTI LIQ FOOD BASE	32Z	LIQ	43.59	34.87	65856	WHEY PROT PWD COCON SF	11.	PWD	26.99	21.59
60595	FLEX-ABLE ADVANCED	90	CAP	43.59	34.87	16344	N A C 750 MG	60	CAP	23.59	18.87	62426	WHEY PROT PWD VN SG FR	15.	PWD	26.99	21.59
65853	FOLATE 800 CHW ORANGE	100	CHW	15.99	12.79	16149	NERVE & OSTEO SUPP	180	TAB	24.79	19.83	63139	WHEY PROTEIN NAT ORG	10.	PWD	35.99	28.79
16263	FOLIC ACID 800	90	TAB	7.99	6.39	16268	NIACINAMIDE 500 W/R BN	100	TAB	12.99	10.39	44906	WHEY PROTEIN PWD VAN	12Z	PWD	26.99	21.59
29816	GLUCOS CHOND 500/400	100	CAP	32.99	26.39	58698	OMEGA 3 1000	300	SGC	36.99	29.59	54830	WOMENS DAILY NUTRITION	120	TAB	61.99	49.59
23986	GLYCEMIC FACTORS	100	TAB	29.99	23.99	52461	OMEGA 3 6 9 COMPLETE	180	SGC	46.99	37.59	54829	WOMENS HER DAILY NUTRI	60	TAB	38.99	31.19
23988	GRAPE SEED EXT 100 MG	50	CAP	29.99	23.99	43828	OMEGA 3 6 9 ULTRA	90	SGC	27.99	22.39	16170	ZINC 50	100	TAB	9.99	7.99
26081	GRAPE SEED EXT 200 MG	60	CAP	57.59	46.07	16196	OMEGA 3 F B D 1000	100	SGC	17.99	14.39	16153	ZINC 50 TM	90	TAB	9.99	7.99
51606	GREENS & WHEY PWD VAN	10Z	PWD	26.99	21.59	16197	OMEGA 3 F B D 1000	200	SGC	26.99	21.59	16154	ZINC 50 TM	180	TAB	15.99	12.79
16265	INOSITOL PWD 1100 MG	4Z	PWD	28.79	23.03	43842	OMEGA 3 MOOD	90	SGC	34.99	27.99	16169	ZINC LOZ 23 + C	120	LOZ	15.99	12.79
16160	IRON AID	60	TAB	12.99	10.39	34051	OMEGA ULTRA	120	SGC	23.99	19.19	32600	ZINC LOZ CHERRY W/C	60	LOZ	9.99	7.99
16314	K1 100	100	TAB	7.99	6.39	24514	PANTOTH 4 500 RR W/RB	60	TAB	12.99	10.39	54581	ZINC PICOLINATE	100	TAB	11.99	9.59
64248	K2 500 MCG VEGAN MELTS	60	TAB	27.79	22.23	27245	PANTOTHENIC AC 1000 TR	60	TAB	20.59	16.47						
16187	KELP 225 MCG	300	TAB	11.99	9.59	16227	PAPAYA 25 CHW	500	CHW	17.59	14.07						
16188	LECITHIN 19	300	SGC	25.99	20.79	16198	PHOS CHOL 1200 MG	100	SGC	20.59	16.47	65047	1234 DIET DROPS	2Z	LIQ	19.99	15.99
16189	LECITHIN GRAN 160Z	16	PWD	19.99	15.99	50998	PHOS SERINE (NEURO PS)	60	SGC	55.59	44.47	65051	30 DAY DIET VCAP	60	VCA	24.99	19.96
22226	LIGA TEND RR	100	TAB	32.99	26.39	16164	POTASSIUM 99 MG	250	TAB	14.99	11.99	66195	ANTI AGING FRM BIO CER	30	VCA	26.99	21.59
32667	LIPOIC ACID 100 MG	50	CAP	14.99													

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The **Phyto-Tech™ Green Tea Guo** formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss. Please note that one dropperful of **Phyto-Tech™ Green Tea Guo** contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All **Phyto-Tech™ Green Tea Guo** preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap.

Each **Phyto-Tech Green Tea** capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944
2 fl oz ~ Regular Flavor - Code: 57098
1 fl oz ~ Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126



TOP 5 SUPPLEMENTS FOR YOUR GLUTEN-FREE LIFESTYLE

Millions of Americans eat gluten-free. But did you know that if you follow a gluten-free diet, you may be deficient in certain vitamins and minerals? Here are **Country Life's Top 5 Supplements to Consider** if you lead a gluten-free lifestyle.



B VITAMINS

You know that B vitamins support energy but did you know that they play an important role in the metabolism of food? Country Life's **Coenzyme B-Complex** includes the "coenzymated" form of B12 (methylcobalamin) plus all other needed Bs. Try the #1 "coenzymated" B-complex.*



CALCIUM

Calcium is a vital component to our bones, as well as our teeth and muscles.** If you have low intake of dairy foods and green leafy vegetables, you may need added calcium. Country Life's **Calcium/Magnesium Complex** contains a vegetarian form of calcium (HA). Or try **Bone Solid®** which contains a form of calcium (MCHA) most similar to that which naturally occurs in our bodies.



VITAMIN D

Even if you follow a gluten-free diet, you may still be one of 70% of Americans who have inadequate dietary Vitamin D levels. It is needed in calcium absorption, and functions to promote bone and immune health.** Country Life has a range of forms and potencies to complement your lifestyle. Try our popular **Vitamin D3 5000 IU**.



IRON

Iron is essential for the formation of red blood cells.** For those new to a gluten-free diet, your daily iron intake may be deficient. Country Life offers a non-constipating **Easy Iron**.



MAGNESIUM

Magnesium plays an important role in over 300 biochemical reactions in the body and supports immune, heart and bone health.** Almost 50% of Americans have inadequate intakes of magnesium. If you are not consuming a diet with enough magnesium, you should consider supplementation. Try Country Life's **Chelated Magnesium**.



1st Certified Gluten-Free Supplement Brand by the Gluten-Free Certification Organization (GFCO).

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** These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

* Based on SPINScan Natural 52 weeks ending 7/10/16

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



immune support formula.

Who can benefit from this supplement?

- Those who sense the onset of a cold or flu;
- Those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea purpurea Herb, Goldenseal Root, Echinacea angustifolia Root, Oregon Grape Root, Fresh Yerba Mansa Root, Myrrh Gum, Fresh Wild Indigo Root.

Echinacea Root 1:2

One of the most popular immune system stimulating herbs.

1 fl oz ~ Prod Code: 56945

2 fl oz ~ Prod Code: 56980

1 fl oz, Alcohol Free ~ Prod Code: 56968

90 Veggie Caps - Prod Code: 60129

Who can benefit from this herbal supplement?

- Those who need to stop an oncoming cold, flu or other infection.

Echinacea can also be helpful to those needing a long-term tonic, either due to chronic health problems or a tendency to get ill easily. "Contrary to popular myth, Echinacea is safe for long term use and will not decrease immune response over time. That myth was [based on] a misinterpretation of a [foreign language] study done about 40 years ago."

Phyto-Tech™ Echinacea Root 1:2 contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops. Also available as a veggie capsule, with each Phyto-Tech™ Echinacea capsule containing 420 mg of certified organic Echinacea Root (Echinacea angustifolia).

Echinacea Triple 1:2:1

A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.

1 fl oz - Prod Code: 56994

1 fl oz Alcohol Free - Prod Code: 57052

Who will benefit from this supplement?

The indications for Phyto-Tech™ Echinacea Triple are basically the same for Echinacea. This product is designed for those who prefer a combination of the three different forms of Echinacea to maximize the efficacy and "diversify" some of the active constituents.

Echinacea, of course, is best known as an immune builder for immune deficiency and for its ability to prevent or ameliorate an upcoming cold, flu or infection when used at the first sign of the condition. The larger doses shown below reflect this purpose.

Echinacea is not thought to kill microbes by itself. Instead, it stimulates the immune system to do it. It supports the healthy innate immune response. This is why one does not need to be apprehensive about taking Echinacea in the presence of auto-immune disorders.

Phyto-Tech™ Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root, pure grain alcohol and purified water.

Dosage: Acute: 3-5 dropperfuls and up to 1 teaspoon (5-6 dropperfuls) every 2-3 hours when on the edge of illness. Long Term Tonic: 30-90 drops, 1-3 times per day or as needed, in juice or water.

Elderberry

Recent research shows this herb may be especially effective for those with influenza virus infections.

1 fl oz - Prod Code: 57026

Who can benefit from this supplement?

- Those who suffer from influenza and similar viral infections, as well as those with cardiovascular disease and vision problems. Elderberry is rich in flavonoids, anthocyanins and other phyto-antioxidants.

Phyto-Tech™ Elderberry supplies one of the most effective herbs to use against the flu. Studies suggest this herb shortens the duration of flu symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. Elderberry can be used during an active flu episode (combined, perhaps, with Oregon Oil, Echinacea-Goldenseal, or Phyto-Tech™ Immune Acute Complex). It can also be used as a preventative to avoid getting sick during the flu season. Elderberry 1:2 liquid extract is a very concentrated source of anthocyanins, the purple pigments that function as powerful antioxidants, along with the flavonoids quercetin and rutin, vitamin A and vitamin C.

The extract can be taken on a long term basis to increase one's resistance to illness and help rebuild a strong immune response.

Elderberry also benefits the cardiovascular system. Those with poor night vision will be helped by Elderberry, as it is thought to help regenerate rhodopsin, the pigment in the retina that is responsible for both the formation of the photoreceptor cells and the perception of light, enabling the eyes to adapt to darkness.

Dose: 20-40 drops, 2-3 times per day in juice or water. Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

41842	CLEARLY FIBER	5.8	PWD	15.20	12.16	57261	JOINT SUPP SMALL DG CT	45	CHW	9.20	7.36	66979	SLEEP BENEFITS	60	CAP	41.95	33.56	59464	MICRODERMABRASIN SCRUB	2Z	CRM	32.49	25.99	
40914	COLLAGEN NATURAL	90	TAB	49.60	39.68	54445	K2 PLUS MK 7	60	CAP	24.40	19.52	16979	SPECTRA	240	TAB	56.80	45.44	29504	MOIST SOOTH OIL FR PYC	2Z	GEL	29.95	23.96	
41188	COLOSTRUM 600 MG	60	CAP	26.00	20.80	66974	LEAN BENEFITS	60	CAP	62.95	50.36	16978	SPECTRA	120	TAB	29.60	23.68	29503	MOIST SOOTHING CRM PYC	2Z	CRM	29.95	23.96	
43334	COQ10 100 MG CHEW MELT	60	CHW	55.60	44.48	50592	LIBIDO	90	SGC	29.20	23.36	42432	SPECTRA GREENS PWD	12	PWD	44.00	35.20	42012	MOIST VERY CLEAR	2Z	CRM	19.49	15.59	
16971	COQ10 30	60	CAP	19.60	15.68	59941	LIPOIC ACID 300 MG ALP	60	CAP	26.40	21.12	29211	SPECTRA MAN	120	TAB	37.20	29.76	39361	PSORZEMA PSORIASIS CRM	4Z	CRM	19.95	15.96	
16970	COQ10 50 MG SUB	60	LOZ	28.00	22.40	60288	LIPOSOMAL C LIQ	10	LIQ	36.40	29.12	37803	SPECTRA MAN	240	TAB	66.00	52.80	33915	SCAR GEL	2Z	GEL	19.95	15.96	
56338	COQ10 DMG 300 300	60	CHW	90.00	72.00	56262	LUTEIN 10 MG	60	VCA	21.20	16.96	50086	SPECTRA MULTI AGE	17	PWD	42.40	33.92	31529	SKIN LITE SPOT CREAM	2Z	CRM	24.95	19.96	
66982	CORTISOL BENEFITS	60	CAP	46.95	37.56	64345	LYSINE 500 MG VCAP	90	VCA	12.00	9.60	27736	SPECTRA NO CU/FE	120	TAB	29.60	23.68	55125	SOOTH CLEANSER W/PYC	6Z	LIQ	15.59	12.47	
41180	CRANBERRY 400 MG	60	CAP	9.20	7.36	42742	MAG CITRATE 140 MG	90	CAP	10.00	8.00	52730	SPECTRA ORANGES	9.9	PWD	45.60	36.48	60366	SOOTH TONER PYNOCG	6Z	LIQ	15.59	12.47	
59048	CURCUMIN C3 COMPLEX	60	CAP	33.60	26.88	59050	MAG CITRATE EFFERV PWD	375	PWD	47.20	37.76	51484	SPECTRA PURPLES	11Z	PWD	46.40	37.12	33202	TEA TREE & E OIL	1Z	OIL	14.99	11.99	
45589	CX 2 SOLUTIONS	180	VCA	74.40	59.52	61585	MANGO PLEX W/ RASP KET	KET	CAP	36.00	28.80	45587	SPECTRA REDS	1.4	PWD	45.60	36.48							
59382	D MAINNOSE COMPLEX PWD	30	PWD	40.40	32.32	41929	MITO FUEL	10	PWD	63.60	50.88	29722	SPECTRA SENIOR	180	CPL	44.40	35.52							
55417	D3 1000 IU	250	TAB	11.60	9.28	54889	MEGA PROBIOT ND DG ENZ	90	CHW	41.20	32.96	26664	SPECTRA WOMAN	120	TAB	36.00	28.80	23235	BLEMISH TOUCH STIK TTO	.33	STK	9.99	7.99	
60289	D3 10000 IU SPRAY	1Z	SPY	15.60	12.48	50119	MEGA PROBIOTIC ND	120	VCA	35.60	28.48	38136	SPECTRA WOMAN	240	TAB	64.80	51.84	35237	BODY CREAM SHEA BUTTER	6Z	CRM	9.99	7.99	
56280	D3 5000 IU	120	CAP	25.60	20.48	41198	MELATONIN 3 MG	120	CAP	19.20	15.36	64118	STRESS B CAP	90	CAP	21.20	16.96	55662	BODY WASH FRAGRANCE FRE	REE	LIQ	8.99	7.19	
64024	DAILY BEST ULTRA	60	CAP	32.40	25.92	59569	MELATONIN LIPOSOMAL	30	LIQ	16.80	13.44	65757	TELOMERE BENEFITS	60	VCA	148.00	118.40	55656	BODY WASH LAVENDER BUL	8Z	LIQ	8.99	7.19	
66690	DHEA 10 MG	90	CAP	10.40	8.32	65758	METABOLIC MULTI	180	VCA	64.40	51.52	45272	THEANINE 200 MG	60	VCA	34.40	27.52	58783	CLEANS ORG GENTLE NOUR	6.7	LIQ	13.99	11.19	
56279	DHEA 25 MG	90	CAP	11.60	9.28	66975	METHYL BENEFITS	30	CAP	23.98	19.18	43743	THEANINE 200 MG	30	VCA	19.60	15.68	23246	COND TTO W/ESS OILS	12Z	LIQ	8.99	7.19	
50087	DIGENZYME	90	VCA	42.40	33.92	66976	METHYL BENEFITS	60	CAP	47.95	38.36	54339	THYROID BASICS	120	CAP	39.60	31.68	51436	CONDITION RED GRAP ORG	8Z	LIQ	8.99	7.19	
45078	DIMPPO 75 MG	120	VCA	52.00	41.60	41167	MILK THISTLE 300 MG	90	CAP	22.00	17.60	56512	TRI MAG 300	120	VCA	21.20	16.96	57821	CONDITIONER COCONUT	8Z	LIQ	8.99	7.19	
39273	DIMPPO 75 MG	60	VCA	28.80	23.04	57121	MITO FUEL	10	PWD	62.80	50.24	57259	UT SUPPORT CATS CHW	60	CHW	16.40	13.12	55660	CONDITIONER FRAGR FREE	8Z	LIQ	8.99	7.19	
10387	DISC DISCOVERY	180	TAB	29.20	23.36	42208	MSM 1000 MG TAB	180	TAB	26.40	21.12	41174	ZINC LOZENGES 23 MG	60	LOZ	7.20	5.76	42058	CONDITIONER JOJOBA	12Z	LIQ	7.99	6.39	
26573	DL PHENYLALANINE 750	60	CAP	19.60	15.68	51337	N A C 500 MG	90	VCA	17.60	14.08							23265	DENTAL FLOSS TTO DIS	50	FLO	3.65	2.92	
10388	DMG GLUCONIC 125	60	TAB	21.60	17.28	52648	NATTOKINASE PLUS	60	VCA	34.00	27.20							24057	DENTAL TAPE FLOSS TTO	30	FLO	3.75	3.00	
19728	DMG GLUCONIC 125	90	TAB	30.40	24.32	66701	NATURAL FLEX	90	CAP	36.00	28.80	32816	TOOTH & GUM PASTE	4Z	TUB	12.50	12.50	32561	DEOD DRY BY NATURE	2.7	STK	6.25	5.00	
36772	DMG GLUCONIC 250 CHW	90	CHW	49.20	39.36	66977	NEURO BENEFITS	90	CAP	48.95	39.16	34479	TOOTH & GUM SPRITZ	.7Z	SPY	4.95	4.95	23254	DEOD ROLL ON TTO	2Z	ROL	5.75	4.60	
43532	DMG GLUCONIC 500 MG CH	60	CHW	59.60	47.68	35624	OLIVIR OLIVE EXT TAB	90	TAB	44.00	35.20	29167	TOOTH & GUM TONIC	18Z	LIQ	31.00	27.90	62386	DEOD STICK LEMON	2.5	STK	6.29	5.03	
39866	DMG LIQ 300 MG	2Z	LIQ	38.40	30.72	28628	OLIVIR OLIVE EXT TAB	45	TAB	23.20	18.56	29168	UNDER THE GUM	4.5	LIQ	31.00	27.90	62388	DEOD STICK SPRING FRES	2.5	STK	6.29	5.03	
61724	E 400 MIXED TOCOPHEROL	60	SGC	28.00	22.40	41207	OLIVIR OLIVE EXT VCAP	90	VCA	44.00	35.20							62387	DEOD STICK TROP BREEZE	2.5	STK	6.29	5.03	
61282	ENZ FLAME	270	PWD	60.00	48.00	16981	OMEGA 3 1000 ENT COAT	90	SGC	26.80	21.44							23267	DEOD TTO STICK 2.5OZ	2.5	STK	6.25	5.00	
66981	ESTRO BENEFITS	60	CAP	54.80	43.84	57596	OMEGA 3 HP D	120	SGC	39.20	31.36	53753	A & GREEN TEA CREAM	2Z	CRM	21.99	17.59	67056	FACE OIL BALANCING	.96	LIQ	17.99	14.39	
40912	FLAXSEED OIL 1000 SGC	90	CAP	12.80	10.24	43304	OMEGA 3 SUPREME	90	SGC	24.80	19.84	53194	A OIL REFINING (WRINK)	2Z	OIL	12.79	10.23	67057	FACE OIL RESTORATIVE	.96	LIQ	17.99	14.39	
16973	FLORA	60	CAP	12.80	10.24	66978	OSTEO BENEFITS	180	CAP	43.95	35.16	29502	A VIT WRINKLE GEL	8Z	GEL	14.99	11.99	29332	FACE WASH TTO	32Z	LIQ	17.99	14.39	
65943	GARCINIA CAMBOG W/CHRM	90	CAP	34.50	27.60	44135	PARA SHIELD	120	VTAB	33.60	26.88	64765	ACNE CLEANSER VERY CL	6Z	LIQ	15.50	12.40	23238	FACE WASH TTO	8Z	SOP	10.09	8.07	
56513	GI BENEFITS	384	PWD	64.80	51.84	10395	PERNA	180	CAP	36.40	29.12	64767	ACNE SCRUB VERY CLEAR	4Z	CRM	13.95	11.16	32545	FACE WASH TTO	4Z	SOP	5.99	4.79	
34420	GINKGO BILOBA 60 MG	90	CAP	13.60	10.88	10396	PERNA	90	CAP	22.40	17.92	63040	AGE DEFYING CRM	2Z	CRM	39.49	31.59	23995	FACIAL CLEANSING PADS	50	PAD	7.99	6.39	
40522	GLUCO SYNERGY	60	CAP	36.40	29.12	36903	PERNA PLUS	90	TAB	34.40	27.52	65844	ANTI WRINKLE A GLYCOLI	6Z	LIQ	13.75	11.00	23241	FACIAL MOIST JOJO ALDE	4Z	CRM	7.99	6.39	
41165	GLUCOS SULF 500 MG	120	CAP	26.00	20.80	38708	PERNA PLUS	180	TAB	63.60	50.88	30253	ANTI WRINKLE CRM A RET	4Z	CRM	14.99	11.99	23242	FACIAL SCRUB	4Z	CRM	7.99	6.39	
41184	GRAPE SEED 100 MG	90	CAP	27.20	21.76	66832	PHYTO BENEFITS	60	CAP	48.00	38.40	62360	BRIGHT SERUM EVENLY RD	2Z	LIQ	29.99	23.99	62360	HAIR DEFRIZ HEAT PROT	8.5	SPY	9.9		



Healthy Youthful Skin

Ultraviolet sunlight damages skin, and natural compounds like zeaxanthin, the bright yellow antioxidant carotenoid that protects the eye, also protects the skin. In this study, 31 older women took a placebo or a supplement containing zeaxanthin, buckthorn fruit oil, wheat ceramides, alpha lipoic acid, green tea, red clover leaf, gotu kola seed, Pycnogenol®, and vitamins C, D and E. A third group received the supplement protocol plus applied an antioxidant skin cream with hyaluronic acid. The placebo group did not change, but the active groups had more hydrated skin at two weeks, fewer fine lines at four weeks, and less-severe wrinkles at 12 weeks, with plumper, smoother skin.

Reference: *Journal of Cosmetic Dermatology*; June, 2016, Published Online



Additional Comments from Sam Forbes, CN

This is interesting. There are so many skin healthy ingredients in this protocol, how could there be any other outcome. I think it's important to remember that therapeutic results are better achieved when natural compounds are given in combination, creating a synergistic effect. To maintain healthy, young looking skin it makes sense to choose supplements that protect against oxidative stress, aging, inflammation, overexposure to sunlight light, and help promote collagen production. The following is a brief description of the ingredients used in the study. Carotenoids like zeaxanthin provide protection to the eyes and skin from harmful ultraviolet radiation. Ceramides are natural components of the skin that provide moisture and structure, and help maintain skin elasticity, reducing wrinkles and prevent thinning of the skin. Lipoic acid is well known as an antioxidant with an ability act in both fat and water soluble tissue. This quality allows lipoic acid to be absorbed in many types of tissue, like the skin, to prevent aging. Hyaluronic acid is a polysaccharide widely distributed in connective tissue and because of its unique capacity for retaining water; its function in the body is to provide hydration and lubrication in the joints and skin. Gotu kola, also called centella asiatica, is an herb often used for circulation that may inhibit enzymes that break down collagen while

simultaneously increase the rate that collagen is synthesized. Any increase in collagen synthesis will cause firmness and tightening of the skin. Vitamin D helps maintain healthy skin by regulating epidermal cell growth. Supporting and maintaining normal cell growth can help prevent skin from sagging and becoming thin and dry. Try a combination of some or all of the listed products and see if you get the same results. And don't forget to use a topical cream like the one used in the study. To help you find a cream, ask one of our pharmacists or nutritionists to assist you.

To get started, here are some product suggestions::

Collagen HydraProtect with Ceramides
by Reserveage, Product Code: 64938

Skin Restoring Ceramides Wheat
by Life Extension, Product Code: 59613

Alpha Lipoic Acid 300 mg
by Healthy Origins, Product Code: 59378

Centella Asiatic
by Solaray, Product Code: 18660

Ultra Zeaxanthin 6 mg
by Solaray, Product Code: 51421

Hyaluronic Acid 50 mg
by Jarrow, Product Code: 45670



Resveratrol Prevents Genes for High Blood Pressure from Being Passed on to Offspring

In the lab, doctors gave mother rats with high blood pressure resveratrol during and for 21 days after pregnancy, and gave resveratrol to their offspring in the first days of life. By adulthood, the offspring had significantly lower blood pressure than their mothers, meaning any hereditary tendency to high blood pressure did not pass to the next generation. Positive results in this study may lead to larger human trials.

Reference: *Hypertension* AHA; February, 2016, Published Online

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Triphala
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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



organic Elderberry berries in each 30 drops.

Eleutherococcus 1:2

Also known as Siberian Ginseng, Eleutherococcus is an adaptogenic, immuno-modulating herb.

1 fl oz - Prod Code: 57018

Who will benefit from this herb?

• Those suffering from stress, fatigue, burn out, and frequent colds brought on by stress.

Phyto-Tech™ Eleutherococcus 1:2 provides 500 mg./ml (30 drops) of Eleuthero senticosis root.

As a true adaptogenic herb, it modulates how the body responds to stress by being a hormonal tonic to the stress axis--the hypothalamus, pituitary, and adrenal glands. By enhancing the body's ability to adapt to stress, the body can perform at a higher level. Too much stress creates chemical changes in the body that create a host of problems. Eleuthero prevents this from happening.

Eleuthero is ideal for those who the more hot, stimulant ginsengs would be inappropriate, i.e. "those with passion and fire." Eleuthero is not a true ginseng. It is the only non-heating ginseng, so it is indicated for those who have an adverse effect from Chinese or American ginseng, but still want what ginseng can do for them. It is a great long-term tonic for those who simple do too much and want to avoid burn out.

Caution: German Commission E recommends caution if you have high blood pressure.

Dosage: 20-60 drops, 2-3 times a day, or as needed, in juice or water. Consider it a Long-term tonic, and do not expect immediate results (allow one to three months).

Eyebright 1:3

Historically, considered the "cure for all evils of the eye."

1 fl oz - Prod Code: 57077

Who would benefit by using this herb?

• Those with hayfever, allergies, respiratory congestion, sinus infections, allergic conjunctivitis and allergic ear infections. In other words, Eyebright can be considered environmental allergy tonic.

Eyebright is widely used as a topical treatment for various eye conditions, but due to concerns about potential microbial contamination and hygienic problems, we do not recommend this. For eye problems, including blepharitis, conjunctivitis and styes, use it orally as an adjunct to ophthalmic medication.

Phyto-Tech™ Eyebright contains Eyebright Herb (Euphrasia officinalis), wild harvested, in a 1:3 ratio (333 mg/ml) (30 drops), in a base of grain alcohol and purified water.

Dose: 30-60 drops 2-3 times per day or as need in juice or water. For acute allergy attacks, take 60-90 drops 3-4 times per day for 2-3 days.

Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused on its apparent hypoglycemic actions.

1 fl oz - Prod Code: 57081

Who might benefit by taking this herb?

• Those with Type 2 diabetes, high cholesterol, arteriosclerosis, high triglycerides and digestive problems.

According to Nutrition Focus, "Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are

thought to account for many of the beneficial effects of fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate atherosclerosis and non-insulin-dependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and non-insulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL ("good") cholesterol levels.

Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

Dosage: As a tincture, up to 30-60 drops can be taken up to three times per day, in water or juice.

Caution: Do not use during pregnancy. Keep out of the reach of children.

Fertility Complex

Support for a healthy and successful pregnancy

1 fl oz - Prod Code: 57000

Who can benefit from this supplement?

• Women who are trying to become pregnant and those who are already pregnant; especially those with a history of difficult pregnancies.

Phyto-Tech™ Fertility Complex, Alcohol Free, contains the following herbs: Red Raspberry Leaf, Red Clover Blossoms, Nettles Leaf, Yellow Dock Root.

... continued on page 54

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



64234	MOUTHWASH TTO ULT MINT	16Z	LIQ	7.99	6.39
67055	OIL CLEANS FACE CREAMY	6.4	CRM	14.95	11.96
29334	RELIEF SPRAY W/ESSEN	4.2	SPY	5.99	4.79
57820	SHAMPOO COCONUT	8.2	LIQ	8.99	7.19
55659	SHAMPOO FRAGRANCE FREE	8.2	LIQ	8.99	7.19
51432	SHAMPOO GREEN APP GING	8.2	LIQ	8.99	7.19
51433	SHAMPOO ITAL RD GR ORG	8.2	LIQ	8.99	7.19
42059	SHAMPOO JOJOBA	12Z	LIQ	7.99	6.39

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See back page, or www.willner.com

52464	SHAMPOO LEMON TT ORG	8.2	LIQ	8.99	7.19
52462	SHAMPOO RASPBERRY ORG	8.2	LIQ	8.99	7.19
17261	SHAMPOO TTO	12Z	LIQ	8.99	7.19
29380	SKIN OINTMENT TTO	1.2	CRM	7.99	6.39
65926	SOAP BAR CREAMY COCON D	5.2	BAR	4.99	3.99
23251	SOAP BAR TTO 100G	5.2	BAR	4.49	3.59
29333	SOAP CASTLE TTO LIQ	32Z	LIQ	17.99	14.39
27773	SOAP CASTLE TTO LIQ	8.2	LIQ	6.95	5.56
26829	TEA TREE OIL LAVENDER	.6Z	LIQ	12.99	10.39
24108	TPST TTO WINTERGREEN	6.2	TUB	6.95	5.56
23261	TPST TTO W/FENNEL	6.2	TUB	6.95	5.56
23263	TPST TTO W/GINGER	6.2	TUB	6.95	5.56
23264	TPST TTO W/MINT	6.2	TUB	6.95	5.56
17259	TTO 100% PURE	2.2	LIQ	19.50	15.60
17258	TTO 100% PURE	1.2	LIQ	11.50	9.20
26107	TTO 100% PURE	.5Z	LIQ	7.59	6.07
32544	TTO 20% PURE KIND SKIN	4.2	OIL	9.99	7.99
23294	TTO ECO HARVEST	2.2	LIQ	21.95	17.56
33679	TTO ECO HARVEST	1.2	LIQ	13.59	10.87

DESIGNS FOR HEALTH

60515	ALLERZYME	90	CAP	25.00	25.00
58154	ALLICLIIN	60	SGC	28.00	28.00
56438	NATTO SERRAZIME	120	VCA	48.00	48.00
60514	PROBIOTIC SUPREME CAP	60	CAP	64.00	64.00
58350	TPST PERIOTOT SPER FF	90M	TUB	14.00	14.00

DEVITA NAT SKIN CARE

66514	ANTI AGING TRY ME KIT	KIT	KIT	19.95	17.95
66928	BODY MOIST SOLAR SPF30	7.2	CRM	27.95	25.15
36046	C SERUM 17%	1.2	LIQ	36.69	32.99
66517	CAPILLARY SUPPORT SER	1.2	LIQ	37.79	34.00
66927	CLEANSING CREAM CHAMOM	150	CRM	23.95	21.55
36050	FACIAL SCRUB GENTLE ALE	6.2	LIQ	23.49	21.15
66922	FACIAL TONER CUCUMBER	3.2	SPY	23.49	21.15

66515	HYALURONIC ACID SERUGL	1.2	GEL	46.89	42.21
66520	LIP VOLUMIZER	.15	STK	22.95	20.65
36049	MOIST EVENING RICH NUT	2.5	LIQ	25.49	22.95
36048	MOIST PERFECTING TIME	2.5	LIQ	28.59	25.73
66921	MUD MASK CAPP COCOA	3.2	CRM	16.95	15.25
66923	MUD MASK TOMATO ITAL	3.2	CRM	16.99	15.28
66929	PROTECT MOIST SOLAR	2.5	CRM	25.95	23.35
66516	SKIN BRIGHTENING SERUM	1.2	LIQ	29.59	26.64
66518	SUN DAMAGE REPAIR SER	1.2	LIQ	40.79	36.71
66519	UNDER EYE REPAIR SERUM	15M	LIQ	24.49	22.04

DMSO

22022	DMSO 70%CON/30%WATER	8.2	LIQ	23.99	19.19
42712	DMSO 70%CON/30%WATER	4.2	LIQ	18.49	14.79
41271	DMSO 99.9% PLASTIC	8.2	LIQ	21.39	17.11
43313	DMSO CRM	4.2	CRM	25.99	20.79
22744	DMSO CRM 70%/30%ALOE	4.2	CRM	28.89	23.11
27940	DMSO GEL 70%CON 30%ALO	4.2	GEL	22.59	18.07
40509	DMSO ROLL ON	3.2	ROL	18.49	14.79

DOCTORS BEST

32980	5 HTP 100 MG BEST	60	CAP	17.99	14.39
43805	5 HTP ENHANCED	120	VCA	32.99	26.39
52045	ACAI 500 MG BEST	120	VCA	23.99	19.19
40437	ACETYL L CARNITINE BT	60	CAP	21.99	17.59
61942	AGARICUS BEST 400 MG	90	VCA	32.99	26.39
56666	ARGININE 500 SUST+ IM D	120	TAB	29.99	23.99
58956	ARTEMISININ 100 MG	100	VCA	49.99	39.99
64461	ASHWAGANDA 125 W/SENS	60	VCA	12.99	10.39
64522	ASTAXANTHIN 6 MG SGC	30	SGC	18.99	15.19
64523	ASTAXANTHIN 6 MG SGC	90	SGC	49.99	39.99
63617	B COMPLEX FULLY ACTIVE	30	VCA	13.99	11.19
63836	B12 FULL ACT 1500 METH	60	VCA	8.99	7.19
62893	BENFOTIAM 150 + LIPOIC	60	VCA	22.99	18.39
50017	BENFOTIAMINE 150 MG	120	VCA	29.99	23.99
63543	BENFOTIAMINE 300 MG	60	VCA	26.99	21.59
66449	BEST ENERG FEAT NIAGEN	60	VCA	59.99	47.99
52408	BETAINE HCl PEPS GENTIN	120	CAP	14.99	11.99
67096	BIOTIN 10000 MCG	120	VCA	19.99	15.99
51052	BLADDER SUPPORT BEST	60	VCA	47.99	38.39
58400	BRAIN ENHANCERS NAT	60	VCA	34.99	27.99
61971	BRAIN MAGNESIUM	60	VCA	49.99	39.99
58035	BROMELAIN 3000 GD 500 D	90	VCA	29.99	23.99
60913	C 1000 MG ASCORB ACID	120	VCA	27.99	22.39
59421	CAL BONE MAKER D	180	CAP	27.99	22.39
40132	CARNITINE BEST 500 MG	60	CAP	24.99	19.99
60570	CARNITINE BEST 500 MG	180	CAP	64.99	51.99
64462	CARNOSINE 500 MG BEST	90	VCA	49.99	39.99
50397	CELADRIIN	90	CAP	24.99	19.99
45187	CELADRIIN CMP W/ GLUCOS	90	TAB	26.99	21.59
45204	CINNAMON EXT BEST	60	VCA	18.99	15.19
61301	COLLAGEN TYPE 1 & 3 CP	240	CAP	20.99	16.79

58038	COLLAGEN TYPE 1&3 PWD	7.2	PWD	19.99	15.99
58037	COLLAGEN TYPE 1&3 TAB	180	TAB	21.99	17.59
55490	COQ10 100 MG HI ABSORB	60	SGC	18.99	15.19
57598	COQ10 100 MG HI ABSORB	120	VCA	33.99	27.19
54710	COQ10 100 MG SGC HI AB	120	SGC	33.99	27.19
28409	COQ10 100 MG VCA HI AB	30	VCA	10.99	8.79
35706	COQ10 100 MG VCAP	60	VCA	18.99	15.19
42104	COQ10 200 MG HI ABSORB	60	VCA	29.99	23.99
51572	COQ10 400 MG HI ABSORB	60	VCA	51.99	41.59
62958	COQ10 600 MG HI ABSORB	/60	VCA	69.99	55.99
38612	CORDYCEPS ULTRA PLUS	60	CAP	20.99	16.79
56393	CURCUMIN C3 COMPL 1000	120	TAB	99.99	79.99
41886	CURCUMIN FROM TURM 500	120	CAP	59.99	47.99
56665	D PHENYLALANINE 500 MG	60	VCA	27.99	22.39
55509	D RIBOSE 850 MG	120	VCA	35.99	28.79
53108	D RIBOSE PWD	8.8	PWD	49.99	39.99
57294	D3 1000 IU	180	SGC	9.99	7.99
57295	D3 2000 IU	180	SGC	10.99	8.79
58042	D3 5000 IU	180	SGC	11.99	9.59
60236	D3 5000 IU SGC	360	SGC	20.99	16.79
62796	DHA 200 MG VEG ALGAE	60	SGC	39.99	31.99
60238	DHA 500 SGC CALAMARI	60	SGC	27.99	22.39
60272	DHA 500 SGC CALAMARI	180	SGC	73.99	59.19
33352	DIGESTIVE ENZYME BEST	90	CAP	39.99	31.99
53624	EPICOR 500 MG	60	VCA	39.99	31.99
62920	ESTRO G 100	30	VCA	26.99	21.59
61972	FISETIN 1000 W/COGNES	30	VCA	21.99	17.59
60481	FOLATE 400 FULLY ACTIV	90	VCA	13.99	11.19
43714	GINKGO EXTRA STRENGTH	120	CAP	14.99	11.99
34445	GLUCOS CHOND MSM	120	CAP	25.99	20.79
34446	GLUCOS CHOND MSM	240	CAP	46.99	37.59
61286	GLUCOS CHOND MSM & HYL	150	CAP	42.99	34.39
31495	GLUCOS MSM SYNERGISTIC	180	CAP	19.99	15.99
35271	GLUCOS SULF 750 MG	180	CAP	19.99	15.99
51738	GOJI BERRY EXT BEST	120	VCA	19.99	15.99
62917	HESPER METH CHALC 500	60	VCA	26.99	21.59
61285	HYALURONIC ACID 100 CH	60	TAB	39.99	31.99
50520	HYALURONIC ACID 50 CHN	60	CAP	21.99	17.59
67210	JOINT FLEX W/UC II D	60	VCA	64.79	51.83
56482	K2 VIT 45 MCG MENAQT	60	VCA	15.99	12.79
58928	KRILL REAL 350 MG	60	SGC	26.99	21.59
58929	KRILL REAL ENH + OMEGA	60	SGC	36.99	29.59
59737	LIPOIC ACID 600 MG BEST	180	VCA	49.99	39.99
45186	LIPOIC ACID 600 MG	60	VCA	19.99	15.99
40017	LIPOIC ACID BEST 150	120	CAP	12.99	10.39
55156	LUMBRONINASE 20 MG	60	VCA	79.99	63.99
55355	LUTEIN 20 MG FLORAGLO	60	SGC	23.99	19.19
23739	MAG HIGH ABSORPTION	120	TAB	16.99	13.59
35270	MAG HIGH ABSORPTION	240	TAB	29.99	23.99
58527	MERIVA PHYTSOME CURCU	60	VCA	26.99	21.59
62063	MERIVA PHYTSOME CURCU	180	VCA	72.99	58.39
30005	MSM 1000 MG	180	CAP	18.99	15.19

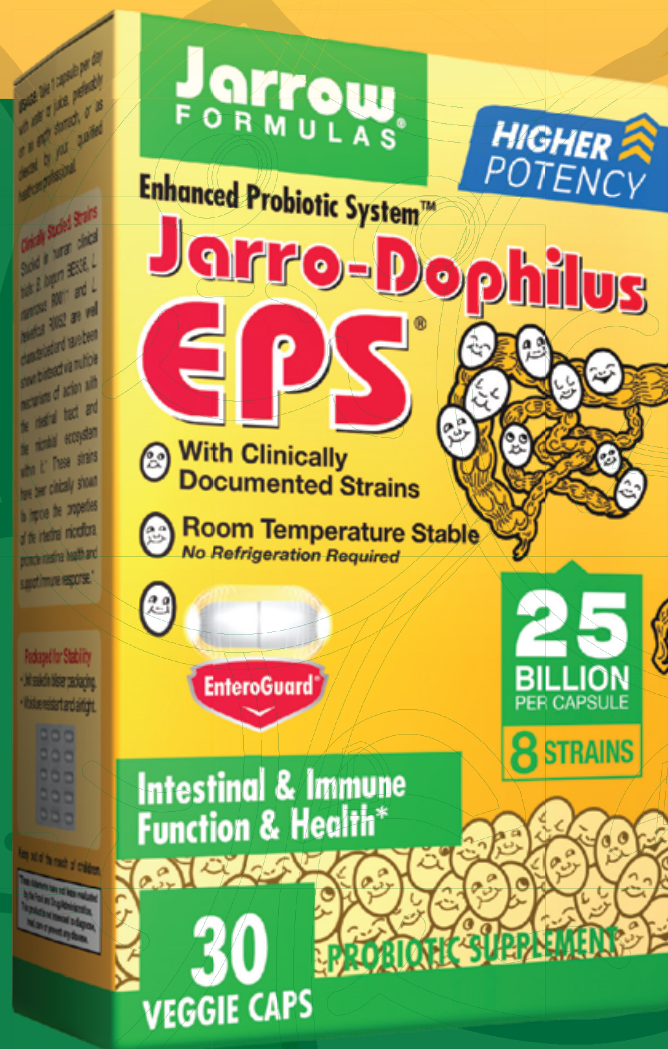
42860	MSM 1500 BEST TABS	120	TAB	14.99	11.99
33018	MSM BEST PWD 250 GMS	250	PWD	16.99	13.59
63717	MULTIPLE BEST	90	VCA	39.99	31.99
61454	N A C 600 DETOX REGUL	60	VCA	10.99	8.79
66174	NATTO SERRA BEST	9			

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The new Jarro-Dophilus EPS® 25 Billion leverages excellence in formulation, manufacturing, packaging and product development to create a new higher potency shelf-stable probiotic.

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Feverfew 1:2

Traditionally, an antipyretic (reducing fever); now, best know for the prevention of migraine headache.

1 fl oz - Prod Code: 57065

Who can benefit from this supplement?

• Those who suffer from chronic migraine headaches. It is also indicated for fever, pain, and conditions involving inflammation, such as arthritis.

According to traditional herbalists, "Feverfew is the pre-eminent headache remedy. It is for both regular headaches and migrained headaches. It is anti-inflammatory and reduces pain. Feverfew inhibits platelet aggregation and therefore thins blood. The parthenolide compound that does this in Feverfew also reduces inflammation throughout the body. Feverfew works best at the initial onset of a headache. Take hourly if one suspects a migraine is coming on the help ward it off. It may help arthritis and inflamed joints as well. Feverfew cools the body and is indicated for those who run warm to hot. It can help reduce a fever." (Coven, Herbal Handbook)

Phyto-Tech™ Feverfew 1:2 contains Certified Organic Feverfew herb (Chrysanthemum parthenium or Tanacetum parthenium), grain alcohol, purified water. 30 drops contain 500 mg.

Caution: Do not use during pregnancy.

Dosage: Acute Headache: 30-60 drops, every hour, in juice or water until headache subsides; Long Term Use: 30-90 drops, 2-3 times per day in juice or water.

FibroGestic

Soothing to muscle and nerve discomfort, while supporting joint and connective tissue integrity.

1 fl oz - Prod Code: 57031

Who can benefit from this supplement?

• Those with chronic body, muscle and joint pain (fibromyalgia). The herbs in this formula have been shown to decrease muscle pain and inflammation, and to increase circulation into the muscle tissue. It is most effective when used long-term.

This formula was designed specifically for those with fibromyalgia. It contains herbs known to help decrease muscle pain and inflammation, and to increase circulation into the muscles. It can be used not only by those with fibromyalgia, but also by those with injuries, muscle soreness, etc, as well as general body pain. Obviously, Phyto-Tech™ FibroGestic is not as strong as prescription pain medications, but it is nontoxic, safe and non-addictive. Fibromyalgia requires a multi-faceted approach to management, and FibroGestic is designed to be a part of that regimen.

Phyto-Tech™ FibroGestic is best considered a long-term tonic. It will help "take the edge off" the discomfort, allowing for relaxation and faster healing.

Phyto-Tech™ FibroGestic contains the following herbs: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Fresh Ginger Root, Fresh Pulsatilla Herb.

Dosage: General: 40-60 drops, 2-3 times per day, or as needed, in juice or water; Acute Pain: 60-120 drops, 2-3 times per day, or as needed, in juice or water.

Fo Ti Root

Considered in Chinese Medicine as a rejuvenating plant, thought to prevent aging, enhance fertility and promote longevity.

1 fl oz - Prod Code: 57642

It has been recommended, by both Eastern and Western herbalists, as a tonic to maintain vigor, increase energy, tone the kidneys and liver, and purify the blood. It is said to lower cholesterol, improve immune function, and correct hypertension.

Garlic

Each Phyto-Tech Garlic capsule contains 500 mg of certified organic Garlic Bulb (Allium sativum).

90 Veggie Caps - Prod Code: 60130

Echinacea Goldenseal

Each Phyto-Tech Echinacea Goldenseal veggie capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic.

90 Veggie Caps - Prod Code: 60125

Gentian Root 1:3

A classic "bitter" herb, used for centuries as a digestive aid.

1 fl oz - Prod Code: 57640

Who can benefit from this herbal supplement?

• Those with indigestion, dyspepsia, and difficulty digesting dietary fat and protein.

Phyto-Tech™ Gentian Root 1:3 contains Certified Organic Gentian (Gentiana lutea), grain alcohol, purified water, in a 1:3 ratio.

As defined by herbalists, "Gentian can be considered the perfect bitter herb to stimulate digestion in numerous ways. The bitter compounds in Gentian stimulate the bitter taste buds on the tongue. This sends a message to the brain to increase bile from the liver, which emulsifies or digests fat. In a lesser way, the bitter stimulation also sends a message to increase hydrochloric acid from the stomach, which increases protein digestion. In other words, bitters stimulate the body's ability to digest and therefore assimilate fat and protein. . ." (Coven, Herbal Handbook)

... continued on page 58

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



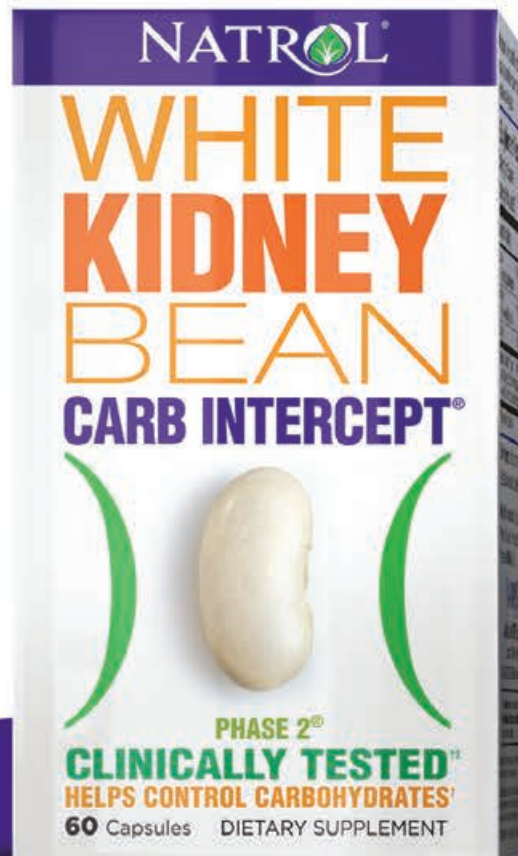
Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



36584	B STRESS PLUS	90	TAB	19.00	15.20	43563	DHEA 10 MG	100	CAP	14.50	11.60	22615	MELATONIN 3 MG SUB	60	TAB	13.20	10.56	19016	ULTRA PREV III W/CU	180	TAB	41.40	33.12
43521	B12 2500	60	TAB	17.20	13.76	29305	DHEA 25 MG	100	CAP	17.80	14.24	39454	MELATONIN P.R 3 MG	180	TAB	33.70	26.96	19017	ULTRA PREV III W/ZN PC	180	TAB	41.40	33.12
10182	BASIC PREV 1 + CU/FE	180	TAB	41.40	33.12	27895	DHEA 25 MG SUB	120	TAB	31.60	25.28	62863	METABOLIC LEAN	60	VCA	42.40	33.92	63427	ULTRA PREVENTI 2 A DAY	30	TAB	38.60	30.88
10178	BASIC PREV 2 NO CU/FE	180	TAB	33.70	26.96	33985	DHEA 5 MG SUBLINGUAL	100	TAB	11.20	8.96	63661	METABOLIC REJUVENATION	100	TAB	117.90	94.32	66715	ULTRA PREVENTIVE TEEN	180	TAB	34.20	27.36
10181	BASIC PREV 3 + FE/CU	180	TAB	39.00	31.20	39279	DHEA 50 MG	100	CAP	23.60	18.88	52269	METHYL B12 1000 MCG	30	LIQ	14.10	11.28	44041	ULTRA PREVENTIVE X	240	TAB	75.70	60.56
10180	BASIC PREV 4 NO CU/FE	180	TAB	41.40	33.12	61733	DIM ENHANCED	60	VCA	76.20	60.96	65129	METHYL FOLATE 5-MTHF	60	TAB	17.30	13.84	42673	ULTRA PREVENTIVE X	120	TAB	42.30	33.84
43527	BASIC PREV 5 NO FE	270	VCA	43.00	34.40	66901	ENDOCRINE COMPLETE	120	VCA	48.00	38.40	27141	MILK THISTLE MAX V	60	VCA	26.90	21.52	54911	ULTRA PREVENTIVE X VCA	240	VCA	57.80	46.24
43594	BASIC PREV 5 NO FE TAB	180	TAB	34.90	27.92	61550	EPA DHA PLUS D QUELL	60	SGC	54.70	43.76	43590	MOLYBDENUM 250	100	TAB	7.40	5.92	42678	ULTRA PROTEIN PLUS VAN	908	PWD	55.20	44.16
63740	BENFOTIAMINE ULTRA	60	VCA	37.10	29.68	27673	FLAVONALL	60	TAB	64.20	51.36	22714	MOLYBDENUM 500	60	CAP	12.00	9.60	26249	ULTRAZYME	180	TAB	39.00	31.20
10186	BETAINE HCL 648 MG	250	CAP	31.30	25.04	43953	FRUITEA MAX	60	VCA	40.30	32.24	40062	MOVE ACTIVE W/UC II	30	CAP	34.00	27.20	45299	VANADIUM 250 MCG	60	TAB	6.40	5.12
20964	BILEX	90	TAB	14.50	11.60	26925	GABA 500 MG	60	CAP	18.30	14.64	10210	MSM + C FUND SULPH	100	TAB	22.40	17.92	43523	VANADYL SULFATE 7.5 MG	90	TAB	12.00	9.60
26295	BIODFLAVONOID CMP 1000	100	TAB	15.50	12.40	54423	GARLIC ODORLESS 500MG	100	TAB	14.50	11.60	60900	MULTI PROBIOTIC 15 BIL	60	CAP	39.40	31.52	64849	VEGETARIAN PROTEZ FORT	100	TAB	46.50	37.20
10190	BORAGE OIL GLA 240	90	SGC	30.00	24.00	43589	GERMANIUM 150 MG CAP	30	CAP	58.80	47.04	65197	MULTI PROBIOTIC 40 BIL	60	VCA	34.00	27.20	57521	WOBENZYM PS	180	TAB	88.20	70.56
53444	BRAIN CALM	60	VCA	26.30	21.04	19056	GLA ULTRA	90	SGC	50.30	40.24	30101	MULTI PROBIOTIC 4000	100	CAP	31.80	25.44	43690	ZINC PICOLINATE 20	100	TAB	9.60	7.68
43503	BRAIN ENERGY	60	CAP	29.00	23.20	43742	GLUCO MEND	90	CAP	29.00	23.20	66717	MULTI VITAM LIQ 230 ML	230	LIQ	41.10	32.88	28634	ZINC PICOLINATE 50 MG	100	CAP	14.50	11.60
51113	BRAIN MEMORY	60	VCA	43.00	34.40	28843	GLUCOSAMINE PLUS 250	120	CAP	39.00	31.20	24222	N A C 500 MG	90	VCA	25.80	20.64						
43502	BRAIN MOOD	60	CAP	55.50	44.40	43677	GLUCOSAMINE PLUS EXTRA	90	VCA	40.10	32.08	51630	N A C 750 MG	90	CAP	40.30	32.24						
19068	BROMELAIN 5000 M.C.U.	60	CAP	9.40	7.52	32338	GLUTAMINE 500 MG	60	CAP	10.70	8.56	32716	NEUROBIONE	120	TAB	82.80	66.24	66704	B12 ENERGY BOOST SPRAY	.85	SPY	21.25	19.13
26251	C + 500 NATURAL	250	TAB	24.60	19.68	38090	GLUTATHIONE 250 MG	60	CAP	69.50	55.60	66810	NEUROTRANSMITT BALANCE	60	VCA	47.00	37.60	66376	COCOA CASSAVA BAR DRG	44G	BAR	2.80	2.52
50654	C 1000 MG	250	CAP	30.60	24.48	28087	GLUTATHIONE PLUS W/NAC	60	CAP	33.70	26.96	57475	NIATAB 500	100	TAB	13.40	10.72	66702	D3 1000 SPRAY ORANGE	.85	SPY	19.98	17.98
26526	CAL G + MAG 250/125	250	TAB	18.30	14.64	58023	GLYCINE 500 MG	60	CAP	13.20	10.56	40762	NOPAL CACTUS	60	CAP	24.30	19.44	66049	GINSENG KOREAN EXT FRM	30	CAP	32.46	29.22
38470	CAL CITRATE 250 MG	250	TAB	18.30	14.64	27055	GSH 250	90	CAP	89.40	71.52	57359	NUTRI E 400 FORTE	60	SGC	37.10	29.68	66316	K2 150 MCG MK 7 SOY FR	30	CAP	34.99	31.49
50112	CAL D GLUCARATE 500 MG	90	CAP	60.30	48.24	55548	GTF CHROMIUM 200	100	VCA	9.40	7.52	54564	OPTI ZINC 30 MG	90	VCA	13.20	10.56	66050	LIPOSOMAL C 1000 2 CAP	60	CAP	18.71	16.83
66821	CAL MAG 1001	180	TAB	21.70	17.36	31788	HAWTHORNE MAX V	60	VCA	16.40	13.12	29330	P 5 P	100	CAP	20.30	16.24	66703	MELATONIN SLEEP SUP SPR	.85	SPY	18.75	16.88
24127	CAL MAG 2001	180	TAB	22.40	17.92	62212	HISTIDINE 500 MG	60	CAP	26.30	21.04	56275	PABA 500 MG	100	CAP	15.00	12.00	66230	PROBIOTICS COMP 70 BIL	60	CAP	37.46	33.70
35127	CAL MICROCRYST 1000 MG	90	TAB	16.40	13.12	26660	HYPO B 50	100	TAB	17.60	14.08	23446	PANTOTHENIC ACID 500	100	CAP	13.70	10.96	66048	SAW PALM EXT W/LYCOPEN	30	CAP	32.46	29.22
58302	CALCIUM GUARD 1:1 CA/MG D	90	TAB	13.20	10.56	33578	IMMU SUPPORT FORM	120	TAB	43.00	34.40	35196	PHENYLALANINE 500 MG	90	CAP	19.00	15.20						
53445	CANDISTAT	90	TAB	20.30	16.24	41422	INOSITOL 650 MG	100	CAP	26.50	21.20	31058	PHOS SERINE	60	CAP	58.80	47.04						
59546	CAP ALDE	100	CAP	12.00	9.60	39295	IRON TIME RELEASE	90	TAB	11.10	8.88	30334	PHOS SERINE SGC	60	SGC	58.80	47.04	60671	CARDIOVASCULAR HEALTH	90	TAB	39.90	31.92
44782	CARDIO EDGE	120	VCA	49.40	39.52	60999	K2 VITAMINE 90 MCG	60	VCA	28.60	22.88	34239	POT 99 MG CHELATED	100	CAP	11.40	9.12	60983	HEALTHY CELL GROWTH	180	CAP	54.90	43.92
60928	CARNITINE 250 MG	60	CAP	22.90	18.32	24372	LECITHIN 1200 MG	100	SGC	16.00	12.80	63851	POD PLUS	30	VCA	64.70	51.76	60373	HEALTHY COLLAGEN FORM	90	TAB	29.90	23.92
45524	CARNITINE 500 MG MAX	60	CAP	51.60	41.28	56736	LICORICE RT V DEGLY	90	VCA	19.00	15.20	52356	PREGNENOLONE 25 MG	60	TAB	23.60	18.88						
55930	CARNOSINE 500 MG	30	CAP	29.60	23.68	40223	LICORICE RT V W/GLYC	60	VCA	19.80	15.84	26456	PYCNOGENOL 50 MG	90	TAB	78.40	62.72						
66442	CHLORELLA PLUS	90	CAP	22.40	17.92	62934	LIPIC ACID 100 MG	60	CAP	24.30	19.44	62934	PYLORI PLEX MASTIC GM	60	VCA	56.00	44.80	29698	R01 INFLAM/FEV/SWELL	50M	LIQ	31.85	28.66
23583	CHOLINE BITARTRATE	100	CAP	14.00	11.20	27304	LIPIC ACID 100 MG	60	TAB	18.10	14.48	19053	QUERCIPLEX	100	CAP	39.00	31.20	58454	R02 NERV/STR PULSE	50M	LIQ	31.85	28.66
23448	CHROM PICOL 250 MCG	100	CAP	16.00	12.80	29668	LIPIC ACID 100 MG	60	CAP	93.50	74.80	67019	SAM E 200 MG	60	VCA	60.10	48.08	61021	R06 COLDS & FLU	50M	LIQ	31.85	28.66
55546	CITRUS O10 100 MG	60	TAB	56.80	45.44	30246	LUTEIN 6 MG	90	SGC	23.60	18.88	30239	SELENO METHIONINE	100	CAP	14.50	11.60	52994	R07 LAXATIVE ANTI GAS	50	LIQ	31.85	28.66
55157	CITRUS O10 60 MG	60	TAB	41.20	32.96	51906	LYCOPENE 5 MG	90	SGC	25.80	20.64	44224	SERINE 500 MG	60	CAP								

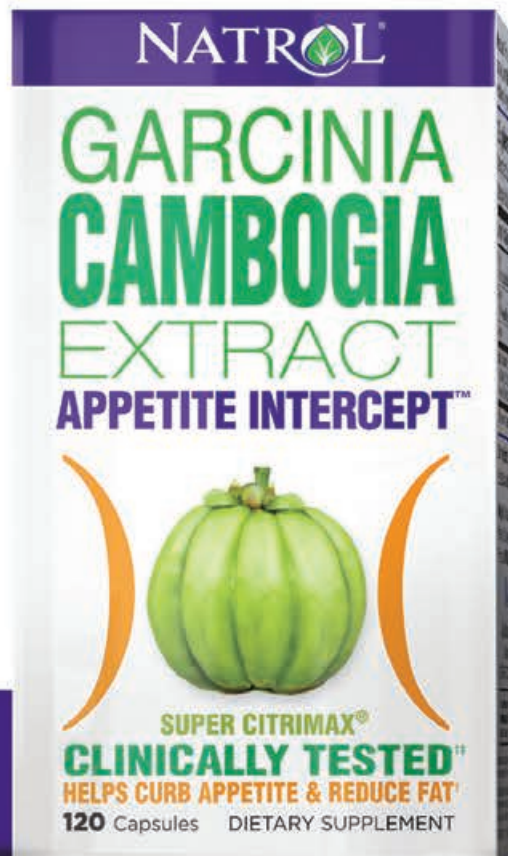


RESOLUTION. OWNED.



