

Metabolic Reset Vanilla Shake 630 g

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Weight Loss Shake Mix

As part of a healthy diet and exercise plan, revolutionary Metabolic Reset™ addresses both the glycemic and caloric causes of weight gain by safely reprogramming appetite to reduce hunger and cravings.*

- Natural formula; No artificial sweeteners or preservatives
- No stimulants
- High fiber / high protein
- Low glycemic index
- Contains 100% whey protein isolate
- Only 7 g of net carbohydrates per serving
- Fortified with vitamins & minerals

Smooth & Delicious

- Easier to mix and better tasting than other high fiber and protein shakes
- No fructose
- Just 130 calories!

Dosage
To make a satisfying shake, add 2 scoops of powder to 8 ounces of cold water. Shake or stir briskly into a smooth consistency. If desired, blend in fruit or other healthy ingredients. May also be mixed with skim, soy or other milk.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	130	
Calories from Fat	5	
Total Fat	0.5 g	<1%†
Cholesterol	2 mg	1%
Total Carbohydrate	13 g	4%†
Dietary Fiber	6 g	22%†
Soluble Fiber	4 g	
Sugars	2 g	
Protein	21 g	
Vitamin A (as beta carotene)	1,667 IU	33%
Vitamin C (ascorbic acid)	20 mg	34%
Vitamin D (as ergocalciferol)	133 IU	33%
Vitamin E (as d-alpha tocopheryl acetate)	10 IU	33%
Thiamin (as thiamin mononitrate)	0.5 mg	33%
Riboflavin (Vitamin B2)	0.57 mg	33%
Niacin (as niacinamide)	6.67 mg	33%
Vitamin B6 (as pyridoxine HCl)	0.67 mg	33%
Folic Acid	133 mcg	33%
Vitamin B12 (as cyanocobalamin)	2 mcg	33%
Biotin (as biotin triturate)	100 mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	3.33 mg	33%
Calcium (as dicalcium phosphate and from Whey Protein Isolate)	500 mg	50%
Phosphorus (as dicalcium phosphate)	330 mg	33%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide)	130 mg	33%
Zinc (as zinc oxide)	5 mg	33%
Copper (as copper gluconate)	0.67 mg	33%
Sodium	150 mg	6%
Potassium	125 mg	4%

Whey Protein Isolate	23 g	**
Viscofiber®	8 g	**
Proprietary Blend Viscofiber® Oat Beta-Glucan Concentrate; Inulin (chicory root extract); Xanthan Gum		
Stevia Extract (leaf)	63 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.**

Other ingredients: Xylitol, Natural Flavors, Maltodextrin