L-Theanine

(Suntheanine®)

Promotes relaxation and stress reduction†

Dietary Supplement

Product Numbers: 09556

Product Quantities: 60 Capsules

L-Theanine is an amino acid that helps promote a restful, relaxed state without diminishing daytime alertness.† It's free of the side effects commonly associated with other relaxing agents.† There are scientific indications that L-Theanine also supports healthy blood pressure levels that are already within normal limits.†

Product Nutrient Categories: **Amino Acid**

Recommendations: One capsule two or three times daily. If additional support is desired, increase to two capsules three times daily, or as directed by your health care practitioner.

Capsule Size: 1

Serving Size: 1 Capsule	**Amount/Serving**	**%DV**
L-Theanine (Suntheanine® brand)	100 mg	*

*Daily Value (DV) not established.

Other Ingredients: cellulose, gelatin, magnesium stearate, and titanium dioxide color.

Contains No: sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives and ingredients of animal origin. This product contains natural ingredients; color variations are normal.

Notes: Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

† **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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