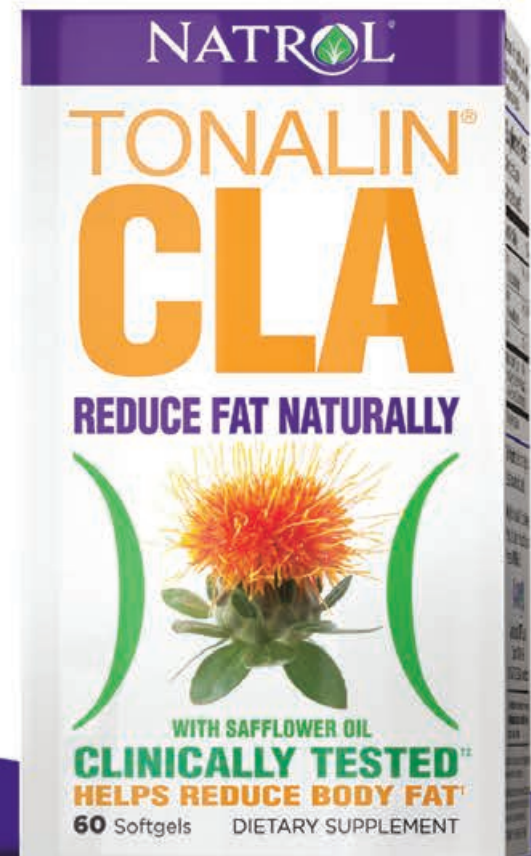
Natrol® Phase 2® White Kidney Bean Extract

- Promotes Healthy Body Weight[†]
- Helps Control Carbohydrates[†]
- Helps Reduce the Enzymatic Digestion of Dietary Starches[†]



Natrol® Garcinia Cambogia Extract

- Helps Curb Appetite[†]
- Helps Inhibit Fat Production[†]
- Promotes Healthy Body Weight[†]



Natrol® Tonalin® CLA

- Clinically Tested to Help Reduce Body Fat[†]
- Helps Reduce Body Fat Mass[†]
- Helps Increase Muscle Retention[†]

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
[‡]For Detailed clinical studies visit: www.phase2info.com ©2017 Natrol LLC

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

41248	R42 VEN STAS/VARICOSE	50M	LIQ	31.85	28.66
57195	R45 UPPER RESPIRATORY	50M	LIQ	31.85	28.66
29701	R49 SINUSITIS/CALARRH	50M	LIQ	31.85	28.66
38658	R54 IMBELION	50M	LIQ	31.85	28.66
39227	R56 NAUSEA CONSTIPTION	50M	LIQ	31.85	28.66
17416	R61 RHEUMA DINT	85G	ONT	15.17	13.66
44118	R64 CHRON/URIN INFLAM	50M	LIQ	31.85	28.66
33168	R65 PSORIASIS	50M	LIQ	31.85	28.66
39496	R68 COLD SORES HERPES	50M	LIQ	31.85	28.66
44394	R71 SCIATICA NEURAL	50M	LIQ	31.85	28.66
53304	R72 CHRON PANC AFF	50M	LIQ	31.85	28.66
40551	R73 OSTEOARTHRITIS	50M	LIQ	31.85	28.66
17431	R76 CHRONIC ASTHMA	50M	LIQ	31.85	28.66
17434	R79 HYPTENS/VASODIL	90	SGC	22.50	22.05
17435	R80 ARNICA OIL 100 ML	100	LIQ	22.50	16.50
28687	R95 ALFALFA TONIC	250	LIQ	28.50	25.65
17450	R95 ALFALFA TONIC	100	LIQ	16.50	14.85

DR VENESSA

54876	ANTI AGING 3 COLL BERR	300	PWD	60.69	48.55
54875	ANTI AGING 3 COLL BERR	600	PWD	95.99	76.79
54877	ANTI AGING 3 COLL TROP	300	PWD	60.69	48.55
54878	ANTI AGING 3 COLL TROP	600	PWD	95.99	76.79
50478	HIGH BLOOD PRESSURE	60	TAB	19.99	15.99
54873	HIGH BLOOD PRESSURE	120	TAB	29.99	23.99
50481	LIVERCLEAN	60	TAB	19.99	15.99
54874	LIVERCLEAN	180	TAB	50.99	40.47
55896	PROSTACLEAN	60	SGC	29.99	23.99
54884	SUGAR BALANCE SUPPORT	60	TAB	19.99	15.99
54885	SUGAR BALANCE SUPPORT	120	TAB	29.99	23.99
55895	THYROID BALANCE	120	VCA	44.99	35.99
56497	THYROID BALANCE	60	VCA	24.99	19.99

DYNAMIC HEALTH LABS

51108	ACAI PLUS JUICE	32Z	LIQ	25.59	20.47
64114	BEEF ROOT JUICE	32Z	LIQ	20.49	16.39
61752	BLUEBERRY CONC	16Z	LIQ	37.49	29.99
66405	ELBERBERRY BLACK EXT	8Z	LIQ	12.29	9.83
51107	GOJI JUICE	32Z	LIQ	25.59	20.47
51109	MANGOSTEEN JUICE	32Z	LIQ	25.59	20.47

DYNAMIC NUTRITIONAL

31240	ADRENAL + N 1	1Z	LIQ	17.00	13.60
60684	D 20 GL GLANDIN	1Z	LIQ	15.60	12.24
39356	MUCONELL	90	CAP	30.00	24.00
39612	THYROID PLUS N 14	1Z	LIQ	17.00	13.60

EARTH MAMA ANGEL BABY

64988	BABY LOTION ANGEL BABY	8Z	LOT	17.99	14.39
64989	BODY BUTTER EARTH MAMA	8Z	LOT	17.99	14.39
65512	BOTTOM BALM ANGEL BABY	2Z	CRM	12.99	10.39
64993	C MAMA HEALING SALVE	1Z	SLV	24.99	19.99
64994	HEARTBURN TEA ORG	16	BAG	5.97	5.97
65511	MILKMAID TEA ORGANIC	16	BAG	6.19	4.95
64987	SHAMPOO BODY WASH ANGL	5.3	LIQ	10.99	8.79
64991	SHAMPOO BODY WASH LAV	5.3	LIQ	9.95	9.95
64990	STRETCH OIL NAT	4Z	OIL	14.99	11.99

EARTH SCIENCE

40184	ADE CRM CLEANSER	8Z	CRM	10.59	8.47
65636	AFTER SHAVE SKIN SOOTH	5.9	CRM	10.59	8.49
39655	ALMOND ALOE MOIST SP15	5Z	CRM	10.59	8.47
43195	APRICOT NIGHT CRM	2Z	CRM	16.99	13.59
61597	CELLAGEN RENEWAL SERUM	1Z	SER	22.99	18.39
56354	COMPLEXION TONER FRESH	8Z	LIQ	10.59	8.47
66565	CONDIT CERAM CURL FRIZ	10Z	LIQ	10.99	8.79
66566	CONDIT CERAMIDE CLARIF	10Z	LIQ	10.99	8.79
66560	CONDIT CERAMIDE FRG FR	10Z	LIQ	10.99	8.79
66568	CONDIT CERAMIDE VOLUM	10Z	LIQ	10.99	8.79
56344	CONDIT HAIR TREATMENT	12Z	LIQ	8.99	7.19
39058	CONDITIONER FRAG/FREE	17Z	LIQ	8.99	7.19
26729	DAY CRM HYDRAT BETA GN	2Z	CRM	24.99	19.99
56355	EYE MAKEUP RENOV CHAM	4Z	CRM	8.99	7.19
56356	FACIAL SCRUB GENTLE	4Z	CRM	9.99	7.99
56350	FACIAL WASH CLARIFYING	8Z	LIQ	10.59	8.47
61377	HAIR MASK DEEP CONDIT	2Z	CRM	3.99	3.19
61376	HAIR MASK DEEP CONDIT	6Z	CRM	9.59	7.67
61372	HAND BODY MASSG LOT FF	8Z	LOT	13.95	11.16
61378	HAND CREAM PUREFECTION	2Z	CRM	8.99	7.19
32786	HERBAL ASTRINGENT	9Z	LIQ	10.59	8.47
61641	HERBAL TONIC MIST	8Z	SPY	10.59	8.47
61380	I CREAM EYE CARE NOUR	.5Z	CRM	14.99	11.99
66563	SHAMPOO CERAM CARE FF	10Z	LIQ	10.99	8.79
66564	SHAMPOO CERAM CURL FRZ	10Z	LIQ	10.99	8.79
66561	SHAMPOO CERAMIDE CLAR	10Z	LIQ	10.99	8.79
66562	SHAMPOO CERAMIDE VOLUM	10Z	LIQ	10.99	8.79
39481	SHAMPOO FRAGANCE FREE	12Z	LIQ	8.99	7.19
56343	SHAMPOO HAIR TREATMENT	12Z	LIQ	8.99	7.19
65634	SHAMPOO OLIVE & AVOCAD	2Z	LIQ	3.99	3.19
65635	SHAMPOO OLIVE & AVOCAD	6Z	LIQ	9.49	7.59
65637	SHAVE CRM SMOOTH START	5.9	CRM	9.99	7.99
61379	WHIPP CRM CLEANSER	5.8	CRM	14.99	11.99

EARTHY DELIGHT

28888	CONDITIONER HAIR	16Z	LIQ	14.50	13.05
28880	HAIR GROWTH STIMULAT	4Z	CRM	13.50	12.15
28887	SHAMPOO HERBAL	16Z	LIQ	14.50	13.05
28886	SHAMPOO TROPICAL RAIN	16Z	LIQ	14.50	13.05

EARTHS BEST ORGANIC

65526	CEREAL MULTI GRAIN	8Z	CER	4.59	4.59
65525	CEREAL WHOLE GRAIN RIC	8Z	CER	4.59	4.59
65509	OATMEAL CEREAL ORG	8Z	MIS	5.79	5.79

EARTHS CARE

65621	ACNE SPOT TREATMENT	.97	LIQ	14.99	11.99
65618	ANTI ITCH CREAM	2.4	CRM	10.99	8.79
65620	DRY & CRACKED SKIN BLM	2.5	CRM	10.99	8.79
65619	PAIN RELIEVING DINTMNT	2.5	ONT	12.99	10.39

ECLECTIC INSTITUTE

54852	ACAI POWDER	90G	PWD	29.10	26.19
17281	AVENA SATIVA OATS	90	CAP	20.00	18.00

57266	BEEF JUICE	90	PWD	16.80	15.12
61787	BEEF JUICE CAP FD	90	VCA	24.80	19.84
60376	BERRY TART CHERRY PWD R	5.1	PWD	18.40	16.56
23762	BILBERRY (VACCIN MYRT)	1Z	LIQ	11.40	10.26
62494	BILBERRY 400 MG	120	VCA	22.30	17.84
35478	BITTER MELON 200 MG FD	90	VCAP	22.00	19.80
35480	BLACK WALNUT 400 MG FD	90	CAP	22.00	19.80
35481	BLOOD SUGAR CONTRL PWD	120	PWD	34.60	31.14
60390	CALEN/CNFLR/CMFRY CRM	1Z	CRM	9.10	8.19
22692	CALENDULA OIL	1Z	OIL	10.99	8.79
64956	CELERY PWD ORGANIC	90	PWD	18.40	16.56
58372	COMPOUND HERBL ELX ORG	1Z	LIQ	12.90	11.61
35469	CORDYCEPS LIQUID	1Z	LIQ	17.40	15.66
42713	CRANBERRY FREEZE DRIED	90	VCA	22.00	19.80
35488	DANDELION ROOT 400 MG	90	VCAP	22.00	19.80
36381	GARLIC FD	90	VCAP	23.40	21.06
35495	GINKGO 500 MG FD VCAP	90	VCAP	22.00	19.80
35496	GOLDENSEAL 400 MG FD	90	VCAP	26.40	23.76
64854	HAWTHORN BERRY 500 FD	50	VCA	12.90	10.32
35510	INTESTINAL SUPPORT	45	VCAP	26.70	24.03
58373	KALE PWD ORGANIC	90	PWD	13.70	12.33
61142	KAVA KAVA 460 MG FD	50	VCA	19.00	17.10
42959	KAVA NAKAMAL	50	CAP	36.50	32.85
52410	LARIX CAP	100	CAP	29.00	26.10
24688	LARIX PWD	3Z	PWD	30.40	27.36
35604	LEMON BALM	1Z	LIQ	12.30	11.07
63296	LIVER & BILE PURIF PWD	3.2	PWD	24.10	21.69
39209	MILK THISTLE 600 MG	120	VCAP	12.90	11.61
34588	NETTLE EYEBRIGHT	1Z	LIQ	12.90	11.61
35501	NETTLES 300 MG FD	90	VCAP	21.80	19.62
43526	NETTLES QUERCETIN	90	CAP	22.90	20.61
41591	NETTLES ROOT 250 MG	90	VCA	23.40	21.06
17280	OPTI NATAL TAB	180	TAB	26.20	23.58
28744	OPTIMUM II IV VI NO/FE	180	TAB	31.20	28.08
19069	OPTIMUM ULTRA CAP	240	CAP	33.60	30.24
63148	PARSLEY	1Z	LIQ	13.40	10.72
66758	POPLAR	1Z	LIQ	12.30	11.07
40151	SAW PALM 600 MG FD	240	CAP	42.10	37.89
55761	SWAMP POWDER	90G	PWD	22.70	20.43
35506	UVA URSI 350 MG FD	90	VCAP	22.00	19.80
35442	VALERIAN PASSN FLW ORG	1Z	LIQ	12.90	11.61
43721	VITA BIOTIC	100	TAB	28.80	25.92
24357	VITAL FORCE W/O IRON	180	TAB	35.00	31.50

ECO LIPS

66494	LIP BALM HEMP VAN	.15	STK	3.49	3.49
66495	LIP BALM MEDICINAL TTO	.15	STK	4.99	4.99
66489	LIP BALM RELIEVE COCOA	.3Z	STK	5.99	5.99
66490	LIP BALM REPAIR MNG GN	.3Z	STK	5.99	5.99
66491	LIP BALM REVIVE MINT	.3Z	STK	5.99	5.99
66493	LIP BALM UNFL MONGO KS	.25	STK	2.49	2.49
66492	LIP BALM VAN HON MONGO	.25	STK	2.49	2.49
66496	LIP BALM ZINC BERRY	.15	STK	3.49	3.49
66497	LIP BALM ZINC VANILLA	.15	STK	3.49	3.49
66487	LIP SCRUB BROWN SUG OG	.5Z	CRM	9.99	9.99
66488	LIP SCRUB VAN BEAN ORG	.5Z	CRM	9.99	9.99

ECOLOGICAL FORMULAS

10262	ALLITHIAMINE 50	60	CAP	15.95	13.55
67106	BERBERINE 350 MG BUFF	90	CAP	19.95	16.95
10269	BLACK CURRANT SEED OIL	90	SGC	14.95	12.70
10270	BORAGE OIL GLA 240	60	SGC	13.95	11.85
10271	BUFFERED C CRYSTALS	250	PWD	24.95	21.20
10272	BUTYRIC ACID CAL MAG	90	CAP	16.95	14.40
10370	C 1000	120	CAP	23.95	20.35
19734	C 1000 FROM TAPIOCA	90	CAP	18.95	16.10
53031	C PWD FROM TAPIOCA	150	PWD	28.95	24.60
10273	CAL MAG LIQ	12Z	LIQ	9.95	8.45
10276	CAPRYSTATIN	90	TAB	15.95	13.55
25022	CARNOSINE (ANTI OX)	60	CAP	17.95	15.25
10278	CHONDROITIN 4 SULPHATE	60	CAP	15.95	13.55
41973	CHROMIUM CRUCIFERATE	30	CAP	13.95	11.85
10279	CITRAMESIA	90	CAP	15.95	13.55
16960	CO ENZYME A	60	TAB	17.95	15.25
10280	CO ENZYME B YEAST FR	100	CAP	15.95	13.55
10284	COLIXEN	90	TAB	13.95	11.85
10286	CORTOL ACE	60	CAP	11.95	10.15
19745	CURCUMIN	60	CAP	13.95	11.85
10289	DIABETROL	90	CAP	13.95	11.85
10384	E 400	100	SGC	9.95	8.45
55879	EPA 625	90	SGC	29.95	25.45
10296	FERRITIN IRON 5	60	CAP	13.95	11.85
54817	FORSKOLIN	60	CAP	15.95	13.55
10298	FREE RADICAL QUENCHERS	60	CAP	15.95	13.55
10300	GASTRAMET	60	CAP	13.95	11.85
16962	GLUCOSTABIL	180	CAP	29.95	25.45
10366	GLUTATHION REDUCED 150	30	CAP	13.95	11.85
10338	GTE NON YEAST	120	CAP	15.95	13.55
10310	ISOTONIC MIN FORM 1	75	CAP	10.95	9.30
10317	LIPOTROPIN	90	CAP	14.95	12.70
10320	MAGNESIUM SOLUTION 18%	8Z	LIQ	11.95	10.15
44513	MAGNESIUM TAURATE 125	180	CAP	28.95	24.60
10321	MAGNESIUM TAURATE 125	60	CAP	11.95	10.15
21765	MALIC ACID 600	90	CAP	15.95	13.55
10324	MANGANESE PICOL 20	60	CAP	10.95	9.30
1032					



Men's Health: Flavonoids Reduce chances for Heart Disease, Erectile Dysfunction

Flavonoid-rich Fruits Lower CVD

Earlier studies found antioxidant flavonoids from fruits reduced chances of cardiovascular disease (CVD) in women, but there is little information on flavonoid effects in men. In this study, doctors measured levels of fruit-sourced anthocyanins and flavanones in the diets of 43,880 men and followed up for 24 years.

Overall, men who got the most flavonoids from fruits were 13 percent less likely to have a non-fatal heart attack compared to men who got the least flavonoids, and were 22 percent less likely to have an ischemic stroke, where blood supply is reduced to the brain. In men with normal, not elevated, blood pressure, those who got the most flavonoids were 19 percent less likely to have a non-fatal heart attack. Doctors said that certain flavonoids-anthocyanins-tended to protect the heart, and the flavonoids known as flavanones protected against stroke.

(Reference: American Journal of Clinical Nutrition; August, 2016, Published Online)

More Flavonoids, less Erectile Dysfunction

Doctors believe that poor circulation is the primary cause of erectile dysfunction (ED), but wanted to know more about the effects of diet. In this study, doctors measured the diets of 25,096 men and followed up for 10 years. Over this time, 36 percent of the men reported developing ED. Those who got the most flavanones, flavones, and anthocyanins were on average 10 percent less likely to develop ED compared to men who got the least flavonoids. Overall, men who ate the most fruit were 14 percent less likely to develop ED compared to men who ate the least.

(Reference: American Journal of Clinical Nutrition; January, 2016, Published Online)



Additional Comments from Don Goldberg

We would have expected these results. We have promoted the benefits of flavonoids for many years. When first discovered, bioflavonoids were thought to be vitamins, and were designated as "vitamin P," due to their beneficial effect on capillary permeability.

For this reason, they have long been recommended for conditions such as varicose veins, hemorrhoids, etc., and herbs like butcher's broom and horse chestnut rich in flavonoids-- have been used. Instead of pure vitamin C, supplements containing both vitamin C and bioflavonoids (rutin, hesperidine, etc) have been recommended. More recently, the emphasis has shifted to the antioxidant properties of various flavonoids. Products rich in plant-derived flavonoids have now become an essential component of any balanced supplement regimen, as a complement to vitamin and mineral antioxidants. My recommendation in this regard is the two PhytoTech supplements:

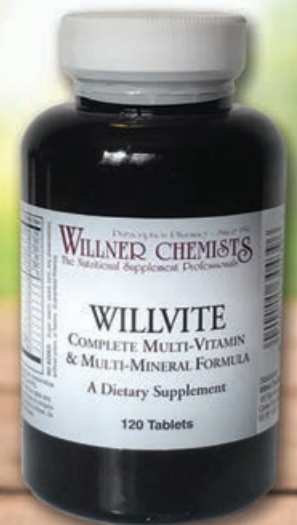
Antiox Phyto Blend Liquid
Product Code: 57551

Antiox Phyto Complex II, Capsules
Product Code: 63745

Willner Chemists and Phyto-Tech™ Herbal Supplements

32% OFF

Entire Line
Jan. 3 - Feb.10



WILLNER CHEMISTS
The Nutritional Supplement Professionals



Your Daily Greens

One Scoop. Stir. Smile.

Packed with nutrient-dense ingredients to promote detox, immunity, alkalinity & digestion. Feeling amazing is a scoop away.

33% off Superfoods
Jan 3rd - Feb 10th



ORGANIC | NON-GMO | PLANT-BASED



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Caution: Do not use if you have ulcers.

Dosage: 10-30 drops, 2-3 times per day or as needed, in juice or water. Can be taken on an "as needed" basis or daily, for chronic indigestion.

Gentle Movement

A "Child Friendly" gentle, mild laxative formula designed to normalize bowel function, especially for children or the elderly.

1 fl oz - Prod Code: 57022

Who can benefit from this supplement?

Children, the elderly, or anyone with a sensitive digestive system suffering from mild constipation or sluggish bowel. Phyto-Tech™ Gentle Movement, Child Friendly, Alcohol Free contains the following herbs: Yellow Dock Root, Licorice Root, Fresh Marshmallow Root.

Ginger Cough Tonic

A blend of Ginger and other herbs especially useful for soothing coughs

4 fl oz - Prod Code: 56985

Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Hoeny, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

Suggested Dose: 1/2 to 1 teaspoon as needed. Can be diluted in hot water. Shake well before using.

Warning: Keep out of the reach of children; do not use while pregnant or nursing.

Ginger Energy Tonic

A formula that increases circulation, energy, vitality, and resistance to illness and environmental stresses.

4 fl oz - Prod Code: 57055

Who might benefit from this supplement?

• Those who suffer from fatigue and stress
• Those with low energy and those who are engaged in taxing or strenuous pursuits; those with poor circulation; those with poor digestion.
Phyto-Tech™ Ginger Energy Tonic contains the following: Ginger Root Dry, Ginger Root Fresh, Ginseng American, Ginkgo Leaf, Rhodiola Rosea 5% Rosavin, Schisandra Berry, Glycerin Vegetable, Honey, Water Pure Deionized.

Ginger Immune Tonic

A Blend of Ginger and other Immune Modulating Herbs

4 fl oz - Prod Code: 57012

Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

Suggested Dose: 1/2 to 1 teaspoonful as needed. Can be diluted in hot water. Shake well before using.

Ginger Root 1:1.5

This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.

1 fl oz - Prod Code: 56995

90 Veggie Caps - Prod Code: 60127

Who can benefit from this supplement?

• Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.
Phyto-Tech™ Ginger Root 1:1.5 provides 667 mg of certified organic Fresh Ginger Root per 30 drops. Also available as a veggie cap, with each Phyto-Tech™ Ginger capsule containing 500 mg of certified organic Ginger Root (Zingiber officinalis). (Product code: 60127)

Ginger Tonic

A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.

4 fl oz - Prod Code: 57015

Who might benefit from this supplement?

• Those suffering from nausea due to motion sickness or pregnancy;
• Those with digestive discomfort and those with arthritis and other inflammatory problems.

Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting.

Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that is slow.

Ginger also has the ability to inhibit nuclear factor-kB (NF-kB), cyclooxygenase (COX) and lipooxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for

... continued on page 60

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



ETHICAL NUTRIENTS

18998	BONE BUILDER	220	TAB	31.25	28.13
34929	BONE BUILDER CAP	120	CAP	21.95	17.56
17576	BONE BUILDER W/BORON	220	TAB	31.25	25.00

EXTREME EDGE SPORTS

60621	POST WORKOUT PWD CHOC	1.3	PWD	33.95	27.16
60648	POST WORKOUT PWD VAN	2.6	PWD	69.95	55.95
60503	POST WORKOUT PWD VAN	1.3	PWD	33.95	27.16
60200	PRE WORKOUT PWD GRAPE	.66	PWD	24.95	19.96

FLORA

62769	7 SOURCES OMEGA 3 6 9	8.5	LIQ	19.99	15.99
62770	7 SOURCES OMEGA 3 6 9 F	172	LIQ	35.99	28.79
51776	ADULT ENZY BLN ADV UDO	60	CAP	30.49	24.39
51775	ADULT ENZYME BLND UDO	60	CAP	24.49	19.59
61963	ADULT PROBIOTIC ADV	60	CAP	40.49	32.39
44692	ADULT PROBIOTIC ADV UDO	30	CAP	21.49	17.19
61961	ADULTS PROBIOTIC BLEND	120	CAP	40.49	32.39
51780	ADULTS PROBIOTIC UDO'S	60	CAP	20.99	16.79
66708	BAOBITES BLOOD ORANGE	6.1	SNK	12.50	10.00
66707	BAOBITES PEACH MANGO	6.1	SNK	12.50	10.00
66706	BAOBITES POMEGRANATE	6.1	SNK	12.50	10.00
51779	CHILDRENS PROBIOTIC UDO	60	CAP	16.49	13.19
65481	CIRCULVEIN VCAP	60	VCA	27.49	21.99
66839	COMP CARE PROBIOT 27B	30	CAP	16.99	13.59
60186	DHA 250 MG VEG ALGAE	60	SGC	31.49	25.19
51771	DIGEST ENZYMES UDO'S	60	CAP	21.49	17.19
24966	FLAX O MEGA FLAX OIL	180	CAP	25.79	20.63
30299	FLAX OIL	172	LIQ	21.49	17.19
51769	FLAX OIL	322	LIQ	33.79	27.03
51903	FLAX OIL HIGH LIGN ORG	172	LIQ	21.49	17.19
57541	FLAX OIL HIGH LIGNAN	8.5	LIQ	10.99	8.79
22607	FLOR ESSENCE DRY 2.2OZ	2.2	PWD	37.99	30.39
22518	FLOR ESSENCE LIQ 17OZ	172	LIQ	37.99	30.39
52619	FLOR ESSENCE LIQUID	322	LIQ	59.49	47.59
52374	GOJI BERRIES	8.2	MIS	12.49	9.99
51963	IMPERIAL GREEN TEA	16	BAG	6.29	5.03
51778	INFANT PROBIOTIC BL UDO	2.6	PWD	19.49	15.59
35668	PUMPKIN SEED OIL	8.5	LIQ	20.99	16.79
65568	RED BEET CRYSTALS SALU	7.2	PWD	26.49	21.19
56123	SAMBU ELDERBERRY CONC	5.9	LIQ	17.49	13.99
54100	SAMBU GUARD LOZENGES	4.0	LOZ	12.99	10.39
42098	SESAME OIL	8.5	LIQ	9.99	8.99
40789	SILICA VEGETAL	90	CAP	19.49	15.59
40788	SILICA VEGETAL	180	CAP	35.49	28.39
53198	SUNFLOWER	172	LIQ	14.79	11.83
32345	SUPER 5 PROBIOTIC UDO'S	60	CHW	18.99	15.19
41935	SUPER 8 PROBIOTIC UDO'S	30	CAP	22.49	17.99
61962	SUPER 8 PROBIOTIC UDO'S	60	CAP	41.99	33.59
53394	SUPER BIFIDIO + PROBIOT	30	CAP	46.49	37.19

15546	SWEDISH BITTERS ALC FR	3.3	LIQ	11.49	9.19
15547	SWEDISH BITTERS ALC FR	8.5	LIQ	24.49	19.59
53393	UDO'S CHOICE DHA OIL	8.5	LIQ	20.99	16.79
43947	UDO'S CHOICE HIGH LIGN	172	LIQ	28.99	23.19
24061	UDO'S CHOICE OIL BLEND	172	LIQ	28.99	23.19
26795	UDO'S CHOICE OIL BLEND	180	CAP	35.49	28.39
53392	UDO'S CHOICE OIL BLEND	322	LIQ	47.49	37.99
23862	UDO'S CHOICE OIL BLEND	8.5	LIQ	17.49	13.99
26794	UDO'S CHOICE OIL BLEND	90	CAP	20.49	16.39
66840	WOMENS CARE PROB 75 BL	30	CAP	21.49	17.19

FLORA TEA

42893	COLD STOP	16	BAG	5.79	5.79
42895	DEEP CLEANSE	16	BAG	5.79	5.79
54357	DEEP DEFENSE	16	TEA	5.79	5.79
67062	GINSENG ROOBOIS BLEND	16	BAG	8.49	8.49
54397	GREEN CHAI TEA BIJA	16	TEA	5.79	5.79
54359	HOLY BASIL FL	16	TEA	5.79	5.79
42899	LEMON GINGER ECHIN	16	BAG	5.79	5.79
54358	PURE PEPPERMINT	16	TEA	5.79	5.79
42901	SLEEP WELL	16	BAG	5.79	5.79
59720	YERBA MATE ORGANIC	16	BAG	5.79	5.79

FLORADIX

51300	ALPENKRAFT HERBAL	8.5	LIQ	20.99	16.79
41088	CAL MAG ZN/D/HRB LIQ	172	LIQ	45.79	36.63
22978	CAL MAG ZN/D/HRB LIQ	8.5	LIQ	26.79	21.43
15531	CALCIUM LIQ 8.5Z	8.5	LIQ	26.79	21.43
15536	CHILD MULTIVITAMIN OZ	8.5	LIQ	24.49	19.59
15535	EPRESAT ADULT MULTI	172	LIQ	50.49	40.39
15534	EPRESAT ADULT MULTI	8.5	LIQ	33.79	27.03
15529	FLORAVITAL FE/HRB YF	8.5	LIQ	26.79	21.43
15530	FLORAVITAL FE/HRB YF	172	LIQ	45.79	36.63
15538	HERBAL BITTERS	8.5	LIQ	26.79	21.43
15525	IRON + HERBS 17OZ	172	LIQ	45.79	36.63
15524	IRON + HERBS 8.5OZ	8.5	LIQ	26.79	21.43
61333	IRON TABS 10 MG	80	TAB	25.79	20.63
15533	MAGNESIUM LIQ 8.5Z	8.5	LIQ	26.79	21.43

FOOD SCIENCE

66455	AMINO MAX Z1	90	CAP	29.33	23.46
39484	DMG 125 MG AANGAMIK	90	TAB	34.79	27.83
66870	LIPOSOMAL D LIQUID	225	LIQ	12.99	10.39
66871	PROSTATE LIPOSOMAL LIQ	225	LIQ	24.99	19.99
66454	SEA MUSSEL	180	CAP	39.19	31.35

FOUR SIGMATIC

66881	CHAGA MUSHROOM ELIX MX	20	PAK	35.00	35.00
66879	MUSHRM COFF CORDYCEPS	10	PAK	15.00	15.00
66878	MUSHRM COFF LIONS MANE	10	PAK	15.00	15.00
66880	REISHI MUSHRM ELIX MX	20	PAK	35.00	35.00

FREEDA VITAMINS

14179	A 10000 PALMITATE H2O	250	TAB	14.80	11.84
14178	A 10000 PALMITATE H2O	100	TAB	7.40	5.92
22741	A PALMITATE 15	100	TAB	9.45	7.56
14197	APPLE PECTIN	100	TAB	10.25	8.20
14630	B 50 SUPER QUINTS	100	TAB	16.80	13.44
14246	B COMPLEX NO PABA/FOL	100	TAB	11.90	9.52
14247	B COMPLEX NO PABA/FOL	250	TAB	23.80	19.04
14203	B1 100	100	TAB	9.80	7.84
53823	B1 500 MG	100	TAB	17.95	14.36
14231	B12 50	100	LOZ	7.45	5.96
14240	B12 500	250	LOZ	23.90	19.12
14239	B12 500	100	LOZ	11.45	9.16
14222	B6 100	100	TAB	11.85	9.48
14221	B6 50	250	TAB	17.60	14.08
22279	BETAINE HCL 300	100	TAB	10.90	8.71
26428	BIOTIN 2.5 MG	100	TAB	13.80	11.04
23674	BROMELAIN 500 MG	100	TAB	13.90	11.12
14299	BUFF C PWD CAL ASCORB	16Z	PWD	47.90	38.32
14298	BUFF C PWD CAL ASCORB	4Z	PWD	16.30	13.04
14295	BUFF C TAB CAL ASCORB	100	TAB	12.95	10.36
14296	BUFF C TAB CAL ASCORB	250	TAB	26.90	21.52
14271	C 100	250	TAB	8.80	7.04
14278	C 1000	100	TAB	13.45	10.76
14280	C 1000	500	TAB	45.90	36.72
14293	C 1000 T/R	250	TAB	31.90	25.56
14292	C 1000 T/R	100	TAB	15.95	12.76
14274	C 250	500	TAB	23.95	19.16
14273	C 250	100	TAB	7.60	6.08
14275	C 500	100	TAB	8.80	7.04
14277	C 500	500	TAB	30.60	24.48
14289	C 500 T/R	100	TAB	12.40	9.92
14269	C CRYSTALS 4 OZ	4Z	PWD	12.20	9.76
14268	C PWD DULL C 16 OZ	16Z	PWD	38.75	31.00
41513	CAL CITRATE PWD PURE	16Z	PWD	17.50	14.00
38594	CAL CITRATE W/D	250	TAB	25.40	20.32
14310	CAL GLUCONATE	1#	PWD	25.20	20.16
14311	CAL GLUCONATE 300	100	TAB	9.35	7.48
14312	CAL GLUCONATE 500	500	TAB	29.90	23.92
39842	CAL MAG				

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

14531	NIACIN 100 TAB	100	TAB	7.95	6.36	60217	DIET SLIM TEA	16	BAG	5.99	5.39	60673	D3 5000 RAW VIT CODE	60	CAP	26.20	22.27	22367	WOBENZYM N TAB	800	TAB	216.26	183.82
14525	NIACIN 50 TAB	100	TAB	7.30	5.84	37482	ECHIN GOLDENSL SUPREME	17	LIQ	12.99	11.69	57916	DHA CHW OCEANS KIDS	120	CHW	18.48	15.71	41028	WOBENZYM N TAB	400	TAB	130.82	111.19
26437	NIACIN 500 MG	100	TAB	12.60	10.08	23820	ECHIN GOLDENSL SUPREME	47	LIQ	44.99	40.49	58580	E 250 IU VITAMIN CODE	60	CAP	26.97	22.92	40907	WOBENZYM N TAB	100	TAB	39.97	33.97
14536	NIACINAMIDE 100 TAB	100	TAB	7.40	5.92	38149	ECHIN GOLDENSL SUPREME	60	CAP	29.99	26.99	59353	ENZYMES MEN RAW	90	CAP	52.45	44.58	21151	WOBENZYM N TAB	200	TAB	68.09	57.87
30113	NIACINAMIDE 250 MG	500	TAB	27.90	22.32	37481	ECHIN SUPREME	27	LIQ	25.99	23.39	60479	ENZYMES RAW WOMEN 50 &	90	VCA	52.45	44.58	60423	WOMEN MULTI RAW ONE	30	VCA	26.98	22.93
62835	OXI FREEDA	120	TAB	41.20	32.96	23168	ECHIN SUPREME	17	LIQ	13.99	12.59	59352	ENZYMES WOMEN RAW	90	CAP	52.45	44.58	56871	WOMEN MULTI RAW ONE	75	VCA	37.78	32.11
14562	PAN C 500	250	TAB	27.80	22.24	38148	ECHIN SUPREME	60	SGC	29.99	26.99	59354	FIBER RAW	600	PWD	34.60	29.41	64559	WOMENS 40 + MULTI KIND	120	TAB	79.95	67.95
14581	PARVENZYME	250	TAB	21.90	17.52	24900	ECHIN/GOLDE/PROP/SPRAY	17	LIQ	13.99	12.59	66480	FITBIOTIC 50 BILL PAK	20	PAK	44.95	38.21	64558	WOMENS 40 + MULTI KIND	60	TAB	49.95	42.45
14580	PARVENZYME	100	TAB	10.95	8.76	38167	ELEUTHERO ROOT	60	SGC	27.99	25.19	63708	FLORA CLEANSE RAW	60	CAP	47.20	40.12	64567	WOMENS MULTI KIND ORG	120	TAB	79.95	67.95
14583	PARVLEX	100	TAB	11.95	9.55	38150	ENERGY VITALITY	60	SGC	29.99	26.99	62782	FUCO THIN GREEN	90	CAP	52.45	44.58	64566	WOMENS MULTI KIND ORG	60	TAB	49.95	42.45
14592	POT 80 MG GLUCONATE	250	TAB	17.60	14.08	24985	FEM RESTORE SUP	17	LIQ	13.99	12.59	42166	FUNGAL DEFENSE	84	CPL	43.21	36.72	64570	WOMENS ONCE DAILY KIND	60	TAB	49.95	42.45
14596	QUERCETIN 250	250	TAB	52.90	42.32	60638	FRESH BREATH SPRAY	.52	SPY	7.50	6.75	38726	GOATEIN PWD	450	PWD	64.95	55.20	64571	WOMENS ONCE DAILY KIND	30	TAB	29.95	25.45
14595	QUERCETIN 250	100	TAB	26.95	21.56	57208	GAS & BLOATING CAP	50	CAP	24.99	22.49	62233	HEALTHY BLOOD VIT CODE	60	VCA	16.75	14.23	66122	WOMENS PROB ONCE DAILY	30	VCA	39.95	33.45
14593	QUERCETIN 50	100	TAB	10.50	8.40	60218	GAS AND BLOATING TEA	16	BAG	5.99	5.39	66095	IRON + HERBS PLNT LIQ	57	LIQ	29.95	25.45	62235	ZINC 30 MG RAW VIT COD	60	VCA	13.60	11.56
14598	QUIN B STRONG Z	250	TAB	23.90	19.12	55203	GINGER SUPREME	60	CAP	34.99	31.49	57744	IRON 22 MG RAW VIT COD	30	VCA	16.15	13.72						
14600	QUIN B STRONG W/C/ZINC	100	TAB	17.95	14.36	24221	GINSENG WILD SUPREME	17	LIQ	21.99	19.79	62234	K COMPLEX RAW K1/K2	60	VCA	29.35	24.94						
14601	QUIN B STRONG W/C/ZINC	250	TAB	35.95	28.76	56099	GREEN TEA	60	VCA	27.99	25.19	59002	KIDS MULTI VITAM CODE	30	CHW	17.25	14.66						
14604	QUINTABS	250	TAB	34.80	27.84	56101	GREEN TEA LIQ	17	LIQ	13.99	12.59	59001	KIDS MULTI VITAM CODE	760	CHW	29.15	24.77						
14606	QUINTABS M	100	TAB	18.45	14.76	31150	HAWTHORN BERRY A/F	27	LIQ	24.99	22.49	56785	LOVELY LEGS	30	VCA	32.39	27.53						
38222	QUINTABS M IRON FREE	100	TAB	18.20	14.56	36572	HAWTHORN SUPREME	27	LIQ	25.99	23.39	67196	MAG RELAX REST ORANGE	196	PWD	22.95	19.50						
14611	RUTIN 50	100	TAB	8.25	6.60	38153	HAWTHORN SUPREME	60	SGC	29.99	26.99	67197	MAG RELAX REST ORANGE	391	PWD	39.95	33.45						
53715	SCD B CMP W/C & ZINC	250	TAB	35.80	28.64	54421	HOLY BASIL	17	LIQ	13.99	12.59	67200	MAG RELAX REST ORIG	190	PWD	22.95	19.50						
59126	SCD CALCIUM COMPLETE	250	TAB	25.20	20.16	51194	HOLY BASIL	60	CAP	29.99	26.99	67201	MAG RELAX REST ORIG	381	PWD	39.95	33.45						
51728	SCD MULTIVIT HI PO	180	TAB	39.95	31.96	63502	HOLY BASIL LEAF	120	VCA	49.99	44.99	67198	MAG RELAX REST STR LEM	230	PWD	22.95	19.50						
14545	SELENIUM OCEANIC 100	100	TAB	11.95	9.56	62886	IRON LIQ PLANTFORCE	8.5	LIQ	25.99	23.39	67199	MAG RELAX REST STR LEM	461	PWD	39.95	33.45						
14548	SELENIUM OCEANIC 200	100	TAB	16.60	13.28	38154	KAVA KAVA	60	LIQ	29.99	26.99	60422	MEN MULTI RAW ONE	30	VCA	26.98	22.93						
14542	SELENIUM OCEANIC 50	100	TAB	9.60	7.68	44282	LACTATION SUPPORT	60	SGC	26.99	24.29	56811	MEN MULTI RAW ONE	75	VCA	37.78	32.11						
14632	SUPER QUINTS B 50	500	TAB	54.80	43.84	62555	LACTATION SUPPORT TEA	20	BAG	7.99	7.19	64564	MENS 40 + MULTI KIND ORG	60	TAB	49.95	42.45						
14631	SUPER QUINTS B 50	250	TAB	33.60	26.88	30410	LEMON BALM	17	LIQ	12.99	11.69	64565	MENS 40 + MULTI KIND ORG	120	TAB	79.95	67.95						
14653	ULTRA FREEDA	270	TAB	56.40	45.12	29766	LICORICE ROOT	17	LIQ	12.99	11.69	64562	MENS MULTI KIND ORG	60	TAB	49.95	42.45						
14651	ULTRA FREEDA	90	TAB	25.40	20.32	38482	LIVER HEALTH LP	60	CAP	29.99	26.99	64563	MENS MULTI KIND ORG	120	TAB	79.95	67.95						
14655	ULTRA FREEDA IRON FREE	180	TAB	40.80	32.64	64072	MACA	60	CAP	19.99	17.99	58013	MENS MULTI RAW VIT COD	120	TAB	43.17	36.69						
14654	ULTRA FREEDA IRON FREE	90	TAB	25.20	20.16	63503	MACA PWD ORG GELAT	162	PWD	29.99	26.99	64557	MENS ONCE DAILY KIND OG	60	TAB	49.95	42.45						
14656	ULTRA FREEDA IRON FREE	270	TAB	56.30	45.04	65413	MACA PWD ORG GELATINZ	87	PWD	17.99	16.19	64469	MENS ONCE DAILY KIND OG	30	TAB	29.95	25.45						
14662	YELETS TEENAGE MULTI	100	TAB	12.75	10.20	65706	MACABOOST CACAO GINGER	87	PWD	24.99	22.49	66123	MENS PROB ONCE DAILY	30	VCA	39.95	33.45						
14353	ZINC 22.5 CHELATED	100	TAB	9.50	7.60	65707	MACABOOST CACAO GNG PK	25	PAK	1.99	1.79	66118	MOOD PLUS PROBIOTICS	60	CAP	44.95	38.20						
14665	ZINC ELEMENTAL 30	250	TAB	19.60	15.68	65778	MACABOOST VAN CHAI	87	PWD	34.99	31.49	67205	MOOD PROBIOTIC	60	CAP	44.95	38.20						
14664	ZINC ELEMENTAL 30	100	TAB	9.80	7.84	65777	MACABOOST VAN CHAI PAK	25	PAK	1.99	1.79	59000	MULTI LIQ VITAMIN CODE	302	LIQ	49.30	41.90						
14667	ZINC GLUCONATE 15 MG	100	TAB	8.05	6.44	38155	MALE LIBIDO	60	SGC	27.99	25.19	40345	OMEGA ZYME	90	CPL	42.12	35.80						
14669	ZINC LOZ 10	100	LOZ	13.30	10.64	40130	MENTAL ALERTNESS	60	CAP	29.99	26.99	51695	OMEGA ZYME ULTRA	90	CAP	49.69	42.23						
						33680	MILK THIS YELLOW DOCK	27	LIQ	24.99	22.49	67135	ONCE DAILY ULTRA	30	CAP	49.95	42.45						
						38157	MILK THISTLE SEED	60	SGC	29.99	26.99	38079	PERFECT FOOD	150	CPL	49.69	42.23						
						64805	MILK THISTLE SEED	120	SGC	49.99	44.99	63654	PERFECT FOOD ALKAL DTX	285	PWD	43.21	38.84						
						60220	NATURAL LAXATIVE TEA	16	BAG	5.99	5.39	56778	PERFECT FOOD ORIGINAL	300	PWD	49.69	42.23						
						38138	NETTLE LEAF	60	CAP	28.99	26.09	61560	PERFECT FOOD PWD CH RW	285	PWD	43.21	36.72						
						38160	OIL OF OREGANO SGC	60	SGC	26.99	24.29	63652	PERFECT FOOD PWD RW AP	224	PWD	43.21	36.72						
						65705	OIL OF OREGANO VCAP	120	VCA	45.99	41.39	57915	PERFECT FOOD PWD RW OG	240	PWD	43.21	36.72						
						38159	OLIVE LEAF	60	VCA	26.99	24.29	63643	PERFECT FOOD RAW ENERG	285	PWD	43.21	36.72						
						56102	OLIVE LEAF LIQUID	17	LIQ	14.99	13.49	56628	PERFECT FOOD RAW GREEN	240	VCA	43.21	36.72						
						65704	OLIVE LEAF VCAP	120	VCA	45.99	41.39	63657	PERFECT FOOD RAW APP PK	EA	PAK	2.74	2.32						
						52243	PROSTATE HEALTH	60	SGC	29.99	26.99	63653	PERFECT FOOD WHEAT GR	120	PWD	31.45	26.73						
						52378	QUICK DEFENSE	40	CAP	41.99	37.79	55769	PERFECT WEIGHT VIT COD	120	CAP	47.50	40.37						
						57210	REFLUX RELIEF CHW	15	CHW	12.99	11.69	64568	PLANT CALCIUM ORG KIND	90	TAB	36.95	31.90						
						65896	REFLUX RELIEF CHW	45	CHW	32.99	29.69	64569	PLANT CALCIUM ORG KIND	180	TAB	63.95	54.35						
						38409	RESPIRATORY DEFENSE	60	CAP	29.99	26.99	67202	PLANT COLLAGEN BUILD	60	TAB	32.95	28.00						
						59635	RESVERATROL 150 MG	50	CAP	23.99	21.59	65293	PLANT PROT ORG CHOC SM	102	PWD	29.95	2						



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can help protect the intestinal mucosa from damage. Ginger Tonic has a vasodilating action, and will increase circulation and warm one up.

Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.

Ginkgo Biloba Leaf

One of the most widely researched herbs in recent years, Ginkgo biloba has been associated with memory, increased cerebral and peripheral circulation.

1 fl oz ~ Regular - Prod Code: 56961
Alcohol Free: - Prod Code: 57024
90 Veggie Caps - Prod Code: 60131

Who can benefit from this supplement?

• Those suffering from memory loss, early stage dementia (Alzheimer's disease), tinnitus, vertigo, inability to concentrate, circulatory problems. Phyto-Tech™ Ginkgo Biloba Leaf 1:1.15 contains 667 mg of ethically wild harvested Fresh and Dry Ginkgo biloba Leaf per 30 drops, in both alcohol and alcohol-free versions. Also available in a vegetarian capsule form. Each Phyto-Tech Ginkgo veggie cap contains 60 mg of standardized Ginkgo biloba Leaf Extract (24% ginkgo flavonoglycosides and 6% terpenolactones) and 400 mg of certified organic Ginkgo biloba leaf. This provides for an optimal standardized and full spectrum phytotherapeutic approach.

Ginseng, American

See American Ginseng

Ginseng, Chinese Red

See Chinese Red Ginseng

Ginseng Energy Blend

A combination of adaptogenic herbs resulting in a synergistic blend enhancing emotional, physical and mental energy.

1 fl oz ~ Regular Formula - Prod Code: 56962
2 fl oz ~ Regular Formula - Prod Code: 57087
1 fl oz ~ Alcohol Free - Prod Code: 57068

Each type of ginseng, Red Chinese and American, and other adaptogenic herbs, such as Eleutherococcus, have traditionally different properties. The combination, along with complementary herbs such as Licorice, Ginkgo, Fo Ti and Codonopsis, results in an energy blend for all purposes. Who can benefit from this supplement? Those who are under stress, suffering from fatigue, mental "burn out," adrenal fatigue, poor immune system function. This blend of adaptogenic herbs supports the adrenal glands, the immune system, and the nervous system. Phyto-Tech™ Ginseng Energy Blend is available in an alcohol and an alcohol free version. It contains the following herbs: Red Chinese Ginseng Root, American Ginseng Root, Eleuthero Root, Licorice Root, Ginkgo Leaf, Fo Ti Root, Codonopsis Root, Ginger Root.

Goldenseal Root 1:5

Used by Native Americans for colds, flu, sore throat and intestinal problems.

1 fl oz - Prod Code: 56950
60 Veggie Caps - Prod Code: 60128

Who can benefit from taking this herbal supplement?

• Those with infections of any mucosal tissue, including the respiratory tract, urinary tract, digestive tract, reproductive tract and gum infections. The anti-microbial activity of Goldenseal may be due to two alkaloids, hydrastine and berberine. Goldenseal is in serious danger of over-harvesting in the wild, so only organically cultivated goldenseal should be used. This is what is used in Phyto-Tech™ Goldenseal Root 1:5. Also available in a vegetarian capsule form. Each Phyto-Tech Goldenseal veggie cap contains 250 mg of certified organic Goldenseal Root.

Gotu Kola 1:1.5

1 fl oz - Prod Code: 57010

Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

1 fl oz ~ Regular Flavor - Prod Code: 56944
2 fl oz ~ Regular Flavor - Prod Code: 57098
1 fl oz ~ Peach Flavor - Prod Code: 56998
90 Veggie Caps - Prod Code: 60126

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. Such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

... continued on page 64

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



GODDESS GARDEN ORGANIC

65762	SUNSCREEN BABY SPF 30	3.4	LOT	18.99	17.09
65765	SUNSCREEN EVRDY SPF 30	6.2	LOT	20.99	18.89
66848	SUNSCREEN EVRDY SPF30	3.4	LOT	15.99	14.39
65763	SUNSCREEN FACE SPF 30	3.4	LOT	18.99	17.09
65764	SUNSCREEN KIDS SPF 30	6.2	LOT	20.99	18.89
65766	SUNSCREEN SPORT SPF 30	3.0	SPY	17.09	15.38
66847	SUNSCREEN SPORT SPF 30	6.2	SPY	22.99	20.69
65761	SUNSCREEN SPORT SPF 30	3.4	LOT	15.99	14.39
66846	SUNSCREEN SPORT SPF 30	1.2	LOT	4.29	3.86
65767	SUNSCREEN SPRAY KIDS	6.2	SPY	22.99	20.69
65768	SUNSCREEN SPRAY SPF 30	6.2	SPY	22.99	20.69

GREEN AND BLACKS

56849	DARK CHOC BAR 70% ORG	3.5	BAR	3.79	3.41
56880	DARK CHOC BAR 85% ORG	3.5	BAR	3.79	3.41
65314	MILK CHOC 37% ALMOND	3.5	BAR	4.59	4.14

GREEN FOODS

58269	CHLORELLA 200 MG ORG	300	TAB	18.99	15.19
40195	GREEN MAGMA PWD	11Z	PWD	54.99	43.99
17479	GREEN MAGMA USA PWD OZ	5.3	PWD	32.99	26.39
17480	GREEN MAGMA USA TAB	250	TAB	27.55	22.04
30057	MAGMA PLUS 10.5 OZ	10.	PWD	43.99	35.19
30056	MAGMA PLUS 5.3 OZ	5.3	PWD	25.95	20.76
64753	MATCHA GREEN TEA PWD	2.2	PWD	20.00	16.00

GREENS +

44033	GREENS PLUS BAR NAT	59G	BAR	2.99	2.69
51339	GREENS PLUS HI PROT BR	EA	BAR	2.99	2.69
61487	GREENS PLUS PWD ORG BR	8.4	PWD	27.89	22.31
59182	GREENS PLUS PWD ORG CH	240	PWD	30.99	24.79
23479	MULTI ADV RAW SUPERFD	9.4	PWD	51.69	41.35
62409	MULTI ADV VAN CHAI	9.4	PWD	49.99	44.99
61493	OMEGA 3 CHIA SEED ORG	11B	SED	22.69	18.15
56288	OMEGA 3 CHIA BAR CHOC	59G	BAR	2.99	2.69
59183	SUPERFOOD RAW PWD OP	240	PWD	30.99	24.79
56625	WHEY KRISP HI PROTEIN	50G	BAR	2.99	2.69

GRETHERS PASTILLES

67002	BLACK CURR PAST SUG FR	24	LOZ	9.98	9.98
67003	BLACK CURRANT PASTILLE	24	LOZ	9.98	9.98
67004	RED CURR PASTIL SUG FR	24	LOZ	9.98	9.98

GTS

61831	KOMBUCHA RAW BILBERRY 9	16Z	LIQ	4.19	3.77
60025	KOMBUCHA RAW ORIGINAL	480	LIQ	4.19	3.77
58138	KOMBUCHA RW GINGER OG G	480	LIQ	4.19	3.77
58137	KOMBUCHA RW MULT GR OG	480	LIQ	4.19	3.77
60989	SYNERGY KOMBUCHA CHR CH	16Z	LIQ	4.19	3.77
58940	SYNERGY KOMBUCHA GINGBR	16Z	LIQ	4.19	3.77
58552	TRILGY KOMBUCHA RAW	16Z	LIQ	4.19	3.77

GUAYAKI

61803	ENERGY SHOT LEMON ORG	2.2	LIQ	3.99	3.99
61805	ENERGY SHOT LIM TNG OG	2.2	LIQ	3.99	3.99
62010	PURE MIND YERBA MATE	16Z	LIQ	2.69	2.69

HEALTH AID AMERICA

61070	ADRENO MAX A/F SPRAY	1.2	SPY	20.49	18.44
60788	DAILYPROBIO 10 BILLION	100	VCA	34.99	31.49
64181	FEMPROBIO 50 BILL VAGN	30	CAP	39.99	35.99
63626	GARLIC BLACK ODORLESS	30	CAP	20.99	18.89
63590	HAIR VIT ONE A DAY	30	SGC	25.99	23.39
62274	IMMUPROBIO 50 BILLION	60	VCA	67.99	61.19
58926	IMMUPROBIO 50 BILLION	30	VCA	37.99	34.39
60786	KIDZPROBIO 5 BILLION	70G	PWD	27.49	24.74
65505	ORALPROBIO 2 BILL CHW	30	CHW	26.99	24.29
64182	SENIORPROBIO 30 BILL	30	CAP	31.49	28.34
60787	TRAVELPROBIO 10 BILL	30	VCA	17.99	16.19

HEALTH CONCERNS

30080	8 TREASURES	90	TAB	21.50	21.50
29321	ASTRA 18 DIET	90	TAB	21.50	21.50
26545	ASTRA 8	270	TAB	49.95	49.95
24439	ASTRA ESSENCE	90	TAB	21.50	21.50
26546	ASTRA ESSENCE	270	TAB	49.95	49.95
24944	ASTRA ISATIS	90	CAP	21.50	21.50
24945	ASTRA ISATIS	270	CAP	49.95	49.95
37270	BACKBONE	90	TAB	21.50	21.50
40384	CALM SPIRIT	270	TAB	49.95	49.95
36316	CHANNEL FLOW	60	TAB	21.50	21.50
36317	CHZYME	90	TAB	21.50	21.50
27938	CLEAR AIR	90	TAB	21.50	21.50
38209	COLD AWAY	90	TAB	19.95	19.95
31434	COPTIS PURGE FIRE	90	TAB	21.50	21.50
36773	CORYCEPS PS	50	TAB	21.50	21.50
27155	FERTILE GARDEN	90	TAB	21.50	21.50
24440	GB 6	90	TAB	21.50	21.50
56404	GREAT YIN	90	TAB	21.50	21.50
34175	HEAD Q 715 MG	90	TAB	21.50	21.50
26420	ISATIS GOLD	90	TAB	21.50	21.50
40381	LILY BULB FORMULA	90	TAB	21.50	21.50
42822	MILK THISTLE 80	90	TAB	21.50	21.50
35072	NINE FLAVOR TEA	90	TAB	21.50	21.50
21186	QUIET DIGESTION	90	TAB	21.50	21.50
36789	SKIN BALANCE	90	TAB	21.50	21.50
26560	STOMACH TABS	90	TAB	21.50	21.50
39482	THREE IMMORTALS	90	TAB	21.50	21.50
38901	THREE IMMORTALS	270	TAB	49.95	49.95
21184	WOMANS BALANCE	90	TAB	21.50	21.50
33101	WOMANS BALANCE	270	TAB	49.95	49.95
36507	XANTHUM RELIEVE SURF	90	TAB	21.50	21.50
33951	YIN CHAO JIN 750 MG	90	TAB	21.50	21.50

HEALTH DIRECT USA

66822	COLLAGEN LIQ CHER S/F	30Z	LIQ	65.95	59.35
66823	COLLAGEN LIQ MANGO S/F	30Z	LIQ	65.95	59.35
66787	COLLAGEN LIQ MANGO SF	15Z	LIQ	42.95	38.65
66788	COLLAGEN LIQ CHR SF	15Z	LIQ	42.95	38.65
66785	COLLAGEN SHOT CHERRY	1.2	LIQ	2.95	2.65
66784	COLLAGEN SHOT MANGO	1.2	LIQ	2.95	2.65
66786	SLIMIT WITH MERATRIM	56	CAP	39.95	35.95

HEALTH FROM THE SUN

20328	BLACK CURRANT OIL 1000	60	CAP	31.69	25.35
20326	BLACK CURRANT OIL 500	180	CAP	50.99	40.79
20325	BLACK CURRANT OIL 500	90	CAP	28.39	22.71
58672	BLACK CURRANT OIL VEG	60	SGC	32.89	26.31
20322	BORAGE OIL 300 1300 HF	60	SGC	31.39	25.11
20321	BORAGE OIL 300 1300 HF	30	SGC	18.59	14.87
58585	BORAGE OIL VEG 1000 VC	60	VCA	34.59	27.67
58353	E P O 1000 MG ORG VEG	90	SGC	32.29	25.83
51248	E P O 1300 MG	60	SGC	14.89	11.91
55041	E P O 1300 ORGANIC OIL	60	SGC	20.09	16.07
50898	E P O 500 HEXANE FREE	180	SGC	20.59	16.47
25267	E P O LIQ GOLD	2.2	LIQ	21.69	17.35
25267	E P O LIQ GOLD	4.2	LIQ	38.89	31.11
23297	FIPRO FLAX	15	PWD	10.49	8.39
24119	FLAX OIL 1000 ORGANIC	180	CAP	24.99	19.99
57191	FLAX SEED OIL 1000 VEG	90	SGC	18.99	15.19
36517	MYGRASTICK	3ML	TUB	10.59	8.47
58664	PUMPKIN SD OIL VG 1000	90	SGC	29.09	23.27
26084	TOTAL EFA SGC	90	SGC	26.19	20.95
28199	TOTAL EFA SGC	180	SGC	48.39	38.71
59626	TOTAL EFA VEG	90	SGC	34.79	27.83
53824	TRAVELER ROLL ON	4ML	ROL	8.99	7.19

HEALTH PLUS

26887	COLON CLEANSE	12Z	PWD	13.99	11.19
56097	COLON CLEANSE ORANGE	12Z	PWD	14.99	11.99
28062	COLON CLEANSE SUPER	12Z	PWD	14.99	11.99
24867	COLON CLEANSE SUPER	240	CAP	21.99	17.59

HEALTHY ORIGINS

59372	5 HTP 100 MG	60	CAP	21.65	17.32
59373	5 HTP 100 MG	120	VCA	38.29	30.63
59366	E 1000 MIXED SGC	120	CAP	26.65	21.32
59361	E 400 MIXED SGC	60	VCA	39.99	31.99
59362	E 400 MIXED SGC	120	VCA	69.99	53.99
64940	E 400 SUNFLOWER SOY FR	360	TAB	85.99	68.79
63801	EGGSHELL MEMBR 500 NEM	150	SGC	149.99	119.99
59374	EPICOR 500 MG VCAP	60	SGC	69.99	55.99
57860	EPICOR 500 MG VCAP	150	SGC	64.99	51.99
58282	EPICOR FOR KIDS 125 MG	60	SGC	29.99	23.99
65998	FLAX OIL ORG ULTR OMEG	16Z	LIQ	17.99	14.39
65997	FLAX OIL ORG ULTRA LIQ	16Z	LIQ	17.99	14.39

66307	ASTAXANTHIN 4 MG VEGAN	150	VSG	54.99	43.99
64825	BIOTIN 10000 MCG	150	VCA	29.99	23.99
60910	BIOTIN 5000 MCG	60	VCA	9.99	7.99
60911	BIOTIN 5000 MCG	150	VCA	19.99	15.99
59699	CHIA SEEDS WHITE	16Z	SED	22.99	18.39
66297	CHIA SEEDS WHITE ORG	16Z	SED	27.99	22.39
66989	CHLORELLA 500 MG ORG	180	TAB	19.99	15.99
66990	CHLORELLA 500 MG ORG	720	TAB	64.99	51.99
66988	CHLORELLA 500 MG ORG	30	TAB	6.99	5.59
57508	CHOLESTENE				



Probiotics and Weight Loss

Lactobacillus gasseri

In the lab, obese mice with high blood sugar levels ate the probiotic *Lactobacillus gasseri* along with their regular diet while others did not consume the probiotic. After four weeks, doctors measured levels of inflammation and found those that had not consumed probiotics had inflammation levels 16 percent higher than those that had consumed probiotics. Also, those in the probiotics group had better carbohydrate metabolism and lower blood sugar levels after three weeks.

Reference: *British Journal of Nutrition*; 2016, Vol. 116, No. 3, Published Online



Additional Comments from Sam Forbes, CN.

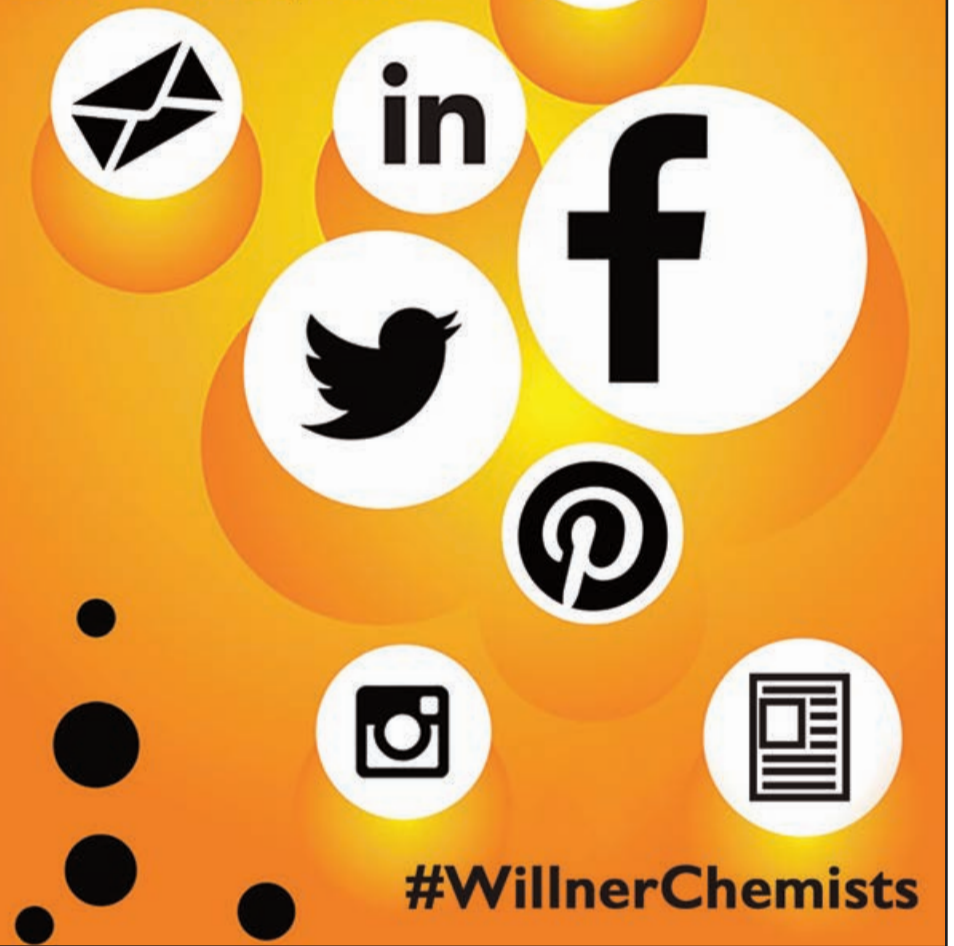
Nutritionists have long known of the benefits probiotics have on weight loss and weight management. Although the strain used in this study seems to be particularly effective in reducing abdominal fat, other strains of *Lactobacilli* have shown to be effective as well. Both human and animal studies have found that normal-weight people have different gut bacteria than overweight or obese people. These studies suggest that gut bacteria may play a powerful role in weight regulation. There are several main mechanisms that probiotics may employ to reduce obesity. It is thought that probiotics reduce fat by, inhibiting the absorption of dietary fat, by releasing hormones that reduce appetite, and by increasing special proteins that decrease fat storage. Inflammation also plays a role in fat storage and probiotics are useful in reducing inflammation in the body and gut. I'm inclined to think that any good quality probiotic formula with multiple strains of bacteria can be helpful in weight loss, however Willner's carries products that do contain *Lactobacillus gasseri*. Here are a few:

FloraMend Prime Probiotic
by Thorne Research
30 Vcaps, Product Code: 61196

FitBiotic
by Garden of Life
20 Pak, Product Code: 66480.

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BEAT THOSE WINTER BLUES!

During the Winter season, we are besieged by the stress of the holidays, the discomfort of bone-chilling cold, and the diminished hours of daylight can be a drag. All this adds stress to your immune system. You can beat the winter blues by supporting your inner wellness with **MAITAKE D-FRACTION®**, nature's ingredient for immune system support.*

Maitake D-Fraction is available in standard and PROfessional (4X) strengths



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Detox in a Box

Safe, effective metabolic detoxification without the hassles or hunger



Metabolic Detoxification: Supporting the 3 Phases*

The Clear Change® Metabolic Detoxification Program enhances the body's natural metabolic detoxification process while providing adequate fuel for cleansing and other daily activities, supporting energy metabolism and overall well-being.* It includes science-based nutritional recommendations for balanced metabolic detoxification support, along with a simple eating plan that removes common foods that can increase internal burden.

Keep your patients feeling their best

Clear Change® Daily Essentials—convenient, once-daily nutritional support packets—features 3 premium nutritional supplements designed to complement a daily foundation nutrition program and support metabolic detoxification maintenance.*

The Clear Change Program includes:

- Choice of 10-day or 28-day program
- Choice of UltraClear®, UltraClear® Plus, UltraClear® Plus pH, or UltraClear® RENEW formula in a variety of flavors
- AdvaClear®
- Blender cup
- Easy-to-follow guide with recipes and program diary
- Invitation to a free webinar
- Online support

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

Green Walnut Complex

1 fl oz - Prod Code: 57034

Hawthorn Berry 1:3

1 fl oz - Prod Code: 56964
90 Veggie Caps - Prod Code: 60132

Headache Complex

A blend of herbs designed to provide optimal relief to the pain and inflammation associated with headaches.

1 fl oz - Prod Code: 57088

Who can benefit from this supplement?

• Those with migraine or other types of headaches. Phyto-Tech™ Headache Complex contains the following herbs: White Willow Bark, Feverfew Herb, Meadowsweet Herb, Fresh Ginger Root, Fresh Pulsatilla Herb. Aspirin was initially synthesized from salicin extracted from

white willow bark and/or meadowsweet. The white willow bark used in this product has a very high salicin content.

Herbal Biotic Complex

Child Friendly

1 fl oz - Prod Code: 56973

Herp Ease Formula

A blend of herbs designed for use during the acute outbreak of any type of herpes infection.

1 fl oz - Prod Code: 57099

Who might benefit from this herbal supplement?

• Those suffering an acute outbreak of genital herpes, cold sores (oral herpes), or shingles (herpes zoster.) While there is no cure for herpes, this formula will help to quiet the attack and reduce the inflammation. The Ayurvedic herb Neem is a very strong anti-bacterial and anti-viral that limits the viral attack. Licorice and Turmeric are strong anti-inflammatory herbs that reduce the outbreak. They limit prostaglandin-induced inflammation. The anti-viral actions of St. John's Wort are being discovered and used for many viral conditions. St. John's Wort is also a nerve ending sedative, which helps in pain. Since herpes lives in the nerve endings and tends to erupt when under stress (stress hyper stimulates the nerve endings), St. John's Wort is of obvious value. St. John's Wort is calming under stress, is a nerve ending sedative and has anti-viral implications. Phyto-Tech™ Herp Ease Formula contains: Neem Herb, Licorice Root, St. John's Wort Flowers Fresh, Turmeric Root Fresh, Alcohol Pure Grain, Water Pure Deionized.

