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Magnesium Citrate Vegetarian - 8 oz



PRODUCT #: 1295
UPC: 733739012951
SRP: $9.99
Where to Buy
Add a Comment

While this macro-mineral is easily obtained from many foods, magnesium deficiencies are extremely common for many Americans. Alcohol consumption, the presence of fluoride, and the consumption of certain foods either increase our need for magnesium, or decrease its absorption. Magnesium is not only one of the key nutrients required in both calcium utilization and protein synthesis, but it also plays a tremendous role in virtually every enzymatic reaction in our body. NOW Magnesium Citrate Vcaps® are fast acting, safe and ideal for anyone who has their sights set on attaining optimal levels of this vital nutrient.*

Nutrition Info

Serving Size: 1 Teaspoon
Servings Per Container: 80

	Amount Per Serving	% Daily Value
Magnesium (from Magnesium Citrate)	450 mg	110%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

The synthesis of protein, and as a cofactor in hundreds of enzymatic reactions. It also aids in the maintenance of mitochondrial integrity.* This product is 100% pure Magnesium Citrate from a vegetable source and contains no other ingredients. Complement this magnesium supplement with a NOW® calcium supplement.

Serving Size: 1 Teaspoon

Suggested Use: As a dietary supplement, take 1 teaspoon daily, preferably with meals or in juices.

Free of: sugar, salt, starch, yeast, corn, soy, gluten, milk, wheat, preservatives.

Other Ingredients: None

Warnings: None

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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