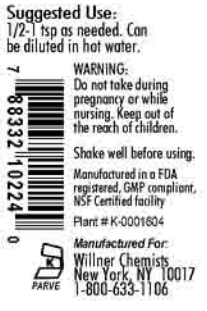
Ginger Tonic

A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.

Who might benefit from this supplement?

Those suffering from nausea due to motion sickness or pregnancy; those with digestive discomfort and those with arthritis and other inflammatory problems. Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting. Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that is slow. Ginger also has the ability to inhibit nuclear factor-kB (NF-kB), cyclooxygenase (COX) and lipooxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can helps protect the intestinal mucosa from damage. Ginger Tonic has a vasodilating action, and will increase circulation and warm one up. *Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.*

4 fl oz - Prod Code: 57015







Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a subsitutue for any treatement that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Prodcuts described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.