Holy Basil 20-8-8-5 Standardized

Holy Basil is a powerful adaptogen that helps the body overcome stress while calming the mind, uplifting the spirit, and restoring tranquility. It eases anxiety and nervous irritability and helps those with stress related health conditions. It also promotes healthy glucose levels, acts as a powerful antioxidant and fights inflammation.

60 Veggie Caps (Liquid Fill) - Prod Code: 57051

Phyto-Tech™ Holy Basil liquid filled veggie caps is standardized to 20 mg Eugenols, 8 mg Caryophyllene, 8 mg Rosparinic Acid and 5 mg Ursolic Acid. Each liquid filled veggie cap contains the following: Holy Basil Leaf Alc Extract (certified organic), 300 mg; Holy Basil Supercritical Extract, 150 mg; Lecithin Soy Non GMO, Cellulose Mod Vegetable, Chlorophyll. The usual dosage is one capsule 2 times daily. Who can benefit from this supplement? Those suffering from anxiety, irritability or mild depression; those living a fast-paced, high stress lifestyle; those who need help maintaining normal glucose and cortisol levels; those suffering from various types of inflammation. Holy Basil (Ocimum sanctum), also known as Tulsi, is one of the most highly regarded plants in Ayurvedic medicine. It has been used for centuries in India to treat an array of conditions such as inflammation, digestive complaints, asthma, arthritis, and skin conditions. In the West it is most well known for its ability to counteract stress, calm the mind and lift the spirit. According to herbalists, Holy Basil is an adaptogen that promotes a healthy stress response and can protect one from breakdown due to chronic stress, emotional turmoil or work overload. Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



30873	CASTOR OIL	8 Z	LIQ	5.99	4.79	60436	TINNITUS PELLETS	80	PEL	6.95	6.25	42720	MIGRAINE HEAD RELIEF	60	TAB	9.19	7.35	56591	B12 ACTIVE CHERRY FLAV	30	CHW	9.50	8.07
30875	CASTOR OIL	32Z	LIQ	15.49	12.39	27482	WEIGHT CONTROL DROPS	1 Z	LIQ	10.95	9.86	57402	MOTION SICKNESS TAB	50	TAB	8.69	6.95	54811	BERBERINE COMPLEX	90	CAP	26.60	22.61
30874	CASTOR OIL	16Z	LIQ	9.99	7.99	27481	WEIGHT CONTROL PELLETS	EA	PEL	6.95	6.25	57231	MUSCLE THERAPY GEL	3 Z	GEL	9.59	7.67	53192	BETAINE HCL 650 MG	250	CAP	36.20	30.77
30877	DEODORANT ROLL ON JASM	3 Z	ROL	7.99	6.39	28571	ZINC COLLOIDAL	100	LIQ	11.97	10.77	26721	NAT PHOS 6X	500	TAB	12.49	9.99	45458	BIO ZYME	200	TAB	40.00	34.00
30878	DEODORANT ROLL ON UNSC	3 Z	ROL	7.99	6.39							41620	NATRUM MUR 30 X	500	TAB	12.49	9.99	55114	BIOTIN FORT 3MG W/ZINC	60	TAB	12.00	10.20
30867	E OIL	.5Z	LIQ	5.99	4.79							26541	NATRUM MUR 6X	500	TAB	12.49	9.99	53684	BLUE HERON	120	CAP	22.90	19.46
55166	EYE CRM GOJI BERRY	1 Z	CRM	18.99	15.19	34480	DAILY DETOX APPLE CINN	30	BAG	9.99	7.99	26543	NATRUM SULPH 6X	500	TAB	12.49	9.99	52347	BMR COMPLEX	180	CAP	58.00	49.30
63957	FACIAL CLEANS EVERCLEN	5.8	LIQ	14.99	11.99	17779	DAILY DETOX HERB TEA	30	BAG	9.99	7.99	57401	NERVE TONIC	100	TAB	10.79	8.63	68803	CAL MAG BERRY 1:1	16Z	LIQ	22.00	18.70
55168	FACIAL CRM GOJI BERRY	4 Z	CRM	19.99	15.99	30551	DAILY DETOX II TEA	30	BAG	9.59	7.67	24730	NERVE TONIC	500	TAB	16.29	13.03	52405	CALCIUM D GLUCARATE	90	CAP	36.40	30.94
51548	HYALURONIC ACID MOIST	4 Z	CRM	19.99	15.99							55324	RESTFUL LEGS	50	TAB	10.89	8.71	58683	CELL FORTE MAX 3	120	CAP	36.50	31.02
30899	LAVENDER WATER MIST	8 Z	SPY	8.99	7.19	58524	CONDITIONER HYDRAME	8 Z	LIQ	12.95	11.65	51916	SILICA 6X 1000	100	TAB	22.29	17.83	56813	CELLULAR FORTE IP 6 IN	120	TAB	25.50	21.67
30857	PSORIASIS BODY WASH	8 Z	LIQ	13.99	11.19	55088	HYDRAME SKIN LOTION	8 Z	LOT	13.95	13.95	26540	SILICEA 6X	500	TAB	12.49	9.99	56812	CELLULAR FORTE IP 6 IN	240	TAB	50.00	42.50
30900	ROSE WATER FLOWER MIST	8 Z	SPY	8.99	7.19	55089	HYDRAME SHAVE GEL	4 Z	GEL	9.95	9.95							52472	CLINICAL NUTR 45+ WOM	180	TAB	33.50	28.47
30866	SCARGO SKIN MASS LOT	4 Z	LOT	10.99	8.79	55089	LIPZ LIP BALM	EA	STK	4.79	4.31							57482	CLINICAL NUTR 50 + MEN	120	TAB	33.50	28.47
30884	SHAMPOO EVERCLEN DAND	8 Z	LIQ	9.99	7.99	56717	TIPZ FINGER REPAIR BLM	EA	STK	3.75	3.75							53864	CLINICAL NUTRI GLUCO IT	90	TAB	33.00	28.05
30880	SHAMPOO HAIREVER	8 Z	LIQ	9.99	7.99													54799	CLINICAL NUTRIENTS MEN	90	TAB	24.00	20.40
30889	WOOL FLANNEL SMALL	EA	PAD	10.99	8.79													57788	COQ10 100 MG SGC	60	SGC	40.00	34.00
																		66709	COQ10 200 MG CHW CHOC I	30	CHW	60.00	51.00
																		52529	COQ10 200 MG CHW MAPLE	30	CHW	60.00	51.00
																		54865	CORTISOL MANAGER	30	TAB	24.40	20.74
																		56816	CORTISOL MANAGER	90	TAB	65.00	55.25
																		52806	CYTO REDOXIN	60	CAP	39.70	33.74
																		54257	D3 1000 IU	90	TAB	8.30	7.05
																		52388	DETOXICATION FACTORS	120	CAP	64.00	54.40
																		58142	DHEA 25 MG	60	CAP	9.90	8.41
																		60088	E 400 IU	60	SGC	15.95	13.55
																		52417	E H B	60	CAP	21.80	18.53
																		53800	ENTEROGENIC CONC CAP	120	CAP	40.50	34.42
																		66166	ENTEROGENIC INTENS 100	30	CAP	50.00	42.50
																		52249	ESKIMO 3 SGC	105	SGC	19.90	16.91
																		53372	ESKIMO PUREFA 1000 MG	150	SGC	40.00	34.00
																		52240	FOLIPLX W/B12	60	TAB	22.10	18.78
																		54416	GABA 750 MG	60	CAP	19.20	16.32
																		64357	GLYCATION MANAGER	60	CAP	46.00	39.10
																		58841	GLYCEMIC MANAGER	60	TAB	24.00	20.40
																		52248	GLYCO KINETIC COMPLEX	90	CAP	27.80	23.63
																		52239	INDOLPLEX	60	CAP	45.80	38.93
																		57382	IRON COMPLEX	90	SGC	22.00	18.70
																		44696	ITI WOMAN	60	CAP	32.00	27.20
																		52526	KREBS MAG POT CHELATES	120	TAB	8.50	7.22
																		61704	LAVELA WS 1265	60	SGC	35.00	29.75
																		59016	LAXATIVE FORMULA	60	TAB	14.00	11.90
																		53236	LIPASE CONCENTRATE HP	90	CAP	22.50	19.12
																		54539	LIPIC ACID 200 PER 2	60	CAP	27.30	23.20
																		53751	LIPOTROPIC COMPLEX CAP	90	CAP	20.50	17.42
																		52663	MAG MALATE 100 MG	90	CAP	17.60	14.96
																		53771	MERCURY DETOX	60	CAP	33.40	28.39
																		53322	MILK THISTLE X SUPER	120	CAP	39.90	33.91
																		52473	MULTIPLX 2 NO IRON CP	240	CAP	50.90	43.26
																		53498	N A C 600 MG	60	CAP	16.70	14.19
																		54196	NIACIN NO FLUSH FREE	60	CAP	21.00	17.85
																		50533	NUTRIVITAMIN NO FE CAP	180	CAP	42.00	35.70

Please Note:
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- Arthritis
- Tendonitis
- Reduce Inflammation & Swelling of Muscle & Joint
- Relax Muscle & Tendon

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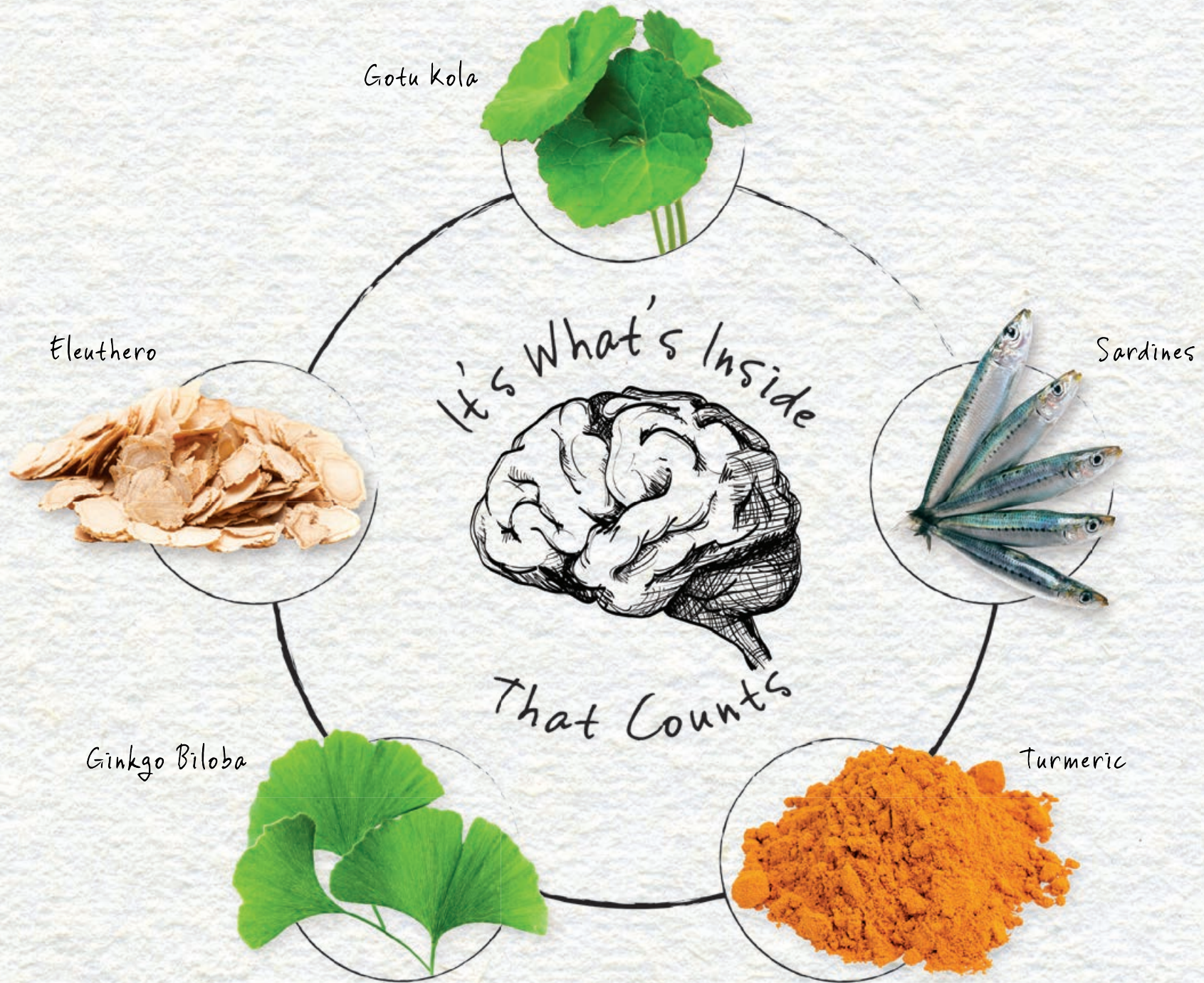
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Immune Acute Complex", or use this url: <http://www.willner.com/article.aspx?artid=239>

Immune Complex

Supports healthy immune system function, especially on a long-term and preventive basis.

1 fl oz ~ Regular - Prod Code: 57003

1 fl oz ~ Alcohol Free - Prod Code: 57033

Who can benefit from this product?

- Those who have a tendency to catch whatever "bug" is going around
- Those who have frequent and long-lasting bouts of cold and flu, and those with any chronic immune deficiency problem.

Description: Phyto-Tech™ Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy. This is not intended for use after you have come down with the cold, flu or similar condition. In that case, use one of the "acute" formulas, such as Phyto-Tech™ Echina Acute Complex.

Phyto-Tech™ Immune Complex contains the following herbs: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root.

Complimentary Formulas:

- Phyto-Tech™ Ginseng Energy Blend, when fatigue and low energy present.

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- Phyto-Tech™ Astragalus Root 1:3, for added immune support.
 - Phyto-Tech™ Oregano Oil 70, for added immune support in acute conditions.
 - Phyto-Tech™ Respiratory Complex, when congestion is present.
 - Phyto-Tech™ Echina Acute Complex, for added immune support in acute conditions and when thick, discolored mucus is present.
 - Phyto-Tech™ Elderberry 1:2, especially for viral infections.
- Phyto-Tech™ Immune Complex comes in a regular (alcohol) version and an alcohol free version.

Kava Root 1:2

Kava Root 75 Standardized

Long known around the world as an inducer of deep physical and mental relaxation, Kava is now considered a useful herb for calming and anxiety.

1 fl oz, Regular Liquid Herbal - Prod Code: 56947

1 fl oz, Alcohol Free Liquid - Prod Code: 56975

Phyto-Tech™ Kava Root 75

60 Liquid Filled Veggie Caps - Prod Code: 57049

Phyto-Tech™ Kava, 90 Veggie Caps - Prod Code: 60341

Who can benefit from this supplement?

- Those with anxiety, mild depression, ADHD and insomnia related to an over active mind.
- Phyto-Tech™ Kava Root 1:2 is available as a liquid extract, alcoholic and alcohol free, as well as a standardized liquid filled Veggie Cap. The liquid contains 500 mg of Kava per 30 drops. The liquid filled Veggie Cap is standardized to 75 mg Kavalactone per capsule (approximately 1,500 mg Kava). Also available in a vegetarian capsule form.
- Each Phyto-Tech™ veggie cap contains 380 mg selectively imported Vanuatu Kava Root.

Lemon Balm 1:2

1 fl oz - Prod Code: 57057

Licorice Root 1:3

Licorice is best known as a tonic for the adrenal gland, useful for those with fatigue or under stress.

1 fl oz - Prod Code: 56986

Who can benefit from this supplement?

- Those suffering from adrenal fatigue, stress, inflammatory conditions, gastric ulcers and lung congestion.
- Licorice helps a stressed adrenal gland maintain its' production of adrenaline, cortisone and aldosterone, the hormones normally secreted by the adrenal gland. Aldosterone affects the body's ability to hold more water, and maintains normal hydration. Licorice also increases cortisol levels, thus helping to reduce inflammation. This can be helpful in conditions as varied as asthma, psoriasis, hepatitis, lupus, MS, arthritis, eczema and other auto immune disorders. Licorice is also thought to have a synergistic action in herbal mixtures, and is commonly used, in small quantities, in herbal blends, especially in traditional Chinese medicine.

Phyto-Tech™ Licorice Root 1:3 contains 333 mg/ml (30 drops) of certified organic licorice root, along with pure grain alcohol and deionized water.

Dosage: 20-40 drops, 2-3 times per day or as needed, in juice or water.

Cautions: Do not use during pregnancy or nursing; long term use might possible cause water retention and/or edema; theoretically, could increase blood pressure at higher doses and over long term use.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



34538	GINGER DRIED 500 MG	100	CAP	11.95	9.56	56406	JARROSIL 60ML	60M	LIQ	24.95	19.96	39763	MSM 1000 SULFUR	21B	PWD	44.95	35.96	59192	RESVERATROL 100	120	VCA	37.95	30.36
35022	GINGKO BILOBA 120 MG D	120	CAP	34.95	34.95	28956	JOINT BUILD	120	TAB	25.95	20.76	34040	MSM SULFUR 1000 MG	100	CAP	12.95	10.36	57300	RESVERATROL SYNER 200	60	TAB	39.95	31.96
24533	GINGKO BILOBA 60 MG	60	CAP	8.95	7.16	56807	JOINT BUILDER ULT JRW/	90	TAB	27.95	22.36	38663	MSM SULFUR 1000 MG	200	CAP	20.95	16.76	36724	RESVERATROL SYNERGY	60	TAB	20.95	16.76
35026	GINGKO BILOBA 60 MG DU	120	CAP	26.50	26.50	67162	K RIGHT K1/MK4/MK7/D3	60	SGC	47.95	38.36	39230	MSM SULFUR PWD	11B	PWD	27.95	22.36	52992	RESVERATROL SYNERGY	120	TAB	37.95	30.36
39342	GLUCOS CHOND 375/300	120	CAP	26.95	21.56	42727	KRILL OIL 600 K REAL	30	SGC	17.95	14.36	29416	MSM SULFUR PWD	200	PWD	13.95	11.16	42741	RHODIOLA ROSEA	60	CAP	31.95	25.56
41600	GLUCOS CHOND 375/300	240	CAP	47.95	38.36	42728	KRILL OIL 600 K REAL	60	SGC	33.95	27.16	41345	MUSHROOM OPTIMIZER	90	CAP	16.95	13.56	56003	RIBOSE 1000 MG CHW BER	90	CHW	23.95	19.16
24807	GLUCOS HCL 1000 MEGA	100	TAB	21.95	17.56	37427	LACTOFERRIN 250 MG	60	CAP	49.95	39.96	23393	N A C 500	100	CAP	17.95	14.36	35278	RIBOSE PWD	100	PWD	21.95	17.56
36263	GLUCOSE OPTIMIZER	120	TAB	31.95	25.56	26684	LIPOIC ACID 100 MG	60	TAB	11.95	9.55	23394	N A C 500 SUPER	200	CAP	32.95	26.36	50504	RIBOSE PWD 200 GRAMS	200	PWD	39.95	31.96
45343	GLUCOS CHOND + MSM J	240	CAP	49.95	39.96	39618	LIPOIC ACID 100 MG	90	CAP	16.95	13.56	23395	N A C 600 SUSTAIN	100	TAB	25.95	20.76	67165	S ACETYL L GLUTATHIONE	60	TAB	33.95	27.16
33818	GLUTAMINE 1000	100	TAB	17.95	14.36	29423	LIPOIC ACID 100 MG	180	TAB	23.95	19.16	23501	N A G 700 CAP	120	CAP	23.95	19.16	62698	SACCHARO BOULARD STPKP	20	STK	29.95	23.96
28186	GLUTAMINE 750	120	CAP	17.95	14.36	59190	LIPOIC ACID 300 MG S/R	120	TAB	39.95	31.96	39341	N ACETYL TYROSINE	120	CAP	19.95	15.96	55652	SACCHAROMYCE BOUL + MOS	30	VCA	15.95	12.76
30027	GLUTAMINE PWD 1000 GM	000	PWD	63.95	51.16	32968	LIPOIC ACID 300 S/R	60	TAB	24.95	19.96	44532	NATTOMAX	30	VCA	17.95	14.36	60280	SACCHAROMYCES BOULARDI	180	VCA	54.95	43.96
24569	GLUTAMINE PWD 4 OZ	4 Z	PWD	13.95	11.16	52813	LIVER OPTIMIZER PF TAB	90	TAB	33.95	27.16	54733	NATTOMAX	90	CAP	32.95	26.36	24551	SACCHAROMYCES BOULARDI	/90	CAP	30.95	24.76
58151	GLUTAMINE PWD 500 GRAM	17.	PWD	39.95	31.96	36602	LUTEIN 20 MG SGC	30	SGC	9.95	7.96	34454	NEUROOPTIMIZER	120	CAP	49.95	39.96	33012	SAM E 200	20	TAB	15.50	12.40
24571	GLUTAMINE PWD 8 OZ	8 Z	PWD	23.95	19.16	36603	LUTEIN 20 MG SGC	60	SGC	17.95	14.36	41883	NIACINAMIDE 250 MG FF	100	CAP	8.95	7.16	37220	SAM E 200 MG	60	TAB	39.95	31.96
61976	GLUTATHIONE REDUC 500	120	CAP	71.95	57.56	67163	LUTEIN 20 MG SGC	120	SGC	33.95	27.16	66622	NICOTINAM RIBOS 100MG	60	TAB	55.95	44.76	42070	SAM E 400 MG	30	TAB	39.95	31.96
30291	GLUTATHIONE REDUC 500	60	CAP	40.95	32.76	27065	LYCO SORB 10 MG PRILPS	60	SGC	21.95	17.56	24305	OPC 95 100 MG	50	CAP	15.95	12.76	65553	SAM E 400 MG	60	TAB	69.95	55.96
67100	GOLDEN MILK TUR INFUS J	9.5	PWD	21.95	17.56	24567	LYSINE 500 MG	100	CAP	9.95	0.00	24334	OPC 95 100 MG	100	CAP	29.95	23.96	41946	SAM E JOINT W/GLUCOS	60	TAB	41.95	33.56
67101	GOLDEN TEA PWD	9.5	PWD	21.95	17.56	61392	MAGMIND MAG L THREON	90	VCA	38.95	31.16	36753	PANTETHINE 450 MG	60	SGC	29.95	23.96	43017	SAW PALMETTO EXT 160	120	SGC	25.95	20.76
45552	GPLC 750 GLYCOCARN	60	CAP	39.95	31.96	38052	MAGNESIUM OPTIMIZER	100	TAB	11.95	9.55	41890	PANTOTHENIC ACID 500	100	CAP	9.95	7.96	61459	SHILAJIT FULVIC ACID	60	VCA	21.95	17.56
65073	GREEK YOGURTIN COCONT	11B	PWD	24.95	19.96	39862	MASTIC GUM	60	CAP	31.95	25.56	27252	PC 35 MEGA (LECITHIN)	120	SGC	17.95	14.36	67459	SLEEP OPTIMIZER	60	VCA	21.95	17.56
62025	GREEN COFFEE BEAN EXT	60	VCA	20.95	16.76	25931	MAX DHA 505 MG	90	SGC	21.95	17.56	42738	PET DOPHILUS PWD	2 Z	PWD	21.95	17.56	58987	SLEEP OPTIMIZER	60	VCA	21.95	17.56
38835	GREEN DEFENSE 6.35Z	6.3	PWD	26.95	21.56	34494	MAX DHA 505 MG	180	SGC	37.95	30.36	59647	PLANT PROTEINS OPTIMAL	19Z	PWD	22.95	18.36	55621	SLEEP OPTIMIZER	30	VCA	11.95	9.56
31368	GREEN TEA 5:1	100	CAP	12.95	10.36	25010	MELATONIN 3 MELLOWTON	60	CAP	7.95	6.36	39682	POLICOSANOLS 10 MG ULT	100	SGC	23.95	19.16	66652	SLIM WHEY PROT GRN TEA	16Z	PWD	33.95	27.16
61096	GREEN TEA 500 ORG TAB	100	TAB	19.95	15.96	67164	MELATONIN 300 FAST MLT	100	LOZ	13.95	11.16	44065	POMEGRANATE JUICE	12Z	LIQ	15.50	12.40	66653	SLIM WHEY PROT MOCHA	16Z	PWD	33.95	27.16
27730	GT CHROMIUM 200 MCG	100	CAP	6.50	5.20	26310	MELATONIN SUSTAIN 1 MG	60	TAB	7.95	6.36	52090	POMEGRANATE JUICE	24Z	LIQ	28.95	23.16	38973	TAURINE 1000	100	CAP	12.95	10.36
31727	HYALURONIC ACID 50 MG	60	CAP	17.95	14.36	24584	MELATONIN SUSTAIN 1 MG	120	TAB	11.95	9.55	51527	POMEGUARD 400 MG	60	CAP	23.95	19.16	66838	THEANINE 100 GUMM APPL	60	CHW	23.95	19.16
45670	HYALURONIC ACID 50 MG	120	CAP	35.95	28.76	65587	METHYL 12 2500 MCG	100	LOZ	20.95	16.76	53827	POTASSIUM CITRATE 99	120	TAB	9.95	7.96	39098	THEANINE 100 MG	60	CAP	15.95	12.76
50466	HYALURONIC ACID 50 MG	60	VCA	26.95	21.56	34453	METHYL B12 1000 MCG	100	LOZ	11.95	9.56	62798	PQQ 10 MG	30	CAP	20.95	16.76	54932	THEANINE 200	60	CAP	25.95	20.76
58176	IDEAL BOWEL SUPPORT	30	VCA	26.95	21.56	61715	METHYL B12 5000 MCG	100	LOZ	9.95	7.96	65734	PQQ 20 MG	60	CAP	63.95	51.16	37034	TMG 500 TAB	120	TAB	14.95	11.96
57999	INOSITOL 750 MG	100	CAP	16.95	13.56	34918	METHYL B12 5000 MCG	60	LOZ	29.95	23.96	62799	PQQ 20 MG BIO PQQ	30	CAP	33.95	27.96	29221	TMG TRI METHYL G CRYST	50G	PWD	9.95	7.96
34634	INOSITOL PWD	8 Z	PWD	29.95	23.96	67160	METHYL B12/FOLATE/P5P	100	LOZ	19.95	15.96	50434	PRESSURE OPTIMIZER	60	CAP	37.95	30.36	41315	TOCO SORB (TOCO LIFE)	60	SGC	25.95	20.76
53826	INULINFOS	180	PWD	11.95	9.55	66125	METHYL FOL 1000 5 MTHF	100	CAP	27.95	22.36	36599	PROSTATE OPTIMIZER	90	SGC	37.95	30.36	34437	TRIBULUS COMPLEX	60	TAB	19.95	15.96
33013	IP 6 500 MG	120	CAP	16.95	13.56	61325	METHYL FOL 400 5 MTHF	60	VCA	9.95	7.96	33990	PS 100 DRY CAP	60	CAP	29.95	23.96	55329	TRYPTOPHAN 500 MG	60	VCA	21.95	17.56
33011	ISO RICH SOY 446 GMS	14Z	PWD	17.50	14.00	34647	MILK THISTLE SILYMARIN	200	CAP	27.95	22.36	33991	PS 100 DRY CAP	120	CAP	51.95	41.56	63116	TRYPTOPHAN PEPTIDE	60	TAB	19.95	15.96
52993	ISO RICH SOY 899 GMS	899	PWD	27.95	22.36	23120	MILK THISTLE SILYMARIN	100	CAP	15.95	12.76	67105	PS 100 MG GUMMIES STRW	60	GUM	27.95	22.36	24563	TYROSINE 500 MG CAP	100	CAP	13.50	10.80
58054	JARRO DOPH ALLERG FR	60	VCA	19.95	15.96	23754	MINERAL BALANCE CAPS																

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Liver Support

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

1 fl oz - Regular (alcoholic), Prod Code: 56948
1 fl oz ~ Alcohol Free, Prod Code: 56971

Who can benefit from this supplement?

- Those who feel they would benefit from:
 - a systemic cleansing stimulant
 - a specific liver function stimulant
 - protecting the liver from exposure to toxins
 - skin cleansing via liver detox
 - bile stimulation

In many medical approaches, the liver is central to a myriad of health problems.

Phyto-Tech™ Liver Support comes in a liquid herbal form, regular and alcohol free, as well as a standardized liquid filled Veggie Cap. The latter is standardized to Silymarin content, and will be discussed in the next monograph.

The liquid supplement contains the following herbs: Fresh Dandelion Root, Red Root, Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Fresh Ginger Root, Fringe Tree Bark.

Liver Support Caps

Standardized

This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.

60 Liquid Filled Veggie Caps, Prod Code: 57048

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid

extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a liquid filled Veggie Cap was developed, with added standardized Silymarin content.

Each Phyto-Tech™ Liver Support Standardized Veggie Cap contains the following: Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Burdock Root, Dandelion Root, Red Root, Fringe Tree Bark, and Silymarin (Milk Thistle) 80 mg.

Lobelia 1:2

Medically, lobelia is known as a parasympathomimetic. It stimulates the parasympathetic nervous system, countering the effect of adrenal stimulation and stress

1 fl oz - Prod Code: 56988

Who can benefit from this herbal supplement?

- Those suffering from excess adrenal stimulation and stress, including anxiety, panic attacks, insomnia, ADHD and nervousness.

Lobelia contains an alkaloid called lobeline that is chemically similar to nicotine. Lobelia will decrease the physical craving for cigarettes as lobeline fools the binding sites that are looking for nicotine. Lobelia has historically been used to help one who wants to quit smoking. It also calms the stress one goes through and opens the lungs to help expectorate. It is perfect in its action for smoking cessation.

Phyto-Tech™ Lobelia 1:2 contains fresh lobelia inflata herb, (500 mg/ml, or 30 drops), pure grain alcohol, and pure deionized water.

Dosage: General and long term dosage is 10-30 drops, 2-3 times daily in juice or water. For acute, short term needs, one can take 10-30 squirts every hour as needed.

Use caution if you have low blood pressure, and do not use during pregnancy.

Lustrous Hair

A herbal blend based on Traditional Chinese Medicine that stimulates hair growth and healthy, lustrous hair.

2 fl oz - Prod Code: 57733

Who might benefit from this herbal supplement?

- Those who suffer from hair loss or thinning, brittle, dull hair.

Phyto-Tech™ Lustrous Hair contains Fo-Ti Root 230 mg, Rehmannia Root 220 mg, Astragalus Root 110 mg, Dong Quai Root 90 mg, White Peony Root 90 mg, Safflower Flower 70 mg, Chinese Salvia Root 60 mg, Liguisticum wallichii Rhizome 60 mg. Alcohol Pure Grain, Water Pure Deionized

Cautions: Do not take during pregnancy or while nursing. Keep out of the reach of children.

Dosage: 60 drops, 1-2 times a day, in juice or water. Shake well before using.

References: For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Lustrous Hair."

Lymphatic Complex

A blend of herbs affecting the lymphatic system.

1 fl oz - Prod Code: 56997

Phyto-Tech™ Lymphatic Complex contains: Red Root, Fresh Ocotillo Bark, Stillingea Root, Fresh Astragalus Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

Dosage: General: 20-40 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day until symptoms reduce.

... continued on page 71

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



JASON COSMETICS

35837	ALOE VERA 98 % SUPER	16Z	LIQ	12.99	10.39
31030	ALOE VERA CRM 84%	4Z	JAS	9.99	7.99
43194	BODY LOT ALOE VERA	16Z	LOT	8.09	6.47
39592	BODY WASH ROSEWATER	30Z	LIQ	15.75	12.60
26458	CONDITIONER BIOTIN	17Z	LIQ	10.59	8.47
32855	CONDITIONER THIN THICK	8Z	LIQ	11.49	9.19
38881	CONDITIONER TTO	8Z	LIQ	10.59	8.47
54511	CONDITIONER FRAG FRE	16Z	LIQ	9.59	7.67
33793	DEOD STICK APRICOT W/E	2.5	STK	7.59	6.07
35265	E 5000 IU	4Z	LIQ	8.99	7.19
33674	E CRM 25000	4Z	CRM	15.59	12.47
29495	ESTER C PERFECT	4Z	LOT	16.99	13.59
35626	ESTER C PERFECT CRM	2Z	CRM	16.99	13.59
55934	FACIAL BLOCK SPF 20 PM	4Z	CRM	12.59	10.07
36725	HAIR SPRAY THIN THICK	8Z	SPY	11.49	9.19
41018	HAND & BODY LOT E A C	8Z	TUB	9.59	7.67
42544	HAND & BODY LOT LAVEN	8Z	LOT	9.59	7.67
29756	HYPER C WESTER C	1Z	SER	36.99	29.52
39004	MOUTHWASH HEALTHY MOUT	16Z	LIQ	9.99	7.99
26263	SHAMPOO BIOTIN	16Z	LIQ	10.59	8.47
36267	SHAMPOO DANDRUFF	12Z	LIQ	12.99	10.39

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See back page, or visit www.willner.com

54512	SHAMPOO FRAG FREE	16Z	LIQ	9.59	7.67
38949	SHAMPOO JOJOBA	16Z	LIQ	10.59	8.47
29566	SHAMPOO THIN THICK	8Z	LIQ	11.49	9.19
42517	SHAMPOO TTO	17Z	LIQ	10.59	8.47
44073	SHAVING LOT 6 IN 1	8Z	LOT	8.59	6.87
38599	SPF 45 ACTIVE SUN BLOK	4Z	LIQ	11.99	9.59
36292	STYLING GEL HI SHINE	6Z	GEL	8.99	7.19
35850	THIN THICK SCALP ELIX	2Z	LIQ	11.49	9.19
40940	TPST HEALTH MOUTH TTO	6Z	TUB	8.19	6.55
39307	TPST HEALTHY MOUTH	4Z	TUB	6.99	5.59
40194	TPST ORAL COMFORT BERRY	4Z	GEL	8.19	6.55
39309	TPST POWER SMILE	6Z	TUB	6.99	5.59
67168	TPST POWERSMI VAN MINT	6Z	TUB	6.99	5.59
40939	TPST SEA FRESH GEL	6Z	TUB	8.19	6.55
38915	TPST SEA FRESH PASTE	6Z	TUB	6.99	5.59

JOHN MASTERS ORGANICS

66605	BODY MILK GRAPEF GERAN	8Z	LIQ	17.75	17.75
66606	BODY MILK ROSEM ARNICA	8Z	LIQ	17.75	17.75

66607	BODY WASH GRAPEF GERAN	8Z	LIQ	17.75	17.75
66608	BODY WASH ROSEM ARNICA	8Z	LIQ	17.75	17.75
66620	CONDIT INTENS LAV AVOC	7Z	LIQ	21.75	21.75
66617	DETANGLER BARE UNSCENT	8Z	LIQ	14.25	14.25
66616	DETANGLER CITRUS NEROL	8Z	LIQ	15.75	15.75
66615	HAIR CLARIF COLOR SEAL	8Z	LIQ	16.75	16.75
66619	HAIR MILK ROSE APRICOT	4Z	LIQ	15.75	15.75
66612	HAIR RECONSTR HON HIB	4Z	MIS	27.75	27.75
66618	SEA MIST SEA SLT SPRAY	9Z	SPY	16.25	16.25
66611	SHAMP CONDIT ZINC SAGE	8Z	LIQ	19.75	19.75
66613	SHAMP CONDIT RECONSTR HON	6Z	LIQ	25.75	25.75
66614	SHAMPOO BARE UNSC ALL	8Z	LIQ	14.25	14.25
66610	SHAMPOO EVENING PRIMRS	8Z	LIQ	17.75	17.75
66609	SHAMPOO ROSEM LAVEND	8Z	LIQ	17.75	17.75

KAL

65715	APPLE PECTIN 600 MG	120	VCA	14.29	11.43
19400	B12 1000 SR	100	TAB	11.69	9.35
19403	B12 2000 SLL SUBL	100	LOZ	18.79	15.03
44514	B6 B12 W/FOLIC ACID	60	LOZ	10.49	8.39
64220	BONE MEAL	250	TAB	29.29	23.43
19426	BONE MEAL PWD	8Z	PWD	12.39	9.91
19440	C CRYSTALS 100% PURE	8Z	PWD	26.39	21.11
19482	CAL + SGC 333 MG	100	SGC	16.19	12.95
19481	CAL + SGC 333 MG	50	SGC	9.39	7.51
19473	CAL MAG + LIQ ORANGE	16Z	LIQ	16.49	13.19
38850	CALCIUM CITRATE 1000	90	TAB	11.59	9.27
19475	CALCIUM CITRATE + MG/D	120	TAB	13.19	10.55
19492	CHLOROPHYLL	100	TAB	9.69	7.75
19496	CHROMIUM PICOL 200	100	CAP	10.59	8.47
54318	DHEA 10 MG	60	TAB	9.19	7.35
19521	DOLOMITE PWD	1#	PWD	7.19	5.75
44764	GLUCOS CHOND MSM	90	TAB	39.89	31.91
63051	HYALURONIC ACID 100 MG	30	TAB	45.69	36.55
19588	IRON GLYCINATE COMPLEX	90	TAB	9.59	7.67
19597	KELP 225 NORWEGIAN	500	TAB	14.39	11.51
19606	LACTASE 250	60	SGC	12.89	10.31
19609	LECITHIN 1200	250	SGC	23.79	19.03
43598	MAG GLYCINATE 400	180	TAB	33.09	26.47
19618	MAG GLYCINATE 400 MG	90	TAB	19.19	15.35
31602	MAG DROTATE 200 MG	60	TAB	15.39	12.31
19635	N A C +	30	CAP	12.39	9.91
28669	NADH 5 MG ENADA	30	TAB	30.09	24.07
53246	NADH 5 MG ENADA	60	TAB	52.89	42.31
19641	NIACIN 500 FLUSH FREE	120	CAP	33.09	26.47
19430	NUTRITION YEAST FLK	22Z	PWD	27.59	22.07
19644	OMEGA 3 FISH OIL	120	CAP	17.59	14.07
19652	PANTOTHENIC ACID 100	100	TAB	6.49	5.19
19674	SILICA + 620	90	TAB	18.29	14.63
36089	SILICA + SUPER	60	TAB	21.29	17.03
19681	SOD 2000 ENTERIC COATD	100	TAB	16.29	13.03
53063	SOD 3 ENTRIC COATED	100	TAB	24.09	19.27

61966	STEVIA EXT PURE NATURAL	3.5	PWD	35.49	28.39
41675	STEVIA PURE EXT PWD	1.3	PWD	16.99	13.59
24897	SUPER ENZYMES TAB	60	TAB	25.99	20.79
19688	TRI ZINC FORM 50	90	CAP	7.49	5.99

KANBERRA GEL

58738	KANBERRA GEL	4Z	GEL	32.00	28.80
58737	KANBERRA GEL	2Z	GEL	19.00	17.10
62601	KANBERRA SPRAY	2Z	SPY	8.99	8.09

KARE N HERBS

24170	ENERGY KARE	40	TAB	19.95	15.96
24171	KARE N LIVER	40	TAB	17.95	14.36
24172	KOLD KARE COLD/FLU	40	TAB	15.95	12.76
33533	TRANQUILITY KARE	40	TAB	18.49	14.79

KARUNA

50168	ADRENACORT	120	TAB	35.30	28.24
23882	DUOZYME	180	CAP	47.80	38.24
40267	MAXXUM #3	180	CAP	37.30	29.84
29226	MAXXUM #4	180	CAP	41.50	37.35

KIND BAR

62584	KIND BAR DARK CHOC CHE	1EA	BAR	2.09	1.88
67269	KIND BAR DK CHC MC ALM	1.4	BAR	2.19	1.75
63619	KIND BAR MAPLE PEC SLT	40G	BAR	1.99	1.79
56764	KIND BAR NUT DELIGHT	40G	BAR	1.99	1.79
63620	KIND BAR VANI ALMOND	40G	BAR	1.99	1.79
59929	KIND PLUS BAR PB DK CH	1.4	BAR	1.99	1.79

KING BIO

39949	ALLERGIES AND HAYFEVER	2Z	LIQ	19.99	15.99
39954	ASTHMA FREE	2Z	LIQ	19.99	15.99
63822	ENZYME RESTORATION	2Z	LIQ	25.99	20.79
63823	HEAVY METAL DETOX CAND	2Z	LIQ	25.99	20.79
63824	HIGH POTENCY 9 CANDIDA	8Z	LIQ	33.59	26.89
39968	LUNGS BRONCHIAL RELIEF	2Z	LIQ	19.99	15.99
63840	SKIN TAG REMOVER	5Z	CRM	16.99	13.59
66900	SORE THROAT & LARYNGIT	2Z	SPY	19.99	15.99
39977	WART FREEE	2Z	LIQ	19.99	15.99

KISS MY FACE

30614	DEOD LIQ ROCK FRAG FR	3Z	ROL	5.99	4.79
37070	DEOD LIQ ROCK LAVENDER	3Z	ROL	5.99	4.79
39840	DEOD ROLL ON PATCHOULI	3Z	LIQ	5.99	4.79
50126	DEOD STK ACT ENZ LAVEN	2.4	STK	5.99	4.79
50122	DEOD STK ACT ENZ SCENT	2.4	STK	5.99	4.79
50124	DEOD STK ACTIVE ENZ	2.4	STK	5.99	4.79
64386	KIDS DEFESE SPY SPF 50	6Z	SPY	16.99	13.59
57108	LIP BALM SPORT SPF 30	1EA	LIP	3.49	2.79
30617	MOIST BATH ANTI STRESS	16Z	LIQ	8.99	7.19
30408	MOIST HONEY CALENDULA	16Z	CRM	10.09	8.07

30407	MOIST OLIVE ALOE FR F	16Z	CRM	10.09	8.07
30642	MOISTRE OLIVE & ALOE	16Z	LIQ	10.09	8.07
42327	SHAMPOO WHENEVER	11Z	LIQ	7.95	6.36
50120	SHAVE MOIST FRAG FREE	11Z	CRM	7.95	6.36
30610	SHV MOIST KEY LIME	11Z	CRM	7.95	6.36
59648	SHV MOIST POMGRAN GRAPE	11Z	CRM	7.99	6.39
34857	SOAP ALMOND MOIST	9Z	LIQ	6.49	5.19
30589	SOAP BAR CHAMOMILE	8Z	BAR	3.99	3.19
29352	SOAP BAR OLIVE ALOE	8Z	BAR	3.99	3.19
36605	SOAP BAR OLIVE OIL	8Z	BAR</		



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Maca Root

A native Peruvian herb, Maca's traditional use for enhancing overall vigor and fertility has been confirmed by animal studies showing it promotes libido, sexual potency and energy.

1 fl oz (500 mg per 30 drops) - Prod Code: 57076

Who can benefit from this supplement?

• Those with age-related sexual dysfunction, low libido, lack of energy and vigor.

According to Dr. Arthur Presser's book, Pharmacist's Guide to Medicinal Herbs, the "modern day uses" for Maca "are probably no different than Maca's ancient uses.

They include:

- Aphrodisiac
- Fertility
- Impotence
- Vitality
- Mental clarity
- Menopause & Menstruation
- Chronic Fatigue Syndrome
- Erectile dysfunction
- Anabolic steroid alternative
- General immunity

Male Virility

A blend of well-researched herbs known to enhance men's libido and sexual performance.

1 fl oz - Prod Code: 57731

Who might benefit from this herbal supplement?

• Those men who suffer from decreased libido or impaired sexual function.

Phyto-Tech™ Male Virility contains Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg.

Cautions: There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physician to determine if such problems exist.

Use this product under the supervision of a health professional.

Dosage: 30 drops, once per day in juice or water.

Complimentary Formulas:

• Phyto-Tech BPH Complex."

References: For more information on this herbal blend, go to www.willner.com and look for the article in the Reference Library section.

Menopause Complex

Support for the hormonal transition of menopause.

1 fl oz - Prod Code: 57084

Who can benefit from this supplement?

• Those women experiencing menopausal symptoms, include hot flashes and mood swings.

Phyto-Tech™ Menopause Complex contains the following herbs: Chaste Tree Berries, Black Cohosh Root, Lobelia Herb, Wild Yam Root, Dong Quai Root, Milk Thistle Seed, Motherwort Herb.

Menses Complex

A female tonic that helps regulate the menstrual cycle and relieve PMS symptoms.

1 fl oz - Prod Code: 57053

Who can benefit from this supplement?

• Those women who have PMS, irregular cycles, discomfort. Phyto-Tech™ Menses Complex needs to be taken for from one to three months to see full and lasting effects. Menses Complex contains the following herbs: Chaste Tree Berry, Wild Yam Root, Dong Quai Root, Red Raspberry Leaf, Licorice Root, Oregon Grape Root, Fresh Garrya Leaf, Cramp Bark, Nettles Leaf.

Milk Thistle Seed

Supports and protects healthy liver function.

1 fl oz, Regular (alcohol) - Prod Code: 56952

1 fl oz, Alcohol Free - Prod Code: 56954

90 Veggie Caps - Prod Code: 60134

Who can benefit from this supplement?

• Those with liver disease, hepatitis, alcoholism, drug users, elevated liver enzymes, exposure to toxins in the environment.

Phyto-Tech™ Milk Thistle Seed 1:3 contains certified organic Milk Thistle Seed, 333 mg per 30 drops.

Also available in a veggie cap, with each Phyto-Tech Milk Thistle capsule containing 250 mg of Milk Thistle Seed (standardized at 80% silymarin) and 200 mg of certified organic Milk Thistle Seed. (Product Code: 60134)

Mint Breath Spray Concentrate

New, Stronger Formula; A natural, refreshing breath spray to combat bad breath.

1 fl oz, Prod Code: 57732

Phyto-Tech™ Mint Breath Spray Concentrate is a new stronger formula. containing Peppermint, Cinnamon, Lo Han Guo Fruit Extract and Chlorophyll in a Vegetable Glycerine Base.

Mint Breath Spray Concentrate is a convenient herbal remedy to quickly combat bad breath. Bad breath or halitosis can be caused by numerous circumstances, including spicy and pungent foods, poor dental hygiene, dry mouth, tobacco use, infection in the respiratory tract or sinuses and poor digestion.

Peppermint is an herb that is helpful for many conditions including indigestion, irritable bowel, nausea, congestion, headaches and body aches. Peppermint and its active con-

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healthnotes

Plant Antioxidants Improve Heart Health in Men

Epicatechins Reduce Cardiovascular Events

Doctors measured antioxidant epicatechins—found in tea, apples, and cocoa—in the diets of 774 men, aged 65 to 84, and followed them for 25 years. Men with the lowest levels got an average of 7.9 mg of epicatechins per day, followed by a middle group that got 14.7 mg per day. Men with the highest levels got 15.2 mg of epicatechins per day. Comparing those in the highest group to the lowest, men who got the most epicatechins were 38 percent less likely to have died from coronary heart disease over the 25 years. Doctors also looked at men in the study with cardiovascular disease (CVD) and found those who got the most epicatechins in the diet were 46 percent less likely to have died from CVD over the 25 years compared to men who got the least. Doctors said epicatechins may help improve blood flow by promoting nitric oxide, which helps blood vessels dilate and relax.

Reference: American Journal of Clinical Nutrition; May, 2016, Published Online

Willner Product Ordering Information:

Willner Phyto-Tech™ Antiox Phyto Complex II
90 Capsules, Product Code: 63745

Willner Phyto-Tech™ Antiox Phyto Blend 1oz
liquid, Product Code: 57551

Willner Phyto-Tech™ GreenTea Guo
1oz, Product Code: 56944

Willner Phyto-Tech™ Green Tea Ext 250 mg
90 VCaps, Product Code: 60126

Additional Comments from Sam Forbes, CN.

In this issue of the Willner Window we presented studies showing how flavonoids from green tea and grape seed are useful in treating health conditions.

Here again is further evidence of plant phytochemicals, specifically bioflavonoids, preventing disease and maintaining optimal health. Epicatechins are a type of bioflavonoid; polyphenolic plant chemicals that are abundant in green tea, dark chocolate, and wine. Bioflavonoids provide a wide range of health benefits including antibacterial, anti-inflammatory, antiallergic, antimutagenic, antiviral, antineoplastic, anti-thrombotic and vasodilatory activity. One of the most important functions of flavonoids may be their ability to scavenge hydroxyl radicals, superoxide anions and lipid peroxy radicals; abilities epicatechins may use to protect against cardiovascular disease. Although this study looked at the effect of epicatechins on men, it's safe to say women should benefit as well. I would recommend a formula that contains a combination of plant or phyto-antioxidants like **Willner Chemists Phyto-Tech™ Antiox Phyto Complex II** capsules, or **Phyto-Tech™ Antiox Phyto Blend** liquid. These products contain extracts of Acai Berry, Mangostine, Goji Berry, Pomegranate, Green Tea, Grape Skin, and Grape Seed. Making plant antioxidants part of your daily regimen is a great way to protect and maintain health.

New Formula! Higher Potency, Vegetarian Capsule **Phyto-Tech™ Antiox Phyto Complex II**

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength vegetarian capsule.

Phyto-Tech™ Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable.

Phyto-Tech™ Antiox Phyto Complex II
375 mg - 90 Veggie Caps
Product Code: 63745

100% Vegetarian. Manufactured in an FDA Registered, GMP Certified facility.

WILLNER CHEMISTS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



stituent menthol have significant antiviral and antibacterial activity. Studies support peppermint's use to enhance gastric emptying and reduce nausea. It will increase saliva in the mouth and facilitate healthy digestion.

Mint Breath Spray Concentrate also contains Chlorophyll, which is known for its deodorizing properties. Chlorophyll cleanses and detoxifies the digestive tract while promoting digestion. It is an effective remedy for those with chronic bad breath or digestive tract odor.

Mint Breath Spray Concentrate can be used for occasional or chronic bad breath. It will deodorize the breath from smoking or tobacco use, illness, infection and eating offending foods such as garlic and onions.

Dosage: Holding spray nozzle close to the mouth, spray 2-3 times into the mouth as needed. Spray more frequently when desired.

Motherwort 1:3

1 fl oz, Prod Code: 57070

Mullein 1:3

1 fl oz, Prod Code: 57201

MuscleGestic

A blend of herbs designed to help reduce muscle and nerve pain, and inflammation.

1 fl oz, Prod Code: 57035

Who might benefit from this herbal supplement?

- Those suffering from muscle pain; those suffering from fibromyalgia

- Those who wish to shorten recovery time after athletic workouts; those recovering from injuries or accidents.

Phyto-Tech™ MuscleGestic contains the following: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Black Cohosh Root, Fresh Lobelia Herb, Fresh Betony Herb, Pure Grain Alcohol, Deionized Water.

MuscleGestic has many uses. It helps diminish muscle and nerve pain and inflammation. Skullcap and St. John's Wort decrease the frequency the nerve sends a pain signal to the brain while Devil's Claw decreases inflammation. It can be used as a preventative, for immediate acute pain and for chronic pain.

Unlike a prescription pain medication (potentially addictive and toxic), this non-toxic and non-addictive approach will diminish pain but not paralyze the pain signal completely. This allows for enough pain relief so one can relax and heal rapidly.

Chronic pain can lead to depression and that is addressed with the St. John's Wort in the formula.

As a specific for fibromyalgia and chronic pain disorders, MuscleGestic helps diminish pain and connective tissue inflammation.

Dosage: Preventative: Before a painful event (dental visit, deep muscle massage, workout, athletic event) 30 drops minimum and up to 120 drops 1/2 to 1 hour before the event.

Acute dosage: 60-90 drops in water every 2-3 hours until pain subsides. Then 2-3 times daily until not needed.

Chronic pain: 60-90 drops 2-3 times daily in water.

Note: Phyto-Tech™ Arnica Oil 1:6 can be used topically for local muscle pain and inflammation along with MuscleGestic.

Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

1 fl oz, Prod Code: 57002

Who might benefit from this herbal supplement?

- Those with a weakened immune system; those who frequently catch cold or flu

- Those undergoing chemotherapy; those with serious conditions such as HIB and AIDS.

Phyto-Tech™ Mushroom Extract Complex contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root, Deionized Water, Pure Grain Alcohol.

Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a long-term tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptogenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy of treatment is actually enhanced. However, it is recommended to consult with your physician before using products of this type.

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



17804	KYOLIC 100 GARLIC CAP	200	CAP	25.45	20.36	52713	LARABAR PECAN PIE	1.6	BAR	1.79	1.43	52173	BP MANAGEMENT NATURAL	60	TAB	44.00	35.20	63574	EFFERVESCENT VIT C MAG	180	PWD	20.00	16.00
31207	KYOLIC 100 GARLIC CAP	300	CAP	34.45	27.56	LE PAIN FLEURS						63888	BRAIN SHIELD GASTRODIN	60	VCA	33.00	26.40	65972	ENDOTH DEF POM & CORDI	60	SGC	68.00	54.40
17803	KYOLIC 100 GARLIC CAP K	100	CAP	13.99	11.19	LEDERLE						52460	BRITE EYES III	2	VIL	34.00	27.20	59031	ENDOTHELIAL DEFENSE	60	VCA	54.00	43.20
17805	KYOLIC 100 GARLIC TAB	100	TAB	12.99	10.39	64735	CRISPBRD ANCIENT GRAIN	4.4	BRD	6.10	6.10	55265	BROMELAIN COATED	60	TAB	21.00	16.80	67275	EPA DHA MEGA	120	SGC	20.00	16.00
17806	KYOLIC 100 GARLIC TAB K	200	TAB	21.99	17.59	64760	CRISPBRD BUCKWHEAT	4.4	BRD	6.10	6.10	53086	C 1000 W/DIHYDROQUERC	250	TAB	25.50	20.40	63782	ESOPHAGEAL GUARDIAN	60	CHW	36.00	28.80
52850	KYOLIC 100 GARLIC VCA	100	VCA	15.99	12.79	64876	CRISPBRD QUINOA	4.4	SNK	6.10	6.10	58294	CAL D GLUCARATE 200 MG	60	VCA	18.00	14.40	53410	ESTROGEN NATURAL	60	TAB	38.00	30.40
17808	KYOLIC 101 STRESS FAT C	200	CAP	25.45	20.36	LIDDELL						64826	CAL REDUCE CHW	120	CHW	45.00	36.00	58717	EUROPEAN LEG SOLUTION	30	TAB	20.00	16.00
17812	KYOLIC 102 W/ENZ VCAP	200	VCA	27.45	21.96	54959	CALTRATE 600 + D	+ D	TAB	20.69	20.69	62383	CARDIO PEAK HAWTH ARJ L	120	VCA	36.00	28.80	60364	EYE PRESSURE SUPPORT	30	VCA	38.00	30.40
17811	KYOLIC 102 W/ENZ VEG C	100	VCA	15.45	12.36	32610	OCUVITE	120	TAB	17.70	14.19	52169	CARNITINE OPTIMIZED	60	VCA	36.00	28.80	66825	FIBERIMMUNE SUPP APPLE	52	PWD	34.00	27.20
17813	KYOLIC 102 W/ENZ VEG T	200	TAB	25.45	20.36	21824	OCUVITE 60	60	TAB	11.49	9.65	52772	CARNO SOOTH	60	VCA	29.95	23.96	63992	FLORASSIST BALANCE LIQ	30	VCA	32.00	25.60
17816	KYOLIC 103 W/C/ASTRAG	200	CAP	25.95	20.76	21824	OCUVITE 60	60	TAB	11.49	9.65	55107	CARNOSINE SUPER	90	CAP	66.00	52.80	65092	FLORASSIST HEART PROB	60	VCA	32.00	25.60
17815	KYOLIC 103 W/C/ASTRAG	100	CAP	14.49	11.59	32607	POSTURE D CALCIUM 600	60	TAB	13.49	10.79	57865	CHLOROPHYLLIN	100	VCA	24.00	19.20	66597	FLORASSIST MOOD	60	CAP	33.00	26.40
17817	KYOLIC 104 W/LECITHIN	100	CAP	13.99	11.19	LIFE EXTENSION						65744	CHOL SUPPORT	60	LVC	52.00	41.60	57227	FLORASSIST ORAL HYGIEN	30	LOZ	20.00	16.00
17818	KYOLIC 104 W/LECITHIN	200	CAP	25.45	20.36	45362	BL BLADDER + UTI	1 Z	SPY	14.99	11.99	52923	CINSULIN ENHAN CINNULIN	90	VCA	38.00	30.40	66208	FLORASSIST THROAT HEAL	30	LOZ	20.00	16.00
17819	KYOLIC 105 W/SEL/A/E	100	CAP	15.49	12.39	66671	DETOX CHEMICAL SPY	1 Z	SPY	19.59	15.67	65177	CISTANCHE STD 210 MG	30	VCA	20.00	16.00	65973	FOLATE OPTIM 5000 MCG	30	TAB	25.00	20.00
22058	KYOLIC 105 W/SEL/A/E	200	CAP	28.49	22.79	33661	MALE ENERGY	1 Z	LIQ	21.59	17.27	52175	CLA BLEND 1000 SUP SES	120	SGC	36.00	28.80	57354	FOLATE OPTIMIZED	100	TAB	19.00	15.20
21610	KYOLIC 106 CIRCULATION	200	CAP	28.95	23.16	29955	SCH SINUS CONGESTION	1 Z	LIQ	14.99	11.99	52185	CLA BLEND 1000 W/GUAR	120	SGC	42.00	33.60	64782	FORSKOLIN 10 MG	60	VCA	16.00	12.80
32266	KYOLIC 106 CIRCULATION	300	CAP	40.45	32.36	29955	SCH SINUS CONGESTION	1 Z	LIQ	14.99	11.99	60860	COFFEENIC 400 GRN CF	90	VCA	38.00	30.40	60097	FUCOIDAN OPTIMIZED	60	VCA	36.00	28.80
17820	KYOLIC 106 CIRCULATION	100	CAP	16.49	13.19	29958	SD STOMACH DISTRESS	1 Z	LIQ	14.99	11.99	63852	COGNITEX W/ BRAIN SHLD	90	SGC	60.00	48.00	62630	GAMMA E TOCOPHER/TOCOT	60	SGC	40.00	32.00
43218	KYOLIC 108 HEART	100	CAP	16.49	13.19	33662	VITAL HGH	1 Z	LIQ	39.95	31.96	52194	COGNITEX W/ PREGNENOL L	90	SGC	74.00	59.20	52178	GAMMA E TOCOPHEROLS	60	SGC	32.00	25.60
56546	KYOLIC 109 BLOOD PRESS	80	CAP	27.45	21.96	LANE LABS						61834	COGNIZIN COP CHOLINE	60	CAP	36.00	28.80	66699	GARCINIA HCA VCAP	90	VCA	17.00	13.60
65989	KYOLIC 109 FORMULA	160	CAP	46.95	37.56	61056	5 LOX INHIB 100 APRESF	60	VCA	22.00	17.60	53962	COQ10 100 MG UBQ SUP	60	SGC	56.00	44.80	58954	GLA MEGA W/SESAME LIGN	60	SGC	19.50	15.60
51734	KYOLIC 110 W/COQ10	100	CAP	29.95	23.96	58721	7 KETO DHEA 25 MG	100	CAP	28.00	22.40	63764	COQ10 100 UBQ BIOPQQ	30	SGC	54.00	43.20	66727	GLUCOSAM CHOND 400 400	100	CAP	38.00	30.40
61659	KYOLIC CURCUMIN	50	CAP	31.95	25.56	52660	ACETYL L CARNIT ARGIN	90	VCA	52.00	41.60	52163	COQ10 100 W/ D LIMON	100	SGC	46.00	36.80	57310	GLUTAMINE PWD 100 GMS	100	PWD	22.00	17.60
17824	KYOLIC LIQ GAR	2 Z	LIQ	16.99	13.59	61932	ADRENAL ENERGY FORMULA	60	VCA	24.00	19.20	62414	COQ10 200 MG UBQINOL	30	SGC	62.00	49.60	52415	GLUTATHIONE C & CYSTEN	100	CAP	20.00	16.00
17823	KYOLIC LIQ GAR	4 Z	LIQ	29.95	23.96	51575	AMPK ACTIVATOR	90	VCA	48.00	38.40	52172	COQ10 50 MG ENHAN SUP	60	SGC	25.00	20.00	52198	GRAPE SEED EXT 100 MG	60	VCA	36.00	28.80
22943	KYOLIC OMEGA 3	90	SGC	25.95	20.76	60282	ANTI ADIPOC W/MANG IRV	60	VCA	39.00	31.20	59594	CR MIMETIC LONGEVITY	60	VCA	39.00	31.20	52201	GREEN TEA EXT MEGA DEC	100	CAP	30.00	24.00
44680	KYOLIC ONE PER DAY	30	CAP	13.99	11.19	66077	ANTI AGING FACE OIL	1 Z	LIQ	59.00	47.20	58501	CRANMAX 500 MG L	60	VCA	17.50	14.00	52202	GREEN TEA EXTRACT 725	100	CAP	30.00	24.00
22121	KYOLIC RESERVE 600	60	CAP	16.49	13.19	59022	ANTI ALCOHOL ANTI OX	100	CAP	26.00	20.80	58511	CRANMAX OPTIMIZED	60	VCA	18.00	14.40	66569	HAIR SKIN NAILS REJUV	90	TAB	24.00	19.60
25640	KYOLIC RESERVE 600	120	CAP	28.95	23.16	63930	APPETITE SUPPRESS NATU	60	VCA	38.00	30.40	62382	HEALTHY WHEY GLUTAMIN	16Z	PWD	30.00	24.00	65814	HEALTH BOOST ONCE DAIL	60	SGC	54.00	43.20
67227	LIVER FORMULA	50	VCA	19.95	15.96	66692	ARTERIAL PROTECT	30	VCA	48.00	38.40	58251	CRUCIFEROUS TRIPLE ACT	60	VCA	32.00	25.60	53288	HEPATAPRO 900 MG	60	SGC	50.00	40.00
65686	LUCKY 7 MENS PERFORM	60	VCA	29.95	23.96	58772	ARTHRO IMMUNE JOINT	60	VCA	32.00	25.60	58534	CRUCIFEROUS VEG TRIPLE	10N	VCA	24.00	19.20	64267	IMMUNE MODULATOR W/TIN	60	VCA	17.00	13.60
31895	PROSTA LOGIC	60	CAP	39.45	31.56	60988	ARTHROMAX ADV UC II	60	CAP	36.00	28.80	54588	CURCUMIN SUPER BIO 400	60	VCA	38.00	30.40	65176	IMMUNE SENESCENCE PROT	60	VCA	40.00	32.00
63835	RED YEAST RICE W/COQ10	75	CAP	22.95	18.36	58168	ASHWAGANDA EXT OPTIM	60	VCA	10.00	8.00	63870	CURCUMIN W/GINGER 6TUR	30	SGC	30.00	24.00	56188	INTEGRA LEAN IRVINGIA	60	VCA	28.00	22.40
LARABAR												63889	CYTOKINE SUPPES W/EGCG	30	CAP	20.00	24.00	57900	IRVINGIA OPTIMIZED	120	VCA	56.00	44.80
58491	ADVA CAL 1000	150	CAP	40.69	36.62	63897	ASIAN ENERGY BOOST	90	VCA	24.00	19.20	58681	D AND K W/SEA IODIN	60	CAP	24.00	19.20	53066	JOINT FORMULA FAST ACT	30	VCA	39.00	31.20
58115	ADVA CAL ULTRA 1000	120	CAP	37.69	30.15	63127	ASTAXANTHIN PHOSLI 4 MG	30	SGC	16.00	12.80	53683	D RIBOSE PWD 150 GRAMS	150	PWD	27.50	22.00	52193	K SUPER W/ K2 ADVANCE	90	SGC	30.00	24.00
42600	FERTILE MALE	90	CAP	40.69	36.62	63856	B COMPLEX COMPLETE	60	VCA	12.00	9.60	58922	D VITAMIN LOTION	4 Z	LOT	36.00	28.80	57513	K2 45 MCG LOW DOSE	90	SGC	18.00	14.40
42602	H2GO TABS	9																					

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.

