# XCraving Formula®

Item # 74910
Available in bottles of 300 grams

## The Possible Benefits of XCraving Formula®, a Dietary Supplement

- Provides nutritional support for appropriate metabolic rate
- Supports control of food craving and the body's ability to burn fat rather than store it

*"Calcium can be estimated to reduce the prevalence of overweight… perhaps by as much as 60-80%. I believe that calcium's contribution to weight control may be greater than its contribution to prevent osteoporosis."* - Robert Heaney, M.D., Journal of Nutrition, author of over 300 papers on calcium and vitamin D

## Description

XCraving Formula® is corn-free and designed especially for allergic individuals. It contains our hypoallergenic Buffered Vitamin C, with additional nutrients that support insulin regulation, blood sugar normalization, and the metabolism of calcium, helping to sustain an appropriate metabolic rate. Together, these nutrients support a reduction of food craving and the body's ability to burn fat rather than store it.

For more information about the importance of calcium and the other nutrients in XCraving Formula®, see the book Lose Weight with the California Calcium Countdown by Betty Kamen, Ph.D. (item #79013).

**Each serving (1 heaping teaspoon or 4.7 grams) contains:**

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| Vitamin C (as Ascorbic Acid Cassava Root Source) | 2000 mg |
| Vitamin D3 | 100 IU |
| Vitamin K | 500 mcg |
| Vitamin B6 (as Pyridoxine Hydrochloride) | 2.5 mg |
| Calcium (85% as Calcium Carbonate and 15% as Coral Calcium) | 450 mg |
| Magnesium (as Magnesium Carbonate) | 200 mg |
| Potassium (as Potassium Carbonate) | 84 mg |
| Boron (as Boron Citrate) | 1 mg |
| L-Lysine | 40 mg |

Inactive Ingredients: Cellulose, Xylitol, Lemon flavor

**Suggested Use:** As a dietary supplement, 1 heaping teaspoon or more in 8-12 ounces of liquid, between meals, or as directed by a healthcare practitioner.

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THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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