Passion Flower 1:3

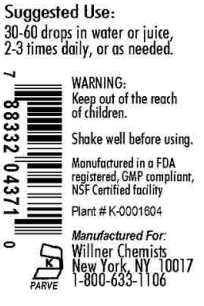
Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.

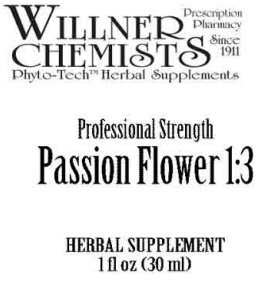
Who might benefit from this herbal supplement?

Those who suffer from stress and anxiety; those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents. Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating. *Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (Passiflora incarnata), Grain Alcohol, Deionized Water, at a strength of 333 mg/ml (30 drops).*

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

1 fl oz, Prod Code: 57058







Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a subsitutue for any treatement that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Prodcuts described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.