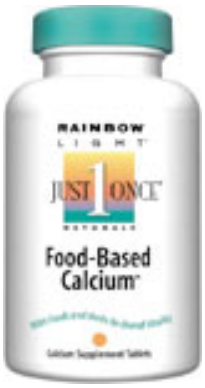
Food-based Calcium ™

available in 90 & 180 sizes



Features 500 mg of calcium per tablet, with 250 mg of magnesium. Calcium is essential for bone formation and muscle contraction, while magnesium supports calcification of bone and muscle relaxation.* Also contains vitamin D and glutamic acid HC1, natural cofactors to ensure assimilation of the minerals, and horsetail and nettles, botanicals with a natural concentration of minerals.

JUST ONCE LINE

CAL/MAG PRODUCTS

PRODUCT LIST

Supplement Facts
Serving Size 1 Tablet

	One Tablet Provides	%DV
Calcium (Carbonate, Amino Acid Chelate, Citrate-Malate)	500 mg	50%
Magnesium (Oxide, Aspartate)	250 mg	63%
Vitamin D	100 IU	25%
Stinging Nettles (tops)	20 mg	*
Horsetail (whole herb)	20 mg	*
Spirulina	20 mg	*
Glutamic Acid HCl	20 mg	*

*Daily Value not established

Other ingredients: cellulose, stearic acid (vegetable), modified cellulose gum, silica, magnesium stearate. Coating: vegetable food glaze.

*This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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