DaVinci Laboratories
The Discovery Company
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DAVINCI vitamins and SUPPLEMENTS

Since 1973
Recommended By Leading Doctors

Simple Steps® Thermo-Set®



The Simple Steps® Program advanced Thermo-Set®. It is a special combination of 10 herbs with chromium to boost energy, promote thermogenesis, and help to develop lean body mass.*

Exercise makes you thirsty, and water is an important catalyst in losing weight and keeping it off. Water suppresses the appetite, aids the body in metabolizing stored fat, helps to maintain proper muscle tone, and prevents fatigue. Simple Steps® suggests drinking at least eight 8-ounce glasses of water every day and one more for each 25 pounds of excess weight.

Amount per 1 capsule: 50 mcg Chromium, 100 mg Guarana Seed Extract yielding 25 mg caffeine, 250 mg Zhi Shi (Citris aurantium) Fruit yielding 100 mg polyphenols, 5 mg Black Pepper (Piper nigrum) Seed Extract, 150 mg Green Tea Extract yielding 90 mg polyphenoils, 12 mg caffeine, 21 mg Epigallo-catechin-3 gallate (EGCG), 17.5 mg Epimedium sagrittatum (leaf), 17.5 mg Laminaria digitata (whole plant), 25 mg Eleutherococcus senticosus (root) yielding 1.25 mg Ginsenosides, 16.5 mg Astragalus (root), 15 mg Corn Silk, 15 mg Licorice (root), 1 mg Amylase, 1 mg Neutral Protease, 1 mg Lactase, 1 mg Lipase, 1 mg Cellulase.

Additional ingredients: rice flour, chromium picotinate, gelatin, vegetable stearate.

Suggested Use: Take 2 capsules in AM with mid-morning snack, and 1 capsule before 3 PM with afternoon snack.

Simple Steps® Thermo-Set®

2732.9

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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