The **Phyto-Tech™ Green Tea Guo** formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss. Please note that one dropperful of **Phyto-Tech™ Green Tea Guo** contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All **Phyto-Tech™ Green Tea Guo** preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap.

Each **Phyto-Tech Green Tea capsule** contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

- 1 fl oz ~ Regular Flavor - Code: 56944
- 2 fl oz ~ Regular Flavor - Code: 57098
- 1 fl oz ~ Peach Flavor - Code: 56998
- 90 Veggie Caps - Code: 60126



Complete Support in Every Tablet

Give your body the most comprehensive support in one tablet a day, with these perfectly balanced food-based, gluten-free formulas. Each of our supplements contains plant enzymes and probiotics to promote **easy, gentle digestion** and optimal absorption to deliver a difference you can feel.❖



Your purchase of Rainbow Light® supplements directly supports our 1% for Global Good Program to end undernutrition

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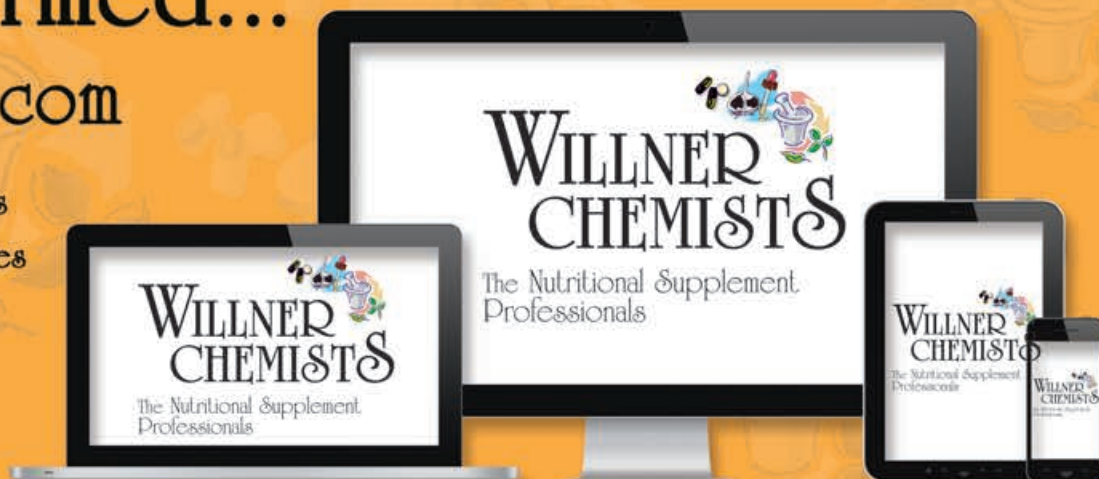
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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



extract. The two liquids are combined to create a full spectrum mushroom extract.

Dosage: General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.
More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

Myrrh Gum 1:4

1 fl oz, Prod Code: 57079

Neem

1 fl oz, Prod Code: 57074

Nerve Calmplex

Nerve Calmplex is a blend of herbs designed to help those with overactive minds, resulting in insomnia at night, and mental stress during the day. More gentle than other sedating formulas, it is very useful for stress, mild insomnia and nervousness, especially during the day.

Phyto-Tech™ Nerve Calmplex contains Fresh Milky Wild Oat Seed, Fresh St. John's Wort Flowers, Fresh Skullcap Herb, Passion Flower Herb, Hops Strobiles, Fresh Lobelia Herb, Fresh Pulsatilla Herb, Grain Alcohol, Deionized Water. (The alcohol-free version contains no Grain Alcohol) All of the herbs are either certified organic or ethically wildharvested.

1 fl oz, Prod Code: 56984

1 fl oz, Alcohol Free, Prod Code: 57069

Nettles 1:2

Nettles has traditionally been used by herbalists for urinary tract infections, edema, allergic rhinitis and general anti-inflammatory action.

1 fl oz, Prod Code: 56991

75 Veggie Caps - Prod Code: 60135

Who might benefit from this herbal supplement?

- Those with inflammatory diseases of the lower urinary tract; those with kidney stones;
- Those with hayfever and similar allergic conditions.; those with edema.

Nettles is also rich in minerals, and is often used as a nutritional supplement, i.e. a source of calcium, potassium, silicon and other trace minerals.

Phyto-Tech™ Nettles 1:2 contains Nettles herb (*Urtica dioica*), Pure Grain Alcohol, Deionized Water. Certified Organic. Also known as Stinging Nettle.

Also available in vegetarian capsule form. Each Phyto-Tech Nettle veggie cap contains 500 mg of certified organic Nettles Herb.

Note: Nettles "Herb" refers to the above ground parts of the plant. Nettles "Root" consists of the underground parts of the plant. The constituents are different. It is the root that has been shown to be useful in treating benign prostatic hyperplasia (BPH) not the herb.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water

Neutralizing Cordial

A traditional herbal formula for digestive distress.

1 fl oz, Prod Code: 57060

Who might benefit from this herbal supplement?

- Those with heartburn, acid reflux, indigestion, irritable bowel, ulcers and any digestive discomfort exacerbated by too much stomach acid;
- Those with overactive bowel peristalsis and gas; those with digestive upset.

Phyto-Tech™ Neutralizing Cordial contains the following: Turkey Rhubarb Root, Cinnamon Bark, Goldenseal Root, Peppermint Spirits, Potassium Carbonate, Simple Syrup,

Grain Alcohol, Deionized Water.

Neutralizing Cordial can be used for chronic digestive upset or on an as need basis. The effect can be felt quickly and can be repeated safely. It helps digestive upset when eating new foods while traveling.

Neutralizing Cordial is a "Pepto Bismol"-like formula that can be part of a household medicine cabinet. It is safe for children and has a very agreeable taste.

Dosage: General: 30-60 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops every 1/2 hour until feel better.

Olive Leaf 1:2

Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.

1 fl oz - Prod Code: 56958

Who might benefit from this herbal supplement?

- Those in need of enhanced immune support;
- Those with hypertension (high blood pressure);
- Those with blood sugar swings;
- Those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

Phyto-Tech™ Olive Leaf 1:2 contains Olive Leaf (*Olea europaea*), 250 mg/ml, Pure Grain Alcohol, Deionized Water. Certified Organic.

Dosage: 20-40 drops, 2-3 times per day or as needed in juice or water.

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



56449	MELATONIN 300 MCG T/R	100	CAP	12.00	9.60	66869	SHADE FACTOR VCAP	120	VCA	44.00	35.20	64850	PROGESTA CARE MIST UNS	1 Z	SPY	27.29	21.83
56843	MELATONIN 750 MCG T/R	60	CAP	8.00	6.40	59613	SKIN RESTORING CERAMID	30	CAP	25.00	20.00	55912	PROGESTA CARE PEPP CRM	4 Z	CRM	36.79	29.43
61451	METHYLCOBALMIN 1 MG VN	60	LOZ	9.95	7.96	60295	SLEEP NAT ENHAN NO MEL	30	CAP	20.00	16.00	50230	PROGESTA CARE PLUS	4 Z	CRM	36.79	29.43
61711	METHYLCOBAL 5 MG VAN	60	LOZ	32.00	25.60	60065	SLEEP NATURAL W/MELATO	30	CAP	22.00	17.60	LIFETIME NUTRITIONAL					
53832	MIGRA EEZE W/BUTTERBU	60	SGC	33.00	26.40	52199	SODZYME W/ GLISSODIN	90	CAP	28.00	22.40	53204	CAL MAG CIT LEMON CUST	16Z	LIQ	15.99	12.79
63931	MILK THISTLE (EUROPEAN)	120	SGC	44.00	35.20	53798	STRESS RELIEF NATURAL	30	VCA	28.00	22.40	53598	CAL MAG CIT LIQ PINA CO	16Z	LIQ	16.49	13.19
59329	MITOC ENERGETIC BIOPQQ	120	CAP	94.00	75.20	60321	STRONTIUM 750 MG	90	VCA	20.00	16.00	39800	CAL MAG CITRATE LIQ	16Z	LIQ	16.69	13.35
59781	MITOCHONDRIAL BASC PQQ	30	VCA	44.00	35.20	56823	SUPER MIRAFORTE LIGNAN	120	CAP	62.00	49.60	54575	OSTEO DENSITY RASBERRY	16Z	LIQ	20.29	16.23
55127	MSM 1000 MG	100	CAP	14.00	11.20	64858	TART CHERRY EXT	60	VCA	20.00	16.00	LILY OF THE DESERT					
66308	MULTI STEM CELL SKIN	1 Z	CRM	59.00	47.20	65883	TEAR SUPP W/MAQUIBRIGHT	30	VCA	18.00	14.40	27152	ALOE GEL WHL LEAF ORG	32Z	LIQ	9.88	7.90
52519	N A C 600 MG	60	CAP	14.00	11.20	53160	THEANINE 100 MG	60	VCA	24.00	19.20	43193	ALOE JUIC WHL LF PRS FR	32Z	LIQ	11.19	8.95
85001	NAD PLUS CELL REGENERAT	30	VCA	34.00	27.20	59745	TMG 500 MG LIQ VCAP	60	VCA	13.00	10.40	24280	ALOE JUICE WHL LF ORG	32Z	LIQ	9.88	7.90
61124	NEURO MAG MAG THRE PWD	7.2	PWD	40.00	32.00	58258	TOCOTRIENOLS SUPER ABS	60	SGC	30.00	24.00	22491	ALOE VERA GEL 16OZ	16Z	LIQ	5.26	4.20
61054	NEURO MAG MAG THREONAT	90	VCA	40.00	32.00	52188	TPST LIFE EXTENTION	4 Z	TUB	9.50	7.60	22466	ALOE VERA GEL 32Z	32Z	LIQ	9.29	7.43
66820	NIACIN 500 MG	100	CAP	7.85	6.12	67590	TRANQUIL TRACT VCAP	60	VCA	52.00	41.60	41689	ALOE VERA GELLY	12Z	GEL	9.39	7.51
63788	NIACIN NO FLUSH 800 MG	100	CAP	19.00	15.20	63765	TRI SUGAR SHIELD MULBR	60	VCA	36.00	28.80	58669	ALOE VERA GELLY	4 Z	GEL	4.39	3.51
66076	NITROVASC W/CORDIART LE	30	VCA	18.00	14.40	66353	TRIPLE ACTION THYROID	60	VCA	36.00	28.80	24025	ALOE VERA JUICE	32Z	LIQ	9.29	7.43
65178	NK CELL ACTIVATOR	30	TAB	45.00	36.00	62861	TRYPTOPHAN 500 MG	90	CAP	33.00	26.40	22773	ALOE VERA JUICE 16OZ	16Z	LIQ	4.62	3.69
61230	OLIVE LEAF VASCULR ADV	60	VCA	36.00	28.80	61221	TWO PER DAY CAP	120	CAP	22.00	17.60	54449	ALOE VERA JUICE NO L	32Z	LIQ	11.19	8.95
67151	OLIVE OIL EXTRA VIRGIN	16.	LIQ	33.00	26.40	59196	TWO PER DAY TABLETS	60	TAB	10.50	8.40	55487	ALOE VERA STOMACH FORM	32Z	LIQ	18.89	15.11
58490	OMEGA 3 SUPER SESM ENT	120	SGC	34.00	27.20	52159	TWO PER DAY TABLETS	120	TAB	20.00	16.00	50946	DETOX HERBAL FORMULA	32Z	LIQ	18.89	15.11
58680	OMEGA 3 SUPR SES LG OF	120	SGC	32.00	25.60	57901	UBIQUINOL 100 MG W/MIT	60	SGC	62.00	49.60	50868	STOMACH HERBAL FORMULA	32Z	LIQ	18.89	15.11
64680	OMEGA W/ KRILL & ASTAX	120	SGC	45.00	36.00	58016	UBIQUINOL 50 MG W/MITO	100	SGC	58.00	46.40	LIVERITE					
64194	PALMETTOGUARD SAW PLM	30	SGC	15.00	12.00	66598	URI ACID CONTROL	60	VCA	24.00	19.20	65515	LIVERITE + MILK THIST L	150	CAP	34.99	27.99
64294	PEONY IMMUNE	60	VCA	36.00	28.80	56311	VENOTONE 250 MG	60	CAP	18.95	15.16	27982	LIVERITE TABS	60	TAB	19.99	15.99
58828	POMEGRANATE COMPLETE	30	SGC	24.00	19.20	64441	VINPOCETINE 10 MG	100	TAB	18.00	14.40	34003	LIVERITE TABS	120	TAB	31.99	25.59
62413	PQQ 20 MG W/BIO PQQ L	30	VCA	24.00	19.20	65426	WAIST LINE CONTROL	120	VCA	42.00	33.60	LOVEBUG PROBIOTICS					
59678	PQQ CAPS W/BIO PQQ 10	30	VCA	24.00	19.20	63587	WHEY PROTEIN CHOC	600	PWD	30.00	27.00	67125	COLDS SUCK 10B IMMUNE	60	TAB	34.99	34.99
52216	PREGNENOLONE 100 MG CP	100	CAP	30.00	24.00	63586	WHEY PROTEIN VAN	520	PWD	30.00	27.00	67123	HERE'S THE SKINNY 10B	30	TAB	29.99	29.99
64578	PREGNENOLONE 50 MG	100	CAP	26.00	20.80	66209	X R SHIELD	90	VCA	15.00	12.00	67126	LITTLE ONES 3BL CHILD	60	TAB	27.99	27.99
58257	PRELOX NAT SEX FOR MEN	60	TAB	52.00	41.60	64653	ZINC 50 MG HIGH POTENY	90	VCA	7.95	6.36	67127	TINY TUMMIES INFANT PWD	30	PAK	27.99	27.99
65529	PROSTA POLLEN 3X STREN	30	SGC	28.00	22.40	65179	ZINC LOZ 18.75 ENHA VG	30	LOZ	12.00	9.60	67124	YEAST IS A BEAST 10BL	30	TAB	29.99	29.99
54896	PROSTATE FORM ULTRA	60	SGC	38.00	30.40	LIFE FLO						MACRO LIFE					
67152	PROSTATE PM MIKE DITKA	30	VCA	39.99	31.99	60936	ARGAN OIL PURE ORGANIC	4 Z	LIQ	33.69	26.95	44441	MACRO GREENS PWD	10Z	PWD	42.99	34.39
64411	PROVINAL PURIF OMEGA 7	30	SGC	27.00	21.60	59211	BI ESTRO CARE BODY CRM	4 Z	CRM	36.39	29.11	52999	MACRO GREENS PWD 90 DY	30Z	PWD	99.99	79.99
54961	PS 100 PHOS SERINE	100	CAP	54.00	43.20	59346	DHEA FOR MEN CREAM	4 Z	CRM	41.89	33.51	53834	MIRACLE REDS 90 DAYS	30Z	PWD	99.99	79.99
61940	PYCNOGENOL 100 MG	60	VCA	64.00	51.20	37804	DHEA PLUS	2 Z	CRM	18.19	14.55	51941	MIRACLE REDS PWD 30 DY	10Z	PWD	42.99	34.39
66674	PYRIDOXAL 5 PHOS 100MG	60	VCA	22.00	17.60	59040	E 25000 SUPER CREAM	2 Z	CRM	17.29	13.83	MAD HIPPIE					
57172	QUERCETIN OPTIMIZED	60	VCA	22.00	17.60	59172	ESTRIOL CARE	2 Z	PUM	18.29	14.63	66425	C SERUM KONJAC HYALUR	30M	LIQ	33.99	30.59
55363	R LIPOIC ACID SUPER	60	VCA	49.00	39.20	36830	ESTROCARE	2 Z	CRM	21.09	16.87	66427	CREAM CLEANS NORM DRY	118	CRM	15.99	14.39
62384	REISHI EXT MUSHRM CMP	60	VCA	30.00	24.00	59254	IODINE PLUS LIQUID	2 Z	LIQ	7.59	6.07	66423	EXFOLIATING SERUM	30M	LIQ	34.99	31.49
58126	RESVERATROL 100 PTER	60	VCA	36.00	28.80	64919	MAGNESIUM GEL UNSCENTED	16Z	GEL	17.79	14.23	66424	EYE CRM PEPTIDES CERAM	15M	CRM	24.99	22.49
59023	RESVERATROL 250 OPT GB	60	VCA	46.00	36.80	64920	MAGNESIUM OIL PURE UNS	8 Z	SPY	11.19	8.95	66422	FACE CRM PEPTIDE ARGAN	30M	CRM	25.99	23.39
65223	RESVERATROL OPT W/NAD L	30	VCA	42.00	33.60	54596	MELATONIN CREAM	2 Z	CRM	17.89	14.31	66426	FACE OIL ANTI OX ARGAN	30M	LIQ	24.99	22.49
53947	RHODIOLA EXT 250 MG	60	VCA	11.75	9.40	38044	OLIVE LEAF PLUS LFO	60	CAP	24.99	19.99	67014	FACIAL SPF 30 SKIN	2.1	CRM	25.09	22.58
65224	RIBOGEN 200 MG OAK WOD	30	VCA	36.00	28.80	34755	PREGNENOLONE CREAM	2 Z	CRM	18.69	14.95	MAGUEY WEAVES					
59087	SAFFRON W/SATIEREAL	60	CAP	36.00	28.80	44125	PROGESTA CARE BODY CRM	4 Z	CRM	36.39	29.11	66434	BATH CLOTH FINE TXT MD	EA	MIS	7.00	7.00
55499	SAM E 200 MG	30	TAB	25.00	20.00	59798	PROGESTA CARE COMPLETE	4 Z	CRM	39.29	31.43	66431	BATH CLOTH MED TXT LRG	EA	MIS	8.50	8.50
55498	SAM E 400 MG	30	TAB	36.00	28.80	37721	PROGESTA CARE FOR MEN	3 Z	CRM	36.79	29.43	66436	BATH CLOTH MED TXT MAR	EA	MIS	8.50	8.50
64998	SE METHYL L SELENOCYST	100	VCA</														



Vitamin Shopping IQ: How to Read a Product Label

By Sam Forbes CN

Shopping for supplements can be an enjoyable experience, but sometimes confusing. Because of the way products are labeled, it's not entirely clear what's in the bottle. When a product catches your eye, it's usually because of what's on the front of the label, however it's the Supplement Facts on the back which reveal exactly what you're getting. The greatest confusion is over the potency. For an example let's make up a product, we'll call it "Amazing Calcium". Suppose that it says "1200 MG" on the front of the bottle. Does that mean each tablet contains 1200 mg of calcium and what form of calcium is it? By looking on the back of the bottle where it says Supplement Facts, as shown in the example below, you will get the information you need to make an informed decision. There, you will see Serving Size: followed by the number of tablets in each

serving. In our example you will see that two tablets make one serving. That means the entire amount listed per serving would have to be divided in half. If it had said three tablets equal one serving, you would need to divide the amount by three. So in fact, you're getting 600 mg of calcium per tablet, rather than 1200 mg. We also know that the type of calcium is from carbonate, not necessarily the best form. The last bit of information you will need are the directions for usage or suggested usage that is written somewhere on the label. This tells you how to properly take the supplement for best results and how long one bottle is going to last. If the directions for Amazing Calcium are two tablets daily, then you'd know a bottle of sixty tablets will last thirty days. This is helpful information for planning the next time you want to shop for vitamins.

Supplement Facts		
Serving Size: 2 Tablets		
Servings per Container: 30		
	Amount Per Serving	% Daily Value
Calcium (as carbonate)	1200 mg	100
Directions: Suggested use: Recommended usage: 1 Tablet twice daily		

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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Oral Tonic Complex

A therapeutic herbal mouthwash concentrate.

1 fl oz, Prod Code: 56992

Who might benefit from this herbal supplement?

- Those with periodontal disease; those with gum infections, abscess, or bleeding gums;
- Those with halitosis (bad breath).

Phyto-Tech™ Oral Tonic Complex contains the following: Goldenseal Root, Bayberry Root Bark, Prickly Ash Bark, Myrrh Gum, Coptis Root, Grain Alcohol, Deionized Water. Phyto-Tech™ Oral Tonic Complex is excellent as a preventative or curative for periodontal (gum) disease (pyorrhea). As a mouthwash in water, it helps to kill bacteria in the mouth and gums, it will tighten gums that are puffy and it will decrease gum bleeding. It will also increase saliva that will inhibit bacterial formation.

Oral Tonic Complex also makes ones mouth feel clean and fresh even though the formula is bitter initially.

It can be used as a preventative before and after oral surgery. **Dosage:** General: 30-90 drops in a little water and swish around vigorously in the mouth after brushing once per day. Acute infections: Repeat 3 times per day or massage directly into gums with ones finger.

Oregano Oil 70

Contains only true wild Mediterranean Origanum vulgare, the most powerful Oregano nature offers.

It is standardized to 70% carvacrol, the active component of the herb. It provides immediate immune support and has a broad spectrum effect.

It also helps regulate candida.

1 fl oz ~ Liquid, Prod Code: 56939

60 Liquid Filled Veggie Caps, Prod Code: 57047

120 Liquid Filled Veggie Caps, Prod Code: 57046

Guaranteed true Wild Oregano, from Turkey. Steam distilled for highest purity and potency.

Who can benefit from this supplement?

- Those with bacterial, fungal, viral (cold and flu) and parasitic infections. Travelers.
- Phyto-Tech™ Oregano Oil 70 is standardized to not less than 70% Carvacrol. It is available in liquid form (43 mg oregano oil equivalent to 30 mg carvacrol per four drops) and in a liquid filled veggie cap (45 mg oregano oil equivalent to 32 mg carvacrol per capsule).

Dosage:

Veggie Caps: 1 capsule 1-3 times per day is a typical dose. Go up to 2 caps if necessary when ill or severe parasites. Liquid: Internal Acute: 2-6 drops in water or juice up to every 2 hours until symptoms subside plus a few days. Can go up to 10 drops when necessary per serving. Internal Long Term: 1-4 drops in water or juice 1-3 times per day. Long term use is OK.

Topical: Use enough to cover the area desired. If a warming sensation occurs that is unpleasant, dilute in a little lotion or vegetable oil first.

Osha Root 1:1/5

Phyto-Tech Osha Root is considered by many Herbalists to be the best American herb for lung and throat infections. It is especially beneficial for infections where one is already congested and inflamed.

1 fl oz, Prod Code: 56965

Who might benefit from this herbal supplement?

- Those suffering from lung and throat infections.
 - Those who suffer from chronic viral infections, swollen tonsils, throat infections and frequent lung congestion.
- While Osha is especially effective in treating active infections, it is also effective as a preventive for those who easily get sick when flying on airplanes, lecturing at meetings or

conventions, etc, but it should only be used during the time of exposure. It is also helpful to smokers, and those with emphysema, allergies, altitude sickness, and athletic induced asthma.

Phyto-Tech™ Osha Root can be used with Phyto-Tech™ Respiratory Complex, and other bronchodilating herbs like Lobelia.

Contains Fresh Osha Root (Ligusticum porteri), Grain Alcohol, Deionized Water.

Dosage: General: 20-60 drops, 2-3 times per day or as needed in juice or water. Acute infection, congestion, and asthma: 2-4 squirts (60-120 drops), every 2 hours until symptoms subside.

Parasite Complex

A blend of herbs know to kill parasites. It can be used as a preventive, when traveling, camping, etc., or for treatment of acute infestations.

1 fl oz, Prod Code: 56960

Who might benefit from this herbal supplement?

- Those who have parasite infestation or those who anticipate being exposed to parasites (travel, camping, etc.)
- For Prevention:** Use 60 drops, 2 times per day for a few days before travel and throughout the travel time. Continue for a few days after returning.
- For acute parasitic infection:** 60 - 90 drops 3-4 times per day for 1 month, or until symptoms stop and then for a few more days. Commonly, one can go into a dormant phase of parasitic infection and one needs to continue taking Parasite Complex during this phase. It is common to need to take this for at least one full month in order to kill all parasites in all their phases (eggs to maturity).
- Phyto-Tech™ Parasite Complex contains Quassia Wood, Black Green Walnut Hulls, Garrya Herb Fresh, Clove Bud, Bayberry Root Bark, Alcohol Pure Grain, Water Pure

... continued on page 78

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

61660	QUERCETIN STRENGTH	60	TAB	33.56	30.20	50005	CARDIOGENIC INTEN CARE	90	TAB	38.75	---	21242	FIBROPLEX	120	TAB	30.95	---	21273	MYCOFERON	1 Z	LIQ	39.95	---
61661	SELENIUM	60	TAB	27.56	24.80	13722	CARNITINE 250 W/CHR 50	30	TAB	24.95	---	54350	FIBROPLEX	240	TAB	55.95	---	51864	MYCOTAKI	90	CAP	46.95	---
63612	TENSION RELEASE	30	TAB	31.76	28.58	38341	CELAPRO (CELL PROTECT)	60	SGC	39.95	---	43925	FOLAPRO	180	TAB	35.75	---	21979	MYOCALM (MYOPLEX)	180	TAB	29.95	---
60904	THYROID STRENGTH	60	TAB	44.16	39.74	38897	CENITOL 30 SERVINGS	7.8	PWD	36.95	---	40222	FOLAPRO	60	TAB	20.25	---	13770	MYOCALM (MYOPLEX)	60	TAB	11.25	---
66623	TURMERIC DAILY PAK	1.9	PAK	1.00	0.90	52958	CERALIN FORTE	90	CAP	55.25	---	21981	GARLIC SUPER 6000	90	TAB	31.95	---	13771	MYOCALM P M (MYOPX PM)	60	TAB	14.25	---
64668	TURMERIC DAILY PWD	59G	PWD	24.96	22.46	64845	CERIVA TAB	30	TAB	35.95	---	63272	GI SUSTAIN	29.	PWD	71.95	---	21980	MYOCALM PM MYOPLEX PM	180	TAB	33.75	---
60905	UN STRESS	60	TAB	34.16	30.74	33719	CHASTEBERRY PLUS	60	TAB	24.25	---	32850	GINKGO ROSE	60	TAB	34.50	---	53324	NANO CELL Q COQ10	5 Z	LIQ	38.25	---
60471	WOMEN OVER 40 ONE DAIL	60	TAB	44.56	40.10	43922	CHOLAREST SC	180	TAB	67.50	---	13739	GLA 240 (GLA FORTE)	30	CAP	23.50	---	39499	NAZANOL	30	TAB	27.95	---
62481	WOMEN OVER 55	60	TAB	34.96	31.46	41257	CHOLAREST SC TAB	60	TAB	26.95	---	13835	GLA 240 OMEGAGEN FORTE	90	CAP	58.50	---	59195	NIATIN NIACIN 500 MG	120	TAB	26.95	---
66654	WOMENS DAILY	90	TAB	51.96	46.76	35733	CHONDRO CARE	120	TAB	45.25	---	31911	GLUCOS SULF 500 MG	90	TAB	30.50	---	45383	OMEGA EFA NEW	60	SGC	23.95	---
62763	WOMENS ONE DAILY	30	TAB	27.96	25.16	54816	CHONDRO CARE	240	TAB	80.75	---	36595	GLUTAGENICS PWD	9 Z	PWD	63.95	---	64153	OSTEOANTIV	60	TAB	53.95	---
35631	WOMEN'S ONE DAILY	90	TAB	63.16	56.84	13724	CHROMIUM PICOL	60	TAB	12.95	---	13741	GLYCOGENICS	60	TAB	20.50	---	56581	OSTERA	60	TAB	53.95	---
						36112	CLA ULTRA	60	CAP	41.95	---	13836	GLYCOGENICS	180	TAB	53.75	---	41668	PERIMINE	60	TAB	35.95	---
						13830	COLLAGENICS	180	TAB	54.75	---	13742	HEMAGENICS	60	TAB	16.75	---	61179	PHYTO MULTI NO IRON	60	TAB	36.50	---
						61959	COQ10 300 MG NUTRAGEMS	30	CHW	69.95	---	13837	HEMAGENICS	180	TAB	42.75	---	61178	PHYTO MULTI W/IRON	60	TAB	36.50	---
						43923	COQ10 ST 100 MG	120	SGC	98.75	---	62099	HERBULK ULTRA BALANCE	8.7	PWD	25.95	---	57115	PHYTOGANIX SUPERFRUIT	150	PWD	55.25	---
						36412	COQ10 ST 100 MG	60	SGC	51.95	---	65320	HISSYNERGY	60	TAB	23.75	---	23970	PROBIOPLEX INT CARE CP	180	CPL	55.50	---
						62002	CORATIN	60	TAB	33.95	---	13746	INFLAVONOID	60	TAB	15.75	---	44695	REINAGEN DTX	60	CAP	34.95	---
						13727	CORTICO B5B6	60	TAB	24.95	---	13839	INFLAVONOID	180	TAB	40.95	---	44056	SELESTRO	60	TAB	40.95	---
						13831	CORTICO B5B6	180	TAB	59.75	---	33800	INFLAVONOID INTEN CARE	90	TAB	57.75	---	61530	SERENAGEN	60	TAB	20.50	---
						51711	D3 1000	120	TAB	18.75	---	51950	INSINASE	90	TAB	64.95	---	64123	SEROSYN	90	CAP	68.95	---
						63274	D3 10000 W/K2 SGC	60	SGC	26.95	---	39515	INTESOL	60	SGC	42.95	---	13792	SILYMARIN 80	90	TAB	22.95	---
						50000	D3 2000 C/MP ISOFLAVONE	90	TAB	23.95	---	13747	INTRINSI B12 FOLATE	60	TAB	19.25	---	44238	SINUPLEX	120	TAB	36.75	---
						57094	D3 5000 SGC	120	SGC	21.95	---	13840	INTRINSI B12 FOLATE	180	TAB	50.95	---	65583	SPECTRA ZYME COMPLETE	60	CAP	21.95	---
						63080	D3 LIQ 1000 IU DROPS	2 Z	DRP	25.95	---	51476	KAPREX AI	90	TAB	57.25	---	43927	SPECTRA ZYME COMPLETE	180	CAP	59.25	---
						59843	DHA CHILDRENS 100 TUTT	120	SGC	24.75	---	53323	KAPREX NEW IMPROVED	60	SGC	56.25	---	13712	SPECTRA ZYME PAN 9X	90	TAB	26.95	---
						13729	E 400 SELENIUM	60	TAB	21.95	---	32750	LICORICE PLUS	60	TAB	24.95	---	65785	SPECTRAZYME METAGEST M	90	TAB	17.75	---
						33810	E COMPLEX 1:1	60	CAP	23.75	---	13750	LIPO GEN	90	TAB	22.95	---	65458	SPECTRAZYME METAGEST M	270	TAB	46.25	---
						43924	E COMPLEX 1:1	180	CAP	60.50	---	13841	LIPO GEN	270	TAB	58.75	---	65632	SPECTRAZYME PAN 9X ES	90	TAB	43.75	---
						13755	E P O OMEGAG META EPO	90	CAP	20.95	---	35191	LIPOTAIN NO FLUS NIACN	60	TAB	41.75	---	50514	TESTRALIN	60	TAB	59.25	---
						13730	ECHIN SYNERGY	60	TAB	26.95	---	52114	LIPOTAIN NO FLUS NIACN	180	TAB	107.25	---	39704	THYROSOL	60	TAB	23.75	---
						39727	ENDEFEN	14Z	PWD	49.50	---	13752	MAG CITRATE 200 MG	120	TAB	19.95	---	56021	THYROSOL	180	TAB	63.95	---
						51197	EPA 500 DHA 6:1 EC	90	SGC	41.95	---	13753	MAG GLYCINATE 100 MG	120	TAB	25.75	---	13876	TRAN Q (TCB 12)	60	TAB	27.75	---
						44534	EPA DHA 1200 LIQ BAL	7 Z	LIQ	30.50	---	43926	MAG GLYCINATE 100 MG	240	TAB	46.95	---	52530	TRANCOR	120	CAP	46.25	---
						66818	EPA DHA 2400 LIQ OMEGA	5 Z	LIQ	44.25	---	63715	MEGA 10 OMEGA 7+3	60	SGC	42.95	---	10595	ULTRA BALANCE PROTEIN	14.	PWD	39.95	---
						13736	EPA DHA 300	90	SGC	15.50	---	44050	META GLYCEMX	60	TAB	47.95	---	13860	ULTRA CLEAR 21 SERV	32Z	PWD	76.95	---
						44847	EPA DHA 1200 LEMON SGC	120	SGC	43.95	---	45442	META GLYCEMX	120	TAB	82.95	---	41359	ULTRA CLEAR MACRO	20Z	PWD	39.95	---
						13834	EPA DHA COMPLEX	270	SGC	39.50	---	38340	META I 3 C	60	CAP	28.25	---	51773	ULTRA CLEAR PLS PH VAN	34Z	PWD	81.95	---
						41940	EPA DHA EXTRA ENTRIC	60	SGC	21.50	---	53649	META I 3 C	180	CAP	76.95	---	23971	ULTRA CLEAR PLUS	32.	PWD	80.95	---
						51169	EPA DHA X STR ENT COAT	120	SGC	38.95	---	50309	META LIPOATE 300 MG	30	TAB	40.50	---	51677	ULTRA CLEAR PLUS PN BN	32Z	PWD	80.95	---
						63208	EPA DHA X STR ENT COAT	240	SGC	69.95	---	13757	META SITOSTEROL 2.0	90	TAB	42.25	---	67153	ULTRA CLEAR RENEW VAN	1LB	PWD	84.95	---
						58663	EPA DHA XTRA STR LEMON	60	SGC	19.95	---	10597	METAFIBER 380GM	380	PWD	25.75	---	45603	ULTRA FLORA IB	30	CAP	57.75	---
						51204	EPA DHA XTRA STR LEMON	120	SGC	31.75	---	55216	METALLO CLEAR	180	TAB	55.25	---	65288	ULTRA FLORA IMMUNE BST	30	CAP	32.95	---
						63206	EPA DHA XTRA STR LEMON	240	SGC	57.95	---	13759	MG K ASPARTATE	60	TAB	16.75	---						



LifeExtension
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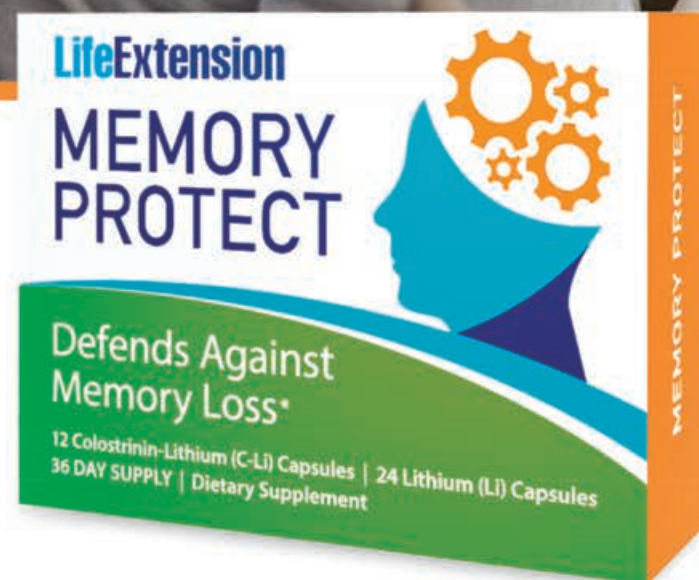
Maintain your brain with Memory Protect.

As we age, maintaining a healthy memory and cognitive function become paramount to living a full, healthy life. To help you do just that, Memory Protect combines a unique polypeptide compound with the trace mineral lithium for unrivaled memory and cognitive health support for the aging brain.

Amyloid beta (or abeta) are “misfolded” proteins which are quickly and efficiently cleared from a youthful, healthy brain through natural processes. But as we age, these proteins begin to accumulate, affecting memory and cognitive function.

Colostrinin encourages the production of enzymes that support the natural breakdown of abeta proteins,¹ and was found to encourage learning and memory in animal studies.² Memory Protect’s superior *Colostrinin polypeptide complex* promotes cognition and memory, and helps inhibit inflammatory factors in the brain as well.

Memory Protect also delivers lithium, which has long been used to promote healthy mood³ — and which research now indicates



helps inhibit the GSK3 enzyme that is associated with age-related cognitive decline and memory health.⁴ Inhibiting GSK3 may also help maintain brain glucose levels already within the normal range.^{5,6}

Memory Protect is the *only* nutritional supplement that combines colostrinin with lithium for maximum cognitive health support. So choose Memory Protect with its powerful, brain-friendly ingredients — only from Life Extension®.

Non-GMO

References

1. *J Nutr Health Aging*. 2009 Mar;13(3):235-41.
2. *Neurodegenerative Diseases*. 2007;4:264.
3. *ACS Chem Neurosci*. 2014 Jun 18;5(6):434-42.
4. *PLoS Genet*. 2010 Sep;6(9):e1001087.
5. *Nat Rev Drug Discov*. 2004 Jun;3(6):479-87.
6. *Expert Opin Ther Targets*. 2008 Oct;12(10):1265-74.



Stay Healthy, Live Better

All Life Extension® products are formulated with premium-quality ingredients based on the latest scientific studies to help you achieve optimal health. These and other fine Life Extension products are available at Willner Chemists. **Order yours today!**

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WSRAAV170101



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Deionized
Phyto-Tech™ Parasite Complex can be used along with
Phyto-Tech™ Oregano Oil 70.

Complimentary Formulas:

- Phyto-Tech Oregano Oil 70.

Passion Flower 1:3

Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.

1 fl oz, Prod Code: 57058

Who might benefit from this herbal supplement?

- Those who suffer from stress and anxiety
- Those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents.

Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (Passiflora incarnata), Grain Alcohol, Deionized Water, at a strength of 333 mg/ml (30 drops).

Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

Pau D'Arco Bark 1:3

Most often used today as a treatment for systemic Candida yeast infections.

1 fl oz, Prod Code: 57004

Who might benefit from this supplement?

- Those suffering from Candida yeast infections
- Those suffering from weak immune function.

Phyto-Tech™ Pau D'Arco Bark 1:3 contains Pau D'Arco Bark (Tabebuia impetiginosa), Pure Grain Alcohol, Deionized Water, 200 mg/ml (30 drops).

Dosage: 20-40 drops, 2-3 times per day or as needed in water.

Pelargonium

Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.

4 fl oz ~ Cherry Flavor, Prod Code: 57729

Who would benefit from this herbal supplement?

- Those suffering from bronchitis, acute pharyngitis, or the common cold.

The use of Pelargonium sidoides extract is based on traditional use by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umckaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umckaloabo. He eventually recovered from his illness.

Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract.

Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg.

Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed..

Reference: Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)

Propolis Resin 1:5

Lead Free

Who might benefit from this herbal supplement? Those suffering from microbial infections. 1 fl oz,

Prod Code: 57072

Propolis is a tree resin that the bees use to coat their hive. It prevents bacterial infection in the hive and keeps the bees healthy.

Propolis is a very strong anti-microbial, bacterial and viral. It is important for the Propolis to be pretreated to remove lead toxicity as it naturally contains lead. Our Propolis is lead-free. Propolis is primarily an acute and first aid remedy. It is best in the acute mode of a cold or any other infection.

Herbalists recommend Propolis for bronchitis, pneumonia and other respiratory infections.

Dosage: General: 10-25 drops, 2-3 times per day or as needed in juice or water.

Acute: 20-30 drops every 2 hours to fight infection.

Reishi Mushroom 1:3

A powerful adaptogenic herb with proven immune enhancing activity.

1 fl oz, Prod Code: 57063

Who might benefit from this herbal supplement?

- Those under constant, daily stress; those who suffer from frequent illness, those undergoing chemotherapy.

Phyto-Tech™ Reishi Mushroom 1:3 contains Red Reishi Mushroom, Pure Grain Alcohol, Deionized Water, 250 mg/ml (30 drops).

Reishi Mushroom is for those under daily stress and want to avoid break down. Stress can bring on irritability, fatigue, weakened immune function, headaches, poor digestion, and elimination problems. Stress does not directly cause disease,

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

54322	ULTRAFLOA ACUTE CARE	APS	CAP	34.25	---
30746	ULTRAFLOA BALANCE MTG	CAP	CAP	38.25	---
25087	ULTRAFLOA SYNERGY MTG/	50G	PWD	39.95	---
53513	ULTRAFLOAMX + 360 MANG	25.	PWD	73.95	---
53514	ULTRAFLOAMX + 360 PINE	25.	PWD	73.95	---
32813	ULTRAFLOAMX 25.7 OZ	25.	PWD	71.95	---
40476	ULTRAFLOAMX CHC ORN	25.	PWD	71.95	---
45096	ULTRAFLOAMX MANGO	25.	PWD	71.95	---
45407	ULTRAFLOAMX PINE BAN	25.	PWD	71.95	---
53512	ULTRAFLOAMX PLUS 360	25.	PWD	71.95	---
63115	ULTRAFLOAMX + 360 ORAN	26.	PWD	71.95	---
45261	ULTRAFLOAMX BAR CHOC FUD	12	BAR	34.95	---
41654	ULTRAFLOAMX CHOC NEW	23.	PWD	35.75	---
40044	ULTRAFLOAMX MOCHA NEW	23.	PWD	35.75	---
44055	ULTRAFLOAMX PLUS CHOC	25Z	PWD	45.95	---
44054	ULTRAFLOAMX PLUS VAN	25Z	PWD	45.95	---
40742	ULTRAFLOAMX RICE CHOC	28Z	PWD	39.75	---
55999	ULTRAFLOAMX RICE CHOC FUD	12	BAR	35.75	---
50413	ULTRAFLOAMX RICE VAN	22Z	PWD	39.75	---
41095	ULTRAFLOAMX VAN NEW	23Z	PWD	35.75	---
45215	ULTRAFLOAMX WHEY CHOC	23Z	PWD	42.75	---
45214	ULTRAFLOAMX WHEY VAN	23Z	PWD	42.75	---
44742	VASOTENSIN	120	TAB	57.25	---
35272	VENAPLEX (HORSE CHEST)	60	TAB	32.95	---
67249	VESSEL CARE CAP	120	CAP	37.95	---
61721	WELLNESS ESSEN PREGNC	30	PAK	64.75	---
62001	WELLNESS ESSEN WOM PRM	30	PAK	68.95	---
61531	WELLNESS ESSEN WOMEN	30	PAK	58.75	---
50351	WELLNESS ESSENTIAL MEN	30	PAK	68.95	---
35046	ZINC A.G.	60	TAB	12.95	---
13849	ZINC A.G.	180	TAB	29.75	---
13812	ZINC DRINK 140ML	140	LIQ	28.95	---
13813	ZINC TALLY LIQ 120ML	120	LIQ	25.95	---
43018	ZINLORI 75 ZINC CARN	60	TAB	51.95	---

MIA ROSE					
53006	AIR THERAPY VANILLA	4.6	SPY	8.09	6.47
33443	AIR THERAPY LIME	4.6	SPY	8.09	6.47
33445	AIR THERAPY ORANGE	4.6	SPY	7.99	6.39
33449	CITRI GLOW HOME CLEAN	3Z	LIQ	10.29	8.23

MICHAELS					
53117	ADRENAL FACTORS	90	TAB	26.29	21.03
53895	BLOOD DETOX FACTORS	90	TAB	18.99	15.19
51522	BLOOD PRESSURE FACTORS	90	TAB	41.99	33.59
39113	BLOOD PRESSURE FACTORS	180	TAB	25.99	20.79
53487	CHOLESTEROL METABOLISM	180	TAB	34.59	27.67
66925	D3 + K2 SUB TAB VEG	90	TAB	21.19	16.95
53112	KIDNEY FACTORS	60	TAB	19.99	15.99
40818	KIDNEY FACTORS	120	TAB	31.99	25.59

MILLCREEK					
30770	ALOE VERA GEL 99%	4Z	LIQ	6.99	5.59
30784	SHAMPOO KERATIN	16Z	LIQ	9.99	7.99

MILLER PHARMACAL					
10680	CALCIUM	100	TAB	12.40	9.92
10683	M P MAGNESIUM	250	CAP	21.20	16.96
10657	MG ASPARTATE	100	TAB	14.00	11.20
31319	MG TAURINE FORTE	180	CAP	35.60	28.72
10665	MIL ADREGEN	120	TAB	30.00	24.00
10666	MIL ADREGEN	180	TAB	43.60	34.88
10710	THERAMILL FORTE	180	CAP	40.00	32.00

MINAMI NUTRITION					
53458	CARDIO 3 PLUSHINZO	60	SGC	48.61	44.00
53455	MORDHA PRENATAL OMEGA3	60	SGC	30.99	27.89
53453	MOREPA ONE DAILY ORAN	60	SGC	41.04	36.94
62785	MOREPA PLATINUM 1100	60	SGC	43.99	39.59
60004	MOREPA PLATINUM 1100	30	SGC	29.82	26.84

MIRADENT					
63984	GUM XYLITOL CINNAMON	30	CHW	3.99	3.19
63985	GUM XYLITOL CRANBERRY	30	CHW	3.99	3.19
63986	GUM XYLITOL FRESH FRT	30	CHW	3.99	3.19
63987	GUM XYLITOL GREEN TEA	30	CHW	3.99	3.19
63988	GUM XYLITOL PEPPERMINT	30	CHW	3.99	3.19
63989	GUM XYLITOL SPEARMINT	30	CHW	3.99	3.19

MONTIFF					
55802	ALANINE 500 MG	50	CAP	18.00	14.40
37191	ALL BASIC 677 MG	200	CAP	63.78	51.02
52207	ALL BASIC PLUS	100	CAP	39.95	31.96
37198	ATP 25 MG ENTERIC PREP	90	TAB	32.00	25.60
37455	B COMPLETE	120	CAP	38.78	31.03
43682	B LONG SR	120	TAB	38.72	30.98
42589	GABA PURE 500 MG	100	CAP	21.00	16.80
39463	GLUTATHIONE PURE	50G	PWD	120.00	96.00
44097	HISTIDINE 600 MG	50	CAP	32.00	25.60
61073	LEUCINE 500 MG	50	CAP	18.00	14.40
42209	LIVER PROTECT	180	CAP	88.00	70.40
37549	LYSINE HCl 500 MG	100	CAP	20.00	16.00
42597	N ACETYL L CARNITIN 500	90	CAP	34.00	27.20
37197	NEURO BALANCE	120	CAP	47.82	38.26
37204	PROLINE 500 MG PURE	100	CAP	31.00	24.80
45667	PROSTA PROTECT	100	CAP	48.00	38.40
39751	TRI PHOS B 25	90	TAB	28.00	22.40

MOTHERLOVE HERBAL					
60544	DIAPER RASH & THRUSH	1Z	CRM	9.95	8.95
63994	GOATS RUE	60	CAP	24.95	22.45
60536	MORE MILK PLUS VCAP	60	VCA	23.95	21.55
60538	MORE MILK SPEC BLEND	60	VCA	24.95	22.45

60539	PREGNANT BELLY SALVE	4Z	SLV	17.95	16.15
63995	TATTOO CARE	1Z	CRM	9.95	8.96
MOUTH WATCHERS					
62723	TOOTHBRUSH SOFT BLUE	EA	MIS	4.99	3.99
62725	TOOTHBRUSH SOFT GREEN	EA	MIS	4.99	3.99
62699	TOOTHBRUSH SOFT ORANG	EA	MIS	4.99	3.99
66149	TOOTHBRUSH SOFT PINK	EA	TBH	4.99	3.99
62724	TOOTHBRUSH SOFT RED	EA	MIS	4.99	3.99
66148	TOOTHBRUSH SOFT YELLOW	EA	TBH	4.99	3.99

MUSHROOM WISDOM					
52653	AQUAMELLA CRM PARAB FR	2Z	CRM	49.99	39.99
57693	BREATE MATE	120	TAB	59.97	47.97
59451	CHAGA SUPER	120	TAB	39.95	31.96
39597	CORDYCEPS SUPER	120	VTAB	39.95	31.96
39599	CORIOLUS SUPER (TURKY)	120	VTAB	32.95	26.36
39593	LIONS MANE SUPER	120	VTAB	29.95	23.96
27775	MAITAKE D FRACTION	120	CAP	29.95	23.96
27776	MAITAKE D FRACTION	360	CAP	79.95	63.96
55819	MAITAKE D FRACTION 4X	120	TAB	99.95	79.95
29604	MAITAKE D FRACTION GRF	4Z	LIQ	39.95	31.96
29605	MAITAKE D FRACTION GRF	2Z	LIQ	22.95	18.36
34053	MAITAKE D FRACTION PRO	2Z	LIQ	89.95	71.96
59975	MAITAKE GRIFRON MUSHRO	120	CPL	34.95	27.96
28159	MAITAKE MAI GREEN TEA	20B	TEA	8.95	7.16
41910	MAITAKE SX FRACTION	270	VTAB	129.95	103.96
59450	MESHIMA SUPER	120	TAB	39.95	31.96
34974	MUSHROOM EMPERORS	120	CAP	39.99	31.99
29678	PROST MATE W/MAITAKE	120	CAP	29.95	23.96
39595	REISHI SUPER	120	VTAB	29.95	23.96
39596	SHIITAKE SUPER	120	VTAB	24.95	19.96
59560	SKIN MATE PEARL SX FRAC	120	TAB	34.99	27.99
39598	TREMELLA SUPER	120	VTAB	29.95	23.96

NATRA BIO					
17989	ADRENAL SUPPORT	1Z	LIQ	11.59	9.27
53626	ALLERGY & SINUS	60	TAB	10.39	8.31
51346	ALLERGY RELIEF	60	TAB	10.39	8.31
22894	ALLERGY RELIEF	1Z	LIQ	10.49	8.39
22895	ANIMAL HAIR DANDER DR	1Z	LIQ	12.59	10.07
17957	CANDIDA YEAST RELIEF	1Z	LIQ	10.39	8.31
17959	CHEST COLD	1Z	LIQ	10.29	8.23
34363	COLD & FLU CHILDRENS	1Z	LIQ	10.29	8.23
38681	COLD & SINUS W/ZINC	.8Z	SPY	12.19	9.75
50890	COLD AND FLU RELIEF	60	TAB	9.99	7.99
22882	DAIRY ALLERGIES	1Z	LIQ	12.69	10.15
22359	GRASS POLLEN	1Z	LIQ	12.59	10.07
36068	INDOOR ALLERGY	60	TAB	10.39	8.31
51310	LEG CRAMPS	60	TAB	9.99	7.99
22884	MOLD YEAST DUST 70Z	1Z	LIQ	12.59	10.07
36069	OUTDOOR ALLERGY	60	TAB	10.39	8.31

60570	PET ALLERGY	60	TAB	10.29	8.23
22883	POLLEN HAYFEVER 701	1Z	LIQ	12.09	9.67
17985	SCIATICA NEURALGIA RLF	1Z	LIQ	10.39	8.31
32413	SINUS ALLERGY SPY 24ML	24	LIQ	12.59	10.07
18000	THYROID RAW	1Z	LIQ	11.59	9.27
51131	THYROID SUPPORT	60	TAB	9.99	7.99
22356	TREE POLLEN	1Z	LIQ	12.59	10.07

NATRACARE					
57151	PADS NIGHTTIME NATURAL	10	PAD	5.99	4.79



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Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



but brings it on faster, usually along the lines of ones genetic, constitutional, predispositional or inherited weakness.

Conversely, the release of stress promotes healing. Reishi Mushroom is best used over the long-term (one month or more). It can be valuable to those suffering from chronic fatigue syndrome.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water.

Relax AM

A blend of Kava Kava and other anti-anxiety, relaxing herbs that calm and sooth the mind without inducing drowsiness or mental fog. This is the perfect herbal supplement to use during the day, therefore, during periods of emotional stress.

1 fl oz, Prod Code: 56963 ~ 2 fl oz, Prod Code: 57019

Who might benefit from this herbal supplement?

- Those with anxiety, nervous irritability, panic attacks and over-active minds
- Those under emotional stress.
- Those with insomnia due to over-activity and stress during the day.
- Those with performance anxiety, ranging from public speaking to sex.
- Those with mild depression associated with anxiety or severe stress.

For those with insomnia, Phyto-Tech™ Relax PM is a perfect supplement to use along with this, in the evening.

Phyto-Tech™ Relax AM contains Kava Kava Root Vanuatu, Kava Kava Root Hawaiian, Passion Flower, St. John's Wort Flowers, Lobelia Herb Fresh, Pulsatilla Herb Fresh, Alcohol Pure Grain, Water Pure Deionized

Relax AM synergistically combines the wonderful benefits of Kava Kava with the potentiating benefits of the powerful anti-anxiety herbs Pulsatilla and fresh Lobelia extract. This formula reduces anxiety, nervous irritability, compulsive

thinking and panic attacks. Similar in action to benzodiazepine drugs (valium, xanax, klonopin, halcion) Relax AM will calm and soothe the mind and soul when going through difficult times emotionally and mentally, yet does not interfere with cognitive function for staying alert and clear.

Relax AM helps insomnia when the mind will not calm down, yet one is tired or exhausted. It will help light sleepers by helping one go beyond REM sleep and into deeper sleep stages where rest and healing occur.

Relax AM is calming, and appeals to those needing a safe way to relax.

Relax AM may help reduce depression if associated with anxiety or severe stress.

Relax AM can help performance anxiety from activities ranging from public speaking to sex

Complimentary Formulas:

- Phyto-Tech™ St. John's Complex (a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, and Fresh Pulsatilla Herb (if depression accompanies the anxiety)
- Phyto-Tech™ St. John's Wort 1:2 (if depression accompanies the anxiety)
- Phyto-Tech™ Relax PM (to help sedate the whole nervous system)
- Phyto-Tech™ Ginseng Energy Blend (if exhaustion and deficiency is present)

Relax PM

A blend of Valerian and other herbs designed to promote sleep, relaxation and pain relief, especially in the evening and at night.

1 fl oz, Prod Code: 56959

Alcohol Free ~ 1 fl oz, Prod Code: 57025

Who might benefit from this herbal supplement?

- Those with insomnia will find this supplement very helpful. It induces relaxation, lessens anxiety, and can reduce pain. It

has a muscle relaxant action.

Relax PM slows mental activity, and thus is best used at night. For daytime use, the Phyto-Tech™ Relax AM formula is recommended.

Phyto-Tech™ Relax PM contains Valerian Root, Fresh, Hops Strobiles, Kava Kava Root, Vanuatu, Passion Flower, Chamomile Flowers, Lobelia Herb, Fresh, Pulsatilla Herb, Fresh, Alcohol, Pure Grain, Water, Pure Deionized

Dosage: Sleep: 60 - 120 drops in water or juice every 30-60 minutes, 1/2 hour before bed time until asleep. Can repeat if wake up. OK with other sleeping aids or protocols. Acute Pain: 60 - 120 drops in water or juice every hour or as needed to control pain. General Use: 30 - 60 drops in water or juice 2-3 times per day or as needed

Complimentary Formulas:

- Phyto-Tech™ Relax AM or Phyto-Tech™ Anxiety Complex (if anxious or mind races, toss and turn)
- Phyto-Tech™ Valerian Root 1:2 (if need more sedation)
- Phyto-Tech™ Kava Root 1:2 (if anxious or mind races)
- Phyto-Tech™ St. Johns Wort (for depression, pain)

Respiratory Complex

A blend of antimicrobial, decongestant, bronchopulmonary healing herbs.

1 fl oz, Prod Code: 56955

Alcohol Free ~ 1 fl oz, Prod Code: 57027

Child Friendly ~ 1 fl oz, Prod Code: 56956

Veggie Caps (Liquid Fill) ~ 60 Caps, Prod Code: 57089

Who might benefit from this herbal supplement?

- Those suffering from acute colds, flue, sinus infections, asthma, bronchitis, pneumonia, and general lung congestion;
- Those who smoke; those with excess mucous in the lungs;
- Those who get sick easily and are exposed to sources of infection.

Phyto-Tech™ Respiratory Complex Veggie Caps contains

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



34149	CHOLESTEROL BALANCE	60	TAB	6.99	5.59	36583	SHEN MIN ADV WOMEN	60	TAB	39.69	31.75	43276	ACIDOPH BIFIDUS DS	180	CAP	37.95	30.36	43281	COQ10 100 MG SGC	120	SGC	39.95	31.96
10730	CHROMEMATE 200	90	CAP	12.29	9.83	34181	SHEN MIN ADVANCE MENS	60	TAB	39.69	31.75	64286	ADRENASENSE	60	VCA	19.95	15.96	56164	COQ10 100 MG SGC DUO	120	SGC	39.95	39.95
56362	CINNAMON EXT 500 MG	80	TAB	9.99	7.99	28014	SHEN MIN HAIR NUTRIENT	90	TAB	33.99	27.19	44846	ADRENASENSE	120	VCA	34.95	27.96	53165	COQ10 100 MG SGC DUO	60	SGC	22.95	22.95
29650	CLA TONALIN 1200 MG	60	SGC	19.39	15.51	29188	SHEN MIN TOPICAL	3 Z	LIQ	22.69	18.15	40898	ANTI V ECHINAMIDE	3.4	LIQ	28.95	23.16	43282	COQ10 200 MG SGC	30	SGC	19.95	15.96
28960	CLA TONALIN 1200 MG	90	SGC	27.19	21.75	41247	SLEEP N RESTORE	20	TAB	7.89	6.31	40901	ANTI V ECHINAMIDE	1.7	LIQ	15.95	12.76	43283	COQ10 200 MG SGC	60	SGC	35.95	28.76
27165	DHEA 10 MG	30	TAB	5.49	4.39	33355	WATER PILL CAP	60	CAP	9.99	7.99	43254	ANTI V FORM ECHINAMIDE	60	SGC	19.95	15.96	62688	COQ10 200 MG SGC DUO	60	SGC	39.95	39.95
26508	DHEA 25 MG	90	CAP	23.59	18.87							57843	ANTI V FORM ECHINAMIDE	120	SGC	35.95	28.76	43607	COQ10 50 MG	120	SGC	25.95	20.76
38818	DHEA 25 MG	300	TAB	28.89	23.11							40881	ANTIOXIDANT ULTIMATE	60	CAP	24.95	19.96	43285	COQ10 50 MG SGC	60	SGC	15.95	12.76
26507	DHEA 25 MG CAP	30	CAP	8.79	7.03	30173	COUGH SYRUP CHILD A/F	8 Z	LIQ	13.89	11.11	43278	APPLE CIDER VINEGAR CP	180	CAP	15.95	12.76	57547	CRANRICH 500 MG DUO	90	CAP	19.99	19.99
65206	DHEA 25 MG TAB	180	TAB	19.29	15.43	23775	EXPEC COUGH SYRUP	4 Z	LIQ	8.49	6.79	63286	ARGIWIN 1000 (PER 2 CP	180	VCA	19.95	15.96	51369	CRANRICH 500 MG ORG	90	CAP	16.95	13.56
41373	DHEA 50 MG	60	TAB	10.99	8.79	18037	EXPEC COUGH SYRUP	8 Z	LIQ	14.19	11.35	45021	B 100 COMPLETE TABS	90	TAB	24.95	19.96	60952	CRANRICH 500 MG SGC OG	90	SGC	21.95	17.56
44342	DHT BLOCKER	60	TAB	45.49	36.39	18038	EXPEC II COUGH SYRUP	8 Z	LIQ	14.19	11.35	43265	B12 1000 MCG METHYL	90	TAB	14.95	11.96	65585	CURCUMIN THERACURM 30 N	30	VCA	16.95	13.56
54520	EASY C 500 VTAB	90	TAB	10.49	8.39	26564	NASAL SPRAY SALIN A	1.5	LIQ	9.99	7.99	58290	B12 1000 METHYL DUO	90	TAB	19.99	19.99	59476	CURCUMIN THERACURM 30 N	60	VCA	29.95	23.96
54518	EASY C 500 W/BIO VCAP	120	VCA	17.49	13.99	18033	VEG PROTEIN PWD	13.	PWD	19.99	15.99	58291	B12 5000 METHYL DUO	60	TAB	26.99	26.99	63095	CURCUMIN THERACURM 30 N	120	VCA	54.95	43.96
54517	EASY C 500 W/BIO VCAP	60	VCA	10.49	8.39	24114	VEG PROTEIN PWD	26.	PWD	34.99	27.99	55337	B12 5000 METHYL SUBL	60	TAB	21.95	17.56	63859	CURCUMIN THERACURM 60 N	30	VCA	31.95	25.56
54519	EASY C 500 W/BIO VCAP	240	VCA	33.29	26.63	21839	VEG PROTEIN SOY FR	14.	PWD	19.99	15.99	44777	BEE PROPOLIS EXT	90	CAP	19.95	15.96	63860	CURCUMIN THERACURM 60 N	60	VCA	55.95	44.76
58378	EASY C REGENERATING	180	VCA	33.29	26.63	22542	VEG PROTEIN SOY FR	29.	PWD	34.99	27.99	41270	BEE PROPOLIS THROAT SP	1 Z	SPY	15.95	12.76	55976	D3 & K2 1000IU/20 MCG	60	SGC	29.95	23.96
65201	GARCIN CAMBOG EXT 500	120	CAP	26.99	21.59	63842	VEGAN SMART CHOC	24Z	PWD	34.99	27.99	66573	BERBERINE 500 WELLBETX	60	VCA	27.95	22.36	58026	D3 1000 DROPS	.5Z	LIQ	19.95	15.96
28433	GINKGO BILOBA 120 MG	60	CAP	16.49	13.19	18035	WEIGHT GAIN VAN NSA	16Z	PWD	19.99	15.99	40878	BETAINE HYDROCHL 500	90	CAP	12.95	10.36	54761	D3 1000 TAB	90	TAB	5.95	4.76
32540	GREEN TEA 500 MG.	60	CAP	11.99	9.59	27102	WEIGHT GAIN VAN NSA	40.	PWD	37.99	30.39	40880	BETAINE HYDROCHL 500	180	CAP	21.95	17.56	66002	D3 1000 VGN WHL EARTH	90	VCA	19.99	15.99
10761	GUARANA 200	90	CAP	10.49	8.39							40877	BIG FRIEND CHILD MULTI	90	CHW	17.95	14.36	61050	D3 2000 IU SGC	120	SGC	10.95	8.76
50982	HYAL ACID MSM GLUCOS	90	CAP	20.99	16.79							67221	BIG FRIENDS MULT VIT	60	CHW	15.95	12.76	58292	D3 2000 IU SGC DUO	120	SGC	15.99	15.99
31135	ISOFLAVONES SOY	60	CAP	7.89	6.31							57648	BIOCCELL BUFF C BERRYRC	90	SGC	19.95	15.96	54792	D3 2000 IU TAB	90	TAB	7.95	6.36
40591	LIPOIC ACID 100 MG	100	CAP	10.49	8.39	25259	GINSENG POWER MAX 4X	2 Z	LIQ	21.59	17.27	57648	BIOCCELL BUFF C BERRYRC	30	VCA	19.95	15.96	67230	D3 400 BIG FRIENDS CHW	250	CHW	14.95	11.96
31750	LIPOIC ACID 100 MG	60	CAP	8.79	7.03	36081	MSM 1000 MG	240	CAP	33.79	27.03	55191	BIOSIL 5 MG	60	VCA	35.99	28.79	60527	D3 400 IU CHW KIDS	100	CHW	7.95	6.36
30170	LIPOIC ACID 300 MG	50	CAP	12.29	9.83	28827	MSM SULPHUR 500 MG	250	CAP	20.79	16.63	55192	BIOSIL 5 MG	60	VCA	62.99	50.39	63566	D3 400 IU DROPS KIDS	.5Z	DRP	14.95	11.96
29651	LIPOIC ACID 50 MG	60	CAP	6.99	5.59	23744	YOHIMBE POWER MAX 2000	50	CAP	25.59	20.47	58730	BIOSIL 5 MG	120	VCA	24.95	19.96	58293	D3 5000 IU SGC DUO	120	SGC	17.99	17.99
50061	LIPOIC ACID 600 MG	30	CAP	12.29	9.83							61334	BIOSIL BONE COLLAGENIZ	60	KIT	39.95	31.96	57747	D3 5000 IU SGC LANOLIN	120	SGC	14.95	11.96
57171	LIPOIC ACID 600 T/R	45	TAB	15.79	12.63							60526	BIOSIL HEALTHY BONES +	30	KIT	19.99	15.99	66003	D3 5000 VGN WHL EARTH	90	VCA	29.95	23.96
25632	MELATONIN 1 MG	90	TAB	7.89	6.31	36057	ANXIETY RELIEF	120	TAB	18.29	14.63	66998	BIOSIL ON YOUR	60	VCA	35.99	28.79	40882	DGL CHEWABLE	90	CHW	13.49	10.79
67049	MELATONIN 1 MG T/R	90	TAB	8.79	0.00	36058	APPETITE SUPP	60	CAP	16.79	13.43	66504	BIOSIL ON YOUR GAME	30	VCA	31.99	25.59	63858	DGL CHEWABLE	180	CHW	24.95	19.96
65202	MELATONIN 10 FAST DISS	60	TAB	12.99	10.39	36059	KIDNEY CARE	60	CAP	17.39	13.91	66503	BIOSIL ON YOUR GAME	60	VCA	10.95	8.76	43269	E 400 MIXED CAP	180	SGC	35.95	28.76
53746	MELATONIN 2.5 MG LIQ	8 Z	LIQ	13.19	10.55	36061	LUNG SAVER	60	CAP	19.09	15.27	51447	NERVE FIX	60	CAP	34.29	27.43	66004	E 400 SUNFL WHL EARTH	90	SGC	24.95	19.96
24706	MELATONIN 3	60	TAB	9.99	7.99	51447	NERVE FIX	60	CAP	34.29	27.43	39931	OPTIALL	60	CAP	28.89	23.11	45022	E P O 1000 ULTRA PRIM	180	SGC	33.95	27.16
24707	MELATONIN 3	120	TAB	16.69	13.35	51795	REFLUX AWAY	60	CAP	25.39	20.31	39801	RING STOP	60	CAP	35.59	28.47	59482	E P O 500 ULTRA PRIM N	180	SGC	23.95	19.16
50344	MELATONIN 5 MG	60	TAB	9.99	7.99	39801	RING STOP	60	CAP	35.59	28.47	53664	RING STOP EAR DROPS	.5Z	LIQ	20.49	16.39	43125	ESTROSENSE	60	CAP	29.95	23.96
54000	MELATONIN 5 MG T/R	100	TAB	10.49	8.39	53664	RING STOP EAR D																



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Fresh Osha Root, Fresh Yerba Santa Leaf, Lomatium Root, Garlic Bulb, Mullein Leaf, Thyme Herb, Licorice Root, Oregon Grape Root, Echinacea purpurea Flowering Tops, Wild Cherry Bark, Ginger Root, Oregano Oil. Phyto-Tech™ Respiratory Complex Liquid, regular and alcohol free, is similar, but does not contain the Oregano Oil. Oregano Oil add some additional antimicrobial action to the blend.

