Ashwagandha Root

Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy.

Who would benefit from this supplement? Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders. Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, "yang" or simulating than Panax ginseng.

Ashwagandha is known as the "Ayurvedic" Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand.

It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

Phyto-Tech™ Ashwagandha Root contains the following: Fresh Ashwaganda Root (Withania somnifera), Grain Alcohol, Deionized Water. It is certified organic.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas: Phyto-Tech™ Adaptogen Complex; Phyto-Tech™ Ginseng Energy Blend.

Ashwagandha Root 1:1.5 - 1 fl oz
Product Code: 57008
List: $10.90 ~ Discount: $8.72

Suggested Use:
30-60 drops in water or juice, 2-3 times daily, or as needed.

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WARNINGS:
Do not take during pregnancy. Keep out of the reach of children.

Shake well before using.

Manufactured in a FDA registered, GMP compliant, NSF Certified facility

Plant # K-0001604

Manufactured For:
Willner Chemists
New York, NY 10017
1-800-633-1106

PARVE

WILLNER CHEMISTS Prescription Pharmacy Since 1911
Phyto-Tech™ Herbal Supplements

Professional Strength
Ashwagandha Root 1:1.5

HERBAL SUPPLEMENT
1 fl oz (30 ml)

Supplement Facts
Serving Size 30 Drops (1 ml)
Servings Per Container 30

Amount Per Serving	% DV
Certified Organic Fresh Ashwagandha Root (Withania somnifera) 667 mg*	

* Daily Value (DV) Not Established

OTHER INGREDIENTS: Grain Alcohol (58-68% by volume), Deionized Water

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.