Friday, December 17, 2004

Biochem® sports & fitness

ULTIMATE LO CARB™ WHEY

Natural Flavor



Biochem's **Ultimate Lo Carb™ Whey** contains 100% Pure Ultra-Filtered/Micro-Filtered (UF/MF) whey protein isolate, the finest quality and most easily assimilated whey protein isolate available, with 99% undenatured whey peptides. The naturally occurring biologically-active components of whey protein isolate are beneficial to athletes, bodybuilders and to others who wish to incorporate additional high-quality protein into their diets.

Ultimate Lo Carb™ Whey is fat and lactose free with only 1 gram of carbohydrate per serving and mixes instantly with the liquid of your choice. Available in Chocolate Fudge Flavor, Peaches N' Cream Flavor, Caramel Swirl Flavor and Vanilla Flavor. Nutritional profile and ingredients may vary slightly due to the difference in flavoring. Refer to product label.

Item #: 1994-95-96-97 2000-02-10-11
Type: Powder
Size: Net wt.13 oz., 26 oz., 27 oz., 14 oz., or 28 oz.
Serving Size: 2 scoops

Additional Information
Directions

Other Ingredients

Does Not Contain



Nutrition Facts

Serving Size 2 scoops (29.2g)(1 oz.)
Servings Per Container 14

Amount Per Serving	
Calories 100	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 55mg	**2%**
Potassium 230mg	**7%**
Total Carbohydrate 4g	**1%**
Dietary Fiber 0g	**0%**
Sugars 4g	
Protein 20g	**40%**

Vitamin A	0%	• Vitamin C	0%
Calcium	10%	• Iron	2%
Phosphorus	6%	• Magnesium	6%
Copper	4%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Directions: Mix two (2) scoop (27.3g)(0.96 oz.) with one (1) cup (8 fl.oz.)(237mL) of cold water or your favorite beverage. Stir briskly until dissolved.

Other Ingredients: Ultra-Filtered/Micro-Filtered (UF/MF) whey protein isolate, fructose, natural cream flavor, natural peach flavor, natural flavors, xanthan gum.

No: Yeast, wheat, gluten, starch, preservatives, artificial color, artificial flavor or artificial sweeteners.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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