Respiratory Complex is a great respiratory remedy for acute colds, flu, sinus infections, asthma, bronchitis, pneumonia, smokers' lung, pneumocystis and general lung congestion. It is a powerful lung macrophage (white blood cell) stimulant to help the lung powerfully address viral and bacterial conditions. It helps clear the lungs of congestion in order to resolve lingering mucus that wants to be expelled. Herbalists believe that if mucus stays in the lungs too long, it becomes a breeding ground for viruses and bacteria to continually live, thus prolonging recovery from colds and flues.

For colds and flu, Respiratory Complex is a powerful and immediate lung white blood cell stimulant (Osha, Lomatium). Phlegm is loosened with Licorice, the chest cavity is opened with Lobelia, lungs relax with Wild Cherry and Mullein and Yerba Santa excites the lung cilia to remove the phlegm. This is especially good for spastic cough.

The formula is very effective as a preventive for those who get sick easily and/or anticipate exposure to others who are sick. Taking Respiratory Complex, along with Echinacea, at the initial onset of a respiratory illness can be very effective in reducing the severity and duration of the condition.

Rhodiola 5 (Standardized)

Used for centuries in traditional Russian and Scandinavian medicine to increase physical endurance, work productivity, longevity, resistance to high altitude sickness, and to treat fatigue, depression, anemia, impotence, infertility, gastrointestinal complaints, infections and nervous system disorders.

1 Fl Oz, Prod Code: 57032

Who might benefit from this herbal supplement?

- Those suffering from low energy or fatigue;
- Those who suffer from mental fog, poor memory, or learning problems;
- Those who are looking to increase their stamina, endurance and athletic performance;
- Those who are under high stress; those with sexual or fertility problems.

Phyto-Tech™ Rhodiola 5 contains Rhodiola Rosea standardized to 5% Rosavin, Alcohol Pure Grain, Water Pure Deionized.

Saw Palmetto Berry 1:3

Perhaps the most researched, most effective herb for treating an enlarged prostate (BPH).

1 fl oz, Prod Code: 57006

Who might benefit from this herbal supplement?

Men with an enlarged prostate, or benign prostatic hyperplasia (BPH).

Phyto-Tech™ Saw Palmetto Berry 1:3 contains Certified Organic Saw Palmetto Berries (*Serenoa repens*), Pure Grain Alcohol, Deionized Water. Each 30 drops contains 333 mg. Saw Palmetto is the well known herb for swollen or enlarged prostate, commonly called benign prostatic hyperplasia (BPH). Symptoms of BPH range from difficult urination, dull

ache, impotence, difficulty maintaining an erection, waking to urinate, urgency to urinate and precancerous blood chemistry such as elevated PSA's. It is thought that Saw Palmetto inhibits dihydrotestosterone, the compound that causes prostate cells to multiply excessively. *

Many herbalists consider Saw Palmetto to be a valuable male tonic to help maintain prostate health as men age.

Prostate inflammation is common in men over 50, especially those with a diet high in animal products and trans fatty acids. Prostate cancer is the second most common cancer in men. Prostate cancer is the male equivalent to uterine and ovarian cancer in women. Some believe that chronic BPH is a precursor to prostate cancer in some men. Saw Palmetto can be used as a preventative mens' tonic herb to help avoid the swelling in the first place. If one has BPH already, Saw Palmetto can reduce the inflammation to normalize the prostate.

Saw Palmetto is nontoxic and can be used long term.

Dosage: General preventative tonic: 30-60 drops, 2 times per day or as needed in juice or water; Stronger dose: 60-90 drops, 2-3 times per day in juice or water.

Note: Phyto-Tech™ Saw Palmetto Berry 1:3 is a full spectrum hydroalcoholic liquid extract, not a "standardized" liposterolic extract. It is not possible to make a direct dose comparison to "160 mg liposterolic extract." Clinical and traditional evidence, however, would suggest the recommended 60 drop dosage, above, is equivalent to the 160 ml liposterolic dose.

*Saw Palmetto contains several types of active compounds: sterols (such as beta-sitosterol), flavonoids (such as Isoquercitrin), water soluble polysaccharides, and fatty oils. This combination of botanicals exert antiandrogenic, antiestrogenic and antiinflammatory effects, all of which contribute to its action against BPH. Ethanolic (alcohol) extracts contain all of the above. For this reason, many prefer a full spectrum extract.

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Willner Chemists Phyto-Tech™ Herbal Supplements

Willner Chemists has offered stevia as a liquid herbal concentrate, providing Stevia Leaf Extract, standardized to 90% Steviosides, in 1, 2 and 4 oz sizes:

Phyto-Tech™ Stevia Extract 90
1 fl oz - Product Code: 56943
2 fl oz - Product Code: 56940
4 fl oz - Product Code: 56942

Now, Willner Chemists is pleased to offer six new stevia leaf extracts, in flavored form:

Phyto-Tech™ Stevia Extract - Chocolate
2 oz, Alcohol Free - Product Code: 60140
Phyto-Tech™ Stevia Extract - Cinnamon
2 oz, Alcohol Free - Product Code: 60139
Phyto-Tech™ Stevia Extract - Lemon
2 oz, Alcohol Free - Product Code: 60141
Phyto-Tech™ Stevia Extract - Orange
2 oz, Alcohol Free - Product Code: 60144
Phyto-Tech™ Stevia Extract - Peppermint
2 oz, Alcohol Free - Product Code: 60143
Phyto-Tech™ Stevia Extract - Vanilla
2 oz, Alcohol Free - Product Code: 60142

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

To listen to an interview on stevia and other therapeutic herbal supplements, go to www.willner.com and look up the May 22, 2011 Willner Window Radio Program



Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan. 3 - Feb. 10

Stevia Extracts

New Flavors Now Available

Extracts of leaves from *Stevia rebaudiana* have been used for many years in traditional treatment of diabetes in South America. Various compounds in stevia has been concentrated, and used as natural sweeteners. These compounds possess up to 250 times the sweetness intensity of sucrose, and they are noncaloric and noncariogenic. Stevioside, a natural plant glycoside isolated from the plant *Stevia rebaudiana*, has been commercialized as a noncaloric sweetener in Japan for more than 20 years. Some studies have shown that stevia may be beneficial to those with hypertension, and those with type-2 diabetes. Dosage: Add 2-8 drops, as needed. Each ml is equivalent to 300 mg of Stevia.

These new Stevia liquids are 100% Gluten Free, and contain only organic stevia leaf extract, vegetable glycerin, purified water and natural flavors/essential oils.

Suggested Use: As a dietary supplement, add 5-8 drops to a beverage or food. Shake well before using.

WILLNER CHEMISTS
The Nutritional Supplement Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Silver Colloid Complex

A combination containing Colloidal Silver 15ppm, Olive Leaf, and Wild Oregano Oil

1 fl oz, Prod Code: 56972

1 fl oz, Spray, Prod Code: 57021

Silver Colloid 15, 4 fl oz, Prod Code: 557039

Phyto-Tech™ Silver Colloid Complex contains the following: Colloidal silver 15ppm, Olive Leaf, Wild Oregano Oil (70% Carvacrol), Deionized Water, Pure Grain Alcohol, Non-GMO Soy Lecithin.

There is an ongoing and unresolved debate over whether colloidal or ionic silver particles are more effective at killing pathogens. Studies show both as begin effective for the conditions discussed here. At the same time, there is some debate over whether or not the marketing claims for Colloidal Silver are overly enthusiastic.

Silver Colloid Complex addressed both of these concerns. It employs a combination of both colloidal and ionic particles with a size of 15 ppm. A small particle size is important for the body to be able to absorb and circulate. With particle sizes larger than 30 ppm, a condition called argyria can occur. Argyria causes a bluish-gray discoloration of the skin, other organs, deep tissues, nails and gums.

In addition, Silver Colloid Complex is combined with Olive Leaf and Oregano Oil for added immune power. Olive Leaf is known for its effectiveness in fighting infections and supporting overall immunity. The key active ingredients of Olive Leaf are the iridoide monoterpenes or oleuropein. It is a powerful anti-microbial for bacteria and viral infections.

Oleuropein is converted into elenoic acid in the body which may prevent viruses and bacteria from replicating. Oregano Oil is an anti-microbial that has an immediate impact on acute germ inundation. It is a broad spectrum and powerful. Research has found the phenol Carvacrol to be the active compound in Oregano Oil that gives it its powerful ability to kill bacteria, fungus, candida, and parasites.

Phyto-Tech™ Silver Colloid Complex can be used on a daily basis as a preventative against illness, or it can be used once one is ill to support the body and speed healing. It is a broad-spectrum anti-microbial that can be taken internally for colds, flu, coughs, candidiasis, and parasites. It is also an effective external treatment for sore throats, infected wounds, acne, athletes toot, diaper rash, gum disease, nail fungus, and psoriasis. It is a great traveling aid, especially when traveling to third world countries.

Sinus Allergy Blend

Traditional Chinese Herbal Formula

1 fl oz, Prod Code: 56982

Sinus Decongest

A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways. This facilitates breathing, drainage and helps fight microbial growth. It produces a short term intensity that is followed by a more mellow, warming sensation in the sinus area. Sinus Decongest will open even the most stubborn and clogges sinus cavity. It can be used many times during the day to help maintain breathing and sinus drainage.

1 fl oz, Prod Code: 56941

Who might benefit from this herbal formula?

- Those suffering from sinus infections, sinus headaches, cold and flu, congestion from allergies and environmental toxins.
- Those who snore.
- Those with congestion while flying.

It is best to inhale deeply right after taking Phyto-Tech™ Sinus Decongest. The deeper one inhales, the more effective the result.

General Dosage: Take 15-30 drops directly in mouth, or in water or juice as soon as is needed. Take 1-3 times per day and up to every 3 hours when needed.

Acute infection: Take every 30 minutes to 2 hours until relief maintains

Phyto-Tech™ Sinus Decongest contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb, Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain, Glycerin Vegetable, Honey.

How does it work? Peppermint Oil and Fresh Organic Horseradish pulls the action up and into the sinus while the pungency of Cayenne, Garlic Onion and Horseradish increase circulation. Since the sinus cavity has poor circulation in general, this increase allows immune compounds in the blood to fight infection. The additional Immuno-Stimulating action of Echinacea, Spilanthes, Goldenseal, Elderberry, Garlic, Olive and Fresh Osha help stimulate the body to fight off microbial inundation and assist in healing. Decongesting herbs like Horehound, Licorice, Wild Cherry and Osha also help clean the lungs. Sinus Decongest helps to thin, thick and infected mucus and expectorate it out. In this way, it can help resolve an unproductive cough. Fever managing herbs like Boneset, Yarrow, Osha, Andrographis and Peppermint also help reestablish immune homeostasis.

Complimentary Formulas:

Phyto-Tech™ Sinus Decongest is synergistic with other immune formulas to increase immune stimulation.

- Combine with Echinacea Goldenseal (Phyto-Tech™ Echina Acute Complex) or Phyto-Tech™ Oregano Oil 70 to additionally stimulate white blood cell activity.
- For lung congestion or sore throats, combine with Phyto-Tech™ Respiratory Complex.
- For long-term immune weakness, combine with Phyto-

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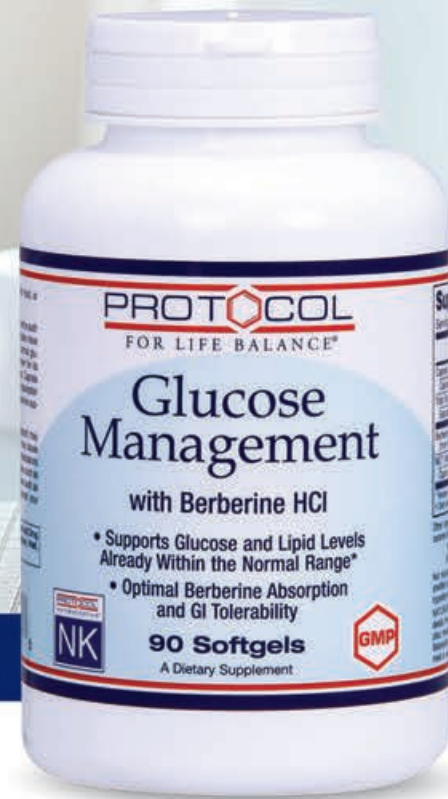


Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



65091	K2 100 MCG	60	CAP	17.95	14.36	43273	PAPAYA ENZYMES CHW	120	CHW	10.95	8.76	52156	WHEY FACTORS DOUB CHOC	12Z	PWD	26.95	21.56	
66005	KAVA KAVA 250 WHLE ERT	60	VCA	22.95	18.36	42769	PEPTACE	90	CAP	39.95	31.96	52155	WHEY FACTORS FR VANILL	12Z	PWD	26.95	21.56	
60549	KELP 800 MCG LIQUID	1 Z	LIQ	19.95	15.96	56399	PGX DAILY 750 MG	240	SGC	69.95	55.96	56413	WHEY FACTORS FRENCH VN	21B	PWD	59.95	47.96	
40885	LACTASE ENZYME	60	CAP	21.95	17.56	54634	PGX DAILY 750 MG	120	SGC	39.95	31.96	52158	WHEY FACTORS UNFLAVOR	12Z	PWD	26.95	21.56	
43286	LIPIDIC ACID 100 MG	60	CAP	11.95	9.55	54478	PGX DAILY PAK	30	PAK	25.95	20.76	56913	WHEY FACTORS UNFLAVOR	21B	PWD	59.95	47.96	
45643	LIPIDIC ACID 200 MG	120	CAP	29.95	23.96	57433	PGX PLUS 820 MG	120	SGC	44.95	35.96	56378	WHEY PROT PAK DOUB CHC	22G	PAK	2.49	1.99	
41227	LIV GALL CLEANSE	90	CAP	17.95	14.36	64226	PGX SATISFAST BAR BERR	2.2	BAR	3.49	2.79	66379	WHEY PROT PAK FRNCH VN	22G	PAK	2.49	1.99	
43249	LIVER HEALTH HERBAL	60	CAP	24.95	19.96	64225	PGX SATISFAST BR CH CO	2.2	BAR	3.49	2.79	52157	WHEY PROTEIN STRAWBERR	12Z	PWD	26.95	21.56	
40873	LUNG BRONCHIAL SINUS	90	TAB	26.95	21.56	54730	PHARMA GABA 100 MG	60	CAP	25.95	20.76	67219	WHOLE BODY OPTIM CURC	60	SGC	34.95	27.96	
43264	LUTEIN 20 MG SGC	30	SGC	11.95	9.56	53579	PHARMA GABA CHW	60	CHW	29.95	23.96	64966	WOMENS 50+ WHLE EARTH	60	TAB	39.95	31.96	
63289	LUTEIN 40 MG SGC	60	SGC	34.95	27.96	40884	PHOS SERINE 100 MG	30	SGC	19.95	15.96	64964	WOMENS MULTI WHLE EART	60	TAB	39.95	31.96	
43263	LYCOPENE 10 MG CAP	60	CAP	24.95	19.96	41080	PHOS SERINE 100 MG	60	SGC	37.95	30.36	40859	WOMENS PLUS MULTISTART	180	TAB	34.95	27.96	
63287	LYSINE 1000 (PER 2 CP)	180	VCA	18.95	15.16	67116	PLANT PRT VG UNF RW OG	13.	PWD	32.95	26.36	43274	ZYMACTIVE REG STRENGTH	90	TAB	24.95	19.96	
62202	MACARICH MACA 500 VCAP	90	VCA	22.95	18.36	51650	PROSTATE HEALTH	60	SGC	29.99	23.96	40874	ZYMACTIVE SUPER ENZYME	90	TAB	37.95	30.36	
51911	MAG CITRATE 150 MG	90	CAP	12.95	10.36	63970	QUICK BLAST ECHINAMIDE	30	CHW	11.95	9.55							
56710	MAGSENSE PWD WOMEN	7 Z	PWD	22.49	17.99	57936	RESVERATROL 250 MG	60	VCA	39.95	31.96							
66340	MARINE ALGAE 3 WHL ERT	30	VSG	23.95	19.16	41081	SALMON OIL 1000 MG	90	SGC	15.95	12.76							
63967	MELATONIN 5 MG CHW	180	CHW	23.95	19.16	40862	SALMON OIL 1000 MG	180	SGC	25.95	20.76	57611	HERBATONIN 3 MG MELAT	60	VCA	23.99	23.99	
67218	MEMORY OPTIMIZER CURC	60	VCA	49.95	39.96	43252	SAW PALM EXT 160 MG	60	SGC	17.95	14.36	55301	MACAHARMONY WOMEN FEMM	120	VCA	34.99	34.99	
42439	MENOSENSE	90	CAP	24.95	19.96	52930	SENSORIL ASHWAGAND 250	60	CAP	17.95	14.36	55299	MACALIFE PERIMOND FEMM	120	VCA	34.99	34.99	
55887	MENOSENSE	180	VCA	44.95	35.96	52929	SERENITY FORMULA	60	CAP	17.95	14.36	55300	MACAPAUSE 50+ FEMMNESS	120	VCA	34.99	34.99	
40856	MENS 50+ MULTISTART	120	TAB	33.95	27.16	58197	SEXUAL VITALITY MEN	90	VCA	39.95	31.96	55303	PH QUINTESENCE ALKALI	90	VCA	34.99	34.99	
64967	MENS 50+ WHLE EARTH	60	TAB	39.95	31.96	45350	SLIMSTYLES PGX 500 MG	180	CAP	29.95	23.96	55302	REVOLUTION MACALIBRIUM	120	VCA	37.99	37.99	
64965	MENS MULTI WHOLE EARTH	60	TAB	39.95	31.96	52883	SLIMSTYLES PGX GRANULE	5.3	PWD	25.95	20.76							
43256	MILK THISTLE PHYTO	90	CAP	24.95	19.96	52932	SUNTHEANINE 100 MG CHW	60	CHW	25.95	20.76							
40864	MSM JOINT FORMULA	180	CAP	35.95	28.76	44875	SUNTHEANINE 125 MG	60	VCA	25.95	20.76	66754	COLLOID SILV 250 PPM	2 Z	SPY	15.99	15.99	
57291	MULBERRY EXT 100 MG	90	CAP	13.95	11.16	66018	SUPER MUSHROOM WHL ERT	60	VCA	58.95	47.16	66769	COLLOID SILV 250 PPM	2 Z	LIQ	15.99	15.99	
63285	N A C 500 MG	90	VCA	19.95	15.96	65963	SYNTRINOL 300 MG	30	VCA	27.95	22.36	66770	COLLOID SILV 500 PPM	2 Z	LIQ	21.59	21.59	
63288	NATTOKINASE 100 MG	60	VCA	29.95	23.96	41325	THYROID HEALTH FORMULA	60	VCA	14.95	11.96	66759	COLLOID SILV HERB LIQ	1 Z	LIQ	13.99	13.99	
62464	NEM 500 NAT EGGSH MEMB	30	VCA	29.95	23.96	50569	THYROSENSE	60	VCA	14.95	11.96	66753	COLLOID SILV NASAL SPR	1 Z	SPY	11.99	11.99	
63571	OIL OF OREGANO	2 Z	LIQ	39.95	31.96	55533	THYROSENSE	120	VCA	26.95	21.56	66755	COLLOIDAL SILV 250 PPM	4 Z	LIQ	28.99	28.99	
63968	OIL OF OREGANO 180 SGC	30	SGC	12.95	10.36	52931	TRANQUIL SLEEP CHW	60	CHW	31.95	25.56	66756	COLLOIDAL SILV 500 PPM	2 Z	SPY	21.59	21.59	
63631	OIL OF OREGANO 180 SGC	60	SGC	23.95	19.16	57646	TRANQUIL SLEEP ENTER N	90	SGC	37.95	30.36	66757	COLLOIDAL SILV 500 PPM	4 Z	LIQ	36.99	36.99	
57446	OIL OF OREGANO ORGANIC	1 Z	LIQ	21.95	17.56	40889	TURMERIC BROMELN 450	90	CAP	33.95	27.16							
43253	OLIVE LEAF EXT 500 MG	60	CAP	13.95	11.16	63281	TYROSINE 1000 (PER 2)	60	VCA	8.95	7.16							
66833	OLIVE LEAF EXT 500 MG	90	CAP	19.95	15.96	60524	UBIQUINOL 100 OH COQ10	60	SGC	49.95	39.96	27312	ADRENAL ALL	60	CAP	11.99	9.59	
66773	OMEGA 3 1500/750 D LEM	6.7	LIQ	39.95	31.96	60953	UBIQUINOL 100 OH DUO	60	SGC	57.99	57.99	65897	ADRENAL RAW	60	CAP	11.99	9.59	
66789	OMEGA 3 750 500 W/D3	6.7	LIQ	25.95	20.76	61320	UBIQUINOL 100 OH DUO	30	SGC	34.99	34.99	20369	BLACK CHERRY CONC NAT	16Z	LIQ	23.89	19.11	
66774	OMEGA 3 750/500 COC LM	6.7	LIQ	24.95	19.96	64116	UBIQUINOL 200 OH COQ10	30	SGC	49.95	39.96	20368	BLACK CHERRY CONC NAT	8 Z	FLO	7.29	5.83	
66772	OMEGA 3 750/500 LM MR	6.7	LIQ	24.95	19.96	52375	ULT PROB 12/12 FORM	60	VCA	29.95	23.96	20370	CRANBERRY CONC NAT	8 Z	FLO	12.19	9.75	
54003	OMEGA 3 FACTORS 120 + 60	180	SGC	27.99	27.99	52377	ULTIMATE PROBIOT WOMEN	60	VCA	29.95	23.96	50642	THYMUS ALL	60	TAB	11.99	9.59	
41829	OMEGA 3 FACTORS RX	60	SGC	17.95	14.36	44850	URISENSE W/CRAN MAX	90	VCA	29.95	23.96	27322	THYROID RAW	60	TAB	20.49	16.39	
41830	OMEGA 3 FACTORS RX	120	SGC	29.95	23.96	64968	VEGAN GREEN PRT BR CHC	2.6	BAR	3.49	2.79							
50891	OMEGA 3 FACTORS RX	240	SGC	54.95	43.96	65559	VEGAN PROT SATIS CHOC	17Z	PWD	32.95	26.36	58196	CALM PLUS CAL RASP LEM	8 Z	PWD	25.95	20.76	
45351	OMEGA 3 FACTORS RX LIQ	8 Z	LIQ	39.95	31.95	63902	VEGAN PROT SATIS CHOC	525	PWD	34.95	27.96	52496	CALM PLUS CALCIUM PWD	8 Z	PWD	25.95	20.76	
45679	OMEGA 3 RX E P O & FLX	120	SGC	21.95	17.56	63903	VEGAN PROT SATIS VAN	525	PWD	34.95	27.96	58910	CALM PWD	16Z	PWD	39.95	31.96	
45678	OMEGA 3 RX FISH & FLAX	120	SGC	23.95	19.16	52982	VEINSENSE BEAUTIF LEGS	60	VCA	26.95	21.56	52497	CALM PWD	8 Z	PWD	22.95	18.36	
61319	OMEGA 3 RX ULT 1 DY D3	150	SGC	59.95	47.96	43261	VITEX EXT FOR WOMEN	90	CAP	15.95	12.76	52498	CALM PWD RASP LEMON	8 Z	PWD	23.95	19.16	
59107	OMEGA 3 RX ULTRA 1 DAY	150	SGC	56.95	45.56	43857	WELLBETX COMPLET MULTI	120	TAB	29.95	23.96	58655	CALM PWD RASPBERRY LEM	16Z	PWD	40.95	32.76	
59094	OSTEOMOVE JOINT CARE	120	CPL	44.95	35.96	43855	WELLBETX PGX	180	VCA	34.95	27.96	63512	CALM PWD SWEET LEMON	8 Z	PWD	23.95	19.16	

Protocol for Blood Sugar Support*



DISCOVER THE MANY BENEFITS OF BERBERINE*

Berberine is a natural constituent of herbs such as goldenseal, Oregon grape, and barberry. Clinical studies have demonstrated that Berberine helps to support already normal glucose and lipid metabolism.*

Berberine is, however, known for its limited bioavailability; therefore, this product includes Caprate (C10, a Medium Chain Triglyceride) to promote optimal absorption and maintenance of gastrointestinal comfort during Berberine supplementation.*

Supports Glucose and Lipid Levels Already Within the Normal Range*

Optimal Berberine Absorption and GI Tolerability

SUPPLEMENT FACTS

Serving Size: 1 Softgel		
Amount Per Serving		%DV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Saturated Fat	0.5 g	3%*
Berberine HCl (from <i>Berberis aristata</i> bark)	400 mg	†
MCT (Medium Chain Triglycerides) Oil	700 mg	†
Capric Acid (C10) (from MCT Oil)	238 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Beeswax and Sunflower Lecithin.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.



EXPERIENCE THE PROTOCOL FOR LIFE BALANCE® DIFFERENCE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Tech™ Immune Complex or Phyto-Tech™ Elderberry 1:2.
 •Phyto-Tech™ Respiratory Complex (to clear out lungs);
 •Phyto-Tech™ Mushroom Extract Complex/Dual Extraction Blend (rebuild immunity)
 •Phyto-Tech™ Sinus Allergy Blend/Chinese Herbal Formula (Chinese formula to balance constitutions)
 •Phyto-Tech™ Allergy Complex (if allergies)
 •Phyto-Tech™ Oregano Oil 70 (powerful anti-microbial)
 •Phyto-Tech™ Echina Acute Complex (colds and Flu)
 •Phyto-Tech™ Astragalus Root 1:3 (if chronic weak immunity)

Skullcap 1:2

1 fl oz, Prod Code: 57064

Sleep Complex

Phyto-Tech™ Sleep Complex with Melatonin

A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.

1 fl oz - Prod Code: 57028

60 liquid filled Veggie Caps, Prod Code: 57045

Who can benefit from this supplement?

•Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety.
 Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg.
 Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin,

3 mg.
 Sleep Complex with Melatonin comes in two forms—a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin.

Dosage: For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night.

This herbal supplement can be used along with other sleeping aids.

Spilanthes 1:2

An herb with a long folk history of use in treating dry mouth, toothache, and various types of gum disease. More recently, it have been investigated for its antibacterial and antifungal action, along with antioxident and anti-inflammatory activity

1 fl oz, Prod Code: 57487

Who might benefit from this herbal supplement?

•Those with dry mouth.
 •Those with gum disease, bad breath, an altered sense of taste, thick saliva, cracked lips or split skin at the corners of the mouth.
 •Those with fungal infections in the mouth.
 •Those with sore throat
 Phyto-Tech™ Spilanthes is composed of Spilanthes Flower Tops Fresh, Alcohol Pure Grain, Water Pure Deionized.

St John's Complex

A synergistic blend of herbs designed to reduce mild depression and elevate mood.

1 fl oz, Prod Code: 57075

Who might benefit from this supplement?

•Those with mild depression, mood swings, lethargy
 •Those who are “feeling down;” those with a depressed libido.

Phyto-Tech™ St. John's Complex contains a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, Fresh Pulsatilla Herb, Pure Grain Alcohol, Deionized Water.

Those who feel flat or have lowered passion and vital energy can use St. John's Complex. Many people do not have clinical depression, but do feel deflated and a bit down on a daily basis. These people can use this safe remedy. While some will feel immediate effects (most likely from the other ingredients besides the St. John's Wort), full benefits are realized after one month of continual use.

Effects can take effect in as soon as 2 weeks, but 4 weeks is more common. It is best used as a long-term tonic over 1 month. It can also be used very long term.

Caution: not intended for severe depression; do not take during pregnancy or while nursing; do not combine with prescription antidepressant medication.

Dosage: Generally: 20-60 drops, 2-3 times per day in juice or water.

St John's Wort 1:2

St. John's Wort is indicated for mild to moderate depression. It is safe and can be used long term.

1 fl oz, Alcohol Free, - Prod Code: 57020

1 fl oz, Reg, Prod Code: 56967

90 Veggie Caps - Prod Code: 60123

Also available in a vegetarian capsule form. Each Phyto-Tech St. John's Wort veggie capsule contains 300 mg of St. John's Wort Herb (standardized at 0.3% Hypericin) in a base of 150 mg of full spectrum, certified organic St. John's Wort Herb.

... continued on page 88

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

44945 KRILL OIL 500 MG	60	SGC	41.49	33.19	37871 PRIMADOPHILUS KID CHW	30	CHW	9.99	7.99	57683 TRPHALA	90	VCA	18.99	15.19
60029 KRILL OIL 500 MG EFA	30	SGC	21.99	17.59	56930 PRIMADOPHILUS KIDS ORA	30	CHW	9.99	7.99	29054 TRU OPC 75 MG	90	TAB	29.49	23.59
24518 KUZOZO CAP	50	CAP	13.99	11.19	18287 PRIMADOPHILUS/CHILDREN	5 Z	PWD	17.99	14.39	64071 TURMERIC EXT 750 MG	60	VCA	30.99	24.79
52521 LACTASE ENZYME	100	CAP	19.99	15.99	39772 PROSTOL	60	SGC	21.99	17.59	45252 TURMERIC EXT STAND	120	TAB	42.99	34.39
31466 LEG VEINS W/TRU OPC	60	CAP	12.99	10.39	39771 PROSTOL	120	SGC	39.99	31.99	29727 TURMERIC EXT STANDZD	60	TAB	23.99	19.19
55740 LEG VEINS W/TRU OPC	120	VCA	23.49	18.79	18293 RED CLOVER BLOSSOM HRB	100	CAP	9.49	7.59	53876 UMCKA CHERRY CHEWABLE	20	CHW	15.59	12.47
18263 LICORICE ROOT	100	CAP	9.49	7.59	18294 RED CLOVER COMBO	100	CAP	10.99	8.79	52289 UMCKA CHERRY SYRUP	8 Z	LIQ	28.99	23.19
33414 MACA EXTRACT STAND	60	CAP	20.99	16.79	18295 RED RASPBERRY LEAVES	100	CAP	10.49	8.39	42690 UMCKA CHERRY SYRUP A/F	4 Z	LIQ	15.59	12.47
24623 MAG 500	100	CAP	9.49	7.59	56501 RED YEAST RICE 600 MG	120	VCA	36.99	29.59	54051 UMCKA COLD & FLU BERRY	20	CHW	16.49	13.19
18265 MARSHMALLOW ROOT	100	CAP	10.49	8.39	29736 REISHI MUSHR EXT STANZ	100	CAP	15.49	12.39	54052 UMCKA COLD & FLU ORANG	20	CHW	16.49	13.19
66083 MCT OIL 100% FRM COCON	16Z	LIQ	21.99	17.59	52732 RESVERATROL	60	VCA	21.99	17.59	54053 UMCKA COLD FLU BER SYR	4 Z	LIQ	16.49	13.19
24519 MELISSA LEMON BALM CAP	100	CAP	9.49	7.59	43693 RHODIOLA ROSEA EXT	60	VCA	16.99	13.59	62186 UMCKA COUGH SYRUP	4 Z	LIQ	16.99	13.59
55637 MILK THISTLE EXT 175	120	VCA	31.99	25.59	41206 ROSEMARY LEAVES	100	CAP	5.99	4.79	66357 UMCKA DAY NIGHT HOT DR	12	PAK	12.49	9.99
31966 MILK THISTLE STAND	60	CAP	18.49	14.79	59287 SAMBUCUS FLU CARE LIQ	4 Z	LIQ	16.49	13.19	52287 UMCKA GRAPE SUGAR FREE	4 Z	LIQ	15.59	12.47
42626 MSM 1000 MG	120	TAB	16.99	13.59	32589 SAMBUCUS FOR KIDS	4 Z	LIQ	15.59	12.47	53961 UMCKA LEMON HOT DRINK	10	PWD	10.59	8.47
18267 MYRRH GUM	100	CAP	10.49	8.39	55966 SAMBUCUS FOR KIDS BER	8 Z	LIQ	28.99	23.19	42682 UMCKA MENTHOL SYRUP	4 Z	LIQ	15.59	12.47
31430 NEEM CAPS	100	CAP	9.49	7.59	64773 SAMBUCUS GUMMIES ELDER	60	GUM	19.99	15.99	42670 UMCKA ORIGINAL A/F DRP	1 Z	LIQ	15.59	12.47
18272 NETTLE HERBS	100	CAP	9.99	7.99	32580 SAMBUCUS IMMUNE FORM	4 Z	LIQ	16.59	13.27	42664 UMCKA ORIGINAL DRDPS	1 Z	LIQ	15.59	12.47
24580 NIACINAMIDE 500 NO FLS	100	CAP	7.99	6.39	43720 SAMBUCUS IMMUNE FORM	8 Z	LIQ	30.99	24.79	52285 UMCKA ORIGINAL DRDPS	2 Z	LIQ	28.99	23.19
44274 NONI EXT STAND	60	VCA	20.99	16.79	34353 SAMBUCUS IMMUNE FRM LZ	30	LOZ	14.59	11.67	65037 UMCKA THROAT SPR CH MT	1.9	SPY	11.99	9.59
55636 OLIVE LEAF EXT 20% OLE	60	CAP	22.99	18.39	35075 SAMBUCUS LOZ BLACK ELD	30	LOZ	14.59	11.67	29726 UVA URSI EXT STANDARZD	60	CAP	14.99	11.99
32591 OLIVE LEAF STANDARDZED	60	CAP	12.99	10.39	64774 SAMBUCUS NIGHTTIME LIQ	4 Z	LIQ	16.99	13.59	18317 UVA URSI LEAVES	100	CAP	9.99	7.99
56708 OMEGA 3 6.9 MEGA 1350	180	SGC	41.49	33.19	60705 SAMBUCUS ORGANIC LIQ	4 Z	LIQ	18.99	15.19	29733 VALERIAN EXT STAND 110	90	CAP	11.99	9.59
42259 OREGANO OIL STAND	60	VCA	17.99	14.39	30130 SAMBUCUS ORIGINAL	4 Z	LIQ	15.59	12.47	24039 VALERIAN NIGHTTIME	100	TAB	19.99	15.99
37441 OREGON GRAPE ROOT	90	CAP	8.49	6.79	43698 SAMBUCUS ORIGINAL	7.8	LIQ	28.99	23.19	18318 VALERIAN ROOT 530 MG	100	CAP	9.99	7.99
24581 PANTOTHENIC ACID 250	100	CAP	8.49	6.79	30183 SAMBUCUS SUGAR FREE	4 Z	LIQ	15.59	12.47	18319 VALERIAN ROOT 530 MG	180	CAP	14.49	11.59
18278 PARSLEY HERB	100	CAP	9.99	7.99	43719 SAMBUCUS SUGAR FREE	8 Z	LIQ	28.99	23.19	18322 VITEX AGNUS-CASTUS	100	CAP	8.49	6.79
18280 PAU D'ARCO	180	CAP	13.99	11.19	66223 SAMBUCUS VEG SGC MX PT	18	VSG	29.99	23.99	62599 WHITE KIDNEY BEAN EXT	60	VCA	19.99	15.99
18279 PAU D'ARCO INNER BARK	100	CAP	9.49	7.59	64069 SAMBUCUS ZINC LOZ ORG	24	LOZ	4.99	3.99	18324 WHITE OAK BARK	100	CAP	9.49	7.59
38336 PEPOGEST	60	SGC	13.99	11.19	18299 SANSAPARILLA ROOT	100	CAP	11.49	9.19	18325 WHITE WILLOW BARK	100	CAP	9.99	7.99
26367 PHOS SERINE	60	SGC	51.99	41.59	29737 SAW PALM EXT STANDARZD	60	SGC	18.49	14.79	29685 WHITE WILLOW BARK EXT	60	CAP	23.99	19.19
31429 PMS 5 HTP	100	CAP	11.99	9.59	24509 SAW PALMETTO BERRY CAP	180	CAP	24.99	19.99	24292 WILD YAM	100	CAP	9.99	7.99
44276 POMEGRANATE EXT STAND	60	VCA	19.99	15.99	24508 SAW PALMETTO BERRY CAP	100	CAP	15.99	12.79	37613 YARROW FLOWERS	100	CAP	5.99	4.79
24625 POT CHELATE 99	100	CAP	7.99	6.39	18300 SCHIZANDRA FRUIT	100	CAP	11.49	9.19	18328 YELLOW DOCK ROOT	100	CAP	9.49	7.59
65858 PRIMAD OPT 50B HDS IMM	30	VCA	39.99	31.99	18301 SCULLCAP HERB	100	CAP	11.99	9.59	18329 YUCCA	180	CAP	15.49	12.39
65857 PRIMAD OPT HDS 50+ 50B	30	VCA	39.99	31.99	24626 SELENIUM 200 Y/F	100	CAP	9.49	7.59	24627 ZINC 30	100	CAP	7.49	5.99
64447 PRIMAD OPT 50 BIL DIG	30	VCA	39.99	31.99	18302 SENNA LEAVES	100	VCA	9.49	7.59					
64446 PRIMAD OPT 50 BIL WOM	30	VCA	39.99	31.99	33415 SHITAKE MAITAKE STD	60	CAP	17.99	14.39					
65403 PRIMADOPH OPT INT 200B	30	VCA	79.99	63.99	18308 SLIPPERY ELM BARK	100	CAP	9.99	7.99					
51631 PRIMADOPH OPTIMA	30	VCA	30.99	24.79	18311 SPIRULLINA	100	CAP	13.99	11.19					
50910 PRIMADOPH OPTIMA	60	VCA	59.49	47.59	33964 ST JOHN'S WORT	180	CAP	17.49	13.99					
60652 PRIMADOPH OPTIMA 100 B	30	VCA	49.99	39.99	29683 ST JOHN'S WORT 300 STD	90	CAP	17.99	14.39					
60650 PRIMADOPH OPTIMA 60 BL	30	VCA	39.99	31.99	30262 ST JOHN'S WORT PERIKA	60	TAB	15.99	12.79					
60651 PRIMADOPH OPTIMA 90 BL	30	VCA	49.99	39.99	18313 SUMA	100	CAP	15.49	12.39					
44506 PRIMADOPH REUTERI	90	CAP	30.99	24.79	39540 SYSTEM WELL ULT IMMUN	90	TAB	20.59	16.47					
38415 PRIMADOPH REUTERI	30	CAP	12.99	10.39	50174 SYTRINOL 150 MG	60	SGC	27.99	22.39					
52295 PRIMADOPH REUTERI PERL	30	PRL	17.99	14.39	18316 THISILYN	100	CAP	36.99	29.59					
52296 PRIMADOPH REUTERI PRL	60	PRL	30.99	24.79	18315 THISILYN	60	CAP	25.99	20.79					
38931 PRIMADOPH REUTERI PWD	5 Z	PWD	21.99	17.59	44734 THISILYN CLEANSE MIN	KIT	KIT	31.99	25.59					
18284 PRIMADOPHILUS 290 CAP	90	CAP	20.99	16.79	44874 THISILYN DAILY CLEANSE	90	VCA	22.49	17.99					
18285 PRIMADOPHILUS 290 CAP	180	CAP	36.49	29.19	44873 THISILYN DIGEST CLEAN	90	VCA	15.59	12.47					
22252 PRIMADOPHILUS BIFIDUS	90	CAP	22.99	18.39	44872 THISILYN SUPER	60	VCA	28.99	23.19					

NELSON HOMEOPATHY

13676 ACNE GEL PURE & CLEAR	1 Z	GEL	8.79	7.03
13672 ARNICA CRM NEL	1 Z	CRM	7.49	5.99
13673 CALENDULA CREAM NEL	1 Z	CRM	7.73	6.18

NEOCELL

65635 BEAUTY BURST CHOC MINT	60	CHW	19.99	15.99
64200 BEAUTY BURST FRUIT PUN	60	CHW	19.99	15.99
64947 BEAUTY INFUSION CRAMB	11.	PWD	34.95	27.96
64946 BEAUTY INFUSION TANG	11.	PWD	34.95	27.96
66570 BIOTIN BURSTS ACAI BER	30	CHW	15.99	12.79
56544 COLLAGEN + C POMEGR LIQ	16Z	LIQ	29.95	23.96
56543 COLLAGEN FISH HYAL ACD	120	CAP	19.95	15.96
56549 COLLAGEN II JOINT CMP	120	CAP	45.59	36.47
56545 COLLAGEN SUPER + C TAB	120	TAB		



FRESH & NEW THIS WINTER

Boost antioxidant protection and beat winter dry hair with our brand new innovations. Enjoy our market-leading Resveratrol* in a fruity, mouth-watering soft chew. And our popular Keratin Hair Booster™ is now available in an easy to mix powder. §



Offers support against cellular aging[§]



Helps reduce hair shedding and supports the growth cycle[§]



*SPINs scan 04.17.16

§These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



14978	ECHINACEA A/F	1 Z	LIQ	16.09	12.87	15583	ALOE VERA INNER LEAF	100	CAP	18.69	14.95	35890	ZMA RX STRENGTH	90	CAP	32.15	28.93	28129	CHOLINE 500 TAB	100	TAB	12.49	9.99
14980	EYEBRIGHT A/F	1 Z	LIQ	13.80	11.04	15589	ASTRAGALUS ROOT 400 MG	100	CAP	16.49	13.19	NATURES SECRET						24619	CHROMIUM PICOLIN 200	60	CAP	7.49	5.99
14861	FO TI	1 Z	LIQ	12.70	10.16	25620	CATS CLAW	250	CAP	36.39	29.11	0.00						51919	CINNAMON EXT STANDZ	60	VCA	14.49	11.59
14981	GINGER ROOT A/F	1 Z	LIQ	16.99	13.59	28756	CELERY SEED POWER	60	CAP	11.49	9.19	37138	15 DAY WEIGHT LOSS	60	TAB	12.95	10.36	61900	COCONUT OIL LIQ	10Z	LIQ	13.69	10.95
14982	GINKGO BILOBA A/F	1 Z	LIQ	13.80	11.04	24083	CRANBERRY WHOLE FRUIT	100	CAP	23.99	19.19	28922	CANDISTROY	60	TAB	26.95	21.56	61977	COCONUT OIL LIQ	20Z	LIQ	29.99	23.99
50940	GINKGO BILOBA A/F	2 Z	LIQ	25.30	20.24	22478	GREEN TEA POWER CAF FR	60	CAP	19.69	15.75	25441	MULTI FIBER CLEANSE	275	TAB	25.99	20.79	65865	COCONUT OIL LIQ GARLIC	10Z	LIQ	14.29	11.43
14983	GINSENG AMERICAN A/F	1 Z	LIQ	25.99	20.79	16790	HAWTHORN FLOWER/BERRY	100	CAP	16.49	13.19	23176	SUPERCLEANSE	100	TAB	15.95	12.76	65866	COCONUT OIL LIQ LEMON	10Z	LIQ	14.29	11.43
14869	GINSENG AMERICAN ROOT	1 Z	LIQ	23.99	19.19	16817	MILK THISTLE POWER	50	CAP	23.89	19.11	30100	SUPERCLEANSE	200	TAB	23.95	19.16	65869	COCONUT OIL LIQ RASPB	10Z	LIQ	14.29	11.43
45542	GLUCOS CHOND LIQ	16Z	LIQ	27.99	22.39	34718	NETTLE ROOT POWER	60	CAP	22.99	18.39	23175	ULTIMATE CLEANSE	240	TAB	29.99	23.99	65870	COCONUT OIL LIQ SRIRAC	10Z	LIQ	14.29	11.43
14985	GOLDENSEAL ROOT A/F	1 Z	LIQ	21.90	17.52	16830	PSYLLIUM HUSKS	100	CAP	16.89	13.51	23177	ULTIMATE FIBER CLEANSE	7.9	PWD	16.95	13.56	50911	COCONUT OIL XTR VRG OG	16Z	OIL	13.49	10.79
14986	GOTU KOLA HERB A/F	1 Z	LIQ	12.99	10.39	24331	SAW PALM	250	CAP	40.19	32.15	NATURES WAY						63376	COCONUT OIL XTRA VIRG	120	SGC	15.99	12.79
14987	GREEN TEA EXT A/F	1 Z	LIQ	13.80	11.04	24833	SAW PALM POWER 320	60	SGC	29.59	23.67	32596	5 HTP 50 MG ENT COAT	60	TAB	18.99	15.19	60030	COCONUT OIL XTRA VIRG	32Z	OIL	29.99	23.99
44116	GREEN TEA EXT SUP A/F	2 Z	LIQ	18.99	15.19	16840	SAW PALMETTO	100	CAP	17.39	13.91	24559	A 10000 SGC	100	SGC	6.99	5.59	63458	COCONUT RAW ORGANIC	16Z	LIQ	13.99	11.19
61252	GREENS TODAY RAW	300	PWD	37.99	30.39	16845	SILICA POWER	60	CAP	16.89	13.51	56281	ACAI EXT STAND 510 MG	60	VCA	20.99	16.79	40400	COMPLETIA DIABETIC MUL	90	TAB	29.99	23.99
14877	HAWTHORN BERRIES	2 Z	LIQ	22.90	18.32	NATURES LIFE						44271	CORDYCEPS EXT STAND	60	VCA	19.99	15.99						
14876	HAWTHORN BERRIES	1 Z	LIQ	12.70	10.16	35017	600 PROSTATE MAINTAIN	250	CAP	42.39	33.91	61881	AFRICAN MANGO 150 MG	60	VCA	24.99	19.99	53515	CORN SILK	100	CAP	6.59	5.27
14988	HAWTHORN BERRY A/F	1 Z	LIQ	13.00	10.40	25864	B 50 HIGH FOLIC ACID	100	CAP	14.99	11.99	18125	ALFA MAX	100	CAP	10.49	8.39	56789	CRAN RX	30	VCA	14.99	11.99
14878	HOPS	1 Z	LIQ	12.99	10.39	20956	B 250 SR	100	TAB	18.69	14.95	60799	ALIVE ADULT MULTI GUMM	90	CHW	19.99	15.99	65036	CRAN RX GUMMIES	60	CHW	19.99	15.99
14989	HORSETAIL A/F	1 Z	LIQ	12.70	10.16	25872	BETAINE HCL PEPSIN 648	100	CAP	19.29	15.43	65283	ALIVE B CMP GUMMIES	60	GUM	12.99	10.39	65284	CRAN RX LIQUID	16Z	LIQ	21.99	17.59
67078	KAVA 6 A/F LIQ	1 Z	LIQ	19.99	15.99	25870	BIOFLAVONOID 1000 MG	100	TAB	16.19	12.95	54056	ALIVE C	120	VCA	26.99	21.59	39936	CRANBERRY EXT TAB	120	TAB	19.99	15.99
14991	LICORICE ROOT A/F	1 Z	LIQ	13.80	11.04	25871	BIOFLAVONOID 2.5 MG CAP	100	CAP	17.99	14.39	54055	ALIVE C PWD ORGANIC	120	PWD	24.99	19.99	40532	CRANBERRY EXT VCAP	60	VCA	11.49	9.19
67180	MAG PLANT BASED CAP	90	CAP	19.99	15.99	25873	BROMELAIN PAPAN ENZ	100	CAP	23.59	18.87	61408	ALIVE CALCIUM BONE FRM	120	TAB	39.99	31.99	40461	CRANBERRY EXT VCAPS	120	VCA	21.99	17.59
67179	MAG PLANT BASED LIQ VG	16Z	LIQ	29.99	23.99	25124	C 1000 SR	250	TAB	30.79	24.63	61452	ALIVE CALCIUM BONE FRM	60	TAB	22.99	18.39	18177	CRANBERRY FRUIT CAP	100	CAP	14.99	11.99
14992	MARSHMALLOW ROOT A/F	1 Z	LIQ	13.80	11.04	26386	CAL CITRATE & MAG 250	250	TAB	29.29	23.43	64077	ALIVE CALCIUM GUMMIES	60	GUM	14.99	11.99	61425	CURICA PAIN RELIEF	100	TAB	42.99	34.39
23131	MILK THISTLE	1 Z	LIQ	13.99	11.19	34689	CAL MAG PHOS W/D LIQ	32Z	LIQ	25.49	20.39	60797	ALIVE CHILDREN GUMMIES	90	CHW	18.99	15.19	65864	CURICA TURMERIC DROPS	2 Z	LIQ	29.99	23.99
23002	MILK THISTLE A/F	1 Z	LIQ	13.80	11.04	21147	CAL MAG SUPER 1000/500	100	TAB	10.29	8.23	60798	ALIVE CHILDRENS CHW	120	CHW	17.99	14.39	65863	CURICA TURMERIC VCAP	60	VCA	44.99	35.99
14988	MOTHERWORT	1 Z	LIQ	11.50	9.20	22250	CAL MAG SUPER 1000/500	250	TAB	22.79	18.23	65732	ALIVE FIBER LIQ POM BR	32Z	LIQ	21.99	17.59	18178	DAMIANA LEAVES	100	CAP	9.49	7.59
14989	MUIRA PUAMA ROOT	1 Z	LIQ	13.99	11.19	26073	GRAPE SEED EXT 105 MG	100	CAP	28.69	22.95	64776	ALIVE IMMUNE GUMMIES	90	GUM	22.99	18.39	18179	DANDELION ROOT	100	CAP	9.99	7.99
15032	MULLEIN FLOWER OIL A/F	1 Z	LIQ	11.50	9.20	66775	KC 5000 MCG	60	TAB	30.19	24.15	62669	ALIVE MENS 50+ GUMMY	75	CHW	19.99	15.99	60488	DANDELION ROOT	180	VCA	16.49	13.19
14993	MULLEIN LEAVES A/F	1 Z	LIQ	13.80	11.04	25895	LECITHIN 1200	250	CAP	31.69	25.35	58862	ALIVE MENS 50+ ONCE DL	60	TAB	25.99	20.79	29720	DEVILS CLAW STANDARDZD	90	CAP	19.99	15.99
14994	NETTLES A/F	1 Z	LIQ	12.70	10.16	26942	MAG MALATE 200 MG	100	TAB	12.69	10.15	62668	ALIVE MENS GUMMY	75	CHW	19.99	15.99	28452	DHA 100 MG NEUROMINS	60	SGC	25.49	20.39
33167	OREGANO OIL A/F	1 Z	LIQ	32.99	26.39	25608	MAGNESIUM 500 MG	100	CAP	11.89	9.51	57537	ALIVE MENS MULTI	90	TAB	29.99	23.99	53263	DHA NEUROMINS 200 MG	60	SGC	43.49	34.79
25995	OREGON GRAPE	1 Z	LIQ	12.99	10.39	44463	MULTIPLE SOFT GELATIN	180	SGC	53.39	42.71	58861	ALIVE MENS ONCE DAILY	60	TAB	25.99	20.79	38689	DIM PLUS	60	CAP	22.99	18.39
14910	PASSION FLOWER	1 Z	LIQ	11.50	9.20	43833	OMEGA 3 EPA DHA	180	SGC	36.49	29.19	53891	ALIVE MULTI LIQ CITRUS	32Z	LIQ	35.99	28.79	38688	DIM PLUS	120	CAP	41.99	33.59
14911	PASSION FLOWER	2 Z	LIQ	20.70	16.56	25136	QUERCETIN 400 MG.	100	CAP	25.99	20.79	58860	ALIVE MULTI ONCE DAILY	180	TAB	25.99	20.79	18183	DONG QUAI ROOT	100	CAP	15.49	12.39
14995	PASSION FLOWER A/F	1 Z	LIQ	12.70	10.16	25855	ZINC 30 MG PICOLINATE	100	CAP	12.49	9.99	42512	ALIVE NO IRON ADDED	180	TAB	49.99	39.99	24613	E 400 D ALPHA SGC	100	SGC	21.99	17.59
37998	PASSIONFLOWER STAND	60	VCAP	13.99	11.19	15842	ADULTS CHEWABLE	90	CHW	27.95	25.15	66806	ALIVE PLANT PROT BERRY	15	PWD	37.99	30.39	44939	E P O 1300 MG EFA GOLD	120	SGC	30.49	24.39
14996	PAU D'ARCO A/F	1 Z	LIQ	12.70	10.16	38683	ANIMAL PARADE ASSORTED	180	CHW	27.25	24.52	65404	ALIVE PLANT PRT TRP NN	14	PWD	37.99	30.39	29734	ECHIN EXT STANDARDZD	60	CAP	25.49	20.39
42688	PERIOCLEANSE	4 Z	LIQ	14.99	15.96	22640	ANIMAL PARADE CHERRY	180	CHW	27.25	24.52	67242	ALIVE PRENATAL VSG	60	VSG	34.99	27.99	18186	ECHIN GOLDENSEAL COMP	100	CAP	18.99	15.19
42871	PERIORUB	.5Z	CRM	4.99	3.99	43033	ANIMAL PARADE GRAPE	180	CHW	27.25	24.52	39488	ALIVE W/IRON	90	TAB	27.99	22.39	24366	ECHIN GOLDENSEAL ROOT	180	CAP	28.49	22.79
42689	PERIOWASH	16Z	LIQ	10.95	8.76	16000	APPLE PECTIN 500	180	TAB	20.40	18.36	42508	ALIVE W/IRON	180	TAB	49.99	39.99	37821	ECHIN HERB A/F	1 Z	LIQ	7.99	6.39
58089	PERIOWASH CINNAMINT	16Z	LIQ	10.99	8.79	15684	B 100 MEGA SR	180	TAB	54.55	49.09	66807	ALIVE WHEY PRT BER CRM	13	PWD	37.99	30.39	24525	ECHIN ROOT COMPLEX	180	CAP	25.49	20.39
59525	PERIOWASH WINTER MINT	16Z	LIQ	10.95	8.76	15686	B 150 MEGA SR	90	TAB	38.35	34.51	66804	ALIVE WHEY PRT MMG CRM	13	PWD	37.99	30.39	18184	ECHIN/ASTRAC/RESHI	100	CAP	11.99	9.59
14919	PLEURISY ROOT	2 Z	LIQ	21.90	17.52	15688	B COMPLEX W/RICE BRAN	180	TAB	16.95	15.25	62671	ALIVE WOMENS 50+ GUMMY	75	CHW	19.99	15.99	18185	ECHINACEA	180	CAP	17.99	14.39
66506	PROBIOTIC LITE ICE TEA	.88	PAK	1.20	0.96	15693	B2 250 SR	60	TAB	16.25	14.62	58863	ALIVE WOMENS 50+ ONCE	60	TAB	25.99	20.79	18187	ECHINACEA HERB	100	CAP	12.49	9.99
66505	PROBIOTIC LITE RASP LM	.88	PAK	1.20	0.96	15697	B6 500 SR	90	TAB	25.15	22.63	62670	ALIVE WOMENS GUMMY	75	CHW	19.99	15.99	31428	ELDERBERRY BLACK	100	CAP	12.99	10.39
28725	PROPOLIS A/F	1 Z	LIQ	17.99	14.39	15766	BIOFLAV 1000	90	TAB	14.55	13.09	57538	ALIVE WOMENS MULTI	90	TAB	29.99	23.99	18205	EYEBRIGHT HERB	100	CAP	11.49	9.19
65628	PUERARIA MIRIFICA ESTR	60	VCA	24.99	19.99	26194	BIOPERINE 10 MG	60	CAP	8.99	8.09	58864	ALIVE WOMENS ONCE DAIL	60	TAB	25.99	20.79	18248	EYEBRIGHT HERBAL	100	CAP	14.99	11.99
14999	RED CLOVER TOPS A/F	1 Z	LIQ	13.80	11.04	15867	BONE POWER	180	SGC	35.50	31.95	24520	ALOE MAX LAX CAP	100	VCA	12.59	10.07	38066	FEMAPRIN VITEX	60	CAP		

New Products From Allergy Research Group!

Advanced NeuroPlus™ Brain Nutrition*

90 Vegetarian Tablets - #66801

- **Six superior brain-boosting nutrients, each with unique benefits.***
- Neumentix™ Spearmint may improve sleep, enhance working memory, and boost cognition.*
- NeuroFactor™ Coffee Plant Fruit extract supports normal BDNF levels.*
- Standardized American Ginseng extract supports memory and alertness.*
- Lion's Mane Mushroom strengthens memory and concentration.*
- Citicoline activates biosynthesis of phospholipids in neuronal membranes.*
- NTFactor® Phosphoglycolipids nourish mitochondrial membranes.*

Full Spectrum Digest™ With Glutalytic®

90 Vegetarian Capsules - #65978

- **Breaks down gluten, gliadin, fatty foods, starches, egg, soy, lactose, whey, and casein.***
- A potent, full spectrum, vegan, non-GMO enzyme blend.
- Glutalytic®, lactase, lipase, alpha-galactosidase, and amylase.
- Glutalytic® also digests salmon, almonds, peanuts, and ovalbumin.*

XOS Prebiotic Powder

100 Grams Powder - #67321

- **PreticX™ xylooligosaccharides may support normal levels of Bifidobacteria in the colon.***
- Xylooligosaccharides are used at a much lower dose than FOS, and are very well tolerated.
- Can increase Bacteroidetes without increasing Firmicutes.*
- Has a low effective dosage, as low as 1.4 grams per day.*
- PreticX™ is verified by the Non-GMO Project, and is certified Kosher/Halal.



AllergyResearchGroup®

Innovative Nutrition



GMP Registered

*This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Stay Well Complex

Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea results in enhanced efficacy.

1 fl oz, Prod Code: 56976

Who can benefit from this herbal supplement?

- Children and their family members who want to prevent the spread and worsening of cold and flu infection.
- Those who frequently catch colds.

At the first threat of the onset of a cold or flu, give large frequent doses over the course of one day for an immediate effect. It is safe to repeat doses every 2 hours when on the edge of getting sick. Contrary to popular myth, Echinacea will remain effective for months with daily use. This is why Echinacea has become famous and is indicated for children who get repeated colds season after season. It is also indicated for adults and the elderly.

The addition of Elderberry increases efficacy for use for symptoms of a cold, flu or influenza. It should help reduce these symptoms and their duration.

Phyto-Tech™ Stay Well Complex is not diluted but is instead, a full strength extract suitable for adults as well.

Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20 mg./ml., Vegetable Glycerin, Deionized Water, Honey.

Caution: Due to the honey content, this product is not recommended for children under two years of age.

Dosage: (by weight) If 10-30 lb., use 10-20 drops; if 31-60 lb., use 20-40 drops; if 61-100 lb., use 40-60 drops; if over 100 lb. Use 60-90 drops. Take appropriate dose 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK, but taste is improved if added to juice.

Stevia Extract 90

Stevia Leaf Extract, standardized to 90% Steviosides. A very pleasant tasting, sweet herb, with no bitter aftertaste.

2 fl oz - Prod Code: 56940

1 fl oz, Prod Code: 56943

4 fl oz, Prod Code: 56942

Who can benefit from this herb?

- Those with blood sugar swings, diabetes, obesity, hypertension.

Dosage: Add 2-8 drops as needed.

Each ml. of Phyto-Tech™ Stevia Extract 90 is equivalent to 300 mg of Stevia. All are 100% Gluten Free.

Now Available In Naturally Flavored Versions:

Lemon Flavor Stevia, 2 fl oz - Prod Code: 60141

Orange Flavor Stevia, 2 fl oz - Prod Code: 60144

Chocolate Flavor Stevia, 2 fl oz - Prod Code: 60140

Peppermint Flavor Stevia, 2 fl oz - Prod Code: 60143

Cinnamon Flavor Stevia, 2 fl oz - Prod Code: 60139

Vanilla Flavor Stevia, 2 fl oz - Prod Code: 60142

Systemic Detox

This detoxifying herbal formula facilitates a full body (systemic) cleansing.

1 fl oz, Prod Code: 56970

Alcohol Free ~ 1 fl oz, Prod Code: 57078

Who might benefit from this herbal supplement?

- Those who are concerned about exposure to internally and/or environmental toxins;
- Those who are concerned about the toxemia from drug usage.

