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QH-absorb™

The most bioavailable and active form of Co-Q10* High absorption natural proliposome delivery system *

Dosage: 100 mg
Size: 60 Softgels
Category: Co-Q10 Products
Product Number: 106019
Product Code: QHAB60

Usage: Take 1 to 3 softgels per day with food, or as directed your qualified health consultant.

Ubiquinol is the reduced (active) form of Co-Q10, the form which is directly used in human metabolism as a lipid-soluble antioxidant. While standard Co-Q10 (ubiquinone) supplements can be activated in the body, this activation can be less efficient in some individuals, based on age or genetics. Ubiquinol also has superior bioavailability to ubiquinone, as demonstrated in clinical trials.*

QH-absorb™ utilizes the **Q-absorb™** natural proliposome lipid-soluble delivery system, which has been clinically shown in humans to increase Co-Q10 levels up to 400% (3.2x) over baseline and is 3-4 times better absorbed than chewable Co-Q10 tablets. Co-Q10 supports heart function as a component of the electron transport system, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.*

Jarrow FORMULAS® ubiquinol is derived from Co-Q10 that is maufactured via a yeast-fermentation process and consists only of the natural trans configuration, the same as is biosynthesized by humans. Jarrow FORMULAS® supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Other Ingredients:

Phosphatidylcholine, medium chain triglycerides, beeswax, rosmarinic acid and ascorbyl palmitate. Softgel consists of gelatin, glycerin and water. Carob and caramel extract added as a light barrier.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no nuts/tree nuts.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Softgel	% DV
Ubiquinol (Kaneka QH™)	100 mg	*
Vitamin E (as gamma tocopherol)	4 mg	*

* Daily Value not established.