Sleep Relax Formula

Code
4655 (90 Capsules)

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The Sleep Relax formula combines the best of the time-tested sleep-inducing herbs to promote a restful sleep without next-day grogginess. Some of the herbs act as gentle nervous restoratives, calming anxiousness and quieting jangly nerves.

Sleep Relax includes a standardized extract of Valerian root, with calming passion flower, hops and skullcap.

Suggested Usage:
1 capsule, 1-3 times per day or as directed by a health professional. Keep out of reach of children.

Supplement Facts

Serving Size 1 Capsule

	Amount per Capsule
Valerian root (Valeriana officinalis), powdered extract 5:1 (root)	100mg**
Valerenic acids	0.8mg**
Passion Flower (Passiflora incarnata), powdered extract 4:1 (leaf and flower)	50mg**
Hops (Humulus lupulus), powdered extract 5:1 (strobiles)	25mg**
Scullcap (Scutellaria SPP), powdered (aerial part)	100mg**
Hops (Humulus lupulus), powdered (strobiles)	50mg**

Other ingredients: Gelatin capsule (gelatin, purified water) rice powder.