Carlson Nutritional Supplements

Amino Acids Capsules & Tablets (Free-form)
Amino Acids Powders (Free-form)
Chelated Minerals
Empty Gelatin Capsules
Eye Care and More
Fish Oil Liquids
Fish Oil Multiples
Fish Oils
Food Enzymes
Foods and Concentrates
Glands and Substances
Herbals
Liquid Mineral Soft Gels
Mineral Tablets and Capsules
Multiple Vitamins and Minerals
Shampoo and Soap
Special Formulations
Vitamin B
Vitamin C



5-HTP

5-HTP supports healthy functioning of the blood vessels in the head. A healthy vascular network may help hypersensitivity to light, noise, and smells. By supporting serotonin productions, Carlson Healthy Mood 5-HTP Elite may promote sustained comfort and a healthy mood.

5-HTP can help the body maintain healthy serotonin levels. Studies have shown that a healthy serotonin level can reduce carbohydrate cravings that can lead to being overweight.

5-HTP may smooth periodic mood fluctuations and provide a sense of well being, a feeling that the clouds have lifted. Having enough serotonin can also help relieve occasional sleeplessness.

Each chewable natural raspberry tablet provides 50 mg 5-HTP.

Nutrition Info

Calories (per dosage)	**0**
Protein (per dosage)	**0**
Carbohydrates (per dosage)	**0**

Supplement Facts
Serving Size 1 Tablet

	Amount Per 1 Tablet	% DV
Vitamin B-6	1mg	50%
5-Hydroxytryptophan	50mg	*

* Daily Value (DV) not established

Packaging Info

120
$28.80
Add To Cart >>

60
$15.50
Add To Cart >>

SEARCH PRODUCT CATALOG:

Product Category:
All Categories

Dosage Form:
All Dosage Forms

Product Should Be Free From:

- ☐ Wheat
- ☐ Preservatives
- ☐ Soy
- ☐ Corn
- ☐ Salt
- ☐ Sugar
- ☐ Yeast
- ☐ Gluten
- ☐ Milk

Vitamin E

Vitamin E for Personal Care

Vitamins A and D

Related Products

DLPA (DL-Phenylalanine

L-Arginine

L-Carnitine

L-Glutamine

L-Lysine

L-Methionine

L-Proline

L-Tyrosine

N A C (N-Acetyl Cysteine)

Pro-Rite

Super Daily Amino Blend

Related Links


Product Comparison Chart


Non-active Ingredients


Vitamin & Mineral Facts