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Home - Product Catalog - Essential Fatty Acids - EPA/Omega 3 - Super Omega 3-6-9 1200 mg - 90 Gels

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Super Omega 3-6-9 1200 mg - 90 Gels



PRODUCT #: 1839
UPC: 733739018397
SRP: $10.99
Where to Buy
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Super Omega 3-6-9 is a blend of Fish, Borage and Organic Flax Seed Oils. This combination of well-known nutritional oils provides a unique balance of Omega-3 and Omega-6 Essential Fatty Acids plus Omega-9, a non-essential, but beneficial fatty acid. The Omega-3's, Alpha Linolenic Acid, EPA and DHA, and the Omega-6, GLA, are necessary for the maintenance of cardiovascular, nervous system and skin health. Oleic Acid, an Omega-9, has also been shown to promote a healthy vascular system.*

From the FDA's website: "Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive (see nutrition information for fat content)".

Nutrition Info

Serving Size: 2 Softgels
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	20	
Total Fat	2.4 g	4%*
Saturated Fat	< 0.5 g	2%*
Polyunsaturated Fat	1.4 g	†
Monounsaturated Fat	0.59 g	†
Cholesterol	0 mg	0%
Total Carbohydrate	< 0.5 g	< 1%
Protein	0.56 g	< 2%
Vitamin E (as d-alpha Tocopherol)	20 IU	70%
Borage Oil (Borago officinalis L.) (Seed)	800 mg	†
Fish Oil	800 mg	†
Organic Flaxseed Oil (Linum isitatissimum) (Seed)	800 mg	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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Leaves of Tea, Tea Chest



Each serving typically contains: Omega-3 Fatty Acids: 690 mg, Omega-6 Fatty Acids: 600mg, Omega-9 Fatty Acids: 420 mg, Other fatty acids, saturated fats, phospholipids, etc.: 690mg

Serving Size: 2 softgels

Suggested Use: As a dietary supplement, take 2 softgels 1 to 3 times daily with meals.

Free of: sugar, salt, yeast, wheat, gluten, corn, milk, egg, preservatives or artificial colors.

Other Ingredients: Gelatin, Glycerin, Water and Natural d-alpha Tocopherol with Mixed Tocopherols.

Warnings: Caution: Please discard the inedible freshness packet enclosed.

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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