Pelargonium

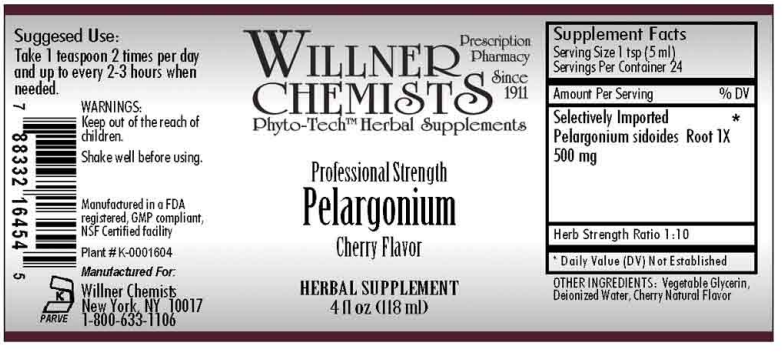
Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.

Who would benefit from this herbal supplement?

Those suffering from bronchitis, acute pharyngitis, or the common cold.

The use of Pelargonium sidoides extract is based on traditional use by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umckaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umckaloabo. He eventually recovered from his illness. Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract. *Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg. Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed. Reference: Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)*

4 fl oz ~ Cherry Flavor ~ Prod Code: 57729



Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a subsitutue for any treatement that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Prodcuts described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.