Osha Root 1:1/5

Phyto-Tech Osha Root is considered by many Herbalists to be the best American herb for lung and throat infections. It is especially beneficial for infections where one is already congested and inflammed.

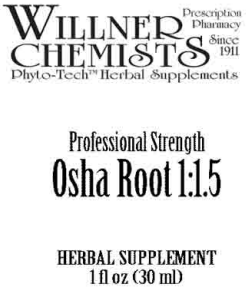
Who might benefit from this herbal supplement?

Those suffering from lung and throat infections. Those who suffer from chronic viral infections, swollen tonsils, throat infections and frequent lung congestion. While Osha is especially effective in treating active infections, it is also effective as a preventive for those who easily get sick when flying on airplanes, lecturing at meetings or conventions, etc, but it should only be used during the time of exposure. It is also helpful to smokers, and those lwith emphysemia, allergies, altitude sickness, and athletic induced asthma. Phyto-Tech™ Osha Root can be used with Phyto-Tech™ Respiratory Complex, and other bron chodilating herbs like Lobelia. *Contains Fresh Osha Root (Ligusticum porteri), Grain Alcohol, Deionized Water.*

Dosage: General: 20-60 drops, 2-3 times per day or as needed in juice or water. Acute infection, congestion, and asthma: 2-4 squirts (60-120 drops), every 2 hours until symptoms subside.

Phyto-Tech Osha Root 1:1.5 1 fl oz ~ Prod Code: 56965







Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a subsitutue for any treatement that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Prodcuts described herein are not intended to diagnose, treat, cure or mitigate disease. Specific medical conditions are mentioned only for information purposes--consult a physician.