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complete B Search

Complete B 100mg Time Release

Code 1141 (90 tablets) buy now



Complete B Time Release tablets are designed to gradually release their contents over an eight-hour period for maximum bioavailability. The B vitamins work together to metabolize proteins, carbohydrates and fats and provide the body with energy. Water-soluble B vitamins are not stored in the body and must be replenished daily.

Suggested Usage:
1 tablet per day or as directed by a health professional.
Keep out of reach of children.

Contains no artificial preservatives, color or sweeteners; no corn, dairy, soy, starch, wheat or yeast.

Supplement Facts

Serving Size 1 Tablet

	Amount per Serving	% Daily Value
Thiamin (as thiamin hydrochloride)	100mg	6670%
Riboflavin	100mg	5880%
Niacin (as niacinamide)	100mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	100mg	5000%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	100mcg	1670%
Biotin	300mcg	100%
Pantothenic Acid (as calcium pantothenate)	100mg	1000%
Calcium (from di-calcium phosphate and calcium carbonate)	65mg	6%
Choline (as choline bitartrate)	100mg	**
Inositol	100mg	**
Para-Aminobenzoic Acid	100mg	**

Other ingredients: Cellulose, magnesium stearate (vegetable grade).

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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