Anxiety Complex

This is a calming, soothing and relaxing formula that focuses on emotional stress.

Phyto-Tech™ Anxiety Complex is a blend of herbs with anti-anxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and sooth the mind when going through difficult times emotionally and mentally, but it does not interfere with collgnitive function, allowing you to stay alert and think clearly.

Who would benefit from this supplement? Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression. Those who need to remain clear headed, but also need a calming and soothing effect. Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

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Dosage: Acute short-term need: 2-4 squirts every hour as needed. Anxiet-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses.

Tonic long-term need: 30-60 drops 2-3 times per day.

Complimentary Products: These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

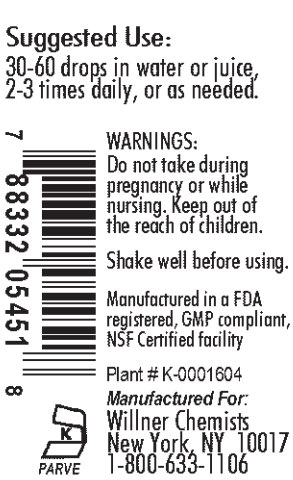
If mild depression accompanies anxiety, consider St. John's Complex or St. John's Wort.

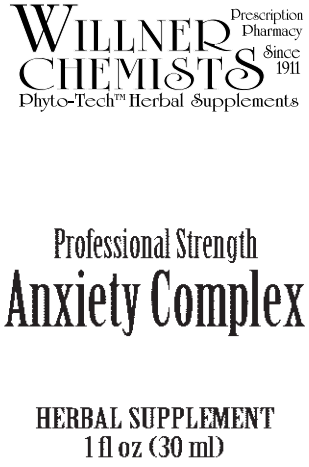
If an over-all calming, sedating action is needed, consider Phyto-Tech™ Relax PM.

If exhaustion is present, consider Phyto-Tech™ Adaptogen Complex or Phyto-Tech™ Ginseng Energy Blend.

If body pain is present, consider Phyto-Tech™ MuscleGesic.

1 fl oz - Product Code: 57014
List: $11.60 ~ Discount: $9.28





Supplement Facts
Serving Size 30 Drops (1 ml)
Servings Per Container 30

Amount Per Serving	%DV
Fresh Night Blooming Cereus Stem	209 mg*
Vanuatu Kava Root	146 mg*
Fresh St. John's Wort Flowers	83 mg*
Lobelia Herb	83 mg*
Fresh Pulsatilla Herb	41 mg*
Herb Strength Ratio 1:2	

* Daily Value (DV) Not Established

OTHER INGREDIENTS: Grain Alcohol (59-69% by volume), Deionized Water