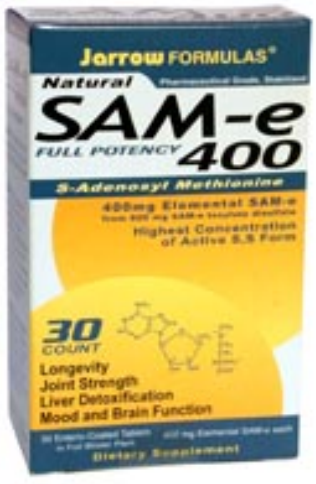
Alpha Lipoic Acid (capsules)
Alpha Lipoic Acid (tablets)
Alpha Lipoic Sustain
Antioxidant Optimizer
L-Carnosine
CarotenAll
Cholestame
Coenzyme Q-10 (capsules)
Q-Absorb Co-Q10
Chewable Co-Q10+Creatine
Homocysteine PF (Methyl Donors)
Lyco-Sorb
Melatonin Sustain (tablets)
Mellow Tonin

Natural SAMe 400



S-Adenosyl Methionine
Enteric Coated
400 mg each
30 Tabs Prod # 20020
Related books

Usage: Take 1 tablet per day on an empty stomach, or as directed by your qualified health consultant.

WARNING: Individuals using prescribed medications such as antidepressants, including Serotonin Re-Uptake Inhibitors and MAO Inhibitors should consult a physician before using. Individuals with Parkinson's disease, bi-polar disorder or manic depression should not use SAM-e.

SAM-e 400 is foil blister-packed to maximize stability and safety. Do not use if seal of blister pack is broken.

Store in a cool, dry place. Suitable for vegetarians.

Jarrow Formulas' pharmaceutical grade, stabilized SAM-e 400 is a full 400 mg elemental SAM-e from 800 mg of SAM-e tosylate disulfate. SAM-e 400 is manufactured under low temperature and low humidity and is enteric-coated to ensure a biologically active product.

SAM-e (S-Adenosylmethionine) is a chiral molecule and therefore consists of two forms: (S,S) SAM-e and (R,S) SAM-e. The biologically active form is the (S,S) structure, while the (R,S) structure is biologically inactive.

(capsules)

MSM Sulfur

MSM 1000 (tablets)

Omega Balance

SAM-e 200

SAM-e 400

SAM-e Joint

TMG Crystals

TMG 500 (tablets)

ThioNAC

Jarrow Formulas' SAM-e is made naturally by microbiological fermentation and then specially processed without solvents to preserve 68-80% (S,S) SAM-e, the highest active level available.

SAM-e is an amino acid derivative that has been clinically proven to benefit brain, joint and liver function. Found in all living cells, SAM-e is also called activated methionine (an essential amino acid) since it is formed by the combining of ATP with methionine. SAM-e has undergone dozens of trials involving thousands of patients. Researchers studying the beneficial effects of SAM-e have identified the following benefits of SAM-e:

Joint Strength
SAM-e supports the production of healthy connective tissue through transulfuration. In this process, critical components of connective tissue, including glucosamine and the chondroitin sulfates, are sulfated by SAM-e metabolites.

Brain Metabolism
SAM-e methylation reactions are involved in the synthesis of neurotransmitters such as L-dopa, dopamine and related hormones, epinephrine and phosphatidylcholine (a component of lecithin).

Longevity
Methylation of DNA appears to be important in the suppression of errors in DNA replication. Demethylation of DNA is considered a contributor to the aging process. Proper methylation through substances such as SAM-e positively influences longevity.

Liver
SAM-e metabolism supports the synthesis of glutathione (GSH) and glutathione-dependent enzymes (glutathione peroxidase and glutathione-S-transferase), which are substances important for liver function.

These statements have not been evaluated by the food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPPLEMENT FACTS

Serving Size 1 Tablet	Amount	% DV
S-Adenosyl Methionine (from 800mg of SAM-e tosylate disulfate)	400 mg	*

* Daily Value not established.

Other Ingredients: Microcrystalline cellulose, enteric coating (methacrylate

copolymers), glycerol behenate, magnesium silicate, triethyl citrate, glycerol palmitostearate, medium chain triglycerides, magnesium stearate, silicon dioxide, mannitol, sodium starch glycolate, titanium dioxide, and yellow iron oxide.

This product complies with the proposed USP Monograph for SAM-e.

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