# Melatonin Complex™

## Sublingual * Orange and Peppermint

Melatonin Complex is a soothing nighttime formula, which combines the neurohormone melatonin with three key inhibitory neurotransmitters: GABA, glycine, and magnesium taurinate, and with Coenzymated™ vitamin B-6, the active form of vitamin B-6.




enlarge bottle

**Supplement Facts for orange**

Serving Size: 1 tablet

| | Amount | %DV |
|---|---|---|
| Melatonin | 3 mg | † |
| Coenzymated Vitamin B-6 | 500 mcg | 0.17 |
| (Pyridoxal-5-Phosphate) | | |
| Yielding: 338 mcg of Vitamin B-6 | | |
| GABA (Gamma Amino Butyric Acid) | 80 mg | † |
| Magnesium Taurinate | 50 mg | <2% |
| Yielding: 4 mg of elemental Magnesium | | |
| Taurine (Magnesium Taurinate) | 45 mg | † |
| Glycine | 40 mg | † |

**Other Ingredients:** mannitol, sorbitol and natural orange flavor.

**Warning:** USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or pregnant or lactating women. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as cortisol or prednisone, consult with your physician before taking this product. KEEP OUT OF THE REACH OF CHILDREN.

Related Symptoms

Sleep

Those interested in this product also viewed



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Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets



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AHCC®
Active Hexose Correlated Compound



Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

**Suggested Use:** One tablet at bedtime; one half tablet may be sufficient for some people. Do not take more than two tablets daily unless recommended by your physician.

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy, or wheat. Contains no sucrose, starch, salt, preservatives, artificial color, flavor or fragrance.

**Supplement Facts for peppermint**

Serving Size: 1 tablet

| | Amount | %DV |
|---|---|---|
| Melatonin | 3 mg | † |
| Coenzymated Vitamin B-6 | 500 mcg | 0.17 |
| (Pyridoxal-5-Phosphate) | | |
| Yielding: 338 mcg of Vitamin B-6 | | |
| GABA (Gamma Amino Butyric Acid) | 80 mg | † |
| Magnesium Taurinate | 50 mg | <2% |
| Yielding: 4 mg of elemental Magnesium | | |
| Taurine (Magnesium Taurinate) | 45 mg | † |
| Glycine | 40 mg | † |

**Other Ingredients:** In a base of mannitol, sorbitol and natural peppermint flavor.

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**orange** **SN0585 50 tabs • SN0586 100 tabs**

**peppermint** **SN0587 50 tabs • SN0588 100 tabs**


Life Force™
Body Systems In Alignment
Top Ranked Multiple
Life Force™ Multiple