EFA Blend for Children, 120 Softgels



SKU: 14181

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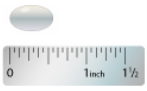
EFA Blend for Children is guaranteed to contain 30% Eicosapentaenoic acid (EPA) and 20% Docosahexaenoic acid (DHA) from molecularly distilled/ PCB free fish oil along with 9% gamma-linolenic acid (GLA) and Vitamin E.

DHA an Omega-3 fatty acids is a major element of both brain and eye function.* This cognitive formula combines the researched levels of these key EFAs.

Dosage
Adults and children over 5: Take two softgels each morning and evening with food or a drink. **Children under 5:** Take one softgel each morning and evening with food or a drink. These softgels can be cut open and the contents mixed with food or drink. **For the first 12 weeks:** Double the recommended daily intake. These levels reflect research findings.

Dosage Form



Supplement Facts

Serving Size 2 Softgels

Amount Per Serving		% Daily Value
Calories	10	
Calories from fat	10	
Total Fat	1 g	1%†
Vitamin E (as d-alpha tocopheryl)	30 IU	100%
Fish Oil (Providing 120 mg Docosahexaenoic Acid (DHA) and 174 mg Eicosapentaenoic Acid (EPA))	580 mg	**
Evening Primrose Oil (seed) (Providing 24 mg Gamma Linolenic Acid (GLA))	280 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin, Glycerin

Precautions
Pregnant or lactating women should consult a physician before taking this product.

Other Sizes



- EFA Blend for Children, 60 Softgels