Athletic Series

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Dura*Carb™

Complex Carbohydrate

Dura*Carb is a branched-chain, complex carbohydrate drink, also containing ChromeMate® GTF Chromium.



enlarge bottle

Supplement Facts

Serving Size: 1 ounce

	Amount	%DV
Chromium (from yeast-free GTF chromium	20 mcg	0.15
polynicotinate [ChromeMate])		
Maltodextrin (Dura-Carb™)	28 g	†

Other Ingredients:

Warning:

Suggested Use: Mix at least one ounce (1 1/2 scoops) in 8-12 oz of your favorite beverage (using water or diluted juice such as apple juice will avoid the sugar "high" effect and help provide a smooth release of fuel). Drink before and during workouts for increased energy and fluid replenishment. Drink after cooldown from intense workouts to restore depleted carbohydrate and glycogen reserves. For endurance athletes: Take 2 oz (3 scoops) 20 minutes before training. Sip throughout workout for continuous replenishment of energy and fluids. Take 1 oz after cooldown to maximize recuperation.

SN0747 16 oz • SN0748 32 oz

Related Symptoms

Sports & Fitness

Those interested in this product also viewed

Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

Wellness Formula®
Bio-Aligned Formula™ * Capsules and Tablets

Life Force™ Multiple
Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets

Skin Eternal™
(formerly Skin Renew™)

Beta Glucan
Purified Beta Glucan 1,3/1,6 * 100 mg and 250 mg


BETA GLUCAN
Stimulates Immune Function!
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