Sleep Complex, Phyto-Tech™ Sleep Complex with Melatonin

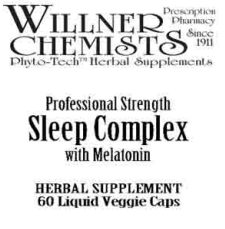
A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.

Who can benefit from this supplement?

Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety. Sleep Complex with Melatonin comes in two forms—a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin. For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night. *Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg. Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin, 3 mg. This herbal supplement can be used along with other sleeping aids.*

1 fl oz - Prod Code: 57028
60 liquid filled Veggie Caps Prod Code: 57045













Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a subsitutue for any treatement that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Prodcuts described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.