Black Cohosh Extract

Code
4925 (90 Capsules)

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Black Cohosh has been traditionally used to ease the discomforts of premenstrual syndrome and menopause. For women experiencing menopause, Black Cohosh is a safe and natural way to help reduce symptoms such as hot flashes and night sweats.*

Suggested Usage:
1 capsule, 1-2 times per day preferably before meals or as directed by a health professional. Keep out of reach of children.
Caution: Not recommended during pregnancy. If you are taking any other medications, consult your health practitioner.
Contains no artificial preservatives, color or sweeteners; no corn, dairy, wheat or yeast.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Black Cohosh *(Cimicifuga racemosa)*, powdered extract 1:1 (root & rhizome)	40 mg**
Triterpene glycosides (2.5%, calculated as 27-deoxyactein)	1 mg**

** Daily Value not established.

Other ingredients: Cellulose, gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade).