Maxi One Caplets (Iron-Free)

MAXI ONE® CAPLETS (Iron Free)

One a day, full spectrum iron-free mulitvitamin and multimineral dietary supplement.

Product No. 134 - 60 Caplets.
Product No. 136 - 90 Caplets.



Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		% Daily Value
Vitamin A (100% natural beta-carotene 10,000 I.U.) (Vitamin A palmitate 5,000 I.U.)	15000 I.U.	300
Vitamin C (ascorbic acid)	250 mg.	417
Vitamin D (cholecalciferol)	400 I.U.	100
Vitamin E (d-alpha tocopheryl succinate)	200 I.U.	667
Vitamin B-1 (thiamine HCl)	50 mg.	3333
Vitamin B-2 (riboflavin)	50 mg.	2941
Vitamin B-3 (niacinamide)	50 mg.	250
Vitamin B-6 (pyridoxine HCl)	50 mg.	2500
Vitamin B-12 (cyanocobalamin)	100 mcg.	1667
Biotin	300 mcg.	100
Folate (folic acid)	400 mcg.	100
Pantothenic Acid (calcium pantothenate)	50 mg.	500
Calcium (calcium citrate)	100 mg.	10
Magnesium (magnesium aspartate)	50 mg.	25
Potassium (potassium aspartate)	25 mg.	1
Chromium (amino acid chelate)**	150 mcg.	125
Iodine (potassium iodide)	150 mcg.	100
Copper (amino acid chelate)**	2 mg.	100
Manganese (amino acid chelate)**	5 mg.	250
Molybdenum (amino acid chelate)**	150 mcg.	200
Selenium (amino acid complex)†	50 mcg.	71
Zinc (amino acid chelate)**	15 mg.	100
Bioflavonoids (citrus)	50 mg.	*
Betaine HCl	50 mg.	*
Choline (bitartrate)	25 mg.	*
Inositol	25 mg.	*
Rutin	15 mg.	*
PABA (para aminobenzoic acid)	10 mg.	*
Boron (amino acid complex)†	2 mg.	*
Lutein (marigolds)	500 mcg.	*

* Daily Value not established.

Other ingredients: Calcium phosphate, silica, cellulose, stearic acid, magnesium stearate, vegetable glaze.
Gold Medallion design is the registered trademark of Albion Laboratories, Inc.
†Albion Advanced Nutrition Amino Acid Complex
**Covered by Albion International, Inc.
U.S. Patents 4,830,716, 4,863,898 and 5,614,553.