Phyto-Tech™ Systemic Detox contains the following: Fresh Burdock Root, Yellow Dock Root, Oregon Grape Root, Fresh Dandelion Root, Red Clover Flowers, Nettles Herb, Red Root, Fresh Ginger Root, Grain Alcohol, Deionized water

This synergistic blend of herbs is designed to affect multiple organ systems, as follows:

- Liver: Oregon Grape, Burdock, Yellow Dock, Dandelion, and Red Root
- Urinary Tract: Burdock, Dandelion Root
- Lymph: Red Root, Red Clover
- Skin: Red Clover, Burdock, and Yellow Dock
- Small Intestines: Yellow Dock
- Large Intestines (colon): Yellow Dock
- Blood: Red Clover, Nettles
- Circulation: Ginger

Many of these herbs have a long tradition of use in naturopathic medicine for many toxic conditions. Using Systemic Detox will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels. Herbs do not really cleanse the blood and tissues but instead, stimulate the organs to increase the rate in which they do this naturally. Systemic Detox will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxify helps stimulate organs that eliminate the toxemia from drug usage. It can be used in larger more frequent doses if a faster cleanse is desired, or in moderate doses for a slower cleanse.

Caution: Temporary discomfort can occur during "detoxification" protocols. The value and efficacy of "detoxification" is somewhat controversial, and may not be supported by medical evidence.

This product is contraindicated during pregnancy and nursing. This product may affect the rate of metabolic breakdown of certain medications, especially those metabolized in the liver--consult a physician if you are taking such medications.

As these herbs can increase bile from the liver for fat digestion and hydrochloric acid from the stomach for protein

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Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

58436	EVERY WOMAN NEW FORM	48	TAB	36.95	29.56	66639	ZYFLAMEND NIGHT LIQVCP	60	LVC	44.95	35.96	53377	DHA PRENATAL 500 MG	90	SGC	28.95	24.60	55874	OMEGA ULTIMATE D3	60	SGC	28.95	24.60
58437	EVERY WOMAN NEW FORM	72	TAB	51.95	41.56	66440	ZYFLAMEND PROSTATE LVC	60	LVC	48.95	39.16	59726	DHA XTRA 1000 SGC	60	SGC	31.95	27.15	59725	OMEGA ULTIMATE FISH GL	60	FSG	29.95	25.45
61503	EVERY WOMAN ONE DLY 40 +	72	TAB	69.95	55.96	67134	ZYFLAMEND WHOLE BD LVC	30	LVC	27.95	22.36	41007	EPA FORMULA LEMON	60	SGC	29.95	25.45	59820	OMEGA ULTIMATE JUNIOR	90	SGC	29.95	25.45
61502	EVERY WOMAN ONE DLY 40 +	48	TAB	49.95	39.96	66523	ZYFLAMEND WHOLE BOD LV	180	LVC	100.95	80.76	52919	EPA XTRA	60	SGC	39.95	33.95	53379	OMEGA ULTIMATE LIQUID	8 Z	LIQ	71.95	61.15
61501	EVERY WOMAN ONE DLY 40 +	72	TAB	27.95	22.36	67026	ZYFLAMEND WHOLE BODY	60	LVC	44.95	35.96	67255	NORDIC BERR MULTI CHER	120	CHW	24.95	21.20	43371	OMEGA ULTIMATE LIQUID	4 Z	LIQ	41.95	35.65
64217	EVERY WOMANS ONE DLY 40	96	TAB	89.95	71.96	66444	ZYFLAMEND WHOLE LVCP	120	LVC	72.95	58.36	51989	NORDIC BERRIES MULTI	120	CHW	23.95	20.35	61399	OMEGA ULTIMATE XTRA	60	SGC	32.95	28.00
58439	EVERY WOMANS ONE NEW	24	TAB	24.95	19.96							62152	NORDIC BERRIES MULTI	200	CHW	36.95	31.40	61400	OMEGA ULTIMATE XTRA LQ	4 Z	LIQ	44.95	38.20
58441	EVERY WOMANS ONE NEW	48	TAB	39.95	31.96							62035	NORDIC OMEGA 3 FISHIES	36	CHW	21.25	18.06	55601	OMEGA VISION DHA EYE	60	SGC	49.95	42.45
58442	EVERY WOMANS ONE NEW	72	TAB	59.95	47.96	39019	BOWEL DIGESTIVE CARE	1 Z	LIQ	16.00	14.40	57752	NORDIC OMEGA 3 FISHIES	30	CHW	34.95	29.70	41536	OMEGA WOMAN E P O	120	SGC	24.95	21.20
64216	EVERY WOMANS ONE NEW	96	TAB	76.95	61.56	59416	CANDIDIASIS YEAST PRO	1 Z	LIQ	19.00	17.10	56173	NORDIC OMEGA 3 GUMMIES	60	CHW	22.95	19.50	67256	PRENATAL DHA 500 D FSG	180	FSG	51.95	44.15
66231	GARLIC FORCE LIQUIDVCP	30	VCA	39.95	31.96	39804	COUGH & ASTHMA # 2	1 Z	LIQ	16.00	14.40	62150	OMEGA 3 6 9 COMP XTRA	60	SGC	31.95	27.15	63716	PROBIOTIC 12 BILL + PRE	60	CAP	29.95	25.45
65821	GINGER FORCE LIQUIDVCP	30	LVC	25.95	20.76	37837	DETOXIFIER	1 Z	LIQ	16.00	14.40	40949	OMEGA 3 6 9 COMPLETE	60	SGC	18.95	16.10	66854	PROBIOTIC GUMMIES KIDS	60	CHW	19.95	16.95
65674	GINGER FORCE LIQUIDVCP	60	LVC	35.95	28.76	37838	JUMP START YOUR HEALTH	KIT	KIT	39.00	35.10	51004	OMEGA 3 6 9 COMPLETE	8 Z	LIQ	29.95	25.45						
60414	GRAPE SEED FORCE 300	30	VCA	34.95	27.96	66019	PRIME OF LIFE PRO	1 Z	LIQ	19.00	17.10	50092	OMEGA 3 6 9 COMPLETE	120	SGC	33.95	28.85						
43328	GREEN & WHITE TEA FORC	60	VCA	36.95	29.56	59804	PRIME +	1 Z	LIQ	16.00	14.40	58344	OMEGA 3 6 9 COMPLETE	16 Z	LIQ	54.95	46.70	33895	CILANTRO OIL	1 Z	LIQ	39.99	31.99
65398	HERBAL DETOXIFICATION	60	SGC	36.95	29.56							54389	OMEGA 3 6 9 COMPLETE	180	SGC	47.95	40.75	67154	CLOVANOL	1 Z	LIQ	39.99	31.99
67166	HOLY BASIL FORCE LVCP	60	LVC	44.95	35.96							61649	OMEGA 3 6 9 COMPLETE D	60	SGC	19.95	16.95	67066	HEMPANOL	1 Z	LIQ	49.99	39.99
67069	HOLY BASIL FORCE LVCP	120	LVC	72.95	58.36	36477	DESIG PRO FRN VAN	12Z	PWD	20.89	16.71	61650	OMEGA 3 6 9 COMPLETE D	120	SGC	35.95	30.55	51964	INFLA EEZ	90	CAP	59.99	47.99
61922	IMMUNE TAKE CARE	14	VCA	24.95	19.96	36468	DESIG PRT WHY CHCO	2LB	PWD	49.99	39.99	61648	OMEGA 3 6 9 JUNIOR D	90	SGC	20.95	17.80	60202	OREGA SPRAY	4 Z	SPY	29.99	23.99
60627	IMMUNITY LIFESHIELD	120	VCA	69.95	55.96	35648	DESIGNER PRO FRNCH VAN	2LB	PWD	49.99	39.99	56430	OMEGA 3 6 9 JUNIOR LIQ	4 Z	LIQ	25.95	22.05	28002	OREGAMAX	90	CAP	29.99	23.99
58095	IMMUNITY LIFESHIELD	60	CAP	39.95	31.96	26837	DESIGNER PROT CHOC	12Z	PWD	20.89	16.71	54602	OMEGA 3 D3	8 Z	LIQ	26.95	22.90	28001	OREGANOL OIL 45 OZ	45	LIQ	29.99	23.99
36000	IRON FOOD COMPLEX	60	TAB	35.95	28.76							58153	OMEGA 3 D3 SGC	60	SGC	18.95	16.10	43390	OREGANOL CRM	2 Z	CRM	34.99	27.99
67020	LEMON BALM FORCE LVCP	30	LVC	32.95	26.36							40948	OMEGA 3 FORM 1000 MG	60	SGC	17.95	15.25	37098	OREGANOL OIL SUPER	1 Z	LIQ	69.99	55.99
58100	MIND FORCE LIFESHIELD	60	CAP	37.95	30.36							45318	OMEGA 3 FORM 1000 MG	120	SGC	29.95	25.45	37097	OREGANOL OREGANO JUICE	12 Z	LIQ	19.99	15.99
56646	OMEGA 7 SUPERCritical	60	LVC	62.95	50.60	45317	C L O ARCTIC LEMON	8 Z	LIQ	24.95	21.20	53375	OMEGA 3 FORM 1000 MG	180	SGC	43.45	36.93	65128	OREGANOL SUPER STRENGTH	60	SGC	39.99	31.99
44120	OMEGA 7 SUPERCritical	30	LVC	33.95	27.16	43372	C L O ARCTIC LEMON SGC	90	SGC	21.95	18.65	58427	OMEGA 3 GUMMY WORMS	30	CHW	24.95	21.20	38413	OREGANOL WILD	60	SGC	29.99	23.99
60015	ONLY ONE	72	TAB	67.95	54.36	43188	C L O ARCTIC ORANGE	16 Z	LIQ	44.95	38.20	50415	OMEGA 3 LIQ LEMON	8 Z	LIQ	25.95	22.05	41972	OREGARESP OREGACYN VCA	30	VCA	29.99	23.99
54146	OREGANO FORCE	30	SGC	36.95	29.56	40110	C L O ARCTIC ORANGE	8 Z	LIQ	24.95	21.20	53376	OMEGA 3 LIQUID LEMON	16 Z	LIQ	45.95	39.05	57398	ROYAL OIL	2 Z	OIL	34.99	27.99
63170	PERFECT ENERGY	96	TAB	79.95	63.96	42375	C L O ARCTIC PEACH	8 Z	LIQ	24.95	21.20	53114	OMEGA 3 PET	90	SGC	19.95	16.95	50487	ROYAL POWER	120	CAP	39.99	31.99
59552	PERFECT ENERGY	36	TAB	39.95	31.96	43374	C L O ARCTIC PLAIN	8 Z	LIQ	24.95	21.20	67233	OMEGA 3 PET	180	SGC	35.95	30.55	54619	SINUOREGA	1 Z	SPY	19.99	15.99
65401	PERFECT POSTNATAL	192	TAB	84.95	67.96	53374	C L O ARCTIC STRAW	16 Z	LIQ	44.95	38.20	59816	OMEGA 3 PET LG/VERY LG	16 Z	LIQ	41.95	35.65						
65400	PERFECT POSTNATAL	96	TAB	48.95	39.16	51120	C L O ARCTIC W/D LEMON	8 Z	LIQ	25.95	22.05	59815	OMEGA 3 PET MED LG DOG	8 Z	LIQ	22.95	19.50						
65399	PERFECT POSTNATAL	48	TAB	28.95	23.16	54390	COD LIVER OIL ARTIC ST	8 Z	LIQ	24.95	21.20	66139	OMEGA 3 POSTNATAL	60	SGC	34.95	29.70	38807	5 HTP 100 MG	120	VCP	35.95	28.76
58559	PERFECT PRENATAL NEW	96	TAB	48.95	39.16	55709	COD LIVER OIL LEM 1000	180	SGC	39.95	33.95	50300	OMEGA 3 W/ FISH GELAT	60	FSG	19.95	16.95	61031	5 HTP 100 MG CHW	90	CHW	27.99	22.39
58558	PERFECT PRENATAL NEW	48	TAB	28.95	23.16	54819	COD LIVER OIL PET LIQ	8 Z	LIQ	24.95	21.20	62151	OMEGA ALGAE VEG	120	SGC	49.95	42.45	53697	5 HTP 200 MG + TAUR	60	VCA	33.99	27.19
58560	PERFECT PRENATAL NEW	192	TAB	84.95	67.96	62912	D3 1000 IU GUMMIES	60	CHW	13.49	11.46	61740	OMEGA ALGAE VEG	60	SGC	27.99	23.79	36150	5 HTP 50 MG	30	CAP	7.99	6.39
66179	PROSTATE 5LX LIQUIDVCP	60	LVC	37.95	30.36	56886	D3 1000IU ORANGE	120	SGC	16.95	14.40	55707	OMEGA COMPLETE JUNIOR	180	SGC	35.95	30.55	44403	5 HTP 100 MG	90	CAP	17.99	14.39
65980	PROSTATE 5LX LVCP	120	LVC	62.95	50.36	66																	



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



digestion, thereby decrease metabolic waste from incomplete digestion. This will assist those who need digestive enzymes. As a consequence of increased innate digestive enzyme output, peristalsis will increase to help assist normal healthy bowel function. It is not so much a laxative as a regulating agent for sluggish bowels.

Dosage: Regular cleansing: 15-60 drops 2 to 3 times per day in juice or water; Fast cleanse: Take up to 3 squirts (1 squirt is 30 drops) 4 to 6 times per day in a little water; Overall, adjust the dose to the intensity of the cleansing process and pace desired.

Complementary Formulas:

- For more focus on the liver, add Phyto-Tech™ Liver Support formula.
- For additional digestive system focus, add Phyto-Tech™ Digest Stim Complex.

Throat Spray

A soothing, healing spray for sore and irritated throats.

1 fl oz, Alcohol Free Spray, Prod Code: 56957

Who might benefit from this herbal supplement?

- Those with sore and irritated throats due to sickness or over-use; those whose throats are raw and sore from lecturing, yelling, singing, excessive talking, dry air, etc; those with sore throats due to cold or flu.

Phyto-Tech™ Throat Spray contains the following: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint) Throat Spray can be used as a preventive measure, i.e. before lecturing, flying on airplanes, contact with sick people, etc, or at the first onset of a respiratory illness. For colds and flu, Throat Spray is a powerful and immediate lung white blood cell stimulant (Osha, Propolis). Phlegm is

loosened with Licorice and the lungs are opened with Osha. Thyme is specific for throat infections while Propolis coats and helps create an immune barrier. General immunity is stimulated with Echinacea and Spilanthes. Both of those herbs also increase saliva, which pH corrects the mouth and throat to prevent bacteria penetration. As long as saliva and healthy mucus cover the throat, microorganisms such as Strep and influenza will have a harder time penetrating tissue and moving into the body. Licorice, Aloe Vera and honey help to coat mucosal tissue like the throat as demulcents. Ginger increases blood supply to the respiratory tract to bring in innate immunity and help resolve an infection. Throat Spray may be helpful to athletes, asthmatic and those exposed to high altitudes as Osha will increase oxygen uptake. It is great for high altitude sports. Osha brings blood into the capillaries of the lungs, thus facilitating oxygen uptake via hemoglobin.

Turmeric Root 1:1.5

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent.

1 fl oz, Prod Code: 57016

60 Veggie Caps - Prod Code: 60137

Who might benefit from this herbal supplement?

- Those who suffer from inflammatory conditions, including joint pain, atherosclerosis, bursitis, osteoarthritis;
- Those who suffer from auto-immune disorders, ranging from rheumatoid arthritis to Crohn's disease;
- Those who suffer from ulcerative colitis, and indigestion;
- Those who suffer from liver disorders.

Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and antiinflammatory agent. It works by keeping naturally occurring levels of corti-

sone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma, arthritis--osteo and rheumatoid) to any condition where corticosteroid drug use is indicated. This includes Crohn's disease, colitis and bursitis.

Phyto-Tech™ Turmeric Root 1:1.5 contains Certified Organic Fresh Turmeric Root (Curcuma longa), 667 mg per Serving, Alcohol Pure Grain, Water Pure Deionized.

Also available as a vegetarian capsule. Each Turmeric capsule contain 450 mg of Standardized (95% Curcumanoids) Turmeric Root, along with 5 mg of Bioperine for enhanced absorption.

Urinary Kidney Complex

A blend of herbs effective against urinary tract infections--acute and chronic.

1 fl oz, Prod Code: 56990

Who might benefit from this herb?

- Those with urinary tract infections, both acute and chronic. Phyto-Tech™ Urinary Kidney Complex contains the following: Uva Ursi Leaf, Nettle Leaf, Fresh Dandelion Root, Juniper Berries, Fresh Marshmallow Root, Horsetail Herb, Fresh Ginger Root, Grain Alcohol, Deionized Water
- The Uva Ursi is germicidal in the urinary tract. Juniper and Myrrh are also strong antibacterial herbs for the urinary tract. It is important to increase the flow of urine to wash out the urinary tract. This is facilitated by the addition of Dandelion, Nettle. It helps to drink large amounts of water as well. The Marshmallow is a soothing herb to the mucosa of the urinary tract to help decrease pain and discomfort.

Dosage: General: 20-40 drops, 2-3 times per day or as needed in juice or water.

For acute infection: 60-90 drops every 3-4 hours in juice or water

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healthnotes

Selenium Supplementation Improves Cervical Cell Health

The surface of the cervix can develop abnormal cells as a result of human papillomavirus, but inflammation and oxidative stress may also play a role. The condition is called cervical intraepithelial neoplasia (CIN), or cervical dysplasia.

In this study, 56 women diagnosed with CIN, grade 1, took a placebo or 200 mcg of selenium per day. After six months, 78 percent of the women taking selenium had improved cervical cellular health, compared to 50 percent for placebo. The selenium group also saw a 23 percent increase in total antioxidant capacity compared to 5 percent for placebo; fasting blood sugar levels decreased 7.2 percent compared to a 1.4 percent increase; insulin levels decreased 34.6 percent vs. 17.3 percent; insulin resistance decreased 39.4 percent vs. 17.8 percent; and signs of oxidative stress fell 26.4 percent compared to a 1.7 percent increase for placebo.

(Reference: British Journal of Nutrition; December, 2015, Vol. 114, No. 12, 2039-45)



Introducing our Improved and Expanded...

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The Nutritional Supplement Professionals



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Uva Ursi Leaf 1:3

A powerful urinary tract antiseptic and diuretic.

1 fl oz, Prod Code: 57042

Who might benefit from this herb?

• Those with urinary tract infections.
Phyto-Tech™ Uva Ursi Leaf contains arbutin, which is thought to be responsible for the herb's powerful urinary tract antiseptic properties. It is best used short term, for acute situations, for up to 2-3 weeks. It is often combined with cranberry juice to acidify the urine. It also exhibits diuretic properties, and helps to flush the urinary tract.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water. Can increase dose to 4-5 times per day in very acute situations for a few days.

Valerian Root 1:2

Valerian has been used as a sedative and anti-anxiety treatment for more than 2,000 years. Valerian extracts were widely used in the U.S. and Europe, until replaced by prescription sedative drugs.

1 fl oz, - Prod Code: 56951

1 fl oz, Alcohol Free - Prod Code: 56978

90 Veggie Caps - Prod Code: 60138

Who might benefit from this herbal supplement?

Valerian has a long history of use as a sedative and sleep aid. Many consider Valerian to be the strongest western herbal central nervous system sedative. Valerian will quiet a busy mind. It can promote sleep for those who cannot fall asleep and helps those who wake up in the middle of the night. Repeat the doses as needed within a night to facilitate sleep. The liquid is significantly faster in action compared to a tablet or capsule, which must be digested before it can be absorbed, so liquids are preferred for fastest action. It will help calm one down when going through difficult emotional

and mental times or when in therapy and in turmoil. Taking Valerian during the day can make one feel tired, sedated or a little out of it. Thus, caution is advised. This can sometimes be controlled by altering the dosage.

Many consider valerian to be the strongest western herbal painkiller as well. It will reduce pain in the musculo-skeletal system (i.e. muscle and joint pain from injury, accidents, work outs, surgeries). Valerian may be enough to control pain after relatively mild surgeries or dental procedures. It is also a smooth muscle relaxer for pain from menstrual cramps, digestive cramps, gall bladder and kidney stones. According to herbalists, Valerian will not remove all pain like a pharmaceutical pain killer but will instead, reduce the percent of pain recognition by 10-50%.

Contrary to popular belief, Valium was not derived from Valerian. They sound alike and are used for similar conditions, but are not related. The generally acknowledged active constituent, especially for purposes of standardization, is valerenic acid, Phyto-Tech™ Valerian Root 1:2 contains Fresh Valerian Root, 500 mg/ml.

Also available in vegetarian capsule form. Each Phyto-Tech Valerian Veggie Cap contains 500 mg of certified organic Valerian Root.

White Willow Bark 1:2

White Willow is one of the herbs originally associated with aspirin. White Willow (and Meadowsweet) contains salicin, a substance that reduces pain and inflammation. A chemical derivative of salicin, acetylsalicylic acid, is aspirin. Like aspirin, White Willow has a mild "blood thinning" action, which is usually considered beneficial to the heart and circulatory system.

1 fl oz, Prod Code: 57044

Who might benefit from this herbal supplement?

• Those who need relief from pain, including headache pain, arthritic or joint pain, etc.
Phyto-Tech™ White Willow Bark 1:2 contains White Willow Bark, Alcohol, Pure Grain, Water, Pure Deionized

Women's Energy Tonic

A combination of herbs that function as adaptogens, hormone balancers and circulatory stimulants.

1 fl oz, Prod Code: 57086

Who might benefit from this herbal supplement?

• Those women that help optimizing hormone balance;
• Those women seeking an increase in energy and vitality;
• Those women who need protection against the negative effect of stress;
• Those women with mood swings, irritability, fatigue, PMS, stress, low libido and mild depression.
Phyto-Tech™ Women's Energy Tonic contains the following: Dong Quai root, Ashwagandha Root, Damiana Leaf, Gotu Kola Leaf, Fresh Ginkgo Leaf, Chaste Tree Berry, American Ginseng Root, Grain Alcohol and Pure Deionized Water. Dong Quai and Chaste Tree Berry are popular herbs used for many menstrual irregularities. These herbs help regulate menstrual cycles, treat hot flashes, PMS, mood swings, bloating and infertility. Ashwagandha and American Ginseng are adaptogenic herbs that increase vigor, energy, vitality and resistance to illness and environmental stresses. Together, these two herbs work synergistically to prevent breakdown under stress and to also rejuvenate and restore vitality. Damiana has been called the "lover's herb" due to its traditional use as an aphrodisiac. It supports both female and male sexuality by carrying oxygen and increasing circulation to the genital area. It has also been used for strengthening

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



62044	ALFALFA PURE PWD	1LB	PWD	17.99	14.39	63386	BIOTIN 10 MG XTRA STR	120	VCA	23.99	19.19	65330	CHEST RUB RELIEF	2Z	CRM	8.99	7.19	59324	CURCUMIN BIO PHYTOSOME	60	VCA	31.99	25.59
50869	ALLIBIOTIC	60	SGC	21.99	17.59	61781	BIOTIN 5000 MCG VCAP	120	VCA	17.99	14.39	55512	CHEWYZYMS BERRY	90	CHW	19.99	15.99	52111	CURCUMIN EXT	60	VCA	27.99	22.39
60841	ALMOND FLOUR	10Z	PWD	6.49	5.19	41994	BIOTIN 5000 VCAP	60	VCA	9.99	7.99	39923	CHITOSAN 500 MG CHROM	120	CAP	19.99	15.99	65741	CURCUMIN SGC 450 MG	60	SGC	27.99	22.39
61607	ALMOND OIL ORGANIC	8Z	LIQ	23.99	19.19	52905	BLACK CHERRY EXT	90	VCA	19.99	15.99	51830	CHLOROPHYLL LIQ MINT	16Z	LIQ	17.99	14.39	27301	CYSTEINE 500 MG	100	TAB	18.99	15.19
56580	ALMOND OIL SWEET	16Z	OIL	12.99	10.39	36767	BLACK CURANT OIL 500 MG	100	SGC	16.99	13.59	60247	CHOLESTEROL PRO	60	TAB	29.99	23.99	55142	D 1000 VCAP	120	VCA	9.99	7.99
55541	ALMOND OIL SWEET	4Z	OIL	4.99	3.99	40787	BONE CALCIUM	240	TAB	27.99	22.39	60562	CHOLESTEROL PRO	120	TAB	54.99	43.99	50507	D MANNOSE 500 MG	120	CAP	31.99	25.59
38476	ALOE VERA 5000 MG SGC	100	SGC	13.99	11.19	36162	BONE MEAL PWD	16Z	PWD	17.99	14.39	57690	CHOLINE/INOSITOL	100	CAP	12.99	10.39	50508	D MANNOSE PWD	3Z	PWD	31.99	25.59
56759	ALPHA GPC 300 MG	60	VCA	39.99	31.99	53954	BONE STRENGTH	240	CAP	27.99	22.39	35267	CHROM PICOL 200 MCG	100	CAP	6.99	5.59	55594	D RIBOSE 1500 MG CHW	90	CHW	35.99	28.79
58842	AMINO 9 ESSENTIALS PWD	11.	PWD	43.99	35.19	41984	BONE STRENGTH SLIM	120	CAP	14.99	11.99	36167	CHROM PICOL 200 MCG	250	CAP	14.99	11.99	53019	D RIBOSE 750 MG CAP	60	CAP	18.99	15.19
29660	AMINO COMPLETE	360	CAP	35.99	28.79	28647	BORAGE OIL 240 MG	120	SGC	31.99	25.59	50045	CINNAMON BARK 600 MG	120	CAP	12.99	10.39	57122	D RIBOSE POWDER	8Z	PWD	39.99	31.99
41470	ANISE OIL	1Z	LIQ	7.49	5.99	52659	BORON 3 MG	250	CAP	15.99	12.79	33024	CINNAMON OIL (CASSIA)	1Z	LIQ	8.99	7.19	54698	D RIBOSE POWDER	4Z	PWD	25.99	20.79
43388	ANTIOXIDANT SUPER VCAP	120	VCA	37.99	30.39	56217	BOSWELLIA EXT 250 MG	120	CAP	26.99	21.59	33023	CITRIC ACID	4Z	PWD	4.99	3.99	55325	D3 & K2 1000/45	120	VCA	12.99	10.39
54036	APPLE CIDER VINGAR 450	180	CAP	13.99	11.19	65531	BOSWELLIA W/ MCT OIL	90	SGC	24.99	19.99	41399	CITRONELLA OIL	1Z	LIQ	5.99	4.79	43559	D3 1000 IU	180	SGC	8.99	7.19
37491	APRICOT KERNEL OIL	16Z	LIQ	11.99	9.59	37293	BRAIN ELEVATE	120	VCAP	39.99	31.99	52962	CITRULLINE 750 MG	90	CAP	27.99	22.39	63846	D3 10000 IU SGC	120	SGC	16.99	13.59
59590	APRICOT OIL	4Z	LIQ	4.99	3.99	39926	BRAIN ELEVATE	60	VCA	21.99	17.59	65420	CITRULLINE 750 MG	180	CAP	49.99	39.99	56755	D3 2000 IU	240	SGC	16.99	13.59
61610	ARGAN OIL ORGANIC	2Z	LIQ	16.99	13.59	56197	BRANCHED CHAIN AMINO	120	CAP	25.99	20.79	60212	CITRULLINE PURE PWD	4Z	PWD	34.99	27.99	53496	D3 2000 SGC	120	SGC	8.99	7.19
45264	ARGININE 1000 MG	120	TAB	27.99	22.39	62662	BROMELAIN 500 MG 2400	120	VCA	29.99	23.99	30422	CITRUS BIOFL 700 C RUT	100	CAP	14.99	11.99	54624	D3 400	180	SGC	6.99	5.59
53604	ARGININE 500 MG	250	CAP	23.99	19.19	39054	BROMELAIN 500 MG VCAP	60	VCAP	15.99	12.79	37077	CLA 800 MG	90	SGC	19.99	15.96	58884	D3 5000 IU CHW MINT	120	CHW	14.99	11.99
41091	ARGININE 500 MG	100	CAP	11.99	9.59	53494	BUG BAN SPRAY	4Z	SPY	7.49	5.99	50773	CLA EXTREME	90	SGC	31.99	25.59	55883	D3 5000 SGC	120	SGC	12.99	10.39
57139	ARGININE ORNITHINE	100	CAP	17.99	14.39	51495	BUTTERBUR 75 MG	60	VCA	25.99	20.79	41474	CLARY SAGE OIL	1Z	LIQ	18.99	15.19	61033	D3 BODY CREAM	4Z	CRM	9.99	7.99
39344	ARGININE PWD	1LB	PWD	39.99	31.96	51425	C 1000 CMP BUFF SR	90	TAB	15.99	12.79	59899	CLEANS GEL C MANUK HON	8Z	GEL	9.99	7.99	56538	D3 LIQUID	2Z	LIQ	9.99	7.99
54381	ARNICA COOLING RELIEF	2Z	GEL	9.99	7.99	53286	C 1000 SR ROSE HIPS	100	TAB	11.99	9.59	63816	CLEAR THE AIR OIL BLIND	1Z	LIQ	12.99	10.39	41980	DAILY VITS MULTI TAB	100	TAB	14.99	11.99
56214	ARTICHOKE EXT 450 MG	90	VCA	16.99	13.59	39532	C 1000 SR ROSE HIPS	250	TAB	25.99	20.79	37477	CLOVE OIL	1Z	LIQ	6.99	5.59	51488	DAIRY DIGEST COMPLETE	90	VCA	19.99	15.99
44239	ASCORBYL PALMITATE 500	100	VCA	17.99	14.39	30176	C 1000 W/BIO FLAV	500	CAP	53.99	43.19	36194	COCOA BUTTER	7Z	LIQ	8.99	7.19	63772	DARK SPOT SERUM	1Z	LIQ	15.99	12.79
56216	ASHWAGANDA EXT 450 MG	90	VCA	16.99	13.59	36649	C 1000 W/BIOFLAV 100	250	CAP	27.99	22.39	52290	COCOA BUTTER LOTION	8Z	LOT	8.99	7.19	50041	D-FLAME	90	VCA	25.99	20.79
61720	ASTAXANTHIN 10 MG	60	SGC	39.99	31.99	51276	C 500 COMPLEX	100	TAB	9.99	7.99	27256	COCOA BUTTER W/JOJOBA	6.5	CRM	9.99	7.99	39947	DGL 400 MG	100	LOZ	14.99	11.99
60039	ASTAXANTHIN 4 MG	90	SGC	29.99	23.99	54553	C CRYSTALS ASC AC PWD	8Z	PWD	14.99	11.99	51216	COCOA PWD ORGANIC	14Z	PWD	9.99	7.99	56757	DHA 100 KIDS CHW	60	CHW	15.99	12.79
59246	ASTAXANTHIN 4 MG VEG	60	VSG	19.99	15.99	36646	C CRYSTALS ASCORBIC AC	1LB	PWD	27.99	22.39	36195	COCONUT OIL	7Z	LIQ	7.49	5.99	43312	DHA 250	120	SGC	19.99	15.99
56215	ASTRAGALUS EXT 500 MG	90	VCA	16.99	13.59	39485	CAL CITRATE 300 MG	250	TAB	25.99	20.79	57968	COCONUT OIL 1000 MG	120	SGC	15.99	12.79	56539	DHA 500 MG SGC	90	SGC	26.99	21.59
42638	AVOCADO OIL	4Z	LIQ	6.99	5.59	36652	CAL CITRATE PURE PWD	8Z	PWD	11.99	9.59	66642	COCONUT OIL LIQ PURE	16Z	OIL	16.99	13.59	58004	DIGEST ULTIMATE PLATIN	60	VCA	25.99	20.79
61609	AVOCADO OIL	16Z	LIQ	15.99	12.79	35620	CAL MAG 1000 500	100	TAB	9.99	7.99	38670	COLOSTRUM 500 MG	120	CAP	23.99	19.19	58272	DIGEST ULTIMATE PLATIN	120	VCA	45.99	36.79
43416	B 100 CAPS	250	CAP	43.99	35.19	38109	CAL MAG CITRATE POWDER	8Z	PWD	12.99	10.39	38258	COQ10 100 MG HAWTHORN	90	VCA	35.99	28.79	44957	DMAE 250 MG	100	VCA	13.99	11.19
36645	B 50 CAP	250	CAP	27.99	22.39	54432	CAL MAG DK	180	CAP	23.99	19.19	38253	COQ10 100 MG W/E 30	50	GEL	21.99	17.59	43574	DMG 125 MG	100	CAP	14.99	11.99
36644	B 50 CAP	100	CAP	12.99	10.39	42510	CAL MAG W/D SGC	240	SGC	25.99	20.79	38458	COQ10 100 MG W/E 30	150	SGC	55.99	44.79	56760	DOPA MUCUNA 400 MG	90	VCA	19.99	15.99
53018	B12 1000 MCG CHW W/F A	100	LOZ	7.99	6.39	53284	CAL MAG W/D SFTGEL	120	SGC	13.99	11.19	35759	COQ10 100 MG W/HAWTH	180	VCAP	61.99	49.59	44101	E 200 ALPHA	100	SGC	11.99	9.59
53013	B12 1000 MCG LIQ FRUIT	2Z	LIQ	9.99	7.99	43013	CALCIUM CARBONATE PWD	12Z	PWD	9.99	7.99	42730	COQ10 150 MG W/LECIT	100	VCA	47.99	38.39	39534	E 400 D ALPHA	100	SGC	17.99	14.39
53247	B12 1000 MCG METHYL	100	LOZ	11.99	9.59	41389	CALCIUM CITRATE NOW/10	100	TAB	11.99	9.59	59021	COQ10 200 MG VCAP	60	VCA	39.99	31.99	53045	E 400 D ALPHA SGC	250	SGC	39.99	31.99
41993	B12 5000 METHYLCOBAL	60	LOZ	25.99	20.79	41983	CALCIUM CITRATE 150	120	VCA	13.99	11.19	27302	COQ10 30 MG	120	CAP	18.99	15.19	36650	E 400				

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S-LOXIN Advanced® is a registered trademark of P.L. Thomas-Laila Nutra, LLC. U.S. Patent #8,551,496 and patents pending.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and stimulating the nervous system and boosting mental and physical endurance.

Gotu Kola has been traditionally used as an energizing, cognitive stimulating herb for use in fatigue, cognitive insufficiency and mood disorders.

Phyto-Tech™ Women's Energy Tonic can be used for occasional hormonal disturbances, but is best used as a tonic over an extended period of time (at least 3 months).

Dosage: 40-60 drops in juice or water, 2-3 times per day or as needed

Wormwood

Traditionally used by herbalists as a bitter, to improve digestion, to fight worm or parasite infestations, and as a treatment for liver and gallbladder problems.

1 fl oz, Prod Code: 57056

Yin Chiao Plus

A traditional Chinese Liquid Herbal Formula, traditionally used at the first sign of the common cold or flu. Can also be helpful as a preventive measure after suspected exposure to cold or flu.

1 fl oz, Prod Code: 56993

Phyto-Tech™ Yin Chiao Plus contains the following herbs:
Botanical Names: Isatis indigota Root, Ilex asprella Root, Chrysanthemum morifolium Flower, Forsythia suspensa Fruit, Lonicera japonica Flower, Lophatherum gracile Herb, Pueraria lobata Root, Schizonepeta tenuifolia Herb, Grain Alcohol, Deionized Water
Pinyin Names: Ban Lan Gen, Gang Mei Gen, Ju Hua, Lian Qiao, Jin Yin Hua, Dan Zhu Ye, Ge Gen, Jing Jie
For those with knowledge of Traditional Chinese Medicine, this formula Disperses Wind Heat, Clears heat, and resolves

toxins. Combines Yin Qiao San (Wu Jutang, 1798.) and Gan Mao Ling.

This formula is a traditional Yin Chiao blend, but here it mixes in the herbs from the Gan Mao Ling fame.

This is an extremely effective medicine if taken as soon as symptoms appear. Efficacy will lessen by the third day. Four of the herbs are very powerful antivirals: Isatis, Ilex, Lonicera and Forsythia. Other herbs are symptomatic for aching neck, headache, and nasal congestion.

Begin taking a half hour before entering airports, airplanes, terminals, or crowded public facilities.

Yin Chiao Plus is not appropriate once the illness enters the lungs and cough is present.

Adding Echinacea at 1 teaspoon of the liquid extract three times in the day will also help.

Yohimbe Bark 1:3

Yohimbe Bark is a well known treatment form male impotence and is traditionally used as an aphrodisiac.

1 fl oz, Prod Code: 57009

Who might benefit from this herbal supplement?

• Those men suffering from impotence and inability to perform.

Yohimbe is for impotence in men. It increases blood flow into the penis and can help sustain an erection. It can help men who cannot get an erection and for those who cannot maintain an erection. Constant use of Yohimbe, however, can create irritability and aggravate the prostate. Try to not use it more than a few days in a row. It is possible to have success if used the day results are desired. If the impotence is not a vascular problem, Yohimbe will not work. If stress is a related issue, add Kava Kava Root.

Phyto-Tech™ Yohimbe Bark 1:3 is a tincture of Yohimbe Bark (Pausinystalia yohimbe), in pure grain alcohol and deionized water. It provided 333 mg/ml (30 drops).

More potent preparations, typically containing higher, standardized levels of the alkaloid yohimbine, are available, but these products are best used only under the supervision of a physician. High doses of the yohimbine alkaloid can cause potentially dangerous side effects.

Yohimbe bark (not yohimbine alkaloid) has a long history of use for many conditions.

The following dosage for Phyto-Tech™ Yohimbe Bark 1:3 is recommended: For chronic impotence, take 15-30 drops 2-3 times daily, or as needed, in juice or water. For more immediate results, take 20-40 drops, once or twice, only, within a day's time.

Cautions: Use caution if you have high blood pressure; do not use if you have chronic inflammation of reproductive organs or prostate; do not use long term; may potentiate pharmaceutical MAO-inhibitors;

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit **Don's Blog**
www.dongoldberg.com

... continued on page 96

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

healthnotes

Positive Lab Results for the Anti Aging Supplement Nicotinamide Riboside

Nicotinamide Riboside is a form of vitamin B3. In the lab, pre-diabetic and diabetic mice ate a diet with or without nicotinamide riboside for the last eight weeks of a 21-week study. In both pre-diabetic and diabetic groups who ate a high-fat diet, nicotinamide riboside protected against weight gain and fatty liver, improved blood sugar levels, and protected against nerve damage.

Reference: Nature Scientific Reports; 2016, Article 26933



Additional Comments from Sam Forbes, CN

Anti aging products new to the market always create a buzz and if nicotinamide riboside turns out to be as beneficial as research shows, then the attention is justified.

Nicotinamide Riboside, a naturally occurring form of vitamin B3 present in trace amounts in foods such as cow's milk, has been shown to be a precursor in the biosynthesis of nicotinamide adenine dinucleotide or NAD+. NAD+ is a coenzyme found in all living cells and is involved in reactions in the mitochondria where energy from glucose is used to make ATP. This isn't the first time there's interest in NAD+. In 1993, Dr. Georg Birkmire was treating patients with Parkinson's disease using NAD+, having developed the first stable oral form of NADH (the reduced form of NAD+). Dr Birkmire found that by using NAD+, he was able to stimulate dopamine production in his patients and the motor symptoms of the disease were improved. Other conditions where NAD+ has been studied are chronic fatigue syndrome and Alzheimer's disease.

There is growing evidence that greater rates of NAD+ synthesis may be beneficial to protect against neurological degeneration. Current data suggest that nicotinamide riboside may be the only vitamin precursor that supports neuronal NAD+ synthesis. NAD+ is also required for the function of

sirtuins, a special class of proteins involved in cellular regulation, healthy aging, and longevity. Research shows that low NAD+ levels limit the activity of sirtuins. As organisms age, NAD+ levels are reported to drop, which leads to a decrease in mitochondrial health; this in turn may lead to age-related health issues. By boosting NAD+, Nicotinamide Riboside can increase mitochondrial health and induce creation of new mitochondria. The search for sirtuin activators has been a major goal of academic, biotechnology and pharmaceutical research for the last decade.

Studies show that nicotinamide riboside can elevate NAD+ in the blood by as much as 2.7-fold. Average maximal increases in blood NAD+ were approximately 30% at the 100 mg dose and approximately 50% at the higher doses. Increases in blood NAD+ tended to be sustained for longer times at higher doses.

Maintenance of sufficient levels of NAD+ is essential to cellular energy metabolism and mitochondrial function. If NAD+ levels go down or are redirected (as in cancer cells), mitochondrial function erodes, creating numerous adverse effects.

Nicotinamide Riboside supports NAD+ synthesis and is used as an anti aging supplement with the main focus on brain health and longevity. Think of it as a supplement for prevention and maintenance

of optimal health.

NADH, on the other hand, is the supplemental form of the NAD+ and is used for energy and fatigue.

In addition, studies have shown positive results with NADH for brain diseases such as Alzheimer's and Parkinson's disease. There is obviously some cross over between the two products, but you get the idea.

Willner Chemists carries Nicotinamide Riboside from the following companies:

Nicotinamide Riboside 100 MG by Jarrow Formulas

60 Tablets, Product Code: 66622

NAD PLUS 100 MG by Life Extension

30 Capsules, Product Code: 65001

NIACEL 250 MG by Thorne Research

60 VCapsules, Product Code: 66865

NADH is also available at Willner Chemists. Here are some choices:

NADH 20 MG SUBLINGUAL PEPPERMINT by Source Naturals

20 Tablets, Product Code: 55804

NADH 10 MG SUBLINGUAL PEPPERMINT by Source Naturals

20 Tablets, Product Code: 53990

NADH 5 MG by KAL

60 Tablets, Product Code: 53246

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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

39780	ELDERBERRY ZINC LOZ	90	LOZ	15.99	12.79	59923	LAVENDER & TEA TREE	1	LIQ	9.99	7.99	53490	OMEGA 3 ULTRA 750 MG	90	SGC	23.99	19.19	26308	STEVIA EXTRACT PWD	1	Z	PWD	8.99	7.19			
39922	ENERGY	90	CAP	19.99	15.99	64452	LAVENDER OIL	2	Z	LIQ	19.99	15.99	41985	OPTI-ZINC 30 MG W/CU	100	TAB	9.99	7.99	37322	STEVIA GLYCERITE	2	Z	LIQ	8.95	7.16		
36176	EUCALYPTUS OIL	1	Z	LIQ	5.49	4.39	36179	LAVENDER OIL	4	Z	LIQ	34.99	27.99	51923	OPTIMAL DIGESTIVE SYST	90	VCA	19.99	15.99	55513	STEVIA LIQ DARK CHOC	2	Z	LIQ	10.99	8.79	
59250	EUCALYPTUS OIL	2	Z	LIQ	8.99	7.19	36178	LAVENDER OIL	1	Z	LIQ	11.99	9.59	58844	ORALBIOTIC BLIS K12 LZ	60	LOZ	23.99	19.19	36145	STEVIA LIQ EXTRACT	2	Z	LIQ	8.99	7.19	
36177	EUCALYPTUS OIL	4	Z	LIQ	12.99	10.39	41055	LAVENDER OIL ORGAN.	1	Z	LIQ	22.99	18.39	41062	ORANGE OIL	1	Z	LIQ	4.99	3.99	66679	STEVIA LIQ GLYCERITE	4	Z	LIQ	25.99	20.79
41054	EUCALYPTUS OIL ORG.	1	Z	LIQ	8.99	7.19	36198	LAVILIN FOOT DEO 125 G	125	CRM	18.99	15.19	41451	ORANGE OIL ORGANIC	1	Z	LIQ	6.99	5.59	66680	STEVIA LIQ ORIGINAL	4	Z	LIQ	25.99	20.79	
36579	EVE WOMAN'S MULTIPLE	180	TAB	49.99	39.99	36684	LAVILIN UNDERARM DEOD	EA	CRM	17.99	14.39	36192	ORANGEANO OIL	90	SGC	17.99	14.39	66678	STEVIA LIQUID ORG	4	Z	LIQ	27.99	22.39			
60559	EVE WOMEN'S MULTI SGC	90	SGC	26.99	21.59	58459	LECITHIN 1200 MG SUNFL	100	SGC	9.99	7.99	30545	OREGANO OIL 100% PURE	1	Z	LIQ	16.99	13.59	66683	STEVIA POWDER ORGANIC	4	Z	PWD	29.99	23.99		
59591	EVENING PRIMROSE OIL	4	Z	OIL	16.99	13.59	41374	LECITHIN GRAN NON 6E	11B	PWD	15.99	12.79	41064	OREGANO OIL XTRA STRN	1	Z	LIQ	11.99	9.59	65220	SUNFLOWER LECITHIN PWD	11B	PWD	19.99	15.99		
59030	EYE CRM CORRECT 2 IN 1	1	Z	CRM	17.99	14.39	52293	LECITHIN GRAN NON GMO	21B	PWD	29.99	23.99	30036	ORNITHINE 500	120	CAP	25.99	20.79	53279	SUPER CORTISOL SUPPORT	90	VCA	29.99	23.99			
56762	FIBER 3 POWDER	16Z	PWD	15.99	12.79	55595	LEMON EUCALYPTUS OIL	1	Z	LIQ	6.99	5.59	56884	PANCREATIN 500 MG 4X	250	CAP	29.99	23.99	36665	SUPER ENZYMES	90	TAB	18.99	15.19			
41990	FLAX OIL 1000 LIGNAN	120	SGC	12.99	10.39	41478	LEMON OIL	1	Z	LIQ	5.99	4.79	41939	PANTETHINE 300 MG SGC	60	SGC	26.99	21.59	35158	SUPER ENZYMES 750	180	TAB	33.99	27.19			
54871	FLAX OIL 1000 ORGANIC	250	SGC	23.99	19.19	41450	LEMON OIL ORGANIC	1	Z	LIQ	12.99	10.39	55510	PANTETHINE 600 MG SGC	60	SGC	45.99	36.79	42735	SUPER ENZYMES CAP	180	CAP	36.99	29.59			
54870	FLAX OIL 1000 ORGANIC	100	SGC	10.99	8.79	53092	LEMONGRASS OIL	1	Z	OIL	5.99	4.79	41063	PATCHOULI OIL	1	Z	LIQ	15.99	12.79	61062	T LEAN EXTREME	60	VCA	29.99	23.99		
43960	FOLIC ACID 800 MCG/B12	250	TAB	7.49	5.99	65331	LEMONGRASS OIL	4	Z	LIQ	16.99	13.19	65332	PEA PROTEIN ORG UNFLAV	1.5	PWD	26.99	21.59	41486	TANGERINE OIL	1	Z	LIQ	5.99	4.79		
41392	FRANKINCENSE OIL	1	Z	LIQ	9.99	7.99	66089	LET THERE BE PEACE &	KIT	KIT	22.99	18.39	55885	PEA PROTEIN UNFLAVOR N	21B	PWD	27.99	22.39	56198	TAURINE 1000 MG 2X CAP	100	CAP	12.99	10.39			
65104	FRUIT AND GREENS ORG	120	TAB	24.99	19.99	41390	LIME OIL	1	Z	LIQ	6.99	5.59	63818	PEACE & HARMONY	1	Z	LIQ	12.99	10.39	30180	TAURINE 500 MG	100	CAP	7.99	6.39		
53275	FULL SPECTRUM MIN CAP	90	CAP	15.99	12.79	58244	LIP BALM PEPPERMINT	EA	STK	1.99	1.59	63820	PEACEFUL SLEEP BLEND	1	Z	LIQ	12.99	10.39	57427	TAURINE PWD	8	Z	PWD	13.99	11.99		
59454	GABA 250 MG CHW	120	CHW	19.99	15.99	58245	LIP BALM POMEGRANATE	EA	STK	1.99	1.59	38108	PEPPERMINT GELS	90	SGC	14.99	11.99	41057	TEA TREE OIL ORG.	1	Z	LIQ	12.99	10.39			
40480	GABA 500 MG	100	CAP	12.99	10.39	58246	LIP BALM VANILLA	EA	STK	1.99	1.59	56196	PEPPERMINT OIL	4	Z	LIQ	21.99	17.59	51490	TESTOJACK 100 MG	60	VCA	26.99	21.59			
55148	GABA 750 MG	100	VCA	17.99	14.39	42636	LIPOIC ACID 100 MG	120	VCA	19.99	15.99	41515	PEPPERMINT OIL	1	Z	LIQ	7.99	6.39	59148	TESTOJACK 200 MG	60	VCA	32.99	26.39			
64716	GARLIC ODORLESS ORIG	100	SGC	9.99	7.99	43551	LIPOIC ACID 250 MG	120	VCA	33.99	27.19	65358	PEPPERMINT OIL	2	Z	LIQ	12.99	10.39	62167	TESTOJACK 200 MG	120	VCA	55.99	44.79			
51875	GARLIC OIL 1500 MG	250	SGC	12.99	10.39	32821	LIPOIC ACID 250 MG	60	VCA	17.99	14.39	41056	PEPPERMINT OIL ORG	1	Z	LIQ	16.99	13.59	65103	TESTOJACK 300 MG	60	VCA	39.99	31.99			
53017	GARLIC SUPER ODORLESS	90	CAP	14.99	11.99	55312	LIPOIC ACID 600 MG	120	VCA	49.99	39.99	66281	PHASE 2 500 MG	120	VCA	29.99	23.99	53016	THEANINE 200 MG	60	VCA	25.99	20.79				
31250	GELATIN BEEF PWD	11B	PWD	13.99	11.19	66698	LIVER DETOXIF & REGEN	180	CAP	43.99	35.91	39347	PHENYLALANINE 500 MG	120	CAP	18.99	15.19	65125	THEANINE 200 MG	120	VCA	45.99	36.79				
34520	GELATIN CAP "O"	250	CAP	4.49	4.49	50044	LIVER DETOXIF & REGEN	90	CAP	23.99	19.19	63357	PHOS SERIN 150 SOY FR	60	TAB	47.99	38.39	41068	THYME WHITE OIL	1	Z	LIQ	14.99	11.99			
35760	GELATIN CAPS #3	000	CAP	14.99	11.99	36657	LIVER PWD ARGENTINE	12Z	PWD	19.99	15.99	37084	PHOS SERINE 100	120	VCAP	59.99	47.99	53008	THYROID ENERGY	90	VCA	19.99	15.99				
24072	GELATIN CAPS 'O'	000	CAP	12.99	10.39	66681	LOVE AT FIRST SCENT KT	KIT	KIT	22.99	18.39	36656	PHOS SERINE 100 MG	60	VCAP	34.95	27.96	59435	THYROID ENERGY	180	VCA	35.99	28.79				
34422	GELATIN CAPS '00'	750	CAP	16.99	13.59	36187	LUTEIN 10 MG ESTERS	60	SGC	14.95	11.96	60431	PHOS SERINE 100 MG	30	VCA	19.99	15.99	53564	TPST XYLWHITE BAK SOD	6.4	GEL	5.49	4.39				
59897	GENTLE SCRUB C & DRYZA	4	Z	CRM	8.99	7.19	57558	LUTEIN 20 MG ESTERS	90	VCA	29.99	23.99	41480	PINE OIL	1	Z	LIQ	9.99	7.99	52291	TPST XYLWHITE CINN FF	6.4	TUB	5.49	4.39		
41475	GERANIUM OIL	1	Z	LIQ	19.99	15.99	36188	LYCOPENE 10 MG	60	SGC	21.99	17.59	34436	PLANT ENZYMES	120	VCAP	15.99	12.79	61788	TPST XYLWHITE KID STR	3	Z	GEL	3.99	3.19		
41476	GINGER OIL	1	Z	LIQ	10.99	8.79	56211	LYCOPENE 20 MG SGC	50	SGC	29.99	23.99	56159	POLICOSANOL 10 MG VCAP	90	VCA	15.99	12.79	45325	TPST XYLWHITE MINT FF	6.4	TUB	5.49	4.39			
52884	GINKGO BILDBA 120 MG	200	VCA	36.99	29.59	45254	LYSINE 500 MG	250	CAP	18.99	15.19	52299	POLICOSANOL 20 MG 2X	90	VCA	27.99	22.39	66643	TPST XYLWHITE REFRMNT	1	Z	TUB	1.99	1.59			
36768	GINKGO BILDBA 60 MG	120	CAP	16.99	13.59	36153	LYSINE 500 MG CAP	100	CAP	8.99	7.19	36655	POT CHLORIDE PWD	8	Z	PWD	7.99	6.39	56208	TRIBULUS 1000 MG	90	TAB	21.99	17.59			
66766	GLUCOMANNAN PURE PWD NO	8	Z	PWD	19.99	15.99	39345	LYSINE PWD	11B	PWD	21.99	17.59	45251	POT GLUCONATE 99 MG	100	VTAB	7.99	6.39	65134	TRIBULUS EXTREME	90	VCA	27.99	22.39			
36667	GLUCOS CHOND 2X	120	TAB	45.99	36.79	56222	MACA 500 MG	250	CAP	26.99	21.59	53822	POT GLUCONATE PWD	11B	PWD	18.99	15.19	57123	TRU FOOD VEGAN BERRY	2.2	PWD	44.99	35.99				
37659	GLUCOS CHOND 2X	240	TAB	77.99	62.39	57500	MACA 500 MG	100	VCA	12.99	10.39	56202	POTASSIUM CITRATE 99	180	CAP	9.99	7.99	44184	TRUE BALANCE	120	CAP	25.99	20.79				
38918	GLUCOS CHOND MSM	180	CAP	43.99	35.19	57501	MACA 750 MG EXT VCAP	90	VCA	24.99	19.99	52534	POTASSIUM PLUS IODINE	180	TAB	11.99	9.59	42740	TRUE CALM	90	CAP	15.99	12.79				
39925	GLUCOS CHOND MSM	90	CAP	23.99	19.19	57377	MACA POWDER 6:1	7	Z	PWD	29.99	23.99	65105	POQ ENERGY 20 MG	30	VCA	39.99	31.99	63628	TRYPTOPHAN 500 MG	120	VCA	39.99	31.99			
40954	GLUCOS CHOND MSM LIQ	16Z	LIQ	21.99	17.59	65102	MAG BISGLYCIN PWD 250	8	Z	PWD	19.99	15.99	57834	PROBIOTIC 10 25 BILL	50	VCA	29.99	23.99	54385	TRYPTOPHAN 500MG	60	VCA	21.99	17.59			
29781	GLUCOS CHOND SULF	120	CAP	31.95	25.56	44804	MAG CITRATE 166 MG VCP	120	VCA	16.99	13.59	57808	PROBIOTIC 10 50 BILL	50	VCA	49.99	39.99	34998	TTO 100 %	4	Z	LIQ	26.99	21.59			
38854	GLUCOS CHOND SULF 2X	60	TAB	24.99	19.99	34413	MAG CITRATE 200 MG	250	TAB	27.99	22.39	58846	PROSTATE HEALTH CLN ST	90	SGC	34.99	27.99	41402	TTO PURE 100%	1	Z	LIQ	8.99	7.19			
42832	GLUCOS MSM 500/500 VEG	120	VCA	21.99	17.59	37492	MAG CITRATE 200 MG	100	TAB	13.99	11.19	58847	PROSTATE HEALTH CLN ST	180	SGC	65.99	52.79	56199	TYROSINE 500 MG CAP	120	CAP	15.99	12.79				
51424	GLUCOS MSM 500/500 VEG	240	VCA	39.99	31.99	42627	MAG CITRATE PWD	8	Z	PWD	12.99	10.39	39657	PROSTATE SUPPORT	180	SGC	45.99	36.79	55882	UBIQUINOL 100 MG COQ10	60	SGC	49.99	39.99			
38132	GLUCOS MSM 550/250	180	CAP	33.99	27.19	53208	MAG POT ASPARTATE + TA	120	CAP	19.99	15.99	36672	PROSTATE SUPPORT	90	GEL	25.99	20.79	58845	UBIQUINOL 200 MG	60	SGC	89.99	71.99				
38105	GLUCOS MSM ARNICA LOT	8	Z	GEL	16.99	13.59	41377	MAGNESIUM OXIDE PWD	8	Z	PWD	9.99	7.99	57805	PSYLLIUM HUSKS ORGANIC	12Z	PWD	13.99	11.19	54712	UBIQUINOL COQH 50 MG	60	SGC	31.99	25.60		
30192	GLUCOS SULF 750 MG	120	CAP	19.99	15.99	52765	MAGNOLIA SYRUP GRADE B	16Z	SRP	12.99	10.39	57804	PSYLLIUM WHOLE HSK ORG	12Z	PWD	13.99	11.19	57277									

It's your skin!

XYNDET®


Xyndet® Skin Care Line aids in the care of

- **Acne**
- **Atopic Eczema**
- **Psoriasis**
- **Dandruff**
- **Itching**

& takes care of dry, scaly and sensitive skin.



XYNDET® SKIN CARE LINE

	XYNDET® Sensitive Skin Formula Cleansing Bar	XYNDET® Hair & Body Wash	XYNDET® Balm
Acne	very good	good	good
Atopic eczema	very good	very good	very good
Psoriasis		very good	very good
Sensitive Skin	very good	very good	very good
Dandruff	good	very good	good
Itching	good	good	very good
Red Scalp		very good	very good

What are the differences between XYNDET® and regular soaps?

Soaps are based on fatty acids, mostly animal fat. XYNDET® does not contain fatty acids or other animal products. Our washing products contain fatty alcohols. Fatty alcohols foam up nicely at any water harshness. XYNDET® Sensitive Skin Formula Cleansing Bar removes surface residues of make up and helps open up pores for deeper cleaning.

What are the special features of XYNDET® Balm?

XYNDET® Balm is a very fine structured oil in a water emulsion. It transfers moisture as well as oils into skin. It goes through hard and scaly skin. In extreme cases of hard and scaly skin we recommend to apply a thick layer of XYNDET® Balm and wrapping it with a plastic foil for a maximum of 2 hours. The balm will not leave any greasy residues, provided the skin was not treated prior with any other product.

Why is XYNDET® Balm recommended for itching?

XYNDET® Balm should be kept in a cool place in order to apply a cooling effect to the itchy skin. XYNDET® Balm transports moisture and oils into the skin. XYNDET® contains Dead Sea salt and Dead Sea silt, which have a balancing effect on the skin.

What about XYNDET® Hair & Body Wash?

XYNDET® Hair & Body Wash, a Sensitive Skin Formula Cleansing Liquid is composed of products containing Dead Sea minerals. Like the other XYNDET® products it is completely free of fragrances and coloring agents.

XYNDET® Sensitive Skin Formula Cleansing bar and XYNDET® Hair & Body Wash have a skin neutral ph value of 5.7.



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



ZINCIMMUNE PLUS

Zinc ~ Elderberry ~ Umckaloabo ~ Echinacea
Alcohol Free

A blend of immune-enhancing herbal supplements and zinc, specifically chosen for their effectiveness against cold and flu infections.

4 Fluid Ounces, Product Code: 66271

Who would benefit from this supplement?

• Anyone needing a quick boost to their immune system, especially at the first sign of a cold or flu. Even though cold and flu are different, and caused by a different virus, most people do not know for sure which they have at the early stages. For this reason, the nutrients and herbs in this formulation have been chosen to cover both. Elderberry, for example, is thought to be more effective for the flu and Umckaloabo, or Pellargonium, is known for its effect against colds. Zinc is essential to proper immune system function and Echinacea is well known for its traditional value.

Ingredients: Phyto-Tech™ ZincImmune Plus is a pleasant tasting liquid that contains the following, per teaspoon (5 ml): Zinc, 15 mg (as Zinc Glycinate); Elderberry Fruit, Organic, 350 mg; Umckaloabo Root (Pellargonium), 100 mg; Echinacea angustifolia Root, Organic, 50 mg; Stevia Leaf Extract, 0.5 mg. Other ingredients: Vegetable Glycerine, Deionized Water, Organic Elderberry and Blackberry Juice Concentrates, Citric Acid.

Indications: Both colds and flu (influenza) are viral diseases. Colds are more of a respiratory infection while the flu is more of a systemic condition, characterized predominately by fever, malaise and muscle aches. Conventional medicine does not really offer an effective cure or preventive treatment for colds and flu. There is a vaccine, but it's effectiveness has been limited. These viruses are around us most of

the time, and we are most susceptible in the winter. Interestingly enough, not everyone succumbs. Why is that. Speculation centers on the strength of an individual's immune system. Some of us seem better able to withstand the virus than others. One logical approach to prevention, therefore, relies on strengthening our immune system, both to avoid catching the cold or flu, and to shorten the duration and reduce the severity if we do catch it. This is where immune-enhancing herbs, vitamins and minerals come into play. ZincImmune Plus is one supplement designed to satisfy that need.

Description: The synergistic blend of immune-enhancing herbs and minerals in ZincImmune targets those immune functions related to colds and flu, as follows:

Details and References:

Zinc: Zinc has numerous important, essential roles in the body. One of those is to support immune function. It has been shown to exert antiviral activity against certain virus (e.g. rhinovirus and herpes simplex virus.) Studies have shown that "a substantial proportion of the population is failing to meet the recommended daily allowance for zinc." "Zinc plays a role in host defenses against infections. Suboptimal zinc status appears to be common among people consuming a typical Western diet, and may increase susceptibility to infections. In a double-blind trial, supplementation with 45 mg/day of zinc for 12 months decreased the incidence of infections in healthy middle-aged and elderly people." (Gaby, Alan R., MD. Nutritional Medicine. Alan R. Gaby, M.D., 01/2011.)

One of the more popular uses of zinc for colds is in lozenge form, leading to the speculation that it's effectiveness is due to a direct action of zinc ions on the virus. Not all studies have supported this idea. Taking zinc orally may be equally effective. As already mentioned above, the immune system does not function optimally if you do not have enough zinc in the body. "A 1-year, double-blind study of 50 nursing

home residents found that zinc supplements as compared to placebo reduced rates of infection.159 In addition, more than ten other studies performed in developing countries have found that zinc supplements at nutritional doses can increase resistance to respiratory and other infection in children, and that they might reduce symptom severity." (Consumerlab.com) And in another study, "zinc supplements (not lozenges) may play a role in reducing the risk of coming down with a cold in the first place. In a review of 2 randomized trials, which included 394 healthy children, researchers found that the groups who took zinc had fewer colds, school absences, and prescriptions for antibiotics."

Echinacea: Echinacea has a long history of use as a cold and flu remedy. In America, conventional drugs replaced it, but in Europe, it remains continues to be a popular remedy. Most research supports its ability to reduce the symptoms and duration of colds. It's role in prevention is not as well documented.

