Friday, December 17, 2004

Biochem® sports & fitness

# ULTIMATE LO CARB™ WHEY

**Natural Flavor**




Biochem's **Ultimate Lo Carb™ Whey** contains 100% Pure Ultra-Filtered/Micro-Filtered (UF/MF) whey protein isolate, the finest quality and most easily assimilated whey protein isolate available, with 99% undenatured whey peptides. The naturally occurring biologically-active components of whey protein isolate are beneficial to athletes, bodybuilders and to others who wish to incorporate additional high-quality protein into their diets.

**Ultimate Lo Carb™ Whey** is fat and lactose free with only 1 gram of carbohydrate per serving and mixes instantly with the liquid of your choice. Available in Chocolate Fudge Flavor, Peaches N' Cream Flavor, Caramel Swirl Flavor and Vanilla Flavor. Nutritional profile and ingredients may vary slightly due to the difference in flavoring. Refer to product label.

**Item #:** 1994-95-96-97 2000-02-10-11
**Type:** Powder
**Size:** Net wt.13 oz., 26 oz., 27 oz., 14 oz., or 28 oz.
**Serving Size:** 2 scoops

**Additional Information**
**Directions**

**Other Ingredients**

**Does Not Contain**




# Nutrition Facts

Serving Size 2 scoops (29.2g)(1 oz.)
Servings Per Container 14

| Amount Per Serving | |
|---|---|
| **Calories** 100 | Calories from Fat 0 |
| | **% Daily Value*** |
| **Total Fat** 0g | **0%** |
| Saturated Fat 0g | **0%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 55mg | **2%** |
| **Potassium** 230mg | **7%** |
| **Total Carbohydrate** 4g | **1%** |
| Dietary Fiber 0g | **0%** |
| Sugars 4g | |
| **Protein** 20g | **40%** |

| | | | |
|---|---|---|---|
| Vitamin A | 0% | • Vitamin C | 0% |
| Calcium | 10% | • Iron | 2% |
| Phosphorus | 6% | • Magnesium | 6% |
| Copper | 4% | | |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

**Directions:** Mix two (2) scoop (27.3g)(0.96 oz.) with one (1) cup (8 fl.oz.)(237mL) of cold water or your favorite beverage. Stir briskly until dissolved.

**Other Ingredients:** Ultra-Filtered/Micro-Filtered (UF/MF) whey protein isolate, fructose, natural cream flavor, natural peach flavor, natural flavors, xanthan gum.

**No:** Yeast, wheat, gluten, starch, preservatives, artificial color, artificial flavor or artificial sweeteners.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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