Friday, December 17, 2004

Maxi-Sorb™ multi-vitamins

VEGETARIAN SUPPORT™ CAPS

A Balanced & Complete Daily Dietary Supplement



Vegetarian/Kosher
Specific Support for the Vegetarian

- Vitamin B-12 is difficult to obtain from a vegetarian diet because vegetarian sources are not very concentrated nor are they commonly available. B-12 is critical to brain and nerve function, and plays an important role in energy production and heart health. Daily supplementation with 500 mcg of the co-enzyme form of this nutrient should support most individuals consuming a vegetarian diet.
- Iron is the most difficult mineral to obtain from a vegetarian diet. Vegetarian Support provides 9 mg of Iron per serving.
- Amino acids such as L-Lysine, Methionine and Taurine are not typically well supplied by a vegetarian diet. Both of these processes are critical to overall health and specifically impact energy production and strength.
- Chromium and Vanadium are provided in this formula to support healthy blood sugar levels.
- Bioperine® is a patented black pepper extract that has been clinically proven to improve nutrient uptake.
- Plant enzymes support nutrient digestion, assimilation, and spare the body's valuable supply of enzymes saving energy in the digestive process. Plant enzymes have been shown to work synergistically with Bioperine® extract.
- Phospholipids aid in the uptake and transport of certain nutrients in the body.
- Phytase enzymes break down the "anti-nutrient" compound phytate found in whole grains that can inhibit nutrient uptake through potential nutrient binding.**

Item #: 8107
Type: Capsule
Size: 120
Serving Size: 4 capsules

Additional Information
Directions

Other Ingredients

Does Not Contain

Supplement Facts

Serving Size 4 capsules **Servings Per Container** 30

Amount Per Serving		% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	5,000 I.U.	100%
Vitamin C (as calcium ascorbate, ascorbyl palmitate)	300 mg	500%
Vitamin D (as ergocalciferol)	200 I.U.	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 I.U.	667%
Vitamin K (as phytonadione)	50 mcg	63%
Thiamin (vitamin B-1)(as thiamine HCl, thiamine cocarboxylase)	25 mg	1,667%
Riboflavin (vitamin B-2)(as riboflavin, riboflavin 5' phosphate)	25 mg	1,470%
Niacin (as niacinamide, niacin, inositol hexanicotinate)	50 mg	250%
Vitamin B-6 (as pyridoxine HCl, pyridoxal 5' phosphate)	50 mg	2,500%
Folic Acid	800 mcg	200%
Vitamin B-12 (as dibencozide)	500 mcg	8,333%
d-Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate, pantethine)	50 mg	500%
Calcium (as calcium hydroxyapatite, ascorbate, citrate)	100 mg	10%
Iron (as ferrous succinate)	9 mg	50%
Phosphorus (as calcium hydroxyapatite)	28 mg	3%
Iodine (as kelp)	100 mcg	67%
Magnesium (as magnesium rice chelate)	100 mg	25%
Zinc (as zinc monomethionine)	20 mg	133%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper citrate)	500 mcg	25%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum citrate)	50 mcg	67%
Potassium (as potassium citrate)	99 mg	3%
Taurine (free form)	100 mg	*
L-Methionine (free form)	100 mg	*
L-Lysine (as L-lysine HCl)	100 mg	*
Inositol (as inositol, inositol hexanicotinate)	50 mg	*
PABA (*para*-aminobenzoic acid)	30 mg	*
Rutin	25 mg	*
Citrus Bioflavonoid Complex **providing:**		
Lemon Bioflavonoids	15.8 mg	*
Orange Bioflavonoids	3.9 mg	*
Grapefruit Bioflavonoids	3.9 mg	*
Hesperidin	2.6 mg	*
Eriocitrin	1.3 mg	*
Phospholipid Complex	25 mg	*
Choline (from 50 mg choline bitartrate)	23 mg	*
Enzyme Blend *(Aspergillus niger, Aspergillus oryzae)* **providing:**	20 mg	*
Protease	618 H.U.	*
Amylase	212 D.U.	*
Lipase	2.2 L.U.	*
Cellulase	2.5 C.U.	*
Lactase	93.8 Lac.U.	*
Betaine (from 20 mg betaine HCl)	15.2 mg	*
Phytase	20 P.H.U.	*
Black Pepper Extract (Bioperine®)(95% piperine equal to 3.8 mg)	4 mg	*
Trace Mineral Complex	2 mg	*
Boron (as boron citrate)	1 mg	*

Trace Mineral Complex	2 mg	*
Boron (as boron citrate)	1 mg	*
Vanadium (as BGOV [bis-glycinato oxovanadium])	1 mg	*

* Daily Value not established.

Directions: Adults take four (4) capsules daily with food.

Other Ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, silica.

No: Wheat, gluten, milk, preservatives or artificial color.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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