Elderberry: The initial interest in Elderberry resulted from research on a proprietary preparation (Sambucol) that contains extracts of black elderberries (Sambucus nigra L.) and raspberries (Rubus idaeus L.). This preparation has been shown to inhibit the replication of influenza virus types A and B in vitro. In addition, an extract of Sambucus nigra L. decreased the infectivity of human influenza virus H1N1 in vitro. The activity of this extract against the H1N1 virus was attributed to 2 flavonoids which were shown to bind to H1N1 virions and block the ability of the virus to infect host cells. In clinical trials, treatment with Sambucol decreased the duration of illness in patients with influenza. (Gaby, Alan R., MD. Nutritional Medicine. Alan R. Gaby, M.D., 01/2011.) As a result, extracts of elderberry have become a common herbal supplement for those with flu symptoms. It is thought to stimulate the immune system and to inhibit viral growth. Umckaloabo (Pelargonium sidoides): Pelargonium is a plant in the geranium family, native to South Africa, where it has a

... continued on page 97

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

66486	BODY LOT SHEA BUTT RAW	13Z	LOT	12.99	10.39
64305	COCONUT & PAPAYA LOT	13Z	LOT	12.99	10.39
64306	GOATS MILK & CHAI LOT	13Z	LOT	12.99	10.39

NUTIVA					
59889	COCONUT OIL EXTRA VIRGI	15Z	OIL	14.69	11.75
60502	COCONUT OIL EXTRA VIRGI	29Z	OIL	26.25	21.00
65222	HEMP PROTEIN & FIB ORG	16Z	PWD	17.49	13.99
59528	HEMP PROTEIN PWD	16Z	PWD	20.49	16.39
60058	HEMP SEED OIL	24Z	OIL	24.09	19.27
64783	HEMP SEED OIL ORG	16Z	LIQ	19.09	15.27
63921	HEMP SEED RAW SHELLED	13Z	CER	15.99	12.79
65617	O'COCONUT COCONUT TREAT	4Z	MIS	6.59	5.27

NUTRACEUTICS					
40042	ALOE C DEFENS NRC/ 28	28	TAB	25.99	20.79
38971	C SERUM	1Z	LIQ	49.99	39.99
61730	DHEA MAX 25 MG	60	TAB	26.00	20.80

NUTRAMAX LABORATORIE					
53206	AVOCA ASU GLUCOS HCL	120	TAB	41.00	36.90
62614	COSAMIN ASU 3X CAP	150	CAP	59.99	47.99
56909	COSAMIN ASU 3X CAP	90	CAP	39.99	31.99
25659	COSAMIN DS	210	CAP	79.95	79.95
26658	COSAMIN DS	108	CAP	44.95	44.95
41881	COSAMIN DS TAB	150	TAB	63.95	51.16

NUTREX HAWAII					
65514	BIOASTIN 12 MG	50	SGC	41.99	33.59
38989	BIOASTIN 4 MG	60	SGC	22.99	18.39
65915	BIOASTIN SUPREME 6 MG	60	VSG	29.99	23.99
25037	SPIRULINA PAC 50Z	5Z	PWD	20.99	16.79
24359	SPIRULINA PAC POWDER	16Z	PWD	52.99	42.39
45280	SPIRULINA PAC TAB	400	TAB	34.99	27.99
66632	SPIRULINA PACI 1000 MG	180	TAB	31.99	25.59
25929	SPIRULINA PACIFICA	100	TAB	13.99	11.19

NUTRIBIOTIC					
62759	ASCORBIC ACID W/BIOFAV	8Z	PWD	15.49	13.94
54372	BODY AND FOOT PWD GSE	4Z	PWD	7.99	6.99
39991	DEFENSE PLUS	90	TAB	25.99	23.39
22725	GRAPEFRUIT SD EXT + VCA	90	VCA	21.99	19.79
44530	GRAPEFRUIT SEED CONC	4Z	LIQ	24.99	22.49
23000	GRAPEFRUIT SEED CONC	2Z	LIQ	14.49	13.04
29013	GRAPEFRUIT SEED EXT TB	100	TAB	11.99	9.59
61245	GSE MAXIMUM LIQ CONCEN	1Z	LIQ	16.99	15.29
24131	NASAL SPRAY	1Z	LIQ	9.99	8.99
66584	RICE PROTEIN CHOC	3LB	PWD	44.79	40.31
40300	RICE PROTEIN CHOC	22Z	PWD	22.50	20.25
40265	RICE PROTEIN MIX BERRY	21Z	PWD	22.50	20.25
60353	RICE PROTEIN ORG PLAIN	21Z	PWD	25.99	20.79
39304	RICE PROTEIN VAN	3LB	PWD	44.79	40.31

25444	SHOWER GEL SUPER	12Z	LIQ	8.99	8.09
58207	SKIN CLEANSER SENSITV	16Z	LIQ	8.99	8.09

NUTRITION NOW					
58742	B CMP GUMMY VIT CHW	70	CHW	8.99	7.19
58743	B12 GUMMY CHW	100	CHW	8.99	7.19
58744	CALCIUM GUMMY VIT CHW	60	CHW	9.99	7.99
58746	COQ10 GUMMY CHW	60	CHW	17.99	14.39
58745	D GUMMY VITAMIN	75	CHW	9.99	7.99
58747	MULTIVITES GUMMY VIT	70	CHW	9.99	7.99
58748	OMEGA 3 GUMMY VIT	60	CHW	11.99	9.59
21801	PB 8 CAP	60	CAP	16.99	13.59
22547	PB 8 CAP	120	CAP	27.49	21.99
56742	PB 8 VEG	120	VCA	27.49	21.99
22635	PB 8 VEG CAP	60	CAP	16.99	13.59
60637	PRENATAL ADULT GUMMY	75	CHW	14.99	11.99

NUTRITIONAL FRONTIERS					
66463	B 12 FACTOR	60	VCA	25.50	22.95
64105	CALM DAY VCAP	60	VCA	33.00	29.70
65148	CANDIKILL VCAP	90	VCA	49.50	44.55
66464	D3 5000 IU	60	VCA	14.00	12.60
66101	ESTROCLEANSE II	90	VCA	59.50	53.55
66102	G1 COMPLETE PWD LEMON	390	PWD	69.50	62.55
66104	IODINE PLUS	90	CAP	25.50	22.95
66106	SLEEP TIME	60	VCA	37.75	34.00
66465	SUPER B COMPLETE	60	VCA	28.50	25.65
66108	TESTO 180 LIQUID	2Z	LIQ	37.75	34.00
64330	X FLAME	120	CAP	59.50	53.55

NUTRITIONAL THERAPEU					
28955	ALLER AVERT	90	TAB	40.95	32.76
66771	D3/K2 WAFER VAN	30	WAF	33.99	30.59
66120	D3/K2 WAFER VAN BLIST	8CT	WAF	11.99	10.79
44422	HEALTHY AGING NT FACT	120	TAB	40.00	32.00
38639	NT FACTOR	90	TAB	50.40	40.32
66044	NT FACTOR W/COQ10 CHOC	30	CHW	34.99	31.49
66119	NT FACTOR W/COQ10 CHOC	8CT	CHW	12.99	11.69
65625	PATENTED ENERGY WAFERS	30	CHW	32.99	26.39
65497	PATENTED ENERGY WAFERS	60	CHW	59.99	47.99
66121	PATENTED ENERGY WF BLS	8CT	CHW	9.99	8.99
58274	PROPAP GOLD	30	PAK	59.99	53.99
58275	PROPAP GOLD	60	PAK	99.99	89.99
41998	PROPAP WITH NT FACTOR	60	PAK	87.50	78.75
38520	PROPAP WITH NT FACTOR	90	PAK	124.99	112.49
38519	PROPAP WITH NT FACTOR	30	PAK	46.00	41.40

OCEANUS NATURALS					
61474	INTERN HARMONY PROGEST	3Z	CRM	27.99	22.39
58795	M DRIVE FOR MEN	60	VCA	44.99	35.99
58796	PERSONAL LUBRICANT	4Z	GEL	14.69	11.75
58794	SESUAL MASSAGE LUBE INT	1.7	GEL	9.99	7.99

OLA LOA					
44877	OLA LOA ENERGY ORNG PK	30	PAK	38.49	30.79
42237	OLA LOA ENERGY TRO PAK	30	PWD	38.39	30.71
52880	OLA LOA SPORT MANG TAN	30	PAK	24.99	19.99
52881	OLA LOA SPORT MIX BERR	30	PAK	24.99	19.99

OLBAS PRODUCT					
23484	ANALGESIC OIL	1.6	LIQ	32.99	26.39
18080	ANALGESIC OIL .95 OZ	.95	LIQ	19.99	15.99
18081	COUGH SYRUP	4Z	LIQ	9.59	7.67
22453	NASAL INHALER POCKET	01Z	INH	5.79	4.63
52773	OLBAS HERBAL TEA	7Z	TEA	18.99	15.19
58094	OLBAS LOZ BLAC CURRANT	24	LOZ	6.49	5.19
53131	OLBAS OIL .32 OZ	.32	OIL	9.59	7.67
18079	PASTILLES (LOZENGES)	27	LOZ	6.55	5.24

OLYMPIAN LABS					
64364	BEEF PROTEIN CHOC	11B	PWD	26.99	21.59
63812	BIOCELL COLLAGEN II OP	60	CAP	28.99	23.19
27834	C 1000 W/RH	100	TAB	15.99	12.79
66407	COMPLETE PREBIO & PROB	30	VCA	24.99	19.99
57979	COQ10 300 MG CAP	60	CAP	56.99	45.59
57980	COQ10 60 MG CAP	60	CAP	19.99	15.99
41008	CORAL CALCIUM	270	CAP	53.99	43.19
40527	CORAL CALCIUM	90	CAP	25.99	20.79
17181	CORTI CUT	60	CAP	52.99	42.39
27887	DHEA 50 MG	90	CAP	30.99	24.79
63606	DIM 150 MG EXTRA STREN	30	CAP	16.99	13.59
57985	GRAPES SEED EXT 120 MG	100	CAP	19.49	15.59
50502	GRAPE SEED EXT 200 MG	100	CAP	23.99	19.19
62328	GRAPE SEED EXT 400 MG	100	VCA	44.99	35.99
51073	GREENS PROTEIN 8:1	26Z	PWD	41.99	33.59
42536	HERP EEZE SELF HEAL	120	VCA	64.99	51.99
37281	INFLAMERIC	90	VCA	44.99	35.99
53152	INFLAMERICZYME JNT CMF	60	VCA	35.99	28.79
57983	LIPOIC ACID 100 ALPHA	60	CAP	12.99	10.39
42854	LUTEIN 20 MG VEG	60	CAP	22.99	18.39
54540	MAGNESIUM CITRATE 400	100	CAP	16.99	13.59
37279	NUTRAVISION	60	CAP	26.99	21.59
27840	OMEGA 3 2000 MG FISH	120	SGC	21.99	17.59
61420	PEA PROTEIN CHOC	27Z	PWD	37.99	30.39
55229	PEA PROTEIN VANILLA	27Z	PWD	37.99	30.39
34345	PROSPLEX	60	CAP	37.99	30.39
43874	SELENIUM 200 MCG	100	CAP	15.99	12.79
39609	SKIN SUPPORT	60	CAP	33.99	27.19
27822	VANADYL PLUS W/CHROM	100	CAP	22.99	18.39
27823	VANADYL SULFATE 20 MG	100	CAP	19.99	15.99
38789	VITA VITAMIN	90	CAP	37.99	30.39

ONLY NATURAL					
60189	HIBISCUS TEA ORGANIC	20	BAG	8.99	7.19

34984	NONI JUICE	32Z	LIQ	35.99	28.79
18107	SMART PILL TAB	60	TAB	34.95	27.96

OPTICHOICE					
62532	ALIVEL 100 50 MG CT BI	60	CAP	39.99	31.99
62531	ALIVEL 100 EURYCOMA 50	60	CAP	34.99	27.99
64821	CHOLESTRIN HPE 150 2X	60	CAP	34.99	27.99
62536	COQ10 100 MG SGC	60	SGC	34.99	27.99
62538	COQ10 100 PLUS OMEGA 3	60	SGC	39.99	31.99
62537	COQ10 100 UBIDIQUINOL QH	60	SGC	49.99	39.99
62535	COQ10 200 MG SGC	60	SGC	41.99	33.59
64688	GR8 BRAIN	90	SGC	55.99	44.79
62542	RED YEAST RICE ULTIM	120	CAP	44.95	35.96

OPTIMOX					
44524	IODORAL 12.5 MG	90	TAB	27.20	21.76
45130	IODORAL 12.5 MG	180	TAB	50.00	40.00
58129	IODORAL 50 MG	90	TAB	84.00	67.20
53910	IODORAL 50 MG	30	TAB	33.00	26.40
0	OREGANS WILD HARVEST			0.00	0.00
63446	ASHWAGANDA RT 400 ORG	90	VCA	24.95	22.45
63448	ASTRAGALUS REISHI ORG	90	VCA	19.45	17.50
63447	ASTRAGALUS RT 375 ORG	90	VCA	15.95	14.35
63865	CAVEYNE PEPPER PWD ORG	4Z	PWD	13.45	

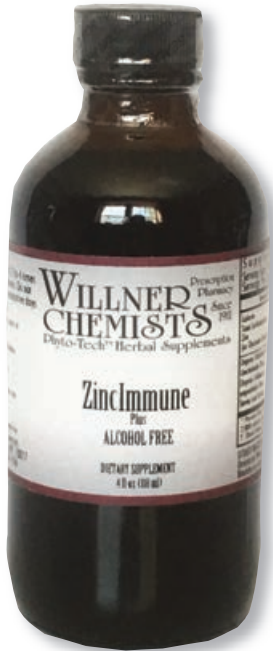


Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplement



Willner Chemists Phyto-Tech™ Herbal Supplements ZinImmune Plus

Zinc • Elderberry • Umckaloabo • Echinacea
4 fl ounces - Product Code: 66271
Alcohol Free



This product is kosher and gluten-free.

long history of use in treating respiratory problems. A number of studies have shown this herb to be effective in treating acute bronchitis, strep throat and the common cold. The study, (Lizogub VG, Riley DS, Heger M. Efficacy of a Pelargonium sidoides preparation in patients with the common cold: a randomized, double blind, placebo-controlled clinical trial. Explore (NY). 2007;3:573-584.), on 133 adults who had just come down with a cold, found that the use of a standardized pelargonium extract, three times daily, significantly reduced the severity and duration of symptoms as compared to placebo.

Dosage: One teaspoonful (5 ml), two to four times daily or as directed by a physician. Do not take for more than three consecutive days. Longer use should be accompanied by additional copper supplementation (1-2 mg per day). Keep out of the reach of children. Shake well before using. Do not use when pregnant unless approved by doctor. This product is kosher and gluten-free.

www.willner.com

The Willner Chemists web site is a valuable resource for information on nutritional supplements how to choose them, and how to use them.

... and remember to visit **Don's Blog**
www.dongoldberg.com

www.willner.com

- **Reference Library:** search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.

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- **Radio Show:** Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.

- **What's On Sale?** Check the web site to see what is currently on sale, and look for the current web specials.

- **Latest News and Events:** Read about latest nutritional supplement developments, research and news.

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

Phyto-Tech™ Green Tea Guo

A rich source of phyto-antioxidants, including EGCG,
the list of research-proven health benefits of Green Tea continues to grow.

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG, such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement?

The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine. All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan. 3 - Feb.10



Also available in a veggie cap.
Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944
2 fl oz ~ Regular Flavor - Code: 57098
1 fl oz ~ Peach Flavor - Code: 56998
90 Veggie Caps - Code: 60126

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#WillnerChemists



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



57703	FACIAL COMPLEXION BAR	4 Z	BAR	8.39	6.71
60467	MOUTHWASH NEEM CINNAM	16Z	LIQ	15.29	12.23
57483	MOUTHWASH THERA NEEM	16Z	LIQ	15.29	12.23
67058	NEEM CRM ORANGE YLANG	2 Z	CRM	17.59	14.07
59176	SHAMPOO SCALP THERAPE	12Z	LIQ	16.99	13.59
55953	SHAMPOO THERA NEEM	12Z	LIQ	14.79	11.83
55951	THERA NEEM CRM LF OIL	2 Z	CRM	17.79	14.23
56610	THERA NEEM EXTRACT	1 Z	LIQ	15.89	12.71
55952	THERA NEEM GEL LF ALOE	8 Z	GEL	13.29	10.63
56854	THERA NEEM LOTION	8 Z	LIQ	14.99	11.75
59231	TPST NEEM MINT	4 Z	TUB	8.69	6.95
56609	TPST THERA NEEM CINNAM	4.2	TUB	8.69	6.95

ORTHO MOLECULAR PRODUCTS

54246	4 SIGHT	60	VCA	69.30	62.37
54259	4 SIGHT	120	VCA	123.10	110.69
56534	ADAPTEN ALL	120	VCA	50.70	45.63
55404	ADREN ALL	60	CAP	29.90	26.91
54144	ADREN ALL	120	CAP	50.70	45.63
55406	ADRENE VIVE	60	VCA	49.90	44.91
51647	ALOE SUPER 450	100	CAP	19.70	17.73
55232	ALPHA BASE W/O IRON	240	VCA	47.70	42.93
53752	BETAINE & PEPSIN	225	CAP	31.90	28.71
53471	BUFF C CAP	180	CAP	30.80	27.72
55609	BUFFERED C PWD LEMON	300	PWD	31.40	28.26
54206	CAL REACTED	180	CAP	36.50	32.85
50497	CANDICID FORTE	90	CAP	34.60	31.14
50367	CARDIO B	60	CAP	23.70	21.33
53554	CARDIO B	120	VCA	41.50	37.35
51693	CDG ESTRO DIM	60	VCA	69.30	62.37
52424	CHONDRO FLX	90	VCA	49.90	44.91
51700	CYSTISTATIN	60	VCA	41.60	37.44
52768	D HIST JR	60	CHW	17.90	16.11
50538	D HIST NATURAL	120	CAP	39.80	35.82
65649	D HIST NATURAL BLISTER	10	CAP	8.32	7.48
51301	D3 1000 IU	180	VCA	19.20	17.28
54209	D3 5000 IU	120	VCA	25.70	23.13
51148	DHEA 5 MG TAB	100	TAB	12.80	11.52
51632	DIAXINOL	60	VCA	49.90	44.91
56475	DIGESTZYME V	90	VCA	35.90	32.31
52038	E MIXED TOCOPHEROLS	60	SGC	27.20	24.58
51170	ESTRO DIM	30	CAP	23.50	21.15
66705	FLORA BITES 5 BILL CHW	20	CHW	29.90	26.90
51269	INFLAMMA BLOX	180	CAP	93.90	84.51
54721	K2 W/D3 45 MCG/5000 IU	60	VCA	30.60	27.54
60246	LIPITROL	60	CAP	45.90	41.31
52820	LIPOIC ACID 300 MG	60	CAP	43.10	38.79
54084	MAGNESIUM REACTED	180	VCA	39.50	35.55
53002	MEMBRIN	30	VCA	30.80	27.72
65326	MITOCORE	120	CAP	53.90	48.51
51782	MULTIMIN REACTED	120	VCA	28.80	25.92
52150	N A C 500 MG	60	VCA	25.20	22.68
50718	NATOKINASE	90	VCA	49.90	44.91
54692	NIACIN 500 MG T/R	90	TAB	23.50	21.15
51721	NK STIM	120	VCA	75.70	68.13
57257	ORTHO B COMPLEX	180	VCA	39.90	35.90
51462	ORTHO BIOTIC	60	VCA	62.80	56.52
66452	ORTHO BIOTIC 100 BILL	30	CAP	62.90	56.61
51978	ORTHO BIOTIC PWD	51G	PWD	29.70	26.73
54190	ORTHO DIGESTZYME	90	CAP	27.90	25.11
55833	ORTHO DIGESTZYME	180	CAP	49.50	44.55
63736	ORTHOMEGA 820 LEMON	180	SGC	74.60	67.14
63741	ORTHOMEGA 820 SGC	60	SGC	33.80	30.42
50539	ORTHOMEGA FISH OIL 820	120	SGC	52.40	47.16
51882	OSTEOPREV	120	VCA	49.40	44.46
54814	PARACID FORTE	90	VCA	57.90	52.11
51674	PLANT STEROLS	60	CAP	25.50	22.95
53404	PREGNENOLONE 10 MG	100	TAB	14.40	12.96
50737	PRO BONO 60 PAKS	60	PAK	97.90	88.11
51701	PYLORICIL	60	VCA	49.90	44.91
59279	RESVOXITROL	60	VCA	55.10	49.59
57357	SELENIUM REACTED	90	VCA	16.40	14.76
51147	SINATROL	60	VCA	31.50	28.35
51984	THROTAIN	60	VCA	26.60	23.94
54693	TRIPLOCHOL	60	PKT	125.90	113.31
54011	VASCUZYME	180	TAB	53.90	48.51
51678	VESSEL MAX	90	VCA	43.20	38.88
58333	ZINC REACTED	60	VCA	15.70	14.23

P R L

21496	FEMALE HERBAL 30 ML	30M	LIQ	14.00	14.00
21502	GOLDENSEAL FLUID EXT	30M	LIQ	20.00	20.00
21504	HAWTHORNE BERRY	30M	LIQ	12.00	12.00
21511	LIV HERBAL 30 ML	30M	LIQ	16.00	16.00
21521	SILMAX PC 80	30M	LIQ	15.00	15.00

PADMA

37211	PADMA BASIC	180	CAP	94.99	85.49
37210	PADMA BASIC	60	CAP	34.99	31.49
64739	PECTASOL C MOD PECTIN	16Z	PWD	109.95	98.95

PARADISE HERBS

51061	ASHWAGANDHA EXT 250 MG	60	VCA	24.99	19.99
51062	ASTRAGALUS EXT 250 MG	60	VCA	17.99	14.39
55031	ASTRAGALUS REISHI MAIT	60	VCA	34.99	27.99
64936	BACOPA 250 MG ORG	60	VCA	23.99	19.19
65900	BANABA LEAF	180	VCA	49.99	39.99
54766	BANABA LEAF	60	VCA	19.99	15.99
55032	BROMELAIN JOINT DIGEST	60	VCA	34.99	27.99
53615	CORDYCEPS EXT 400 MG	60	VCA	29.99	23.99
58994	FO TI	760	CAP	29.99	23.99
62914	GARCINIA CAMBOGIA 500	60	VCA	16.99	13.59
55033	GINGER RAINFOREST	60	VCA	16.99	13.59
52436	GOJI 12-1 400 MG	60	VCA	24.99	19.99
51063	GREEN TEA YELLOW MOUNT	60	VCA	16.49	13.19
51064	HOLY BASIL LOTUS BACOP	60	VCA	24.99	19.99
51069	HOODIA	60	VCA	29.99	23.99
55034	IMPERIAL ADAPTOGEN	60	VCA	39.99	31.99
58242	JIAOGULIAN 12-1	60	VCA	19.99	15.99
53616	MACA 250 MG	60	VCA	24.99	19.99
60231	MACA UP CHOC	45Z	PWD	39.99	31.99
53724	MANGOSTEEN	60	VCA	29.99	23.99
51065	MILK THISTLE 16:1 80%	60	VCA	20.99	16.79

62404	MULTI ONE NO IRON ADD	60	VCA	29.99	23.99
51066	OLIVE LEAF SPAN ANDALU	60	VCA	19.99	15.99
62381	ORAC ENERGY BAR PROT	63G	BAR	2.99	2.39
58703	ORAC ENERGY GREEN CAP	120	VCA	34.99	27.99
53911	ORAC ENERGY GREENS	18Z	PWD	59.99	47.99
55035	ORAC ENERGY GREENS PAK	15	PAK	29.99	23.99
51067	OREGANO MOROCCAN	60	VCA	16.49	13.19
57270	PROTEIN GREENS ORAC EN	454	PWD	49.99	39.99
59632	PROTEIN GREENS PAK	14	PAK	34.95	27.96
52585	REISHI	60	CAP	29.99	23.99
58239	RESVERAGRAPE MEDVITA	60	VCA	39.99	31.99
51068	RHODIOLA DUAL ACTION	60	VCA	29.99	23.99
53617	SCHISANDRA	60	VCA	24.99	19.99
56151	SUMA BRAZILIAN	60	VCA	19.99	15.99
58906	TURMERIC 50% CURCUMIN	120	VCA	39.99	31.99
55036	TURMERIC 50% CURCUMIN	60	VCA	19.99	15.99

PHARMACARE LABORATORIES

55765	SAMBUCOL + C + ZINC IM	4 Z	LIQ	14.99	11.99
55762	SAMBUCOL COLD & FLU	30	TAB	14.99	11.99
55755	SAMBUCOL LOZENGES ORIG	30	LOZ	14.99	11.99
55753	SAMBUCOL ORIGINAL	4 Z	LIQ	14.99	11.99
55754	SAMBUCOL ORIGINAL	7 8	LIQ	24.99	19.99
64985	SAMBUCOL PASTILLES	20	LOZ	9.99	7.99

PHARMAX SEROVAL

45024	B COMPLEX CWS	15M	LIQ	13.50	10.80
51205	BROAD SPECTRUM COMPLEX	60	VCA	26.80	21.44
66446	CANDACLEAR FOUR	30	PAK	55.00	44.00
57191	D 1000 IU CHW	90	CHW	10.50	8.40
50512	EPA DHA ULTRA	90	SGC	39.50	31.60
50962	FISH OIL CAPS FINEST	120	SGC	36.75	29.40
50527	FISH OIL FINEST HI DHA	150	LIQ	42.10	33.68
42404	FISH OIL FINEST LIQ	200	LIQ	32.75	26.20
59943	FISH OIL FINEST ORANGE	500	LIQ	71.20	56.96
62812	FISH OIL FINEST STAWBE	200	LIQ	32.75	26.20
50856	FRUTOL FISH OIL BERRY	300	LIQ	38.45	30.76
42617	HLC HI POTENCY VCAP	120	VCA	57.70	46.16
42409	HLC HI POTENCY VCAP	60	VCA	33.65	26.92
45153	HLC INTENSIVE CAPS	30	CAP	38.05	30.44
64531	HLC INTENSIVE PWD	1 Z	PWD	37.80	30.24
42759	HLC MAINTENANCE	60	CAP	22.60	18.08
51295	HLC MINDLUX	60	CAP	42.65	34.12
42410	HLC SYNBIOTIC INTENSIV	7	PAK	36.55	29.24
43997	MULTI VIT MIN NO CU/FE	120	CAP	39.05	31.24
64195	PHARMAX NERVE CRM SACH	14	SCH	21.30	17.04
64196	PHARMAX RELIEF SACHET	14	SCH	21.30	17.04
42417	PYLORICIN	60	VCA	28.00	22.40

PHRESH

63977	PHRESH GREENS RAW	5 Z	PWD	39.99	31.99
63976	PHRESH GREENS RAW	10Z	PWD	69.99	55.99
65724	PHRESH GREENS TO GO PK	56R	PAK	2.69	2.14
63978	PHRESH PH STRIPS	80	MIS	18.95	15.16

PINES INTERNATIONAL

33701	BARLEY GRASS PWD	10Z	PWD	32.59	26.07
37714	BET JUICE PWD	5 Z	PWD	38.79	31.03
22230	WHEAT GRASS 500	500	TAB	32.29	25.83
23784	WHEAT GRASS 500	100	TAB	12.59	10.07
22927	WHEAT GRASS PWD	10Z	PWD	32.59	26.07

PIONEER NUTRITIONAL

63229	C 500 CMP VEG	180	VCA	25.79	20.63
60297	C 500 MG CMP VEG	90	VCA	15.69	12.55
41433	CAL MAG 250/125 MG	120	TAB	23.49	18.79
55538	CAL MAG CHW VG 250/125	90	CHW	22.59	18.07
41628	CAL MAG VCAP	180	VCA	27.29	21.83
41435	CAL MAG VEG 250/125 MG	120	TAB	20.49	16.39
50018	GLUCOS CHOND JOINT FRM	120	CAP	39.49	31.59
43037	IPRIFLAVONE CAL MAG	150	TAB	38.09	30.47
42793	MULTI ADULT CHILD CHW	180	CHW	33.99	27.19

PLANETARY HERBALS

51326	ANTLER VELVET 250 MG	60	TAB	49.50	39.60
66321	ARJUNA CARDIO COMFORT	60	TAB	15.50	12.40
66322	ARJUNA CARDIO COMFORT	120	TAB	29.50	23.60
58036	BUPLEURUM CALMATIV CMP	60	TAB	10.25	8.20
51030	BUPLEURUM CAMATIVE	120	TAB	18.50	14.80
39009	BUPLEURUM LIVER CLEANS	150	TAB	24.50	19.60
36249	BUPLEURUM LIVER CLEANS	7Z	TAB	12.50	10.00
18343	CALM CHILD SYRUP	2 Z	LIQ	15.25	12.20
50340	CANDIDA DIGEST	90	TAB	14.75	11.80
63339	CILANTRO HEAVY METAL	4 Z	LIQ	24.50	19.60
44609	CINNAMON EXT 200	120	TAB	18.50	14.80
45572	CORDYCEPS 450 FULL SPC	60	TAB	12.98	10.38
60820	CORDYCEPS 450 FULL SPC	120	TAB	24.98	19.98
56865	ECHIN GOLDENSL W/OLIVE	60	TAB	21.50	17.20
54363	ELDERBERRY SYRUP	4 Z	LIQ	17.50	14.00
57552	GINSENG REVITALIZER	90	TAB	29.50	23.60
18369	GUGGUL CHOLESTEROL TAB	90	TAB	24.50	19.60
61876	HOLYBASIL LIQ P	4 Z	LIQ	29.50	23.60
52227	HORNY GOAT WEED 1200	30	TAB	12.50	10.00
44452	HORSE CHESTNUT CRM	2 Z	CRM	12.25	9.80

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

57988	BEST REST FORMULA	120	VCA	45.80	---	19163	FLAX BORAGE OIL	120	CAP	22.20	---	55717	NUTRIENT 950	360	VCA	76.30	---	PURE ESSENCE LABS					
52039	BETA SITOSTEROL	90	VCA	14.90	---	61832	FOLATE 1000 MCG	90	VCA	25.10	---	19172	NUTRIENT 950 NO CU/FE	90	CAP	25.50	---	66827	BRAIN ESSENCE TABS	60	TAB	66.15	52.92
19154	BETAINE HCL PEPSIN 520	250	CAP	37.40	---	63406	FOLATE 400 MCG	90	VCA	14.80	---	19171	NUTRIENT 950 NO CU/FE	180	CAP	43.60	---	44936	CANDEX	40	VCA	36.77	29.41
42315	BILBERRY 160 MG	120	VCA	87.60	---	19181	FOLIC ACID 800 MCG	60	CAP	11.10	---	19173	NUTRIENT 950 NO IRON	180	CAP	43.80	---	42294	CANDEX	120	VCA	76.79	61.43
39324	BIOFLAVONEX	120	CAP	55.80	---	38280	FOS CAP	250	CAP	42.10	---	44892	NUTRIENT 950 NO IRON	360	VCA	77.10	---	44162	ENERGY PLUS	60	TAB	39.98	31.98
52909	BIOTIN 8 MG	120	VCA	17.80	---	57140	GABA	60	VCA	15.70	---	60941	NUTRIENT 950 W K	180	VCA	43.60	---	50739	ENERGY PLUS	120	TAB	66.14	52.91
62904	BIOTIN 8 MG	60	VCA	10.50	---	50388	GINKGO 50 160 MG P	60	VCA	31.20	---	44229	NUTRIENT 950 W/ NAC	240	VCA	65.80	---	55313	IONIC FIZZ CAL PLUS	152	PWD	53.83	43.06
39310	BLACK COHOSH	120	CAP	38.30	---	39549	GINSENG PANAX	120	CAP	47.40	---	58973	NUTRIENT 950 W/ NAC	120	VCA	39.10	---	57868	IONIC FIZZ MAG PWD	12	PWD	49.22	39.37
19161	BLACK CURRANT OIL 500	100	CAP	33.40	---	38335	GLUCOS CHOND MSM	360	CAP	126.80	---	39218	NUTRIENT W/D CU/FE/IOD	180	CAP	43.60	---	42952	LIFE ESSENCE	120	TAB	49.58	39.66
19162	BLACK CURRANT SEED OIL	250	CAP	73.00	---	41755	GLUCOS CHOND MSM	120	VCA	52.50	---	33506	OLIVE LEAF EXT 500 MG	120	CAP	64.90	---	44343	ONE & ONLY	30	TAB	24.60	19.68
22613	BORAGE OIL	180	SGC	65.90	---	52025	GLUCOS HCL + CHOND	120	VCA	58.50	---	45623	OLIVE LEAF EXT 500 MG	60	VCA	35.90	---	52680	ONE & ONLY WOMENS FORM	30	TAB	33.82	27.06
57109	BORAGE OIL 1000 MG SGC	60	SGC	24.40	---	37225	GLUCOSAMINE SULF 1000	180	VCA	79.50	---	63126	ONE MULTI W/ COQ10	60	VCA	33.00	---	58322	ONE & ONLY WOMENS FORM	90	TAB	76.79	61.43
19196	BORON 2 (GLYCINATE)	60	CAP	9.70	---	43189	GLUTAMINE 1000 MG 1 GM	250	VCA	58.00	---	55228	OPTIFERIN C	60	VCA	10.60	---	51509	PROFEMIA MENOPAUSE MULT	60	TAB	39.98	31.98
40677	BOSWELLIA 300 MG	120	CAP	25.70	---	26638	GLUTAMINE 1000 MG 1 GM	90	CAP	25.10	---	42416	OSTEO BALANCE	210	VCA	39.30	---	62307	PROSTATE ESSENCE VCAP	60	VCA	44.60	35.68
53210	BOSWELLIA AKBA	120	VCA	41.70	---	39147	GLUTAMINE 500 MG	90	CAP	17.30	---	19184	P 5 P 50 ACTIVATED B6	60	CAP	13.90	---	55614	VISION	60	TAB	50.76	40.60
41106	BROMELAIN 2400 500	60	CAP	29.80	---	36935	GLUTAMINE PWD	227	PWD	43.10	---	39368	P 5 P 50 ACTIVATED B6	180	CAP	35.90	---	62616	VISION ESSENCE	60	VCA	50.76	40.60
38060	BROMELAIN 2400 500 MG	180	CAP	73.50	---	64141	GLUTATHIONE LIPOSOMAL	30	SGC	45.60	---	19159	PANCREATIC ENZYME FORM	60	CAP	30.00	---	PURE LIFE LLC					
39802	CAL D GLUCARATE 500 MG	120	CAP	105.50	---	65241	GLUTATHIONE LIPOSOMAL	60	SGC	79.70	---	19160	PANCREATIC ENZYME FORM	180	CAP	78.30	---	59783	GABATROL CAP STRES ANX	45	CAP	39.95	35.95
29386	CAL MAG CITRATE	180	CAP	21.70	---	31059	GLUTATHIONE REDUC 100	120	CAP	42.10	---	57748	PANCREATIC VEGETALYMS	180	CAP	47.40	---	60278	GABATROL CAP STRES ANX	90	CAP	59.95	53.95
36209	CALCIUM CITRATE 150 MG	180	CAP	20.20	---	52902	GLYCINE 500 MG	180	VCA	22.80	---	41146	PANTHINE 250 MG	120	CAP	80.70	---	60040	GABATROL CAP STRES ANX	606	PWD	39.99	35.99
66309	CALCIUM K D	180	VCA	25.00	---	50989	GRAPEFRUIT SEED EXT	120	VCA	28.20	---	52040	PANTHINE 250 MG	60	VCA	44.20	---	PURE PLANET					
40548	CALCIUM MCHA 250 MG	180	VCA	47.90	---	34451	GREEN TEA EXT DECAFF	120	CAP	41.30	---	58267	PANTHINE 250 MG	120	VCA	16.70	---	44539	ALOE VERA 40 X CONCENT	4.5	LIQ	29.00	26.10
53511	CALCIUM W/D3	180	VCA	23.90	---	43178	GROWTH HORMONE SUPPORT	180	VCA	59.90	---	45026	PETADOLEX	50	VCA	66.70	---	60666	AMLA C PLUS PWB	4.2	PWD	13.25	11.93
59954	CAPRIC ACID	240	VCA	35.60	---	67284	GYLMAG 2 STICK PEN	30	STK	41.60	---	51363	PHYTO ADR	180	VCA	54.80	---	67071	AMLA C PLUS TAB	100	TAB	11.68	10.51
56158	CAPRYLIC ACID	120	VCA	19.90	---	61255	HAIR SKIN NAILS ULTRA	60	VCA	35.60	---	66764	PHYTO ULTRACOMFORT	120	CAP	44.10	---	44099	CHLORELLA PWD	4.2	PWD	20.95	18.86
34513	CARNITINE 340 MG	120	CAP	71.80	---	37380	HAWTHORN EXT	120	CAP	29.00	---	32810	PHYTOBALANCE (MENOPAU)	120	CAP	35.00	---	61402	GREENS BEST OF GREENS	5.2	PWD	29.99	23.99
19190	CARNITINE 340 MG	60	CAP	39.10	---	67192	HMB PLUS	360	VCA	70.40	---	42165	POLICOSANOL 20 MG	60	CAP	32.00	---	24408	JUST BARLEY GREEN	806	PWD	25.99	20.79
44851	CARNOSINE 500 MG	120	VCA	113.50	---	39275	HOMOCYSTEINE FACTORS	180	CAP	49.60	---	50334	POLICOSANOL 20 MG	120	VCA	56.60	---	34047	JUST BARLEY GREEN JCE	180	VCA	29.29	23.43
19178	CAROTENE CAP	90	CAP	26.30	---	33988	HOMOCYSTEINE FACTORS	60	CAP	19.80	---	53627	POLYPHENOL NUTRIENTS	360	VCA	85.00	---	65692	SPIRULINA PWD CACAO MT	936	PWD	15.99	14.39
53978	CHASTE TREE VITEX	60	VCA	12.30	---	44867	HYALURONIC ACID	180	VCA	91.70	---	54018	POMEGRANATE PLUS	120	VCA	52.30	---	55314	TART CHERRY	162	LIQ	35.02	31.52
41437	CHOLESTEPURE	180	CAP	37.20	---	44778	HYALURONIC ACID 70 MG	60	VCA	35.10	---	19204	POT 99 (ASPARTATE)	90	CAP	11.70	---	PUREMERRY					
60898	CHOLESTEPURE PLUS	120	CAP	61.20	---	39325	IMMUNHERBS	120	CAP	54.30	---	37106	POT MAG ASPARTATE	180	CAP	24.50	---	63827	ACNE FREE SALVE	1.2	SLV	14.95	13.45
37224	CHONDROITIN SULF BOVIN	180	CAP	76.50	---	43618	INDOLE 3 CARBINOL 200	120	CAP	50.60	---	44934	POT MAG CITRATE	180	VCA	23.20	---	65660	BLACK SALVE EXTRA DRAW	1.2	SLV	24.95	22.45
41238	CHROMATE GTF 600	60	CAP	13.40	---	52422	INDOLE 3 CARBINOL 400	60	VCA	49.90	---	64427	POTASSIUM 200 CITRATE	180	VCA	21.20	---	63829	ECZEMA & PSORIASIS FR	1.2	SLV	15.95	14.35
61322	CHROMATE GTF 600	180	VCA	34.00	---	59614	INDOLE 3 CARBINOL 400 M	120	VCA	88.40	---	50326	POTASSIUM 200 MG CITRA	90	VCA	12.30	---	63830	FUNGUS FREE SALVE	1.2	SLV	15.95	14.35
19198	CHROMIUM PICOL 200	60	CAP	10.30	---	60416	INOSITOL PWD	250	PWD	39.10	---	27307	PREGNENOLONE 10 MG	60	CAP	10.00	---	63831	HEALING SALVE ORIGINAL	1.2	SLV	14.95	13.45
40180	CHROMIUM PICOL 200	180	CAP	26.30	---	50759	IODINE	120	VCA	14.30	---	43832	PREGNENOLONE 10 MG	180	VCA	24.80	---	65005	HEMORRHOID RELIEF CRM	1.2	CRM	19.95	17.95
40448	CHROMIUM PICOL 500 MCG	180	CAP	36.10	---	42931	IODINE & TYROSINE	120	VCA	27.00	---	30126	PREGNENOLONE 30 MG	180	CAP	33.90	---	63833	ROSCAEEA FREE SALVE	1.2	SLV	24.95	22.45
44879	CINNAMON WS	120	VCA	41.30	---	56480	IODINE 225 MCG	60	VCA	8.30	---	27308	PREGNENOLONE 30 MG	60	CAP	14.30	---	65003	SHINGLES RELIEF CRM	1.2	CRM	24.95	22.45
64784	CITRIMAX PLUS SUPER	180	VCA	47.30	---	39015	IP 6	180	CAP	34.70	---	53249	PRENATAL NUTRIENTS	120	VCA	39.80	---	65004	SKIN TAG RELIEF CRM	1.2	CRM	23.95	21.55
52912	CITRIMAX PLUS SUPER	360	VCA	82.50	---	19201	IRON C	60	CAP	9.10	---	52381	PROBIOTIC 5 DAIRY FRE	60	VCA	34.00	---	63834	WART RELIEF SALVE	1.2	SLV	19.95	17.95
62226	COGNI MAG	120	VCA	60.90	---	63866	ISOQUERCETIN W/BIOPER	60	VCA	33.70	---	61997	PROBIOTIC 50B	60	VCA	64.80	---	QUALITY OF LIFE					
50042	COGNITIVE AMINOS PE	EA	VCA	38.70	---	58033	JOINT OPTIMIZER	180	VCA	38.80	---	58213	PROBIOTIC GI	60	VCA	34.40	---	50983	AHCC 250 KINOKO SILV	60	CAP	44.95	35.96
51524	COGNITIVE FACTORS	120	VCA	66.30	---	61347	JUNIOR NUTRIENTS	120	VCA	21.00	---	35944	PROSTA FLO EXTRA STRE	180	VCA	73.70	---	44012	AHCC 500 GOLD KINOKO	60	CAP	75.00	60.00
58555	COLLAGEN JS	120	VCA	59.20	---	45110	KRILL PLEX	120	SGC	115.70	---	41441	PS 100	120	VCA	112.40	---	58252	AHCC 750 PLATIN KINOKO	60	VCA	85.00	68.00
58532	COLLAGEN JS	60	VCA	32.40	---	34174	LACTOBACILLUS ACIDOPH	60	CAP	13.80	---	32486	PS 100	60	CAP	63.50	---	63746	AHCC KINOKO TO GO STK	7	PAK	12.95	10.36
19200	COPPER 2 GLYCINATE	60	CAP	8.90	---	31386	LACTOBACILLUS SPOROGEN	60	CAP	18.90	---	59953	PURE DEFENSE W/NAC	120	VCA	56.20	---	60099	AHCC RX 300 MG VEG SGC	60	SGC	49.95	39.96
59127	COPPER 2 MG CITRATE	60	VCA	8.90	---	53090	LIGAMENT RESTORE	120	VCA	55.00	---	58460	PURE PALS CHW CHERRY	90	CHW	25.00	---	64589	CARTILAST	60	VCA	19.95	15.96
38062	COQ10 120 MG	60	CAP	55.20	---	29008	LIPOIC ACID 100 MG	60	VCA	21.00	---	59151	PURE PROBIOTIC	60	VCA	17.90	---	53145	COGNI Q	60	CAP	34.95	27.96
30081	COQ10 120 MG	120	VCAP	96.60	---	31317	LIPOIC ACID 100 MG	120	VCA	37.60	---	66500	PURE20 CALM SPRAY	58M	SPY	24.50	---	57800	COQ10 SR 100 MG	30	VCA	19.99	15.99
42819	COQ10 30 MG	120	VCA	33.10	---	38263	LIPOIC ACID 200 MG	120	VCA	55.90	---	66499	PURE20 ENERGY SPRAY	58M	SPY	33.00	---	50986	IMMUNO COMPLEX	30	VCA	24.95	19.96
24145	COQ10 60	60	CAP	33.60	---	40117	LIPOIC ACID 400 MG	60	CAP	42.20	---	66501	PURE20 IMMUNE SPRAY	58M	SPY	25.00	---	59572	IMMUNOKINOKO AHCC 750	60	VCA</		

Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

56677	ACTIVE TEEN MULTI	90	TAB	37.99	30.39
55873	ADV ENZYME OPTIMA	90	VCA	31.99	25.59
25584	ADVANCED ENZYME SYSTEM	180	CAP	39.99	31.99
18644	ALL ZYME 2X VEGCAP	90	VCA	16.09	12.87
18645	ALL ZYME 2X VEGCAP	180	VCA	28.99	23.19
58303	ALLERGY RELIEF BLISTER	30	TAB	18.99	15.19
50546	ALLERGY RESCUE	60	TAB	29.99	23.99
24215	B COMPLEX COMPLETE	90	TAB	20.99	16.79
53803	BEAR ESS GUMMY MULTI	30	PAK	18.49	14.79
65774	BRIGHT ENERGY BLISTER	30	CAP	16.99	13.59
50994	C 1000 SUPER	120	TAB	26.99	21.59
26210	C 1000 SUPER	60	TAB	14.49	11.59
66132	C SLICES 250 GUMMY PAK	30P	PAK	13.99	11.19
62696	C SLICES GUMMIES	90	CHW	12.49	9.99
66129	CAL CITRATE BER WILL PK	30P	GUM	22.99	18.39
58866	CAL CITRATE MINI TAB	120	TAB	13.99	11.19
37543	CAL FOOD BASED 500 MG	180	TAB	21.99	17.59
42397	CAL FOOD BASED 500 MG	90	TAB	12.99	10.39
18652	CANDIDA CLEANSE	120	TAB	45.99	36.79
18654	COMPLETE NUTRITION SYS	180	TAB	52.99	42.39
52482	COUNTER ATT IMMUN RESP	30	TAB	15.99	12.79
61801	D 2500 IU GUMMY BERRY	50	GUM	14.99	11.99
56471	D 400 SUNNY GUMMIES	60	GUM	11.99	9.59
54688	D3 1000 SUNNY GUMMIES	50	CHW	13.49	10.79
63238	EMBRACE PRENATAL 35+	90	VCA	49.99	39.99
25439	EVERYDAY CAL W/ENZ	120	TAB	20.49	16.39
41322	EVERYDAY CAL W/ENZYMES	240	TAB	38.99	31.19
55547	EVERYONES OMEGA FSH FL	60	SGC	23.99	19.19
60556	FIBER GARDEN GUMMIES	30	PAK	19.99	15.99
53801	GUMMI POWER SOURS PAK	30	PAK	17.99	14.39
61632	IRON PLANT SOURCE ORG	50	VCA	29.99	23.99
59332	JUST ONCE IRON FREE	60	TAB	28.99	23.19
30406	JUST ONCE IRON FREE	120	TAB	47.99	38.39
42396	JUST ONCE W/IRON	60	TAB	29.99	23.99
25543	JUST ONCE W/IRON	120	TAB	49.99	39.99
51786	KIDS ONE MULTISTARS	90	CHW	26.99	21.59
66958	LIVER SAFEGUARD	50	CAP	35.99	28.79
19125	MAGNESIUM CALCIUM +	180	TAB	30.99	24.79
44518	MENOPAUSE ONE MULTI	90	TAB	41.99	33.59
66127	MENS ENERGY MULTI GUMM	30P	PAK	24.99	19.99
58236	MENS MULTI ORGANIC	120	TAB	37.99	30.39
40765	MENS ONE MULTI	90	TAB	39.99	31.99
42395	MENS ONE MULTI	30	TAB	16.99	13.59
53805	MENS ONE MULTIVITAMIN	150	TAB	51.99	41.59
65899	MENTAL CALM	30	TAB	14.99	11.99
52484	MINT ASURE	75	CAP	6.99	5.59
52028	NAIL HAIR & SKIN	60	TAB	21.99	17.59
51708	NUTRISTART MULTI PWD	25	PAK	19.99	15.99
60511	OMEGA BRAIN PERFORMANC	60	FSG	36.99	29.59
65770	PAIN EZE	40	TAB	13.99	11.19
65771	PAIN EZE BLISTER PAK	30	TAB	11.99	9.59
51036	PERFORM ENERGY MEN	90	TAB	34.99	27.99
58235	PRENATAL MULTI ORGANIC	120	TAB	37.99	30.39
53804	PRENATAL ONE MULTI	150	TAB	56.99	45.59
39779	PRENATAL ONE MULTI	90	TAB	39.99	31.99
52483	PRENATAL PAK	30	PAK	32.99	26.39
59141	PRENATAL PETITE MULTI	180	TAB	41.99	33.59
22875	PRENATAL SYS COMPLETE	180	TAB	41.99	33.59
55705	PROBIODUCTIVE 1B VCAP	90	VCA	19.99	15.96
60554	PROBIODUCTIVE GUMMIES	50	CHW	17.99	14.39
44117	PROTEIN ENERGIZER CHOC	16Z	PWD	21.99	17.59
38660	REJUVENAGE 40+ MULTI	120	TAB	56.99	45.59
45136	REJUVENAGE 40+ MULTI	60	TAB	31.99	25.59
66960	SLEEP Z Z ZEN	50	CAP	28.99	23.19
66130	TEEN ENERGY MULT GM PK	30P	PAK	24.99	19.99
61633	THERAMEND	50	VCA	39.99	31.99
65769	THERAMEND BLISTER	20	VCA	16.99	13.59
66128	WOMENS ENERGY MULTI GM	30P	PAK	24.99	19.99
58237	WOMENS MULTI ORGANIC	120	TAB	37.99	30.39
22125	WOMENS NUTRITIONAL SYS	180	TAB	43.99	35.19
38523	WOMENS ONE MULTI	90	TAB	39.99	31.99
42367	WOMENS ONE MULTI	30	TAB	16.99	13.59
53806	WOMENS ONE MULTI	150	TAB	51.99	41.59
65772	ZEN THERAPY	90	TAB	25.99	20.79
65773	ZEN THERAPY BLISTER	30	TAB	11.99	9.59

RAW ELEMENTS USA					
66852	FACIAL MOIST TINT SPF30	1.8	CRM	17.99	16.19
66849	SUNSCREEN ECO FORM SPF	3.2	LOT	18.99	17.09
66851	SUNSCREEN ECO STK SPF30	.60	STK	15.99	14.39
66850	SUNSCREEN ECO TINT STK	.60	STK	15.99	14.39
66853	SUNSCREEN TIN ECO FORM	3.2	LOT	18.99	17.09

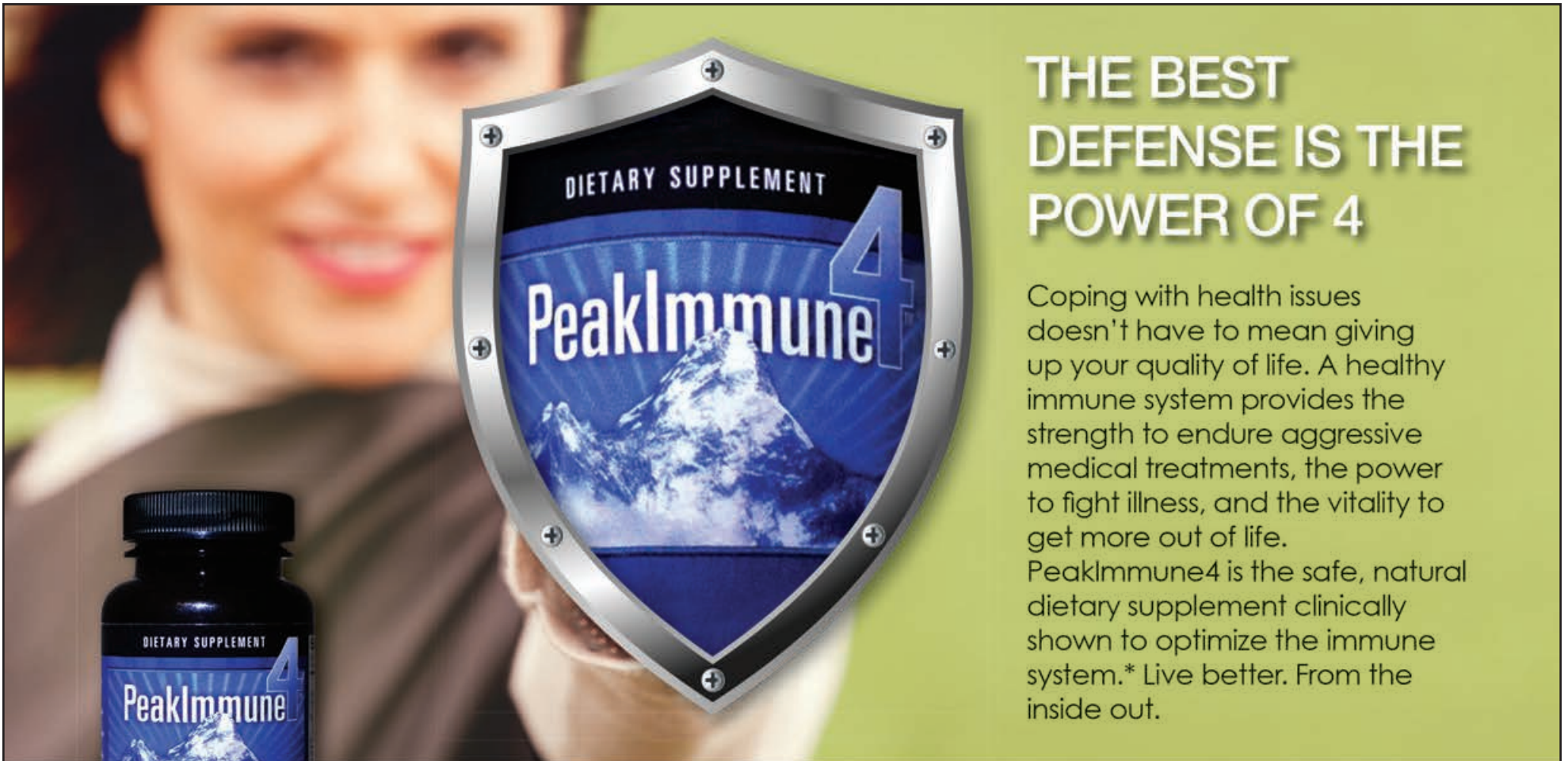
RAW REVOLUTION					
65909	CRANBERRY ALMOND COCON	1.6	BAR	1.95	1.75
67090	GLO BAR DK CH PB SEA S	1.6	BAR	2.09	1.67
65907	GLO BAR PB SEA SLT CRM	1.6	BAR	1.95	1.75
65908	SPIRULINA DREAM	1.8	BAR	1.95	1.75

REDD REMEDIES					
62963	AT EASE TAB	80	TAB	28.99	23.19
66311	BONE HEALTH ADVANCED	120	CAP	28.99	23.19
64539	BRAIN AWAKENING	120	CAP	58.99	47.19
66555	GOUCH VCAP	120	VCA	57.99	46.39
62966	GOUCH VCAP	60	VCA	29.99	23.99
60954	JOINT HEALTH	90	VCA	74.99	59.99
66199	JOINT HEALTH ADV NEM	60	VCA	36.99	29.59
65586	LUNG CARE DIFFUSER	1.5	INH	8.99	7.19
62967	MUSCLE EASE	60	TAB	17.99	14.39
62973	NERVE SHIELD	60	TAB	31.99	25.59
64736	PAIN 14 VCAP	60	VCA	34.99	27.99
62962	SINUS SUPPORT ADULT	100	TAB	34.99	27.99
62965	SINUS SUPPORT CHILD	60	CHW	18.99	15.19
62977	SINUS SUPPORT INHALER	EA	INH	6.99	5.59
62974	SINUZYME CAP	40	CAP	24.99	19.99
65590	THROAT DROPS COOL MINT	16	DRP	5.99	4.79
65009	THROAT DROPS LEMON	16	LOZ	5.99	4.79
62976	THYROID STRONG	60	VCA	34.99	27.99
62975	TRUE ENERGY CAP	50	CAP	24.99	19.99

RENEW LIFE					
53381	14 BY TOTAL BODY CLEAN	KIT	KIT	36.99	33.29
67115	3 DAY CLEANSE	12	VCA	7.99	7.19

53380	7 DAY TOT BODY RAP CLE	KIT	KIT	29.99	26.99
65218	BOWEL CLEANSE CAP	150	CAP	19.99	17.99
50227	BOWEL CLEANSE ORGANIC	13.	PWD	19.99	17.99
38048	CANDI SMART CANDI GONE	KIT	KIT	37.99	34.19
36573	CLEANSE MORE	60	CAP	18.99	17.09
37854	CLEANSE SMART	KIT	KIT	32.99	29.69
54895	CLEAR FIBER ORG ACACIA	9.5	PWD	19.99	17.99
58600	CLEAR FIBER ORG ACACIA	4.8	PWD	13.99	12.59
58834	CRABE BE GONE CHW	60	CHW	29.99	26.99
64790	CRIT CARE ENZYM DIG SM	45	CAP	32.99	29.69
55133	CRITICAL LIVER CARE	90	VCA	39.99	35.99
45160	DAILY MULTI DETOX	120	CAP	36.99	33.29
55969	DAILY OMEGA ENTER COAT	60	SGC	19.99	17.99
61682	DAILY PROB 15 BIL RTS	30	VCA	21.99	19.79
63370	DAILY PROB 15 BIL RTS	60	VCA	37.99	34.19
56025	DHA 500 CRIT ENT COAT	60	SGC	29.99	26.99
59411	DIET SUCCESS TOTAL	90	VCA	39.99	35.99
56668	DIETSTART CLEANSE	56	CAP	29.99	26.99
50988	DIGEST MORE ULTRA	90	CAP	49.99	44.99
57524	ESSENTIAL DETOX ORG LO	16Z	LIQ	36.99	33.29
60309	EVERY OMEGA W/D3	30	SGC	29.99	26.99
32790	FIBERSMART	8Z	PWD	20.99	18.99
53473	FIBERSMART	12Z	PWD	29.99	26.99
43154	FIBERSMART CAP	120	VCA	17.99	16.19
56027	FIBERSMART CAP	200	CAP	27.99	25.19
45161	FIRST CLEANSE	60	CAP	27.99	25.19
55970	FIRST OMEGA ENTERIC COA	TED	SGC	23.99	21.59
53612	GAS STOP	60	CAP	19.99	17.99
56925	HEARTBURN STOP	30	CAP	13.99	12.69
38566	INTESTINEW 16ZGRAMS	5.7	PWD	39.99	35.99
52184	KIDNEY DETOX TOTAL RN	KIT	KIT	37.99	34.19
66891	KIDS ENZYME DIG SM CHW	60	CHW	14.99	13.49
61691	KIDS PROBIOT 3 BL CHW	30	CHW	16.99	15.29
67150	KIDS PROBIOTIC 3 BIL CH	60	CHW	29.99	26.99
63196	KRILL OMEGA SGC	30	FSG	29.99	26.99
40593	LIVER DETOX	KIT	KIT	39.99	35.99
58835	OMEGA 3 1000 SUP CRIT	30	SGC	29.99	26.99
55967	OMEGA 600 COAT ENT COT	60	SGC	29.99	26.99
32932	PARAGONE INT CLEANSING	EA	RNW	37.99	34.19
64791	SENIOR CARE ENZYM DIG	45	CAP	29.99	26.99
64954	SKINNY GUT ACACIA FRT	9Z	PWD	19.99	17.99
64953	SKINNY GUT ACACIA ORG	11.	PWD	19.99	17.99
64948	SKINNY GUT CHOC PWD	410	PWD	34.99	31.49
64949	SKINNY GUT VANILLA PWD	380	PWD	34.99	31.49
55402	SMOKERS CLEANSE	KIT	KIT	39.99	35.99
56270	TRIPLE FIBER ORGANIC	150	CAP	18.99	17.09
50228	TRIPLE FIBER ORGANIC	12Z	PWD	15.99	14.39
58289	ULT FLORA 15 BIL ADULT	30	CAP	22.99	20.69
64197	ULT FLORA 150 BIL MEGA	30	VCA	69.99	62.99
65760	ULT FLORA 158 FIZZ BER	10	PAK	12.89	11.60
65759	ULT FLORA 158 RSP LEM	10	PAK	12.89	11.60
56667	ULT FLORA 200 BIL PAK	7	PAK	29.99	26.99
64144	ULT FLORA 30 BIL SN CR	30	VCA	29.99	26.99
64143	ULT FLORA 30 BIL XTRA	30	VCA	29.99	26.99
61692	ULT FLORA 30 BL SENIOR	60	VCA	52.99	47.69
55077	ULT FLORA 30 BL SENIOR	30	CAP	29.99	26.99
66038	ULT FLORA 3B SOUR GUMM	60	GUM	20.49	18.44
65852	ULT FLORA 50B GO PAK	7	VCA	11.99	10.79
58297	ULT FLORA 80 BL CR COL	30	CAP	49.99	44.99
61703	ULT FLORA 80 BL CR COL	60	VCA	89.99	80.99
62887	ULT FLORA 90 BIL WOMEN	30	VCA	49.99	44.99
58943	ULT FLORA ADV IMMUN	30	CAP	29.99	26.99
64952	ULTIM FLORA 50 BIL RTS	30	VCA	39.99	35.99
62228	ULTIMATE FLORA 100 BIL	30	VCA	59.99	53.99
60934	ULTIMATE FLORA 15 BIL	60	CAP	39.99	35.99
61830	ULTIMATE FLORA 50 BIL	60	VCA	67.99	61.19
51696	ULTIMATE FLORA VAGINAL	30	VCA	39.99	35.99
63369	WOMENS PROB 15 BIL RTS	60	VCA	37.99	34.19
61680	WOMENS PROB 15 BIL RTS	30	VCA	21.99	19.79

RESERVEAGE ORGANICS					
59829	BEAUTIFUL LEGS	30	CPL	28.99	28.99
65360	BERGAMOT CHOLESTRAL SUP	30	VCA	34.99	34.99
57620	COLLAGEN BOOSTER	60	VCA	41.99	41.99
62818	COLLAGEN BOOSTER ULTRA	90	CAP	52.99	52.99
66315	COLLAGEN BUILDER PLANT	60	VCA	39.99	39.99
64938	COLLAGEN HYDRA PROTECT	30	CAP	29.99	29.99
66633	COLLAGEN REPLENISH CHW	60	CHW	21.95	21.95
64962	COLLAGEN REPLENISH PWD	78G	PWD	17.99	17.99
65381	GRAPE SEED EXT 325 MG	60	VCA	34.99	34.99
59619	KERATIN BOOSTER	60	VCA	41.99	41.99
59828	KERATIN FOR MEN	60	CAP	47.99	47.99
67235	KERATIN HAIR BOOST PWD	2.7	PWD	39.99	35.99
62287	PHOSPHATIDYLSERINE	60	CAP	41.99	41.99
58516	PROSTATE SCIENCE	60	CAP	32.99	32.99
57554	RESVERATROL 100 MG R	60	CAP	24.89	24.89
57550	RESVERATROL 250 MG	60	VCA	41.99	41.99
61074	RESVERATROL 250 W/PTER	60	VCA	46.59	46.59
57555	RESVERATROL 500 MG	60	CAP	78.69	78.69
61075	RESVERATROL 500 W/PTER	60	VCA	82.79	82.79
67236	RESVERATROL CHEW 60 MG	30	CHW	19.99	17.99
58492	RESVERATROL TONIC 125	5Z	LIQ	31.99	31.99
59833	TRUE ENERGY COCOAWELL	60	CAP	29.99	29.99
57557	UBIQUINOL COQ10 RESVER	60	CAP	58.99	58.99
62285	WHEY PROT CHC GRASS FD	12.	PWD	29.99	



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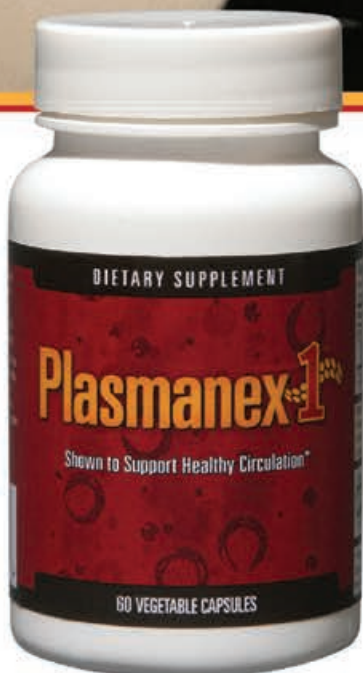
Daiwa Health Development,
Gardena, CA, 90248
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Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)

