

Simple Cleanse†

(Kit Contains:
1-Laxative Formula, 35 Tablets
1-Fiber Formula, 112 Capsules)

***Internal Cleansing System†***

- *Targeted Intestinal Cleanse†*
- *No Harsh Stimulant Laxatives*
- *Simple 2-week Program*
- *True Dispersion™ Fiber*

**Product Numbers:** 08410

**Product Quantities:** 1 Kit

Finally, a high-strength, gentle, targeted intestinal cleanse that enhances your body's own natural internal cleansing process for thorough detoxification.†

**WHY CLEANSE?**
Keeping your intestinal system healthy is important to all bodily functions. Over the years unwanted materials can build up in your system from environmental toxins, unhealthy waste substances and improper eating habits.

Sometines the body needs help to cleanse and detoxify. Enzymatic Therapy's Simple Cleanse† is designed specifically for the intestinal system, to gently cleanse and refortify the digestive tract.†

**WHAT MAKES TRUE DISPERSION™ FIBER SO UNIQUE?**

- Completely breaks down in less than 5 minutes – 5 to 15 times faster than the top 4 other leading encapsulated fiber products on the market.
- More mucilage content than flax fiber – cleanses more toxins†
- So revolutionary that it is patent-pending

**So You Get All-the-Way Clean!†**

In order to get the full benefit of fiber, it needs to dissolve. **ONLY** Enzymatic Therapy's True Dispersion™ fiber dissolves completely in less than 5 minutes. Other fiber capsules take a long time to breakdown or don't dissolve at all. Many fiber products actually turn into semi-solid slugs that may not fully dissolve in the digestive tract. True Dispersion™ fiber provides a better cleanse than other products because you get the full benefit of fiber that goes to work quickly and cleans all the way down.†

**Recommendations:**

**Laxative Formula:**

**Day 1 through 7:** three tablets at bedtime with 8 ounces of water.
**Day 8 through 14:** two tablets at bedtime with 8 ounces of water.
Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.

**Fiber Formula:**

For 14 days, take four capsules in the morning and four at night with eight ounces of water. Or, may be taken as eight capsules at night with eight ounces of water.

**Serving Size:** Kit

| | **Amount/Serving** | **%DV** |
|---|---|---|

**Laxative Formula**

Serving Size: 3 tablets
Servings per container: 11

**Amount per 3 tablets:**

| | | |
|---|---|---|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1 % |
| Dietary Fiber | 1 g | 4 % |
| Sodium | 15 mg | <1 % |
| Magnesium Hydroxide | 2600 mg | * |
| Proprietary Mucilage Blend<br>slippery elm (Ulmus rubra) bark, marshmallow (Althaea officinalis) root extract 3.5:1, and fenugreek (Trigonella foenum-graecum) seed extract 4:1 | 650 mg | * |
| Proprietary Soothing Blend<br>peppermint (Mentha x piperita) leaf, fennel (Foeniculum vulgare) seed, and ginger (Zingiber officinale) rhizome extract | 150 mg | * |

Percent daily values (DV)
are based on a 2,000 calorie diet

*Daily Value (DV) not established.

**Fiber Formula**

Serving Size: 8 capsules
Servings per container: 14

**Amount per 8 capsules:**

| | | |
|---|---|---|
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1 % |
| Dietary Fiber | 4 g | 12 % |
| Proprietary Fiber Blend<br>psyllium (Plantago ovata) husk, oat (Avena sativa) bran, guar gum (Cyamopsis tetragonoloba) seed extract, pectin (from citrus fruit), and marshmallow (Althaea officinalis) root extract 3.5:1 | 3455 mg | * |

Percent daily values (DV)
are based on a 2,000 calorie diet

*Daily Value (DV) not established.

**Other Ingredients:**
**Laxative Formula:**
cellulose, modified cellulose gum, modified cellulose, magnesium stearate, silicon dioxide, lecithin and carnauba wax.

**Fiber Formula:**
cellulose, gelatin, magnesium stearate, and silicon dioxide.

**Warnings:**
*Do not use if pregnant or nursing.* Consult a health care practitioner before using any laxative if a sudden change in bowel habits occurs and persists for two weeks. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition; discontinue use and consult a health care practitioner. Unless directed by a health care practitioner, do not use laxative products when abdominal pain, nausea, or vomiting is present, or if you have kidney disease.

**Contains No:** sugar, yeast, wheat, corn, dairy products, artificial coloring, artificial flavoring and preservatives. This product contains natural ingredients; color variations are normal.

**Notes:**
**SAFE, NATURAL, AND EFFECTIVE!†**

This kit has everything you need for a 2-week cleanse, including a Simple Cleanse† Guide.

**† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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