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Vitamin B-50 Tabs - Vegetarian 100 Tabs



B-50 Tablets are a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins and is designed to supply your body's required daily intake in one complete supplement.

Read FAQ's

PRODUCT #: 0426
UPC: 733739004260
SRP: $7.99
Where to Buy
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Nutrition Info

Servings Per Container: 100
Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine HCl) (Vitamin B-1)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2500%
Folate (Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid	50 mg	500%
PABA	50 mg	†
Choline (as Choline Bitartrate)	50 mg	†
Inositol	50 mg	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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By Neil E. Levin, CCN, DANLA Nutrition Educator for NOW Foods Bloomingdale, Illinois A report published in the medical journal JAMA this week has triggered scary

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Serving Size: 1 Tablet

Suggested Use: As a dietary supplement, take one tablet daily, preferably with meals.

Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, additives.

Other Ingredients: Calcium Carbonate, Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Croscarmellose Sodium.

Warnings: Please discard the inedible freshness packet enclosed.

Disclaimers: None

Vegetarian Formula

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