

Bladderwrack, 100 Vcaps®

580 mg

SKU: 15380

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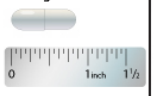
Bladderwrack is a natural source of minerals and is guaranteed to contain 0.04% iodine.

Bladderwrack is found off the shorelines of most northern seas.

Dosage
Take 1 capsule daily, preferably with food. Do not exceed recommended dose.

Dosage Form



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Iron	340 mcg	2%
Iodine	232 mcg	155%
Sodium	10 mg	<1%†
Bladderwrack (whole thallus)	580 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.**

Other ingredients: Plant-derived cellulose (capsule)

Precautions
Not recommended for hyperthyroidism or for long-term use. Consult a healthcare professional before using if you are pregnant, nursing or taking a prescribed iodine medication.