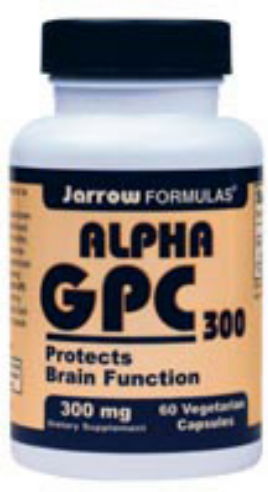
Alpha GPC
CDP Choline
Cogni-Flex
Cox2Tame
Max DHA
Glucose Optimizer
Lutein
MiBrain
Neuro Defense
Neuro Optimizer
Prostate Optimize
Theanine
Vinpocetine

Alpha GPC 300



Protects Brain Function
60 Vegetarian Capsules
300 mg each
Prod # 56002

Usage: Take 1 to 2 capsules per day with a meal, or as directed by your qualified health consultant.

Alpha GPC (L-alphaglycerylphosphorylcholine, also known as choline alfoscerate) is a phospholipid metabolite found concentrated in neuronal membranes. Made from lecithin, **Alpha GPC** is extremely well absorbed and crosses the blood brain barrier.

In the brain, **Alpha GPC** supports brain function and learning processes by directly increasing the synthesis and secretion of acetylcholine. **Alpha GPC** protects neurons and improves signal transmission by serving as a precursor to membrane phospholipids. Each Jarrow Formulas® Alpha GPC 250 vegetarian capsule contains 300 mg of elemental Alpha GPC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule	Amount	% DV
Alpha GPC (L-alphaglycerylphosphorylcholine)	300 mg	*

* Daily Value not established.

Other Ingredient: Cellulose, dicalcium phosphate and silicon dioxide.
Suitable for vegetarians

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