Friday, December 17, 2004

Target-mins™ minerals

CALCIUM-MAGNESIUM with VITAMIN D CAPS

Vegetarian **Target-Mins**™ are complexed with specific free form amino acids and other carriers for optimum mineral transport.

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Item #: 2487-88
Type: Capsule
Size: 120 or 240
Serving Size: 4 capsules

Additional Information
Directions

Other Ingredients

Does Not Contain

Supplement Facts

Serving Size 4 capsules — **Servings Per Container** 30 & 60

Amount Per Serving		% Daily Value
Vitamin D (as ergocalciferol)	400 I.U.	100%
Calcium (as calcium hydroxyapatite, citrate, *alpha*-ketoglutarate, aspartate, lysinate)	1,000 mg	100%
Phosphorus (as calcium hydroxyapatite)	500 mg	50%
Magnesium (as magnesium oxide, aspartate, *alpha*-ketoglutarate, citrate, taurinate)	500 mg	125%

Directions: Adults take four (4) capsules daily. For best utilization take with food.

Other Ingredients: Cellulose (capsule shell), stearic acid, magnesium stearate, silica, cellulose.

No: Corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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