22337	B 50 COMPLEX CAP	250	CAP	32.99	26.39	29174	IMMUTAIN BLEND SP40	100	CAP	12.39	9.91	22870	WOOD BETONY 300 CAP	100	CAP	11.69	9.35	59860	CAL MAG CITR LIQ OR VN	16Z	LIQ	12.98	10.38	
25175	B 50 COMPLEX CAP	50	CAP	8.89	7.11	32709	INDOLE 3 CARBINOL 25	30	CAP	14.89	11.91	31617	YEAST CLEANSE	90	CAP	18.19	14.55	59861	CAL MAG CITR LIQ STRAW	16Z	LIQ	12.98	10.38	
34061	B COMPLEX 50	100	CAP	15.39	12.31	43231	INDOLE 3 SUPREME 200	30	VCA	40.49	32.39	51421	ZEAXANTHIN ULTRA 6 MG	60	VCA	24.79	19.83	13318	CAL MAG CITRATE TAB	100	TAB	11.98	9.58	
28662	B COMPLEX 75	100	CAP	20.49	16.39	42933	INOSITOL	2 Z	PWD	17.49	13.99	61764	ZINC 50 MG	100	CAP	8.49	6.79	13319	CAL MAG CITRATE TAB	250	TAB	25.75	20.60	
56086	B COMPLEX CHW	50	CHW	15.59	12.47	20793	IRON ASPOROTATE 18 MG	100	TAB	7.79	6.23	59033	ZINC COPPER	100	VCA	11.69	9.35	13313	CAL MAG TAB	100	TAB	9.98	7.98	
22336	B STRESS MEGA T/R	240	VCA	41.19	32.95	32408	KELP	100	CAP	10.09	8.07							13314	CAL MAG TAB	250	TAB	18.55	14.84	
31855	B STRESS MEGA T/R	120	VCA	22.99	18.39	31842	KIDNEY CAPS	60	CAP	9.89	7.91								13320	CAL MAG ZINC TAB	100	TAB	9.98	7.98
52230	B STRESS PM	120	CAP	20.99	16.79	20824	KIDNEY CORNSILK SP6	100	CAP	10.39	8.31								13321	CAL MAG ZINC TAB	250	TAB	18.55	14.84
19327	B12 2000 SUBL LOZ	90	LOZ	13.99	11.19	51168	KUDZU ROOT EXT	60	CAP	18.99	15.19	38702	40 + ACIDOPH ADV	60	VCAP	12.90	10.32	13303	CALCI CHEWS WAFERS 500	120	CHW	13.98	11.18	
40817	B12 5000 MCG	30	LOZ	14.19	11.35	50426	LIPIDIC ACID 250 MG	60	CAP	34.39	27.51	50685	5 HTP 100 MG	30	VCA	11.45	9.16	22503	CALCIUM COMPLEX ADV TB	120	TAB	21.60	17.28	
52226	B6 100 MG TIME RELEASE	60	VCA	8.39	6.71	50934	LITHIUM ASPARTATE 5 MG	100	CAP	12.69	10.15	50686	5 HTP 100 MG	90	VCA	30.80	24.64	12983	CARNITINE 250 CAP	90	CAP	24.70	19.76	
31845	BETA GLUCAN 3 MG	60	CAP	12.89	10.31	34432	LIVER BLEND SP 13	100	CAP	9.99	7.99	50681	A 5000 SGC	100	SGC	6.19	4.95	12986	CARNITINE 500 MAXI TAB	60	TAB	30.89	24.71	
38448	BILBERRY & LUTEIN	30	CAP	32.69	26.15	31350	LUTEIN EYES 18 MG	60	CAP	35.69	28.55	42595	A 1000 DRY	100	TAB	8.90	7.12	60984	CARNITINE COMPLEX	60	TAB	45.30	36.24	
28938	BILBERRY 160 MG 1 DAY	30	CAP	31.59	25.27	66841	LUTEIN EYES 24 MG ADV	60	VCA	60.39	48.31	58408	ACETYL L CARNITINE 1000	30	TAB	30.89	24.71	13060	CAROTENE 25000 SGC	60	SGC	14.10	11.28	
25458	BILBERRY EXT 60 MG	60	CAP	19.49	15.59	33963	LUTEIN EYES 6 MG	60	CAP	16.79	13.43	23786	ACETYL L CARNITINE 250	30	CAP	10.98	8.78	13061	CAROTENE 25000 SGC	90	SGC	20.50	16.40	
44937	BILBERRY EXT 60 MG	120	VCA	34.39	27.51	36482	LUTEIN EYES ADV 24 MG	30	CAP	31.69	25.35	38577	ACIDOPH + ADVANCE	240	VCAP	31.85	25.48	13062	CAROTENE 25000 SGC	180	SGC	38.00	30.40	
29197	BILBERRY EXTRACT 42 MG	120	CAP	29.79	23.83	25792	LYSINE 500 FREE FORM	120	CAP	12.59	10.07	38585	ACIDOPH + ADVANCE	120	VCAP	16.90	13.52	19845	CAROTENE DRY 10000 TAB	100	TAB	13.98	11.18	
31848	BIO E W/SELENIUM	60	PRL	17.09	13.67	60445	MAG ASPOROTATE	180	CAP	21.29	17.03	38538	ACIDOPHILUS ADVANCED	100	VCAP	14.90	11.92	19844	CAROTENE DRY 10000 TAB	250	TAB	29.85	23.88	
34859	BIO ZINC	100	CAP	8.59	6.87	20794	MAG ASPOROTATE 400 MG	60	CAP	8.59	6.87	13602	ALOE VERA 520 VCAP	100	CAP	12.98	10.38	13612	CHLORELLA 520 CAP	100	CAP	19.55	15.64	
67082	BIOTIN 1000 MCG ORANGE	100	LOZ	10.79	8.63	20795	MAG ASPOROTATE 400 MG	120	CAP	15.49	12.39	13510	ANTIOXIDANT ADV VCAP	60	CAP	20.50	16.40	13127	CHOL/INOSITOL	100	VCA	16.49	13.19	
59204	BIOTIN 5000 MCG TANGY	60	LOZ	17.39	13.91	40478	MAG BIOCITRATE 133 MG	90	VCA	12.49	9.99	22997	ANTIOXIDANT ADV VCAP	120	CAP	39.05	31.24	13122	CHOLINE 350 VCA	100	VCA	14.98	11.98	
36770	BITTER MELON EXT 500	30	CAP	17.69	14.15	36489	MAG GLYCINATE 400 MG	120	VCA	19.89	15.91	13478	APPLE PECTIN PWD	4 Z	PWD	16.49	13.19	13346	CHROMIUM PICOL 200 VCA	90	VCA	11.20	8.96	
32500	BITTER ORANGE EXT 120	100	CAP	13.99	11.19	22078	MAG POT ASPOR W/BROM C	120	CAP	19.79	15.83	57715	ARGININE 1000 MG TAB	90	TAB	22.65	18.12	13347	CHROMIUM PICOL 200 VCA	180	VCA	20.50	16.40	
31782	BLACK COHOSH ROOT	120	CAP	18.99	15.19	22113	MAGNESIUM 200 MG	100	CAP	12.69	10.15	12976	ARGININE CAP 500	100	CAP	14.98	11.98	29175	CHROMIUM PICOL 500 MCG	60	VCA	7.98	6.38	
28656	BLACKWELLIA EXT 325 MG	60	CAP	21.69	17.35	32412	MAGNETIC MUSHROOM	100	CAP	21.89	17.51	12977	ARGININE CAP 500	250	CAP	33.99	27.19	13027	CHROMIUM PICOL 500 MCG	120	VCAP	11.98	9.58	
40049	BROMELAIN 500 MG	60	CAP	24.89	19.91	22357	MANGANESE 50 CAP	100	CAP	8.59	6.87	12972	ARGININE/ORNITHINE CAP	50	CAP	13.90	11.12	22505	CHROMIUM POLYMC 200 YF	100	CAP	12.90	10.32	
18659	BUTCHERS BRIM EXT 100 C	60	CAP	11.59	9.27	22681	MANGANESE ASPROTATE CP	100	CAP	10.09	8.07	33241	ASHWAGANDHA RT EXT STD	60	VCA	16.49	13.19	50675	CINNAMON LIPOIC ACID	60	TAB	14.35	11.48	
45313	BUTTERBUR EXT 50 MG	60	VCA	25.69	20.55	51249	MILK THISTLE 350 1 DAY	60	CAP	34.69	27.75	60054	ASTAXANTHIN 10 MG SGC	30	SGC	23.70	18.96	50670	CINNAMON VCAP	100	VCA	11.98	9.58	
60937	C 1000 W/RH/ACT R	100	VCA	15.59	12.47	18664	MILK THISTLE 175 CAP	60	CAP	19.09	15.27	39299	ASTAXANTHIN 5 MG	30	SGC	13.98	11.18	13208	CITRUS BIOFL CMP 1000	100	TAB	12.98	10.38	
23172	C 1000 W/RH/ACT T/R	250	VCA	34.89	27.91	32550	MILK THISTLE 350 1 DAY	30	CAP	18.99	15.19	61888	ASTAXANTHIN 5 MG	60	SGC	24.70	19.76	13209	CITRUS BIOFL CMP 1000	250	TAB	27.79	22.23	
22239	C 1000 W/RH/ACEROLA CP	250	CAP	34.79	27.83	27046	MILK THISTLE PHYTOSOME	60	CAP	40.39	32.31	22705	ASTRAGALUS RT EXT SFP	100	CAP	16.49	13.19	50691	CLA 1300 MG TONALIN	60	SGC	23.69	18.95	
37283	C 500 BIO PLEX BUFF	250	CAP	23.89	19.11	27047	MOOD BLEND SP39	100	CAP	12.79	10.23	28292	ASTRAGALUS RT EXT SFP	60	VCA	18.55	14.84	62140	COMFORT ZONE DIGEST	90	VCA	19.98	15.98	
39340	C 500 BUFF W/RH & ACER	100	CAP	10.19	8.15	36504	MUIRA PUAMA ROOT 300	100	CAP	14.49	11.59	13183	B 100 COMPLEX TAB	100	TAB	20.59	16.47	13327	COPPER CHEL TAB	100	TAB	8.90	7.12	
22868	C 500 SUPER BIO PLEX	250	CAP	22.69	18.15	27117	MULLEIN LEAVES	100	CAP	10.29	8.23	13184	B 100 COMPLEX VCAP	250	TAB	47.39	37.91	58230	COQ10 100 MG	90	SGC	43.25	34.60	
20390	C BIO SUPER T/R BUFF	250	CAP	30.69	24.55	52991	MULTI MINERAL NO IRON	200	CAP	21.29	17.03	13185	B 100 COMPLEX VCAP	50	VCAP	12.10	9.68	39707	COQ10 100 MG SGC	60	SGC	32.95	26.36	
21582	CAL ASPOROTATE CAP	100	CAP	16.29	13.03	65739	MULTIDOP 12 D MAN CRAN	90	VCA	39.09	31.27	13187	B 100 COMPLEX VCAP	250	VCAP	50.45	40.36	13528	COQ10 120 MG	30	VCA	19.55	15.64	
20752	CAL CITRATE SUP 132 MG	180	CAP	20.69	16.55	20729	MULTIMIN ASPROTATES	120	CAP	19.89	15.95	13186	B 100 COMPLEX VCAP	100	VCAP	22.10	17.68	20170	COQ10 120 MG	60	VCA	35.00	28.00	
40059	CAL CITRATE W/D 250	180	CAP	18.59	14.87	56824	NATTOKINASE 100 MG	30	VCA	34.69	27.75	13189	B 50 COMPLEX MEGASORB	100	TAB	21.30	17.04	32847	COQ10 200 MG	30	VCA	27.60	22.08	
20753	CAL HYDRXYAPAT 1000	120	CAP	25.69	20.55	25728	NETTLE LEAVES 450 MG	100	CAP	10.39	8.31	23604	B 50 COMPLEX MEGASORB	250	TAB	46.85	37.48	66526	COQ10 200 MG	60	VCA	50.90	40.72	
31615	CAL MAG ASPROTATES	240	CAP	29.99	23.99	51718	NETTLE ROOT 300 MG	60	CAP	18.29	14.63	13177	B 50 COMPLEX VCAP	100	VCAP	13.48	10.78	50677	COQ10 200 MG SGC	30	SGC	26.79	21.43	
25162	CAL MAG CAP	90	CAP	10.09	8.07	33038	NIACINAMIDE 500	100	CAP	8.69	6.95	13178	B 50 COMPLEX VCAP	250	VCAP	30.80	24.64	58102	COQ10 200 MG SGC	60	SGC	49.45	39.56	
22198	CAL MAG CITRATE CAP	180	CAP	22.69	18.15	35951	OLIVE LEAF 1000 MG	30	CAP	44.49	35.59	13192	B COMPLEX STRESS NAT	90	TAB	16.49	13.19	13523	COQ10 30 CAP MAXI	90	CAP	16.49	13.19	
36481	CAL MAG CITRATE W/D	180	VCA	21.59	17.27	34256	OLIVE LEAF 250 MG	60	CAP	23.79	19.03	13174	B COMPLEX W/C STRESS	250	TAB	26.69	21.35	50749	COQ10 30 MG SGC	30	SGC	6.98	5.58	
31616	CAL MAG CITRATE W/D	90	CAP	12.09	9.67	32631	OLIVE LEAF 300 MG OLEA	100	CAP	16.29	13.03	13173	B COMPLEX W/C STRESS	100	TAB	11.90	9.52	39706	COQ10 30 MG SGC	120	SGC	22.65	18.12	
60654	CAL MAG CT 2:1 D3 1000	180	CAP	21.79	17.43	29850	OLIVE LEAF EXT 250 MG	30	CAP	12.89	10.31	13196	B + C STRESS FRM ULT TAB	90	TAB	22.65	18.12	50678	COQ10 400 MG SGC	30	SGC	47.39	37.91	
23193	CAL MAG ZINC CAP	250	CAP	25.69	20.55	57777	ONCE DAILY IRON FREE	60	CAP	21.29	17.03	13069	B1 100 VCAP	100	CAP	8.90	7.12	40529	COQ10 60 MG SGC	120	SGC	35.00	28.00	
20790	CALCIUM CITRATE 250 MG	120	CAP	12.99	10.39	31622	OPTI ZINC 30 MG	60	CAP	7.99	6.39	13071	B1 500 TAB	100	TAB	18.55	14.84	40528	COQ10 60 MG SGC	60	SGC	19.55	15.64	
31613	CALCIUM CITRATE 250 MG	240	CAP	22.09	17.67	58767	PANCREATIN 1300 MG	90	CAP	11.79	9.43	13099	B12 100 TAB	100	TAB	6.90	5.52	13526	COQ10 60 VCAP					



Vitamin D Supplementation Reduces Asthma Attacks in Adults and Children

What is Asthma?

In asthma, the smooth muscle walls that surround air passageways to the lungs swell, tighten, and inflame, restricting the flow of air. There are many things that can trigger an asthma attack, including pollen, pets, mold, respiratory infection, smoke, exercise, and inhaling cold air.

Two recent studies show that vitamin D can prevent or ameliorate asthma attacks. Vitamin D supplements lead to fewer emergency room visits.

Low levels of vitamin D may increase chances for asthma attacks, but this is the first review of results from placebo-controlled asthma studies using vitamin D supplements. Doctors analyzed findings from seven studies covering 435 children, and two studies covering 658 adults, most with mild or moderate asthma, and fewer with severe asthma. Participants were ethnically diverse, coming from North America, Europe, and Asia, and studies lasted anywhere from four to 12 months.

Overall compared to placebo, those taking vitamin D saw the rate of asthma flare-ups requiring corticosteroid treatments decrease by 37 percent. Chances of being hospitalized

or requiring an emergency room visit for severe asthmatic episodes declined by 61 percent, with the number of hospitalizations declining from 6 per 100 participants to 3 per 100 participants.

(Reference: *Cochrane Database of Systematic Reviews; 2016, Issue 9, Published Online*)

Fewer asthma flare-ups in kids with the Common Cold

This was a study of vitamin D and acute respiratory infections--specifically, the common cold in children younger than 18.

Doctors reviewed seven controlled vitamin D supplement trials covering both healthy kids and those with recurring acute respiratory infections. While vitamin D did not reduce the chances of respiratory infection, kids with asthma and colds who took vitamin D saw 72 percent fewer asthma flare-ups during the cold compared to kids with asthma who did not take vitamin D.

(Reference: *British Journal of Nutrition; October, 2015, Vol. 114, No. 7, 1026-34*)

Additional Comments from Don Goldberg

In the first study, asthma flare-ups were reduced by 37%. In the second study, flare-ups were reduced by 72%. That's pretty impressive. And, equally impressive, this reduction is achieved merely by supplementing with a vitamin that is good for you in so many other ways as well. Sounds like a win-win situation to me.

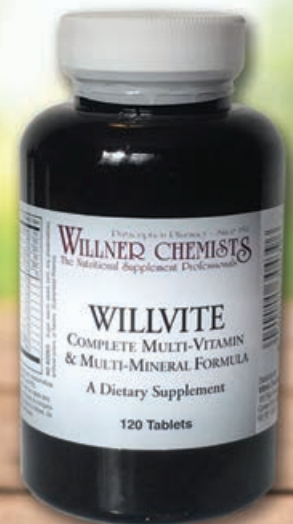


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- Eucalyptus - 4 fl oz, #62681
- Frankincense - 1 fl oz, #66286
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- Jasmine - 1 fl oz, #66287
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- Lavender (French) - 4 fl oz, #62787
- Lavender (Bulgarian) - 1 fl oz, #62815
- Lemon - 1 fl oz, #63006
- Lemongrass - 1 fl oz, #66310
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- Oregano - 1 fl oz, #62821
- Patchouli - 1 fl oz, #62822
- Peppermint - 1 fl oz, #62884
- Peppermint - 4 fl oz, #63007
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- Rosemary - 1 fl oz, #63008
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21737	FLAXSEED OIL SGC	250	SGC	29.85	23.88	13497	OMEGA 3 700 SGC	60	SGC	22.65	18.12	29714	GREENLIFE #10	360	TAB	93.39	74.71	60063	EDTA 500 MG CAP	240	CAP	37.50	30.00
63335	FOLATE 1000 METAFOLIN	120	TAB	29.98	23.98	13498	OMEGA 3 700 SGC	120	SGC	41.19	32.95	11324	INTESTINAL CLEANSER #9	10Z	PWD	20.99	16.79	27932	ELDERBERRY LIQ WELLNES	4Z	LIQ	16.98	13.58
63334	FOLATE 1000 METAFOLIN	60	TAB	15.98	12.78	51190	OMEGA 3 950 MG SGC	100	SGC	36.05	28.84	SOOTHING TOUCH											
59167	FOLATE 800 MCG METAFOL	100	TAB	15.50	12.40	55122	OMEGA 3 950 SGC	50	SGC	20.59	16.47	65924	BATH SALTS CEDAR SAGE	32Z	SLT	14.89	11.90	20672	ESSENTIAL ENZYMS 500	60	CAP	11.25	9.00
56121	FOLATE METAFOLIN 400	100	TAB	12.20	9.76	57912	OMEGA 3 FISH OIL S	120	SGC	13.98	11.18	65927	BATH SALTS EUCALYPTUS	32Z	SLT	14.89	11.90	20674	ESSENTIAL ENZYMS 500	120	CAP	20.50	16.40
13129	FOLIC ACID 400 TAB	100	TAB	7.20	5.76	58701	OMEGA SALMON FULL SPEC	120	SGC	29.85	23.88	65928	BATH SALTS LAVENDER	32Z	SLT	14.89	11.90	20675	ESSENTIAL ENZYMS 500	240	CAP	40.50	32.40
13130	FOLIC ACID 400 TAB	250	TAB	12.98	10.38	30363	OMNIUM MULT IRON FREE	100	TAB	52.05	41.64	65925	BATH SALTS TUSCAN BOUQ	32Z	SLT	14.89	11.90	59241	ESSENTIAL ENZYMS ULTR	90	CAP	40.98	32.78
13133	FOLIC ACID 800 CAP	100	CAP	8.80	7.04	26762	OMNIUM MULTIPLE	90	TAB	48.20	38.56	SOUNDS TRUE											
13132	FOLIC ACID 800 TAB	250	TAB	12.98	10.38	30048	OMNIUM MULTIPLE	180	TAB	92.19	73.75	66732	7 KEYS TO FREEDOM	EA	CDR	16.98	13.58	54794	GABA 750 CAP	90	CAP	20.30	16.24
23785	GABA 500 MG VCAP	100	VCA	21.35	17.08	50671	OREGANO OIL WILD	60	SGC	13.98	11.18	66731	AWAKENING IN THE NOW	EA	CDR	19.95	15.96	26215	GABA CALM SUB ORANGE	60	TAB	16.50	13.20
13571	GARLIC PERLES SGC	100	SGC	5.90	4.72	13086	P 5 P 50 MG TAB	100	TAB	20.59	16.47	66729	CHAKRA INTEGRATION	EA	CDR	14.98	11.98	26957	GABA CALM SUB ORANGE	120	TAB	31.50	25.20
13572	GARLIC PERLES SGC	250	SGC	11.00	8.80	13165	PANTOTHENIC A 550 VCAP	100	CAP	18.45	14.76	66728	CHAKRA INTEGRATION	EA	CDR	14.98	11.98	28911	GABA CALM SUB PEP	120	TAB	31.50	25.20
13532	GELATIN CAP WITH CAL	250	CAP	18.55	14.84	13507	PHOS CHOL SGC SOL/100	100	SGC	17.49	13.99	66730	CHAKRA INCARNATION	EA	CDR	14.98	11.98	30500	GAMMA ORYZANOL 60 MG	100	TAB	9.98	7.98
33245	GINGER ROOT EXT STD	60	VCA	17.49	13.99	57709	PHOS SERINE 200 MG SGC	60	SGC	56.69	45.35	66729	CHAKRA INTEGRATION	EA	CDR	14.98	11.98	31531	GAMMA ORYZANOL 60 MG	200	TAB	18.50	14.80
21531	GINKGO 60 SUPER VCAP	120	CAP	28.85	23.08	28275	PHOS SERINE 200 MG SGC	30	TAB	30.80	24.64	66724	CREATIVE MIND SYSTEM	EA	CDR	11.98	11.98	22550	GARCINIA +	120	TAB	33.50	26.80
26770	GINKGO BILOBA LEAF EXT	60	VCA	16.49	13.19	52979	PM PHYTOGEN COMPLEX	60	TAB	25.65	20.52	66722	FAIL FAIL AGAIN FAIL B	EA	CDR	19.95	15.96	27919	GENISTEIN 1000 SOY ISO	120	TAB	25.50	20.40
31503	GINKGO BILOBA STANDZD	180	VCA	40.15	32.12	13339	POT CMP 99 MG TAB	100	TAB	10.98	8.78	66722	GUIDED MEDITATIONS	EA	CDR	29.95	23.96	29770	GINKGO 24 120 MG	120	TAB	41.50	33.20
28297	GINSENG KOREAN EXT SFP	60	VCA	23.69	18.95	13375	POT GLUCONATE 99 MG	100	TAB	9.98	7.98	66025	HEARTH SOUNDS	EA	CDR	16.98	16.98	40977	GLUCO SCIENCE	90	TAB	41.50	33.20
22240	GLA 300 SUPER SGC	60	SGC	24.19	19.35	13376	POT GLUCONATE 99 MG	250	TAB	18.55	14.84	66726	ILLUSION OF TIME	EA	CDR	19.95	15.96	37043	GLUCOS CHOND MSM	120	TAB	48.50	38.80
58308	GLUCOS CHON MSM ESTER	180	TAB	41.19	32.95	13666	POT/MAG ASPARTATE VCAP	90	VCA	13.98	11.18	66728	KUNDALINI KIRTRONICA	EA	CDR	16.98	13.58	39126	GLUCOS CHOND XTRA STRN	60	TAB	27.50	22.00
30241	GLUCOS CHOND 500/500	150	TAB	56.65	45.32	13436	PRENATAL NUTRIENTS TAB	120	TAB	14.60	11.68	66725	MANTRAS BEATS MEDITAT	EA	CDR	16.98	13.58	39127	GLUCOS CHOND XTRA STRN	120	TAB	53.50	42.80
28101	GLUCOS CHOND 500/500	75	TAB	30.80	24.64	30194	PRENATAL NUTRIENTS TAB	240	TAB	25.25	20.20	58386	MINDFUL MEDIT PAIN REL	EA	CDR	19.95	19.95	39129	GLUCOS SULF PWD	8Z	PWD	23.50	18.80
37309	GLUCOS CHOND 500/500	300	TAB	87.55	70.04	65407	PROBI 30 BILLION	30	VCA	39.99	31.99	61506	MUSIC FOR HEALING	EA	CDR	9.98	7.98	30245	GLUTAMINE PWD	3.5	PWD	14.50	11.60
34439	GLUCOS CHOND COMPLEX	225	TAB	74.15	59.32	22980	PROLINE 500 VCAP	100	CAP	22.65	18.12	66022	NATURAL AWARENESS	EA	CDR	29.95	29.95	39136	GLUTATHIONE 250 MG	60	TAB	32.50	26.00
51189	GLUCOS CHOND MSM	120	TAB	66.85	53.48	24895	PROLINE/LYSINE TAB	90	TAB	20.59	16.47	66027	RECOVERY ONE BREATH	EA	CDR	19.95	19.95	67194	GLUTATHIONE BUILDER	90	TAB	22.98	18.38
51188	GLUCOS CHOND MSM	60	TAB	37.60	30.08	30512	PROSTATE SUPPRT G S	60	VCA	34.39	27.51	66028	RELAX	EA	CDR	9.98	7.98	51945	GLUTATHIONE REDUCD SUB	50	TAB	10.50	8.40
51871	GLUCOS HYALUR CHON MSM	120	TAB	49.45	39.56	13485	PSYLLIUM HUSKS VCAP	200	CAP	18.45	14.76	66733	RELAX FOCUS MEM TRAIN	EA	CDR	9.95	7.96	55993	GLYCINE 500 MG	200	CAP	16.50	13.20
51854	GLUCOS MSM CMP SHL FR	120	TAB	24.75	19.80	13486	PSYLLIUM HUSKS VCAP	500	CAP	39.15	31.32	66723	SHIFT INTO FREEDOM	EA	CDR	24.95	19.96	25340	GRAPE SEED EXT 100	120	TAB	32.50	26.00
58406	GLUTAMINE 1000 MG TAB	60	TAB	12.98	10.38	28069	PYCNOGENOL 100 MG	30	VCA	57.69	46.15	66734	SPIRIT OF HEALING	EA	CDR	16.98	13.58	66014	GRAPE SEED EXT 200 MG	60	CAP	32.98	26.38
12997	GLUTAMINE 500 CAP	100	CAP	14.98	11.98	13548	PYCNOGENOL 30 CAP	60	CAP	37.59	30.07	66026	SPIRIT OF THE ANCIENTS	EA	CDR	16.98	16.98	25322	GRAPEFRUIT PECTIN 1000	120	TAB	17.50	14.00
12998	GLUTAMINE 500 CAP	250	CAP	33.99	27.19	13550	RESVERATROL 100 MG	100	VCA	24.70	19.76	66034	THUNDERSTORM	EA	CDR	11.98	11.98	25507	GTF CHROMIUM Y/F 200	60	TAB	5.75	4.60
21722	GLUTATHIONE 250 CAP	60	CAP	37.09	29.67	50690	RED YEAST RICE 600 MG	120	VCA	28.20	22.56	62740	TIBETAN BOWL MEDITAT	EA	CDR	11.98	11.98	25323	HANGOVER FORMULA	60	TAB	19.50	15.60
21720	GLUTATHIONE 50 CAP	90	CAP	22.15	17.72	26104	REISHI SHITAKE MAITKE	50	CAP	21.40	17.12	SOURCE NATURALS											
13003	GLYCINE 500 VCAP	100	CAP	11.98	9.58	53916	RESVERATROL 100 MG	60	VCA	25.65	20.52	44698	5 HTP 100 MG	60	CAP	23.50	18.80	25426	HEART SCIENCE	90	TAB	47.98	38.38
26237	GRAPE SEED EXT 100 MG	60	CAP	23.69	18.95	57593	RESVERATROL 250 W/RW	30	SGC	25.79	20.63	52042	5 HTP 50 MG	60	CAP	13.98	11.18	44714	HERB KIDS LIQ WELLNESS	4Z	LIQ	22.50	18.00
13636	GREEN TEA 60 VCAP	50	CAP	13.38	10.70	29042	RHODIOLA ROOT EXT 250	60	VCA	18.55	14.84	40990	7 KETO DHEA 50 MG	30	TAB	19.50	15.60	29887	HERBAL RESIST A/F WELL	4Z	LIQ	23.50	18.80
33244	GREEN TEA LEAF EXT STD	60	VCA	16.49	13.19	52151	RIBOSE POWDER	5.3	PWD	30.89	24.71	61307	7 KETO DHEA 50 MG	60	TAB	36.98	29.58	44683	HOLY BASIL	120	CAP	23.50	18.80
28287	HAWTHORNE BERRY EXT SF	60	VCA	11.98	9.58	13551	RNA DNA 100-100 TAB	100	TAB	24.70	19.76	44700	ACETYL L CARNI/LIPC ACD	60	TAB	33.50	26.80	29893	HOMOCYSTEINE DEFENSE	120	TAB	18.98	15.18
13533	HERMATINIC TAB	100	TAB	12.98	10.38	13591	ROYAL JELLY 500 SGC	60	SGC	20.59	16.47	52344	ACETYL L CARNITINE 500	60	TAB	20.50	16.40	52457	HORNY GOAT WEED EXT	60	TAB	22.98	18.38
13638	HERBAL WATER PILL	100	VCA	17.49	13.99	13241	RUTIN 500 TAB	250	TAB	28.85	23.08	30189	ACETYL L CARNITINE 500	120	TAB	38.50	30.80	29311	HOT FLASH	90	TAB	24.98	19.98
29040	HOMOCYSTEINE MODULATOR	60	VCA	11.98	9.58	13240	RUTIN 500 TAB	100	TAB	13.98	11.18	59408	AHCC 500 MG CAP 30 + 30	60	CAP	59.98	59.98	52234	HUPERZINE A 200 MCG	120	TAB	40.50	32.40
21843	HY B10 TAB W/BIOFLAV	100	TAB	13.98	11.18	21539	SAW PALM 520 VCAP	100	CAP	18.55	14.84	45526	ALKA BALANCE	120	TAB	19.50	15.60	50605	HYALORONIC JOINT CMP	120	TAB	67.50	54.00
13230	HY B10 TAB W/BIOFLAV	250	TAB	30.89	24.71	31371	SAW PALM BERRY EXT	180	CAP	52.50	42.00	45527	ALKA BALANCE	240	TAB	38.50	30.80	44682	HYALORONIC ACID 50	60	TAB	24.50	19.80
13234	HY C TAB W/BIOFLAV	250	TAB	26.79	21.43	26774	SAW PALM BERRY EXT 150	60	VCA	20.59	16.47	31887	ALLER RESPONSE	90	TAB	43.50	34.80	41358	HYALORONIC ACID 70 SGC	60	SGC	48.50	38.80
51542	HYALURONIC ACID 120 MG	30	TAB	20.59	16.47	26105	SAW PALM LYCOPENE SOL/	50	CAP	25.75	20.60	38840	ALLERCEFIN	48	TAB	9.50	7.60	55704	HYALURONIC ACID SERUM	1Z	LIQ	17.98	14.38
13138	INOSITOL 500 VCAP	100	CAP	15.45	12.36	13387	SELENIUM 100 YEAST FR	100	TAB	7.90	6.32	56107	ARGININE CITRULLINE	120	TAB	30.50	24.40	66864	HYDROXYCOBAL 1 B12 SUB	60	LOZ	9.98	7.98
13331	IRON CHEL TAB	100	TAB	10.20	8.16	13390	SELENIUM 200 YEAST FR	100	TAB	11.90	9.52	39794	ASCORBYL PALMITATE 500	90	TAB	18.50	14.80	66865	HYDROXYCOBAL 1 B12 SUB	120	LOZ	18.50	14.80
29138	IRON GENTLE 25 MG	90	CAP	10.88	8.70	13391	SELENIUM 200 YEAST FR	250	TAB	26.69	21.35	53966	ASCORBIC ACID PWD	3.5	PWD	8.98	7.18	42810	INFLAMA REST	90	TAB	41.98	33.58
29139	IRON GENTLE 25 MG	180	CAP	19.55	15.64	13383	SELENIUM 200 YEAST TAB	100	TAB	12.98	10.38	37219	ASTAXANTHIN 2 MG	60	SGC	22.50	18.00	53989	INFLAMA TRIM	90	TAB		



Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



66861	MELATONIN SERENE NIGHT	120	TAB	17.50	14.00	66858	TOP 10 HEALERS	60	TAB	26.50	21.20	66843	SIMPLY ONE CALNATAL	60	TAB	17.00	16.02	63510	OMEGA 7 EYE RELIEF	60	SGC	39.95	35.95	
66860	MELATONIN SERENE NIGHT	60	TAB	9.25	7.40	66857	TOP 10 HEALERS	30	TAB	13.98	11.18	66842	SIMPLY ONE CALNATAL	30	TAB	9.90	8.91	61104	OMEGA 7 SEA BUCKTHORN	60	SGC	39.95	35.95	
53252	MENS LIFE FORCE MULTI	90	TAB	42.50	34.00	66859	TOP 10 HEALERS	120	TAB	51.50	41.20	53530	SIMPLY ONE MEN NO IRON	30	TAB	17.30	13.84	65914	POMEGRANATE SEED OIL	60	SGC	33.95	30.55	
60521	MERIVA TURMERIC CMP 500	120	CAP	63.50	50.80	44715	TRANSFER FACTOR 12.5	60	CAP	26.50	21.20	53531	SIMPLY ONE MEN NO IRON	90	TAB	41.50	33.20	63031	SAGAPRO	30	TAB	29.95	26.95	
60520	MERIVA TURMERIC 500 MG	120	TAB	55.50	44.40	54749	TRIBULUS 750 MG	60	TAB	14.50	11.60	53528	SIMPLY ONE MEN TAB	30	TAB	17.30	13.84	63646	SAGAPRO	60	TAB	51.95	46.75	
59690	MERIVA TURMERIC CMP TB	60	TAB	28.50	22.80	62982	TRYPTOPHAN 500 MG	120	CAP	43.50	34.80	53529	SIMPLY ONE MEN TAB	90	TAB	41.50	33.20	61499	SINUCARE	60	SGC	33.95	30.55	
55803	METABOLIC C 500 MG	100	CAP	12.50	10.00	62493	TRYPTOPHAN 500 MG CAP	60	CAP	22.50	18.00	53532	SIMPLY ONE PRENATAL	30	TAB	17.30	13.84	67025	SUCONTRAL D	60	CAP	35.95	32.35	
38305	METHYLCOBALAMIN 1 MG	120	TAB	16.25	13.00	54951	TRYPTOPHAN 500 MG TAB	120	TAB	43.50	34.80	53533	SIMPLY ONE PRENATAL	90	TAB	41.50	33.20	64580	TRI IODINE 12.5 MG	90	CAP	32.95	29.65	
42812	METHYLCOBALAMIN 1 MG	60	TAB	9.50	7.60	26213	TURMERIC EXTRACT	100	TAB	34.50	27.60	66844	SIMPLY ONE THINK CLEAR	30	TAB	22.50	20.25	64581	TRI IODINE 12.5 MG	180	CAP	58.95	53.05	
38306	METHYLCOBALAMIN 5 MG	30	TAB	12.98	10.38	62561	TURMERIC W/ MERIVA	60	CAP	32.50	26.00	66845	SIMPLY ONE THINK CLEAR	60	TAB	40.50	36.45	63034	VECTOMEGA	60	TAB	47.95	43.15	
37048	MSM 1000 MG	120	TAB	15.50	12.40	56887	UBIQUINOL COQH 100 MG	60	SGC	59.50	47.60	53526	SIMPLY ONE WOMEN NO FE	30	TAB	17.30	13.84	65941	VECTOMEGA	60	CAP	47.95	43.15	
33366	MSM WITH C S	120	TAB	13.50	10.80	56888	UBIQUINOL COQH 100 MG	90	SGC	87.98	70.38	53527	SIMPLY ONE WOMEN NO FE	90	TAB	41.50	33.20	65002	VISION HEALTH	60	CAP	32.95	29.65	
38226	N A C 1000 MG	120	TAB	43.98	35.18	55813	UBIQUINOL COQH 100 MG	30	SGC	30.50	24.40	53524	SIMPLY ONE WOMEN TAB	30	TAB	17.30	13.84							
20712	N A C 600	120	TAB	27.50	22.00	61273	UBIQUINOL COQH 50 MG	60	SGC	38.50	30.80	53525	SIMPLY ONE WOMEN TAB	90	TAB	41.50	33.20							
20711	N A C 600	60	TAB	14.50	11.60	59677	UBIQUINOL COQH 50 MG	120	SGC	74.98	59.98	53543	WOMENS BLEND	180	TAB	46.90	37.52							
25331	N A G 500	60	TAB	18.50	14.80	66995	UC II COLLAGEN	30	CAP	22.50	18.00													
64393	N K O 1000 NEPTUNE KRL	60	SGC	73.98	59.18	66996	UC II COLLAGEN	60	CAP	43.50	34.80													
44481	N K O NEPTUNE KRIL OIL	60	SGC	45.98	36.78	66997	UC II COLLAGEN	60	CAP	84.98	67.98													
53990	NADH 10 MG SUBL PEPP	20	TAB	33.98	27.18	25362	ULTRA MAG 200 MG	120	TAB	18.50	14.80													
55804	NADH 20 MG SUBL PEPP	20	TAB	44.98	35.98	27945	ULTRA MAG 200 MG	240	TAB	35.50	28.40													
64984	NADH 20 MG SUBLIN PEPP	30	TAB	66.50	53.20	50615	VANADIUM W/ CHROMIUM	180	TAB	18.50	14.80													
43702	NATTOKINASE	90	SGC	38.50	30.80	42754	VINPOCETINE 10 MG	120	TAB	20.50	16.40													
50607	NATTOKINASE 100 MG CAP	60	CAP	52.50	42.00	31511	VISUAL EYES	120	TAB	63.98	51.18													
50608	NATTOKINASE 50 MG SGC	60	SGC	36.50	29.20	53130	WELLNESS FIZZ BERRY	10	WAF	7.50	6.00													
58208	NIACINAMIDE B3 1500 MG	100	TAB	16.50	13.20	57553	WELLNESS FIZZ TANGERIN	10	TAB	7.50	6.00													
56672	NIACINAMIDE 100 MG	250	TAB	12.25	9.80	39288	WELLNESS FORMULA CAPS	120	CAP	23.25	18.60													
25332	NIGHT REST W/MELATONIN	100	TAB	21.50	17.20	20663	WELLNESS FORMULA TABS	45	TAB	12.50	10.00													
20689	NUTRA SLEEP	100	TAB	24.50	19.60	20664	WELLNESS FORMULA TABS	90	TAB	24.25	19.40													
62838	OMEGA 3 1125 ENTERIC	60	SGC	35.50	28.40	20665	WELLNESS FORMULA TABS	180	TAB	46.50	37.20													
53980	OMEGA 3 FISH ARC LEM	200	LIQ	25.98	20.78	53250	WOMENS LIFE FORCE MULT	90	TAB	32.50	26.00													
60112	OMEGA 3 FISH OIL ARTICP	120	SGC	41.98	33.58	61013	WOMENS LIFE FORCE NO I	90	TAB	32.50	26.00													
53986	OMEGA 3 FISH OIL LEMON	60	SGC	32.98	26.38	50616	ZEAXANTHIN W/ LUTEIN	60	CAP	22.50	18.00													
53987	OMEGA 3 FISH OIL ULTRA	60	SGC	21.50	17.20	63773	ZEMBRIN 25 MG	60	TAB	38.50	31.60													
59668	OMEGA 3 FISH OIL ULTRA	120	SGC	45.98	36.78	35861	ZINC 50 MG CHELATE	100	TAB	7.50	6.00													
64399	OMEGA 7 SEA BUCKTHORN	120	SGC	44.98	35.98	66402	ZINC THROAT SPRAY BERR	2	SPY	12.50	10.00													
64398	OMEGA 7 SEA BUCKTHORN	60	SGC	23.50	18.80																			
20695	OPTI ZINC	120	TAB	11.50	9.20																			
40973	OREGANO OIL	60	CAP	20.50	16.40																			
39138	OREGANO OIL	1	LIQ	33.50	26.80																			
53858	PABA 100 MG	60	TAB	5.98	4.78																			
45532	PANCREATIN 475 MG VEG	120	CAP	21.50	17.20																			
32291	PECTIN CITRUS MOD	400	PWD	123.98	99.18																			
44711	PHASE 2 CARBO BLOCKER	60	TAB	20.50	16.40																			
34905	PHOS SERINE 150 MG	60	CAP	68.50	54.80																			
24789	PHOS SERINE COMP	60	SGC	55.50	44.40																			
52091	PHOS SERINE MATRIX	60	SGC	45.98	36.78																			
56565	PINE BARK EXT 150 MG	60	TAB	21.50	17.20																			
42309	POLICOSANOL 10 MG	60	TAB	32.98	26.68																			
50609	POLICOSANOL 20 MG	60	TAB	57.98	46.38																			
41218	POLICOSANOL CHOLESTERL	90	TAB	38.25	30.60																			
40238	POLICOSANOL COQ10 10 M	60	TAB	36.50	29.20																			
29261	POSITIVE THOUGHTS	90	TAB	24.50	19.60																			
57996	PREGNENOLONE 10 MG	120	TAB	14.50	11.60																			
36563	PREGNENOLONE 25 MG	120	TAB	21.50	17.20																			
33709	PREGNENOLONE 50 MG	120	TAB	29.50	23.60																			
50611	PROGESTERONE CREAM TUB	4	CRM	34.98	27.98																			
33360	PROGESTERONE CRM 500	2	CRM	22.98	18.38																			
50907	PROGESTERONE CRM TUBE	2	CRM	22.98	18.38																			
62926	PROLINE L LYSINE TAB	120	TAB	21.98	17.58																			
37779	PROSTA RESPONSE	90	TAB	43.50	34.80																			
56834	PROSTA RESPONSE	180	TAB	85.50	68.40																			
65947	PROVINAL OMEGA 7 420	60	SGC	44.50	35.60																			
25343	PYCNOGENOL 100	60	TAB	99.98	79.98																			

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60181	METHYL GUARD PLUS	90	VCA	44.30	---
34076	METHYLCOBALAMIN B12	60	CAP	18.60	---
34163	MODUCARE STERINOL CMP	90	CAP	46.85	---
63603	MOLYBDENUM GLYCINATE	60	CAP	9.60	---
39377	MYCO IMMUNE	2 Z	LIQ	29.15	---
54285	NEUROCHONDRIA	90	CAP	74.90	---
64372	NIACEL 125 MG	60	VCA	32.95	---
66856	NIACEL 250 MG	60	VCA	59.00	---
26884	NIACINAMIDE 500 MG	180	CAP	17.95	---
29402	NIASAFE 600	180	CAP	49.30	---
18859	NIASAFE 600 CAP	60	CAP	21.55	---
67005	NUTRIGESIC KIT	KIT	KIT	87.00	---
38712	OLIVE LEAF EXTRACT	60	CAP	23.95	---
18988	OMEGA + (EPA & GLA)CAP	90	CAP	35.15	---
28384	OPC 100	60	CAP	42.45	---
18980	OSCAP CAP	120	CAP	20.05	---
34170	OSCAP PLUS THN/180	180	CAP	35.80	---
18861	P 5 P CAP	60	CAP	19.30	---
18862	P 5 P CAP	180	CAP	43.65	---
28259	PAINTETHINE 250 MG	60	CAP	33.35	---
25983	PECTIN PWD CITRUS MOD	5 Z	PWD	60.65	---
63232	PEPTI GAURD	120	VCA	42.00	---
60179	PERFUSIA PLUS	180	VCA	60.70	---
44818	PERFUSIA SR	120	VCA	34.80	---
34738	PERMA CLEAR	180	CAP	62.90	---
54284	PHARMA GABA 100	60	VCA	26.75	---
59462	PHARMA GABA 250	60	VCA	48.30	---
18990	PHOS CHOL	60	SGC	16.25	---
34267	PHYTOSOME	60	CAP	15.50	---
18954	PHYTOGEN CAP	60	CAP	13.90	---
35175	PHYTOPROFEN	60	CAP	24.55	---
25036	PLANTIZYME MULTIZYME	90	CAP	38.90	---
58725	POLYRESVERATROL SR	60	VCA	49.10	---
18889	POT CITRATE 99 CAP	90	CAP	12.30	---
50080	POT MAG CITRATE	90	CAP	13.40	---
60701	Q BEST 100 MG COO10	60	SGC	65.95	---
32981	QUERCENASE 250 MG	60	CAP	41.20	---
64861	QUERCETIN PHYTOSOME	60	VCA	32.50	---
56108	R LIPOIC ACID 100 MG	60	VCA	38.75	---
61197	RELDORA PLUS	60	VCA	31.80	---
67051	RESVERACEL	60	VCA	49.00	---
38692	RHODIOLA ROSEA	60	CAP	13.15	---
18860	RIBOFLAVIN 5 PHOS CAP	60	CAP	23.90	---
18958	S A T CAP	60	CAP	28.50	---
18973	SACRO-B 250 CAP	60	CAP	35.05	---
50845	SILPHOS	90	CAP	36.80	---
63145	STRESS B COMPLEX	60	VCA	13.10	---
39437	T A P S	60	VCA	30.40	---
28775	T ASTMATICA PLUS	120	VCP	37.00	---
18920	TAURINE 500 CAP	90	CAP	12.10	---
43531	THEANINE	90	CAP	52.10	---
56535	THIOCID LIPOIC ACD 300	60	CAP	30.90	---
41552	THYROCIN	60	VCA	16.00	---
18913	TRACE MINS CAP	90	CAP	16.05	---
55561	TRYPTOPHAN	60	CAP	38.20	---
18922	TYROSINE 500 CAP	90	CAP	19.80	---
18909	ULTRA CHROME 500 CAP	60	CAP	13.40	---
18962	UNDECYN CAP	120	CAP	21.50	---
18955	URISTATIN CAP	60	CAP	19.80	---
59140	VEGALITE VAN PEA & RIC	15	PWD	30.90	---
18891	ZINC PICOLINATE 15 MG	60	CAP	9.95	---
18894	ZINC PICOLINATE 30 DBL	180	CAP	30.85	---
18893	ZINC PICOLINATE 30 DBL	60	CAP	14.95	---

THURSDAY PLANTATION					
22632	ANTISEPTIC CREAM TTO	3.5	LIQ	9.99	8.99
22622	CHEWING STICKS TTO	100	STK	4.15	3.73
44768	CHEWING STICKS TTO CIN	100	STK	4.15	3.73
27659	FOOT POWDER TTO	3.5	PWD	11.99	10.79
27660	FOOT SPRAY TTO	1.7	SPY	9.99	8.99
39222	SOAP TEA TREE SKINCARE	4 Z	BAR	4.99	4.49
36499	TEA TREE SOLUT NAILS	10M	LIQ	15.50	13.95
22067	TPST T10	3.9	TUB	6.99	6.29
18594	TTO 100% ANTISEP 10ML	15	LIQ	7.59	6.83
18589	TTO 100% ANTISEP 25ML	25	LIQ	9.99	8.99
18590	TTO 100% ANTISEP 50ML	50	LIQ	15.99	14.39
55996	ZERO LICE & EGG REMOVA	KIT	KIT	14.50	13.05

TOMS OF MAINE					
39048	DEOD STICK CALEND	2.5	STK	7.29	5.83
18573	DEOD STICK UNS 2.25OZ	2.2	STK	7.29	5.83
33594	DEOD STK HONEYSUCK ROS	2.2	STK	7.29	5.83
59947	TPST ANTIPL WHT FF PEP	5.5	TUB	6.79	5.43
26246	TPST CAV PRT FLUOR SPE	6 Z	TUB	6.49	5.19
43974	TPST CHLD ORAM MN FLU	4 Z	TUB	5.59	4.47
64712	TPST CINNAMON CLOVE	4.2	TUB	6.79	5.43
18582	TPST FLUOR PEPPERMINT	5.5	TUB	6.49	5.19
60946	TPST PROP MYRRH PEP FF	5.5	GEL	6.79	5.44

TOPICAL BIOMEDICS					
66760	FIBRO CRM MY PAIN AWAY	3 Z	CRM	14.99	11.99
66761	FIBRO CRM MY PAIN AWAY	6 Z	CRM	19.99	15.99
54843	TOPRICIN CTS	8 Z	CRM	39.99	31.99
41103	TOPRICIN CTS JAR	4 Z	CRM	24.95	19.96
41132	TOPRICIN CTS TUBE	2 Z	CRM	16.95	13.56
59983	TOPRICIN FOOT THER CRM	4 Z	CRM	24.95	22.45
56810	TOPRICIN FOOT THERAPY	8 Z	CRM	39.95	35.95
58589	TOPRICIN FOOT THERAPY	2 Z	CRM	16.95	15.25
56809	TOPRICIN JUNIOR	1.5	CRM	12.99	10.39

TRACE ELEMENTS					
39245	ADRENAL COMPLEX II	180	TAB	27.60	24.84
28304	CALCIUM PLUS II	90	CAP	9.50	8.55
27334	COPPER PLUS	90	TAB	8.60	7.74
27407	DIGEST ZYME II	90	TAB	13.40	12.06
25948	E PLUS	60	CAP	13.80	12.42
23630	IRON PLUS II TABS	60	TAB	6.00	5.40
23629	MAGNESIUM PLUS TAB	90	TAB	9.50	8.55
23631	MANGANESE PLUS TAB	90	TAB	8.20	7.38
38874	PARA PACK II	180	CAP	30.30	27.27
23633	PYRIDOX PLUS TABS	90	TAB	11.00	9.90
23632	ZINC PLUS II CAPS	90	CAP	8.80	7.92

TRACE MINERALS RESEARCH					
66339	CLEAN BAR PB COOKIE DG	2 Z	BAR	3.99	3.19
64006	COLLOIDAL SILVER 30	8 Z	LIQ	37.99	30.39
55413	ELECTROLYT STAM PK ORA	32	PAK	17.99	14.39
23927	ELECTROLYTE STAMINA T	300	TAB	40.89	32.70
16890	ELECTROLYTE STAMINA TB	90	TAB	19.29	15.46
56010	ENDURE INTENSE PERF TMN	1 Z	LIQ	7.19	5.77
56011	ENDURE INTENSE PERFORM	4 Z	LIQ	21.29	17.03
55320	GREENS PAK TO GO	30	PAK	41.49	33.19
43446	MAG IONIC 400 MCG LIQ	2 Z	LIQ	9.49	7.59
39033	MEGA MAG	4 Z	LIQ	13.19	13.19
67173	MOUTH RINSE MINER MINT	16 Z	LIQ	11.49	9.19
66338	OPTIMAL PH DROPS	1 Z	DRP	15.99	12.79
64005	TRACE MINERAL DROPS GLS	4 Z	LIQ	28.99	23.19
16885	TRACE MINERAL DROPS	8 Z	LIQ	31.49	25.19
16886	TRACE MINERAL DROPS	4 Z	LIQ	21.99	17.59
16888	TRACE MINERAL TABS	90	TAB	18.19	14.55
16887	UTAH SEA MINERALS	16	LIQ	11.79	9.43

TRADITIONAL MEDICINA					
22774	BREATHE EASY TEA BAG	16	BAG	5.81	4.64
66389	CHAMOMILE ORGANIC	16	BAG	5.79	4.63
50925	COLD CARE PM	16	BAG	5.81	4.64
25755	CUP OF CALM (EASY NOW)	16	BAG	5.81	4.64
25754	DANDLION RT ROASTED OR	16	BAG	5.81	4.65
56532	EATERS DIGEST	16	BAG	5.81	4.64
26224	ECHIN PLUS ELDERBERRY	16	BAG	5.59	4.47
41305	ECHINACEA PLUS TEA BAG	16	BAG	5.79	4.63
23756	EVERDAY DETOX	16	BAG	5.59	4.47
39881	GINGER AID	16	BAG	5.81	4.64
25757	GINGER TEA ORGANIC	16	BAG	5.81	4.64
45441	GREEN TEA GINGER ORG	16	BAG	5.59	4.47
38271	GREEN TEA GOLDEN	16	BAG	5.59	4.47
25758	GYPHY COLD CARE TEA BG	16	BAG	5.81	4.64
23515	HEALTHY CYCLE FEM TON T	16	BAG	5.59	4.47
23772	NIGHTY NIGHT TEA BAG	16	BAG	5.81	4.64
22496	NIGHTY NIGHT VALER TEA	16	BAG	5.59	4.47
62188	PAU D'ARCO TEA BAGS	16	BAG	5.81	4.64
24238	PEPPERMINT TEA	16	BAG	5.59	4.47
29144	PMS TEA BAG	16	BAG	5.81	4.64
22495	PREGNANCY TEA	16	BAG	5.59	4.47
24447	RASPBERRY LEAF	16	BAG	5.81	4.64
25753	SMOOTH MOVE TEA BAGS	16	BAG	5.59	4.47
23009	THROAT COAT LEM ECHIN	16	BAG	5.81	4.65
57142	THROAT COAT TEA BAG	16	BAG	5.59	4.47
23494	THROAT COAT TEA BAG	16	BAG	5.59	4.47
26223	WEIGHTLESS CRANBERRY	16	BAG	5.59	4.47

TULSI TEA					
55383	CHAI MASALA ORGANIC	18	BAG	5.99	4.79
55382	GREEN TEA ORGANIC	18	BAG	5.99	4.79
55384	LEMON GING CAFF FR ORG	18	BAG	5.99	4.79
55385	ORIG TEA ORG CAFF FREE	18	BAG	5.99	4.79
55386	POMEGRANATE GREEN ORG	18	BAG	5.99	4.79
59883	RASPBERRY PEACH TEA	18	BAG	5.99	4.79
55387	SWEET ROSE CAFF FR ORG	18	BAG	5.99	4.79
63303	TUMERIC FORMULA ORGANIC	90	VCA	26.99	21.59

TYNAN AND ASSOC.					
18695	ALANINE 600	50	CAP	18.95	18.95
12138	AMINOPEX 740	100	CAP	40.45	40.45
18679	AMINOVIROX 700	100	CAP	40.45	40.45
18697	ASPARTIC ACID 500	50	CAP	11.95	11.95
18704	GABA 500	100	CAP	33.90	33.90
18705	GLUTAMINE ACID 500	100	CAP	14.95	14.95
18709	HISTIDINE 600	50	CAP	24.80	24.80
18714	SERINE 600	50	CAP	31.95	31.95

U.S.A. LABORATORIES					
64228	UP4 ADULT PROB 15 BILL	60	VCA	36.95	29.56
64127	UP4 DAILY 5 BILL D/F	60	VCA	24.95	19.96
64795	UP4 PROB 18 KIDS CUBES	60	CHW	29.95	23.96
64796	UP4 SENIOR PROB 25 BIL	60	VCA	46.99	37.59
64797	UP4 ULTRA PROB 50 BILL	60	VCA	59.99	47.99
64800	UP4 WOMENS PROB 10 BIL	60	VCA	35.95	28.76

UCAN COMPANY					
67008	COCOA DELIGHT POWDER	750	PWD	60.00	60.00
67007	COCOA DELITE PAK	EA	PAK	3.25	3.25
67009	TROPICAL ORANGE PAK	EA	PAK	3.25	3.25

ULTIMA HEALTH					
63342	ULTIMA GRAPE LARGE	11	PWD	39.99	35.99
55723	ULTIMA LEMONADE LARGE	11	PWD	39.99	35.99
55724	ULTIMA LEMONADE PWD	20	PAK	19.99	17.99
55722	ULTIMA LEMONADE SMALL	3.6	PWD	19.99	17.99
44237	ULTIMA ORANGE LARGE	10	PWD	39.99	35.99
44226	ULTIMA ORANGE PWD PAK	20	PAK	19.99	17.99
44233	ULTIMA ORANGE SMALL	3.6	PWD	19.99	17.99
58593	ULTIMA REP GRAPE PWD	20	PAK	29.99	26.99
58592	ULTIMA REP GRAPE PWD	3.6	PWD	19.99	17.99
44232	ULTIMA WILD RASP SMALL	3.4	PWD	19.99	17.99

UNCLE LEE TEAS					
20963	GREEN TEA BAGS	20	BGS	4.85	3.88
66406	PU ERH	18	BAG	5.89	4.71
67044	WHITE TEA ORGANIC	100	BAG	6.89	5.51
43705	WHITE TEA ORGANIC	18	BAG	6.14	4.91

VEGA					
63268	ELECTROLYTE HYDRAT BER	5.2	PWD	29.99	25.49
64935	ELECTROLYTE HYDRAT LEM	.15	PAK	1.00	0.90
62610	ELECTROLYTE HYDRAT POM	EA	PWD	1.00	0.90
63267	ENERGIZER ACAI SUG FR	4.5	PWD	49.99	42.49
59793	MACASURE CHOC BAR	40G	BAR	2.99	2.69
62609	PRE WORKOUT ENERG ACAI	EA	PAK	2.50	2.25
67045	PRE WORKOUT ENERG LEM	EA	PAK	2.50	2.25
66380	PROT BAR CHOC COC ALM	50G	BAR	2.75	2.48
65300	PROT BAR CHOC PB SPORT	60G	BAR	2.75	2.48
67143	PROT + SNACK BAR CHC CR	1.7	BAR	2.08	1.87
6					

WILLVITE (with Iron) 120 Tablets

SUPPLEMENT FACTS:

Serving Size: 4 Tablets

Servings per container: 30 (for 120 Tab Size)

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract (Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.

WILLNER CHEMISTS

The Nutritional Supplement Professionals

... from Willner Chemists A Complete Multi-Vitamin and Multi-Mineral Formula

A complete, balanced multi-vitamin and multi-mineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multi-vitamin supplement. A balanced multi-vitamin / multi-mineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns.

Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals. It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multi-vitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multi-vitamin / multi-mineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.*

Willvite is available in a regular and iron-free version. Recommended dosage: 2 tablets, twice a day. 120 Tablets per bottle.

Available Now: Willvite Regular & Iron-Free
Willvite, 120 Tabs, Product Code: 30439

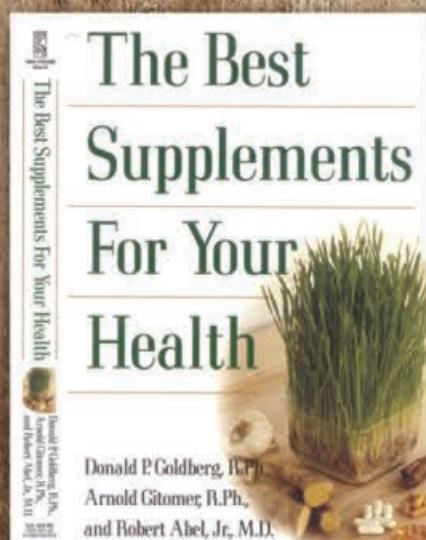
Willvite, Iron Free, 120 Tabs, Product Code: 44384

**Now with added CoQ10,
Lycopene, Phytoantioxidants
and Lutein!
Regular, and Iron-Free!**

Willner Chemists
Phyto-Tech™
32% OFF
Entire Line
Jan. 3 - Feb.10



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease.



Special Offer

Buy two bottles of Willvite, and receive a free copy of *The Best Supplements For Your Health, 1st edition*. One per customer, please. Offer is good only while supplies last. Please note that during the current sale, Willvite is on sale at 32% off list price, so this is a *double bonus deal!*

Winter Bonus

The Willner Window

Catalog & Newsletter • Winter 2017



Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



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Amazing Grass 33% Off Selected Items Valid 1/3 - 2/10/17	American Health 25% Off Selected Items Valid 1/3 - 2/10/17	BioForce 30% Off Entire Line Valid 1/3 - 2/10/17	Borlind 25% Off Entire Line Valid 1/3 - 2/10/17	Child Life 25% Off Entire Line Valid 1/3 - 2/10/17
Country Life 25% Off Selected Items Valid 1/3 - 2/10/17	Daiwa Health 35% Off Entire Line Valid 1/3 - 2/10/17	Garden of Life 30% Off Selected Items Valid 1/3 - 2/10/17	Healthy Origins 35% Off Entire Line Valid 1/3 - 2/10/17	Herbatint 30% Off Entire Line Valid 1/3 - 2/10/17
Himalaya Herbal 25% Off Entire Line Valid 1/3 - 2/10/17	Home Health 25% Off Selected Items Valid 1/3 - 2/10/17	Jarrow Formulas 25% Off Entire Line Valid 1/3 - 2/10/17	Mushroom Wisdom 25% Off Most Items Valid 1/3 - 2/10/17	Natrol 35% Off Entire Line Valid 1/3 - 2/10/17
Naturade 25% Off Entire Line Valid 1/3 - 2/10/17	Natural Factors 25% Off Entire Line Valid 1/3 - 2/10/17	Nature's Way 25% Off Selected Items Valid 1/3 - 2/10/17	NeoCell 25% Off Entire Line Valid 1/3 - 2/10/17	New Chapter 25% Off Selected Items Valid 1/3 - 2/10/17
Opti Choice 30% Off Entire Line Valid 1/3 - 2/10/17	Planetary Herbals 30% Off Entire Line Valid 1/3 - 2/10/17	Probulin 20% Off Entire Line Valid 1/3 - 2/10/17	Reserveage 25% Off Entire Line Valid 1/3 - 2/10/17	San Helios 30% Off Entire Line Valid 1/3 - 2/10/17
Solgar 25% Off Selected Items Valid 1/3 - 2/10/17	Solstice 15% Off Entire Line Valid 1/3 - 2/10/17	Source Naturals 30% Off Entire Line Valid 1/3 - 2/10/17	Super Nutrition 20% Off Entire Line Valid 1/3 - 2/10/17	Willner Chemists 32% Off Entire Line Valid 1/3 - 2/10/17

WILLNER CHEMISTS WINTER SALE!

UP TO 50% OFF LIST PRICE!

JANUARY 3RD THROUGH FEBRUARY 10TH, 2017

The Following Product Lines Are On Sale, As Indicated:

Amazing Grass	33% Off	Selected Items	Natures Way	25% Off	Selected Items
American Health	25% Off	Selected Items	NeoCell	25% Off	Entire Line
Bell Lifestyle	20% Off	Entire Line	New Chapter	25% Off	Selected Items
Bioforce	30% Off	Entire Line	OptiChoice	30% Off	Entire Line
Borlind	25% Off	Entire Line	Planetary Herbals	30% Off	Entire Line
Child Life	25% Off	Entire Line	Probulin	20% Off	Entire Line
Country Life	25% Off	Selected Items	Redd Remedies	25% Off	Selected Items
Daiwa Health	35-50% Off	Entire Line	Renew Life	25% Off	Entire Line
Four Sigma	15% Off	Entire Line	Reserveage	25% Off	Entire Line
Garden of Life	30% Off	Selected Items	San Helios	30% Off	Entire Line
Health Plus inc.	25% Off	Entire Line	Savannah Bee	15% Off	Entire Line
Healthy Origins	35% Off	Entire Line	Solgar	25% Off	Selected Items
Herbatint	30% Off	Entire Line	Solstice Medicine	15% Off	Entire Line
Himalaya Herbal	25% Off	Entire Line	Source Naturals	30% Off	Entire Line
Home Health	25% Off	Selected Items	Super Nutrition	20% Off	Entire Line
Jarrow Formulas	25% Off	Entire Line	Symbiotics	25% Off	Entire Line
Mushroom Wisdom	25% Off	Most Items	Willner	32% Off	Entire Line
Natrol	35% Off	Entire Line	Woodstock Herbals	25% Off	Entire Line
Naturade	25% Off	Entire Line			
Natural Factors	25-50% Off	Entire Line			

*Note: All indicated Sale Discounts are based on List Price

A digital version of our publications (Product Reference Catalog / Newsletter) can be found on our website, www.willner.com, along with radio podcasts, reference library, online product catalog and ordering. We are also on Facebook and Twitter.

Check Don Goldberg's Blog -- www.dongoldberg.com

Willner Chemists (Midtown Manhattan)

100 Park Ave, New York NY 10017 (1 block south of Grand Central Terminal)

1-800-633-1106 or 212-682-2817 - fax: 212-682-6192