B-Right
Methylcobalamine Methyl B-12
Beta Carotene (Marine)
Biotin
Buffered Vitamin C Calcium Ascorbate
Buffered TLC
Vitamin C (powder)
C + Rosemary Antioxidant
Vitamin D3
Detox C
Dry E
Oil E
Total E
Natural E-400
Folic Acid

Biotin



100 vegetarian capsules
Pharmaceutical Grade
Prod # 18005

Suggested Usage: Take 1 capsule per day with meal, or as directed by your qualified health consultant.

Biotin is a water-soluble B vitamin typically found in liver, egg yolk, cereals, legumes and nuts. In the body, biotin is found in low concentrations in the brain, liver and muscle tissue. Biotin is utilized to synthesize intracellular carboxylase enzymes and is essential for normal skin and hair growth. The various carboxylase enzymes are important for lipid metabolism and energy production (ATP) via synthesis of oxaloacetate. Alcohol decreases biotin status in the body.

Keep out of the reach of children.

These statements have not been evaluated by the food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Inositol

IP 6 (Inositol Hexophosphate)

IP 6 Optimizer

Niacin No-Flush

Niacinamide 500

Pantethine

Pantothenic Acid

Pyridoxine 50

Riboflavin 25

Thiamin 25

Toco-Life

SUPPLEMENT FACTS

Serving Size 1 Capsule	Amount	% DV
d-Biotin	5 mg	1667%

Other Ingredients: Rice powder, magnesium stearate and silicon dioxide. Capsule consists of gelatin.

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