Natural Source E
70420 120 softgels
74040 250 softgels

Buy

Natural Source E is biologically more active than synthetic vitamin E, and is better retained by the body. In independent surveys, consumers have significantly preferred natural vitamin E to synthetic vitamin E; however, individuals sensitive to soy may want to try product #70410 Vitamin E, a non-soy synthetic vitamin E. Natural vitamin E with mixed tocopherols.*

Each softgel contains:	
Vitamin E (as D-alpha-Tocopherol and Mixed Tocopherols)	400 IU
Soybean Oil	20 mg

Suggested Use:
As a dietary supplement, 1 or 2 softgels daily with meals, or as directed by a healthcare practitioner.