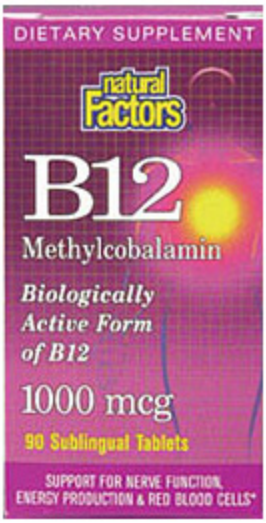
Search results

1242 Search

B12 Sublingual (Methylcobalamin)

Code 1242 (90 Tablets) buy now



The methylcobalamin form, absorbed sublingually (under the tongue), is the most active form of vitamin B12 and is shown to have advantages over cyanocobalamin and all other forms of B12, including injections. It absorbs as readily, but keeps blood levels high. Injections provide a B12 surge, followed by a drop to a plateau level. Methylcobalamin is active immediately upon absorption as compared to cyanocobalamin that must first be converted to methylcobalamin by the body.

Suggested Usage:
Dissolve one tablet under the tongue as required or as recommended by a health care professional.

Supplement Facts

Serving Size 1 Tablet

	Amount per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	1000mcg	16,670%

Other ingredients: Lactose, cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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