Amino Acids

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Taurine

Tablets

Taurine is a crystalline, free-form amino acid. It is a soothing, inhibitory neurotransmitter and plays a major role in stabilizing the heartbeat and electrical activity of the nerves.



enlarge bottle

Supplement Facts

Serving Size: 1 tablet

	Amount	%DV
Taurine	500 mg	†

Other Ingredients: sorbitol, stearic acid, modified cellulose gum, colloidal silicon dioxide and magnesium stearate.

Warning: NOTE: If you are pregnant or breastfeeding, consult your health care professional before using this product.

Suggested Use: one tablet daily.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives or artificial color, flavor, or fragrance.

SN1280 60 tabs • SN1281 120 tabs

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