Gamma-E 400 Complex™

Vitamin E Complex with Tocotrienols * More Potent Antioxidant



enlarge bottle

Recent research has demonstrated that gamma-tocopherol, the main dietary source of vitamin E, has a very important role in supporting health. Gamma-tocopherol is a more effective antioxidant than alpha-tocopherol and may be an important factor for a healthy cardiovascular system. It also inhibits the COX-2 enzyme, according to in vitro tests. Research indicates that a ratio of gamma to alpha-tocopherol greater than 1:1 increases levels of both tocopherols in the body and that alpha-tocopherol alone may not be adequate to combat oxidative stress. Source Naturals Gamma-E 400 offers a 3:1 gamma to alpha-tocopherol ratio (200 IU equals 133 mg) and also contains tocotrienols from palm fruit which provides high concentrations of all four tocotrienols: alpha, beta, gamma, and delta. Sesame oil, rich in gamma-tocopherol, is used as the base.

Supplement Facts for 400 mg

Serving Size: 1 softgel

	Amount	%DV
Vitamin E (D-alpha -Tocopherol)	200 IU	670
Tocopherol Blend	667 mg	†
Yielding:		0
gamma -Tocopherol	400 mg	†
delta -Tocopherol	133 mg	†
beta -Tocopherol	10 mg	†
Sesame Oil	30 mg	†
Tocotrienol Complex (Tocomin®)	5 mg	†

In - Depth Info

PDF **Gamma E 400 Complex**
Only Source Naturals GAMMA E 400 COMPLEX contains all four natural tocopherol forms, supplying...

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AHCC®
Active Hexose Correlated Compound

Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

Other Ingredients: gelatin (capsule), glycerin, and purified water.

Warning: Caution: If you are pregnant or breastfeeding, consult your health care professional before using this product.

Suggested Use: 1 to 2 softgels daily with a meal.

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

400 mg **SN1697 30 sg • SN1698 60 sg • SN1699 120 sg**

