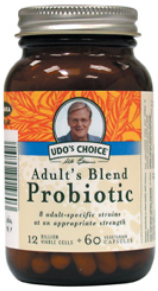
Adult's Blend Probiotic

For Adults 16– 65 years



8 adult-specific bacterial strains at an appropriate strength, designed specifically to reflect healthy adult microflora.

- **Limits the action of invading microbes or pathogens and disease-causing bacteria.**
- **Breaks down lactose and produces the enzyme lactase, improving lactose intolerance.**
- **Contributes to the absorption of minerals and the manufacture of important B vitamins.**
- **Improves digestion of proteins, carbohydrates and fats.**
- **Promotes regular bowel movements.**

12 billion viable/active cells

Availability:

VegCap

60 & 120 vegetarian capsules (dairy free)

An adult's healthy microflora will closely resemble that of a child but due to their larger size, an adult needs much greater quantities of the same bacteria.

The specific strains used in Adult's Blend have been specially chosen for their value to adult health and have been formulated to the viable count appropriate for adults.

Ingredients: Each vegetarian capsule is guaranteed to contain not less than 12 billion total viable cells (at time of manufacture) of:

Lactobacillus casei: 25%
Lactobacillus rhamnosus: 25%
Lactobacillus acidophilus: 20%
Lactobacillus plantarum: 10%
Streptococcus thermophilus: 7%
Bifidobacterium breve: 5%
Bifidobacterium bifidum: 5%
Lactobacillus bulgaricus: 3%

In a base of: microcrystalline cellulose, magnesium stearate, ascorbic acid

Suggested Use: Consume one capsule per day on a full stomach to maintain healthy intestinal flora or three capsules per day on a full stomach as a therapeutic treatment when suffering from intestinal disorders.

Storage: Adult's Blend may be frozen. Refrigeration ensures maximum potency and stability however; Adult's Blend can be left unrefrigerated for short periods of time, making it convenient for travel.

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