Product Information

Item	**Omega-3 Glucosamine**
Size/Form	90, 180 Softgels
SKU Number	989,954
Recommended Daily Dosage	Take 3 softgels daily with meals.



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*Advanced Joint Care**

*• Increase Joint Comfort**
• Contains Glucosamine and Chondroitin

*Wherever hard bones come together, soft tissue must come between them in order to cushion, protect and lubricate. This tissue needs nourishment to do its job properly. Natrol's Omega-3 Glucosamine is an advanced joint health formula designed to benefit joint health using the latest scientific improvements and a synergistic combination of natural bioactive compounds.**

*Unlike traditional joint care products, Omega-3 Glucosamine provides support for managing joint discomfort while rebuilding your joints. It features a unique combination of marine-sourced Omega-3 concentrate (with nearly twice the EFA active ingredients as regular fish oil); and glucosamine, which has been shown to repair and regenerate cartilage tissue.**

*Natrol's Omega-3 Glucosamine formula helps strengthen joint tissues and maximizes effectiveness by combining three of the most beneficial ingredients shown to assist with joint care, in a synergistic combination of natural bioactive compounds:**

1. ***Omega-3** is an essential fatty acid necessary for a variety of biological processes and used by virtually every cell in the body. The latest research shows that omega-3 can help soothe and comfort joints.**
2. ***Glucosamine** has been proven to rebuild joints by repairing and regenerating the cartilage that forms them. Because this rebuilding takes time, best results are obtained with daily supplementation.**
3. ***Chondroitin** is found naturally in the body, and helps support cartilage and*

*enhance joint health.**

SUPPLEMENT FACTS

Serving Size: 3 Softgels
Servings Per Container: 30, 60

Ingredient	Amt Per Serving	% Daily Value
Calories	15	
¨ Calories from Fat	15	
Total Fat	1.5 g	3%**
Glucosamine HCl	1.5 g	***
Chondroitin Sulfate	100 mg	***
Fish Oil Concentrate	1.0 g	***
¨ EPA (Eicosapentaenoic Acid)	300 mg	***
¨ DHA (Docosapentaenoic Acid)	200 mg	***
Borage Oil	500 mg	***
¨ GLA (Gamma-Linolenic Acid)	95 mg	***

** Percent Daily Values are based on a 2,000 Calorie diet.
*** Daily Value (DV) Not Established.

Other Ingredients

Soybean Lecithin, Natural Tocopherol, Beeswax, Gelatin, Glycerin, Purified Water, Caramel, Carob.

Warning: This product is derived from and/or contains shellfish.

Do not take this product if you are pregnant or lactating.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail customer-service@natrol.com, or contact a Consumer Relations Representative toll free at 800-2-NATROL (800-262-8765)

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