Doctor's BEST® Science-Based Nutrition™

Best Acai

Antioxidant protection
Certified Organic

Best Acai

120 Veggie Caps

Ingredients per capsule:

Acai ..... 500 mg

freeze dried Acai extract

Excipients: Modified cellulose (vegetarian capsule)

Suggested Adult Use: Take two to four capsules daily, with or without food.

Ingredients

Best Acai

Acai is an exotic palm fruit from the Amazonian rain forest. The story of acai dates back hundreds of years to its use by the peoples of the Orinoco basin area of Brazil. The fruit was treasured as a source of sustenance for the people. Scientific research has confirmed the high nutritional value of acai fruit and uncovered its potent antioxidant benefits. Analyses have shown that acai is one of the richest sources of anthocyanins in the world, substances known to be powerful free radical scavengers*

Best Acai, is a potent, freeze-dried form of acai fruit. Ripe acai fruits that grow wild in the Amazon are harvested at their peak. The skin and pulp are separated from their seeds and dried in a unique freeze-drying process that preserves the wholesome goodness of the entire fruit, including the important anthocyanins. This ensures that the Acai retains powerful, beneficial antioxidant properties, which serve to promote cellular health.*

Benefits

Beneficial Antioxidant Protection*

Our body produces free radicals as a byproduct of many metabolic processes. Free radicals are molecules with unpaired electrons that have the potential of causing harm if not adequately neutralized by the body's antioxidant system. While some free radical production is necessary for metabolism and detoxification, excessive amounts of free radicals may lead to compromised health.

Acai is a rich source of anthocyanins and other phenolics. Anthocyanins are compounds that have potent antioxidant activity, allowing for the neutralization of potentially harmful free radicals. By neutralizing these free radicals, anthocyanins from acai may serve to maintain the healthy function of numerous systems and organs. Some of the anthocyanins that have been found in acai include cyanidin-3-glucoside and cyanidin-3-glucoside-coumarate. Other phenolics include catechin and epi-catechin (the same compounds in green tea), quercetin derivatives and other flavonoids.[1] It is likely that the synergistic effects of these compounds as present in acai fruit are responsible for its potent antioxidant activities.

Maintains Cellular Health*.

Acai's deep purple coloration makes it a rich source of beneficial polyphenols. While these compounds are potent antioxidants as outlined above, they also confer benefits beyond their free radical scavenging activity. A number of these phytochemicals are known to have beneficial effects on cellular health. Some mechanisms employed by polyphenols include the induction or inhibition of enzyme function and alteration of signal transduction, enhancing the ability of cells to communicate more effectively with each other. Many polyphenols are considered "biological response modifiers", since they possess multiple effects, including the ability to decrease oxidative stress to cells. Since polyphenols are water soluble, they are also well-absorbed and assimilated, allowing them to efficiently promote cellular health.[4]

Because of the health benefits associated with a high intake of polyphenols it is crucial to get an adequate number of servings of fresh fruits and vegetables on a daily basis. Best Acai freeze-dried acai fruit powder with its high polyphenol content can provide an invaluable supplemental source of these health-promoting compounds to a normal diet.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Scientific References

1. Del Pozo-Insfran D, Brenes CH, Talcott ST. Phytochemical composition and pigment stability of Acai (Euterpe oleracea Mart.). J Agric Food Chem. 2004 Mar 24;52(6):1539-45.

2. Lichtenthaler R, Rodrigues RB, Maia JG, Papagiannopoulos M, Fabricius H, Marx F. Total oxidant scavenging capacities of Euterpe oleracea Mart. (Acai) fruits. Int J Food Sci Nutr. 2005 Feb;56(1):53-64.

3. Ronzio, RA. "Naturally occurring antioxidants" The Textbook of Natural Medicine. Second edition. Ed. Joseph E. Pizzorno, Jr. and Michael T. Murray. Churchill Livingstone, 1999. 831-846.

DRB•1120 Calle Cordillera•Suite 101, San Clemente, CA 92673
phone 800-333-6977 • fax: 949-498-3952
website: www.drbvitamins.com

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Distributed by: **Doctor's Best, Inc.**
1120 Calle Cordillera, Suite 101, San Clemente, CA 92673
(800) 777-2474 www.drbvitamins.com

Doctor's BEST®

Science-Based Nutrition™

Dietary Supplement

Best Acai

*BENEFICIAL ANTIOXIDANT PROTECTION**
*MAINTAINS CELLULAR HEALTH**

Certified Organic

500mg / 120 Veggie Caps

Supplement Facts

Serving Size 1 vegetarian capsule
Servings per container 120 servings

	Amount per serving	% Daily Value
Acai (freeze-dried extract)	500 mg	†

† Daily Value not established.

Other ingredients: Modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take two to four capsules daily, with or without food.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

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