Menopautonic™ (Dong Quai/Vitex Complex). Decreases or stops menopausal symptoms such as hot flashes, sweating, nervousness, insomnia, urinary frequency and back pain. Lifts menopausal depression within a week.
Ingredients: Dong Quai, Vitex, Hawthorn flowers, Black Cohosh, False Unicorn, Motherwort, Licorice, Passionflower, Siberian Eleuthero, Pipsissewa, Cultivated American Ginseng, Dulse.
Dose: Take 20-30 drops or one softgel early morning and before retiring.
Contraindications: Not in pregnancy.