B-Complex 100 Vcaps

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Complete spectrum of high potency B vitamins. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Product No. 416 - 50 Capsules.
Product No. 418 - 100 Capsules.
Product No. 419 - 250 Capsules.



Supplement Facts
Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin B-1 (thiamine)	100 mg.	6667
Vitamin B-2 (riboflavin)	100 mg.	5882
Vitamin B-3 (niacinamide)	100 mg.	500
Vitamin B-6 (pyridoxine HCl)	100 mg.	5000
Vitamin B-12 (cobalamin)	100 mcg.	1667
Biotin	100 mcg.	33
Folate (folic acid)	400 mcg.	100
Pantothenic Acid (calcium pantothenate)	100 mg.	1000
Choline (bitartrate)	100 mg.	*
Inositol	100 mg.	*
PABA (para aminobenzoic acid)	100 mg.	*

* Daily Value not established

Other Ingredients: 100% Kosher vegetable capsules, cellulose, magnesium stearate, natural vanilla bean.