NOWFoods.com provides quality supplements, discount nutritional supplements, affordable vitamins, discount vitamins, natural vitamins, minerals, natural supplements, pre-natal vitamins, sports supplements, and health research.

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- Digestive Support
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- Empty Gel Caps
- Essential Fatty Acids
  - EPA/Omega 3
  - Evening Primrose Oil
  - Flax Oil
  - Lecithin
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  - Phosphatidyl Serine
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High Lignan Flax Oil 1000 mg - 120 Softgels - Organic, Non-GE



NOW® High Lignan Flax Seed Oil is an optimal dietary supplement that is an excellent vegetarian source of Omega-3 acids, which support the metabolism of essential fatty acids. It also supplies high levels of lignans, phytochemicals that are structurally related to estrogen.

Organic Products List

PRODUCT #: 1780
UPC: 733739017802
SRP: $9.99
Where to Buy
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Nutrition Info

Serving Size: 3 softgels

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	24	
Total Fat	3 g	4%*
Saturated Fat	< 0.5 g	0%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Vitamin A (100% as beta-carotene)	24 IU	< 1%
Lignans	480 mcg	†
Omega-3 Fatty Acids (a-Linolenic acid)	1.5 g	†
Omega-6 Fatty Acids (Linoleic acid)	342 mg	†
Omega-9 Fatty Acids (Oleic acid)	366 mg	†
Organic Flax Seed Oil (Linum usitatissimum)	3.0 g (3.000 mg)	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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NOW Nutritionist, Neil Levin to Appear on Chicago Public Television Tonight
Neil E. Levin, CCN, DANLA, will be a guest on Chicago Tonight this evening

Serving Size: 3 softgels

Suggested Use: As an herbal dietary supplement, take 3 softgels 2 to 3 times daily, preferably with meals

Free of: salt, sugar, starch, yeast, gluten, wheat, corn, soy, milk, egg, coloring, flavoring or artificial preservatives.

Other Ingredients: Organic Flax Seed Oil (unrefined and Non-GE) [includes organic flax particulate matter (source of ignans) and a natural antioxidant blend of Rosemary Extract, Vegetable Oil and Ascorbic Acid], Gelatin, Glycerin, Water and Carob.

Warnings: Caution: Because lignans have phytoestrogen and estrogen antagonist properties, they may affect the reproductive development of offspring. Pregnant and lactating women should consult with a qualified health practitioner before use.

Disclaimers: None

The Flax Oil used in this product is Certified Organic by Quality Assurance International.

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NOW Foods, quality supplements, discount nutritional supplements, affordable vitamins, discount vitamins, natural vitamins, minerals, natural suppliments, pre-natal vitamins, sports supplements, and health research.

(Tuesday, December 21, 2004) at 7 p.m, discussing natural alternatives to Vioxx, Celebrex, and Aleve. Neil is a...

- **Leaves of Tea, Tea Chest**



A holiday gift of warmth and happiness! One of the greatest gifts one can give is the gift of health, and now you can do just that with this beautiful sculpted metal tea chest. This...
