Regularity Formula

Code
4640 (90 Capsules)

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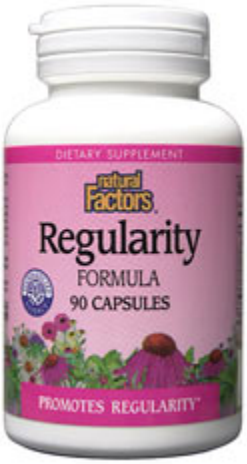

Regularity Formula combines effective laxative herbs and bulking agents to enhance bowel evacuation and elimination. Always take this combination with lots of water to facilitate elimination.

Suggested Usage:
1 capsule, 1-3 times per day or as directed by a health professional.

Supplement Facts

Serving Size 1 Capsule

	Amount per Capsule
Cascara Sacrada bark (Rhamnus purshiana), powdered extract	50mg**
Cascarosides (50%)	25mg**
Rhubarb root (Rheum officinale), powdered extract 4:1	25mg**
Capsicum fruit (Capsicum frutescens), powdered	50mg**
Gentian root (Gentiana lutea), powdered	50mg**
Flax meal (Linum usitatissimum), powdered	50mg**
Peppermint oil (Mentha piperita)	1.2mg**

Other ingredients: Microcrystalline cellulose, gelatin capsule (gelatin, purified water).