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Vitamin B-1 (Thiamine) 100mg - 100 Tabs



Vitamin B-1, also known as Thiamine, is an essential nutrient first classified in 1936 by the chemist Robert Williams. As a coenzyme, thiamine helps your body metabolize carbohydrates and lipids and in a noncoenzymatic capacity plays a role in nerve tissue.*

Read FAQ's

PRODUCT #: 0446
UPC: 733739004468
SRP: $4.49
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Nutrition Info

Servings Per Container: 100
Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine HCl) (Vitamin B-1)	100 mg	6670%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

Serving Size: 1 Tablet

Servings Per Container: 100

Suggested Use: As a dietary supplement, take one tablet daily, preferably with meals.

Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk.

Other Ingredients: Cellulose, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Warnings: None

Disclaimers: *This statement has not been evaluated by the FDA. This products is not intended to diagnose, treat, cure or prevent any disease.

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