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Vitamin D 1,000 - 180 Softgels



Often referred to as the 'sunlight' vitamin, Vitamin D is produced within the body during exposure to the sun's UVB rays, and can also be obtained from milk and fish. However, with more and more people avoiding direct exposure to the sun, supplementation is often beneficial. As an essential part of the human diet, Vitamin D plays an active role in many facets of metabolism and development. Most importantly, this fat-soluble vitamin assists the body in the absorption of calcium and phosphate, thus promoting stronger bones and teeth.

PRODUCT #: 0365
UPC: 733739003652
SRP: $6.99
Where to Buy
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Nutrition Info

Serving Size: 1 Softgel
Servings Per Container: 180

	Amount Per Serving	% Daily Value
Vitamin D-3 (as Cholecalciferol)	1000 IU	250%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

Serving Size: 1 Softgel

Suggested Use: As a dietary supplement, take one softgel daily with or between meals.

Free of: yeast, sugar, salt, starch, soy, wheat, gluten, corn, milk.

Other Ingredients: Olive Oil, Beeswax, Gelatin, Glycerin and Water.

Warning: Please discard the inedible freshness packet enclosed.

Disclaimers: None

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